August 21, 2014 | www.valcomnews.com - BRING YOU COMMUNITY NEWS FOR 23 YEARS -



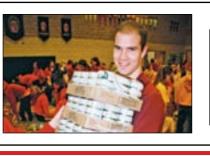




BIZARRE VANDALISM HITS EAST SACRAMENTO See page 3

- Janey Way Memories2
- Matías Bombal's Hollywood7
- Calendar.....17

St. Francis mourns passing of a beloved teacher See page 12



613-9885

Lic# 01152399

Sutter Children's Center families introduced to local police and fire departments See page 14



Top Producing Agent for Sacramento's #1 Real Estate Company





Annette Black 826-6902 Lic# 00802727
 Kathy Pardun
 Diane Berry

 247-7030
 698-7288

 Lic# 01000106
 Lic# 00794641

Wanda Noack 761-6748 Lic# 00946526



519-0207

Lic# 01721160



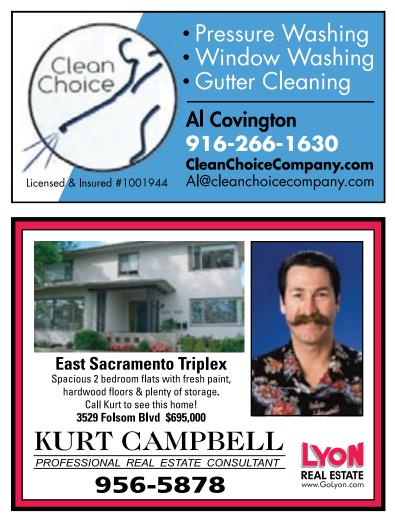
John Woodall 421-5421 Lic# 01232653



EAST SACRAMENTO NEWS ALCOMNEWS.COM

E-mail stories & photos to: editor@valcomnews.com	Vol. XXIII • No. 16
East Sacramento News is published on the first and third Thurs- day of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.	2709 Riverside Blvd. Sacramento, CA 95818 t: (916) 429-9901
Publisher George Macko	f: (916) 429-9906
General Manager Kathleen Egan	
Editor Monica Stark	
Art DirectorJohn Ochoa	
Graphic DesignerRyan Wunn Advertising Executives: Linda Pohl, Melissa Andrews, Lynda Montgomery Distribution/SubscriptionsGeorge Macko	Cover courtesy: Courtesy
1	Other photos:
Copyright 2014 by Valley Community Newspapers Inc. All rights reserved	Courtesv

ity Newspapers Inc. All rights Reproduction in whole or in part without written permission is prohibited. Stephen Crowley





CONTACT A SALES REPRESENTATIVE TO **ADVERTISE IN OUR NEWSPAPERS!** 2709 Riverside Boulevard, Sacramento, CA 95818 916.429.9901 | www.valcomnews.com

Janey Way Memories: **The Australians**



By MARTY RELLES

After serving two years in the military in 1969-1971, I took a "European Out" and was honorably discharged at my duty station in Gunzberg, West Germany. Then, my friend Jeff Lucas and I purchased an old Volkswagen and headed south.

We drove first to Austria, visiting picturesque Salzburg, then stately Vienna. After that, we drove through the northwestern edge of Yugoslavia down to Trieste, Italy. From there, we drove along the coast, eventually arriving in Venice. As we pulled into Venice, we stumbled onto a campground. It featured a big sign labeled, "Camping Fusina."

Little did we know, but that campground had a reputation as the best party spot for young tourists in southern Europe. All the youth bus tours came through Camping Fusina. And, Renato Rossi, the manager of the campground, accommodated them. Tourist buses arrived daily at the campground, then later at night Renato hosted a barbecue and rollicking party. This daily reveling took place throughout the tourist season. Jeff and I fit in

well with this merry-making. In addition to meeting lots of attractive young ladies, we met a whole host of interesting people from all over the world. Among them were three disheveled guys I called "the for life. What a hoot they were. I'd love to Australians." Their names were David, Peter see them again someday. and Charles (AKA Cobo). They had worked for a full year on a cattle ranch in the outback to cobble together the funds to travel in Europe for six months.

They pulled into the campground one day in a World War II vintage black and white ambulance set up like a camper with sleeping bags tralians are just an laid out in the rear portion of the vehicle. It was Janey Way memory.

9am-3pm Patio Dining

Bottomless Mimosas

Handcrafted Bloody Marys

15th & L Streets www.cafeteria15L.com 916/492-1960



their home away from home. Little did I know, but later that summer, I would be traveling with them in that vintage transportation.

Jeff and I immediately took a liking to these blokes. They were short by American standards. David stood about 5-foot, 10-inches. The other two barely reached 5-feet, 8-inches. They were also stout, even paunchy, but also strong and tough. They shared their stories about the Australian outback and we told them about New York City, Hollywood and San Francisco.

We showed them how to play American football and they demonstrated Australians rule rugby.

Most of all though, we just partied together. They taught us the Australian tra-dition of the "shout." In Australia, a shout is another round. This goes on until the party is over. Nobody will ever accuse the Australians of being light-fisted drinkers. They like a good party. And, we joined right in with them. We earned a spot in their shout,

Eventually though, we all went our merry ways. Jeff and I set off for Florence, Italy and David, Peter and Cobo headed off in the direction of Spain, muttering something about running with the bulls. But, that is another story.

Now my days of celebrating with Australians are just another arm-bending

saturday & sunday



By MICHAEL SAELTZER

David Powell has lived in his house since 1973 and is well known in his part of the neighborhood as being a good guy. He's a re-tired firefighter, he once helped lead a grassroots movement to rebuild the playground at East Portal Park, and lives across the street from many nice rentals on 54th Street near J. David keeps in touch with his neighbors, particularly the renters across the street from him. They appreciate his presence and desire to be of help if needed. It is easy to understand why he would contact the East Sacramento

News to discuss an unusual crime spree. In this case, the criminal(s) was/were be-

having in an especially disturbing manner. After a bit of discussion with those involved, the storyline became clear enough. A few blocks away from David's home, a wom-

the one targeted."

her garbage.



Located on a quintessential tree-lined street, this 4 bedroom, 3.5 bath Tudor boasts the traditional charm of East Sacramento living. This 2648 home offers formal Living and Dining rooms, and a spacious den. The open Kitchen has been updated to include modern amenities: Dacor 48" dual fuel Epicure series range with professional grade renting system, granite countertops, and a bright eat-in area that offers ample storage. The backyard is ideal for entertaining with a covered brick patio, a generous lawn area, and mature foliage. Other amenities include two Master ensuites, Loewen windows, new sewer line, hardwood floors, and a two-car garage.



eEKend

cafeteria

Bizarre vandalism hits East Portal Park area

an living near Curtis Park for more than 13 years informed her neighbors that somebody had vandalized her home by spray painting the words "Put can away" in silver paint across the wall of her porch right next to her front door. "I felt violated," Kathy said.

"This was done right up on my front porch and I thought to myself if someone did this to us, what else are they capable of ... It changed me; you start looking at people differently. You become suspicious and wonder why you were

All this over the issue of when to bring in

The cans were not even left out more than 24 hours from the time of pick up. Her house,



All photos courtesy of David Powe

The photos accompanying this article illustrate the graffiti that has taken over a small section of East Sacramento near East Portal Park. Residents have been targeted for overwatering their plants, putting their garbage cans out too early or leaving them out too long.

being newly painted, was easily repaired because they happened to have primer and paint readily available.

Then, it got worse. It pretty much happened again to her neighbor. This time in dark blue

See Graffiti, page 4



Transforming Financial Vision Into Reality "The sooner you start investing, the more time your money has to grow".

E. Howard Rudd: President & CEO gistered Investment Advisor • Life Insurance Agent • Registered Tax Preparer

(916) 773-9330 • Howard@ehrudd.com

2390 Professional Dr. Roseville, CA 95661



HOT YOGA: 10 Days of Yoga for \$10 "Never too bad. Never too old. Never too sick. Never too late. To start from scratch. And begin again." —Bikram Choudhury

16-456-YOGA (9642) • bikramyogasacramento@gmail.co 6350 Folsom Blvd. Sacramento, CA 95819

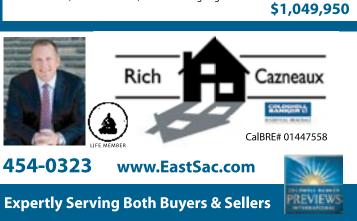
Please send your updated Calendar announcements

...especially if you bost monthly events! e-mail to editor@valcomnews.com

Fax to: 429-9906

Phone: 429-9901 /alley Community Newspapers • 2709 Riverside Blvd. • Sacramento • 95818

Remarkably Charming Tudor!



range, this 1532 square foot home offers familial charm. Other amenities include an indoor laundry room, dual pane windows and an inviting backyard.

\$429,950



In the Heart of Elmhurst!

Located within close proximity to UCDMC and various East Sacramento establishments, this 3 bedroom, 2 bath home boasts spacious living. This 1722 square foot home offers formal Living and Dining rooms, a Family room with a brick fireplace, and a bright Kitchen with an eating bar. The backyard offers two covered patios a lawn area and mature foliage. Other amenities include hardwood a lawn area and mature romage. Since and floors, dual pane windows, and a two-car garage.



McKinley Park Darling!

Located directly across from McKinley Park, this 4 bedroom, 3 bath Tudor couples East Sac charm and modern living. This 2602 sq ft home offer a formal Living room with a stunning stone fireplace, a uminous Dining room, & an updated Kitchen complete with granite countertops, pantry cabinets, & a large island. This property further boasts spacious Master Suites on both the ground floor & second story, complete with spa-like bathrooms. Other amenities include hardwood floors, an indoor laundry room, dual pane windows, & a two car garage. \$889,950



Urban Living at Its Finest!

ocated in the heart of Midtown Sacramento, this 2 bedroom, 2 bath halfplex provides both the convenience of urban living & a peaceful place to call "Home". This 1098 square foot property offers a bright Living room & Dining room combination that opens to a cozy Kitchen. Both the upstairs and downstairs present a bedroom & full bathroom. Other amenities include hardwood floors, plantation shutters, a private courtyard, & offstreet parking. \$339,950 per unit



spray paint were the words - "Don't put cans out so early."

This time it felt more like a pattern. At first Kathy said they thought maybe it was a cyclist who was upset that the garbage was left out. Then they realized all the cars parked along the street pose much more of an impediment than the cans. And what sort of cyclist carries spray paint cans with them?

Important to note is that the sec- end there. ond time the people involved have young children - and who also requested anonymity.

"When we saw the second tagging, we got really concerned. I mean, if

this was a repeat offender emboldened enough to walk right up to people's front porch and tag in direct reference to bizarre issues such as the placement of garbage cans, which were pretty much being used and moved on garbage days like everyone else, then what exactly were we dealing with?"

Who, in the world, were they dealing with? Some sort of Scarlet Letter urban terrorist whose self-elected purpose was to enforce city code? Apparently so.

The story unfortunately does not

A few weeks later is when David received a call from Patty, an elderly neighbor across the street. She was tell-

See Vandalism, page 5





G^h Annual Hot August Mights Elk Grove Street Machines • Friday, August 22nd • 6pm

BBQ Dinner (Donations accepted) • Elvis (Rick Torres) • Raffle Prizes & More

This annual event brings the community together and helps our fundraising efforts on behalf of the Alzheimer's Association. Join Greenhaven Estates as we celebrate something unique...Vintage Cars!

Call 916-427-8887 for more information



Greenhaven Estates Assisted Living & Memory Care 7548 Greenhaven Drive - Sacramento, CA 95831 RCFE Lic# 347005239





Vandalism: Continued from page 4

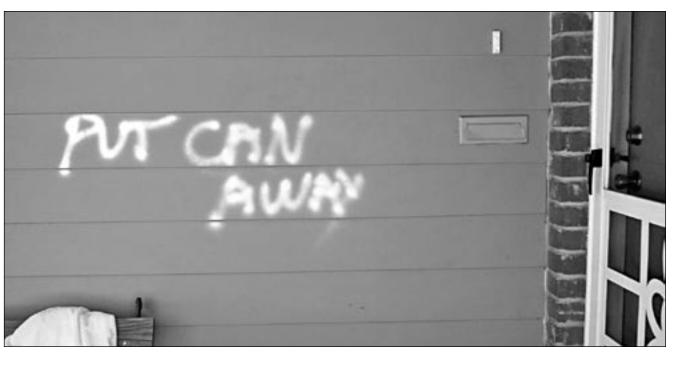
ing him that someone knocked on her door and when she anturn it off.

renter, did not get involved. She provided the landlord's numer called. And, he shut off her sprinkler by hand.

David reset them to the times that were permissible by the



East Sacramento News • August 21, 2014 • www.valcomnews.com



She had absolutely no idea

tain in the front yard of David's neighbor.

Then a week or so after that, the neighbor living next door swered the man standing there to the yard with the fountain much water. He then asked if ed tag done in the same colhe could borrow a wrench to or blue as Kathy's neighbor saying: "Stop over wating! (sic)"

Meme, who had lived in who the man was; she was very her house as a renter for four disturbed by him, and, being a years, immediately called David, and, in casual conversa- and local George Chargin. tion with her neighbors who ber, which apparently he nev- regularly walk, discovered the tagging problem had become more than just an isolated event.

"I felt very uncomfortable city of Sacramento, and sure with my interaction with this enough, soon after, a blue ring strange man. My sense of safe-

to sleep with my bedroom be detained. When conwindow open, which faces fronted by Chargin, the sus-Meme's wall, which got vandalized. I no longer do that. It was open that night and I did told her she was using too awoke to a large spray paint- not hear a thing. That really worries me," says Patty.

After learning about all of these incidents, David stepped into action. He already had a preexisting relationship with police officer

Officer Chargin helped when the area was having trouble with homeless people, and this time he set up a meeting for all the victims to attend to share their stories, gather facts, and see if a further incidents fitting this person suspected of possibly pattern have surfaced. Giv-

of paint appeared in the foun- ty was taken away as I used committing the crimes could pect in David's words, "said all the right things." No charges could be filed.

When asked if the neighbors have a neighborhood watch program, each of the victims said that there is a neighborhood watch sign in the area, but none of them know of such a formal group. Meme said, "When something happens, we know where to go, straight to David, he's awesome!"

Since the last tagging of Meme's house, and the meeting with Officer Chargin, no

IN BUSINESS

SINCE 1977

FREE

Parking

The Ruralist

Picket Fence

956-0776

Antiques

455-6524

Sekula's

712-8303

Alchemy

999-1409

Dance "10"

769-4857

en the bizarre nature of the crimes, it is completely understandable why many wanted to remain anonymous, or simply to use their first names.

Oh, except for David. As I left, he explained he had his own form of protection in his house. The hunting pictures didn't leave one guessing as to what that meant.



SACRAMENTO'S PREMIER ANTIQUE DESTINATION ĝ **OVER 120** DEALERS 45,000 SQ FT 4 STAR DINING **Amorini Antiques** 455-1509 Sacramento The Lighting 5663 Stockton Blvd **Cross Fit East Palace Sales** @ the intersection of Fruitridge & Stockton BI*d. Sacramento (916) 453-1719 and Repair 207-7500 817-9625 Fifty-Seventh Street Evan's Kitchen BeckShoes.com **Antique Mall** 452-3896 451-3110 Mike & Greg **Eclectic Antiques** The Pottery Guys 453-9085 731-4556 **Capitol Folk Gallery** Sassi Salon 996-8411 739-0878 BIRKENSTOCK 855 57TH STREET (BETWEEN J & H STREETS)

www.valcomnews.com • August 21, 2014 • East Sacramento News 5



Valley Community Newspapers, Inc

Matías Bombal's Hollywood

"The Hundred-Foot Journey" The MPAA has rated this PG

Touchstone Pictures bring us "The Hundred-Foot Journey" based on Richard Morais' book about the clash of two cultures, Indian and French, that operate two restaurants situated a mere 100 feet apart from each other in

Helen Mirren plays the owner of the Michelin Star restaurant and famous Bollywood

Their first meeting set in motion the rivalry between the two, and as the story progresses, things become rather heated between. Not for long, though, as a change begins to occur when Puri's son Hassan, played by actor Manish Dayal falls for one of the cooks at the French restaurant, Marguerite, played by lovely Ms. Charlotte Le Bon. She offers the young man information and books about French cooking as the cultural opposites begin to seem less so as the

There are many wonderful things about this production. The cinematography by Linus Sandgre is never hand-held or shaky. Wellconstructed screenplay adaptation from the book, and good use of music, includes a classic recording of Charles Aznavour's. However, sadly, I found the story to be entirely predictable. You'll likely figure out what's going

So what's left to enjoy? Helen Mirren's capable and consistent abilities, the warmth of Om Puri, and the two romantic leads, winsome Ms. Charlotte Le Bon, and the even more beautiful Manish Day-

"The Expendables 3" The MPAA has given this a PG-13 rating

Loinsgate brings us more major film stars in one movie than it is easy to count with The Expendables 3," another story of macho daring-do penned by, the lead in the movie, Sylvester Stallone. In this new installment, Barney Ross (Stallone) recruits a young, fresh, new team to go into a special operation after putting the old guard out to pasture. He's up against Conrad Stonebanks, played by Mel Gibson, the cofounder of the Expendables who apparently did not die previously, and now is an arms dealer ready to take out Barney and his crew, old or new.

The rest of the cast is impressive: Harrison Ford, Arnold Schwarzenegger, Jason Statham, Wesley Snipes, Terry Crews, Kelsey Grammer, Kellan Lutz, Jet Li, Ronda Rousey, Victor Ortiz, Glen Powell, Randy Couture, Antonio Banderas, and Dolph Lundgren!

I was brought back to a fun time in my childhood when I played with green army men, and knocking over 40 at once, which did not kill anyone in real life. This movie has this feel; you just check reality at the door and latch on for the ride. Mel Gibson is fantastic in his cool hatred. You may even actually understand Stallone when he speaks.

The photography of Peter Menzies, Jr, (No relation to famous production designer William Cameron Menzies) is quite good with some nice compositions for the wide screen. Happy this was not in 3-D. So nice to see the aging A-list action heroes have al. I hope to see more from those two on screen very soon. fun laughing with themselves and kudos to them for still working.



BEST GROOMER IN SACRAMENTO!!!

BATH AND BRUSH

 Services include a warm bath, blow dry, brush out, nail clipping, ear cleaning, anal gland expression, bows or a bandana.

FULL GROOM

• Services include everything in the Bath and Brush along with the haircut of your choice.

Sacramento dog daycare, dog boarding and dog grooming all in one great location!

Call NOW for an appointment (916) 446-250[°]

Located in Midtown at 430 - 17th street (17th & E Streets)



East Sac • River Park • Elmhurst

Available Now

1243 Rodeo Way Three Bedroom Beautiful View of East Portal Park

2256 Swarthmore Drive Campus Commons Perfect Location. Immaculate Condition Priced at \$359,900

Sold 1912 Prairie Bungelow 1400 36th Street

NEWS FLASH

2014 REAL ESTATE LAWS



New Requirements for Smoke Detectors Senate Bill 745 Commencing July 1, 2014. all smoke alarms including combination smoke alarms, that are solely battery powered shall contain a nonreplaceable. nonremovable battery that is capable of powering the smoke alarm for at least 10 years. For Additional information on placement requirements and where to purchase go to... urbanhoundproperties.com

To find out the true value of your home or to find out about upcoming homes

Call Janet Gatejen 916.420.8418

ianet@urbanhoundproperties.com urbanhoundproperties.com







janet gatejen, broker 730 alhambra boulevard suite 100. sacramento, ca 95816 916.420.8418 bre#00895397



www.sacramentoworks.org

For job locations, visit

Looking for a new job or better job? **Sacramento** Works can help!



Homemade Sandwiches/Salads Fountain Treats and much more

Summer - Open til 9 p.m.

4920 Folsom Boulevard 916-452-5516





Photo courtesy of Tuesday Club of Sacramente

Tuesday Club officers are shown in this 2014 photograph. From left to right, they are: Anita O'Bryan, director at large and historian; Dr. Betty Swanson, director of programs; Pat Hunt, treasurer; Rosemary Hunter, president; Kristi McCall, 2nd vice president; Laura Asay, secretary; Robbie King, director at large and sewing section co-chair; and Nancy Leneis, parliamentarian. The officers also included corresponding secretary Rose Pennisi.

Local women fondly recall memories as Tuesday Club members

By LANCE ARMSTRONG

Editor's note: This is the final article of this five-part series about the Tuesday Club of Sacramento.

The Tuesday Club of Sacramento, which celebrated its 100th anniversary in 1996, continued to add to its rich history until it disbanded earlier ble, who recalled growing up on a 200-acre hop this year due to a declining membership.

In celebration of the history of the club, which met just west of East Sacramento for many years, several of its former members recently shared their memories about the club with this publication. Some of those memories are presented as follows:

Margaret Gable

Ninety-four-year-old Margaret (Lovdal) Ga-See Tuesday Club, page 9

Valley Community Newspapers, Inc.

Senior Services Resources Call Melissa (916) 429-9901 DOCUMENT PREP SERVICES YOUR AD SHOULD BE HERE! HELP AT HOME LEGAL SERVICES HELP AT HOME LIVING TRUST/LIVING WILL **Call Melissa today!** WILLS AND TRUSTS Legal Document Prep Services: **Senior Care** Your services Trust • Will Services Δυυστίσκου are needed. Light housekeeping Powers of Attorney Wills and Trasts Medi-Cid - 8 Years * Meal preparation Med reminders • Errands Residential Deed Aperial Needs Trusts Trust Administration Prancise Tax Bount - 10 Years = Private Practice - 13 Years = Your ad should be here. Couples \$495 Singles \$450 Dementia care • Bathing Ad design is free. Lynda K. Knight (916) 214-1215 & Much More Free In-Home Consultation 1337 Howe Ave., Ste. 103 For no-cost/in-home as Call 429-9901 Tim Tyler, Ph.D., Attorney at Law 916-452-0624 Sacto 95825 call 877-404-6636 Special Alzheimer's Living NURSING SUPERVISED HOME CARE YOUR SERVICES ARE NEEDED Harmony * Primrose **Personal Care** Living With Memory Loss Home Health At Home or Away

cas@primrosealz.com

www.primrosealz.com

(916) 392-3510

707 Rush River Dr. Sacto, CA 9583

CALL Melissa TODAY Day Club, Respite, **Residential, Support Groups TO PLACE YOUR AD** & Educational Classes (916) 429-9901

Tuesday Club:

woman in her family to join the club.

"I was a (Tuesday Club member) for over 50 years," said Gable, who graduated from Sacramento High School in 1937. "My mother (Emma Lovdal) belonged (to the club) and she encouraged me to go in. She was a member for maybe 35 years."

Gable, who has only attended one Tuesday Club program in about the past five years due to health reasons, expressed her sadness with the demise of the club.

"It was sad to see it going down hill," Gable said."There were so few members, but at one time there were (more than) 1.000 members, and then to see it go down to about 100 (members) was sad."

Tina Taggart

Like her cousin, Gable, 80-year-old Tina (Fisk) Taggart was not the first woman in her family to join the club. "My grandmother (Kate Fisk) was an early member of the Tuesday Club," said Taggart, who graduated from C.K. McClatchy High School in 1951. "She wasn't one of the original members, but she was one of the early (members). And then my mother-in-law, Alice Taggart, was a member of the Tuesday Club. I think I also had a cousin who joined, who is deceased. My mother





East Sacramento News • August 21, 2014 • www.valcomnews.com

Dementia • Parkinson's • Stroke • Hospice • Grooming

Bathing • Drive to Errands • Light Housekeeping • Meals

(916) 233-1002 • HarmonyCaringServices.com

Nursing Supervised Home Care

Now Hiring Exper

ranch in Yolo County"on the river road to Woodland," said that she was not the first (Esther Fisk) taught school, so she did not become a member of the club (due to her busy schedule).

Taggart spoke about the club and members, in general, noting: its They had a lot of interesting activities. They were very active women. They cared about the community. They were some of the original people who really got McKinley Park (established). They always laughed because they were the Tuesday Club, because they didn't have to iron on Tuesdays. There's more to life than just ironing your clothes. They had book sections, they had drama (and) sewing (sections), just all kinds of different activities that helped make you a dynamic person. They also had monthly meetthey would have some special speaker or artist or something like that."

In regard to the disbanding of the club, Taggart said, "I feel like it leaves a hole. (Belonging to the club) was just a very enjoyable, enriching experience. And friendships are so valuable, and as you get older, I think you value them more. It's a very changing world and many things are good and some things are sad. It was nice (being a Tuesday Club member), because of the dynamic women that you met there and the cultural and social activities that you had."

Robbie King

Sacramento native Robalyn (Lowery) "Robbie" King, who graduated

from Sacramento High in 1956, said say, 'Oh, Auntie Mabel went to the that she obtained an interest in becoming a member of the club from her mother, Edna (Knott) Lowery.

"I didn't join (the club) until 1992, but my mother was a member for many, many, many years," said King, who grew up with her mother, her father, Homer, and her sister, Loretta, at 1600 50th St. "My mother probably joined the club in the 1940s. Unfortunately, she passed away before (becoming a 50-year lifetime member). When I joined (the club), my mother had already passed away. But Tuesday Club was her life. She belonged to many of the different sections. She always talked about the Tuesday Club and her Tuesday Club ladies, and I ings, which were more cultural, where just remembered all the fun things she memories of the Tuesday Club. used to do. And when I retired, I just decided I was going to join and I did (join). How I got a sponsor was I accidentally met two ladies that belonged to the Tuesday Club, and we were just husband, Frank, owned Acme Radiator talking and they said, 'You just retired?' And I said, 'Yes, I did.' And they said, 'You've got to join the Tuesday Club.' And I said, Oh, I would love to (join). I just didn't know anybody who belonged to the Tuesday Club."

King said that her mother's sister, Mabel (Knott) Downs, also belonged to the Tuesday Club.

"My Aunt Mabel was very much into singing, so she joined (the club's) choral group," King said. "I remember when I was very young, Mom would

choral section. They're giving a little program today.' And (Downs) also belonged to a book (section), because she was a bookworm. So, there was a lot of fun (activities). But the young girls today, they just aren't interested in any of that kind of stuff."

As for the club's sewing section, King said,"I have already said I would keep the sewing section together and we are meeting at each others' homes. There are about eight to 10 of us attending those meetings."

Irene Christopherson

Irene Christopherson, who grew up in Minnesota and moved to Sacramento in about 1952, also related her

"I was a member (of the Tuesday Club) for over 40 years, and I met a lot of good friends that otherwise I wouldn't have met," said Christopherson, whose Service at 2816 J St. from about 1954 to about 1961."I belonged to the bridge (section) and the sewing section and the book section at times. Toward the last when I'm 99 years old, I didn't belong to anything but the bridge (section). (My Tuesday Club sponsor was) a neighbor and she took me in (to the club) and at that time, there was over 1,000 members. Now there's no more. But they're going to have luncheons together. When they told

SeeTuesday Club, page 19

Scientists recruit volunteers to help look for invasives in our waterways

By MONICA STARK editor@valcomnews.com

Simply put, it's survival of the fittest. Invasive species are really world, and the ones that succeed and produce many offspring, characteristics that allow them to pronative species and in doing so destroy native habitat.

During the first week of Au- to us on our website." gust the California Department of Fish and Wildlife's (CDFW) In- invasive species and encouraging vasive Species Program partnered with other departments, agencies, organizations and volunteer programs across California to host resources has been the new goal. more than 40 educational and "action" events including invasive species removals, habitat restoration projects, quagga mussel surveys, field outings, public presentations, can purchase certified "weed-free" youth activities and a film festival. project materials or livestock for-While "Action Week" has passed, age, find desirable, native alternaevery day is an opportunity for tives to certain invasive ornamenthe public to get involved in protecting our environment from invasive species. Staff from CDFW spoke with the East Sacramento can also volunteer to "inspect" a lo-News about how citizens can participate in efforts to detect invasive species.

Martha Volkoff, senior environmental scientist with the Invasive works for the CDFW Invasive Species Program, described the Species Program, said in a phone importance of having the public interview with Valley Commuhelp monitor for invasives. "One of the tenets of invasive species alent invasives in Sacramento inwork is the more eyes, the better clude crayfish, the red-eared slider the chance to see something. This (turtle) and the New Zealand is particularly challenging when there are few individuals, and they can be easily missed. But finding invasive species when their numbers ous broom and mustard species. are low, before they take over, improves the chances something can be done. In conjunction with the Invasive Species Action Week the Invasive Species Program launched a Citizen Science effort where ev- of concerned or interested citizens is particularly useful if the mussels species. While 34 contestants eryone can help alert scientists to so they can help us in our job with are inside a boat motor or in oth- submitted posters through out new invasive species by reporting monitoring and preventing inva- er locations where people can't see the state, none were from Sacthem. "This is an opportunity for sive species." people to engage and participate in conservation efforts as close as their own neighborhood, as well as throughout the state. "It's imequally important to report that ular place, as well."

ing the states waterways for quagga mussels, a species not yet known to occur in northern California. "There are different methods used good competitors to natives. They to monitor for mussels. We try are introduced from around the to catch them at their earliest occurrence, but that takes specialtolerate a wide range of environ- ized equipment. But even without mental conditions, are aggressive, equipment people can add to our knowledge if they know what they are looking for. It's as easy as lookliferate and out-compete native ing around when you are walking species for resources. Once estab-lished, they take over and displace ing at your favorite lake," Volkoff said. "Áll you have to do is look, and then submit your observation

Promoting public awareness of public participation in the fight against California's invasive species and their impacts on our natural

There are a lot of different ways people can participate - locate recipes for preparing invasive plants or animals, find out where they tal plants or learn how to monitor plants and trees for symptoms of infestations or diseases. People cal water body for quagga and zebra mussels and submit their findings to CDFW on its website.

Valerie Cook-Fletcher, who also nity Newspapers the most prevmud snail. Some common invasive plants include: Yellow starthistle, Italian thistle, giant reed, and vari-

Valerie said the formation of the Citizens Science effort comes as a simple way to enhance the level of eye. The (research has) not been monitoring being done across the state. "So, we are enlisting the help

CDFW has even used detection dog teams that have been announcement of the winners of Nimbus Hatchery Visitors Centrained to detect quagga mussel. the "Race to Protect Your Favor- ter. Describing the purpose of Explaining those efforts, Valerie ite Place" youth poster contest, in the contest, Valerie said, "This portant to report findings, and it's told Valley Community Newspa- which youths, grades 2-12, sub- was a great educational opporpers: "Some people in the country mitted original posters depict- tunity to make it fun for kids invasive species aren't in a partic- and state working on research to ing invasive species which threat- and to encourage them to invesevaluate the dog's ability to detect en their favorite places and how tigate and (find out) which inva-The Department's first Citizen (quagga mussel at the) larval stage they can take action to help pro- sives are problematic in their lo-Science effort focuses on survey- when it is invisible to the naked tect that habitat.



Photo by Angela Duvane (California Department of Fish and Wildlife Mandy Culpepper holds a red swamp crayfish she caught using just her finger as a lure. Crayfish are veracious predators, and will eat just about anything they can catch. Photo taken at Sutter's Landing



Pictured from left to right, Alex Macintyre, Valerie Cook Fletcher (CDFW), and Beth Parvis (CDFW), eving a crayfish trap on the American River (at Hazel Avenue).

validated vet, but canine teams are department's statewide poster able to detect adult mussels. This contest, aptly themed invasive into well."

This is the first year for the ramento. The posters were on Action Week also includes the display for a short time at the cal areas."



To advertise in this section, call Lynda Montgomery at 916-429-9901

St. Francis High School mourns passing of beloved teacher

By SUSAN LAIRD

The Most Reverend Jaime Soto, Bishop of the Roman Catholic Diocese of Sacramento, led mourners in a memori-Brian Christopher Dodson, who passed away on Tuesday, Aug. 5. About 1,500 people filled the St. Fran-

cis gymnasium to say a final "farewell" to the much beloved 38-year-old theology teacher, faculty chair and student activi-ties mentor on Tuesday, Aug. 12.

Faith focused

Dodson was born in Dallas, Texas on July 7, 1976. He graduated high school from Jesuit College Preparatory School in Dallas. At a young age, Dodson fell in love with the Catholic faith. He decided he wanted to spend the rest of his life sharing his love of God. He went on to earn his bachelor's degrees, triple majoring in business, economics and theology at Austin College in Sher-man, Texas. He later received his master's degree in theology from the University of Dallas. Dodson was the first Catholic educator accepted into the rigorous CANDEL Educational Leadership doctoral program at UC Davis.

He arrived on the St. Francis campus as a theology teacher in 2006.

During his eight-year tenure in the theology department at St. Francis, Dodson brought a unique and engaging teaching al Mass at St. Francis High School for style to the classroom - and to the campus community at large – as he taught and shared the Catholic faith for which he was so passionate.

Focus on education

Students worked extra hard to succeed in his "Dodson Says" classroom quizzes so they could get their names listed on the "Golden Scroll of Victory." He frequently would stand on top of the desks when teaching about the Old Testament patriarchs - no small feat for a man who towered about 6 feet, 5 inches in height.

At school events calling for costume attire, he would dress as the school's patron saint, Saint Francis of Assisi. The students loved it.

Student focused

"Class always began with his standard, '¡HOLA, THEOLOGIANS!'" said Naomi Endsley, class of 2010, who was a

See St. Francis, page 13

"DEMENTIA CARE AT ITS BEST"



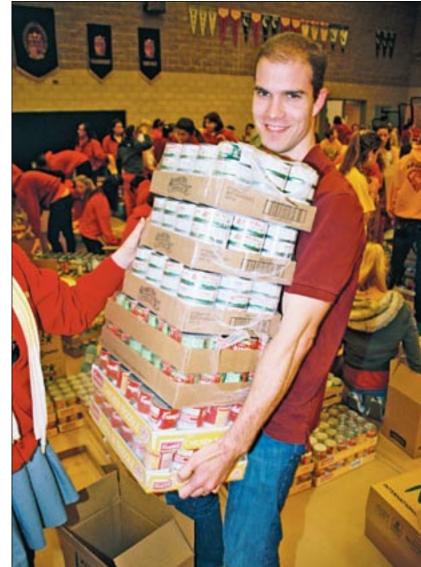


Photo courtesy of St. Francis High Schoo The late Brian Dodson of St. Francis High School was known for always pitching in for service to the community. Here, he hauls cases of food for the school's annual Canned Food Drive



IF SOMEONE YOU KNOW HAS **ALZHEIMER'S, WE CAN HELP!** WE PROVIDE...

- Free Support Groups and Education
- Day Club Fun and Friends
- Respite Giving Family Caregivers Much Needed Breaks
- Specialized Residential Care
- Warm feeling of home
- Caring, loving staff
- Delicious homemade meals
- Special programs

QUALITY THEY DESERVE... AND THE HELP YOU NEED.

(916) 392-3510 www.primrosealz.com

"Mr. Dodson was unique because there was nev-er a time I felt he acted for his own interest," said Sara Fitzsimon, '10. "He waited for you to finish speaking, he remembered details about conversations. Mr. Dodson's impact for me is one I notice every day: He taught me the value of greeting everyone. There was no better feeling than having Mr. Dodson bellow your name down the hall while you were running late for class. Since observing him say 'Hi,' to everyone habitually, I've made it a habit to greet anyone and everyone as I walk by them. And my, what a difference it makes in one's confidence and happiness!"

Dodson left an indelible impression on his campus and community. In addition to even-tually chairing the Theology Department and teaching all class levels at St. Francis Catholic High School, Dodson led summer classes for junior high school and incoming freshman students. He was very involved in campus life, coaching the St. Francis Mock Trial and Model United Nations academic teams and mentoring the Fembots Robotics Team. He was also the faculty adviser for the Mini-Lifesavers pro-life student club and represented St. Francis at the annual Walk for Life. He was even in charge of the "Sin Bin" – as the

school's "Detention Czar." "Mr. Dodson did not give up on us," said Han-nah Gonzales, class of 2012 and captain of the faith in every aspect of his life. He was a Soldier of Christ.' A total classic." Focus on love Model UN academic team."He created a community. He believed in us, even when we didn't be-"Brian was a real role model, a man of his Family focused lieve in ourselves. He had the ability to recognize word," said Rick Norman, emeritus chair of the the gifts and talents of his students, and helped Dodson was a beloved husband, father, son, and Theology Department. "In the end, it's a matter those students recognize and nurture those gifts. brother. He met his then-future wife, Carrie Ann of love. Brian loved this community. He was real-Mr. Dodson believed in me and gave me the con-Davis, in Dallas in 2004 at the wedding of their sibly loved by others. He had the heart of a servant. lings (who, very coincidentally, are also named Bry-It was all about love. fidence to pursue my dreams." "They just don't make them like Brian Dodson "Mr. Dodson's stoic composure, contrastan and Carrie). ed with his sense of humor, definitely set him The couple was married two years later in a goranymore."

ing high school.

No matter how difficult the day had been, Mr. Dodson made me feel like I could tackle anything," James said. "Despite all the difficulties I faced in high school and the challenges I faced in Model UN, Mr. Dodson showed me that when you're going through hell, you just keep going. He never seemed to let anything stop him. He always had new ideas and improvements. I hope to grow up to be more like him."

Faculty focused

St. Francis: Beloved theology teacher inspired students, faculty

freshman the year Dodson came to campus. "Everybody loved him whether they had class with him or they didn't. He had a way of 'owning his awkwardness' and using it to share his child-like enthusiasm with the world."

SF Community focused

apart from others," said Clarissa James, class of 2014 and past co-president of the Mini-Lifesavers Club. "But once you got to know him, you ta near Carrie's parents. could see that he was also remarkably driven and could push you to be better than your best. Model UN and the pro-life club were my havens dur-

Dodson became the chair for the school's Theology Department, and he cared about every person in his department – and the faculty at large.

"He went the extra mile in a thoroughly generous way," said faculty member Bobby Williams at the service. "He was devoted to giving all of himself...



St. Francis High School theology teacher Brian Dodson, seen here with the Model United Nations Academic Team in 2010, had high standards for the school's students. He challenged them to "become better than their best."

is. Brian embodied the quality of showing love and

geous rooftop ceremony in Santa Barbara. They set-tled into their new home in 2006 in Rancho Murie-

"My favorite Mr. Dodson story is about a time when he let us take him off topic in the classroom," Endsley said. "Mr. Dodson didn't fall for this tactic often. We asked him, 'Who is Cemetery in Dallas, Texas. the Mrs. Dodson?'

"His answer to us was, 'She's my Italian Princess.' And then he went on to share that he explained to his future in-laws that he was going to marry their daughter, take care of her, provide for her, and love her.

"St. Francis is an all-girls high school. We were swooning at hearing this story. Mr. Dodson gave us hope for the male gender," Endsley said.

In May 2011, the Dodsons welcomed a beautiful son, Charles Gabriel Dodson.

"How Mr. Dodson loved his wife and his son, and of course how he shared this love with the St. Francis community, is what I think of first when I think of him," Endsley said. "He was a man who lived out his vocation to marriage as a husband, a father, and a teacher through all facets of his life. It was a privilege for those of us

This is how a saint is described, and that is what he at St. Francis who got to know him. He will be dearly missed."

Dodson is survived by his wife, Carrie Ann Dodson; son, Charles Gabriel Dodson; parents Bill and Patty Dodson; sister Carrie Jean (Dodson) Davis and brother-in-law Bryan Davis; a niece, Avery Davis; and parents-in-law John and

Do you have a story? Tell it to us.

Call Monica Stark at 916-429-9901

Sutter Children's Center families introduced to local police and fire departments

Alyssa Sanchez-Jimenez made her way around Parking Lot A at Sutter Memorial Hospital, admiring the vintage police car, fire trucks with ladders that seemingly touched the sky and bomb squad robots.

This was no typical day at the hospital for Alyssa, 9, and her mom.

a tour of the Incident Command Center that the Sacramento Police Department brought for Police and Fire Department Day on Thursday, July 10 at Sutter Children's Center in East Sacramento, Alyssa really came for the animals.

In between bites of ice cream provided by Leatherby's Creamery, Alyssa was excited to talk about the police horses and dogs that she got to meet and pet.

Alyssa was one of dozens day, July 10, which marked of children who enjoyed the another collaboration beannual event put on by the tween Sutter Children's Child Life staff at Sutter Children's Center.

firefighters on the mic."

Taylor was later seen pretending to race one of the erby's Creamery as well. police motorcycles with another child. She tried to lift the bomb squad's uniform but couldn't.

"It's too heavy," she said, disappointed.

Patients like Taylor and Alyssa met police officers Departments on Thurs-

Come tour our newly remodeled,

pacious 1-bedroom apartments with

plete kitchens, new appliances, walk-

owers, large closets, balconies, lovely vie

Ne pay utilities, offer free transportation

excursions to local area points of interest

Active residents association with a

24-hour maintenance, compassionte,

Rental Assistance Programs for

come-gualified applicants

variety of social activities

caring staff

Small pets welcome

On-site Service Coordinator

hopping, medical appointments, and fu

lowntown facility featuring:

Pioneer Tower

Center, Sacramento's Child Life program and the police "This event is amazing," and fire departments. The said Taylor Larkin, 11, young patients got a closewho spent a significant up look at various police amount of time in the fire and fire vehicles including: truck. "I got to put on a a fire engine, police cars, While she enjoyed taking fire fighter helmet and motorcycles, bikes and poeven talked to one of the lice horses. Police and fire personnel treated the kids to ice cream from Leath-

> Children of all ages attended the event and police and fire officials enjoyed handing out sticker badges and introducing the families to their equipment - fourlegged or not.

Throughout the year, and firefighters from Sac- the Child Life team is alramento Police and Fire ways looking for ways to keep patients and their families entertained with guests and visitors, said marketing director Angela Borchert told the East Sacramento News.

"The visit by the fire and police departments is just another one of those visits," she said." This one is unique in that it is taking place outdoors to accommodate the vehicles, pets, robots, etc. All kids love police and fire vehicles, equipment, etc. so this is a great way to bring a huge smile to the kids' faces who are in the hospital. The children attending will get a chance to spray water hoses, blare sirens and see robots in action. When police and fire departments visit schools, some of the kids in the hospital might miss out on those visits while in the hospital."

There was no limit to the number of children who participated.

"We try to bring down from the hospital as many kids who are able to leave the hospital for a short time. We are also inviting families whose children may be in outpatient care at the time," Angela said.





All photos by Stephen Crowle Young patients and their families met police officers and firefighters from Sacramento Police and Fire Departments on Thursday, July 10, which marked another collaboration between Sutter Children's Center, Sacramento's Child Life program and the police and fire departments. The young patients got a close-up look at various police and fire vehicles including: a fire engine, police cars, motorcycles, bikes and police horses. Police and fire personnel treated the kids to ice cream from Leatherby's Creamery, as well.











Valley Community Newspapers, Inc

14 East Sacramento News • August 21, 2014 • www.valcomnews.com

We Pay Utilities!

Active Senior Living Retirement Community

515 P St., Sacramento

(916) 442-2907

www.rhf.org 👀 🙆 🛃

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901



16 East Sacramento News • August 21, 2014 • www.valcomnews.com

Valley Community Newspapers, Inc.



Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

"Stretch, Strengthen, and Thrive" at ACC:

The San Juan Unified School District is This class is designed for the needs and abilities once again offering all children 18 and of active older adults, who are interested in gainyounger a free meal this summer as part of ing or maintaining mobility, 5-6 p.m. Mondays its popular Summer Fun Café. Students and Wednesdays. \$5 per class if pre-paid; dropdo not have to be enrolled in the San Juan in fee is \$6. ACC Senior Services Center, 7375 Park City Dr., 393-9026 x330, www.accsv.org.

Stretch, Strengthen, and Thrive!

This class is designed for the needs and abilities of active older adults, who are interest ed in gaining or maintaining mobility. The class consists of a mix of full body stretches, body weight exercises, strength training, and active stretching. 5:00-6:00 p.m. Mon days and Wednesdays. \$5 per class if prepaid. Pre-registration and pre-payment is preferred, but drop-ins are welcome at a rate of \$6 per class. Held at ACC Senior Services Center, 7375 Park City Dr., Sacramento 393-9026 x330, www.accsv.org.

Sacramento Zoo needs wheelchairs The Sacramento Zoo is looking for a few "gently used" wheelchairs, 808-5888. Your wheelchair can be a tax deductible donation, and

Mix Mingle and Catch Up With Classmates

com or at (213) 926-2626.

Valley Community Newspapers, Inc

CALENDAR

four zoo tickets will be offered as a thank you.



Meeting is the last Friday of each month at 2717 Cottage Way, suite 4. Meeting is at 100n. 761-9121.

Free summer meal program returning at four Arden-Carmichael locations

Unified School District, there are no income requirements, and there is no paperwork to complete. All locations will serve lunch from 11:30 a.m.-12:30 p.m. Monday Thursday. Below are the locations for this year's program, which goes until July 31: SJUSD Admissions & Family Services: 3700 Garfield Ave. in Carmichael Coyle Avenue Elementary: 6330 Coyle Ave. in Carmichael

Howe Avenue Elementary: 2404 Howe Ave. in Sacramento: Howe Avenue will also serve breakfast from 7:45 a.m. - 8:45 a.m. Carriage Drive Elementary: 7519 Carriage

Dr. in Citrus Heights Parents can eat with their children by purchasing a meal for \$3. Call 979-8966 for

more information.

Tai Chi at Hart Senior Center

Focuses on low impact form of ancient Chinese exercise, combining slow movements with relaxation. Mondays, 10:30 –11:30 a.m. at the Ethel MacLeod Hart Senior Center, 915 27 St. Try it once for free! Stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$18 for 4 classes.

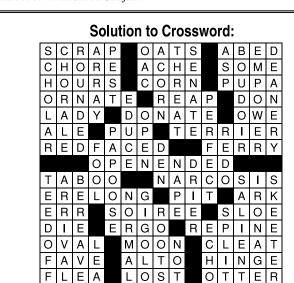
Zumba for Seniors at Hart Senior Center

Zumba for Seniors incorporates physical exercise and dance steps to the rhythms of Cumbia, Merengue, Mambo, Salsa, Samba, and much more. Tuesdays 9:30-10:30am and Fridays 3:45-4:45 p.m. at the Ethel MacLeod Hart Senior Center, 915 27 St. Sacramento (27th and J streets). Try it once for free! For more information or to register, stop by

the Hart Senior Center front desk or contact 808-5462. Cost: \$16 for 4 classes.

Active Yoga at Hart Senior Center Increase your strength and flexibility, improve balance, and enhance the ability to relax and release stress. Class began July 7 and are Mondays and Wednesdays, 2:30 p.m. -3:30 p.m. at the Ethel MacLeod Hart Senior Center, 915 27th St. Classes will not be held Nov. 3, 5, 10 and 12. For more information or to register, stop by the Hart Senior Center front desk or call 808-5462. Cost: \$35 for five classes or \$70 for 10 classes. Try the class once for free and see if Active Yoga is right for you.

See more Calendar, page 18



Community Worship Faith United Methodist Church 3600 J Street • 452-7637 • www.faithumcsacramento.org Bible Study: Sunday at 9:15am, Tuesday at 10:00am • Sunday Worship: 11:00am (Communion on 1st & 3rd Sunday) • Fijian Language Worship: Sunday 1:00pm

Greek Orthodox Church of Annunciation

600 Alhambra Boulevard, Sacramento 95816 Sunday: 8:30 am Matins, 10:00 am Divine Liturgy (Holy Eucharist) Contact: Church Office (916) 443-2033 ~ annunciation.ca.goarch.org Fr James Retelas, Presiding Priest ~ Fr. Thimothy Robinson, Associate Priest

Call (916) 429-9901 to advertise your church services in this paper

- EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.



C A L E N D A R

Singers with Hart

Experienced and beginning singers age 50 and above are welcome. New sessions start every nine weeks and are held at the Hart Senior Center, 915 27th Street, Sacramento (27th and J streets). Pre-registration is required. For more information, visit the Hart Senior Center front desk or contact (916) 808-5462. Cost: \$15.

Run with a Recruiter

Every Friday at 6 a.m., the public is invited to join the Sacramento Police Department This provides a unique opportunity for potential police candidates and those in the hiring process to run together.

Emotions Anonymous

Meets regularly Tuesdays, Thursdays, and Saturdays. Meeting information is available at mous.org. Free 12-step program/support group for those who desire to become well emotionally healthy. Acquire a new way of life, sharing experiences, and learning to live with unsolved emotional problems. Meets

Tuesday 6:30 – 7:30 p.m. Parkside Comm Church 5700 South Land Park Dr.: Tuesday 6:30 – 7:30 p.m., Sierra Arden Church of Christ, 890 Morse Ave (at Northrup), Room F-4. Thursday 7 – 8:30 p.m. at Church of the Good Shepherd, 1615 Morse Ave. (at Arden Way) left of choir room. An optional newcomer prientation occurs on Saturdays from 1 to 1:30 p.m. at Wellness Recovery Center, 9719 Lincoln Dr. Ste. 300. Also on Saturday from 1:30 to 2:30 p.m., there will be a topic for discussion at WRC, 9719 Lincoln Dr., Ste. 300.

Mahogany Urban Poetry Series - Queen Sheba - poetry readings

Each Wednesday from 8-11 p.m. at Queen Sheba in Sacramento, local talent makes it way to the restaurant for weekly open-mic events, \$3-\$5, 1704 Broadway.

Brain Gymnasium

Sunday, September 21, 2014

WINES CLARKSBURG

Exercise your mind and have some fun at this on-going Brain Gymnasium class! Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 9:20 a.m. Thursdays. \$6 per class. Call 441-1015 for more information

Women with Good Spirits monthly meeting

Each second Tuesday of the month at Revolution Wines at 6:30 p.m., Women With Good Spirits invites a community non-profit to present on its mission work. The presenter will start their presentation promptly at 7:15 p.m. and will last 15-20 minutes with an open question and answer forum after. RSVP is appreciated as well as a \$5+ donation per person that will go directly to the non-profit presenting that month. 2831 S St. Visit www.womenwithgoodspirits.com or find the group on Facebook.

The Community Housing and

Services Coalition monthly meetings Driginally created by the Sacramento Community Services Planning Council, the Community Housing Coalition (CHC) was created as a vehicle to provide information and educate community leaders and decision makers regarding housing for low income, disabled and older adults. CHSC monthly meetings are free and open to the public; they are held from 9:30 to 11 a.m. am on the last Tuesday of each month (except December) at the Sacramento Sheriff's South Area Office Community Room at 7000 65th Street, Sacramento (the Sacramento County Voters Registrar Building). At each meeting a guest speaker is invited to attend and give a 30-minute presentation with 10 minutes for Q&A. Speakers are selected for their expertise and knowledge in their respective fields, and agencies/organizations. The speakers are encouraged to provide handouts, fliers, and other informational materials to the 15 to 30 attendees.

If you have any questions, please contact either: Alex Eng at 424-1374; email xeng916@ sbcglobal.net; or Cindy Gabriel at 916/732-6189; email cynthia.gabriel@smud.org.

Art Show at Sacramento Fine **Arts Center**

Sacramento Fine Arts Center in Carmichae is hosting "Magnum Opus XXV", now until Aug. 16. A juried art show of the region's finest artists showing original art, sculpture, photography, painting and all mediums will be on display on Tuesdays from 11 a.m. to 7 p.m. and Wednesdays through Saturdays from 11 a.m. to 3 p.m. A Saturday reception will be held Aug. 9 from 5:30 to 8:30 p.m. For more information, contact David Peterson at 716-5951. Sacramento Fine Arts Center is located at 5330 B Gibbons Dr.

Gentle Qi Gong

Learn powerful relaxation techniques reduce stress, reduce physical pain and emotional suffering, lower blood pressure, increase immune response and improve balance. Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 3 to 4 p.m., Wednesdays. \$7 per class. Call 441-1015 for more informatio

Kiwanis Club of East Sacramento-Midtown

Visitors Welcome, weekly breakfast meeting on Fridays at 7 a.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th St. www.eastsacmidtownkiwanis.com Meeting/Membership info: 761-0984, volunteers always welcome!

Food trucks at Carmichael Park Every first Thursday of the month from 5 to 8 p.m. (July will be held on July 10) food trucks hit Carmichael Park, 5750 Grant Road.

The Sacramento Capitolaires meeting

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of

- LABOR DAY WEEKEND ---AUGUST 30TH to SEPTEMBER 1ST 2014 • 10^{AM} TO 6^{PM} DAILY



FREMONT PARK I6th & Q Street ARTS & CRAFT VENDORS

SIDEWALK CHALK ART 30 MUSICAL ACTS
BEER CARDEN
FOOD TRUCKS

(916)213-5059 or CHALKITUP.ORG

hanks to our major sponsors: K-HITS 101.5, University Art, zipcar and CADA

Christ), 890 Morse Ave., Sacramento. Info: www.capitolaires.org, call 888-0877-9806, or email info@capitolaires.org

Soroptimist International of Sacramento South meetings A service organization dedicated to insure the status of women and girls, the group meets at Aviator's Restaurant, 6151 Free port Blvd. for lunch and to discuss the day's

topic. Meets the second and fourth Tuesday

of each month at 12:15 p.m.

August

Beginner Swimming Class at ACC Now through Aug. 25: This beginner swimming class for older adults teaches basic water skills and simple swimming strokes that will give you confidence in the pool and improve your overall fitness. Class will concentrate on skills such as floating, treading water, entering and exiting the water, holding your breath while fully submerged, and freestyle (front crawl). Limit: six students. 9:30-11:00 a.m. Mondays & Fridays. \$60 for 8 classes. Pre-registration and pre-payment required. Held at ACC Greenhaven Terrace, 1180 Corporate Way, Sacramento, 393-9026 x330, www.accsv.org.

ACC presents Microbiology in Sickness and in Health

Aug 21: Microbes are everywhere—or and in our bodies, on things we touch, on the food we eat, and in the air we breathe. They keep us healthy or do no harm until they make us ill or pollute our envionment. Without microbes. we couldn' eat or breathe. We will explore how to nurture the good bugs and try to avoid the "bad" bugs. This workshop is for any one with an interest in the human body and keeping healthy from an infectious disease standpoint. 11:30a.m.-12:30 p.m. Free. Pre-registration required. Held at ACC Senior Services Center, 7375 Park City Dr., Sacramento, 393-9026 x330,

www.accsv.org.

Food truck festival at Tahoe Park Aug. 22: Enjoy food from local food truck vendors from 5 to 8 p.m.

Summer Concerts in Carmichael Park Aug. 23: Bad Catz, Rockin' Rhythm and Blues, from 6:30 to 8:30 p.m., 5750 Grant Ave.

C.K. McClatchy High School Class of '74 reunion

Aug. 23: C.K. McClatchy High School Class of 1974 will hold its 40 year reunion at Vallejo's Restaurant at 1100 O St. For further information, email mcclatchy74@ gmail.com or visit www.classmates.com.

Summer Concerts in Carmichael Park Aug. 24: River City Concert, 50-piece concert band, from 6:30 to 8:30 p.m., 5750

The Fairytale Town Troupers present: "Beach Party Princess"

Grant Ave.

Aug. 23, 24, 30 and 31: The Fairvtale Town Troupers present a family-friendly comedy review packed with pretty princesses, silly surprises, music, magic and interactive fun! All performances take place on the outdoor Mother Goose Stage and are free with paid park admission. Show times are at 12:30 and 1:30 p.m.

Weekend admission is \$5.50 for adults and children ages 2 and older. Children ages 1 and under are free. For more information, visit www.fairytaletown.org or call (916) 808-7462.

Tuesday Club: Continued from page 9

me they closed Tuesday Club, well that gave me a free day and I joined the bridge group."

After being asked if she misses the club, Christopherson And my Aunt Anita, who I said, "When you're 99 years old, you don't give it much thought. (But) I have a feeling that it might come back in they were into all these differtime. I probably won't be here ent jobs and they were interto see it, but I feel that way."

Irene Ryder

Irene Ryder, who was one of the Tuesday Club's 50-year life members, joined the club through her sponsor, the late Helen Hiatt, who was associated with Irene Ryder's husband, Dick. in the Easter Seals.

der said, "It was just a wonderful place to make really good friends. I served on many committees and I just liked it, and I miss it. But I knew there was no question that (the club) needed to shut down. There just weren't enough people or people with an interest to join clubs anymore. It's sad, but we're still getting together. In fact, we're going all out for lunch once a month. And I have the bridge section and we play bridge once a month. We have a sewing section and we go to that once a month. So, we keep busy."

Anita O'Brvan Anita O'Bryan, who was a member of the club from





18 East Sacramento News • August 21, 2014 • www.valcomnews.com

to benefit the CLARKSBURG LIBRARY 37375 Netherlands Road, Clarksburg, Californi Please join us from 1-5 P.M. at the beautiful Heringer Ranch for an afternoon of wine tastings from local wineries, a fine art auction, gournet food, and live music \$30 per person in advance, \$40 at the door Tickets may be purchased at the Clarksburg Library or online at www.ClarksburgLibraryFriends.org/wine-tasting.html Sorry, no one under 21 will be admitted



Call (916) 429-9901

To include your flyer and/or postcard in your Community Newspaper(s)!

Arden Carmichael News • East Sacramento News Land Park News • Pocket News

In recalling the club, Irene Ry-

year, fondly recalled various memories of the club.

"My mother (Irene Sweet) was a very active Tuesday Clubber," Ó'Bryan said. "She was president (of the club). was named after, was very, very active in the Tuesday Club. We had over 1,000 members and ested in the Tuesday Club and doing what they could for it."

O'Brvan.

For instance, she recalled in 1950.

"When the fire happened, we were called right away, I think we all benefit from "O'Bryan said. "We went down in the middle of the night and watched the building burn. I remember it very well." And after being asked to describe her reaction to observing that unfortunate event, O'Bryan said, "Horror! It was my second home. Even though I wasn't a member at ily, I was very active in knowing the clubhouse."

Nancy Leneis

Nancy Leneis, who grew up in Oakland and came to Sacramento in 1976, joined the Tuesday Club about 10 years ago.

Leneis explained that she "felt fortunate to have been a

1959 until it disbanded this part of the Tuesday Club during a portion of its history."

It (was) quite an important function in Sacramento history and California history," said Leneis, who twice served as the club's president and once as its parliamentarian. "I went to a women's college and this is a women's club, and many positive things come from women networking together. I think it's a good thing. There are very few organizations solely But not all memories of for women, very few colleges the club were good ones for solely for women anymore.

"I know I found great strength with a women's witnessing the clubhouse fire college and I think it is wonderful to have an all women's organization, and (the Tuesday Club).

There were always women who were positive about helping you. They would help in whatever way they could, based on the demands in their lives. But I found that Tuesday Club women were more ready to say, 'I will help,' more than in other groups, until health that time, because of my fam- got in the way. (They were) a marvelous, unique group of women and I feel honored to have been a part of them for a period of my life."



Photo by Lance Armstr

Former Tuesday Club member Robbie King stands with a desk that was once located in the organization's clubhouse, which was located across the street from Sutter's Fort

W W W . V A L C O M N E W S . C O M



riendly Companionship • Flexible Hourly Care Respite Care for Families • Live-in Care

916.971.9333

www.VisitingAngels.com/Sacramento





PHENOMENAL BUNGALOW Fully remodeled 4 bedroom 2 bath bungalow. All new plumbing, electrical, insulation, and tankless water heater included in this stunning home. Open floor plan you with gourmet kitchen, top-of-the-line stainless steel appliances, farmhouse sink, and large remodeled bathroom with a claw foot tub. \$599,000 **TIM COLLOM 247-8048**



Historically Unique East Sacramento property - originally a brass foundry established prior to 1915. This amazing 3 bedroom 31/2 bath home includes a new outdoor kitchen, wine cellar, gourmet kitchen, designer landscaping, pristine pool, large loft, and all of this on an unusually large lot !!! \$1,349,000

TIM COLLOM 247-8048



SUPER RENOVATION

4 bedroom 3 bath Fabulous 40's home where old world charm meets all the modern amenities! 2722 square feet with an open floor plan concept connecting the living room and dining room to kitchen with quartz counter tops, and leading to family room that opens to a beautiful backyard. \$1,149,900 **JAMIE RICH 612-4000**



COLOMA WAY

Fantastic 3 bedroom 2 bath located in the heart of East Sacramento, just minutes from Bertha Henschel Park! Remodeling open kitchen perfect for entertaining. Spacious floor plan includes 3 large bedrooms, hardwood floors, tankless water heater, new ch/ac, custom lighting, large enclosed patio and a fully landscaped backyard. \$469,000



3 bedroom 3 bath home just a couple blocks from the park. Living room has high ceilings and lots of natural light. The kitchen is large enough for family dining or entertaining and overlooks the large family room with high ceilings and a gas log burning fireplace. Both upstairs master bedrooms are spacious

with walk-in closets. \$559,900

DAVID KIRRENE 531-7495



RIVER PARK CHARMER

2or 3 bedroom home, newly refinished hardwood floors, dual pane windows and recessed lights. Updated kitchen opens to den (what was once a third bedroom) with slider door to the brick inlaid patio and yard. Remodeled bathroom features cute tile floor with glass tile accents. New central heat and air. \$364,900

DAVID KIRRENE 531-7495

TIM COLLOM 247-8048



WONDERFUL RIVER PARK with granite counters and stainless appliances. The contemporary bath has a tub shower combination with subway tile. The master bedroom is spacious. The backyard area has a covered patio for entertaining. Plus a 2 car attached garage. \$364,900 **CHRIS BALESTRERI 996-2244**



QUINTESSENTIAL E. SACRAMENTO Open floor plan is inviting with hardwood floors, updated kitchen This charming East Sacramento three bedroom home is minutes from Mckinley Park and is on a great street. This home includes a gourmet kitchen, hardwood floors, a vintage fireplace, a spacious floor plan, and a large indoor laundry. The backyard is perfect for family BBQs and entertaining. \$419,000 **TIM COLLOM 247-8048**

CLASSIC RIVER PARK

Charming River Park 4 bedroom home, with optional dining room or office, 21/2 baths, including master suite with walk-in closet. Formal living and dining rooms. Kitchen opens to family room and large informal eating area. Hardwood floors; easy river access and 2 car-garage with carriage house doors. \$499,900 **CHRIS BALESTRERI 996-2244**

for current home listings, please visit:

DUNNIGAN REALTORS.COM 916.484.2030 916.454.5753

Dunnigan is a different kind of Realtor.®

DUNNIGAN, Realtors