

# EAST SACRAMENTO NEWS

— BRINGING YOU COMMUNITY NEWS FOR 23 YEARS —

## Getting into the holiday spirit in River Park

See page 2



- On the Curbs .....4
- Faces and Places.....8
- Matías Bombal's Hollywood .....14
- Calendar.....17
- Neighborhood Gift Guide .....18

Run to Feed the Hungry draws nearly 28,000 people to the annual race

■ See page 6



St. Francis High teacher furthering notoriety through Johnny Cash project

■ See page 12



57th Annual

## KIWANIS ART FIESTA

SPONSORED BY THE KIWANIS CLUB OF SACRAMENTO SUBURBAN

### June 6 and 7, 2015

New and Returning Artists Encouraged to Apply  
Applications Available January 1 at [www.kiwanisartfiesta.org](http://www.kiwanisartfiesta.org)



**EAST SACRAMENTO NEWS**  
WWW.VALCOMNEWS.COM

E-mail stories & photos to: editor@valcomnews.com

Vol. XXIII • No. 23

East Sacramento News is published on the first and third Thursday of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

2709 Riverside Blvd.  
Sacramento,  
CA 95818  
t: (916) 429-9901  
f: (916) 429-9906

Publisher ..... George Macko  
General Manager ..... Kathleen Egan  
Editor ..... Monica Stark  
Art Director ..... John Ochoa  
Graphic Designer ..... Ryan Wunn  
Advertising Executives: ..... Linda Pohl, Melissa Andrews  
Distribution/Subscriptions ..... George Macko

Cover photo:  
Courtesy

Other photos:  
Monica Stark  
Lance Armstrong

Copyright 2014 by Valley Community Newspapers Inc. All rights reserved.  
Reproduction in whole or in part without written permission is prohibited.



Photo courtesy

## Getting in the holiday spirit in River Park

Despite the light sprinkles on Sunday, Nov. 30, Rowan Conner, age 7 of River Park, decided to help the family out, decorating the rooftop for the Christmas season.

His mother, Renee, spoke with the East Sacramento News about her son's creative photo opportunity. "Only in California can you run around without a shirt in November. (Rowan) was helping my husband (Jordan) put on Christmas decorations and called me to come out and see what they had done. It was my son's idea to have it on the roof, facing the chimney. We just bought that (Sunday). We had bought Rudolf, but unfortunately my son ended up decapitating Rudolf. We don't know if we can fix him."

Editor's note: Happy holidays! If you have fun holiday photos that you would like to share with the East Sacramento News, contact Monica at 429-9901 or by email at editor@valcomnews.com

**THIS IS A SHARING & GIVING TIME OF YEAR...**

**"Those Who Bring Sunshine to the Lives of Others... Cannot Keep It From Themselves"**  
— J.M. Barrie

**HAPPY HOLIDAYS!**



**KURT CAMPBELL** **LYON**  
PROFESSIONAL REAL ESTATE CONSULTANT REAL ESTATE  
www.Golyon.com  
5956-5878 CalBRE# 01064713



**STEPHEN'S SERVICE CENTER**

The Best Dealer Alternative! • Serving the Sacramento community for 25 years  
Neighborhood Shop Built on Honesty & Integrity. • Shuttle service available

**916-452-5067**

**BOSCH Service ASE** 5600 Elvas Ave., Sacramento, 95819

**LOCAL BUSINESS BRIEFS**

For a small fee you can place your business announcement on the Local Business Briefs page.

Call your representative today  
**(916) 429-9901**

Publishers of:  
Arden-Carmichael News • East Sac News  
Land Park News • Pocket News

**CARING CONNECTION**  
Full & Part Time Available  
Preschool & Infant/Toddler Care

Midtown Campus: 916-261-0796  
West Sac Campus: 916-371-3301

Grand Opening: **Elk Grove Campus!**  
Join Us December 13th, 11:00–Noon

**caringconnectionchildrenscenter.com**


*A Very Special Offering*

Only once a year – and only in December are we making this very special offer.

No opening and closing fee when purchasing any Pre-Need cemetery property.

This offer is good at any East Lawn cemetery.

This includes gravesites and cremation niches. Also, have you seen our beautiful new cremation areas and family estates. We have unique offerings at pre-construction pricing. Don't let these opportunities pass you by. Call to make an appointment today!



<b>EAST LAWN</b> Memorial Park & Crematory 4300 Folsom Blvd. P.O. Box 19334 Sacramento, CA 95819 Tel: 916.732.3000	<b>EAST LAWN</b> Sierra Hills Memorial Park & East Lawn Mortuary 3737 Greenback Lane Sacramento, CA 95841 Lic. #FD-1242 Tel: 916.732.2020	<b>EAST LAWN</b> Pet Loss Center & Sierra Hills Pet Cemetery 6700 Vermer Ave. Sacramento, CA 95841 Tel: 916.732.2037	<b>EAST LAWN</b> Albert Brown Mortuary 3476 Piedmont Ave. Oakland, CA 94611 Lic. #FD-242 Tel: 408.652.1873	<b>EAST LAWN</b> Elk Grove Memorial Park & Mortuary 9189 E. Stockton Blvd. Elk Grove, CA 95624 Lic. #FD-1455 Tel: 916.732.2031	<b>EAST LAWN</b> Andrew & Greiflich Funeral Home 3939 Featheridge Road Sacramento, CA 95820 Lic. #FD-136 Tel: 916.732.2026
-----------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------



# Share it forward

**Donate a gift to a child in need.**

"a" it forward this holiday season by visiting the Giving Tree in Center Court beginning November 25th. Pick up a gift tag listing a child's special wishes. Shop the variety of stores at Arden Fair and return the unwrapped gifts to the Giving Tree by December 23rd. The gifts will be distributed at The Children's Receiving Home of Sacramento. For details, visit us at ArdenFair.com.

**arden fair** 

 Global Winter Wonderland RECEIVE A \$4.00 DISCOUNT TO GLOBAL WINTER WONDERLAND AT THE GIVING TREE.




## Noon Year's Eve

**FREE FAMILY FESTIVAL**

**Wednesday, December 31**  
**10 AM – 2 PM**

This year the Crocker says "bienvenido" to 2014 with a high-energy New Year's extravaganza that celebrates our current exhibition of Latino artists. Families can count down to the New Year at noon at this fun and free fiesta of global cultural experiences. With live music, dance performances, and festive art activities happening throughout the Museum, this is one New Year's celebration everyone can stay awake for.

Free for all. Sponsored by 

**CROCKER art museum**

216 O Street • Downtown Sacramento • 916.808.7000 • [crockerartmuseum.org](http://crockerartmuseum.org)

 @crockerart



On the Curbs:

# River Park resident admits long-ago theft of Fairytale Town's Humpty Dumpty

By MICHAEL SAELTZER

Back in November, the day after the hauntings and undead, at Clubhouse 56 over breakfast, I fell into conversation with River Park resident Rick Winn. Through small talk, we learned we are all multigenerational Sacramentans who happened to collide here and stir it up a bit like only multigenerational Sacramentans can.

Then the story unfolds. It starts because we are talking of pranks we played in Sacramento on Halloween and or other times. We agree that to a large degree it all starts with toilet paper and then moves up from there. Rick tells me he stole Humpty Dumpty off the wall at Fairytale Town one night with his friend many years ago.

He says he and a pal were 17 years old when this happened. It was the early 1960s, a special time here in Sacramento. Like always when you are young and 17 years old hanging out with your buddy, you are down for pretty much anything, which for them, included getting a homeless man to buy them a six pack. They drank it in William Land Park and there sat Humpty looking back at them just sitting there on the wall. They started silly scheming and ultimately decided to kidnap Humpty – got him down by simply using a wrench in the trunk to undo the four bolts holding him to the wall.

They were creative and well intentioned, but they got in a bit over their heads, as we Sacramentans love to do. Rick explains that they made it look like they

had actually kidnapped Humpty. They tied his hands behind his back, placed a sheet around his eyes, and then plopped him in the trunk facing backwards.

Before going home, they cruised K Street, causing more shenanigans. Then, Rick dropped his buddy off, and driving a few houses down to his house, he realizes he still had Humpty in the trunk. He backed up the car, retrieved his friend, and for some reason they placed Humpty on the diving board in Rick's backyard.

The next morning, Rick woke to his mother who was upset by what she saw in the backyard. She recognizes that it's Humpty from Fairytale Town. Rick's father is livid.

Rick goes to school that day and returns to begin folding his Sacramento Bee newspapers to deliver them on his paper route. He opens the first bin and sees front page headline that Humpty has been stolen. Ricks said the exact headline was "All The King's Horses". Now his father is really angry. He demands that Rick and his friend submit a type-written statement detailing how they are going to fix the situation.

Rick and his buddy's idea is that they are going to sneak Humpty behind home plate at the local school's baseball diamond. Then they were going to call the police from the pay phone up the street at the gas station and anonymously report the location. His father oddly approves the plan with one stipulation. They have to write a formal apology, including to the children who are now missing Humpty, and tape it



Rick and myself at his place where we each verified the authenticity of the other. The small picture he holds is the shot of him and Humpty shown up close in the other photo. The large photograph we hold together between us is the one Rick presented me with to test my authenticity. We both passed each other's tests.

to the back of Humpty's head. The deal is sealed, and the plan actually works. According to Rick they even signed the note, "The Three Little Pigs."

To certify the experience, Rick invited me over to his River Park home. He said he has a photograph he can show me with him and Humpty. I follow him into River Park. I go inside and it's a beautiful home, one of a number of properties he owns, he explains. He introduces me to Marge who helps us find the picture of him and Humpty. It's blurry, but authentic.

# Sacramento ballerina to star in The Nutcracker Mutt

Meet Nikole

Sacramento resident 10-year-old Nikole Farina is a rising star in the ballet world. Nikole, who will be playing Clara, the opening weekend of Ron Cunningham's The Nutcracker Mutt with the Sacramento Ballet, spoke with the Pocket News about her love of ballet and the excitement over her upcoming performance. "It means a lot to me, and is a great opportunity to be chosen to play Clara. It's such an honor."

Having completed seven years of dance training and now into her eighth, Nikole began dancing when she was three years old in June 2007 at Step 1 Dance and Fitness (1920 T St.) She first came to the Sacramento Ballet when she was 7 years old. In spring 2013, Nikole performed as a firefly in Cunningham's "A Midsummer Night's Dream."

Adding about the experience of dancing in the Nutcracker, Nikole said: "It's a lot of fun, and I think it's really cool that they have about 500 kids in the Nutcracker. And, for all the kids, I think they have a lot of fun working with Mr. Cunningham and the professionals." Nikole's first Nutcracker role was a Cherub in 2011, followed by being an Arabian Attendant in 2012, and Baby Blue in 2013. "And this year," she proudly states: "I'm Clara."

Asked what she likes most about dancing, Nikole said: "I like dancing because dance studios have a recit-

al and it gives all the students an opportunity to be on stage. I also like the friendships I have made from dancing."

## A unique production of the Nutcracker ballet

This year's production of the Nutcracker by the Sacramento Ballet will be unique as they are partnering with the Front Street Animal Shelter and bringing a new flavor to this holiday season. Hoping to encourage shelter pet adoption, this season's Nutcracker will feature special four-legged guest stars. Each performance of the Nutcracker will include an adoptable dog in search of its own home for the holidays. Other shelter pets will be available for adoption during intermissions. The Sacramento Ballet's Nutcracker will be held Dec. 6 through Dec. 21 at the Sacramento Community Center Theater. Tickets are available now at <http://www.sacballet.org/nutcrackermutt/>

Bobby Mann, City of Sacramento public relations specialist for the animal shelter, spoke with the Pocket News about how the idea behind The Nutcracker Mutt was born and further shared details about the roles the dogs will play in the production.

"The dogs will be in the prologue and stroll across the stage. We may also have another special guest spot for puppies. The dogs will be picked from our

population of dogs that are available for adoption at that time. The goal is to show people that shelter animals are just as beautiful, regal and trainable as any other dogs. We want to reach a demographic that may not normally visit a shelter and also bring joy to the cast members who are all shelter pet advocates," Bobby said.

"Both organizations admired each other's work and some of the staff from the ballet even volunteer for us. One day, we were brainstorming of ways to collaborate and this idea was born."

One or two dogs will be performing in each show and there also will be other animals available at the show for adoption. "Every time a dog is adopted out we will pick a new dog to be in the show," he added.



Sacramento resident, 10-year-old Nikole Farina is a rising star in the local ballet world. Nikole will be playing Clara, the opening weekend of Ron Cunningham's The Nutcracker Mutt with the Sacramento Ballet. Here she is shown with adorable puppies from Front Street.

**"DEMENTIA CARE AT ITS BEST"**

# REVERE COURT

MEMORY CARE

**IF SOMEONE YOU LOVE HAS MEMORY LOSS, WE CAN HELP!**

**WE PROVIDE...**

- Free Support Groups and Education
- Day Club — Fun and Friends
- Respite — Giving Family Caregivers Much Needed Breaks
- Specialized Residential Care
- Warm feeling of home
- Caring, loving staff
- Delicious homemade meals
- Special programs

**QUALITY THEY DESERVE... AND THE HELP YOU NEED.**

7707 Rush River Drive, Sacramento, CA 95831 (916) 392-3510  
www.reverecourt.com  
Lic. #347001338/342

Find us on Facebook  
Search for Revere Court

Equal Housing Opportunity

## Community Worship

### Faith United Methodist Church

3600 J Street • 452-7637 • [www.faithumcsacramento.org](http://www.faithumcsacramento.org)  
Bible Study: Sunday at 9:15am, Tuesday at 10:00am • Sunday Worship: 11:00am  
(Communion on 1st & 3rd Sunday) • Fijian Language Worship: Sunday 1:00pm

### Greek Orthodox Church of Annunciation

600 Alhambra Boulevard, Sacramento 95816  
Sunday: 8:30 am Matins, 10:00 am Divine Liturgy (Holy Eucharist)  
Contact: Church Office (916) 443-2033 ~ annunciation.ca.goarch.org  
Fr James Retelas, Presiding Priest ~ Fr. Timothy Robinson, Associate Priest

Call (916) 429-9901 to advertise your church services in this paper!

## 5 Year FIXED RATE Home Equity Line of Credit Loan

# 4.25%

Initial APR

**CHECK THE EL DORADO ADVANTAGE:**

- ✓ FIXED RATE for 5 Years
- ✓ Local Processing & Servicing
- ✓ No Closing Costs on Qualifying Transactions
- ✓ Flexibility and Convenience
- ✓ Have Funds Available for Current and Future Needs
- ✓ Home Improvement, Debt Consolidation, College Tuition
- ✓ Interest May be Tax Deductible (Please consult your tax advisor)

## EL DORADO SAVINGS BANK

Serving our local communities since 1958

[www.eldoradosavingsbank.com](http://www.eldoradosavingsbank.com)  
5500 Folsom Blvd. • 452-2613  
4768 J Street • 454-4800  
Se Habla Espanol • 800-874-9779

Member FDIC

The initial Annual Percentage Rate (APR) is currently 4.25% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for the repayment period is 5.875%. The maximum APR that can apply any time during your HELOC is 10%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$100,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$200,000 and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A \$375 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$50 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.



# More than \$900,000 raised for the food bank at this year's Run to Feed the Hungry

By MONICA STARK  
editor@valcomnews.com

The weather couldn't be better for the nearly 28,000 participants in the annual Run to Feed the Hungry who on Thanksgiving morning collectively raised more than \$900,000 for the Sacramento Food Bank and Family Services. Made possible by 650 dedicated volunteers and title sponsor Western Health Advantage, the annual event has become a holiday tradition for countless families and individuals. The East Sacramento News caught up with runners prior to

the 10-kilometer and 5-kilometer races to talk about their reasons for running this year.

One of the serious runners, Wendy Leon, a runner for Fleet Feet's racing team, said she has raced the RTFTH five or six times "frankly, because I'm on a racing team and it's an important race for us. We come out, not only to support the cause but to get a good time and finish. (The team's) main goal is to have a lot of participants. We like to give back to the running community. Training has been consistent through out the last few years and this race is considered one of Fleet Feet's more important races and next is CIM (California International Marathon on Sunday, Dec. 7)."

Another timed runner, David Smith, said this year was "about the third time" he's run the race. "I like to run and help the community."



Photo courtesy Kathy Temby, an East Sacramento resident has participated in each Run to Feed the Hungry event since it began 21 years ago.

Meanwhile, many runners came out for a good time and a bit of a party. Helping to get the runners pumped, Ozzy Osbourne's "Crazy Train" came over the speakers after Bishop Soto's blessing and seconds before the start of the 10k race.

Sara Martin was running the race, she said, "because our friends are in from Chicago and they wanted to run this race, so we all got together and did it. There were about



Photo by Monica Stark Another timed runner, David Smith, said this year was "about the third time" he's run the race. He runs the race because he "like(s) to run and help the community."

six of us, but a couple of them didn't make it," she said with a chuckle. "I think they had a little too much fun last night."

First timer Elk Grove resident Sorya Ross said she was going to run the race to help with her Thanksgiving dinner appetite. "I am running so I can be guiltless tonight," she said.

Kristin Walker has participated in the RTFTH about three times to support the food bank and "cause it's fun." Megan Walker said she ran it "because it's Thanksgiving and I know we're blessed later on and, it's nice to know you gave back in the morning."

As a personal challenge, East Sacramentan Kathy Temby has run in each of the races since the RTFTH began 21 years ago. For Kathy, running the first annual taught her a few life lessons. "I went by myself and ran the entire 5K; it was my first time ever to do anything like it. When I came to the railroad underpass on H Street, it was all that I could do to make it up the hill on the other side. Lining the street were people that I didn't even know, cheering me on. It was a wonderful feeling."

Born and raised Sacramento, Kathy has lived in her childhood home



Photo by Monica Stark One of the serious runners, Wendy Leon, a runner for Fleet Feet's racing team, has run the race about five times. She will be participating in a relay at the California International Marathon on Sunday.

after caring for both of her parents.

Asked how the race has changed over the years, she responded that not much is different besides the route, though it still transverse through beautiful East Sacramento. Coincidentally, her father's U.S. Postal Service mail route of more than 30 years mirrored that of the race course. "It is nice to walk where he walked for all of those years. I also used to live at 43rd and C streets, which was on his old route," Kathy recalled. Additionally, of the memories she's had of the race over the years, Kathy said, "My friend and co-worker was in the band that used to play at the corner of 45th and J streets. We love Elvis and think that they need to put him on Elvas (Avenue). How have they missed this over the years? The giant TV screens are kind of a neat, new thing. Over the years, we have met up with different friends. We always meet at the corner of the intersection in front of Sacramento State, where the ghost bike is usually locked."

Last year, Kathy tried to win a free entry into the run by taking a picture of herself covered in all of her race shirts she's collected from years passed. "I had to pay," she joked.

# McKinley Library events

The McKinley Library, 601 Alhambra Blvd., hours are as follows: Sunday and Monday: Closed; Tuesday: noon to 8 p.m.; Wednesday and Thursday: 10 a.m. to 6 p.m.; Friday: 1 to 6 p.m.; Saturday: 10 a.m. to 5 p.m. For details, call the Sacramento Public Library at 264-2920 or visit [www.saclibrary.org](http://www.saclibrary.org).

## Holiday Cookie Decorating

**Dec. 5:** Welcome the holidays with an afternoon of cookie decorating, starting at 3:30 p.m. There will be frosting, sprinkles, and other toppings to decorate the various shapes of holiday cookies. Make your own artistic holiday masterpiece or enjoy as a delicious afternoon snack!

## Sabrina's Craft Corner

**Dec. 6:** Starting at 12:30 p.m., create holiday crafts, like beeswax candles, using simple household items and affordable materials. Funded by the Friends of the McKinley Library.

## Midtown Sacramento - Author Talk

**Dec. 9:** Though once scheduled for demolition, Midtown Sacramento battled back to become the city's geographic and cultural center—a beacon for artists, progressive thinkers and independent spirits. Starting at 6 p.m., Sacramento historian and Midtown resident William Burg will discuss his recently published book - Midtown Sacramento: Creative Soul of the City. Books will be available for purchase after the talk.

## Holiday Movie: "Frozen"

**Dec. 12:** Come sing along and get ready for winter with this showing of the popular Disney movie, "Frozen." Enjoy treats and stay to the end to build your own snowman if you would like! Movie starts at 3:15 p.m.

## Holiday Party with Bonnie Lockhart

**Dec. 13:** Starting at 10:30 a.m., the annual Friends of the Library holiday party will feature musician Bonnie Lockhart who will entertain with songs and music for the whole family. Cookies and treats will be available while children visit with Santa.

## Lego Mania

**Dec. 19:** Like building with Legos? Legos and Lego building books will be provided at 3:30 p.m. for free play.

## Sabrina's Craft Corner

**Dec. 20:** Starting at 12:30 p.m., create holiday crafts using simple household items and affordable materials. The day's craft: salt dough ornaments! Funded by the Friends of the McKinley Library.

## SF Squared Book Club

**Dec. 20:** A discussion of this month's science fiction novel: "Ready Player One" by Ernest Cline begins at 1 p.m.

**FUNERAL DIRECTORY**  
Call Melissa at (916) 429-9901  
[www.valcomnews.com](http://www.valcomnews.com)

**GEORGE L. KLUMPP CHAPEL OF FLOWERS**  
2691 Riverside Boulevard  
Sacramento, CA 95818  
(916) 443-7917  
[www.cfcsSacramento.org](http://www.cfcsSacramento.org)

Serving the community since 1921

**Harry A. Nauman & Son**  
4041 Freeport Blvd  
Sacramento, CA 95822  
(916) 452-6157  
FD366

Serving Sacramento Families since 1903.  
Pre-arrangement packages available.

**LIND BROTHERS** FD 1141  
A Family Owned Funeral Home & Crematory  
Celebrating 50 Years in the Community  
**916.482.8080**

**East Lawn Memorial Parks, Mortuaries & Crematory**  
(916) 732-2000  
EastLawn.com  
4 Sacramento Locations  
serving families since 1904

**BECK'S SHOE EMPORIUM**  
VIONIC ORTHAHEEL TECHNOLOGY  
Sacramento 5663 Stockton Blvd.  
© the intersection of Fruitridge & Stockton Blvd.  
(916) 453-1719

**BECK'S BUCKS**  
\$12  
BeckShoes.com  
Expiration Date 12/31/2014 ES

**BIRKENSTOCK**  
MADE IN GERMANY • FOUNDED SINCE 1776

**RECYCLE**  
PLEASE RECYCLE THIS PAPER ♻️

**Why Settle for Ordinary...When You Can Experience INCREDIBLE!!**

**INCREDIBLE PETS SALE**  
December 5-7, 2014

Family Owned and Operated Since 1995!

• Great Gift Ideas for All Types of Pets • Blowout Prices on Dog & Cat Food  
• Stock Up on Toys, Treats & Chews

**3 DAYS ONLY at all 5 Locations...SUPER SAVINGS in All Departments**

<b>BLUE</b> \$34.99 for a 30 lb Bag of Adult Chicken & Rice Life Protection Recipe	<b>FROMM</b> \$22.99 for a 33 lb Bag of Adult Chicken Recipe
---------------------------------------------------------------------------------------	-----------------------------------------------------------------

**FIVE LOCATIONS TO SERVE YOU**

<b>AUBURN</b> 1775 Grass Valley Hwy. (530) 885-7711	<b>GRASS VALLEY</b> 649 Sutton Way (530) 272-7701	<b>ROSEVILLE</b> 1105 Roseville Square (916) 786-7701	<b>SACRAMENTO</b> 5030 Folsom Blvd. (916) 451-1199	<b>CARMICHAEL</b> 4005 Manzanita Ave. (916) 481-7741
-----------------------------------------------------------	---------------------------------------------------------	-------------------------------------------------------------	----------------------------------------------------------	------------------------------------------------------------

[www.incredpets.com](http://www.incredpets.com) Join Our Customer Loyalty Program and Save!



East Sac • River Park • Elmhurst

## Coming Soon...

Custom 1940's Ranch That has all the original character Located in East Sac this home offers three bedrooms, Formal living, dining room breakfast nook and laget laundry room. One bedroom opens to deck and spacious yard.

## 2763 63rd Street

This home does not only sit in the best area best location in TahoePark, it sits on one of the largest lots. This 2 bedroom plus family roomhouse has a 4 car tandum garage.



Old neighborhoods tell a story. They have a history. They make us wonder.

Interesting facts about how the neighborhoods we live in began. Who owned the land that is now East Sac, River Park and Elmhurst? What is a street monument? Everyone has one on their property. The neighborhood you live in has a specific name. I live in Brier Terrace. Who is Zelda Gayle Stone? What did she do that gave East Sac my favorite place? Go to [UrbanProperties.com](http://UrbanProperties.com) then chasin' the past.

To find out the true value of your home or to find out about upcoming homes

**Call Janet Gatejen**  
916.420.8418

[janet@urbanhoundproperties.com](mailto:janet@urbanhoundproperties.com)  
[urbanhoundproperties.com](http://urbanhoundproperties.com)



janet gatejen, broker 730 alhambra boulevard suite 100. sacramento, ca 95816 916.420.8418 bre#00895397



Faces and Places:

# 21st Annual Run to Feed the Hungry

Photos by MONICA STARK

About 28,000 people came out to the 21st Annual Run to Feed the Hungry last Thursday, the largest Thanksgiving Day run in the entire country. This year's event raised more than \$900,000 for the Sacramento Food Bank and Family Services.



# Senior Services *and* Resources

Call Melissa (916) 429-9901

**Agelong Senior Care**  
*Reliable Service at Affordable Price*  
 Bilingual Available  
 合樂之家老人看護中心  
 • In Home / On Site  
 • Meal Preparation  
 • Bathing & Caring  
**Call 929-2598**  
 FREE IN HOME ASSESSMENT

**DOCUMENT PREP SERVICES**  
**LIVING TRUST/LIVING WILL**  
 Legal Document Prep Services:  
 • Trust • Will  
 • Powers of Attorney  
 • Residential Deed  
 Couples \$495 Singles \$450  
 Lynda K. Knight (916) 214-1215  
 1337 Howe Ave., Ste. 103  
 Sacto 95825

**LEGAL SERVICES**  
**WILLS AND TRUSTS**  
*Services*  
 • Wills and Trusts  
 • Special Needs Trusts  
 • Trust Administration  
*Experience*  
 • Merit-Cal - 8 Years  
 • Franchise: Lis Bonini - 10 Years  
 • Private Practice - 13 Years  
**Free In-Home Consultation**  
 Tim Tyler, Ph.D., Attorney at Law 916-452-0024

**SPECIAL ALZHEIMER'S LIVING**  
**REVERE COURT**  
 MEMORY CARE Lic. #34700138/042  
 Day Club, Respite,  
 Residential, Support Groups  
 & Educational Classes  
 casey.s@chancellorhealthcare.com  
 www.reverecourt.com  
**(916) 392-3510**  
 7707 Rush River Dr. Sacto, CA 95831

**LYON**  
 REAL ESTATE  
 www.GoLyon.com

# TEAM BLACK



**Annette Black** 826-6902 Lic# 00802727  
**Kathy Pardun** 247-7030 Lic# 01000106  
**Diane Berry** 698-7288 Lic# 00794641  
**Wanda Noack** 761-6748 Lic# 00946526  
**Rene'e Liddie** 613-9885 Lic# 01152399  
**John Woodall** 421-5421 Lic# 01232653

Top Producing Agent for Sacramento's #1 Real Estate Company

**HIGHRISE LIVING IN THE HEART OF EAST SAC**

There is no comparable unit. Seller spent \$300K to move walls and replace every inch of this home. Top of the line cabinetry in every room. State of the Art kitchen. The very best sound system and speakers throughout. Beautiful floors. Entirely new baths. Too much to list. No expense spared as they remodeled for themselves not thinking of moving! Their loss is your gain. Must see.  
**4100 Folsom Blvd #4D - \$639,000**



**SIERRA OAKS**

Spectacular new custom construction, approximately 4100 square feet of luxury home. 4 bedrooms, 3.5 baths with open floor plan. Incredible gourmet kitchen. Hidden 'Safe Room'. State-of-the-art outdoor kitchen. Approximately 2/3 acre with pool & spa. Beautiful wood floors and one of a kind wine cellar!  
**2991 Joseph - \$1,150,000**



**OFFICE BUILDING**

Great single story office building. All brick exterior. Approx 3,200 sq ft. Plus gated parking lot to accommodate 8-9 cars. Currently configured with 7 offices, 1 conference room, large reception & work space 1 kitchen, 2 bathrooms 4 storage areas.  
**1101 E St - \$749,000**



**MOVE-IN READY**

You really must see this well cared for 3 bedroom, 2 bath home in a nice neighborhood. It features tiled floors, dual pane windows (w/quality window coverings too!), cedar closet floors + a newer gas stove and A/C unit. Plus a big back yard perfect for a growing family or for entertaining! Close to American River access.  
**2183 Pantages Circle - \$219,900**



**GREAT LOCATION**

Nice Carmichael location with 3 bedrooms, 2 baths, large yard and swimming pool with new equipment. House has hardwood floors. House needs some TLC, new paint, and some new appliances and it will be a gem. New \$25,000 solar system installed last year.  
**3077 Stanton Circle - \$224,000**



**GREAT BUY!**

Loved by original owners for many years. Spacious, bright rooms. Big living room & kitchen/dining. Family room fireplace. 3 large bedrooms, 2 updated baths. Newer roof and CH&A. Fencing being installed and repaired. Over a quarter acre lot. 2-car garage. Clear pest.  
**2316 Wyda Way - \$189,000**



**WONDERFUL EAST SAC**

Wonderful updated East Sac Home. New paint inside and out. Many new doors and hardware. Bright rooms. Beautifully refinished original hardwood floors. New kitchen and bath tile floors. Spacious living room with fireplace and formal dining area. Patio room. Newer roof and CH&A. New garage door. Clear pest.  
**66 51st Street - \$369,000**



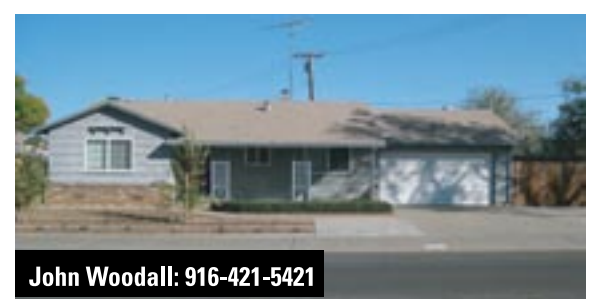
**UPDATED HOME**

Beautifully updated - many high end designer finishes, Bosch appliances. Quartz counter. Wood flooring. Tile. Plantation shutters. 4 bedrooms, 2.5 baths. Remote master. Separate family room. Open kitchen & living area. Pool with waterfall & lighting. Basketball court. Interior / exterior sound systems.  
**4341 Surita Street - \$465,000**



**GOOD VALUE!**

Super clean, 3 bedroom, 2 bath home with gleaming hardwood floors, dual pane windows throughout (w/quality window coverings too!), a newer gas stove, cozy gas-fed brick fireplace and a back yard big enough to grow crops or put in a pool! Close to American River access; and did I mention the great RV parking spot?  
**2709 Dawes Street - \$204,900**



**STARTER HOME**

Need a serene place to call your own? You've found it at this partially updated home! From the welcoming, landscaped front courtyard to the home's open floor plan and cozy fireplace, this home is special. Then there's the newly installed flooring, fresh paint and a backyard ideal for entertaining in a Great neighborhood! Close to parks and river boat launch. Buy now before prices shoot up!  
**7283 Rivergate Way - \$289,900**



East Sacramento/Downtown Office • TeamBlack.GoLyon.com



# Arts & Activities

Crockett-Deane Ballet Company & Deane Dance Center  
Saturday, Dec. 20th, 7pm &  
Sunday, Dec. 21st, 2pm, 2014

Featuring  
**The Nutcracker**  
(one act with narration)  
and **Christmas Angels**



Tickets at the door:  
Adults \$15  
Seniors/Students \$12  
Children \$10

The Center at Twenty Three Hundred  
2300 Sierra Blvd., Sacramento  
Questions? Contact Deane Dance Center  
916.453.0226



SATURDAY DECEMBER 20TH  
11 AM to 5 PM

A BEATNIK tradition!

30 OF THE coolest & craftiest  
VENDORS YOU WILL FIND SELLING ALL handmade GOODS.

CLOTHING. HATS. JEWELRY. POTTERY. BODY PRODUCTS. ART. TOYS. FOOD. DRINKS.

all local & all handmade

\$2 ENTRANCE FEE

BEATNIK STUDIOS 723 G ST. SACRAMENTO 95811

Fe  
Gallery

Opening: 12/13/14

Show runs thru:  
2/13/15

Michael Thalken



Susan Ballenger



Deino Trotta



1100 65th St • (916) 456-4455  
www.FeGallery.com

Coffee Garden  
& Coffee  
Garden Gallery

- Great coffee & food
- Open Mic Nights
- Second Saturday Receptions & Craft Faires 6-11pm
- Live Music • Rewards! • Art
- Farmer's Market Every Monday 5-8:30pm
- Second Saturday 12-4pm



2900 & 2904 Franklin Blvd.



www.thecoffeegarden.com  
457-5507

Call Melissa at  
(916) 429-9901  
to advertise  
in this section!

**Warehouse Book Sale**  
December 6th & 13th  
9 a.m. to 5 p.m.

GREAT PRICES!  
from fifty cents to  
\$2

100,000+ "gently used" books, videos, and audio books, including 3,500+ children's books  
Book Den Store gift certificates are available!

**PREVIEW** for Friends "members only" on Friday, December 5 from 5 p.m. to 8 p.m.  
(You can join at the door for \$15)

**LOCATION:** Warehouse at rear of the Friends' "Book Den" Suite E, 8250 Belvedere Avenue

**FREE PARKING**

For more information, call (916) 731-8493 or email to [fspl@att.net](mailto:fspl@att.net)

SAC Friends of the Sacramento Public Library

Fine Art • Jewelry • Repairs

## Little Relics

Boutique & Gallery

908 21st Street, Sacramento, CA, 95811

Melissa Andrews  
capturing love on canvas

Pet Portraits  
**(916) 447-4441**  
call for pricing

Capitol Ballet Company proudly presents...

Tchaikovsky's  
*The Nutcracker*

Saturday, December 13th, 2014 at 2pm

Sheldon High School Performing Arts Center  
8333 Kingsbridge Drive, Sacramento

Tickets on sale now at [www.capitolballet.com](http://www.capitolballet.com)  
Please like us on Facebook!

2014 CRAFT FAIR

SATURDAY, DECEMBER 6

Holiday CRAFT FAIR & BOOK SALE

25th ANNUAL

MAIDU COMMUNITY CENTER & LIBRARY  
9AM - 3PM  
1550 MAIDU DR.

150+ VENDORS SELLING HANDMADE ITEMS, USED BOOKSALE, FOOD AND DRINKS.  
FREE ADMISSION AND PARKING.  
RAIN OR SHINE!

ROSEVILLE CALIFORNIA

[roseville.ca.us/events](http://roseville.ca.us/events)

# Arts & Activities



## 2014 Sacred Heart Holiday Home Tour

Friday, December 5th: 11am to 8pm  
Saturday, December 6th: 10am to 7pm  
Sunday, December 7th: 11am to 5pm

Rain or shine!

One of Northern California's most popular holiday home tours returns with five elegantly decorated homes in East Sacramento's historic Fabulous Forties neighborhood. This self-guided walking tour traditionally begins on 38th street between J and Folsom Blvd with participating home addresses and a neighborhood map on the back of each ticket.

Don't miss the beloved Holiday Boutique and Cafe located at Sacred Heart Parish School.  
No ticket is required to visit the Holiday Boutique and Cafe.

Tickets are \$30 in advance and \$35 the day of the event.

Children over the age of one must have a ticket. Advance tickets can be purchased at a number of fine local retailers until Thursday night prior to the tour or online at [SacredHeartHomeTour.com](http://SacredHeartHomeTour.com)

The Holiday Home Tour is a fundraiser that benefits Sacred Heart Parish School. All ticket purchases are non-refundable.

**GUNTHER'S ICE CREAM**

December: Egg Nog & Spumoni

Come See Our Murals!

- Malts, Floats, Sundaes & Shakes
- Sandwiches/Soups
- Real Fruit Freezes
- Ice Cream Cakes & Pies
- Ice Cream Socials

We Make Our Own Ice Cream  
Open Daily: Sun-Thur: 10am - 9:30pm • Fri-Sat: 10am - 10pm  
70 years of business

2801 Franklin Blvd. (Corner of Franklin & 3rd Ave.)  
457-6646 • [www.gunthersicecream.com](http://www.gunthersicecream.com)

CHAUTAUQUA  
playhouse

Rodger Hoopman's  
*Scooge*

35TH ANNIVERSARY PRODUCTION

DECEMBER 5-23, 2014  
Fri & Sat at 8 pm  
Sunday at 2 pm  
Add'l performances:  
Dec. 22 & 23 (Mon-Tue) at 8 pm

Chautauqua Playhouse  
5325 Engle Road, Carmichael, CA  
In the La Sierra Community Center

Tickets: \$15 General  
\$10.00 Children (12 and under)

Tickets available online at  
[www.cplayhouse.org](http://www.cplayhouse.org)  
Or by phone at (916)489-7529

Dec. 6-20  
Sat. Noon and 2 pm  
ALL SEATS \$7

SACRAMENTO  
SYMPHONIC WINDS

Join the Sacramento Symphonic Winds for...

"Holiday Visions"  
conducted by Dr. Les Lehr

Sunday, December 14th 2013 at 2:30pm

Tickets sold at the door:  
General Admission \$15; Student/Senior (65+) \$10;  
Children 10 and Under Free  
More info at [www.SacWinds.org](http://www.SacWinds.org)

Crowne Plaza Sacramento Northeast  
5321 Date Ave., Sacramento CA, 95841  
(On Date just north of Madison east of I-80 interchange)



# St. Francis High teacher furthering notoriety in the art world through Johnny Cash project

By LANCE ARMSTRONG  
Lance@valcomnews.com

Editor's Note: This is part one of a two-part series about local artist Adan Romo.

Adan Romo, a longtime teacher at St. Francis High School in East Sacramento, has earned much recognition as a creator of public art. And that notoriety has come through a variety of art projects, including one that is beginning to earn him widespread attention.

His latest project, and one that will become the largest artistic endeavor of his career to date, will be a series of Johnny Cash sculptures in Folsom.

Already, that high profile project, which has not yet been commenced, has drawn the attention of such publications as Rolling Stone magazine, a London-based music magazine known as Uncut, and Yahoo!'s travel research site, Yahoo! Travel.

As an indication of Adan's busy schedule as an artist, while many Americans were relaxing at home or making their way through Black Friday crowds in search of heavily discounted items on the day after Thanksgiving, Adan was being interviewed by journalists eager to hear his story.

Adan's first interview of the day was with the aforementioned Uncut magazine, and then shortly after that interview was completed, he had a meeting with the East Sacramento News.

During his interview with this publication, Adan spoke about his co-operation of an art business and his acquisition of the Johnny Cash-related art project.

"I have my own company with my father (Jesus Romo)," Adan said. "It's called Romo Studios and we've been doing public artwork now for almost 20 years now. (The business's projects include) public artwork for churches or communities or schools or monuments. And so, the opportunity came up last year for the (Cash project).

"The city of Folsom put out a call to artists to create concepts for a new project they have there, which is to create a three-mile long trail near Folsom Prison that connects all their other existing trails. And they chose to call that three-mile portion the Johnny Cash Trail.

"Then they wanted to select six different artists to create six different artworks along that trail to celebrate Johnny Cash."

After pitching his ideas for each of the six artworks, Adan was informed that he was selected to create all of the art for the project.

To have his business presented with the opportunity to create all of these works of art was certainly more than Adan had envisioned.

Adan, who will be assisted with the project by his father, spoke at length about the project that will consume many hours of his life for about five consecutive years.

"It's an exciting project," Adan said. "It was a national competition and to get all six (artwork creation opportunities) was great. I got the call, probably last spring that I had won all the sites. And then I spent the summer fine tuning my concepts and creating (three-dimensional) models of the concepts.

(Adan presented those concepts) to the original panel that selected me to kind of make sure that everything was tight and all the details were dealt with



Photo by Lance Armstrong  
Sacramento native Adan Romo, shown in his midtown Sacramento studio, is expected to begin working on a sculpture project for the Johnny Cash Trail in Folsom this spring. This major art project is expected to be completed in 2020.

and questions were dealt with, and it navigated to the city council and all the city entities that a project like this has to move through (in) Folsom. And then last, the Johnny Cash family has to overlook it and make sure everything works within their interests. And then by next spring we should probably be actually getting started on the project.

"They're six completely different artworks from a figurative sculpture of Johnny Cash to one that is a sculpture that looks like a ring of fire from a distance the way it's lit. But each individual flame is a guitar pick that's welded together, so there's a ring of guitar picks that looks like a ring of fire from a distance to evoke his song, 'Ring of Fire.' That will sit on top of one of the hills. That will be about 15 feet tall.

"There's another work that's a series of laser cut poles that stand individually. All the poles sit together, but as you walk around the poles at one point, the way that the poles are cut, Johnny Cash's image emerges from a particular point of view.

"Each work is completely different and diverse. They're all sculpture pieces. The largest one is about 18 feet tall. That's going to be the laser cut poles. And then there's a figurative, realistic bronze sculpture of Johnny Cash that's going to be about 7 feet tall, which is going to be sitting in front of the prison."

Adan mentioned that his father will be creating the latter named sculpture, and he added that his father "brings a lot of technical understanding, engineering to what we do."

And Adan said that like his father, he will also create one of the Johnny Cash sculptures as a solo project.

The project will also feature a phone application created for the Johnny Cash Trail, which was opened with a ribbon cutting ceremony that was

attended Johnny Cash's eldest daughter, Roseanne Cash, on Oct. 4.

In speaking about that application, Adan said, "I also created a phone app, so that as you go along the trail visiting one art site to the other, different content and music comes up, so the visitor gets to experience some of the life of Johnny Cash and his music as they move through this trail. So, the Cash family in particular really likes that (idea), as well as the city of Folsom. So it's allowing me an opportunity to not only do what I do best, which is create works of art for the public, but also incorporate some technology into it to make the experience even richer for the visitors there."

Adan also spoke about the use of the Johnny Cash name and the Cash family's support of that use for the project.

"The great part of this project is the Johnny Cash name," said Adan, who noted that another one of Johnny Cash's daughter, Cindy Cash, was on the trail artwork selection committee. "He's so well loved. He's got so many fans that there's just been a tremendous amount of interest in the project. So, just being involved and being the lead artist on the project (is an honor).

"It's pretty unique. I mean, the city of Folsom is really the only city that could do something like this to commemorate Johnny Cash, because of his visit to Folsom Prison and because of his music that ties into Folsom. It really is part of the history of Folsom, so it makes sense that they do something like this. And the Cash family (is) usually reluctant to let their (famous relative's) name be used. They're very protective, obviously so, of the name and so they really loved the concept that the city put together and the art concepts that I put together. So, they've been extremely great to work with and it's great to have their support and their encouragement."

# Sacramento area museums get into the holiday spirit in December

Imagine. Explore. Discover. In addition to its fascinating Gold Rush past, the Sacramento area is rich with an amazing array of state-of-the-art museums and historic sites that offer visitors the chance to explore California's fine art, history, science, and wildlife treasures all year long. In December, many of the 30 members of Sacramento Association of Museums (SAM) are featuring a number of holiday-related events and activities, a few of which include the following:

**Gingerbread holiday at the Old Sacramento Schoolhouse Museum.** From Dec. 5-21, visit the Old Sacramento Schoolhouse Museum to see dozens of sweet confections on display during the 27th Annual Gingerbread Holiday celebration! Always free to visit, there will be houses, mansions, shacks and other gingerbread structures created by school children, families, bakery academy students and adults. Plus, guests can vote for their favorite entry! For more, visit [www.scoe.net/oldsacschoolhouse](http://www.scoe.net/oldsacschoolhouse)

**Santa's Workshop Open House at the Verge Center for the Arts:** On Dec. 13, celebrate the holiday season with Verge Center for the Arts and enjoy making fun arts and crafts! From noon to 4 p.m., guests will create holiday lanterns, pat-

terned wrapping paper, paper snowflakes, garlands and ornaments, too. Crafters will move from station to station making holiday masterpieces and enjoying a festive afternoon at Verge. For more, visit <http://vergeart.com>

**Victorian Holiday Ball & Pony Express Ride in Old Sacramento State Historic Park:** On Dec. 13, come one, come all to a traditional and free Victorian Holiday Ball complete with music and dancing! Guests are welcome to enjoy the festivities and can learn the fashionable dance steps of the time. Also, the Pony Express will ride into town to collect the mail as part of their day-long ride through Sacramento. And, cards and letters deposited in the Pony Express mailbox at the Sacramento History Museum will be stamped and delivered to loved ones across the country! For more, visit [www.historicoldsac.org](http://www.historicoldsac.org)

**Holiday Scents at the Discovery Museum Science & Space Center:** On Dec. 20-21, the Discovery Museum is focused on the scents! Think spicy cinnamon, delicious chestnuts, fragrant pine cones and more. Guests can visit special "smell" stations set up to test your nose on some mystery holiday aromas. Plus, kids crafts include a scented sachet to take home or give as

a gift! For more, visit [www.TheDiscovery.org](http://www.TheDiscovery.org)

For more information about upcoming activities offered by Sacramento area museums, "like" them on Facebook at [www.Facebook.com/SacMuseums](http://www.Facebook.com/SacMuseums), follow them on Twitter @SacMuseums or visit the newly updated and user-friendly website at [www.SacMuseums.org](http://www.SacMuseums.org).

**DO YOU HAVE A EVENT?**  
Tell us about it.  
e-mail Monica:  
[editor@valcomnews.com](mailto:editor@valcomnews.com)



ESKATON INDEPENDENT LIVING with SERVICES

## Land Park Friendly

**People are friendly at Eskaton Monroe Lodge. Maybe it's the lively environment or the set-your-own-pace lifestyle.**

Friendships blossom at our picturesque lodge, where you can join in on the recreation and excursions, spend time with friends, and interact with children through Kids Connection. Surrounded by three acres of trees and minutes from downtown Sacramento, Eskaton Monroe Lodge offers independent living in a country-like retreat with all the city advantages.

Housekeeping, dining and personal services keep life easy (and fun.) Eskaton Monroe Lodge is the active senior's answer to living the fullest and most independent life possible. So, call or visit us today.

**Live here ... Live at your own pace.**

**ESKATON**  
Transforming the Aging Experience

**Eskaton Monroe Lodge**  
Independent Living with Services  
3225 Freeport Boulevard | Sacramento, CA 95818  
**916-265-0038**

[eskaton.org](http://eskaton.org) | 866-ESKATON

Pet Friendly

**TRUE GEM IN ELMHURST!**

2633 57th St. - Sacramento, CA 95817  
Refinished hardwood floors welcome you to this relaxing family home with newly remodeled kitchen showing granite counters and cherry wood cabinets and a tiled bathroom with new vanity. The oversized backyard is an entertainer's delight with a large stamped concrete patio (partially covered), stubbed gas line for BBQ, tough tool shed, planter boxes, and more than enough room left over for the family croquet game. Did I mention the remote home office/in-law house?  
**\$299,000**

2100 28<sup>th</sup> Street • (916) 452-7535  
[www.GarciaRealEstate.com](http://www.GarciaRealEstate.com) • Hablamos Español

**FRANCO GARCIA**  
(916) 206-3802  
Lic# 00925201  
LIFE MEMBER

**ROSANNA GARCIA**  
(916) 202-7294  
Lic# 01058309  
CONTINUING MEMBER

**GARCIA REALTY**  
A SACRAMENTO TRADITION FOR OVER 40 YEARS



**PRECIOUS PAWS PET SERVICES**  
 \$5 OFF 1 FULL SERVICE BATH OR 1 FULL GROOM WITH THIS AD!  
 PRECIOUS PAWS PET SERVICES.COM  
 3434 BUCCANEER CIRCLE, SAC. (916) 679-0334

**HOLIDAY FLOWERS**  
 WHEN YOU WANT THE EXTRAORDINARY!

December 13: DIY class - Christmas Centerpiece & Holiday Decorating  
**Relles Florist & Gifts**  
 68 years in Sacramento with Service & Quality  
 Open Sundays  
 2400 J Street  
 (916) 441-1478  
 FREE PARKING • RELLESFLORIST.COM

*Enjoy Life at*  
**Pioneer Tower**  
 A 55+ Community

Come tour our newly remodeled, downtown facility featuring:  
 Spacious 1-bedroom apartments with complete kitchens, new appliances, walk-in showers, large closets, balconies, lovely views

We pay utilities, offer free transportation to shopping, medical appointments, and fun excursions to local area points of interest

- Active residents association with a variety of social activities
- On-site Service Coordinator
- 24-hour maintenance, compassionate, caring staff
- Small pets welcome
- Rental Assistance Programs for income-qualified applicants

**We Pay Utilities!**  
 Active Senior Living Retirement Community  
 515 P St., Sacramento  
 (916) 442-2907  
 www.rhf.org

# Matías Bombal's Hollywood

## The Hunger Games: Mockingjay Part 1

The MPAA has given this a PG-13 rating  
 Clever Katniss continues to captivate! From Lionsgate, the Hunger Games screen saga continues with the usual suspects: Ms. Jennifer Lawrence, of course, resumes her role as Katniss Everdeen; Liam Hemsworth, Donald Sutherland, Woody Harrelson, Julianne Moore, and Stanley Tucci are back again.

The late Philip Seymour Hoffman (Plutarch Heavensbee) photographed this screen chapter of the story with all of the previous movies at the same time. Seeing him now is particularly noticeable after his unfortunate passing and is an odd feeling.

This chapter, almost like classic serial chapters of the golden age of the movies with the necessary cliffhanger ending, follows Katniss' destruction of the games. She meets the President of District 13 (Julianne Moore) who convinces her to become the poster girl for the rebel cause against the Capitol. Katniss steps up to the challenge and ends up leading the rebels against an unknown future. She still holds a flame for Peeta Mellark (played by Josh Hutcherson, recapping his role), who is a prisoner of the Capitol.

In one scene, Katniss goes to a hospital in the war zone. The shots were very reminiscent of Scarlett O'Hara visiting the wounded soldiers in "Gone with the Wind". I found this to be an entertaining movie, and less loud and fast than the previous installments, and that's good. Donald Sutherland savors his role and it's great to see him on screen. Jeffrey Wright (Boardwalk Empire) returns and is good in this as Beetee. Ms. Lawrence is always fun to watch and will not disappoint in this offering of Hunger Games adventure.

## The Theory of Everything

The MPAA has rated this PG-13  
 Focus Features brings us a screen biography of famous physicist Steven Hawking, at least a tale that takes us to the present for at the time of this review, Mr. Hawking is still very much with us.

Screenwriter Anthony McCarten has based his screenplay on Mrs. Jane Hawking's book



"Traveling to Infinity: My Life with Stephen" and tells the story of the undefeatable and brilliant man from his early days in advance learning at Cambridge.

Eddie Redmayne plays Stephan Hawking and Felicity Jones is in the role of Jane, his first wife. What seems like bliss is interrupted by fate when one day, after a fall on the campus, Hawking is diagnosed with a motor neuron disease related to ALS, which will change his world forever. Does love conquer all? This is an engaging movie about overcoming life changing obstacles, and very inspirational to see.

Young Mr. Redmayne's performance is excellent, believable and touching. As often happens with non-documentary biographies on screen, a life time is skimmed to just highlights of key moments along the path of the subject, but here it is done convincingly and tactfully. Typical of British film making, the production values are excellent from set dressings, costumes and photography. Actors David Thewlis and Emily Watson round out the cast. This movie is directed by James Marsh and recently won the Audience Award at the Mill Valley Film Festival, so it seems to be a crowd pleaser already, and Hollywood insiders are saying that five letter word: Oscar.

**RESERVE YOUR SPACE**  
 IN THE UPCOMING

**California Kids!**  
 CALL (916) 429-9901 TODAY!

# Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

**ADDITION SPECIALIST**

**LYTLE CONSTRUCTION INC.**  
 Award-Winning Design/Build Firm  
 Serving Sacramento for more than 25 years

Remodeling and Design  
 LIC# 480492

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

**FREE Consultation**  
 916-422-6639

Certified Kitchen & Bath Remodeler

www.lytleconstruction.com

**YOUR AD SHOULD BE HERE!**

Call today!  
 Your services are needed.  
 Your ad should be here.  
 Ad design is free.  
 Call 429-9901

**BUILDERS**

**GOODRUM BUILDERS**  
 GENERAL CONTRACTORS SINCE 1979  
 For All Your Design/New Construction & Home Renovation Needs

- CUSTOM HOMES • KITCHEN/BATH REMODELS • ADDITIONS
- FULL TEAR-DOWNS • ROOFS • CONCRETE
- FIRE/FLOOD DAMAGE REPAIR • ADA ACCESSIBLE ALTERATIONS

CALL NOW FOR FREE ESTIMATE: (916) 441-4800  
 \*Highly Competitive Rates • CA Lic #794864 • Dryrot Specialists

**CABINETS - KITCHEN & BATH**

**Sac City Cabinets** Formerly Builders Surplus  
 Kitchen & Bath Cabinets & Design Center  
 FREE Estimates • Call: 916-369-1846 • www.saccitycabinets.com  
 Hours: Tues-Fri, 9am-5pm • Sat, 9:30am-4pm • Closed Sun & Mon  
 6015 Power Inn Rd. Ste K • Sacramento, CA 95824 • Email: saccitycabinets@yahoo.com

**YOUR AD SHOULD BE HERE!**

Call today!  
 Your services are needed.  
 Your ad should be here.  
 Ad design is free.  
 Call 429-9901

**CREATURE CATCHERS/REMOVAL**

**Creature Catchers Wildlife Management**  
 "If it walks or flies, we'll remove it!"

Humane and non-toxic solutions for both animals & man  
 Dead Animal Location/Removal • Exclusion Work  
 Live Trapping • Humane Removal • Repair  
 Skunks • Fox • Raccoon • Opossum • Squirrels  
 Mice/Rats • Birds/Bats (bat elimination)

CreatureCatchers.org 530 885-PEST(7378)  
 California State Trapping License #7781 - Insured by Leads of London

**CLEANING**

**Prime Quality Maintenance**  
 Free Estimates Licensed & Insured

- Rain Gutter Cleaning
- Window Cleaning (inside/out/screens washed)
- Pressure Washing (all surface areas)
- Hard Water Stain Removal
- Landscape Maintenance

Call Jesse: 916-428-2940

**CREATURE CATCHERS/REMOVAL**

**Creature Catchers Wildlife Management**  
 "If it walks or flies, we'll remove it!"

Humane and non-toxic solutions for both animals & man  
 Dead Animal Location/Removal • Exclusion Work  
 Live Trapping • Humane Removal • Repair  
 Skunks • Fox • Raccoon • Opossum • Squirrels  
 Mice/Rats • Birds/Bats (bat elimination)

CreatureCatchers.org 530 885-PEST(7378)  
 California State Trapping License #7781 - Insured by Leads of London

Your services are needed!  
 Call (916) 429-9901 and reserve your space on the East Sacramento News

**CUSTOM CONCRETE**

**Omega Concrete**  
 Serving Sacramento since 2000

Color Stamped Concrete  
 Concrete Removal  
 Pool Decks ... and MORE!  
 License # 780968  
 (916) 284-4982

**HANDYMAN**

**FREEDOM HANDYMAN SERVICE**  
 I specialize in all areas of home improvement!  
 Quality work the first time, guaranteed!

Carpentry - Electrical - Plumbing - Demolition  
 Sprinklers - Sheetrock  
 Accepts All Major Credit Cards  
 "Senior Discount"

NO JOB TOO SMALL!  
 Licensed and Insured #152902  
 Call Eric (916) 470-3488

**HANDYMAN**

**GET READY FOR WINTER!**

- HAULING & YARD CLEAN-UP
- ROTOTILLING/& SOD PLACEMENT
- CONCRETE REMOVAL
- RAIN GUTTER CLEANING
- PRESSURE WASHING

Pressure wash your driveways clean! your decks, too!  
 Clean out your garage! Replace that old lawn!  
 Hard work ---not a problem!  
 SPECIALS FOR SENIORS/\*SERVING THE AREA FOR OVER 17 YRS\*

Call LESTER  
 (916) 838-1247  
 Lic#128758/Ref

**HOUSE CLEANING**

**Allaway's House Cleaning**  
 • Owner Operated • Reasonable Rates  
 • Satisfaction Guaranteed

Excellent References of 20 Years or More  
 Call Rick: (916) 832-4199  
 (916) 600-0172  
 for FREE Estimate • Licensed & Bonded

**LANDSCAPE/HANDYMAN**

**LANDSCAPE MAINTENANCE**  
 25 yrs of reliable experience  
 Quality work —  
 "By the Job or By the Hour"

- WEEKLY YARD CARE
- ONE TIME CLEAN-UP

Extensive plant knowledge  
 FREE Estimates! CALL 737-6589

**PAINTING**

**SAVE \$500!**  
 CALL FOR YOUR FREE ESTIMATE TODAY!  
 on any complete exterior / interior paint job (not valid with any other offer)

**(916) 424-4008**

**YOUR AD SHOULD BE HERE!**

Call today!  
 Your services are needed.  
 Your ad should be here.  
 Ad design is free.  
 Call 429-9901

**PAINTING**

**GARY'S PAINTING**  
 CUSTOM RESIDENTIAL  
 INTERIOR & EXTERIOR OVER 20  
 YEARS EXPERIENCE WITH PRIDE  
 EXCELLENT REFERENCES

725-8781  
 Contractors Lic. # 734323  
 McClatchy '67  
 "Member BBB"

**SOVEREIGN PAINTING**  
 Quality craftsmanship 3rd Generation Painter  
 with over 30-years experience  
 (916) 422-4416  
 sovereignpaintingco.com  
 sovereignpaint@yahoo.com

Dan Sovereign, Interior & Exterior Painting  
 Lic.# 484215  
 Better Business Bureau Member



# Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

**PAINTING**

**COOK PAINTING**  
Full Service Company – Start to Finish

**Freshen up for the holidays!**  
VCN Special

In business since 1982  
CSL# 432951

• Custom Painting • Super clean, neat & fast  
• Interior/Exterior • Cabinets

Specializing in custom trim & moulding!  
Color Consultants • Free Estimates

**(916) 591-5056**

**TREE SERVICE**

**LHT**  
HAMAN LANDSCAPE AND TREE

Trimming, thinning, shaping & stump removal.  
Experts on large & dangerous trees.

Lic# 723469  
Licensed & insured • 35 years in business  
24 hour emergency service

**916-451-9377 • hamantreeservice.com**

**PLUMBING**

**ROONEY'S PLUMBING**  
FULL SERVICE PLUMBING

**456-7777**

rooneysplumbing.com  
License #683668

**TREE SERVICE**

**DON'S TREE SERVICE**  
ISA CERTIFIED ARBORIST WE4590A

Trimming, thinning, shaping & stump removal  
Family Owned & Operated since 1967

#1 in customer satisfaction  
**(916) 428-4882**  
**(916) 689-5244**  
www.donandsonreeservice.com  
Lic# 331196

**ROOFING/SIDING**

**ZIMMERMAN REROOFING**

3675 R Street  
Sacramento, California 95816  
East Sac Specialists  
454-3667  
zimroof.com  
License #763169 Dave Zimmerman

**TREE SERVICE**

**Terra Bella Tree Service**  
*"Not your typical tree, blow & go company!"*

• Tree Trimming • Stump Grinding  
• Tree Removal • Clean Ups!  
• 20 years experience!

Call Randy (916) 454-3430 or 802-9897  
www.terrabellagarden.com • Lic# 974388

**YOUR AD SHOULD BE HERE!**

**Call today!**  
Your services are needed.  
Your ad should be here.  
Ad design is free.  
Call 429-9901

**RESERVE YOUR SPACE IN THE UPCOMING**

**California Kids!**

CALL (916) 429-9901 TODAY!

**— EVENT LISTING SECTION —**

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers.  
Call (916) 429-9901 for rates.

**December Show**  
Craft Fair at Casa Event Center

Handmade Only • Dec. 1-5 11am-3pm

**Casa Gardens**  
2760 Sutterville Rd., Sacramento, CA  
Also visit Casa Garden Restaurant!

(916) 452-2809 • Reservations Recommended

**Crockett-Deane Ballet & Deane Dance Center**  
present

**Nutcracker & Christmas Angels**  
Saturday, Dec. 20 – 7 p.m.  
Sunday, Dec. 21 – 2 p.m.

"The Center" 2300 Sierra Blvd., Sacramento  
\$15 adults; \$12 Seniors/Students; \$10 Children  
**(916) 453-0226**  
DeaneDanceCenter.com

**36th Annual Holiday Show of Hands Craft Fair**

Early Bird Sale, Friday, Dec 5th, 5-9 pm (\$3)  
Saturday, Dec 6th, 9 am-7pm  
Sunday Dec 7th, 9 am-3pm

Over 150 vendors!  
Unique Hand-crafted gifts, decorative items, collectibles,  
Silent Auction, Hot Lunch — Shuttle from Eld's Club

St. John the Evangelist • 5701 Locust Avenue, Carmichael

**Genevieve Didion Middle School**  
INFO NIGHT

Thursday, Dec. 11 – 6:30 p.m.  
Visitation Days –  
Dec. 15th & 16th  
& Jan. 13th & 15th

Please call to schedule  
**(916) 433-5039**  
6490 Harmon Dr., Sacto. 95831

**HOLIDAY CRAFT FAIRE**

Friday, Dec. 5th  
11 a.m. – 7:30 p.m.

**Sierra 2 Senior Center**  
2791 24th Street  
**(916) 452-3005**  
www.sierra2.org

**CALL AND PLACE YOUR EVENT TODAY!**  
**(916) 429-9901**

# CALENDAR

## DECEMBER

### Sacramento City College Annual Holiday Art Sale

Dec. 4-5: Buy unique handmade art/gifts and support SCC art students and the Kondos Gallery. Great prices! Dec 3 and 4 from 10 a.m. to 2 p.m. and 5 to 6:45 p.m., on Dec. 5 from 10 a.m. to noon, Sacramento City College Cafeteria, 3835 Freeport Blvd. For more information, call 558-2559 or email griffij@sccl.losrios.edu or visit www.kondos-gallery.org for information. Parking is \$2 (you get a parking slip from a vending station)

### Christmas with a Cause

Dec. 5: A holiday music show benefiting Mustard Seed School will be held Friday, December 5, in the Grand Hall at Clunie Community Center at 7 p.m. Local musicians including The Pressure Lounge & Friends, Theotokos featuring Amy Anne, Joe Kye, and The J Band will provide a mix of original songs and Christmas favorites. Funds raised go to the Mustard Seed School, school at Loaves and Fishes for homeless children. There will be a suggested donation of \$10 to attend the concert. The event is open to all ages. For more information or to volunteer at the event call Josh Krage at 702-245-9635.

### Friends of the Belle Coolidge Library booksale

Dec. 5-6: The Friends of the Belle Coolidge Library is having a book sale on Friday, Dec. 5 from 10 a.m. to 6 p.m. and Saturday, Dec. 6 from 10 a.m. to 3 p.m. inside the Community Room. 5600 South Land Park Dr.

### Sacred Heart Holiday Home Tour

Dec. 5-7: Sacred Heart Parish School will hold its annual Holiday Home Tour on Friday, Dec. 5, Saturday, Dec. 6 and Sunday, Dec. 7. Five houses in East Sacramento's Fabulous Forties neighborhood will be decorated for the holidays by local interior designers and florists. Homes on the tour this year range in style from a stately Tudor to a grand European-inspired home that was once a two-bedroom cottage. Tour hours are Friday from 11 a.m. to 8 p.m.; Saturday from 10 a.m. to 7 p.m.; and Sunday from 11 a.m. to 5 p.m. Tickets are \$30 in advance, \$35 on the days of the tour. Tickets are available online and at more than a dozen retailers including Haus Home and Gifts, The Pink House, Talini's Garden Center, Green Acres Nursery and East Sac Hardware. During the tour weekend, tickets will be sold at the school. There will also be a cafe and gift shop at the school, located at 856 39th St. For more information and a full listing of retailer locations, visit www.sacredheartmetour.com.

### Santa's East Sac Adventure

Dec. 6: Theodore Judah School PTA will hold a holiday boutique from 10 a.m. to 2 p.m. Gifts from local businesses will be available for purchase. There will be performances by Fancy Feet's Velocity Dance Company, a visit from Santa and a petting farm. A gingerbread workshop for children and families will also be held. The cost per house will be \$15. Theodore Judah Elementary School is at 3919 McKinley Blvd. For more information, go to www.theodorejudahpta.org.

### The Ben Ali Shrine Ladies Holiday Bazaar

Dec. 6: The Ben Ali Shrine Ladies Holiday Bazaar will be from 8:30 a.m. to 12:30 p.m. It will feature more than 100 booths selling homemade treats, crafts and holiday decorations. Santa Claus will be available for photos. Admission is free. All proceeds benefit the transportation fund of Sacramento Shriners Hospital. The bazaar will be at Scottish Rite Masonic Center, 6151 H St. For more information, go to www.benalishrine.org.

### California International Marathon (CIM)

Dec. 7: More than 12,000 participants are expected to race through East Sacramento and Midtown on Sunday, December 7, during the 32nd annual California International Marathon. The 26.2-mile race begins at 7 a.m. in Folsom, winds its way west through East Sacramento and Midtown and concludes at the State Capitol. The course traces an historic route used by the gold miners during the 1849 Gold Rush. J Street and Alhambra Boulevard

will be closed to traffic from approximately 8:03 a.m. to 1 p.m. Organizers note that these streets will offer local residents a great opportunity to see some world-class runners. For more information, go to www.runcim.org

### Jingle Bell Run/Walk

Dec. 13: The Sacramento Jingle Bell Run/Walk is a fun, festive event for the whole family! Put on your reindeer antlers and your running shoes and come join us for some holiday cheer at Crocker Park in downtown Sacramento. The event is fun for all and open to all ages. You can participate in the 5-K timed race or the 5-K Fun Run/Walk with holiday themed activities all along the course! Bring your friends,

family, coworkers, and your furry friends, too! Crocker Park is located at 211 O St. For more information, call 368-5599 or email edahler@arthritis.org. Packet Pick-up and late registration is available at Sports Authority in Natomas, 3632 N. Freeway Blvd. From 10 a.m. to 7 p.m. Santa's Community Village (vendors) will be available from 7:30 to 8:30 a.m. Registration is from 7:30 to 8:15 a.m. Candy Cane Kids Run will be held from 8:15 to 8:25 a.m. The timed 5-K run will take place from 8:30 to 9:30 a.m. and the family fun run/walk will take place from 8:45 to 9 a.m. Awards and entertainment will follow from 9:45 to 10 a.m. Fees: 5K Run/Walk - Early Bird: \$30; Adult Registration Candy Cane Kids Fun Run is \$15.

**evolution yoga** Donation based, grassroots, sustainable.

Curious about yoga but intimidated to try it? Can't afford pricy studio memberships? Please join me in a welcoming environment to learn Vinyasa Yoga

Mondays 6-7am • Thursdays 6:30-7:45pm • Saturdays 11:30am-12:45pm  
**The Table UMC - 5265 H Street, Sacramento**

**(916) 600-0055**  
Nicole.evolutionyoga@yahoo.com  
facebook.com/evolutionyogasacramento

This is a donation based practice. Pay only what you wish or are able. Please bring a mat if possible. A limited number of loaner mats will be available.

**We Care Every Day In Every Way.**

Errands • Shopping • Light Housekeeping • Meal Preparation  
Friendly Companionship • Flexible Hourly Care  
Respite Care for Families • Live-in Care

**916.971.9333**  
www.VisitingAngels.com/Sacramento

America's Choice in Homecare.  
**VisitingAngels**  
LIVING ASSISTANCE SERVICES

Each Visiting Angels agency is independently owned and operated.

**Holiday Camp**  
December 22, 23, 26, 29 & 30  
January 2

**Holiday Special!**  
No registration fee in December

**Free Rhythmic Classes!**  
Tues/Thurs at 5:30pm  
Come check out our new program!

**Holiday Show**  
December 20th at 6pm

**INTERNATIONAL GYMNASTICS CENTRE, USA**  
The Art of Gymnastics

**916-372-4496 • 1260 Triangle Ct.**  
www.SacramentoGymnasticsCentre.com

# CLASSIFIED ADS

Call a sales representative today for great advertising rates: 429-9901

**HANDYMAN**

**HANDYMAN SERVICES**  
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

**WINTER CLEAN UP SPECIALS**  
Rain gutters cleaned, concrete removal, sod placement, rototilling, pressure washing/power spray, yard work, hauling, painting, tree & shrub removal, general labor, fence repair, odd jobs & more. References available. In business for 17 years. Licensed. Call Les at 838-1247.

**HARDWOOD FLOORS**

**REFINISH OR INSTALL**  
Install, sand & finish hardwood flooring or refurbish your existing hardwood floors. Call Michael at (916) 383-8742. Lic#544159 Ref available

**Sell your car! 429-9901**

**TAX PREPARER**

**#1 TAX PREPARER**  
31 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820, Nevada (775) 410-3422. Same low 1990 rates.  
www.taxirene.info • taxireneinfo@gmail.com

**FOR A BOX CLASSIFIED AD**  
Call Melissa  
**429-9901**

**BOOKKEEPING**

**#1 BOOKKEEPER**  
31 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422.  
www.taxirene.info • taxireneinfo@gmail.com



# GIFT GUIDE FOR NEIGHBORHOOD SHOPPING

To help neighbors support the community that brings so much diversity to the East Sacramento area, we've provided readers with a gift guide that we hope helps encourage shopping locally.

## Christkindmarkt at Sacramento Turn Verein

Sacramento Turn Verein (3349 J St.) presents live Christmas music, arts, crafts, ornaments, cookies and cakes for sale. Nurnberg sausage dinner and Gluhwein (hot spiced wine). Saturday Dec. 6 from 10 a.m. to 6 p.m. and Sunday, Dec. 7 from 11 a.m. to 5 p.m. Admission at the door is \$3. Children 12 and younger are free. Family admission is free with the donation of a child's coat. For more information, call 442-7360.

## First Christian Church Craft Fair

Two dozen artisans and crafters have produced many unique items, including holiday décor, jewelry and housewares from 9 a.m. to 4 p.m. on Saturday, Dec. 6 at First Christian Church, 3901 Folsom Blvd. There will also be a bake sale!

## Chefs' Olive Mix gift baskets

Chefs' Olive Mix is an extraordinary specialty store in Historic Old Sacramento where you can taste 64 extra virgin olive oils, fused and infused olive oils, dark balsamics, white balsamics, specialty vinegars and gourmet oils available in the world today. When you first walk into this delightfully charming upscale tasting room, you can't help but be dazzled by the 64 shiny and stunning stainless steel tanks (called fustis) that line the walls like proudly decorated soldiers. Each fusti contains either extra virgin olive oils from all over the world or balsamic vinegars from the most revered producers in Modena, Italy. You'll then be immediately greeted by one of our extremely welcoming and knowledgeable team members eager to help navigate you through the plethora of amazing extra virgin olive oil and balsamic flavors.

## Hair ties for a cause

St. Francis High School student Emma-Kate Brown makes the hair ties and donates half the proceeds to Women's Empowerment. Emma-Kate has her hair ties sold at Crazy Mary in East Sacramento, Sugar Shack in Midtown, Sugar Hair Salon near Loehmann's Plaza and Mona Mia, also near Loehmann's Plaza. She's

making holiday hair ties now. Girls at her school use them as hair ties and as a cute bracelet that can turn into a hair tie if they want to put their hair up. Such an amazing, creative girl! And she and her mom are going to be hosting a booth at Women's Empowerment's annual Holiday Craft Party in December, where formerly homeless women have the chance to make gifts for their loved ones. (See story on Emma-Kate on the next page.)

## A gift for you and your kids

Rossi Sculptural Designs allows you to enjoy two hours of personal time, while your kids explore different art mediums and bring home a unique piece of art to remember the day by. In Kids Art Class, kids will be creating unique and colorful fused glass art and a mixed media painting. Every child will get the attention they need to create their own master piece of art and have fun! Visit <http://rossisculpturaldesigns.com/> for more information. They have gift certificates! Rossi Sculptural Designs studio is located at 1801 20th St.; 849-2201.

## A season pass or gift membership to Camp Pollock

Don't know what to give the person who has everything? Give an SVC Season Pass or Gift Membership, now with complimentary preserve photo greeting card! The 2015 season pass, valid for most Deer Creek Hills and Camp Pollock outings are on sale for only \$50. Next year's outings include hiking, birding, kayak/ canoeing, mountain biking, equestrian, camping, and special bat and star gazing outings throughout the year. Purchase by Monday, Dec. 15 and your season pass or gift membership will mail in time for the holiday, complete with a special preserve photo greeting card. SVC Season Passes and SVC Gift Memberships are available online by selecting the Giving Ideas button at [www.sacramentovalleyconservancy.org](http://www.sacramentovalleyconservancy.org) or call 974-4331.

## Ginger Elizabeth Chocolates

As a wonderful local brand with world-class products, delicious treats from Ginger Elizabeth Chocolates make a fabulous gift for the holidays. Ginger Elizabeth Chocolates, 1801 L St., No. 60, has Holiday Buche de Noel, holiday bonbons, peppermint bark, peppermint hot chocolate, chocolate Santas and more. Ginger Elizabeth is open Tuesday through Thursday, 10 a.m. to 8 p.m. and, Friday and Saturday, 10 a.m. to 10 p.m., Sunday, 11 a.m. to 5 p.m.

## Book by local author Cori Martinez, owner of Asha Yoga

"Plus One: Finding God on the Yoga Mat" is basically about living real life with more love. Despite the title, it is not really a yoga book. It's a life book. Many women who are looking internally (and sometimes externally) to find happiness will relate and appreciate the story. All of Asha's teachers are very mindful about the whole system of yoga and they teach from a very heart-centered and anatomically educated place. Although most people will get a workout in some of the classes, that's not really the goal. The goal is to help transform one's body, clear the mind, balance energy, and open one's heart so that you can feel good, be happy and love life. The book is available on Amazon.

## A free gift from a local poet!

For the lovers of poetry in your life, Frank Dixon Graham will be offering six poetry sessions free of charge, starting in the new year on Wednesday, Jan. 28 from 7 to 8:30 p.m. at the Clunie Community Center. Participants will hear a brief lecture about the topic, read works of the great 19th century American poets together in class and write their own poems. Critiques are offered by the instructor and fellow classmates in a friendly and supportive workshop style environment. Each session is its own entity, so that a participant may choose to attend one class or all six (or any number in between) and never feel lost. Writers at any level are welcome. The classes are free and held in the lovely Reagan room of the Clunie Community Center at 601 Alhambra Blvd. All sessions are taught by editor and published poet Frank Dixon Graham and sponsored by the McKinley Library. Contact Frank at [Frank.Graham@Goddard.edu](mailto:Frank.Graham@Goddard.edu) for more information. It's a gift worth re-gifting again and again! Jan. 28 - Love, Obsession & Death: Edgar Allan Poe  
Feb. 4 - Emily Dickinson: Sentimentality & Seclusion  
Feb. 11 - The Fireside Poets: Longfellow, Whittier & Holmes  
Feb. 18 - Break (class does not meet)  
Feb. 25 - African American Slavery Literature: George Moses Horton & Frances Ellen Watkins Harper  
March 4 - Emerson & Thoreau: Nature & Transcendentalism  
March 11 - Walt Whitman: The American Romanticist

## Family portraits

Will you be sending out Christmas cards this year with your family portrait on it? If so, go local with photos by Crowley. Valley Community Newspapers' staff photographer, Steve Crowley, loves being able to use his photography skills and abilities to capture the "inner essence" of his subjects, a valuable skill in portraiture. Outside of newspaper photography, Steve specializes in weddings, portraits, events, and work with small businesses and their photography needs. Contact Steve at [steve@valcomnews.com](mailto:steve@valcomnews.com) or visit his website, [photosbycrowley.com](http://photosbycrowley.com)

## Mama Willow Tree

Buyers can purchase handmade exquisite indigenous items that infuse beauty created by women artisans from around the world. A percentage of proceeds go to support socioeconomic development projects for women in de-

veloping nations with a goal toward improving the community as a whole. Sold at local farmers' markets, why not purchase with a purpose? Orders may be placed through the website, <http://mamawillowtree.com>; direct inquiries can be sent to [Mama@mamawillowtree.com](mailto:Mama@mamawillowtree.com)

## BOOK: "Echoes of Yesterday Elk Grove: An Inside View of Historic Sites"

Do you know anyone who grew up in Elk Grove? If so, this book by Valley Community Newspapers' Lance Armstrong is a must-read for that relative from the suburbs. Preserved on the pages of this book are the histories of many people who have walked the land of Elk Grove at various times from the 1850s through some of the earliest years of the 21st century. Armstrong spent more than three years collecting historical information via interviews, historical records and compiling one of Elk Grove's most extensive collections of historical photographs. Buy the book online at [www.echoesofyesterday.com](http://www.echoesofyesterday.com) or contact Lance at [lance@valcomnews.com](mailto:lance@valcomnews.com).

## Gift guide:

Continued from page 18

veloping nations with a goal toward improving the community as a whole. Sold at local farmers' markets, why not purchase with a purpose? Orders may be placed through the website, <http://mamawillowtree.com>; direct inquiries can be sent to [Mama@mamawillowtree.com](mailto:Mama@mamawillowtree.com)

## Pre-Kwanzaa celebration

Sacramento Association of Black Social Workers in the spirit of Ujima - Collective presents the annual pre-Kwanzaa celebration on Saturday, Dec. 6, from noon to 4 p.m. Shop early for Kwanzaa gifts from diverse vendors at the Women's Civic Improvement Center, 3555 3rd Ave. Organizers are requesting UNWORN hats and/ or gloves for infants and children and toiletry items to ship to Africa. For more information, contact: Ms. Thomas 420-1175 or Ms. Battle at 475-8053.

## Holiday stocking drive

Local residents are bringing smiles to formerly homeless women and children this holiday season by contributing to Women's Empowerment's annual Holiday Stocking Drive. More than a hundred graduates of the program, and their children, will receive the holiday stockings from Santa Claus at Women's Empowerment's annual Holiday Craft Party happening in December at St. Francis Catholic High School. Soroptimists International of Greater Sacramento is coordinating and hosting the event.

Women's Empowerment is hoping more East Sacramento residents will get involved in the Holiday Stocking Drive that is seeking 250 stockings and specific fillers for local infants and toddlers, children, teens and adult women once homeless. For the list of items needed, visit [www.womens-empowerment.org](http://www.womens-empowerment.org). Those interested also can donate \$30 to have a volunteer elf fill a stocking or donate Target gift cards. Items are needed by Dec. 5 and can be dropped off at 1590 North A St. in Sacramento.

# St. Francis student and Arden-based National Charity League fill stockings for homeless women and children

By KRISTIN THEBAUD



Shown above, St. Francis High School student Emma-Kate Brown has created a line of hair ties called Loops and began donating 50 percent of the proceeds to nonprofits working with women and children.

At age 17, Emma-Kate Brown a student at St. Francis High School is already a veteran at helping local women's and children's causes. In her freshman year of high school, she created a line of hair ties called Loops and began donating 50 percent of the proceeds to nonprofits working with women and children. She and her mother are avid members of the Arden-based National Charity League, and her family has always valued philanthropy.

Last December, she and her mother donated holiday stockings to local nonprofit Women's Empowerment, which empowers and educates homeless women to find work, secure housing and create a healthy lifestyle for their families.

But when she and her mother went down to Women's Empowerment for a tour in early 2014, she found her pet cause.

"When we went to visit Women's Empowerment, there was a feeling of peace around the building," Brown said. "It was so beautiful what they were doing. All of the women seemed so appreciative, kind and professional. All of the employees really supported the women. There was a real sense of encouragement and love throughout the entire place. It gave me a warm feeling."

Brown now donates 50 percent of the proceeds from each Loop to Women's Empowerment. Her hair ties can be found in several local boutiques, including Crazy Mary, Sugar Shack, Mona Mia and Sugar Hair Boutique. She is even creating a holiday line for the upcoming season.

Brown's mother, Katie, owns Rytina Fine Cleaners, a high end dry cleaning service in Arden, that is now donating cleaning for any professional attire or formal wear that Women's Empowerment receives for its clothing closet. She plans to run a drive for professional attire and formal wear in the spring.

As the holidays approach, the Browns are not only planning to donate stockings to Women's Empowerment again, they are running one of the craft tables at the group's Holiday Craft Party where the women and children make holiday gifts for loved ones and are surprised with the stockings. They will be helping formerly homeless women and their children make bracelets using the same concept as the hair ties.

"I love doing crafts and being able to pass that love onto them," Brown

said. "Maybe they will realize this is something they truly love and will go back and find a way to continue making crafts."

Brown also is excited to see the women's and children's faces when Santa Claus appears with the holiday stockings. She hopes more Arden and Carmichael residents will get involved in the Holiday Stocking Drive that is seeking 250 stockings and specific fillers for local infants and toddlers, children, teens and adult women once homeless. For the list of items needed and dropoff details, visit [www.womens-empowerment.org](http://www.womens-empowerment.org). Those interested also can donate \$30 to have a volunteer elf fill a stocking or donate Target gift cards. Stockings for adults and teens are especially needed. Items are needed by Dec. 5 and can be dropped off at 1590 North A Street, Sacramento.

The National Charity League Sacramento Chapter that meets in Arden will once again be donating more than 50 holiday stockings to Women's Empowerment - its third year participating in the drive and sixth year working with Women's Empowerment, one of 22 local organizations this mother-daughter group supports.

"Women's Empowerment is near and dear to our hearts since it is an organization that empowers and educates women," said Sheryl Burns, former board chair of the National Charity League Sacramento Chapter and member of nine years.

Women's Empowerment offers the most comprehensive job-readiness program in the Sacramento area designed specifically for women who are homeless and their chil-



Shown at left, here are some of Emma-Kate's hair ties she's been selling at her school, St. Francis High School and through out local boutiques.

dren. The 2014 Organization of the Year has graduated 1,177 homeless women and their 2,552 children. Last year, 81 percent of graduates found homes and 90 percent found jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures. Women's Empowerment is funded solely through private donations from the community. To donate online: [www.womens-empowerment.org](http://www.womens-empowerment.org).

"It's such a beautiful and moving experience to surprise women and children once homeless with holiday cheer and necessary items needed to stay warm as they celebrate their first holiday season in their new homes," said Lisa Culp, executive director. "We hope the local community will be part of this magical experience by filling a stocking for these amazing women and children."





**PENDING**

**HEART WARMING CHARACTER**

4 bedroom 3 bath former carriage barn tastefully expanded into a bright, spacious and accommodating family home. Gourmet kitchen, gated courtyard with its lovely gardens, sweet pool, cozy fire-pit and stone patio. Carmel feeling with all the modern amenities of today. \$829,000

**TIM COLLOM 247-8048**



**BEAUTIFUL ENGLISH TUDOR**

Fabulous 44th Street! 1920's charm preserved while many modern upgrades were added, including remodeled bathrooms, kitchen and den. 4 or 5 bedrooms 2½ baths, Newer roof, instant hot water system with tank-less heater. Relax in front courtyard and lovely backyard with beamed patio cover. \$1,025,000

**DAVID KIRRENE 531-7495**



**MAGNIFICENT MCKINLEY PARK**

5 bedroom 4 bath home recently remodeled! Spectacular upstairs addition, 3 bedrooms, 2 baths and over 400 sq. ft. of storage space! 2 downstairs bedrooms, 2 baths, this home has every amenity you can dream of including a finished basement man cave or playroom! Beautiful finished landscaped yard! \$1,099,000

**JAMIE RICH 612-4000**



**EAST SAC AT IT'S BEST**

Fabulous Forties 3 bedroom 2½ bath home; meticulously updated for your enjoyment. This spacious home has an office; a finished basement that could be a playroom or movie room; and a fully renovated master bath with designer tub and large shower. Master suite with fireplace. \$679,000

**TIM COLLOM 247-8048**



**WONDERFUL RIVER PARK**

Lovely 3 bedroom home with remodeled bath, recently painted exterior! Kitchen has been remodeled with granite and the cabinets were replaced. Huge backyard features a beautiful swimming pool and great shade trees. 2-car garage. \$449,000

**LEIGH RUTLEDGE 612-6911  
BILL HAMBRICK 600-6528**



**PENDING**

**CONVENIENT EAST SAC HOME**

This 3 bedroom 2 bath home is located minutes from downtown and is virtually in walking distance to everything East Sacramento has to offer. The large open floor plan is perfect for entertaining and family gatherings. Large master suite, fireplace, and a fully landscaped yard with a garden. \$345,000

**TIM COLLOM 247-8048**



**MIDTOWN**

Located in the heart of Midtown, this well-maintained two bedroom condo features a spacious floor plan, a charming fireplace, and newer paint. This 2 bedroom 1½ bath condo is in a superb location with private gated access, assigned parking space and balcony upstairs. \$210,000

**TIM COLLOM 247-8048**



**PENDING**

**T STREET PARKWAY**

Enjoy the Parkway as your front yard! This cute 2 bedroom cottage home has beautifully refinished hardwood floors, fresh paint throughout, dual paned windows and plantation blinds. Waiting for your landscaping touches. This home is priced to sell. \$395,000

**DAVID KIRRENE 531-7495**



**OPPORTUNITY KNOCKS**

Opportunity to live in East Sacramento and walk to all the great restaurants. Right off 51st Street, this 2 bedroom home sits on a quiet dead-end street. Large lot provides for a great yard. A comfortable sweet starter home or investment property. \$279,900

**JAMIE RICH 612-4000**

*for current home listings, please visit:*

**DUNNIGANREALTORS.COM**

**916.484.2030**

**916.454.5753**



**Dunnigan is a different kind of Realtor.®**