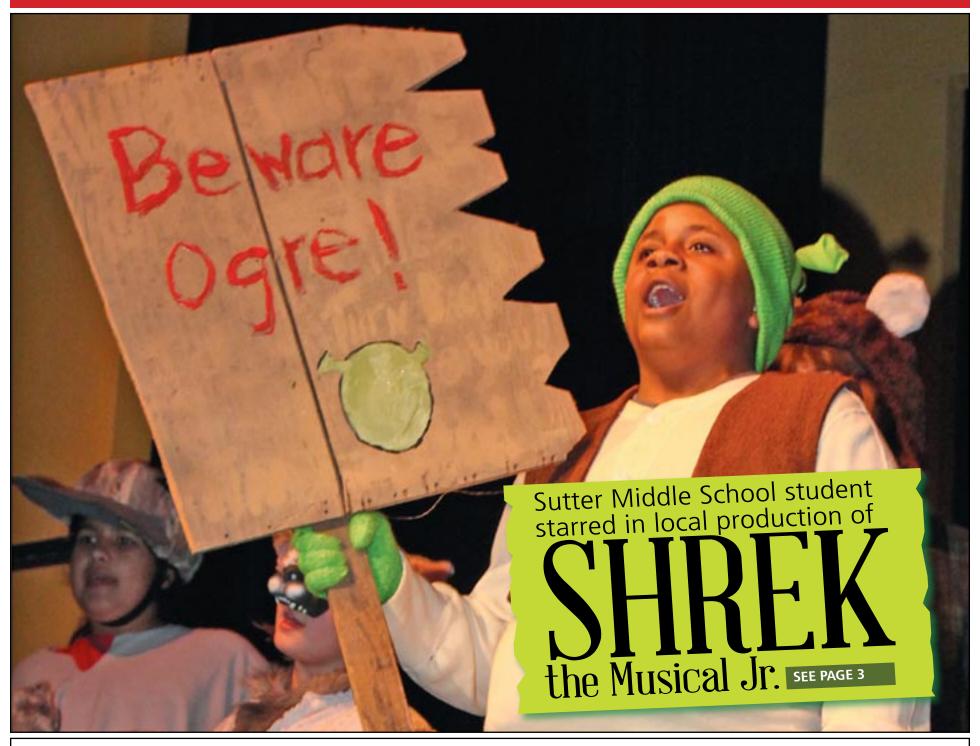
EAST SACRAMENTO NEWS

- BRINGING YOU COMMUNITY NEWS FOR 24 YEARS -



Sutter Memorial Hospital to close in May





River Park resident discusses his storied life as a former Israeli journalist and growing up in small town Ukiah

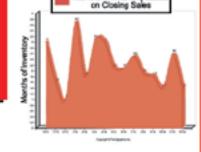
■ See page 8





CalBRE# 01442897





Wanted!

More
inventory
for East Sac.
Call Sara &
lets plan
your next
move.
It is the right
time to sell!

Download my new mobile app on your iPhone or Android device!

Go To: CallSara.com on your device to download



Property searches, open houses, sare your favorites & more!



East Sacramento News

E-mail stories & photos to: editor@valcomnews.com

East Sacramento News is published on the first and third Thursday of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway

General Manager Kathleen Egan . Monica Stark Art Director. . John Ochoa Advertising Executives:Linda Pohl, Melissa Andrews Distribution/Subscriptions .

Copyright 2015 by Valley Community Newspapers Inc. All rights reserved Reproduction in whole or in part without written permission is prohibited.

2709 Riverside Blvd CA 95818 : (916) 429-9901 f: (916) 429-9906

Cover photos: Stephen Crowley

Other photos: Lance Armstron

Living, Working & Investing in East Sacramento Real Estate for Over 30 Years.

> Call Kurt for all your Real Estate needs!



KURT CAMPBELL PROFESSIONAL REAL ESTATE CONSULTANT

956-5878





The Best Dealer Alternative!

Neighborhood Shop Built

on Honesty & Integrity.





5600 Elvas Ave., Sacramento, 95819

Serving the Sacramento

• Shuttle service available

916-452-5067





Compton's Market on McKinley Boulevard is getting a new roof but is open during construction. Soon, the location will be offering customers a full fledge deli, juice bar, and a more comprehensive outdoor patio and dining area.

On The Curbs with Paula Peper, Theodore **Judah first graders and Compton's Market**

By MIKE SAELTZER

On Wednesday, Jan. 14, East Sacramento Preservation held the first of its speakers series in-

side of the East Sacramento Room of the Clunie Community Center. The guest speaker was the renown Paula Peper, a nationally recognized award winning ecologist, tree expert, historian, author, urban forest researcher, and retired United States Department of Agriculture Forest Service employee. It was standing room only for more than 60 attendees. Paula delighted the audience with a slideshow presentation featuring stories about our East Sacramento heritage starting from the days of the Native Americans, and ending in present time.

She captivated the audience by telling many stories related to our historic families, their businesses, and homes many of which still have lasting impacts on our lives today. Skillfully intertwined in this presentation were examples of tree care and planting done the right way (properly spaced and diversified), and the wrong way. Did you know that one storm wiped out more than 600 trees in Sacramento in one day? Next up in the speakers series will be Bill Burg, author and Sacramento Old City Association President. Visit ww.eastsacprevervation.org for details.

The umpteenth annual Theodore Judah First Grade Boat Float festival took place on Wednesday, Jan. 28. This is a tradition that goes back in time for who knows exactly how long. Every January each first grader is given 30 days to build a boat. Creativity and imagination are allowed to flow freely as the only requirements are that the boat float, and that it be no larger that the size of a cereal box.

Mrs. Hein, Mrs. Gonsalves, and Mrs. Brown did an amazing job commandeering the approximately 86 7 year olds who participated, with an equal number of spectators, on hand, many of whom had worked hard with their youngsters to prepare for the voyage. Three tubs were filled with water, and one by one the captains were called forward to float their boats for just enough time to snap a few photos and demonstrate that yes indeed their boat does float.



Paula Peper, a nationally recognized award winning ecologist, tree expert, historian, author, urban forest researcher, and retired United States Department of Agriculture Forest Service employee spoke on Wednesday, Jan. 14, at East Sacramento Preservation's sponsored event inside the East Sacramento Room of the Clunie Community Cente

There were pirate ships, luxury lines, rafts, frigates, fishing boats, speed boats, sail boats, floating islands, fire and police boats, houseboats and even some multi-hulled ships. Passengers included ducks, dinosaurs, monkeys, snowmen, princesses, pirates and miniature people, to name just a few. When asked what their favorite part of the boat float was, one first grader perhaps summed it up best when she said: "I liked seeing everybody happy, and that we all got to see each others neat boats?

Other happenings in the community include construction work on the East Sacramento Town Hall, also know as Compton's Market. Neighbors are noticing the "Open During Construction" sign, the dumpster, caution tape and work crews up on the roof. So what's it all about?

Well, most immediately, the construction at Compton's is about replacing the roof of the market. But, what's in store a few months down the road is the big deal. Although still in the preliminary stages, the plan is to blow out the side of the store facing Meister Way to make room for a full fledge deli, juice bar, and a more comprehensive outdoor patio and dining area. Sounds pretty cool! On the Curbs will be sure to keep you updated as details emerge.

Sutter Middle School student starred in local production of Shrek, the Musical JR

By MONICA STARK

Donning a green hat with ogre ears and his sister's pillow stuffed inside his shirt Jason L. Bradley II, a 13-year-old at Sutter Middle School, starred in the recent Runaway Stage production of Shrek, the Musical JR. Jason's voice carried flawlessly throughout the 24th Street Theater at the Sierra 2 Center for the Arts and Community on Wednesday, Jan. 21 and Thursday, Jan. 22.

Speaking about his lead role, Jason said Shrek "is a suitable character for me because when I watched the movie I acted the part out. You have to audition. So I walked like him, talked like him ... I like that Shrek is independent and that I can be independent too."

Enrolled in acting and singing classes, Jason has aspirations to be an actor. "I like to sing all types of things. I would say Michael Jackson is my idol."

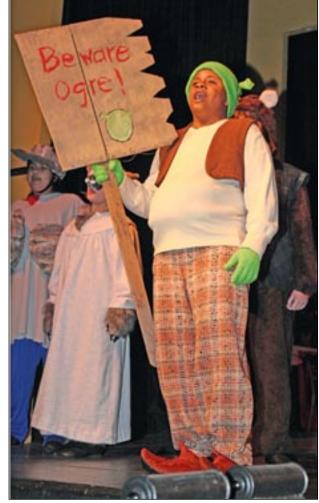
For just being 13 years old, Jason has quite the acting resume. For the following productions, he's worked with Runaway Stage: He has previously played Willy Wonka in Willy Wonka and the Chocolate Factory, the Lion in the Wizard of Oz JR, a lollipop guild member in the Wizard of Oz, the Caterpillar in Alice in Wonderland. He's also played Rock Lobster in the Young Actors Stage production of Alice in Wonderland. He is currently in a short film titled "Eliyah's Silence." Produced by Jessica Kudlski, the film is about Eliyah, an innocent young deaf slave who attempts to give his mother a present.

busy, it keeps his mind busy. It builds confidence for him not only as he tries to be an aspiring actor, but also in school, giving presentations and stuff of that nature." Additionally, Jason has been seen at school singing the National Anthem in front of more than 1,200 students.

The local musical, which was held at the 24th Street Theatre at the Sierra 2 Center for the Arts and Community, featured a cast of about two dozen children many of whom played more than one role.

Patti Marcotte, mother of child actress Stella Marcotte who played the role of a Duloc performer and Dwarf, said she has enjoyed watching her daughter excel at acting with Kunaway Stage Productions. "This is her third performance. She did Hairspray and Blue's Clues musicals. For her, this is her passion. She loves it. She's only 7 (years old) but she doesn't really dig sports. This is like the sport that she loves. It gives her great confidence. I don't have to ever have to ask her to practice. She just does it on her own. And I feel like she's made some great friends. I feel like the instructors are helpful and she's learned a lot."

After the opening night performance, actress Arianna Nevis spoke with this publication about her experience playing Pinocchio, a Duloc performer, and a knight. "It was really fun having the nose on the stage (for her part as Pinocchio). It was really sweaty having the nose, but I got used to it. I used a lot of hairspray in place so no one could see it. And I thank everyone for coming and it was really fun, getting Donning a green hat with ogre ears and his sister's pillow stuffed Speaking proudly of his son, Jason's father, also in the quick changes. That was an experience I will never forget."



inside his shirt Jason L. Bradley II, a 13-year-old at Sutter Middle School, starred in the recent Runaway Stage production of Shrek, the Musical JR.



TEAM BLACK



826-6902



247-7030



698-7288



613-9885



421-5421

Top Producing Agent for Sacramento's #1 Real Estate Company

HIGHRISE LIVING IN THE

HEART OF EAST SAC aven to the studs and return with state-el-the-art cebinetry, flooring, iles, granite, etc. Elaborate speaker and sound system throughout. I You seve never seen a unit in 4100 Folsom ike this! Large living room with wall of windows to the outside balcony. Formal fixing room with built-in butch (this could be gut back to a third bedroom). Beautiful lighting throughout. A must see! 4100 Folsom Blvd #4D - \$599,000



park like grounds offering privacy and pecial lake views. Featuring an elegar and scraped wood floors & windows eering out to the pool. With eye catch replaces, open living spaces and a urmet kitchen boasting high end

8414 Lakehaven Ct. - \$1.349.000



SIERRA OAKS

761-6748

approximately 4100 square feet of luxury home. 4 bedrooms, 3.5 baths with open floor plan. Incredible gourmet kitchen. Hidden 'Safe Room' tata-of-the-art outdoor kitchen. Approximately 2/3 acre with pool & spa. Beautiful wood floors and one of 2991 Joseph - \$1,149,000



ppearing doors that allow for loor-outdoor entertaining. This ning beauty is situateď on one of th nost prestigious streets in Los Lagos. Th ort like backyard has a pool, spa, nite outcroppings, putting, and sketball area. Separate fitness room outdoor bath. Walk-in 2,000 bottle 8965 Vista De Lago Court **\$1,975,000**

MOVE-IN READY

ou really must see this well cared

or 3 bedroom, 2 bath home in a nice eighborhood. It features tilled

oers, dual pane windows w/quality window coverings too!)

cedar cleset floors + a newer gas stove and A/C unit. Plus a big back

rard perfect for a growing family or or entertaining! Close to American River access.

his serene, spa-like home w/



Casa De Los Governadores

Rare available lot to build your dream house. Nearly 1/2 acre inside Carmichael's most

\$525,000

prestigious gated community.

DESIRABLE ELMHURST

eaturing 2 bedrooms & 1 newly emodeled bath. Original hardwood looring & dual pane windows hroughout. The spacious guest nouse has 1 bedroom, a wheelchair accessible full bath, kitchenette large walk-in closet & 2 skylights. The over-sized backvard area is perfect for entertaining. 2635 57th St. \$310,000



A RARE FIND

2183 Parrages Circle - \$209,900

An awsome opportunity awaits! Perfect for a mutigenerational family or live in one home and rent out the other! Two homes on .83 febulous, uneded screek A former Mentessor chool, this beautiful property has been completely renovated. The main home is +/- 3,000 SF with 4 redrooms and 3 full baths. The etachec cottage is +/- 1,000 SF 7416 Northlea Way - \$569,900



GOOD VALUE!

ome with gleaming hardwood oors, dual pane windows roughout (w/quality window overings tool), a newer gas stove, ozy gas-fed brick fireplace and a back yard big enough to grow crops or put in a pool! Close to American River access; and did I mention the great RV parking spot 2709 Dawes Street - \$199,900



STARTER HOME

You've found it at this partially updated home! From the welcoming, landscaped from countyard to the home's open floor plan and vory fireplace, this home is pecial. Then there's the newly installed flooring, fresh paint and a backyard idea for entertaining in a Great neighborhood Close to parks and river boat launch. Buy now before prices shoot up! 7283 Rivergate Way - \$289,000



East Sacramento/Downtown Office • TeamBlack.GoLyon.com

Janey Way Memories:

Bobaloo



By MARTY RELLES

When I grew up on Janey Way in the 1950s and '60s, 40 children called it home. They came in all sizes: short, tall, big and small. One boy in particular stands out in my memory. His name

John had a nearly 100 percent hearing loss, but he managed to forge a place for himself in our gang. He taught himself to read lips early on, so he could speak words that he couldn't even hear. But, the kids teased him a little though, because of the way he mispronounced some words.

He didn't let it get him down. Instead, he developed a sense of humor. Remember the old saying, "Make them laugh with you, not at you." John embraced that idea. He told jokes; he mimicked the other boys. And, sure enough, they began to laugh with him. They even gave him a nickname: Bobaloo. I don't know where that came from. I think Desi Arnaz used to sing a Cuban song of just another inspirational Janey Way memory.

that name. No matter, John became the Bobaloo of Janey Way.

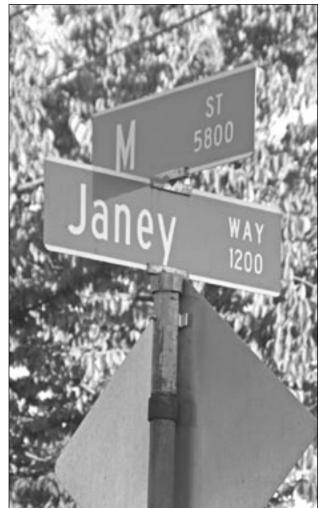
John did well in grammar school in the David Lubin special needs class. His speech improved, and he demonstrated a real talent for the arts. However, in junior high school and high school he floundered, but he graduated on time.

After high school, the kids of Janey Way went in all different directions; some joined the military, and others went to college or got jobs.

John tried several different occupations. He worked first for our neighbor Rick, in a liquor supply distribution warehouse. After that, he worked with his cousin Ron doing landscaping. Eventually, he took a job with Relles Florist, first delivering flowers, and then doing floral design. He taught himself to make arrangements, funeral sprays and even wedding flowers. He had found his nitch.

John has worked at Relles Florist for more than 30 years. He has become my designated floral designer. When I order flowers for my wife, I always ask that he to do the work. That way, the arrangement is sure to be beautiful.

I think you can tell that John is more than just my friend. In fact, he is my younger brother. These days, John lives in our family home on Janey Way. He takes good care of our family home, and I help take care of him. They don't call John bobaloo anymore, he is just Johnny. Now, bobaloo is





Faith United Methodist Church

3600 J Street • 452-7637 • www.faithumcsacramento.org Bible Study: Sunday at 9:15am, Tuesday at 10:00am * Sunday Worship: 11:00am (Communion on 1st & 3rd Sunday) • Fijian Language Worship: Sunday 1:00pm

Call (916) 429-9901 to advertise your church services in this paper!



5 Year FIXED RATE Home Equity Line of Credit Loan

CHECK THE EL DORADO ADVANTAGE:

- √ FIXED RATE for 5 Years
- ✓ Local Processing & Servicing
- ✓ No Closing Costs on Qualifying Transactions
- √ Flexibility and Convenience
- √ Have Funds Available for Current and Future Needs
- ✓ Home Improvement, Debt Consolidation, College Tuition
- √ Interest May be Tax Deductible (Please consult your tax advisor)



www.eldoradosavingsbank.com

5500 Folsom Blvd. • 452-2613 4768 J Street • 454-4800 **FDIC**

Se Habla Espanol • 800-874-9779



The initial Annual Percentage Rate (APF) is currently 4.25% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Tressury Securities acjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for the repayment period is 5.375%. The maximum APR that can apply any time during your HELOC is 10%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$100,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$200,000 and may not be a revolving like of credit. Additional property restrictions and requirements apply. All loans are subject to a current appealsa. Property insurance is required and food insurance may be required. Ask APR, terms and conditions are subject to change without notice. Other conditions are subject to change without notice. Other conditions apply. A \$375 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$50 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC bans are available under different terms.

East Sacramento News • February 5, 2015 • www.valcomnews.com Valley Community Newspapers, Inc. Valley Community Newspapers, Inc www.valcomnews.com • February 5, 2015 • East Sacramento News

Sutter Memorial Hospital to close in May

By LANCE ARMSTRONG

Editor's Note: This is the first article in a series pertaining to East Sacramento's Sutter the future. Memorial Hospital, which is scheduled to close this spring.

A chapter in local history will come to a close this spring when East Sacramento's 77year-old Sutter Memorial Hospital ceases operation.

But as is generally the case, as one door closes, another en's and children's center, will open.

the new Anderson Lucchetti Women's and Children's Center at 2825 Capitol Ave., facilities.

Because it has been known for many years which "door"



GEORGE L. KLUMPP CHAPEL OF FLOWERS 10360

2691 Riverside Boulevard Sacramento, CA 95818 (916) 443-7917 www.cfcsSacramento.org

Serving the community since 1921



4041 Freeport Blvd Sacramento, CA 95822 (916) 452-6157

erving Sacramento Families since 190 Pre-arrangement packages available



LIND BROTHERS FD 1

A Family Owned Funeral Home & Crematory Celebrating 50 Years in the Community

916.482.8080



East Lawn **Viortuaries** EastLawn.com

would open following the closure of Sutter Memorial. Sutter Health had plenty of time to place itself in a much better position for

Its consolidation of its two campuses alone is a major improvement for Sutter Health, as the use of only a single location will increase its efficiency and production. According to a Sutter

Health document, the new, 10-story, 242-bed womwhich had its groundbreak-And that is certainly true ing on Oct. 13, 2008, is an in this instance, since the acute-care hospital that will services of Sutter Memo- feature "the highest level of rial Hospital at 5151 F St. neonatal and pediatric inare set to be transferred to tensive care services, pediatric cardiac care, pediatric neurosurgery services, pediatric cancer services, and next to earlier built Sutter high-risk and conventional maternity services."

In an interview with this publication last week, of Sutter Memorial.

ing about the first part of May," Zavoral said. "It will be all patients (moved in a working toward that "decomsingle day).

REACH YOUR

FREE AD DESIGN

CALL MELISSA

TO SCHEDULE

YOUR AD NOW!

916.429.9901

CALLING ALL PROVIDERS OF...

AFFORDABLE | CONSISTENT PRESENCE

TARGET MARKET

HOME IMPROVEMENT SERVICES

ADVERTISE YOUR BUSINESS IN THE NEW YEAR!!!



Photo by Lance Armstrone

East Sacramento's Sutter Memorial Hospital will soon no longer be used as a hospital

be able to move from Sut-Gary Zavoral, public relater Memorial to the new "Right now they're talk- lack of a better word, decommissioned."

Zavoral added that in missioning," some changes

"(At that time), we will will be made in advance at equipment that will need to Sutter Memorial.

"As things get closer, we'll tions specialist for Sutter campus in midtown, and try to give fewer and fewer morial Hospital's reputa-Health Sacramento Sier- all pieces will be moved in elective surgeries - elecra Region, spoke about one day, basically. And at tive C-sections and things the upcoming relocation that point, Sutter Memo- like that," Zavoral said. rial will start being, for "Of course, all the emergency type procedures will need to be done. Remember all the cardiac service line is over there at Sutter Sutter Memorial developed Memorial. They'll still be doing all the surgeries at vices that the clinicians prothat time for heart emer- vide over there, and all that gency situations and elec- is being moved over there tive type things.

"So, we'll have fewer patients and start (caring for) them over at the new cam- ter General Hospital, which pus. And we will be able to is going to house our cardiover at the extended campus care that people received will at that time on that day, and then there will still be some

be brought over."

Because of Sutter Metion for providing a high level of service and care, it was important to Sutter Health to avoid certain unnecessary changes.

In explaining that point, Zavoral said, "A lot of what is about the wonderful serto the Anderson Luchetti Women's and Children's Center, as well as into Suthave most of the equipment ac services. So, all the great

See Memorial Hospital, page 7



Memorial Hospital:

continue in the new campus. It's just it will be a newer hospital with the latest technologies, (and) mostly private rooms, the whole nine yards.

"It's basically moving all the care team over to the new facility, so it's not really adding employees. We've added a lot of employees, more for the construction phase and in planning and preparation of the move and things like that. But as far as everybody else, it's really not adding new employees to it. It's a hospital move."

A misconception about the new hospital is that it is larger than the present East Sacramento hospital.

But there is actually more square footage at Sutter Memorial than there is at the new facility.

However, the new structure was built more efficiently, as it makes better use of space.

Still the closure of Sutter Memorial will mean a loss of its attractive real estate with trees, grass and flowers.

In discussing that topic, Zavoral said, "The one thing we'll miss is all the lawn that's over there at Sutter Memorial. It's a lot of lawn. (But after moving into the new building), we could go over to (the lawns at) Sutter's Fort. We (would) have to go across the street for it."

Because there is much nostalgia associated with Sutter Memorial Hospital, Sutter Health will be inviting people to we're pretty excited about that."

Assisted Living & Memory Care

Lic# 347005239

7548 Greenhaven Drive

Sacramento, CA 95831

Tell it to us.

Do you have a story?

E-mail Monica Stark at, editor@valcomnews.com

of Others

independence.

share their memories and photographs through the website, www.facebook.com, Zavoral explained.

"What we're planning on doing is trying to get the community involved, those who have been born or given birth over there at Sutter Memorial," Zavoral said. "We're planning on having a Facebook program. It's basically to just have people post their baby photos of themselves or their children, that sort of thing.

"You've got to remember (certain) peoole just gave birth and the ones who are on Facebook are lots of the same people. A lot of the young mothers and stuff like that are on Facebook and, of course, that gen-

"It's been (Sacramento's 'baby hospital') since 1937. Almost 350,000 people have been born there, so there are a lot of people who have fond memories of Sutter Memorial.

"It's where the first open heart surgery happened, the first heart transplant, all these great firsts. And the heart service line also.

"Of course, there's going to be some sadness there when we move out. But we're moving to a facility that is for the 21st century, built for the 21st century. It's built to last for the whole, entire 21st century. So,

Enriching the Lives

Residents enjoy an active, engaging

lifestyle that promotes wellness and

or injury, or permanent, our assisted

professional nursing staff to help

Whether short-term, following an illness

living and memory care programs utilize

determine your specific needs. Around

provide services when you need or want

the clock caregiver staff are here to

them - allowing you to devote your

energies to a life well lived!

greenhavenassistedliving.com • (916) 427-8887

eration, they were born at Sutter Memorial and now they're children are born at Sutter Memorial. So, it's a great time to move, but it's also going to be a little sad to move from a place that's in the hearts and homes of so many Sacramentans.

Choose Knowledge Choose Experience Choose Janet Gatejen

'The only, source of knowledge is experience'

• One home sold every 1.02 days

When in the past year 355 homes sold in your neighbor-

hood and..

• The prices ranged from \$195,000 to \$1,900,000 and

The price per square foot ranged from \$178.61 to

\$519.00... an expert in clearly, needed

- Albert Einstein

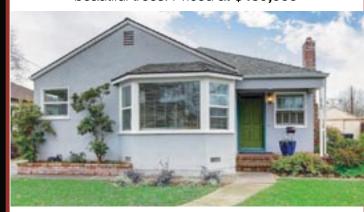
east sac | river park | elmhurst | tahoe park

30 years of experience and a priceless amount of knowledge about the neighborhoods, the homes and what it takes to get the most value from your house.



On The Market | East Sacramento | Reese Terrace

This custom 1940's ranch home offers all the original character it was meant to have! This home includes three bedrooms, a formal living room, fireplace with tiled hearth, formal dining and breakfast nook. The yard lot is spacious with beautiful trees. Priced at \$439,000



Brighton Terrace

This home not only sits in the best area of Tahoe Park, it sits on one of the largest lots! 2 bedrooms plus family room, 4 car garage and workshop. Priced at \$295.000

for knowledge on your area you live or want to live...

janet gatejen

916.420.8418 | urbanhoundproperties.com remember... j a n e t has committed to donate

5% of her commission to the SSPCA







East Sacramento News • February 5, 2015 • www.valcomnews.com Valley Community Newspapers, Inc www.valcomnews.com • February 5, 2015 • East Sacramento News Know your neighbor:

River Park resident discusses his storied life as a former Israeli soldier and growing up in small town Ukiah

By MONICA STARK

When a vouthful and room, a feeling of familiarity and comfort fills the air as duces himself. On the surface, it's as if nothing terrible could have ever been experienced by such a gentle soul.

The short story is that John-Michael was born in Jerusalem, grew up in Ukiah (Mendocino County), moved back to Jerusalem fought for the Israeli military and just last October ended up living with his sister in River Park. He also recently took ger and North County Messenger, and an intern job at

Prior to John-Michael's birth, parents Sondra and Mendocino County church really small town living." on the coast, John (a Los An-

ented old time hippies.

youth, growing up in such of my life was around the young people. I think I had a poor outlook on my future

geles native) took Sondra (a high, he did what many Humboldt County native) ambitious youths do when

Looking for Companionship!

Lovely 65-yr old widow, from

South India, attractive, vouthful,

with long black hair, active,

caring, loving & Christian,

seeks a decent & caring male

companion that enjoys the gym.

traveling, dining out & movies.

to Israel several times and they want to get out of during one of their longer town - he graduated early trips, John-Michael entered in 2008. That's not to say the world on April 11, 1990. he didn't take advantage of handsome 24-year-old Riv- A year later, they decided what Ukiah High School er Park resident John-Mi- to return to California, set- had to offer him. He joined chael Kibrick enters the tling on beautiful Ukiah, a the student newspaper, the town that sits in a deep val- Ukiahilite and became its ley surrounded by redwoods editor his senior year unhe smiles widely and intro- and that is full of vineyards der the advice of UHS' beand pear orchards and that loved journalism teachincludes a lively population er, Tonya Sparkes (Dec. 8, of creative, community-ori- 1963-Nov. 11, 2011).

"Journalism was big for However, that pictur- me. Tonya Sparkes helped esque image cannot illus- shaped (my passion). She trate what it was like grow- was really encouraging and ing up in a small town as really helpful. She taught me well as John-Michael can a lot. She was one of the few describe: "I think there's a teachers I had that was your lot of good people in Ukiah, friend even more than your but particularly among the educator. I think that earns your respect rather than dea position as a copyeditor at a small place, the young mands it. I really appreciatthe Citrus Heights Messen- people there don't set their ed it. I learned from her in sights really high. I think a friendly way. She was very that's a shame. And most approachable." John-Michael recalls one project that took a "good month" to complete. Beating out the local John fell in love with Jeru- and America, in general, re- daily newspaper, the Ukisalem. While they met in a ally. And, that was based on ah Daily Journal, the young reporter wrote about all So setting his sights the financial details regard-



John-Michael Kibrick.

KISS

Senior Services & Connections Call Melissa (916) 429-9901

See John-Michael, page 9



Sacramento, CA 95831 Email: Agelong2014@gmail.com

Call Daisy at (916) 366-9561.

DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILL **Legal Document Prep Services**

• Trust • Will · Powers of Attorney • Residential Deed

Couples \$495 Singles \$450 vnda K. Knight (916) 214-1215 1337 Howe Ave., Ste. 103

IN-HOME SAFETY ASSESSMENT

Keeping Independent Seniors Safe at Home

Start the New Year with an enhanced sense of safety, for yourself or your loved ones. Offering personalized in-home safety assessment, education, resources and follow-up.

Dory Berke, RN

916-428-4051 / www.KeepingIndependantSeniorsSafe.com

SPECIAL ALZHEIMER'S LIVING

REVERE COUR**T**

Day Club, Respite, Residential, Support Groups & Educational Classes casey.s@chancellorhealthcare.com

(916) 392-3510

WILLS AND TRUSTS Services

 Wills and Trusts
 Special Needs Trusts
 Trust Administration Medi-Cal - 8 Years * Francise Tax Bourd - 10 Years *

Free <u>In-Home</u> Consultation Tim Tyler, Ph.D., Attorney at Law 916-452-0624

LEGAL SERVICES

YOUR SERVICES ARE NEEDED **CALL Melissa TODAY** TO PLACE YOUR AD (916) 429-9901

John-Michael:

ing the construction occurring at the high school. He California high schools for the country and I paid \$20 a searching online, he found best news/feature story," he month for it." said in a recent interview with this publication.

preciated it as I should have. too much." I don't know if it's your age, but at that period of time, I wanted to do national news. riety of odd jobs, includ-But even in the smallest little communities, there are at an event hall, to delive est news source. great people to know. You ering telephone books for enjoyed getting to write."

cess, during sophomore but John-Michael actually ization he didn't have money to go to school, and sec- er passed away; so one of abroad, so everything had he wanted to go to school path that everyone else a complete lack of pay, he lenging and therefore it was around him was taking. "I still wanted to remain in Is- one of the most important wanted to experience more rael and finish his term. than that small town mentality in Ukiah that I had is what made me Israeli. It a diversion to. And I didn't integrated me into the cul-I know a lot of people who mother. My goal was to beget stuck like that."

ended - in Israel. "She told (she had cancer). She wait-(Diagnosed) in about 2005, she was in pain for awhile. My family was breaking up at that point. It got rough at the end with my mother being ill."

Having graduated from high school and ready for a change, John-Michael went with his mother and one of his sisters, Jessica Frykman, to Israel where they could afford healthcare.

dra died in Israel on Aug. wrongly based on my experer news from one location, pay was enough to get by 21 2009, despite having ex-rience in Ukiah." cellent doctors. "Medical in Israel is pretty good. They chael was trying to think also takes pride in a story have the best doctors in the about what he wanted to he wrote about a local man world. The bureaucratic side do career-wise and he knew who served in Iraq. "It won of it is a little problematic. writing had to be part of the brew reporters. We would a third place prize in all of I had the best healthcare in job description. So, after take pieces of what they eryday I would come into

Aviv area and having moved In the summer of 2007- 15 times over the course of tech place writing. They 2008 before he even gradu- seven years, John-Michael sold diamonds, jewelry and ated from high school, John- said he has no regrets over Jewish products. I stayed Michael was the assistant that period of his life. "I am in that job for six months." sports editor at the Ukiah not sorry I did it. I would During that time, he moved al community features like went, we had basically sponsibilities, the position the Mendocino County Fair. nothing. My mother had lacked a better title and pay a general we "Back then I don't think I ap- a little bit of cash, but not raise. So on the hunt again, going on." So, to make ends meet,

half years. Joining the mili-

"I think being in the army

want to be stuck in Ukiah. ture, as well as helping my come Israeli. They don't pay But the cliché, life hap- you to join the army, but I pens, happened for him wanted to stay. I was disil-Where John-Michael's life ica. In a lot of ways I did Something was in me and essarily outside of myself.

After the army, John-Mia demand for English writ-Living all over the Tel ers. "I found a job pretty much right away at a highhe took another job, a qual-John-Michael took a va- he landed a job at YNET-News, the English-language

Speaking about how he into his service, his moth- to the Jewish community ondly he didn't know what his initial reasons for com- to do with Iewish news or ing to Israel - healthcare something happening in Isfor. He didn't want to throw for his mom - was no lon- rael. But I strove for obaway money and follow the ger needed, and yet despite jectivity. It was really chalthings for me - to be as objective as possible.

"Automatically you have a conflict of interest. I worked there during the last war in Gaza. You have friends in the army in the Gaza Strip. You are very much involved in the middle of this war in a short period of time. lusioned when I left Amer- zone. No matter what you do, the readership is part of began is where his mother's find what I was looking for. the Jewish community. (We would get) push-back from us in the summer of 2007, it wasn't something nec- readers to write more pro-Israel pieces. When we put ed quite some time to get I found social acceptance stories in about Gaza, it was proper medical attention, there I never experienced naturally difficult. Just bein high school. The (Israe- cause where we were locatli) culture is very warm in ed, we didn't have personal that way. I had a hard time access to what was happenconnecting with most kids ing in Gaza. We were able I went to school with. In to write every biography Israel, a complete strang- (of each dead Israeli soler would act like your best dier), but about 2,000 Palfriend in the whole world, estinians died and we didn't There is a sense of commu-know any of their names. nity there that is lacking in a On one hand, it's too bad lot of ways in America and I that was the situation. I think that disillusionment is wish I could have published based in reality. That was a all the names of the Pales-

Born Feb. 4, 1952, Son- very real emotion, but it was tinians, but when you cov- figure out, but I got by. The

from that side." ourselves. If we had any information, it was from Hewrote, took parts from AP (the Associated Press). Sometimes we would call people (to localize the stoit. Sometimes we did opinion pieces. There was a lot of translation, but mostly it was a compilation from a Daily Journal, covering lo- do it again if I was in the into a managerial role, but lot of sources. Usually we'd (AP and Reuters) and get lacked a better title and pay a general update of what is

An international news ity insurance position, until desk, John-Michael said Israeli, one person from ing bartending without tips edition of Ynet, Israel's larg- England, and people from had to know fluent Hebrew. County Messenger. can learn from any experi- five months before join- covered news for YNET- The army made me very fluence great or small. I have ing the army for two and a News, John-Michael said: ent in speaking, but I still "On one hand, the news struggled with reading and there were things I couldn't from the Sac."

you could only cover news on and it wasn't about the money. I got up and didn't "We didn't have reporters feel like I was getting up and going to work. It was something that was stimulating. It challenged me. Evwork and there was something that challenged me emotionally. A single article could make you question ries) and put our names on everything you believe in, including things you could take for granted.

After six months working for YNETNews, John-Michael moved back to the cal games as well as gener- same situation. When we he found with the added re- come in, check the wires United States, landing in Sacramento, specifically in River Park with his sister Ellika Frykman. Writing again for community news, John-Michael is excited to YNETNews included one have accepted a copyeditor and writing position for the Citrus Heights other countries. "But you Messenger and the North

Additionally, he has enjoyed running local events like the Sacramento Food Despite his academic suc- tary is mandatory in Israel, site wanted to provide news writing. I communicate in Bank's Run to Feed the objectively to foreigners. text, but YNET improved Hungry and blogging year, he thought a lot about signed up before they called On the other hand, they my writing. I used a lot of about local politics on the college, but came to the real- him, and three months are providing Jewish news 'Google Translator' but Wordpress site, "Politics





Come tour our newly remodeled, downtown facility featuring:

plete kitchens, new appliances, walk-i

We pay utilities, offer free transportation shopping, medical appointments, and fu excursions to local area points of interest

- · Active residents association with a variety of social activities
- On-site Service Coordinato
- · 24-hour maintenance, compassion caring staff
- · Small pets welcome
- Rental Assistance Programs for income-qualified applicants

We Pay Utilities!

Active Senior Living Retirement Community 515 P St., Sacramento

(916) 442-2907





Arts & Activities



Sandwiches/Soups

· Real Fruit Freezes

ice Cream Cakes & Pies

Ice Cream Socials



SEASON 52





Celebrated Arias - with Superstar Malcolm MacKenzie FEBRUARY 7, 2015 7:30 PM

Rossini, Overture to L'italiana in Algeri Verdi, Alzati! / Eri tu (Un balls in muschera) Verdi, Fanne, in tua meta giù verin / Cresh (Otelh) Verdi., Tietre à deserte / Il balon del use surrise (Il travuture) Mozart, Der Fegulfänger bin ich ja (Die Zanberjilite)

Schumann, Symphony No. 1 in B-flat Major, Op. 38 (Spring) SACRAMENTO CITY COLLEGE PERFORMING ARTS CENTER

3835 Feerpert Boulevard, Sc Five parking in the Work Las

TICKETS GENERAL SEATING

ADULTS 530 II SEMONS 65- 528 II STUDENTS 515 I CHILDREN SZ AND UNDER 58 WWW.CAMELLIASYMPHONY.ORG or 916.929.6655



Warehouse Book Sale

Friday, February 6th, 5-8 PM (Join at door, \$15)

Saturday, February 7th, 9AM-4PM

Book Den Store and Warehouse 8250 Belvedere Avenue, Suite E

Email: bookden@saclibfriends.org or call: (916) 731-8493



FRIENDS OF THE SACRAMENTO PUBLIC LIBRARY PUBLIC LIBRARY

62nd Season Sacramento Community Concert Association

Sunday, February 8th, 3 p.m.

Part I: The Camellia City Flute Choir scribed as "oschestral and bounting" because of its unique instrumentation which includes the rare



Part II: Hot Club Faux Gitane

ures rhythm and lead guitars, ac s, mandolin, and bassoon, plus clarinet, melodica, &



Single Ticket \$12 Mention the East Sac Newsl Westminster

resbyterian Church 000 N Street (FREE PARKING) TICKETS: 916-400-4634



GUNTHER'S ICE CREAM

February: Strawberry Nutella & Hawaiian Delight



We Make Our Own Ice Cream

Open Daily: Sun-Thur: 10am - 9:30pm • Fri-Sat: 10am - 10pm 70 years of business

2801 Franklin Blvd. (Corner of Franklin & 3rd Ave.) 457-6646 • www.gunthersicecream.com



SATURDAY, FEBRUARY 14, 7:30 PM



Gershwin: Girl Crazy Overture, arr. McBride Zhanhao He and Gang Chen: The Butterfly Lovers: violin concerto

Bizet: "Danse Bohème" from Camnen John Williams: "Across the Stars" from Star Wars Mendelssohn: "Wedding March" from A Midsummer Night's Dream

Falla: El sombrero de tres picos. (The Three-Cornered Hat)

Concert sponsored by

usbank

Harris Center for the Arts, Three Stages 10 College Parkway, Folsom, CA 95630

Visit folsomsymphony.com or call 916-608-6888

Coffee Garden & Coccee

• Great coffee & food · Open Mic Nights

Garden Gallery

- Second Saturday Reception & Craft Faires 6-11pm Live Music • Rewards! • Art



www.thecoffeegarden.com

Choose One Of These Luncheon Seminars

Thursday, February 12 Friday, August 7 11:30 am to 12:30 pm

EAST LAWN Sierra Hills Memorial Park & East Lawn Mortuary 5757 Greenback Lane. Sacramento, CA 95841 Tel 916.732.2020 Lic. #FD-1242 Tel 916.732.2031 Lic. #FD-1455

Wednesday, November 4 11:30 am to 12:30 pm EAST LAWN Elk Grove Memorial Park

Wednesday, May 6

& Mortuary 9189 E. Stockton Blvd. Elk Grove, CA 95624

www.EastLawn.com RSVP today and reserve your seat. Call: Lisa West (916)732-2020

Arts & Activities

SACRAMENTO'S

IN BUSINESS

SINCE 1977

FREE

PARKING

The Ruralist

Picket Fence

956-0776

Antiques

455-6524

Sekula's

712-8303

999-1409

DEALERS 45,000 SQ FT

4 STAR DINING

455-1509

Amorini Antiques

Palace Sales

Cross Fit East and Repair Sacramento 817-9625 207-7500 Evan's Kitchen

Fifty-Seventh Street 452-3896 Antique Mall 451-3110

Capitol Folk Gallery 996-8411

The Pottery Guys 731-4556 Sassi Salon

Mike & Greg

Dance "10" 769-4857 739-0878

855 57TH STREET (BETWEEN | & H STREETS)

Want to play bardball again but don't know where? You can play ball again in

THE NATIONAL ADULT BASEBALL ASSOCIATION

18+, 25+, 35+, 45+ & 52+ Age Groups Various Levels of Play All Star Games • Playoffs Championships • Awards

TRY OUTS: Sunday, February 8th at C-Bar-C Citrus Heights. February 15th Rain Date 9am (42+, 52+) 1pm (open, 25+, 35+)

For info call (916) 672-8055 or visit www.SacramentoNABA.com

NABA NOW ACCEPTING NEW PLAYERS AND TEAMS UMPIRES ALSO WELCOME • SUNDAY GAMES



25th Anniversary

March 7, 2015 | Oam - Spm March 8, 2015 | 10am - 3pm

Seminars: March 5-8th Crowne Plaza Northeast 5321 Date Avenue Sacramento CA 95841

www.norcaleggart.com

Egg Art Raffle benefits Shriner's Hospital

for more information contact Diana Marias (916) 687-8721 or eggartdesigns@frontier.net Find us on Facebook at Northern California Egg Artist

Relles Florist

For Valentine's Love Only the Best Will Do



DIY Wedding Parties and Classes

Voted Best Floris: 12 years running by 2400] sr • 916.441.1478



88th Semi-Annual

Vintage Glass China & Pottery Sale

Collectibles, linens, books, jewlery & much more February 7th and 8th, 2015 Saturday 10am to 5 pm Sunday 11am to 4 pm

Admission \$6: \$5 with this ad Scotlish Rite Temple, 6151 H St. Sacramento For more info call Carol Staley @ (209) 606-0390

Promote your special event, fundraiser, exhibit or perfomance HERE! Call Melissa at 429-9901

Valley Community Newspapers, Inc

Website helps residents keep tax refunds:

Partnership spearheaded locally by United Way aims to keep dollars in region

son, thanks to a national partnership between United Way, Goodwill Industries and National Disability Institute. The program is being spearheaded locally by United Way California Capital Region and aims to provide qualified residents with free, easy tax help they can trust so they can maximize their refund and receive credit's like the Earned Income Tax Credit.

MyFreeTaxes.com helps people save an average of \$200 in tax preparer fees by filing for free. The website guides users through federal and state filing using software powered by H&R Block. Users qualify if their household income was \$60,000 or less in 2014, and will need a valid email address and income forms.

"We want our neighbors to keep more money in their pockets and make our community stronger by taking advantage of tax credits," said Stephanie McLemore Bray, United Way California Capital Region president and CEO. "This website is an easy and effective what matters most to you."

ago and is now available in all 50 states. The website is sponsored by Walmart.

financial stability initiative that is working to yourlocalunitedway.org.

MyFreeTaxes.com is helping Sacramen- ensure more households in our region are fi-to-area residents save money this tax sea- nancially stable and self-sufficient – including foster vouth. United Way's \$en\$e-Ability project is helping low-moderate income households and foster youth improve financial literacy, manage finances and increase savings. Eighty-eight percent of adults in the project are demonstrating better financial skills and have savings accounts, and 90 percent of foster youth are earning credits toward matched savings accounts. United Way also is leading the local Assets & Opportunity Network as part of the financial stability initiative, mobilizing a group of nonprofits, companies and volunteers to look at financial stability data in our community and increase the number of people thriving. For more than 90 years, United Way Cal-

ifornia Capital Region has brought together nonprofits, businesses, donors, volunteers, community leaders and more to meet the community's greatest needs, give immediate aid and find lasting solutions for future genway to file your taxes and save your money for erations. United Way mobilizes members of the community to be first responders in re-MyFree Taxes.com was founded seven years pairing the education level, financial stability and health of everyone in Amador, El Dorado, Placer, Sacramento and Yolo coun-United Way California Capital Region is ties through donation and volunteer opporpromoting the program locally as part of its tunities. To donate or volunteer, visit www.







Unique Valentine's gift: Singing Valentines

By MONICA STARK

When love is in the air, a beautiful serenade from Chorus quartet might be amongst the five quartets. the perfect surprise for your lucky one with a silk rose, grooms on bended knee.

perform their Singing Val- the holiday spirit. entines in schools, usually by the request of a teacher for her class and also in businesses where coworkers have gotten to enjoy the harmonizing of a tenor, baritone, bass and lead. Simply put, singer Joe Samora told Valley Community Newspapers: "We do songs for men and women."

Last year, the Capitolaires sold 47 valentines. One quartet had 16 valentines to sing in one day, with 12 being the typical amount. While they generally stick to the greater Sacramento area, Samora said last year they accepted a request from a military officer serving in Afghanistan for a Singing Valentine for his sweetheart who was living in Yuba City. Also in the past, the Mayor's office has asked the Capitolaires to come to the Blood Bank the Metro Arts Commisand sing.

This year, the organization is hoping to sell 60 a Capitolaires Barbershop valentines and performed

sweetie. Along with a perfor- bers of local singing phe- teaching four-part harmomance of love songs between nomenon, the Capitolaires ny to high school boys at "Let Me Call You, Sweet- turns 70 years old in 2016. a camp in Pollock Pines heart" and "Story of the Formed in 1946, it is the each September. The boys members will present the harmony chorus along the the noets. Northwest coast with Reno box of chocolates and a per- being the first. Besides riage proposals, with future and their families each December at the Polar Express Besides singing to the ro- event where Santa and

FRANCO GARCIA

ROSANNA GARCIA

GARCIA

der at www.capitolaires.org The Capitolaires is a and express where you want

nonprofit, sponsored by the quartet to show up.

sion and the Sacramento Metro Chamber of Commerce. From events like the Singing Valentines and the Polar Express, they With more than 30 mem- raise funds to help pay for

Rose: Heart of my Heart", second oldest barbershop memorize the words and The quartets will deliver the Singing Valentines on sonalized greeting card from the annual Singing Valen- Friday Feb. 14 and on Satthe sender. In the past, such tines fundraising event, the urday, Feb. 15 between the gifts have come with mar- group performs for children hours of 8 a.m. and 10 p.m. with a four hour delivery window for \$50. If you're interested in giving the gift mantics, the Capitolaires trains mixed with Christ- of song, all you have to do is have received requests to mas music gets visitors in call (888) 877-9806 or or-

Nice Location

3801 Wildrose Way - Sacramento, CA This home was updated before the current owners purchased the home approx. 6 years ago. Remodel included new kitchen, new bathrooms, new tile floors. Home has original hardwood floors, fireplace and the addition includes a large family room or dining room and extra long kitchen with many cabinets! HVAC& water heater are also newer.

\$214,999 ATTENTION VETERANS old you know

2100 28th Street • (916) 452-7535 www.GarciaRealEstate.com · Hablamos Españo





Places, not taces

Photos by GREG BROWN

Going block by block, writer and photographer Greg Brown documented many of the discarded Christmas trees in East Sacramento. Many here are from the Fabulous 40s.





12 East Sacramento News • February 5, 2015 • www.valcomnews.com Valley Community Newspapers, Inc www.valcomnews.com • February 5, 2015 • East Sacramento News 13 Valley Community Newspapers, Inc.

Matias Bombal's Hollywood

Inherent Vice

The MPAA has rated this R

tor Paul Thomas Anderson's movie version of Thomas Pynchon's novel "Inherent Vice" and in doing so, brings back the world of film noir in rich color advancing the world of private detective tales for the screen from the 1940s to 1970.

Joaquin Phoenix is Larry "Doc" Sportello, private eye. Like many noir movies, the story starts with a woman from the detective's past who shows up unexpectedly and shares her plot involving her current billionaire boyfriend, his wife and her lover. Moments later she disappears and the search for her is on, leading us through many convoluted rabbit will keep your eyes on the screen.

The cast includes: Benico Del Toro, Reese Witherspoon, Eric Roberts, Josh Brolin, Owen Wil-Warner Bros. brings us direc- son, Martin Short, and Joanna The MPAA has rated this PG 13

> from the first frame to the last, re-1970s having grown up in that era, the movies.

is every frame you can't look away. it as a painter. The film's music is fantastic on two score which tips a noir fedora to flattery, but it becomes clear that it the picture.

with his beautiful violin passages. Don't miss it!

Big Eyes

The Weinstein Company brings This movie's writing and visu- us "Big Eyes" a labor of love from al style had me completely engaged Tim Burton in which he honors one of his favorite living artmarkable, since I actually detest the ists, Margaret Keane, who with her husband created and marketed and care little for the seamy side of an entire art movement centered police and detective work. Replac- around the paintings of small ing the classic '40s noir detective waifs with big eyes. Margret Kegumshoe's vice of alcohol is mariane was a single mother after leavjuana, a subject I do not enjoy in ing her husband and headed west to San Francisco in the late 1950s Yet, so engaging and detail rich with her daughter, hoping to make

levels- the choice of popular tunes selling paintings in a San Francisin the background, evocative of the co park. He sees her talent and his

film composers like Franz Waxman is really her artistry he's after. They are married, and it is her paintings that begin to capture the attention of the public, not his.

> It is here that Mr. Keane, played in this movie by Christof Waltz, begins to become unhinged. He takes credit for his wife's work and keeps her a prisoner in her own home, cranking out one painting after another while he uses his skills of self promotion to make money and promote a popular movement with her unusual paintings for which he takes credit.

Bruno Delbonnel's photography was very good. Other actors to eniov in the picture include Danny Huston, who plays a San Francisco newspaper man. You'll also see a brief but enjoyable performance She meets Walter Keane who's from the great Terrance Stamp as John Canaday of the New York Times. This is time well spent and holes in a visually stylish way that period and the truly classic film smarmy charm seduces her first by Ms. Amy Adams is really good in







Reasonable rates & lots of specials. For special offer **Text 244326** to Debrasdoghouse. Make an appointment

and save **\$5.00**

Leah Breed: Terrier/Chihuahua Gender: Female

#24757919 Color: Black

KNOTT Home/Health Care Supplies Medical Equipment

965-8500 Meeting all your prescription needs Compounding

Daily Delivery KnottsPharmacy.com 6620 Coyle Ave, Ste 102 Carmichael, CA 95608

Speedy Gender: Male

#24884085 Color: Orange



Voted Best Groomer in Sac! 916.446.2501 gratefuldogdaycare.com 430 17th St. at E

Thanks for FIVE great years!













^{*} For additional information on adoptions, call the SPCA at 383-7387. Adoptions occur daily and it is not guaranteed the above featured animals are still available. If they are not, the SPCA has many other loving pets available to suit you and your family. The SPCA is located at 6201 Florin-Perkins Road

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

Home Improvement Guide: a "Keeper" by our readers

Great exposure in these four upscale neighborhoods: Arden-Carmichael, East Sacramento, Land Park & Pocket/Greenhaven.

Contact Melissa at 916-429-9901

ADDITION SPECIALIST



Kitchens

Certified Kitchen & Bath Remodeler

www.lytleconstruction.com

YOUR AD SHOULD BE HERE!

Call today!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

CLEANING

Prime Quality Maintenance

Rain Gutter Cleaning
 Window Cleaning

(all surface areas)

• Hard Water Stain Removal

• Landscape Maintenance

NO JOB TOO SMALL!

Call Jesse: 916-428-2940

HANDYMAN



CREATURE CATCHERS/REMOVAL

916-422-6639

Your services are

needed!

Call (916) 429-9901

and reserve your

space on the

East Sacramento

News

Creature Catchers Wildlife Management Humane and non-toxic solutions for both animals & man Dead Animal Location/Removal • Exclusion Work

Live Trapping • Humane Removal • Repair Skunks • Fox • Raccoon • Opossum • Squirrels Mice/Rats · Birds/Bats (bat elimination)

Award-Winning Design/Build Firm

Serving Sacramento for more than 25 year

CreatureCatchers.org 530 885-PEST(7378)

HANDYMAN

GET READY FOR WINTER!

- HAULING & YARD CLEAN-UP RAIN GUTTER CLEANING
- CONCRETE REMOVAL HEDGE TRIMMING

PRESSURE WASHING

Pressure wash your driveways clean! your decks, too! Clean out your garage! Replace that old lawn! Hard work ---not a problem! SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 18 YRS*



Hardwood Flooring

Specializing in installing, sanding, and finishing hardwood flooring

Call Eric (916) 470-3488

FREEDOM HANDYMAN SERVICE I specialize in all areas of home improvement!

Quality work the first time, guaranteed!

Carpentry - Electrical - Plumbing - Demolition

Sprinklers - Sheetrock

Accepts All Major Credit Cards

HARDWOOD FLOORING

"Senior Discount"

Call Michael – (916) 383-8742

or repair and refurbish your current floors.

Lic # 544159/References Available

Call today!

YOUR AD SHOULD BE HERE!

Call LESTER

(916) 838-1247

· Owner Operated · Reasonable Rates · Satisfaction Guaranteed

HOUSE CLEANING

Allaway's House Cleaning

Excellent References of 20 Years or More Call Rick: (916) 832-4199

(916) 600-0172 for FREE Estimate . Licensed & Bonded

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

GARY'S PAINTING

PAINTING

CUSTOM RESIDENTIAL INTERIOR & EXTERIOR OVER 20 YEARS EXPERIENCE WITH PRIDI EXCELLENT REFERENCES

725-8781 Contractors Lic. # 734323 McClatchy '67

Your services are needed. Your ad should be here. Ad design is free.

YOUR AD SHOULD BE HERE!

Call today!

Call 429-9901



Our Readers Need Your Service! It Pays to Advertise!

Contact Melissa at 916-429-9901

14 East Sacramento News • February 5, 2015 • www.valcomnews.com www.valcomnews.com • February 5, 2015 • East Sacramento News 15 Valley Community Newspapers, Inc. Valley Community Newspapers, Inc

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

Home Improvement Guide: a "Keeper" by our readers

Great exposure in these four upscale neighborhoods:

Arden-Carmichael, East Sacramento, Land Park & Pocket/Greenhaven.

Contact Melissa at 916-429-9901



SOVEREIGN PAINTING

Quality craftsmanship 3rd Generation Paint with over 30-years experience (916) 422-4416

Dan Sovereign, Interior & Exterior Painting Better Business Bureau Membe

YOUR AD SHOULD BE HERE!

Call today! Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

ROONEY'S PLUMBING FULL SERVICE PLUMBING

456-7777

rooneysplumbing.com

TREE SERVICE

frimming, thinning, shaping & stump remova

Family Owned & Operated since 1967 #1 in customer satisfaction (916) 428-4882 (916) 689-5244

PLUMBING

EXPRESS ROOTER & PLUMBING CO.

DRAIN & SEWER SERVICE

Lic # 998904

YOUR AD SHOULD BE HERE!

Call today! Your services are needed. Your ad should be here.

Ad design is free. Call 429-9901

PLUMBING REMODELS

Litell Cabinet Outlet

Kitchen Remodels

· Bathroom Remodels

Replacement/New Windows • Flooring

• Granite/Quartz Fabrication

•General Contractor/no subs 916 927-9537 Free Consultation! 1020 Del Paso Rd., Sacramento, CA 95834 916-285-6022

ROOFING/SIDING

ZIMMERMAN REROOFING

3675 R Street Sacramento, California 95816 East Sac Specialists 454-3667

License #763169 Dave Zimme

TREE SERVICE

Terra Bella Tree Service

- Tree Trimming Stump Grinding
- Clean Ups! Tree Removal
 - 20 years requesioned.

Call Randy (916) 454-3430 or 802-9897. www.tercabellagarden.com - Lie/974306

Your services are needed! Call Melissa at (916) 429-9901 and reserve your space on the East Sacramento News Home Improvement page

VIEW THIS PAPER ONLINE WWW.VALCOMNEWS.COM

- EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

Young Actors Stage presents Disney's MULAN Jr

2/27 at 7 - 2/28 at 1,4, & 7 3/1 at 1 & 4 24th Street Theater

2791 24th Street, Sacto Tickets online or at the door. \$10 Adults: \$7 Children

YoungActorsStage.com

SPRING CRAFT FAIRE

Save the Date!!!

Saturday, March 21, 2015 9 a.m. to 3 p.m. lission Oaks Community Cente

4701 Gibbons Drive Carmichael 972-0336

ALL SAINTS CONCERTS presents DUO HARPSICHORDISTS Faythe Vollrath & Stephen Gamboa

FEBRUARY 22, 2015 4:00 PM Suggested Donation is \$15

Child Care Provided 2076 Sutterville Road

Parking across Sutterville Rd. at City College

Spring Arts & Crafts Fling Artists & Crafters Welcome!

Saturday, March 28, 2015 9 a.m. to 3 p.m.

Elks Lodge No. 6 6446 Riverside Blvd. Sacramento, CA 95831

CALENDAR

ation to: editor@valcomnews.com at least two weeks prior to publication.

FEBRUARY

DIY Valentine's Floral Bouquet Class

Feb. 7: From 10 to 11:30 a.m., make your own Valentine's flora bouquet. Includes variety of Valentine's flowers, container and greens. Learn about floral design and flower care. Relles will provide the tools, but bring your own apron. It's a limited class size, so register in advance. The cost for the workshop is \$35. Relles Florist is located at 2400 I St. For more information, call 441-1478 or visit www.rellesflorist.com

One-on-One Technology Help McKinley Library

Feb. 7: Are you curious about ebooks but not sure how to get started? Is your tablet or ereader a mystery? Do you need basic computer help such as creating e-mail accounts and using the internet? Come by the McKinley Library and meet with a Technology Assistant! Sessions are first come, first served and last 30 minutes. Tech help starts at 10 a.m. 601 Alhambra Blvd.

Sabrina's Craft Corner at **McKinley Library**

Feb. 7: Learn a new craft technique every month, using simple household items and affordable materials. Craft of the day: Valentines on a stick. Crafts start at 12:30 p.m. 601 Alhambra Blvd.

Friends of Sacramento Public Library Warehouse Sale

Feb. 7: Sheet music will be added to the more than 100,000 "gently used" books, videos, and audio books offered for prices from 50 cents to \$2 at the Friends of the Sacramento Public Library sale. The warehouse is at the rear of the Friends' Book Den at Suite E, 8250 Belvedere Ave., just south of 14th Avenue between Power Inn Road and Florin-Perkins Road. Plenty of parking is available, but be careful not to park between the "No Parking" signs on the south side of Belvedere. Sale hours will be from 9 a.m. to 4 p.m. There will also be a preview for Friends members only on Friday, Feb. 6 from 5 p.m. to 8 p.m. (You can join at the door for \$15). Income from the sale helps pay for programs, equipment, and materials local libraries need but can't afford. With most items priced individually from \$3 up. the Book Den will be open throughout the sale as well as weekly on Thursdays from

days from 10 a.m. to 5 p.m. For more information, call 731-8493 or go to bookden@ saclibfriends.org

SF Squared Book Club at **McKinley Library**

Feb. 7: Join the library for a discussion of this month's science fiction novel, starting as 1 p.m. 601 Alhambra Blvd.

Free museum day

Feb. 7: To the delight of the greater Sacramento area community, nearly twenty-five local museums will offer free or half-priced admission from 10 a.m. to 5 p.m. during the 17th Annual Sacramento Museum Day! During the highly anticipated event, most of the nearly 25 museums will offer free admission whereas two destinations located in residential areas — the Sacramento Zoo and Fairvtale Town — will offer half-priced admission to offset traffic control and security costs. In addition to offering free or reduced cost admission, many of the destinations are offering special activities during Sacramento Museum Day. A sampling of the special activities include the following • The Aerospace Museum of California will offer an "open cockpit" day where most aircraft will be open for viewing (weather permitting), a children's art contest and on-site exhibitors such as the Tuskegee Airmen; • The Masonic Service Bureau will be on-

Space Center providing free electronic fingerprints of children for their parents; The Sacramento History Museum will offer hands-on gold panning activities for kids;

pearances throughout the day; • And, the Old Sacramento Schoolho eum will serve cake to celebrate the birthday of Laura Ingalls Wilder and mark the anniversary of Sacramento's first public school in February 1854.

+ The crowd-favorite Sacramento Children's

Museum mascot "Leo" will make special ap-

site at the Discovery Museum Science &

While admission is free at most of the partic ipating museums during Sacramento Museum Day, admission to two destinations located in residential areas are half-priced as follows: Sacramento Zoo is \$6 for adults, \$4 for children ages 2-11 and free for children under two; Fairytale Town is \$2.75 per person and free for children ages one and under.

The event is scheduled from 10 a.m. to 5 p.m. but note the last guests will be admitted at 4 p.m. More detailed information about participating museums, addresses, limitations, suggested parking and public transit options is available at www.sacmuseums.org (click on "Events"), or by calling the Sacramento Convention & Visitors Bureau at 808-7777.

Chinese New Year Celebration

Feb. 7: The Chinese New Year Celebration As sociation presents its annual event of dragon dancing, martial arts, cultural entertainment, unity exhibits, arts and crafts, food vendors, children's games. The event will be held from noon to 5 p.m. at Hiram Johnson High School Auditorium, 6819 14th Ave. Tickets are available at the door: \$6 for adults, \$1 for children 11 years old and younger. For more information, contact Vicki Beaton 601-7511 or visit www.cnyca.net.

Steps to College fair Feb. 7: Steps to College 2015 (Pasos a La Universidad 2015) is a university fair created to provide a one-stop educational event for students interested to pursue career training beyond high school. The fair features more than 40 colleges and universities, one-on-one assistance in applying for financial aid, college and immigration advising, all in a billingual setting for members of the whole family. This will be held at the Consulate General of Mexico, 2093 Arena Blvd. To register, visit: http:// stepstocollege2015.org/

Neighborhood Emergency Preparedness presentation

Feb. 8: Neighborhood Emergency Preparedness for Nextdoor Groups with presentation given by Barbara Falcon and Jens Swafford from SacPD from 2 to 4 p.m., 6490 Harmon Dr.. The first 50 RSVPs will receive a special emergency preparedness gift. Everyone is welcome to the NET

ynda Shively is celebrating her first year at

(916) 822-0543

lyndashively@comcast.net

training. (You don't need to be a member of Nextdoor.) RSVP to Kathi Windheim at 392-0101 or online if already on Nextdoor

Baby Storytime at McKinley Library Feb. 11: Babies from birth to 18 months old and their parents/caregivers can enjoy great books, lively songs, and rhymes, and meet other babies in the neighborhood. Fun starts at 10:30 a.m. Suitable for ages 0-5; 601 Alhambra Blvd.

Start Smart Teen driver class

Feb. 11: From 6 to 8:30 p.m. in the Hall of Honor at the Sacramento Police Department Headquarters on Freeport Boulevard, there will be a start smart teen driver class. To sign up, go to the department web page and open the community events link. There you will see a link to the Feb. 11 Star Smart class. Open it up and fill in the required boxes. Please only sign up one person (use your teen drivers name as we use this roster to create the certificates which will be emailed back to you). There will be a student and a parent. If you have more than one child, he or she will be added that night

Disney On Ice presents "Let's Celebrate" at Sleep Train Arena

Feb. 11-14: Feld Entertainment invites fam ilies to turn an ordinary day into an extraor

dinary one at its new ice extravaganza, Disney On Ice presents Let's Celebrate! - Presented by Stonyfield YoKids Organic Yogurt, featuring more than 50 classic and contemporary Disney characters in a captivating compilation of favorite holidays and celebrations from around the world. Audiences will experience the ultimate celebration of celebrations as they join Mickey Mouse and friends on a delightful tour of festivities jam-packed with fun surprises, spectacular skating and vibrant costumes. The production's original storyline transports audiences to exciting events with their favorite Disney characters, including a Valentine's Day Royal Ball with Princess Tiana; a Very Merry Un-Birthday Party with Alice and the Mad Hatter; Jack Skellington's frightfully festive Halloween party with the Disney Villains; and a Hawajian luau with Lilo and Stitch, "Let's Celebrate! is all about experiencing the holidays through the eyes of the Disney characters. There are variety of celebrations from al over the world. With Mickey's Digital Global Destinator, you will travel to far-off places like China for the Chinese New Year and to Brazil for Carnival. One Sports Parkway. Dates and times are as follows: Wednesday, Feb. 11 Friday, Feb. 13 at 7 p.m.; Saturday, Feb. 14 and Sunday, Feb. 15 at 11 a.m., 3 p.m., and 7 p.m.; Monday, Feb. 16 at noon and 4 p.m. Pric-

Calendar continued, page 18



Call a sales representative today for great advertising rates: 429-9901

No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

WINTER CLEAN UP SPECIALS

Rain gutter's cleaned, concrete removal, sod placement, rototilling, pressure washing/power spray, yard work, hauling, painting, tree & shrub removal, general labor, fence repair, odd jobs & more. References available. In buisness for 18 years. Licensed. Call Les at 838-1247.

HARDWOOD FLOORS

REFINISH OR INSTALL

Install, sand & finish hardwood flooring or refurbish your existing hardwood floors. Call Michael at (916) 383-8742. Lic#544159 Ref available

HELP WANTED

HELP WANTED

career in construction. Need hard worker to assist Lead Carpenter, Must speak English, have trans lytlecon1@yahoo.com

TAX PREPARER

#1 TAY PREPARER 32 yrs. exp. We specialize in Business Tax re

turns including Corp & Partnerships. We prepare expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please ca for yr appt. today. Irene Senst (916) 640-3820, Nevada (775) 410-3422. Same low 1990 rates. www.taxirene.info • taxireneinfo@gmail.com

HELP WANTED/DRIVERS

Drivers (CDL-B): Great Pay, Hometime

No-Forced Dispatch! New Singles from Sacramento to surrounding states. APPLY: TruckMovers com 1-855-730-1084

32 yrs. exp. in industries like Auto. Mechanics

Restaurants, Caterers, Massage, Doctors Chiropractors, Non-Profit, Retail, Martial Arts arber, Construction, Wholesale, Investmen Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialize appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info • taxireneinfo@gmail.com

16 East Sacramento News • February 5, 2015 • www.valcomnews.com www.valcomnews.com • February 5, 2015 • East Sacramento News 17 Valley Community Newspapers, Inc. Valley Community Newspapers, Inc

CALENDAR

es range from \$17, \$23, \$42 (VIP), \$70 front row; kids tickets available for only \$10 on weekday shows. Opening night discount tickets are available for \$12. For more information, visit www.disnevonice.com, ticketmaster.com, by phone at 800-745-3000 or in-person at Ticketmaster retail outlets or the box office.

Writing with the Great 19th **Century American Poets** (featuring The Fireside Poets: Longfellow, Whittier & Holmes)

Feb. 11: In this module-based class, participants will hear a brief lecture about The Fireside Poets: Longfellow, Whittier & Holmes. They will read works by these poets together in class and write their own poems. Critiques are offered by the instructor and fellow classmates in a friendly and supportive workshop style environment. This is the third of six sessions. Each session is its own entity, so that a participant may choose to attend one class or all six (or any number in between) and never feel lost. Writers at any level are welcome. The classes are free and held in the lovely Reagan room of the Clunie Community Center at 601 Alhambra Blvd. All sessions are taught by editor and published poet Frank Dixon Graham and sponsored by the McKinley Library. Class will be held from 7 to 8:30 p.m. Contact Frank at Frank.Graham@ Goddard.edu for more information.

Toddler/ Pre-School Storytime at McKinley Library

Feb. 12: Songs fingerplays and stories especially for ages 18 months to 5 years followed by playtime! Make new friends and play with toys. Storytime starts at 10:30 a.m. 601 Alhambra Blvd.

Explore & More! at Colonial Heights Library (School Age (6-12))

Feb. 12: Looking for something fun to do after school? Join us for some homework help and fun with the Explore & More program, presented by the Colonial Heights Neighborhood Association! Each Thursday afternoon we'll have an hour of homework help, as well as an hour of arts, crafts, board games, Lego building, science experiments, and more! The program starts at 3:30 p.m. at Colonial Heights Library 4799 Stockton Blvd.

Valentine's Craft for Kids at McKinley Library

Feb. 13: Come celebrate Valentine's Day by making your own play dough hearts! We will roll out large blocks of play dough in Valentines colors, then use cookie cutters to make Valentine hearts. We will then decorate our creations with sequins, glitter, and other art supplies. Come make your own Valentine masterpiece or other artistic play dough creation to give to your special Valentine. Crafts start at 3:30 p.m. at McKinley Library 601 Alhambra Blyd

Community PTSD awareness event

Feb. 13: The invisible wounds of trauma survivors affect not only the individual but their families and their communities. Whereas Sacramento County is home to more than 90,000 veterans, approximately 30 percent of women experience domestic violence, 1-in-3 women and 1-in-5 men. have been sexually abused prior to age 18, and whereas heart attack and cancer survivors are at an increased risk for PTSD. Hear from guest speakers, Ben Palcious a U.S. Marine Corps Viet Nam veteran and ity chaplain for the U.S. Army. The event takes place inside the large

Oaks, 4401 San Juan Ave., Fair Oaks. Everyone is welcome to gather information and resources at this free-admission event. For more information email John Holmes, LMFT and Jan Sharp, LMFT at 2counsel-

Sacramento Guitar Society prespents Michael Chapdelaine and Motoshi Kosako

Feb. 14 - Sacramento Guitar Society pres pents Michael Chapdelaine and Motoshi Kosako at the Harris Center, Folsom at Folsom Lake College 8 p.m. Chapdelaine is a National Fingerpicking Champion guitarist and Kosako is a Jazz harpist. For more information, visit www.SacramentoGuitarSociety.org, www.HarrisCenter.net or call 608-6888.

One-on-One Technology Help McKinley Library

Feb. 14: Are you curious about ebooks but not sure how to get started? Is your tablet or ereadsuch as creating e-mail accounts and using the internet? Come by the McKinley Library and meet with a Technology Assistant! Sessions are first come, first served and last 30 minutes. Tech help starts at 10 a.m. 601 Alhambra Blvd.

Celebrate Chinese New Year with the River City Chinese Music Ensemble

Feb. 15: Starting at 2 p.m., join the Sacranento Public Library, central branch, located at 828 I St., for a musical performance by the River City Chinese Music Ensemble. a local group that specializes in traditional Chinese musical instruments. The River City Chinese Music Ensemble was established by a combination of local residents and overseas Chinese artists in 2009. The musical group is considered one of the premiere Chinese music groups in the region. Making up the group are Chinese musicians specializing in flute, erhu, pipa, guzheng, ruan, yangqin. The group has played at several events and locations spanning the Sacramento area to the Bay Area. This musical performance is the first of a four part series emphasizing the cultural contributions of Chinese and Chinese Americans in the Sac-

13th annual American Heritage Day Feb. 16: Come and see history come alive a

Mount Vernon Memorial Park, FD 1154, 8201 Greenback Lane, Fair Oaks. Some event highlights include: Classic cars on display, Wells Fargo Stage Coach on display; the Delaware Regiment will set up camp, display and fire muskets; there will be the Red Circle Organization, featuring Percy Edwards; Old Time High Wheel Bicycle, Gold Rush Peppet Show, Consolidated Drum Band will march and play patriotic songs, there will be a walk through a "Gold Rush City" Red Barons R.C. Model Airplane Club will display and fly ware planes; there will be a U.S. Army Huey Vietnam Helicopter on display; there will also be an opportunity to pan for gold at a price of \$3 to cover the cost of gold; visitors can meet with George and Martha Washington, Abe Lincoln, Amelia Earhart, Rosie the Riveter and others. It's a free public event.

Camellia Embroiderers' Guild meeting Feb. 17: The Camellia Chapter, Embroiderers' Guild of America will hold a meeting at 7 p.m. at the Arcade Library, 2443 Marconi

SCHOOL NEWS

Open enrollment now available online for SCUSD schools

From innovative specialty programs to pioneering career-themed high schools, Sacoof Science and Technology) robotics proramento City Unified School District offers a menu of educational options for families.

"Our goal is to provide every student with a high-quality educational program that prepares him or her for college and the workplace," said Superintendent José L. Banda. "One of the ways we can do that is by offering parents options so they can select the program or school that best fits their child's needs."

Students who dream of a career as a nurse or doctor, for example, can learn about the medical field through classes, internships and mentorships offered at Health Professions High School in Upper Land Park. Students up for the challenge of project-based learning can enroll in SCUSD's East Sac International Baccalaureate Track programs at Caleb Greenwood and Kit Car-

"This is an exciting time for Kit Carson," said Principal Charlie Watters. "With the addition of the International Baccalaureate program and the expansion to high school, Kit Carson now offers a rigorous, college bound pathway to college in East Sacramento.

Through IB, Kit Carson students are becoming active participants in their own learning because they are developing skills that will help them become strong communicators, reflective thinkers and engaged citizens. Watters added. Kit Carson offers tours for prospective students and their families every Wednesday at 9 a.m.

In the Pocket, the School of Engi-

grams and ACE (Architecture, Construction and Engineering) and engineering classes during the regular school day.

SCUSD also offers dual-language immersion programs in Spanish, Hmong, Cantonese and Mandarin. These programs are aimed at creating global ambassadors with instruction in two languages and lessons that promote cultural literacy.

"Our students will move on from college to work in a global economy," Superintendent Banda said. "Preparing them with language and cultural skills will help them achieve their goals."

For convenience, SCUSD is offering two online Open Enrollment periods for the 2015-16 school year.

Open Enrollment allows families that live within SCUSD's boundaries to apply for available seats in schools beyond their neighborhood school or to apply for enrollment in specialty programs and schools.

Families of students who will be in middle or high school next year can now apply online. Online open enrollment for middle and high school ends at 5 p.m. on Tuesday, Feb. 3.

Families of students who will be in elementary school next year can apply online beginning at 8 a.m. on Tuesday, Feb. 17 and continuing through 5 p.m. on Tuesday, March 3.

Please visit www.scusd.edu/open-enrollment neering and Sciences offers two levels of for walk-in dates and for more information.

David Lubin Elementary School to host its 10th annual jog-a-thon

On Friday, March 20, David Lubin Elementary School in East Sacramento will host its

The jog-a-thon is a school fundraiser that helps contribute to David Lubin's enrichment programs. Local businesses sponsor the event, and parents and friends pledge money for students to run laps while promoting a healthy lifestyle through exercise.

In past years, the jog-a-thon has raised over \$10,000 in pledges. These funds help support the school's art program with local artist Ms. Jane, the David Lubin After School Academy (DLASA), and the educational field trips offered to students each year.

The jog-a-thon has received support from these generous sponsors: Ginger Elizabeth Chocolates, La Trattoria Bohemia, Assemblymember Kevin McCarty, Cotton Shoppe, Brew Ferment Distill (BFD), Eyes on J, and Jennifer Hayes of Lyon Real Estate. Prizes have been donated by the Sacramento River Cats, Sacramento Republic Football Club, and Burr's. For their generosity, sponsor names and logos will be printed on T-shirts worn by the more than 600 students, staff and parents participating in the event.

The deadline for companies to include their logos on the T-shirt is Friday, Feb. 13. If local business owners wish to sponsor this year's jog-a-thon after that date, please contact Sarah Phillips. Company names can still be included in all electronic mailings and on the school's Facebook page.

For more information about the jog-a-thon, please contact Sarah Phillips at sarahbethphillips@hotmail.com.

Jessie Ryan: Born to be an activist

Editor's Note: This is the first part in a two-part series about newly elected school board member, Jessie Ryan.

There are people in the world born pre-ordained with destinies like Cesar Chavez, Margaret Sanger, and Harriet Tubman. They are people fated for a particular post in life achieving extraordinary feats out of ordinary or oppressive circumstances; those silent heroes that rise from the rubble of injustice daring to make a difference. In today's blizzard of I-ism, these types might seem fictional or non-existent in modern culture.

Thankfully, there are still people who are willing to tread the tenuous trails of democracy. Recently elected Sacramento City Unified School District board member, Jessie Ryan is one such champion rendered from an impoverished past that now fuels her fire to make a difference.

Being of Caucasian decent, Ryan's blue-eyes and blonde hair (all natural) masks her commonality with the marginalized communities of Sacramento. Raised by a single mother, Ryan and her step brother endured a hollowed out existence. The family clawed through the chaos of social services, living on food stamps and waiting in lines for government cheese. Ryan recalls the frequent moves, in order "to keep a roof over our heads." Despite the nomadic existence, which honed an adept ability to read the climate of a community, Ryan's mother, the most definitive influence in her life, instilled a conviction that "your income level does not determine your destiny."

Armed with this shield of confidence, Ryan believed from a young girl, that she, like Scruffy the Tugboat, was meant for better things. Her mother reiterated time and time again, that Ryan would the first in the family to graduate from college, pulverizing a vicious cycle of poverty. Frequent visits to the library fed Ryan's imagination. Being incurably curious, she read ferociously as literature served as a reprieve from a grim reality while glimpsing a plethora of possibility. Ryan recalls outings to the Capitol Building where her mother told her that she would not only graduate college but would be a force for equality; a mantra that Ryan tucked deep in her psychic.

Despite the poverty, Ryan grew rich in character, listening to traditional fairy tales that ended with a feminist twist. "My mother would say, and then Cinderella went to college and graduate school.' I only learned the real story after I learned to read. The message was clear— I didn't need a man to validate me, I only needed an education."

Ryan recalls a remarkable event that she relishes to this day. Her moth-



Shown above is newly elected school board member Jessie Ryan with husband Arsenio Mataka and children Tristan

Shown left is Jessie Rvan being sworn into office standing with her two

Mateo and Brooklynn Rose.

er bundled the family up announcing with great enthusiasm that they were to going to listen to a woman who would change the face of history; Geraldine Ferraro, the first female candidate nominated for Vice President. "I was only 4 years old at the time. My mother said that if a woman could run for Vice President of the United States that I could do anything I wanted in the world."

The accomplishments, Ryan's mother spoke of, were prefaced with a purpose; to strike a dent in the inequities

Ryan's deep alliance with communities living on the fringe, African Americans and Latino people, is a direct result of her experiences growing up. When her mother campaigned for Jesse Jackson, the family won a lottery (a marketing tool to raise money) and young Jessie was bestowed a puffy pink coat that she proudly wore for over a year.

While young women of the day donned their bedrooms with posters of rock stars, Ryan plastered her walls with images and quotes from Martin Luther King, and Cesar Chavez. She attributes her allegiance to change to her mother that insisted her family was made up of artists and free thinkers. But Ryan's proclivity to make audible the silenced voices of the under-represented came from her keen awareness and personal experience of the hardships low-income people suffer.

When Ryan was about to enter daughter to go to El Camino, one of the better schools in Sacramento. Afyear proved to be an enormous hurdle. At that time, if you were a "free-lunch years, being labeled a poor kid was devastating. Ryan coped by skipping

Being savvy at assessing "the lay of the high school her mother relocated yet land" Ryan sought out a place to fit in again to a small space that allowed her and gravitated to the theater. It was El Camino's theater department that embedded a sense of belonging and like ter bouncing through eight different fertile ground, encouraged her to blosschool districts, Ryan's mother was de-termined to have Jessie graduate pre-meant that outside activities were out pared for college. But her freshman of the question. But the theater arts program was free. Showing up early and leaving late to the theater became student" everyone knew it. There were Ryan's trademark and a precursor to no discretionary practices in place and her staunch dedication to activist work. amid the already awkwardness of teen The encouraging words of her mother mantled with her own deep convictions, Ryan was ready to rise above the lunch that entire year, often spending limitations of low income living and the hour curled up in a stall in order to embark in a future where there would be no looking back.

avoid embarrassing questions. **18** East Sacramento News • February 5, 2015 • www.valcomnews.com Valley Community Newspapers, Inc. www.valcomnews.com • February 5, 2015 • East Sacramento News 19 Valley Community Newspapers, Inc.



A BYGONE ERA

Beautifully renovated from head to toe - The Didion House -2 half baths with new kitchen, three floors, including media room, and a full basement. \$1,395,000

SHEILA VAN NOY 505-5395



WONDERFUL RIVER PARK

Lovely 3 bedroom home with remodeled bath, recently painted Rich wood, fine detailing and spacious rooms. Historical in in exterior! Kitchen has been remodeled with granite and the cabiboth style, heritage and culture. 4 bedrooms 2 full baths and nets were replaced. Huge backyard features a beautiful swimming pool and great shade trees. 2-car garage. \$399,500

LEIGH RUTLEDGE 612-6911 BILL HAMBRICK 600-6528



RIVER PARK

Fantastic River Park home. 4 bedroom 21/2 bath home, remodeled from head to toe in 2011 with new stone floors, new wiring, new A/C, kitchen cabinets and granite counters. Great value in River Park: minutes to downtown and walking distance to Sacramento State \$489,000

TIM COLLOM 247-8048



BEYOND CUTE

Cozy bedroom loaded with charm, character and personality. Gleaming hardwood floors, light and bright kitchen that views a beautiful backyard, inside laundry room, redwood deck with arbor cover, large two car garage with additional storage! \$389,000

RICHARD KITOWSKI 261-0811



WONDERFUL EAST SACRAMENTO

Great layout and a warm cozy feel in this 3 bedroom home. Updates include dual pane windows, custom lighting, newer paint inside and out and spacious kitchen. Plenty of old world charm with good floors and a fireplace in the living room. Larger than average back yard too! \$389,900

NATHAN SHERMAN 969-7379



OPPORTUNITY KNOCKS

Opportunity to live in East Sacramento and walk to all the great restaurants. Right off 51st Street, this 2 bedroom home sits on a quiet dead-end street. Large lot provides for a great yard. A comfortable sweet starter home or investment property. \$249,900

JAMIE RICH 612-4000



AWESOME BUNGALOW

high ceilings and designer colors. The kitchen has plenty of storage with breakfast bar and overlooks dining/family room. Relax on the large front porch or back patio and watch your garden harvest grow! \$359,500

DAVID KIRRENE 531-7495



EAST SACRAMENTO DUPLEX

3 bedroom 2 bath, rebuilt in '97 has a great open floor plan, Adorable East Sacramento Spanish style duplex Location! Location! Location! This Med Center cutie makes a with one bedroom one bath units. Hardwood floors, leaded windows and beautiful fireplace in each unit. Each unit also has separate yard space. \$455,000

PAM VANDERFORD 799-7234



MED CENTER

great investment property or the perfect spot to call home. Walk to UCD, shops restaurants and more. 2 bedrooms, spacious kitchen and nook. Newer carpet and paint, nice back yard and off-street parking. \$279,900

JAMIE RICH 612-4000

for current home listings, please visit:

Dunnigan Realtors.com 916.484.2030 916.454.5753

DUNNIGAN, Realtors

Dunnigan is a different kind of Realtor.®