April 16, 2015 | www.valcomnews.com EAST SACRAMENTO NEWS

Dancing on library wals

Troupe Bandaloop was the featured act at Sac State's Festival of the Arts See page 11

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Celebrity stylist returns to East Sac with more passion for style than ever See page 7





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The Picture on Aunt Margaret's Wall

Janey Way Memories:



By MARTY RELLES

When I was growing up on Janey Way, we spent lots of time at my Aunt Margaret's house on Hillsborough Lane in South Land Park.

By the time I hit teen age, Grandma Petta had grown too old to host our extended family gatherings at Thanksgiving and Christmas, so Aunt Margaret took on that responsibility. She had a big house with a game room in the back. That made it a perfect place for all the children in our expanding extended family.

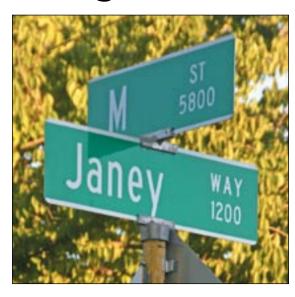
Besides the game room with its full sized pool table, the thing I remember most about Aunt Margaret's house is a painting which hung on her living room wall. It featured towering rocks in colors of red, pink, brown and tan, contrast against a brilliant blue sky. The horizon lay covered with cactus and small evergreens. You could see a smattering of snow in the distance.

It seemed surreal. How could snow be found in such a parched looking landscape? A few weeks ago I found the answer to this question.

My wife Barbara and I had seen an ad on television touting the national parks in Utah. We were taken by the beauty of these sites, so we decided to go and see them.

The wonders I saw there, brought back memories of Aunt Margaret's picture.

We visited three national parks and one state park: Zion, Bryce Canyon, and Canyon Reef national parks and Petrified Forest state park.



Bryce Canyon Park brought back long-forgotten memories of the painting on Aunt Margaret's wall. Towering, shear-faced rocks spread out across the horizon. Interspersed among them, were smaller rocks with human shapes, forged by weather over millions of years. Small pines and cactus filled the spac-I pondered what I saw in this picture. es between the rocks, and nestled underneath it all, were patches of white snow. Yes, in the mountainous dessert, eight thousand feet above sea level, they still have snow in April.

It is true, reality is stranger than fiction. There is a place where rocks are pink and red, the sky is bluer than one could ever imagine and snow covers the parched ground. I don't know where the picture on Aunt Margaret's wall is today, but I do know where it was most likely painted. It is real, not the figment on some artist's imagination.

Now, the painting that so impressed me in my youth, is yet another unforgettable, Janey Way memory.

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Neighbors gear up for East Sac Garden Tour

The 17th annual East Sac Garden Tour is a Sacramento tradition and scheduled for Mother's Day Weekend. Stroll through East Sacramento and the Fabulous 40s as you visit the seven featured gardens. All the gardens start out beautiful, but with the help of regional designers and artisans they are ries. "It is an honor to be asked again," she said. embellished to become works of art.

Susan Ballew, a homeowner on 37th Street, will be one of the neighbors showcasing her garden at of the fabric of our neighborhood, and I am delighted the tour. Many of the plants, shrubs, and trees growing in Susan's yard are "transplants" from family, friends, and neighbors' gardens. Even some of the large rocks are "transplants." Perennials that came with the house have been divided and replanted in It was a delightful experience for me 10 years ago and different locations. So the garden's "occupants" have I'm looking forward to it again." a history and that makes them more personal and more interesting. Susan's garden has been planted gradually over the years and is constantly changing — and not necessarily by choice. For instance, when the side of the street lost most of its mature is displayed in a sweeping chalk gallery on their American elms, her shaded front yard immediately became a sun-drenched yard. The garden changed. And when she could no longer grow vegetables, or even flowers in her backyard because those trees matured, the garden changed. In fact, that half of her backyard is in transition from sun to shade and from lawn to a low-water-use area. That design is still in progress. It's been an exercise in creativity and redefining what a garden must now be.

Susan's garden was on the David Lubin Garden Tour about 10 years ago, but today it really is a very different garden. For repeat participants, don't worry, Susan said the metal horse trough will still play the Garden Tour Boutique is the place get ideas for a prominent role! "I think my garden is casual, un-

fussy, and really doesn't require much maintenance. People enjoy seeing gardens similar to their own. They are inspired and can implement low-cost ideas quickly in their own gardens."

Susan truly enjoys sharing her garden and its sto-

Asked why she is participating in the tour this year, she said, "David Lubin School is such an integral part to help with raising money for their programs. What a wonderful way to celebrate Mother's Day — talking with people who are strolling through our beautiful neighborhood and enjoying the private gardens.

Anyone who loves gardening or Sacramento in the springtime will enjoy the tour. Other tour features include:

The ChalkTop where David Lubin student art school blacktop.

Children's Art Wall – Each year the children's art instructor, an educational enrichment option supported by the Garden Tour, puts on a children's art show in one of the featured gardens.

Tea Garden Luncheon – Held at neighborhood institution Sutter Lawn Tennis Club and catered by Along Came Jenny Catering, the tea garden offers attendees a sit-down, alfresco lunch for just \$15 (tickets sold separately).

Garden Tour Artisan Boutique - If you wish to add to your own garden or embellish your home, your garden.



Sweet Stop — Sweet refreshments sold at David Lubin Elementary, near the boutique.

Three School Gardens — Relax in David Lubin's Peace Garden, Edible Schoolyard, and the charming Kinder Garden.

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Tickets also available at East Sacramento locations. Please check the website for locations: www. davidlubingardentour.com.

Tickets purchased through May 8th are \$20, \$25 on the 9th or 10th (children 12 years and younger are free).

Proceeds benefit David Lubin Elementary school programs, specifically academic outreach, the art program and the school gardens.



Editor's Note: This is part two of a two-part series pertaining to the Capital Contemporary Orchestra and its Danish conductor Henrik Jul Hansen.

Danish immigrant Henrik Jul Hansen, who directed the Capital Contemporary Chamber Orchestra in a local performance last weekend. has enjoyed a lengthy and successful career in music.

with this publication, Hansen, 60, who resides in midtown Sacramento, shared details about that success, his career and his love for music.

became fascinated by music at a very young age.

I was 5 years old," Hansen said. "My dad (introduced him to the music of Italian composer Giacomo) Puccini (1858-1924). One mornin and listen to this.' And so, there was this wonderful sound coming out of this opera music, and I don't know why, but I suddenly realized that music was going to be my life. I felt that my soul was vibrating on a musical note, and it was like I understood that language. It's like second nature to me.



East Sac Sarden Tour May 9th and 10th

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Danish immigrant has rich musical resume

By LANCE ARMSTRONG

During a recent meeting Hansen explained that he

"I had an experience when

"I sort of like realized that it myself with words. That was going to be my task. Expressing myself with music, that

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how I knew this, but I knew this at the age of 5.

mark) when I was 5. I got into music appreciation and piano lessons already there when I was 6. And I got into a school that really favored music, and later on in high school, they also had a special music tradition."

In recalling how he became a conductor, Hansen said. "I started conducting when I was 16. I was in a choir, and it was my music teacher that did that. And he said, 'Can me?' He gave me a week's nothe rehearsal, and then people said it was like I had been sitting in that chair all along.

"That was really how it started. It gave me a chance to see if this is really what I wanted, and then I went to the university in conservatory in (his birthplace ing he said, 'Henrik, come of) Copenhagen, took an education there, went to the Royal Academy (College) of Music in Stockholm, and in Drogden also, and did my post graduate studies there."

Since coming to the United States in 1988, Hansen has had many musical opportunities.

As for the earliest of those experiences, Hansen said, "I actually had an English girlfriend, who had family over was figuring out how to express here (in America), so we went over here that summer (in 1988)," Hansen said. "I totally fell in love with would be easy. This thing of America, and I was acceptexpressing myself with words ed for Tanglewood the next was kind of what I needed to year, and so, everything took learn in this life. I don't know off from there."

In October 1989, Hansen had his debut concert "It really was wonderful. I at Carnegie Hall with a 94started piano there (in Den- piece orchestra that he had compiled during his time in Tanglewood.

> Hansen was able to acquire grants and he was in part sponsored by the Danish consulate.

After working with an orchestra in New York for a couple of years, Hansen became involved in a research project of American music that took him to many parts of the United States.

In remembering that time in his life, Hansen said, "They you take over a rehearsal for had a big collection at the Library of Congress, so I starttice. Can you believe it? It was ed researching this composer, really a scary day. We were and went to all the places that doing 'Messiah.' I took over he had lived and ended up in California. And I thought, California is really lovely and I would like to settle down



See Henrik, page 8 Henrik Hansen is shown leading a musical performance last March.



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Celebrity stylist returns to East Sacramento with more passion for style than ever

By MONICA STARK editor@valcomnews.com

East Sacramento grown Jacqueline Gage has style and Hollywood has taken notice. Gage has styled Taylor Swift for the singer's first Grammy's and dressed comic Tracy Morgan for a Rolling Stone magazine photo shoot. And after all that success away from her hometown, Sacramento, Jacqueline has returned, bringing her shopping business with her.

Called Style by Gage, the business caters to anyone who needs help with their wardrobe, or wants to enhance their overall image. "These include working men and women, housewives, or anyone who just wants to up their style game!" Jacqueline told the East Sacramento News.

After graduating in theater arts from Northridge State, Jacqueline then honed her passion for fashion in one of the most competitive arenas, the entertainment industry, working for Neiman Marcus and continued assisting various celebrity stylists.

was not an exaggeration.

Jacqueline grew up in her mother's hair salon in East Sacramento, Vicky G's, and was constantly surrounded by women beautifying themselves. "I think these things leave everlasting impressions on you, and I have gone throughout my life always wanting to enhance things and make them aesthetically so I think the two things merge and that's where fashion styling came into play."

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Right before she graduated, she started assisting top celebrity stylists and had a great opportunity seeing the ins and outs of the celebrity styling business. "I remember the first week I started working for them I was driving up sunset to Penelope Cruz's house; it was surreal. The first month I worked for the stylists, we dressed Penelope Cruz, Jessica Biel, Rebecca Romijn and Kyra Sedgwick, to say it was star-studded

Speaking about her deep love for fashion and how it relates to the amazing background she's built for herself, she is so humble and brings her clients a genuine sense of wanting to help others. Take for instance this response to what have been the most exciting, most challenging and most fun she's had 10 years in the business, Jacqueline said, "I had so many wonderful experiences working as a fashion stylist, but realized what I loved most was the ability to make men and women feel better through enhancing their image. I wanted to bring my business to a market that was less saturated and I thought there was no better place than my hometown of Sacramento! It is a place that is dear to me and it is a place that has seen a lot of progression and will continue to grow. I hope to be a part of that growth, with my personal shopping business Style By Gage, using my skill set to help everyday people. When you look better, you feel better. And when you feel better, you do better and I just love that chain of events!"



Shown here is Jacqueline Gage, a stylist who grew up in her mother's East Sacramento salon, Vicky G's. Jacqueline has gone on to style celebrities like Taylor Swift and Tracy Morgan, but she moved back to Sacramento recently, having decided to bring her expertise back home.

Jacqueline said she knew she had a knack for fashion at a young age when she would instruct her mother and grandmother on what to wear and they would actually listen. "I have always been very opinionated, especially when it comes to fashion."

During this time, Jacqueline practiced styling skills in multiple ways. Dressing everyday women at Neiman's who had a love for highend goods and who had the same concerns of many women to look slim and flattering with the desire to enhance their overall image, Jacqueline got very good at addressing women's concerns and developing tips and tricks to make them look and feel their best.

Over time, she acquired more of her own styling jobs and became a freelance stylist working in various capacities, ranging from editorial, advertising, commercials, music videos, fashion shows, and television.

Jacqueline spoke about the nerve-racking experience styling Taylor Swift for the superstar's first Grammy's. "She wore a purple beaded dress which I wasn't thrilled about but it was her pick. When I was driving to the Grammy's her manager calls and asks if I could give her a manicure and pedicure as well. This was really weird since fashion stylist, just do wardrobe, but I figured they were new to the whole entertainment game and maybe just thought I was a one-stop shop. The one thing I knew at that point was to just say yes and fake it till you make it because I wanted them to be happy and do a good job. So immediately when I pleasing. Plus, I love people and interacting got there before any wardrobe could be done,

See Stylist, page 14



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Henrik:

Continued from page 5

here, and I got married here (to Donna Pozzi in 1996) and it has been a very special place for me."

Hansen said that he became involved with the Sacramento Ballet during the following year.

"I started working for the Sacramento Ballet playing piano for them, and they tried me out as a conductor, and they liked what I did," Hansen said. "So, that was 'Peter and the Wolf.' And the following year, we did 'Romeo and Juliet,' and then we did (another production), and then we started doing all the Nutcrackers."

In the meantime, Hansen created his own orchestra in the capital city, because the Sacramento Symphony had folded when he arrived in Sacramento.

Hansen worked with other musicians and established the Gold Country Chamber Or-

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chestra in 1998. The orchestra's last concert was held in May 2011.

Hansen also auditioned for the Merced Symphony, and eventually worked with that symphony for about 16 years.

As explained in the previous article of this series, the Capital Contemporary Chamber Orchestra's first concert on April 11 was billed as a "reunion concert," because the orchestra was formed as a re-creation of the former Gold Country Chamber Orchestra.

Toward the end of his interview with this publication, Hansen spoke about his philosophy toward working in music.

^{*%*}That's what it's all about: You have to have fun, you have to have a good time, you have to do things that fill your passion and your heart," Hansen said. "And if you can share them with some other people and if people like it, then I think you are very lucky."

Happy anniversary **Carolyn and Rupert!**

Congratulations to Elmhurst love birds Carolyn and Rupert Hess who will be celebrating their 50th wedding anniversary on Saturday afternoon with close friends and family.

They have been living on U Street for 48 years. Rupert enjoys fishing trips in Alaska and having lunch "with my buds." Carol loves her cats and quilting and anything vintage country and western. Asked the secret of a happy marriage, Rupert says: "We have been together for over 50 years because we never go to bed mad! Love is something that takes time to grow with trust and patience."

They both have been retired for 17 years and have traveled around the country over the years.

The Hesses met in business school 1964.

Rupert went to C.K. Mc-Clatchy High School and has

lived in Sacramento for 60 years. Carolyn attended Sparks High, in Nevada and lived in Sparks for 20 years before moving to Sacramento.

Both Carolyn and Rupert have worked for the Army Depot at the McClellan Air Force Base and in San Francisco from 1963 to 1964. Recalling that point of time in their lives, Rupert said, "I was then an IT manager for Sacramento County for 35 years and Carol was a punch card operator for the Army Depot, a bank teller for Security Pacific bank, a nanny and house engineer."





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The Art of Gymnastics

ERNATIONA

New documentary highlights historic Sacramento film footage

By LANCE ARMSTRONG

Matías Bombal, who has been entertainie reviews under the heading of "Matías Bombal's Hollywood" since last July, is presently enjoying the success of his major contributions to a local, historical film documentary project.

The documentary is a combination of the blending of news and other film footage from various eras of Sacramento's history and modern day recordings of locals of the city's history.

During an interview with this publication last week, Bombal, 47, recalled being asked to become in- ter's interest in contacting him volved with the project – an hour to work on the project, Bombal and 39-minute documentary, called "The Sacramento Picture!," which was completed on March 20, after about seven months of work.

"I was approached by the Center for Sacramento History, in the per- Library on May 26, 2014. sons of Dylan McDonald and Rebecca Crowther, who were familiar with my movie review work and knew that I had an interest in Sac-ramento history for many years, be-making the public aware of the audience falls asleep." ing involved in bringing old the- center's film resources. aters back to life and knowing about movies," said Bombal, whose theater experiences include working as ect began to provide grant fundan usher at the Tower Theatre and managing the Crest Theatre. "They the state for the purpose of digihave, at the Center for Sacramento tizing films to make them available History, one of the largest regional film collections in the nation. There's over 9 million feet of mov- center's film reels have been digiie film. I mean, it's hard for me to tized. But that is a very small numeven wrap my brain around 9 million feet of movie film. To put that that Bombal estimates that the cen- the point where if something starts into prospective, if you watched 24 hours a day, every day of the week its collection. without stopping for eating or any-thing, it would take you at least 11 years before you could really see a Bombal was contacted by the center. good portion of it.

vist, Mahlon Picht.

"The purpose, of course, is the city wants to use this footage to lior documentaries, because there's a lot of great news footage there."

The largest portion of that news footage collection, Bombal notes, was filmed by the legendary local television news photographer Harry in addition to you on this foot-Sweet (1920-2014), who had main- age. We want to have a stage show tually included brief political footage tained a vast collection of news foot- and there will be some PowerPoint in the documentary. age that would later be donated to local archives.

"(Sweet's donated collection in-

to 1979, when (KCRA) Channel 3 stopped shooting movie film for news stories," Bombal said. "It's just a remarkable collection of the life ing readers of this paper with his mov- of this community and the state to a certain degree."

Bombal also commented that the center's film collection includes films dating back to 1910.

And in speaking about the center's local films, in general, Bombal said, "It's a fascinating look at the movie images of our past. So, it brings a fabulous prospective of how our city looked and moved. And it somehow speaking about different aspects brings to life the past a little bit more than a still photograph might, and with rich detail."

In further explaining the cenmentioned that McDonald and Crowther had attended his presentation of a free, public showing of a color film called, "Life in Sacramento 1950," at the Central

Audiovisual Preservation Projthrough the Internet.

Bombal said that about 150 of the

eral years has just sat there on have 50 reels that are now digi- side of buttons on coats for 45 minshelves and (was) only accessi- tized. Can you come look through ble to the (center's) film archi- all of this film and put together a most germane and interesting films cense to people doing productions of what we have digitized?' I said I would do that, and I had a meeting ious local historians to comment tics completely." projection, we'll run the film and then we'll have a discussion."

cludes) all of the daily news films thoughts on that approach, Bomfor each day of the week from 1957 bal said, "It occurred to me that the time," Bombal said.



Photo courtesy of Center for Sacramento Histor A still image taken from an old Sacramento film shows the Western Pacific depot, which is presently home to The Old Spaghetti Factory restaurant at 1910 J St.

trouble that people have at these McDonald and Crowther ap- historical events is you will get some about the approach to the documenproached Bombal at that event expert that will talk about some bit tary, saying, "I wanted to take the and expressed their interest in of minutia and go on and on (with most interesting pieces of film from

Since that time, the California simply making a documentary us- me to be centric to the downtown. ing portions of the digitized films So, I didn't do stories about Roseville and brief comments by spokesper- or West Sacramento or south Sacraing for film collections throughout sons selected to be recorded for mento. Primarily, it was the city core such a documentary. Those comments could thus be used by the project's producers at appropriate points in the documentary.

"(That approach) economizes the ramento Picture!" time, and then you can get more footber of the center's reels, considering age and more talk in and control it to ter has about 1 million film reels in to get boring or dull, we can make it tighter and a more valuable experi-It was at the point when the center ence for the audience," Bombal said. had 50 of those reels digitized when "And having the theatrical sense, because I've shown movies my whole ood portion of it. In recalling that moment, Bom-life, I have an idea of what people's tol-"So, that film for the last sev-bal said, "They said, 'Matías, we erance level is. To talk about the inutes, you'll lose some people."

An agreement was made for a docspeaker series lecture for us where umentary to be made, and Bombal you select what you think is the spent three months reviewing the digitized film.

In regard to his approach to creating the documentary, Bombal had to with them, and they said, 'Well, we develop a concept as to its direction. want to involve local experts. We And one of the decisions in that conwant to get William Burg and var- cept, Bombal said, was "to avoid poli-

However, Bombal said that he even-

"I start with Ronald Reagan and end with Cesar Chavez, so that I can And in reflecting upon one of his please both the liberally minded and the conservatively minded at the same

Bombal further shared details Bombal made the suggestion of and people. So, it was important for over that period of time."

Bombal expressed much appreciation for Chad E. Williams, who was the editor of "The Sac-

"We worked hand-in-hand for six (to) seven months to make this movie," said Bombal, who also provides voiceover narration for the documentary.

In addition to Burg, other locals appearing as spokespersons in the documentary include Picht, Stan Atkinson, Alan Ó'Connor, Kevin Wildie, Marcia Eymann, Mark Pollock, Gretchen Steinberg, Annette Kassis and Ginger Rutland.

Thus far, the first two showings of the documentary have sold out.

The premier showing was held at the Crocker Art Museum on March 25, and the second showing will be presented tonight, April 9 at the Center for Sacramento History.

Tickets are available for the third and last scheduled showing of the film in the upstairs theater at the Tower Theatre at 2508 Land Park Drive on Wednesday, April 29 at 7 p.m. An additional three-minute introduction featuring historic footage of the Tower Theatre will be added to the evening's program.

For ticket information for the April 29 showing, visit the website, www. mabhollywood.com.

Valley Community Newspapers, Inc.

Faces and Places:

stephen@valcomnews.com

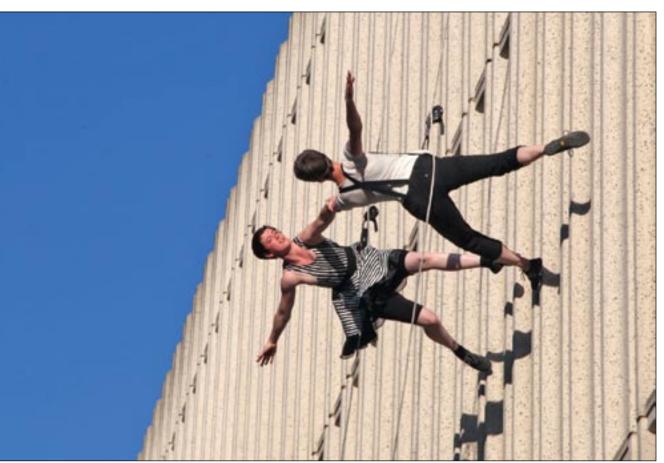
BANDALOOP, a pioneering vertical dance group that has performed on the sides of buildings, cliffs, and monuments, performed a special perspectivebending dance presentation on the sides - yes, the sides - of the University Library on Friday, April 10. The group's performance was part of the University's annual Festival of the Arts. For more information about BANDALOOP, visit http://bandaloop.org/.





BANDALOOP performance on the side of Sac **State's library**

Photos by STEPHEN CROWLEY



Matías Bombal's Hollywood

Woman In Gold

The MPAA has rated this PG-13

The Weinstein Company offers "Woman in Gold", which tells the true story of Mrs. Elena Altmann, played by Helen Mirren, who seeks tav Klimt, should be returned to her, the rightful owner.

It had been in the possession of the Austrian government and displayed at Vienna's Belvedere Palace since the end of World War II, when it had wrongfully been taken by force by the national socialists, who were raiding the art of the world for Germany.

lawyer, the grandson of composer Arnold Schoenberg, played by handsome Ryan Reynolds. The road to justice proves long and hard for Mrs. Altmann, and young Randy Schoenberg is not so easy to initially convince in taking the case, with a pregnant mother at home played by Katie Holmes, and a new boss

mann wins him over as does the re- tation of that country of today. I am alization of the historic painting's sorry this is so one-dimensional, for market value. A judge, played by the picture has much going for it on Elizabeth McGovern, rules in the so many levels, and might have been favor of Mrs. Altmann here in the a much better movie. USA. Two trips to Austria ensure, to claim that a portrait of her aunt, Adele Bloch-Bauer, painted by Gus-actor Daniel Brühl as a magazine Danny Collins editor who helps cutting through the red tape as the Austrians are not ready to lose what has become a national treasure.

With the great cast and excellent derful score by Hans Zimmer, and outstanding period recreations, sadly this movie falls flat due to poor writing, specifically the materi-The story begins in the late 1980s al written for Helen Mirren. It is where Mrs. Altmann meets with a impossible for me to believe that a his manager, played by Christopher woman who survived the torment of Nazi oppression, escaping with just her life and husband could possibly act and behave in the manner in which the part was written. A woman having experienced what the real Altmann experienced would be from Lennon offer encouragement strong, almost fierce, and not the and advice to remain himself, even fickle and temperamental character to call him on his private telephone in a legal firm that is no nonsense, Ms. Mirren was to realize from this for a visit. played brilliantly by Charles Dance bad material. Further, the cartoon-

The stubborn nature of Mrs. Alt- matic cut-outs is not a fair represen-

The MPAA has rated this R

From Bleeker Street Media comes "Danny Collins", a fictional story about a successful singer, in the vein of Neil Diamond, played by Al Paciphotography by Ross Emery, won- no. In a short period prologue, we see that the young singer Danny Collins is interviewed for a "Rolling Stone"type newspaper, where he reveals that he is inspired by John Lennon.

Flash forward to the present, where Plummer, brings him a life changing gift: a letter that had been written to Collins in 1971 from John Lennon that he never received in that era. It way. Danny tries hard to right past becomes a life changing catalyst for wrongs. Collins for the contents of the letter

This affects Collins deeply, and



holes up in an small hotel managed by Annette Bening, who is fantastic on screen

Mr. Collins has an estranged son played by Bobby Cannavale who lives near the hotel. His wife, played by Jennifer Garner, is the mother of a little girl and has one more on the

The cast alone is fantastic and there are some very fine performances from them. The dialogue is very well written and the idea of the movie is itself intriguing. This is terrific work from a first time director, Dan Fogelman, and

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er families the opportunity to "recharge" for the day ne enjoys themselves.	MEMORY CARE	



By MONICA STARK editor@valcomnews.com

ga teachers.



Shown here are yoga practioners taking advantage of free yoga in Tahoe Park at 9 a.m. on Sundays at the corner of 59th

Free yoga continues to grow: Tahoe Park resident discusses Yoga in the Park at McKinley and Tahoe parks

On Saturdays it's 9 a.m. at McKinley Park near the rose garden, on Sundays it's Tahoe Park. Yoga practitioners venture out to the grass, lay out their mats and enjoy hourlong yoga sessions free of charge by regis-

began in 2009 by Gina Garcia with kly classes in her living room quicko more than 50 on average in McKin-And it was those classes that were Tahoe Park resident Zach Stahleckexperiences with yoga. "I consistentced out there on Saturdays even when regular studio practice," he said. By began assisting YITP with helping ean up and offering assists (or adjusto students as they practice.

hile, over the last several years, Zach a shift in the Tahoe Park neighbor-

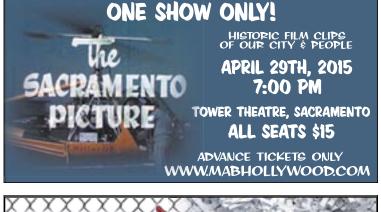
hood. "It is craving a connection to the city, and to each other," he said.

With the Sanskrit word "yoga," which is translated to mean "yoke; bring together. Or, union," Zach noted there is something very special about practicing yoga in a community where economics, age, or experience level is not an issue. So passionate about Saturdays at YITP at McKinley, he started YITP at Tahoe Park on Sundays." My friend Jodi Dillon and I would alternate teaching Sundays. Our largest class last year was almost 70 people. And we are expecting much more than that this year."

Recently Gina has stepped away from YITP and Zach already had the experience with scheduling teachers, so it was a natural progression that he carry on these responsibilities, which he says, "is truly an honor."

There are a few additional parks around Sacramento that are contenders for YITP, but nothing is solid, he told the East Sacramento News.









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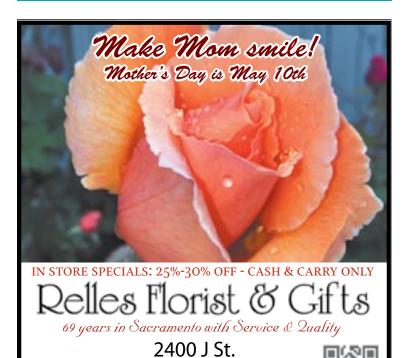
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Stylist: Continued from page 7

they sat me down in the chair and had me start on Taylor's mani/pedi. I was literally dying and so nervous. I can barely paint my own nails let alone a famous singer's. I figured I grew up in a hair salon and had seen this done a time or two, mind over matter. Then she shows me the polish choice for her toes. I about died. It was PURPLE. She couldn't have picked a harder color. I just remember my leg shaking as she put her leg on mine. Somehow I got through it and then her nail polish for the mani was clear, so I was literally in the clear. At the end of it, she told me I did a better job than her usual girl. I just had a good, inside chuckle."

As a stylist the budget for and it was the day of the providing the wardrobe on shoot, I had to go the Barbeen able to use the indus- card, which frightened me. try standard practice "buy and return" even in the most trying situations. Speaking about the aforementioned instance in which this practice was used for dressing ce- they will wear. All the shoes lebrity comic Tracy Morgan for a Rolling Stone magazine my luck would have it Traphoto shoot. "Well, as usu- cy picks the only ones that al, a bunch of clothes were loaned, but we found out he liked fancy sneakers. So since I couldn't get those loaned



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jobs can be slim if not non- neys and put a \$1,000 pair the most competitive arenas, existent, but Jacqueline has of YSL silver sneakers on my the entertainment indus-When you deal with celebrities, they want what they want so you sometimes just bring a bunch of clothes. But, they ultimately decide what men and women feel better were laid out, and just as were not loaned - the silver YSL sneakers. I about died because I knew there would be a chance that I wasn't going to be able to return them if he scuffed the bottoms and I certainly couldn't afford to ue to grow," she said. "I hope pay \$1,000 for them. So I taped the bottoms, which is another styling trick and I business Style By Gage, ussaid a prayer. In the end, it all ing my skill set to help evworked out. Tracy loved his eryday people. When you outfit; the photographer was look better you feel better happy; and I was able to re- and when you feel better you turn the shoes as good as new without a scuff on them."

tricks of the trade in one of try and had many wonderful experiences working as a fashion stylist, what Jacqueline realized what she loved most was the ability to make through enhancing their image. She wanted to bring her business to a market that was less saturated and she thought there was no better place than her hometown of Sacramento. "It is a place that is dear to me and it is a place that has seen a lot of progression and will continto be a part of that growth with my personal shopping do better and I just love that chain of events."

While she learned the







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East Sacramento area nonprofits gear up for the May 5 BIG Day of Giving

together for a BIG Day of Giving. According to the Big DOG website, the goal is to raise \$5 million from 25,000 donors for over 500 nonprofits in a 24-hour giving challenge as part of the national campaign called GiveLocal-America. To participate, lobigdayofgiving.org to give In 2014, our region's BIG Day of Giving raised more than \$3 million from more than 12,000 donors for 400 nonprofits and ranked No. 2 No. 1 this year.

a powerful online community tool called Giving Edge and it can help you find nonprofit organizations, learn about the impact they are making, and make a donation. Each nonprofit in the database is a partner of GiveLocalNow, a movement to increase local giving.

listing of East Sacramento area nonprofits that are participating in the Big Day of Giving. The listing also includes links to the organizations' Giving Edge profiles.

The mission of the Food Literacy Center, located at 2973 3rd Ave., is to inspire kids to eat their vegetables.



On www.bigdayofgiving is What follows below is a

For 24 hours on May 5. The nonprofit teaches low- Mercy Education, 6007 Sacramento will again come income elementary children Folsom Blvd No. 200, is a cooking and nutrition to im- unique education minisprove our health, communi- try of the Sisters of Merty and environment. http:// givingedge.guidestar.org/non- healthy communities by profit.aspx?orgId=1141224#

The Gender Health Cen- seling and other services ter, located at 2020 29th St. Suite 201, provides edcal donors can go to www. ucation, advocacy, men- potential. http://givingedge. tal health and other health guidestar.org/nonprofit. and support the nonprofits. services to underserved aspx?orgId=1141230and marginalized popula-5 from 6-9 p.m. at Hoppy Brewing Company (6300 com/GHCBIGDOG

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cy that exists to build providing affordable educational support, counnecessary to empower individuals to reach their full

tions as an act of social jus- River City Theatre Comtice with a specialization in pany, PO BOX 19126, is gender and sexual identi- a non-profit young peoties. Locally, the GHC will ple's theatre intended to inin the nation. Let's make it have a special event on May still a lifelong appreciation of the arts particularly in musical theater. http://givingedge. Folsom Blvd.) www.tinyurl. guidestar.org/nonprofit. aspx?orgId=1130954

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Solution to Crossword:

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C A L E N D A R

Send your event announcement for consider ation to: editor@valcomnews.com at least two weeks prior to publication.

April

April is Poetry Month

Perez and Mondinga with the Puppet Company @ McKinley (Family/All Ages)

April 17: Starting at 3:30 p.m., celebrate Día de los Niños with the Puppet Company! Join the library for the tale of Perez Mouse and Mondinga Cockroach as these puppets enact the story of this Mexican folk tale. McKinley Library, is located at 601 Alhambra Blvd.

Sabrina's Craft Corner @ McKinley (Adult)

April 18: Starting at 12:30 p.m., learn a new craft technique every month using simple household items and affordable materials.

the Friends of the McKinley Library. McKinley Library is located at 601 Alhambra Blvd.

Earth Day House Concert

April 18: Roots style neighbor Josh Hoover opening up his home as a "musical salon." This event celebrates music and community All are welcome. Celebrate Earth Day with a house concert! There will be classical and folk music to enjoy on Saturday, April 18 at 7 p.m. There will be a \$10 suggested donation to musicians available. The concert will feature guitar and violin "Solos & Duets." 601 San Antonio Way. For more informa tion contact, Josh Hoover at 731-5012.

Write your life story at annual writers' conference

April 18:"Our Life Stories," a cross-generational writers' conference, will feature Sacramento region's celebrated authors, poets, storytellers, and writers. The eighth annual will be held from 8:30 a.m. - 4:30 p.m. at Cosumnes

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el. Register for "Our Life Stories" by April 3, 2015. Space is limited. Conference fee of \$35 covers the morning refreshments, workshops, materials, and lunch. Late registration fee (after April 3) is \$40. Perry Garfinkel, journalist, author, speaker, writing teacher, editor, content provider, media consultant and strategist, will serve as the keynote speaker. He is the author of "Buddha or Bust", a 2006 national bestseller, also published in Brazil and Italy. His 1988 book,"Travel Writing for Profit and Pleasure," will be reissued in 2015. Sponsored by the Ethel MacLeod Hart Senior Center and CRC, the one-day conference also includes presentations and workshops by celebrated authors, including prose writers: Jacqueline Doyle, Kerstin Feindert, Ginny McReynolds, Clive Rosengren, and Emmanuel Siguake; poets: Albert Garcia and Sacramento Poet Laureate Jeff Knorr; and storytellers: Ann Rothschild and Katye Ridgeway. Some of the workshops and presentations highlighted at the conference include topics on creating the mood of a place and time that bring the setting to life, capturing your travel experiences in a poem, learning the elements necessary to write strong first-person essays, and writing fiction as a form of travel. To register or to obtain additional details on the conference, visit the website at http://hart-crcwritersconference.org/, call the Hart Senior Center at (916)

River College in Sacramento. This year's con-

ference will feature nationally-recognized writ-

ers and focus on memoir writing through trav-

The Fairytale Town Troupers present: "Once Upon A Time 1959"

808-5462, or e-mail hartcrcwritersconfer-

ence@yahoo.com.

April 18 and 19: Fairytale Town's most famous and beloved storybook characters come to life in the Fairvtale Town Troupers first production of the season! The year is 1959 and Robin Hood, Cinderella, Jack and Jill and more colorful characters are lost in a fantastical fog after being swept away from their storybook homes. Working together, they overcome their erratic eccentricities to unco er the mysterious force that united them and find a way home. This show features original songs set to a 1950s beat. Tickets are \$2 for nembers in addition to park admission, and \$1 for members. There are two shows each day, one at noon and the second at 1:30 p.m. For more information, visit fairytaletown.org or call 808-7462. Sponsored by ScholarShare College Savings Plan. Fairytale Town is located at 3901 Land Park Dr.

SAT Test Secrets 101 at the **Central Library**

April 21: From 6 to 7 p.m., Learn to score higher on the SAT using key Kaplan testtaking strategies. This workshop is open to students who took the SAT Practice Test earlier this month, their parents, and anyone else interested in improving their test scores. Test results for the practice test also will be distributed at this session. Registration is required to attend. 828 I St.

State Indian Museum Presents "Just for Kids" Native American **Book Sale**

April 21-25: In celebration of the museum's 75th anniversary happening this year, the State Indian Museum and California State Parks are proud to present a "Just for Kids" Native American Book Sale on Tuesday, April 21 through Saturday, April 25, 2015. Given the important role books and reading play in shaping the lives of youngsters, this is an important opportunity to provide education about Native American culture -- for now and for the future. These books help youngsters learn Native stories and legends, and are suitable for storytelling both at home and in the classroom. With special discounts offered only during the sale, this is a great opportunity for teachers and parents to stock up and save. While shopping is free, this is also a great time to take advantage of the Museum's reasonable admission fees and share the experience with family and friends. The State Indian Museum is open from 10 a.m. to 5 p.m. daily and offers a great opportunity to learn about California's first inhabitants. Museum admission is \$5 for adults, \$3 for youths ages 6-17 and free for children five and under. The State Indian Museum is located at 2618 K St. More information is available by calling 324-8112 or visiting www.parks.ca.gov/indianmuseum

Music at noon free concert at Westminster Presbyterian Church April 22: Bring your lunch and enjoy fine music. This week there will be music featuring Albana Consort:music from 1550 to 1750 played on period instruments. Upcoming concert information and "printed" programs can be accessed from www.musicatnoon.org. Westminster Presbyterian

Mad Hatter Meets The Great **Gatsby Fundraiser**

Church is located at 1300 N St.

April 23: From 5:30 - 8:30 p.m., Fairytale Town mixes the zaniness of the Mad Hatter with the glamor of "The Great Gatsby" in its third annual fundraising event. Held at the elegant Masonic Temple in Downtown Sacramento, the Mad Hatter Party features desserts and chocolate delicacies, wine and food tastings, live music, mad hats, live and silent auctions and a raffle with exciting prizes. Proceeds benefit nonprofit Fairytale Town's programs and park improvements. Tickets are \$50 per person or \$90 per couple and go on sale March 1 at fairytaletown.org. Cocktail or business attire. For more information, visit fairytale town.org or call 808-7462. Sponsored by Mark III Construction, Delfino Madden

O'Malley Coyle & Koewler LLP, Otto Construction and Yelp. Fairytale Town is located at 3901 Land Park Dr.

Lego Mania @ McKinley (School Age (6-12))

April 24: Like building with Legos? Come to the library at 3:30 p.m. for monthly Lego free play afternoon. Legos and Lego building books will be provided. McKinley Library is located at 601 Alhambra Blvd.

SF Squared Book Club @ McKinley (Book Club)

April 25: Starting at 1 p.m., join the library for a discussion of this month's science fiction novel. McKinley Library is located at 601 Alhambra Blvd.

The Fairytale Town Troupers present: "Once Upon A Time 1959"

April 25 and 26: Fairytale Town's most famous and beloved storybook characters come to life in the Fairytale Town Troupers first production of the season! The year is 1959 and Robin Hood, Cinderella, Jack and Jill and more colorful characters are lost in a fantastical fog after being swept away from their storybook homes. Working together, they overcome their erratic eccentricities to uncov er the mysterious force that united them and find a way home. This show features origina songs set to a 1950s beat. Tickets are \$2 for nonmembers in addition to park admission and \$1 for members. There are two shows each day, one at noon and the second at 1:30 p.m. For more information, visit fairytaletown.org or call 808-7462. Sponsored by ScholarShare College Savings Plan. Fairytale Town is located at 3901 Land Park Dr.

Fire Station 1 Open House

April 25: Fire Station 1, located at 624 Q St. will have an open house from 2 to 4 p.m Meet firefighters and possibly mascot Sparky.

Sacramento Youth Symphony **Premier Orchestra Spring Concert:**

April 26: Come hear the award-winning Premier Orchestra play professional repertoire from renowned and beloved composers at 7 p.m., at the Sacramento City College Performing Arts Center. Founded in 1956 as a 55-member youth orchestra, the Sacramento Youth Symphony will be celebrating its 60th anniversary in 2016! Under the artistic direction of Michael Neumann, SYS now has a membership of 400-plus talented young musicians from all over the Sacramento Valley region. We offer beginning through advanced orchestral ensembles and present 20+ concerts per year under the baton of some of the best music educators and conductors in the region. Visit us online at www. sacramentovouthsymphony.org or call Robert at 916-731-5777 for ticket information.



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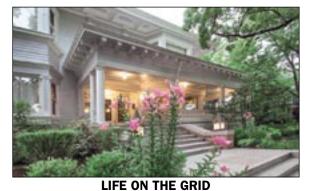
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