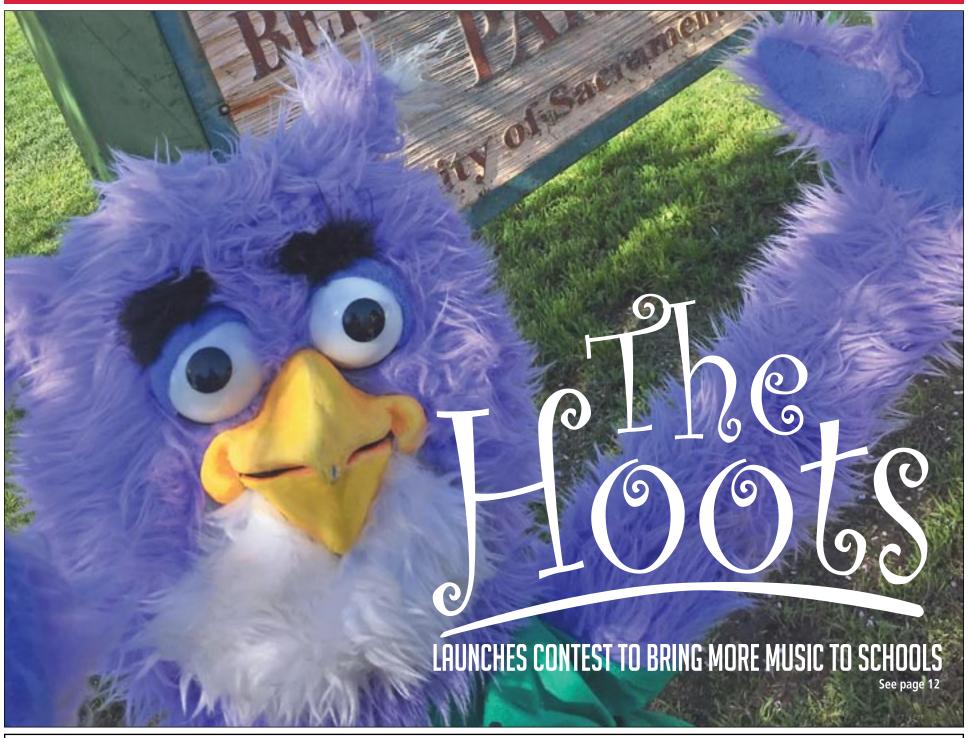
EAST SACRAMENTO NEWS

BRINGING YOU COMMUNITY NEWS FOR 25 YEARS -



Meeting
Morrie
See page 6





Introducing David Lubin's music teacher: Julie Meyers

■ See page 11

Top Producing Agent for Sacramento's #1 Real Estate Company



Annette Black 826-6902 Lic# 00802727



Kathy Pardun 247-7030 Lic# 01000106



Diane Berry 698-7288 Lic# 00794641



Wanda Noack 761-6748 Lic# 00946526



Rene'e Liddie 613-9885 Lic# 01152399



John Woodall 421-5421 Lic# 01232653

TEAM BLACK



EAST SACRAMENTO NEWS

E-mail stories & photos to: editor@valcomnews.com

East Sacramento News is published on the first and third Thursday of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway

..David Herburger .. Monica Stark Graphic Designer. . Annin Greenhalgh Advertising Director ... Jim O'Donnell Advertising Executives Linda Pohl, Melissa Andrews

Copyright 2016 by Valley Community Newspapers Inc. All rights reserved.

t: (916) 429-9901 f: (916) 429-9906

duction in whole or in part without written permission is prohibited. Updated In East Sac SOLD

kitchen and bath. lots of storage, nice rear yard KURT CAMPBELL

5400 C Street • \$499,000

2 bedroom, 1 bathroom + Home Office and Family

Room, ch/a, hardwoods, fireplace, remodeled

PROFESSIONAL REAL ESTATE CONSULTANT

956-5878

RUN. WALK. FUN!

APRIL 17

REAL ESTATE

Janey Way Memories:

When Sacramento was a boxing town



By MARTY RELLES

Last Thursday, when I picked up my granddaughinto a conversation with my son-in-law Ryan. I asked weekend, and he told me he we often attended fights live was attending a closed cir- at the Memorial Auditoricuit television showing of um. At that time, some rethe UFC (ultimate fighting ally good boxers called Sacchampion) world champi- ramento home, guys with onship fight in Las Vegas. names like Joey Lopes, Tri-I must say that UFC (cage no Savala, Fred Roots and onship fight in Las Vegas.

fighting) has no interest for others who fought regularly me. However, during my at the auditorium. youth, I was quite a boxing fan. Back then, Sacra- wasn't just about pummelmento was known as a box- ing your opponent until ing town.

During the 1950s, I rea black and white television set watching great fighters

> and finesse. one shortcoming was that any day. he cut easily. If not for that, Now, the he probably would have won

al good boxers under their

wings. When you watched

like Sugar Ray Robinson, champion Joe Brown for the Kid Gavilan, Carmon Basi- title in 1958. He survived ter Gabrielle for dance, I got lio and Archie Moore fight 13 hard fought rounds, but in Madison Square Garden. ultimately suffered a techni-When we weren't watchcal knockout when the referhim about his plans for the ing boxing matches on TV, ee stopped the fight because of a cut over his eye.

That was Joey's only championship fight, but afterward he often appeared as a guest at the Memorial Auditorium fights. He always dressed sharply and looked good walking into the ring. I loved Joey Lopes.

In the late 1980s, box-I liked boxing because it ing reached its high point in Sacramento when, Tony they could no longer fight. Boxing was a skill, honed the Tiger Lopez defeated Rocky Lockeridge for the member watching the "Fri- by many years of practice IBF super featherweight day Night Fights" every week and disciplined training. championship. Tony was with my dad. Then, Dad, Back then, the best trainers a toe-to-toe, in your face Terry and I huddled around like Angelo Dundee and kind of fighter who nev-Cus D'Amato had sever- er gave up. He went on to win two more world championship titles before retirthese guys fight, they did so artfully with great skill Since that time,

Since that time, the great sport of boxing has faded I admired Joey Lopes more away in Sacramento. Evthan any of the Sacramen- ery once in a while, someto fighters then. He fought one promotes a fight here, in the light weight division. but the young people seem His boxing skills were un- un-interested in the "Sport paralleled. He could stick of Kings." Instead, they preand fade, throw combina- fer to watch the brutal and tions and simply outwit oth- less stylish UFC fights. For er boxers in the ring. His my money, I will take boxing

Now, the time when Sacramento was a boxing town is the world championship. just another leather-He fought world lightweight Janey Way Memory. just another leather-popping

Homemade Sandwiches/Salads Fountain Treats and much more

Winter Hours:

Sunday-Thursday, 10am-8pm Friday & Saturday, 10am-9pm 4920 Folsom Boulevard • **916-452-5516**



ZOO ADMISSION ON RACE DAY IS INCLUDED WITH REGISTRATION! saucony SCHOLARSHARE

& SAUCONY "RUN FOR GOOD" KIDS' FUN RUNS

WITH PRE-RACE RUNNER COSTUME CONTEST

REGISTER AT SACRAMENTOZOOZOOM.COM

Sacramento Heron & Egret Rescue fundraiser to be held at the Grange

raise money and awareness to support our emergency bird rescue response team called the Sacramento Heron & Egret Rescue (SHER) on April 2 from 2 to 4 p.m. at the Sacramento Grange Hall, 3830 U St. in Elmhurst.

This event will include raffle prizes, silent auction, educational and informational displays, guest appearances by several rescued non-releasable feathered friends, and a yummy selection of vegan appetizers including:

• A selection of gourmet vegan cheeses

- + Nacheez nachos and taco salad
- Conscious Creamery gelato
- + Sassy Oh Baking Co. desserts and more!

Tickets are \$30 online/\$35 at the door. Purchase your tickets online here:

http://www.brownpapertickets.com/event/2520482

Space is limited, so be sure to buy your tickets right away!

All money raised will help SHER be able to purchase the necessary supplies needed to help aid in rescues, temporary care, transportation to the rehab center and all things re-

A short history on who the organization is and why they do what they do

SHER - Sacramento Heron & Egret Rescue came about in May 2015 after a baby black-crowned Night Heron came into rescue after being stabbed the spring and summer soon approach. The Her-

There will be a fun-filled afternoon event to help in the back and left for dead below the trees from which he fell.

> Not only was this a serious matter, but volunteers were also struggling to be able to rescue the hundreds of babies that had fallen from their nests at the Sacramento Rookery. Many of them sat below the trees with broken legs and wings for days without rescue.

> It was then that two of Sacramentans decided to create a Facebook page that would get the word out about the issues taking place right here in our very own backyard.

> Aside from the normal and natural occurrence of falling out of nests, the birds were in jeopardy from becoming victims of animal abuse. The stabbing was not the only issue; sadly there were several other occasions where these helpless baby birds were abused. Volunteers just couldn't let this keep happening.

> Thus SHER was launched via Facebook and within a day there was a team of people who then dedicated the next three months (the remainder of the baby bird season) to going out on twice-daily rescue and recovery, handling the very unhappy task of proper disposal of all the babies that didn't make it from the falls or were killed by free-roaming cats, hit by cars, or died from belia, California called The International Bird Rescue & Research Center, which is about an hour outside of Sacramento.

ons and Egrets will be migrating back to Sacramento very soon, could be any day now, to take up residence at their nesting site here in town. And soon to follow will be all the baby Herons & Egrets.

It's going to be hot, messy, and raining baby birds come May 2016 and help is needed! These birds nest in colonies in the hundreds, which means there will soon be hundreds of baby and young helpless birds who will need help. And that is why volunlated to the rescue, recovery and wellbeing of these beautiful migratory birds that call Sacramento their summer home.

by free to alling eats, into y ears, of died from between the problem of the prob mize this.

This fundraiser will help SHER raise money for necessary supplies, help to recruit volunteers for our Now volunteers are gearing up for the season as rescue response team, and spread awareness to the



IT'S ALL IN THE DETAILS IN THIS RECENT FULL REMODEL!

454-0323

www.EastSac.com

Open floor plan creating an open and airy feeling. The onyx counters in the kitchen have LED lighting and tiled backsplash. Onyx counters in the bathroom are accented with tiled floors and details of copper edging. Master suite boasts a unique glass shower enclosure and granite counter while the master bedroom has french doors that open to a balcony overlooking the backyard fountain with Koi pond. \$739,950



OPTIONS! OPTIONS! OPTIONS

This original 2992 sq/ft duplex not only offers a myriad of options on its own but also features a SEPARATE IN-LAW QUAR-TERS. Most will be looking at taking advantage of converting this hard to find 2992 sqft. into a beautiful SINGLE FAMILY home while some may choose to live in one of the extremely spacious 2 bedroom/1 bath \$1,050,000 income stream.

kW



ON ALMOST 1/2 ACRE CLOSE TO THE AMERICAN RIVER!

ORIGINAL OLD WORLD CHARM

Adorable 3 Bedroom/2.5 Bath, 2560 sq/ft on

a desirable street in East Sac. The charm is

n the details - tiled entryway with arched

closet, vaulted ceilings with crown mould-ing, several original built-ins, hardwood

spacious family room that leads out to the backyard. Wonderful entertaining space in back with covered porch and stone details.

\$785,000

loors and leaded glass windows. Very

This 4 Bed/2 Bath sits on .49 acres & backs up to the greenbelt. Open & spacious floor plan with all new interior paint. Paneled walls surround the family room/Dining area with a large fireplace to add to the light, open space. A large slider leads out to the xpansive backyard with pool/spa that's



ADORABLE HOME BY EAST PORTAL PARK

Adorable 3 Bed/1 Bath, 1,325 sq/ft close to East Portal Park and walking distance to restaurants and shopping. Features include nardwood floors, fireplace in the living room, separate dining room, recessed lighting and dual pane windows. It also eatures a 2 car garage which is hard to find Castings gas stove looks out onto the covered brick patio and fruit trees. \$439,950







Text KWRich to 87778 for a free mobile KW app.

2 East Sacramento News • March 17, 2016 • www.valcomnews.com Valley Community Newspapers, Inc. Valley Community Newspapers, Inc www.valcomnews.com • March 17, 2016 • East Sacramento News Faces and Places:

Making leprechaun catchers at McKinley Library

Photos by MONICA STARK

On Friday, March 4, wee ones started preparing for St. Patrick's Day by making their very own leprechaun catchers at the McKinley Library! With various sized boxes, construction paper, markers, popsicle sticks and other craft supplies, they used creativity and engineering skills to design their own structures that will capture leprechauns on St. Patrick's Day!





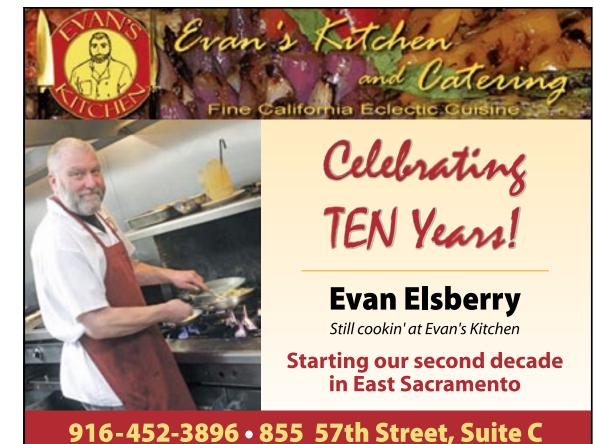












(In the 57th Street Antique Row, East Sacramento)

WWW.VALCOMNEWS.COM

WORRIED? STRESSED OUT? DEPRESSED?

There are answers in this book.

BUY AND READ

BY L. RON HUBBARD

May you never be the same again.

PRICE: \$27.00

Church of Scientology Sacramento 1007 6th Street (6th & J) Sacramento CA 95814 • (916) 319-5440 sacramento@scientology.net • www.scientology-sacramento.org +250 H St, Sacramento, CA 95819 • (916) 455-6200

Facials, Massage Therapy Pedicures, Spa Packages Gift Certificates



CareGivers

of Land Park Serving the elderly in our neighborh

Personalized Care & Services

Grooming & Bathing Assistan

Appointments & Short Errands

Offering Quick Check Care

Service within Land Park, **Greenhaven & Pocket** neighborhoods for only \$14.95 per visit* Price subject to change without notice, 15 minute visits.

We are available 24 hours a day to provide care to seniors in need Call us today! (916) 429-3232 CareGiversofLandPark.org

THE HOUSE "SOLD" NAME IN YOUR NEIGHBORHOOD

TREY BONETTI, Broker

• REAL ESTATE SCHOOL • PROPERTY MANAGEMENT RELOCATION SERVICES www.cookrealty.net

(916) 451-6702

4305 Freeport Blvd Sacramento, CA

Laundry & Linen Change **Medication Reminders**

• Meal Preparation

Light Housework

90 minute Swedish massage i \$75.00[‡]

Regularly \$100

Martial Arts Training for the Whole Family

Kick Start Your

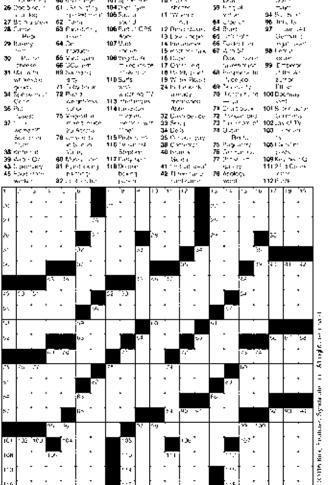


Family Fun! 916-373-9789

3170 Jefferson Blvd. #120 West Sacramento, CA 95691



To participate on this page, call (916) 429-9901 for information Super Crossword vegetables



The East Sacramento News is looking for interns

Art, community, activism, neighborhood gossip, local events, planned development, restaurants, culture, schools, politics and neighborly do-goodery: the topics within the East Sacramento area to write about are endless and I often have more story ideas

If you're a student interested in writing, I would be happy to guide you through the process of writing news and feature stories. Just give me a call at 429-9901 or send me an email at editor@valcomnews.com

Valley Community
Newspapers

Roses! Hair Design

Specializing in the Mature Woman!

"Let us pamper you and make you feel special!"

394 - 45th St, East Sacramento

Call for appointment: (916) 457-6659



Steve Crowley • 916-730-6184

photosbycrowley@yahoo.com www.photosbycrowley.com







sonalized care with dignity & utmost respe

Complex Physical Limitations •Hospice •Alzheimer's / Dementia •Respite

916 • 706 • 3949

10 Country Place. Sacramento, CA 95831

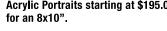


www.MelissaAndrews.com

melissandrews@comcast.net (916) 447-4441

A unique and original gift for that Pet Lover in your life this holiday season! You provide a favorite photograph, I do

Acrylic Portraits starting at \$195.00





East Sacramento News • March 17, 2016 • www.valcomnews.com Valley Community Newspapers, Inc. Valley Community Newspapers, Inc www.valcomnews.com • March 17, 2016 • East Sacramento News **5**

Meeting Morrie

It was 1985 at Nicholas Elementary in Sacramento. Or was it '84? The principal was one mustached Ron Nishimura. We had an assembly that day, and this time it was a special treat. It was a cartoonist whose strip was in the newspaper. Up on the stage, the stage that looks nearly the same even today, talking to us kids about what he did, was a man named Morrie Turner. He wrote and drew a newspaper strip called Wee Pals. My best friend, Julian Newman, was into the same things I was...drawing, comic strips, comic books, and cartoons. We watched Voltron and Transformers, and TV shows like Manimal and Automan. We loved breakdancing and Michael Jackson like most of the other kids. But this man was an actual artist. That is what we wanted to be. This was quite interesting to us: it made it seem like we could do the same thing. We had our own drawing company, "11 Comics", consisting of nothing more than our combined drawings and some photocopies that we tried to assemble into our own comic books. We would draw all the time at school, in class, together after school if I remember right, and so on. I read the newspaper funnies at home sometimes, and remember comic strips like Peanuts, Garfield, and Orbit. So, I had read Wee Pals in the newspaper and was familiar with the strip. There were also the Wee Pals pa-It was really cool, fascinating even, to have a real artist show up at our school. As a child, I still understood the message of the strip, what he was trying to do, and how it was about people of all races and nationalities living together and getting along together.

his presentation, not only about equality, but because we wanted to be artists like him, to be employed doing the cre-never forgot. And over 25 years lat- and he seemed to enjoy that. I took two bow Power!!



ative stuff we wanted to do for fun. He brought some drawings and pictures of at least a few of his various characters. A few of the main ones stood out by their look, such as Nipper with the hat always slouching down over his eyes and Oliver, the one with the glasses. The drawing of the character holding the sign accompanying this article is a shout out to Morrie, made by myself, taken from a drawing I made for my Dad's birthday.

Morrie Turner talked about his strip and what it was all about, a message of

and the drawings, and I think he took some questions. Honestly, though I can't remember what they were, or even perbacks, with reprints of the strips. Iv a lot that was said. I remember I wrote don't think we had the cartoon here. to Charles Shulz later on, and was sur- was Sunday, March 3, 2013. Walking sure wish I would have spoken to him prised when a letter came in the mail. no writing on it, just a xeroxed copy of some Peanuts figures on an orange paper, and that was it. Even as a child, I nd getting along together.

felt sad about it, and figured a secreing for a fan. I softly approached and
It was inspiring to see him and hear tary must have opened my letter and said spoke to him. I told him the sto-



equality, about how he made the strip er, I saw him again at the Sacramenthe Scottish Rite Temple to McClellan Air Force Base. Actually, it was at least 28 years ago when I saw him. It around, looking around at all the peo-I was more surprised when there was ple dressed as Star Wars characters, I younger lady. I recognized him right away and then I saw some Wee Pals knew he probably didn't get my letter, stuff and a sketch he was probably dosent me that. But actually seeing Morry that more than 20 years ago, an art-

pictures with him, and was very glad to Comic-Con, before it moved out of to see him again. I researched about him on the net after the show, and discovered that there was a Wee Pals cartoon. Wow! I never got to see that. I more or seen more of him, as he died less than a year later. He seemed like noticed an old man at a booth with a a very nice man, and I am glad even to have just met him.

According to "WP" or "Wax Poetics Magazine", Issue 61, Spring 2015, pg. 23, Jeff Chang writes: "He was still working on new strips almost all the way up until his passing on January rie Turner in person, was something I ist came to our school and I saw him, 25, 2014, at the age of ninety." Rain-

Shown here are members of the kids freedom club. In the back row, from left to right: Kaydence, Maya, Lottie, Jasmine, Aliva, Paul: middle row: Jade, Sage, Alec: and front row: Evelyn, Aliva, Bella

Church Kids Serve Pancakes to Fight Modern Slavery Unitarian Universalist Society of Sacramento

By MONICA STARK

Kids from a local church have been leading their congregation in learning about modern slavery and working to end it in their lifetime. At present there are 27 million people held against their will through debt bondage, human trafficking and other forms of enslavement. Though enslavement is illegal in every nation, it exists on every continent, including North America.

At the Unitarian Universalist Society of Sacramento, the Kids Freedom Club started raising awareness of this problem and rais-

ing funds to stop it.
On Sunday, March 6, the Kids Freedom Club held its second pancake breakfast to support the cause, making 300 pancakes in three varieties: regular, chocolate and gluten free as well as scrambled eggs and sausages.

So far they estimate they have helped to liberate 63 people from bondage and fund the legal and social services needed to keep them from getting enslaved again. The average cost to do this is \$100 per person, and the club sends money to the international organization Free the Slaves (freetheslaves.net).

Last November, four church members traveled to India to meet with former slaves and other activists working to educate people, make them free, and keep them safe. In January they visited the of- at www.uuss.org.

fice of Rep. Ami Bera to advocate for legislation to stop the sale of slavery-involved products. They have presented a Sunday service about ending slavery once per year at the church.

Wearing their self-decorated uniform of orange tee shirts, members of the Kids Freedom Club meets monthly after a Sunday service to plan educational and fundraising activities and to learn more about the issue. Attendance has tripled in the past

One of the shirts, worn by 11-year-old Linnea Stanton had the message: "If you care, If you love, If (you're) kind, then join us to bring freedom.

In an interview with this publication, she described the meaning behind the message and her experience traveling to India with Free the Slaves. "Most people do care but they don't know how to help out. Little things can make a difference. We're trying to free slaves, trying to end slavery. It would be amazing if we could."

She said when she, her mom Petra, and two other church members went to India, she learned about how long a process it is to make a difference. "We tried to teach that slavery is illegal. We helped for a week, all the people there ... It makes me feel good I'm helping out. It's really fun."

The Unitarian Universalist Society is at 2425 Sierra Blvd., Sacramento. Information about the church and the kids' club is

Coming Soon

East Portal Park Location Custom Built 1938 Pesci Brothers Original Detail



Knowledge Experience Certainty

You deserve no less

Selling East Sac for over 30 years Let me be vour real estate resource

BrokerAssociate

916.420.8418

urbanhoundproperties.com I dontate 5% of every commission to the SSPCA





Senior Services & Connections Call Melissa (916) 429-9901

YOUR AD SHOULD BE HERE!

Call Melissa today! **Your services** are needed. Your ad should be here. Ad design is free.

Call 429-9901

DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILI Legal Document Prep Services

- Trust Will • Powers of Attorney Residential Deed
- Couples \$550 Singles \$495 Lynda K. Knight (916) 214-1215 1337 Howe Ave., Ste. 103 Sacto 95825

LEGAL SERVICES

WILLS AND TRUSTS

Services Wilk and Torsts

Medi-Cal - 8 Years * Francise Liv Board - 10 Years •

Free <u>In-Home</u> Goosultation Tim Tyles, Ph.D., Attorney at Law 916-452-0624

SPECIAL ALZHEIMER'S LIVING

REVERE COUR**T**

Day Club, Respite, Residential, Support Groups & Educational Classes casey.s@chancellorhealthcare.com (916) 392-3510 '07 Rush River Dr. Sacto, CA 9583

East Sacramento News • March 17, 2016 • www.valcomnews.com Valley Community Newspapers, Inc. Valley Community Newspapers, Inc. www.valcomnews.com • March 17, 2016 • East Sacramento News

Mining your gold: Write your family story

Calling all writers and aspiring writers! The Ninth Annual "Our Life Stories" Writers' Conference will be held Saturday, April 23, 8:30 a.m. - 4:30 p.m. at Cosumnes River College. Sponsored by the Hart Senior Center and CRC, the all-day conference will focus on memoir writing (particularly family stories) through genealogy. Topics of workshops and presentations at the one-day conference include doing basic genealogical research, writing creative nonfiction, using poetry to recreate memories, telling your family story through a blog, and using interviewing techniques to unlock the stories of someone's life.

Ginger Rutland, journalist, commentator, and playwright, will serve as the keynote speaker.

The conference also includes presentations and workshops by celebrat-



GEORGE L. KLUMPP CHAPEL OF FLOWERS F0360

2691 Riverside Boulevard Sacramento, CA 95818 (916) 443-7917 www.cfcsSacramento.org

Serving the community since 1921



4041 Freeport Blvd Sacramento, CA 95822 (916) 452-6157

erving Sacramento Families since 1903 Pre-arrangement packages available



LIND BROTHERS FD

A Family Owned Funeral Home & Crematory Celebrating 50 Years in the Community

916.482.8080



East Lawn Memorial Parks, Mortuaries EastLawn.com



playwright, Ginger Rutland.

ed authors, including Jacqueline Doyle, Dale Flynn, Jeff Knorr, and Ginny McReynolds and a genealogy presentation by the Sacramento Public Library's Beth Daugherty.

The conference fee of \$35 (\$40 after April 8th registration deadline) covers the morning refreshments, workshops, materials, and lunch. Space is limited! For registration information and additional details about the conference, call the Hart Senior Center at (916) 808-5462, e-mail hartcrcwritersconference@yahoo.com, or visit the conference website http:// hart-crcwritersconference. to start writing about your

By Angels[®]

journalism career in telesignment reporter for a Sac- troduce you to the basics of ramento station and later genealogical research and al prism. as the state capitol reporter for the NBC affiliate in to get started. Also high-San Francisco. After seven- lighted in this presentateen years in television, she tion will be the wide variety switched to print, joining of free resources the Sacrathe editorial board of The Sacramento Bee. While at The Bee, she also recordfor Capitol Public Radio. Amidst the torrent of headline issues she tackled, from immigration to homelessness, nuclear power to global warming, political races to pesticide poisoning, Ginger also writes about her mother, father, sisters and brother, intimate stories about

Workshops: 2016 "Our Life Stories" Writers' Conference

her family, and her life be-

yond the newsroom. It's this

softer side of her career she

will share with you.

Discover your Ancestors: Beginning Genealogy and Library Resources with Beth Daugherty—In order ancestor, you might first

Senior Homecare

Light Housekeeping • Meal Preparation

Respite Care for Families • Live-in Care

y Companionship • Flexible Hourly Care

Turning Your Research into Compelling Stories with Dale Flynn—Creative nonfiction is very popular now. We will talk about what creative nonfiction is (how we tell fact from fiction) and how to write it. In particular, we will look at strategies to your story. We will also for turning the dry facts we uncover when we do research into compelling stories that others will want to read.

give you the tools you need

mento Public Library makes

available to the family histo-

library is ready to help!

ry researcher. From lectures

The Art of "Perhapsing" in

Flash Nonfiction with Jac-

queline Doyle—You may

be working from a photo-

graph, or a family anecdote,

or a handful of letters. How

do you fill in the gaps of what

you don't know? In this work-

shop we will work on "per-

hapsing" or imaginative spec-

nonfiction. Please bring a

photograph of a relative or

relatives from a previous gen-

eration (your grandparents'

wedding picture, for example,

when they were younger than

you are now, or a portrait of

relative you don't know).

Memories, Memoirs, and Building the Past with Gerald Haslam— "Everything we write filters through our own lives whether we want to learn to use it to our adfor personal use or for pubfrom a base of truth and riging about your life can lead to insight and cull illusion. torical patterns. Become someone's life.

Ginger Rutland began her need to gather more infor- an observer: watch, listen, mation about that person's sniff and exaggerate a litvision, first as a general as- life. This workshop will in- tle if you must. Give readers life through your person-

Writing Poems from Memory: Our Stories as a Matter of Craft with Jeff Knorr—In our memories, we all have very rich histories, yet each of us remembers and reconstructs these histories differently. ed regular commentaries to databases and more, the The process of recalling the events and shaping them into language is one that is both inherently creative and intellectual. While we may work from our own sense of memory, we may also find ourselves researching personal and family events for the "truth" of the moments we use in our work. This workshop will offer exercises for accessing memory and offer tools for re-creating ulation in short form creative them on the page as poetry.

> Blogging and Genealogy: Telling Your Family's Story 500 Words at a Time with Ginny McReynolds—Blogs or a snapshot of your parents are a perfect way to share your story with a broad audience, whether it's a generan ancestor, or a picture of a al group or specific people you choose. This workshop will introduce you to the tool of online blogging as a perfect way to tell your family's story. In addition to tips for writing compelling blog posts, we will discuss what to include, how to find your audience, and creative ways to add visual elements look at the basics of blogging, including finding a domain name and a blog host, increasing your readership, and becoming a guest blogger on other sites.

> Every Family, Every Person Has a Story with Ginger Rutland—Using key questhat or not, so it's important tions as an interviewer, you will have the opportunity vantage." Whether writing to explore some of the most significant events, people, lication, you want to start places, and things of someone's life. Life stories are not orous observation. More- always made of earth shatover, reflecting on and writ- tering, headline events, but quiet, personal moments that touched us or made You might, for example, re- us laugh or cry. What were late the adventures of your yours? You will learn the key family's life into larger his- to unlocking the stories of

Johnson, Sac High class of 1891, was in Stanford's first graduating class

was the first black student admitted to Stanford University and a member of the prestigious college's first graduating class in 1895. But his story was unknown for more than 100 years, until a student uncovered the photo of Stanford's first football team.

Johnson was born in 1871 just outside Roseville and grew up in a home near Seventh and M streets in Midtown. His father, Beverly, a local caterer, was an intellec-William Shakespeare, which as a valet for Union soldiers ceived his acceptance. during the Civil War.

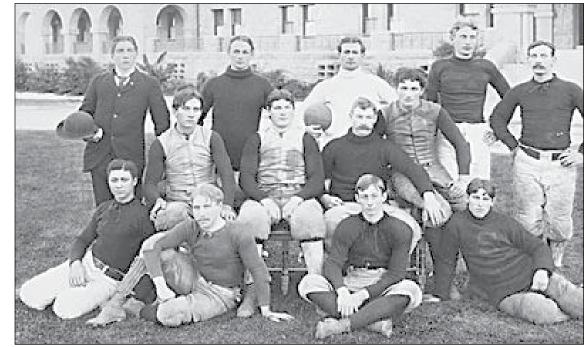
Although Beverly Johneducation, he fought for his children to be taught at the all-white elementary school rather than the segregated school that most African- his Stanford diploma.

Ernest Houston Johnson American children attended at the time. Ernest's sister was turned away from admittance; Ernest was accepted.

Ernest Johnson went on to graduate from Sacramento High School in 1891. He applied to UC Berkeley (where he was accepted) and Stanford. He didn't hear back from Stanford.

Beverly Johnson knew Jane Stanford (who co-founded the university with her husband, Leland) through his catering business. Eventually, tual who enjoyed the plays of Jane Stanford contacted the university's president about he discovered while working Ernest. Soon after, Ernest re-

After graduating in 1895 with a bachelor's in economson had only a third-grade ics, Ernest Johnson attended Stanford Law School, A few years later, he contracted tuberculosis and died. He is buried in Sacramento with



Ernest Houston Johnson, seated on far left, was in Stanford's pioneer graduating class and a Sacramento High Schoo graduate, class of 1891. (Photo courtesy Stanford Magazine via the Sacramento City Unified School District)

Stanford's first African the mystery.

But at the school he was American graduate. The stu-

Subsequently, the Ernest largely forgotten until a stu- dent found the football team Houston Johnson Scholdent was asked to research photo and began unraveling ars Program was founded at Stanford to honor his legacy.



REVERE COURT

MEMORY CARE

www.RevereCourt.com

ALZHEIMER'S DISEASE

MONTHLY EDUCATIONAL SEMINAR

"How to make your money last"

Speaker: Stephanie Mearse & Dana Beards w/ Desert Capital Financial

Thursday, March 24 At 5:30 PM

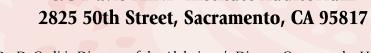
7707 Rush River Drive, Sacramento, CA 95831

Learn How To Prepare For Your Financial Future or The Financial Future For Your Loved ones in Our Monthly Evening Series

Diversification to enhance your net worth How to outlive your assets Leaving your financial legacy

Dinner Included

Please RSVP 916-392-3510



Dr. DeCarli is Director of the Alzheimer's Disease Center at the University of California, Davis (UCD) and holds the Victor and Genevieve Orsi Chair in Alzheimer's Research. He is a behavioral neurologist focused on using advanced brain imaging to study dementia and the role of genetics, cerebrovascular and Alzheimer's disease on these processes. Dr. DeCarli's presentation will discuss new diagnostic tools for Alzheimer's disease and explain how they change the concept of dementia.

2016 COMMUNITY DISCOVERY LECTURE SERIES

"New Diagnostic Tools for Alzheimer's Disease"

Presented by Dr. Charles DeCarli

Thursday, April 7 from 6:00 - 7:00 p.m.

UC Davis MIND Institute Auditorium

Reservations: (916) 734-5728 Facebook: UC Davis Alzheimer's Disease Center



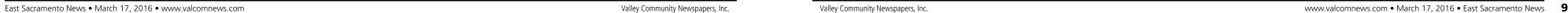


 $\Theta \square \Theta$









Camellia Society of Sacramento presented 92nd annual camellia show

By MONICA STARK

Even though attendance was down at this year's 92nd annual Sacramento Camellia show, about 3,000 blooms graced Memorial Auditorium on the first weekend of March, making the event reportedly still the largest camellia show in the world.

Dedicated to society members Bob and Joanne Logan, the "Best of Show" winner was Junior Prom won by the Lesmeister family of Carmichael, Giving a nod of approval to the winning flower, Joanne said she voted for Junior Prom, explaining its perfect symmetry and its beautiful white color.

Since moving here from Fremont in 2000, the Logans both have served in several society positions. Most recently, Joanne has been treasurer and Bob has been chairman of judges at the society camellia shows. Both have been American Camellia Society accredited judges for many years and judge at all the camellia shows during the show season. Describing their dedication in the show's program was the following: "Whenever something needs to be accompanied, we can always rely upon them. They have set the standard for everyone to follow! Congratulations to both of you!"

By 2 p.m. on Saturday, Joanne had finished counting the votes and took some time over lunch to discuss her honor. At that time, she had only heard about the show being dedicated to her and her husband. After quickly reading the inscription that had been printed in the program, she reacted by saying, "Isn't that nice? That's very flattering, but not quite true. They have set the standard for everyone to follow!' I don't think so."

Joanne had her first camellia in Hayward in 1958, bought at Toichi Domoto's Japanese nursery."He always had signs for somebody's show and he'd say, 'You ought to go to these. And we'd go. We'd make a list of all the flowers we wanted ... We wanted all these flowers."

Now they make a list of which camellias to enter in the show, and their participation cannot be undermined.

"They're very, very hard workers and have held offices," said Camellia Society President Carol

Their son, Alan Logan, a Sacramento resident said this year he joined the society, primarily because of his involvement attending his parents' shows. Showing for the first time, Alan won "best yellow,"

"I'm keeping the Logan tradition alive," Alan said. "There are some amazing personalities here. I joined mainly to support my parents."

Carol Schanz who sat down with Valley Community Newspapers to discuss the state of the society and her background and love for the flower.

"I grew up with them. Mom and Dad built a small house in Oak Park during the war and a couple gave (camellias) as housewarming gifts."

That sentimental tie to the camellia continued as Carol's father became president of the society and brought young Carol to meetings at the Shepard Garden and Arts Center in McKinley Park. "A hundred people would come, and my parents would say, 'Go, sit I went to college and got married. My husband got the bug. As much as I love the flowers, I love the peoers, Gary, Carol joked, "It's a time-consuming hobby. It keeps him off the street."

members of the Northern California Camellia Society, have been to shows in Fresno, Napa, Santa Rosa and Walnut Creek.

She said a goal for next year is to get more people in





know what it is but it's growing in their yards. I hope people will enter flowers and get them tagged."

For the last five years students from Will C. Wood Middle School's gardening club have helped with the setup of the camellia show. "I give a lesson on the care and culture of the camellia plant. Many of them come from low-income households and have never seen a camellia before." Special thanks also go to the Assembly of Rainbow Girls for their help in judging the show.

After being the president of the Camellia Society of Sacramento for nine years, Carol will be handing the position over to Don Lesmeister. "The job as president is demanding but you have so much fun. Everyone's willing to participate, so it's not all on my and be quiet. We were introduced to camellias. Then, plate." Carol's next role will be as corresponding secretary for the society.

On Sunday, March 6, watercolor artists came ple." Spending three hours a day watering their flow- to the show, in what Carol sees as one example of the society's effort of being more inclusive with the community, outside the camellia enthusiasts. "There Today, Carol and her husband Gary Schanz, also are a lot of different ways to enjoy camellias." Other examples, include waxing camellias and Ikebana.

Chairperson of the photography contest, Jackie Randall, hopes next year the society acquires more entries, and she explained if contests are open to the community involved, including those who don't the public and if there's more publicity surround-



ing the annual show, they might be successful toward that end.

About the Camellia Society of Sacramento

The society, founded in 1943, meets once a month to study camellia culture, care and growth and share in the enjoyment of raising these beautiful flowers. The meetings are held at the Lutheran Church of the Master, 1900 Potero Way, 95822. There is always an authority on camellias to ask questions. Members bring camellia blooms for display at every meeting. A hospitality break after business and the program is a fun time to meet others who enjoy the art of growing camellias. The dues are \$10 per year, which entitles you to all the privileges the society offers, or go online (wwww.camelliasocietyofsacramento.org) to get the detailed breakdown of dues. Make checks to Camellia Society of Sacramento and mail to Patty or come by meetings and give the check to Patty in person. Patty Bonnstetter, 441 34th St., Sacramento, 95816. The last meeting of the year will be held on Monday, March 28 at 7 p.m. at the Luther Church of the Master. Then, on April 2, there will be a pruning clinic in William Land Park at the camellia grove, time TBD, which is located near the pony rides. Carol said at this pruning event the city of Sacramento will be sending volunteers to help out at the clinic.

Introducing David Lubin's music teacher: Julie Meyers

By MONICA STARK

David Lubin Elementary School recently welcomed a new music instructor, Julie Meyers, who has looking for a teacher at David Lubeen helping implement a pilot music program.

ence, technology, engineering, art and math) curriculum, the music Libby Augusta - the three ladies program will help bridge the sciences and the arts.

Music has always been a prominent fixture in Julie's life. She began writing songs at age 14 and 15. After graduating summa cum laude from Berklee College of Music with a degree in songwriting, ant than I expected. I was scared Meyers moved to Sacramento in 2001 to further pursue her musical endeavors.

She began teaching voice lessons in 2003, and a new passion for teaching was ignited. Alongside voice lessons, Julie also teaches acoustic and electric guitar, piano and electric bass. She teaches students of all ages and levels, and tries to help her students not only achieve their personal best on their instrument, but also to have fun.

Learning the elements of music such as such as tempo, dynamics, and rhythm through song, the kids at David Lubin look forward to having Julie come to class.

Parent Teacher Group president Christina Stevenson said through outreach efforts the association will raise additional funding for music education at every single classroom on campus, as currently Julie teaches Kindergarten, special education, in addition to the third and fourth grades.

Explaining the school community's desire for Julie to teach more classes at the local elementary school, Stevenson said, "We had to invest in our music program out of a small fund of reserves and are working hard this year to raise more money to expand the program. Through our last parent survey music instruction was the highest rated need. We listened to parent feedback and worked hard to find the right fit for our school."

teacher, a small committee of parents did outreach to local music our students her own hearing aid, ested in teaching children. Over at the Fifth String, Julie's been teaching voice, guitar, piano and but in an interview with this pub-

trepidation teaching larger numbers of students.

"One day at work at Fifth String, manager Steven said a lady came by and to email her, since they are bin. I actually didn't contact her right away. I'didn't know if that As part of Lubin's STEAM (sci- is what I want to do... Lynette Tautz-Chong, Jennifer Augusta, in charge of trying to implement music program; we met at Starbucks. They said, 'This is what we're trying to do; this is what we want. It was pretty overwhelming. was fronting her first rock band at I didn't have much classroom experience. I was like, 'I don't know,' But the first day was more pleasbut the kids -- they were so excited. It must have been better than what they were doing before. They were like, 'music, oh my God; music, that is awesome."

As their excitement for music class continues, the students' energy is contagious and extends to Ju- as well. lie herself. "It's infectious. No matter how apprehensive I am feeling, I just say, 'Let's do it; let's learn about these things. It's really cute."

Hoping to inspire her students, she reflects upon her own past teachers. "I still remember Miss Thorn. She would have her Christmas program we would do."

When Julie was a preteen, she got into rock and roll, attending concerts and getting inspired, and at the time, she remembered having I want to do this. I'd watch other performers. I'd go to open mics. I learning this."

Julie's breadth of knowledge extends beyond that of most music teachers as her personal experience being hearing impaired has made her relatable to some of her special needs students. Teacher Anne Wittenborn prais- er thought kids would never not er Spaniel, Bentley, a sweet pup es Julie for her ability to connect with her students. "Julie is a wonderful music teacher. She works tar. Kids don't have that exposure paw across guitar strings when he with my deaf and hard of hearing preschool class as well as a special needs preschool class." Wittenborn said an FM system in the classroom allows Julie's voice In order to find the perfect and instrument to be amplified for the students. "(Julie) showed stores and the local music scene to so there was an immediate confind an instructor who was inter- nection. Julie plays her guitar and that way of learning has made her a Lubin, don't forget about the 18th sings songs that our students enjoy." Meanwhile, American Sign Language to interpret the lyrics inet, flute and sax, creating arrange- this going. The tour this year will has enjoyed playing with the dogs, for deaf students is used in the ments for various groups he's a part be held on May 7 and 8. For more classroom and Wittenborn said of. "He's a super active part of the information on that, visit <david-



Julie Meyers rocks! And, now she does so at David Lubin Elementary.

feel the vibrations by touch. She also uses a keyboard and has al-

dents can enjoy music, especially if it's fun and involves movement (which is exactly what Julie im- your own." plements in her program). Many ing so they can benefit from the that a paying job. Yeah it's tough. FM system which allows them to You do it for the love." hear her voice.

"My profoundly deaf students can benefit by feeling the vibrations of a New Years resolution, in which the instruments and participating she'd write a song a month. "If I in the ASL translations. Students stick with it, I will be proud of all the thought: "I want to study this; are actively engaged with the teach- those songs," she said. "It's hard to ing style Julie uses. She is a positive focus sometimes. You have to carve person who encourages students to time to sit and do that. (Musician) knew I wanted to devote my life to get involved. Both of our special ed Kevin Seconds, in 2015, had the classes look forward to and enjoy music class with Julie."

Back during Julie's childhood, music surrounded the then-budding musician who might just have taken for granted the music in of this interview, she had begun on her life. "You had art, PE. I nev- February's song about her Cockhave it. I had it in preschool, too. who likes to jump and bark during We had a musician come play gui- private lessons and who runs his anymore. It seems weird. It seems wants attention. unhealthy. What do you do all day if you don't have this creative out- ramento with her two bands, The let anymore?"

ing between guitar, piano and voice. p.m. at Shine Café, 1400 E St. Whatever she felt like studying at lication, Julie described her initial Julie introduced her guitar to the Jazz society. He and I do stuff to- lubingardentour.com>.

class and allowed the students to gether. He's cute. He's a 73-yearold guy that has more gigs than I do sometimes. He loves it. He relowed the students to try it out fused to teach me piano. He said I needed to learn that from someone "Deaf and hard of hearing stu- else. Parents are weird like that. But guitar, he said: 'That's easy. I know three chords. After that, you're on

Julie has played in various bands of my students are hard of hear- and has toured. "But, I wouldn't call

Asked what song she is most proud of writing, she said she had goal of writing 400 songs in the year. That seemed like a lofty goal, but he made it 262, which is pretty good." She titled January's song 'Warm Houses," and at the time

Julie performs regularly in Sac-Signifiers and The Polymers and Julie started playing seriously her next all ages show with the forwhen she was 11 years old, rotat- mer will be on April 9 from 8 to 11

Also, to further support the Juthe time, she pursued. Encouraging lie and the arts programs at David very approachable teacher. Her fa- annual East Sacramento Garden ther, Ken Meyers, plays piano, clar- Tour, which will really help keep

10 East Sacramento News • March 17, 2016 • www.valcomnews.com Valley Community Newspapers, Inc. Valley Community Newspapers, Inc. www.valcomnews.com • March 17, 2016 • East Sacramento News **11**



e Hoots will play a free show at Bertha Henschel Park on Saturday. March 26

Award-winning, Sacramento band for kids, launches contest to bring more music to schools

Winning school gets a free concert by The Hoots!

Far more the Beatles than Barney, The Hoots, an award winning kids music band from Sacramento, are running a nationwide contest to win a free concert for a school or youth organization and a cash prize of \$250 to support the music program for the winning school or organization. The Hoots will also be and how it came about. playing a free concert for the surrounding Sacramento community at Bertha Henschel Park on March 26th in East **Sacramento**. The contest can be found on their Facebook page or website The-Hoots.com, the school with the most nominations from parents will win the contest. The winner will be announced Wednesday, April 3. In addition to bringing cool music that kids and parents can enjoy to schools, The Hoots will release an interactive music app later this year ner April 3rd, just in time to book us for that parents know is safe and kids will love. Joel Daniel, member of The Hoots band says, "Music allows a level playing til the fall for some of the great activifield for young kids, it strengthens their creative muscles and helps them think

outside the box, many schools are doing away with music programs or have limited resources, we want to do a small part in inspiring young people and parents to keep finding creative ways to bring music to their schools."

Joel Daniel kindly answered some questions about the band and the current contest for Valley Community

Newspapers.
VCN: Tell me more about the contest

Joel: We thought a school contest would be a great way to give back to the community we are from. We want to see more music in elementary schools. The school that gets the most entries by their community will win \$250 and a live concert by us, The Hoots! Families can enter at our website, TheHoots.com or follow us on Facebook, The Hoots and enter the giveaway there, the contest ends March 26th and we will announce the wina spring assembly, Spring festivals, preschool graduations or schools can wait

4th Generation East Sacramentai



Tom Leonard | 834-1681 Tom.Leonard@CBNorcal.com

CalBRF#01714895

1139 58th Sreet | SOLD For \$817,500



Coming Soon!



4519 C Street 3 bed, 2 bath, 1,625 sq ft



1328 58th Street | \$509,000 3 bed, 2 bath, 1,326 sq ft

Stunning Elmhurst Home





5341 T Street | \$659,000 | NEW LISTING

Originally built in 1924 & underwent massive renovation/addition in 2015. Custom kitchen, huge master suite & open floor plan. New plumbing, electric, hardwood floors, new HVAC, tankless H20, prewired/network/LED & indoor laundry. 4 full beds & 2 baths with large backyard & detached garage. Home has the 92 year old charm with today's modern amenities

The Hoots:

Continued from page 12

ties that happen at the beginning of the school year.

There is a trend to bring more music into the school day and we want to be part of that movement. Music is an opportunity for different types of students, some who may not shine athletically can shine playing the violin, kids that want to build confidence can try song writing with ukuleles, and finally music brings a community together, school concerts are some of the most cherished memories by parents and builds great confidence in kids.

In addition, we have been working on a few projects the last few years and are nearing their completion that we can share with families. One is a video project starring the band and Oliver t. Owl, the puppet owl you see in some of our social media posts. You can find a bit more information about that here: http://www.thehoots.com/ pages/hoot-quarters-the-show. We've set the show itself in Sacramento since that is where we are from, and soon we will be looking to reach our Hoots Community so that we can get some feedback on our various projects.

We are also working on an interactive app for kids that works as a music player and safe environment for young viewers, for watching the videos and listening to our music. A bit more about that can be found here: http://www.thehoots.com/pages/ hoot-quarters-the-app.

Further, as mentioned in response

some buzz and share a concert as a thank you for the community's support over the years.

We are excited to wrap up this contest with a concert at Bertha Henschel park on March 26th at 10:30 a.m. for the Greater East Sac community. Come on how and jam with us and your little ones!

VCN: What's your story? **Joel:** The Hoots, started by accident (really!) in 2007 when the first of my friends to have children had twin girls (Madison and Ella), and a mutual friend asked him to write a song as a gift to the newborns. I had no previous experience in kids music, and felt a bit of trepidation. At that point I really associated kids music with Barney and I was not into writing that kind of stuff. My friend insisted it didn't have to be that way, and I finally relented. I wrote three songs for the girls and realized it was fun to write them. I really tried to write songs that I would like to listen to, but with themes that kids could relate to. Once we finished the project I kept going. My then-bandmate, Charles (who has now moved to Nashville, TN to work as a a hot day, he forgets to wear his sun-Professor of Biomedical Engineering), joined in the project and eventually we had 10 songs. We recorded these over a series of a few years. In 2011, we finished the record, which went on to sell

VCN: How did you guys find each other and decide to make kids music? to your question about why we love **Joel:** The folks in the band have tended music, we love sharing it and the ex- to play with each other in other projects rise Elementary in Rancho Cordova; perience of a live show with folks. We and bands over the years. Playing kids

about 1,000 copies via word of mouth

and win several awards.

have asked people over the years and main members presently are Samantha Arrasmith, Cozy Gazelle, Kevin depending on the show.

VCN: What do you like most about playing kid music?

Joel: We can be home and in bed by 8 p.m.! Also, the songs are really fun to write and play; they are like puzzles because we really do try to make the shows are really fun. It is nice to watch the kids get into the songs, and have a good time hanging out with their parents.

VCN: What are some of your songs. spiration, significance and meaning. **Joel:** On the first album we have a We have a song called "Oh Oh" about the importance of trying new things. Even if you think you won't like it, you won't know unless you try.

VCN: What schools have you performed at?

Joel: The last few we have played are Rose Elementary in Milpitas, Sunwe've played at a few of the Merrryhill

thought it would be fun to generate music is definitely not for everyone. I schools and a few schools in San Marcos. While not schools, we've played been turned down, but the ones that a lot of local libraries, festivals (Dajoin up for a show almost always have a vis Music Festival, Pow Wow Days, good time and want to do it more. The etc...), and places like Fairytale Town, Shriner's Hospital.

> Shakur, and myself. Though, other of VCN: Tell me about yourself, your our friends will substitute in and out love of music and why you think music is important for children and relate that to why you make kid music.

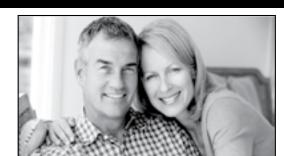
> Joel: I love music. I think I might be the last human that still buys records on a regular (at least weekly) basis. I think there is something about folks that write songs (and I don't include myself in this category) that somehow them work on multiple levels. Finally, are able to touch upon things that all humans experience, but can succinctly define it in a way that people can relate to, and sometimes can really bring people together and make a difference.

> Over the years, it's been something that has comforted me in sad times, Tell me about one in particular, its in- and brought a smile to my face for no reason at others. I would like to be able to share that with kids. I think song called "Harv". It was the first song there is always the possibility of hav-I wrote. It's about a Hippo that makes some questionable life decisions. On is going through whatever they might be going through in that particular moscreen and gets burned. The message ment. Further, while I love recorded being the importance of sunscreen. music, I think it is important to experience it live as well. It is really the best way to get that communal experience.

> > VCN: Who's in the band and what do each of them play?

Kevin Shakur – Drums/Vocals Cozy Gazelle – Guitar/Vocals Joel Daniel – Bass/Vocals Samantha Arrasmith – Keyboards/

25 Minute Educational Presentation and a Free Luncheon



East Lawn Funeral Homes, Cemeteries & Crematory

Reservations Required Please RSVP for the day of your choice. Seating is limited to 30 attendées per seminar.

FREE LUNCHEON SEMINARS

East Lawn Memorial Park & Crematory

4300 Folsom Blvd., Sacramento, CA 95819 on-line at www.Fastl awn.con Friday, April 8 @ 11:30 a.m. Thursday, June 9 @ 11·30 a m

Andrews & Greilich Funeral Home FD136 3939 Fruitridge Road, Sacramento, CA 95820 RSVP: (916)732-2026 or on-line at www.EastLawn.con This presentation will be in English and Spanish Wed, April 13 @ 11:30 a.m. Wed, June 15 @ 11:30 a.m.





7548 Greenhaven Drive Sacramento, CA 95831

Enriching the Lives of Others

Residents enjoy an active, engaging lifestyle that promotes wellness and independence.

Whether short-term, following an illness or injury, or permanent, our assisted living and memory care programs utilize professional nursing staff to help determine your specific needs. Around the clock caregiver staff are here to provide services when you need or want them - allowing you to devote your energies to a life well lived!

greenhavenassistedliving.com • (916) 427-8887

12 East Sacramento News • March 17, 2016 • www.valcomnews.com www.valcomnews.com • March 17, 2016 • East Sacramento News 13 Valley Community Newspapers, Inc. Valley Community Newspapers, Inc

Matias Bombal's Hollywood

New in theaters: The nation of Columbia's Oscar submission "Embrace of the Serpent"

EMBRACE OF THE SERPENT

This film has not been rated.

Oscilloscope Laboratories has a studio logo not unlike like the classic Toho-Scope logo of the Golden sets the stage for remarkable cinematography to follow that will show you a world that you literally have never seen before: the Amazon River in Colombia. The movie's Spanish language title is "Abrazo de la Serpiente" ("Embrace of the Serpent") You've never seen the Amazon in this way: lyrical, poetic and mysterious in rich black and white tones. In this captivating visual experience, we are told a story of the Amazon in an entirely new way. From the perspective of a native Colombian of the Amazon, Karamakate.

Karamakate is played by two men over different periods in time, yet in both, he leads a white man as a guide in search of flora and fauna of the Amazon, and in particular the rare health restorative plant "Yakruna" a hallucinogen vine, epiphyte of the rubber tree. The sap of trees on which it grows is of highold actor who speaks little Spanish as he mostly speaks Cubeo. This is ly worked in agriculture. The elder Karamakate is played by Antonio Bolívar Salvador. Bolívar in real life is one of the last survivors of the Ocaina people. Besides playing one of the main characters, he also English, as he became a teacher of the international actors.

others in movies past, with in interest in rubber or natural history. The movie cuts between the two tales set apart by many years. This gives you the non-traditional sense of timelessness of the Amazon and how the in-Era. In glorious black and white, it digenous folks that live there view time and space; not at all as in western thought. It becomes clear in the narrative that the natives view both white explores as one man, one spirit and not two.

The movie begins to tell of a 1909 Illness of Thedor von Martius, (Jan Bijvoet) based on real life German explorer Theodor Koch Grünberg (1878-1924). "Martius" was snagged by this illness while trekking through the Amazon. One native begrudgingly agreed to help him search for a special plant to help him.

The real Koch-Grünberg wrote: "It is impossible to know if the infinite ate wisdom of the jungle, Martinus's jungle has initiated in me the process that has taken so many others to total and incurable insanity If that is with his life if he were to persist, and the case, it only remains for me to excuse myself and ask your comprehension, for the display I witnessed in those enchanted hours was such that I find it impossible to describe er purity. Karamakate the younger is in words of its beauty and splendor. played by Nilbio Torres, a 30-year- All I know is when I came back, I was only known records of large poranother man."

This is a movie of three personhis first movie. He had previous- al journeys against all odds and nature and the wonder that is the Amazon. David Gallego's photography is a character in the movie, just as timeless and limb with cast and crew by takand complex as the river and its now lost peoples.

After the main title appears on served as interpreter for the Tikuna, screen, our second "white man" (Bri-Cubeo, Huitoto languages and even onne Davis), also German and a student of Martius appears with reflex 1950s camera offering a clue to the tainty. The "white men" of the movie visit time period of his part of the stothe famous snake shaped river as have ry. He is Evan, and based on the real a green sea, of which I knew nothing. tried to unravel her mysteries.



life person Richard Evans Schultes (1915-2017). He meets the meets older Karamakate, who sees in him the same soul of the man that he had taken through the wilds so many years earlier. They revisit spots seen in the earlier journey with startling differences that have occurred over time. In one such case, the initial visit was to a Catholic mission. The later visit shows it overrun by cannibals in a harrowing and remarkable sequence.

In one scene of profound Karamakcompass is stolen by natives, and he insists on keeping it. He'd not escape is advised to just leave as Karamakate says: "You can't forbid them to learn. Knowledge belongs to all men."

The travel diaries of Theodor Koch Grünberg and Richard Evans Schultes are recognized today as the tions of Amazon cultures. The movie was nominated for Best Foreign Film at this year's Academy Awards, but lost to "Son of Saul". The film's director, Ciro Guerra, risked life ing motion picture film cameras on lactation in the real Amazon. He released this statement:

I was overwhelmed by great uncer-

Half of it was an unknown territory,

Your Total Food Purchase

of \$40 or More

\$10.00 OFF

Daily After 4pm, with this coupon.

5723 Folsom Boulevard (Dine in & Take Out)

(916) 457-1936

EAST SACRAMENTO BUSINESSES

Affordable placement for

Chamber members & small

businesses

(Call 916-429-9901)

The Amazon, that unfathomable land, which we foolishly reduce to simple concepts. Coke,

drugs, Indians, rivers, war. Is there really nothing more out

Is there not a culture, a history? Is there not a soul that transcends?

The explorers taught me otherwise. Those men who left everything,

who risked everything, to tell us about a world

we could not imagine. Those who made first contact, During one of the most vicious holocausts man has ever seen.

Can man, through science and art, transcend brutality? Some men did. The explorers have told their story.

The natives haven't. This is it.

A land the size of a whole continent, yet untold. Unseen by our own cinema. That Amazon is lost now.

In the cinema, it can live again."

This movie is a stunning and remarkable experience into another world and time reality so unlike our own. Beguiling, yet hard to comprehend, I was fascinated and horrified, enchanted and frightened. I'd never had the desire to see the Amazon in person, the snakes alone would make me expire at their "Whenever I looked at a map of my mere sight. Yet this was a remarkable look at a life so foreign on our own planet and the famous river that has lured adventure since it beckoned discovery to the first intrepid souls that

Your Favorite

Neighborhood Restaurant

 Λ local, warm bistro setting with flavors your palette will enjo

ed menu from which to choose.

ır chefs have put togetheran exciti

siderate portions and

3301 Folsom Boulevard

Sacramento, CA

ri & Sat 8am**-**11pm

916-455-2233

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

Home Improvement Guide: a "Keeper" by our readers

Great exposure in these four upscale neighborhoods: Arden-Carmichael, East Sacramento, Land Park & Pocket/Greenhaven. **Contact Melissa at 916-429-9901**

ADDITION SPECIALIST



Certified Kitchen & Bath Remodeler

LATCHERS

Award-Winning Design/Build Firm Serving Sacramento for more than 25 year

Kitchens

916-422-6639

CREATURE CATCHERS/REMOVAL

Creature Catchers Wildlife Management

Humane and non-toxic solutions for both animals & man

Dead Animal Location/Removal • Exclusion Work

Live Trapping · Humane Removal · Repair

Skunks • Fox • Raccoon • Opossum • Squirrels

Mice/Rats + Birds/Bats (bat elimination)

FREE Consultation

www.lytleconstruction.com

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC

Reasonable Residential & ommercial Work since 1960

Repairs, Trouble Shooting Custom Lighting/FREE Est. Excellent ref from Angie's List

(916) 451-2300 Cell: 213-3740

Neil McIntire — C.S.L.# 394307

CLEANING

Prime Quality Maintenance

Window Cleaning Rain Gutter Cleaning
Junk Removal & Hauling

Call Jesse: 916-428-2940

CONSTRUCTION/HAULING

DB Haul-away

(916) 838-1247

Residential/Construction waste removal Foreclosure services • Yard clean ups

Handyman services • Demo • Drop bin services

Bobby Timms • 916-402-7546 • dbhaulaway@gmail.com

CreatureCatchers.org 530 885-PEST(7378)

HANDYMAN FREEDOM HANDYMAN SERVICE

I specialize in all areas of home improvement ! Quality work the first time, guaranteed! Carpentry - Electrical - Plumbing - Demolition Sprinklers - Sheetrock

Fix leaks of all types Accepts All Major Credit Cards "Senior Discount"

HARDWOOD FLOORING

Hardwood Flooring

Specializing in installing, sanding

and finishing hardwood flooring

or repair and refurbish your current floors.

Call Michael - (916) 383-8742

Lic# 544159/References Available

NO JOB TOO SMALL: Call Eric (916) 470-3488

HANDYMAN Spring Yard Clean-up Specials!

• HAULING & YARD CLEAN-UP • RAIN GUTTER CLEANING

• CONCRETE REMOVAL

• HEDGE TRIMMING /SHRUB REMOVAL • PRESSURE WASHING

Pressure wash your driveways clean! your decks, too!

Clean out your garage! Replace that old lawn!

Hard work—not a problem! SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 19 YRS*

4 papers, 1 low price!

Advertise vour service in this section, today!

Call 429-9901

PAINTING

SOVEREIGN PAINTING

Quality craftsmanship 3rd Generation Painte

with over 30-years experience

(916) 422-4416

sovereignpaintingco.com sovereignpaint@yahoo.com

ROONEY'S

PLUMBING

FULL SERVICE PLUMBING

LAUNDRY SERVICES

THE LAUNDRY COMPANY

Full Service Laundromat

- Dry cleaning, Wash, Dry & Fold services. Giant washers and friendly attendants.

Call or come by to check on the monthly specials & Lovalty cards

6450 FAIR OAKS BLVD, CARMICHAEL - 916-484-1180

Dan Sovereign, Interior & Exterior Painting Lic.# 484215 Better Business Bureau Membe

PLUMBING

COOK PAINTING Full Service Company - Start to Finish

Your Home

• Custom Painting

Super clean, neat & fast

Specializing in custom

456-7777

rooneysplumbing.com

PAINTING



♦ Warranty

- **♦ Senior Discounts** Professional & Reliable
- ▲ Interior & Exterior Painting

Valley Community Newspapers, Inc

Using only Kelly-Moore Paint! (916) 725-8781

(916) 591-5056

www.valcomnews.com • March 17, 2016 • East Sacramento News **15**

EAST SACRAMENTO

Chamber of Commerce

April Luncheon

Wednesday, April 13th, 12-1:30pm

Clunie Community Center, 601 Alhambra Blvd.

Mike Sophia, Sac Sports Commission Director

April Mixer

Thursday, April 21st, 5:30 - 7:30pm

Marc Foster Creative Studios, 320 Alhambra Blvd.

(916) 947-9403

EastSacChamber@aol.com www.EastSacChamber.org

Street

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

RAIN BARRELS

Paul Clark CONSTRUCTION CO. **D**ushman RAIN BARRELS

For 26

Frank Nieto

Residential - Commercial - Government Rainwater Harvesting, Smart Controllers,

Micro/Drip/Sub-Surface, Native Landscaping

(916) 753-7463 • www.paulclarkconstruction.com



Sprinkler Systems (Install & Repair) Fencing • Plumbing

Electrical • Painting

TRACTOR WORK

NietosTile@sbcglobal.net www.nietostile.com

Laminate/Wood Floors Lic. #917883

Concrete • Tile Installation

Granite Fabrication



Dirt Moving, Discing, Rototilling Trenching, Bobcat Backhoe

Dave (916) 988-3283



1600-B Kitchner Rd., Sacto 95822 916/392-1959 • 916/995-7177

ROOFING/SIDING

REROOFING

3675 R Street Sacramento, California 95816 East Sac Specialists 454-3667

TILE WORK BAXTER TILE

EXPERT INSTALLATION REMODELING & REPAIR

Ceramic • Marble • Granite Floors • Counters • Walls

33 Years Experience • FREE Estimates 916-213-4669

ROOF/GUTTER CLEANING

STAN THE MAN

GUTTER CLEANING ROOF CLEANING WINDOW WASHING PRESSURE WASHING SENIOR DISCOUNTS AVAILABLE 916-601-1030



TREE & GARDENING SERVICE

Terra Bella Tree & Gardening Service "Not your typical mow, blow & go company!"

• One Time Clean-Ups • Tree, Bush & Hedge Removal • Full Yard Maintenance Family Owned • 25 years experience! Call Randy (916) 454-3430 or 802-9897

www.terrabellagarden.com · Lic# 152584

Your services are needed! Call (916) 429-9901 and reserve your space on the Home Improvement page

RESERVE YOUR SPACE IN THE UPCOMING



Call a sales representative today for great advertising rates: 429-9901

TAX PREPARER

1 CONCIERGE TAX PREPARER 3 yrs. exp. We specialize in Business Tax retu

cluding Corp & Partnerships. FREE Pick-& Delivery to those who qualify. We prepar expertly all past tax returns including all Stat returns. Get the most deductions allowed to yo ov law. CTEC Registered & Bonded. Please ca ww.taxirene.info • taxireneinfo@gmail.com

Call 429-9901

HANDYMAN

HANDYMAN SERVICES

No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

HANDYMAN

HOLIDAY CLEAN-UP SPECIALS! Rain Gutter cleaning— Yard clean-up. Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. 18 yrs. exp. Specials for

SHARE HOUSING

Lady looking for a shared rental situation in Arden, East Sac Fab 40's or Land Park areas. Desire a spacious, clean home OR mother-in-law/private quarters. I have excellent rent, credit and personal references. Dogs preferred/OK. Reasonably priced. (916) 422-1991 OK

CASH PAID FOR DIABETIC TEST STRIPS We pay up to \$30 per box

cash on the spot (prices vary depending on brand quantity and expiration date)

We offer FAST PICKUP at a location

Boxes must be unopened and unexpired (916) 505-4673

Looking to rent small unit/mother-in-law quarters for father/daughter in Land Park, East Sac, or Pocket area. Steady job, references, will be a good, quiet tenant.

#1 CONCIERGE BOOKKEEPER

33 years exp. in industries like Auto, Mechan-cs, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profits, Retail, Marshal Arts, Barber, Construction, Wholesale, Investmen Clubs, Corp, Partnerships, Small Business. re experts in General Ledger, Payroll, Prof & Loss & Quarterlies. Call for your concierge appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info • taxireneinfo@gmail.com

BUSINESS SERVICES

#1 CONCIERGE BUSINESS SERVICES

ut our 33 years in Concierge Busiess Support Service to work for your usiness. We provide support in: Li ensing, Business & Corp Start-ups r Closures, Basic web design, Set-up ocial media. Business Concierge Shopping, Marketing and much more. Please contact Irene Senst (916) 640-3820 CA, (775) 410-3422 NV.

Check out the Home Improvement Guide Call Melissa at 429-9901 for ad rates.

CALENDAR

ation to: editor@valcomnews.com at least two weeks prior to publication.

Matsuyama Elementary School will have a Mobile Clothing Drive **Fundraiser**

There will be a Mobile Drop Box on campus at 7680 Windbridge Drive, Sacramento from March 8-21. Donations can be dropped off 24/7. This fundraiser promotes recycling, gives back to the local community AND raises money for our school. ACCEPTING DONATIONS OF: Usable clothing (all sizes), shoes, jewelry, belts, purses, backpacks, bedding and linens, toys, DVDs, and other small non-breakable items.

Sutter's Fort looking for volunteers

Do you have an interest in early Sacramen to history? Do you get excited at the idea of dressing up in Pioneer clothing, churning butter, or making barrels? If so, volunteering at the birthplace of the city of Sacramento may be just for you! Sutter's Fort will soon begin Docent training classes for those

nia history to the public. For more information about training dates and requirements, please contact volunteer coordinator Llonel Onsurez at (916) 323-2015 or llonel.onez@parks.ca.gov.

Free trees

Debbie Towne

(916) 532-2652

DLTowne@surewest.net

SAR Masters Club

Coldwell Banker - Diamond Elite

Sacramento Tree Foundation, in partnership with SMUD, provides free expert tree selection advice and energy saving shade trees to SMUD customers. Call the Sacramento Tree Foundation at (916) 924-8733 or email shadetrees@sactree.com to make your appointment to receive up to 10 free shade trees Your appointment can be online or in per son and an expert Community Forester will work with you to find the best places and tree varieties to plant that will provide the most shade for your home. About two weeks after your appointment, once $\,$ you agree to the planting plan, your trees, stakes and ties will be delivered to you. This is a free service provided in partnership by SMUD and Sacramento Tree Founda tion to help SMUD customers save enerTree Foundation at (916) 924-8733 or visit www.sactree.com. Properly planted trees can save help you save up to 40 percent on summer cooling costs, increase your property value, clean the air, reduce stormwater flood ing, and make your neighborhood a better place to live. Call Sacramento Tree Foundation at (916) 924-8733 or visit www.sactree. com for your free trees.

Sons In Retirement (SIR) Branch #93 Luncheon programs are held on the third

Monday of each month at 11:30 a.m. at Elks Lodge No.6. SIR is a luncheon club with 141 branches and a membership of 18,000 men who are retired from full-time employment. Activities included weekly golf tournaments and bowling league teams For more information or an application call Chairman Dick West at 919-3858.

Free Yoga Night at Sacramento State to State's The University Union UNIQUE Programs is pleased to announce an evening of relaxing yoga with fitness instruc tions from The WELL at Sacramento State on Thursday, March 17, 2016 starting 7:30 p.m. in The University Union Ballroom. The event is free for Sac State students and the general public. The first half hour will be an introduc tion to yoga for beginners. Immediately follow ing will be yoga appropriate for all fitness levels. Yoga will develop inner and outer strength, in-

TOP 10 FAQs for Home Buvers

How much are taxes on the

house I make an offer on?

For this answer and a **free** list of the Top 10 Questions

Contact Debbie!

crease stamina and flexibility and help you get centered through a blend of different yoga traditions. This class links body, breath and mind with focus on alignment. Co-sponsored with Group Fitness at The WELL, the campus recreation and fitness facility at Sacramento State. For more information, please visit www.SacStateUNIQUE.com or call the University Union Info Desk at 278-6997.

The Sacramento Traditional Jazz

Society (STJS) monthly music event Every second Sunday of the month, STIS has music at the Elks Lodge No. 6, 6446 Riverside Blvd., from noon to 5 p.m. Each month STIS has a different bands, there is three different rooms to listen to music. Nominal fee for members is \$8; non-member price is \$10.

Nar-Anon meeting for families and friends

The group meets to learn about drug abuse, share problems, encourage the addict to seek help, replace despair with hope, improve the nily attitude, help regain your self-confidence. For more information, call the Firs

United Methodist Church at 446-5025, ext. 101. Meetings are Tuesday evenings from 6:30 to 7:30 p.m., 2100 J St.

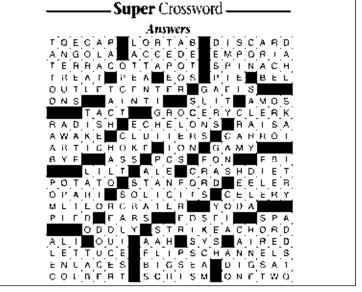
Rotary Club South meeting

The Rotary Club of South Sacramer to meets at noon for lunch every Thurs day at Aviators Restaurant at Executive Air port,6151 Freeport Blvd, Sacramento, CA 95822. Rotary is one of the largest service organizations in the world dedicated to community service both locally, and internationally. Please call JR Springer at 425-9195 for additional information.

Beginning tai chi gong

These exercises use the principle of chi flow ing properly throughout the body to maintain the equilibrium of yin and yang. Reg ular practice of these forms will develop better balance and flexibility, gain strength promote deep relaxation, and improve health. This beginning class will also learn the 24 Yang Style Tai Chi and Yi Jing, a tra

See more Calendar, page 18







- EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

C.K. McClatchy High Schoo

50 year REUNION is in October 2016.

McClatchyreunion66@yahoo.com Facebook: McClatchy High school class of 196

Valley Community Newspapers, Inc

SAVE THE DATE! 67th Sacramento High School Reunior Class of 1949

Saturday, September 10, 2016 11 A M - 3 P M Contacts: Jovce Cowan at cowan j@sbcglobal.net and

Vera Malkovich at

Crockett-Deane Ballet & Deane Dance Center present. "The Story of Sleeping Beauty"

Fri. April 15 at 8 a.m. (Act III only) Sat April 16 at 2 p.m. and 7 p.m. Sun April 17 at 2 p.m.

The Center at 2300 Sierra Blvd. (916) 453-0226 DeaneDanceCenter.com

CALL AND PLACE YOUR **EVENT TODAY!** (916) 429-9901

16 East Sacramento News • March 17, 2016 • www.valcomnews.com

Valley Community Newspapers, Inc.

www.valcomnews.com • March 17, 2016 • East Sacramento News 17

Faith United Methodist Church

3600 J Street • 452-7637 • www.faithumcsacramento.org Bible Study: Sunday at 9:15am, Tuesday at 10:00am • Sunday Worship: 11:00am (Communion on 1st & 3rd Sunday) • Fijian Language Worship: Sunday 1:00pm

Call (916) 429-9901 to advertise your church services in this paper!







Come tour our newly remodeled. downtown facility featuring: plete kitchens, new appliances, walk-i

thowers, large closets, balconies, lovely vie

We pay utilities, offer free transportation shopping, medical appointments, and fu excursions to local area points of interest

- Active residents association with a variety of social activities
- On-site Service Coordinator
- 24-hour maintenance, compassionte, caring staff
- Small pets welcome
- Rental Assistance Programs for ncome-qualified applicants

We Pay Utilities!

Active Senior Living Retirement Community 515 P St., Sacramento (916) 442-2907

www.rhf.org EDE 🚊 🕹



ditional Health Qi Gong. Pre-registration and prepayment required or \$7 drop-in fee at the door. Class will be held on Tuesdays from 4:00-5:00 pm at ACC Senior Services, 7334 Park City Drive. For more details, call (916)393-9026 ext 330, www.accsv.org.

Soroptimist International **Sacramento South**

Meets the second and fourth Tuesday at Executive Airport, Aviators Restaurant at 12:15 p.m.

Widow persons monthly buffet and social

Widowed Persons Association of California, Newcomers' Buffet and Social is open to any and all widows and widowers, the third Monday of each month at 5:30 p.m. The buffet will be held in the private dining room at the Plaza Hof Brau, corner of El Camino and Watt Avenue, cost varies as the choice is from a no-host buffet menu. There is no charge to attend the social other than the meal chosen. For more information, call 916 972-9722. Widowed Persons Association of California, Sunday Support, is open to any and all widows or widowers, every Sunday from 3 to 5 p.m. in the meeting room of the WPAC office, 2628 El Camino Avenue, Ste. D-18. Enter from the back parking lot. For more information, call 916 972-9722. Saturday, Nov. 7, Widowed Persons Association of California Workshop, "Coping with the Holidays," 2 to 4 p.m., the doors open at 1:30 p.m.. A second session will be held Tuesday, Dec. 1, from 7 to 9 p.m., doors open at 6:30 p.m. The workshops will take place at 2628 El Camino Ave., Ste. D-18. Enter from the back parking lot. For more information or to register,

March

Giant garter snake topic for

March 17: The Giant Gartersnake, one of America's largest snakes, will be the topic at the March 17 meeting of the Sacramen to Audubon Society. Once abundant in the Central Valley, the big snake has lost most of

development and is now found mostly in the rice fields of the Sacramento Valley, according to speaker Eric Hansen, a herpetologist who lic is invited to the 7 p.m. meeting at the Effie Yeaw Nature Center in Ancil Hoffman Park There will be no charge for the program, and

Fresh, Hot Crab at West Campus Crab Feed!

Audubon meeting

its historical wetland habitat to farming and has studied them for many years. The pub-(For directions, see sacnaturecenter.com.) no park entry fee.

March 19: Support one of our premier local high schools by attending the West Campus Crab Feed and Silent Auction coming up Saturday, March 19 from 5:30-10 p.m. a Giovanni Hall of St. Mary's Church. Tickets are \$60/person, available at www.westcampus.scusd.edu or in the school office at 3022 58th St. The evening will feature: fresh, hot crab or rib eye steak cooked right on the premises; "Aloha" Hawaiian theme with special tropical cocktail; live music from West Campus' award-winning band; as well as a raffle and silent auction. All proceeds go to support West Campus students programs in cluding the classes of 2016-2019, WCHS marching band and the West Campus Foundation for Excellence. Donations for our raffle and auction are also very much appreciated! West Campus High School is recognized as a California Distinguished School, rated the top high school in Northern California by Newsweek magazine, and has one of the highest CAASPP scores in ELA and math in the state. In addition to high academic expectations and a strong commitment to the arts and athletics. West Campus High School is devoted to developing future leaders and building strong ties within our neighborhood and community. Commit ment to diversity and civic responsibility are central to West Campus' educational mission and goals for student development. Your donation to West Campus High School helps support the development of tomorrow's leaders. Many school programs at West Campus are only made possible with the assistance we receive from our family, friends, and community business partners.

MEDINA L. BLAYLOCK

Family Law Services

DIVORCE/DISSOLUTION DISSOLUTION OF DOMESTIC PARTNERSHIP LEGAL SEPARATION

> **PATERNITY** CHILD CUSTODY/SUPPORT SPOUSAL SUPPORT

DOMESTIC VIOLENCE RESTRAINING ORDERS



(916) 447-4774 725 30TH STREET, SUITE 209 WWW.BLAYLOCKLAWGROUP.COM

Capella Antiqua Baroque Orchestra and Soloists March 19: Starting at 7:30 p.m., experi-

ence a deeply moving concert combining mu sic, word, and contemplation at the Cathedral of The Blessed Sacrament, one of Sacramento's most powerful and evocative spaces, located at 11th and K streets. This somber mu sic will explore the lamentations and gravity of numan nature. Discover the soaring melodi lines and intensely personal setting of Francois Couperin's Leçons de ténèbres pour le mercredi saint. Listen to the beautiful counterplay between violins in Jean-Marie LeClair's Sonata for Two Violins. Enjoy the mournful and moving sound of the Baroque bassoon in Darious Castello's Sonata No. 10. Featuring the Capella Antiqua Baroque Orchestra, and soprano soloists BrieAnne Welch and Liisa Davila. Tickets are \$15 general and \$10 for students, seniors, and under-employed.

The Sacramento Guitar Society presents a Young Artists Showcase Concert

March 20: The Sacramento Guitar Society presents a Young Artists Showcase Concert at California State University, Capistrano Hall, Room 151, on March 20 at 3 p.m. We will have Olivia Chiang, a seasoned guitarist at age 15, from Los Angeles and 18-year-old Gianfranco Baltazar from the San Francisco Conservatory of Music, Donations are accepted

The Shepard Garden and Arts **Center Spring Sale**

March 19-20: Sale will be held from 10 a.m. to 4 p.m. each day. Over 20 clubs that meet at the Shepard Garden and Arts Center and over 18 craft vendors will participate. Plants, pottery, garden decor, jewelry and craft items will be for sale. Food will be available for purchase. Free admission and free parking. Proceeds help support the Shepard Garden and Arts Center, 3330 McKinley Blvd., Sacramento. For more information contact: Therese Ruth, 916-457-0822 or tgrcom@aol.com.

Music at noon

March 23: Free music programs, offered at Westminster Presbyterian Church at noon on Wednesdays. This week enjoy silent mov ies with Theater Organist Dave Moreno.

Music at noon

March 30: Free music programs, offered at Westminster Presbyterian Church at noon on Wednesdays. This week enjoy music by Free music programs, offered at Westminster Presbyterian Church at noon on Wednesdays. This week enjoy music by a nostalgic swing band.

KVIE Public Television Presents KVIE Uncorked, An Evening with Frankie Moreno

March 31: Las Vegas Headliner of the Year Frankie Moreno, accompanied by his band mates and back-up singers, will perform at KVIE Uncorked, on Thursday, March 31, 2016, from 7:30 to 10:00 p.m. at the KVIE Studios in Sacramento. Open to the community, KVIE Uncorked, An Evening with Frankie Moreno, is a special night benefiting wine, beer, and music. Guests can enter a raffle for wonderful prizes, enjoy delicious refreshments, and experience the fun sound of Frankie Moreno – all while supporting local public television. General admission guests will enjoy the studio concert and a dessert reception. Tickets are \$75 for general admission. VIP guests can enjoy a pre-show reception, meet and greet with the band, studio concert, and post-show acoustic set in the courtyard. VIP tickets are \$150. The VIP pre-show reception opens at 7 p.m. To purchase tickets, or for more information, visit kvie.org/uncorked.

Police Log

lected from police dispatchers' notes and arrest reports. The information in them has often not been verified beyond the initial reports. All suspects are presumed innocent until proven guilty.

Reporting date: Tuesday, March 1 (Stolen Vehicle): 16th Avenue and Stockton Boulevard at 11:48 p.m.

Officers were patrolling in the above area when they conducted a traffic stop on an RV towing a trailer. Officers contacted the driver and a records check revealed the trailsafely detained and arrested for multiple charges.

Reporting date: Wednesday, March 2 (Vandalism): 5900 block of

14th Avenue at 8:10 a.m. The victim's vehicle was

parked in front of the residence when an unknown suspect at 12:42 a.m. keyed the car and broke the windshield. Officers respond-

The news items below are col- ed to the scene and canvassed the area for evidence. The investigation remains active to determine if this was the result of a domestic violence.

(DUI): 5800 block of 61st Street at 7:06 p.m.

lessly in the above area. The suspect driver struck several parked vehicles and drove away from the scene. One victim who was seated in one of the parked vehicles sustained a non-life threatening injury. The suspect struck a house were arriving on scene. No er was stolen. The driver was injuries were reported. The suspect was safely detained and after a series of field sobriety tests, she was arrested for suspicion of driving under the influence and hit and run.

Reporting date: Thursday, March 3 4500 block of 62nd Street

Officers responded to the call of a vehicle collision. The

Older Adult Choral Group to Sing their

Hearts Out during April 10th 'Sing for

Joy: A Spring Choral Concert'

driver was arrested for sus- ed on various charges. picion of driving under the influence and the front passenger was arrested for outstanding warrants.

Reporting date: Friday, March 4 Officers responded to the call of a vehicle driving reck-(Shooting): 1400 block of Alhambra Boulevard at

Officers responded to the above area regarding a shooting. When officers arrived on scene, no victims were located. The area was canvassed for evidence. Moments later, one male victim and fled on foot as officers arrived at an area hospital with a non-life threatening injury. The investigation remains active to determine the circumstances surrounding this incident.

Reporting date: Saturday, March 5 (Theft): 2300 block of **Stockton Boulevard at 2:20**

Officers responded to the location regarding a report of theft. Four suspects entered

parked vehicles. When offi- cash a forged check, and fled cers contacted the driver, she in a vehicle. Officers stopped appeared intoxicated. Af- the car and detained all of the ter further investigation, the occupants. They were arrest-

Reporting date: Sunday, March 6 (DUI): Alhambra Boulevard and S Street at 2:27 a.m.

Officers working in the area observed a subject in a vehicle who appeared to be asleep. Upon contact with the man, he was evaluated and arrested for suspicion of DUI.

(Robbery): Folsom **Boulevard** and Hornet Drive at 10:10 p.m.

The unknown suspect and victim were in a non-injury traffic collision at this location. The unarmed suspect then stole the victim's phone a vehicle. The investigation is on-going.

suspect driver struck two the business, attempted to Reporting date: Tuesday, (Firearm Possession): 1000 block of Alhambra Boulevard at 8:01 p.m.

Officers were in a business at this location on an unrelated call for service when they were hailed about another individual inside the store who may be armed with a weapon. Officers located the described subject and a search revealed that he was in possession of firearm. The man was arrested for multiple firearm possession offenses.

Reporting date: Saturday, March 12 (Traffic Stop): 6100 block of 63rd St at 12:47 a.m.

Officers were patrolling in the above area when they conducted a traffic stop on a vehicle. Officers contacted the driver and illegal firearms were located inside the by force and fled the scene in vehicle. The suspect was detained and ultimately arrested for multiple charges.



WHO SAYS WE'RE FULL?

Hundreds of new burial and cremation spaces are now available.



East Lawn Memorial Park and Crematory

4300 Folsom Blvd... East Sacramento, CA (916)732-2000

East Lawn Memorial Park has been a Sacramento tradition for over 110 years. Some people think the park is full.... We are not close to being full. As a matter of fact, we have recently added hundreds of new burial spaces, cremation niches and crypts. Please call us for a park tour or attend one of our monthly free luncheon seminars.

www.EastLawn.com



Street, in midtown Sacramento. Singers with Hart is led by professional music director, Christiana Quick-Cleveland. Aside from being a fun activity, singing

in a group can help older adults maintain an active mind by focusing on the music and

The spring concert is a part of the City of Sacramento's Older Adult Services and Sacra-

mento Metropolitan Arts Commission's Cre-

The Ethel MacLeod Hart Senior Center

and the Sacramento Metropolitan Arts Com-

mission (SMAC) will be presenting "Sing for

Joy: A Spring Choral Concert" showcasing the

singing talents of Singers with Hart, a choral

group comprised of forty singers age 50 plus,

on Sunday, April 10, 2 to 4 p.m. at the 24th

Street Theatre in the Sierra 2 Center for the

Arts and Community, 2791 24th Street, in the

beautiful Curtis Park neighborhood of Sacra-

mento. The two-hour spring concert, which is

free and open to the public, will feature tradi-

tional American and world folk music, classi-

cal and popular songs, along with contempo-

rary choral favorites. This is a ticketed event.

Pick up your free concert ticket by visiting the

Hart Senior Center reception desk, 915 27th

ative Aging Choral Initiative.

learning new songs. Overall, the sense of belonging, camaraderie, and the thrill of performing contributes to a happier and more joyful outlook in life. According to Christiana, "When we sing together we synchronize our breathing and, in doing so, synchronize our hearts." The "Sing for Joy: A Spring Choral Concert" is the culmination of the choral group's 14-week session held at the Hart Senior Center.

For more information about "Sing for Joy: A Spring Choral Concert" or upcoming Singers with Hart sessions, visit the Hart Senior Center reception desk, call (916) 808-5462, or visit www.cityofsacramento.org/hartcenter.



REMODEL ON SANTA YNEZ

Creative 2 bedroom 2 bath loft style home. Light and bright with vaulted ceilings, skylights, open floor plan, hardwood floors, and granite counters in kitchen. Serene backyard and deck area with views from all angles within the home, but wait until you see the fruit trees! \$409.000

TIM COLLOM 247-8048



ELMHURST COTTAGE

Charming 2 bedroom. Features include: wood floors, dual pane windows, crown moldings, granite counters in kitchen and plenty of cabinet space. The backyard is great for entertaining with the covered patio and built-in swimming pool. The front porch is a great place to sit and visit with the neighbors \$359,000

TIM COLLOM 247-8048



FANTASTIC BUNGALOW

Charming, remodeled 3 bedroom 2 bath home has a wonderful floor plan with vintage aspects to it (built-in cabinetry around fireplace, dining room china cabinet). Lovely kitchen with Silestone counters, sunny sitting area, built-in desk and garden window overlooks the large deck and backyard. \$510.000

TIM COLLOM 247-8048



SUNNY MEDITERRANEAN

On a fabulous street, this one-of-a-kind home has charming Moorish architectural accents throughout. Quaint front court-yard and pergola on the tiled back patio with surrounding gardens. Remodeled kitchen. 2 bedroom home has been well-cared for by the current long-time owner \$549.900

DAVID KIRRENE



BEAUTIFUL TAHOE PARK

Enjoy this rare 3 bedroom, 2 bath home with over 1500 sq ft and 2-car garage. Features include family room, master bath,hardwood floors, central heat and air, the charm of original tile in kitchen and baths, Simonton dual pane windows, newer roof(2013) and a gardeners dream backyard. Lovingly maintained. \$349,000

PATRICK VOGELI 207-4515



RIVER PARK

Spacious 4 bedroom 2½ baths with 2006 upstairs addition featuring large master retreat with balcony and separate office. Spacious family room, laundry area and half bath all tucked away at back of house. Casual dining with built-ins, updated kitchen. Covered patio and well-manicured yard. \$499,000

STEPAHIE GALLAGHER 342-2288



CLASSIC EAST SACRAMENTO

3 bedroom 2 baths, beautiful hardwood floors and classic fireplace in the living room. The kitchen has a quaint breakfast nook and marble counters. Partial basement would make a great wine storage area. Low maintenance backyard with covered patio and built-in seating. A Great Home! \$619,000

TIM COLLOM 247-8048



4 BEDROOM MCKINLEY PARK

Updated 4 bedroom 2 bath, 2-story home with 1753 sf ... an easy walk to McKinley Park! Remodeled kitchen with Caesar-Stone Quartz countertops, refinished hardwood floors and stairs and nicely updated bathrooms. Traditional style with living room fireplace, formal dining and classic feel!

MONA GERGEN 247-9555



ADORABLE EAST SACRAMENTO

Relax on the front porch of this cute 1920's cottage and watch the world go by! 2 bedroom home with unique floors and sunny remodeled kitchen and breakfast nook. Be sure not to miss the large studio or office off the garage (a great "man-cave") with half bath. \$425,000

DAVID KIRRENE 531-7495

for current home listings, please visit:

Dunnigan Realtors.com

916.484.2030 916.454.5753





Dunnigan is a different kind of Realtor.®

