

EAST SACRAMENTO NEWS

— BRINGING YOU COMMUNITY NEWS FOR 25 YEARS —

EAST SACRAMENTO PIANIST TO PLAY CHOPIN AT ONLY LOCAL CONCERT THIS YEAR

See page 3



- Around the Hood.....2
- Crossword.....5
- Life in the Village.....7
- Lance Armstrong history feature.....9
- What's Happening.....17

Know your neighbors:
Hera and Catherine

■ See page 6



Theodore Judah community gets ready for Harvest Festival

■ See page 11



Tom Leonard | 834-1681

Tom.Leonard@CBNorcal.com
CalBRE#01714895



4th Generation East Sacramentan



5419 State Ave • \$499,000
3 beds, 2.5 baths, 1,652 sq ft



5875 Camellia Ave • \$460,000
3 bed, 1 bath, 1,152 sq ft



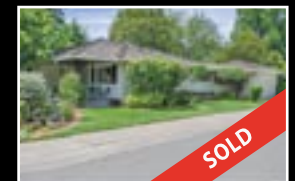
5021 Jennings Way
4 bed, 2.5 bath, 1,986 sq ft



3786 Breuner Ave
\$665,000
5 bed, 2.5 bath, 2,038 sq ft
Represented Buyer



5413 Caleb Ave
\$600,000
4 bed, 2.5 bath, 2,068 sq ft
Represented Buyer



112 Ada Way
\$567,500
3 bed, 2 bath, 1,668 sq ft
Represented Buyer

Welcome To River Park

E-mail stories & photos to: editor@valcomnews.com

Vol. XXV • No. 20

East Sacramento News is published on the first and third Thursday of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

PublisherDavid Herburger
EditorMonica Stark
Art DirectorJohn Ochoa
Graphic DesignerAnnin Greenhalgh
Advertising DirectorJim O'Donnell
Advertising Executives:
Melissa Andrews, Steve Crowley, Linda Pohl

2709 Riverside Blvd.
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

Cover by:
Guy Kowarsch

Monica Stark
Courtsey

Copyright 2016 by Valley Community Newspapers Inc. All rights reserved.
Reproduction in whole or in part without written permission is prohibited.

AROUND THE HOOD

by Corky Oakes



As posted on NextDoor by Deborah Ortiz of East Sacramento....Opening Doors, Inc., a Sacramento nonprofit whose mission is to "empower refugees, immigrants, human trafficking survivors, and under-served Sacramento residents achieve self-sufficiency" ... is hosting its third annual fundraising event, "Festival of Flavors" Oct. 22, from 6-10 p.m. at Sierra 2 Center, Curtis Hall, 2791 24th St. Tickets (\$40) may be purchased online at: <https://www.eventbrite.com/e/festival-of-flavors-tickets-26956217773>



Panda Express, T-Mobile and PizzaRev have arrived at 5801 Folsom Blvd. This strip is directly across 58th Street from Espanol.

• In anticipation of the opening of the Golden 1 Center downtown, the City of Sacramento offers an online parking reservation service, "SacPark". According to the City's website, "Whether it's an event at Golden 1 Center, Memorial Auditorium or the Sacramento Convention Center, you will have the ability to reserve your spot ahead of time at any City-owned garage or Certified Partner parking facility. Reservations will be available for customers attending events after 5 p.m. on weekdays and all day on weekends." For more information visit <http://www.cityofsacramento.org/Public-Works/Parking-Services>

• Help support Red Rover by attending the Trick-or-Treat Open House: Dressed to the K-9s. Friday, Oct. 28 - 4 to 7. 3800 J St., Suite 100. For more information: <https://redrover.org/trick-or-treat-open-house-dressed-k-9s>. Canine costumes are encouraged but not mandatory!!!

• Erin Go Bragh in East Sac? According to the Business Journal, an Irish pub and restaurant could be in the works. The site would be where a closed Mexican restaurant was located at 6438 Elvas Ave. Plans have been submitted to the City. The pub's proposed name will be The Knot. Stay tuned.

• Now open! Devine Gelateria on McKinley Boulevard. Nearly calorie-free gelato and goodies if you WALK there! Speaking of goodies....I had cookies and cream gelato...OMG!

• Visit Cuba without leaving East Sac? CSUS hosts its World Music Guest Artist: Orquesta La Moderna Tradición, Thursday, Oct. 27, 8 p.m. - Capistrano Concert Hall. Ticket prices are \$15 general, \$12 senior, \$8 student. Viva Havana! Visit CSUS's calendar of events for other presentations at: <http://calendar.csus.edu/MasterCalendar/MasterCalendar.aspx>.

• Update regarding Mystery biz at 38th and J. According to the owner of a business directly across the street, it may be an "all day spa." If anyone knows more, please contact the editor at editor@valcomnews.com, "Around the Hood" as the subject.

• Hearing rumbles that Dunkin' Donuts may be coming our way but for now...the original donut shop of East Sac...Stanley's Donuts (3710 J St.) is the friendliest donut shop around! Also....they offer wonderful croissants and excellent coffee.

• Meanwhile, Panda Express, T-Mobile and PizzaRev have arrived at 5801 Folsom Blvd. This strip is directly across 58th Street from Espanol.

• Good newsthe Sac Food Co-op will also feature a GELATO bar...and a sushi bar! Open as of October 12th!!! For you gelato and sushi lovers out there, let's hope it's worth the wait! Just guess whose gelato will be served???? Hint: it's simply divine!

• Hats off to Chang Haan, owner of Alhambra Mail and Parcel! Haan stood on his head helping me return an unwanted item back to its company. Talk about patience! This level of service is a rare commodity these days. Check out Alhambra Mail and Parcel located at 3104 O St. In addition to good service, frequent shippers card are offered.

• Hungry for fresh apples, pies or fritters? On your way to or from Apple Hill, stop by Native Grains Bakery in Placerville. Their rye Monkey Bread is fab as is their biscotti. Ask owner Rob to tell you his story. AMAZING!

RESERVE YOUR SPACE
IN THE UPCOMING
California Kids!
CALL (916) 429-9901 TODAY!

East Sacramento pianist to play Chopin at only local concert this year

By DELL RICHARDS
Special to Valley Community Newspapers

East Sacramento musician Tanya Vegvary will perform Chopin's Piano Concerto No. 2 in F Minor with the American River College Symphony Orchestra on Friday and Saturday, Oct. 28 and 29 at the college performing arts theater.

Vegvary will not only be performing, but bringing her piano with her—a Steinway concert grand.

"Pianos are made for different uses, for concertos in large halls or chamber music in smaller settings," said Vegvary. "This one has a beautiful tone that people will be able to hear above the orchestra."

In addition to being hauled to the hall and back, the 9 ft.-long instrument "has to be tuned and voiced each way."

The 75-piece orchestra will be conducted by ARC music professor, Steven Thompson.

Recognized for her renditions of composers such as Prokofiev and Liszt, Vegvary also is beginning to make a name for herself globally as a composer.

"Iolanda" from her Geary Street CD has become such a hit in Europe that her 2017 "True Love Tour" already has a London date.

Vegvary began studying piano when her father—a semi-professional jazz musician—started her playing one-finger tunes at age four.



Photo by Guy Kowarsch

She began formal lessons a year later.

Even today, Vegvary practices four or five hours a day, seven days a week.

"For me, the piano is almost a spiritual experience—it's a doorway into the oneness of all things," said Vegvary. "I feel connected to the composers I play and the people who hear me."

At 13 years old, she won her first music scholarship—and began thinking about making music a career.

She continued her studies at the California State University, Sacramento, graduating summa cum laude with a B.A. in humanities—and a bachelor's of music in piano performance.

This summer, she taught piano master classes in San Marino, Italy.

The year before she performed in Trikala, Greece.

In the past, Vegvary has given concerts at National Gallery in Washington, D.C., and Music on the Divide in Georgetown.

She also performed an all-Liszt program at the Hungarian National Embassy in Washington, D.C., and at the Hungarian Consulate General in Los Angeles for the 200th anniversary of Liszt's birth.

"I've always felt an affinity for the Russian and Eastern European composers," said Vegvary. "Probably because I'm Hungarian, the music comes very naturally to me."

In 2010, Vegvary founded the Sacramento Piano Conservatory School of Music on Power Inn Road.

The conservatory not only offers music lessons and performance opportunities, but brings in well-known pianists and composers to take advantage of the Steinway in the recital hall.

The ARC theater is at 4700 College Oak Drive, Sacramento.

The concert starts at 7:30 p.m.. Doors open at 7 p.m..

Tickets are \$15 general, \$10 students, available at www.brownpaper-tickets.com or the ARC Theater box office one hour prior to the event.

Proceeds go to the ARC music department program.

For more information, visit <http://tanyavegary.com/events/> or call American River College, 484-8433 from 8 a.m. to 5 p.m. Monday through Friday.

Charming East Sacramento
SOLD

830 56th St. • \$449,000
This property has two units. Very tidy 2 bed, 1 bath in the front house and self-contained 1 bed, 1 bath in the large rear yard.

KURT CAMPBELL
PROFESSIONAL REAL ESTATE CONSULTANT
956-5878

LYON REAL ESTATE
www.GoLyon.com

Enjoy Life at
Pioneer Tower
A 55+ Community

Come tour our newly remodeled, downtown facility featuring:
Spacious 1-bedroom apartments with complete kitchens, new appliances, walk-in showers, large closets, balconies, lovely views

We pay utilities, offer free transportation to shopping, medical appointments, and fun excursions to local area points of interest

- Active residents association with a variety of social activities
- On-site Service Coordinator
- 24-hour maintenance, compassionate, caring staff
- Small pets welcome
- Rental Assistance Programs for income-qualified applicants

We Pay Utilities!
Active Senior Living Retirement Community
515 P St., Sacramento
(916) 442-2907
www.rhf.org

Rich Kowarsch
Keller Williams

454-0323
www.EastSac.com
CalBRE# 01447558

Text KWRich to 87778 for a free mobile KW app.

kw KELLERWILLIAMS REAL ESTATE

MASTERS CLUB

kw LUXURY HOMES INTERNATIONAL

	COZY EAST SAC HOME This 2 bedroom, 1 bathroom, 783 sq/ft, home is situated on a large lot with a large detached garage. All new interior paint brightens up this cheerful home. Close to shopping, schools, restaurants and coffee shops. \$389,950		CLASSIC BRICK TUDOR! This 3 bed 2 bath home affords the appeal of an idyllic brick Tudor. This 2,571 square foot home features elegantly traditional living and dining rooms. This home hosts an impressive master suite with sitting area, gas fireplace, multiple closets, and a remodeled bathroom. \$1,175,000
	GREAT INVESTMENT OPPORTUNITY One side is a 2 bed, 2 bath with a large upstairs master bed that has plenty of closet space & a bathroom. The other side is a 1 bed, 1 bath. Both units have a laundry room, their own garage and separate patios. \$519,950		CHARMING EAST SAC COTTAGE! This 2 bed, 1 bath, 1,106 sq/ft, sits on a deep lot. Hardwood floors, formal dining room, claw foot tub, and beautiful brick fireplace in the living room. Original finishes add to the charm. The separate 1 bedroom, 1 bathroom, in-law quarter is perfect for overnight guests. \$449,950
	BEAUTIFUL TREE LINED STREET Traditional living room with fireplace spills into a large formal dining room, perfect for entertaining many guests. Lovely updated kitchen with an oversized nook and french doors to the backyard. \$889,000		SHORT WALK TO EAST PORTAL PARK! Well cared for 3 bed, 1.5 bath, 1359 sq/ft home. This home hasn't been on the market since 1968. Features include hardwood floors throughout and classic details of original built-ins. The living room is full of light with its large dual pane windows and fireplace. \$500,000
	TWO STORY CRAFTSMAN Well appointed 4-5 bed, 3 bath, 2940 sq/ft cottage bungalow. The inviting Master Suite with sunroom/office opens to an outside patio that overlooks the backyard, while the master bath has a steam shower and his/her walk-in closets with custom built-ins. \$1,185,000		ESTABLISHED NEIGHBORHOOD OF WEST SAC Updated 3 bed/2 bathroom, 1960 sq/ft, home on a corner lot. Spacious floor plan with large living room and bright, open dining/family room with fireplace looking onto the kitchen with an eating nook. Large detached garage even has a half bath. Close to shopping, schools and recreation center. \$359,950



Faces and Places:

Magic and balloons with the Pixie Tribe at McKinley Library

Photos by MONICA STARK
editor@valcomnews.com

On Friday, Oct. 7, magical fairy Blossom astounded McKinley Library visitors with a fun 30-minute magic show where puppets helped find clues along the way. From flowers, to dogs and sharks, Blossom astounded children with amazing balloon creations for everyone!



"Make America Kind Again":

Simple but beautiful campaign signs made by an East Sac mom

East Sacramento mom, Amanda Blanc was asked to create a lawn sign. Quickly, a simple idea turned into something much bigger! Inspired by a simple quote from a dear friend, Sarah Thompson: Make America Kind Again, Blanc says, "I think we can all agree that America needs a little kindness."

The signs are 18 inches by 24 inches and are double-sided yard signs for \$13. (Happy to ship to non-local people as well, with a shipping fee). East Sacramento's Capitol Signs & Graphics worked with her on this.

As Amanda says, "Whether you're voting for Trump, Clinton, McMullin or Johnson (or whoever you support!), vote with your heart and your conscience."

If you're interested, Amanda can be reached at 992-4479 or via email at amwilliams1990@gmail.com.

The FB page is: www.facebook.com/lelivmedia

-Monica Stark



Roses' Hair Design

Specializing in the Mature Woman!

"Let us pamper you and make you feel special!"

394 - 45th St, East Sacramento

Call for appointment: (916) 457-6659



Sacramento's own Mighty Kong Muffins are now available at Compton's Market in McKinley Park!

Get yours today!

4065 McKinley Blvd.

CareGivers of Land Park

Serving the elderly in our neighborhood

In-home care for seniors who need assistance. Land Park, Pocket and Greenhaven areas. Available 24 hours a day!

- Respite care
- Full time care
- Meal Preparation
- Food & diet monitoring
- Grooming assistance
- Bathing assistance
- Appointments & errands
- Medication reminders
- Incontinence care
- Pet care assistance
- Light housework & Laundry

Call Today for a FREE in-home Consultation
916.424.6292

REORDERING PARTS Super Crossword

ACROSS	44 Seize it	95 A pop that's	134 Encouraging	45 Pledge	87 San... —
1 En... —	46 Cal... ght	96 Sp... —	47 Suff... with	88 ... —	98 Sp... —
2 ... —	48 ... —	99 ... —	49 ... —	89 ... —	99 ... —
3 ... —	50 ... —	100 ... —	51 ... —	90 ... —	100 ... —
4 ... —	52 ... —	101 ... —	52 ... —	91 ... —	101 ... —
5 ... —	53 ... —	102 ... —	53 ... —	92 ... —	102 ... —
6 ... —	54 ... —	103 ... —	54 ... —	93 ... —	103 ... —
7 ... —	55 ... —	104 ... —	55 ... —	94 ... —	104 ... —
8 ... —	56 ... —	105 ... —	56 ... —	95 ... —	105 ... —
9 ... —	57 ... —	106 ... —	57 ... —	96 ... —	106 ... —
10 ... —	58 ... —	107 ... —	58 ... —	97 ... —	107 ... —
11 ... —	59 ... —	108 ... —	59 ... —	98 ... —	108 ... —
12 ... —	60 ... —	109 ... —	60 ... —	99 ... —	109 ... —
13 ... —	61 ... —	110 ... —	61 ... —	100 ... —	110 ... —
14 ... —	62 ... —	111 ... —	62 ... —	101 ... —	111 ... —
15 ... —	63 ... —	112 ... —	63 ... —	102 ... —	112 ... —
16 ... —	64 ... —	113 ... —	64 ... —	103 ... —	113 ... —
17 ... —	65 ... —	114 ... —	65 ... —	104 ... —	114 ... —
18 ... —	66 ... —	115 ... —	66 ... —	105 ... —	115 ... —
19 ... —	67 ... —	116 ... —	67 ... —	106 ... —	116 ... —
20 ... —	68 ... —	117 ... —	68 ... —	107 ... —	117 ... —
21 ... —	69 ... —	118 ... —	69 ... —	108 ... —	118 ... —
22 ... —	70 ... —	119 ... —	70 ... —	109 ... —	119 ... —
23 ... —	71 ... —	120 ... —	71 ... —	110 ... —	120 ... —
24 ... —	72 ... —	121 ... —	72 ... —	111 ... —	121 ... —
25 ... —	73 ... —	122 ... —	73 ... —	112 ... —	122 ... —
26 ... —	74 ... —	123 ... —	74 ... —	113 ... —	123 ... —
27 ... —	75 ... —	124 ... —	75 ... —	114 ... —	124 ... —
28 ... —	76 ... —	125 ... —	76 ... —	115 ... —	125 ... —
29 ... —	77 ... —	126 ... —	77 ... —	116 ... —	126 ... —
30 ... —	78 ... —	127 ... —	78 ... —	117 ... —	127 ... —
31 ... —	79 ... —	128 ... —	79 ... —	118 ... —	128 ... —
32 ... —	80 ... —	129 ... —	80 ... —	119 ... —	129 ... —
33 ... —	81 ... —	130 ... —	81 ... —	120 ... —	130 ... —
34 ... —	82 ... —	131 ... —	82 ... —	121 ... —	131 ... —
35 ... —	83 ... —	132 ... —	83 ... —	122 ... —	132 ... —
36 ... —	84 ... —	133 ... —	84 ... —	123 ... —	133 ... —
37 ... —	85 ... —	134 ... —	85 ... —	124 ... —	134 ... —
38 ... —	86 ... —		86 ... —	125 ... —	135 ... —
39 ... —	87 ... —		87 ... —	126 ... —	136 ... —
40 ... —	88 ... —		88 ... —	127 ... —	137 ... —
41 ... —	89 ... —		89 ... —	128 ... —	138 ... —
42 ... —	90 ... —		90 ... —	129 ... —	139 ... —
43 ... —	91 ... —		91 ... —	130 ... —	140 ... —

REVERE COURT

MEMORY CARE

ARE YOU CARING FOR A LOVED ONE AT HOME?

IF SOMEONE YOU LOVE HAS MEMORY LOSS, WE CAN HELP!

WE PROVIDE...

- Free Support Groups and Education
- Day Club — Fun and Friends
- Respite — Giving Family Caregivers Much Needed Breaks
- Specialized Residential Care
- Warm feeling of home
- Caring, loving staff
- Delicious homemade meals
- Special programs



QUALITY THEY DESERVE... AND THE HELP YOU NEED.

2 DAYS FREE at Revere Court Day Club!

Come experience the benefits of our Specialized Adult Day Club for your loved ones who live with Alzheimer's and related forms of dementias.

Socialization Beats Loneliness!

All paperwork and assessment fee must be completed prior to beginning our Day Program.



7707 Rush River Drive, Sacramento, CA 95831

(916) 392-3510

LIC 347001338; 347001342

www.reverecourt.com

COOK REALTY

THE HOUSE "SOLD" NAME IN YOUR NEIGHBORHOOD
TREY BONETTI, Broker
CalBRE# 00999899

- REAL ESTATE SCHOOL
- PROPERTY MANAGEMENT
- RELOCATION SERVICES

www.cookrealty.net
(916) 451-6702



4305 Freeport Blvd
Sacramento, CA

BUILDING P.I. PROPERTY INSPECTION SERVICES

Residential • Commercial • Manufactured Homes

Book Online 24/7 & Recieve a Discount

www.buildingpi.com • bldgpi@hotmail.com

916-930-0209

CREIA/ASHI CERTIFIED/ E/O Liability Insured

Same Day Report • Weekends

Visa / Master Card Welcome

Protect Yourself, Book With The People That Care About You, Your Biggest Investment, And Your Family's Safety!



Photos by CROWLEY

Capturing Memories for a Lifetime

Steve Crowley
916-730-6184

photosbycrowley@yahoo.com
www.photosbycrowley.com



Martial Arts Training for the Whole Family

2 weeks for \$39 (including uniform)

Kick Start Your Family Fun!
916-373-9789
atasouthport.com



3170 Jefferson Blvd. #120
West Sacramento, CA 95691

The Meadows at Country Place



"We respectfully care for your loved one right here in our neighborhood."

- Complex Physical Limitations
- Dementia • Alzheimer's • Hospice
- Respite Care • Stroke Recovery

Call Today!
916.706.3949

10 Country Place
Sacramento, CA 95831
TheMeadowsatCountryPlace.com

Melissa Andrews

www.MelissaAndrews.com
melissandrews@comcast.net
(916) 447-4441

A unique and original gift for that Pet Lover in your life this holiday season! You provide a favorite photograph, I do the rest!
Acrylic Portraits starting at \$195.00 for an 8x10".

Congratulations to Carrie Meagher Relles—Teacher of the Year

By PAT LYNCH

Kindergarten teacher Carrie Meagher Relles has been named Teacher of the Year. Relles, who works at Phoebe A. Hearst Elementary School in East Sacramento, credits collaboration with other teachers as one essential key to her success.

"When I became a teacher I remember professors and mentors telling me most new teachers leave their profession some time during their first five years." But Relles remained. Why? "I had wonderful mentors, support providers, principals and partner teachers, so I stayed in the profession."

She early on developed a teaching philosophy: "It's simple: all students can succeed." She states that as long as she keeps this principle in mind, her kids do well. What about testing and grades? "Anyone with a teaching credential or children of their own knows success isn't always measured by test scores." She provides two examples of the student success for which she strives: one is "when a student is able to explain his new learning to a peer in his own words." The other is "when a concept finally clicks for a student who struggles."

Relles has not always taught in desirable zip codes like that of Phoebe

Hearst. "I've worked at three very different schools in three very different communities. Kids change year to year and I've had to change my strategies and methods depending on my students and their needs. What hasn't changed however, is my belief that all kids can succeed."

Teachers like this engage kids early on. A kindergarten teacher has a highly sensitive undertaking. She (or he) has to make the child feel welcome and safe. She has to know that many children enter that first classroom with trepidation. They worry about making friends, getting in the right line, learning new rules in a new world. For most, kindergarten is their first entrance into a society of peers. Teachers like Relles understand the delicacy of the introduction they give to this new world—its learning demands and social expectations. They understand how big and noisy and alien school can seem. One education study (N.Y. Times, July 27, 2010) undertaken to assess the value of standout kindergarten teachers estimated their salary worth as about \$320,000 a year.

Relles asserts that "teaching is not just a job. Teachers do not leave work and forget about it until the next morning. Good teachers are always working. We are thinking through les-

sons, worrying about at-risk students, grading papers, emailing parents, and planning." Conscious of the great importance of the work (for some kids, teachers are the only consistent moral guardians of the culture), Relles freely admits that it is a difficult profession.

"But there is nothing better," she says, "than seeing a child become an independent reader, or welcoming a room full of nervous 5 year olds to their new classroom."

Our schools are collective learning environments and Relles thinks the teaching profession can be as well. "I believe the best way for teachers to improve their practice is from each other." She says the most productive and powerful results arrive when teachers "watch each other teach." It makes sense. Doctors in training enter surgery theaters to watch operations, artists and actors study the technique of masters. Teachers who study other teachers are bound to pick up useful techniques. Years ago, when Jaime Escalante came to Hiram Johnson High School to teach, the school built a special room with a one-way mirror so teachers could observe him in action.

Relles has profited from this collegial approach to her profession and thinks it should "become common practice among teachers. We need



Photo by Ellen Cochrane
Shown here is Teacher of the Year: Carrie Meagher Relles with SCUSD Superintendent José Banda.

to let our guard down and welcome each other into our classrooms in order to make our teaching the best that it can be."

East Sacramento School Board Trustee Ellen Cochrane says, "Carrie Relles earned her Teacher of the Year award because she is determined to excel. She continually seeks to improve on her abundant natural talent. She's collegial, open, creative, adaptable. No experience is wasted on her. I think she embodies what we all want in a teacher—somebody who knows what she's doing and loves what she's doing."



LIFE
IN THE VILLAGE
By JAN DALSKA
East Sacramento News

Dad's Working Weekends at Home

Saturdays were much more fun for Rodney and me than the weekdays when we had to go to school. For one thing, we could sleep a little later. And, we got to spend the day playing with our little brothers and sisters. My mom usually asked me to help her with the housework. I cleaned the bathroom sinks, and picked up any dirty laundry that was in the bedrooms, and carried it out to the garage where the washing machine was located. But, my mom had not used it since we had moved into the new house.

That was because she did not have any way to dry the clothes after they were washed. My dad still needed to put up a clothesline in the backyard. Over the last two weeks, he

had been digging holes where my mom wanted the clothesline to be placed. He had measured the area and carried large pipes to where the clothesline would be located. Since dad did not have to go to work on the weekends, he usually spent his time working on projects around the new house.

There always seemed to be something to do. On that Saturday, he was up early working on the pipes that he had brought home. He was mixing batches of wet cement to pour into the holes. As soon as the cement started to harden the poles would be inserted in the holes. When the cement was dry enough, it could hold the poles up securely. This might take a week or more, because

dad wanted the poles to be secure and not fall over. After the poles were ready he could stretch the clotheslines across from one side to the other and tie them tightly.

When he finished pouring the cement into the holes, he called Rodney, and me over to look at them. He told us to make sure that we watched the younger kids. We needed to keep them away from the poles while the cement was getting hard. We told him we would do that. We decided that we would tell our mom to keep the kids in the house until the clothesline was finished. That would prevent anything from happening to them, like a pole falling over and hitting them.

It was lunchtime and mom was calling us into the house. Wayne, the youngest, was in his crib taking a nap. Rita was in the high chair playing with a banana, and sipping juice out of her cup. Linda, Timothy, Rodney and I sat down and waited patiently for our dad to come to the table. We never started eating until everyone was seated. After dad sat down, he pulled his chair forward, and looked around the table at all of his children. He

had come from a large family of fifteen kids, and he wanted to have a large family too.

He began to say grace and we all joined in. With a pot of soup in one hand and a ladle in the other, our mom started pouring the soup into our empty bowls. Then she gave us each a slice of buttered bread. Our dad poured us each a small glass of milk. Dad did not like us to talk while we ate so if we had to say anything we talked quietly. During lunch Timothy and Rodney were whispering about a bicycle that one of the neighborhood boys had been riding around the neighborhood.

Timothy said that he really liked the color red, and emphasized that red would be the color he would pick for a new bicycle. Rodney smiled broadly and shook his head in agreement. He looked at mom and dad and stated that he was hoping to get a new red bike on his eighth birthday, which was coming up in August. No one said anything. Dad seemed to smile a little. After we had all finished our lunch, I carried the dirty dishes to the sink. Mom told me she would wash them if I would dry.



Know your neighbors: Hera and Catherine

By MONICA STARK
editor@valcomnews.com

Elmhurst residents Catherine VadeBonCoeur and dog Hera, 12, enjoy two walks in the neighborhood each day, but unlike most dogs, for the last two years Hera has been suffering from a neurological disease. But, Catherine, being the stalwart of fabulous dog caretakers, gives Hera a good quality of life by placing her in a doggie wheelchair (if you so happen to question the situ-

ation!). Anyway, the doggie wheelchair seems to help Hera so much. But her added courage does too, undoubtedly.

"She was named after the Greek goddess, the wife of Zeus. She was the most beautiful of the goddesses, but was a total (Editor note: fill in the blank: word for female dog). But, she has courage." Hera has not felt any pain, but because of her age, she's been suffering from arthritis. "Asked how Hera does with the feline specimen, VadeBonCoeur said Hera has her own two cats: Nolle and Samantha, though she notes her preference of black cats. "The last one she adopted was really a project," VadeBonCoeur said.



Senior Services & Connections

Call Melissa (916) 429-9901

YOUR AD SHOULD BE HERE!

Call Melissa today!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILL
Legal Document Prep Services:

- Trust • Will
- Powers of Attorney
- Residential Deed

Couples \$550 Singles \$495
Lynda K. Knight (916) 214-1215
1337 Howe Ave., Ste. 103
Sacto 95825

LEGAL SERVICES

WILLS AND TRUSTS

Services

- Wills and Trusts
- Special Needs Trusts
- Trust Administration

Experience

- Medi-Cal - 9 Years •
- Francise Tax Board - 11 Years •
- Private Practice - 16 Years •

Free In-Home Consultation
Tim Tyler, Ph.D., Attorney at Law 916-452-0624

SPECIAL ALZHEIMER'S LIVING

REVERE COURT
MEMORY CARE Lic. #04701338342

Day Club, Respite, Residential, Support Groups & Educational Classes
casey.s@chancellorhealthcare.com
www.reverecourt.com
(916) 392-3510
7707 Rush River Dr. Sacto, CA 95831

Super Crossword

Answers

OPAL SCORPION GARDEN ARCH
COGNATE MONOCLONAL
KEEN JERREACTOLOGY
DOGGOLENOLOGY
DUALITY
COFFEE
SOPHIST
PRIMACY
WARRIOR
THE BARN
LAMPREADER
ELSE
AMAZON
FONZ
RAGES
AXE
TFFD
EON
FONZ
RAGES
AXE
TFFD

Community Worship

Faith United Methodist Church

3600 J Street • 452-7637 • www.faithumcsacramento.org

Bible Study: Sunday at 9:15am, Tuesday at 10:00am • Sunday Worship: 11:00am
(Communion on 1st & 3rd Sunday) • Fijian Language Worship: Sunday 1:00pm

Call (916) 429-9901 to advertise your church services in this paper!

ACHIEVE HAPPINESS, SELF-CONFIDENCE AND SUCCESS!

BUY AND READ DIANETICS

Church of Scientology
Located at
6th & J in Sacramento
(916) 319-5440
PB \$28.00 DVD \$28.00

FUNERAL DIRECTORY

Call Melissa at (916) 429-9901
www.valcomnews.com

GEORGE L. KLUMPP
Chapel of Flowers FD360
2691 Riverside Blvd
Sacramento, CA 95818
(916) 443-7917
KlumppsFuneralHome.com

A fully accommodating, caring facility, assisting families in their time of grief since 1921. Please contact Funeral Directors: Buffie M. Lynch or Michael J. Ford.

Harry A. Nauman & Son

Dignity FD366
4041 Freeport Blvd
Sacramento, CA 95822
(916) 452-6157

Serving Sacramento Families since 1903. Pre-arrangement packages available.

LIND BROTHERS FD 1141
A Family Owned Funeral Home & Crematory
Celebrating 50 Years in the Community

916.482.8080

East Lawn
Memorial Parks, Mortuaries & Crematory

(916) 732-2000

EastLawn.com
4 Sacramento Locations serving families since 1904

Downtown Plaza: Sacramento's Turbulent K Street History

By JAMES PEYTON

It was June 8, 1983. I was in an outdoor elementary school spelling bee at Downtown Plaza, on top of a temporary raised blue platform in front of the mic. It was my first word. It was my last word. I cried. I made it from my local school spelling bee all the way to here, but ended up instead in Carl's J.R. with my Grandma. Carl's was at 594 Downtown Plaza. I still have a balloon and a pencil from that day. It may be a bit amazing that I still have it. The Elementary Spelling Contest Public Schools Week 1983, in association with SCTA, was held at Downtown Plaza, or, interchangeably, Downtown Mall. This was an open-air, one story downtown mall, with several separate brown-walled shops, such as a shoe store with large glass windows. There were strange cement structures and water fountains going for a ways down the street with people sitting, walking, talking, etc. near them or on them. I think there were places to park bikes. This was the original Downtown Mall. But let me go back a bit.

Before Downtown Mall there was "Kay" street. We are talking 1950s-1970s here. Eventually, it fell into disrepair and disgrace. People were complaining. The bushes and foliage of K street mall hid its decay, was the opinion of one Charles Johnson. But a new construction was coming.

In an article called "Plants Can be Merciful", Sacramento Bee writer Charles Johnson introduces us to the then new Downtown Plaza. The \$8 million dollar 1971 plaza was an extension of K street mall, which ran from 7th street to the earlier, but still existing 1963 Macy's. (As of 2016) The plaza was designed by John S. Bolles associates. Johnson described the new mall as an art critic would, with various complaints including that the mall ends at 7th, with "three ferociously official flagpoles." He relates that the sculptural tiles on the outside walls, (familiar to anyone who's been to the mall a few times), were made by a Hans Sumpf of Fresno. This was culled from "The Lively Arts" section of the Sacramento Bee of November 26, 1972. (Leisure, page 4.) Also familiar to Sacramentans would be the inside central entrance, with its large ceiling skylights and its second story walkway. Besides the tiles, 2 views from inside the mall are offered in this article, of this very sky-lighted spot. The retro styled architecture seems to match with the artistically crafted public seating arrangements, in this early scene. In later decades, the 1990s and 2000s, one might remember other public offerings in the spot, such as the giant chess game, chairs and plants.

According to an early brochure, "Downtown Plaza is the center of it all. The greater Sacramento freeway network brings you directly into the conveniently located center, making it an energy-saving stop for anyone on the go." (The freeway was basically new at this time)

For the last decade or more we had heard how Downtown Plaza had gone wrong. But in those early days, during the decay of K Street, some people were talking about how Downtown Plaza got it right. One of those was writer Bob Horton, in the November 1973 Sacramento Bee. He mentions of the new building project's artsy details and embellishments, "People are interested in seeing it all." Horton seems elated about the way things are designed at the new plaza. He attributes this "architectural success" as being caused by private business



rather than government intervention, as in the former K street building projects.

This early 1970s mall was the first Iteration of Downtown Mall, and was largely a one-story affair, save for the 2-story building bisecting the mall from L to J Street. This short central strip ran across the middle area of the open-air mall, offering an enclosed, two-story space with several shops and stores. It was in 1993 that a second story was added along the length of the mall. This second iteration was the one we all knew at its empty and vacant end. In this central strip of 1971 was where the 1990s pretzel store, general store, eye optics store, and comic book store was. (Comics & Comix) The hip-hop clothing store "Getta Clue" replaced the Comic Shop as I remember, before moving to the corner of the open ring in the mall, near the old bookstore. But in those early days were stores such as Farrel's, J.K. Gill, Casual Corner, Studio West Photography, Orange Julius, Irwin, Foxmoor, El Poco Candles, B. Dalton Bookseller, Tall Girl Shop, Air California, American Express, and Breuner's.

The Downtown Plaza was originally built by The Hahn Company. It was renovated to the mall as we knew it in 1993, sold to Westfield America in 1998, and sold again to JMA ventures in 2012. After that, Eminent domain was used to acquire the site for the future building project. As most Sacramentans already know, the mall fell into disregard and disrepair, as more and more stores closed or moved out. Suddenly, nearly the entire top floor of the mall was empty. And the rest would be forced to close, due to the new building project. Then, it would be demolished.

I tried to get a photograph or view of the mall from the outdoor second story balcony overlooking L Street. Besides the view from the mall itself, I was curious to see the 2nd story layer of redwood panels, as they looked just like the panels on the second story of the old Crossroads Mall on Freeport Boulevard. I asked if I could take some pictures up there. I got mixed signals from Mall se-

curity of both "yes" and "no." I went through a few hurdles driving to get some papers that would provide clearance, but then when I presented them, no go. The mall would be destroyed forever in just a few days, so it was an appropriate time to take historical photographs. Everything and everyone would soon be gone from the location that had stood for so many years, since before I was born. Although I sincerely wanted to get these views for you, the reader, as well as for historical posterity, I erred on the side of the law. Meaning I never got to see the site. It was hard to tell what was kosher, or even who owned the building at the time. The new owners were Kevin Johnson's team. They didn't care about anything in the mall, they wouldn't mind if someone went there to take a few pictures. Although Kevin Johnson's office seemed to offer no complaint, and even offered a tour of the area, by the time of the offer it had already been destroyed. The mall suddenly looked like it had in 1971 all over again, you can compare pictures right before the construction of the Mall and the Arena. They said there was some drone footage taken, and they could send it to me, and gave me a card. In the long run, they were no help, as I called, emailed, and left messages at Lorenzo Butler's office for over a year with no response.

Here were these buildings, these structures that had been a part of the landscape for over 40 years. Even when they were unwanted, and forgotten, and very soon would be no more, we were not allowed to explore them, to know them before they were gone. It seemed evident that the rich and powerful were what controls society, and that they did not want its citizens to be free, or even to participate in society. They just wanted them to be managed.

There is yet another redesign of downtown coming, with a focus on a rich upper class spending money and leisuring in downtown, more similar to Los Angeles or San Francisco than Sacramento. But native and long-time Sacramentans knew a smaller, simpler day that just may have been better.

Artist Bill Styler reminisces about his iconic KZAP cat mascot

By LANCE ARMSTRONG
Lance@valcomnews.com

Many longtime Sacramento residents have fond memories about the city's legendary radio station, KZAP 98.5 FM, which entertained its listeners from 1968 to 1992. And many of those people recall the station's iconic cat mascot.

But the majority of those former KZAP listeners are unfamiliar with Bill Styler, the man who created that image in 1974.

Bill, who was born in Sacramento and raised in Davis, said that it was a combination of his availability as an artist and the recommendation of his brother, KZAP DJ Gordon "Gordo" Styler (1947-2012), that led to his selection as the artist to create KZAP's cat mascot.

"(Gordo) had mentioned to (KZAP's sales manager) Don Early that I was a freelance graphic artist, and was out on my own," he said. "So, (Gordo) said, 'Go down (to KZAP) and see Don. So, I went down to the station. The idea was it was to be a cat. And that's basically what I got from Don, and just to use my imagination.'"

Although Bill was only in his mid-20s at that time, he had already gained a substantial amount of experience and confidence as an artist, considering that he began painting and drawing at an early age and earned a bachelor's degree in fine arts from the University of California, Davis.

At the age of 16, Bill was already working professionally, earning money painting artistic scenes on trucks, vans and motorcycles, and creating signs for a few businesses in Davis.

Bill said that his inspiration for the KZAP cat came from a cat that happened to be living in his Sacramento residence.

"It was actually styled after my brother's cat, Tubby," he said. "So, my then-future wife (Sue Gallinger, who had earned a bachelor's degree in wildlife biology at UC Davis) and I were living at the house on F Street with my brother and another guy. My wife and I had a downstairs bedroom and my brother and a friend of his from college had the rooms upstairs. And it was an old Sacramento home. It would have been a duplex back in the day."

In continuing to tell his story about his decision to use Tubby as his model for KZAP's mascot, Bill recalled a specific incident related to that red, tiger-striped tom cat, which he described as having a strong personality.

"My brother was working at KZAP and he was also working for the state of California, so he had some nice dress shoes in his closet," he said. "One time he came home and Tubby had taken a dump in the dress shoes. That sort of was a Hallmark moment."



(above left) Artist Bill Styler is known for his creation of the KZAP cat mascot. (above right) This cat mascot-themed window sticker was created by Bill Styler in 1974.



Photo courtesy of Bill Styler

"Shortly after that I just sat down and I kind of drew this picture of Tubby with this silly, passive-aggressive grin on his face. And that was what started it."

Bill said that his KZAP mascot drawing received positive reactions from the station's air staff and news people and others who saw it.

But he also noted that the artwork resulted in a response that surprised him. "Everybody who looked at it said, 'My God, he looks stoned,'" he said. "And I said, 'Well, OK.' But that's not what (he intended). It was all about the passive-aggressive personality of Tubby. For whatever reason, it hit everybody really well. So, I just said, 'OK, fine, he's stoned.' Why not? Everybody else was (stoned), so the cat might as well be, too."

The KZAP cat mascot artwork first appeared in the form of an exterior window sticker, Bill recalled.

"The first set of window stickers was an exterior window sticker on the outside surface, and they realized, 'Hmm, that's probably not a good idea,'" he said.

That sticker was followed by a similar interior sticker that was much less weather and element challenged.

Those stickers were followed by smaller KZAP cat mascot window stickers.

Bill also created a series of black and white, KZAP line drawing advertisements for use in newspapers and magazines, as well as three bus banners, some of which featured the station's mascot.

Bill mentioned that Tubby was undoubtedly Gordo's most well-known cat. But he added that Tubby was certainly not the only animal his brother ever owned.

"(Gordo) was an animal lover and he would rescue animals and Tubby was a rescue," he said. "And at the time, he only had Tubby, one cat. Later on, he got more, but Tubby was an only child for a long time." And in response to the inquiry of how many animals his brother owned, Bill said, "It just varied so much, because it was rescue town," he said. "At one time he had three dogs and I think 17 cats. That was about the peak."

Bill noted that in addition to his work as an artist, he has been interested in music throughout his life, and that his love of music led him to play the guitar as a teenager.

"I started playing guitar when I was 13," he said. "I started tearing guitars apart when I was 14. I was always into guitars and guitar music and rock."

Bill also created several posters for concerts at Freeborn Hall in Davis

and the college radio station, KDVS, in the same city.

In 1976, Bill left Sacramento to live in Montana, where he established his own sign company. Seven years later, Bill, Sue and their two sons were living in the state of Washington, where Bill worked for sign companies and occupied some of his spare time as a freelance artist. He bought one of those companies, the Auburn Sign Co., which he ran with his wife from 1985 to 1994. Bill currently resides in Idaho, where he lives with Sue, continues to create art and occasionally reminisces about his memorable times working as an artist for KZAP.



Photo courtesy of Bill Styler
Bill Styler is shown playing around for the camera during his time as a KZAP artist in 1974.

PSA: Sacramento Unified announces policy for free and reduced price meals

Sacramento City Unified School District is announcing its policy for providing free and reduced-price meals for children served under the National School Lunch Program and/or School Breakfast Program. Each school and/or the district/agency's central office has a copy of the policy, which may be reviewed by any interested party on request.

Meal applications will be sent to all households with a letter informing parents or guardians of the availability of free and reduced-price meals. To apply, complete one application for all children in the household and submit to the school for processing. Additional copies are available at the school office or you may apply online at www.scusd.edu/applyformeals. Households may submit an Application at any time during the school year. Information provided on the Application will be used for the purpose of determining eligibility and may be verified at any time during the school year by school officials.

Children are eligible for free or reduced-price meals if their household income is less than or equal to the Income Eligibility Guidelines identified below, which will be used to determine eligibility for meal benefits. These guidelines are effective through June 30, 2017.

Sacramento City Unified School District will notify the

household of their children's eligibility for free meals if any household member receives CalFresh, California Work Opportunity and Responsibility to Kids (CalWORKs), or Food Distribution Program Indian Reservations (FDPIR) benefits. Households will also be notified of any child's eligibility for free meals if the individual child is categorized as foster, homeless, migrant, runaway, enrolled in an eligible Head Start, or enrolled in an eligible pre-kindergarten class. An Application is not required if a household receives the eligibility notice from school officials. Households should contact the school immediately regarding any child in the household not included on the eligibility notice. The household must notify school officials if they choose to decline meal benefits.

Households that did not receive the eligibility notice from school officials and would like to apply for meal benefits must submit a complete free and reduced-price application for Sacramento City Unified School District to determine a child's eligibility.

Households receiving CalFresh, CalWORKs, or FDPIR benefits must include the following on their meal application:

1. Names of all enrolled children

2. One case number from any household member
3. Signature of an adult household member

Households with foster, homeless, migrant, or runaway children must include:

1. Names of all enrolled children
2. Indication of individual child's categorical eligibility status
3. Signature of an adult household member

Households who may qualify for free or reduced-price meals based on income must include:

1. Names of all household members (children and adults)
2. Amount, frequency, and source of current income for each household member
3. The last 4 digits of the Social Security number (SSN) of the adult household member who signs the application or check the box if the adult does not have a SSN
4. Signature of an adult household member

Foster children are eligible for free meals and may be included as a household member of a foster family if the foster family chooses to also apply for the non-foster children. Including foster children as a household member may help the non-foster children in the household qualify for free or reduced-price meal benefits. If the foster family is not eligible for meal benefits, this does not prevent foster children from receiving free meal benefits.

Children in households participating in Women, In-

Reduced-Price Eligibility Scale for Lunch and Breakfast					
Household Size	Year	Month	Twice Per Month	Every Two Weeks	Week
1	\$21,978	\$1,832	\$916	\$846	\$423
2	29,637	2,470	1,235	1,140	570
3	37,296	3,108	1,554	1,435	718
4	44,955	3,747	1,874	1,730	865
5	52,614	4,385	2,193	2,024	1,012
6	60,273	5,023	2,512	2,319	1,160
7	67,931	5,663	2,832	2,614	1,307
8	75,590	6,304	3,152	2,910	1,455
For each additional family member, add:	\$7,696	\$642	\$321	\$296	\$148

fants and Children (WIC) may be eligible for free or reduced-price meals. Contact school officials for further information or complete an application for processing.

Under the provisions of Sacramento City Unified School District Free and Reduced-Price Meal Policy Statement, the designated determining official(s) will review meal Applications and determine eligibility. Parents or guardians dissatisfied with the eligibility determination may discuss the decision with the determining official on an informal basis. Parents or guardians may also make a formal request for an appeal hearing of the decision and may do so orally or in writing with Cancy McArn, Chief Human Resources Officer. Contact the hearing official at 916-399-

2016 for information regarding the hearing procedures. If a household member becomes unemployed or if the household size changes, the family should contact the school. Such changes may make the household eligible for free or reduced-price meals if the household income falls at or below the levels shown above. For up to 30 operating days into the new school year, eligibility from the previous school year will continue within the same school/agency. When the carry-over period ends, unless the household is notified that their children are directly certified or the household submits an application that is approved, the children must pay full price for school meals and the school will not send a reminder or a notice of expired eligibility.

Theodore Judah Elementary celebrated "Green Week" with hydrogen fuel cell powered vehicle show and tell

Schools across Sacramento City Unified celebrated Green Week earlier this month, an opportunity for students to learn about energy and water conservation, waste stream reduction and the impact of cars on air quality.

The week kicked off Monday at Camellia Elementary School, where students in teacher Alanna Butterworth's third grade class conducted live energy audits for a crew from Good Day Sacramento. Using kilowatt readers supplied by SMUD, students measured the electricity used by different appliances, including the classroom microwave, television and computer.

The students later helped cook fresh eggplant, tomatoes and zucchini harvested from Camellia's thriving community garden.

At Theodore Judah Elementary, kindergarten students got a hands-on look at a car powered by hydrogen fuel cells. Judah parent Bill Elrick, who represents the California Fuel Cell Partnership, discussed the science behind the car and showed students that the only byproduct was water vapor. He even drank the water vapor.

At Crocker-Riverside Elementary — and many other schools — students engaged in a friendly International Walk to School Day competition. Years ago, the school began using a spray-painted sneaker as incentive for participation in Walk to School Day. The class with the highest percentage of participants gets to house the sneaker for a year.

Source: SCUSD



Theodore Judah community gets ready for Friday's Harvest Festival

It's that time of year again! Theodore Judah Elementary School's annual Harvest Festival is just around the corner. This year's Harvest Festival will be on Friday, Oct. 21 from 4:30 to 7 p.m. on campus. The annual event will be filled with fun carnival games, food trucks and the best cake walk around! In addition, The Hoops, a musical band for young hearts, will be playing their tunes at 6 p.m. in the main quad. There's something for everyone at this community event.

Three food trucks will be on site: Dave's Dawgs, New Bites and Nor-Cal Tacos. Wristbands are \$15: unlimited carnival games and two cake walk tickets, two wristbands for \$30, three for \$40, four for \$50. Or, 25-cent ticket with games ranging from one to four tickets.

This year's Harvest Festival will be working around the school construction so expect a little different layout but come prepared for an evening of games, music and community. Try and win at the cake walk and grab some dinner from our food trucks. Come in costume to add to the fun or come get your face painting. There's truly something for everyone. Special thanks go to the following sponsors: Skye Ferrera of Ferrera Law Firm, City Councilman Jeff Harris and Realtor Courtney Way for helping make this event a success.

Check out the website for ticket information www.theodorejudahpta.org or purchase tickets at the event.



File photos courtesy of Theodore Judah Elementary School parents and supporters

Senior Homecare

By Angels®

916.971.9333

www.VisitingAngels.com/Sacramento

Errands • Shopping
Light Housekeeping • Meal Preparation
Friendly Companionship • Flexible Hourly Care
Respite Care for Families • Live-in Care

America's Choice in Homecare.

Each Visiting Angels agency is independently owned and operated. Lic# 344700003

SACRAMENTO SYMPHONIC WINDS

15th Season

Soundscapes

Timothy M Smith,
Music & Artistic Director
presents its 2016-2017 Concert Series

General Admission	\$15
Student, Senior (65+)	\$10
Child (10 & under)	Free

Tickets at the door
Free Parking

Save the Dates!

Sunday, October 30, 2016
Sunday, December 11, 2016
Sunday, March 19, 2017

All Concerts at 2:30 pm, Crowne Plaza Sacramento Northeast
5321 Date Ave, Sacramento 95841 | www.sacwinds.org
Info: (916) 489-2576

Art of the Car

starring GARIBALDI

Friday, November 4, 2016
5:30 p.m. to 9:00 p.m.

Benefiting the California Automobile Museum

Featuring a farm-to-fork dinner, cocktails, live entertainment, and a fabulous auction of art and unique experiences.

Individual Tickets: \$75 -VIP Table Sponsorships available.
To purchase tickets or for more information call
916.442.6802 or visit calautomuseum.org/artofthecar

CALIFORNIA AUTOMOBILE MUSEUM @CalAutoMuseum

2200 Front Street | Sacramento CA | 95818
www.calautomuseum.org

The Bourbon Blues

Bourbon Tasting and Jazz Performer

When: November 10, 2016 at 6:30 PM

Where: 7548 Greenhaven Drive Sacramento, CA 95831

Space is Limited RSVP today at 916-427-8887.

Greenhaven Estates
7548 Greenhaven Dr • Sacramento, CA 95831
Phone: (916) 427-8887 • Fax: (916) 427-8904
administrator@greenhavenassistedliving.com

GREENHAVEN ESTATES
Assisted Living & Memory Care
Copyright © 2016 by Unlig LLC. All rights reserved.
RCFE: 347005239 0083

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

ADDITION SPECIALIST

-BUILDING YOUR DREAMS-
HARTIGAN
CONSTRUCTION, INC.
General Contractor

Bonded/Licensed/
 Insured #706474

- Additions / New Construction
- Design/Build
- Small to Major Renovations
- Kitchen & Bath Renovations

916-372-0530

www.HartiganConstruction.com

Call today to schedule your **FREE** estimate with Joel!

ADDITION SPECIALIST

LYTLE
CONSTRUCTION INC.
Remodeling and Design
 LIC# 480492
Certified Kitchen & Bath Remodeler

Award-Winning Design/Build Firm
 Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

www.lytleconstruction.com

CLEANING

Prime Quality Maintenance

- Window Cleaning (inside/out/screens washed)
- Rain Gutter Cleaning
- Junk Removal & Hauling
- Yard Clean-ups
- Pressure Washing
- Hard Water Stain Removal
- Landscape Maintenance

Free Estimates
 Licensed &
 Insured

CSL# 996271

Call Jesse: 916-428-2940



Your services are needed!

Call (916) 429-9901 and reserve your space in this section, today!

CONSTRUCTION/HAULING

DB Haul-away
 Commercial & Residential Hauling
Reliable - Dependable - Insured
 Lic# 627768

Residential/Construction waste removal
 Foreclosure services • Yard clean ups
 Handyman services • Demo • Drop bin services

Bobby Timms • 916-402-7546 • dbhaulaway@gmail.com



CREATURE CATCHERS/REMOVAL

CREATURE CATCHERS
 WILDLIFE MANAGEMENT

Creature Catchers Wildlife Management
"If it walks or flies, we'll remove it"

Humane and non-toxic solutions for both animals & man
 Dead Animal Location/Removal • Exclusion Work
 Live Trapping • Humane Removal • Repair
 Skunks • Fox • Raccoon • Opossum • Squirrels
 Mice/Rats • Birds/Bats (bat elimination)

CreatureCatchers.org 530 885-PEST(7378)



ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC
 Reasonable Residential & Commercial Work since 1960

Repairs, Trouble Shooting
 Custom Lighting/FREE Est.
 Excellent ref from Angie's List

(916) 451-2300
Cell: 213-3740

Neil McIntire — C.S.L.# 394307

HANDYMAN

FREEDOM HANDYMAN SERVICE
 I specialize in all areas of home improvement!
 Quality work the first time, guaranteed!

Carpentry - Electrical - Plumbing - Demolition
Sprinklers - Sheetrock
Fix leaks of all types

Accepts All Major Credit Cards "Senior Discount"
NO JOB TOO SMALL!
 Licensed and Insured #152902

Call Eric (916) 470-3488

HANDYMAN

D & H Service

Office: 916-428-5907
 Cell: 916-206-8909

Interior and exterior painting
 Fence Installation
 Tile Installation
 Dry Rot Repair

25 years of experience



HANDYMAN

Fall Yard Clean-up Specials!

- HAULING & YARD CLEAN-UP
- RAIN GUTTER CLEANING
- CONCRETE REMOVAL
- HEDGE TRIMMING /SHRUB REMOVAL
- PRESSURE WASHING

Pressure wash your driveways clean! your decks, too!
 Clean out your garage! Replace that old lawn!
 Hard work—not a problem!
SPECIALS FOR SENIORS*/SERVING THE AREA FOR OVER 19 YRS*

Call **LESTER**
(916) 838-1247
 Lic#128758/Ref



HARDWOOD FLOORING

Hardwood Flooring
 Specializing in installing, sanding and finishing hardwood flooring or repair and refurbish your current floors.

Call Michael - (916) 383-8742

Lic# 544159/References Available

HAULING

C & C REMOVAL SERVICE

"Make one call, we haul it all!"

- ✓ Hauling
- ✓ Home improvements
- ✓ Handyman services

Cory King • (916) 531-1165

SPB 12015-00457

PAINTING

SOVEREIGN PAINTING

Quality craftsmanship 3rd Generation Painter with over 30-years experience

(916) 422-4416
sovereignpaintingco.com
sovereignpaint@yahoo.com

Dan Sovereign, Interior & Exterior Painting
 Lic# 484215
 Better Business Bureau Member

PAINTING

COOK PAINTING

Freshen Up Your Home
 VCN Special

Full Service Company - Start to Finish

- Custom Painting
- Super clean, neat & fast
- Interior/Exterior
- Cabinets

Specializing in custom trim & moulding!
 Color Consultants
FREE ESTIMATES

In business since 1982

(916) 591-5056

As seen on yelp



PAINTING

GARY'S PAINTING

FREE Estimates!

- Warranty
- Senior Discounts
- Professional & Reliable
- Interior & Exterior Painting
- Using only Kelly-Moore Paint!

(916) 725-8781

McClatchy '07

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

PLUMBING

ROONEY'S PLUMBING
 FULL SERVICE PLUMBING

456-7777

rooneysplumbing.com
 License #683688

ROOF/GUTTER CLEANING

STAN THE MAN

GUTTER CLEANING
 ROOF CLEANING
 WINDOW WASHING
 PRESSURE WASHING
 SENIOR DISCOUNTS AVAILABLE

916-601-1030



ROOFING/SIDING

ZIMMERMAN REROOFING
 3675 R Street
 Sacramento, California 95816
 East Sac Specialists
 454-3667
zimroof.com
 License #763169 Dave Zimmerman

ROOFING

KELLY ROOFING
 We've got you covered

Herb Kelly
916.591.9189
 25 years quality service

Lic#692838

TILE WORK

BAXTER TILE
EXPERT INSTALLATION REMODELING & REPAIR

Ceramic • Marble • Granite
 Floors • Counters • Walls

33 Years Experience • FREE Estimates
916-213-4669
 License #668100

TILE WORK

NIETO'S
TILE & LANDSCAPING
 RESIDENTIAL & COMMERCIAL

Frank Nieto (916) 480-9512

Sprinkler Systems (Install & Repair) Concrete • Tile Installation
 Fencing • Plumbing Granite Fabrication
 Electrical • Painting Laminate/Wood Floors

NietosTile@sbcglobal.net www.nietostile.com Lic. #917883

TREE & GARDENING SERVICE

Terra Bella Tree & Gardening Service
"Not your typical mow, blow & go company!"

- One Time Clean-Ups
- Tree, Bush & Hedge Removal
- Full Yard Maintenance

Family Owned • 25 years experience!
Call Randy (916) 454-3430 or 802-9897
www.terrabellagarden.com • Lic# 152584



TRACTOR WORK

TRACTOR WORK
 Lic# 571637


Weeds/Blackberries Cut, Lawns,
 Dirt & Landscape Removal, Rototilling,
 Trenching, Discing, Bobcat Backhoe

Dave (916) 988-3283

Home Improvement Guide: a "Keeper" by our readers

Great exposure in these four upscale neighborhoods:
Arden-Carmichael, East Sacramento, Land Park & Pocket/Greenhaven.

Contact Melissa at 916-429-9901



CLASSIFIED ADS

Call a sales representative today for great advertising rates: 429-9901

TAX PREPARER

#1 CONCIERGE TAX PREPARER
 33 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. FREE Pick-up & Delivery to those who qualify. We prepare expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for your appt. today. Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. Same low 1990 rates. www.taxirene.info • taxireneinfo@gmail.com

AUTOMOTIVE

RESTORE YOUR HEADLIGHTS!
 ARE YOUR HEADLIGHTS YELLOW AND HAZY? CAN'T SEE AT NIGHT? I CAN RESTORE YOUR HEADLIGHTS FOR ONE LOW PRICE. TEXT ME FOR YOUR APPOINTMENT NOW! 916-601 7369



Sell your car in the classifieds!

WANTED:

Antique guns/old guns. Cash paid.
Call (916) 531-5972

BOOKKEEPING

#1 CONCIERGE BOOKKEEPER
 33 years exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profits, Retail, Marshal Arts, Barber, Construction, Wholesale, Investment Clubs, Corp. Partnerships, Small Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for your concierge appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info • taxireneinfo@gmail.com

BUSINESS SERVICES

#1 CONCIERGE BUSINESS SERVICES
 Put our 33 years in Concierge Business Support Service to work for your business. We provide support in: Licensing, Business & Corp Start-ups or Closures, Basic web design, Set-up social media. Business Concierge Shopping, Marketing and much more. Please contact Irene Senst (916) 640-3820 CA, (775) 410-3422 NV. www.taxirene.info • taxireneinfo@gmail.com

CASH PAID FOR DIABETIC TEST STRIPS

We pay up to \$30 per box cash on the spot
 (prices vary depending on brand, quantity and expiration date)

We offer **FAST PICKUP** at a location that is conveniently located near you.
Boxes must be unopened and unexpired
 For Prompt Attention Please Call Rachel at:
(916) 505-4673

HANDYMAN

HANDYMAN SERVICES
 No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock/Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

HANDYMAN

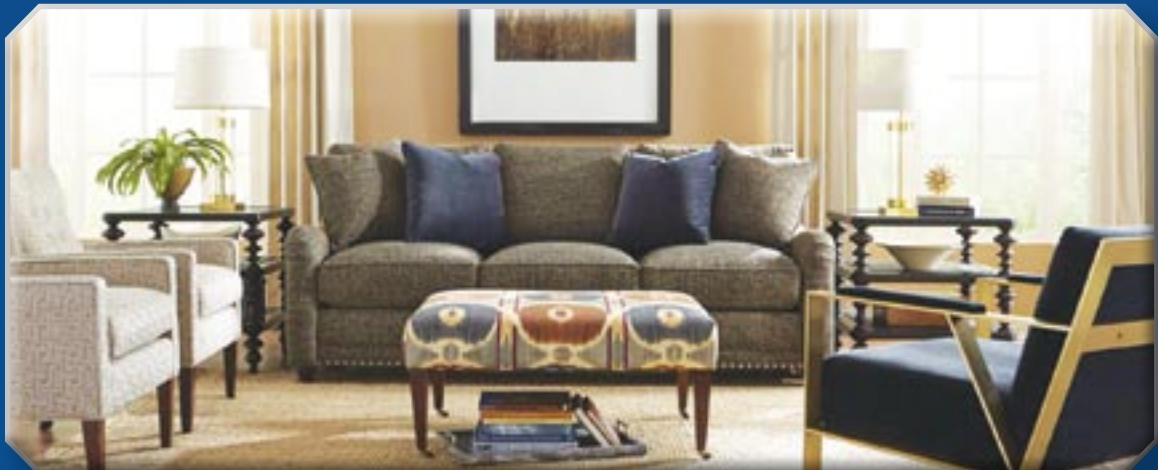
CLEAN-UP SPECIALS!
 Rain Gutter cleaning - Yard clean-up, Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. 18 yrs. exp. Specials for seniors. Licensed

Looking to get rid of old furniture?

Call (916) 429-9901 for ad rates.

Reserve your space in the Classifieds!

68th
ANNIVERSARY
SALE



EVERYTHING IS ON SALE
FOR THE ENTIRE MONTH OF OCTOBER!*



Special Deals
Each Day!

Special Vendor Events Every Weekend!

SATURDAY,
OCTOBER 22nd



SATURDAY,
OCTOBER 29th

STICKLEY
AUTHORIZED DEALER

SUNDAY,
OCTOBER 30th



12125 Folsom Blvd.
Rancho Cordova
916-351-0227

Mon – Fri 10am – 8pm
Sat 10am – 6pm
Sun 11am – 6pm

www.naturwood.com

*Sale applies to all indicated items except all "Clearance", "Truckload" and "Special Buys". Sale price not available in conjunction with any other offer or discount. Allow time for delivery on some items. Sale Ends 10/31/16