

# EAST SACRAMENTO NEWS

— BRINGING YOU COMMUNITY NEWS FOR 25 YEARS —



- Door-to-Door .....2
- Life in the Village .....7
- Around the Hood.....10
- Lance Armstrong history feature.....11
- What's Happening.....14

**Above the Fray:**  
Handwoven silks and textiles from Laos and Vietnam will be displayed at the Shepard Garden and Art Center

■ See page 6



**Rust Florist closed, memory guest book open**

■ See page 10

## Top Producing Agent for Sacramento's #1 Real Estate Company

# TEAM BLACK



**Annette Black**  
826-6902  
Lic# 00802727



**Kathy Pardun**  
247-7030  
Lic# 01000106



**Diane Berry**  
698-7288  
Lic# 00794641



**Wanda Noack**  
761-6748  
Lic# 00946526



**Rene'e Liddie**  
613-9885  
Lic# 01152399



**John Woodall**  
421-5421  
Lic# 01232653



E-mail stories & photos to: editor@valcomnews.com

Vol. XXV • No. 21

East Sacramento News is published on the first and third Thursday of the month in the area bounded by Business 80 on the west, the American River on the north and east and Highway 50 on the south.

Publisher .....David Herburger

Editor .....Monica Stark

Art Director .....John Ochoa

Graphic Designer .....Annin Greenhalgh

Advertising Director .....Jim O'Donnell

Advertising Executives:

Melissa Andrews, Steve Crowley, Linda Pohl

Cover by:  
Monica Stark

Courtesy  
Metro News Group

Copyright 2016 by Valley Community Newspapers Inc. All rights reserved.  
Reproduction in whole or in part without written permission is prohibited.

# Golden Days, Bloody Nights

East Sac is a great place to Trick or Treat. One late September the heat lifted and we began watching the trees. The colors arrived and the leaves floated down and our mother said the golden days were here. It meant one thing to us: Halloween. The fallen leaves were crumpled and papery, good for crunching as we walked to school and talked about what we would wear. I couldn't decide what to be. Kathleen said she would be a nun, an unfathomable choice in my opinion: why be someone we had to look at five days a week? But she said that as a nun she would get a lot of candy. Moira wanted to be the Lone Ranger. Sheila wanted to be a witch with three black teeth. Our brothers were too little to walk to school with us but we planned their outfits. They would be hobos and I would draw whiskers and beards on them with our mother's eyebrow pencil.

We had already learned the sociological truth about Trick or Treat. The smaller you were, the greater the treat. As you got older and taller, you had to create more clever costumes. And if you got too old or too tall you risked humiliation. It had happened the year before on 40th between H and J. A gangly boy presented his bag and the man who answered the door shone a flashlight up and down the boy's frame and said, "You're a big guy. Why're you with these little kids, begging for candy?" I watched the boy shuffle off and though I couldn't see in the dark, I was sure his face was burning. I knew him, from school. He was in the sixth grade.

I thought this year might be my last. I was 9, a fourth grader now, and aging out of Trick or Treat. So it was essential to be something spectacular and dreadful. At the time I had a Classics comic book version of *A Tale of Two Cities* and was struck by Madam De Farge, who was depicted grinning fiendishly while guillotined heads plopped into a basket by her feet. I asked our mother, who had read the real Dickens books, if she remembered Madame De Farge. "Madame De Farge," my mother said dramatically. "She sits and knits and calls for blood, and more blood." The way she put it—"sits and knits and calls for



## Door — to — Door

with PAT LYNCH

blood"—was darkly thrilling. I would be Madam De Farge.

The peasant dress was easy enough: Kathleen found a worn, brown pinafore and said we could put catsup on it to look like blood. I tried to talk in the style of Charles Dickens. "This shall be my frock," I said. We got knitting needles and yarn from kindly Mrs. Pearson across the street who assumed I was going to dress as a grandmother. I knew from Catechism that it was a Sin of Omission, equivalent to a lie, to let her think that, but Mrs. Pearson was nearly deaf and it would have taken too long to shout the Dickens story to her, and Madam De Farge needed her props. Moira and Sheila brought in the wicker basket used as a clothes hamper. Perfect. But now it was the day before Halloween. How was I to come by a batch of decapitated heads? Melons, our father said. We piled into the station wagon and Dad drove to the store while our mother made stew. He bought five honeydew cantaloupes, smooth enough to draw on.

The Halloween vibe always inspired our father. On the way back from the store he slowed down by the blood bank, that imposing, round edifice on J Street. "I'll tell you about the blood bank," he said. The blood bank was not filled with offices, but was instead an undulating lake of icy, cold blood. On the top floor men in row-boats paddled through the blood, scooping up samples for medical science. Where did the blood come from? From criminals, he said, and people in insane asylums. Kathleen and I were too old to believe this but were fascinated nonetheless. Sheila asked why there were two rows of windows around the building. They were not really windows, Dad said, but portholes. Every fifth Friday, in the middle of the night, the windows were opened and the blood released in huge gushes. It flooded the streets. You could swim in it.

Once two burglars were swept away, engulfed in a gurgling sea of blood. Silent, we peered up at the building.

He slowed down again by East Lawn cemetery. He said it wouldn't look so peaceful tomorrow night when those bony arms reached up and pushed the graves open and hungry skeletons came clanking down the streets. My little brothers gazed, wide-eyed, and even I, Madam De Farge, felt a chill.

After dinner we sat around the living room drawing faces on the melons. Dad showed us how to make a mouth with a tongue hanging out and Kathleen drew black, bulging cartoon eyes. We agreed that people who had just had their heads cut off would have a startled look.

The next day we were in our costumes at five p.m., when it was still light. Mrs. Apperson came over to see, and gave each of us a roll of Necco wafers and a Hershey bar. "Oh my," she said when she saw the basket of heads.

We set off when it was dark, our father in the lead. On the sidewalks I pulled the basket of heads in our red wagon, Sheila's jump-rope tied like a noose on the handle. "To be extra scary," Sheila explained. Crowded under porch-lights, we put our little hobos up front. Doors opened, people filled our bags. Kathleen was right; everybody liked the nun and asked her name. "Sister Veronica," Kathleen said demurely and got an extra treat. A lady looked at Moira with her black mask and gun and holster, and said, "Well, well, if it isn't Dale Evans, queen of the cowgirls," and Moira sighed and looked at her boots. She was the Lone Ranger but too shy to say so.

It was Madam De Farge however who caused the most confusion. One man gazed oddly at me and hollered into the house, "Marilyn, come see. There's a kid here with a bas-



## Places no (human) faces ...

Cruising through Tahoe Park, this section of the neighborhood around Cabrillo Way and 19th Avenue was sure something to gawk at and get inspired by. From a pirate ship to ghosts dancing around a large tree, the creativity neighbors have is something to be celebrated, which surely happened on Monday.



Like us on Facebook!

[www.facebook.com/valcomnews](http://www.facebook.com/valcomnews)



**FRANCO GARCIA**  
(916) 206-3802  
lic# 00925201  
Jesuit Alumni



**ROSANNA GARCIA**  
(916) 202-7294  
lic# 01058309  
St. Francis Alumni

**GARCIA REALTY**  
A COMMUNITY TRUST WITH THE CREALTY TEAM

2100 28<sup>th</sup> Street • (916) 452-7535  
[www.GarciaRealEstate.com](http://www.GarciaRealEstate.com) • *Hablamos Español*



**3111 Two Rivers Drive • \$329,000**  
New Carpet, refinished kitchen cabinets, newer interior paint and new air conditioner compressor!  
**3 Beds, 2 Baths, 1,570 Sq. Ft.**



**5301 Mustang Way • \$485,000**  
Professional cook's kitchen with Viking Range, warming drawer, wine refrigerator, pool & spa.  
**4 Beds, 2.5 Baths, 2,183 Sq. Ft.**

**River Park Home**



**5224 Carrington St. • \$469,000**  
3 bed, 1 bath, Comfy living room with fireplace. Covered patio & rear yard. Dining area & kitchen, complete with new appliances.



**KURT CAMPBELL**  
PROFESSIONAL REAL ESTATE CONSULTANT  
**956-5878**

**LYON REAL ESTATE**  
www.GoLyon.com

*Enjoy Life at*  
**Pioneer Tower**  
*A 55+ Community*



Come tour our newly remodeled, downtown facility featuring:  
Spacious 1-bedroom apartments with complete kitchens, new appliances, walk-in showers, large closets, balconies, lovely views

We pay utilities, offer free transportation to shopping, medical appointments, and fun excursions to local area points of interest

- Active residents association with a variety of social activities
- On-site Service Coordinator
- 24-hour maintenance, compassionate, caring staff
- Small pets welcome
- Rental Assistance Programs for income-qualified applicants

**We Pay Utilities!**  
Active Senior Living Retirement Community  
515 P St., Sacramento  
(916) 442-2907  
[www.rhf.org](http://www.rhf.org)

relate. refresh. rely.

**Triple-R Adult Day Program**  
Heart and soul in dementia care.

Providing quality adult day services since 1992




**Mention this ad and receive \$50 off your enrollment**

**(916) 808-1591 | www.TripleR.org**

Locations in Midtown, North Sacramento & Greenhaven

Licensed by the State of California, Dept. of Social Services

City of SACRAMENTO Parks and Recreation OLDER ADULT SERVICES

# From Sacramento to the White House: David Garibaldi discusses his professional life journey thus far

By MONICA STARK  
editor@valcomnews.com

Just a kid from Sacramento, David Garibaldi started painting in a garage and on the railroads, tagging boxcars, and running from the police, but he never gave up on his dreams of becoming a professional artist. And, the modern-day success story, Garibaldi was honored by the invitation to perform at the historic South By South Lawn (SXSL) hosted by The White House on Monday, Oct. 3, whereby he had a chance run-in with President Barack Obama.

"(Obama) came outside to take some photos. I mean he literally walked out the back door of his house and we're like: 'Is that the President over there?' It was so unreal. We knew he was there but didn't know how it was all going to play out," Garibaldi said.

As SXSL called on every American to discover their own way to make a positive difference in our country while celebrating the work so many Americans have already accomplished, Garibaldi appreciates the president's support for the arts and innovation — pillars of the famed local artist's platform.

Additional performers and speakers included the Colorado-based Lumineers, actor Leonardo DiCaprio, and Common — people who in some way are going beyond entertaining but using their voice to better the country. For Garibaldi, he's raised more

than \$2 million for various nonprofits through the auction of his artwork. As for the estimated 1,000 attendees at SXSL, the only way they could have been there was if they applied. "So everyone there was really spectacular in some way. From kids who were 13 years old in some sort of robotics programs to community leaders from all over the country," he said.

Back in 2008, Garibaldi supported Obama's candidacy, painting a portrait of him at a campaign fundraiser that sold for \$10,000. Personally struggling at that time, Garibaldi was drawn to Obama's encouraging messages outside of negative rhetoric and fear mongering. "It was an inspirational movement and so fast forward eight years later and being a creator and the fact that our president put on a music festival at the White House... I like the fact that he wants to see the next Einstein or next Elon Musk, the next (Steve) Jobs. It could be a kid from South Sacramento. It could be from anywhere in the country that we live in... We have a president that is encouraging and investing in new ideas. It makes us creators feel good about what we are doing and wanting to stay here and wanting to create."

As a tribute to the president at SXSL, naturally Garibaldi created a portrait of Obama with the White House in the background, literally in the shadow of the Oval Office.



Photo by Roderick Cooney

Nervous about this particular performance, Garibaldi said he definitely practiced more than usual. "I wanted to be sure that even how I painted was innovative to how I normally do it — that the portrait looks spot on like there is no denying that was him so I wanted to bring my best. So, yes, I was nervous. Every moment for that (event) was special."

During this interview, which was held in his studio on the corner of 12th and R streets, Garibaldi discussed the transformation of the 3,300-square-foot building from "nothing" to the

showroom, workspace, flex-space, and lounge. A "passion project" the remodel enables Garibaldi to work on commission pieces and practice for upcoming performance art shows. Clocking in more than 100 shows a year around the world, he's constantly getting ready for upcoming shows. "There's always just something to create or work on. Even if I don't have to work on anything, I will find something to work on." On his YouTube channel, Garibaldi has an online series

See Garibaldi, page 5

## Garibaldi:

Continued from page 4

called Art Life that he and his team work weekly on. In the last year, the channel has had 1.8 million views. The videos feature painting performances, "Art Life" hacks and DIYs, interviews with creatives and Garibaldi's journeys as a world-traveling artist.

In Episode 1 of Art Life, he creates a portrait of Steve Jobs in minutes. The description of the video philosophizes modern life, as follows: "Art inspired by the Tech Icons influence on not only how we connect, but also how we all wait in line for his company's latest ideas. Now the question is... Would you wait in line for apple or android? Let the debate begin!"

Likening himself to a musician who learns the basic notes of a song first, Garibaldi said in terms of preparing for a live art show, he starts by figuring out the form of a face. "But then you practice and you get better at it. The more you do it, you start to perform it. You start to get it in your heart. It lives in you now."

And, as he's done a 1000-plus Einstein portraits, he looks at his current versions, which he says have never been better. "But three years from now, it will be the best that it had ever been. So, I look at it like I'm improving. It's become a classic."

Contrasting himself to other artists who distance themselves from that approach, to Garibaldi there's gratification performing to his audience's enjoyment. "I know for some artists it's weird to do something over and over again. Some want to do something new every time, which I do, I've done thousands of different images, but there's something about that performance of an Einstein portrait that people want to experience and I enjoy that."

Originally from Los Angeles, Garibaldi, and his family moved to Elk Grove when he was 5. And while he tours the world, he essentially can live anywhere on the planet, but he's at home in Sacramento. His parents live here, as do his wife's. The couple has two children. Bottom line: Garibaldi just loves it here and wants to give back. "I think people have this romance that you become an artist and you

go to this big city. But I want to encourage investing into my hometown. I wanted my hometown to benefit from the value of what I wanted to build in my career so that I can say it's Sacramento built and I really take pride in that. I live in a city where we can invest in that way — that our careers can give the credit to where we grew up. Like our president investing in new ideas, we're (Sacramento) doing the same thing. So, it's encouraging in that I stayed in a city that is still growing."

As a youth, Garibaldi loved hip-hop from the music itself to dancing, graffiti and car racing. He used them all as outlets to show his creativity. From hip-hop dancing with his friends in the garage to tagging the trains that would stop on the tracks near Gerber Road, he's also had his share of racing his old spruced-up Ford Focus in the south area. Regarding the tagging, he said he never got in trouble, though he should have. "I have friends that got in trouble and there were definitely nights when we had to run from the police, all in the name of art."

Remembering one night, in particular, he said there was an 8-foot wall between the scenario of getting arrested or making it over and getting away. "I made it over and got away from the cops. I jumped it and the cop couldn't so I got away."

To Garibaldi these experiences build character. "From graffiti to not doing well academically in high school, all those things happen for a reason."

And to the taggers out there, he has a message: "Being an artist you have to act on your inspiration, on your gut. There's benefit to that and to our fault of always acting on inspiration. And so if you're inspired to go create that way, go do it. I would also say there is more out there than that. That there are skills that you've learned in doing graffiti and doing letters and color that you use that those can be applied to a career in design, in film, in photography, in painting — you name it. Any creative realm, you can apply it to. And hopefully show them those examples of people who started with graffiti and have gone on ... I think we can show them another possibility."

The California Automobile Museum is proud and excited to present its annual fundraising gala titled "Art of the Car Starring Garibaldi" on Friday evening, Nov. 4. This special evening extravaganza will feature world-renowned artist and car enthusiast David Garibaldi and include delicious farm-to-fork cuisine by Diane Wilkinson Catering, artisan cocktails, live entertainment by Ken Koenig and Spare Parts Band, and a silent and LOUD auction (including the art that David produces during his performance). Proceeds from this fabulous fundraising event support the museum's many community and education programs and engaging special exhibits.

"We are thrilled to have the talented David Garibaldi support the Museum and join us for our annual gala," said Delta Pick Mello, Executive Director of the California Automobile Museum. "With his amazing passion and drive, David has helped to raise more than \$1.7 million for nonprofits and charities through his high-energy performance and art."

This year, the "Bid for a Cause" will fund a large-scale mural for the exterior of the Museum's building. The artist selected for this project is internationally known Shaun Burner, who focuses on mural work and large-scaled paintings mostly working with acrylics and spray enamel.

For more information about the upcoming annual gala or the California Automobile Museum in general, please call 916-442-6802 or visit [www.calautomuseum.org](http://www.calautomuseum.org)

Auto Museum to Present Evening Extravaganza: "Art of the Car Starring Garibaldi"

### If you go:

What: Art of the Car Starring Garibaldi — Benefit Dinner  
Where: California Automobile Museum — 2200 Front Street, Sacramento  
When: Friday, Nov. 4 from 5:30 to 9 p.m.  
Cost: \$75 per person through 11/1; \$85 per person after 11/2 and at door  
For more information, call: 442-6802 or [www.calautomuseum.org](http://www.calautomuseum.org)

## Thinking of Changing Banks?

### ✓ Check the El Dorado Advantage

- ✓ FREE VISA Debit Card
- ✓ FREE Senior Checking with Interest
- ✓ FREE Direct Payroll Deposit Checking
- ✓ FREE Internet Banking with Check Images
- ✓ FREE Online Bill Payment
- ✓ FREE Mobile Banking
- ✓ FREE Mobile Express Deposit
- ✓ FREE Telephone Banking
- ✓ VALUE Checking
- ✓ Interest Checking
- ✓ Investors Money Market Checking
- ✓ Business Checking
- ✓ Gold Money Market Savings
- ✓ Purchase & Refinance Loans
- ✓ Fixed & Adjustable Home Equity Line of Credit Loans
- ✓ Friendly, Personal Service at No Extra Charge
- ✓ 35 ATMs at El Dorado Branches
- ✓ Consistently Awarded the Highest 5 Star Rating by Bauer Financial Reports as One of the SAFEST and STRONGEST Banks in the U.S. Since 1993



## EL DORADO SAVINGS BANK

Serving our local communities for over 58 years

[www.eldoradosavingsbank.com](http://www.eldoradosavingsbank.com)

5500 Folsom Blvd. • 452-2613

4768 J Street • 454-4800

Se Habla Espanol • 800-874-9779



## The Bourbon Blues

### Bourbon Tasting and Jazz Performer

When: November 10, 2016 at 6:30 PM

Where: 7548 Greenhaven Drive Sacramento, CA 95831

Space is Limited RSVP today at 916-427-8887.



Greenhaven Estates  
7548 Greenhaven Dr • Sacramento, CA 95831  
Phone: (916) 427-8887 • Fax: (916) 427-8904  
administrator@greenhavenassistedliving.com

Copyright © 2016 by Uhlig LLC. All rights reserved.  
RCFE: 34700239 0983

**Art of the Car**  
starring  
**GARIBALDI**

Friday, November 4, 2016  
5:30 p.m. to 9:00 p.m.  
Benefiting the California Automobile Museum

Featuring a farm-to-fork dinner, cocktails, live entertainment, and a fabulous auction of art and unique experiences.

Individual Tickets: \$75 —VIP Table Sponsorships available.  
To purchase tickets or for more information call  
**916.442.6802** or visit [calautomuseum.org/artofthecar](http://calautomuseum.org/artofthecar)

CALIFORNIA AUTOMOBILE MUSEUM @CalAutoMuseum

2200 Front Street | Sacramento CA | 95818  
[www.calautomuseum.org](http://www.calautomuseum.org)

# 'Above the Fray':

Handwoven silks and textiles from Laos and Vietnam will be displayed at the Shepard Garden and Art Center

By MONICA STARK  
editor@valcomnews.com

Traveling to the remote hilltribe villages in Laos and Vietnam, Maren Beck and Josh Hirschstein of Eugene, Oregon-based Above the Fray personally select hand-woven, naturally-dyed silks and other finely-woven textiles and other traditional craftwork directly from independent village artisans. Holding auditorium-sized public events where they showcase stunning handwoven silks, Maren and Josh will stop next at the Shepard Garden and Art Center (3300 McKinley Blvd.) on Friday, Saturday and Sunday, Nov. 18, 19 and 20 from 10 a.m. to 5 p.m. Friday and Saturday, and 11 a.m. to 4 p.m. on Sunday for a show they've titled "Fine Silks and Tribal Art."

The event also includes models of silk and hemp looms, natural dye materials, and plenty of information about the ethnic groups, textile creation, and the role textiles and arts have played for centuries in these traditional cultures. An on-going slideshow featuring their own photos details the diverse people, including Tai Daeng, H'mong, Dzao, Lao Loum, Akha, Katu, Khamu and other ethnic groups. "We are eager to share the meaning of the art, the stories behind the artifacts, and details of our family's years of travel and relationship-building in the region," they stated in a press release.

Representing some of the finest, most intricate artistry in the world, the art includes handwoven, naturally-dyed silk shawls and scarves (from \$25 to \$1,000), handspun cotton and hand-embroidered hemp textiles, basketry, jewelry, vintage

masks and ritual objects, used tools and more.

Their third annual event in Sacramento, Above the Fray chose the capital city to hold this event for a few reasons, Josh said. "One, it's a day's drive from our home in Eugene (hence our other shows in Portland and the Seattle area). Two, Sacramento has an interesting and interested arts community, without all the hoopla and chaos of San Francisco. Three, it has the fortune of having a great (and affordable) venue for our event, The Shepard Garden and Art Center."

They have many hundreds of unique textiles (most are one-of-a-kind), as well as traditional jewelry (new and used), basketry, tools and ritual art (such as the shamanic "Mun" masks of the Dzao ethnic group of Vietnam). "We'll fill the 2,000 square feet of the Shepard Garden and Art Center with more in bins under the table," Josh added.

"All the silks and other items we sell have already been purchased, almost always directly from the artists, at fair-market cost in a strong effort by us and the local artists to strengthen and maintain their cultural identity in a dynamic world. We are passionate about supporting the artists, and their traditional methods, materials and processes for creating some of the world's finest art," he said.

While Maren grew up in a house full of looms and natural-dye materials and has a good working knowledge of the weaving arts, (She used to sew all of her own clothing and quilt too!), "in truth, when you see the precision of these silks and other textiles it is a little daunting to 'jump in' as a hobbyist. In Laos, most weav-



Dzao baby.

Photo courtesy

ers begin to learn the art at about 6-7 years old... Our kids are now 23 and 20 years old (one a college grad, and the other currently at Bard College) and the years of immersion travel definitely shaped their characters and perspectives," Josh said.

Josh and Maren's love affair with Laos and its world class textiles began about 12 years ago while taking a "rugged backpack vacation-adventure" with their teen sons during an extended winter break, Josh explained. "Despite the remoteness of the hilltribe villages, especially in Laos' Houaphon Province and Vietnam's Lao Cai Province, we discovered some incredible, highly-refined silk art traditions and skills - arts that have been in continuous production and of cultural significance for the people for centuries (the silk art of the hilltribe ancestors goes back three to four thousand years). Further, fate played out that we meet local artists who have become very dear friends. The fact that we have befriended local translators has facilitated our depth of relationship and our knowledge of the tradition and art," Josh said.

In Vietnam, their primary fascination is with the traditional textiles of

the Hmong and Dzao (also called Yao or Mien) people of Lao Cai Province. Despite the availability of commercial materials from China, Josh explains that many of the Hmong and Dzao people are still raising their own hemp and cotton to weave their clothing fabrics, and then painstakingly hand embroidering and appliquéing their culturally identifying patterns on the cloth with silk to make their own clothing. "Many of our friends have an indigo dye pot constantly available in their homes, and teach their children how to raise fiber, weave, and dye the cloth to continue their traditional, culturally identifying clothing. We also buy traditional Hmong jewelry made by a Black Hmong friend," he said.

The silks of the Lao Loum and Tai Daeng people of NE Laos (Houaphon Province) have an intriguing tradition, as the cloths have been used as ethnic markers and as tools for healing for centuries. The complex motifs woven into the fabrics represent the stories and traditions of the people, and they can be used to "re-balance the spirits" of an individual (or even a rice field) to affect a spiritual healing. Although

See Fray, page 10



## LIFE

IN THE VILLAGE  
By JAN DALSKA  
East Sacramento News

# Sundays at Home with my Family

When we attended Mass at All Hallows Church on the Sunday following our First Communion, Rodney and I went to the front of the church and knelt at the railing with our parents. It was the first time that we received communion with them. With Timothy, Linda, Rita and Wayne all under the age of five, my parents had to take turns.

One of them waited with the children in our pew while the other one went up to the altar railing. I tried to hurry back so I could help with Wayne and Rita. At the age of two, Rita was walking and she would run away if she noticed that no one was watching her. Wayne was just ten months old and was not walking yet. But he always needed supervision.

Since Catholics could not eat anything after midnight the day before they received communion at Mass, no one in our family ate breakfast before we attended Mass on Sundays. My mom usually gave Wayne a bottle when he

woke up. Rita had some cold cereal to snack on. But the rest of us were hungry.

Dad stopped at the grocery store on the way home to pick up a new box of oatmeal. We were almost out. We usually had cooked oatmeal for breakfast. During the week, our dad cooked up a large pot for the family before he left for work. Sometimes he would cook Cream of Wheat. But usually it was the same old tasteless oatmeal. Dad said it was good for us and would "stick to our ribs" and give us energy so we could stay alert at school. I believed that it really did stick to my ribs.

After Sunday breakfast, Rodney and Timothy headed out the door to the backyard. They never offered to help with the dishes. They said that doing dishes was "girls work". I always wondered what was "boys work"? Of course I got stuck with cleaning the bathrooms sinks and picking up any laundry that had been tossed on the bedroom floors.

Did no one know where the clothes hamper was?

My brothers and sisters did not know how to make their beds either. My mother made up the double bed that she and my dad slept in. But, as the oldest girl I usually made the other beds. Rodney tried to make his bed, but pulling up the covers was the most he ever did. I hoped that when he grew up he would marry a woman who really liked to do housework.

Despite the extra work around the house, I like weekends, especially Sundays. I enjoyed the slow pace after my tasks were completed. I liked to sit on the front porch and watch the people come and go by our new house. The front yard had newly planted grass and one tree planted right in the middle of the yard. We had a long front porch that was in front of the big window in the living room.

I remembered that Miss Sare, my new teacher, had given me a book when I left the classroom on Friday. She told me I could

read it on the weekend and bring it back to her on Monday. It was one of the books about *Dick and Jane*. I had not read that one yet. I went into the house to find it so that I could spend some time looking at it. When I went to the room I shared with Linda, she was taking a nap on our double bed, so I tiptoed around quietly.

I located the book and headed back to the front porch to start reading it. I loved to read. When I was reading I was somewhere else. I was always learning new words, by sounding them out like my teachers had showed me to do. Three

teachers in first grade was more than most kids had. But when I started school in Wisconsin, I had my very first teacher, a religious sister. Then, at St. Rose, I had another sister.

Now, Miss Sare was my teacher. She was as nice as the sisters were and a good teacher. I loved reading. And, someday, maybe I would write a book that someone would enjoy reading. But, for now, I would enjoy this book, and my time alone without anyone bothering me. I loved Sundays, and, I loved my family. But, I loved it more when I could spend time by myself doing what I wanted to do.

Sacramento's own Mighty Kong Muffins are now available at Compton's Market in McKinley Park!

**Get yours today!**  
4065 McKinley Blvd.

**Community Worship**  
**Faith United Methodist Church**  
3600 J Street • 452-7637 • www.faithumcsacramento.org  
Bible Study: Sunday at 9:15am, Tuesday at 10:00am • Sunday Worship: 11:00am  
(Communion on 1st & 3rd Sunday) • Fijian Language Worship: Sunday 1:00pm  
Call (916) 429-9901 to advertise your church services in this paper!

**We Care Every Day In Every Way.**

Errands • Shopping • Light Housekeeping • Meal Preparation  
Friendly Companionship • Flexible Hourly Care  
Respite Care for Families • Live-in Care

916.971.9333  
www.VisitingAngels.com/Sacramento  
America's Choice in Homecare.  
**VisitingAngels**  
LIVING ASSISTANCE SERVICES  
Each Visiting Angels agency is independently owned and operated. Lic# 34470003

**FUNERAL DIRECTORY**  
Call Melissa at (916) 429-9901  
www.valcomnews.com

**GEORGE L. KLUMPP**  
Chapel of Flowers FD360  
2691 Riverside Blvd  
Sacramento, CA 95818  
(916) 443-7917  
KlumppsFuneralHome.com  
A fully accommodating, caring facility, assisting families in their time of grief since 1921. Please contact Funeral Directors: Buffie M. Lynch or Michael J. Ford.

**Harry A. Nauman & Son**  
Dignity 4041 Freeport Blvd  
Sacramento, CA 95822  
FD366 (916) 452-6157  
Serving Sacramento Families since 1903.  
Pre-arrangement packages available.

**LIND BROTHERS** FD 1141  
A Family Owned Funeral Home & Crematory  
Celebrating 50 Years in the Community  
916.482.8080

**East Lawn**  
Memorial Parks, Mortuaries & Crematory  
(916) 732-2000  
EastLawn.com  
4 Sacramento locations serving families since 1904

# Senior Services & Connections

Call Melissa (916) 429-9901

YOUR AD SHOULD BE HERE!  
**Call Melissa today!**  
Your services are needed.  
Your ad should be here.  
Ad design is free.  
Call 429-9901

DOCUMENT PREP SERVICES  
**LIVING TRUST/LIVING WILL**  
Legal Document Prep Services:  
• Trust • Will  
• Powers of Attorney  
• Residential Deed  
Couples \$550 Singles \$495  
Lynda K. Knight (916) 214-1215  
1337 Howe Ave., Ste. 103  
Sacto 95825

LEGAL SERVICES  
**WILLS AND TRUSTS**  
Services Experience  
• Wills and Trusts Medi-Cal - 9 Years •  
• Special Needs Trusts Francisc Tax Board - 11 Years •  
• Trust Administration Private Practice - 16 Years •  
Free In-Home Consultation  
Tim Tyler, Ph.D., Attorney at Law 916-452-0624

SPECIAL ALZHEIMER'S LIVING  
**REVERE COURT**  
MEMORY CARE Lic. #347001338342  
Day Club, Respite,  
Residential, Support Groups  
& Educational Classes  
casey.s@chancellorhealthcare.com  
www.reverecourt.com  
(916) 392-3510  
7707 Rush River Dr. Sacto, CA 95831

**CASH** for your Vinyl LP's  
45's, CD's, Cassettes  
& Reel to Reel Tapes

**Medium Rare**  
RECORDS & COLLECTIBLES

CALL MARTY TODAY!  
(916) 442-5344  
(916) 505-5191  
TOP PRICES PAID!  
1104 R Street #140 Sacramento, CA 95811 www.dlgmusic.com

# Arts & Activities

PRESENT FOR ONE ADULT ADMISSION \$1-OFF  
NOT VALID WITH ANY OTHER OFFER

NINETEENTH ANNUAL  
**SACRAMENTO ARTS FESTIVAL**

IN PERSON—225 OF AMERICA'S BEST  
CONTEMPORARY CRAFTSPEOPLE & FINE ARTISTS



SHOP FOR YOURSELF, YOUR HOME & FOR  
ONE-OF-A-KIND CHRISTMAS GIFTS

Continuous Live Jazz & Blues Entertainment!  
Plentiful Food & Drink! Wonderful Fun!

**NOVEMBER 4, 5, 6**  
SACRAMENTO CONVENTION CENTER

Entrance at 14th & J Streets  
Friday & Saturday 10AM - 6PM, Sunday 10AM - 5PM  
Tickets at the Door: \$8 Adults, \$7 Seniors, Kids Under 12 Free  
[www.sacartsfest.com](http://www.sacartsfest.com)

**SACRAMENTO WOMEN'S CHORUS**  
**FALL CABARET CONCERT**

*Rockin' the Boat*  
A Fun-Filled Musical Excursion!

**Saturday, November 12, 2016**  
7 p.m., doors open at 6:00 p.m.

The Center at Twenty-Three Hundred  
2300 Sierra Blvd. Sacramento, 95825

General Admission \$25  
Purchase online at: [www.sacramentowomenschorus.com](http://www.sacramentowomenschorus.com)



**Melissa Andrews** Acrylic Portraits  
starting at \$195.00 for an 8x10"  
[www.MelissaAndrews.com](http://www.MelissaAndrews.com)  
(916) 447-4441

**HARVEST FESTIVAL**  
Original Art & Craft Show

Three days of Shopping, Entertainment & Prizes!

**Nov. 18-20**  
**Sacramento Cal Expo Pavilion**  
1600 Exposition Blvd.  
Fri. & Sat. 10am-6pm; Sun. 10am-5pm

**Holiday** shopping at its best with 24,000 gifts of American handmade arts & crafts. You're sure to find something for everyone while enjoying all-day entertainment, a kidzone and more.

**Save \$2** by donating a non-perishable, unexpired food item to Elk Grove Food Bank Services.

[www.harvestfestival.com](http://www.harvestfestival.com) • 925-392-7300



**HARVEST FESTIVAL** ORIGINAL ART & CRAFT SHOW **SAVE \$2**  
with this coupon on one adult, senior, or military admission  
Cannot be combined with other offers.

**FALL IN LOVE WITH A GOOD BOOK**  
and help provide care for homeless animals

**SACRAMENTO SPCA FALL BOOK SALE**

**GENTLY USED BOOKS IN OVER 40 CATEGORIES**  
**November 10 - 13**  
Thursday - Saturday from 10am - 6pm  
Sunday from 11am - 5pm

**LOCATION**  
3430 El Camino Ave.  
Sacramento, CA 95821  
(formerly Anna's Linens)  
Southwest corner of Watt & El Camino

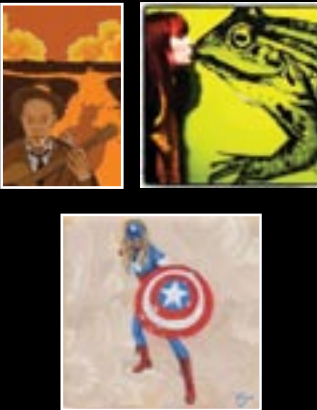
REDUCE. REUSE. RECYCLE.  
Go Green and bring your own bags.

**SACRAMENTO SPCA**  
For more information, please call (916) 504-2842.  
Proceeds to benefit the Sacramento SPCA animals.

**Fe Gallery** Fables, Fairy Tales, Folktales, Legends, & Myths

Mini Reception  
Oct. 12th - 6pm-9pm

Featuring over 50 original works from local & national artists.



Metal Demonstration by Stephen Lyman & friends  
Show runs through December 1, 2016  
1100 85th St. • (916) 456-4455  
[www.FeGallery.com](http://www.FeGallery.com)

**GUNTHER'S ICE CREAM**

DAIRY MADE ICE CREAM

Flavor of the Month

**NOVEMBER**  
Rum Rasin

We Make Our Own Ice Cream  
Open Daily: 10am

**A Sacramento Tradition since 1940**  
2801 Franklin Blvd. (Corner of Franklin & 3rd Ave.)  
457-6646 • [www.gunthersicecream.com](http://www.gunthersicecream.com)

**SACRAMENTO CENTER FOR THE TEXTILE ARTS**  
Presents the 2016

**ART TO WEAR & MORE SHOW AND SALE**

Fashion show starts at 10am both days  
November 12 & 13, 2016  
11am - 4pm  
Shepard Garden and Art Center  
3330 McKinley Boulevard  
Sacramento, CA 95819



**EAST LAWN PRESENTS**  
**A FREE Three-Part Lecture Series**

**I Survived. Now What?**

Presented by:  
**Dr. Jerry L. Cook, PhD**  
Professor of Family Studies  
at California State University, Sacramento

First Lecture: Thursday September 15, 2016 at 6:30 p.m.  
"How Different Forms of Loss Affect Us"

Second Lecture: Thursday October 13, 2016 at 6:30 p.m.  
"Coping with the Loss of Someone Close"

Third Lecture: Thursday November 12, 2016 at 6:30 p.m.  
"Moving Forward After a Significant Loss"

Although we often see our losses as holding us back from enjoying life, they can be molded into the very thing we need to help us live life more fully.

Dr. Jerry L. Cook will present this compelling three-part lecture series suited for people of all ages. Dr. Cook has authored several books, including "I Survived. Now What?" and "Grow Your Marriage By Leaps & Boundaries". He currently teaches Family Stress and Coping as well as Issues in Parenting in the Family and Consumer Sciences Department at CSUS.

Refreshments Will Be Served

**EAST LAWN MEMORIAL PARK**  
4300 Folsom Blvd.  
Sacramento, CA 95819

For more information, Call 916.732.2000 or Email [LisaW@eastlawn.com](mailto:LisaW@eastlawn.com)  
[www.EastLawn.com](http://www.EastLawn.com)

**River City Quilters' Guild**  
**QUILT SHOW**  
November 18-20, 2016

Friday & Saturday 10am-5pm  
Sunday 10am-4pm

Admission \$7 per day  
Ages 12 years and under free if accompanied by an adult

Hundreds of Beautiful Quilts, Wearable Art, Country Store with Handmade Gifts, Demos, Vendors, Prizes & More  
Featured Artist: *Connie Horne*



Scottish Rite Masonic Center, 6151 H Street, Sacramento • [www.rivercityquilters.org](http://www.rivercityquilters.org)

**"A captivating blend of cultural museum, art gallery, and old-world marketplace. There's nothing like it!"**

**FINE SILKS & TRIBAL ART**

All Items Personally Selected from Independent Traditional Artists in Hilltribe Laos & Vietnam

- Exquisite Handwoven Silk Scarves & Shawls
- Traditional Hemp & Cotton Textiles
- Jewelry, Basketry, Tools & Ritual Art
- Learn About SE Asian Arts & Cultures

Our 3rd Annual Sacramento Show!  
**Nov. 18, 19, 20 Only!**  
Fri and Sat: 10-5 Sun: 11-4  
Shepard Garden and Art Center  
3330 McKinley Blvd. (McKinley Park)  
Free Admission.

Over 2000 sq. ft.

**ABOVE THE FRAY: TRADITIONAL HILLTRIBE ART**  
[www.hilltribeart.com](http://www.hilltribeart.com) - a family business supporting traditional artists & cultures



**CROCKER art museum**

Shop unique gifts made by over 100 local artists this holiday season!

**2016 Crocker Holiday Artisan Market**  
November 25-27

Friday 12 pm - 6 pm  
Saturday 10 am - 5 pm  
Sunday 10 am - 4 pm

Scottish Rite Center  
6151 H Street Sacramento

CreativeArtsLeague.com  
[www.facebook.com/crockerholidayartisanmarket](http://www.facebook.com/crockerholidayartisanmarket)

Jewelry, gourmet food items, fiber arts, metal, wood, glass, ceramics, paintings, cards, ornaments, and photos with Victorian Santa!

Crocker Members \$4  
Seniors (over 65) & Students \$5  
Adults \$6  
Children Free

Bring this ad for \$1 off admission price

# AROUND THE HOOD

by Corky Oakes



Celebrate the close of the never-ending election cycle.....

**Barks For Art...** Tim Collum Gallery on Nov. 8 at 11 a.m. The exhibit benefits the Chester Foundation, an organization that provides emergency medical care for "disadvantaged animal companions." The gallery is located at 915 20th St., Sacramento, 95811.

**DADAs Art Gallery and Boutique** is bustling! Two exhibits will be held on Saturday, November 12th at 3 p.m. Central Valley/Foothills Artists Showcase and "Life Series" - Paintings by Alejandro Naranjo. It is also hosting a **Micro Collage Sessions Workshop**, Nov. 13, 1-4 p.m.

Singer-songwriter **Bob Cheevers** returns! Cheevers will hold a gig at 8 p.m. on November 11th at Luna's. Tickets sold at the door for \$15. This is a small venue so arrive a bit early for a seat. Luna's is located at 1414 16th St., Sacramento, CA 95814.

Sacramento Turn Verein..... **Harmonie Concert, Dinner and Dance**, November 12, 2016 from 2 to 11 p.m. This German music concert is free. The dinner and dance ticket is \$35. Reservations (for dinner and dance) need to be made by November 7th. For more information contact Barbara Ellis, 916-799-9557 (bdbellis@comcast.net) or visit website

http://sacramentoturnverein.com/event/harmonie-concert. The Turn Verein is located at 3349 J St. Check out the December event too!!!!

A votre sante! Sample Beaujolais Nouveau and support the Alliance Française by attending **La Fête du Beaujolais Nouveau**, November 19, 6:00 PM - 9:00 PM, Silverado Design Center, 5250 S. Watt Ave, Sacra-

mento, CA 95826. **La Fête** will provide Beaujolais, hors d'oeuvres, live music, a silent auction and a raffle. Wine from the Beaujolais region of France will be available for purchase. The Alliance Française is a non-profit organization promoting "French culture and the language itself." For more information call (916)453-1723. Tickets are available at <https://www.eventbrite.com/e/2016-fete-du-beaujolais-nouveau-tickets-28301108377>.

Work off your Thanksgiving gluttony in advance! Join thousands for the **2016 RUN TO FEED THE HUNGRY**. The run will be held regardless of rain, snow or sleet....Thanksgiving morning, Nov.24. Time: 10K - 8:15 a.m. • 5K - 9 a.m. Starting line is on J Street west of the entrance to CSUS. For more information visit: <http://www.runtofeedthehungry.com/eventinfo/#eventinfo1>. The run benefits the Sacramento Food Bank and Family Services. Costumes are encouraged...especially hats!

### Transitions...

The Birkenstock Store has moved from 25th and K to 2612 J Street, formerly the site of a gluten-free market. Sutter Memorial Hospital's "towers" are down. This represents the final remnants of the hospital. Sad for many of us mothers who had our children there.

Rust Florist, serving East Sacramento for 46 years, closed its doors a few months back...I just didn't know it. Family owned, the word is that the brothers simply wished to retire. Good for them but a big loss for the rest of us. Their arrangements and customer service were fabulous. The site at 5215 Folsom Blvd. is up for sale. Memories may be shared in a guest book at <http://rustflorist.com>.

### Fray:

Continued from page 6

the region is modernizing quickly, there are still traditional shaman healers in this region who practice the art. The regional weaving artists have likewise organized themselves to continue the tradition and find new markets for their arts (such as Sacramento!).

Anyway, Maren and Josh love to explain the art processes, however, and have a model loom, video of weavers, and many of Above the Fray's photos, as well as several books discuss the people and their art to help audiences understand the complex process of making each type of textile. So be sure to catch them when they stop by the Shepard Art Garden Nov. 18-20.

They anticipate a book about their adventures to be released next August by Thrums Publication.

**On the web:** Dozens of stories about the people they've met on their travels accompanied with photos can be found on their blog at: <http://hilltribeart.com/wordpress/>.

### If you go:

**What:** Above the Fray: Traditional Hilltribe Art presents "Fine Silks and Tribal Art"

**When:** Friday, Saturday and Sunday, Nov. 18, 19 and 20 from 10 am -5 pm Friday and Saturday, and 11 am - 4 pm on Sunday

**Where:** The Shepard Garden and Art Center in McKinley Park, (3300 McKinley Blvd).

# Bob "The Godfather" Galli talks about his KZAP days, more

By LANCE ARMSTRONG  
Lance@valcomnews.com

For many former listeners of radio station KZAP 98.5, Bob Galli was one of their all-time favorite DJs.

Known by the nickname, "The Godfather," Galli was one of the station's notable DJs of the 1980s.

Born in Washington, D.C. and growing up in a family of seven with a father who was in the Air Force, Galli often changed home addresses, with his most distant homes being located in Japan, Germany and Turkey.

Having no knowledge that he would one day build a career working in radio, Galli would spend time during his childhood pretending to be a radio DJ. Galli's first job was working in the snack bar of a teen club on an Air Force base in Germany for 35 cents an hour during the early 1960s.

In 1968, Galli graduated from high school in Japan. And coincidentally, that was the same year that KZAP debuted in Sacramento.

Galli said that as opposed to American high school students of that era, he was not familiar with the hippie movement at that time. "I remember The Beatles and all those (bands)," he said. "We played all the songs and all that. There was no hippie movement over there. And I wasn't hip to it, because I wasn't in America. It was different, you know."

After high school, Galli departed from his family and came to America. And in 1969, he began attending the Columbia School of Broadcasting in Rhode Island. Although he did not graduate from the school, Galli said that he gained a lot of radio knowledge and experience, as well as confidence that he could work in radio. "There were a lot of scripts," he said. "I practiced reading and reading of this commercial, that commercial, read the news. You did everything. And (he was told), 'Here's this tape recorder and go home and read into the mic and play it back, and

we want to hear what you sound like.'

"It was always, 'Oh, hey, he sounds good. He can read, he knows how to speak well.' I said, 'All right, cool.' So, I applied for a job (at WADK in Newport, R.I. in early 1970) and I got it."

Galli recalled working in the newsroom as an on-air reporter for that station.

"You did everything," he said. "You would come out of council meetings, accidents, the emergency room. You know, the local yokel stuff, like 'Mrs. Jones from XXXX Street was taken to the emergency room last night by the meat wagon.'"

Galli added that he also gained experience playing music at WADK.

"Eventually, I got to be the disc jockey at the top of the hour," he said. "I'd be the news man and then after the newscast, back to the disc jockey."

In about 1977, Galli acquired his second radio job as a DJ and morning news reporter at WSAR 1480 AM in Fall River, Mass. Galli said that, in 1980, he made the decision to come to California with his now-late youngest brother, Michael, who had just graduated from high school.

Their brother, Richard, had been living in Sacramento since about 1971 when their father began working at McClellan Air Force Base. Galli said that upon his arrival in Sacramento, Richard told him he should apply to work as a DJ at KZAP. "My brother tells me, 'Man, you've got to get on KZAP. That's the station, man. That's the station,'" he said. "So, I went down with a tape, left it."

At that time, KZAP was without a program director, so Galli spent time working at a couple of mobile home parks in Woodland for about a month. In August 1980, Galli was hired to work at KZAP as a DJ by the station's then-new program director, Les Tracy.

Galli said that one of his earliest KZAP memories was riding in the 9th and J streets building's elevator.

"The homeless (from the city plaza - now Cesar Chavez Plaza) used to think (the elevator) was a bathroom," he said. "We used to call it the smellavator. The homeless, they lived across the street at Gallo Park. That's what we called it, because all the winos lived over there. We (would announce), 'We're right across the street from Gallo Park, and everyone knew where we were.'"

Galli also recalled keeping the studio windows open on Saturday nights and inviting people who cruised in cars along J Street to honk when they drove by the station.

It was also at KZAP where Galli became known as The Godfather.

Galli explained that he had two on-air handles at that station at separate times.

"First when I started at KZAP, I was the Midnight Rambler, because I used to work from midnight to 6 (a.m.)," he said. "That was the first position I had at KZAP in August of 1980, downtown at 9th and J (streets)."

"As we progressed through the hours and got into the daytime, then I was The Godfather. It's just a name I grabbed from the movie (by the same name). It doesn't mean anything, but The Godfather. That's all it is. It's powerful when you hear that (name). But it's just a name and I took it and used it, (and) it worked well."

On Dec. 31, 1988, Galli's contract at KZAP expired and was not renewed.

Galli, who said that he had a "nice, long run" and a "great time" at KZAP, would continue his career in radio about four months later at KRXX 93.7 FM, 93 Rock.

Prior to his first day on the air at 93 Rock - the predecessor to today's 98 Rock at 98.5 FM - the station advertised that "The Godfather is coming to 93 Rock."

Galli said that his time at 93 Rock lasted only a few months.

"They let me go," he said. "(The program director) told me that the staff considered me a threat. They were afraid that I was going to get one of their jobs."

After only a brief time of unemployment, Galli spent a short time playing jazz as a DJ for KQPT 100.5 FM, The Point.

He left that job in November 1989 and was soon afterward working the afternoon drive program at The Eagle 96.9 FM.

Galli expressed his frustration about being replaced at the station by Tom Nakashima.

"It really blew me away (losing his job at The Eagle)," he said. "It took the wind out of my sails. And Tom Nakashima is still there, and I know I'd still be there, too."

His next radio job in Sacramento was at the oldies station, KYHL 101.1 FM, COOL 101.

Galli said that he was initially a weekender and later acquired the 6 to 10 p.m. shift.

In late 1994, Galli replaced Ric Santos on the 1 to 4 p.m. weekday shift.

After several years of playing 1950s and 1960s hits at COOL 101, Galli moved to Buffalo, New York, where he began working for WBUF 92.9 FM in September 1999.

And he eventually worked for WBUF's sister station, WJYE 96.1 FM, from about 2004 to 2008.

A year ago, Galli returned to radio by accepting an invitation to work as a DJ for the new, low-powered frequency station, K-ZAP 93.3 FM, which can also be accessed through the website [kzap.org](http://kzap.org). He can be heard Monday through Friday from 6 to 9 p.m. in what he calls "three hours of flashback."



KZAP DJ Bob "The Godfather" Galli is shown behind a turntable in this 1980s photograph.

Galli recalled receiving his invitation to join the new K-ZAP via email from former KZAP DJ Dennis Newhall. "I got an email (message from Newhall that read), 'Hey, you want to be on KZAP again?' It was that simple. And I said, 'Hell, yeah, sure, positively.' It didn't take long (to be on the air). That was late April, early May (2015)."

The new K-ZAP went on the air on July 4, 2015.

# REVERE COURT

MEMORY CARE

ARE YOU CARING FOR A LOVED ONE AT HOME?

IF SOMEONE YOU LOVE HAS MEMORY LOSS, WE CAN HELP!

WE PROVIDE...

- Free Support Groups and Education
- Day Club — Fun and Friends
- Respite — Giving Family Caregivers Much Needed Breaks
- Specialized Residential Care
- Warm feeling of home
- Caring, loving staff
- Delicious homemade meals
- Special programs



QUALITY THEY DESERVE... AND THE HELP YOU NEED.

2 DAYS FREE at Revere Court Day Club!

Come experience the benefits of our Specialized Adult Day Club for your loved ones who live with Alzheimer's and related forms of dementias.

Socialization Beats Loneliness!

All paperwork and assessment fee must be completed prior to beginning our Day Program.



7707 Rush River Drive, Sacramento, CA 95831

(916) 392-3510

www.reverecourt.com

LIC 347001338; 347001342

# Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

**ADDITION SPECIALIST**

**LYTLE CONSTRUCTION INC.**  
Remodeling and Design  
LIC# 480492  
Certified Kitchen & Bath Remodeler

Award-Winning Design/Build Firm  
Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

**FREE Consultation**  
**916-422-6639**

www.lytleconstruction.com

**CABINET REFINISHING**

**Cabinet Refinish  
New Lacquer Doors**

AmentaPainting.com  
**(916) 862-5894**

References available #999016

**4 papers,  
1 low price!**

Advertise your service  
in this section, today!

Call 429-9901

# Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

**PAINTING**

**GARY'S PAINTING**

Warranty  
Senior Discounts  
Professional & Reliable  
Interior & Exterior Painting  
Using only Kelly-Moore Paint!

**FREE Estimates!**

**(916) 725-8781**

**PLUMBING**

**ROONEY'S PLUMBING**  
FULL SERVICE PLUMBING

**456-7777**

rooneysplumbing.com  
License #683668

**ROOF/GUTTER CLEANING**

**STAN THE MAN**

GUTTER CLEANING  
ROOF CLEANING  
PRESSURE WASHING  
WINDOW WASHING  
SENIOR DISCOUNTS AVAILABLE

**916-601-1030**

**CLEANING**

**Prime Quality Maintenance**

- Rain Gutter Cleaning
- Window Cleaning (inside/out/screens washed)
- Pressure Washing (all surface areas)
- Hard Water Stain Removal
- Landscape Maintenance

Free Estimates  
Licensed & Insured

Call Jesse: 916-428-2940

**CONSTRUCTION/HAULING**

**DB Haul-away**  
Commercial & Residential Hauling  
Reliable - Dependable - Insured

Residential/Construction waste removal  
Foreclosure services • Yard clean ups  
Handyman services • Demo • Drop bin services

**Bobby Timms • 916-402-7546 • dbhaulaway@gmail.com**

**ELECTRICAL CONTRACTOR**

**CAPITOL ELECTRIC**  
Reasonable Residential & Commercial Work since 1960

Repairs, Trouble Shooting  
Custom Lighting/FREE Est.  
Excellent ref from Angie's List

**(916) 451-2300**  
**Cell: 213-3740**

Neil McIntire — C.S.L.# 394307

**ROOFING/SIDING**

**ZIMMERMAN REROOFING**

3675 R Street  
Sacramento, California 95816  
East Sac Specialists  
454-3667  
zimmer.com

License #763169 Dave Zimmerman

**ROOFING**

**KELLY ROOFING**  
We've got you covered

**Herb Kelly**  
**916.591.9189**  
25 years quality service

Lic#692638

**TILE WORK**

**BAXTER TILE**  
EXPERT INSTALLATION  
REMODELING & REPAIR

Ceramic • Marble • Granite  
Floors • Counters • Walls

33 Years Experience • FREE Estimates  
**916-213-4669**

License #668100

**TILE WORK**

**NIETO'S**  
TILE & LANDSCAPING  
RESIDENTIAL & COMMERCIAL

Sprinkler Systems (Install & Repair)  
Fencing • Plumbing  
Electrical • Painting

Concrete • Tile Installation  
Granite Fabrication  
Laminate/Wood Floors

Frank Nieto (916) 480-9512  
NietosTile@sbcglobal.net www.nietostile.com Lic. #917883

**CREATURE CATCHERS/REMOVAL**

**CREATURE CATCHERS**  
WILDLIFE MANAGEMENT

**Creature Catchers Wildlife Management**  
"If it walks or flies, we'll remove it!"

Humane and non-toxic solutions for both animals & man

Dead Animal Location/Removal • Exclusion Work  
Live Trapping • Humane Removal • Repair  
Skunks • Fox • Raccoon • Opossum • Squirrels  
Mice/Rats • Birds/Bats (bat elimination)

**CreatureCatchers.org 530 885-PEST(7378)**  
California State Trapping License #7781 - Insured by Lloyds of London

**HANDYMAN**

**FREEDOM HANDYMAN SERVICE**  
I specialize in all areas of home improvement!  
Quality work the first time, guaranteed!

Carpentry - Electrical - Plumbing - Demolition  
Sprinklers • Sheetrock  
**Fix leaks of all types**

Accepts All Major Credit Cards "Senior Discount"  
NO JOB TOO SMALL!  
Licensed and Insured #152902

**Call Eric (916) 470-3488**

**TREE & GARDENING SERVICE**

**Terra Bella Tree & Gardening Service**  
"Not your typical mow, blow & go company!"

- One Time Clean-Ups
- Tree, Bush & Hedge Removal
- Full Yard Maintenance

Family Owned • 25 years experience!  
**Call Randy (916) 454-3430 or 802-9897**  
www.terrabellagarden.com • Lic# 152584

**Our Readers Need Your Service!  
It Pays to Advertise!**

**Contact Melissa at 916-429-9901**

**HANDYMAN**

**D & H Service**

Office: 916-428-5907  
Cell: 916-206-8909

Interior and exterior painting  
Fence Installation  
Tile Installation  
Dry Rot Repair

25 years of experience

**HANDYMAN**

**Fall Yard Clean-up Specials!**

- HAULING & YARD CLEAN-UP
- RAIN GUTTER CLEANING
- CONCRETE REMOVAL
- HEDGE TRIMMING / SHRUB REMOVAL
- PRESSURE WASHING

Pressure wash your driveways clean! your decks, too!  
Clean out your garage! Replace that old lawn!  
Hard work—not a problem!

**SPECIALS FOR SENIORS\*\*SERVING THE AREA FOR OVER 19 YRS\***

Call LESTER  
(916) 838-1247  
Lic#128758/Ref

**HAULING**

**C & C  
REMOVAL SERVICE**

"Make one call, we haul it all!"

- Hauling
- Home improvements
- Handyman services

SPB 12015-00457  
**Cory King • (916) 531-1165**

**LANDSCAPING**

**Living Elements Landscape**  
Convenient and Reliable

- Drought tolerant concepts
- Care-free designs
- Add instant curb appeal and value
- Quality materials and service
- Warranty on all work
- Rebate programs available

Landscape design and installation

**916-430-3777** Lic# 1013372  
20+ years experience  
www.livingelements916.com - bilalb@livingelementssac.com

**HARDWOOD FLOORING**

**Hardwood Flooring**  
Specializing in installing, sanding  
and finishing hardwood flooring  
or repair and refurbish your current floors.

**Call Michael - (916) 383-8742**  
Lic# 544159/References Available

**PAINTING**

**SOVEREIGN PAINTING**

Quality craftsmanship 3rd Generation Painter  
with over 30-years experience

**(916) 422-4416**  
sovereignpaintingco.com  
sovereignpaint@yahoo.com

**Dan Sovereign**, Interior & Exterior Painting  
Lic# 484215  
Better Business Bureau Member

**PAINTING**

**COOK PAINTING**

Freshen Up Your Home  
VCN Special

Full Service Company - Start to Finish

- Custom Painting
- Super clean, neat & fast
- Interior/Exterior
- Cabinets

Specializing in custom trim & moulding!  
Color Consultants  
FREE ESTIMATES

In business since 1982  
As seen on yelp

**(916) 591-5056**

**YOUR AD SHOULD BE HERE!**

**Call today!**  
Your services are needed.  
Your ad should be here.  
Ad design is free.

**Call 429-9901**

# CLASSIFIED ADS

Call a sales representative today for great advertising rates: 429-9901

**TAX PREPARER**

**#1 CONCIERGE TAX PREPARER**  
33 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. FREE Pick-up & Delivery to those who qualify. We prepare expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for your appt. today. Irene Sens (916) 640-3820 CA, (775) 410-3422 NV. Same low 1990 rates. www.taxirene.info • taxireneinfo@gmail.com

**AUTOMOTIVE**

**RESTORE YOUR HEADLIGHTS!**  
ARE YOUR HEADLIGHTS YELLOW AND HAZY? CAN'T SEE AT NIGHT? I CAN RESTORE YOUR HEADLIGHTS FOR ONE LOW PRICE. TEXT ME FOR YOUR APPOINTMENT NOW! 916-601 7369



**Sell your car in the classifieds!**

**WANTED:**

**Antique guns/old guns. Cash paid.**  
Call (916) 531-5972

**BOOKKEEPING**

**#1 CONCIERGE BOOKKEEPER**  
33 years exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profits, Retail, Marshal Arts, Barber, Construction, Wholesale, Investment Clubs, Corp. Partnerships, Small Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for your concierge appt. Same low 1990 rates. Ask for Irene Sens (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info • taxireneinfo@gmail.com

**BUSINESS SERVICES**

**#1 CONCIERGE BUSINESS SERVICES**  
Put our 33 years in Concierge Business Support Service to work for your business. We provide support in: Licensing, Business & Corp Start-ups or Closures, Basic web design, Set-up social media, Business Concierge Shopping, Marketing and much more. Please contact Irene Sens (916) 640-3820 CA, (775) 410-3422 NV. www.taxirene.info • taxireneinfo@gmail.com

**CASH PAID FOR DIABETIC TEST STRIPS**

**We pay up to \$30 per box cash on the spot**  
(prices vary depending on brand, quantity and expiration date)

We offer FAST PICKUP at a location that is conveniently located near you.

**Boxes must be unopened and unexpired**

For Prompt Attention Please Call Rachel at:  
**(916) 505-4673**

**HANDYMAN**

**HANDYMAN SERVICES**  
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

**HANDYMAN**

**CLEAN-UP SPECIALS!**  
Rain Gutter cleaning - Yard clean-up. Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. 18 yrs. exp. Specials for seniors. Licensed

**Looking to get rid of old furniture?**  
Call (916) 429-9901 for ad rates.  
Reserve your space in the Classifieds!





In-Stock  
**Dining Sale!**



**sale \$199** reg \$239

342925

42"x26" Leg Table w/2-8" drop leaves  
Side Chair \$79

Guests are on their way!  
Is your dining room ready?

We have over  
**70**

Dining Sets IN-Stock  
& ready to go for your  
holiday entertaining!



**sale \$169** reg \$199

053595

42" Round Counter Height Table  
Barstool \$99



**sale \$399** reg \$459

103770

42" Round Pedestal Table w/1-15" butterfly leaf  
Side Chair \$89



**sale \$429** reg \$479

487667

42" Square Pedestal Table w/1-15" leaf  
Side Chair \$89



**sale \$529** reg \$589

619133

36"x60" Counter Table w/1-18" leaf  
Barstool \$109 Bench \$149



**sale \$599** reg \$659

472424

42" Square Pedestal Table  
Side Chair \$119

**All**  
dining room  
furniture is on  
**Sale!\***  
1 Week Only!



**sale \$1229** reg \$1369

599824

42"x76" Trestle Table w/2-15" leaves  
Side Chair \$189 Arm Chair \$219



**sale \$1399** reg \$1549

754915

42"x60" Trestle Table w/2-18" leaves  
Side Chair \$299 Sideboard \$1379



12125 Folsom Blvd.  
Rancho Cordova  
916-351-0227

Mon - Fri 10am - 8pm  
Sat 10am - 6pm  
Sun 11am - 6pm

www.naturwood.com

\*Sale applies to all indicated items except all "Clearance" and "Special Buys". Sale price not available in conjunction with any other offer or discount. Sale Ends 11/09/16