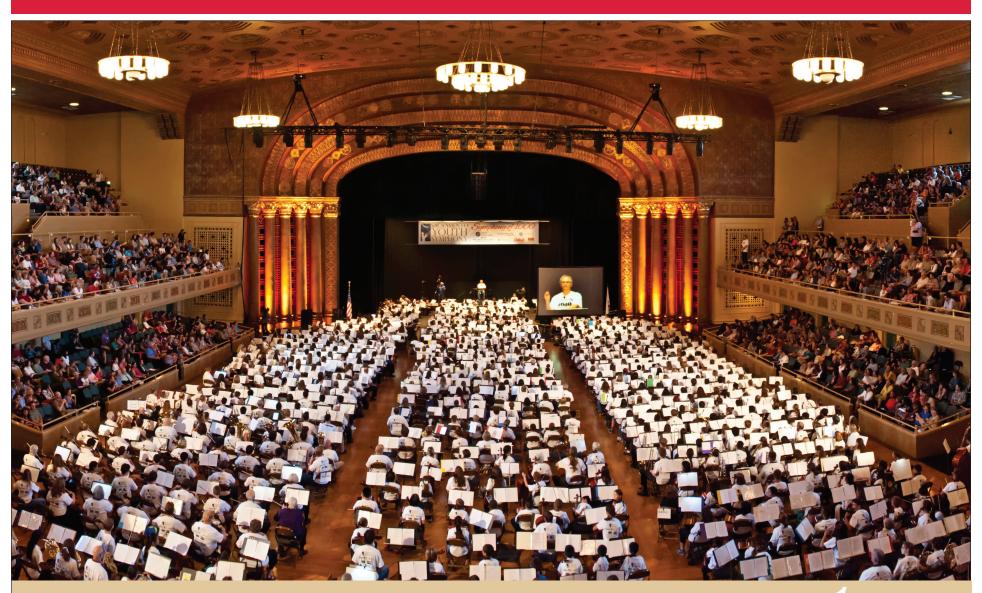
# EAST SACRAMENTO NEWS



The Symphony of 2000 seeks musicians for Sunday's performance

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LGBT hate group targets First Christian Church, other local churches guard themselves

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Welcome To River Park

Alan aand Helen Post Park dedicated at McKinley Village

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# LGBT hate group targets First Christian Church, other local churches guard themselves

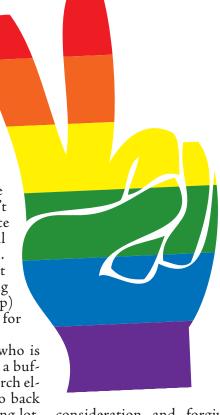
By MONICA STARK editor@valcomnews.com

After a hate group picketed First Christian Church in East Sacramento on Sunday, Oct. 23, Rev. Ted Firch reached out to other LGBT-welcoming churches in town, including Parkside Community Church in South Land Park, warning them they could be the next target. Using hostile, provocative, homophobic rhetoric much in the style of Westboro Baptist Church, the hate group carried signs stating "God hates fags", "You're going to hell" and yelled at the church people, attempting confrontation. Meanwhile, another member of the group reportedly stood at a distance recording the situation, which church people fear could possibly be used against them later.

When she got the call from Firch, Parkside Pastor Elizabeth Griswold relayed her sympathy and gratitude for the heads-up. Then, she began to wonder

how to guard her church from a potential hate group picket. In the process of appointing and asking for volunteers from her congregation to be peacemakers, she's looking for those who have been trained in nonviolence those who won't respond to the hate group, but who will stand their ground. "You don't want to get somebody else yelling back. (The hate group) they're looking for confrontation."

Firch said his wife who is also ordained acted as a buffer with one of the church elders and she would go back and forth in the parking lot, monitoring the situation. At the end of the service, Firch suggested the church members go out a different door than what they usually use. "I said they're probably still going to be there and be sure to treat them with kindness,



consideration and forgiveness. And our people let out a cheer and said 'alright."

Firch said when asked where they came from, they refused to say. "They were for awhile on the church

See Hate group, page 3

# LETTER TO THE EDITOR

# **Elmhurst Neighborhood Association** president steps down after Trump's victory

Editor's Note: The following was sent to the Elmhurst Neighborhood Association and colleagues:

Please accept this as my formal resignation as Elmhurst Neighborhood Association President. With the election of Donald Trump as president, I will need to focus almost all of my energy on one of my other important community building roles—serving as a Legal Observer for the Sacramento Chapter of National Lawyer's Guild. I almost cannot keep up with all the requests the NLG is receiving for legal support.

It has been my absolute pleasure building our outstanding ENA team and strengthening our relationships with our supporters, and I will continue to serve on the Board of Directors. I do not, even for a moment, take having such excellent neighbors and living in such an exquisite place for granted. My life in Elmhurst is really a dream come true. However, at this time, a leadership role beyond serving on the board as a member at large is not an option for me.

In the past few days, I have been very focused on my personal safety, the safety of my family, and the safety of those who are in targeted communities. Challenges requiring my full attention have already presented themselves. This means I have been unable to give my President role the focus

Simply put: We are now in very different times, and there isn't a moment to waste.

I appreciate all the way in which you've supported my work and am thankful for all way I have been able to support yours. It has been time well spent. Moving forward, to reach the ENA Board of Directors regarding neighborhood projects, please email: info@ elmhurstna.com.

Amreet Sandhu, J.D. Elmhurst Neighborhood Association

# Hate group: Continued from page 2

property and this was distressing to our board chair." So the police were notified and upon arrival, Firch said the protesters were asked to step back to alley for the rest of the protest. "There are no suspects and it doesn't matter to me. I did go online and check to see if it was from Westboro Baptist, but they had nothing about that date."

Griswold not only wants to expose their hateful rhetoric for what it is, she says the hate group is targeting churches that are safe places a notion that can be turned on its head. "I have the optimism that the general public would condemn them and act a different way. In my mind these churches might be a safe place people would want to be a part of. There are churches that are standing up for love. We have communities that are diverse by sexual orientation, race, socioeconomic standards and that's what the wider community is about."

Other local churches Firch thought to call included Methodist churches and the three local United Church of Christ churches: Pioneer Congregational United Church of Christ, Sierra-Arden UCC and Parkside Community Church.

There would be a handful of churches that are potentially welcom"There are churches that are standing up for love. We have communities that are diverse by sexual orientation, race, socioeconomic standards and that's what the wider community is about."

-Elizabeth Griswold

ing and also Ted wondered if the hate groups used a website that talks about LGBT-welcoming churches. He wondered if they used that to find places to picket," Griswold said.

As the notion reads on the homepage for Pioneer, "Pioneer Congregational UCC is Open and Affirming, which means that we celebrate the diversity of our world, not discriminating based on gender, ethnicity, orientation, or abilities" and that the church "proclaims the love of Jesus Christ, the compassion that his love serves, and the humanity his love seeks to embrace."

As UCC churches, Griswold explained that to be able to proclaim being "open and affirming," individual church councils had to vote that they are in fact an "open space."

In terms of promoting their "open and affirming" atmosphere, Firch said First Christian Church has information on their website and also on a gay church resource website. And perhaps most importantly, he said,

"We say outright in worship that we welcome all to the Lord's table and all means all and we get pretty specific about who the all includes. There's still a lot of misconception out that almost all churches are along the lines of what you see particularly in the Midwest (some in Sac) that there is judgmental hostile attitude with the interpretation of scripture. A lot of people outside the church are not willing to step inside, but that's just not the case anymore."

The congregation at Parkside has begun a youth-led youth group, for which Griswold intends it to be a welcoming place. "I think more than anything, moving into adolescence, I want them to know that this church is a safe place and they will be loved unconditionally, especially when they ask who they are, what their social orientation is. God is love. Everybody is welcome; we all stand for justice and church can be fun where they can eat tacos, eat pizza watch movies. It's good clean fun and that sounds

wonderful. And this is not top down. This is them telling our minister that this is what they want. There's money from council put behind it."

With Thanksgiving coming up, Griswold said the church will embark on volunteer projects, including working with the South Sacramento Interfaith Partnership Food Closet, taking collections for WEAVE and Loaves and Fishes. Additionally, those interested in other opportunities can join weekly meetings.

Parkside Community Church is located at 5700 South Land Park Drive. For more information, call 421-0492 or email church.parkside@gmail.com. Services are Sundays at 10:30 a.m. and office hours are Tuesdays and Thursdays 12:30 to 5 p.m.; Fridays, 2 to 4 p.m. and Sundays 8 a.m. to 3 p.m.

Sunday Worship at First Christian Church is at 10:30 a.m. and there is childcare available for infants, 2 and 3-year-olds during worship. Sunday School Classes for children 4 years and older following the Children's Moment (last Sunday of the month children stay in worship). Bible study every Wednesday at noon and Morning Prayer and Study Wednesdays are held at 6 a.m. First Christian Church is located at 3901 Folsom Blvd. Office hours are Monday through Friday 9 a.m. to noon. Senior pastor's hours are Monday through Thursday, 8:45 a.m. to 2 p.m.





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# School's Out for the Summer

and Rodney and I could sleep in a little longer than usual because we did not have to get up, grab the bag lunch our mother had prepared for us, and get ready for our walk to school. hoped that I could meet played in their yards.

It was finally summertime some of the kids that lived in the neighborhood during our summer vacation. A few of them had talked about going swimming at a local pool, and others told me about a park that was close by. Most of them just

But, as usual, I could not think about any play time until I had helped my mother get some work done around the house. She had already asked Linda and me to keep an eye on Rita and Wayne while they were in their playpen. Wayne was still in diapers. I would let my mother know when he looked like his diaper needed changing. Rita had just turned two a few months ago and she liked to play with her toys, mostly her doll. Linda would talk to her, and brush her hair, or wipe her face if it got dirty from a

My mother wanted to work on the heavy, flowered drapes she was sewing for the large picture window in the living room. We had never lived in a house with a window that large. You could see everything that was going on outside from our living room. Maybe that is why she wanted to put those curtains up. If we could see all of the activity outside, surely the neighborhood could see what we were doing in our house.

Before I knew it, the sun was going down, dad was home from work and my mother was starting dinner. That meant that I was needed in the kitchen. I had to put the plates, cups, silver ware and paper napkins at everyone's place. We always sat in the same place. It was like a rule or something. I guess my dad knew which kids would behave better if they were not next to, what he referred to as, an "instigator".

I did not know what that word meant until I got a little older. But, it was the perfect word to describe my brothers. They would poke each other with their elbows, kick each other under the table, and pretend they were innocent when dad yelled at them. The girls never acted like that. We were there to eat not to play.

Rodney and Timothy had spent the whole day in the backyard. I don't know what they were doing, but they had stayed there and followed our dad's orders by not going out in the front yard. I was convinced that Rodney was trying very hard to be a good boy so that he would get that red

bicycle he wanted for his 8th birthday in August.

Our dad had been working on the wooden fencing for the yard every chance he could. With all of the work he had done last weekend, the backyard was now almost completely closed off from the neighbors that lived on three sides of us. Dad said he was going to build a sturdy gate in a week or two. That would make our yard private. The latch would be higher than we could reach so we could not leave the yard.

When I thought about it, I realized that both of my parents were working on something that would give our family more privacy. Mom was sewing drapes for the living room, and dad was in the process of putting up a fence and a gate for the same reason. I guess that they wanted their family to feel safe in their new home. That made me feel happy.

Before long, the day had turned into night. İ never did have a chance to play. But, it had been a good day anyway. Our new home was coming together. Both of my parents always worked hard for their family. Summer had just started, and I knew that I would have many opportunities to get to know my neighbors. After all, the Dalske family planned to be living in Colonial Village for a very long time.













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# ACROSS

- 1. Sensitivity
- 5. Greek island 10. Up to the time of
- 15. Composer Ned 16. Edging to street path (Brit.)
- 17. Lose energy 18. Biblical parable 19. Celery (Spanish)
- 20. Arm bones 22. Japanese family
- 23. Customary practice 24. Acceptance 27. Very fast aircraft
- (abbr.) 30. Cool
- 31. Indian state 32. Young boy or girl 35. Astronomy unit

- 37. Confederate soldier 38. Famed German
- Alternate name 40. Used to pave driveways
- 41. Artery 42. Type of powder
- 43. Inquire too closely 44. Northern Ireland
- 45. Connects two points at right angles
- 47. A newt
- 48. Engine additive 49. Wealthy Connecticut
- 52. Not invited or requested 55. Embrace
- 56. Spiritual leader 60. Wild or sweet cherry
- 61. \_\_ Day, actress

- 63. Daughter of Ion 64. Recline
  - 65. Type of acid 66. City in Utah

  - 68 Music term
  - 69. Divulge a secret

- CLUES DOWN 1. Very short skirt worn
- by ballerinas 2. Angle between leaf
- stalk and stem 3. Popular in Nebraska
- 4. Dessert 5. Cognitive retention
- therapy 6. Wandered
- 7. Mistake 8. Adolescent
- 9. Medical term

- 10. Russian tsar's edict 11. Type genus of the
- 12. High school math class 13. Double-reed
- instrument
- 21. Painful places on the
- body 23. Fiddler crabs
- 25. Resinous substance 26. Person of wealth
- (Brit.) 27. Series 28. North American plant
- 29. Warble 32. Pastries
- 33. Group of eight 34. Twyla dancer
- 36. Pouch 37. Singer Charles
- 38. Cattle genus 40. Eye infection

- 41. Where couples go to marry
- 43. Long bench with backs 44. Unrestricted free agent
- 47. Causal agent
- 49. Nincompoop 50. Relating to the aura
- 51. Person of conspicuous wealth
- 52. Type of mottled fruit
- 54. Fertility god 57. Folk singer Ives
- 58. La \_\_\_ Tar Pits,
- Hollywood
- 61. Digital audiotape 62. Drunk

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# Alan and Helen Post Park dedicated at McKinley Village

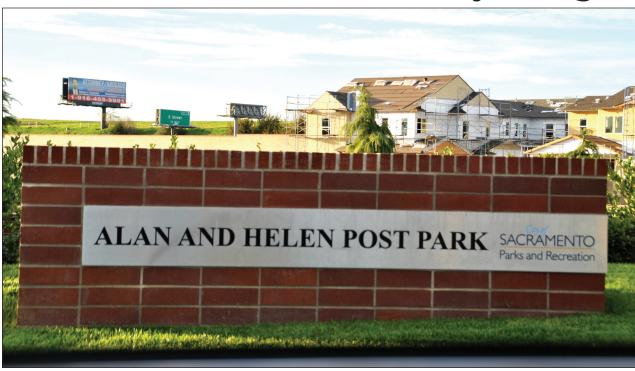
As construction continues at McKinley Village, one can relax in the recently dedicated Alan and Helen Post Park (3525 Reich St.) and enjoy looking at the sculptures Helen made years

The Posts were a remarkable couple who contributed significantly to the Sacramento community in the realms of art and public and community service. Residents of the Sacramento community since 1946, Helen passed away in 2010 and Alan in 2011.

Alan Post is perhaps best known for his exemplary public service as California's Legislative Analyst for nearly three decades, a period during which California's government, and particularly the Legislative Analyst' office, was seen a model for the rest of the nation. In 1949, he became the Legislative Auditor (the name was subsequently changed to Legislative Analyst) and served during the tenure of five governors (Warren, Knight, Brown, Reagan, and Brown) until his retirement in 1977. As the head of the non-partisan budget office, he won plaudits throughout the nation for the quality and integrity of his work and for the way in which he used his powerful position for the financial well-being of the state.

While Alan was well known for his extraordinary public service, Alan and Helen were both accomplished artists, well respected and well regarded for their work in the Sacramento community and beyond. Their works were exhibited in galleries and museums throughout the region and state, including, among many others, the Crocker Art Museum.

Helen was an accomplished sculptor whose works, including the ferrous cement and bronze sculpture at the entrance to the Teichert headquarters and the bronze figures at the Aesclepius Medical Building, have graced the Sacramento community for decades. Alan was a prolific and distinguished painter whose artistic career spanned more than 70 years. His early works were mostly landscapes consistent with the California Watercolor style, but his subject matter and technique dramatically evolved. Under the influences of Edward Hopper; the works of Matisse, Picasso, Degas, and Beckman, among others; the German expressionism movement; and his extensive travels in Spain, Alan developed a personal and emotional artistic response not only to Mediterranean landscape (reminiscent of early California) but also the modest life of the common Spaniard.



Photos by Monica Stark

As construction continues at McKinley Village, one can relax in the recently dedicated Alan and Helen Post Park (3525 Reich St.) and enjoy looking at the sculptures Helen made years ago. Shown here is a sign welcoming visitors and residents to the park



Angel, bronze, 1997



Helmet Head- Binoculars, bronze 1976

Throughout their lives, Alan and Helen Post were active in the civic life of Sacramento and California. Helen was a founder of the Family Service Agency and was active in many organizations, including the Creative Artists League and the Kingsley Art Club. In 1972, Helen was selected as Sacramento Woman of the Year by The Sacramento Union. Alan served on the Board of Directors of the Crocker Art Museum (including as President), the University of California Art Museum, the College of Arts and Crafts in Oakland, the Sacramento Regional Foundation Board of Directors, and the Public Policy Institute of California. Among his many awards were the Lifetime Achievement Award of the League of California Cities and the National Public Service Award of the American Society of Public Administration.

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# Mister Cooper's new track makes the big leagues: Pandora!

By MONICA STARK

Sacramento's very own children's musician Ken Cooper, aka Mister Cooper, had to make up something, he said. So, he did it himself. It's a DIY 10-track album called "The Colors of Us." True to name the title track speaks on multiculturalism and the importance of unity while maintaining one's unique identity. And, like many of the musician's songs, this one has a humorous twist at the end.

The album, unlike many of his others, is just Mister Cooper on guitar and vocals. There's no back-up band -- no extra singers or banjo. But apparently, Pandora picked up track 2: "Look at that Cat." On his website now, mistercooper.com, folks interested in the music can take a listen. It's about his furry and fat cat Macy Gracy who drives him nuts. "I figured if I wrote a song about her, I'd get a laugh out of all the frustration. It's working... so far," he says.

Lyrics of "Look at that Cat" are, as follows:

Look at that cat, look at that

She's lying like a rug, flat on her back

Look at that cat, look at that

She's always under my feet Begging for more to eat She's furry and she's fat Look at that cat, look at that

My cat's a tortie tiger I'll tell you what that means She has got more catitude Than you've ever seen She sleeps all day, up all night Bouncing off the walls I'm lucky I get any sleep at all There's shredded toilet paper On the bathroom floor But I don't know how I could ever love her more Look at that cat, look at that cat Once I caught her curled up In the kitchen sink She likes to lick the faucet When she wants a drink She makes the weirdest noises

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**Upcoming Events** When she's lost control She thinks my leg is her

Born on May 6, 2007, 9year-old Macy can be described as "a scaredy cat who doesn't like too much light or too much noise and doesn't like to be held, doesn't like to be petted. She sleeps all day and is up all night." But Mister Cooper loves her. Poor Macy has had a little medical difficulty lately but she's feeling better now and Mister Cooper sings the song at local libraries. While supplies last, his current CD is a "\$5 no holler". I guess he figures he can't charge too much since it's just him and a hand-held digital recorder, an album he produced in just about two days.

You can catch Mister Cooper at live library shows, where you can purchase this affordable gift idea for those kiddos in your life. Oh, and an added bonus with this Mister Cooper album, you

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Colonial Heights Sing-Along Club on November 17 at 10:00 am - 10:30 am

The Colors of Mister Cooper

Belle Cooledge Sing-Along Club on November 19 at 11:00 am - 11:30 am Belle Cooledge Sing-Along Club on November 26 at 11:00 am - 11:30 am

For more information, visit mistercooper.com.

If you can't make it to a library show, or your youngster doesn't sing with Mister Cooper at school, you can now order online by visiting http:// www.cdbaby.com/cd/mistercooper7. You can also listen to samples of all the songs. Please beware of shipping and handling charges. Digital downloads are also available from iTunes, Amazon, and everywhere.





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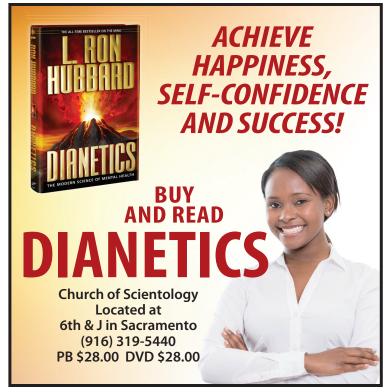


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# Making Your Home Clean & "Green"

by LEIGH STEPHENS

It's time for fall cleaning before the holidays! Why not treat your house and family to safe and healthy homemade cleansing products: white vinegar, baking soda, salt, lemon juice, castile soap, and Borax. Jackie Riffice, founder of *Prairie Godmothers* says these inexpensive items are found in many homes and are a way to save money and clear your house of toxic chemicals.

Riffice says you can keep your house fresh and healthy with products you make yourself. In a recent workshop at the Robbie Waters Pocket-Greenhaven Library, Riffice discussed the natural and healthy way to avoid toxic cleansers and lead a "greener" lifestyle.

She says, "Home-blended cleaners are better for you, for your pocket-book, and for the environment. Simple ingredients can be transformed into non-toxic laundry detergent, disinfectants, and all-purpose cleaners."

When asked what sparked her interest in green living, Riffice says, "The spark was less a spark and more a warm ember that eventually caught fire. While gardening I quietly discovered the bond between nature that connects me to something deeper and authentic. I want to leave this planet better than I found it. Making small changes brings me closer to that goal every day."

Her company, *Prairie Godmothers*, recently celebrated it's 8th year. She says the name came to her while walking through a Midwest nature preserve and reconnecting with nature.

serve and reconnecting with nature.

"The workshop at the library was attended by a dozen or so enthusiastic people who told me they all left with a little something they didn't know when they walked in the door. I attempt to demystify the whole "green" thing by presenting easy ways to commit to cleaner, "greener" living inside and outside the home," says Riffice.

A first step is to build a Do-It-Yourself kit including essential oils such as: tea tree, orange, & lavender oils; castile soap in liquid & bar form; salt; baking soda; white vinegar; Borax. Collect soft cloths even old socks for the kit.

Vinegar is a great disinfectant and cleanser. For example, a cup of vinegar to one gallon of hot water washes floors, counters and many other household surfaces. Borax is a natural laundry booster.

Following are among the cleaning tips Riffice shared in the Make Your Home Clean and Green Workshop:

All-purpose Cleaner & Deodorizer (kitchen counters, appliances, and inside refrigerator)

• Mix 4 tablespoons baking soda with 1 quart of warm water – use spray bottle



Photo by Metro News Group

Glass Cleaner (windows, mirrors, & glass)

- Mix 2 cups water, ½ cup vinegar, ¼ cup 70% rubbing alcohol,
- + Î 2 drops of orange essential oil. Use spray bottle.
- (Don't clean windows on a hot day.)

# Detergent

• Mix ¼ cup baking soda and ¼ cup shaved castile soap.

### Dishwasher

• Put 1-cup vinegar in with a loaded dishwasher and start.

Heavy-duty Scrub (rust stains on porcelain or enamel)

+ Dip  $\frac{1}{2}$  lemon into  $\frac{1}{2}$  cup borax and scrub, then rinse.

Not safe for marble or granite.

# Furniture Polish

• Mix ¼ cup vinegar with 3-5 drops canola oil. Spray on soft cloth and rub clean.

Even if you only started using one or two of the above, it's a step toward doing your part to clean out your home and make it safer for your family.

Jackie Riffice gives presentations on gardening and cleaning the "green" way. Contact: info@prairegodmothers.com or 708-205-5126.



# Sac State's annual rock auction set for Nov. 18

By CRAIG KOSCHO

Whether you need a unique item for your garden or your end table, chances are you'll find the perfect thing at Sacramento State's annual Rock Auction.

This year's rock hound retreat will run from 6 to 8:30 p.m. Friday, Nov. 18, at the Leslie and Anita Harper Alumni Center on campus. The auction will include more than 200 pieces available in silent and live auctions, plus light appetizers and refreshments, games for children – and a special guest auctioneer.

Sponsored by the University's Geology Club, this year's sedimental soiree will feature 17 exquisite pieces in the live auction. Items will include samples of a fossilized moth, a beautiful piece of labradorite, pink halite, and a stunning amethyst.

The auction grows in popularity and attendance each year. Geology Club President Jared Leisure has an Eastern philosophical explanation for that. "You can pick up a lovely specimen you wouldn't normally be able to find on your own, to complete the feng shui of your house," he says.

Professor Dave Evans will return as host and auctioneer. The event also spotlights a special guest auctioneer each year to call out one of the items. This year's guest is a familiar face around campus – University President Robert S. Nelsen.

Geology students rely on the auction to provide much-needed funding for field trips. And the commitment from the Sac State community – past and present – makes the auction a success year after year.

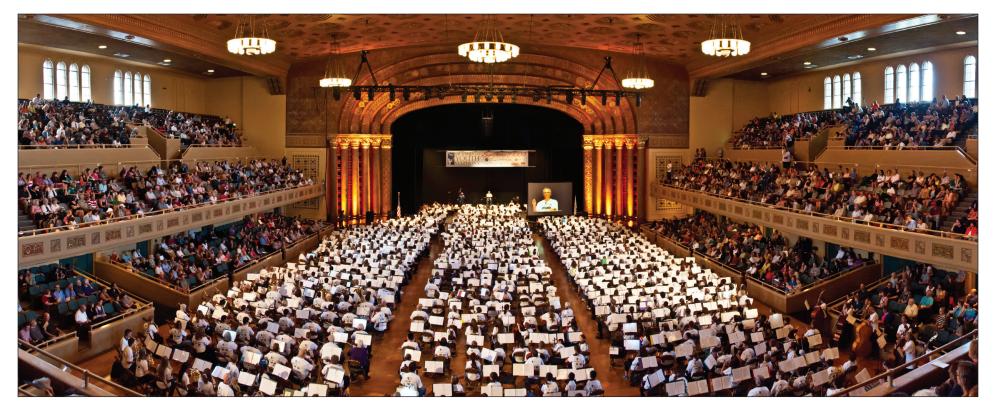
"The reason we have such a great fan base is that a lot of people who graduate from Sac State actually work in the region," says Evan Fau, club vice president. "They stay within the circle and give back to the University."

The students' passion for the subject plays a major role as well.

"Ît's such a broad field," club Secretary Steve Claar says. "There are so many different avenues you can take"

"Geology tells so much history of the Earth," club Treasurer Rachel Beck says. "It's exciting. We live on top of the Earth but really don't know what's going on beneath our feet, so it's fun to learn about earth processes."

For more information on the Geology Department and the Rock Auction, visit csus.edu/geology or call 278-6337. Craig Koscho can be reached at ckoscho@csus.edu, or 278-2970. Source: www.csus.edu/sacstatenews/



# LAST CALL

# The Symphony of 2000 seeks musicians for Sunday's performance

Singers or Instrumentalists of any age and ability are invited to register and participate in this magnificent musical event. Only nineteen days remain before the Symphony of 2000 happens on Novem-

register. After setting the record at 2014's successful Symphony of 1000, Instrumentalists and Singers of all ages and musical abilities throughout the Sacramento Valley

ber 20th but it is not too late to region will make Sacramento history again. The Symphony of 2000 will be conducted by Michael Neumann. Selections include Hallelujah Chorus from Handel's Messiah, Stars and Stripes Forever, Nation-

al Anthem, March from Aida, Danny Boy and more. To register and find more information, please visit www.sacramentoyouthsymphony.org/symphony-of-2000 or call

# **River City Chorale** will open its Fortieth **Anniversary season** with three concerts

"The Many Gifts of Christmas". The choir will offer a wide selection of favorites, both sacred and secular, as well as some works rarely performed in our area,

Including "Cantate Domino" by David Ashley White and Baldassare Galuppi's

"Kyrie." On the lighter side, audiences will enjoy "We Need a Little Christmas",

"Angels We Have Heard on High," and "I'll Be Home for Christmas," among many others. RCC is accompanied this year by the Golden State Brass and its new and outstanding pianist Dean Mora.

# There will be three different dates and venues from which to choose:

Friday, December 2, 7:30 p.m. at First Baptist Church of Fair Oaks;

Saturday December 3, 7:30 p.m., at Faith Presbyterian Church in South Sac;

and Sunday, December 4, 4:00 p.m., at St. Mark's Lutheran Church in Citrus Heights. As you can see, you don't have to drive downtown or pay for expensive parking to hear fine choral music. Parking is free!



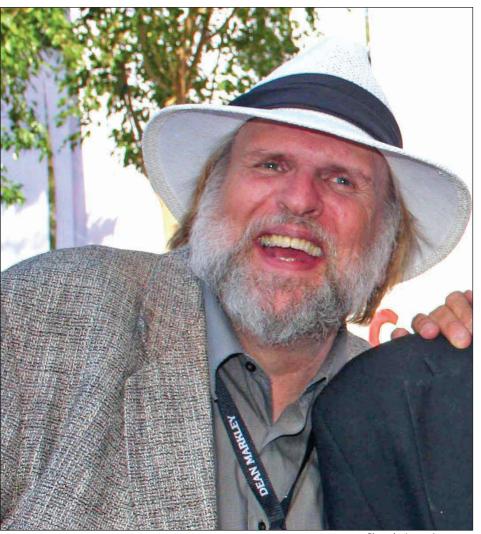
The 60-voice River City Chorale has been providing a very eclectic selection of music to Sacramento for forty years, featuring classical, jazz, and Broadway styles.

The Chorale performs three sets of concerts per year; in addition to the Christmas concert, there is the ever-popular Cabaret in March and the Spring concert in May.

Richard Morrissey has been the Musical Director of RCC for sixteen years, and brings a wealth of teaching, arranging, composing, and performing experience to the group.

Visit www.RiverCityChorale.org or call 916 331-5810 to order tickets. Christmas concert tickets are \$15 in advance, \$20 at the door, and \$5 for children. Season tickets can be purchased for only \$44, a 20 percent savings.

# KZAP memories remain strong for station's former listeners



Mick Martin, a well-known, local musician and disc jockey, is among the people who have fond memories of the early years of Sacramento radio station, KZAP 98.5 FM.

By LANCE ARMSTRONG Lance@valcomnews.com

Editor's Note: This is part eight in a series about the history of radio station KZAP 98.5 FM.

Nearly a quarter century has passed since listeners of 98.5 FM learned that this legendary Sacramento radio station was replaced with a country music station. But many of KZAP's former listeners continue to reminisce about the station.

### **Bud Gordon**

Bud Gordon fondly recalled the early years of KZAP when it operated as a free-form FM radio station.

"Of course, KZAP was groundbreaking," he said. "(Free-form) was just a real good format, and a nice departure from the AM (stations) that we were listening to in the 1960s.

"All my friends and myself, we were all listening to the popular music of the day and it was all AM. We were used to the commercials and the loud noise and all that chatter and then all of a sudden FM came on with KZAP and it was just really quiet, calm and great music. It was a life changer."

Gordon also said that the station's DIs were very memorable.

"And, of course, you can remember the DJs," he said. "They were very good and I think some of them are still working today for other

There was a female DJ, one of the first female DIs that I had heard," he said. "Helen Meline was her name. This was the early 1970s and I remember that was really refreshing to hear a woman DJ, and she was quite good."

Although Meline left KZAP in the 1970s, she returned to work at the station in the early 1980s.

# Donna (Wetterer) Pane

Among the people who attended KZAP's first birthday party in Cal Expo's Building A on Friday night, Nov. 21, 1969 was Donna (Wetter-

Performing at the event was the headlining San Francisco band, the Grateful Dead, as well as A.B. Skhy, Commander Cody, Country Weather and Wildwood. And a light show accompanying the music was presented by Rainbow Jam.

Individual tickets for the show were available for \$3.50 in advance at Tower Records, Tower Books, directly from KZAP in the Elks

See KZAP, page 11

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# K7AP:

Continued from page 10

Building and other locations, or at the door for \$4.

Pane, who was one of KZAP's earliest listeners and visitors of the station, said that a unique part of the event was the presence of a giant birthday cake, which was shared with the audience members.

"They passed out birthday cake there, I know it," she said. "I ended up with a box and I was passing it out."

Pane added that Bonnie Gillespie, one of her former Foothill High School Class of 1969 classmates, also attended the event.

### Mick Martin

The well-known, local musician and disc jockey Mick Martin recalled an unusual moment in KZAP's history when he was listening to the continuous crackling noise of a record that had finished being played 20 minutes earlier.

"This (crackling noise) goes on for 20 minutes, so I hopped into my car and I drove down to the station and everybody in the studio was on the floor and they were playing Captain Beefheart's (album), "Trout Mask Replica," which was one of those four albums if you had to use the men's room, for example, you would put that on.

(A DJ said), 'Mick, can you turn the record back? Just put the needle at the beginning.' So, I sat down and played some different songs. But it was like if somebody didn't do it, nobody was going to do it, because everybody there had smoked too much fun."

Martin said that incident occurred during the early years of KZAP when "all the disc jockeys were really celebrities."

Those disc jockeys, he added, included Jeff Hughson, Fred Gaines, Cary Nosler and Charlie Weiss.

### Pat Melarkey

Pat Melarkey, who served as a Sacramento County supervisor from 1972 to 1978, recalled being a guest on KZAP.

"I was on there two or three times," he said. "I would talk about county planning and (more). They were very active in local stuff like that. All the other political people, they were on, too. I would say I was on (KZAP) in 1974 or 1975. (KZAP) was very popular."

# **Bob Gorham**

Bob Gorham remembered growing up listening to KZAP.

"I remember all the disc jockeys, all the music," he said. "It was just a great station. It was one of the first stations where you could actually hear the whole album. There was the Grateful Dead, a lot of the music that was coming out of San Francisco.

"I remember it was the first time you could hear the Grateful Dead music live and discussions about it. I enjoyed the Dead, Quicksilver (Messenger Service), Jefferson Airplane, all the great stuff.

"I remember people would call in (to the station) and ask the disc jockeys, 'Can you play this?' And they would say, 'No,' and hang up on them. It was rude, but it was just sort of great."

Gorham also shared his memories of KZAP's Chan Laughlan (1937-

2012), who worked for the station from 1968 to 1978 and was known on the air as Travus T. Hipp.

"I enjoyed all the music, but Sunday nights, Travis T. Hipp was on for three hours at least," he said. "He would do interviews with people. I remember when he had Bob Matsui on and Vic Fazio on. This was at the time when Bob Matsui was going to run for City Council. They were very good interviews. He would get them going and everything."

An article by Ted Bell in the Jan. 5, 1998 edition of The Sacramento Bee notes: "(Hipp) was, and is, a newsman and commentator cut from the same radical mold of the 1960s with people such as Hunter S. Thompson. He was one of the Roman candles of the underground broadcasting movement that barely exists anymore, but was alive and exploding in Sacramento on KZAP back then."

### Tim Hunter

While growing up in Folsom in the 1970s and 1980s, Tim Hunter listened to KZAP.

Among his favorite KZAP DJs were Bob "The Godfather" Galli, Kevin "Boom Boom" Anderson, and Bob Keller, who hosted his noontime show, the Café Rock on the station. That show continues today on KSEG 96.9 FM, "the Eagle."

Hunter described the old KZAP bumper stickers with their iconic cat image as a sort of currency of his childhood.

"It was like social status to collect KZAP stickers and if you had more than 20 of them, you were like God;

you ruled the playground," he said. "They were like trading stock. You could trade them for steelies, you could trade them for marbles, you could trade them for knockers – those big, kind of urethane plastic things that we used to play marbles with.

"I had like 100 (KZAP stickers). There was a pizza place in Folsom and they handed them out every time you bought a pizza and I coerced my parents into going into this pizza place over and over and over. At first you could grab a stack of KZAP stickers before they cracked down on you. And oddly enough, they had great pizza, too. So, it was just a win, win."

### K-ZAP 93.3 FM

Gorham, who also recalled listening to KZAP's May Brussels and Cary Nossler, said that he enjoys listening to the 1-year-old, low-powered radio station, K-ZAP 93.3 FM, which includes DJs who worked at KZAP 98.5 FM.

"I enjoy (K-ZAP)," he said. "I get it here in the Pocket in one room and I can't get it anywhere else in the house. It brings back a lot of memories just listening to the music and the stories."

Today's K-ZAP can also be heard through the internet at k-zap.org.



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# **Matias Bombal's Hollywood**

# HACKSAW RIDGE

The MPAA has rated this R

Summit Pictures brings us "Hacksaw Ridge", Mel Gibson's latest directorial effort, about one of the great heroes of the United States during the second world war, Desmond T. Doss, who, when serving his country on the treacherous battlefield of Okinawa, never fired a single shot. The combat medic was a conscientious objector, which put him at odds with the men he was training with to fight.

Andrew Garfield sheds his Spiderman suit and into a meaty role as Doss. His fellow soldiers find it hard to believe that he will not even as so much touch a gun in his training and they seriously doubt his effectiveness in combat, but he remains steadfast in his profound belief that he, himself, must not kill. The story begins much earlier, with young Doss and his brother scrapping about the humble family home, where his alcoholic father, who had severed in the great war, is played by the talented actor Hugo Weaving. Weaving masters a very good Midwestern accent in his excellent performance.

There are many Australians in the picture, which was in fact, photographed entirely down under. Every now and then an actor's accent slips into the dialogue. A stateside actor in the cast is Vince Vaughn as Sergeant Howell and in the bloodiest of Okinawa battle zones, the titular Hacksaw Ridge, we see Doss's bravery again and again as he drags men to safety, including his sergeant.

There are many intense scenes of battle in the picture, quite graphic, yet the battles are only approxi-mately twenty-five percent of the screen time, for much of the story plays before the arrival to Ókinawa, allowing plenty of time for excellent character development. This is, of course, yet another film on Hollywood's mad craze of true story telling, with this script adapted from the pages of the history of Doss' real life. The real Doss is actually seen and heard just before the credits roll in archival footage and in interview. Although the battle scenes are harsh, this movie and excellent cast are well worth your time at the movies. Also in the cast: Rachel Griffiths as Doss' mother, Bertha, Teresa Palmer, Sam

Worthington and Milo Gibson. Braced for battle scenes, this is one you should see.

# **DOCTOR STRANGE** (2016)

The MPAA has rated this PG-13

Walt Disney Studios Motion Pictures and Marvel Studios bring us "Doctor Strange", presented as an IMAX presentation in IMAX Theatres in 3-D and in regular engagements, but this is just the kind of movie for which IMAX and 3-D are experienced at maximum effect and really is the way you should see this attraction. From the pages of the Marvel comic book comes the screen visualization of the adventures of Doctor Stephen Strange, penned into a screenplay by Jon Spaihts, Scott Derrickson and C. Robert Cargill.

The self-absorbed and somewhat unlikable Dr. Strange, played by Benedict Cumberbatch, is oh-so-sure of himself as the medical and surgical genius of the age. This, whilst his work mates such as Dr. Nicodemus West played by Michael Stuhlbarg and Dr. Christine Palmer, an on again-off again love inter-

est played by Rachel McAdams, recoil at his ego-driven smarminess. The turning point comes when the Doctor defies death in a spectacular texting whilst driving accident. His hand reconstruction takes away the ability to work effectively as a surgeon, even with multiple surgeries by the best specialist on the globe. His funds exhausted and his drive increased to heal, he finds a case of a complete nerve recovery Jonathan Pangborn, played by Benjamin Bratt. On meeting Pangborn he's led to seek a master to assist with different kind of recovery, not that of the world of medicine, but that of mystic arts.

Tida Swinton delivers one of her delightfully quirky performances as "The Ancient One" a master sorceress who finds abilities in the strange doctor that make him worthy of tutelage. From this moment on, the story delves in to the magical world of sorcery and effects, fantastically rendered and delightful to watch as bad and evil forces that engage with Doctor Strange need not worry about good writing or further character development. This is primarily because anything can... and does happen. Just as the doctor gets into a jam, presto! You can have some new magic whisk him out of it!

Actor Mads Mikkelsen plays Kacilius, the big antagonist out to destroy the good doctor and all sorcery other than his own across myriad dimensions. His voice sounds so much like that of classic Hollywood actor George Macready that I could not stop thinking about it the similarity of it.

The movie itself is all eye candy. Yet that is perfectly OK, because I had great fun watching it. Somehow, it is so much easier to suspend disbelief if the world depicted is so far from reality that the normal earthbound rules of this dimension do not apply. I am very fond of both Rachel McAdams and Michael Stuhlbarg and found them greatly underused in the movie, almost wasted, which with their talents, seems criminal.

Thus, this is not a great movie, or even a memorable one, but I did have fun watching it and that is a value that should not be underestimated when choosing a movie to enjoy in the magnificence of an IMAX presentation. I think you'll have as much fun as I did. For you Marvel fans out there are two scenes during the final credit crawl, so you want to stay in the theatre till the lights come up or the curtain closes across the screen.

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Please bring an unwrapped gift for the Children's Home

Nov. 30 - Dec 9th Weekdays 11am - 3pm Fri. Dec. 2 - 11am - 7pm **Sat. Dec. 3** - 9am - 4pm Closed on Sun. Dec. 4 Dec. 5th-9th - 11am - 3pm

Casa Gardens Event Center (Sac Children's Home) 2760 Sutterville Rd., Sacramento

# CALL AND PLACE YOUR EVENT TODAY! (916) 429-9901

# What's happening East Sacramento?

### FRIDAY, NOV. 18

CSUS ANNUAL ROCK AUCTION: Whether you need a unique item for your garden or your end table, chances are you'll find the perfect thing at Sacramento State's annual Rock Auction. This year's rock hound retreat will run from 6 to 8:30 p.m. Friday, Nov. 18, at the Leslie and Anita Harper Alumni Center on campus. The auction will include more than 200 pieces available in silent and live auctions, plus light appetizers and refreshments, games for children - and a special guest auctioneer. 6000 J St., Sacramento.

### **SATURDAY, NOV. 19**

DR. PAN'S COMMUNITY HEALTH FAIR & TURKEY GIVE-AWAY: From 10 a.m. to 2 p.m. at  $Martin\ Luther\ King\ Jr.\ Technology\ Academy,\ there\ will$ be a free health fair, which includes a free comprehensive eye exam and glasses, free dental screenings and services, free flu shots, free medical screenings - blood pressure screenings, medication consultations, HIV testing, Turkey Give-away - for the first 300 families; Sacramento Covered information and other resources, a Bike & Car Seat Safety with Sac PD and CA CHP and also a cross over basketball camp. 3051 Fairfield St., Sacra-

### FRIDAY, NOV. 18-SUNDAY, NOV. 20 39TH ANNUAL RIVERS CITY OUILTERS'

GUILD SHOW: The River City Quilters' Guild is presenting their 39th Annual Quilt Show, themed "A River Runs Through It", at the Scottish Rite Masonic Center in Sacramento CA, November 18-20, 2016. For 39 years the members have presented the area's most Beautiful Quilts, Wearable Art, Handmade Gifts and more. Last year 300 quilts and hand-made wearable art creations were on display at the show.

In addition to the quilts, the show offers a Country Store where anyone can buy great handmade items just in time for the Holidays. There is an opportunity to win a beautiful landscape quilt designed, sewn and quilted by Guilds members or a beautifully rebuilt 1957 Singer Featherweight sewing machine with a bright metallic red custom paint job that will knock your socks off. They also have vendors from around the state with everything from sewing machines to fabric, for the beginner to experienced quilter. New to the show this year is the Market Place, where quilts made by guild members are available for purchase by the public. You don't have to leave this show wanting a quilt of your own. Check out the Market Place.

SACRAMENTO HARVEST FESTIVAL TO SHOWCASE OVER 24,000 HANDMADE AND EMBELLISHED ARTS AND CRAFTS: The Sacramento Harvest Festival, known as the largest indoor arts and crafts show on the West Coast, will arrive at Cal Expo on Nov. 18-20 for a full weekend of shopping, live entertainment and family fun. The Harvest Festival showcases over 24,000 unique items that are all handmade and embellished right here in the USA. Shoppers are treated to items such as original art, jewelry, clothing, specialty foods, photography, toys, home décor and more. Guests can meet hundreds of artisans and can get many personalized touches added to each gift. Headlining the entertainment this year is James Garner's Tribute to Johnny Cash and Tom Rigney and Flambeau. James Garner's Tribute to Johnny Cash takes audiences on a musical journey as the band recreates the life of the legendary "Man in Black". Tom Rigney and Flambeau will also grace the Harvest Festival stage, playing their upbeat brand of Cajun and Zydeco music. From furious fiddling to beautiful waltzes, Tom Rigney always gets the crowd up and dancing. Kids of all ages can take part in the hands-on craft activities at the interactive KidZone. Hosted by Nature of Art for Kids, a company offering non-toxic and repurposed art supplies, the KidZone offers a space for kids to exercise their imagination and create an art project which they can take home with them. Located directly next to the KidZone is free child ID kit station, hosted by New York Life. The Sacramento Harvest Festival will also host a food drive onsite to benefit Elk Grove Food Bank Services. Anyone who brings a non-perishable food donation to the show will receive \$2 off a general or senior admission.

Cal Expo is located at 1600 Exposition Drive); Hours: are Friday and Saturday: 10 a.m to 6 p.m., Sunday: 10 a.m. to 5 p.m.

Tickets: Adults: \$9, Military and Seniors (62+): \$7, Youth (13-17): \$4, Kids 12 and Under: Free (Tickets Valid for Re-Entry All Weekend). Info: For tickets and additional information, please call 925-392-7300 or visit www.harvestfestival.com

### **SATURDAY, NOV. 19**

SACRAMENTO BALLET'S NUTCRACKER:

Come enjoy a FREE preview of the Sacramento Ballet's The Nutcracker at your own library! All are welcome to the Clunie Auditorium for the ballet. Children are then invited to stay for a free ballet lesson, taught by the Sacramento Ballet Company. 601 Alhambra Blvd.

# SUNDAY, NOV. 20

INVITING ALL INSTRUMENTALISTS AND VOCALISTS TO PERFORM AT THE SACRA-MENTO YOUTH SYMPHONY PRESENTS SYMPHONY OF 2000: The Sacramento Youth

Symphony is inviting all instrumentalists and vocalists of the Sacramento Valley region to come and participate in the Symphony of 2000, a unique orchestral and choral experience. People of all ages and abilities are invited to choose and perform as many as they would like from the selection of classical and well-known compositions that include Mozart's Eine Kleine Nachtmusik, Handel's "Hallelujah Chorus" (from the Messiah), Amazing Grace, and Sousa's Stars and Stripes. This is a grand event for instrumentalists, vocalists, or spectators alike, as the Symphony of 2000 makes Sacramento history again. Tickets: \$25 participation fee for instrumentalists and vocalists. Participants register online at www. sacramento youth symphony. org/symphony-of-2000.

# BEST BETS



File photo by Stephen Crowley

SACRAMENTO BALLET'S NUTCRACKER: Come enjoy a FREE preview of the Sacramento Ballet's The Nutcracker at at the McKinley Library! All are welcome to the Clunie Auditorium for the ballet. Children are then invited to stay for a free ballet lesson, taught by the Sacramento Ballet Company. 601 Alhambra

INVITING ALL INSTRUMENTALISTS AND VOCALISTS TO PERFORM AT THE SACRA-MENTO YOUTH SYMPHONY PRESENTS SYMPHONY OF 2000: The Sacramento Youth Symphony is inviting all instrumentalists and vocalists of the Sacramento Valley region to come and participate in the Symphony of 2000, a unique orchestral and choral experience. People of all ages and abilities are invited to choose and perform as many as they would like from the selection of classical and well-known compositions that include Mozart's Eine Kleine Nachtmusik, Handel's "Hallelujah Chorus" (from the Messiah), Amazing Grace, and Sousa's Stars and Stripes. This is a grand event for instrumentalists, vocalists, or spectators alike, as the Symphony of 2000 makes Sacramento history again. Tickets: \$25 participation fee for instrumentalists  $and\ vocalists.\ Participants\ register\ online\ at\ www.sacramentoyouth symphony. or g/symphony-of-2000.$ General Admission \$20, Tickets available at Community Center Theater Box Office or at http://www.sacramentocommunitycentertheater.com/Events. More details are as follows: Sunday, Nov. 20 at 4 p.m. at the Sacramento Memorial Auditorium, 1515 J St. Contact: Sacramento Youth Symphony, Vicki Schaevitz, vicki@ sacramentoyouthsymphony.org or at 731-5777.

General Admission \$20, Tickets available at Community Center Theater Box Office or at http://www.sacramentocommunitycentertheater.com/Events. More details are as follows: Sunday, Nov. 20 at 4 p.m. at the Sacramento Memorial Auditorium, 1515 J St. Contact: Sacramento Youth Symphony, Vicki Schaevitz,  $vicki@sacramentoyouth symphony.org\ or\ at\ 731\text{-}5777.$ 

# **RECURRING EVENTS:**

ALL ABOARD FOR STORY TIME (NOVEM-BER) PRESENTED BY CALIFORNIA STATE RAILROAD MUSEUM AT CALIFORNIA STATE RAILROAD MUSEUM: Let railroads help introduce and foster the love of reading for your little ones. This

interactive and fun program is designed for imaginative young children (Ages 2-5). Museum volunteers will read a different railroad-related book each month and afterward, little ones can enjoy the Museum with their parents. Whether its toy trains or big locomotives, there is something to discover in the Museum that will thrill children of all ages. Free with admission: Adults \$10: Youths (Ages 6-17) \$5; Children (Ages 5 and under) Free: Contact: 445-6645

Nov 7, 2016 at 11:00 am - 12:00 pm (Mon)Nov 14, 2016 at 11:00 am - 12:00 pm (Mon)Nov 21, 2016 at 11:00 am - 12:00 pm (Mon)Nov 28, 2016 at 11:00 am -12:00 pm (Mon)

California State Railroad Museum, 125 I Street, Sacramento, CA, 95814

# EAST SACRAMENTO BUSINESSES

EAST SACRAMENTO Chamber of Commerce

(916) 947-9403 EastSacChamber@aol.com www.EastSacChamber.org

# 2016 HOLIDAY GALA

December 07, 2016 | 6:30pm - 9:30pm

Holiday Gala and Awards • Turn Verein

3349 J St, Sacramento • All members receive one complimentary ticket.

Additional tickets - \$25 or donation of a bottle of wine valued at \$25 or more. To receive your ticket or purchase additional tickets, please email

Serena@eastsacchamber.org

# MIXER

December 15, 2016 | 5:30pm-7:30pm Nephesh Pilates 885 57th Street

New location in East Sacramento in the Antique Mall shopping center.

Hors d'evours, wine and champagne will be served. Please RSVP www.nepheshpilates.com/events



**Your Total Food Purchase** of \$40 or More

Daily After 4pm, with this coupon.

5723 Folsom Boulevard (Dine in & Take Out) (916) 457-1936 Lunch: Tues.-Sat. 11 a.m.-4 n.m. Dinner: Tues.-Sat. 4-9 p.m.; Sun. 12-9 p.m. Closed Monday.

# Holiday









**\$859** reg \$949 76" TV CONSOLE



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 $^{\$}639$  reg  $^{\$}699$  mango table 44"x74" w/1-18" leaf

\$99 SIDE CHAIR \$149 BENCH

**\$159** reg \$179

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\*Holiday Sale prices are not available in conjunction with any other offer or discount. Please allow time for delivery on some items. All sizes are approximate. Colors may vary from what is shown in ad. Some items limited to stock on hand. Sale Ends 12/24/16