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The Land Parknews

Vol. XVIII • No. 8

2709 Riverside Blvd

Sacramento,

CA 95818

E-mail stories & photos to: vcnnews@valcomnews.com www.valcomnews.com

Land Park News is published on the second and fourth Thursdays of the month and delivered by mail and home delivery in the area bounded by Broadway to the north, Interstate 5 on the west, Florin Road on the south and Freeport Boulevard/21st Street on the east.

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Sacramento by foot: Running like the river

By Ryan Rose THE LAND PARK NEWS

or more than four years now, I've been running. Not from anything, not to something, just running. And it has made all the difference in changing my perspective on health, fitness and Sacramento.

When moving to the area more than 10 years ago, I spent my time commuting across the region by car-and doing that fast. I was zooming in and out of downtown (when traffic was accommodating), motoring around and about Land Park and quickly cruising the Howe Avenue corridor.

Then, upon the insistence of a friend, I swapped my set of tires for a good pair of shoes (thank you, Fleet Feet of Sacramento) and started experiencing the city corner by corner.

After a few starts and stops, I found my internal gas pedal and was off. It was then that I saw a different city, one colored with a cultural palette far more expansive than I had

originally perceived. And as I got faster, it seemed that the world slowed. Suddenly, small street corners along Riverside Boulevard that were once simple strips of local commerce became bustling areas of activity and conversation, my curiosity increasing as I passed every storefront and stoop. It's not that people were doffing their hats or making cat calls as I ran by; rather, it was that people whom I had passed daily in route to work or play suddenly had faces, names and voices-active members of my surroundings and not background noise. As such, it was a welcomed respite to office culture, the ticking of the clock replaced by the tapping of my shoes hitting pavement I had once ignored.

Thus, I issue this invitation to the outside. Many see Jan. 1 as a time for renewed interest in healthy living and active pursuits; however, the cold often scares the timid back inside. But now, with the weather warming and win-



Runners race to the finish line at the Sacramento Zoo's 29th annual ZooZoom held April 19.

ter ills gone, it is the perfect time to make a break for it. And there are many who would cheer you on-look no further than the turn out at the Sacramento Zoo's 29th annual ZooZoom held April 19, or the upcoming Race for the Cure held annually on Mother's Day. Both of these events raise funds for good causes and indirectly support that one thing that you'll miss in the car: community. Find your fit and get out there.

For a list of upcoming community activities, see the Land Park News calendar on page 23. For more on upcoming athletic events, visit www.fleetfeetsacramento.com.

E-mail Rvan Rose at ryanrose@valcomnews.com.



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Casting call is for the birds

Sacramento Zoo pheasant has ties to new Pixar movie

By Miranda Menestrina

THE LAND PARK NEWS

rare animal at the Sacramento Zoo has been getting some extra attention after a visit from some very important guests.

About a year ago, artists from Pixar Animated Studios visited the zoo's only male Himalayan Monal Pheasant to take photos and draw sketches of the colorful bird in preparation of the Disney-Pixar 3D animated movie, "Up," due in theaters May 29.

With 1,000 to 3,000 visitors streaming through the zoo gates every day, many file right past the famous pheasant as they seek out one of the zoo's most popular creatures, the Red Panda, which shares a native habitat with the bird.

But that wasn't the case with Pixar.

"They called ahead and arranged a visit specifically to see the bird," said Leslie Field, the zoo's supervisor. "They

came out and studied the bird's iridescent feathers and how they change colors between sun and shade."

Unique features

While Himalayan Monal Pheasant hens have an overall spotted brown color, it's the males that have beauti-







ful purple, blue, green and red metallic-colored body feathers and coppercolored tail feathers. In addition, they have a crown of long feathers, much like a peacock.

In "Up," a variety of animals are depicted, including a bird featured in

trailers and marketing that appears to share traits with the Himalayan Monal Pheasant. That bird's long neck and lanky legs seem to give it a body style more similar to that of a flamingo, and, according to Mike Olcese, a publicist with Terry Hines & Associates, a company that works closely with Pixar, "no characters in the film are replications of the (Sacramento) zoo's animals." However, the tail, feather colors and the crown on the bird's head bear a striking resemblance to those of the Himalavan Monal Pheasant at the Sacramento Zoo.

Why our zoo?

Not only was the zoo a close visit for Pixar, which has its design stu-

dios in Emeryville, it is the only zoo in California that has the bird.

"It is pretty uncommon in zoos," Field said of the bird that's been in Sacramento since it came from the St. Louis Zoo in 2000.

Although unique in the zoo community, data shows that the species—the



Himalayan Monal Pheasant is known for its striking blend of deep, bold hues. The Inset: The Himalayan Monal Pheasant at the Sacramento Zoo came from the St. Louis Zoo in 2000.

> "All kinds of people will come...It's fairly common for photography groups to come out, as well as art classes."

national bird of Nepal—is commonly kept and well established in private North American and European aviaries.

Commonly found in the lower elevations of the Himalayas, the pheasant is not heat tolerant, according to Field, which can be a problem with Sacramento's notoriously hot summers. "We keep it well shaded and have misters in the summertime," she said.

Not an uncommon visit

Pixar hasn't been the only studio to visit the Sacramento Zoo to capture wildlife at its best, and give unique animals some added attention. Even San Francisco-based Lucasfilm has been out to record animal sounds.

"All kinds of people will come," said Lauren Kraft, the zoo's public relations coordinator. "It's fairly common for photography groups to come out, as well as art classes."

E-mail Miranda Menestrina at vcnnews@valcomnews.com.









(Clockwise from top left) Madison Davies gets help from mom in adjusting her newly created rabbit ears at Fairytale Town.

Ryan and Sabrina Tosh hop into Cinderella's orange pumpkin coach at Fairytale Town.

At Fairytale Town, Matthew, Leanne and Lenni Vu decorate Easter bags with glitter.

Princess, aka Linda Svoboda, paints a cartoon character on Tadao Abueg's face during Fairytale Town's Easter festivities.



Easter springs in Land Park

airytale Town held its annual Spring Egg-stravaganza April 11. The unique family fun center hosted their famous Egg Drop Hunts on the Mother Goose lawn, giving anxious little fingers the opportunity to collect the precious plastic eggs and redeem them for special prizes in Mr. McGregor's Garden.

All photos by Kati Garner.



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RETIREMENT & ASSISTED LIVING

Menagerie of memories

Sacramento Zoo: A family tradition since 1927

By Lance Armstrong THE LAND PARK NEWS

mong Land Park's prized institutions is undoubtedly the Sacramento Zoo. But despite its many longtime visitors, many people in the capital city are unaware of its extensive history.

But a large part of the reason for this lack of knowledge is the fact that the zoo opened long before the births of most area residents.

For more than 80 years, the zoo has been a popular entertainment and educational destination spot, where many fond memories have been created.

But few people recall the early days of the zoo, which officially opened its doors to the public for the first time on April 2, 1927.

Founding the zoo

Originally known as the William Land Park Zoo, the zoo opened with a collection of 40 animals on 4.2 acres at the southwest end of William Land Park, which at the time was only four years old.

These 40 animals consisted of animals that had formerly resided at parks around the Sacramento area.

Prior to the creation of the zoo, local residents relied on small animal displays at local parks to see unusual and exotic animals.

The zoo's first animals came from McKinley Park, which donated mon-



keys, squirrels, raccoons and birds; Southside Park, which contributed covotes and wolves; Del Paso Park, which provided deer and elk; and Joyland (now McClatchy Park), which relocated tigers, bears, lions, ostriches, monkeys and other small animals to the zoo.

Memories of the zoo then

An early visitor of the zoo, Sacramento resident Norma Idzinga, recalled a much different looking Sacramento Zoo.

"I must have been about 8 or 10 years old when I first went to the Sacramento Zoo (in about 1939)," Idzinga said. "It was pretty little back then and what I do recall is that it just wasn't very attractively arranged back in those days. The cages were little and it was hard on the animals. They didn't have the styles of zoos they've got now, where they give (the animals) a little space to get around in."

The Sacramento Zoo has been a part of the Land Park community for more than 80 vears.

The Sacramento Zoo recalled by Idzinga and others who visited the zoo during its early years is certainly much different than today's Sacramento Zoo.

The zoo, which expanded to its current size of 14.3 acres in 1968 - thus providing animals more room to roam - now consists of more than 140 native, exotic and endangered species. Among these animals are felines such as the African lion

See Zoo, page 9



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April 23, 2009

Zoo Continued from page 8

and snow leopard, reticulated giraffes, chimpanzees, black and white ruffed lemurs, American flamingos, thick-billed parrots and various reptiles.

Connecting to creatures and cultures

One dominant aspect about the zoo is its longtime tradition of bringing families closer together and for many families, visiting the zoo has become a longtime family tradition.

Another early Sacramento Zoo visitor, Millie (Gasaway) Colton, said that five generations of her family have visited the zoo.

"I first went to the zoo in about 1940 with my cousins and my brothers and sisters, Betty, Wade and Dessi," Colton said. "My parents, Opel and Rollo, who had come from Oklahoma in 1937, would take us there on Easter to hunt for eggs and we would also get together there for birthdays."

Later, along with her husband Clyde, Colton brought her son Daryl to the zoo in the late 1940s and her daughter Susan to the zoo in the early 1950s.

Daryl's daughter, Debbie, paid her first visit to the zoo in the 1970s, before bringing her own children, Mackenzie, Donovan and Cameron, to the zoo in the 1990s.

Colton said that although the oldest of her great-grandchildren is only a teenager, she is already anticipating the day when her future great-greatgrandchildren make their way to the zoo for the first time.

One does not have to go far to find examples of family traditions at the zoo as is evident by the zoo's marketing director, Roy Kinji, who treasures a photograph he possesses from his childhood visit to the zoo with his family.

Since his early visits to the zoo, Kinji has returned to the zoo with his children and grandchildren.

A unique Sacramento experience

Lauren Kraft, the zoo's public relations coordinator, said that she always enjoys hearing about family traditions at the zoo and adds that it is understandable why families choose to visit the zoo year after year.

"The Sacramento Zoo is a great place to bring your family for an activity, where you're actually going to be interact-



Chimpanzees bask in the sun during a recent morning at the Sacramento Zoo

ing, learning about animals and conservation and getting outside," Kraft said. "We think the zoo is definitely a great place for families to spend time together and really connect."

Also drawing people to the zoo is its continuous schedule of special events and activities.

And one of the most popular events at the zoo, said Kraft, is the all-you-can-eat Ice Cream Safari, which is held annually in July.

"Through this event, you not only get to enjoy the allyou-can-eat ice cream, but you get to enjoy the animals at a time when you normally don't get to see them and see how

they act a little bit differently during the evening hours."

Another event coming to the zoo is the California Celebration, which will be held on May 2. The event is a celebration of the rich cultural diversity of California and will include entertainment from different regions and cultures.

A day at the zoo

Kraft invites the public to visit the zoo and perhaps begin a family tradition of enjoying the benefits of visiting the zoo.

"Come out to the zoo and begin your family tradition starting with your kids and hopefully your future grandchildren," Kraft said.

American Flamingos are a popular attraction at the Sacramento Zoo.

Admission to the zoo, which is open daily from 9 a.m. to 4 p.m., is \$9 for general admission; \$6.50 for children ages 3 to 12; and free for children, 2 years old and younger.

For additional information about the Sacramento Zoo and its many activities, call (916) 808-5888 or visit the Web site www.saczoo.com.



Sacramento Zoo to add fun, educational 'Conservation Carousel'

By Lance Armstrong THE LAND PARK NEWS

ith its goal to attract more visitors and provide a greater variety of offerings, the Sacramento Zoo is scheduled to open its newest attraction, the Conservation Carousel, in mid-May.

Featuring 32 hand-carved, wooden animals, the carousel will draw instant attention for zoo visitors due to its colorful presence, rich entertainment aspects and prime location, just south of the main gate and miniature train depot.

Among the hand-carved animals, many of which represent endangered animals and favorite residents of the Sacramento Zoo, are the chimpanzee, jaguar, red panda, sea otter, ladybug, Clownfish, peacock and leopard.

The carousel will include stationary animals, animals that move up and down during the ride and two chariots, one of which is American Disability Act approved.

Excitement over new attraction

Sacramento resident Joan Parks said that her visits to the zoo with her three granddaughters should become much more entertaining with the opening of the carousel.

"Every time we come (to the Sacramento Zoo), we're looking for something new and fun to do and the idea of having a carousel that represents the zoo is so exciting," Parks said. "To reinforce the beauty of the animals in their natural habitat, other than just having a horse carousel, I just think is so nice. I think the children will be so excit-

ed to ride on the animals that they have just been looking at. It's going to be so much fun. I've never seen anything like this."

And with a chuckle, Parks added that although children will benefit from the carousel the most, "a carousel is for all ages."

Being that the Sacramento Zoo is a small zoo, the opening of the carousel is additionally important to the zoo and its staff, since changes such as adding new animals and new exhibits are less common at the Sacramento Zoo than at larger zoos.

Motion with a message

Lauren Kraft, the zoo's public relations coordinator, said that the carousel will not only bring additional entertainment to the zoo, but it will also provide opportunities for conservation awareness.

"There's going to be some educational conservation messages around the carousel, so while you're waiting in line or while you're hanging out around the carousel, you can learn a little more



Jeremey Melton of Concrete Services points to the "in progress" construction of the Conservation Carousel at the Sacramento Zoo.

about such things as why a snow leopard is endangered," Kraft said.

The carousel, which will have a diameter of 36 feet and will stand 17 feet tall at its apex, will also provide a muchneeded fundraising opportunity for the non-profit zoo, which is offering sponsorships of each animal on the carousel.

Businesses, organizations and individuals have the opportunity to donate \$5,000 per animal for a 5-year sponsorship or \$10,000 per animal for a life-time sponsorship. Thus far, \$50,000 has been raised through this program.

Jeremey Melton, superintendent and detailer of Concrete Services, which recently completed the project's concrete foundation during a 15-day period, said that much pride is being taken with the creation of the carousel.

"It's been a fun little job working on this project," Melton said. "We're big on giving back to the community – we always have been – and this is one of our contributions. It's a really good project and the kids will love it."

As hardhat and vest-clad workers continue to push forward with this project, public anticipation for the opening of the carousel increases day to day.

Among those waiting with excitement for the opening of the carousel is 6year-old Rancho Cordova resident Andrew Price, who recently observed the construction process of the carousel.

"I think (the carousel) is amazing, because I love going to fairs and this is just like the rides at the fair," Price



This group of students from Riverview Elementary School in Rancho Cordova is among the many local children anticipating the opening of the Conservation Carousel.

said. "And when they build it, I want to come here and ride the lion, because it's my favorite."

Although the carousel's location is the former site of special exhibits, including the popular penguin exhibit, Kraft said that temporary exhibits will continue to be showcased in other zoo locations.

"The carousel is actually in the area where the penguins were, but no one should worry, because we have other areas where we can still do temporary exhibits," Kraft said.

Coming soon to zoo

Construction on the carousel, which was the idea of the zoo's general cura-

tor, Jim Schnormeier, began in January and once completed, a more concentrated emphasis will be placed upon the construction of the zoo's new giraffe exhibit, which is expected to be completed in early 2010.

The carousel pieces, Kraft said, will begin to arrive this week (April 19-25), thus bringing the public that much closer to the reality of the birth of another popular zoo attraction.

For additional information about the Sacramento Zoo and its soon-tobe-completed Conservation Carousel, call 808-5888 or visit the Web site www.saczoo.com.

Connecting to people, places, proposals and events

By Councilmember Rob Fong SACRAMENTO CITY COUNCIL

Housing Matters

Looking for housing? The Sacramento Housing Alliance can help you find an affordable place to live. SHA promotes quality affordable and accessible housing and enhanced opportunities for lower income households and homeless individuals. To be kept informed of the latest information on housing matters, visit the SHA Web site at www.sachousingalliance. com and join their mailing list or you can also contact SHA by phone at 455-4900.

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Happening at the Sacramento Zoo California Celebration, Sat-

urday, May 2 from 9 a.m. to 4 p.m.

This is a fun filled event that celebrates the rich cultural diversity of California.

There will be animal talks, cultural groups, live performances and activity stations scattered throughout the Zoo. For more information on Sacramento Zoo, events visit www. saczoo.com.

"Fiesta de Mayo" – A May Celebration

The Rotary Club of Sacramento Presents: *Fiesta de Mayo*

A fun-filled evening of dinner and drinks, the event will include Latin Jazz music and live and silent auctions on Saturday, May 2 starting at 6 p.m. at the California State University, Sacramento, alumni center. Proceeds will go to the Sacramento Crisis Nurseries and Rotary Youth Projects. For tickets, please contact Deb Thornton at 218-4779 or e-mail deb@unify.com. Tickets are only \$50.

Teen Unity

Teen Unity is a program where teens can work-off some energy, demonstrate their talents in dancing and singing, and hang out with friends. Through a variety of activities such as sports, arts and crafts, social activities, special events, guest speakers, field trips and much more; teens 12-17 years of age can build self-esteem, social and decision making skills. This free program ends May 15. For more information, call 808-8382.

"Tip of the Month"

Giving back to the community Hemispheres Arts Academy is a non-profit organization dedicated to provide funds for visual and performing arts instruction for school age children in the greater Sacramento region.

Recognizing the need to provide children with more creative opportunities due to a reduction in funding for school arts programs, I formed the non-profit Hemispheres Arts Academy in the year 2000 as a free after school arts program with a mission of bringing students interested in the arts together with professional artists in Sacramento.

For more information and/ or to help support this ongoing program, visit their Web site at www.hemispheres-art.org.



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Garden Tour and Tea: Seeing soulful growth in Land Park

By Elizabeth Kalfsbeek

Ven with the lack of rain, spring is in full bloom and Holy Spirit School is gearing up for the 12th annual Land Park Garden Tour and Tea, set from 10 a.m. to 4 p.m. Saturday, May 2. As one of the school's few fundraisers, the current economy makes this year particularly poignant.

"Especially now, with how hard schools are being hit financially, people want to support as much as they can to help keep enrichment programs," said garden tour and tea chairperson, Lisa West. "Art and music programs are usually the first ones to go."

Monies as a gateway

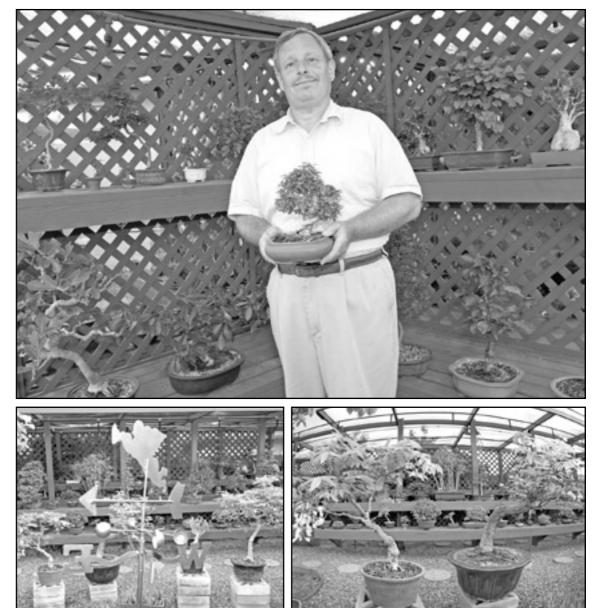
The Holy Spirit Church 20/30 Club hosted the fundraiser for nine years before transitioning to the Holy Spirit School three years ago. In keeping with the church's mission of benefiting a charitable organization, proceeds benefit the Mustard Seed School Arts Education as well as the Holy Spirit School Fine Arts Program.

"Visitors attending the event are not only spending mon-

ey, they are investing in the arts and continuing to bring that beauty to our young people," West said. "Without these enrichment programs, you don't have the same beauty in the schools; you have math, English and history – which is essential – but there would be a lack."

By funds raised for the fine arts program at Holy Spirit School, students have been able to visit the Crocker Art Museum, the Sacramento Ballet has visited the school, as well as other artists who lead the children in creating art projects, some of which are displayed in the garden tour this year. The school also maintains a volunteer K-8 Art Docent Program, which is like a portable museum for each grade.

"We feel the (financial) hit just like the public schools do, and we're very dependent on alumni and parents for our enrichment programs," said Christine Breining, garden tour and tea committee member and co-chair. "This fundraiser helps tremendously with that cause. The more funds we can raise at events like this, the more enrichment programs will be available for the school, and for Mustard Seed School. These programs are so incredi-



Standing among his many bonsai trees, local resident Will Mooring presents a sampling of his gardening endevors. Wrought with passion and time: In the garden of Will Mooring, two trees extend and expand in the controlled manner of the bonsai art form. Peace settles above the pebbles and plants in the garden of local resident Will Mooring.



bly important for their supplemental education."

Touring Land Park's secret gardens

This year, visitors will tour seven very different gardens in the Land Park area. New for 2009 is the garden of longtime resident Will Mooring, and his bonsai showplace. Mooring has been cultivating bonsai trees for 40 years and his incredible yard is like a gallery, including roses and citrus trees.

In South Land Park, guests are welcomed in a garden infused with modern Asian flair, and an original commission by artist Anthony Padilla. Padilla uses spray cans to create his pieces, which have elements of graffiti to them.

"This is a very eclectic yard, full of modern art like a gallery, and the landscape of junipers, evergreens and bamboo adds great Asian flair," Breining said.

Three gardens on the tour celebrate the art of entertaining. One large yard in particular boasts an entertaining pavilion built by a local architect, while a smaller garden also lends itself to hosting by sitting in the yard cozying up to an outdoor fireplace.

"It's a great way to see what you can do with a large yard and a small yard, and how much you can achieve with any space," Breining said.

Another stop on the tour is essentially a courtyard of a beautifully remodeled Spanishstyle home. The centerpiece is a 100-year-old olive tree surrounded by a beautiful palette of plants. The artist is the homeowner, Paul Kreutz, who also collaborates on local films.

"The garden achieves a beautiful sense of privacy and tranquility, while also open to the street," Breining said.

Three local businesses will be on hand in some of the gardens to stage vignettes, so to speak, by enhancing the experience with table settings, statuary or other apparel. This year, Collected Works of Freeport Boulevard, French Hen of Folsom Boulevard and Treasured Tea Time of Riverside Boulevard will be participating.

And tea, too

Besides the garden tour, a highlight of the day is the noon tea service in the garden of the Parker family, rumored to be the largest lot in Land Park. The yard is the perfect setting for the tea because of the shade offered by the very mature Japanese maples, the abundance of grassy space as well as a paved

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Seated in neat rows, bonsai trees of different sorts and varieties stand as a testament to the efforts of local gardener Will Mooring.



Garden

Continued from page 12

patio. Service is set for 24 tables of eight places.

"The tea is absolutely beautiful," West said. "Each table is set differently with an individual's personal China, linens and silver. The tables usually have a theme, as well as a favor for each person – like a tea party."

In years past, tea table themes have included "Jackie O.," and large, dark sunglasses were given as a favor to each tablemate. One table boasted a Moroccan theme, with gold-rimmed platters and jeweled boxes as favors; another table carried a seashore theme, with freshwater pearl bracelets wrapped around napkins as favors.

"It's wonderful to see everyone's creativity," West said.

Traditional afternoon tea fare will be served, including tea sandwiches, scones, lemon bars, fresh fruit, sweets, tea and more – all homemade and donated by community members.

"There's nothing more lovely than spending your day walking through gardens and enjoying a nice cup of tea," West said. "The event encompasses the church and the whole community at large. Besides parents, neighbors call to volunteer to be a garden sitter, make sandwiches, or to help any way they can."

"It's a wonderful way for the school to reach out to the community, and vice versa," Breining agreed. "It shows the kids we're all a part of a greater community."

Tickets and more

Tickets for the tour are \$20 (\$15/seniors) in advance and \$25 (\$20/seniors) the day of the tour. Tickets may be purchased in advance at the Holy Spirit School office or at the Holy Spirit Church boutique the day of the event. To reserve space for the tea, call Tracie Guillen at 446-5700. Tickets are \$40 (\$35/seniors).

E-mail Elizabeth Kalfsbeek at vcnnews@valcomnews.com.

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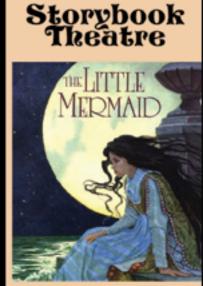
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Another Successful Year For Sacramento Association of REALTORS® Masters Club

ven in a challenging Real Estate Market, 2008 was a successful year for the Sacramento Associa-Ł tion of REALTORS® Masters Club. The Club recognized and congratulated 624 members for their professional achievement at its 2009 Awards luncheon held March 13 at the Hyatt Regency Hotel in Sacramento. This number represents the top 10% of all Sacramento Association of REALTORS® members. The purpose of the Masters Club is to support the Sacramento Association in providing programs and services that enhance the competency, professionalism and productivity of its members, and to recognize the achievements of the top REALTORS® who apply for membership and who have earned a requisite level of excellence in real estate sales. The Sacramento Masters Club is active in supporting community activities by donating monies and services to a wide range of local charities. Giving back to the communities that have contributed so much to the success of Club members is one of the primary goals of the Masters Club.

Proceeds from the annual Masters Club fundraisers, including a golf tournament and other club activities, benefited the following charities in 2008: Bishop Quinn Cottages, Breaking Barriers, Mustard Seed School, Sacramento Crisis Nursery, Stanford Settlement and Well Springs Women's Center. All told, the SAR Masters Club raised and donated over \$8,600.00 to these local charities in 2008. Masters Club members, in partnership with their clients and the community, anticipate another great year for the Sacramento County real estate business in 2009. Make your move to team up with the best in real estate, your Masters Club REALTOR®!

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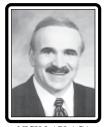
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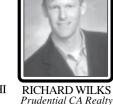
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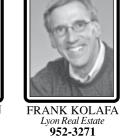
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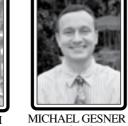


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Ask Officer Michelle Answering your questions on local law enforcement

By Officer Michelle Lazark SACRAMENTO POLICE DEPARTMENT

Editor's note: Ask Officer Michelle your question by e-mailing her at mlazark@pd.cityofsacramento.org or visit her online blog at http://blog. sacpd.org.

Info on towed and impounded vehicles Hello Officer Michelle,

I am divorced and my ex has one of the vehicles, I am unable to sign the title over to him because the vehicle was in a chapter 13 (meaning my name is still on the vehicle). He has claimed that the vehicle has been impounded. Is there a Web site that people can look up to see if their vehicle has been impounded?

> Thanks, Louretta

Dear Louretta.

If the vehicle was towed by a law enforcement agency, it would be listed in the Stolen Vehicle System. Therefore, you can contact any law enforcement agency to see if it was towed. However, keep in mind, listings drop out after 30 days. In addition, the law enforcement agency who towed it would have sent a notice to the registered owner at the owner's last address with DMV. (Vehicles impounded for evidence related to a crime are handled differently.)

My suggestion is that you call Sacramento Police Department Records at 808-0620 and have the license plate run to see if the car has been towed and stored. It would be helpful if you knew the approximate date. Make sure to have the vehicle license number when you call. We can also check our system to see if it was towed over 30 days ago and has fallen out of the system.

Good luck. Officer Michelle

Neighborhood crime online

Hi, I am new to the area. I do not know much about the local crime and am trying to determine which areas to avoid at which times. Is this information available on the Sacramento Police Department Web site? Thank you for your time. **JV Buckley**

Dear JV Buckley,

Thank you for contacting the Sacramento Police Department. Welcome to the area! To understand more about the crime in the city of Sacramento, I encourage you to check out our crime section of our Web site. You can link to it through http://www.sacpd.org/crime. Here you will be able to educate yourself on crime statistics with a year-toyear comparison, as well as understand the different neighborhoods and police beats that cover each neighborhood.

Lastly, we have a crime-mapping tool that allows a user to search by areas and

"I encourage you to check out our crime section of our Web site. You can link to it through http://www.sacpd.org/crime."

crimes within the city. Although there is not a feature to search against for times of these crimes, it does show the locations and dates of occurrence. I hope you find this information helpful, and please feel free to contact us in the future.

> Best. **Officer Michelle**

Policing Police

Hello, my name is Keith and I was wondering where I would put in a complaint about police, highway and sheriff officers that are violating protocol? This came to me when I was driving on Folsom Boulevard and saw a Folsom Police officer sitting under the Metro light rail bridge with his lights off his bike and he was checking peoples speeds. Now the problem is not him checking speeds, but under the bridge it was very dark and a driver could not see him until the last minute and this would be very harmful if a driver was in an accident and needed to utilize the shoulder at the last possible second. Thank You, Keith

Dear Keith,

If you have a concern or complaint about an enforcement procedure or "protocol," I would call the associated department's watch commander. You can call your department's dispatch to find out how to get in contact with a watch commander. Oftentimes, dispatch will get your information and have a watch commander or sergeant call you back. You can state your concern at that time. It is usually an officer's call where they park when doing traffic enforcement. If you are concerned about the officer's safety, or the safety of the public, call the agency involved. The supervisor would then share your concern with the traffic section and discuss the matter. Hope this helps.

Officer Michelle

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Taking a good look at the neighborhood watch

By Art German The land park news

eeping on the alert for suspicious activities and reporting them promptly to the police are cornerstones of an effective community watch program, South Land Park residents were told at a meeting at the Alice Birney School on March 11.

The speakers were two police department community service officers, Katherine Hutchison, who serves the South Land Park and Pocket areas, and Holly Kinney, who covers areas to the south. Close to 100 persons attended the meeting, which was arranged by the SLP Homeowners Association.

"Don't be hesitant to report things to us," said Hutchison, adding that actual emergencies could be channeled via the 911 number on home phones and 732-0100 on cell phones.

She added that cell phones should not be used for 911 calls within the city, and suspicious activities that fall short of being actual emergencies should be reported to police via 264-5471. As one deterrent to crime, Hutchison recommended burglar alarm systems.

"If the alarm goes off when burglars are trying to get into a house, it will usually scare them off," she said.

Officer Kinney reported that most home burglaries occur in the daytime, when the burglars can often determine that no one is at home. If an unknown or suspicious stranger rings the doorbell when someone is home, she said, the homeowner should avoid opening the door. In addition to burglaries, various kinds of scams have occurred on houseto-house calls, Kinney added.

"You don't have to answer the door," she said. "And don't make it easy for intruders to get into your back yard."

She also recommended that homeowners avoid leaving their automatic garage door openers in their cars while they're parked outside. They are often targeted by car thieves and can be used later to break into the owner's house, Kinney added.

Hutchison, the South Land Park-Pocket area service officer, said she can be reached directly by phone at 277-6079.

"If there's a problem, call us," she added.

'Scarves of Hope'

In a time when all must adhere to a tighter budget, it is also an opportunity to show care and understanding to those who have little or nothing at all. Now is the time to plan for those who will be without come winter.

Judy Austin is knitting scarves for the homeless and would like to put a challenge to all the knitters in the neighborhood to donate to this cause. The challenge is 10 scarves each between now and Nov. 1.

For more information, contact Austin at judy@scraparoundthecorner.com.

Spring Clean Shred

The Holy Spirit Parish and Saint Vincent de Paul Society will host a paper-shedding event Saturday, May 2 from 9 a.m. to 1 p.m. at the Holy Spirit Parish parking lot, 3159 Land Park Dr.

In this day and age, it is important to make sure your outdated confidential materials are destroyed and this is a day to get rid of all your old papers. This is an opportunity for on-site shredding for all confidential materials. Simply drive through to unload papers for shredding.

Donations will be accepted. A recommended donation is \$5 per file box. All of the proceeds raised will go to St. Vincent de Paul Society-Holy Spirit Paris to feed, clothe and care for those in need.

Thank You, Land Park For Supporting Your Community Newspaper!



Finding care and comfort at Primrose

By Ryan Rose THE LAND PARK NEWS

I f the bulk of an individual's character is based on a collection of memories and personal experiences, then the quest to preserve the mind is a battle that can save the soul.

It's a goal to which Primrose Alzheimer's Living Inc. is committed.

Founded in 1997 in Santa Rosa as an innovative alternative in residential care and expanding into Sacramento in January of 2002, Primrose offers a living center option directed specifically at seniors living with memory impairment, most especially Alzheimer's disease and dementia.

Now more than seven years after coming to Sacramento, Primrose, 7707 Rush River Dr., is an established part of the residential care community, offering campus-style cottages with 18 beds apiece, a day care center and a community resource library. Moreover, the Primrose staff, according to the business' Web site (www.primrosealz. com), is "(incorporating) the latest disease research findings" into their daily practice.

"Having started Primrose a little over 10 years ago, we wanted to create an environment that would enhance the lives of people with memory issues," said John Wotring, proprietor of Primrose Alzheimer's Living Inc.

According to the business' mission statement, Primrose is dedicated "to nurturing the physical, social and spiritual well-being of individuals with Alzheimer's disease and related forms of memory loss... (Primrose staff) considers each person's unique life experiHaving started Primrose a little over 10 years ago, we wanted to create an environment that would enhance the lives of people with memory issues...³³

ences, abilities and needs in designing their daily activities and living environment."

To that end, Primrose held two health events to share information on wellness. The events, sponsored by Primrose's own non-profit affiliate dedicated to informing the public and physicians of memory loss educational information, were a seminar on Parkinson's disease and their first annual health fair.

"We want to gather the critical information, disseminate it and cause people to act," said Wotring, adding that the Primrose mission felt like a "calling" after witnessing his own mother and father battle memory impairments. "This is letting people make a choice rather than being ignorant of their choices."

For more information on Primrose, call Valerie Barclay at 392-3510.



There's always more calendar at www.valcomnews.com

Get in the calendar

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event-including date, time, location, a brief description, cost (if any), and contact informationto Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail rvanrose@valcomnews.com. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost.

April

Bridal gown, prom dress expo

The Sacramento Discovery Shop presents a Bridal Gown and Prom Dress Expo featuring fabulous, affordable wedding dresses and outfits for mothers-of-the-bride and flower girls. Also featured will be prom dresses and formals. Proceeds go to the American Cancer Society. The Discovery Shop is located at 2744 Marconi Ave. The shop is open Monday through Friday from 10 a.m. to 6 p.m., Saturday from 10 a.m. to 5 p.m. and Sunday from noon to 5 p.m. Volunteers are need for Friday, Saturday and Sunday. For more information, call 484-0227.

APRIL 25

Special Writers' Conference

"Our Life Stories," a cross-generational writers' conference sponsored by Hart Senior Center and Cosumnes River College takes place on Saturday from 8 a.m. to 4:30 p.m. at the CRC campus. Keynote speaker is James D. Houston, award-winning author of eight novels, including "Bird of Another Heaven" and "Snow Mountain Passage." Locally and nationally recognized experts will lead workshops on autobiographical narrative, memoir, poetry, publishing and storytelling. The conference is designed for adults 50 years and older who are writing or interested in writing their life story, however, aspiring writers of any age are welcome. Registration fee is \$30 and includes lunch. Space is limited so reg ister early. For more information, call the Hart Center at 808-5462.

Play playground games

Get a group together and come out for the first annual Playground Classic where you'll compete in childhood games of kick ball and Capture the Flag. The event will be held on consecutive Saturdays at Jonas Larkspur Park, on the corner of Jonas Avenue and Larkspur Lane. Each Saturday features a different game: today, kickball; and May 2, Capture the Flag. Games begin at 10 a.m. and tournaments will finish by 3 p.m. Teams should consist of 10 to 12 people, and be equally divided between men and women. Register for individual tournaments (\$60). Registration forms and more information can be found at www.amrpd.org or call 487-7851.

Book Sale

Come to the 4th Annual Friends of Library Book Sale. Held at the Elks' parking lot, 6446 Riverside Blvd. from 8 a.m. to 2 p.m. Both hardback and paperback books, coffee table books, cooking, garden and all the rest.

Clean up the creeks

Carmichael Recreation and Park District celebrates Creek Week, 9 a.m., with a clean up. Bring family and friends to get wet and muddy, create art from trash, help clean up parks and creeks, and mingle with fellow creek lovers. After the clean up, volunteers will be honored at the Sacramento Discovery Learning Center, 3615 Auburn Blvd. Activities at noon include free barbecue, t-shirt, educational and activity booths, music and more. Information from the Sacramento Urban Creeks Council, 482-8377.

Everything geraniums

Carmichael Geranium Society Festival and Sale with award-winning geraniums on display and for sale, 10 a.m. to 3 p.m., Carmichael Clubhouse, 5750 Grant Ave. Includes ceramic handmade pots for sale, and free advice on potting and planting geraniums. Information from Pearl Lemkuil, 483-4496 or the Carmichael Park and Recreation District office 485-5322.

A "Celebration Bazaar"

One House of Peace is sponsoring the "Celebration Bazaar" from 11 a.m. to 4 p.m. at 1470 27th Ave. in Sacramento. There will be music, arts and crafts, vegetarian food, new scooters for sale and chair massages by Amanda. Join in the festivities or participate by bringing gently used items or baked good. For more information, visit www.onehouseofpeace.org or call 456-1795.

April 25-26

Water Conservation Program

In the spirit of Earth Day, the Museum is hosting a special appearance from the Folsom Gatorobytes. This program is an award-winning group of elementary students who apply technology to conservation. This kid friendly program teaches the entire family about water conservation and usage. See it all at the Discovery Museum Science and Space Center, 3615 Auburn Blvd, from 12:30 to 3 p.m. The cost is \$6 adults (18+), \$5 seniors (60+), \$5 teens (13-17), \$4 children (4-12), \$0 children (3 and under). For more information, call 575-3942

APRIL 26

Spring Flowers Ball

Great swing numbers by Fred Morgan's 15 Piece Big Band will be featured at the 9th annual "Spring Flowers Ball," presented by the Nor Cal Big Bands Preservation Society, Avalon Hearing Aid Centers and Senior Magazine, Sunday, April 26, at Sacramento's Elks Lodge #6, 6446 Riverside Blvd (off I-5) from 1 to 5 p.m. Singles and couples are invited to bring their spring blooming flowers and add them as centerpieces on the 30 ballroom tables surrounding the 4,000 square foot floor. Doors open at 12:45 p.m. From 1 to 1:55 p.m., a free dance lesson by a leading dance studio instructor kicks off the event. Tickets (sold only at the door) are \$14 per person, \$12 per in groups of ten and just \$10 to the Society's Gold Card Holders. Society Membership (only \$24 yearly) saves \$4 at each of the monthly dances. Call 444-6138 for information, details and directions.

An Evening of Music

All Saints Episcopal Church, 2076 Sutterville Rd., presents: Camerata Capistrano, the exciting Baroque ensemble from Sacramento State University conducted by Dr. Lorna Peters in concert following the Choral Evensong at 4 p.m. on Sunday. This group consists of students from the music department at CSUS. They have performed together for 4 years. A reception will follow. A free will offering will be taken. Child care is available. Further information, visit www.allsaintssacramento. org or call 455-0643.

APRIL 27

Breakthrough piano instruction

at Belle Cooledge Library Dane Andrus is a Simply Music senior associate piano instructor. He will be leading a free introductory session on the Simply Music piano method Monday from 10 to 11:15 a.m. at the Belle Cooledge Library for the seventh year in a row. At least two songs will be learned using the Simply Music Method. Group classes for Simply Music instruction will be offered subsequently for adults. Seating is limited.

APRIL 29

Cancer prevention study event

The third Cancer Prevention Study of the American Cancer Society will be enrolling participants on the South Steps of the State Capitol on Wednesday between 10:30 a.m. and 2:30 p.m. this year only. Individuals who choose to participate will complete a brief questionnaire, give a waist measurement and a small blood sample. If you are 30-65 years old and never have been diagnosed with cancer, then you will want to participate in this study. Visit www.cancer.org/cps3, call 1-888-604-5888 or e-mail cps3@cancer.org to learn more.

ΜΑΥ

Free Pole Walking Clinics

Sponsored by the nonprofit Cure Arthritis Now, this program will run Saturdays, May 2 and May 16 on Scripps Drive from 9 to 10:30 a.m.; Mondays, May 18 and June 1 from 9 to 10:30 a.m. in River Park; and Fridays, May 15 and May 22 from 9:30 to 11 a.m. in Curtis Park. Pre-registration is required and clinics will be rescheduled if rain is expected. Demo Poles provided free during clinics. Call for details of exact locations at 208-8700.

MAY **2**

Play Capture the flag again

Get a group together and come out for the first annual Playground Classic where you'll compete in your favorite childhood game of Capture the Flag, at Ionas Larkspur Park, on the corner of Jonas Avenue and Larkspur Lane. Games begin at 10 a.m. and tournaments will finish by 3 p.m. Teams should consist of 10 to 12 people, and be equally divided between men and women. Registration is \$60. Registration forms and more information can be found at www.amrpd. org or call 487-7851.

Get rid of E-Waste

E-Waste Recycling Collection Event will take place from 8 a.m. to 6 p.m. at the Cabana Club, located at 6207 Riverside Blvd. in Greenhaven. The Sacramento Stingrays Swim Team sponsors the event and the team swims at the Greenhaven Cabana Club.

Spring Clean Shred

The Holy Spirit Parish and Saint Vincent de Paul Society will host a papershedding event Saturday, May 2 from 9 a.m. to 1 p.m. at the Holy Spirit Parish parking lot, 3159 Land Park Dr. This is an opportunity for on-site shredding for all confidential materials. Simply drive through to unload papers for shredding. Donations will be accepted. A recommended donation is \$5 per file box. All of the proceeds raised will go to St. Vincent de Paul Society-Holy Spirit Paris to feed, clothe and care for those in need.

Backvard composting seminar

Learn how to save money, reduce your waste and improve the quality of your soil in a free Backyard Composting Seminar hosted by The City of Sacramento Department of Utilities Solid Waste Services, 8 to 10 a.m., J. Neely Johnson Park Community Garden, 516 11th St. Attend the seminar and purchase a compost bin for \$65. For more information, call 264-5011 or visit www.cityofsacramento.org/utilities.

Land Park rummage sale

The Land Park Rummage Sale in conjunction with "Cinco de Mayo Break-

fast and Car Show" will be held Saturday from 7 a.m. to noon. The event will be located at the corner of Land Park Drive and Vallejo Way on the Front Lawn of California Middle School. All proceeds to benefit school programs. The event includes a large flea-market style multi-vendor rummage sale, a Mexican themed breakfast with music and entertainment, and a classic car, motorcycle, and bike show. For information, please e-mail landparkrummage@yahoo.com or call J. Valdes at 916-264-4550.

May 3

Help Relay for Life

The American Cancer Society will be having a Relay for Life event in the Arden/Arcade neighborhood May 2 and May 3 at Howe Park. Velvet Wright captain of team "86,400," said the relay is a special place to celebrate those who have survived cancer and remember those we have lost. Velvet who is a melanoma survivor is also a cancer nurse at Sutter Hospital. To help, donate or volunteer contact Velvet or Will Wright at 487-3625 or 289-3634, email her at wilvetvw@sbcglobal.net, or go to her Web site, main.acsevents. org/goto/86400.

May 4

Paper Clutter Workshop

Learn what should be kept, what can be thrown away and how to best sort, store and organize your paperwork. Presented by Lisa Smith-Youngs from Senior Connection. 1:30 p.m. Ethel Hart Senior Center, 915 27th St. Free. 808-5462

May 5

Cinco de Mayo

Join the fiesta at Aegis of Carmichael from 2-4:30 p.m. at 4050 Walnut Ave. in Carmichael. There will be a live mariachi band. Mexican cuisine, margaritas, cerveza and lemonade. Please RSVP to 1313.

See more Calendar, page 24





There's always more calendar at www.valcomnews.com

May 6

DTV Workshop

Learn about the digital TV conversion, set up for TV's and VCR's or bring in your device if you are having trouble with it. 9:30 a.m.-11:30 a.m. Ethel Hart Senior Center, 915 27th Street. Free. 808-5462.

May 8

Free coaching clinic

Football University will host a free coaching clinic on Friday from 7-8:30 p.m. at Inderkum High School, 2500 New Market Dr. FBU's staff of former NFL players and coaches will be on hand to conduct a coaches technique clinic. A breakout session by position will follow. Participants are invited to return to view the Saturday and Sunday camper-only sessions beginning at 9 am to get an upclose look at the most technical football camp in the country. For a complete list of instructors in attendance, visit www. footballuniversity.org.

May 9

Canine Craze Fun Dog Show

Carmichael Parks and Recreation District's 11th annual Canine Craze Fun Dog Show, 10 a.m. to 1 p.m., Carmichael Park, 5750 Grant Ave. Free. A dog show for everyone and every dog, with free hot dog barbecue. Information at 485-5322.

Mother's Day Family Food Drive Come help honor your mother by

helping other moss this May. Join

honoring Mother. Bring four cans of your favorite vegetables to any Robinson's Taekwondo location through out the Sacramento region and we'll give you free Cardio-kickboxing or TKD lessons for your whole family! With 18 area locations, Robinson's is the first family name in Sacramento martial arts, so visit www.robinsonstkd.com to find a location near you. Drop off your canned food donation any time in May. We'll see it goes to families in need in the Sacramento region. Join the Robinson's family for a special Open House, Saturday, May 9, 1-4 p.m. to celebrate Mother's Day weekend. Have fun, win prizes, free classes, see extraordinary Taekwondo and Cardio-Kickboxing demonstrations and receive special gifts for mom. For more information, call 704-0080.

the Robinson's Taekwondo Family in

Feats of glass

Glass Artist Phil Teefy and Photographer Rudy Calpo will be featured in May at Fe Gallery, along with Metal Artist Stephen Lyman and Fused Glass Artist Sheena Wolfe. An artist reception will be held Saturday May 9 from 6-9pm. There will be an art demonstration on mask mold making at 7:30 p.m. Fe Gallery is located at 1100 65th St. (north of Folsom Blvd., corner of 65th and Elvas), East Sacramento. For more information about the artists and gallery go to www.FeGallery.com or call 456-4455. Fe Gallery hours are currently from 8:30a.m. to 4 p.m. Monday through Friday and Sat-

MAY 10

Breast cancer walk

Join the fight against breast cancer in the fourth annual Walk to Empower, 9 a.m. at Southside Park. The three-mile, non-competitive walk is expected to draw more than 1,600 people and raise more than \$200,000 for Breast Cancer Network of Strength, which provides emotional relief for breast cancer patients and their families. For information and registration, visit http://walk. networkofstrength.org or call 1-877-963-7223 x 2739.

May 14

Eskaton's annual gala

A night of "Old Hollywood Glamour," with live music, a casino, fine wines, dinner, live auction and raffle benefits Eskaton's community programs, including The Senior Connection, TLC Telephone Reassurance Program, adult day health and affordable housing, 5:30 to 9:30 p.m., Arden Hills Resort Club and Spa. Tickets, \$125, \$100 for ages 70-plus. Information from Suzanne Strassburg, 334-0810.

Backstage tour of Fairytale Town

Fairytale Town invites you and your family for a Springtime Tour of the park - and a peek into their backstage areas - as they pull together exciting activities for their 50th anniversary year. Join us for appetizers, a glass of wine and a tour around the park to see our recent renovations and hear about our future plans! The event is from 5:30-7 p.m. at Fairytale Town, 3901 Land Park Dr. RSVP at rsvp@fairytaletown.org or 808.8886.

Arts commission lecture

Northern California Arts, Inc. invite you to attend a meeting with Rhyena Halpern, Director of the Sacramento Metropolitan Arts Commission Lecture "You, the artist, and the Sacramento Metropolitan Arts Commission at 7 p.m. at the Sacramento Fine Arts Center. 5330-B Gibbons Dr., Carmichael, 971-3613 or 966-8910 Guests are always welcome. Wheelchair accessible.

MAY 16

Spring Park Carnival

Come celebrate spring at the Spring Park Carnival, 10 a.m. to 3 p.m., at Hamilton Street Park, Food, music, arts and crafts, vendors, carnival games, prizes and giveaways for families and people of all ages.

For information, call 482-8377 or visit www.arcadecreekrecreation.com.

JFK Boosters Car Wash

Please bring your car in for a spring cleaning on Saturday, May 16 at Caroline Wenzel Elementary School, 6870 Greenhaven Dr., to support the Kennedy High School Marching Band, voted "Best of Sacramento-2009." \$5.00any vehicle, 8:00 AM - 1:00PM.

Literary Arts Festival

Multicultural Children's Literary Arts Festival, 11:00 a.m., to 2 p.m., Fremont Park, downtown Sacramento, between Q and P streets at both 15th and 16th streets. Introducing the literary arts through interactive activities, performances, and exhibits. Supporting organizations include CADA, the Friends of Fremont Park, and the Sacramento Poetry Center (celebrating the center's 30th anniversary). For more information, call 606-4303 or go to www.mccaf.net or www.fremontpark.net.

MAY 16-17

Cactus and Succulent Show The Carmichael Cactus and Succulent Society is presenting their 33rd annual Cactus and Succulent Show at the Carmichael Park Clubhouse, 5750 Grant Ave., in Carmichael. Admission is free and there will be free plants to the first 100 guests each day. There will be beautiful displays of cacti and succulents, plants, pottery, books, a raffle and refreshments. The event is 9 a.m. to 4 p.m. on Saturday and 10 a.m. to 2:30 p.m. on Sunday.

May 19

Estate Planning for Art Collectors

Financial and Estate Planning Seminar for Art Collectors is Tuesday, from 10:30 a.m. - 12 p.m. at the Crocker Art Museum. The meeting is an informative and interactive seminar specifically addressing financial and estate planning issues for art collectors. Attorney Don Poole, accountant Ron Pomares and the Crocker's Associate Director and Chief Curator Scott A. Shields will lead the presentation at the museum, 216 O St. For more information on exhibits and events call (916) 808-7000 or visit crockerartmuseum.org.

Art and Flowers at Casa Garden

Flowers at the Casa Garden Restaurant, 2760 Sutterville Rd., from 11:30 a.m. to 2:00 p.m. Stroll through the restaurant

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Land Park News

May 23

Sink or Swim Cardboard Boat Race

The Arden Manor Recreation and Park District is celebrating summer by opening the Deterding Pool complex, 1415 Rushden Dr., with a splash. Arden Manor Recreation and Park District be hosting the first Sink or Swim Cardboard Boat Race to be held at noon. There will be live music, BBQ, games and a boat showcase before the races begin. Teams of all ages are invited to participate in this fun event for the whole family. For the success of this event, we would love to extend an invitation to take the "Sink or Swim" Challenge and register a boat in the races.

May 28

Volunteer Recruitment Coffee

Want to give back to our community and have fun, too? Become a volunteer at the Casa Garden Restaurant, supporting the Sacramento Children's Home, in Curtis Park, since 1974. For more information, please join us on Thursday from 9:30 to 10:30 a.m. The restaurant is located at 2760 Sutterville Rd., up the hill from Sacramento City College, off of Highway 99. Please RSVP to 452-2809.

May 30

Arts in River Park

Held Saturday from 9 a.m. to 4 p.m. at the Scottish Rite Masonic Center. 6151 H St., this free event will include exhibits of local artisans and organizations, hand-crafted items available for purchase, food, healing arts, live entertainment and children's hands-on activities. For more information, visit www.artsinriverpark.org.

Annual SPCA Doggy Dash

The Sacramento SPCA will hold its 16th Annual Doggy Dash and Bark at the Park Festival. Registration begins at 7:30 am; run/walk begins at 9 am; festival begins at 10 am at William Land Park (Village Green Area). Registration is \$25 before May 22, \$30 thereafter. Or form a group and register as a fundraising Pack for \$40 per person. Children eight and under are free. Free parking is available at Sacramento City College on Sutterville Road. For more information or to register, visit www.sspca.org/doggydash, call (916) 383-7387, ext. 9102 or email specialevents@sspca.org.

Fairytale Town Goes Green

Fairytale Town will celebrate its 50th anniversary by going "green," 11 a.m. to 3 p.m., 3901 Land Park Drive. Several Sacramento-area environmental organizations will have displays and interactive demonstrations, and there will be hands-on educational activities that teach children to practice responsible conservation techniques. The event will also feature green art -- art made from recycled materials. Admission is \$4.50, free for children under 2. For more information, call 808-8886, or visit www.fairytaletown.org.







McClatchy Class of 1963 46th Year Reunion

To be located at an eight-acre private residence at 7260 Pocket Rd., the price is \$55 per person in advance or \$65.00 at the door. The theme is Rock n' Rollin' Barn Party with Catered BBQ. Guests can dance to "oldies" with the Jay Rolerz Band. Clothing is casual. The event starts at 5 p.m. and dinner begins at 6 p.m. A no-host bar will be available. Also available is a reunion photo memory book for \$20. For more information, call 600-8042

JUNE 9 **Travel abroad**

Attend a free information session about the Oaxaca, Mexico, Travel Study Program offered through Sacramento State, College of Continuing Education, 6 to 8 p.m. in Napa Hall, 3000 State University Drive East. Participants of the two-week program will attend educational seminars, guided weekend tours to archeological sites, and strengthen their Spanish language skills while earning three units of undergraduate or graduate credit. For

more information, call professor Peter Baird at 278-4916, or visit www.edweb.csus.edu/bmed/mexico.

Mondays

Tai Chi at Hart Center

Chinese exercise combines specific movements and relaxation, 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St. Instructor, Mamie Woo. Information at 808-5462.

Hatha yoga class

Instructor Pat Shaw teaches students to align the body through breathing techniques, postures and deep relaxation, 3 to 4 p.m., Hart Senior Center, 915 27th St. Information at 808-5462. Repeats Wednesdays, Fridays.

Gray Eagles meet

Gray Eagles, a social group for men and women, hears guest speakers on air shows, flying and warbirds, 11:30 a.m. to 1 p.m., second Mondays of the month. Visitors welcome. Free, at the Hometown Buffet (private dining room), 4300 Florin Road. Information at 421-0844.

Newcomer's Buffet

The Widowed Persons Association of California invite any and all widows and widowers to attend their Newcomer's Buffet and Social at 5:30 p.m., every third Monday, at the Plaza Hof Brau, El Camino at Watt Avenue. The cost varies as the choice is from a nohost buffet menu. For more information, call 972-9722.

Toastmasters meet

Guests always welcome at Klassy Talkers Toastmasters to have fun while improving speaking and leadership skills, 7 to 8:30 p.m., Executive Airport 6151 Freeport Blvd., 95822. Information: Jan at 284-4236 or www.sacramentotoastmasters.com

Co-Dependents Anonymous

Co-Dependents Anonymous meets, 7:30 p.m., Friends Church, Fireside Room, 41st and E streets. This 12-step group is for people whose common problem has been an inability to maintain healthy relationships. We support each other in developing fulfilling relationships. For more information, call 558-0448.

Evening Tai Chi class

Sixty-plus minute class includes Yang style Tai Chi, Chi Gong exercises, and strength training using elastic bands, 6:30 p.m., Parkside Community Church, 5700 South Land Park Drive. Open enrollment - join anytime. Cost: \$15 a month for members, \$20 for non-members. Information: 421-0492.

Girls-only karate

Karate for girls ages 7 and older, 6:30 to 7:30 p.m., Elks Lodge No. 6, Riverside Boulevard at Florin Road. Meets Mondays and Wednesdays. Information at 470-9950.

Community sing-along

Harmonize on old hymns and folk songs, just for our own pleasure. Shower singers are welcome. First and third Mondays,1 to 2:30 p.m., Fahs Room, Unitarian Universalist Society of Sacramento, 2425 Sierra Blvd. Free. Information at 457-4527, daytime.

Aviator interest

Gray Eagles, a social group for men and women to shares stories of military or sport aviation -- for former air or ground crew, or anyone interested in Meets second Monday, 11:30 a.m. to 1

TUESDAYS

Pastel landscapes class

Award-winning pastel artist Reif Erickson teaches a four-step process to creating art. Supplies provided for the first session and students provided with a materials list for further lessons. From 2:30 to 5 p.m., Ethel Hart Center, 915 27th St.; \$25 per lesson. Information at 808-5462.

Free Medicare counseling

Health Insurance Counseling & Advocacy Program (HICAP) offers free, unbiased information and assistance with Medicare problems, help with health and long-term care insurance. HICAP does not sell, endorse, or recommend insurance. Appointments are every Tuesday with John Gallapaga, call 376-8915 to schedule an appointment. For appointments in Spanish, call Marta Erismann at 231-5110.

B-17s, Reno races, and airshows. Free. p.m., at Hometown Buffet, 4300 Flo-

rin Rd. (private dining room). Information from Lou at 421-0844.



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A peek inside some of East Sacramento's most beautiful homes

Special to the Land Park News

he McKinley East Sacramento Neighborhood Association, known as MENA, is hosting its East Sacramento Home Tour Sunday, April 26, from 10 a.m. to 4 p.m.

This year, MENA is presenting a special tour featuring "The Homes of 38th Street," a unique walking tour of architectural styles from 1910 to 1929. Each home will be open for view inside and out.

Tickets for the tour are \$15 in advance and available at Pulp Papery, 3020 H St.; William Glen, Town and Country Village; Collected Works, 4524 Freeport Blvd.; Sutter Middle School, 3152 I St.; and Theodore Judah Elementary, 3919 McKinley Blvd.

Tickets are \$20 on tour day and can be purchased at the ticket table at one of the tour homes on 38th Street.

MENA is a non-profit neighborhood association registered with the

city of Sacramento. Proceeds go promote neighborhood safety, beautification projects and neighborhood livability. For more information, email MENA at MENA@eastsac.org or visit www.eastsac.org.

Homes on the tour: 1081 38th St.

Owner: Gregg and Sally Luckenbill Gregg and Sally Luckenbill purchased their home in 1998 and immediately had to have the electricity rewired and new plumbing. The home still had the original knob and tube wiring and galvanized pipes. In 2006, the Luckenbills' had the kitchen remodeled.

The home was built in 1912-13 on 1031 Maple. In 1918, address changed to 1081 38th St. Style of the home exterior is Mission Revival and interior is Arts and Crafts.

1200 38th St.

Owner: Janet Gatejen

The two-story, white clapboard house with wrap-around porches is reminiscent of a large and comfortable southern home. The lines are straightforward and classic. The imposing front door is ribbed glass, with lights of beveled glass at the upper and lower parts of the door. Entry is directly into the living room, with the staircase to the left.

The house was built as a duplex with almost identical floor plans: two bedrooms, one bath, kitchen, living room, formal dining room on each floor. The original square footage was approximately 1,200 upstairs and 1,300 downstairs. The current square footage is 2,900.

1215 38th St.

Owners: Gary and Cyndie MacFadyen The MacFadyens kept the character in mind when remodeling their home. To them it is more than a house: This home is living history. They like the craftsmanship and the design of the house and were drawn to it years before they purchased it. Gary had been walking past this

home for years while commuting to his office.

The MacFadyens have the original blueprints for the home, which was built in 1927.

1302 38th St.

Owners: Jason & Mary Kinney

This elegant, French Tutor-styled home, built in the late 1920s, began as a duplex with an elevator and back stairway leading to a second unit upstairs. During the 1980s, the structure was converted into a single-family home. And today, thanks to current owners Jason and Mary Kinney (and Mary Kinney's father who was the general contractor), the dwelling stands as a testament to quality design and craftsmanship.

The backyard includes an outdoor kitchen and large brick patio with an elegant brick stairway set in concurrent semi-circles, provid-

See MENA, page 31



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COMMUNITY NEWS WANTED!

Land Park News would like to hear from you! Do you have an interesting story to tell? Unusual hobby, collection or job? Maybe it's your 100th birthday! Did your child win a special award that needs to be recognized? Do you have fun/ unusual photos you would like to share with the readers? Do you know someone who deserves recognition for volunteerina? We want to hear from you. Land Park News 2709 Riverside Blvd. Sacramento, CA 95818 ryanrose@valcomnews.com

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Spacious in Land Park

Very nice & spacious updated 2 bed, 2 bath Tudor including large master suite with sitting area, walk-in closet & glass slider to backyard. Newly remodeled kitchen has stainless steel appliances, new countertops, pretty decorative metal backsplash & beadboard ceiling. Cute breakfast no ok w∕ wainscoting. Hugh dining room, living room w/ fireplace. HDWD floors, inside laundry room w/ sink. Detached 2-car garage, newer CH&A, some new elect & plumb. Move-in ready! \$364,000



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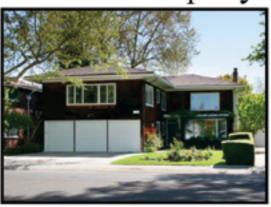
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DO YOU SUFFER FROM ARTHRITIS?

Are you one of the 5.6 million Californians and 46 million Americans who suffer from arthritis?

Learn about the causes and treatment for arthritis and how you can better manage your condition. Our free seminar will help you understand treatments for your joint pain, including medications, nutrition, exercise and surgical options.

Classes are FREE and take place the last Thursday of each month from 10 to 11:30 a.m. at Methodist Hospital located at 7500 Hospital Drive in Sacramento. Our next class takes place Thursday, April 30.

CALL TODAY FOR CLASS RESERVATIONS AT 916.423.5939



MENA

Continued from page 28

ing a regal entrance to the al fresco dining area.

1340 38th St.

Owners: Dick and Debbie Grutzmacher

A curved brick walkway and pretty arbor grace the entryway to this pale yellow, Tudor-style home. Blue shutters frame the front leaded glass windows. The house has a wonderful roofline and appearance.

The home was built in 1923 as a two-story, fourbedroom, two-bath home. The attached garage was a drive-through, allowing

Dunnigan Realtors

vehicle access to the rear vard.

The current homeowners purchased the home in 1987 through probate court. They may be only the second owners-residents of this home.

The home originally consisted of 2,500 square feet. The remodel added 1,600 square feet. The initial changes in 1989 were to add a pool and fully enclose a south-facing porch.

A summary for 1210 38th St. home and a profile of owners Mike and Kathy Davis was unavailable at print time. Visit the East Sacramento News Web site, www.ValCom-News.com, for a complete summary of all the homes.

"THE HOMES OF 38TH STREET

THIS YEAR, MENA IS PRESENTING A SPECIAL HOME TOUR FEATURING

"THE HOMES OF 38TH STREET"

THIS WILL BE A UNIQUE WALKING TOUR OF ARCHITECTURAL STYLES FROM 1910 TO 1929. MANY OF THE HOMES HAVE HAD ADDITIONS, BLENDING BEAUTIFULLY WITH THE HOME'S ORIGINAL STYLE & CHARACTER.

TICKETS ARE \$15 IN ADVANCE AT

- PULP PAPERY, 3020 H STREET
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- COLLECTED WORKS, 4524 FREEPORT BLVD
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- HEODORE JUDAH ELEMENTARY, 3919 MCKINLEY

DAY OF THE TOUR TICKETS ARE \$20 AND CAN BE PURCHASED AT THE TICKET BOOTH ON 38TH STREET - BETWEEN J ST. AND FOLSOM BLVD











WELCOME HOME!

Enjoy the expansive living room w/refinished hardwood floors, loads of light & brick fireplace. Entertaining is a breeze w/oversized dining room & updated kitchen complete w/island & loads of pretty cabinetry. Downstairs bedroom & bath is perfect for guests. Master suite features include loads of light & walk-in closet. Don't miss the oversized basement & 3 car garage. See www.3165LandParkDr.com \$750,000

PAULA SWAYNE 425-9715



RARE OPPORTUNITY

The interior is freshly painted. A spacious entry welcomes you to a large living room featuring a pretty fireplace. The remodeled kitchen overlooks family room w/ skylight, fireplace and wonderful view of the sparkling pool. Hobby room features loads of storage and pull out table. Hardwood floors throughout. See www.1305LucioLn.com \$550,000

PAULA SWAYNE 425-9715

COURTYARD ENTRY

Enter through a secure gated c **PENDING** the spacious living room w/skyngnt, nt more

unique brick hearth & hardwood floors. Large

family room is brightened by 2 skylights &

wall of sliding doors that open to backyard.

Oversized quarter basement & bonus room. See

www.2715LandParkDr.com \$525,000 PAULA SWAYNE 425-9715



VERY CHARMING Updated Tudor-style home. Single story, 3Bd 2Ba on private tree-lined street. Lot has mature shrubs and floral beds. Formal LR & DR. Dining room overlooks back vard and gardens and features French doors to patio area. Separate, private master suite. Electric gate to driveway. Smartly updated with wood floors, 5 yr old counter tops. See www.272712thstreet.2cmyhome.com \$629,000

PATTY BAETA 806-7761



LAND PARK SPANISH

From curbside to inside you will fall in love with this 3-4bd 2 bath home. With its classic 1920's Spanish design and touches and electrical, plumbing, kitchen, A/C and sewer line upgrades, this home offers timeless architecture with modern conveniences. Beautiful refinished hardwood floors throughout. This home has a 1/4 basement and a family room. See www.LandParkSpanishHome.com \$585,000

DAWN O'CONNOR ROWE 799-4835



DAVID KIRRENE 531-7495



CURTIS PARK DUPLEX

Phenomenal investment opportunity in Curtis Park! Spacious duplex located on one of the best streets Curtis Park has to offer. Long term tenants & high rents. Very large lot with nice backyard. Perfect for owner occupancy. Two 2 bedroom l bath units. See www.3047MontgomeryWay.com \$289,000

TIM COLLOM 247-8048

CRAFTSMAN BUNGALOW

Classic 1923 Craftsman Bungalow close to Med Center, Light Rail & Restaurants. The meticulously maintained 2 bed home with spacious floor plan and large living and dining rooms perfect for entertaining. The backyard is your own private sanctuary perfect for entertaining or just relaxing. Simply a must see! See www.3433 VStreet.com \$315,000

TIM COLLOM 247-8048

BRIGHT AND CHEERFUL

This bungalow has hardwood flop **PENDING** updated kitchen with newer appliances, and myting deck overlooking the spacious park like yard. Don't miss the additional office space behind the garage. Just two blocks from Taylors Market. McClatchy High School and public transportation. See www.1814-5thAve.com \$422,000

CHRIS BRIGGS 834-6483

GREAT LOCATION 3 Bedroom 2 Bath one-owner **PENDING** South Hills Shopping Center. 2 Fireplaces, Hardwoods, Separate Family Room, Huge Covered Patio, Elevated Lot, Central Heat & Air only a few years old. Great Location! Home Being Sold AS-IS. See www. 5871WymoreWay.com \$350,000 **JOHN WONG 531-7150**



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