THE LAND PARK NEWS

May 14, 2009

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Shakespeare and swashbuckling swings into Land Park

Actors, professors set the stage for annual theater festival

New layout, same mission See page 2

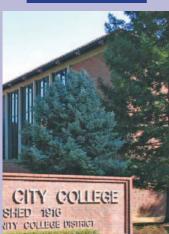
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SHED THE DISTRICT

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THE LAND PARK NEWS

E-mail stories & photos to: vcnnews@valcomnews.com

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Parkside's

By RYAN ROSE Land Park News Editor ryanrose@valcomnews.com

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Sacramento,

CA 95818

With its splendid parks, beautiful houses and kind neighbors, Land Park is a warm and welcoming home for its many unique and friendly residents. It is an honor for the staff of The Land Park News to cover those issues and events important to our community.

Here's our new look

Now, that mission to report the most important news in the most reader-friendly way has been incorporated into our recent redesign.

The Land Park News has a new look for the front page and a new layout for its inside pages—all of this being done to better cover the news Land Park residents and business owners want to know. In the coming weeks, additional features will appear in The Land Park News as the paper expands and reorganizes its reporting to more ably serve area readers. Community-based news features such as the "Know your neighbor" profile and the "1,000 words" photo-of-the-week will be joined with new and exciting regular features such as the "Faces and Places" photo page, which will serve to provide more local color and more opportunities for increased neighborhood coverage.



We appreciate your comments on these developments. Send your thoughts, opinions and news tips to ryanrose@valcomnews.com or call 429-9901 and ask for the editorial department.

Together, with the help of our community, The Land Park News will remain the dedicated voice of this cherished neighborhood your news in your hands.

1,000 Words

In this photo from Land Park News editor Ryan Rose, we see members of the Sacramento Police Department as they prepare to apprehend a violent offender-or so it seems. Late last month, officers arrived at what they were told was an active crime scene. Turns out, it was a scene from a short film shot by Mindmade Productions, LLC. Although the crew had the necessary permits, neighbors in the area became spooked when actors performing in the "ghost film" flashed fake guns as part of a scene while running through the Masonic Lawn Cemetery on Riverside Boulevard

Inset, from left to right, are production crewmembers Martin A. Sanchez, Julian Jefferson, Robert Sanchez III, David Hoyt Lawlor, Ulises Lespade and Austen Green.

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Zoo welcomes new giant

Special to The Land Park News

The Sacramento Zoo is excited to welcome a new female Giant anteater. Amber, the Giant anteater, came to the Sacramento Zoo from the Fresno Chaffee Zoo. Born in 2002, Amber raised three offspring in Fresno and the AZA Population Management Group recommended sending her to Sacramento as a companion for our young male anteater, Beata.

The Giant anteater is a favorite of visitors who are surprised to see how large they really are, and two anteaters are twice as exciting as one. Seeing the anteaters interact together at the Zoo gives visitors a chance to view their natural behaviors such as roaming the exhibit on the constant hunt for insects, ripping or digging the earth and bathing in the summertime.

Although they still range in many parts of South and Central Ámerica, their numbers are declining primarily due to loss of habitat. Besides habitat loss (less food resources and smaller anteater areas), the additional number of roads and traffic has led to increased car strikes. Anteaters continue to be hunted illegally. Because of the important role that anteaters play in their ecosystem, their continuing population decline threatens the balance of grassland and forested areas.

The Sacramento Zoo works to educate the public on how they can help anteaters and other unique animal species. Recycling reduces the need for resources from anteater habitats. Ecological friendly tourism allows native people to sustain their culture without harming local wildlife.



The Sacramento Zoo welcomes a new female Giant anteater much like this pictured here.

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Betrayed lovers and sword fighting swings into Land Park City College gets ready for another summer of Shakespeare

By ELIZABETH VALENTE Land Park News Writer vcnnews@valcomnews.com

"Much Ado About Nothing," a tale of romance, betrayal, death and conspiracy, all set in Messina, Sicily. This William Shakespeare play is set to open in July at the annual Sacramento Shakespeare Festival performed at the William A. Carroll Amphitheatre at William Land Park.

If romantic comedy is not your style, what about an ac-

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tion and adventure with a touch of English history in Scott Lynch-Diggins' adaptation of "Robin Hood."

"Lynch-Diggins wrote this play as if it was written by Shakespeare, using the same style of language, the type of scenes Shakespeare wrote about," explained Festival Coordinator and Director Luther Hanson. "Every season, we try to find shows that have a common theme. Doing this helps people understand the plays better - they know what to look for."

Connecting with the Classics

Some feel attending an outdoor performance of a play written by one of the world's greatest playwright is lost among today's younger generation.

"I think kids today know more one-liners from fictional characters like the X-Men's Wolverine more than Shakespeare's Beatrice and Benedick, a couple too stubborn to confess their love for one another," said Kay Carlo, theater enthusiast. "That's one story line that never dies."

It's true. For some, understanding Shakespeare can be "I believe people watch reality shows because they enjoy seeing human nature and that is what you see in Shakespeare's plays."

- Chris Iwata, dean of the Humanities and Fine Arts Division at Sacramento City College

tough sometimes. For nearly 40 years, the Sacramento Shakespeare Festival produced by the Sacramento City College theater program has designed a line up that would complement a viewer's prior knowledge about Shakespeare and attempt to help the younger generation understand the performance.

Dominique Jones, the actress playing Beatrice in "Much Ado About Nothing," said she is up to the challenge.

"You can definitely see when something clicks," said the three-year SCC theater veteran. "You can see the lights go on when they get it, and then they get excited, and they want to be a part of the show."

"I believe people watch reality shows because they enjoy seeing human nature and that is what you see in Shakespeare's plays," said Chris Iwata, dean of the Humanities and Fine Arts Division at Sacramento City College. "Shakespeare's plays have messages and lessons that can be learned today."

Staging a local comeback

Several would agree the Shakespeare Festival not only provides teens the ability to observe the play they are required to read in school, but it also spotlights the educational theater program at SCC, creates a central arts scene for the city, and it contributes to a growing economy.

"With these economic times supporting the program supports all kind of related industries," said Iwata. "We purchase food, lumber, clothing

See Bard is Back, page 5

Verizon Wireless is Now in Midtown in the Safeway Center



Bard is Back: Shakespeare meets Robin Hood

Continued from page 4

material and we employ people right here in the city to build the sets. It's an investment in our community."

The set design for each show is minimal, but fitting for the outdoor location. Some say it's like bringing your living room into the small neighborhood park.

'People set up little tables, blankets, an ice chest, you can sit on the grass, lie down, have your dinner and watch the play, it's so comfortable," said Hanson. "We're cheaper than taking the family to the movies. It's about community, family and having fun."

Funding for the festival comes from SCC, ticket sales, private donations and support from the Sacramento Metro-

Sacramento Shakespeare **Festival** 2009 Schedule

Fri July 3 8:00 p.m. Much Ado About Nothing Sun July 5 8:00 p.m. Much Ado About Nothing

Fri July 10 8:00 p.m. Robin Hood Sat July 11 8:00 p.m. Robin Hood Sun July 12 8:00 p.m. Much Ado About Nothing

Thu July 16 8:00 p.m. Robin Hood Fri July 17 8:00 p.m. Much Ado About Nothing Sat July 18 8:00 p.m. Robin Hood Sun July 19 8:00 p.m. Much Ado About Nothing

Thu July 23 8:00 p.m. Robin Hood Fri July 24 8:00 p.m. Much Ado About Nothing Sat July 25 8:00 p.m. No performance - Ice Cream Social Sun July 26 8:00 p.m. Robin Hood

Thu July 30 8:00 p.m. Much Ado About Nothing Fri July 31 8:00 p.m. Robin Hood Sat Aug 1 8:00 p.m. Much Ado About Nothing Sun Aug 2 8:00 p.m. Robin Hood

politan Arts Commission. To expand and enhance the festival's reputation, the college has added "Shakespeare Lite," an outreach program that takes plays to outlying areas that might not otherwise experience the festival. They have also started the High School Intern Program, which allows high school students to work alongside the festival's staff in all aspects of production, from scene shop to performance.

"Parents and teachers love this as a learning medium, and it's used to provide a lot of exciting learning activities for the kids," said Hanson.

Ginger - another satisfied client!

Whether you are looking to brush up on your Elizabethan, or simply looking for a fun family activity that allows you to dine under the stars among 300 other theater aficionados, the Sacramento Shakespeare Festival is the place to be. For more information on the 2009 season performances go to http:// sacramentoshakespeare.net or call (916) 558-2228.

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A peek at Land Park's past Sacramento City College: A rich tradition of higher learning

By LANCE ARMSTRONG Land Park News Writer vcnnews@valcomnews.com

Long before Sacramentans were presented with choices of what local institution of higher learning to attend, when it came to such educational opportunities in the area, the city's students solely turned to Sacramento Junior College (today's Sacramento City College).

The college, which was founded in 1916 and originally headed by Dean Edward Berringer, was much different in its early years than it is today.

Éstablished with 46 students as a department of Sacramento High School, which was then located at 18th and K streets, the then-much smaller college was temporarily closed after only three years, as college men

May 16, 2009

Time: 10:00-11:30 am

Place: Executive Airport

(Conference Room)

6151 Freeport Blvd.

Cost: \$20/person or \$25/family

left school to serve their country in World War I.

The war resulted in a very unique first graduating class for the school, as all six graduates were females.

The college reopened in September 1920 on the high school's new campus at 34th and Y streets under the direction of then-future Sacramento Mayor Belle Cooledge, who served as the school's only administrator until June 1923.

A major step in the progression of the college occurred in 1924, when the school district purchased 60 acres of property at the current site of the school at the corner of Freeport Boulevard and Sutterville Road, across from William Land Park.

Two years later, the college opened at this site, which then included two buildings –

May 19, 2009

Time: 7:00-8:30 pm

Place: The Fire Café

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(in River Park)

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the administration building and the women's gym, which was torn down in 1967 and replaced a year later.

The campus, which is located at 3835 Freeport Blvd., was opened in time for the fall semester of 1926.

Forming Sac City College

During the tenure of the school's president, Dr. Jeremiah B. Lillard, who served from 1923 to 1940, nine of the campus' main buildings were erected.

School pride also expanded on the new college campus with a new school song, written by SJC student, Doris Leipsic, and accompanied with music written by the school's band director, Stewart Tulley.

Other early additions on the campus were the formation of the Associated Student Council, the naming of the Panther as the school mascot, the introduction of "The Pioneer" as the school's yearbook and the creation of the first school band.

Additionally, the college began to report its news during this time through a mimeographed sheet, called Jottings, which evolved into today's Express newspaper.

The college gained greater notoriety in 1928 with the completion of its stadium, which was the first football stadium built in Sacramento.

Originally known as Sacramento Stadium, the stadium was later renamed Hughes Sta-



Photo Courtesy of Sacramento City College



(above) The cornerstone dedication ceremony for the college's first administration building was held on Sept. 17, 1925.

(left) The school's first administration building is shown in this c. 1926 photograph.

Photo Courtesy of Sacramento City College

dium after longtime Sacramento City School District Superintendent Charles C. Hughes, who proposed the idea of a junior college in Sacramento in 1914.

As both a college and community stadium, this 24,000seat outdoor venue has hosted a variety of events from college football games, Pig Bowl football games between the local police and sheriff's departments, motorcycle races, track meets, boxing matches, Sacramento Solons baseball games and concerts.

In the 1930s, a library and cafeteria were constructed on the campus, the aeronautics program became the school's first vocational program and Herb Caen and Dick Jurgens attended the school.

Caen eventually gained fame as a Pulitzer Prize-winning columnist for the San Francisco

See SCC, page 7



SCC: A school teaching life lessons

Contiued from page 6

Chronicle and Jurgens became a prominent composer and big band leader.

Sacramento native Toby Johnson, who attended SJC from 1934 to 1936, remembers the school as a place that predominantly consisted of Sacramento area students and students from such Northern California cities as Oroville, Marysville, Chico and Escalon. He also remembers that the college, as it has throughout its history, offered an affordable education.

"The school maintained a good strong enrollment year by year," Johnson said. "It was also pretty widely wanted by kids who could not afford four years at Cal, Stanford, USC or UCLA."

The college reached its silver anniversary in 1942 with a student enrollment of about 3,400, a figure more than doubling the school's enrollment total 15 years earlier.

A changing campus

As a result of World War II, the makeup and atmosphere of the college drastically changed, as 1,250 men and women joined the honor roll in combat and the school both educated and housed soldiers as part of the Army Special Training Program.

Army living quarters were located on the second floor of the administration building, in the men's gym and in tents on the athletic field and in the stadium. Furthermore, temporary

Furthermore, temporary buildings were constructed on the campus as mess halls.

The campus, which in many ways appeared more like a military base than a junior college, lost about 100 of its own students during the war, including the school's first World War II casualty, Ed Orbison.

The war also resulted in the loss of 10 percent of the school's population when the college's Japanese students were interned in 1942.

Following the war, SJC experienced another transition from 1947 to 1953, when it shared its campus with the new Sacramento State College – today's California State University, Sacramento.

Carmichael resident Barbara (Polhemus) Mendosa recalled attending SJC in 1946 and 1947.

"The veterans were coming to class and parking was just as bad as ever," Barbara said. "I took English from a man, named James and a health class and gym from a lady with the name of (Beth) Hightower. I played tennis (during gym class) and I was also taking Spanish from a teacher with the last name of Flammer. I also studied interior decorating from a teacher named (Marjorie) Graham. There was also an aeronautics department back then. It was a good school and those were fun times."

Barbara, who commuted to school with several of her friends, including Art Mendosa, who she later married, said that she also enjoyed dining at the nearby Bol's Bar-B-Q at 4001 Freeport Blvd.

"I remember the (restaurant), because it was right by the school and it was the first place I had barbecued meat," Barbara said.

The 1950s delivered a new pool, an on-campus performance by Louis Armstrong and the renaming of the school to Sacramento City College.

School through time

On Sept. 12, 1966, the college, which then had about 9,000 students, celebrated its golden anniversary with a 3-foot-tall cake, which was cut in the cafeteria by the school's president, Dr. Harold H. Stephenson.

The old and the new came to the forefront during the 1970s with the loss of the original administration building, which was demolished after it was determined that the structure was not "earthquake safe," and the hosting of the first Pig Bowl.

New administration and classroom buildings were dedicated in 1980. The 1980s also included a Pink Floyd concert attended by 35,000 people at Hughes Stadium, the opening of the SCC Downtown Center – one of three SCC outreach centers – and a total enrollment of nearly 18,000 students.

SCC experienced much growth during the following decade with such additions as the state-of-the-art Learning Resource Center, the Cultural Awareness Center, telephone registration availability and the restoration of the art deco auditorium.

After 18 years, then-SCC President Dr. Robert Harris stepped down from his position in 2005 and now heads a major project to open the \$30 million California Unity Center at

16th and N streets in Sacramento.

To the future

Now under the direction of President Dr. Kathryn E. Jeffrey, the college continues its nearly century-long tradition of educating and enriching the lives of its students.

For additional information about Sacramento City College, call 558-2111 or visit the Web site www.scc.losrios.edu.

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Photo Courtesy of Sacramento City Colleg The college's first graduates were (L-R, clockwise from top): Doris McCollough, Edna Banks, Rachel Look, Avis Lathrop, Coralie Cress and Dorothy Guild.

> This large panther statue was dedicated to Sacramento City College by the school's 2006-07 Associated Student Government.

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Know your neighbor **Dermatologist gives former gang members 'fresh slate'**

By ELIZABETH KALFSBEEK Land Park News Writer vcnnews@valcomnews.com

When making a radical change in life, some need a clean slate; others need clean skin, so to speak.

While tattoos for some can make a statement during adolescence, for others, tattoos represent a link to a past they'd rather forget. Securing employment may be even harder for individuals with obvious tattoos on their hands, neck, arms and other visible places.

Now, former gang members between the ages of 13 and 25 years who want a fresh start at life have the opportunity to remove unwanted tattoos free of charge through the Northern California Regional Tattoo Removal Program in collaboration with East Sacramento dermatologist and Land Park resident Emil A. Tanghetti, who serves participants in Sacramento and some surrounding counties.

"Participants view their tattoos as a link to their past... the



past when they were getting in trouble and hanging around negative peers," said Sacramento County parole agent and tattoo removal coordinator Richard Ancheta. "Many participants need to have the tattoos removed to be more successful, obtain jobs, attend school or vocational training."

New lease on life

In 1997, Senate Bill 526 (written by Sen. Tom Hayden, D-Los Angeles) appropriated funds to the California Youth Authority (now referred to as the Department of Juvenile Justice) for the purchase of medical devices that utilize a laser to remove tattoos for individuals seeking employment, mostly former gang members.

– Dr. Emil A. Tanghetti "In February 1998, after Senate Bill 1700 (Hayden) passed, the groundwork began for the formation of the Northern Regional Tattoo Removal Program to provide free tattoo removal services to people desiring to disassociate themselves from the gang lifestyle and increase their ed-

"If youth are operating with impediments – whether

it be tattoos, education, speech – they are operating

at a disadvantage. I just like to see everyone have a

fair chance at life."

ucational and career opportunities," Ancheta said. The program is accountability based and requires each participant to complete 24 hours of community service and demonstrate participation in one of the following areas: employment, vocation-

al program or school. 'Sometimes people prejudge a person by a tattoo on their arm rather than what

License #347001396

comes out of their mouth," Tanghetti said, who has been involved with the program for about 10 years. "Granted, we shouldn't be judging people for having a tattoo, but that's not the way the human condition works."

East Sac doc to the rescue

Tanghetti was approached by the CYA and asked if his practice, Dermatology and Laser Surgery, would be interested in participating in the program. Tanghetti has been active ever since and feels it's his form of community service.

When you give people an opportunity to make a life for themselves without prejudging, it gives them a fair chance

to be successful; at least to get their foot in the door, so to speak," Tanghetti said. "We are an egalitarian society and everyone has a chance to make it. That's the whole appeal of our country and culture."

Tanghetti was born and raised in Sacramento and completed his undergraduate studies at UC Davis. He graduated first in his class from the UCLA School of Medicine. Upon finishing an Internal Medicine residency at Stanford University and dermatology at Harvard School of Medicine, he completed a fellowship in photo-medicine at the Wellman labs at the Massachusetts General Hospital.

'There's a lot of experimentation that goes along with preadolescents and teenagers. I think that's part of our culture," Tanghetti said. "We see that everywhere, but people do change."

Tanghetti suggests to people thinking of getting a tattoo to be very cautious; he recommends trying to change some-

See Tattoo, page 9

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Tattoo: Local doctor helps wayward teens find hope

Continued from page 8

thing that is not permanent first, such as hair, jewelry items, make up or grow a beard. A tattoo, on the other hand, is very difficult to change. It may be cute today, Tanghetti said, but ten years from now, it may not be cute anymore.

"Tattoos are much like a clothing item," Tanghetti said. "They are fixed at a point in time and reflect the feelings at that time. Time changes – and we change – but the tattoo is the same. It may no longer fit our personalities."

Past only skin deep

Laser technology has seen tremendous improvement since the genesis of the tattoo removal program, but even still not all tattoos can be removed. According to Tanghetti, tattoos with color are much more difficult and sometimes impossible to remove with the current technology.

The removal process may require three to ten treatments, each spaced six to eight weeks apart, depending on the size, depth, ink intensity, line width and color of the tattoo. Tattoos using India ink, a single color, dark, carbon-type ink, are often the most easy to remove.

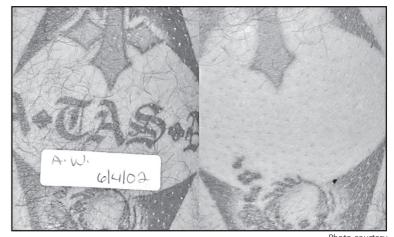
"Removing the tattoo is only one part in the process," Tanghetti said. "What comes next is all in the participant's ball park. It's up to them and their perseverance."

The doctor often doesn't see the most rewarding part of his work: the subsequent success of his patients. Tanghetti has had former patients thank him and express gratitude, but, for the most part, if he doesn't hear from them, he assumes they are getting on with their lives.

"If youth are operating with impediments – whether it be tattoos, education, speech – they are operating at a disadvantage," said Tanghetti. "I just like to see everyone have a fair chance at life."

A new slate

First priority for the program is given to probationers and parolees and referrals are accepted from school officials, law enforcement and community-based organizations.



Through the Northern California Regional Tattoo Removal Program, reformed gang members can remove the ink of their past from their skin through special laser treatments.

The program accepts men and women, aged 13 to 25, though women who are pregnant or nursing are not eligible.

The collaboration between the CYA (Division of Juvenile Justice) and the Sacramento County Probation includes smaller jurisdictions within the Northern California region who might not otherwise be able to support a departmental tattoo removal program.

For more information, call Richard Ancheta at 445-5993.



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Rocking Land Park A local mom and pop band really knows how to rock and roll

By MIRANDA MENESTRINA

Lánd Park News Writer vcnnews@valcomnews.com

One night, on a ride home from a concert, Land Park residents Jack Morris and Paul Harrington joked about the idea of starting up their own band. Not long after, with the help of five close friends and the support of many, that joke became a reality.

Today, just a year later, the band Final Final is continually playing in local venues and performing for sell-out crowds.

"It all started out as fun, but now we're actually getting paid for this," Morris, the lead singer, laughed as he talked about the journey from their humble beginning at a birthday party to their recent anniversary gig in front of 300 people at the Riverside Club House. "There was a line out the door!"

All in their prime, and all with full-time jobs, the seven members that make up the band meet once a week in Morris' basement over cold beers, salty pretzels and good music.

And, every so often, they play for packed audiences.

"İt's not so much that we're any good," drummer Jon Gianulias said. "It's just that we have a lot of good friends that like to party."

Playing a mix of old time rock and roll, Final Final, which is code for "last call," has a playlist that includes hits from artists such as Tom Petty, Ben Harper and Van Halen.

"You will never see the same show twice," said Harrington, a guitarist. "That's because we could not possibly remember how to play the same song the same way twice."

Having known each other for years, all the band members have children that attend Holy Spirit School—



The members of Final Final. Back from left, Kelly Harrington, vocals; Kevon Larson, bass; Dinny Thomas, vocals; and Tom Bacon, guitar. Front, Jon Gianulias, drums; Jack Morris, lead vocals; and Paul Harrington, guitar.

and those kids are some of their biggest fans.

"They think (the band's) great," Morris said. "Our kids are like our roadies; they set up all our stuff at each gig and even wear our T-shirts."

As its year fills up with concert dates, Final Final is getting ready for their next big gig on June 20 at Crawdads River Cantina, where they expect to play for yet another packed house.

"Our goal (for the future) is to have a big enough crowd to fill Hughes Stadium," Morris joked.

Another joke that may some day become a reality.

Get plugged in

For more information about Final Final, visit www. finalfinalband.com. If you're interested in booking a gig, e-mail Murray at mepsales@ comcast.net.



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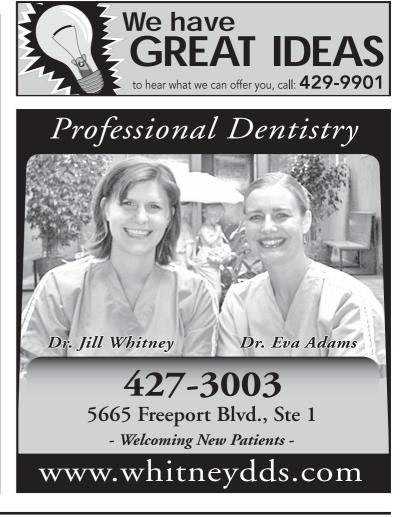
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Chillin' Out in Sacto Historic ice cream parlors bring smiles to local faces

By LANCE ARMSTRONG Land Park News Writer vcnnews@valcomnews.com

With the arrival of warmer weather and even warmer days ahead of us, it is a great time to take a look at a few of the places that bring smiles to our faces during this time of year: old time ice cream parlors and soda fountains.

And Sacramento area residents are fortunate to have several very fine and classic ice cream parlors that are reminders of the days of old.

Gunther's Ice Cream

2801 Franklin Blvd.

The oldest of these parlors is Gunther's Ice Cream at 2801 Franklin Blvd.

Opened in 1940 at 5th Avenue and Franklin Boulevard by German immigrants, Herman "Pop" and Iva Gunther, the business relocated to its current site in 1949.

Current owner Rick Klopp, a 1965 McClatchy High School graduate, purchased the business in 1974. He had managed the business since 1967, following 16 years with Sacramento's Shasta Ice Cream.

Despite this ownership change, Rick and his wife Marlena maintain the historical integrity of the business.

"We still serve all 12 original Gunther's flavors and we stay loyal to our customers," Rick said. "We have to. We tried to replace the old benches inside here and we had customers that said, 'No, you can't do that.' People really appreciate our history here."

Today, Gunther's makes more than 120 different flavors on site and offers 45 flavors every day, as well as homemade ice cream cakes and pies, fruit freezes, sandwiches and soups.

Rick said that his business takes pride in its slogan, "Sacramento's Best Since 1940," and its notoriety of using the highest grade of cream of any ice cream made in the city.

For those who have never been to Gunther's, it is perhaps the city's simplest ice cream parlor to locate, since its exterior features a colorful neon sign with an ice cream worker tossing a

See Ice Cream, page 12



Land Park News Photo/Lance Armstrong Gunther's Ice Cream owners Rick and Marlena Klopp are dedicated to preserving the traditions of Sacramento's oldest ice cream parlor.



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Ice Cream: Celebrated parlors are great way to beat the summer heat

Continued from page 11

scoop of ice cream in the air and catching it in a cone.

Gunther's is open from 10 a.m. to 10 p.m. daily. For more information, call (916) 457-6646.

Vic's Ice Cream

3199 Riverside Blvd.

Although Gunther's holds the position of serving the Sacramento public longer than any other local ice cream parlor, Vic's Ice Cream at 3199 Riverside Blvd. in Land Park has its own local claim to fame dating back to 1947, said Vic's owner Craig Rutledge.

'We're the oldest, original family-owned ice cream parlor in Sacramento," Craig said. "My father Ashley Rutledge and (the late) Victor Zito met during World War II. Victor was from Sacramento and he decided to open up an ice cream parlor with my father, who was from Red Cloud, Neb. We've been operating as a family-owned business ever since."

Craig, a 1969 graduate of Kennedy High School, said that since his first time working at Vic's in 1966, he has enjoyed meeting many longtime customers and seeing new generations of families gain a love for the business.

"It's great to see grandparents that used to come in here years ago with their kids and then seeing their grandkids," Craig said. "It's just such a wonderful atmosphere here."

Another draw of the business, Craig added, is that customers enjoy seeing the same faces, noting that two of his employees, Maury Hatch and Erik Downey grew up in the neighborhood and have been working at Vic's for many years.

Of course, the main draw of the business is its ice cream and other food and beverages and at Vics no other ice cream flavor receives more attention than mint chip.

Ice cream cakes and pies are also very popular at Vic's, especially the "Party Cakes," which include 10 different flavors of ice cream and are frosted with vanilla ice cream.

Craig added that one should not forget about the popular Cheese Dog with sliced hot dogs and cheese on grilled toast with all the fixings.

Vic's is open Mondays through Saturdays, from 10 a.m. to 9 p.m., and Sun-



day, from 11 a.m. to 9 p.m. For more information, call (916) 448-0892.

Burr's Fountain 4920 Folsom Blvd.

For those who may have noticed a similarity between Vic's and Burr's Fountain at 4920 Folsom Blvd., it should come as no surprise that these two businesses have a direct connection.

Exclusively serving Vic's ice cream, Burr's was the creation of former Vic's employee, Jim Burr.

After 27 years working at Vic's, Burr opened his own ice cream parlor, which he could not help but give the natural ice cream-related name, Burr's.

Opening his business 20 years ago, Burr, a 1959 graduate of McClatchy High School,

Amanda Andries-

sen, an 8-year-old

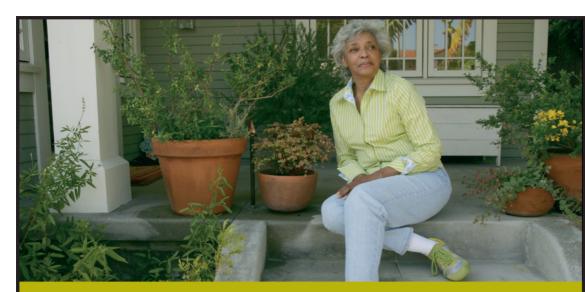
School, enjoys

an ice cream at

East Sacramento's Burr's Fountain

with her mother,

Lori Andriessen.



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Daily Excellence





See Soda fountain, page 13

Soda fountain: Bit of history in every scoop

said that he wanted to bring an old timestyle soda fountain to East Sacramento.

Years ago, places like theses were all over and every drug store had a soda fountain," Jim said.

After experiencing a slow beginning with his business, Burr, a native of Minnesota, has built a continuously growing clientele.

We've been here since 1989, so we must be doing something right," Burr said.

Known for its more than 31 flavors of Vic's ice cream, milkshakes, hot dogs and a variety of sandwiches, Burr's has become an East Sacramento institution.

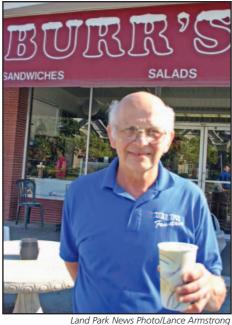
Burr's is open from 10 a.m. to 9 p.m. daily. For more information, call (916) 452-5516.

Leatherby's Family Creamery 2333 Arden Way #A

Although it may seem like yesterday to many people, it has been 37 years since Leatherby's Family Creamery was

founded by "Daddy Dave" Leatherby. Since this time, Leatherby's, which is located at 2333 Arden Way and 7910 Antelope Road, has continued as a family-operated business and is owned in varying shares by Leatherby family members.

Leatherby's co-owner Alan Leatherby, who is one of the 10 children of "Daddy Dave" and "Mother Sally" Leatherby, said that the Disneyland-like atmosphere of his business was best described by a customer, who said that Leatherby's should be called, "The Happy Place."



Jim Burr, a former Vic's Ice Cream employee, opened Burr's Fountain at 4920 Folsom Blvd. in 1989.

And there is plenty to keep Leatherby's customers happy from a large dining room with murals of ice cream specialties to friendly servers and of course, a large menu, which includes more than 40 flavors of ice cream.

For those seeking a tasty, cold treat, Alan recommends "Alan's Black and Tan" sundae with creamy vanilla and toasted almond ice cream drowned with caramel and hot fudge and topped with whipped cream, nuts and a cherry.

Like Gunther's, Vic's and Burr's, Leatherby's also takes the soda fountain approach by offering a variety of non-ice cream food items. These items include the extremely popular crab sandwich and other sandwiches, hamburgers, salads and soups.

With the absence of such Sacramento ice cream parlors as Farrell's, many Sacramentans feel fortunate that Leatherby's and other local ice cream parlors contin-

Leatherby family members, (left to right) Sally, Patty, Alan and Jessie, stand inside Leatherby's Family Creamery at 2333 Arden Way.



Land Park News Photo/Lance Armstro

ue to deliver quality products in family atmospheres.

And in the case of Leatherby's, it is difficult to find a more family-oriented business than this establishment.

Leatherby's is open Mondays through Thursdays and Sundays, from 11 a.m. to 11 p.m., and Saturdays and Sundays, from 11 a.m. to midnight. For more information, call (916) 920-8382.

Ice Cream Capital

With the city's tradition of ice cream parlors continuing, it can be interesting to note that Sacramento was once an ice cream capital.

Vic's Ice Cream in Land Park is the oldest, original family-owned ice cream parlor in Sacramento.

According to a 1931 report in The Sacramento Bee, Sacramento had nine factories that produced a total of one million gallons of ice cream per year.

By contrast, with the relatively recent loss of the large Sacramento ice cream producer, Crystal Cream and Butter Co., only about 150,000 gallons of ice cream are produced each year in the city today.

But ice cream capital or not, the city still reigns in the local ice cream world with the continuance of its extremely popular ice cream parlors and soda fountains.

So, for those who have not stopped by any of these businesses for a chilled delicacy, sandwich or other tasty treat lately, perhaps it's about time.





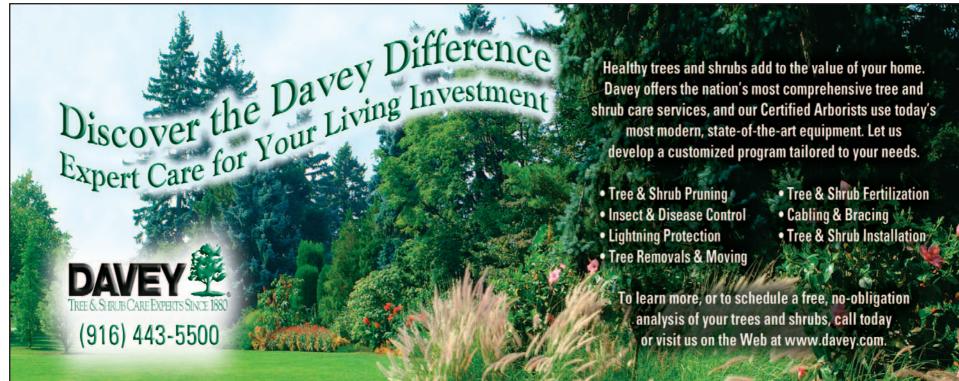
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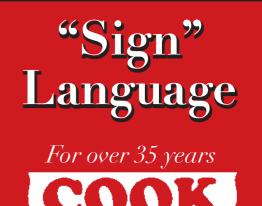
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★ MAINTENANCE

Valley Community Newspapers, Inc.

Making waves along the levee State conservation plan to impact river area

By MIRANDA MENESTRINA Land Park News Writer vcnnews@valcomnes.com

Residents got some potentially troubling news at a meeting quickly organized by Councilman Robbie Waters, Monday, April 27, regarding the possibility of up to four water intake facilities being built along the west bank of the Sacramento River, directly across from the Pocket.

Just one idea of many in on-going research by a steering committee, these water intake facilities would be part of the Bay Delta Conservation Plan that was designed by the state to both improve water delivery reliability throughout California and restore the habitat in the Delta.

With staff from both the Department of Water Resources and Councilman Waters' office at the meeting, residents were able to ask questions and express their concern over a project that could alter the landscape of their neighborhood.

"It looks like the Pocket would be taking a disproportionate impact with this," said District Director Pat Clark of Councilman Waters' office. "Councilman Waters set up the meeting For more information on the DWR and the BDCP, visit www.water.ca.gov/ deltainit/bdcp.cfm.

to be sure that people were informed and aware about the issue."

The plan

Started in the 1960s the plan for a water conveyance facility, or "peripheral canal," and the water intake facilities is just one of the many ideas the DWR has considered when trying to address



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Photo by Rezlab via Flickr.coi

Depending on if and where these intake facilities are placed, local residents are worried the new structures could directly affect the Sacramento River and their quality of life.

water concerns at a statewide level.

According to the DWR Web site, the Delta provides a portion of water to some 25 million Californians - roughly two-thirds of the population. Yet, because the Delta is also home to nearly 800 plants and animals, some of which (like the Delta Smelt) are unique to the area, limitations have been placed on the pumping from intake facilities that already exist on the Delta. Therefore, the water supply to numerous residents – some as far away as San Diego – has become unreliable.

"The goal of the BDCP is to recover and restore the native fish species, restore the ecosystem and, at the same time, restore water reliability, not pump more water," said Matt Notley, acting director of public affairs for the DWR. "If we can come up with a way to pump a reliable amount of water without affecting the Delta, then that's what we want to do."

Working in cooperation with a variety of agencies, such as the U.S. Bureau of Reclamation, the National Marine Fishery Service and the U.S. Fish and Wildlife Service, the DWR is serving as the lead agency in the BDCP under the California Environmental Quality Act.

In 2006, the Water Plan Steering Committee, com-

See Intake, page 17



Intake: Residents can send in comments, opinions on plan

Continued from page 16

prised of representatives from state government agencies, was organized, and began evaluating the environmental impacts of several different conservation measures one of them being the new water intake facilities.

"It's still early on as far as other alternatives or if (the water facilities) are feasible," Notley said. "It all requires a huge amount of preliminary work."

Public participation

In the meantime, the DWR is asking the public to participate and share their comments or concerns on the matter, either electronically or through the mail. Comment cards and a mailing address can be found at www.water.ca.gov/deltainit/bdcp.cfm, and the deadline to submit these comments is May 14.

At the end of summer, after all public comments have been reviewed, an Administrative Draft of the BDCP is expected and will be posted on the DWR Web site. Then, the public will again be encouraged to submit comments on the draft.

Finally, a draft of the Environmental İmpact Report and Environmental Impact Statement is scheduled to be ready for public review at the end of this year, which the public will also be able to comment on.

We're out there as much as we can be every step of the way," Notley said. "But there will always be people who think we could have done more."

worked and had our lives in this area for many years, and this has the possibility of changing our community in a big way," said local resident Laurie Cory.

"We've lived and

Public reaction

One person who feels this way is Pocket resident Laurie Cory, whose home near Garcia Bend Park overlooks the river at a spot where one of the facilities may be built.

"I'm shocked," she said. "I can't tell you how shocked I was when I found out what they were planning."

While Cory says that she'd heard about the conservation plan in the past, she wasn't aware of how that plan might affect her until she attended the last-minute meeting Monday night.

"On paper, it looks great," she said about the BDCP's goal to restore and save the environment of the Delta. "But with headlines that say 'Conservation Plan' and 'Water Intake Facilities,' people don't understand the scope.



A river runs through it: Local residents are expressing concern over the possibility of up to four water intake facilities being built along the west bank of the Sacramento River, directly across from the Pocket

Here's a headline: 'Your community, as you know it today, will be destroyed."

Depending on if and where these intake facilities are placed, Cory is worried that they could directly affect her and her neighbors.

'(The state) can't help the Delta at the expense of other areas," she argued.

Concerned about the construction, operating noise and the possibility of the landscape and riverbank being ruined, Cory is doing all she can to learn more about the project, and has passed out letters to inform her neighbors and homeowners' association.

'I'm hoping they'll get involved in this," she said. "We've lived and worked and had our lives in this area for many years, and this has the possibility of changing our community in a big way.'

Get involved

For more information on the DWR and the BDCP, visit www.water. ca.gov/deltainit/bdcp.cfm.

Downloadable comment cards can be found at www.water.ca.gov/deltainit/docs/CommentCard.pdf and mailed to Delores Brown, Chief, Office of Environmental Compliance, Department of Water Resources, P.O. Box 942836, Sacramento, CA 94236.

Comments can also be e-mailed to BDCPcomments@water.ca.gov.

Comments must be received by May 14.



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EAL ESTATE

Lisbon School closure hard lesson for area residents

By CELIA GREEN Land Park News Writer vcnnews@valcomnews.com

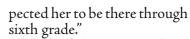
The worsening economy has affected businesses such as Mervyn's and Gottschalk's, and now the economy hits closer to home with the closing of four elementary schools, including Lisbon Ele-

mentary in the Pocket neighborhood. That announcement was made April 16, with the school board of Sacramento City Unified School District voting 5-2 in favor of closure.

Because of declining student enrollment, that decision to close will be effective June 11, the end of the 2008-2009 school year, and students will attend different schools in the fall of 2009.

The fallout

"It's a great loss. Lisbon has a wonderful principal, dedicated to that school, who's gone above and beyond, not only for the school but for the entire community," said Deborah Nava, whose daughter attends kindergarten at Lisbon. "He's coordinated food drives, raised money for leukemia research, he's at every school event and every PTO meeting. A lot of parents, like me, specifically picked Lisbon for my daughter. It's sad. I ex-



"Talk of closing any school began last year," said Frank Lawler, principal at Lisbon Elementary. "In September, as the economy got worse, we knew more cuts would be made. Closing schools is always a last resort. Our population is about 350, our capacity is 600. There are other schools with populations under 300, but they chose schools (to close) that would be easy for students to transition to other schools."

Only one-third of Lisbon's students come from the neighborhood, the rest are from other neighborhoods.

"Those students from the neighborhood can easily transfer to Matsuyama or Martin Luther King," said Lawler. Each of those schools is less than two miles from Lisbon.

"The other schools are working hard to help with the transition," he added. "The PTOs at the other schools have left open positions, as have the school site councils (to be filled by Lisbon parents). And the Lisbon families have been invited to upcoming events at other schools, such as carnivals and movie nights."

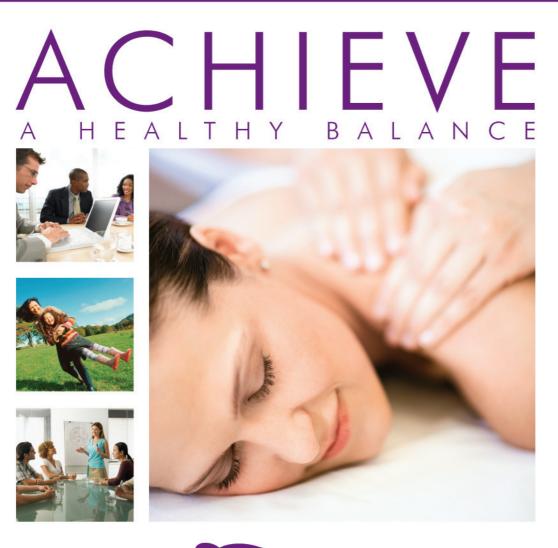
Lawler sees the positive things that can come from this.

"Teachers will have new leadership, and the opportunity to work with more colleagues, and learn new things from them," he said. "In late May, the teachers will begin the process of finding new positions. Those decisions will be based mostly on seniority."

Fate of the facility

As for the building itself, Lawler said, "The district does not plan on selling any properties," and "is adamant the school remain occupied."

As to who or what occupies the site will be determined by a committee appointed by the school board. Those appointments were made May 7, according to Marcus Walton, spokesman for the district, and that the board's priority is to keep it open for recreation.





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Sacto co-op provides loving care for local children

By RALPH MONTAÑO Special to The Land Park News

In 1979, the idea of infant care center being a nonprofit cooperative was something new. So new, that when paperwork proposing such was first submitted to the state of California, it was rejected without much thought.

"We were denied a license because caring for a child under the age of three was not considered educational," recalled Sacramento resident Teven Laxer, one of the founders of Forever Young Child Care Centers, Inc.

The founders disagreed, and they stuck to their beliefs. It took many months to convince the state otherwise; but the parents prevailed. Thirty years have passed, and Forever Young is still going strong caring for children ages six weeks to five years.

Without parental involvement and a dedicated staff, Forever Young's journey might have ended long ago. Forever Young's two facilities are run by a volunteer board of directors made up of Forever Young parents. Forever Young employs a full-time staff, but as a cooperative, Forever Young depends upon parent volunteer hours to operate.

Angela Brereton, current board president, said that a main reason Forever Young has survived three decades is because it remains committed to its founding principles. The Forever Young "educarers," education and care providers, remain committed to nurturing the children as they learn through play and interaction, using the Resources for Infant Educarers Approach developed by the late Magda Gerber (http://www.rie.org/dedicationtomagdagerber.htm). The menu at Forever Young is vegetarian with an emphasis on whole foods.

Since the beginning, the parents and staff of Forever Young decided to use the best food possible for their children, said Laxer. Several early members of the Forever Young board were also early members of the Sacramento Natural Food Coop.

"We tried to buy organic produce, when available," Laxer said. "We were always vegetarian." In 1985, Forever Young became the first organization to become a card-carrying member of SNFC, as detailed in the October 1985 issue of the Coop Reporter.

That partnership was largely the work of Robert and Cathy Farnsworth.

"When I was elected to the Forever Young board, I was determined that we would continue going to the Food Coop because we were able to find wholesome vegetarian food for the children there," said Cathy Farnsworth.

On April 25, Forever Young celebrated 30 years with a special gathering held at Barton Gallery, 1723 I St., in Sacramento's Midtown.

"We (wanted) to celebrate the legacy of Forever Young with people who have been a part of it over the years, and will be in the future," Brereton said. "This (was) an opportunity for us to get to know each other better and talk about the past, present and future of Forever Young."

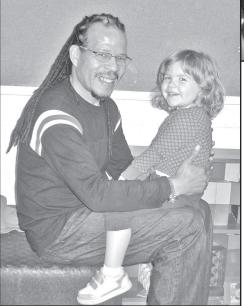
While the concept of a nonprofit cooperative day care is no longer a novelty, it is still far from the norm.

"There's still no other place quite like Forever Young," said Farnsworth.



From left to right: Mary Katherine Decker, 4, Morgana Smith, 5, Karina Morales, 2, Pippa Montano, 3. Four friends at Forever Young Child Care Centers, Inc. in Sacramento's Midtown. The nonprofit child care cooperative was founded 30 years ago and remains committed to the founding principle of a vegetarian menu.

(right) Carl Bevins, a Forever Young "educarer" (education and care provider), is committed to nurturing the children as they learn through play and interaction. He sits with Siena Marois, 2.





CALENDAR

GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail ryanrose@ valcomnews.com. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost.

ΜΑΥ

Bridal gown, prom dress expo

The Sacramento Discovery Shop presents a Bridal Gown and Prom Dress Expo featuring fabulous, affordable wedding dresses and outfits for mothers-of-the-bride and flower girls. Also featured will be prom dresses and formals. Proceeds go to the American Cancer Society. The Discovery Shop is located at 2744 Marconi Ave. The shop is open Monday through Friday from 10 a.m. to 6 p.m., Saturday from 10 a.m. to 5 p.m. and Sunday from noon to 5 p.m. Volunteers are need for Friday, Saturday and Sunday. For more information, call 484-0227.

Free Pole Walking Clinics

Sponsored by the nonprofit Cure Arthritis Now, this program will run Saturdays, May 2 and May 16 on Scripps Drive from 9 to 10:30 a.m.; Mondays, May 18 and June 1 from 9 to 10:30 a.m. in River Park; and Fridays, May 15 and May 22 from 9:30 to 11 a.m. in Curtis Park. Pre-registration is required and clinics will be rescheduled if rain is expected. Demo Poles provided free during clinics. Call for details of exact locations at 208-8700.

Free Photo Gallery Show

Come and visit the Marjorie R. Smith Walk-Through Gallery located at Coloma Community Center, Sacramento, CA 95815. Throughout the month of May, Christa Harmon, a local photographer, will be showing her work in Landscapes and Abstractions of Nature. Gallery hours are Monday through Friday, 8:30 a.m. to 9 p.m. Receptions are held Friday and Saturday from 5-7 p.m., excluding the May 10. This is a free event.

African art at Central Library

A special exhibition of traditional African art will be on display, now through Sunday, June 14, at the Central Library, 828 I St., Sacramento. The beauty of African art is simply an element of its function. Objects of daily use, such as bowls, containers, baskets and boxes, are also aesthetically pleasing, being carefully made and often beautifully decorated. For more information, telephone the Sacramento Public Library at 264-2920 or visit www.saclibrary.org.

MAY 13

Understanding memory loss

In a special two-part learning series sponsored by Sunrise Assisted Living, part 1 kicks-off with an event on understanding the types and stages of dementia. The seminar will be held at the Carmichael Library, 5605 Marconi Ave. from 5-6:30 p.m. Part 2 of the learning series is June 3.

May 14

Eskaton's annual gala

A night of "Old Hollywood Glamour," with live music, a casino, fine wines, dinner, live auction and raffle benefits Eskaton's community programs, including The Senior Connection, TLC Telephone Reassurance Program, adult day health and affordable housing, 5:30 to 9:30 p.m., Arden Hills Resort Club and Spa. Tickets, \$125, \$100 for ages 70-plus. Information from Suzanne Strassburg, 334-0810.

Backstage tour of Fairytale Town

Fairytale Town invites you and your family for a Springtime Tour of the park - and a peek into their backstage areas - as they pull together exciting activities for their 50th anniversary year. Join us for appetizers, a glass of wine and a tour around the park to see our recent renovations and hear about our future plans! The event is from 5:30-7 p.m. at Fairytale Town, 3901 Land Park Dr. RSVP at rsvp@fairytaletown.org or 808.8886.

Arts commission lecture

Northern California Arts. Inc. invite vou to attend a meeting with Rhyena Halpern, Director of the Sacramento Metropolitan Arts Commission Lecture "You, the artist, and the Sacramento Metropolitan Arts Commission at 7 p.m. at the Sacramento Fine Arts Center, 5330-B Gibbons Dr., Carmichael, 971-3613 or 966-8910. Guests are always welcome. Wheelchair accessible.

Dementia Training

A special learning event on dementia will be offered by Primrose Living Fund from 1:30 to 2:30 p.m. at ACC Park City, 7375 Park City Dr. This event will focus on behaviors associated with dementia. Please RSVP with ACC Park City at (916) 393-9026 ext. 222.

MAY 16

Spring Park Carnival

Come celebrate spring at the Spring Park Carnival, 10 a.m. to 3 p.m., at Hamilton Street Park. Food, music, arts and crafts, vendors, carnival games, prizes and giveaways for families and people of all ages. For information, call 482-8377 or visit www.arcadecreekrecreation.com.

JFK Boosters Car Wash

Please bring your car in for a spring cleaning on Saturday, May 16 at Caroline Wenzel Elementary School, 6870 Greenhaven Dr., to support the Kennedy High School Marching Band, voted "Best of Sacramento-2009.' \$5.00 any vehicle, 8 a.m. to 1 p.m.

Literary Arts Festival

Multicultural Children's Literary Arts Festival, 11:00 a.m., to 2 p.m., Fremont Park, downtown Sacramento, between Q and P streets at both 15th and 16th streets. Introducing the literary arts through interactive activities, performances, and exhibits. Supporting organizations include CADA, the Friends of Fremont Park, and the Sacramento Poetry Center (celebrating the center's 30th anniversary). For more information, call 606-4303 or go to www.mccaf.net or www.fremontpark.net.

College admissions – a new world

An opportunity for high school students and their families to get the most up-todate information about applying to college with information about the UC and California State University systems and private colleges. This workshop will be held from 10-11:30 a.m. at the Executive Airport's conference room, 6151 Freeport Blvd. Cost is \$20 per person or \$25 per family and includes resources, refreshments and parking. Contact Marilyn van Löben Sels at 601-6909 or email marilyn@college-gps.com.

A Classical Ensemble

"A Classical Ensemble" performance is Saturday at 2:00 p.m. at the Sheldon High School Performing Arts Center, 8333 Kingsbridge Drive. General admission seating tickets are \$15 for adults and \$10 for children, students with ID, Military with ID, and seniors. Purchased tickets at www. capitolballet.com, or by phone at 484-1188 or at the box office one hour prior to event.

Farewell to Lisbon Elementary

Attend a special community carnival May 16 from 11:30 a.m. to 1:30 p.m. at Lisbon Elementary School, 7555 S Land Park Dr., to celebrate the cherished history of the soon-to-be-closed campus. Free hot dogs,

free drinks and free games will be provided. Share your memories and meet-up with staff members, faculty and friends. For more information, call 433-5057.

May 16-17

Cactus and Succulent Show

The Carmichael Cactus and Succulent Society is presenting their 33rd annual Cactus and Succulent Show at the Carmichael Park Clubhouse, 5750 Grant Ave., in Carmichael. Admission is free and there will be free plants to the first 100 guests each day. There will be beautiful displays of cacti and succulents, plants, pottery, books, a raffle and refreshments. The event is 9 a.m. to 4 p.m. on Saturday and 10 a.m. to 2:30 p.m. on Sunday.

May 17

Spring Musical Potpourri

Vocal and instrumental pieces celebrate springtime, love and friendship. Held Sunday at 7:30 p.m., at the Unitarian Universalist Society of Sacramento, 2425 Sierra Blvd. Tickets are \$10, children enter free. Refreshments available. Information: UUSS Music Director May Tucker at 213-6027 or may@uuss.org.

Open House at Parkside Church

Parkside is sharing its new sanctuary with the neighborhood during a Free Open House on Sunday from 1 to 3 p.m. Entertainment will be provided by the chancel choir, bell choir, organist, and the Parkside Players drama team. Parkside Community Church is located at 5700 South Land Park Dr. For more information about the church, please visit www. parksideucc.org or call the church office at 421-0492.

MAY 18

Community sing-along

Harmonize on old hymns and folk songs. Shower singers welcome. First and third Mondays, 1 to 2:30 p.m., Unitarian Universalist Society of Sacramento, 2425 Sierra Blvd. Free. More information at 457-4527, daytime.

May 19

Estate Planning for Art Collectors

Financial and Estate Planning Seminar for Art Collectors is Tuesday, from 10:30 a.m. – 12 p.m. at the Crocker Art Museum. The meeting is an informative and interactive seminar specifically addressing financial and estate planning issues for art collectors. Attorney Don Poole, accountant Ron Pomares and the Crocker's Associate Director and Chief Curator Scott A. Shields will lead the presentation at the museum, 216 O St. For more information on exhibits and events call (916) 808-7000 or visit crockerartmuseum.org.

Art and Flowers at Casa Garden

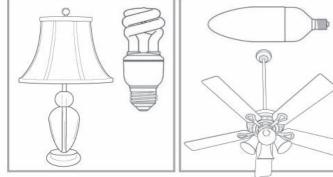
Restaurant

Experience spring through Art and Flowers at the Casa Garden Restaurant, 2760 Sutterville Rd., from 11:30 a.m. to 2:00 p.m. Stroll through the restaurant viewing Ikebana floral arrangements influenced by the artist's original paintings being showcased while enjoying delicious Casa gourmet hors d'oeuvres. The fee is \$20 per person (includes tax and gratuity). Call 452-2809 for reservations.

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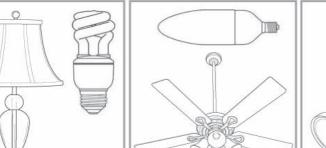
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May 20

Free Health Seminar

The "Fibromyalgia: Truth,Hope and Results" learning event is Wednesday at 6:30 p.m. This class will be presented by Dr. Tony Baratta, who has successfully treated hundreds of patients with Fibromyalgia. The class is free. RSVP at 979-0716 or email tonybaratta@sbcglobal.net.

May 21

Dementia Training

A special learning event on dementia will be offered by Primrose Living Fund from 1:30 to 2:30 p.m. at ACC Park City, 7375 Park City Dr. This event will focus on the six principles of ADL care. Please RSVP with ACC Park City at (916) 393-9026 ext. 222.

May 23

Sink or Swim Cardboard Boat Race

The Arden Manor Recreation and Park District is celebrating summer by opening the Deterding Pool complex, 1415 Rushden Dr., with a splash. Arden Manor Recreation and Park District be hosting the first Sink or Swim Cardboard Boat Race to be held at noon. There will be live music, BBQ, games and a boat showcase before the races begin. Teams of all ages are invited to participate in this fun event for the whole family. For the success of this event, we would love to extend an invitation to take the "Sink or Swim" Challenge and register a boat in the races.

May 28

Volunteer Recruitment Coffee

Want to give back to our community and have fun, too? Become a volunteer at the Casa Garden Restaurant, supporting the Sacramento Children's Home, in Curtis Park, since 1974. For more information, please join us on Thursday from 9:30 to 10:30 a.m. The restaurant is located at 2760 Sutterville Rd., up the hill from Sacramento City College, off of Highway 99. Please RSVP to 452-2809.

Dementia Training

A special learning event on dementia will be offered by Primrose Living Fund from 1:30 to 2:30 p.m. at ACC Park City, 7375 Park City Dr. This event will focus on questions and answers concerning the brain. Please RSVP with ACC Park City at (916) 393-9026 ext. 222.

May 30

Arts in River Park

Held Saturday from 9 a.m. to 4 p.m. at the Scottish Rite Masonic Center, 6151 H St., this free event will include exhibits of local artisans and organizations, hand-crafted items available for purchase, food, healing arts, live entertainment and children's hands-on activities. For more information, visit www.artsinriverpark.org.

Annual SPCA Doggy Dash

The Sacramento SPCA will hold its 16th Annual Doggy Dash and Bark at the Park Festival. Registration begins at 7:30 am; run/walk begins at 9 am; festival begins at 10 am at William Land Park (Village Green Area). Registration is \$25 before May 22, \$30 thereafter. Or form a group and register as a fundraising Pack for \$40 per person. Children eight and under are free. Free parking is available at Sacramento City College on Sutterville Road. For more information or to register, visit www.sspca.org/doggydash, call (916) 383-7387, ext. 9102 or e-mail specialevents@sspca.org.

Fairytale Town Goes Green

Fairytale Town will celebrate its 50th anniversary by going "green," 11 a.m. to 3 p.m., 3901 Land Park Drive. Several Sacramento-area environmental organizations will have displays and interactive demonstrations, and there will be handson educational activities that teach children to practice responsible conservation techniques. The event will also feature green art -- art made from recycled materials. Admission is \$4.50, free for children under 2. For more information, call 808-88866, or visit www.fairytaletown.org.

McClatchy Class of 1963 46th Year Reunion

To be located at an eight-acre private residence at 7260 Pocket Rd., the price is \$55 per person in advance or \$65.00 at the door. The theme is Rock n' Rollin' Barn Party with Catered BBQ. Guests can dance to "oldies" with the Jay Rolerz Band. Clothing is casual. The event starts at 5 p.m. and dinner begins at 6 p.m. A no-host bar will be available. Also available is a reunion photo memory book for \$20. For more information, call 600-8042.

Effective job search in a tight economy

First Christian Church is offering a series of free seminars to help people to

ries of free seminars to help people to find work and to obtain career counseling. The seminars will be held on Saturdays, beginning on May 30. The dates will be: Saturdays, May 30, June 6, 13, 20 and 27. Each week the sessions will begin at 9:30 a.m. and last for approximately 2 hours. First Christian Church is located at 3901 Folsom Blvd. Admission and materials will be offered for free as an expression of God's love. For questions, or to preregister, call 452-7661.

Sacramento VisionWalk

P

The Foundation Fighting Blindness (www. FightBlindness.org) will host its 2nd Annual 5K VisionWalk in Sacramento on Saturday at Southside Park - Amphitheater. Registration begins at 9 a.m. and the Walk will start at 10 a.m. To participate in the Sacramento VisionWalk, or to learn more about supporting local or national VisionWalk events or the Foundation Fighting Blindness, visit www.VisionWalk.org or call toll free 866-782-7330.

JUNE

Pops in the Park

Councilman Steve Cohn and the Pops in the Park Committee are pleased to present the 15th annual "Pops in the Park" summer concert series. All concerts are free and open to the public and begin at 6:00 p.m. Food and beverages will be for sale. People should bring lawn chairs or blankets for seating. The concerts are June 6 with the "The Q Balls" at East Portal Park, 51st and M streets; June 13 with "Aaron King and The Imperials" at Glen Hall Park, Sandburg and Carlson drives-and a Second Saturday showcase featuring Robin Leddy Giustina; June 20 with George Bruno Big Band at Bertha Henschel Park, 45th Street and Brand Way—also Sidney Pope and Onion Awards and wading pool open for free; June 27 with Kate Gaffney at McKinley Park, 33rd and H streets. For additional information, please visit www.eastsacpopsinthepark. com or call (916) 808-5240.

JUNE 1

Deadheading at Dusk

The Old City Cemetery Committee will be at the Historic Rose Garden tidying up the spent flowers on from 6:30-8:30 p.m. We will be offering instruction on how to do it and serve light refreshments. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. For information, please call (916) 448-0811.

JUNE 3

Understanding memory loss, part 2

In the second of a special two-part learning series sponsored by Sunrise Assisted Living, part 2 focuses on resources for diagnosis and treatment and innovations in research. The event will be held at the Carmichael Library, 5605 Marconi Ave. from 5-6:30 p.m.

JUNE 6

Learn to cool home efficiently

A SMUD Energy Specialists will provide information about your home's energy efficiency possibilities and recommend strategies to help you keep cool during the hot Sacramento summer. Held at the SMUD Customer Service Center, 6301 S St. in the Rubicon Meeting Room, the workshop will run from 9 a.m. to 12 p.m. The workshop is free. Class size is limited and pre-registration is required. Customers can register online at smud.org, e-mail etcmail@smud.org, or call 732-6738. For more information, email Paul Gillaspy at pgillas@smud.org.

GA CHE



916-392-ROSE (7673)

Community Father's Appreciation Fair

The third annual Community Father's Appreciation Fair will take place at Riverside Wesleyan Church, 6449 Riverside Blvd., from 11 a.m. to 4 p.m. There will be cars, boats, trucks, U.S. Army, Marines and Navy, kid's face painting, bounce house, food, Western Martial Arts Academy demonstrations, Lexus of Roseville, Sacramento Sierra Red Cross, Hubacher Cadillac, live music by the "Riverside Rockers," and more. Would you like to show your special car, boat or truck? Call 391-9845 to reserve your space. There is no fee to participate.

Pioneer Grove History Tour

This Saturday morning tour will feature a narrated walk to the "Pioneer Grove," owned and maintained by the Sacramento Association of Pioneers since 1861. The tour commences at 10 a.m. from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. For tour information, please call (916) 448-0811. Tours are free though donations for the restoration of the cemetery are greatly needed and appreciated.

JUNE **6-7**

Carmichael Band Festival

The Sacramento Valley Symphonic Band Association presents the annual Carmichael Park Community Band Festival at the Carmichael Park Amphitheater, 5750 Grant Ave. in Carmichael. This is a free event. There will be a community band, one every hour on the hour, both days from 1 to 6 p.m. Saturday and 11 a.m. to 6 p.m. Sunday. Bring the entire family, a picnic, lawn chairs, and enjoy a lovely afternoon of music under the shade trees. For more information, call 489-2576 or visit www.sacwinds.org.

JUNE 9

Travel abroad

Attend a free information session about the Oaxaca, Mexico, Travel Study Program offered through Sacramento State, College of Continuing Education, 6 to 8 p.m. in Napa Hall, 3000 State University Drive East. Participants of the two-week program will attend educational seminars, guided weekend tours to archeological sites, and strengthen their Spanish language skills while earning three units of undergraduate or graduate credit. For more information, call professor Peter Baird at 278-4916, or visit www.edweb.csus.edu/bmed/mexico.

Gray Panthers Meeting

The motion picture, "Broadcast Blues." will be featured at the Tuesday, June 9, 1 p.m. meeting of the Gray Panthers at the Hart Senior Center, 915 27th Street, (between I and J Streets) Sacramento. The movie is a documentary concerning corporate influence on TV and radio broadcasting. The meeting is open to the public and further information can be obtained by calling 921-5008.

See more Calendar, page 24

Please send your updated 2009 Calendar Announcements

...especially if you host monthly events! e-mail to ryanrose@valcomnews.com

Fax to: 429-9906 Phone: 429-9901 Valley Community Newspapers • 2709 Riverside Blvd. • Sacramento • 95818



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CALENDAR

JUNE 11

Computer Club Meeting

Mission Oaks Computer Club will meet from 1-3 p.m. at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. Subject will be Picasa 3 Update to the free Google program for managing digital images by Ann Kerr. A question and answer session will follow the meeting. Visitors are welcome. For additional information, call 366-1687 or visit http://missionoakscomputercub.org.

JUNE 17

Genealogy Meeting

The Genealogy Association of Sacramento will hold its June Meeting on June 17 at 1 p.m. in the Belle Cooledge Library 5600 South Land Park Dr. The speaker for the meeting will be Dr. Bob La Perrierre. He will speak about the Health issues for Women on the Overland Trail and Gold Rush medical issues. The meeting is free. Questions: Call Melanie Howard at 383-1221.

JUNE 20

Alive at 25

This program saves lives by changing the attitudes of 15 to 24 year old drivers toward risk

taking behaviors. (\$40 fee) Saturday, from 10 a.m. to 2 p.m. at the Safety Center, 3909 Bradshaw Rd., Sacramento, CA 95827. Alive at 25 is offered every third Saturday each month and space is limited. Register online at www.safetycenter.org or call 438-3385.

"What's Blooming in the Cemetery"

Our beautiful Hamilton Square Garden will be featured on this Saturday morning tour at the Sacramento Historic City Cemetery. The tour commences at 10 am from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. For tour information, please call (916) 448-0811. Tours are free though donations for the restoration of the cemetery are greatly needed and appreciated.

JUNE 25

Senior Legal Hotline Workshop

Supplemental Nutrition Assistance Pro gram, formerly known as "food stamps". Learn about how the program is changing, and how you may be one of the thousands of seniors missing out on this extra assistance. 1pm. Ethel Hart Senior Center, 915 27th Street. Free. 808-5462.

JULY 4

Fun Run/Walk

It's time for the 14th annual 4th of July Fun Run/Walk at Matsuyama Elementary. Everyone is invited to attend this community and family oriented event, which raises funds for the 2009-2010 sixth graders to attend the Sly Park Environmental Science Camp. The Fun Run/Walk is a 5K/8K event that take place on Saturday, July 4th. The race begins at Matsuyama Elementary School, 7680 Windbridge Drive. Check in begins at 7 a.m. and the race start time is 8 a.m. Fees are \$15 includes event T-shirt before May 22; after May 22, the fee is \$20. For more information, please contact Poh- Ling Oon at 424-0873.

JULY 18

"The Great Race"

The Great Race presented by Eppie's Great Race Foundation, will take place on July 18. Participants run 5.82 miles, cycle 12.5 miles and paddle boats 6.35 miles on a racecourse located on and alongside the American River Parkway. Teams and individuals can compete in a variety of divisions. Continuing this year is the Kaiser Permanente Kids Duathlon, a 2.5-mile run and a 6-mile bike ride. Sponsored by Kaiser Permanente, this duathlon provides kids with their own event to compete in while family members are tackling The Great Race. To volunteer or register for the event, visit www.thegreatrace.org, or call (916) 381-0255.

MONDAYS

Tai Chi at Hart Center

Chinese exercise combines specific movements and relaxation, 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St. Instructor, Mamie Woo. Information at 808-5462.

Hatha yoga class

Instructor Pat Shaw teaches students to align the body through breathing techniques, postures and deep relaxation, 3 to 4 p.m., Hart Senior Center, 915 27th St. Information at 808-5462. Repeats Wednesdays, Fridays.

Gray Eagles meet

Gray Eagles, a social group for men and women, hears guest speakers on air shows, flying and warbirds, 11:30 a.m. to 1 p.m., second Mondays of the month. Visitors welcome. Free, at the Hometown Buffet (private dining room), 4300 Florin Road. Information at 421-0844.

Newcomer's Buffet

The Widowed Persons Association of California invite any and all widows and widow ers to attend their Newcomer's Buffet and Social at 5:30 p.m., every third Monday, at the Plaza Hof Brau, El Camino at Watt Avenue. The cost varies as the choice is from a no-host buffet menu. For more information. call 972-9722.

Toastmasters meet

Guests always welcome at Klassy Talkers Toastmasters to have fun while improving speaking and leadership skills, 7 to 8:30 p.m., Executive Airport 6151 Freeport Blvd., 95822. Information: Jan at 284-4236 or www.sacramentotoastmasters.com.

Co-Dependents Anonymous

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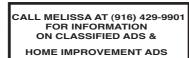
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More than 100 local residents filled the Land Park office of Windermere Dunnigan Realtors, 4215 Freeport Blvd., on May 7 when the firm hosted their semi-annual art show. Running from 5 to 8 p.m., the event showcased several stunning examples of local artwork.

















Pictured left to right at the event are 1. Suzanne Harrell and Phyllis Kress; 2. Linda Bena; 3. Kellie Swayne and Pam Vanderford; 4. Sheila Van Noy; 5. Judy Knott and Kate Anderson; 6. Nancy Wegge and Chris Briggs; and 7. Marilyn Baskerville.

All photos by Linda Pohl.





California Kids! is an events and activities guide for active families and is published once a month by Valley Community Newspapers, which also publish the *Arden-Carmichael News, East Sacramento News, Land Park News* and *Pocket News*. We have been in business for more than 15 years.

California Kids! reaches those parents most likely to purchase products and services by targeting active families who get out and enjoy all that the community has to offer.

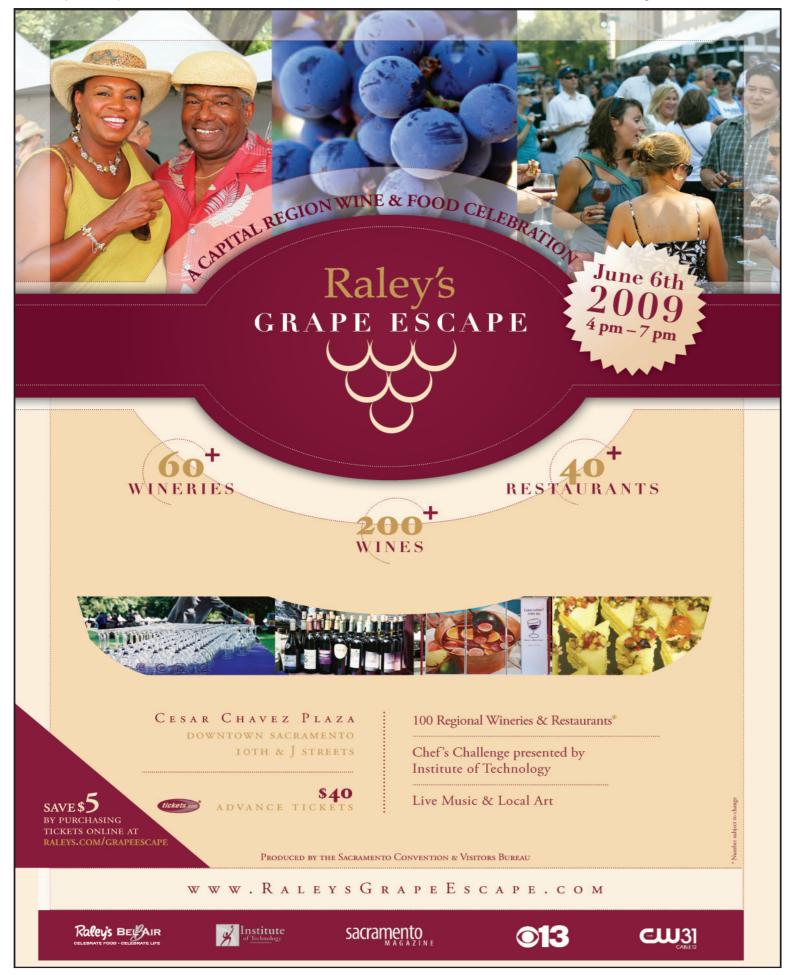


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Land Park Community Association board election caps year of major changes

By CRAIG POWELL Land Park Community Association Special to The Land Park News

It is pretty clear that the winds of political change are blowing through Land Park these days. On April 25, more than 200 members of the Land Park Community Association voted at their annual meeting to elect 14 directors – 11 of them brand new – to the group's recently expanded 15-member board. LPCA members also heard addresses from City Councilmember Rob Fong and County Supervisor Jimmie Yee, as well as Capt. Dan Schiele, south area police commander. Mayor Kevin Johnson was slated to speak but cancelled at the last minute to make an appearance on "Larry King Live" that night. He promised to make it up to Land Park by attending the LPCA's next meeting.



An LPCA First - A Competitive Election

The election of directors was the culmination of a three-week campaign period – an LPCA first – featuring 19 candidates, each with impressive backgrounds and wide-ranging experiences. In perhaps a first in Sacramento neighborhood politics, the candidates campaigned principally through e-mails that reached the 65 percent of the membership who had e-mail addresses on file with the organization.

Matthew Traverso, believed to be the youngest candidate in the field at 24, went so far as to launch a campaign web site to promote his positions on local issues. Another enterprising candidate, April Meszaros, created both campaign lawn signs and campaign T-shirts. Both Traverso and Meszaros, not surprisingly, won spots on the board.

The LPCA hosted a wellattended "Candidates Night" the week before the election at Eskaton Monroe Lodge, which featured all 19 candidates. At the campaign event, all candidates were upbeat, uniformly polite to one another and consistently laudatory of the credentials of their fellow candidates.

"There is not a weak candidate in the field," noted candidate and current LPCA director Dennis Kellogg.

The organization also sent out a mailer to its members laying out the candidates' profiles and brief campaign statements.

The top two vote getters in the election were incumbent directors Terry Grimes and Craig Powell, who received 143 and 139 votes, respectively, out of 203 total votes cast. Powell and Grimes were the leaders of the "LPCA Renaissance" reform effort launched in December of last year, which led to the membership adopting, by a 75 percent margin, eight bylaw measures at a special meeting on Feb. 11. The reform measures expanded the board from 10 to 15 di-

See Board, page 27

Board: Fong adressed city studies to move the zoo

Continued from page 26

rectors, mandated open and democratic director elections and imposed a 6-year limit on the number of years directors could serve. The reforms led to the departure of 20-year LPCA directors Luree Stetson and Nikki Rueppel from the board, as well as the resignations, on the eve of the reform vote, of directors Kearse McGill, Elyse Metune, Judy Sundquist and Carolyn Peck.

The seven candidates elected to two-year terms were Terry Grimes, Craig Powell, Jon Jensen, J.R. Riddell, John Schade, Dave O'Toole and Dennis Kellogg. The seven candidates who won one-year positions on the board were April Meszaros, Michael Mock, Paula Swayne, Matthew Traverso, Mark Abrahams, Christine Ault, and Jim Quessenberry.

Local Polticos Report In

Rob Fong gave his traditional "State of the District" address to the assembled members, in which he tried to prepare the neighborhood for coming cutbacks in public services due to the city's \$50 million budget deficit this year.

"There is no question that services will be impacted," he noted.

Fong also informed the crowd that the city had recently hired a firm to do a feasibility study on moving the Sacramento Zoo from its present location in Land Park to a new city park northeast of Mid-town, christened "Sutter's Landing," which is the site of the recently closed city dump. He was quick to point out that the \$90,000 study was funded by "Steve Cohn's money," referring to a discretionary city account controlled by fellow council member Steve Cohn, in whose district the new park is to be located. Fong noted that any move would be 20 years away.

During an extended question and answer period, Fong fielded a slew of questions, including one urging Fong and the City Council to engage the community in an extensive conversation on whether the zoo should be moved at all, noting that a recent survey of LPCA members showed that members, by a 20 percent margin, oppose moving the zoo. Fong agreed to support such an effort.

Fong also faced pointed questions on the city's proposed 35.3 percent hike in city utilities rates over the next 13 months and concerns over the deteriorating condition of the Del Rio Road shopping center, the subject of hot rumors of a possible lease of the grocery store site to the popular grocer Trader Joe's.

Supervisor Jimmie Yee's appearance was a bit of a sentimental journey, as he has addressed the LPCA on numerous occasions during his 6-year stint on the City Council. After congratulating the LPCA on its recent membership growth (now at an all-time high of 535) and increasing member participation, he devoted the bulk of his remarks to explaining the budget crisis that county government is facing.

With a workforce of more than 12,000, the county may lay off as many as 1,000 workers this year, he reported. He also noted that plans to expand Metro Airport have been delayed (a new parking garage) or canceled (an airport hotel) in cost saving moves. He also expressed confidence that the county and city would finally come to terms on the city's use of the Keifer Landfill for the city's solid waste disposal, which would end the city's current practice of trucking its garbage to Nevada. He also joked with Fong that he (Fong) would be wise to refrain from pushing for major changes at Executive Airport, characterizing it as the perennial "third rail" of Land Park politics.

The LPCA holds its monthly board meetings and quarterly membership meetings on the 3rd Wednesday of the month at 6:30 p.m. at Eskaton Monroe Lodge located at 3225 Freeport Blvd. Visit the LPCA web site at www.landpark.org.

Craig Powell, a life-long resident of Land Park, is an attorney and serves as an LPCA director and chair of its Parks Committee. He may be contacted at ckpinsacto@aol.com.



During an extended question and answer period, City Councilmember Rob Fong fielded a slew of questions, including one urging Fong and the Sacramento City Council to engage the community in an extensive conversation on whether the zoo and its residents, such as the flamingos pictured here, should be moved at all, noting that a recent survey of LPCA members showed that members, by a 20 percent margin, oppose moving the zoo. Fong agreed to support such an effort.



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