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Land Park News Photo/Ryan Rose

A tree on the corner of 12th Street and Markham Way in Land Park collapsed Oct. 13 after a storm system rolled through Sacramento last week. The fallen branches stretched across Markham Way, blocking traffic. Inset: Work crews were finally able to clear the debris Oct. 16.

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Wet weather slams Land Park

By **RYAN ROSE**
Land Park News Editor
vcnnews@valcomnews.com

Last week, a massive weather system tore through the Sacramento region and toppled trees throughout the area – and Land Park was no exception. The great green tree canopy that is normally the pride of many Sacramentans became a swaying scene of subsequent destruction as trunks split and branches crashed down onto rooftops and into neighborhood streets.

Two local areas hit hard by the storm were the intersections of 2nd Avenue and 12th Street and 12th Street and Markham Way. There, tree trunks, straining under the weight

of wet leaves and whipping winds, broke away from their roots and collapsed. No one was harmed in the incidents, but two homes received minor damage along 2nd Avenue and Markham Way was completely blocked by a fallen tree at 12th Street (see cover photo).

Debris remained in the streets for days afterwards. Through the diligent work of local residents, contractors and city crews, roads and storm drains were ultimately cleared. City officials have asked that residents keep all gutters and storm drains clear of waste and debris to avoid any flooding that may occur with future storms.

Send us your storm photos: e-mail ryanrose@valcomnews.com.

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Land Park's Fred David passes

Land Park News staff report

Land Park resident and well-known Sacramento businessman Fred David passed away Oct. 17. He was 100 years old.

David was featured Oct. 8 in the last edition of The Land Park News after his 100th birthday, which he celebrated Oct. 1 at his Marty Way home.

Once he achieved centenarian status, David finally retired from work, closing shop on his downtown Sacramento business, the David Candy Co., which he opened on his 23rd birthday on Oct. 1, 1932. It was his hope that he

would finally get to experience a lifestyle without employment for the first time since his childhood.

In commenting about his 100th birthday, David told writer Lance Armstrong that he has had a very enjoyable life and that he is glad that he was able to spend so many years in Sacramento and watch it grow from a city with many dirt roads and a population of about 40,000 to its much more developed state today.

"I've had a great life in Sacramento," David said.

Funeral arrangements were not immediately available for publication. Lance Arm-

"I've had a great life in Sacramento"

strong's original story on Fred David and his life and times is online at www.valcomnews.com.



Land Park News Photo/Lance Armstrong
Sacramento resident Fred David stands next to a faded sign for his historic candy company, which closed its doors to the public for the final time in early October. Centenarian David passed away Oct. 17 shortly after closing his shop.

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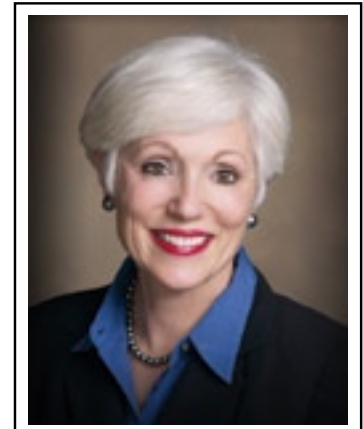
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LAND PARK

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LAND PARK

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Sacramento County recognizes local eateries with best health, food safety inspection record

Special to The Land Park News

In recognition of September's National Food Safety Education Month, several restaurants were recognized for outstanding food safety practices at a Sacramento County Board of Supervisors meeting on September 15. These businesses were selected by the Environmental Management Department to represent nearly 700 restaurants that earned an Award of Excellence in Food Safety certificate countywide.

To qualify for the award, a food-service operation must not have any major food-safety violations in its three most recent health inspections. Inspections are unannounced and completed up to three times a year. EMD inspects approximately 5,500 restaurants, retail markets, bakeries, bars and schools for food safety compliance annually.

Mark and Monica's Family Pizza, a family-run business located at 4751 Manzanita Ave, Carmichael, and Save Mart Supermarket, 2501 Fair Oaks Blvd, were chosen to represent

Supervisor Susan Peters' district. Peters presented the certificates to Mark and Monica's owner Mark Brooks, manager Debbie Mahnke, and Save Mart's manager John Martin.

Family-owned Vic's Ice Cream, located at 3199 Riverside Blvd. in the Land Park neighborhood of Sacramento, was one of two food facilities in District 2 recognized for their excellent food safety record. District 2 Supervisor Jimmie Yee presented the certificate to Craig Rutledge who manages the ice cream shop. Craig is the son of Ashley Rutledge who opened Vic's in 1947 with his World War II buddy Victor Zito.

Among the 700 food facilities countywide earning a certificate were Whole Foods Market on Arden Way, Honey Baked Ham on Fulton Ave., Madison Station Café on Madison Ave., Village Drive-



Photo by Kerri Aiello
 Supervisor Jimmie Yee presents food safety certificate to Taco Bell's franchise owner Jon Ibbotson, store manager Martha Rodriguez, and corporate representative Chuck Boone.

In on J Street, and Cupcake Cravings on Arden Way.

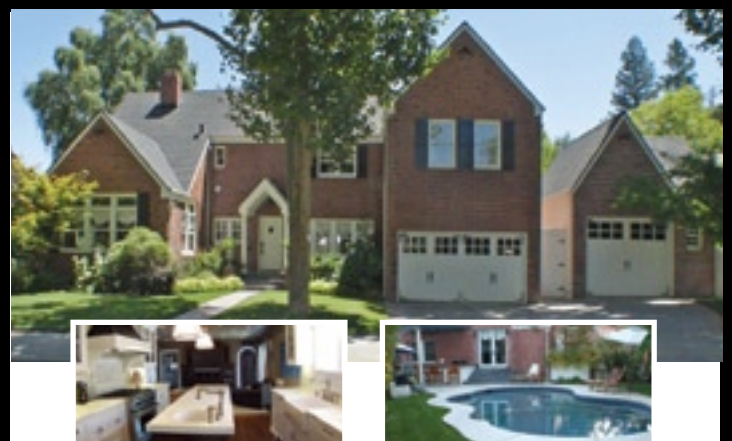
EMD director Val Siebal said the award recipients have clearly demonstrated a continuous commitment to high standards of food safety in their establishments.

"The Environmental Management Department recognizes the hard work and diligence of employees and management to earn this award," says Siebal.

Is your favorite food facility a 2009 Award of Excellence for Food Safety recipient? You can view a listing of all award recipients and learn more about the award criteria at www.emd.SacCounty.net/EH/EMDFoodSafety-Awards.htm.

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Land Park News Photo/Celia Green

Members of the Sacramento Police Department K9 Unit present a demonstration at the Oct. 11 Safety Fair.



Land Park News Photo/Celia Green

Two young children received educational information (and special firefighter hats) from Sparky the Fire Dog.



Land Park News Photo/Celia Green

Sparky the Fire Dog meets and greets with crowds at the Oct. 11 Safety Fair.

Safety first at special emergency services event

By CELIA GREEN
Land Park News Writer
vcnnews@valcomnews.com

Driving on Freeport Boulevard Oct. 11, an observer may have thought a major disaster had occurred, judging by the number of uniformed police and firefighters seen. But, in fact, it was Sacramento's Safety Fair, a free event open to the public.

"I thought it was a good turnout," said Michelle Basurto of the Sacramento Fire Department, the event's organizer. "We had great weather and a couple hundred visitors. This Safety Fair was open to the whole city. We haven't done a fair like this in 3 or 4 years."

This year's Safety Fair included members of the Sacramento Police Department, including SWAT Team and K9 units, the Sacramento Fire Department, Office of Emergency Services, and DART (Drowning Accident Rescue Team) and Community Service Officers there to fingerprint children.

"We're here to promote child safety," said Sacramento CSO Holly Kinney. "We're fingerprinting and photographing children, and the parents get a copy of this (the document.) The fingerprints are not kept on file anywhere."

Sacramento Police Department started this program three years ago, and police officers often go to schools,

health fairs and churches when asked.

"I'm being fingerprinted so if I ever get lost this will help me get found," said Alex Chenkovich, a sixth grader at Sutterville Elementary School. "We'll keep this on the fridge," said his dad Paul.

In addition to the outdoor booths, 30-minute seminars were held indoors.

Topics included fire safety (in English, Spanish and Hmong) and disaster preparedness. Children were taught to dial 9-1-1, and bike safety was covered.

But outside was the place to be, as the dogs were the stars of the day.

Sparky the Fire Dog circulated throughout the crowd, reminding children to "Stop, drop, and roll" in the event of a fire. And K9 officers Sonic and Hutch showed off their skills in apprehending "bad guys." When the dogs were off-duty, Officers Aaron Thompson and Keith Hoverson, the K9 handlers, encouraged on-lookers to pet the dogs and see how gentle they can be.

"It's cool to see how well the dogs follow their trainers," said Alex Chenkovich.

That sentiment was echoed by Sgt. Norm Leong of SPD.

"This is an event to get to know us in a non-emergency situation," he said. "We're giving safety and crime prevention tips, and it lets kids have fun."

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Know your neighbor: What's the deal with the cow?

Popular Land Park restaurant continuing tradition of 'cow-topped' landmark

By LANCE ARMSTRONG
Land Park News Writer
vcnnews@valcomnews.com

Sitting down in his office at the popular Land Park restaurant, the Riverside Clubhouse, last week, the business's General Manager Tim Ramirez chuckled when asked about the large, life-size cow replica that sits atop the restaurant.

"I get all sorts of comments about the cow," said Ramirez, who joined the restaurant's team three years ago. "People come in here for the first time and say, 'What's the purpose of the cow on top of the building?' But then there are the people who know (the history of) the cow and ask me, 'Is that the cow that was on The Hereford House (restaurant)?' I say, yes, it sure is."

With the continuous inquiries about the cow,

Ramirez said that his staff is specifically trained to tell the history of why the Riverside Clubhouse at 2633 Riverside Blvd. has a cow on its rooftop.

Ramirez added that during the early 2000s remodeling project of the old restaurant building, which was home to The Hereford House from 1963 until about 2001, Riverside Clubhouse owners and longtime Land Park residents Fred and Matt Haines opted to keep the cow replica in the name of history.

"Fred and Matt could have made the Riverside Clubhouse without the cow, but (the cow) was a part of Land Park," Ramirez said. "Having that Hereford cow (on the building's roof) for that many years, people recognized the cow as (a marker) for the restaurant to come to back in the day."



Land Park News Photo/Ryan Rose

(above) The Riverside Clubhouse at 2633 Riverside Blvd. is one of seven restaurants owned by Land Park residents and brothers Fred and Matt Haines. Among the other restaurants are East Sacramento's 33rd Street Bistro and Midtown Sacramento's Suzie Burger.

(left) This life-size cow replica is a longtime member of the Land Park community.

Land Park News Photo/Lance Armstrong

The restaurant on Riverside

During its many years of operation, The Hereford House was a popular, upper scale dining and cocktail lounge destination that was well known for its steaks and seafood.

Ramirez, a 27-year resident of Land Park, said that during his youth, while growing up in the south part of Sacramento, he ate at the Hereford House when it was still a fairly new restaurant.

"I remember as a kid walking into the place with my parents," Ramirez said. "We were poor, so I wondered why my dad (Jess Ramirez, who worked at the Southern Pacific rail yard) would take us to the Hereford House. The place looked pretty nice back then and it was exciting, because we didn't go out to restaurants very much. To get to go there and eat steak as a kid was quite the experience."

Originally owned by James J. Brown, Robert F. O'Brien and Rugby H. Ballard, The Hereford House was owned by Alfred Alvernaz during about its last 30 years.

The Hereford House, however, was not the first restaurant to be located at this location, as the White House restaurant operated as a popular eatery at this site from the late 1930s to the early 1960s.

For about five years, beginning in about 1933, the address was occupied by a liquor vendor, named Edward B. Pierini.

But fast-forwarding about 75 years, this his-

See Riverside Clubhouse, page 7



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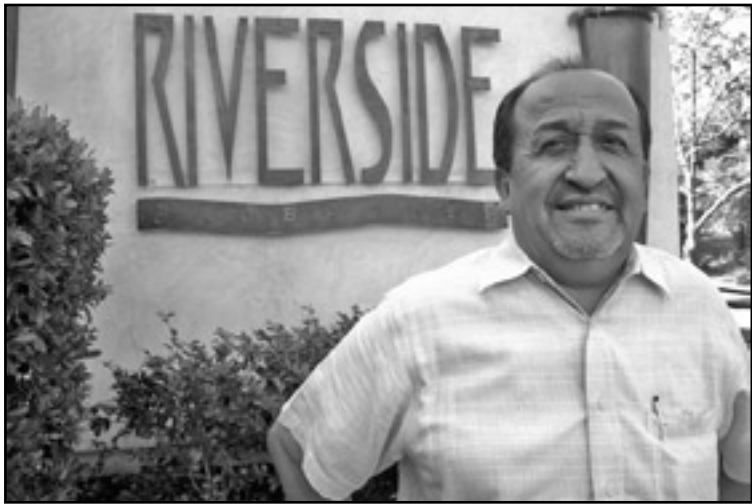
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Land Park News Photo/Lance Armstrong

Riverside Clubhouse General Manager Tim Ramirez invites the public to visit the restaurant, have a meal and "see how fresh and affordable we are."

Riverside Clubhouse: Holy Cow

Continued from page 6

toric site is experiencing its latest success, as the Riverside Clubhouse is continuously gaining popularity.

Ramirez said that it is very gratifying to witness the reaction of many of the restaurant's first-time guests.

"When people walk in here for the first time, they say, 'It just didn't look like a restaurant' (from the exterior)," Ramirez said. "But when they walk in, that's when you watch their faces. Wow, the three-tier fireplace, the 30-foot-long wall of water, the Sun Room, what a cool looking place. It's gorgeous. And then, yet, you think you're going to spend top dollar to eat here and then you look at the menu and we do have a special for \$25, but other than that, everything else is under \$20. And we have a lot of dishes that are \$10. People just have to see the place and come and eat here and they'll see how fresh and affordable we are."

Platter matters

The restaurant's menu, which also includes weekend breakfasts, features such entrees as lobster ravioli with seared prawns, roasted salmon with red risotto, paella, grilled skirt steak, slow-roasted baby back ribs, crispy calamari, carnitas tacos and a variety of sandwiches, soups and salads.

Ramirez said that customers should not think

that they have to order a full meal when dining at the restaurant, noting, "You don't have to spend much money in here. You can come in for a burger and a nice glass of wine."

Unlike many restaurants, the Riverside Clubhouse, Ramirez said, offers an alternative menu.

"We have our standard menu and then we have our (other menu), so people don't feel like they don't want to go by the Riverside, because it always has the same (food)," Ramirez said. "So, we decided to bring in what we call the Fresh Sheet and it's been working real well. People love it, because they have their regular favorites on the standard menu and then they can choose from offerings on the other menu. I tell people, don't get used to it, because the (Fresh Sheet) menu will change the next week. Every Tuesday, I have a meeting with Matt to discuss the new menu and what people like. The whole idea is to keep things fresh here and keep changing things up."

The restaurant, which includes a full bar, also features a variety of specials, including its Monday through Thursday Happy Hour with appetizers and drink specials, from 4 to 7 p.m., and its Wednesday Bike Night, in which patrons are invited to ride their bicycles to the restaurant for \$1 tacos



Land Park News Photo/Lance Armstrong

The restaurant's Sun Room includes glass-paneled roll-up doors and original works by local artists.

and \$2 beers, from 5 to 8 p.m.

Additionally, football fans are invited to watch Monday Night Football games on the restaurant's three 50-inch plasma televisions and enjoy hot dogs, a chili bar and a raffle, along with \$2 Budweiser draft beers.

Keeping regulars happy

Roseville resident Rick Kelly is among the many people who have discovered

the Riverside Clubhouse and are impressed by its offerings.

"This is my third time here and I like that it has great food and the prices are good," Kelly said. "It's always crowded, it's got a nice atmosphere and it's not too light, not too dark and not too noisy. It's also very well attended by Land Park people. It's just a nice and friendly neighborhood place."

The Riverside Clubhouse is open Mondays through Wednesdays, from 11:30 a.m. to 10 p.m., Thursdays and Fridays, from 11:30 a.m. to midnight, Saturdays, from 8 a.m. to midnight, and Sundays, from 8 a.m. to 9 p.m.

For additional information regarding this business, call (916) 448-9988 or visit the Web site www.riversideclubhouse.com.

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Collaboration of the sexes as 'Taming of the Shrew' comes to Sacramento's St. Francis High this November

By **SUSAN LAIRD**
Land Park News Writer
slaird@handywriting.com

The perennial battle of wits between the sexes returns to the stage this November, as St. Francis High School presents William Shakespeare's classic comedy, "The Taming of the Shrew."

In this classic comedy of the theater, Petruchio, a gentleman of Verona, courts the headstrong spinster, Katherina. Petruchio and Kate engage in a battle of wits as he attempts to "tame" his bold and stubborn wife and bring her into line with society's expectations. This romantic farce, full of disguises and role playing, deals with themes such as marriage and duty, reality and illusion, and compromise.

Dramatis personae

What may be surprising to some, however, is the collaboration of the genders at this all-girls Catholic high school. Four of the 21-member cast are men.

This is a common experience at St. Francis, according to Elisabeth Danielson, arts executive director and producer of the play.

"We have always invited guys from all schools to audition for our plays and musicals," Danielson said. "Sometimes we need children, too. So, we advertise at elementary schools to see if anyone is interested in performing with us. For example, there were children from St. Mary's



Photo courtesy of Mark Coverdell Photography
Niles Swinney (of CK McClatchy High School) in the role of Hortensio, St. Francis' Abby Williams-Campbell as Bianca, and Nick Merrick (of El Camino High School) as Lucentio.

See School play, page 9

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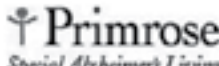
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School play: A junior at McClatchy High will play the role of Hortensio

Continued from page 8

School who were in the cast of 'Sound of Music' in 2008."

The men in this year's fall education play hail from four area high schools.

In the lead as Petruchio, Elliot Herzer is a senior at The Met Sacramento, which is located in downtown Sacramento at 8th and V streets. The Met Sacramento is an innovative public high school designed and founded by the educational nonprofit The Big Picture Company. The school enrolls some 144 students in its project-based curriculum.

Nick Merrick attends El Camino High School. A junior, he is already a veteran thespian, performing in "Joseph and the Technicolor Dream Coat," "Midsummer," "Friday at Five," "Our Town," "The Importance of Being Ernest," "Nightmare Before Christmas," "Sir Gwain and the Loathly Lady," among others. He will portray Lucentio, a suitor for the hand of Bianca, Kate's less intractable sister.

Tomas Riegos is a junior at Jesuit High School. He will portray Vincentio, Lucentio's father.

Niles Swinney is a junior at C.K. McClatchy High School. He will play the role of Hortensio, suitor to Bianca and friend to Petruchio. Swinney is another stage veteran. Last spring he performed in McClatchy High's production of "Into the Woods." He also appeared in "The Odd Couple," "Beauty and the Beast" and "Picasso at Capin Agile."

Cameron Tapella, who will portray Gremio, an elderly suitor of Bianca. He is also a junior at Jesuit. Last fall, he performed in St. Francis' Elly-award winning production of "Playing for Time."

The inclusion of men in the plays at St. Francis has definite advantages, Danielson said.

"Guys walk, talk, and move differently than girls," she said. "Sometimes it adds some authenticity – some parts are pretty difficult for a high school girl to play as a guy. Another advantage is that students can learn from each other. It's fun to have the boys around the all-girls campus. They add another dimension sometimes."

The advantage for male performers, in addition to being stars of attention at the school, is access to St. Francis High's award-winning theater program.

"Some of the boys come from schools that may not have as an extensive a theatre program as St. Francis has," Danielson said. "So it's nice to offer this opportunity to them. Some of the

boys and children have been in theatre throughout the Sacramento area for many years and just find it fun to work with us on our plays and musicals."

One example of this benefit is the recent visit to the St. Francis campus by Adam Coleman of the Globe Theatre in England. Coleman is the senior practitioner for Globe education. He travels to share his observations and thespian expertise with students worldwide. St. Francis worked with the Mondavi Center to make the visit with the students possible. Coleman taught a masters class workshop for the play's cast and technical crew.

"The St. Francis Arts Council selects a play and a musical for each year," Danielson said. "The idea behind selecting each one is based on broadening the depth of students' knowledge on different kinds of works so that in the four years that a girl is at St. Francis, she has watched or been a part of eight completely different experiences. For example, last year we performed 'Playing for Time,' which is an historical piece written by an Auschwitz survivor about the Holocaust, and 'Seven' a fun musical written by St. Francis' own music accompanist and recording director, David Blanchard. It is important to perform a Shakespeare piece for its rich and well-known work."

Shakespeare, today

"The Taming of the Shrew" has been adapted for numerous plays, musicals and films. The St. Francis production is set in the original Elizabethan time frame, but with modern applications in costuming, music and gesture. Much like the film, "A Knight's Tale," the St. Francis production plans to deconstruct the Bard, adding modern applications in costuming, music and gesture. The result is an Elizabethan play with a millennial flair that will be affordable, highly entertaining and well worth attending.

"The Taming of the Shrew" opens at St. Francis High School, 5900 Elvas Ave., Nov. 6 at 7:30 p.m., with additional 7:30 p.m. performances on Nov. 7, 12, 13 and 14. There will be one 1:30 p.m. matinee show on Nov. 14. Admission is \$5 for students under age 19 and \$10 for adults. Tickets are available at www.ticketguys.com/st-francis or at the box office 45 minutes before each performance.



Photo courtesy of Mark Coverdell Photography
Kiss me, Kate: Katherina (Olivia Nice) is less than pleased to be thrown over her husband Petruchio's (Elliot Herzer, The Met Sacramento) shoulder like a sack of potatoes in St. Francis High School's production of Shakespeare's "The Taming of the Shrew."

St. Francis High School presents "The Taming of the Shrew"

Nov. 6, 7, 12, 13, 14 at 7:30 p.m.
and a matinee at 1:30 p.m. on Nov. 14.
5900 Elvas Ave.

Admission is \$5 for students under age 19 and \$10 for adults. Tickets are available at www.ticketguys.com/stfrancis or at the box office 45 minutes before each performance.

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Connecting with the City Council, the community

By **ROB FONG**
Sacramento City Councilmember
Special to The Land Park News

Happy Halloween

Don't know what to do this Halloween? Below are some ideas to have some safe family fun this Halloween.

Safe & Super Halloween: Magic Mystery Tour

When: October 23-25

Time: 5-9 p.m.

Where: Fairytale Town, 3901 Land Park Dr.

What: Take a journey back in time to the psychedelic sixties for three consecutive nights of family friendly Trick-or-Treat. Visit 17 candy stations scattered along the winding road through the park and check out the Octopus' Garden. Presale tickets are \$7 for member and \$10 for non-members. Day-of-the-event tickets are \$9 for members and \$12 for non-members. You may purchase your tickets by going online at: www.fairytaletown.org

UC Davis Children's Hospital Capitol Family Fun Day

When: October 25

Time: 10 a.m.-2 p.m.

Where: State Capitol, West Steps

What: This free event promotes safety and healthy children and families. Event will include drawings and prizes; child ID kits for the first 500 kids; entertainment and music, nutrition and fitness activities, Halloween costumes, safety zone and community organizations. For more information, call (916) 734-9638.

Boo at the Zoo

When: October 30-31

Time: 4:30-8 p.m.

Where: Sacramento Zoo, 3930 West Land Park Dr.

What: Come dressed up and enjoy a safe and fun Halloween at the Sacramento Zoo. Kids can safely trick-or-treat around Lake Victoria and enjoy entertainment, fun crafts, games and goodies. Other activities include magic shows, kid's haunted house, food, music, spooky train, creepy carousel and much more!

General Tickets: \$9; Sac Zoo Members: \$5; Children 2 and under: free.

To purchase your ticket, visit www.saczoo.com or call (916) 808-5888

Fifth annual Thanksgiving Food Drive

The mayor/council offices and the city of Sacramento's Neighborhood Services Department presents the 5th annual Thanksgiving Food Drive: "Pay It Forward" When: October 14-November 18.

With the holidays approaching quickly, it is time to help Sacramento's families in need! Help make this a Thanksgiving one that families will cherish by paying it forward, donating food items that will not perish. "Drop off" locations include: Sacramento City Hall, 915 I Street, Main Lobby, 2nd, 3rd, 4th & 5th Floors; Historic City Hall, 915 I Street, Main Lobby; city of Sacramento Public Safety Building, 5770 Freeport Blvd, Suite 100 & 200; and Sacramento Metro Chamber, 1 Capitol Mall.

For more information, please contact the Neighborhood Services Department at (916) 808-6789.

News from our Neighborhood Services Department

Neighborhood Services will be out in District 4 hosting Community Hours.



Our District 4 Neighborhood Services

Coordinator will be available for questions and to help with any city information you may need. Please stop by to chat or to say hello to our city staff.

The events will be Tuesday, October 20, 8-11 a.m., at Starbucks located at 15th & Broadway in the Walgreens Shopping Center; and Tuesday, October 27, 1-4 p.m., at Belle Cooledge Library, 5600 South Land Park Dr.

"Tip of the Month"

Below are some safety tips to help you have a fun and safe Halloween this year.

- Stick to well-lit areas.
- Watch for cars and other hazards.

- Plan out your route ahead of time and set a specific time for children to be home.

- Carry a flashlight and a cell phone.

- Never enter a stranger's home and only trick-or-treat at the houses with outdoors lights on.

- Stick to known neighbors. - Discard of any homemade treats unless you know the person who made them.

- Make sure everyone in your party is carrying or wearing some type of light-up or reflective gear.

- Make sure your child knows not to eat any candy or treats until you've had chance to look over it.

California Kids! Family Fun Guide



California Kids! is an events and activities guide for active families and is published once a month by Valley Community Newspapers, which also publish the *Arden-Carmichael News*, *East Sacramento News*, *Land Park News* and *Pocket News*. We have been in business for more than 15 years.

California Kids! reaches those parents most likely to purchase products and services by targeting active families who get out and enjoy all that the community has to offer.

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RETIREMENT & ASSISTED LIVING

County creating American River Parkway Combining Zone guidebook

Special to The Land Park News

To help clarify the “do’s and don’ts” for improvements and new construction on any development within the “American River Parkway Corridor Zone,” the Department of Planning and Community Development is sending a guidebook to property owners.

The Combining Zone is a special area along the American River Parkway, covered by Zoning Code Section 235.30, which was adopted by the Board of Supervisors in 1987. It was designed to protect the American River Parkway by requiring homeowners within a designated zone to contact the Planning department before they make any improvements or modifications to their property.

“The American River Parkway is a valuable natural resource, and this ordinance en-

ures that any changes made to properties within this zone blend in with the surrounding environment,” said Tricia Stevens, principal planner with planning. “This guidebook will help direct homeowners on how to properly make modifications to their property and to avoid any future issues.”

Because this Zoning Code addresses issues that may affect the stability of the bluffs along the river, or impact Parkway scenery, recreation or wildlife, all projects – even those that might not require a permit such as re-painting a house – will require prior approval. The code also includes standards for design within the zone and identifies “Erosion Zones” that can affect potential projects. Projects and improvements completed before the enactment of the zoning code are not required to upgrade to the new standards, however, any new

changes to the property must be reviewed.

The guidebook will include examples of issues requiring approval, zoning code web-

sites, and contact information. Printing and mailing costs will funded by the Save the American River Association. Homeowners should be

receiving their copies around October 20.

For more information, call 874-6221 or the Regional Parks Department at 874-6961.

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For more information, please contact Khonnie Lattasima at (916) 393-9026 ext. 325 or by e-mail at volunteer@accsv.org.

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Supporting 'Kids Can Food Drive' at Kennedy High

Special to The Land Park News

John F. Kennedy High School and the California Scholarship Federation is participating in this year's KCRA 3 Kids Can Food Drive. Donations are currently being accepted.

The high school will be working with the South Sacramento Interfaith Partnership Food Closet, which supplies food to 3,500 people each month.

With the current economic hardship, purchasing basic necessities, such as food, has be-

come more difficult. All donations are greatly appreciated and will go directly to helping people in the Sacramento area, including the zip codes, 95822, 95823, 95824, 95826, 95828, 95831, and 95832.

Kennedy held a drive-through drop-off at the front

of the school, 6715 Gloria Dr., on Saturday, Oct. 17 from 10 a.m. to 2 p.m. for anyone who wanted to donate.

All canned foods are welcome for donation. Foods, such as canned tuna, chicken, ham, fruits, vegetables, beans, cereal and boxed macaroni



Land Park News Photo/Ryan Rose Kennedy High School senior Melanie Yoshihara, 16, and Principal Felisberto Cedros have donation boxes prepared for canned food contributions from the community. The school is collecting canned food now through Nov. 20 as part of the Kids Can Food Drive. Increasing participation in the donation drive is also Yoshihara's senior project and is in conjunction with the school's chapter of the California Scholarship Federation.



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and cheese, are highly recommended. Please check expiration dates on all items.

Collection boxes will also be available at Kennedy's front office during any day of the week until the last day on Friday, Nov. 20. Kennedy High is hoping to beat their collection total of 2,751 food items from last year. The school and its students issue a "thank you" in advance.

The Land Park News will continue to update the community as to the school's progress in future editions.

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Winter wonderland at Fairytale Town

Special to The Land Park News

The holiday season makes ordinary places seem magical and magical places seem divine. With that in mind, Sacramento's most magical spot – Fairytale Town – has expanded its Winter Wonderland event for 2009 to two consecutive weekends of after-hours magic.

The park will be aglow with twinkling seasonal lights, the crisp air will be filled with music, and laughter as Fairytale Town celebrates winter family festivities and traditions from around the world.

All the regular Fairytale Town attractions will be open for evening play – more than 25 colorful oversized story-book playsets including King Arthur's Castle, the Jolly Roger Pirate Ship, Cinderella's Pumpkin Coach, Robin Hood's Sherwood Forest, the Crooked Mile, live Nursery Rhyme animals, and much more.

Plus, Fairytale Town will have live entertainment and special arts and crafts activities for all ages as well. There'll be gift-wrapping onsite, along with hot chocolate, holiday decorations, seasonal vendors and live entertainment. Father Christmas himself will

also be on hand and available for any last minute requests as he poses for pictures on the park's own Mother Goose Stage.

"We're excited about seeing Fairytale Town all lit up for the holidays," says Program Manager Sharlene Lal. "We think it will become even more magical."

The Winter Wonderland celebration at Fairytale Town is a special ticketed event that takes

place December 5, 6, 12 and 13, from 6-9 p.m. General Admission is only \$5 (Children 2 years of age and under will be admitted free).

For more information, please call (916) 808-7462 or visit our Web site at www.fairytaletown.org.

The Winter Wonderland event at Fairytale Town is made possible by generous support from Gifts to Share and Macias Gini & McConnell LLP.



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For the last 6 years Sam has been clean, and working for Sutter Hospital. He is now back to school full time and studying to become a nurse.



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Locally produced 'Sacramento Kids Corporation' celebrates first anniversary

By **BENN HODAPP**
Land Park News Writer
vcnnews@valcomnews.com

For the many of us who were forced into taking public speaking classes in either high school or college (or both), we know all too well the problems many people have in front of a small group of 20

or so people. This inability of some teenagers and adults to perform in front of peers makes what the stars of Sacramento's Kids Corporation all the more impressive.

The group, which has a weekly television show that runs on public access, focuses on kids being kids as well as giving the participants real experience for their futures as actors.

Carmichael resident Mike Martin, producer of Kids Corporation, detailed how the show came to be a reality.

"I always liked working with kids," he said. "I joined a film group a couple years ago and met a mother who had a child who wanted to be in a movie. I saw that she had talent and that gave me the idea for the show."

The show, which is shown every Saturday at 10 a.m. on cable channel 17, is comprised of children aged 7-17. Since the first show a year ago, 120 children from all around California (and as far away as Florida) have taken part.

"We put an ad out for kids to audition and we got tons of responses," Martin said. "At

first we mostly just let everyone join."

At any given time, Martin explained, there are about 20 kids on regular rotation for the show.

Substance and style

The kid-friendly show is made up of comedy skits, celebrity interviews and song and dance numbers performed by the kids. And while the show is largely for fun, a number of the kids are involved because they see themselves as future stars of stage and screen.

"A lot of them have career aspirations for this," Martin said. "Many of them are in drama, have acted in plays and played parts in movies."

One such child is seven-year-old Claire Oldham who uses the stage name Claire Elizabeth. It's easy to see that a future in the business might truly be a possibility.

Claire, who would one day enjoy being on "a comedy show or a reporting show," said that she has enjoyed her time with the group.

"It's really fun," she said. "I like acting, singing and dancing."



Photo courtesy Kids Corporation

Sacramento's Kids Corporation, which has a weekly television show that runs on public access, focuses on kids being kids as well as giving the participants real experience for their futures as actors.

And let's not forget interviewing. Claire had the opportunity to interview 2008 American Idol winner David Cook when he made a stop in Sacramento. The clip of the interview as well as several others can be found on the show's Web site, www.kidscorporation.net.

Claire got her start in children's theater and has since made many new friends who share her enthusiasm for acting.

Claire's mother Rachel, a co-producer of the show, talked about how she got involved with the program.

"She had gone on a music video for Kids Corporation and was asked back," Rachel said. "I really liked what (Martin) was doing. He really listens to the kids' ideas. He gives them a lot of freedom to express them-

selves and uses their ideas if he can."

Claire's love for the spotlight is no sudden occurrence, according to Rachel.

"Since she was two and could say full sentences she wanted to be on TV," she said.

One of the reasons that Rachel allowed Claire to do the show was because it is so very kid-friendly.

"I think that it's a fun show on the silly side, but there is always an educational aspect whether the kids know it or not," she said. "I can let (Claire) watch it and not worry about having to change the channel for something inappropriate."

In addition to the show, there is what is known as Kids Corporation Live where the children go out and perform at community events like Omnifest, an event to help keep young people away from drugs.

The show is generally performed at Access Sacramento at the Coloma Community Center in East Sacramento's Elmhurst neighborhood and the Hawkins School of Performing Arts in Folsom.

The overall message that Martin wants to convey is that there are a lot of talented kids out there and that the show gives them an outlet to showcase that talent.

"There are so many kids who want to be on TV and these kids are really talented," he said. "And kids like to watch other kids."

Archived episodes of the show can be found on Comcast OnDemand through the "Get Local" tab. From there go to "Access Sacramento."

For parents who are interested in having their child becoming a part of Kids Corporation, the group can be reached via e-mail at info.kidscorp@gmail.com.

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Faces and places

Fellowship and food festival

Chinese Community Church held their 26th annual Fall Fellowship and Food Festival Oct. 17, from 11 a.m. to 7 p.m. The event, which drew scores of local visitors, was located at the church 5600 Gilgunn Way. There was Chinese food, entertainment and

games. For more information, call (916) 392-7875 or (916) 424-8900.

All photos by Land Park News photographer Linda Pohl.



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East Sacramento school originally located at 25th and K streets Seven decades of memories at St. Francis High School

By LANCE ARMSTRONG
Land Park News Writer
vcnnews@valcomnews.com

Editor's Note: This is the first of a two-part history feature on Sacramento's St. Francis High School. For part two, see the Nov. 12 edition of The Land Park News.

St. Francis High School – the Catholic diocesan college preparatory institution for young women at 5900 Elvas Ave. – has a rich history in East Sacramento, as well as at its previous locations near Sutter's Fort and in Oak Park.

In its beginning, St. Francis High was a much smaller school, as it developed as a 9th grade extension of St. Francis Elementary School at 2500 K St., near St. Francis Church in the fall of 1940.

Although this first class of 9th graders, which consisted of 12 young women who met in part of the elementary school's third floor, were the high school's first students, their transfer to the three-story St. Joseph Academy at 815 G St. following their sophomore year assured them of losing their future recognition as the school's first graduates.

Instead, the students of the Class of 1945, who began their 9th grade year at St. Francis in 1941, claimed this recognition when they graduated from St. Francis in the spring of 1945.

Erma Elizabeth "Jimmie" (Sutter) Herman of the Class of 1946 said that the high school's first students, who had previously attended earlier grades at St. Francis School, Immaculate Conception Parish School at 3230 Broadway in Oak Park and other schools, were transferred, because initially "the bishop didn't think that anyone would support St. Francis on the third floor."

The high school, however, eventually expanded to encompass the entire second and third floors of the building.

During the school's earliest years, classes were instructed by Francis Sisters of Penance and Christian Charity. Nuns continued to provide instruction and leadership at the school until about 1999, when Sister Catherine stepped down from her position as principal.

In honor of its extensive history, St. Francis High conducted a series of interviews with its early graduates in 2001.

Early graduates

The earliest of the graduates interviewed were members of the Class of 1946, Herman, Adelia (Dallosta) Large, Mary (Desmond) Mastalski and Barbara (McGuire) Taylor.

During her 2001 interview, Herman said that the high school was much different during her time there, specifically emphasizing its lack of clubs and sports teams.

After attending Sutter Junior High School at 19th and K streets, Herman joined the sisterhood of St. Francis High under the direction of its principal, Sister Geraldine, who had a doctorate's degree in English from Columbia University.

Herman also shared other memories of her high school years, including going to school during World War II, listening to music by her favorite singer Bing Crosby and going to Saturday night movies for 10 cents.

A Sacramento native of Italian descent, Large recalled having nuns as teachers, except for her gym class, and wearing a school uniform, which consisted of a one-piece, navy blue jumper and a white blouse.

Large fondly remembered how she and her Portuguese classmate Evelyn Anthony would continuously frustrate their Spanish teacher Sister Peter.

"Evelyn would start speaking Spanish and then all of a sudden she (would) get

See St. Francis, page 19

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St. Francis: 'It was a terrific experience and we were given a very good education'

Continued from page 18

her Portuguese mixed in with it," Large said. "The same thing would happen to me. I would get Italian mixed in with the Spanish. (Sister Peter) would get so upset with us that we couldn't keep our languages out of the Spanish. I think she was glad we finally got out of Spanish 2."

Mastalski, who was also born in Sacramento, recalled taking classes such as chemistry, algebra, history, Latin, Spanish, physical education and of course, religion.

Being that she attended an all-girls high school, Mastalski was asked in her interview if she socialized with any high school boys during her high school days.

"Only at dances and things," Mastalski said. "Oh, and we went to Christian Brothers games and things. At Hughes Stadium, they had (Christian Brothers) football games there."

Taylor, who was one of the two fastest typists in her class, said that there were advantages to the fact that St. Francis High was such a small school.

"The first class had 13 (students) and we were 23," Taylor said. "Even though (St. Francis High) was really small, we were all close. To this day, if I passed by some of them, I could recognize half of the student body."

Of her St. Francis High classmates, Taylor said that a pair of students – Irene Driscoll and Lenore Gabel – later became nuns.

In addition to those interviewed in 2001, Marion (Kaeser) Slakey of the Class of 1948 and Patricia (Merz) Shebert of the Class of 1953 recently shared their memories with the East Sacramento News.

Slakey, who served as the school's student body president during her senior year, said that it was a privilege to attend St. Francis High.

"It was a terrific experience (attending the school) and we were given a very good education," Slakey said. "I always felt that I

had a superior education at St. Francis, even though it was so small. Also, I do believe that being in a Catholic environment was an incredible way to grow up. It was just a wonderful experience attending that little, tiny girls' school on the third floor of St. Francis Elementary School."

Shebert recalled serving as editor of St. Francis' monthly newspaper, The Assisian – the predecessor to the school's current monthly newspaper, The Mandolin.

"The whole process for creating the paper probably took a week," said Shebert, who is the grandmother of current St. Francis High students Sierra "Kia" and Ashley Shebert. "At that time, it was an all black and white, four-page paper, sometimes six if we had lots of news. I was also one of the writers, Sister Miriam, who also taught science, was our advisor and we had about 20 people on our staff. It was



Photo courtesy of St. Francis High School
St. Francis High School has been a part of the Sacramento community since the fall of 1940. The school opened at its current East Sacramento site 24 years later.

printed at (Capital Printing Co. at 3301 Broadway in Oak Park) and we would go over there and pick up the papers. The big thrill for those of us at St. Fran-

cis was to get to deliver it to Christian Brothers (High School), which at that point was an all-boys school. So, I was very popular among people who had cars, be-

cause they would vie for positions to drive the paper over to Christian Brothers with me."

Read part two in the next Land Park News.



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From left: Wes, Ted, and Henry

'The Seagull' may fly again

Former Lake Greenhaven community publication editors consider re-launch

By LANCE ARMSTRONG
Land Park News Writer
vcnnews@valcomnews.com

Sitting on the backyard deck of his Lake Greenhaven residence last week, while observing a 180-degree view of one of the area's most unique

water bodies, Bernard Kitt reminisced about the very small community newspaper, which he continuously created for more than a decade with his wife, Anne.

And despite the fact that the paper last rolled off the

press – or better stated, was printed for a dime per page on a nearby neighborhood copy machine – back in the waning days of the Cold War when Michael Jackson was still moonwalking and Sylvester Stallone seemed destined to make at least 100 Rocky flicks, Bernard said that he and his wife never lost their love for creating the publication.

And it is for this reason that the couple is stirring around the idea of once again launching The Seagull – the Lake Greenhaven community's own private neighborhood publication, which was printed with positive news that often had a witty twist from 1974 until about 1985.

Paper's past

The newspaper was founded by the late Lake Greenhaven resident Bob Stein, who created it as a vehicle to organize opposition against a condominium project that was planned along the lake's shores. Stein lost interest in the paper after its first two issues, resulting in the Kitts' many years of bringing the community together through local news.

Bernard said that The Seagull folded after the Lake Greenhaven Association, which published it, requested that he and his wife produce the paper on a set schedule.

"The last (association) board wanted us to put it on a schedule like it comes out once a month on the first weekend or whatever," said Bernard, who purchased his Lake Greenhaven property in 1966 and moved into his newly-constructed house five years. "We didn't want to put it on a schedule, because you don't know if you're going on vacation or whatever. This was a part-time labor of love with a lot of labor in it and we didn't want it to become like a job."

Discussing the possibility of The Seagull's with The Pocket News, Bernard said, "We'd like to start it up again in some fashion. We'll probably start with just putting it



Land Park News Photo/Lance Armstrong
Bernard and Anne Kitt are considering reviving the Lake Greenhaven neighborhood newspaper, The Seagull. The couple holds a copy of one of the many issues of the paper that they created during the 1970s and 1980s.

in with the e-mail newsletter of the Lake Greenhaven Association. We might do (a hardcopy version) later, depending on how it goes. I'd like to be involved with this, but I don't have any specifics right now. We're still kind of up in the air about it."

Although many Greenhaven/Pocket area people and even quite a few Lake Greenhaven neighborhood residents are unfamiliar with The Seagull, Bernard said he hopes that a renewed presence of the publication can serve as a sparkplug for other neighborhoods to create similar papers.

"It would be a great thing if lots of communities did this sort of thing, not just one, because it's about pushing a positive message," said Bernard, whose father was a general in the California National Guard. "It's about spreading positive news and saying this happened and this is good and that sort of thing. It's a feel good thing where people can pick it up and say, 'Hey what's going on in the neighborhood' and feel good about it. If somebody reads (The Seagull) in some other area like in the Pocket or somewhere and gets excited about doing something like that, that would be great. It should be upbeat and not downbeat like (saying), 'Our neighborhood is terrible and we've got to look out for the bad guys.' We have enough of that (in other papers)."

A different paper

Certainly, those who have read copies of The Seagull, which was created in the days of the typewriter, understand that the paper's articles often served as an entertainment forum for the very creative mind of Bernard.

The fact that Bernard, who worked 26 years as a marriage counselor, was not a journalism major when he attended the University of San Francisco allowed him to easily bend the standard rules of journalism.

This freedom to pound the keys at will in whatever manner he desired resulted in a publication that was choked full of creativity.

One example of Bernard's creativity is an article in which he could not decide between three headlines, so he opted to use all three.

Despite the calm waters of the 65-acre Lake Greenhaven, Bernard often wrote about the lake as if it was a raging sea and exaggeratedly referred to canoes, paddleboats and other small, lake treading vessels as yachts.

Bernard said that the creativity of The Seagull did not go unnoticed.

"(The Seagull) was nominated for a Pulitzer Prize," Bernard said. "That's the best way to put it, because legally you can nominate yourself. It really did hap-

See Seagull, page 21

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Seagull: 'It was one of the highlights of my life; I really enjoyed it'

Continued from page 20

pen. They wrote me back and everything. They would have considered (the paper), but because it wasn't on a schedule, they wouldn't. That was part of their criteria. But it was nominated. It's the only community newspaper that I ever heard of that was nominated for a Pulitzer Prize."

Although its readers often had to read through the lines, The Seagull provided plenty of informative news about the lake and those who lived around it.

Among these things were updates about fishing, boating activities, bird watching, meeting announcements and proposals relating to the neighborhood.

Back in black and white

Undoubtedly, Bernard was not a strong believer in the necessity for straight forward news reporting, which perhaps occasionally resulted in more true to life reporting such as when he inserted the word "damn" in front of the words "brief directors report" in his announcement about an upcoming meeting.

Also adding a humorous twist to the papers were Bernard's selections of drawings and photographs with a couple of his classics being a photograph of the castle at Disneyland accompanying information about new homes planned on the lake's north shore and a group of young sailors adjoining a story, titled "Lake Greenhaven association board pilots course."

The publication also served as a venue for young, inspiring writers, including Tiffany Fong, who as an eighth-grader living near Lake Greenhaven in 1978 shared the following poem, which she personally penned: "The peaceful Greenhaven Lake is calm and cool during hot summer days. The ducks and swans cause water to ripple against their sides as they glide through the lake toward a little island. Occasionally, a seagull will swoop down and pick up a fish. As the sun sets, one can hear the crickets chirping or the frogs croaking happily."

Anne, who spent her earliest years growing up in England before making her way to Canada and later California, where she attended Holy Names College in Oakland,



Photo courtesy of Bernard Kitt
The Seagull was published by the Lake Greenhaven Association from 1974 to about 1985.

is not shy when it comes to admitting that Bernard carries a tad more enthusiasm about The Seagull.

Nonetheless, she said that she enjoyed her years assisting with the paper and would support a return of the publication.

"I had fun with (The Seagull), but not as much fun as (Bernard) did, but it was still a lot of fun and I would still assist with its return," Anne said.

Bernard, who along with Anne has two children and four grandchildren, said that time will tell if The Seagull soars again, but no matter what transpires, the paper will remain as one of the most memorable endeavors of his life.

"It was really a lot of fun (creating The Seagull)," Bernard said. "It was one of the highlights of my life. I really enjoyed it and now we'll see what happens (with its future)."

Clever, cute costumes?

See a good costume this year while celebrating Halloween? Share your favorite Halloween costume photos with the community. E-mail photos to ryanrose@valcomnews.com.



You and your teen Dealing with drug use

By STEVE DEBENEDETTI-EMANUEL
Special to The Land Park News
steve@rivercitycounseling.com

Not long ago I received a frantic phone call from the father of a 16-year-old boy I see. John (not his real name) came home from school and put down his bag. A zipper was open and drugs came tumbling out.

He confronted him about the drugs, and he responded by giving him the age-old excuse that he was "holding them for a friend." His father decided that it would be best not to talk further until his mother came home, and at that time they held a family meeting. As before, John repeated his claim that the drugs weren't his. On top of that, he denied ever using drugs. Although his parents doubted his story, they didn't know what else to do.

I suggested that they bring John in for a family session to discuss the issue. At that point, his parents shared their concerns about him using drugs. Again, John denied that the drugs were his, and he added that his friend had asked him to hold the drugs because nobody would ever suspect him of using.

I presented some options to John's parents. They could choose to believe that he was only holding the drugs and deal with that issue. Or they could choose to doubt his story and take further steps by having him tested for drug usage. They wavered back and forth, and ultimately chose not to have him tested and gave him consequences for holding the drugs.

When parents are first faced with that possibility that their teens are using drugs, it's an overwhelming moment. I advise parents to have a frank discussion with their kids about their concerns. If they aren't satisfied, I encourage them to investigate a bit and decide what to do based on what they learn.

Perhaps you've noticed that alcohol is missing from the liquor cabinet or old prescription painkillers have disappeared. Perhaps you've found drug paraphernalia or empty liquor bottles in his closet. Maybe his eyes are frequently red and his personality seems different. Maybe his eating and sleeping habits have changed drastically. Perhaps his friends have changed, and his grades have fallen dramatically. Or maybe something in your "gut" tells you that something isn't right with your teen, and you feel the need to know for sure by having him drug tested.

Should a parent make this decision, a logical starting place is the Internet. I did a search for "drug tests" and was surprised to come up with over 54 million hits. Without specialized knowledge of tests and their reliability, I wouldn't know which test to choose and if I could trust the results.

I advise a simpler path: setting up an appointment with your teen's pediatrician and talking to him about your concerns. My hope is that after hearing about the situation he would test your teen comprehensively for drug use.

It's important to note that the decision to test comes with risks. Despite all of your evidence, the possibility exists that the test could come up negative, and there could be unintended consequences. I've talked to teens that have felt frustrated that they've worked hard to stay away from drugs and are devastated that their efforts aren't recognized. A number of times I've also seen teens make negative choices to "get back" at their parents. So it's important that a decision to test your teen for drug use be made very carefully.

In the end, teen drug use is one of the biggest fears and challenges parents face, and there is no foolproof way to respond. If you're concerned that your child has recently started using drugs, yet he denies it despite strong evidence, I suggest taking the risk and having your teen tested by a professional. What you learn will help guide your response.

Steve DeBenedetti-Emanuel is a licensed marriage and family therapist based in the Sacramento area. Contact him at steve@rivercitycounseling.com. Steve's columns appear periodically in the Valley Community Newspapers.

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CALENDAR

GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail ryanrose@valcomnews.com. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place an advertisement.

OCTOBER

Free pole walking clinics

Organized by Cure Arthritis Now, free pole walking clinics will be hosted Wednesdays

(at 6 p.m.), Oct. 7 and 21, and Fridays, Oct. 9 and 23, at the Sierra 2 Community Center, 2791 24th St. Interested people need to call the group directly for times and specific locations, to pre-register and reserve the walking poles for the clinics. For more information, call 208-8700.

Managing health conditions class

Healthier Living is an award-winning program designed by Stanford University to help you better manage chronic health conditions and lessen their impact on your life; reduce fatigue, anxiety, sleep loss and gain; communicate better with your doctors, friends, and family; and set goals and problem solve to make positive changes. This class is also recommended for caregivers of people with chronic conditions. Classes are held at Asian Community Center- October 8, 15, 22, 29, Nov 5, and 12 from 9:30 a.m.-12 p.m. Free. To register, call Lucy at 393-9026 x 322.

Straw into Gold

The Hart Senior Center will once again host the "Straw Into Gold" poetry writing workshop for Seniors. Led by Julia Connor, Sacramento Poet Laureate 2005-2009, this workshop offers an outstanding opportunity for seniors to hone their writing skills in a creative, spontaneous environment. The workshop will be held Thursdays from 3:00 to 5:00, now through November 12. Registration is required, but there is no cost for this workshop. Please contact the Hart Senior Center at (916) 808-5462 for more information.

Past Tents exhibit opens

"Past Tents: The Way We Camped" is a humorous excursion through one of our favorite pastimes, exploring camping in California from post-Gold Rush times to the mid-1900s. Through three exhibit themes - Round the Campground, Hitting the Trail, and Open Roads, Open Fires - visitors enjoy contemporary prints of rare historic photographs and objects from the collections of the California Historical Society and the Bancroft Library. The Sacramento History Museum invites all to enjoy this exhibition beginning Friday, Sept. 4, closing January 3, 2010. The Sacramento History Museum, operated under the auspices of the Historic Old Sacramento Foundation, is located at 101 "I" Street, Old Sacramento. The museum is open every day (excluding major holidays) 10 a.m. to 5 p.m. Phone: (916) 808-7059.

OCTOBER 23

Harvest Festival

There will be a Harvest Festival at Matsuyama Elementary School, 7680 Windbridge Dr., from 4 p.m. to 7 p.m. Admission is free. Guests will enjoy foods, crafts, and entertainment.

OCTOBER 24

Baby fashion show

Baby Oh Baby! Fashion Show, Lyon's Village, 2580 Fair Oaks Blvd., (corner of Fair Oaks and Fulton). 2-4 p.m. call Cottage Affair 480-0971 for info. Arts and Craft vendors will be present with their crafts.

OCTOBER 25

Autumn Ball

Nor Cal Big Bands Preservation Society will hold its 9th annual Autumn Ball, 1-5 p.m. at the Elks Lodge No. 6, 6446 Riverside Blvd. For ticket information and event info, call Lou Coppola at (916) 444-6138.

Symphonic Winds performance

Bring the entire family to this extraordinary concert entitled "Love Those Classics!" the first concert in our "Command Performance!" season, October 25, 3 p.m. at the La Sierra Community Center in Carmichael. The Sacramento Symphonic Winds is a 60-piece adult community band conducted by Dr. Les Lehr. Selections will include the premiere of Frederick W. Westphal's ar-

range of Tchaikovsky's Romeo and Juliet Overture, Cossak Dance also by Tchaikovsky, Amparito Roca by Texidor, and featuring trumpet soloist Tom Shorba playing La Virgen de la Macarena originally performed by Rafael Mendez, and more! Visit our web site at www.sacwinds.org

OCTOBER 27

Embroiderer's meeting

Embroiderer's Guild of America is 7 p.m. Tuesday, October 27, SMUD Building, 6301 S St. Pat Godlove will teach our second annual petite Christmas Stocking. Visitors welcome. (916)961-3558

OCTOBER 30

Bizarre bazaar

Westminster Presbyterian Women are sponsoring a Bizarre Bazaar at Westminster Presbyterian Church, 1300 N Street, Sacramento CA 95814 on Friday, October 30 from 10:00 am - 3:00 pm Telephone (916) 442-8939. We will be selling handmade craft items for your Christmas gifting and Decorating; plants for your home and yard; good small furniture, household items and childrens toys; food items including pickles, jams jellies and baked goods; and gently used clothing, shoes and purses. Items to be sold at various prices. All ages are welcome. Proceeds support Westminster Presbyterian Women's Mission Projects. This is going to be a fun event. For your snacking pleasure a slice of pie, cake or cookies and coffee are available for purchase in the patio.

Halloween Party

Hart's Halloween Party. Come dressed in costume and give a scary Halloween welcome to any ghost, goblins or vampires amongst us at Hart's Halloween luncheon. Everyone is welcomed to come have a bewitching time! Cost: \$2 donation for 60+ years and \$5 fee if under 60 years. When: Friday, October 30 at 11:30 a.m. Where: Ethel Hart Senior Center, 915 27th St. Contact: 916-808-5462

See Calendar, page 25

COLLEGE AHEAD?

TWO NEW WORKSHOPS – PLAN TO ATTEND!

1 November 12 FINANCIAL AID - HOW DO I APPLY?

How does financial aid work? What kind of help is available? Come and find out and learn how to fill out the FAFSA.

WHEN: Thursday, Nov. 12, 7 - 8:30 PM
WHERE: Sierra 2 Community Center
2791 24th St, Sacramento 95818
COST: \$25 per family

2 November 19 SCHOLARSHIPS - HOW DO I FIND THEM?

Looking for scholarships? Where do I start? Find out where to look, how to apply, and how to write scholarship essays.

WHEN: Thursday, Nov. 19, 7 - 8:30 PM
WHERE: Sierra 2 Community Center
2791 24th St, Sacramento 95818
COST: \$25 per family

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Calendar

Continued from page 24

Hallo-fest

On Friday October 30 from 5-7 p.m., the Phoenix School located at 7335 Park City Dr. will be having their annual Trunk or Treat and Hallo-Fest. There will be games, crafts, trick or treating as well as a hot dog and chip dinner. Free for all, please join us! Call 916-399-8371 for questions or directions

OCTOBER 31

Trick or Truck Fest

Streamline Church (located at the Lisbon School 7555 S. Land Park Drive) will be hosting its annual Trick or Trunk Festivities on Saturday Oct. 31st beginning at 5 pm. It's a community event with lots of fun activities for children, yummy treats and raffle tickets for a free items such as new bikes and much, much more. There will be jump houses and inflatables for the kids, a live band and a special dance team.

Kennedy Fall carwash

It's Cleaning Time at the John F. Kennedy HS Marching Band's annual fall car wash. Bring your vehicle to the "best car wash in town." Fee is \$5. Event runs from 7:30 a.m.-11:30 p.m. at J. F. Kennedy's Front Parking Lot, 6715 Gloria Dr.

NOVEMBER

Register for Pocket Girls Softball

2010 marks the 41st season of Pocket Girls Softball. Girls ages 4 1/2 - 16 are invited to join the fun of playing softball in a supportive league that is dedicated to nurturing girls. This recreational softball league welcomes girls of all levels, from beginners to high school team players. The season begins in April but register now. Sign-ups are Nov. 4, 6:30 - 8 p.m. at Caroline Wenzel School; Nov. 11 6:30 - 8 p.m. at Belle Cooledge Library. Visit www.pocketgirlsoftball.com for more information.

NOVEMBER 1

McKinley Song Circle

McKinley Children's Song Circle with the Shadechasers will perform for free Nov. 1 at

3-4:30 p.m. in the Clunie Clubhouse, 601 Alhambra Blvd. Families welcome. Brand new songbooks for singers available. For more information and directions, call 531-4110. The Shadechasers is a local folk group of 10 members playing Woody Guthrie, Pete Seeger, Malvina Reynolds, Raffi, and other singable family music suitable for children's activities. We sing and dance, and encourage families to sing together whenever they can. Now we have a new songbook with about 60 songs to share with our group.

Choral evening at All Saints

All Saints Episcopal Church, 2076 Sutcliffe Rd., presents choral evensong

celebrating All Saints Day with Scott Nelson conducting followed by a recital of organ music by Stephen Janzen, Organist on Sunday, Nov. 1 at 4 p.m. Free will offering. A reception will follow, and child care is available. Parking is across the street at City College. Further information: www.allsaintssacramento.org or call 455-0643.

NOVEMBER 2

SCC music event

The Sacramento City College World Music Ensemble, directed by Bob Wren, will present Music from Ireland, Chi-

na & the Caribbean on Monday, November 2, 7:30 - 8:30 pm, SCC Auditorium (3835 Freeport Blvd.) Free admission. For further information, call Rob Knable, Music Department Chair at 558-2515.

NOVEMBER 3

Recorder music group

The Sacramento Recorder Society meets under the baton of recorder music composer and arranger, Glen Shannon. He will bring beautiful and interesting music to conduct. Newcomers are welcome. Please bring your instrument, a music stand and a pen-

cil. Newcomers are welcome. The meeting is 7:00-9:15 p.m. at 890 57th Street. For more info, visit www.sacrecorders.org or call 391-7520.

NOVEMBER 4

Home safety and fall prevention

The Meadows Senior Living and A Place For Mom have teamed up to offer the following informational series to the Elk Grove and Sacramento Community: Home Safety and Fall Prevention, Home Instead Senior Care, November 4, 6-7 p.m. at The Meadows Senior Living, 9325 East Stockton Blvd, Elk Grove.

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KELLIE SWAYNE 206-1458

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KARA LABELLA PARKER 716-3313

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