THE LAND PARK NEWS

February 11, 2010 Your News in Your Hands www.valcomnews.com

Guest commentary: Carefully inspect Curtis Park Village Project plans

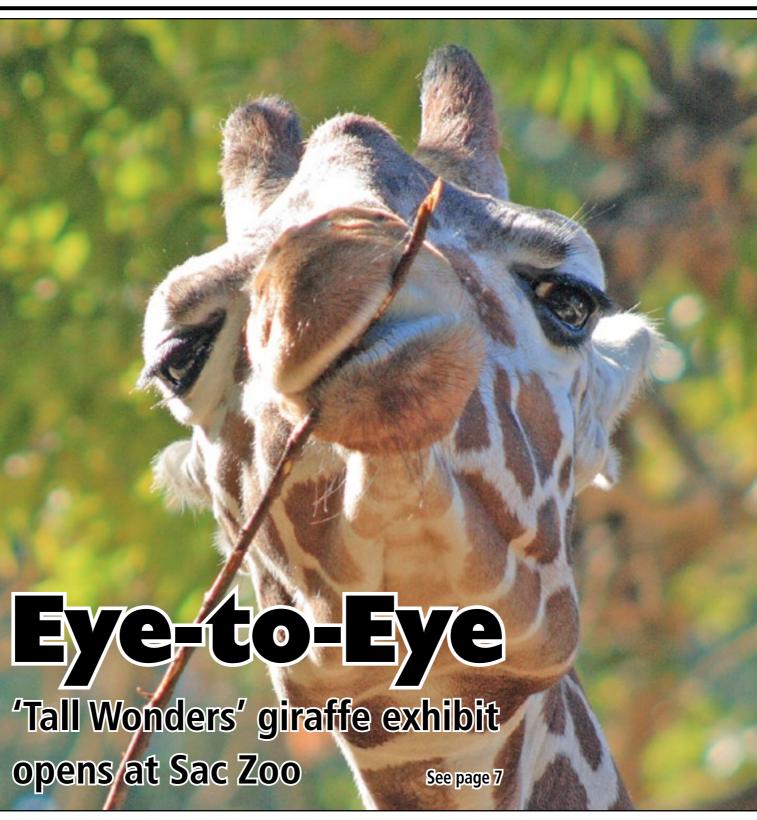
Sierra Curtis Neighborhood Association wants a fair deal from the developer

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THE LAND PARK NEWS

E-mail stories & photos to: vcnnews@valcomnews.com

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Free speech, free expression

In anticipation of an "anti-gay" protest by members of the Westboro Baptist Church outside of C.K. McClatchy High School, students from the school and nearby Sacramento City College readied a counter-protest Feb. 5 in solidarity with gay-rights groups. However, due to poor weather conditions, members of the Kansas-based church were unable to make their scheduled airline flights. The students nevertheless continued ahead with their protest plans, receiving supportive honks from passing motorists.

Photo by Land Park News editor Ryan Rose. Read a special blog posting on this matter by Ryan Rose at www.valcomnews.com.



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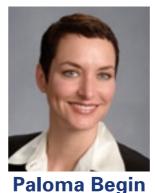


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Twain you and me

By RYAN ROSE Land Park News Editor ryanrose@valcomnews.com

In response to a news story that he was at death's door in London, Missouri-born Samuel Langhorne Clemens, known popularly by penname Mark Twain, wrote, "The reports of my death are greatly exaggerated."

Indeed, as Twain has since passed, his legend (and wisdom) lives on in popular culture. And while his larger-than-life persona is sometimes exaggerated by modern authors and playwrights, Twain's pointed humor, dogged honesty, keen insights and plainspoken ways are as welcomed now as they were when he was writing for The Sacramento Union newspaper during the 19th century.

It has been nearly a century since his death, but his ghost still haunts Sacramento. The capital city's deep political divide would be the perfect fodder for a Twain novel or the subject of a community chat.

Next month, Twain returns to life via the stage – and he is back in Sacramento. Actor Hal Holbrook portrays the famous author Saturday, March 6 at 8 p.m. at The Community Center Theater. Tickets are available at the Convention Center Theater Box Office (1301 L St.), Tickets.com, and (916) 808-5181. Ticket prices are \$30-\$60 plus facility and service fee.

Considering Twain's far-reaching legacy, our city is very lucky to have such a connection to the author (much as I'm sure Salinas values John Steinbeck). Clemens might have been born on the Mississippi River, but Twain spoke the language of modern Californians – in his time, he was a pioneer for human rights, women's rights, the environment and the humane treatment of animals. He may have been a character of the Gilded Age (having coined the term in fact), but Twain, pseudonym and all, was the real deal.

The Sacramento Union believed that — and they traded on that reputation. Anytime The Union encountered financial problems, the publisher would drag an old desk out from the backroom and sell it as a "Desk used by Mark Twain." Almost always, those desks sold quickly.

A chance to experience a form of Twain today is a treat. As Twain's close friend Helen Keller wrote, "I think 'Mark Twain' is a very appropriate nom de plume for Mr. Clemens because it has a funny and quaint sound that goes well with his amusing writings, and its nautical significance suggests the deep and beautiful things he has written."



American Guild of Organists concert

The Sacramento Chapter of the American Guild of Organists joins with St. Johns Lutheran Church in presenting the famous Wanamaker Grand Court Organist, Peter Richard Conte. Held Feb. 26, Friday, at 7:30 p.m. at St. John's Lutheran Church, 1700 L Street, Sacramento, \$10 suggested donations.

Known for his orchestral transcriptions played on the organ, Conte performs at the

Macy's store in Philadelphia 2 times daily. That organ is the largest fully functioning organ in the world. Conte's performance in Sacramento will include a silent movie "The Kid" (Charlie Chaplin).

More information about Conte is available from his management association: www.concertartists.com. Information about the organ at St. John's is available from nmetzger@rcip.com.

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Know your neighbor

Land Park's Trails restaurant has historic Hollywood roots

By LANCE ARMSTRONG lance@valcomnews.com

The Broadway District in Land Park is locally renowned for its restaurant row, which features a wide variety of food offerings, ranging from fast food to international cuisine. But of all the fine eateries in this area, only one is the answer to the trivia question, "What Broadway District restaurant was founded by a partnership of a record setting swimmer, turned Hollywood actress, and a radio singer, who would later become a notable television actor?"

The answer to this question is the western-themed Trails restaurant, which has been serving its Shish-K-Bobs, New York steaks, hamburgers, hamburger steaks, hot dogs, kabasa, milkshakes, deep dish fruit pies and other specialties to its guests at 2530 21st St., just south of Broadway, for well more than a half-

And the movie actress associated with this restaurant was Esther Williams, who along with her radio singer husband, Ben Gage, owned a chain of Trails restaurants.

Out on the Trail

Certainly the most famous of the restaurant's co-owners was Williams, who after setting swimming records and winning three national championships in the breaststroke and freestyle in the 1930s, appeared in 26 films from the early 1940s to the late

Among these films were: "Andy Hardy's Double Life" (1942) with Mickey Rooney, "Bathing Beauty" (1944) with Red Skelton, "Ziegfeld Follies" (1946) with Fred Astaire and Lucille Ball, "Take Me Out to the Ball Game" (1949) with Frank Sinatra and Gene Kelly and "Million Dollar Mermaid" (1952) with Victor Mature.

Known for her big screen roles as a swimmer, in a similar manner that Olympic, World and European ice skating champion Sonja Henie was known for her skating roles in films, the young, attractive and curvy Williams also gained acclaim as a pin-up due to the many photographs taken of her in bathing suits.

Gage built a quality career of his own, as he moved from radio to television.

Appearing in television shows from 1959 to 1972, Gage most notably played roles in episodes of such shows as "Bonanza," "The Lucy Show," "Batman," "Star Trek" and "Maverick."

Despite the on-screen success of the original owners of Trails restaurants, this success was

See Trails, page 5

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RETIREMENT & ASSISTED LIVING

Trails: 'To this day, (Trails restaurant) is still my favorite place to eat'

Continued from page 4

far from equaled in their restaurant endeavors in Sacramento.

Also owning a second Trails restaurant at 1309 Fulton Ave., where a Rite Aid is now located, Williams and Gage, who had three children, but later divorced, also ended their marriage with their Sacramento restaurants.

As these local Trails restaurants went into bankruptcy in about 1954, a new era in Trails restaurant history was about to emerge, as Sacramento auto dealer Al Nahas purchased both locations of the restaurant for his wife Myrle to operate.

Al and Myrle's daughter Margo Nahas of Badel, Iowa said that the original owners of Trails restaurant did not get very far with their Sacramento restaurants, since the restaurants were "quite expensive and difficult to run absentee, since (the owners) were both in Hollywood."

Changing hands

At the time of this bankruptcy, which resulted in a court-operated bankruptcy sale, Merle was managing the Stateline Country Club, where Harrah's Lake Tahoe is now located.

While in Sacramento one evening, Merle was dining with Al inside Trails restaurant, which was cater-corner from Nahas Motors at 21st and Broadway, when a man stood up and announced that he needed to sell the restaurant immediately.

In response to this announcement, Al went to the courthouse to participate in the auction in hopes that Myrle, who was working at the country club for about seven months each year, could instead operate a local business.

Al was able to purchase both Sacramento Trails restaurants for \$10,000 and although Myrle worked at both locations of the restaurant, she later discovered that the Fulton Avenue site was not profitable and as a result, this restaurant was sold and eventually opened as Hegland's Charcoal Broiler.

The 21st Street location, however, was very successful, Margo explained.

"It was standing room only when my parents had (Trails restaurant)," Margo said. "You could barely get in and at dinner, everybody from South Land Park used to eat there. It was busy every single night." Known as Myrle's Trails at the time, the restaurant had a chef, named Ralph Wilson, and two waitresses, a French lady, named Jackie Hixon, who worked in the back dining room, and Alta James, who worked in the front dining room.

The restaurant, which served its food on decorative dishes with country-themed scenes and wooden planks, always had hostesses and at the front of the place was the cash register, where Margo and her older sister, Kay, occasionally stood on a chair during their childhood and made change for customers.

Myrle would greet her customers with a menu, hot coffee and her friendly smile, as customer service, as well as quality food, were essential priorities at the restaurant.

At the time, the menu was much smaller than today's menu and was primarily made up of quality meats, which were cooked on charcoal until a 1970s regulation prohibited indoor charcoal cooking.

Everybody knows your name

Despite the restaurant's busy environment, certain customers still requested their favorite tables.

The Taylors from Taylor's Market in Land Park, for instance, always sat at a table at the back of the restaurant around the corner. And on their way to their table, they would place their order with Jackie.

Trails was very popular with residents, business people and students in the community.

These customers included Department of Motor Vehicles employees, as well as students from Christian Brothers High School, which was located across the street from the restaurant.

On rainy days, Al was known to allow Christian Brothers students to sit in cars in his automobile lot to keep dry while waiting for buses at the bus stop in front of his business.

Al eventually closed his automobile business and had a restaurant building constructed in its place.

Opening in 1961, the 24 hours per day eatery, which was originally owned by Al and Merle and Bud Sheely, was known as The Platter and specialized in pancakes and steaks.



Land Park News Photo/Lance Armstrong

John Dillon, left and Eric Decetis, who have been dining at Trails restaurant since the late 1950s, enjoy an evening at the restaurant last week.

The opening of The Platter marked the beginnings of nearly 50 years of successful restaurants at 2101 Broadway, as the site was later home to the Pancake Parade and today's Pancake Circus.

Although Al and Merle purchased Sheely's half of The Platter shortly after it opened, Sheely eventually became the sole owner of the restaurant in about 1971.

On Oct. 9, 1979, Trails restaurant was sold to Gin Wong, who continues to operate the business today.

Although the menu is much larger today and includes such offerings as chicken, pork spare ribs, prawns and fish, Trails remains true to its roots and serves many of the original recipe menu items that made this restaurant a Sacramento favorite.

Same faces, same places

The fact that most Trails customers are regulars, including many who fondly remember Merle and her staff, is a tribute to the restaurant's commitment to carrying forth many of its longtime traditions.

Much of the interior of the restaurant remains the same, including its small wagon wheel chandeliers and a velvet painting, which features a wagon train and reads, "Myrle's Trails: Your Adventure in Good Eating."

Merle, who continues to reside in Sacramento and dine at the restaurant with

her family, said that her old restaurant remains an adventure in good eating.

"To this day, (Trails restaurant) is still my favorite place to eat, absolutely!" Merle said.

And of course, being that Wong, who was born in Toy Shan, China, near Hong Kong, has owned Trails restaurant for 30 years, the Wong era of the restaurant includes its own history.

One of the most notable parts of this history is the dedication of Wong's employees, Fernando Gutierrez, who once cooked at The Platter and has been the chef at Trails restaurant for 37 years, and Rosemary "Cookie" Colson, who has been waitressing at Trails for the past 16 years.

And although she has only worked at Trails restaurant for three years, waitress Michelle Barrick has about 20 years of waitressing experience in Sacramento.

Wong said that he is proud of the restaurant's longtime tradition of providing a quality dining experience in Land Park.

"We have been around longer than most Land Park restaurants and we have a great history here," Wong said. "It's a pleasure to see our many wonderful customers, especially those who have been coming here for many years, and we invite others who have not been here before to join us in our efforts to continue serving the community in this historic Sacramento restaurant."



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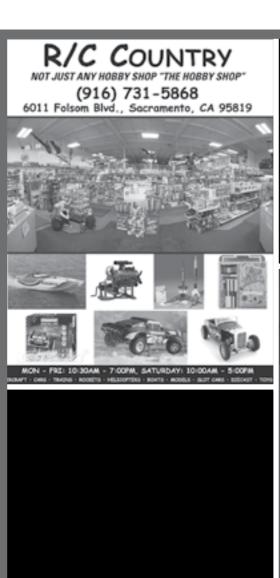
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red all over DESIGN Faces and places: New at Sacramento Zoo

'Tall Wonders' giraffe exhibit grand opening

Special to The Land Park News

Exactly one year from the February 2009 groundbreaking for Tall Wonders, the Sacramento Zoo is proud to announce the ribbon-cutting celebration event on February 11 at 11:30 am. The grand opening celebration continues President's Day weekend for all Sacramento Zoo visitors.

Everyone can visit the Sacramento Zoo Friday, February 12, to Monday, February 15, and see Val, Skye and Goody in their new home. For the very first time, visitors will be eye-to-eye with the stately residents on the 1,100 square foot raised deck. The elevated platform also provides a magnificent view into the neighboring zebra and ostrich area.

The state-of-the-art block barn (yes, it's heated) provides warm nights for the three giraffes, while the expanded grounds allow for leisurely giraffe-size strolls during the day.

With the finishing touches almost completed, zoo staff is grateful for the community's support and commitment to the project. They are just dollars away from reaching the \$2 million goal. The Sacramento Zoological Society is 100 percent committed to providing the best possible care and facilities for the zoo's animals. With continued community support, they will improve and enrich the zoo for future generations.

About the Sacramento Zoo

Open since 1927, the Sacramento Zoo is home to over 140 native, rare and endangered species and is one of over 200 accredited institutions of the Association of Zoos and Aquariums. Located near the corner of Land Park Drive and Sutterville Road in William Land Park, the Zoo is wholly managed by the non-profit Sacramento Zoological Society. This Sacramento treasure inspires conservation awareness through education and recreation.





Meet giraffes eye to eye: For the very first time, visitors will be eye to eye with the stately residents on the 1,100 square foot raised deck.

Open daily from 9:00 am to 4:00 pm, general admission is \$11.00; children ages 3-12 are \$7.00 and two and under are admitted free. Parking is free throughout the park or ride Regional Transit bus No. 6. For information, call 916-808-5888 or visit saczoo.com.







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Love is the 'heartbeat of the universe' in Sac Opera's 'La Traviata'

By SUSAN LAIRD Land Park News Writer susan@valcomnews.com

True love and tragic misunderstanding, aristocrats and commoners, noble sacrifice, betrayal and dying young... Sacramento Opera's production of Giuseppi Verdi's "La Traviata" has it all.

Verdi based his opera in three acts on a novel by Alexandre Dumas, fils, called "La dame aux Camélias." The novel, which was based on Dumas' own affair with



the beautiful courtesan Marie Duplessis, who died at the age of 23 from consumption, a common term for tuberculosis. Duplessis was known for her petite figure, charming smile and her smart conversation in French salons of the day. It is reputed that no fewer than two French noblemen (and former lovers) were at her bedside when she passed away. In death, as in life, she was a legend.

In English, Dumas' work was translated as "Camille," and the title character was successfully portrayed to great success by Greta Garbo on the silver screen in 1936.

In contrast, the first performance of Verdi's opera, at Venice's La Fenice in 1853, was an utter failure. However, Verdi had faith that his work would endure ("La Traviata' last night a failure," he wrote. "My fault or the singers? Time will tell"). After some revisions, an 1854 production at the Teatro di San Benedetto in Venice proved to be successful. "La Traviata" has been in production ever since.

The title for Verdi's work, "La Traviata," means "The Woman Who Strayed," or "The Fallen Woman." It focuses on the lives of a famous courtesan, Violetta



Photo courtesy

Based on the novel and play La Dame aux Camélias by Alexandre Dumas, Jr., La Traviata is one of the ten most popular operas in the repertoire. The story was immortalized in the classic movie Camille starring Greta Garbo and later given a popular update in Pretty Woman and Moulin Rouge. (Pictured is an earlier production.)

Valéry, and a young nobleman, Alfredo Germont. The two meet at a party she is hosting to celebrate her "recovery" from a "brief illness."

Alfredo woos Violetta, who has her doubts about the young man who "has loved her long from afar." However, she also wonders if he could "be the one." In the Act I finale. Violetta

sings "Ah, fors'è lui" – "Perhaps, he is the one."

The second act finds the two as lovers, happily ensconced in the French countryside. But trouble is on the way, in the form of Alfredo's father, Giorgio Germont. Giorgio informs Violetta that his daughter's upcoming marriage is threatened because of Alfredo's affair with her. Because of

her love for Alfredo, Violetta agrees to sacrifice her love for the sake of his family and leaves for her former life in Paris.

Alfredo, at first determined to bring her back, eventually is led to believe that Violetta has betrayed him. He confronts her publicly, throwing money in her

See Opera, page 9

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Opera: Three chances to see the performance

Continued from page 8

face at a party. She faints and the members of the party reprimand him: "You have offended a noble lady."

Too late, Alfredo realizes that Violetta's love for him was true all along. In the third act, the lovely courtesan is told by her physician that she has not long to live, as her consumption has worsened dramatically. Violetta sings "Addio del passato" – "So closes my sad story." Alfredo rushes to her side, and the two lovers are reunited. Alfredo tells Violetta that he will take her away from Paris, back to the countryside. But she senses that her life is slipping away.

Together, Alfredo and Violetta sing "Gran Dio! morir si giovane"— "O, God! to die so young." Giorgio enters with a doctor to save Violetta, but it is too late — Violetta dies in her

lover's arms.

"La Traviata" is listed in the Top Three most popular operas in the United States by "Opera America," just behind "Madama Butterfly" and "La bohème." Sacramento Opera's production will be sung in Italian with English supertitles. James Marvel directs and Timm Rolek returns to conduct the Sacramento Philharmonic Orchestra.

Soprano Karen Slack will perform as Violetta. She has performed internationally to much acclaim. Her voice is described as "warmly expressive." Slack's career has been fostered by both the Santa Fe and San Francisco operas, which recognized her native talent and invited her to participate in their programs for young artists. She is noted as a talented performer whose star is on the rise.

Tenor Alexander Boyer is cast as Alfredo. Boyer has performed with the San



Photo courtesy

Sacramento Opera presents Giuseppe Verdi's "La Traviata" at the Sacramento Community Center Theater, 1301 L Street, Sacramento, Friday, February 26, 2010 at 8 pm; Sunday, February 28, 2010 at 2 pm; and Tuesday, March 2, 2010 at 7:30 pm. (Pictured is an earlier production.)

Jose Opera, as well as the Merola and Santa Fe Opera programs. He is a winner of the Mario Lanza Scholarship Award.

"La Traviata" will run for three performances: Friday, Feb. 26 at 8 p.m., Sunday, Feb. 28 at 2 p.m. and Tuesday, March 2 at 7:30 p.m. The Sacramento Community Center Theater is located at 1301 L Street in Sacramento. Admission is \$18 to \$130. For tickets, call (916) 808-5181, visit the box office at the theater or visit www.tickets.com. For more information, visit www.sacopera.org or join the Sacramento Opera on Facebook and Twitter.

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Janey Way Memories



Is there a doctor in the house?



By MARTY RELLES Land Park News Columnist marty@valcomnews.com

The Costamagna family lived across the street from our house on Janey Way: Dom Costamagna, his wife Leda and their boys Gary and Jim. Dom worked as a field supervisor for Pacific Gas and Electric. He was the kind of guy who could fix anything. If your hot water heater broke, Dom came over and fixed it. If your

toilet clogged, Dom helped you un-clog it.

Dom fixed people, too. When one of the kids on the block fell and scraped a shin or cut a hand, Dom came with his big first aid box and repaired the damage. He always seemed to be there for us. I remember one incident in particular. One summer evening, we played tag on the lawn in front of St. Mary's Church in East Sacramento. The cement pathway around the lawn formed the border for the game. One boy chased another until he made the tag. When a boy chased my brother Terry diagonally across the lawn, Terry, who was a little clumsy, fell. He landed on the sharp edge of an exposed sprinkler head. Blood gushed out of his knee and Terry began to cry. He got up to walk home which only opened the wound further. The boys pushed Terry back down to the ground and one boy yelled, "Someone get Dom Costamagna!" A few minutes later, Dom came around the front of the church carrying his first aid box. He walked over to the melee and knelt down by Terry who still cried loudly. "Don't worry Terry," Dom said, "I'll fix you up."

Dom took out a bottle of hydrogen peroxide and poured it over the wound. He wiped it dry with a clean white cloth. He then tightly taped a piece of gauze over the wound to stop the bleeding. Then, he slid one arm under Terry's legs and one arm around his shoulder, picked him up and carried him back to Janey Way. We followed behind him carrying the first aid box. When he got home, he put Terry in the front of his car, sat down in the driver's seat beside him, started the en-

gine and drove off.

As he headed off, he said, "Someone tell Martin (our dad) I'm taking Terry to the hospital emergency room."

I ran home immediately to tell mom. She called dad, who was on duty at the Sacramento Police Department. When dad got the message, he met Dom and Terry at the hospital.

Terry came home late that night with over 20 stitches in his damaged knee. Thanks to Dom, he healed quickly. Sadly, Dom passed away a few years ago. I stood up at the funeral and related the story of how Dom cared for my little brother. As people wiped a tear from their eye, they smiled. Like all the fathers on Janey Way, Dom looked after all the children on the block. With their loving care, we survived and prospered. All of our fathers, save one, have passed on now, but we have not forgotten what they did for us.

Prudent planning, review is best for Curtis Park Village Project

By ROSANNA HERBER SCNA President Special to The Land Park News

Editor's Note: The following is a response to an earlier commentary on the Curtis Park Village Project by guest columnist Katy Grimes printed Dec. 10 in The Land Park News.

It's decision time for Curtis Park Village. The proposed development on the 72-acre parcel between Land Park and Curtis Park is the City's best opportunity to see a forward-looking, state of the art, infill development that will endure for the next 50 years. The project application is going to the Planning Commission on February 25 and to the Council on April 1. The Sierra Curtis Neighborhood Association (SCNA) is eager to see the development go forward, but not without first making sure the surrounding neighborhoods get a fair deal from the developer. Issues related to toxics, design and traffic must be addressed before the projects approved.

The December editorial by Katy Grimes "Not in my backyard - Curtis Park Village Project derailed?" left me wondering if Grimes had read the project application. Grimes

wrote "the proposed development appears to have all of the necessary elements that concerned citizens say they want:: a mixed use project...offering a pedestrian footbridge to connect the neighborhoods and City College...no big box stores...a health club...240 affordable, subsidized multifamily housing units...all utilizing a design that integrates with architecture in the surrounding neighborhoods.

Sounds beautiful, right? But, read the project application. It does not include a pedestrian footbridge to City College. Only bus service is proposed between City College and the commercial area. It's unrealistic to expect students and faculty who drive to the campus to take bus service to the commercial area to purchase food or services. It is more logical they would either drive their cars or walk over the pedestrian bridge. The lack of an overcrossing is a serious flaw that must be corrected. We need the Council to put the pedestrian bridge back into the project and get federal dollars to pay for it.

In public meetings, the developer has promised not to allow "big box" style commercial development. However, the proposed project application offers

nothing to ensure this promise. SCNA has asked the Council to condition the commercial zoning guidelines so that each building be limited to no more than 55,000 square feet. (For comparison purposes, the Safeway store on R Street is 53,000 square feet.) This requirement would allow a grocery store, but still ensure that "big box" retail stays out of the neighborhood. There is no firm proposal for a health club in the Village as Grimes reported. It's just a "concept" for the commercial area, like the previous ideas of a hotel and dinner theatre. After the developer gets approval for 259,000 square feet of commercial space, he can build any type of "big box" store he wants as long as it meets the commercial zoning guidelines.

The proposed 259,000 square feet of commercial space is a suburban, auto-oriented design that is not consistent with the Sacramento General Plan's designation of this area as a Traditional Center. The Land Park Community Association recognized this inconsistency and wrote in a September 2009 letter to City Planning staff, "Land Park and Curtis Park are both traditional neighborhoods... We fear that the current development proposal contains many elements of a more contemporary, car-oriented suburban type of development: elements that are inconsistent with our existing neighborhoods and that would undermine their unique character."

The letter goes on to say, "We are concerned that the current configuration of the development plan will funnel most of the project's residential commuter traffic on to 21st Street and overwhelm the street's traffic capacity during commute times, reversing the gains achieved by the recent conversion." Make no mistake. This oversized commercial space will significantly increase traffic. You can look forward to gridlock on Sutterville Road and more cars on your neighborhood street. While LPCA did not recommend a size for the commercial area, SCNA urges the Council to limit it to 170,000 square feet because it will generate less out-of-thearea auto traffic.

The project application doesn't propose 240 affordable, subsidized multi-family housing units as Grimes reported. Most are upscale multi-family units. The only subsidized housing will be the 90 units at the senior housing

complex. SCNA would welcome more affordable units so that the students and faculty connected with City College could live in the Village. That is why SNCA asks for duplexes and granny flats to be allowed by right on single family lots. We also want the Council to approve guidelines so that fourplexes and triplexes can be built. This would allow for a wider variety of ownership housing types and sizes, including live-work units.

What about the remaining toxic soil? How will families know they live in a safe neighborhood? The plan is to bury the toxics under a 7-acre park, which will be covered with a geomembane cap and two feet of clean soil. It will essentially establish a hazardous waste storage facility in our neighborhoods. SCNA is alarmed there is no requirement that the Master Plan for the park be completed before the Council certifies the environmental document that allows the state to approve a final clean up plan. We do not believe two feet of clean soil can support an adequate neighborhood park. In order for an average sized shade tree to be planted, clean soil of approximately 6-8 feet would be needed so the tree's roots didn't disturb the cap. If the Council rushes forward with certifying the environmental document, the state will decide the level of clean dirt for the cap. We could see a park with no trees! SCNA urges the Council not to approve the environmental document until the Master Plan for the park is complete.

While SCNA understands there are significant financial demands on the developer stemming from the clean up of the toxics, we do not believe these circumstances should compel the City to accept a project that may be financially viable in the short term, but does not serve the surrounding neighborhoods or the City well in the long run.

Readers: What do you think? We will host this commentary and Katy Grimes' original piece at www.valcomnews.com. Send your thoughts to ryanrose@valcomnews.com and we will print them in the next edition of The Land Park News.





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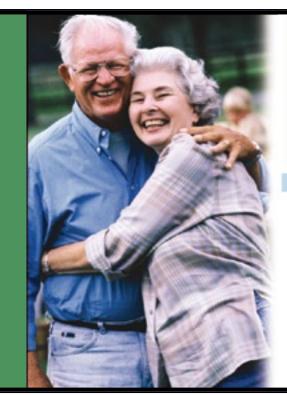
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Sacramento Buddhist Church Spring Food Festival is March 14

Annually, on the second Sunday of March, the Adult Buddhist Association and Buddhist Women's Association of the Sacramento Buddhist Church host a spring food festival. This year, as in years past, the event will take place at 2401 Riverside Blvd. in their church social hall. The event will be March 14 and runs from 10:30 a.m. to 3 p.m.

This event is the "little brother" of the Annual Buddhist Church Bazaar held each summer in August. The larger event is an icon of cultural food festivals in the

Sacramento Valley and is attended by an estimated 50,000 people over the warm summer weekend. The Spring Food Festival is much smaller, but provides attendees the opportunity to sample a variety of Japanese dishes such as maki, inari and chirashi sushi, teriyaki, udon, salads and sandwiches, and pastries. The sushi is made with sweetened rice vinegar flavored rice and comes in different shapes and sizes. Unlike nigiri sushi, there is no raw fish. Nonetheless, the sushi is a traditional handcrafted (handmolded) rice dish that is considered a staple of Japanese cuisine. Teriyaki Chicken is the soy-ginger flavored barbeque chicken that is served in all Japanese res-

All proceeds of the event are used to fund Adult Buddhist Association and Buddhist Women's Association programs. Both organizations are affiliated service organizations of the Sacramento Buddhist Church. Annually, the proceeds of the event are used for church maintenance and children and senior programs.



The Spring Food Festival will take place at the Sacramento Buddhist Church, 2401 Riverside Blvd.

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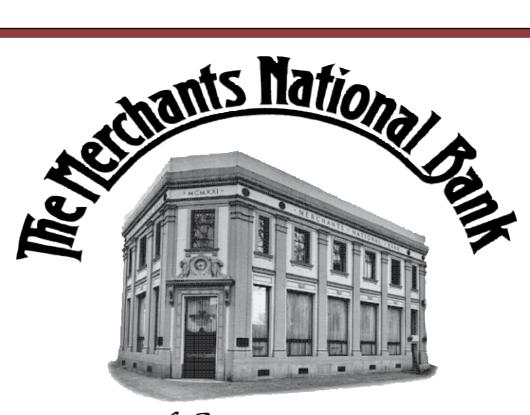
Robin is a Licensed Clinical Psychologist and Licensed Clinical Social Worker. She has been specializing in treating anxiety and related disorders for the past 14 years. Owner and Director of The Anxiety Treatment Center, and The Cognitive Behavior Therapy Center, both in Sacramento. She is also featured on the popular A&E show "Hoarders."

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Greek Orthodox Church has long history in the capital city

By LANCE ARMSTRONG Land Park News Writer lance@valcomnews.com

Greek Orthodox Church of the Annunciation has a rich history in the capital city, including nearly 60 years in East Sacramento.

Many East Sacramentans are familiar with the large, Byzantine-style church and its accompanying Hellenic Center at the northeast corner of Alhambra Boulevard and F Street, across from McKinley Park. But the church's history in Sacramento predates this historic site.

But taking a step back prior to the church's establishment in Sacramento, county records indicate that Greeks had a presence in the city as early as 1890.

From 1910 to 1920, no more than 50 Greek families resided in the Sacramen-



Land Park News Photo/Lance Armstrong

The Greek Orthodox Church of the Annunciation has been a part of East Sacramento since its opening in 1951.

to area. And of these families, the majority of the men were employed by the Southern Pacific and Western Pacific railroads.

Although there was no Greek church in the city during this time, the Holy Trinity Greek Orthodox Church the mother church of Greek orthodoxy in the West at the time - served as a relatively nearby active presence for the church.

Also during this era, liturgy was occasionally celebrated in Sacramento through clergy of San Francisco and later Los Angeles, with the first of these liturgies being held at Red Men's Hall at 716 I St.

Constructing a church

The first official step toward establishing a Greek orthodox church in Sacramento occurred with a Jan. 18, 1920 meeting, which was held at the Pythian Castle at 831 I

Tom Mantis, president of Elpis, a then-6-year-old, independent Greek fraternal organization in Sacramento, initiated the meeting, which was designed to organize the Greek Orthodox Community of Sacramento.

By Dec. 20, 1920, the community had been formed and members of its first board of trustees were elected.

The following year, the first Greek Orthodox Church of the Annunciation was constructed at 620 N St.

The first liturgy in the new church was held on Dec. 25, 1921, under the direction of Father Sardounis.

A Greek school was established at the N Street site in a two-story Victorian in the mid-1920s.

The school, which was held following classes at local elementary and middle schools, was located on the ground floor of the building.

East Sacramento resident Penny (Anton) Kastanis recalled attending the school during the late 1940s.

"The school had desks that we sat at like in a regular school room and the classes were quite often taught by the priest or the priest's wife," Penny said. "Father Econome was one of my teachers. We all had books that we would purchase and they were all in Greek. They were like a first grade book with things like the alphabet, stories and poetry."

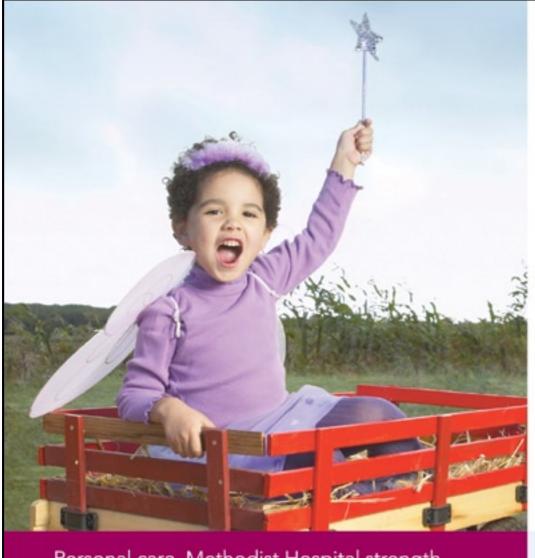
The priests of the church resided on the second floor of the school building.

Additionally, the second floor of the school building was home to Nicholas Terzakis, the church's caretaker during the 1920s.

Penny said that she continues to remain friends with former students of the school and added that the site of the original church and the school was very much "the center of both religious and social activities for the Greeks of Sacramento."

Helen (Sady) Psihopaidas said that she remembers

See Greek, page 17



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Greek: 'We've been here for a long time and have grown a lot'

a unique aspect of the old N Street church.

"They had singing birds on both sides of (the nave of) the church," Psihopaidas said. "They were hanging in regular-sized bird cages and there were about five on each side of the room. It was quite a unique sight."

Penny, who also remembers the birds, said that the birds, which she suspects were canaries, were covered during liturgies, so that they would not interrupt the chanting, singing and other parts of the liturgies.

Parish and parishioners

With the founding of the church in Sacramento, a popular annual Greek picnic was established in 1922.

By the early 1930s, the event, which was held at Helvetia Park in West Sacramento and included food, games and a beauty queen contest, was drawing about 2,000 Greek-Americans from Sacramento and beyond.

Another Greek event was Greek Independence Day ceremonies, which honored the Greeks' freedom, as a result of the 1820s war that eliminated the Turkish control of their land.

In Sacramento, the event was celebrated every March 25 with special liturgies, banquets and dancing.

During World War II, members of the church supported the Greek War Relief and the Red Cross.

An article in the Dec. 9, 1940 issue of The Sacramento Bee, for instance, showed that by this time, Greeks in the Sacramento area had raised as much as \$10,000 to assist war victims in their native land.

Eventually, the old N Street church became inadequate to meet the needs of the growing parish and efforts were made to establish a new church building and recreation hall, known as the Hellenic Center, on property that the church purchased across from McKinley Park.

In 1949, George E. Johnson, who many longtime Sacramento residents remember for his Del Prado Restaurant, organized a fundraising drive, which resulted in the collection of about \$48,000.

The Hellenic Center, which is located to the south of the Alhambra Boulevard church. was the church's first building constructed at the site.

Shortly after its construction, this building, which has hosted many events throughout its history, was temporarily used for church liturgies and the offices of the priests.

Charting growth

The new church was completed in the fall of 1951 and held its first liturgy in the building with its pastor, Father Nicholas Karas.

New church offices were also constructed along N Street in the 1950s.

Many of the icons and other important pieces from the original church were placed in the new church.

These pieces included various paintings that are still located in the church today.

Overall, the cost of the land and its buildings was \$318,211.

A plan to build a church in South Natomas fell short in 1993 and the property was subsequently sold.

Through this sale, the property's former owner, Angelo Tsakopoulos gifted the church \$1.1 million, which was used to purchase the remainder of the block at the Alhambra Boulevard site.

Prior to this purchase, the church owned half the block. Expanding and exploring

Currently, members are split between the options of demolishing the present church building and constructing a new church in its place or building a new church on an 8-acre site in the 48-acre McKinley Village development, just east of the current church.

Terry Kastanis, the parish's librarian who met Penny at the Alhambra Boulevard church and married her a year later in 1961, said that no matter what its members decide, the current economy has the new church project on hold. However, the church did move forward with a plan to construct a preschool and childcare center at the church site. The center is now open and operating 7 a.m. to 6 p.m., Monday through Friday. For more information on the preschool, call Annette Chavez (916) 231-9173.

Undoubtedly, the Greek community is not only known for its historic East Sacramento church complex, but also for its Greek Festival, which is held each year at the Sacramento Convention Center.

This year's edition of the festival, which is the city's third largest drawing event, will be held September 3 through 5.

Eugene Fotos, 77, who was raised in East Sacramento and attended both locations of the church, said that he is proud of the church's long history in the capital city.

We've been here for a long time and have grown a lot since we were on N Street,"

said Fotos, whose nephew, Father James Retelas, is the current pastor at the church."We used to have about 40 people come to the church on N Street and now we get about 200 on average and sometimes about 300. I look at it as a big family and you don't have to be of Greek descent. We welcome everybody."

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BDCP dumps Pocket pump locations

Special to The Pocket NewsFrom the office of City Councilman Robbie Waters

Sacramento City Councilman Robbie Waters is very pleased to announce that on January 29, the Steering Committee for

the state's Bay Delta Conservation Plan formally dropped the proposed locations for new water intake structures across from the Pocket area.

The BDCP will now move forward with five identified sites from Clarksburg

downstream to Courtland, on the east levee of the Sacramento River. You can see the new map on page 4 of this document on the BDCP Web site: http://www. baydeltaconservationplan.com/SteeringCommitteeLibrary/1.29.10 SC HO SC_Intake_Structures_North_Delta_ Locations_012810_v5.pdf

Our advocacy to the Department of Water Resources was successful in con-

vincing decision makers that the pumping facility locations directly across the river from the Pocket area would have an inappropriate and disproportionate impact on our community. Thank you to the many residents who attended meetings, sent letters and emails to DWR.

On the new map referenced above, it should be noted that the site selection criteria now includes "avoid high population density areas."

Although we have successfully ensured that no BDCP pumping intakes will be built across from the Pocket area, our attention now turns to the DWR North Bay Aqueduct Alternative Intake Project (NBA AIP). This proposal would draw water from the Sacramento River to supply water agencies in Napa and Solano counties via a new intake in Yolo County across from our community.

Stay tuned as events surrounding this NBAAIP project develop in the coming months. Visit http://www. water.ca.gov for more information on the project.

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SAMPLE Rachel Wins Big



Rachel Avila played a significant role in her Tee Ball team win on Sunday, Jan. 17. Being a good teammate and strong hitter, Rachel hit a homerun in the third inning and scored in two runs. Mom, Dad, Grandpa Richard and Grandma Margo are so proud.



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A diverse lineup at the 13th annual Jewish Film Fest

By BENN HODAPP Land Park News Writer benn@valcomnews.com

The 13th annual Sacramento Jewish Film Festival kicked off last weekend at the Crest Theatre with four films from all over the world.

The idea for the festival was born out of a partnership forged between co-founders Sid Garcia Heberger and Margie Park. The two met 15 years ago while working on a film for the Sacramento Festival of Cinema. They planned to do it again the following year, but it coincided with the Jewish High Holidays and they couldn't participate. Heberger and Park decided to come up with their own festival, one that brings to light some things about the Jewish culture.

Thirteen years in and the festival is stronger than ever before.

"We have about 2,000 loyal followers of the festival," Heberger said. "The first year was 1997... We had maybe 200 people that year."

The films

As for the films themselves, Heberger explained the process by which they are selected.

"We have a number of film companies who submit their films to us," she said. "This year we received somewhere between 40 and 50 submissions."

Heberger and Park screen the films and come up with the decisions for which films make the cut. Heberger ex-



Photo courtesy Ciesla Foundatior Gertrude Berg as Molly Goldberg in Aviva Kempner's "Yoo Hoo Mrs. Goldberg."



Photo courtesy Menemsha Film

Shaul Azar, Dvir Benedek, Itzik Cohen, Shmulik Cohen and Togo Igawa in "A Matter of Size."

plained that normally the selection process whittles down the field to about four or five, depending on the year.

This year there were four selected; each from a different country (Argentina, Germany, Israel and U.S.).

The festival opened on Saturday night with screenings of the films "Camera Obscura" at 7 p.m. and "A Matter of Size" at 9:15 p.m. The proceedings wrap up Sunday afternoon with "Yoo-Hoo Mrs. Goldberg" at noon and "Max Minsky and Me" at 2:15 p.m.

"Camera Obscura" is a visual and romantic story set in a colony of Argentine Jewish immigrants; "A Matter of Size" is a comedy that centers

around an Israeli chef who finds happiness pursuing a passion for sumo wrestling; "Yoo-Hoo Mrs. Goldberg" is a humorous and provocative documentary about Jewish television pioneer Gertrude Berg; and "Max Minsky and Me" is a coming-of-age tale

about a 12-year-old girl who dreams of being a star basket-ball player so she can meet her crush in another country.

"All the films this year [were] amazing," Heberger

said. "But if I had to choose a favorite I would probably say that I like 'A Matter of Size' the best."

"They really are four outstanding films," Park said. "This year we had a lot of very strong submissions. But we went with four that are really happy and positive films."

There is a reason that the four selected films are light and funny, according to Park.

"There's so many sad things going on in the world right now," she said. "How about a little bit of happiness?"

Not only is the 13th year perhaps the most successful yet, but holding it at a genuine Sacramento landmark is special in itself.

"We feel very blessed to be able to have the festival at the Crest Theatre," Park said. "We literally couldn't do it without them."

For more information regarding the festival and plans for 2011, call the Crest Theatre at (916) 442-7378.



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Inauguration of JFK High performing arts center held February 9

By LANCE ARMSTRONG Land Park News Writer lance@valcomnews.com

There is much excitement in the air at John F. Kennedy High School these days, as an inauguration for the school's long-awaited performing arts center was held on February 9.

Originally part of the school's initial 1960s construction plans, the center was eventually eliminated from these plans and fell into the category of "plans for the future."

Unfortunately for the school, its students and the community, the future was much further away than many people had hoped for or imagined.

Now more than four decades later and with the 15-month construction project recently completed, the \$8.2 million, 465-seat, state-of-the-art auditorium is nearly ready for use by the school, the Sacramento City Unified School District and the community.

The center's inauguration, which will be attended by Kennedy High's senior class, the school's staff, local dignitaries and district personnel, will be a ceremonial type event, which will be held in anticipation of the official opening of the venue, which does not currently have a specific date.

Also participating in the event will be the school's choir and orchestra.



Photo courtesy of Kennedy High School

Kennedy High School's long-awaited, \$8.2 million, 465-seat performing arts center will officially open as early as next month. An inauguration of the building was held February 9.

Showtime at Kennedy

Being that construction on the building has been completed, the school is working toward what could possibly be the first event held in the auditorium, a performance of "The Wizard of Oz,"

week in May.

The school's drama department is beginning preliminary stages with the play, but since the opening date for the center has not been determined, planning for

which is scheduled for the second the production remains challenging for the department.

> Although the center may be officially opened as early as March, Kennedy High must wait until the

> > Continued on page 23

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Kennedy: 'Certainly, this will be another great asset in the community'

Continued from page 22

construction company completes the final details of the building and the district approves the new structure before keys to the center are presented to the school.

Considering the possibility that the venue may open in March, an event is tentatively scheduled to be held at the center on March 2.

Currently, the building is undergoing its "punch list" stage, which consists of checking off all the permit processes and details that must be relative to code.

Kennedy High Principal Felisberto Cedros said that he is pleased that the school and the community are finally receiving the long-awaited Kennedy High performing arts center.

"It's been a long wait and our kids and community are ecstatic that this is going to bring some cultural aspect and venue to the Pocket area," Cedros said. "From the kids' aspect, they can hardly wait to get in there. The new facility is going to add a lot of prestige to John F. Kennedy and the Pocket area. The teachers are delighted that years later, here it is. It's a state-of-the-art building that's modern, comfortable and has a lot of amenities.

"And from my end, I want to see my (students) do something with it, because it's no good if it's not utilized. Our drama department is really excited and the kids are really excited to get together and put their

best foot forward. This is going to be an absolutely wonderful facility to hold not only school events, but definitely a venue that will be able to sustain cultural influence in the Pocket area."

Although community groups and other local organizations will be allowed to rent the facility through a permit process with the district, Cedros said he does not share the same concerns of those who are worried about the possibility that school events could eventually have to compete heavily with community events at the new center.

"I don't think that's going to be an issue for us," Cedros said. "Our facilities are for our students first. Obviously we coordinate that with permits, as well, but since I've been here, the priority has always been what's best for John F. Kennedy and John F. Kennedy students. And we map out and we calendar events and it's always scheduled around what's happening or not happening here at JFK. It's always worked well, even with the Little Theatre and the (very limited) space available. It's always staff first and community second and it's a good partnership."

The center's specs

The performing arts center, which is located on the west side of the campus, will be a very large upgrade from the school's previ-

ous performance venues, which were the aforementioned 75-seat Little Theatre and the gymnasium, which Cedros described as an "unflattering, unwelcoming (entertainment) venue."

Unlike the space, lighting and sound-challenged Little Theatre, which consists of stage space for productions with no more than about eight entertainers, the new auditorium, which will also be used for music and drama classes, will allow for much larger productions, including musicals.

In relation to the Little Theatre versus the new auditorium, Cedros said that it is like comparing "night and day."

"Now we have a facility that is exclusive for this type of entertainment, for plays, for music, for cultural events, so it's night and day," Cedros said. "This is an absolutely amazing project and well worth it for the community."

The new, 13,775-square-foot, masonry block and steel superstructure auditorium, which was built through the efforts of the nationally-recognized architectural firm, Williams + Paddon as the architect and Roebbelen Contracting as the contractor, is located on the former site of the old M-wing portables.

Among the facility's features are: theatrical lighting and lighting controls, a digital sound sys-

tem, a lighting loft, control, sound and ticket booths, dressing rooms, a large backstage area that can be used for building sets, a motorized projection screen and an orchestra pit, located beneath removable seats near the stage.

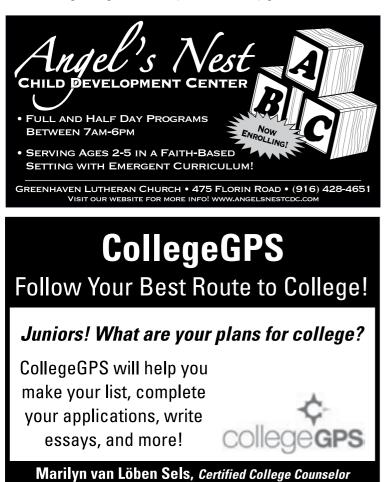
Pride in the Pocket

Cedros said that Kennedy's new venue is recognized as one of the premier performing arts centers in the Sacramento area.

"From what the architects have told me and the contractors that have been here, the two (auditoriums) that they compare (JFK's new auditorium) to right now are (the auditoriums at) St. Francis High School and Natomas (Charter School). Those have been in place for about three or four years and this is just an upgrade of those, because this facility is obviously brand new."

Maria Lopez, spokesperson for the district, said that the community is fortunate to be receiving such a fine performing arts center.

"The arts are very important," Lopez said. "Certainly, this will be another great asset in the community for not just the Pocket area, but for the city to have this wonderful new theater to have another asset to help promote the arts and to make the arts a living part of what we all can enjoy."



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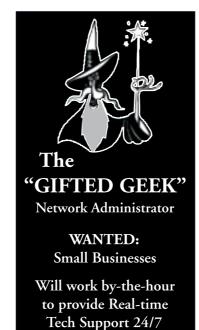
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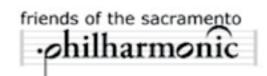
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FEBRUARY

Jo Anne Marquardt art show

The Unitarian Universalist Society of Sacramento presents an exhibition of the artwork of Land Park resident Jo Anne Marquardt Jan. 22 to Mar. 21, 2010 at the UUSS Auditorium located at 2425 Sierra Blvd, Sacramento. An opening reception will be held on Friday, Jan. $22\,\mathrm{from}\,5{:}30\,\mathrm{to}\,7{:}00\,\mathrm{p.m.}$ This event is free. For more information visit www.uuss.org.

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FEBRUARY 11

Computer club meeting

The Mission Oaks Computer Club will meet on Thursday, February 11, 2010 from 1:00 p.m. to 3:00 p.m. at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, CA. The meeting topic will be "Using Online Bill Paying Systems." A problem solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our Web site at www.missionoakscomputerclub.org.

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Sponsored by California Citizens for Health Freedom, a free lecture on "Body Signs, Swine Flu and You" will be presented by Jim McAfee, Th.M., C.C.N., 7 - 9 p.m. at the SMUD Auditorium (the old SMUD Building), 6201 S Street, Sacramento. Call 916-635-6724 for information.

Parks and Rec meeting

The Carmichael Recreation and Park District is developing a Recreation Master Plan to guide our programs. We would like the communities input to determine the types of activities and programs that are needed to meet the recreation interests of our district. There are two community workshops scheduled for your convenience. Recreation Master Plan Community Workshop, Thursday, February 11 at 6 p.m. La Sierra Community Center, 5325 Engle Rd, Carmichael, CA 95608.

FEBRUARY 12

Carmichael Geranium Society meeting

Carmichael Geranium Society February meeting - 2/12/10, Carmichael Community Clubhouse at 5759 Grant Avenue, Carmichael. Robin Parer will show us how to grow angel and pansy face pelargoniums visitors welcome - no fee.

FEBRUARY 13

Coca-Cola Memorabilia Sale

Coca-Cola Memorabilia Sale from 11a.m. to 2p.m. at Red Lion Hotel at Arden, 1401 Arden Way, Sacramento CA The Great Get Together Chapter of the Coca Cola Col-

lectors Club will be holding a Memorabilia Sale as a part of its 32nd Annual Convention. Entrance is free. For more information, contact: Mel Munson, Convention Chairperson, Telephone: 530 662 8840, E Mail: mmunson@pacbell.net

FEBRUARY 14

Concert at All Saints

Matthew Walsh, Organist and Maria Caswell, Violinist, in Concert at All Saints Episcopal Church, 2076 Sutterville Rd., Sacramento, on Sunday, February 14, 2010 at 4:00 PM. Music by Rheinberger, Bach and others, with \$10 donation. For more information, visit www.allsaintssacramento.org or call 455-0643.

All Saints concert

Feb. 14, Sunday, 4:00 PM All Saints Episcopal Church, 2076 Sutterville Rd., Sacramento.\$10 suggested. Matthew Walsh, Organist, assisted by Maria Caswell, Violinist. In addition to organ literature by Bach Alain and others, the duo will perform four seldom heard pieces for organ and violin by Josef Rheinberger, 19c. German composer. Walsh, a faculty member at Holy Names University in the Bay Area, has a long history as a cathedral organist, most recently in Chicago, Ms. Caswell performs on both baroque and modern violins and is a member of the American Bach Soloists. You can get more information from our church's website: www.allsaintssacramento.org or from Matthew Walsh at stellarsky@sbcglobal.net or, the builder of our organ, Scott Nelson at 916-399-9752.

Mardi Gras Sunday

Northminster Presbyterian Church will present a special worship service on Sunday, February 14, at 9:55 a.m., featuring the acclaimed Dixieland Minsters performing traditional Dixieland jazz. Following the service, a free Mardi Gras luncheon of Jambalaya beans and rice, and "red velvet" cake will be served. Northminster is located at 3235 Pope Avenue, between Watt and Fulton Avenues. For more information call (916) 487-5192 or visit northminsteronline.org.

FEBRUARY 15

American Heritage Day

American Heritage Day event at 10 a.m. to 2 p.m., 8201 Greenback Lane, Fair Oaks. The 8th Annual American Heritage Day

will be held at Mt. Vernon Memorial Park. This event brings history to life for children with hands on/re-enactment performances. Families can enjoy over 17 different performances and continuous free entertainment. For more information, call (916) 969-1251.

Genealogy Workshop

Root Cellar - Sacramento Genealogical Society - February 17, 2010. Informal workshop to exchange ideas and problem solve. Presentation: "DNA - How Much Do You Understand?" with John Jay. Merrill Gardens (Garden Square Room), 7418 Stock Ranch Road, Citrus Heights, 1pm-3pm. Sign-in at front desk, wear guest badge, sign out when leaving. Free, everyone welcome. Contact John Jay (916) 331-0963, jksljay@ sbcglobal.net, or www.rootcellar.org.

FEBRUARY 18

What Do I Do with All This Stuff?

Event is Thursday, February 18, 2010 from 10 a.m. to 11:30 a.m. Carmichael Park Clubhouse, 5750 Grant Ave, Carmichael. FREE class, but must pre-register by calling 485-5322. Start 2010 with a clean-sweep! Surrounded by clutter? Need to organize years of belongings, mementos and paper? This class will help you begin the task of sorting and disposing of clutter to help keep things manageable.

Brown Bag Poetry Readings

Held 12:00 to 1:00 p.m. at 828 I Street, the Sacramento Poetry Center will hold a poetry reading from 12 noon to 1 pm, the third Thursday of every month, at the Central Library. Brown Bag Poetry will be held Thursday, February 18th and continues through the year. Sacramento poet Mary Zeppa will host the readings with assistance from poet Lawrence Dinkins and Poet Laureate Bob Stanley. Bring a brown-bag lunch and a favorite poem - or you may select from material available in the library. Information: 264-2920.

FEBRUARY 20

Crab feed for Children's home

Sacramento Children's Home Guild to hold "Down By the Sea" Crab Feed, Saturday, February 20, 2010, at the Folsom Community Center, 52 Natoma Street, Folsom, CA 95630. Tickets are \$45. For reservations, call 916-698-1150.

Boy Scouts Recycle E-Waste

When: Saturday, Feb 20, 2010, 9 a.m. to 1 p.m. Where: Arcade Wesleyan Church, 3532 Whitney Ave., Sacramento (near corner of Whitney & Sunset Ave.) They can take: TVs (including flat screens), laptops, monitors, VCRs, stereos, disk drives, PDAs, Zip drives, computer mice, printers & copiers, scanners & faxes, telephones, video game consoles, small appliances (such as blenders, mixers toasters, vacuum and carpet cleaners). CEAR shreds all computer disk and hard drives to protect your privacy. We can't take: Large appliances. Questions? Want to arrange a pickup (if you've got big items or you're a business)? Contact: ponyexpress@surewest.net.

February 24

Los Ninos Service League

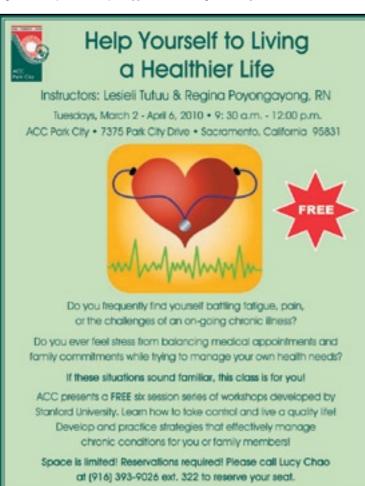
The Los Ninos Service League is holding its next recruitment drive for volunteers to work within our organization. We would greatly appreciate it if you would post the following notice in your next upcoming publication. Thank you in advance for your continued support of the Casa Garden Restaurant and Sacramento Children's Home. Want to give back to our community and have fun too? Become a volunteer in the dining room, kitchen, or garden at the Casa Garden Restaurant. The restaurant, located in the Curtis Park neighborhood, has been raising funds for the Sacramento Children's Home since 1974. For more information about being a volunteer, please join us at our restaurant on February 24, 2010, 9:30 a.m., at 2760 Sutterville Road, Sacramento, CA 95820. Please RSVP by calling (916) 452-2809, as we look forward to meeting you.

Embroiderer's Guild of America

Embroiderer's Guild of America, 7 p.m. Wednesday, February 24, 2010, SMUD Building, 6301 S Street. "Petite Project" from National EGA. (A bookmark). Visitors welcome. (916) 961-3558

FEBRUARY 26

South Sacramento Rotary invites you to attend its 28th Annual Crab Feed and Silent Auction, Friday, February 26 at 6 p.m. The event will be at the Elks Lodge No. 6, 6446 Riverside Blvd. All proceeds go to support schools/charities in the community. Call (916) 428-0311 or (916) 396-7244 for tickets. Tickets: \$40.





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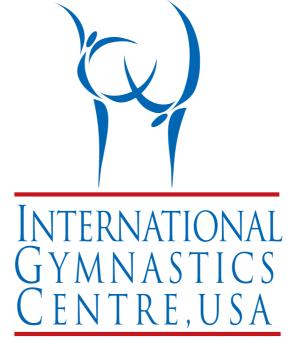
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Desirable Land Park home featured in both Sacramento Magazine & the Sacramento Bee, has been stylishly updated. The kitchen boasts marble counters w/a 1930's O'Keefe & Merritt stove oak hdwd floors throughout. See www.1438PerkinsWay.com \$459,999

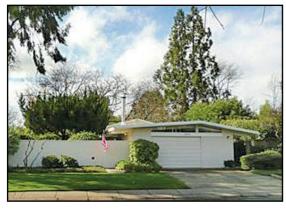
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Sparkling Half Plex home located in private gated Bridgeview in Riverlake. Lake access with picnic tables and boat dock. 3 master suites. One bedroom and full bath downstairs main level. New carpet and fresh interior paint. Laminate floors in dining area. Newer tile type roof. Cul-de-sac. See www.7724BellBridgeWay.com \$379,000

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South Land Park home well cared for by long time owner. Tiled central entry, LR & FR overlooking patio & yard. Refinished hardwood floors, dual pane windows & doors thru-out. Plantation shutters, newer roof, water heater & HVAC. Master suite w/slider to patio. See www.1388SanClementeWay.com \$319,000

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New roof, new central heat & air conditioning, fresh exterior paint, clear pest report, new sod & sprinklers on timers in front yard. Beautiful hardwood floors in all rooms except bath. Large covered patio views large backyard with trees. See www.1804LarkinWay.com \$225,000

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Gated community with pool and clubhouse plus covered parking. 2 Story unit with 3 Bedrooms and 1.5 bathrooms. Fireplace in living room. Unit is sold as is and needs your updating touches to make it a great home. See www.302RoundtreeWay.com \$99,000

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