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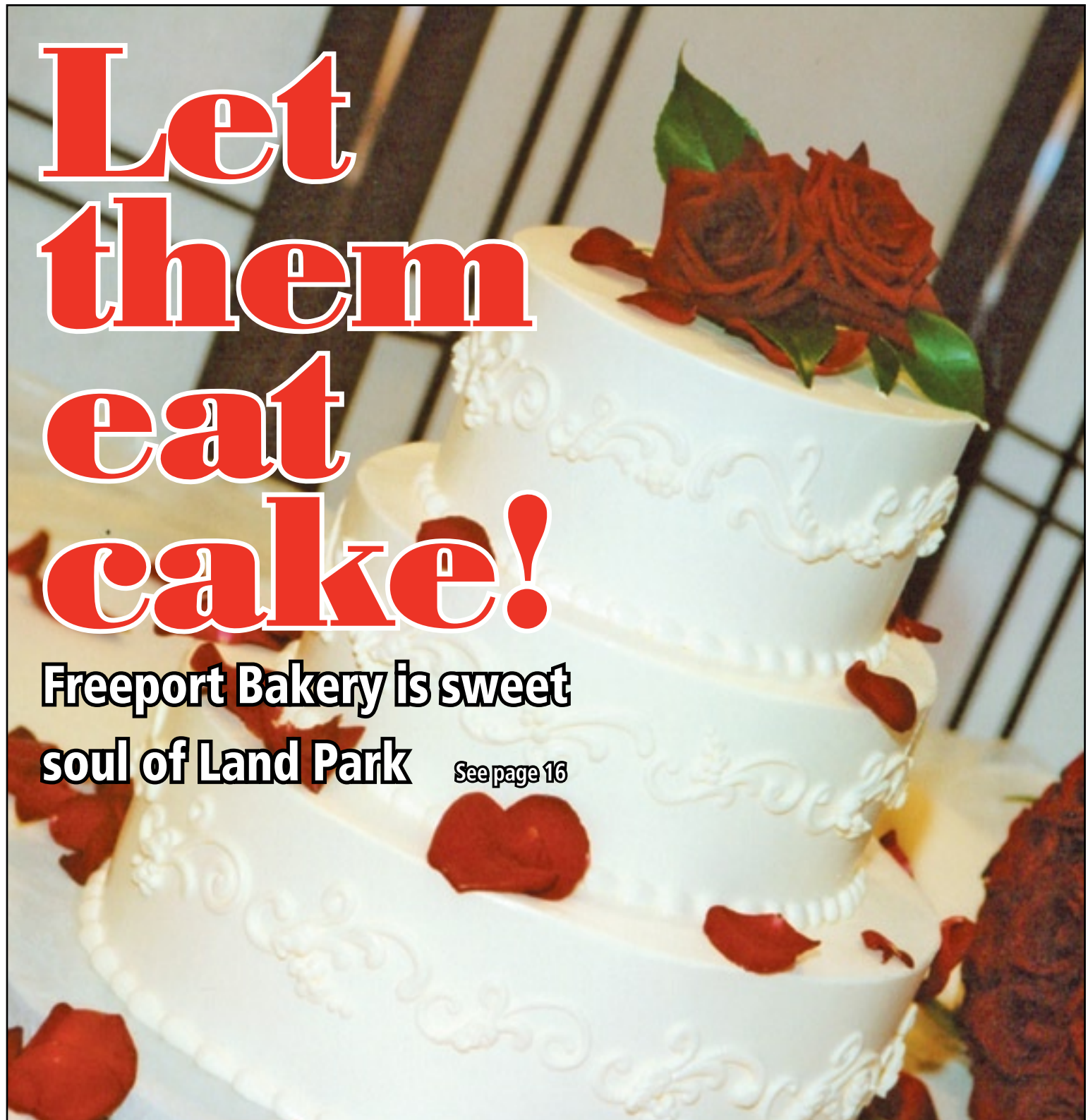
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**Editor's Note:** Concerning the 2010 election cycle, The Land Park News will offer expansive coverage of the local races, including Sacramento County Sheriff and California State Assembly District 9. Look for our one-on-one interviews and print debates with each candidate beginning in the April editions of The Land Park News. As this paper is a forum for local thoughts and opinions, your letters are always welcome. Contact the editor at [ryanrose@valcomnews.com](mailto:ryanrose@valcomnews.com). – Ryan Rose



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Tiger birth comes after baby anteater passes away

# Roaring in: Sumatran tiger cub born at Sacramento Zoo

Special to The Land Park News

The Sacramento Zoo reports the birth of a Sumatran tiger cub, born on March 18. This is the second litter for Bahagia, the female and Castro, the male; their first litter of three male cubs was born in November 2006. Bahagia and baby appear healthy at this early point in the baby's life; the zoo is hopeful the cub will continue to thrive.

Tiger cubs are about two pounds (1 Kg) at birth, born with eyes closed and rely entirely on their mother for the first three months. Mother and baby will be inside the den, away from public view, while the baby gains strength and coordination. Castro, the male, will be on exhibit daily. A second cub sustained severe head injuries and did not survive.

"After the loss of the baby anteaters this month, the birth of the Sumatran tiger and sorrowful death of a second cub is emotional for the zoo staff," said Mary Healy, zoo director. "We are guarded at this time, but we know Baha is an experienced mother who will do her best to take care of this very special cub especially during the important first few months of development."

The Sacramento Zoo veterinarians did perform an ultrasound on Bahagia to assess pregnancy in early December 2009, however, no cubs were apparent at the time. With a gestation of just under 100 days, it appears the tigers likely bred just after the date of the ultrasound. Animal Care staff monitors the cats' body weights regularly, but saw no significant changes in the tiger's weight or her behavior over the past months; therefore, they had no reason to suspect a pregnancy this late in the season. The veterinarians will perform follow-up health checks on the cub over the next week.

Sumatran tigers are critically endangered and found only on the Indonesian island of Sumatra off the Malaysian Peninsula. The zoo participates in the Sumatran tiger Species Survival Plan (SSP), coordinated by the Association of Zoos and Aquariums, who recommended the breeding of the Sacramento Zoo tigers.

## Zoo saddened by loss of baby anteater

Sacramento Zoo reports the death of the newborn Giant anteater. The female baby was born on March 9

to Amber, the female anteater and Beata, the male. The baby was found deceased mid-morning on March 16, during a routine check. Over the past seven days, monitored via video, behavior cues showed the mother to be attentive and the baby growing

stronger and holding on to her mother. The Sacramento Zoo is saddened by this loss; the cause of death is unknown at this time, and necropsy results may take one to two months.

"I couldn't be more proud of the staff here at Sacra-

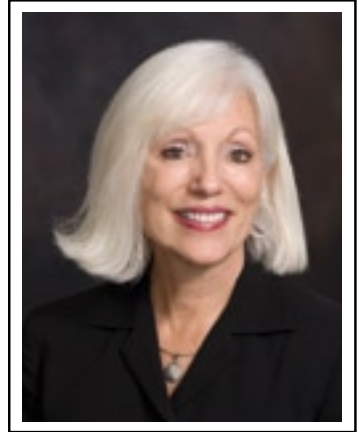
mento Zoo. The staff members who've worked so hard to ensure that this newest addition thrived have proven themselves to be dedicated, thoughtful and sensitive to the needs of the animals in our care," said Harrison Edell, zoo general curator.

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What's with the pink flamingos on local lawns

# Watch out, Sacramento: You've been 'flamingoed'

By **BENN HODAPP**  
Land Park News Writer  
benn@valcomnews.com

There are myriad ways to show respect or admiration for someone on their birthday or anniversary or any number of other celebratory events. You can throw extravagant parties, buy expensive baubles and exchange heartfelt words. Then again, you could just throw a bunch of garish

pink flamingoes on that special someone's front lawn under cover of darkness and save yourself a whole lot of effort and money.

That is (sort of) the idea behind a Sacramento-based company that runs on the Internet at [www.getflamingoed.com](http://www.getflamingoed.com). For lack of a better explanation, [getflamingoed.com](http://getflamingoed.com) is a way to both honor and prank someone at the same time.

Stephanie Allen and Stuart Campbell, the couple who co-founded the idea, put their idea into action in a rather indirect fashion.

"We were having dinner, chatting with family and someone mentioned that they had heard of something like this back east where someone had something done to their yard," Allen said. "Then we talked about how hilarious it would be for someone to do something like that here."

Time went by and the idea remained only an idea. Before long, however, the two realized that it might as well be they who blaze the trail.

"Soon after that we ordered 100 flamingoes and away we went," she said.

For an installation and removal fee (flamingoes are removed after 24 hours) of \$25 with an additional one dollar per flamingo, you too can show your love and admiration for someone in this most peculiar of ways. You can also add a personalized sign to be placed among the plastic birds.

But, why flamingoes?

"Flamingoes are just so gaudy and classic," Allen said. "It just made sense."

In October, they did their first job. The first few were all neighborhood folks around McKinley Park. They knew they were on to something when everyone who fell victim to a "flamingoing" found it absurd to the point of hilarity.

"People had great reactions," Allen said. "We tried it out on some friends first."

Since those initial reactions, nothing has changed.

"Not a single person we've done it to has had a negative reaction," she said. "How can you not laugh at that?"

Allen explained that the time they decide to "flamin-



Photo courtesy of Stephanie Allen and Stuart Campbell

Getting "flamingoed" is the idea behind a Sacramento-based company that runs on the Internet at [www.getflamingoed.com](http://www.getflamingoed.com).

go" someone's yard is based on that person's schedule and that no one has caught them strategically placing the pink fowl.

The service is available to those outside the downtown area, but a \$25 charge is added depending on how far they have to travel. This is not the couple's main source of income after all. Allen and Campbell own a vegetarian food cart on I and 8th streets called Happy Go Lucky that takes up the majority of their time.

But one such occasion when the duo did travel outside of downtown Sacramento happened to be on Carmichael's Susan Way.

Most people remember landmark birthdays like 21, 30, 40, 50, etc. But Carmichael's Laura Lyon will most assuredly remember her 47th for a good long while.

"My mom called me and asked if I was going to be around on (my birthday)," Lyon said. "I told her that I wouldn't be home until the afternoon and she said that

something would be happening in the morning."

When Lyon returned home from a birthday outing she arrived to the sight of 57 pink flamingoes dominating the scenery of the peaceful street. Lyon said she doesn't know why there were 57 flamingoes to commemorate her 47th birthday, but she wasn't going to ask questions. Her house was king of the block for the rest of the day.

"Everybody thought it was so funny," Lyon said. "Neighbors stopped by all day and everyone enjoyed it."

She said that it helped that everyone on her street has a good sense of humor, but like Allen she wonders who wouldn't find it funny.

Lyon's mother found out about the service through one of her close friends. That friend happens to be Stuart's father. He mentioned it to her at some point and the idea to flamingo her daughter was set in motion.

"My mom is pretty funny, but this was totally out of

See Flamingos, page 5

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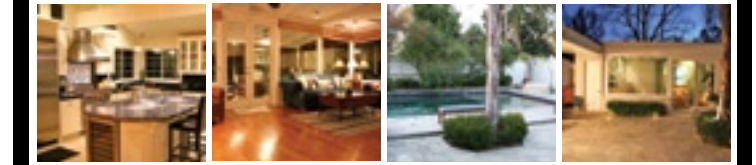
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# Flamingos: 'Neighbors stopped by all day... everyone enjoyed it'

Continued from page 4

character for her," she said. "Had she not known (Stuart's) father I don't think it would have occurred to her to do this."

But as the victim of the prank/present, did she find it funny enough to do to someone else?

"I definitely think I could do it to someone," she said. "I wouldn't want to do it to someone who lives in a place that has strict rules and regulations, but I can think of some people I would consider doing it to."

While the act of flamingo-ing someone is pretty funny and indeed innovative, Lyon's daughter summed up what she thought when she first saw the pink flock adorning her yard.

"Whoa, that's pretty weird," 7-year-old Gracie said.

Most people would probably agree with that sentiment. It is pretty weird. Luckily for most of us, we



Photo courtesy

Visit [www.getflamingoes.com](http://www.getflamingoes.com) or call 916-628-3993 for more information.

have some pretty weird friends who could do with an inundation of flamingoes.

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for more information regarding a possible flamingoing. Or you can e-mail your questions to [getflamingoed@gmail.com](mailto:getflamingoed@gmail.com).

## Janey Way Memories



# Poker at the Ducrays' House



By **MARTY RELLES**  
Land Park News Columnist  
[marty@valcomnews.com](mailto:marty@valcomnews.com)

We had lots of fun growing up on Janey Way. We built forts in the pit. We played touch football on the street. We played basketball at St. Mary's Elementary School. And yes, we played poker at the Ducrays' house. The stakes were small – nickels, dimes, quarters – but we contested every hand to the end.

One summer day we had a big game going with eight or nine players. With this number playing, pots grew very big. Naturally, in our enthusiasm, we made quite a bit of noise. This must have perturbed the Ducrays' neighbor, Old Joe, a sort of Oscar the Grouch. He called the police to complain. Eventually, a police cruiser rolled up in front of the Ducrays' house. An officer stepped out and walked slowly up to the front door. When he knocked on the door, we quickly grabbed our cash and put it away. One of the Ducray boys answered the door. The officer poked his head in the door, saw the cards on the table, and said, "Can you boys keep it quiet in here?"

*The officer poked his head in the door, saw the cards on the table, and said, "Can you boys keep it quiet in here?"*

We all nodded our heads "yes," so the officer turned around, returned to his patrol car and drove away. Looking out the front window, we saw Old Joe standing on his lawn trying to figure out what had just happened. We continued playing our games and as kids lost their stake, they moved outside to the Ducrays' front lawn.

Soon all of us stood on the lawn, wondering what to do next. Old Joe came out on his front porch. He exchanged words with us, still apparently miffed that the officer had not put an end to our game. We bantered back at him. Eventually, we grew bored and went on our merry ways. Over the years, we had many run-ins with Old Joe. He didn't like us and we didn't like him. That was that.

After more than fifty years, the Janey Way Gang still gets together once in a while for a hotly contested game of poker. We play Texas Hold'em with a \$20 buy-in. We always bring lots of food and have a nice meal and some good conversation first. We retell stories of poker games and the other fun we had growing up on Janey Way. Then we play the game. Sometimes we win, sometimes we lose, but after all this time, this poker game is more about long held friendships than winning at cards.

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SAMPLE

### Rachel Wins Big



Rachel Avila played a significant role in her Tee Ball team win on Sunday, Jan. 17. Being a good teammate and strong hitter, Rachel hit a homerun in the third inning and scored in two runs. Mom, Dad, Grandpa Richard and Grandma Margo are so proud.

Know your neighbor

# Hughes Stadium: A 'horseshoe' full of memories

*Editor's Note: This is part two of a two-part series regarding the history of Land Park's Hughes Stadium. Read the whole story online at [www.valcomnews.com](http://www.valcomnews.com).*

By **LANCE ARMSTRONG**  
Land Park News Writer  
[lance@valcomnews.com](mailto:lance@valcomnews.com)

Following its Oct. 13, 1928 inaugural day event, which featured a pair of football games and a dedication ceremony, the horseshoe-shaped Sacramento Stadium – later known as Hughes Stadium – continued to prove its value as a community asset, as it attracted many fans of sports, live music and other events.

The Sacramento High football team returned to the stadium on Oct. 27, 1928 for a game against Lodi High after opening the long-awaited city venue with a 33-0 victory against Modesto High.

The first Thanksgiving Day football game at the stadium was played between the gridiron squad of San Mateo Junior College and the Sacramento Junior College (today's Sacramento City College) team, which beat the Santa Rosa Junior College team 24-6 in the second game of the stadium's opening day games.

A soccer game was first played at the stadium in about January 1929 and in May 1929, the Far West Conference Track Meet was held at the stadium. This latter event was perhaps the first of what would be many such events held at the stadium, including the National Junior Collegiate Track and Field Meet on May 27, 1939 and the 1968 U.S. Track and Field Championships.

On May 25, 1929, about 10,000 Sacramento schoolchildren participated in a historical pageant with "historical episodes of early California" and "many beautiful floats depicting early events of national fame."

By 1931, speedway motorcycle racing made its way to the stadium and remained extremely popular until the late 1940s.

Midget racing, featuring small racecars with high power-to-weight ratios, were also introduced to the stadium's track in the 1930s.

Tom Motter, author of Sacramento: Dirt Capital of the West, said that the stadium served as a very historically important motorsports venue. "Hughes Stadium's prominence in the whole auto racing

scheme of things came about probably because it was the only venue in the city that had the space to accommodate that kind of racing," Motter said. "Hughes Stadium, being the largest venue for any kind of event, drew a lot of large crowds for motor sports events. And its importance in midget racing can't be minimized, because it was the birthplace of midget auto racing (on June 4, 1933) and as such, it will always be at the heart of what we now know as modern-day midget auto racing."

Motorsport events, including track roadster racing, continued at the stadium until about the mid-1960s.

Other events held at the stadium during its earlier years included boxing, a circus, a religious event, a rodeo and high school and college commencements.

During World War II, SCC's campus served as a place to both educate and house soldiers as part of the Army Special Training Program and pilots were housed in tents on playing fields and in the stadium.

## Field of champions

One of the most popular and well-attended events at the stadium was the annual Turkey Day



Photo courtesy of SCC Special Collections

A large crowd observes an event at Hughes Stadium.

Game, a Thanksgiving holiday football matchup between Sacramento and McClatchy high schools, which was first held in 1937.

The 1945 game between these two schools marked the first time the stadium had been filled to its capacity.

The rivalry, which later became known as the Bell Game and was relocated to Hornet Field at Sacramento State, was discontinued after the 1975 game.

The two teams reunited for a special reunion Bell Game

at Hughes Stadium on Nov. 10, 2006. The game was won by the Sacramento High Dragons squad 52-20 before a crowd of 5,500 spectators.

Among the most notable parts of the stadium's history occurred from 1974 to 1976, as the venue was converted to host the home games of the new version of the Sacramento Solons Triple-A, minor league baseball team.

As a baseball venue, which drew 17,318 spectators for

See Hughes, page 7



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# Hughes: 'Stadium stands tall as one of the city's premier historic landmarks'

Continued from page 6

its inaugural game, the stadium was famous for its short, left field line, which allowed many normally routine fly ball outs to instead become home runs.

Like many of the Solons teams of the past, their fan support was often more impressive than their won-loss record.

The Solons, for instance, led the nation in minor league baseball attendance during the 1974 season, while finishing in last place.

Nonetheless, the fans enjoyed the highlights of their team, as well as a June 5, 1975 Solons-Milwaukee Brewers exhibition game, which featured a long home run by the legendary slugger Hank Aaron, who was playing for the Brewers at the time.

Unfortunately for the 1970s Solons, part of their time in Sacramento was plagued by the possibility that the historic stadium where they played their home games might be torn down and replaced with a new stadium, which would not accommodate the team's games.

Fortunately, for those who fought against the demolition of the old stadium, which was determined to not meet the Field Act earthquake safety standards for schools, a secondary plan was approved, as the stadium instead underwent a major renovation, beginning in 1977.

Nonetheless, the Solons were not victors with this alternative plan and were evicted and relocated to San Jose.

## Football frenzy

The renovation of the stadium, which is the oldest existing structure on the SCC campus, was timely in the sense that the venue was readied for its rededication ceremony at the same time that it was celebrating its 50th anniversary.

Midway through the Oct. 28, 1978 football game between Sacramento City College and Fresno City College, the rededication was held with Dr. Robert Lynch, the emcee and a member of the Board of Trustees, Greg Van Dusen, the stadium's manager, and Harry Devine, Jr., the project's architect.

The 1970s also brought the extremely popular Pig

Bowl between the local police and sheriff's departments to Hughes Stadium.

The first of these fundraising games, which was complimented with entertainment by the Capital Freelancers and marching bands from Kennedy and Elk Grove high schools, was held on Jan. 11, 1975 and drew only the third sellout crowd in the stadium's then 46-year history.

The Sacramento Police Department won the game 18-17 with a strong effort by the game's most valuable player Mike Schuering, who rushed for 148 yards. Schuering was also the MVP of Pig Bowls II, III, VI and VII.

Although the teams enjoyed competing for bragging rights between the departments, it was always considered that there were truly no losers in these games, since the games were played for charities.

Today, the game is no longer played at Hughes Stadium and since 2003, has been known as Guns and Hoses – a matchup between the local law enforcement Hogs and the local fire service Dogs.

Predating the Pig Bowl is the popular Holy Bowl football game, which celebrated a special anniversary with the 40th edition of the game last September.

Played annually at Hughes Stadium, the Holy Bowl pairs

the local Catholic educational institutions, Christian Brothers and Jesuit high schools.

Although Christian Brothers won last year's game 21-6 before a crowd of about 16,000 spectators, Jesuit leads the rivalry with 23 wins to Christian Brothers' 15 wins. The teams have also tied twice.

Many other football games have been played at the stadium, including Sacramento Capitals games of a long ago disbanded league, the Camellia Bowl college football games (1961-75 and 1980), San Francisco 49ers and Oakland Raiders NFL exhibition games and many prep and college games.

In 1991, Hughes Stadium was also home to the Sacramento Surge of the now defunct World League of American Football. The team won the league's World Bowl while playing at Hornet Stadium the following year, which was also the league's final year with American teams.

## A venue like no other

Also a rich part of the stadium's history is its former existence as a musical concert venue.

The stadium once drew big name rock and country acts such as Chuck Berry, Bo Did-


dley, Willie Nelson, Merle Haggard, the Eagles, Jefferson Airplane, Rod Stewart, Linda Ronstadt, Heart and Sammy Hagar.

An article in the Jan. 14, 1976 edition of Sacramento City College's newspaper, The Pony Express, noted that many people around the community had made complaints regarding extreme noise level disturbances and that under the then-present conditions, "it would be very inadvisable to hold future concerts at Hughes."

Concerts at the stadium continued for more than a decade following the publishing of this article, however, with the last of which, a Pink Floyd concert, being held on April 20, 1988.

The decline of events at the stadium also includes less prep games. The Sacramento Bee reported in 2008 that due to increasing per game costs, for the first time in the stadium's history, no high school team used Hughes Stadium as its home field.

Although it is no longer used as frequently as in years past, Hughes Stadium stands tall as one of the city's premier historic landmarks, where many memories were made that will surely not fade away anytime soon.



**Sacramento County Airport System**  
Executive Airport Master Plan  
Community Meeting and Open House

**DATE:** Thursday, April 8, 2010  
**TIME:** 6:00 - 7:30 p.m.  
**PLACE:** Pony Express Elementary School  
1250 56th Avenue (off S. Land Park Dr., north of Florin Rd.)

The public is invited to the final community meeting on the Executive Airport Master Plan hosted by the Sacramento County Airport System. At this community meeting the consultant team will present the Draft Final Plan and supporting documentation. The project team and airport staff will be on hand to answer questions and outline the remaining project schedule. There will be an additional opportunity to comment on the Final Master Plan when presented to the Sacramento County Board of Supervisors for conditional approval at a date yet to be scheduled.

The meeting facilities are accessible to persons with disabilities. Requests for interpreting services, assistive listening devices, or other considerations should be made through Project Manager George Munson at (916) 874-0767, no later than five working days prior to the meeting. To review documents for this meeting please visit [www.sacairports.org](http://www.sacairports.org) and click on "Executive Airport" and select "Master Plan."

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# A change of scenery: Man's journey from lawyer to artist

By **BENN HODAPP**  
Land Park News Writer  
benn@valcomnews.com

"I never got to appreciate what I saw before."

That is how Carmichael resident and photographer Richard Turner sums up his life before photography. It's not that he never went anywhere interesting; he detailed a seven-day span in which he traveled to a half dozen European countries for business during his 41 years as a lawyer. It's not that he was unable to see, it's that his job did not allow him to see.

"I didn't want any more calls or faxes or anything else," Turner said of a decision he made in 1998. "I told my wife I'd be back in a month. I drove through Idaho and Montana and took a camera along."

Turner wasn't experienced with photography when he left, nor had he ever had much interest during his years consumed with the legal process.

"I considered myself a pretty creative lawyer," he said slyly. "But I didn't know I had any artistic ability at all."

When he came back, he showed his pictures to a professional photographer, but the reception he got was not favorable. He was told that the pictures he had taken were terrible. Instead of letting this news get him down, he took to heart what he was told and dove deep into the art of photography.

At the conclusion of a three-month trial in 2005, Turner retired from practicing law (although he remains licensed to this day). His newfound freedom allowed him to finally see everything that surrounded him. And what caught his eye in the most profound way was nature.

"I can hardly even walk by a flower without stopping to look at it now," he said.

To say that photography and nature changed his life is one thing, but hearing his words on life after being in the law profession truly shows what a different path his life has taken.

"I learned that I don't want to miss the beauty of the world by being too busy," he said.

He had seen just about everything he could possibly see in law over those 41 years, but the life that he enjoys now never really got to play a part.

Turner said that 90 percent of his photography work is of nature. He specializes in high-impact color on flowers. To date he has sold 35,000 greeting cards that are sold all over Northern California including at the Crocker Art Museum. And while selling pieces is always a welcome event, it is the art itself that captivates him.

"Sharing (my photos) with people makes me happy," he said.

It would seem as though his photos make other people happy as well. Some of Turner's work now hangs in Mercy San Juan Hospital in Sacramento. Thirty-five photographers from all over Northern California en-

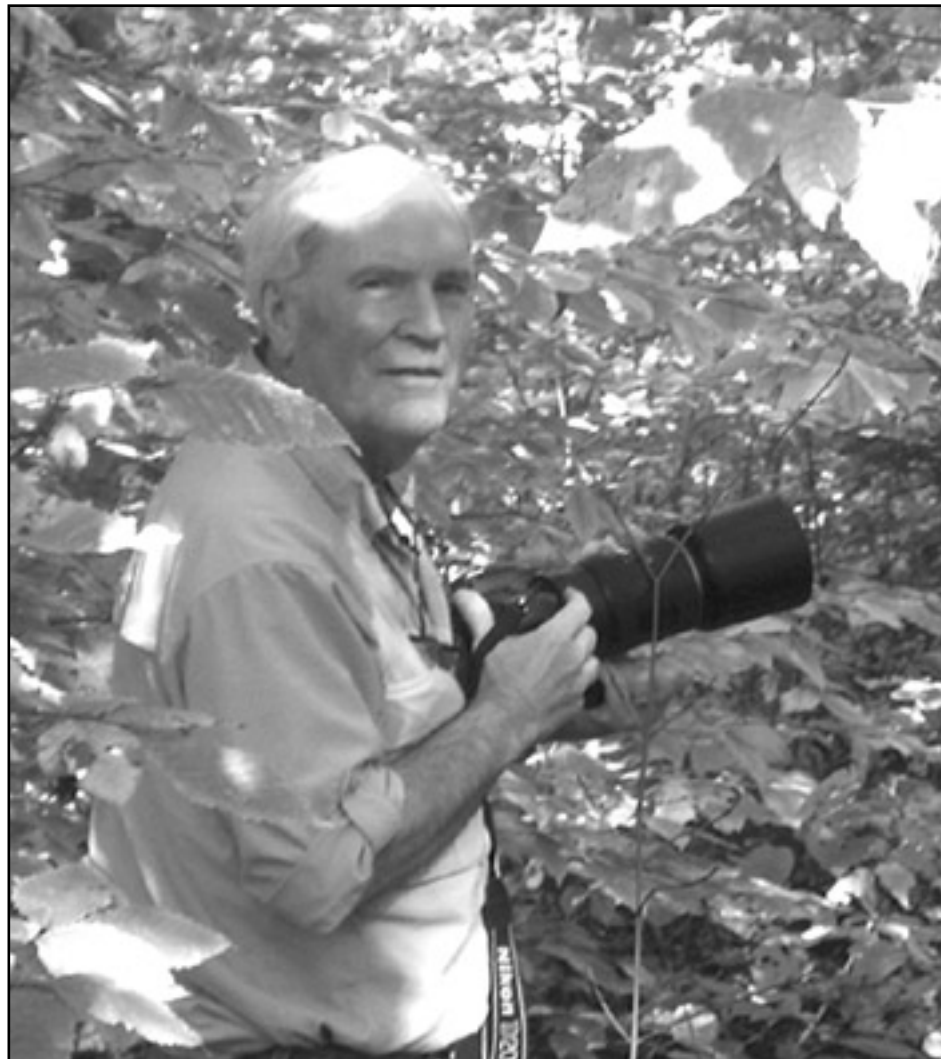


Photo courtesy Richard Turner  
Carmichael resident Richard Turner left his successful career as a lawyer to become a photographer.

tered a contest to see whose pieces would be chosen to adorn the walls. Currently there are 12 Turner original works on permanent display in the lobby as well as the connection between wings.

His colorful and vibrant works were considered ideal to put in a place for patients and their family members. Included is a five-by-

See Artist, page 9

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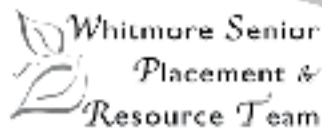
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# Artist: 'Pursue your passion. Good things will happen...'

Continued from page 8

three-foot Peace rose on canvas, which hangs on the wall across from the elevators.

## Special exhibit

Turner is also the co-chair of the Animal House Exhibit, which is showing now at the Sacramento Fine Arts Center at 5330-B Gibbons Dr. in Sacramento. It is an animal-themed show that is held once a year and covers a number of different types of art from photography to painting to sculpture to mixed media as well as a youth category.

This year, there were 210 entrants vying for the 100 available slots. According to Turner, the event boasts nationally renowned jurors and there is \$3,000 in cash prizes at stake. On Saturday, March 13, the event will hold its reception.

There will be painting demonstrations beginning at 2 p.m. Saturday, the Sacramento SPCA will be in attendance with dogs and cats that will be up for adoption at 3 p.m., and the reception itself starts at 5:30 and runs until 8:30 p.m. The reception concludes the show for this year.



Photo courtesy Richard Turner

"I can hardly even walk by a flower without stopping to look at it now," said photographer Richard Turner.

The show is open Tuesday through Friday from 11 a.m. to 3 p.m. and is open all day Saturday.

Turner is also starting a concert series at the Sacramento Fine Arts Center in which he will collaborate with both visual and performing artists to create what he calls "Art Song" by combining images with music. The series will hopefully be up and running by October of this year.

He will also have his works at the Sacramento Art Festival in October at the Sacramento Convention Center as well as

at the Blue Wing Gallery in Woodland in May 2011.

Being an artist can be a tough thing if it is what you do for a living. But Turner has a message for the struggling artist who wonders if it's worth it.

"Pursue your passion. Good things will happen if you do," he said. "Good things always happen. It might be money, it might not. But something good will happen."

For more about Turner and his work, visit his Web site at [www.rturnerphotography.com](http://www.rturnerphotography.com).

You and your teen

## Managing sibling rivalries

By STEVE DEBENEDETTI-EMANUEL

Land Park News Family Columnist  
steve@rivercitycounseling.com

Not long ago, I got a call from the parents of two adolescent girls. They were concerned because their younger daughter's grades had slipped significantly and her friends and behavior had changed drastically. They'd suspected that she'd begun using drugs, and after careful consideration made the choice to drug test her. When she tested positive they'd confronted her, and she admitted to smoking marijuana on a regular basis.

"Audrey" was about three minutes into her first session when she started sobbing as she told me about her older sister "Nancy." She was a top student and well loved by both peers and teachers. She also had a really nice boyfriend and had never gotten in trouble for much beyond breaking curfew by a few minutes.

It was clear that Audrey felt that Nancy was her parents' favorite. When they were out with friends and family, they'd highlight Nancy's successes. Although Audrey was extremely talented artistically and won awards at school and in local art contests, they'd say next to nothing about her accomplishments. Instead, they complained about her academic struggles and how they hoped she'd focus less on art and more on her "real" schoolwork. Over time, Audrey became jealous and resentful of her sister, and furious with her parents. It was at this point that she started smoking marijuana regularly.

As much as we'd like to think rivalries between siblings end about the time they graduate from their pull-ups, it's important for parents to realize that the competitions are alive and well during adolescence. Although it's impossible to prevent sibling rivalries altogether, parents can take steps to help minimize the negative effects of the struggles.

One vital step is to strive not to compare one teen's successes to another. If we focus on the skills and accomplishments of one child and give the other the message that they should work on developing the same skills, it's a set-up for ill will to develop between them. Had Audrey's parents complimented her for her accomplishments, rather than focusing on areas in which she wasn't as talented or successful as Nancy, Audrey's struggles could have been less severe.

It's also helpful to compliment your teen in public as frequently as possible. While she might roll her eyes and look uncomfortable, she'll eat-up the positive attention. Had Audrey felt that she, too, was a star in her parents' eyes, it's likely she wouldn't have been as affected by the positive attention they'd lavished upon Nancy.

Finally, spend quality one-on-one time outside your home with each of your teens. Let them know that they can speak freely about how they're feeling, and listen openly to the feedback you receive. Should they give specific examples of how they'd like to be treated differently, consider them carefully and make changes when possible. This would give them the message that their feelings are valid and important. It would also increase the likelihood that they'd be open to hearing about your concerns and following your suggestions.

Fortunately, Audrey's parents were receptive to my guidance and took steps to change how they treated her. They focused on celebrating Audrey for her artistic talents, rather than comparing her to her Nancy and criticizing her when she didn't match-up. This helped Audrey feel better, and the relationships with both her parents and sister improved significantly. Before long, she no longer felt the need to get high, and her grades started improving steadily.

Steve DeBenedetti-Emanuel is a licensed marriage and family therapist based in the Sacramento area. Steve's columns appear periodically in the Valley Community Newspapers. Ask Steve your questions – e-mail him at [steve@rivercitycounseling.com](mailto:steve@rivercitycounseling.com).



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Life after 50

## Age: More than a state of mind

By **DARBY PATTERSON**  
Land Park News Columnist  
darby@valcomnews.com

If you are over the age of 50 it's likely that you've been told the following; "Age is just a state of mind." I certainly was told that by my daughter when she was in her early 30s – like anyone in their 30s is an expert on age?

The truth about this assertion is a mixed bag of "yes" and "no." The state of one's mind certainly does affect how we feel. There are measurable differences in the health and well being of people who have positive vs. negative attitudes – at any age. When people are laughing, happy, energetic and optimistic the release of endorphins in the body increases. According to a paper presented to the American Physiological Society last year, stress hormones such as cortisol, epinephrine and dopac are reduced by as much as 70 percent under the influence of laughter. When these stressors are diminished, the immune system appears to benefit - leading to improved health.

It's important to note that regular aerobic exercise offers similar benefits. Clearly, being active, upbeat and involved with life offers benefits that support the "state of mind" theory. On the other hand, aging is also a purely physical state. Undeniable things happen with the passing years. After the age of 60 we get shorter – women lose more height than men. We gain weight in midlife and lose it in later years. Without compensating exercise, muscle strength diminishes, and both men and women can experience bone loss in the form of osteoporosis.

We also lose aerobic capacity over the decades. A 2005 study by a coalition of university researchers showed accelerated decline after the age of 40 – more profound in men than in women. However, according to UC geriatrician Michael McCloud, MD, physically active older people can actually have "greater aerobic capacity than young sedentary ones." That's good news because this is an area over which we have some control.

A bodily state that accompanies aging becomes most apparent in the skin. We get those wrinkles that are often more disturbing to females of the species than to men (who generally think they're gorgeous no matter what). I, for one, certainly never look down at myself in a reflective surface because I see a Shar Pei staring back. Interestingly, if we cared about the effect of time upon the epidermis and dermis while we were young, this is yet another aspect of aging which we may control. About 90 percent of damage to skin comes from the sun and not from the biological clock. It's time to tell our granddaughters about this!

There is a growing body of information about the real dynamics of aging and much of it comes from a study launched in 1958. The Baltimore Longitudinal Study of Aging followed more than 1,400 volunteers and examined multiple aspects of aging. The study continues to this day – providing valuable information never before available. Among the findings are some general conclusions that provide us with encouragement and a measure of hope for a healthy future: There is no master clock; chronological age isn't a good predictor of performance; there is significant individual variation, and lifestyle decisions (such as smoking, drinking alcohol in excess, a sedentary lifestyle and diet choices) have an observable influence on occurrence of disease, among other conclusions. According to Dr. McCloud, with normal aging, we should be able to live independently at least until the age of 100! That's because, outside of serious diseases such as cancer and Alzheimer's, there is a lot that's within our control. The good doctor is fond of say "hardly anyone dies of old age."

Special commentary

## Making a case for shopping at the Sacramento Farmers' Markets

By **JENEKA SANFORD**  
Land Park News Writer  
jeneka@valcomnews.com

It took traveling to Cuba and Kauai, and marveling at what the farmers' markets there had to offer to make me realize just what I might be missing back home. Sure enough, once I went to the farmers' market here in Sac-

ramento, I never looked back.

The farmers' market is held every Sunday from 8 a.m. to noon under the freeway at 8th and X streets, and boasts a plentiful array of seasonal fruits and vegetables, as well as vendors selling freshly baked bread,

eggs, cheese, flowers, tortillas, meats, poultry and seafood, and many other items.

With the price of food increasingly going up, and the local economy struggling due to the recession, the Certified Farmers' Markets of Sacramento County offer a solution to both: pay less for your groceries while supporting your local economy. But it doesn't stop there: About half of the vendors there offer organic produce, often at a much better price than local stores. And perhaps the most convincing argument of all: eating both locally grown food and what's in season helps to cut down on carbon emissions. Produce imports and exports add a huge debt to our carbon footprint because of the amount of jet fuel it takes to keep up this endless cycle of international produce shipments. So shopping at the farmers' market means going green, too, and most people even

See Market, page 11

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# Market: 'A strategy that will keep grocery money in the neighborhood'

Continued from page 10

bring their own reusable shopping bags.

At the moment, artichokes, asparagus, mushrooms, all kinds of citrus fruit, kiwis, and rainbow kale are all in season, among several other items. Produce items change by the season, but the cheese, bread, egg, olive oil and organic meat vendors are there year round.

## Touring the market

On a recent Sunday morning, there with my friend Becca Popham, I asked her what she loved about it. She said, "My trip to the farmers market has become a Sunday ritual. The variety is endless: organically raised meat, seasonal fruits and vegetables, flowers for my table, free-range eggs. My favorites right now are the many varieties of daffodils and mandarin oranges. You can even find locally made tortillas – garlic and butter tortillas are my favorite – and fresh bread. The big bonus – everything is fresh

and grown or raised close to home. I love that my money goes directly to the hard-working farmers!"

Barbara Kingsolver, prolific writer and gardener extraordinaire, expounded further on this subject in her most recent book, "Animal, Vegetable, Miracle." She wrote: "Concentrating on local foods is a strategy that will keep grocery money in the neighborhood, where it gets recycled into your own school system, and local businesses. The green spaces surrounding your town stay green, and farmers who live nearby get to grow more food next year, for you."

But enough about the politics involved in this debate. Chances are, in the fast-paced lives we lead, not everyone can make it to the farmers' market every week, and most people need to supplement whatever they buy at the local supermarket, which is fine. When asking people why they shopped at the farm-



Photo by Robert Ossa

Rebecca Popham buys daffodils from Joy Farm Flowers at the farmers' market on W Street, near Southside Park.

er's market, there was one answer that everyone had in common: the freshness of the fruits and vegetables, often picked that very morning, and the taste. Because this produce didn't have to travel or stay pre-

served for a long length of time, it's just fresher, and tastes better.

If you're not convinced yet, taste heirloom tomatoes in the summer time at the farmers' market, and compare it to a hothouse

tomato. The hothouse tomato is mealy and flavorless. The heirloom tomato at the farmers' market tastes like sunshine. Have I convinced you yet? If not, go and see for yourself. You won't be disappointed.

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Neighbors keep an eye out

# Police help local neighborhoods organize against crime

By ART GERMAN  
Land Park News Writer  
reporter@valcomnews.com

The half-mile-long South area neighborhood bounded by South Land Park Drive, Fordham Way and 43rd and 47th Avenues was developed as a middle-income subdivision more than a half-century ago, but residents are finally getting together to organizing their first Neighborhood Watch program to combat a recent outbreak of break-ins and burglaries.

The effort was first launched by Rita Levy, a manager in the state Housing and Community Development Department, after her home was burglarized last December.

"It was a bad time for a lot of people," Levy recalled. Homes were targets because of the Christmas gifts they contained at a time when the economy was at the height of last year's recession."

During a neighborhood get-together during the holiday season, Levy met Joe Zaniker, a self-employed Internet entrepreneur, whose home was down the block and across the street. Their conversation came around to the neighborhood break-ins, and Zaniker said that he also had been making inquiries about organizing a Neighborhood Watch program. Levy and Zaniker de-

ecided to combine their efforts, and work together to get the neighborhood program together.

As for me, my wife and I have lived on this same block for more than 40 years, and had almost forgotten a time when my wife and I had once been victimized, back in the 1970s. The event was not one of my finest hours. I awakened one morning to discover that the garage door had been left open all night, and further investigation revealed that a number of items were no longer with us – a tool bench, several archaic manual typewriters, and a lawn mower among the departed articles. I was so ashamed of my carelessness that I didn't call the police at that time to report the theft and the property lost, an oversight that we have now learned is frowned upon by the law enforcement community.

That knowledge was brought to my attention at the first meeting of our developing Neighborhood Watch program when it was held on March 16 at the Freeport Branch police station on Freeport Boulevard and 35th Avenue.

Recent Sacramento residents may not be aware that the police station occupies a one-time upscale shopping mall that was the scene a major air disaster in 1972 when a jet plane leav-

ing an air show at the Executive Airport across Freeport Boulevard failed to leave the ground and smashed into a Farrell's ice cream parlor on the southeast corner of the building. Fourteen persons, many of them children enjoying an ice-cream party, died in the fiery explosion.

The old Crossroads shopping center, as it was called, never recovered from the air disaster, but the site has achieved community prominence once again during recent years as a branch station for the city police department.

Some 30 of us from our block gathered there when the newly-organized community Neighborhood Watch group met for an orientation meeting with city police members. On hand were police Sgt. Matt Young and community service officers Katherine Hutchison and Holly Kinney. Among our visiting group were several new residents whom I was meeting for the first time along with old-timers whom I'd known for many years—David Warren, Al Ballingat and Clarence Smith, among them.

Sgt. Young welcomed us and called on us to be aware of what's happening in the neighborhood, especially looking for suspicious activities involving persons who are strangers in the area. Actual

crimes, such as the burglary that long ago happened in my garage, should be brought to the attention of police by phoning 264-5471. During recent months, Young said, several of these sightings have been reported in our area and have resulted in arrests.

Young also stressed the importance of keeping lights on in the home and surrounding area at night, along with leaving a radio that is audible turned on when there is no one at home. Valuables such as jewelry and precious metals should be kept in a safe location such as a bank vault. Those planning vacations away from home should ask neighbors to keep an eye on the property and to pick up newspapers and mail rather than have these services stopped – if this course of ac-

tion is feasible for the neighbors involved.

Young, along with CSOs Hutchison and Kinney, also endorsed equipping the home with a burglar alarm system that emits a loud noise when the residence is entered. Dogs, along with their other virtues, were praised for their value in making noise and discouraging burglaries.

Among the new homeowners' neighborhood watch, leaders Levy and Zaniker said plans will continue to involve more residents in the program. Levy said the new program will have its own e-mail address by which contact can be made with her or Zaniker. Another community gathering to fine-tune the program further is being planned for late April or early May, Levy said.

## Riverside Wesleyan Church

6449 Riverside Blvd.

916-391-9845

### Easter Worship Services

Sunday, April 4

Sunrise Service at 6:30 AM

Easter Sunday Fellowship Breakfast

After Sunrise Service

Community Worship Service

At 10:30 AM

\*\*Invite your Friends and Family\*\*

## Parkside Community Church United Church of Christ

### Holy Week Services

**Palm Sunday, March 28, 10:30am:**

Palms commemorate Jesus' welcome into Jerusalem, Chancel choir will perform selections from "Godspell"

**Maundy Thursday, April 1, 6:30pm:**

A Simple Soup Supper and Candlelight Service featuring a special drama presentation.

**Good Friday, April 2, 12 noon:**

Parkside will hold ecumenical services featuring a special drama presentation.

**Easter Sunday, April 4, 10:30am:**

Celebrate Christ's resurrection with special music. A canned tuna & colored egg hunt will follow the service.

**Holy Humor Sunday, April 11, 10:30am:**

A wacky service that continues Easter's resurrection joy.

Parkside offers an ongoing Bible Study on Sundays at 9am and a weekly Sunday service at 10:30am. Child care is available.

5700 South Land Park Dr • 916-421-0492 • www.parksideucc.org

## Centennial United Methodist Church *A Church That Embraces Diversity*

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9:30 am



Easter  
Egg  
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10:00 am

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11:30 am - Fellowship Time

6:00 pm - The Journey (Praise Worship)

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Fairytale Town Spring Eggstravaganza is April 3-4

# Celebrate spring with egg hunts, puppet shows, and hands-on arts activities

Special to The Land Park News

Hop down the bunny trail with Peter Cottontail and celebrate spring with family at friends at Fairytale Town's annual Spring Eggstravaganza. The event is set for Saturday and Sunday, April 3 and 4 from 11 a.m. to 3 p.m., and offers egg hunts, puppet shows, hands-on arts activities - and photos with the big rabbit himself.

Egg Hunts will be held promptly at 12 p.m., 1 p.m., and 2 p.m. each day and guests are encouraged to bring a basket for collecting eggs. The Egg Hunts are separated by age groups. Children three and under will hunt on the main lawn in front of the Mother Goose Stage, ages four to six will find eggs in the Pooh Corner, and those ages seven to 12 will track eggs behind King Arthur's Castle! Each child will return their eggs to Mr. McGregor's Garden to receive a prize - no matter how few or how many eggs they find! (This activity is included in park admission.)

After the Egg Hunts, guests are invited to the Children's Theater to see the puppet show, Bunny Boot Camp. The zany comedy includes heroic characters, devious villains, and mad-cap chase scenes. The puppet show is also a safe place to give a child their first experience seeing live theater, and helps build interest in stories and reading. Most activities for the Spring Eggstravaganza event are included in paid park admission. Tickets for Puppet Art Theater performances are an additional \$1 for members, \$2 for nonmembers, with showtimes at 12:30 p.m., 1:30 p.m. and 2:30 p.m.

After seeing a show, head on over to the Mother Goose Stage where you can take a photo with the Big Bunny of the season (\$5 additional charge), or participate in a variety of age-appropriate spring art activities, which you can take home as a souvenir.

"Springtime is beautiful at Fairytale Town," says Executive Director Kathy Fleming. "The flowers are blooming,



the squirrels are active, and a family of ducks usually drops in for a visit to our menagerie of barnyard animals. And with so many other fun activities, it's a great time for a family to visit here - and create memories!"

Fairytale Town is open 9 a.m. to 4 p.m. daily (weather permitting), and event activities take place from 11 a.m. to 3 p.m. Park admission is \$4.50 per person, ages 3 and up. Children 2 and under are free of charge.

For more information, please call (916) 808-7462 or visit our Web site at [www.fairytaletown.org](http://www.fairytaletown.org).



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Sweet soul of Land Park

# Freeport Bakery is much more than a neighborhood bakery

By LANCE ARMSTRONG  
Land Park News Writer  
lance@valcomnews.com

For a quarter century, Land Park's Freeport Bakery has been a source for bringing many smiles to many faces through quality baked goods. And during this time, the bakery has expanded and attracted customers from far beyond the local neighborhood.

On a daily basis, it is not uncommon to see people at the bakery from such places as Woodland, Davis, Elk Grove, Stockton, Natomas, Roseville, Folsom and even a few from the Bay Area.

Just last month, for instance, West Sacramento resident Malia Novak was visiting the bakery, as she so often had in the past.

Novak, who discovered the bakery in 1990, shared her love for the business's quality products and services.

"I found out about the bakery through a (former) co-worker who lives off of 4th Avenue," Novak said. "I first came here for the pastries. They also did my wedding cake. It was great. It was a chocolate cake with the black chocolate on the outside and marzipan on the inside. Everybody who came to my wedding just loved (the cake). It was a beautiful cake, plus it was delicious. I would definitely recommend this bakery to others, because they're the best bakery in Sacramento and they're also reasonable."

At the time of Novak's introduction to the bakery, which is located at 2966 Freeport Blvd., the business was still in its transitional stage as it had yet to double in size under its second owners, Walter and Marlene Goetzeler.

## The right ingredients

Marlene, who was raised in Chicago, said that much effort was made to



Freeport Bakery owners Walter and Marlene Goetzeler hold one of their specialty Valentine's Day mini cakes. The bakery offers different mini cakes for various holidays.

improve and expand the bakery, which she began operating with her husband 22 years ago.

"When we bought the business, there were seven employees and now we have close to 50," Marlene said. "We only used to have half the building and the other side (of the building) had a business, called The Radio Place (at 2964 Freeport Blvd.), and they sold CBs when CBs were popular."

Freeport Bakery expanded its operations within the old CB store space in 1991.

Marlene added that the offerings at the bakery have also grown immensely, since its early days when it was solely a cake and pastry business. And even the amount of cakes and pastries available at the bakery has widely expanded.

The bakery's selection of cakes, for instance, is so extensive that the cakes

are featured in a foldout menu, which includes such offerings as the Chocolate Decadence (truffle-like flourless cake topped off with a generous amount of whipped cream), the Fruit Basket Cake (three layers of buttermilk cake with fresh strawberries, bananas and whipped cream) and the Seville Marnier (orange poppy seed

See Bakery, page 17

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Land Park News Photo/Lance Armstrong

Elizabeth Velasco decorates a cake at Freeport Bakery.



Land Park News Photo/Lance Armstrong

Jesse Simpson and Ramiza Markulin work together to create one of the bakery's many specialties.

## Bakery: 'The people who work here are very pleasant, know you by name'

Continued from page 16

cake drizzled with Grand Marnier, layered with chocolate whipped cream and frosted with whipped ganache).

The Goetzlers also introduced bread to the bakery. These breads include: nine-grain, chala (sweet egg bread), baguettes, rolls, brioche and french breads.

The bakery also offers holiday-themed mini cakes and a variety of cookies, including chocolate chip, shortbread and triple chocolate cookies.

Marlene said that the bakery places much emphasis in using fresh, high quality ingredients and when possible, the business purchases local products.

### Bakery and community

Although the Goetzlers had never owned a bakery until acquiring Freeport Bakery, Walter, who was born in southern Bavaria, near the Austrian border, said that he grew up around bakeries.

"We were kind of like a bakery family," said Walter, who moved to the United States when he was 22 years old. "My grandfather was a baker, my grandmother came from the bakery (background) and they had a bakery and then I have several uncles who have bakeries in Germany. And I worked in a small bakery out in the countryside (in Germany) that was owned by my mom and my dad (Afra and Hans Goetzler)."

Because of his love for baking, Goetzler, who lived with Marlene in San Diego prior to moving to Sacramento, decided he would like to own a bakery.

After failed efforts to establish a bakery in San Diego, the Goetzlers discovered that Freeport Bakery was for sale while visiting with their friends in Sacramento.

Marlene recently shared her memories of acquiring Freeport Bakery.

"The bakery had been going for about three years before we came along," Marlene said. "It was owned by (Land Park native) Richard Kuchman and (his then-wife, Andrea). They started the bakery and we bought it from them. We first saw the bakery listed in the newspaper

in May 1987 and by (the following) August, we owned it."

Marlene said that part of the secret to the bakery's success and longevity has been its ability to hire dedicated employees, who work at the business for many years.

Currently, Freeport Bakery has six employees who have worked at this local establishment for 15 years or more. They are: Carol Clevenger, Lien Doan, Jeannine Klock, Valentina Lapik, Ann Mueller and Elizabeth Velasco.

And naturally, with experienced workers and quality bakery goods, the business continues to attract repeat customers on a daily basis.

Marlene said that the bakery survives off repeat customers, noting that about 70

percent of the business's customers are repeat customers.

One such customer is Land Park resident Ben Parisi, who has been purchasing pastries at the bakery since its early years.

When asked to describe why he likes the bakery, Parisi said, "The people who work here are very pleasant and they know you by name. It's in a friendly neighborhood and they have great (baked goods). I love the bear claws, definitely the bear claws, and also the blueberry bran muffins and carrot cake. And when pump-

kin pie comes around, I'll go through one a week. I'm very impressed with their food and you find items here that you don't find at other places. It's just a really great bakery."

### Visiting the bakery

Freeport Bakery is open Mondays through Fridays from 7 a.m. to 6:30 p.m., Saturdays from 7 a.m. to 5:30 p.m. and Sundays from 8 a.m. to 3 p.m.

For additional information about this business, call (916) 442-4256 or visit the Web site [www.freeportbakery.com](http://www.freeportbakery.com).

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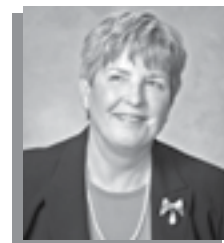
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Faces and places

## Buddhist Church Spring Food Festival

The Adult Buddhist Association and Buddhist Women's Association of the Sacramento Buddhist Church hosted their annual spring food festival March 14 at 2401 Riverside Blvd. in their church social hall. This event is the "little brother" of the Annual Buddhist Church Bazaar held each summer in August. The Spring Food Festi-

val is much smaller, but provides attendees the opportunity to sample a variety of Japanese dishes such as maki, inari and chirashi sushi, teriyaki, udon, salads and sandwiches, and pastries.

*Photos by Land Park News photographer Noah Winn.*



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Pieces of the past

# Fueling a legacy: Enos Service Station was Pocket's place for gasoline

By LANCE ARMSTRONG  
Land Park News Writer  
lance@valcomnews.com

The Riverside-Pocket area is certainly rich with history and among the earlier stories of this area is the history of the Frank Enos Service Station.

Opening in about 1921 on 3.7 acres of property purchased by Frank Enos, Jr. from Frank George on the levee side of Riverside Road (now Riverside Boulevard) near 35th Avenue, the business was the only service station between Y Street (today's Broadway) and the town of Freeport.

In its early years, the service station was essential to many people in the area who had transitioned from horse and buggies and surreys to Model Ts and other early automobiles.

Like many people in the area at the time, Frank Enos was of Portuguese heritage,

as his father, also Frank Enos, was born in Pico, Azores Islands, Portugal.

## From slough to service station

Frank Enos, Jr. (who for the remainder of this story will simply be referred to as Frank) was born in 1872 on his father's 27-acre ranch, adjacent to Babel Slough in Freeport in the area that is now known as Clarksburg.

Following the death of his father, Frank, along with his brother Joe, inherited his family's ranch.

In about 1890, Joe purchased his brother's portion of the ranch and the two brothers opened Enos Bros. Grocery on the northwest corner of 10th and O streets.

A few years later, Frank purchased Joe's percentage of the business and moved the business to the northwest corner of 4th and L streets, where Macy's de-



Photo courtesy of PHCS  
Louie Enos stands next to a gasoline pump during the late 1920s at the Frank Enos Service Station, which was the only service station in the area south of Y Street (today's Broadway).

partment store is located today.

With this move, a bar was added to the business, which was renamed Frank Enos Grocery Store and Bar.

Occasionally during this era, other bars were also connected to grocery stores, including the Portuguese businesses, the Da Rosa grocery store on Riverside Road and the Souza grocery store on Freeport Road in the town of Freeport.

While operating his grocery store and bar

in 1897, Frank married Philomena "Minnie" Brown, the daughter of prominent Freeport resident John Joaquim "King" Brown, who also had two sons - John, who was a guard at the Bank of Italy (later Bank of America) at 6th and K streets, and Manuel, who was the captain of the dredger, Argyle.

The newlyweds moved into their newly purchased home at 2419 L St., where they resided until

they moved to Riverside in 1913.

It was in this year that Frank purchased the property where the service station was built and opened about eight years later.

The property also included the family's new home - a small, white, two-story, c. 1910, wood-frame house.

The service station, which was referred to by many local residents as "Frank Enos'

See Enos, page 23

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# Enos: 'Those were very special times, but the area has changed...'

Continued from page 22

gas station," originally included three pumps, which provided regular and ethyl gasoline. The station was later downsized to include only two pumps.

In addition to offering gasoline, the station included large scales, which were used to weigh horse-drawn wagons and small trucks with loads of hay and produce that were shipped out on boxcars on Front Street, near today's Sacramento History Museum in Old Sacramento.

## People, property and petrol

Pocket native Dolores (Silva) Greenslate recalled a very early story relating to the Frank Enos Service Station.

"In about 1923, my father (Victor Silva), who at the time worked in dredging around Sutter Bypass raising the levels of the existing Sacramento River levees, upon leaving for work in the Riverside area, discovered his Model T Ford truck was low on gas," Greenslate said. "Frank Enos' gas station was not yet opened for morning business, so he pushed his little truck up Riverside Road to Y Street in order to buy gas from Ed Fortado's gas station, which was the next closest station. It is hard to believe that he had the strength to push the truck over the Sutterville Road hill and still had strength enough to push it about another mile to Y Street. I knew he was very strong, but I didn't know he was that strong."

Greenslate said that Frank was a very kind man who would have gladly been awoken to assist her father to accommodate him on his way to work.

She added that her father, however, would not have wanted to inconvenience Frank at that pre-dawn hour.

"My father was a very polite and classy man," Greenslate said.

Greenslate further described Frank, referring to him as a "short, wiry man, who was mild-mannered and kind-hearted."

Eventually, two of Frank's three sons, Alfred and Louis "Louie" Enos, regularly assisted him with various service station duties, including pumping gas, changing oil and changing tubes in tires.

Louie later worked as a junior high school teacher, including his time at California Junior High School at 2991 Land Park Drive at Vallejo Way, where he was a substitute English teacher during the 1930s.

Ironically, Greenslate, who attended California Junior High School from 1935 to 1937, was one of Louie's students.

## Fueled legacy

Although the Frank Enos Service Station was closed in 1940 and Frank and Minnie passed away in the early 1960s, the Enos presence in the area continued after this time, as Alfred, who was a lifelong bachelor, had a house built on his property at 5720 Riverside Blvd. Alfred resided in this small, stucco, single-story house, which still stands today, until at least 1982.

Greenslate said that the site of the old service station, which is located near Interstate 5, represents one of the



Photo courtesy of PHCS

Frank Enos, Jr. (left) stands alongside his son, Melvin Enos, at the Frank Enos Service Station during the late 1920s.



Photo courtesy of PHCS

Alfred Enos poses at a gasoline pump in the late 1920s at the Frank Enos Service Station. In the background stand Jake Buckley and Evelyn "Toodie" Lewis, near what is most likely Buckley's automobile.

historic landmarks of a much changed Riverside-Pocket area.

"I experienced the last of the horse-drawn wagons and surreys going up and down Riverside Road and then we had Frank Enos' gas station, which was the beginning of automobiles common-

ly traveling along Riverside Road. (The station) is part of my many memorable childhood recollections, as we always stopped by (the station) before we went any place and my parents would talk to Frank while getting their gas. It was just one of the notable

places that I remember being in the area, which also included my grandmother's house and other farmhouses and farmlands. Those were very special times, but the area has changed drastically since these days and is obviously a much different place today."

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From left: Wes, Ted, and Henry

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# CALENDAR

## GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail [ryanrose@valcomnews.com](mailto:ryanrose@valcomnews.com). Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place an advertisement.

## MARCH

### Gardening Classes

Classes are four hours (10 a.m. to 2:30 p.m. with a 30 minute break for lunch included in fee) on either of the days given and are held at the house, address below. Cost per person, per class is \$40 or both classes for \$70. Reservations should be sent, with payment, to: Robert Hamm, 1689 Vallarta Cicle, Sacramento CA 95834. First come first served, as all classes have limited availability. For more info email me or call. Gardening in Sacramento – A class for people new to Sacramento Gardening – Tuesday, March 16 or Saturday, March 20; second class is Plant Propagation for Home Gardeners on Tuesday, March 30 or Saturday, April 3.

### March Benefit Plant Sales

Plant sales at the Gifted Gardener through March 2010: March 13-14, and March 27-28. All of the sales will be in the covered parking area on 18th St, behind the store at 18th and J Streets. Sales rain or shine. Hours will be 10 a.m. to 4 p.m.

### Short Story Contest

Open to ages 16 and older. \$5 entry fee. Please make checks payable to Friends of the Elk Grove Library. Deadline for entries is 5 p.m., Saturday, April 3, 2010. Entries may be fiction or non-fiction and not longer than 1,000 words. Manuscript must be typed and double-spaced. Final word count to be written at

the top of the title page. Name, address, phone number, email address and story title to be written on a 3x5 card and attached to the entry. Do not put your name on the manuscript. Winners will receive cash awards. First place-\$100 Second place-\$75 Third place-\$50. Awards will be presented at the Elk Grove Library Writer's Workshop, April 17, from 10 a.m. until 2 p.m. Submissions will not be returned. Mail or bring your manuscript to Elk Grove Library Short Story Contest, 8900 Elk Grove Blvd., Elk Grove, CA 95624.

## MARCH 27

### Land Park Egg Hunt

Held Saturday, March 27 from 9 a.m. to 10:30 a.m. near Riverside Boulevard between 12th and 13th avenues. Ages 0-3, 4-6, 7-9 and 10-plus. Presented by the LPCA and the city of Sacramento, the hunt begins at 10 a.m. sharp. Bring your own basket. Enjoy music, games, face painting and photos with the Easter Bunny. Free admission. Awards for best hats at 9:30 a.m.

## MARCH 27-28

### Chamber Music Society event

The Chamber Music Society of Sacramento invites you to a concert featuring the return of Philip Myers, horn soloist with the New York Philharmonic, and Gwendolyn Mock, a popular pianist. Performances will include a Beethoven Horn Sonata, a duo for violin and piano by St. Saens, and Horn Trios by Syde-man and Brahms. Saturday, March 27, 7:30 p.m. at Bet Haverim Synagogue in Davis; Sunday, March 28, 7:30 p.m. at the Sac State Capistrano Hall's music recital auditorium, off State University Drive West in Sacramento. Tickets \$20-24. Details at [www.cmssacto.org](http://www.cmssacto.org).

### Spring Sale at McKinley Park

Held March 27-28 from 9 a.m. to 4 p.m. at Shepard Garden and Arts Center at McKinley Park. An extraordinary variety of plants for sale in time for Spring planting. Lots of hand-crafted accessories for the garden. Wonderful hand-crafted gift items. "Recycled" books and tools for the garden. Food and beverages will be available.

## Benefit Plant Sale

The first week of spring and The Benefit Plant Sale benefiting the kids of Sunburst Projects living with HIV/AIDS will be on March 27th & 28th, 10am to 4 pm both days in the covered parking area on 18th St, behind the Gifted Gardener at 18th and W. A huge assortment of perennials will be available including many new, unusual and hard to find varieties. Several new 2010 introductions will be available. For further information contact Mr. Hamm at 916- 943-6183

## APRIL

### German Language and Cultural Classes

German Language and Cultural classes for adults and children offered at Central United Methodist Church 5265 H Street (H & 53rd) spring sessions beginning April 5, 2010. For information call 916 488-7922 or [www.irmgardschlenker.com](http://www.irmgardschlenker.com).

### The Savvy Caregiver

Based on research by experts, this new 6-week course from the Alzheimer's Association will provide clinical-level training for family caregivers. The program provides over 12-hours of face-to-face training with dementia experts, a caregiver manual and CD-ROM. Six consecutive Tuesdays: April 6, 13, 20 and May 4, 11, and 18. 10 a.m. to 12 p.m., ACC Park City, 7375 Park City Dr. For a limited time, this \$75 course is being offered for free. Transportation and respite expenses can be covered by a grant. Please inquire. Pre-registration required by April 1. To register, please call Denise Davis at 916-930-9080 or e-mail at [Denise.Davis@alznoncal.org](mailto:Denise.Davis@alznoncal.org).

### Easter services

Greenhaven Lutheran Church and Angels Nest Pre-school, located at 475 Florin Rd. at Gloria Drive, is holding religious Easter services on April 1, at 7 p.m. for Maundy Thursday Services; April 2, at 7 p.m. for Good Friday Service; April 4, at 10 a.m. for Easter Sunday Services; and a free Easter brunch at 8:30 a.m. For more information, call 428-8449.

## APRIL 2

### California Writers Club

The California Writers Club's Writer's Network meeting on April 2 at 9 a.m. at IHOP Restaurant, 2216 Sunrise Blvd. in Rancho Cordova just north of Hwy. 50 will present Elva Anson, MA, MFT, author of five books and a number of articles, speaking on "A Writing Wonderland." Guests welcome. For more information, call (916) 944-3185.

## APRIL 2-3

### CalPERS hosts retirement fairs

A free retirement planning fair for members of the California Public Employees Retirement System (CalPERS) is scheduled April 2-3 (Friday and Saturday) at the Sacramento Convention Center, 1400 J Street. The fair will begin both days at 9 a.m., and end at 4 p.m. on Friday, and 3 p.m. on Saturday. CalPERS members include all state and classified public school employees, and municipal employees in Sacramento, Davis, Woodland, and Folsom; employees of El Dorado, Placer, Nevada, Sutter, Yolo, and Yuba counties; and employees of the Sacramento Municipal Utility District and the Sacramento Metropolitan Fire District. Sacramento State University employees are also CalPERS members. CalPERS members who attend the fairs will receive information on CalPERS benefits, programs, and services that help them plan for a more secure retirement. Retirees will receive information on how to better manage and preserve their retirement assets. For more information about CalPERS, visit [www.calpers.ca.gov](http://www.calpers.ca.gov).

## APRIL 5

### German Language and Cultural Classes

German Language and Cultural classes for adults and children offered at Central United Methodist Church, 5265 H St. (H & 53rd) spring sessions beginning April 5. For information call 916 488-7922 or [www.irmgardschlenker.com](http://www.irmgardschlenker.com).

## APRIL 7

### Poetry Reading

Held from 6:00 - 7:30 p.m. at the Sacramento Public Library, 828 I St., the Sacramento Poetry Center will hold a poetry reading in the Sacramento Room on the first Wednesday of each month. April's offering features three poet-publishers: Robert Grossklau of Polymer Grove Press, Brad Buchanan of Roan Press and Kathy Kieth of Rattlesnake Press. They will read their poems and also talk about their local publishing ventures. Street parking is free after 6 pm. For more info: 916-264-2920 or [www.saclibrary.org](http://www.saclibrary.org)

## APRIL 8

### Computer club meeting

The Mission Oaks Computer Club will meet on Thursday, April 8, 2010 from 1:00 PM to 3:00 PM at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. The meeting topic will be "Computer Networking", presented by Adam Lacey of Applications, Etc. Adam will lead a problem solving clinic immediately following the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our website at [www.missionoakscomputerclub.org](http://www.missionoakscomputerclub.org).

## APRIL 8-11

### Brundibar, a Holocaust-Era Opera

On April 8-11, 2010, the Sacramento Children's Chorus with support from the Sacramento Opera will perform Brundibár, the internationally acclaimed 1938 children's opera. Musical accompaniment will be provided by the Sacramento Youth Symphony. The production will be held at the Hiram Johnson High School theatre, 6879 14th Ave., with four public performances and two matinee performances to accommodate school field trips. The final Sunday public performance will be held on Holocaust Remembrance Day (Yom HaShoah), April 11, 2010. The opera will be sung in English and accompanied by English super titles. Tickets are \$15 for adults and \$10 for students.

## APRIL 9

### Cultural Events Fair

The Cultural Events Fair takes place at McClatchy High School located on Freeport Boulevard on April 9 from 3:15 to 5:15 pm. It is a fair offered to students in the HISP Program (Humanities and International Studies program) as a way to learn about different cultures outside the classroom. There are workshops held all over the campus. They include Sushi making, Painting in Pastels, Photography, Fencing, Drumming, Acupuncture, Belly Dancing to name a few. There are between 14 and 16 workshops. Most presenters are business and professional people from the area and they do both lectures, labs and hands-on. Usually they bring colorful and interesting props such as real fencing gear, food ingredients, posters, costumes etc. The event is highly spirited and positive and very well received among the students, parents and teachers.

## APRIL 10

### Sewing Garage Sale

Held Saturday, April 10, 2010, 9:30 a.m. to 1:00 p.m., North Highlands Community Center, 6040 Watt Avenue, Sacramento. Sponsor: Sacramento Chapter, American Sewing Guild. Admission: Free, open to the public. Highlights: The sale includes hundreds of yards of quality and bargain fabric sold at \$1 to a few dollars per yard. Also for sale are sewing notions and equipment, craft items, sewing patterns, books and magazines. Sewing items may be donated to the sale or made available for sale - see the contact information below. Coffee and baked goods will be available for purchase. For more information contact: Ellen Alexander, (530) 432-5477, [1dande2@comcast.net](mailto:1dande2@comcast.net).

### "Art for MS"

The event is from 5 to 9 p.m. at Fe Gallery, 1100 65th St. Please join former mayor Heather Fargo for "Art for MS" a Silent Art Auction and Raffle to benefit for Multiple Sclerosis at Fe Gallery, 1100 65th Street, Sacramento. Your support will bring awareness to our community and make a difference to those living with Multiple sclerosis. Enjoy demonstrations of blacksmithing, glass blowing, portrait drawing, best in the show awards and much more. Please join us for this worthy and enjoyable event. Call 916.456.4455 or visit [www.fegallery.com](http://www.fegallery.com) <<http://www.fegallery.com/>> for more information and updates about "Art for MS."

### Free E-waste Collection

A fundraiser for The Didion Forum, the event is Saturday, April 10 from 9 a.m.-1 p.m. at Genevieve Didion K-8 School, West Parking Lot, 6490 Harmon Dr. They will accept: monitors, televisions, desktop and notebook PCs, VCRs, stereo equipment, speakers, keyboards, mice, PDAs, digital cameras, zip drives, telephones, small kitchen equipment (blenders, toasters, etc.), cell phones, printers, copiers, laser and multifunction scanners and fax machines. Simply arrive between 9:00 a.m. - 1:00 p.m. the day of the event! They will unload your E-Waste for you and generate money for our school. Questions? Contact, Tim Gergen, Forum Vice President, at [tgergen@yahoo.com](mailto:tgergen@yahoo.com).

### Rummage Sale and Pancake Breakfast

Held at Sutterville Elementary School, 4967 Monterey Way, the Rummage Sale is 7:30 a.m. to 2:00 p.m. and the Pancake Breakfast is 7:00 a.m. to 11:00 a.m. A preview story would also be great (if news is slow). Your hook could be the school district's budget crisis. Our PTA is doing all it can to raise money, because we know even more services are going to be cut. We already pay for a music teacher and an art teacher at our school along with various assemblies. Thanks so much! If you need more information, you can reach me at [therobbiebug@sbcglobal.net](mailto:therobbiebug@sbcglobal.net) or 456-4331.

### Jensen Garden Workday

Friends of the Jensen Botanical Garden hold garden work days one Saturday of every month from 9 a.m. to 1 p.m. The next workday is Saturday, April 10, 2010. Bring work gloves, hand pruners and your lunch. Come join with other volunteers to keep the garden beautiful all year. Next workdays in 2010 are 5/8, 6/5, 7/10, 8/7, 9/11, 10/9, 11/6, 12/4. The Jensen Garden is located at 8520 Fair Oaks Blvd. in Carmichael. For more info: Tracy Kerth (916) 485-5322 ex23 or email [tracy@carmichaelpark.com](mailto:tracy@carmichaelpark.com).

### Jensen Botanical Garden Plant Sale

The Friends of the Jensen Botanical Garden will hold a plant sale, Saturday, April 10 from 9 a.m. to 12 p.m. at the Jensen Garden located at 8520 Fair Oaks Blvd. in Carmichael. Ferns, succulents among many other plants available. All proceeds will benefit the restoration of the Jensen Botanical Garden. Come early for the best selection to get your spring planting off to a great start! For more info: Virginia Sturdevant (916) 488-2006.

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Funded in part by the Sacramento Cultural Arts Benefit Program of the Sacramento Metropolitan Arts Commission with support from the City and County of Sacramento.



## E-waste recycling event in Pocket

Free e-waste collection fundraiser for The Didion Forum. Event is Saturday, April 10 from 9 a.m.- 1 p.m. at Genevieve Didion K-8 School, the West Parking Lot, 6490 Harmon Dr. Simply arrive between 9:00 a.m. - 1:00 p.m. the day of the event! We will unload your E-Waste for you and generate money for the school. They will accept: monitors, televisions, desktop and notebook PCs, VCRs, stereo equipment, speakers, keyboards, mice, PDAs, digital cameras, zip drives, telephones, small kitchen equipment (blenders, toasters, etc.), cell phones, printers, copiers, laser and multifunction scanners and fax machines.

## APRIL 10-11

### Benefit plant sale to send kids to camp

The Benefit Plant Sale on April 10th & 11th will benefit Sunburst Projects Camp program, giving kids with HIV/AIDS a chance to go to camp and get away from the day to day stresses of dealing with the disease. The Plant Sale will be Saturday and Sunday, April 10-11 from 10 a.m. to 4 p.m. in the covered parking area on 18th St, behind The Gifted Gardener at 18th & J Streets. One of the largest selections of perennials of the year will be at the sale, with such hard to find items as Aconitum(Monkshood), Wood Poppy, As-tilbe, Agastache, and over 200 other varieties available, including a number of 2010 introductions (Echinacea and Crocopsis varieties ) not yet in local nurseries. Donations for the kids will also be accepted, with cash receipts available for tax purposes. For more information on Sunburst, go to www.sunburstprojects.org or call Jennifer at (916) 440-0889 ext 301. For more info on the plant sales, call Mr. Hamm, the sale organizer at (916) 943-6183 or email him at gardennotes@sbcglobal.net.

## APRIL 14

### Genealogical Society meeting

Root Cellar - Sacramento Genealogical Society - membership meeting Wednesday April 14, 2010, 7pm - 8:30pm, Citrus Heights Community Clubhouse 6921 Sylvan Road, Citrus Heights. Guest speaker Joel Weintraub will present "Getting Ready for the 1940 Census". Free, visitors welcome.

Details about the speaker and Root Cellar at www.rootcellar.org or contact Sammie Hudgens (916) 481-4930.

## APRIL 17

### Holy Spirit Parish charity shred event

Holy Spirit Parish, 3159 Land Park Drive is having a Shred Event on Saturday April 17, 2010 from 9 a.m. to 12 noon in the church parking lot. This is an opportunity for the Sacramento Community to support the needy through the St. Vincent de Paul Society. \$10.00 a file box donation.

### Sacramento & California History Tour

Let history entertain you on this Saturday morning tour at the Sacramento Historic City Cemetery! Informative and entertaining, this tour led by Bill Mahan, retired educator and historian, is an opportunity to learn about Sacramento and California history while our beautiful garden cemetery is in full bloom. The tour commences at 10 am from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. Held under the auspices of the City of Sacramento Division of History & Science, the Old City Cemetery Committee, Inc. presents this tour as a public service. For tour information, please call (916) 448-0811. Tours are free though donations for the restoration of the cemetery are gravely needed and greatly appreciated.

### Open Garden

Experience the splendor of heritage roses in a unique 19th century setting! The Sacramento Historic Rose Garden will be in full bloom for the annual Open Garden Event, Saturday April 17 from 9:30 a.m. to 2:00 p.m. The Open Garden will feature free tours of the beautiful gardens located within the Sacramento Historic City Cemetery, 10th and Broadway, Sacramento, California. The sale of rooted rose cuttings and snacks and a raffle will raise funds for the maintenance of the gardens.

### Artists open studio tour

Visit the studios of artists of the Sacramento Fine Arts Center, Saturday, April 17, 10 a.m.-5 p.m. See how artists set up their

work space and supplies. Artists will have their artworks on display and some will demonstrate how they work. Participating artists: Diana Holt, Phyllis Eymann, Marie Dixon, Jackie Keller, Joan McMurray, Rhonda Egan, Malihah Bartomomeo, Kathy Young Ross, Sheila Jacobs, Gretchen Ryan, Jack Warren, Skip Lee, Kenneth Potter, Dianne Mattar, Paula Lloyd. Get a map for the studio tour at the Sacramento Fine Arts Center, 5330-B Gibbons Drive, Carmichael, CA, \$10 donation. All proceeds benefit the programs offered at the center. For information call Joan McMurray, 916-966-8910 or 916-971-3713.

## APRIL 21

### Genealogical meeting

The Genealogical Association of Sacramento (G.A.S.) will have its April meeting at the Colonial Heights Library (4799 Stockton Blvd) on Wed. April 21 at 1 p.m. Due to the remodeling at Belle Cooleedge Library we will hold our meetings at Colonial Heights Library through June. April 21, Sandra Harris speaking on "When Was That Picture Taken" at Colonial Heights. Sandra is a professional photographer who conducts genealogy research for her personal family and for people all over the U.S., Canada, Scotland, Ireland, New Zealand and Australia. She has found that clothing may not be the best indicator of the time frame a picture may have been taken.

## APRIL 24

### E-waste Recycling

Saturday April 24 from 9 a.m. to 5 p.m. at 6207 Riverside Blvd at the Cabana Club North in Greenhaven - All residents and businesses are invited to help the Sacramento Stingrays Swim Team by donating their E-Waste (PCs, Monitors, Televisions, Notebooks, Small Electronic Equipment, Printers, Copiers, Fax Machines etc.) Please come to drop off your unwanted E-Waste but please no Microwaves, chemicals, batteries or other non e-waste items. Help the planet and help the Sacramento Stingrays too. The more TV's, Monitor's and PCs the better. For more information, please call Rob at (916) 549-7404.

### "Our Life Stories"

"Our Life Stories," a cross-generational writers' conference sponsored by Hart Senior Center and Cosumnes River College (CRC) takes place on Saturday, April 24 from 8:00

a.m. to 4:30 p.m. at the CRC campus. Key-note speaker is Albert Garcia, a nationally recognized poet and Dean of the Language & Literature Division at Sacramento City College. Workshops on autobiographical narrative, memoir, poetry and publishing will be led by locally and nationally recognized experts. The conference is designed for adults 50 years and older who are writing or interested in writing their life story, however, aspiring writers of any age are welcome. Registration fee is \$30 and includes lunch. Space is limited so register early. For more information, call the Hart Center at (916) 808-5462 or visit the website www.hart-crcwritersconference.org.

### Free poetry program

A free program of poetry readings and a panel discussion featuring three acclaimed local poets will be held at the Arden-Dimick Library, 891 Watt Ave. Sacramento, on Saturday April 24 at 2 p.m. The event, sponsored by the Friends of the Arden-Dimick Library, is part of the celebration of National Poetry Month. Participating poets will be Kathleen Lynch, author of "Hinge", Indigo Moore, author of two collections, "Tap Root" and "Through the Stonecutter's Window," and Sacramento's current Poet Laureate, Bob Stanley, whose chapbook "Walt Whitman Orders a Cheeseburger" has just been published by Rattlesnake Press. For further information, call (916) 264-2920.

### Treasure or Trash?

Insure it or toss it? Antique experts will help you decide. Event held at Trinity Lutheran Church, 1500 27th St., April 24 from 11 a.m. to 3 p.m. Suggested donation \$8 per item or \$35 for 5 items. Call 505-5232 for more information. Proceeds to benefit Welcome Home Housing: a non-profit that provides housing to adults with mental illness.

## Compton's Market Food and Wine event

Compton's Market, 4065 McKinley Blvd., is holding a Neighborhood BBQ and Wine Tasting event on Saturday, April 24, 11 a.m. to 5 p.m. There will be food, wine, live music, raffles, and a laptop giveaway. Five percent of the store sales will go to Theodore Judah Music and Arts Program. For more information (916) 731-4304 .

## 1906 Earthquake Response Re-enactment

Experience Living History Day and relive the 1906 San Francisco Earthquake, Saturday, April 24, 10:30 a.m. to 3:00 p.m. at the California State Capitol, 10th and L Streets. Step back in time at the California State Capitol and witness volunteers and staff of the Capitol Museum costumed in the attire of the period re-enacting scenes in response to one of America's greatest disasters - the 1906 San Francisco earthquake and fire. Guided tours run every 15 minutes from 10:30 a.m. to 3:00 p.m. This glimpse into turn-of-the-20th Century California history is free for everyone. For more information, call (916) 324-0333.

## Boy Scouts' e-waste recycling event

Go green with Boy Scouts - recycle your e-waste for free. Bring your old computers, TVs and other e-waste. The Boy Scouts and CEAR will recycle it safely. The event is Saturday, April 24, from 9 a.m. to 1 p.m. 6241 Fair Oaks Blvd. in Carmichael (shopping center parking lot between Waffle Barn and Walgreens, south of Marconi). Questions? Want to arrange a pick-up (if you have big items or you're a business)? Contact: ponyexpress@surewest.net. Recycling proceeds help Pony Express Friends of Scouting (helping all Scouts in our District); and Troops 386 and 215.

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Good Friday Liturgy.....April 2, 7:30pm

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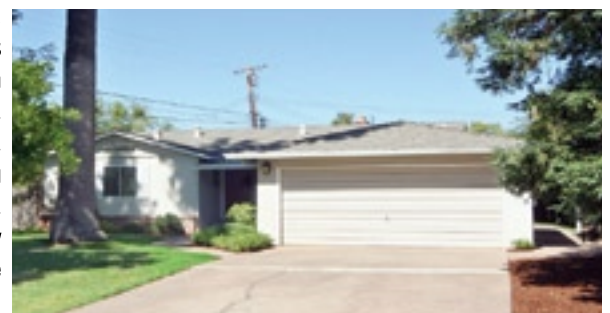
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## GARDEN OF THE GODS!



# Sacred Heart Church is rich with architectural, spiritual, social history

By LANCE ARMSTRONG  
Land Park News Writer  
lance@valcomnews.com

Among East Sacramento's most renowned architectural structures is the Sacred Heart Church at 3860 J St., where for eight decades, many lo-

cal residents have come to gain spiritual guidance, while making many lifelong friends along the way.

Just last week, for instance, longtime Sacred Heart Church members Carolyn Granucci and Bev Geremia met with the East Sacramen-

to News to discuss their many memories of the church, its influence in their lives and the friendships they have made during this time.

Geremia expressed her gratitude for the local Catholic church, its parish school and the many people, including Granucci, who she has made longtime friends with through her membership in the church.

"I've definitely made a lot of friendships over the years and our family has made a lot of friendships (through the church)," Geremia said. "Many of my children's best friends are from their days at Sacred Heart School and through the church. It's just that kind of a place."

Granucci echoed Geremia's words and added that although many of her closest childhood friends from Sa-

cred Heart School, as well as the church, moved away from Sacramento many years ago, various reunions have proven that these friendships remain extremely strong.

"We can go many years without seeing each other and then when we get together, we pick up right where we left off, like we were never apart," said Granucci, a lifelong member of the church who attended Sacred Heart School from 1944 to 1953.

The many stories of close friendships and spiritual ties among the church's parishioners date back to the establishment of the church in 1931.

### Parish people

In 1922, noting that there was a need for a permanent parish church in East Sacra-

mento, Bishop Patrick Keane, who served as the third Catholic bishop of the Diocese of Sacramento from 1922 to 1928, purchased the property where the church would later be built.

Following the Oct. 6, 1929 death of the parish's first pastor, the Rev. Philip Brady, Bishop Robert J. Armstrong appointed the Rev. Michael L. Lyons to serve as Brady's successor. Lyons began these duties on Sunday, Dec. 1, 1929.

The following year, Lyons, who decided that the time was right for the construction of permanent parish buildings in East Sacramento, consulted Armstrong, who recommended that a church and priest offices be constructed on the 39th and J streets

See Sacred Heart, page 27



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# Sacred Heart: 'This sacred space is so much more than great architectural beauty'

Continued from page 26

property that Keane had purchased.

Although the topic of constructing a parish school in East Sacramento was also discussed around this time, the idea was temporarily abandoned due to the inability to secure teachers.

The parish was fortunate to have the talented architect Harry J. Devine, among its members during its early years.

Devine, who had previously designed other churches in Northern California, was commissioned to create the plans for the new church and the offices and residence of the priests.

By November 1930, the plans were completed and William C. Keating was selected as the project's general contractor.

Despite their quality, fine craftsmanship and many details, the new, \$139,000 church buildings were constructed in a considerably short period of time.

Within a month after the plans were completed, work began at the 39th and J streets site, which had previously been home to the two-story East Sacramento Public School building, which was later briefly used by Christian Brothers High School students and faculty during the construction of the high school's new campus at

21st and Y (now Broadway) streets.

## Expanding the faith

The cornerstone of the church was laid on Sunday, March 15, 1930 and about four months later, the priests' residence and offices were completed and being utilized by the priests, who had been living in a rented residence at 3801 H St.

To the delight of members of the parish, the lead, front page headline of the Sunday, Sept. 13, 1931 edition of The Register, the official newspaper of the Diocese of Sacramento, read: "New Sacramento church to be dedicated Sunday (Sept. 13)."

During this special, dedication day, Bishop Armstrong blessed the Church of the Sacred Heart of Jesus, which had been known as St. Stephen's Church at its original site.

The name, St. Stephen's Church, was used by the parish for its temporary church structure on the 39th and I streets property that had been purchased by Brady, who had believed it would be too expensive to have parish buildings constructed at the 39th and J streets site.

This name change resulted through a petition requesting that the church be dedicated to the "Sacred Heart."

The petition was signed by about 500 parishioners and presented by the Women of

the Altar Society of St. Stephen's.

Permission to change the church's name was later granted by Bishop Armstrong.

The small, square, temporary church building, which held its first Mass on Feb. 7, 1926, had received its name upon the request of Ellen Bowden, who provided funds for the development of the church and whose father and brother were both named Stephen.

## Classic design

The Sacred Heart Church, which was designed in the fashion of a church in Ireland, is known for its brick architecture, decorative terra cotta, high, domed ceiling and many other details, which include 22 stained glass windows, 16 paintings, which include a series depicting the crucifixion of Christ, five large statues and 12 chandeliers.

Seven of the stained glass windows were imported from Ireland in the spring of 1932.

The church also includes a pair of altars, 72 wooden pews and 10 large marble pillars, which support a dozen archways on the south end of the church.

Early events in the church included the first wedding –

the marriage of Mary O'Brien to Adam Charles Goetz – on Sept. 18, 1931 and the first confirmation on March 30, 1932.

In 1934, with the assistance of the Sisters of Mercy, Lyons helped develop the parish's Sacred Heart School, which initially served first through fourth grade students. By the fall of 1936, the school included eight grades.

The school, which is located at 3933 I St., began with 60 students, who met in four temporary classrooms within the old St. Stephens Church building.

A "permanent" school was built in 1945 and has since lost its "permanent" status, as a new Sacred Heart School is being constructed across the street from the current school. The new school is scheduled to open in September.

The church's current pastor, Monsignor Robert P. Walton, said that the church's elementary school is an integral part of the parish's history.

"It's difficult to separate the church's history from the school's history," Walton said. "Sacred Heart Church is synonymous with the parish school."

Jeanne Winnick Brennan, a spokesperson for Sacred

Heart Church, said that the opening of the new school is a great accomplishment in today's world.

"The school is so rooted in this community that it is getting a new (school site and buildings) and that's an unusual situation when many schools are closing," Brennan said. "So, that's a lot to be thankful for."

The forthcoming school opening will undoubtedly begin one more important chapter in the parish's extensive history, which began 84 years ago.

This history includes the celebration of the Sacred Heart Church's 75th anniversary in 2006.

During this celebration's Feast of Sacred Heart Mass, Monsignor Walton summarized the church's importance to many people in the community in a very fitting fashion.

"This sacred space is so much more than great architectural beauty, magnificent, stained glass windows, inspiring space and liturgical appointments. It is filled with living memories of people... who have called Sacred Heart Church their spiritual home, and for many of you, for most of your lives."

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This statement with the information it contains is given with the understanding that all negotiations relating to the purchase or leasing of the property described above shall be conducted through this office. The above information while not guaranteed has been secured from sources we believe to be reliable.



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**PATTY BAETA 806-7761**

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