THE LAND PARK NEWS

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Marty Relles presents 'Janey Way Memories'

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The woman behind Pocket's Gloria Drive

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Celebrated Sacto matriarch turns 95

Sacramento native Merle Cale celebrated her 95th birthday with about 300 friends and family members at the VFW Hall on Stockton Boulevard on May 29. Cale, a 1933 graduate of Sacramento High School, said that she is looking forward to celebrating her next big party as a centenarian.

- Information and photo provided by Land Park News writer Lance Armstrong.

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Sutterville Elementary School struggles to keep library open

By ELIZABETH VALENTE Land Park News Writer elizabeth@valcomnews.com

As many Sacramento school districts grapple with steep budget cuts, one cut that will affect everyone in the whole Greater Sacramento Area is the elimination of school library jobs. Sutterville Elementary, a school in the Sacramento Unified School District, located in Land Park off of Monterey Way, is one school forced to face the issue.

The SCUSD has already laid off three Sutterville teachers. Now with the cut of their only part time librarian, Principal Lori Aoun says trimming the library budget position is one of several grim, budget-axing decisions they have made in recent weeks. She adds the loss will affect not just her K-6th grade students, but also the entire community.

"One of the strategic plans that Superintendant Jonathan Raymond has proposed is to make schools into community centers," explained Aoun. "The plan is to keep our facilities open on the weekends, evenings, and holidays so that kids and families can come and visit. This is supposed to include the library."

For the past several months, Principal Aoun and parents from the PTA have been scrambling to find ways to raise at least \$7,000 to keep the part time librarian at the school until the end of the year.

"Our librarian barely works three days a week for a couple of hours a day," Aoun said. "There are not enough hours in the day to do the job we're asking her to do, like shelving, be a resource for the students, and inventory. At least, not in the way it should be done."

In the meantime, teachers and volunteer parents, like Jody Hansen, will try to fill the gap in the library.

"There's a tremendous value in children going to the school library, like reading a book, learning about authors, and doing their homework," Hansen said. "I spend maybe an hour or two a week shelving books and keeping the library door open during lunchtime so students can come in and read."

Student achievement

More than 570 Sutterville students take turn throughout

the year to cram into the trailer-size library. Librarians say years of research have shown well-stocked libraries staffed by certified librarians are linked to student achievement.

"Libraries are becoming more critical because some of our families are struggling financially and they come to the library with their child to enjoy a good story and share a learning experience with them at no cost," explained Aoun. "When you talk about the achievement gap between some of our students who are living in poverty, the library plays an important piece in getting kids access to more books."

Some librarians worry that with the explosion of the Internet, there is a perception libraries and librarians are obsolete. But librarians will be the first to argue that they run literacy programs, teach research and technology skills and help students navigate the web.

"When they made the cuts they didn't take into account how important the library is for budding learners," said Aoun. "Our librarian is our best resource. Yes, we can go online to look for things, but the librarian can point you in a different direction and help guide you."

Budget cuts affect public libraries

Last month the Natomas Unified School District closed all eight of its elementary school libraries to overcome a \$17.3 million deficit. Elk Grove Unified also made cuts to their library program. As community school libraries are closing, the 27 Sacramento Public Library locations are



Land Park News Photo/Elizabeth Valente

Students Andrew Summerell, Milan Knupynath, Faye Taylor, Rachel Fernandez, Massimo Giurannini, Aidan Hensley and Monique Meadows reading at the Sutterville Elementary School library.

becoming increasingly busier. Library staff members are doing all they can to serve students' and educators' needs.

"School libraries provide a critical service to students and educators that public libraries cannot completely fulfill when a school library is closed," said Sarah Dentan, manager of Youth Services, Sacramento Public Library. "However, the Sacramento Public Library is doing all we can to support the students and educators impacted by underfunded and closed school libraries."

Library hours

The California Department of Education reports that the average number of hours that a California school library is open to students is 28 hours per week. Seventy-six percent of school libraries reported being open during breaks, 71 percent during lunch, and 61 percent before school. Only 10 percent of schools reported having the library available during summer school.

As of June 17, the Sutterville school library will be closed for the summer. This gives administrators and concerned parents less than three months to raise funds to bring back a part time librarian and increase the number of library volunteers before school starts again on September 7.

In the meantime, Sacramento Public Library offers students access to online tutors and a staffed writing lab via our Homework Help Now! program available through the library's web site (1:00 p.m. to 10 p.m., 7 days per week). All of this is accessible with the student's library card number.

For more information on how to donate to the Sutter-ville Elementary School Library, contact the administration office at (916) 277-6693.



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Oto's Marketplace fills unique void in Land Park, capital region

By LANCE ARMSTRONG Land Park News Writer lance@valcomnews.com

It has been three years since a new structure was built at 4990 Freeport Blvd. and the community was introduced to a unique business, Oto's Marketplace.

The predecessor to this family-owned grocery business had been located in a smaller, rented structure at 5770 Freeport Blvd. at Fruitridge Road and was known as Oto's Japan Food. But the business expanded to its new location and although it offers many of its former items, it also features a variety of newer items.

And the store's name is more fitting, since the business's focus expands beyond the realm of Japanese foods and includes Thai, Korean and Chinese foods.

The store's general manager, Russell Oto, who owns the business with his father Ted, mother Mollie, brother Michael and sister Florence,

emphasized the uniqueness of the store in the capital city.

"Our store is unique to Sacramento, because it's not your average Asian grocery store," Russell said. "We specialize in quality produce, fish and meats that you won't find in any other Asian store. These include: Wagyu Kobe beef and sushi-grade fish and a complete Sake section."

One-of-a-kind store

The store also features a wide variety all-natural meat, a diverse produce section with many in-season local fruits and vegetables and a \$1.50 per item Daiso variety section.

Another attraction of Oto's is its popular take-out section, which includes Japanese-style lunches boxes with teriyaki chicken, teriyaki salmon and other fish and barbecue pork. These boxes range in price from about \$4.25 to about \$12.

Russell recommends his business to the entire community, including those who are



Land Park News Photo/Lance Armstrong

Oto's Marketplace at 4990 Freeport Blvd. specializes in Japanese foods and also offers a variety of other Asian foods.

interested in purchasing recipe items for Japanese dishes.

"If you have a Japanese recipe, we probably have all of the

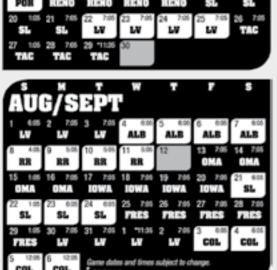
ingredients you would need to create your dish," Russell said. "I would also recommend coming in and checking out our store just to be adventurous, because we have so many things that you wouldn't find anywhere else."

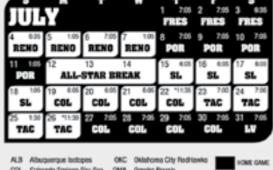
And of course, Russell is not the only person who recommends his store to others, as many of Oto's customers enjoy sharing why they enjoy shopping at this store.

South Sacramento resident Emily Stewart said that she is

See Oto's, page 7







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Oto's Marketplace includes a diverse produce section with many in-season, local fruits and vegetables.

Oto's: 'I always dreamed of having a store to leave behind to my kids'

one of the store's most dedicated customers.

"I love it here," Stewart said. "I come here almost every day. You can get all kinds of Japanese food over here and these are people you can trust. They are real nice. And the store tests the food that they sell and they either say, "This is good" or "This is not good."

Elk Grove resident Mai Nakamoto said that she used to place special orders with her vacationing friends until she discovered Oto's.

There are a lot of things that you can't get (elsewhere in Sacramento), like my favorite thing here is the coconut syrup," Nakamoto said. "I used to have people load up on coconut syrup for me when they were coming back from Hawaii, but then I found they have it here. Also, my kids love the sushi and the fresh meat counter."

Customers also appreciate the business's employees, who include grocery manager Steve Jung, Aki Kushido, a produce man with more than 50 years of experience, Ray Yamamoto of the sushi department, and cashiers Debbie Wong and Eri Taniguchi, who is the only employee fluent in Japanese.

Origins of Oto's

The roots of the business reach further than the family's former Freeport Boulevard location, which was located in the Corti Bros. Cort Yard back in the days when Corti Bros. Italian grocery store had multiple locations.

Ted Oto, 83, who grew up in Walnut Grove and graduated from Courtland High School, became a butcher during the 1940s.

Russell, who graduated from Kennedy High School in 1975, said that his father began his training to become a butcher following World War

"Back then, (Japanese immigrants and their families) were put into internment camps," Russell said. "After that, (Ted) couldn't come back to the West Coast, so he went to Chicago and learned butchering as a trade and then (eventually) came back (to the West Coast) and started a business. So, he's a butcher as a tradesman."

This training paid off for Ted, as he operated a meat market inside Carl and Theodore Ferderer's Vina Vista Market at 5452 14th Ave. during the 1960s.

By about 1968, Ted began working at the 1912 Fruitridge Road location of the Food Center, which was under the ownership of Ted L. Kamezaki.

Inside this store, he operated his business, which he called Ted's Meats, for about the following 16

In about 1985, the aforementioned Oto's Japan Foods was established and began to build its steady clientele.

Despite Oto's Japan Food's popularity, which included some customers who traveled from as far away as the Bay Area to shop at the store, Russell said that the location of the business was never exactly ideal.

We had no identity (there) and unless people knew where we were, it was hard for people to find us," Russell said. "So, when the opportunity to purchase this land (where the current store is located) arose, we took it."

Russell said that his family had made various attempts to rent the building prior to this purchase, but was never able to make such an agreement.

The building originally housed the Land Park Station of the U.S. Post

Office and by the 1970s was the site of an Elaine Powers Figure Salon.

It later became home to a Living Well Lady Fitness Center before sitting vacant until the time that the site was purchased by the Oto fam-

Following various delays, the Otos began the process of constructing their own grocery store building.

The result of this endeavor was a unique business, which Russell said is attracting more customers on a dai-

And for Ted, whose parents, Shizuko and Shigeko Oto, emigrated from Japan in the late 1800s, the store is a dream come true.

"I always dreamed of having a store to leave behind to my kids one day and I finally have that," Ted said.

About Oto's

Oto's Marketplace is open Mondays through Saturdays from 9 a.m. to 7 p.m. and Sundays from 10 a.m. to 6

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Local man honored for dedication to Boy Scouts org

By ART GERMAN Land Park News Writer reporter@valcomnews.com

Long-time Hollywood Park area Boy Scout leader Frank Palmer shared center stage late last month with Sacramento financial advisor/TV commentator Kelly Brothers at a Centennial Report to the Community breakfast sponsored by the Golden Empire Council of the Boy Scouts of America.

With Scouting in the midst of its centennial year, the breakfast, held at the Marriott-Cal Expo hotel, honored Palmer for his 60 years of service to the Scouting program. But the focus quickly switched to the economy and money problems facing the nation – and Sacramento city and county in particular – after keynote speaker

Brothers stepped up to the rostrum.

"We all need to be financially literate," said Brothers. "If you're not knowledgeable about what is happening, then fear takes over."

He indicated that he is optimistic that current uncertainty and distress in financial markets throughout the world eventually will be overcome, but when it comes to California, "I'm not so bullish."

A diversified program of debt reduction to deal with the state's money woes is needed, Brothers added. He described the lack of agreement among the top players in the State Capitol during many months of unstable market conditions as "frightening."

Brothers noted that people tend to live beyond their

See Boy Souts, page 9



Long-time Hollywood Park area Boy Scout leader Frank Palmer shared center stage with Sacramento financial advisor/TV commentator Kelly Brothers at a Centennial Report to the Community breakfast sponsored by the Golden Empire Council of the Boy Scouts of America.

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Boy Scouts: The 'Be Prepared' watchword of the Boy Scouts is not shared

means, enjoying new electronic devices, eating out frequently and engaging in other so-called middle class pursuits whether they can afford them or not.

"But when people get greedy, I get frightened," he added.

Brothers, who grew up in Sacramento, attended Jesuit High School and was a Boy Scout in his youth, is well known on the local scene as a former anchorman for KCRA-Channel 3 and columnist for Sacramento Magazine.

Married and with four small children at home, he said he decided to get into a new line of work several years ago by finding employment with a regular daytime schedule. Three years ago, he became a partner with Genovese Burford and Brothers, a local financial services firm. But he said he still keeps his hand on local television as a daily KCRA morning commentator on the day's stock market trends and other financial

"I enjoy finance and dealing with numbers and the psychology of numbers," he said. Noting that the "Be Prepared" watchword of the Boy Scouts seemingly is not shared by all Amer-

icans, Brothers added that "many of us are living longer and are unprepared" by living beyond their means and falling into long-term debt. Plunging into debt with no thought of long-term consequences among a big segment of the population has been a basic cause of the nation's current money woes,

Frank Palmer recognized

Honoree Palmer, who was featured in this newspaper last March for his Boy Scout activities over the years, was praised for his six decades of Boy Scout commitment by President Rebecca Mesker, program chair Linda Lopez and other speakers representing the Golden Empire Council. Palmer has

amassed a large collection of Boy Scout memorabilia that he keeps at his home in Hollywood Park and puts on display regularly at various sites around the area.

Mesker and several other speakers representing the River City District of the Golden Empire Council reviewed the past year's activ-

Currently, it was reported, 526 Cub Scouts and 73 Venturers and Sea Scouts are represented in 65 units that serve West Sacramento, Pocket, South Sacramento, East Sacramento and the Downtown and Midtown areas. More than 800 adult leaders contribute thousands of hours of their time to Scouting.

Five questions with Noah Winn

Meet Carla Martin, RN

By NOAH WINN Land Park News Writer noah@valcomnews.com

NOAH WINN: Your feet must be killing you. Do they have specially made shoes for nurses? Do you get a contract from Nike or Reebok when you sign on to become a

CARLA MARTIN, registered nurse at Mercy Hospital East Sacramento: "No, but they should (she laughs). I am on my feet all day and I prefer

NW: How long have you been a nurse? And what was the craziest thing you have seen working as nurse?

the Nike Shox. They should really give us shoe contracts."

CM: "I have been a nurse since 1992 (Nurse Carla worked in Texas, Oklahoma and in Sacramento). I have seen a lot of crazy things, some I can't have you print, but when I was a nurse in Oklahoma, I always would see the 'Bubbas' come in with gunshot wounds because when the 'Bubbas' were

drunk and cleaning their guns they forgot to unload them, and BOOOM! They shoot their leg or arm. I have seen a lot of those types of wounds."

NW: I have much respect for nurses, I have been in the hospital a few times myself and a good nurse can make your day. Let's say you have a bad day, what do you do to lift your spirits up to help the patient?

CM: "I am a pretty up-beat person; I rarely have a bad day. I am so thankful just to come into work and help out the patients. Sometimes, when I help a patient, and he or she tells me thank you or they give that special look on their face, that makes me have a better day to help out other patients."

NW: Nurses rarely have time to eat or have a break, when you do, if you're in East Sacramento, where do you go? CM: "We don't have any time whatsoever. But when we do, I can't get enough of the '\$5 footlongs' at Subway."

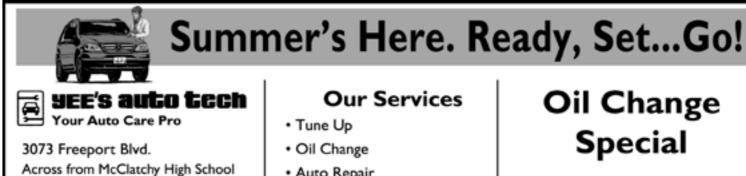
NW: What is your favorite hospital themed television

CM: "I love 'ER' - that's my favorite show! For their clinical peril and their never-ending drama." (Side Note: Carla laughed because I thought it would be because of George

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Diane and Wes

East Sacramento barber keeping tradition of historic barbershop alive

By LANCE ARMSTRONG Land Park News Writer lance@valcomnews.com

Many longtime East Sacramento residents are quite familiar with Johnny's Barbershop at 5134 Folsom Blvd. But then again, this is where one can often find many of these longtime residents.

As is the scene at Johnny's on just about any given time throughout the week, locals stop by to visit with the business's owner, barber Johnny Waldron, and whoever else might be hanging out at the place at the time.

Just last Monday, for instance, the shop was filled with an average of seven people throughout the afternoon.

Among the people spending time at the shop on this day was longtime East Sacramento resident Joe Catalano.

Catalano said that after several years of getting his hair cut by Tony Latino at Tony's Barbershop at 6313 Folsom Blvd., he began coming to Johnny for his haircuts and has been one of Johnny's dedicated clients ever since this time.

"I got out of the service and later came down here (to East Sacramento) in 1954," Catalano said. "I've been coming here (to get haircuts from Johnny) since 1962."

But as is the case with many of Johnny's visitors, Catalano often stops by the shop to simply hang out and socialize, as opposed to arriving with the intention of receiving a haircut.

Another longtime visitor of the shop is 87-year-old East Sacramento resident John Ciani.

Ciani, who said that Johnny operates a "terrific shop," added that he has known Johnny for many years.

"I've known Johnny for a real long time," Ciani said. "In fact, I have known him so long that I used to babysit him."

Heath Scharamuga, who grew up in the nearby College Greens area, said that he has been getting his hair cut by Johnny since the 1970s.

"I went to school at St. Mary Elementary School (at 1351 58th St.) and my mom would give me a couple bucks and say, 'Get a hamburger at McDonald's and come down and get a haircut and I'll pick you up on the way home," said Scharamuga, a 1988 graduate of Jesuit High School. "So, I would come down here and get my haircut and I'd hang out here for an hour. I was only about 9 years old at the time. I had a good time, since there was plenty of candy. He kept us full of candy. He still has a box of candy here."

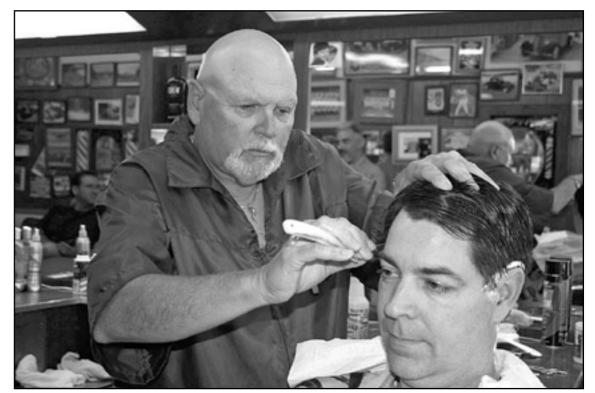
A cut above

In addition to putting smiles on the faces of children, Johnny has always been known as the barber who enjoys helping others with a variety of projects.

And guessing what one of these projects is might not be so difficult, considering the many pictures of hot rods, which decorate the walls of his shop.

Being a fan of hot rods and owning his own fourwheel showpiece, a 1931 Ford, Johnny is often found after work helping out a friend work on his car.

Furthermore, Johnny is the president of the Ital-



Land Park News Photo/Lance Armstrong

Between those who arrive daily for haircuts and those who simply stop by to mingle, Johnny's Barbershop at 5134 Folsom Blvd. is a busy and lively place throughout the week.

ian Hot Rod Association, which was founded about 10 years ago.

But being president of an Italian organization is certainly not Johnny's only Italian connection.

Instead, Johnny, who is half Italian and half Irish, is a descendant of an early East Sacramento Italian family who resided in the Little Italy neighborhood, which was roughly located from 48th to 58th streets between H Street and Folsom Boulevard.

Due to the many details of his family's background in East Sacramento, Johnny referred to his sister, Marie (Waldron) Booth, who is very knowledgeable about the family's history, to tell a bit about his family's East Sacramento heritage.

"There were two brothers, Giuseppe and Antonio Pane, who came from the town of Panettieri in (the region of) Calabria in the mountains in southern Italy," Booth said. "Antonio, who is my grandfather, first came to America in 1905 when he was 19 years old. (Antonio) came here to Sacramento in about 1918, because his brother was here."

Members of the Pane family first began living in Little

Italy in 1926, Booth said. "(Eventually), I had an aunt at 1208 58th Street, I had an aunt at 1147 58th Street, I had my grandparents at 1139, I had my cousin at 1123, I had another aunt at 1075, my parents at 1071 and I had another aunt at 1051," Booth said.

Furthermore, Giuseppi, who was also known as Joe, resided at 1348 55th St.

In speaking about his heritage, Johnny, who is also a member of the East Portal Bocce Club, the Dante Club, the Piemonte Reale Benevolent Society, the Sons of Italy and the Knights of Columbus, said, "I'm proud to be Italian. I was born and raised on 58th Street. That's where we all were."

Tradition alive

In addition to his previously mentioned Italian background and activities, Johnny is continuing another East Sacramento Italian tradition, which dates back to about 1939.

It was during this time that Sam Bonanni, who resided at 5027 M St., opened the barbershop that was later owned by Johnny.

Johnny, who received his very first haircut from Bonanni when he was about a year old, described Bonanni as a barber who ran a very simple, old-style barber-

"(Bonanni) had a barbershop across the street and when they built this building, Sam came over here," Johnny said. "The guy who had Doc's (Place) over there - the hamburger stand (which now houses The Shack at 5201 Folsom Blvd.) - he built this building for Sam and then Sam came over here. (Bonanni) ran it as a one-chair shop and all he wanted was one chair with no payrolls, no nothing. He was just a little Italian guy who kept it

Among the scenery of Bonanni's shop, Johnny said, was "an old stove with a little fire for the heat and on top of the stove was a little cheese and a bottle of wine"

"That's the way Sam operated," Johnny added with a chuckle.

In 1961, Bonanni sold his barbershop to Marvin Kincade, who resided at 3313 Mayfair Drive in the Arden area, between Watt and Morse avenues.

Johnny said that Kincade, who changed the shop's

See Johnny's, page 11



Johnny's: 'Is a place where everyone knows your name'

name from Sam's Barbershop to Katy's Barbershop, was "the kind of guy who came in and would buy a shop like this one, take the one chair, put four chairs in, then build it up, sell it and make a profit. He went all over town and built shops up and sold them."

Ralph E. Scott, a barber who resided at 857 38th St., purchased the new-look shop from Kincade in about 1969, but only owned the business, which was then known as Exchange Barbershop, for a few months before accepting \$5,000 for its sale.

graduat-Johnny, who graduated from Sacramento High School in 1962, said that although he was planning on entering into a different line of work, his grandfather Antonio Pane and his cousin Joe Lobue, who resided at 1123 58th St., purchased the business for him.

Ironically, this was not the first time that Johnny was offered the business for free, explained Johnny, who worked his apprenticeship at Katy's from 1962 to 1964 and later worked for Latino.

"Sam was a close friend of our family and he talked to me about going to barber college and had told me, 'If you go to barber college, I won't retire. I'll give you the shop." Johnny said. "But when you're 15 years old, you're not worried about barber college, so I said, 'I'm not going to go to barber college. So, he sold it to this guy, Katy."

Craft and clips

For Johnny, who has a wife named Alvina, four children and five grandchildren, his return to barbering ended up being a very positive experience in his life.

"I love it here," Johnny said. "East Sacramento is where I grew up. And that's probably part of the reason I've been so successful here (at the barbershop) is because I've been here all my life. I wouldn't want to go anywhere else, because I'd be a stranger. Here, I've known a lot of these people most of my life."

Pointing to one of his customers, Johnny added, "Like Dennis (Shanahan) here, I've known his family and him all of his life. Everybody just kind of knows everybody and that's what helps you."

"It's like that show, 'Cheers," responded Shanahan, who graduated from Sacramento High School in 1974 and owns Shanahan Auto Body and Paint on Power Inn Road. "(Johnny's) is a place where everyone knows your name."

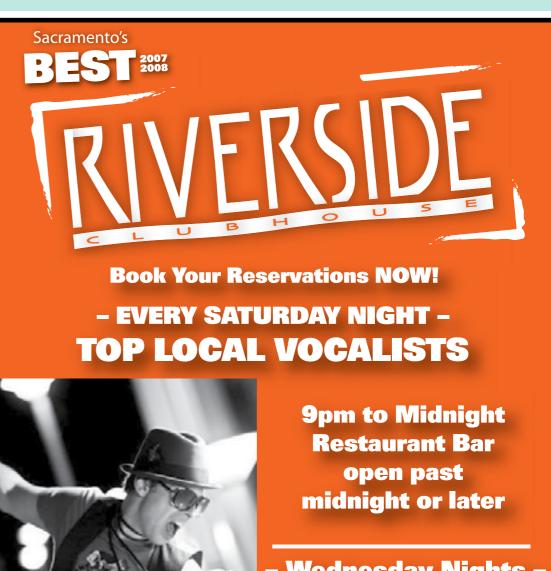
Johnny's Barbershop is open Mondays through Fridays from 8 a.m. to 5 p.m. and Saturdays from 8 a.m. to 3 p.m.

For additional information about this business, call (916)

Baby Elle fundraiser
An Evening with Elle is a special fundrais-

ing event to support Elle Pop, a local girl who is stricken with a terminal disease. The family is in desperate need of funds for transportation and lodging at the Mayo Clinic. The fund-

raising event is at the Azukar Restaurant; from 5:00 to 8:30 p.m. on Tuesday June 29; cost is \$20; beverages (non-alcoholic) and finger foods included; silent auction, entertainment, door prizes and raffle included. For more information: Barbara LaSalle at (916) 505-5110 or Elena Friedman at (916) 606-0821.



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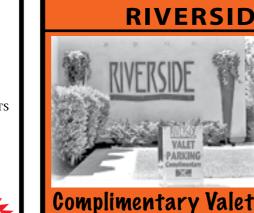
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Janey Way Memories



The Relles family pets



By MARTY RELLES Land Park News Columnist marty@valcomnews.com

During my childhood on Janey Way, my family had several pets. The first was a dog. I can't remember his name. He liked to chase cars though. Dad tried everything to break him of the habit, but he refused to change this bad behavior. Eventually, that led to his demise as a car hit and killed him. We were heartbroken by his loss and because of that we never owned another dog. After that, we took in cats.

We named our first cat Sinbad. A friend of my sister Patricia gave us this magnificent, purebred Siamese cat. Being a tom, he loved to fight. In fact, he chased most of the other cats out of the neighborhood. Even the dogs took a wide birth around our house when Sinbad showed his face. I remember seeing one dog chase him down the street. Then Sinbad suddenly turned and loosed his claws on the dog's face. It let out a blood curdling yip heard around the block. Needless to say, the dog ran away and never came by again.

One time Sinbad fought with a squirrel near our neighbor Dom Costamagna's house. The squirrel bit him on the leg causing an infection. The cat spent days in the animal hospital having that wound treated. I am sure the cost for the treatment was exorbitant, but dad insisted they nurse him back to health. Days later, he returned home like a fallen hero, and received weeks of extra special treatment from all the family. Sinbad used to perch at the entrance to Janey Way guarding his turf. When we saw him down there, we yelled, "Here Sinbad, come home," and he would come running home in a full sprint. Sadly, one day Sinbad mysteriously disappeared. We think someone kidnapped him. With his beautiful color and markings, he stood out, and likely someone just took him.

Later, when I moved off Janey Way I had cats of my own. My Siamese female cat, Maggie, eventually gave birth to a big litter of kittens so I asked dad to take one. He picked out a furry jumble of a cat he named Bootsie. He and the cat developed a special relationship. When we visited my parents house, we usually found Bootsie sitting on dad's lap. Dad used to work on bingo night at St. Mary's Church. When he did that, Bootsie followed him down to the church and then followed him home afterward.

When dad returned home from a drive, he usually found Bootsie perched on the brick ledge skirting the house. When dad called, the cat usually jumped from one side of the perch to the other so dad could open the door. Then, like a little dog, she followed dad into the house. Bootsie produced several litters of cats, so we finally suggested dad have her spayed. He refused, saying it was her "God-given right" to have kittens. One day, dad arrived home and found Bootsie dead in our backyard. Dad thought a dog may have killed her as she had a litter of kittens at the time and may have been protecting them.

Our family had a long and storied history with animals. Most seemed to meet an unfortunate demise, but we cherished all of them and they in turn gave us many happy Ianey Way memories.



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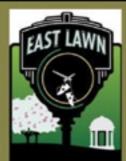
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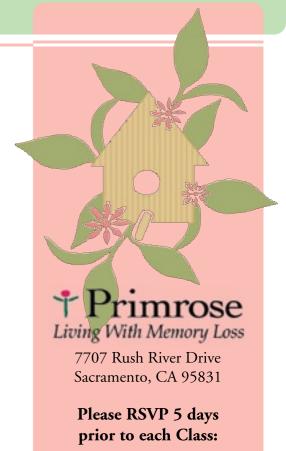
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Introducing: Jingga the tiger cub

Three-month-old cub explores Sac Zoo exhibit for first time

Special to The Land Park News

The Sacramento Zoo announces the long anticipated public debut of a female Sumatran tiger cub born March 18, 2010. The newest addition makes a grand appearance with a new name. Voting ended Wednesday, June 16 on five name choices for the young female cub. The winning name, Jingga, means orange in Indonesian. The little tiger cub already has a full coat of orange and black striped fur. The stripe pattern on tigers is like a fingerprint: no two are identical.

The cub remained behind the scenes with her mother since birth while gaining the strength and coordination to maneuver the terrain of the exhibit. Now, at three months old, the small cub explores the exhibit with curiosity and excitement.

'We are extremely pleased with the birth of our endangered female Sumatran tiger cub," said Harrison Edell, zoo curator. "The mother has been as good a parent as one could ask for," he said.

Videos photos of the cub posted weekly on the Zoo's Web site, blog and Facebook page garnered have much excitement about the cub's introduction, and the naming poll brought in over 40,000 votes. Since tigers are solitary in the wild, mother and cub will alternate on exhibit with the father.

Sumatran gers are critically endangered and found only on the Indonesian island of Sumatra off the Malaysian Pen-

insula. Fewer than 500 Sumatran tigers are believed to exist in the wild and approximately 200 Sumatran tigers live in zoos around the world. The Zoo participates in the Tiger Species Survival Plan, coordinated by the Association of Zoos and

saclibrary.org

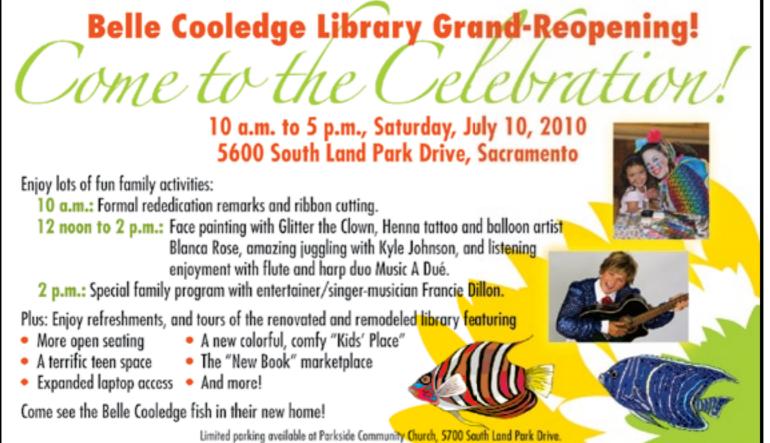


The Sacramento Zoo announces the long anticipated public debut of a female Sumatran tiger cub - Land Park, meet Jingga.

Aquariums, which recommended the breeding of the Sacramento Zoo tigers. Species Survival Plans are cooperative breeding and conservation programs designed to maintain genetically viable populations of animals in captivity, and to organize zoo- and aquarium-based efforts to preserve the species in nature.

About the Sacramento Zoo

Open since 1927, the Sacramento Zoo is home to over 450 native, rare and endangered animals and is one of over 200 accredited institutions of the Association of Zoos and Aquariums, Located near the corner of Land Park Drive and Sutterville Road in William Land Park, the Zoo is wholly managed by the non-profit Sacramento Zoological Society. This Sacramento treasure inspires conservation awareness through education and recreation. Open daily from 9:00 am to 4:00 pm, general admission is \$11.00; children ages 3-12 are \$7.00 and two and under are admitted free. Parking is free throughout the park or ride Regional Transit bus No. 6. For information, call 916-808-5888 or visit saczoo.com.



Sacramento Public Library

Faces and places

Belle **Cooledge Ice Cream Social**

Local families and residents celebrated the beginning of summer vacation with free ice cream at Belle Cooledge Library's 12th annual Barbara Jeanne Hansen Ice Cream Social from 6 to 8 p.m. on Friday, June 11.

Ice cream and toppings were provided through the generosity of Foster Farms Dairy featuring Crystal Dairy products. Friends and neighbors are invited to attend this summer evening of family fun. In addition to free ice cream, Trevor Wyatt the Magician performed magic tricks and DJ Harrison from Let's Celebrate provided music. To top-off the event, the ever-popular Sacramento Modular Railroaders hosted their fantastic small-scale railroad display in the library's community room.

For more information, visit saclibrary.org.











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California Kids! is an events and activities guide for active families. It is published once a month by Valley Community Newspapers, which also publishes the Arden-Carmichael News, East Sacramento News, Land Park News and Pocket News.

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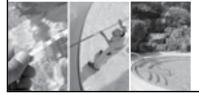
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Piece of Pocket history: The story behind naming Gloria Drive

By LANCE ARMSTRONG Land Park News Writer lance@valcomnews.com

For those who have traveled along Gloria Drive in the Pocket area and have wondered, "Who was Gloria?" the following words should be of

Like many older things in the Riverside-Pocket, this street has an origin that links back to the area's Portuguese roots.

Contrary to what one might think, Gloria Drive is not named after anyone with worldwide, nationwide or even statewide fame, but instead the street pays tribute to an early Riverside-Pocket resident.

This resident was Gloria Vieira (Pedro) Lopes, who once owned property between 34th and 35th avenues and what later became Gloria Drive.

If she were alive today, Gloria would be 125 years old. But fortunately, this publication discovered that Gloria had one daughter, 90-year-old Natomas resident, Doris (Lopes) Yager, who agreed to share information about her mother, who passed away at the age of 94 on Feb. 2, 1979.

Daughter of "The Drive"

Sitting down with The Land Park News last week, Doris, a 1938 graduate of McClatchy High School, began to tell the story of her mother, who was born in the Azores Islands of Portugal on Nov. 1, 1884.

"My mother was 25 years of age when she landed in Boston on Nov. 8, 1909," Doris said. "She had traveled on the ship, S.S. Canopia, from Pico (in the Azores Islands)."

Following the death of her father, Manuel T. Lopes, Gloria was living on the dairy and bean farm of one of her brothers in French Camp in the Stockton area.

And it was there that her mother cooked meals for the property's workmen on a regular basis.

Doris said that her mother acquired the property along today's Gloria Drive, following the death of her

"The property had originally belonged to my mother's brother, John Vieira Pedro, who was (eventually) unable to keep up the payments, so my mother paid off the property and became owner of the property," Doris said. "But my uncle continued to live there until he died. She acquired the property sometime in about the 1930s. As far as the history before that, I don't know who my uncle bought (the property) from and how long he had it. I do know that he did have that property before 1920. He lived there before that.'

Doris said that she lived with her mother on this property, which included a two-story, wood-framed house, on two separate occasions, with the first being from about 1919 to about

Since her father died in April 1919, four months prior to Doris' birth, Doris, said that she believes she may have developed an even closer relationship with her mother, despite her moth-

See Gloria, page 23



Pocket's Gloria Drive was named for Gloria Vieira (Pedro) Lopes, pictured here with her husband, Manuel T. Lopes.

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Gloria: 'It's a main street, but at the time it was not...'

er's busy lifestyle as a single mother.

"I had a close relationship with my mother," said Doris, who was also an only child, since her brother, who had the same name as her father, died when he was three days old in about 1917.

Elaborating on her comment about her mother having a busy lifestyle, Doris said, "My mother was a very pleasant person, but she was always working, always busy, she was not an idle person by any means. She was always a home keeper. She did gardening and she took care of her yard and other things that women did back then. We had chickens, we had ducks, we had rabbits and she took care all of them. I mean, she was quite the gal back then. She took care of everything; the man's job and the woman's job, both. Where she could barely write or speak English at the time, she was extremely capable of doing all of this (work). I was always very proud of her accomplishments."

And if caring for her inside and outside work was not enough, Gloria also managed to own three properties during her life and have three houses built - two along the old Riverside Road and one at 1250 Marian Way, where she resided for about the last 40 years of her life.

"I think my mother would be very proud of (Gloria Drive), since where it started was on her property"

A determined woman

Doris, who for 40 years resided with her now-late husband, William John Yager, at 1087 35th Ave., said that she was very impressed in her mother's determination to have these three houses built.

When I stop and think that this woman had three houses - she didn't go and buy three already-built houses, but she had three houses built from the ground up – I think that was quite an accomplishment for someone to do way back then," Doris said.

Doris also described her mother as a very artistic person, noting that she was a very talented tatter.

"She did tatting. I still have something she made," Doris said as she proudly headed to a different room of her home, where she keeps a very elaborate piece of her mother's work under glass.

Doris also said that her mother, who she described as an attractive lady standing nearly 6 feet tall, did a lot of sewing, including work she did on one of Doris' most memorable items of clothing.

"I was queen (of the Riverside Holy Ghost Festa) one year," Doris said. "I had that privilege. I think I was probably in the eighth grade. I remember marching and carrying the crown in the parade on Riverside (Road). I also remember that my mother and one of her friends made the dress that I wore. It was a very pretty, white dress."

Gloria also enjoyed entertaining, as she often held card

parties at her house with her friends.

When asked whether her mother had any philosophies or words of wisdom, in which she lived by, Doris quickly responded, "Oh yes, she would always say to be honest about whatever you did in life. That's the one thing that she always did say."

And when asked the "golden question" how her mother had a local street named in her honor, Doris said, "How she got the street named after her is she sold the property to Henry Moss, who was a developer at that time and who developed 34th and 35th avenues. I would say it became Gloria Drive in about 1955. In the process (of this development), (Moss) told her that he wanted to name the street after her and call it Gloria Drive. So, Gloria Drive starts right there (in the area) where she had the property.

"Little did she realize, Gloria Drive was going to be such a long, long street, because all of that other property was not developed. I don't think it was developed past the Machados (in the Reichmuth Park area). I

would say it was two, three, four blocks. No way was it as big (of a street) as it is today. Kennedy High School was far from being built. It's a main street, but at that time it was not, but they just continued building and (the street) continued on?

Tribute to a Pocket pioneer

Paying tribute to her mother, Doris, who has a son Harrie Wilsie Yager, who lives in Half Moon Bay, a daughter Gloria Denise (Yager) Ignacio, who lives in Thousand Oaks, three grandchildren and four step-grandchildren, said that her mother was very deserving of having a street named in her honor.

Additionally, Doris said that she believes her mother would be pleased to see the growth of the street.

"I think my mother would be very proud of (Gloria Drive), since where it started was on her property and that it turned out to be such a long street," Doris said. "I mean, it goes past Florin Road. I think that's something to be proud of to have a building or a street named after you. It isn't an every day occurrence."

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You and your teen

Consequences that work

By STEVE DEBENEDETTI-EMANUEL Land Park News Family Columnist steve@rivercitycounseling.com

A few months ago, a 16-year-old boy, "John," and his parents started therapy. John had been defiant recently and broken curfew two Saturdays in a row. Each time, he'd received a stern lecture and was sent to bed, only to sneak back out as soon as he thought they'd gone to sleep. When his parents caught him sneaking back in the first time, they'd been angry and threatened consequences, which made John very upset. He'd begged them not to ground him, and against their better judgment they'd let him slide. When it all happened again the following week, they didn't know what to do and called me.

As we started talking, his mom turned to John and blurted out, "If you break any rules between now and the end of school, you'll be grounded for the entire summer." Without thinking, I said,"Why would you want to do that to yourself?"

As much as Miss Manners would have frowned upon my lack of finesse, his parents appreciated my straightforward approach, as they realized they didn't want to spend their summer supervising John 24-7. Had they tried, John would likely have blamed them for ruining his summer and made things unpleasant for everybody. Fortunately, they understood my point and were receptive to my suggestions.

As tempting as it might be to react immediately and give harsh, lengthy consequences when your teen breaks rules, it's important to take time to calm down and think about how you feel and what you want to say. When John's parents did this they realized that they were angry, worried, and confused by what he'd done, and they shared this with him.

After you're satisfied that you teen has understood your concerns, encourage him/her to talk about what led him/ her to make these choices. When John's parents did this, they learned that he had been having serious problems with his girlfriend, and he'd felt that the only time they could talk

After everyone feels heard, consider how to respond. As much as John's parents felt badly about the problems he was having, they concluded that he could have found another time to talk. Had they known he was having problems, they would have helped him figure out an alternative time. Since he'd chosen to sneak out instead, they felt consequences were appropriate. John grudgingly agreed, and he promised to try and be more open about his problems in the future.

As you consider the length of the restriction and what privileges to remove, I suggest starting with brief, rather than lengthy consequences, and removing less rather than more. This helps you focus the conversation on making better choices, rather than your teen's anger and resentment. As John choices were breaking curfew and sneaking back out for two weekends in a row, his parents decided that he wouldn't be allowed to go out for the next two weekends. They chose not to take away other privileges.

When the initial consequences aren't effective, it's necessary to adjust them by removing additional privileges. John, as with most teenagers, would rather eat nails and drink boiling oil before losing cell phone and/or car privileges. Had John continued defying his parents' rules by sneaking out or making other serious errors in judgment, I would have encouraged his parents to remove them in addition to the weekend restriction.

I realize that parents don't want to give consequences, but there are times that they're appropriate and necessary. Our teens will resist them, and sometimes it can feel easier to give in rather than arguing. However, if you hold firm, I've found that over time teens get tired of losing out on what they want to do and make better choices.

Election results bring Sacramento City Council shake-up

Land Park News Editor rvanrose@valcomnews.com

Since 1992, no incumbent Sacramento City Councilmember has lost a re-election bid; on June 8, that all changed.

The June 8 Primary Election was a defining moment in politics statewide: for the first time, the California Republican Party was running not one, but two women for statewide office, with Meg Whitman as the party's gubernatorial nominee and Carly Fiorina as the GOP pick to run against Barbara Boxer in the U.S. senate race. Adding to this historic development was the local result - Sacramento City Councilmembers Ray Tretheway, from Natomas' District 1, and Robbie Waters, representing Pocket-Greenhaven's District 7, have apparently lost in their race to serve another four years at City Hall. It's been 18 years since such an upset has occurred in Sacramento City

According to semi-official results released June 9 at 1:48 a.m. by the Sacramento County Registrar of Voters, both incumbents lost to political newcomers, Tretheway falling to Natomas grassroots campaigner Angelique Ashby, and Robbie Waters being edged out by Ryan Chin and Darrell Fong. Tretheway, who claims he was a target because he would not support Sacramento Mayor Kevin Johnson's strong-mayor initiative, had been recently seen by political watchdogs as very vulnerable, especially as Ashby scored a number of major endorsements and political allies (Johnson being one of them). Waters, who ran twice unopposed (most recently in

2006), faced a tough fight of his own, desperately trying to fend off two candidates that were as equally funded and organized.

The District 7 Race

According to the semi-official results, Chin was the big winner Tuesday night, taking in 38.45 percent of the vote; Fong came in second with 31.41 percent; Waters, the four-term incumbent and only Republican on the City Council, garnered 27.44 percent; and college student Diedre Hobart came in a distant fourth place. With no candidate earning a clear majority, the results set up a likely run-off election this November between the first- and second-place winners, Chin and Fong, respectively.

Waters, who has served on the City Council since 1994 and raised more money and spent more money in this election than any other City Council candidate, was fighting a determined battle in his re-election bid. Challengers Chin, a strategic communications officer with Sacramento State, and Fong, a retired Sacramento Police captain, seized early on to the anti-incumbent sentiment sweeping the U.S.

In a special interview prior to the election with Valley Community Newspaper reporter Celia Green, Waters had said that he hoped to serve one more four-year term and then retire from city politics. That retirement, it seems, will come early.

The District 3 Race

Although the Pocket-Greenhaven community saw quite the political upset, the District 3 race was anything but; Councilmember Steve Cohn, Midtown and East Sacramento's longtime representative on the City Council, will remain in office for another term. The incumbent had faced a strong challenge from local real estate agent Chris Little and Midtown business owner Shawn Eldredge, but the incumbent persevered, winning his bid for a fifth term as the District 3 representative.

Cohn, who will now be one of Sacramento's longest-serving councilmembers, garnered 53.95 of the vote, winning a clear majority and avoiding a run-off election in November. Little and Eldredge scored 37.73 percent and 5.52 percent, respectively, while candidate Jeff Rainforth garnered the remaining votes.

Sacramento County Sheriff

A bruising primary election will likely turn into a bruising general election: candidates Scott Jones and Jim Cooper, both captains with the Sacramento County Sheriff's Department, did not win a clear majority of votes and will now face one another again in the November General Election.

In what has been one of Sacramento's most hotly contested races, Jones and Cooper threw mud, hurled accusations and laid charges of political impropriety and professional misconduct. The race has also come to represent a battle between two law enforcement legacies, as Cooper, endorsed by former Sheriff Lou Blanas, and Jones, endorsed by outgoing Sheriff John McGinness, attacked one another for their political connections as much as their administrative philosophies.

Jones came out on top in Tuesday's race, but not by much, taking in 46.17 percent of the vote; Cooper came in second and garnered 41.37 percent of the vote; a third candidate, Bret Daniels, drew the remaining votes.

Sacramento County voters can expect the war of words to continue into the fall. The 2010 General Election is Nov. 2.

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Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail ryanrose@valcomnews.com. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place an advertisement.

Pops in the Park 2010

Pops in the Park returns to East Sacramento for the 2010 season: Saturday, June 19 - Bertha Henschel Park "SwingMasters," ESIA Sidney Pope & Onion Awards, Wading Pool Open - Free Admission; Saturday, June 26 - McKinley Park, "The Q-Balls" playing. All concerts begin at 6 p.m.

Widowed Persons Association

Widowed Persons Association of CA (WPAC) Chapter 1 is a non-profit organization that addresses the needs of widowed persons (both men and women) coping with the death of their spouse. This is a peer support session of two

hours from 3:00-5:00 p.m. every Sunday, conducted by a trained facilitator. These sessions are held at the office located at 2628 El Camino Avenue Suite D-18. For more information about these sessions and the organization, contact the WPAC office at (916)972-9722.

Free Dance Lessons

Free tap dance lessons on Fridays at noon at the Dance Corner, 2927 Fulton Ave. For more information, call 804-3104.

June 26

Comedy Night

Comedy Night - free. 7 p.m. to 9 p.m. Seats limited. Call today to reserve a seat (916) 483-3465. American River Community Church (ARCC), 3300 Walnut Ave., Carmichael (next to DMV).

June 27

Music in the Park

On Sunday, June 27, Curtis Park will be filled with the sounds of frolicking children, laughing adults and fantastic music, as the Sierra Curtis Neighborhood Association opens its annual Music in the Park. This free concert runs from 6 to 9 p.m. and is part of the 2010 season of events of one of the busiest neighborhood associations in the state of California.

JULY

Latino Dance and Culture Group

Come dance to the beat of all types of Latin music on July 13 and July 20. Featuring DJ music and delicious Mexican food. Donations of \$3 or more to enter. Held at the Ethel Hart Community Center, 915 27th St., from 6:15 p.m. to 9 p.m. Call Barbara Alarcon at (916) 400-4514 for more information.

JULY 3

Spirit of the Pocket Fourth of July parade

The annual Spirit of the Pocket parade will start at 10 p.m. and will travel down Windbridge Drive to Garcia Bend Park. Entries are now being accepted for the 2010 Pocket Parade, which will be held on July 3rd at 10 a.m. Entry forms are available online at www.cityofsacramento.org/council or call my office at 808-7338 or The Pocket News at 429-9901.

Matsuyama Elementary School Fun Run/Walk

It's time for the 15th annual July Fun Run/ Walk at Matsuyama Elementary. Everyone is invited to attend this community and family oriented event, which raises funds for the 2010-2011 sixth graders to attend the Sly Park Environmental Science Camp. The Fun Run/Walk is a 5K/8K event that will take place on Saturday, July 3rd, at Matsuyama Elementary School, 7680 Windbridge Drive. Check in begins at 7 a.m., and the race start time is 8 a.m. Fees are \$15, and includes event T-shirt before Thursday June 10; after June 10, the fee is \$20. For more information, please contact Maria Rodriguez at 421-6967.

JULY 5

Deadheading at Dusk

The Sacramento Historic City Cemetery will be tidying up the spent flowers on from 6:30 - 8:30 p.m. We will be offering instruction on how to do it and serve light refreshments. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. For information, please call (916) 448-0811.

JULY 8

Computer Club meeting

The Mission Oaks Computer Club will meet on Thursday, July 8, 2010 from 1 p.m. to 3 p.m. at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. The meeting topic will be "What's New at Apple," presented by Brent Sallee of MacClicks. A problem-solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our Web site at www.missionoakscomputerclub.org.

JULY 10

Jensen Garden Workday

Friends of the Jensen Botanical Garden hold garden workdays one Saturday of every month from 9 a.m. to 1 p.m. The next workday is July 10. Bring work gloves, hand pruners and your lunch. Come join with other volunteers to keep the garden beautiful all year. Next workdays in 2010 are 8/7, 9/11, 10/9, 11/6, 12/4. The Jensen Garden is located at 8520 Fair Oaks Blvd. in Carmichael. For more info: Tracy Kerth (916) 485-5322 ex23 or email tracy@ carmichaelpark.com.

Belle Cooledge Library reopening

The community is invited to the reopening celebration of Belle Cooledge Library, at 10 a.m., Saturday, July 10. The Sacramento Public Library branch, located at 5600 South Land Park Drive, Sacramento, has been closed for a major remodeling project since mid March. For more information, please telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.





Tahoe Park Soccer Registration

Tahoe Park Soccer Registration begins in June. Registration day is July 10. Visit their Web site for additional registration details: www.tpsoccerclub.com.

JULY 10-11

40th Wildlife Art Festival

Birders of a feather will flock together as the Pacific Flyway Decoy Association presents its 40th Wildlife Art Festival, Saturday and Sunday, July 10-11, Double Tree Hotel Sacramento, 2001 Point West Way. Designed specifically for families, the event celebrates traditional wildlife artworks with contests, displays of carvings, fine art, antique decoys, sculpture and interactive kids activities. Event is July 10, from 9:00 a.m. to 4 p.m. and July 11 from 9:30 a.m. - 4 p.m. Tickets are \$5 for the weekend, children 12 and under, free. For more information, visit www.pacificflyway.org.

JULY 17

Bee Workshop

Come hear the "buzz" about native bees and their place in the urban landscape on July 17, 2010 at 9:00 a.m. at the Historic City Cemetery, 1000 Broadway. Join bee experts to identify and learn about bees at the beautiful Hamilton Square Garden in the cemetery. Park across the street from the cemetery on Broadway and walk due south. There is no charge, but donations toward the beautification of the cemetery are appreciated. Call 916-455-8166 for more information.

Baseball and beer tour

Sacramento's love affair with America's favorite past-time traces its roots to the early days of the city. Find out how it all began on this Saturday morning tour at the Sacramento Historic City Cemetery! The tour commences at 10 a.m. from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. Held under the auspices of the City of Sacramento Division of History & Science, the Old City Cemetery Committee, Inc. presents this tour as a public service. For tour information please call (916) 448-0811. Tours are free though donations for the restoration of the cemetery are greatly needed and appreciated.

JULY 25

2010 Pear Fair

Always the last Sunday in July, the 38th annual Pear Fair will be Sunday, July 25, 2010 from 9 a.m. to 6 p.m. in the Sacramento River Delta town of Courtland, located just 20 minutes south of Sacramento, off Highway 160. Last year, the fair drew in more than 7,000 people. Make sure and arrive early to enjoy all the festivities. For more information, visit www.pearfair.com.

Todd Morgan and the Emblems

Todd Morgan and the Emblems are performing in the Carmichael Concerts in the Park series, July 25, from 6:30 to 8:30 p.m., at the Carmichael Park Bandshell, located the corner of Grant Avenue and Fair Oaks Boulevard. This is a free event.

August 28

Kitten adopt-a-thon

It's "kitten season" — and Happy Tails Pet Sanctuary is partnering with Extra Space Storage to find loving, permanent homes for Sacramento's homeless kittens. The "Kitten adopt-a-thon" runs from 10 a.m. - 2 p.m. at Extra Space Storage, 3000 B St. For more information, please visit www.happytails.org.

ONGOING

American Legion Dance

The American Legion Dance, Held on the first Friday of each month from 7 - 10 p.m. at Veterans Memorial Hall at Royer Park in Roseville, featuring ballroom, Latin, swing, and night club dances with DI Bob Wayman. The public is invited and singles are welcome. There is a great wood dance floor, good parking, no-host bar, soft drinks, and snacks. Come dance and make new friends. The hall is located at 110 Park Drive. Cost \$8. Info: (916) 783-7267. Proceeds go to support the troops and our veterans.

Learn all about what bariatric surgery is and is not. The seminar is held the first Saturday of the month from 10 a.m. - 12 p.m., except for July and September when the seminar will be held on the second Saturday of the month. The seminar location is Bruceville Terrace (8151 Bruceville Road) in the Multipurpose Room. For more information, please contact Rondi Crowley at 423,5909.

Bariatric Surgery Informational Seminar

Food Addicts Anonymous

Food Addicts in Recovery Anonymous is a 12-step group for people struggling with obesity, food obsession, or eating disorders. There are no dues or fees, or weigh-ins. All

are welcome to join them: Monday - 6:30 p.m. Greenhaven Lutheran Church Fellowship Hall, 475 Florin Rd. Sacramento; 7 p.m. Warehouse Christian Ministries, 10020 Foothills Blvd. Roseville; 7 p.m. Nevada County Contractors Assoc. - 149 Crown Point Ct., Grass Valley; Tuesday - 6:45 a.m. Southside Park Clubhouse, 2051 6th St. (btwn T & W Sts), Sacramento; 9 a.m. St. Andrew's United Methodist - 6201 Spruce Ave. Sacramento: 6:30 p.m. Kaiser Medical Center Conf Rm. 1900 Dresden, Lincoln: 7 p.m. Faith United Methodist Church - 3600 J St., Sacramento; Wednesday - 7 p.m. Davis United Methodist Church - 1620 Anderson Rd, Davis; Thursday - 9 a.m. St. Andrew's United Methodist Church - 6201 Spruce

Ave, Sacramento; 6:30 pm Christ Unity Community Church - 9249 Folsom Blvd. Sacramento; 7 pm Auburn Grace Community Church, 3126 Olympic Way Rm 117, Auburn; Friday - Southside Park Clubhouse, 2051 6th St. (btwn T & W Sts), Sacramento; 7 p.m. Kaiser Facility Folsom, 2155 Iron Point Rd, Conf Rm 1, Folsom; 7 p.m. Kaiser Hospital 3700 Vaca Valley Pkwy 3rd Fl., Rm B, Vacaville; Saturday - 8 a.m. Fremont Presbyterian Church - 5770 Carlson Dr. Chapel, NE corner of campus, Sacramento; 8 a.m. St. Andrew's United Methodist – 6201 Spruce Ave. Sacramento: 8 a.m. BriarPatch Co-Op Community Market, 290 Sierra College Dr. Community Rm., Grass Valley. For more information: www.foodaddicts.org.

CHRIS BRIGGS 834-6483

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SO MUCH HOME FOR SO LITTLE MONEY!



4 bed, 3 baths, plenty of room for that family that wants Land Park at an affordable price Maintained by original owners, hardwood floors, a family room, central heat & air and generous sized yard, Dual pane windows Acclaimed elementary school, Crocker Riverside, is within walking distance.

711 Flint Way \$339,000

GREAT OPPORTUNITY IN DEL DAYO ESTATES



Short Sale Opportunity in Del Dayo Estates Beautiful home at the end of a Charming culde-sac. Large landscaped yard that features a sparkling pool and spa and slate firepit. Newer central heat & air in 2009. Hardwood floors throughout. Wired for surround sound. This wonderful home is a Must See!

1308 Philomene Court \$587,000

PICTURESQUE LAND PARK COTTAGE

Waiting for a new loving owner. This roof and exterior paint. Hardwood floors are refinished & gleaming. Updated kitchen has all the features you could want. Dual pane windows, central heat & air, newer water heater. To see it is to LOVE IT! Walk to light rail, Taylor's Market or Land Park.



1833 Vallejo Way\$399,000

BEST VALUE IN THE HEART OF LAND PARK

Amenities include central heat & air, som hardwood floors, updated kitchen, fresh interior paint and views through French doors to the private and lush rear yard. Close to the park, river, public transportation and just steps away from Vic's Ice Cream. Act quickly to take advantage of tax credits!



1157 8th Avenue\$334,000

WONDERFUL SOUTH LAND FAMILY SIZED RANCH



Large quarter acre lot, parklike paradise Updated kitchen opens to a large family room & dining area. Exposed hardwood floors in two bedrooms - others are covered by carpet Drop down stairs in laundry room lead to attic Great street with easy freeway access. Short walk to Land Park & public transportation.

4111 Warren Avenue\$459,000

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SOUTH LAND PARK TERRACE

Quality abounds in this one-of-a-kind home w/1/3 acre & almost 3200sf. Huge family room enjoys panoramic view of gorgeous yard thru impressive glass doors. The master enjoys an impressive walk-in closet and spacious bath. Remote 4th bedroom is a retreat with kitchenette, lg bath & walk-in closet. Large upstairs storage and office space off 3rd bedroom. See www.1209ridgeway.com \$759,000

PAULA SWAYNE 425-9715



AFFORDABLE LAND PARK

With 4 bedrooms and 3 baths, there's plenty of room for the family that wants Land Park at an affordable price. Lovingly maintained by original owners, this home boasts hardwood floors, a family room, CH&A plus a generous sized yard. See www.windermeredunnigan.com \$339,000

MONA GERGEN 247-9555 CHRISS BRIGGS 834-6483



LITTLE POCKET AREA

An amazing quality custom home on a great St. in the highly desirable Little Pocket area. Tree-lined street close to the river. Immaculately maintained by original owners. Huge great room w/floor to ceiling windows. Gorgeous wood & stone floors throughout. Large .31 acre lot w/ plenty room to roam. New interior paint. Refinished wood flrs. Newer quality roof. See www.1015AppolloWay.com \$339,000

MONA GERGEN 247-9555



AT THE TOP OF THE HILL

Beautiful Spanish style - from the stamped concrete steps leading up to the front door, to the private backyd, this home reflects the style & architecture of early CA. A stunning arched window & a detailed fireplace in the LR; beamed ceiling in the DR; 2 large bedrooms w/hardwood floors! See www.949FremontWay.ePropertysites.com \$399,000

NANCY WEEGE 600-5458 LISA MARTIS 612-7548



WAITING FOR YOU

Formal living room w/fireplace & one-of-a-kind built-in shelving. Updated kitchen w/ tile counters, island, plenty of storage, quality appliances & a fantastic skylight. Versatile floor plan includes master suite w/ walk-in closet, large bedrooms, formal dining space, roomy kitchen w/ a sunny eating space & inside laundry rm. See www.windermeredunnigan.com \$545,000

KELLIE SWAYNE 206-1458 PAULA SWAYNE 425-9715



BOULEVARD TERRACE

Spacious storybook brick Tudor home. Hardwood floors with inlay, newer central heat & air, formal dining room, breakfast nook and master's suite. Tree lined street & old world charm. See www.4920-7thAve.com \$329,500

SHEILA VAN NOY 505-5395

CLASSIC RANCH

On a nice tree shaded street w/in blocks of Land Park, Crocker Elem, Vic's Ice Cream. From the beautiful hdwd floors, designer colors, cozy LR fireplace & spacious master suite. Cool off in the blt-in pool. Energy efficient features include newer dual pane windows, new tank less water heater, new dishwasher drawers & other kit appliances. See www.937RobertsonWay.com \$439,900

DAVID KIRRENE 531-7495

STORYBOOK LIVING

Gracious, Spacious & PENDING a pretty tree-lined street in Old Land Park. Bedrooms & Office look out to the treetops. Huge family room looks out to a deep backyard. Beautiful hardwood floors, CH&A, plus an upstairs balcony. Formal dining room plus a breakfast nook. See www.2808ReginaWay.com \$629,500

SHEILA VAN NOY 505-5395

IT'S A DUPLEX!

Or a home w/attached living quarters. Dining rooms feature beautiful fireplaces. Kitchen updated w/granite counters, new Jenn-Aire range & lighting. Pretty hdwd floors thru-out the home along w/fresh paint. Enjoy Delta breezes on the balcony. Attached side is 1297sf featuring same Land Park charm, 2BRs & nice fireplace. See www.1524-1526-8thAve.com \$689,000

PAULA SWAYNE 425-9715

DIDION SCHOOL DISTRICT

Beautiful updated 1 story home. Upgrades include new HVAC, flooring throughout, Kitchen appliances, and interior paint. Bathrooms remodeled with granite & new flooring. Other features include updated roof, spacious yard, wonderful floor plan & much more. See www.6754ParkRivieraWay.com \$275,000

MONA GERGEN 247-9555



4215 Freeport Blvd. 454-5753

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