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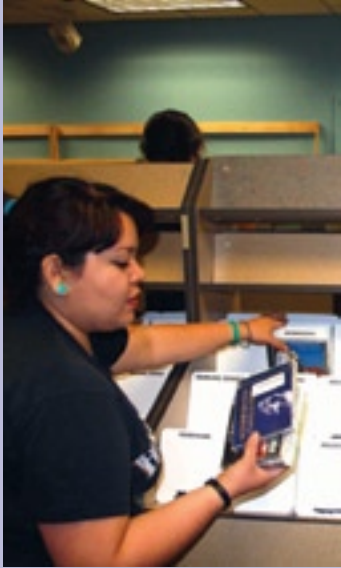
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2661

Sweet time at the zoo

Sacramento Zoo's 26th annual Ice Cream Safari

Special to The Land Park News

The coolest event of the summer is almost here. Beat the heat for the coolest flavors of Baskin Robbins ice cream and Coca-Cola beverages: it's time for the annual Ice Cream Safari at the Sacramento Zoo on Saturday, July 24, from 4:00 to 8:00 p.m.

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Over 5,000 guests are expected. Zoo volunteers are prepared to scoop nearly 1,000 gallons of Baskin Robbins ice cream in 10 different flavors of at this one-of-a-kind ice cream extravaganza.

General admission for this popular fundraiser is \$17; children (3-12) \$13; children two and under are free.

Tickets are available at the Zoo, online at sac-zoo.com or at 916-808-5888.

About the Sacramento Zoo
Open since 1927, the Sacramento Zoo is home to over 450 native, rare and endangered animals and is one of over 200 accredited institutions of the Association of Zoos and Aquariums. Located near the corner of Land Park Drive and Sutterville Road in William Land Park, the Zoo is wholly managed by the non-profit Sacramento Zoological Society. This Sacramento treasure inspires conservation awareness through education and recreation. Open daily from 9:00 a.m. to 4:00 p.m., general admission is \$11.00; children ages 3-12 are \$7.00 and two and under are admitted free. Parking is free throughout the park or ride Regional Transit bus No. 6. For information, call 916-808-5888 or visit sac-zoo.com.



Photo courtesy
The annual Ice Cream Safari at the Sacramento Zoo is Saturday, July 24, from 4 to 8 p.m.

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3



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Water meters being installed in South Land Park

By SALLY KING
Land Park News Writer
reporter@valcomnews.com

Michelle Kaufman likes old trees, flowering landscapes and lush green lawns.

"That is why I have lived in the Land Park area for over 60 years," Kaufman said.

The city of Sacramento has recently installed water meters in Kaufman's neighborhood and her bill will be based on the volume of water she uses. Kaufman is concerned about her water billing going up, as are other residents in the area. She said the water table is full and she doesn't understand how the state overrode the city charter.

The original city charter states residential customers in Sacramento will not use water meters. The charter was overrode in 1994, when the governor approved AB 2572, written by state Sen. Christine Kehoe, D-San Diego. The fifth paragraph of this bill states that city charters will be overridden and going forward by 2010, residential customers will be put on water meters.

When AB 2572 was written, the supporters (San Diego County Water Authority) said without water meters and volumetric pricing, it is impossible for water users to know how much water they are using, and

thus difficult to conserve water resources. It also stated that once water suppliers base their rates on volumetric pricing, consumers use as much as 20 percent less water on average.

Jessica Hess, spokesperson for the city of Sacramento, said the average person in the Sacramento area uses approximately 236 gallons of water per day, with 65 percent of this water being used for irrigation (watering lawns).

Hess said the other big water user is the toilet. It takes six to seven gallons of water per flush for toilets made prior to 1995. Newer toilets only use 1.28 gallons of water and Hess said there is a \$100 rebate for people buying new water efficient toilets.

Installing the meters

There are two water meter projects being implemented in Sacramento. The first project is to replace the main water pipes needing replacement and most of these are located in backyards. This project began 20 years ago.

The second project is replacing the water meters with new meters that have an AMI or what is known as a reading device, said Hess. This device is set up on WI-FI, so the water usage is automatically down-

loaded to the billing system. As the information is downloaded, there are readers who get a report that shows the water usage. Hess said if it looks like there is an increase of water usage every day or there is a sudden upswing in water usage, the city will check on the meter and attempt to contact the owner to make sure there are no broken pipes or leaks, and make sure the meter is running properly.

When the new water meter was installed on Kaufman's property, there were a couple of glitches.

"I didn't have any cold water in the bathroom, only hot water," Kaufman said. "And when my automatic sprinklers came on in the evening, there was this loud ticking noise that wasn't there before."

The city came out and fixed both problems.

Hess said there are three types of plumbing in older neighborhoods: plastic, copper or galvanized plumbing. In this particular situation, the problem was galvanized plumbing. For some reason, there is one particular brand of water meter that vibrates more when used with galvanized plumbing. There is another brand of water meter that doesn't seem to vibrate as much.

"The city has had to replace four of the 20,000 me-



Photo courtesy

Water meters are now being installed in South Land Park. Residents' bills will be based on the volume of water used. Local homeowners are concerned as their bills will likely increase.

ters that have been installed," Hess said. "That's not bad."

Kaufman said her sprinklers are quiet now and felt the city was courteous in responding to her issues.

Kaufman, along with other city residents will be given a year to see how much water she uses before she receives a volume based bill.



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Tower Records founder Russ Solomon to be honored at new Dimple Records Land Park location July 17

By LANCE ARMSTRONG
Land Park News Writer
lance@valcomnews.com

Land Park and other city residents have been noticing something quite different about the corner of 16th Street and Broadway lately, as the upper, front portion of a certain very famous record store building has for the first time in 45 years been painted something other than a combination of yellow and red.

As signs of an end and a beginning, the building, which once housed a landmark location of Russ Solomon's legendary Sacramento-based business, Tower Records, and until recently, his later business, R5 Records, is being replaced by another well-known Sacramento area-based business, Dimple Records.

On the last day of R5 Records' existence last month, Solomon was present to see the closure of the store, which marked the end of an era for his nearly 70 years in the recorded music selling business. Solomon started out in the record-selling business by offering 78 rpm records for sale in his father's drugstore in the Tower Theatre building.

Also present on R5 Records' last day was John Radakovitz, who is very well acquainted with Solomon.



Dimple Records owner John Radakovitz shows off his business's newest store site at 16th Street and Broadway.

Land Park News Photo/Lance Armstrong

Blending two brands

In late 1965, as Solomon was expanding Tower Records, which relocated from the Tower Theatre building to its longtime 16th Street and Broadway location and eventually became an international success, Radakovitz was supplying records through the Pasadena-based wholesale/retail record business, Canterbury Records, which had established a northern branch

store managed by Robert Garcia at 1715 Arden Way in the then-less than a decade-old Arden Fair Mall.

As a record distributor at the time, Radakovitz, 65, said that among the many places where he delivered records was Tower Records stores.

Since this time, both Solomon and Radakovitz had continued to work in the recorded music-selling business, with the exception of the past

month, since Solomon closed R5 Records.

Radakovitz's longtime connection to Solomon was far from the only reason that he paid a visit to the store on its closing day.

Instead, as the owner of Dimple Records, Radakovitz was stopping by the store due to his personal connection to the building, which would become home to his seventh store in the greater Sacramento area.

Radakovitz's road to owning these stores began with his three-year involvement with Canterbury Records.

Following his time with Canterbury Records, Rada-

kovitz was hired as a distributor by the Emeryville-based wholesale record business, Pic-A-Tune, to work at the company's Del Paso Boulevard store.

Around the time when Pic-A-Tune was purchased by United Artists in 1974, Radakovitz began his own wholesale record company, called River City Record Distributors, and his own retail store, called Cordova Records. Both operations were located in Rancho Cordova.

After only a year of operating his Rancho Cordova busi-

See Dimple, page 7

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Dimple: 'Wear something cool and come on down and see what's happening'

Continued from page 6

nesses, Radakovitz ended these endeavors and moved to Roseville, where he opened the first of his Dimple stores at 1701 Santa Clara Drive, off Douglas Boulevard.

After about 18 years of heading the Roseville store, Radakovitz expanded his business to include a second store at 313 E. Bidwell St. in Folsom, a third store at 2433 Arden Way in about 1996 and a fourth store at 6099 San Juan Avenue in Citrus Heights about two years later.

Dimple also opened a store at 9692 Elk Grove-Florin Road in Elk Grove in about 2005 and following the late 2006 closure of Tower stores, Radakovitz closed the San Juan Avenue Dimple store and in March 2007 opened a store in the old Tower Records building at 7830 Macy Plaza Drive in Citrus Heights.

Dimple – a name given to the store by Radakovitz because music brings smiles to the faces of many people – also opened a store in another old Tower Records site at 212 F St. in Davis in the summer of 2007.

History in Land Park

Radakovitz, whose wife Dilyn and sons Ollie and Andrew also work for Dimple, said that acquiring the Land Park store was in a way a fulfillment of a personal dream.

"I kind of always wanted this store," Radakovitz said. "I would have preferred this store more than probably any of them, just because of where it's located."

And because of the Land Park store's location in a historical sense, Radakovitz said that he felt that the store's

opening, which will be held on July 17 from noon to 4 p.m., presented the perfect opportunity to honor Solomon.

"I thought that it would be kind of a nice event for Russ to say somewhat of a farewell to the community, at least in regards to music," Radakovitz said. "There are going to be a whole lot of former Tower people (present) on that day (and) there will be a lot of record company executives. It's not so much as a Dimple grand opening, although we will open our doors and we're not going to turn down anyone who wants to buy something, but we're going to dedicate this location to Russ in that our plans are to unveil a painting of him, which will be permanently placed prominently in the store with a plaque (which will include such wording as) '1941 to 2010, this site dedicated to the founder of Tower (Records).'"

The event, which will be emceed by longtime rock music fan and radio announcer Dennis Newhall, will also include a food vendor, a large cake, live music by the Bathtub Gins from noon to 3 p.m. and an appearance by Solomon from 1 to 3 p.m., during which time Radakovitz will play his guitar and sing a country music-style song about Solomon that he wrote.

When asked if he would give a sneak preview to the song's lyrics, Radakovitz provided the following words: "I've sold records for most of my life, didn't even have to think twice. There was music and I sold it everywhere. Now I'm listening, not selling, that music so dear."

Humbly commenting about his own upcoming celebration at the store, Solomon, who will



Tower Records founder Russ Solomon will be honored during the opening of Dimple Records at 16th Street and Broadway in Land Park on July 17.

turn 86 in about two months, said, "It's a little much I think, but it's fine and anything I can do to help (Dimple) open up is great with me. I think they're really nice people and I'm very happy that they are taking over the store down there."

Since the Solomon-honoring event will mark only a soft opening for Dimple's Land Park store, Radakovitz said that the store will also hold a separate grand opening at a later time.

But in the meantime, the store will begin its venture in the old 16th Street and Broadway Tower Records site, as it honors Solomon on this special day.

In being that Solomon brought so many "dimples" to local music lovers through his record stores, Radakovitz encourages the community to



Dimple Records employees Brandie Gutierrez and Jesse Phillips stock CDs on shelves in preparation for the Land Park store's July 17 opening.

pay tribute to a man who is considered by many to be an icon of the capital city.

"Wear something cool and come on down and see what's happening on this fun day,"

Radakovitz said. "Everybody's welcome, so hear some music and have a good time while we honor Russ, the father of retail music – that's what I call him!"

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Executive Airport's Aviators Restaurant celebrating 10th anniversary

By LANCE ARMSTRONG
Land Park News Writer
lance@valcomnews.com

For Sacramentans and visitors of the community who are seeking a unique dining experience, a trip to the Executive Airport might just do the trick.

No, this is not a suggestion that one should leave the city in order to find such a place.

Instead, it is a recommendation for those seeking a restaurant with quality offerings and reasonable prices with a non-everyday atmosphere.

This restaurant is the Aviators Restaurant at the Executive Airport at 6151 Freepoint Blvd.

Although it has been 10 years since this American food eatery opened its doors to the public and has continued to attract more custom-

ers on a regular basis, the restaurant is nonetheless one of those places that can still widely be considered a "best kept secret."

Taking off

As early as the late 1970s, according to old telephone books – and some people say it was around even earlier – another restaurant known as the Red Baron Steak House drew many regulars to the same site.

But those days are long gone and despite attempts made to establish another successful restaurant at this site, it was not until May 15, 2000 that Aviators Restaurant began to become such a place.

For Aviators Restaurant owner, C.S. Chik, his efforts to build a strong clientele at this site was about a yearlong process.

With his many years of experience and his determination to succeed at his new business, Chik eventually drew a steady flow of regular customers.

And of course, Chik's foresight to maintain much of the original décor of the old Red Baron Restaurant added to much of the appeal of the current restaurant, especially for many people who frequented the place when Red Baron Steak House attracted many customers through its quality steaks and popular bar.

The bar is no longer in operation, however, since Aviators Restaurant resorted to a smaller alcoholic beverage operation with beer and wine.

Although the place also no longer has its red carpets and the old Red Baron-type bi-plane at the front of the



Land Park News Photo/Lance Armstrong

Aviators Restaurant at the Executive Airport is open daily for breakfast and lunch and on Fridays and Saturdays for dinner.

building, much of the old restaurant's visuals remain.

Among these things are a model of a Red Baron plane hanging from the ceiling, a 10-foot wooden propeller hanging on a brick wall above the salad bar, which has an old T-

33 jet plane canopy cover, aviation-themed stained glass and booths created in the likeness of old plane cockpits.

But the most notable of all of the many features of the

See Aviators, page 9

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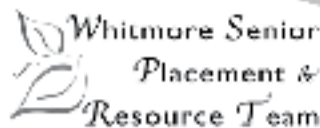
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Aviators: 'We live in the area and we love this restaurant'

Continued from page 8

restaurant are its large windows, which overlook the airport and its planes.

Chik, a native of Hong Kong who immigrated to America in 1982 and now resides in Woodland, said that many people request to sit near the windows.

Furthermore, Chik said that people of all ages dine at his restaurant, including some of the biggest fans of the airport's planes – children.

"A lot of kids come here and sometimes we even let them sit on the ledges (by the windows), but we tell them to be careful," Chik said.

Restaurant landed

Elk Grove resident Mary McCall, who has been waitressing at Aviators Restaurant since the day that it opened, described the restaurant as a very enjoyable place to dine.

"It's a family atmosphere (restaurant)," McCall said. "Some people like formality. I don't and this is fun. I have some customers come in and if I don't tell them a joke, they don't want to eat. Most of the customers know each other, maybe not by name, but by sight. And most of the new customers, it takes them a little bit, but they blend in. It's like a big family here. In fact, I spend more time with them than I do my own family."

And it does not take long to realize how much McCall loves working at the restaurant and how much her customers enjoy her presence at the eatery.

Unlike many restaurant servers, it is not uncommon to see McCall greeting her customers with a hug and her infectious smile.

McCall said that such closeness with her customers also means that she cannot skip a day of work without anyone noticing.

"There was one time when I was out – I had heart surgery – and half of my customers were calling my house asking, 'Where are you?'" McCall said.

So connected is McCall with her customers, that she said that she has many of their regular orders memorized.

"I already know what half of them are going to eat before

they even sit down," McCall said. "It's like, if you're going to change your mind, you've got to call a day ahead."

One of the restaurant's customers, Bob Tozier, said that good service is a key factor to the success of a restaurant.

"(McCall) is a good waitress and she's good to everybody," said Tozier, who dines at the restaurant with a retired firefighters' group every month. "That's a big part of it. Food is important, but if you don't like the server, none of it's any good."

Besides providing good service, McCall believes in having a sense of humor, no matter whom she is talking to, including reporters.

When asked to describe the type of place that the restaurant is, in general, McCall responded, "I'm here. What else do you want?"

So, perhaps simply a bonus to the restaurant's most renowned server, Aviators Restaurant also happens to serve some very popular menu items.

And when encouraged to provide detail about the restaurant's food, McCall said, "They all say the food is good. I don't think I've had more than one complaint in 10 years about the quality of the food. And the kitchen never fusses when someone wants a special order."

And with her sarcastic sense of humor that has endeared her to many of her customers, McCall added, "The kitchen doesn't (complain), but I do."

On the menu

Among the entrées that McCall said that customers order the most are:

The Aviator: Home fried potatoes mixed with onions, bell peppers, diced ham and cheddar cheese and topped with two eggs for \$6.95.

In-Flight Scramble: Scrambled eggs with bacon, avocado, diced Ortega chiles, jack and cheddar cheeses, black olives and green onions topped with salsa and sour cream for \$6.95.

Exclusive Sandwich: Sliced roasted beef with sautéed onions, peppers and cheddar cheese on a French roll for \$7.75.

Special Grilled Steak Sandwich: Grilled steak on a

French roll; served with French fries and choice of soup or salad for \$9.95.

Caribbean Salad: Grilled chicken with hot mustard, tomato salsa and tortilla chips and served with bread for \$7.25/half order or \$8.95/full order.

Daily Special: Three pancakes, two eggs and two sausages for \$3.25, during the hours of 7 to 9 a.m.

Senior Test Pilot specials: Breakfast entrees for people 55 years old and older. These entrées range in price from \$4.75 to \$5.25.

The restaurant, which has a seating capacity of 190 within its main dining room, banquet room (former bar area) and meeting room, also serves omelettes, French toast, quesadillas, pasta, New York steak, fried catfish, stir fry chicken and much more, including hamburgers with half-pound patties, which Chik said will never leave his customers asking, "Where's the beef?"

Frequent flyers

Certainly, a real test of the restaurant's quality is evident through the words of the restaurant's repeat customers, including frequent flyers, Aircraft Commander Gordon Evans and Observer Tom Walker of the U.S. Coast Guard Auxiliary.

During a recent stop at the Executive Airport, Evans and Walker explained that it is difficult to find a better restaurant at an airport than Aviators Restaurant.

And this is saying a lot, considering that the pair of flyers volunteer within an area of responsibility that spans as far north as Crescent City and the Oregon border to all the way down to San Luis Obispo to the south.

"We have our choice of airports and we like to come here (to Aviators Restaurant), because the food is so good," Walker said.

Pocket residents Tony and Joan Remitz are also quick to share their positive views about the eatery.

"We live in the area and we love this restaurant," Tony said. "The food is good and the service is great and the prices are very reasonable. We used to come



Aircraft, like the planes shown above, are a common visual for Aviators Restaurant diners.

here when it was the Red Baron and one day we were driving by and saw the sign for Aviators (Restaurant) and we decided to try it. We now come here for breakfast probably three or four times a week."

Joan, who enjoys breakfast entrées such as The Aviator and the In-Flight Scramble, while Tony prefers sandwiches, with his favorite being the Exclusive sandwich, said that the restaurant is "perfect," because the eatery serves both breakfast and lunch simultaneously.

"I don't eat breakfast," Tony added with an affirmative tone to his voice.

In celebrating his restaurant's 10th year in business, Chik shared his secret to success.

"When people ask, we deliver," Chik said. "That's the secret to the business. If you want something special and we have it, we'll deliver. But the honest truth is, we take care of our customers."

About Aviators

Aviators Restaurant is open daily for breakfast and lunch from 7 a.m. to 3 p.m. and on Fridays and Saturdays from 5 to 9 p.m. for dinner.

For additional information about this restaurant, call (916) 424-1728.

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Dachshunds will have their day at California State Fair

By Maxwell von Crumpmeister
Guest Canine Columnist

Eleven years ago, the California State Fair started up a new event, called the Dachshund Derby. The purpose of this event is to provide humans with great entertainment and to highlight the fact that we dachshunds don't think we are big dogs...we know we are big dogs.

My human mom, Susan, asked me to write this article, because I have firsthand knowledge of the Dachshund Derby – even if this keyboard is a challenge for my tiny paws.

I ran in the Dachshund Derby every year for the last six years. I loved my racing career. Even though I am retired now (by something my humans call "mild arthritis"), I never tire of the sights and sounds of the racetrack at Cal Expo. There is something thrilling about the thunder of tiny paws, the cheer of the crowd and the T-R-E-A-T-S at the finish line.

Sixty-four wiener dogs of every shape – well, every long and short shape – and size will run in eight races on Saturday, July 17 at the fair's Miller Lite

Grandstand, starting just before 2 p.m.

The races are run "smallest to largest." So, the smallest mini dachshunds will run in the first race. The second through the seventh races will run dogs from mini to "schmini" to standard dachshund size, right up until the eighth race, when the largest dogs will run.

After all eight "heats" are run, the winners from each heat will compete in the final race, the Grand Championship.

Between each dachshund race, the fair will run thoroughbred horse races. I think it is funny seeing a human riding on a horse's back, going fast.

Speaking of fast, dachshund racing is all about fast. And focus. I've seen many a race lost by a nose distracted by the scent of food on a stick. Hey, we're hounds after all.

My friend, Frank, won the Grand Championship three years ago. He has finished first in his "heat" for the last five years. We raced in the championship together, and let me tell you, I've never seen a more focused dog. Frank lives with his mom, Heidi Clark. Frank is nearly blind. When I asked him

his secret, he told me, "Experience, my friend. And use your nose. My human has bacon in her pocket. Works for me."

I admit, running a straight line to my Dad was a challenge for me. The first year I was in the Derby, I ran around the starting box to my human sister. After all, good dogs aren't supposed to run away from their humans, are they?

I realized that there was a human family member across the field at that thing called "the finish line" the next year. Even though I was the last dog in my heat, my family made a great fuss over me. All for going over a ribbon. Imagine.

The third year, I knew my job. I ran like the wind, my tiny ears bobbing in the breeze, my athletic little body flexing like a greyhound. I focused on Dad and the bell he was ringing. I was running in second to Downtown Beans, when Beans suddenly became distracted by a cameraman...and veered off course. To my great astonishment, I won my heat – and \$25. You can see my big moment at tinyurl.com/nbv3vo.

Frank blew all the other dogs away that year, with his



Photo courtesy of California State Fair
The thunder of tiny paws will be heard on July 17 at Cal Expo, when the California State Fair celebrates the 11th annual Dachshund Derby. Downtown Beans leads the pack. Maxwell von Crumpmeister trails in third by a tail.

keen nose and twinkling toes. Truly, the Fastest Wiener in the West.

Dachshunds are wonderful, but to be just, all dogs are great dogs. The California State Fair knows this. That's why the fair is once again partnering with Blue Buffalo Foundation for Cancer Research as the 11th annual Dachshund Derby's signature charity. Cancer is seen in about 1,100 of every 100,000 dogs who get regular check-ups by a veterinarian. Cures for canine cancer may eventu-

ally lead to cures for humans, too.

We dachshunds think this help to the canine kingdom is much needed, so we encourage dog lovers everywhere to come to the races. Purchase an "I picked a Wiener" blue ribbon at the races for \$1 and support the cause.

There will be lots of dog lovers on hand at the fair on July 17 at 1:30 p.m., and it's really a lot of fun. So come to the fair and cheer your favorite canines on. You know you want to.

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Up for some coffee and conversation?

Special Summer Community Conversation Series is July 13

Special to The Land Park News

Another in a series of Community Conversations will happen at coffee houses throughout Sacramento neighborhoods on Tuesday, July 13 at 7 p.m. The series, sponsored by the Sacramento Region Community Foundation in partnership with Capital Public Radio and the Sacramento Bee is designed to bring neighbors together to enjoy the time-honored tradition of civil discourse. The topic of the discussion is "Budget Cuts: What are we willing to do without and what are we willing to do about the rest?"

The events will be facilitated at eight coffee shops and encourage people to express their ideas and opinions. Each conversation

is subsequently summarized on the Community Conversation Web site and participants are encouraged to continue the discussion as well as offer ideas for future conversations.

Neighbors in communities served by Valley Community News are invited to events at Espresso Metro, 2104 11th Ave., Land Park/Curtis Park, and at the Starbucks in the Nugget Center on Florin Road in the Pocket. East Sacramento residents will be served by the College Glen Starbucks at 8393 Folsom Blvd. No reservations are necessary. For information, call the Sacramento Community Foundation at (916) 921-7723. The Web site to learn more about the series is www.communityconversations.net.

Visit us online at:

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Janey Way Memories



The story of Jack Vance



By **MARTY RELLES**
Land Park News Columnist
marty@valcomnews.com

Jack Vance moved to Janey Way early in the 1960s. He bought a house at the entrance to Janey Way next to the Ducray house. Initially his relationship with us seemed strained. He had a wife, but no children. He was sort of a recluse. When a football once rolled on to Jack's lawn, he admonished us for walking on it to retrieve the ball. This didn't sit well with us.

Then one day, things changed. As a group of us sat on the Ducrays' lawn talking loudly, Jack walked by holding two large dogs on a leash. Surprisingly, Jim Ducray stood up and intercepted Jack as he walked by.

"What kind of dogs are those?" Jim asked. "They are American Bulldogs," said Jack, "Do you want to pet them?"

Jim knelt down and stroked the well-behaved dogs. He asked Jack if they belonged to him.

"No," said Jack, "I train dogs for a living. I also work as a judge in dog shows. I want these dogs to learn good behavior around people. That's why I walk them around the neighborhood."

Soon we all walked up to pet the beautiful dogs. They clearly enjoyed the attention we gave them.

"Sit now," Jack said to the dogs, and they sat up straight and barely moved. We spent several minutes asking Jack questions about how he trained his dogs. After that, he walked off smartly, with the dogs in tow and behaving like the well-bred animals they were.

Subsequently, our relationship with Jack Vance changed. If a ball rolled on his lawn, he picked it up and threw it back to us. When he walked his dogs of various breeds down the street, we stopped him and admired the handsome dogs. Other times, we'd just say, "Hi Jack, nice dogs."

Years later after we all moved out of the neighborhood to start our own lives, Jim Ducray bought a large purebred dog. He went back to Janey Way to ask Jack how to handle the dog. Jack gave him clear instructions on how to train the spirited young animal.

Over time, Jack had become an integral part of our neighborhood. Our parents had warmed up to him too. Unlike old Joe, who lived on the other side of the Ducray house, Jack had come to like the children of Janey Way. Though he had no children, in a way, we were all his kids. We, in turn, learned to appreciate his skill in training animals.

Jack Vance died several years ago. He had lived on Janey Way for over forty years. In his later years, his health failed him, so he required 24-hour in-home care. When he died, he left his house to the man who provided that care. That fellow and his wife continue to live on Janey Way.

I can't help but think that the relationship we developed with Jack changed him as a person. It mellowed him. He became more tolerant of other people. His dogs became a connection to the children and the parents in our neighborhood, and Janey Way turned into his last stop on the road of life. His is another inspirational Janey Way memory.



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Photo courtesy

Belle Cooledge Library, located at 5600 South Land Park Dr., has been closed for a major remodeling project since mid March. The library reopens on July 10.

Belle Cooledge Library reopens July 10

Special to The Land Park News

The community is invited to the reopening celebration of Belle Cooledge Library, at 10 a.m., Saturday, July 10, 2010. The Sacramento Public Library branch, located at 5600 South Land Park Dr., Sacramento, has been closed for a major remodeling project since mid March.

The reopening family festivities will begin at 10 a.m. with formal rededication remarks and opening of the library. Face painting with Glitter the Clown; Henna tattoo and balloon artist Blanca Rose; amazing juggling with Kyle Johnson; and listening enjoyment with flute

and harp duo, Music A Due are scheduled from 12 noon to 2 p.m. Singer-musician Francie Dillon will present a hand-clapping, musical program at 2 p.m. Free refreshments and celebration cake will be served.

Opened in 1992 at its present location, the 12,000-square-foot library branch is having its interior redesigned for easier access. Improvements will include expanded children's and teen areas, a fresher look, more convenient seating, more open and inviting space, and better access for wireless Internet users.

For more information, please telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.

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Big Value: California State Fair hopes discounts will woo families

By SUSAN LAIRD
Land Park News Writer
susan@valcomnews.com

Had a craving for food on a stick lately? Or have you wanted to take the kids to the State Fair, but just never found the time because of school activities? On a budget?

The 2010 California State Fair at Cal Expo is taking all of those challenges into consideration, and is taking an unprecedented step: it is opening a month early, with discounts on admission, specials on rides and reduced food prices.

Opening day at the fair is July 14, and the fair will run through Aug. 1.

Fair officials hope that this change in date will help families to re-establish the tradition of going to the fair together before the start of the school year. Fair attendance has been down significantly – some 45 percent – since 2002. Most of the decline was attributed to families being unable to attend the fair, due to earlier and earlier starts to the school year in California school districts. Gone are the days – for most – of school starting the day after Labor Day.

Ticket prices slashed

Pre-sale admission to the fair and its attractions has been slashed from 13 to 87 percent, depending on what packages are purchased. Discounts are available until July 13. Then, regular admission rates will apply.

A pre-sale “Poppy Pack” includes admission for four, tickets for four rides and one parking pass. It retails for \$39.95, a savings of 43 percent. Poppy Packs are available online at bigfun.org. They are not available at the gate.

The best buy for fair lovers is the State Fair Season Pass, which is discounted 87 percent to \$29.99 per person. The season pass is a new creation, and includes admission to Raging Waters during the run of the fair.

Those who love the rides on the Midway can purchase an Unlimited Rides Wristband that is valid on most rides for \$28, a pre-fair savings of 20 percent.

Pre-sale discounts on general admission for youth (\$6), seniors (\$8) and adults (\$10) are good until the day before the fair. On opening day, admission will go up an additional \$2 for all categories.

Tickets can be purchased at www.bigfun.org.



Photo courtesy of California State Fair
Poppy the Bear is the mascot of the California State Fair, and is a big hit with children of all ages.

Read 2 Ride

Kids in the eighth grade and younger who read two books and fill out an online form (available at tinyurl.com/2f7phcu) will receive tickets for two free rides at the fair. Children should bring their completed forms to the main gate. Avid readers will want to know that they can only redeem one form per day.

Cheap(er) eats

Here's news: all food at the State Fair will be 25 percent less than last summer. This should make the decision-making easier for those who can't decide between choosing a traditional corndog or a deep-fried Twinkie on a stick. Families on a budget may be able to treat the kids a little more easily, too.

Scaly things are cool

Reptiles are definitely “in” at the State Fair this year, as two new exhibits are unveiled: a “Days of the Dinosaur Exhibit” and an all-new “Jungle and Reptile Adventure.” These exhibits are family-friendly, fun and educational.

The indoor dinosaur exhibit is impressive – it will feature more than a dozen life-sized dinosaur robots. There will be skeleton replicas, hands-on activities and more. For a preview of the exhibit, visit YouTube at tinyurl.com/2aryv23. Admission to this amazing exhibit is free to fair visitors – a great value by itself alone.

The outdoor “Jungle and Reptile Adventure” will be located in the Floriculture tent. It will feature a variety of birds, amphib-

ians and reptiles – including colonies of alligators and large tortoises.

Big Fun

The standard favorites are all there for those who love the fair: the agricultural exhibits, the farm animals, the racing horses and dachshunds, the arts and cultural exhibits, the rides on the Midway, the contests of skill, the vendors hawking amazing products and more. It may be wild, wacky and fun...but that's what summer fairs and family outings are for. This summer's California State Fair promises to make some wonderful memories. And that's priceless.



Photo courtesy of California State Fair
Big eats for less: Food and beverages will be discounted by 25 percent at this year's California State Fair.



Photo courtesy of California State Fair
Kids and critters: The California State Fair highlights the state's number one industry: agriculture. Young people who are involved in programs such as 4-H and Future Farmers of America will show the animals they have raised this year at the fair.

157th California State Fair

July 14 - Aug. 1

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Monday - Thursday: Noon to 10 p.m.

Friday - Sunday: 10 a.m. to 10 p.m.

Midway Hours:

Monday - Thursday: 2 p.m. to 11 p.m.

Friday - Sunday: 10 a.m. to midnight

Raging Waters:

Monday - Friday: 11 a.m. to 6 p.m.

Weekends: 11 a.m. to 7 p.m.

Discount Prices:

General: \$10

Senior (ages 62+): \$8

Youth (ages 5-12): \$6

Child (ages 0-4): Free

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Sacramento's parks have rich history in the capital city

By LANCE ARMSTRONG
Land Park News Writer
lance@valcomnews.com

Certainly, just about anyone who has lived in Sacramento for a few years or more is quite familiar with the city's wealth in parks.

From the larger parks such as McKinley Park and William Land Park to a wide variety of smaller parks, Sacramento offers plenty of parks for leisure and entertainment.

So plentiful is the park system in the capital city that more than 200 developed parks and open spaces are available to the community and its visitors.

But despite common knowledge that Sacramentans are fortunate to have access to such public places, fewer people know the richness of the city's park history.

Undoubtedly, many of Sacramento's parks are quite old, with some of these parks having roots that date back to the days of the Gold Rush and the city's founder, John Augustus Sutter, Jr.

Helping to set the stage for the local park system, Sutter, Jr. donated 10 "squares" or "plazas" for "public use of the inhabitants."

This generous gift to the city was to be applied to such public purposes as the future incorporated authorities, from time to time, would declare and determine.

The following is a history of the "squares" donated by Sutter, Jr. to the people of Sacramento.

Cesar Chavez Plaza

The first of these "squares" to be developed was today's Cesar Chavez Plaza, located between 9th, 10th, I and J streets. The park received this name in 1997 in honor of Chavez (1927-1993), the Chicano civil rights leader, who or-

ganized the United Farm Workers Union.

Known to many today as the site of a farmers market (Wednesdays, 10 a.m. to 2 p.m., May through October), a free summer concert series, community rallies or simply a leisure place to relax, this "square" has been an essential part of the city, since becoming a park in 1873.

The process of creating the plaza, which is located just south of the historic city hall building, was challenging, considering that when work began on the site in 1872, the "square" was much deeper than the nearby streets levels. The raising of many acres in this part of the city about a decade earlier as a barrier against floods had given the future park site its bowl-like appearance.

During about a five-month period, the "bowl" was filled in and by the spring of 1873, the plaza was an attractive site with Kentucky blue grass, 14-foot sidewalks and a surrounding fence.

Later improvements included an iron fountain (later replaced by the current concrete fountain in 1928), the Andrew Jackson Stevens and Cesar Chavez memorials, additional sidewalks and a variety of trees and plants.

Other unique facts about this park include that it was considered as a future site for the state Capitol building in the 1850s and an underground parking garage in the 1940s.

Marshall Park

This "square," located between 27th, 28th, I and J streets, was once used as the site for Marshall School, which was built in 1889.

When the school was demolished many years ago, a park was built in its place.



Photo courtesy of the Lance Armstrong Collection
The 1889 Andrew Jackson Stevens Memorial, shown in this c. 1905 photograph at City Plaza – today's Cesar Chavez Plaza – is the city's oldest monument.

Like the school, the park, which was completed in 1908, was named in honor of James Wilson Marshall (1810-1885), the man whose 1848 discovery of gold set off the California Gold Rush and the largest mass migration of people in the history of the world.

Marshall Park also serves as home to the Ethel MacLeod Hart Multipurpose Senior Center, which is located at 912 27th St. in a large building at the center of the park.

Grant Park

Located between 21st, 22nd, B and C streets, Grant Park is a 2.6-acre recreational site with a baseball diamond, stadium lights, bleachers, a picnic area, a playground and shade trees. But for many years, longstanding legal battles held the community away from enjoy-

ing what Sutter, Jr. had intended for "public use of the inhabitants."

This problem occurred due to a dispute by William Mesick, who had earlier acquired the "square" and some surrounding property.

Although Mesick fought the city, stating that its claim on the "square" was not valid and that he was the rightful owner of the property, the Board of Supervisors exercised its legal rights and authorized the 1862 construction of a horseracing track that by 1873 was utilized for the State Fair.

The property was converted into the Grant Playfield in 1940.

The playfield, which was later renamed Grant Park, was named in

See Sutter Squares, page 23

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Sutter Squares: These 'squares' make up city's historic parks

Continued from page 22

honor of Ulysses S. Grant (1822-1885), the 18th U.S. president and the commander in chief of the Union during the Civil War.

Roosevelt Park

Named after Franklin D. Roosevelt (1882-1945), the 32nd president of the United States, this park is located between 9th, 10th, P and Q streets.

This recreational site, which was formerly known as Roosevelt Playfield, consists of a softball field and a pair of basketball courts and draws enthusiasts of these sports, as well as those interested in playing soccer, jogging or simply relaxing. The site also offers a certified farmers market every Tuesday, from 10 a.m. to 2 p.m., from May through October.

In earlier years, the "playfield" was a popular site for tennis players and children, but the site no longer includes its historic tennis courts, nor does it offer any recreational playground equipment for children.

Prior to becoming a park, the site was home to two of the city's early schools, the Capital Primary School, which was destroyed by fire, and the Harkness Grammar School, which was named after Dr. H.W. Harkness, the first city superintendent.

Fremont Park

This park, which is located between 15th, 16th, P and Q streets, offers one of the city's newest children's playground areas, as well as a popular, shaded picnic area.

A certified farmers market, with the same schedule as Roosevelt Park, and the Chalk It Up to Sacramento! Labor Day weekend sidewalk art event, are also held at this park.

The park is named after Lt. John Charles Fremont (1813-1890), the famous explorer of the West, Civil War military officer and the first Republican candidate for the office of the president of the United States.

In 1898, this "square" received attention as a possible school site, but the idea was eventually abandoned when another school site was selected.

Muir Park

Located between 15th, 16th, B and C streets, this park, which was formerly re-

ferred to as Muir Playfield, opened in 1923.

The park was renovated and reopened in 2007 and includes the following amenities: a soccer field, a basketball court, a children's playground, barbecues and high-quality walkways.

Historically, the playfield featured a clubhouse, basketball courts, horseshoe-pitching courts, horizontal bars and teeter-totters.

The park was named in honor of engineer, writer and naturalist John Muir (1838-1914), one of the first modern preservationists and the founder of the Sierra Club conservation organization.

Winn Park

This park, which is located between 27th, 28th, P and Q streets, bears its name in honor of Gen. Albert Maver Winn (1810-1883), the city's first mayor and the founder of the order of the Native Sons of the Golden West.

In addition to these accomplishments, Winn also contributed to the civil and military beginnings of the city, organized the first Odd Fellows lodge on the West Coast and assisted greatly in the establishment of the first Episcopal church in Sacramento.

It is believed that he was also a member of every fra-

ternal organization in Sacramento.

Although the park, which has a large, non-public building as its centerpiece, maintains much of its general historic appearance, a variety of improvements on the site were made in 2001. These additions include a fenced "tot lot" play area, additional walkways, picnic areas and benches.

Stanford Park

This historic "square," which is bounded by 27th, 28th, B and C streets, was originally known as the Stanford Playfield.

The park was named in honor of Leland Stanford (1824-1893), one of the most prominent individuals in Sacramento history.

Stanford, who once made his home in a 38-room mansion at 800 N St., is known for his position as one of the "Big Four" of the Central Pacific Railroad, his founding of Leland Stanford Junior University, his service as the 8th governor of California and his work as a U.S. senator.

For many years, baseball enthusiasts have enjoyed the site, which includes one of the city's most popular baseball diamonds.

Additionally, visitors of this park, which is located about 200 feet south of the site of the historic American River land-

ing of Sutter, Jr.'s father, John A. Sutter, Sr. often take advantage of the park's picnic area.

The non-park Sutter "squares"

The final two "squares" of the Sutter grants are not used as public parks. These sites are as follows:

Alkali Playfield

This former park site, located in the Alkali Flat section of the city, between 10th and 11th streets on C Street, is the only "square" to have become a park, yet no longer retain this status.

Despite its ideal location for residents of the area, this "square" was left undeveloped until 1940, when it became known as the Alkali Playground.

Difficulty in developing this "square" occurred due to the fact that the railroad ran diagonally through the site. And when the tracks were removed due to the construction of a nearby trestle, the property was left with a large rock pile.

With the desire of Alkali Flat residents and the approval of the city council, construction began to convert the site into a park.

On Feb. 2, 1940, the park, which included trees, grass, swings, a teeter-totter and slides, was opened. But for about the past 30 years, the "square," which sits near the

KCRA Channel 3 news building, has not been utilized as Sutter, Jr. had intended it to be used.

Memorial Auditorium

Although this "square," located between 15th, 16th, I and J streets, was never used as a park, its benefit to the community has nonetheless been great.

The site was originally home to the Sacramento Grammar School, which was erected in 1872. The school was later renamed the Mary J. Watson School.

In 1927, the auditorium opened as a memorial to "those who made the supreme sacrifice in the service of the United States."

The 3,849-seat venue has since been the source of many memories, as it has featured a variety of events, ranging from concerts and sporting events to plays and political functions.

Fulfilling the city founder's dream

Today, as the majority of these "squares" make up some of the city's most historic parks and the dream of Sutter, Jr. is being realized, the city's Department of Parks and Recreation is carefully working to preserve the past, while looking to the future.



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JULY

Latino Dance and Culture Group

Come dance to the beat of all types of Latino music on July 13 and July 20. Featuring DJ music and delicious Mexican food. Donations of \$3 or more to enter. Held at the Ethel Hart Community Center, 915 27th St., from 6:15 p.m. to 9 p.m. Call Barbara Alarcon at (916) 400-4514 for more information.

JULY 8

Computer Club meeting

The Mission Oaks Computer Club will meet on Thursday, July 8, 2010 from 1 p.m. to 3 p.m. at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. The meeting topic will be "What's New at Apple," presented by Brent Sallee of MacClicks. A problem-solving

clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. First-time visitors are welcome. For additional information call (916) 366-1687 or visit our Web site at www.missionoakscomputerclub.org.

JULY 10

Jensen Garden Workday

Friends of the Jensen Botanical Garden hold garden workdays one Saturday of every month from 9 a.m. to 1 p.m. The next workday is July 10. Bring work gloves, hand pruners and your lunch. Come join with other volunteers to keep the garden beautiful all year. Next workdays in 2010 are 8/7, 9/11, 10/9, 11/6, 12/4. The Jensen Garden is located at 8520 Fair Oaks Blvd. in Carmichael. For more info: Tracy Kerth (916) 485-5322 ex23 or email tracy@carmichaelpark.com.

Belle Cooleedge Library reopening

The community is invited to the reopening celebration of Belle Cooleedge Library, at 10 a.m., Saturday, July 10. The Sacramento Public Library branch, located at 5600 South Land Park Drive, Sacramento, has been closed for a major remodeling project since mid March. For more information, please telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.

Tahoe Park Soccer Registration

Tahoe Park Soccer Registration begins in June. Registration day is July 10. Visit their Web site for additional registration details: www.tpsoccerclub.com.

JULY 10-11

40th Wildlife Art Festival

Birders of a feather will flock together as the Pacific Flyway Decoy Association presents its 40th Wildlife Art Festival, Saturday and Sunday, July 10-11, Double Tree Hotel Sacramento, 2001 Point West Way. Designed specifically for families, the event celebrates traditional wildlife artworks with contests, displays of carvings, fine art, antique decoys, sculpture and interactive kids activities. Event is July 10, from 9:00 a.m. to 4 p.m. and July 11 from 9:30 a.m. - 4 p.m. Tickets are \$5 for the weekend, children 12 and under, free. For more information, visit www.pacificflyway.org.

JULY 17

Bee Workshop

Come hear the "buzz" about native bees and their place in the urban landscape on July 17, 2010 at 9:00 a.m. at the Historic City Cemetery, 1000 Broadway. Join bee experts to identify and learn about bees at the beautiful Hamilton Square Garden in the cemetery. Park across the street from the cemetery on Broadway and walk due south. There is no charge, but donations toward the beautification of the cemetery are appreciated. Call 916-455-8166 for more information.

Baseball and beer tour

Sacramento's love affair with America's favorite past-time traces its roots to the early days of the city. Find out how it all began on this Saturday morning tour at the Sacramento Historic City Cemetery! The tour commences at 10 a.m. from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. Held under the auspices of the City of Sacramento Division of History & Science, the Old City Cemetery Committee, Inc. presents this tour as a public service. For tour information please call (916) 448-0811. Tours are free though donations for the restoration of the cemetery are greatly needed and appreciated.

Free E-waste drive

Looking for a way to get rid of all that outdated equipment piling up around the house at no cost to you? Northminster Presbyterian Church, located at 3235 Pope Avenue, offers one an opportunity to do so in its fundraising drive (to update its computer equipment). The drive will be on Saturday, July 17, 9 a.m. - 1 p.m. Items can be dropped off easily at the church. Please call if you need an item picked up. For further information call 487-5192.

JULY 25

2010 Pear Fair

Always the last Sunday in July, the 38th annual Pear Fair will be Sunday, July 25, 2010 from 9 a.m. to 6 p.m. in the Sacramento River Delta town of Courtland, located just 20 minutes south of Sacramento, off Highway 160. Last year, the fair drew in more than 7,000 people. Make sure and arrive early to enjoy all the festivities. For more information, visit www.pearfair.com.

Todd Morgan and the Emblems

Todd Morgan and the Emblems are performing in the Carmichael Concerts in the Park series, July 25, from 6:30 to 8:30 p.m., at the Carmichael Park Bandshell, located the corner of Grant Avenue and Fair Oaks Boulevard. This is a free event.

JULY 31

Alzheimer seminar

Chinese Community Church will host a seminar on Alzheimer. Saturday July 31 from 10:30 a.m. to 12 noon. Our address is 5600 Gilgunn Way, 95822 located on Fruitridge Road between Freepoint Blvd and South Land Park Dr. Everyone is welcomed. Free. For more information contact 424-8900.

AUGUST

Art show

"Pin-ups," Sacramento Fine Arts Center, August 3-14. The "Pin-ups" Show is where you will find gems of original artwork in a huge selection of unframed work pinned to the Sacramento Fine Arts Center walls. Also showing in our second gallery is the "Docents Art Show". Docents of the Sacramento Fine Arts Center get to show their stuff at this annual show honoring them. You will find award winning art by our talented docents at this all media show. 5330 B Gibbons Drive, Carmichael, CA 95608 Gallery Hours, 11 a.m.-7 p.m. Tuesdays, 11 a.m.-3 p.m. Wednesdays through Saturday. For more info: www.SacFineArts.org.

AUGUST 3

Casa Garden Restaurant

Tuesday, August 3: 11:30 a.m. wine social featuring "Three Wine Company" at the Casa Garden Restaurant, 2760 Sutterville Road. "Three Wine Company" will pour wine during hors d'oeuvres, to be followed by lunch (choice of Chicken and Spinach Crepes or Grilled Chicken and Nectarine Salad) and dessert Heavenly Raspberry Torte -- \$20 per person, including tax and gratuity. Reservations a must - call (916) 452-2809. Proceeds benefit the Sacramento Children's Home.

AUGUST 10

Casa Garden Restaurant

Tuesday, August 10: The VoCALs' musical presentation of "Malt Shop Melodies 2" at 11:15 a.m. and 1:15 p.m. seatings at Casa Garden Restaurant, 2760 Sutterville Road. Entrée choices: BBQ Beef Brisket with Garlic Roasted Potatoes or Grilled Chicken and Nectarine Salad; dessert Belgian Cream Cake -- \$20 per person, including tax and gratuity. First-come, first served group reservations by one person, one check. Reservations a must - call (916) 452-2809. Proceeds benefit the Sacramento Children's Home.

AUGUST 28

Kitten adopt-a-thon

It's "kitten season" — and Happy Tails Pet Sanctuary is partnering with Extra Space Storage to find loving, permanent homes for Sacramento's homeless kittens. The "Kitten adopt-a-thon" runs from 10 a.m. - 2 p.m. at Extra Space Storage, 3000 B St. For more information, please visit www.happytails.org.

ONGOING

American Legion Dance

The American Legion Dance, Held on the first Friday of each month from 7 - 10 p.m. at Veterans Memorial Hall at Royer Park in Roseville, featuring ballroom, Latin, swing, and night club dances with DJ Bob Wayman. The public is invited and singles are welcome. There is a great wood dance floor, good parking, no-host bar, soft drinks, and snacks. Come dance and make new friends. The hall is located at 110 Park Drive. Cost \$8. Info: (916) 783-7267. Proceeds go to support the troops and our veterans.

Bariatric Surgery Informational Seminar

Learn all about what bariatric surgery is and is not. The seminar is held the first Saturday of the month from 10 a.m. - 12 p.m., except for July and September when the seminar will be held on the second Saturday of the month. The seminar location is Bruceville Terrace (8151 Bruceville Road) in the Multipurpose Room. For more information, please contact Rondi Crowley at 423.5909.

Food Addicts Anonymous

Food Addicts in Recovery Anonymous is a 12-step group for people struggling with obesity, food obsession, or eating disorders. There are no dues or fees, or weigh-ins. All are welcome to join them: Monday - 6:30 p.m. Greenhaven Lutheran Church Fellowship Hall, 475 Florin Rd. Sacramento; 7 p.m. Warehouse Christian Ministries, 10020 Foothills Blvd. Roseville; 7 p.m. Nevada County Contractors Assoc. - 149 Crown Point Ct., Grass Valley; Tuesday - 6:45 a.m. Southside Park Clubhouse, 2051 6th St. (btwn T & W Sts), Sacramento; 9 a.m. St. Andrew's United Methodist - 6201 Spruce Ave, Sacramento; 6:30 p.m. Kaiser Medical Center Conf Rm, 1900 Dresden, Lincoln; 7 p.m. Faith United Methodist Church - 3600 J St., Sacramento; Wednesday - 7 p.m. Davis United Methodist Church - 1620 Anderson Rd, Davis; Thursday - 9 a.m. St. Andrew's United Methodist Church - 6201 Spruce Ave, Sacramento; 6:30 pm Christ Unity Community Church - 9249 Folsom Blvd. Sacramento; 7 pm Auburn Grace Community Church, 3126 Olympic Way Rm 117, Auburn; Friday - Southside Park Clubhouse, 2051 6th St. (btwn T & W Sts), Sacramento; 7 p.m. Kaiser Facility Folsom, 2155 Iron Point Rd, Conf Rm 1, Folsom; 7 p.m. Kaiser Hospital 3700 Vaca Valley Pkwy 3rd Fl., Rm B, Vacaville; Saturday - 8 a.m. Fremont Presbyterian Church - 5770 Carlson Dr. Chapel, NE corner of campus, Sacramento; 8 a.m. St. Andrew's United Methodist - 6201 Spruce Ave, Sacramento; 8 a.m. Briar-Patch Co-Op Community Market, 290 Sierra College Dr. Community Rm., Grass Valley. For more information: www.foodaddicts.org.

MONDAYS

Gray Eagles

Gray Eagles - a M/F social group sharing WW II history of military or sport aviation. Former air, ground, or carrier crew, or anyone interested will enjoy our monthly speakers. Topics include B-17s, Reno races, Fire attack A/C, Airshows. Drop by to visit - FREE. We meet the second Monday, each month at Hometown Buffet, 4300 Florin Rd. (private dining room), Sacramento, 11:30 - 1:30. See www.grayeagles.net or call Lou @ 421- 0844.

Tai Chi at Hart Center

Chinese exercise combines specific movements and relaxation, 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St. Instructor, Mamie Woo. Information at 808-5462.

Hatha yoga class

Instructor Pat Shaw teaches students to align the body through breathing techniques, postures and deep relaxation, 3 to 4 p.m., Hart Senior Center, 915 27th St. Information at 808-5462. Repeats Wednesdays, Fridays.

Gray Eagles meet

Gray Eagles, a social group for men and women, hears guest speakers on air shows, flying and warbirds, 11:30 a.m. to 1 p.m., second Mondays of the month. Visitors welcome. Free, at the Hometown Buffet (private dining room), 4300 Florin Road. Information at 421-0844.

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Newcomer's Buffet

The Widowed Persons Association of California invite any and all widows and widowers to attend their Newcomer's Buffet and Social at 5:30 p.m., every third Monday, at the Plaza Hof Brau, El Camino at Watt Avenue. The cost varies as the choice is from a no-host buffet menu. For more information, call 972-9722.

Toastmasters meet

Guests always welcome at Klassy Talkers Toastmasters to have fun while improving speaking and leadership skills, 7 to 8:30 p.m., Executive Airport 6151 Freeport Blvd., 95822. Information: Jan at 284-4236 or www.sacramentotoastmasters.com.

Co-Dependents Anonymous

Co-Dependents Anonymous meets, 7:30 p.m., Friends Church, Fireside Room, 41st and E streets. This 12-step group is for people whose common problem has been an inability to maintain healthy relationships. We support each other in developing fulfilling relationships. For more information, call 1-866-794-9993.

Evening Tai Chi class

Sixty-plus minute class includes Yang style Tai Chi, Chi Gong exercises, and strength training using elastic bands, 6:30 p.m., Parkside Community Church, 5700 South Land Park Drive. Open enrollment - join anytime. Cost: \$15 a month for members, \$20 for non-members. Information: 421-0492.

Girls-only karate

Karate for girls ages 7 and older, 6:30 to 7:30 p.m., Elks Lodge No. 6, Riverside Boulevard at Florin Road. Meets Mondays and Wednesdays. Information at 470-9950.

Aviator interest

Gray Eagles, a social group for men and women to share stories of military or sport aviation -- for former air or ground crew, or anyone interested in B-17s, Reno races, and airshows. Free. Meets second Monday, 11:30 a.m. to 1 p.m., at Hometown Buffet, 4300 Florin Rd. (private dining room). Information from Lou at 421-0844.

Barbershop Harmony

Sacramento Capitolaire Barbershop Chorus rehearsals, 7 p.m., Sierra Arden United Church of Christ, 890 Morse Ave. Open to "men who like to sing." Call Joe Samora for details, 631-9848.

Antelope Quilters Guild

Held the second Tuesday of each month from 7 p.m. to 9 p.m., the Quilters Guild invites community members to their general meeting at the Lutheran Church of Ascension, 7607 Garden Gate Dr. in Citrus Heights. For more information, call 488-8858.

WEDNESDAYS

Yoga at Parkside Church

Svaroopo Yoga is a style of Hatha Yoga that can relieve pain, reduce stress, increase strength and flexibility, help with proper alignment and posture, calm the mind, and promote personal transformation. The classes are open to everyone. Beginning Yoga is offered on Wednesday mornings from 9:15am - 11:00am and Advanced Yoga is offered on Tuesday mornings from 8:45a - 11:00am. Fees are \$52 for a series of 4 sessions. Parkside Community Church is located at 5700 South Land Park Dr. Call 421-0492 for more information.

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TUESDAYS

Pastel landscapes class

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Free Medicare counseling

Health Insurance Counseling & Advocacy Program (HICAP) offers free, unbiased information and assistance with Medicare problems, help with health and long-term care insurance. HICAP does not sell, endorse, or recommend insurance. Appointments are every Tuesday with John Gallapaga, call 376-8915 to schedule an appointment. For appointments in Spanish, call Marta Erismann at 231-5110.

Women's networking

Soroptimist International of Sacramento South, a service club for business and professional women for 47 years, meets second and fourth Tuesdays, 12:15 p.m., for lunch and programs at Aviators Restaurant, Executive Airport, 6151 Freeport Blvd. Fundraising, networking, community service. Information: President Colleen Truelsen, 429-9901, email: colleen@valcomnews.com.

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- NASH Nashville Sounds
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Scenes of Fourth of July in Land Park



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PAULA SWAYNE 425-9715



DIDION SCHOOL DISTRICT

Beautiful updated 1 story home. Upgrades include new HVAC, flooring throughout, Kitchen appliances, and interior paint. Bathrooms remodeled with granite & new flooring. Other features include updated roof, spacious yard, wonderful floor plan & much more. See www.6754ParkRivieraWay.com \$275,000

MONA GERGEN 247-9555



WAITING FOR YOU

Formal living room w/fireplace & one-of-a-kind built-in shelving. Updated kitchen w/ tile counters, island, plenty of storage, quality appliances & a fantastic skylight. Versatile floor plan includes master suite w/ walk-in closet, large bedrooms, formal dining space, roomy kitchen w/ a sunny eating space & inside laundry rm. See www.windermereDunnigan.com \$535,000

**KELLIE SWAYNE 206-1458
PAULA SWAYNE 425-9715**



SOUTH LAND PARK TERRACE

Quality abounds in this one-of-a-kind home w/1/3 acre & almost 3200sf. Huge family room enjoys panoramic view of gorgeous yard thru impressive glass doors. The master enjoys an impressive walk-in closet and spacious bath. Remote 4th bedroom is a retreat with kitchenette, lg bath & walk-in closet. Large upstairs storage and office space off 3rd bedroom. See www.1209Ridgeway.com \$759,000

PAULA SWAYNE 425-9715



CLASSIC RANCH

On a nice tree shaded street w/in blocks of Land Park, Crocker Elem, Vic's Ice Cream. From the beautiful hdwd floors, designer colors, cozy LR fireplace & spacious master suite, this home has been meticulously cared for. Cool off in the blt-in pool. Energy efficient features include newer dual pane windows, new tank less water heater, new dishwasher drawers & other kit appliances. See www.937RobertsonWay.com \$439,900

DAVID KIRRENE 531-7495



BOULEVARD TERRACE

Spacious storybook brick Tudor home. Hardwood floors with inlay, newer central heat & air, formal dining room, breakfast nook and master's suite. Tree lined street close to downtown & lots of old world charm. See www.4920-7thAve.com \$329,500

SHEILA VAN NOY 505-5395

LITTLE POCKET AREA

An amazing quality custom home on a great St. in the highly desirable Little Pocket area. Tree-lined street close to the river. Immaculately maintained by original owners. Huge great room w/floor to ceiling windows. Gorgeous wood & stone floors throughout. Large .31 acre lot w/ plenty room to roam. New interior paint. Refinished wood flrs. Newer quality roof. See www.1015AppolloWay.com \$339,000

MONA GERGEN 247-9555

AT THE TOP OF THE HILL

Beautiful Spanish style - from the stamped concrete steps leading up to the front door, to the private backyd, this home reflects the style & architecture of early CA. A stunning arched window & a detailed fireplace beamed ceiling; 2 large bedrooms w/hardwood floors! See www.949FremontWay.com \$399,000

**NANCY WEEGE 600-5458
LISA MARTIS 612-7548**

AFFORDABLE LAND PARK

With 4 bedrooms and 3 baths, there's plenty of room for the family that wants Land Park at an affordable price. Lovingly maintained by original owners, this home boasts hardwood floors, a family room, CH&A plus a generous sized yard. See www.windermereDunnigan.com \$339,000

**MONA GERGEN 247-9555
CHRISS BRIGGS 834-6483**

STORYBOOK LIVING

Gracious, Spacious & **PENDING** pretty tree-lined street in Old Land Park. Bedrooms & Office look out to the treetops. Huge family room looks out to a deep backyard. Beautiful hardwood floors, CH&A, plus an upstairs balcony. Formal dining room plus a breakfast nook. See www.2808ReginaWay.com \$629,500

SHEILA VAN NOY 505-5395



Windermere

Dunnigan Realtors

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454-5753

Visit Our Web Site: www.windermereDunniganRealtors.com