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July 22, 2010

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# THE LAND PARK NEWS.

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# State Fair: a bargain to adventure

Land Park News photo/Noah Winn

Visitors to the California State Fair will be greatly entertained by the many exhibits and performers at the fair. Tuesday, July 27 is free admission to the fair day for Californians who can provide proof that they are currently out of work. Show an unemployment check stub and get one free ticket into the fair. Plus, every Tuesday is free admission for kids ages 12 and under, and all carnival rides are just \$1 each for the entire family.



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Land Park News photo/Noah Winn

# **Pop! And they're off**

Some 50 waiters participated in the first annual Waiters' Race to celebrate Bastille Day in Sacramento on July 14. Joe Cowley of Michelangelo's Italian Restaurant was the winner. He was presented with the "Daniel Pont Golden Beret," named after the local chef of La Bonne Soupe Café. Organizers hope this will become an annual event.

**Got News?** E-mail Susan Laird at susan@valcomnews.com





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# Land Park resident remembers the pre-WWII years on Corregidor

By ART GERMAN Land Park News staff writer

The project of a lifetime will come to fruition for Land Park resident Gloria Bagby at the end of July, when her memoir of the ill-fated Philippine island of Corregidor before and after World War II is due to be released in book form by an Indiana publisher.

The book has been an intense labor of love for Bagby, who spent more than 15 years putting the book together, first in longhand with 300 pages of handwritten details, and then – with the help of a friend – putting the material into a computer. After those labors, there was a five-year search for a publisher, culminating in an agreement with the Authorhouse Co. to bring the memoirs to the public.

Bagby emphasized that she is not interested in any monetary profit. All book sale profits will be donated to charity, "and I won't be keeping any of it," she said.

In 1939, two years before the Pearl Harbor attack by Japan brought the U.S. into World War II, Gloria's family was sent to Corregidor with her father, Major Ralph Rowland, a U.S Army administrator for the island's military hospital. The Philippines were a U.S. colony at that time.

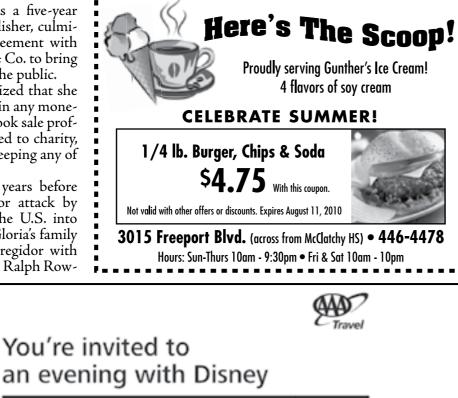
Even before World War II broke out, Corregidor, a salamander-shaped island at the entrance to Manila Bay, was considered a prime objective for Japan or any other potential U.S. enemy.

Army officers were routinely permitted before World War II to bring their families with them to overseas posts such as Corregidor. In 1939, Rowland was joined on the island by his wife, Flora, and their five children, including Gloria. A sixth child, a boy, was born on the island before war clouds began to gather early in 1941.

In May of 1941, with the war threat growing, the family was ordered to return to the U.S. mainland. Flora and the six children settled in San Francisco while Major Rowland remained on duty in Corregidor.

Bagby recalls the pre-war stay on Corregidor as a happy time, a new experience in a foreign land, with a touch of adventure thrown in. There

See Corregidor, page 6



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### Janey Way Memories



# Old Joe on Janey Way



By MARTY RELLES Land Park News Columnist marty@valcomnews.com

Old Joe lived across from our house on Janey Way. His house sat between the Ducray house on the south and the Thomsen house on the north. A short wire fence separated his house from the Ducray home, but only frontage separated his home and the Thomsen house. I guess that is why Gene Thomsen, his neighbor and a very nice man, always went out of his way to keep peace with old Joe.

Even though he had two daughters of his own, Joe's relationship with the children of Janey Way was not good. Joe had a manicured front lawn with carefully maintained flowerbeds. He did not want the Janey Way children anywhere near his landscape. Naturally we had different ideas. We played football in the street in front of Joe's house. Sometimes the ball found its way onto the property. When that happened, we walked onto his lawn to retrieve the ball. That agitated him. At first, he just yelled at us. Subsequently, he stood guard on his porch when we played. If the ball landed on his lawn, he tried to confiscate it. However, we always beat him to the ball, which made him even angrier.

To make matters worse, we played tricks like doorbell ditch on Joe. That is where we snuck up to his house, rang his doorbell, then ran away and hid. When he answered his door and found no one there, he sensed foul play and made a big fuss. We loved this and over time continued to do it.

I recall many confrontations with old Joe, but one in particular stands out in my memory. One summer day we had played poker at the Ducray house. When the game ended, we piled out onto the street. We eventually sat down under a tree in front of Dan Rosenblatt's house. Soon Joe came out on his front porch and stared at us. Then, Dave Jurin stood up and began running a comb through his hair. As Joe was bald, he took this as an insult and began grumbling at Dave. Dave continued to comb his hair. Finally, in disgust, Joe yelled, "Jurin, you the bastard always." We soon bored of the confrontation and went off in different directions.

On another day, Joe became angry with my brother Terry and me and walked across the street to confront my dad, a Sacramento city policeman. After Joe finished complaining, my dad responded, "Joe, I know my boys are no angels, but they are not bad kids either. You should just ignore them." So, unsuccessful in his effort to get us in trouble, Joe walked back across the street with his head down.

Toward the end of the 1960s, Joe became ill with cancer and soon died. When he passed, our parents all expressed sincere condolences to his wife. We in turn comforted his daughters. By that time, we had all grown up and our confrontations with Joe had long since cooled off. I often wonder if Joe ever looks down from the heavens and wonders where all the Janey Way gang has gone.

# Corregidor: 'I discovered...understanding and forgiveness'

Continued from page

was year-round swimming, the unfamiliar sight of profuse tropical vegetation, and the occasional warning to be on the lookout for such potential threats as cobras and pythons.

When the family bid farewell to the major at the pier in Manila harbor, it would be the last time they would see him. A few days after the Pearl Harbor attack on Dec. 7.1941, Japanese forces landed in the Philippines. The Bataan peninsula and Corregidor held out until mid-1942.

The family, waiting in San Francisco, received a copy of a letter sent in May of 1942, just before all Americans were taken prisoner with the fall of Corregidor.

"Dearest & children," Major Rowland wrote. "We are still hopeful and strong in our defense... I would not leave if I could...Don't worry. I try to be careful. I have no fear...Shells are bursting now....Got to go. Xxx."

Rowland remained as a prisoner of war in the Philippines until 1945, when the Japanese were withdrawing from the islands and settling down for a lastditch defense of the homeland. Just before the war ended later that year, it was learned that Rowland was among 1,800 U.S. prisoners who had been evacuated from the Philippines on a ship bound for Japan. The vessel was spotted by U.S. airmen who did not know it was carrying POWs. The vessel was sunk with the loss all but 200 of the Americans aboard. Later it was confirmed that Row-

land was among the dead. Soon after VJ day, Gloria married Robert Bagby, an Air Force fighter pilot. They lived in the San Francisco area until the mid-1980s when they moved to Sacramento. Robert Bagby died soon afterward.

In the years since, the idea of publishing her Corregidor memoirs has been uppermost in Bagby's mind.



Land Park News photo/Art German

A labor of love. Gloria Bagby looks over the pages of the manuscript of her memoir that recounts her family's time on the island of Corregidor before World War II.

"I saved everything," she

said. "The diaries, the let-



12

seeking a Corregidor experience.

Bagby and her brothers had an emotional shock when they found the remains of their wartime home still on its site, covered by underbrush.

"It was then that I decided to put the memories into book form," she said.

The book is dedicated to her parents and their sacrifices in the fight for our country. In the preface, Bagby writes that "this is a saga of my growing up, barely a teen-ager, when I discovered...emotions that turned into understanding, and understanding to forgiveness."

She also hopes that the book will be helpful to an organization known as the Descendants Group of the American Defenders of Bataan and Corregidor. The group's objective is to maintain the nation's focus on a tragic though ultimately victorious time in our history, the battle for Bataan and Corregidor. With the number of veterans who fought in the Philippines now greatly reduced, the organization is composed mostly of their descendants.

As a part of the post-war reconciliation between the U.S. and Japan, the Descendants group has been asked to locate a group of six stillsurviving U.S. POWs who will be invited to a visitation program of sites in Japan later this year, where some could have been kept as wartime prisoners.

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Diane and Wes



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# Land Park Pacific Little League sweeps district, 11 – 0

#### By BENN HODAPP Land Park News staff writer benn@valcomnews.com

Success is nothing new for the Land Park Pacific Little League (LP-PLL). Year after year the league comes away with awards, banners and recognition. But what is new is the optimism that this year the league has a shot at making it to Williamsport, PA and the Little League World Series. There are a couple steps left to go, but this group of 12-year-olds might just have the right stuff.

Three teams from the Land Park league (9-10, 10-11 and 11-12 year olds) won their District 7 championships. So good were the teams, in fact, that not one of them lost a single game in the entire District 7 Tournament. Eleven wins, zero losses.

All three are now competing at the Section 4 Tournament that runs through July 22. For the 9-10 and 10-11s, a Section 4 title will complete their season. For the 11-12s, however, victory could propel them all the way to the east coast.

It's going to be an uphill climb (the team lost its first game in the tournament), but they still have a chance to win it all. If they do find a way, only the Western Regional stands between them and Williamsport.



Photo courtesy of the Land Park Pacific Little League Moving up to "the bigs"...The 11-12 year olds Land Park Little League team poses with its District 7 championship banner.

Head coach Randy Wong highlighted some of the reasons behind his team's success this year.

"We really play as a team. There is no standout star on the team," he said. "All 13 members have contributed."

Wong hesitates to call this team the best Land Park has ever had, seeing as how last year's team took home the state championship, but if everything goes well, this year's team has a chance for something special as well.

"There's always optimism (about going to the Little League World Series)," Wong said. "It takes a lot of luck and only one team from the west gets to go. But we're optimistic that we have a shot." Jeff Hinrichsen, vice president of grounds and field maintenance for the league and coach of the 9-10 team, called the 11-12s "the best team I have seen here in my 11 years."

"We have a really good program here," Hinrichsen said. "We have a high level of commitment from not only the kids but also the coaches and parents. It's all done by volunteers and everyone puts a lot of time and effort in."

That effort has already made winners out of three teams. Regardless of the outcome of the Section 4 Tournament and possibly beyond, one thing seems certain: the continued success of the LPPLL.



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# Thank you, loyal readers: ValComNews editor makes exit

By RYAN ROSE Land Park News Editor ryanrose@valcomnews.com

It is with a heavy heart that I announce my departure from the Valley Community Newspaper group. It has been my honor and sincere pleasure covering our community for the past 18 months. Being the editor of such a beloved newspaper has been such a splendid privilege.

When I arrived at the newspaper last year, I was quick to set a personal tone in our reporting style. Our papers have increased coverage of those unique events and special individuals that make our communities so great. With your help, reader, we have grown this paper, helping to make it the authority when it comes to local news and features.

Now, as I move on to a new career, I know I leave this paper in good hands: your hands. This newspaper is, as always, eager to hear from you about the direction of our newspaper. Have a story suggestion? Give us a call. Have a news tip? Write us an e-mail. Want to chat about local events? Then stop by anytime. The Valley Community Newspaper offices are located at 2709 Riverside Blvd., Sacramento, CA 95818. Our phone number is (916) 429-9901 and our new editor, Susan Laird, can be reached at susan@ valcomnews.com.

I am so happy to introduce our new editor. Susan is the past news editor of Life Newspapers, and has been a contributing writer to Valley Community Newspapers for the past year. She is a talented writer and a brilliant editor. Yet her greatest skill is not in her abilities as a reporter, but in her gifts as a listener. I encourage you to share your stories with Susan as you have shared your news with me. Her professionalism and experience is matched only by her warm hospitality and sincere generosity.

On a final note, I must say that leaving this newspaper is one of the hardest career shifts of my professional life. You, our reader, have made me feel so welcomed. Thank you – thank you for reading, thank you for writing, thank you for inviting our paper into your homes and businesses. It's a special thing, writing local news – you can't help but become closely connected to the community. Thank you all for being such good neighbors and friends. Farewell and good reading.



Ryan Rose

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Land Park News photo/Stephen Crowl The newly remodeled Belle Cooledge Library is designed around an organic theme: the Garden of Knowledge. The main entry marketplace is flooded with light and the "stacks" feature organic forms.

## **Belle Cooledge Library re-opens**

By SUSAN LAIRD Land Park News editor susan@valcomnews.com

Land Park residents again have access to the newly remodeled Belle Cooledge Library, which re-opened on July 10.

This is the latest remodel for the library, which was founded in 1958 by the City of Sacramento. From humble beginnings on a leased site within the Lanai Shopping Center at 5681 Freeport Blvd., to its current location at 5600 South Land Park Drive in 1992, the library continues to strive to fulfill its mission to the community. The remodel cost \$323,650.

According to the vision statement released by the building remodel architects, Rainforth Grau Architects, "a library can be relevant in today's world of instant access to information. The solution focuses on the diverse needs of the community in an engaging response, where one can find a sense of place within the larger context of the library."

The facility features organic forms, bright colors and comfortable seating. New spaces include a Teen Space, a Kids' Place and a New Book Marketplace. Public access computers include 18 Internet access computers, seven online library catalogs and an early-literacy computer for youngsters.

The library's collection includes as many as 72,000 books, magazines, newspapers, CDs, DVDs, audio books and other materials.



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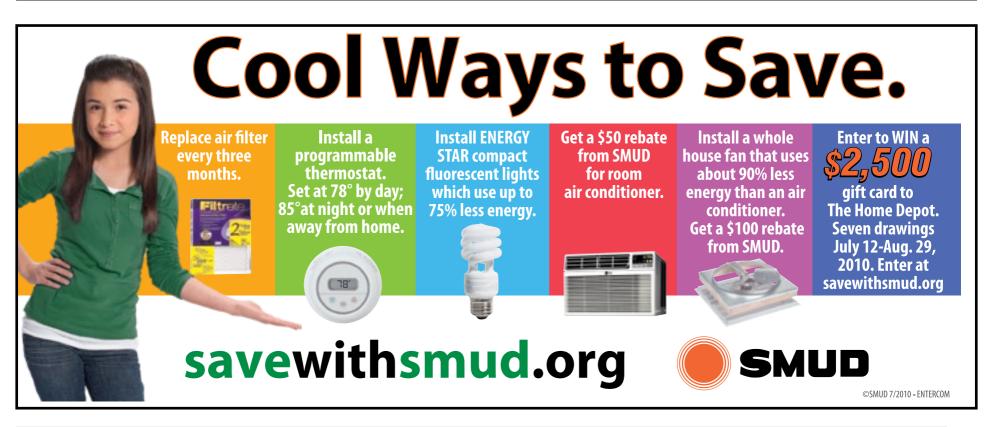




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## Know your neighbor Vic's Ice Cream co-founder recalls beginnings of one of Land Park's sweetest institutions

By LANCE ARMSTRONG Land Park News staff writer lance@valcomnews.com

Many people around Land Park have grown accustomed to seeing a senior man riding an adult tricycle along Riverside Boulevard, with a pair of small dogs on leashes at his side. But what many of these people do not know is that this man is actually a sort



TEAM/ Pet Food Bank City of Sacramento Animal Care Services 2127 Front Street • Sacramento, CA 95818 www.cityofsacramento.org/generalservices/animal of celebrity of the neighborhood.

Already an individual of much distinction for drawing attention to himself on a daily basis as the captain of his K-9led, three-wheeled vehicle, this man is a person of much greater notoriety.

Among the places where he travels to during his daily bicycle rides with his dogs, Charly and Caesar, is Vic's Ice Cream, a place that he knows quite well.

This is because this mysterious bicycle man is none other than Ash Rutledge, one of the founders of Vic's, which is undoubtedly one of the most recognized historic landmarks in Land Park.

Despite being "none of other than Ash Rutledge," he admits that he does have a sort of identity problem.

"Éverybody thinks I'm Vic (Zito, who co-founded Vic's Ice Cream at 3199 Riverside Blvd. with Ash) now and they even did back then," Ash said.

But Ash said that he does not mind the misidentification, since he was so fond of his now deceased business partner.

"I tell you, (Vic) was a hell of a guy," Ash said. "Look what he did for me. If it wasn't for him, I wouldn't be here (co-owning Vic's Ice Cream)."

Coast Guard beginnings Ash, who grew up in the very small town of Red



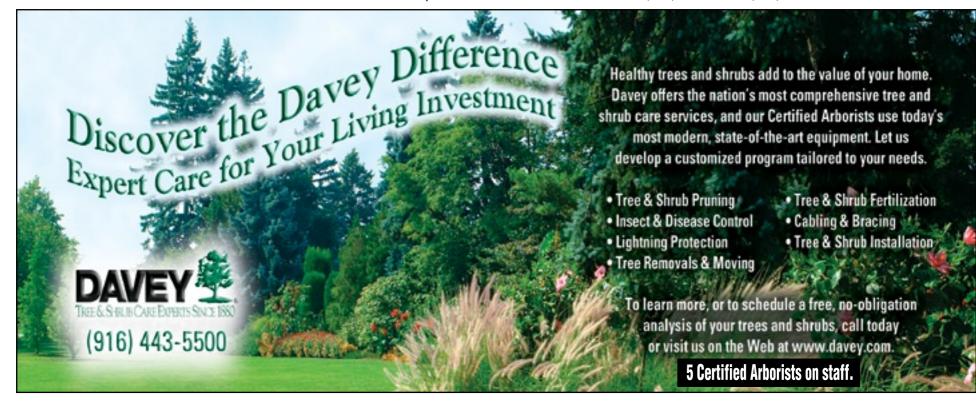
Like he has so many times before, Ash Rutledge serves up an ice cream at Vic's Ice Cream in Land Park.

Cloud, Nebraska, said that he became acquainted with Vic about seven decades ago, while serving in the Coast Guard in the Bay Area.

"I met Vic in the Coast Guard," Ash said. "I went in (the Coast Guard) in 1940 and I don't know for sure when (Vic) went in. (Vic) didn't get drafted. He (voluntarily) joined the Coast Guard."

Due to his background of working in a Coast Guard supply house in Alameda, Ash – after being transferred from Alameda to Yerba Buena – was

See Vic's, page 15



### Vic's: 'I had a hard time (convincing) Vic to call it Vic's...He wanted to be in the background'

Continued from page 14

offered a job training five women in an office.

Ash said that after accepting the position from his commanding officer, he soon became good friends with Vic.

"I stayed there (in Yerba Buena) and I had to have a place to live," Ash said. "Vic never (slept) in the barracks. He couldn't stand that. He had to have a room and he had a room there in Lake Merritt. So, I called him up and said that I heard he lost his roommate and I asked him if he'd like to have another roommate and he said, 'Boy, would I.' So, that's how we got together and from then on, it was love, I guess you might call it. We just really liked each other and did everything together."

Following their time in the Coast Guard, Vic and Ash both resided in Sacramento, where they began to speak about going into business together.

For the love of Gunther's

"We thought about opening a sporting goods store," Ash said. "We both liked sports, especially Vic. He loved to go fishing and hunting. We looked into that (for a while). And at that time, Mr. and Mrs. Gunther were still alive,

of course, and we used to go over there (to Gunther's Ice Cream at 2801 Franklin Blvd.) at night and get an ice cream. And we would say, 'What a business this is.'They used to have people lined up around the block just to get ice cream. The reason for that was that sugar was rationed and you couldn't buy anything like that anymore. So, what would happen is (Gunther's) would get their sugar ration to make their ice cream and then they would make their ice cream and they would sell out in a day or two."

Due to their love of Gunther's, Vic and Ash decided to open their own ice cream business.

Unlike today, during this time, there were many other ice cream manufacturers in Sacramento, including the Crystal Cream and Butter Co. at 1013 D St., the Shasta Ice Cream Co. at 2814 Broadway and the Country Maid Creamery at 1030 J St.

Ash said that since he was single and had a more flexible schedule than Vic, he arranged to work free of charge at an ice cream manufacturer in Modesto in exchange for ice cream making training. "I went down there (to Modesto) and a man taught me everything he knew (about ice cream making)," Ash said."I came back to Sacramento after a couple of weeks and by that time we had already started the building. We built on an open lot. Nothing was here, over there or just about anywhere around here."

Eventually, the building was completed at a cost of \$5,000 and the legacy of Vic's Ice Cream began with its grand opening on Feb. 2, 1947.

#### Small beginnings

Although many locals speak about how they were present at this grand opening in the same manner that millions of people talk about how they attended Woodstock, which drew about 500,000 people in 1969, Ash said that very few people visited Vic's on its opening day.

To keep operation costs low when the business was in its early stages, Ash, who was then residing in a rooming house at 18th and P streets, worked mostly by himself, while Vic was working a job with the city and was only able to provide limited time to the ice cream business. It was during these times that Ash was first misidentified as being Vic.

Ash said that selecting the name Vic's Ice Cream was a financial decision.

"The reason it's called Vic's is because we ran out of money," Ash said. "That was a short name. Originally, we were going to call it Land Park Ice Cream or something like that, but that was a lot of letters. So, (with fewer letter, the business's) sign didn't cost us as much. I had a hard time (convincing) Vic to call it Vic's, because he wasn't that kind of a guy. He wanted to be in the background."

Emphasizing that "every drug store had a fountain back then," Ash said that when Vic's Ice Cream opened, the building also included Eales Pharmacy (later Central Pharmacy) at 3193 Riverside Blvd. Eales Pharmacy was owned by Les Eales, who resided at 1206 Perkins Way, about two blocks away from the pharmacy.

#### Legacy of success

Ash, who married his wife, Joyce, whom he met across the street from Vic's about 62 years ago, said that although Vic's Ice Cream had a slow beginning, it established a long legacy of dedicated customers.

The success of Vic's, Ash explained, has much to do with where this popular eatery, which also serves sandwiches and other food, is located.

"Our (success) has a lot to do with our location," Ash said. "This Land Park area has remained stable and has continued to be an ideal place to live. It's close to downtown and people love this area. It's really a high class area and that's very important for this business."

Now a decade away from becoming a centenarian, Ash, who shares ownership of Vic's with his son, Craig, is much less of a fixture at the business.

But this is not to suggest that Ash is not making plenty of guest appearances at the eatery.

To the contrary, patrons of this business on any given day have a great possibility of seeing the man who helped bring Land Park one of its sweetest institutions, Vic's Ice Cream.



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# **Fight the Bite this Summer: West Nile Virus Prevention**

By Benn Hodapp Land Park News staff writer benn@valcomnews.com

Hot summer temperatures mean that people will be outside enjoying the pool or sitting outside in the warm air for longer periods of time. Unfortunately, warm weather also means the rapid hatching of mosquitoes that can carry the potentially deadly West Nile Virus.

After a number of dead birds and mosquitoes tested positive for West Nile in the Sacramento region earlier this month, the Sacramento-Yolo Mosquito & Vector Control District is ramping up efforts to protect citizens from the bite of the pesky insects.

As of Tuesday, July 13, plans to spray the areas where the infected samples were found were underway. According to a July 12 press release, the control district planned to spray some 37,000 acres in the South Sacramento and Elk Grove areas. While traces of West Nile Virus have yet to be discovered outside of South Sacramento and Elk Grove, the control district is stressing vigilance during the summer months for the entire Sacramento area. Luz Maria Rodriguez, public information officer for the control district, talked about ways everyone can keep themselves as safe as possible from mosquitoes.

"We recommend personal protection from mosquitoes," she said. "Lotions, sprays and powders are the best way to keep yourself safe from mosquitoes."

Rodriguez went on to say that bug-repelling candles are largely ineffective, because for them to work you have to sit directly in front of them at a close proximity. Bug zappers are also ineffective against groups of mosquitoes. Repellents that are applied to the skin are always the best way to go.

As for helping to prevent the hatching of the insects in the first place, Rodriguez explained that stagnant swimming pools are the biggest man-made culprit for the hatching of the disease-carrying bugs. A five-gallon bucket of standing water can produce 1,000 mosquitoes in one week. Just one untreated swimming pool can produce enough mosquitoes to affect an area of one square mile, according to Rodriguez.

Getting rid of any and all standing water on personal



Photo courtesy of Sacramento-Yolo Mosquito & Vector Control District

Green pools filled with algae provide the perfect habitat for mosquitoes that can transmit diseases to birds, livestock and humans. Sacramento-Yolo Mosquito & Vector Control provides free inspection of questionable pools on request.

property is the best way to ensure an area is as safe as possible from the disease. Few people know how to go about cleaning an untreated pool in order to eradicate mosquito larvae. Luckily, this is where the control district steps in. To report an abandoned or untreated pool, visit www.fightthebite.net. There is a link that reads "Pool Program." Follow the directions there or call (800) 429-1022. Concerned citizens who

See West Nile, page 17

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### West Nile: 'A five gallon bucket of standing water can produce 1,000 mosquitoes a week'

Continued from page 16

wish to keep their identities private can report a pool anonymously.

Field staff from the control district will be sent to the home in question where they will determine if the pool is indeed fostering mosquito larvae. Depending on the situation, the technician will use chemicals to kill the larvae or will release mosquito fish to consume them naturally. Rodriguez said that just one of these tiny fish can eat up to 500 larvae in a single day. The inspections are done free of charge, as are requested the home inspections.

In 2009, there were 4,181 pools treated in Sacramento County, according to Rodriguez. So far this year, there have been 1,183 service requests for unkempt pools. The struggling housing market has lead to a large number of abandoned pools as well.

It is vital to report any abandoned home with a full, dirty pool.

Citizens can also help curb the spread of the disease by reporting any dead bird they see in the area. West Nile is a bird disease, even though it is mosquitoes that transmit the dis-

ease to humans. Birds get the virus, then mosquitoes feed on the infected birds and become carriers. Dead birds should be reported to the control district at (877) 968-2473. Another way to help is after killing a mosquito, place it in a bag so it can be studied and tested.

While West Nile is a threat to humans, Rodriguez stressed the importance of staying calm. Eighty percent of the people who contract the disease will get better on their own with no need for a hospital visit. The remaining 20 percent will get what is called West Nile Fever. Some of these people may require hospitalization. Only one in 150 people who contract West Nile will develop encephalitis which can lead to seizures, coma and, rarely, death.

Those bitten by a mosquito should simply monitor the situation and visit their doctor if serious symptoms develop. Very few mosquitoes will carry the virus, but knowing the dangers remains an important factor in eradicating the disease, according to Rodriguez.



Fight the bite. Taking precautions such as wearing mosquito repellant, keeping area swimming pools clean and reporting dead birds can greatly reduce the number of mosquitoes that prey on human and animal alike.

For more information on spraying schedules as well as all things West Nile, visit the vector control's website at www.fightthebite.net. You can also contact the control district to learn about its free repellent wipes program. For example, those who are planning an outdoor activity for a large group of people (such as sports leagues) will be happy to learn that the control district offers free repellent wipes for distribution.

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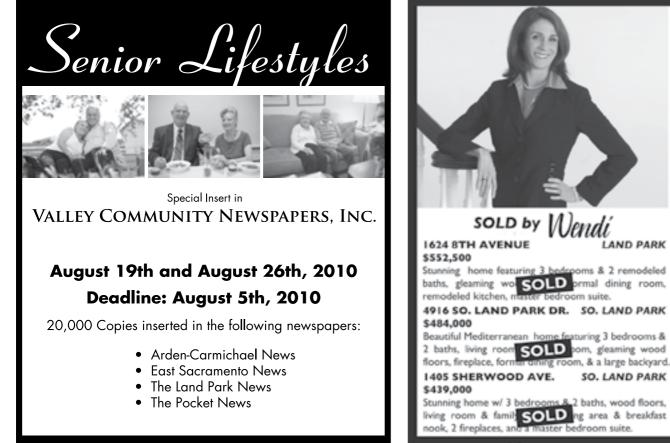
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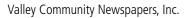
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# CALENDAR

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#### Get in the calendar

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your eventincluding date, time, location, a brief description, cost (if any), and contact information-to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail susan@valcomnews.com. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place an advertisement.

#### JULY 24

#### E-waste collection

Free E-waste collection fundraiser for the Drowning Accident Rescue Team (DART), Saturday, July 24, from 9 a.m.-1 p.m. at 1601 Garden Highway, near Chevy's and Virgin Sturgeon. For more information, call (916) 806-0118.

#### JULY 25

#### 2010 Pear Fair

Always the last Sunday in July, the 38th annual Pear Fair will be Sunday, July 25, 2010 from 9 a.m. to 6 p.m. in the Sacramento River Delta town of Courtland, located just 20 minutes south of Sacramento, off Highway 160. Last year, the fair drew in more than 7,000 people. Make sure and arrive early to enjoy all the festivities. For more information, visit www.pearfair.com.

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#### Todd Morgan and the Emblems

Todd Morgan and the Emblems are performing in the Carmichael Concerts in the Park series, July 25, from 6:30 to 8:30 p.m., at the Carmichael Park Bandshell, located the corner of Grant Avenue and Fair Oaks Boulevard. This is a free event.

#### July 31

#### Alzheimer seminar

Chinese Community Church will host a seminar on Alzheimer. Saturday July 31 from 10:30 a.m. to 12 noon. Our address is 5600 Gilgunn Way, 95822 located on Fruitridge Road between Freeport Blvd and South Land Park Dr. Everyone is welcomed. Free. For more information contact 424-8900.

#### AUGUST

#### Art show

"Pin-ups", Sacramento Fine Arts Center, August 3-14. The "Pin-ups" Show is where you will find gems of original artwork in a huge selection of unframed work pinned to the Sacramento Fine Arts Center walls. Also showing in our second gallery is the "Docents Art Show". Docents of the Sacramento Fine Arts Center get to show their stuff at this annual show honoring them. You will find award winning art by our talented docents at this all media show. 5330 B Gibbons Drive, Carmichael, CA 95608 Gallery Hours, 11 a.m.-7 p.m. Tuesdays, 11 a.m.-3 p.m. Wednesdays through Saturday. For more info www.SacFineArts.org.

#### **Dine for Shrine**

What it is: Dine for Shrine exists as a fundraising campaign for Shriners Hospitals for Children in the Sacramento and greater Northern California region. The campaign invites patrons, benefactors, and philanthropists alike to join in to support and generate awareness around the noble services of Shriners Hospitals for Children. Dates of event: August 2, 2010 - August 6, 2010 How people can get involved: Simply bring in a Dine for Shrine flyer to any of the participating restaurants and enjoy a night of fine dining while helping Shriners Hospital for Children\*. Flyers and a list of participating restaurants are available at www.dineforshrine. com. For more information: Call Mike Nguyentat at 916-947-2119, e-mail fundraising@dineforshrine.com, or visit www. dineforshrine.com

#### AUGUST 3

#### **Casa Garden Restaurant**

Tuesday, August 3: 11:30 a.m. wine social featuring "Three Wine Company" at the Casa Garden Restaurant, 2760 Sutterville Road. "Three Wine Company" will pour wine during hors d'oeuvres, to be followed by lunch (choice of Chicken and Spinach Crepes or Grilled Chicken and Nectarine Salad) and dessert Heavenly Raspberry Torte -- \$20 per person, including tax and gratuity. Reservations a must – call (916) 452-2809. Proceeds benefit the Sacramento Children's Home.

#### The Ever After- A Musical

A family friendly musical for the kids. Young Actors Stage students, ages 6-12, will star in this funny fractured fairytale. In a silly parody of a daytime talk show, favorite fairytale characters like Cinderella, her Stepsisters, Snow White and the Evil Queen reunite to try to work out their issues. One performance only. 7 p.m.\$3 admission. 24th Street Theater, 2791 24th Street; (916) 760-8388; www.YoungActorsStage.com.

#### August 7

#### Jensen Garden workdays

Friends of the Jensen Botanical Garden hold garden workdays one Saturday of every month from 9 a.m. to 1 p.m. The next workday is Saturday, Aug. 7. Bring work gloves, hand pruners and your lunch. Come join with other volunteers to keep the garden beautiful all year. Next workdays in 2010 are 9/11, 10/9, 11/6, 12/4. The Jensen Gar-

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den is located at 8520 Fair Oaks Blvd. in Carmichael. For more info: Tracy Kerth (916) 485-5322 ex23 or e-mail tracy@carmichaelpark.com.

#### **New Christy Minstrels**

Concert under the stars. 7:30 p.m. Enjoy the sweet, smooth, sing-along harmonies of the New Christy Minstrels. Also appearing will be Barry Mc-Guire, whose blend of folk and gospel have placed him in a unique category of singers, and Sacramento's Chuck Cole, whose banjo pickin' will take you back to the '50s and '60s. At the Fair Oaks Amphitheatre in Old Town Fair Oaks. Admission \$20, gates open at 7 p.m. www.fairoakstheatrefestival.com or (916) 966-3683.

#### AUGUST 10

#### Casa Garden Restaurant

Tuesday, August 10: The VoCALs' musical presentation of "Malt Shop Melodies 2" at 11:15 a.m. and 1:15 p.m. seatings at Casa Garden Restaurant, 2760 Sutterville Road. Entrée choices: BBQ Beef Brisket with Garlic Roasted Potatoes or Grilled Chicken and Nectarine Salad; dessert Belgian Cream Cake --\$20 per person, including tax and gratuity. First-come, first served group reservations by one person, one check. Reservations a must – call (916) 452-2809. Proceeds benefit the Sacramento Children's Home.

#### AUGUST 15

#### St. Mary's Church 79th Annual Festival

Come join the fun August 15, 2010 at St. Mary's Church (1333 58th Street Sac, CA 95819). Our Annual Festival operates from 10 a.m.- 8 p.m. and has something for everyone. Water play & Bounce houses, games & prizes for the kids, Bingo for all and Great food & drinks. Join us in fellowship and fun! All are welcome.



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#### AUGUST 21

#### Land Park Neighborhood Backyard BBQ Bash

Eskaton Monroe Lodge will celebrate its 37th anniversary by hosting a neighborhood party celebrating the Land Park neighborhood. The event will feature mini-golf put-put on their newly completed putting green , a classic car Show, Vic's Ice Cream, traditional BBQ food hosted by the Dining Room at Eskaton Monroe Lodge & "Heritage Row" celebrating the local family owned businesses. All welcome. 11:30 a.m. to 2 p.m. 3225 Freeport Blvd (at the intersection of Freeport & College Ave.). Call (916) 441-1015 to enter a special raffle. No RSVP necessary.

#### AUGUST 22

#### **Harpsichord Recital**

Harpsichord Recital is 5 p.m. at All Saints Episcopal Church, 2076 Sutterville Rd. Fundraiser for Concert Series. \$10 suggested at the door, or \$25 in advance to the church, reserved seat Patrons. Info at 916-455-0643 or www.allsaintssacramento.org.

#### AUGUST 28

#### Kitten adopt-a-thon

It's "kitten season" — and Happy Tails Pet Sanctuary is partnering with Extra Space Storage to find loving, permanent homes for Sacramento's homeless kittens. The "Kitten adopt-a-thon" runs from 10 a.m. – 2 p.m. at Extra Space Storage, 3000 B St. For more information, please visit www.happytails.org.

#### Ongoing American Logian D

#### American Legion Dance The American Legion Dance, Held on the

first Friday of each month from 7 – 10 p.m. at Veterans Memorial Hall at Royer Park in Roseville, featuring ballroom, Latin, swing, and night club dances with DJ Bob Wayman. The public is invited and singles are welcome. There is a great wood dance floor, good parking, no-host bar, soft drinks, and snacks. Come dance and make new friends. The hall is located at 110 Park Drive. Cost \$8. Info: (916) 783-7267. Proceeds go to support the troops and our veterans.

#### **Bariatric Surgery Informational Seminar**

Learn all about what bariatric surgery is and is not. The seminar is held the first Saturday of the month from 10 a.m. – 12 p.m., except for July and September when the seminar will be held on the second Saturday of the month. The seminar location is Bruceville Terrace (8151 Bruceville Road) in the Multipurpose Room. For more information, please contact Rondi Crowley at 423.5909.

#### **Food Addicts Anonymous**

Food Addicts in Recovery Anonymous is a 12-step group for people struggling with obesity, food obsession, or eating disorders. There are no dues or fees, or weigh-ins. All are welcome to join them: Monday – 6:30 p.m. Greenhaven Lutheran Church Fellowship Hall, 475 Florin Rd. Sacramento; 7 p.m. Warehouse Christian Ministries, 10020 Foothills Blvd. Roseville; 7 p.m. Nevada County Contractors Assoc. - 149 Crown Point Ct., Grass Valley; Tuesday - 6:45 a.m. Southside Park Clubhouse, 2051 6th St. (btwn T & W Sts), Sacramento; 9 a.m. St. Andrew's United Methodist - 6201 Spruce Ave, Sacramento; 6:30 p.m. Kaiser Medical Center Conf Rm, 1900 Dresden, Lincoln: 7 p.m. Faith United Methodist Church - 3600 J St., Sacramento; Wednesday – 7 p.m. Davis

United Methodist Church - 1620 Anderson Rd, Davis; Thursday – 9 a.m. St. Andrew's United Methodist Church - 6201 Spruce Ave, Sacramento; 6:30 pm Christ Unity Community Church - 9249 Folsom Blvd. Sacramento; 7 pm Auburn Grace Community Church, 3126 Olympic Way Rm 117, Auburn; Friday – Southside Park Clubhouse, 2051 6th St. (btwn T & W Sts), Sacramento; 7 p.m. Kaiser Facility Folsom, 2155 Iron Point Rd, Conf Rm 1, Folsom; 7 p.m. Kaiser Hospital 3700 Vaca Valley Pkwy 3rd Fl., Rm B, Vacaville; Saturday – 8 a.m. Fremont Presbyterian Church - 5770 Carlson Dr. Chapel, NE corner of campus, Sacramento; 8 a.m. St. Andrew's United Methodist – 6201 Spruce Ave, Sacramento; 8 a.m. BriarPatch Co-Op Community Market, 290 Sierra College Dr. Community Rm., Grass Valley. For more information: www.foodaddicts.org.

#### Mondays

#### **Gray Eagles**

Gray Eagles- a M/F social group sharing WW II history of military or sport aviation. Former air, ground, or carrier crew, or anyone interested will enjoy our monthly speakers. Topics include B-17s, Reno races, Fire attack A/C, Airshows. Drop by to visit- FREE. We meet the second Monday, each month at Hometown Buffet, 4300 Florin Rd. (private dining room), Sacramento, 11:30 – 1:30. See www.grayeagles.net or call Lou @ 421- 0844.

#### Tai Chi at Hart Center

Chinese exercise combines specific movements and relaxation, 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St. Instructor, Mamie Woo. Information at 808-5462.

#### Hatha yoga class

Instructor Pat Shaw teaches students to align the body through breathing techniques, postures and deep relaxation, 3 to 4 p.m., Hart Senior Center, 915 27th St. Information at 808-5462. Repeats Wednesdays, Fridays.

#### Gray Eagles meet

Gray Eagles, a social group for men and women, hears guest speakers on air shows, flying and warbirds, 11:30 a.m. to 1 p.m., second Mondays of the month. Visitors welcome. Free, at the Hometown Buffet (private dining room), 4300 Florin Road. Information at 421-0844.

#### Newcomer's Buffet

The Widowed Persons Association of California invite any and all widows and widowers to attend their Newcomer's Buffet and Social at 5:30 p.m., every third Monday, at the Plaza Hof Brau, El Camino at Watt Avenue. The cost varies as the choice is from a no-host buffet menu. For more information, call 972-9722.

#### **Toastmasters meet**

Guests always welcome at Klassy Talkers Toastmasters to have fun while improving speaking and leadership skills, 7 to 8:30 p.m., Executive Airport 6151 Freeport Blvd., 95822. Information: Jan at 284-4236 or www.sacramentotoastmasters.com.

#### Co-Dependents Anonymous

Co-Dependents Anonymous meets, 7:30 p.m., Friends Church, Fireside Room, 41st and E streets. This 12-step group is for people whose common problem has been an inability to maintain healthy relationships. We support each other in developing fulfilling relationships. For more information, call 1-866-794-9993.

#### Evening Tai Chi class

Sixty-plus minute class includes Yang style Tai Chi, Chi Gong exercises, and strength training using elastic bands, 6:30 p.m., Parkside Community Church, 5700 South Land Park Drive. Open enrollment – join anytime. Cost: \$15 a month for members, \$20 for non-members. Information: 421-0492.

#### **Girls-only** karate

Karate for girls ages 7 and older, 6:30 to 7:30 p.m., Elks Lodge No. 6, Riverside Boulevard at Florin Road. Meets Mondays and Wednesdays. Information at 470-9950.

#### **Aviator interest**

Gray Eagles, a social group for men and women to shares stories of military or sport aviation -- for former air or ground crew, or anyone interested in B-17s, Reno races, and airshows. Free. Meets second Monday, 11:30 a.m. to 1 p.m., at Hometown Buffet, 4300 Florin Rd. (private dining room). Information from Lou at 421-0844.

#### TUESDAYS

#### **Pastel landscapes class**

Award-winning pastel artist Reif Erickson teaches a four-step process to creating art. Supplies provided for the first session and students provided with a materials list for further lessons. From 2:30 to 5 p.m., Ethel Hart Center, 915 27th St.; \$25 per lesson. Information at 808-5462.

#### Free Medicare counseling

Health Insurance Counseling & Advocacy Program (HICAP) offers free, unbiased information and assistance with Medicare problems, help with health and long-term care insurance. HICAP does not sell, endorse, or recommend insurance. Appointments are every Tuesday with John Gallapaga, call 376-8915 to schedule an appointment. For appointments in Spanish, call Marta Erismann at 231-5110.

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. SHOWS 61PIM

JULY 27: UP

**AUG 10: BEDTIME STORIES** 

AUG 24: FACING THE GIA

# Let us know

Send information about your event—including date, time, location, a brief description, cost (if any), and contact information. *E-mail Susan Laird at susan@valcomnews.com* 

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The Saints

Come

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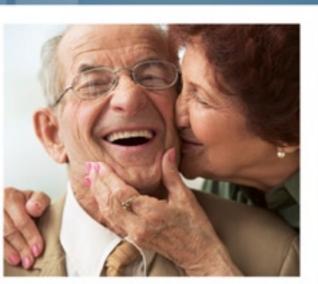
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transforming the aging experience...



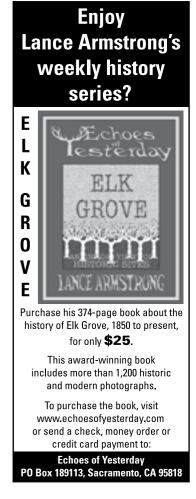
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### Faces and Places **Fairytale Town's Adult 'Moon Light Costume Ball' well** attended

Photos by Noah Winn

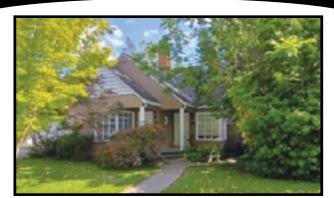
Fairytale Town opened its gates for a special after hours event just for adults on July 8. The "Once Upon a Night: Moon Light Costume Ball" featured live music, dancing and lots of entertainment.



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# WELCOME HOME



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Windermere Dunnigan Realtors





IT'S A CHARMER!!! Spacious 3 bedroom Tudor with new kitchen (granite counters)and updated bathroom in Old Land Park. Nice sized rooms, hardwood floors, and central heat & air. French doors off master bedroom lead to pretty backyard. Better hurry on this one! See www.1010VallejoWay.com \$399,500

SHEILA VAN NOY 505-5395



#### **COLLEGE TRACT**

Beautifully remodeled Tudor w fabulous kitchen & updated bathrooms. Formal LR /wood beams & fireplace. 2 bed downstairs & 3 upstairs. Downstairs rooms provide space for home office & separate family room. Dual pane windows, clear pest work. Walking distance to the park. See www.3401CollegeAve.com \$639,000

#### KARA PARKER 716-3313 LIBBY NEIL 539-5881

#### PHENOMENAL TUDOR

This very spacious home offer **PENDING** rooms, a very large living room with barrel ceilings, a charming breakfast nook, a huge bonus/ bedroom downstairs, newer windows, a two car garage and a ton of character. All of these amenities are on a large lot. See www.26661andparkdr.IsNowForSale.com \$399,000

**TIM COLLOM 247-8048** 



**SUMMER FUN AWAITS!!** This oversized 2Bedrm Cottage sits under a canopy of trees & invokes the feel of a beach getaway. Generously sized kitchen is the focal point of this contemporary & open floor plan. The living & dining areas wrap around on three sides. Inviting pool & spa. Oversized bedrms have an abundance of closet space with nearly 1400sf. See www.620JonesWay.com \$349,000

#### CHRIS BRIGGS 834-6483



SOUTH LAND PARK TERRACE Quality abounds in this one-of-a-kind home w/1/3 acre & almost 3200sf. Huge family room enjoys panoramic view of gorgeous yard thru impressive glass doors. The master enjoys an impressive walk-in closet and spacious bath. Remote 4th bedroom is a retreat with kitchenette, lg bath & walk-in closet. Large upstairs storage and office space off 3rd bedroom. See www.1209ridgeway.com \$759,000 PAULA SWAYNE 425-9715

#### AT THE TOP OF THE HILL Beautiful Spanish style - from the stamped concrete steps leading up to the front door, to the private backyd,

this home reflects the style & architecture of early CA.

A stunning arched window & a detailed fireplace in

the LR; beamed ceiling in the DR; 2 large bedrooms w/hardwood floors! See www.949FremontWay.

**NANCY WEEGE 600-5458** 

**LISA MARTIS 612-7548** 

IT'S A DUPLEX!

Or a home w/attached living quarters. Dining rooms feature beautiful fireplaces. Kitchen updated w/granite counters, new Jenn-Aire range & lighting. Pretty hdwd floors thru-out the home along w/fresh paint. Enjoy Delta breezes on the balcony. Attached side is 1297sf featuring same Land Park charm, 2BRs & nice fireplace. See www.1524-1526-8thAve.com \$689,000

PAULA SWAYNE 425-9715



#### WHAT A HAPPY HOME!

This sunny family home has been beautifully updated! New kitchen opens to living room. Both bathrooms have been remodeled. Spacious dining for large family gatherings. Hardwood floors, closet organizers, 2 car garage & so much more. Backyard is a little Shangrila with multiple areas for relaxation and family fun! See www.2124-9thAve. com \$475,000

SHEILA VAN NOY 505-5395



#### **AFFORDABLE LAND PARK**

With 4 bedrooms and 3 baths, there's plenty of room for the family that wants Land Park at an affordable price. Lovingly maintained by original owners, this home boasts hardwood floors, a family room, CH&A plus a generous sized yard. See www.windermeredunnigan.com \$325,000

MONA GERGEN 247-9555

**CHRISS BRIGGS 834-6483** 

#### **BOULEVARD TERRACE**

Spacious storybook brick Tudor home. Hardwood floors with inlay, newer central heat & air, formal dining room, breakfast nook and master's suite. Tree lined street close to downtown & lots of old world charm. See www.4920-7thAve.com \$329,500

SHEILA VAN NOY 505-5395

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