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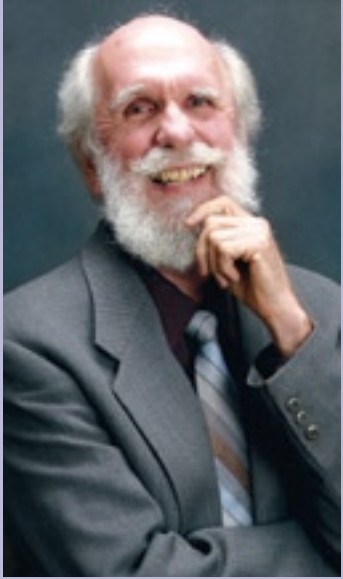
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Marty Relles presents 'Janey Way Memories'

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UC Davis building to be named for Land Park resident
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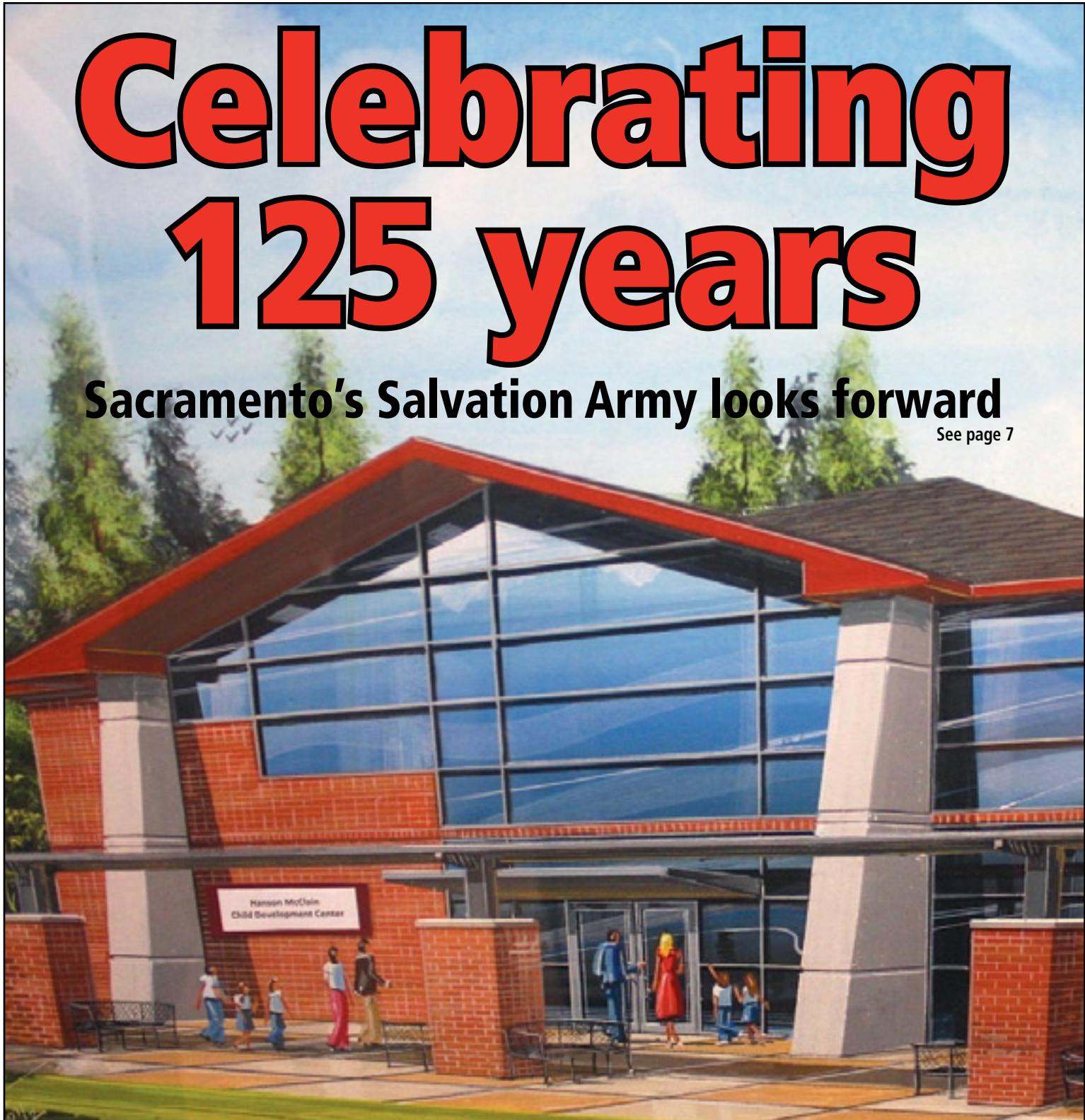


Everyone wins in 'Race for the Arts'
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Celebrating 125 years

Sacramento's Salvation Army looks forward

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Crocker receives gift of ceramics

Sacramento – The Crocker Art Museum has received a gift of 37 works by ceramist Rob Barnard, one of the foremost practitioners of the wood-fired tradition. The collection, given by Rob Wood, brings to the Museum a fully developed view of Barnard's studio practice up to the present. This generous gift enhances the Crocker's ceramics holdings, contributing to its status as an international destination for the research and exhibition of contemporary ceramics.

Collector Rob Wood first became aware of Barnard's

See Crocker ceramics, page 3

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Crocker ceramics

Continued from page 2

work in 1988 and met Barnard later that year during the artist's solo exhibition at Washington, D.C.'s Anton Gallery. Wood has been collecting Barnard's work since that time. "What struck me about Barnard's work then, and continues to resonate with me today, is just how complex 'simple' can be," Wood said. "Barnard's work is the physical manifestation of that riddle. It is everything the early 21st century is not—profoundly minimal, quiet and restrained—yet it is also unmistakably a product of our time."

Barnard began studying pottery at the University of Kentucky in 1971. He went on to study under the distinguished Kazuo Yagi at Kyoto University of Fine Arts in 1974. He has participated in numerous juried and solo exhibitions in the United States and Japan. Currently, he is a lecturer in ceramics at the Catholic University of America in Washington, D.C.



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Artistic animals provide pet sanctuary with a new revenue source

By ELIZABETH VALENTE
Land Park News writer
elizabeth@valcomnews.com

Did you know that man's best friend and several other cuddly pals not only make great pets, but that they are also known to have an artistic streak? True. Some wield a paintbrush while others produce streaks of green or smears of orange...always leaving a paw print, or two.

Don't take anyone's word for it, however. See for yourself the artistic talent and one-of-a-kind artwork at the Sixth annual "Painting for Paws" Art Show & Silent Auction at the Pavilions Shopping Center on Sept. 25 at 6 p.m. The event is hosted by the Happy Tails Pet Sanctuary, an all-volunteer, no-kill animal rescue group dedicated to protecting and improving the lives of homeless and abused animals throughout the Sacramento area.



Photo courtesy of Katie Rangle
Works of art created by adoptable pets in need will be the focus of "Painting for Paws," a fundraising event for the Happy Tails Pet Sanctuary on Sept. 25.

"You can definitely tell which animal enjoys painting more than the others," laughed Rakich. "Our talented four-legged residents are prancing their paws and swishing their tails through water-based, non-toxic paint to create colorful and exciting works of art. It's fun."

Of course, beauty – and artistic talent – are in the eyes of the beholder. People who buy animal paintings are rarely art aficionados. Instead, they are typically animal lovers who know the money is going toward a good cause.

Food, vet care

Proceeds from the event go directly to the feeding and medical care of the animals at the Happy Tails Pet Sanctuary.

"Our vet costs are a significant portion of our bill. We have a lot of senior cats that need dental work or emergency surgeries,"

See Paws, page 22

Critter creations

The paintings are done by the animals themselves, with some assistance from the volunteers.

"Each one is obviously different, totally abstract, and using different colors," said Cathryn Rakich, special events coordinator. "Every piece is matted and framed and accompanied with a bio and photo about the adoptable artist."

Animal art is not new. Zoos and aquariums have been selling animal art for years after discovering there is a market for it. Animal lovers have willingly paid hundreds – or even thousands – of dollars for animal creations. At this year's auction there will nearly a hundred 8" x 10" framed artworks created by rescued cats and dogs up for bid.



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Hot summer nights and sleeping out



By **MARTY RELLES**
Land Park News columnist
marty@valcomnews.com

Summer days on Janey Way in the 1960s seemed endless and care free. Even when temperatures reached 100 degrees, we kept busy swimming at Glen Hall pool, skating at Phoebe Hearst School or just hanging out on a lawn in the neighborhood. During the hot months of July and August, temperatures rarely cooled off much even during the evening, but we had a sure fire solution to this problem: we slept outdoors.

As the day came to a close and night began to fall, someone would say, "Let's sleep out at my house." Then, after obtaining parental approval for the sleep out, the gang showed up with their sleeping bags in hand and laid them out in a line on the back lawn.

Of course, very little sleeping ever occurred on such nights.

I often wonder how our parents ever got any sleep.

We played cards and board games by flashlight. We talked too loudly and often snuck out of the yard to go on nighttime sojourns. Sometimes we crept into the pit – the vacated sand and gravel site located behind the houses on the east side of Janey Way. That always turned into an exciting adventure. Other times, we walked over to where the girls slept out and surprised them or walked down to Bossy's Drive In on Folsom Blvd. to buy hamburgers.

However, our favorite place to sneak off to was Shakey's Pizza Parlor on 56th and J streets. There, we pooled our money, bought pizza and brought it back to the yard to eat. I still remember the sound of Dixieland jazz wafting out of the back room bar.

Life couldn't get better.

The Relles household became a popular place to sleep out during the long Janey Way summers. In fact, we slept out in our yard so often one summer that Dad dragged an old mattress out from the garage for us to sleep on. We brought out blankets and sheets from the house to cover the mattress and slept in comfort. We had by far the best sleeping accommodations of any kid on the block; much better than a sleeping bag.

As another warm summer comes to an end in Sacramento, the memories of sleeping out on Janey Way come back to me and remind me of time when life seemed simpler and somehow a lot more fun.

Signs on utility poles hazardous

Sacramento – They're all over town – utility poles plastered with signs and notices for yard sales, political campaigns and lost animals. But the signs and handbills posted on utility poles are more than an eyesore. They're also a serious hazard for utility workers who climb the poles.

Nails, staples, tacks, and screws used to post signs can cause serious injury to utility workers who climb the wooden utility power poles every day. This is a particular problem during election season.

When the signs fall off or are removed, the fasteners often remain in the pole, causing utility workers to get cut or injured. Nails and staples can obstruct climbing gear, causing workers to slip or fall as they climb. And even the tiniest puncture in a line worker's rubber gloves can expose them to severe shock from power lines.

When advertising for a political candidate, lost pet, garage sale or other event, avoid posting signs on power poles.

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Greenhaven-Pocket library opens to Sacramento area residents

By SALLY KING
Land Park News writer

The experience of walking into a modern, energy efficient building, looking down at the soft mint green carpet in patterns of leaves with light gently filtering in through the windows and smelling the aroma of brand new books makes a visit to the new Robbie Waters Pocket-Greenhaven Library well worth checking out.

This beautiful new facility is available to everyone in the Sacramento area, and has many upgraded, state-of-the-art features.

Big, round chairs that invite one to sit down and stay awhile are just one of the great features of this new library, where everything is state-of-the-art. So much so, that the library is nominated for Leadership in Energy and Environmental Design (LEED) silver accreditation.

About 500 people showed up to attend the grand opening celebration that took place Saturday, Aug. 28.

Robbie Waters, Sacramento City Councilmem-

"Three things make a library important: It is a place for people of all walks of life to gather, it provides access and exposure to institutions of education and it creates lifelong learners."

ber for District 7, who spent many years helping to plan the library, thanked all who participated in donating their time and money to the construction and furnishing of the 15,387 square foot library.

Mayor Kevin Johnson said it is an impressive building.

"It feels like a Borders in the middle of the Greenhaven-Pocket area," Johnson said. "It has a big meeting room, public computers, it is kid-friendly and energy efficient. A real tribute to Robbie Waters."



The LEED-nominated Robbie Waters Pocket-Greenhaven Library opened Aug. 28 and cost \$15 million to build.

Many Sacramento City Council members attended the event, along with State Senate President Pro Tem Daryl Steinberg and Nathan Dietrich, district director for Congresswoman Doris Matsui.

Waters said the \$15 million cost to build the library came from the City of Sacramento Community Reinvestment Capital Improvement Project Funds, Freeport Regional Water Authority Mitigation Funds, and City of Sacramento Council District 7 Discretionary funds.

Enhancement funds came from Roger and Carolyn Fong in memory of their daughter, Michele Fong Beam, First Five of California and Friends of the Pocket-Greenhaven Library.

"This is a happy day for Sacramento," Steinberg said. "This is an opportunity to be thankful. For a down economy, three new libraries opened this year. Three things make a library important: It is a place for people of all walks of life to gather, it provides access and exposure to institutions of education and it creates lifelong learners."

"I love this library," said Ian Briggs, an eleven-year-old, who attends Matsumoto Elementary School and



Library patrons checked out brand-new books, DVDs, CDs and audio books at the new library.

was busy using one of the new kids' computers.

Yvonne Correa is looking forward to bringing her grandchildren here.

"I appreciate the large print books," Correa said. "Your eyes don't work as well as you get older."

Best of all, every book, audio book, CD and DVD in the library is brand new.

The special features of the library include:

Radio Frequency Identification, a time-saving device where embedded chips in the books and other materials allow the borrower to check out a stack of books all at once, without having to scan each item individually.

A 72-seat community room for meetings and events. It has a built-in

projector, sound system and a drop-down viewing screen.

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The Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Drive in Sacramento. Library hours are: 12 noon-8 p.m. Tuesday through Thursday; 1 p.m.-5 p.m. Friday; 9 a.m.-5 p.m. Saturday, Closed Sunday and Monday. Learn more by calling (916) 264-2700 or visit www.saclibrary.org.

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Salvation Army to celebrate 125th year in Sacramento with open-air meeting

By LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

The Sacramento Citadel Corps of The Salvation Army will celebrate its quasiquintennial – 125 years of community service in the capital city – with an open-air, street meeting in front of The Firehouse Restaurant in Old Sacramento on Saturday, Sept. 18.

The event, which begins at 11 a.m. and will feature music and speeches, will not only commemorate this grand anniversary, but it will also have an important historical significance in regard to the location of this gathering.

It was at this very site on May 19, 1885 that the Sacramento Corps' first meeting was held.

Founded in England

The meeting was made possible through a series of events, which began 20 years earlier with the founding of this now-international, charitable Christian evangelical church by William Booth (1829-1912).

Booth, who began his ministerial career as a traveling evangelist in 1852, was invited to host a series of evangelical meetings in London in 1865, thus marking the beginnings of the history of The Salvation Army.

Early converts not 'traditional'

Maj. Tedd Lowcock, who serves as co-pastor with his wife Cindy Lowcock and is responsible for the operation of the community center and day care programs of The Salvation Army at 2550 Alhambra Blvd., said that because many of Booth's converts were formerly thieves, drunkards, gamblers and prostitutes, churches did not accept many of Booth's followers, which in the organization's early years

were serving under the name, "The Christian Mission."

"(Booth) wasn't really looking to begin another church," Maj. Lowcock said. "He had it more in mind to be maybe an 1865 Billy Graham, who would take the message of the gospel to the working poor, but then once they became Christians, he sent them to established churches. The problem was the established churches didn't want these people, because they didn't look good, they didn't smell good. They were lower class people. He wound up with a lot of converts and no place to send them. Kind of by default, we became a mission, then a movement, then an established denomination."

As the years passed, the number of Booth's followers continued to increase, as the organization grew from 10 full-time workers in 1867 to 1,000 volunteers and 42 evangelists in 1874.

Originally 'The Christian Mission'

The name, "The Salvation Army," was established in 1878, when Booth, after reading a sentence in an annual report, which read, "The Christian Mission is a volunteer army," crossed out the word "volunteer" and wrote in the word "salvation."

Two years later, The Salvation Army was established in the United States when it debuted in New York City, followed by the organization's West Coast expansion to San Francisco in 1883.

This West Coast expansion led to the establishment of the "Army" in Sacramento.

Since this historic day, 125 years ago, The Salvation Army has continued to grow and provide charitable assistance in the capital city.



Photo courtesy of The Salvation Army
Volunteers work at the annual Christmas distribution at Cal Expo last year. Nearly 5,000 needy Sacramento County families received holiday assistance of food and toys.

Women warriors

According to Sacramento Corps historical records, the "Army" in Sacramento included "women warriors," who performed "soul-saving work" in a mostly male, 19th century Sacramento with gambling, saloons and houses of prostitution.

Among The Salvation Army's earliest barracks in Sacramento were: 3rd Street, between J and K streets, 913-915 8th St. and 507 K St.

Currently, the Sacramento Corps maintains facilities at the aforementioned Alhambra site, an emergency shelter that houses about 150 men and women per night at 1200 North B St., family services at 4350 Raley Blvd. and its Del Oro Division site at 3755 North Freeway Blvd.

Of these facilities, the 11,000 square-foot North B Street site is

one of the oldest, having opened in the mid-1970s, following the closure of its leased emergency lodge at 2700 Front St. The Front Street facility opened as part of the West End redevelopment in 1969.

On-going assistance

Many Sacramentans are familiar with the Sacramento Corps of The Salvation Army's popular, local thrift stores, as well as its many efforts to assist those in need within the community through projects such as its Toys for Tots drive, food collections and distributions, housing and day care.

In 1982, the Sacramento Corps made history when it helped feed the city's hungry through Salvation

See Salvation Army, page 19

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Adjusting to your 'staying at home' college student



By **STEVE DEBENEDETTI-EMANUEL**
Land Park News columnist
steve@rivercitycounseling.com

In my previous articles in this series, I discussed the adjustments that parents need to make when their teen leaves for college, which includes the need to recognize that younger siblings are also having struggles. In this article, I am focusing on how parents can help their family's adjustment

when their teen attends college locally and lives at home.

During my senior year of high school I applied and was accepted to a school several hours away. Late in the year, I was badly injured in a car accident, and my plans fell apart. I remained at home for a year and attended the local community college. It was the right decision, but I was devastated, as I was **READY** to leave home, be free of my parents, and do whatever first year college students do when left to make their own decisions.

Like me, countless high school graduates continue living at home after high

school, rather than go away for school. Be it for financial, medical, or any of many other reasons, community colleges are often the best option for recent graduates.

In spite of this, it's important to anticipate that many of the same difficulties that arise when your teen leaves for college will exist, and your family will go through an adjustment period. Rather than risk unnecessary conflict, it's best to be proactive and have a frank conversation, in which you both share your concerns, hopes and expectations and listen to your teen's responses.

A good starting point is to help your teen make plans and set goals for this year

and beyond. Much that you'd hope that he or she would transfer to U.C. Berkeley, it's crucial to recognize that your teen is an adult and needs to make decisions on his or her own. Thus your job is to guide and support him or her in whatever the goals may be (within reason,) rather than trying to force your agenda.

On a practical level, it's crucial to discuss changes in your teen's schedule and the impact they will have on the family. With night classes, study groups and social outings, it makes sense that your teen will be

See Teen, page 26

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Land park resident leaves a concrete mark at UC Davis

By ELIZABETH VALENTE
Land Park News writer
elizabeth@valcomnews.com

In honor of his contributions to undergraduate education and for changing the face of physics instruction at UC Davis, former university physics professor and 30-year Land Park resident Dr. Wendell Potter is going to have a building named after him. The facility is at the south residence hall at Tercero Residence Complex at UC Davis where first year students are assigned to live.

"I never expected this, I am truly honored," Potter said. "I hope someday one of my grandchildren will be able to stay at the hall as a student and feel the same pride."

Teaching pioneer

Dr. Potter was nominated by UC Davis faculty and staff for his many contributions that influenced the lives of large numbers of students. In a letter to Potter, UC Davis Chancellor Larry Vanderhoef remarked on the professor's work over the last half of his career that focused on improving the educational life of undergraduate students.

"You worked to improve the educational experience of all undergraduate science students by helping to pioneer changes in the teaching of undergraduate studies outside the Department of Phys-

ics," Vanderhoef wrote. "It has been said that there are few such as yourself who have had such a great effect on the general quality of undergraduate science teaching and the resulting educational life of the undergraduate student population."

Since starting at UC Davis in the early 1970s, Potter noticed that the students "weren't getting it; the system wasn't working in terms of students not learning about physics," Potter said. "It's not the fault of the individual so much as the way the subject has been presented. They relied much more on memorization than understanding."

Physics 7

Potter's motivation to have students understand fundamental physics led him to find new methods of teaching science and by 1996 he did just that. Physics classes at UC Davis began to emphasize discussions and explorations of ideas in physics, and allowed students to "make sense of it for themselves." Supported by grants from the National Science Foundation, Potter and colleagues in the department began to develop a new introductory physics course, "Physics 7."

"He devoted years and years of time in perfecting these courses, working with teachers, aids and students. He was also instrumen-



Photo courtesy Land Park resident Dr. Wendell Potter influenced generations of students at UC Davis and teachers in the Sacramento region to think about physics in new ways.

tal in designing the laboratory and classrooms in which the learning takes place, including picking the furniture in the room," said Patricia Turner, vice provost for undergraduate studies. "At UC Davis, our physics class does not have someone writing a formula on a board and lecturing, but rather students are discussing the topic at a table and faculty and TA's are working the room, very 'Opera Winfrey style' when she was out in the audience. This allows instructors to cover a wide range of top-

ics while allowing time for discussion and exploration of ideas. This method of teaching has been very successful with our students."

Thanks to Potter, the Physics 7 course focuses on underlying principles and ideas in physics, then applies them to different areas, such as physical chemistry, mechanics or nuclear physics. It has been said that the professor known for experimental condensed matter physics and physics education has also been

See Potter, page 19

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Diane and Wes



Funds raised from the 'Race for the Arts' will be used to support Sacramento area arts programs.



Sunnyvale resident Suet-Fei Li was the top women's finisher with a time of 17:44.9.



Land Park News photos/Danny Kam
Steven Schenck of Sacramento was the top male runner at the 12th annual Race for the Arts on Aug. 28, with a best overall time of 15:54.5 for the 5K run.

Everyone in the community wins in 'Race for the Arts'

By **BENN HODAPP**
Land Park News writer
benn@valcomnews.com

Some 2,000 runners and walkers came out to the 12th annual Race for the Arts on Saturday, Aug. 28 at William Land Park in Sacramento. The 5 K (equal to 3.1 miles) fun run/walk and children's fun runs began at 8:30 a.m. The goal of the annual event is to do three

things when it comes to the local arts: first, raise funds; second, raise awareness and third, increase audiences.

Race for the Arts is a nonprofit organization that works to accomplish the three aforementioned goals for school music, drama and art programs. Event coordinator Sally Rice talked about some of the history of the event.

"We provide the vehicle to help everybody," Rice said. "Every cent pledged to a program goes to that program."

This year's pledges are not due until Sept. 26, but in 2009 the event raised nearly \$70,000 and Rice is confident that a similar number will be raised this year. In the past, according to Rice, recipients of pledge money have used it to purchase instru-

In addition to the race itself, visitors to the event could tour 43 booths showcasing the arts in Sacramento.

ments or pay travel fees in order to take their acts to different parts of the world. All told, the event has benefitted an estimated 168 arts organizations since the event's inception.

Along with the runners, some of whom show up in costumes, the event was decorated with 43 interactive booths designed to educate the patrons on different art programs in the Sacramento area. Among the activities for young and old alike was an instrument "petting zoo" where people thinking about taking up an instrument could go and physically feel what the instrument is like in their hands.

As far as the race itself, awards were given to the top three male and female finishers in 15 different age categories. All children's fun run finishers received an award regardless of time. Anyone who missed picking up their award can pick it up at Fleet Feet Sports at 2311 J Street. To check and see if you won an award, go to www.raceforthearts.com and click the tab titled "Results, Awards, Photos."

Steven Schenck, a 27-year-old from Sacramento, posted the best overall time of 15:54.5. The top women's finisher was 34-year-old Sunnyvale resident Suet-Fei Li with a time of 17:44.9.



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SPM Wire – It's only been around since 1979, but ask any grandpa or grandma and he or she will lecture you otherwise. Grandparents' Day, which is officially celebrated on the first Sunday after Labor Day, is *any* day with the grandkids.

This year, the "official" day falls on Sept. 12. For many kids, every day really is Grandparents' Day, as they now are living with their

grandparents. In fact, 6.4 million grandparents nationwide have grandchildren under the age of 18 living with them, according to the Census Bureau.

For them, the big day is about more than just a keep-in-touch phone call or fun outing. It is fitting, however, that there's an official flower for Grandparents' Day: the forget-me-not.

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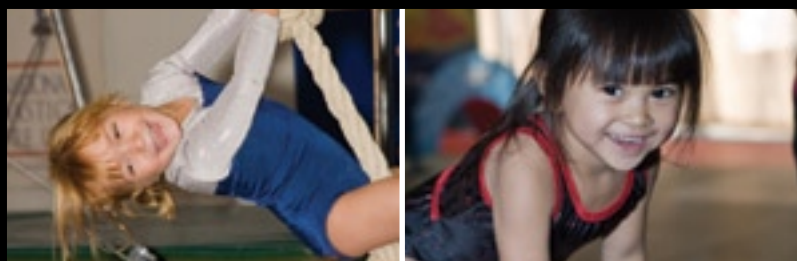
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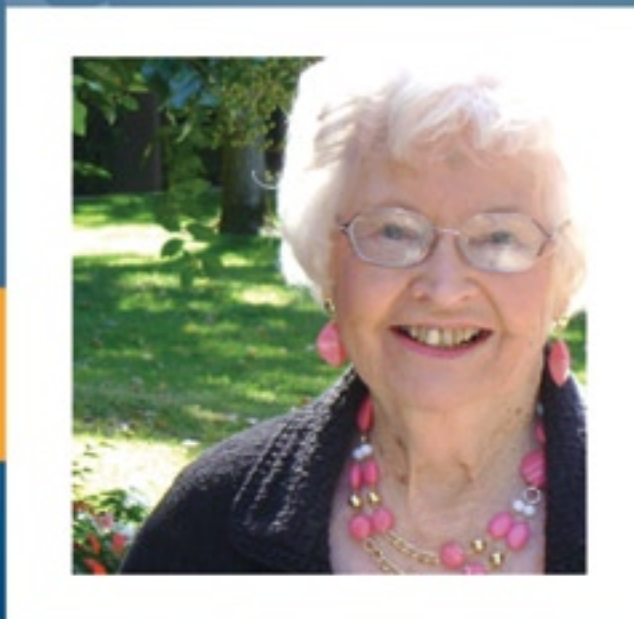
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Salvation Army: Plans for new day care center, transitional housing for families in crisis

Continued from page 7

Army soup kitchens for the first time since the Depression.

An article in the Nov. 26-27, 1993 edition of *The Sacramento Union* provides an example of the Army's ongoing efforts to provide service.

In the article, it is reported that 1,200 homeless were served a Thanksgiving meal at the North B Street site.

Last year, The Salvation Army experienced a 118 percent increase in its social services.

Through the assistance of its many volunteers, the organization continues its efforts to help the less fortunate in obtaining their basic human needs.

The Sept. 18 public event will not mark the first time that the Sacramento Corps has celebrated a historic anniversary.

Centennial celebration

One such event occurred on May 4, 1985, when in honor of the organization's centennial, 100 musicians marched from the Capitol Plaza Holiday Inn at 300 J St. to Old Sacramento. Following this event, an open-air service was held, during which time a plaque commemorating the 100th anniversary gathering was presented to The Firehouse Restaurant.

The plaque was placed on the building, directly below another commemorative plaque, which recognized the 1885 Army meeting at this site. The earlier plaque was placed on the building in 1978.

Looking back, looking ahead

Maj. Lowcock said that the upcoming gathering at The Firehouse Restaurant, as well as other events of the week-long Sacramento Corps' celebration, provides an opportunity to reflect upon the history of The Salvation Army's presence in Sacramento.

"It gives us an opportunity to look back on a very special history of the ministry of The Salvation Army in changing lives and affecting lives and impacting lives with the gospel for 125 years," Maj. Lowcock said. "Many of the people who are coming back for our anniversary are people

who over the last 40 years have been impacted by the ministry of the Army here. But before that with those who have died, it gives us an opportunity to see what the Army has done and also then to look forward to what it holds for the future. The tradition that we have establishes our identity, who we are as a people, what our mission is and then allows us to use that as a base to look forward to the future."

New projects

This future includes the Sept. 17 groundbreaking of a new day care center building at the Alhambra Boulevard site and a plan for transitional housing to assist families in crisis.

Syd Fong, public relations director for The Salvation Army in Sacramento County, said that the day care center is scheduled to be completed within the next six months.

All are welcome

On behalf of the Sacramento Corps of The Salvation Army, Maj. Lowcock invites the community to attend the Sept. 18 open-air, street meeting.

"We would be happy for those interested to come and join us at The Firehouse (Res-



Local volunteers of The Salvation Army load food into distribution boxes. Last year, The Salvation Army experienced a 118 percent increase in its social services.

taurant at 1112 2nd St.) on Sept. 18 at 11 o'clock in the morning, as we celebrate the fact that The Salvation Army has been here in Sacramento for 125 years and the fact that The Salvation Army has become a valued part of the community," Maj. Lowcock said.

For additional information about The Salvation Army and this event, call (916) 452-9388.



The Salvation Army's Hanson McClain Child Development Center on Alhambra Boulevard is scheduled to open within the next sixth months. Shown above is an artist's rendition of this structure.

Potter: Sacramento resident influenced the lives of generations of UC Davis students

Continued from page 9

the driving force behind a UC Davis-based outreach program aimed at improving the quality of science teaching in grades kindergarten through 12 in the Sacramento area and throughout the state. Initiated through a grant from the National Science Foundation, the program is now known as the California Science Project of Sacramento, one of 12 statewide projects to improve science education in the public schools.

"We felt it was important for teachers to gain confidence in their ability to think and reason rather than relying totally on memorization, just like university students," said Potter. "The teachers learn how to create learning environments in their own classrooms that encourage young students to ask questions,

to propose solutions and then to test them out."

Still active

Potter may have officially retired as a UC Davis professor, senior lecturer, and vice chair for administration and undergraduate studies in the Department of Physics in 2005, but one can still find him roaming around the campus – working and advising alongside several graduate students with their physics research in cognitive science and education.

The formal dedication ceremony to name the building in honor of Dr. Wendell Potter will take place on Oct. 4 at 10 a.m. at the south residence hall at Tercero Residence Complex on the UC Davis campus.

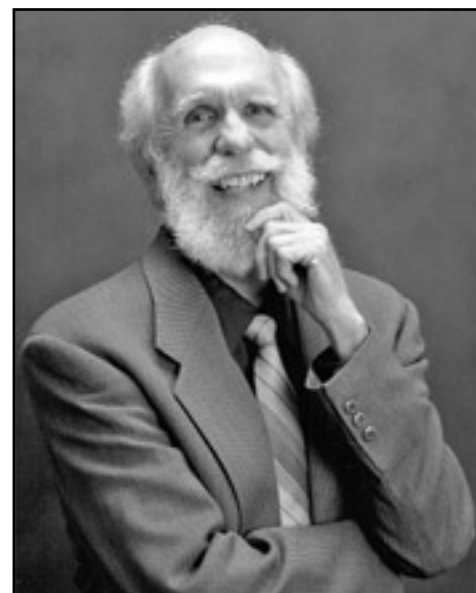


Photo courtesy
A residence hall will be named in honor of Dr. Wendell Potter on the UC Davis campus on Oct. 4.

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Paws: Paintings are done by the animals themselves

Continued from page 4

explained Rakich. "We take care of animals that suffer from diabetes and heart problems and many of these procedures range anywhere from \$16 to hundreds of dollars." Rakich added that funding also goes to help pet owners on fixed incomes who need assistance with their vet bills as well providing supplies to the Happy Tails foster home parents.

"We wouldn't be here if it wasn't for our wonderful volunteers who take in the dogs until we find a permanent home for them," she said.

Surge in abandoned pets

For the past 17 years staff at Happy Tails Pet Sanctuary have been rescuing animals from abusive and homeless situations. But it's been in the last two years that the Sanctuary

has seen an increase of abandoned animals.

"It's due to the recession. We receive daily calls from people who can't afford to keep their animals anymore, or they have to move and the new place does not accept pets," said Rakich. "It is also kitten season and people are calling us saying they found a stray or a litter of new kittens in their backyard or abandoned home. It's sad."

No-kill facility

Unlike the SPCA, city and county animal shelters, Happy Tails is a no-kill facility, unless the animal is suffering. Their mission is to keep the animals for as long as it takes to find them safe loving homes. Space is always an issue.

"The shelters often call us to pick up animals off the euthanize list, if we have room," explained Rakich. "We are a cage-free facility. We are always over our limit because there are so many homeless animals in Sacramento."

Happy Tails Pet Sanctuary also offers several programs to help the community take care of their own pets such as "Senior Adoptions," "Helping Paws," and "Smokey's Emergency Fund," which provides for emergency veterinary care. The non-profit organization adopts out nearly 600 animals a year.

For more information on how to help or adopt a rescued animal, visit www.happytails.org.



Photo courtesy of Katie Rangle
Hundreds of works of art created by adoptable animals will be on hand at "Painting for Paws" on Sept. 25. Each artwork will include a photo and bio of its adoptable artist.

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Teenage golf trio takes on Pebble Beach – for the second time

By **BENN HODAPP**
Land Park News writer
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An afternoon on the golf course is one of the most relaxing things in the world. The smell of the grass, the birds chirping and a quiet stroll through a landscaped course can be a beautiful experience. Or it can be if you're good at golf, anyway. For most of the people who play golf for "fun," it ends up being a terribly frustrating experience, chock full of humiliation and less-than-appropriate language.

St. Francis High School's Ashley Noda and Briana Mao and former McClatchy High School's Taryn Yee have probably never experienced such consternation on the links as the rest of us, for they are among the very best in the world at what they do. And on Labor Day weekend they travelled to Pebble Beach to put their skills to the test – again.

All three participated in the Home Care & Hospice First Tee Open, which took place Sept. 3-5, and was televised nationally on the Golf Channel.

Noda, 16, was just three years old when she took her first hacks. She received a set of lefty clubs for Christmas that year and was hooked immediately. She demanded of herself that she spend up to three hours a day at the driving range until her hands were raw and blistered. When she was eight years old she began to lap the competition, and at the time the competition was all boys. By the time she turned 12, Ashley was playing 18-hole tournaments – and winning them too.

Mao, 17, waited a little longer to get started. She was the ripe old age of six when she began her career.

"I never thought of it like I had talent (for golf)," Mao said. This coming from someone who qualified for a tournament across the country in Georgia at the age of six. She, too, got bigger and stronger and before long she was winning more tournaments than she knew what to do with.

Yee, 18, was a competitive tennis player before exchanging her racket for a three-iron. She didn't start taking golf seriously until she was 10. She chose to play golf because it let her spend more time with her father. But as it turned out, she was a natural. With her parents working many hours, the Little Linkers program was something for Taryn to do with her time. It wasn't long before she started dominating too.

Eventually all three girls joined the First Tee program. The First Tee of Greater Sacramento has a tour for boys and girls between the ages of 12 to 18 called the Junior Tour. In 2009, the three girls applied for entry into a Champions Tour event to be played at Pebble Beach called the Home Care & Hospice First Tee Open. Juniors ages 15-18 from across the country applied. Participants were chosen based on "playing ability and comprehension of the life skills and core lessons learned through involvement with The First Tee," according to a press release from The First Tee.

All three of the girls made the cut. They spent a week down at Pebble Beach soaking it all in and playing before a national audience. Pebble Beach is one of the most famous courses in the world, so naturally the immediate reactions were ones of awe and goose bump-inducing wonder for the three youngsters.

Mao recalled her reaction on the Tuesday morning before the event when she played her first practice round.

"Oh my gosh, I'm about to play Pebble Beach," Mao said.

"It was amazing," recalled Yee of her first impression of the course. "It never entered my mind that I would one day play Pebble Beach."

"It is such a magical place," said Noda. "It's so different being on the course as opposed to watching on TV. It was a breathtaking experience."

Last year, each junior golfer was paired with an amateur golfer and a profession-



Photo courtesy of Briana Mao
Local junior golfers from C.K. McClatchy and St. Francis high schools were selected to play at Pebble Beach in the Home Care & Hospice First Tee Open over Labor Day weekend. Left to right, Ashley Noda (St. Francis H.S.), Taryn Yee (McClatchy H.S.), Briana Mao (St. Francis H.S.).

al from the Champions Tour (formerly the Senior PGA Tour) for the three day event. Noda was paired with Isao Aoki; Yee with Jim Thorpe and Mao with Mark O'Meara. They got to meet a number of the world's most famous golfers such as Hale Irwin, Tom Kite and Peter Jacobsen.

The girls became friends with the golfers throughout the week. They talked about golf, family and everything in between. O'Meara even spent some time during a practice round to help Mao with her bunker play.

"Ever since then I have had no trouble with bunker shots," she said.

One year later, the threesome was ready to go out and do it again. This year, 245 juniors from across the country applied for the event. Altogether, 74 boys and girls were chosen. Once again, the names Noda, Mao and Yee adorned the scoreboard at Pebble Beach.

This year, Mao was paired with Champions Tour professional O'Meara. Noda

played with Champions Tour pro Mark Hulbert and Yee was paired with Dana Quigley.

"I'm really excited," said Mao before leaving for Pebble Beach. "Ashley and I have been talking all week about how we can't believe we get to go to Pebble Beach again. I can't even concentrate on school right now."

For the three day tournament, Mao and Noda each tied at 16 under par. Yee shot 68 and 72 the first two days of the tournament.

These girls, who have gotten to know each other over the past several years as opponents and friends, are ready for future challenges now that the Pebble Beach event is over. Who knows if the views will be as majestic and dumbfounding the next time around, but regardless of outcome, these three likely won't hook a dozen balls into the water like the rest of us would.

Susan Laird contributed to this article.

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Golf Against Violence
The Sacramento County Office of Education's eighth annual Project SAVE Golf Tournament will be held at Rancho Murieta Country Club in Rancho Murieta on Monday, September 20. The tournament is a fundraiser for Project SAVE (Safe Alternatives and Violence Education), which seeks to prevent youth violence and bullying behavior at local schools. The golf tournament is Project SAVE's main source of funding. Entry fees for the tournament are \$150 per person or \$600 for a foursome. Sponsorship opportunities are also available. For more information, contact Cheryl Raney at 228-2201 or via e-mail at craney@scoe.net

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Sat. 1-4 p.m./Sun. 10-1 p.m.
Call Mary Chan for reservations
(916) 731-4831 or
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"STAGES FOR SENIOR CARE"
Presented by Home Instead Senior Care
Thursday, September 30
6 p.m. to 8 p.m.
at THE ATRIUM
5757 Cypress Avenue
Carmichael, CA 95608
(916) 486-3533

Child Safety & Protection Festival
All Children Receive An Identification Card Courtesy of New York Life Insurance Company
Bring the whole family to the Robbie Waters Greenhaven Library for a day of fun, festivities, and valuable safety tips.
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Saturday, September 25
11 a.m. to 2 p.m.

CALL AND PLACE YOUR EVENT TODAY!

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CALENDAR

For more Calendar entries visit
www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

SEPTEMBER

Big Band Dance

Sept. 9, 16, 23, 30: Dance to the rhythms of the Big Band era. Every Thurs. \$5 admission. 1:15 p.m.–3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

California Admission Day

Sept. 9: Celebrate California's 160th birthday with cake and ice cream provided and served by the California State Capitol Museum Volunteer Assn. Enjoy the rousing music of the Sacramento Banjo Band, volunteers dressed in period costumes. Free. 11:30 a.m.–1:30 p.m. State Capitol, North Entrance Steps (L St.), 10th and L streets, Sac. (916) 324-0333

Food Addicts Anonymous

Sept. 9, 16, 23, 30: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Mission Oaks Computer Club

Sept. 9: The Mission Oaks Computer Club will meet from 1 p.m.–3 p.m. Meeting topic will be "The Future of Newspapers," presented by Cosmo Garvin. Problem solving clinic to follow. First-time visitors welcome. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 366-1687, www.missionoakscomputerclub.org

Rotary Club of East Sacramento

Sept. 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 12:15 p.m.–1:15 p.m., every Thurs. Salvation Army Dining Hall, 2550 Alhambra Blvd., Sac. www.rotary.org

Rotary Club of Pocket/Greenhaven

Sept. 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Walking Sticks

Sept. 9, Oct. 14, Nov. 18, Dec. 9: The nation's largest American Volkssport Assn.-affiliated walking club. Meets second Thursdays, 7 p.m. SMUD Customer Service Center, Forestview 1 meeting room, 6301 S St., Sac. Refreshments served. If you'd like to walk three miles before the meeting, meet at 5 p.m. in front of the SMUD Customer Service Center building. Bring money for dinner after the walk. Gale at 364-5063 or www.SacramentoWalkingSticks.org

Sutterville Heights Optimist Club

Sept. 9, 16, 23, 30: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Cliff (916) 427-2698 or Mary-Jo at (916) 691-3059

Toastmasters

Sept. 9, 16, 23, 30: Improve your language skills and lose fear of speaking in front of people with Toastmaster club Los Oradores. Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores de la organizacion de Toastmasters. Thursdays/Jueves, 6:45 p.m. 2118 K St., Sac. Teri Bullington (916) 723-6232, teri.bullington@gmail.com, www.sacramentotoastmasters.com

Cook Realty Charity Golf Tournament

Sept. 10: 18th annual tournament to benefit local programs. \$50 per person (green fees, dinner & drinks) or \$15 per person (dinner & drinks only). Dinner, auction & raffle at 5:30 p.m. in the Cook Realty Courtyard. William Land Park Municipal Golf Course. Tee times are from 10:30 a.m. to 2 p.m. Contact Ed Daniels (916) 204-6702

Movie Night in the Park

Sept. 10: Annual District 4 Movie Night in the Park. "Toy Story" will be the feature presentation. Bring folding chairs, blankets. Complimentary popcorn, sno-cones. No alcohol permitted. Free. Movie begins at dusk (about 7:45 p.m.). Reichmuth Park, 6135 Gloria Dr., Sac., Visit Councilmember Rob Fong's webpage at www.cityofsacramento.org

Patriot Day Celebration dinner

Sept. 10: Come enjoy a dinner of Yankee pot roast with all the trimmings, Tony rolls, green salad and all-American apple pie as our community honors those who serve and protect our nation and community. Special presentation to follow. No host cocktails at 6 p.m., dinner at 7 p.m. Tickets \$16 at the Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. No ticket sales after Sept. 7. www.elks6.com

Rotary Club of Point West

Sept. 10, 17, 24: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Red Lion Inn, 1401 Arden Wy., Sac. www.pointwestrotary.com

Soroptimists of Sacramento

Sept. 10, 17, 24: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.–12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

Wine, Beer & Food Extravaganza

Sept. 10: Enjoy open tastings from area vintners and craft breweries, along with a bevy of foods and desserts in the Quad at Christian Brother's High School. 6 p.m.–10 p.m. Outdoors under the stars. For reservations, visit www.cbhswinetasting.com

Bariatric Surgery Informational Seminar

Sept. 11, Oct. 2, Nov. 6, Dec. 4: Learn all about what bariatric surgery is and is not. 10 a.m.–12 p.m. Bruceville Terrace Multipurpose Room, 8151 Bruceville Rd., Sac. Rondi Crowley (916) 423-5909.

Basic vegetable gardening tips

Sept. 11: Urban gardener James Bridges will discuss how to determine a garden site, preparation of the soil, tools needed, watering and fertilizing. He will offer a general overview on biodynamic square foot gardening techniques and answer questions. Free. 2 p.m. Arden-Dimick Library, 891 Watt Ave., Sac. (916) 264-2920, www.saclibrary.org

Food Addicts Anonymous

Sept. 11, 18, 25: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Food preservation demo

Sept. 11: The Sacramento County UC Cooperative Extension Master Food Preservers will present "All Dried Up!" A basic intro to safe dehydration techniques. Free. 10 a.m.–Noon. Sacramento Cooperative Extension Office, 4145 Branch Center Rd., Sac. (916) 875-6913

Jensen Garden workdays

Sept. 11, Oct. 9, Nov. 6, Dec. 4: Friends of the Jensen Botanical Garden garden workday. 9 a.m.–1 p.m. Bring work gloves, hand pruners and your lunch. Come join with other volunteers to keep the garden beautiful all year. 8520 Fair Oaks Blvd., Carmichael. Tracy Kerth (916) 485-5322 ext. 23, tracy@carmichaelpark.com

Open garden day

Sept. 11: Drop by to see the orchard, berries, grapes and vegetables of the Fair Oaks Horticultural Center. Talk to UC Master Gardeners as they work. Free. 8:30 a.m.–11:30 a.m. Fair Oaks Horticultural Center, in Fair Oaks Park, Fair Oaks south of Madison. (916) 875-6913

Polish Festival

Sept. 11: 21st annual Polish Festival, sponsored by the Polish American Club of Greater Sacramento. Authentic Polish food, polka music, folk dancers, games for children and more. Free. 12 noon – 6 p.m. Polish American Clubhouse and grounds, 327 Main St., Roseville. (916) 782-7171 www.polish-club.org

Rose propagation workshop

Sept. 11: Hands-on rose propagation workshop in the Historic Rose Garden at the Sacramento Historic City Cemetery. Learn how to select the best plant material, how to prepare the cuttings and how to root them using the "terrarium" approach. Free, but donations gratefully accepted. Roses propagated from the cemetery's collection will be available for sale. (916) 448-0211

Sacramento and California history tour

Sept. 11: Let history entertain you on this tour at the Sacramento Historic City Cemetery. Informative and entertaining tour led by Bill Mahan, retired educator and historian. 10 a.m. Free, but donations gratefully accepted. Cemetery main gate, Broadway & 10th St. Parking available across the street. (916) 448-0811

St. Anthony's Parish Community Festival

Sept. 11: International cuisine, entertainment, games and activities for the entire family are all part of the 17th annual St. Anthony's Parish Festival. Admission is free. Tickets will be sold for raffle (including a Sharp 42-inch LCD HDTV), bingo, etc. Proceeds benefit youth basketball league, community dinners. Noon–9 p.m. 660 Florin Rd., Sac. (916) 428-5678

Urban Farm Stand

Sept. 11, 18, 25: Soil Born Farms' newest urban agricultural project, a farm stand featuring seasonal, local and organic fruits and vegetables. Saturdays from 9 a.m.–1 p.m. www.soilborn.org

Wild animals kids' program

Sept. 11: Children ages 5–12 are invited to meet some endangered critters, including: a python, a parrot, chinchilla, frogs, iguana and bugs. Kids will learn how population growth, habitat destruction, pollution and lifestyle choices can impact wildlife. Free. 4 p.m. Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Dr., Sac. (916) 264-2920 www.saclibrary.org

Co-Dependents Anonymous

Sept. 12, 19, 26: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

Sept. 12, 19, 26: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.–11 a.m., every Sun. \$8. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

An Evening with David Plouffe

Sept. 13: California Lectures presents David Plouffe, senior editor and columnist for "The Sacramento Bee," political strategist and author. \$30 general, \$15 student w/valid ID. 7:30 p.m., lecture preview at 6:30 p.m. Crest Theatre, 1013 K St., Sac. www.californialectures.org, www.tickets.com

Annual Jesuit Colleges Fair

Sept. 13: Annual college fair of private, Jesuit colleges and universities. Open to the public. 7 p.m.–9 p.m. Colleges and universities that will be represented include: Creighton University, Santa Clara University, Loyola (Marymount, Maryland, Chicago and New Orleans), Gonzaga, Fairfield University, College of the Holy Cross, Marquette University, Regis University, Saint Joseph's University, Saint Louis University, Saint Peter's College, Seattle University, University of San Francisco, University of Scranton and Xavier University. Jesuit High School, 1200 Jacob Lane, Carmichael. (916) 482-6060

Co-Dependents Anonymous

Sept. 13, 20, 27: 12-Step group for those who struggle to maintain healthy relationships. Meets Mondays. 7:30 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

Gray Eagles

Sept. 13, Oct. 11, Nov. 8: Social group sharing WW II history of military or sport aviation. Former air, ground, or carrier crew, or anyone interested will enjoy our monthly speakers. Group meets 2nd Monday each month. 11:30 a.m.–1:30 p.m. Hometown Buffet private dining room, 4300 Florin Rd., Sac. 11:30 – 1:30. Lou (916) 421-0844, www.grayeagles.net

Hatha yoga

Sept. 13, 20, 27: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.–4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

Rotary Club of South Sacramento

Sept. 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

Tai Chi & Chi Keung

Sept. 13, 20, 27: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

Toastmasters

Sept. 13, 20, 27: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.–8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Jan (916) 284-4236, www.sacramentotoastmasters.com

Big Band Dance

Sept. 14, 21, 28: Dance to the rhythms of the Big Band era. Every Tues. \$5 admission. 1:15 p.m.–3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

Dance Movement Therapy Classes

Sept. 14, 21, 28: Cancer patients and survivors are invited to dance movement therapy classes taught by Nandi Szabo, a registered dance movement therapist. Free. Tuesdays through Nov. 9. Two times available: 10:30 a.m.–12:30 p.m. or 6:30 p.m.–8:30 p.m. Sutter Cancer Center, 2800 L St., Sac. Call (916) 529-1079 or email zoefotoni@comcast.net to register.



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Medicare counseling

Sept. 14, 21, 28: Health Insurance Counseling & Advocacy Program (HICAP) offers free, unbiased information and assistance with Medicare problems, help with health and long-term care insurance. HICAP does not sell, endorse, or recommend insurance. Appts. every Tuesday with John Gallapaga, call (916) 376-8915 to schedule. For appts. in Spanish, call Marta Erismann at (916) 231-5110.

Rotary Club of Arden-Arcade

Sept. 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

Rotary Club of Carmichael

Sept. 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m. Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

Sacramento Asperger Syndrome Info group

Sept. 14, Oct. 12: Support and education for women who are partnered with men who have Asperger Syndrome. Free. Meets second Tuesdays, 7 p.m.-9 p.m. UC Davis M.I.N.D. Institute, 2825 50th St., Sac. Sally Watkins, LCSW (916) 939-8249

Soroptimists of Sacramento South

Sept. 14, 28: Soroptimist International of Sacramento South, a service club for business and professional women, meets second and fourth Tuesdays. 12:15 p.m. Aviators Restaurant, Executive Airport, 6151 Freepoint Blvd., Sac. www.soroptimistsnr.org

Cello concert

Sept. 15: Cellist Paul Cohen will perform. 7:30 p.m. \$5 students, \$8 general. Room 151, Capistrano Hall, Sac State campus, 6000 J St., Sac. (916) 278-4323 www.tickets.com

Food preservation demo

Sept. 15: The Sacramento County UC Cooperative Extension Master Food Preservers will present "Apples and Olives." \$3 per person. 10 a.m.-Noon. Sacramento Cooperative Extension Office, 4145 Branch Center Rd., Sac. (916) 875-6913

Genealogy meeting

Sept. 15: Genealogical finds and discoveries with the Genealogical Assn. of Sacramento. New faces welcome, and help to track down ancestors. Meets on third Wednesdays, 1 p.m. Belle Cooleage Library, 5600 South Land Park Dr., Sac. Melanie Howard (916) 383-1221

History of Sacramento's Chinatown

Sept. 15: Lawrence Tom, author of "Sacramento's Chinatown," will discuss one of the oldest Chinese communities in America and share photos. 6:30 p.m. Free event. Copies of the book will be available for signing and purchase. Sacramento Room, Central Library, 828 I St., Sac. (916) 264-2920, www.saclibrary.org

Preparing for Assisted Living

Sept. 15: Organization and relocation specialist Lee Mahla will speak on "Preparing for a Move to Assisted Living or Memory Care." Free. 6 p.m. Chateau at Carmichael Park senior living community, 7125 Fair Oaks Blvd., Carmichael. (916) 481-7105

Senior Wednesday Club

Sept. 15, 22, 29: The Senior Wednesday Club meets to chat, play bridge, pinochle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Myrt (916) 348-8114

Toastmasters

Sept. 15, 22, 29: All area business people invited to hone their speaking skills. Noon-1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

Travel light in a carry-on

Sept. 15: Learn how to pack light with Jon Holloway. Travel for months in a carry-on sized suitcase. Trips to New England, New York, Texas, the South Pacific and more will be introduced. Free. 9 a.m. demo, 10 a.m. travel show. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336 www.morpd.com

Wild animal kids' program

Sept. 15: School-age children (ages 5-12) are invited to meet some endangered critters, including a python, parrot, chinchilla, frogs, iguana and bugs. Free. 4 p.m. Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Dr., Sac. (916) 264-2920 www.saclibrary.org

'Dying for a Date' book signing luncheon

Sept. 16, 17: Author Cindy Sample will sign her latest novel, Dying for a Date at this luncheon to benefit the Sacramento Children's Home. Entrée choice of Chicken Breast Stuffed with Spinach and Smoked Gouda or Dilled Shrimp and Pasta Salad. Harvest Cake for dessert. \$30 per person. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Reservations a must. (916) 452-2809

River-friendly landscape workshop

Sept. 16: Overview; shade tree planting, staking, mulching demonstration; Irrigation (part I); Conversion of Spray Zone to Drip demonstration. Free, but space is limited & pre-registration is a must. 6:30 p.m.-8:30 p.m. Susan Kumar (916) 874-8326 www.riverfriendly.org

Andrew Oliver Kora Band

Sept. 18: Combined jazz and traditional West African music. Presented by

Sacramento State's World Music Series. 8 p.m. \$8 students, \$15 general. Music Recital Hall, Capistrano Hall, Sac State campus, 6000 J St., Sac. (916) 278-4323 www.tickets.com

Backyard composting seminar

Sept. 18: Learn how to recycle your lawn clippings and fruit and vegetable scraps into a valuable soil amendment right in your own yard. Free. 8 a.m.-10 a.m. GEO Garden, 1221 South Ave., Sac. Call 311 or visit www.cityofsacramento.org/utilities

History of Sacramento's Chinatown

Sept. 18: Lawrence Tom, author of "Sacramento's Chinatown," will discuss one of the oldest Chinese communities in America and share photos. 3 p.m. Free event. Copies of the book will be available for signing and purchase. Belle Cooleage Library, 5600 South Land Park Dr., Sac. (916) 264-2920, www.saclibrary.org

Lighting for the Aging Eye

Sept. 18: Eunice Noell-Waggoner, president of the Center of Design for an Aging Society, will discuss lighting issues and what role our eyes play. Learn about the need for more light to see accurately, quality of light considerations and how to reduce glare in our environment. Free. Class space limited, registration required. 12:30 p.m.-3 p.m. SMUD Customer Service Center, 6301 S St., Rubicon Mtg. Rm., Sac. (916) 732-6738 Connie Samla, csamla@smud.org

Tongan Luau

Sept. 18: Come experience a Polynesian paradise without leaving the city. Authentic Tongan food and Polynesian entertainment. \$10/plate, 5 p.m. Centennial United Methodist Church, 5401 Freepoint Blvd., Sac. (916) 452-4477

Planning a genealogy research trip

Sept. 19: Cemeteries, courthouses and other locations are places to gather family ancestry information. Genealogist Car Nielsen will present how to get organized and prepare research. Free. 1:30 p.m. Central Library, 828 I St., Sac. (916) 264-2920 www.saclibrary.org

Faith Presbyterian Open House

Sept. 19: Looking to be a part of a warm, caring extended family? Come visit at Faith

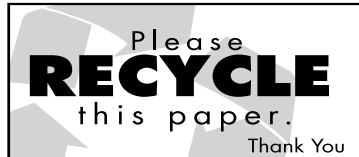
Presbyterian Church's Open House. Encouraging music, friendly faces and messages that will have a positive impact on your week. 9 a.m. or 11 a.m. worship. Free refreshments after service. 625 Florin Rd., Sac. (916) 428-3439, www.faithpresby.org

Newcomer's Buffet

Sept. 20, Oct. 18, Nov. 15: All widows, widowers invited to The Widowed Persons Assn. of CA no-host "Newcomers" buffet. 5:30 p.m. Meets third Mondays. Plaza Hof Brau, 2500 Watt Ave. (corner El Camino). (916) 972-9722.

Basic English language class

Sept. 21, 28: Non-native English speakers can improve English language proficiency. Free. Every Tues. Practice reading, writing, listening and speaking English with others in the class. Through Dec. 14. 6 p.m.-8 p.m. Belle Cooleage Library, 5600 South Land Park Dr., Sac. (916) 264-2920 www.saclibrary.org



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Teen: College is a period of great transition, some challenges are inevitable

Continued from page 8

coming and going pretty frequently. Although your teen shouldn't have the same flexibility as he or she would have if living in the dorms, it makes sense to extend or discontinue curfew. At the same time, you shouldn't have to tiptoe around the house, as you get ready for work, just because your teen wants to sleep until noon.

Another topic is household responsibilities. Even though much of your

teen's time will be spent outside the house, it's important that he or she be an active member of the family. If, for example, your teen has always fed the dog and taken out the trash, the responsibilities shouldn't change, just because college has begun. And if you feel strongly about the family having dinner together on Sunday nights, it's realistic to insist that this continue.

It's also crucial to discuss finances. As much as community colleges are much more affordable than universities, it's important to recognize that your teen's expenses will increase significantly. Regardless of your expectations regarding financial contributions, it's important to discuss the issue honestly. Your teen is now an adult, and this is the perfect opportunity to educate him or her on adult responsibilities.

Ultimately, your teen's graduation and move into college, regardless of the location of his or her school, will be a period of great transition, and challenges are inevitable. In order to minimize the difficulties and shorten the adjustment period, frank conversations are important. If both you and your teen are able to speak openly and listen to the other, this period will be as easy as possible.



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Faces and places Local artists 'Chalk It Up' for kids' arts

Local artists created some very cool art over the Labor Day weekend in Sacramento's Fremont Park. The 20th annual "Chalk It Up" festival featured over 200 sidewalk chalk "paintings." These works will be left on the park sidewalks through the month of September. Local businesses sponsored blocks, the proceeds of which will benefit children's arts education and art activities.

Photos by Danny Kam



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SHEILA VAN NOY 505-5395



CHARM GALORE

This truly amazing GEM is a wonderful opportunity for first time buyers and the savvy investor. Light and bright, beautiful inlaid hardwood floors, gorgeous brick fireplace, large bedrooms & spacious kitchen. Fabulous yard w/fruit trees & three garages. See www.1229wstreet.eproperty.com \$279,000

PAM VANDERFORD 799-7234



IT'S A DUPLEX!

Or a home w/attached living quarters. Dining rooms feature beautiful fireplaces. Kitchen updated w/granite counters, new Jenn-Aire range & lighting. Pretty hdwd floors thru-out the home along w/fresh paint. Enjoy Delta breezes on the balcony. Attached side is 1297sf featuring same Land Park charm, 2BRs & nice fireplace. See www.1524-1526-8thAve.com \$650,000

PAULA SWAYNE 425-9715



ROSEMONT

Remodeled kitchen opens to spacious living room & a separate family room w/fireplace. Tile floors & lots of storage. Sliding doors in living room & master bedroom open to the patio & a beautiful backyard & sparkling pool. Live close to elementary, junior & high schools. Pride of ownership on display! See www.9468olecourt.eproperty.com \$199,900

NATHAN SHERMAN 969-7379



SOUTH LAND PARK TERRACE

Quality abounds in this one-of-a-kind home w/1/3 acre & almost 3200sf. Huge family room enjoys panoramic view of gorgeous yard thru impressive glass doors. The master enjoys an impressive walk-in closet and spacious bath. Remote 4th bedroom is a retreat with kitchenette, lg bath & walk-in closet. See www.1209ridgeway.com \$759,000

PAULA SWAYNE 425-9715

AT THE TOP OF THE HILL

Beautiful Spanish style - from the stamped concrete steps leading up to the front door, to the private backyd, this home reflects the style & architecture of early CA. A stunning arched window & a detailed fireplace in the LR; beamed ceiling in the DR; newer stainless appliances & 2 large bedrooms w/hardwood floors! See www.949FremontWay.eproperty.com \$389,000

NANCY WEEGE 600-5458
LISA MARTIS 612-7548

THE WORK'S ALL DONE!

Move right in and enjoy this **PENDING** room home. Brand new roof, updated and expanded kitchen. Updated bathroom. Beautiful hardwood floors. Wonderfully landscaped and low maintenance backyard. Don't miss your chance to become part of this wonderful neighborhood. See www.1122BeverlyWay.com \$369,500

CHRIS BRIGGS 834-6483

READY TO MOVE RIGHT IN

Versatile floorplan includes master **PENDING** closet, spacious updated kitchen w/sunny eating space & skylight, formal living room w/fireplace, formal dining area, & inside laundry room. Other highlights include a roof installed just last year, heat & air system installed in 2003, 2 car detached garage w/workshop & wonderful backyard. 1368 7th Avenue. \$535,000

KELLIE SWAYNE 206-1458

CHARMING LAND PARK COTTAGE

Hardwood floors, dual pane windows, updated kitchen and bath, whole house fan & built-in closet organizers in both bedrooms. Gas range, refrigerator, washer & dryer are included. Garage has insulated & finished walls, w/a garage door & French doors opening to the backyard. Deep backyard w/shade trees. Quiet street w/no through traffic. See www.2156-6thAve.com \$249,000

KARA PARKER

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