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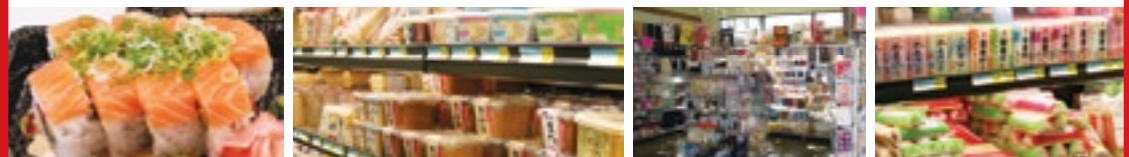
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Youngsters 'Paws to Read' at library

Land Park News staff

Looking for a fun way to boost your child's reading skills while making new friends?

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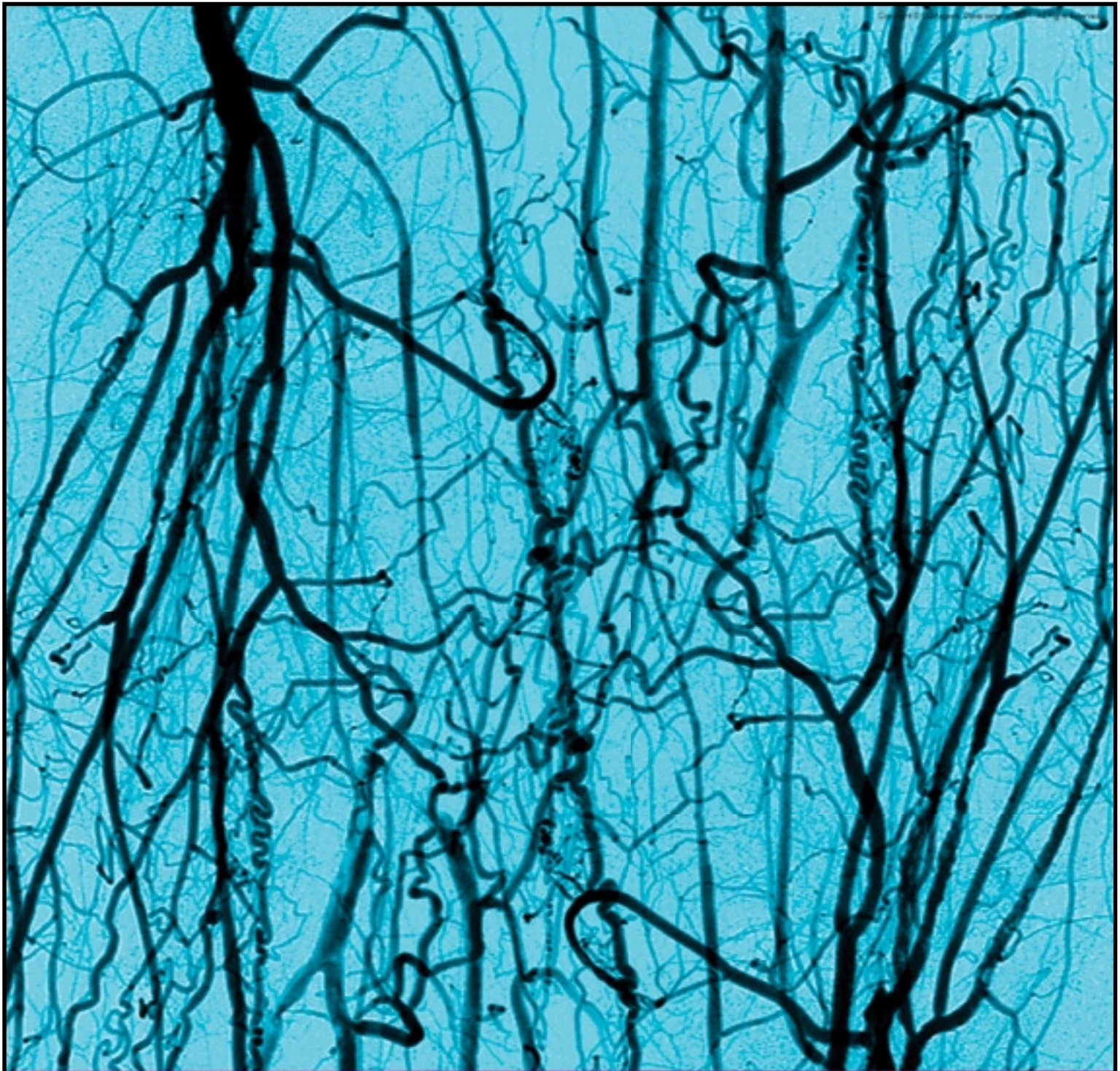
Sign up to participate inside the library's Community Room for a session.

The Paws to Read dogs will take a break in July and August, so make sure that you sign up soon for this fun activity, sponsored by the Friends of the Belle Cooledge Library.

The Belle Cooledge Library is located at 5600 South Land Park Drive in Sacramento. For more information, call (916) 264-2700 or visit www.saclibrary.org.

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Sacramento Rose Society is in its seventh decade

By LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

Considering the old, often-repeated phrase, "April showers bring May flowers," perhaps there is no better time to present the history of a certain long-time local organization, the Sacramento Rose Society.

However, as local rose growers are well aware, one does not have to wait until May to enjoy the beauty of roses.

Rose growers in the Golden State are especially fortunate due to the state's climate, which allows a longer blooming period. Roses consistently bloom, with the exception of the coldest times of the year.

Because of a group of 23 local residents' passion for roses, the Sacramento Rose Society began its long history with its founding on June 27, 1940. These first members had been meeting and sharing their interests in roses for six months prior to making the decision to form the society.

The organization, which was originally headed by its president, Raymond Newman, a bacteriologist who resided at 1170 Marian Way, near Riverside Boulevard in Land Park, was established to "encourage and educate the public in growing and showing roses."

It was likely a coincidence, but 1940 also marked the beginning

of All-America Rose Selections. The selections for this first year were the salmon red hybrid tea, "The Chief," the scarlet red hybrid tea, "Dickson's Red," the Oriental red, climbing hybrid tea, "Flash," and the deep red floribunda, "World's Fair."

Although the society presently meets at 7:30 p.m. on the second Thursday of every month – except in July and August – in East Sacramento at the Iva Gard Shepard Garden and Arts Center, 3330 McKinley Blvd., the original members initially met in the clubhouse at William Land Park.

According to a brief history of the society by Adena Kalal, one of the organization's members, various early activities of the society were influenced by wartime conditions.

In her history of the society, Kalal noted the following: "Minutes were not read because of a possible blackout (and) garden tours were limited to nearby urban gardens, because of gas rationing. Lack of rubber bands was blamed for (a) 40 percent loss of budded stock per California nurseryman A.W. Lloyd in his December 1943 program on budding."

In 1945, the society combined with an iris show to present its first rose show, which was held at an earlier garden and arts center that was replaced by the afore-



Land Park News photo, Lance Armstrong
Sacramento Rose Society President Kent Duncan of the Arden area and the society's Vice President Ellie Longanecker of Carmichael stand alongside the society's banner prior to the organization's May meeting in East Sacramento. Members come from Land Park, Carmichael and throughout the region.

mentioned center at McKinley Park.

To financially assist the society during its earlier years, the organization's members held such fundraisers as rummage sales and summer picnics, and operated fireworks booths.

The society, which at its peak consisted of as many as about 225 members and presently has about 100 members, also achieved local no-

tority during its earlier years through its rose displays at shopping centers and at the old fairgrounds on Stockton Boulevard.

Although she was not among the first members of

the society, longtime society member Muriel Humenick, 85, joined the organization so early that she recalls former society president, Laura Sut-

See Rose, page 19



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A fixture of the Broadway district since 1927

By LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

Editor's Note: This is the first article in a two-part series regarding the Setzer family's history in the lumber industry.

As the face of the Broadway district has changed throughout the years, no business has been a part of the area for longer than Setzer Forest Products.

The company is so old, in fact, that not only did it change its name about 43 years ago, but it predates the actual name of Broadway itself.

On the first page of a three-page petition, which was dated July 15, 1938, a request was made to change the name of the street, as follows: "We the under-

signed are greatly in favor of changing the name of Y Street to Broadway and would appreciate your cooperation in making this change."

The petition was signed by 44 Sacramento area residents, including R.F. Setzer, and sent to the City Council.

The letterhead on page one of the document reads: "Setzer Box Company, Factory and Warehouse, 2570-2810 Third St., Sacramento, California."

Considering that the Setzer Box Co. – the original name of Setzer Forest Products – was established at its aforementioned address, just south of Y Street, 11 years prior to the date of the petition, R.F. Setzer was certainly a person who was quite wor-

thy to sign this now-vintage document.

Jeff Setzer, one of the owners of the business, said that despite the fact that the company has been a part of the Broadway district for 84 years, as a commercial business, there are still many people in the Sacramento area who know little to nothing about Setzer Forest Products.

And it is for this reason that Jeff and his father, Cal, who will turn 90 years old later this month, agreed to meet and share information about their business's history with *The Land Park News* last week.

Cal explained that although the Setzer Box Co.'s history begins in 1927, it is important to mention the year, 1921.



Land Park News photo, Lance Armstrong
Three generations of Setzers: Jeff Setzer (left) and Cal Setzer stand alongside a painting of Setzer Forest Products' founder Curt Setzer.

It was in this year that his father, Curt Setzer, went into a partnership with three other men to establish the Sacramento Box and Lumber Co. on about nine acres at 65th and R streets.

Although he did not produce any document to verify the year, 1921, as the year that the Sacramento Box Co. was founded, Cal said, "The reason I say (1921) is because I was six months old (when the company was founded)."

Cal added, however, that prior to working in Sacramento, his father, who served as the president and general manager of the Sacramento Box Co., had already gained much experience in the lumber industry.

Curt was born in 1883, the year that his father, Otto Friedrich Setzer, who was a successful brewery owner in Germany, decided to move part of his family to America.

After establishing a brewery in St. Paul, Minn., Otto had the rest of his family reunite with him and two of his sons. The success of Otto's brewery led him to establish another brewery in Bismark, N.D.

In his memoirs, Curt, who was the last of 13 children, noted that the breweries continued to be successful, and he emphasized "as long as people drank beer – and there didn't seem to be much indication of their giving up the habit – we were set."

The existence of these breweries ended quickly, however, as within a few years, fires destroyed both breweries and Otto and part of his family moved to Red Bluff, Calif. in the late 1880s.

After an unsuccessful venture with his own, small brewery behind his Red Bluff home, Otto began to

See Setzer, page 7

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Shown clockwise, top left to right, in this 1923 photograph are members of the Setzer family – Curt, Yvonne, Cal, Hazel and Hardie.



The Setzer Box Co. – known today as Setzer Forest Products – is shown in this 1934 photograph. The driver of the front lift machine is Claude Chastain, who resided in the Land Park area.

Setzer: Founder got his start in boxes when father headed for the gold fields

Continued from page 6

work in a lumber mill in the area.

In 1893, the Setzers moved to Klamathon, a small town on the Klamath River, where a new mill operation was being constructed.

However, the mill did not maintain Otto's attention for much time.

With hopes of better providing for his family, Otto left his family to seek gold in the Mount Lassen area in about 1894.

Otto's dream of achieving wealth through California gold began while he was still residing in St. Paul.

Around the time of the Bismark fire, the Setzers provided living quarters in

their home for an old German miner, who was ill, had no money and was not expected to live.

Desiring to present some sort of payment for the Setzers kind-hearted assistance to him, the old miner gifted Otto a map of a mine at Mount Lassen.

The miner told Otto that the mine consisted of rich, gold-bearing quartz, but that the mine had been covered up by a slide or earthquake and that it was his understanding that no one had been able to locate the mine since it went missing.

The map, which included several prominent landmarks such as Scorpions

Gulch and a rock chimney, is no longer in the possession of the Setzer family and is likely no longer in existence.

Being that the Setzer family was left without an income upon Otto's departure to search for gold, Curt went to work in a local box factory at the age of 11.

Curt proved himself as such a quality worker that by the time he was 18 years old, he was made a foreman in charge of more than 50 people.

Cal, who was named in honor of his grandmother, who was a "California baby," said that his father became an operating man-

ager of a mill at the age of 21.

After proving himself as a successful manager, Curt worked in other mills as a manager and became respected in the industry, which led to his aforementioned involvement with the Sacramento Box and Lumber Co. and the Setzer Box Co.

The Setzers' 3rd Street property, which was located next to the old Y Street levee, was acquired through the local real estate and insurance company, Wright and Kimbrough.

After the property was purchased, the first project performed at the site was laying railroad spurs, which

proved to be more time consuming than had been imagined due to the site's soft ground.

The establishment of the new company included the Setzers' purchase of the LaMoine Box and Lumber Co., a complete box factory that was acquired from the Rosenberg Brothers in San Francisco.

In his previously mentioned memoirs, Curt described the Setzer Box Co. as "a complete, modern, four-cut-off box factory with a brick-lined steel burner for shavings, sawdust and any scrap shook (a set of parts for assembling a packing box) we wanted to burn."

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John F. Kennedy Girls Soccer Team wins Metro League Championship

Special to Land Park News

The John F. Kennedy Girls Soccer Team had a great 2011 season. The team league record was 13 wins, 0 losses, and 1 tie, making them Metro League Champions. The team continued to section playoffs to beat Christian Brothers High School 1 – 0. They then lost in the semifinal round to Rocklin High School, 5 – 0.

The last time the JFK Girls Soccer Team won a league championship was in 2003.

This 2011 team was also given several acknowledgments. Coach Mike Ferrigno was given the recognition of Coach of the Year and Michaela Pino was recognized as Metro League Co-Player of the Year. Other teammates that made All League selections were: Anabel Olazaba, Brittany Bowen, Maeve Henwood and Kyley Hironaka.



The John F. Kennedy Girls Soccer Team had a great 2011 season. Front row, left to right: Taylor Arnold, Kyley Hironaka, Catalina Esparza, and Head Coach Mike Ferrigno. Middle row, left to right: Brittany Bowen, Nadia Kamara, Amber Hicks, Anabel Olazaba, Rozzlyn Sovereign, Jazmine Fortes, Jessica Bowen, Kelly Lemons and Samantha Sowers. Back row, left to right: Student Assistant Coach Chad Riley, Michaela Pino, Maeve Henwood, Alissa Aguirre, Ramona Sovereign, Assistant Coach Nino Ramirez, Emilie DeFazio, Kellie Klockgether, Jerrica Tafelski and Jessica Camacho.

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JFK students participate in 'A Civics Lesson' at State Capitol

Special to Land Park News

Last May, John F. Kennedy High School senior students participated in "A Civics Lesson: a Day of Political Action" with Sacramento City USD Superintendent Jonathan Raymond, political lobbyist Nancy LaCasse and community volunteers.

Students arrived at the Capitol to hear the chants of California Teachers Association members, "Hey, Ho, budget cuts have got to go."

Once inside the building, they met with Raymond, Assemblyman Roger Dickinson (D-Sacramento) and LaCasse, who is the associate vice president of School Services of California, Inc., a lobbying firm that deals with issues of school finance.

The lesson began with two voluntary seminars about State Government and the current budget crisis in education. Many students found the seminars informative and thorough. They felt that the exercises were very helpful in understanding opposing views or opinions about the issue.

Dickinson spoke to the new voters about government and how individuals can have an impact on public policy.

Students toured the Capitol, met with protestors and sat in on budget hearings regarding education cuts.

After the tours, the students met with Senate President Pro Tem Darrell Steinberg (D) and his chief of staff, Kathryn Dresslar. Steinberg gave the students an overview of his job and education bills that he authored, then held a question and answer session. He was interested in what these new constituents had to say.

After leaving the Capitol, students made their way to the Serna Center to continue discussions with Raymond.

Student comments reflected the day as "an eye opener," "interesting to see the protestors," "I hope these school programs aren't cut," and "now I realize how important my vote is."



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Over \$25,000 donated to South Sacramento by Rotarians

By SUSAN LAIRD
Land Park News Writer

A small group of local business men and women gave over \$25,000 to local school children and local nonprofits that serve the community during the last 12 months – including thousands of dollars in grants on May 16.

Some 16 community organizations received checks from the members of the Rotary Club of South Sacramento, at the group's weekly meeting at the Casa Garden Restaurant. The donations reflected just a portion of the funds given out by the generous club, which is firmly committed to Rotary International's slogan "Service Above Self."

Rotary club members represent a cross-section of business and professional leaders around the world. These 1.2 million men and women donate their expertise, time, and funds to support local and international projects that help people in need and promote understanding among cultures. The South Sacramento club is one of some 40 Rotary clubs in the Sacramento region.

The South Sacramento Rotarians worked hard during the past year to raise funds to benefit those in need in the local community, the region and the world. They sweltered in the summer sun, selling fireworks. They put on an annual crab feed and a golf tournament, and performed numerous other fundraising tasks with joyful and hope-filled hearts.



The Rotary Club of South Sacramento gave grants to 16 local nonprofit organizations on May 16. The funds will be used to make a difference in the local community. *Land Park News photo, Susan Laird*

Local groups receiving funds included: the Boy Scouts of America, the Drowning Accident Rescue Team (DART), the Girl Scouts of America, the Interact Club and American Field Service at Luther Burbank High School, Loaves and Fishes, scholarships for two students at Luther Burbank High School, the Moral Values organization, NorCal Camp Grizzly, St. John's Shelter for Women and Children,

scholarships for the Sacramento City College Foundation, Sacramento Recovery House, South Sacramento Interfaith Partnership (SSIP) Food Closet, the Sacramento Children's Home, Toys for the Troops' Kids, VSA Arts of California and YMCA of Superior California.

"The Rotary Club of South Sacramento supports local groups like these because there is a tremendous unfunded need in our community to protect, educate and serve those whose circumstances prevent them from succeeding or even surviving in school, at home or on the streets," said

Jim Tracy, president of the Rotary Club of South Sacramento. "Our schools and social service agencies are overloaded with work and have inadequate resources to fulfill their mission without financial and hands-on assistance from service clubs like Rotary, churches and generous individuals."

In addition to funding local groups, the Rotarians gave dictionaries to every third grader in seven South Sacramento elementary schools, donated a "first book" to every kindergarten in three local schools, held a speech contest with cash awards for high school students

and sent a couple of 11th graders to the Rotary Youth Leadership Awards camp at Grizzly Creek Ranch this June.

Each gift will help to fuel efforts to improve conditions for every resident in the local area and the region at large. For the ones who receive the help, the impact can be tremendous, as several of the nonprofits shared with *Land Park News*.

"This gift will allow us to touch the lives of children who are isolated and abused," said Christina Airola of the Sacramento Children's Home. "And allow us to reach them through our community programs."

"I want to thank the Rotary on the behalf of our board of directors, for helping the men (in our program) to find a better way of life, to recover from alcohol and drug dependence and to get off of the streets," said Ed Daniels of the Sacramento Recovery House.

"This is a wonderful gift to make college accessible to a couple of our students," said Ted Appel, principal of Luther Burbank High School.

"Thank you for the continuing good work that you all do," said Tracy to the recipients. "You all make a difference in our community."

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South Sacramento Interfaith Partnership battles hunger

Special to Land Park News

The number of people served by the South Sacramento Food Closet continues to grow. In April, 6,147 people received emergency food. This is the largest number ever outside of the Thanksgiving and Christmas holiday months. Nearly

40 percent of the people served were children and 435 were identified as seniors.

During the first four months of 2011, the Food Closet recorded nearly 2,400 hours of volunteer time.

The Pocket Area Congregations Together

(PACT) collected \$4000 worth of food on Sunday, May 15. Volunteers from Faith Presbyterian, Riverside Wesleyan and St. Anthony Catholic churches gathered together and went door-to-door asking residents for canned goods to feed the hungry.

Most of the food collected went to the South Sacramento Interfaith Partnership (SSIP). Fortunately, this food was on hand at a time of great need. Unfortunately, the food that was gathered by PACT is now all gone. The SSIP is the third largest

food bank in Sacramento County.

Those wishing to make donations of food or cash to purchase needed items can contact Bethany Presbyterian Church at (916) 428-5290. For more information, visit www.ssiifoodcloset.com.

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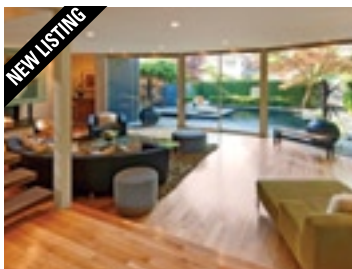
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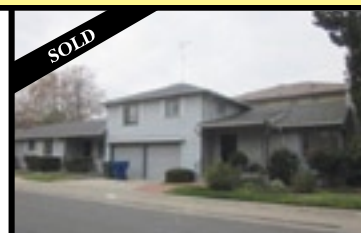
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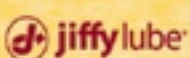
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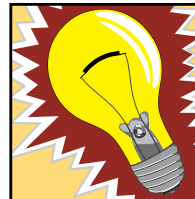


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Sing along with Mr. Cooper at Belle Coolegge Library

Land Park News staff

Neighborhood favorite Mister Cooper will be on hand to lead children ages three to seven in 30 minutes of music time at the Belle Coolegge Library on Tuesday, June 14 at 4 p.m.

All are welcome. Youngsters enjoy singing along with Mister Cooper as he sings songs such as "Mathilda the Gorilla," and "Circle of Seeds."

Adults and kids also enjoy bouncing and rocking out to the "Funky Freeze Dance."

The Belle Coolegge Library is located at 5600 South Land Park Drive in Sacramento. For more information, call (916) 264-2700 or visit www.saclibrary.org.

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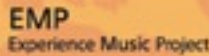
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MAX PERRY, J.D. LEGAL ASSISTANT BENAVIDEZ LAW FIRM P.C.

June 21st @ 2:00pm

Max will talk about "Legal Planning for your Future." Some of the topics he will discuss include Power of Attorney, Advanced Healthcare Directives, Will, Living Trust, and Special Needs Trust. Don't miss out, this is something we all need to know about!

Refreshments & Appetizers will be provided.

Please RSVP no later than 3 days prior to each seminar. You can contact us for more info @ (916) 392-3510



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Sacramento Rose Society members gather outside the Iva Gard Shepard Garden and Arts Center. The society meets at the center monthly, with the exception of July and August.



Land Park News photos, Lance Armstrong
Longtime Sacramento Rose Society members Betty Ann Cassina (left) and Muriel Humenick enjoy the scent of several freshly cut roses.

Rose: Society members share their love for organization, roses

Continued from page 5

ter, who co-owned the Bill & Joe Lunch eatery at 2760 Sacramento Blvd. (present day Martin Luther King, Jr. Boulevard).

Sutter, who resided at 1820 C St., served as the society's fifth president in 1947 and 1948.

Other members who joined the society prior to when Muriel joined the organization in the late 1950s were: Lou Vern White, Charles Bryson and Orville Penick.

Muriel remembers Penick well, because he served as the show chairman while her husband, Bill, who worked for the Aerojet-General Corp., was serving as the assistant show chairman.

Muriel said that she joined the rose society with her husband after spending time with him as Camellia Society of Sacramento members.

"We decided that we enjoyed roses more (than camellias), so after we built a home in Orangevale, we went down and joined the rose society," Muriel

recalled. "My husband, Bill, was in the April show in 1960 and he took first prize, a gold medal, with a rose, called 'Pink Parfait.' And my Lord, that is what set him off. All you need to do is get a blue ribbon or a certificate with a gold medal on it and you're hooked."

In the early 1960s, Bill and Muriel became rose show judges, which furthered their love for roses.

Muriel, who is a longtime consulting rosarian, eventually managed the rose department at Fountain Square Nursery in Citrus Heights for about 20 years, beginning in 1978, and was affectionately known as "The Rose Lady."

Although Bill passed away on May 14, 2008, Muriel remains extremely dedicated to roses – and yes, that is "Extremely" with a capital "E."

In addition to her dedication to the society, her work as a rose show judge and her authoring of the book, "Growing Roses in Northern California," Muriel,

who is a California Certified Nurserywoman, has owned and operated her own nursery, Rose Nursery, since 1980.

The four-acre nursery includes about 3,000 planted rose bushes and about another 300 potted rose bushes. It is located at 6641 Crystal Blvd. in the historic town of El Dorado on Highway 49, can be visited by appointment only. The telephone number of the nursery is (530) 626-1722.

Another longtime society member, Carmichael resident Betty Ann Cassina, also shared details about her involvement with roses.

Cassina, who joined both the Sacramento Rose Society and the American Rose Society 29 years ago, said that she may have gained her interest in roses in

East Sacramento during the late 1940s.

"I first saw the McKinley Park rose garden as a child, actually, because the swimming pool was right there (at McKinley Park) and I used to come visit my grandmother (Matilda Rieb), who lived (at 21st and N streets), said Cassina, who was residing in Rio Linda at the time. "Maybe that's where my interest in roses came from. It was just so amazing to see so many flowers in one place."

Cassina, who has since owned as many as 450 rose bushes and who presently has a rose garden with 300 bushes, said that although it is difficult to name her favorite rose, one of her favorite roses is the shrub variety rose, Sally Holmes.

"Sally Holmes is what I'd call a bulletproof rose," Cassina said.

"It's extremely healthy and never shows a sign of disease. It just puts on a glorious (white) bloom. It's fabulous."

A multiple winner of the Queen of Show, the society's annual, free rose show's top prize, Cassina said that participating in the show never gets old.

In discussing the show, she asked, "What's better in your life than being in a room full of roses?"

The society's president, Arden area resident Kent Duncan, posed his own question regarding roses, as follows: "What is better for your garden than a flowering plant that blooms practically all year, can have fragrance, can give you cut flowers and really appreciates the care you give it?"

For additional information regarding the Sacramento Rose Society, including how to become a

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Land Park braumeister makes award-winning brews

By JENEKA OSSA
Land Park News writer
jeneka@valcomnews.com

Many people fantasize about having an endless supply of beer on tap. It's one of those dreams some seem to have. But for Land Park braumeister Aaron Callahan, the dream has become a reality. He has an endless supply because he brews it himself. And he doesn't just brew any beer. He brews an award-winning bock and Baltic porter, and also brews Belgian ales, stouts and American IPAs (India pale ales) among many others.

An electrical engineer by day, Callahan got into brewing in his college years, because it was "a cheap and easy way to drink beer," he said. According to him, in the early days, his beer was "horrible."

Needless to say, things have changed quite a bit since then.

Callahan was so intent on making his beer better that he modified a software program from work that helped him calculate how to balance the bitterness and "hoppy-ness" for each specific type of beer that he brewed. Knowing all of the formulas helped him to be able to better customize his beers to become exactly what he envisioned.

"I like that home brewing allows for more variety, more choice and the



Land Park News photo, Robert Ossa
Home brewing is considerably different from an old-fashioned "macro-brew."

possibility of a vast array of outcomes," Callahan said.

On the day of the interview for this newspaper, he was brewing a Belgian ale. He started out with Saaz

hops, then added a combination of unique ingredients, such as grapefruit zest, coriander and chamomile. When asked why he chose to add this particular blend of ingredients, he said, "Unlike a lot of other countries, spices are actually quite common in Belgian-style beers. Coriander especially. A witbier almost always has some kind of slight orangey flavor to it, and most people use orange zest, but I like to mix it up and use the grapefruit zest instead."

It occurred to this writer that a braumeister is not just a braumeister, but also an alchemist of sorts. Always experimenting, throwing in a pinch of this, a dash of that – and seeing what results.

Callahan's favorite beers to brew – and drink – are the Belgian ales and American IPAs.

He likes brewing American IPAs for their fresh, hoppy



Land Park News photo, Robert Ossa
Land Park resident Aaron Callahan has received many awards for his home-brewed beers and ales.

flavor. Often by the time that IPAs get bottled, they lose a lot of their hoppy taste. Callahan loves that he can improve on that by growing his own hops – he grows American, German, and English hops. In addition, he has fine-tuned the brewing formula to really bring out the freshness of the hops.

One of the reasons Callahan began entering competitions was to get some feedback on how to make his beers better. When he began entering competitions, it was less about winning and more about learning how he could improve his craft with a variety of different kinds of beer. Winning first place for some of his brews was just an added bonus.

The appeal to Callahan seems to be more in the actual brewing of the beer than anything, though. It is clear that this is a true passion for him, and that he

loves not just the outcome, but the process.

"It's a math and science kind of thing, but (it) also has an artistic and creative element to it," he said. "I like to compare it to making a really nice meal for someone."

Another added benefit: It also always provides a good time with friends.

"His beers taste great. They are strong, flavorful, malty and bitter," said Robert Ossa, a buddy. "His beers always seem to have the perfect combination of flavors, and are super tasty."

Callahan is always generous, sharing his brews with friends at every opportunity. His beers are considered famously good among all who know him, and he would definitely have a bright future in the micro-brewing if he chose to go that route. But for now, he seems happy just to keep it low key, and enjoy the ride.

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CALENDAR

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Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

REUNIONS

JFK High '69, '70, '71

July 16: The John F. Kennedy High School combined reunion for the classes of 1969, 1970 and 1971 is rapidly approaching! We are in need of contact information so we can spread the word to as many of our old friends and classmates as possible. For more information please send your email address and/or phone number to: jfkreunion69-70-71@hotmail.com or call (916) 475-3816

JFK High Class of 1981

Aug. 6: The John F. Kennedy High School Class of 1981 will celebrate its 30th Reunion. \$75/person. 6 p.m. to 11:30 p.m. Valley High Country Club, 9595 Franklin Blvd., Elk Grove. Visit www.johnfkennedyclassof81.com for more information.

JUNE

Tai Chi

Daily, except Sundays: Meditation, breathing, forms and various styles of Tai Chi are taught. No experience necessary. Everyone welcome. Free. 8 a.m.-9 a.m. Reichmuth Park, 6135 Gloria Dr., Sac. (601) 559-5481

'Mary Poppins: the Musical'

Through June 19: The music and story from the classic Disney movie come to the stage. Call for times, prices. Sacramento Community Center Theater, 1301 L St., Sac. (916) 808-5181, (916) 557-1999 www.BroadwaySacramento.com

Puppet festival

Through June 26: Catch "Jack & The Beanstalk" puppet show during the last week of the Annual Puppet Festival at Fairytale Town. In addition to paid park admission, show tickets are \$1 members and \$2 nonmembers, children 1 and under are free. Weekdays 10:30 a.m., 11:30 a.m. & 12:30 p.m., Sundays 12:30 p.m., 1:30 p.m. & 2:30 p.m. www.fairytaletown.org

Meaning and Medium

Through July 10: This exhibition explores the diversity of media in art, including photography, painting, sculpture, and mixed media. Pieces on display include work from various Sacramento-area high schools. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org.org

'Bytes of Reality'

Through July 17: Southern California artist Daniel Douke responds to everyday experience by rendering the transient packaging of consumer products - particularly the box. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org.org

The Photosynthetic Restaurant

Through July 17: Gourmet Sunlight for Plants as Catered by Jonathon Keats, a conceptual artist, fabulist, and critic, has developed a gourmet cuisine for the world's first photosynthetic restaurant, set in the floral plantings in front of the historic Art Gallery building of the Crocker Art Museum. 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

'Defending the Caveman'

Through Sept. 11: Broadway's smash comedy about the sexes, written by Rob Becker. Call for times, prices. The Cosmopolitan Cabaret, 10th and K streets., Sac. (916) 557-1999 www.CosmopolitanCabaret.com

Bilingual Toastmasters

June 9, 16, 23, 30: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentotoastmasters.com

Food Addicts Anonymous

June 9, 16, 23, 30: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Living Positive with Chronic

Disease group

June 9, 16, 23, 30: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Dana Horn (503) 319-4247

Rotary Club of East Sacramento

June 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 12:15 p.m.-1:15 p.m., every Thurs. Salvation Army Dining Hall, 2550 Alhambra Blvd., Sac. www.rotary.org

Rotary Club of Pocket/Greenhaven

June 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

Sutterville Heights Optimist Club

June 9, 16, 23, 30: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Cliff (916) 427-2698 or Mary-Jo at (916) 691-3059

Volkssport walking

June 9: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65t St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

Big Band Dance

June 10, 14, 17: Dance to the rhythms of the Big Band era. Every Tues. & Fri. \$5 admission. 1:15 p.m.-3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

Kiwanis Club of East Sacramento-Midtown

June 10, 17, 24: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.east-sacmidtownkiwanis.com

Rotary Club of Point West

June 10, 17, 24: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Red Lion Inn, 1401 Arden Wy., Sac. www.pointwestrotary.com

Soroptimists of Sacramento

June 10, 17, 24: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

Art Appetizers

June 11: On Second Saturdays, start your evening at the Crocker with a tour of the Museum's most recent exhibitions. This is a 50-minute experience designed to fulfill your art cravings. Free with Museum admission. 4 p.m. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

Food Addicts Anonymous

June 11, 18, 25: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Food preservation: all dried up

June 11: Food preservation public demonstration: All Dried Up - basic introduction to safe dehydration techniques. Free, no pre-registration required. 10 a.m.-noon. Sacramento Cooperative Extension Office, 4145 Branch Center Rd., Sac. (916) 875-6913.

Humpty's Western Round-Up

June 11: Giddy up for this Western themed annual fundraiser for Fairytale Town. The event features live entertainment provided by The Dave Russell Band, B.B.Q. fixins', Crystal ice cream, children's western activities, and more. Tickets go on sale April 15. Tickets in advance are \$25 for adults and \$10 for children (2-12) and include a meal; children 1 and under are free. On the day of the event, tickets are \$30 for adults and \$15 for children (2-12). This event is sponsored in part by Murphy Austin Adams Schoenfeld LLP, Jordan Blair, Sacramento Coca-Cola, Foster Farms Dairy, Scott Naake Paper Company, Securitas Security Services, Southwest Airlines, Tony's Fine Foods, KNTY The Wolf Radio, and KVIE Channel 6. Tickets will be available online at www.fairytaletown.org, or at the Fairytale Town box office.

Landscaping the River-Friendly Way

June 11: Become water-smart and learn to save water and grow healthy plants at this free workshop. 10 a.m. - 2 p.m. Registration required. Florin Creek Park & Recreation Center, 7460 Persimmon Ave., Sac. (916) 874-8326 www.riverfriendly.org, http://cesacramento.ucdavis.edu

See more Calendar page 24

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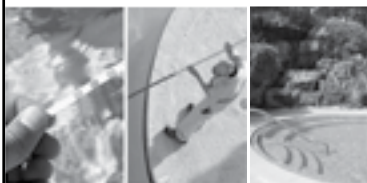
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CALENDAR

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Music in Arden Park

June 11: Lucky Dogs blends well-chosen hit songs with upbeat rhythms from the country rock of John Mellencamp, The Eagles and The Black Crowes to the groove of Santana. With cutting edge pop such as Goo Goo Dolls and Sublime, and Classics from the likes of Bruce Springsteen, Stevie Ray Vaughn, REM, Bad Company, Eric Clapton and Billy Idol, which give to an electric fun night on the town. 7 p.m.-10 p.m. Bring your blankets and lawn chairs. No glass containers allowed. 1000 La Sierra Dr., Sac. (916) 483-6069 www.aprpd.org

Pops in the Park

June 11: The Q-Balls. 6 p.m. Glenn Hall Park, 5415 Sandburg Dr., Sac. www.east-sacpopsinthepark.com

'Snow White & the 7 Pirates'

June 11, 12, 18, 19, 25, 26: Climb aboard for some swashbuckling fun at Fairytale Town, but mind the apples. An evil queen, a magic mirror, a mysterious mermaid, a zombie army, and a beautiful princess who must take refuge with seven eccentric ...pirates? Watch The Fai-

rytale Town Troupers perform a reimagined fairytale with a few new twists. Performances will be held on the Mother Goose Stage and are free with paid park admission. 12 noon, 1 p.m. www.fairytaletown.org

Co-Dependents Anonymous

June 12, 19, 26: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

June 12, 19, 26: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

Sunday Support for the Widowed

June 12, 19, 26: The Widowed Persons Assn. sponsors Sunday Support

sessions which are held every Sunday, rain or shine - holidays included. 3 p.m.-5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

Co-Dependents Anonymous

June 13, 20, 27: 12-Step group for those who struggle to maintain healthy relationships. Meets Mondays. 7:30 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

Hatha yoga

June 13, 20, 27: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.-4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

Rotary Club of South Sacramento

June 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

Tai Chi & Chi Keung

June 13, 20, 27: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

- EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers.

Call (916) 429-9901 for rates.

Primrose's 3rd Annual Senior Resource Fair

Saturday, June 11, 2011
9:30 a.m. to 1 p.m.
at St. Anthony Parish
660 Florin Road, Sacto 95831

Raffle Prizes,
Free Health Screenings, and
a Grand Prize Drawing!!!

John F. Kennedy High School Reunion - Class of 1971

Welcomes classes 1969 & 1970 to join this semi-formal event to celebrate 40+ years of memories.

Sat., July 16, 6 p.m. to Sun., 17th, 1 a.m.

Hyatt Regency, Grand Ball Room
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\$75 per/payable to JFK Class of 1971
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RUMMAGE SALE

RUMMAGE SALE

Giant rummage sale--New Hope Community Church, 1821 Meadowview Rd. Children's toys, clothes, furniture, household items. Saturday, June 11th, 6 a.m. to Noon. Free coffee & donuts.

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Toastmasters

June 13, 20, 27: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.-8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freetoasthost.org

Vacation Bible School

June 13 - 17: Come join in for fun games, crafts, music, skits and ice cream along with learning some of the greatest stories ever told from the New Testament, and an opportunity to make new friends. For ages 4 through 6th Grade. The program is free and a light supper is served each evening. 5 p.m - 8 p.m. Northminster Presbyterian Church, 3235 Pope Avenue. (916) 487-5192.

Lecture Series

June 14: "Across the Life Span." The third of this three-part lecture series. 5:30 p.m. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

Rotary Club of Arden-Arcade

June 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

Rotary Club of Carmichael

June 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

Upholstery class

June 14, 15, 21, 22, 28, 29: Learn how to upholster! All types: furniture, auto, boat. Adult ed class taught by an upholstery professional. Tuesdays, 11 a.m.-3 p.m., Wednesdays, 9 a.m.-1 p.m. \$45 for four weeks. McClaskey Adult Center, 5241 J St., Sac. Jerry Prettyman (916) 806-2172

Senior Wednesday Club

June 15, 22, 29: The Senior Wednesday Club meets to chat, play bridge, pinochle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Judi (916) 247-6020

Toastmasters

June 15, 22, 29: All area business people invited to hone their speaking skills. Noon-1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

Food preservation: early summer fruits

June 15: Free food preservation public demonstration. Learn to preserve early summer fruits. 6:30 p.m.-8:30 p.m. \$3, no pre-registration required. Sacramento Cooperative Extension Office, 4145 Branch Center Road, Sac. (916) 875-6913

Genealogical Assn. mtg.

June 15: Genealogical finds and discoveries with the Genealogical Assn. of Sacramento. New faces welcome, and help to track down ancestors. Meets on third Wednesdays, 1 p.m. Belle Cooledge Library, 5600 South Land Park Dr., Sac. Melanie Howard (916) 383-1221

Community Shred Day

June 18: Shred your confidential documents at this event that benefits the Carmichael Chamber of Commerce and the Carmichael Recreation & Park District. Grocery Bag \$5, Banker's Box \$10. 8 a.m.-12 noon. La Sierra Community Center Parking Lot, 5325 Engle Rd., Carmichael. (916) 481-1002, (916) 483-5322

Open Garden Day

June 18: Open Garden Day at the Fair Oaks Horticulture Center for Father's Day weekend. See how to summer prune fruit trees and t-bud graft, harvest berries, compost & mulch. Tips to help plants survive summer: shade, mulch, irrigate. Solarize soil to manage weeds. 8:30 a.m.-11:30 a.m. Free. (916) 875-6913 http://cesacramento.ucdavis.edu

Pops in the Park

June 18: SwingMasters. 6 p.m. Bertha Henschel Park, 16045th St., Sac. www.eastsacpopsinthepark.com

Knitting and Nattering

June 20, July 18: Do you have knitting projects you need to finish? Do you enjoy a little conversation with your knitting? Join the knitting group at the Arden-Dimick Library. Meets the first Monday of the month from 6:30 p.m. to 8 p.m. and the third Monday of the month from 4 p.m. to 5:30 p.m. (except for Monday holidays). Learn some new tricks and share your knowledge with others. All ages and skill levels welcome. 891 Watt Ave., Sac. www.saclibrary.org

Christian Women's Connection

June 21: Monthly luncheon. \$16. Feature: Mindi Russell, exec. Dir. Of the Law Enforcement Chaplaincy in Sac. Guest speaker: Carla Cross. Reservations required by June 15. Carmichael Elks Lodge, 5631 Cypress, Carmichael. Fran (916) 332-1461, Sharon (916) 361-1642 or SacCWC@aol.com

Family Campout at Fairytale Town

June 24: Bring your sleeping bags and tents to Fairytale Town and sleep under the stars. This fun filled sleepover includes a special theater performance, a hands-on activity, a Fairytale themed scavenger hunt, group sing-a-long and bedtime story. Prices range from \$20-\$30 per person, fees include all activities, an evening snack and a light breakfast the next morning. Reserve your space today at www.fairytaletown.org.

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Saturday, July 9, 2011
Location: East Lawn Memorial Park,
43rd St. and Folsom Boulevard
Time: 9:00 AM - Noon

Calendar of Events:

9 AM - Welcome, and a light breakfast.
9:30 AM - Panel discussion featuring Hospice Care, a Neurologist, family members who have cared for a person with Alzheimer's disease and family members who are dealing currently with Alzheimer's disease, and an Elder Law Attorney.
10:30 AM - Unveiling of the "Wall of Honor." A place where people can create an inscription in honor of or in memory of a family member who has suffered from Alzheimer's disease.
10:45 AM - Untimed one-mile walk within East Lawn.
11:30 AM - Free luncheon.

There will be a variety of children's activities and a photo booth for your family's memories.
We will be having a kid's race as well!
There will be many vendors at the event to answer any questions you may have.

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Dogs and their owners parade in the rain at 18th annual Doggy Dash

Photos by STEPHEN CROWLEY
Land Park News photographer

Despite unseasonably wet and chilly weather, some 5,000 animal lovers gathered with their canine companions for the 18th annual Doggy Dash, a 5K or 2K walk to benefit the Sacramento Society for the Prevention of Cruelty to Animals on June 4. The event was held at beautiful William Land Park.

For 17 years, two- and four-legged participants have attended this event, creating a tradition in Sacramento and transforming the Doggy Dash into one of the biggest "can't miss" events of the year.

The morning's activities included the walk, the Fifth annual Pug Races, Pup Shows (Ugliest Dog, Best Wag, Best Smile, Best Kisser, Best Tricks, Most Magnificent Pup and more), demonstrations by the Sacramento Police K9 Unit, Sacramento Flyball, Touch and Go and First Fun Agility and the Disc Dogs of the Golden Gate.



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