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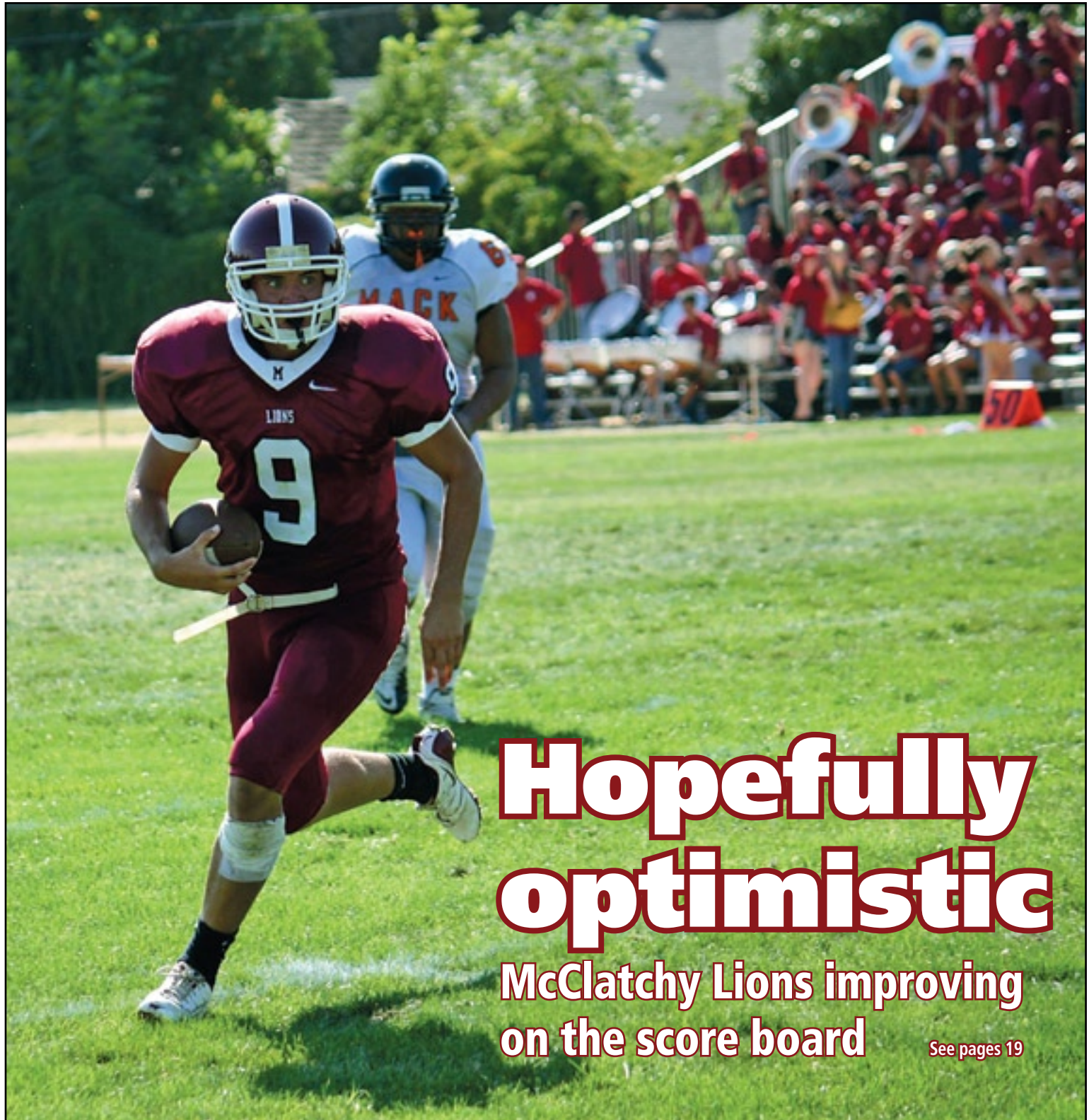
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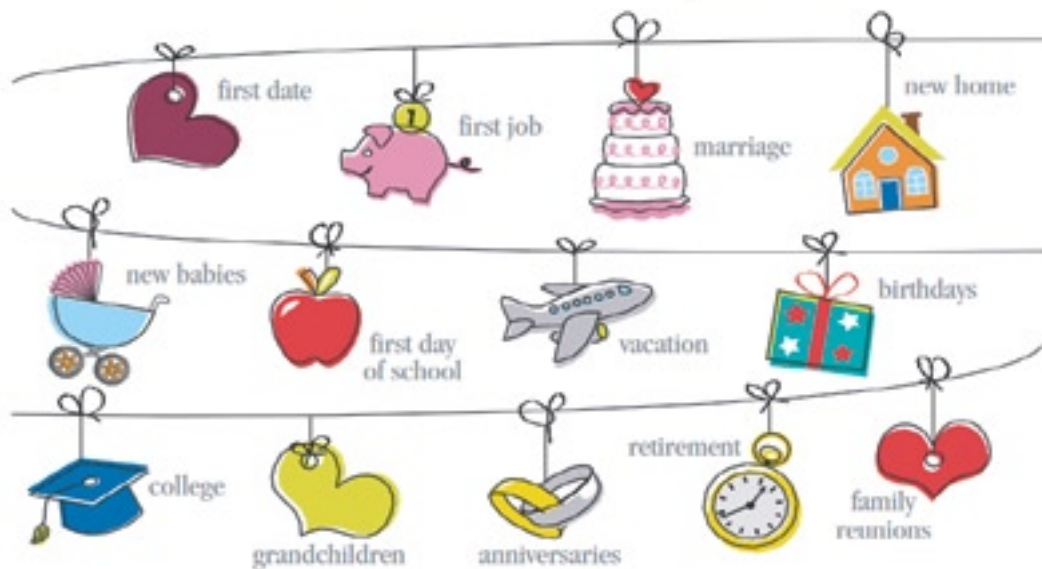
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Photo courtesy

ENJOY THE TOE-TAPPING melodies of Buddy Harpham's band at the 11th annual "Autumn Ball" on Sunday, Sept. 25.

Bandleader celebrates 74th year playing for U.S. big band dance fans

Special to Land Park News

Buddy stands up, saxophone ready and gives the down-beat. Fourteen professional musicians follow the legendary bandleader as he celebrates his 74th year showcasing America's favorite dance hits.

The afternoon of Sunday, Sept. 25 will kick off the 11th annual "Autumn Ball" in the dance hall of Elks Lodge No. 6 with Orval "Buddy" Harpham in charge as dancers joyfully swing out to the music and vocalist Lynn Steiner sings the ballads.

One of the founders of the Nor Cal Big Bands Preservation Society, Harpham's career began in 1937 when, as a 16 year old, he played in Sacramento's "Dime a Dance" emporium. The Auburn native never looked back, attaining stints from live and recorded radio shows, to the elite U.S Navy Corps band, and to name bands in leading hotels.

Harpham earned a master's degree from the College of the Pacific and spent 35 years teaching in Sacramento middle and elementary schools. He has led his own fifteen-piece orchestra for 63 years.

The "Autumn Ball" is sponsored by SeniorMag Live and Avalon Hearing Aid Centers. Singles and couples are welcome. Special talent entertainment begins at 1 p.m. Dance hosts will be available. Snacks will be available at 3 p.m., and prizes at 4 p.m. Individual tickets are \$12, group tickets are \$11. Gold Card member tickets are \$10. Elks Lodge No. 6 is located at 6446 Riverside Blvd. Call (916) 444-6138 or e-mail loucopp45@gmail.com.

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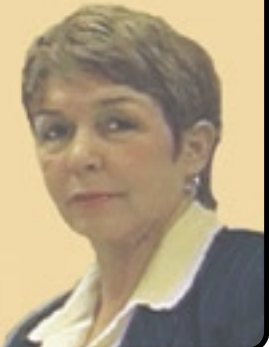
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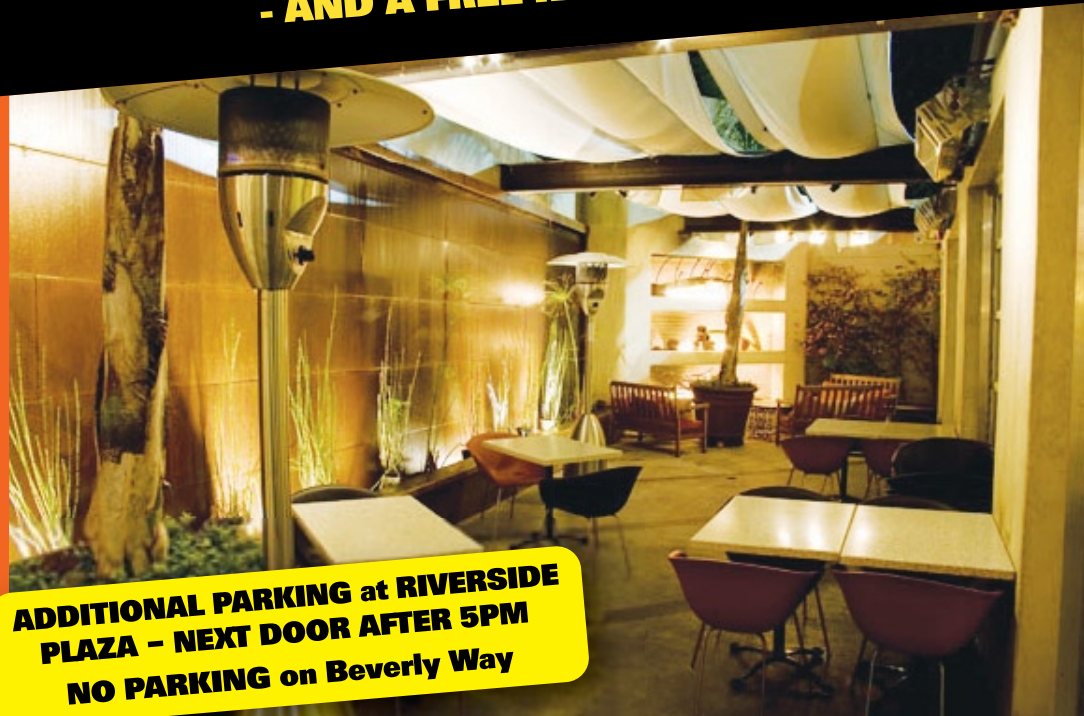
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Upcoming events:

McClatchy e-waste drive

Special to Land Park News

SACRAMENTO – Keep old household electronics away from our roadsides, oceans and the landfills by recycling them. An e-waste recycling day will be held at C.K. McClatchy High School on Oct. 8 from 9 a.m. to 1 p.m.

Most electronic items accepted, no appliances please.

Get rid of your old televisions, monitors, computers, computer components, fax machines, printers, copiers, toner cartridges, inkjet cartridges, wire, video game consoles, laptops, cameras, camcorders, internet devices, keyboards, mice, mp3 players, VCRs, DVD players, cell phones and telephone equipment, stereos, cable boxes, and household batteries. All hard drives are shredded to protect your security.

Please, no microwave ovens, kitchen electronics or light fixtures.

This free event benefits the high school speech and debate team at C.K. McClatchy High School.

The e-waste drop off day will be held at the C.K. McClatchy High School parking lot, located at 3006 Freeport Boulevard in Sacramento, on Oct. 8 from 9 a.m. to 1 p.m. The public is welcome and there is no charge to drop off e-waste. For more information, call (916) 457-1965 or visit www.cearinc.com.

Chinese Community Church Fall Fellowship & Food Fest is Oct. 22

Special to Land Park News

Come one, come all to the 28th annual Chinese Community Church Fall Fellowship and Food Festival on Saturday, Oct. 22.

Delicious Chinese cuisine will be served, and there will be live entertainment and games for the kids. This popular event promises to be a memorable occasion for families, friends, neighbors and the community at large.

The Fall Fellowship and Food Festival will be held on Saturday, Oct. 22 from 11 a.m. to 7 p.m. The Chinese Community Church is located at 5600 Gilgunn Way in Sacramento. For information, call (916) 424-8900 or visit www.cccsac.net.

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Taste and see:

Friends of Sutter's Fort to present two events – one haunted

By LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

Sutter's Fort will be the site of two upcoming events, which will serve as fundraisers for the Friends of Sutter's Fort.

A Taste of History

The first of these events, A Taste of History, will be held on Saturday, Sept. 24 from 6:30 p.m. to 9 p.m.

This event will feature some of the city's top chefs, who will use 19th century recipes and add their own modern touches to them.

One of the event's major sponsors will be Whole Foods, which will provide quality produce that will be used throughout the evening.

The event will begin with a reception, and wine, beer and hors d'oeuvres will be served while guests will have the opportunity to interact with the chefs, who will be preparing various levels of their dishes in the fort's period facilities.

The event, which will also include live, historic, acoustic music, will be highlighted by a four-course, seated dinner, which will begin with a chicken mole salad prepared by Jay Veregee, executive chef of Old Sacramento's Ten 22 restaurant.

Lisa Mealoy, executive director of the Friends of Sutter's Fort, said that when it comes to early Sutter's Fort history, presenting a Mexican-type dish at this event is very fitting.

"One of the things that people don't necessarily know is that California was actually a part of Mexico," Mealoy said. "During the time of Sutter, there was a lot of excitement and transition with Mexico and Sutter was very involved with the Mexican government. So, we're talking about highlighting the chicken mole, the Mexican aspect of things."

Also taking part in the event will be Patrick Mulvaney of midtown Sacramento's Mulvaney's B & L restaurant.

Mulvaney will be preparing local, grilled, king salmon with American River fennel and West Sacramento heirloom tomatoes. The dish will be paired with pinot noir wine from Rail Bridge Cellars of Sacramento.

Mealoy said that it will be a pleasurable experience to have such fine chefs at the event.

"They are Sacramento's local celebrity chefs and they are extraordinarily talented, but they also happen to be extraordinarily nice people, who are very generous in the community and lots of fun to get to work with," Mealoy said.

Tickets to this fundraiser are presently being sold for \$85 per person.

For additional information regarding this event, call (916) 323-7626.



Dinner service will be provided by Plates Café, a division of St. John's Shelter Program for Women and Children.

Photo courtesy, Friends of Sutter's Fort

The Haunted Fort

The second upcoming event presented by the Friends of Sutter's Fort will be the very timely fall event, The Haunted Fort, which will be held on Friday and Saturday, Oct. 28 and 29 from 6:30 p.m. to 9 p.m.

An official Sutter's Fort news release notes that the fort was "once a portal for weary pioneers (and) again serves as the gateway to their restless spirits, who return to tell the tales of their lives and melancholy deaths at this special family-friendly event."

The Haunted Fort will feature 45-minute, guided, in-the-dark, "spooky," historic tours of the fort that will present characters from different eras of the fort's past. These tours will begin about every 10 minutes.

Mealoy describes this event as an opportunity to hear about "dark and creepy and intriguing stories of the pioneers and people of Sacramento who came through and had some sort of relationship with the fort."

Continuing, Mealoy said that guests will meet people who will be portraying such characters as former Sutter's Fort curator Harry Peterson and members of the Donner Party.

"(Guests) will learn about the characters themselves and why they're so fascinating

and why they may have left their marks, their spirits, here at the fort," Mealoy said. "They all have very dramatic stories. And part of the goal behind this (event) is to help people see that we have tremendous stories that are a part of history that go way beyond just the dates and the numbers and the facts and the figures."

As for actual ghosts at the fort, Mealoy said, "We do have reports of ghosts and ghost sightings here (at the fort), but it's all in one's belief. But any stories that we hear, nobody seems to feel that there's anything malevolent or threatening here, and this event itself is intended to be a family event. It's not a horror house type of event."

Admission for The Haunted Fort event will be \$6 for ages 17 and older, \$4 for ages 6 to 16, and free for ages 5 and younger.

For further information regarding this event, call (916) 445-4422.

Friends of Sutter's Fort

Because proceeds from both of the aforementioned events benefit the Friends of Sutter's Fort, Mealoy believes that it is important for the community to be informed about this non-profit, 501(c)(3) organization.

Although the Friends of Sutter's Fort is only about three years old, it evolved

from the Sacramento Historic Sites Association, a much older foundation that supported Sutter's Fort, as well as the California State Railroad Museum, the Stanford Mansion, the California State Indian Museum and the California State Capitol Museum.

Eventually, the Sacramento Historic Sites Association was divided into individual cooperating associations that were dedicated to specific state parks.

Volunteers are absolutely essential to the success of the organization, which also operates the trade store at Sutter's Fort.

In regard to The Haunted Fort event, Mealoy said, "(The volunteers) help in the research for the stories, because it's important to us that they be historically accurate. They help to design the scenarios, they help to put everything together and they just knock your socks off. There's no way that this event could happen if we didn't have (the volunteers)."

Mealoy said that having a foundation specifically dedicated to supporting the historical programming at Sutter's Fort is very beneficial in continuously improving upon the functions and activities of this longtime popular state historic park.

For additional information regarding upcoming Sutter's Fort events, visit www.suttersfort.org.

Hughes Stadium renovation is about 40 percent complete

By LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

For the past six months, Hughes Stadium on the campus of Sacramento City College has been receiving its well-deserved renovation.

After all, the stadium has brought many memories to its thousands upon thousands of guests, as it has hosted many local sporting events and other attractions throughout the lifespan of about any living Sacramentan today.

The first events in the stadium's history – football games between Sacramento and Modesto high schools and Sacramento and Santa Rosa junior colleges – were held on Saturday, Oct. 13, 1928.

The renovation of Hughes Stadium began on March

14, following the passage of Measure M – the Los Rios Community College District's \$475 million bond program – and design work, which began in 2009.

A brief description of this measure, which required the approval of 55 percent of the voters, was presented to voters through the following question: "Shall the Los Rios Community College District be authorized to issue \$475 million in bonds at the lowest available interest rates to improve student academic performance by building classrooms, facilities and labs throughout the district, including for teaching green technologies; nursing and health care programs; architecture, engineering and construction management; computer sciences; early childhood development; and fire and po-



Land Park News photo, Lance Armstrong
As part of the renovation, the stadium's current track will receive a new surface and the press box, shown in the background to the left of the photograph, will be demolished and replaced by a single-story press box.

lice public safety programs at the American River, Cosumnes River, El Dorado, Folsom and Sacramento City College campuses?"

Also presented on the bond project list for Sacramento City College were: the construction of additional classrooms and student service facilities at the West Sacramento Educational Center and Davis Educational Center, the modernization and/or replacement of classrooms at

the Lusk Building, the modernization and/or replacement of classrooms at Lillard Hall, including those which house the sciences, nursing and healthcare support courses, new instructional space, including space for green technology training, the modernization of the Administration of Justice facility, a new bookstore and cafeteria space, new parking facilities and parking improvements at the college's West Sacramento and Davis centers, and infrastructure improvements throughout the main campus.

The architect for the stadium project, which has a budget of \$9.9 million, is

the Lionakis Beaumont Design Group of Sacramento, and the general contractor, which won the bid for the project, is Moorefield Construction, also of Sacramento.

The renovation of the stadium, which includes work toward halting the water infiltration problem around the stadium, was divided into four phases, the first of which was Phase A.

Phase A

Phase A consisted of the removal of seating structures in the horseshoe end of the stadium, cleaning the

See Stadium, page 7

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South Land Park Terrace

Stunning S. Land Park Terrace home featuring 3 bedrooms & 2 baths, living room and family room, dual pane windows, updated kitchen and a beautifully landscaped yard. Located walking distance to the Sacramento Zoo and Funderland and within the Sutterville Elementary School boundary. **1295 Nevis Court.....\$320,000**

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Stadium: Work schedule adjusted to accommodate last weekend's Holy Bowl

Continued from page 6

concrete deck, placing three coats of industrial waterproofing on the concrete deck, painting all ironwork, installing new aluminum bench seating with a fiberglass overlay, performing structural remediation work and interior renovations of all team, locker and weight rooms.

The latter mentioned project featured adding new paint, new showers, new bathrooms and new locker rooms.

Phase B

Phase B consists of similar seating work on the east side of the stadium, the construction of a seating platform and a complete interior renovation of the visitors' public concourse, which includes concessions and restrooms.

Greg Hayman, director of operations at the college, said that Phase B began ahead of schedule.

"Phase B was not scheduled to occur until August through November, but (Phase B began) early," Hayman said. "We gave them the east side seats in order to be able to finish (in time for last Saturday's) Holy Bowl, which is (the football game between) Jesuit and Christian Brothers (high schools), which draws a big crowd. So, we needed the seats back in by then. Instead, the Holy Bowl would have had to go elsewhere this year. We worked the schedule to get it done early and the contractor signed up to getting it back to us (early). We liked to accommodate (the Holy Bowl). That's a great day of games and it's got a history here and we certainly like to support that. It's a great fundraiser for those schools."

Although the concessions and restroom areas were not completed in time for the Holy Bowl, arrangements were made for alternative facilities.

Hayden added that elevators will be installed on both sides of the stadium by the middle part of next month to accommodate upper level, Americans with Disabilities Act approved seating.

Phase C

The third phase of the project – Phase C – is obviously a very important phase for many locals, since this phase features work on the west or home side of the stadium.

Seat removal, waterproofing and the placement of new seats, as well as the interior renovation of the home public concourse, will also be performed during this phase.

The old, two-level press box will be removed and replaced by a single-story press box.

This phase will begin in December, following the college's home football season, and will continue until May, according to the stadium's construction schedule.

Phase D

After the completion of the seating areas, press box, lighting, sound system and other earlier projects, the first three rows around the stadium will be demolished and ramps and ADA access seating will be constructed within this area.

And once this part of Phase D, which is scheduled to begin in June, is complete, the track and field will be removed and artificial turf will be added to the field area and a new track surface will be added in place. The new track surface will extend to an area at the south end of the stadium.

All the field events, which are currently held in the stadium, such as the pole vault, long jump and triple jump, will be near, but outside the stadium.

Hayman said that the decision to change the location of these field events was made in order that a full-sized soccer field could be included inside the stadium.

Currently, the stadium's renovation, which will not alter the structure's façade, is about 40 percent complete.

Funding through Measure M obviously covered many costs. Nonetheless, the college was hoping



Land Park News photo, Lance Armstrong
As part of the renovation, the stadium's current track will receive a new surface and the press box, shown in the background to the left of the photograph, will be demolished and replaced by a single-story press box.

that the issue would also cover a new scoreboard, a new sound system for the stadium, air conditioning for the locker rooms and an area dedicated to the recognition of the school's most notable athletes.

Hayman said that the school will attempt to have these features paid for through other resources.

Although the current project is scheduled to be completed by Sept. 8, 2012, this date represents the end of the contractor's portion of the project. The actual installation of the track is a separate contract and could possibly be completed after this aforementioned date.

But Hayman said that attempts will be made to have the entire project completed by the same date.

Hayman added that the project has been an overall success thus far.

"We've had a few challenges trying to accommodate construction with the ongoing use of the facility and we've taken great care to keep the construction separate from the student areas, and it's working fine up to this point. We understand and realize that some accommodations need to be made on both the school's and the construction

contractor's part to make it happen."

In conclusion, Hayman said that once completed, Hughes Stadium will finally have the renovation that it has needed for many years.

"(Hughes Stadium) is a great old place, but it was definitely in need of a facelift and some rehab to ensure that it stays around for a while," Hayman said.

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Be inspired by the lovely home interiors of Land Park

By **SUSAN LAIRD**
Land Park News editor
susan@valcomnews.com

Tickets are now available for the 2011 Land Park Home Tour that will take place on Sunday, Sept. 25 from 10 a.m to 4 p.m.

Land Park is a Sacramento neighborhood that is known for its lovely architectural detail. Homes were built in the 1920s, '30s, '40s and '50s and the homes feature many custom architectural details. The entire neighborhood has a cozy, picturesque quality to it.

This year's tour includes seven beautiful homes that have undergone extensive renovations, but still preserve their unique Land Park character and charm. As a special bonus, Fire Station 5 at Broadway and 8th Street will be open to members of the tour.

Featured homes include a Spanish-style home with a wonderful great room and new master suite; a Cape Cod home with beamed ceilings and a glorious expanse of windows in a newly remodeled kitchen; a shingled cottage now boasts guest quarters in a colorful Mexican-style *casita*; and a Tudor-style home has a new second story with unique flooring made from recycled railroad ties.

The Land Park Home Tour, in partnership with the Land Park Community Association, is hosting the tour in September in order to bring this popular event to the community in the autumn season.

Tickets are \$20 in advance of the tour and can be purchased at Vic's Ice Cream, Espresso Metro and Capital Nursery (on Freepoint Boulevard). Tickets will be \$25 on the day of the event.

Proceeds will benefit the visual and performing arts programs at Land Park neighborhood schools, and will help fund park and neighborhood enhancement projects. For more information, call (916) 455-9941 or visit www.landparkhometour.com.

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Photo iStockphoto

ENJOY THE HOSPITALITY and beauty of seven Land Park homes that will be featured in the 2011 Land Park Home Tour on Sunday, Sept. 25. Tickets are on sale now.

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Sac Zoo roaring into 85 Years with a Wild Affair Gala

Special to Land Park News

The Sacramento Zoo will celebrate 85 years of wildlife education in the community during its 16th annual Wild Affair Gala fundraiser on Saturday, Oct. 1. It promises to be a fun and decadently delicious "walk on the wild side" for those who attend.

Celebrating the Zoo's 85 years as the premier resource for wildlife education in the community, this exclusive, safari-style gala will include special guided behind-the-scenes tours that are only offered once a year, fine dining and much more.

Unlike any other Sacramento gala, attendees begin their evening with the opportunity to experience chimpanzees and lemurs up close, tour where snow leopards and giant anteaters dwell, and stand eye to eye with the giraffes. Behind-the-scenes tours like these are only offered once a year during Wild Affair. Between tours there is an opportunity to participate in a silent auction and enjoy specialty cocktails and appetizers.

At dusk, guests gather under a spacious tent decorated for the evening where they will enjoy a delicious farm-to-fork dinner prepared by Patrick Mulvaney of Culinary Specialists and Mulvaney's Building & Loan. Live auction offerings include a cocktail party with the giraffes at the Tall Wonders viewing deck; stays in South Lake Tahoe or a Straw-

berry Creek cabin; and a River Cats Luxury Suite. This magical evening is hosted by Dave Bender of CBS13. Throughout dinner, Sacramento Zoo staff and volunteers will give a performance that will take attendees through time. It is sure to be a delightful and memorable event.

During the evening, the Sacramento Zoological Society will recognize Wells Fargo for their generous contributions and ongoing support.

Open since 1927, the Sacramento Zoo is home to over 450 native, rare and endangered animals and is one of over 200 accredited institutions of the Association of Zoos and Aquariums. Located near the corner of Land Park Drive and Sutterville Road in William Land Park, the Zoo is wholly managed by the non-profit Sacramento Zoological Society. This Sacramento treasure inspires conservation awareness through education and recreation.

The 16th annual Wild Affair Gala will be held on Saturday, Oct. 1 from 5 p.m. to 10 p.m. at the zoo. Tickets for Wild Affair are \$150 per person. A table sponsorship for eight is \$1,500. Space is limited; reservations are recommended. Call (916) 808-8815 or visit saczoo.org for information and reservations. The Sacramento Zoo is located at the corner of Land Park Drive and Sutterville Road in Sacramento's beautiful William Land Park.



Photo courtesy, Sacramento Zoo

ENJOY A WALK ON THE WILD SIDE and check out the animals at the 16th annual Wild Affair Gala fundraiser at the Sacramento Zoo on Oct. 1. There will be behind-the-scenes zoo tours, fine dining, silent auction items and more. One silent auction item includes the opportunity to have a cocktail party with the zoo's giraffes.



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Rotarians restoring historical Camp Fire camp for today's youth

By SUSAN LAIRD
Land Park News editor
susan@valcomnews.com

The first phase of the renovation of Camp Mokitana – the old Camp Fire Girls camp located in River Bend (formerly Goethe) Park – was celebrated when the camp's amphitheater was dedicated in memory of Rotarian Chandler Copps on Sept. 15.

The renovation is the result of the hard work of the Sacramento area's local Rotary clubs. Last year, Rotary District 5180 entered into a five year partnership with SaveMart Supermarkets for the purpose of raising funds to restore Camp Mokitana in Rancho Cordova.

The camp site is significant and holds great sentimental importance to generations of Sacramento area children – now adults – who attended summer Camp Fire camps at Camp Mokitana for well over a half century. Camp Fire was particularly strong in Sacramento from the 1910s up until the early 2000s, serving thousands of children and making many resources available to the local community. In fact, in the early 20th century, Camp Fire Girls often partnered with its "brother" organization, the Boy Scouts of America – as both organi-



DEDICATION. Members of the community gathered to dedicate the Clarence Copps Amphitheater at Camp Mokitana in River Bend Park. Those attending included Rotarians, representatives from SaveMart Supermarkets and the American River Parkway Foundation and former members of Camp Fire Boys and Girls. Rotary and SaveMart have committed to raise \$500,000 for the restoration effort over five years.

Photo courtesy, Rotary District 5180

zations were founded in 1910. As a result, scouting groups also leased the prime 10-acre property, located in the heart of River Bend Park.

It was at Camp Mokitana that children discovered "Charley" – the caterpillar who can only eat Dutchman's Pipevine, who later spins a chrysalis (complete with hold-fasts) to later emerge as the Dutchman's Pipevine Butterfly. Camp Mokitana is Charley's habitat, and young people learned how threatening the habitat could threat-

en the life of the butterflies. Kids learned the importance of conservation. Many made "We camp with Charley!" their rallying cry.

Camp Mokitana campers made their first friendship bracelets, honed their archery skills, learned outdoor skills, hiked together...and made new friends as they ate their first s'mores and sang camp songs around the bonfire in the old amphitheater.

The Camp Fire Girls became co-educational in 1974, becoming Camp Fire Boys and Girls. During the 1990s, the council was headquartered in East Sacramento. A decline in membership and lack of community funding for Camp Fire programs eventually led to the sale of the Sacramento-Sierra Council's other camp, Camp Minaluta, in 2004. Eventually the Sacramento-Sierra Camp Fire USA Council closed in 2008, ending nearly a century of service to the Sacramento region.

As the council declined, Camp Mokitana fell into a state of disrepair. Rattlesnakes were no longer the only hazard. Trails to the American River were overgrown, the block house was in shambles, the Climbing Trees needed a safety check and the camp sites all needed repair. A valuable resource for children's education was lost to the community.

It is, in some ways, appropriate that the organization whose motto is "Service Above

Self" – Rotary – would come to the rescue of a facility of an organization whose slogan was "Give Service" – the Camp Fire Girls. Rotary is a worldwide organization of more than 1.2 million business, professional, and community leaders. Members of Rotary clubs, known as Rotarians, provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. To restore Camp Mokitana to serve the community made sense to one local Rotarian in particular.

Chandler Copps, the founding president of the Rotary Club of Rancho Murietta, saw the need to restore this outdoor resource to the children of the community. He spearheaded the effort to persuade members of Rotary's District 5180 to support this effort. Funds would need to be raised, he realized, and strategic partnerships made with local authorities and businesses. Copps also reached out to SaveMart Supermarkets, which in turn stepped up to help.

A golf tournament held last October successfully raised over \$57,000 for the restoration project. This money has helped the first phase of the restoration to near completion.

Phase 1 of the project includes the renovation of the camp's parking area, the path leading to the river, and the amphitheater. When completed, Camp Mokitana will

again be useable by scout groups, church groups, Boys and Girls Clubs, and other youth groups as a camping facility in a rural area within an urban setting. The property is now owned by Sacramento County.

Chandler Copps, a respected Rotarian and member of the Paul Harris Society, passed away in early 2011.

"Chandler was an outstanding Rotarian who was responsible for getting us involved with SaveMart and the partnership that made this project a reality," said Clarence Parkins, Rotarian and past district governor. "The amphitheater will henceforth be known as the Chandler Copps Amphitheater in his memory."

"We've become friends, working together on this project," said Don Beans, director of community relations for SaveMart Supermarkets. "Our primary giving interests center around health, wellness and feeding the hungry. This project really fit into 'health and wellness' for young people and families. We've been here four years and we are doing our best to get involved with the community. We are proud to be working with Rotary, because they always take on the tough projects."

"I want to acknowledge and thank to Rotary and SaveMart and others for supporting the renovation," said County Supervisor Don Nottoli. "We

See Rotary, page 11

Real Estate Quarterly

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Rotary: Restored camp will serve scouts, clubs, youth groups

Continued from page 10

now have an opportunity with a strong local cadre involved in the restoration and improvement, and hopefully once it is completed it will be an area in the American River Parkway where people can come enjoy the natural setting and get a better sense of what a crown jewel this really is. We tend to forget that young people in the area don't get to experience something like this."

"We are over 40 Rotary clubs in the area and almost 2,000 Rotarians strong," said Jack Taylor, District 5180 governor. "Rotary has been successful because of the partnerships we've formed with SaveMart and others. Our theme for this year is 'Share Your Rotary Passion.' This is one example of the many, many ways Rotarians share their passion for the community."

One exciting announcement at the dedication was the decision of the American River Parkway Foundation has decided to partner in the restoration project. Representatives from both Rotary and SaveMart welcomed the foundation to the project.

Elaine Copps, Chandler's widow, perhaps summarized things best at the dedication.

"Not too long ago, I found a note in Chandler's desk, in his hand," she said. "It said: You do not get love. You give love. And it returns the favor."

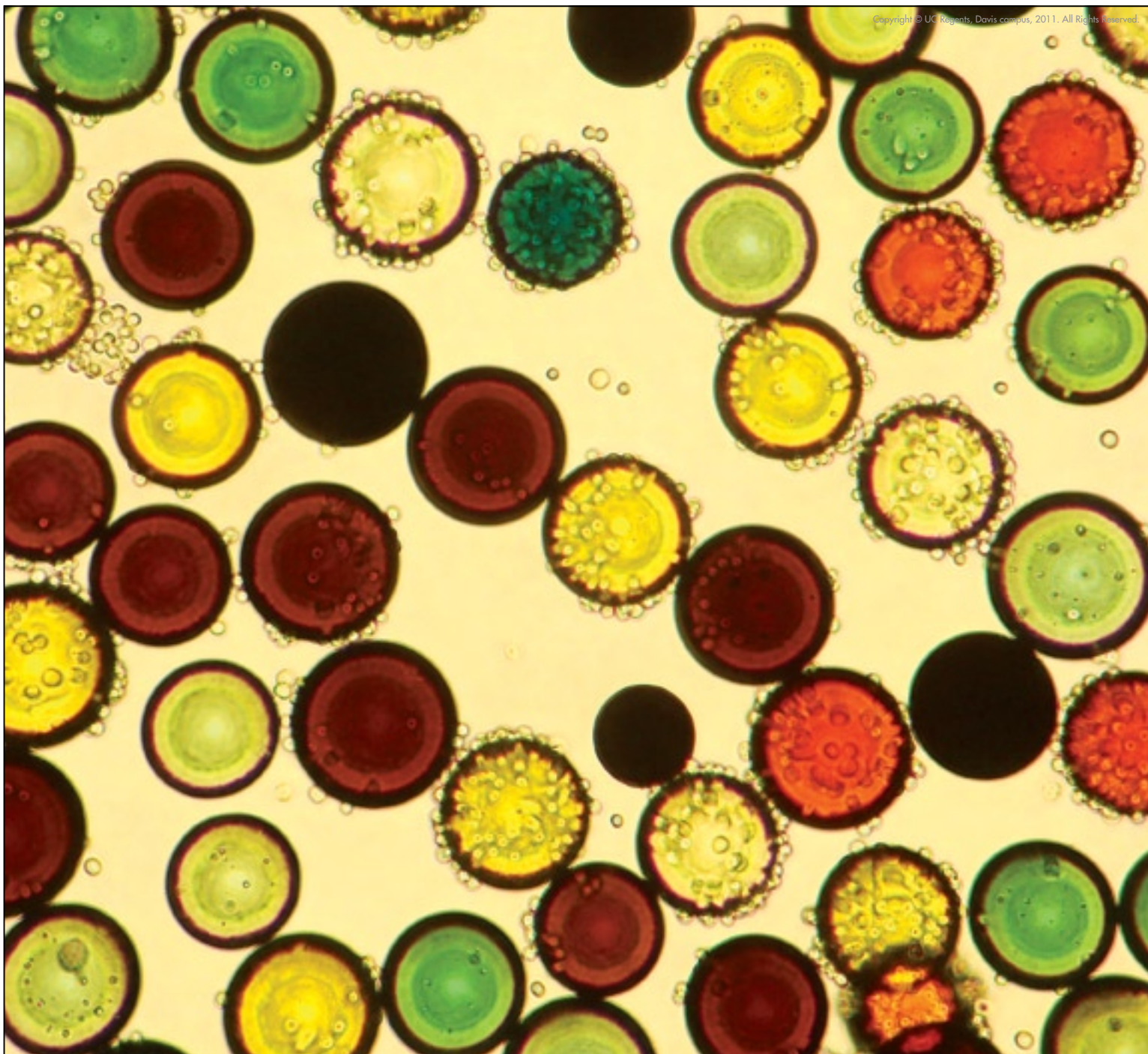
Members of Rotary District 5180 will continue to hold future work days at Camp Mokitana as their work to renew the facility continues. They will also host the 2011 SaveMart/Governor's Cup Golf Tournament at the Rancho Murietta Country Club on Sept. 23. Funds from the tournament will help Rotary to continue to raise the funds necessary to rebuild this camping facility for the community. To purchase tickets, make a donation or for more information, visit <http://tinyurl.com/rotarytournament>.



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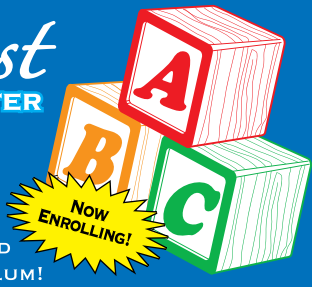
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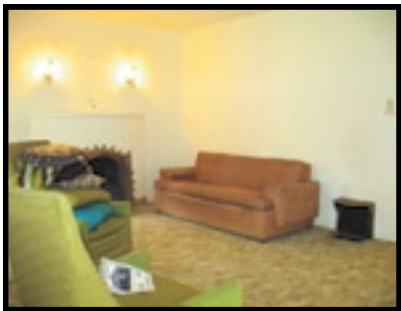
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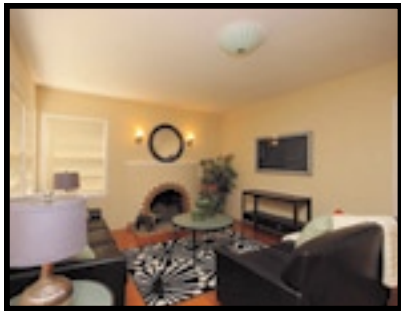


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Photo courtesy

DELICIOUS ASIAN CUISINE will be available at the 41st annual Asian Food & Cultural Bazaar on Oct. 1

Asian Food & Cultural Bazaar to be held at local Japanese church Oct. 1

Special to Land Park News

The community is invited to the 41st annual Asian Food and Cultural Bazaar on Saturday, Oct. 1.

The event, which is hosted by the Sacramento Japanese United Methodist Church, will begin at 10:30 a.m. and will continue into the afternoon. Asian cuisine will be prepared on site, including such delicacies as teriyaki chick-

en, sushi, chow mein, combination plates (Sesame Chicken and Korean Beef), Kahlua pork, manju (Japanese sweets) and more.

Additionally, the event will include children's games, a raffle and free entertainment.

The Sacramento Japanese United Methodist Church is located at 6929 Franklin Boulevard in Sacramento. For more information, call (916) 421-1017 or visit www.sacjumc.com. Also check out their page on Facebook.

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'Madame X' to be discussed at the Crocker

Special to Land Park News

On Saturday, Sept. 24, author Deborah Davis will take to the stage to discuss on of the most infamous portraits in American art history, "Madame X" by John Singer Sargent.

"Strapless" author Deborah Davis will take the stage at the Crocker Art Museum in Sacramento to talk about the mysterious woman who posed for Singer Sargent's most infamous portrait. Filled with scandal and beauty, this is a tantalizing tale not to be missed.

Since 1998 "One Book" projects have connected people through literature by encouraging an entire community to read one book and share the experience through public readings and discussions. The Crocker is expanding this idea by adding art to the mix by presenting "One Book/Many Perspectives."

Admission to this event is \$10 for museum members, \$20 for nonmembers. To order tickets online, visit www.crockerartmuseum.org and click on "Buy Tickets." Or simply call the museum at (916) 808-1182.



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 PORTRAIT OF MADAME X, 1884, oil on canvas by John Singer Sargent. This controversial work will be discussed at the Crocker Art Museum on Sept. 24.

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Photography as art on show

By SUSAN LAIRD
Land Park News editor
susan@valcomnews.com

When Stephen Crowley left a lucrative career in software sales in the Bay Area in 2006, he knew he was ready for something that would bring more joy and meaning to his life. The dog-eat-dog world of Silicon Valley, frankly, left him feeling rather burnt out.

A native son of Sacramento, Stephen decided to return to the city of his roots – and to pursue something he always loved: photography and art.

Since that time, he has steadily built an impressive portfolio – and honed his skills in the craft. With his warm smile, patience and easy-going manner, Stephen has the ability to capture the “inner essence” of his subjects...a valuable skill in portraiture.

His photography business, Crowley Photography, specializes in portraits, events and weddings throughout Northern California. Stephen's freelance work is also seen at the Sacramento River Cats, *The Capitol Weekly* and in Valley Community Newspapers, which includes the *Land Park News*.

The Coffee Garden in Sacramento is hosting a show of Crowley photographs from Oct. 3 to Nov. 5. The show will feature views and landscapes around Sacramento and Northern California.

There will be an artist's reception on the Second Saturday of the month, Oct. 8, from 5 p.m. to 9 p.m. The community is invited to attend.

The Coffee Garden is located at 2904 Franklin Boulevard in Sacramento. Hours are Monday through Saturday, 6 a.m. to 11 p.m. and Sunday from 7 a.m. to 10 p.m. For more information, e-mail scrowleyphotos@yahoo.com.



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McClatchy Lions fighting to get back in the 'W' category

By **BENN HODAPP**
Land Park News writer
benn@valcomnews.com

Followers of McClatchy High School's football program know that there is plenty of room to improve on a string of sub .500 seasons. But there are reasons for optimism for this year's crop of young Lions.

After a season-opening loss to Woodland by a score of 46-6, McClatchy has played two close games that could very well have swung in the Lions' favor. As luck would have it, however, both games ended up in the loss column in the form of 27-22 and 28-20 losses to Lathrop and McClymonds, respectively.

Some subscribe to the adage that a loss is a loss is a loss and that there is no room for moral victories. However, if you look back at the recent history of the program at McClatchy, there are reasons to believe that the glass is closer to half full than it is to bone dry.

In the last five seasons (2006 - 2010), McClatchy put up an unremarkable 10-43 overall record, but a steady improvement in league play has the Lions on the precipice of the postseason.

Head coach Malcolm Floyd, who knows a thing or two about this whole football thing as a former NFL wide receiver, talked about some of the improvements that he sees as the years roll past.

"This (year's) team is very disciplined," he said. "They believe in hard work and they are coachable."

As far as Floyd is concerned, talk of the playoffs is secondary to the continued improvement of his squad. When asked if making the playoffs is a defined goal for this year, he simply said "I just want them to get better every game and work hard in practice." He said that the season would be measured a success if his team "finish-

es healthy, educated and mentally prepared for the future."

In the process, however, hanging a few 'W's on the board would look great for the fourth-year coach. If the past eight seasons in league play read like a stock portfolio, the Lions would be inching towards the black. In the four seasons prior to Floyd's arrival, the Lions went a miserable 2-22 in league play. In the three years since, McClatchy has put up a much more respectable 6-12 league record.

The 2010 season was the biggest step forward for Floyd and his youngsters. Despite a seemingly poor 3-7 overall record, McClatchy posted a 3-4 Metro League record, putting the team in the neighborhood of a playoff appearance.

Playoffs or not, one thing is for sure - league foe Kennedy High School doesn't like seeing the Lions line up against them. McClatchy has dispatched the Cougars the last four times the teams have met.

According to Floyd there are no teams on the schedule this year that the Lions would take special pleasure in beating, except for all of them of course.

"The past has us wanting any win we can get," said Floyd. "I just want to make sure the young men enjoy this experience by working hard and by appreciating each other."

The 2011 version of the Lions will rely heavily on a talented and experienced offensive line. Seniors Shaun Chao, Tyler Zuber, Joe Savaii and Mike Lam anchor the front line.

Nick Modar takes the snaps from center coming off a productive 2010 campaign that saw him throw for 1,398 yards and 14 touchdowns. Kijafa Burgie and Austin Taylor will carry the ball out of the backfield, and Jordan Monteiro-Williams and Charlie Tschudin will split out wide at the receiver slots.

After two games this season (the stats for the McClymonds game were



REBUILDING. C.K. McClatchy High School's football program is improving its stats, despite a losing season thus far. Head Coach Malcolm Floyd wants each member of the team to come away from the season "healthy, educated and mentally prepared for the future" - and perhaps with some wins for good measure.

unavailable at press time), Modar has thrown for 325 yards and three scores. He also used his legs to plow into the end zone for a fourth touchdown. Burgie leads the team with 76 yards on the ground on 25 carries.

Monteiro-Williams has come up big as a receiver, hauling in five passes for 119 yards and a score. Rounding out the aerial attack is Tschudin with eight grabs for 68 yards and a score and Keyontae Jennings with eight catches for 87 yards and a touchdown of his own. Jennings has also caused two fumbles on defense and blocked a field goal.

One of the keys to this team's success in the upcoming league play portion of the schedule will be the conditioning of the players, according to Floyd.

"Our conditioning isn't the best and we haven't played to our full potential this year," he said.

The Lions' Metro League schedule begins Friday, Sep. 23 against Valley High School at 7:15 p.m. The game will be played at Cosumnes River College. Valley was one of the three league opponents that McClatchy beat in 2010. The Lions shut out the Vikings 22-0 in what was by far McClatchy's most convincing win.

The eight-team Metro League is comprised of McClatchy, Rosemont, Burbank, Sacramento, Kennedy, Florin, Johnson and Valley high schools. The three teams from the league that reached the playoffs last year were Rosemont, Burbank and Sacramento.

For more information about McClatchy High School and its athletic program, visit www.mcclatchyhs.net or call the school directly at (916) 264-4400. McClatchy plays its home games on campus at 3066 Freepoint Blvd. in Sacramento.

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The Troop 259 trek that almost wasn't

By **BILL KIRK**
Special to Land Park News

Five trekkers from Troop 259 have a lot to talk about after their recent six-day, 66-mile jaunt through Desolation Wilderness along the Pacific Crest Trail. The trek team included Eagle Scouts Matthew Puliz and Mark Matney, Star Scout Joseph Krieg and Scout Leaders Ike Krieg and Bill Kirk. It's a trip that almost didn't happen.

Planning for the trek began last November. The trek was the brainchild of Eagle Scout Matthew Puliz, a long time Scout in Troop 259. Let's just say he was looking for one last Scouting challenge before leaving for college in the fall. And as it turned out, it was challenging indeed in ways we hadn't anticipated.

In early spring, we got down to the practicalities of physical conditioning, identifying light weight gear and researching high calorie, easy to prepare food. We also began to narrow the field of trek-



Photo courtesy, Todd Thompson
HOPEFUL AND ADVENTUROUS, these trekkers from Scout Troop 259 took a snapshot before their six-day hike along the Pacific Crest Trail from Echo Lake to Donner Pass. Left to right, Bill Kirk, Ike Krieg, Matthew Puliz, Mark Matney and Joseph.

kers, first to those age 14 and above and more importantly to those committed to making the trek. What started out as a potential pool of nearly 15 trekkers, eventually became five.

Although an important planning consideration, thoughts about weather were fleeting. With months re-

maining before departure, there was no reason to think the prevailing weather patterns wouldn't prevail right on schedule to clear the trail for our trek. However, in June reports began to pile up about how the heavier than usual snows in the Sierra had extended the ski season. We realized that what was a boon to skiers and snow boarders might have a major downside for Pacific Crest Trail (PCT) trekkers all along the 2,627 miles of the PCT from Mexico to Canada.

Counting on warm temperatures in the summer, we were still confident the trail would be clear for our trek the end of July. Then just three weeks from our departure came the reports about serious snow encountered by hikers on the PCT—snow too deep on slopes too steep to safely negotiate without poles, crampons and ice picks? The weather was warming so why wasn't the snow melting?

Calls to the Ranger Stations were no less cautionary. Possible cancellation of the trip loomed as a serious consideration. Finally, in mid-July the warmer weather began to make enough of a difference in the snow pack for a "go" decision just three days before our planned departure.

On Friday, July 29, our group of five drove up highway 50 to Echo Lake where we laid over for the evening at Todd Thompson's place. Joining us was another group of young-



Photo courtesy, Sandra Puliz
SEASONED AND WISER, the trekkers from Scout 259 had learned a lot about teamwork, self-reliance and thinking on their feet.

er Troop 259 backpackers who would follow a different trail to the south of highway 50 for the weekend. In part the delay en route allowed the hikers in both groups to acclimate to the 7,500 feet elevation before kicking it up a notch out on the trail.

Day One

Our destination for the day was Dick's Lake, nearly 15 miles away. Under normal trail conditions, that distance would be very doable. And based on our start at the Echo Lake PCT trailhead at 7:30 a.m., our chances looked good. However, after leaving Lower Echo Lake and Upper Echo Lake behind us, by the time we arrived at Aloha Lake at 8,120 feet elevation, the traces of snow became more frequent and more expansive, with snow actually covering the trail.

In fact, we lost the trail with no idea where we might pick it up again. After finally reconnecting with the trail, the "up" after Susie Lake was grueling but it was just a taste of the elevation gain approaching Dick's Pass, elevation 9,380 feet.

Day Two

We got a late start, leaving Gilmore Lake by 9:30 a.m. At that point, the sun had already begun to warm the air and the mosquitoes were on the hunt. But with almost no wildlife on the trail except a rare sighting of an occasion-

al bird or marmot, how could there be so many mosquitoes with so little to feed on—except us, that is? And based on bites where bites shouldn't be, clearly mosquitoes are not picky eaters.

The rest of the day, we hit several large snow fields. We quickly learned if the slope faces north, you can count on snow. Navigating across even narrow stretches of snow is a challenge with a pack on your back. And sometimes contour lines on a map can be deceiving. By the time we stopped at 6:30 p.m. were close to the intersection with the Genevieve Trail and ready to bed down for the night.

Day Three

We were now comfortable with our morning routine and we were up and out of our camp by 8:30 a.m. Along the three-mile hike en route to Richardson Lake we saw the first signs of true spring in the High Sierra. Lupens, mule ear, sheep's ear, cats paws and a host of other flowers were everywhere. This was definitely a weird year for weather effects.

The climb out toward Barker Pass was grueling. Several large patches of snow on the north facing slopes slowed our pace dramatically. And even on the clear, south facing slopes, the uphill were a challenge. During the last mile or so before Barker Pass, wide mead-

See Scouts, page 21

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Scouts: Backpacking the Pacific Crest Trail, Echo – Donner

Continued from page 20

ows stretched out on both sides of the trail. Almost immediately beyond Barker Pass, we encountered large snow fields and punctuating the day was one last stream crossing with dubious snow bridges separating us from the campsite. The views of nearby peaks and Lake Tahoe in the distance were spectacular.

Day Four

With renewed energy after a relaxing end of the day in camp yesterday, we pulled out of camp at 8:20 a.m., heading north – or so we believed. Somehow, in our departure from camp, we jumped on the only clear exit from camp. In retrospect, our entry into camp the day before had followed sharp diagonals across deep snow fields through heavy forest. We had actually cut across the true trail into camp, which was lost in the snow. It was purely our good fortune to have run across two hikers so soon after our departure that morning.

Finally back on course, we were making good time. At 10:30 a.m. we reached Twin Peaks, four miles into the day. The more or less flat section of the trail continued along a long ridge at about 8,000 feet elevation above and to the west of

Lake Tahoe. The continuing easy “down” of about 400 feet brought us to our campsite by 6 p.m. Fortunately, there was a fast flowing creek within about 100 meters of our camp. We hadn’t counted on having water so close.

In camp we made our first (and only) fire on the trail – just large enough to smoke out the mosquitoes and remind us of what a campfire in the outdoors is like. Overall, the day was a very good day: challenges early, then we made good time the rest of the day.

Day Five

Despite our exhaustion the previous night, we woke up earlier than expected on Day Five—the last full day of our trek. We topped off our water bottles before heading into a long, dry section of the trail. In no time, we were right in the middle of a hard “up” from our current elevation of 7,300 feet to over 8,500 feet.

It wasn’t long before we found ourselves on a ridge above Squaw Valley. And did I mention there was snow? To someone who isn’t a fan of roller coasters, jumping off ledges or slipping and sliding uncontrollably, I can only describe the scene as a vision of death at first glance.

For some reason, others in the group saw the 100-foot drop from a snow ledge, down a steep embankment to rocks and trees below as a fun diversion. But all I could think was: I should have called my life insurance agent before we left.

As it turned out, getting off the ridge and down the embankment was more fun than I had anticipated. We couldn’t help but congratulate ourselves on our human toboggan skills before striking out across the next snow field toward a marshy meadow below. Our earlier estimate of a short day totally evaporated as we searched for the trail we lost in the snow at the top of the ledge.

It wouldn’t be the only time we would lose the trail that day and, like the trail, the price in lost time would be steep.

Hours later, we were finally within sight of Anderson Peak. The trail traced the top of the ridge line with a clear down slope on both sides. Although we made good progress due to very little elevation change, time had begun to work against us. By 7:30 p.m. the wind had picked up, steady at 15 to 20 mph and the air temperature (mostly due to wind chill) had dropped. A certain urgency entered the

equation as we started looking for any flat spot to pitch our tents. We would even settle for a spot big enough to spread our sleeping bags under the stars.

Then, rounding a turn in the trail, we ran dead on into a huge field of snow at least 10 to 15 feet deep, 100 meters to the path of the trail on the other side. Looking down the expanse of the snow field, the slope dropped steeply over 400 feet below us amid boulders and loose rock. There was no way to cross this snow field – not that night and probably not the next morning. One slip and there would be no way to stop.

Darkness had overtaken us and this was the first night we used our headlamps. It had been a long day: 12 hours on the trail and we were already wondering what the morning would bring to block our intended reconnection with the trail.

Day Six

The final day of the trek took us to Donner Pass Road. The sky was brilliant blue at sunrise. The wind had moved on but it was still cold enough (in the low 30s) that all of us added layers. I suppose camping right next to several tons of snow will have a chilling ef-

fect. By the time we finished breakfast, our camp was in full sun and the layers started coming off as we broke camp for the last time.

Anticipating two hours to navigate around the snow field and reconnect with the trail, we managed to make our way down the steep, rocky slope, then to zig-zag our way up through heavy sage brush and mule ear in just under an hour. We were so proud of ourselves that we stood in the middle of the trail basking in our success (i.e., no death or injury to the old man) for a good 15 minutes.

Once underway, it was a relatively flat hike toward Sugar Bowl. The boys charged ahead, knowing that cold water, fresh fruit, hot showers and pizza were just a few hours away. Lingered a while at the top of the Sugar Bowl ski run, we admired the views for the last time. Then we struck out on our last 3.5 mile downhill stretch past Mount Judah and on toward Donner Pass Road.

Within an hour of hitting the parking lot, we had cleaned up the trail dust and landed in a booth at the Truckee Round Table Pizza Restaurant.

I don’t think I have ever seen three family-size pizzas disappear so fast.

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SPHSS celebrates Festa do Chicharro

Story and photo by LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

The Sacramento Portuguese Holy Spirit Society held its first Festa do Chicharro at the Portuguese Hall on Pocket Road on Saturday, Sept. 10.

The festa, which is intended to be an annual event, was a great success, as more than 150 people participated in this social gathering. Volunteers contributed many hours in preparation for the festa, which included a Portuguese meal of chicharro (grilled mackerel), baratas cozidas (boiled potatoes) with molho cru (vinegar and oil sauce), caldo de peixe (fish soup), salada de alface (green salad) and pao (bread). Other activities included an auction, children's games and karaoke.



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CALENDAR

For more Calendar entries visit
www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

REUNIONS

C.K. McClatchy High School 1976

Sept. 24: C.K. McClatchy High School, Sacramento, Class of 1976 is hosting its 35th high school reunion at the Radisson Hotel in Sacramento. Golf Classic is on Sept. 23. Contact CKMcClatchy1976@yahoo.com or www.facebook.com/pages/CK-McClatchy-Class-of-1976/256399844375802?sk=wall or www.mcclatchy1976.com

ONGOING

Transcending Vision: American Impressionism, 1870-1940

Through Sept. 25: "Transcending Vision" traces the development of Impressionism in the United States and the growth of a truly American style of painting. The exhibition includes works by more than 75 prominent American artists including George Bellows, George Inness, Childe Hassam, Ernest Lawson, Lilla Cabot Perry and Julian Alden Weir. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

Gardens and Grandeur: Porcelains and Paintings by Franz A. Bischoff

Through Oct. 23: After beginning his career as a china painter in Bavaria, Franz A. Bischoff immigrated to the United States in 1885 to become one of the foremost porcelain painters of his day. He won numerous awards and earned the title "King of the Rose Painters." "Gardens and Grandeur" features approximately 40 examples of Bischoff's work, including porcelains, still lifes, and landscapes. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

SEPTEMBER

Bilingual Toastmasters

Sept. 22, 29, Oct. 6, 13, 20, 27: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentoastmasters.com

Bingo!

Sept. 22, 29, Oct. 6, 13, 20, 27: Enjoy a great local charity game of bingo every Thurs. night at 6:30 p.m. Benefits projects in the community. Early bird for \$5, Regular game buy-in of \$20. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 422-6666

Capitol Mall Farmer's Market

Sept. 22, 29, May 3, 10, 17, 24, 31: Capitol Mall Farmer's Market. Every Thursday, May-Sept. 10 a.m.-1:30 p.m. 6th St. & Capitol Mall, Sac. www.california-grown.com

East End State Capitol Park

Farmer's Market Sept. 22, 29, June 7, 14, 21, 28: East End State Capitol Park Farmer's Market. Every Thursday, June-Sept. 10 a.m.-1:30 p.m. 15th & L streets, Sac. www.california-grown.com

Florin Sears Store Farmer's Market

Sept. 22, 29, Oct. 6, 13, 20, 27: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

Food Addicts Anonymous

Sept. 22, 29, Oct. 6, 13, 20, 27: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Greenhaven Mothers' Club

Sept. 22: Kick off meeting! Spread the word to current members and interested moms in 95831. We have an exciting year planned. Learn about club activities and how you can be involved. 7 p.m.-9 p.m. Cabana Club South, 6615 Gloria Dr., Sac. www.greenhavenmothersclub.org

Living Positive with Chronic Disease group

Sept. 22, 29, Oct. 6, 13, 20, 27: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

Rotary Club of Pocket/Greenhaven

Sept. 22, 29, Oct. 6, 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Downtown Plaza Farmer's Market

Sept. 22, 29, Oct. 6, 13, 20, 27: Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

Sutterville Heights Optimist Club

Sept. 22, 29, Oct. 6, 13, 20, 27: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Cliff (916) 427-2698 or Mary-Jo at (916) 691-3059

BBQ, Beer and Boogie

Sept. 23: Enjoy the great foods, dancing, silent auction and fun at this annual fund-

raiser for Alzheimer's research. Carmichael Oaks, 8350 Fair Oaks Blvd., Carmichael. (916) 944-2323 carmichaelmkg@isllc.com

Kiwanis Club of East Sacramento-Midtown

Sept. 23, 30, Oct. 7, 14, 21, 28: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

Rotary Club of Point West

Sept. 23, 30, Oct. 7, 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. DoubleTree Hotel, 2001 Point West Way., Sac. www.pointwestrotary.com

Sacramento Kaiser Farmer's Market

Sept. 23, 30, June 1, 8, 15, 22, 29: Sacramento Kaiser Farmer's Market. Every Friday, June-Nov. 9:30 a.m. - 1 p.m. 2025 Morse Ave., Sac. www.sierrafresh.com

Saint Rose of Lima Park Farmer's Market

Sept. 23, 30, June 1, 8, 15, 22, 29: St. Rose of Lima Park Farmer's Market. Every Friday, June-Sept. 10 a.m. - 1:30 p.m. 7th & K streets, Sac. www.MarketLocations.com

Soroptimists of Sacramento

Sept. 23, 30, Oct. 7, 14, 21, 28: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

Country Club Plaza Farmer's Market

Sept. 24, Oct. 1, 8, 15, 22, 29: Country Club Plaza Farmer's Market. Every Saturday, year round. 8 a.m.-noon. Watt & El Camino, Butano Dr. parking lot, Sac. www.california-grown.com

Food Addicts Anonymous

Sept. 24, Oct. 1, 8, 15, 22, 29: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Horticultural workshop

Sept. 24: Nurture the soil, conserve water and energy, winter vegetables workshop. Learn tips and tactics to analyze and improve your soil, to grow winter vegetables and to prepare the irrigation system for winter. Plus, explore alternatives to lawn. Plant clinic is available, so bring your plant samples, pest mysteries and questions. Located outside - rain or shine. Free. 8:30 a.m.-11:30 a.m. Horticultural Center, 11549 Fair Oaks Blvd., Fair Oaks. (916) 875-6913 http://cesacramento.ucdavis.edu Facebook/UCCE Sacramento County Master Gardeners

C.K. McClatchy High School 1976

Sept. 24: C.K. McClatchy High School, Sacramento, Class of 1976 is hosting its 35th high school reunion at the Radisson Hotel in Sacramento. Golf Classic is on Sept. 23. Contact CKMcClatchy1976@yahoo.com or www.facebook.com/pages/CK-McClatchy-Class-of-1976/256399844375802?sk=wall or www.mcclatchy1976.com

Carmichael Farmer's Market

Sept. 25, Oct. 2, 9, 16, 23, 30: Carmichael Farmer's Market. 8 a.m.-1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneysmartusa.org

Co-Dependents Anonymous

Sept. 25, Oct. 2, 9, 16, 23, 30: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

Sept. 25, Oct. 2, 9, 16, 23, 30: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

Land Park Home Tour

Sept. 25: Tour seven beautiful homes in beautiful Land Park! Tickets \$20 in advance, \$25 day of event. Visit www.landparkhometour.com or call (916) 455-9941

State Parking Lot Farmer's Market

Sept. 25, Oct. 2, 9, 16, 23, 30: State Parking Lot Farmer's Market. Every Sunday, year round. 8 a.m.-noon. 8th & W streets, under Highway 50, Sac. www.california-grown.com

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Calendar

Continued from page 24

Sunday Support for the Widowed

Sept. 25, Oct. 2, 9, 16, 23, 30: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine – holidays included. 3 p.m.–5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

Hatha yoga

Sept. 26, Oct. 3, 10, 17, 24, 31: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.–4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

Nicotine Anonymous

Sept. 26, Oct. 3, 10, 17, 24, 31: Nicotine Anonymous meeting. Meets every Monday, 5:30 p.m.–6:30 p.m. Westminster Presbyterian Church, 1300 N St., Sac. Brandi Bowman (916) 984-3501

Rotary Club of South Sacramento

Sept. 26, Oct. 3, 10, 17, 24, 31: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

Tai Chi & Chi Keung

Sept. 26, Oct. 3, 10, 17, 24, 31: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

Toastmasters

Sept. 26, Oct. 3, 10, 17, 24, 31: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.–8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freetoasthost.org

Fremont Park Farmer's Market

Sept. 27, May 1, 8, 15, 22, 29: Fremont Park Farmer's Market. Every Tuesday, May–Sept. 10 a.m.–2 p.m. 16th & P streets, Sac. www.california-grown.com

Roosevelt Park Farmer's Market

Sept. 27, May 1, 8, 15, 22, 29: Roosevelt Park Farmer's Market. Every Tuesday, May–Sept. 10 a.m.–2 p.m. 9th & P streets, Sac. www.california-grown.com

Rotary Club of Arden-Arcade

Sept. 27, Oct. 4, 11, 18, 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

Rotary Club of Carmichael

Sept. 27, Oct. 4, 11, 18, 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

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EVENTS CALENDAR

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Saturday, October 8th, 8am - 3pm



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(just East of Land Park Blvd.)

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Faces and places

Third Saturday 'Paint Out' at Miller Park

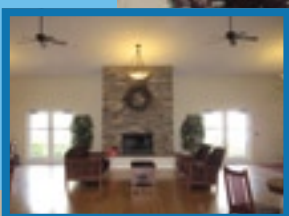
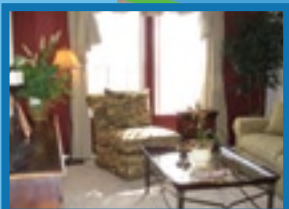
Special to Land Park News

Artists from throughout the Sacramento region participated in the monthly "Third Saturday Pain Out" on Saturday, Sept. 17. This month, the location was Miller Park at the end of Broadway, right at the river's edge in Sacramento.

The event is an "ad hoc" group of outdoor painters in the Sacramento region, and it is not associated with any one art group. Artists gather once a month to show up and paint in different locations throughout the year. To receive notifications about future locations, email aquacolorist@yahoo.com.



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Saturday, October 1st

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DUPLEX

Charming duplex with one bedroom, 1 bath, fireplace, CH/A on each side. Dual pane windows. Both units share a 2 car garage, covered patio and lovely backyard. See www.2245-4912thAve.com \$250,000

LIBBY NEIL 539-5881



NATOMAS

Cottages at Westshore. Low maintenance yard. Spacious 3 bedroom 2 and 1/2 baths. Community features: hiking and biking trails, 26 acre lake, parks and a nature preserve. See 4016 Vittoria Lane \$169,900

LIBBY NEIL 539-5881



T STREET PARKWAY

This beautiful cottage located on one of Elmhurst's most darling parks has been lovingly updated & cared for without losing the sweet nostalgia of the 1940's. Tasteful paint colors, gorgeous hardwood floors, remodeled bathroom, super clean 2 car detached garage. See www.5001tstreet.epropertiesites.com \$289,000

ALISON COUCHMAN 248-1060



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QUAINT CURTIS PARK

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Within walking distance to the best of Downtown: the Capitol, art galleries & great restaurants. New paint & carpet, vaulted ceilings upstairs & spacious windows makes this a light & bright home. See www.958q.epropertiesites.com \$195,000

NATHAN SHERMAN 969-7379



WOW WHAT A SURPRISE

Behind an unassuming exterior lies a wonderful home described by the owner as "The House of Glass and Steel". An entire wall of glass overlooks a peaceful courtyard framed by towering bamboo, with stained concrete patio and a tranquil pond. See: www.3717jeffreyave.epropertiesites.com \$125,000

CHRIS BRIGGS 834-6483



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