

THE LAND PARK NEWS

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October 13, 2011

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PACT to hold food drive for local food closets

See page 3

Brawl brings sanctions at McClatchy, JFK

See page 5

COMMUNITY CALENDAR, PAGE 26 • KNOW YOUR NEIGHBOR, PAGE 6 • FACES AND PLACES, PAGE 24

Inside This Edition



Edward Towe returns to CAM

See page 6



Urban Cow Half Marathon keeps moooving along

See pages 24-25



Murky waters?

Land Park Volunteer Corps, City on Duck Lake water safety See page 8



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PACT to host food drive at three locations on Oct. 29

Special to Land Park News

The Pocket Area Church Together (PACT) will be having a Food Collection Drive on Saturday, Oct. 29 from 9 a.m. to 5 p.m. at two local Sacramento markets – Bel Air and Nugget supermarket – in three locations. Canned foods and non-perishable items are needed for local food closets in the South Sacramento area.

The local churches that compose PACT are Faith Presbyterian, Riverside Wesleyan and St. Anthony Parish. They will be working together to collect and donate the items.

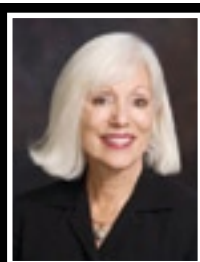
PACT had a very successful food drive last May. Some 3,500 pounds of food were collected and donated to local food closets.

Local need is great this fall. Unemployment continues to impact neighbors in every community. PACT needs the support of the Land Park and Pocket-Greenhaven communities to make this drive a successful one.

PACT volunteers will pass out flyers to shoppers who visit the participating stores on Oct. 29. The flyers will contain information on which canned foods and non-perishable items are being collected. Shoppers will be able to drop off the donated food as they exit the store. Containers will be set up for the collection.

“Your generosity in supporting our fellow brothers and sisters in need is greatly appreciated,” PACT said in a press release.

The food drive will be held at the Bel Air supermarkets located at 7565 Rush River Drive and 1301 Florin Road and the Nugget Supermarket at 1040 Florin Road.



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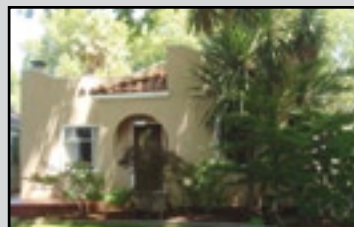
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McClatchy-Kennedy brawl results in disciplinary action for both teams

By **BENN HODAPP**
Land Park News writer
benn@valcomnews.com

It's no secret that football foes within the same conference can play fiery games with big hits and smack talk, but there is a breaking point that always looms in these games. Kennedy and McClatchy high schools witnessed that breaking point in the Sept. 30 varsity matchup between the schools.

With about five minutes left in the fourth quarter (McClatchy led 14-0 and had the ball), McClatchy quarterback Nick Modar scrambled and was then lifted up by several Kennedy players. When the players didn't let go, a brawl shortly followed. Before long, the benches cleared and punches were reportedly thrown.

By the time the dust had settled from the controversy, a coach had resigned, students were removed from playing, and both teams forfeited games (Kennedy against Valley; McClatchy against Rosemont).

The game sanctions were handed out by SCUSD Superintendent Jonathan Raymond.

"I believe this action is necessary to ensure that an incident of this sort is not repeated in Sacramento City Unified," Raymond said in a press release. "This kind of behavior is against the tenets of good sportsmanship and will not be tolerated in our community. There is no excuse for what transpired. Both teams need to earn back the respect they lost on the field last weekend. I feel strongly that athletics in our district is a privilege not a right."

Coaches, athletic directors and team captains from both schools met at a sportsmanship summit to discuss a community service event in which to jointly participate in order to put the incident behind them. Rob Feickert, athletic director at McClatchy, said that the teams decided upon tutoring students at Jedediah Smith Elementary School. The teams met at the school on Friday, Oct. 7 to help out.



Each school was responsible for doling out its own punishment for individual players, according to the release.

Nine players in total were kicked off the teams for their roles in the melée. Kennedy took the worst of it with eight players being dismissed while just one McClatchy player was removed. The names of the players were not released by the schools and the precise reasons for their dismissal were not given.

Adding to the fallout of the brawl was the sudden resignation of Kennedy head coach Henry Lusk. Lusk, who profusely apologized for his team's role in the fight, stepped down as head coach amid a scandal involving a picture of the former coach in a thong that found its way onto Twitter. It remains unclear how the picture surfaced.

As of press time, Kennedy had not named its new head coach, but it is believed that it will be one of the assistant coaches who worked with Lusk, according to Sacramento City Unified School District Chief Communications Officer Gabe Ross.

Both teams forfeited their games this past weekend but the season will press on as scheduled. How the teams fare without players (and coaches) remains to be seen.

"This is an embarrassment for our community and we are all anxious to put it behind us," Raymond said in the release. "The best outcome is that we use the incident as a teachable moment, and that these teams, schools and all of our students emerge as champions of good sportsmanship."

The Sep. 30 game will go into the books as a 14-0 win for McClatchy, as it has been decided that picking the game up where it left off would not be a good decision.



Photo courtesy

TRICK OR TREAT! Kids are encouraged to dress up and try out their Halloween costumes at the Belle Cooleedge Library on Oct. 29.

'Trick or Treat' at the Belle Cooleedge Library

Special to Land Park News

Kids of all ages are welcome to participate in Trick or Treat at the Belle Cooleedge Library on Saturday, Oct. 29, from 10 a.m. to 4 p.m.

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The Belle Cooleedge Library is located at 5600 South Land Park Drive in Sacramento. For more information, call (916) 26k4-2700 or visit www.saclibrary.org. Click on "Events."

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Know your neighbor

Auto museum event highlighted by special guest

By LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

Among the various draws of Sacramento is the California Automobile Museum on Front Street, just north of Broadway. And the majority of those who are most familiar with this museum remember the name Towe.

After all, it was the then Montana banker Edward Towe who provided nearly every automobile that was used to establish the museum at its current, original site in 1986. The museum officially opened to the public on May 1, 1987.

Many local automobile enthusiasts were delighted to learn that Towe, 97, would be making a special appearance last Sunday, Oct. 2 at the museum for the second edition of the museum's annual Founders' Day.

The visit also represented the 25th year since Towe's automobiles were relocated to the then-new museum site.

A crowd gathered in front of the museum during last weekend's event to meet Towe, who shared a few of his many memories.

While sitting in a wheelchair in front of the museum, which was originally known as the California Towe Ford Automobile Museum, Towe, who once owned the largest collection of Fords on display in the world, drew much attention, as he posed for photographs and signed several autographs.

Although much energy was created by guests who were eager to at least get a glimpse of the man who was so



Edward Towe's Ford automobile collection was transported from Montana to Sacramento to establish the California Towe Ford Automobile Museum – the original name of the museum – in 1986. Photo courtesy, Kristy Updegraff

instrumental in the process of bringing an automobile museum to the capital city, it appeared at times that no one was more excited to be present at the event than Towe himself.

Towe's excitement and sense of nostalgia for the event was apparent as he requested copies of photographs taken at the event and at one point turned to his daughter, Kristy Updegraff, who served as the museum's executive director from 1996 to 2006, and asked, "Can you take a picture of the (museum) building for me?"

Fortunately for Towe, his visits to the museum do not have to be so infrequent as they were during the past, since he recently moved from Arizona to the Pocket area of Sacramento to reside with Kristy and his son-in-law and Kristy's husband, Jim Updegraff.

Nonetheless, Towe seemed to treat the event as if it were either his last visit to the museum or it would be a long time before he would visit the museum again.

Dick Ryder, the museum's founder, said that Towe's presence at the event

was a fulfillment of a commitment that he made in the 1980s.

"It was really neat to have the reminiscent of something that happened (about) 20 years ago," Ryder said. "On that video tape (that was shown at the museum during the event, Towe) said that he would be around in 20 years or so (and) he was around in 20 years."

Roseville resident Brenda Whittington, one of several people to receive an autograph from Towe last

See CAM, page 7

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Land Park News photo, Lance Armstrong

EDWARD TOWE (seated) and his daughter Kristy Updegraff and his son-in-law Jim Updegraff pose in front of a 1903 Ford Model A during the second annual Founders' Day at the California Automobile Museum. The car is owned by longtime museum supporter Buck Kamphausen.

CAM: Edward Towe donated the vehicles that established the museum

Continued from page 6

Sunday, said that she feels fortunate to have had the opportunity to have met Towe, considering that she had arrived at the museum for the current Porsche exhibit, which continues through Nov. 28, and was unaware of the Founders Day festivities.

"My husband (Tom Whittington) wanted to come see the Porsche exhibit," Brenda said. "I like (cars), but I'm not as attentive to the finer details of a car as my husband is. We come down here (to the automobile museum) from time to time and look at the various exhibits. But I had no idea that (Towe) would be here today. I'm glad that I got a chance to meet him. It's wonderful to see that he's still doing so well for his age."

Although Towe spoke few words to the crowd that had gathered to see him, he requested that he have the opportunity to share a few of his memories for this article.

And in doing so, Towe, who later rode in a 1903 Model A Ford as part of the event, said, "You might say that this is a culmination or the windup of about 100 years of playing with old cars. I put my life into (car collecting). I'm 97 and a half and I have two years and a half to go (to reach 100 years of age). I bought my first car in about 1926. It was a 1917 Ford Model T Touring car. I bought it from Sam Towe, a distant relative of mine, for \$12."

As a teenager, Towe, with the help of his father, established a bicycle business in his hometown of Paullina, Iowa.

As Towe's mechanical expertise in bicycles progressed, he added automobiles to his business.

Towe's love of Fords eventually led to his accumulation of 240 Ford automobiles. He purchased the first of this collection's cars in 1950.

The collection included every year and every model of the first 50 years of automobiles manufactured by the Ford Motor Co.

During the event, Towe demonstrated that he still possesses a sense of humor.

After signing an autograph, Towe said, "Don't write a check on top of it."

Later during the event, after being asked why he specified the 1914 Touring car as his favorite automobile, Towe replied, "(Because) it's the year I was born."

In the most recent edition of *Fuel*, the California Automobile Museum's newsletter, which is printed six times per year, Karen McClafflin, executive director of the museum, wrote: "Museums like ours are truly fuel for the soul. Museums are places of reassurance in times of uncertainty; a place where people can escape from the problems of life for a time. Museums are inspirational; a place where visitors can see how the changes and innovations of the past have shaped our world today."

And fortunately for the capital city, Edward Towe helped pave the way for the creation of what has become the California Automobile Museum, thus allowing thousands upon thousands of people the opportunity to obtain "fuel for the soul" at this longtime, popular Sacramento museum.

Kristy said that she is appreciative of the opportunity that her father had to participate in this year's Founders' Day.

"I'm glad he's getting some recognition," Kristy said. "It's been a long, long lifetime of collecting automobiles and he's been away (from Sacramento) for some years now, so it's nice to have him back."

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Land Park Volunteer Corps questions safety of water at Duck Lake

By ELIZABETH VALENTE
Land Park News writer
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On the first Saturday of October, more than 50 volunteers converged around Duck Lake, William Land Park's largest pond, armed with rakes, gloves and a determination to clean up the park's pond and surrounding areas.

These folks are called the Land Park Volunteer Corps and they meet each month to take part in what they call "park work days." The group was created after the City of Sacramento had to cut Department of Parks and Recreation employees by more than 60 percent in the last three years. Neighbors and city residents decided to step up and do their part to keep their local parks running green.

"I think it's wonderful what the volunteers are doing because it maintains the ecology of the area, and it's vitally important when you live in such a crowded area that you have a place you can take a walk or have a picnic in," said Greenhaven resident, Alessia Wood.

Every month for nearly over two hours, the environmentally-aware

group cuts, prunes, plants, and fills garbage bags of debris. But overgrown bushes, roots and left over picnic garbage is not the only thing this group picks up. Land Park Corps organizer, Craig Powell, said there are times when volunteers also see dead fish and birds around the big pond area.

"Some of our volunteers use extension nets and weed around the border of the pond. It's a dark, murky pond. It's very difficult for anyone to look at to see what's in it," Powell said. "Besides the concern of the appearance of Duck Lake, our main concern is that there are a lot of migratory birds, like the Canada geese, and families who fish there every single day for food for their table. We are not aware of anybody testing the quality of this water to see if it's safe to eat the fish from there."

Duck Lake was established in the early 1920s, and is located in the western-most part of the park, along Land Park Drive. Duck Lake was drained, dredged and widened in the winter of 1959. In 1998, it was stocked with 370 trout.



Land Park News photo, Elizabeth Valente
DUCK LAKE in William Land Park is a source of wildlife and local fishing. Land Park Volunteer Corps members called the safety of the water into question when dead fish and birds were discovered.

Powell claims that at one time he has seen 15 to 20 dead fish floating on top of the pond and that he has called and alerted the City.

"That should raise some alarm; there is something going on," he said. "The response I got back

See Duck Lake page 9

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Duck Lake: City says murky water at community lake is 'OK'

Continued from page 8

from the City is, 'it just happens sometimes.'"

Powell suspects that run-off from the street is the cause. He believes the City has failed to put in new plumping pipes to resolve the problem.

City leaders say that is not the case. While no testing has been done on the water by either the City or the Volunteer Corps, officials said there are a number of potential reasons for the issues the neighbors are concerned about at Duck Lake.

"Duck Lake is filled with well water from the park's ground water wells," said Jessica Hess, City of Sacramento Department of Utilities spokesperson. Ponds such as this do not have natural filtration systems and tend to become polluted from the wildlife they attract. And the hot summertime temperatures is another issue; the water is relatively stagnant."

According to Hess, the pond gets run-off from two sources: the golf course and a drain. The golf course is the main source of run-off. This water flows through some grassy areas which act as a filter to help extract any potential contaminants from the run-off. The drain in the parking lot on 15th Ave, which runs alongside Fairytale Town, sends water into the botanical garden.

"This botanical garden acts as a natural filter for the urban runoff from the parking lot," Hess explained. "As the urban runoff goes through the garden, the plants and small ponds within the garden act like 'nature's soap' and allow the contaminants to settle."

Then what about the dead fish and birds seen around the pond area?

Some say it could be caused by people pouring liquids and throwing trash and debris into the pond or on



TRIMMING, CLEANING AND CARING for William Land Park are the members of the Land Park Volunteer Corps. The group meets the first Saturday of every month to work on maintenance issues in the park.

the ground nearby – where it can then flow into the water.

"These, too, can impact the amount of available oxygen which can impact water clarity," said Hess.

Susan Helay, Birds Exhibit supervisor at the Sacramento Zoo, suspect's human error can also be to blame, particularly among those who fish out of Duck Lake.

"We get a lot of the ducks that have swallowed fishing hooks, or their necks are tied up in left-over fishing lines," Helay said. "Sometimes we can't catch the birds to help them because

they fly away. Not to mention, many of these animals and fish get old and die off naturally as well."

Helay did say that if there were several fish or birds found dead at one period of time then there should be concern, but they have not seen anything like that recently.

"Sometimes the animals' waste in the water can impact the amount of oxygen available which can impact the clarity," she said.

Helay added that the well-water that is provided at the pond is considered safe and is used at the Zoo as well.

Councilman Robert Fong said he is aware of the Volunteer Corps concern about the District 4 Duck Lake and surrounding area. He said that the City is doing everything they can to keep the park and ponds safe and clean.

"The water in the pond is being filled with well-water, the same water we use in City drinking fountains," said Councilman Fong. "I've been going to William Land Park as a kid, it's one of our crown jewels, and we would never do anything to hurt one of our natural beauties."

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Louie, Wes, Ted & Henry

'Christmas Tree Lane' a timeless Sacramento area tradition

Special to Land Park News

The Sacramento area is known for many time-honored holiday traditions. Jesuit High School's annual "Christmas Tree Lane" marks 55 years this November.

Jesuit High School will celebrate this memorable Sacramento event on Nov. 26 and Nov. 27 at the newly-renovated Hyatt Regency Hotel in Sacramento.

This popular fashion and shopping event has an interesting history.

A dream comes true

In 1955, the vision of establishing a Jesuit high school in Sacramento inspired a group of a dozen women to band together to found the Loyola Guild. With unshakeable commitment and a flair for fashion, they worked to make their dream a reality.

A St. Ignatius Loyola Parish schoolroom housed the first meetings of the guild's founding members. They had no money, but they were offered an existing event known as "Christmas Tree Lane" by the Mercy Guild. The members decided to model their event after the "Christmas Tree Festival" which was previously held at the Senator Hotel.

The Loyola Guild members formed a committee to make gifts by hand that they could sell at Christmas Tree

'To me, Christmas Tree Lane is always the best way to kick off the Christmas season. It's the first event to indicate that Christmas is coming.'

- Kelly Brothers, JHS alum

Lane. Local businesses, organizations and individuals donated to their cause. Virginia Larson, one of the women responsible for the initial fundraiser, was president of the Loyola Guild in 1957 when the idea to build the school came about.

"The whole town donated trees to the Christmas Tree Lane," Larson said.

Funds from these early Christmas Tree Lanes helped to establish Jesuit High School. On Sept. 17, 1963, Jesuit High School opened its doors to 93 freshman students.

Today, Christmas Tree Lane lives on.

In addition to fantastic holiday shopping, the event includes a beautiful-



Photo courtesy of Jesuit High School
Jesuit High School's annual Christmas Tree Lane fundraiser includes a fashion show, musical entertainment and holiday shopping in "The Lane." The annual holiday tradition celebrates its 55th anniversary this year.

ly-choreographed fashion show and dance production that features Jesuit High School seniors and parents, along with senior girls from St. Francis High School. Christmas Tree Lane's show is the largest fashion show in the Sacramento area.

All funds raised continue to go to the school's building fund and the Loyola Guilds Scholarship Fund. Some 22 percent of Jesuit students receive tuition assistance thanks in part to Christmas Tree Lane.

'A Timeless Tradition'

This year's Christmas Tree Lane theme is, appropriate-

ly, "A Timeless Tradition." It promises to be as spectacular and lavish as any other in the event's history.

The gala dinner show will be presented on Saturday, Nov. 26 at 7:30 p.m. Breakfast and lunch shows will be held Sunday, Nov. 27 at 9 a.m. and 12:30 p.m., respectively.

Local celebrity and Jesuit alumni Kelly Brothers has hosted this event many times over the years.

"To me, Christmas Tree Lane is always the best way to kick off the Christmas season," Brothers said. "It's the first event to indicate that Christmas is coming.

When I first started hosting this event, it was just me and 500 women in the room."

Members of the Loyola Guild note that these days there is a mixed crowd, as men enjoy the event as well.

Raffle items this year include a tropical getaway package for a one-week stay in a Poipu Beach, Kauai, oceanfront condo (airfare is included), San Francisco Giants tickets (donated by an owner of the team) and magnificent specialty dinners at local restaurants and wineries.

"The Lane" will be open for Christmas shopping on Saturday, Nov. 26 from 5 p.m. to 10 p.m., and on Sunday, Nov. 27 from 8 a.m. to 3 p.m. Shopping in "The Lane" is open to the public. Stroll down this magical lane to find one-of-a-kind Christmas decorations, incredible gourmet foods and delightful treasures.

Tickets for Christmas Tree Lane's shows range between \$60 and \$110. Visit <https://loyolaguild.webconnex.com/CTL> to purchase tickets. For additional information, visit www.JesuitHighSchool.org/CTL

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Crocker Art Museum presents Clayton Bailey's 'World of Wonders'

Special to Land Park News

The Crocker Art Museum will present the first career-spanning retrospective of the work of contemporary sculptor Clayton Bailey in the new exhibition "Clayton Bailey's World of Wonders." This exhibition features 180 works and ephemera encompassing Bailey's 50-year career, and will be on view this fall from Oct. 22 through Jan. 15, 2012.

A ceramist, sculptor, and self-proclaimed "mad scientist," Bailey aims to surprise and delight with his art. This exhibition presents the full range of his inspired eccentricity in clay and metal, including his signature "exploding pots," disarming robot sculptures and ray guns inspired by science fiction and fashioned from discarded aluminum. Also included are the artist's pseudo-scientific discoveries made under the name of his alter-ego Dr. George Gladstone. Visitors to the exhibition will also experience Bailey's full-scale theatrical settings, including the mockumentary "Wonders of the World Museum."

The Crocker Art Museum is located at 216 O Street in Sacramento. For hours and admission information, call (916) 808-7000 or visit www.crockerartmuseum.org.

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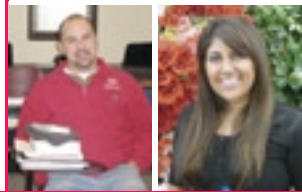
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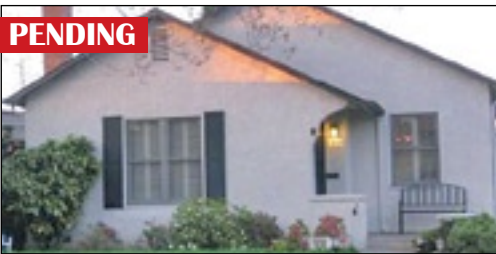


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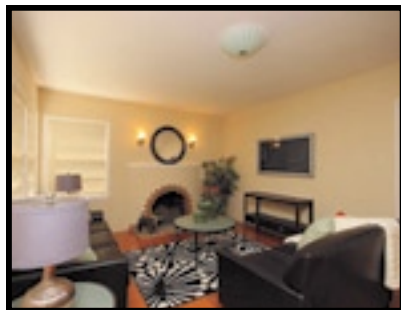
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Photo courtesy, Kathy Garcia

DANCE FOR THE CURE and Zumba with Jules at Didion Elementary School's gym on Oct. 22. Proceeds from this event will benefit pancreatic cancer research.

Zumba with Jules to 'Dance for the Cure'

Special to Land Park News

Bring a friend or make a new one and dance for the cure to pancreatic cancer, when Zumba with Jules hosts "Dance for the Cure" on Saturday, Oct. 22 from 10 a.m. to 11:30 a.m. at the Didion Elementary School gym.

The Zumba class will donate all proceeds from the event to benefit pancreatic cancer research. Participants are encouraged to wear

purple in memory of those who have passed away from this disease, but especially in memory of Margaret E. Moss, "Dicey" Copes-Mehau and Susan Ridehour.

Tickets are \$10 in advance or \$15 at the door. Donations from non-participants gratefully accepted. Didion Elementary School is located at 6490 Harmon Way in Sacramento. For information, contact Kathy Garcia at (916) 392-5006 or visit www.Zumbawithjules.com.

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Howling good fun during the month of October

Special to Land Park News

There is lots to do in the Sacramento area during the month of October...pumpkin patches, corn mazes, haunted houses, harvest festivals...the list goes on and on. Here are a few of the many fun options out there.

Boo at the Zoo

Celebrate Boo at the Zoo at the Sacramento Zoo on Oct.

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LAND PARK HOME TOUR GRACIOUS, CREATIVE

Story & Photos by SALLY KING
Land Park News writer
sally@valcomnews.com

Firehouse Station 5 and seven Land Park homeowners graciously welcomed guests into their homes on a cool, fall Sunday, Sept. 25.

Each home had distinct features and personal styles created by the homeowners.

A Spanish style home built in 1931 was the first home on the tour. Home owner Joan Riordan, who has a sister living in Tunisia, designed the custom cabinets in the master bedroom. She added a Tunisian motif. The bathroom was redesigned using rain forest marble. There was a colorful life size paper crane in the upstairs hall.

"Our family made most of the artwork displayed," Riordan said.

The second home was a traditional brick home, defining the Georgian style and was built in 1943. The master bath was remodeled using cherry cabinets and marble counters. Not unusual was the heated travertine flooring – but the toilet seat was heated too.

"This is my favorite room," said homeowner Iris Yang.

The third home was a 1946 cottage-style home. An interesting feature of this home was the guest bath floor, which was made out of pennies. The wooden floors throughout the home used recycled railroad ties from Thailand.

Home four was a 1941 cottage style. The large kitchen has custom organizers. A new Trex deck in the backyard leads to a Mexican style casita featuring colorful paper birds. The casita is used as a guest home and replaced the garage without disturbing gorgeous Dogwood trees.

Home five was originally a ranch style home from 1936. A second story was added in 1996, giving it more of a Mediterranean look. The owners, Mark and Maura Abrahams designed the remodel. The upstairs addition was designed as a self-contained one-bedroom unit for the future.

The sixth home on the tour was originally built in 1938 and has Art Deco styling. The kitchen features an authentic 1950's O'Keefe & Merritt stove, supplemented with a convection/microwave oven.

The seventh home was built in 1937. The owners designed the interior. The new U-shaped kitchen has red oak flooring that came from a Wisconsin sawmill owned by the homeowner's father. The wainscoting in the master bath was recycled from the old porch ceiling. The laundry room was redone using their old kitchen cabinets and they kept the original laundry sink.

The last home on the tour was Fire Station 5, located at Broadway and 8th Street. This firehouse was rebuilt in 2005 due to seismic issues. The original firehouse was on 9th Street between T and U. The kitchen has a Viking range and three refrigerators. Three shifts of firefighters rotate in and out of the dormitory. Each worker has his own bed and locker storage. A pole was added upstairs and the firefighters get to choose whether to go down the pole or the stairs when the bell rings.



St. Francis Water Polo undefeated, best in Northern California?

By PATRICK IBARRA
Land Park News writer
patrick@valcomnews.com

The St. Francis High School varsity water polo team should be the No. 1 team in all of Northern California. Technically, it isn't, but neither is anyone else.

After starting the season undefeated with a 14-0 record, including winning championships in its first two tournaments, the Troubadors feel they've earned the title as the best in Nor-Cal. Unfortunately, the title doesn't exist.

"We don't have an official ranking system (for Northern California)," St. Francis coach Chris Borasi said. "If you polled the coaches, they'd probably say we were No. 1. We've played two big tournaments and we've played and beaten most of the big teams in Northern California."

St. Francis knocked off elite competition recently, winning the St. Francis of Mountain View Tournament Sept. 9-10, beating Burlingame 17-1, Leland

'...as a team, we were able to pull it together at the last minute. It feels pretty great to be undefeated.'

**-Bryce Beckwith,
Team Co-Captain**

8-4, and St. Francis Mountain View 5-4, before beating Davis in the finals 6-3.

The tournament showcased Northern California's best teams, and St. Francis came out on top, earning a spirited victory over its rival Davis, who has topped the Troubadors in the Sac-Joaquin Section finals the past two years.

"We've had a great start; it's the best possible start you could imagine," Borasi said. "Fortunately, we beat some of the better teams. We've been fortunate to come out on top. We've been getting



Photo courtesy, St. Francis High School

GOAL! The St. Francis High School varsity water polo team is currently undefeated – and is considered the top team in Northern California.

good production from players on the team. I'm happy with how we've started."

The Troubadors also won the Woodcreek Invitational Sept. 24-25, using triple overtime in the championship match to stay undefeated.

"We came close to losing in our last tournament," Co-Captain Bryce Beckwith said. "But, as a team, we were able to pull it together at the last minute. It feels pretty great to be undefeated."

Beckwith is one of the reasons St. Francis has been so successful this season. She's the leading scorer on the team, often racking up most of the points in many matches.

"She's our biggest offensive threat," Borasi said. "She's had some games where she scored the majority of the goals and carried us offensively."

Beckwith and Co-Captain Brooke Vowell are playing their fourth year of varsity together, and are leading the team through another stellar season.

"My goal for the rest of the season is to continue to practice and play hard, and hopefully the rest will fall into place," Beckwith said. "It would be great to finish my last season with a perfect record. I believe our team is so special this year because our whole team is extremely dedicated."

"Our biggest team leader is Brooke," Borasi said. "This year her offense is the reason why we are winning tournaments instead of taking runner-up. She has maintained consistency on defense, and is carrying us on both sides."

The strength of St. Francis comes not from scoring, but from stopping the other team from doing so.

"Our biggest strength is on the defensive side of the ball," he said. "We are really tough to score on defensively. We are a defense-first team. Our goalkeeper Kat Menz has been fantastic this year."

That leaves room for improvement, though.

"We could always improve offensively," Borasi said. "Offensively, we've had just enough to win games. Right now we are working on getting as many players as we can to contribute to increase our depth for playoffs. We don't want to peak too early so we can play this well come playoff time."

The success so far is great, but it's not good enough for St. Francis yet, as the Troubadors have bigger sights set this season. St. Francis

See Water Polo, page 23

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Folsom Symphony presents a 'Light Out of the Darkness'

By SUSAN LAIRD
Land Park News editor
susan@valcomnews.com

As the days grow shorter, the Folsom Symphony opens its eighth season with an evening of unusual works by three masters, dedicated to bringing "Light Out of the Darkness."

Under the baton of Sacramento's Maestro Michael Neumann, the members of the symphony will present an evening of music that isn't heard every day by classical masters whose names are well recognized: Brahms, von Weber and Tchaikovsky.

Three pieces will be performed: the "Tragic Overture, Opus 81" (Brahms), the "Clarinet Concerto No. 1 in F minor, Op. 73" (von Weber) and the "Symphony No. 4 in F minor, Op. 36" (Tchaikovsky).

The "Tragic Overture, Opus 81" is an unusual piece in the body of work by Johannes Brahms (1833 - 1897). It is performed rarely. The two abrupt fortissimo chords that open the piece immediately told audiences in 1880 that this piece is an unusual one for Brahms. Usually, Brahms works open with a central theme. The "Tragic" does not. It is, rather, an exploration of the raw human emotions that can be evoked with music. Written as a companion piece to the "Academic Festival Overture" which was a collection of cheerful student songs, Brahms himself wrote, "one laughs, the other cries."

To put it another way, the "Tragic" takes audiences on a walk into the darkness. This music is intense, focused and moving.

Next on the evening's program is a gem of a composition for clarinet: the "Clarinet Concerto No. 1 in F minor, Op. 73" by Carl Maria von Weber. It was written for clarinetist Heinrich Bärmann, who

was much more famous than von Weber, in 1811.

The "Clarinet Concerto" is a sweet work that leads us closer to the light.

Clarinetist Charles Messersmith headlines with the Folsom Symphony in the performance of this work. A native Californian, he performs regularly with the Folsom Symphony. He has been featured as soloist with the Charleston Symphony on numerous occasions.

The concluding work of the evening, the "Symphony No. 4 in F minor, Op. 36" by Pyotr Ilyich Tchaikovsky (1840 - 1893). In a rather unusual step, the composer wrote a program about the music in this piece. Tchaikovsky wrote that the opening of the symphony was about Fate.

The theme of the first movement, according to Tchaikovsky, that "all life is an unbroken alternation of hard reality with swiftly passing dreams and visions of happiness ..." He went on: "No haven exists ... Drift upon that sea until it engulfs and submerges you in its depths."

The "Symphony No. 4" has been described as "loud," "savage," and "evocative." It received harsh criticism when it debuted in 1878. However, it remains one of the most popular pieces in the repertoire today.

"Light Out of the Darkness" promises to be uncommon and excellent in every way - a program in keeping with the Folsom Symphony's reputation as the premier orchestra of the Folsom Lake Region.

"Light Out of the Darkness" will be performed one evening only, on Saturday, Oct. 15 at 7:30 p.m. Three Stages on the campus of Folsom Lake College, located at 10 College Parkway - just off East Bidwell Street - in Folsom. For ticket information, call (916) 357-6718 or visit www.folsomsymphony.com.

12th annual Bonsai Show in McKinley Park

Special to Land Park News

The Capital City Bonsai Association will host its 12th annual Bonsai Show at the Sacramento Garden & Arts Center in McKinley Park on the weekend of Oct. 22 and Oct. 23.

Bonsai is the Japanese art of growing miniature trees in containers. The purposes of bonsai are primarily for contemplation for the viewer and the exercise of ingenuity for the grower.

The art form uses cultivation techniques to grow miniature trees. These techniques include pruning, root reduction, potting, defoliation and grafting to produce small trees that mimic the shape and style of mature, full-size trees.

There will be demonstrations on both days at 1:30 p.m. The Bonsai Show will be open from 10 a.m. to 5 p.m. on Saturday, Oct. 22 and from 10 a.m. to 4 p.m. on Sunday, Oct. 23. Benefit drawings, vendors and refreshments will be available, also.

The Sacramento Garden & Arts Center is located in McKinley Park at 3330 McKinley Boulevard in Sacramento.



Photo courtesy

TREE ART. Bonsai is the Japanese art of growing miniature trees. This art form may be thousands of years old. Learn more at the Capital City Bonsai Associations annual Bonsai Show on Oct. 22-23.

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Water Polo: St. Francis varsity team focused on NorCal Championship

Continued from page 20

will meet rival Davis again on Oct. 12 at Jesuit High School, and the section playoffs start in November. Both are the focus of the rest of the year.

"We will both go (to the playoffs)," Borasi said of St. Francis and Davis, who have competed for the section title eight out

of the last nine years. "We finished second the last two years. I'm 3-3 with Davis in the six years I've been here."

"Our main rival is Davis," Beckwith echoed. "It is always such a great opportunity to play them. We look forward to playing them in the section final."

The season is at the midway point, with big matches still to come, but none can argue St. Francis has made a name for itself in the water once again, No. 1 ranking or not.

"Our goal every year is to win our league," Borasi said. "Right now we are 2-0 in league. Then there's the NorCal Championship tourney at

the end of October. We'd like to win that. We'd like to win sections. We hope to obtain that this year."

But Borasi has even one more goal in mind, one he finds just as important.

"Hopefully, we can provide the opportunity to send some girls to college to play water polo," he said.

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Faces and places

Runners mooove it at 7th annual Urban Cow Half Marathon

Photos by STEPHEN CROWLEY
Land Park News photographer
stephen@valcomnews.com

The day dawned crisp and cool for the annual running of... the humans at the 7th annual Urban Cow Half Marathon in Sacramento on Sunday, Oct. 2.

The event included a half marathon, a half marathon relay and a no-boundaries 5K fun run and walk. Nearly 6,000 people participated.

Runners came from throughout the region to participate on the new USDA prime course, which started in William Land Park, and ran through grassy meadows under treetop canopies, through Old Sacramento and back to finish at the park.

Runners and relay teams had a four hour time limit...or until the cows came home.



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was a
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OCT 5 - 30, 2011

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By Richard Allieri

It's
Driving Miss Daisy,
meets
Tuesdays with Morrie,
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NOV 9 - DEC 18, 2011

Ruthless!

Book and Lyrics by Joel Paley
Music by Marvin Laird

From the director of
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A hilarious spoof
of All About Eve,
Gypsy,
& The Bad Seed

**Murder has
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JAN 11 - FEB 19, 2012

Dial M for Murder

By Frederick Knott

"As you can see,
the best way to do it
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Before it was
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Hitchcock loved it
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FEB 29 - MAR 25, 2012

Barrymore

By William Luce

Drew survived
the family curse;
her Grandfather
wasn't so lucky!

A one-man tour-de-force
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The Belle of Amherst.



MAR 28 - MAY 6, 2012

LITTLE SHOP OF HORRORS

Book and Lyrics by Howard Ashman
Music by Alan Menken

The tale of a
downtown florist
with a
very unusual
plant.

Based on the
Roger Corman
cult-classic,
this Broadway hit
is a dark comedy
delight.

APR 25 - MAY 20, 2012

For the holidays, STC presents:

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A Christmas Carol

Adapted by Richard Bellesen
Music by David De Berry
NOV 30 - DEC 24, 2011

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CALENDAR

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www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

ONGOING

Gardens and Grandeur: Porcelains and Paintings by Franz A. Bischoff

Through Oct. 23: After beginning his career as a china painter in Bavaria, Franz A. Bischoff immigrated to the United States in 1885 to become one of the foremost porcelain painters of his day. He won numerous awards and earned the title "King of the Rose Painters." "Gardens and Grandeur" features approximately 40 examples of Bischoff's work, including porcelains, still lifes, and landscapes. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

'Bingo: the Musical'

Through Jan. 8, 2012: Everybody gets to join in the fun at this musical. Call for times, prices. The Cosmopolitan Cabaret, 10th and K streets., Sac. (916) 557-1999 www.CosmopolitanCabaret.com

OCTOBER

Bilingual Toastmasters

Oct. 13, 20, 27: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/ Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentotoastmasters.com

Bingo!

Oct. 13, 20, 27: Enjoy a great local charity game of bingo every Thurs. night at 6:30 p.m. Benefits projects in the community. Early bird for \$5, Regular game buy-in of \$20. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 422-6666

Florin Sears Store Farmer's Market

Oct. 13, 20, 27: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

Food Addicts Anonymous

Oct. 13, 20, 27: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Living Positive with Chronic

Disease group

Oct. 13, 20, 27: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

Rotary Club of Pocket/Greenhaven

Oct. 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freepoint Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Downtown Plaza Farmer's Market

Oct. 6, 13, 20, 27: Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

Sutterville Heights Optimist Club

Oct. 13, 20, 27: Come enjoy community speakers and community projects for youth. 12 noon, every Thurs. Golden Corral, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

Ballroom Dances

Oct. 14, 18, 21, 25, 28: Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.-3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

Kiwanis Club of East Sacramento-Midtown

Oct. 14, 21, 28: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.east-sacmidtownkiwanis.com

Rotary Club of Point West

Oct. 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. DoubleTree Hotel, 2001 Point West Way., Sac. www.pointwestrotary.com

Soroptimists of Sacramento

Oct. 14, 21, 28: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

Country Club Plaza Farmer's Market

Oct. 15, 22, 29: Country Club Plaza Farmer's Market. Every Saturday, year round. 8 a.m.-noon. Watt & El Camino, Butano Dr. parking lot, Sac. www.california-grown.com

Food Addicts Anonymous

Oct. 15, 22, 29: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Carmichael Farmer's Market

Oct. 16, 23, 30: Carmichael Farmer's Market. 8 a.m.-1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneysmartusa.org

Co-Dependents Anonymous

Oct. 16, 23, 30: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.



Kids' Tickets \$10!

One (1) adult ticket purchase required for every four (4) kids' tickets purchased. Excludes Front Row and VIP seats. No double discounts. Additional fees may apply.

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Chinese Community Church 28th Annual

Fall Fellowship and Food Festival



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