THE LAND PARK NEWS

November 10, 2011

Community News in Your Hands

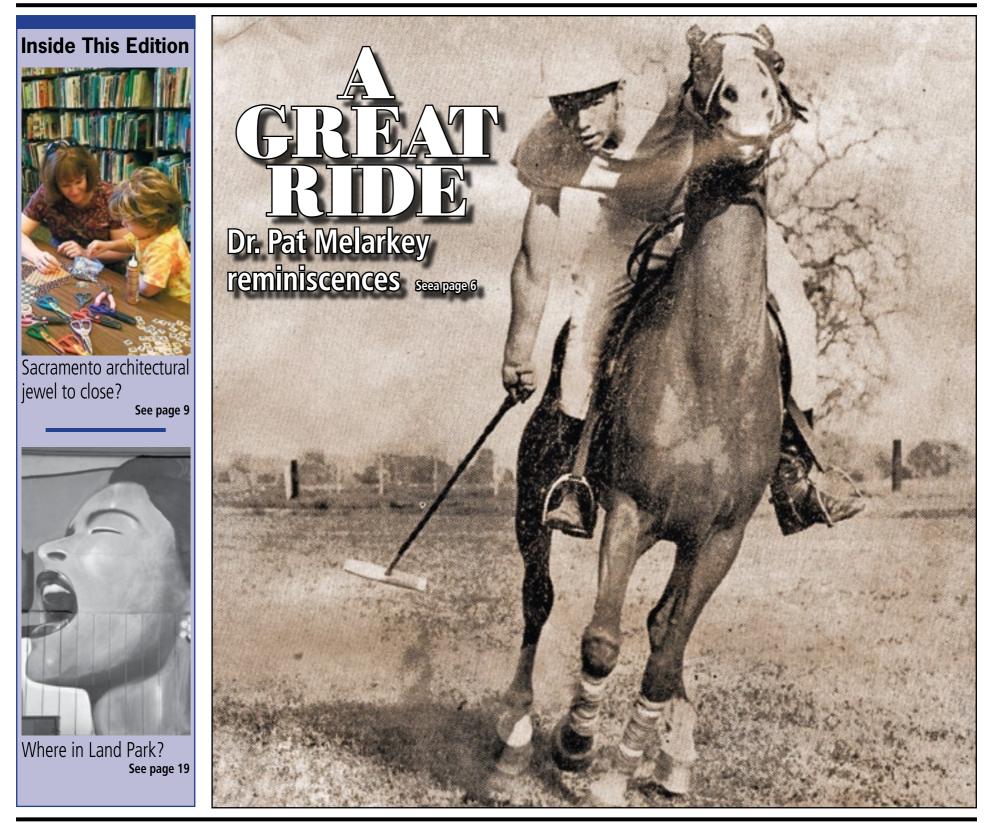
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Sacramento baseball memories

'Thoroughly Modern Millie' at St.Francis High

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COMMUNITY CALENDAR, PAGES 23-27 • KNOW YOUR NEIGHBOR, PAGE 6 • FACES AND PLACES, PAGE 19





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THE LAND PARK NEWS

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2 The Land Park News • November 10, 2011 • www.valcomnews.com Eyebrow

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'Thoroughly Modern Millie' to open at St. Francis High

Special to Land Park News

This fall St. Francis High School presents *Thoroughly Modern Millie*, a highspirited musical romp that has all of New York dancing the Charleston.

Taking place in New York City in 1922, *Thoroughly Modern Millie* tells the story of young Millie Dillmount, who has just moved to the city in search of a new life for herself. It's a New York full of intrigue and jazz – a time when women were entering the workforce and the rules of love and social behavior were changing forever.

Based on the popular movie, the stage version of *Thoroughly Modern*

Millie includes a full score of new songs and bright dance numbers. Filled with frisky flappers, dashing leading men and a dragon-lady of a villainess audiences will love to hate, Thoroughly Modern Millie is a perfectly constructed evening of madcap merriment.

Thoroughly Modern Millie runs through Nov. 13. Performances are Friday, Nov. 11 at 7:30 p.m. and Saturday, Nov. 12 at 1:30 p.m. (matinee) and 7:30 p.m. Tickets are \$10 to \$15. Visit www. ticketguys.com/stfrancis.

St. Francis High School is located at 5900 Elvas Avenue in Sacramento.



Photo courtesy, Mark Coverdale Photograph, UNFLAPPABLE. Caroline Mixon, '15, is cast in the role of Mille Dillmount in the St. Francis High School production of Thoroughly Modern Millie.

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OVER 30,000 friends, family members, neighbors and visitors will get up early Thanksgiving morning to get a little exercise, help others and share the joy of community at the 18th annual Run to Feed the Hungry. It's one of the biggest "happenings" in the region. Even "Elvis" shows up on Elvas Avenue.

Sacramento Food Bank & Family Services gearing up for Thanksgiving

Special to Land Park News

The Sacramento Food Bank & Family Services (SFBFS) is preparing for the busiest Thanksgiving season in the organization's history. From donating turkeys to jogging through town, Sacramento residents can help families in need this holiday season. The food bank serves residents throughout Sacramento county, including local neighborhoods such as Land Park.

Turkey Drive

The annual Turkey Drive for families will be on Nov. 18, from 4:30 a.m. to 7 p.m. The goal this year is 8,000 frozen turkeys.

Members of the community are encouraged to drop off a frozen turkey or packaged side dishes to help the food bank meet this year's goal. In 2010, local residents donated 7,053 turkeys to this worthy cause. This year, the need in our community is even greater.

This effort will help the food bank to provide the ingredients for a holiday meal for thousands of local families. Representatives from Papa Murphy's, Wells Fargo and SaveMart will be on hand to thank donors and unload turkeys. This event is all day.

Bring turkeys and packaged side dishes to the SFFBS Oak Park facility at 333 Third Ave. (near 34th St. and Broadway), Friday, Nov. 18 from 4:30 a.m. to 7 p.m.

Turkey Distribution – one day only

Holiday ingredients including a turkey and all of the wonderful Thanksgiving trimmings will be distributed to families in need on Monday, Nov. 21 starting at 8 a.m. and going until the turkeys run out (likely in the late afternoon).

For Thanksgiving, SFBFS would like to see every family celebrate the holiday together with a meal. Several thousand families are expected to arrive for this one-day distribution. Volunteers from PG&E will be on hand to help distribute items.

SFBFS does not provide a hot meal on Thanksgiving Day.

Please note, for the first time in several years, SFBFS will distribute turkeys in **one day** instead of two. Help spread the word to families in need that instead of two days of morning-only distribution, SFBFS will offer longer distribution hours for working families on Monday.

SFBFS will not offer a turkey distribution on Tuesday.

Turkeys will be distributed at the SFFBS Oak Park facility at 333 Third Ave. (near 34th St. and Broadway).

Run to Feed the Hungry

Celebrate one of Sacramento's greatest traditions by participating in the 18th annual Run to Feed the Hungry on Thanksgiving Day, Nov. 24.

A 5K and 10K course are available for participants of all ages and abilities. A turnout of 30,000 people is expected on Thanksgiving morning, so get there early. Individuals can sign up to participate, volunteer or join a team at www.runtofeedthehungry.com.

The fun begins at 8:30 a.m. and concludes at approximately 11 a.m. Meet at Sacramento State's J Street entrance for the start of the run/walk. For more information about SFBFS, www. sacramentofoodbank.org.

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Know your neighbor **Dr. Pat Melarkey shares his Sacramento memories**

By LANCE ARMSTRONG Land Park News writer lance@valcomnews.com

Editor's Note: This is part one of a twopart series regarding the local experiences of Sacramento native Dr. Pat Melarkey.

Dr. Pat Melarkey, who will celebrate his 80th birthday next week, is known by many people in the Sacramento area, which includes a part of the city he knows extremely well – the Land Park area.

Having grown up just east of Land Park at 2431 U St. and attended high school and operated businesses in the general area, Pat took a special interest when he was recently approached about sharing memories about his life with The Land Park News.

Many locals are knowledgeable about Pat's background as a dentist, former county supervisor, mayoral candidate and restaurant and nightclub owner. But far fewer residents of the area are familiar with the earlier activities of this Sacramento native.

Pat grew up in a middle class family with his parents, Edward, a native of Dutch Flat and a car inspector for the Southern Pacif-ic Company, and Eunice, a native of Michigan Bluff, and his sisters, Barbara Jane and Margaret Ann.

Like many longtime Sacramentans, Pat, while being raised in the

capital city, enjoyed a variety of local activities.

We would go to the Tower and the Alhambra (theaters) - 10 cents every Saturday - and the State Fair (on Stockton Boulevard), which was very popular," Pat said. "And, of course, being Catholic, there were a lot of Catholic (activities). (The Catholics) had their own league in athletics, and athletics were a big thing."

During his grammar school years at Immaculate Conception Parish School at 3230 Broadway, Pat excelled in both basketball as a forward and baseball as a shortstop.

And after graduating from grammar school, he attended Christian Brothers High School, when it was located at 21st Street and Broadway.

Although Pat played basketball and baseball at Christian Brothers, where he graduated in 1949, he opted to abandon baseball during his senior year of high school in order to better focus on polo - a sport in which he experienced much success.

All one has to do is research a few newspaper articles from Pat's polo playing days in the 1940s and 1950s to understand what Pat means by his words: "I guess I was very good (at polo)."

One of the most impressive of these articles was published in The Sacramento Bee on Dec. 29, 1947 and featured the headline, "Sacramento youth is hailed as 'find' by polo enthusiasts."



DR. PAT MELARKEY, shown in this recent photograph, holds a 1972 campaign poster from the days when he ran for county supervisor for District 2.

Included in the article, which focused on Pat, who was president of the Sacramento Junior Polo Club, were the following words: "Since the end of World War II, the sport of polo has been making a comeback in Sacramento and keeping abreast of the pace is 16-year-old Pat Melarkey. (Pat) is being hailed as a future polo star of the first magnitude."

In addition to playing on a Sacramento team, Pat played for the late Willie Tevis, the perennial sponsor of polo in Golden Gate Park and the inventor of the annual Tevis Ride - the 100-mile endurance horse ride in Placer County – and another sponsor, the late Vic Graber of Crescent Jewelers.

Pat said that considering that in polo "you have eight horses running up and down," one of his more impressive feats was never getting hurt during the about 15 years that he was playing the sport.

In addition to his success in polo and basketball - Pat was an all-city

See Malarkey, page 7



3 bedrooms, office and 2 bathrooms, living room with original woodworking around the fireplace, wood floors, dining room, family room, downstairs bedroom and bath and spacious master bedroom,

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Melarkey: Hailed in 1947 as polo player of 'first magnitude'

Continued from page 6

basketball star at Christian Brothers High – he also was a notable broad jumper (long jumper) during his time attending St. Mary's University in San Antonio, Texas from 1952 to 1953.

Following his time at St. Mary's, Pat joined the Air Force and completed 22 months of pilot training.

Pat continued his education at Sacramento State College – the former name of the current California State University, Sacramento – where he was among the first students on the then-new/now current campus. He graduated from the school with a bachelor's degree in biology in the spring of 1957.

After graduating from Sacramento State, Pat attended Creighton University Dental School, a Jesuit college in Omaha, Neb.

Four years after entering Creighton, where he served as the president of his senior class, Pat returned to his hometown and worked as a staff dentist at the old Sacramento County Hospital.

But after a year at the hospital, he began his own private practice at 2215 16th St., where Ming Business Center presently operates, adjacent to the Arco AM/PM mini mart and gas station.

In 1975, Pat opened a new clinic at 2650 21st St., near St. Joseph's Cemetery.

Pat said that the clinic was a unique place for its time.

"It was the first of the modern group practice, where the doctors shared everything that was comfortable and practical to keep their overhead down," Pat said.

The site featured spaces for eight general practitioners and later expanded to include four specialists.

Pat is not presently working "at the chair" – as they say in dentistry – but he instead spends time as a consultant for several large group practices and medical clinics, including the Midtown Medical Center for Children and Families at 3701 J St.

Having grown up around politics, Pat was a natural to step into the political world himself, he explained.

"My mother worked on every election board," Pat said.

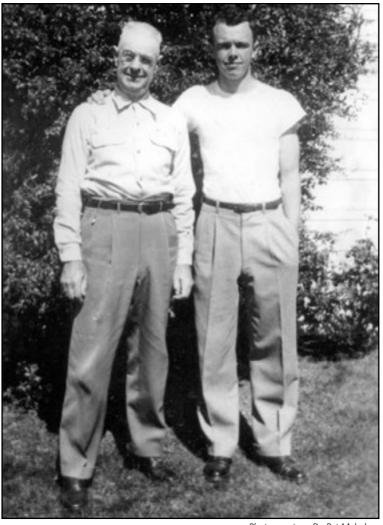


Photo courtesy, Dr. Pat Melarkey FAMILY TIES. Pat Melarkey stands alongside his father, Edward Melarkey, in this 1953 photograph.

"I remember when I was six or seven years old going up to the garages where the election polls were. My mother was very political and always voted for Roosevelt and if his name wasn't there, she wrote it in. She was very serious about voting and paying her taxes and participating fully in the American dream.

My parents were very close with the American Legion and people like Frank Seymour (who eventually had a 49.6-acre park named after him in the Pocket area), and supporting candidates. They discussed and voted. And my cousin (Bobby Carr) was the mayor of Nevada City."



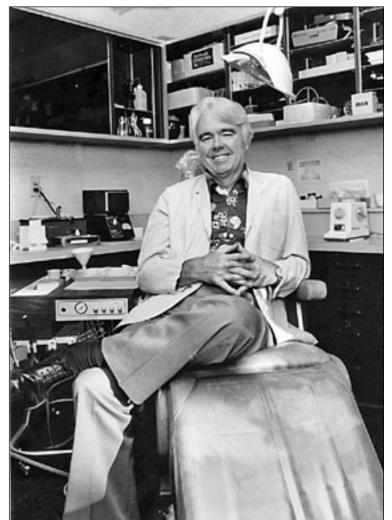


Photo courtesy, Dr. Pat Melarkey COMMUNITY DENTIST. Dr. Pat Melarkey relaxes in his 16th Street dental office in this 1977 photograph.



Fairytale Town to host food drive/free admission day on Nov. 25

Special to Land Park News

Fairytale Town in William Land Park is offering free admission to families who bring a canned or packaged good for donation on Friday, Nov. 25 the day after Thenkerining

the day after Thanksgiving.

Fairytale Town is serving as a donation site for the Sacramento Food Bank & Family Services: Holiday Spirit of Giving Food Drive.

Activities in the park will include a hands-on activity for children and puppet shows in the Children's Theater (for a nominal fee).

Families can spend a few leisurely hours in the crisp winter air and let the hustle and bustle of the season pass them by.

Let the imagination run wild around the 25 oversized storybook playsets and exhibits. Say "Hello" to Fairytale Town's newest residents: the three little piglets...and the many other barnyard animals.

Parents, grandparents and children alike can explore the Crooked Mile, King Arthur's Castle, Cinderella's Pumpkin Coach, Sherwood Forest and the Yellow Brick Road.

The Free Admission Day at Fairytale Town is Friday, Nov. 25 from 10 a.m. to 4 p.m. (weather permitting). Fairytale Town is located at 3901 Land Park Drive, in Sacramento's beautiful William Land Park – right across from the Sacramento Zoo.

For more information, call (916) 808-7462. Also visit www. fairytaletown.org.



FOOD FOR FAMILIES. Fairytale Town is offering free admission to families who bring a canned or packaged good for donation on Friday, Nov. 25. Donations will benefit the Sacramento Food Bank & Family Services.



Sacramento turns out for bittersweet anniversary party at Clunie Center

By CORRIE PELC Land Park News writer corrie@valcomnews.com

Hundreds of Sacramento residents, library patrons, and community members descended upon the Clunie Center and its housed McKinley Library on Sunday, Oct. 23 to celebrate the 75th anniversary of their opening to the public.

"At the end of the day, we were trying to figure out how many people showed up – I thought about 700 and other people thought about 1,000 throughout the day," said Claudia Bordin, event chairperson for the McKinley East Sacramento Neighborhood As-sociation (MENA). "We had way more people than we ever expected show up - we thought (we would have) about 300, and we had double or triple that show up."

Classic cars, including a 1929 Pierce Arrow convertible coupe and 1941 Ford half-ton pickup, studded the front lawn leading to the Clunie Center.

It was standing room only during the hour-long talk on East Sacramento and Midtown, McKinley Park, Clunie Center, and McKinley Library given by historians and authors Bill Mahon and Amanda Graham.

The delightful giggles of children echoed from the McKinley Library, as they took part in arts and crafts and magic tricks courtesy of Penny the Clown.

bodies from start to finish, as attendees browsed works of art created that very morning by plein-air artists, noshed on cupcakes and root beer floats, and then worked the calories off to the big band sounds of the Swingmasters.

'We had something for everybody – I can't imagine someone coming and not having something to enjoy," commented Anita Clevenger, president of Friends of McKinley Library.

Arts and crafts were a big hit for the family of East Sacramento resident Melissa Cooper, who decided to attend the celebration after hearing about it in East Sacramento News.

"The kids really liked the Scrabble art where they got to make a necklace or bracelet out of the Scrabble squares," she said. "They liked 'bedazzling' it."

The event also drew attendees from all over Sacramento. Midtown Sacramento resident James Booker and his daughter came to support the event as frequent McKinley Library patrons.

"We use the library a lot - my daughter goes to Sutter (Middle School), so she comes here almost every day," Booker said. "I like the atmosphere of the library - it seems to always have what we need and if they don't have it, they always help us get what we need.'

Sadly, there may be a day coming when Booker and his daughter will not be able to visit their favorite library branch.



PUTTING IT ALL TOGETHER. McKinley Librarian Bridget Bagne, left, shows Sacramento resident Melissa Cooper, center, and her son, Quinn, righ), how to make a necklace or bracelet with Scrabble pieces.

According to Bordin, due to city financial cutbacks the Clunie is slated to close and is currently open in a limited capacity. "I think this is the first time in its history that (the Clunie) is being faced with closure, so it was a very bittersweet celebration that we have such a neat vintage building built in 1936, and now in 2011 we're looking at closing it due to a lack of funding.

Clevenger feels there is a lot of denial by the East community Sacramento

closure.

'It just seems impossible that a facility like that

about the potential Clunie would be shuttered, but we're in tough economic

See City Jewel, page 10



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And the Clunie Center's auditorium was a mass of





DANCING THE DAY AWAY. Attendees at the 75th anniversary celebration enjoy the sounds of the Swingmasters



SPEAKING TO A FULL HOUSE. Friends of McKinley Library President Anita Clevenger, left, introduces historians and authors Amanda Graham, center, and Bill Mahon, right, to attendees.

City Jewel: Celebration overshadowed by possible Clunie Center closure

times and I believe if there is not some sort of nonprofit community-based effort to keep the Clunie going, it will be closed."

To help keep the Clunie from shuttering its doors, Clevenger said the nonprofit Friends of East Sacramento have submitted a proposal with endorsement from a variety of community groups to take over management of the Clunie Center.

"The Friends of McKinley Library have endorsed their proposal because, honestly, there is not anything else going on that

would allow the clubhouse to continue as the City has said there would be no more funding at the end of the fiscal year," Clevenger said. "They are already cut back to three days a week. So the only thing we see happening that would al-low the clubhouse to stay open is this proposal. And because our primary concern is the library continuing to operate, we feel that we need to be behind that and we are."

Bordin said that saving the Clunie Center is also a top priority for MENA. In fact, part of the proceeds

from the sale of art during the plein-air art portion of the event benefited MENA and its programs, such as their efforts to keep the Clunie open. Bordin hopes events like the anniversary celebration will help community members get to know the building more and see its possibilities.

"I think for a lot of people (at the anniversary event) they don't come (to the Clunie) on an ongoing basis and they don't know that it's even there or what it looks like inside – they just drive by it," Bordin said. "So it was

a good eye-opening event as far as getting in front of the public."

Bordin also feels the Clunie is currently underutilized. She believes the facility has great potential to host a variety of events, including everything from dances to weddings.

"We need to create a nice marketing campaign and get it out in front of the public that we have this great venue that you can rent for your event," she added.

When asked about the potential closure of the Clunie, East Sacramento resident Cooper was sad at the prospect of losing some of ĥer family's favorite annual activities like the Easter pancake breakfast and other activity options.

"It's unfortunate that the City can't find the general funds to keep the community center open,' Cooper said. "Hopefully, they'll be able to work something out in the budget process to keep it open. It would be very sad for the community if we didn't have it any longer."

However, Cooper was happy to hear the Sacramento community was stepping forward to try to take over management of the Clunie.

That would be a very 2000 thing to do for a community partner-ship to partner up with a nonprofit organization to protect the building," she said. "That would be nice.'



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'Paws to Read' at Cooledge Library

Special to Land Park News

Paws to Read is a fun and proven method for boosting a child's reading skills by reading to a trained therapy dog and adult volunteer.

Children ages 5 to 12 may bring their own books to read to these furry friends, or they may borrow a book from the library's collection. Come to the library's children's area for this wonderful program on Tuesday, Nov. 22 from 6:30 p.m. to 7:30 p.m. The Belle Cooledge Li-

The Belle Cooledge Library is located at 5600 South Land Park in Sacramento. For more information, call (916) 264-2700 or visit www.saclibrary.org.



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429-9901

Land Park businesses to host 'Open House' events

By SALLY KING Land Park News writer sally@valcomnews.com

Several Land Park businesses on Riverside Boulevard will host "Fall Open Houses" on Saturday, Nov. 12 and Saturday, Nov. 19.

The Saturday, Nov. 12 event will be held on the 3200 block of Riverside Boulevard, from 10 a.m. to 4 p.m. There will be music, games, face painting, and treats for dogs and much more for folks to enjoy.

The Saturday, Nov. 19 event will be held at Images Salon & Spa, which is located at 3175 Riverside Boulevard, from 9 a.m. to 5 p.m. There will be refreshments, and representatives on hand to answer questions about Images' services and products. Special raffles will be held throughout the day. Admission to both events is free.

3200 Block Open House

Trezhers owner, Ilene Combs said the idea for this "Open House" started out with her desire to celebrate the one-year anniversary of her gift store. When she shared this idea with the other business owners, they wanted to be a part of it.

All of the business owners agreed this event is a way for them to welcome local Land Park neighbors to come and see what they are about and a way to thank all of the loyal customers who enjoy supporting them.

Nancy Yilk, owner of Optimum Health really wanted to participate in this event because, she said, this is a

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LOCAL LAND PARK business owners will host a "Fall Open House" on Nov. 12 from 10 a.m. to 4 p.m.

neighborhood where people really want to live.

"We have wonderfully vibrant businesses and some of it is because of the neighborhood," Yilk said. "We have people that love supporting the local business."

Yilk said the "Open House" provides a way to enjoy spending time with neighbors before the busy season begins. She said if it is successful, they are thinking about making it an annual event and doing it again in the spring, and including more Land Park businesses.

"Just take a walk, bring the dogs, get the kids on

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Tuesdays

the bikes and come and visit, Yilk said. "This is a chance to become familiar with us and for those that already shop here, this is a day for us to say thank you."

Gym Director Annette Rivera of Planet Gymnastics said they are opening their facility to the public from 12:30 p.m. to 3:30 p.m. Parents are not allowed on the equipment, but can walk through with their children. Children over the age of three can jump on the trampoline, swing on the bars and run through the pit. Children three and under may visit the smaller gym. The Tai kwon do teacher and ballet teachers will be available to answer questions about their programs.

Jan Homdus, owner of the Mother Goose store, said she is putting some things out for people to experience their inner child, for children and for adults who don't get out to play very much. There will be face painting and kids can play with the tin toys. Homdus said she specializes in items that prompt kids to use their imaginations, to

See Open House, page 13



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Open House: Local businesses 'all about the community'

Continued from page 12

be able to create things and explore.

Bill Trainor, who owns Bill Trainor Music said he is having students play the violin, ukulele and fiddle at the "Open House" and he will be offering instant violin and ukulele lessons and providing the instruments. "Come by and say hello,"

Trainor said. "I always give the first lesson for free and I provide the instrument, so there is no commitment. Play the ukulele or the violin and find out if it's going to work for you."

Trainor said he is also providing crafts and painting

Tyler Humphries owns Land Bark Pet Supplies.

"I chose this area for my business for a reason," Humphries said. "My grandparents grew up on my mom grew up."

Humphries said he attended Cal Middle School and McClatchy High School, and played in Little League here in the neighborhood. He said he knew this was the type of neighborhood that would support a business like his.

"This is a neighborhood that needs and wants the products I carry," Humphries said. "Being conveniently located makes this store successful."

'We are having a large cat tree sale at the 'Open House,' where all trees are 40 percent off," Humphries said. Humphries said he is providing cookies and bottled water. There will be free pet samples and products to try. Oleg Kachanov, owner

the Sacramento Coin Shop

7th Avenue, and it's where said he is helping with the set up for the event.

Images Open House

Images Salon & Spa is an upscale salon that has been in business since 1999.

"Our open house is a customer appreciation event throughout the neighbor-hood," Terri Lynne, manhood," Terri Lynne, man-ager. "We want to extend a warm welcome to new friends as well. Every year we like to help our neighbors get into the holiday spirit."

'We really get into the community," said Mary Polster, owner of Images. "We just finished participating in 'Boo in the Zoo,' and the 'Crocker Riverside School Jog-a-thon' and there are more events planned for the future."



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'Check Before You Burn' starts in November in Sacramento County and its cities

Special to Land Park News

The fifth season of the Sacramento Metropolitan Air Quality Management District's "Check Before You Burn" program started Nov. 1 and runs through Feb. 29. Residential wood burning will be restricted or prohibited on days when fine particle pollution is forecast to be high. The law is in effect in Sacramento County and its cities of Citrus Heights, Elk Grove, Folsom, Galt, Isleton, Rancho Cordova and Sacramento. Residents are required to "Check Before You Burn."

The District will restrict or prohibit the use of indoor



1809 CAPITOL AVENUE 916.444.2566 THEPRESSBISTRO.COM and outdoor fireplaces and wood stoves, and fire pits and chimineas that burn wood, pellets, manufactured logs or any other solid fuel to keep fine particle pollution down. A voluntary request to discourage burning will be issued when air pollution levels are on the rise.

Check Before You Burn categories: Stage 2 – All Burning Pro-

All Burning Prohibited
All burning is prohibited in

 All burning is prohibited in any device when fine particle pollution is forecast to exceed 35 micrograms per cubic meter. It is illegal to burn any solid fuel, including wood, manufactured logs and pellets.

Stage 1 – No Burn – Unless Exempt

• It is illegal to burn when fine particle pollution is forecast to be 32-35 micrograms per cubic meter *unless* EPA certified fireplace inserts or stoves, or pellet stoves are used.

Burning Discouraged – Voluntary

• Burning is discouraged when fine particle pollution

is forecast to be 26-31 micrograms per cubic meter. The AQMD asks you to voluntarily choose not to burn.

Legal to Burn

• When the forecast is 25 micrograms per cubic meter or lower then it is legal to burn and the use of manufactured fire logs is acceptable at this level. If you choose to burn please follow clean burning techniques in order to burn as cleanly as possible.

Exemptions:

The following exemptions apply to both Stage 1 and Stage 2 categories:

- Homes where wood burning is the sole source of heat;
- Financial hardship waiver approved by the Air Pollution Control Officer. The waiver must be renewed each burn season;
- Devices that operate exclusively with natural gas or propane;
- Cooking devices;
- Ceremonial fires related to specific religious activities.

Enforcement:

Enforcement will be through complaints (800) 880-9025 and sightings of visible smoke by Air District enforcement staff. First time violations will result in a \$50 fine or a requirement to complete and pass a wood smoke awareness course. Fines for subsequent violations are higher.

Check Before You Burn:

- 1.1 (877) NO-BURN-5 (1-877-662-8765)
- Visit www.AirQuality.org
 Subscribe to Air Alert at www.SpareTheAir.com and check the Daily Air Quality Forecast box to receive a daily email
- 4. Check the *Sacramento Bee's* weather page located on the back of the "Our Region" section
- 5.Listen to television and radio weather forecasts
- 6.Follow us at twitter.com/ aqmd

Residents can visit www. AirQuality.org or call (916) 874-4800 for more information.

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Our secure, gated community of 3.5 acres is situated on beautifully landscaped grounds! We provide Residential, Respite and Day Club services for people with Alzheimer's disease and related forms of memory loss.

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Veterans History Project celebrates 8 years of collecting war stories from local vets

Special to Land Park News

The Veterans History Project's (VHP) of Sacramento County will celebrate its eighth year of collecting veterans' wartime service stories. With Veterans Day falling on Nov. 11, veterans are reminded and encouraged to participate in this important program.

The Veterans History Project is part of a national effort to collect, record, and preserve the first-person accounts of veterans and those who loved and supported them. Sacramento County's Department of Human Assistance Retired and Senior Volunteer Program (RSVP), in partnership with the Library of Congress American Folklife Center, has conducted more than 450 interviews since 2003.

Sacramento's VHP is one of the special projects completely run by RSVP Volunteers. All the interviewers are veterans and have shared their own military experiences with the project as well as recruited other veterans to share their stories.

RSVP invites local veterans to participate by calling (916) 875-4460 to schedule an appointment for videotaping. Veterans are also encouraged to bring their personal mementos such as medals, ribbons, documents and photographs. More than 450 veteran stories have been saved in the Library of Congress since 2003.

For more information about the Veterans History Project, contact Gail Hoberman, Veterans History Project Coordinator, at (916) 875-4459 or visit http://dhaweb.saccounty.net/Veterans/veteransHistoryProject.htm.

You've Been Flocked! Be a part of Greater Sac American Association of Zoo Keepers (AAZK) fun, new fundraiser

For a \$40 donation, the Migration Management Team will release a flock of plastic flamingos onto the lawn of your intended recipient. They arrive under the cover of darkness and surprise your friends in the morning! They typically roost for 48 hours and then move along their migratory path. A large greeting sign, personalized message from you



and an information packet are included. Flocks are not available to roost at apartment complexes, condos, gated communities or businesses.



Contact our Migration Manager for more details or to sign up for your flocking today!

Kat Richmond • **krichmond@saczoo.org** Visit www.saczoo.org/AAZK to find out more about our upcoming events and fundraisers!



2644 17th Street



Valley Community Newspapers, Inc.

Historic City Cemetery to offer rose pruning class

Special to Land Park News

As the chill of winter approaches, so does the time to prune the rose garden.

The Sacramento area provides a very mild climate for growing these perennial beauties. They benefit greatly from an annual pruning and fertilizing. Good pruning can result in larger stalks and bigger blooms in the spring and summer months.

Historic Rose Garden volunteers and propagators will conduct a hands-on rose pruning class on Saturday, Dec.3, from 10 a.m. to noon. Participants will learn the art of rose pruning using techniques for various types of roses, with information on tools, gloves, fertilizer and more.

The rose pruning class is free to all, but donations to benefit the cemetery will be gratefully accepted for restoration and preservation of the rose garden.

The Sacramento Historic Cemetery is located at 1000 Broadway in Sacramento. Parking is located across the street from the 10th Street gate entrance.

For more information, call (916) 264-7839 or (916) 448-0811.



Photo courtesy, Sacramento Historic City Cemeter

LARGE SUMMER BLOOMS and stronger stalks are the rewards to the gardener who prunes during the winter months. The Sacramento Historic City Cemetery will offer a free rose pruning class on Dec. 3 from 10 a.m. to noon. Donations to benefit the rose garden will be gratefully accepted.

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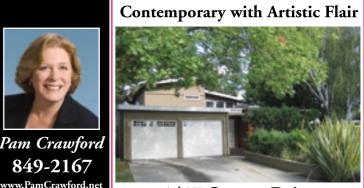
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Valley Community Newspapers, Inc.

Faces and places Land Park 'Mysteries'

Photos by STEPHEN CROWLEY Land Park News photographer stephen@valcomnews.com

There are lots of interesting things to do in the Land Park area...and just as many interesting things to see.

Can you figure out where these places are, from just a small snap-shot?

Answers are on page 27.

'Baseball gang' fondly remembers the days of old

By LANCE ARMSTRONG Land Park News writer lance@valcomnews.com

Editor's note: This is part two of a two-part series highlighting local baseball players who live in the publishing area of Valley Community Newspapers. Read the first part of this story at www.valcomnews.com.

The Noah's Bagels Baseball Gang, as described in part one of this series, meets weekly at Noah's Bagels in Town and Country Village and features a variety of local baseball players of the past.

Below are the names and memories of some of these former players.

Walt Fitzpatrick: "I grew up in Napa and I went to California Concordia College (in Oakland), which is really a combination of high school and college. I played baseball there from 1949 to 1953. My mom (Elsie Fitzpatrick) moved (to Sacramento) in 1949 and I played here in the summers of 1949, 1950 and 1951 in the 100-pound league. That's when I met most of these guys (in the group). I wanted to play for Southside Legion, but I didn't go to Christian Brothers (High School). I played on the Bill Irwin team down in Oakland and the Sacramento Solons Rookies in 1952 through 1954. I played in the County League, Rural League and the Tri-County (League). I played a total of 10 years of semi-pro ball, and also in the Army."

Joe Sheehan: "When I was a kid, I was born and

raised down by McKinley Park and (the notable local baseball family) the Mc-Namaras lived right around the corner from me, and we played on all the youth teams at McKinley Park. I played third base. I played (baseball) for Christian Brothers High School, Southside Legion, Sacramento (Junior) College, and after college, I played in the Army in 1955 and 1956. The best team I ever played on was the Sacramento (Junior) College team. We were state champions in 1952. I played on the team with some of these guys (in the group), including Cuno Barragan."

Mike Lateano: "I was an Oak Park boy and I graduated from Sac High in June 1950 and I played football, basketball and baseball at Sac High. I was all-city in football, but baseball was actually my first choice as far as what I really liked. And when I went to Sacramento Junior College, I played football, basketball and baseball there. I was drafted during the Korean War and went overseas and played service ball. When I came out to Sacramento State, we won a championship there in about 1957 or 1958. I also played bush baseball, the county league and the Rural League, and played for the Solons Rookies and such."

Gary Mason: "From 7 or 8 years old, most of us started playing the sand lot ball. If there was a vacant lot on the corner, we made a baseball diamond out of it. We used to play in Oak Park

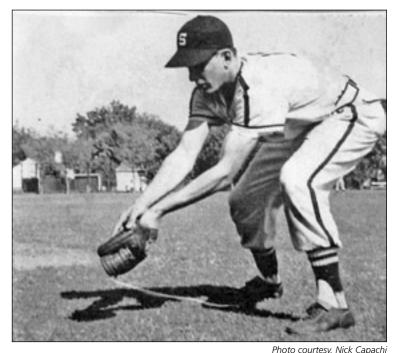


SUSPENDED DRAMA...Catcher Bill Werry of the International Longshore and Warehouse Union-sponsored team prepares to tag a sliding Nino Spatafore out at home plate, while batter Jim Knight looks on in this 1957 photograph.

at McClatchy Field, Land Park, 21st and C (streets), McKinley. We played at all the places. I played until about 14 or 15 and then I got out of it and went into other things. Growing up, I really liked (Joe) Dimaggio and later on, (Mickey) Mantle. A good friend of mine was Harry Bright, who played for the (New York) Yankees, then came out here and managed the Solons."

Tony Latino: "I grew up in Oak Park. I played on a lot of teams and I could play anywhere. I caught, played shortstop, I pitched. Whatever they needed, I did. I had an uncle who played for the Brooklyn Dodgers. After I played sports, I got into fast-pitch softball and coached for years. In the old times, things were tough, we were all together, we all knew each other. It was a lot of fun. I really like being a part of the (Noah's Bagels) group. There are a lot of good stories, a lot of good memories."

Jim Barudoni said that he briefly played baseball for the Sacramento Solons and enjoyed his greatest success in baseball as a member of the national champion University of Southern California team of 1958 and



NICK CAPACHI played baseball at Sacramento High School during the early 1950s.

the following year's team, both of which were led by the legendary coach, Rod Dedeaux.

Jim Westlake: "I grew up at 2331 P St. Probably my favorite player growing up was my cousin, Wally (Westake). He was in the majors (from 1947 to 1956). He spent most of his years with Pittsburgh and then he played in the 1954 World Series with the Cleveland Indians against the New York Giants. I played high school baseball (at Christian Brothers High School) and then I played on the junior college team in 1952 and 1953 and in 1953, we won the state championship and Nick Capachi (another member of the "baseball gang") was on that team. And the year before that, I played with Cuno (Barragan of the "baseball gang") for Sacramento Junior College. I played a lot of bush (league) baseball around town in all the leagues. I met a lot of great guys. I think that's the real joy, the

See Baseball Gang, page 21







Photo courtesy, Jim Barudoni JIM BARUDONI was a member of the national champion University of Southern California team of 1958

MEMBERS of the 1953 Sacramento club of the county league are shown on the grounds of Folsom Prison. Among the team's members were now-current members of the Noah's Bagels Gang, Walt Fitzpatrick (front row, fifth to right) and Mike Bakarich (middle row, fourth to right)

Baseball Gang: 60 years of Sacramento baseball a common denominator

real benefit at any level in baseball is the guys who you meet. You form lifelong relationships."

Rick Costello: "I pitched at Chico State in 1953 and I played softball in the service and we got in this tournament (in Alaska) and then I came out (of the Army) and played one more year at Chico State and after graduation, I went down to Šouthern California and played for the El Monte Indians. It was kind of like semi-pro. I had a try-

out with the L.A. Angels of the Pacific Coast League. It was a three-day tryout and I made it all the way to the third day. In 1965, I came to Sacramento and I played in the Mexican league. We (were sponsored by) the C and C Club (at 326 15th St.)."

Bill Werry: "I grew up in Oak Park playing in the youth leagues and city league and I played (American) Legion ball for Post 61 for three years and I

McClatchy High for three years. (While with Post 61), we played the state championship finals at Edmonds Field (at Riverside Boulevard and Broadway) against a team from Los Angeles called Crenshaw Post and they had some pretty good players, who went up to (play) Major League ball. Over the course of two seasons (at McClatchy High), we won 41 or 43 straight ball games. I made all-city as played high school ball at a catcher for three years

and when I got out of high school, I signed with the Dodgers organization, which at that time was the Brooklyn Dodgers. It was a minor league contract and I played three years of minor league ball. My first year was in 1955 with Bakersfield in the California state League."

Good times as a group

Fitzpatrick said that reliving baseball memories is an enjoyable experience for members of the group, which also includes Bob

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Alejo, Pete Campos and Ron Pyle.

"The common denominator is baseball and this goes back 60 years and we all kind of grew up togeth-er," Fitzpatrick said. "It's always a good time (meeting with the group)."

Agreeing with Fitzpatrick, Lateano added,"We have a lot in common – not just baseball – because we grew up in this town. We like to reminisce. Hopefully we can continue this (group) for several more years."

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CALENDAR

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ONGOING

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

'Bingo: the Musical'

Through Jan. 8, 2012: Everybody gets to join in the fun at this musical. Call for times, prices. The Cosmopolitan Cabaret, 10th and K streets., Sac.. (916) 557-1999 www.CosmopolitanCabaret.com

Clayton Bailey's World of Wonders

Through Jan. 15, 2012: 180 works and complementary ephemera span 50 years of Bailey's prodigious production of genuine marvels. A ceramist, sculptor, and self-proclaimed "mad scientist," Bailey aims to surprise and delight with his art. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org.org

Florence and the Baroque

Through Feb. 12, 2012: Drawn from the largest private collection of Florentine Baroque painting in the United States, this exhibition reveals the intense emotion, saturated color, and refined brushwork that characterized painting in 17th-century Florence. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org.

The Art of Disegno: Italian Prints & Drawings

Through Feb. 12, 2012: This exhibition, from the collections of the Georgia Museum of Art and Giuliano Ceseri, explores the variety and beauty of Italian draftsmanship through drawings and prints from the 16th through 18th centuries. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org. November

Art Golf

Nov. 10: Community members are invited to play a round of miniature golf in an indoor course created by artists inside Verge's warehouse event space. 6 p.m.–10 p.m. The event will also include a live DJ, indoor selection of food trucks and free open house. Cost to play golf is \$15 per person or \$40 for four players and all proceeds will benefit Verge Center for the Arts. www.vergeart.com.



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ish and English with Los Oradores. Every Thursday/Cada Jueves 6:30 pm - 8:00 pm

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Bingo!

Nov. 10, 17, 24: Enjoy a great local charity game of bingo every Thurs. night at 6:30 p.m. Benefits projects in the community. Early bird for \$5, Regular game buy-in of \$20. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 422-6666

Florin Sears Store Farmer's Market

Nov. 10, 17, 24: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

24 Hour Black Friday Sale November 25, 2011 • Online Only 20% Off Ron Cunningham's **Nutcracker**

Tickets to Opening Night December 9th, 2011 (Offer applies to regular adult priced ticket only, regular prices range from \$27 - \$69. Not applicable to previously purchased tickets, may not be combined with any other discount. Children's tickets are already discounted up to 50%. Not valid in Orchestra W-CC 2nd Tier M-N)

Online only, through Tickets.com Must enter password: Nutcracker For more information go to: www.sacballet.org



Information and tickets: 1916) 646-1141 textex.sacramentochildrenschorns.org

Food Addicts Anonymous

Nov. 10, 17, 24: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Living Positive with Chronic

Disease group

Nov. 10, 17, 24: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain – this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. – 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danea Horn (503) 319-4247

Rotary Club of Pocket/Greenhaven

Nov. 10, 17, 24: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Downtown Plaza **Farmer's Market**

Nov. 10, 17, 24: Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

'Staying Healthy: the Real **Healthcare Reform'**

Nov. 10: California Citizens for Health Freedom present a free lecture by Kirk Hamilton, PA-C. 7-9 p.m. SMUD Auditorium, 6201 S St., Sac. (916) 635-6724

Sutterville Heights Optimist Club Nov. 10, 17, 24: Come enjoy community speakers and community projects

for youth. 12 noon., every Thurs. Golden Corrall, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

EVENT LISTING SECTION

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

Sacramento Children's Chorus <i>"The Spirit of the Season"</i> Holiday Concerts December 3, 7:30 p.m. Westminster Presbyterian Church 1300 N Street December 4, 4 p.m. Carmichael 7th Day Adventist 4600 Winding Way Info & Tickets 916 646-1141 <u>sacramentochildrenschorus.org</u>	CHAMBER MUSIC SOCIETY OF SACRAMENTO 25th YEAR OF BEAUTIFUL MUSIC! Concerts 2011 - 12/17 Concerts 2012 - 2/11, 3/10, 4/15, 5/5, 6/12 <u>cmssacto.org</u> 443-2908	City of Sacramento SAFARI TOURS TRAVEL FAIR <i>Featuring Collette Tours</i> <i>2012 Trips</i> Thurs. Nov. 17 ~10 a.m. to Noon Coloma Community Center 4623 T Street, Sac 95819 Call, 808-8687 for more info.	Sacramento Emblem Club's Annual Holiday Craft & Gift Show Unique giftsone of a kind crafts, great food Space avail: (916) 686-0347 Sat., Nov. 12~ 9 a.m. to 4 p.m. Sacramento Elks Lodge No. 6 6446 Riverside Blvd. Sacto 95831	OYAKO & the Buddhist Church of Florin will hold an event to benefit the Florin Buddhist Women's Association Saturday, Nov. 19, 9 to 3 Featuring women's clothing, casual to special occasions, jewelry, bags, purses, wallets, cards, home decor, food & many gift items. 7235 Pritchard Road, Sacto For info, call Lois (916) 422-1265 or Peggy (916) 686-5621
Sierra Oaks 7th Annual Holiday Boutique Unique vintage boutique shopping for the Holidays Local vendors – handmade gift items – Café on site Saturday, November 12 10 a.m. to 3 p.m. Multi Purpose Room,171 Mills Road Contact Ann Casentini <u>mikeanncas@hotmail.com</u>	The Art Market Saturday, November 12 10 a.m. to 5 p.m. Locally sourced art, jewelry, cloth- ing & décor for every home, plus great gifts for any budget! Discount advance tickets: www.saintmaryschool.com or 916 452-1100 St. Mary School 58th & M Streets in East Sacramento	33rd Annual "Holiday Show of Hands" CRAFT FAIR Friday, Dec 2, 5 to 9 p.m (\$3) Saturday, Dec 3, 9 a.m. to 7 p.m. Sunday, Dec 4, 9 a.m. to 3 p.m. Unique, hand-crafted gifts, decorator items, collectibles, Hot lunch - Shuttle from Elks Club St. John the Evangelist School 5701 Locust Avenue, Carmichael	Nutcracker Ballet Dec. 3 at 7 p.m. & Dec. 4 at 2 p.m. Crockett-Deane Ballet Company & Deane Dance Center Dancers "Christmas Angels" and the "Nutcracker" The Center at 2300 Sierra Blvd. \$15 adults; \$12 seniors/students, \$10 children. Tickets at the door & at Deane Dance Center 3385 Lanatt St. (916) 453-0226	Capitol Ballet Company Creates Holiday Magic Tchaikovsky's <i>The Nutcracker</i> Dec. 10th -2 & 7 p.m. Sacramento Dec. 17th - 7 p.m. Stockton See website for performance locations & tickets <u>Capitolballet.com</u> (916) 484-1188

Volkssport walking

Nov. 10: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65t St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

Ballroom Dances

Nov. 11, 15, 18, 22, 25, 29: Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.-3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

Carmichael Geranium Society

Nov. 11: Come to the monthly meeting of the Carmichael Geranium Society. Guests welcome. Meets every Second Friday of the month, 10 a.m.–12 noon. No mtg. in Aug. Carmichael Park Community Clubhouse, 5750 Grant Ave., Carmichael. Jean (916) 481-2076

Kiwanis Club of East Sacramento-Midtown

Nov. 11, 18, 25: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

Rotary Club of Point West

Nov. 11, 18, 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Double Tree Hotel, 2001 Point West Way. Sac. www.pointwestrotary.com

Soroptimists of Sacramento

Nov. 11, 18, 25: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

Veteran's Day Parade

Nov. 11: Honor our heroes past and present. Parade begins at 10 a.m. Program to follow on Capitol Mall 11 a.m. - 1 p.m. Veteran's resources, entertainment and children's activities. To enter your organization's float or walking group or for more info call (916) 808-2344 or email sacvetparade@ cityofsacramento.org

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Country Club Plaza Farmer's Market

Nov. 12, 19, 26: Country Club Plaza Farmer's Market. Every Saturday, year round. 8 a.m.-noon. Watt & El Camino, Butano Dr. parking lot, Sac. www.california-grown.com

Food Addicts Anonymous

Nov. 12, 19, 26: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Carmichael Farmer's Market

Nov. 13, 20, 27: Carmichael Farmer's Market. 8 a.m.-1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneysmartusa.org

Co-Dependents Anonymous

Nov. 13, 20, 27: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

See more Calendar, page 27



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SUNDAY, NOV. 13 • 10 A.M. TO NOON "The Well" at Sacramento State 6000 J Street, Sacramento

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A drawing will be held for two items:

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Calendar

Continued from page 25

Community Sunday breakfast Nov. 13, 20, 27: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.–11 a.m, every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

State Parking Lot Farmer's Market

Nov. 13, 20, 27: State Parking Lot Farmer's Market. Every Sunday, year round. 8 a.m.– noon. 8th & W streets, under Highway 50, Sac. www.california-grown.com

Sunday Support for the Widowed

Nov. 13, 20, 27: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine – holidays included. 3 p.m.–5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

Hatha yoga

Nov. 14, 21, 28: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.–4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

Nicotine Anonymous

Nov. 14, 21, 28: Nicotine Anonymous meeting. Meets every Monday, 5:30 p.m.– 6:30 p.m. Westminster Presbyterian Church, 1300 N St., Sac. Brandi Bowman (916) 984-3501

The Pressure's On!

Nov. 12: Basic introduction to safe pressure canning techniques and food preservation public demonstration. Free. 10 a.m.–noon. Sacramento Cooperative Extension Office, 4145 Branch Center Rd., Sac. (916) 875-6913

Chinese Performing Arts

Nov. 13: The Sacramento Chinese Culture Foundation will present a performing arts program to celebrate its 25th anniversary. Martial arts demonstration by Shaolin monks, music with classical and contemporary Chinese instruments, fashion show, and special appearance by members of China College of Theatrical Arts from Beijing. Tickets \$15–\$40.3 p.m.–5 p.m. At the Crest Theater in downtown Sacramento. Tickets may be purchased from Cathay Bank at SF Shopping Center at 65th & Stockton Blvd in Sacramento or www. tickets.com. Helen Yee (916)392-1001.

Answers to Land Park 'Mysteries'

From page 19

Min pri bumpry on a great
 Nuall at the entrance to Fairytale
 Town
 A. Mutative sculpture, "Open
 Circle" by artist Les Birleson.
 Corner of Riverside Blvd. & 11th
 Ave., near the Riverside Blvd. & 11th
 Treatment Plant
 S. Vic's Ice Cream Parlor, Riverside
 Blvd. & 8th Ave.

 Dimple Records. Mural of musical artist Billie Holiday
 "To the Pioneers" sculpture in William Land Park
 Humpty Dumpty on a great

Holiday Boutique

Ginger - another

atisfied client!

Nov. 13: Holiday shopping fun, door prizes and more. 10 a.m. – 3 p.m. Free admission. The Chateau on Capitol Avenue, 2701 Capitol Ave., Sac. (916) 447-4444

Rotary Club of South Sacramento Nov. 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

Tai Chi & Chi Keung

Nov. 14, 21, 28: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

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Nov. 14, 21, 28: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.–8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Ann Owens (916) 601-4652 www. klassytalkers.freetoasthost.org

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