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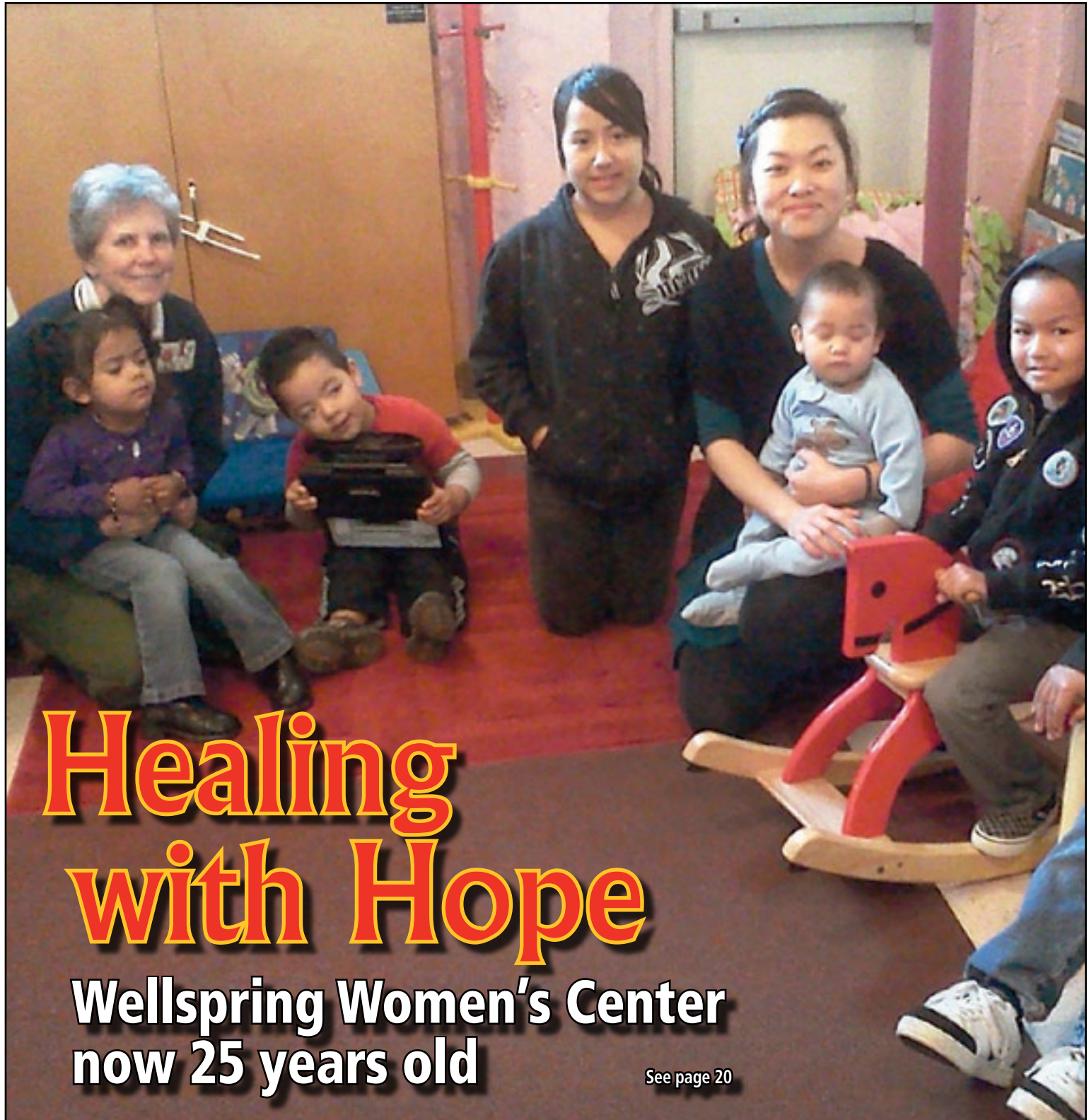
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# Healing with Hope

## Wellspring Women's Center now 25 years old

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Corrie Pelc

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Courtesy

# 17th annual Christmas Show at Schumacher Ceramics

Special to Land Park News

Schumacher Ceramics will host its 17th Annual Christmas Show and reception on Dec. 3 and Dec. 4 from 11 a.m. to 5 p.m.

Owners Bob and Sonya Schumacher will have new pottery pieces on display, in addition to works by gallery artists. These items are ideal for gift giving needs during the holidays.

Bob will have more of his one-of-a-kind carved vessels, and Sonya will unveil the "Fourth Day" of the "Twelve Days

of Christmas" porcelain plaques. She will also show her wheel-thrown and altered pottery.

Participating gallery artists include: Connie Esquibel, Royden Hietz, Joe Mariscal, William McLane, John Reiger, Joe Rohret, Janelle Sonada, Eric Struck, John Weber, Winged-Dog Tile, Randy Won, and more to be announced.

Works include relief tiles, wood-fired pottery, reduction-fired ware, raku, sculpture,

See Schumacher, page 3

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Photo courtesy, Schumacher Ceramics

SCHUMACHER CERAMICS will host its annual Christmas Show on Dec. 3 and Dec. 4.

## Schumacher: One-of-a-kind works will be on show

Continued from page 2

turned wood, oil paintings and more. 3 and Dec. 4 from 11 a.m. to 5 p.m.

Music will be presented by Guitarbari on Saturday, Dec. 3, and Fifteen Strings on Sunday, Dec 4. Light refreshments will be served. The show and reception are Dec 3 and Dec. 4 from 11 a.m. to 5 p.m. Schumacher Ceramics is located at 36530 Riverview Drive in Clarksburg. For parking, directions or additional information, call (916) 744-1062.

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### LAND PARK

Charming three bedroom tudor in College Tract. Brick walkway to covered porch front entry, formal living room with fireplace, formal dining room with french doors to backyard, fabulous new kitchen with island, granite counters, farm sink and lots of storage, beautiful hardwood floors, landscaped gardens and brick patio. 1965 9th Avenue. \$569,000



### LAND PARK

Classic two story Old Land Park Beauty in College Tract! Five bedrooms, 4 bathrooms, spacious foyer, exquisitely remodeled kitchen with Tuscan granite countertops and large island. Formal living and dining room with lovely fireplace. Panoramic views to beautiful backyard, pool, portable spa, cabana house and built in barbecue. 3620 19th Street. \$1,165,000



### LAND PARK

Charming one of a kind cottage. Open beamed ceilings in living room and kitchen. Lovely updated kitchen, hardwood floors, two large bedrooms, remodeled bathroom plus 1/2 bath. Inside laundry, french doors from dining area and one bedroom to lovely private garden and patio. Two car garage and breezeway from rear door to garage. 1101 10th Ave. \$479,000



### WALK TO THE PARK

Three bedrooms plus den, two and 1/2 baths, living room with fireplace, formal dining room, remodeled kitchen with stainless steel appliances and eating area, upstairs master suite, central H&A, and pretty backyard. 3839 Bartley Drive.



### LAND PARK

Charming two bedroom Spanish style home on a pretty tree lined street. Cute interior with high coffered ceiling in living room. Lots of windows, dining area and built-in hutch. Kitchen with gas stove, dishwasher and good counter space, breakfast area plus laundry. 1821 Larkin Way. \$319,000



### LAND PARK

Lovely brick tudor with unique turreted entry, front courtyard, three bedrooms and two remodeled baths, living room with vaulted and beamed ceiling and fireplace, step down formal dining room, updated kitchen with granite counters & stainless steel appliances, built-in pool and spa and bonus bedroom behind garage with opened beamed ceiling. 1560 11th Avenue. \$689,000

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# Sacramento celebrates Veterans' Day Parade 2011

Photos by **STEPHEN CROWLEY**  
Land Park News photographer  
stephen@valcomnews.com

The Sacramento community honored American heroes past and present at the Sacramento Veterans' Day Parade on Friday, Nov. 11.

Families lined the parade route that took vintage vehicles, dignitaries, scouts and service organizations right up Capital Mall.

General Chuck Yeager, the first person to break the sound barrier, served as Grand Marshal.



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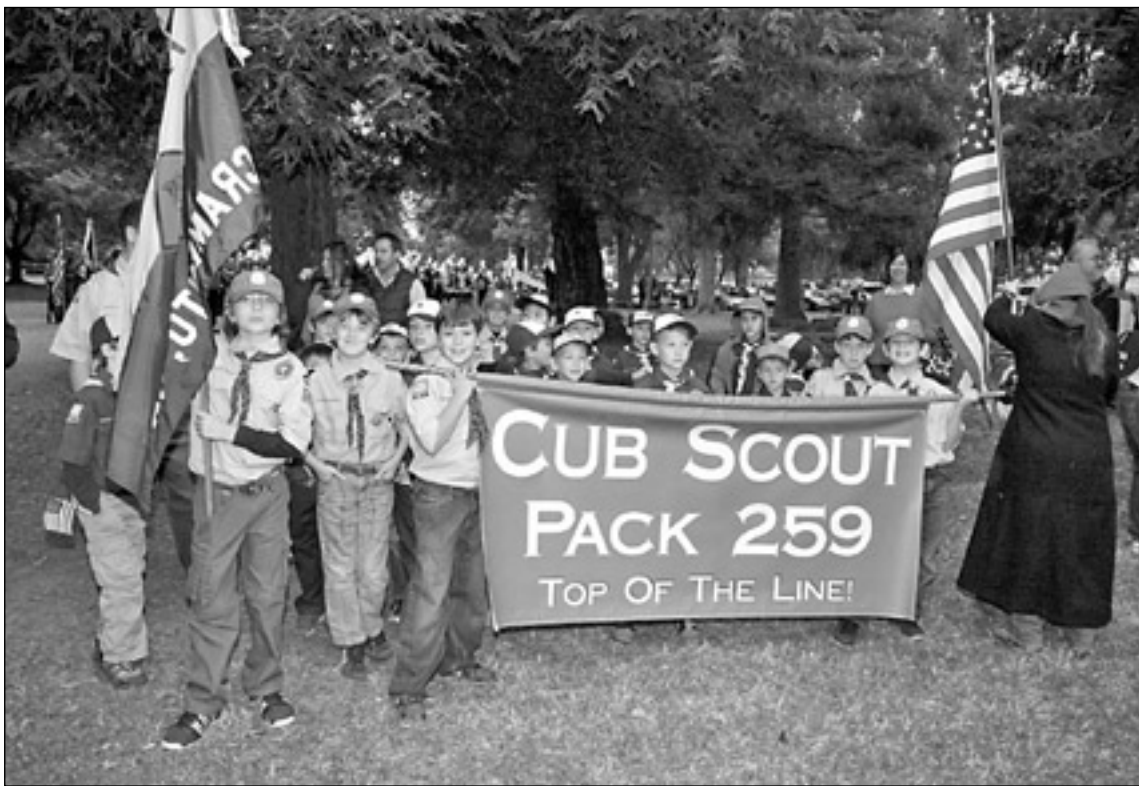
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# Make holiday cards and gift wrap at Cooledge Library

Special to Land Park News

Create your own special handmade cards and gift wrap at a special Family Program at the Belle Cooledge Library on Saturday, Dec. 3 from 1 p.m. to 2:30 p.m.

The library will have all sorts of fun supplies for children and adults to make items that are unique and special.

Play with rubber stamps, stickers, and many other materials. All ages are welcome.

The Belle Cooledge Library is located at 5600 South Land Park in Sacramento. For more information, call (916) 264-2700 or visit [www.saclibrary.org](http://www.saclibrary.org).

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### Piglet

#167728

Breed: DSH  
Gender: Female  
Age: 5 months

Color: Brown Tiger  
Hair: Short

Piglet is gentle and loving. She will purr as you pet her and, after checking out her surroundings, come back for more. Her soft and beautiful fur make her striking to look at, but it's her personality that will win you over.

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### Gypsy

#170151

Breed: DMH  
Gender: Female  
Age: 2 years 6 months

Color: Torbie  
Hair: Medium

Gypsy gets along great with other cats, dogs, and children. She's adventurous and curious about her surroundings, but likes your attention and affection. She'll make a nice addition to your family and home.

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### Kokomo

#168443

Breed: Chihuahua  
Gender: Male  
Age: 4 years

Color: Tan  
Hair: Short

Kokomo is a happy go lucky fellow. He is confident and independent who likes to both play and give kisses. He has a few extra pounds but with a little exercise (which he loves) these will "melt" away.

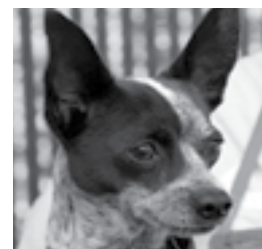
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### Cardigan

#168467

Breed: Chihuahua  
Gender: Male  
Age: 4 years

Color: Liver & White  
Hair: Short

Cardigan is sweet and likes to be held and petted and take walks outside. He seems to enjoy being outside and does very good on leash. He also really likes to be held and get pets.

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### Zorro

#153606

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Gender: Male  
Age: 7 years

Color: White & Black  
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Gender: Female  
Age: 1 year

Color: Brown Tabby  
Hair: Short

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\* For additional information on adoptions, call the SPCA at 383-7387. Adoptions occur daily and it is not guaranteed the above featured animals are still available. If they are not, the SPCA has many other loving pets available to suit you and your family. The SPCA is located at 6201 Florin-Perkins Road.



Photo courtesy, School of Engineering and Sciences

THE FUTURE OF THINGS TO COME. Belinda Kirk, principal of the School of Engineering and Sciences, SCUSD superintendent and Darrell Woo, SCUSD School Board member, unveil the nation's first solar "SunFlower." The structure will be used by students to learn about alternative energy sources.

# 'SunFlower' blooming at School of Engineering and Sciences

Special to Land Park News

SMUD and the Sacramento City Unified School District pulled back a curtain on Nov. 15 to reveal the future of energy learning: the "SunFlower" at the School of Engineering and Sciences.

SunFlower is a 20-foot high, 400-watt, student-controlled solar array. Think of it as solar panels configured onto a large steel "flower." The structure will serve as an interactive learning laboratory – the first of its kind in the nation – to promote math and science.

Students can manipulate the panels to learn how to harness the sun's energy into electricity to

operate or charge electronic devices and equipment. Information is also uploaded to the Web, so students can monitor energy production, share it with other students and even teach their parents the value of alternative energy resources.

The SunFlower at the School of Engineering and Sciences is the first installation of the pilot class of similar projects at Sacramento area schools. It will serve as a model for other school district partnerships throughout California. An energy curriculum that utilizes SunFlower and that can be shared across all state public schools is in development.



## Beautiful Land Park Home

3 bedrooms, office and 2 bathrooms, living room with original woodwork around the fireplace, wood floors, dining room, family room, downstairs bedroom and bath and spacious master bedroom, coved ceilings in the living room and dining room. Fresh paint, refinished wood floors, updated electrical, detached 1-car garage and relaxing deck make this home as perfect place to call home. Located close to Freeport Bakery and lightrail, this home has location and charm. 2025 Bidwell Way..... \$429,000



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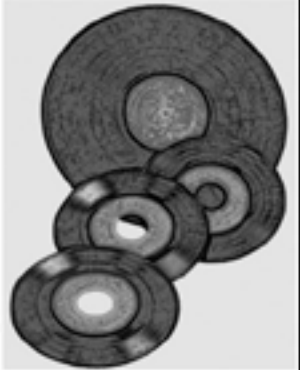
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# Sept. 11-themed, 25-year time capsule placed at St. Joseph Church

By LANCE ARMSTRONG  
Land Park News writer  
lance@valcomnews.com

A very special event was held last Sunday, Nov. 6 in the Sacramento Delta town of Clarksburg at St. Joseph Church – a place of worship both historically and presently connected with the South Sacramento

area – as members of the parish gathered to participate in a Sept. 11-themed, 25-year time capsule ceremony.

Following the 9:30 a.m. Mass, members of the church gathered at the northeast corner of the church, where Father Dan Madigan conducted the ceremony.

The brick time capsule will be opened during another ceremony in 2036. Two large, blue plastic storage containers filled with items of remembrances and historical records pertaining to Sept. 11, 2001 and the church were placed inside the capsule, as well as other items.

Additionally, parishioners donated personal items associated with their own connections to the church.

Items placed in the time capsule included: a firefighter's rosary, a book about Sept. 11, a newspaper announcing the deaths of Saddam Hussein and Osama Bin Laden, a Pentagon/Sept. 11 memorabilia album donated by the Scott family of the Pocket area, copies of Madigan's published books, photographs and one of the notable jackets of former St. Joseph parishioner Joe Borges (the founder of Clarksburg's airport),

newspaper clippings and photographs of early St. Joseph social clubs, the then-latest edition of *The Sacramento Bee* and the May 19, 2011 edition of *The Pocket News*, which includes an article with details about the Soto Ferry that transported parishioners to and from the church's side of the river and the Pocket area.

As part of the ceremony, the cover of the time capsule was placed over the capsule to be sealed the following day.

Speaking at the event were Madigan, Jacqueline "Jackie" Pometta and Deacon Jim Healy.

The speeches were devoted in remembrance of the people who were directly affected by the Sept. 11 tragedies.

A pre-written Sept. 11 prayer was simultaneously read aloud by the group. The prayer included the words: "Almighty and ever-loving God, we remember Sep. 11,

2001, and pray for all those who were affected by the terrible events of that day. We remember, with love and respect, all of those who went tragically to their deaths. We remember those who still suffer from their injuries of that day 10 years ago and pray for their recovery. We remember the still grieving families and friends and all who lost loved ones."

In closing the ceremony, Jennifer Kirtlan-Tickler led attendees of the event in the singing of "America the Beautiful."

Following the service, Pometta, who served as the chairman of the ceremony, explained the story behind how she came to organize the event.

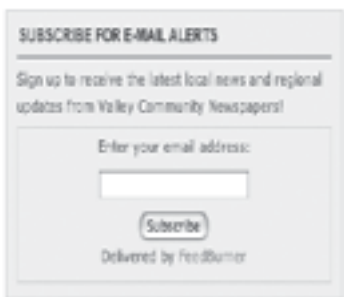
"What happened is: we were having our first annual barbecue and it just happened

See Parish, page 9

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# Parish: Items include a firefighter's rosary, 9/11 memorabilia

Continued from page 8

to fall on 9/11," said Pometta, whose son-in-law, Air Force Sergeant Jason Dudley, survived an air attack over Iraq about eight years ago. "So, we thought, 'Let's make this really special for our first barbecue (and) we'll do a time capsule.' It started out as just doing items for 9/11 and then we decided that it was very important to put articles in (the time capsule) about the church."

As part of the preparation for filling the time capsule, Pometta distributed a questionnaire for all the parishioners to describe where they were 10 years ago, when the events of Sept. 11 occurred, what memories they have of this infamous time in history and what the parish means to them.

Pometta said that she gained a greater understanding of the importance of the time capsule after two particular youth filled out the questionnaire.

"These (youth) were six years old (on Sept. 11, 2001) and they could remember what (9/11) was about and that's when I started thinking, 'This is very important for our children to know about this time capsule, so they know what they're going to see,'" Pometta said.

Madigan, 74, said that he believes that the eventual opening of the time capsule should be a great experience for those who attend the 2036 ceremony.

"I think (placing a time capsule at the church) was a great idea," Madigan said. "You can imagine the excitement here (in 25 years) and going in there and getting

all kinds of literature and books, wine and all kinds of things. I would imagine that it would be a lovely, lovely day with great excitement to see the newspapers and everything. Hopefully they will be opening this (time capsule in 25 years) and I hope on that day they will invite me and that I will be here to say a few words."

St. Joseph Church's rich South Sac connection

As previously mentioned, the South Sacramento area has a rich connection with St. Joseph Church, as the history of this church dates back to October 1892, when John Soto donated the Yolo County land for the sole purpose of building a Catholic church for the Portuguese farming community.

St. Joseph Church was consecrated in September 1893 and remained the area's only Catholic church until the dedication of the Pocket area's Igreja de Santa Maria – later known as St. Maria Church – on May 31, 1914.

Dredgers were later used to build up the river levees and because the old church was on the edge of the area's levee, during winter months, when the river ran high, the water lapsed into the front doors of the church.

When the levee was raised, the original church had to be demolished and a new church was built further down from the levee on flat ground.

Father Joseph Cunha, who served as St. Joseph's pastor from 1922 to 1932, initiated and led the drive to raise funds for the construction of the new church.



Land Park News photo, Lance Armstrong

CLOSURE...FOR NOW. As part of the ceremony, the covering of the time capsule was placed over the top of the capsule to be sealed the following day.

The new church, which was built on land owned by W.W. Dwyer, Ethel Clare Dwyer and Mary E. Devlin with bricks manufactured from the brickyard that was located in the Pocket area, was built with its doors facing east.

Despite the loss of the original church, a portion of the old church remains in use today, as lumber from the old church was used in the construction of the new church.

Furthermore, the original church's rectory was saved. The walkway connecting the old church with the rectory was removed and the recto-

ry was remodeled and moved immediately north of the new church.

On May 11, 1924, Father Guilhermes Gloria, who was an active priest in the Northern California Portuguese community, dedicated the new church, which is located immediately south of the original church, adjacent to the old Soto property.

Cunha is quite notable in St. Joseph's history as being the last pastor to say Mass at the original church and first pastor to say Mass at the then-new, now current church.

Today, because of the development of the Pock-

et area, there are no Portuguese ranches. Many Catholics of this area rely on St. Joseph Church for non-Portuguese-speaking Catholic services.

Although the Sacramento and Clarksburg communities continue to have members of some of the original Portuguese immigrant farming families, these locals are now in the minority of the congregation of the present St. Joseph parish.

But the fact remains that St. Joseph Church has a more than century long connection to the Sacramento area.

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# Sacramento 'Counts on Relles Florist' for 65 years

By LANCE ARMSTRONG  
Land Park News writer  
lance@valcomnews.com

One of midtown Sacramento's oldest businesses, Relles Florist, is presently celebrating a special anniversary, as the longtime popular florist recently reached its 65th year in business.

Jim Relles, who has been a proprietor of the florist since 1972 and has maintained sole ownership of the business since 2008, said that such a celebration was made possible through a commitment to customer satisfaction that began with his father Ross Relles, Sr.'s founding of the business on Oct. 19, 1946.

"It's a pretty distinct celebration – 65 years in business," Jim said. "(Customer service) hasn't changed since my father started the business. It's just listening to the customers' needs and working real hard to get what they want with quality product in a timely manner of their order, and not promising things that we can't do and promising things that we can do. Customer satisfaction is following through on promises you made to the consumer. You need to follow through and do it and be honest with the consumer. If you can't do something, then you need to tell them up front or offer alternatives."

Jim added that like many businesses, Relles Florist, which has been voted "Best Florist" by *Sacramento Magazine* for the past 11 consecutive years, has survived through its willingness to adapt to changes.

One of the major changes, Jim explained, has been the growing importance of the Internet.

"Ten years ago, we didn't have a Web site and we didn't sell over the Internet and now probably 30 or 40 percent of our business is over the Internet, where 10 years ago it was zero (percent)," Jim said. "We now have a Web site, a Facebook page and a Twitter account. Most of the younger generation is doing all their business from their smartphones, so we're in the process of getting a floral app (application). If you want to stay in business, you just have to keep adapting."

## Roots of the Relles family's florist

During his meeting with the *Land Park News* last week, Jim, who is a cousin of Marty Relles, who authors the series, "Janey Way Memories," in this publication, shared



ALL IN THE FAMILY: Jim Relles and his sister, JoAnn (Relles) Bradley, stand in front of midtown Sacramento's Relles Florist. The business is celebrating its 65th year in business. *Land Park News photo, Lance Armstrong*

information about his father's beginnings as a florist.

"My dad, growing up, worked for (G. Rossi and Co. florist at 1026 8th St.)," Jim said. "He also worked for Hires (Bottling Co.). They were down on 21st and R (streets). It was the prelude to Norcal (Distributing Co. at 424 17th St.). He (later) went to Arizona State (Teachers College, as Arizona State University was then known) and got his teaching degree, but he came back to Sacramento and he just looked at the business side (of teaching) and decided he didn't want to become a teacher. Then World War II broke out. After he got out of the war, he worked for Senator Florists (at 1014 11th St.) and I guess about a year later – I think he wanted a raise (from Senator Florists) and they said, 'No,' – he decided to go out on his own and open up his own flower shop."

Five locations of Relles Florist

Although Relles Florist operates at two locations – 2400 J St. and 801 Howe Ave., north of Fair Oaks Boulevard – these current business sites are not the only places where a Relles Florist shop has been located.

Ross Relles, Sr., who gathered additional early experience in his field when he worked as a delivery person for McElhaney's Florist in Phoenix during his time at Arizo-

na State, established his first florist shop at 2220 J St., within the Meril Studio shops, about 15 blocks from the main downtown business district.

The site suited the business well, since it was located on what was then one of the two main streets connecting East Sacramento, Carmichael and Fair Oaks with downtown Sacramento.

Jim said that the site was also ideal due to the fact that it was located within a short distance from several funeral homes, including the N.G. Culjis Funeral Home at 2231 J St., Citizens Mortuary at 2301 J St., Miller and Skelton at 1015 20th St., W.F. Gormley and Sons at 2015 Capitol Ave., James R. Garlick Mortuary at 2001 P St., Cippa and Nicoletti at 1501 28th St. and Harry A. Nauman and Son at 2021 28th St.

On July 11, 1953, Ross Relles, Sr. opened his second shop at 2210 J St. in a two-story house, with a raised basement, that he had purchased and remodeled to accommodate as both his business and his home.

Although this relocation proved to be a worthwhile endeavor for the business, Relles Florist eventually outgrew its original space at this site, as it expanded to the structure's top two floors and basement.

As was the case with its second location, Relles Florist did not have to concern itself with costly moving expenses, as it relocated a very short distance away to its third site at 2320 J St. It was at this site where the first Relles Florist shop to be built from the ground up was constructed.

This shop, which opened on July 26, 1971, proved to be the last Relles Florist site operated by Ross Relles, Sr., as he passed away on Jan. 15, 1972.

Relles Florist, which opened its Howe Avenue shop in February 1978 and its present midtown site on Sept. 26, 1981, has built a reputation as a strong, family-owned business.

Jim said that altogether about 25 Relles family members, including his brothers, Ross, Jr., Tom and Ronald, and his mother, Margaret, have worked at Relles Florist at various times.

In addition to Jim, his sister, JoAnn (Relles) Bradley, works at the midtown shop, where she has continuously assisted with its success since June 1975.

Also quite notable in the business's history is former Relles Florist employee Al Balshor, who opened Balshor Florist at its

See *Relles Florists*, page 11

**Relles Florist:**  
Local business,  
family are  
Sacramento icons

*Continued from page 10*

original location at 730 O St. in 1950.

Twenty-one years later, another former Relles Florist employee, George L. Procida, opened Procida Florist at its now former location of 1315 J St.

**Relles family history**

The Relles family's history in America began with Jim's grandfather, an Italian immigrant, named Saverio Relles, who arrived at Ellis Island in New York Harbor on Feb. 4, 1907.

Jim said that like many immigrants arriving in the United States during this era, Saverio had his surname changed at Ellis Island, since the person who wrote down his last name at this famous inspection station wrote "Relles," instead of the correct spelling of "Reres."

Saverio married Helen Sclafani – born Elena Sclafani – in Chicago Heights, Ill. on June 12, 1910.

Although Saverio died on April 16, 1918, he had three sons – George, Ross, Sr. and Martin – with Helen prior to his passing.

Eighteen months later, while residing in Santa Clara, Calif., Helen was remarried, as she was joined in matrimony with Rosario "Ross" Petta, who was a laborer in the construction industry.

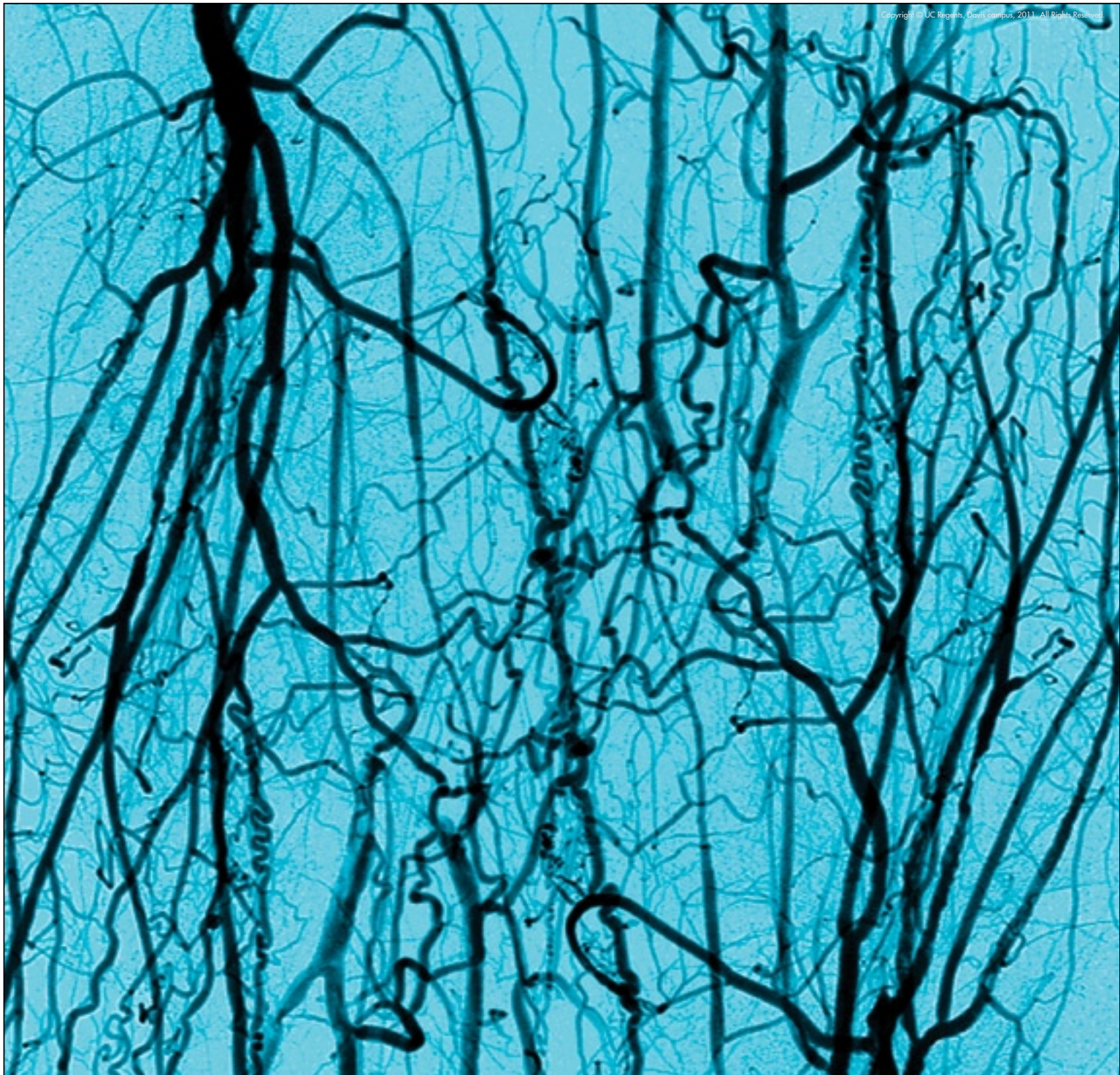
Helen and Rosario, who together had four children, Vito, Alice, Katie and Margaret, were living in the capital city at 523 ½ 14th St. by at least 1922.

And as a result of Helen and Rosario's move to Sacramento during this time, when Relles Florist celebrates its 75th anniversary in a decade, the Relles family will possibly also be celebrating another anniversary – their 100th year in Sacramento.

For additional information regarding Relles Florist, call (916) 441-1478 (J Street shop) or (916) 920-4911 (Howe Avenue shop) or visit [www.rellesflorist.com](http://www.rellesflorist.com).

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# Discounted ski ticket fundraiser to benefit JFK 2011 graduation

Special to Land Park News

Budget cuts continue to affect John F. Kennedy High School, threatening the venue for this year's senior class graduation.

"This year, we do not have a budget for renting out Memorial Auditorium for graduation," said JFK Principal Chad Sweitzer in an email to families. "The JFK PTSA has stepped up to help and is running an online fundraiser to ensure that our students have a great location to celebrate this important event."

Interested parties can view the discounts online at <http://www.causera.com/jfks/jfkski>

"Kirkwood is offering 50 percent off tickets, lessons and rentals," Sweitzer said. "And they are contributing an additional 20 percent to our school. Please enjoy these deals, help fund our graduation ceremony and share them with your friends and family."

*Editor's note: These discounts are available to anyone in the Sacramento community (or anyone on the Internet, for that matter). Readers of the "Land Park News" are encouraged to pass the word along.*



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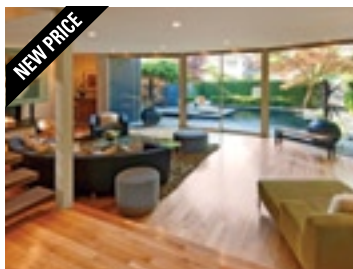
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# Mayor Kevin Johnson, Lisa Ling to emcee 2011 California Hall of Fame

Special to Land Park News

The California Museum, home of the California Hall of Fame, announced that Sacramento Mayor Kevin Johnson and Museum Board of Trustees member Lisa Ling will co-emcee the 2011 California Hall of Fame on Dec. 8.

The two Sacramento natives were selected to welcome local residents, who can attend the newly expanded induction ceremony at Memorial Auditorium by becoming California Hall of Fame-level members of The California Museum.

"As Mayor of California's capital, it's a privilege to emcee the California Hall of Fame alongside Lisa Ling," said Mayor Kevin Johnson. "The contributions made by this year's honorees reflect the best of our country, and their success stories truly exemplify the California dream. As a third generation Sacramento native, I couldn't be more excited to have the opportunity to recognize these remarkable men and women in my hometown."

From 2006-2010, the California Hall of Fame induction ceremony was held in The California Museum's auditorium, which has a maximum occupancy of 258. As a result, attendance was limited to inductees, state officials and premier sponsors of The California Museum. The event was moved to Memorial Auditorium earlier this year to allow seating for up to 3,000, including California Hall of Fame-level members of The California Museum.

"The California Hall of Fame was designed to be our largest annual fundraiser, which finances all of our programming for the entire year," said Dori Dennis Moorehead, executive director of The California Museum. "Our mission is to engage, enlighten and inspire area students with California's amazing stories, as seen in our history-focused exhibits and educational programming. Becoming a member helps us further our mission to provide resources for Sacramento teachers and students, and the California Hall of Fame level offers the community the first opportunity to attend an official state ceremony while supporting a local cause. Best of all, memberships are 100 percent tax deductible."

The list of Californians scheduled to be honored by Governor Edmund G. Brown, Jr. and First Lady Anne Brown with the presentation of Spirit of California medals in the 2011 ceremony includes:

- Moon explorer and astronaut Buzz Aldrin
- Surf rock legends The Beach Boys
- Nobel Prize-winning scientist Dr. Elizabeth Blackburn
- Community activist Father Gregory Boyle
- Entrepreneurs and philanthropists Doris and Donald Fisher
- Basketball superstar Earvin "Magic" Johnson
- Disability rights advocate Ed Roberts
- Guitar visionary Carlos Santana
- Celebrated contemporary novelist Amy Tan
- California Supreme Court Justice Roger Traynor

All living inductees and families of posthumous recipients will attend.

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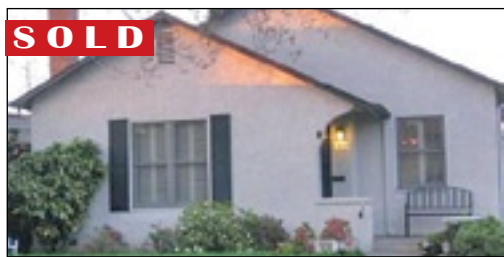
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# 'Patriotic Service of Thanksgiving' at Greenhaven Lutheran Nov. 24

Special to Land Park News

Greenhaven Lutheran Church will hold a special Thanksgiving Day service on Nov. 24 at 10 a.m.

The event is called "In God We Trust: a Patriotic Service of Thanksgiving." All are welcome.

Greenhaven Lutheran Church is located at 475 Florin Road in Sacramento's Pocket-Greenhaven area. For



# Register for Reverse 911

Special to Land Park News

The Sacramento Police Department has upgraded its Reverse 911 system to make it even easier to alert residents during emergency situations.

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In July 2011, upgrades were made available to residents who can now easily register themselves by creating a password protected account which allows them to update or edit their own information. They will also be able to include their email address and request TTY messages for the hearing impaired. The Police Department's Reverse 911 system now also features an interactive map for users to verify their location.

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# A celebration of freedom on Veterans Day at Merrill Gardens

By SUSAN LAIRD  
Land Park News editor  
susan@valcomnews.com

Residents, staff and some special guests celebrated Veterans Day at Merrill Gardens Retirement Community on Nov. 11.

In attendance were some 25 veterans (including the oldest WAVE in the nation), a recruiter for the Navy, new Navy recruits and members of AlphaOne Ambulance Medical Services. All enjoyed a special meal together and music by Breakthrough, a bluegrass fusion group.

"This is a big day for our residents," said Courtney Siegel, Merrill Gardens general manager.

The day was especially meaningful to Evelyn Lackey. At 101, Lackey is sharp as a tack and every bit as patriotic as she was when she became one of the first women to enlist in the Navy's "Women Accepted for Volunteer Emergency Service" (WAVES) at the dawn of World War II.

"My dad was in the Navy. After (the Japanese attack on) Pearl Harbor, I left a good job to join the WAVES," the retired yeoman said. "I was one of the very first WAVES. Back then, women were only allowed to do mostly administrative things.

Today, women do everything."

Lt. Col. Tom Licursi (retired) is heading a new veterans' group at Merrill Gardens.

"The purpose of the group is to build friendships and reminisce," he said. "Especially the older guys."

Licursi went into the Army in October, 1941 ("They drafted me!" he said). After completing Basic Training at Fort Dixon in New Jersey, he was sent to Camp Croft in South Carolina. In April, 1942, he shipped out to Ireland with the 34th Infantry – one of the first American units to be sent to Europe.

"In December, 1942 I was sent back to the states for Officers Training School at Fort Benning," Licursi said. "Then I was off to Camp Adair in Corvallis, Ore. And then to the Pacific Theater."

Licursi served in Japan on occupation duty shortly after the dropping of the atomic bombs on Hiroshima and Nagasaki.

"The minute the war ended, they were as docile as could be," he said.

One concern Licursi has is how his generation has come to be portrayed. He disagrees with recent media coverage.

"There's been a tendency lately to classify as 'he-

roes' anybody who served in World War II," he said. "There were over 10 million of us under arms. We couldn't ALL be heroes. It was a different attitude then. There was a job to be done. And we did it. No matter what, everybody was focused on one aim."

Tom Arjil, president and CEO of AlphaOne, said that recognizing the efforts of all veterans is important.

"We want to support not only the senior community, but also the veterans," Arjil said. "They paved the way for the generations to come for freedom."



Pocket News photo, Susan Laird

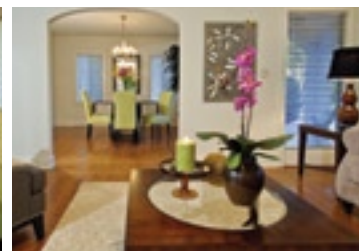
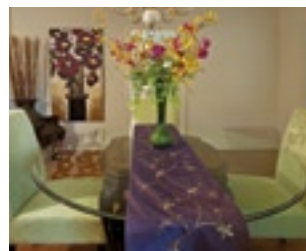
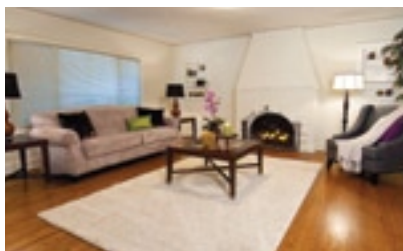
CELEBRATING THE NAVY. Past, present and future at Merrill Gardens on Veterans Day, Nov. 11. Navy recruits and their recruiter met Evelyn Lackey, a retired yeoman and the oldest surviving WAVE in the United States. Seated, left to right, Isabel Miramontes, Lackey. Standing, left to right, Lelefu Vui, Sharon Martinez, Andrew Herscowitz, Petty Officer 1st Class John Mark Centeno.

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Photo courtesy

Warm hearts, helping hands:

## 38th annual Sacred Heart Holiday Home Tour showcases 'Fab '40s' homes

Special to Land Park News

One of Northern California's most loved walking holiday home tours returns this December with five elegantly decorated homes in East Sacramento's historic Fabulous Forties neighborhood open for viewing, Dec. 2 through Dec. 4.

For 38 years, this popular tour has grown to include nearly 5,000 patrons from throughout northern and central California. The homes showcase elaborate renovation while preserving historic design, custom interior decoration and creative holiday décor that is sure to ignite the spirit of the season.

"This year, one of the homeowners is one of the original two founders of the Home Tour in 1973," said Leslie Wilson-Lopez, co-chair of the home tour and school parent. "Caroline Reid was one of two founders of the home tour, she was a Sacred Heart parent. Now her children are grown, but the tradition continues. Last year her daughter's home was on the home tour. This year, Caroline has a grandchild at Sacred Heart, so this year's tour has tremendous meaning."

One special remodeled home on the tour features an area that was once a foundry (a factory that produced metal casings). Built prior to 1915, this structure boasts some East Sacramento history.

"The homes are all lovely," said Wilson-Lopez. "One home on the tour is owned by one of the designers: Jill Dudensing. She has a real minimalist, mid-century style that marries traditional Christmas with contemporary style. It's a kind of 'Andy Warhol meets Norman Rockwell kind of vibe.'"

This year's list of talented interior and floral designers also includes: Haus Home Décor and Specialty Gifts, Beyond the Garden Gate, East Sac Florist and Gary John's.

The Holiday Home Tour is one of Sacred Heart Parish School's biggest fundraisers. Proceeds from the tour go directly to the school to offset tuition and provide financial support to families who might not otherwise be able to afford a Catholic education.



Photo iStockphoto

Five homes in East Sacramento will be a part of the 38th annual Sacred Heart Holiday Home Tour. This event is a great place to get holiday decorating ideas, do a little shopping and enjoy the spirit of the season.

The tour includes a holiday Boutique and Café located at Sacred Heart Parish School at 39th and H streets in East Sacramento.

Organizers predict another sellout this year and suggest advance purchases when possible.

Tour dates are Friday, Dec. 2 through Sunday, Dec. 4. Visit [www.sacredheartmetour.com](http://www.sacredheartmetour.com) for dates and times. Tour tickets are \$25 in advance, \$30 after Dec. 1. Tickets may be purchased online at the website or call the Holiday Home Tour Information Line at (916) 556-5050. Check the website for ticket retailer locations also.

Know your neighbor

# Pat Melarkey looks back on an active life in the capital city

By LANCE ARMSTRONG  
Land Park News writer  
lance@valcomnews.com

*Editor's Note: This is part two of a two-part series regarding the local experiences of Sacramento native Dr. Pat Melarkey.*

Sacramento native Dr. Pat Melarkey has certainly kept himself busy in many activities during his 80 years of life.

As mentioned in part one of this article, Melarkey's background includes his work as a dentist, running for mayor and owning a restaurant and nightclub.

Additionally, many locals remember Melarkey for his service as a Sacramento County supervisor.

It did not take long for Melarkey to attract attention after being sworn in as supervisor in 1972, replacing Leslie Wood as the representative for District 2.

In remembering this quick recognition, Melarkey said, "As the supervisors were preparing to go to Washington (D.C.) for their annual visit, I said to a reporter that somebody should recommend that we go to the Pentagon about us taking over Mather Air Force Base, because we could industrialize that base and provide a lot of security. The reaction by some people was to impeach me."

During his eight years as supervisor, Melarkey supported many other projects, including establishing the UC Davis School of Medicine at the old county hospital site on Stockton Boulevard in 1972, attempting to save the Alhambra Theatre from demolition in 1973 and consolidating the city and county of Sacramento by placing the initiative on the ballot for voter approval in about 1974.

During Melarkey's second term as supervisor, he initiated and worked on many other projects including efforts to create more community gardens where locals could grow their own food throughout the city and county.

Additionally, Melarkey worked to establish systems that would facilitate autistic children and adults with disabilities in obtaining dental care.

In recalling his unsuccessful bid to become mayor of Sacramento in 1987, Melarkey said, "I thought I could win, if Anne Rudin made some serious mistakes in her campaign, but that didn't happen. I had a great time meeting everybody and I would probably (run for mayor) again, if I had the time and money."

Melarkey also noted that he acquired one very strong bit of wisdom through his mayoral campaign.

"I found out that in politics, people forget about you very quickly," Melarkey said.

## Melarkey's Place

Many locals also remember Melarkey for his restaurant and nightclub, Melarkey's Place at 1517 Broadway.

The business first opened in 1978 as Maurice's American Bar – a name inspired by Venice, Italy's Harry's (American) Bar, which was immortalized by Ernest Hemingway, who had his own table in a corner – and was owned by Melarkey, Maurice Read, Mike Lynch, Jerry McFetridge, Kathy Brunetti, Larry O'Brien, Dr. Ken Law and several others.

In creating its Americana theme, Maurice's menu included American food items such as hamburgers with chuck that was ground on site, potato salad, apple pie and Graffe's North Beach Coffee.

Additionally, the business's decorations included a neon Statue of Liberty sign, a large poster of Marilyn Monroe and framed photographs of famous Americans



Land Park News photo, Lance Armstrong

DR. PAT MELARKEY stands in front of the site of his former restaurant and nightclub, Melarkey's Place.

such as former U.S. presidents, Franklin D. Roosevelt and Harry S. Truman, Army General Douglas MacArthur and writer and social activist, Jack London.

Longtime Sacramentans know that the site of Melarkey's Place, where Miso Japanese Cuisine restaurant presently operates, has a much richer history.

During the 1950s and 1960s, the old building was home to the popular cocktail lounge, The Trio.

Maurice's American Bar became known as Melarkey's Place in 1981, at which time Melarkey bought out Read's share of the business and Gregg Lukenbill of Sacramento Kings fame purchased the remaining portion of the business.

Melarkey's became an institution for both its recognition as a hangout for notable politicians such as Gov. Jerry Brown, Willie Brown, B.T. Collins, Phil Isenberg, Joe Serna, Vic Fazio, Steve Thompson and Kathy Snodgrass, and as a popular live music venue.

The musical acts that performed at Melarkey's included such artists as The Kingston Trio, Dave Brubeck, The Limelites, Charlie Peacock, Glenn Yarborough, Jessica Williams, Bourgeois Tagg, Oasis and Little Charlie and the Nightcats.

In emphasizing the type of energy that certain bands brought to Melarkey's, in 1989, Melarkey told *Sacramento Bee* writer J.D. Lasica, "If you come out and see a band like Little Charlie and you don't dance, we put you out in the alley and call 911 for you."

## Kings connection

With his connection to eventual, original Sacramento Kings owners Gregg Lukenbill, Gregg's father, Frank Lukenbill, and Frank McCormack, Melarkey naturally became an unwavering supporter of local efforts to acquire the Kansas City Kings and relocate the team to Sacramento.

Melarkey said that one of his earliest connections to the Kings occurred at Melarkey's Place in 1983.

"When the Kings hired Joe Axelson to be (the team's president and general) manager (under the new ownership), we were standing in the alley (west of Melarkey's Place) one day with (National Basketball Association Commissioner David) Stern and he handed me his card and said, 'I have to have a meeting that will be televised nationally when I will announce a drug policy that we've been working on for the players for a number of years,'" Melarkey said. "So, we had the luncheon in our place, which was a great honor for a little dive like Melarkey's."

Melarkey's most direct connection to the Kings, however, occurred from 1985 to 1991, when he served as the Kings' official dentist.

Melarkey chuckled prior to explaining that he had somewhat poor timing during a Kings game in 1986.

"The only game I missed was when (Kings star) Reggie Theus got one of his front teeth knocked out," Melarkey said. "But my friend, Dr. Bill Parker, a very well known orthodontist in town, was there and he took care of it. Each team has to have a dentist and a physician on record, basically for the visiting team. So, I had three patients when I (held the position). The only (patient) that I can remember was (Dallas Mavericks star) Rolando Blackman."

## All about the community

As the constant politician, Melarkey, when asked to summarize his life in Sacramento, focused on the welfare of the community.

"I love Sacramento and I've been very happy here," Melarkey said. "I've been very lucky to have lived in this age where we have enough to eat and raise our families. Where we're going to go in the future is really out of my hands. I pray that the young people will come up with the answers. We've just got to keep trying and get some decent people elected."

# Wellspring Women's Center celebrates 25 years of 'Hospitality with Dignity and Love'

By CORRIE PELC  
Land Park News writer  
corrie@valcomnews.com

It's about 7:30 in the morning on a chilly Friday in November.

A handful of women and children are waiting outside Wellspring Women's Center in Oak Park for the doors to open.

Precisely at 7:30 the door is unlocked and the smiling face of 91-year-old volunteer Pat Trippet welcomes each guest with a warm "Good morning," and a hug for any that would like one.

Women of all ages and ethnicities make their way to their usual tables to meet and greet their friends, while children scamper about as they wait for the Children's Corner to open. Later that morning, a volunteer chiropractor will make his services available, social workers will offer counseling, and the Craft Club will meet.

Back in the kitchen, the usual Friday morning Wellspring volunteers are busy preparing breakfast burritos, while volunteers from Jesuit High School in Carmichael serve every guest with a smile. Volunteers and staff work in the back room (aka. "The Hub") working on sorting donations of hygiene items and diapers. And Executive Director Sister Judy Illig, IBVM makes her rounds, greeting every single guest at Wellspring by name.

Welcome to a typical morning at Wellspring Women's Center – a non-profit whose mission, according to Sister Illig, is "to nurture the innate goodness and personal self-esteem of women and their children" under the theme of "providing hospitality with dignity and love."

## All are welcome

It was that sense of hospitality that first attracted Sister Illig to become involved with Wellspring, first as a Board member and now for six years as executive director. "Anyone is welcome (at Wellspring) – there are no restrictions on what women and what children can come, there are no criteria that have to be met in order to be a guest," she said. "I love the fact that we refer to everyone as our guest."

## Then...

That ideal of guests and hospitality has been the cornerstone of Wellspring from the very beginning when the concept was first created by co-founders Sisters Catherine Connell

and Claire Graham, both members of the Sisters of Social Service, around 1983. Sister Connell said the concept for Wellspring came during one of their evening walks after work when both she and Sister Graham were approached in downtown Sacramento by a woman in need.

"A woman came up and nudged me on my arm and said, 'Got any money for food?'" Sister Connell recalled. "It was real clear, I could smell the alcohol on her and I thought, 'Oh dear, here this poor soul wants money for more alcohol.'"

The Sisters took the woman to a fast food restaurant in the area where they treated her to a meal.

"When we left and we were walking down the street, I turned to Sister Claire and said, 'Wouldn't it be wonderful if someday we could offer something more than just food and good-bye in the night?'" Sister Connell said.

Four years later, after leaving her current employment, Sister Connell called up Sister Graham and said it was time to make their dream a reality. With help from a friend and the local parish community, Wellspring Women's Center was born. The Center spent its first two years as a program of the Sacramento Food Bank & Family Services, then became a separate agency.

After two locations on Broadway, Wellspring found its current home in 1995 in the old Oak Park Firehouse.

## Now...

At the Oak Park Firehouse, Wellspring is concentrating on its main programs, the first of which is a Nutritious Meal Program. From 7:30 a.m. to 11:30 a.m., any woman and/or child can come in for a free hot breakfast. Wellspring averages about 200 women and children a day coming through its doors.

However, the unique thing about Wellspring is the support the guests receive in addition to their meal.

"I always think about what would happen if Wellspring wasn't there – where would those people go to get a nutritious meal and sometimes more importantly the support that they're given – the emotional support if they're going through a hard time," said Andy Thielen, an East Sacramento resident and Wellspring Board member for the past five years. "They're in a safe place for that morning from 7:30 to 11:30. They get a warm meal and are able to have a



Land Park News photo, Corrie Pelc

WELLSPRING WOMEN'S CENTER Executive Director Sister Judy Illig, left, and Children's Corner Coordinator Yi Yang, right, spend some time with their youngest guests in Wellspring's Children's Corner.

conversation with someone and discuss their problems with other people that may have similar problems. (It's) an escape for them."

Women like Elly (not her real name) and Beth (not her real name), call the Wellspring table they share each morning "sacred." Elly has been a guest of Wellspring every morning for 11 years, and she refers to Wellspring as a place of spiritual healing and love.

"It's for women who are in pain, women that are hungry – your soul is healed here," Elly said. "You are welcome here – all the staff welcomes you like you are a family. I don't know what I would do without it."

For Beth, Wellspring gave her a sense of belonging after her children grew up and left.

"For the first time I was very lonely and I wanted to find some place to come," Beth said. "(I am) so thankful to the volunteers. Everyone is wonderful and they really care for us."

Beth was also able to receive counseling she needed, as well as assistance in finding employment.

The women that come to Wellspring come from all different ethnicities and all different situations in life. Some are unemployed. Some are homeless. Some have mental health issues. Some are in or have escaped abusive relationships. Some are battling substance abuse.

To help the women through their problems, Wellspring offers a Women's Wellness Program that offers counseling, case management, resource referrals, wellness activities and workshops – all free of charge.

Wellspring currently has one social worker on staff and three social work interns, so there are two-to-three social workers for guests to speak with each day. And workshops and activities run the gamut from parenting classes to poetry writing to exercise classes, which are all related to helping the women that come to Wellspring build their sense of self-esteem and dignity, according to Sister Illig.

Many of the women that come to Wellspring find support from their peers as well.

"A lot of times you'll walk around the tables and you'll hear someone say 'This is what's happening with me right now and I know you went through this last year, how did you do it, what did you do?'" Sister Illig said. "They really are very good about helping each other. There's a real sense of trust there and the guests feel safe. It's wonderful to be in that kind of family environment."

While the women receive the support they need, their children can have fun in another Wellspring program, the Children's Corner, full of books, games and toys.

"The real emphasis (in the Children's Corner) now is on socialization skills, just fundamental learning skills," Sister Illig said. "They do a lot with just the kids working together, sharing."

During October, 106 different children came to the Center, with an average of 17 a day between the ages of 18 months and 8 years.

The Children's Corner has its own special activities. For example,

See Wellspring, page 21

# Wellspring: Women and children of every background, every social level served

Continued from page 20

Land Park resident and Wellspring Board member Patti Martinez told a children's author she knew about Wellspring. The author wanted to come to speak to the children.

"She brought some of the books that she wrote for Chinese New Year," Martinez said. "She did a reading to all the kids and brought some tastes of Chinese food that they would all share if it was Chinese New Year."

To further help support both the women and children that come to Wellspring, the Center offers its Safety Net Services, which includes occasional assistance with transportation, education and health services. Through this program, Wellspring accepts and distributes donations of diapers and hygiene items.

"One of the Wellspring employees said it best I think – Wellspring is the safety net below the safety net for the people that fall through the cracks," Thielen said. "There are various programs out there to help people that fall on hard times, but sometimes that's not enough. So we're there to provide a welcoming environment and offer the food and support that these women and children that are going through tough times (need), especially for those that don't have anywhere else to go. They may get assistance from other government agencies, but sometimes that's not enough to really fulfill what they need, especially emotionally. I think that's a lot of it – women and children may be able to get food in other places, but a lot of Wellspring's benefits go to the women emotionally that they get the support they need and a place to relax during their tough time."

## Volunteering at Wellspring

For the past 13 years, Wilton resident Sheri Stuckey has been coming to Wellspring Women's Center every Thursday for one hour before heading to work as a paralegal on Capitol Mall. Stuckey says she'll do anything to help out while there, either working in the kitchen or helping to serve breakfast, working in the back room or in the administrative offices upstairs. Additionally, for the past six years Stuckey has chaired Wellspring's annual dinner and auction fund raising event.

For the past eight years, now 91-year-old Pat Trippet has been volunteering at Wellspring. Known as Thursday's "official hugger," Pat greets each Wellspring guest with a cheery "good morning" and a hug.

And volunteer Board members Patti Martinez and Andy Thielen have a combined eight years on the Board of Wellspring. A real estate agent with Lyon Real Estate in downtown Sacramento, Andy sought a position on Wellspring's Board after hearing about the nonprofit through his volunteer work on the Sacramento Asso-

ciation of Realtors' Masters Club. He later brought on Martinez – a Lyon Real Estate colleague from the Land Park location.

These are just a few of the many volunteers at Wellspring Women's Center.

So what is it about Wellspring that keeps volunteers coming back? Trippet believes it's all about the people.

"I love the people, their warmth," she said. "The volunteers get as much out of it as the people do. I look forward to Thursdays."

Stuckey also found volunteering helps her keep prospective in life.

"When we get busy in our own lives, it really helps to volunteer and to see how other people are handling stress in their lives or problems in their life," she said. "And I think everybody has a little bit inside of them that they can always help someone else with. They just have to get out there and make themselves available to those people."

For information on volunteering at Wellspring Women's Center call (916) 454-9688 or visit [www.wellspringwomen.org](http://www.wellspringwomen.org).

Volunteers help to stretch dollars at Wellspring Women's Center, in addition to the many tasks they perform.

"We would not exist if it weren't for the volunteers," Sister Illig said. "Their energy and commitment is just unbelievable."

Volunteering is easy. "Anybody can volunteer, anybody can help, anybody can contribute, and it's amazing what a difference it makes in these ladies' lives," Martinez said.

### The Future...

Now in its 25th year, Wellspring is looking towards the future.

"Our goal right now is to make Wellspring a household name so that when people hear something about Wellspring it would be like

hearing about the Red Cross or United Way, where most people have recognition of that name," Thielen said. "I think in the next couple of years things will really take off for Wellspring – it has gotten better each year and despite the economy, Wellspring does continue to raise the funds needed to support our programs."

Another future goal for Wellspring is to pay off the current mortgage for the Firehouse, Martinez said.

"We're going to try to have a pay off the mortgage major fundraiser this year to see if we can get the building paid off," Martinez said. "If we didn't have the mortgage on the building, that would be a considerable help to us."

Wellspring also plans to make sure it can continue to offer the services it offers now.

"Maybe build up just the whole area of the counseling and case management kinds of things, to keep that program going (and maybe expand that part of it)," Sister Illig said. "Keep our meal as nutritious as possible – we really try to focus on that. And really helping women to believe in themselves – we really want to keep doing that."

For more information on volunteering or making a donation to Wellspring Women's Center call (916) 454-9688 or visit [www.wellspringwomen.org](http://www.wellspringwomen.org).

*Editor's note: Some names in this article are changed to protect the privacy of the guests of Wellspring Women's Center.*

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# CALENDAR

For more Calendar entries visit  
www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

## ONGOING

### 'Bingo: the Musical'

Through Jan. 8, 2012: Everybody gets to join in the fun at this musical. Call for times, prices. The Cosmopolitan Cabaret, 10th and K streets., Sac. (916) 557-1999 www.CosmopolitanCabaret.com

### Clayton Bailey's World of Wonders

Through Jan. 15, 2012: 180 works and complementary ephemera span 50 years of Bailey's prodigious production of genuine marvels. A ceramist, sculptor, and self-proclaimed "mad scientist," Bailey aims to surprise and delight with his art. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org.org

### Florence and the Baroque

Through Feb. 12, 2012: Drawn from the largest private collection of Florentine Baroque painting in the United States, this exhibiti-

tion reveals the intense emotion, saturated color, and refined brushwork that characterized painting in 17th-century Florence. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org.

### The Art of Disegno: Italian Prints & Drawings

Through Feb. 12, 2012: This exhibition, from the collections of the Georgia Museum of Art and Giuliano Ceseri, explores the variety and beauty of Italian draftsmanship through drawings and prints from the 16th through 18th centuries. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org.org

## NOVEMBER

### Bilingual Toastmasters

Nov. 24, Dec. 1, 8, 15, 22, 29: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentotoastmasters.com

### Bingo!

Nov. 24, Dec. 1, 8, 15, 22, 29: Enjoy a great local charity game of bingo every Thurs. night at 6:30 p.m. Benefits projects

in the community. Early bird for \$5, Regular game buy-in of \$20. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 422-6666

### Florin Sears Store Farmer's Market

Nov. 24, Dec. 1, 8, 15, 22, 29: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

### Food Addicts Anonymous

Nov. 24, Dec. 1, 8, 15, 22, 29: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

### Living Positive with Chronic Disease group

Nov. 24, Dec. 1, 8, 15, 22, 29: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danea Horn (503) 319-4247

### Rotary Club of Pocket/Greenhaven

Nov. 24, Dec. 1, 8, 15, 22, 29: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

### Sacramento Downtown Plaza

#### Farmer's Market

Nov. 24, Dec. 1, 8, 15, 22, 29: Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

### Sutterville Heights Optimist Club

Nov. 24, Dec. 1, 8, 15, 22, 29: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Golden Corral, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

### Ballroom Dances

Nov. 25, 29, Dec. 2, 6, 9, 13, 16, 20, 23, 27, 30: Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.-3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

### Free admission at Fairytale Town

Nov. 25: Fairytale Town is offering free admission to families who bring a canned or packaged good for donation the day after Thanksgiving. 10 a.m.-4 p.m. Fairytale Town, 3901 Land Park Dr., Sac. (916) 808-7462

### Kiwanis Club of East Sacramento-Midtown

Nov. 25, Dec. 2, 9, 16, 23, 30: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

### Rotary Club of Point West

Nov. 25, Dec. 2, 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. DoubleTree Hotel, 2001 Point West Way., Sac. www.pointwestrotary.com

### Soroptimists of Sacramento

Nov. 25, Dec. 2, 9, 16, 23, 30: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

### Country Club Plaza Farmer's Market

Nov. 26, Dec. 3, 10, 17, 24, 31: Country Club Plaza Farmer's Market. Every Saturday, year round. 8 a.m.-noon. Watt & El Camino, Butano Dr. parking lot, Sac. www.california-grown.com

## Are you 60 or older?

Have your pet vaccinated FREE of charge at the Sacramento SPCA on the first Wednesday of each month from 10 am - noon.



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Vaccinations given at Gracie's Adoption Center at the Sacramento SPCA  
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## SACRAMENTO CHILDREN'S CHORUS

*The Spirit of the Season*  
HOLIDAY CONCERTS

**December 3, 2011, at 7:30 p.m.**  
Westminster Presbyterian Church  
1300 N Street, Sacramento, CA 95814

**December 4, 2011, at 4:00 p.m.**  
Carmichael Seventh Day Adventist Church  
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[www.sacramentochildrenschorus.org](http://www.sacramentochildrenschorus.org)

# — EVENT LISTING SECTION —

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers.  
Call (916) 429-9901 for rates.

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Holiday Concerts  
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Westminster Presbyterian Church  
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Dec. 17th - 7 p.m. Stockton  
See website for performance locations & tickets  
[capitolballet.com](http://capitolballet.com)  
(916) 484-1188

**Nutcracker Ballet**  
Dec. 3 at 7 p.m. & Dec. 4 at 2 p.m.  
Crockett-Deane Ballet Company  
& Deane Dance Center Dancers  
"Christmas Angels"  
and the "Nutcracker"  
The Center at 2300 Sierra Blvd.  
\$15 adults; \$12 seniors/students,  
\$10 children. Tickets at the door  
& at Deane Dance Center 3385  
Lanatt St. (916) 453-0226

**33rd Annual  
"Holiday Show of Hands"  
CRAFT FAIR**  
Friday, Dec 2, 5 to 9 p.m (\$3)  
Saturday, Dec 3, 9 a.m. to 7 p.m.  
Sunday, Dec 4, 9 a.m. to 3 p.m.  
*Unique, hand-crafted gifts, decorator  
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5701 Locust Avenue, Carmichael



**Food Addicts Anonymous**

Nov. 26, Dec. 3, 10, 17, 24, 31: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

**Carmichael Farmer's Market**

Nov. 27, Dec. 4, 11, 18, 25: Carmichael Farmer's Market. 8 a.m.-1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneysmartusa.org

**Co-Dependents Anonymous**

Nov. 27, Dec. 4, 11, 18, 25: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

**Community Sunday breakfast**

Nov. 27, Dec. 4, 11, 18, 25: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

**State Parking Lot Farmer's Market**

Nov. 27, Dec. 4, 11, 18, 25: State Parking Lot Farmer's Market. Every Sunday, year round. 8 a.m.-noon. 8th & W streets, under Highway 50, Sac. www.california-grown.com

**Sunday Support for the Widowed**

Nov. 27, Dec. 4, 11, 18, 25: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine - holidays included. 3 p.m.-5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

**Hatha yoga**

Nov. 28, Dec. 5, 12, 19, 26: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.-4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

**Nicotine Anonymous**

Nov. 28, Dec. 5, 12, 19, 26: Nicotine Anonymous meeting. Meets every Monday, 5:30 p.m.-6:30 p.m. Westminster Presbyterian Church, 1300 N St., Sac. Brandi Bowman (916) 984-3501

**Rotary Club of South Sacramento**

Nov. 28, Dec. 5, 12, 19, 26: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

**Tai Chi & Chi Keung**

Nov. 28, Dec. 5, 12, 19, 26: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

**Toastmasters**

Nov. 28, Dec. 5, 12, 19, 26: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.-8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freetoasthost.org

**Rotary Club of Arden-Arcade**

Nov. 29, Dec. 6, 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

**Rotary Club of Carmichael**

Nov. 29, Dec. 6, 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

**Upholstery class**

Nov. 29, 30, Dec. 6, 7, 13, 14, 20, 21, 27, 28: Learn how to upholster! All types: furniture, auto, boat. Adult ed class taught by an upholstery professional. Tuesdays, 11 a.m.-3 p.m., Wednesdays, 9 a.m.-1 p.m. \$45 for four weeks. McClaskey Adult Center, 5241 J St., Sac. Jerry Prettyman (916) 806-2172

**Co-Dependents Anonymous**

Nov. 30, Dec. 7, 14, 21, 28: 12-Step group for those who struggle to maintain healthy relationships. Meets Wednesdays. 7 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

**"Holiday Show of Hands" CRAFT FAIR**



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**Saturday, Dec. 3 9am - 7pm** (Free)  
**Sunday, Dec. 4 9am - 3pm** (Free)

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**GIFT MAKING WORKSHOP FOR CHILDREN**  
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Faces and places

## Harvest of Hope at Troubie Homecoming

Story by **SUSAN LAIRD**  
Land Park News editor

Photos by **GENNY CARIDI-MCNULTY**  
Special to Land Park News

The students of St. Francis High School kicked off their annual Spirit Week (Nov. 14 – 18) with two traditional Troubadour competitions: the Canned Food Drive and the Penny War.

Each class competes against the other in this annual warm-up to one of the most unique – and loud – spirit weeks in the region. (Trobies are often asked, “How can you have Homecoming when you have no football team?” “It’s complicated...”).

### Canned Food Drive results

The Canned Food Drive benefits area food banks in the Sacramento region on a rotating basis. This year, the Troubadours chose to help the Elk Grove Food Bank.

Some 100,300 items were donated by the young women to the food bank, including:

- + 47,000 boxes of macaroni and cheese,
- + 25,000 jars of baby food,
- + 11,780 cans of fruit,

- + 11,520 cans of soup, and
- + 1,200 cans of tuna.

Results for the Canned Food Drive were as follows: First place, the Senior Class; Second place, the Juniors; Third place, the Sophomores; and Fourth place, the Freshman class.

Students also held bake sales and a fundraiser evening at Chipotle, raising some \$6,600 in cash for the food bank, also.

### Penny War

Each class competes to see which one can raise the most money for charity. Students “vote” points for their class with pennies. In an interesting twist, “silver” coins (nickels, dimes, etc.) can subtract points. This can make the competition interesting when one class donates a roll of quarters to another one.

This year’s Penny War beneficiary is Cristo Rey High School, which provides a private high school education for students who otherwise could not afford one.

In this competition, the Senior class placed first; the Sophomore class placed second; the Junior class placed third – narrowly defeating the Freshman class, which placed fourth.

Some \$9,000 was raised by the Troubadours for the students of Cristo Rey High.

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**DUNNIGAN**  
Realtors

# Harvest: Monies also raised for Cristo Rey High School

Continued from page 26



## VALLEY COMMUNITY NEWSPAPERS, INC. Community News In Your Hands



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## Realtors



### CLASSIC BRICK TUDOR

Beautifully maintained brick Tudor is located on 4th Ave, the "Brick street" in Land Park. 3 beds 2 baths, large living room with gorgeous architectural ceiling and fireplace flanked by windows. Formal dining room with bay window, spacious kitchen; master bed room has a lovely sitting room and parquet floors opening to pretty backyard. See: [visualtour.com/shownp.asp?t=2635348](http://visualtour.com/shownp.asp?t=2635348) - \$525,000

**CHARLENE SINGLEY 452-2228**



### LAND PARK COTTAGE

Sweet, spacious and beautifully maintained and oh, the possibilities!! 2 or 3 bedrooms, with master bedroom that has its own sitting room (or it could be a nursery or exercise room). Den with knotty pine cabinets where you can just feel the warmth of yesteryear. Spacious kitchen and gleaming hardwood floors. See: [264417thstreet.ihousenet.com](http://264417thstreet.ihousenet.com) \$299,900

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**PAULA SWAYNE 425-9715**



### QUAINT CURTIS PARK

Here is a Curtis Park charmer that is move-in ready. 2 bedrooms, 1½ baths, pretty hardwood floors, granite countertops, formal dining room and breakfast nook; inside laundry. Easy care yard and great patio. Walk to Taylor's Market and Light Rail. See: [www.2114marshalloway.epropertiesites.com](http://www.2114marshalloway.epropertiesites.com) \$259,000

**JAMIE RICH 612-4000**



### COZY LAND PARK

Cozy 2 bedroom cottage; a perfect starter or investment property! Close to Tower Theater and public transportation. Walkable, plus energy upgrades including central heat and air conditioning, ceiling fans and dual pane windows! Better hurry at this price! See: [www.2582harknessstreet.ihousenet.com](http://www.2582harknessstreet.ihousenet.com) \$217,000

**SHEILA VAN NOY 505-5395**



### DUPLEX

Charming duplex with one bedroom, one bath units with fireplaces, central heat and air conditioning and dual pane windows on each side. Both units share a two car garage, covered patio and lovely backyard. Close to City College and Land Park See: [www.2245-4912thAve.com](http://www.2245-4912thAve.com) \$250,000

**LIBBY NEIL 539-5881**



### LOT ON THE RIVER

Rare opportunity to build your own home on a riverfront lot in the Little Pocket area close to the freeway and downtown. This lot is on Riverside Blvd close to 35th Ave. Must see this beautiful lot. Feel free to go by and walk around the lot and enjoy the Sacramento River. See 5746 Riverside Blvd. \$325,000

**MONA GERGEN 247-9555**



### SOUTH LAND PARK

Wonderful three bedroom two bathroom home on a highly desired location. Beautiful curb appeal with gorgeous landscaping. Home has a large backyard and large side yard for boat or possibly rv parking. This is a great price for this neighborhood. See: [www.visualtour.com/shownp.asp?t=2599732](http://www.visualtour.com/shownp.asp?t=2599732) \$259,000

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### SARATOGA TOWNHOMES

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