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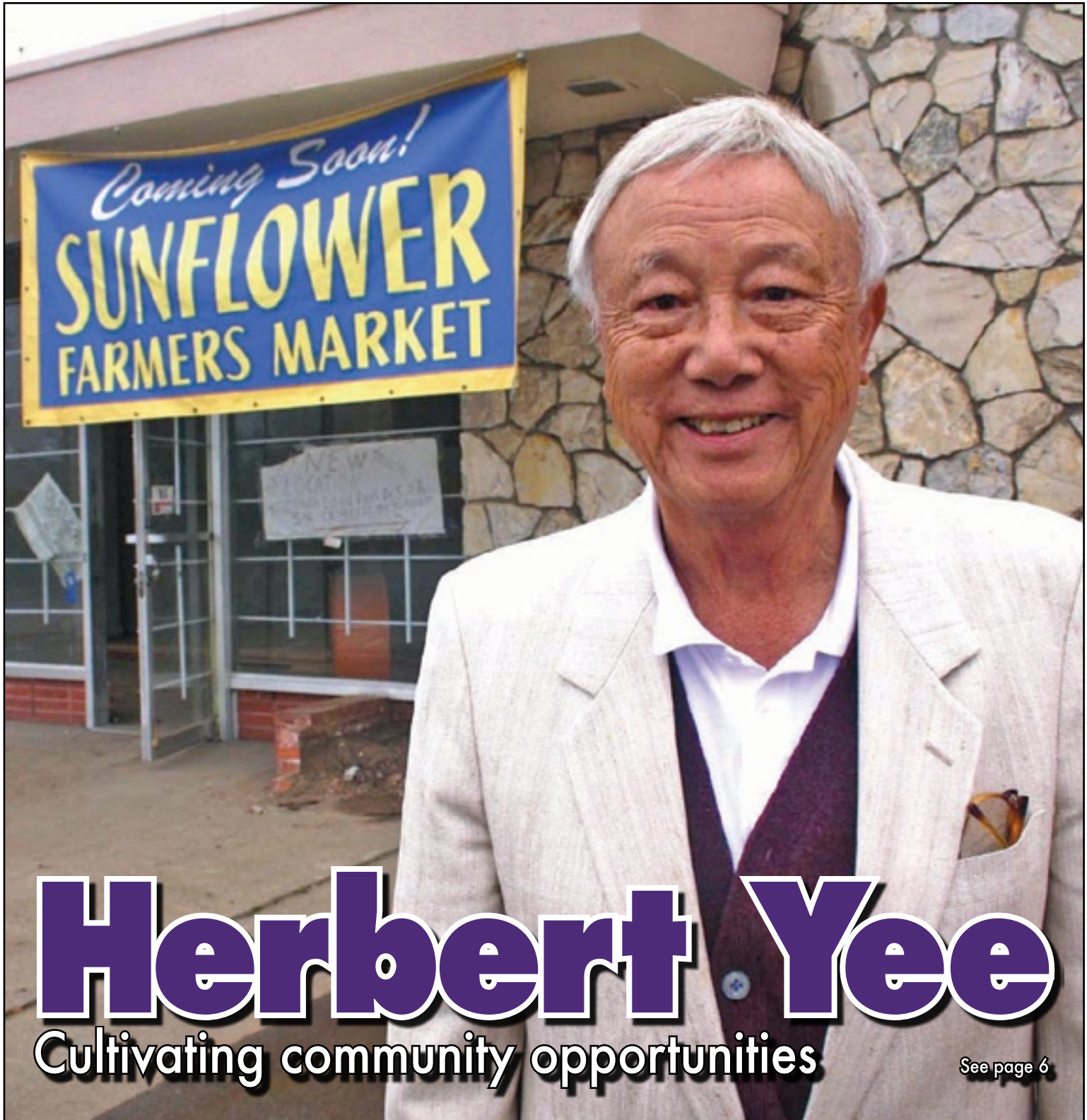
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The Land Park News is published on the second and fourth Thursdays of the month and delivered by mail and home delivery in the area bounded by Broadway to the north, Interstate 5 on the west, Florin Road on the south and Freeport Boulevard/21st Street on the east.

**Publisher**..... George Macko  
**General Manager**..... Kathleen Egan  
**Editor**..... Susan Laird  
**Art Director**..... John Ochoa  
**Junior Designer**..... Ryan Vuong  
**Advertising Executives**... Linda Pohl, Patty Colmer, Melissa Andrews  
**Distribution/Subscriptions**..... George Macko

\$30 a year subscription

Vol. XX • No. 23

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Sacramento,  
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Cover photo by:  
Lance Armstrong

Other photos  
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## Season of Giving:

# Ways families can give back this holiday season

By **CORRIE PELC**  
Land Park News writer  
[corrie@valcomnews.com](mailto:corrie@valcomnews.com)

'Tis the season for good will and giving back. A number of great organizations in the Sacramento area need help from the community this holiday season.

Here are a few to get families and individuals started, along with some additional resources – for now and the entire year.

### Adopt-A-Family

Volunteers are needed from now until Dec. 23 to help with data entry, organizing and decorating the Gift Distribution Center, loading/unloading presents, wrapping presents, and much more. And families can still be adopted until Dec. 15. Contact Katrina Balcus at [kbalcus@volunteersac.org](mailto:kbalcus@volunteersac.org) or (916) 567-3100.

### Be a Santa to a Senior

Visit [www.beasantatoasenior.com](http://www.beasantatoasenior.com) and search for participating companies or businesses in your area. Once you find one, you can pick an ornament off their giving tree, purchase the present, and bring the present to the participating vendor to be distributed to the senior in need.

### "Bring the Heat" Blanket Drive

Sponsored by The Tweener Club (a youth group) at the George Sim Community Center and the Flaming Knights Motorcycle Club, this third annual drive is looking for donations of blankets and volunteers to distribute on Dec. 17. Contact [vroberson@cityofsacramento.org](mailto:vroberson@cityofsacramento.org) for more information or contact the FKMC Hotline at (916) 719-0754 or email [flamingknightssac@yahoo.com](mailto:flamingknightssac@yahoo.com).

### Gifts From the Heart

This annual program of the Department of Health and Human Services provides presents for children, teens and adults they serve. Donations and volunteers needed! Contact Tammy Lieu at (916) 875-2027 or email [LiuT@saccounty.net](mailto:LiuT@saccounty.net).

### Meals on Wheels

About 2,300 Sacramento County seniors receive services through Meals on Wheels and both

volunteers and donations are always needed. For more information visit <http://mowsac.org>.

### Sacramento County Sheriff's Department's Toy Project

The Project builds toys and repairs bikes all-year round, which are then distributed during the holidays to children and families in the unincorporated areas of Sacramento County and Rancho Cordova. Donations are needed. For more information, visit [www.toyproject.org](http://www.toyproject.org).

### St. John's Shelter for Women and Children

Donations of wrapping paper, gift boxes, tape, gift tags, tissue paper, bags and bows are needed, as well as 100 plastic 66 quart storage bins for gift distribution. If you can help, contact Sara Amin at [samin@stjohnsshelter.org](mailto:samin@stjohnsshelter.org) or (916) 453-1482, ext. 15.

### Ushers for Holiday Productions

The Capital Stage Company needs ushers for its productions of *Every Christmas Story Ever Told* and *It's a Wonderful Live, a Live Radio Play* from now until Jan. 1. Contact Lisa Thew at [lthew@capstage.org](mailto:lthew@capstage.org) or (916) 995-5464.

### Additional Volunteering Resources City of Sacramento Volunteer Program

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[www.cityofsacramento.org/volunteers](http://www.cityofsacramento.org/volunteers)

### Hands-On Sacramento

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### Sacramento County

[www.saccounty.net/GetInvolved/Volunteer](http://www.saccounty.net/GetInvolved/Volunteer)

### The Volunteer Center of Sacramento

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### Volunteers of America: Greater Sacramento and Northern Nevada

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# Sing along with Mr. Cooper at Belle Cooledge Library

Land Park News staff

Neighborhood favorite Mister Cooper will be on hand to lead children ages three to seven in 30 minutes of music time at the Belle Cooledge Library on Tuesday, Dec. 20 at 4 p.m.

All are welcome. Youngsters enjoy singing along with Mister Cooper as he sings songs such as "Mathilda the Gorilla," and "Circle of Seeds."

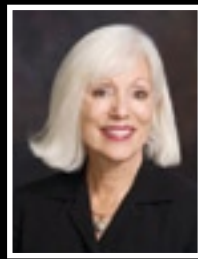
Adults and kids also enjoy bouncing and rocking out to the "Funky Freeze Dance."

The Belle Cooledge Library is located at 5600 South Land Park Drive in Sacramento. For more information, call (916) 264-2700 or visit [www.saclibrary.org](http://www.saclibrary.org).



Photo courtesy, Sacramento Public Library

**NEIGHBORHOOD FAVORITE** Mr. Cooper will sing songs for young children and their adults (and older siblings) at the Belle Cooledge Library on Dec. 20. It's a great opportunity to do something fun as a family.



**Sue Olson & Teresa Olson**

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**LAND PARK**

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**LAND PARK**

Charming one of a kind cottage. Open beamed ceilings in living room and kitchen. Lovely updated kitchen, hardwood floors, two large bedrooms, remodeled bathroom plus 1/2 bath. Inside laundry, french doors from dining area and one bedroom to lovely private garden and patio. Two car garage and breezeway from rear door to garage. 1101 10th Ave. \$479,000



**WALK TO THE PARK**

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**LAND PARK**

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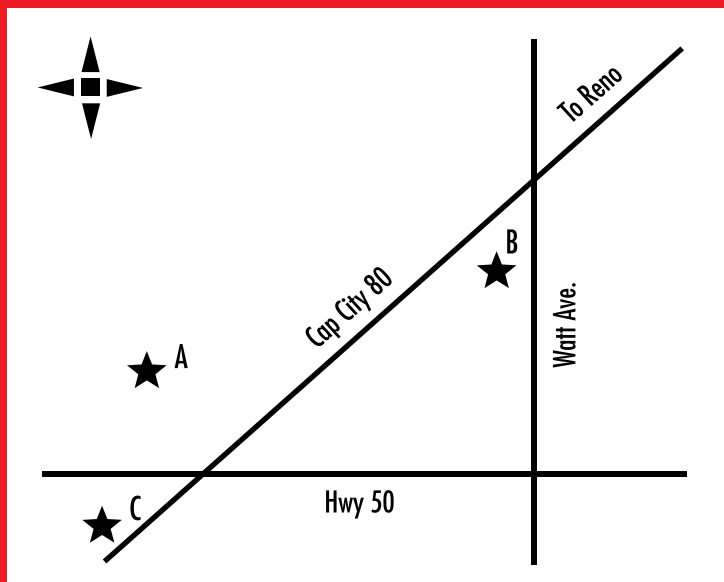
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No excuse to be bored:

## Family fun in the Sacramento area

By MARC MALONEY  
 Land Park News writer  
 mmaloney@valcomnews.com

With the holiday season upon us, it's time to start thinking about ways to keep the family and kids entertained during those long breaks from school. Luckily, the Sacramento region offers a full slate of family- and kid-friendly events, attractions and places that can help fend off that inevitable declaration of "I'm bored!" that you know you'll hear once all the new toys have been opened and played with.

### Fairytale Town

Located at 3901 Land Park Drive, Fairytale Town ([www.fairytaletown.org](http://www.fairytaletown.org)) is one of Sacramento's best-known family attractions. Since opening in 1959, the 2.5-acre play park and outdoor children's museum that brings fairytales and nursery rhymes to life has welcomed millions of guests. More than 25 bright and colorful playsets give young children a backdrop to act out their favorite stories, to encourage creative discovery, and to exercise their minds and bodies on child-

friendly slides throughout the grounds.

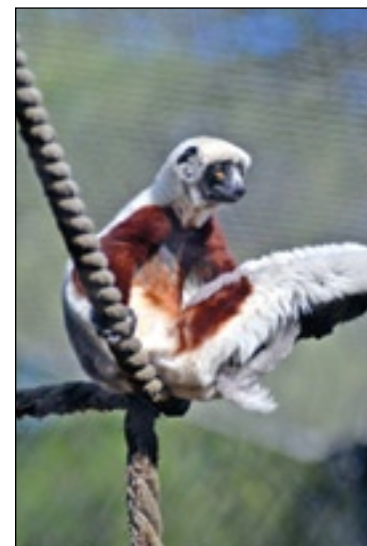
Saturday, Dec. 10 will be a winter wonderland at Fairytale Town, with a hands-on celebration of holiday arts and crafts from around the world. Santa's workshop will be open with Santa on hand, with photos with Santa available for \$5.

Regular winter hours at Fairytale Town are Thursdays through Sundays from 10 a.m. until 4 p.m., weather permitting.

### Skating

Ice and rolling skating are two ways to burn off some of those holiday calories; both are offered at multiple spots around the Sacramento region. Ice skaters can lace up their skates at the downtown Sacramento Ice Rink, located at St. Rose of Lima Park at 7th and K streets, and at Skatetown Roseville, 1009 Orlando Ave. in Roseville.

The Downtown Ice Rink is open daily through Jan. 16, 2012. Hours are Mondays through Thursdays from 2 p.m. to 8 p.m., Fridays and Saturdays from 10 a.m. until 10 p.m., and Sundays from 10 a.m. to 8 p.m. Holiday



Land Park News file photo, Tom Paniagua  
**WALK ON THE WILD SIDE** at the Sacramento Zoo this month. Special events are planned throughout the holiday season.

hours of 10 a.m. until 6 p.m. will be offered on Christmas Eve, New Year's Eve, and New Year's Day. The rink is closed Christmas Day. Admission is \$8 for a two-hour session, and skate rental is \$2. A full calendar of special events, like Disco night, Ugly Sweater Day, and a Luau, can be found at <http://downtownsac.org/events/westfield-downtown-plaza-ice-rink>.

Skatetown Roseville offers two NHL-sized indoor ice

See Family Fun, page 5

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# Family fun: From fairy tales to animal adventures, activities abound in Sac-town

Continued from page 4

rinks, learn-to-skate classes, hockey league play, ice skating coaching, and more. A full list of dates and times, information about admission and rental costs, and holiday hours is available online at [www.skatetown-roseville.com](http://www.skatetown-roseville.com).

If roller skating is more your style, Foothill Skate Inn, located at 4700 Auburn Blvd., is your spot. The facility's typical weekly winter schedule includes open skating sessions on Sunday afternoons between 1 p.m. and 5:30 p.m., Monday nights from 6:30 p.m. until 10 p.m., Wednesday family skate nights from 6:30 p.m. to 9 p.m., Friday evenings between 6:30 p.m. and 10:30 p.m., and Saturdays from 11 a.m. until 5:30 p.m. and again from 6:30 p.m. to 10:30 p.m. every Saturday night. See [www.foothillskateinn.com](http://www.foothillskateinn.com) for more information.

## Animal adventures

Animal lovers have plenty of holiday options at the area's various zoos, nature centers, and parks.

Another Land Park staple, the Sacramento Zoo, is located at 3930 South Land Park Drive. The zoo is open daily from 10 a.m. until 4

p.m., with the exceptions of Christmas Day, when the zoo is closed, and Christmas Eve, when it is open from 10 a.m. to 1:30 p.m. and admission is free.

Several special events are planned at the zoo throughout the holidays. Zoo visitors who bring a non-perishable food item or a new, unwrapped toy when they visit the Zoo by Dec. 24 will receive \$1 off zoo admission. Food donations benefit the Sacramento Food Bank and families in need; toy donations benefit Toys for Tots.

On weekends in December, zoo visitors will be able to buy handcrafted wreaths and zoo-grown mistletoe to benefit the American Association of Zookeepers, and on Saturday, Dec. 10, the zoo's animals will open their holiday presents. On Christmas Eve, Dec. 24, the zoo will be open from 10 a.m. until 1:30 p.m. for a special pajama party, with free admission and zoo staff wearing their finest jammies.

The Effie Yeaw Nature Center in Ancil Hoffman Park in Carmichael offers quiet trails, wildlife viewing opportunities, and interactive exhibits for the entire family. For more

details, visit <http://www.sacnaturecenter.net/>.

The December schedule includes a special holiday shopping event scheduled from 9 a.m. until 4 p.m. Saturday, Dec. 3, with all profits from this annual sale benefitting the center's educational programs. Shoppers can help nature education programs and pick up bargains for the nature lovers and kids on their lists.

A birding basics program will begin at 1:30 p.m. Dec. 4. At 10:30 a.m. Saturday, Dec. 10, guests are invited to explore the river's edge, which provides habitat for beavers, otters, herons, and other wildlife. Cold-blooded creatures will be the featured attraction at 1:30 p.m. Sunday, Dec. 18, and at 10:30 a.m. on Christmas Eve, visitors can hear a Native American story about the coyote and get a close-up look at a coyote pelt, skull and mounted specimen. Finally, at 10:30 a.m. on New Year's Eve, visitors can meet the center's newest animal resident, a young great horned owl, and learn how these impressive birds earned the fearsome nickname "Flying Tiger."



Land Park News file photo, Bill Condray  
EXPLORE how Sacramento's first residents, the Maidu Indians, lived. The Effie Yeaw Nature Center in Ancil Hoffman Park in Carmichael offers interactive exhibits for the whole family.

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# Entrepreneur, retired dentist...humanitarian: Herbert Yee cultivates community growth in Sacramento

By LANCE ARMSTRONG  
Land Park News writer  
lance@valcomnews.com

Well-known Sacramento resident, retired dentist Dr. Herbert Yee may have recently turned 87 years old, but his age has certainly not hindered his motivation to contribute to the community.

His latest contribution is bringing a unique, 30,000-square-foot grocery store to local shoppers at his South Land Park shopping center, just south of the Sacramento Zoo.

### Market coming this spring

While spending a moment at the shopping center last week, Herbert enthusiastically shared details about the soon-to-be-opened Sunflower Farmers Market.

"We have been working since June 1 on the

new market," Herbert said. "They signed the lease on June 1, we hired a contractor, named Headwater, and the owners (of Headwater) are (former Sacramento vice mayor) Doug Pope and Norm Marshall. Sunflower is a market from (Boulder) Colorado. They're based there and they have big warehouses in Phoenix, Ariz. and they're in New Mexico and they're now in California. They're also in Las Vegas, Nev., where they have two stores. Right now they have about 33 stores and three more developing. They opened their first (local) one six months ago in Roseville Square and then about a month ago, they opened one in Modesto, and a third one in this area, then they have one in Fremont and one planned in Mountain View and San Jose, so they're moving."

Altogether, this nearly 10-year-old grocery store chain operates markets in eight states, including all of the aforementioned states, as well as in Utah, Texas and Oklahoma.

Sunflower, which is scheduled to open in Herbert's shopping center in May, is the response to a failed attempt to complete a deal that would have brought a Trader Joe's specialty grocery store to the same site last year.

Herbert speaks very highly about Sunflower, which is dedicated to providing its customers with natural and organic products at reasonable prices.

"I am very impressed with Sunflower," Herbert said. "They promise that they will buy locally. They have five air conditioners upstairs. Four of them are 12 and a half tons, one is seven tons. And I said, 'Why do you need so much air conditioning?' They said, 'We want to keep the vegetables fresh.'"

Sunflower's departments include meat and seafood, bakery and deli, natural living, dairy/frozen, beer and wine and floral items. The chain purchases almost all of its products by the pallet or truckload in



Land Park News photo, Lance Armstrong  
Herbert Yee stands in front of the soon-to-be-opened Sunflower Farmers Market on Del Rio Road, just south of the Sacramento Zoo.

order to save money. Sunflower then passes part of its savings on to customers.

Furthermore, the store does not charge its vendors for shelf space and it has no membership cards or complicated discount schemes.

In its efforts to provide its customers with low prices, the store is dedicated to its motto, "Better than supermarket quality at better than supermarket prices" and its slogan, "Serious food, silly prices."

Sunflower Farmers Market will fill the southern end of the South Land Park shopping center on Del Rio

Road. The shopping center also includes La Bou Bakery and Café, Parkside Pharmacy and Macau Café.

In addition to bringing a new market to South Land Park, Herbert, who is a 1942 graduate of Sacramento High School and a World War II veteran, has kept active with many other properties and activities during his life.

### Dentist to Calif. governors

Many locals remember Herbert for his success in dentistry, as he spent 54 years in this profession, including his time as the offi-

See Yee, page 7

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# Yee: Sunflower Farmers Market on schedule to open this spring

Continued from page 6

cial dentist for the staff of two governors – Pat Brown and Ronald Reagan.

## Community leader

Herbert's many titles that he has held read like credits at the end of a feature film.

Among the many special positions that he has held are president of the California State Board of Dental Examiners, regent of the University of Pacific, president of the UOP Dental School Alumni Association, president of the International College of Dentists, president of the American Cancer Society for Sacramento County, counselor of the American Dental Association's Council on Dental Education, district governor of Lion's Club District 4 C5, president of the Sacramento Chinese Benevolent Association, president of the Sun Yat Sen Memorial Association and president of the Yee Fong Toy family association.

He has served on the California State Railroad Museum Foundation board for about the past 30 years.

## A presidential commendation

In 1984, Herbert was named president of the U.S. section of the International College of Dentists at the annual convention in Atlanta.

In acknowledging Herbert's naming to this position, President Ronald Reagan sent a letter to Herbert that included the following words: "This honor reflects your commitment to your profession and to the organization paying tribute to you. By your service as a dentist and as a member of your community, you have made outstanding contributions. In every area where you work, whether as a member of your profession or as a concerned citizen, your dedication is greatly respected."

## Active gentleman of the community

Herbert, who also owns the buildings occupying Pizza Hut, Kamon Sushi restaurant and bar and A

& A Company video, cellular phones, music, etc. at the southwest corner of 16th and V streets, the Asian Food Center at 1301 Broadway and Bud's Buffet at 1016 10th Street. He is a longtime member of the Sutter Club, American Legion Post 692, Lion's Club District 4 C5, the Sacramento Pioneer Association and the Del Paso Country Club.

## Humanitarian

He has also contributed to his native land through his funding of the construction of China's Kee Siu School, which opened on Sept. 28, 1981, and a cultural center and library named after himself and his father, Henry Yee. The cultural center and library opened in China in 2007.

## Descendant of Sacramento pioneers

Although Herbert did not arrive in the United States at Angel Island as an immigrant from Sing Tong, Kee Siu, Toi Shan, China until he was 6 years old on May 1, 1931, his family history in Sacramento dates back to the 19th century.

Herbert's great-grandfather, an herbalist, named Dr. Wah Hing (born Yee Fung Cheung), arrived in California during the Gold Rush, and while practicing in Sacramento, he had his most famous patient, Jane Stanford, the wife of Gov. Leland Stanford.

Herbert explained the story behind his grandfather's work with Jane Stanford.

"As the story goes – you're talking legend, because this was so long ago – in about 1862, (Jane Stanford) was suffering from sort of like pneumonia and the American doctor said that he could no longer do any more and that was it," Herbert said. "The Chinese chef said, 'Well, since you finally gave up, why don't you try our Chinese doctor?' So, the governor said, 'Well,



Herbert Yee provided the finances for the Kee Siu School in his hometown in China.

Photo courtesy, Herbert Yee

go and fetch him.' So, (the chef) got on the horse and buggy, went down to Chinatown and they located him playing mah-jongg or gambling something at Wah Hing grocery store. So, (Dr. Wah Hing) told his helper – a young man – to go fetch a certain item of medicine and they brewed it and then brought it to the governor's mansion. (The doctor) then gave the brew to Mrs. Stanford and told the staff that in one hour, if her fever breaks and she can breathe, then she would be fine. Interestingly, this story was related to me back in 1950 by an old man who was 100 years old. He said, 'You know, you're great-grandpa saved the governor's wife.' So, the legend has been traveling all of these years."

Today, Herbert resides in South Land Park with his wife, Inez, whom he married in 1945. The couple has four sons, four daughters-in-law, nine grandchildren and nine great-grandchildren.

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# Artist Wayne Thiebaud has Land Park book signing

By SALLY KING  
Land Park News writer  
sally@valcomnews.com

A line began forming at Parkside Pharmacy in Land Park on the afternoon of Dec. 3. Folks were chatting and smiling, with a favorite book or calendar in tow. There was a feeling of excitement in the air when a man with silver hair and bright, twinkling eyes appeared.

No, not Santa Claus, but someone else who is also truly adored by his fans. American artist Wayne Thiebaud walked in. He immediately started shaking hands with people and sat down at a small table, where he signed books and calendars and posed for photos.

Ronnie Clark, a Land Park resident said she likes his food art.

"It is deliciously bright and enticing," Clark said. "I love his paintings of portraits too. The people look real and Thiebaud paints such raw expressions."

Thiebaud is 91 years old and still occasionally gives lectures at U.C. Davis, where he first started teaching in 1960. He painted the cover, "Harvest Display,"

for the Nov. 24 edition of New Yorker magazine. Thiebaud's son, Matt Bult, said his father is working on a couple of paintings for the Miami Art Fair.

Bult said he accompanies his father when he has book signings to make sure the event does not extend much beyond an hour.

"My dad plays tennis every Wednesday with R. Bennett Miller, a former mayor of Sacramento," Bult said. "If my dad's book signings last more than an hour, it makes his hand sore and can affect his tennis game and he doesn't like that."

Thiebaud is most famous for his paintings of pies and pastries. He uses vivid colors and is associated with pop art painters, though he slightly predates them – suggesting it is the other way around with him influencing them. His first solo exhibition, "Influences on a Young Painter," was at the Crocker Art Gallery in 1951.

Myrna Corzine, who lives in South Land Park, has been an acquaintance of Thiebaud's for many years.

"My favorite painting of his is 'Candy Apples,'" Corzine said. "His paint-



Land Park News photo, Stuart King  
AMERICAN ARTIST Wayne Thiebaud was at the Parkside Pharmacy for a book signing of "Delicious: the Life and Art of Wayne Thiebaud." Left to right, Thiebaud, Michelle Ortego.

ings glisten like treats you could pick off the canvas and eat."

Corzine said Thiebaud is one of the most famous painters of our time and yet so unassuming and a real gentleman.

Throughout the book signing, Thiebaud never seemed to tire and he made sure his fans had their books signed, occasionally placing a kiss on a cheek and a smile on a face.

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Taking on the moral, physical and mental challenge:

# Sacramento girl studies the history of war at the United States Naval Academy

By SALLY KING  
Land Park News writer  
sally@valcomnews.com

Alexandra Chan is slender and petite with short hair and dark eyes. On first impression, one might think that is someone who might enjoy ballet...not someone who competed in the Navy's Marine Sea Trials – a grueling 14-hour day of extreme physical endurance testing based on Marine Corps principles.

"I was elated to just finish it," Chan said. "It was hard."

## Local girl with love of history

Chan is attending the United States Naval Academy in Annapolis, Maryland. Growing up in the Pocket area, she remembers always having an interest in the military. Her favorite subject is history and especially the history of war. As a young child, she watched the Wishbone series on television and her favorite episode was the "Red Badge of Courage," a story about the American Civil War.

Chan graduated from St. Francis High School in Sacramento. She approached her parents with the idea of attending military school during her sophomore year.

"I was nervous about telling my parents," Chan said. "But they were very supportive of my decision."

What sold her on joining the military was being able to attend one of the best schools in the country and not having to pay tuition... plus, she would be serving her country. (The value of a USNA education, if one were to pay for it outright, is nearly \$400,000 per student.)

Chan said a friend of hers, Shelby De La Mora – who also graduated from St. Francis High – was the one

who convinced her to join the Naval Academy. De La Mora, a senior at St. Francis, had already applied to Annapolis Naval School when Chan was a freshman Troubadour.

Chan took her oath of office on July 1, 2010 and is a member of the USNA Class of 2014. She is working on a Bachelor of Science degree in history. Normally, history is listed as a liberal arts degree. The academy includes additional science and math classes in its program to make it a science degree. She loves her "History of Warfare" class and recently had the opportunity to use her knowledge of the conflict in Afghanistan at a leadership conference in Washington D.C.

"I have the best teachers," Chan said. "They always make themselves available."

## In shape...physically and morally

Chan enjoys the challenge of having to stay in topnotch shape and likes that morals are part of the education program. A plus are the close relationships she has made at the academy.

"We are taught we have to do the right thing," Chan said. "I have formed some close relationships because as a group we go through so much together."

Chan said she has many good role models in the other students and teachers.

Emani Decquir is a junior at the academy and is Chan's mentor. Both young women had the same recruiting officer and he introduced them to each other.

"If Chan has a problem she knows she can come to me," Decquir said. "We both have the same type of personalities where we want to do our best."

## Pocket ball...in the Navy

The Pocket area of Sacramento has a strong tradition of girls' baseball. For seven years, Chan played Little League in the Pocket (for the Marlins, Cubs, Tigers and Reds teams), then played Delta River League softball for St. Francis. Her love of the sport continues, and she is a member of the Navy Softball team.

## Challenging college app

"The process to get accepted into the Navy Academy is rigorous," Chan said. "I started the paperwork the end of my sophomore year."

There are several parts in the process.

The first part is filling out the paper work. Required are: the student's transcripts from high school, SAT scores, a personal statement, two letters of recommendation from a senator, congressman, or the vice president or president of the United States.

Congresswoman Doris Matsui wrote Chan's recommendation.



Photo courtesy, Alexandra Chan

ALEXANDRA CHAN, seen here with her parents, Shellyanne Chang and Charles Chan of Sacramento, is in her second year at the United States Naval Academy.

In addition, one must be medically cleared. Chan said this was her biggest hurdle because she must wear corrective lenses. After initially receiving an acceptance letter into the academy, she was medically denied because of her poor vision. Chan didn't let that stop her and with some persistence on her part, the academy reversed its decision.

Chan said the most challenging part of the program, so far, has been the Sea Trials.

## Navy traditions

Chan enjoys the traditions carried out in the military. She is required to attend every football game and the tradition is standing through the whole game.

Chan likes the diversity of the Naval Academy. When she finishes school, Chan said she will have many options available to her.

## A prestigious academy

An academy brochure explains the Naval Academy was founded in 1845 and is considered a prestigious four-year service academy that prepares midshipmen morally, mentally and physically to be professional officers in the naval service.

The Academy has more than 4,400 men and women from the United States and several foreign countries that make up the student body. Upon graduation, they serve at least five years as commissioned officers in either the Navy or Marine Corps.

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Louie, Wes, Ted & Henry

# 'A Joyful Celebration' with the Folsom Symphony

By SUSAN LAIRD  
Land Park News editor  
susan@valcomnews.com

This is the time of the year when the Sacramento area community celebrates.

Many things are celebrated. Family faith. Successful harvests. Another year of living. And as a community, Sacramentans look forward throughout the holiday season to a better New Year.

For many, the season simply would not be complete without attending the Folsom Symphony's annual holiday concert, "A Joyful Celebration," on Dec. 10 or Dec. 11.

The music is spectacular each year, thanks to the talents of Curtis Park's Maestro Michael Neumann and the members of the symphony, who hail from every neighborhood in the region. And the community members who

attend the event make it extra special.

Before the symphony, during the intermission and afterward...you won't find a nicer, more genteel, more polite group of folks. Many are from Folsom and El Dorado Hills. Many more are from Sacramento and the surrounding area.

This event sets the tone for the rest of the season for many.

Maestro Neumann selects the musical works for each concert – up to two years in advance. Each year he includes a balance of classical and popular works.

"I have chosen some music that I feel the audience will really enjoy," Maestro Neumann said. "Much of it will be somewhat familiar to many people. The concert will be rather 'light' in its feel, which I think is very appropriate for a holiday concert."

Featured works will include: "Dance of the Comedians" by Bedřich Smetana, "Jesu, Joy of Man's Desiring" by Johann Sebastian Bach, the "Nutcracker Suite" by Pyotr Ilyich Tchaikovsky, plus additional works by Bach, Paul Dukas and Edvard Grieg.

Look for delightful imitations of birds as the Folsom Symphony performs "Gli uccelli" by Ottorino Respighi.

The familiar sound of sleigh bells will bring smiles to many as Leroy Anderson's famous "Sleigh Ride" is performed.

"I am looking forward to working together with soloist Susan Lamb Cook who will be playing a wonderful piece, the Tchaikovsky 'Variations on a Rocooco Theme,'" Maestro Neumann added. "So, I hope many people attend this upbeat and joyful event, and support our wonderful orchestra."

One of the fun parts of this concert is when Maestro Neumann conducts the symphony and the entire audience in traditional sing-along Christmas carols. Smiles and good cheer abound.

This experience is a confirmation that hope lives – right in the hearts of one's neighbors.

And that is something worth celebrating.



Photo public domain

THE MUSICAL WORK of Johann Sebastian Bach will be part of the program when the Folsom Symphony performs 'A Joyful Celebration' on Dec. 10 and Dec. 11.

"A Joyful Celebration" will be performed on Saturday, Dec. 10 at 7:30 p.m. and Sunday, Dec. 11 at 3 p.m. Three Stages is located at 10 College Parkway (just off East Bidwell Street) in Folsom. Parking is free.

Single tickets are \$25 to \$55. Season tickets, as well as reduced cost tickets for students and seniors are available. To purchase, call (916) 608-6888 or visit [www.folsomsymphony.com](http://www.folsomsymphony.com).

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## Sacramento Choral Society presents 'Home for the Holidays'

Special to Land Park News

The Sacramento Choral Society will present its annual holiday concert at the UC Davis Mondavi Center on Saturday, Dec. 10 and Sunday, Dec. 11.

"Home for the Holidays" is always a sell-out, community standing-room-only performance that members of the Sacramento region look forward to year after year.

This year, expect the holiday tradition to continue with radiant music by the Sacramento Choral Society, directed by Donald Kendrick. Works by Williams, Rutter, Anderson, Bradford, Bass and Wilhousky will be performed.

There will be new and familiar choral or orchestral holiday songs for audience members to enjoy, as well as a candle light procession to banish the darkness.

An audience sing-along is a traditional highlight of this concert.

Good cheer, warm hearts and merriment are guaranteed, but tickets are not. Plan to get your tickets early, as these performances will sell out.

"Home for the Holidays" will be performed on Saturday, Dec. 10 at 8 p.m. and Sunday, Dec. 11 at 2 p.m. at the UC Davis Mondavi Center. Single tickets are \$35 to \$55. Discounts available for children and students with valid ID. For information, call the Mondavi Box Office at (866) 754-2787 or visit [www.sacramentochoral.com](http://www.sacramentochoral.com).



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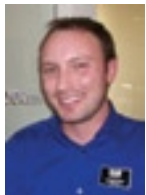


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“This year's coat drive was a huge success for our Downtown Office. Together with members of our community we went on a hunt for coats! This is just one example of why it is so great to be a part of the Lyon Family”  
—Hyrum Gray



“We were all excited for the opportunity to give back to the community! Our efforts were just a small amount compared to the big picture of the needs of our community.”  
—Jim Anderson

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# Sacramento area inspires setting for local dog author

By ART GERMAN  
 Land Park News writer  
 art@valcomnews.com

If dogs could learn how to read, there's no doubt that River Park resident Mark Butterworth's newly-published novel would quickly zoom to the top of every best-seller list in the nation.

The book's name alone may set some sort of new standard for length. The cover page carries the title of "A Man with Three Great German Shepherds and 1,000 Troy Ounces of Gold." All that fills the top, bottom and mid-

dle of the paperback's cover.

The story line deals with the travails of a fictitious man named Dan Martin, whose vital statistics seem to closely parallel those of author Butterworth. Like his book character in the opening chapters, Butterworth lives in a neat cottage that's just a stone's throw away from Sac State and the American River.

When I called on him, I was given a warm welcome by his two German shepherds – he and his pets had just finished a

walk in the neighborhood and were still out on the sidewalk when I drove up. After we introduced ourselves, he told me the dogs were named Zoe, age 3, and Lucy, 5. They cavorted about happily as the four of us, two dogs and two people, began getting to know each other.

Zoe and Lucy greeted me like a lifelong friend. No doubt about it...those two are a friendly, totally trained canine duo.

Back home later, as I began reading Butterworth's recently-printed book, I noticed that lead character Dan Martin had three German shepherds in his East Sacramento home—



Land Park News photo, Art German  
 LOCAL AUTHOR Mark Butterworth, seen here with his German Shepherd dogs Lucy and Zoe, recently published an adventure story starring three similar dogs. He published "A Man with Three Great German Shepherds and 1,000 Troy Ounces of Gold" through Amazon.com.

two named Zoe and Lucy as in the author's digs in real life. The book, however, adds a fictitious third German shepherd, this one named Ella, to the canine cast.

Any confusion the reader may have about what is real and what isn't is put to rest even before he or she reaches page 1 of the text. The preface calls the book a work of fiction, stating that "characters and events portrayed in this book are fictional and any resemblance to real people...is purely coincidental."

The one exception noted was a fictitious appearance

See Dog, page 16

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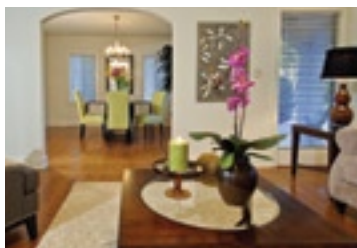
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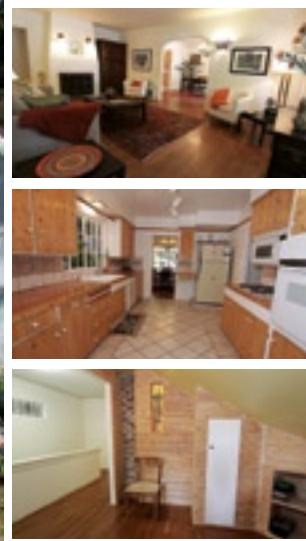
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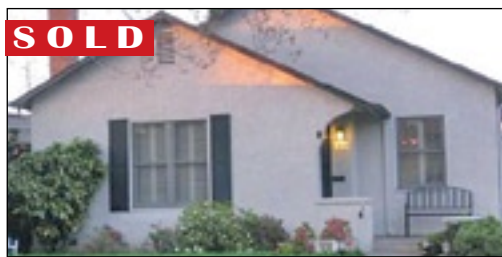
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# Dog: Book is fiction, but reads true-to-life in Sacramento

Continued from page 12

by Martin and his dogs on the Jay Leno TV show after one of the canines became a hero by saving the life of a Sacramento minister who was being attacked by a knife-wielding man near his church.

As for the book's account of what happened

during the Leno episode, the book's preface makes it clear it was all fiction, as is the entire book. Despite frequent similarities between the book and Butterfield's actual life in Sacramento, the novel itself is held to be totally fictitious. None of it ever hap-

pened in real life, the preface makes clear.

The early pages are devoted mostly to the three German shepherds – how they were trained by Martin (a kind of counterpart for the real life Butterworth) and how they interacted with each other and with vari-

ous characters who appear during different times and places in the book.

Where the German shepherds are involved in the story, the details are bound to delight dog fans and owners everywhere. Butterworth has a great gift in

making his words bring his subjects to life.

As the reader moves further into the main character's life with his three pets, other, more difficult issues come to light.

The dogs save the life of a local minister who was being stalked by a knife-wielding assailant, and are honored on the Jay Leno show and elsewhere. Earlier in his life, main character Dan Martin invested wisely in gold, but as an eventual result he encountered major problems with the IRS. In the book, Zoe, Lucy and Ella were bound to take a back seat while these and other issues were being resolved by their human companions.

The real-life Mark Butterworth is 59 years old, a resident of Sacramento for 21 years, and is married. His wife, Alanna, is a teacher at the Camellia School. He described his working career as being "a jack of all trades," but his dream has always been to become an author, he said.

Before "Three Great German Shepherds..." he published several other books and he now works with Amazon to physically produce the books although Butterworth himself is the publisher of record.

The book is dedicated to his wife "and to the United States Navy in which my father served during WWII, and to all the wonderful dogs and cats that have graced my life."

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# 'The Journey: Walking the Road to Bethlehem' at Centennial UMC

Special to Land Park News

Members of the community are invited to join members of Centennial United Methodist Church as they embark on an important study reflecting on the birth of Jesus Christ.

"The Journey: Walking the Road to Bethlehem" began on Nov. 27 and continues through Dec. 18.

In the study, Adam Hamilton guides participants from Nazareth to Bethlehem. Using historical information, archaeological findings and personal reflections, Hamilton illuminates this moment in history. Participants will follow the footsteps of Mary, Joseph, the shepherds, the Magi and others, gaining insight into one's personal journey with Christ.

The special program includes worship, sermons and small-group studies that feature videos, Bible study and discussion. The study, published by Abingdon Press, was developed by Hamilton, pastor of the United Methodist Church of the Resurrection in Leawood, Kansas. It is intended for anyone who is interested in the Christian faith. The study includes resources for adults, youth and children.

Centennial United Methodist Church is located at 5401 Freeport Blvd., at the intersection of Fruitridge Road. For more information, contact Delilah Fakalata at (916) 452-4477 or centennialumc@centennialumc.com.

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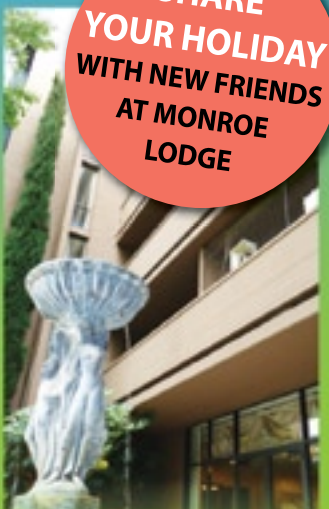
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# Fun weekend activities at Discovery Museum Science and Space Center

Special to Land Park News

The Discovery Museum Science & Space Center is one of Northern California's premier institutions with an emphasis on STEM (science, technology, engineering, math) education and hands-on learning. The museum has some fun activities planned for weekends in December.

### Food Factor Robot Challenge

Dec. 10 and Dec. 11, from 10 a.m. to 4:30 p.m. Science Discovery activities from 12:30 to 4 p.m.

The Discovery Museum Science and Space Center is celebrating 60 years of sensational science milestones. In the last ten years, there has been great advancement in food safety. This year the Museum's FIRST\* LEGO League robotics team competed in the challenge, Food Factor. Visit the museum on this weekend to learn about their project (presentations at noon and 2 p.m.). Complete a coloring sheet! For a \$3 fee, guests have 30 minutes to add a special feature to a pre-built Lego Mindstorms NXT sumobot. After the feature is added, the sumobot competes against the Museum's FLL Robotics Team's sumobot. Planetarium shows are at 1 p.m. and 3 p.m. and are included with admission (ages 4 and above only).

### Cruisin' on Mars

Dec. 17 and Dec. 18, from 10 a.m. to 4:30 p.m. In 2003, NASA selected two exploration rovers to go to Mars-Spirit and



Photo iStockphoto

EXPLORE NEW FRONTIERS at the Discovery Museum Science and Space Center in Sacramento.

Opportunity. Working together, families build a Mars scene with a "rover" model and pretend Mars rocks. Remember to visit the Mars corner in our Space Quest exhibit. Planetarium shows at 1 p.m. and 3 p.m. are included with admission (ages 4 and above only) and are highlighting the science of the Mars rovers and the planet itself.

The Museum opens at 10 a.m. to 4:30 p.m. and Science Discovery activities are 12:30 to 4 p.m. Discovery Museum Science & Space Center is located at 3615 Auburn Boulevard in Sacramento. Admission is \$6 adults (18+), \$5 seniors (60+), \$5 teens (13-17), \$4 children (4-12), \$0 children (3 and under). Ages appropriate for 4 to 12 years old. For more information, call (916) 808-3942 or visit [www.thediscovery.org](http://www.thediscovery.org).

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ARTISTS IN THEIR OWN RIGHT. Left to right, Bill Clausen and John Combs bring cherished, heirloom and collectible furniture pieces back to life at B&T Upholstery Repair. From re-covering dining room chairs, to complex projects...these men can do it all.

## 'Vanishing art' very much alive at South Sacramento upholstery shop

By SALLY KING  
Land Park News writer  
sally@valcomnews.com

Bill Clausen, owner of B&T Upholstery Repair in South Sacramento, has reupholstered furniture for over 46 years. The B stands for Bill and the T for his wife, Terri.

"I became interested in reupholstering furniture when I was 11-years-old," Clausen said. "I used to hang out at an upholstery shop located on 21st Street and 2nd Avenue."

It started with cutting class Clausen said he hung out there because his friend lived above the shop. Clausen's last class of the day was woodshop and he didn't like the class. One day Clausen caught his shop teacher drinking, so he made a deal with him, that he wouldn't tell anyone what he saw as long as he could skip the class. The teacher agreed, so Clausen spent his afternoons watching the shop owner through the window while waiting for his friend to come home.

### Leading to a career

After six months of watching through the window, the shop owner asked him what he was doing. When Clausen told him, the owner asked him if he wanted to work there, sweeping and cleaning up. Clausen agreed and he worked at the shop for seven

years, learning how to reupholster furniture.

Shop owner Richard Combs younger brother John, now works for Clausen.

### Quality reupholstering for quality furniture

There is no limit to the types of furniture that can be reupholstered. Clausen offers his years of knowledge to customers, whether they are novices or veterans in the restoration of furniture.

B&T Upholstery Repair offers free estimates, pickup and delivery. Clausen lets his clients know if their furniture is worth being reupholstered. He said most of the time it costs more to reupholster a piece than to buy new, which is the one big misconception most people have. He believes if the furniture is quality, it is worth the price of reupholstering.

### Recliners are popular

He receives many requests to reupholster old recliners. His clients like the older style.

He also reupholsters art deco and modernist period furniture for collectors. In some cases, Clausen explained, people want the same exact style and color of the original piece of furniture.

Another reason folks consider reupholstering is the sentimental value of a piece of

furniture being passed down in the family.

"Sometimes I have to rebuild the piece to make it good enough to reupholster," Clausen said. "It usually turns out better than the original piece."

Jim Burrus, owner of Garland Fabrics, has known Clausen since 1956.

"His work is superior," Burrus said. "We have a good relationship and trade customers back and forth all the time."

Clausen said he only uses the best foam and it has a five-year guarantee. He also reupholsters a lot of antique furniture. He has a list of referrals customers can use for wood refinishing and painting.

### Redesign advantages

Clausen said in this economy, people often would rath-

er pay to have a piece of furniture repaired, rather than to buy new. An advantage to reupholstering a piece of furniture, Clausen explained, is an unlimited choice of fabrics. He also restyles furniture. He can shorten, add height, or restyle the arms on chairs and sofas.

### A vanishing art

Clausen said he views his work as a dying art. There are many rules and regulations he must follow and thinks that is why there are not as many people in the industry today.

Bob Locke, a Sacramento resident, said he owns a unique three-piece sofa set he bought 35 years ago. He had Clausen reupholster it because one of the pieces had mold developing on it.

"Bill was gracious, knowledgeable and accessible," Locke said. "I am very pleased with his work. The sofa originally stood close to the floor and Bill added two to three inch legs under the sofa, so it isn't so hard on my knees to get up."

Clausen has many customers in the Bay Area, Reno and Tahoe. He said most of his art deco clients live in the Bay Area.

Upholstery may be a "dying art," but Clausen said he is booked through the end of the year "and that is really good."

B&T Upholstery Repair is located at 1600-B Kitchener Road, off Freeport Boulevard, near Executive Airport. Call (916) 392-1959 for more information.

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From poverty to riches:

# South Sac man established the historic Eagle Winery

By LANCE ARMSTRONG  
Land Park News writer  
lance@valcomnews.com

*Editor's Note: This is part one of a two-part history series regarding Manuel Silva Nevis and his local wineries.*

Historically, one of the industries that stands out in the Sacramento area is wine manufacturing. Among the city's wine manufacturing businesses were the Eagle, California and Pioneer wineries, which were associated with Manuel Silva Nevis.

## The Eagle Winery

At the age of 33, Nevis became the first proprietor of the Eagle Winery, which opened in 1881. Nevis was an immigrant from the island of Pico in the Azores Islands of Portugal. He lived in the town of Freeport in the historic postal area of today's Clarksburg in Yolo County. He resided at 1830 21st St. during the latter part of his life.

The Eagle Winery was established on the south half of the block bounded by 18th, 19th, O and P streets.

According to the Portuguese Historical and Cultural Society, many Portuguese people who were residing in the Pocket area during this era made their own wine for general consumption.

## Festa wine demands

But when it came to needing large lots of wine for the Holy Ghost Festas



MANUEL SILVA NEVIS resided in this 21st Street, Queen Anne-style house during the latter part of his life. The house, which was built in 1898, is presently home to the H.R. Edgar Institute.

at the original St. Joseph Church on the Freeport/Clarksburg side of the river, they relied on wine from Sacramento – including wine produced at the Eagle Winery.

The main structure of the winery was a two-story, 66-foot by 120-foot, brick building with a corrugated iron roof and a basement. It was built by Nova Scotia native Nicholas Harvie, a notable local carpenter

and contractor, at a cost of \$9,000.

A Harvie-built sherry room with brick floors, concrete ceilings and walls and steam pipes throughout was located to the south of the main building.

## Enter the father-in-law

Nevis' father-in-law, Joseph S. Miller financed the construction of the winery. Miller was reputed to be the first Portuguese person to settle in the Freeport/Clarksburg area.

Miller was born Joseph Souza Nevis in São Jorge in the Azores Islands. He acquired the surname, Mello, when he was bonded to a John or Antonio Mello at the age of 13. Later, he changed it to Miller.

Like many immigrants in 1849, Miller heard news about the California Gold Rush, purchased mining equipment and headed out in search of riches.

This endeavor proved to be unsuccessful, but his

early time in California led to other Portuguese, including members of his family, joining him in the Golden State. Among these Portuguese people were some of the earliest residents of the Pocket area.

Miller was a prominent landowner in the Freeport area and was a member of the Sacramento Society of California Pioneers – those who arrived in California prior to 1850. The society also included James W. Marshall, who is recognized for discovering the gold that led to the great California Gold Rush, James McClatchy, the second editor of *The Sacramento Bee*, and James Lansing, a former Sacramento chief of police, sheriff and county assessor.

Miller married an Italian immigrant, Josephine Therese Paravagna, who gave birth to Manuel Silva Nevis' wife, Emma Nevis, on Aug. 3, 1865.

## Desirable wine, brandy

During Nevis' second year of operating the Eagle Winery, he placed an advertisement in *The Sacramento Union*, which noted that his winery had acquired "a very enviable reputation" and that his product was increasingly in demand.

The advertisement also described the winery as having various brands of wine and grape brandy that were offered at prices that would "defy competition." Furthermore, the winery offered free deliveries to customers in any part of the city.

## Failed expansion

The success of the Eagle Winery, which used wine grapes from Sacramento, Yolo and El Dorado counties, led to the June 5, 1884 establishment of a branch of the business at 420 J St.

An advertisement published in *The Union* re-

*See Eagle Winery, page 21*

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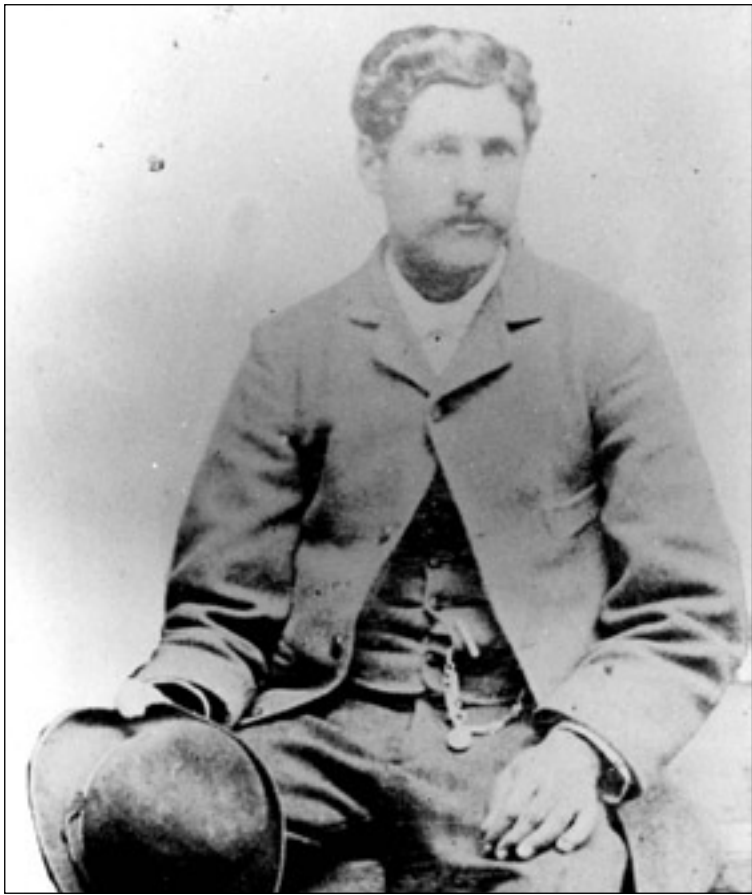


Photo courtesy, Portuguese Historical and Cultural Society  
**MANUEL SILVA NEVIS**, an immigrant from the island of Pico in the Azores Islands of Portugal, was a proprietor of early day Sacramento wineries, including the Eagle Winery, which he founded in 1881.



Land Park News photo, Lance Armstrong  
**A PIECE OF POCKET AREA HERITAGE.** The Manuel Silva Nevis house at 1822 21st St. is shown in this recent photograph. The house, which formerly had the address of 1830 21st Street, was relocated a short distance from the corner of 21st and R streets in 1907.

## Eagle Winery: Local Portuguese community's need for festa wine grew the business

Continued from page 20

garding the opening of the branch noted that "Mr. Nevis' knowledge and experience in the making of wine, in both this and other countries, places him in possession of advantages enjoyed by but few men engaged in the wine industries of California."

To the disappointment of Nevis, the branch closed about five weeks later, because he felt a need to devote his working time exclusively to his main winery site.

### State Fair recognition

The following year, the winery, which at the time offered port, sherry, white wine, Riesling, claret, zinfandel, Angelica and grape brandy, achieved additional notoriety when it was awarded a State Fair gold medal for "Best Display of Wines."

### Enter the cousins

Nevis remained the sole owner of the business until 1888, at which time he sold a two-thirds interest in the winery to his cousins, Manuel Joaquim Azevedo and Joaquim Leal Azevedo, who were immigrants from the Azores island of Faial.

Both Azevedo cousins arrived in the United States in the 1850s.

Manuel, after sailing as part of a whaling fleet out of Boston for two years, mined for gold for five years in Butte County. Through his success in mining, he was able to purchase property in Freeport — where he would eventually farm for 12 years.

Joaquim arrived in the Sacramento area in 1852. He also farmed in Freeport.

The Azevedos returned to Portugal, but made their way back to America to engage in the wine making business in the Sacramento area.

### Azevedo-owned

Shortly after becoming the majority owners of the Eagle Winery, the Azevedos pur-

chased Nevis' one-third share of the business in 1889. At that time, about 20 different kinds of wines were manufactured at the winery.

### Self-made success

According to the Aug. 20, 1888 edition of *The Union*, Manuel Silva Nev-

is, in the time since he established the Eagle Winery "without a cent in his pocket," earned \$200,000 through the winery and increased his business's annual wine production from 35,000 gallons in its first year to 150,000 gallons in 1887.



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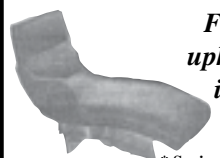
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# CALENDAR

For more Calendar entries visit  
www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

## The Art of Disegno: Italian Prints & Drawings

**Through Feb. 12:** This exhibition, from the collections of the Georgia Museum of Art and Giuliano Ceseri, explores the variety and beauty of Italian draftsmanship through drawings and prints from the 16th through 18th centuries. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org.

## DECEMBER

### Bilingual Toastmasters

**Dec. 8, 15, 22, 29:** Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/ Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentotoastmasters.com

## ONGOING

### 'Bingo: the Musical'

**Through Jan. 8:** Everybody gets to join in the fun at this musical. Call for times, prices. The Cosmopolitan Cabaret, 10th and K streets, Sac. (916) 557-1999 www.CosmopolitanCabaret.com

### Clayton Bailey's World of Wonders

**Through Jan. 15:** 180 works and complementary ephemera span 50 years of Bailey's prodigious production of genuine marvels. A ceramist, sculptor, and self-proclaimed "mad scientist," Bailey aims to surprise and delight with his art. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org.

### Florence and the Baroque

**Through Feb. 12:** Drawn from the largest private collection of Florentine Baroque painting in the United States, this exhibition reveals the intense emotion, saturated color, and refined brushwork that characterized painting in 17th-century Florence.

### Bingo!

**Dec. 8, 15, 22, 29:** Enjoy a great local charity game of bingo every Thurs. night at 6:30 p.m. Benefits projects in the community. Early bird for \$5. Regular game buy-in of \$20. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 422-6666

### Florin Sears Store Farmer's Market

**Dec. 8, 15, 22, 29:** Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

### Food Addicts Anonymous

**Dec. 8, 15, 22, 29:** 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

### Living Positive with Chronic Disease group

**Dec. 8, 15, 22, 29:** Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

### Rotary Club of Pocket/Greenhaven

**Dec. 8, 15, 22, 29:** Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs.

Aviators Restaurant, 6151 Freepoint Blvd., Sac. Kelly Byam (916) 684-6854.

### Sacramento Downtown Plaza Farmer's Market

**Dec. 8, 15, 22, 29:** Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

### Sam Brannan Middle School Visitation Days

**Dec. 8, 13, 14, 15, Jan. 10, 11, 12, 17, 18, 19:** Sam Brannan Middle School will host parent and 6th grade student visitation days. Come discover the exciting transformation taking place at Sam Brannan Middle School. See first-hand some of the best teaching taking place in Sacramento! All classrooms will be open to students and parents to visit. 8:30 a.m. - 12 noon. Contact the school office to schedule your visit. (916) 264-4350 x 1001.

### Sutterville Heights Optimist Club

**Dec. 8, 15, 22, 29:** Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Golden Corral, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

### 'The 'VoCALs Christmas'

**Dec. 8:** Lunch and musical entertainment at the Casa Garden Restaurant. 11:15 a.m. and 1:15 p.m. seatings still available. Benefits Sacramento Children's Home programs. Entree choices: Chicken with Balsamic-Mushroom Cream Sauce, served with Spring Mix Salad or Sesame Thai Beef Salad; dessert Tiramisu. \$20 per person, includes tax and gratuity. First-

come, first served; group reservations by one person, one check. Reservations a must - call (916) 452-2809. 2760 Sutterville Rd., Sac.

### Volkssport walking

**Dec. 8:** Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg, Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65t St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@sturewest.net. Also www.SacramentoWalkingSticks.org

### Ballroom Dances

**Dec. 9, 13, 16, 20, 23, 27, 30:** Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.-3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

### Carmichael Geranium Society

**Dec. 9:** Come to the monthly meeting of the Carmichael Geranium Society. Guests welcome. Meets every Second Friday of the month, 10 a.m.-12 noon. No mtg. in Aug. Carmichael Park Community Clubhouse, 5750 Grant Ave., Carmichael. Jean (916) 481-2076

### Kiwanis Club of East Sacramento-Midtown

**Dec. 9, 16, 23, 30:** Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast on us. 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

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### Rotary Club of Point West

Dec. 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. DoubleTree Hotel, 2001 Point West Way., Sac. www.pointwestrotary.com

### Soroptimists of Sacramento

Dec. 9, 16, 23, 30: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.–12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

### Country Club Plaza Farmer's Market

Dec. 10, 17, 24, 31: Country Club Plaza Farmer's Market. Every Saturday, year round. 8 a.m.–noon. Watt & El Camino, Butano Dr. parking lot, Sac. www.california-grown.com

### Food Addicts Anonymous

Dec. 10, 17, 24, 31: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

### Carmichael Farmer's Market

Dec. 11, 18, 25: Carmichael Farmer's Market. 8 a.m.–1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneysmartusa.org

### Co-Dependents Anonymous

Dec. 11, 18, 25: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

### Community Sunday breakfast

Dec. 11, 18, 25: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Jo's scramble, pancakes and more. 8:30 a.m.–11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

### State Parking Lot Farmer's Market

Dec. 11, 18, 25: State Parking Lot Farmer's Market. Every Sunday, year round. 8 a.m.–noon. 8th & W streets, under Highway 50, Sac. www.california-grown.com

### Sunday Support for the Widowed

Dec. 11, 18, 25: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine – holidays included. 3 p.m.–5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

### Hatha yoga

Dec. 12, 19, 26: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.–4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

### Nicotine Anonymous

Dec. 12, 19, 26: Nicotine Anonymous meeting. Meets every Monday, 5:30 p.m.–6:30 p.m. Westminster Presbyterian Church, 1300 N St., Sac. Brandi Bowman (916) 984-3501

### Rotary Club of South Sacramento

Dec. 12, 19, 26: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org

### Tai Chi & Chi Keung

Dec. 12, 19, 26: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

### Toastmasters

Dec. 12, 19, 26: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.–8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freetoasthost.org

### Christian Women's Connection

Dec. 13: Monthly luncheon. \$17. Feature: Put a smile on a child's face this Christmas. Bring a new, unwrapped gift for a child of any age. Gifts will be donated to a Village Mission church to help brighten a child's Christmas. Guest speaker: Bree Noble will present a mini Christmas concert and will give her testimony. 11:30 a.m. to 1 p.m. Socializing at 11:15 a.m. Lunch at 11:30 a.m. Reservations required by Dec. 7. Sacramento Christian Women's Connection, affiliated with Stonecroft Ministries. Carmichael Elks Lodge, 5631 Cypress, Carmichael. Fran (916) 332-1461, Sharon (916) 361-1642 or SacCWC@aol.com

### Rotary Club of Arden-Arcade

Dec. 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

### Rotary Club of Carmichael

Dec. 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues. Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

### Upholstery class

Dec. 13, 14, 20, 21, 27, 28: Learn how to upholster! All types: furniture, auto, boat. Adult ed class taught by an upholstery professional. Tuesdays, 11 a.m.–3 p.m., Wednesdays, 9 a.m.–1 p.m. \$45 for four weeks. McClaskey Adult Center, 5241 J St., Sac. Jerry Prettyman (916) 806-2172

### Co-Dependents Anonymous

Dec. 14, 21, 28: 12-Step group for those who struggle to maintain healthy relationships. Meets Wednesdays. 7 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

### Crochet Guild

Dec. 14, Jan. 11: Crocheters of all levels of ability and all ages are invited to join the Sacramento Crochet Guild. Learn new crochet techniques, exhibit at State Fair, do charity work. Mentoring program. Show and tell. Mini classes. Library and newsletter available. Club member of the Crochet Guild of America. Meets the second Wednesday of the month at 6:30 p.m. Seniors: \$6/yr. Enter from parking lot. Church of the Cross, 45th & H sts., Sac. Karolyn (916) 457-4044

### Rotary Club of East Sacramento

Dec. 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon–1:15 p.m., every Wed. Evan's Kitchen, 855 57th St., Sac. (in the 57th St. Antique Mall) www.rotary.org

### Senior Wednesday Club

Dec. 14, 21, 28: The Senior Wednesday Club meets to chat, play bridge, pinochle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Judi (916) 247-6020

### Toastmasters

Dec. 14, 21, 28: All area business people invited to hone their speaking skills. Noon–1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

### Referrals Plus

Dec. 14, Jan. 11: Referrals Plus, a women's networking group, helps women in business with connections, resources, promotions and ideas. We meet the 2nd Wed. of every month. 12:15 p.m. for meeting/luncheon in Greenhaven area. RSVP required. www.referralsplus.org

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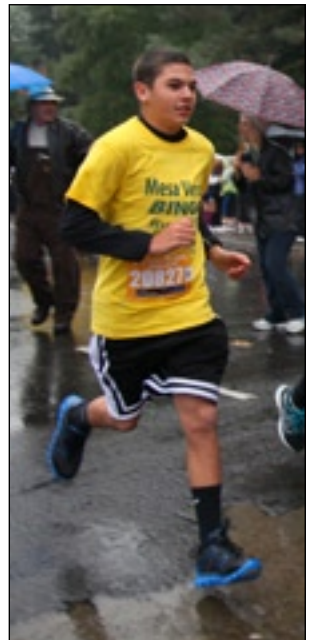
**Thank you for your continued support throughout the year.**

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**916-395-3937**

# Faces and places Rainy 'Run to Feed the Hungry'

Photos by STEPHEN CROWLEY  
Land Park News photographer  
stephen@valcomnews.com

The first rain in 18 years failed to dampen the spirits of nearly 29,000 runners and walkers on Thanksgiving morning, who participated in the 18th annual "Run to Feed the Hungry" in East Sacramento. The event benefits the Sacramento Food Bank & Family Services. Over \$800,000 was raised to help feed hungry neighbors.



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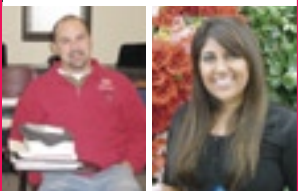
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**Sunday, December 11**

10am - 2pm

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## Realtors



### LOVELY HOME WITH POOL

Fantastic two bedroom two bath Land Park home with a two car garage and a pool! This home includes a spacious floor plan, vintage hardwood floors, a patio, and a large lot. Walking distance to the Riverside Clubhouse and other restaurants! Simply a great opportunity in one of Sacramento's oldest established neighborhoods. See: [270112thstreet.ihousenet.com](http://270112thstreet.ihousenet.com) \$349,000

**TIM COLLOM 247-8048**



### CLASSIC BRICK TUDOR

Beautifully maintained brick Tudor is located on 4th Ave, the "Brick street" in Land Park. 3 beds 2 baths, large living room with gorgeous architectural ceiling and fireplace flanked by windows. Formal dining room with bay window, spacious kitchen; master bed room has a lovely sitting room and parquet floors opening to pretty backyard. See: [visual.tour.com/shownp.asp?t=2635348](http://visual.tour.com/shownp.asp?t=2635348) \$525,000

**CHARLENE SINGLEY 452-2228**



### LAND PARK COTTAGE

Sweet, spacious and beautifully maintained and oh, the possibilities!! 2 or 3 bedrooms, with master bedroom that has its own sitting room (or it could be a nursery or exercise room). Den with knotty pine cabinets where you can just feel the warmth of yesteryear. Spacious kitchen and gleaming hardwood floors. See: [264417thstreet.ihousenet.com](http://264417thstreet.ihousenet.com) \$299,900

**SHEILA VAN NOY 505-5395 • CHRIS BRIGGS 834-6483**



### COZY LAND PARK

Cozy 2 bedroom cottage; a perfect starter or investment property! Close to Tower Theater and public transportation. Walkable, plus energy upgrades including central heat and air conditioning, ceiling fans and dual pane windows! Better hurry at this price! See: [www.2582harknessstreet.ihousenet.com](http://www.2582harknessstreet.ihousenet.com) \$217,000

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### PERSONALITY PLUS!

South Land Park 3 or 4 bedroom 2 bath with beautiful leaded glass windows, custom front door and used brick & wood. Pretty hardwood floors & brick fireplace. Kitchen with granite, Wolf range & oven, Mele dishwasher, convection microwave & interior grill. See [www.4809HillsboroLane.com](http://www.4809HillsboroLane.com) \$499,000

**PAULA SWAYNE 425-9715**



### DUPLEX

Charming duplex with one bedroom, one bath units with fireplaces, central heat and air conditioning and dual pane windows on each side. Both units share a two car garage, covered patio and lovely backyard. Close to City College and Land Park See: [www.2245-4912thAve.com](http://www.2245-4912thAve.com) \$250,000

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### SARATOGA TOWNHOMES

Within walking distance to the best of Downtown: the Capitol, art galleries & great restaurants. New paint & carpet, vaulted ceilings upstairs & spacious windows makes this a light & bright home. See [www.958q.epropertiesites.com](http://www.958q.epropertiesites.com) \$189,000

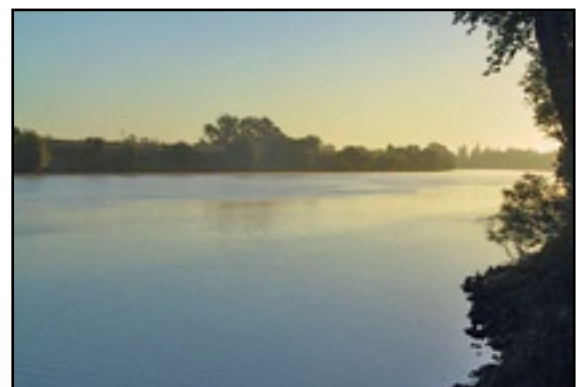
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### QUAINT CURTIS PARK

Here is a Curtis Park charmer that is move-in ready. 2 bedrooms, 1½ baths, pretty hardwood floors, granite countertops, formal dining room and breakfast nook; inside laundry. Easy care yard and great patio. See: [www.2114marshallway.epropertiesites.com](http://www.2114marshallway.epropertiesites.com) \$259,000

**JAMIE RICH 612-4000**



### LOT ON THE RIVER

Rare opportunity to build your own home on a riverfront lot in the Little Pocket area close to the freeway and downtown. This lot is on Riverside Blvd close to 35th Ave. Must see this beautiful lot. Feel free to go by and walk around the lot and enjoy the Sacramento River. See 5746 Riverside Blvd. \$325,000

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