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No sewing skill needed: Volunteers needed to help make pillows for cancer patients

Special to Land Park News

The non-profit organization, Necessities Bag Sacramento (NBS), invites members of the public to participate in its quarterly "Pillow Party" event on Monday, Jan. 9 from 6 p.m. to 8:30 p.m. at Central United Methodist Church. Come, bring a friend and volunteer on behalf of Sacramento women with breast cancer.



This is an opportunity for community volunteers to craft comfort pillows for local women undergoing mastectomies due to breast cancer. *You need not be skilled at sewing.*

Eight stations allow for work at any skill level.

NBS provides a free tote bag of comfort and wound care supplies to patients. The most beloved items in the bag are two small, soft pillows made from cheery cotton fabrics. The women use these as support for their arms after surgery. The pillows provide a buffer under seatbelts (to and from doctor appointments) and allow women to rest more comfortably, while still sensitive to draining tubes and stitches.

Women use the pillows throughout their recuperations and reconstructive surgeries. They are a comforting, valuable resource.

To learn more, and to read comments from Necessities Bag recipients, visit <http://necessitiesbagsac.org>. RSVP to Joan Eddy at (916) 451-3831 or eddyjk@comcast.net. Central United Methodist Church is located at 5265 H Street (corner of 53rd and H) in Sacramento.



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LAND PARK
Charming one of a kind cottage. Open beamed ceilings in living room and kitchen. Lovely updated kitchen, hardwood floors, two large bedrooms, remodeled bathroom plus 1/2 bath. Inside laundry, french doors from dining area and one bedroom to lovely private garden and patio. Two car garage and breezeway from rear door to garage. 1101 10th Ave. \$479,000



WALK TO THE PARK
Three bedrooms plus den, two and 1/2 baths, living room with fireplace, formal dining room, remodeled kitchen with stainless steel appliances and eating area, upstairs master suite, central H&A, and pretty backyard. 3839 Bartley Drive.



LAND PARK
Charming two bedroom Spanish style home on a pretty tree lined street. Cute interior with high coffered ceiling in living room. Lots of windows, dining area and built-in hutch. Kitchen with gas stove, dishwasher and good counter space, breakfast area plus laundry. 1821 Larkin Way. \$319,000



LAND PARK
Lovely brick tudor with unique turret entry, front courtyard, three bedrooms and two remodeled baths, living room with vaulted and beamed ceiling and fireplace, step down formal dining room, updated kitchen with granite counters & stainless steel appliances, built-in pool and spa and bonus bedroom behind garage with opened beamed ceiling. 1560 11th Avenue. \$689,000



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Compounding pharmacy, gift store & spa offer that unique 'something' for every one

By SALLY KING
Land Park News writer
sally@valcomnews.com

It's hard to walk into Parkside Pharmacy in Land Park without sampling a body lotion or perusing the many cards made by local artists.

Now open for two and a half years, Parkside was formerly known as Land Park Pharmacy. Ted and Georgia Econome opened the pharmacy in 1953 and are now retired. Current owner John Ortego worked for Land Park Pharmacy three years before the Econome's retired. When the pharmacy closed, Ortego saw the perfect opportunity to remodel it based on an idea

he and his wife Michelle had discussed.

John graduated from the University of Pacific and had a vision of running a compound pharmacy. Compounding is the mixing of drugs by a compounding pharmacist to fit the unique needs of a patient. This may be done for medically necessary reasons, such as to change the form of the medication from a solid pill to a liquid, to avoid a non-essential ingredient that the patient is allergic to, or to obtain the exact dose needed. It may also be done for voluntary reasons, such as adding favorite flavors to a medication.

John wanted to run an independent, whole wellness pharmacy that included a spa.

"John entered a nationwide competition with the idea of having a whole wellness pharmacy that included the compounding pharmacy, boutique and skincare and won," Michelle said. "He received a lot of recognition for his idea."

In addition to servicing the local community, he also makes compound medications for his neighbor, the Sacramento Zoo. Compound medications make it easier to treat the animals there.

John hired Gary Thomas to help him run the pharma-



Land Park News photo, Sally King
JOHN AND MICHELLE ORTEGO are the owners of Parkside Pharmacy in Sacramento. John won a national award for coming up with a business concept for a whole wellness pharmacy that includes a compounding pharmacy, a boutique and skincare...all in one.

cy. Thomas previously ran the Land Park Pharmacy for 35 years.

"Gary is a celebrity," Michelle said. "He reminds me of the old-fashioned doctors, who used to make house calls."

Michelle wanted a boutique where people could purchase jewelry, paintings and cards made by local artists.

"Our cards are provided mostly by Papyrus and a local artist known as Artey Mas," Michelle said. "Artey Mas is owned by Marisa Gutierrez, who happens to be my cousin."

Gutierrez also brings in featured paintings by local artists in the area.

Michelle said another popular item in the boutique is the jewelry, which is from all over the world and very unique," Michelle said. "We have a variety of price ranges too."

With a medical background in skin care, Michelle wanted to make sure the spa had a medically trained aesthetician on hand.

Michelle has over 10 years experience working with dermatologists. She bought a medical grade machine for the microdermabrasion treatments and said it took her a while to find a good aesthetician.

"Everyone loves Marla, our aesthetician, and we even have

Arden Park residents coming in for spa treatments," Michelle said. "I eventually want to add a massage therapist."

Michelle said her goal for the new pharmacy was pulling in the newer generation with the spa and cosmetics. With more light coming into the building now, it appears larger and warmly inviting.

Michelle promotes local business to the visitors who come to her store. She thinks it is important to support the local economy and said it is a big deal to her.

The store is set up with the compounding pharmacy located in the back and the boutique and spa in the front. Parkside has a website with a calendar listing their monthly events. A book signing at the store in early December delighted Wayne Thiebaud fans. Children recently had the opportunity to pose with Santa. Parkside is also presenting the "12 days of Christmas" that include spa specials.

An email is sent every second Saturday with daily specials to Parkside's email listing. Michelle said this has become quite popular.

Both John and Michelle say that running the Parkside Pharmacy has been a lot of work, but also a lot of fun in the making.

Parkside Pharmacy is located 4404 Del Rio Road in Sacramento. Call (916) 452-2200 or visit www.myparksidepharmacy.com.

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St. Francis High School athletic program makes history

Special to Land Park News

St. Francis High School in Sacramento made sports history this month, as five female sports made it to section finals and finished with one runner-up and four Sac-Joaquin Section Titles.

The Sac-Joaquin Section has been in existence for 70 years. There are currently 195 schools in the section and no female sports program has ever accomplished what the Troubadour's fall sports did this year.

All five sports (cross country, golf, tennis, volleyball and water polo) made it to section finals and finished with one runner up and four Sac-Joaquin Section titles. St. Francis is the first female sports program to win four section titles in the fall.

Highlights from the season

Water Polo won the Norcal Championship Tournament and finished second in Division I Sac-Joaquin Section Playoffs.

Cross Country: the Frosh/Soph, Junior Varsity and Varsity teams swept the Delta River League, Subsections and Division I Sac-Joaquin Sections. They won their eighth section title overall and finished fourth in the state.

Golf won the Division I North Section Championship for their 19th Sac-Joaquin Section Title. They finished fourth in Norcals.

Tennis won The Santa Catalina Tournament and their seventh Division I Section Championship in a row and ninth overall. Tennis made it to the Northern California semi-finals.

Volleyball won the Super 8 Tournament and Division I Section Championship for their 11th section title overall.

Top program in state

This makes 81 Section Titles for St. Francis High school, the most of any female sports program in the Section and one of the top programs in the state.

In the last 10 years, from the 2001-2002 school year to 2010-2011, St. Francis has won the most section titles out of any high school in the Sac-Joaquin Section for just one gender. [St. Francis girls (48), Jesuit-boys (40), Davis-girls (27), Oak Ridge-girls (21)].

When both genders are considered, only Davis High has as many titles as the St. Francis Troubadours. [St. Francis-girls (48), Davis-both genders (48), Jesuit-boys (40), Granite Bay-both genders (35), Oak Ridge-both genders (29)].

Letters of intent

Another aspect of the Troubadour athletic program is the number of students who sign letters of intent to play sports at colleges and universities across the United States.



Photo courtesy, St. Francis High School

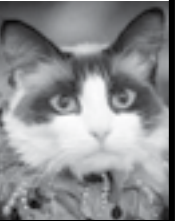
LETTERS OF INTENT SIGNERS. This fall, eleven seniors at St. Francis signed letters of intent to play college sports in 2012. Top row, left to right: Cora Stebbins (swimming), Paige Sellers (swimming), Haley Hughes (soccer), Emalia Seto (crew), Tessa Sandoval (tennis), Kamali Houston (crew), Nicolette Valicenti (crew). Bottom row, left to right: Ashley Noda (golf), Clara Nowinski (crew), Bryce Beckwith (water polo), Catherine White (crew). Crew is not an SFHS sport.

This fall, eleven seniors signed letters of intent. They are: Bryce Beckwith (Water Polo), Kamali Houston (Crew – not an SFHS sport), Haley Hughes (Soccer), Ashley Noda (Golf), Clara Nowinski (Crew), Tessa Sandoval (Tennis), Paige Sellers (Swimming), Emalia Seto (Crew), Cora Stebbins (Swimming), Nicolette Valicenti (Crew) and Catherine White (Crew).

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Know your neighbor

Taylor's Market meat cutter in his 60th year in the meat, grocery business

By LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

Land Park area shoppers are quite familiar with the area's well-established grocery store, Taylor's Market, at 2900 Freeport Blvd. But very few of these shoppers are aware that one of the market's meat cutters has 60 years of experience in the grocery and meat business.

Longtime Taylor's Market shoppers know this white-haired man who works behind the meat counter every Saturday morning quite well.

After all, this man, 86-year-old Ed Schell, was part-owner of the store until about five years ago.

In recognition of the accomplishment of reaching his recent milestone in the grocery and meat business, this publication met with Ed last week to discuss his lengthy career.

Ed, who resides in the Pocket area of Sacramento, said that his career began through the assistance of his uncle, Howell Bird.

"I wanted to learn a trade, so I had an uncle who had a store (Bird's Market) at 29th and E (streets)," Ed said. "It was a small grocery store and he taught me how to cut up a piece of meat and make a profit. That was in 1951 and in 1953, he asked me to be his partner in the store and I accepted. He kept the store until 1963 and then the (con-

struction of the) freeway took us out."

Ed said that had the freeway construction not caused the end of Bird's Market, which had been open since the early 1940s, he might still be operating the store today.

But unfortunately for Bird's Market, progress got in the way and the store was bulldozed down.

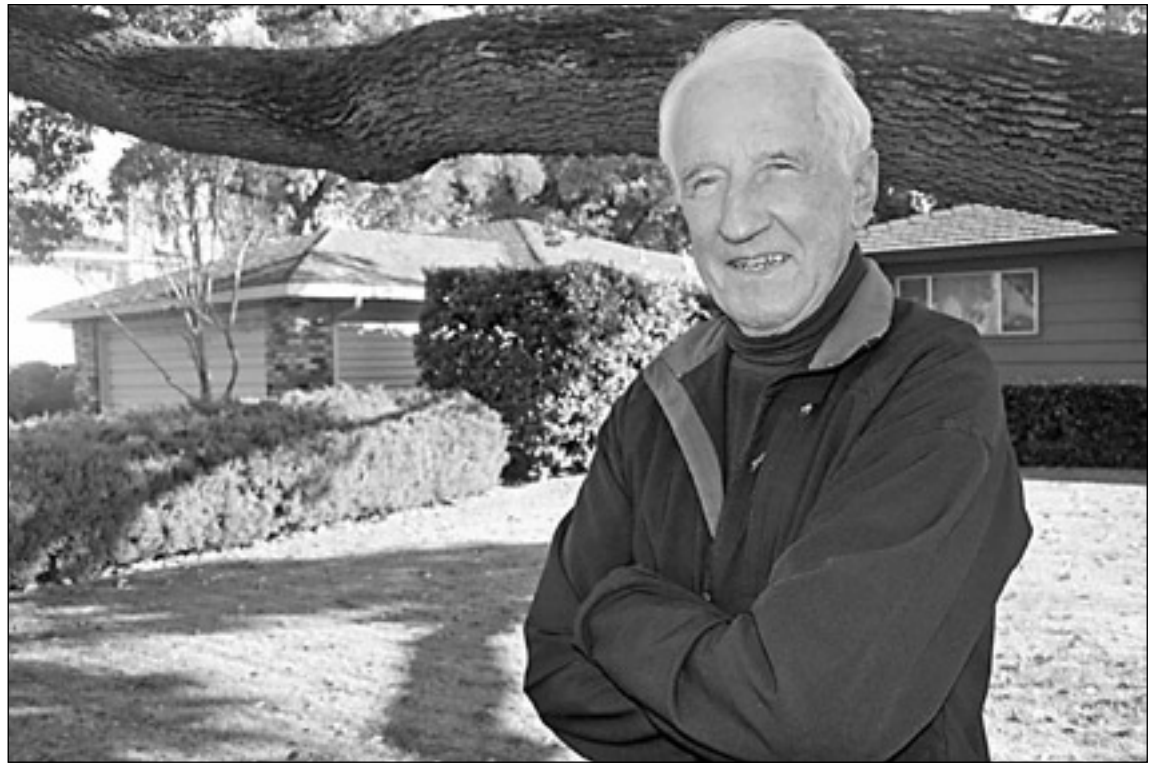
A year earlier, however, Roy Taylor, who operated a grocery store, known as Roy Taylor's Market, at 3101 33rd St. at 6th Avenue in Oak Park, had the opportunity to relocate his store to the current Taylor's Market site. The Freeport Boulevard building became available following the closure of a Safeway grocery store that had opened at the site in 1940.

In needing a meat cutter at his store and knowing that Ed had experience in this line of work, Taylor approached Ed about sharing the lease on the building and working at the store.

After Ed agreed to operate the meat department, the lease was established with a handshake and the store opened on Aug. 11, 1962.

Ed said that the relocation of Taylor's grocery store was timely, considering the changing environment of Oak Park and the competition from the very successful Arata Bros. grocery store at 2732-62 34th St. in Oak Park.

In addition to replacing the Safeway store with another grocery store, Taylor's Market



Land Park News photo, Lance Armstrong
A SACRAMENTO INSTITUTION, former Taylor's Market owner Ed Schell has been cutting meat for Sacramento area consumers since 1951. He can still be seen cutting meat in Taylor's Market's meat department every Saturday.

was aided by some of Taylor's former Oak Park customers who traveled to shop at his Freeport Boulevard store.

Ed said that it did not take him long to gain an appreciation for grocery shoppers from the area.

"Land Park is a great area," Ed said. "I've seen people come in (to the store more than once in) the same day and they're very loyal."

After being established with only one meat cutter, the meat section of Taylor's Market eventually grew to have seven meat cutters.

Ed explained that Taylor's Market has carried a longtime tradition from its early days when it comes to the meats that it receives.

"When we started, the whole beef came in and the whole lamb and the whole pork and we'd break it down into cuts," Ed said. "Nowadays, markets get (their meats) all broken down and ready for you to slice it. Some meat cutters today don't even know where that piece of meat came from when they get it shipped. But Taylor's receives its meats basically the same way as it did in its early years."

Considering that Taylor opened the first location of his store in the late 1940s, by 1988, he decided it was time for him to retire. As a result, Taylor and Ed negotiated a sale price for the business.

In recalling the moment that he was asked if he wanted to purchase the grocery side of Taylor's

Market, Ed said, "I told (Taylor), 'I'd be foolish not to.'"

Ed added that he knew that he would need assistance with the business, which retained the name Taylor's Market as a tribute to Roy Taylor, who was very well respected in the grocery business and the community.

"I had this butcher (Danny Johnson) – he was a young apprentice – and he wanted to learn the business, so I showed him and he came up real fast," Ed said. "So, (Danny) and my son (Kevin Schell) bought Roy Taylor's business end and it was an instant hit. We remodeled the store and turned it into an upscale, gourmet store right away. We brought in grocery items that people wanted and we kept up the meat end of the store. That was the fixture then. People came there for meat. My son, Kevin, ran the grocery side then and Danny Johnson ran the meat department. The reason I brought in extra people to be partners with me was I knew I was going to retire pretty soon."

Although Taylor's Market had new owners, the building and its property remained in the ownership of Sonny Fong, who purchased the property and building from Safeway. Fong passed away in about 1990 and today, the building and property is owned by members of his family.

Despite his plan to retire, Ed said that his love for the

business caused him to never completely retire.

"I just semi-retired in 1996 and I kept my interest in the store until 2007, when Kevin and I sold our interests in Taylor's Market to Danny and Kathleen Johnson.

It was also in 1996 that Ed's wife, Colleen, retired after 43 years as a bookkeeper, first with Bird's Market and then with Taylor's Market.

Taylor's Market continues to gain new customers through its dedication to customer service, quality products and its various additions and improvements.

One of the most recent major additions at Taylor's Market is its on-site Taylor's Kitchen, which is a restaurant featuring a seasonal menu by Chef Richard Telford, desserts created by Le Cordon Bleu Paris-trained Pastry Chef Jodie Chavious and wines selected by wine buyer Richard Ebert.

Speaking like a proud parent, Ed said that he is continuously impressed with Danny and Kathleen's dedication to Taylor's Market.

"I'm proud of what they've done to the place," Ed said. "The way they're running the business is commendable and they're keeping up the tradition of Taylor's beautifully."

For additional information regarding Taylor's Market, call (916) 443-6881 or visit www.taylorsmarket.com. The telephone number for Taylor's Kitchen is (916) 443-5154.

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Food for all:

Titanic's Pantry helps Sacramento families feed their four-legged family members

By CORRIE PELC
Land Park News writer
corrie@valcomnews.com

The last few years have been very rough for everyone economically – every day families struggle just to put food on the table. And for many families, that includes a struggle to provide food for their pets also.

That's where Sacramento's pet food bank, Titanic's Pantry, comes in.

"When you have to make a decision between paying your mortgage, your car payment or buying dog food, that's a real conundrum," explained Gina Knepp, acting manager of the City of Sacramento Animal Care Services. "It's a terrible dilemma for anyone to have to face. If you find yourself in dire straits where you need pet food, come get it from us because we don't want people to surrender their pets to the local shelters – that's the last thing we want to do."

The pantry is seeing an increase in need, just as local food banks for humans are seeing an uptick – at this time of year, especially. Every neighborhood in the region is affected.

Penny Cistaro, now chief operations officer for the Sacramento SPCA, started Titanic's Pantry in November 2009. She got the idea for the pantry while in Washington State.

"When I came back to California, there wasn't a (pet) food bank in the region, and having had a (pet) food bank up in Washington State at the shelter I had worked at and seeing the benefits there, I wanted to start one here," Cistaro said.

A team effort

Now about two years later, Titanic's Pantry is a collaborative effort of the City of Sacramento Animal Care Services, Sacramento County Animal Care and Regulation, the Sacramento Society for the Prevention of Cruelty to Animals (SPCA), and Happy Tails Pet Sanctuary.

According to Knepp, those in need of pet food can visit the city, county, or SPCA shelter once a month for a donation.

The City's shelter has the biggest client base – more than 2,000 people come there each month and they distribute at least 3,000 pounds of food a week. Additionally, Titanic's Pantry provides a number of other supplies that people may need for their animals; everything from cat litter and litter boxes to dog biscuits, leashes, collars, beds and even toys.

Who is eligible?

So who is eligible to receive assistance from Titanic's Pantry?

Anyone who needs it, according to Knepp. There is no application to fill out or proof of eligibility.

"If they're not registered with us, the first time they come in they show us a picture ID and we'll put them in our computer system to keep track of how many people we're helping," Knepp explained. "Then once a month they can come back if they need to and get food from us. We have some people that come back several times. And then we have some people that come back and bring us a bag of food to thank us because we helped them when they were in trouble."

Bags of food needed

And it's those bags of pet food coming in to Titanic's Pantry that are so desperately needed right now.

"One of the biggest challenges is to keep the shelves constantly stocked because you rely on donations," said Shari Lowen, senior services coordinator for the Sacramento SPCA and volunteer that helped Cistaro start Titanic's Pantry. "You may get a huge truckload of donated food and that might last a few weeks and then somebody comes in and there's absolutely nothing to give them."

Donations of pet food – dry cat and dog food – are how the community can help support the Pantry, Cistaro said.

"Buy a 20, 30, or 40 pound bag of food and bring it to the SPCA or take it to the county or the city (shelters) – whichever shelter is closest or whichever one is closest to

your heart," Cistaro said. "Just bring in food – even a 10-pound, 5-pound bag of dry food. It's easy to transport, it lasts, that's what will help."

Participate in a pet food drive

According to Knepp, donations can be made on-site to the city, county, SPCA, or Happy Tails. She added that the community can pitch in to help by setting up pet food drives for the Pantry in their neighborhood.

For example, Knepp held a drive in Hollywood Park, raising 800 pounds of food for the Pantry. She then passed it on to Curtis Park – which brought in over 3,000 pounds of food donations – and now is trying to get Land Park "to take up the gauntlet."

Knepp said a pet food drive can also be a great project for groups, such as high schools.

Help pets by volunteering

Titanic's Pantry is also always in need of volunteers to help with picking up donations of pet food. For example, a Save Mart store in Vacaville currently supplies the Pantry with donations of food from broken bags, which Knepp says can sometimes add up to about 7,000 pounds of dry kibble for the Pantry. Volunteers are needed to help bag the loose kibble for distribution using empty sand bags Knepp obtained from the Department of Transportation.

"Our volunteers will come in and fill the sand bags up with dog food and we tie the tops just like sand, but it's dog food, and (we) give that out," she explained.

Keeping Titanic's Pantry going will continue to help enable people to keep their animals, Cistaro said.

"Animals play a powerful role in someone's life," she said. "People lose so much, the last thing they should lose is a family member and an animal is a family member."

For more information on Titanic's Pantry, including volunteer and donation information, visit www.sacpetfoodbank.org.



Photo courtesy, Titanic's Pantry

PETS IN NEED. As the economy stumbles, humans aren't the only family members in need. Families are struggling to feed their furry children, too. Titanic's Pantry exists to help.

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Seeking 1,000 new homes

Sacramento animal shelters unite for 'Home for the Holidays' adoption campaign

Special to Land Park News

The Sacramento SPCA, City of Sacramento Animal Care Services, Sacramento County Animal Care & Regulation and Happy Tails Pet Sanctuary are holding a joint "Home for the Holidays" pet adoption special which will run through Dec. 30.

The goal of the holiday adoption promotion is to increase adoptions community-wide and to ultimately find new homes for 1,000 homeless animals by the end of 2011. During "Home for the Holidays," adoption fees for all animals will be reduced by 75 percent.

The four participating shelters will take in more than 35,000 homeless animals this year alone. This figure represents an increase over previous years

due to the poor economy and other factors. Sacramento animal shelters are overburdened with hundreds of animals seeking permanent homes. Through "Home for the Holidays," the shelters will work together to boost adoptions, and will strive to facilitate 1,000 additional adoptions before the end of the year.

"We're hoping that when people are thinking of adding a furry family member to their household this holiday season, that they will visit their local animal shelters first, and give an animal a Home for the Holidays," said Rick Johnson, Sacramento SPCA CEO.

For more information on "Home for the Holidays," visit www.sspca.org, www.happytails.org, www.sacpetsearch.com, or www.SacCountyShelter.net.



Photo, courtesy

ONE THOUSAND dogs and cats are seeking a fur-ever home in the Sacramento area. Three shelters are joining forces to find homes for these furry friends so they, too, can be "Home for the Holidays."

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Tips to make the holidays shine for seniors

Special to Land Park News

The holidays are a wonderful time of year, where families and friends gather to share the old times and the new.

Yet for seniors, the joy of the gatherings and the season in general can be a mixed blessing...as eager anticipation can give way to additional stress.

So this year, the staff at Carmichael Oaks has come up with some helpful holiday tips to make the season a joyous one for everyone.

"Most of the seniors I work with say the best gift of all is spending time with family," said Virginia Stone, marketing director for Carmichael Oaks. "Unhurried, uncomplicated family time will mean the most to them and will create memories to last all year long. Give the best gift of all – your time."

10 tips to make the most of the season

1. Share a holiday tradition

Have a senior share something special during the holiday season with you that comes from their own holiday memories...I could be a favorite cookie, decorations, arranging a centerpiece or a favorite movie or song that you can engage them with.

2. A quiet spot

Many seniors live in environments that are relatively quiet, with a limited amount of activity in a day. Think about how much stimulation may be in your environment and limit the amount of activities or time seniors are involved in them. Loud family gatherings can be a bit much, so a quiet place to sit down may be a good refuge.

3. Think ahead

Before an event begins, put yourself in your senior's shoes. Do you have difficulty walking? Do you have trouble remembering names? Plan ahead to make adjustments that can rectify the situation to make it more amenable. It can be as simple as moving some furniture and making nametags.

4. Recognize their limitations

Encourage older family members to take it easy and let you pamper them for a change, but let them help with smaller, less complicated tasks if they want to participate.

5. Listen to their stories

Many older relatives live in their memories. Encourage them to talk about holidays gone by. If they keep albums, ask to see the pictures. They may have some wonderful traditions from their childhood that you can incorporate into your own family's plans.

6. Cook a favorite meal together

Prepare a dish the senior loved as a child or once prepared as a holiday tradition. Involving the senior in the process, instead of making it for them, allows the senior to feel helpful and needed.

7. Set up a Christmas tree or Menorah

Decorations add so much to the holiday season. Help your loved one feel at home during the holidays by setting up their Christmas tree or Menorah with them. Again, having them help you put ornaments on the tree or plugging in the lights can make the senior feel helpful and involved.

8. Take a ride around town:

Many seniors don't drive as much as they did, but they'd love to see the holiday decorations put up by the retail stores and overzealous neighbors.

9. Make it easy to get around

If a senior is coming for a visit, remove slippery throw rugs and other items that could present barriers to a senior who has difficulty walking or balance problems.

10. Stay in touch

For seniors, it's so important to let them know you are thinking of them during the holidays, especially to those who are alone. Seniors today are of the generation that loves the simple things: a note in the mail, or a phone call. Invite them for a cup of coffee; it doesn't have to be much. It's the thought that counts.

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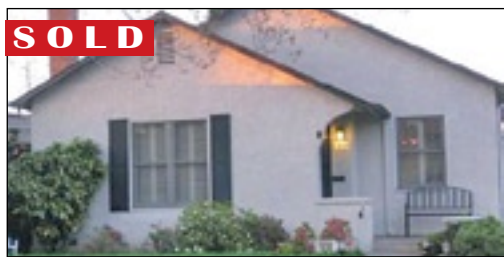
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Christmas Church Services

Performing artist brings 'Nutcracker' magic to local school kids

Special to Land Park News

Ron Cunningham is a storyteller. As artistic director of the Sacramento Ballet, his most-often-used medium is that of dance – creating a story through the movements he gives to others. But several times each year, Ron steps out of the ballet studio and into the classroom, introducing hundreds of youngsters to the magic of his stories.

Earlier this month, he stepped into his costume of Dr. Drosselmeyer from *The Nutcracker*, and visited three local schools – Crocker Riverside Elementary, Washington Elementary and William Land Elementa-

ry – to tell the story of America's best known ballet in a fun and interactive way – magic tricks and all.

Now in his 24th year as artistic director of Sacramento Ballet, Ron has a special affinity for working with kids. This is reflected in his casting of more than 500 youngsters each year in *The Nutcracker* – meaning that he must rehearse four and five casts for each role – far more work than would be normally necessary – just so more children can be part of the experience. This is, arguably, the largest *Nutcracker* cast in the country.

"Youngsters respond and remember far more when the experience is

creative, imaginative and interactive," said Cunningham. "They sit rapt during the programs and seem to understand and retain what they heard better."

Because of his commitment to youngsters, and the programs he has developed at the Company, the Sacramento Ballet was recently chosen as one of the designated participants in the region's Any Given Child program – an initiative of the Kennedy Center in Washington, D.C. to bring the arts back into the classroom.



Photo courtesy, Sacramento Ballet
THERE'S MAGIC IN THE MASKS. Ron Cunningham, artistic director of the Sacramento Ballet, explains the roles of the *Nutcracker* and the Mouse King to local school children. Cunningham's production of "The Nutcracker" with the Sacramento Ballet casts more schoolchildren than any other in the United States.

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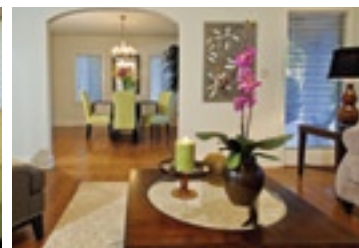
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College entry workshops offered at Robbie Waters Pocket-Greenhaven Library

Special to Land Park News

The Sacramento Public Library will host two free workshops to provide useful information for college-bound students at its Robbie Waters Pocket-Greenhaven branch on Jan. 11 and 18.

Each program will present the basics of the four types of financial aid (grants, scholarships, work study and loans), plus the details of the FAFSA (Free Application for Federal Stu-

dent Aid) -- the one financial aid application form all college-bound students should fill out.

Wednesday, Jan. 11 at 6:30 p.m.: Learn about the online FAFSA application, when to apply, and where you can go for help when filling it out.

Wednesday, Jan. 18 at 6:30 p.m.: The Scholarship Search workshop will help participants learn when and where to look for scholarships and the basics to include in any scholarship essay.

Red Cross offering free disaster preparedness training in January

Special to Land Park News

Throughout the month of January, the American Red Cross is offering a free disaster preparedness workshop at a number of neighborhood libraries around the capital city.

Each workshop is just one hour, and will help equip you and your family with the necessary knowledge and skills to Be Red Cross Ready. The workshop will focus on three important steps: Get a kit, make a plan and be informed.

The workshop will be offered on the following dates:

- Jan. 10, 6 p.m.: North Highlands-Antelope Public Library, 4235 Antelope Rd., North Highlands
- Jan. 12, 6 p.m.: Martin Luther King Jr. Public Library, 7340 24th Street Bypass, Sacramento
- Jan. 17, 6:30 p.m.: Colonial Heights Public Library, 4799 Stockton Blvd., Sacramento
- Jan. 25, 6:30 p.m.: Southgate Public Library, 6132 66th Ave., Sacramento
- Jan. 28, 1:30 p.m.: South Natomas Public Library, 2901 Truxel Rd., Sacramento

For more information, contact Amanda Barker at the American Red Cross at (916) 993-7065.

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies nearly half of the nation's blood; teaches life-saving skills; provides international humanitarian aid; and supports military members and their families. The Red Cross is a charitable organization -- not a government agency -- and depends on volunteers and the generosity of the American public to perform its mission. The Capital Region Chapter serves an eleven-county region including Alpine, Amador, Calaveras, El Dorado, eastern Nevada, Placer, Sacramento, San Joaquin, Stanislaus, Tuolumne and Yolo counties. For more information, visit www.redcross-crc.org or follow on Twitter at www.twitter.com/RedCross-CRC.

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Early Sacramento wineries experienced interesting challenges

By LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

Editor's Note: This is part two of a two-part series regarding Manuel Silva Nevis and his wineries.

When it comes to reviewing the history of early wineries of Sacramento, it is important to recognize Manuel Silva Nevis, who was associated with three Sacramento wineries.

Nevis' early start

As explained in part one of this series, Nevis was able to establish himself in the wine-making industry through the financial assistance of his father-in-law, Joseph S. Miller, who was reported to have been the first Portuguese person to settle in the Freeport/Clarksburg area.

With this financial backing, Nevis founded the Eagle Winery at 1519 18th St. in 1881.

Nevis' success with the Eagle Winery led to his ownership of two other Sacramento wineries, the California and Pioneer wineries.

Although Nevis sold his remaining share in the 18th Street winery to the Azores Islands-born cousins, Manuel Joaquim Azevedo and Joaquim Leal Azevedo, on April 27, 1889, this business transfer did not mark the end of his use of the name, Eagle Winery.

A second Eagle Winery

According to a historic advertisement in *The Sacramento Union*, Nevis – who officially established M.S. Nevis & Co. on May 2, 1889 – was already operating a separate winery by the same name by as early as May 18, 1889.

The advertisement noted that this winery, which was located on 21st Street, between R and S streets, was “prepared to fill orders at wholesale (prices) for all kinds of California wines and brandies upon the shortest notice.”

The wording of this advertisement is of additional interest, since a special arrangement regarding wine sales had been made as part of the Azevedos' complete acquisition of the 18th Street winery.



The California Winery was located on 21st Street, between R and S streets.

Photo courtesy, the Portuguese Historical and Cultural Society

As part of the transaction, for the following two years, Nevis would not be permitted to sell retail wines and the Azevedos would not manufacture wines or offer wholesale wines in the city of Sacramento.

Legal battles

Unfortunately for these businessmen, their relationship suffered greatly due to legal battles between them.

On Oct. 10, 1889, *The Union* reported that in response to a suit brought on by Nevis, Superior Court Judge W. C. Van Fleet had issued a temporary order requiring the Azevedos to discontinue their use of the Eagle Winery name.

Nevis, who had completed a large addition to his 21st Street winery about a month earlier, claimed that he had legal right to the Eagle Winery trademark and sought \$500 in damages.

The Azevedos, who were represented by attorneys A.L. Hart and Joseph W. Hughes, filed a cross-complaint claiming their own right to the name and demanded \$5,000 in damages.

Two weeks after filing his first suit against the Azevedos, Nevis, through his attorneys, Johnson, Johnson and Johnson, began another suit, claiming that the Azevedos

had violated their contract to refrain from selling wholesale wines for two years.

The legal issues between Nevis and the Azevedos were officially resolved in Superior Court by Van Fleet on March 29, 1890, as Van Fleet ruled completely in favor of the Azevedos.

In regard to the name, Eagle Winery, the judge determined that Nevis made no effort to retain the trademark at the time of the transfer and that the name would officially be considered part of the business deal.

Winery renamed

As a result of the judge's decision, Nevis renamed his 21st Street winery, the California Winery.

The earliest reference to the California Winery name discovered during research for this article appears in an advertisement in the Nov. 29, 1890 edition of *The Union*.

Under an artistic drawing of the winery, the advertisement includes the words: “Finest wines and brandies for holiday trade. All orders will receive prompt attention. M.S. Nevis, proprietor.”

Despite its legal battles, Nevis' 21st Street winery continued to prosper, as is evident through an Oct. 11, 1890 *Union* classified advertisement, which called for the hiring of 20 men at the winery.

Depression troubles, name changes

Nevis continued the operation of the California Winery until 1894, when the winery, due to financial struggles during a national financial depression (the

See *Wineries*, page 20

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Wineries: Owner's colorful history included legal battles, drowning in wine vat

Continued from page 17

Panic of 1893), became the property of the California State Bank, which was located at the northwest corner of 4th and J streets.

The winery was renamed the Calutha Winery and operated under this name for about year.

It was at this time that George Peltier, the bank's vice president, and Fred J. Kiesel, a resident of Ogden, Utah, purchased the winery and reinstated the name, California Winery.

Pioneer Winery

Nevis' involvement with the aforementioned Pioneer Winery at the corner of 21st and R streets began in the late 19th century and by at least 1899, he was working as the winery's manager.

According to the 1901 city directory, Nevis had recently become the owner of the Pio-

neer Winery, and his son, Joseph, was working as the winery's manager. Nevis and his wife, Emma, also had four other children, Morvin, Roy, Cecilia and Leo.

Untimely end

Nevis' ownership of the Pioneer Winery ended abruptly through a fatal tragedy.

On Saturday morning, Sept. 21, 1907, one of the winery's employees, Joseph L. Manica, who resided at 1621 R St., began to search for Nevis at the winery to receive orders regarding a new carload of grapes that was to be unloaded.

After searching for Nevis for several hours, Manica eventually discovered Nevis' straw hat lying alongside a vat.

In worrying that Nevis might have fallen into the vat, Manica went to the bottom of the vat, where his worst fear was quickly realized.

Details regarding this incident were published in *The Sacramento Bee* in Manica's own words, as follows: "(At the bottom of the vat), I found him in a sitting position and when I shook him, I knew he was dead. I am convinced that he fell into the vat accidentally while on his way to the door."

The drowning was the second drowning by a Nevis family member in a year's time, since Nevis' brother, Antonio, drowned in Graham's Pond, about three miles southeast of Elk Grove, on July 16, 1906.

Following Nevis' death, Emma became the sole owner of the Pioneer Winery, which was then managed by Harry B. Kingsbaker.

Kingsbaker moved to San Francisco in 1908, but Emma continued the operation of the winery for another two years.



Photo courtesy, The Lance Armstrong Collection
THE CALIFORNIA WINERY office on 21st Street is shown during its post-Manuel Silva Nevis era in 1909.

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- Computer/Library Center • Cardio/Fitness Center • Social, Health and Leisure Activities Provided
- Community Room • Private Patio or Balcony • Walk-In Closets • Pets Welcome • WI FI Available

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DUNNIGAN[®]

Realtors



COZY LAND PARK

Cozy 2 bedroom cottage; a perfect starter or investment property! Close to Tower Theater and public transportation. Walkable, plus energy upgrades including central heat and air conditioning, ceiling fans and dual pane windows! Better hurry at this price! See: www.2582harknessstreet.ihousenet.com \$217,000

SHEILA VAN NOY 505-5395



PERSONALITY PLUS!

South Land Park 3 or 4 bedroom 2 bath with beautiful leaded glass windows, custom front door and used brick & wood. Pretty hardwood floors & brick fireplace. Kitchen with granite, Wolf range & oven, Mele dishwasher, convection microwave & interior grill. Pretty backyard, free form pool, completely finished patio & more. See www.4809HillsboroLane.com \$499,000

PAULA SWAYNE 425-9715



DUPLEX

Charming duplex with one bedroom, one bath units with fireplaces, central heat and air conditioning and dual pane windows on each side. Both units share a two car garage, covered patio and lovely backyard. Close to City College and Land Park. See: www.2245-4912thAve.com \$250,000

LIBBY NEIL 539-5881



LAND PARK COTTAGE

Sweet, spacious and beautifully maintained and oh, the possibilities!! 2 or 3 bedrooms, with master bedroom that has its own sitting room (or it could be a nursery or exercise room). Den with knotty pine cabinets where you can just feel the warmth of yesteryear. See: 264417thstreet.ihousenet.com \$299,900

SHEILA VAN NOY 505-5395 • CHRIS BRIGGS 834-6483



CLASSIC BRICK TUDOR

Beautifully maintained brick Tudor is located on 4th Ave, the "Brick street" in Land Park. 3 beds 2 baths, large living room with gorgeous architectural ceiling and fireplace flanked by windows. See: visualtour.com/shownp.asp?t=2635348 \$525,000

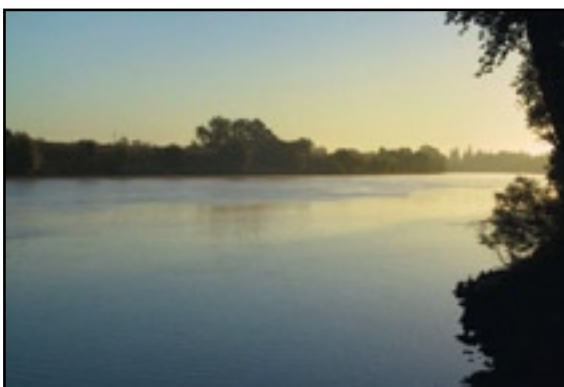
CHARLENE SINGLEY 452-2228



LOVELY HOME WITH POOL

Fantastic two bedroom two bath Land Park home with a two car garage and a pool! This home includes a spacious floor plan, vintage hardwood floors, a patio, and a large lot. Walking distance to the Riverside Clubhouse and other restaurants! See: 270112thstreet.ihousenet.com \$349,000

TIM COLLOM 247-8048



LOT ON THE RIVER

Rare opportunity to build your own home on a riverfront lot in the Little Pocket area close to the freeway and downtown. This lot is on Riverside Blvd close to 35th Ave. Must see this beautiful lot. Feel free to go by and walk around the lot and enjoy the Sacramento River. See [5746 Riverside Blvd.](http://5746RiversideBlvd.com) \$325,000

MONA GERGEN 247-9555



QUAINT CURTIS PARK

Here is a Curtis Park charmer that is move-in ready. 2 bedrooms, 1½ baths, pretty hardwood floors, granite counter-tops, formal dining room and breakfast nook; inside laundry. Easy care yard and great patio. See: www.2114marshallway.epropertysites.com \$259,000

JAMIE RICH 612-4000



SARATOGA TOWNHOMES

Within walking distance to the best of Downtown: the Capitol, art galleries & great restaurants. New paint & carpet, vaulted ceilings upstairs & spacious windows makes this a light & bright home. See www.958q.epropertysites.com \$189,000

NATHAN SHERMAN 969-7379

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