

## Waste collection to turn over new leaf?

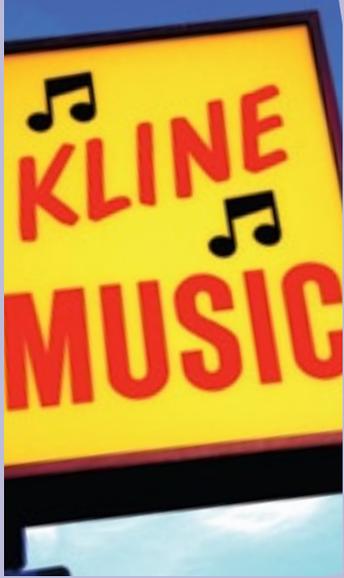
See page 8

The Elks: Where friends gather, serve

See page 10

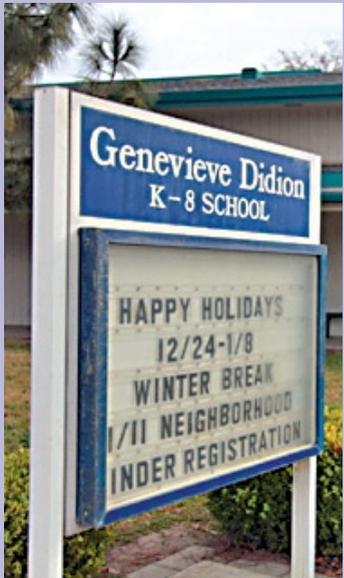
COMMUNITY CALENDAR, PAGES 24-25 • KNOW YOUR NEIGHBOR, PAGE 6 • FACES AND PLACES, PAGES 26-27

### Inside This Edition



Kline family dedicated to music education

See page 6



Didion School open house Jan. 18

See page 18

# PET EMPOWERED



Sacramento SPCA keeps seniors, pets together

See page 5



Welcome *Home*

Eskaton Monroe Lodge offers independent living in a tranquil, country-like retreat with all the city advantages.

Services include regular maintenance, housekeeping, bed linen services and complimentary scheduled transportation.

Call today for a tour!

### ESKATON MONROE LODGE

Independent Living with Services

3225 Freeport Blvd. | Sacramento

916-441-1015

www.eskaton.org



**ESKATON**  
Transforming the Aging Experience



EQUAL HOUSING OPPORTUNITY

E-mail stories & photos to: [vcnnews@valcomnews.com](mailto:vcnnews@valcomnews.com)

The Land Park News is published on the second and fourth Thursdays of the month and delivered by mail and home delivery in the area bounded by Broadway to the north, Interstate 5 on the west, Florin Road on the south and Freeport Boulevard/21st Street on the east.

**Publisher**..... George Macko  
**General Manager**..... Kathleen Egan  
**Editor**..... Susan Laird  
**Art Director**..... John Ochoa  
**Junior Designer**..... Ryan Vuong  
**Advertising Executives**... Linda Pohl, Patty Colmer, Melissa Andrews  
**Distribution/Subscriptions**..... George Macko

\$30 a year subscription

Vol. XXI • No. 1

2709 Riverside Blvd.  
Sacramento,  
CA 95818  
t: (916) 429-9901  
f: (916) 429-9906

Cover photo by:  
iStockphoto

Other photos  
Lance Armstrong  
Stephen Crowley

**Kombi Haus**  
UW & Audi Specialist



**15% Off Service**

15% off labor for major VW and Audi service. Offer good for a limited time. Call for details.

- Insurance Work
- Factory Certified Techs
- Parts & Service
- Full Restorations
- 20, 40, 60, 80K Maintenance

2635 34th Street Sacramento, CA 95817 • 916-456-5615 • [www.kombihaus.com](http://www.kombihaus.com)

**Fabulous Lanai**  
Grooming Salon



Grooming dogs & cats of all breeds since 1966

**January ONLY!**  
\$7 discount on all grooming & baths

(Includes nails, flea treatment, anal glands & furminator)



**Call for an appointment 421-0481**  
**5675 Freeport Blvd., Land Park**  
(Behind the Lanai Shops, next to the Camelia Waldorf School)

48 years at the same location

**BUYING OR SELLING**

**Hess Gets You HOME**



**JOSH HESS, REALTOR®**  
**916.716.1627**  
[Josh.Hess@cbnorcal.com](mailto:Josh.Hess@cbnorcal.com)  
[JoshHessSold.com](http://JoshHessSold.com)  
DRE# 01891493



**LAND PARK GOLD & SILVER**

*A Family Shop*

LIC# 34041416

**Jewelry • Rare Coins**

**UNWANTED BROKEN GOLD OR SILVER?**  
**Turn It Into Cash!**



**We Buy and Sell Gold, Silver, Jewelry, Coins**  
**Buying 7 Days a Week: M-F 9-6pm, Sat 9-5pm, Sun 10-4pm**

**Watch Batteries**  
**\$5.00 + Tax**

Excludes Swiss & Lithium. Limit 10 Installations.  
(Some Restrictions Apply) Expires 1/31/12

**5100 Freeport Blvd**  
(corner of Arica Way & Freeport Blvd.)

**916.457.2767**

**TECHNOLOGY MADE SIMPLE WITH YNT**



Contact us for:

- Turn-key desktop and laptop computer packages for your loved ones (or yourself)
- Home entertainment system consulting, purchase and installation
- The gift that keeps on giving ... a YNT gift certificate that can be used for any of our products or services



"Happy Holidays to our clients and neighbors from all of us at YNT!"

**Ted Olson, Jr.**  
President & CEO

# 'Young at Art 2012' opens vista of possibilities to region's middle school students

By SUSANLAIRD  
Land Park News editor  
susan@valcomnews.com

Art is a path for the exploration of beauty...a door to an infinite number of possibilities. It is not intended to be enjoyed – or created – only by the cultured or the elite. It is for all people, and for every age group.

This is especially true for young people, who see the future through a unique and hopeful perspective.

For the past four years, the annual "Young at Art" show for middle school students in the Sacramento region has showcased the work of young artists. Students and schools from Sacramento, Davis, Auburn, Woodland, Granite Bay, Folsom and El Dorado Hills have participated in the past.

This annual student art show is highly anticipated and well attended. It is sponsored by St. Francis Catholic High School, which is known statewide and nationally for its programs in the visual and performing arts. Although St. Francis is a high school for young women, entries from both boys and girls are encouraged. The competition is open to students from public, private and home schools.

At a time when arts programs are operating in a "reduced" (or perhaps, non-existent) role in some schools, this program provides individual students an opportunity to shine. There are no



Image, courtesy

YOUNG AT ART 2012 will give local middle school artists an opportunity to create and show a variety of artworks – and gain recognition in a regional Sacramento show.

entry fees, and the grand opening of the show is a fun experience. The young people of this area are extremely talented.

The show is an opportunity for students to experience the procedures for entering an art show, as well as to have their talents acknowledged in a regional forum. It is an opportunity for inspiration and validation.

The grand opening of the art show will be held on Feb. 1 in the St. Francis High School Arts Complex at 5 p.m. All artists and their families are welcome. Awards will be presented at 6 p.m.

The prizes are pretty cool. These include art supplies (sketchbooks, charcoal, paints and more), gift certificates to local

See Art, page 4



**Sue Olson & Teresa Olson**  
916-601-8834  
DRE# 00784986

**916-494-1452**  
DRE# 01880615



Call for a Complimentary Market Evaluation of Your Property Or for Assistance in Purchasing a Home.

**landparkhomes.com**



**LAND PARK**  
Two bedroom charmer close to City College. Formal living room with fireplace, formal dining area, updated kitchen, hardwood floors, laundry area, corner lot, cute backyard with large patio, bonus storage room behind garage. 2280 11th Avenue. \$296,000



**LAND PARK**  
Classic two story Old Land Park Beauty in College Tract! Five bedrooms, 4 bathrooms, spacious foyer, exquisitely remodeled kitchen with Tuscan granite countertops and large island. Formal living and dining room with lovely fireplace. Panoramic views to beautiful backyard, pool, portable spa, cabana house and built in barbecue. 3620 19th Street. \$999,000



**LAND PARK**  
Charming one of a kind cottage. Open beamed ceilings in living room and kitchen. Lovely updated kitchen, hardwood floors, two large bedrooms, remodeled bathroom plus 1/2 bath. Inside laundry, french doors from dining area and one bedroom to lovely private garden and patio. Two car garage and breezeway from rear door to garage. 1101 10th Ave. \$479,000



**WALK TO THE PARK**  
Three bedrooms plus den, two and 1/2 baths, living room with fireplace, formal dining room, remodeled kitchen with stainless steel appliances and eating area, upstairs master suite, central H&A, and pretty backyard. 3839 Bartley Drive.



**LAND PARK**  
Charming two bedroom Spanish style home on a pretty tree lined street. Cute interior with high coffered ceiling in living room. Lots of windows, dining area and built-in hutch. Kitchen with gas stove, dishwasher and good counter space, breakfast area plus laundry. 1821 Larkin Way. \$319,000



**LAND PARK**  
Lovely brick tudor with unique turret entry, front courtyard, three bedrooms and two remodeled baths, living room with vaulted and beamed ceiling and fireplace, step down formal dining room, updated kitchen with granite counters & stainless steel appliances, built-in pool and spa and bonus bedroom behind garage with opened beamed ceiling. 1560 11th Avenue. \$689,000

Same Great Service -  
New Great Location

Moving in Spring 2012



Mueller Pet Medical Center

Countdown...

94 days until we make the move to our new facility.

7625 Freepoint Boulevard (corner of Freepoint and Meadowview)

---

Complete Veterinary Services since 1950.  
Open 24 hours a day for all your emergency needs.

---

6420 Freepoint Boulevard  
(916) 428-9202  
muellerpmc.com




Protect:

- 1 Your car.
- 2 Your house.
- 3 Your bank account.

Save an average of \$696\*

Protect yourself with America's #1 car and home insurance company\*\*.

Give us a call and start saving today.



**Kenneth Perry**  
Insurance Lic #0715732  
2724 24th St., Ste 200  
Sacramento, CA 95818  
Bus: 916-452-6668



**David Kite**  
Insurance Lic #0G03848  
1510 X Street  
Sacramento, CA 95818  
Bus: 916-441-1476



**Wally Navarrette**  
Insurance Lic #0715723  
4030 S Land Park Dr., Ste D  
Sacramento, CA 95822  
Bus: 916-454-5331

Like a good neighbor, State Farm is there.®



State Farm

statefarm.com™

\*Annual average per household savings based on 2009 national survey of new policyholders who reported savings by switching to State Farm.  
\*\*Based on A.M. Best written premium. State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company - Bloomington, IL, State Farm Fire and Casualty Company - Bloomington, IL, State Farm General Insurance Company - Bloomington, IL, State Farm Lloyds - Dallas, TX

**TURN YOUR OLD COINS AND JEWELRY INTO CASH!**

**The Sacramento Coin Shop**  
**Riverside Coins & Gold**

**3204 Riverside Blvd. Sacramento, CA 95818**

(at 8th Avenue across from Vic's Ice Cream)

**(916) 447-2646**

**10% MORE**  
 With this ad

**Hours**

10:00 - 5:00pm

Saturday 9:00 - 3:00pm

Closed Sunday, Monday

**Wanted To Buy:**

**Jewelry**  
 Watches, Gold, Silver,  
 Class Rings, Scrap Gold,  
 Costume Jewelry, Cameos  
 & Vintage Jewelry

**Coins**  
 Gold & Silver, Currency,  
 Proof Sets, Mint Sets,  
 Bullion Tokens, Medals,  
 Military Memorabilia

Sterling Silver,  
 Flatware, Old  
 Comic Books,  
 Lighters, Stamps

**Got News?**

E-mail Susan Laird, [susan@valcomnews.com](mailto:susan@valcomnews.com)

**CREATE NEW MEMORIES IN 2012**



**sacramentoZOO**  
 CELEBRATING 85 YEARS

**PLAN YOUR VISIT!**

916.808.5888 | [saczoo.org](http://saczoo.org)

**Art:** Middle school art competition open to public, private & home school students

*Continued from page 3*

art supplies stores, etc. The grand prize is a full scholarship to the St. Francis High School Summer Arts Workshop for Middle School Students, worth \$275. The grand prize winner will have the opportunity to pursue his or her arts passion with the direction of the Troubadour Art Department's amazing faculty.

**Entry details:** Students and schools should deliver art works to the St. Francis High School Art Theatre Complex Foyer on Thursday, Jan. 26 between 3:30 p.m. and 5 p.m. Artwork will not be accepted at any other time or date. The campus is located at 5900 Elvas Avenue in Sacramento, just off 65th Street and Highway 50.

Pictures must be matted, but canvas and sculptures do not need matting. A 2"x3" label should be permanently affixed to the front, lower right hand corner of the work. Information on the label should include: 1. Student first and last name; 2. Student grade; 3. School full name; and 4. Art teacher name.

The limit for submissions is up to 25 pieces per school and one work per student. All mediums and sizes of art are accepted. For more information, call (916) 737-5002.

Art is a vital expression of the creative mind. It encourages solutions-oriented thinking.

And when young people are encouraged to "think outside the box," amazing things can happen.

**Taylor's Meat Department Special**



Now...\$3.99 lb  
 Reg... \$6.99 lb

Savings of \$3.00 per pound on 20 plus pound Mary's Heritage Turkeys only while supply lasts



**PSYCHOTHERAPY SERVICES**

- Families • Couples • Individuals

- Also MEDIATION SERVICES
- Marital Dissolutions
  - Child Custody Arrangements

**MYLES MONTGOMERY**

ACSW, LCSW (Lic. 25863)

916.422.2301 • [www.mylesmontgomerylcsw.com](http://www.mylesmontgomerylcsw.com)

**YOU HAVE OPTIONS!**

Foreclosure doesn't have to be the only choice. A short sale may be the answer and I can help.

*If you qualify for a short sale you could avoid the following:*

- A ruined credit score.
- Disqualification from future home loans.

*Plus, you could qualify for a \$3,000 exiting bonus through the Home Affordable Foreclosure Alternative program!*

*Call us today, we're here to help!*



Angel Lynn  
 916.443-1445  
 1913 Capital Ave, Suite C  
 Sacramento, CA 95811



[www.angellynn.com](http://www.angellynn.com)  
 Blog site:  
[www.myshortsaleangel.com](http://www.myshortsaleangel.com)

Keeping pets and seniors together:

# Sacramento SPCA offers pet services to senior citizens

By SALLY KING  
Land Park News writer  
sally@valcomnews.com

Imagine an older woman in her wheel chair; leaving her Natomas home in the morning with her little dachshund bundled up on her lap, switching between light rail and the bus for three hours to reach her destination point.

The woman was bringing her dog to the Sacramento Society for the Prevention of Cruelty for Animals (SPCA) located at 6201 Florin Perkins Road, where a program called "Senior Services" provides free pet vaccinations to senior citizens age 60 and over the first Wednesday of each month from 10 a.m. to 2 p.m.

"This woman arrived late and was incredibly grateful and gracious to us when we told her we would vaccinate her dog that day," SPCA Senior Services Coordinator Shari Lowen said. "Our goal is keeping seniors and their pets together."

## Pet, senior needs met

For many seniors, their life is their pet.

"No one can argue the benefits of keeping seniors and their pets together," Lowen said. "The senior program provides free vaccinations, nail trims, and pet adoptions."

The money saved on free pet vaccinations provide many seniors money needed for pet food.

Lynn Humphries, 'A Sure Solution' consultant, thinks the SPCA Senior program is wonderful.

"Three years ago I received a call from a gentleman who had a sick dog and no money. At that time the SPCA didn't have a senior program, so I split the cost of the veterinarian fees with a friend," Humphries said. "The man started crying when he found out his dog was going to be OK."

## Meals on Wheels connection

Humphries said the folks who volunteer with "Meals on Wheels" keep their eyes open for seniors who might need assistance with a pet.

Lori Olshaskie, Meals on Wheels' Social Services supervisor, said she has known seniors on fixed incomes who would rather see their pet eat than themselves.

"The level of love and commitment to their pets is amazing," Olshaskie said. "Especially when a person lives alone, having a pet makes a huge difference in that person's life."

Meals on Wheels is grateful for pet food donations and is willing to pick them up.

## Golf tournament

The SPCA holds an annual golf tournament to raise money for the Senior Service program. It will take place Monday, May 9 at the Del Paso Country Club, presented by Hank Fisher.

In addition to free vaccinations, the Senior Service program provides discounted dog training, free telephone assistance with dog and cat behavior issues and discounted private animal behavior consultations. They also provide quarterly estate planning seminars that include information about options for pets in the event the owner is no longer here to care for them.

## Future programs

Lowen said the SPCA is working on a program where volunteers go to the senior's home and provide whatever services his or her pet might need, such as transportation to the veterinarian because many seniors no longer drive. The SPCA is trying to get volunteers together to walk dogs for folks who are immobile or not able to walk far.

To learn more, call the Sacramento SPCA at (916) 383-7387 or visit [www.sspca.org](http://www.sspca.org).



Let us build  
an ad to fit  
your  
company's  
needs

One of our graphic  
artists will design a  
free of charge  
advertisement for you  
or your company, when  
you advertise in one of  
our publications. For  
more details on this  
offer, give us a call at  
**429-9901**

Ginger - another satisfied client!



**The Clip Shop**  
PET GROOMING  
36 Years of Experience

- All Breed Grooming
- Hand Scissoring
- Cats Welcome
- ONLY \$5 Nail Trimming

Anesthesia free teeth cleaning for dogs & cats 1st Friday of the month

3401 Freeport Blvd. @ 9th Ave. (Formerly on Riverside Blvd.)  
447-0393

testimonial

"We are thrilled to advertise with Valley Community News Paper. The staff is warm and welcoming. They make every effort to help us grow our clientele. They truly go above and beyond. The design team is fantastic. The Newspaper Delivery staff always delivers with a smile ear to ear. Thank you Valley Community News Paper for being a part of our business growth over the past 22 years."



COMFORT ZONE  
Senior In-Home Services, Inc.  
Since 1990

Sincerely, Melissa Johnson,  
Marketing Director of Comfort Zone Senior In-Home Services

4030 South Land Park Drive, Suite C, Sacramento, CA 95822  
[www.sacramentoseniorhomecareservices.com](http://www.sacramentoseniorhomecareservices.com)

916-453-1344

## OPTIMIZING YOUR PENSION PLAN BENEFITS Lunch & Learn

Whether you're getting ready to retire or just want to learn more about your pension and retirement options, find out how you can increase your pension benefits and reward yourself in retirement!

Esther Aw, CLTC, and Mark J. Pratt, CLTC, invite you to join them for an informational seminar to learn how you can get the most from your pension plan and still provide income for your spouse or dependent.

Thursday, January 19, 2012

Noon to 1:00 pm

Bank of California Center

770 L Street, Suite 950, Downtown Sacramento

RSVP to Ruth at 916-646-0310 or [ruth@estheraw.com](mailto:ruth@estheraw.com)

Lunch will be provided so please specify turkey, ham or vegetarian.

### Can't Make It?

Please RSVP for one of the following dates:

February 16, 2012 - Noon to 1pm

March 15, 2012 - Noon to 1pm

Mark J. Pratt, CLTC  
CA Insurance License # 0669221  
Pratt Financial &  
Insurance Services  
430 F Street, Suite G  
Davis, CA 95616  
(530) 753-4195  
[Mark@prattfinancial.com](mailto:Mark@prattfinancial.com)



Esther Aw, CLTC  
CA Insurance License # OC15780  
EMA Financial &  
Insurance Services  
8110 Pocket Road, Suite 101  
Sacramento, CA 95831  
(916) 646-0310  
[Esther@estheraw.com](mailto:Esther@estheraw.com)

This is an informational and sales presentation. Neither New York Life nor its agents provide tax, legal or accounting advice. Please consult your own professional for tax, legal and accounting advice.

Know your neighbor

# Kline Music: Serving local music needs since 1963

By LANCE ARMSTRONG  
Land Park News writer  
lance@valcomnews.com

This year marks the 50th year since Sacramento native Betty Kline established a music store in the basement of her home in Curtis Park. That business proved to be the predecessor to the longtime local business, Kline Music.

## It began in a basement

In her basement store, Betty sold music accessories such as reeds for clarinets and saxophones, guitar strings, picks, instrument oils and manuscript papers.

A year after establishing a store at her own residence, Betty founded Kline Music at its original location at 5032 Franklin Blvd. at 26th

Avenue in the Farmers Market Shopping Center.

A key element of Kline Music's business operations has been its music instruction.

Betty's former husband, the late W. Russell Kline, operated the Russ Kline School of Music in the same basement where Betty had operated her store.

With the opening of Kline Music, the school relocated to the new store, where 10 music teachers, including W. Russell, provided music instruction in about seven teaching studios.

It was also about this time that the store developed the slogan, "We teach what we sell."

Instructors during this era taught lessons in clarinet, saxophone, trumpet, trom-



Land Park News photo, Lance Armstrong

KLINE MUSIC Music is located at 2200 Sutterville Road, just south of Sacramento City College.

bone, piano, accordion, guitar, drums and even baton twirling.

## A musical family

Beyond his work as a music teacher, W. Russell is an especially important part of the story of Kline Music, considering that Betty gained her extreme love of music through her former husband and his family.

W. Russell, who was a 1942 graduate of Sacramento High School, grew up around music.

His parents, Walter Hayden Kline (1895-1970) and Maetta Kline (1902-1985), were professional musicians. They moved to the capital city in about 1920 and first resided at 3054 33rd Street.

Walter, who was born in Bakersfield County, used to conduct music for silent films at the Fox Senator Theatre at 912 K St. He also had his own orchestra, which performed at the Hotel Senator at 1125 L St., across from the state Capitol.

Maetta, who was born in Kansas City, Mo., played piano and drums. She performed in an all-female band in Sacramento during the 1920s and 1930s.

One of Maetta's favorite memories about her band (which once played for the governor) was sort of her claim to fame: as she would later proudly say, "We wore slacks."

Additionally, Maetta would sit at the piano at a Ben Franklin five and dime store and play newly-arrived sheet music for customers, so they could determine if they wanted to purchase the music.

W. Russell also had a brother named Joe Kline, who was a renowned musician and music educator in Sacramento.

Through W. Russell's upbringing in a musical family, his interest in music continued to grow and while he was still

attending Sacramento High, he formed the 12-piece dance band, Russell's Stompers.

W. Russell later played in other local bands, including the Russ Kline Orchestra.

## Sacramento Youth Band founder

Penny Kline, who is W. Walter and Betty's daughter and one of the store's managers, said that one of her father's greatest accomplishments in music was establishing the Sacramento Youth Band in the summer of 1957.

"(The band) started in our backyard on 23rd Avenue," Penny said. "Many people came out of (the band) that became music educators in the school systems and went on to compose music. One of the (members of the band) who was really locally renowned was Eric Kleven. He was a phenomenal bass player and teacher at (Sacramento) City College."

The Sacramento Youth Band is now in its 54th year and has recently been under the direction of its leader, Stephen Bingen.

And as the youth band continues its history, thus does Kline Music, which has gradually grown throughout the years.

## Steady despite tough times

Penny said that although this growth has not always

See Kline Music, page 7

## COME ADOPT US AT

THE SACRAMENTO CITY SHELTER

2127 Front St. • 808-7387 • www.sacpetsearch.com



Delilah, A386729  
She has perfect leash manners!

Holly, A385900  
A beautiful & curious kitty!



Placed by Friends of Sac City Shelter Animals, www.saccityshelter.com

"Wendi's expertise in staging and pricing helped us quickly sell our home for top dollar."



Wendi REINL

916.206.8709 WendiReinl.com Wendi@WendiReinl.com



Land Park News photo, Lance Armstrong

SELECTION, SELECTION, SELECTION. Kline Music is known for carrying a wide variety of instruments.

## Kline Music: Staffed by four generations of Klines, family store remains dedicated to music education

Continued from page 6

been easy, the store has never been "in the red."

"We've always been in the black," Penny said. "We're very conservative. There were times when it was really hard, of course. I mean a small business takes a very long time to grow."

### The Sutterville building

Among the business's growth were its relocation to 4905 47th Ave. in about 1971 and its move to its current site at 2200 Sutterville Road in 1980.

Acquiring the Sutterville building, which was constructed in about 1956 and originally housed Capital Curtain and Rug Cleaners, was a major accomplishment for Kline Music.

The store's current building was actually purchased by Betty Kline, as opposed to the store's previous buildings, which were leased.

Penny described the Sutterville Road store as an ideal location for the business.

"This (location) is really ideal, because it is across from (Sacramento) City College," Penny said. "It's more central. (The store at) 47th Avenue was out in a neighborhood."

### Music education

When asked to define her family's business, Penny said, "We're a music education store." "We kind of avoid doing the big rock store thing, because

once you get expensive guitar gear, then you have to get the big amps and the big sound system," Penny said. "We're not trying to cater to people who want to be stars. We have over 500 students and most of them are neighborhood children from Land Park, Curtis Park and Hollywood Park. They take (lessons in) everything from trombone to guitar and piano. We teach just about everything."

Kline Music presently has 26 music teachers, including its longest term instructor, Mike Bobo, who began teaching piano lessons at the business in 1977.

### Instruments for rent or sale

The store is also recognized as one of the premier places to rent musical instruments in Sacramento.

And when it comes to the store's non-rental inventory, new visitors of the business are often impressed to see the large number of instruments for sale.

Penny said that Kline Music, which carries such musical items as violins, violas, cellos, guitars, amplifiers, accordions and drums and has an entire department dedicated to sheet music, also has a large assortment of ethnic instruments such as ouds and mariachi instruments.

And with the continuously growing popularity of the ukulele, the store sold more ukuleles last year than guitars.

### Positively dedicated

Nearly a half-century after founding Kline Music, Betty still dedicates time to working in the store.

Altogether four generations of Kline family members have worked at Kline Music, which is also managed by Paul Anderson, who is married to Candy (Kline) Anderson. Candy is another one of W. Russell and Betty's daughters and a flute, violin and clarinet teacher at the store.

Penny said that she has a lot of pride in her work and is dedicated to doing her part to continue the operation of her family's music store.

"Without music, the world would not be as rich and people wouldn't develop as fully," Penny said. "Music is probably one of the most positive endeavors that people can pursue, not only for their spiritual growth, but for their intellectual growth. (Operating Kline Music) is in the blood and it is part of a legacy that could go on for many generations and there's no reason why it shouldn't. It's very, very important to me that as long as I live the store continues."

*Kline Music is open Mondays through Fridays from 10 a.m. to 7 p.m., Saturdays from 10 a.m. to 5 p.m. and Sundays from noon to 4 p.m. For additional information, call (916) 456-8742 or visit [www.klinemusic.com](http://www.klinemusic.com).*



Land Park News photo, Lance Armstrong

SERVING SACRAMENTO for four generations, Kline Music was founded in 1963.

<h1>FUNERAL DIRECTORY</h1> <p>Call Patty at (916) 429-9901 <a href="http://www.valcomnews.com">www.valcomnews.com</a></p>	
<p>EAST LAWN FD136 <b>ANDREWS &amp; GREILICH MORTUARY</b> 3939 Fruitridge Road Sacramento, CA 95820 <i>"Ready to provide guidance at a difficult time."</i> <b>916-732-2026</b></p>	<p><b>EAST LAWN</b> EAST LAWN MEMORIAL PARK 4300 Folsom Blvd. Sacramento, CA 95819 <b>916-732-2000</b> FD1242 <i>"Embracing a unique commitment to Sacramento and its people"</i></p>
<p>EAST LAWN <b>ELK GROVE MEMORIAL PARK AND MORTUARY</b> FD1455 9189 East Stockton Blvd. Elk Grove, CA 95624 <b>916-732-2031</b></p>	<p><b>GEORGE L. KLUMPP</b> CHAPEL OF FLOWERS FD 360 2691 Riverside Boulevard Sacramento, CA 95818 <b>Phone: (916) 443-7917</b> Fax: (916) 443-7931 <i>Family owned and operated since 1921</i></p>
<p><b>Harry A. Nauman &amp; Son</b> Dignity FD366 4041 Freeport Blvd Sacramento, CA 95822 (916) 452-6157 Serving Sacramento Families since 1903. Pre-arrangement packages available.</p>	<p><b>LIND BROTHERS</b> FD 1141 A Local Family-Owned Funeral Home Serving Sacramento Since 1964 <b>916.482.8080</b></p>
<p>Since 1927 Dignity FD Lic# 355 <b>Nicoletti, Culjis &amp; Herberger Funeral Home, Inc.</b> 5401 Folsom Blvd • Sacramento 95819 (916) 451-7284 <i>Pre-arrangement packages available.</i></p>	<p><b>SIERRA HILLS MEMORIAL PARK AND EAST LAWN MORTUARY</b> 5757 Greenback Lane Sacramento, CA 95841 FD1242 <b>916-732-2020 • 916-331-9800</b> <i>"Knowing that professional guidance is always by your side"</i></p>

# Leafy controversy sure to raise a few rakes in Sacramento

By ELIZABETH VALENTE  
Land Park News writer  
elizabeth@valcomnews.com

To help the City of Sacramento save money, collecting your next batch of leaves from in front of your home may cost you more, particularly if you live in a very "leafy" neighborhood.

Yard waste collection is provided by the City's Department of General Services. Residents with this service can place a single pile of yard waste, up to two cubic yards, between the sidewalk and the curb for collection.

This spring the Department of General Services will ask the City Council to place a measure on the November 2012 ballot repealing 1977's Measure A, the law which prohibits the City from requiring containerized yard and garden collection.

"Our primary objective is not to raise rates for several years, but part of the challenge is it's very inefficient and expensive to have two different green waste programs," explained Steve Harriman, integrated waste manager. He said his office operates like a business and staff are currently looking at

different scenarios for the collection programs.

"The monthly collection fees we charge customers pay for labor, employees, disposal of the material, equipment, maintenance and replacement," Harriman said.

The City collects a total of 80,000 tons of green waste through the City's two programs, the Containerized Yard Waste Collection Program and the Loose-in-the-Street Collection Program.

City officials say that current rates for the Loose-in-the-Street program aren't enough to pay for the program. An increase may need to occur to help the city's budget.

Nearly 13,000 residents on the program pay \$13.71 a month to have their bags collected. Only those on the program have their piled leaves on the streets picked up. If rates don't increase, frequency of pick-up of leaf piles and lawn trimmings for those who don't use green bins would have to be reduced.

"During leaf season, between Thanksgiving and New Year's, the



Photo courtesy, Steve Harriman

LEAF COLLECTIONS are often made with tractors in neighborhoods such as Land Park, Curtis Park, East Sacramento and the Pocket.

See Leaves, page 9

## Senior Services *and* Resources

Call Melissa (916) 429-9901

### ASSISTED PLACEMENT



**Placing People First**  
Since 2004  
888.980.9880  
www.lifetimesolutions.org

Specializing in finding the proper Assisted Living or Board and Care for your loved one.

We are a FREE Service!

### ASSISTED LIVING



Assisted Living & Memory Care  
**(916) 226-9319**  
9325 East Stockton Blvd., Elk Grove

### DOCUMENT PREP SERVICES

**LIVING TRUST/LIVING WILL**  
Legal Document Prep Services:

- Trust • Will
- Powers of Attorney
- Residential Deed

Couples \$495 Singles \$450  
Lynda K. Knight (916) 214-1215  
1337 Howe Ave., Ste. 103  
Sacto 95825

### ELDERLY SERVICES



**COMFORT ZONE**  
Senior In-Home Services, Inc.  
Long Term Insurance Accepted

Hourly and Live-In  
24 Hour Care and Bathing Service  
Appointments  
**(916) 453-1344**  
4030 South Land Park Drive

### HELP AT HOME

#### HELP AT HOME Senior Care

Caring, In-Home Assistance & Companionship

- Light housekeeping
- Meal preparation
- Med reminders • Errands
- Dementia care • Bathing & Much More

For no-cost/in-home assessment, call **877-404-6636**

### IN HOME CARE



Blossom Ridge Home Care

Blossom Ridge – dedicated to providing the highest quality of care for your loved ones within the privacy & warmth of their own home.

Call us at  
**800.991.6147**

### LOVING COMPANIONS



Certified care  
**(866) 312-2157**

Specializing in  
**24/7 Live-In Service**

Excellent Rates & Discounts

### MEDICAL SUPPLIES



Visit our website – [amdmedsupply.com](http://amdmedsupply.com)

Tel/Fax: (916) 485-2500 | [amdmedsupply@live.com](mailto:amdmedsupply@live.com)  
3108 Arden Way, Sacramento, CA 95825

### REAL ESTATE SERVICES



**FREE Real Estate Help & Advice** tailored to seniors & their families

Contact John Woodall, GRI  
Seniors Real Estate Specialist  
**(916) 421-5421**

✓ out my blog at:  
**aSeniorsBlog.com**

### SENIOR BOARD & CARE

Enjoy Living In A Peaceful Garden Setting



**(916) 363-3232**

Respite Available

2554 Vernaccia Circle - Rancho Cordova

### SPECIAL ALZHEIMER'S LIVING



Day Club, Respite, Residential, Support Groups & Educational Classes

[cas@primroselz.com](mailto:cas@primroselz.com)  
[www.primroselz.com](http://www.primroselz.com)  
**(916) 392-3510**

7707 Rush River Dr. Sacto, CA 95831

# Leaves: City to consider changes on how yard waste is collected

Continued from page 8

City collects nearly 27,000 tons of yard waste," said Harriman. "Containers are not enough during this time of the year. The leaf collection program helps keep leaves from blocking storm drains and prevents decaying leaves from polluting our lakes and streams."

Nearly 103,000 city residents use the 96 gallon green bins that the City provides, at a monthly rate of \$10.35 for the weekly pick-up. They also benefit from the loose leaf service eight times a year. A majority of the residents on the program live in midtown, Land Park, Curtis Park, East Sacramento, the Pocket, and Del Paso Heights.

"It only takes one employee and one vehicle to pick up the bin collection, therefore using much less fuel, less traffic congestion," Harriman said. "Versus the Loose-in-the-Street piles takes two employees and two vehicles with rear loaders and 'claws' that scoop up the leaves. The container program also leaves the street quite a bit cleaner, less spillage on the curb, less danger of leaves spilling over onto drains, less residue left behind."

Brady Helmes lives in the leafy district of Curtis Park and said, "Leaf collection is a basic city service that should be funded through existing revenue. The goal is to have storm drains free from clogs and our neighborhoods looking clean. If this system doesn't work, then we need to explore other options."

City staffers are currently working with the Utilities Rate Advisory Commission to come up with new solutions.

## Illegal dumping an issue for City collectors

City officials from the Waste Program are conducting "spot checks" of city streets to make sure there is no illegal dumping in neighborhoods.

"It's a headache, people are abusing the program and it's costing the City money that we could use in other places," said Harriman. "Gardeners doing yard maintenance in other cities are driving their waste into the City of Sacramento and dumping it in neighborhoods where they know we have regular pickups."

The Department of General Services has one code enforcement officer whose job is to locate and cite the illegal dumping.

"It's a big city and the enforcement is difficult, especially when the dumping happens at night," explained Harriman. "We've confronted a number of gardeners, but it's also helpful if resi-

dents that see the illegal dumping report it so we can take action."

### Where does all the waste go?

Waste collections from city residents are not recycled back to Sacramento.

"The collected leaves are made into compost to fertilize agriculture lands and landscaped areas outside of Sacramento," explained William Skinner, collections superintendent. "Compost places in urban areas like Sacramento are hard to manage. They always have an odor that affects the neighboring homes."

Yard waste consists of materials normally generated in the maintenance of gardens, yards, lawns, or landscaped areas whether residential, commercial or public. This includes leaves, grass clippings, plants, shrubs and pruning. State law says that 50 percent of all

waste generated in the City of Sacramento is to be recycled.

The Department of General Services works with a private company that takes the collected material for different types of recyclable usage:

- ♦ Alternative daily cover goes to Yolo County Landfill. The garbage has to be covered with dirt and other material, such as yard waste to keep birds and other animals away from the landfill.
- ♦ Cogeneration facilities burn waste materials as a fuel source at Rio Bravo-Rocklin Power Station in Lincoln. The burning occurs mainly in the spring and summer months.
- ♦ Compost and mulch facilities turn waste into compost and this then goes to Napa County. The compost is mixed with manure and sold for agricultural use in the area.

"In the next couple of months, we're also getting ready to go out into the community and neighborhood associations to ask for people's input," said Harriman.

One idea the City is playing with is having a bi-weekly collection for their curbside recycling collection.

"All the other jurisdictions inside Sacramento County pick up every other week. Weekly collection is very convenient and easy for customers, but it's also very expensive," Harriman added.

"We used to have it as a bi-weekly pick up in the past, and I think I can live with that if it keeps my monthly rate down," said Land Park resident Pete Madfield.

The City offers containerized customers eight scheduled Loose-in-the-Street collections per year. To comply with state law, the City can only provide the service as it is defined onto those customers who are paying for it.

- ♦ January: Collection second full week
- ♦ February: Collection last full week
- ♦ May: Collection last full week
- ♦ October: Collection last full week
- ♦ November and December: Collection will be two times

per month, however schedules may vary during leaf season

For more information about the Containerized Yard

Waste and Loose-in-the-Street Service Guidelines log onto [www.cityofsacramento.org/utilities/solid-waste-recycling](http://www.cityofsacramento.org/utilities/solid-waste-recycling)

Pre-Arrangements Available Since 1903  
 Harry A. Nauman & Son Funeral Directors  
 4041 Freeport Blvd. • Sacramento • CA 95822 • (916) 452-6157  
 Found in the phone book under "Harry A. Nauman & Son Funeral Directors."

### Senior Homecare By Angels®

Select Your Caregiver®

- Up to 24 Hour Care
- Meal Preparation
- Errands/Shopping
- Hygiene Assistance
- Light Housekeeping
- Respite Care for Families
- Rewarding Companionship

Visiting Angels  
 LIVING ASSISTANCE SERVICES  
 (916) 422-2122

## VCA Greenhaven Pocket Animal Hospital

**FUN FACT**  
 Did you know dogs see certain colors?

- Full Service Animal Hospital
- Health Exams • Dentistry
- Medicine/Surgery
- Vaccinations • Spays/Neuters

Our furry friends can become stressed with groups of family and friends around. Make sure they have a stress free quiet place to go.

Remember to keep all candies and table scraps out of the reach of our 4 legged friends.

### More Than Just a Veterinarian!

Mon: 7:30am - 7pm • Tue-Fri: 7:30am - 6pm  
 Sat: 8am - 5pm • Sun: 9am - 4pm

Check out our website for more special offers!  
[www.vcagreenhaven.com](http://www.vcagreenhaven.com)

1 Valine Court  
 916.391.3677

Ask About Our New Animal BEST CARE Checkup Promotion  
 For Pets Ages 1-6 Call for Details

CONSIDERING A PET?  
 We can help you decide which breed is best suited for your family and lifestyle. CALL US!

VCA Animal Hospitals  
 Expert care. With a passion.

# The Benevolent and Protective Order of Elks What are they, anyway?

By SALLY KING  
Land Park News writer  
sally@valcomnews.com

Ramon Perez and Jack Lewis know change is inevitable, even for the Brotherhood of the Elks, which has been in existence for 141 years.

Perez and Lewis are members of Lodge No. 6, located at 6446 Riverside Blvd. in the Greenhaven-Pocket area.

"This is the best kept secret in South Sacramento," Perez said. "Our lodge provides catering, a large ballroom, and we have a gym with a steam room, handball courts and a recently renovated indoor pool."

Perez and Lewis want to see Lodge membership grow. Both believe if the community knew how much the Elks have to offer and were aware of the many benevolent activities they provide, more folks would be interested in joining.

Perez said the baby boomer generation (those born between 1946 and 1964) is not known to join a club unless it has something to offer that is relevant to them and this is one reason why Elk membership is not growing. He wants boomers to know that the Elks have something for everyone and are not just a group of old men hanging out.

Another reason for the decline in membership, said Lewis, is the lodge location. Lodge No. 6 moved from downtown to the Pocket, making it a less convenient place for local business people to have lunch or meet after work.

Other lodges in the area have also seen a decline in membership. Jim Warrick, secretary for Lodge No. 2103 in Carmichael said the closure of McClellan and Mather Air Force bases affected Carmichael's membership.

"We have one problem nationwide," Warrick said. "The demographics have changed since World War II and that is the key to the future of Elksdom."

There are more than 2,000 Elks lodges throughout the country. As

part of their mission, the Elks spend more than \$80 million every year for benevolent, educational and patriotic community-minded programs.

"It's the good deeds we do that draws in new members," Warrick said. "You make friends when you do good things."

A non-core cancer survivor group from the YWCA has been using the Lodge No. 6 pool for 23 years on Friday mornings, according to Lewis. Doctors said swimming would be the best exercise for this group. The heated indoor pool provides privacy and a warm place to swim in the winter.

Currently, Lodge No. 6 has around 758 members. At one time, they had 2,970 members.

Lewis has been a member of the Elks just a little longer than Perez, both joined around the year 2000. Within three years of joining, Lewis served as Exalted Leader, the president of the lodge.

After driving by the Elks building for 15 years, Perez stopped out of curiosity, wondering what they do back there.

"The only reason I came in is someone said they have a gym and I should check it out," Perez said. "They had a gym locker, a steam room, a sauna, a workout room, a swimming pool, racquetball, all for a reasonable price, plus I can go have a drink at the bar if I feel like it."

Of utmost importance to Perez and Lewis are the many benevolent activities sponsored by the Elks. The Elks provide and sponsor many scholarships for local high school students, plus they provide a program that works with troubled youth.

Another important program provided is known as the "The Dictionary Project." The mission is to distribute dictionaries to as many third graders as possible. Perez said Lodge No. 6 also provides a "Student of the Month" lunch for local schools.

The Elks have a program called "The Purple Pig" that supports chil-



STRONG OF LIMB, FLEET OF FOOT...members of Elks Lodge No. 6 have access to this gym and a heated indoor pool.  
Land Park News photo, Sally King

dren whom are physically, emotionally or mentally disabled.

Lodge No. 6 provides many cultural events.

"We have a large Cinco de Mayo party in May," Perez said. "We provide music, piñatas and good food."

Many of lodges offer breakfast to the public on Sundays. Lodge No. 6 offers a \$9 breakfast from 8:30 a.m. to 11: a.m.

"The Carmichael Lodge sponsors one of the largest July 4th parades in northern California," Warwick said. "The parade began 50 years ago and it takes over 200 volunteers to organize it."

Perez said Lodge No. 6 is having a major fund-raiser in 2012 and is selling tickets raffle off a new 2012 Ca-

See Elks, page 11

**WANTED**  
Single Space in Garage in  
Land Park For Classic Car.  
**\$50/month**  
Call (916) 447-1451  
pmartinez@golygon.com

**Freeport**  
Bar & Grill  
  
**Super Bowl XLV Party**  
February 5th, 2012  
Call for reservations: 916-665-1169  
8259 Freeport Blvd., Sacramento, CA 95832  
[www.freeport160.com](http://www.freeport160.com)  
Open for breakfast Saturday and Sunday  
Happy Hour Mon - Fri 4 - 7pm • Fri Nights Karaoke 9pm - 1:30am  
Dinner 4 - 10pm • Patio Seating Available  
Mon through Thur 11am - 10pm • Friday 11am - 1:30am  
Saturday and Sunday 10am - 10pm

**Please  
Recycle  
this Paper,  
Thank You!**

# Elks: Women entered the Elks in 1995 and haven't looked back

Continued from page 10

maro 2SS Coupe. The drawing will be held May 4.

"Women find the Elks Lodge a safe place to meet with their friends," Lewis said. "They can sit in the lounge without being hassled."

Up until 1995, only men were allowed to join the Elks Lodge. Perez and Lewis wholeheartedly agreed allowing women to join in 1995 helped to make the Elks Lodge a better organization.

"We have women in all the big, responsible state and national positions now," Lewis said. "They are doing a tremendous job and that's helped a great deal."

An opportunity for more members opened up when women were allowed to join the Elks – because the women invited their husbands. Perez said

it was no longer a group of "guys going off smoking cigars at an exclusive club."

Warrick said the Elks focus changed dramatically in the 1970s, with the emphasis being on the family. The highest membership was in 1976 with over a million members.

There are many ways for Elks members and their families to participate in benevolent activities. For those who are interested, current lodge members offer a tour. Membership dues are only \$180 annually.

*Perez, Lewis and Warrick believe the Elks have many great programs and welcome folks to check the organization out. Interested parties and the curious are welcome to visit [www.elks.org](http://www.elks.org). Contact information is available online.*



Land Park News photo, Sally King

NOT YOUR GRANDPA'S LODGE...the Benevolent and Protective Order of Elks are men and women who do many good works in the local community. Elks lodges are places where neighbors come together, families share meals and children grow up.

**JIM JEFFERS**

**448-6225**

DRE# 00768740

[www.JJeffers.GoLyon.com](http://www.JJeffers.GoLyon.com)  
[JJeffers@GoLyon.com](mailto:JJeffers@GoLyon.com)



**LYON**  
 REAL ESTATE  
[www.GoLyon.com](http://www.GoLyon.com)



**3728 19th Street**

**\$899,900 - Spanish Beauty/Full Basement**



**1891 11th Avenue**

**\$799,900**



**3784 19th Street**

**\$965,000 - 5 Bedrooms, Full Basement**



**1121 11th Avenue**

**\$1,425,000 - Over 4200 Sf, 5 bed**

## Higher federal and California state taxes got you down?



Interested in learning more about how to reduce your portfolio's tax burden? Call or e-mail me for a no-obligation report on strategies to reduce the taxes you owe on your investments.



**Joseph F. Eschleman, CIMA®**

Managing Director - Investment Officer

400 Capitol Mall • Wells Fargo Center • Suite 1700 • Sacramento, CA 95814

**916-491-6327 • 800-877-7783**

**[joseph.f.eschleman@wfadvisors.com](mailto:joseph.f.eschleman@wfadvisors.com)**

CA Insurance License #0C77285

Wells Fargo Advisors is not a legal or tax advisor. However, we will be glad to work with you, your accountant, tax advisor, or lawyer to help meet your financial goals.

Investment and Insurance Products: • NOT FDIC Insured • NO Bank Guarantee • MAY Lose Value

Wells Fargo Advisors, LLC. Member SIPC, is a registered broker-dealer and a separate non-bank affiliate of Wells Fargo & Company.

©Wells Fargo Advisors, LLC. 1111-2173 [80631-v1] 09/09

# Vehicles driving new life to K Street businesses

By ELIZABETH VALENTE  
Land Park News writer  
elizabeth@valcomnews.com

January 12 will mark two months since cars returned to K Street between 8th and 12th streets. The last car to drive down the four block commercial streets was back in 1969 when gas cost an average 35 cents per gallon.

The drive to reopen K Street to motorists was to reconnect people to new and old businesses at the former pedestrian mall. According to a survey conducted by the Department of Transportation last August, other reasons in support of returning vehicles to K Street also included "safety from street persons, general revitalization, and potential for increased business."

"Adding cars back to K Street will only further this effort, spur economic vitality, and provide that addition-

al ingredient needed to continue the renaissance of this key downtown street," said Mayor Kevin Johnson.

Efforts by the City, its redevelopment agency and the Downtown Sacramento Partnership, to bring more business to K Street already have had some success.

"Businesses are thrilled to see cars return to K Street as they expect it will provide additional exposure for their businesses as well as increased convenience with the passenger drop-offs," explained Amy Williams, City media and communications officer.

"Vehicle traffic to K Street has also added visibility to the street, we can access drivers to Old Sac. and to mid-town. It's a way of connecting people better to those properties," added Lisa Martinez, director of marketing and



Land Park News photo, Elizabeth Valente

K STREET is open to vehicular traffic after being closed for over four decades.

See K Street, page 13

**THE ESKATON EXPERIENCE**



Carefree *living.*

**SPECIAL!**  
CALL TODAY FOR  
LIMITED TIME  
Kitchenette  
& Studio  
MOVE-IN  
PRICING

Surrounded by three acres of beautiful trees in the Land Park area, just minutes from downtown Sacramento, Eskaton Monroe Lodge offers affordable *independent living with services* in a country-like retreat. Enjoy an active lifestyle among good friends and a professional, caring staff — plus housekeeping, gourmet meals, transportation and engaging activities.

ESKATON MONROE LODGE

3225 Freeport Boulevard, Sacramento, CA 95818  
**916-441-1015**




866-ESKATON | www.eskaton.org



Convenient to South Land Park, Greenhaven & Pocket



## Kinder World

CHILD CARE & PRESCHOOL

www.KinderWorldPreschool.com

422.5437

- Loving and caring infant & toddler program
- Preschool with transitional kindergarten program
- Flexible Schedules for all families

"We Accept Child Action!"

\$25 OFF Registration

Call for Details

"Now Enrolling for FREE, 3-hour Preschool!"



License #'s 340320568, 340310774, 340315012

Take The Journey Of A Lifetime...

With a college career at



- **Develop Your Spirituality**
- **Learn Practical Skills**  
Become a better worker in your church  
Explore a career in the ministry
- **AA and BA degree programs with an emphasis in:**  
Ministry, Education, Music, Counseling and more!

We've grown! Visit our New Campus!

Spring Quarter classes begin  
March 2012

www.EPIC.edu

916-348-4689

4330 Auburn Boulevard  
Sacramento, CA 95841





# K Street: Sacramento police handing out warnings to drivers, pedestrians

Continued from page 12

outreach for the Downtown Sacramento Partnership.

Some merchants and daily pedestrians who work in the area say they have seen little change, while others say they have seen a positive difference in their business.

Chuck Karajeh, who manages the Midtown Mini Market at 1026 K St., said he has seen no changes in business so far.

"Not many people know that cars can drive on the street and there's no place to park, so nothing has changed," he said. "If they had street parking, it would help."

Pizza Rock and Dive Bar, new eateries that opened at the beginning of the year as part of a redevelopment project spearheaded by the City Redevelopment Department, both say business has been good. They are see-

ing increased activity on the weekends and at night.

Kim Anderson, general manager at Ambrosia Café located at 1030 K Street, said this was the best December the café has had in the eight years it's been open.

"It's been OK, still too early to tell, but we have seen a new batch of customers who say, 'we drove by and saw your café,' which is always good," Anderson said. "In years past, December has been very slow for us because legislative session is closed for the holiday, but because the street has opened up, it has been a definite plus."

For many drivers this means another option when driving across town.

"J Street has been so congested for a number of years," said Joan

See K Street, page 17

The Department of Transportation plans to release a new K Street Vehicle Traffic Data Study, between 8th and 12th streets, in February. The purpose of the new study is to determine the benefits, impacts and feasibility of allowing cars on K Street.

"The new research will help us gather the latest traffic data such as changes of driver's behavior, speed, determine the benefits, impacts and trip frequency," said Linda Tucker, spokesperson for the Department of Transportation.

The department is currently working on tweaking some of the roadway operations, including more signs alerting pedestrians they now must cross only at intersections, not midblock.

"The cars on K Street are new, drivers and pedestrians need time to adjust to using the road," explained Sergeant Dave Valdez, Sacramento Police Department Motor Unit. "Some pedestrians like to cut across directly to a business."

Sgt. Valdez said his team is cracking down on jaywalkers, but not necessarily with citation tickets.

"We are focusing on educating pedestrians by stopping them and giving them warnings, not necessarily citations," he said. "Now that vehicles can drive down K Street, it's become a unique environment. It's new traffic, a lot of construction and confusion."

**CELEBRATING OVER 30 YEARS AS THE LEADER IN HOLISTIC PET NUTRITION**



**SOLID GOLD**  
HEALTH PRODUCTS FOR PETS

Dry Foods • Canned Foods  
Biscuits & Treats • Supplements  
Health & Coat Care

**FREE HOME DELIVERY**  
www.mustlovepetfood.com

**Must Love Pets 916-706-0338**

**ACC Greenhaven Terrace**

Your Best Value in Senior Housing!






**ACC Greenhaven Terrace**  
COMMUNITY FEATURES AND AMENITIES

- Controlled Building Access
- Private Gate to Shopping and Dining
- Meal Program, Transportation, and Housekeeping Available
- Computer/Library Center • Cardio/Fitness Center
- Social, Health and Leisure Activities Provided
- Community Room • Private Patio or Balcony • Walk-In Closets
- Pets Welcome • WI FI Available

1180 Corporate Way • Sacramento, CA 95831  
(916) 395-0210 • www.accsv.org

**2644 17th Street**



**Land Park Opportunity**

Spacious and Beautifully Maintained  
Gleaming Hardwood & Enchanting Fireplace  
Over 1700 Square Feet  
**\$289,900**





**Chris Briggs**  
916-834-6483  
DRE # 01391999

*We'd Love To Help!*

**DUNNIGAN**  
Realtors

**Sheila Van Noy**  
Personalized service with you in mind  
916-505-5395  
DRE # 00924678



The **WATERLEAF**  
at Land Park

Assisted Living for the Elderly



# JOIN US FOR A NEIGHBORHOOD OPEN HOUSE

CELEBRATING 10 YEARS OF SERVICE  
TO OUR ELDERLY COMMUNITY.

WEDNESDAY, JANUARY 25, 1-5 PM

Tours • Refreshments • Resource Information

Providing quality, affordable living, The WaterLeaf offers a social, caring environment for you or your loved one.

**Total Assistance With:**

- Wheelchair transfers
- Toileting
- Incontinence
- Bathing and dressing
- Medication monitoring
- Escorting to medical appts.

**Also Providing:**

- 24-hour staff
- Night checks
- Social atmosphere
- Stimulating activity program
- Escorting to meals, activities
- Rooms starting at \$3300



The **WATERLEAF**  
at Land Park

Assisted Living for the Elderly

Please call or visit today for a FREE assessment  
for your loved one.

966 43rd Avenue, Sacramento, CA 95831  
916.877.9497 | [www.TheWaterLeaf.com](http://www.TheWaterLeaf.com)

Lic# 347001970



For over  
36 years

**COOK**  
REALTY

[www.cookrealty.net](http://www.cookrealty.net)



**1712 POTRERO WAY • \$239,000**  
**TREY BONETTI • 768-9360**



**1305 42ND AVENUE • \$450,000**  
**MEENA CHAN LEE • 837-9104**



**3211 EAST CURTIS DRIVE**  
Stunning remodeled home on Curtis Park with 3 bedrooms, 2.5 baths, 2,538sf of living space, formal living room, formal dining room, family room opening to yard with pool and spa. \$679,000  
**LARRY EASTERLING • 849-9431**



**2275 MURIETA WAY**  
This meticulously maintained Hollywood Park charmer is move in ready. Beautiful hardwood floors flow through out the home. Tasteful updated kitchen and bath. \$239,900  
**HELEN TARASCO • 798-7679**



**2323-2325 24TH AVENUE**  
Hollywood Park duplex. Strong location in desirable neighborhood. Quiet corner, easily rentable to quality tenants. Hardwood floors, inside laundry rooms, back yard, individual garage spaces, recent comp roof. \$165,000  
**JAMES WALKER • 451-2754**



**1440 TRADESWINDS AVENUE**  
Stunning remodeled home on Curtis Park with 3 bedrooms, 2.5 baths, 2,538sf of living space, formal living room, formal dining room, family room opening to yard with pool and spa. \$419,000  
**TOM LEE • 393-1480**

See all our listings at [www.cookrealty.net](http://www.cookrealty.net)

**REAL ESTATE SCHOOL**

- ★ LOW INTRODUCTORY COST
- ★ START ANYTIME
- ★ LIVE CLASSES

Call: **Ed Daniels • 451-6702**

**PROPERTY MANAGEMENT**

- ★ MONTHLY CASH FLOW
- ★ TENANT SCREENING
- ★ MAINTENANCE

Call: **Brittany Naucke • 457-4907**

**ADDITIONAL LISTINGS**

**2 RIVERSHORE COURT,**  
BEAUTIFUL four bedroom two bath well layed out home with 2783 Sq. Ft. and Japanese garden!  
\$469,000  
**SUSIE K. PARKER 421-3546**

**2170 MARKHAM WAY**  
This well maintained **SOLD** home is on picturesque Markham way in Curtis Park. The home has a newer roof. \$499,900  
**LARRY EASTERLING • 849-9431**

**1712 POTRERO WAY**  
South Land Park 1800+ Sq. Ft. single story three bedroom two bath best buy, Equity home!  
\$239,000  
**TREY BONETTI 768-9360**

4305 Freeport Boulevard, Sacramento



[www.cookrealty.net](http://www.cookrealty.net) • (916) 451-6702



# **B** POCKET BISTRO

- Full Bar
- American Cuisine
- Family Friendly
- Lunch & Dinner Served Daily
- Happy Hour: Tuesday - Friday, 3:30 - 6:30 pm

*Tuesdays  
Martini Night*

## Valentine's Day Special!

### Four Course Meal

with complimentary glass of champagne for \$38.

Consists of items like Filet Mignon, Chef's Choice of Fish & a Chicken dish

**Make Your Valentine's Day Reservation NOW!**

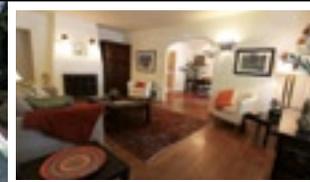
6401 Riverside Blvd. • 916.391.7990 • www.PocketBistro.net Hours: Tue-Thu 11:30am-9:30pm • Fri-Sat 11:30am-10pm • Sun 11:30am-8:30pm



**Meg Heede**  
**803-1628**



Meg@MegHeede.com  
www.megheede.com  
DRE# 00766891



## GREAT CURTIS PARK HOME

4 bed 2 bath on a tree lined street of Hansel and Gretel homes! 2nd story has large office with sink and skylight. Another room off stairway for storage or hide-a-way for kids! Living room is wired for surround sound. Spacious kitchen with breakfast room, access and views of backyard and deck. 1949 SF.  
**2151 Markham Way**  
**\$415,000**



6446 Riverside Boulevard

Every Thursday Night at 6:30pm, Elks Lodge #6

Early Bird for \$5, Regular Game Buy-in of \$20

Pay-Offs depends on attendance with a minimum of \$50 per game

This is a Local Charity game at our Elks Lodge #6.

Lighted safe parking with security. Join us every Thursday Night.

# Does someone you love have memory loss?

## Someone at Primrose can help

### Call today

# 916-392-3510

Families struggle because they see all of the losses that Alzheimer's brings.

*"Dad used to be able to build anything."*

*"Mom was world's best cook."*

*"My husband was a math whiz - now he can't handle our bank account."*

On the other hand, when the person with dementia arrives at a day program or in a care setting specifically designed for someone with memory loss, professional's accept that person where they are. They accept the fact that the person has memory loss. They see all the things the person can still do.

It's the old "glass half empty/glass half full" concept. Do you see, and celebrate, all the things that the person with dementia can still do? Can you help the person with dementia stay socially involved and active?

Our secure, gated community of 3.5 acres is situated on beautifully landscaped grounds! We provide Residential, Respite and Day Club services for people with Alzheimer's disease and related forms of memory loss.

**We also offer FREE Support Groups, Monthly Seminars, Brain Exercise Classes, One on One Counseling & Much More!!!**

 **Primrose**  
*Living With Memory Loss*

7707 Rush River Drive Sacramento, CA 95831

LIC 347001338; 347001342

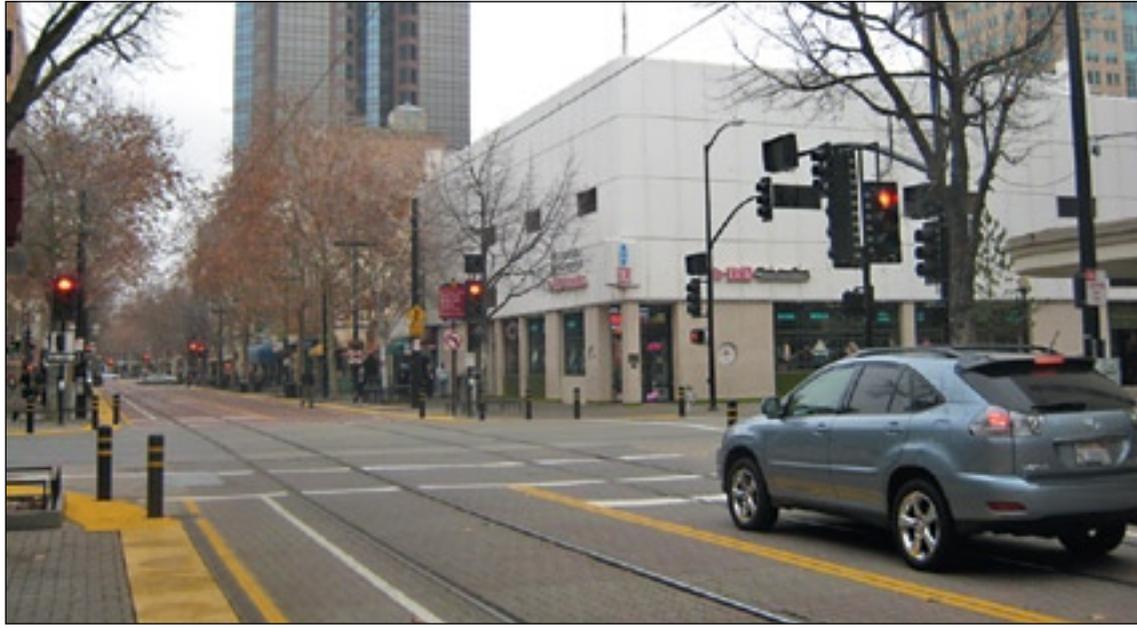
# K Street: City hopes cars on K Street will 'spur economic vitality'

Continued from page 13

Starke, Carmichael motorist. "It will be so nice to know that I have this option now."

Mark (declined to share his last name), who walks down K Street nearly every day, said he's seen traffic slowly picking up.

"Bringing cars back to K Street is not just about being able to see the shops or the drive down the street, but that it is also about changing the psychology of the space," he said. "That will take time and obviously more than just cars."



Land Park News photo, Elizabeth Valente

DRIVERS AND PEDESTRIANS need to be on the lookout for one another, now that K Street is open to motorized vehicles. Sacramento police are issuing traffic warnings to the unwary.

## Road rules

### Pedestrians:

- must obey traffic signals
- cannot walk in the road when sidewalks are present
- must use the left shoulder facing traffic when walking on the road

### Motorists:

- must yield to pedestrians in a crosswalk and when making a right turn on red
- must not pass another driver stopped for a crosswalk
- must vigilantly watch for pedestrians and bicyclists, especially children or distracted people

**ALLIED DOORS** "Straight & True"

PHONE (916) 421-3080  
FAX (916) 421-4835  
WWW.NCSALLIEDDOORS.COM

COMMERCIAL & RESIDENTIAL DOORS, MILLWORK, HARDWARE  
"PRE-FIT SPECIALTY"

CHECK OUT OUR SHOWROOM  
OPEN M-F 7 TO 5 AND SOME SAT. 10 TO 2

6550 BELLEAU WOOD LANE • SACRAMENTO, CA 95822

**2012**  
Happy New Year

916.730.7705  
www.SacOnTheMove.com

**Sindy Kirsch**

COLDWELL BANKER  
Sindy@SacOnTheMove.com

PARKSIDE PHARMACY  
COMPOUNDING & WELLNESS CENTER

**Happy New Year FROM PARKSIDE PHARMACY!**

Thank you for another amazing year!

Bring this coupon in for  
**\$10.00 off**  
your first spa service!

Free skin analysis by a skincare specialist anytime.

Check our website for our monthly spa specials, sales or events.

4404 Del Rio Rd.  
Sacramento, CA 95822  
Phone 916.452.2200  
myparksidepharmacy.com

**St. Robert School TK-8**  
"Where Faith and Knowledge Meet"

We invite you to our Open House Jan. 29, 2012, 11am - 1pm.  
Kindergarten Readiness Seminar 1-1:45pm  
For further information, call 916-452-2111

For over 50 years ST. ROBERT SCHOOL, located near Land Park, has provided a well-rounded education which focuses on academic excellence and spiritual and character development. In addition, ST. ROBERT affords students opportunities to participate in competitive and recreational athletics as well as affording other opportunities for involvement in community service activities.

Choosing a school is an important decision. Call today for a private tour of our campus!

2251 Irvin Way, Sacramento  
www.St-Robert.org

# Middle school students receive well-rounded education at Didion School

By LANCE ARMSTRONG  
Land Park News writer  
lance@valcomnews.com

middle school program provides a well-rounded education that prepares students for high school.

## Only 62 slots available

Genevieve F. Didion K-8 School will present an opportunity for locals to learn more about this well established school's middle school grades through a special open house, which is scheduled to be held in the school's gymnasium on Jan. 18.

The event, which will begin at 7:30 p.m., will feature speeches about the middle school by Norm Policar, Didion's principal, and the school's middle school teachers, followed by a question and answer session at 8:30 p.m.

The speeches will center on the topic of how Didion's

With space for only 62 students in each middle school grade, Didion is presenting this open house in a timely manner in order to allow perspective middle school students and their parents sufficient decision-making time prior to the beginning of the district's open enrollment period. This period begins on Jan. 30 and continues until Feb. 10.

The event is also beneficial for Didion, which has an over-

See Didion, page 19



GENEVIEVE F. DIDION K-8 SCHOOL provides an educational environment for middle school students that yields superior results when they move on to high school.

Land Park News photo, Stephen Crowley





**Open 9 AM to 9 PM - 365 Days a Year - No Appointments Needed**





**Sacramento Urgent Care** is a walk-in medical clinic established by a group of emergency-trained Physicians with years of experience providing a full range of medical care. Our Mission is to provide quality health care, and a consistently high level of customer service that exceeds expectations and demonstrates a sincere concern for you. We are conveniently located at the corner of Florin Road and South Land Park Drive, just off I-5 and minutes from Downtown, Midtown, East Sacramento, West Sacramento, Davis, Natomas, Elk Grove, Meadowview, and the Land Park & Pocket areas.

**At Sacramento Urgent Care you will always be seen by a doctor.**  
*Most Insurances Accepted - Se Habla Espanol*

**Our Services**

Immunizations, Tdap Boosters, Flu & Allergy Shots ● Flu, Coughs, Sore Throats, & Ear Aches ● Sports, Employment, D.O.T., & Immigration Physicals ● Workman's Comp & Occupational Medicine ● Weight Management & Weight Loss Clinic ● Fractures, Sprains & Dislocations ● Cuts, Burns & Stitches ● Asthma, COPD, & Breathing Treatments ● Women's Health ● Drug, STD, HIV, Pregnancy, Diabetes, Cholesterol, & Tb Testing ● Ear Wax Removal ● In-Grown Toenails

**Our Facilities**

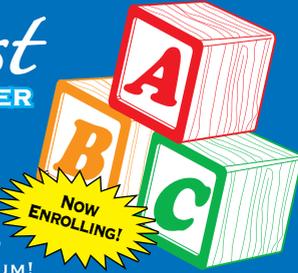
On-site X-ray & EKG ● On-site Lab ● Six Exam Rooms ● Trauma Bay And Procedures Room ● Comfortable Waiting Room ● Plenty of Free Parking

**7200 S. Land Park Dr., Ste. 100 ● Sacramento, CA 95831**  
**(916) 422-9110 ● www.sacurgentcare.com**

**FREE**  
Urine Test and  
Diabetes Screening  
With Your Visit  
Expires 3-31-12

## Angel's Nest

**CHILD DEVELOPMENT CENTER**



- FULL AND HALF DAY PROGRAMS BETWEEN 7AM-6PM
- SERVING AGES 2-5 IN A FAITH-BASED SETTING WITH EMERGENT CURRICULUM!

Now ENROLLING!

GREENHAVEN LUTHERAN CHURCH • 475 FLORIN ROAD • (916) 428-4651  
VISIT OUR WEBSITE FOR MORE INFO! WWW.ANGELSNESTCDC.COM



## Pioneer House

Senior Retirement Community

Location, Location, Location

Pioneer House is located conveniently close to shopping, cultural events, and medical services. The Crocker Art Museum, Downtown Plaza Shopping Mall, Old Sacramento, Farmers Markets and much more are all within walking distance.

For more than 40 years seniors have decided that Pioneer House offers the best value in Senior Living.



Relax Without Worries...

- Enjoy meals in our restaurant style dining room
- Many social and recreational activities
- Complimentary scheduled transportation
- Secure setting with 24 hour staff
- Emergency Call Systems, Housekeeping, Laundry

Studio's, 1 bedrooms, 2 Bedrooms Available

Call to schedule a tour today!

916-442-4906

or e-mail us at [pioneerhouse@rhf.org](mailto:pioneerhouse@rhf.org)

Retirement Living • Assisted Living • Skilled Nursing

 Pioneer House, 415 P Street Sacramento, CA 95814  
(916) 442-4906 [www.PioneerHouseRetirement.org](http://www.PioneerHouseRetirement.org)

 RCPE# 34030522

# Didion: Open house for parents, students will be Jan. 18

Continued from page 18

all student body of 630, considering that there are more vacancies in the local middle school programs than there are middle school students. As a result, local middle schools often compete for these children.

With much anticipation toward the open house, Policar sat down last week to discuss this upcoming event, his own background and details about this local school, which opened as a K-6 school at its current and only site of 6490 Harmon Drive in 1980.

## Active parent community

During his interview, Policar was quick to give much credit to the parental involvement at the school.

"I've got such a supportive parent community that really backs what we do at school and they have high expectations for their kids," Policar said. "So, I try to make sure that we keep those expectations high at school."

Policar explained that the middle school itself was established through the involvement of local parents.

"(The) middle school program started (in about 1994) and it's an outstanding program," Policar said. "The parents actually got together to make this program happen. I think the feeling at the time was they weren't entirely satisfied with the choices they had back then of where to send their kids on to a middle school. So, the parents, I'm told, got together and said, 'Why can't we make our K-6 school into a K-8 school. We can hopefully attract some good teachers to our middle school program and keep the kids here for a couple more years, give them a good education and hopefully they'll be set to go to high school.' And that's exactly what (the parent group) did. They went to the (Sacramento City Unified School) District and sought permission to expand our program to become a K-8 (school) and the district loved it. And so, we've had a K-8 program ever since (that time)."

## Top teachers

Policar additionally explained that Didion was fortunate to attract high quality teachers.

"I've got a wonderful staff by and large to work with, so it's just a great mix of factors that makes it a really good place to go to work every day," said Policar, who began his career as a history teacher.

Policar, a Vallejo native who was hired as the school's principal on his 40th birthday in 1997, said that he could not have been more fortunate than to have become Didion's principal.

And with Policar's love and enthusiasm for Didion school, it was far from a laboring task for him to speak about the positive aspects of this educational institution.

## Motivated principal

In listening to Policar speak about Didion's students, it does not take long to comprehend how his caring attitude and enthusiasm can spread to others and lead to positive results in the classroom.

"I really, really enjoy being around young people," Policar said. "I like to talk with them and work with them and I've got such great kids to work with at Didion. I just enjoy working with (the kids). I always have and I feel real good about it."

Furthermore, Policar, who for the past 12 years has been married to his wife Kristi, a special education teacher at Hubert Bancroft Elementary School, believes that his own experiences as a father have helped him to further his success as a principal.

"(Being a father to his daughter, Lindsey, who is a second grader) opened my eyes up," Policar said. "There were times when sometimes I would just almost take for granted some of the things that parents went through, the regular struggles. But when it came time for me to be a parent, and I've got to sit down with my own daughter in the evenings and work through school problems and homework struggles and things like that, I just have a much better feel now for what parents go through."

And it is Policar's connection to parenting and his understanding of the educational system – both administratively and as a teacher – that has helped the school to achieve much of its success.

A consistent faculty is yet another factor to the success of Didion.

Overall, Didion has many longtime teachers, including Dana Flaten, middle school science, Richard Howe, middle school social studies, Elett Ricks-Chambers, music specialist, Wendy Martinez, kindergarten, Martha Hawkins, 2nd grade, Cindy Vanbeek, 2nd and 3rd grades, Helen Nevins, 3rd grade, Mary Andrews, special education, Cindy Granados, 6th grade, and Andrea Noteware, 6th grade and a former librarian at the school.

## Fewer electives, but positive results

Policar, who has been working for the school district since 1981, said that with the many advantages that come with operating a small school like Didion, one disadvantage is its students have fewer elective choices.

"My maximum capacity (at the middle school) is 124 kids, so with a program that small, I'm not able to offer the depth of an elective program that a great, big school that has 40 or 50 teachers can offer," Policar said. "So, I don't have a band and I don't have an orchestra, I don't have a woodshop or maybe some of those kinds of things that kids can get elsewhere. My entire middle school has five teachers. Each of my teachers teach one period of their (academic) subject and then each of them teaches one period of an elective class. So, that's my elective program. And we have a good elective program, but kids aren't able to pick from 20 different (electives) like they might be able to do some place else."

In hopes of filling the available space for middle school students at Didion school, Policar emphasized that local high schools have provided much positive feedback regarding former Didion students who attended their schools.

"High schools really like our kids, because our kids go to them ready to tackle high school work, they go with good study habits and they're sought after," Policar said. "So, we try to send that message to our parents."



Photo courtesy

PARENTS AND POTENTIAL STUDENTS are invited to an open house at Didion School on Jan. 18. There will be opportunities to meet teachers and administrators, view curricula and ask questions.

## DISTRESS SALE

Bank Foreclosures. Receive a free, list with pictures of foreclosure properties.

[www.SacramentoHouseandHome.com](http://www.SacramentoHouseandHome.com)

Free recorded message: 1-800-290-2153

ID# 1042

RE/MAX Gold DRE # 0125931

A graphic advertisement for Real Estate Quarterly. The text "Real Estate Quarterly" is written in a large, stylized font at the top. Below it is a small illustration of a house with a chimney. A hand is holding a sign that says "SOLD" in front of the house. At the bottom, the text "RESERVE YOUR SPACE TODAY!" is written in large, bold letters, followed by "CONTACT: LINDA POHL FOR MORE INFO" and the phone number "916-429-9901".

Who let the dogs out?

# Making the most out of your next dog park visit

By **CORRIE PELC**  
Land Park News writer  
corrie@valcomnews.com

Dog parks are a hot commodity right now. According to an article in *USA Today* last month, dog parks are the fastest growing segment of city parks in the United States – there were 569 dog parks in the 100 largest cities in 2010, a 34 percent increase over five years, where parks overall only increased by three percent. The article says this reflects changing demographics as there are now more households with dogs (43 million) than children (38 million).

In Sacramento, there are quite a few dog parks. The City of Sacramento Department of Parks and Recreation currently manages nine dog parks throughout the City, including Partner Park on South Land Park Drive, Sutter's Landing Dog Park at 28th and B Streets, and Glenbrook Dog Park on La Riviera Drive.

Greg Narramore, recreation superintendent for the City of Sacramento Department of Parks and Recreation, says the City began opening dog parks as the commu-

nity was asking for a place to take their dogs.

"As Sacramento has become more urbanized, people don't have space for their dogs to get a lot of good exercise," he explains. "Walking's fine, but dogs also like to get out and run and play. And for dogs that are very social, this is a great place for them to go and play with other dogs."

It's this ability for dogs to socialize that makes it possible for a dog owner to have a well-adjusted dog, according to Jaimie Scott, owner of Blissful Dog Owner Dog Training and Behavior Modification.

"Dog play is extremely important and I think most people don't realize or understand how important it is," Scott says. "At the dog park, your dog has to learn how to read other dog's social cues, dogs that he doesn't know, and respond. That uses a lot of brain power – it's kind of like paying a long game of chess while you're running up a hill."

#### Tips for Success

With a number of dog park choices in the Sacramento area,



Photo courtesy, Victoria Cox at Cha Cha's Doggie Daycare

*DOGGONE FUN.* August, Zoe, Annie, and a neighbor dog socialize in a local dog park. Dog parks are becoming more and more popular in the United States – and Sacramento in particular.

what should you look for in a park?

Victoria Cox, office manager and dog trainer for Cha Cha's Doggie Daycare in East Sacramento says owners should do their research before attending a dog park.

"Drive by it and see: do they have a small dog area that's separate from the big dogs, are

there holes in the fencing, does the equipment look safe," Cox says.

Before you enter the dog park, Cox says to sit outside of the park and just watch. Are dog owners watching their dogs? Or are they texting instead? Is there a "bul-

See Dog Parks, page 21

**RESERVE YOUR SPACE**

**IN THE UPCOMING**

**California Kids!**

Be Seen by Over 100,000 Readers Each Month.

**CALL JEN AT (916) 429-9901 TODAY!**

# Dog parks: More U.S. households have dogs than children

Continued from page 20

ly” dog chasing the other dogs around?

“If any of these red flags pop up, I would just leave and come back another day,” she says.

If you do find a dog park you want to try out, Scott suggests walking your dog around the park before going in.

“It gives your dog a chance to calm down a little bit, get used to the idea that there’s other dogs around,” he explains. “Also, you can check out every single dog in the dog park and if there’s a dog causing problems in there, don’t go in.”

Scott also uses this time to greet dogs in the park through the fence, allowing his dog to calm down by reinforcing “calm submissive behavior.” This takes some of the pressure off his dog as it says to him that “Scott’s checked out these dogs and they’re OK.”

For the first 10 or so trips to the dog park, Scott says owners should be prepared to be 100 percent devoted to watching their dog rather than socializing with other owners.

“You’re going to be watching your dog like a hawk – following him around, making sure he doesn’t get into it with other dogs, making sure other dogs don’t get into his face and scare him,” he says. “For many dogs, it takes half a dozen trips to the dog park before they feel comfortable enough to be able to run and chase other dogs.”

Cox also stresses the importance of basic obedience training for your dog before ever entering a dog park.

“If they don’t listen to you or they don’t come when they’re called at home, then they’re absolutely not going to do it at the dog park when there’s a million fun things to do,” she says.

## Hot Dog!

So how can you help ensure a great time for both you and your canine companion at the dog park?

First off, know what to leave at home. Cox says to leave your pet’s favorite toy at home and eat lunch before you come.

“Don’t go to McDonald’s and bring your cheeseburger to the dog park,” she says. “It’s kind of a no-brainer, but I’ve seen it a lot – people bring food and then you have all the dogs in one place wanting the same food and it can cause trouble.”

Cox also suggests not bringing small children when possible. She says having a small child with you at the dog park can take your attention off your dog and could result in injuries – such as those from a knocked over stroller.

Some dogs are not used to having children around, which can make them nervous.



CANDID CANINES. August, Gunner, Winnie, Zahra and Enzo enjoy a quiet moment together, humoring their humans for this candid photo at a Sacramento dog park.

Photo courtesy, Victoria Cox at Cha Cha’s Doggie Daycare

### Dog-Gone Fun

Here is a list of some dog parks close to the East Sacramento, Land Park and Pocket areas. For more dog park options, visit [www.cityofsacramento.org](http://www.cityofsacramento.org). Also, Scott has a map of all dog parks in the Sacramento metro area on his blog at [ww.blissfuldogowner.com](http://ww.blissfuldogowner.com).

### Glenbrook Dog Park

8500 La Riviera Drive

1-acre park includes long run turf area and shaded areas

### Granite Park Dog Park

8200 Ramona Avenue

2-acre park includes lights and turf

### Partner Park

5699 S Land Park Drive (behind Belle Cooledge Community Center)

2.5-acre park featuring lights and benches

### Sutter’s Landing Dog Park

20 28th Street

2.5-acre park includes areas for large and small dogs

“I would just say to make sure that if you’re going to take your child, that it’s an older child that’s comfortable around dogs,” she adds.

As far as things to bring, Narramore says to bring a water dish, as water is available at all the City of Sacramento dog parks. Don’t forget baggies to pick up dog droppings. And remember if you see anything not appropriate at the park – such as an overly-aggressive dog – dial 311 to request a park ranger be dispatched to your location.

“(The dog park) is a place you go and enjoy your dog and enjoy other people – it’s recreational play-time for you and your dog,” Narramore says. “We think you want to go and have a good time. And if you’re going to have a good time, then you’re dog is going to have a good time.”



## VALLEY COMMUNITY NEWSPAPERS, INC.

Community News In Your Hands



CONTACT A SALES REPRESENTATIVE TO ADVERTISE IN OUR NEWSPAPERS!

2709 Riverside Boulevard, Sacramento, CA 95818  
916.429.9901 | [www.valcomnews.com](http://www.valcomnews.com)

# Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

## Home Improvement Guide: a "Keeper" by our readers

Great exposure in these four upscale neighborhoods:

Arden-Carmichael, East Sacramento, Land Park & Pocket/Greenhaven.

Contact Melissa at 916-429-9901



### ADDITION SPECIALIST



**Award-Winning Design/Build Firm**  
Serving Sacramento for more than 25 years

Remodeling and Design

LIC# 480492

Certified Kitchen & Bath Remodeler

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

**FREE Consultation**  
**916-422-6639**

[www.lytleconstruction.com](http://www.lytleconstruction.com)



### ADDITION/REMODEL SPECIALIST

## FUGINA CONSTRUCTION

Fresh, creative, and unique ideas to make your space your own

- Design Build
- Room Additions
- Entire Home Remodeling
- Kitchens & Baths
- Outdoor Living Space
- Bath & Kitchen Tune-Ups

Call for your FREE consultation Today! **916-215-9293**

[www.fuginaconstruction.com](http://www.fuginaconstruction.com)

Lic. B548643

### CLEANING

**Call today!**  
Your services  
are needed.

Your ad should be here.  
Ad design is free.

Call 429-9901

### BLINDS & SHUTTERS

## NATOMAS BLINDS & SHUTTERS

We Come to you!

FREE In-home Consultations Sales Installation

- Graber Blinds
- Century Blinds
- ShutterSMART Shutters
- Kathy Ireland Home by Alta

(916) 397-2922 (916) 397-2406

[NatomasBlinds.com](http://NatomasBlinds.com)

Call Us # 857723

### CARPET & UPHOLSTERY CARE

## Johnny on the Spot

Complete Carpet and Upholstery Care

"Our cleaning is the most thorough you have ever had, or we will clean it again free. If you are still not pleased, we will refund your money."

- I.I.C.R.C. Master Cleaner
- Stain Removal Experts
- Carpet Repairs & Restretching
- Pet Urine Removal

Visit our website at [www.johnnyonthespots.com](http://www.johnnyonthespots.com) for more info, coupons and specials.

Call (916) 997-7895

### CLEANING

## The Cleaning Brothers

"We Treat Your Home Like It's Our Own"

Commercial & Residential Services:



- Pressure Washing
- Gutter Cleaning (Starting at \$75)
- Window Cleaning
- Solar Panel Cleaning
- Pool/Spa Draining

Free Estimates! Call Now! (916) 402-8390

[www.TheCleaningBrothersCo.com](http://www.TheCleaningBrothersCo.com)

Licensed & Insured

### YOUR AD SHOULD BE HERE!

**Call today!**

Your services  
are needed.

Your ad should be here.  
Ad design is free.

Call 429-9901

### CLEANING

## PRIME QUALITY MAINTENANCE

- RAIN GUTTER CLEANING
- Pressure Washing (house ext/walkways/all concrete areas)
- Window Cleaning (inside/out/screens washed)
- Hard Water Stain Removal
- Landscape Maintenance

Free Estimates  
Licensed & Insured



Call Jesse (916) 417-4231

### ELECTRICAL CONTRACTOR

## CAPITOL ELECTRIC

Reasonable Residential & Commercial Work since 1960

Repairs, Trouble Shooting  
Custom Lighting/FREE Est.  
Excellent ref from Angie's List

**(916) 451-2300**

**Cell: 213-3740**

Neil McIntire — C.S.L.# 394307

### ELECTRICAL

## Sunshine Electrical

Prompt. Dependable. Honest!

Security Lighting  
Upgrades/Remodels/Repairs  
Spa Electrical

FREE Estimates/Small jobs OK

(916)344-8735 or (916)752-5308

Ca License # 633853

### GARDENING/LANDSCAPING

## Terra Bella

GARDENING MAINTENANCE & WINTER CLEAN-UP

"Not your typical mow, blow & go company!"

- Full yard maintenance
- One time clean-up
- Gutter cleaning
- Sprinkler Repair
- Tree Trimming

Call Randy (916) 454-3430 or 802-9897

[www.terrabellagarden.com](http://www.terrabellagarden.com) • Lic# 152584

### HANDYMAN

## FREEDOM HANDYMAN SERVICES

I specialize in all areas of Home Improvement! Carpentry – Electrical – Sprinklers  
Plumbing – Drains & Mainline  
Rooter Service Available

Quality work the first time, Guaranteed!  
NO JOB TOO SMALL!

Call Eric  
**(916) 470-3488**

Licensed and Insured #152902

### HANDYMAN

## New Year Clean-up Specials!

- RAIN GUTTER CLEANING
- ROTOTILLING/& SOD PLACEMENT
- CONCRETE REMOVAL
- YARD CLEAN-UP/HAULING
- PRESSURE WASHING

Call LESTER  
(916) 838-1247

Lic#128758/Ref

Pressure wash your driveways clean! your decks, too!  
Clean out your garage! Replace that old lawn!

Hard work ---not a problem!  
SPECIALS FOR SENIORS/\*SERVING THE AREA FOR OVER 15 YRS\*



### HARDWOOD FLOORING

## Hardwood Flooring

Specializing in installing, sanding,  
and finishing hardwood flooring  
or repair and refurbish your current floors.

Call Mike – (916) 383-8742

Lic # 544159/References Available

### KITCHEN/BATH DESIGN

KITCHEN BATH DESIGN  
COMPLETE HOME DESIGN SERVICE



**CASI DESIGNWORKS, INC.**  
**916.376.9226**

Let Steve help you with his STRESS FREE APPROACH  
33 years of Award Winning Experience

[DESIGNWORKS4HOME.COM](http://DESIGNWORKS4HOME.COM)



### YOUR AD SHOULD BE HERE!

**Call today!**

Your services  
are needed.

Your ad should be here.  
Ad design is free.

Call 429-9901

# Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

## Our Readers Need Your Service! It Pays to Advertise!

Contact Melissa at 916-429-9901

### LANDSCAPING

**SMOOT**  
**LANDSCAPING**  
CUSTOM LANDSCAPES & DESIGN

**916.454.1300**  
www.smootlandscaping.com  
Lic #633224

### PAINTING

#### GARY'S PAINTING

CUSTOM RESIDENTIAL  
INTERIOR & EXTERIOR OVER 20  
YEARS EXPERIENCE WITH PRIDE  
EXCELLENT REFERENCES

**725-8781**

Contractors Lic. # 734323  
McClatchy '67

### PAINTING

#### SOVEREIGN PAINTING

Quality craftsmanship  
3rd Generation Painter  
with over 30-years experience  
**(916) 422-4416**

**Dan Sovereign**

Interior & Exterior Painting

Lic.#484215

### PAINTING

#### COOK PAINTING

Full Service Company - Start to Finish

Paint Now!  
Don't put it off

• Custom Painting • Super clean, neat & fast  
• Interior/Exterior • Cabinets

Specializing in custom trim & moulding!  
Color Consultants • Free Estimates

**(916) 591-5056 • www.cookpainting.com**

In business since 1982 • CSL# 432951

### PAINTING

**BK**  
**PAINTING**

All Interior/Exterior  
Custom Painting

Call Bill (916) 519-1175

Ref Avail. • Owner-Operated

Fully Insured/Workers Comp/Bonded  
Lic# 792971

### PLUMBING

#### FRANK'S PLUMBING

REPAIRS:

• Faucets • Water heaters • Toilets  
• Drain cleaning • Leaky pipes • Disposals

**(916) 988-1525**

30 years experience • Owner operated • Lic #613102



### PLUMBING

#### ROONEY'S PLUMBING

FULL SERVICE PLUMBING  
ROOTER SERVICE

**CALL 456-7777**

rooneysplumbing.com

License #683668

### YOUR AD SHOULD BE HERE!

Call today!

Your services  
are needed.

Your ad should be here.  
Ad design is free.

Call 429-9901

### PLUMBING CONTRACTOR



#### MIDTOWN PLUMBING

Licensed Plumbing Contractor Since 1973

Reasonable Residential Work  
Repairs • Re-Pipes • Sewers  
Water Heaters • Drains • Disposals Etc.

**(916) 393-2109**

**Cell 275-8236**

CSL # 284755 • Fully Bonded & Insured

### ROOFING

#### HOPKINS ROOFING

34 years experience

Specializing in all types of  
roofing & repairs  
Dry rot repairs • Senior discount

**(916) 731-7073**

24-hour service • License #667013

### UPHOLSTERY

B & T Upholstery & Repair



Furniture  
upholstery at  
its finest

\* Senior Discounts

www.bandtupholstery.com

1600-B Kitchner Rd., Sacto 95822  
916/392-1959 • 916/995-7177

### TILE WORK

#### BAXTER TILE

EXPERT INSTALLATION  
REMODELING & REPAIR

Ceramic • Marble • Granite  
Floors • Counters • Walls

33 Years Experience • FREE Estimates

**916-421-9786**

License #668100

### TREE SERVICE

#### DON'S TREE SERVICE

ISA CERTIFIED ARBORIST WE4590A

Trimming, thinning, shaping & stump removal

Family Owned & Operated since 1967

#1 in customer satisfaction

**(916) 428-4882**

**(916) 689-5244**

www.donandsonreeservice.com

Lic# 331196

### WATERPROOFING/MOISTURE CONTROL

**CleanSpace**  
Great Space Encapsulation System™

Does Your Home Have a...

**WET CRAWL SPACE or BASEMENT?**

Protect your home from:

Mold & Dry Rot  Smells & Odors  Standing Water/Drainage Problems  
 Bugs & Critters  Rising Energy Costs  High Humidity/Warped Floors

Got a Sump Pump? Call for a FREE Inspection Today!

**(916) 788-1151 • www.CapitalCleanSpace.com • Lic# 952698**

# CALL 429-9901 TO ADVERTISE YOUR SERVICE

# CALENDAR

For more Calendar entries visit  
www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

## JANUARY

### Bilingual Toastmasters

**Jan. 12, 19, 26:** Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentotoastmasters.com

### Bingo!

**Jan. 12, 19, 26:** Enjoy a great local charity game of bingo every Thurs. night at 6:30 p.m. Benefits projects in the community. Early bird for \$5, Regular game buy-in of \$20. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 422-6666

### Florin Sears Store Farmer's Market

**Jan. 12, 19, 26:** Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

### Food Addicts Anonymous

**Jan. 12, 19, 26:** 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

### Living Positive with Chronic Disease group

**Jan. 12, 19, 26:** Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

### Rotary Club of Pocket/Greenhaven

**Jan. 12, 19, 26:** Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

### Sacramento Downtown Plaza

#### Farmer's Market

**Jan. 12, 19, 26:** Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

### Sam Brannan Middle School

#### Visitation Days

**Jan. 12, 17, 18, 19:** Sam Brannan Middle School will host parent and 6th grade student visitation days. Come discover the exciting transformation taking place at Sam Brannan Middle School. See first-hand some of the best teaching taking place in Sacramento! All classrooms will be open to students and parents to visit, 8:30 a.m. - 12 noon. Contact the school office to schedule your visit. (916) 264-4350 x 1001.

### Sutterville Heights Optimist Club

**Jan. 12, 19, 26:** Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Golden Corral, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

### Volkssport walking

**Jan. 12:** Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65th St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

### Ballroom Dances

**Jan. 13, 17, 20, 24, 27, 31:** Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.-3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

### Carmichael Geranium Society

**Jan. 13:** Come to the monthly meeting of the Carmichael Geranium Society. Guests welcome. Meets every Second Friday of the month, 10 a.m.-12 noon. No mtg. in Aug. Carmichael Park Community Clubhouse, 5750 Grant Ave., Carmichael. Jean (916) 481-2076

### Kiwanis Club of East Sacramento-Midtown

**Jan. 13, 20, 27:** Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

### Rotary Club of Point West

**Jan. 13, 20, 27:** Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. DoubleTree Hotel, 2001 Point West Way., Sac. www.pointwestrotary.com

### Soroptimists of Sacramento

**Jan. 13, 20, 27:** Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

### Country Club Plaza Farmer's Market

**Jan. 14, 21, 28:** Country Club Plaza Farmer's Market. Every Saturday, year round. 8 a.m.-noon. Watt & El Camino, Butano Dr. parking lot, Sac. www.california-grown.com

### Food Addicts Anonymous

**Jan. 14, 21, 28:** 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

### Carmichael Farmer's Market

**Jan. 15, 22, 29:** Carmichael Farmer's Market. 8 a.m.-1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneysmartusa.org

## - EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers.  
Call (916) 429-9901 for rates.

### CHAMBER MUSIC SOCIETY OF SACRAMENTO

25th YEAR OF BEAUTIFUL MUSIC!

Concerts 2012 - 2/11, 3/10, 4/15, 5/5, 6/12

[cmssacto.org](http://cmssacto.org) 443-2908

### WINTER WONDERLAND BRIDAL SHOW

January 29, 2012 ~ 12 p.m. to 6 p.m.  
The Beda Place

990 Meadow Gate Road, Meadow Vista, CA  
Bride & Guest \$50 — Get Your Tickets Now!  
(530) 878-2332  
info@thebedaplace.com — www.TheBedaPlace

CALL AND PLACE  
YOUR EVENT  
TODAY!  
Call (916) 429-9901

# CLASSIFIED ADS

Call a sales representative today for great advertising rates: 429-9901

### COMPUTERS

#### GOT COMPUTER PROBLEMS?

Pocket Computer Technician. I do on-site visits in the Pocket area. \$45/hr. Outside the Pocket area, travel charge will apply. Problem not fixed? No pay! Free estimates/consultation. Call cell# 296-7161

### DUPLEX FOR RENT

#### COZY DUPLEX

Cozy Duplex. 2 BR/1B, new paint, new carpet. Single car garage. Walk to City College. Non-smoking unit. \$820 Call Mike (916) 444-3003.

### EMPLOYMENT-DRIVERS

#### DRIVERS

Drivers: New Years Resolution: NEW JOB! Gross \$4,000 month. Paid Benefits! CDL-A, 2 yrs OTR Exp. Weekly Pay 1-888-880-5921.

Place your ad today!

### HANDYMAN

#### NEW YEAR CLEAN-UP SPECIALS!

**Pressure Washing**- Concrete removal (Patio, driveways, borders, etc.) **Rain gutter cleaning**, power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. **Specials for seniors. Licensed.**

#### HANDYMAN SERVICES

No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

### HARDWOOD FLOORS

#### REFINISH OR INSTALL

Install, sand & finish hardwood flooring or refurbish your existing hardwood floors. Call Mike at (916) 383-8742. Lic#544159 Ref available

### PERFECT GIFT!

#### PET PORTRAITS

Realistic paintings of beloved pets. Perfect gift for animal-lovers! Reasonable prices. Submit photograph-turn around 7-10 days. Email melissa@melissaandrews.com or call 447-4441.

FOR A BOX  
CLASSIFIED  
AD

Call Melissa

429-9901

### BOOKKEEPING

#### #1 BOOKKEEPER

29 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info

Advertise in  
California Kids!

For more information,  
call Jen at (916) 429-9901  
Published by Valley Community Newspapers, Inc.  
A monthly publication full of activities, mazes,  
word search, party ideas, travel, and a lot more!

### TAX PREPARER

#### #1 TAX PREPARER

29 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly **all past tax returns** including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820, Nevada (775) 410-3422. Same low 1990 rates. www.taxirene.info

ADVERTISE YOUR RENTALS

Call 429-9901

Call Melissa at 429-9901 and place your ad today!

### Co-Dependents Anonymous

Jan 15, 22, 29: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

### Community Sunday breakfast

Jan 15, 22, 29: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

### State Parking Lot Farmer's Market

Jan 15, 22, 29: State Parking Lot Farmer's Market. Every Sunday, year round. 8 a.m.-noon. 8th & W streets, under Highway 50, Sac. www.california-grown.com

### Sunday Support for the Widowed

Jan 15, 22, 29: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine - holidays included. 3 p.m.-5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

### Hatha yoga

Jan. 16, 23, 30: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.-4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

### Nicotine Anonymous

Jan. 16, 23, 30: Nicotine Anonymous meeting. Meets every Monday, 5:30 p.m.-6:30 p.m. Westminster Presbyterian Church, 1300 N St., Sac. Brandi Bowman (916) 984-3501



**The Beda Place**  
Banquet/Meeting Hall

*The Versatile Venue*

Wedding, Anniversary, Birthday, Family/Company Picnic, Reunion, Seminar, Celebration of Life, Quinceañera/Bar mitzvah.

**530-878-2332**

990 Meadow Gate Road  
Meadow Vista

[www.TheBedaPlace.com](http://www.TheBedaPlace.com)

### Rotary Club of South Sacramento

Jan. 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

### Tai Chi & Chi Keung

Jan. 16, 23, 30: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

### Toastmasters

Jan. 16, 23, 30: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.-8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freeroasthost.org

### FallProof - Balance & Bobility Exercise

Jan. 17-Feb. 23: Reduce the risk of falls in 2012. Join the FallProof Balance and Mobility exercise class on Tues. and Thurs. with Kelly Ward - a certified Fall-Proof specialist. 3 p.m.-4 p.m. Pre-registration. Parkside Community Church, 5700 South Land Park Dr., Sac (916) 421-0492 parksideucc@juno.com

## Best Friend Fridays

Friday, January 27, 2012  
5:30 - 7:30 PM • \$5 Admission  
Sierra 2 Center • 2701 24th St.



*A fun, no pressure,  
no risk networking  
environment with...*

Hors d'oeuvres • Wine & beer • Games  
Raffle drawings • Door prizes

Hosted by and benefitting Friends of Sacramento City Shelter Animals  
[www.saccityshelter.com](http://www.saccityshelter.com)

### \*Free Business Success Blueprint for Entrepreneurial Women\*

## Accelerated Success

Business Blueprint for Entrepreneurial Women

with Branding Strategist & Marketing Mentor  
Lisa Hromada



Learn simple strategies to:

- package & market your services
- attract higher paying clients
- free up more of your time
- understand sales psychology & what motivates clients to buy
- and much more

Sign up now at:

[www.acceleratedsuccessmastery.com](http://www.acceleratedsuccessmastery.com)

Ends Feb. 7, 2012

## GOLDEN STATE JEWELERS, INC.

The Sacramento Gold Exchange  
Serving the sacramento region for over 30 years

### WE BUY GOLD

*Happy New Year*

- All diamonds, colored gemstones, rings and wedding sets up to 60% OFF!
- Gold Chains starting at \$59.95
- Silver Chains starting at \$9.95
- Custom Design
- Diamond Settings
- Jewelry Repair

All Jewelry Repair 5% Lower Than Any Written Advertised Price

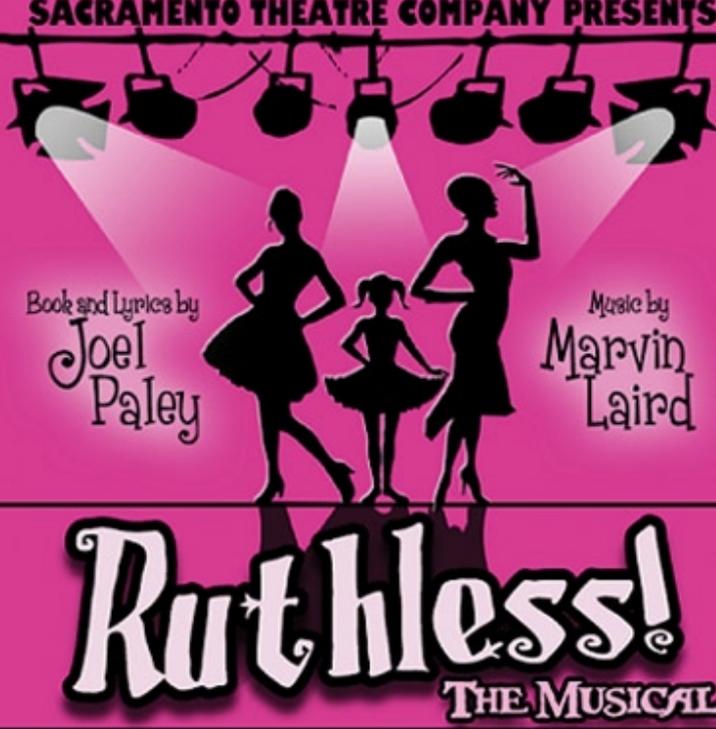
**Watch Batteries ONLY**  
**\$4.98**

One per coupon installed most watches. Not valid with other offers. Expires 1-31-12 PM

**(916) 421-5284**  
996 FLORIN RD.  
AT GREENHAVEN DRIVE  
LAKECREST VILLAGE SHOPPING CENTER

HIGHEST QUALITY • LOWEST PRICE  
PRICES GOOD THROUGH JANUARY 31, 2012

## SACRAMENTO THEATRE COMPANY PRESENTS



Book and Lyrics by Joel Paley  
Music by Marvin Laird

# Ruthless!

## THE MUSICAL

January 11th - February 19th, 2012

Tickets available at the Wells Fargo Pavilion Box Office:  
@ the corner of H & 15th **916-443-6722** [www.sactheatre.org](http://www.sactheatre.org)

RUTHLESS is presented by special arrangement with SAMUEL FRENCH, INC

## A CELEBRATION OF BIRDS & FAMILY FUN!

5th ANNUAL GALT

# Winter Bird Festival

Saturday - January 28, 2012

McCaffrey Middle School  
997 Park Terrace Drive, Galt, CA

Free Admission • Arts & Crafts • Bird Tours  
Free Kid's Activities • Local Food Vendors  
Live Animal Demonstrations

Pre-registration for bird tours is required, so sign up NOW by visiting [www.ci.galt.ca.us](http://www.ci.galt.ca.us) or call 209-366-7115.

TOURS OFFERED:

ZenOptic Dawn Photo Tour • McFarland Ranch Children's Tour  
Early Morning Songbirds • Staten Island Sunset Tour  
Cosumnes River Preserve Manager's Surprise Tour • Bufferlands



# Happy New Year!

Photos by STEPHEN CROWLEY  
Land Park News photographer  
stephen@valcomnews.com

Residents of Sacramento's Pocket-Greenhaven area and the region gathered in Old Sacramento to usher in the New Year and say goodbye to 2011.

Members of the Sacramento Walking Sticks Volkssport Club chose to start 2012 off with the burning of calories. Others chose to say goodbye to 2011 by attending the festive celebrations sponsored by the City on New Year's Eve.



## Happy New Year!



*Wishing you a  
happy, healthy and  
successful 2012!*



**Paula Swayne**  
Realtor  
(916) 425-9715  
www.PaulaSwayne.com  
DRE# 01188158



**Kellie Swayne**  
Realtor  
(916) 206-1458  
www.KellieSwayne.com  
DRE# 01727664

**DUNNIGAN**  
Realtors



## FallProof™

6-week Balance and Mobility Training Classes  
Stretch & Strengthen, Challenge your balance,  
Increase Endurance and Improve Postural Awareness

**MAINTAIN YOUR INDEPENDENCE**

Tuesday & Thursday, 3-4 p.m.  
January 17-February 23, 2012

Parkside Community Church  
5700 South Land Park Drive  
Sacramento, CA 95822

**916-421-0492**  
Cost: 12 Sessions for \$99

The Fall Prevention Lady, Kelly Ward  
Certified FallProof™ Balance and Mobility Specialist  
Certified Senior Fitness Trainer M.S., Therapeutic Aging

## Advertise Online

Have your ad seen by many instantly.  
With thousands visiting our website daily, your ad will get tons of exposure.

**Fast, Easy & Affordable.**  
Call 429.9901 for more info & rates.



**VALLEY COMMUNITY NEWSPAPERS, INC.**

is online at

**www.valcomnews.com**




**Patti Martinez**  
 916-447-1451  
 www.pattimartinez.net  
 DRE#00588974



**Wonderful Opportunity in South Land Park!**



Very spacious one-story brick home that just needs a little TLC to make it a showplace. Over 2,000 SF on a lovely street. Call to be the first to view.  
**6360 Eichler**  
**\$255,000**



**Charming Home in Land Park!**



Charming 2 bedroom, 2 bath with custom concrete countertops, hardwood floors, French doors and built-in BBQ in backyard. 1105 SF.  
**2574 16th Street**  
**\$355,000**




**Dan Martinez**  
 916-247-8266  
 www.danmartinez.net  
 DRE#01361667



**Let us build an ad to fit your company's needs**

One of our graphic artists will design a free of charge advertisement for you or your company, when you advertise in one of our publications. For more details on this offer, give us a call at **429-9901**

*St. Francis*  
 CATHOLIC HIGH SCHOOL

*A Community of Faith, Excellence, Leadership and Service*

**PLACEMENT TEST**

January 21, 2012  
 8:00 AM TO 12:15 PM



5900 Elvas Avenue + Sacramento, CA 95819 + 916.737.5095 + www.stfrancishs.org

# DUNNIGAN<sup>®</sup>

## Realtors



### CLASSIC BRICK TUDOR

Beautifully maintained brick Tudor is located on 4th Ave, the "Brick street" in Land Park. 3 beds 2 baths, large living room with gorgeous architectural ceiling and fireplace flanked by windows. Formal dining room with bay window, spacious kitchen; master bed room has a lovely sitting room and parquet floors opening to pretty backyard. See: [visualtour.com/shownp.asp?t=2635348](http://visualtour.com/shownp.asp?t=2635348) \$499,000

**CHARLENE SINGLEY 452-2228**



### PERSONALITY PLUS!

South Land Park 3 or 4 bedroom 2 bath with beautiful leaded glass windows, custom front door and used brick & wood. Pretty hardwood floors & brick fireplace. Kitchen with granite, Wolf range & oven, Mele dishwasher, convection microwave & interior grill. Pretty backyard, free form pool, completely finished patio & more. See [www.4809HillsboroLane.com](http://www.4809HillsboroLane.com) \$499,000

**PAULA SWAYNE 425-9715**



### LAND PARK COTTAGE

Sweet, spacious and beautifully maintained and oh, the possibilities!! 2 or 3 bedrooms, with master bedroom that has its own sitting room (or it could be a nursery or exercise room). Den with knotty pine cabinets where you can just feel the warmth of yesteryear. Spacious kitchen and gleaming hardwood floors. See: [264417thstreet.ihousenet.com](http://264417thstreet.ihousenet.com) \$289,900

**SHEILA VAN NOY 505-5395 • CHRIS BRIGGS 834-6483**



### LOVELY HOME WITH POOL

Fantastic two bedroom two bath Land Park home with a two car garage and a pool! This home includes a spacious floor plan, vintage hardwood floors, a patio, and a large lot. Walking distance to the Riverside Clubhouse and other restaurants! See: [270112thstreet.ihousenet.com](http://270112thstreet.ihousenet.com) \$339,000

**TIM COLLOM 247-8048**



### COZY LAND PARK

Cozy 2 bedroom cottage; a perfect starter or investment property! Close to Tower Theater and public transportation. Walkable, plus energy upgrades including central heat and air conditioning, ceiling fans and dual pane windows! Better hurry at this price! See: [www.2582harknessstreet.ihousenet.com](http://www.2582harknessstreet.ihousenet.com) \$217,000

**SHEILA VAN NOY 505-5395**



### DUPLEX

Charming duplex with one bedroom, one bath units with fireplaces, central heat and air conditioning and dual pane windows on each side. Both units share a two car garage, covered patio and lovely backyard. Close to City College and Land Park See: [www.2245-4912thAve.com](http://www.2245-4912thAve.com) \$250,000

**LIBBY NEIL 539-5881**



### LOT ON THE RIVER

Rare opportunity to build your own home on a riverfront lot in the Little Pocket area close to the freeway and downtown. This lot is on Riverside Blvd close to 35th Ave. Must see this beautiful lot. Feel free to go by and walk around the lot and enjoy the Sacramento River. See [5746 Riverside Blvd.](http://5746RiversideBlvd.com) \$325,000

**MONA GERGEN 247-9555**



### QUAINT CURTIS PARK

Here is a Curtis Park charmer that is move-in ready. 2 bedrooms, 1½ baths, pretty hardwood floors, granite countertops, formal dining room and breakfast nook; inside laundry. Easy care yard and great patio. Walk to Taylor's Market and Light Rail. See: [www.2114marshallway.epropertiesites.com](http://www.2114marshallway.epropertiesites.com) \$259,000

**JAMIE RICH 612-4000**



### GORGEOUS!

Immaculate 2 or 3 bedroom home 2 full baths within the Genevieve Didion School boundaries. Seller spent over \$10,000 in the backyard in 09. Yard features seat walls and a built-in ground water jets for kids to play in, just like the ones at theme parks. See: [visualtour.com/shownp.asp?t=2607866](http://visualtour.com/shownp.asp?t=2607866) \$190,000

**MONA GERGEN 247-9555 • KELLIE SWAYNE 206-1458**

**[www.dunniganrealtors.com](http://www.dunniganrealtors.com) | 4215 Freeport Blvd. | 916.454.5753**  
**2401 American River Drive, Suite 150 | 484-2030**