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Local man runs for Leukemia & Lymphoma Society's 2012 'Man of the Year'

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'Horse Power Fundraiser BBQ' April 7

Special to Land Park News

Enjoy a delicious day of barbeque, horse carriage rides, a petting zoo and other family activities, all to benefit the non profit Sacramento Police Mounted Association (SPMA) on Saturday, April 7.

The specific purpose of the SPMA is to educate and promote the use of horse service animals in the community, to perform horse

demonstrations for schools and community groups, and to provide additional training and equipment for police horses and their riders.

The event will be held at 550 Bercut Drive in Sacramento, from 11 a.m. to 5 p.m. Tickets are just \$10 each. Rides are extra. Donations can be sent to P.O. Box 405, Sacramento, CA 95812 or visit www.SacMounted.org.



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Special to Land Park News

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In Marty's poignant collection of tales of his growing up in Sacramento in the 1960s, Relles weaves together stories of his childhood, photos from friends and neighbors of his youth, and a brilliant recollection of what it's like to be a true baby boomer.

Relles' column, "Janey Way Memories," has appeared in local papers for years. Readers kept asking for more. So Marty put together the first of what will hopefully be many volumes of storytelling that only he could articulate with such finesse.

Filled with boyhood pranks, oddball neighbors, and a few tearjerkers, he's able to show all of us that childhood memories do matter.

After the first page, you'll see the passion Relles feels for his childhood, what it meant to him (and us), and how it shaped who he is today.

If only everyone were compelled to take the time to write their memories down, store them somewhere, and be able to throw them out to the next generation with such ease, it would be a foundation that each generation could build upon and learn from.

Whether you're from Sacramento or not, old or young or somewhere in between, this book manages to touch a nerve with everyone. There is a paragraph somewhere that everyone can relate to in his or her own way...and that makes the book a true gem.

"Janey Way Memories: Volume One, The Story of the Janey Way Gang" is available for \$15 a copy. To order, visit www.Janeywaymemories.com.



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'Man of the Year' nominee seeks to raise funds for Leukemia & Lymphoma Society

By SALLY KING
Land Park News writer
sally@valcomnews.com

Sacramento's official kickoff for the Leukemia & Lymphoma Society's "Man & Woman of The Year," took place on March 1 at Niello Maserati.

'Man of the Year' is a ten-week competition to raise money to fund research and provide patient assistance in the fight against leukemia, lymphoma, myeloma and other blood cancers. The Leukemia & Lymphoma Society has invested more than \$814 million in research.

Meet 'Team Delbert'

"Man of the Year" nominee and Hollywood Park resident Delbert Stapp said he feels honored to be nominated and his goal is to raise \$50,000.

Planning for "Man of the Year" began in September. There is a lot of organizing, gathering ideas and asking folks to volunteer that must take place for the event to run smoothly. Cook realtor Wayne Novoa said they are utilizing all resources, professional, business organizations, family and friends.

Stapp has a team of staff, volunteers and consultants helping him and they are known as Team Delbert. Gloria Torres, a 15-year leukemia survivor is part of the team.

"She is a testament, a beacon of light and hope to those afflicted, that you can survive," Stapp said.

Gloria Torres, director for Buena Vista Child Development was diagnosed with leukemia in 1999 and is now in remission.

"When I met Delbert I could see how much passion he had for raising money for LSS," Torres said. "It is so incredible, if it wasn't for people like Delbert raising money for research, I would not be here today."

Research brings new medications

Torres said when she could not locate a bone marrow donor; she was given a new medication that had just been approved. It worked for five years, then it stopped working, but thanks to research, there was another new medication for her to try and it worked. She feels confident that folks like Stapp will continue to support LSS.

Stapp's website, www.delbertstapp.com explains how the



Photo iStockphoto

FUNDS ARE URGENTLY NEEDED to provide on-going research for new medications for and treatment of cancers of the blood, such as Leukemia and Lymphoma.

"Man & Woman of the Year" competition began in 1990 at the Northern California Chapter. The first event was held in remembrance of John Spencer, a valued Hastings Department Store employee who died of leukemia at the age of 39. The number of chapters keeps growing and in 2011 candidates collectively raised more than \$14.6 million for blood cancer research and patient services.

Creative minds, volunteers welcome

Novoa said they are always looking for new volunteers and folks who have ideas on fundraising or helping in other ways. There are many scheduled events coming up where they could use help, such as a large yard sale event taking place on March 17.

Novoa met Stapp while doing volunteer work for the annual charity

See Nominee, page 5

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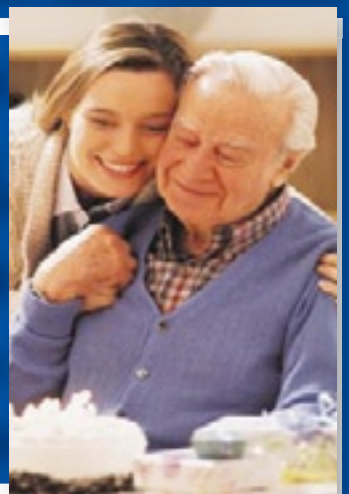
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Nominee: Ongoing leukemia, lymphoma research funding critical

Continued from page 4

golf tournament Cook Realty holds every year to benefit local programs.

"Together we have been successful," Novoa said. "We hope to continue that success."

Life-changing

Stapp was approached last year to run for "Man of the Year" and knew his decision to help would forever change his life.

Stapp remembers meeting Jackson Grant, a five-year old leukemia survivor and 'Boy of the Year' for 2011. Knowing that 15 or 20 years ago this energetic young boy's condition would have been much more bleak, Stapp was deeply touched.

"My motivation is simple," Stapp said. "I feel there are a lot of people in this world who, through no circumstance of their own, are a lot less fortunate than most of us and they need our help."

The need is real

Stapp said the need for help is critical. Recent advances in technology, treatment and medicine create a need for continued funding. In the last 10 to 15 years, the survival rate has changed from a five percent survival rate to almost a 50 percent survival

rate. Staff chose this organization because it is professional and manages its money well, spending most of it on research and the patients.

Safety net

LLS gifts up to \$10,000 to patients who need financial assistance.

Novoa said the various programs in place through LLS are for all people. He said some folks are apprehensive about seeking help, they fear deportation or having to fill out extensive paperwork. He stressed that is not the case. It is a simple process and the goal is to help people with

their needs right away. There is a safety net in place providing valuable priceless programs to begin the healing process.

"There are support groups, mentors, displacement programs and referrals for medical detection," Novoa said. "The money goes right where it needs to immediately."

The Grand Finale Celebration will take place at the Sheraton Grand Hotel at 2200 Irvin Way, Sacramento, on May 12. For those interested in donating time or money there is a link on the website for donations and a calendar of upcoming events.



Photo courtesy, Team Delbert

DELBERT STAPP is running for 'Leukemia & Lymphoma Society's 2012 Man of the Year.' By doing so, Stapp and his all-volunteer team hope to raise \$50,000 to fund research and aid those who suffer from blood cancers.



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Know your neighbor

Lou Coppola recalls his work for Sacramento Solons

By LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

lic address announcer from 1956 to 1958 and in 1960.

Note: This is part two of a two-part series regarding Land Park resident Lou Coppola.

Land Park's longtime resident Lou Coppola has certainly drawn much attention for his ongoing work with the Nor Cal Big Bands Preservation Society and his longtime career in radio. Another detail about his life was his involvement in sports, both on and off the radio airwaves.

Voice of the Solons

Many former fans of the Sacramento Solons – the Pacific Coast League baseball team that provided entertainment for local sports fans long before the 2000 debut of the Sacramento River Cats – remember Lou. Or they at least remember his voice.

It was Lou's voice that was heard at Edmonds Field at Riverside Boulevard and Broadway during the Solons' latter years in Sacramento.

The son of Italian immigrants Emilio and Rosa Coppola, Lou worked at the stadium as the Solons' pub-

'Can-do' attitude

Obtaining the job was a self-motivated endeavor, Lou recalled.

"I had heard that (Solons co-owner) Fred David was not happy with the guy who was doing the PA, so I went over there and I said, 'Hey, I do PA, no problem. I'm at home and I've done it at all these places. I've done radio in Korea and I've done radio in Pittsburg and in Oroville and I've covered every sport.' He said, 'Would you like to go to work?' And I said, 'Sure.' He said, 'I'll pay you \$10 a night.' That was a smile. Boy, \$10 a night to do the PA!"

Lou noted that that amount of money was a large upgrade from his former days of being paid \$2 per night as the PA man for city softball games in Concord.

He added, "To get the \$2 a night, I had to drag the field and line it for the games. In those days, \$2 just went so far."

Play-by-play announcer

Lou's career also included providing play-by-play radio coverage for Sacramen-



Photo courtesy, Lou Coppola
RADIO BEAT: Lou Coppola, far left, sits alongside KGMS radio owners, left to right, Irv Schwartz, Jack Matranga and Steve George, at an Adlai Stevenson for president speech on the state Capitol grounds in October 1952.

to State College (today's Sacramento State University) and Christian Brothers, El Camino and Woodland high school sports, promoter J. C. Agajanian's 200-Miler at the old State Fairgrounds, an LPGA tournament at Valley Hi Country Club and local tennis and boxing competitions. He also interviewed many Major League Baseball players during spring trainings in Tucson, Ariz.

Crafting an image

In 1959, Lou helped create mental images for many radio listeners who tuned into KCRA's AM radio station for Solons home and away games. KCRA later added the FM station, KCTC.

During one of his recent interviews with this publication, Lou described his memories of that year.

"Only one year did (KCRA owners, the) Kellys decide, 'We want to take (Solons

radio broadcasts) away from KFBK,' and they made a bid and got it," Lou said. "I think they paid \$32,000. (At Edmonds Field,) I did the engineering, but (Stu Nahan) would do the play-by-play for maybe the first six innings and then he'd have to leave to go do the 10:30 (p.m.) sports on (KCRA) Channel 3 for the TV side. I continued (the play-by-play) by myself, finishing up the game. I also was the official scorekeeper at the same time. I had to score while Stu did the play-by-play and then I did the play-by-play and continued scoring."

Re-creations

Lou also shared his memories about providing re-creations of Solons away games for the KCRA radio station.

"The re-creations were fun," Lou recalled. "We borrowed a lot of the things that we heard from other people doing re-creations and the fact that you had to have a certain kind of crowd noise there to emphasize whether it was an important play during the course of the game. We would have

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See Coppola, page 7

Coppola: Yesteryear's PA 'Voice' of the Solons at Edmonds Field

Continued from page 6

to make it sound special that the ball hit the bat and it was going to be a good hit. You had to make that sound. And you would have a little mallet and the mallet would make the sound of the ball hitting the bat. We would have a little hanging bat with a flat surface and one side had been shaved, so when you hit it, it wouldn't bounce off. The catcher was so close to our microphone – we pretended he was – ball one, outside, ball two. We wouldn't call curve balls. We could say, high and inside, we could say high and outside, we could say low. From our vantage point, we couldn't tell really what were the breaking pitches. We could only tell by the speed of the pitch which was a fast ball, which was a breaking pitch. And there weren't too many pitches in the dirt. The pitchers for the Solons were all very, very accurate. I don't think they gave a lot of walks, as I remember."

And in recently re-creating one of his often-used re-creations, Lou slapped the inside of one of his thighs. He then explained that the sound made by this action was used to simulate the sound of a hardball hitting a catcher's glove.

Tony Koester

Although Lou and Nathan provided radio play-by-play in 1959, the most notable play-by-play Solons game announcer was KFBK's Tony Koester, who spent about 20 years working in that role.

During the Solons' final season in 1960, Lou returned to his former position as the Solons' public address announcer.

Met Solons players

Lou said that he had the opportunity to see many notable Solons players, including infielders Harry Bright, Milt Smith, Nippy Jones and Leo Righetti, catchers Cuno Barragan and Bob Roselli, center-fielder Al Heist and pitchers, Bud Beasley, Marshall

Bridges, Roger Osenbaugh and Bud Watkins.

These players played under the managerial direction of the rotund and jovial Tommy Heath.

Unique baseball memory

Although Lou has a great number of baseball-related memories regarding Edmonds Field, when asked to describe one of his favorite moments at the old ballpark, he shared a memory that was not directly associated with the game itself or anyone on the playing field.

"One of the best things that I can say about Edmonds Field is that my son attended a lot of ballgames (at the stadium) – actually before he was born," Lou said. "The year was 1957 and it was my second year at the PA. I had a box seat for my wife (Betty) given to me by Fred David along the first base line and she was allowed to sit there with Charlie slowly growing inside (of her). And on the night of July the 4th, 1957, Mrs. Coppola, Betty, was saying, 'I don't feel good and will you tell Lou, I'm going home?' And she told the usher to tell me that and he said, 'She'll see you at home.' She got home and I had to do an extra inning ballgame that kept me up past midnight. So, when I got home, it was about 12:15 (a.m.) – we lived in Hollywood Park then – and about a half an hour later, she said, 'I think we've got to go to the hospital. I think the time has come.' We got over in about

15 minutes to Sutter Memorial (Hospital) and we had in 35 or 40 minutes a new boy, a new son, Charles Christopher Coppola."

And as a sort of icing on the cake, Lou added that the Solons won the extra inning affair, 2-1.

Unfortunately for the baseball city of Sacramento, after the 1960 departure of the Solons, it was without a professional ballclub until 1974, when another PCL team, which was also known as the Sacramento Solons, began the first of its three years playing at Hughes Stadium.

Another professional baseball drought followed until the arrival of the River Cats.

'Thrills galore'

Lou, who also played as the catcher for the Concord Athletic Club's traveling team from 1947 to 1950 and spent 19 years playing on a Golden Seniors Softball Club of Sacramento team, said that he fondly looks back on his days of working for the Solons.

"It was low key, compact and kind of challenging (working in the PA box), but it was just enriching," Lou said. "For a baseball guy who played in high school and semipro for about 10 years in the Bay Area, it was a great experience working for the so-called 'open league.' It gave me thrills galore. It was good baseball, good offense and defense and good guys."

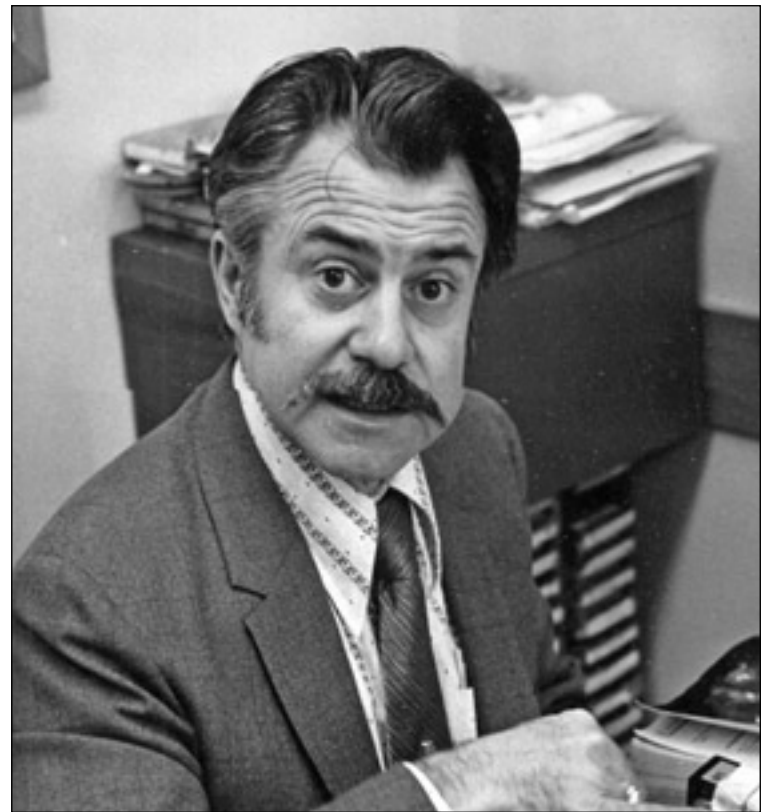


Photo courtesy, Lou Coppola

ON THE AIR. Lou Coppola is shown during his KCRA radio years in this 1970s photograph.

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FIRST Robotics Practice Day held in Sacramento

By SALLY KING
Land Park News writer
sally@valcomnews.com

It is unusual to see groups of teenage boys walking around the campus of St. Francis High School, an all-girls school in Sacramento, but on Saturday, Feb. 18, they outnumbered the girls.

The St. Francis High School Fembots hosted a "Practice Day" for the FIRST Robotics Competition known as FRC. FIRST is a non-profit group and the acronym means, 'For Inspiration and Recognition of Science and Technology'. FIRST was founded in 1989 by Dean Kamen, inventor of the Segway Human Transporter. Twelve countries, four provinces and 49 states support the 2,343 FIRST robotic teams. They have over 3,000 sponsors and nearly \$14 million in scholarships.

January kits

FRC sends each team a robot kit the first week of January. The teams are given specific instruc-

tions on the robot's capabilities. Each team has six weeks to design and build the robot. At the end of the six weeks, the robots are packaged up and the teams are not allowed to work on them or use them until the competitions begin. Having a practice run to test out the robots right before they are boxed up allows the students to make fixes and adjustments to the robot. Teams came from all over northern California to test their robots at St. Francis.

Having fun while learning

The Fembots explain on their website this multinational non-profit organization encourages and inspires young minds to study and have fun with science, math, engineering and technology.

Elbert Lin and Ankit Shah, both from the Fremont Unified School District helped prepare and program the robot from Team 2489.

"I noticed the robot booth when I was in the eighth grade," said

Shah. "That's when I got hooked carting the 120 pound beast around."

Shah who is now a sophomore in high school is the lead designer for the robot he and fellow classmates built. He designed most of this year's robots chassis ball manipulation. His team has four days left to complete the finishing touches on their robot.

"This weekend at St. Francis gives us the opportunity to see how the robot is working out," Shah said. "Now is the time to make any necessary changes. On Tuesday we have to box it up until our first competition the end of March."

This is the first year Brian Dodson, a teacher at St. Francis, is involved with the Fembots, the all-girl robotic team. They are one of the few all-girl robotics teams in the nation. Dodson said the Fembots have participated in FRC for 12 seasons. They attend three regional competitions, Sacramento, Central Valley and Silicon Valley. This year, some 20 teams participated on practice day.

Fembot member Liz Arikawa, a junior at St. Francis said this is her second year participating. She enjoys the social aspect of it, handling public relations and working on the website.

Not all geeks

"It's more than science and technology," Arikawa said. "We are not all geeks and weirdos. It's a lot of fun and everyone is so nice. It's a great experience."

Teri Benart is the Senior Mentor for FIRST in northern California. She said the most coveted award for these kids is the Chairman's Award.

"It is a guaranteed ride to the championships," Benart said. "Regardless of what the student does on the field, the award is based on how that student builds sustainability, the student's business plan and how the student communicates first out in the community, and how the student shows gracious professionalism. That is what drives these kids to a different behav-

See Robotics, page 9

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Robotics: St. Francis Fembots host regional event

Continued from page 8

ior than what you see in normal sports.”

Janet McKinley has been volunteering at St. Francis for six years. She said hosting ‘Practice Day’ is an amazing accomplishment for the Fembots. The girls build the whole field, so students can get a feel of what the competition will be like.

Bumpy field tests machines

“The robots have to stay balanced because the field has bumps,” McKinley said. “The first 15-20 seconds the robots run autonomously on their own. During that time the students can adjust it so the robot changes course.”

Jacob Clark belongs to Team 3598 and lives in the Parkway area. He is a junior at the School of Engineering and Sciences. His part involved designing the robot. This is his second season. Clark joined FRC because there wasn’t a lot to do after school. His friends encouraged him to join and said it was fun.

“I am captain of the design team. As the designer you have to stay ahead of what is being built because the end product may wind up being a little different than what was originally anticipated,” Clark said. “It is really challenging, at times it hits you like a freight train.”

Lucas Sherman, a freshman at Jim Elliot Christian School in Lodi is part of Team 1662. His dad, Mike Sherman, said his son has learned plenty after joining the team. Head



Photo courtesy, Stuart King

NOT WEIRDOS AND GEEKS, the St. Francis Fembots hosted the FIRST Robotics Practice Day for high school robotics teams throughout the region. Teams came from as far away as the East Bay Area. Robotics students are highly desirable candidates at colleges and universities nationwide.

coach and mentor for eight years, Tom Brey said this is the one thing on campus that everyone can become a pro.

College bound kids

“Because of robotics, kids get into colleges they couldn’t normally get into,” Brey said. “One of my previous team captains is in graduate school and the Navy is paying for it. Many of my students are accepted to University of the Pacific, Cal Poly and other good schools.”

Brey’s team is headed to Tel Aviv next week to compete against

teams from Bosnia, Israel and other Arab countries. He said there is no war going on at these meets.

Ryan Neal is co-captain of team 1662 this year. He said he has always been involved in engineering.

“I decided to expand upon my learning,” Neal said. “The biggest thing I learned from this is how important it is to work well with others.”

Neal plans to attend University of the Pacific and study mechanical engineering.

As Team 1662’s robot fell over during the first practice session,

no one seemed too worried. They all just went to work on making adjustments and reprogramming the robot so it would

glide over the bumps the next time out. All thanks to the St. Francis Fembots and their Practice Day for all the FRC teams.

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Mural a special gift to Pocket Library

By SALLY KING
Land Park News writer
sally@valcomnews.com

Last summer, some noticeable changes were made at the Robbie Waters Pocket-Greenhaven Library. In the Kid's Corner where the entrance is surrounded by the titles of seven classic children's tales, the walls reinterpret these tales as a mural in colorful, acrylic paint.

Kristen Muench, a professional artist for over 30 years, is responsible for the design and creation of the mural. She said she worked with "Friends of the Library" Kathi Windheim and Bonnie Bartholomew for five years conceptualizing and configuring how the mural would look.

When Muench came to Sacramento from her residence in Parker, Colorado to begin work on the mural, she said she had no idea who would be available to help or what level of ability the artist would have. She said she felt blessed when Michelle Hufford, a senior at Christian Brothers High School volunteered her time.

Hufford spent 135 hours assisting Muench with painting the mural. Muench said Hufford's design has been chosen for the Senior Wall Mural at her high school this year. Hufford said she is taking two art classes this semester and enjoys cross-country running in addition to painting.

"One of my favorite parts of the mural is the big pink dress," Hufford said. "Muench told me I could design the Victorian dress, so I came up with the design and painted it."

Hufford said the painting of Dorothy from the "Wizard of Oz," is a self-portrait. She said she photoshopped a picture of herself in Dorothy's dress and had fun painting herself as Dorothy.

Muench said they used a clean, but very time-consuming process for the site.

"From the beginning of this crucial step Hufford was of unquestionable help," Muench said. "She worked diligently to help transfer the full-scale drawings onto all the walls of the tower by process of carbon paper tracing. She did this with focus and precision and I was immediately impressed by her ability."



LOUISA MAY ALCOTT'S "Little Women" are part of the mural in the Pocket-Greenhaven Library's Kids Corner. Artist Kristen Muench designed the mural, and worked with student artist Michelle Hufford, who volunteered her time to make the mural a reality.

After recognizing her talent, Muench said she had Hufford begin to help with the actual painting by having her paint the "book edges" on each folio wall. Muench said once she was assured of Hufford's ability to take direction and "feel the paint" Hufford began painting the petticoat drapery and lacy folds of the dresses of the "Little Women" section of the mural. Muench said she did an outstanding job.

Muench said it worked out well having Hufford assist her with the mural.

"Michelle's style worked well with mine and I believe the blending of the two is virtually seamless," Muench said.

"Muench listened to books and I listened to music while we painted," Hufford said. "We got along well."

In addition to Michelle, Muench said there were several student volunteers that were of exceptional help. One was Tyler Rock who initiated the blog about the project, spent many hours uploading photos and helping to share the project with the world. Muench said he was of invaluable technical help.

Muench said both Kenji Bennett and Scott Newman served as models in the Treasure Island portion; as well as the Fong children (our Hansel & Gretel), to whom the play area adjacent to the reading tower is dedicated.

Hufford received community service points for the project, but added that the reason she helped out is that it makes her happy when she paints.



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'Looking Ahead to High School' at Sac Library program

Special to Land Park News

Middle school students and their parents will learn how to prepare for the high school years at a special session, hosted by College-GPS at the Arden-Dimick Library on March 14 at 6:30 p.m. Registration is required to attend this event.

The high school years lay the foundation for a successful college experience. Students and parents will learn how to select coursework and extra-curricular activities during high school so as to ensure a successful college application process in the future.

CollegeGPS guides, prepares and supports students and their families as they navigate the college admissions process. The primary goal is to help students find the right fit: the college where they will be successful academically and socially and where they will grow and develop into young adults prepared for life and work in the 21st Century.

There are over 3,000 colleges in the United States. Programs such as this one helps families to find the best match.

The Arden-Dimick Library is located at 891 Watt Avenue in Sacramento. To register, visit the library, call (916) 264-2700 or visit www.saclibrary.org and click on "Events," then select the Arden-Dimick Library location.

2nd annual Steinberg Seussical Story Hour in Sacramento on March 10

Special to Land Park News

Come one, come all to the Second annual Steinberg Seussical Story Hour at the Robbie Waters Pocket-Greenhaven Library on Saturday, March 10 at 10 a.m.!

Free Dr. Seuss books will be handed out to the first 75 children who attend the event.

Celebrities Senate Pro Tem Darrell Steinberg, State Librarian Stacey Aldrich, former Councilmember Robbie

Waters, Sacramento Public Library Director Rivkah Sass and Councilmember Darrell Fong will be on hand to celebrate the creativity, wit and wisdom of the author of "Green Eggs and Ham," "Horton Hears a Who!" "The Cat in the Hat" and "One Fish Two Fish Red Fish Blue Fish" among many other works.

Theodor Seuss Geisel was an American writer, poet and artist. He wrote 46 chil-

dren's books. The CGI-animated feature film adaptation of "The Lorax" is scheduled to be released on March 2, on what would have been Seuss' 108th birthday.

There will be Seussical crafts and refreshments, too...all sponsored by the Pocket-Greenhaven Friends of the Library.

The Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Drive in Sacramento.



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Hank Stoffel dedicated to preserving, promoting German history, culture

By LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

his life and his devotion to what he refers to as his "mission."

The local German organization, Sacramento Turn Verein, has preserved and maintained German culture in the capital city since 1854. And among its current members is Hank Stoffel, who has the notable status of belonging to 17 different German associations.

"My main function right now is Germanic history and the propagation of that information, the research," Stoffel said. "I spend 50 hours a week (researching and promoting German history and culture)."

Stoffel said that in today's world, promoting German heritage has become increasingly important.

These associations also include the German-American Heritage Foundation of the USA in Washington, D.C. and the Excelsior German Center in Oakland.

Learn your heritage

"There are many, many German-Americans who are so integrated by now, they have no idea (about their heritage)," Stoffel said. "They may have a German last name, but that's the last thing on their mind. All I'm trying to do is say, 'You know what? If you're interested, come to the (Turn Verein) library, join the group, read the books, watch the films.'"

Stoffel serves as the Northern California regional vice president of the aforementioned Washington, D.C.-based organization.

Altogether there are about 700 German organizations in the United States.

Local Sacramento organization

While sitting inside the local Turn Verein building at 3349 J St. in Sacramento last week, Stoffel, 72, spoke about

German contributions

Stoffel added that one of the activities that he enjoys

See Stoffel, page 13



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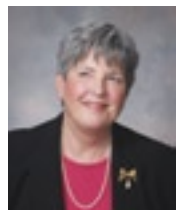


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Stoffel: Sacramento Turn Verein has maintained German culture since 1854

Continued from page 12

doing is familiarizing the public about German contributions or "what the German-Americans, German-American immigrants have brought to this country."

"The list is very long," Stoffel said. "Heinz ketchup, Kraft Foods, Schwinn bicycles, Schick razorblades, Boeing aircraft company, Weyerhaeuser lumber, Werner von Braun with the rockets, (etc.). This list goes on and on, but you go out to the average supermarket and nobody knows anything about it. The whole medical instrument field, any hospital you go (one can find) X-Rays (and other German medical instruments)."

Stoffel added that the green colored glass of the Coca Cola bottle was made by German chemists, a German named Rudolph Diesel originally designed the diesel engine and both the Brooklyn and Golden Gate bridges were designed by German-Americans.

One of the specific points of interest for Stoffel is studying the transforma-

tion of Berlin from its earlier years to present times.

A buffet of information

Stoffel said that through his research he provides information for others to increase upon their own knowledge.

"Whatever new knowledge I've gained, I try to bring it into this (local Turn Verein) organization and they can have at it," Stoffel said. "In other words, here it is, here's the buffet, help yourself. And we're getting more and more educated people who are beginning to nibble at the trough."

A place to learn German culture

The local Turn Verein has been located in a two-story, East Sacramento building since 1926.

The Sacramento Turn Verein describes itself as a place where "folks with German ancestry and people with an interest in German culture congregate to socialize, to study



Land Park News photo, Lance Armstrong
SACRAMENTO TURN VEREIN member Hank Stoffel dedicates 50 hours per week to researching and promoting German history and culture. In addition to his membership with the Sacramento Turn Verein, Stoffel belongs to 16 other German associations.

See Stoffel, page 21



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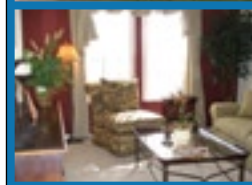
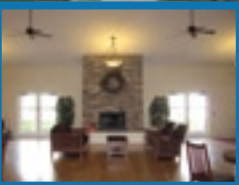


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Sacramento baseball, softball player defies the odds

By LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

While sitting in his Sacramento home recently, senior softball player Bob Nevis spoke about a major injury that he suffered during his youth.

"I was playing tackle, sandlot football when I was 11 years old and I tore some ligaments in my right knee," said Bob. "I went to the doctor and they drained it and it continued to bother me off and on for a year before I was taken to a specialist in Sacramento and it was discovered that I had developed tuberculosis in the bone. When they operated and scraped the TB off, they fused my knee and it would never bend again."

For many or perhaps most people in his position, such an injury would end their participation in competitive sports. But Bob is neither many nor most people.

Instead, this Sacramento native has achieved the type of success on the ball diamond that many able-bodied people dream of accomplishing.

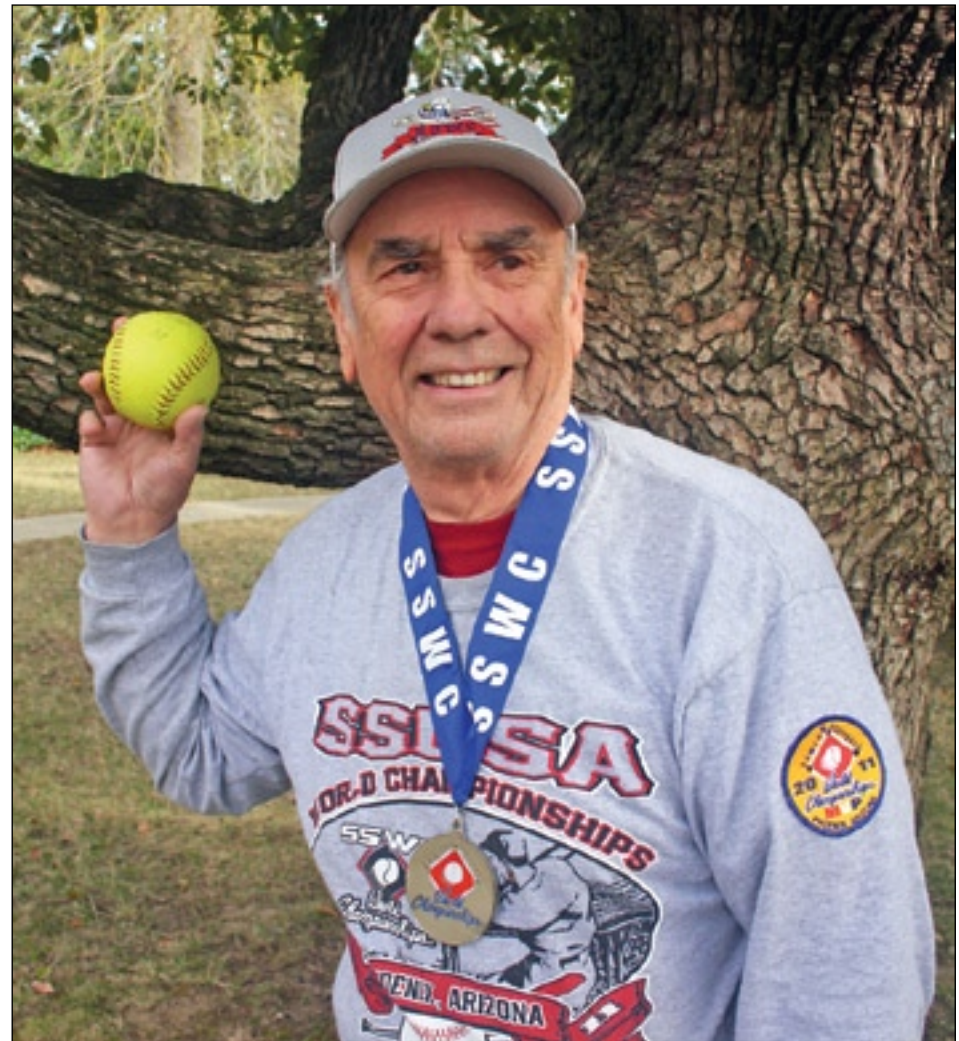
Bob's roots are in the Sacramento area. His father, Joseph Edward Nevis, was born in Sacramento and his mother, Loretta May (Jacinto) Nevis, was born in the Delta town of Hood.

One of four children, he grew up here and was a 1955 graduate of Christian Brothers High School. Bob's family history in America began on Sept. 1, 1901 with the arrival of his grandparents: Dan and Mary Nevis, who came from the island of Pico in the Azores Islands.

For Bob, 74, who wore a San Francisco 49ers sweatshirt during his interview, sports has been an extreme interest of his since nearly about the time he began to walk.

And although he does not walk as well as most people walk, Bob explained how his love for sports and keeping active has allowed him to exceed expectations.

"I was in a TB ward in Weimer (Placer County) for a year and three months and then when I got out, I was on crutches for a while," said Bob. "The kids used to say that I could outrun some of the kids on my crutches. I pole vaulted (with the crutches), taking 9-foot strides and that is not an exaggeration. In all my life, I have never seen anyone else run on crutches that way and nobody else has either that I know of. I ended up playing hardball with my brothers and a bunch of guys who we grew up



SACRAMENTO NATIVE Bob Nevis has achieved much success in baseball and softball despite acquiring a disability during his childhood.

See Nevis, page 20

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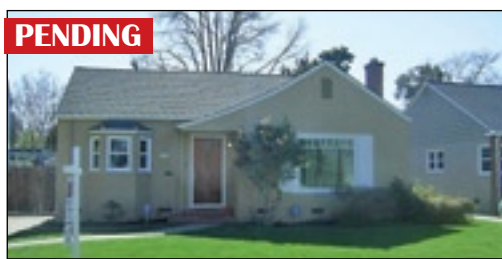
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Janey Way Memories Rosie and Mom



By **MARTY RELLES**
Land Park News columnist
marty@valcomnews.com

In 1952, my family moved into a three bedroom, one bathroom house on Janey Way.

With three young children and another child on the way, my dad felt like we needed a "bigger" house. Our family fit right into this neighborhood, as it was filled with other young families. Not only did my brothers and I meet lots of new friends, but my parents also met a whole group of great neighbors.

The Thomsen's who lived across the street, the Costamagna's next to them and the Puccetti's and Viani's down the street all welcomed Mom and Dad to the neighborhood. Phyllis Thomsen, Leda Costamagna and Pat Puccetti all pitched in to help Mom who was pregnant with my brother John at that time.

However, soon after we moved onto Janey Way, another family moved in down the street who would become Mom and Dad's closest friends: Bernie Hart, his wife Rose and their infant son, Tom.

Like my dad, Bernie worked as a patrolman for the Sacramento Police Department. He met Dad there and probably moved to Janey Way because of the things he heard about our neighborhood.

Soon after the Harts moved in, Mom became fast friends with Rose who everyone affectionately called Rosie. It would prove to be a lifelong friendship.

It's hard to figure what made these two young women such good friends. Their backgrounds could not have been more different. Rosie hailed from the back woods of West Virginia and mom grew up on the seacoast in Santa Cruz, California. Rose had a wry wit and told racy jokes and tall stories. Mom took things seriously. I am sure she made a good "straight man" for Rosie.



Every morning, back then, Rose left her home early, got into her mint green Cadillac sedan and drove up to our house. When Mom saw her coming, she always put a fresh pot of coffee on the stove to brew, then let Rosie in the kitchen door. Then they sat down at our big round maple dining table to drink coffee, smoke cigarettes and talk for the entire morning.

I remember even today the great stories Rose told about her childhood in West Virginia. She could really spin a yarn. Mom too, had wonderful stories about growing up with five brothers in Santa Cruz. When they weren't telling stories, they chatted about the goings-on in our neighborhood. It seems like they spent an entire lifetime sitting at that table talking.

Right around noon, Rosie gathered up her young son Tom and drove off the grocery store to buy something to cook for dinner. Mom often took my little brother John and went with her. I remember them driving off in Rose's big caddy while my brother Terry and I played in our front yard. It seems so long ago now.

Rosie passed away several years back. In 2009, my mom followed her. I guess she missed Rosie and wanted to join her.

There is an interesting twist to this story. My brother John lives now in our family's home on Janey Way. Rosie's son Tom inherited her house and has recently remodeled it. Later this month, he and his wife Diana will move into the home where his mom lived for her entire adult life. Both John and Tom look forward to being Janey Way neighbors again.

I bet that Rosie and Mom are looking down from the heavens and smiling.



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Empty Bowls raises awareness of hunger issue in Sacramento

By CORRIE PELC
Land Park News writer
corrie@valcomnews.com

Hunger is a bigger problem in Sacramento than you may think, according to Eileen Thomas, executive director of the River City Food Bank based in midtown Sacramento.

In 2011, the food bank served 47,408 people, with about every fourth person a child. Thomas said the food bank is also seeing an increase in seniors – who are living on fixed incomes and pensions with not enough money to go around – as well as those on disability.

To help raise awareness about the hunger problem in the Sacramento area, for the past nine years River City Food Bank has hosted Empty Bowls – an annual fund raiser designed to raise funds for the food bank and awareness about hunger in the community. This year's event was held at the Sacramento Convention Center on March 5 with

a dinner session and on March 6 with a lunch session.

"Hunger is one of those problems that can be hidden very easily because you look around and you go 'Oh, there's nobody really starving in our community,'" Thomas said. "Starvation looks a little different to us in America then it does like in a third-world country, so some of the people who are starving are actually suffering from malnutrition. They're not eating healthy because they don't have enough money for healthy food. Empty Bowls really speaks to the idea that hunger is something that is here in our community and it can be helped."

At Empty Bowls, attendees come to either a dinner or lunch session to enjoy a soup of their choice donated by a Sacramento area restaurant.

"We try to get the very best restaurants in Sacramento to donate," Thomas said. Participating restaurants included Cafe Bernardo,



Photo courtesy, River City Food Bank

EMPTY BOWLS is a major fundraiser for the River City Food Bank. This year's ninth annual event was held March 5 and March 6.

Classique Catering, Scott's Seafood Grill and Bar, Vizcaya and Greek Village Inn. To serve the soups to hungry patrons, the food bank enlisted the services of honor-

ary servers from local government and businesses. Some notable servers on tap this year included City

See Empty Bowls, page 18

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Empty Bowls: Two-day event featured bowls crafted by local artisans, students

Continued from page 17

Councilmembers Rob Fong and Steve Cohn.

However, the real draw to the event was the handmade bowl that each attendee got to pick out to take home. Thomas said this year they had about 1,200 bowls for guests to choose from made by both professional and student artists. Additionally this year, the event featured a selection of wood and glass bowls. Some of the professional artists showcased their other art at the Potters' Market held in conjunction with the event.

This year's Empty Bowls also included a change in

venue. For the first time, the event was held at the Sacramento Convention Center. This is because the event has grown in popularity.

"We started out nine years ago and we had about 350 people attend – we thought that was pretty good, and then it's grown and grown," Thomas explained.

For Empty Bowls 2012, Thomas said the River City Food Bank hoped to hit a goal of raising \$125,000,

which will "help us keep the lights on, to keep our building and operation running. It will also pay for some of the food that we have to buy for our food bank," she explained. Final results were not available at press time.

Thomas hopes this year's Empty Bowls will help the food bank to spread the word about the hunger issue in Sacramento, which is a year-round challenge for the community.



"We hope to gain support for River City Food Bank and raise awareness in the community that this is a real problem and there are people who need not only food, but they need healthy food, they need good nutrition, they need education about nutrition," she added. "We want to make sure that we explain the programs that we provide the way that people can help to make a difference in their community."

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Jesuit High School math teacher educates through YouTube

By **CORRIE PELC**
Land Park News writer
corrie@valcomnews.com

The ability to take and post videos to the Internet with ease has become a very large part of our mainstream lives over the past few years, mainly in thanks to the website YouTube. According to an article on RealSEO.com, over 2 billion videos are viewed each day on YouTube, and over 35 hours of video are uploaded by users each minute.

While you may think the majority of those videos are of cats doing silly things, there's a new movement toward using YouTube as an educational tool. And this movement is being driven by teachers like Vito Ferrante, an algebra teacher at Jesuit High School in Carmichael.

Ready for his close-up

Two years ago, Ferrante wanted to try using video technology for classroom instruction, so he created his own YouTube channel, "Ferrante Math," and began posting videos of himself working out different algebra problems, showing just his hand writing out the problem and his voice explaining the process. Ferrante now has about 100 videos on his YouTube channel that he has used his iPhone or iPad to record and upload.

"In a sense it's become a type of online textbook and the kids can access it at any time if the need to," Ferrante said.

Ferrante said giving his students access to these instructional videos at all times of the day has helped him reach the various different types of learners in his class.

"Anytime you have over just one-on-one instruction, you're going to have 20 to 30 different types of learners in one classroom," he explained. "And just because an instructor said something once or even twice, that doesn't mean that everyone gets exactly what's being said. So rather than needing to repeat things over and over the kids can go home and look again (at) what the instruction was."

Handy for homework

For freshman Andres Ramirez, having access to Ferrante's videos has been helpful when he's home studying or doing homework.

"A lot of times when you see a teacher do a math problem, it seems really easy in the classroom and I find when I get home I totally forget how to do it," he explained. "It's really helpful when Mr. Ferrante posts the videos because I can go over what we learned in class and just refresh it in my memory so it will help me."

Turning the tables

Due to the success of Ferrante's instructional videos for his students, he decided to turn the tables and see how the students do making their own videos utilizing their smart phones. Starting this semester, every student in Ferrante's accelerated algebra class has their own YouTube channel. They work in teams in the class during the week, taking turns videotaping each other working out algebra problems. The teammates then critique each others' work and at the end of each week they must upload one video to their YouTube channel for Ferrante to look at. This allows him to hear the student "thinking aloud" the problem and its solution, giving him the opportunity to accurately pinpoint where a student may be going wrong or "they're doing something very clever that maybe I hadn't thought of," Ferrante said.

Ferrante also said this process allows the students to learn how to work in pairs,

how to give constructive criticism to a teammate, and how to use technology in both an innovative and responsible way.

"I'm a real firm believer that teachers need to model the usage of technology because we care about all the bad things that happen with texting and sexting and all that sort of thing, and we can model for the kids there are better ways to use these devices," he added.

Freshman Spencer Bluett has found the process of making his own videos has helped teach him how to combined education and technology. He also enjoys working with his partner on the videos and has found it be helpful when trying to figure out math problems.

"I like how Mr. Ferrante gives us freedom (to) go off and work together," he said. "I think that really helps us understand because we're the same age and we have the same questions — we can talk about it and discuss what we think about how it's done."

The Future

Through this process of combining education with technology, Ferrante said it has quite honestly made him a better teacher.

"I was always pretty well aware of the limitations of just a traditional classroom — I can be as eloquent as I need to be, but the reality is that in a sea of 25 faces, I'm only hitting a certain percentage of those kids that understand what I am saying," he explained. "What it's done for



Photo courtesy, Jesuit High School

ALGEBRA STUDENTS at Jesuit High School Logan Kemper (left) and Michael Fat (middle) work on a math video while Vito Ferrante (right) looks on.

me now is it's allowed me to have a better differentiation in the classroom. I'm able to target much more succinctly each one of the individual kids and I think that's where education is going, quite honestly, into differentiation, individualized learning."

Ferrante's success has other colleagues at Jesuit interested in the prospect of doing something similar in their classrooms.

"In education, we often talk about the importance of integrating technology and instruction to enrich lessons," said Jesuit High School Principal Brianna Latko. "Tony Ferrante does this in incredibly creative ways, engaging students both in and out of the classroom. His innovative approach to technology as a tool for learning has benefited his students and our school community greatly."



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Senior athlete: Positive attitude, love of the game keep Nevis active

Continued from page 14

with and we won a lot of championships.”

Bob cherishes his days of playing in winter and spring baseball leagues during his youth and his yellowed newspaper clippings from these years appear as precious as trophies to him.

During his interview with this publication, Bob spread out the clippings on his kitchen table and said, “These are from my days of playing ball when I was a young man.”

All of the clippings, with the exception of one, highlighted the very successful Gerlinger’s of the National Division of the Sacramento Municipal Spring Baseball League. Gerlinger Motor Parts, which was the team’s sponsor, was located at 2020 K St. and owned by South Land Park resident George Gerlinger.

The clippings provided additional evidence that Bob was more than just a minor contributor to the team.

The following are some of the word-for-word highlights of Bob’s undated clippings:

- Bob Neves (sic) yesterday pitched Benny Wolf’s Gerlinger’s to a 14 to 0 win over the Northgate Gators for the championship of the City Spring Baseball League’s American Division.
- Bob Nevis, with a four-hitter, yesterday chucked the Ger-

linger’s to a 13 to 5 triumph over Aerojet in a Spring Baseball League contest.

- Chuck Griffith and Bob Nevis combined to hurl a four-hitter yesterday as the Gerlinger’s tripped the Lemon Hill All Stars, 3 to 2 in an American Division of the City Winter Baseball League game at Leiva Field. Gerlinger’s scored its runs on a towering home run by (Bob’s brother) Bill Nevis, who also doubled and singled, and a two-run double by Mike Furtado. (Note: Furtado, who is Bob’s cousin, later won league championships at Sacramento State College in 1965 and 1968 and was a teacher, vice principal and baseball coach at Elk Grove High School).
- The Gerlinger’s of the National Division of the Sacramento Municipal Spring Baseball League won their ninth straight contest yesterday with a 7 to 3 triumph over the Mac’s (Oldtimers). Bob Nevis pitched the win and aided his own cause with two doubles and a single.
- Home runs by Bob Nevis and Jerry Branch helped the Gerlinger’s to a 7 to 6 victory over the Orangevale Lions in the American Division of the Winter Baseball League yesterday on the Grant Field.

• Gerlinger’s toppled Mac’s Oldtimers, 14 to 5, yesterday in the Spring Baseball League. Larry Meredith had four singles and Bob Nevis a triple and a single for the winners.

• Gerlinger’s won its 12th consecutive National Division Spring League baseball game yesterday, downing the KFSM DJs, 6 to 3.

• The Gerlinger’s, wrapping up a perfect season, yesterday posted their 13 straight victory in downing the Post Office, 5 to 3. Gerlingers won the Spring League baseball championship.

Bob also remembers hitting three triples in a game at Southside Park in about 1962.

At various times, the Gerlinger’s success was aided by such players as Larry Bowa, Spider Thomas, Don Semon, Bernie Church, Don Zets and Hank Falconer (who was signed by local agent Ronnie King and tried out for the Pittsburgh Pirates), who were all scouted by professional clubs.

The late *Sacramento Bee* editor Marco Smolich dedicated an entire article to Bob in 1953 and noted in part of his story that Bob, who was attending *The Sacramento Bee-KFBK* Baseball School at Edmonds Field, was the “personification” of “hustle.”

In about 1965, Bob, who worked for 57 years as a residential home painter, hurt his right hip and quit playing league baseball. He raised a family in Sacramento and has three sons, Lance, Mike and Joe, and a stepdaughter, Schnee.

It was not until 1993 that Bob was playing competitively again, as he joined the

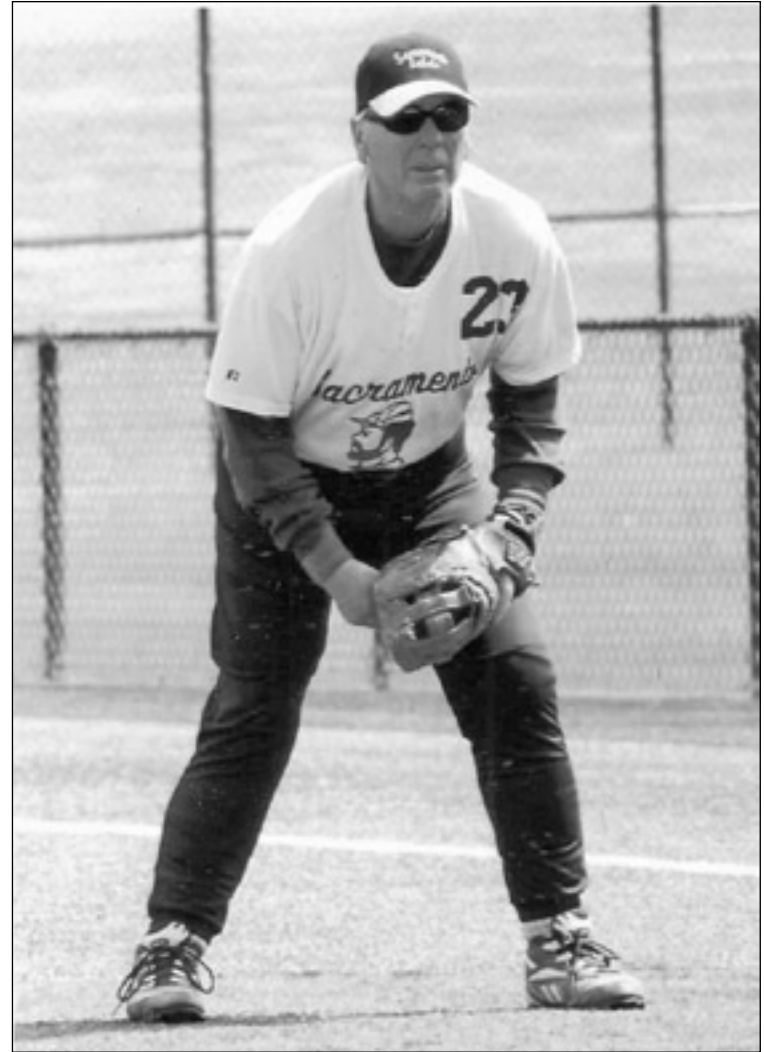


Photo courtesy, Bob Nevis

BOB NEVIS stands prepared to field a ball at first base. Nevis has also experienced success as a pitcher.

league, Golden Seniors Softball Club of Sacramento.

Bob continues to play softball today and has experienced much success on a tournament team.

Among the highlights of his participation in tournament play was winning the California Cup in Woodland and the Silver Medal in the World Series in Phoenix in 2009 and the Hall of Fame Tournament in Manteca in 2011.

While playing on the exhibition team, the Can-Sirs, a cancer awareness team for men, Bob

was awarded the Most Valuable Player award in 2011. Bob is a prostate cancer survivor.

Bob, who known for his sense of humor, quipped, “The (MVP) award can’t be for the Most Valuable Player. It must be for the Most Valuable Portuguese.”

Another highlight for Bob is having the opportunity to play ball again with his brothers, Jerry and Bill, as the three brothers play together in the Travelers League, which is not affiliated with the Golden Seniors.

In thinking back on his years of playing baseball and softball, Bob said that he has enjoyed many good times and hopes to continue playing softball for many more years.

“I’m glad that I continued to play ball and overcame the self consciousness of thinking that I can’t do something,” Bob said. “I’ll continue to play ball as long as I can be of help to my team. I’ve enjoyed every minute with my teammates and the camaraderie and the couple of beers and the stories and the jokes and the lies. It’s been all great.”

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Stoffel: Turn Verein hosts German events, preserves heritage

Continued from page 13

German, to party, to exercise and to carry on some old German traditions.”

Despite being one of the oldest Turn Vereins in the United States, the local Turn Verein did not begin in Sacramento or the United States.

It instead has its roots in Prussia, where it was founded by Friedrich Ludwig Jahn (1778-1852) in 1811, just five years following the Prussian army's defeat by Napoleon's armies.

Although the organization was established through Jahn's desire to build up his countrymen by way of physical and mental enhancements through gymnastics, the Sacramento Turn Verein no longer includes a gymnastics section.

Modern-day activities

Modern-day sections of the Sacramento Turn Verein include: the Harmonie choral group, the Soccer Club, the Handball/Racquetball Club, the Actives, whose main function is to promote Turn Verein activities, and the German Language School.

East Coast childhood

Stoffel, who serves as the interclub liaison for the cultural center-library, said that he is an extreme example of a German-American, since he was born in New Jersey to Wuppertal, Germany immigrants Otto and Martha Stoffel.

“My parents came to the United States in 1935,” Stoffel said. “There hasn't been anything else (but German heritage) in my family to my knowledge. There might be a Viking in there somewhere. I think on my mom's side (a relative) came down from Denmark, because several people in my family are very tall and that's Viking.”

Despite being born in New Jersey, Stoffel, who is also fluent in German, spent his youth growing up in the Bronx and graduated from Christopher Columbus High School in New York City in 1957.

In that same year, Stoffel was hired by the Remington Rand corporation as a computer programming trainee.

But Stoffel, who was a Civil Air Patrol cadet in 1949 and 1950, wanted to become a pilot.

Although Remington Rand offered him a promising future, he abandoned a career in computer

science and followed his dream in aviation.

NATO interpreter

After joining the U.S. Air Force, Stoffel was stationed in Frankfurt, Germany from 1957 to 1961, and served in various positions including a pilot, an interpreter for the German Federal Aviation Agency and a liaison for NATO between Frankfurt and Paris.

Airline pilot

Following his time in the military and while approaching his 21st birthday, Stoffel was hired by Pan American World Airways and soon became a flight instructor in the New York-New Jersey area.

When he was 26 years old, Stoffel became a pilot for Trans World Airlines and flew between America and Europe for 25 years. He also managed an airport and operated an air taxi service.

After his international piloting days, Stoffel dedicated five additional years to Trans World Airlines, instructing young cadets in St. Louis how to fly. He retired in 2000.

Chose Sacramento to retire

When asked how a world-traveled German man from the Bronx ended up becoming an active member of the Sacramento Turn Verein, Stoffel said that he became interested in the Placer County city of Auburn while flying above the place at various times. He eventually decided to purchase a retirement home in the area.



Land Park News photo, Lance Armstrong

EIGHT DECADES AND COUNTING. The Sacramento Turn Verein has been located at 3349 J St. in Sacramento since 1926.

Joined Turn Verein

With a pleasant and reflective tone to his voice, Stoffel shared his memory about discovering the Sacramento Turn Verein.

“Quite by chance, one day I was driving on J Street to some destination east of (the Turn Verein) and I was stopped at the traffic light and I saw (the Turn Verein) building,” Stoffel recalled. “As I drove by I (read) Turn Verein (on the building) and I said, ‘I know what a Turn Verein is. I was at a Turn Verein when I was a kid in New York City.’ So, I pulled my car around and got out and they had a sign in the window (that read) German classes. So, that was my initial exposure to this place.”

Stoffel joined the Sacramento Turn Verein in April 2000 and has remained active in the organization since that time.

Another contribution that Stoffel made for the local advancement of German culture was his campaigning to have the German television network, Deutsche Welle, available to view at the local Turn Verein.

A healthy organization

Unlike many old organizations, Sacramento Turn Verein is not struggling to find new members.

Stoffel said that the Turn Verein's membership is “increasing constantly, like two or three (new members) per month.”



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CALENDAR

For more Calendar entries visit
www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

Thursday/Cada Jueves 6:30 pm - 8:00 pm
Sutter Cancer Center 2800 L Street, Sac.
Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentoastmasters.com

Bingo!

March 8, 15, 22, 29: Enjoy a great local charity game of bingo every Thurs. night at 6:30 p.m. Benefits projects in the community. Early bird for \$5, Regular game buy-in of \$20. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 422-6666

MARCH

Bilingual Toastmasters

March 8, 15, 22, 29: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every

Florin Sears Store Farmer's Market

March 8, 15, 22, 29: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

Food Addicts Anonymous

March 8, 15, 22, 29: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Living Positive with Chronic Disease group

March 8, 15, 22, 29: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh,

have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

Rotary Club of Pocket/Greenhaven

March 8, 15, 22, 29: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freerport Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Downtown Plaza Farmer's Market

March 8, 15, 22, 29: Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

Sutterville Heights Optimist Club

March 8, 15, 22, 29: Come enjoy community speakers and community projects for youth.

12 noon., every Thurs. Golden Corral, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

Volkssport walking

March 8: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65t St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

Ballroom Dances

March 9, 13, 16, 20, 23, 27, 30: Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.-3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

- EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

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972-0336 MORPD.com

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All-day seminar hosted by Root Cellar Sacramento Genealogical Society

Sat., March 31, 9 a.m. to 3:45 p.m., doors open 8:30 a.m.

Four sessions by internationally-known genealogical author, George G. Morgan
Bring Them Back to Life: Developing an Ancestor Profile;
Push and Pull: The Reasons for Migration;
Sidestep Genealogy; & the Genealogist as CSI

Fair Oaks Presbyterian Church, 11427 Fair Oaks Blvd.
Advance registration required: \$25 members; \$30 non-members; after March 12-\$35.
Reg form at www.rootcellar.org. Contact Diane at rootcellarsqs@gmail.com

Cal Middle School's Annual Fundraiser

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An evening of food & drink from Sacramento's finest \$30 per person in advance \$35 at the door
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Best Friend Fridays

March 9, 16, 23, 30: Enjoy a fun, no-pressure, no-risk networking environment that benefits the local community non-profits. Hors d'oeuvres, wine & beer, games, raffle drawings, door prizes. Bring your best friend and make new ones. \$5 admission. Each Friday is hosted by a different non-profit group with all proceeds from the raffle donated. Garden Room and Courtyard, Sierra 2 Center, 2791 24th St., Sac. (916) 452-3005 www.sierra2.org

Carmichael Geranium Society

March 9: Come to the monthly meeting of the Carmichael Geranium Society. Guests welcome. Meets every Second Friday of the month, 10 a.m.-12 noon. No mtg. in Aug. Carmichael Park Community Clubhouse, 5750 Grant Ave., Carmichael. Jean (916) 481-2076

Kiwanis Club of East Sacramento-Midtown

March 9, 16, 23, 30: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m.-8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

Rotary Club of Point West

March 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. DoubleTree Hotel, 2001 Point West Way., Sac. www.pointwestrotary.com

Soroptimists of Sacramento

March 9, 16, 23, 30: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

Country Club Plaza Farmer's Market

March 10, 17, 24, 31: Country Club Plaza Farmer's Market. Every Saturday, year round. 8 a.m.-noon. Watt & El Camino, Butano Dr. parking lot, Sac. www.california-grown.com

'The Mane Event V' at CKM High March 9

Special to Land Park News

The C.K. McClatchy High School Marching Band will host its Fifth annual Winter Percussion and Color Guard event on Friday, March 9 fro 4 p.m. to 10:30 p.m.

This competition is a showcase for the school and the community. High schools from Northern California come to be seen, heard and to show off their talent.

The event will be held at C.K. McClatchy High School, located at 3066 Freeport Boulevard in Sacramento. For ticket information, visit www.ckmband.org.

Food Addicts Anonymous

March 10, 17, 24, 31: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Shamrock Half Marathon

March 10: Sponsored by Fleet Feet Event Management. Raley Field-Capital Mall-Discovery Park-Old Sac., 7:45 a.m.-1 p.m. (916) 662-3007 kim@fleetfeetsacramento.com

Carmichael Farmer's Market

March 11, 18, 25: Carmichael Farmer's Market. 8 a.m.-1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemon-eysmartusa.org

Co-Dependents Anonymous

March 11, 18, 25: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

March 11, 18, 25: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m, every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

Families Anonymous

March 11, 18, 25: Meet with other parents who are dealing with a daughter or son who is experiencing mental, emotional or addition problems. Meets every Sunday without fail. 3 p.m. Del Norte Swimming and Tennis Club, 3040 Beccera Way, Sac. Jane (916) 402-2465

River Park Youth Baseball Parade

March 11: Opening Day Parade for River Park Youth Baseball. 9 a.m.-10:30 a.m. River Park, 377 Moddison Ave., Sac. (916) 952-0245

State Parking Lot Farmer's Market

March 11, 18, 25: State Parking Lot Farmer's Market. Every Sunday, year round. 8 a.m.-noon. 8th & W streets, under Highway 50, Sac. www.california-grown.com

DELTA HIGH SCHOOL Annual Ag Boosters Dinner/Dance/Auction



When: March 24th at 6:00pm

Where: Old Sugar Mill
35265 Willow Ave., Clarksburg

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Faces and places

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By TOM PANIAGUA
Land Park News photographer

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Faces and places
**High school youth
 volunteer at the Parkway**

By **BILL CONDRAY**
 Land Park News writer and photographer
 bill@valcomnews.com

High school students from the Sacramento, Arden and Carmichael areas all came together during their President's Day/week vacation to plant native oak trees in an effort to preserve the American River Parkway on Feb. 22.

"This was a student project day," said Stacy Springer, of the American River Parkway Foundation. "It serves two purposes. First, it gets youth out on the Parkway, and second, it helps the students to get their required community service hours for school."

Students came from Del Campo, El Camino, Kennedy, Mira Loma, Rio Americano and other high schools. After a one-hour orientation on the nature of the environmental preserve and how to properly plant the trees, the youth worked hard, planting 2,700 trees. A reward of pie was enjoyed by all after the tree plantings.



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EXCEPTIONAL DUPLEX

The character of Land Park is evident in every detail of this duplex! Pretty hardwood floors, beautiful molding and 2 fireplaces...one in the living room and another in the master bedroom. Pretty landscaping both in front and backyard. Long driveway allows for plenty of off street parking. See: 1525and1527thavenue.eproperty.com \$569,000

PAULA SWAYNE 425-9715



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Sweet, spacious and beautifully maintained and oh, the possibilities!! 2 or 3 bedrooms, with master bedroom that has its own sitting room (or it could be a nursery or exercise room). Den with knotty pine cabinets where you can just feel the warmth of yesteryear. Spacious kitchen and gleaming hardwood floors. See: 264417thstreet.ihouse.net \$289,900

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S LAND PARK TERRACE

Opportunity knocks in So. Land Park. Nicely appointed 3 bedroom 2½ bath home awaits a new owner. Over 1800 sf with remodeled kitchen is an entertainers dream with professional cooktop, double ovens and oversized buffet and wetbar area. Newer roof and nicely landscaped yard. See: 1125volzdrive.eproperty.com \$349,000

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South Land Park 3 or 4 bedroom 2 bath with beautiful leaded glass windows, custom front door and used brick & wood. Pretty hardwood floors & brick fireplace. Kitchen with granite, Wolf range & oven, Mele dishwasher, convection microwave & interior grill. See www.4809HillsboroLane.com \$450,000

PAULA SWAYNE 425-9715



NESTLED IN SLP

A quality single story 4 bedroom home in South Land Park; features hardwood floors, custom wood blinds, remodeled bathrooms, updated kitchen, stainless steel double oven and dishwasher. The home also has newer dual pane windows, fence, tile roof and appliances. See: 6288 Lake Park Dr \$259,000

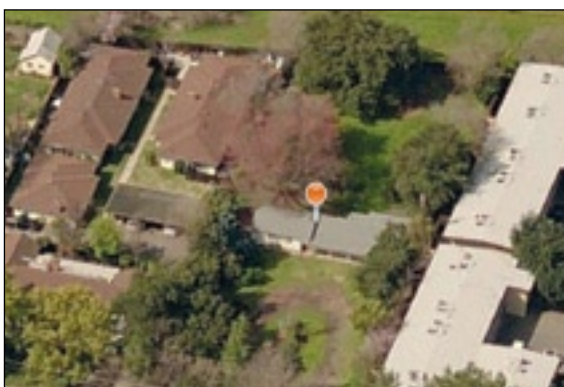
MONA GERGEN 247-9555



LAND PARK DUPLEX

This classic 1960's duplex still shines with its original character. Beautifully maintained. Would be ideal for owner occupant (single story on larger side, two story on smaller side). Larger side has master suite with large bath. See: www.2099-8thAve.com \$519,000

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RESIDENTIAL LOTS

Amazing opportunity to develop five new homes half a block from William Land Park! Approved by Sacramento Planning Commission to subdivide .7 acre lot and build two 2500 SF homes, two 2400 SF homes and one 2000 square foot home. See: 4540delrioroad.eproperty.com \$650,000

NATHAN SHERMAN 969-7379



SPACIOUS CHARMER

Adorable 3 bedroom home in the Freeport Park area of South Land Park! You will love the wood floors, spacious kitchen with dining bar, large bedrooms, central heat and air conditioning, 2-car attached garage with workshop area. See: 5430ashlandway.ePropTour.com \$149,000

ERIN ATTARDI 342-1372



WONDERFUL LAND PARK

Character of the 1940's with the convenience of today. Pretty vaulted living room ceiling, lit dining room hutch and rich hardwood floors in this 3 bedroom home! Pretty backyard complete with central fountain and beautiful landscaping. See: 274014thstreet.eproperty.com \$419,000

PAULA SWAYNE 425-9715

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