THE LAND PARK NEWS

March 22, 2012 Community News in Your Hands www.valcomnews.com

Land Park institutions aid 'sister' cemetery

Spring into
Easter egg hunts
See pages 12–13

COMMUNITY CALENDAR, PAGES 24-25 • KNOW YOUR NEIGHBOR, PAGE 9 • FACES AND PLACES, PAGES 26-27



after 43 years





See page 20

Eskaton Monroe Lodge offers independent living in a tranquil, country-like retreat with all the city advantages.

Services include regular maintenance, housekeeping, bed linen services and complimentary scheduled transportation.

Call today for a tour!

ESKATON MONROE LODGE

Independent Living with Services
3225 Freeport Blvd. | Sacramento
916-441-1015
www.eskaton.org





THE LAND PARK NEWS

E-mail stories & photos to: vcnnews@valcomnews.com

 $The \, Land \, Park \, News \, is \, published \, on \, the \, second \, and \, fourth \, Thursdays \,$ of the month and delivered by mail and home delivery in the area bounded by Broadway to the north, Interstate 5 on the west, Florin Road on the south and Freeport Boulevard/21st Street on the east.

Publisher	George Macko
General Manager	Kathleen Egan
Editor	Susan Laird
Art Director	John Ochoa
Junior Designer	Ryan Vuong
Advertising Executives Linda Pohl, P.	atty Colmer, Melissa Andrews
Distribution/Subscriptions	George Macko

\$30 a year subscription

Vol. XXI • No. 6

2709 Riverside Blvd Sacramento CA 95818 t: (916) 429-9901 f: (916) 429-9906

Cover photo by: Courtesy

Other photos Courtesv Courtesv

COMSTOCK

Local Mortgage Bankers



DO YOU OWE MORE THAN YOUR HOME IS WORTH...

...and want to take advantage of the historically low interest rates?

HARP Program details will be released in March 2012!

Call to see if you are eligible today!

Scott Filby 916-732-4333 direct 916-600-4313 cell

If anyone you know is purchasing a home, please have them CALL SCOTT TODAY!

4211 Freeport Blvd., Sacramento CA 95822

LAND PARK

State of the Art Jewelry Repair and Metal Diagnostics

A Family Shop



Jewelry Rare Coins

UNWANTED BROKEN **GOLD OR SILVER?**

We Buy and Sell Gold, Silver, Jewelry, Coins Call for Today's Rates on Scrap Gold 916.457.2767

Buying 7 Days a Week: M-F 9-6pm, Sat 9-5pm, Sun 10-4pm

Watch Batteries \$5.00+Tax

Installed, NO LIMIT! e Restrictions Apply) Expires 4/30/12 LP

Ring Down-Size \$15.00

5100 Freeport Blvd (corner of Arica Way & Freeport Blvd.)

916.457.2767

Ring Up-Size \$35.00

BUYING OR SELLING

Hess Gets





JOSH HESS, REALTOR® 916.716.1627

Josh.Hess@cbnorcal.com JoshHessSold.com DRE# 01891493



Got News'

E-mail Susan Laird at susan@valcomnews.com

Rev up your retirement

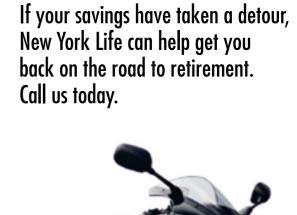


Michael K. Wong, MBA, CLU, ChFC Agent, CA Ins. Lic# 0B88032 Janice T. Wong, LUTCF, CLTC, M.S. Agent, CA Ins. Lic# 0C64071 Anthony M. Chee, CLTC, M.S. Agent, CA Ins. Lic# 0C68431

910 Florin Road, Suite 106 Sacramento, CA 95831 (916) 392-8896

Local New York Life Insurance Co. Office Serving Greenhaven, Pocket, & Land Park Area







© 2011 New York Life Insurance Company, 51 Madison Avenue, New York, NY 10010 SMRU 00442099CV (Exp. 03/18/13)



EAST LAWN PET LOSS CENTER

The loss of a pet can be devastating. Our goal is to help ease the pain while providing you with choices for memorializing your pet.

LEAVE A MEMORY ABOUT YOUR BELOVED PET

- 24 Hour Pick-Up Service
- Burials and Cremations



6700 Verner Ave., Sacramento 95841 916-732-2037 • www.eastlawnpets.com





Sue Olson & Teresa Olson 916-601-8834

916-494-1452

Call for a Complimentary Market Evaluation of Your

Property Or for Assistance in Purchasing a Home. landparkhomes.com







LAND PARK

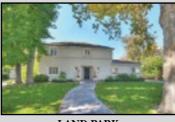
Two bedroom charmer close to City College Formal living room with fireplace, dining area, updated kitchen, hardwood floors laundry area, corner lot, cute backyard with large patio, bonus storage room behind garage. 2280 11th Avenue. \$275,000



LAND PARK

Original Land Park Charmer. Two bedrooms, beautiful mahogany inlay in hardwood floor, arched entries to dining room and breakfast nook, open space in kitchen, separate laundry room, whole house fan, raised flower beds in backyard.

1816 Commercial Way. \$320,000



LAND PARK

story Old Land Park Beauty in College Tract! Five bedrooms, 4 bathrooms, spacious foyer, exquisitely remodeled kitchen vith Tuscan granite countertops and large island. Formal living and dining room with lovely fireplace. Panoramic views to beautiful backyard, pool, portable spa, cabana house and built in barbecue. 3620 19th Street. \$999,000



LAND PARK

Lovely three bedroom two bath home, great curb appeal, lovely landscaping and entry, bamboo flooring, beautiful details throughout, spacious living and dining rooms open to kitchen, sile stone counters, custom cabinets, artistic glass backsplash, stainless steel appliances, master suite with cathedral ceilings. 3321 23rd Street \$409,000



LAND PARK

Charming one of a kind cottage. Open beamed ceilings in living room and kitchen. Lovely updated kitchen, hardwood floors, two large bedrooms, remodeled bathroom plus 1/2 bath. Inside laundry, french doors from dining area and one bedroom to lovely private garden and patio. Two car garage and breezeway from rear door to garage. 1101 10th Ave. \$459,000



LAND PARK

Lovely brick tudor with unique turret entry, from courtyard, three bedrooms and two remodeled baths, living room with vaulted and beamed ceiling and fireplace, step down formal dining room, updated kitchen wih granite counters & stainless steel appliances, built-in pool and spa and bonus bedroom behind garage with opened beamed ceiling. 1560 11th Avenue. \$665,000

WWW.VALCOMNEWS.COM

GREENHAVEN SOCCER REGISTRATION



Please Note: Early Bird Registration is available by MAIL ONLY until May 2nd. Save \$10 per player and avoid the lines! For instructions and to download forms, go to www.greenhavensoccer.com.

Registration Night

When: Thursday, May 3, 2012, 6:30 PM — 8:30 PM Where: John F. Kennedy High School Cafeteria, 6715 Gloria Dr. What to Bring — ALL PLAYERS NEED:

- One check made out to GHSC for registration & volunteer fees
- Birth Certificate (government-issued) for all players that did not play with GHSC in 2011 as well as any new players
- A recent picture 1"x1" square no hats/sunglasses (similar to a driver's license photo); picture not needed for U-6

Fees: U6: \$70 (does not include referee fees) U8-U10: \$105 (does not include referee fees) U12-U19: \$120 (includes referee fees) Uniform use is included in the cost!

There is also a volunteer fee of \$40 (non-refundable donation) or \$60 (refundable upon completion of volunteer service) per family. Please see the website for more details. www.greenhavensoccer.com

Sacramento URGENT CARE

Sacramento Urgent Care is a walk-in medical clinic established by a group of emergency-trained Physicians with years of experience providing a full range of medical care. Our Mission is to provide quality health care, and a consistently high level of customer service that exceeds expectations and demonstrates a sincere concern for you. We are conveniently located at the corner of Florin Road and South Land Park Drive, just off I-5 and minutes from Downtown, Midtown, East Sacramento, West Sacramento, Davis, Natomas, Elk Grove, Meadowview, and the Land Park & Pocket areas.

> At Sacramento Urgent Care you will always be seen by a doctor. **Most Insurances Accepted - Se Habla Espanol**

OUR SERVICES

Immunizations, Tdap Boosters, Flu & Allergy Shots • Flu, Coughs Sore Throats & Ear Aches • Sports, Employment, D.O.T. & Immigration Physicals • Workman's Comp & Occupational Medicine • Weight Management & Weight Loss Clinic • Fractures, Sprains & Dislocations • Cuts, Burns & Stitches • Asthma, COPD & Breathing Treatments • Women's Health • Drug, STD, HIV, Pregnancy, Diabetes, Cholesterol & Tb Testing • Ear Wax Removal • In-Grown Toenails

OUR FACILITIES

On-site X-ray & EKG • On-site Lab • Six Exam Rooms • Trauma Bay and Procedures Room • Comfortable Waiting Room • Plenty of Free Parking

7200 S. Land Park Drive, Ste. 100 • Sacramento, CA 95831 (916) 422-9110 • www.sacurgentcare.com

Open 9 AM to 9 PM • 365 Days a Year • No Appointments Needed

FREE **Urine Test and Diabetes Screening With Your Visit Expires 3-31-12**

The Local, Reliable Technology Solution

Do you have technology questions or concerns? Call for a FREE Consultation.

"Green" Web Hosting and Email Services

Troubleshooting, Upgrades and Repairs Wired and Wireless Networking Technology Purchase Consulting and Set-up









Y N T YOUR NEIGHBORHOOD TECH

916-730-HELP (4357) www.ynthelp.com

"Our #1 goal is client satisfaction. If we can't fix it, it's on us. We make technology simple."

Ted Olson, Jr.
President & CEO





LISA MCCAULEY

FOR ALL YOUR REAL ESTATE NEEDS

- · REAL ESTATE SALES
- · PROPERTY MANAGEMENT





 $(916) \underset{\text{DRE\# 00933026}}{601} - 5474$

JIM JEFFERS **448-6225**

DRE# 00768740

www.JJeffers.GoLyon.com JJeffers@GoLyon.com







612 6th Avenue - \$345,000 3 Bedrooms, 1296 SF., Remodeled!



1121 11th Avenue - \$1,425,000 Over 4200 Sf, 5 bedrooms



3784 19th Street - \$965,000 5 Bedrooms, Full Basement

RECENT SALES

3600 W. Lincoln\$1,195,000 1241 11th Avenue\$935,000 2636 16th Street\$370,000

PENDING SALES

1049 11th Avenue\$849,900 3728 19th Street\$899,900 31 Lakeshore Circle\$269,900

TURN YOUR OLD COINS AND JEWELRY INTO CASH!

The Section Collision Riversitie Anthe & Ar

3204 Riverside Blvd. Sacramento, CA 95818

(at 8th Avenue across from Vic's Ice Cream)

(916) 447-2646

10% MORE
With this ad

Hours

10:00 - 5:00pm Saturday 9:00 - 3:00pm Closed Sunday, Monday



Wanted To Buy:

Jewelry

Watches, Gold, Silver, Class Rings, Scrap Gold, Costume Jewelry, Cameos & Vintage Jewelry

Coins

Gold & Silver, Currency, Proof Sets, Mint Sets, Bullion Tokens, Medals, Military Memorabilia Sterling Silver, Flatware, Old Comic Books, Lighters, Stamps



Conversational Spanish

• Bunka Shishu, Japanese Embroidery

Film & Video Editing

Salsa Cardio ... and more!

Present this ad for 2 FREE Health/Fitness or Dance classes! Limit one per person.

Pre-registration required for all classes.

To register, contact Lucy Chao, 916-393-9026 x322

ACC Park City • 7375 Park City Dr. • Sacramento, 95831

Dr. Ken Schenck celebrates 35 years at the helm at **Mueller Pet Medical Center**

Special to Land Park News

Ken Schenck, DVM, a graduate of the University of California at Davis Veterinary School, is celebrating 35 years of practice. With his wife of 36 years, Charla, they have owned and managed Mueller Pet Medical Center since that time.

"It has been unbelievable." Schenck (whose last name is pronounced "Skenk") said. "We have the most amazing clients at Mueller and being able to care for the third and fourth generation of pets for some clients is a very humbling experience."

The early vision

Robert Mueller, DVM, built the then Mueller Small Animal Hospital in 1951 across the street from the Sacramento Executive Airport. At that time this served as the major airport for the Sacramento community, and similar to our present Sacramento International Airport, it was on the edge of town and surrounded by fields.

"Many people questioned Dr. Mueller's judgment in placing his animal hospital in that location," Schenck added. "But time showed his judgment was appropriate as the town grew around him."

In the fall of 1977, Schenck purchased Mueller Small Animal Hospital from its found-

"It was a very small practice at that time. It had a corner reception desk, one exam room, and a combination treatment and surgery room," he said. "And we only had five full time employees. I immediately recognized that I needed more exam rooms. So I tore out a wall and created two more exam rooms. Unfortunately this eliminated my office, but it was worth it."

Emergency care

Within a few years, Schenck started providing 24-hour emergency care with a staff on site at all times.

Valley Community Newspapers, Inc.

"It was really a survival decision for me at that time," he said. "I was personally taking all night emergencies, along with working six days a week, the load just became too great. So we became the third practice in Sacramento County to provide 24-hour emergency care, and the first to provide this care in the Greenhaven/ Land Park/South Sacramento area."

Services added

Roughly twenty years ago Mueller Animal Hospital went through a major remodel. It added a little over 2,000 square feet.

We were able to add a full surgery and to enlarge our treatment room, reception room, and doctor's office," Schenck said. "This allowed us to expand our services to include laser surgery, orthopedic surgery, and more critical care services. Our client base, which has always been amazing, was expanding also, so we really needed the space."

New facility this spring

Mueller Pet Medical Center is once again growing. But this time it is moving to a new site and a new, much larger fa-

"About ten years ago, we recognized that we again needed more space," he said. 'Our clients are very patient, but we really needed more exam rooms and more parking spaces. So we started designing a new floor plan but it just wouldn't fit on our present three-quarter acre site. After literally years of searching and negotiating we finally found and bought a great two and one-half acre piece of property just over a mile south (of the old location)."

The Pet Inn

"Our expanded facility will not only allow us to provide more comfort and services for our veterinary clients and patients, but also to expand our pet overnight lodging and grooming services," Schenck continued. "Two years ago we recognized that the pet boarding business was changing dramatically. Clients didn't want kenneling anymore, they wanted activities and play groups. So we created The Pet Inn to better provide those services. Our new facility will have three indoor arenas for year round play."

Bright future

"I can't believe it's been 35 years," he said. "What is even

Freeport Boulevard at the end of March.

has only had two couples, the Muellers and the Schencks as owners. Our next chapter, in our new facility at 7625 Freeport Boulevard will be Mueller Pet Medical Center unbelievable." 5663 Stockton Blvd.

the intersection of Fruitridge & Stockton Blvd. (916) 453-1719



the business. Mueller Pet Medical Center will move to a beautiful, larger facility on

more unbelievable is that we have now owned and managed Mueller Pet Medical Center longer that Dr. Mueller did. And for 60 years



Land Park institutions provide assistance to Sloughhouse cemetery

By LANCE ARMSTRONG Land Park News writer lance@valcomnews.com

Land Park area residents are quite familiar with the community's Sacramento Historic City Cemetery, which was founded in 1849. Another Sacramento area cemetery established during the same era was the Sloughhouse Pioneer Cemetery.

The Land Park area's historic city cemetery at Broadway and Riverside Boulevard is the oldest existing cemetery in Sacramento, established in 1849. It is the final resting place of more than 30,000 early Sacramento residents.

Although not considered as old as the historic city cemetery, the Sloughhouse cemetery is recognized as having been established only a year later. However, there is a family lore that the remains of two-year old Alexander Rhoads were buried at the Sloughhouse cemetery in 1847.

Tombstone restoration

The little pioneer cemetery in Sloughhouse cemetery is just 1.5 acres and is located 18 miles southeast of Sutter's Fort. It is undergoing a project to restore 17 of its historic tombstones.

Roberta Tanner, assistant chairman of the Sloughhouse cemetery, recently sat down to discuss details regarding the Sloughhouse cemetery.

During her interview with this publication, Tanner said that Land Park's Sacramento Historic City Cemetery played an important role in the project.

Historical parallels

"During the earlier stages of the project, we decided to contact Dr. Bob (LaPerriere, vice-chairman of the Sacramento County Cemetery Advisory Commission), since we had worked with him in the past," Tanner said. "He led us through the (old city) cemetery, pointing out what the two cemeteries have in common, including historic iron fencing. He has been invaluable in educating us in proper maintenance of historic tombstones and providing us with advice on which restorations to pursue within the project as a whole."

Sister cemeteries?

Tanner also noted that recently representatives of both cemeteries very briefly discussed the possibility that the cemeteries could become sister cemeteries.



Photo courtesy DUP

THE SLOUGHHOUSE PIONEER CEMETERY is located on the Jackson Highway, 18 miles southeast of Sutter's Fort.

In response to this idea, Tanner chuckled and said that the much smaller Sloughhouse cemetery would definitely be the "little sister."

Land Park business hired

Another Land Park area institution that has provided much assistance for the Sloughhouse cemetery restoration project is Ruhkala Monument, which is located

directly across the street from the old city cemetery.

Following several visits to the Sloughhouse cemetery by Royceanne Ruhkala, the Sloughhouse Cemetery Committee hired Ruhkala Monument to work on the project.

Ruhkala's involvement with the project includes cement work at the bases of fallen tombstones, drilling and pinning pillars and other tombstones to their bases and providing advice about prioritizing details regarding the project.

Tanner said that an important part of the commit-

tee's decision to select Ruhkala was the company's well known reputation as an expert in pioneer, vintage me-

Cemetery celebration

The Sloughhouse cemetery restoration project is very timely, explained Tanner.

"A special event will be held at the cemetery on May 12, when we will celebrate the 40th anniversary of the deeding of the cemetery to the International Society of Daughters of Utah Pioneers,

See Cemetary, page 7



"Wendi's expertise in staging and pricing helped us quickly sell our home for top dollar."



Stunning Pocket home in prestigious Riverlake with 4 bedrooms and 3.5 baths, downstairs office with private entrance and full bath, living room, family room and formal dining room. Kitchen is light and bright with wood floors, painted wood cabinets and granite counters. Family room is open and features box beam ceilings and a spectacular view of the backyard water feature. The master suite has a sitting room and spa like bath. Enjoy the serenity of this gated community with walking paths and private lake. Close to everything, including the freeway for an easy commute. You won't be disappointed!

7651 Marina Cove Drive \$599,900

COLDANGE D

Wendi reinl

916.206.8709 WendiReinl.com DRE# 01314052

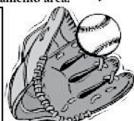
ADULT BASEBALL

Want to play bardball again but don't know where?
You can play ball again in

THE NATIONAL ADULT BASEBALL ASSOCIATION

with over 60 existing teams in the Sacramento area.

18+, 25+, 35+, 45+ & 55+ Age Groups Various Levels of Play 18-22 Game Season All Star Games • Playoffs Championships • Awards



For Info call (916) 729-3373 or visit www.sacnaba.org

NABA NOW ACCEPTING NEW PLAYERS AND TEAMS UMPIRES ALSO WELCOME • SUNDAY GAMES

Cemetery: Research continues as graves are documented

Continued from page 6

Sacramento Company," Tanner said

The public event will include tours of the cemetery and speakers, including Maureen Smith, international DUP president, and Dennis Holland, president of the California Pioneer Heritage Foundation.

Pioneer heritage

When asked how the Daughters of Utah Pioneers became involved with the cemetery, Tanner said that the cemetery was actually established by Utah pioneers.

"The cemetery was started to house the remains of the Rhoads family, who came through Utah to California," Tanner said. "They were actually among the first to bring a wagon overland across the Sierra Nevada."

The history of the Rhoads family dates back to 1846 in the Sacramento area.

The Rhoads Family

It was in the spring of that year that Thomas Rhoads headed to California from Illinois with 51 members of his immediate and extended family, including 14 of his 18 children and his wife, Elizabeth

Among 'Thomas' children were Elizabeth, Sarah and Catherine, who each married well established, local land-

Elizabeth married Sebastian Keyser, Sarah married William Daylor and Catherine married Jared Sheldon.

Daylor is documented as the first person to have been buried in the Sloughhouse cemetery.

In addition to Daylor, other people buried at the cemetery include: Sheldon, the majority of Sheldon's children and grandchildren and Thomas' son, John Pierce Rhoads, a Donner Party rescue party organizer and a California State Assembly member.

The cemetery remained in the ownership of descendants of the Rhoads family until 1972.

Changing hands

While researching her possible connection to Thomas Rhoads in 1971, Norma

Ricketts, the late local historian and DUP member, read a related article in a local newspaper.

The article announced that the Native Daughters of the Golden West were scheduled to place a historical marker at the cemetery to honor John Rhoads and his involvement in the Donner Party rescue efforts.

Within the article was a reference to John Rhoads being buried with other family members at the Sloughhouse cemetery.

After reading the article, Norma went to the cemetery, where she met Percy Westerberg, the owner of the cemetery property and a descendant of Catherine Rhoads and her second husband John Mahone.

Westerberg told Ricketts that he was concerned about the cemetery, because he was no longer able to care for the cemetery.

Shortly after her visit to the cemetery, Ricketts received a telephone call from Westerberg.

In recalling this moment, Ricketts, in 2006, wrote: "In 1971, Percy called my office and said, 'Norma, I've decided to give you the cemetery."

Although she appreciated the offer, Ricketts felt that the cemetery should be cared for by a group rather than an individual.

Through Ricketts' efforts, the cemetery was eventually deeded to DUP.

Daughters of Utah Pioneers

The first chairman of the cemetery committee was Maureen Smart, who catalogued the cemetery's headstones with a group of DUP members and submitted the information to the Bureau of Vital Statistics of the state of California.

The cemetery has had several caretakers under the direction of DUP, including Smart, Stan Newton, Loretta and Elvin Mullin and Fran Newbold, who is the cemetery committee's chairman

In addition to the current project with Ruhkala, the committee hopes to have oth-



Photo courtesy, DUP

RESTING PLACE RESTORATION NEEDED. The footstone alongside the grave of Jared Sheldon's daughter, Sarah Sheldon, leans toward Jared Sheldon's tombstone in this 2007 photograph. This image represents one of several problem sites targeted for restoration at the Sloughhouse cemetery.

er restoration projects completed in the future. These projects are dependent on acquiring grants and other donations.

Improvements to the cemetery have also included work performed through about 25 Eagle Scout projects.

A closed cemetery

Tanner said that the Sloughhouse cemetery, which includes more than 300 burials and 190 tombstones, is a closed cemetery.

"Even though it is a closed, historic cemetery, we're still discovering names of people and even markers of people who were buried there in the 1800s," Tanner said. "So, in a way, we're still an open cemetery."

Information sought

As part of DUP's ongoing efforts to document and preserve the history of the cemetery, the organization is seeking any old photographs, newspaper articles and other items pertaining to the cemetery.

For additional information regarding the Sloughhouse cemetery's upcoming anniversary event or any other details regarding the cemetery, write to dupsacramentocompany@gmail.com.

FUNERAL DIRECTORY

Call Patty at (916) 429-9901 www.valcomnews.com

EAST LAWN

EAST LAWN MEMORIAL PARK

4300 Folsom Blvd.

Sacramento, CA 95819

916-732-2000

FD1242

EAST LAWN FD136

ANDREWS & GREILICH MORTUARY

3939 Fruitridge Road Sacramento, CA 95820

"Ready to provide guidance at a difficult time."

916-732-2026

east lawn ELK GROVE MEMORIAL PARK AND MORTUARY

FD1455

9189 East Stockton Blvd. Elk Grove, CA 95624 916-732-2031

"Embracing a unique commitment to Sacramento and its people" CHAPEL OF FLOWERS

2691 Riverside Boulevard Sacramento, CA 95818

> Phone: (916) 443-7917 Fax: (916) 443-7931

Fax: (916) 443-7931
Family owned and operated since 1921

Harry A. Nauman & Son



4041 Freeport Blvd Sacramento, CA 95822 (916) 452-6157

Serving Sacramento Families since 1903 Pre-arrangement packages available.

SIERRA HILLS MEMORIAL PARK AND EAST LAWN MORTUARY

5757 Greenback Lane Sacramento, CA 95841 916-732-2020 • 916-331-9800

"Knowing that professional guidance is always by your side" FD1242



A Local Family-Owned Funeral Home Serving Sacramento Since 1964

916.482.8080

Call Patty Today



916-492-9901

Janey Way_Memories:

Boating with Uncle John Goldie



Land Park News columnist marty@valcomnews.com

One Easter Sunday in the early 1960s, our large extended family gathered at my Aunt Alice Goldie's house for dinner.

As we sat around Aunt Alice's big family room eating ham, scalloped potatoes and salad, my brother Terry and I began a conversation with our uncle John Goldie.

Unlike, most of our aunts and uncles, John was Scottish, not Italian. In fact, he grew up in Glasgow, Scotland and served as an officer in the British Royal Navy during World War II. As we talked, Uncle John shared some of his naval wartime stories with us. We listened intently.

Then he said something which really got our attention: he had just bought a 17-foot boat, and he wanted to take us fishing in it. Wow, that sounded great. Soon, we had obtained permission from our parents and a date was set.

Two weeks later, on a Saturday morning, Uncle John pulled up in front our house, towing his new boat. To say we were excited would be an understatement. We grabbed our jackets and fishing gear, bid our parents farewell and headed out to Uncle John's waiting Chrysler sedan.

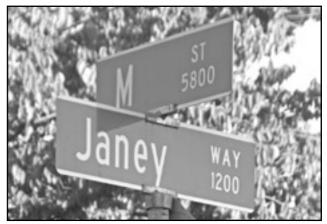
Off we headed in the direction of the Sacramento River, and thirty minutes later we pulled into Miller Park at the west end of Broadway. John circled around the parking area and headed down to the boat ramp.

Launching the boat proved to be quite an experience. First, our uncle circled the car around and began to back down the ramp. About half way down the ramp, the boat trailer began to jackknife. So, he stopped the car and pulled forward up the ramp to straighten the trailer up. Then he began backing the car up again and again the boat trailer jackknifed.

This time, Uncle John had Terry get out of the car to give him directions as he backed the boat up. That proved to be less than a good idea. Terry had a long-standing reputation as a curmudgeon. Laughing like a hyena, he provided little assistance in launching the boat.

Eventually, however, Uncle John got the trailer far enough down the ramp to launch the boat and off we went in the direction of Garcia Bend, where we would fish for striped bass. Uncle John proved to be an able boat man, and when we arrived at our destination, he dropped anchor, put a shrimp on each of our hooks and we began a long day of fishing.

Of course, we caught no fish, but had a great time. At noon, we ate a big lunch Uncle John had prepared for us, drank soda pop and listened to Uncle John's naval stories and the story of how he landed in the U.S. after the war.



The day skittered away and eventually, we had to pull anchor and head home. When we got back to Miller Park, we had a much easier time loading the boat onto the trailer than we had experienced while unloading it. By 5 p.m., and fully exhausted, we returned home, full of stories about out great fishing trip.

Sleep came easily that night.

It has been over fifty years since the day Terry and I went boating with Uncle John Goldie. We never did it a second time. Sadly, Uncle John passed away over ten years ago. But, the story of our fishing trip with him remains as yet another wonderful Janey Way memory.

Marty's book, Janey Way Memories, is now in print. Come to his book signing on Thursday, April, 5, from 7 p.m. to 9:00 p.m. at the Dante Club, located at 2330 Fair Oaks Boulevard in Sacramento.

Senior Services Resources

Call Melissa (916) 429-9901

ASSISTED PLACEMENT



Placing People First Since 2004 888.980.9880 www.lifetimesolutions.org Specializing in finding the proper Assisted Living or Board and Care for your loved one.

We are a FREE Service!

ASSISTED LIVING



Assisted Living & Memory Care

(916) 226-9319 9325 East Stockton Blvd., Elk Grove

DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILL **Legal Document Prep Services:**

- Trust Will
- Powers of Attorney
- Residential Deed

Couples \$495 Singles \$450 Lynda K. Knight (916) 214-1215 1337 Howe Ave., Ste. 103 Sacto 95825

YOUR AD SHOULD BE HERE!

Call Melissa today!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

HELPAT HOME

HELP AT HOME **Senior Care**

- · Light housekeeping
- Meal preparation • Med reminders • Errands
- Dementia care Bathing

For no-cost/in-home assessment. call 877-404-6636

IN HOME CARE



Do you or a loved one need caregiving help at home?

- Companionship Bathing Cooking/Cleaning
- TransportationMedication Management

Complimentary placement assistance

Call us at 800.991.6147

LOVING COMPANIONS



Certified care (866) 312-2157 Specializing in 24/7 Live-In Service

Excellent Rates & **Discounts**

MEDICAL SUPPLIES



REAL ESTATE SERVICES

Moving On?

FREE Real Estate Help & Advice tailored to seniors & their familes

Contact John Woodall, GRI iors Real Estate Specialist

(916) 421-5421

✓ out my blog at:

aSeniorsBlog.com

SENIOR BOARD & CARE



SPECIAL ALZHEIMER'S LIVING



Day Club, Respite, **Residential, Support Groups** & Educational Classes

cas@primroselz.com www.primrosealz.com

(916) 392-3510

707 Rush River Dr. Sacto, CA 95831

McClatchy Baseball Field to be dedicated to Bernie Church

By SALLY KING Land Park News writer sally@valcomnews.com

Often called America's favorite pastime, baseball's history goes way back and so does the history of retired C.K. McClatchy High School coach Bernie Church.

At 11 a.m., Saturday, April 28, 2012, McClatchy High School will dedicate the school baseball field to this highly respected former coach.

Church coached Varsity baseball at McClatchy from 1973 to 1988. He taught at McClatchy for 36 years and is remembered fondly by many former students, teachers and parents. Church retired in 2004.

McClatchy varsity baseball coach Michael De Necochea recalls his past as a student and baseball player under coach Church and it stirs up many fond memories.

"He was larger than life," De Necochea said. "He was successful and not just in baseball."

De Nocochea said Church established a booster club for the baseball team and raised lots of donations. He said Church set up batting cages, a new pitching mound and a storage shed for the equipment. Church also added a scoreboard. De Nocochea said Church expected his baseball team to take care of the field and to know how to dress as a ball player. Players were expected to wear their shirts tucked in and to have their black cleats shined before every game. And their baseball caps had better be straight, not crooked.

De Nocochea laughingly said he remembers being traumatized by having to get his hair cut above the ears. Back then, guys wore their hair longer – but not if they played ball for Church.

The thing that stuck with De Nocochea was how Church said it didn't matter how many games a team wins, what mattered is that the team was in better shape than when it started.

"Church stressed giving back," De Nocochea said. "I learned from him the importance of helping the community."

Bob Sandoval was the JV coach at McClatchy. He said Church is a tremendous colleague and mentor.

"He expected the players to behave in a certain manner," Sandoval said. "He mentored by example and everyone was rewarded."

Church grew up in Oak Park and attended Christian Brothers High School, then simply called Christian Brothers School. He comes from a large family with lots of athletes. Church played baseball in high school and college. His dad played semi-pro baseball, and his oldest brother played baseball. Church played ball in the first Oak Park game in 1952. He still plays golden senior softball.

Church said McClatchy has always had a reputation for having a good baseball program. When he was hired as the baseball coach, he felt it was important to leave the program in better condition than he found it, continuing the tradition of a good ball program.

Church said he is very honored having a baseball field named after him, but wants people to know he had a lot of help. He feels this award honors all the people who helped. Many families contributed time and money to the effort. He said Bob and Betty Snook, Hank and Barbara Wencke, Dick

and Helen Davila, Betty Latino and his wife Jody are just a few of the folks who gave of themselves and their time. It was tradition to have an annual Western Bar-B-Que fundraiser. The money raised was put back into the baseball program. Coach Church did what mattered and felt he had left the field in better condition than he had found it in. He explained the coaches that came after him have followed the tradition by keeping up the program.

"The field is in real good shape right now," Church said.

Church said his philosophy for coaching was never about winning or losing.

"It's not about how many games you win as a coach, a coach never wins a game," Church said. "What I based my career on was how many students came out of the program to be better sons, better brothers, better husbands, better fathers. And that is where you judge yourself as a coach."

Bob Feikert, the athletic director at McClatchy said Church was nominated because he has integrity and discipline.

"I remember a student coming into Coach Church's office visibly upset because someone had stolen his shoes. After we looked for them and could not find them, Church asked him what size shoe he wore. It was the same size shoe Church wore, so Church took off his shoes and gave them to the young man, Feikert said. "That's the kind of person he was."



Photo courtesy, Bernie Churc

DEDICATED ROLE MODEL. Bernie Church, former baseball coach at C.K. Mc-Clatchy High School, will be recognized for his contributions to the sport when the high school names its baseball field in his honor.

Church said it bothers him that it is harder for coaches in schools with budget cuts to keep baseball going.

"I don't think enough folks understand what sports do for these kids," Church said. "They learn about success and failure and how to deal with it"

Just like the history of baseball, those whose lives he touched will always remember Coach Church.



Year round heated pool

• Limited memberships available



Junior FIRST Lego League Expo a success for Fembots, students

By SALLY KING Land Park News writer sally@valcomnews.com

The afternoon became very busy on Saturday, March 10, at St. Francis High School where the St. Francis Fembots hosted a Junior FIRST (For Inspiration and Recognition of Science and Technology) Lego League event for children ages six to nine.

The children had to display a robot made from Legos. The theme was 'Food Safety' and the robot had to represent a topic based on a 'Snack Attack.'

This was the first time the Fembots hosted this event and they said it was successful.

Chelsea Franklin, a freshman at St. Francis and Alex Bittle, a junior were in charge of the event.

"This is an awesome turnout," Franklin said. "The kids look so excited."

Bittle said around 30 children signed up to participate in this event, creating seven teams. Each team had a table with their robot, a large poster board explaining what the robot represented and what they learned about the subject they chose.

The Fembots explain on their website that they meet with the teams every Wednesday and explore the proper safety techniques on how to preserve food in or-

der to keep everyone healthy.

Bittle and Franklin called on area Lego League coaches and mentors, encouraging them to bring a team to the event, letting them know what a great an opportunity and experience this would be for the younger students.

Nidhi Mukker, mother of seven-year old Anika, said FIRST is a phenomenal program. It teaches children team building and how things work.

The program helps my daughter enjoy learning about the mechanics of how things work," Mukker said. "It helps devel-

op her thinking process."

Kay Gaines, director of special projects for St. Francis was happy with the turn out. She said she thinks FIRST is a great program and is excited the Fembots made it to the national competition being held

The public was invited to attend the Junior FLL Expo, which included an award for each team, scavenger hunts and

The smiles on the young faces indicated, they too, enjoyed being part of this event.

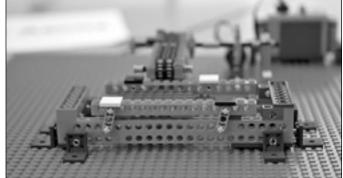












26th annual Curtis Park Home and Garden Tour is April 28

Special to Land Park News

A unique neighborhood of large canopy trees and early 20th century homes, Curtis Park is the place to be on Saturday, April 28 for the annual home and garden tour. Everyone is invited to stroll through this unique neighborhood anchored by the Sierra 2 Community Center and an 18 acre park, touring six residences in Tudor, Foursquare and Crafts-

man styles, as well as a large Crafts-man-turned-daycare center.

The Curtis Park Home and Garden Tour is one of the few in the Sacramento region that offers a dramatic range of authentic and historic architectural exteriors with equally diverse and artfully designed interiors. The tour is held in the spring so visitors can enjoy delightful weather and new foliage. The homes are not specially decorated to re-

flect a given theme or holiday, instead, the tour allows visitors to see how people live in these exquisite homes day to day — how they have adapted their homes for their own enjoyment with well designed, fresh and classic interiors, while maintaining and appreciating their historical stature.

The program for the 26th Annual Curtis Park Home Tour kicks off at 10 a.m. at the north end of Curtis Park. Visitors

can relax while enjoying music, refreshments, lunch from mobile food vendors Wicked Wich and Mama Kim's, and information on home restoration. In addition, the SCNA Senior Center is hosting a plant sale and the Sacramento Tree Foundation will be also be on hand.

The event is a fundraiser for the Sierra Curtis Neighborhood Association and benefits the Sierra 2 Center and SCNA programs.

'Healthy Meals on a Lean Budget' workshop at Belle Cooledge

Special Land Park News

The price of gas continues to soar, expenses seem to keep piling up...and families needing to cut back often turn to the easiest place to cut: the grocery bill. Many families stop buying nutritious foods, going for cheaper, "junk" foods instead.

The Belle Cooledge Library will offer an adult program on how to avoid poor nutrition when on a budget, when it hosts "Healthy Meals on a Lean Budget" on Tuesday, April 10 from 6 p.m. to 7:30 p.m.

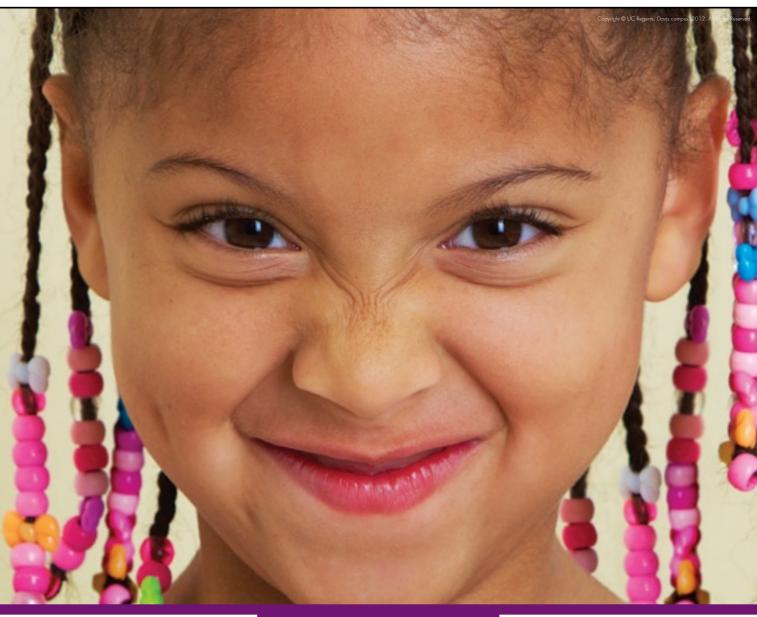
Join Brenna, a registered dietitian, as she busts the myth that healthy food is expensive.

Learn tips on naviagating grocery stores, how to purchase the right pantry "essentials" and how to get the most nutritious food for your money.

Healthy snacks will be provided.

The Belle Cooledge Library is located at 5600 South Land Park Drive in Sacramento. For more information, call (916) 264-2700 or visit www. saclibrary.org.





WHAT DO YOU SEE?

We see a child who deserves the best medical care. You see world leaders in children's emergency medicine.

With the region's only level 1 pediatric trauma center and emergency department dedicated to children, UC Davis is the place for children needing emergency medical care. Here, experts specially trained in pediatric emergency medicine understand the nuances of caring for critically ill or injured children and are setting new standards for pediatric emergency care worldwide. If it's your child, UC Davis is where you want to be.

To learn more, visit YouSeeTheFuture.UCDavis.edu. For more information, call 800-2-UCDAVIS.

YOU SEE EXPERTISE

UCDAVIS
HEALTH SYSTEM



Sacramento area **Easter Egg Hunts**

Easter Sunday is April 8 this year, and many festive events will be held leading up to the big celebration.

So, grab an Easter basket, put on your Easter bonnet and take the kiddos to your neighborhood Easter Egg Hunt. Dates and locations vary. There is even one egg hunt for the family pooch. Several neighborhood egg hunts are listed below, so you are sure to find something close to home or at Grandma's house:

3rd annual Easter Egg Hunt for Dogs

March 31: Bring your furry friend to join Wag Hotel for their 3rd annual Easter Egg Hunt for Dogs. The dogs will be able to hunt and sniff out over 1000 eggs filled with delectable treats. Hidden among the eggs will be five special eggs containing the word "Winner" that can be redeemed for prizes including a five day pass of All Day Play at Wag Hotels. Enjoy finger foods and photo opportunities with

the Easter Bunny. Exciting doggy prizes will be raffled. Easter attire is encouraged for pets! A portion of the proceeds to benefit Nor Cal Boxer Rescue, 11 a.m. to 1 p.m. \$10 donation per family. McKinley Park, 601 Alhambra Boulevard, East Sacramento. To purchase tickets, visit http://tinyurl.com/egghunt4dogs. (916) 373-0300

Easter Carnival

March 31: Greenhaven Lutheran Church and Angels Nest Early Childhood Education Center will host an Easter Carnival, rain or shine. Free to the community. 11 a.m. to 2 p.m. Featuring carnival games, bounce house, Easter Egg hunt, craft activities, refreshments and the Easter Bunny. Greenhaven Lutheran Church, 475 Florin Road (at Gloria Drive) in Sacramento. (916) 428-8449.

The Great Land Park Spring Egg Hunt

March 31: Egg hunt includes arts & crafts and an appearance

See Egg Hunts, page 13

Got News? E-mail Susan Laird, susan@valcomnews.com

Sol Aureus College Preparatory – S.A.C. Prep

PREPARATION. RESPECT. RESPONSIBILITY. COMMUNITY. EXCELLENCE.

"We are prepared. We realize that success is the result of being prepared when an opportunity presents itself. We accept luck, but also believe extraordinary people create their own luck by being prepared and preparing for success."

– Alton Nelson, Founder

WHO WE ARE

S.A.C. Prep is a public, charter school serving kindergarten to 8th grade learners. We area a tuition free institution and are open to all applicants. The student body and faculty of Sol Aureus College Preparatory consist of an ethnically diverse community of individuals dedicated to the success of its academic family with standards & goals that:

- Prepare students to complete and succeed in college and in life.
- Prepare our students to gain admission to top area public and private highschools.
- Expose students to college and career pathways.

OUR SUCCESS

We measure our success by the academic achievement of our students. In 20120-2011 we were the highest performing public middle school in south Sacramento with a API of **836.** We also have the largest API gains over the last four years of any school in the south Sacramento area. Our success is the result of:

- High expectations for academic advancement placed on all students.
- College Prep focus.
- Average class size of 20 students.
- Emphasis on social and emotional development.
- Data driven instruction.
- Continued mentoring after graduation.

900 800 700 500 400 200 100 2009 2010

Sol Aureus College Preparatory

Now Enrolling for the 2012-2013 School Year!

Now Accepting:

- K-4 Enrollment Forms
 - 5-8 Waitlist Forms

(916) 421-0600 6620 Gloria Drive

Se Habla Español Peb yog hmoob

Tuition-Free Charter School Serving **Grades K-8**

> Knowledge Preparation Excellence

Celebrating Success Since 2003

Office: 916-421-0600 Fax: 916-421-0601 6620 Gloria Drive

Sacramento, CA 95831

Website: www.sacprep.org

"TWO ROADS DIVERGE IN A WOOD, AND I - I TOOK THE ONE LESS TRAVELED BY, AND THAT HAS MADE ALL THE DIFFERENCE." - The Road Not Taken by Robert Frost

Egg hunts

Continued from page 12

by the Easter Bunny. Bring your own basket. 9:30 a.m.–11:30 a.m. Egg hunt promptly at 10:30 a.m. William Land Park, 3800 Land Park Drive, Sacramento, west of the playground. (916) 808-7004.

Orchard Park Spring Egg Hunt

March 31: Spring Egg Hunt at Orchard Park, 2936 West River Drive, Sacramento. 2 p.m. Sponsored by Councilmember Rob Fong. (916) 808-7004.

Pocket-Greenhaven Spring Egg Hunt

March 31: Spring Egg Hunt at Portugese Park, 7350 Durfee Way, Sacramento. 10 a.m. to 11 a.m. Sponsored by Councilmember Darrell Fong. (916) 808-7007

2012 Arden Easter Egg-Stravaganza

April 7: Community Easter celebration in Arden Park. Pancake breakfast 8 a.m.—11 a.m. (\$5 per person); Carnival Games 8 a.m.—10 a.m.; Egg Hunt \$3/person, 10:30 a.m. There is a special egg in each age division. Find the special egg and win a prize. The plastic eggs filled with candy are yours to keep. 1000 La Sierra Dr., Sacramento. (916) 483-6069 www.aprpd.org

Boss Kidz Community Easter Egg Hunt

April 7: Bayside Church of South Sacramento is sponsoring this community Easter Egg Hunt. 11 a.m. to 2 p.m., Valley Hi Park, 8185 Center Parkway, South Sacramento. (916) 715-7716.

Easter Egg Hunt & Pancake Breakfast

April 7: Hop on over for a HUGE egg hunt, pancake breakfast, fun crafts and a surprise guest! Don't miss this EGG-CELLENT event. Breakfast is from 7 a.m. to 11 a.m. Adults \$5, children 12 and under \$3. Egg hunt is at 10 a.m. (arrive 30 min. early). Bring your own basket, ages eight years old and under, free. Egg hunt starts at 10 a.m. for all age groups. Carmichael Park, 5750 Grant Ave., Carmichael. (916) 485-5322 www.carmichaelpark.com

Fairytale Town Spring Eggstravaganza

April 7, April 8: Hop on down the bunny trail with Peter Cottontail at Fairytale

Town's annual Spring Eggstravaganza. Egg hunts, puppet shows, art activities, photos with the Big Bun himself (photos cost extra). 11 a.m.-3 p.m. Egg Hunts will be held promptly at 12 noon, 1 p.m. and 2 p.m. each day. Bring a basket for collecting eggs. The Egg Hunts are separated by age groups, 3 and under, 4-6, and 7-12. Admission: \$4.50/ person, ages 2 and up. Kids 1 and under free. Puppet Art Theater will perform Bunny Boot Camp in the Children's Theater. Puppet show tickets are \$2 (\$1 for members). Show times are 12:30 p.m. 1:30 p.m. and 2:30 p.m. 3901 Land Park Dr., Sac. (916) 808-7462 www.fairytaletown.org

Granite Regional Park Easter Egg Hunt

April 7: Egg hunt sponsored by the Stone Cold Riderz. 11 a.m. to 5 p.m. Granite Regional Park, 8200 Ramona Avenue, Sacramento. (916) 519-1091

Kiwanis Pancake Breakfast & Easter Egg Hunt

April 7: Come enjoy a delicious pancake breakfast (\$5 adults, \$3 children) and then enjoy a free Easter Egg Hunt for the little ones. Breakfast starts at 6 a.m. and the event runs through 1 p.m. Carnival style games for children, tickets available for purchase. Egg hunt times: Âges 0–1 (9:30 a.m.); Ages 1-2 (9:45 a.m.); Ages 3-4 (10 a.m.); Ages 5-6 (10:15 a.m.); Ages 7-8 (10:30 a.m.); Ages 9-10 (10:45 a.m.) McKinley Park, Clunie Clubhouse, East Sacramento. Sponsored by the East Sacramento-Midtown Kiwanis Club

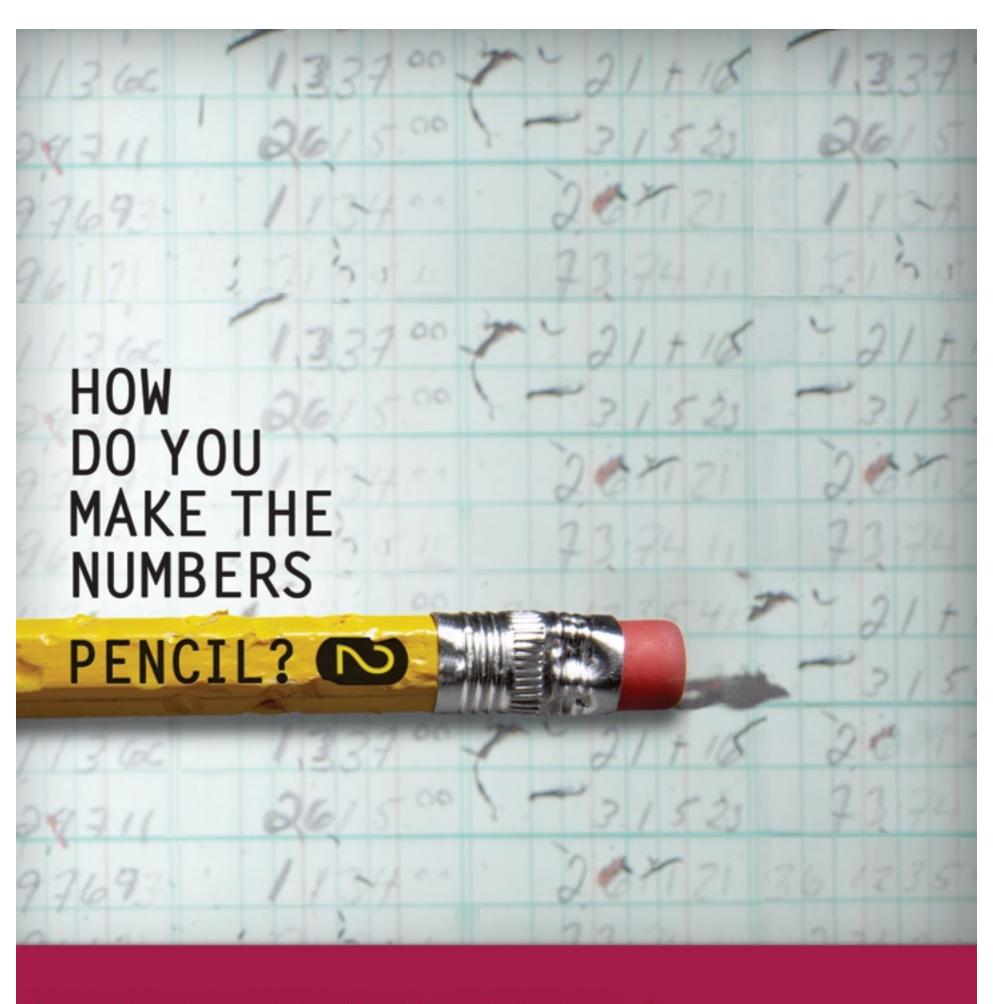
Southside Park Easter Egg Hunt

April 7: Egg hunt includes arts & crafts and an appearance by the Easter Bunny. Bring your own basket. Children's entertainment, info booths, kid's activities, more. 10 a.m. Southside Park, 2115 6th Street. Sacramento.

Spring Egg Hunt

April 7: Egg hunt sponsored by the Sierra Curtis Neighborhood Association. 9:30 a.m. to 11 a.m. Sierra 2 Green, 24th Street and 4th Avenue, Sacramento. (916) 716-3061.





Running a business often requires the cash flow flexibility that a line of credit can best provide. Fortunately, Merchants National Bank offers business lines of credit at competitive rates. It's all part of our straightforward approach to banking: partnering with you to grow your business, no hidden fees, lots of personal service. Throw in a rating as one of California's most secure banks1 and it's easy to see why we excel at relationship banking - and have since 1921.

The Merchants National Bank

RELATIONSHIP BANKING SINCE 1921

merchantsnational.com • 916.442.3883

Ratings according to Bauer Financial Reports, Veribanc and Institutional Risk Analytics.





For over 6 years







2635 LAND PARK DRIVE • \$425,000 ED DANIELS • 204-6702



1305 42ND AVENUE • \$450,000 MEENA CHAN LEE • 837-9104



3211 EAST CURTIS DRIVE

Stunning remodeled home on Curtis Park with 3 bedrooms, 2.5 baths, 2,538sf of living space, formal living room, formal dining room, family room opening to yard with pool and spa. \$679.000

LARRY EASTERLING • 849-9431



2021 22ND STREET

Striking, unique curb presence. Midtwn's upscale Poverty Ridge, old city's highest elevation. Room size entry & grand staircase. Wood molding, floors & paneling all have striking patina, giving the entryway, stairs. \$525,000

JAMES WALKER • 607-0519



1790 7TH AVENUE

Land Park Beauty. Completely updated with excellent taste! Three bedroom & two full baths. Five Star Master Suite. Chef kitchen and large living room. Hardwood flooring throughout. \$450,000

HELEN TARASCO • 798-7679



4605 ATTAWA AVENUE

Here it is!! Cozy, well maintained Hollywood Park home. Walk to William Land Park and City College. Just 10 minutes from downtown Sacramento, large back yard. Excellent opportunity for first time buyer. \$169,000

RONALD TUTTLE • 889-2133

See all our listings at www.cookrealty.net

REAL ESTATE SCHOOL

- ★ LOW INTRODUCTORY COST
- **★** START ANYTIME
- ★ LIVE CLASSES

Call: Ed Daniels •451-6702

PROPERTY MANAGEMENT

- **★** MONTHLY CASH FLOW
- TENANT SCREENING
- MAINTENANCE

Call: Brittany Naucke• 457-4907

ADDITIONAL LISTINGS

2 RIVERSHORE COURT,

BEAUTIFUL four bedroom two bath well layed out home with 2783 Sq. Ft. and Japanese garden! \$469,000

SUSIE K. PARKER 421-3546

2170 MARKHAM WAY

This well maintained SOLD home is on picturesque marknam vyav in Curtis Park. The home has a newer roof. \$499,900

LARRY EASTERLING • 849-9431

1712 POTRERO WAY

South Land Park 1 SOLD single story three bearoom two bath best buy, Equity home! \$239.000

TREY BONETTI 768-9360

4305 Freeport Boulevard, Sacramento



www.cookrealty.net • (916) 451-6702

Does someone you love have memory loss? Someone at Primrose can help Call today

Families struggle because they see all of the losses that Alzheimer's brings.

"Dad used to be able to build anything." "Mom was world's best cook." "My husband was a math whiz – now he can't handle our bank account."

On the other hand, when the person with dementia arrives at a day program or in a care setting specifically designed for someone with memory loss, professional's accept that person where they are. They accept the fact that the person has memory loss. They see all the things the person can still do.

It's the old "glass half empty/glass half full" concept. Do you see, and celebrate, all the things that the person with dementia can still do? Can you help the person with dementia stay socially involved and active?

Our secure, gated community of 3.5 acres is situated on beautifully landscaped grounds! We provide Residential, Respite and Day Club services for people with Alzheimer's disease and related forms of memory loss.

We also offer FREE Support Groups, Monthly Seminars, Brain Exercise Classes, One on One Counseling & Much More!!!



7707 Rush River Drive Sacramento, CA 95831

LIC 347001338; 347001342

Are higher federal and California state taxes a concern?



Interested in learning more about how you may be able to reduce your portfolio's tax burden? Call or e-mail me for a no-obligation report on strategies designed to help you reduce the taxes you owe on your investments.



Joseph F. Eschleman, CIMA®

Managing Director - Investment Officer

400 Capitol Mall • Wells Fargo Center • Suite 1700 • Sacramento, CA 95814

916-491-6327 • 800-877-7783 jospeh.f.eschleman@wfadvisors.com

CA Insurance License #0C77285

Wells Fargo Advisors is not a legal or tax advisor. However, we will be glad to work with you, your accountant, tax advisor, or lawyer to help meet your financial goals.

Investment and Insurance Products: • NOT FDIC Insured • NO Bank Guarantee • MAY Lose Value

Wells Fargo Advisors, LLC. Member SIPC, is a registered broker-dealer and a separate non-bank affiliate of Wells Fargo & Company. ©Wells Fargo Advisors, LLC. 1111-2173 [80631-v1] 09/09

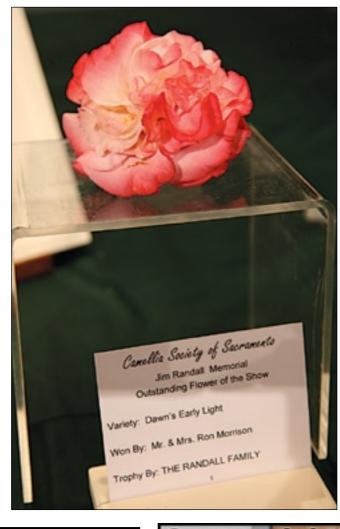
Sacramento Camellia Show showcases Capital City's official flower

Photos by STEPHEN CROWLEY Land Park News photographer stephen@valcomnews.com

Sacramento is known as the Camellia City, and for good reason. These flowers flourish here.

The Camellia Society of Sacramento held its annual show at Memorial Auditorium on March 4. A wide variety of camellias were on show. Information on how to grow these beauties was available, as well as locally grown plants and art.

The Outstanding Flower of the Show award was presented to Arlene and Ron Morrison, for their specimen, "Dawn's Early Light."



PARKSIDE COMMUNITY CHURCH

Experience the Easter Season.

APRIL 1 10:30 AM

PALM SUNDAY SERVICE

Special Easter Cantata "Who Do You Say I Am? Man of Sorrows, King of Glory, Lord of Life!" by the Chancel Choir.

APRIL 8 8-10 AM

ALL-YOU-CAN-EAT PANCAKE BREAKFAST

Youth Service Trip Fund Raiser hosted by the Men's Group.

APRIL 8 10:30 AM EASTER SUNDAY SERVICE

Come and celebrate Easter with our active and diverse, open and affirming congregation. We look forward to meeting you!

EASTER EGG & CANNED TUNA HUNT

After the service, join the fun! Canned tuna benefits the South Sacramento Interfaith Partnership's Food Closet.

No matter who you are, or where you are on lifels journey, you are welcome here.

5700 South Land Park Drive Sacramento, CA 95822 916.421.0492 www.parksideucc.org



April 5th, 7:00pm Maundy Thursday Service

> April 6th, 7:00pm Good Friday Service

Easter Sunday Services
Sunday April 8th
8:00am, Early Easter Outdoor Service
10:15am, Traditional Service

475 Florin Rd, at Gloria • 428-8449







breakfast after our Sunrise Service.

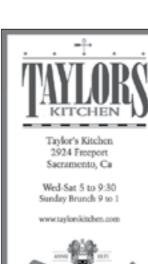
Join us for a community

After our Celebration Service the kids can join our 'People Hunt.'

It is a day for families at:
Riverside
Wesleyan Church
6449 Riverside Blvd.
Sacramento, CA 95831
(916) 391-9845
www.rwcsac.org







Duvel Beer Dinner

Tuesday, March 27th

5 course menu with 5 beers from the **Duvel Family of Breweries**

\$49 per person

For reservations 916-443-5154



Mueller Pet Medical Center Call for a tour

7625 Freeport Blvd. (corner of Freeport and Pocket/Meadowview)

Complete Veterinary Services since 1950. Open 24 hours a day for all your emergency needs.

6420 Freeport Boulevard (916) 428-9202 muellerpmc.com







Quality Service. Affordable Prices.

Personal Service Experienced Preparers Reasonable Cost



Dennis Graff Senior Partner

Diana Muller **Enrolled Agent**

Jennifer Smith Enrolled Agent

Doris Gorin Enrolled Agent

7311 Greenhaven Drive, Suite 274 Sacramento, CA 95831

393-3430

www.just-taxes.com

Art event looks to celebrate Sacramento's historic Broadway District

By CORRIE PELC Land Park News writer corrie@valcomnews.com

Ask any Sacramentan what they consider to be the biggest landmark in the Capital City and chances are many will say the historic Tower Theatre, located at the corner of Broadway and 16th Street. Built in 1938, today the theater is the symbol of the Broadway District, which is also known as the birthplace of the now-defunct music chain, Tower Records.

Community celebration

To help celebrate the history of the Tower Theatre and Broadway Corridor, photography studio and art gallery Beatnik Studios will present "Tower and the Broadway Icons" on Friday, March 30 as part of its "Final Friday Arts and Music" monthly event. Sponsored in conjunction with The Greater Broadway Partnership, the purpose of the event is to honor the Broadway District and get the surrounding community involved said Wes Davis, Beatnik Studios cofounder and board member for the Partnership.

Economic asset

'We're just trying to get the businesses and community here in Land Park more excited about art happenings and more art coming to Broadway," Davis explained. "Art has been proven to drive economic success and we're hoping to attract more artists and art and in turn attract more businesses to Broadway. There are quite a few vacant spots on the corridor and we're trying to get people interested in what's going on over here."

Art and eats

The "Tower and the Broadway Icons" event will begin with a Broadway Corridor Crawl on March 30 from 5 p.m. to 8 p.m. to spotlight local eateries including Jamie's Bar & Grill, XO Lounge, Riverside Clubhouse and Iron Steaks, as well as a sneak preview of the New Helvetia Brewery. Davis said the Crawl is free to attend and restaurants will be offering specials for attendees.

Local history

Beatnik Studios will hold a free opening reception from 6 p.m. to 9 p.m. featuring food from local eateries Slice of Broadway and Tower Cafe, with coffee by Java Lounge and a hosted bar by Arte' Por Vida Foundation. At the studio, attendees will have the chance to view historic photographs of the Broadway District from the 1920s and 1930s provided by The Center for Sacramento History, as well as original artwork inspired by the Tower

Broadway Corridor Crawl

Friday, March 30 Free admission

Art show reception from 6 p.m. to 9 p.m. at:

Beatnik Studios

Featuring food and beverages from:

- Java Lounge
- Slice of Broadway
- Tower Cafe

Broadway restaurant specials from 5 p.m. to 8 p.m. at:

- Iron Šteaks
- · Jamie's Bar & Grill
- · New Helvetia Brewery (Preview)
- Riverside Clubhouse
- XO Lounge

Live music at Beatnik Studios from 9 p.m. to 11 p.m.

Suggested donation: \$5 to \$10

- · Full Melt
- The Gins

Theater and Broadway District. Participating artists including Sacramento painter Anthony Montanino and Sacramento artist Ándy Littlefield.

Live music

Then from 9 p.m. to 11:30 p.m. live music will be provided by two bands, Full Melt and The Gins – whose band members are former Tower Records employees. There is a suggested donation of \$5 to \$10 at the door after 9 p.m. to support the musical performances.

Family fun

Like all of Beatnik Studios' "Final Friday Art and Music" line-up, "Tower and the Broadway Icons" is for all

"We encourage families to come and we love when the kids come out and get to experience artwork," Davis said. He added that their Final Friday events draw anywhere from 100 to 300 attendees.

More in store

Davis said this event is part of an effort to bring in more arts-related activities. He said The Greater Broadway Partnership is looking at future arts events, such as art competitions and even street art.

Additionally as a Broadway District business owner, Davis feels the Broadway District has great potential for growth and is starting to see a resurgence thanks to the opening of new businesses.

"I think a new feel and a new energy has come into the district and we're excited about that," he said.



AN ICON BY ANY OTHER NAME. Land Park's famous Tower Theatre meets a famous icon from the Silver Screen, in this fanciful artwork created by Greg Pond.

'We're just trying to get the businesses and community here in Land Park more excited about art happenings and more art coming to Broadway. Art has been proven to drive economic success and we're hoping to attract more artists and art and in turn attract more businesses to Broadway.'

- Wes Davis

Beatnik Studios co-founder



Kay Gaines retires from St. Francis High School after 43 years of service

Land Park News writer corrie@valcomnews.com

dynamically gifted person." "She's been my mentor for 10 years." "An impressive lady." "A remarkable woman." "Kay is St. Francis."

These are just a few of the myriad of comments by staff and alumni of St. Francis High School about Kay Gaines, who will be retiring from the school after 43 years on March 31.

"Í think it's a good time to retire - I have my health, I have my energy, so I want to move while I can still reengage," Gaines said about her upcoming retirement and move to Lewiston, Idaho at the end of March so she can be closer to her sister's family, as well as her two grown sons and two 3½ year old granddaughters currently living in Colorado.

"It will be very difficult to leave my life-long friends in Sacramento, but I'll carry wonderful memories with me," Gaines said in a letter emailed out to St. Francis High School supporters in February. "I have good health, lots of

energy and a loving family, so I'm very fortunate."

Where it all Began

Gaines began her St. Francis High School career at literally the very beginning of 1969 - she came in to interview for a part-time social studies teacher position on Jan. 2 and started the very next day. Gaines worked part-time from 1969 to 1973, then became full-time from 1974 to 1984, and later the Social Studies Department chair from the mid-70s until 1985.

Rosemarie Bertini, a 1972 graduate of St. Francis who came back in 1997 to become an Italian instructor for the school, recalls Gaines' reputation as teaching difficult, serious class-

"When you're a kid at that age, you're just going to do anything you can to not put yourself in that position, but when we got to senior year there was no way around it - Civics was Mrs. Gaines," Bertini said. "And I just thought, 'Am I going to live to see the end, because I knew it was a lot of work!"

Reflecting on her student experience, Bertini said

that although at a young age taking a class from Gaines might have been something a student would want to avoid, Gaines knew it was something her students could do. And Gaines would do what she could to keep them on track.

"În the end we were so full of accomplishment - when you left that class, you'd truly learned something and in addition you had this confidence in it," Bertini added.

Gaines herself admits she was a really tough teacher.

"I think that students can reach very high levels if you ask them to - they can learn skills, improve their own academic knowledge," she added. "We did a lot of writing in my history classes because that skill you'll take with you for the rest of your life."

St. Francis Theology Department Chair Rick Norman recalls beginning his own career at the school in 1977 when Gaines was the chair of the Social Studies Department. He said her long career has allowed her to have a real grasp of the history and vision of St. Francis as she's managed of number of transitions the school has gone through, from changes in campus location, buildings, administration and enrollment.

"She's had to weather all the transitions and she's been just incredibly graceful at guiding that school academically and administratively, and supporting just so many programs at the school," Norman said.

Also during her time as a teacher, Gaines taught the first advanced placement (AP) U.S. history course St. Francis, which is a course high school students can take for college credit. According to St. Francis AP Literature teacher Rich Weldon, the AP program Gaines started then has grown. He said of the two English AP courses the school offers, over 100 students take the junior year course, while between 60 to 80 students take the senior year course.

The AP programs, not just in English but in oth-



Photo courtesy, St. Francis High Schoo

GIFTED AND TALENTED. Kay Gaines challenged the students to reach for their full potential at St. Francis High School for 43 years. Here, she is seen carrying books to her social studies class in 1975.

er departments, have really flourished under her because she just believes they could do it and it didn't matter if it was math or chemistry - it was kind of like move over boys, here come the girls," Weldon said.

Nora Wehrenberg Anderson, 1983 alumna, recalls her first interaction with Gaines in August 1981 in her AP U.S. history class.

"Lucky for me, I learned so much more," she said in a note she recently wrote to Gaines to wish her well on her retirement. "I learned how to think critically, to write well, and about how positive role models are all around us - people like you!"

Leaving a Legacy

Gaines continued to support the AP program at St. Francis as she made the move to assistant principal in 1985, followed by becoming principal in 1998. Gaines then decided to retire from the principal position in 2004 to take on her current role as director of special projects.

Gaines said her current role is a "catch-all" phrase that covers a wide variety of unrelated things, a good portion of which are connected to the school's academic teams, many of which Gaines started during her career, including the Mock Trial, Model United Nations, and Academic Decathlon, and others she also coached, such as the school's Robotics Team.

St. Francis Director of Admission Moira O'Brien said Gaines is the reason why they have academic teams at the school. Although Gaines ran them herself for a while. she then found staff to take on each team and stick with

We were the first all-girl school to ever go to the national championship in ro-

See Era, page 21



April 1st and April 8th

Reach Over 50,000 Potential Customers who live in

Arden-Carmichael, East Sacramento, Land Park, and Pocket areas.

(Deadline: 3/23/2012)

See our last Valley Shopper at

www.valcomnews.com

(1/8 page ad)



Valley Community Newspapers

Call a Valley Shopper Representative today! (916) 429-9901

Era: Served as teacher, counselor, assistant principal, principal and director of special projects

botics, our speech team wins so many prizes," O'Brien explained. "It's all Kay's energy, she built them, and they are so successful and the girls love it."

And Norman said the building of these academic teams is what is bringing students to St. Francis to-

"For the first time we interviewed the incoming freshmen - many students now are coming to the school for academic teams," he said. "She was the one that really got all that rolling.

For 2010 graduate Amy Bush, being part of the St. Francis Debate Team is what she recalls most from her time at the school.

"Participating in debate meant a lot to me because I had spent eight years in speech therapy prior to coming to St. Francis," she recalled in a written note to Gaines. "To have St. Francis welcome me and make me feel that they were proud of me is something that has inspired me beyond measure, and still continues to."

Another program Gaines began and currently oversees is an exchange program with a sister school in Japan. The program with Nakamura Gakuen Girls High School in Fukuoka, Japan has been ongoing for 15

St. Francis 2001 graduate Jayme Hennessy recalls the exchange program and the impact it had on her education.

"That was really neat because we were able to experience a global perspective with girls our own age from another country," she recalled. "That was really something I remember a lot - especially as a high school student, it was pret-

Saying Goodbye

With the eve of her retirement upon her, Gaines reflects back on her experience at St. Francis and a comment a colleague she had taught with for 35 years said to her one morning that while driving to school one morning, he realized he had never gone to work a day in his life.

"And I said, 'Yup, I feel exactly the same," Gaines recalled. "I've never gone to work a day in my life. In 43 years I just came to play, and I think a lot of people here feel that way. We work really hard, we work really long hours because we wear so many hats, but it's just such a rewarding experience."

That constant drive has Gaines already making plans for her retirement, including involvement with the church, League of Women Voters, and schools in the



Photo courtesy, St. Francis High School

ACADEMIC TEAMS are what St. Francis High School is known for. Kay Gaines established the first AP class at the all-girls Catholic high school, and established the school's teams for Mock Trial, Model United Nations, and Academic Decathlon. She coached others, including the Robotics Team.

area, as well as taking technology courses at the local community college.

"I don't intend to sit," she laughed.

When asked what she has learned the most from her experience at St. Francis, Gaines said one thing was that she grew in her own faith as a Catholic, which has become an integral part of who she is. And she also learned respect.

"Respect for my colleagues, respect for the kids and their parents," she add-

Gaines said what she will miss the most is the com-

"This is truly a family, truly a community - people really do care about each other," she said. "I will miss living in a truly faithbased community where it just happens so naturally and people just celebrate together and pray together.

And her parting words for her St. Francis family? Be creative, be adventurous, and love each other.

"I've just had the best career that I could ever possibly have desired and in the best place," Gaines said. "I've been blessed for

Call a sales representative today for great advertising rates: 429-9901

COMPUTERS

GOT COMPUTER PROBLEMS?

ocket Computer Technician. I do on-site visits n the Pocket area. \$45/hr. Outside the Pocket area, travel charge will apply. Problem not fixed? No pay! Free estimates/consultation. Call cell# 296-7161

HANDYMAN

SPRING CLEAN-UP SPECIALS!

Pressure Washing— Concrete removal (Patio, driveways, borders, etc.) Rain gutter cleaning, power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree rimming, & more. Ref avail. Call Les at 838-1247. Specials for seniors. Licensed.

Sell your car in the classifieds!

HANDYMAN SERVICES

No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

HARDWOOD FLOORS

REFINISH OR INSTALL

Install, sand & finish hardwood flooring or refurbish your existing hardwood floors. Call Mike at (916) 383-8742. Lic#544159 Ref available

HELP WANTED

DRIVERS

Drivers: Gross \$4,100 month, 100% paid benefits, get paid weekly & take truck home! CDL-A, 2 yrs. OTR Exp. 1-888-880-5921

Call 429-9901 and place your ad

LOCAL DRIVERS NEEDED

Local Drivers Needed. Competitive Pay and Benefits. CDL-A/ T& X & TWIC Card. For infor go to Web: WilliamsTankLines.com 800-877-0213.

LANDSCAPE MAINTENANCE

GARDENING SERVICES

River City Lawn & Garden Care: maintenance rates start @ \$70/month, Residential/industrial/commercial/clean-ups. Lawn Aeration \$50 (Max 5000 sq ft) FREE estimates - (916) 247-8952 Since 1971. rwest92924@aol.com

PERFECT GIFT!

PET PORTRAITS

Realistic paintings of beloved pets. Perfect gift for animal-lovers!Reasonable prices. Submit photograph—turn around 7-10 days. Email melissa@ melissaandrews.com or call 447-4441.

Place your ad today!

BOOKKEEPING

#1 BOOKKEEPER

29 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investme Clubs, Corp. Partnerships, Sm Business, We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www. taxirene.info

> Advertise in California Kids! For more information, call Jen at (916) 429-9901

Published by Valley Community Newspapers, I A monthly publicationfull of activities, mazes ord search, party ideas, travel, and a lot mo

TAX PREPARER

#1 TAX PREPARER

29 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820, Nevada (775) 410-3422. Same low 1990 rates. www.



Call Melissa at 429-9901 and place your ad today!

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

ADDITION SPECIALIST



LIC# 480492

Certified Kitchen & Bath Remodeler

• Rain Gutter Cleaning

• Hard Water Stain Removal

Call Jesse (916) 417-4231

Award-Winning Design/Build Firm

Serving Sacramento for more than 25 years

- Additions
 - Kitchens
 - Bathrooms
 - Custom Cabinetry

Prime Quality

FREE Consultation 916-422-6639

www.lytleconstruction.com

CLEANING

PROFESSIONAL

•WINDOW CLEANING (inside/out/screens washed)

• Pressure Washing (house ext/walkways/all concrete areas)



CARPET & UPHOLSTERY CARE

Johnny on the Spot

Complete Carpet and Upholstery Care

"Our cleaning is the most thorough you have ever had, or we will clean it again free. If you are still not pleased, we will refund your money."

- I.I.C.R.C. Master Cleaner
- Carpet Repairs & Restretching
- Stain Removal Experts
- Pet Urine Removal

Visit our website at www.johnnyonthespots.com for more info, coupons and specials.

Call (916) 997-7895

CLEANING

The Cleaning Brothers 'We Treat Your Home Like It's Our Own"

Commercial & Residential Services:

- Pressure Washing
 Gutter Cleaning (Starting at \$75)
 Window Cleaning
 Solar Panel Cleaning
 Pool/Spa Draining

Free Estimates! Call Now! (916) 402-8390 www.TheCleaningBrothersCo.com

CONTRACTOR/REMODELS

THE REMODEL EXPERTS! "Building your dreams!"

(916) 372-0530

ELECTRICAL CONTRACTOR CAPITOL ELECTRIC

Reasonable Residential &

Commercial Work since 1960

Repairs, Trouble Shooting

Custom Lighting/FREE Est.

Excellent ref from Angie's List

(916) 451-2300 Cell: 213-3740

Neil McIntire - C.S.L.# 394307

Family-owned & operated; Most work done by father & sons HartiganConstruction.com

Serving Sacramento since 1995 • Licensed, Bonded & Insured • Lead Certified • Lic.# 706474

CUSTOM FENCING

Protect Your Home

- Custom fencing
- Window guards
- Security doors
- Driveway gates

Sac Sturdy Fence (916) 997-7767

Lic# 546057 ● FRFF Estin

DOOR INSTALLATION



www.MyHomeStory.com

(916) 408-6700

\$99 sale price includes 1 hollow core molded swing door installed in your existing fram painting and hardware available at an additional charge. 8 design of

do-it-yourselfers!

renovations

Kitchens & baths

• Consulting for the

Sunshine Electrical

ELECTRICAL

DESIGN/BUILD

· Additions, conversions,

Residential Specialist Security Lighting Upgrades/Remodels/Repairs **Spa Electrical** FREE Estimates/Small jobs OK

(916)344-8735 or (916)752-5308 Ca License # 633853 (Liability Insured)

YOUR AD HERE

Call today!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

FENCING

Bob Grove (916) 425-7435



Gateway-Fence.com

Fax (916) 429-1905

GLAZIER/GLASS WORK TOUCH OF GLASS

We'll beat any price! Commercial & Residential

REPAIR & INSTALLATION Replace broken windows, etching, shower doors, mirrors, patio doors

916,456,2420

www.touchofglass916.com

HANDYMAN **FREEDOM**

HANDYMAN SERVICES

Carpentry – Electrical

Sprinklers – Plumbing

specialize in all areas of Home Improver

GARDENING/LANDSCAPING

Terra Bella

GARDENING MAINTENANCE & SPRING CLEAN-UP "Not your typical mow, blow & go company!"

- Full yard maintenance One time clean-up Gutter cleaning • Tree Trimming
- Stump Grinding

Call Randy (916) 454-3430 or 802-9897

www.terrabellagarden.com · Lic# 152584

HANDYMAN

Spring Clean-up Specials!

- RAIN GUTTER CLEANING
- ROTOTILLING/& SOD PLACEMENT
- CONCRETE REMOVAL
- YARD CLEAN-UP/HAULING

PRESSURE WASHING Pressure wash your driveways clean! your decks, too!

Clean out your garage! Replace that old lawn!

Hard work ---not a problem!
SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 15 YRS*

Call LESTER

(916) 838-1247 Lic#128758/Ref



10% OFF

Spring

Drains & Mainline Quality work the first time, Guaranteed! NO JOB TOO SMALL!

Call Eric (916) 470-3488

Advertise Your Company Online!

www.valcomnews.com

Call (916) 429-9901 today for great ad rates!

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901





LANDSCAPING

CUSTOM LANDSCAPES & DESIGN

916.4<u>54</u>.1<u>30</u>0 www.smootlandscaping.com

PAINTING

SOVEREIGN PAINTING

Quality craftsmanship **3rd Generation Painter** with over 30-years experience (916) 422-4416

Dan Sovereign

Interior & Exterior Painting Lic.#484215

PAINTING

GARY'S PAINTING

CUSTOM RESIDENTIAL Interior & exterior over 20YEARS EXPERIENCE WITH PRIDE EXCELLENT REFERENCES

725-8781

Contractors Lic. # 734323 McClatchy '67

PAINTING

COOK PAINTING

Full Service Company - Start to Finish

• Custom Painting • Super clean, neat & fast • Interior/Exterior • Cabinets

Specializing in custom trim & moulding! Color Consultants • Free Estimates

(916) 591-5056 • www.cookpainting.com
In business since 1982 • CSL# 432951

PAINTING

Where • Interior/Exterior • Reasonable Rates

(Details upon consultation) (916) 380-0787

License #880049 | saris74@sbcglobal.net

PAINTING





Specializing in all types of roofing & repairs Dry rot repairs • Senior discount

(916) 731-7073

24-hour service • License #667013

TILE WORK

EXPERT INSTALLATION REMODELING & REPAIR

Ceramic • Marble • Granite Floors • Counters • Walls

33 Years Experience • FREE Estimates

916-421-9786

PLUMBING

ROONEY'S PLUMBING

FULL SERVICE PLUMBING **ROOTER SERVICE**

CALL 456-7777

rooneysplumbing.com

TREE SERVICE

Trimming, thinning, shaping & stump removal

Family Owned & Operated since 1967

#1 in customer satisfaction (916) 428-4882

(916) 689-5244 www.donandsontreeservice.com Lic# 331196

PLUMBING CONTRACTOR



Ouality

Counts

LUMBING

Licensed Plumbing Contractor Since 1973

Reasonable Residential Work Repairs • Re-Pipes • Sewers Water Heaters • Drains • Disposals Etc.

> (916) 393-2109 Cell 275-8236

CSL # 284755 • Fully Bonded & Insured

UPHOLSTERY

B & T Upholstery & Repair



Senior Discounts 1600-B Kitchner Rd., Sacto 95822 916/392-1959 • 916/995-7177

upholstery at

Land Park News Home Improvement Guide call Melissa at 429-9901 to advertise your service

CALENDAR

For more Calendar enteries visit www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

March

Bilingual Toastmasters

March 22, 29: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com,www.sacramentotoastmas-

Bingo!

March 22, 29: Enjoy a great local charity game of bingo every Thurs. night at 6:30 p.m. Benefits projects in the community. Early bird for \$5, Regular game buy-in of \$20. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 422-6666

Florin Sears Store Farmer's

March 22, 29: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

Food Addicts Anonymous

March 22, 29: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Living Positive with Chronic

March 22, 29: Meet-up group for people living with chronic disease who honor how to complain - this isn't the group for you. The group will discuss and support: best munication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danea Horn

Rotary Club of Pocket/Greenhaven

March 22, 29: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Downtown Plaza Farmer's Market

za Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac.

Disease group

important a positive mindset is. If you want practices for managing your condition, com-(503) 319-4247

March 22, 29: Sacramento Downtown Plawww.california-grown.com

Advertise Online

Have your ad seen by our daily online viewers. Fast, Easy & Affordable. Call 429.9901 for more info & rates.



VALLEY COMMUNITY NEWSPAPERS, INC. is online at www.valcomnews.com

Sutterville Heights Optimist Club

March 22, 29: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Golden Corrall, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

Ballroom Dances

March 23, 27, 30: Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.-3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

Best Friend Fridays

March 23, 30: Enjoy a fun, no-pressure, no-risk networking environment that benefits the local community non-profits. Hors d'oeuvres, wine & beer, games, raffle drawings, door prizes. Bring your best friend and make new ones. \$5 admission. Each Friday is hosted by a different non-profit group with all proceeds from the raffle donated. Garden Room and Courtyard, Sierra 2 Center, 2791 24th St., Sac. (916) 452-3005 www.sierra2.org

Kiwanis Club of East Sacramento-Midtown

March 23, 30: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m.-8 a.m. Fridays, 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

Rotary Club of Point West

March 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. DoubleTree Hotel, 2001 Point West Way., Sac. www. pointwestrotary.com

Soroptimists of Sacramento

March 23, 30: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

Country Club Plaza Farmer's Market

March 24, 31: Country Club Plaza Farmer's Market. Every Saturday, year round. 8 a.m.-noon. Watt & El Camino, Butano Dr. parking lot, Sac. www.california-grown.com

Donut Dash 4-4-4

March 24: Donut Dash. Our 4th year of 4 miles & 4 donuts 4 Child Life program at Sutter Children's Center. 8:30 a.m.-10 a.m. William Land Park, 3800 Land Park Dr., Sac. Zack Wandell (916) 802-9225 zman667@yahoo.com www.donutdash.org

Food Addicts Anonymous

March 24, 31: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Land Park Pacific Little League Opening Day Parade

March 24: Opening Day Parade for the Land Park Pacific Little League. 8 a.m.-8:30 a.m. William Land Park, 3800 Land Park Dr., Sac. Scott Filby (916) 600-4313 scott@lppll.com

Carmichael Farmer's Market

March 25: Carmichael Farmer's Market. 8 a.m.-1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneysmartusa.org

Co-Dependents Anonymous

March 25: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

March 25: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m, every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

Families Anonymous

March 25: Meet with other parents who are dealing with a daughter or son who is experiencing mental, emotional or addition problems. Meets every Sunday without fail. 3 p.m. Del Norte Swimming and Tennis Club, 3040 Beccera Way, Sac. Jane (916)

Nor Cal Big Bands Preservation Society Dance

March 25: Enjoy dancing to the sounds of the big bands of the early and mid-20th century. 1 p.m.-5 p.m. Singles and couples of all ages are welcome. Special talent at 1 p.m. Snacks at 3 p.m. Prizes at 4 p.m. Dance hosts available. Regular admission \$12, \$11 per person in groups of 10 or more and \$10 for Nor Cal Big Band Gold Card Society members. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 444-6138

State Parking Lot Farmer's Market

March 25: State Parking Lot Farmer's Market. Every Sunday, year round. 8 a.m.-noon. 8th & W streets, under Highway 50, Sac. www.california-grown.com

Sunday Support for the Widowed

March 25: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine - holidays included. 3 p.m.-5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

Walk for Thought

March 25: Sponsored by the Brain Injury Association of California. 8:30 a.m.-1:30 p.m. West Steps of the State Capitol, Sac. Dodie Newman (916) 799-9575 didienewman@gmail.com

Hatha yoga

March 26: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.-4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

Nicotine Anonymous

March 26: Nicotine Anonymous meeting. Meets every Monday, 5:30 p.m.-6:30 p.m. Westminster Presbyterian Church, 1300 N St., Sac. Brandi Bowman (916) 984-3501

Rotary Club of South Sacramento

March 26: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotarv.org.

Tai Chi & Chi Keung

March 26: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

Toastmasters

March 26: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.-8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Ann Owens (916) 601-4652 www. klassytalkers.freetoasthost.org

Rotary Club of Arden-Arcade

March 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

Rotary Club of Carmichael

March 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

- EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

Health and Wellness Fair Saturday, April 28 -10 Chinese Grace Bible Church 6656 Park Riviera Way FREE ADMISSION Tai Chi/Chi Gung

Ask-a-Doctor: Talk with health & medical professionals in internal medicine, general ordissionals in internal incucine, general ectice, pediatrics, bone marrow drive, onco ogy, pharmacology, physical therapy, & nutrition.

Screening for blood pressure & BMI

Kid Zone with free books to first 150 kids, door prizes, refreshments. go to:www.chinesegracebiblechurch.org

Friends of Jensen Botanical Garden

Spring Plant Sale Saturday, April 7th 9 a.m. to 1 p.m.

Come early for the Best selection

Charles C. Jensen Botanical Garder 8520 Fair Oaks Boulevard (between Marshall & Hollister)

For more information: Beverly Scott (916) 338-2072

Show Your Family Roots

All-day seminar hosted by Root Cellar Sacramento Genealogical Society Sat., March 31, 9 a.m. to 3:45 p.m., doors open 8:30 a.m.

Four sessions by internationally-known genealogical author, George G. Morgan Bring Them Back to Life: Developing an Ancestor Profile; Push and Pull: The Reasons for Migration; Sidestep Genealogy; & the Genealogist as CSI

Fair Oaks Presbyterian Church, 11427 Fair Oaks Blvd. Advance registration required: \$25 members; \$30 non-members; after March 12-\$35. Reg form at www.rootcellar.org. Contact Diane at rootcellarsgs@gmail.com CHAMBER MUSIC SOCIETY OF SACRAMENTO

25th YEAR OF BEAUTIFUL MUSIC!

Concerts 2012 4/15, 5/5, 6/12

cmssacto.org 443-2908

Upholstery class

March 27, 28: Learn how to upholster! All types: furniture, auto, boat. Adult ed class taught by an upholstery professional. Tuesdays, 11 a.m.–3 p.m., Wednesdays, 9 a.m.–1 p.m. \$45 for four weeks. McClaskey Adult Center, 5241 J St., Sac. Jerry Prettyman (916) 806-2172

Co-Dependents Anonymous

March 28: 12-Step group for those who struggle to maintain healthy relationships. Meets Wednesdays. 7 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

Rotary Club of East Sacramento

March 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon–1:15 p.m., every Wed. Evan's Kitchen, 855 57th St., Sac. (in the 57th St. Antique Mall) www.rotary.org

Senior Wednesday Club

March 28: The Senior Wednesday Club meets to chat, play bridge, pinochle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Judi (916) 247-6020

Toastmasters

March 28: All area business people invited to hone their speaking skills. Noon–1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

3rd annual Easter Egg Hunt for Dogs

March 31: Bring your furry friend to join Wag Hotel for their 3rd annual Easter Egg Hunt for Dogs. The dogs will be able to hunt and sniff out over 1000 eggs filled with delectable treats. Hidden among the eggs will be five special eggs containing the word "Winner" that can be redeemed for prizes including a five day pass of All Day Play at Wag Hotels. Enjoy finger foods and photo opportunities with the Easter Bunny. Exciting doggy prizes will be raffled. Easter attire is encouraged for pets! A portion of the proceeds to benefit Nor Cal Boxer Rescue. 11 a.m. to 1 p.m. \$10 donation per family. McKinley Park, 601 Alhambra Boulevard, East Sacramento. To purchase tickets, visit http://tinyurl.com/egghunt4dogs. (916) 373-0300

Easter Carnival

March 31: Greenhaven Lutheran Church and Angels Nest Early Childhood Education Center will host an Easter Carnival, rain or shine. Free to the community. 11 a.m. to 2 p.m. Featuring carnival games, bounce house, Easter Egg hunt, craft activities, refreshments and the Easter Bunny. Greenhaven Lutheran Church, 475 Florin Road (at Gloria Drive) in Sacramento. (916) 428-8449.

The Great Land Park Spring Egg Hunt

March 31: Egg hunt includes arts & crafts and an appearance by the Easter Bunny. Bring your own basket. 9:30 a.m.—11:30 a.m. Egg hunt promptly at 10:30 a.m. William Land Park, 3800 Land Park Drive, Sacramento, west of the playground. (916) 808-7004.

Orchard Park Spring Egg Hunt

March 31: Spring Egg Hunt at Orchard Park, 2936 West River Drive, Sacramento. 2 p.m. Sponsored by Councilmember Rob Fong. (916) 808-7004.

Pocket-Greenhaven Spring Egg Hunt

March 31: Spring Egg Hunt at Portugese Park, 7350 Durfee Way, Sacramento. 10 a.m. to 11 a.m. Sponsored by Councilmember Darrell Fong. (916) 808-7007

APRIL

SacTown Ten-Mile Run

April 1: 10 mile run. Entry fee \$50 until March 26. 10th St. & Capitol Mall, Sac. www.sactown10.org

POWERtalk International

April 3, 7: Want to improve your public speaking and presentation skills? POW-ERtalk International, a nonprofit public speaking organization, provides coaching in leadership skills, sales presentation, interviewing, confidence building and more. Meets First Tuesdays of the month 10 a.m.–1 p.m. and First Saturdays of the Month 12 noon–3 p.m. Aviators Restaurant, 6151 Freeport Blvd., Sac. Liz Richardson (916) 208-9163, erichardson1202@yahoo.com www.powertalkinternational.com

Best Friend Fridays

April 6, 13, 20, 27: Enjoy a fun, no-pressure, no-risk networking environment that benefits the local community non-profits. Hors d'oeuvres, wine & beer, games, raf-

fle drawings, door prizes. Bring your best friend and make new ones. \$5 admission. Each Friday is hosted by a different non-profit group with all proceeds from the raffle donated. Garden Room and Courtyard, Sierra 2 Center, 2791 24th St., Sac. (916) 452-3005 www.sierra2.org

2012 Arden Easter Egg-Stravaganza

April 7: Community Easter celebration in Arden Park. Pancake breakfast 8 a.m.–11 a.m. (\$5 per person); Carnival Games 8 a.m.–10 a.m.; Egg Hunt \$3/person, 10:30 a.m. There is a special egg in each age division. Find the special egg and win a prize. The plastic eggs filled with candy are yours to keep. 1000 La Sierra Dr., Sacramento. (916) 483-6069 www.aprpd.org

Boss Kidz Community Easter Egg Hunt

April 7: Bayside Church of South Sacramento is sponsoring this community Easter Egg Hunt. 11 a.m. to 2 p.m., Valley Hi Park, 8185 Center Parkway, South Sacramento. (916) 715-7716.

Easter Egg Hunt & Pancake Breakfast

April 7: Hop on over for a HUGE egg hunt, pancake breakfast, fun crafts and a surprise guest! Don't miss this EGG-CEL-LENT event. Breakfast is from 7 a.m. to 11 a.m. Adults \$5, children 12 and under \$3. Egg hunt is at 10 a.m. (arrive 30 min. early). Bring your own basket, ages eight years old and under, free. Egg hunt starts at 10 a.m. for all age groups. Carmichael Park, 5750 Grant Ave., Carmichael. (916) 485-5322 www.carmichaelpark.com

Fairytale Town Spring Eggstravaganza

April 7, April 8: Hop on down the bunny trail with Peter Cottontail at Fairytale Town's annual Spring Eggstravaganza. Egg hunts, puppet shows, art activities, photos with the Big Bun himself (photos cost extra). 11 a.m.-3 p.m. Egg Hunts will be held promptly at 12 noon, 1 p.m. and 2 p.m. each day. Bring a basket for collecting eggs. The Egg Hunts are separated by age groups, 3 and under, 4-6, and 7-12. Admission: \$4.50/person, ages 2 and up. Kids 1 and under free. Puppet Art Theater will perform Bunny Boot Camp in the Children's Theater. Puppet show tickets are \$2 (\$1 for members). Show times are 12:30 p.m. 1:30 p.m. and 2:30 p.m. 3901 Land Park Dr., Sac. (916) 808-7462 www. fairytaletown.org







FAITH UNITED METHODIST CHURCH

12:45pm with Easter Brunch after each service

3600 J Street (in East Sacramento)

916-452-7637 www.faithumcsacramento.org Email: faith36andj@sbcglobal.net

EASTER SUNDAY • April 8th, 2012

9:30 am Annual Easter Breakfast

11:00 am Worship Celebration of the

Resurrection of our Savior, Jesus Christ

12:15 pm Easter Fellowship Hour

5:00 pm Beginning of THE OASIS

Contemporary Worship Service

Greenhaven Lutheran Church and Angel's Nest Early Childhood Education Center's

Easter Carnival

Saturday, March 31st · 11am-2pm (rain or shine)

FEATURING:

- Carnival Games
- Craft Activities
- Bounce House
- Refreshments
- Easter Egg Hunt
- The Easter Bunny

Greenhaven Lutheran Church
475 Florin Road (at Gloria Avenue) • Sacramento, CA

For more info: (916) 428-8449 or visit us on the web at: www.greenhavenlutheran.org





IN STORE SPECIALS: 20%-30% OFF - CASH & CARRY ONLY

Relles Florist & Gifts

66 years in Sacramento with Service & Quality

2400 J Street (916) 441-1478

801 Howe Avenue (916) 920-4911

FREE PARKING • RELLESFLORIST.COM

Faces and places

Doggies, cats adopted at 'Cats and Cabernet'

Photos by STEPHEN CROWLEY Land Park News photographer stephen@valcomnews.com

Happy Tails Pet Sanctuary hosted a very successful "Cats and Cabernet" pet adoption event at the Old Sugar Mill on March

The nonprofit, no-kill animal rescue group is supported by volunteers from every neighborhood in the Sacramento area, including Land Park.

At the event, wine lovers seeking a new furry family member were able to adopt cats and dogs while sampling a variety of wines. Multiple applications to adopt Happy Tails pooches were received, so hopefully these furry friends will find "fur-ever" homes.



HEALTH and WELLNESS FAIR



APRIL 28, SATURDAY 10 am to 3 pm

FEATURING

- Ask a Doctor: Talk with health and medical professionals in internal medicine, general practice, pediatrics, pharmacology, physical therapy, and nutrition.
 - Bone Marrow Drive
- Screenings: Blood Pressure, Hearing, Body Mass Index (BMI)
 - Tai Chi/Chi Gung (Chinese Exercise)
 - Kid Zone with Free Books to First 150 Kids
 - Door Prizes Refreshments

Come have fun and exercise too! Free Admission

CHINESE GRACE BIBLE CHURCH

6656 Park Riviera Way Sacramento, CA 95831 (916) 422-4253

www.chinesegracebiblechurch.org



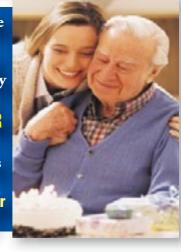


In Home Care for Seniors

Personalized & Affordable Services Available 24/7 Ranging From a Few Hours per Day to Full Live-In Service. NO MINIMUM HOUR

REQUIREMENT Bonded & Insured Caregivers

Meet & Greet to choose your Caregiver Veteran's Benefits Clinic



Light Housekeeping • Laundry • Meal Preparation Bathing • Grooming • Dressing • Incidental Transportation **Medication Reminders • Companionship**



www.Loving-Companions.com

866-312-2157 916-753-1491

Happy Tails: Adoption event a success

Continued from page 26









Got News?

E-mail Susan Laird at, susan@valcomnews.com



Bliss Gonsalves Landscape Designer

(916) 849-8194

Bachelor of Science Landscape Architecture

> Complimentary Initial Consultation



Location, Location, Location

Pioneer House is located conveniently close to shopping, cultural events, and medical services. The Crocker Art Museum, Downtown Plaza Shopping Mall, Old Sacramento, Farmers Markets and much more are all within walking distance.

For more than 40 years seniors have decided that Pioneer House offers the best value in Senior Living.



Relax Without Worries...

- Enjoy meals in our restaurant style dining room
- Many social and recreational activities
- Complimentary scheduled transportation
- . Secure setting with 24 hour staff
- Emergency Call Systems, Housekeeping, Laundry

Studio's, 1 bedrooms, 2 Bedrooms Available

Call to schedule a tour today!

916-442-4906 or e-mail us at pioneerhouse@rhf.org

Retirement Living · Assisted Living · Skilled Nursing



Pioneer House, 415 P Street Sacramento, CA 95814 (916) 442-4906 www.PioneerHouseRetirement.org RCFE# 340300522



Get Your Local News NOW! →

Subscribe online for fast news updates. All you need is an e-mail. (Located on lower right side of webpage)

SUBSCRIBE FOR E-MAIL ALERTS

Sign up to receive the latest local news and regional updates from Valley Community Newspaperal

Enter your email address:

Subscribe

Delivered by Feedburner

VALLEY COMMUNITY NEWSPAPERS, INC. is online at

www.valcomnews.com

Because the word

SOLD

has such a great ring to it.



Beautifully Maintained Duplex 2 Bed, 2 Bath, Single Story & 2 Bed, 1 Bath, Two Story \$519,000



Paula Swayne
Realtor
(916) 425-9715
www.PaulaSwayne.com
DRE# 01188158



Kellie Swayne

Realtor
(916) 206-1458
www.KellieSwayne.com
DRE# 01727664

DUNNIGA N Realtors



Every week, all 50 of our agents tour new Dunnigan listings as a group. We have been doing this for years. It's about sharing information, and it's about harnessing the power of our entire agency to sell your home.

In an age of increased competition among agents, this kind of team approach is one of the reasons why Dunnigan is a different kind of Realtor.

for current home listings, please visit: DUNNIGANREALTORS.COM

916.484.2030 916.454.5753





