

Community 'Shred Day' is April 28

See page 5

New American Poultry history

See page 6

COMMUNITY CALENDAR, PAGE 24 • KNOW YOUR NEIGHBORHOOD, PAGE 19 • FACES AND PLACES, PAGE 21

Inside This Edition



William Land Park Spring Egg Hunt

See page 21



New film documents 'bullying'

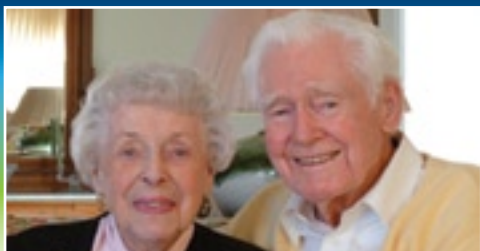
See page 9



Play ball!

Land Park Pacific Little League celebrates Opening Day

See page 20



Welcome Home

Eskaton Monroe Lodge offers independent living in a tranquil, country-like retreat with all the city advantages.

Services include regular maintenance, housekeeping, bed linen services and complimentary scheduled transportation.

Call today for a tour!

ESKATON MONROE LODGE

Independent Living with Services

3225 Freepoint Blvd. | Sacramento

916-441-1015

www.eskaton.org



ESKATON
Transforming the Aging Experience



THE LAND PARK NEWS

WWW.VALCOMNEWS.COM

E-mail stories & photos to: vcnnews@valcomnews.com

Vol. XXI • No. 7

The Land Park News is published on the second and fourth Thursdays of the month and delivered by mail and home delivery in the area bounded by Broadway to the north, Interstate 5 on the west, Florin Road on the south and Freeport Boulevard/21st Street on the east.

2709 Riverside Blvd.
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

Publisher..... George Macko
General Manager..... Kathleen Egan
Editor..... Susan Laird
Art Director..... John Ochoa
Junior Designer..... Ryan Vuong
Advertising Executives... Linda Pohl, Patty Colmer, Melissa Andrews
Distribution/Subscriptions..... George Macko

Cover photo by:
Stephen Crowley

Other photos
Stephen Crowley
Courtesy

\$30 a year subscription



Butchering 101 Grilling Tips and Ideas

featuring the
"Grill Men" of Taylor's

Taylor's Kitchen
2924 Freeport
Sacramento, Ca

Wed-Sat 5 to 9:30
Sunday Brunch 9 to 1

www.tayloriskitchen.com



Taylor's Kitchen - Saturday April 21st 10AM

Taylor's Butcher Paul Carras,
Taylor's Kitchen Chef Richard Telford
and Sous Chef Bob Safford are
presenting this class covering the
selection of meats, grilling techniques,
and ideas for Spring Grilling.

\$40 per person
A light lunch will be served.
Tickets can be purchased at
www.taylorismarket.com

**Please
Recycle
this Paper,
Thank You!**



COMSTOCK MORTGAGE Local Mortgage Bankers



**DO YOU OWE MORE THAN
YOUR HOME IS WORTH...**

...and want to take advantage of
the historically low interest rates?

**HARP Program details will
be released in March 2012!**

Call to see if you are eligible today!

Scott Filby
Senior Loan Consultant
916-732-4333 direct
916-600-4313 cell
sfilby@comstockmortgage.com

*If anyone you know is purchasing
a home, please have them
CALL SCOTT TODAY!*

4211 Freeport Blvd., Sacramento CA 95822

www.comstockmortgage.com | CA DRE Lic. #0098377 | NMLS ID #312773 | SAC 1ST MORTGAGE DBA COMSTOCK MORTGAGE

BUYING OR SELLING

Hess Gets You HOME



JOSH HESS, REALTOR®
916.716.1627

Josh.Hess@cbnorcal.com

JoshHessSold.com

DRE# 01891493



LAND PARK GOLD & SILVER

State of the Art Jewelry Repair and Metal Diagnostics

A Family Shop

LIC# 34041416



Sell your gold with confidence

**Jewelry
Rare Coins**

**UNWANTED BROKEN
GOLD OR SILVER?**

Turn It Into Cash!

We Buy and Sell Gold, Silver, Jewelry, Coins
Call for Today's Rates on Scrap Gold 916.457.2767

Buying 7 Days a Week: M-F 9-6pm, Sat 9-5pm, Sun 10-4pm

Watch Batteries

\$5.00 + Tax

Installed, NO LIMIT!
(Some Restrictions Apply) Expires 4/30/12 LP

5100 Freeport Blvd

(corner of Arica Way & Freeport Blvd.)

916.457.2767

Ring Down-Size

\$15.00

Most Rings
(Some Restrictions Apply) Expires 4/30/12 LP

Ring Up-Size

\$35.00

Most Rings. Up to 2 Sizes
(Some Restrictions Apply) Expires 4/30/12 LP



Sacramento Public Library presents

Día de los niños/Día de los libros

A multicultural celebration of kids,
books and the gift of reading.

April 11 through May 5, 2012

Visit saclibrary.org to see all of the Día events.

Sacramento Public Library

Feature Program
**Jose-Luis
Orozco**

Sunday, April 29, 2 pm



Sing, dance,
clap and
laugh together
at this musical
experience
filled with fun
for the entire
family.

Tsakopoulos Library Galleria
Central Library

828 I Street, Sacramento

saclibrary.org

CELEBRATING OVER 30 YEARS AS THE LEADER IN HOLISTIC PET NUTRITION

SOLID GOLD HEALTH PRODUCTS FOR PETS

Dry Foods • Canned Foods • Biscuits & Treats
Supplements • Health & Coat Care

FREE HOME DELIVERY
www.mustlovepetfood.com



FREE 12oz. Bottle of Flaxseed Oil
with purchase of any 33lb. bag of
Solid Gold dog food.

Must Love Pets
916-706-0338

GOLDEN STATE JEWELERS, INC.

The Sacramento Gold Exchange
Serving the Sacramento region for over 30 years

WE BUY GOLD

- All diamonds, colored gemstones, rings and wedding sets up to **60% OFF!**
- Gold Chains starting at \$59.95
- Silver Chains starting at \$9.95
- Custom Design
- Diamond Settings
- Jewelry Repair

All Jewelry Repair 5% Lower Than Any Written Advertised Price

Watch Batteries ONLY
\$4.98

One per coupon installed most watches.
Not valid with other offers. Expires 4-30-12 PN



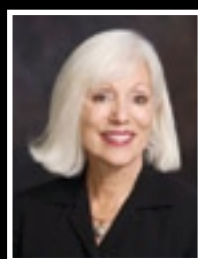
(916) 421-5284

996 FLORIN RD.

AT GREENHAVEN DRIVE
LAKECREST VILLAGE SHOPPING CENTER

HIGHEST QUALITY • LOWEST PRICE

PRICES GOOD THROUGH APRIL 30, 2012



Sue Olson & Teresa Olson

916-601-8834
DRE# 00784986

916-494-1452
DRE# 01880615



Call for a Complimentary Market Evaluation of Your Property Or for Assistance in Purchasing a Home.

landparkhomes.com



LAND PARK

Two bedroom charmer close to City College. Formal living room with fireplace, formal dining area, updated kitchen, hardwood floors, laundry area, corner lot, cute backyard with large patio, bonus storage room behind garage. 2280 11th Avenue. \$275,000



LAND PARK

Classic two story Old Land Park Beauty in College Tract! Five bedrooms, 4 bathrooms, spacious foyer, exquisitely remodeled kitchen with Tuscan granite countertops and large island. Formal living and dining room with lovely fireplace. Panoramic views to beautiful backyard, pool, portable spa, cabana house and built in barbecue. 3620 19th Street. \$999,000



LAND PARK

Charming one of a kind cottage. Open beamed ceilings in living room and kitchen. Lovely updated kitchen, hardwood floors, two large bedrooms, remodeled bathroom plus 1/2 bath. Inside laundry, french doors from dining area and one bedroom to lovely private garden and patio. Two car garage and breezeway from rear door to garage. 1101 10th Avenue.



LAND PARK

Original Land Park Charmer. Two bedrooms, beautiful mahogany inlay in hardwood floor, arched entries to dining room and breakfast nook, open space in kitchen, separate laundry room, whole house fan, raised flower beds in backyard. 1816 Commercial Way. \$320,000



LAND PARK

Lovely three bedroom two bath home, great curb appeal, lovely landscaping and entry, bamboo flooring, beautiful details throughout, spacious living and dining rooms open to kitchen, sile stone counters, custom cabinets, artistic glass backsplash, stainless steel appliances, master suite with cathedral ceilings. 3321 23rd Street \$409,000



LAND PARK

Lovely brick tudor with unique turret entry, front courtyard, three bedrooms and two remodeled baths, living room with vaulted and beamed ceiling and fireplace, step down formal dining room, updated kitchen with granite counters & stainless steel appliances, built-in pool and spa and bonus bedroom behind garage with opened beamed ceiling. 1560 11th Avenue. \$665,000

WWW.VALCOMNEWS.COM



GREENHAVEN

SOCCER REGISTRATION

Please Note: Early Bird Registration is available by MAIL ONLY until May 2nd. Save \$10 per player and avoid the lines! For instructions and to download forms, go to www.greenhavensoccer.com.

Registration Night

When: Thursday, May 3, 2012, 6:30 PM – 8:30 PM

Where: John F. Kennedy High School Cafeteria, 6715 Gloria Dr.

What to Bring – ALL PLAYERS NEED:

- One check made out to GHSC for registration & volunteer fees
- Birth Certificate (government-issued) - for all players that did not play with GHSC in 2011 as well as any new players
- A recent picture 1"x1" square – no hats/sunglasses (similar to a driver's license photo); picture not needed for U-6

Fees: U6: \$70 (does not include referee fees)

U8-U10: \$105 (does not include referee fees)

U12-U19: \$120 (includes referee fees)

Uniform use is included in the cost!

There is also a volunteer fee of \$40 (non-refundable donation) or \$60 (refundable upon completion of volunteer service) per family. Please see the website for more details. www.greenhavensoccer.com



Sacramento URGENT CARE



Sacramento Urgent Care is a walk-in medical clinic established by a group of emergency-trained Physicians with years of experience providing a full range of medical care. Our Mission is to provide quality health care, and a consistently high level of customer service that exceeds expectations and demonstrates a sincere concern for you. We are conveniently located at the corner of Florin Road and South Land Park Drive, just off I-5 and minutes from Downtown, Midtown, East Sacramento, West Sacramento, Davis, Natomas, Elk Grove, Meadowview, and the Land Park & Pocket areas.

At Sacramento Urgent Care you will always be seen by a doctor.
Most Insurances Accepted - Se Habla Espanol

OUR SERVICES

Immunizations, Tdap Boosters, Flu & Allergy Shots • Flu, Coughs Sore Throats & Ear Aches • Sports, Employment, D.O.T. & Immigration Physicals • Workman's Comp & Occupational Medicine • Weight Management & Weight Loss Clinic • Fractures, Sprains & Dislocations • Cuts, Burns & Stitches • Asthma, COPD & Breathing Treatments • Women's Health • Drug, STD, HIV, Pregnancy, Diabetes, Cholesterol & Tb Testing • Ear Wax Removal • In-Grown Toenails

OUR FACILITIES

On-site X-ray & EKG • On-site Lab • Six Exam Rooms • Trauma Bay and Procedures Room • Comfortable Waiting Room • Plenty of Free Parking

7200 S. Land Park Drive, Ste. 100 • Sacramento, CA 95831
(916) 422-9110 • www.sacurgentcare.com

Open 9 AM to 9 PM • 365 Days a Year • No Appointments Needed

\$15 OFF
Office visit for new cash paying patients
Expires 5-31-12

"Why Do They Keep Coming to this Doctor?..."

(Who admits to curing no one)

Dear friend,

I've got to tell you something that I've never said out loud.

But, what I'm going to tell you makes so much sense that you'll probably get mad that no one has told you this before.

I've been a doctor in this town for 12 years now. And, to this day I've never cured anyone. You may think that the word would get around and that no one would come to me anymore. The opposite is true. The more people who understand, the more people come to see me.

Several times a day patients thank me for helping them with their health problems. But I can't really take the credit. I've never healed anyone of anything. What I do is perform a specific spinal adjustment to remove nerve pressure, and the body responds by healing itself! And, we get terrific results! That's why our office is filled with people that haven't found help anywhere else.

Let me tell you a little about myself before I tell you about a terrific offer I have for you.

Twenty seven years ago something happened to me that changed my life forever. When I was eleven years old, I fell ten feet out of garage rafters. I crashed on my back onto a table with my left leg dangling off the edge! Ten years of horrible back pain that increased to leg pain, groin pain and leg numbness was scary. I was a student athlete for Sacramento City College (baseball), when the pain in my back and legs got so intense that I couldn't stand up straight, sit down, bend, or even put on my socks or under-

wear. I was scared with the thought that I would never get better. I was also concerned of losing my scholarship to the University of Tennessee. After considering injections and surgery (that was the only option according to the surgeon) I decided against it. But, there is more...



A coach of mine convinced me to give his doctor a try. This new doctor took a history, did an exam, and took X-rays of my spine. He then pointed out where my nerve was pinched by my spine and he "adjusted" the vertebrae. The adjustment didn't hurt, it actually felt good. I got instant relief, and shortly thereafter, I could sit, stand, bend, and even play baseball again! Oh, did I mention that this doctor was a chiropractor? This experience made such a remarkable difference in my life that I went to chiropractic school. And that's how it happened!

I adjusted my three children within hours of their birth. They obviously didn't complain of neck or back pain; I adjusted them to keep their spines in alignment so there were no pinched nerves to cause problems or pains... as with all the children I care for in my office.

For the last 12 years, people from Sacramento and the surrounding area have come to see me with their back and leg problems.

They also come to me with their:

- Headaches
- Migraines
- Chronic pain
- Neck Pain
- TMJ
- Shoulder/arm pain
- Whiplash from car accidents
- Backaches
- Numbness in limbs
- Athletic injuries
- And general wellness *just to name a few...*

Here's what some of your neighbors had to say:

"After getting knocked down by waves all day at the beach, I was in serious pain. As weeks turned to months, the pain got nothing but worse... and running down my thigh. I could barely walk and my wife had to tie my shoes for me. Their idea (my M.D.) of pain relief was to put me on anti-depressants. I have Dr. Espinosa and his courteous and supportive office staff to thank for bringing me back to normal and giving me my life back, not only for me, but for my wife and two children."

W. Chandler-Sac.

"When my daughter (Molly) was born we discovered she had some neck issues (head stuck in rotation). She went from painful cries to big smiles and giggles... and began straightening her head and enjoying adjustments. There is no other person I would trust more with me or my family's health than Dr. Espinosa. **K. Groves- Sac.**

Exciting Offer- Look, I know you're smart. You want to get to the cause of your problem, and not just cover it up with drugs. When you are one of the first 20 people to call and schedule a new patient exam (by April 27th) you'll receive that entire exam for **\$37.**

That's a consultation with the doctor, examination and x-rays...the whole ball of wax, and there are no hidden fees. But, call right away because we expect to be flooded with calls as this exam normally costs \$266. Again, there's only 20 of these slots, so don't miss out (by law, this offer excludes Medicare/Medicaid beneficiaries).

Great care at a great fee... Please, I hope that there's no misunderstanding about **quality of care** just because I have a lower exam fee. You'll get great care at a great fee. My qualifications...I am a graduate of Palmer College of Chiropractic, I've been entrusted to take care of tiny babies to 101 year olds as well as professional athletes that you may know. I've been helping your neighbors in Sacramento since 2000. I just have that low exam fee to help more people who need care.

My assistants are Kari and Pam. They are really great people. Our office is both friendly and warm and we try our best to make you feel at home. We have a wonderful service, at an exceptional fee. Our office is called **ESPINOSA FAMILY CHIROPRACTIC** located at 3330 Folsom Blvd. in East Sacramento (we are across the street from the 33rd Street Bistro). Our phone number is **(916) 457-8825**. Call Kari or Pam today for an appointment. We can help you. Thank you and God Bless.

-Ray Espinosa, D.C.

P.S. When accompanied by the first, I am also offering the second family member this same examination for only **\$17.**

P.P.S. Of course, all people respond differently to care.

Cook Realty to host community 'Shred Party' April 28

By SALLY KING
Land Park News writer
sally@valcomnews.com

Spring is here, tax time will soon be over and it is time to clean house!

On Saturday, April 28, Cook Realty is offering to shred your confidential documents at no charge. The event will be held from 10 a.m. to 2 p.m. at located at Cook's headquarters, at 4305 Freepoint Boulevard in Sacramento.

This is Cook Realty's fifth year of providing free paper shredding to the community. No appointment is necessary and there will be volunteers to assist in carrying heavy boxes.

Meena Chan, a member of Cook Realty for over 20 years, organizes this event. She says members of the community are encouraged to bring as many boxes of old documents as they want to dispose of.

"You don't want to be a victim of identity theft," Chan said. "Papers with personal information should always be shredded, not left stacked up in a garage or attic."

The realty sponsors this event twice a year. Once right before the holiday season begins in the fall and again right after tax season in the spring.

Cook Realty uses Rapid Information Destruction Services (RIDS) of Sacramento for shredding. RIDS brings a huge truck to the Cook Realty office and there is a large screen where folks can watch their papers being shredded.

"This shredder can actually shred a bowling ball," Chan said. "Don't worry about removing staples or removing the papers from binders. It shreds everything."

Computer disks, drives and old floppy disks can be shredded too. If folks don't want to take their papers out of the boxes they are stored in, it's not a problem – the whole box of papers gets dumped into the shredder.

According to RIDS, their "state of the art" high tech, high capacity mobile shredding unit has a shred rate in excess of 6,000 pounds per hour, which is equivalent to 200 standard boxes.

Chan remembers, with some humor, a man showing up last year with only a small cassette. He said "There is very important information on here." Then threw the cassette into the shredder, watched it get shredded and walked off.

Chan said people have a tendency to let their papers pile up. That is not good for several reasons. The most important reason is keeping personal information away from identity thieves. Also, too much paper piled up attracts bugs. And the paper can become a fire hazard.

Chan emphasized this is a free event to benefit the community. If anyone would like to make a freewill offering for the shredding service, however, there will be a donations box out front. Donations will go to the Cook Realty Charitable Foundation. The money received is given to various organizations such as local schools, WEAVE and the Sacramento Children's Home.

So, clean off those shelves. Gather up those piles of dusty papers and binders... and get ready to shred!



Photo courtesy, All Saints Episcopal Church
THE SACRAMENTO CHILDREN'S CHORUS will perform a special concert at All Saints Episcopal Church on Sunday, April 29.

Sacramento Children's Chorus to perform at All Saints Episcopal

Special to Land Park News

The Sacramento Children's Chorus, directed by Lynn Stevens, will perform in a 45 minute concert following the Evensong service at All Saints Episcopal Church on Sunday, April 29 at 4 p.m. Evensong will be sung by the All Saints Augmented Choir, directed by Scott Nelson.

A free-will offering will be collected. Child care is provided. Overflow parking is available at Sacramento City College across the street. Reception to follow.

All Saints Episcopal Church is located at 2076 Sutterville Road in Sacramento.

Soul Kneads Bodywork

Jenny Henderson,
Certified Massage Therapist

\$49 one hour special
new clients only, expires 4/30/12



(714) 915-0462 · soulkneads.com



"Wendi's expertise in staging and pricing helped us quickly sell our home for top dollar."



Exquisite Land Park
Stunning Land Park home with over 3400 square feet of living space! This exquisite home has 4 bedrooms and 2.5 baths, a living room with fireplace, spacious family room and bonus room for the perfect "man cave" or teenage hangout. This property is perfectly equipped with the amenities you want including an office/den, inside laundry, tankless water heater, dual pane windows, tons of closet space and a lush yard for summer entertaining. Walk to Tower Theater or the Sacramento Zoo and yes, you can have it all....
2832 Land Park Drive \$789,900

Wendi REINL 916.206.8709 WendiReinl.com
DRE# 01314052

new balance

BECK'S SHOE EMPORIUM

Clarks

Sacramento
5663 Stockton Blvd.
@ the intersection of Fruitridge & Stockton Blvd.
(916) 453-1719

BeckShoes.com

\$12 BECK'S BUCKS

Expiration Date 4/30/12 PN

BIRKENSTOCK

new balance

Historic poultry processing business relocates after 56 years in Land Park area

By LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

After operating in the Land Park area for more than a half a century, New American Poultry Co. has found a new home.

Formerly conducting its business at 519 Broadway, this retail and wholesale business is now located at 8612 Younger Creek Drive, just north of Elder Creek Road, near Florin-Perkins Road.

New American Poultry has been a dedicated distrib-

utor and favorite food shopping destination for many locals since it first operated at 6th Street and Broadway in 1955.

By a mere coincidence only, prior to its recent relocation, the business sat just east of News10, which also began in 1955, when it debuted on the air as KBET Channel 10.



Land Park News photo, Lance Armstrong
AROUND SINCE THE EARLY 20TH CENTURY, New American Poultry Co. operated at 6th Street and Broadway for more than a half a century. The business recently relocated to 8612 Younger Road in Sacramento.

Vintage sign

Although not everyone in the community had patronized this Land Park area business, for its sign alone, it has for many years drawn attention from commuters traveling along the western end of Broadway.

Hanging on the front of the building is the large, faded New American Poultry Co. sign, which includes an image of a rooster.

Like the neighboring Quick Lunch restaurant sign at 513 Broadway and the Joe Marty's sign further east on Broadway on the Tower Theatre building, the New American Poultry sign was once an operating neon sign.

These signs have withstood the test of time and have some obvious similarities and differences.

One of the very notable differences of the New American Poultry sign, when compared to the other two signs, is that it represents a business that remains in operation today.

New American

An inquisitive-minded person might ask, "What exactly does the term, 'New American,' mean in relation to this poultry business?"

Another person with knowledge that the business has had a long history of Chinese proprietors might ask, "Does the business's name relate to its original owners being born in China and later becoming new Americans?"

In actuality, the story behind the naming of New American Poultry is quite simple.

Prior to New American Poultry's opening on Broadway, the business operated as American Poultry Co. for about a quarter century at 1208 5th St., where part of Macy's department store in the Westfield Downtown Plaza is presently located.

After moving from its original site to its then-new Broadway location, the busi-

ness simply added the word, "New," to its name.

It is unclear whether American Poultry Co. first opened in its original location in 1929 or 1930.

The first reference to the existence of the address, 1208 5th St., in a city directory appears in the 1928 directory. The listing recognized the location as being "vacant."

The following year's directory refers to 1208 5th St. as being occupied by "oriental."

It was not until 1930 that American Poultry Co. was referred to by name in a city directory.

The 1929 directory lists a poultry dealer, named F. Ogawa, as residing in living quarters above 1208 5th St.

It could be speculated that Ogawa was the first owner of American Poultry and was living above his or her business.

The 1930 directory clearly recognizes Mrs. Thea Smith as American Poultry's owner. She also resided above 1208 5th St.

Japanese-American

The year 1931 marked the beginning of American Poultry's longtime operation as a Japanese-American-owned business.

It was in that year that the establishment began to be run by R. Imaseki of 2106 3rd St. and Novichi Oshika, who resided with his wife, Misao, at 220 V St.

In 1934, American Poultry acquired two other owners, Chuicho Sugimura, who

Cremation...
A choice this personal deserves talking to the right person.

If you've decided on cremation, you probably have a multitude of questions: "Can I have a service?... A viewing?... What about coss?" These questions are easily answered, but only if you know who to ask.

We're available anytime to answer any questions, big or small. Feel free to call us... you'll be glad you did.

(916) 732-2000
5 Northern California Locations
Visit our website for nearest location.
EastLawn.com

EAST LAWN

Optimizing Your Pension Plan Benefits Lunch & Learn

Whether you're getting ready to retire or just want to learn more about your pension and retirement options, find out how you can increase your pension benefits and reward yourself in retirement!

Esther Aw, CLTC, and Mark J. Pratt, CLTC, invite you to join them for an informational seminar to learn how you can get the most from your pension plan and still provide income for your spouse or dependent.

Wednesday, April 25, 2012
Noon to 1:00 pm
Bank of California Center
770 L Street, Suite 950, Downtown Sacramento

RSVP to Ruth at 916-646-0310 or ruth@estheraw.com.
Lunch will be provided so please specify turkey, ham or vegetarian.

Watch for more educational workshops coming soon!

Mark J. Pratt, CLTC
CA Insurance License # 0669221
Pratt Financial & Insurance Services
430 F Street, Suite G
Davis, CA 95616
(530) 753-4195
Mark@prattfinancial.com

Esther Aw, CLTC
CA Insurance License # OC15780
EMA Financial & Insurance Services
8110 Pocket Road, Suite 101
Sacramento, CA 95831
(916) 646-0310
Esther@estheraw.com

This is an informational and sales presentation. Neither New York Life nor its agents provide tax, legal or accounting advice. Please consult your own professional for tax, legal and accounting advice.

Freeport

Bar & Grill

Our business hours are
Monday through Thursday 11am - 10pm
Friday 11am - 1:30am • Friday Nights Karaoke 9pm - 1:30am
Saturday and Sunday 10am - 10pm

Open for breakfast Saturday and Sunday
Happy Hour Monday - Friday 4 - 7pm • Serving food all day

Call for reservations: 916-665-1169
Patio seating available

8259 Freeport Blvd., Sacramento, CA 95832

Serving fresh steaks, chicken, seafood, pastas, and burgers.

www.freeportbarandgrill.com

See Poultry, page 7

Poultry: Original Japanese owners were interned during World War II

Continued from page 6

resided with his wife, Asa, at 513 Q St., and Yoshio Shibata, who lived at 1324 6th St. with his wife, Miyoko.

Howard M. Imaseki, who resided with his wife Yuri at 2104 4th St., joined his father in the business's partnership in about 1938.

American Poultry's success was evident, considering that the business added a second location at 430 L St. in 1940.

Two years later, however, the 5th Street location of the business was closed.

Japanese internment

And during the same year, after the Japanese attack on Pearl Harbor, the business's owners were relocated from their homes to the Tule Lake internment camp.

Research for this article resulted in no references to American Poultry in 1943.

In 1944, according to that year's Sacramento telephone book, the business was once again operating at its old 5th Street site.

Chinese-American

The 1945 city directory recognizes American Poultry as a Chinese-American-owned business. The owners at the time were Bing C. Louie (1910-1998) of 413 N St. and Howe Lee.

By 1947, Bing was living with his wife, Sue, at 1616 8th St., Apt #3, and D. Y. Yee also held an interest in the company.

Under the ownership of Bing, Lee H. Yee and Sing Lee, the business relocated to its aforementioned 6th and Broadway site in 1955, and, as noted, became known as New American Poultry.

Other owners of New American Poultry at various

times have included Sue, Leon, George S. and Wing Louie, Moon Hep Ng, and Shue Chong and Thomas J. Lee.

The business has been owned by Chinese immigrant Harry Cheung since Feb. 1, 2001.

Relocation

Harry said that the relocation of New American Poultry occurred due to the landlord's refusal to either extend the lease or sell the business to him.

He added, however, that he is very pleased with the new location.

"(Without the move), people would lose their jobs and there would be no more poultry plant," Harry said. "We're the only poultry plant under USDA in Sacramento that slaughters live chickens. So, to close New American Poultry would have been a big loss for the community."

Considering that New American Poultry expanded from a working space of about 3,000 square feet to about a 12,000-square-foot facility and added entirely new poultry processing equipment, it is obvious that the business plans to be in operation for many more years.

Superior products

Harry's son, Andrew, said that when cooked, New American Poultry's fresh chicken has a superior taste to other chicken available on the market.

"If you're tired of getting the sort of generic-tasting poultry that you get from the grocery store or wherever, or if you're just looking to try something new, you should come to New American Poultry," Andrew said. "Try a pullet, try a red chicken. It de-



LARGER FACILITY. This large evisceration room is among the seven rooms at New American Poultry Co.'s new location.

pend on what you are using it for, but try our poultry and see if you like the difference. The first time you have it, it's like night and day, and we're pretty confident that you won't go back to the same old grocery store poultry that you've been used to."

Eggs...and alligator

Although chickens are the only animals that are slaughtered at New American Poultry, the business also sells fresh roosters, ducks, rabbits, quail and squabs, and frozen alligator meat. Fresh eggs are also sold on site.

New American Poultry is open Mondays through Saturdays from 9 a.m. to 5 p.m.

For additional information, call (916) 441-1466.

<h2>FUNERAL DIRECTORY</h2> <p>Call Patty at (916) 429-9901 www.valcomnews.com</p>	
<p>EAST LAWN FD136 ANDREWS & GREILICH MORTUARY 3939 Fruitridge Road Sacramento, CA 95820 <i>"Ready to provide guidance at a difficult time."</i> 916-732-2026</p>	<p>EAST LAWN EAST LAWN MEMORIAL PARK 4300 Folsom Blvd. Sacramento, CA 95819 916-732-2000 FD1242 <i>"Embracing a unique commitment to Sacramento and its people"</i></p>
<p>EAST LAWN ELK GROVE MEMORIAL PARK AND MORTUARY FD1455 9189 East Stockton Blvd. Elk Grove, CA 95624 916-732-2031</p>	<p>GEORGE L. KLUMPP CHAPEL OF FLOWERS FD 360 2691 Riverside Boulevard Sacramento, CA 95818 Phone: (916) 443-7917 Fax: (916) 443-7931 <i>Family owned and operated since 1921</i></p>
<p>Harry A. Nauman & Son Dignity FD366 4041 Freeport Blvd Sacramento, CA 95822 (916) 452-6157 Serving Sacramento Families since 1903. Pre-arrangement packages available.</p>	<p>LIND BROTHERS FD 1141 A Local Family-Owned Funeral Home Serving Sacramento Since 1964 916.482.8080</p>
<p>SIERRA HILLS MEMORIAL PARK AND EAST LAWN MORTUARY 5757 Greenback Lane Sacramento, CA 95841 916-732-2020 • 916-331-9800 <i>"Knowing that professional guidance is always by your side"</i> FD1242</p>	<p>Call Patty Today  916-492-9901</p>

RESERVE YOUR SPACE IN THE UPCOMING

California Kids!

CALL (916) 429-9901 TODAY!



Skiing with Dan Petrocchi



By **MARTY RELLES**
Land Park News columnist
marty@valcomnews.com

Growing up on Janey Way, we played sports almost daily.

In the spring, we played sand lot baseball. In the summer, we played basketball at St. Mary's School, and in fall, we played football on the street in front of our house. Then, when we grew into the teen years, our interests began to expand.

In the early sixties, I watched the Winter Olympics and was taken by the skiers flying downhill at speeds exceeding 70 miles per hour.

I had to try that.

I told Dad that I wanted to learn how to ski, and sure enough on Christmas day, as if by magic, a pair of skis and poles appeared under the Christmas tree. Later the next week, Dad took me to buy ski boots.

I was ready to rumble.

Sadly, Dad had neither the time nor the money to take me skiing. I had to find a way to explore my passion.

It came to me in an instant.

My friend Dan Petrocchi went skiing regularly. So, I asked him to take me skiing with him. Dan said, "Sure, Marty."

A few weeks later, on a crisp, but sunny day, we set off for the slopes.

I rose early that morning, eager with anticipation, made a lunch, collected my gear and headed four houses down the street to Dan's house. There, he fastened my skis onto his ski rack, placed my gear in the trunk and off we went.

Two hours later, we arrived at the Heavenly Valley Ski Resort in South Lake Tahoe. There, we exited the car, grabbed our gear and headed for the slope. After buying our ski passes, we went up the hill on a gondola. As we ascended the hill, I looked down at the face of the mountain below us.

It looked ominous.

I hoped we weren't skiing there.

Up at the top, Dan checked our lunches and spare gear into a locker and off we went.

I had never skied before. Dan was an expert. He showed me the basics: how to stop, how to turn, and how to get back up when you fell. Then we headed off to the lift.

Dan, explained, "When the chair comes around, reach one arm back to catch it, then sit gently down."

I followed his instructions and all went well.

At the top, as we hit the drop off point, he said, "Now stand up and ski down the little hill."

Again, all went well.

Dan set off on an easy trail and I followed him down the hill.

Wow, what a thrill.

We rode back up and came down again. On each run, he taught me a little more.

Sometimes I fell, but I got right back up.

After lunch, Dan went off to ski the face of the mountain that looked so dangerous to me that morning. I continued skiing on the easier hills.

I had a blast.

At the end of the day, I went back to the lodge and sat down around a circular fireplace for a cup of hot chocolate. Dan came in a little later and joined me. He talked of skiing down the "face" and then through a steep chute called the "gun barrel." Maybe someday I would ski those slopes.

We chattered all the way home about the fun we had that day, and I arrived home, tired and a little sun burned.

When he saw me, Dad smiled.

After that day, throughout my life, I skied whenever I could and always enjoyed it. Once you have learned how to ski, you never forget.

This January, I turned 65 years of age. I no longer ski. Old football injuries have made it difficult to do those sorts of things. Now I play golf and cycle on my sleek, black road bike.

But I have not forgotten my youthful days of skiing. The shush of the skis on the slope, the wind in your face, and the quietness of the mountain, form images which linger in my memory.

Now the days of skiing with my friend, Dan Petrocchi are another exhilarating Janey Way memory.

Senior Services *and* Resources

Call Melissa (916) 429-9901

ASSISTED PLACEMENT



Placing People First
Since 2004
888.980.9880
www.lifetimesolutions.org

Specializing in finding the proper Assisted Living or Board and Care for your loved one.

We are a FREE Service!

DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILL
Legal Document Prep Services:

- Trust • Will
- Powers of Attorney
- Residential Deed

Couples \$495 Singles \$450
Lynda K. Knight (916) 214-1215
1337 Howe Ave., Ste. 103
Sacto 95825

HELP AT HOME

HELP AT HOME

Senior Care

Caring, In-Home Assistance & Companionship

- Light housekeeping
- Meal preparation
- Med reminders • Errands
- Dementia care • Bathing & Much More

For no-cost/in-home assessment, call **877-404-6636**

YOUR AD SHOULD BE HERE!

Call Melissa today!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

IN HOME CARE



Do you or a loved one need caregiving help at home?

- Companionship • Bathing
- Cooking/Cleaning
- Transportation
- Medication Management

Complimentary placement assistance

Call us at 800.991.6147

YOUR AD SHOULD BE HERE!

Call Melissa today!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

LOVING COMPANIONS



Certified care

(866) 312-2157

Specializing in 24/7 Live-In Service

Excellent Rates & Discounts

MEDICAL SUPPLIES

+AMD Medical Supply



Visit our website – amdmedsupply.com
Tel/Fax: (916) 485-2500
3108 Arden Way, Sacramento, CA 95825

Now Accepting Medicare

REAL ESTATE SERVICES

LYON Moving On?

FREE Real Estate Help & Advice tailored to seniors & their families

Contact **John Woodall, GRI**
Seniors Real Estate Specialist
(916) 421-5421

✓ out my blog at:

aSeniorsBlog.com

SENIOR BOARD & CARE

Enjoy Living In A Peaceful Garden Setting



(916) 363-3232

Respite Available

2554 Vernaccia Circle - Rancho Cordova

SPECIAL ALZHEIMER'S LIVING

† Primrose
Living With Memory Loss

Day Club, Respite, Residential, Support Groups & Educational Classes

cas@primrosealz.com
www.primrosealz.com
(916) 392-3510

7707 Rush River Dr. Sacto, CA 95831

Controversial documentary 'Bully' comes to Tower Theatre

By **CORRIE PELC**
Land Park News writer
corrie@valcomnews.com

This year, 13 million American kids will be bullied, and three million students will be absent because they feel unsafe at school.

These two facts were taken from the official website for the documentary "Bully," which will be opening at the Tower Theater in Land Park on April 13.

The movie shows the impact bullying can have by following the lives of five children from different areas of the United States and how the bullying they are enduring has affected them and their families. The documentary was filmed over the course of the 2009-2010 school year.

Mike Oliver, owner and lead instructor of Zen Martial Arts Center at the Coloma Community Center in East Sacramento, has been following the news about "Bully" since he first heard the documentary was being made. He plans to view it and take some of his students with him.

That's because Oliver teaches "verbal judo" to both kids and adults as a tactic to combat bullies without resorting to violence. He says it's the same type of system taught to law enforcement officials to deal with criminals in a non-violent way.

"We've adapted those same principles that they use, but teaching it to kids so they can use the same skills, the same

techniques to deal with bullies on the playground or school," he explains.

Oliver feels the movie will have a big impact on those that see it because the film shows the personal side of bullying.

"You're going to actually see and meet the kids and learn about them and see the things that are happening," he explains.

Another supporter of "Bully" is Carmichael resident Lisa Ford-Berry, founder of BRAVE (Bullies Really Are Violating Everyone) Society. Ford-Berry founded BRAVE Society after her son, Michael, took his own life in 2008 and she found out he had been the victim of bullying at school.

Ford-Berry says BRAVE Society was asked to partner with the movie's production studio, The Weinstein Company, to help promote "Bully" in Sacramento. Ford-Berry also urges people to see the movie and she hopes the movie will "shock the daylights" out of people.

"Something has got to be shocking enough that you look around and think, 'My goodness, these are normal, average families that this is happening to,' and parents need to be fearful," she says. "I'm hoping that this movie opens it, blows the doors off of everything and gets the conversations where they need to be."

For more information on "Bully," visit www.thebully-project.com.



Photo copyright, The Weinstein Company. All rights reserved

BULLY is a newly-released film that shows the impact bullying has on American school children. The film follows the lives of five students over the course of a year.

Three tips for bullying victims

Mike Oliver, owner and lead instructor of Zen Martial Arts Center in East Sacramento, offers three tips for kids if they are being bullied.

Document it

Oliver says write down the date, the time, and people involved so there is a record of what happened.

Report it

Kids need to report what happened to somebody in charge, such as a parent or teacher, Oliver says.

Ask for help

Oliver says many kids never tell anyone they are being bullied, which can lead to dire consequences.

"I always encourage kids and families to talk to somebody about it so they can at least get a sympathetic ear or maybe get some help to learn how to deal with it," he adds.

Got News?

E-mail Susan Laird at, susan@valcomnews.com

Pre-Arrangements Available Since 1903

Harry A. Nauman & Son Funeral Directors
4041 Freeport Blvd. • Sacramento • CA 95822 • (916) 452-6157
Found in the phone book under "Harry A. Nauman & Son Funeral Directors."

REWARD . REWARD . REWARD

WANTED

USED VINYL & COLLECTIBLES

BUYING LARGE COLLECTIONS & INDIVIDUAL ITEMS
ROCK, BLUES, JAZZ, AUTOGRAPHS, MEMORABILIA

CALL TODAY!
(916)442-5344
MARTY@DIGMUSIC.COM

Medium Rare
RECORDS & COLLECTIBLES

1931 H STREET @ THE URBAN HIVE . SACRAMENTO, CA 95811

VCA Greenhaven Pocket Animal Hospital

FUN FACT
Did you know dogs see certain colors?

- Full Service Animal Hospital
- Health Exams • Dentistry
- Medicine/Surgery
- Vaccinations • Spays/Neuters

Our furry friends can become stressed with groups of family and friends around. Make sure they have a stress free quiet place to go.

Remember to keep all candies and table scraps out of the reach of our 4 legged friends.

More Than Just a Veterinarian!

Mon: 7:30am - 7pm • Tue-Fri: 7:30am - 6pm
Sat: 8am - 5pm • Sun: 9am - 4pm

1 Valine Court
916.391.3677

Check out our website for more special offers!
www.vcagreenhaven.com

Ask About Our **BEST CARE Packages**

CONSIDERING A PET?
We can help you decide which breed is best suited for your family and lifestyle. CALL US!

VCA Animal Hospitals
Expert care. With a passion.

Christian Brothers High School launches technology pilot program

By CORRIE PELC
Land Park News writer
corrie@valcomnews.com

If schools like Christian Brothers High School in Oak Park are any indication, the days of lugging around heavy textbooks, notebooks and binders will soon be a thing of the past.

Plan in place

In late March, Christian Brothers launched a technology trial placing Apple iPads and Google Chromebooks into classrooms for student use. According to Kristen McCarthy, the school's director of communications, classes in religion, chemistry, world history and French were selected to take part in the trial, as administrators wanted to see how integrating hands-on technology would work in a variety of classes and curricula.

She said the entire trial will take two semesters – the last semester of the 2011-2012 school year and the first semester of the 2012-2013 school year. During this first part of the trial, students taking part in the pilot program are able to take the iPad or Chromebook they are using home, giving them access to the technology 24/7.

A great start

Although at the time of the writing this article the trial had only been underway for about two weeks, already students and teachers were extolling the virtues of having the added technology in the classroom.

Freshman Colton Wackman has already found the iPad to be a convenient tool for his studies.

"You don't have to carry around a bunch of books, so you can keep more material on it," he explained. "Also it's organized so you can have a bunch of different sections for different subjects. I think it makes learning a lot easier."

Freshman Caroline Stringer, who is also using an iPad, agrees and said she feels she can get things done faster as it's easier to type on her iPad than write. She believes it will help alleviate stress by having everything she needs for her class in one place.

"I think it will be easier for us all to keep track of what we need," she added.

For French teacher Patricia Gallagher, giving her students access to Google Chromebooks has helped them to increase their focus in the classroom.

"They're also learning how to look up, listen, get back down to the computer, write something down and toggle back and forth between two or three things and take notes," Gallagher said. "It's quite fascinating to watch them really buckle down and focus just because there's a machine in front of them. There's not that wandering of the eye – they're really focused."

Similarly in the classroom of AP US history teacher Michael Hood, whose students are also using Chromebooks, the



Photo courtesy, Christian Brothers High School

GIMME THAT ONLINE RELIGION... Freshmen Caroline Stringer, left, and Danielle Jackson, right, use an iPad in their religion class at Christian Brothers High School.

trial has been a positive learning experience for both teacher and students thus far.

"We're just excited about being on the cutting edge of what we can do in the classroom," Hood said.

Looking ahead

Hood already has plans on how to use the Chromebooks in class. For example, when studying the history of World War II, he plans to use the technology for students to access historical photos and then as a project put together their own photo essay. Hood said this is a new way of doing things rather than having students only write an essay.

"Really, it's an example of the difference between what I did before, which was maybe just strictly writing, and now what I could do which is really expanding their ability to analyze historical information," he explained.

As the technology trial continues, one of the main goals staff and teachers hope the program will achieve is encouraging collaboration among students, as well as teaching students independence in going out to find answers to questions themselves, said Chris Symkowick-Rose,



Photo courtesy, Christian Brothers High School

ACCELERATED LEARNING. Sophomore Allison Lian uses a Google Chromebook in an "Accelerated French II" class taught by Patricia Gallagher at Christian Brothers High School in Sacramento.

assistant principal for curriculum and instruction.

"Students have their hands on this stuff all the time, but not necessarily in the context of education," Symkowick-Rose explained. "So really teaching them the value of these tools as a means of going out, answering questions and helping them get into these topics deeper, and then also how to use it as a collaborative tool."

Hood feels giving students access to technology at this time in their education will make the transi-

tion smoother for them to higher education as many colleges and universities are considering making iPads and tablets mandatory for students.

"I think our students are going to have a little bit of a jump on those students because they will already have a lot of tools, they'll be exposed to websites and applications that will help their academic experience, and it will help them excel more so than maybe a student that has not been exposed to that kind of technology," Hood said.

Senior Homecare By Angels® Select Your Caregiver®

- Up to 24 Hour Care
- Meal Preparation
- Errands/Shopping
- Hygiene Assistance
- Light Housekeeping
- Respite Care for Families
- Rewarding Companionship

Visiting Angels
LIVING ASSISTANCE SERVICES
(916) 422-2122



FULL SERVICE PROFESSIONAL CAR WASH & DETAILING CENTER

Carpet & Seat Cleaning - Waxing & Polishing
Headlight Restoration - Clearcoat Protection
Complete Interior Cleaning & Sanitation

SAVE 50%

THE WHEEL DEAL WASH PACKAGE

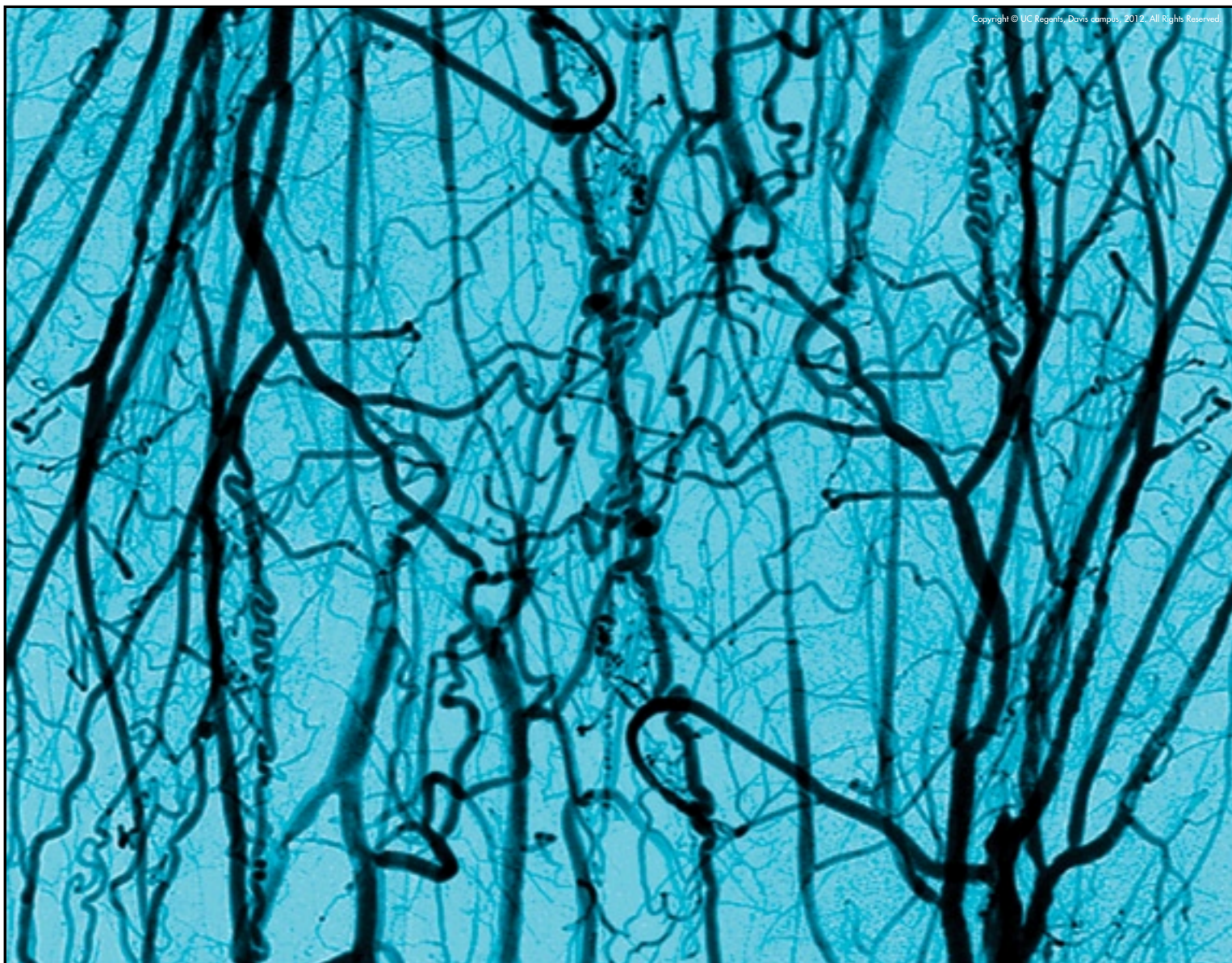
Regular \$23.99 - Save \$12.50 with coupon
or upgrade & take \$12.50 off any wash package.

Package includes a Full Service Wash, Online Wheel
Cleaning, Tires Dressed & Choice of Air Freshener

Limit 1 coupon, discount, or offer per customer per transaction. May not be combined with other coupons, Gem Diamond Cards or other discount offers. Upgrade offer excludes Gem's Signature Packages. Offer Expires May 31st 2012

5150 Freepoint Blvd Sacramento (Freepoint & Fruitridge) 916.451.6524
Facebook.com/GemAutoWash • www.gemautowash.com Mon-Sat 8-5 • Sun 8-4

PLEASE
RECYCLE
THIS
PAPER



Copyright © UC Regents, Davis campus, 2012. All Rights Reserved.

WHAT DO YOU SEE?

*We see a way to create new blood vessels.
You see life and limb saved.*

The region's only academic health center, UC Davis is globally recognized for discovery and innovation in vascular care. Here, internationally-renowned specialists conduct research, teach, and offer breakthrough treatments not available elsewhere. One promising study is investigating the use of patients' own stem cells to create new blood vessels in the leg—giving hope to diabetics and others who face amputation. And that's just the beginning.

To see the full story and more, visit YouSeeTheFuture.UCDavis.edu.
For more information, call **800-2-UCDAVIS**.

YOU SEE INNOVATION

UCDAVIS
HEALTH SYSTEM

The Local, Reliable Technology Solution

Do you have technology questions or concerns?
Call for a **FREE** Consultation.

"Green" Web Hosting
and Email Services

Troubleshooting,
Upgrades and Repairs

Wired and Wireless
Networking

Technology Purchase
Consulting and Set-up



Y N T

YOUR NEIGHBORHOOD TECH

916-730-HELP (4357)
www.ynthelp.com

"Our #1 goal is client satisfaction. If we can't fix it, it's on us. We make technology simple."

Ted Olson, Jr.
President & CEO



TURN YOUR OLD COINS AND JEWELRY INTO CASH!

The Sacramento Coin Shop Riverside Coins & Gold

3204 Riverside Blvd. Sacramento, CA 95818
(at 8th Avenue across from Vic's Ice Cream)

(916) 447-2646

10% MORE
With this ad

Hours
10:00 - 5:00pm
Saturday 9:00 - 3:00pm
Closed Sunday, Monday



Wanted To Buy: • Jewelry (old & current) • Coins (Currency, sets, medals)
• Plus Sterling Silver, Flatware, Old Comic Books, Stamps

Get Your Local News NOW! →

Subscribe online for fast news updates. All you need is an e-mail.
(Located on lower right side of webpage)

SUBSCRIBE FOR E-MAIL ALERTS
Sign up to receive the latest local news and regional updates from Valley Community Newspapers!
Enter your email address:

Delivered by FeedBurner

VALLEY COMMUNITY NEWSPAPERS, INC.
is online at
www.valcomnews.com

Got News?

E-mail Susan Laird, susan@valcomnews.com

Are higher federal and California state taxes a concern?



Interested in learning more about how you may be able to reduce your portfolio's tax burden? Call or e-mail me for a no-obligation report on strategies designed to help you reduce the taxes you owe on your investments.



Joseph F. Eschleman, CIMA®

Managing Director - Investment Officer

400 Capitol Mall • Wells Fargo Center Suite 1700 • Sacramento, CA 95814

916-491-6327 • 800-877-7783

joseph.f.eschleman@wfadvisors.com

CA Insurance License #0C77273

www.josephfeschleman.com

Wells Fargo Advisors is not a legal or tax advisor. However, we will be glad to work with you, your accountant, tax advisor, or lawyer to help meet your financial goals.

Investment and Insurance Products • NOT FDIC Insured • NO Bank Guarantee • MAY Lose Value

Wells Fargo Advisors, LLC. Member SIPC, is a registered broker-dealer and a separate non-bank affiliate of Wells Fargo & Company.
©Wells Fargo Advisors, LLC. 1111-2173 [80631-v1] 09/09



Patti Martinez
 916-447-1451
 www.pattimartinez.net
 DRE#00588974



South Land Park
1236 58th Avenue
 4 bedrooms, 2.5 baths
 with lovely yard and
 pool. Over 2000 Sf,
 granite kitchen.
 \$350,000

Call to be the
 first to view.



South Land Park Estates

SOLD



2300 SF, 4 beds, 2.5 baths, large living & family room
 both with fireplaces, large master suite with
 bathroom, walk-in closet, slider to backyard patio.
 Wood floors under most carpet, laundry room, big
 yard, covered patio, sparkling resurfaced pool
 (solar), and 2 car garage.

4511 Capri Way..... \$469,000



Sindy Kirsch

Sindy@SacOnTheMove.com
916-730-7705



My Yard Is River-Friendly Yours Can Be Too!



Did you know...

using too much
 nitrogen when you
 fertilize can attract
 pests to your garden?

Fertilize naturally!

For tips on how to fertilize naturally, visit
riverfriendly.org



Kinder World
 CHILD CARE & PRESCHOOL
 www.KinderWorldPreschool.com

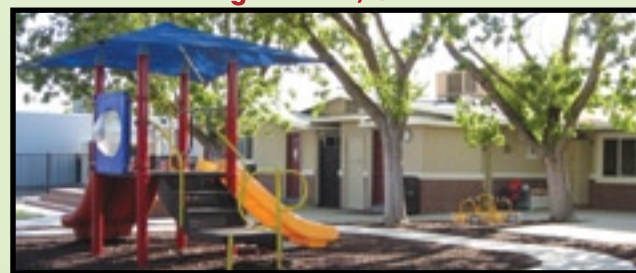
422.5437

- Loving and caring infant & toddler program
- Preschool with transitional kindergarten program
- Flexible Schedules for all families

"We Accept Child Action!"

\$25 OFF Registration
 Call for Details

"Now Enrolling for FREE, 3-hour Preschool"



License #'s 340320568, 340310774, 340315012

Convenient to South Land Park, Greenhaven & Pocket

NEW Social Day Program ACC PARK CITY

ACC Social Day Program can provide a nutritious meal, snack, exercise, creative activities, field trips and a setting for socialization.

Mondays 9:00 a.m. to 2:00 p.m.

Cost: \$30 per day



For eligibility criteria,
 please contact:
 Tisha Arzaluz
 (916) 393-9026 x 338
 Anna Su
 (916) 393-9026 x 330

- Provides a greater reduction of caregiver stress & burnout
- Provides conversation and engaging in creative arts
- Provides for an enhanced quality of life for the individual, caregiver & family
- Creates greater optimism for the caregiver's ability to continue to provide care
- Helps delay the participant's placement into settings with higher levels of care

ACC Social Day Program will not provide a Health Aide

ACC Park City • 7375 Park City Drive • Sacramento, CA 95831 • www.accsv.org

CB SUMMER SCHOOL 2012



- High School Courses • High School Review
- Transition to High School • AP Course Readiness
- Middle School Advantage
- Sports Camps • Video Production Camp
- Arts Camp (For student entering 5th - 9th grade)
- Science Adventure Camps for Kids (3rd- 6th grade)



More information and online registration available at www.cbhs-sacramento.org

No climbing. No cleaning. No danger. That's Byers.



Don't risk your safety – Byers' LeafGuard takes gutter cleaning off your list forever.

- Guaranteed to NEVER clog for as long as you own your home, or we'll clean your gutters for FREE.
- Keeps leaves, pine needles and debris out. Maintenance-free – permanently!
- The only seamless, one-piece leaf protection gutter system.
- A patented system, *not* an add-on screen or cover.
- Heavy-duty, rustproof aluminum.
- 10 beautiful colors, plus 20 oz. copper.

50% OFF
INSTALLATION LABOR*
Expires 4/30/12



Water rolls in. Everything else rolls right off.

**Call for a free consultation
and no-obligation estimate
800-977-5323**

"He's a smart young man!"



"Learned it all from you, Dad..."

Guaranteed Clog-Free
Byers'
ENGLERT
LeafGuard[®]
Gutter Systems

Learn more at ByersLeafGuard.com

*Discount not valid with any other offer. CA license 518784



For over
36 years

COOK
REALTY

www.cookrealty.net



PENDING



2635 LAND PARK DRIVE • \$425,000
ED DANIELS • 204-6702

PENDING



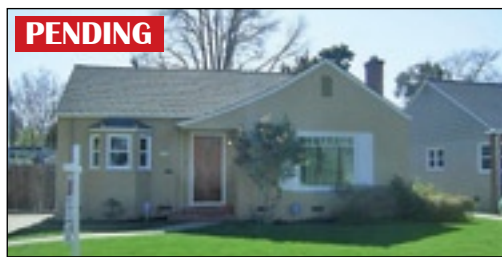
1305 42ND AVENUE • \$450,000
MEENA CHAN LEE • 837-9104



3211 EAST CURTIS DRIVE
Stunning remodeled home on Curtis Park with 3 bedrooms, 2.5 baths, 2,538sf of living space, formal living room, formal dining room, family room opening to yard with pool and spa. \$679,000
LARRY EASTERLING • 849-9431



2021 22ND STREET
Striking, unique curb presence. Midtown's upscale Poverty Ridge, old city's highest elevation. Room size entry & grand staircase. Wood molding, floors & paneling all have striking patina, giving the entryway, stairs. \$525,000
JAMES WALKER • 607-0519



1790 7TH AVENUE
Land Park Beauty. Completely updated with excellent taste! Three bedroom & two full baths. Five Star Master Suite. Chef kitchen and large living room. Hardwood flooring throughout. \$450,000
HELEN TARASCO • 798-7679



4605 ATTAWA AVENUE
Here it is!! Cozy, well maintained Hollywood Park home. Walk to William Land Park and City College. Just 10 minutes from downtown Sacramento, large back yard. Excellent opportunity for first time buyer. \$155,000
RONALD TUTTLE • 889-2133

See all our listings at www.cookrealty.net

REAL ESTATE SCHOOL

- ★ LOW INTRODUCTORY COST
- ★ START ANYTIME
- ★ LIVE CLASSES

Call: Ed Daniels • 451-6702

PROPERTY MANAGEMENT

- ★ MONTHLY CASH FLOW
- ★ TENANT SCREENING
- ★ MAINTENANCE

Call: Brittany Naucke • 457-4907

ADDITIONAL LISTINGS

2 RIVERSHORE COURT,
BEAUTIFUL four bedroom two bath well layed out home with 2783 Sq. Ft. and Japanese garden! \$469,000
SUSIE K. PARKER 421-3546

2170 MARKHAM WAY
This well maintained **SOLD** home is on picturesque Markham way in Curtis Park. The home has a newer roof. \$499,900
LARRY EASTERLING • 849-9431

1712 POTRERO WAY
South Land Park 1 **SOLD** single story three bedroom two bath best buy, Equity home! \$239,000
TREY BONETTI 768-9360

4305 Freeport Boulevard, Sacramento



www.cookrealty.net • (916) 451-6702

JIM JEFFERS
448-6225

DRE# 00768740

www.JJeffers.GoLyon.com
 JJeffers@GoLyon.com



LYON
 REAL ESTATE
 www.GoLyon.com

NEW LISTING



612 6th Avenue - \$345,000
 3 Bedrooms, 1296 SF., Remodeled!



1121 11th Avenue - \$1,425,000
 Over 4200 Sf, 5 bedrooms



3784 19th Street - \$965,000
 5 Bedrooms, Full Basement

RECENT SALES

3600 W. Lincoln\$1,195,000
 1241 11th Avenue\$935,000
 2636 16th Street\$370,000

PENDING SALES

1049 11th Avenue\$849,900
 3728 19th Street\$899,900
 31 Lakeshore Circle\$269,900



**HEALTH and WELLNESS
 FAIR**



**APRIL 28, SATURDAY
 10 am to 3 pm**

– FEATURING –

- **Ask a Doctor:** Talk with health and medical professionals in internal medicine, general practice, pediatrics, pharmacology, physical therapy, and nutrition.
- **Bone Marrow Drive**
- **Screenings:** Blood Pressure, Hearing, Body Mass Index (BMI)
 - Tai Chi/Chi Gung (Chinese Exercise)
 - Kid Zone with Free Books to First 150 Kids
 - Door Prizes • Refreshments

Come have fun and exercise too!

Free Admission

CHINESE GRACE BIBLE CHURCH
 6656 Park Riviera Way
 Sacramento, CA 95831
 (916) 422-4253
 www.chinesegracebiblechurch.org

We understand what's

**Most
 Important**



And we can
Help.

At Kring & Chung, we understand that there is nothing more important to a parent than the right to spend time with their children and influence their growth and personal development. Securing your rights is our top priority!

Divorce · Custody · Adoptions · Guardianships · Child Support · Pre/Post Nuptials · Wills

Sacramento
 916.266.9000

kringandchung.com



KRING & CHUNG
 ATTORNEYS LLP
 Experience Professionalism



Location, Location, Location

Pioneer House is located conveniently close to shopping, cultural events, and medical services. The Crocker Art Museum, Downtown Plaza Shopping Mall, Old Sacramento, Farmers Markets and much more are all within walking distance.

For more than 40 years seniors have decided that Pioneer House offers the best value in Senior Living.



Relax Without Worries...

- Enjoy meals in our restaurant style dining room
- Many social and recreational activities
- Complimentary scheduled transportation
- Secure setting with 24 hour staff
- Emergency Call Systems, Housekeeping, Laundry

Studio's, 1 bedrooms, 2 Bedrooms Available

Call to schedule a tour today!

916-442-4906

or e-mail us at pioneerhouse@rhf.org

Retirement Living · Assisted Living · Skilled Nursing



Pioneer House, 415 P Street Sacramento, CA 95814
 (916) 442-4906 www.PioneerHouseRetirement.org
 RCFE# 340300522





Academics. The Arts. Athletics.
Every day at Country Day.

JOIN US FOR OPEN HOUSE
PROSPECTIVE STUDENTS AND PARENTS WELCOME

APRIL 26, 2012 6-8 PM

TOUR THE CAMPUS, VISIT CLASSROOMS, AND TALK TO THE TEACHERS

SACRAMENTO'S ONLY **INDEPENDENT PRE-K THROUGH GRADE 12** EDUCATION

916.481.8811 | 2636 LATHAM DRIVE | SACRAMENTO 95864 | SACCD.S.ORG



APRIL
Spring Forward
Spa Special!

It's time to get your skin in shape for those sunny months ahead...

Glycolic Peels are only
\$40.00!!!

Perfect time to buy in bulk!!
Free skincare consultations. Call for your appointment.

4404 Del Rio Rd.
Sacramento, CA 95822
Phone 916.452.2200
myparksidepharmacy.com



- Advertisement design
- Political campaigns
- Postcard mailers
- Commercial flyers
- Brochures
- Identity systems
- Logo development
- Posters
- Any print design

Contact Ryan Vuong at **916.429.9901** or e-mail RedAllOver@valcomnews.com for more information.
Invoicing available and we accept all major credit cards. Red All Over Design is located at **2709 Riverside Blvd.**
Learn more about us and our family-owned company at www.valcomnews.com.

red all over
DESIGN

POCKET BISTRO



Mother's Day
Brunch & Drink Specials
May 13th, 10:00am - 2:30pm

- Full Bar
- American Cuisine
- Family Friendly
- Lunch & Dinner Served Daily
- Happy Hour: Tuesday - Friday, 3:30 - 6:30 pm

6401 Riverside Blvd. • 916.391.7990 • www.PocketBistro.net

Hours: Tue-Thu 11:30am-9:30pm • Fri-Sat 11:30am-10pm • Sun 11:30am-8:30pm



**BUY ONE
ENTREE AND
RECEIVE THE
2ND ENTREE
FOR 1/2 OFF
THE REGULAR
PRICE**

(VARIETY PLATTER IS EXCLUDED
FROM THIS OFFER)
EXPIRES 4/30/12

CUSTOM CATERING WITH A PASSION FOR DETAILS



**5644 J STREET
916.451.4000**

Call for catering • Phone orders welcome!

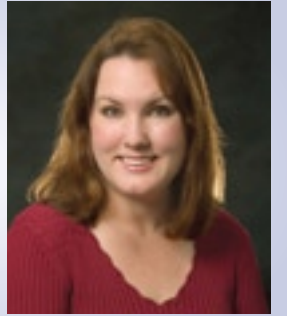
Sun-Wed 10:30am - 9:30pm
Thurs - Sat 10:30am - 10:00pm

WWW.EATATOPA.COM

LISA MCCAULEY

FOR ALL YOUR REAL ESTATE NEEDS

- REAL ESTATE SALES
- PROPERTY MANAGEMENT



(916) 601-5474
DRE# 00933026

**Same Great Service -
New Great Location**

NOW OPEN



Mueller Pet Medical Center
Call for a tour

7625 Freeport Blvd. (corner of Freeport and Pocket/Meadowview)

Complete Veterinary Services since 1950.
Open 24 hours a day for all your emergency needs.

6420 Freeport Boulevard
(916) 428-9202
muellerpmc.com



HASTIE'S

Capitol Sand & Gravel

"Serving the Greater Sacramento Area for 70 Years."

We have the supplies you need with prices you'll love.

Spring SPECIALS

- Gravel • Blended Soils • Decorative Rock
- Topsoil • Bark • Compost • Sand

VEGGIE MIX (TOP SOIL & COMPOST).....	\$32.00 YD	SHREDDED CEDAR.....	\$32.50 YD
PREMIUM ORGANIC COMPOST.....	\$29.50 YD	DRAIN ROCK 3/4" X 1 1/2".....	\$34.00 YD
PLAYGROUND FIBER (CERTIFIED).....	\$36.50 YD	COBBLES 2 X 6.....	\$48.00 YD
FILL SAND (CLEAN WASHED).....	\$28.00 YD	RED LAVA 3/8", 3/4", 1 1/2".....	\$40.00 YD
SALT & PEPPER 5/8" OR 3/4".....	\$49.50 YD	RUSSIAN CHOCOLATE 3/4" CRUSHED (SACRAMENTO LOCATION ONLY)	\$39.00 YD

Prices Good Through April 30, 2012. Cannot be used in conjunction with any other offers.

gohasties.com

Buy 4 yards of material and get
FREE LOCAL DELIVERY

(Call for details)



Sacramento
9350 Jackson Rd.
361-2760

Roseville
700 Berry St.
772-7900

West Sacramento
3222 West Capitol Ave.
374-9935

Marysville
4709 Skyway Dr.
(530) 749-9000

CALL
1-800-TOP SOIL
*From 916 and 530 area codes

**Let us build
an ad to fit
your
company's
needs**

One of our graphic artists will design a free of charge advertisement for you or your company, when you advertise in one of our publications. For more details on this offer, give us a call at

429-9901

Mueller Pet Medical Center opens expanded facility

By CORRIE PELC
Land Park News writer
corrie@valcomnews.com

After more than 60 years in its present location across from the Sacramento Executive Airport, Mueller Pet Medical Center and The Pet Inn moved to a brand new facility at 7625 Freeport Boulevard on March 28.

According to Dr. Ken Schenck, who had purchased then-named Mueller Animal Hospital with his wife Charla in 1977, the original location was limited by the size of the building and about 0.8 acre lot it was on. The new location boasts a 27,000 square-foot facility on roughly 2.5 acres of land, allowing for expanded offerings for both the Mueller Pet Medical Center and The Pet Inn.

Dr. Schenck says the new facility is a culmination of different ideas he gathered from visiting other animal hospitals around the country.

"We're trying to cover as many bases as we can (so) people can look at the Mueller Center as where they can go for all their animal needs," Dr. Schenck says.

Creature comforts

For the new quarters of Mueller Pet Medical Center – which is a 24-hour emergency veterinary hospital – Dr. Schenck says their goal is to continue to do what they've been doing, but do it more effectively, more efficiently, and with more customer service. For instance, the new space has increased the number of exam rooms from three to nine. The exam rooms are also either dog or cat specific – the dog rooms include lifting tables so there's no need to lift a heavy dog on to a table, and the cat rooms include warm towels to help calm feline clients. Dr. Schenck says the increased number of exam rooms will allow his staff to get clients in their rooms quicker and almost everything, including payment and check-out, will be handled in the exam rooms.

Before entering an exam room, parents can opt to leave their children in the new kids' nook in the reception area. The area is enclosed by a four-foot wall and features a television and toys to keep kids occupied. And parents can keep an eye on their children while in the exam room through an internet camera and television monitor.

Clients will also have access to what Dr. Schenck calls the "comfort room," which is like a small family room with an overstuffed couch and television. Dr. Schenck is considering offering the "comfort room" as a place where owners can spend the night if they do not want to leave their beloved pet's side.

"When our family members are ill in the human hospital, we'll stay overnight in a chair next to them just to make sure everything is going OK," he says. "Well, we have our own clients on the vet side that feel the same attraction to their pets,

New 27,000 square-foot location features 24-hour veterinary hospital and pet lodging.

so in that comfort room we may be able to allow them to stay over."

For treating pets, Dr. Schenck says the center's ICU, treatment area, and in-house lab have all been expanded. The new treatment area features six workstations for minor surgeries, as well as dental suites and surgical suites.

"I think our treatment area is second to none – everything works around it, which is just how treatment areas are supposed to work," Dr. Schenck says.

At the new facility, Dr. Schenck and his staff will continue to offer a variety of diagnostic advances, including ultrasounds and digital x-rays. And with the new facility, Dr. Schenck hopes to add more specialists to his staff, including surgeons, internal medicine, and even physical therapy.

"We try to be very pet-oriented, but we also like the owners to know that we're very diagnostic-oriented," he says. "We want to really know what's wrong with the pet so that we can treat it effectively and efficiently to get it better."

Home away from home

On the other side of the building – separated from the medical center by double doors – is The Pet Inn. Dr. Schenck says they see The Pet Inn more as "overnight lodging" rather than "kenneling."

To give canine guests a great experience, the new facility features three indoor areas where dogs can run and play regardless of the weather outside, and dogs will be kept busy through a number of play activities for the dogs, everything from belly rubs to nature walks. For feline guests, The Pet Inn features "cat condos" with huge windows and separate litter box areas that can also be expanded vertically to give a cat more room to play, jump and climb.

For owners that want to give their dog a pampered experience, The Pet Inn offers seven luxury dog suites, each with its own bed and television tuned to "Animal Planet." Each suite also has a Dutch door and an internet camera so owners can log on to the Inn's website to catch a glimpse of their favorite pooch. Internet cameras are also located in the three indoor play areas for owners to view.

The other bonus The Pet Inn will offer, says Dr. Schenck, is its attachment to a 24-hour emergency animal hospital, allowing a pet to get attention immediately if they need it.

"We'll have our night staff at the Mueller side going through The Pet Inn and



Land Park News photo, Corrie Pelc

EXPANDED FACILITIES. The new Mueller Pet Medical Center features expanded treatment areas.



Land Park News photo, Corrie Pelc

CLEAN AND MODERN. "Cat condos" at The Pet Inn feature huge windows, separate litter box areas and lots of space for cats to play, jump and climb.

making sure that everybody's tucked in and doing OK, nobody's having any physical difficulties through the night because sometimes those things happen," he adds.

New ideas

Thanks to the new facility's extra space, Dr. Schenck says he is looking at adding even more services, including dog training, puppy classes, and even holding pet-related talks and lectures. And with the combined Mueller Pet Medical Center and The Pet Inn, pet owners have the convenience of dropping off an animal for overnight lodg-

ing and having medical needs, like vaccinations, taken care of while they are there.

"We're trying to cover as many bases as we can where people can look at the Mueller Center as where they can go for basically all their animal needs," Dr. Schenck says.

Mueller Pet Medical Center and The Pet Inn will be offering a community open house in May 2012. For more information on Mueller Pet Medical Center, visit www.muellerpmc.com. For more information on The Pet Inn, visit www.thepetinn.net.

Play Ball! Land Park Pacific Little League 'Opening Day Parade'

Photos by STEPHEN CROWLEY
Land Park News photographer
stephen@valcomnews.com

Like an annual rite of spring, America's favorite sport has returned to Land Park once more. The Land Park Pacific Little League celebrated Opening Day with its annual parade in William Land Park on Saturday, March 24.



2012 JEWISH HERITAGE FESTIVAL

AND WALK WITH ISRAEL

SUNDAY, APRIL 29, 2012

Capitol Avenue & 20th in Midtown



Enjoy the flavors, sights, and sounds of Midtown as we celebrate the Jewish Heritage Festival with the greater community!

- 9:00am: ★ Registration and Check-in Opens
- 10:00am: ★ Festival Kickoff!
- 10:30am: ★ Walk With Israel Begins
- 11:00am: ★ Food, Music, Bazaar, Taste of Midtown, Children's Activities, and More!
- 2:00pm: ★ See You Next Year!

For more information, visit www.jewishshsac.org/festival or call 916.486.0906



The Jewish Federation
OF THE SACRAMENTO REGION

Faces and places

Youngsters spring into the spirit at the Great Land Park Egg Hunt

Photos by STEPHEN CROWLEY
Land Park News photographer
stephen@valcomnews.com

Pouring rain failed to dampen the enthusiasm of the children who turned out with their families for the Great Land Park Spring Egg Hunt on March 31. The youngsters' enthusiasm for the traditional egg hunt even inspired the Easter Bunny.



Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

ADDITIONS/REMODELS

The Everett Company

"We love what we build and believe you will too!"

Specialized Contracting - Residential & Commercial

- Additions/Remodels • Garages & Patios
- Doors & Hardware • Exterior/Interior Makeovers

finebuildings.com (916) 496-6240

Lic #826639

YOUR AD HERE

Call today!
Your services
are needed.
Your ad should be here.
Ad design is free.
Call 429-9901

ADDITION SPECIALIST

LYTLE
CONSTRUCTION INC.

Remodeling and Design

LIC# 480492

Certified Kitchen & Bath Remodeler

Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

www.lytleconstruction.com

CARPET & UPHOLSTERY CARE

Johnny on the Spot

Complete Carpet and Upholstery Care

"Our cleaning is the most thorough you have ever had, or we will clean it again free. If you are still not pleased, we will refund your money."

- I.I.C.R.C. Master Cleaner
- Stain Removal Experts
- Carpet Repairs & Restretching
- Pet Urine Removal

Visit our website at www.johnnyonthespot.com for more info, coupons and specials.

Call (916) 997-7895

CLEANING

PROFESSIONAL

Free Estimates
Licensed & Insured

- WINDOW CLEANING (inside/out/screens washed)
- Pressure Washing (house ext/walkways/all concrete areas)
- Rain Gutter Cleaning
- Hard Water Stain Removal

Prime Quality
Maintenance



Call Jesse (916) 417-4231

CLEANING

The Cleaning Brothers

"We Treat Your Home Like It's Our Own"

Commercial & Residential Services:

- Pressure Washing
- Gutter Cleaning (Starting at \$75)
- Window Cleaning
- Solar Panel Cleaning
- Pool/Spa Draining

Free Estimates! Call Now! (916) 402-8390

www.TheCleaningBrothersCo.com

Licensed & Insured

DOOR INSTALLATION

\$99
installed



It was amazing!

They transformed my
entire home with all
new doors in just
2 hours!

www.MyHomeStory.com

(916) 408-6700

\$99 sale price includes 1 hollow core molded swing door installed in your existing frame, painting and hardware available at an additional charge. 8 design choices. 5 door minimum.

CONTRACTOR/REMODELS

HARTIGAN
CONSTRUCTION INC.
GENERAL CONTRACTOR

THE REMODEL EXPERTS! "Building your dreams!"

(916) 372-0530

Family-owned & operated; Most work done by father & sons HartiganConstruction.com

Serving Sacramento since 1995 • Licensed, Bonded & Insured • Lead Certified • Lic.# 706474

DESIGN/BUILD

- Additions, conversions, renovations
- Kitchens & baths
- Consulting for the do-it-yourselfers!

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC

Reasonable Residential & Commercial Work since 1960

Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List

(916) 451-2300

Cell: 213-3740

Neil McIntire — C.S.L.# 394307

ELECTRICAL

Sunshine Electrical

Residential Specialist

Security Lighting
Upgrades/Remodels/Repairs
Spa Electrical
FREE Estimates/Small jobs OK

(916)344-8735 or (916)752-5308
Ca License # 633853 (Liability Insured)

FENCING

Bob Grove
(916) 425-7435

License #:
927602

GATEWAY
FENCE CO.

Commercial & Residential

Gateway-Fence.com
bob@gateway-fence.com

Fax (916) 429-1905

10% OFF
Spring
Special

YOUR AD HERE

Call today!
Your services
are needed.
Your ad should be here.
Ad design is free.
Call 429-9901

GLAZIER/GLASS WORK

TOUCH OF GLASS

We'll beat any price!
Commercial & Residential

REPAIR & INSTALLATION
Replace broken windows, etching,
shower doors, mirrors, patio doors

916.456.2420

www.touchofglass916.com

Glazier Lic# 812600 • Over 20 years!

GARDENING/LANDSCAPING

Terra Bella

GARDENING MAINTENANCE & SPRING CLEAN-UP

"Not your typical mow, blow & go company!"

- Full yard maintenance
- One time clean-up
- Gutter cleaning
- Tree Trimming
- Stump Grinding

Call Randy (916) 454-3430 or 802-9897

www.terrabellagarden.com • Lic# 152584

HANDYMAN

FREEDOM HANDYMAN SERVICES

I specialize in all areas of Home Improvement!

Carpentry – Electrical
Sprinklers – Plumbing
Drains & Mainline

Quality work the first time, Guaranteed!

NO JOB TOO SMALL!

Call Eric (916) 470-3488

Licensed and Insured #152902

Advertise Your Company Online!

www.valcomnews.com

Call (916) 429-9901 today for great ad rates!



Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

HEATING & AIR CONDITIONING

Huff
HEATING AND AIR CONDITIONING, INC.
Service • Sales • Installation

916-686-2626
HuffHeroes.com

FURNACE TUNE-UP
with this ad
\$59.00

BEYOND PROS. WE'RE HEROES!

LANDSCAPING

SMOOT
LANDSCAPING
CUSTOM LANDSCAPES & DESIGN

916.454.1300
www.smootlandscaping.com
Lic #633224

YOUR AD SHOULD BE HERE!

Call today!
Your services
are needed.
Your ad should be here.
Ad design is free.
Call 429-9901

LANDSCAPING

R.A. SERVICES
ABSOLUTELY SMALL JOBS • TRIMMING, SHRUBS, SMALL TREES
Dig Notification Work

www.home.wavecable.com/~rayalcanter/
One time yard clean-up • High Grass, Overseed
Roof Drains Cleared • Computer Estimate with Pictures
Contractor - Landscape - Equipped - Arborist 1988-2011

Call Raymond • 916-371-9273 • 916-372-TREE • INSURED
State #535496 - City #1462 - City #51424

PAINTING

SOVEREIGN PAINTING
Quality craftsmanship
3rd Generation Painter
with over 30-years experience
(916) 422-4416
Dan Sovereign
Interior & Exterior Painting
Lic.#484215

PAINTING

COOK PAINTING
Full Service Company - Start to Finish

Ask about our Spring Special

- Custom Painting • Super clean, neat & fast
- Interior/Exterior • Cabinets

Specializing in custom trim & moulding!
Color Consultants • Free Estimates

(916) 591-5056 • www.cookpainting.com
In business since 1982 • CSL# 432951

PAINTING

GARY'S PAINTING
CUSTOM RESIDENTIAL
INTERIOR & EXTERIOR OVER 20
YEARS EXPERIENCE WITH PRIDE
EXCELLENT REFERENCES
725-8781
Contractors Lic. # 734323
McClatchy '67

PAINTING

Aris Painting
of San Lorenzo Since 1994

Where Quality Counts

- Interior/Exterior • Reasonable Rates (Details upon consultation)

(916) 380-0787
License #880049 | saris74@sbcglobal.net

PLUMBING CONTRACTOR

MIDTOWN PLUMBING
Licensed Plumbing Contractor Since 1973

Reasonable Residential Work
Repairs • Re-Pipes • Sewers
Water Heaters • Drains • Disposals Etc.

(916) 393-2109
Cell 275-8236
CSL # 284755 • Fully Bonded & Insured

PAINTING

BK PAINTING
All Interior/Exterior Custom Painting
Call Bill (916) 519-1175
References Available • Owner-Operated • Fully Insured/Workers Comp/Bonded • Lic# 792971

PLUMBING

ROONEY'S PLUMBING
FULL SERVICE PLUMBING
ROOTER SERVICE
CALL 456-7777
rooneysplumbing.com
License #683668

ROOFING

HOPKINS ROOFING
34 years experience
Specializing in all types of
roofing & repairs
Dry rot repairs • Senior discount
(916) 731-7073
24-hour service • License #667013

TILE WORK

BAXTER TILE
EXPERT INSTALLATION
REMODELING & REPAIR
Ceramic • Marble • Granite
Floors • Counters • Walls
33 Years Experience • FREE Estimates
916-421-9786
License #668100

TREE SERVICE

DON'S TREE SERVICE
ISA CERTIFIED ARBORIST WE4590A
Trimming, thinning, shaping & stump removal
Family Owned & Operated since 1967
#1 in customer satisfaction
(916) 428-4882
(916) 689-5244
www.donandsonreeservice.com
Lic# 331196

Your services are needed!
Call Melissa (916) 429-9901
and reserve your space on the
Land Park News
Home Improvement page

CALENDAR

For more Calendar entries visit
www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

English with Los Oradores. Every Thursday/Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentotoastmasters.com

Bingo!

April 12, 19, 26: Enjoy a great local charity game of bingo every Thurs. night at 6:30 p.m. Benefits projects in the community. Early bird for \$5, Regular game buy-in of \$20. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 422-6666

APRIL

Bilingual Toastmasters

April 12, 19, 26: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and

Florin Sears Store Farmer's Market
April 12, 19, 26: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

Food Addicts Anonymous

April 12, 19, 26: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Living Positive with Chronic Disease group

April 12, 19, 26: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage

with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

Rotary Club of Pocket/Greenhaven

April 12, 19, 26: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freepoint Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Downtown Plaza Farmer's Market

April 12, 19, 26: Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

Sutterville Heights Optimist Club

April 12, 19, 26: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Golden Corral,

7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

Volkssport walking

April 12: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m. SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65th St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

Ballroom Dances

April 13, 17, 20, 24, 27: Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.-3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

CLASSIFIED ADS

Call a sales representative today for great advertising rates: 429-9901

BOAT FOR SALE

2007 NITRO 591 BASS
2007 Nitro 591 Bass Boat. Asking \$5000, contact e-mail: sudri8sh@msn.com OR phone: 909-748-1280.

COMPUTERS

GOT COMPUTER PROBLEMS?
Pocket Computer Technician. I do on-site visits in the Pocket area. \$45/hr. Outside the Pocket area, travel charge will apply. Problem not fixed? No pay! Free estimates/consultation. Call cell# 296-7161

HANDYMAN

SPRING CLEAN-UP SPECIALS!
Pressure Washing- Concrete removal (Patio, driveways, borders, etc.) Rain gutter cleaning, power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. Specials for seniors. Licensed.

HANDYMAN SERVICES
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

HARDWOOD FLOORS

REFINISH OR INSTALL
Install, sand & finish hardwood flooring or refurbish your existing hardwood floors. Call Mike at (916) 383-8742. Lic#544159 Ref available

LANDSCAPE MAINTENANCE

GARDENING SERVICES
River City Lawn & Garden Care: maintenance rates start @ \$70/month. Residential/Industrial/commercial/clean-ups. Lawn Aeration \$50 (Max 5000 sq ft) FREE estimates - (916) 247-8952 Since 1971. rwest92924@aol.com

PERFECT GIFT!

PET PORTRAITS
Realistic paintings of beloved pets. Perfect gift for animal-lovers! Reasonable prices. Submit photograph-turn around 7-10 days. Email melissa@melissaandrews.com or call 447-4441.

Call 429-9901
for ad rates for
Classified and
Home Improvement

BOOKKEEPING

#1 BOOKKEEPER
29 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info

Advertise in
California Kids!
For more information,
call Jen at (916) 429-9901
Published by Valley Community Newspapers, Inc.
A monthly publication full of activities, mazes,
word search, party ideas, travel, and a lot more!

TAX PREPARER

#1 TAX PREPARER
29 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820, Nevada (775) 410-3422. Same low 1990 rates. www.taxirene.info

Sell your furniture
in the classifieds
call Melissa
at 916 429-9901

Call Melissa at 429-9901 and place your ad today!

- EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers.
Call (916) 429-9901 for rates.

Health and Wellness Fair

FREE ADMISSION

Saturday, April 28 - 10 a.m. to 3 p.m.
Chinese Grace Bible Church
6656 Park Riviera Way

- Ask-a-Doctor: Talk with health and medical professionals
- Screenings: Blood Pressure, Hearing, BMI
- Bone Marrow Drive
- Tai Chi / Chi Gung (Chinese Exercise)
- Kid Zone, Prizes, Refreshments

www.chinesegracebiblechurch.org



FREE LUNCHEON SEMINAR

"The Privilege of Planning"

Thursday, April 26 - 11:30 a.m. to 12:30 p.m.
Tuesday, May 22 - 11:30 a.m. to 12:30 p.m.
Seating is limited to 30 attendees per seminar

St. Francis Community Hall

6700 Verner Avenue, Sacramento, CA 95841
(I-80 @ Greenback)

Reservations Required RSVP to Lisa West @ (916) 732-2020

Presenter: Josh Tuttle
General Manager
East Lawn Mortuary &
Sierra Hills Memorial Park
Funeral Director Lic#3435

30-minute presentation
followed by a question
and answer period.

Gourd Art Festival

21886 Knight Road
Knights Landing
May 19 & 20, 2012

Gourd Art + Live Demonstrations
FREE for the whole family
Pre-festival gourd art classes

(530) 735-6677

www.gourdfarmer.com
Info/Directions on Website

CHAMBER MUSIC SOCIETY OF SACRAMENTO

25th YEAR OF BEAUTIFUL MUSIC!

Concerts 2012
4/15, 5/5, 6/12

cmssacto.org 443-2908

The American River Chorus presents "The Great American Songbook III"

A musical production with International guest quartets:
Storm Front and Maxx Factor

June 9, 2012

For tickets or information: (800) 385-3659

www.americanriverchorus.org

54th Annual
Town & Country Art Fiesta
June 2 and 3
10 a.m. to 5 p.m. both days
Corner of Fulton & Marconi
Artists Wanted!!!

Sponsored by Kiwanis Club of Sacramento Suburban
972-7337
townandcountryartfiesta.org

CALL (916) 429-9901

TO ADVERTISE YOUR EVENT
In the Arden Carmichael News,
East Sacramento News,
The Land Park News
and The Pocket News

Carmichael Geranium Society

April 13: Come to the monthly meeting of the Carmichael Geranium Society. Guests welcome. Meets every Second Friday of the month, 10 a.m.–12 noon. No mtg. in Aug. Carmichael Park Community Clubhouse, 5750 Grant Ave., Carmichael. Jean (916) 481-2076

Kiwaniis Club of East Sacramento-Midtown

April 13, 20, 27: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m.–8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

Rotary Club of Point West

April 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Double Tree Hotel, 2001 Point West Way., Sac. www.pointwestrotary.com

Soroptimists of Sacramento

April 13, 20, 27: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.–12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

'English Grandeur'

April 14: Join the Sacramento Choral Society and Orchestra as they perform "Song of Thanksgiving" and "Five Mystical Songs" (Vaughan Williams) and "Belshazzar's Feast" (Walton). \$35-\$55. Pre-talk at 7 p.m., concert at 8 p.m. Sacramento Community Center Theater, 1301 L St., Sac. www.tickets.com (916) 808-5181

Food Addicts Anonymous

April 14, 21, 28: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Carmichael Farmer's Market

April 15, 22, 29: Carmichael Farmer's Market. 8 a.m.–1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneysmartusa.org

Co-Dependents Anonymous

April 15, 22, 29: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

April 15, 22, 29: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.–11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

Families Anonymous

April 15, 22, 29: Meet with other parents who are dealing with a daughter or son who is experiencing mental, emotional or addiction problems. Meets every Sunday without fail. 3 p.m. Del Norte Swimming and Tennis Club, 3040 Beccera Way, Sac. Jane (916) 402-2465

State Parking Lot Farmer's Market

April 15, 22, 29: State Parking Lot Farmer's Market. Every Sunday, year round. 8 a.m.–noon. 8th & W streets, under Highway 50, Sac. www.california-grown.com

Sunday Support for the Widowed

April 15, 22, 29: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine – holidays included. 3 p.m.–5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

Hatha yoga

April 16, 23, 30: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.–4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

Nicotine Anonymous

April 16, 23, 30: Nicotine Anonymous meeting. Meets every Monday, 5:30 p.m.–6:30 p.m. Westminster Presbyterian Church, 1300 N St., Sac. Brandi Bowman (916) 984-3501

Rotary Club of South Sacramento

April 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

Tai Chi & Chi Keung

April 16, 23, 30: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

Toastmasters

April 16, 23, 30: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.–8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freeroasthost.org

Christian Women's Connection

April 17: Monthly luncheon. \$17. Feature: Jon Holloway from Holloway Travel Outfitters & PackingLight.com will show how to pack a carry-on suitcase for weeks of travel. Discover how to travel light. Guest speaker: Wilma Pickrell, education administrator and accomplished soprano replaced doubt with truth and found a new sound of music. 11:30 a.m. to 1 p.m. Socializing at 11:15 a.m. Lunch at 11:30 a.m. Reservations required by April 11. Childcare available by advance reservation only. Sacramento Christian Women's Connection, affiliated with Stonecroft Ministries. Carmichael Elks Lodge, 5631 Cypress, Carmichael. Fran (916) 332-1461, Sharon (916) 361-1642 or SacCWC@aol.com



"Spring Gardens"
Sunday, April 22, 3pm
 Including works by
**Beethoven, Ravel,
 Haydn & Butterworth**

Congregation B'nai Israel
3600 Riverside Blvd. Sacramento

Ticket Prices at the door:
 \$18 general, \$12 senior, \$7 student

For further information, call (916) 428-7370 • www.capitolchamberplayers.org



BE A HERO. TAKE A STAND.

BULLY

"POTENT AND PROUDGATIVE."

Rolling Stone
 Peter Travers

EXCLUSIVE ENGAGEMENT STARTS FRIDAY, APRIL 13 SACRAMENTO Tower Theatre (800) FANDANGO #2721 CALL THEATER FOR SHOWTIMES • SORRY NO PASSES

INDEPENDENT LIVING WITH SERVICES
... in the Heart of Land Park



Carefree living.

Choose from a Kitchenette, Studio, One-Bedroom or our spacious two-bath Deluxe One-Bedroom floor plan.

Features include:

- Emergency pull cords
- Staff on-site 24 hours a day
- Easy freeway access
- Beautiful party rooms and common lounges
- Fully furnished guest rooms for visiting friends or relatives
- Complimentary shuttle bus service and car service
- Elegant dining room
- Putting green and custom spa

ESKATON MONROE LODGE
3225 Freeport Boulevard, Sacramento, CA 95818
916-441-1015

ESKATON
 Transforming the Aging Experience

866-ESKATON | www.eskaton.org

Come in today for a tour and have lunch on us!

Pet Friendly EQUAL HOUSING OPPORTUNITY

PLAY BALL!



OPENING NIGHT

Friday, April 13

7:05 p.m. at Raley Field

Sacramento River Cats vs. Reno Aces

Catch the feeling.



rivercats.com

Triple-A Affiliate

For tickets call 371.4487(HITS)



In Home Care for Seniors

Personalized & Affordable Services

Available 24/7 Ranging From a Few Hours per Day to Full Live-In Service.

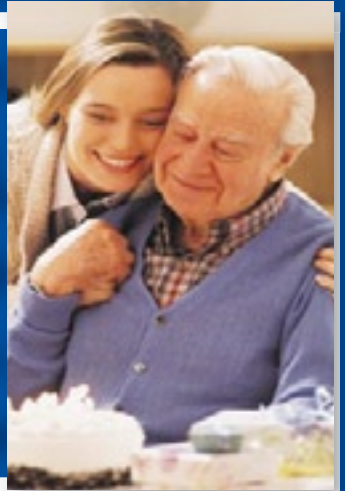
NO MINIMUM HOUR REQUIREMENT

• Bonded & Insured Caregivers

Meet & Greet

to choose your Caregiver

• Veteran's Benefits Clinic



Light Housekeeping • Laundry • Meal Preparation
Bathing • Grooming • Dressing • Incidental Transportation
Medication Reminders • Companionship



www.Loving-Companions.com

866-312-2157

916-753-1491

Visit us online at:

WWW.VALCOMNEWS.COM

BEHAVIOR MANAGEMENT

Tuesday, April 17, 2012 @ 2:00pm

Presented by Yvonne Speer,

Alzheimer's/Dementia Program Director for Kaiser

Yvonne Speer will educate caregivers who are living with loving, and caring for someone with dementia. She will explore with you the essential communication skills necessary for interacting with those living with memory loss. Yvonne will enlighten caregivers with non-pharmacological behavior management techniques for difficult behaviors. After completing this class, caregivers will have gained practical skills that will help when a loved one elicits challenging behaviors.

Refreshments & Appetizers will be provided.

Please RSVP by April 10, 2012. You can contact us for more info @ (916) 392-3510



7707 Rush River Drive Sacramento, CA 95831

LIC 347001338; 347001342

PLEASE
RECYCLE
THIS
PAPER



YOU HAVE OPTIONS!

Foreclosure doesn't have to be the only choice. A short sale may be the answer and I can help.

If you qualify for a short sale you could avoid the following:

- A ruined credit score.
- Disqualification from future home loans.

Plus, you could qualify for a \$3,000 exiting bonus through the Home Affordable Foreclosure Alternative program!

Call us today, we're here to help!



Angel Lynn
916.443-1445
1913 Capital Ave, Suite C
Sacramento, CA 95811



www.angellynn.com
Blog site:
www.myshortsaleangel.com

Advertise Online

Have your ad be seen by many instantly. With thousands visiting our website daily, your ad will get tons of exposure.

Fast, Easy & Affordable.
Call 429.9901 for more info & rates.



VALLEY COMMUNITY NEWSPAPERS, INC.
is online at
www.valcomnews.com

Angel's Nest CHILD DEVELOPMENT CENTER



- FULL AND HALF DAY PROGRAMS BETWEEN 7AM-6PM
- SERVING AGES 2-5 IN A FAITH-BASED SETTING WITH EMERGENT CURRICULUM!

GREENHAVEN LUTHERAN CHURCH • 475 FLORIN ROAD • (916) 428-4651
VISIT OUR WEBSITE FOR MORE INFO! WWW.ANGELSNESTCDC.COM

Because the word

SOLD

has such a great ring to it.



New on the Market!
3 Bed, 2 Bath, 1742 Sq.Ft., Beautifully Updated
\$499,000



Paula Swayne
Realtor
(916) 425-9715
www.PaulaSwayne.com
DRE# 01188158



Kellie Swayne
Realtor
(916) 206-1458
www.KellieSwayne.com
DRE# 01727664

DUNNIGAN
Realtors

SUMMER

St. Francis
CATHOLIC HIGH SCHOOL

CLASSES & CAMPS

boys & girls 5th-12th grade

Here's some of what we're offering
this **summer**

- Acting ■ Algebra ■ Art ■ Basketball
- Biology ■ Cheer ■ Chemistry
- Civics ■ Cooking ■ Dance ■ Debate
- Driver Ed ■ English ■ Forensics
- Geometry ■ Health ■ Robotics
- Soccer ■ Stagecraft ■ Volleyball
- World Geography



smart phone?
snap it!

5900 Elvas Avenue • Sacramento • 916.737.5009 • www.stfrancishs.org



S LAND PARK TERRACE

Opportunity knocks in So. Land Park. Nicely appointed 3 bedroom 2½ bath home awaits a new owner. Over 1800 sf with remodeled kitchen is an entertainers dream with professional cooktop, double ovens and oversized buffet and wetbar area. Newer roof and nicely landscaped yard. See: 1125volzdrive. epropertiesites.com \$349,000

CHRIS BRIGGS 834-6483 • KELLIE SWAYNE 206-1458



PRETTY LAND PARK

Delightful 3 bedroom 2 bath home with inviting open floor plan. Nicely appointed kitchen is a chef's delight, with granite counters and updated appliances. The master suite boasts a spacious bathroom and walk in closet; backyard patio with splashing fountain. Welcome home! \$499,000

PAULA SWAYNE 425-9715



CURTIS PARK COTTAGE

Wonderful 2 bedroom home on pretty tree-lined street close to the park. Features include hardwood floors, bay window, lovely living room fireplace, formal dining room and updated kitchen with Silestone counter tops and updated appliances. Brick patio off of the dining room. \$300,000

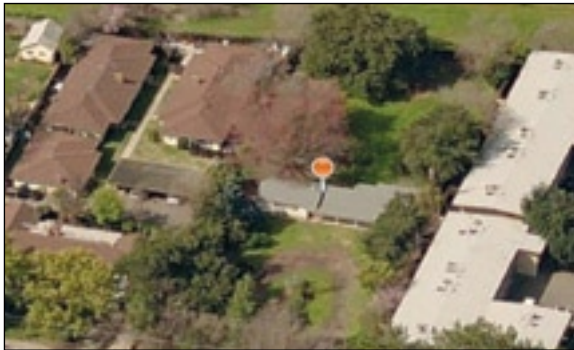
NANCY WEGGE 600-5458 • LISA MARTIS 612-7548



LAND PARK DUPLEX

This classic 1960's duplex still shines with its original character. Beautifully maintained. Would be ideal for owner occupant (single story on larger side, two story on smaller side). Larger side has master suite with large bath. Pretty hardwood floors, loads of light and spacious. Great Land Park Duplex! See: www.2099-8thAve.com \$519,000

PAULA SWAYNE 425-9715



RESIDENTIAL LOTS

Amazing opportunity to develop five new homes half a block from William Land Park! Approved by Sacramento Planning Commission to subdivide .7 acre lot and build two 2500 SF homes, two 2400 SF homes and one 2000 square foot home. Close to new Sunflower Market. See: 4540delrioroad. epropertiesites.com \$650,000

NATHAN SHERMAN 969-7379



HOLLYWOOD PARK

Delightful home with original charm on a street of immaculate homes! 3 bedrooms with newly refinished hardwood floors, living room fireplace, formal dining room and covered patio looking out to large back yard. Central heat and air conditioning. Large 2 car garage with workshop.

JAMIE RICH 612-4000



SPACIOUS CHARMER

Adorable 3 bedroom home in the Freeport Park area of South Land Park! You will love the wood floors, spacious kitchen with dining bar, large bedrooms, central heat and air conditioning, 2-car attached garage with workshop area, and large side yard with possible RV access, and more! Don't wait! See: 5430ashlandway.ePropTour.com \$149,000

ERIN ATTARDI 342-1372



PERSONALITY PLUS!

South Land Park 3 or 4 bedroom 2 bath with beautiful leaded glass windows, custom front door and used brick & wood. Pretty hardwood floors & brick fireplace. Kitchen with granite, Wolf range & oven, Mele dishwasher, convection microwave & interior grill. Pretty backyard, free form pool, completely finished patio & more. See www.4809HillsboroLane.co \$450,000

PAULA SWAYNE 425-9715



NESTLED IN SLP

A quality single story 4 bedroom home in South Land Park; features hardwood floors, custom wood blinds, remodeled bathrooms, updated kitchen, stainless steel double oven and dishwasher. The home also has newer dual pane windows, fence, tile roof and appliances. Large yard to run around in. Home is less than 10 minutes from Downtown. See: 6288 Lake Park Dr \$249,000

MONA GERGEN 247-9555

for current home listings, please visit:

DUNNIGANREALTORS.COM

916.484.2030 | 916.454.5753



DUNNIGAN,
Realtors

Dunnigan is a different kind of Realtor.®

SACRAMENTO • LAND PARK • SIERRA OAKS • EAST SACRAMENTO • CARMICHAEL • WEST SACRAMENTO • GREENHAVEN