

# THE LAND PARK NEWS

since 1991

June 14, 2012

Community News in Your Hands

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**CKM Athletic Hall of Fame to name inductees**

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Storytellers keep  
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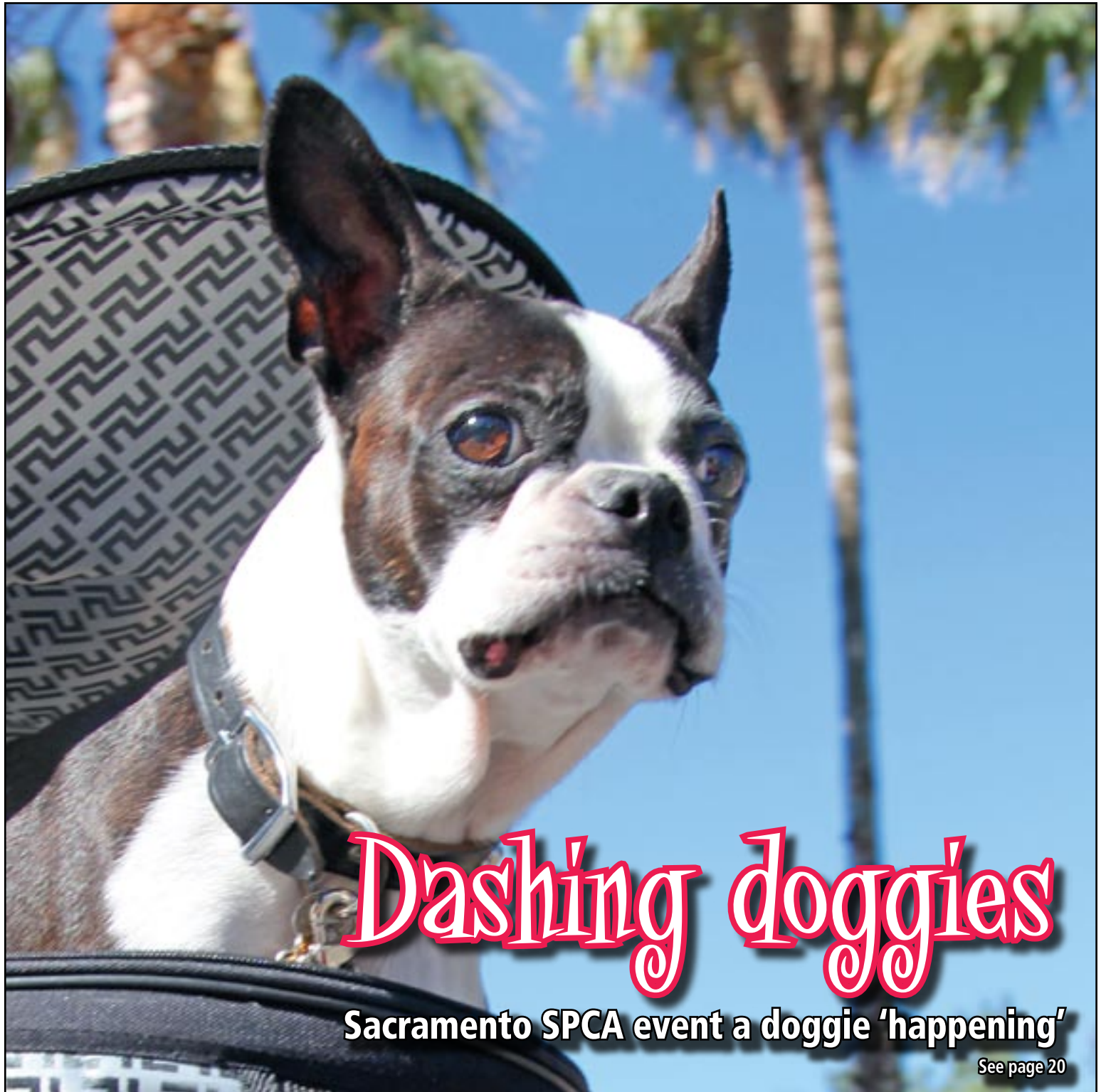
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## Dashing doggies

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**TACO BELL foundation for teens**

## Casa Garden call for chair replacement campaign

Special to Land Park News

The Casa Garden Restaurant, run by the Los Niños Service League, benefits the children served by the Sacramento Children's Home. Members of the community come to the Casa, enjoy gourmet dining in a garden setting and make a difference for children in need.

All meals are prepared by volunteers and the servers are all members of the Los Niños Service League who volunteer their time.

The organization's Meeting Center chairs are in dire need of replacement. There are 100 chairs that are in varying stages of ripped seams, buckled legs or faded backs, with over 30 that are already unusable.

A small, tax-deductible donation of just \$30 can help the League to replace a chair.

Checks should be made out to the Casa Garden Restaurant with a note designating the donation is for the "Meeting Center Chair Replacement Fund."

Send to the Los Niños Service League, 2760 Sutterville Road, Sacramento, CA 95820.

Donations of any size are much appreciated. Many hands make light work. With the chair replacements, the volunteers will be able to continue their work at the Casa to benefit Sacramento's kids in need.

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# Dream Big READ! Summer reading fun for all ages at the Sacramento Public Library

Special to Land Park News

The Sacramento Public Library invites everyone to Dream Big READ!, by participating in the library's 2012 Summer Reading program. The Dream Big READ! theme will be incorporated

into more than 500 entertaining and educational programs for pre-readers, school-age kids, teens, adults, and families. The free programs will range from story times to crafts, music, dance, book clubs and other activities at all 28 Sacramento Public Library locations (visit [saclibrary.org](http://saclibrary.org) and click on Events for a complete listing). "While Dream Big READ! makes reading fun for everyone, parents and teachers especially appreciate that children's participation in Summer Reading programs can prevent a decline in reading achievement scores from the spring to the fall," said Rivkah K. Sass, Sacramento Public Library director. "Sacramento Public Library's program also offers some great incentives for getting involved – a free book or book bag for everyone who finishes, plus the chance to win an iPad or \$100 Target gift card in our grand prize drawing."

Library patrons can either sign up to participate in Summer Reading online at [www.saclibrary.org](http://www.saclibrary.org) or at their neighborhood Sacramento Public Library branch. The Belle Coolee Library (and all branches of the Sacramento Library) will be closed on June 15 as part of the library furlough program to save funds. For more information, call (916) 264-2920 or visit [saclibrary.org](http://saclibrary.org) for information about the Summer Reading Program and programs for all age groups this summer.

Because many people today are unaware that this dairy ever existed, for history's sake, it is important to document what details regarding this dairy remain. One person who remembers many details regarding the dairy is Elk Grove resident Barbara (Sutti) "Snooky" Palaca.

# Locals remember old Holstein dairy off Freeport Boulevard

By LANCE ARMSTRONG  
Land Park News writer  
[lance@valcomnews.com](mailto:lance@valcomnews.com)

were seven buildings on the property. Of course, there was our house, which was about a 1,100-square-foot, flat-top building with two front doors. We also had a milk barn, which was probably the biggest building on the property. Next to the milk barn was a small storage building. There was an old wooden barn that was used for storing grains and cotton seeds that were fed to the cows. Attached to the old, wooden barn was a garage used for our cars and some farm equipment. There were also a couple of other buildings that were used as living quarters for the milking crew."

Also located on the property were corrals used to separate the bulls from the cows. And because the bulls were so large and strong, the corral's fencing was constructed with 2-foot by 12-foot boards.

**Dairy memories**  
Having once lived with her family on the dairy, which was located about three quarters of a mile west of the northern end of the old Municipal Airport/now Sacramento Executive Airport, Palaca met with this publication to share her memories of the dairy.

"During my childhood, I lived on (the Sutti dairy) with my dad (Ernest), my mom (Emma) and my brother, Tom," Palaca said. "The dairy was approximately 220 acres, which my father began leasing in 1951. After leasing the property, he had about 250 head of (Holstein) cattle transported from his ranch in (the now abandoned community of) Betteravia (in Santa Barbara County) to the dairy in Sacramento."

Palaca added that she believes that the man who leased the dairy property to her father had the surname of Rasmussen.

**A shady fig tree**  
Although Palaca has a fairly vivid memory regarding the dairy's buildings, she said that her favorite part of the dairy was actually a large fig tree.

"In the backyard of the house was the most wonderful, gigantic – because I was only 6 years old – fig tree anyone could ever wish for," Palaca said. "It was my favor-

ite place to be, to pretend to be whoever I wanted to be. It was the perfect hideaway." Tom, who also resides in Elk Grove, additionally shared a few of his recollections from his days of residing on the dairy.

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HAPPY COWS. The Sutti family's Holstein dairy cows stand a short distance from the barn. Photo courtesy, Barbara Palaca

ite place to be, to pretend to be whoever I wanted to be. It was the perfect hideaway."

**Teen memory**  
After chuckling a bit, Tom explained that one thing that remains in his mind is the day he caused some difficulty at the dairy.

"My dad was so mad at me one day, because I took the truck out (and created a considerably large problem)," Tom said. "We fed the cattle and took (some) wire out, because we could sell it. We stacked (the wire) in

See Dairy, page 10

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A special thank you to Sonja Turner-Montano and STMD Studio for their design services.



Photo courtesy, Allison Yamamoto  
A NATURAL LEADER. Upcoming Captain Allison Yamamoto runs down the McClatchy Women's Varsity Tennis line up before a match.

## Know your neighbor McClatchy High School student wins Global Citizen Scholarship

By **CORRIE PELC**  
Land Park News writer  
corrie@valcomnews.com

It is safe for one to say that C.K. McClatchy High School junior and Pocket resident Allison Yamamoto is never bored. She's an honors student in McClatchy's highly competitive Humanities and International Studies Program (HISP), student body president, captain of McClatchy's women's varsity tennis team, and manages a tutoring program for elementary students at her local library.

Now Yamamoto is also one of 20 students selected across the United States to receive the 2012 Global Citizen Scholarship from EF (Education First) Tours, granting her a free educational tour to Berlin, Germany, this summer.

"I believe there were over 400 applicants, so it was really pretty amazing - I was shocked when I found out I got it," Yamamoto said.

### A global citizen

Yamamoto said she first heard about EF Tours and the scholarship opportunity when she participated in an EF Tour to Europe during the summer after her freshman year.

"It was really fun - I think that was probably the best two weeks of my life because we got a really good taste of Switzerland, Italy and France," she said. "It was really interesting, considering we had studied that in school."

To enter the Global Citizen Scholarship contest, entries could be either essay or video. Yamamoto selected a video project for her entry, which can be viewed on the EF Tours Global Citizen Facebook page, [www.facebook.com/educational.tours](http://www.facebook.com/educational.tours).

"It describes my role as a global citizen and explained why I would want to go to Berlin and how I help out in my local community (in) the aspect of leadership," she explained.

Now as a 2012 scholarship winner, Yamamoto will spend 10 days in Berlin in July with the other scholarship recipients. During their time there, she said they will be participating in a "global quantifiable research project" where

See Scholarship, page 13

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Janey Way Memories:

# Knocking on the back door of the Memorial Auditorium



By MARTY RELLES  
Land Park News columnist  
marty@valcomnews.com

The City of Sacramento constructed the Memorial Auditorium in 1926. This Sacramento cultural icon opened to much hoopla in 1927. Over time it became a center piece for entertainment in Sacramento.

My recollections of the auditorium date back to the 1950s.

My dad enjoyed professional boxing, and often took my brother Terry and me to the fights.

By the 1960s, however, the Memorial Auditorium took on new importance for me.

In addition to boxing matches, wrestling matches, circuses and theatrical productions, the auditorium began hosting rock and roll concerts.

Bands, such as the Beach Boys, the Rolling Stones and Temptations performed routinely at the old hall.

We had to be there.

Our dad, a Sacramento policeman, often worked off-duty at these events to earn extra money, so we begged him to take us to the shows, and he did. We walked in the front door with him, then disappeared into the general admission seating.

The shows were great.

The Beach Boys brought the house down, with girls running up onto the stage to try to kiss Mike Love.

In 1965, Mick Jagger walked out to perform, picked up the mike, and was knocked unconscious by an electrical charge.

The show ended immediately.

Jagger was unhurt, but incident made quite a splash in the Sacramento Bee.

When James Brown brought his show to the auditorium, including a full band, dancers and backup singers, we were there, thanks to Dad.

Sometimes though, Dad had conflicts and could not work at events of great interest to us.

Then we had to use our guile to get into the shows.

We had one of the Janey Way parents drop us off downtown at the back of the auditorium.

We knocked at the back door.

Eventually, a police officer opened the door and said, "What do you boys want?"

We asked for my father's friend and partner Herb Kunz. Herb eventually came to the door and let us in.

"Stay out of trouble," Herb would say as we went through the double-doors, turned right and headed upstairs to the general admission seating.

We attended many Memorial Auditorium concerts this way.

I remember seeing groups like the Temptations and Frank Zappa and the Mothers of Invention.

My friends thought I must have been some sort of celebrity, getting them into concerts this way. It always seemed to work and we had a great time at the shows.



Eventually, however, we grew up and moved onto other things like college, girls and adulthood.

I will never forget the good times we had attending the shows at the Memorial Auditorium though. Sadly, now it's just another rock and rolling Janey Way memory.

Restore the Roar:

# C.K. McClatchy High School 'Athletic Hall of Fame' to induct first group of alumni

Special to Land Park News

In recognition of McClatchy High School's 75 years in serving Sacramento's youth, Restore the Roar is pleased to announce the establishment of the C. K. McClatchy High School Athletic Hall of Fame.

The 2012 class of inductees includes the outstanding Lion athletes of the first 25 years of the school (1937-1962). A 75 Year celebration dinner honoring these inductees will be held Sept. 20 at the Elks Lodge No. 6 on Riverside Boulevard.

There are 48 athletes and two coaches included in this distinguished class.

The inductees include four of the top 100 Sacramento area high school football players identified by the Sacramento Bee in 2000, a Ladies Professional Golf Association (LPGA) member and a Professional Golf Association (PGA) member, and a participant in the 1960 and 1964 Winter Olympics.

The two coaches selected are the legendary Jack Mauger (track) and George Bican (football).

Restore the Roar will also recognize the following athletic teams as part of the CKM Hall of fame ceremony: the undefeated 1944 and 1947 Lion football teams; the 1951-1952 baseball teams that carried a 40 game win-streak including an undefeated 1951 season; the 1958 baseball team that won the conference championship and posted an 18-1 record; and the 1959-60 Cross Country teams that won back-to-back Sac-Joaquin Section Titles.

The CKM Hall of Fame will include not only those athletes, coaches and teams who compiled an outstanding athletic record while

at McClatchy, but also those athletes who established an outstanding athletic record in sports for which there was no opportunity to compete while at McClatchy. A committee sought nominations from alumni and the public, researched school and local newspaper files and interviewed many alumni and observers to compile the class.

The committee included alumni and former faculty members Jim Coombs ('57) and Mike Nishio ('63), Rod Hollander and Jan Olmsted, and alumni Bob Sertich ('67), Mike Ricci ('69) and Rod Kuni-saki ('75).

Bob Sertich, who initiated the effort, said, "It will be exactly one year from the first meeting of the committee until we recognize these outstanding athletes in September. The committee put in many hours and many votes to identify the best athletes from the first 25 years of the school."

During its research and discussions, the committee found many family names popped up often in the early years of the school including: Geremia, Stathos, Rose and Thomas. Also, it was more often than not that an athlete was a multi-sport athlete, something that is not so common today.

UC Berkeley was a big benefactor among these athletes with the following playing for Cal's Football team: John Pappa, Herb Jackson, Doug Graham, Steve Radich and Tom Relles. The committee believes that the most extraordinary accomplishment in the first 25 years was the win streak by the 1951 and 1952 baseball teams of 40 games. The 1951 team went undefeated with a 22-0 record and

the 1952 team continued to win 18 more in a row for a streak of 40 wins. It is hard to believe that any high school team in Sacramento, or anywhere can match that streak.

According to Jim Coombs, "The committee work was a labor of love and awe. Many of the inductees are the same athletes whom I idolized as a child growing up in Land Park. I watched these athletes compete at McClatchy, Land Park and Hughes Stadium."

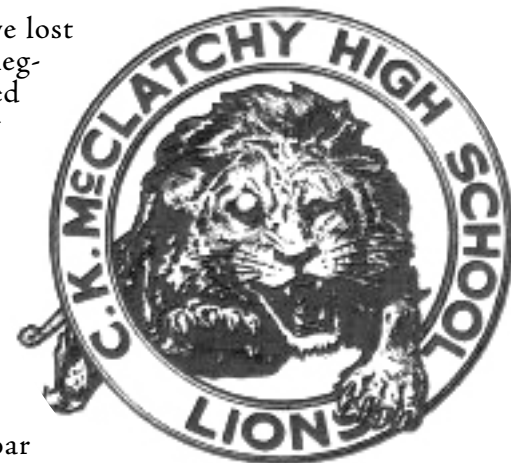
Coombs has an eye for talent, as he spent 40 years as a high school and collegiate basketball official in addition to his duties as McClatchy faculty member and coach.

Former McClatchy Athletic Director Mike Nishio said, "These athletes set the foundation for a strong and enduring athletic program at McClatchy. The current Lion athletes continue to uphold the tradition by remaining on top of the Metro League in many sports every year."

Sertich adds one final comment, "We are saddened that we did not get this put

together before we lost some of these legends such as Fred Wristen, Tony and Frank Geremia, Herb Jackson and several others. At least now they become a formal part of the McClatchy athletic tradition."

Restore the Roar is still attempting to locate some of the inductees and members of the outstanding teams being recognized. If you are on the inductee list or were a member of one of the recognized teams and have not been contacted, please call Bob Sertich at (916) 441-0657 or Jim Coombs at (916) 422-9082.



The inductees and teams will also be recognized at the McClatchy Football Game at Hughes Stadium on Sept. 21. Restore the Roar is seeking sponsors for the event. The public is welcome. For reservations for any of these events, visit [www.restorethear.org](http://www.restorethear.org), e-mail [golions@restorethear.org](mailto:golions@restorethear.org), or call Jim Coombs or Bob Sertich.

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# Dairy: Holstein Way all that remains to mark dairy's location

Continued from page 5

the back and there was a big pile and why I went through it (with the truck) was beyond me. Anyway, I went through (the wire) and it got into the driveline and it wrapped completely around and it literally stopped the truck and he had to get in there with a wire cutter to get the wire off of there, so we could get (the truck) out of there. And he was literally really upset."

## Dairy work ethic

In remembering his father, who passed away at the age of 71 on Nov. 3, 1988, Tom said, "Dad was always a hard worker. He would work seven days a week, because with the cows, you don't take a day off.

That's where I learned all my ethics for working. He taught me a lot over the years."

Tom said that he remembers watching his father feed and milk the Freeport Boulevard dairy's cows.

And at times, Tom, who is four years older than his sister, would assist in feeding the cows.

## Borden's Capital Dairy Co.

The milk from the dairy, which was put into 10-gallon cans, was routinely loaded onto the dairy's truck, tied down and then delivered to Borden's Capital Dairy Co. at 1301 S St.

After arriving at Borden's, the milk was poured

into the facility's tanks for processing. The cans were then transported back to the dairy for the next day's milking.

Although the Suttis had planned on operating their Freeport Boulevard dairy for many more years, the dairy ceased operating in 1953.

Since the Suttis were only leasing the property for their dairy, the family was forced to move their business to another location.

## Property gone to houses

The Freeport Boulevard property was sold for a planned housing development and the Suttis moved their dairy to a 300-acre piece of property that was located about five miles south of the town of Franklin. It was at that time that the Suttis' dairy became known as the Evergreen Dairy.

Eventually both Palaca and her brother attended Elk Grove High School, where Tom graduated in 1959 and Palaca graduated in 1963.

## Holstein Way

Last week, Palaca went to the old ranch property for the first time in about 50 years and shared details regarding her visit.



Photo courtesy, Barbara Palaca  
FARM LIFE. The Sutti dairy is shown from the front yard of the family house in this August 1953 photograph.

"While I was driving up Holstein Way – which was the street name that was later given to the former dirt driveway to the dairy – during my visit to the old dairy property (on June 7), I noticed that the slight incline in the road is still there, just as it was before. At the top of this incline was where our house and the milk barn and storage barn were located.

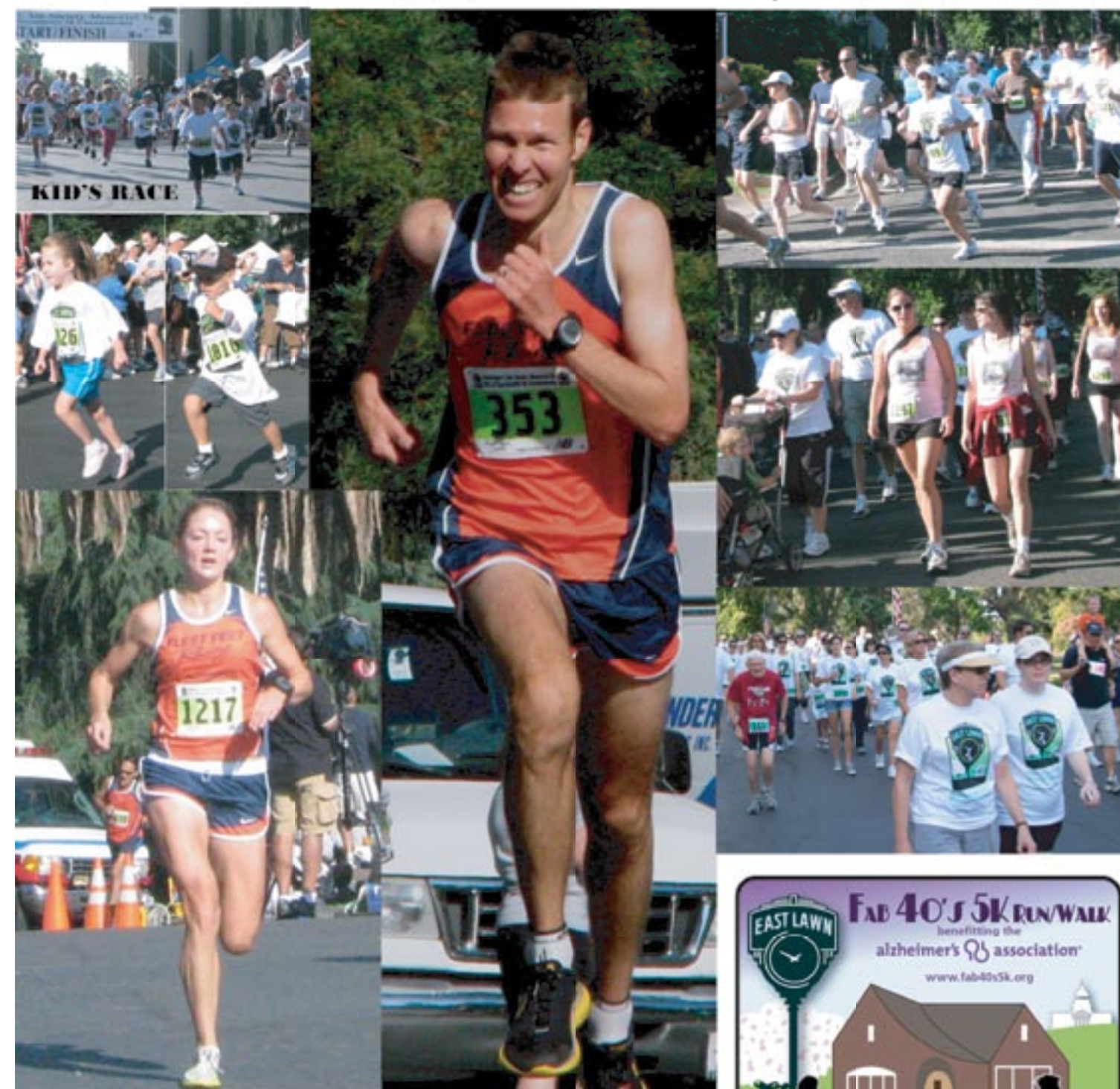
Unfortunately there are no reminders outside the signs for Holstein Way, that the dairy and some years of our lives were ever there. Nonetheless both my brother and I still talk about the times when we were there (at the dairy) and the many fond times that we experienced growing up on such a memorable place in the Sacramento area."



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**Open House at Sac Fire Station No. 5**

By LINDA POHL  
Land Park News staff member  
linda@valcomnews.com

Members of the community had the opportunity to tour Sacramento Fire Department Station No. 5 on June 2.

Sparky, the station mascot, was on hand. Fire fighters, in addition to giving tours of the station and answering questions, gave a presentation on fire extinguishers.

**Scholarship: Yamamoto keeping options open**

Continued from page 7

they will be asked to interview Berlin community members for their projects, which will eventually be put up on the EF Tours website.

**World traveler**

Yamamoto said her past three years in McClatchy's HISP program has helped her prepare for this summer's experience.

"It's one thing to just learn about it in a book, but then the fact that I'm actually going to be at the places...it's going to be pretty amazing, so I feel that my background will certainly prepare me well," she added.

She also believes being able to participate in a program like this will add to her overall educational experience.

"I certainly believe that traveling, especially internationally, helps you to really develop a better perspective of the world outside of your closed bubble," Yamamoto explained. "I feel that you have to experience a culture - you can't really get a taste of it through simply reading about it. Even though that does provide a nice background, it's better to actually experience it yourself."

And once Yamamoto returns to the United States

*'I certainly believe that traveling, especially internationally, helps you really develop a better perspective outside of your closed bubble.'*

**-Allison Yamamoto**  
Global Citizen Scholarship winner

and begins her senior year at McClatchy, it's time to start considering the future. She is considering schools both in and out of California, and although she obviously enjoys travel and international studies, she's not settling on a major just yet.

"I don't want to limit myself at this point by saying 'I'm certainly going to become this major' when I go to college," she said. "I just want to experiment a little more, figure out what I'm really good at and maybe what I'm not so good at to get a better idea so later on I don't feel trapped in an occupation. I certainly do enjoy history and international relations, so it is a possibility."

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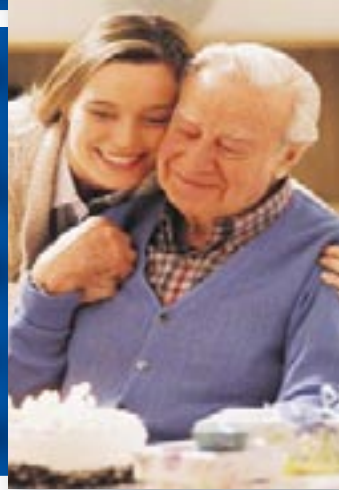
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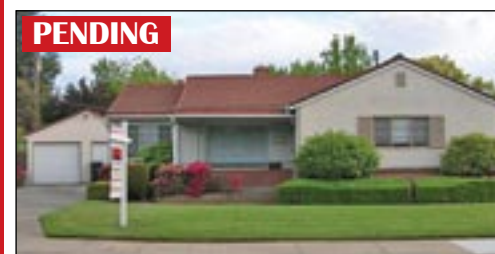
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RECORD CAMPAIGN. The "Man, Woman & Students of the Year" campaign for the Leukemia & Lymphoma Society raised \$360,000 for blood cancer research and patient services in just 10 short weeks.

## 'Man, Woman & Students of the Year' breaks local fundraising records

By SUSAN LAIRD  
Land Park News editor  
susan@valcomnews.com

The "Man, Woman & Students of the Year" campaign for the Leukemia & Lymphoma Society broke three local fundraising records during the 2012 campaign.

Kris Vogt and his team raised \$108,449, setting a record in Sacramento and earning him the title of "Man of the Year."

Prakashni Shandil raised \$17,336 and received the title of "Woman of the Year."

Students Brooke Carroll and Annie Sompayrae raised \$24,362 and were designated "Students of the Year."

Delbert Stapp ran a highly visible campaign, reaching out to thousands of individuals in the community. He received the "Man of the Year" runner-up award, the Extraordinary Fundraising Achievement Research Grant (awarded at \$50K) and the Bobby Dean Award for exemplary commitment to the mission of the LLS.

The \$50K research grant will be awarded to a top cancer researcher to further his or her work in defeating blood cancers. The grant will be awarded in honor of Gloria Torres, a 12-year leukemia survivor and "Team Delbert" member.

Altogether, the "Man, Woman & Students of the Year" campaign raised \$360,000 for blood cancer research and patient services in just 10 short weeks.

## Storytellers enjoy sharing their tales with younger generations

By SALLY KING  
Land Park News writer  
sally@valcomnews.com

It was a warm Saturday morning and the little girl with dark brown hair, wearing a bright pink dress said to her mom smugly:

"I know this story."

And the little girl settled herself on the floor, leaning slightly against her mother's arm to listen to the storyteller finish the tale about "The Little Red House With No Doors and No Windows and a Star Inside."

Terry Chekon of the Sacramento Storytellers Guild held her young audience captive at the Effie Yeaw Nature Center in Carmichael as she told the tale of the Little Red House. At the end of the story came the surprise Chekon had promised at the beginning of the story. Chekon had brought a shiny red apple and she sliced it just right to show the star inside to the children and parents surrounding her.

In addition to Chekon, Lawrence Greyson, Gail Ryall and Ken Tomasik also told some enchanting tales for the group of children and parents who had gathered at the Center on a recent Saturday morning.

### Sacramento Storytellers Guild

The Sacramento Storytellers Guild was started in 1987 by a group of eight retired teachers and librarians. The group used to meet at Luna's Café on 16th Street in Sacramento. They eventually ended up at the Eskaton Monroe Lodge (Senior Citizen's Residence), located at 3225 Freeport Blvd. They meet monthly every third Saturday to discuss stories and ideas.

### Storytelling Association

They are part of a larger group known as The Storytelling Association of California, a 501(c)(3) nonprofit organization. It is a regional voice for story listening.

See Storytellers, page 21



Land Park News photo, Sally King

STORYTELLERS. Members of the Sacramento Storytellers Guild keep the ancient tradition of storytelling alive for the Sacramento community. Left to right, Gail Ryall, Ken Tomasek, Lawrence Greyson and Terry Chekon.

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## West Nile Virus activity increases in Sacramento County

Special to Land Park News

The Sacramento-Yolo Mosquito & Vector Control District announced on June 4 that further evidence of West Nile virus activity has been detected throughout Sacramento County as 32 new mosquito samples and four birds have tested positive for the disease.

The birds and mosquito samples have been collected from different areas in Sacramento County but especially focused in communities near Gerber and Calvine roads.

"We're very concerned about the level of intense activity we're seeing this season," said David Brown, district manager. "While it's not uncommon to find widespread areas with dead birds and mosquito samples in August, finding virus activity in June is certainly earlier than anything we've seen in recent years and we urge residents to take these early indications seriously."

West Nile virus activity was also detected last week in the city of Davis in Yolo County as dead birds and mosquito samples also tested positive.

The increased activity comes as the region recently received a late rain storm which created even more aquatic sites capable of producing mosquitoes.

"The excess water will increase mosquito habitats. Now more than ever we need everyone to do their part and drain mosquito breeding sources in their back yard," said Brown. "As the warming trend continues for the remainder of the week, the virus will likely amplify and the risk of human transmission will increase."

In response to the recent findings, the District has started ground fogging around areas where positive mosquitoes and birds have been found.

For current information about any treatments planned, visit [www.FIGHTtheBITE.net](http://www.FIGHTtheBITE.net). Residents may also subscribe to receive email notifications for mosquito treatments by zip code. To sign up go to [Spray Notifications on the website](http://Spray Notifications on the website).

Surviving, thriving

# After 50 years, Taylor's Market continues to be 'Unofficial Community Center' of Land Park

By **CORRIE PELC**  
Land Park News writer  
corrie@valcomnews.com

In 1962, Roy Taylor and Ed Schell opened Taylor's Market as a neighborhood grocery store on Freepoint Boulevard in Land Park.

Now 50 years later, Taylor's boasts a website that ships worldwide, the restaurant Taylor's Kitchen, and butchering classes that have given them national notice.

### The secret's out

"We're an old-fashioned neighborhood store like there used to be on every corner of every big city," explained Danny Johnson, co-owner of Taylor's Market with his wife, Kathaleen. "You can get eye drops here if you want and you can get a T-bone steak and everything in between."

Johnson said neighborhood grocery stores like this can still be found in cities like New York and San Francisco, but in Sacramento they're a dying breed.

"It's something that's not around anymore, so we're kind of a throwback," he said.

So what's the secret that has kept Taylor's Market going while others have not? Johnson said the answer is to give patrons great customer service, a great product, and just do things that other people can't find in other places.

"This has been called sometimes the unofficial community center of Land Park and Curtis Park – people come in here shopping and they meet their neighbors and we've had people standing in the produce for a couple of hours talking," Johnson explained. "You can stand outside the store and be talking to someone and someone goes by and honks and you know who they are. That's kind of cool in a big city."

Brian McNeil, ecommerce manager for Taylor's Market, said it's also the personal relationships the store has with its neighborhood customers that larger stores are missing out on.

"Many of us both work and live in the same area, and a customer sees me in front of my house and they can come right up and tell me what's going on," he explained. "We want to continue to have that total personal relationship with everyone that comes into the store."

### On the web

McNeil said Taylor's continues its personal relationship with its customers through its website, [www.taylorismarket.com](http://www.taylorismarket.com).

"Our website has gone from being something that was done out of our break room to a full-time operation now with six employees – it's one of the fastest growing departments in our store," he said.

Johnson said everything Taylor's Market offers in the store is available for purchase online.

"We ship everywhere – we ship to Brazil, we ship to Iraq, we ship to Australia, we ship to Europe a lot," Johnson added.

"Our goal is to bring Taylor's to outside of Sacramento to everyone else across the nation and try to deliver the same customer service level that we have within the store to people nationwide," McNeil explained.

### Butchering 101

For customers closer to home, Taylor's Market offers a number of classes throughout the year, such as pairing cheeses with beer and wine, and Johnson said they are looking at offering baking and pasta making classes in the future.

However, the most popular classes at Taylor's are the butchering classes, of which Johnson said they offer eight to 10 each year. The classes typically sell out. Taylor's Market began offering the classes due to customers always asking questions of meat department staff.

"It was only natural to be able to teach it if there's a huge interest in it," he added.

McNeil said Taylor's butchering classes have become so popular, they've caused them to have national notoriety as

they were mentioned in an article in TIME Magazine.

"We're getting quite a bit of recognition – it's just been a big draw," he added. "And it helps the consumer to learn what pieces of meat they should select, what they should be looking for, and even how they can break it down at home to save some money for them as well."

On July 10, Taylor's is taking their butchering class up a notch by offering the Lava Lake Lamb Dinner & Butchering 101 Class.

"The owners of the (Lava Lake) Ranch will be here and Danny will break down a whole lamb at that time," McNeil said.

And in October, Johnson said they are planning a field day at Wintun Ranch in Roseville that will include a butchering class and cooking dinner on the ranch.

### In the kitchen

What allowed Taylor's Market to start offering butchering classes was the opening of Taylor's Kitchen in October 2009. Although Johnson said he never thought the building the Kitchen is housed in would become a restaurant (he does say his wife always did, though), he said it ended up becoming a restaurant out of necessity to generate income due to the economic crash.

"And it's worked out, it's excellent," he said. "I call it an accident; my wife had the vision that it was going to be a restaurant."

Currently, Taylor's Kitchen is open for dinner Wednesday through Saturday, and recently they started serving Sunday brunch, which Johnson said has been a huge hit.

McNeil said the Kitchen has become a showcase of all the ingredients customers can purchase at Taylor's Market and make dishes at home.

"And it's just become a neighborhood go-to place,"



Photo courtesy, Taylor's Market

CUSTOMER SERVICE is the key to the success of Taylor's Market

he added. "It's within walking distance of almost everyone who lives in the area."

### Giving back

With an obviously strong connection to the Land Park community, Taylor's Market does what it can to give back. McNeil said one of Taylor's main benefactors is the Sacramento Gay and Lesbian Center.

"Probably a good third of our customer (based) and some of our employees are members of that community and we support them wholeheartedly," he said.

Additionally, Johnson said Taylor's Market has been supporting the Crocker Riverside Pancake Breakfast for years, and supports many of the clubs and student activities at McClatchy High School. And for Taylor's

50th Anniversary Gala five-course dinner event on Aug. 12, all proceeds will benefit the Sacramento Children's Home.

So why does Taylor's Market feel it's important to give back to their community? Johnson simply said it's because they like to help the community.

"Without the community's support, the store won't survive, and that's why we give back to the community – it's a two-way street," he explained.

And what about the next 50 years?

"Taylor's will always be here as long as it's taken care of the right way and stays with Roy Taylor's original vision, which was 'small neighborhood store with good customer service,'" Johnson said. "It will survive, if not thrive."

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## Faces and places 19th annual DOGGY DASH dog-gone fun

By STEPHEN CROWLEY  
Land Park News photographer  
stephen@valcomnews.com

It was windy, but that didn't keep thousands of canines and their human companions from attending the 19th annual Doggy Dash in William Land Park on June 9. Tall and short, furry and short-haired, just about every breed and mix was represented.

The day's events included 2K and 5K walks, a wide variety of canine activities in the park and even an appearance by Land Park's latest hero, Sacramento Police K9 Bodie, who is recovering from wounds suffered in the line of duty.

The Doggy Dash benefits the Sacramento Society for the Prevention of Cruelty to Animals.



# Storytellers: Tales evoke images of generations past

Continued from page 17

ers and storytellers in California, reminding the local and national community of the power and the joy of storytelling.

Chekon, a Greenhaven-Pocket resident since 1975, said she loves Halloween because it gives her an excuse to tell scary stories without getting into too much trouble.

"I attended library school in 1963," Chekon said. "I learned if you wanted to be a children's librarian, you better learn how to tell children's stories."

Ryall also attended library school in 1963. She said telling stories to children was the best part of her job. She also enjoys sharing labor stories with adults and has traveled across the country sharing her stories.

### Summer reading

Tomasik has been telling stories for the past 30 years.

"My favorite time of year is summer reading," Tomasik said. "This is when I get the chance to tell the most stories as soon as school is out."

Tomasik encourages people of all ages to check out their local library and the many summer reading programs available.

Greyson, who is legally blind, has been telling stories since he was a young boy. His professional storytelling began in 1996.

"I had many operations on my eyes as a child," Greyson said. "I couldn't read or watch TV, so I would tell stories to my roommates in the hospital about the doctors and nurses."

Greyson had a friend with the same eye problems he had and they would spend hours on the phone telling each other stories.

### Theater of the mind

Greyson said he likes telling stories where the kids can use their imagination. He might say in a story someone had a balloon. He does not say a red balloon or a blue balloon because he wants his audience to decide on the color of the balloon.

Greyson grew up in Sacramento. His dad was the librarian at City College for 31 years and his mom was an English teacher. In addition to telling children's stories, Greyson also tells stories at two local hospitals twice a month. Greyson plans out his hospital visits.

"Sometimes it takes me three to four hours picking out a story,"

Greyson said. "Then I have to do the research and rehearse the stories to get the timing down."

Greyson tries to tell four to five short vignettes that last from five to seven minutes. It keeps the interest going and creates a change of pace and scenery, keeping it lively. He often shares memories of past events such as the assassination of President John F. Kennedy.

### Touching hearts, memories

"I try to touch their hearts and bring back memories," Greyson said. "I get paid for it, but I also get paid in their joy."

Even though Greyson is not able to see the folks he shares his stories with, he feels their intensity, their excitement of hearing the stories brings him to life and this brings him happiness.

### An ancient tradition

Greyson feels it is important for children to listen to stories of the past. He said children need time away from TV and computers to listen to their elders, because people 80 years old or older are going to be known as the last generation of people who lived without modern conveniences.

"Listen to their tales, how they rode to school on horseback, had to go down to the creek to get the water," Greyson says. "That era will never happen again."

Greyson encourages folks to join the storytellers. The group provides workshops on occasion and people of all ages are welcome.

"Everyone has a story to tell," Greyson says. "The joy of storytelling, at least for a short time, takes the person out of what they are worried about and gives them a chance to relax and use their imagination; it's like giving them a happy pill."

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# CALENDAR

For more Calendar entries visit  
www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

cer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentotoastmasters.com

June-Sept. 10 a.m.-1:30 p.m. 15th & L streets, Sac. www.california-grown.com

## Florin Sears Store Farmer's Market

June 14, 21, 28: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

## Food Addicts Anonymous

June 14, 21, 28: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays, 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

## Living Positive with Chronic Disease group

June 14, 21, 28: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want

to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

## Rotary Club of Pocket/Greenhaven

June 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freepoint Blvd., Sac. Kelly Byam (916) 684-6854.

## Sacramento Downtown Plaza Farmer's Market

June 14, 21, 28: Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

## Sutterville Heights Optimist Club

June 14, 21, 28: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Golden Corral, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

## Ballroom Dances

June 15, 19, 22, 26, 29: Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.-3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

## Kiwanis Club of East Sacramento-Midtown

June 15, 22, 29: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m.-8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

## Rotary Club of Point West

June 15, 22, 29: Hear guest speakers address local, regional and international top-

ics. Visitors welcome. 7 a.m., every Fri. DoubleTree Hotel, 2001 Point West Way, Sac. www.pointwestrotary.com

## Sacramento Kaiser Farmer's Market

June 15, 22, 29: Sacramento Kaiser Farmer's Market. Every Friday, June-Nov. 9:30 a.m. - 1 p.m. 2025 Morse Ave., Sac. www.sierrafresh.com

## Saint Rose of Lima Park Farmer's Market

June 15, 22, 29: St. Rose of Lima Park Farmer's Market. Every Friday, June-Sept. 10 a.m. - 1:30 p.m. 7th & K streets, Sac. www.MarketLocations.com

## Soroptimists of Sacramento

June 15, 22, 29: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

## Fire Station 20 open house

June 16: Come visit Fire Station 20 at 2512 Rio Linda Blvd., Sac. Free. 2 p.m. - 5 p.m. Presentations at 3 p.m. (916) 808-1347

## Food Addicts Anonymous

June 16, 23, 30: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

## Carmichael Farmer's Market

June 17, 24: Carmichael Farmer's Market. 8 a.m.-1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneymartusa.org

## Co-Dependents Anonymous

June 17, 24: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac. (866) 794-9993.

## Community Sunday breakfast

June 17, 24: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

## Families Anonymous

June 17, 24: Meet with other parents who are dealing with a daughter or son who is experiencing mental, emotional or addiction problems. Meets every Sunday without fail. 3 p.m. Del Norte Swimming and Tennis Club, 3040 Beccera Way, Sac. Jane (916) 402-2465

## State Parking Lot Farmer's Market

June 17, 24: State Parking Lot Farmer's Market. Every Sunday, year round. 8 a.m.-noon. 8th & W streets, under Highway 50, Sac. www.california-grown.com

## Sunday Support for the Widowed

June 17, 24: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine - holidays included. 3 p.m.-5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

## Hatha yoga

June 18, 25: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.-4 p.m. Hart Senior Center, 915 27th St., Sac. (916) 808-5462. Meets every Mon. Repeats Wed., Fri.

## Nicotine Anonymous

June 18, 25: Nicotine Anonymous meeting. Meets every Monday, 5:30 p.m.-6:30 p.m. Westminster Presbyterian Church, 1300 N St., Sac. Brandi Bowman (916) 984-3501

## Rotary Club of South Sacramento

June 18, 25: Hear guest speakers address local, regional and international topics. Vis-

itors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

## Tai Chi & Chi Keung

June 18, 25: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

## Toastmasters

June 18, 25: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.-8:30 p.m. Mondays. Executive Airport, 6151 Freepoint Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freetoasthost.org

## Christian Women's Connection

June 19: Monthly luncheon. \$17. Feature: Inspiring women to look and feel beautiful. Dress Barn has the fashions for summer that can lead you into fall. Guest speaker: Carol Kohler will speak on living with peace and contentment despite bad choices and the bitter consequences of AIDS in her family. 11:30 a.m. to 1 p.m. Socializing at 11:15 a.m. Lunch at 11:30 a.m. Reservations required by June 13. Childcare available by advance reservation only. Sacramento Christian Women's Connection, affiliated with Stonecroft Ministries. Carmichael Elks Lodge, 5631 Cypress, Carmichael. Fran (916) 332-1461, Sharon (916) 361-1642 or SacCWC@aol.com

## JUNE

### Bilingual Toastmasters

June 14, 21, 28: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/ Cada Jueves 6:30 pm - 8:00 pm Sutter Can-

### Capitol Mall Farmer's Market

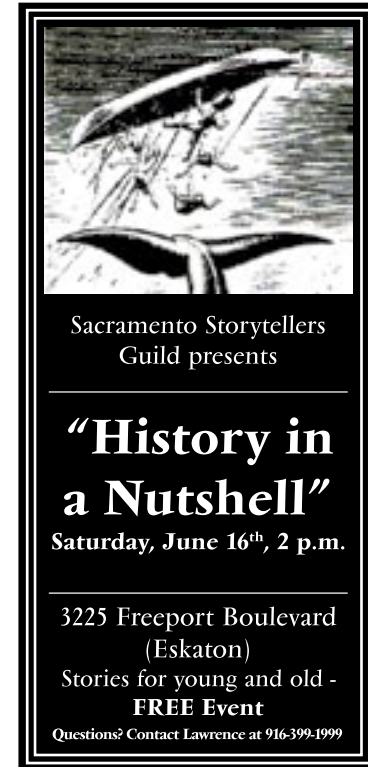
June 14, 21, 28: Capitol Mall Farmer's Market. Every Thursday, May-Sept. 10 a.m.-1:30 p.m. 6th St. & Capitol Mall, Sac. www.california-grown.com

### East End State Capitol Park Farmer's Market

June 14, 21, 28: East End State Capitol Park Farmer's Market. Every Thursday,



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**- EVENT LISTING SECTION -**  
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**FREE LUNCHEON SEMINAR**  
**"The Privilege of Planning"**  
Presenter: Josh Tuttle, General Manager, East Lawn Mortuary & Sierra Hills Memorial Park, Funeral Director Lic#3435  
Friday, June 29 - 11:30 a.m. to 12:30 p.m.  
Seating is limited to 30 attendees per seminar  
**St. Francis Community Hall**  
6700 Verner Avenue, Sacramento, CA 95841  
(I-80 @ Greenback)  
30-minute presentation followed by a question and answer period.  
Reservations Required RSVP to Lisa West @ (916) 732-2020

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**Saturday, June 16, 2012 - 10 a.m. to 4 p.m.**  
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Editor steps down

## Life transitions, the art of living simply and the importance of 'The Present Moment'

By SUSAN LAIRD  
 Land Park News editor emeritus  
[slaird@handywriting.com](mailto:slaird@handywriting.com)



Photo courtesy, Susan Laird  
**SANDWICH GENERATION.** Generations that cared for their children often need to be cared for by their children and grandchildren. Susan Laird, the toddler in this photo from 1967, is stepping down from her post as editor at Land Park News so she can care for her mom, who is recovering from transverse myelitis.

There are stages in all of our lives: a time to be born, a time to die. Between those two points in time, there is the "stuff" life is made of: childhood, the school, high school and college years, family life, friends, growing older. The list goes on and on.

I'm now at the "sandwich" stage of life. Much as I wish this was about delicatessen delicacies, it's not. The Sandwich Generation, loosely defined, is that group of people who are still raising a family (or supporting kids in college) while taking on the additional responsibility of caring for aging parents.

My mom, a healthy widow of 72 years of age, was struck by a condition called "transverse myelitis" on April 25. This auto-immune disorder attacks the spinal cord. Only 100 people per year are affected nationwide. There is no known cause. Within 24 hours, Mom was a quadriplegic.

And my entire family's life was changed.

The good news is: Mom has every reason to learn how to walk again in the next 12 to 18 months. She's regained much of the use of her arms. Hands and feet are slower. The central nervous system, I'm told, is the slowest part of the human body to heal itself.

The challenging news is: things have to change for each family member.

I am stepping down from my position as editor of this newspaper and three others at Valley Community Newspapers, because Mom will need 24-hour care for many months. I'll be the caregiver, taking care of physical needs, making the rounds with doctors and therapists and taking care of anything else that needs taking care of as Mom recovers.

My daughter got two jobs at Seton Hall University to supplement her merit scholarship and she is looking into other options to take care of the balance of her tuition.

My husband is taking care of Mom's house for the next year or so, because Mom really wants to go home eventually. And we don't want her to lose her home.

Mom, for her part, is a real saint. She wishes that she wasn't putting us in this situation, and she is doing all she can to work hard in her physical and occupational therapy sessions to re-learn how to do the very things we each take for granted. She prays for others — a lot.

Will this be a rough time? Sure. I wouldn't wish this on anyone.

Will this be a blessing in our family? Absolutely. Blessings are pouring out in abundance.

The initial blessing was: "We still have Mom." We have a second chance to appreciate each other and to say the things that need to be said.

The second blessing, for me, has been the emptying out of my house as I prepare to welcome Mom in for her 12 to 24 month rehab period.

I always knew I had too much "stuff." I wasn't a hoarder, but I simply would put things off for another day.

I put off a lot.

Well, that day has come...and as I've gone through boxes and boxes of ephemera, I've had to ask myself, "Why did I keep all this? I don't need any of it."

Mahatma Gandhi taught, "Live simply, so others may simply live." I have a greater appreciation for the beauty — the art — of simplicity and what is truly needed in life. I plan to continue to simplify my life as much as possible. It's an on-going lesson I'm learning.

Finally, the greatest blessing is the support of a worldwide community of friends. Through local churches, Rotary clubs, the Sacramento area and social media, friends and strangers have shared their love, wisdom, prayers and support for ideas and resources. I had no idea we were so rich in the quality of our friends. It is a humbling realization. We are blessed.

The past is the past. The future is something we can only prepare for, and it is promised to no one.

What matters most is how we handle the "Present Moment." Today.

As the Romans said, "Carpe Diem" — Seize the Day. Hug your family. Do a good deed for a stranger. Pray. And appreciate the beauty and true wealth that surround you.



## Flea Market & Rummage Sale mark 25 years of helping neighbors

By STEPHEN CROWLEY  
 Land Park News photographer  
[stephen@valcomnews.com](mailto:stephen@valcomnews.com)

Parkside Community Church held its annual Flea Market and Rummage Sale on June 2. This was the 25th year for the annual event.

Members of the community shopped to their hearts' content, finding collectibles, estate jewelry, baked goods and items from local vendors as well. The event benefits the South Sacramento Interfaith Partnership Food Closet, a local food bank.

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**Father's Day**  
 Sunday, June 17  
 Game Time: 1:05 p.m.

**BBQ Tool Set Giveaway**  
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#### CUSTOM POCKET HOME

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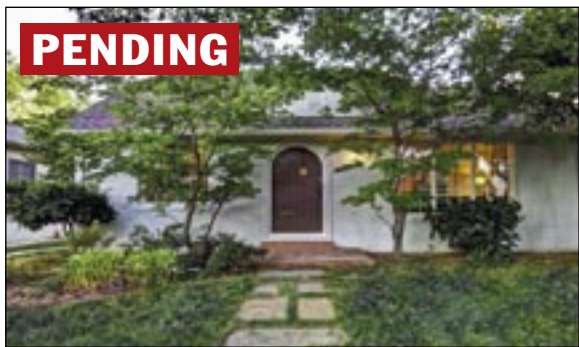
**MONA GERGEN 247-9555**



#### SOUTH LAND PARK HILLS

Beautifully remodeled 4 bedroom, 3 full bath home. High vaulted ceilings in the formal living and dining rooms, kitchen includes a separate eating area that opens to a family room with a wood burning fireplace. Spacious upstairs Master with a walk-in closet and private bath. \$339,000

**CHRIS BALESTERI 996-2244**



#### CHARMING COTTAGE

Delightful Cottage in Land Park - hard to find 4bedrm 2ba. Sooo charming and convenient. Walkable - close to restaurants, shopping and downtown. Gleaming hardwood, new carpet and freshly painted. Living room fireplace and family room. \$329,000

**SHEILA VAN NOY 505-0118**



#### HOLLYWOOD PARK

Delightful home with original charm on a street of immaculate homes! 3 bedrooms with newly refinished hardwood floors, living room fireplace, formal dining room and covered patio looking out to large back yard. Central heat and air conditioning. Large 2 car garage with workshop. \$220,000

**JAMIE RICH 612-4000**



#### LAKE GREENHAVEN

Spectacular waterfront property with sandy beach; single story 4 bedroom 3 bath home with beautiful views from the master bedroom. Spacious great room and backyard, and paddle boat on 65 acres of Lake! Picnic at the private 1 acre park. \$549,000

**CONNIE LANDSBERG 761-0411**



#### SOUTH LAND PARK

Great Location! 3 bedrooms 2 baths in the hills of South Land Park Terrace. Walls of glass, skylight and open floor plan! Perfect for entertaining. Master bedroom suite, family room fireplace, central heat and air conditioning. Make this your dream home! \$399,500

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#### RESIDENTIAL LOTS

Amazing opportunity to develop five new homes half a block from William Land Park! Approved by Sacramento Planning Commission to subdivide .7 acre lot and build two 2500 SF homes, two 2400 SF homes and one 2000 square foot home. Close to new Sunflower Market. See: 4540delrioroad.epropertiesites.com \$650,000

**NATHAN SHERMAN 969-7379**



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