

THE LAND PARK NEWS

since 1991

July 12, 2012

Community News in Your Hands

www.valcomnews.com

Land Park resident celebrates a century of life

See page 3

Tennis coach teaches life lessons

See page 4

COMMUNITY CALENDAR, PAGES 24-26 • KNOW YOUR NEIGHBOR, PAGES 8-9 • FACES AND PLACES, PAGE 19

Inside This Edition



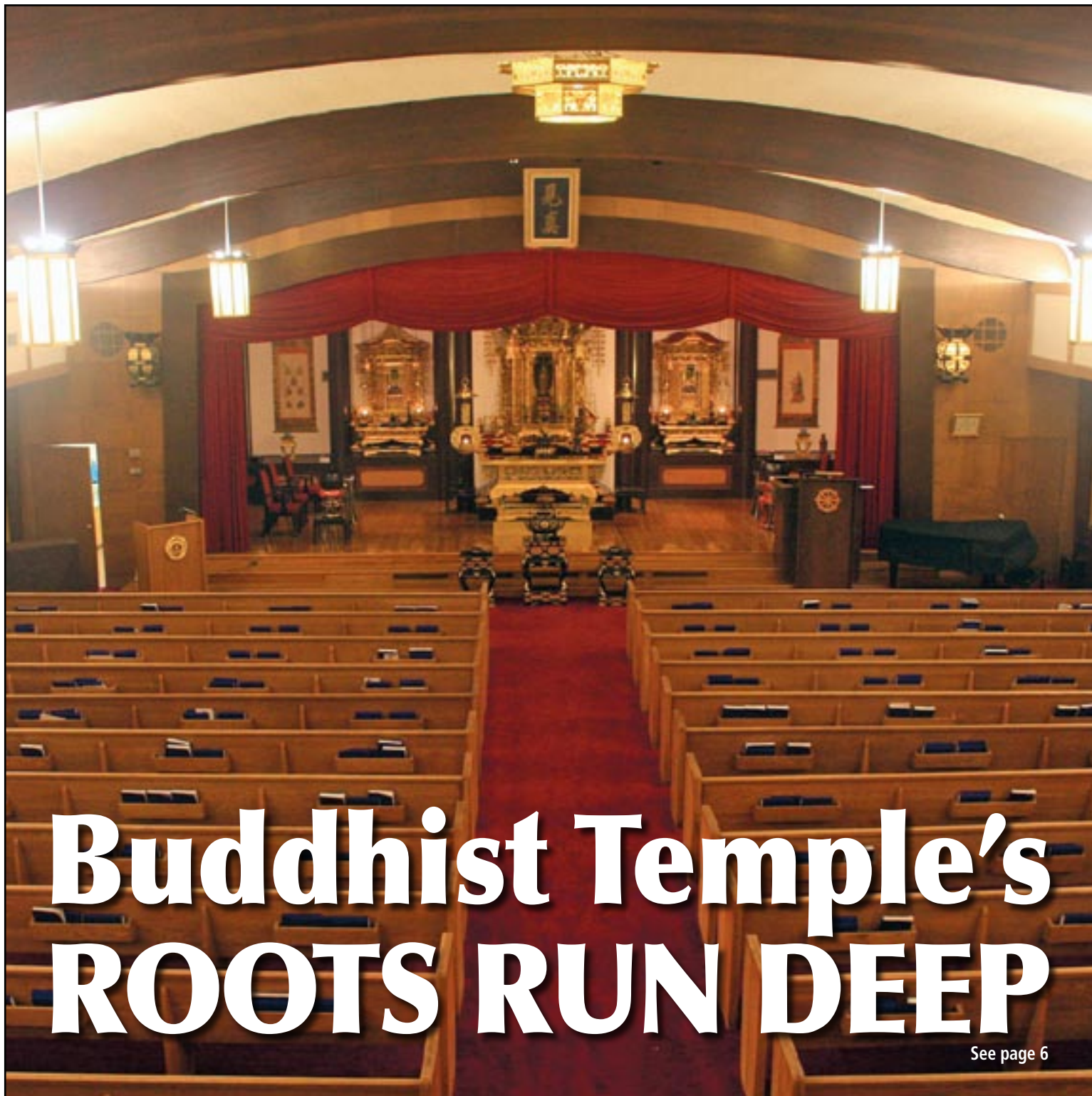
These brothers care about seniors

See page 10



Building an urban forest

See page 16



Buddhist Temple's ROOTS RUN DEEP

See page 6



Welcome *Home*

Eskaton Monroe Lodge offers independent living in a tranquil, country-like retreat with all the city advantages.

Services include regular maintenance, housekeeping, bed linen services and complimentary scheduled transportation.

Call today for a tour!

ESKATON MONROE LODGE

Independent Living with Services
3225 Freeport Blvd. | Sacramento
916-441-1015

www.eskaton.org



ESKATON
Transforming the Aging Experience



THE LAND PARK NEWS
WWW.VALCOMNEWS.COM

E-mail stories & photos to: vcnnews@valcomnews.com Vol. XXI • No. 13

The Land Park News is published on the second and fourth Thursdays of the month and delivered by mail and home delivery in the area bounded by Broadway to the north, Interstate 5 on the west, Florin Road on the south and Freepoint Boulevard/21st Street on the east.

2709 Riverside Blvd.
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906

Publisher..... George Macko
General Manager..... Kathleen Egan
Editor..... Toby Lewis
Art Director..... John Ochoa
Graphic Designer..... Serene Lusano
Advertising Executives
Linda Pohl, Patty Colmer, Melissa Andrews, Jen Henry
Distribution/Subscriptions..... George Macko

Cover photo by:
Lance Armstrong
Other photos
Susan Laird
Jerry McIntire,
courtesy of Sac
Tree Foundation

Local Mortgage Bankers

COMSTOCK MORTGAGE

With interest rates at a multi decade low makes this a great time to refinance.

Call to see if refinancing could save you money!

You may qualify even if you owe more than your home is worth!

Scott Filby
Senior Loan Consultant
916-732-4333 direct
916-600-4313 cell
sfilby@comstockmortgage.com

If anyone you know is purchasing a home, please have them CALL SCOTT TODAY!

4211 Freepoint Blvd., Sacramento CA 95822

East Side SELF STORAGE

100% CLIMATE CONTROLLED UNITS

24 HOUR ACCESS SPECIALTY WINE STORAGE

NOW OPEN

- Climate Controlled
- Refrigerated & Humidity controlled Wine Storage with 24 hour access
- Car / Boat / RV Storage
- Move In Truck available
- All major credit cards accepted
- Online payments available
- Moving & Packing supplies available
- Full-Time Manager
- Individually Alarmed Units
- Fire Sprinklers
- 24 Hour Video Surveillance
- Completely fenced and lighted

7 days a week (except major holidays) • 9am - 5pm
3301 S Street, Sacramento
(916) 451-0101

Bring in this ad and receive your second month FREE!
(Up to a \$300 Value!)
Other charges and restrictions may apply.

Sacramento URGENT CARE

Sacramento Urgent Care is a walk-in medical clinic established by a group of emergency-trained Physicians with years of experience providing a full range of medical care. Our Mission is to provide quality health care, and a consistently high level of customer service that exceeds expectations and demonstrates a sincere concern for you. We are conveniently located at the corner of Florin Road and South Land Park Drive, just off I-5 and minutes from Downtown, Midtown, East Sacramento, West Sacramento, Davis, Natomas, Elk Grove, Meadowview, and the Land Park & Pocket areas.

At Sacramento Urgent Care you will always be seen by a doctor.
Most Insurances Accepted - Se Habla Espanol

OUR SERVICES
Immunizations, Tdap Boosters, Flu & Allergy Shots • Flu, Coughs Sore Throats & Ear Aches • Sports, Employment, D.O.T. & Immigration Physicals • Workman's Comp & Occupational Medicine • Weight Management & Weight Loss Clinic • Fractures, Sprains & Dislocations • Cuts, Burns & Stitches • Asthma, COPD & Breathing Treatments • Women's Health • Drug, STD, HIV, Pregnancy, Diabetes, Cholesterol & Tb Testing • Ear Wax Removal • In-Grown Toenails

OUR FACILITIES
On-site X-ray & EKG • On-site Lab • Six Exam Rooms • Trauma Bay and Procedures Room • Comfortable Waiting Room • Plenty of Free Parking

7200 S. Land Park Drive, Ste. 100 • Sacramento, CA 95831
(916) 422-9110 • www.sacurgentcare.com
Open 9 AM to 9 PM • 365 Days a Year • No Appointments Needed

\$15 OFF
Office visit for new cash paying patients
Expires 7-31-12

Let us know

Send information about your event—including date, time, location, a brief description, cost (if any), and contact information. E-mail us at editor@valcomnews.com

AT THE SACRAMENTO ZOO ★ OPEN LATE UNTIL 8 PM

TWILIGHT THURSDAYS

HOT BANDS ★ CAR SHOWS
COLD DRINKS ★ EXOTIC ANIMALS

JULY 5
ACROSS THE POND
BECAUSE CAR SHOW...
HERB CRUSTED TRI TIP WITH VEGETABLE MEDLEY
BRITISH & EUROPEAN CARS

JULY 12
OLD SKOOL PARTY
EAST WIND CAR SHOW...
LOW RIDERS
BARBECUE CHICKEN SERVED WITH HOUSE POTATO SALAD

JULY 19
ROCKABILLY NIGHT
THE HUCKLEBUCKS
CAR SHOW...
KUSTOMS & RAT RODS
GRILLED ITALIAN SAUSAGE HOAGIE WITH ROSEMARY POTATOES

JULY 26
SO 70'S
Q-BALLS CAR SHOW...
HOT RODS
TERIYAKI BURGER WITH PINEAPPLE SALSA SERVED WITH ASIAN SALAD

EVERY THURSDAY 5:30-7:30 PM!
DINNER SPECIALS ONLY \$9.95!
CONCERTS & CAR SHOWS INCLUDED WITH GENERAL ZOO ADMISSION
ZOO MEMBERS GET IN FREE

FOR MORE INFORMATION VISIT:
SACZOO.org

FOX40

Celebrating a century of life

Special to The Land Park News



Local mother, grandmother and great grandmother Alice Sakata celebrated her 100th birthday on July 7 in Land Park.

Sakata was born in Clarksburg on July 10, 1912. Her father was a well-known and successful asparagus farmer in Yolo County and referred to as the "Asparagus King."

She married Dr. Akio Hayashi, a dentist and, with the exception of four and a half years in an internment camp (Tule Lake) during World War II, she always lived in Sacramento.

Her husband died in 1991 after spending many years as an active member of Senator Lions Club, serving as club president and working his way up the chairs to district governor.

He was instrumental in starting the White Cane program in Sacramento, for which he received an award from then Governor Ronald Reagan. He was also a captain in the U.S. Army practicing dentistry while living in an internment camp in Idaho.

Mother to four children, today she has 13 grandchildren and 20 great grandchildren, mostly in California, many in Sacramento.

Included in the family are a retired OBGYN, a retired Air Force Lt. Colonel and international engineering consultant, a travel agent and tax consultant, an optometrist, dentist, nurse practitioner, physical therapist, respiratory therapist, internet design consultant, investment advisor/managers, small business owner, musician and electrical engineer.

An avid Kings fan, Alice has been very active in the local community over the years supporting her husbands' dentistry practice, founding member of the Ikebana Club (Japanese floral arranging), the Japanese Methodist Church and Lions Club.

Family and relatives said they are so proud of her loving and caring attitude, and such a strong will to live.

Sue Olson & Teresa Olson
916-601-8834 DRE# 00784986
916-494-1452 DRE# 01880615

Call for a Complimentary Market Evaluation of Your Property Or for Assistance in Purchasing a Home.

landparkhomes.com

LAND PARK
Two bedroom charmer close to City College. Formal living room with fireplace, formal dining area, updated kitchen, hardwood floors, laundry area, corner lot, cute backyard with large patio, bonus storage room behind garage. 2280 11th Avenue. \$275,000

LAND PARK
Classic two story Old Land Park Beauty in College Tract! Five bedrooms, 4 bathrooms, spacious foyer, exquisitely remodeled kitchen with Tuscan granite countertops and large island. Formal living and dining room with lovely fireplace. Panoramic views to beautiful backyard, pool, portable spa, cabana house and built in barbecue. 3620 19th Street.

CURTIS PARK
Adorable Curtis Park charmer featuring formal living room, formal dining area with french doors to backyard, cute updated kitchen with built-in eating area, two spacious bedrooms, updated bathroom, wood floors, central heat and air, lovely backyard gardens and corner lot. 2380 Portola Way. \$347,500

LAND PARK
Original Land Park Charmer. Two bedrooms, beautiful mahogany inlay in hardwood floor, arched entries to dining room and breakfast nook, open space in kitchen, separate laundry room, whole house fan, raised flower beds in backyard. 1816 Commercial Way. \$320,000

SOUTH LAND PARK TERRACE
Spacious 4 bedroom, 3 bath home. Beautiful random plank floors, oversized living and dining rooms both with fireplace, large original kitchen w/ eating area, large laundry room, dual pane windows, family room w/ fireplace, lovely gardens and two car garage. 1304 Normandy Lane.

SOUTH LAND PARK HILLS
In the hills! Three bedrooms, two baths, formal living room/family room/dining room with brick fireplace. Charming front porch entry, remodeled kitchen and master bath, hardwood floors and large laundry room. Expanse of windows and doors that open to tiled patio and spacious backyard w/ lush landscaping, two car garage plus carport. 1231 42nd Avenue \$385,000

GOT NEWS?

E-mail us at editor@valcomnews.com

The Local, Reliable Technology Solution

Do you have technology questions or concerns?
Call for a FREE Consultation.

"Green" Web Hosting and Email Services
Troubleshooting, Upgrades and Repairs
Wired and Wireless Networking
Technology Purchase Consulting and Set-up

Y N T
YOUR NEIGHBORHOOD TECH

916-730-HELP (4357)
www.ynthelp.com

"Our #1 goal is client satisfaction. If we can't fix it, it's on us. We make technology simple."

Ted Olson, Jr.
President & CEO

TAYLORS MARKET
50th Anniversary

Gala

Sunday, August 12th 6pm
Taylor's Kitchen

5 Course Dinner
drawing inspiration from dishes popular over the last 50 years with wine pairings

Benefitting the
Sacramento Children's Home

\$160 per person
all inclusive

tickets can be purchased at:
<http://taylors50thgala.eventbrite.com>



LISA MCCAULEY
FOR ALL YOUR REAL ESTATE NEEDS



2604 HARKNESS STREET | \$370,000 JUST LISTED!

Gleaming hardwood floors, dual pane windows, large living room and a formal dining room. Large kitchen with new cabinets and a cute breakfast nook. New paint, new carpet and refinished hardwood floors. Brand new 1/2 bath. Front and rear yard sprinkler and drip system. Garage is so well insulated that it would be perfect for a studio. Access to downtown, Land Park, Fairy Tale Town, The Sacramento Zoo, golf course, and all major freeways in just minutes!

(916) 601-5474
DRE# 00933026



Help us celebrate our 85th Birthday!

Birthday cake and

Ice Cream Safari

Saturday, July 28
4 to 8 pm

All-you-can-eat Baskin Robbins Ice Cream and Coca-Cola Beverages.

- Face Painting
- Live music by "The Hipwaders"
- GiRaffle

sacZOO.org





*Buy your tickets in advance! Adults \$17, Kids (ages 2-11) \$13, member discount \$2
Day of ticket prices: Adults \$20, Kids (ages 2-11) \$15, no member discount



PHOTO BY SALLY KING

Park Terrace Swimming and Tennis club in Land Park is a family-oriented facility designed to meet year-round family recreational goals.

Local swim club sponsors pro tournament

By SALLY KING
Land Park News writer
sally@valcomnews.com

This past spring, Park Terrace Swim and Tennis Club in Land Park, sponsored the Pro Tennis Tournament, part of the United States Tennis

Association Pro Circuit tennis tournaments.

Monty Basnyat, Park Terrace Pro, was a member of the steering committee that worked on bringing this tournament to Sacramento.

Basnyat, who has 20 years coaching experience, has been teaching at Park Terrace for seven years and playing tennis for 32 years. "I started playing tennis at 6-years-old," said Basnyat. "My uncle played tennis and I would shag balls for him."

Basnyat has several tennis programs for children and adults at Park Terrace. The younger children ages 4 to 7 sign up for the Munchkin program, The 7- to 12-year-olds are placed in the Quick Start program. Right now there are about 60 kids in the junior program, which Basnyat says he finds exciting.

"My goal for these kids is that I want them to play tennis for the rest of their lives," Bas-

See Tennis, page 5

In Home Care for Seniors

Personalized & Affordable Services

Available 24/7 Ranging From a Few Hours per Day to Full Live-In Service.

NO MINIMUM HOUR REQUIREMENT

• Bonded & Insured Caregivers
Meet & Greet to choose your Caregiver
• Veteran's Benefits Clinic



Light Housekeeping • Laundry • Meal Preparation
Bathing • Grooming • Dressing • Incidental Transportation
Medication Reminders • Companionship



www.Loving-Companions.com

866-312-2157
916-753-1491

Tennis: Veteran coach teaches students success in tennis

Continued from page 4

nyat said. "It is really important for them to have a positive experience with tennis."

Basnyat said he loves kids and he tries to create a pathway from being a complete beginner, to playing tennis in high school, and then in college. Kids come to his classes at all levels. Some start out learning which end of the racquet to hold, while others come ready to play in tournaments.

Basnyat is a firm believer for kids to be successful at tennis. He says it begins with the right type of balls and racquets.

Basnyat has his beginning students start out with a softer, larger compression ball and a smaller court. Using these softer balls, the ball is slower and doesn't bounce as high as a regular tennis ball, making it easier for a child who has no coordination to hit the ball over the net.

Basnyat said the child is able to rally the ball, instead of chasing it all the time, making tennis fun. Europe has been using compression balls for 30 years. They have only been used in the United States for the past few years.

There are three sizes of compression balls. The red balls are the largest and 50 percent slower than the traditional tennis ball. The orange ball is a little smaller and firmer than the red ball and the green dot ball is smaller and firmer than the orange ball. The student eventually graduates from the green dot ball to the traditional yellow ball.

Jenny Brown has two children taking lessons from Basnyat, and is an off-and-on student herself.

"I could not hit the ball with the racquet when I signed up for lessons," Brown said. "Basnyat assesses the players' skills and teaches tennis based on the individual's past experiences and works with his students to remain positive."

Brown said she tends to be critical of tennis pros and said she watched Basnyat teach tennis for years. She said he helps his students with the mental part of tennis and she believes having beginning students use compression balls helps the students become successful tennis players.

Basnyat recently had a Quick Start camp with 35

kids attending. Most had no tennis experience. By using a compression ball, within three to four days they could play sets using regulation scoring.

The compression balls are used with Basnyat's adult program too. The adults find they are playing tennis much sooner, instead of spending the majority of their time chasing the ball.

Aniko Brueckner, a previous tennis student, said she loves Basnyat. Brueckner and said both of her daughters are taking tennis lessons with Basnyat.

"Basnyat encourages his students," Brueckner said. "He stays on top of what is happening in tennis and you can tell it is his passion."

Basnyat said tennis teaches children important life skills, such as discipline, commitment and focus, all the things needed in dealing with life. Tennis is a mental sport and players have to learn how not to give up.

"Not being hard on yourself, being resilient, tennis is a single person sport. It is you, the ball and your opponent," Basnyat said. "On the court you have to depend on yourself."

Basnyat uses little tricks for his students to learn confidence and how to be responsible. He has them act out what a confident person does on the court, then what a person who has low confidence would do and what someone who is hard on himself would do on the court. He teaches his students how to give a proper handshake, looking the other person in the eye, smiling and making introductions.

"As a coach, the player's ability is not what matters, it is the eagerness to want to be out there that matters," Basnyat said. "At the end of the day, the kid who is eager and wants to play tennis, I will get them where they want to be in their tennis game."

Jason Wagner has two sons, Zeke and Leo, who are taking tennis lessons at Park Terrace with Basnyat. Wagner agreed with other parents they are fortunate to have Basnyat as a tennis coach.

"Basnyat stresses to his students they should set a goal of playing tennis in college," Wagner said. "I think that is a realistic goal."

Wagner said Zeke, his 12-year-old son, started out at Park Terrace taking both swim and tennis lessons. A few weeks into lessons, Wagner received a call from the swim coach asking why Zeke wasn't at swim practice. When Wagner checked into the situation, he found out his son was attending tennis lessons in the mornings, then finding people to play tennis with in the afternoons, rather than taking swim lessons.

Zeke was playing tennis with retired folks, young people — anyone who would play tennis with him.

Wagner said Basnyat makes tennis fun for the kids and makes sure these young players don't burn out on the game. Basnyat told Wagner when Wagner plays tennis with his son, make sure not to overdo it. Wagner said Basnyat sets up realistic goals for his students.

Basnyat wants his students not only to play tennis, but also to feel the joy of playing tennis and the parents of his students agree they are lucky to have Basnyat as the tennis coach at Park Terrace.

Congratulations Pocket Aces Softball Team!



You have amazing strength of character, kind hearts and incredible athleticism. Win or lose the game, you are sure to be winners in life!

It has been a wonderful ride with Pocket Softball! Thanks Coaches for all your hard work.

Proud Mom of #6 -
Steph Baker

Realtor®
Coldwell Banker
916 775 3447
CentralCityDigs@gmail.com

Sacramento is home to one of nation's oldest Buddhist temples

By LANCE ARMSTRONG
Land Park News writer
lance@valcomnews.com

One of the more notable places of worship and spiritual enhancement in the Land Park area is undoubtedly the Buddhist Church of Sacramento at 2401 Riverside Blvd.

Despite this Jodo Shinshu temple's notoriety in the community, many locals are unaware of its place in history.

The Buddhist Church of Sacramento, which was founded in 1899 as Sacramento Bukkyo Seinenkai, or the Sacramento Young Men's Buddhist Association (YMBA), is the oldest Jodo Shinshu Buddhist temple in Sacramento and the second oldest such temple in the continental United States. Hawaii holds the distinction of having established earlier Jodo Shinshu temples.

The oldest of these mainland temples is the Buddhist Church of San Francisco, which was officially established as the San Francisco YMBA on July 30, 1898.

Additionally, the Buddhist Church of Sacramento is the largest temple among the 55 temples of the Buddhist Churches of America, which is the oldest Buddhist organization in the United States.

The Buddhist Churches of America has its headquarters at 1710 Octavia St. in San Francisco, a short distance from that city's Japantown.

Despite this organization's longtime use of the word, "church," the Rev. Bob Oshita, minister of the Buddhist Church of Sacramento since 1984, said that many people are confused by the name of the organization and the names of its temples.

"It is better to refer to us as a temple," Oshita said. "The word, 'church,' is generally understood as a house of God. A number of people, including myself, have suggested that the word 'church' be changed to 'temple.' We could be called the Buddhist Temples of America or Jodo Shinshu Temples of America, or some name that represents us better."

The establishment of the Buddhist Church of Sacramento, which is also known as the Sacramento Betsuin (a designation given to larger temples), occurred with services held on Dec. 17, 1899 at 1221 3rd Street under the direction of the Reverends Shuye Sonada and Kakaruyo Nishijima.



The present temple's hondo (chapel) is shown from its balcony.

Photo by Lance Armstrong

In describing Jodo Shinshu, which is also popularly known as Shin Buddhism, Oshita said, "Shin Buddhism is a teaching to help us to understand the true nature of our humanity. It is Buddhism for those who find that they are truly incapable of enlightenment. Shin Buddhism is the largest sect of Buddhism in Japan. This school of Buddhism was founded more than 850 years ago by Shinran Shonin (1173-1263)."

The establishment of the Buddhist Church of Sacramento, which is also known as the Sacramento Betsuin (a designation given to larger temples), occurred with services held on Dec. 17, 1899 at 1221 3rd Street under the direction of the Reverends Shuye Sonada and Kakaruyo Nishijima.

Sacramento Bukkyo Seinenkai members were extremely active in the founding

and very early administration of what soon became known as the Buddhist Church of Sacramento. This name was officially adopted on June 15, 1901.

An increase in membership led to a relocation, which officially occurred with the Aug. 15, 1900 dedication of a temple at 418 O St.

A local, 20-member cabinet at that time included executive secretary Jujiro Aihara, treasurers Hirokichi Hono and Tokuji Yoshida, and board members Kenichiro Shirayama, Mitsunosuke Ishimura and Asakusu Koutora.

On Dec. 10, 1900, the Rev. Ryotetsu Harada, the first resident minister of the Sacramento temple, arrived in the capital city.

Three years later, a Japanese language school – predecessor to the current, nonprofit Sakura Gakuen

Japanese Language School at the Buddhist Church of Sacramento – opened at the Riverside Boulevard site.

Additionally, the Buddhist Church English School, where Japanese students studied English under the direction of Mrs. Ohara, was established a few years later.

Sacramento Betsuin has been continuously active in the celebration of its anniversaries.

In honor of the 10th anniversary, for instance, the O Street temple was renovated and classrooms were added to the structure at a total cost of \$4,000.

Providing leadership for this project were Inokichi Tsuda, board president, and the Reverends Edatsu Kudo and Yoko Ushio.

In February 1911, an East Indian Buddhist missionary, Dr. Madhinanda, arrived in Sacramento, where he resided for one year and gave lectures about Buddhism to the English-speaking public.

About the time of Madhinanda's departure, a Sunday school was formed and the missionary territory of the Buddhist Church of Sacramento was extended to other areas, including Chico, Oroville and Colusa.

On April 15, 1923, the hondo (chapel) and Japanese language school dormi-

Temple: Progress came to a halt during WWII

Continued from page 6

tory were destroyed in an arson fire.

Perishing in the fire were 10 of the 28 students who were residing in the dormitory.

Working through this tragedy, the Buddhist Church of Sacramento dedicated a new, two-story, brick building at the same site in May 1925. Board President Tsuda also provided leadership for this project, which had a total cost of \$30,000.

Behind this building was a separate structure that was purchased for \$5,000 in 1927 and used as a classroom building.

In celebration of the 30th anniversary of the temple's founding, a project to construct a large hall for spiritual and recreational activities of young members was initiated. The hall, which included a full-sized basketball court and a stage, was completed in 1937.

The progress of the temple and its members came to a halt during World War II, as Japanese nationals and American citizens of Japanese ancestry were relocated to internment camps following the issuance of United States Executive Order 9066.

The Sacramento Betsuin structures were then transformed into a military induction center.

Following the war, in September 1946, the buildings were returned to the Buddhist Church of Sacramento and the hall and classrooms were temporarily used as hostels for Japanese returning from their internment.

The hostel project proved to be very successful, as about 2,000 people obtained shelter at the site.

Additionally, Sacramento Betsuin briefly served as a postwar employment agency for returning Japanese.

Oshita explained that after more than a half-century at the same site, the Buddhist Church of Sacramento relocated to a new site.

"Back in the 1950s, Sacramento – because it's the state capital – underwent what they called at that time urban

renewal," Oshita said. "So, Sacramento's Japantown and Chinatown were physically redeveloped out of existence."

In July 1958, the city's redevelopment agency allocated \$200,000 for the church property and on Oct. 18 of that year, a groundbreaking ceremony was held at the present Riverside Boulevard site.

Once the structure was completed, a formal dedication, which was officiated by Bishop Shinsho Hanayama, was held on June 27-28, 1959.

Since its dedication, the Buddhist Church of Sacramento has experienced much growth.

This growth includes additional classrooms, a gymnasium and a continuous growth in membership. The present membership consists of about 1,000 families.

Furthermore, in 1999, as part of Sacramento Betsuin's 100th anniversary, the temple underwent a renovation and a columbarium was added to the grounds.

Also affiliated with the temple is Boy Scout Troop 50, which is celebrating its 50th anniversary this year, and Girl Scout Troop 569, which is presently celebrating its 20th anniversary.

Troop 50 is technically 12 years older than it acknowledges, since it was established in 1930 and was disbanded during World War II. The troop reorganized in 1962.

An even earlier formed Sacramento Betsuin-affiliated



Photo courtesy Buddhist Church of Sacramento
Buddhist Church of Sacramento members and others gather in front of the old, brick temple at 418 O Street in this 1950 photograph.

Boy Scout Troop, Troop 4, was founded in 1924 and was disbanded along with the original Troop 50.

Today, many locals are familiar with the Buddhist Church of Sacramento for different reasons.

Although the church holds services every Sunday at 9:30 a.m. with Oshita and the Rev. Peter Inokoji-Kim, assistant minister, many events and activities draw people to this site.

Among these attractions are programs such as bonsai, tai chai, ballroom dance, aerobics, choir and youth basketball.

Certainly no Sacramento Betsuin attraction is better attended than the Japanese Food and Cultural Bazaar, which draws thousands of people every August. This year's bazaar will be held Aug. 11-12.

Another popular attraction at Sacramento Betsuin is the annual Obon Festival, which is a Buddhist memorial day

that is set aside for remembering and appreciating loved ones who have passed away. This year's edition of this public event, which includes food, music and dance, will be held at the temple this Saturday, July 14 at 7 p.m.

For those interested in learning more about the Buddhist Church of Sacramento and Shin Buddhism, the festival will offer an introduction to Buddhism this Saturday and Sunday at 5 p.m.

FUNERAL DIRECTORY Call Patty at (916) 429-9901 www.valcomnews.com	
EAST LAWN FD136 ANDREWS & GREILICH MORTUARY 3939 Fruitridge Road Sacramento, CA 95820 "Ready to provide guidance at a difficult time." 916-732-2026	EAST LAWN EAST LAWN MEMORIAL PARK 4300 Folsom Blvd. Sacramento, CA 95819 916-732-2000 FD1242 "Compassion and Integrity Since 1904."
EAST LAWN ELK GROVE MEMORIAL PARK AND MORTUARY FD1455 9189 East Stockton Blvd. Elk Grove, CA 95624 916-732-2031	EAST LAWN SIERRA HILLS MEMORIAL PARK AND EAST LAWN MORTUARY 5757 Greenback Lane Sacramento, CA 95841 916-732-2020 "Knowing that professional guidance is always by your side" FD1242
GEORGE L. KLIMPP CHAPEL OF FLOWERS FD 360 2691 Riverside Boulevard Sacramento, CA 95818 Phone: (916) 443-7917 Fax: (916) 443-7931 Family owned and operated since 1921	Harry A. Nauman & Son Dignity FD366 4041 Freeport Blvd Sacramento, CA 95822 (916) 452-6157 Serving Sacramento Families since 1903. Pre-arrangement packages available.
Freeport Bar & Grill Our business hours are Monday through Thursday 11am - 10pm Friday 11am - 1:30am • Friday Nights Karaoke 9pm - 1:30am Saturday and Sunday 10am - 10pm Open for breakfast Saturday and Sunday Happy Hour Monday - Friday 4 - 7pm • Serving food all day Call for reservations: 916-665-1169 Patio seating available 8259 Freeport Blvd., Sacramento, CA 95832 Serving fresh steaks, chicken, seafood, pastas, and burgers. www.freeportbarandgrill.com	LIND BROTHERS FD 1141 A Local Family-Owned Funeral Home Serving Sacramento Since 1964 916.482.8080 Call Patty Today 916-492-9901

Smile Art Dental
Family & Cosmetic Dentistry

Happily serving the Land Park community for over 6 years.

Now in a brand new, fully modern location!

Joel Whiteman DDS
Kristy Whiteman DDS

Accepting most insurances
Call today (916) 446-0203

Next to Vic's Ice Cream and Images Salon Spa

Cremation...

A choice this personal deserves talking to the right person.

If you've decided on cremation, you probably have a multitude of questions. "Can I have a service? A viewing? What about costs?" These questions are easily answered, but only if you know who to ask.

We're available anytime to answer any questions, big or small. Feel free to call us... you'll be glad you did.

(916) 732-2000
5 Northern California Locations
Visit our website for nearest location.
EAST LAWN.COM

EAST LAWN

See Temple, page 7

Know your neighbor:

Starr Walton: McClatchy's only Olympic athlete

By JIM COOMBS
Special to Land Park News
Loscoombs2@aol.com

McClatchy High School's only Olympic athlete is Starr Walton-Hurley who competed in skiing in the 1964 Olympics in Innsbruck, Austria. Starr, who graduated from CKM in 1960, is one of first 50 individuals (between 1938-1962) chosen to be inducted into McClatchy's Sports Hall of Fame on September 20, at the Elks Club as part of McClatchy's 75-year Anniversary Dinner.

Starr was born in Yuba City but moved to Sacramento and attended Joaquin Miller and later McClatchy. Her grandparents were involved with the Soda Springs Hotel, the Donner Ski Ranch and managed Sugar Bowl in the 1930's and 40's. When her father went off to war in 1945, she moved to the mountains with her grandparents and began skiing at age three. She won her first race at five and was hooked for life. She was both the Junior and Senior National Champion and Skier of the Year in 1963.

High school life was challenging as a skier. "McClatchy was lots of fun," she laughed,

and "Mr. Pepper was always cutting out articles about my races for me." Living in South Land Park, she remembers walking to school through Land Park with her friends. Other happy times include her first car, a blue military jeep, that she drove to school each day her senior year. Mrs. Johnson (Johnny) was one of her favorite teachers, and all of her teachers were supportive of her efforts to become a world-class skier.

With the 1960 Olympics in Squaw Valley, she broke her foot right before trials, but she carried the Olympic torch at the opening ceremony, which was quite an honor for a local girl. She also helped Stan Atkinson and Stu Nah-an get interviews with the American athletes that she knew for local television stations. Later that year, she came back to beat many of the Olympic athletes in races.

"To get to the Olympics, my parents paid for everything including various competitions. I represented Sugar Bowl and they gave us a little money, but you couldn't take a lot of money because you were considered an amateur. Only amateurs could compete back then. We had no logos, no



See Starr, page 9

Photo courtesy of Jim Coombs

Starr

Continued from page 8

labels. Things were a bit different then, no endorsements. We had to give back all of our equipment after the games." Starr smiled as she called herself a "flatlander," a person who lived in Sacramento but skied every weekend at Soda Springs or Sugar Bowl.

After graduating from McClatchy, Starr attended Sacramento City College and then transferred to University of Colorado, Boulder where she could ski and try out for the 1964 Olympic team. They picked six women every four years, and in 1964, at Innsbruck, she was the top US finisher in the downhill (14th) dominated by Europeans with a time of 2:01.45. She finished 9th in the world at the end of the ski season and laughed as she called herself "The fastest American woman skier in 1963 and 1964."

When asked about her favorite Olympic moments, she said there were two of them. "One was walking in behind the children who carry the United States name plate and walking into the stadium in your uniform

as part of the United States team with all of the other competitors. It's pretty awesome! The reality hits you! It's like, I'm an Olympian!"

"My second favorite memory is the closing ceremony. All of the athletes come in together. It's an unstructured parade, and I remember walking in with the friends that I had made. It really kind of states the camaraderie that has occurred. You may be competitors but, on the other hand, you are new friends and it is incredible."

After the Olympics, she lived in Vail, Colorado for a while before moving to Sacramento and San Francisco where she worked for United Airlines. Later, she continued in the ski business with "Starr Treks" where she led groups of skiers all over the world on ski trips. In 2002, she was again an Olympic Torch Bearer for the Olympic games in Salt Lake City, Utah, and in 2010 carried the torch in Squaw Valley for the 50-year Olympic anniversary celebration.

Today, Starr is known throughout Sacramento as "the ultimate volunteer." She is President of the Land Park Zoo Association, a trustee on the Crocker Museum Board, and

named Volunteer of the Year by the Sacramento Metro Chamber of Commerce. She is an active volunteer with the Northern California Olympians, the Sacramento Sister City Council, and the Leadership Council of UC Davis Medical Center and Drexel University. Widowed, her husband was a famous cardiac surgeon at UC Davis Med Center. In her few minutes of spare time, she can be found playing golf at El Macero.

When meeting and talking with Starr, you can see a person who loves life and truly cares about people. And, you can still see that 15-year-old flying down the Sierra slopes, taking on all comers.

"I have a passion for skiing. I still ski all the time. I am on the slopes and I ski with anybody. I enjoy watching the beginners as their face goes from anxiety to this wonderful realization that they can do it!!! When I go to Sun Valley and ski with the "big boys," as I call them, and I am cruising at 70 miles an hour down that mountain, I am in Hog Heaven. I am loving every minute of it and I do wear a helmet."

This is the second in a series of articles about athletes and teams



Photo courtesy of Jim Coombs

chosen to be part of McClatchy's Sports Hall of Fame induction to be held on September 20. For more information about the members/teams and how you can attend the 75-Year Celebration, go to restoretheroar.org.

Senior Services and Resources

Call Melissa (916) 429-9901

DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILL

Legal Document Prep Services:

- Trust • Will
- Powers of Attorney
- Residential Deed

Couples \$495 Singles \$450
Lynda K. Knight (916) 214-1215
1337 Howe Ave., Ste. 103
Sacto 95825

HELP AT HOME

HELP AT HOME

Senior Care
Caring, In-Home Assistance & Companionship

- Light housekeeping
- Meal preparation
- Med reminders • Errands
- Dementia care • Bathing & Much More

For no-cost/in-home assessment,
call 877-404-6636

IN HOME CARE & ASSISTANCE

Right At Home

In Home Care & Assistance
Companion Care • Personal Care
• Memory Care (Alzheimer's)
• Supportive Hospice Care
• Transportation

Flexible schedules including hourly, part time/respite(adult in home day care)
12 or 24 hour live in care.
Call Right at Home today for a Free Consultation
(916) 779-0601
www.RightAtHome.net/rivercity

LOVING COMPANIONS



Certified care

(866) 312-2157

Specializing in
24/7 Live-In
Service

Excellent
Rates &
Discounts

YOUR AD SHOULD BE HERE!

Call Melissa today!

Your services
are needed.

Your ad should be here.
Ad design is free.

Call 429-9901

MEDICAL SUPPLIES

AMD Medical Supply



Visit our website - amdmidsupply.com
Tel/Fax: (916) 485-2500
3108 Arden Way, Sacramento, CA 95825

Now Accepting
Medicare

REAL ESTATE SERVICES

Moving On?

FREE Real Estate Help & Advice
tailored to seniors & their families

Contact John Woodall, GRI
Seniors Real Estate Specialist
(916) 421-5421

✓ out my blog at:
aSeniorsBlog.com

SPECIAL ALZHEIMER'S LIVING

Primrose

Living With Memory Loss

Day Club, Respite,
Residential, Support Groups
& Educational Classes
cas@primrosealz.com
www.primrosealz.com
(916) 392-3510

7707 Rush River Dr. Sacto, CA 95831

SENIOR PLACEMENT

FREE Senior Living Placement

Finding local, long term care for every senior is our specialty!
We will personally drive you to the locations that meet your personal, financial, and geographic preferences.

Get Assistance. Call Today!

916-372-3762



Senior Living & Care Finders

www.AssistedTransition.com

YOUR SERVICES ARE NEEDED

CALL Melissa TODAY
TO PLACE YOUR AD

(916) 429-9901

Advertise Your Company Online!

www.valcomnews.com

Call (916) 429-9901 today for great ad rates!



BECK'S SHOE EMPORIUM

Sacramento
5663 Stockton Blvd.
@ the intersection of Fruitridge & Stockton Blvd.
(916) 453-1719

\$12 BECK'S BUCKS

Expiration Date 7/31/12

SAS BIRKENSTOCK new balance

CATERPILLAR WOLVERINE Clarks SKECHERS UGGs

"Wendi's expertise in staging and pricing helped us quickly sell our home for top dollar."

Stunning Curtis Park brick Tudor with 4 bedrooms, 3 baths, formal dining room and breakfast nook. Gleaming wood floors, fireplace, remodeled baths, basement and a low maintenance yard. There are 2 upstairs bedrooms, a cozy sitting area & balcony and bath with marble tile, claw tub & separate shower. Laundry rooms upstairs and down. Kitchen is a gourmet dream with marble counters, farm sink and a Wedgewood stove. There's even a detached 2 car garage. Featured in the Curtis Park Home & Garden Show!

2535 4th Ave. \$499,500

Wendi REINL 916.206.8709 WendiReinl.com
DRE# 01314052

Cimino family shares a passion of caring for seniors

By SUSAN LAIRD
Land Park News writer
slaird@handywriting.com

"I wish there were nicer facilities for placing seniors."

Although she didn't realize it at the time, those words spoken by Wilma Tanzini Cimino in the early 1970s would change the course of an entire family — and the ripple effect would go out to reach hundreds of families over the next four decades.

The Cimino Family resided in San Francisco back then. Dad John Cimino, Sr. was a cabinet maker and remodeler in the City. Mom Wilma Cimino had her hands full raising two daughters and three sons. They were a busy, caring and happy Seventh Day Adventist family.

In addition to raising a busy family, Wilma provided in-home care and served as a conservator for elderly clients in the community.

"The church would call, asking for help for parishioners," said Mark Cimino, the youngest of the three brothers. "Mom started caregiving as a business in 1973. We used to

go with her to help Mrs. Freeland, who was blind. That's where our lessons in caregiving began when we were children. We all took the bus to her home. Mom did the caregiving, our sisters did the housekeeping and we brothers did the entertaining."

"There were many elderly people we used to help that Mom was taking care of," said John, Jr., the eldest of the boys.

One day, an incident happened that changed the course of the family forever.

"Jane Herda was one of the people Mom was caring for," said Mark. "I still remember the commotion because Jane had called Mom and said, 'Wilma, this is Jane. My bed is on fire!'"

This was in the days before 9-1-1.

Horrified, the Cimino family rushed to Herda's home. They could see flames flickering through the window panes. The elderly woman had been smoking in bed and inadvertently started a small fire. Fortunately, the Ciminos arrived in time and were able to put the fire out — and Her-



Land Park News photo, Susan Laird
The Cimino Brothers are part of a family dedicated to serving the needs of seniors, their families and the people who work to care for seniors. Left to right, Paul Cimino, John Cimino, Jr. and Mark Cimino.

da, who could not get out of bed without help, was miraculously unharmed.

Wilma, realizing that Herda could not be alone any more, placed her in a nursing facility. Back in the 1970s, nursing homes were cold and institutional, and were perceived as places one went to die. Seniors rightfully avoided them as long as possible.

That's when Wilma expressed her frustration that there weren't quality places for people like Jane Herda, who just needed assistance with daily living.

The Ciminos maintained contact with Herda for the rest of her life, an act the woman deeply appreciated. So much so, that when the older woman passed away, she left her house to Wilma.

"That was the beginning of the Easton Creek Villa, our family's first care facility in Burlingame," Mark said. "That house has a lot of meaning for our family, because we all got our start (in the caregiving and assisted living industries) there."

With a passion for serving the needs of seniors, CiminoCare, a family of senior care facilities, was born. The company's vision statement reads, "We responsibly operate Senior Living Communities, inspiring the heart, mind and soul to provide quality care, to connect with those we serve and to be leaders in our community and industry."

Unlike the cold, sterile facilities of the past, the Ciminos de-

veloped care facilities that could care for physical needs AND emotional needs. Rooms had real furniture and furnishings. Dining rooms looked like dining rooms and family rooms were intended for families to visit and enjoy one another. It was a radical concept for the time.

The company expanded to two additional residential care facilities for the elderly in Burlingame, then expanded into the Sacramento area. The three brothers, John Jr., Paul and Mark, all run facilities in the area. Each brother is passionate about the resources their facilities provide to the community.

Paul Cimino, the middle son, is in charge of The WaterLeaf at Land Park. The WaterLeaf provides assisted living for the elderly.

"Basically, you have to want to do this kind of work," Paul said. "You have to be jazzed about helping other people. The care is the easy part, in some ways. You have look at the whole picture. We're here for the families — to give them piece of mind. I'm passionate about helping the families. They are in control."

Mark is the CEO of CiminoCare. He is a Rotarian with a passion for growing the talents and opportunities for those in the assisted living industry.

"I went to law school and clerked during law school," Mark said. "I saw the potential for growth (in this industry). It's about influencing people's lives, influencing our team members.

The people who go into this industry — they enter it because they care about other people. My passion is to provide my employees who serve seniors the opportunities to they might not have otherwise had. The industry standard for employee turnover is about 45 percent. Our employee turnover is in the teens."

John Jr. runs The Meadows at Country Place, an assisted living facility in the Pocket-Greenhaven area of Sacramento.

"I really enjoy providing a place that people can be proud to visit," John said. "This is a place where residents and family members can invite their friends. And it's a place that doesn't freak out the grandkids."

All of the facilities owned by the Cimino family are calm, hospitable and comfortable, with a family atmosphere.

Wilma and John Sr. continue to work with seniors. Although the couple still resides on the San Francisco Peninsula, it's not unusual for them to visit any of the facilities, to make sure that the high standards this family has for senior care continues to be upheld. And to visit their three sons, who all live in the Sacramento area.

"We all grew up around seniors," Mark said. "Our kids grew up around seniors. Family is important. That's why there is a family atmosphere at all of our facilities. What you see is what you get — we are all about the family."

Are higher federal and California state taxes a concern?



Interested in learning more about ways to manage your portfolio's tax burden? Call or e-mail me for a no-obligation report on strategies designed to help you reduce the taxes you owe on your investments.



Joseph F. Eschleman, CIMA®

Managing Director - Investment Officer

400 Capitol Mall • Wells Fargo Center Suite 1700 • Sacramento, CA 95814

916-491-6327 • 800-877-7783

joseph.f.eschleman@wfadvisors.com

CA Insurance License #0C77273

www.josephfeschleman.com

Wells Fargo Advisors is not a legal or tax advisor. However, we will be glad to work with you, your accountant, tax advisor, or lawyer to help meet your financial goals.

Investment and Insurance Products • NOT FDIC Insured • NO Bank Guarantee • MAY Lose Value

Wells Fargo Advisors, LLC. Member SIPC, is a registered broker-dealer and a separate non-bank affiliate of Wells Fargo & Company. ©Wells Fargo Advisors, LLC. 0412-3352 [80631-v1] 09/09

To view Joseph's website, simply scan the code with your smartphone.



Pre-Arrangements Available Since 1903

Harry A. Nauman & Son Funeral Directors
4041 Freepoint Blvd. • Sacramento • CA 95822 • (916) 452-6157
Found in the phone book under "Harry A. Nauman & Son Funeral Directors."

REWARD . REWARD . REWARD

WANTED

USED VINYL & COLLECTIBLES

BUYING LARGE COLLECTIONS & INDIVIDUAL ITEMS
ROCK, BLUES, JAZZ, AUTOGRAPHS, MEMORABILIA

CALL TODAY!
(916) 442-5344
MARTY@DIGMUSIC.COM

1931 H STREET • THE URBAN HIVE . SACRAMENTO, CA 95811

SAVE THE DATE! **GIVE BLOOD GIVE LIFE**

Primrose is organizing a **Blood Drive**

Living With Memory Loss

Thursday, July 26, 2012 2:00pm - 6:00pm

To schedule an appointment, or for more information, please call 916-392-3510
License #: 347001338;347001342

7707 Rush River Drive Sacramento, CA 95831

Blood Drive held at **Primrose Living With Memory Loss**

PINT FOR A PINT
An hour of your time helps give Harry & Thomas.

BloodSource blood donors receive a coupon for a FREE pint of Baskin-Robbins® Ice Cream at any BloodSource Center or mobile drive!



**RESERVE YOUR SPACE
IN THE UPCOMING
California Kids!**

Be Seen by Over 100,000 Readers Each Month.
CALL JEN AT (916) 429-9901 TODAY!



THE OLD SUGAR MILL PRESENTS

*3rd Annual
Wine, Cheese & Bread
Faire*

- 9 WINERIES
- ARTISAN CHEESE TASTING
- FRESH BAKED BREADS
- HANDS-ON CHEESE MAKING CLASS
- CHEESE TASTING SEMINARS
- GOURMET FOOD VENDORS
- EXCLUSIVE CHEF DEMONSTRATIONS
- PICNICING
- LIVE MUSIC
- CIGAR LOUNGE



Enjoy a day of sampling fine local wines, cheeses and fresh baked bread.
Classes, demonstrations, and seminars.
Picnic while listening to live music!

www.OldSugarMill.com

JULY 21ST & 22ND 2012 11AM - 5PM
AT THE OLD SUGAR MILL IN CLARKSBURG WINE COUNTRY
\$25 ONLINE \$30 AT THE DOOR

Area museums offer fun camps for kids and special activities

Earthworks Garden FunCamp at Fairytale Town – July 23 to 27

Fairytale Town offers plenty of green-thumb fun in this gardening camp. This FunCamp covers the basic essentials of home gardening with a focus on environmentally “green” practices. Campers will also receive an up-close perspective on Fairytale Town’s own unique gardens and plants. For more, visit www.fairytaletown.org/educational-programs/day-camps/

Robot Renegades at the Discovery Museum Science and Space Center – August 6 to 10

Perfect for kids ages 10 to 13, robots are everywhere! In this fun-filled five-day camp, campers will explore different robotics concepts such as engineering with LEGO Mindstorms and programming with NXT. Campers will build and program robots while learning how robots influence our world. For more, visit www.thediscovery.org.

Family Overnight Safaris at the Sacramento Zoo – July 13, 21, 27 and August 3 and 11

Sacramento Zoo Family Overnight Safaris make for a great, safe, mini-vacation - without the drive! Guests can experience a unique side of the zoo with friends and family without the rush of the daytime crowds and meet some of the animals up close and personal. As night falls, guests camp out under the stars just yards away from dozing flamingos. Make this a memorable experience that will last a lifetime for everyone in your family or small group! For more, visit www.saczoo.org.

For a more complete listing of available summer class and children’s camp activities, visit www.sacmuseums.org/summercamps.html.



Sindy Kirsch

“Together...we can make doors open.”
– Sindy

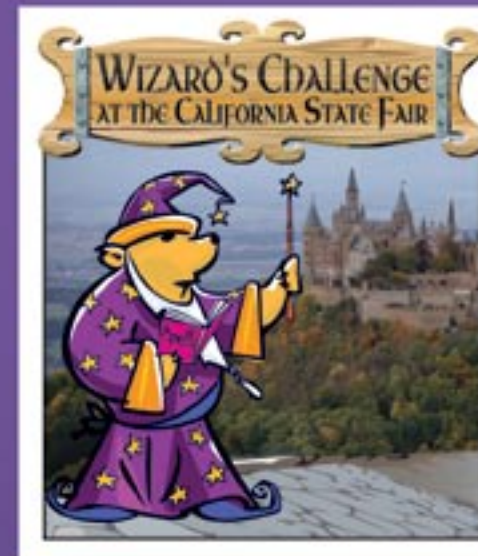
COLDWELL BANKER

www.SacOnTheMove.com
916.730.7705
Sindy@SacOnTheMove.com

NEW at the Fair!



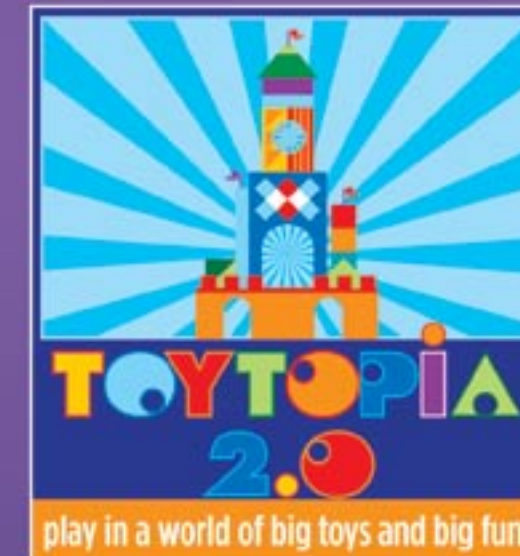
CHECK OUT THIS YEAR’S NEW EXHIBITS!



Wizard’s Challenge Exhibit

Powered by SMUD

Explore this magical world of scientific wonders. How do you measure up as a wizard or knight? This interactive exhibit provides enchanting fun for kids and adults!



Toytopia 2.0

Stage Nine Entertainment has assembled an amazing collection of our favorite toys and games! Look for the worlds largest Etch A Sketch, giant doll house and arcade of retro games. Come play with us!



Sun-Maid Centennial Exhibit

Celebrate the 100-year history of Sun-Maid Growers of California. Learn about dried fruit production and look for the iconic Sun-Maid Girl and original Norman Rockwell paintings!

California State Fair | July 12-29 | BigFun.org

ARTISAN SALON

Consultations are FREE. For more information on pricing, call or visit our website.
916-443-5478 • www.artisansalonlandpark.com



Introducing **Sara Fong, Manicurist**
Receive a complimentary upgrade to any service, (\$10-15 value) call for more details.

Rid your home of pests!

BELL PEST CONTROL

\$30 OFF
ANY ONE TIME SERVICE

\$35 START UP
A \$145 SAVINGS!

SUMMER SPECIAL
FREE with start up
aphid, slug, and snail treatment
(\$100 value) Ask for details

"We've got 'em in our crosshairs"

800-322-4170 **GUARANTEED SINCE 1978**

Ants Black Widows Mice Earwigs Rats Fleas And more!

"GIVE US A RING"
www.bellpest.com

Kinder World
CHILD CARE & PRESCHOOL
www.KinderWorldPreschool.com

422.5437
"We Accept Child Action!"

• Loving and caring infant & toddler program
• Preschool with transitional kindergarten program
• Flexible Schedules for all families

\$25 OFF Registration
Call for Details
"Now Enrolling for FREE, 3-hour Preschool!"

Convenient to South Land Park, Greenhaven & Pocket

License #'s 340320568, 340310774, 340315012



For over 36 years

COOK REALTY
www.cookrealty.net



18 ALSTAN COURT • \$1,175,000
SUSIE K. PARKER • 421-3546



PENDING

2684 HARKNESS STREET • \$296,000
ATCHAN VANPELT • 813-5919



SOLD

3211 EAST CURTIS DRIVE
Stunning remodeled home on Curtis Park with 3 bedrooms, 2.5 baths, 2,538sf of living space, formal living room, formal dining room, family room opening to yard with pool and spa. \$679,000
LARRY EASTERLING • 849-9431



2021 22ND STREET
Striking, unique curb presence. Midtown's upscale Poverty Ridge, old city's highest elevation. Room size entry & grand staircase. Wood molding, floors & paneling all have striking patina, giving the entryway, stairs. \$499,000
JAMES WALKER • 607-0519



PENDING*

3028 9TH AVENUE
9th Ave has 4 beds, 2 baths, and approximately 1,482 square feet. The property has a lot size of 9,583 sqft and was built in 1911. \$170,000
JAMES WALKER • 607-0519



PENDING

2851 3RD AVENUE
Brick Tudor w/ master suite addition. Tastefully updated by owner/architect. Newly remodeled kitchen and bath. Newer roof & HVAC system. New 2 car garage/workshop w/ custom doors & brick face to match house. Walk to Gunthers & Curtis Park. \$410,000
ATCHAN VAN PELT • 813-5919

See all our listings at www.cookrealty.net

REAL ESTATE SCHOOL

- ★ LOW INTRODUCTORY COST
- ★ START ANYTIME
- ★ LIVE CLASSES

Call: Ed Daniels • 451-6702

PROPERTY MANAGEMENT

- ★ MONTHLY CASH FLOW
- ★ TENANT SCREENING
- ★ MAINTENANCE

Call: Brittany Naucke • 457-4907

ADDITIONAL LISTINGS

2 RIVERSHORE COURT, BEAUTIFUL four b **SOLD**
bath well layed out home with 2783 Sq. Ft. and Japanese garden! \$469,000
SUSIE K. PARKER • 421-3546

2246 22ND AVENUE Built on an expansive **SOLD** size bkyd, plenty of room on either side of the house. Hardwood floors, liv rm frplc. \$199,000
TREY BONETTI • 768-9360

1712 POTRERO WAY South Land Park 1 **SOLD** single story three bedroom two bath best buy, Equity home! \$239,000
TREY BONETTI • 768-9360

4305 Freeport Boulevard, Sacramento **COOK REALTY** www.cookrealty.net • (916) 451-6702

Alzheimer's and Dementia Education and Empowerment Training
Hosted by **Greenhaven Estates Senior Living**

Be Informed

Tuesday, August 7th, 2012 6:30 pm

Frances Kakugawa, presents:

Words of Inspiration for the Caregiver

Frances Kakugawa has written many insightful and moving books that will both help and inspire all who struggle as caregivers for loved ones afflicted with Alzheimer's disease or other dementia. Come for a poignant, inspirational session which will make you feel you are not alone and hear some of her lessons learned that can make a difference in your life as a caregiver.

Whether you are a caregiver, a professional dealing with the disease, or just someone who knows a caregiver or who may someday be in this position yourself, Frances Kakugawa will provide you with great comfort and wisdom. Frances will be autographing her book and it will be available for purchase.

Seating is limited. To reserve a seat for you and a friend or colleague, call Liz Robertson at 916-427-8887 or email at erobertson@prestigecare.com

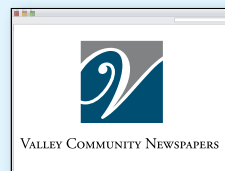
Expressions
Memory Care

Greenhaven Estates Senior Living
7548 Greenhaven Drive
Sacramento, CA 95831

Prestige Senior Living
License #347004312

Your Website - Our Audience

Run your print ad in the Valley Community Newspapers...and Qualify for Our Web Link Service!



Call
(916) 429-9901
and make your
reservation
today!

INDEPENDENT LIVING WITH SERVICES

... in the Heart of Land Park



Carefree living.

Choose from a Kitchenette, Studio, One-Bedroom or our spacious two-bath Deluxe One-Bedroom floor plan.

Features include:

- Emergency pull cords
- Staff on-site 24 hours a day
- Easy freeway access
- Beautiful party rooms and common lounges
- Fully furnished guest rooms for visiting friends or relatives
- Complimentary shuttle bus service and car service
- Elegant dining room
- Putting green and custom spa

ESKATON MONROE LODGE

3225 Freepoint Boulevard, Sacramento, CA 95818

916-441-1015

ESKATON
Transforming the Aging Experience



866-ESKATON | www.eskaton.org



Photo by Jerry McIntire and courtesy Sacramento Tree Foundation.

Sacramento Tree Foundation aims to improve communities in Sacramento

by CORRIE PELC
Land Park News writer
corrie@valcomnews.com

This year the Sacramento Tree Foundation is celebrating 30 years of planting and educating in the Sacramento region.

According to Ray Tretheway, executive director of the Sacramento Tree Foundation, their mission is to build healthy and livable communities by building the best urban forest in the nation. "So it's equal community building, equal economic prosperity, and equal healthy environment," he adds.

Out On a Limb

According to Meredith King, education/volunteer coordinator of the Sacramento Tree Foundation, they aim to plant, protect and educate community members about the importance and benefits of trees in the community, and to do so look to engage people in one of four ways – planting, volunteering, educating, or joining as a member.

In regards to planting, King said that can be through their Sacramento Shade Tree Program, which provides free shade trees to SMUD customers. "It's easy, it's one phone call," she explains. "We have a forester come out to their property, take a look at how much space they have, soil type, and then help the homeowner choose the tree that is best for them and they get to plant them on the property."

Tretheway said the Shade Tree Program has been in existence since 1990 and through SMUD customers over 5,000 shade trees have been planted purposefully for summer shading. "That program is pretty strong and it serves about 7,000 SMUD customers a year," he adds. "I think it's arguably the largest urban tree planting partnership in the world."

Then when an entire neighborhood wants to put in more trees, King said the Foundation offers their NeighborWoods program that provides free trees to an entire neighborhood that

Sac Tree: Foundation relies on volunteer help

Continued from page 16

wishes to increase their tree canopy. "We're always looking for neighborhoods to really engage as a group and as a neighborhood say we're going to make a focused effort to increase our canopy and take care of it with best practices," she said.

Leaf It to Them

For plantings in civic areas – such as schools, parks, and open spaces – the Foundation relies on volunteer help. King said the Foundation has on average 3,000 volunteers helping them every year.

During the summer season, King said volunteers can help with tree care and maintenance, including mulching, watering and stewardship. Then during the fall season, which runs from October through March, volunteers are needed to help with plantings. To find out about upcoming volunteer events, King advises volunteers to visit their website, www.sactree.com, to visit the events calendar and sign up online.

"All they have to do on the day of the event is show up with closed toe shoes and a water bottle and we provide all the training, all the materials and tools, and they get to have a huge impact in a local place," she said.

Being Green

When it comes to education, King said the Foundation offers

a number of free classes, from selecting the right tree to proper planting techniques to caring for the tree. Again, King advises visiting www.sactree.com for the most up-to-date list of classes.

For volunteers that would like to take on a larger leadership role, Tretheway said the Foundation offers classes that allow them to become Community Planting Leaders (CPL). "We have so many plantings that oftentimes we run out of staff, so we can train volunteers to go out and they literally run the planting by teaching the volunteers, coordinating the shovels, stakes, ties and trees, and working with the local sponsor," he said.

And for those that wish to help out the Sacramento Tree Foundation but do not have time to commit, King said they can help by becoming a member. She said on the www.sactree.com has a full list of all the different membership levels available.

Branching Out

So what does the Sacramento Tree Foundation have in store for the next 30 years?

Tretheway said the Foundation has recently launched an effort to plant 5 million trees in the greater Sacramento region by 2025. He said right now the region's tree canopy is at 17 percent, and a good tree canopy should be at 35 percent.

"We're just carrying on a long tradition and attempting to initiate the second legacy so we can green not only Sacramento, but the entire region," Tretheway adds. "We're working with the development community, business community, and local government, just trying to lift the importance of our trees in people's minds and decision making."

According to King, those that wish to help can visit www.5milliontrees.com and pledge online how many trees they plan to plant to help reach the 5 million goal. "It's going to take more than just our staff in reaching that goal, so our hope is to engage the community again through planting, volunteering and becoming more educated about trees to reach that goal," she adds.

Additionally, Tretheway says the Foundation will continue to help raise the tree literacy of everyone in Sacramento to make sure they understand the importance of planting and maintaining trees in the community. "We just need to bring it up a notch or two so we can continue to be a City of Trees only second to Paris, France," he said. "And if we don't do it, I think we're going to have unhealthy places to live. I think this is one of the best opportunities to help lift up your neighborhood or community or city or county."

Angel's Nest
CHILD DEVELOPMENT CENTER

• FULL AND HALF DAY PROGRAMS BETWEEN 7AM-6PM

• SERVING AGES 2-5 IN A FAITH-BASED SETTING WITH EMERGENT CURRICULUM!

GREENHAVEN LUTHERAN CHURCH • 475 FLORIN ROAD • (916) 428-4651
VISIT OUR WEBSITE FOR MORE INFO! WWW.ANGELSNESTCDC.COM

Now ENROLLING!

Because the word

SOLD

has such a great ring to it.



1319 Teneighth Way
3 Bedrooms, 1 Bathroom, Hardwood Floors
\$399,500



Paula Swayne
Realtor
(916) 425-9715
www.PaulaSwayne.com
DRE# 01188158



Kellie Swayne
Realtor
(916) 206-1458
www.KellieSwayne.com
DRE# 01727664

DUNNIGAN
Realtors

PARKSIDE PHARMACY
COMPREHENSIVE WELLNESS CENTER

July Spa Special
Microdermabrasion
Treatments
and Glycolic Peels
are only
\$50.00!!
(\$100.00 Value!)

(limit 3 per customer)

Become a fan on Parkside's Facebook page and be entered into a drawing to win a piece of jewelry!!
Every month a new drawing.

Check our page for weekly updates on sales and events.

4404 Del Rio Rd.
Sacramento, CA 95822
Phone 916.452.2200
myparksidepharmacy.com

JIM JEFFERS
448-6225

DRE# 00768740
www.JJeffers.GoLyon.com
JJeffers@GoLyon.com



612 6th Avenue - \$345,000
3 Bedrooms, 1296 SF., Remodeled!



3784 19th Street - \$965,000
5 Bedrooms, Full Basement

RECENT SALES

1049 11th Avenue\$849,900
3600 W. Lincoln\$1,195,000
1241 11th Avenue\$935,000
2636 16th Street\$370,000
3728 19th Street\$899,900

PENDING SALES

31 Lakeshore Circle\$269,900

Angel Lynn
1913 Capital Ave, Suite C
Sacramento, CA 95811
www.angellynn.com
Blog site:
www.myshortsaleangel.com



YOU HAVE OPTIONS!
Foreclosure doesn't have to be the only choice.
A short sale may be the answer and I can help.
You could qualify for a \$3,000 exiting bonus through the Home Affordable Foreclosure Alternative program!
Call us today, we're here to help! **916.443.1445**

ACC Greenhaven Terrace
Your Best Value in Senior Housing!




ACC Greenhaven Terrace
COMMUNITY FEATURES AND AMENITIES

- Controlled Building Access
- Private Gate to Shopping and Dining
- Meal Program, Transportation, and Housekeeping Available
- Computer/Library Center • Cardio/Fitness Center
- Social, Health and Leisure Activities Provided
- Community Room • Private Patio or Balcony • Walk-in Closets
- Pets Welcome • Wi Fi Available

1180 Corporate Way • Sacramento, CA 95831
(916) 395-0210 • www.accsv.org

Janey Way Memories:

Knocking on the back door of the Memorial Auditorium



By **MARTY RELES**
Land Park News columnist
marty@valcomnews.com

The City of Sacramento constructed the Memorial Auditorium in 1926. This Sacramento cultural icon opened to much hoopla in 1927. Over time it became a center piece for entertainment in Sacramento.

My recollections of the auditorium date back to the 1950s.

My dad enjoyed professional boxing, and often took my brother Terry and me to the fights.

By the 1960s, however, the Memorial Auditorium took on new importance for me.

In addition to boxing matches, wrestling matches, circuses and theatrical productions, the auditorium began hosting rock and roll concerts.

Bands, such as the Beach Boys, the Rolling Stones and Temptations performed routinely at the old hall.

We had to be there. Our dad, a Sacramento policeman, often worked off-duty at these events to earn extra money, so we begged him to take us to the shows, and he did. We walked in the front door with him, then disappeared into the general admission seating.

The shows were great. The Beach Boys brought the house down, with girls running up onto the stage to try to kiss Mike Love.

In 1965, Mick Jagger walked out to perform, picked up the mike, and was knocked unconscious by an electrical charge.

The show ended immediately.

Jagger was unhurt, but incident made quite a splash in the Sacramento Bee.

When James Brown brought his show to the auditorium, including a full band, dancers and backup singers, we were there, thanks to Dad.

Sometimes though, Dad had conflicts and could not work at events of great interest to us.

Then we had to use our guile to get into the shows.

We had one of the Janey Way parents drop us off downtown at the back of the auditorium.

We knocked at the back door.

Eventually, a police officer opened the door and said, "What do you boys want."

We asked for my father's friend and partner Herb Kunz. Herb eventually came to the door and let us in.

"Stay out of trouble," Herb would say as we went through the double-doors, turned right and headed upstairs to the general admission seating.

We attended many Memorial Auditorium concerts this way.

I remember seeing groups like the Temptations and Frank Zappa and the Mothers of Invention.

My friends thought I must have been some sort of celebrity, getting them into concerts this way. It always seemed to work and we had a great time at the shows.

Eventually, however, we grew up and moved onto other things like college, girls and adulthood.

I will never forget the good times we had attending the shows at the Memorial Auditorium though. Sadly, now it's just another rock and rolling Janey Way memory.



Faces and places

BBQ Bash

was so much fun!

by **STEPHEN CROWLEY**
Land Park News photographer
stephen@valcomnews.com

Saturday, June 30, Eskaton Monroe Lodge hosted their 3rd Annual BBQ Bash celebrating 39 years in Land Park. Those attending were treated to delicious food, a classic car show, live bluegrass music, and a jewelry and photography show.



Visit us online at:
WWW.VALCOMNEWS.COM

Senior Homecare By Angels®

Select Your Caregiver®

- Up to 24 Hour Care
- Meal Preparation
- Errands/Shopping
- Hygiene Assistance
- Light Housekeeping
- Respite Care for Families
- Rewarding Companionship



Visiting Angels
LIVING ASSISTANCE SERVICES
(916) 422-2122

VCA Greenhaven Pocket Animal Hospital



FUN FACT
Did you know dogs see certain colors?

- Full Service Animal Hospital
- Health Exams • Dentistry
- Medicine/Surgery
- Vaccinations • Spays/Neuters

Our furry friends can become stressed with groups of family and friends around. Make sure they have a stress free quiet place to go. Remember to keep all candies and table scraps out of the reach of our 4 legged friends.

More Than Just a Veterinarian!

Mon: 7:30am - 7pm • Tue-Fri: 7:30am - 6pm
Sat: 8am - 5pm • Sun: 9am - 4pm

1 Valine Court
916.391.3677

Check out our website for more special offers!
www.vcagreenhaven.com

Ask About Our **BEST CARE Packages**

CONSIDERING A PET?
We can help you decide which breed is best suited for your family and lifestyle. CALL US!



Call Meg for a complimentary analysis of your property!

Meg Heede
803-1628
RE/MAX

Meg@MegHeede.com
www.megheede.com
DRE# 00766891



Experience Makes the Difference

Belle Cooledge library gives patrons what they want

by CORRIE PELC
Land Park News writer
corrie@valcomnews.com

Since 1958, the Belle Cooledge Community Library has been serving the Land Park community, and Library Branch Supervisor Vicki Rondeau says the Library has been doing its homework to make sure they're staying a vital part of the community.

For example, the Library just completed a survey of its adult patrons in May to find out what types of programs they wanted the Library to offer. Rondeau says historically adults were not coming to programs at the Library, so they had cut back on the amount of programs they offered adults and focused on family programming. "I said maybe they're not coming because we're not offering programs that would appeal to them — let's find out what they want," she adds.

Rondeau says she collected almost 100 responses through both paper and online surveys. Through those responses, the Library has been tailoring its adult programming to meet what patrons want. For instance, the Library has held

two gardening programs — one on composting and one on rose pruning — with 45 to 65 people attending, respectively. The Library has also offered nutrition workshops with a registered dietitian that saw up to 60 people attend, as well as health-related programs and a digital photography workshop.

"I'm getting a good turnout to our adult programs now that the community is telling me what they'd like to see here," Rondeau said.

For Young Ones

Adults are not the only patrons with new programs at Belle Cooledge. Rondeau says the Library is in full-swing with its summer reading program, which is for all ages. "Everybody from 0 to 999, we don't care how old you are, you can all sign up for summer reading," she adds. She says during the summer weeks the Library will be holding special programs just for the summer reading program.

Teens also have their own programs at Belle Cooledge, thanks to the Library's TAB (Teen Advisory Board). "It's a group of teens from several of the



The children's section at Belle Cooledge Library.

high schools in the area," Rondeau explains. "They meet once a month and they're helping design programs for teens — they're the ones that are brainstorming the programs and coming up with things." For example, during the summer every third Friday of the month is a "gaming day" for teens where they can go old school with board games or new school with an Xbox and Wii.

And Rondeau said there is still plenty of program-

ming for school-aged and younger kids, as well as families. "We've got programs for babies, we've got programs for toddlers, preschoolers, school-aged kids, teenagers, adults, and what I call active older adults," she adds.

Lucky Day

Rondeau said another new popular program at the Belle Cooledge Library is the Lucky Day collection. Sponsored by the Friends of Belle Cooledge

Library, the collection features "hot off the press" books and DVDs that normally have very long waiting lists — Rondeau says the Friends purchase copies of these materials for the Lucky Day collection, which is featured when you first walk in to the Library.

"So if you're waiting for the latest James Patterson book to come out and you walk in and there it is — it's

See Library, page 21

Library: Staff stays ahead of trends

Continued from page 20

your lucky day, you can grab it and check it out," Rondeau explains. "Every day we have people come up and thank us for the Lucky Day collection. They (say), 'I was on the hold list, I was number 168 in line, I walked in today and there it is, it is my lucky day.'"

In addition to books and DVDs, the Lucky Day collection also offers four NOOK® by Barnes & Noble e-readers preloaded with e-books for checkout. Rondeau said although the Sacramento Public Library has about 300 NOOKs in circulation, there is a huge wait list for them currently. "If you walk in and there's a NOOK right there and they go, 'oh my god, it's a Lucky Day Nook, I don't have to wait in line anymore for that, and they check it out — it's a wonderful service," she adds.

Keeping With the Times

Speaking of technology, Rondeau said the Library and its staff have been doing what they can to

stay abreast of trends and changes in technology to meet the needs of their patrons. For example, the Library currently has 20 computers available for use. "They are used from the moment we open to the moment we close, continuously all day long, every day there's people on those computers," she said.

Rondeau said the Library staff can help community members learn how to use technology more effectively, such as teaching people how to generate more effective Google searches, download PDFs, scan documents, and complete online job applications. "So we've all been trained in technology, we all know how to help people on these computers, and we help them all day, every day," she adds.

And when it comes to new technology for books, Rondeau said the Library has that covered as well by offering e-readers, e-books and audio books in



The Lucky Day Collection at Belle Cooledge Library.

Photo courtesy Belle Cooledge Library.

addition to standard print books. "We have a huge population of people that like to listen to audio books on CDs, and now we have a huge population of people that want to download their e-books

to read them on an e-reader," she details. "As long as people are listening to books or reading books, I'm happy. I don't care what format it's in — they're reading and that helps our literacy."

RESERVE YOUR SPACE IN THE UPCOMING **California Kids!** Be seen by over 100,000 readers each month
CALL JEN AT (916) 429-9901

CLASSIFIED ADS

Call a sales representative today for great advertising rates: 429-9901

COMPUTERS

GOT COMPUTER PROBLEMS?
Pocket Computer Technician. I do on-site visits in the Pocket area. \$45/hr. Outside the Pocket area, travel charge will apply. Problem not fixed? No pay! Free estimates/consultation. Call cell# 296-7161

GARDENING

GARDENING
Fuji Gardening Service—Monthly service-basic or complete care. 1 time clean up. Sprinkler repair. Medium Tree service or bonsai shaping. Please call Kousei (916) 921-5992 or leave message. 20 years experience.

HANDYMAN

SUMMER CLEAN-UP SPECIALS!
Pressure Washing— Concrete removal (Patio, driveways, borders, etc.) Rain gutter cleaning, power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. Specials for seniors. Licensed.

HANDYMAN SERVICES
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

HARDWOOD FLOORS

REFINISH OR INSTALL
Install, sand & finish hardwood flooring or refurbish your existing hardwood floors. Call Mike at (916) 383-8742. Lic#544159 Ref available

HOUSEKEEPING

HOUSEKEEPING
Reasonable rates — charges by the job. Monday through Sunday. Attention to detail. Many satisfied customers. Will also do laundry. Call Lupe at (916) 254-2817 or 254-2818.

PERFECT GIFT!

PET PORTRAITS
Realistic paintings of beloved pets. Perfect gift for animal-lovers! Reasonable prices. Submit photograph—turn around 7-10 days. Email melissa@melissaandrews.com or call 447-4441.

BOOKKEEPING

#1 BOOKKEEPER
29 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterly. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. Same low 1990 rates. www.taxirene.info

Advertise in California Kids!

For more information, call Jen at (916) 429-9901
Published by Valley Community Newspapers, Inc. A monthly publication full of activities, mazes, word search, party ideas, travel, and a lot more!

TAX PREPARER

#1 TAX PREPARER
29 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly all **past tax returns** including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820, Nevada (775) 410-3422. Same low 1990 rates. www.taxirene.info

Sell your furniture in the classifieds call Melissa at 916 429-9901

ADVERTISE YOUR RENTALS

Call 429-9901

From conception to completion, Capitol Electric delivers with pride, with integrity and with the highest standards of quality and performance...residential and commercial.

Up Front Pricing: You know the price and have options on any work before we begin. There is no surprise regarding the price at the end of the job regardless how long it takes to complete.

Eliminate Risk: We are not happy until you are 100% Satisfied. It's our mission to welcome you as a customer for life, so we perform to a new standard of excellence to prove that you made the right choice.

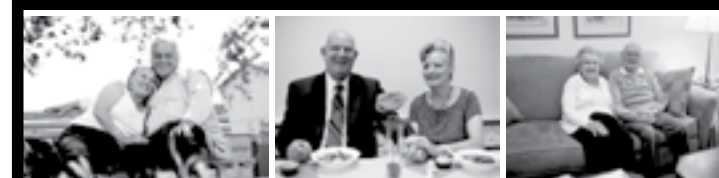
100% Total Satisfaction Guaranteed: Your electrician will be neat, clean, and uniformed. We will respect your home by using drop clothes and protective shoe coverings. Our electricians will show respect for your home and service needs.

Capitol Electric is family owned and has operated continuously since 1960 in Sacramento. Visit us at www.capitolelectricsacramento.com for a complete listing of our services and specialties.

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC
Reasonable Residential & Commercial Work since 1960
Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List
(916) 451-2300
Cell: 213-3740
Neil McIntire — C.S.L.# 394307

Senior Lifestyles



Special Insert in

VALLEY COMMUNITY NEWSPAPERS, INC.

Arden-Carmichael News, East Sacramento News,
The Land Park News, and The Pocket News.

YOUR AD IN 4 PAPERS FOR 1 PRICE

1/8 page	Black/White \$70	Full Color \$80
1/4 page	Black/White \$100	Full Color \$125
1/2 page	Black/White \$200	Full Color \$225
Full page	Black/White \$300	Full Color \$350

Contact your Representative at (916) 429-9901

Swim Club!

Greenhaven Cabana Club

Home of the Stingray Swim Team

Family Fun For All

- New Family Discounts -

Parties • BBQ's • Private Swim Lessons (One on One)
Night Swimming • Heated Pool • Social Events

556-4622

6207 Riverside Boulevard
(Between Greenhaven & Havenside)

Get Your Local News NOW!

Subscribe online for fast news updates. All you need is an e-mail.

(Located on lower right side of webpage)

SUBSCRIBE FOR E-MAIL ALERTS

Sign up to receive the latest local news and regional updates from Valley Community Newspapers!

Enter your email address:

Delivered by MailChimp

VALLEY COMMUNITY NEWSPAPERS, INC.

is online at

www.valcomnews.com

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

AIR CONDITIONING & HEATING

BEYOND PROS. WE'RE HEROES!

Huff HEATING AND AIR CONDITIONING, INC.
Service • Sales • Installation

916-686-2626
HuffHeroes.com

\$59.00
with this ad

© 2012 Huff Heating & Air Conditioning, Inc. | License #1133

YOUR AD SHOULD BE HERE!

Call today!
Your services are needed.
Your ad should be here.
Ad design is free.
(916) 429-9901

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

**Our Readers Need Your Service!
It Pays to Advertise!**

Contact Melissa at 916-429-9901

HARDWOOD FLOORING

Hardwood Flooring
Specializing in installing, sanding, and finishing hardwood flooring or repair and refurbish your current floors.
Call Michael – (916) 383-8742
Lic # 544159/References Available

YOUR AD HERE

Call today!
Your services are needed.
Your ad should be here.
Ad design is free.
Call 429-9901

LAWN CARE

Go-Getters Lawn Care
Complete Maintenance Service
Mowing & Trimming • Property Clean-up
Leaf removal & mulching • Senior discount
888-398-8253 GoGettersLawnService.com
Call 24 hours a day! Services \$25 and up Lic#1011666

ADDITIONS/RENOVATIONS

HARTIGAN CONSTRUCTION INC.
GENERAL CONTRACTOR
THE REMODEL EXPERTS! "Building your dreams!"
(916) 372-0530
Free estimates - Small jobs welcome
HartigConstruction.com
Serving Sacramento since 1995 • Licensed, Bonded & Insured • Lead Certified • Lic.# 706474

DESIGN/BUILD
• Additions, conversions, renovations
• Kitchens & baths
• Electrical & plumbing
• Decks & pergolas

YOUR AD SHOULD BE HERE!

Call today!
Your services are needed.
Your ad should be here.
Ad design is free.
Call 429-9901

ADDITION SPECIALIST

LYTLE CONSTRUCTION INC.
Remodeling and Design
LIC# 480492
Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years
• Additions
• Kitchens
• Bathrooms
• Custom Cabinetry
FREE Consultation
916-422-6639
www.lytleconstruction.com

PAINTING

BK PAINTING
All Interior/Exterior Custom Painting
Call Bill (916) 519-1175
References Available • Owner-Operated • Fully Insured/Workers Comp/Bonded • Lic# 792971

PAINTING

SOVEREIGN PAINTING
Quality craftsmanship 3rd Generation Painter with over 30-years experience
(916) 422-4416
sovereignpaintingco.com
sovereignpaint@yahoo.com
Dan Sovereign, Interior & Exterior Painting
Lic# 484215
Better Business Bureau Member

PAINTING

COOK PAINTING
Full Service Company – Start to Finish
Ask about our VCN Special!
• Custom Painting • Super clean, neat & fast
• Interior/Exterior • Cabinets
Specializing in custom trim & moulding!
Color Consultants • Free Estimates
In business since 1982
CSL# 432951
(916) 591-5056

CLEANING

PROFESSIONAL Free Estimates Licensed & Insured
• WINDOW CLEANING (inside/out/screens washed)
• Pressure Washing (house ext/walkways/all concrete areas)
• Rain Gutter Cleaning
• Hard Water Stain Removal
Prime Quality Maintenance
Call Jesse (916) 417-4231

CLEANING

The Cleaning Brothers
"We Treat Your Home Like It's Our Own"
Commercial & Residential Services:
• Pressure Washing
• Gutter Cleaning (Starting at \$75)
• Window Cleaning
• Solar Panel Cleaning
• Pool/Spa Draining
Free Estimates! Call Now! (916) 402-8390
www.TheCleaningBrothersCo.com
Licensed & Insured

ELECTRICAL

Sunshine Electrical
Residential Specialist
Security Lighting
Upgrades/Remodels/Repairs
Spa Electrical
FREE Estimates/Small jobs OK
(916)752-5308
Ca License # 633853 (Liability Insured)

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC
Reasonable Residential & Commercial Work since 1960
Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List
(916) 451-2300
Cell: 213-3740
Neil McIntire — C.S.L.# 394307

PAINTING

GARY'S PAINTING
CUSTOM RESIDENTIAL
INTERIOR & EXTERIOR OVER 20
YEARS EXPERIENCE WITH PRIDE
EXCELLENT REFERENCES
725-8781
Contractors Lic. # 734323
McClatchy '67

PLUMBING

MIDTOWN PLUMBING Licensed Plumbing Contractor Since 1973
Reasonable Residential Work • Repairs • Re-Pipes
Sewers • Water Heaters • Drains • Disposals Etc.
916-393-2109 Cell 275-8236
CSL # 284755 • Fully Bonded & Insured

YOUR AD HERE

Call today!
Your services are needed.
Your ad should be here.
Ad design is free.
Call 429-9901

PLUMBING

ROONEY'S PLUMBING
FULL SERVICE PLUMBING
ROOTER SERVICE
CALL 456-7777
rooneysplumbing.com
License #683668

YOUR AD HERE

Call today!
Your services are needed.
Your ad should be here.
Ad design is free.
Call 429-9901

GLAZIER/GLASS WORK

TOUCH OF GLASS
We'll beat any price!
Commercial & Residential
REPAIR & INSTALLATION
Replace broken windows, etching,
shower doors, mirrors, patio doors
916.456.2420
www.touchofglass916.com
Glazier Lic# 812600 • Over 20 years!

HANDYMAN

FREEDOM HANDYMAN SERVICES
I specialize in all areas of Home Improvement!
Carpentry – Electrical
Sprinklers – Plumbing
Drains & Mainline
Quality work the first time, Guaranteed!
NO JOB TOO SMALL!
Call Eric (916) 470-3488
Licensed and Insured #152902

HANDYMAN

Summer Clean-up Specials!
• RAIN GUTTER CLEANING
• ROTOTILLING/& SOD PLACEMENT
• CONCRETE REMOVAL
• YARD CLEAN-UP/HAULING
• PRESSURE WASHING
Call LESTER
(916) 838-1247
Lic#128758/Ref
Pressure wash your driveways clean! your decks, too!
Clean out your garage! Replace that old lawn!
Hard work ---not a problem!
SPECIALS FOR SENIORS/SERVING THE AREA FOR OVER 15 YRS*

ROOFING

TOPKINS ROOFING
34 years experience
Specializing in all types of roofing & repairs
Dry rot repairs • Senior discount
(916) 731-7073
24-hour service • License #667013

TILE WORK

BAXTER TILE
EXPERT INSTALLATION
REMODELING & REPAIR
Ceramic • Marble • Granite
Floors • Counters • Walls
33 Years Experience • FREE Estimates
916-421-9786
License #668100

TREE SERVICE

DON'S TREE SERVICE
ISA CERTIFIED ARBORIST WE 6590A
Trimming, thinning, shaping & stump removal
Family Owned & Operated since 1967
#1 in customer satisfaction
(916) 428-4882
(916) 689-5244
www.donandsonreeservice.com
Lic# 331196

TREE SERVICE

Terra Bella Tree Service
"Not your typical mow, blow & go company!"
• Tree Trimming • Stump Grinding
• Tree Removal • 20 years experience!
Call Randy (916) 454-3430 or 802-9897
www.terrabellagarden.com • Lic# 974388

Land Park News
Home Improvement Guide
call Melissa at 429-9901 to advertise your service

Land Park News
Home Improvement Guide
call Melissa at 429-9901
to advertise your service

40th Annual Courtland Pear Fair



Sunday,
July 29, 2012
9:00 am - 6:00 pm

Free Admission!
Parking \$10

Please join us for a 'pear'fect day!

PEARS! PEARS! PEARS!

Parade • Arts & Crafts • Local art
Classic Car Show • "Fun Run" • Cooking Demonstrations
Children's Area: Petting Zoo, Rock Wall,
Mechanical Bull, Water Slide, Bounce House & More!

LIVE MUSIC BY:
Jay Rolerz - 10am - 1pm
Take 2 Party Band - 1:30 - 4:00pm

Visit us at
www.pearfair.com



"photo courtesy of Patty Colmer"

CALENDAR

For more Calendar entries visit
www.valcomnews.com

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

JULY

Hatha Yoga

July, meets every Monday, Wednesday and Friday: Align the body through breathing techniques, postures and deep relaxation, 2:15 - 3:15 p.m., Hart Senior Center, 915 27th St., Sac (916) 808-5462.



Sacramento Storytellers Guild presents

"Where in the World"
Saturday, July 21st, 2 p.m.

3225 Freepoint Boulevard (Eskaton)
Stories for young and old - FREE Event
Questions? Contact Lawrence at 916-399-1999

Summer Family River Safety Program

July through 26: The Sunrise Recreation and Park District will be offering a unique 4-week Family River Safety Program aimed to provide immigrant families with water safety. The program consists of swim lessons for children and teens at Rusch Park Swimming Pool. Also, 3 days of river and lake safety classes for the entire family on Fridays, July 13, 20 and 27, 4-5 p.m. Call (916) 729-3958

'Arsenic and Old Lace'

July 13, 14, 15, 20, 21, 22: It's murder most funny as the homicidal Brewster sisters relieve the loneliness of old men by inviting them for a nice glass of elderberry wine. \$19-\$21. Chautauqua Playhouse, 5325 Engle Rd., Carmichael (916) 489-7529 www.cplayhouse.org

Rotary Club of Point West

July 13: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. DoubleTree Hotel, 2001 Point West Way., Sac. www.pointwestrotary.com

Sacramento Kaiser Farmer's Market

July 13: Sacramento Kaiser Farmer's Market. Every Friday, July-Nov. 9:30 a.m. - 1 p.m. 2025 Morse Ave., Sac. www.sier-rafresh.com

Saint Rose of Lima Park Farmer's Market

July 13: St. Rose of Lima Park Farmer's Market. Every Friday, July-Sept. 10 a.m. - 1:30 p.m. 7th & K streets, Sac. www.MarketLocations.com

Soroptimists of Sacramento

July 13: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

Carmichael Farmer's Market

July 15, 22, 29: Carmichael Farmer's Market. 8 a.m.-1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneysmartusa.org

Co-Dependents Anonymous

July 15, 22, 29: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

July 15, 22, 29: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

Families Anonymous

July 15, 22, 29: Meet with other parents who are dealing with a daughter or son who is experiencing mental, emotional or addiction problems. Meets every Sunday without fail. 3 p.m. Del Norte Swimming and Tennis Club, 3040 Beccera Way, Sac. Jane (916) 402-2465

Rotary Club of South Sacramento

July 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org

Tai Chi

July 16, 23, 30, meets every Monday: Chinese exercise combines specific movements and relaxation. 10:45 to 11:45 a.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

Toastmasters

July 16, 23, 30: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.-8:30 p.m. Mondays. Executive Airport, 6151 Freepoint Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freetoasthost.org

Fremont Park Farmer's Market

July 17, 24, 31: Fremont Park Farmer's Market. Every Tuesday, May-Sept. 10 a.m.-2 p.m. 16th & P streets, Sac. www.california-grown.com

Roosevelt Park Farmer's Market

July 17, 24, 31: Roosevelt Park Farmer's Market. Every Tuesday, May-Sept. 10 a.m.-2 p.m. 9th & P streets, Sac. www.california-grown.com

Rotary Club of Arden-Arcade

July 17, 24, 31: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenaraderotary.org

Rotary Club of Carmichael

July 17, 24, 31: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

Upholstery class

July 17, 18, 24, 25, 31: Learn how to upholster! All types: furniture, auto, boat. Adult ed class taught by an upholstery professional. Tuesdays, 11 a.m.-3 p.m., Wednesdays, 9 a.m.-1 p.m. \$45 for four weeks. McClaskey Adult Center, 5241 J St., Sac. Jerry Prettyman (916) 806-2172

Elk Grove Regional Park Farmer's Market

July 18, 25: Elk Grove Regional Park Farmer's Market. Every Wednesday, May-Aug. 4 p.m.-7 p.m. Elk Grove & Florin roads, Elk Grove. www.california-grown.com

Chavez Plaza Farmer's Market

July 18, 25: Chavez Plaza Farmer's Market. Every Wednesday, May-Oct. 10 a.m.-2 p.m. 10th & J streets, Sac. www.california-grown.com

Co-Dependents Anonymous

July 18, 25: 12-Step group for those who struggle to maintain healthy relationships. Meets Wednesdays. 7 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

Rotary Club of East Sacramento

July 18, 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon-1:15 p.m., every Wed. Evan's Kitchen, 855 57th St., Sac. (in the 57th St. Antique Mall) www.rotary.org

Senior Wednesday Club

July 18, 25: The Senior Wednesday Club meets to chat, play bridge, pinocle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Judi (916) 247-6020

Toastmasters

July 18, 25: All area business people invited to hone their speaking skills. Noon-1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coko's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

Crochet Guild

Aug. 8: Crocheters of all levels of ability and all ages are invited to join the Sacramento Crochet Guild. Learn new crochet techniques, exhibit at State Fair, do charity work. Mentoring program. Show and tell. Mini classes. Library and newsletter available. Club member of the Crochet Guild of America. Meets the second Wednesday of the month at 6:30 p.m. Seniors: \$6/yr. Enter from parking lot. Church of the Cross, 45th & H sts., Sac. Karolyn (916) 457-4044

Capitol Mall Farmer's Market

July 12: Capitol Mall Farmer's Market. Every Thursday, May-Sept. 10 a.m.-1:30 p.m. 6th St. & Capitol Mall, Sac. www.california-grown.com

East End State Capitol Park Farmer's Market

July 12: East End State Capitol Park Farmer's Market. Every Thursday, June-Sept. 10 a.m.-1:30 p.m. 15th & L streets, Sac. www.california-grown.com

Florin Sears Store Farmer's Market

July 12: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

Living Positive with Chronic Disease group

July 12: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

Rotary Club of Pocket/Greenhaven

July 12: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freepoint Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Downtown Plaza Farmer's Market

July 12: Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

Sutterville Heights Optimist Club

July 12: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Golden Corral, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

Food Addicts Anonymous

July 12: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.



A Place to Call Home

Share your memories and make new memories at Pioneer House. Enjoy a full activities program, a community atmosphere and living without worry. Nestled in Downtown, enjoy the many things Sacramento has to offer. Shopping, museums and other local attractions are all near-by.

Stop worrying and start living...

- Enjoy meals in our restaurant style dining room
- Social and recreational activities that will keep you active
- Complimentary scheduled transportation
- A secure setting and Emergency Call Systems



Call today and schedule a tour to see what living can look like for you!

916-442-4906 or e-mail us at pioneerhouse@rhf.org

Retirement Living • Assisted Living • Skilled Nursing

Pioneer House, 415 P Street Sacramento, CA 95814
(916) 442-4906 www.PioneerHouseRetirement.org
RCFE# 340300522

Advertise in
California Kids!
Call for more information!
916.429.9901

- EVENT LISTING SECTION -

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers.
Call (916) 429-9901 for rates.

FREE LUNCHEON SEMINAR
"The Privilege of Planning"

Presenter: Mel Osborne
General Manager
East Lawn Elk Grove Memorial Park
Funeral Director Lic#1455

Thursday, July 19 - 11:30 a.m. to 12:30 p.m.
Seating is limited to 30 attendees per seminar
East Lawn Elk Grove Memorial Park
9189 E. Stockton Blvd., Elk Grove, CA 95624

30-minute presentation followed by a question and answer period.

Reservations Required RSVP to (916) 732-2031
melo@eastlawn.com

"Surviving in Our Toxic World"
Documentary filmmaker Deborah J. Whitman, of Environmental Voices, will show a 40 minute documentary film - "Sky Lines" followed by a discussion of how you can survive in our toxic world.

Thursday, July 26 - 7 to 9 p.m.
Robbie Water's Pocket-Greenhaven Library Meeting Room
7335 Gloria Drive, Sacto-This is a free program.

CALL AND PLACE YOUR EVENT TODAY!
(916) 429-9901

Malt Shop Memories 4
a talented group of local musicians
August 2

Casa Garden Restaurant
11:15 a.m. & 1:15 p.m.
2760 Sutterville Rd., Sac
Call (916) 452-2809
for lunch reservations

FREE LUNCHEON SEMINAR
"The Privilege of Planning"

Presenter: Josh Tuttle
General Manager
East Lawn Mortuary & Sierra Hills Memorial Park
Funeral Director Lic#3435

Thursday, July 26 - 11:30 a.m. to 12:30 p.m.
Seating is limited to 30 attendees per seminar

St. Francis Community Hall
6700 Verner Avenue, Sacramento, CA 95841
(1-80 @ Greenback)

Reservations Required RSVP to Lisa West @ (916) 732-2020

CALL (916) 429-9901 TO ADVERTISE YOUR EVENT
in the Arden Carmichael News,
East Sacramento News
The Land Park News and
The Pocket News

CROWN PRECIOUS METALS
An honest, friendly, independently owned and operated Sacramento business for 30 years

WE PAY CASH FOR

Sterling Silver Flatware, Serving Pieces, Coins, Jewelry, Scrap Silver, Estates
Gold Jewelry, Coins, Scrap, Gold Watches - both new and antique

Crown Precious Metals
3245 Folsom Blvd.
Sacramento, CA 95816
(916) 456-6227

ONE SHOW ONLY
"Oh Mr. Sousa!"
2-hour musical biography celebrating the life of John Philip Sousa "The March King!"

Tickets on sale NOW! Will sell out!
Three Stages Box Office
916-608-6888
www.threestages.net
\$15, \$20, \$25, \$30

A rousing 60-piece band,
The Sacramento Symphonic Winds conducted by Dr. Les Lehr, and 8 costumed singer/actors

www.ohmsousa.com
www.sacwinds.org (916) 489-2576

Three Stages at Folsom Lake College
10 College Parkway, Folsom

CALENDAR

For more Calendar entries visit
www.valcomnews.com

See more Calendar, page 26
Continued from page 25

Carmichael Geranium Society
July 13: Come to the monthly meeting of the Carmichael Geranium Society.

ciety. Guests welcome. Meets every Second Friday of the month, 10 a.m.–12 noon. No mtg. in Aug. Carmichael Park Community Clubhouse, 5750 Grant Ave., Carmichael. Jean (916) 481-2076

Plan your trip

July 14: "Dream Big: Plan Your Trip of a Lifetime" an adult program at Belle Coolege Library, 5600 South Land Park Dr. Sac, 3:30 p.m. Learn how to plan a vacation, from picking the country/itinerary and teaching all you need to know before you go. (916) 264-2920

Open House

July 14: Wellspring Women's Center celebrates 25 years of service and invites the community to their open house, 3414 4th Ave., Sac. Free. 3 to 6 p.m. Come learn about all the wonderful services. For more information, visit www.wellspringwomen.org

Fire Station 17 open house

July 14: Come visit Fire Station 17 at 1311 Bell Ave., Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347

Food Preservation Demonstration

July 14: The Pressure's On! Basic introduction to safe pressure canning techniques. 10 a.m. to noon. Free, no pre-registration required. Sacramento Cooperative Extension Office, 4145 Branch Center Rd., Sac. (916) 875-6913

Volkssport walking

July 14: Come join the Sacramento Walking Sticks Volkssport Club! Monthly meetings held every second Thursday at 7 p.m.

SMUD Headquarters Bldg., Conference Center, 6201 S St., Sac. Those who wish to walk before the meeting, meet at Starbucks, 1420 65th St., Sac. At 5 p.m. to walk a 3-mile walk to CSUS campus & back. Barbara Nuss (916) 283-4650 or (916) 691-7618 or nussb@surewest.net. Also www.SacramentoWalkingSticks.org

Summer Plant Sale

July 14 and 15: Plant sale to raise funds for the kid's programs of Sunburst Projects. Cash, check, MC/Visa accepted. 9 a.m. to 3 p.m., 3072 34th St., Curtis Park Sac. in the backyard. A selection of over 3,000 pots of hard-to-find and unusual perennials. Info at gardennotes@sbcglobal.net or (916) 617-7516.

Tasty Tomato & Tomatillo Treasures

July 16: Food Preservation Public Demonstration of these summer wonders. 6:30 p.m.–8:30 p.m. \$3 per person, no pre-registration required. Sacramento Cooperative Extension Office, 4145 Branch Center Rd., Sac. (916) 875-6913

Puppet Show

July 17: Bring the kids to the Belle Coolege Library, 5600 South Land Park Dr., Sac., 6:30 p.m. for "Shadow Puppets" with the Magical Moonshine Theater. For more information, call (916) 264-2920.

Ballroom Dances

July 17: Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.–3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

Annual East Sac Blood Drive

July 19: 1141 38th Sr Annual blood drive, 3 to 7 p.m. Mobile Blood Donation Vehicle on site. To schedule appt. go to www.bloodsource.org/drives, location code M597. For more information, call Alice (916) 451-5507 or email alicemcauliffe12@gmail.com

Community Picnic

July 21: Zen Martial Arts is hosting a "Green" community picnic, 10 a.m.–3 p.m., at Coloma Community Center, 4635 T St., East Sac. Free event. Bring own plates, cups, etc. Enjoy bounce house, water wars, potluck foods. For more information, Mike (916) 678-0565.

Fire Station 1 open house

July 21: Come visit Fire Station 1 at 624 Q St., Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347

Family Movie Night

July 21: The whole family will enjoy a free outdoor movie, next to Belle Coolege Library, 5600 South Land Park Dr. Sac, 8 p.m. (916) 264-2920.

Sunday Summer Concert

July 22: Parkside Community Church will present a concert by the Sac Youth Band, 7 p.m. 5700 South Land Park Dr. Sac. (916) 421-0492

Hawaiian Dance Program

July 24: Hawaiian Dances with the Ohana Dance Group at the Robbie Waters Pocket-Greenhaven Library, 2 p.m., 7335 Gloria Dr., Sac. The dance group is a multi-generational "hula halau" where students of various ages, backgrounds, and abilities are exposed to the Hawaiian culture and music through traditional hula. For more information, call (916) 264-2920.



Let's power your home's performance

Improving the comfort and savings of your home just got easier with SMUD's Home Performance Program. Starting with a comprehensive energy assessment by a qualified Home Performance contractor, you'll find out where your home is losing energy and how you can save.

Rebates – up to \$4,000 and financing options are available.

smud.org/homeperformance

Powering forward. Together.

0796-12

Get started today!

- 1 **Get an Assessment**
Select your contractor at smud.org/homeperformance
- 2 **Select your Energy Upgrades**
- 3 **Install Upgrades**
- 4 **Collect your Rebate**



26th Annual ACC Nursing Home Fundraiser
Celebrating 25 Successful Years of ACC Nursing Home
Saturday, September 8, 2012, 6:00 p.m. – 9:00 p.m.
Elks Lodge 6446 Riverside Blvd. Sacramento, CA 95831

Honor the past
Celebrate the future

Asian Buffet *desserts*
silent auction *last person standing* **RAFFLE**

Ticket Price
\$60 (advance) \$75 (at the door)

For more information, contact Terisa Lee
(916) 394-6399 x141 or tleee@accsv.org
www.accsv.org IRS #94-2271580

WWW.VALCOMNEWS.COM

The Sacramento River Cats present...
HOT RODS & Cool Cats

Block Party & Car Showcase
Saturday, July 14
License plate frame for the first 2,500 fans

4:00 p.m. Block Party
7:05 p.m. Game Time

LIVE MUSIC

Admission to the Block Party is free with game ticket.
For tickets visit rivercats.com or Raley Field's Round Table Pizza Ticket Office today!

SACRAMENTO IDGC, INC.

Presents

Our 83rd Anniversary Show Glass, Pottery & China Show and Sale



Scottish Rite Temple
6151 H Street, Sacramento, CA
www.IDGC.org

Saturday, Aug. 4, 10-5
Sunday, Aug. 5, 11-4

Saturday: \$20 hourly drawings
Sunday: \$50 drawing at 3:00pm
You must be present to win.

Free Parking • Miracle Glass Repair
• Library Booth • Educational Display
• Identification Table • Food Service
Refreshments by Sampinos

Carol Staley, Show Chair
209-606-0309
Gordon Boggs, Adv. Chair
916-456-2280

– COUPON –
\$1.00 OFF ADMISSION
(Admission: \$5.00 - Return Privileges, Must present coupon)

INTERNATIONAL DEPRESSION GLASS CLUB, INC.

Benefiting the Sacramento Public Libraries and Alzheimer's Association



COLLEGE TRACT IN LAND PARK

3 bedrooms 2 baths in the heart of Land Park. Unique tri-level home with spacious living room leading to formal dining room. Beautiful new bathrooms and windows approximately 1-year old. Remote ground-floor bedroom with private entrance. New lighting throughout. \$637,500

JAMIE RICH 612-4000



PENDING

CURTIS PARK BRICK

Terrific Curtis Park Tudor Cottage. 3 or 4 bedrooms 2 baths, impeccably maintained and nicely updated. Remodeled kitchen, beautiful hardwood floors, updated plumbing and two newer high-efficiency HVAC units. Wonderful breakfast nook built-ins. See: 2501 Curtis Way. \$499,000

CHRIS BRIGGS 834-6483



PENDING

LOCATION LOCATION LOCATION

Fantastic Teneighth Way location in the heart of Land Park! Lovely 3 bedroom home with the quality and character you would expect. Refinished hardwood floors, living room fireplace, 1/4 basement and central heat and air conditioning. Attached 2-car tandem garage. Wow!! \$399,500

GEOFF ZIMMERMAN 425-1955

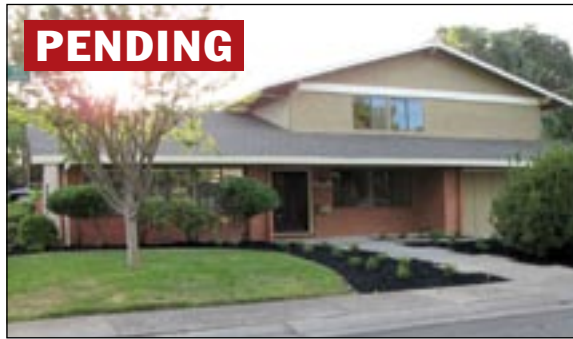


PENDING

WONDERFUL LAND PARK

PERFECT! You can just feel the tranquility. Beautifully maintained - open and bright 3 bedroom home. Features include wood floors, gas fireplace, new roof and fantastic backyard! Close to downtown, but it feels like heaven! Walk to Riverside Club and Target - Minutes to downtown. \$385,000

SHEILA VAN NOY 505-0118



PENDING

SOUTH LAND PARK HILLS

Beautifully remodeled 4 bedroom, 3 full bath home. High vaulted ceilings in the formal living and dining rooms, kitchen includes a separate eating area that opens to a family room with a wood burning fireplace. Spacious upstairs Master with a walk-in closet and private bath. \$339,000

CHRIS BALESTERI 996-2244



SPACIOUS HOLLYWOOD PARK

Great opportunity to own a spacious comfortable home in Hollywood Park! Three bedrooms and two full bathrooms with hardwood floors under the carpet in most of the house. Large kitchen, living room fireplace, central heat and air conditioning, enclosed patio, indoor laundry. Large private yard. \$220,000

JAMIE RICH 612-4000



LAKE GREENHAVEN

Spectacular waterfront property with sandy beach; single story 4 bedroom 3 bath home with beautiful views from the master bedroom. Spacious great room and backyard, and paddle boat on 65 acres of Lake! Picnic at the private 1 acre park. \$498,000

CONNIE LANDSBERG 761-0411



SOLD

CHARMING COTTAGE

Delightful Cottage in Land Park - hard to find 4 bedroom 2bath. Sooo charming and convenient. Walkable - close to restaurants, shopping and downtown. Gleaming hardwood, new carpet and freshly painted. Living room fireplace and family room. \$329,000

SHEILA VAN NOY 505-0118



CUSTOM POCKET HOME

Located in Dutra Bend and backing to the Sacramento River this is a gorgeous home. Two story 4 bedrooms plus oversized bonus room and office, 3 full baths. Upgrades include refinished cabinets, newer microwave, and tile bathroom floors. Oversized 3-car garage, covered patio. \$515,000

MONA GERGEN 247-9555

for current home listings, please visit:

DUNNIGANREALTORS.COM

916.484.2030 | 916.454.5753



Dunnigan is a different kind of Realtor.®



SACRAMENTO • LAND PARK • SIERRA OAKS • EAST SACRAMENTO • CARMICHAEL • WEST SACRAMENTO • GREENHAVEN