# THE LAND PARK NEWS

September 27, 2012

**Community News in Your Hands** 

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# Local boys become Eagle Scouts

Two Lance Armstrong special features See pages 6–9

FACES AND PLACES, PAGE 20 • HALL OF FAME BANQUET SELLS OUT, PAGE 10 • COMMUNITY CALENDAR, PAGES 24-27



Know your neighbor: Judie Panneton See page 5



Company makes wrecked vans wheelchair accessible See page 20



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## THE LAND PARK NEWS

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## **Correction**

In the Sept. 9 issue of The Land Park News, the phone number listed in the Sam Brannan Middle School woodshop story was incorrect. The correct number is: 264-4350.

## Local law professor recognized nationwide: Raguel Aldana

Special to The Land Park News

Six former beneficiaries of federal TRIO Awards were honored for their outstanding professional achievements at the 2012 Educational Opportunity Dinner in New York City. Among those recognized was Raquel Aldana, Professor ligence, a good work-ethic, and of Law and Director of the In- a good family. I was already a ter-American Program at Mc-George School of Law. Aldana is a local success story who used federal student aid to help her get to where she is today.

Her experiences were documented in the dinner program. "I participated in Upward Bound at Arizona State University while still in high school. This experience for me was transformative. I was fortunate to have the gift of intelvery good student, but UB untapped my potential because it dared me to dream beyond my

See Aldana, page 3



wildest imagination. I am convinced career as a committed educator who that if it wasn't for UB, I might not seeks to untap the same potential and have achieved as much as I have. commitment for social change that I learned in UB. "My career has been as surprising as

it has been fulfilling. I did not grow up imagining Harvard Law School. Having successfully completed my studies there is a source of pride, but more than anything I am most proud of my quickly transferred the same source of

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## Aldana: Financial aid benefitted prof.

"As a lawyer, I practiced human rights law and litigated emblematic cases involving crimes against humanity in international tribunals. I

passion and determination onto my students when I became a law professor in 2000, three years after graduating from law school. I have dedicated my career to writing about victims' rights and the rights of immigrants.

"I have also been an academic social activist who has worked on several domestic and international social justice projects, including, projects in- showing me as well how education volving the wartime cases in Guate- could transform people and untap mala, my father's birth country.

"But I am most proud of the many students whose lives I have touched and whose careers have been shaped through my commitment to teaching law in the context of social struggles and connected to social movements and peoples. As I walk this journey, I am mindful and grateful for the legacy that UB left me by their potential.



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# **Pedestrian and bicycle-friendly project** to begin at Sacramento City College

**By GREG SMITH** Special to The Land Park News

A project is now starting on the campus property. The Improvements to 12th a.m. and 7 p.m., seven days the Sacramento Community new route will link the Avenue were identified by a week, with the exception College campus and continu-The project was designed to minimize any driver, pedestrian or bicyclist inconvenience the William Land Park or congestion.

enue between 23rd Street bifurcated, multi-use side-and Panther Parkway on walk to the north. ing public as possible. Work will take place between 7 Freeport Boulevard and area. A bike lane for bicy-

LISA MCCAULEY

friendly route on 12th Av- to 12th Avenue as well as a inconvenience to the travel-

light rail station and even- the City to address poten- of trench work. Trench ing through late November. tually the City's planned tial cut-through bike and work and the closure of College Pedestrian Overing extending from the lawn into the proposed Curtis destrian and bicycle traffic Park Village development.

12th Avenue was the most di- construction areas. rect route with the least rightof-way constraints.

done in an expeditious gsmith@cityofsacramento. manner and cause as little org.

6:30 a.m., and possibly on

will be maintained by phas-A study of various options ing construction operations to prevent cut-through traf- or by providing alternative fic concluded that adding pedestrian and bicyclist acthe bike lane and sidewalk to cess through or adjacent to

If you have any questions, contact Project Manager All work is going to be Greg Smith at 808-8364 or

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pedestrian overcrossing to pedestrian traffic into the 24th Street will only be percampus as a result of the mitted during weekday eveplanned Sacramento City nings between 7 p.m. and The project will provide clists to travel in the oppo- crossing Project. The future weekends. (Note that 24th a pedestrian and bicycle site direction will be added bridge project will construct Street is a small road in back a new pedestrian overcross- of a parking garage.) Bicyclists and pedestriarea of the Sacramento City ans will be able to access the College campus, over the light rail station during oplight rail and railroad tracks erating hours except during to the east of campus, and an emergency closure. Pe-



Land Park resident Judie Panneton was born the child of immigrants. Her mother was from Poland and her father was from Holland. Both her parents were also Holocaust survivors.

Growing up in Pennsylvania, all Panneton wanted was to be like all the other American kids and fit in.

want to be a child of immigrants; I didn't want to have parents that were Holocaust very painful to watch my father have a number on his arm and to know there was horror behind it."

has realized she is proud of the fact she is a child of immigrants, thanks in part to the research she conducted while writing her new book, "Proud Children of Immigrants."

### **Touching Stories**

Panneton decided to write "Proud Americans" as she had always felt different and wondered if there were other children of immigrants who felt the same way. Through her journalism background and curiosity, she decided to start interviewing other children of immigrants to see if they had the same feelings.

Over seven years, Panneton interviewed about 50 people for her book, many of For example, she interviewed Board of Supervisors District 2 Representative Jimmie Yee, who in his story talks was growing up. And Tony Xiong, one of 10 children of in a poor Sacramento neighborhood, battled hunger, violence and the lure of gangs who is now training to be a police officer.

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# Know your neighbor: Land Park resident invites everyone to learn more about 'proud Americans'

Corrie.pelc@gmail.com

"When I was a kid I didn't Now years later, Panneton

of you sometimes," Panneton says about her experience. "I was very touched by a lot of and how they made a go of it."

Panneton said although many of her book's subjects come from Sacramento, it wasn't pens that Sacramento is that diverse. In fact, she makes reference to the fact that Sacrasurvivors," she says. "It was mento was named the most diby *Time* magazine in 2002, and for that reason she asked Mayintroduction for her book.

Spreading the Word

Through her project, Panneton said she has learned that some of the most proud really appreciate what America brings to their family.

"I also take away that being a child of immigrants is actually an honor. You just don't attendees can meet them. realize it sometimes," she adds. "There are some people who certainly have embraced born in the family they've is until they're older."

this message across to others. For instance, she has done which are from Sacramento. talks at California State University, Sacramento and colleges on the East Coast about her book, and has made the book available to some CSUS about how poor his family and high school educators to use in their curriculum.

She may develop "Proud Laotian immigrants, grew up Americans' into a play. As she sees many of these stories as looking through the window of someone's home, she believes her book would format itself well to theater. "I'm not

"You interview these peo- moving on from this book beple and they just become part cause it lives in my heart and my soul and I'd still like to build upon it," she said.

In July, Panneton was part the stories. And I learned from of a presentation of citizenall of them – that was a great ship certificates to 14 new part of it too ... Not only do children of immigrants at I hear these special stories and the Old Schoolhouse in Old memories, but I get to learn Sacramento. "My message to about history and people's lives them was you go to school and you're going to want to fit in with your friends and that's all good, but remember your parents sacrificed a lot done on purpose – it just hap- to come to this country, so be proud of them, too," she says.

To continue spreading the word on what she's learned, Panneton will be conducting verse city in the United States three presentations through the Sacramento Public Library in October – Pocket Greenhaven or Kevin Johnson to write an Library on Oct. 10 from 6:30-8 p.m.; South Natomas Library on Oct. 17 from 7-7:30 p.m.; and Arden Dimick Library on Oct. 20 from 2-3:30 p.m.

For the library events, Panneton plans to have read four Americans: Growing Up as Americans are children of im- to five stories from "Proud migrants, and their families Americans" and open up a discussion with attendees. She also hopes to have some of the people from her book attend the library events so

> "I hope people come to the events at the library because it's always a great opportuniit from the moment they were ty to form a little community in a room and have really spebeen in, but there are others cial time spent together sharthat don't realize how great it ing ideas and memories," she says. "I would love to see ev-Panneton hopes to spread erybody come out and join together as a community and talk about this great country of ours."



## PROUD AMERICANS **GROWING UP AS CHILDREN OF IMMIGRANTS**



### **STORIES ABOUT LIFE IN THE USA Judie Fertig Panneton**

Photo courtesy Judie Pann Book cover, "Proud Americans: Growing Up As Children of Immigrants."

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# **Event held in memory of Farrell's tragedy of 1972**

#### **By LANCE ARMSTRONG** Land Park News writer Lance@valcomnews.com

It can be hard to believe for many people that 40 years have already passed since that horrific day when a plane crashed into Farrell's Ice Cream Parlour at 5770 Freeport Blvd., opposite the northwest corner of Executive Airport.

With such an infamous moment in the city's history, the memories of that day remain strong in the minds of many ready established itself in the longtime area residents.

The road to this dreadful incident can be traced back to 1964, when construction began on The Crossroads, a Farrell's name linked to \$1.5 million shopping center on about an 8-acre site, which had been owned by the Setzer family since the late 1930s. The project was completed during the following year.

On Sept. 13, 1970, The Sacramento Bee published an aerial view photograph, which showed the shopping center's rectangular-shaped addition, which was nearing completion.

Included in the caption accompanying the photograph were the following words: "(The addition) will house a tans than the name, Farrell's. Farrell's Ice Cream Parlour and four other shops."

The Freeport Boulevard Farrell's opened two months later.

PENDING

6

eatery became a popular dining spot and an entertaining place for birthday parties.

Farrell's, which was known for its turn-of-the-20th centu- port. ry décor and straw hat-wearing, uniformed employees who would sing in celebration of a guest's birthday, had al-Sacramento area.

A Farrell's opened at 1441 Howe Ave. on May 27, 1969.

## tragedy

But unfortunately for Farrell's, despite experiencing success in other Sacramento area locations, including the Downtown Plaza and Sunrise Mall, its name, on a local level, has been forever linked with that tragic day when a plane struck its Freeport Boulevard location.

In fact, in the history of local businesses, few business names cause a greater reaction among longtime Sacramen-

After all. Farrell's was associated with one of the darkest days in Sacramento history. Ón Sunday, Sept. 24, 1972 at about 4:25 p.m., at the end

And like the other locations of of the Golden West Sport this Portland-based chain, which Aviation Air Show at the specialized in ice cream products airport, a 36-year-old pilot, and sandwiches, this south area named Richard Bingham, attempted to take off in an F-86 Sabrejet aircraft from the 3,000-foot-long Runway 30 on the west side of the air-

> Overrunning the runway, the plane skidded across Freeport Boulevard and crashed into the very busy Farrell's restaurant. About 100 people were inside the eatery during the incident.

> Although Bingham, who was a resident of Novato, Calif., survived the crash, 22 others in the restaurant, including 12 children, were not as fortunate. Additionally, an entire family lost their lives and about 30 people were injured in the accident.

At the time of the Farrell's plane crash and until the events of Sept. 11, 2001, it was the worst air-ground tragedy in the nation's history.

#### List of victims

Those killed inside Farrell's as a result of the crash were: Walter Warren Krier, a 32-vear-old account executive with Mitchum, Jones and Templeton stockbrokers; Sandra Ånn Krier, Walter's 28-year-old wife; Walter and



Photo by Lance Armstro The city's Public Safety Center now occupies the site of the old shopping center, The Crossroads

Sandra's 8-year-old daughter, was struck by the plane while Jennifer Ann, and 2-year-old son, Brandon; Leon C. Warram, a 49-year-old electronics technician at McClellan Air Force Base; Leon's 50year-old wife, Ellen; Louis "Bud" Jugum, a 43-year-old systems analyst for the California Western States Life In- Institute surance Co.; Louis' 10-yearold daughter, Elaine; Nancy Keys, a 12-year-old student at Árden School; Nancy's 14year-old sister, Sally, who was a student at El Camino High School; 29-year-old Anthony Martin, who owned Morey's Letterman emblem shop at 5434 14th Ave.; Anthony's 28-year-old wife, Susan; Anthony and Susan's children, Gregory, 6, Jeanene, 4, and Shawn, 3; Susan's 43-year-old father, Gene LaVine; Susan's 46-year-old mother, Margaret LaVine; Anthony and Šusan's nephews, Jeff Nash, 5, and Gary Nash, 2; 3-year-old Kristin "Kristi" Francis; 29year-old Joan Bacci; and 8year-old Nancy Rodriguez.

Also killed during the incident were a couple whose car

they were commuting along Freeport Boulevard and Billie Gertrude Irwin, who was hit by a car while she was crossing the boulevard toward the accident scene.

## Founding of the Burn

The Farrell's tragedy raised awareness of the need for a specialized burn unit in Sacramento

Acting on his desire to have such a unit established, Cliff Haskell, a fire captain with the Sacramento Fire Department, led a drive that resulted in the founding of the Firefighters Burn Institute.

It was not long afterward that the city's first burn unit opened at the University of California, Davis Medical Center in Sacramento.

In 2002, Kerri (Francis) McCluskey, a survivor of the Farrell's tragedy and the identical twin sister of Kristi Francis, learned that plans were being made to renovate the

See Farrell's, page 7





and injuring many others

# Continued from page 6

headquarters. McCluskey, who suffered a broken leg in the crash, said that this news caused her to

Memorial gets established

discontinued.

not successful in these efforts, her perseverance led to the establishment of a memorial at the crash site. The memorial was dedicated on Saturday, tragedy. March 15, 2003.

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Photo by Lance Armstrono

The old Runway 30 was the site of the unsuccessful takeoff of an F-86 Sabrejet on Sept. 24, 1972. The vintage, Korean jetfighter eventually crashed into an ice cream parlor, killing 22 people in the restaurant

Photo by Lance Armstrone A memorial recognizing victims of the Farrell's tragedy is located at the crash site. The memorial was

dedicated on Saturday, March 15, 2003.

# **Farrell's:** Firefighters Burn Institute formed after the tragic day

the use of the old Runway 30

Although McCluskey was

of the tragedy.

plaque that describes the incident that happened at the site take action in the attempt to on Sept. 24, 1972, and on the either halt the project or have south side of the memorial is another plaque recognizing those who contributed to the establishment of the memorial.

Also included in the memorial are 11 rose bushes that were donated by Capital Nursery and represent each

Today, McCluskey resides Featured in the memorial is in Sonora with her husband, a 5-foot-tall, granite fountain Andrew, her 15-year-old

sister, her son, Connor, 12, Behind the fountain is a and her daughter, Annika, 8.

McCluskey, who presently works as the counselor at Sonora Elementary School, said that although she will always have a void in her life without her sister, she has continuously learned to better deal with that void.

"You never get over losing someone," McCluskey said. "You learn how to keep gofamily who lost a loved one or ing. You can live two ways. For loved ones during the Farrell's one, when you go through a tragedy of 1972, a ceremotragedy, you can just give up and mope and go through life and think everything is awful. Going through the accident Sunday, Sept. 23 at 1 p.m.

building at the crash site for that spreads water across the daughter, Kristin, who was was horrific. I'm not going to a police and fire public safety inscribed names of 23 victims named after McCluskey's late downplay that, but you get to a survivors and others who are point where you have to make something good come out of rell's tragedy. A short program something bad. That's how I've at the gathering will include a gotten through it, and through counseling with other kids and through the Firefighters Burn Institute, it's like the living memorial. I still have a hole in my heart without (Kristi), but it's a heart-shaped hole."

#### Ceremony held in memory of tragedy

In memory of the Farrell's ny was held at the Farrell's Ice Cream Parlour Memorial site at 5770 Freeport Blvd. on

Attending the event will be closely connected to the Farspeech by McCluskey.

Jim Doucette, who serves as the executive director of the Firefighters Burn Institute and remembers seeing the smoke cloud rise above south Sacramento on Sept. 24, 1972, officially invited the public to attend the event.

"Please join us and others that have been touched by this and other burn-related tragedies in commemorating the 40th anniversary of this terrible, but significant event," Doucette said.

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## Grove Dairy was among earlier dairies established in today's Land Park area

**By LANCE ARMSTRONG** Land Park News writer Lance@valcomnews.com

Editor's Note: This is part two in a series about dairies that were located in and near the Land Park area. The series was inspired by the favorable responses regarding an article about the Sutti family dairy, which was located off Freeport Boulevard. The article was published in the June 8 edition of this publication and can be read at www.valcomnews.com.

Considering that there are no dairies in the Land Park area today, many Sacramentans are unaware that the area was once home to many dairies.

#### The earliest dairies

Among the earliest dairies to be established in the area was a dairy locat- a bookkeeper for McElwee & Acker- at 101 J Street, above 4th Street. ed south of 16th and Y (now Broadway) streets. The dairy, which was originally owned by Charles Pryor Massey, Jr., was in operation by as early as 1879.

Charles was born in Philadelphia on March 17, 1842, and he remained in that city throughout his formative years and ultimately graduated from high school there in July 1858.

He then became employed at a mercantile firm, where he continued to work until 1863.

way to San Francisco, where he was heimer. The business was then located mann, importers and dealers in carpets, upholstery and "paperhangings" – commonly known today as wallpaper.

The 1870 U.S. Census for San Francisco lists him as a clerk at a local carpet store and a resident of that city, where he lived with his wife, Asenath (Dodge) Massey, who he married in 1869, and J.H. Massey, who was possibly his brother or cousin, based on his age (21) at that time.

In 1874, Charles moved to Sacramento, where he established the carpets and upholstery business, Massey

By at least 1864, he had made his & Taubenheimer, with Henry Tauben-

#### **Grove Dairy**

The 1880 book, History of Sacramento County, California, notes: "(Charles) retired (from Massey & Taubenheimer) in January 1879 to give his full attention to his dairy, known as the Grove Dairy."

One of the earlier newspaper references to Grove Dairy appeared in the Thursday, Oct. 31, 1881 edition of The Union. In this article, it was reported that,

five days earlier, one of the dairy's horse

See Dairies, page 9



en route to K Street.

and K streets, when the delivery wagon was upset and one of

The horse in this accident survived the fall. However, a horse involved in a latter incident was not so fortunate.

### Grove Dairy misfortunes

While transporting a Grove Dairy delivery wagon on the af-ternoon of Dec. 27, 1885, one of Charles' horses unexpectedly dropped dead on 13th Street, between Q and R streets.

But one of the more unusual incidents related to the dairy occurred on Saturday, June 13, 1885 at about 10 p.m., when a masked robber holding a pistol entered the Massey home on the dairy property and demanded money from Charles and his wife.

the couple ran out a door and Charles held the door while his wife ran into the yard and alerted the dairy's six employees of the emergency.

the "war of the door" and had a brief tussle with Charles before running away in fear of being captured.

#### Charles: Father, pastor and widower

two daughters, Mabel T. and

Asenath O. Massey. The Gyr family's connection Asenath O. Massey (1870to the dairy site dates back to months and 9 days. Funeral 1940), who graduated from at least 1896, when Martin notice hereafter." Sacramento High School Gyr was residing and possibly In regard to Charles' post in 1888, married Harry H. working on the property. dairy years, he remained in During that same year, Mar-Earle in 1896 and Mabel T. the wood and coal business Massey became Mabel T. tin Gyr married Lizzie Menuntil at least 1911. Flint through her Sept. 28, ke, whose family also operat-In 1901, he was residing in the Casey Building at 528 1/2 1897 marriage to William R. ed a dairy in Sacramento. Flint of Sacramento. Joseph Gyr, who was a for-I St., and by 1906, he was liv-Charles also served as pasing at 718 J St. His address in mer carpenter at the Southern tor of the First Unitarian Pacific Company car shop and 1910 was 1203 O St.

Church of Sacramento from 1887 to 1893. The original First Unitari-

an Church of Sacramento had been in existence from 1868 to 1873, and was revived under Charles nearly 14 years later.

erating his dairy near 16th and Y streets, as well as a wood and coal business at 1210 J St. The 1896 city directo-

## **Dairies:** Grove Dairy sold after Charles' death

The incident ended at 10th the horses was pulled down.

The robber eventually won

Charles and his wife had

In 1895, Charles was still op-

teams ran away, beginning near his daughters as residents of 10th and I streets and scatter- the same dairy property, but ing milk cans along 10th Street makes no reference to a dairy.

It was not discovered during research for this article when Charles' wife died, but the 1900 U.S. Census does recognize him as a widower at that time.

Although it was not mentioned as being the dairy property, a real estate transfer of a 10-acre tract. south of the city, is referred to in the July 25, 1897 edition of The Union. It was recorded that the property was transferred from Charles and his daughters to Martha E. Lyon.

Since no post-1897 references to a Massey-owned dairy were discovered during research for this article, it is likely that this real estate transfer - especially due to the location of this Masseyowned parcel - represented the sale of the dairy property.

Additionally, the absence of Charles' wife's name in this In reaction to this surprise, real estate transfer is a possible indication that she was already deceased by that time.

#### Grove Dairy sold, but continued on

Grove Dairy's history did not end with the sale of the property, as is evident by an advertisement, which was published in the Nov. 1, 1897 edition of The Union.

The advertisement reads: "Jos. Gyr's Grove Dairy – Located Šixteenth and Y streets. P.O. address: Box 264, Sacramento, Cal."

had a wife named Alouisa, began operating a dairy south of Y Street and east of St. Joseph's Cemetery as early as 1896.

Based on the timing of the reopening of Grove Dairy under the proprietorship of Joseph Gyr, it is possible that dairy cows, farming implements and other essentials of his Highland Park dairy were simply transferred to the ry recognizes Charles and Grove Dairy site.



Photo by Lance Armstron

Although no photographs from the Grove Dairy were discovered during research for this newspaper series, the above photograph, which was taken at a separate Sacramento County dairy, presents a quality representation of how a portion of the Grove Dairy may have basically appeared.

The last reference to Joseph Gyr's Grove Dairy that was discovered during research for this article appeared in an advertisement that was published in the Dec. 1, 1897 edition of The Union.

### Gyr dies in 1900

On June 27, 1900, The Sacramento Bee published the following death notice: "GYR – Near this city, June 26, 1900, Joseph, husband of Alouisa Gyr, father of Louisa Gyr, stepfather of Sophia and Minnie Kalin, a native of Switzerland, aged 41 years, 5

The 1910 U.S. Census lists Charles as a 67-year-old, widowed Pennsylvania native who was living with his daughter, Mabel Flint, his son-in-law, William R. Flint, four of his grandchildren and a 22-yearold Portuguese-American servant named Margaret Faya.

At the time of the publication of this article, no post-1911 reference to Charles had been discovered.



# **C.K. McClatchy High School Hall of Fame Banquet sells out**

**By JIM COOMBS** Special to Land Park News

McClatchy athletes, family mem- champions were awarded medals. bers, graduates, and friends attend-Fame induction at the exquisitely decorated Elks Club on Riverside said, "It was a special night."

store the Roar program to support C. K. McClatchy teams and athletes. Restore the Roar was started by Bob Sertich in 2007 when he and inductee) went to then athletic director Christine Rodness-Lati-Lion sports family.

provided meals prior to games the night with the presentation of for the football team, recognition awards to outstanding student-ath-letes, and financial help to some of the teams. This year's event will raise money to help support all of the C. K. McClatchy teams and

es, and 5 outstanding teams were inducted to enthusiastic applause. history of C. K. McClatchy and the Such greats as the Stathos brothers (Tony and Pete), the Geremia school and the community. He brothers (Tony and Frank), and said the CKM tradition will never John Pappa (three section champi- be duplicated by any other school onships in the 100 and 220) were in the Sacramento area. C. K. Mcinductees.

Others included Earl Rose, the was the night's MC. greatest hitter in CKM history with a .521 average in 1951, Bill Werry (three-time all-city catcher 1952-54), Gus Gianulias (nine varsity 5 teams will reside at C. K. Mcletters ) four-sport letter winners Dave Thomas and Del Rasmussen, Fame committee will induct athand Dennis Davidson, the top dis- letes and teams from 1963 to 1983 tance runner in Lion history.

ley, the only Olympic participant years will also be added. (1964 Winter Olympics), and Tom Relles, star running back who later inate an athlete or team or to donate became one of the top 100 football to a CKM team of your choice, go to players in Sacramento were also restoretheroar.org or contact Bob Serrecognized.

1944 and 1947 football teams, aol.com.

the 1951-52 baseball teams that won 40 games without a loss, the 1958 baseball team, and the 1958-Approximately 380 former C. K. 59 cross-country two-year section

One of the highlights of the eveed the first-ever Sports Hall of ning was when the iductees arrived and walked down a red carpet into the Elks Lodge. They then had on Sept. 20. As one parent later their picture taken with Leo the Lion (Lee Anthony Ward) and C. The event was part of the Re-tore the Roar program to support Ward and Haley Correa-Ota. Lots of smiles and friendship.

Also helping out at the event were the Lion boys' volleyball team in and Gary Kerns (a 1961 graduate the parking lot and the CKM girls' tennis team who escorted the attendees to their seats. The interacno to offer help and support for the tion between the inductees and the young girls was fun to watch. The In those five years the group has C. K. McClatchy ROTC opened the colors and the Star Spangled Banner.

The evening's keynote speaker was R. E Graswich a former Sacramento Bee writer/KFBK talk show host who presently works for Mayagain recognize the school's top student-athletes. or Kevin Johnson. His two sons Will, a CKM senior, and Bob, a Representing the first 25 years sophomore, were part of the park-(1937-1962), 48 athletes, 2 coach- ing lot crew before the event.

Graswich talked about the unique legacy of these great athletes to the Clatchy graduate George Potiris

A beautiful walnut plaque with red-engraved silver plates naming the 50 athletes/coaches and the Clatchy. Next year the Hall of as part of an annual tradition to To list all of the great athletes help support C. K. McClatchy athfrom the first 25 years would take a full page, but Starr Walton-Hur-ditional athletes from the first 25

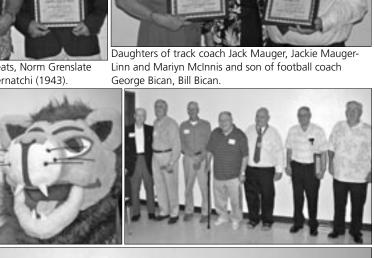
For information about how to nomtich at 441-0657 Jim Coombs at 422-Five outstanding teams, the 9082, or Rod Kunisaki at natetiny7@







Early Lion baseball greats, Norm Grenslate (1942) and George Vernatchi (1943).





Photos by Abby Virban an Tim Gallaghe

## What's on the menu? Salad bars introduced to schools and students involved in taste-tasting

Special to The Land Park News

plate?

day, Sept. 20.

meal from off campus at a ed to focus on a goal to denearbyrestaurant, but no, she liver more sustainable, local was one of many other stu- foods to district schools. dents who taste-tested food off the school's new cafeteria is the culmination of that menu, which included fresh- dream," he said. ly picked produce from local farmers. The food served students got fill their plates at McClatchy is representa- with produce from two salad tive of the new meals being bars: one dedicated to vegserved at schools across the gies and the other to fruit. district. "Tell your friends. The

fore school even began with don't need open campuses cafeteria workers grilling up anymore because we want meat and warming corn tor- to stay on campus. We have tillas, as students and invited community members ate and food. It's not only better for listened to brief speeches by you, it's better tasting," he their principal Peter Lam- said. bert, Sacramento City Unified School District Trustee improving the food at its Patrick Kennedy, and Chris- schools began in 2010



6

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Hey you, what's on your

"Really good chicken faji-

ment.

ens running around. He said items. You'd think she got her at that moment, they decid-

"What you see here today

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The quad was set up be- food's better here now. We grill stations. We've got good

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tine Tien, Program Manager with the formation of the The SCUSD cafeteria oped by nutrition experts for The California Endow- Healthy Foods Task Force, menu was revised to ad- at the Institute of Mediwhich has already, accord- here to new federal guide- cine and the United States While this is the first time ing to a press release: added lines for school lunches as Department of Agriculthe food program has been fresh fruits and vegetables part of the federal Healthy ture. The guidelines must tas, salad, strawberries," said reformed in 30 years, Ken- from local farms, expand-Allie Stewart, freshman at nedy said just three years ed "from scratch" style en- which was signed into law participating in the Na-CK McClatchy High School ago, a group of educators tree items and involved stu- in December 2010, accord- tional School Lunch Probright and early on Thurs- were at a farm with chick- dents in taste-testing menu ing to a press release. The gram and School Breakfast

new guidelines were devel- Program.

Hunger-Free Kids Act, be followed by all schools



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## Local community unites to Walk to End Alzheimer's on Oct. 6

By SUSAN LAIRD The Land Park News writer slaird@handywriting.com

You may – or may not – have heard about The Walk to End Alzheimer's event in Sacramento. Yet, this now-annual event is gathering a lot of clout throughout the region. This year's walk will be held on Oct. 6 at the State Capitol. Participants can choose to do a three-mile walk, or a one-mile "shortcut" walk.

Officially dubbed "The Alzheimer's Association Walk to Énd Alzheimer's," residents throughout the Sacramento area have quietly marked their calendars and raised funds. Local businesses are forming teams - and many have held special fundraisers for the cause.

"Alzheimer's Disease isn't fair," said Erin Stone, special events manager for the Sacramento office of the Alzheimer's Association."This is a devastating disease. There are 5.4 million people with Alzheimer's in this country."

Alzheimer's Disease is named after German neuropsychiatrist Alois Alzheimer, who first diagnosed the condition in 1906. Alzheimer's Disease, according to the Alzheimer's Association, is a progressive, ultimately fatal, disorder in which certain types of nerve cells in particular areas of the brain degenerate and die for unknown reasons. It begins with memory deficits, followed by gradual erosion of judgment, reasoning ability, verbal fluency and other cognitive skills.

To say that this is a devastating disease is to put it mildly. This condition is tough for the entire family and extended community, as family members Capitol in Sacramento. Check-in for the walk eventually become round-the-clock caregivers. starts at 8 a.m., and the Walk begins at 10 a.m. Assisted living facilities that specialize in dementia care are now a necessity in every community. Local facilities include The Meadows. Primrose and Cimino Care.

"One out of every two Americans now knows someone with Alzheimer's," Stone said. "This disease is the sixth leading cause of death in this country. And it is the only Top 10 cause of death that we cannot stop, prevent, - or cure."

The national "Walk" began three years ago. This year, there will be 14 Walks.

"It's definitely growing," Stone said." The growth of the Walk is pretty tremendous. People want to find a cure. Today, you can visit www.alz.org to find Walks all over the nation."

Local businesses - and especially those industries touched by Alzheimer's - have been stepping up to raise both awareness and funding for research. Ideas for fundraisers range from the conventional to the creative.

East Lawn Memorial Park in East Sacramento dedicated an Alzheimer's Memorial Wall this past summer to commemorate those touched by this condition. It's theme is "Never Alone, Never Forgotten." Last summer, East Lawn partnered with the Fab 40s 5K Run/Walk to raise funds to benefit the Alzheimer's Association. Families can still sponsor a name on the wall.

Cimino Care hosted pre-Walk "Summer Tea Party Experience" fundraiser in August at A Dash of Panache in Roseville. Guests enjoyed a tradi-tional English "High Tea," plus a raffle for a tablet and other goodies. A portion of the proceeds and all of the raffle funds were donated to the Alzheimer's Association.

"This is an important cause," said Mark Cimino, CEO of CiminoCare, which is a regional sponsor of the Walk. "We are all fighting to find a cure."

The 2012 Sacramento Walk to End Alzheimer's will be held at the South Steps of the State

There is no fee to participate in the Walk, but donations are welcome. Participants can also donate later.

The three-mile Walk route will take walkers to Sutter's Fort and back. The one-mile shortcut route will lead walkers around Capitol Park. Both routes are scenic, flat and wheelchair accessible.



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## Soaring With The Eagles **Two Troop 259 Scouts Reach Boy Scouting's Highest Rank**

Scouting's highest rank, Eagle Scout.



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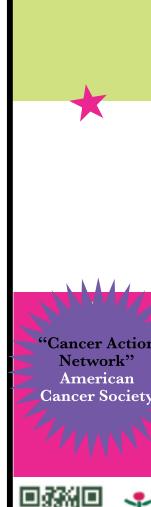


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# An ongoing attempt at being 'river friendly'

When my husband Adam fessionals. and I first cilitate all of our planning. friendly. But planning is just the be-

resident, David Roberts. for inspiration. He is a proand again that lawns suck up the pie.

so much water, so I'd like to

I know.

When I found out that Rob-1987, I realized even the most garden. environmentally friendly peocalled many bad names.

He added that it's actually a ical use." good time if you want to get able to be under less stress."

Sacramento County, no mat- isms. too healthy, it will be stressed and won't be able to fight off chemicals such as the Round-Up I'm about to purchase.

a Green Gardener course in West Sacramento (which is now underway). He's trying to change the minds of pro-

"(They) think they know moved into our the industry, which from home last sum- their perspective, they do, mer, we had but we're trying to bend their grand ideas about what we minds into new practices should do with our front and and change the way things back yards. He is an intern are done a bit," he said. That architect, so he has access to is, he's trying to get people computer programs that fa- to be more environmentally

Tamayo and Roberts are ginning and now I feel over- both advocates for River whelmed after visiting the Friendly Landscaping guidegarden tended by Land Park lines. There are seven of them that I need to remember as Roberts is an environmen- we undergo this major landtalist who draws on nature scaping transformation.

Ône includes water conserfessional landscaper by trade, vation – which by getting rid so I shouldn't be too hard on of my lawn will eventually myself when I look at the Ber- get me there. That is the foot

get rid of that one day and healthy soil. Roberts said na- is plant an orchard of fruit trees, tive plants don't always need that may have been doused

Even though our hottest fertilizers, which helped us more on that.) days are probably gone for with our crops, but on the

into the cooler season is great, croorganisms: fungi, bacte- you go as they are susceptible because the soil is warm still, ria, bugs, that all create soil to drying out, not to menbut the temperatures begin to structure. Just by having or- tion, expensive. Tamayo said moderate and the plants are ganic matter as mulching, he rather than killing the in-I learned from Dave Tamayo, riorated and it's taken into turning some insects red. environmental specialist for the ground by certain organ- I feel like I've learned a

ter what kind of plant you OK, but how can you friendly gardening, but am get, if you put it in a place not differentiate good bugs and bad bugs? before. Well, Roberts did at That was my question for one point during an inter-Tamayo, who chuckled a view call his plants his chillittle before simply stating dren and, at another, said Tamayo is an entomol- if you see bugs damaging that not all his clients want ogist, or as I'd like to say a your plants, those are the to tend a garden -- they want bug expert, who explained bad ones. Then he threw a a landscape. that most bugs in your gar- wrench into the logic and Maybe that's more my den aren't necessarily bad said if your plant is having style. I'd love to be all Zen bugs. And, Roberts teaches a problem, you need to be and take the 10 minutes a



muda grass that blankets my in the door, as Roberts says, sure you know what's caus- day to unwind by tending www.msa.saccounty.net/ front yard. I've heard time but it's still just one piece of ing it. I guess you could the garden, but shoot, it's sactostormwater/RFL/> think bugs are killing your Another is to create a plants when something else I get home.

which is easier said than done, a lot of fancy nutrients, but insecticides to lawns, even incorporating all of the riv- addresses water on Tueswhen you have an old garden though in California in- er friendly landscape guidesects are rarely the problem lines: Water conservation, days. Even number addresserts used Round-Up to get rid with fertilizers, you will have to them. There are a bunch soil health, water and air es water on Wednesdays, of his Bermuda grass back in to rebuild the health of the of tests you can try on your quality, landscape locally, Fridays and Sundays. Durlawn if you think bugs are wildlife habitat, less to the ing winter, watering is only "We're taking a lesson ruining it. (See http:// ple use that stuff I've heard from nature, instead of from ucipm.ucdavis.edu/QT/ ergy. Read more: < http:// Sundays. man," he said. "We invented parasitesinsectcard.html for

Fortunately when you do the year, Roberts said there's other hand, we also ignored have lawn insects, a lot are still some opportunity to get the natural systems, and, in susceptible to nematodes, or to "ground zero" if I want to some cases, helped to dete- micro worms, that can harm get rid of my crummy lawn. riorate them through chem- the insects that are damaging your lawn. I understand you Roberts explained that the have to be good at following started. "Planning as you get soil food web is all the mi- directions if that's the route said, begins the process be- sects, the nematodes give the This is good news because as cause the mulch gets dete- insects a bacterial disease,

lot about environmentally between nowhere closer than I was

going to be dark by the time

And I'll remember to water only between the hours If I ever get to that point 4 p.m. and 7 a.m. For spring Tamayo said people apply of Zen gardening, I plan on through fall, odd number days, Thursdays and Saturlandfill, and conserve en- allowed on Saturdays or



# Local nonprofit makes life easier for people in wheelchairs and their families

By DELL RICHARDS special to Valley Community News

When Carla Gillett—an inventor who has a patent and prototype for a wind turbine with solar power—saw a totaled van at a storage company, she saw the potential: A specially equipped van for her husband, Stephen, who is in a wheelchair.

"The owner thought it would be parted out, but I knew ex- and taking trade-ins, Destiactly what I wanted to do with it," said the 56-year old who lives near Executive Airport. willing to service, repair and Gillett's husband has had multiple strokes and has been in a wheelchair since February.

Luckily, a friend told her that Paratransit, Inc.—the local nonprofit known for its blueand-white mini-buses that give rides to the people with disabilities—had started a for Stephen. The lift for his new division to sell and repair wheelchair-accessible vans.

Because Gillett said "... it needed a lot of repair," the dence back," said Gillett. work took three weeks.

Staff at Destinations Mobility pulled out seats to make space for a wheelchair, repaired the lift, changed out components in the dashboard and console—and much more. "We completely rebuilt the vehicle," said Richard Rosebush, division manager.

Unlike her old van, the new one now is "...up to code. With this van, my husband faces forward and is much safer," said Gillett.

For more than 211,280 people with disabilities and ty, being able to go places can Monday through Friday, 8 be a huge problem. Without a specially equipped van, going to the store, a doctor's appointment, even out for a to www.destinationsmobility. drive is impossible. com.

"While Paratransit provides rides on our wheelchair-acces- sit, Inc., provides transportasible buses, we felt there was a huge need for personal vehicles for the people with dis-abilities," said Linda Deavens, ty. The local nonprofit also ac-Paratransit, Inc., CEO. "It's cepts vehicle-and boat-dothe California dream to have nations. For more information. freedom of the road."

New, specially designed or modified vehicles-can be very expensive, costing up to \$90,000. Lower-cost, used models rarely are available from traditional dealers.

Depending on the vehicle, modifications and mileage, Destinations Mobility is able to sell used and new vans from \$7,500 to \$50,000. In addition to selling used vans nations Mobility also is one of the few businesses that are even remake these particular vehicles.

"Since we opened recently, we've done a lot of repairs, including major ones like Carla's." said Rosebush.

"To me, it was worth the cost to get this van made wheelchair makes it so easy to get him in and out of the van, it has given us our indepen-

Now that Gillett has a new van for her husband—and that project completed—she also can make sure Stephen gets to his physical therapy appointments to regain his mobility.

She also can concentrate on promoting her renewable energy power system and other patents she has pending. "This allows me to continue my goals as well as Stephen's," said Gillett. "I can take Stephen with me everywhere now.

Destinations Mobility does business throughout California. The showroom is located seniors in Sacramento Coun- at 2501 Florin Rd. and open a.m. to 5 p.m. and Saturday 10 a.m. to 3 p.m.

For more information, go

Founded in 1978, Paratrantion services to individuals with disabilities, seniors and related go to www.paratransit.org.





# Hundreds stepped out to cure scleroderma

Photos by STEPHEN CROWLEY and Park News photographe stephen@valcomnews.com

Hundreds came out to William Land Park on Sunday, Sept. 9 for a celebratory competitive 5K run and 2-mile walk and fun run in honor or memory of loved ones affected by scleroderma, an autoimmune disorder. The run was Scleroderma Foundation local chapter's major source of raising money for research to find the cause and cure for scleroderma. The funds also help the local chapter provide the necessary support resources and free educational forums for patients and families. In 2011, the Sacramento event raised over \$43,000 in proceeds with over 500 people in attendance.

Special to The Land Park News

October is national Domestic Violence Awareness Month. To raise awareness about this life-threatening problem, My Sister's House, a non-profit organization dedicated to ending domestic violence in the region, is hosting two community fundraisers: The 4th Annual High Tea on October 13th at the Chinese Community Church located at 5600 Gilgunn Way in South Sacramento, and the 9th Annual Run for a Safe Haven on Oct. 27 at William Land Park.

High Tea Oct. 13 at Chinese Community Church







## Help break the cycle of domestic violence with My Sister's House with two events

High Tea on Oct. 13 and 5K Run on Oct. 27

The Fourth Annual High Tea and Silent Auction originated with support from local religious leaders taking an active role to recognize signs of domestic violence. They wanted to pro-

ter's House to their congregation. The on Saturday, October 27, 2012 at 8:30 Tea is from 11 a.m. to 1 p.m. at the Chinese Community Church located at 5600 Gilgunn Way in Sacramento.

Individual tickets are \$45. Tables for 10 are \$350, which includes the opportunity for a tea hostess to decorate the table with a theme. Each year, attendees compete for the honor of being one of the most creative and elaborately-decorated tables. Tickets and table reservations are available online at www.my-sisters-house.org.

#### Run For a Safe Haven: Oct. 27 at William Land Park

The ninth annual 5K run/walk is the largest attended fundraiser for My Sister's House, with more than 800 runners and walkers. This event is for the entire family featuring a Kids Half Mile, prizes, food, games, and music. Participants are encouraged to dress in costume and awards will

a.m. in William Land Park.

#### Entry fees are:

Adults (ages 19 and up) \$30 Teens (ages 13 to 18) \$25

Kids Half mile - \$10 (ages 12 and under) For companies or groups looking to support My Sister's House, being active, and having fun, the event also features mum of 10 runners, and \$20 for additional runners. Registration is available online at www.runforasafehaven.com.

"This year's events are especially important as My Sister's House celebrates the opening of its transitional house for domestic violence survivors. We hope to raise enough funds so that abused women and children more information about My Sister's have an option, other than the streets, House, call 930-0626 or visit www. be given to the most creative. Come join in to stay after they leave our emergency my-sisters-house.org.

vide life-saving services such as My Sis- on the fun while supporting a great cause Safe Haven," said Nilda Valmores, My Sister's House Executive Director.

Proceeds from both events will help My Sister's House in its efforts to putting a stop to domestic violence and providing shelter to victims of domestic violence.

My Sister's House is celebrating its 11th anniversary this year as the only non-profit organization in the Central Valley which specifically addresses the issue of domestic violence within the Cenrunning teams to support My Sister's House. The fee is \$250 with a mini-Islander community. My Sister's House provides outreach and education to help prevent domestic violence, a 24/7 multilingual helpline, a six-bed shelter, a sixbed transitional house, and a Women to Work Program. Already it has provided more than 15,000 bed nights of shelter to Asian/Pacific women and children and other survivors of domestic violence. For

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# CALENDAR

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Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

#### September

Yav Pem Suab Academy fundraiser

Sept. 28: Fundraiser for this independent charter school within the Sacramento Unified School District. From 6-11 p.m., the anquet format will consist of a full-service, family style dinner, a keynote speech, and student and staff performances. The goal is to raise \$100,000. 5731 Stockton Blvd., Sacramento 95824. (916) 433-5289.

#### 45th Annual Native American Day at the State Capitol

Sept. 28: Steeped in culture and tradition the 45th Annual Native American Day is devoted to maintaining Native culture, including stories, languages, and traditions for today and for future generations. With a special "Honoring Native Women" theme this year, guests will enjoy free cultural demonstrations, compelling guest speakers, the Tule River Color Guard, traditional games, music and dancing, and much more. State Indian Museum 2618 K St. (916) 324-0971. www.parks.ca.gov/indianmuseum.

#### **Roaring 20's Gender Bender** weekend day one

Sept. 28: Come out at Player's Night - A Flapper & Dapper Soiree, which will be a swanky fundraising dinner, 1920's Speakeasy theme with gender bending added for fun. This event will include food, beer by Hoppy Brewing, a program produced by Jovi Radtke, a silent art action featuring art by local artists, a live auction, and a museum full of classic cars! 7 p.m. at the California Automobile Museum, located at 2200 Front St. http://calautomuseum.org/ Roaring 20's Gender Bender Weekend is the Gender Health Center's (GHC) official coming out bash. http://www.thegenderhealthcen ter.org/events/

#### **Roaring 20's Gender Bender** weekend day two

Sept. 29: Come out at the Gender Bender Ball - Fun annual dance-party, carnival sideshow theme, add 1920's for fun. Live music by DJ Freezto, dancing, beer by Hoppy Brewing,

a show produced by Carrie Martin showcasing local performers, a drawing with prizes donated by local companies, and custom made pizza cooked on the spot. 7 p.m. at the Brickhouse Gallery, located at 2837 36th St. http://www.brickhouseoakpark.com/ Roaring 20's Gender Bender Weekend is the Gender Health Center's (GHC) official coming out bash. http://www. thegenderhealthcenter.org/events/

### Fire Station 60 open house

Sept. 29: Come visit Fire Station 60 at 3301 Julliard Dr., Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347

#### SERTOMA (SERVice TO MAnkind) celebrates its 7th annual Oktoberfest

Sept. 29: Authentic German food, live music, dancing, mustard tasting, 50/50 raffle, silent and live auctions. Proceeds will benefit local deaf and hard of hearing children and adults as well as many local charities. 6 to 10 p.m., \$25 ticket includes dinner (beverages extra). La Sierra Community Center is located at 5325 Engle Rd., Carmichael 95608.362-5557.

#### Festa do Chicharros (Mackerel Festa)

Sept. 29: Sacramento Portuguese Holy Spirit Society presents Mackerel Festa, located at 6676 Pocket Road. Sacramento, CA 95831. 2-5 p.m.: Kids Activities (Grape stomping, games) 5 p.m.: Mackerel dinner, 6 p.m.: Sueca tournament (Portu guese card game). Cost: \$15 All you can eat Mackerel dinner (Chicken will be available on a pre-order basis, by calling Aires Machado at 997-5074). \$3 kids meal (includes, drink, chips and fruit). See www.facebook.com/sacphss, www.sphss.org, or email sacphss@gmail.com

#### **CSUS Piano Series**

Sept. 29: Sac State Professor Richard Cionco kicks off the University's Piano Series with a concert at 7:30 p.m. in the Music Recital Hall on the campus, 6000 J St. Cionco performs throughout the U.S. as well as in Italy, Germany and China, and has performed in Slovakia, Japan, Canada and many other countries. Tickets are \$20 gen eral and \$15 students and seniors and are available at the University Ticket Office, (916) 278-4323. Contact: (916) 278-5191

## SPCA Mobile Adoption

#### Sept. 29:

Adoption trailer will be at Kuni Chevrolet, 2341 Fulton Avenue Sacramento, from 10 a.m. to 2 p.m

#### Sept. 30:

Adoption trailer will be at SPCA Thrift Store, across the street from the store located at 1517 E Street, Sacramento from 11 a.m. to 2 p.m.

#### **Union Pacific Railroad celebrates** 150th anniversary

Sept. 29-30: A huge, two-day signature event will be held in Old Sacramento and will commemorate 150 years since President Abraham Lincoln created the original Union Pacific by signing the Pacific Railway Act of July 1, 1862. Other highlights will in clude train rides on Union Pacific's popular miniature train, UP 956, and free weekend excursion train rides on the Sacramento Southern Railroad, based on availability Also, complimentary entrance all weekend long to the California State Railroad Muse um. Open from 10 a.m. to 5 p.m. each day. www.up150.com and www.californiastaterailroadmuseum.org.

#### **Community concert**

Sept. 30: The Sacramento Community Concert Association (SCCA) presents A Far Cry Chamber Orchestra of Boston. 3 p.m., Crest Theater, 1013 K St., Sacramento. Doors open one hour before curtain time. Open seating only. Subscriptions are \$90 adults, \$45 students, \$80 groups of 12 or more. Single shows are \$25. For tickets, visit www.sacra com or call (916) 974-1357.

#### **Community outreach fair at Elks** Lodge No. 6

Sept. 30: Sacramento Elks Lodge No. 6 is holding a special outreach event from 1 to 5 p.m. at 6446 Riverside Blvd. Learn about nity services offered by the Elks Lodge as well as other organizations, businesses. Refreshments and tours offered. To reserve a table, call (916) 607-8347. Cost is \$25 for 6-foot table, \$50 for 12-foot table. Breakfast will be served at the Lodge from 8:30 to 11 a.m. for \$9.



#### **Mustard Seed Spin**

Sept. 30: Annual bike family bike ride along the American River Parkway, beginning and ending at William Pond Park. The event starts at 11 a.m. and is a benefit for homeless children in downtown Sacramento, Includes bicycle raffle and lunch.

#### **O**CTOBER

#### Sacramento Geranium Club presents: "Good Bugs – Bad Bugs"

Oct. 1: From 10 a.m. to 1 p.m., Dave Davis of Green Acres will give a presentation on "Good Bugs - Bad Bugs" and how to use natural controls. 3330 McKinley Blvd. Sacramento, CA

#### **POWERtalk International**

Oct. 2: Want to improve your public speaking and presentation skills? POWERtalk International, a nonprofit public speaking organization, provides coaching in leadership skills, sales presentation, interviewing, confidence building and more. Meets First Tuesdays of the month 10 a.m.-1 p.m. and first Saturdays of the month, noon-3 p.m. Aviators Restaurant, 6151 Freeport Blvd., Sac. Liz Richardson (916) 208-9163, erichardson1202@yahoo. com www.powertalkinternational.com

#### Author Lecture Series

Oct. 3: Sacramento State Art Professor Elaine O'Brien kicks off this year's popular Friends of the University Library's Author Lecture Se ries at 3 p.m. in the University Library Gallery on the campus, 6000 I St. O'Brien will discuss "Modern Art in Africa, Asia and Latin America: An Introduction to Global Modernisms an anthology that sheds fresh light on modern art beyond the West. The presentation is free. Contact: (916) 278-5954.

Oct. 3: Students in grades 4 through 6 are invited to the Brain Quest competition at 4 p.m. at the McKinley Library to test their knowledge of American history, culture, mile stones, ingenuity, and spirit: What U.S. leader was "first in war, first in peace, first in the hearts of his countrymen"? Can you name the most famous whale in American literature? What do we call the first 10 amendments to the U.S. Constitution? Students who want to challenge others in this United States trivia contest are asked to register at McKinley Library by Sept. 26. The library is located at 601 Alhambra Blvd., Sacramento

'It's Fun to Be Smart'

## First Wednesday Art: Play with Clay with

ArtWorks at Belle Cooledge Library, Oct. 3: At 3:30 p.m., Families can play with clay at this art program. Younger participants will measure, make, and mold their wn clay shapes. Older participants will learn how to make colorful clay jewelry. 5600 South Land Park Drive, Sacramento

#### **Rotary Club of Pocket/Greenhaven**

Oct. 3: Guest speakers address local, regional and international topics. Visitors are welcome. 7:30 a.m., every Wednesday. Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854.

#### Make Kokeshi Dolls at Ella K. McClatchy Library

Oct. 3: At 6 p.m., for youngsters, ages 5 to 18, create mini folk-art presidential wooden figures. 2112 22nd Street, Sacramento.

#### **Bi-Polar Anonymous**

Oct. 5, 12, 19, 26: Free 12-step program/ support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.



#### **Sacred Heart Fall Festival**

wine, festival games and prizes. 856 69 St. 11 a.m. to dusk. Facebook event page: tinyurl.com/4yoxysh

#### Asian Food and Cultural Bazaar

Oct. 6: From 11 a.m. to 3 p.m., at the Sacra mento Japanese United Methodist Church, menu items include: teriyaki chicken, sesame chicken. Korean beef, chow mein, sushi, udon and there will be entertainment by Taiko Dan as well as a crafts sale and kids game 6929 Franklin Blvd. Sacramento 95823.

#### **Paper shred event**

Oct. 6: Save your confidential papers for our Shred Event. 9 a.m. to noon, Holy Spirit Parish, 3159 Land Park Drive, Sacramen to. \$10 donation per file box. Proceeds go to the Saint Vincent de Paul Society for food, clothing and emergency housing for those in need. (916) 443-5442

#### Volunteer in the garden

Oct. 6: Jensen Garden, located at 8520 Fair Oaks Blvd. in Carmichael, is holding a volunteer garden work day from 9 a.m. to 1 p.m. Bring work gloves, hand pruners, lunch and a drink and join with other volunteers to keep the garden beautiful all year. All skill levels are needed. Tracy Kerth (916) 485-5322 ext. 23 or email tracy@carmichaelpark.com.

#### Fire Station 8 open house

St., Sac. Free. 2 p.m. – 5 p.m. Presentations at 3 p.m. (916) 808-1347

Oct. 6: Four downtown Sacramento locations that include the California State Archives (1020 O Street), the California State Library (900 N Street), the Center for Sacramento History (551 Sequoia Pacific Blvd.) and the Sacramento Public Library (828 I Street). Event goes from 10 a.m. to 4 p.m. and it is free of charge; 808-7072 or www.sacarchivescrawl.blogspot.com

### Land Park Volunteer Corps

Oct. 6: Got work gloves and a "let's get down to business" attitude? Then the Land Park Volunteer Corps is for you! Come join members of the community as the group maintains, improves and beautifies Williar Land Park. First Saturday of every month, March to November. Free. 8 a.m. meet behind Fairytale Town, 8:25 a.m.–11 a.m., work on projects as assigned. Light break fast, lunch provided by local businesses

#### Pancake Breakfast

Oct. 6: Two light, delicious, warm pancakes, a tasty patty of sausage, Log Cabin syrup, tea and coffee, all for only \$3 per person. 8:30 a.m.-10 a.m. Every First Saturday of the month. Benefits the Wednesday Club. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

### 22nd annual SCNA's wine tasting,

silent auction and beer garden Oct. 6: Delicious food and drinks from local wineries, breweries and restaurants. Will include auction, raffles and door prizes. From 4 to 7 p.m. at the Sierra 2 Center 2791 24th Street, Sacramento, 452-3005. \$35 for SCNA members, \$45 for nonmembers through Oct. 3, \$50 for everyone after Oct. 3., www.sierra2.org or 452-3005. Donations needed for silent auction, contact Melissa at mmckenzie55@comcast.net

Oct. 6: Live music, beer garden, food and

Oct. 6: Come visit Fire Station 8 at 5990 H

#### Sacramento Archives Crawl – Building Sacramento, Building Communities

(916) 718-3030 ckpinsacto@aol.com

#### Annual shred event

Oct. 6: Save confidential papers. This fundraiser is for the Saint Vincent de Paul Society at Holy Spirit Parish, where they take care of feeding, clothing, and paying emergency housing for those in need \$10 donation per file box. 9 a.m. to noon, church parking lot. 3159 Land Park Dr., (916) 443-5441.

#### Art, craft and plant sale

Oct. 6-7: The Shepard Garden and Art Center is hosting its annual fall art, craft and plant sale from 10 a.m. to 4 p.m. Plant sales benefit local horticulture clubs. The two-day event takes place at the Shepard Garden and Art Center, 3330 McKinley Blvd. 95816. (916) 808-8800, www.sgaac.org.

#### SacWorldFest

Oct. 6-7: Annual event in Old Sac celebrates cultural diversity on Oct. 6 and 7. For updated performance schedules and more information, visit www.SacWorld-Fest.org. For sponsorship inquiries or vendor participation information, please call 549-2749.

#### The Hipwaders at Elk Grove's **Giant Pumpkin Festival**

Oct. 7: Cosumnes Community Services District presents The Hipwaders who will be performing their quirky, jangle-pop for kids and families from 2:30 5 p.m., Elk Grove Community Park, 9950 Elk Grove Florin Rd. Elk Grove. Free, http:// www.yourcsd.com/pumpkinfestival/default aspx#visitortop

#### DOGtober Fest

Oct. 7: Entertaining games for kids and dogs, hot dogs and root beer floats, free photos of your dogs for the 2013 Calendar and hot off the presses is the Carmichael Canine Corral Community Cookbook, which will be fo sale. Event goes form 9 a.m. to 3 p.m. at Carmichael Park's canine corral at the corner of Fair Oaks Blvd. and Grant Avenue. For more information, contact Carla Barbaro at 717-8808 or cbarbaro@comcast.net

#### Vegan Fall Fest and Picnic

St. Robert's 57th Annual

FALL FESTIVAL

October 6, Noon-8 p.m.

October 7, Noon-6 p.m.

Fun for the whole family!

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**OCT 28** 

and live music!

Oct. 7: Featuring food vendors, smoothies, games, entertainment, kids' activities, a cupcake walk, vegan poetry slam, and more from 11 a.m.-4 p.m. at Southside Park 8th and T streets. Sacramento.

**Grand Prize** 

\$1,000 cash

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2:00PM

firstumcsac.org

sacgaymenschorus.org facebook.com/FirstUMCSacramento mastersingers.org

#### Soroptimist Sierra Nevada and Sacramento Theatre Co. present 'The Miracle Worker'

Oct. 7: In honor of National Disability Employment Awareness Month, there will be a performance of the classic story of Helen Keller and her teacher Annie Sullivan. Doors open at 6 p.m. for wine music and silent auction. 1419 H St., 7 p.m. \$45 tickets, includes one beverage dessert and coffee. Proceeds benefit So roptimist Sierra Nevada Region Fellowship Fund and My Sister's House. http:// miracleworker.brownpapertickets.com

#### **Bad Art Night at McKinley Library**

Oct. 9: At 6 p.m., a variety of arts and crafts supplies will be available to those interested in making the worst possible art piece to be entered to win a prize. Sad clowns and velvet Elvis fans, unite! 601 Alhambra Blvd., Sacramento.

#### **Rotary Club of Pocket/Greenhaven**

Oct. 10: Guest speakers address local, regional and international topics. Visitors welcome, 7:30 a.m., every Wednesday, Aviators Restaurant, 6151 Freeport Blvd. (916 684-6854.

See more Calendar, page 27





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# C A L E N D A R

Continued from page 25

### **Crochet Guild**

Oct. 10: Crocheters of all levels of ability and all ages are invited to join the Sacrame to Crochet Guild. Learn new crochet techniques, exhibit at State Fair, do charity work Mentoring program. Show and tell. Mini classes. Library and newsletter available. Club member of the Crochet Guild of America. Meets the second Wednesday of the month at 6:30 p.m. Seniors: \$6/yr. Enter from park ing lot. Church of the Cross, 45th and H St., Sac. Karolyn (916) 457-4044

### **Referrals Plus**

Oct. 10: Referrals Plus, a women's networking group, helps women in business with connections, resources, promotions and ideas. We meet the 2nd Wed. of every month. 12:15 p.m. for meeting/luncheon in Greenhaven area. RSVP required. www.referralsplus.org

### Second annual 'One Book'

Sacramento dinner Oct. 26: Friends of the Sacramento Pub lic Library will hold a "Constitution dinner" from 7 to 9 p.m. Menu selection includes: Ratification roast beef, convention chicken, legislative vegetarian lasagna, patriotic pizza. Dress as a founding father, so ciety matron, or wear Old Glory's colors of red, white and blue. To be held at the Elks Lodge, No. 6, located at 6446 Riverside Blvd., Adults: \$30, children: \$10. Informa tion, call Kathi Windheim at 392-0101 or email zaw2000@msn.com

#### **Fifty States, One Nation with** ArtBeast at McKinley Library Oct. 12: At 4 p.m., for children ages 5 to 12, learn how our country moved from a collec-

tion of states to a nation. Color and decorate a map of the United States. 601 Alhambra Blvd., Sacramento

#### Plant Sale to benefit local nonprofit Oct. 13-14: From 10 a.m. to 3 p.m., a selection of hard to find and unusual perennials not generally seen in local nurseries. Plants from starters to gallons. Gifted Gardener 18th and J St, Sacramento. Benefits Sunburst Projects' efforts to provide a healthy meal and presents for annual Adopt-A-Child program. Sunburst Projects helps children and families with HIV/AIDS.

### 'Rehearsal for Murder'

Oct. 12-Nov. 18: A play within a play, with murder and surprising revelations. \$19-\$21. Chautauqua Playhouse, 5325 Engle Rd., Carmichael (916) 489-7529 www.cplayhouse.org

### Land Park Service Unit Girl Scouts yard sale

Oct. 13: From 8 a.m. to 2 p.m. at Village Green in Land Park (near Sutterville Rd.)

### Free electronic waste drive fundraiser

out of their car. Pop the trunk or open the door and we will unload for you. It's a fundraiser for Earl Warren Elementary School grade level events. 5320 Lowell Street, Sacramento, 382-5930.

For more calendar entries visi www.valcomnews.com

**Golden Valley Charter School's** 

Oct. 13: A celebration of autumn bounty with

nourishing food, storytelling, live music and en-

tertainment, archery, petting 200 and other fun

activities. This event is open to the general pub-

lic and all are welcome so bring the whole fam-

an inspiring day full of children's handcrafts,

annual Harvest Festival:

Oct. 13: Participants won't even have to get

ily, free admission and entertainment. Please bring cash for fee-based activities, food and crafts from our Vendor Marketplace, from 11 a.m. to 4 p.m. at 9601 Lake Natoma Drive in Orangevale. www.goldenvalleycharter.org

#### Take Back the Night march and rally Oct. 13: It will be an evening of remem-

brance, celebration, and action to stand against all forms of violence against women and children. Resource fair at 5:30 p.m., rally at 6 p.m. and march at 8 p.m. The resource fair will continue throughout the rally to provide information about the crucial services offered in our community. Sacramento Native American Health Center parking lot at 2020 J St. www.sactakebackthenight.org/sponsor

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#### **CONNIE LANDSBERG 761-0411**



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4 bedrooms and 2 baths with separate family room and total space approximately 1800 sq ft. Great family home with granite kitchen counter, central heat and air; and such a convenient location, easy bike to the river, walk to the William Land Park, or enjoy the zoo...it is all so close! \$285,000

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Room to roam on just shy of .5 acre lot (.3295)! This 3 bedroom  $2\frac{1}{2}$  bath home has room for all your toys and activities. Bring your boat, RV, kids, dogs, bocce ball, and gardening stuff! Updated kitchen, living room with fireplace and open family room, and did we mention built-in pool and spa too! Call for price.

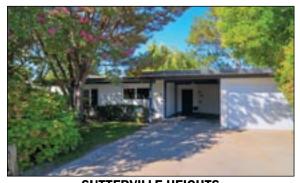
CHRIS BRIGGS 834-6483



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