THE LAND PARK NEWS

Community News in Your Hands October 25, 2012 www.valcomnews.com

Land Park area schools test scores soar

Lance Armstrong special feature

CO-WORKING IN LAND PARK, PAGE 4 • BENEFIT TO BE HELD FOR LOCAL ENTERTAINER, PAGE 20 • COMMUNITY CALENDAR, PAGES 25–27



Pumpkin patch round

See page 12



Faces and places: Kids day at Sol Collective See page 10



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Adopt-a-Child now underway at Sunburst Projects

Special to Valley Community News

The holiday season is just around the corner and Sunburst Projects is busy preparing for their annual "Adopt-a-Child Project" for the holidays, which serves hundreds of children living with AIDS/HIV each holiday season.

In this time of reduced budgets and services, Sunburst Projects is working on trying to provide the families they serve with basic needs for the holidays (toilet paper, diapers, food,

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Land Park area schools have some of the highest test scores in the district

Special to the Land Park News

Overall, Sacramento City Unified Schools moved up eight points on the state's Academic Performance Index to 768. API numbers reflect student scores on various standardized tests taken in the spring of 2012. The API is a numeric index that ranges from a low to a high of 1,000. The state API target for all districts and schools is 800.

"Despite state budget cuts, we are moving forward and improving teaching and learning in our schools," said Superintendent Jonathan Raymond.

SCUSD's eight middle schools had a collective increase of 199 API points. The biggest increases were in English Language Arts scores, a rise credited to the district's push to implement Common Core Standards in that subject. More than half -55.3 percent - of SCUSD middle school students scored in the "proficient" and "advanced" ranges, an increase of 5.6 percent over 2011.

Crocker-Riverside has highest API in the district; Alice Birney, Crocker and Judah met all federal targets; and Cal Middle is now over 800 in API (the state's goal for all schools).

Land Park area schools

Bret Harte Elementary-762 with a growth of 10 points from last year Collis Huntington-700, which was down three points Crocker Riverside- 937 with a growth of 6 points Ethel Phillips- 766, which was down four points Hollywood Park – 795, with a growth of 6 points John Cabrillo- 724, up 14 points Leataata Floyd (formerly known as Jedediah Smith)- 668, down 29 points Pony Express- 872, up 6 points Sutterville Elementary – 851, down 14 points Theodore Judah – 890, up 36 points Alice Birney Waldorf-Inspired Methods – 756, up 6 points Leonardo da Vinci – 823, down 9 points California Middle – 805, up 12 points Sam Brannan – 772, up 20 points McClatchy - 772, up 10 points

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Collaborative workplace comes of age celebrates partners, neighborhood, art

By MONICA STARK Land Park News writer

Co-working – not a novel idea or one that would be exceptionally newsworthy except for the fact that Land Park entrepreneurs have taken the idea community art gallery. of working together and made a business out of it.

located in Land Park on necessarily a new thing. 21st Street next door to

ly built in 1949 as a U.S. Post Office, modern renovations provide an interior of more than 4,500 square feet, workspaces, a meditation room, game room and

Capsity, which is now edges that co-working isn't

"People are always work-

er-occupied profession- ture firms, co-ops," he said al workplace. Original- in an interview. "But the model is now applied to business."

Occupying eight of the 10 current offices include: Real estate brokers, Nina's playhouse (a theater workshop), Sac Trips, Raoul Jeff Louie, the 31-year- Photography, Sac Hats, old co-founder, acknowl- Sac TShirts, The Tree Network, Thomas Dodson

Thursday, Oct. 11's cele-borGOOD, an in-house Sol Collective, is an own- ing together - architec- bratory evening doubled as



an art reception for neigh-

themes of local-to-global consciousness. Recent work from Raoul

Ortega and Pachamama Coffee photojournaland Thaleon Tremain ex- and 23rd. plore interweaving threads Reflecting on Capsity's of community, responsible commerce, and everyday environment.

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Local jazz guitarist Ross Hammond and Chinese gallery exhibition elevating guzheng player Zimei rounded out the festive event with musical performances.

Founded in 2008, Capsity first was located in midists Olaf Hammelburg town at the corner of P St.

recent progress, Louie said:

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LISA MCCAULEY

See Capsity, page 5





Capsity: Coworking space includes place to relax and have fun

"Four years ago, we were ing a clean and well-stocked just a space that provided bathroom was a first prior-B2B services in a building ity, having an office that inthat encountered its fair tegrated a place to retreat share of difficult challeng- was also important. "We es," he said. "We can now thought: wouldn't it be nice claim our own building to have a space where we can with remarkable partners, retreat and take five minamazing neighbors like Sol Collective, and a focused desire to do good work."

Amenities to the contemporary modern interior include WiFi, free cof-

Louie is an idealist who of developing Capsity was he said. to blend fun with productivity and achievement.

the game room. While hav- www.capsity.com.

utes of our time to quietly think or not think. A lot of times people think their office can be a place where they can retreat," he said.

While Louie is co-foundfee/tea and snacks, access er, he holds the title. Comto a kitchen, conference munity Activator. His room, private room, a sun- practice? To activate evlit lounge and reading area, eryone who enters the ofample whiteboard spaces, fice and see what is dora meditation room, and to mant inside them, in terms provide work-time respite, of their business and pas-Nerf toys, foosball table, sions and to get them to leand '80s-era Galaga con- verage their skill sets the best they can.

"My belief is that everyknows how to get down to body has a genius skill set; business. Part of his dream they just haven't found it,"

Capsity is located at 2572 21st St., Sacramento. The realization is evi- For more information, condent with the inclusion of tact Capsity at 585-3004, the meditation room and office@capsity.com or visit



Capsity's grand opening celebration on Thursday, Oct. 11.

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Ford's Real Hamburgers founder is also a well established artist

Land Park News writer Lance@valcomnews.com

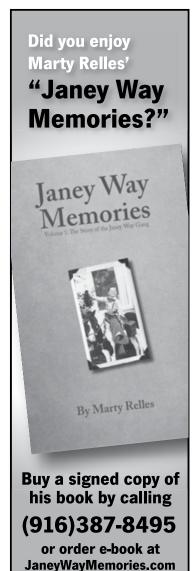
Editor's Note: This is the second article in a two-part series about Land Park native and Ford's Real Hamburgers founder Jim Ford.

Jim Ford, founder of the recently closed Ford's Real Hamburgers at 1948 Sutterville Road, sat down last week to discuss one of the greatest loves of his life -

This love of art, Ford explained, began when he was about 5 years old.

"My love of art began when I was attending Crocker Elementary School on Vallejo Way, next to California Junior High School (now California Middle School), which I also attended," Ford said. "I just gravitated naturally toward art, because I liked it, and I excelled in it, because of the deep interest (in art) I devel-

Ford, who has spent the majority of his life residing in the Land Park area, said that



he was not the first artist in his family.

"My father (John Dewey Ford), who was born in Sacramento on March 12, 1898, was a furniture maker and refinisher for Breuner's department store and later for Scofield's (department store)," said Ford, who resides in South Land Park with his wife, Karen DeVoe, who he married in 1993.

While attending California Junior High, Ford, whose childhood home was at 1824 3rd Ave., began taking art and mechanical drafting classes.

He excelled in these subjects through his time as a student at C. K. McClatchy High School and Sacramento City College.

Clatchy, he was in charge of the school's advertising committee during his sophomore, junior and senior years.

In recalling his involvement in this committee, Ford, who was also president of Mc-Clatchy's Art Club during his senior year in 1962, said, "The committee was my favorite non-class. I got to paint signs and banners and it was just a lot of fun."

One of Ford's earliest major artistic achievements occurred while he was attending city college in 1963.

SOLD

And while attending Mc-Jim Ford stands with some of his art pieces during one of his recent shows

A collage piece that he had created for the school's color and design class was selected for the inside front and back covers of the school's 1964 Pioneer yearbook. Ford spent several years in

the 1960s moving back and forth between Sacramento and Aspen, Colo.

During this time in Aspen, Ford, who described himself as transferred to McClellan Air

having been a "ski bum," held a variety jobs from a waiter, a busboy and a donut cook to a janitor, a maid and a bellman.

Ford became the city draftsman for the city of Aspen in

A year later, Ford joined the Air Force Reserve, and after spending six weeks in basic training in San Antonio, he

Force Base to serve his sixmonth term of active duty.

After this service, Ford returned to his draftsman job in

In 1966, he was accepted to the Art Center College of Design in Los Angeles.

After spending only a few weeks at this prestigious art college, which was established in 1930 and is now located in Pasadena, Ford returned to Sacramento and enrolled at city college.

Ford said that he dropped out of college in 1967 to pursue an artistic venture.

"I coerced my friends, the Schultze brothers, into promoting a concert with three bands at the Governor's Hall," Ford said. "I named it Simultaneous Avalanche of Psychedelic Lights. Featured at the show were the local bands, Parish Hall Blues, Working Class and Free Love, and our light show. We drove a 1956 Dodge Town Wagon with a permanent sun deck onto the wooden floor at Governor's Hall and then projected wild, colorful, psychedelic lighting on three walls from the sun deck platform."

To promote this May 12, 1967 show, Ford created artistic advertising posters and

Ford would eventually gain more exposure through his

Ford: The artist looks forward to future endeavors

art during this experimental counterculture era of the 1960s, as he left Simultaneous Avalanche to Tom and Rick Schultze and concentrated on creating more concert advertising posters and handbills.

His next concert advertising posters and handbills were for the Grateful Dead/The Creators shows, which were held at Kings Beach, Calif. on Aug. 25-26, 1967.

Altogether, Ford was the artist for 10 images for concert posters and handbills.

These concerts also included the Pop Music Festival featuring Jefferson Airplane at Hughes Stadium on Oct. 15, 1967 and performances by The Jimi Hendrix Experience and The Creators at the Sacramento State men's gym on Feb. 8, 1968.

Although Ford had created a niche for himself as a concert poster and handbill artist, he eventually left Sacramento to return to Aspen after he was asked to continue his city draftsman po-

Along with his city draftsman position, Ford worked as a freelance graphic artist and photographer.

In 1970, Ford was offered

a full-time graphic artist and illustrator position with the Studio Three advertising agency, which was owned by Norm Clasen and later became known as the Norm Clasen and Associates.

After accepting this position, Ford worked for Clasen for nine years.

The most notable of the many projects that Ford created for Studio Three was his series of Aspen ski town art, which was used for the advertising campaign for the Aspen were purchased by Wein-Skiing Corporation for two seasons and became the logo ment stores in Sacramento. for the city of Aspen for more than a decade.

During this same time, Ford also worked as the public announcer for many major sporting and in-town events, one of which was the Nations residing in Sacramento, World Series of Skiing with the notable sportscaster Brent burgers. Musberger.

After selling his restaurant in 1991, Ford contin-In 1977 through 1981, Ford designed and built homes in ued to design logos, draw ar- new challenges in the art and the Aspen area, after which time he returned to Sacra- his dream of manufacturing may fall," Ford said.

concert at the Governor's Hall in Sacramento. mento and continued acquir- a removable rack for pickup trucks.

During the late 1960s, Jim Ford was the artist for posters and handbills for 10

ing graphic design work.

California.

1986.

Ford moved to Slough-

house in 1983 and became

involved in a major project

These drawings received

much press and his limited

stock's and Macy's depart-

Ford was once again re-

siding in Aspen in 1985 and

A year later, as present-

ed in the first article of this

series. Ford, who was then

founded Ford's Real Ham-

of drawing scenes of 13 dif-

Northern California rock concerts. Shown above is his first artistic rock image for a

Photo by Lance Armstrong

It was also during that time that he owned a 1962 Piper Cherokee 160 airplane and enjoyed flying to various small ferent areas of Sacramento airports around the Sacraand other parts of Northern mento Valley.

In 2004, Ford was the facilitator and project manager of a \$5 million water treatment edition prints of these scenes plant in Marysville.

Most recently, he has devoted much of his time to creating welded metal art featuring fish and birds and exhibiting his works at fine art festivals and fairs.

Ford said that he has enjoyed the many artistic-related activities of his life and that he looks forward to his future endeavors as an artist.

"My life has been full of wonderful achievements and projects and I look forward to chitectural plans and pursue design world, wherever they





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Fur! Fall! Fun! Haunted Open **House at the Front Street Animal Shelter on Oct. 28**

Special to the Land Park News

On Sunday, Oct. 28, 2012, the City of Sacramento's Front Street Animal Shelter, located at 2127 Front St., will open its doors for the Haunted Open House from noon to 4 p.m. for a day full of Fur! Fall! and Fun!

Tricks and Treats galore will be found at this event. The Front Street Animal Shelter invites guests ty to purchase special tickets for \$5 to enjoy free hot dogs, cotton can- to be entered into a drawing for an dy, snow cones, and popcorn. In addition, Booker T's Catering, Ru-rience package. Many other prizes, a record adoption day with more bio's, Peet's Coffee & Tea, Vic's Ice donated by local businesses, will be than 50 pets finding their new Cream and Cupcake Craving will offered in a general \$1 drawing.

be serving samples of their tasty treats. (While supplies last.) Other treats include a bounce house and children's game area, face painting, local vendors, and live music by Roni and the Flight. For tricks, 8 dog kennels will be decorated for the "Pimp My Crib" contest and guests are invited to brave the Haunted

Guests will have the opportuni-\$800 value Sacramento Kings expe- nual Open House event is to have

Attendees are encouraged to bring cans or a bag of cat food or dog food to benefit Titanic's Pantry, a free pet food bank open to families in need.

The Front Street Animal Shelter has made significant strides in saving animals over the past year. Since 2011, there has been nearly a 100 percent increase in adoptions, helping thousands of homeless pets find their new homes. The goal for the 2nd An-

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Faces and Places:

WINE TASTING & SILENT AUCTION

Photos by STEPHEN CROWLEY

The 22nd Annual Curtis Park Wine Tasting, Silent Auction & Beer Garden was held Saturday, Oct. 6 from 4-7 p.m., at Sierra 2 Center. As one of SCNA's largest fundraisers, the event brought local wineries, breweries and restaurants to Sierra 2 Center for tastings. Attendees enjoyed delicious food and beverages along with the exciting silent auction and raffle drawings. Items for bid included original art, spa packages, beach rentals, dance lessons and much more.







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Faces and Places:

Kids Day 'DIA DE LOS MUERTOS'

CELEBRATION AND STREET FAIR

Photos by STEPHEN CROWLEY Stephen@valcomnews.com

Sol Collective hosted Dia De Los Muertos art activities for kids and kids at heart on Sunday, Oct. 14. Sol Collective is located at 2574 21st St. in Land Park. Also, outside on the sidewalk, This-n-That Thrift held a crafts fair.











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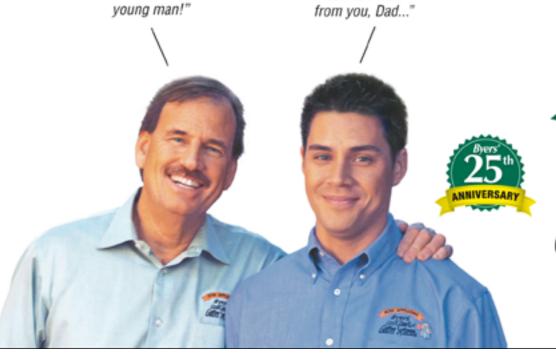
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t's Halloween Time!

Válley Community News writer corrie@valcomnews.com

Wondering where to pick a great pumpkin or what's going on for Halloween? We've got you covered with some inghere." great ideas!

Get Pickin'!

Whether you're looking for the perfect pumpkin for jacko-lantern carving, or hoping to catch a glimpse of Charlie Brown's Great Pumpkin, the good news is there's lots of options close to home to take the family and get in the Halloween

For instance, little ones can get out and pick their own pumpkin at the pumpkin patch at Fair Oaks Boulevard Nursery on the weekends until October 28 from 11am-3pm. According to Owner Debbie Woodruff there's also face painting, a straw bale maze, haunted house, and photo opportunities. They've Papadales Food Diner to add to opportunities, a picnic area, and the experience.

"It's just us having fun in the neighborhood," Woodruff says. We're just bringing the urban feel for a pumpkin fall gather-

Over in West Sacramento, Dave's Pumpkin Patch offers five acres of pick-your-own pumpkins, as well as the Cornival, which features a number of attractions from farm animals to the Pumpkin Princess Castle to the huge Jumping Pillow, says Manager Andee Solis. The

years and each year we just get pumpkin patches close for the pigger and better, so we're pretty excited – this year is going to be one of our biggest yet," Solis

And in South Sacramento, visitors to Roemer Pumpkin Patch get to take a hayride to its eight acre pick-your-own pumpkin patch. Owner Dan Roemer says the patch features a variety of pumpkin sizes, with the also invited local food trucks El largest weighing in 100 pounds.

Chacuaco Tacos & Burritos and The patch also features photo a five acre corn maze.

"It's a clean, safe, wholesome environment when they come out here," Roemer adds. "Just come out, enjoy yourself, pick a pumpkin and spend a couple of hours in a stress-free environment."

Here's a look at just a few of the pumpkin patches in the Sacramento region. Editor's note: As hours and details may have changed after press time, please make sure to call and confirm the following information "We've been here for over 25 before visiting. Please note most season on or before October 31.

> Bastiano Farms Goblin Gardens Pumpkin Patch 3845 El Centro Road, Sacramento

916-925-2496 bastiaofarmsgoblingardens.com Monday-Sunday, 10am-7pm

Dave's Pumpkin Patch 3010 Burrows Ave., West Sacramento

916-849-9450 www.vierrafarms.com

Sunday-Thursday, 10am-dusk; Friday-Saturday, 10am-9pm (Haunted Maze open until midnight)

Fair Oaks Boulevard Nursery 4681 Fair Oaks Blvd., Sacra-

mento 916-483-1830 fairoaksblvdnursery.com Weekends in October from 11am-3pm

Keema's Pumpkin Farm 6532 Point Pleasant Road, Elk Grove 916-684-2334 Tuesday-Sunday, 11am-sun-

Roemer Pumpkin Patch 6851 Hedge Ave., Sacramento 916-381-4331

www.roemerpumpkinpatch.com Tuesday-Friday, 2-5pm; Saturday-Sunday, 9am-5pm

Uncle Ray's Pumpkin Patch 19376 Old River Road, West Sacramento

www.unclerayspumpkinpatch.com

Monday-Friday, 10am-5pm; Saturday-Sunday, 10am-6pm

Dia De Los Muertos/ "Souls of the City" In honor of "Day of

the Dead" activities celebrated each year in Mexico and in major cities around the world, Sol Collective and the Historic Old Sacramento Foundation have teamed up to present a series of Dia De Los Muertos/"Souls of the City" events and activities in Old Sacramento that take place throughout October and culminate on November 2-3.

A schedule of the special workshops-free with Mu-

See Halloween, page 13

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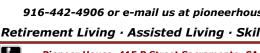
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Halloween: Local pumpkin patches and events

ities is as follows:

- Papel Picado & Paper Flowers Workshop - 10/6 at
 Sacramento History Muse- Scarecrow Festival & Parade
- ramento History Museum (11am-2pm)
- + Decorate Frames & Can-Sacramento History Museum (11am-2pm)
- Honoring Our Past Event* - 10/25 at Sacramento History Museum (6-8pm)
- at Panteon De Sacramento Galeria Posada (11am-11pm)

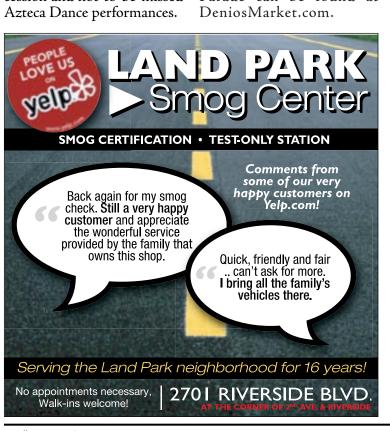
Then on Friday, November 2, from 8pm to midnight, the community is invited to a free Ceremony and large-scale Altar Installation at Waterfront Park in Old Sacramento. 3, a final evening of free Dia ties will take place throughout the Old Sacramento beface painting, a pop-up pho- tumes. to booth and traditional mucession and not-to-be-missed

seum admission--and activ- For more information visit www.historicoldsac.org or www. solcollective.org.

um (11am-2pm) Denio's Farmers Market • Calavera Masks & Pinatas and Swap Meet in Roseville Workshop - 10/13 at Sac- is inviting the entire community to join in the first Denio's Scarecrow Festival & Parade" on Saturday, Ocdles Workshop - 10/20 at tober 20 from 10am-3pm. The day will feature a variety of activities for the entire family including pumpkin and treat bag decorating, kids carnival area, hand- "Souls of the City" Pop Up made treats, craft vendors, costume parade, live scare-Event - 10/27 at La Raza crow auction and Trick or Treating within the scarecrow area.

Participants are invited to enter the scarecrow contest to help neighborhood schools and win fantastic prizes. All Traditional Altar & Velacion scarecrows will be available for viewing in the Denio's Scarecrow Arena throughout the event and will be judged And on Saturday, November by popular vote from festival visitors. Cash awards will De Los Muertos or "Souls of be handed out to the top two the City" celebratory activi- scarecrows and a third will receive a special Denio's Choice Award. The costume parade ginning at 4pm that include will also have winners for the family-friendly fun such as most creative and fun cos-

An entry form and addisic, with festivities concluding tional information about at 6pm with a traditional Pro- the Scarecrow Festival & Parade can be found at



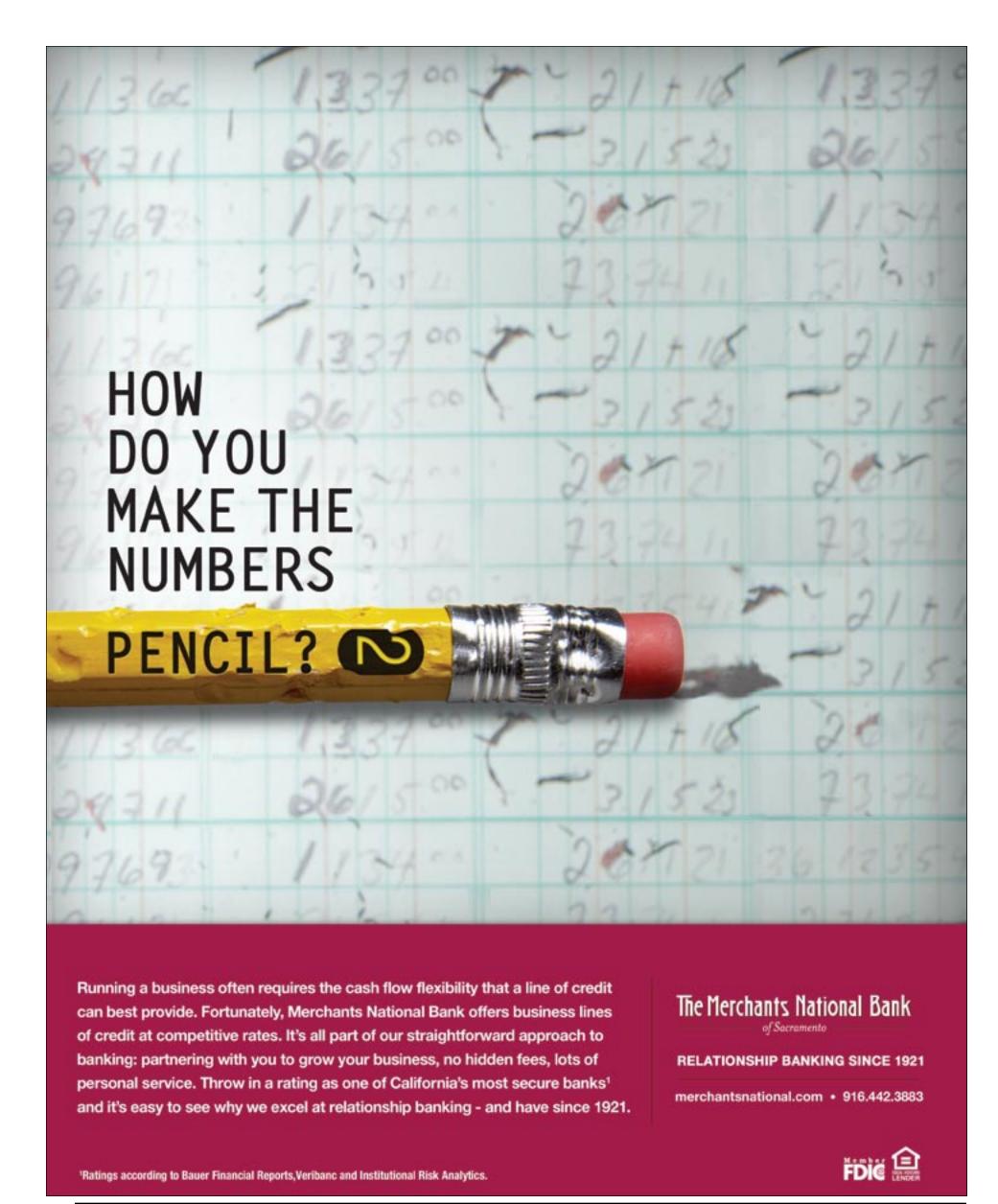


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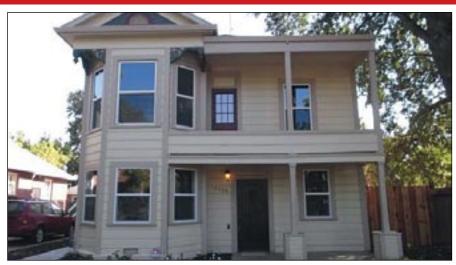
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C.K. McClatchy students performed humanitarian work in Rwanda

Teens spent 28 days in East African nation this summer

The Land Park News

High School students spent 28 days this summer in people who have so little but the East African nation of can give so much. I know

ed in the AfriPeace Youth Peace and Cultural Educa- stay for another month. Altion Program, which provides young adults with op- ily and friends, they want to portunities to learn about continue their cultural im-African culture, history and society while performing In prior AfriPeace trips, humanitarian work.

for students.

"I really enjoy these trips dents react to and then em- an estimated 800,000. brace Africa," said teacher-guide Jeremy Predko, ows had a profound effect morials and national parks. al Technology, who has led standing of forgiveness and

and generous the people Eight C.K. McClatchy they meet are," Predko said. "They are shocked to meet

the trip has been successful The students participat- when, as the trip nears its end, the students want to though they miss their fam-

students visited Nige-This is the fifth year ria and Ghana. This year's CKM has worked with Af- trip to Rwanda presented a riPeace to build a bridge to chance for students to exbetter global understanding perience a country reconcilof 1994's horrific genocide, because I get to see the stu- which claimed the lives of

Talking to genocide wid-Sacramento City Uni- on students, said CKM sefied School District's Co- nior Celia Ringstrom. "I ordinator of Instruction- was changed in my underfour of the five past trips to what it means," Ringstrom "I enjoy hearing them talk saying to forget but to reabout how friendly, giving member and move on. For-



ing itself to the aftermath giveness benefited them as well as others."

Students visited historical museums, non-governmental organizations, genocide me-They also met the Rwandan President of the Senate and the Minister of Justice.

Throughout the school year before the trip, the students said. "(The widows) weren't raised almost \$2,000 through

See Rwanda, page 17



Photos courtesy of the Sacramento City Unified School District

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Rwanda: C.K. McClatchy students embraced the culture of local families

car washes and bake sales, and gathered nine suitcases full of supplies which were donated to the people of Mayaga,

genocide refugees and their families. During their week stay in Mayaga, students helped build a workshop for a vocational training school

using the money they raised.

was like to live so minimally, thinking about how to feed yourself and where a small rural village consisting mostly of to find clean water," said Zachery Ramos-Taylor, who recently graduated

"Before the trip, I had no idea what it

Students also embraced Rwandan culture by trying unusual foods (fish eyes, goat stomachs), participating in traditional dances, bargaining at the markets, hiking through jungles, playfrom McClatchy and now attends UC ing football with village and street Santa Cruz. "Now I appreciate more children and staying at the homes and of what I have and I try not to judge parishes of local families and church-

Ramos-Taylor said he learned to appreciate Rwanda as "a great country. I slowly learned that Rwanda was more than just a memorial site for geno-

Editor's note: This article was reprinted with permission from the Sacramento City Unified School District's website, www.scusd.edu.

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Fall/Winter citywide loosein-the-street yard waste collection now underway

Special to Valley Community News

Citywide Loose-in-the-Street yard waste collection is now in effect and will continue through the week of Jan. 14. Pickup will occur, on average, every other week during the peak leaf sea-

Residents can find out when crews are scheduled to be in their neighborhood by calling 311 or by using an online map, which is updated daily on the City's web-

site at www.cityofsacramento. org/yardwaste.

Service notes:

·Yard waste containers will continue to be picked up weekly on regularly scheduled collection days. Container customers should continue to use their container weekly, in addition to the Fall/Winter Loose-in-the- + Street service.

·Projected dates shown on the map can change up to 12 hours before pickup, based on weather, equipment availability, and the amount of material to be collected.

· Loose-in-the-Street pickup typi-

cally will not occur on a custom-

er's regularly scheduled garbage/

recycle collection day. Residents

can use the online map to find

out their next projected service

- Weather has a significant impact on Loose-in-the-Street service. Crews work rain or shine six-days-a-week, including holidays, and stormy weather can slow down collection.
- change and are unpredictable. Recycling Division services, call 311.

Crews do not know from dayto-day the volume of material they will need to remove until they are on city streets. Days with high volume piles in one zone may impact the speed of clearing a neighborhood and moving to the next neighbor-

The citywide Fall/Winter Loose-in-the-Street collection includes curbside holiday tree pickup. The last day trees can be placed out for pickup is 6 a.m. on Monday, Jan. 14. Trees should be clean of all lights, tinsel, decorations etc. and have no stand attached. Flocked trees will be accepted.

Daily service needs may For more information on Solid Waste &

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City College unveils renovated Performing Arts Center

Hundreds gather for grand opening

By BENN HODAPP

Sacramento residents are familiar with Sacramento City College for a number of reasons. One of them is Hughes Stadium, which plays host to numerous football games rich in tradition. But now another facility may just challenge the stadium as the most recognizable building on campus. The newly minted Performing Arts Center had its grand opening on Friday, Oct. 12, and while many will say that the renovations were overdue, the end result left even those clamoring for change in disbelief.

Hundreds gathered for the grand opening festivities, which included a catered buffet, commemorative key chains and entry into a prize drawing. Those in attendance were also free to roam the new classrooms in an open house setting.

The original building opened in 1937 during the Great Depression, where it became a hub for local art and social events. Time took its toll on the building over the course of 73

Jennifer Martinez, a member of the Sacramento City College Chorale, spoke about the shortfalls of the old

"It really was in bad shape," Martinez said. "It was old and the stage was in disrepair as well as the seats. It showed its age."

Renovations began in June 2010 to bring the center into the new century. A pamphlet from the college outlined the work done to the old facility.

"The 620-seat main auditorium now features a motorized orchestra pit, trap floor, lighting catwalks and control systems, and audio controls with various acoustic settings. The venue also has an under-floor air delivery system that enhances sound characteristics and thermal comfort."

All of the classrooms within the center are also now connected via a network so that anything happening on the main stage can be watched on televisions in the classrooms.

Bob Martinelli, vice president of administrative services at the college, outlined the costs of the renovations.

"The total cost was \$18.6 million, with \$14 million coming from state bond funds and \$4.6 million from local bond (measure A) funds," Martinelli said in an e-mail. Measure A was passed in 2002, which provided \$265 million for construction within the



The Performing Arts Center at Sacramento City College held a grand opening on Oct. 12 to show off many renovations.

"The 620-seat main auditorium now features a motorized orchestra pit, trap floor, lighting catwalks and control systems, and audio controls with various acoustic settings. The venue also has an underfloor air delivery system that enhances sound characteristics and thermal comfort."

Los Rios Community College Dis-

Though the changes were many and undeniably spectacular, Martinez fell in love with one aspect in particular. "The acoustics are amazing," she said. Martinez explained that during the renovations the choir was forced to hold concerts in the practice rooms. The acoustical difference between the two is, not surprisingly, quite drastic.

Chris Daubert, a professor of art at the college, said he loves the changes that were made. He jokingly added that he "misses the asbestos and lead

The open house included demonstrations of all types, including Daubert as he made posters to commemorate the grand opening via silk-

Music teacher Kathleen Poe played classics by George Gershwin on a grand piano in the 104-seat Little



Commemorative posters fresh out of the silk screen printer sit to dry.

Theater as people milled around the

Akshay Sharma, minoring in film and play production at Sac City, was an usher for the event.

"It's amazing," he said. "The old building was not that great. I am very named Performing Arts Center. psyched up."

After the open house there were performances by the Sacramento City College Chorale, the Sacramento Shakespeare Festival Production, the Faculty Fusion Ensemble and the City Theatre Musical Production.

Perhaps the crown jewel of the facility is the original fresco painting by legendary artist Ralph Stackpole. He was SCC Performing Arts Fund.

commissioned to paint it in 1937 in the lobby of the old building. The fresco was restored in the 1980s, and after being carefully protected in 2010 prior to construction, the fresco now greets patrons in the entryway of the newly

The new facility is packed full of future concerts and events, but it is open to be rented by those wishing to use it. The college is also offering an opportunity to purchase a seat in the main auditorium. Those who buy a seat will have their name engraved on a brass plate, which will be attached to the seat. The money raised will go to the

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'Celebrate Francie' aims to help beloved children's entertainer

Land Park News writer Corrie@valcomnews.com

For 22 years, Francie Dillon has entertained children and families with her mix of music and area schools to hospital bedsides.

Now battling an undiagnosed neurological disorder, the community is rallying to support Francie in her time of need with "Celebrate Frannow with the physical limitations she is now expericie" - a fundraising event on Friday, Nov. 2 at encing. "It's very important that adults see the poten-Fairytale Town.

"Francie touches people's hearts and particularly the hearts of children," explains Terry Foley, organizer of Celebrate Francie. "It was a nobrainer that people would want to come together for her. If you had to choose a person for which everybody loves Francie."

The "Voice of Fairytale Town"

Dillon - who was just named Arts Educator of the Year by the Arts & Business Council of Sacramento, according to an article in the Modesto Bee says she first started her business, then named Jazz find an answer. Babies, in 1991 by teaching music appreciation in

During this time, a parent asked her if she per- understand this, overcome this, to get through this." formed at birthday parties. "I remember looking at her and thinking you've got to be kidding, right?"
Dillon says with a laugh. "I didn't even know people could do this for birthday parties!"

Dillon decided to take a shot at performing at a private engagement, which eventually lead her to perform at the former Thursday Night Market on K Street and eventually Fairytale Town. Town was the "most unique feeling in the world" and she walked away from it thoroughly enjoying started me on the avenue of being an entertainer," she adds.

For at least 15 years Dillon has been a special guest performer and program MC at Fairytale Town, according to the park's Executive Director Kathy Fleming. However, Dillon is mainly known 5:30-8:30 p.m. at Fairytale Town, which Fleming for the 25 storybook boxes that are stationed at says is the logical place for it to happen. "Francie each of Fairytale Town's sets throughout the park. The stories and songs she recorded for them, earned her the name the "Voice of Fairytale Town," Flem-

what Dillon brought to the park as a performer. where community members can also purchase tick-"She brings her essence and it just represents what ets for the fundraiser and make donations. Addiwe do here so well, so it worked out well to have her tionally a trust fund for Dillon has been established as much as she's been here."



Overcoming Obstacles

From there, Dillon continued to perform and went on to record and publish her own album, "The Toy Box," which won the National Parents Choice Approval Award. She also began to cross over to teach adults how to bring music into the school setting storytelling, everywhere from Fairytale Town to through presenting at childhood education conferences, and currently teaching children's literature at California State University Sacramento.

tial for creativity and joy that comes from music and storytelling, and for them to present it in such a way that we release the excitement about it," she adds.

In July 2011, Dillon sought medical attention for the symptoms of her condition, left her nearly bedridden. Álthough she has some mobility, her lack of balance you were going to do something, you might as well choose someone that everybody loves, and without needing to sit, and her speech alternates between normal and slurred. And her energy declined to where her Monday night lectures at Sacramento State left her incapacitated for the rest of the week.

Currently Dillon's condition has been undiagnosed by doctors, though they recognize it as a neurological disorder. Dillon says she is determined to

"I've never felt like a victim," Dillon says. "I've never felt like why me? It has been more of a what can I do to

Celebrate Francie

Now unable to perform as she once did, Dillon is facing some financial hardships. To help her get through this period in her life, some of Dillon's friends asked her if they could put on a benefit to help raise money for her. Although Dillon says she was reluctant at first. they talked her into it and she finally agreed. "That is Dillon says her first performance at Fairytale the hardest thing to be on the receiving end of such generosity," Dillon adds with emotion in her voice.

The benefit, Celebrate Francie, is being run by the experience. "That was the kind of thing that Foley, who was first introduced by Dillon when he hired her to perform at children's programs for Borders Books & Music in the Sacramento area. After hearing about Dillon's medical issues, Foley decided to step forward to take on the fundraiser.

The event will be held on Friday, Nov. 2, from played a major role in the re-invigoration of Fairytale Town, so it just made sense," she says.

Foley says the fundraiser will feature a performance by Northern California band Mumbo Gum-"She brings a love of literature, a love of play and fun to Fairytale Town," Fleming says when asked information can be found at CelebrateFrancie.com, at the Chase Bank on Florin Road in Sacramento.





Now battling an undiagnosed neurological disorder, the community is rallying to support the former Land Park resident, Francie Dillon, in her time of need with "Celebrate Francie" - a fundraising event

"This is not a sad event - it's a happy event and it's a way for people to come together and celebrate Francie and the contribution she has made," Foley savs. "And really that is what makes up the fabric of our community or any community is people coming together to honor and support one another."

on Friday, Nov. 2 at Fairytale Town.

Dillon says the money raised will allow her to take the steps she needs to adapt her past career as a children's entertainer to a new one that works within her current situation, as she knows she still has

"I can't believe that the universe is willing to let me just dissolve without making further contributions, I cannot believe that is the plan," Dillon says. 'I believe I've got something to give that will benefit and be of service, and now it's my job to discover that. This benefit will give me the breathing room to make that happen, and to me the greatest gift of all is the room to discover that."

Celebrate Francie will take place Friday, Nov. 2, from 5:30-8:30pm at Fairytale Town. To purchase tickets and for further information, visit CelebrateFrancie.com.



New Report: 'Generation In Jeopardy' from pesticides

Emerging science points to pesticides as a key contributor to childhood diseases and disorders, requiring swift action from policymakers

Report highlights local policy solutions, like edible school gardens, right before Mayor Kevin Johnson and famed chef Alice Waters kick off new project

Special to Valley Community News

Learning disabilities, childhood cancer and asthma are on the rise in the United States. A new report out today points to pesticides with over 3 million pounds applied on farms and homes in Sacramento County each year - as a critical contributor to these health harms in children. The report release comes on the same day that Sacramento leaders kick-off an effort to increase the amount of healthy, nutritious and organic food in area schools, expanding on existing efforts at area schools.

"Without question, the health of our children should be a local, state and federal priority. Unfortunately, it's not a fairytale. The widespread use of hazardous pesticides, from farm to fork, is putting this generation in jeopardy," said Goli Sabha, a mother, doctor and coordinator of the school garden at the Language Academy of Sacramento. "A comprehensive system of school gardens and healthy, organic lunches, is a good first step."

In particular, the report points to the fact that children are sicker today than a generation ago, confronting serious health challenges from pesticides and other chemical exposures that their parents and grandparents were unlikely to face.

Californians for Pesticide Reform, in conjunction with health professionals and mothers groups, released the new report, which draws from academic and government research to chronicle the emerging threat of pesticides to children's health. Compiled by researchers and scientists at Pesticide Action Network, A Generation in Jeopar- cancer. dy: How pesticides are undermining our children's health and intelligence focuses on studies published within the past five years – a growing body of evidence that convincingly demonstrates a link between pesticide exposure and childhood

health harms. 'There is a growing 'silent epidemic' of diseases and disorders facing our children. And we know that even in small amounts, pesticides can have a tremendous impact on developing children," said Dr. Harry Wang, president of the Sacramento chapter of Physicians for Social Responsibility and child psychiatrist. "We must take action to prevent another generation from being put in harms way."

The report shines a light on the growing links between exposure to pesticides where children, live, learn and play and an array of impacts diminished IQ, ADHD & autism, childhood cancers and asthma. In dren.

following trends across studies:

The brains and nervous systems of boys are significantly more affected than girls.

Timing of exposure is critically important. If a child is exposed to even very small amounts of a harmful pesticide during a particular moment of development, the impacts can be severe - and often ir- -Withdraw harmful pesticide prodreversible.

Studies link exposure to pesticides during pregnancy to in-creased risk of childhood leukemia and brain cancer. And children who live in intensively agricultural areas are more likely to have childhood

The report outlines a series of urgent recommendations for state and federal policymakers to better -The report highlights states and protect children's health and intelligence, recommendations emphasized by organizations on Tuesday.

"Children living in Sacramento Region face pesticide problems in parks, schools and agricultural fields. We can't shop our way out of these problems – we must press our political leaders, here in our 'We can't afford to wait any lon-

The report points to the need for the following reforms to reduce pesticide use:

Create stronger policy tools so enforcement agencies can take swift action to pull existing pesticides off the market and block new on the mind and body - including pesticides when independent studies suggest they are harmful to chil-

particular, the report points to the -Increase investment and support for innovative farmers as they transition away from pesticide

> -Set and track national pesticide use reduction goals, focusing first on those pesticides that studies show are harmful to children.

ucts from use in homes, daycare centers and schools.

-Establish pesticide-free zones around schools, daycare centers and neighborhoods in agricultural areas to protect children from harmful exposures, especially pesticide drift.

communities across the country where innovative policies have been put in place to protect children from pesticides where they live learn and play.

For example, parents and teachers at Language Academy of Sacramento, a school located on the UC Davis state's capitol, to protect our chil- Medical Center campus, have develdren's health and intelligence," said oped a pesticide-free garden that they Daniel Gannon, father and farmer. incorporated into the lunch program and their curriculum. The school is just down the street from Sacramento High School, where Mayor Kevin Johnson and Alice Waters announced their new edible schoolyard project.

> The report was released Tuesday, Oct. 9 in 10 cities across the country, including Bakersfield, Des Moines, Fresno, Los Angeles, Minneapolis, Sacramento, Salinas, San Francisco, Stockton, and Ventura.

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Preparing for the 2012-2013 Flu Season

Though summer vacation and barbecues aren't far behind us, as a physician for Molina Healthcare, I remind my patients that it is never too early to get vaccinated for the upcoming flu season. The Centers for Disease Control (CDC) recommends that the public gets vaccinated as soon as the new vaccine is offered since the antibodies take about two weeks to provide the the CDC and the World Health full measure of protection. Even Organization (WHO) – two

past you should still get vaccinated because every year the vaccine is not only different, but also modified to protect against the flu strains most likely to be seen the coming season

When does flu season start?

Flu season can begin as early as October, and typically lasts through May, peaking in January and February. Although the flu usually doesn't hit until the fall,

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Saturday, November 10, 2012 • 9am-4pm

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if you were vaccinated in years organizations that determine a severe reaction to influenza the contents of the influenza vac- vaccine previously and anyone cine to be developed each year have been looking toward the next flu season for a while. This is because the vaccine manufacturing process begins six to nine months ahead of time to insure vaccination with their doctors. enough supply on hand.

Who should get vaccinated?

The CDC recommends that anyone over six months of age gets vaccinated, especially those at high risk for complications. This includes people with chronic medical conditions like asthma, diabetes and chronic lung disease, pregnant women, children between six and 23 older and those who live with or care for those listed as high risk.

Know fact from fiction.

who has ever had Guillain-

Barré Syndrome (a disorder

where the body's immune sys-

tem mistakenly attacks its ner-

vous system) should discuss

Many people think of the flu as a severe cold with shortterm symptoms that may lead to a few lost workdays/schooldays. However, the truth is, the seasonal flu can be a serious condition and even fatal in some cases. The seasonal flu hospitalizes 200,000 people in the U.S. each year and months of age, anyone 65 or can kill between 3,000 and 49,000 people from complications caused by it. Some people are also afraid to get the vaccine because they believe it may cause the flu. However, People with severe allergies, injected flu vaccines only condoctors. Anyone who has had you. The nasal vaccine, known

as FluMist, is the one type of live virus flu vaccine, but this virus is specially engineered to remove the parts of the virus that make people sick.

What should you do?

Preventing the flu takes the same care as preventing other forms of illness. I advise my patients to practice good hand washing habits, avoid touching their faces when possible, and cover their mouths when they sneeze or cough. Symptoms of the flu range from mild to severe, but usually begin with a fever and body aches, and often include a cough and/or sore throat, a headache, a runny nose, fatigue and chills, and potentially vomiting, nausea and/or diarrhea. In many cases, the flu will resolve on its own in four to ten days with plenty of rest and liquids. If symptoms are severe, a doctor can prescribe antiviral tain dead virus so it can't infect medication to help lessen the duration and/or symptoms.

- EVENT LISTING SECTION -

Who shouldn't get the vaccine?

especially those with an allergy

to eggs, should check with their

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

Annual Holiday Boutique

Sierra Oaks K-8 School

Saturday, Dec 8 – 10 a.m. to 3 p.m

Over 20 vendors & local business owne

selling jewelry, clothing, decorations &

specialty items. Sierra Oaks Café will



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Presenter: Josh Tuttle Wednesday, October 31 - 11:30 a.m. to 12:30 p.m. General Manager East Lawn Mortuary & ierra Hills Memorial Park uneral Director Lic#3435

wed by a question

Seating is limited to 30 attendees per seminar St. Francis Community Hall

6700 Verner Avenue, Sacramento, CA 95841 (1-80 @ Greenback)

and answer period. equired RSVP to Lisa West @ (916) 732-2020

34th Annual "Holiday Show of Hands" CRAFT FAIR

Friday, Nov. 30, 5-9 p.m. (\$3) Saturday, Dec. 1, 9 a.m. - 7 p.m. Sunday, Dec. 2, 9 a.m. – 3 p.m. Unique, hand-crafted gifts, decorator items, collectibles

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The Performing & Fine Arts Academy's **Stage Fright Haunted House** October 25–27 Thurs. & Fri., 6-9 p.m. Sat., 5–9 p.m.

Natomas Charter School 4600 Blackrock Drive, Sacram

\$2 per person

Arden-Arcade Area

have coffee, pastries, soup & salad. 171 Mills Rd. Sac., Multi-Purpose Roo Info: carla.halligan@gmail.com All proceeds benefit the children at Sierra Oaks School

Mission Oaks Holiday Craft Faire

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> 972-0336 MORPD.com

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Sunday, November 4, 4-7 p.m. ante Club, 2330 Fair Oaks Blyd Kristi Mattes (916) 505-7598

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CALENDAR

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Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

OCTOBER

Sac State's Jazz Ensembles performance

Oct. 25: Starting at 8 p.m., selections include "Moten Swing," by Benny Moten, and "Waltse for Dave" by Chick Corea in the Music Recital Hall on campus, 6000 J St. Tickets are \$10 general, \$7 seniors and \$5 students and available at the University Ticket Office, 278-4323 or http://bit.ly/ xRmEZ8. Contact: 278-5191

'Crocker Talkers' to be featured at **River's Edge Senior Community**

Oct. 25: Starting at 2 p.m., these well-informed and enthusiastic speakers will share with you the fascinating history of the Crocker Family, the Crocker Art Museum and the museum's stunning display of art. RSVP by calling 921-5131 by Monday, Oct. 22. Refreshments will be served. 601 Feature Dr.

Stage Fright Haunted House

Oct. 25-27: The Performing and Fine Arts Academy's Drama Club presents costumed dancers, face-painting, concession stand, storytelling and more. Thursday and Friday from 6 to 9 p.m., Saturday from 5-9 p.m. \$2 per person. Natomas Charter School, 4600 Blackrock Dr., Sacramento. 803-5863

Christian Brothers Family Pasta Feed Dinner

Oct. 26: \$12 for adults and students. Every dinner receives one raffle ticket. \$6 for kids, ages 6-11, free for 5 and under.

Valley Community Newspapers, Inc

Second annual 'One Book' Sacramento dinner

lic Library will hold a "Constitution dinner rom 7 to 9 p.m. Menu includes: Ratification roast beef, convention chicken, legislative vegetarian lasagna, patriotic pizza. Dress as a founding father, society matron or wear Old Glory's colors of red, white and blue. To be held at the Elks Lodge, No. 6, located at 6446 Riverside Blvd., Adults: \$30, children: \$10. Information, call Kathi Windheim at 392-0101 or email

Oct. 26: Friends of the Sacramento Pub-

Haunted Stacks: Zombies and Ghosts to Roam Central Library

Oct. 26: From 7 p.m. to 9 p.m., the program is Sacramento's creepiest and most educational haunted library tour. There will be a screening of a classic scary movie in the adjacent Tsakopoulos Library Galleria and escorted haunted tours of the Sacramento Room during the film showing. Age 10 and up. No advance registration is required nowever arrive by 7 p.m. to sign up. 828 I St., Sacramento.

Beer, Ribs and Chicken benefiting Elks Lodge's new Sports Lounge

Oct. 26: Join Ron Domingos and gang as he cooks up his world-renowned chicken and ribs from 5 to 10 p.m. \$15 per person. No host bar: keg and draft beer for \$1.50, Sacramento Elks Lodge No. 6, located at 6446 Riverside Blvd 422-6666

26th Annual Safe & Super Halloween: A Grimm Halloween

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Oct. 26, 27, 28: From 5-9 p.m., the fairytales of Wilhelm and Jacob Grimm

will come to life for three nights of family fun. Cost: Advance tickets are \$7 members and \$10 nonmembers. Beginning October 26, tickets are \$9 members and \$12 nonmembers. Children ages 1 and under are free. Fairytale Town, 3901 Land Park Drive, Sacramento CA 95822, 808-7462, mail@fairytaletown.org, www. fairytaletown.org

Gala at the Garden and Casa Boutique

Oct. 26-27: Support programs of the Sacramento Children's Home by attend ing the "Gala at the Garden" on Friday, Oct. 26, featuring fine wines and hors d'oeuvres AND the first opportunity to shop "Casa Boutique". Tickets are available at www.casagardenrestaurant org OR visit the "Casa Boutique" on Saturday, Oct. 27, no entry fee and see live demonstrations by Open Studio at Lakeside. Both events are at the Casa Garden Restaurant, 2760 Sutterville Rd. Enjoy a unique shopping experience with one-of-a-kind gifts created by talented artisans. Shop today for

Halloween crafts at Arcade

Library

Oct. 27: At 2 p.m., for children, ages 5 to 12, children will get in the Halloween spirit with fun crafts, including paper bag ghosts, trick or treat bags, and more. They are encouraged to wear a Halloween costume. Arcade Library, 2443 Marconi Avenue, Sac-

Pumpkin Smash Bash

Oct. 27: Smash pumpkins, sample local beers, participate in a costume contest, and be entered in a raffle to drop a pumpkin from a helicopter. The winner of the helicopter raf fle will also enjoy a 30-minute helicopter ride courtesy of Joe Heidrick. The bashing goes on from 6 to 9 p.m., at the Heidrick Ag History Center in Woodland. 1962 Hays Lane, 530-666-9700, www.aghistory.org

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Zombie Scavenger Hunt II at Central Library:

Oct. 27: Combining the spirit of Halloween with the coming zombie apocalypse, the entire Central Library will be used for an adventure to survive, find useful items and save the world from 6 to 10 p.m. For ages 14 to 24. Registration required, 264-2920 or at www.saclibrary.org.

Run for a Safe Haven fundraiser for My Sister's House

Oct. 27: 9th annual 5k run/walk is the largest fundraiser for My Sister's House. a non-profit dedicated to ending domestic violence. Adults (ages 19 and up): \$30, Teens (ages 13-18): \$25, Kids half mile

(ages 12 and younger): \$10. Register at www.runforasafehaven.com

Make Sugar Skulls at Ella K. Mc-**Clatchy Library**

Oct. 27: At 2 p.m., Families can make Dia de los Muertos / Day of the Dead sugar skulls, 2112 22nd Street, Sacramento

Third annual Panteon de Sacramento Oct. 27-28: Two day event with 50 large, colorful Day of the Dead altars. To be held

in the large parking lot west of 2020 J St.

See Calendar, page 26

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CALENDAR

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Continued from page 25

7th annual craft and boutique fair at River's Edge Senior Community

Oct. 27: Shop in a festive atmosphere from 10 a.m. to 4 p.m. Jewelry, artwork, canmore will be available. 601 Feature Drive near the intersection of Howe Avenue and Fair Oaks Boulevard in Sacramento. 916-

Concert featuring flutist Mat Krejci

Oct. 27-28: The Chamber Music Society of Sacramento invites the public to a concert that features our flutist, Mat Krejci, and pianist Dmitriy Cogen, and will include Mozart's Flute Concerto in D Major; Mendelssohn's Piano Trio; and Faure's Piano Ouartet, Performances are on Saturday at 7:30 p.m. at Congregation Bet Haverim, 1715 Anderson Rd., Davis; and Sunday at

7:30 p.m., at Sac State Capistrano Hall's music recital auditorium, off State University Drive West in Sacramento. Season and individual tickets are available by subscription or at the door: \$22-28,12 for students. http://www.cmssacto.org/.

Oct. 27: Sacramento Tree Foundation

Tree tour set for River Park

will sponsor a tour of the trees in River Park from 10 a.m. to noon. Participants will learn to identify trees by leaf, bark and growth habits. Insect and disease issues will be discussed as well as watering needs for Sacramento soils and weather. The tour is free and will begin at the River Park Shopping Center on Carlson Ave. near the corner of Lovella Way. sactree.com;

Rebuild McKinley Oct. 28: From noon to 4 p.m. at Sutter's Landing Park, portions of the proceeds will go to help build McKinley Park.

St. Free refreshments and entertainment

Northminster Harvest Fest

Oct. 28: Carnival games and prizes, a

bounce house, a magician, Rosie the Clown,

havrides, crafts, DI music, costume contests

refreshments, giveaways, and more from 2

an Church, located at 3235 Pope Ave. 487-

p.m. to 5 p.m. at Northminster Presbyteri-

Oct. 28: The Sacramento Affiliate of the

ing PurpleStride Walk at 9:30 a.m. The

Pancreatic Cancer Action Network is host-

walk begins and ends at Cal Expo. Pancreat-

ic cancer survivors, families, friends and sup-

porters are invited to attend the walk to help

5192 or visit northminsteronline.org.

PurpleStride Walk

while deciding which animal to adopt. Hu-

SactoMoFo event to benefit

Front Street Shelter Haunted

around the lake at 25 different candy stations and other activities include magic shows, costume dance party, ghoulish games, Oct. 28: From noon to 4 p.m. at 2127 Front and more. Advanced ticket prices: General are \$10: Zoo members are \$8: children 1 and under are free Day of prices are \$12; children 1 and under are free, 3930 West Land Park Dr., Sacramento, 95822

'Boo at the Zoo'

raise awareness and much-needed funds for

pancreatic cancer research. Register at www

Oct. 30-31: Kids can safely trick-or-treat

Trunk or Treat Oct. 31: Fremont Presbyterian Church, 5770 Carlson Dr., will host a free Hallow een party for children from 6 p.m. to 8:30 p.m. There will be trick-or-treating for candy out of decorated car trunks, zip line and bounce houses. There will also be food available for purchase. For more information, call 452-7132.

Winnie, the Witch, with Puppet Art **Theater at the Carmichael Library**

Oct. 31: At 4 p.m., for children ages 5 to 12, Winnie loves Halloween, especially the candy. On her way back to pick up sweets

on Candy Island, she discovers Willard, the Wizard, trying to make Halloween candy taste like Brussels sprouts. 5605 Marconi Avenue, Carmichael.

'The Privilege of Planning'

Oct. 31: From 11:30 a.m. to 12:30 p.m. Josh Tuttle, General Manager for East Lawn Mortuary and Sierra Hills Memorial Park will provide a 30 minute presentation followed by a question and answer period. St Francis Community Hall, 6700 Verner Ave.

November

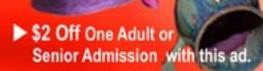
'Sacramento's Chinatown' lecture at CSUS

Nov. 1: Sacramento's Chinatown, by Brian and Larry Tom, is the topic for the Friends of the University Library's Author Lecture Series presentation in Sacramento State's University Library Gallery, on the campus. 6000 I St. The free presentation takes place at 3 p.m. Thursday, Nov. 1. Sacramento has one of the nation's oldest Chinatowns. and the Tom brothers are third generation Chinese Americans. Contact: (916) 278-5954.

HARVEST FESTIVAL Original Art Craft Show Three days of Shopping, Entertainment & Prizes! Nov. 16-18 Sacramento, Cal Expo

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Does someone you love have memory loss? Someone at Primose can help



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Families struggle because they see all of the losses that Alzheimer's brings.

"Dad used to be able to build anything." "Mom was world's best cook."

"My husband was a math whiz – now he can't handle our bank account."

On the other hand, when the person with dementia arrives at a day program or in a care setting specifically designed for someone with memory loss, professional's accept that person where they are. They accept the fact that the person has memory loss. They see all the things the person can still do.

It's the old "glass half empty/glass half full" concept. Do you see, and celebrate, all the things that the person with dementia can still do? Can you help the person with dementia stay socially involved and active?

Our secure, gated community of 3.5 acres is situated on beautifully landscaped grounds! We provide Residential, Respite and Day Club services for people with Alzheimer's disease and related forms of memory loss.

We also offer FREE Support Groups, Monthly Seminars, Brain Exercise Classes, One on One Counseling & Much More!!!



7707 Rush River Drive Sacramento, CA 95831

LIC 347001338; 347001342

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American Lung Association respiratory rally

Nov. 1: Learn how to best treat the disease including tips on living a high quality life, understanding environmental factors and the latest in medical innovations, 10 a.m. to 3 p.m. Sierra 2 Community Center, located at 2791 24th St. Sacramento. Free, registration required and lunch provided. 585-7666.

Bi-Polar Anonymous

Nov. 2: Free 12-step program/support group, for people who have Bi-Polar and nose who love them. Meets every Friday, 7 8:30 p.m. 4300 Auburn Blvd., Room 106.

Book Sale - Friends of Arden-Dimick Library

Nov 2: From 3 to 6 p.m., friends of the Arden-Dimick Library will host a 2-day book sale. All books will be reasonably priced, starting at 25 cents. Thousands of titles in clude: children's books, mysteries, thrillers, adventure, romance, history, art, cookbooks, travel, biographies, science, fiction, sci-fi/ fantasy and more. Arden-Dimick is located at 891 Watt Ave., Sacramento, CA 95864, 264-2700.

Widowed Persons Association of **California meeting**

Nov. 2: Informational meeting to be held in the main hall at Greenhaven Terrace at 1 p.m. For reservations call Jim Stowell. 422-626, or Jane Hinman, 381-3060, or Mary Francis at 395-0210, 1180 Corporate Wav

Fundraiser for children's entertainer Francie Dillon

Nov. 2: From 5:30 to 8:30 p.m. at Fairytale Town in Sacramento, there will be a celebration of Francie Dillon with music and other entertainment scheduled to thank Francie for enriching our lives with her talents. The group - Mumbo Gumbo - will perform. Event details will be available at the website - celebratefranice.com. Dillon, an award-winning children's en-

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tertainer and storyteller, as well as a reading educator, has an undiagnosed neurological condition, which has caused some nancial hardship. She's keeping a positive attitude as she continues to do some work and has hope for a good outcome. A donation account has also been setup at the Chase Bank.for Franciehttp://franciedillon.wix.com/franciedil-

Sandhill Crane Festival

Nov. 2-4: Nature tours, family activities. wildlife demos, workshops, music and more Free admission, Hutchins St. Square, Lodi 800-581-6150, www.cranefestival.com

Pancake Breakfast

Nov. 3: Two light, delicious, warm pancakes, a tasty patty of sausage, Log Cabin syrup, tea and coffee, all for only \$3 per person. 8:30 to 10 a.m. every first Saturday of the nth. Benefits the Wednesday Club. Mis sion Oaks Community Center, 4701 Gibbons Dr., Carmichael

Volunteer in the garden

Nov. 3: Jensen Garden, located at 8520 Fair Oaks Blvd. in Carmichael, is holding a volunteer garden work day from 9 a.m. to 1 p.m. Bring work gloves, hand pruners, lunch and a drink and join with other volunteers to keep the garden beautiful all year. All skill levels are needed, Tracy Kerth (916) 485-5322 ext. 23 or email tracy@carmichaelpark.com

POWERtalk International

Nov. 3, 6: Want to improve your public speaking and presentation skills? POW-ERtalk International, a nonprofit public speaking organization, provides coaching in leadership skills, sales presentation, interviewing, confidence building and re. Meets First Tuesdays of the month 10 a.m.-1 p.m. and First Saturdays of the Month 12 noon-3 p.m. Aviators Restaurant, 6151 Freeport Blvd., Sac. Liz Richardson (916) 208-9163, erichardson1202@yahoo.com www.powertalkinternational.com

Please this paper.

Parker 팀 Stevenson

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Land Park Retail for Lease

2992 Freeport Blvd. +/-2,097sf open retail

Family Oriented Center next to Dad's Kitchen

3051 Freeport Blvd.

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+/-748 and +/-855sf perfect for Yoga, Office, or Retail space

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Kindergarten Morning

Saturday, November 3rd, 9:30-11:00am

Parents and potential Kindergartners* are invited to experience the magic of our Kindergarten. Indoor play, outdoor play, and a healthy snack are part of the morning's activities. *4 yrs 9 mo by Sept. 2013



Register online or call to eserver your spot, no charge.



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Chris Briggs 834-6483

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DUNNIGAN



2532 9th Avenue in Curtis Park

Curtis Park cutie has 3 or 4 bedrooms and storage galore! Brand new garage space is awaiting your finishing touches as quest quarters, art studio, office o entertainment

unstairs closet and upstairs attice could be ripe for bathroom expansions Hardwood floors, newer HVAC units (2 in 2005), updated appliances, and a terrific park view round out this perfect package! Come see the endless possibilities!

4752 Del Rio Road

Blomburg in 1952. Come see this midcentury marvel in the Sutterville Heights section of South Land Park. An open and inviting covered patio area with fireplace greets you as you enter. Not far beyond is the secluded hot tub deck. This bedroom home has central heat and dual



pane windows. It's waiting for you to personalize it and make it your home Wonderful neighbood has easy access to downtown, bus routes, freeway, nev Sprouts market, Land Park and attractions.



2236 Murietta Wav

(.3295) this 3 bedroom home has room fo all your toys and activities. Bring your poat, RV, kids, dogs, bocce ball, and gardening tools. We have room for everything. Included is an updated kitchen, living room with fireplace & spacious open family room with woo

stove. Generous closet space throughout. Did we mention the built-in pool an

List your home with CHRIS and see your home featured here!



DARLING LAND PARK

Exceptionally well-cared home featuring retro kitchen, gleaming hardwood floors, living room fireplace, 2 nice-sized bedrooms! Pretty yard with flower beds, roses and trees. Nice two-car detached garage. Walk to Vic's Ice Cream and fun! Owner has original plans for this home built in 1940! \$324,900

LEIGH RUTLEDGE 612-6911



Stylish 2 bedroom 2½ bath home in the heart of Land Park. Oversized rooms, granite kitchen, family room and pretty hardwood floors. Bonus room off of the garage is perfect office or art studio! Newer central heat & air system. Just steps to William Land Park! Don't miss this one. \$529,000

PAULA SWAYNE 443-1229



DELIGHTFUL CURTIS PARK

Cute 3 or 4 bedroom, with storage galore! Brand new garage space is awaiting your finishing touches as guest quarters, art studio, office or additional entertainment area! Hardwood floors, newer HVAC units, updated appliances, and a terrific park view round! \$465,000

CHRIS BRIGGS 834-6483



SPACIOUS CURTIS PARK

Perfect family home with 3 bedrms and 2 baths! Newer home close to Curtis Park. Walk to Gunthers Ice Cream and various coffee shops. Close to downtown and transportation. Deep backyard is great for family fun. Move in ... and enjoy! \$259,900

SHEILA VAN NOY 505-5395



SPECTACULAR LITTLE POCKET

Contemporary 4 bedroom 3 bath home with walls of glass and soaring ceilings! Bruce hardwood parquet floors. Low-e dual pane windows, updated kitchen with granite counter tops, Decor double ovens, walk-in pantry. Inviting .58 acre lush yard and pool and more! \$637,000

CONNIE LANDSBERG 761-0411



SPACIOUS HOLLYWOOD PARK

Room to roam on just shy of acre lot (.3295)! This 3 bedroom 2½ bath home has room for all your toys and activities. Bring your boat, RV, kids, dogs, bocce ball, and gardening stuff! Updated kitchen, living room with fireplace and open family room, and did we mention built-in pool and spa too! \$269,900

CHRIS BRIGGS 834-6483



MIDTOWN CRAFTSMAN

Beautifully maintained 1910 Craftsman bungalow, 2 or 3 Blomburg -built mid-century home in South Land Park Terrace. bedrooms, 2 baths, plus a 3/4 basement. Tons of charm and detail. Yard is gardener's delight with raised beds and established grapevine, and fruit trees; plus brick patio and a pergola. Deep lot with newer large 2-car garage. \$339,900

LIBBY NEIL 539-5881



SUTTERVILLE HEIGHTS

A warm and inviting covered patio area with fireplace greets you as you enter. Not far beyond is a classic hot tub. 3 bedroom home has central heat and dual pane windows. It is waiting only for you to personalize it and make it your own. \$269,000

CHRIS BRIGGS 834-6483



DEL RIO ROAD HOME

Move in ready!!! Very open floor plan, a great room concept plus a family room. Beautiful cherry hardwood floors, plenty of storage space, 3 or 4 bedrooms 2 baths, ranch style home with 2 fireplaces, updated and remodeled kitchen and baths. Newer copper plumbing and electrical box \$487,000 PENDING

LISA HAVARD 698-3323

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