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 THEATRE  
 CELEBRATES  
*75th*  
*anniversary*  
 See page 13

- Who's ape over the LPN? ..... 2
- Local history feature ..... 8
- Sports ..... 12
- Faces and Places ..... 18
- School News: CKM homecoming ..... 19
- Calendar ..... 24

Over the Fence:  
McMansion in  
Carleton Tract?

■ See page 6



Former Land Parker was  
Sacto's 'disco king'

■ See page 20



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## Who's reading our paper?

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## Christian Meditation and Beginner's Workshop to begin at end of the month

Holy Fit, Christian Meditation, and Beginner's Workshop to begin the end of November at the Secret Place Life Style Center located at 4311 Attawa Ave., Suite 100, at Sacramento City College.

Holy Fit, is a Christian alternative to yoga, is for those looking for a quiet and soft exercise experience to help you relax, de-stress, detoxify, sweat, stretch, build strength and stamina. This class series is offered from Tuesday, November 19 to December 10 from 5:45 to 6:45 p.m.

The EFT and Christian Meditation Series is designed to help participants reduce stress, combat negative thinking, and get rid of undesired habits and behaviors. EFT stands for Emotional Freedom Technique and is sometimes referred to as emotional acupuncture. This, incorporated with Christian meditation, will create a powerful catalyst for change.

This class is offered from Tuesday, Nov. 19 through Dec. 10 from 7:10 to 8:10 p.m. The Holy Fit and Christian Meditation for Beginners Workshop is for those interested in taking yoga-like class. This workshop will familiarize students with basic postures, and breathing exercises, and will help you to feel more confident with your Holy Fit practice. In addition, the workshop will also explore a variety of Christian Meditation techniques to help you gain more balance, control negative thinking, quiet your mind, and create greater intimacy with God. Workshop is offered Saturday, Nov. 23 from 11 a.m. to 2 p.m. To learn more or register for a class or workshop, please visit [www.secretplacemeditation.com](http://www.secretplacemeditation.com) or all 916-529-9854.



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# Over the Fence



with Greg Brown

By GREG BROWN  
greg@valcomnews.com

Everybody loves a good sale, right? It's hard to pass up a bargain. Unfortunately, for Bob Hamm and his partner Kyle it was an Emergency Plant Clearance Sale for all the wrong reasons last month.

Bob Hamm has been doing plants sales for more than 20 years that benefit Sunburst Projects, which provides support services to families affected by HIV/AIDS.

They had to vacate their apartment in Curtis Park due to unforeseen circumstances. It's sort of a "he said she said" thing with the property man-

agement company. Bob had to clear as much plant material as possible before they could vacate and find a new place to live.

They had actually been good tenants and more. They redid the entire front landscape. The neighbors loved it.

Then out of the blue a new person was put in as property manager. She told them, "The plants look messy. They all have to come out." So they had to tear everything out. Then, all the potted plants had to go even though the



Photo by Greg Brown

See *Over the Fence*, page 6

Bob Hamm has been doing plants sales for more than 20 years that benefit Sunburst Projects, which provides support services to families affected by HIV/AIDS. He stands here outside the Curtis Park home where the plant sales occur.

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## Over the Fence:

Continued from page 5

lease says nothing about potted plants.

It created problems for the charity plant sale because they'll be living in Natomas where they've been hurriedly moving their plants. Commuting back and forth has been "something of a nightmare" as Bob put it.

The Valley Benefit Plant Sale had its last sale of the year this month. They'll be back selling native plants in the spring. Despite the property management issues they exceeded their goal of raising \$7,000 this year by almost \$1,000!

In their annual donation appeal Bob asked the community if they would like to see new plants at the 2014 plant sales in Curtis Park. He also asked for small donations to help keep them going through 2014. Bob puts out a helpful monthly e-mail called "Garden Notes" to members who donate. Lots of gardening tips! To donate or get more info about the benefit plant sales, you can e-mail vbpsac@gmail.com. Bob is also available by appointment through spring at 617-7516

The building that used to house Ford's Hamburgers in Land Park has been vacant for

over a year. It's been sitting empty and alone for quite awhile. I noticed some activity and had to pull over. There was a European lady with a thick accent "cleaning up" the place. She didn't seem to have much information but she did inform me that "there will be Asian cuisine going in at the location" perhaps before the end of the year. Finally! Something the area doesn't have enough of...a Chinese restaurant!

There's a new McMansion being built in Carleton Tract just north of Hollywood Park.

Well, it's not exactly new. The palatial two-story house with more than 3,600 square feet is getting a complete makeover since it was sold in August of last year. The new owner says she wants to "flip it" and already has some interested buyers.

A residential care home? A halfway house? A frat house? She wouldn't say.

The new owner, who's also a contractor, is really fixing up the property on the corner lot. Sparing no expense, everything is new -- granite countertops, shiny silver appliances, new tile and fixtures...the works! There's a whole new outside, too. There are structural changes as well as new landscaping to replace



This large McMansion is being built in Carleton Tract just north of Hollywood Park. It's a palatial two-story house with more than 3,600 square feet.

dead grass in the front and the back.

The big two-story house on the block has seven bedrooms and six baths. Sounds like whoever moves in will have plenty of bathrooms to choose from. A home with six bathrooms is unheard of in Carleton Tract. Most of the homes nearby are two or three bedrooms, one bath with 1,200 square feet of living space. One of the neighbors remarked: "This house is bigger than some of the homes in Land Park." It even has two staircases leading to

the upstairs. "One to go up and the other to go down" as one neighbor put it.

The house and its residents have a colorful history. Let's just say "The Brady Bunch" never lived there. It's more like the Addams Family" did, as one of the neighbors told me. The house was moved in the late 1960's from Hollywood Park to an empty plot of land on 20th and Attawa. It was located right behind what is now Mak's Gas Station on Freeway. This is according to one of the neighbors who wanted to remain anonymous.

The old man who relocated the house died in the early 90's and that's when things went downhill. His family took over. One of the neighbors deemed them "The Addams Family". They mentioned the pale-faced "high-stepper" who would walk the neighborhood like a drugged-out zombie. There were all types of strange people crashing at the house. It turned into a flop house.

The house was eventually sold around 2003 and it subsequently turned from Flophouse to Party House with going and big parties every weekend, according to neighbors. According to one, there were "nasty-looking toothless hookers in and out." One of the neighbors told me there was "a lot of stuff going on." I asked him, "What kind of stuff?" He said, "Nothing good."

The home should be ready for sale in the coming month.

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## East Lawn Memorial Park reaches 100,000th interment mark with burial of Eppie Johnson

By LANCE ARMSTRONG  
Lance@valcomnews.com

After more than a century of serving the public, East Lawn Memorial Park recently reached a particular milestone with its 100,000th interment – that of Eppaminondas George "Eppie" Johnson, who gained much notoriety for his chain of Eppie's restaurants, and who founded one of the city's better known annual events, Eppie's Great Race.

In speaking about the fact that his late father became the 100,000th person to be interred at the cemetery, which was established in October 1904, George Eppaminondas Johnson II said, "First of all, it blows my mind that so many people are (interred) there. I thought that was remarkable. Probably from the standpoint that it's like, yet again, it's sort of another achievement, you know, notch in the wall for my dad. It's obviously sheer, absolute luck that it happened to be him (who became the 100,000th interment). He would have loved that (trivial fact). He would have told everybody about it, and he probably is (telling everybody), just upstairs. So, I just think that's sort of neat. It's just part of who he was. If it was going to happen to anybody, it would happen to him, so he could brag about it."

George II, his sister, Lisa (Johnson) Mangels, and many other people who knew Eppie well recognized him as a charismatic character who enjoyed interacting with others.

As an example of his father's showmanship and what he referred to as a "generously sized ego," George II explained part of the reason why his father maintained his Eppie's restaurants for so many years.

"For (Eppie), one of the things that kept him from selling the restaurants and had him hang on to them longer than he probably should have was (the restaurants) were him," George II said. "It was his identity. His name was up in lights, so to speak, with all these signs or whatever."

And Eppie's own physical identity was great, as well, as he attracted attention for

his colorful, flashy clothing; thick, wavy hair; stylish facial hair; blue eyes; and outgoing demeanor for many years.

In his latter years, Eppie was still a man who never shied away from the limelight.

Long before Eppie became a well known figure in the Sacramento area, he had spent many years living on the East Coast.

Eppie's life began on May 7, 1928, when he was born to his parents, George Eppaminondas Johnson I (1898-1979) and Anastasia "Fortini" (Mousmoules) Johnson (1904-1962). He was raised in the Astoria neighborhood of Queens, N.Y. and had one sibling, Paula (Johnson) Alexander (1925-2000).

Eppie's parents divorced in the 1940s, and Eppie was raised by his mother, who brought income to her family through her work in a millinery shop.

Eppie's father, who was a native of Broussa, Turkey, relocated to Reno and he later moved to Sacramento.

George I was a well-known businessman, who gained much notoriety in Sacramento through his Del Prado Restaurant, which was located at 5500 Stockton Blvd. He was also recognized in other circles, as he was an essential member of the Greek Orthodox Church of the Annunciation in Sacramento and a nationally-known figure in Democratic politics.

While growing up in Astoria, Eppie was involved in lifeguarding and in the Boy Scouts. He eventually became a Life Scout, which is one rank below Eagle Scout, the program's highest attainable rank.

Eppie later attended New York University, and the University of Nevada, Reno, where he was active in the ROTC. And following his graduation from the latter named institution, he served in the Army.

In 1950, Eppie moved to Sacramento to assist his father at Del Prado Restaurant. Last week, George II spoke about the moment that led to his father's solo venture in the restaurant field.

"After my dad got fired for the second time by his dad, that's when my dad said, 'Forget this, I'm going off on my own.' His

father said, 'You'll never make it on your own without my help.' And so, of course, that fueled the fire even more to say, 'I'm going to prove you wrong.'"

Eppie ultimately established his own catering business, and he catered to many functions, including store openings on the K Street Mall.

In 1964, Eppie made a major career move when he opened Eppie's Restaurant and Coffee Shop at 3001 N St., where an IHOP restaurant now operates.

From that point, Eppie began establishing other Eppie's locations, including sites in Las Vegas, Cameron Park, Turlock and other Sacramento area locations such as 6341 Florin Road, 4600 Madison Ave., 2525 Watt Ave. and 4657 West Capitol Ave.

Adding to his accomplishments with Eppie's restaurants, Eppie also had several restaurants, called Eppaminondas. These restaurants, which opened in the late 1970s, were located at Cal Expo, in Rancho Cordova and in Stockton.

Eppie, who was married to Nancy C. Johnson for 29 years before their marriage ended in divorce in about 1983, also purchased tennis clubs in Davis and in the south area at 6000 South Land Park Drive.

Although Eppie no longer owned any restaurants or tennis clubs at the time of his death, the old West Sacramento to Eppie's continues to operate under a different ownership that has no association with the Johnson family.



Photo courtesy of Eppie Johnson  
Eppie Johnson sits in his former office at the Imperial 400 Motel – Econo Lodge as of Oct. 30, 2013 – at 30th and N streets.

As for his aforementioned founding of Eppie's Great Race, George II said, "How Eppie's Great Race came to be was (Eppie) and a good friend of his who happened to be a K2 ski rep were skiing. They were chitchatting and (the friend) said, 'You know, Eppie, we ought to do a triathlon.' (Eppie) said, 'What do you mean?' And he said, 'We ought to ski from the top of Alpine Meadows down to the bottom, run out to the Truckee River and kayak down the Truckee River into Truckee.' My dad said, 'That sounds like a great idea, but I don't have any restaurants up in Tahoe.' So, that planted the seed and two or three weeks later, my dad thought, 'Aha, I know what we can do.' He was a promotion guy and he wanted to promote his restaurants. He said, 'We'll start out at the Eppaminondas – which is now Hooters – at Zinfandel (Drive) and (Highway) 50 (in Rancho Cordova), winds through Rancho Cordova and Sacramento to wind up at the Eppie's – which is now the Outback Steakhouse – on Howe Avenue. So, that is where the idea was born."

Eventually, the race, which originally supported the

Aquarian Effort (today's WellSpace Health), was relocated to the American River Parkway.

The nonprofit race, which is billed as "The World's Oldest Triathlon" and is recognized as the nation's largest paddling event, celebrated its 40th anniversary this year.

It consists of a 5.82-mile running stage, a 12.5-mile bicycle stage and a 6.35-mile kayaking stage.

The current primary benefactor of the event is Sacramento County Therapeutic Recreation Services. The race has raised more than \$1 million for that organization.

Eppie passed away at the age of 85 on Sept. 16 and was interred at East Lawn Memorial Park eight days later.

In understanding both the importance of East Lawn, "which stands as a guardian of history from generation to generation by preserving individual, family and community heritage," and the impact Eppie made on the community, East Lawn President Alan Fisher said, "It may well be fitting that the person with this household name in Sacramento became our 100,000th interment at East Lawn Memorial Park."

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# St. Mary's Cemetery was established 85 years ago

By LANCE ARMSTRONG  
Lance@valcomnews.com

*Editor's Note: This is part two in a series regarding Sacramento area cemeteries.*

Among the historic cemeteries of Sacramento is St. Mary's Cemetery of the Roman Catholic Diocese of Sacramento.

This cemetery, which is located on about a 60 acre site in the old Colonial Heights district at 6700 21st Ave., at 65th Street, was developed in 1928 and had its first burial — that of William Rice — on Sept. 29, 1929.

During an interview with this publication last week, Frank Espinosa, general manager of St. Mary's, spoke about the beginnings of this cemetery.

"St. Mary's Cemetery was dedicated in September of 1928, and the county cemetery (which was featured in last week's edition of this paper) was dedicated around the same time, and the first (county cemetery) burial over there was in 1927," said Espinosa, who graduated from C.K. McClatchy High School in 1959. "We had St. Joseph's Cemetery, which is located (at 2615 21st St.) and that cemetery was getting full, occupied. The city was growing and they needed to have another cemetery, so (the diocese) purchased this site out here, which was way outside of Sacramento. When the cemetery was opened, people were complaining it was too far away. They would take the streetcars and come out on Stock-



The centerpiece landmark of St. Mary's Cemetery is its large, historic, pink mausoleum.

Photo by Lance Armstrong

ton Boulevard and they ended up right out here at 21st (Avenue) and Stockton Boulevard. The cemetery manager would have to go down sometimes and pick up the

people to bring them out to the cemetery.

"It was developed as a new, modern cemetery with no upright monuments — all flat (markers), so that they could

take care of it a lot easier. So, that was the new style for cemeteries, instead of having the upright (markers) that would

See Cemetery, page 9

## Cemetery:

Continued from page 8

start to lean and fall over and that kind of thing."

Espinosa, who had a career as a furniture upholstery worker before being hired to manage St. Mary's in 1975, added that the only lawn at the cemetery during its earlier years was at the center section at the front of the grounds.

"They developed the center section all the way down to the pink mausoleum," Espinosa said. "The lawn was put in when they developed the cemetery. Of course, they didn't have sprinklers in those days. What they had was a ditch where a galvanized pipe was laid, like farmers do now. The pipe would be laid in the ditch and then after they mowed, they would pull the pipe out and put couplers on it in order to water the lawns."

In regard to the aforementioned mausoleum, on June 18, 1928, *The Sacramento Bee* reported that work would soon begin on the structure, which was estimated to cost \$80,000.

However, the project, which was fostered by the Rev. Patrick J. Keane, did not begin at that time.

Keane, who was a native of Ireland, passed away at the age of 56 on Sept. 1, 1928, and the project was revived by his successor, the San Francisco-born reverend, Robert J. Armstrong (1884-1957), who became the Diocese of Sacramento's fourth bishop on March 12, 1929.

*The Bee*, in its June 19, 1929 edition, announced that excavation work on the site would begin in 30 days.

It was also announced at that time that Harry F. Connelly had been renamed superintendent of sales for the disposition of crypts at the future mausoleum.

Plans for the mausoleum were drawn by San Francisco architect Bernard Joseph Stanislaus Cahill (1866-1944).

The unique structure was built in the form of a cross and designed along ecclesiastical lines, with elements of medieval cathedrals. The building has since been enlarged.

In speaking about the mausoleum's original architecture, Espinosa said, "Bishop Keane actually (said), 'I want the mausoleum to look like a church,' and it does."

And in regard to other details of the mausoleum, as well as the

cemetery's future projects, Espinosa said, "We can say Mass in the (building's) chapel. We have an altar up there. It has a basement. All of it sold and occupied now, so there's no room in that chapel. But we have several other chapels. We have the St. Joseph's Chapel, Father Slakey Chapel, and it won't be long here that we'll have a funeral home on the site (at 65th Street and Fruitridge Road). It will have a beautiful chapel. There will be a new administration office with a chapel, columbarium for cremated remains. It will be brand new and will be a great addition to the community. (That project) is in its permit stage right now and we're looking (to have the) groundbreaking in the fall of 2014. It will probably take 18 months to complete. We're also going through a beautification program, and so we're updating the St. Mary's mausoleum. The roof will be repaired (and) the building will be repainted. That building is (more than) 80 years old, so there's a lot of updating to do. So, we have lots of future plans that we're going to phase in."

The newest major addition to the cemetery was completed in about 2006, with a project featuring 735 garden crypts, 400 ground plots, a new road and entrance at 21st Avenue, new court areas, lawns, a gazebo and a statue.

St. Mary's Cemetery is one of various cemeteries regular-



One of the cemetery's special sections is its veterans' court.

Photos by Lance Armstrong

ly serving the Diocese of Sacramento, with the others including Calvary Cemetery at 7101 Verner Ave. in Sacramento, St. Joseph Cemetery in Rio Vista, St. Vincent De Paul Cemetery in Rancho Murietta, St. Joseph Cemetery in Woodland, St. Alphonsus Cemetery in Fairfield, All Souls Cemetery in Vallejo, Holy Cross Cemetery in Colusa and St. Patrick Cemetery in Grass Valley.

In addition to its county cemetery section, St. Mary's has various other sections, including the St. Mary's Veterans Cem-

etry (established about 1965), Sacramento County Veterans Cemetery (about 1970), the Russian Orthodox Cemetery (about 1970), Holy Innocence children's section (about the mid-1970s), Our Lady of Guadalupe shrine area (about 1978) and St. Mary's Veterans Court (about 1980).

St. Mary's also has plans for developing a Vietnamese section, Espinosa said.

Espinosa spoke about the importance of maintaining this Catholic cemetery.

"(Operating the cemetery) is a ministry," Espinosa said.

"It's very important work that we do here to take care of our families. We make sure that we do that with respect and dignity, because it is part of our faith. We wouldn't even have Catholic cemeteries, if we didn't believe in the resurrection. St. Mary's is a shrine and part of the living community. People come here to reflect and to come and pray (for) their loved ones. We have all the signs of our faith with the statues and the different monuments. So, (St. Mary's Cemetery) will be here for many, many years to come."

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The beautiful race that meanders through East Sacramento raises about 20 percent of the Sacramento Food

Bank and Family Services budget.

The 10- and 5- kilometer run/walk will be held on Nov. 28, rain or shine. The 10-K starts at 8:35 a.m., followed by the 5-K at 9 a.m. The race starts on J Street just west of the entrance to the Sacramento State Uni-

versity campus and runs through the beautiful tree lined streets of East Sacramento. The parking plan for 2013 features bike parking and is now available.

Visit [www.runtofeedthehungry.com](http://www.runtofeedthehungry.com) for more information on the details of the event.

The fees are as follows:

	Adults	15 & Under
Preregister	\$35	\$20
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**Tinka** #20815364  
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Age: 6 years 2 months

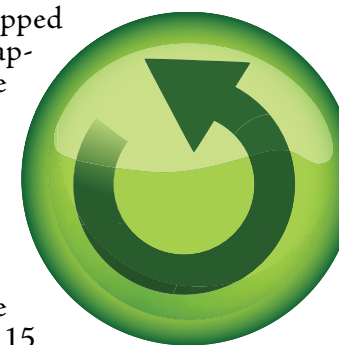
\* For additional information on adoptions, call the SPCA at 383-7387. Adoptions occur daily and it is not guaranteed the above featured animals are still available. If they are not, the SPCA has many other loving pets available to suit you and your family. The SPCA is located at 6201 Florin-Perkins Road.

# Reuse It:

## Pony Express to start official launch for school fundraiser

Fundraising for cash-strapped schools has taken a new approach. Local schools have partnered with ReUse It, a recycling company that collects old clothes and other items and, in turn, provides the schools with a cut of profits from re-sales.

The official launch for the fundraiser happens Nov. 15 to Nov. 25 at Pony Express. During that period of 10 days, there will be a ReUse It drop box in the parking lot. People can put their goods in the drop box during that period of time. But the program runs through mid February, as other schools will be involved, including Matsuyama, MLK K-8, Caroline Wenzel and Didion. There will also be a second designated drop box site at the parking lot of Florez and Kombat Soccer, starting Nov. 12. until Feb. 20. Funds will be divided equally amongst the five schools as a bonus. ReUse It collects soft goods such as clothes, shoes, purses, belts, pillows, towels, comforters, toys. They cannot take big items like TVs. (Items need to fit into drop box spot.) This is not just for students. Anyone can clean out a closet and donate unwanted items to the school.



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Faces and Places:

# 3 of the 4 CKM Jr Lions football teams made the playoffs

Photos courtesy LORI PENA

CKM Jr. Lions Pee Wee team won the SYF Division 4 Championship with a 41-0 win over Golden Sierra Jr. Wolfpack on Sunday, Nov. 3. They completed an undefeated season at 9-0. The CKM Jr. Lions Football & Cheer is an affiliate of Sacramento Youth Football League.



# TOWER THEATRE CELEBRATES 75th anniversary

All photos by Matias Bombal, www.mabhollywood.com, unless otherwise noted.

*Editor's note: See the next issue of the Land Park News for an extension interview with Matias Antonio Bombal, who we thank for providing the newspaper with many photographs new and old of the historic theater. Working at the theatre was Bombal's first job in the movie business, which helped pave the way for a successful career as the Crest Theatre's manager during the 1980s.*



A magnificent 75th birthday party was given to Sacramento by Reading Entertainment all day long on Nov. 11. The theatre sure looks great at 75.

See Tower Theatre, page 14

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# Tower Theatre

Continued from page 13

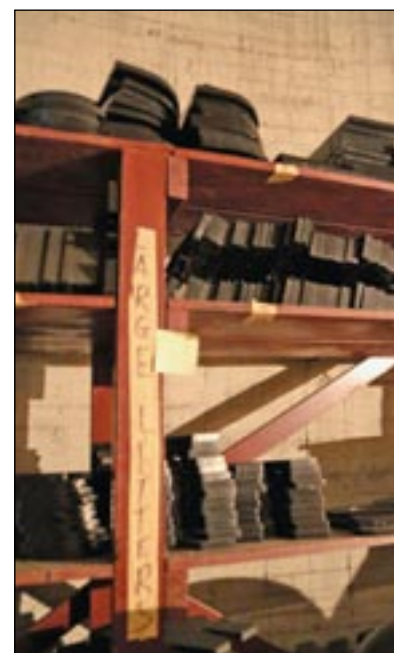
ence, was shown at Tower. Then, "Prevues of Coming Attractions" the great Ziegfeld with William Powell, Luise Rainer and Myrna Loy, was shown, followed by "Angels with Dirty Faces" starring James Cagney. Finally, "The Women" with Norma Shearer, Rosiland Russell, and Paulette Goddard was shown.

All this was shown prior to the feature presentation, "Algiers", which was nominated for four Academy Awards, including Best Actor in a Leading Role, Charles Boyer, Best Actor in a Supporting Role, Gene Lockhart, Best Art Direction "Alexander Toluboff, and Best Cinematography, James Wong Howe. "Algiers" was the first film to be played at The Tower Theatre. It also launched the career of Hedy Lamarr and is said to have inspired a wide variety of creativity within the industry from the film "Casablanca" to the animated character of Pepe Le Pew.



Photo by Matias Bombal

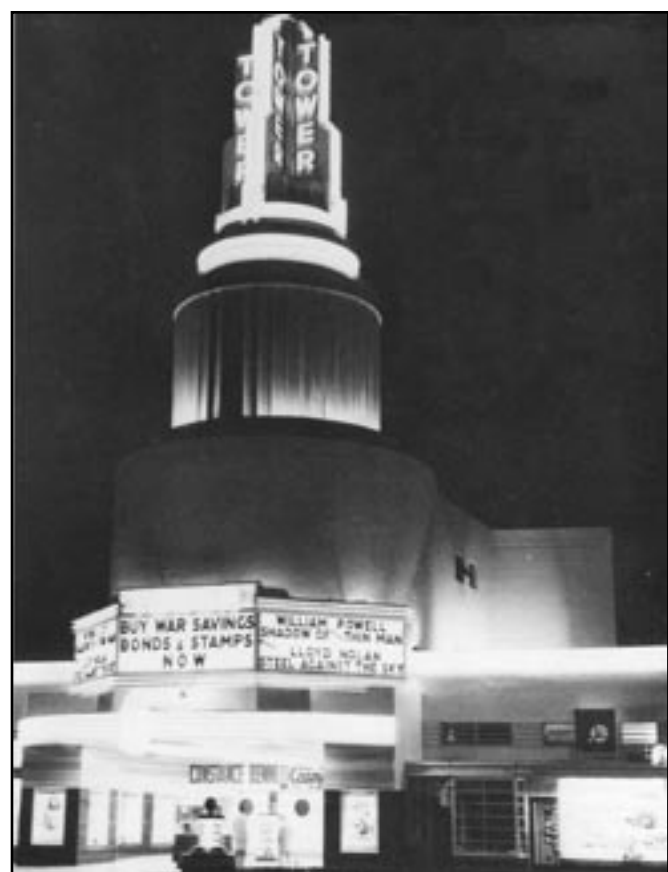
It has been 75 years since these movie posters were in the neon lit cases at the Tower Theatre, and just like 75 years ago, "Algiers" hit the screen again, for just 75 cents per seat. The poster was in the front case, just where it belongs.



(left) The wood shelves where the marquee letters of The Tower Theatre are stored when not on the reader board. There, after all these years, was a big strip of masking tape on the shelf upon which "LARGE LETTERS" appears.



From the collection of Jack Tillmany circa 1979 via Matias Bombal



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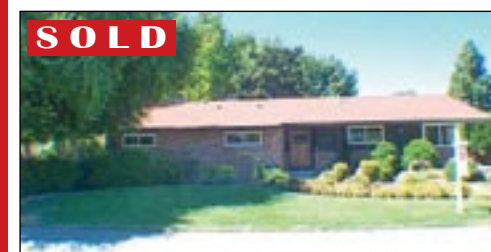
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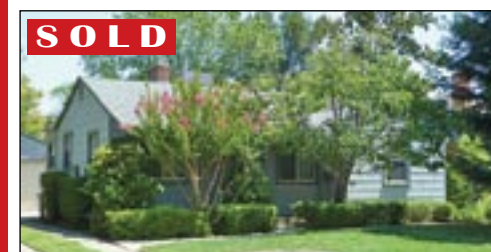
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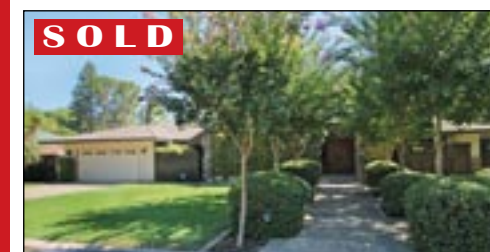
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## Sacramento City College hosted hip-hop event to inspire youth and promote higher education

Sacramento City College hosted "Rock the School Bells" event on Saturday, Oct. 12. The event, a hip-hop conference set to empower and educate high school and college students, emphasized the importance of higher education. With over 100 high school and Sacramento City College students in attendance, the presenters also stressed the value of personal development, healthy lifestyles and positive social change within the community. "Rock the School Bells" was founded in 2007 at Skyline College in San Bruno, Calif. "We are really proud to bring such a positive event for youth here to Sacramento," said RTSB organizer and SCC faculty Adam Freas. The event included an emcee battle, dance battle and workshops such as, "Social Justice Through



Hip-Hop," "Expression in Written Form," and "The Art of Beat-Making and Deejaying." Presenters featured local artists and non-profits such as Sol Collective and Sacramento Area Youth Speaks (S.A.Y.S.). Event organizers partnered with local artists and businesses to raise funds to host the event, in hopes that the event will grow in support and participation to have the largest positive impact possible.

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# Faces and Places: Boo at the Zoo

Photos by MONICA STARK  
editor@valcomnews.com

The Sacramento Zoo put on two nights of ghoulish family fun, on Wednesday, Oct. 30 and on the following day, Halloween. Children trick-or-treated around the lake at 25 different candy stations! Other activities included magic shows, costume dance party, and ghoulish games.



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Photos by ANDREA STARACE

On Oct. 25, C.K. McClatchy High School invited students from nearby campuses to participate in this year's Homecoming Parade through Land Park.

Children from Crocker-Riverside, Leataata Floyd, California Middle School and Sutterville marched alongside high school students in the annual fall rite of passage.

SCUSD Board Member Jay Hansen and Assemblyman Richard Pan sponsored a free hot dog tailgater near the parade route's end.



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Former Land Park area resident was Sacto's

# "Disco King"

By LANCE ARMSTRONG  
Lance@valcomnews.com

*Editor's Note: This is part one in a series about former Sacramento disco king, Paul Dale Roberts.*

Former Land Park area resident and California native Paul Dale Roberts has lived an eventful life, which includes his recognition as Sacramento's only two-time "disco king" during the 1970s.

Roberts spent the first nine years of his life residing in Fresno, and due to his father's work as a tax investigator, his family relocated to other parts of the state. Among those places were San Bruno, Monterey, Stockton and Visalia.

A 1973 graduate of Oceana High School in Pacifica, Calif., Roberts has had a lifelong love of music.

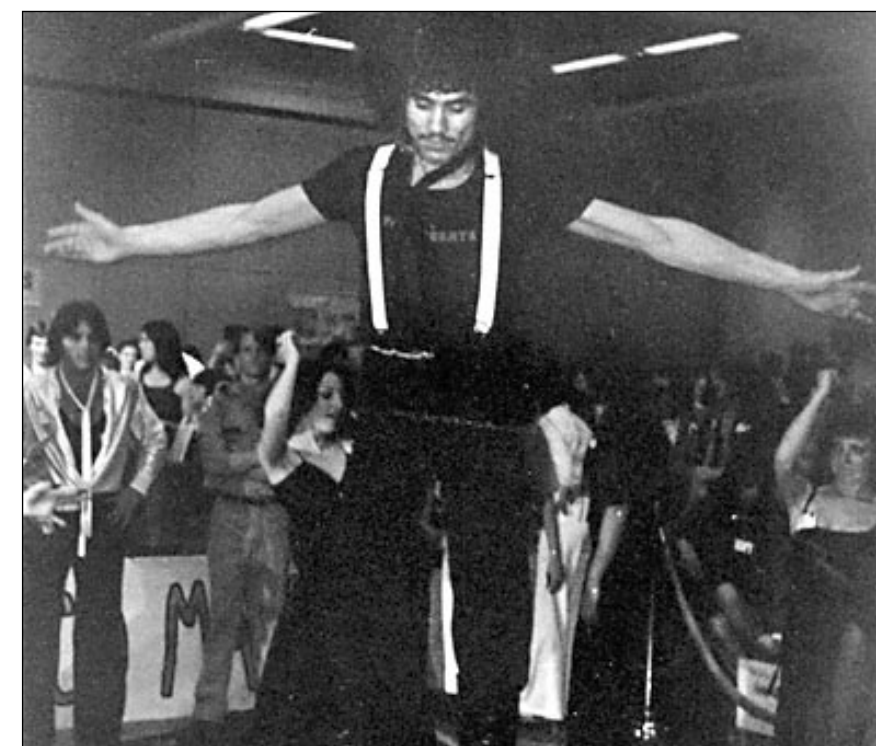
In recalling some of his earlier memories about his connection to music, Roberts said, "Before disco was popular, I was really heavy into rock and roll. So, I was seeing bands, going to concerts (featuring) Santana, Tower of Power, Crosby, Stills, Nash and Young, Buddy Miles. Oh, I went to the Monterey Pop Festival, and at (that festival), I snuck in. And I saw Jimi Hendrix, Janis Joplin and Otis Redding. That was a famous concert. So, I went to the Monterey Pop Festival and I was so happy and proud that I got there. I wanted to do Woodstock, but I didn't make it."

In response to the question of how he became involved with disco, Roberts said, "I learned how to do disco dancing when I was in the Army. So, from 1973

to 1976, I was working undercover narcotics in Germany. I was working with CID - Criminal Investigation Division. I would watch all these dancers and before I knew it, I was picking up on their moves. And I had to hang out at a lot of discothèques in Germany. And disco wasn't really big yet in the United States, but it was really big in Germany. In 1976, when I got out of the Army, the very first job I landed was with Arthur Murray's Dance Studios (at 1422 K St.). So, I became an Arthur Murray's dance instructor, and I became really, really proficient in dancing. Anyway, someone told me, 'Paul, you ought to enter some of these dance contests, because they give you money.' And I said, 'Yeah, maybe so.' So, I went to this dance competition at the California Steam & Navigation Co. (at 914 2nd St.), which we referred to back then as Steamboat Navigation, in Old Sacramento in 1977. The judge for that contest was Monti Rock III, who played the disc jockey in (the 1977 disco film), 'Saturday Night Fever.' I placed third in the contest."

In March of 1979, Roberts entered another dance contest, which was held at Country Club Plaza and (the famous disc jockey) Wolfman Jack (1938-1995) was the judge. I came in second place. It was the beginning toward my dancing career as the disco king."

After placing second in that contest, Roberts was approached by the California Steam & Navigation Co.'s disc jockey, Bill Law-



All photos courtesy of Paul Dale Roberts

ley, who had noticed that he was out dancing nearly every night of the week.

In recalling that moment, Roberts said, "The only night I didn't go out was on Monday nights. (The disc jockey)

said, 'Paul, you have so much energy. You're always dancing and you're really good.' He said, 'Have you ever thought about breaking the (mark in the) 'Guinness Book of World

See *Disco King*, page 21

Valley Community Newspapers, Inc.



All photos courtesy of Paul Dale Roberts  
The two-time "disco king" of Sacramento, Paul Dale Roberts won many dance contests disco dance marathons, one for 79 hours which generated a new record for disco marathon dancing and finally dancing 205 hours, allowing him to have the Guinness Book of World Records for a period of one month. The collection of photos shown here are just a small collection of his time as the disco king. His 205-hour disco dance marathon record was broken within one month by 329 hours, nevertheless, Ripley's Believe it or Not went ahead and published Roberts in one of their comic strips, indicating he danced for 205 hours.

## Disco King:

continued from page 20

Records' (now 'Guinness World Records' book) in disco dancing?' But come to find out, there was no record for disco dancing in the 'Guinness Book of World Records.' So, I attempted (to establish a) 'Guinness Book of World Records' (mark). The very first time was 79 hours. And I accomplished it, and there were a lot of paparazzi there. There was even (a photographer from) a disco magazine from Germany that was there taking pictures. And come to find out that the 'Guinness Book of World Records,' they said, 'No, you don't have a record, because your breaks were too long.' But because of that, I got other people excited. They wanted the 'Guinness Book of World Records' (mark), because I made national news with that. So, some other person did it and they had like 185 hours. So, I had a local television news reporter, and he goes, 'This guy has the 'Guinness Book of World Records' (mark) for disco dancing for 185 hours. Can you beat him?' And I said, 'Yeah, I can do it.' So, I said, 'I'll dance for 205 hours - eight and a half days.'

Roberts said that to make the mark official, Guinness sent

their own representatives to observe him, and that these witnesses monitored his eating and bathroom breaks. And he mentioned that he had to dance while he was eating.

Roberts explained that he had an assistant who occasionally aided him in his quest to set a new Guinness record.

"They had this incredibly big German woman there," Roberts said. "She was a weight lifter (with) huge muscles, everything. You would think she was on steroids. And there was a couple times where I was ready to fall out, and she was there to hold me and dance with me slow, so I wouldn't fall out. So, as soon as I got my energy, I said, 'I can do it on my own now. You can let me go.'"

Roberts eventually completed his goal of dancing for 205 consecutive hours, partially at Country Club Plaza and partially at the Sacramento Community Center. He was transferred from one venue to the other, while continuing to dance inside of a van.

In further speaking about his successful efforts to achieve that then-new record, Roberts said, "I was hallucinating, because I was dancing so much and everything."

Since Roberts' 205 consecutive hours of dancing generated money for Easter Seals, his dancing



was televised live on the Easter Seals telethon.

Roberts would only hold onto his record of 205 consecutive hours of dancing for one month, as a man from South Africa beat Roberts' record with a mark of 329 hours.

But his short-lived record was recognized by Ripley's Believe It or Not!, which presented a comic strip featuring drawings of Roberts.

Roberts said that although he had planned to break the South African man's disco dancing mark by dancing for 400 consecutive hours, he later became discouraged to do so.

"So, I had another reporter, and he goes, 'Paul, are you going to (dance for) 400 hours and beat this guy?' Roberts said. "And I said, 'Yeah.' The only thing is, disco died."

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# CALENDAR

Send your event announcement for consideration to: [editor@valcomnews.com](mailto:editor@valcomnews.com) at least two weeks prior to publication.

## ONGOING:

### The Sacramento Capitolaire meeting

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of Christ), 890 Morse Ave., Sacramento. Info: [www.capitolaire.org](http://www.capitolaire.org), call 888-0877-9806, or email [info@capitolaire.org](mailto:info@capitolaire.org)

### Soroptimist International of Sacramento South meetings

A service organization dedicated to insure the status of women and girls, the group meets at Aviator's Restaurant, 6151 Freeport Blvd. for lunch and to discuss the day's topic. Meets the second and fourth Tuesday of each month at 12:15 p.m. The meetings discuss our fund raising Projects and Community Service, often with speakers from our community.

### Adopt a child for the holidays

Help Sunburst Projects bring joy to the lives of children living with HIV/AIDS. Contact Sunburst Projects at 1095 19th St. Suite 1A, Sacramento. 440-0889, ext. 301.

### Balance and mobility training to reduce falls class

Kelly Ward, Parkside Community Church's "Fall Prevention Lady" will be presenting a 4-week Beginning balance and mobility class on Monday and Wednesdays 11:30 a.m. to 12:30 p.m., starting Oct. 2 through Oct. 30 at Parkside Community Church at 5700 Land Park Drive. The one-hour classes will include warm up, balance and mobility training, muscle building exercises, flexibility, and range of motion exercises, followed by a cool down segment to review the day's lesson. Wear loose comfortable clothing and sneakers. Kelly Ward is a certified fall, balance and mobility instructor and a certified Senior Fitness Training, M.S. Therapeutic Aging. For questions, call 821-5715.

## NOVEMBER

### Rotary Club of Pocket/Greenhaven

Nov. 14: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854.

### Rotary Club of South Sacramento meeting

Nov. 14: Guest speakers address local, regional and international topics. Visitors welcome. Every Thursday from noon to 1 p.m. at Iron Steaks Restaurant, 2422 13th St, Sacramento, CA 95818.

### Bi-Polar Anonymous

Nov. 15: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

### Kiwanis Club of East Sacramento-Midtown

Nov. 15: Visitors Welcome, weekly breakfast meeting on first, second and third Fridays at 7:00 AM and Dinner meeting on fourth Thursday at 6:00 PM. Topical weekly speakers and first meal for visitors on us'. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. [www.eastsacmidtownkiwanis.com](http://www.eastsacmidtownkiwanis.com). Meeting/Membership info: 916-761-0984, volunteers always welcome!

### Soroptimist International Sacramento presents Thad Nodine

Nov. 15: Thad Nodine, author of Touch and Go, a book about Foster Kids & Foster Parents, will be the guest speaker at the luncheon, which begins at 11:30 a.m. at Casa Garden. The entire speaker series is posted on the Club Calendar page of the S.I.S. website at [www.soroptimistsacramento.org](http://www.soroptimistsacramento.org). A limited number of seats are available to the public on a first come, first served basis. The cost is \$15. If you want to reserve a seat for lunch and hear an upcoming speaker, contact Rosalie Gladden: [rosalieggladden@comcast.net](mailto:rosalieggladden@comcast.net). Meetings are held Fridays, 11:30 a.m. at Casa Garden Restaurant, 2760 Sutterville Rd., Sacramento.

### River City Quilt Guild annual show

Nov. 15-17: the River City Quilt Guild annual show featuring, quilts, wearable art, vendors, demonstrations, silent auction, door prizes and a country store. Hours are Friday and Saturday, 10 a.m. - 5 p.m., Sunday 10 a.m. - 4 p.m. Scottish Rite Temple, 6151 H St. Admission: \$7 per day, Ages 12 and under free if accompanied by an adult. For more information, email [quilts@rivercityquilters.org](mailto:quilts@rivercityquilters.org)

### Tree Pruning Clinic

Nov. 16: From 10 a.m. to 11:30 a.m., learn how to help your trees develop good structure and form. A variety of pruning tools will be presented and discussed. This is an indoor class and if weather permits, there will be a walkabout on library grounds to look at tree structure and pruning. Bring photos of specific tree pruning questions. For more information, visit [www.sacree.com/events](http://www.sacree.com/events). Belle Cooledge Library, 5600 South Land Park Drive, Sacramento, 95822

### Sacramento Senator Lions Club's Dandelions Arts & Crafts Show

Nov. 17: Sacramento Senator Lions Club's Dandelions Arts & Crafts Show will be held 9 a.m. to 3 p.m. at the Riverside Elks Lodge, NO. 6, 6446 Riverside Blvd., Sacramento, 95831.

### Classic cars, Barbershop Harmony and Happy Holidays

Nov. 17: There will be two shows by the Capitolaire on Sunday, Nov. 17, one at 2 and one at 5 p.m. There will be special guest performers: ~ Sweet Adeline quartet and "Anticipation." The California Automobile Museum is located at 2200 Front Street, Sacramento. Tickets are \$20, in which includes museum admission. For more information, visit [www.capitolaire.org](http://www.capitolaire.org) or [www.capitolaire.org/](http://www.capitolaire.org/). More information: [info@capitolaire.org](mailto:info@capitolaire.org) or 888-877-9806.

### Sacramento Community Concert Association performance

Nov. 17: SCCA presents Sac State Jazz Singers & C-Sus and The Doug Pauly Quintet at 3 p.m. at Westminster Presbyterian, 1300 N St. Under the new direction of Gaw Yang, Sac State Jazz Singers and C-Sus vocal ensembles will present exciting sounds that are influenced by the great vocal jazz groups of the past. In addition, these two entertaining ensembles will explore innovative approaches to contemporary vocal jazz! The variety and wealth of influences in American popular music has left musicians with a rich legacy. The Doug Pauly Quintet will draw on elements of popular, jazz, and Latin styles, producing an entertaining mix of traditional and contemporary jazz inspirations. Regular subscription: \$90, Group discount (8 or more people): \$75, Students subscription: \$45, Single Ticket: \$25. For more information, contact Sacramento Community Concert Association [www.sccaconcerts.org](http://www.sccaconcerts.org); info@[sccaconcerts.org](mailto:sccaconcerts.org); 400-4634.

### Embroiderers' Guild of America, Camellia Chapter

Nov. 18: At this meeting, learn how to complete the hardanger ornament begun at an

earlier meeting. 7 p.m. at SMUD, 6201 S St. Guests welcome. Free. 223-2751.

### Rotary Clubs of Arden-Arcade, Carmichael

Nov. 19: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Ruth's Chris Steakhouse in the Pavilions on Fair Oaks Blvd. (916) 925-2787. Carmichael meets at 6:30 p.m., Ancil Hoffman Golf Club. [www.rotary.org](http://www.rotary.org)

Nov. 19: An organization for the betterment of women and children meets at Aviator's Restaurant, 6151 Freeport Blvd. for lunch and to discuss the day's topic.

### Soroptimist International of Sacramento North meeting

Nov. 19: An organization for the betterment of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

### The Asian Community Center Senior Services Center presents Tips For Choosing Cell Phone Service

Nov. 19: Tips For Choosing Cell Phone Service. Free. 10:30-11:30 a.m. 7375 Park City Dr, Sacramento. 393-9026 ext 330.

### The Asian Community Center Senior Services Center presents Older Adult Community Resource Workshops

Nov. 19: Older Adult Community Resource Workshops: Keeping Holidays Safe For Loved-Ones and Caregivers. Addresses concerns of families with older adults who can no longer live independently. Free. 10-11:30 a.m. 7375 Park City Dr, Sacramento. 393-9026 ext 330.

### East Sac Rotary

Nov. 20: Meets at noon, Evan's Kitchen, 855 57th St. Sacramento. [www.eastsacroty.org](http://www.eastsacroty.org).

### Rotary Club of Pocket/Greenhaven

Nov. 21: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854.

### Kiwanis Club of East Sacramento-Midtown

Nov. 21: Visitors Welcome, weekly breakfast meeting on first, second and third Fridays at 7:00 AM and Dinner meeting on fourth Thursday at 6:00 PM. Topical weekly speakers and first meal for visitors on us'. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. [www.eastsacmidtownkiwanis.com](http://www.eastsacmidtownkiwanis.com). Meeting/Membership info: 916-761-0984, volunteers always welcome!

[eastsacmidtownkiwanis.com](http://eastsacmidtownkiwanis.com). Meeting/Membership info: 916-761-0984, volunteers always welcome!

### Rotary Club of South Sacramento meeting

Nov. 21: Guest speakers address local, regional and international topics. Visitors welcome. Every Thursday from noon to 1 p.m. at Iron Steaks Restaurant, 2422 13th St, Sacramento, CA 95818.

### Bi-Polar Anonymous

Nov. 22: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

### Free golf lessons offered at Bing Maloney Golf Complex

Nov. 24: Are you interested in starting to play golf, but not sure where to begin? Bing Maloney is offering Free Family Clinics for 2013. These clinics are family oriented for any level of golfer. Each clinic will be held on Sundays from 1 to 2:15 p.m. at the Bing Maloney Golf Course: 6801 Freeport Blvd. in Sacramento. Call 808-2283 for more information.

### Harvest Festival 2013

Nov. 22-24: Original art and craft show will be held at the annual Harvest Festival will be held at Cal Expo, Pavilion Hall, 1600 Exposition Blvd., Sacramento 95815. It is one of the largest indoor arts and craft shows on the West Coast, offering over 24,000 items that are all handmade in the country. Guests can browse original art, pottery, clothing, photography, jewelry, decor and more. Throughout the weekend there is live music and entertainment, a hands on KidZone, delicious food and prize drawings. The event runs Friday and Saturday from 10am-6pm and Sunday from 10am-5pm. Tickets are \$9 general admission, \$7 Seniors and kids 12 and Under are free. Plus, anyone who brings a non perishable food donation to support the Elk Grove Food Bank Services will receive \$2 off admission. For tickets and additional details, please visit [www.harvestfestival.com](http://www.harvestfestival.com) or call 800-346-1212.

### Rotary Clubs of Arden-Arcade, Carmichael

Nov. 26: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Ruth's Chris Steakhouse in the Pavilions on Fair Oaks Blvd. (916) 925-2787. Carmichael meets at 6:30 p.m., Ancil Hoffman Golf Club. [www.rotary.org](http://www.rotary.org)

### East Sac Rotary

Nov. 27: Meets at 6 p.m., Evan's Kitchen, 855 57th St. Sacramento. [www.eastsacroty.org](http://www.eastsacroty.org).

### Rotary Club of Pocket/Greenhaven

Nov. 28: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854.

### Rotary Club of South Sacramento meeting

Nov. 28: Guest speakers address local, regional and international topics. Visitors welcome. Every Thursday from noon to 1 p.m. at Iron Steaks Restaurant, 2422 13th St, Sacramento, CA 95818.

### Bi-Polar Anonymous

Nov. 29: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

### Kiwanis Club of East Sacramento-Midtown

Nov. 29: Visitors Welcome, weekly breakfast meeting on first, second and third Fridays at 7:00 AM and Dinner meeting on fourth Thursday at 6:00 PM. Topical weekly speakers and first meal for visitors on us'. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. [www.eastsacmidtownkiwanis.com](http://www.eastsacmidtownkiwanis.com). Meeting/Membership info: 916-761-0984, volunteers always welcome!

## DECEMBER

### Rotary Clubs of Arden-Arcade, Carmichael

Dec. 3: Guest speakers address local, regional and international topics. Visitors welcome, every Tuesday. Arden-Arcade meets at noon, Ruth's Chris Steakhouse in the Pavilions on Fair Oaks Blvd. (916) 925-2787. Carmichael meets at 6:30 p.m., Ancil Hoffman Golf Club. [www.rotary.org](http://www.rotary.org)



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Homes, multiple family units, live/work units? Perfect for an investor, builder or developer to tap into the revitalization and growth in Oak Park! Two parcels for a total of 8985 sq. ft.

\$89,950

Calendar continued on page 26

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**GARDENING**  
Fuji Gardening Service—Monthly service-basic or complete care. 1 time clean up. Sprinkler repair. Medium Tree service or bonsai shaping. Please call Kousei (916) 921-5992 or leave message. 20 years experience.

### HARDWOOD FLOORS

**REFINISH OR INSTALL**  
Install, sand & finish hardwood flooring or refurbish your existing hardwood floors. Call Michael at (916) 383-8742. Lic#544159 Ref available

### HANDYMAN

**HANDYMAN SERVICES**  
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

**GET READY FOR FALL!**  
Rain gutter's cleaned, concrete removal, sod placement, rototilling, pressure washing/power spray, yard work, hauling, painting, tree & shrub removal, general labor, fence repair, odd jobs & more. References available. Licensed. Call Les at 838-1247.

**Drivers: Local-Home Nightly Woodland Flatbed Openings. Great pay. Benefits. CDL-A, 1 yr Exp. Req. Estenson Logistics. Apply: [www.goelc.com](http://www.goelc.com) 1-866-336-9642**

**Sell your furniture in the classifieds!**

### TAX PREPARER

**#1 TAX PREPARER**  
30 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly all **past tax returns** including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820, Nevada (775) 410-3422. Same low 1990 rates. [www.taxirene.info](http://www.taxirene.info)

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**#1 BOOKKEEPER**  
30 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422. [www.taxirene.info](http://www.taxirene.info)

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Coffee Garden & Coffee Garden Gallery

Featuring Women's Wisdom Art During November

- Great coffee and food
- Open Mic Nights
- Second Saturday Receptions 6-11pm
- Live Music
- Rewards!
- Art



2900 & 2904 Franklin Blvd.



www.thecoffeegarden.com 457-5507

# CALENDAR

Continued from page 25

## Soroptimist International of Sacramento North meeting

Dec. 3: An organization for the betterment of women and children meets at the atria El Camino Gardens at 2426 Garfield, Carmichael. Call Sheila at 624-4643.

Dec. 3: An organization for the betterment of women and children meets at Aviator's Restaurant, 6151 Freeport Blvd. for lunch and to discuss the day's topic.

## Sacramento City College Annual Holiday Art Sale

Dec 4, 5 & 6: Buy unique handmade gifts and support the SCC Art Department and Kondos Gallery. Dec 4 and 5 from 10 a.m. to 2 p.m. and 5 to 6:45 p.m. Dec 6 from 10 a.m. to noon. Fischbacher Art Building: Kondos Gallery: room 123, 3835 Freeport Blvd 95822. 916 558-2559 or www.kondosgal-

lery.org for information. Parking is \$1 (you get a parking slip from a vending station)

## East Sac Rotary

Dec. 4: Meets at noon, Evans Kitchen, 855 57th St. Sacramento. www.eastsacrotary.com.

## Rotary Club of Pocket/Greenhaven

Dec. 5: Guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thursday. Aviators Restaurant, 6151 Freeport Blvd. (916) 684-6854.

## Rotary Club of South Sacramento meeting

Dec. 5: Guest speakers address local, regional and international topics. Visitors welcome. Every Thursday from noon to 1 p.m. at Iron Steaks Restaurant, 2422 13th St, Sacramento, CA 95818.

## Bi-Polar Anonymous

Dec. 6: Free 12-step program/support group, for people who have Bi-Polar and those who love them. Meets every Friday, 7-8:30 p.m. 4300 Auburn Blvd., Room 106. (916) 889-5786.

## Kiwanis Club of East Sacramento-Midtown

Dec. 6: Visitors Welcome, weekly breakfast meeting on first, second and third Fridays at 7:00 AM and Dinner meeting on fourth Thursday at 6:00 PM. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House, (at UCD Med Ctr/ 50th St & Broadway) 2875 50th Street Sacramento, CA 95817. www.eastsacmidtownkiwanis.com. Meeting/Membership info: 916-761-0984, volunteers always welcome!

## Santa's East Sac Adventure at Theodore Judah

Dec. 7: Santa's East Sac Adventure at Theodore Judah Elementary will be held from 10 a.m. to 2 p.m. Visit with Santa and his petting farm; get your picture taken and partake in a gingerbread house making workshop and holiday boutique featuring local businesses!

## Messiah Holiday Concert

Dec. 7: The Camellia Symphony Orchestra, the Music Society at Cathedral Square, and the Valley Choral Society join together to present Part I (Christ-

mas) of Handel's beloved Messiah starting at 7:30 p.m. Featuring The Camellia Symphony, three choirs totaling more than 90 voices (Choir of the Cathedral of the Blessed Sacrament, Capella Antiqua, and the Valley Choral Society), harpsichordist Faythe Vollrath, and additional masterpieces by Telemann and Galuppi, this concert will celebrate the Christmas season in full Baroque glory. The upcoming Christmas concert will take place in the beautiful and resonant Cathedral of the Blessed Sacrament, 1017 11th St.

## Book Sale and Bazaar at Ella K. McClatchy Library

Dec. 7: Fill a bag with books for \$6 and shop on the patio for cards, Christmas items, jewelry and more. The event goes from 11 a.m. to 3 p.m. and the library is located at 2112 22nd St.

## Sacramento Symphonic Winds Concert

Dec. 8: Bring the entire family to this festive concert entitled "Holiday Moods" at the Crowne Plaza Sacramento Northeast at 2:30 p.m. The Sacramento Symphonic Winds, conducted by Dr. Les Lehr, features Festive Overture by Dmitri Shostakovich, A Charlie Brown Christmas by Guaraldi/Mendelson, Parade of the Wooden Soldiers by Leon Jessel, A Christmas Festival by Leroy Anderson, and more! Visit our web site at www.sacwinds.org.

# Downtown Sacramento Ice Rink schedule

The Downtown Sacramento Ice Rink has a long history on The Kay. The rink was first established in 1991 by the City of Sacramento. The Downtown Sacramento Partnership assumed operation and management of the rink soon after with the goal of creating a signature holiday experience for the region. Downtown has been a holiday destination ever since.



Regular hours: Nov. 8 to Jan. 20  
 • Monday through Thursday: 2 to 8 p.m.  
 • Friday through Saturday: 10 a.m. to 10 p.m.  
 • Sunday: 10 a.m. to 8 p.m.

Skating Sessions: Sessions start when the rink opens and every two hours thereafter. (For example, 2 p.m., 4 p.m., 6 p.m.) Basically, if it is an even hour, a session is starting! Skating sessions are 1 hour and 45 minutes. When the session ends staff will clear the ice for 15 minutes while the Zamboni makes a sweep before the next session starts.

## Holiday Hours:

- Thanksgiving week: 10 a.m. to 10 p.m.
- Thanksgiving day: 10 a.m. to 6 p.m.
- Christmas break: Dec. 16 to Jan. 3, 10 a.m. to 10 p.m.

- Christmas Eve: 10 a.m. to 6 p.m.
- Christmas day: closed
- New Year's Eve: 10 a.m. to 6 p.m.
- New Year's Day: 10 a.m. to 10 p.m.

General Info: Admission: \$8, skate rental: \$2, lockers, gloves and socks: \$2. Children under 4: Free admission and \$2 skate rental.

Parking: Parking is available on the street as well as at the Downtown Plaza East parking garage. Make sure to bring your parking ticket to the ice rink for validation.

For groups over 10, call for group reservation discount: 916-442-8575.

# GET A FREE FIRST EXAM!\*

It's a risk-free way for you to see the care and special attention we give to each pet at VCA Animal Hospitals.

- Complete Wellness Care
- Preventive Health Care
- Early Disease Detection
- Surgery
- Dentistry
- Preventive Care Clinic
- VCA Best Care Packages
- Expert Grooming



\*For new clients only. Not to be combined with any other offer. Up to 2 pets per household. Exp. 01/31/15. Cashier Code. 700.500

Mon-Wed 7:30 AM - 8:00 PM • Thu-Fri 7:30 AM - 6:00 PM • Sat 8:00 AM - 5:00 PM • Sun 9:00 AM - 4:00 PM



## VCA GREENHAVEN POCKET ANIMAL HOSPITAL

1 Valine Court • Sacramento, CA 95831

916-245-1600



VCAgreenhaven.com

The Sacramento Capitolaire presents...  
**"A Few of Our Favorite Things"**  
 (Classic Cars, Barbershop Harmony and Happy Holidays)  
 2 Shows: Sunday, November 17th, 2:00 and 5:00 p.m.  
 Special guest performers: - Sweet Adeline quartet, "Anticipation"  
 California Automobile Museum, 2200 Front Street, Sacramento.  
 Tickets: \$20, includes museum admission.  
 www.capitolaire.org  
 More information: info@capitolaire.org or 888-877-9806



**Women Composers Through the Ages**  
 Sunday, November 17th, 3 p.m.  
 Including works by:  
 Francesca Caccini  
 Elisabeth Jacquet de la Guerre  
 Maria Theresa von Paradis  
 Rebecca Clarke  
 Katherine Hoover  
 Congregation B'nai Israel  
 3600 Riverside Blvd. Sacramento  
 Ticket Prices at the door:  
 \$20 general, \$15 senior, \$10 student  
 For further information, call (916) 428-7379 • www.capitolchamberplayers.org

The Sacramento Senator Lions Club presents...  
**1st Annual Dandelion Arts and Craft Show**  
 Sunday, November 17th, 9am-3pm  
 Sacramento Elks Lodge #6 • 6446 Riverside Blvd (at Florin Rd)  
 We are proud to announce that 100% of our profits from this event will support various community projects. Please visit our website for information about how our organization serves the community.  
 www.SacramentoSenatorLions.org  
 (Show this ad and receive one raffle ticket for a door prize.)  
**OVER 30 VENDORS!**

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**Tahoe Park**  
 Tahoe Park, remodeled with new windows, stucco, etc. Oversized 2 car garage w/ huge shop & huge bonus room.  
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**South Land Park**  
 South Land Park, just steps from the park with a granny flat behind the RV height garage.  
**\$349,950**

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**ROSANNA GARCIA**  
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**GARCIA REALTY**

**SACRAMENTO**

2824 La Paz Way \$208,500  
 Another lovely remodel by Dinamic Enterprises & Tough Homes Inc. Walk into this charming 2 bed house w/ handsome refinished hardwood floors, open remodeled kitchen w/ new appliances, new cabinetry & new tile flooring.

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 VISIT OUR WEBSITE FOR MORE INFO! WWW.ANGELSNESTCDC.COM

**MOVING, MADE EASY**

Great Pocket Area Location!  
 4 Bedrooms, 2 1/2 Bathrooms  
 2264 Square Feet  
 \$360,000

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 www.PaulaSwayne.com  
 LIC# 01188158

**Kellie Swayne**  
 Realtor  
 (916) 206-1458  
 www.KellieSwayne.com  
 LIC# 01727664

**DUNNIGAN**  
 Realtors



#### FANTASTIC CURTIS PARK

Hard to find 4 bedroom 2 bath home in Curtis Park!! Master bedroom has a balcony overlooking the sparkling pool. Formal dining room and breakfast nook. Backyard is perfect for entertaining. Tree lined street - steps to Curtis Park. This truly is the perfect place to call home! \$549,500

**SHEILA VAN NOY 505-5395**



#### SPACIOUS ELEGANCE

Unique 3 or 4 bedroom 3 bath home with a lovely garden and pool; that also includes an additional lot in rear. Downstairs master with sitting area, fireplace, walk-in closets. Large separate family room marvelous sunroom and remodeled kitchen with great storage. \$1,200,000

**PAMELA RICHARDS 716-3615**



#### EXCEPTIONAL PROPERTY

The "Didion House" in Poverty Ridge! 4 bedrooms 2 full baths and 2 half baths with 3rd floor media room that features state-of-the-art equipment. Turn of the century woodwork and detailing; new kitchen and full basement. Beautifully updated while preserving the home's original quality and style! \$1,650,000

**SHEILA VAN NOY 505-5395**



#### CURTIS PARK

Feels so Good! Separate office/art studio over new garage (2006) has a full bath and is beautifully done. Main house oozes with pride of ownership. 3rd bedroom has been opened up and flows so well. French doors open to spacious backyard. One of a kind! \$449,500

**SHEILA VAN NOY 505-5395**



#### S. LAND PARK HILLS DUPLEX

This is a wonderful duplex in a great location! Spacious 1500+ square foot units, 3 bedrooms 2 baths with formal living room, family room and master suite on each side. Central heat and air, dishwasher, disposal, garages and small yards. \$400,000

**PAULA SWAYNE 425-9715**



#### 4 BEDROOM HOME

Super clean, close in, and ready to go! Hard to find 4 bedroom home with 2½ baths in Land Park! Energy efficient and beautifully maintained. Conveniently located, an easy walk to Land Park, Vic's Ice Cream and Crocker Riverside Elementary School. It's waiting for you! \$359,000

**SHEILA VAN NOY 505-5395**



#### SOUTH LAND PARK

Spacious custom, 3 bedrooms 2½ baths with new paint, carpet and window coverings. Large formal living room with fireplace, separate family room and sunroom, bright spacious kitchen with room to dine and a huge laundry room. \$339,900

**ROSLYN LEVY-WEINTRAUB 952-6602**  
**KELLIE SWAYNE 206-1458**



#### CHARMING POVERTY RIDGE

4 bedrooms 3 baths, box beam ceilings, stained glass built-ins, wainscoting picture railing, big front porch. Lots of original hardware throughout - even a laundry chute. Easy in-law quarter or separate apartment with fireplace, kitchen, bathroom and a separate entrance. 3-4 car garage with alley access. \$524,000

**LISA MCCAULEY 601-5474**



#### CURTIS PARK DUPLEX

Wonderful two story duplex that is move in ready! 2 bedroom 1 bath units with nice sized yard. Downstairs has been completely updated with new kitchen, new bath (both with granite counters and new tile), new floors and fresh paint. Upstairs has had some updating. \$299,500

**PAULLA SWAYNE 425-9715**

for current home listings, please visit:

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