

# LAND PARK NEWS

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## MEET THE FARMERS

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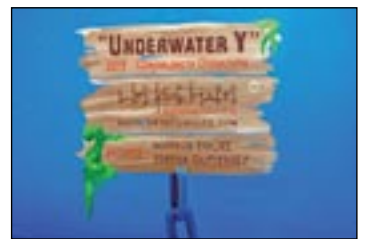
Happy 100th birthdays, Albert & Mary

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Mural tour features Land Park murals

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# Over the Fence

with Greg Brown



By GREG BROWN  
greg@valcomnews.com

I received an anonymous tip from a caller who didn't want to reveal his real name. He left a phone number and whispered that his name was "David". When I called him up, he had some inside information about a food cart vendor dealing high fructose corn syrup products and high sugar treats to the teens at C. K. McClatchy High School. "Get your sno-cones here!" He watched as students lined up for the sugary snacks on the school grounds right when school let out. Allegedly, of course, because David ain't exactly Deep Throat and this isn't exactly the Watergate Break-in. I guess David was peeking "Over The Fence".

I'm sure the owners at the local "Sweets And Sugars" shop across the street would appreciate the business of the students. They sell Mangonada! They also pay the business taxes and sales taxes and all the fun

stuff that comes with being a local business owner.

David told me he spoke to a McClatchy staff member and they told him to call code enforcement. He actually decided to call Sacramento City Councilman Steve Hanson to see if they could light a fire under code enforcement. Evidently, it worked because the code enforcement cops came out and chased him off school grounds. David said, "They responded quite readily."

So, the "Tamale Lady" better watch out...David could be watching.

"Not too chunky, not too soupy...perfect." That's how one patron/judge described the chili at John McGraw's Pocket Club. The long-time neighborhood bar in Hollywood Park doesn't usually serve chili with PBR Tallboys, but it was a special fundraising event for the Leukemia and Lymphoma Society. Eatin' chili for a good cause.

The Pocket was packed full of neighborhood folks tasting the chili, munching down cornbread, and sipping inexpensive American lager. Chili, cornbread, and beer...a perfect combination! Lively conversation, too. I asked Pocket Club owner John McGraw which chili he liked the best. He joked, "After the first one, they all taste the same."

McGraw's fellow dive bar contemporaries were there to show their charitable side, too. The owner of the Swiss Buda, Brittney Ay-une, was there showing her support along with the manager Patrick MacFarland and bartender Phillip Ball. Phillip was chowing down on the chili with his brother at the cook-off. He told me, "We help each other out. They have their crowd, we have our crowd, and we all just intermingle. We have a good time."

Ball added, "And these guys take their chili pretty seriously."

That's when I overheard a lady sporting an Ameri-

See Over the Fence, page 3

# Over the Fence:

Continued from page 2

can flag sweatshirt say, "I like the taste and texture of No. 10!" She was taking her chili judging pretty seriously.

The big winners were Daniel Trujillo, who won the chili competition, and Gloria Torres who won for best bread. The Leukemia and Lymphoma Society was also a big winner. They raised thousands of dollars at the chili cook-off at one of Sacramento's

friendly neighborhood watering holes.

Masullo Pizza on Riverside Blvd in Land Park could be adding a back patio soon. A Neapolitan pizza-eating little bird told me they may have more outdoor dining by the summer. It's all in the beginning stages. I spoke to a nice gentleman named Hunter over the phone and he told me they were "thinking about expanding the restaurant in

some way and they're thinking of all the options we have and that's just one of them." Masullo's restaurant is very popular on the weekend. They have a few tables for outdoor dining in front but there's not much room. It's a pretty tight squeeze. They need more dining space and they want to accommodate more people to enjoy their delicious pizza pies.

If you have a local news tidbit for Over The Fence you can email me at greg@valcomnews.com

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## Meet the farmers:

Karin, Dave, and Rickey to offer produce at the Coffee Garden

By MONICA STARK  
 editor@valcomnews.com

Sometime last year, Michael Madsen, owner of Curtis Park's Coffee Garden, put word out there stating he would like farmers to offer their produce on a regular basis, essentially creating a

farm stand within the cafe. The message spread to the right people, albeit, months later.

Details, in terms of scheduling, are forthcoming, however, Madsen said his goal is to

See Coffee Garden, page 5

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## Coffee Garden:

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offer produce baskets for sale at least three days a week and have a farm stand every second Saturday.

Farm stand favorites, including various types of tomatoes, zucchinis, leafy greens, various fruits, and, of course, watermelon, will line the sidewalk once harvest season gets underway. And the price is right to the farmers. As Madsen told them – "I am not going to charge you anything" – and, as he told the *Land Park News* – "They don't have a place to sell produce and I want to have produce" – so it's a win-win-win! (The last win is for the neighborhood!)

Now a little bit about the farmers themselves. They are neighbors based out of Elverta who decided to form a tri-fecta farming cooperative.

There's Alchemist Community Development Corporation activist and gardener-turned-farmer (as of this year) Karin Gould, who owns about 2-and-a-half acres and who can see a bit of Rickey Hill's 20-acre property out her back window. Rickey seems to have it all when it comes to produce, which he started in his 90-degree greenhouse in late February. Then there's farmer Dave Bilyeo, who's famous for his watermelons, and, who to Karin's benefit, knows how to operate a tractor. "I am so happy I don't have to ride a tractor. He does the tilling. It's wonderful. If I had to do it by hand, it would be pretty miserable," Karin laughed.

Working with each other as a cooperative, Karin said keeping track of who's growing which produce has been important. "Right now, we are all planting. Things are just coming along. We will select what we grow, so

we are complimenting each other, and, so we're not competing with each other," she said.

Originally from the Boston area, Karin got settled out in the greater Sacramento area after some adventures, she said.

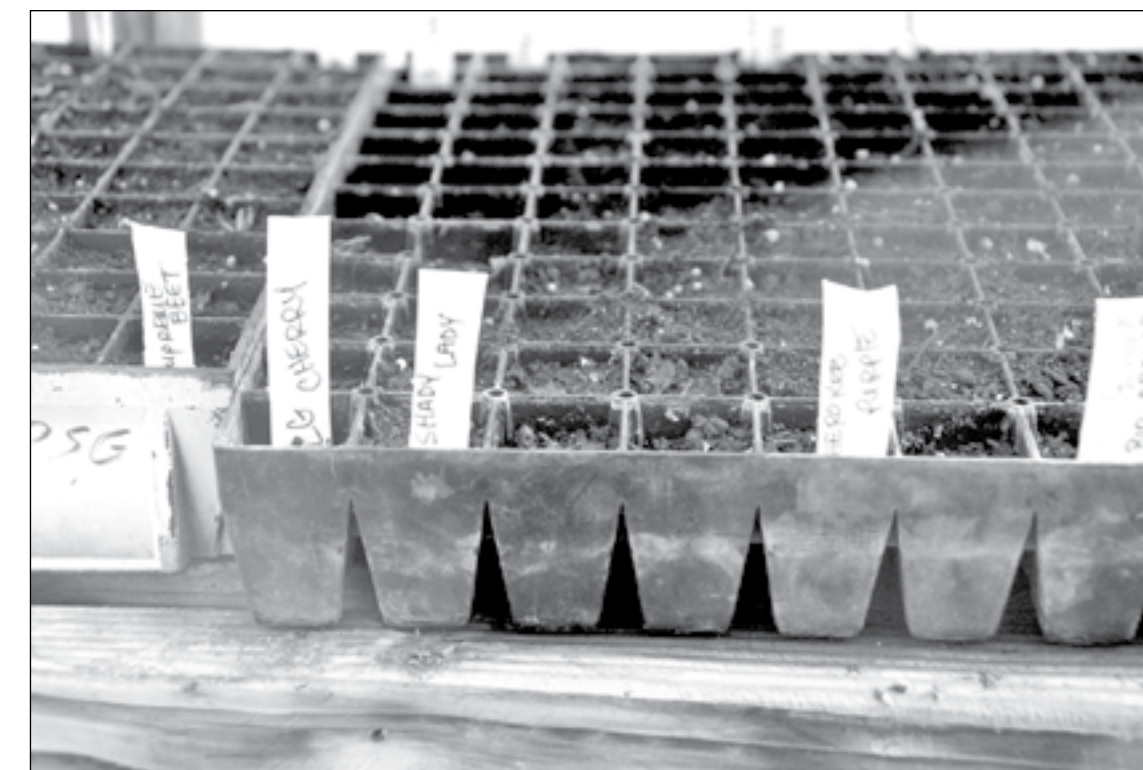
Karin's professional background, as the program coordinator for Alchemist CDC, has helped support Sacramento residents in their efforts to create healthy and diverse communities. To Alchemist CDC, having the farm stand at the Coffee Garden has the added benefit of its close location to neighboring Oak Park, which would facilitate the ability to accept EBT (food stamps card).

Karin's dedication to the underprivileged community she serves through her work with Alchemist now has even a deeper connection because of the farming she's been a part of. She described that connection, "There's something nice about having a direct connection with your customers. They're your neighbors, or people you see every week. For us to go to Coffee Garden, and be there week after week, at a place that is a social hub in the neighborhood, that's really nice and direct, and neighborly. What can be better?" Karin said.

## At Rickey's

On a warm Saturday in March, the farmers invited this publication to tour Rickey's organic farmland. Driving up the long driveway, a sign reads "Honk 4 Service". Rickey was out on the land driving a tractor, as Dave and Karin watched from a distance, motioning him over so he could lead the grand tour, which started out with

See Farmers, page 15



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# 19th century pioneer graveyard no longer recognized as cemetery

By LANCE ARMSTRONG  
Lance@valcomnews.com

*Editor's Note: This is part 12 in a series regarding Sacramento area cemeteries.*

The history of cemeteries in the Sacramento area is undoubtedly an extensive topic, even from an approach of presenting a relatively short summary of each cemetery. This point can be quickly understood when considering the number of cemeteries that have been located in this area throughout the years.

According to the Sacramento County Cemetery Advisory Commission, "there appear to be more than 60 cemeteries in Sacramento County, plus more (local cemeteries that are) no longer evident."

In concluding this series about local cemeteries, the history of one of those "no longer evident" cemeteries is presented as follows:

A vacant piece of property lies at the northwest corner of Meadowview Road and 24th Street, but most people who pass by the site today are unaware that the land's history includes the existence of about a two-acre, pioneer cemetery.

Established one and a half miles northeast of the town of Freeport in the old Franklin Township, this "no longer evident" cemetery appears to have had interments from

1860 to 1884. However, the property may have a lengthier history as burial grounds, in that it could have had interments both prior to 1860 and after 1884.

Records show that at least eight burials occurred at the cemetery.

In 1860, John W. Martin, who was 32 years old at the time of his death, was buried in the cemetery, which was at various times identified in records as the Freeport Cemetery and the West Union Cemetery.

It was also recorded that the Franklin family had sufficient burials at the site to lead to the parcel being unofficially referred to at times as the "Franklin family cemetery."

Members of that family to be interred in those grounds included William Franklin (1834-1869), who was born in Denmark and came to the Freeport area in 1857.

Another record of the cemetery indicates that the twin daughters of William and Louise Franklin were interred at the site on Sept. 6, 1864. The infants died only six hours after they were born.

In January 2003, members of that Franklin family, including Pocket area resident Edward Franklin and midtown Sacramento resident Florence Huebner, told The Bee that they recalled seeing grave markers that had since disappeared from the



Photo by Lance Armstrong

An old pioneer cemetery was located on a two-acre parcel of land at the present northwest corner Meadowview Road and 24th Street. The photograph above shows how the site appears today.

Meadowview Road and 24th Street site.

Other people to have been recognized as being interred in the old burial grounds include Thomas Ricker (died in 1865), David Crum (died in 1867), William D. Sperry (1866-1868) and Annie E. Harris (1874-1875).

This narrow strip cemetery, which was recognized on quadrangle maps in 1909 and 1939, had various owners at different times.

In March 1870, a Pennsylvania-born rancher named Lafayette Shepler declared through a deed to the old West Union School District that the "parcel of land shall be kept and

used as a grave yard (sic) and for no other purposes what so ever (sic), and should the same ever be abandoned as a grave yard (sic) and used for other purposes this contemplates by this deed, then the same shall revert to and become property of the party of the first part."

The deed, which was accepted on April 12, 1870, also noted that a fence should always surround the burial grounds.

Shepler, who came to Sacramento in the late 1850s and operated a south area cattle business, passed away from heart disease at the age of 48 on Jan. 12, 1875. He became the first member of his

family to be interred in the old city cemetery in the area that would become known as Land Park.

According to an article in the Jan. 16, 1972 edition of The Sacramento Bee, the Freeport School District later acquired the cemetery, followed by the Sacramento City Unified School District, which took over the grounds when the Freeport district was annexed into the city district in 1958.

The 1972 Bee article, which had the headline, "Grave undertaking," noted that, at that time, the dis-

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## Cemeteries:

Continued from page 6

trict was in charge of maintaining a cemetery that had not had a burial in three quarters of a century.

In regard to the existence of any markers at the site, there was then only one shattered headstone, and the name on that stone, which was created for a deceased 4-year-old child, was no longer legible.

The old graveyard was described in the article as having been "abandoned for all practical purposes."

In 1972, the district deeded the site to Dorothy Skelton Edwards, who acquired an interest in the property through previous deeds. The Skelton family sold the property for \$85,000 in 1992.

The Bee, in its March 7, 1999 edition, noted that Hmong and Laotian immigrants from the adjacent apartment buildings cultivated vegetables on two vacant lots during the 1980s. Part of that garden was planted on the old burial grounds.

Last week, Sacramento County Cemetery Advisory Commission Co-Chair Howard Sihner spoke about the situation that led to the old burial ground being taken off the list of local cemeteries.

"The cemetery commission had been contacted because the Franklin family wanted to remove the remains of two stillborn children in that cemetery," said Sihner, whose employment career included serving as



Photo courtesy of SCCO

The base of a tombstone sits on the old pioneer cemetery grounds during the 1980s.

Sacramento County deputy coroner from 1961 to 1965. "So, we started the ground penetrating radar type thing (in January 2003) to locate the graves. We originally assumed that there was something like 13 burials there. The ground penetrating radar and the cadaver dogs and things didn't find anything. We dug up some (wooden) casket pieces and found some teeth that the anthropology people told us belonged to a 7-year-old boy. And unfortunately, we don't have any records of a 7-year-old boy being buried there."

Sihner explained that it is possible that the remains of those buried at the site

could have completely decomposed.

"What's going to decompose in the soil depends largely on what type of soil they were in," Sihner said. "If it was an arid, desert-type thing, maybe that wouldn't happen. But (in today's 24th (Street) and Meadowview (Road area), that was big farm country at one time in history, and assuming that moist soil and everything, everything is going to decompose."

The Bee, in its Jan. 16, 2003 edition, reported that

if human remains had been discovered on the site, they would have been "moved to the west end of the lot and marked by a memorial, per (a) Sacramento Superior Court order."

Sihner said that because no remains were discovered in the old burial grounds at the present day, northwest corner of Meadowview Road and 24th Street, through a Superior Court order, the parcel is "no longer recognized as a cemetery."

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# Happy 100th birthdays, Albert and Mary!!

This month will mark the joint 100th birthdays of Albert and Mary Sarti, a Land Park couple whom have been married for more than 75 years. The couple has made their home in Sacramento since 1937 and has lived in the same Land Park residence since 1978.

Albert, known as Al to family and friends, moved down to Sacramento from his home town of McCloud, Calif. to work as a welder for the former Sacramento Pipe Works where he worked manufacturing steel products for the World War II effort.

Later, he and two of his co-workers founded the Perkins Welding Works corporation to supply the growing demand for above and below ground fuel storage tanks and associated oil products throughout the Northern California area. The company was one of the first to be located on Folsom Boulevard just south of Power Inn Road where it stood for more than 40 years. The site is now home to the Sutter Center for Psychiatry.

Mary, who grew up in the West Sacramento area formerly known as Broderick, has been a lifelong resident of the Sacramento area. Both first generation Americans from the same region in Northern Italy, the couple were introduced to each other by relatives. The couple's four adult children, Terry Lovell, Jim Sarti, Tom Sarti and Bob Sarti will be celebrating with their 10 grandchildren and numerous great-grandchildren this month at the Club Pheasant.



Land Park couple Mary and Albert Sarti will celebrate their 100th birthdays this month.

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## Belle Coolegge Library events

Below are upcoming events at Belle Coolegge Library, located at 5600 South Land Park Dr. The hours are as follows, Sunday and Monday, closed; Tuesday, noon to 8 p.m.; Wednesday and Thursday, 10 a.m. to 6 p.m.; Friday, 1 to 6 p.m.; and Saturday, 10 a.m. to 5 p.m. For details, telephone the Sacramento Public Library at 264-2920 or visit [www.saclibrary.org](http://www.saclibrary.org).

**Teen and Tween Gaming**  
**April 11:** Starting at 2:30 p.m., come challenge a friend on the Wii or just hang out! Join us for fun and snacks! This program is for tweens and teens ages 9-17 years old.

**Saturday Sleuths Book Club**  
**April 12:** Each month, the library hosts a discussion of popular and classic mysteries. April's selection is *The Tin Roof Blowdown* by James Lee Burke, starting at 2 p.m. Light refreshments will be served.

**Mr. Cooper canceled**  
**April 16:** For just this week only, there will not be a Mr. Cooper show. But, he'll be back on Wednesday, April 23 at 4 p.m. for more singing and freeze dancing!

**Read to a Dog**  
**April 22:** Read to a Dog is a fun and proven method for boosting a child's reading skills by reading to a trained therapy dog and adult volunteer. Starting at 6:30 p.m., children may bring their own books to read to these furry friends, or they may borrow a book from the library's collection. Join us in our community room for this wonderful program!

**Music, dance, and sing along with Charlie Hope**  
**April 24:** Starting at 10 a.m., enjoy a morning concert for young children and their families with award-winning musician Charlie Hope. The show will include original and classic songs and lots of opportunities to dance and sing along. This program will be offered in place of Toddler and Pre-school storytimes.



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# ARTS

## Current art now at Capsity

Located in Land Park, at 2572 21st St., Capsity's fourth installation features the work of Sacramento artists who provide re-imagined anthropological discoveries using repurposed consumer waste, recycled materials, and locally found objects. Upcycling in the most creative way, these artists challenge us to reconsider tradi-

tional approaches to artistic creation from the procurement of raw materials to the selection of surface mediums and framing materials. Featured artists include: Nathan Cordero, Kristen Hoard, Ning Hou, Rachel Cate, Andy Littlefield, Elaine Luong, James Mullen, and Jill Allyn Stafford.

See Capsity, page 11



(From left to right) Rachel Cate, Rock Me, Mixed media on recycled materials, 9 1/2" x 13" Kristen Hoard, Manifestation, Mixed media on recycled materials, 20" x 20" Nathan Cordero, untitled, Wood, mixed media, 18" x 25" Elaine Luong, Silver Wealth, Newspaper, Japanese newsprint, paper from art magazines, tissue paper, acrylics, and ink, 6" x 8"

### Capsity:

Continued from page 10

Proceeds from the sales of Jill's "What the Sea Didn't Take" are going to ongoing relief efforts in Tohoku, Japan, the location of the 2011 earthquake and tsunami.

In Jill's words: *Using the most out of what I can find in my environment has been important to me. Newspapers, old magazines, old books, envelopes, stamps, gift wrap, used tissue paper from presents, even bits of paper I find on the street - everything that I can use gets thrown into my work.*

My collage pieces featured in the 916 re:Mixed show include newspaper, Japanese newsprint, paper from old art magazines, tissue paper, acrylics and ink.

"What the Sea Didn't Take" was created in response to the horrific tsunami in 2011. I used newspaper as the base, and in pieces of gifted origami paper, as well as pieces out of old art magazines. The flowers were hand drawn with a Sharpie, directly on top of Japanese newsprint

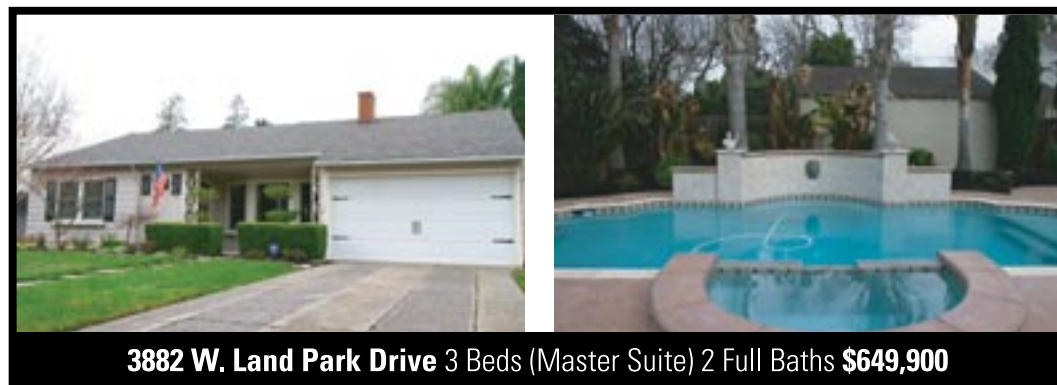


Andy Littlefield, Downtown Railyard, Multimedia monoprint on recycled wood, 36" x 28" James Mullen, Abstract Assemblage #94, Mixed Media, 8" x 8" Jill Allyn Stafford, What the Sea Didn't Take, Newspaper, Japanese newsprint, paper from art magazines, tissue paper, acrylics, and ink, 24" x 24"



that had been covered with red tissue paper. The rising sun was created the same way.

The Capsity gallery hours are from 9 a.m. to 6 p.m., Monday through Friday. The exhibition is up now through June. Capsity is located at 2572 21st St. For more information, call 426-6008.



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# One Big Family:

## The CK McClatchy High School Law Academy

By JUDGE LARRY BROWN

Coming into high school, Emmanuel Alcala didn't know what he wanted to do when he was all grown up, as the saying goes. But ask him now, as a junior, and he will tell you: A probation or parole officer. Enrolled in McClatchy High School's Law Academy since his sophomore year, Emmanuel's professional inspiration is a welcome byproduct.

Established in the 2011-12 school year, the Law Academy is an exciting partnership between the education and legal professions in Sacramento. The Academy seeks to blend the academic with the practical. Class curriculum tilts toward things-legal, whether reading To Kill a Mockingbird, studying the civil rights movement, or discussing and debating conflicting federal and state marijuana laws.

Beyond traditional classroom instruction, the Academy plays host to a good number of guest speakers throughout the year. It also sponsors field trips touching virtually all aspects of the legal system, from touring the Legislature with Senator Darrell Steinberg to observing the California Supreme Court in session in San Francisco, with Chief Justice (and McClatchy alum) Tani Cantil-Sakauye personally welcoming the students.

It was during one of those field trips that Emmanuel got inspired. While most teenagers assiduously avoid juvenile hall, Academy students chose to walk its grounds. (Meaning no

disrespect to their future alma mater, the students almost without exception noted how much nicer juvenile hall was than their high school...) While there, Emmanuel was profoundly struck by a probation officer's description of his job. The officer said that he tried to serve as a role model to the incarcerated teens, and noted that many lack for supportive parents. Mindful of how fortunate he is when it comes to his own mother and father, the officer's message resonated with Emmanuel.

And just how do Emmanuel's parents feel about his intended profession? His father, a construction worker by profession, has always emphasized the importance of going to school and finding something meaningful to do in life. And Emmanuel's mom? While similarly encouraging, she also wants her son to be... safe.

Another facet of the Law Academy is the offering of mentors from the legal profession. Recruited by the county bar association, over 50 lawyers from all backgrounds have signed on to serve as mentors. Throughout the school year, students and mentors meet at the school library to talk about school --and about life. Emmanuel is a big fan of his mentor, local attorney Don Fitzgerald. The McClatchy junior appreciates that his mentor is "down-to-earth," having worked alongside his father delivering bread while growing up.

Another mentor getting a big shout-out from one of her students is recently-retired Assistant Chief Deputy District Attorney Karen

Maxwell. Ms. Maxwell spent a career in the Sacramento District Attorney's Office, rising though it ranks to Bureau Chief, while raising three sons. A stalwart of the Law Academy's Advisory Committee, the career prosecutor opened her office's doors to numerous student interns. One such student, who also had the good fortune of having Karen Maxwell as her mentor, is Law Academy Senior Alejandra Magana, who will be among the Academy's first graduating class this June. The first member of her family to earn a high school degree, Alejandra wants to follow in her mentor's footsteps. She talks of her intern-work listening to jailhouse recordings between domestic violence offenders and their victims, and translating Spanish text messages in gang cases. Couple such assignments with her experience playing prosecutor during an Academy mock trial program at the federal courthouse, and an aspiring DA was born.

Playing the role of DA in mock trial also cinched it for Academy Junior Jarvis James. Jarvis loved "putting the pieces together" and "proving the other side wrong." While his step-grandmother is a state lawyer and his grandparents are retired law enforcement, the McClatchy student credits the Academy for crystalizing his future plans.

As does Ariana Clark. One of the original 40 students in the program, the Academy senior wants to be environmental lawyer one day. Before enrolling in the Law Academy, Ariana intended to follow her mother's advice by pursuing a career in the medical field. Mom can blame her daughter's mentor, Michael Levy, for the change of heart. Mr. Levy serves as Chief Counsel of the California Energy Commission and, during his tenure as president of the Sacramento County Bar Association, was a

moving force in the legal community in establishing the Academy.

And who do the students praise most for the quality of their experience in the Academy? Their teachers, of course. In the first year, veteran McClatchy teacher and retired attorney Linda Proaps, developed the program from scratch. As one senior enthused, "we love her." And her successor over the past two years, Bennae Dillingham? "Amazing." "She's the best." "She keeps it real." "She slowly matured us."

And perhaps the most important question -- would the students recommend the Academy to future McClatchy students and their parents? With nary a hesitation. While their larger class may reach 600, that they spend their time at McClatchy with the same 40 to 60 Academy students promotes a close-knit community. This resulting environment encourages even the more shy, such as Alejandra Serrano who plans to become a paralegal after being inspired by a guest speaker, to feel comfortable speaking up and being heard.

In the words of one student, "we are just one big family."

Congratulations to McClatchy High School and the Sacramento County Bar Association establishing a program of great promise. My colleagues and I on the Sacramento Superior Court look forward to Academy alum gracing our halls one day, whether as practitioner, paralegal, or probation officer-- or in the case of Law Academy Junior Ximena Moreno, whose public speaking and debate skills have been honed in the Academy, seeing her perform on Broadway.

Judge Brown is judge on the Sacramento Superior Court and a proud member of the C. K. McClatchy Law Academy Advisory Committee.



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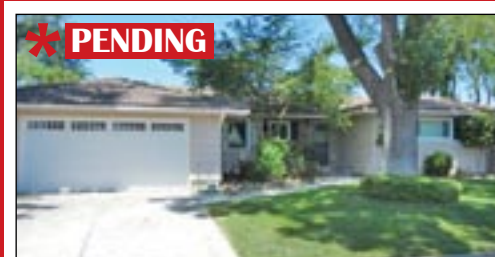
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## Fairytale Town Hosts Spring Eggstravaganza April 19 & 20

Celebrate spring with egg hunts, puppet shows, hands-on activities and more at Fairytale Town's annual Spring Eggstravaganza. The fun-filled family celebration is set for Saturday and Sunday, Apr. 19 and 20 from 11 a.m. to 3 p.m.

Egg hunts will be held promptly at noon, 1, and 2 p.m. each day, and guests are encouraged to arrive early and bring a basket for collecting eggs. The egg hunts are separated by age group: 3 and younger, 4 to 6 and 7 to 12. Each child will return their eggs to Mr. McGregor's Garden to receive a small prize, no matter how few or how many eggs they find.

Following the egg hunts, guests are invited to the Children's Theater to see the puppet show, "Bunny Boot Camp," performed by Puppet Art Theater Company. This zany comedy includes heroic characters, devious villains and madcap chase scenes. Show times are at 12:30, 1:30 and 2:30 p.m., and tickets are \$1 for Fairytale Town members and \$2 for nonmembers.



**Easter Morning for the Whole Family**  
Join us for Easter Sunday Service at Crosswalk Christian Ministries  
Free Continental Breakfast and Egg Hunt  
Special Music and Easter Message

April 20, 10:00 am  
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**APRIL 27 10:30 AM**  
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*April 17: Maundy Thursday*  
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7:00pm - Worship with Holy Communion

*April 18: Good Friday*  
The Road to Calvary  
7:00pm - Good Friday Tenebrae Service

*Sunday, April 20: Easter Sunday*  
8:00am - Sunrise Service with Holy Communion and Easter Brunch  
10:30am - Easter Worship with Holy Communion

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## Farmers:

Continued from page 5

an amusing discussion of the soil quality.

"The soil out here is not good soil," Rickey said.

"No, it's not great," Karin said. "But look at those prize-winning turnips," she said.

"That shows we are from Rio Linda," Rickey said.

"Yeah, they would be saying that," Dave said.

"This is not Class A soil. It's an uphill battle. This (ground) out here is hard, so we have to enrich it with a lot of organic matter to make it grow. It's pasture land for cows and animals," Rickey said.

While the biology of the soil may not be ideal, the lighthearted chemistry between the farmers is. While essentially next door neighbors it took a farmers' market in Rio Linda to get them together. Or as the guys put it, it was essentially a peddlers' fair. "People show up there. They're not certified. People were buying stuff from us and then selling them off their trucks. (The peddlers' fair) was hurting the local grower. They didn't market it well. It was a lose-lose proposition. You had no customers."

And there on Rickey's property, the farmer said he's more diligent about pulling weeds than he is about making money, so he's gracious about having Karin act as "C.E.O." of the cooperative. "If I was more organized, I would be doing a whole lot better," he said.

Rickey is the kind of guy that likes to barter. On Saturdays, he tends to get some foot traf-

fic to the barn. "I bring the vegetables in here. I put a sign out on the driveway. People would come up. Out in the country, all of my constituents, my customers, they bring me used bags or whatever, so we recycle. We're totally green."

When Rickey says they are "totally green," he's not exaggerating. They don't use any pesticides or Roundup.

As Dave said: "I hate Roundup and Monsanto."

Added Karin, "There's no petroleum-based garbage here. We live here you know."

Not customers, per se, but neighboring students will be soon be enjoying that same produce Coffee Garden customers will have access to. A baseball's throw from Rickey's property is the Elverta Joint Unified School District (K-8). Describing the significance there, Karin explained: "We're going to do an educational program with them. They're exploring their next magnet program. Right now it's baseball, but they have to add curriculum for magnet programs and it looks like there's going to be enough support for sustainable agriculture. That's all good for us. They're our neighbors. I think we have something to contribute and there's a will over there and an enthusiastic principal. So I think it could be good for the whole neighborhood."

And, fortunately for our neighborhood, we will soon enjoy the fruits of their labor.

*The Coffee Garden is located at 2904 Franklin Blvd. For more information, call 457-5507.*

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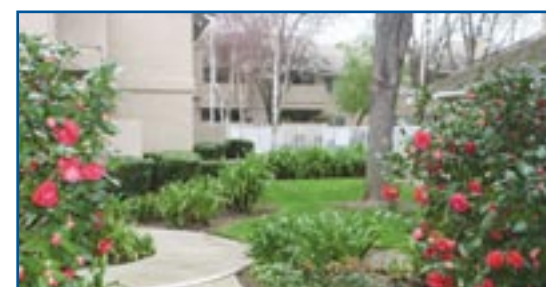
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Artist Markos Egure Presents:

# The WKI Sacramento Mural Gallery Tour

By GREG BROWN  
greg@valcomnews.com

Markos Egure is a local Sacramento artist. You've probably seen his colorful murals while taking your kids to St. Roberts School, swimming laps at the YMCA, or enjoying a kids party in King Arthur's Castle at Fairytale Town.

The murals are Sacramento visual landmarks.

Markos and Wes Kos Images have created over 175 murals and creative paintings throughout the Sacramento area. It's basically one-man show but some-

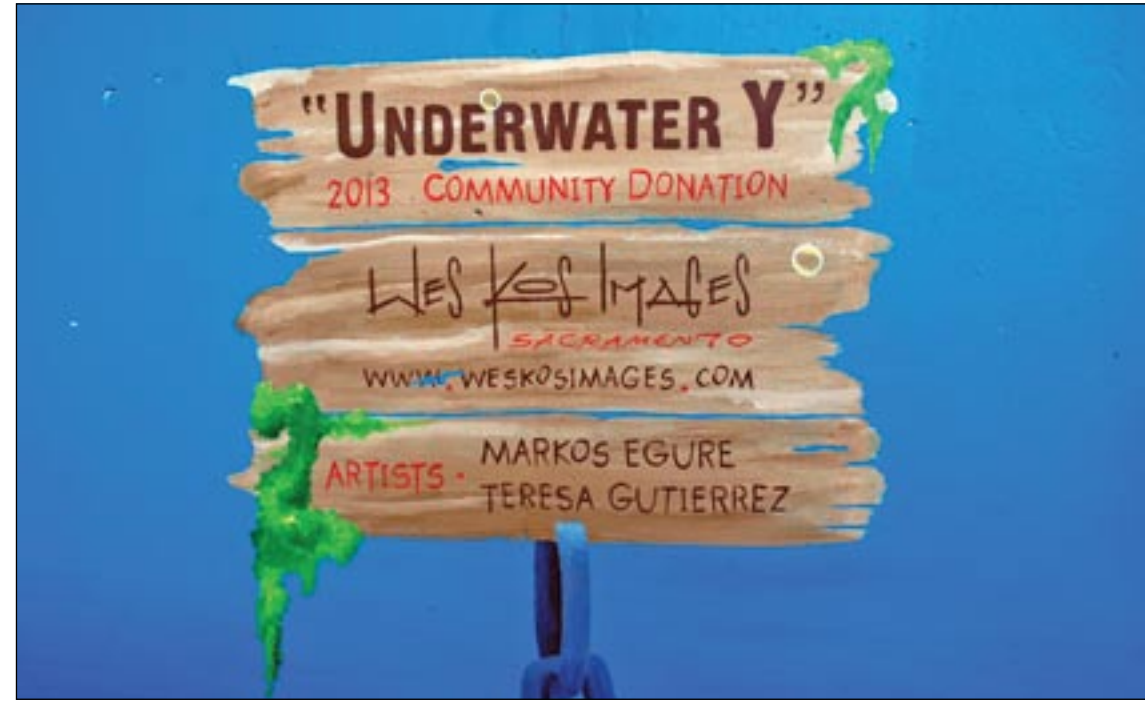
times he gets a little collaborative help from his friends. His art is scattered all over town. He's worked with the Sacramento Kings on several mural projects. He's also had a couple of show-biz moments on DIY's Yard Crashers creating murals for home owner's backyard make-overs. But his heart is in his murals with messages.

Markos is taking his mural show on the road with a limo-guided Sacramento Mural Gallery Tour. He'll discuss the murals and the messages behind them. Markos agreed to take me on an abbreviated version of his WKI Sacramento Mural Tour. The tour got kicked off at The YMCA. Markos painted a 1,000-square-foot mural last year called the Underwater Y Project.

The Underwater Y Project is a beautiful creation of the sea and the creatures that live there. The meaning of the mural is based on the treasure chest. Markos told me, "Remember Pulp Fiction when we never knew what was in the chest but it was so valuable that they had to obtain it? In this mural, the same concept remains."

The Underwater Y is a hidden jewel. You can only view it if you're inside the swimming pool area.

"I like the project, like painter Bob Ross, it kind of happened. I didn't come in thinking I'm gonna try and push



this message or that message," Markos said. He came in with a general idea and improvised the rest of the project.

"My murals have to be impactful," Markos said as he drove his pickup truck to the next mural destination. He could do any picture, but he prefers what he calls, hi-impact messaging "to counteract all the hi impact messaging the youth get by watching television and seeing commercials," Markos told me.

When he does a mural at a school he wants to tell a story.

"Try to find your passion in your schoolwork so you'll find passion in your livelihood." That's when we arrived

at St. Robert's School in Hollywood Park.

The series of murals are a family alumni project. St. Robert's is where his son got his educational and spiritual foundation.

There are four murals with lots of religious imagery.

He calls the project, "St. Robert Life." The centerpiece is based on a poem by Hodding Carter: "There are two things we should give our children: one is roots and the other is wings."

While Markos described the four murals there were the sounds of the children playing on the playground, Taking Root.

Then we were off to Carmichael to see the "Rio Music Project" for the tail-end of the abbreviated mural tour. We visited Rio Americano High School where Markos created the "Passion, Creativity, Swing" mural on the front of the music building. According to the band program instructor Josh Murray, Markos "transformed what was once a drab, brown cinder block exterior into a magnificent showpiece, providing our school and music program with a major source of pride."

He added with a grin, "What I like about the characters in the mural - they all

See Mural Tour, page 17

## Mural Tour:

Continued from page 16

rock the old school Adidas Pumas."

Then we were off to Will C Wood Intermediate School. One of Aguirre's favorite murals is called "Choices." Because of its size and its message, it's another mural with hi-impact messaging.

"You have choices to make. You can become an athlete, learn dentistry, law, science, be a world traveler, or become an artist like me. But guess what? You gotta make choices. Because if you don't choose, life is gonna choose for you, and we might not like what life chooses for us," Markos warned.

The message of the Choices mural was very powerful. It's basically asking, What do you want from life? It's up to you to choose. And if you don't choose, you may be doing custodial work your whole life.

As we drove into the Rio parking lot, you could see the mural from afar. Markos said, "This mural shows that when you get on campus this program matters and it's a tribute to their musical education."

Passion Creativity and Swing, Beethoven, The Beatles, Louis Armstrong, Billie Holiday, and Duke Ellington represent that in the mural.

Up next was the Carmichael Castle Project at Laser Tag of Carmichael. There's the Festive



Castle, which is in the birthday party rooms. The lobby castle where the arcade is located, and the Arena castle where the kids play their games.

Dragons and knights are the central theme of this medieval mural project. It's an ongoing project that has Markos Egure written all over it.

The Encina mural is currently in production. The second quote is "grit is preceded by believing in a dream." And that's something Markos wholeheartedly believes in. He ended the tour by telling me, "No matter what. I've been perse-

vering. I haven't become rich. But I've been moving forward. And it's taken a lot of grit to get there. It's taken a lot of grit to do these huge murals."

If you're interested in the Sacramento Mural Gallery Tour or checking out Markos Egure's creative work he's at [www.weskosimages.com](http://www.weskosimages.com). He can also be reached at 916-955-6986 or by email at [weskosimages@hotmail.com](mailto:weskosimages@hotmail.com). His next Mural Gallery Tour will be on Saturday, April 12.

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## Inner peace, outward advice:

SNR's Ask Joey columnist discusses love, life, human connectedness, and her new book

By MONICA STARK  
editor@valcomnews.com

Sitting in her Tahoe Park home, regionally known Sacramento News and Review Ask Joey columnist Joey Garcia discussed with this publication her personal and professional background. As she opened the front door with a big smile on her face and her friendly dog Jake at her side, Joey's genuinely warm greeting mirrored the feeling one gets when reading her column - that of a confidant and good friend.

In fact, Joey said readers have approached her in public, thanking her for her column as it has made a difference in their lives. Upon describing these types of experiences, Joey's eyes began to water. She stated how blessed she feels for the opportunity to make a difference in people's lives through her writing.

Her latest gift is her latest book.

Released Dec. 28, 2013, When Your Heart Breaks, It's Opening to Love, matches true stories of broken relationships with warm, wise advice that offers unexpected insights and prescriptions for healing. Divided into five chapters - Disintegration, Cheating, Missing in Action, Moving On, and Closure - each with its own introduction and conclusion and her answers to questions asked by readers of her column, the book helps strengthen the damaged soul.

In the first chapter, one reader writes about how her (or his) fiancé cheated during the engagement and how she (or he) deals with the loneliness by drinking the sorrows away. Part of Joey's response, included the following: "If you fear being alone, begin to embrace the experience of time spent in solitude. After you shift past the fears of being lonely, you will discover the joy of time spent enjoying your own



Photo by Hope Harris

Joey Garcia will be at the Avid Reader on Saturday, April 12 at 2 p.m.

company. Then you will understand a universal reality: If we are all connected, you are never alone."

For more than 17 years, Joey has been connected to 300,000 readers each week and has attracted a wide audience, which is evident by how certain questions are framed - you can really hear the varied voices of the let-

ter writers. Joey said the SNR was really surprised by the huge range of ages by the readers.

Perhaps that shouldn't be so surprising, as love and heart break transcend such trivial details as age. Putting it into perspective, Joey, in a tone

See Ask Joey, page 20

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# CALENDAR

## Women with Good Spirits monthly meeting

Women With Good Spirits is a networking group that engages women in the Sacramento community with non-profit organizations that make contributions to our quality of life and care for our fellow residents. Each month, Women With Good Spirits invites a community non-profit to present on its mission work. The meeting is held at Revolution Wines on the second Tuesday of each month and starts at 6:30 p.m. The presenter will start their presentation promptly at 7:15 p.m. and will last 15-20 minutes with an open question and answer forum after. RSVP is appreciated as well as a \$5+ donation per person that will go directly to the non-profit presenting that month.

Revolution Wines is located at 2831 S St. Visit [www.womenwithgoodspirits.com](http://www.womenwithgoodspirits.com) or find the group on Facebook.

## Davis Art Center invites teen girls to write and publish

The Davis Art Center is offering a six-week creative writing class for girls ages 13-18 from 4 to 6 p.m. Tuesdays starting February 11. The class will offer a positive, supportive space for girls who love reading and writing and are interested in discovering and developing their individual voices. Participants will use short stories by a diverse range of contemporary women writers as jumping off points for their own writing sessions. Each student will pick her best writing to include

in a class-produced literary magazine. The class will be taught by Elise Winn Pollard, who earned her M.A. in creative writing from UC Davis. The fee is \$95 for Art Center members and \$105 for the general public. To enroll, stop by the Art Center at 1919 F St., call (530) 756-4100 or register online at [www.davisartcenter.org](http://www.davisartcenter.org). Students must be registered at least two weeks before the first class session.

## Gentle Qi Gong

Learn powerful relaxation techniques reduce stress, reduce physical pain and emotional suffering, lower blood pressure, increase immune response and improve balance. Inviting all seniors to Eskaton Monroe Lodge, 3225 Freepoint Boulevard, 3 to 4 p.m., Wednesdays. \$7 per class. Call 441-1015 for more information.

## Attn. students: Submit now for water efficiency video contest

High school students can win cash prizes and the chance to view their video on the Raley Field Jumbotron by entering the 2014 Water Spots Video Contest. The contest, sponsored by the Regional Water Authority (RWA) and the Sacramento Bee Media in Education (MIE) program, challeng-

es teens to create compelling and original 25-second Public Service Announcement (PSA) videos on a select water efficiency topic. The 2014 water efficiency theme is: Don't be a gutter flooder: Prevent overspray and runoff. Judging will be based on creativity, entertainment value, accuracy, originality and incorporation of the water efficiency topic. Finalist videos will be displayed on the Raley Field Jumbotron screen and winners announced at a Sacramento River Cats game in April 2014. Winning students and their teachers will also get cash prizes. The grand prize winner's spot may become part of RWA's 2014 television ad campaign. Submissions due Feb. 28. Visit [www.BeWaterSmart.info](http://www.BeWaterSmart.info) for more information and tips on using water more efficiently and to submit entries or get more information about contest rules, judging and prizes, visit [www.sacbee.com/water-spots](http://www.sacbee.com/water-spots)

## California Youth Basketball League taking applications

CYBL is a non-profit year round league for ages 4 through 18 that prides itself on being well organized that aims to develop basketball skills, sportsmanship and self-esteem through coaches, gym official and organizers. Visit [www.cybhoops.com](http://www.cybhoops.com) or call 391-3900.

## Kiwanis Club of East Sacramento-Midtown

Visitors Welcome, weekly breakfast meeting on Fridays at 7 a.m. Topical weekly speakers and first meal for visitors on us. Meet at The Kiwanis Family House. (at UCD Med Ctr/50th St & Broadway) 2875 50th Street Sacramento, CA 95817. [www.eastsacmidtownkiwanis.com](http://www.eastsacmidtownkiwanis.com). Meeting/Membership info: 916-761-0984, volunteers always welcome!

## The Sacramento Capitolaire meeting

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of Christ), 890 Morse Ave., Sacramento. Info: [www.capitolaire.org](http://www.capitolaire.org), call 888-0877-9806, or email [info@capitolaire.org](mailto:info@capitolaire.org)

## Artisan holds Food Drive

Artisan Salon is participating in the Spirit of Giving Food Drive. Over the last 17 years, the Spirit of Giving (SOG) drive has helped Sacramento Food Bank collect and distribute over 4.6 million pounds of canned and non-perishable food items for local families in need. Help support families in need by participating in this year's drive! Artisan Salon is located at 3198 Riverside Blvd.

## Soroptimist International of Sacramento South meetings

A service organization dedicated to insure the status of women and girls, the group meets at Aviator's Restaurant, 6151 Freepoint Blvd. for lunch and to discuss the day's topic. Meets the second and fourth Tuesday of each month at 12:15 p.m. The meetings discuss our fund raising Projects and Community Service, often with speakers from our community.

## APRIL

## Sacramento SPCA Spring Book Sale moves to Sunrise Mall in Citrus Heights

April 5 to 13: One of the largest book sales in Northern California has found its new home in Citrus Heights. Held in recent years at Country Club Plaza, the Sacramento SPCA's annual spring book sale will now be held at Sunrise Mall in Citrus Heights. This year's event starts on Friday, April 5 and runs through Sunday, April 13. All proceeds from the event benefit the programs and services of the Sacramento SPCA. The book sale will feature hundreds of gently used books in more than 40 categories including adventure, biographies, fiction, children's, mystery and more. Weekdays and Saturday 10 a.m. to 6 p.m., Sunday, 11 a.m. to 5 p.m. Proceeds from the sale historically raise \$30,000 for the Sacramento SPCA. In 2013, the Sacramento SPCA cared for more than 12,000 animals. In addition to helping local animals in need, it offers low-cost, high-quality spay/neuter services to the public, as well as behavior and training, humane education, and senior citizen programs that help people keep their pets as an important member of the family. For more information on the book sale and the

Sacramento SPCA, visit [www.sspca.org/book](http://www.sspca.org/book).

## Music Matt in concert at Merryhill

April 10: Starting at 10 a.m., the community is invited to enjoy a Music Matt Concert as the new garden at Merryhill is celebrated. Call 424-2299 to RSVP Free Event 7335 Park City Dr., Sacramento 95831

## Tony Borders Puppet show

April 11: The community is invited to the school to enjoy a very special puppet show by Tony Borders at Merryhill, starting at 10 a.m. Call 424-2299 to RSVP to this free event. 7335 Park City Dr., Sacramento to 95831.

## Freeport Renovation on the Move Rummage Sale

April 12: From 7 a.m. to 2 p.m. at Belle Coolee Park, located at South Land Park Drive and Fruitridge Road. Booth info: 12-foot by 12-foot space is \$20, includes one table and two chairs. Supports the skate park at Argonaut Park.

## Spring egg hunt at Merryhill

April 18: The community is invited to the school to enjoy Merryhill's annual Spring Egg Hunt. Event is free and starts at 3:30 p.m. Bring your own basket. RSVP to 424-2299. 7335 Park City Dr., Sacramento to 95831.

## Rotary Club of Pocket Greenhaven's annual Spaghetti Feed Fundraiser

April 19: The annual spaghetti feed fundraiser will be held at Aviator's Restaurant at Executive Airport, starting at 6 p.m. with a no host bar and a 7 p.m. dinner; \$20 per person for dinner. Music and Dancing courtesy of DJ Razor and Egroup. Raffle prizes and more!



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### Museum April Events!

- April 12: 2nd Saturday Tour Series - Engines 2pm - 3:30pm
- April 17: 3rd Thursday Night Museum after-hours 5pm - 9pm
- April 19: Youth Basic Engine Class 12:30 - 4pm \$20 Members/\$25 General
- April 22: Earth Day at the Museum!
- April 26: ARTomotive Photography Workshop 9am - 2pm \$35 Members/\$45 General
- April 26-27: 2nd Annual Capitol Carrera \$325 Members/\$350 General

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## MIDTOWN OPPORTUNITY



**2512 T St. Sacramento, CA \$439,000**

A perfect Midtown opportunity: this Midtown 3 bedroom/1bath main house has an added 1 bedroom/1 bath townhouse that roosts above the 3 car detached garage. Nice hardwood floors in each property. Main house has central heat and air; townhouse has wall furnace and window air.

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**PALM SUNDAY WORSHIP**

**HOLY THURSDAY WORSHIP**

**GOOD FRIDAY MEDIATION**

**EASTER SUNDAY WORSHIP**

Sunday April 5 - 10:30 am

Thursday April 17 - 7:00 pm

Friday April 18, Noon

April 20 - 10:30 am

2100 J Street, Midtown • For more information 446-5025 or [firstumcsac.org](http://firstumcsac.org)





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**CLASSIC LAND PARK**

This lovingly maintained 4 bedroom 2 bath home is now ready for you to update for a new generation to enjoy! Spacious rooms and huge landing, beautiful living room and dining room with ample space for guests. Large yard is already divided for a pool. Finished basement was used as a 5th bedroom. \$539,000

**PAULA SWAYNE 425-9715**



**STORY BOOK LAND PARK**

This Land Park home is a real charmer. Cozy living room fireplace with high ceiling and beautiful windows, dining room with built in hutch, 3rd separate room and a remote small office. Added 1/2 bath, remodeled kitchen, newer roof and English garden with seasonal harvest. Sellers love the walk-ability of this location! \$425,000

**DAVID KIRRENE 531-7495**



**SKIP TO VIC'S ICE CREAM!**

Adorable 3 bedroom, 2 bath home with a gorgeous yard and swimming pool in Land Park, and just steps away from Vics. Great street, large yard, refinished hardwood floors, new paint and more. Location, location, location! \$499,900

**JAMIE RICH 612-4000**



**LAND PARK CHARMER**

Charming 2 bedroom cottage located on a wonderful street in Land Park. Old World touches include crown molding and hardwood floors. The large backyard has a wonderful covered trellis perfect for outdoor entertaining. 2 car garage is wonderful extra storage space. \$379,000

**CHRIS BALESTRERI**



**SPACIOUS ELEGANCE**

Unique 3 or 4 bedroom 3 bath home with a lovely garden and pool; that also includes an additional lot in rear. Downstairs master with sitting area, fireplace, walk-in closets. Large separate family room marvelous sunroom and remodeled kitchen with great storage. \$1,000,000

**PAMELA RICHARDS 716-3615**



**SOUTH LAND PARK HILLS**

Fabulous brick home in a wonderful SLP Hills location! Quality built 3 bedroom 2½ bath home with spacious living room, curved family room fireplace, covered patio, inside laundry room and big 2-car garage! \$399,500

**SHEILA VAN NOY 505-5395**



**S LAND PARK HILLS AT ITS BEST**

Amazing renovation features 3 bedrooms 2½ baths with open concept living! Fantastic kitchen and baths boast quartz and custom cabinetry. Kitchen and living and dining combo connects to the yard through a beautiful wall of glass! \$488,900

**JAMIE RICH 612-4000**



**CUTE SLP CONDO**

Lower level 2 bedroom 2 bath cutie; spacious and open. Walk-in closet in the master bedroom, detached 1-car garage with opener. Pool and spa with clubhouse. Lush landscaping. Great value. Private patio. Inside laundry closet. Convenient location close to shopping, restaurants, library. \$124,000

**LISA MCCAULEY 601-5474**



**4 BEDROOM HOME**

Super clean, close in, and ready to go! Hard to find 4 bedroom home with 2½ baths in Land Park! Energy efficient and beautifully maintained. Conveniently located, an easy walk to Land Park, Vic's Ice Cream and Crocker Riverside Elementary School. \$329,000

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ERIN STUMPF 342-1372**

*for current home listings, please visit:*

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