September 11, 2014 | www.valcomnews.com

# LAND PARK NEWS



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Other photos

Lance Armsto Collection

# Cook Realty Charity Golf Tournament returns for 22nd year

The 22nd Annual Cook Realty Charity Golf Tournament will take place on Friday, Sept. 19 at William Land Park Golf Course with an all-charity dinner and prize raffle to follow. Hundreds of attendees take part each year.

The Cook Realty Charity Golf Tournament began in 1992. It has raised more than \$330,000 for local charities. An important characteristic of this unique event is that more than 90 percent of the earnings are turned over to several local non profits, schools and churches.

Cook Realty Broker Trey Bonetti says the event is successful in raising needed funds for many local nonprofits and valuable community assets. "Keeping it close to home is an element of our philosophy as a company that



the little help we are able to give them. The

See Golf, page 3





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Golf:

money we help raise, many groups rely on." said Bonetti. We are very proud of the accomplishments of our agents and the part they play raising money for charity in a challenging economy."

Still, Bonetti and Golf Director Ed Daniels know it help and hard work of literallv hundreds of vendors, merchants and service companies from both within and outside the local real estate industry. "Each year we ask folks to donate time, money or goods and services and they respond

overwhelmingly," says Daniels. The late Cook Realty agent Charles Covey began the fundraiser. Like many events, it started very small and grew over time each year. Unlike many events, it has not just continued, it has thrived. Each year an award is given in his honor to a community mem- Daniels at 451-6702 for tickber who has exhibited selfless ets and details.

2414 21st Street

work and sacrifice on behalf of those less fortunate.

Each of Cook Realty's agents have a hand in securing ample gifts and prizes for the event dinner that evening. It is estimated the raffle alone helps to bring in as much as half of the money raised."We have been so fortunate to be surrounded by so many fine business people in our comdoesn't happen without the munity," says Realtor Meena Chan Lee. "Each year they are thrilled with the result of their own participation. Their return on investment exceeds expectations," said Chan Lee.

Cook Realty wants to thank past major sponsors that include Steve Larson of Farmer's Insurance, Bouey Termite and Construction, Lori Wilson of Property I.D. and Ken Perry of State Farm Insurance.

Play, donate or just come eat and enjoy the fun. Secure your spot at this year's Cook Realty Charity Golf Tournament, dinner and raffle. Contact Ed

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SOUTH LAND PARK HILLS

nless appliances. Living, dining rms and kitchen boast hand scraped bamboo bedrooms have walk-in closets & uporing. Family rm. with vaulted ceiling and bar area. 5864 13th Street \$559,000 and backyard garden. Garage is a 10.





on a charming cul-de-sac offers 4 bds. & 2.5 baths. Tiered Darling 2 bedroom Tudor with many upgrades. Charming archways, white backyard with pool, spa and waterfall and side yard. Floor to ceiling windows provide abundant light. Chef's kitchen with maple cabinets, silestone counters and

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# Trails Restaurant to be closing this month

taurants in California), ever. The wagon wheel lights, Trails Restaurant (2530 21st Street) will be finally closing its doors for good the old style motifs that were next month. David Wong, a son of Gin Wong, the owner of Trails Restaurant allowed and burgundy wine bars. It is the Land Park News to re- just a sad reminder that time print the following open let- catches up with everything, ter to the community:

My dad, Gin, has been the for so many recent years. sole proprietor of this restaurant since 1978 since our acy. For my Dad, who found family moved all the way from his life and passion in his food wintery Canada. Combining unique and savory flavors becue food in Sacramento and was voted in the Top 10 best barbecue food in town. Over the past 36 years, he's served the state's finest politicians, athletes, TV personalities, and locals with the finest pork ribs, N.Y. steaks, and Shish-kbobs anywhere. In an industry where survival in the restaurant business is less than 5 percent, Trails has been able to succeed and manage to live on for decades - a true testament to its loyal customers, good food, and unique atmosphere. It will be a truly sad moment when the neon light of the signage turns off for the

locked forever. So, the fact that Trails is closing its door, after so many decades, is sad on many levels is because:

very last time, and the doors

One, it has such a rich his-

Open for more than 73 tifact from the Golden Age meant. He worked so hard, so We'll be posting on our years (one of the oldest res- of Cinema may be lost for- we didn't have to take on the res- Facebook page on the final cowboy wallpaper, charbroiler grill, neon lights all signal the old style motifs that were great in the 50s, but lost in a advantage of the opportunities as much as possible. Trails, itnew century of soft lighting even if it's been a hidden gem

Two, Trails is my Dad's legand restaurant, it will be probably the hardest point in his and it is probably closer to understand. He built friendships with his many customers; it was his home and whobe treated like old friends. For him, Trails is his other home and a big part of his legacy. Three, Trails is a part of our

family and life. We all worked there during our teenage years, busing tables, filling up waters, washing dishes, working the cash register, always wondering why we had to work when all of our friends got to play. Only after we've all grown up, that we finally understand why he did what he did, and why it was so important for ourselves. It was for the family. He sacrificed his time, his opportunity to grow with his family, to give us the chance to succeed in our own

taurant life when we were older. close date and other details. He gave us the chance to get an education, work hard, and take self, is such a strong part of our family history that we wouldn't be where we are today without it. Our family may be located all across the country now, but Trails is always the home we come back to.

As you can see, the realization that our beloved Trails will be shutting its doors for the last time in the from both East and West tra-ditions, he transformed bar-place of solace and comfort, tersweet. My Dad is not exactly a young spring chickhim than anyone would ever en anymore, and we decided as a family a few months ago that, like Hollywood, it is best to leave the game ever walked through those at your peak. My Dad is doors knew they were going to healthy still, the family has grown up and is growing, so it's time for my Dad to refocus his time, spend it with his family finally, and let Trails, or its next incarnation, to continue to provide good food and service to the Sacramento community.

Over the next few weeks, we'll be letting our customers know about the forthcoming closure, so they can order their ribs and steaks for the last time at Trails.

As our loval Sacramento customers, we only ask of two things: - If you are interested in coming by, please do, and take some time to sign our guestbook on the counter before you go. Leave a nice message to our Dad, if you'd like.

Tell your friends on social media, tweet our mayor Kevin Johnson @KJ\_MayorJohnson to stop on by, take pictures and post them up. It'd be great to get the message out for a nice farewell.

Štay tuned, also, as we're working to get Trails famous barbecue sauce bottled! Thank you so much, Sacramento, for (third of four kids). a fantastic 36 years!



Shown here is Gin Wong, the owner o Trail's Restaurant taken back in 2010. The restaurant announced it will be

-David Wong, Gin's second son

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# **Charles Swanston Memorial Fountain** pays tribute to early area resident

By LANCE ARMSTRONG

At the west end of William Land Park and bordering the north side of the Sacramento Zoo, is a memorial fountain that is dedicated to an early day Sacramentan named Charles Swanston.

In being that Charles died more than 125 years ago, it is understandable that many peoole in this community would benefit from a history regarding this former local citizen.

Born in Ohio to Ireland natives William and Elizabeth (McCurdy) Swanston on June 21, 1833, Charles was raised in that state, working on his father's farm.

In 1865, Charles made his way to the Golden State, where he would initially work as a stock buyer for various parties.

Charles' next financial endeavor was to establish a butcher's shop.

According to the 1931 book, "History of the Sacramento Valley, California, Vol. 2," Charles' expanded business later became the largest of its kind in the Sacramento Valley and the only packing concern in the capital city.

As part of his business, which became strictly a wholesale operation, Charles owned 200 acres of land about two miles from Sacramento. On that property, he had packing and slaughterhouse structures that included the then latest equipment.

Charles was a large buyer and seller of stock for his business, which was also a feeder of beef cattle in Nevada and Oregon.

The aforementioned 1931 history book notes that Charles had an "unerring judgment in the selection of bullocks, sheep and hogs" and was "a man of great vision and abundant faith in the future development of the Sacramento Valley, a faith that he backed with his time, efforts and money."

In 1861, Charles married the then-21-yearold Nancy M. Powers, who was a native of Beaver County, Penn., and together, they had three children, Lillian, George and Frank.

Nancy died at the age of 35 and her funeral was held at her old residence on K Street, between 18th and 19th streets.

George would eventually join his father in his business, and together they established the meat packing firm, Swanston & Son.

Swanston & Son was in operation as early as 1892, and George, who was a partner and general manager of the business, was heading a branch office in the Stoll Building at the southwest corner of 5th and K streets by at

On April 14, 1911, Charles returned home from a trip to Bakersfield and complained of feeling faint. He died in the early morning of the next day before a doctor could arrive at his residence.

An announcement of Charles' death in the April 16, 1911 edition of The San Francisco Call notes that he was "known from the Mexican border to Nevada, Oregon and Idaho as one of the biggest cattlemen in the state" and that through his business he owned large fairs with his father, George, in association tracts of rich agricultural land in the Sacramento Valley.



Photo by Lance Armstrone The Charles Swanston statue was designed and sculpted by

The firm continued to successfully operate following Charles' death.

Ralph Stackpole (1885-1973).

An example of the business's latter large scale operations appears in a brief news item in the April 5, 1913 edition of The Pacific Rural Press. That item reads: "Swanston & Son have been putting 1,000 head of steers from the San Joaquin Valley on their Colusa. Yolo and Lake county range. The cattle will be sent later to the Klamath Meadows to be finished for beef."

On Nov. 14, 1922, the same publication reported: "Swanston & Son, Sacramento, topped the steer sale (at the California National Livestock Show in San Francisco) by paying 25 cents per pound for the champion shorthorn steer, Straloch Corporal (who was dropped at the Straloch Farm in Davis on Jan. 11, 1921)."

Among the various employees of the firm was Oswald Hall, a butcher who resided at 1930 F St.

Swanston & Son remained in operation until as late as 1926 under its president Robert Swanston, who was the son of George Swanston.

As a tribute to his father, George Swanston donated \$10,000 for the creation of the aforementioned Charles Swanston Memorial Fountain, which sits upon a knoll and includes a statue of Charles that bears the inscriptions: "To the pioneers" and "Erected by George Swanston in memory of his father Charles Swanston."

Although the featured topic of this article is the legacy of Charles, it should be recognized that George's legacy is also substantial.

In addition to his successful business af-

See Swanston, page 12

# 7th annual Fire Spectacular to be held at Land Park Amphitheater

For the seventh year, Obsidian Butterfly founder, Sequoia, will bring fire troupes to Sacramento for four hours of hothot entertainment. In the past, troupes coming from Alaska to Arizona have included the Bay Area's renown Vulcan Crew and Copper Lantern Fire Theater, Davis-based Flux, Redding-based Roma Flame, and local groups such as Nuska Tribe, Brotherhood of Firebenders and more.

To be held Saturday, Sept. 21 from 6-8 p.m., the Fire Spectacular celebrates fire performance art in all its forms with fire breathing, fire eating, fire hooping, fire dancing and more. Started in 2008 with a grant

from the Sacramento Municipal Arts Commission, Fire Spectacular artists use fire performance, music and dance to create captivating display of fiery acts. Adults are \$15 in advance, \$20 at door; youth ages nine to 18 are \$10, children eight and younger are free of charge. The cost is \$35 in advance, \$40 at door. For more information, visit: http:// www.sacredfiredance.com/ FireSpectacular.html

The Land Park News caught up with five of the performers to discuss their love of the art and crazy experiences they've had perfecting their practice.

First, we have Sequoia whose real name is Jennifer Dawn Criteser. A fire dancer since 2003, Sequoia has been spinning Poi (non fire) since 2000. She's been a dancer since she was 7 years old and has been practicing yoga since 1997. Over the last two years from December to March both years, she said she has performed 650 fire shows in Japan for a theme park there called Huis Ten Bosch. "It has been a life changing experience."
Simply "for the pure joy of

it" is why Sequoia said she devotes so much of her energy, time, and life to fire dancing. "It is my livelihood. I dance because breath gives life to movement and to restrict that movement is to restrict the life force; therefore I dance to form a fire dance show." infuse my life with the freeas needed. I dance to inspire

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I fire dance because it gives my life meaning and focus and delights others. There is nothing more that I love than performing my fire dance for others en- the rope dart spinner was much joyment. I would travel to the ends of the universe and back with my flaming wings to per-Next up is William Mason

dom to expand and contract Gerlach who goes simply by Wiley. Wiley started on his 18th others to dance. I dance to birthday, four years ago. He was heal. I fire dance because it is spinning Poi during a perforthe most radiant and mesmer- mance and another performer izing of all of the dances that on stage next to him lost control

him in the chest. Discussing the and potential is endless. If there's life changing incident, he said: "I was very surprised to be on fire taught me it's that when you for a second but I could tell that more traumatized than I was. So I challenged him to a fire ninja battle and we fought epically. He is still a friend of mine, what a spectacular way to meet someone."

Wiley said he enjoys playing with fire for many reasons, especially the excitement and danger. "But I think most of all it's the magic – that moment where the has been my greatest teacher. of his flaming rope dart and hit impossible becomes possible,



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Fire dancers who will perform at

one thing that fire dancing has

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too hard, or out of reach, every-

one has the potential to make

Meet Rachel Ackerman, a

woman in search of her stage

name. This is the beginning of

her second year dancing with

Obsidian Butterfly. The crazi-

est fire dancing story for Rachel

would have to be the fact that

their dreams a reality."

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# Judges gear up for chili cook-off at Safetyville USA

Hollywood Park judge discusses the reason for his involvement

By MONICA STARK

Safetyville USA in Sacramento presents its annual Firefighter awareness to kids and families." Chili Cook-Off fundraiser where firefighters will compete for bragging rights to see who can cook the best chili on Sept. 20 from noon to tal, which is near the fence. The fire 4 p.m. While the main event of the day is the chili competition, there is our tent down when they landed. also plenty of fun to be had. There Nobody complained about any dirt will be activities and demonstra- in the chili, though. We were lucky, tions for the entire family, raffles, entertainment and of course chili

up with Hollywood Park resi-Safety Center Board of Directors and a past member of the Board of Governors at Shriners. Wally discussed more of the details of the fundraiser and the opportunity for the community to work you can take little kids to learn It is a great place for elementary turkey chili." school field trips to learn a variety of lessons on how to be safe in their daily lives. A super place for bring to the event, which you may Safetyville. But even for her, a chili

a kid's birthday, too. Putting on the Shriners Hospital hat again, Safetyville offers another avenue to get information about burns

Wally relayed a funny story about last year's chili cook-off. "Our booth is located near the Shriner's Hospidepartment helicopter almost blew we were almost all out when the copter landed."

Wally has a chili cooking team The Land Park News caught that represents the Shriner's Hospital with members including: his dent Wally Clark, a committee friend Bill Dishman, who lives in member for the cook-off. Wal- Hollywood Park and at one time ly is also a past member of the operated Dishman's Quality Meats with his dad next to Capital Nursery; Bob Taylor, also known as "Officer Bob" who is a retired motor- and other community events such cycle officer who lives in Land Park as the C.K. McClatchy Homeand who is a Shriner and volunteer coming Parade and the Huntingdriver at the Shriner's Hospital. ton's Disease Walk. To sum things with their firefighters to learn fire Competing for the People's Choice up, Wally said, "when I started my safety skills. Upon discussing his Award, Wally's team is not in the business, Associated Sound, in the love of Safetyville, Wally said: For competition with the firefighters. late 60s I was a member of the Acme, Safetyville is a place where Describing the chili Wally's team tive 20-30 Club of Sacramento and makes, he said, "Our chili last year serving the community became a some of the basics in safety, for was the only one that did not use tenet of how to do business."

Wally will also have an antique Shriner's fire engine that he will



Hollywood Park resident Wally Clark will be bringing this fire truck to the chili cookoff.

last two years, he brought it to the hot." And "I love chili, she said. Hollywood Park 4th of July Parade

such things as riding your bikes. beef or pork. We do a healthier, Vice President of Safetyville USA Terry Polvado is the go-to person for the chili cook-off, and just about every other big event at

have seen around town, as for the lover, some of chili is just "way too

Terry said besides the judges' award and the people's choice award for best chili, a third contest will be added this year for the best decorated booth. "Some of them get real creative with the booths. We thought there should be some kind of contest for that."

Organizers are looking for about 1,000 visitors to Safetyville for the Firefighters' Chili Cook-off.

Also part of the day's events includes the "bucket brigade" which was started annually as a

See Safetyville, page 14

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# **Land Park** area artists profiled

Compiled by MONICA STARK

The following Land Park area studios will be open on the weekend of Sept. 13-14 from 10 a.m. to 5 p.m. Three highlights in the vicinity include happenings at the Broadway Augmented Headquarters, the Delta Workshop and at Verge Center for the Arts.

On Saturday at 2 p.m. at the Broadway Augmented Headquarters, 2421 17th St., Mario Sotelo, a new media artist and the Lead Modeler for the Broadway Augmented exhibition, will talk about the entire project from early experiments to final execution. He will discuss how he collaborated with the artists to translate their designs into 3D models prepared for the Augmented Reality environment.

There will be a free letterpress demonstration on Sunday, Sept. 14 from 2 to 4 p.m. at **Delta Workshop**, 2598 21st St. Visitors are invited to watch artists make letter-pressed greeting cards on an antique Golding Pearl floor-model platen press. You can also learn more about rently having a major resurgence. Visitors will get to take a few cards home reader, to go out and see. with them, free of charge.

On both days from 10 a.m. to 5 p.m., there will be monoprint demonstrations at Myrtle Press, located inside Verge Center for the Arts (625 S St.) Visitors can tour Sacramento's only printmaking facility open to the public outside of an academic institu-













tion. See examples of different types of prints and see the presses in action. Try your hand at making a monoprint and printing it on the press. In addition, the Land Park News

thanks the following artists for subthis form of printmaking that is curmitting information about their works, which we encourage you, dear

> Vann Nguyen will be working out of EN EM Art Space, 1714 Broadway. Vann is the co-owner of the gallery and it is also a working studio for him. The new gallery had its debut show on

Please join your neighbors for a

**Candidates Forum** 

and Reception

in place of the

**LPCA September Meeting** 

When: Wednesday, September 17th, 6:30 pm

Where: Cal Middle School, 1400 Vallejo Way

The Land Park Community Association (LPCA) Board of Directors,

would like to invite you to attend an upcoming candidate and

The evening will begin with a discussion on Measure L and will

transition to introductions by candidates. Immediately following

LPCA will host a reception for residents to meet and mingle with the

candidates. LPCA is a not for profit and as such will not be taking a

position however we feel it is important to provide a forum for our

initiative forum and reception

residents to engage.

Valley Community Newspapers, Inc





Shown from the top, left to right: Vann Nguyen's mixed media piece, titled, Frameworks; a ring by jewelry and metal artist, Mary Bartels; a sculpture called "Boat Dreams" by sculptor Marsha Schindler; "Double Joy" by Land Park artist Lisa Culjis; "Delta Sunrise" by painter Elaine Bowers; a storage jar by artist Leslie Thompson; "Balancing Act" a sculpture by Randy Won; a teapot by Miguel Paz.

See CAST, page 10

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# CAST:

Aug. 9. The second opening will be on Sept 13 to coincide with Open Studios. In addition to his work, visitors to area farmlands and waterways, will also be able to view the work of San Francisco based artist, Stephanie a plane. "I love the unique agricul-Rohlfs. Vann's current work is inter- ture here especially the rice fields ested in exploring the world that Fran- and river area. The environment cis Bacon referred to as the "space be- is so beautiful and its vulnerabilitween sensation and rationality." The work depicts imaginary constructions and occupations of architecture and landscape. Vann is currently working on a series in which he uses photographs that he's taken of banal landscape scenes, which are then printed on cotton jacquard fabric. Vann then uses acrylic paint, spray paint, graphite powder and other media on top of the fabric. "The series explores my fascination with humanity's tumultuous a 1940s Piper Cub while flying over and have already started to transrelationship to nature," he said.

Lisa Culjis will be working out of her detached garage in the backvard of her South Land Park home, located at 1404 Claremont views. This painting was difficult to Way. "Collage and assemblage (3dimensional collage) are the mediums I work in most often. I use old anonymous photographs, found ephemera, paper scraps, small objects (driftwood, bones, buttons, is wet as the paper can't be handled CAST tour. It represents the surfeathers, game pieces), scraps and fragments of discarded things rusty, dusty, broken, nostalgic lit- near the Sugar Mill in Clarksburg." tle things. I delight in collecting/ gathering items from yard sales and flea markets and sometimes Bartels works in natural stones, right off the sidewalk or curb. The found treasures wait patiently in my cluttered little studio until the moment and inspiration arrives to give them a new life - to cut, ar- piece, the "Larimar Ring" which range, paint, glue or nail them together to create a 2 or 3-dimensional narrative." One of her pieces, will be showing her work at the "Double Joy," is mixed media (col- home of Bob Thompson and Elaine lage and paint on 12x16 wood Bowers at 2623 14th St. panel.) She uses an old Chinese calligraphy practice paper for the At Panama Pottery - 4421 24th St. background. She explains, "The image of the woman holding the historic Panama Pottery factory at birds and the image of the woman standing at sea are both from used to produce ceramics such as blown up copies of pictures on the vessels, urns, lamp bases etc. is now back of a deck of playing cards. I added stenciled on paint for the inal huge bee-hive brick kilns that son and Manuel Neri, both well esflowers and radiating lines. I love were used during operation. There tablished artists and teaching prothe juxtaposition of the delight exists also a retail yard that hosts events fessors at the time. He also received pressed by the main figure and the and sells one-of-a-kind items. contemplative mood of the figure on the dress."

# er Theatre

Elaine Bowers, a watercolor artics, photography), metal garden large, 13-inch by 9-inch hand-built drums ready for everyone to enjoy!

artist Mark Harman and jewelry maker Mary Bartels. The four will be at Elaine's home garage 2613 14th St. near Tower Theatre.

Elaine paints photorealistic watercolor aerial views of the Sacramenwhich are inspired when she flies in ty is more obvious when seen from above." Elaine was recently honored to be awarded the Bronze Medal of Honor, one of the top awards in the prestigious American Watercolor Society International Exhibition. al Watercolor Society (NWS).

the Sacramento River in Clarks- form. I love this series!" burg. "We flew very low, and I felt like we could touch the trees. It was very inspiring. I love flying almost as much as I love painting the create because I paint to the edge of of his recent works explore a conthe paper and don't stretch my paper as in traditional techniques. I symbolic imagery. One of his pieclike to save the deckle edge. This es, "Balancing Act" currently is becreates challenges when the paper easily, so it is difficult to manipulate the large washes. This scene is

Jewelry and metal artist Mary sterling silver, copper, brass and gold. She develops inspiration for her designs from the natural stones a past civilization. The artifact with which she works, such as her shares the word "Industrial" and is is made with a Larimar cabochon expressed as beauty in the human from the Dominican Republic. She

Twenty-seven studios occupy the 4421 24th St. This factory, which 101 years old, and still has the orig-

likes to make art in clay, transforming it into big, richly colored and At the home garage of Elaine textured pots - pots informed by Miguel invites you to come and see Bowers, 2613 14th St. near Tow- 10 years living in the Middle East. a new body of work in the form 'I also create plates, which tend to of large, wheel thrown "tree" pots follow inner promptings and urges ist, will be showing her work along and give me a space to express narwith Bob Thompson (mixed me- rative ideas about the world," she lates to the making of ancestral mudia, including printmaking, ceram- said. Her piece, "Storage Jar," is a sical instruments: ocarinas and udu

pot, which was fired multiple times in Panama's electric kiln. The plate (18-inch diameter) uses slip trailing to describe a crazy performance piece using chairs and a narrator in

Marsha Schindler is a sculptor, but for many years she did large murals and paintings. Marsha also teaches art and design at the Art Institute of California, as well as private clay classes at Panama. For several years, Marsha has been exploring tree women sculptures from I foot high to 7 feet high. However within the last month, she has begun a completely new se-She is also designated as a "Signa- ries on ships/boats and the jourture Status" member of the Nation- ney. "They began as an exploration of dreams I was having about trav-One of Elaine's pieces, "Delta eling and water. They seem to al-

> Randy Won is particularly inspired by nature and industrial forms, both separately and through the intersections of them. Most cern for the environment through ing shown at the Verge during the real merging of technology and science. The work is a part of a series that reflects current issues from greed to resource depletion.

> Alonso Sanchez uses precise cut clay and broken edges purposely included to appear as an artifact from interpreted by a clay surface and form, flowers and fish. One of his pieces titled, "Red Flower Sketch", (37 inches by 38 inches in ceramic) can be seen at the Verge Center of Arts during the preview exhibition on Sept. 11 from 6 to 9 p.m. (and also during the remainder of the CAST tour).

Miguel Paz graduated from UC Davis with a BA in Art Studio. He studied with the late Robert Arnea masters of art degree in art from Panama artist **Leslie Thompson** Teachers College, Columbia Uniikes to make art in clay, transformversity in NYC.

At his studio in Panama Pottery, (Nelson Mandela and Maya Angelou). Other work on display re-

#### Fire:

Continued from page 7

last year right after Christmas she went with Sequoia and two other performers to Japan to perform 300 times over the course of two months at Huis Ten Bosch, the aforementioned theme park."I met all kinds of people, saw amazing things, learned a lot about fire performing and myself. It was a life changing event." To Rachel, fire is complex. "It has a way of changing and challenging, it is also has a primal beauty. People have been mesmerized by fire since the dawn of time. I suppose I love fire performing so much because it is still magical, even in this high-tech modern day. I get to entertain people outdoors, away from the hustle of their normal lives. This allows us to connect to the basic elements of life and with hope leave the audience happier and inspired."

Marla Marie Santovo has been fire dancing since about April of 2013. She said, thankfully she hasn't had anything too crazy happen while fire dancing. "We do a great job keeping an eye on each other for safety and the performers generally have lots of practice doing moves without fire before lighting up."

Fire dancing makes her feel good and helps her to destress. "(It) has also helped me increase shoulder strength and flexibility after sustaining a repetitive motion injury from work. It is also rewarding to consistently work on something difficult and finally get it. Also, the people I have met through fire dancing are incredible and inspire me to keep on learning."

Sneha, whose stage name is Kalika, has been fire dancing for about two and a half years. "My craziest fire story happened at a full moon iam on the beach when I used to fire spin in Miami. During every full moon, people would gather on the beach for a drum circle. One of the largest events I went to had more than 200 people on the beach. Making a large circle, hundreds of people were drumming, creating a vibrant energy. In the center of the circle, I had the opportunity to, with several other spinners, fire hoop and play with my fire fans. This is definitely one of my most memorable moments fire dancing."

To Kalika, fire dancing is a means through which she expresses herself. "The energy and adrenaline involved allow me to forget my current troubles and just focus on flowing to a rhythm. I guess I could say, its almost a form of meditation that allows me not only to recalibrate but also to release any stress I feel."

# **Matías Bombal's Hollywood**

Cantinflas

The MPAA has rated this PG Loinsgate's Pantelion Films' "Cantinflas" is a dramatic biography of Latin America's comic of the people, Mario Moreno
Cantinflas. Director Sebastian

had no meaning when he conceived it, has become, because del Amo offers us a view of the of his overwhelming popularity, and beautifully this producfamous icon's life from his first break in show business in 1931 Vera Cruz, where he started by talk much, say little and indulge ated in perfect detail. You'll sweeping up in tent auditorium shows. He had his first break there, and then garnered fame in Mexico, the world, and even in the United States with the release of Michael Todd's "Around the World in 80 Days" in 1956.

The movie is in Spanish and English. Framing the great moments of Cantinflas' life, told in flashbacks, is the second story of "Around the World in 80 Days" produced by Mike Todd (Michael Imperioli) who tries to get the movie off the ground but has trouble finding established actors to play the famous me to tears. This female voice cameo roles in that film classets up the era and Mike Todd sic for free in 1955. He's banking on Cantinflas' participation at a press conference to secure the investors truly greatest artists of Mexi-

and keep the ones he has. Óscar Taenada has masterfully captured the essence of the real legend that he's playing. Not only in movements, but in the timber and vocal delivery, which is bril-

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known by millions worldwide, even today. The original theater program from "Around the World in 80 Days" notes that his stage name of Ćantinflas, which a part of the Mexican language. tion is mounted. Scenes from As a verb, "Cantinflear" means Cantinflas' movies are recrein frenetic non sequiturs similar to his patter.

I enjoyed this movie very some art direction elements that were slightly incorrect, the overall effect and performances show you intimately the gifted and fabulous man that won the hearts of the world.

The title sequence is fun, featuring a Mexican "Hedda Hopper" style female voice over in Spanish that was worded so accurately and phrased so perfectly in the movie publicity parlance of 1956, it almost brought frame story of this film.

Also represented by actors in this movie are some of the can cinema, music, photography and art, such as cinematographer Gabriel Figueroa, musician and pianist Augustin Lara, Dolores Del Rio, Maria Felix, Pedro Infante, Glo-

liantly close to the performer ria Marin, Lupita Tovar, Diego Rivera, and countless others. The production is quite good.

According to Charlie Chaplin in 1956, "Cantiflas is the world's greatest comedian." You'll see that here, and how respectfully want to stay through the credits at the end, too, as the I enjoyed this movie very left side of the frame features legendary dance to Ravel's time at the movies and I enmuch, and although there were a recreation of Cantinflas' Bolero. This is a wonderful courage you not to miss it.

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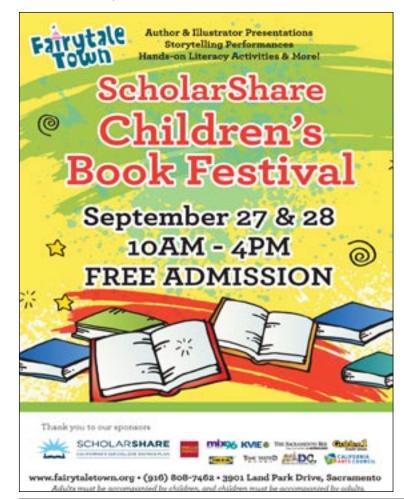
business who is on a M/M at \$100 per space. The other 2 are rented to comm tenant for same price. Rent at this point are \$1825 for the comm space which includes 2 parking spots. The 2 B/R is rented for \$850 which is unde valued and has 6 months lft and the 1 B/R is vac and should be rented for about \$950. The present cap rate w/vac is 5.8. In my opinion Proj cap ovr 8% with incr rent



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## Swanston:

with F.H. McKevitt, was involved with the 1922 sale of property, which would become William Land Park.

George died on July 23, 1923, prior to the completion of the park and its memorial fountain.

The memorial fountain was mentioned in the Jan. 4, 1923 minutes of the Sacramento City Council, as follows: "Communication from George Swanston (sic) relative to the adoption of plans for the improvement of William Land Park and his offer to build or cause to be built to be placed in the William

**Free port** 

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as the Charles Swanston prentice of sculptor Arthur ated many sculpted works, Memorial Fountain was ordered filed."

The memorial, which sits in the park's formal garden area, was designed and sculpted by the famous sculptor, painter, muralist, etcher and art educator Ralph Stackpole (1885-1973). It was officially accepted by the city on June 18, 1926.

Stackpole, who was a native of Williams, Ore., moved to San Francisco when he was 16 years old and became a student at the California School of Design (predecessor of the San Francisco Art Institute) two years later. At that institution, he was a student of a public drinking fountain painter Arthur F. Mathews lege in Oakland. (1860-1945). And at the

Putnum (1873-1930).

The great San Francisco earthquake of 1906 destroyed the Nob Hill home of the California School of Design.

Stackpole next studied art in Paris, and, in 1911, he re- clude murals in Coit Towspending a year studying in New York under the Ohio-Sacramento City College born artist Robert Henri auditorium, and a foun-(1865-1929).

way back to San Francisco, ed by 9th, 10th, I and J where he established an art studio at 728 Montgomery St. and taught sculpture classes at the California School of Design for many years. He also spent two years teaching the same subject at Mills Col-

Land Park and to be known same time, he was an ap- his life that Stackpole cre- ing in Chauriat, France.

including those for the 1915 Panama-Pacific Exposition in San Francisco and the 1939-40 Golden Gate International Exposition. His works also intain at Cesar Chavez Pla-Stackpole then made his za on the block bound-

> streets. In 1922, Stackpole became friends with the famous Mexican muralist Diego Rivera (1886-1957), who he would bring to San Francisco eight years later.

It was during that era of two decades of his life resid-

Like Stackpole, Charles Swanston left a strong legacy in this world.

In addition to his monument and other Swanston named local landmarks, including Land Park's Swanston Way and Swanston turned to the United States, er on Telegraph Hill in Park at 2350 Northrop Ave., Charles has been memorialized through many positive words.

Certainly, among the words that support the worthiness of having a monument dedicated in his honor are the following words published in the aforementioned 1931 book: "Indeed (Charles) was a prominent factor in the commercial development of this city and was recognized Stackpole spent the final as a man of reliable judgment, fine public spirit and genuine worth."





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The photos that went along with last edition's Over the Fence, which featured local residents who belong to the Nashville Songwriters Association International, were not taken by the author but were courtesy of Ted Bazarnik and Gabrielle Kennedy.







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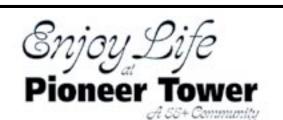
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Safetyville:

part of the firefighter's chili cook-off on Oct. 6, 100 years after the great Chicago fire. At the previous chili cook-offs that had the bucket brigade event, families created a human chain and pass buckets to each other.

Children also get to try on oversized firefighters' clothes at the annual event. "The community gets great joy," Terry says.

For anyone who hasn't been out to Safetyville, it can be described as a 3-andstreet lights, sidewalks, crosswalks, real buildings (including real fire station buildings). Supported by many nation-wide and local buildings, there's a Mc-Donald's building, a Round Table Piz- board of directors. za building, a Sacramento Metropolitan Utilities District building, and notably a Capitol building replicate where kids learn about stop, drop and roll.

Safetyville first opened in 1984 and the center celebrated its 30th birthday in June. In connection with the annual safety and health expo, they gave away free ice cream test, 50-cent games. and cake for the kids.

Come November, this will be Terry's If you go: silver anniversary working at Safetyville. Speaking about changes she's seen since What: Safetyville USA Firefighters' Chili then, she said they created a tour guide Cook-off program, started offering birthday par- When: Sept. 20, noon to 4 p.m. ties, five events a year, and began an kids who want to come to Safetyville. In community events.

"Instead of limiting (Safetyville) to school Where: Safetyville USA, 3909 Bradshaw kids Monday through Friday, there are oth-

A Visit

From

er things going on. And it really is a good resource for safety education for kids."

Terry's quick to add the center has events and programs for all ages, "little kids to seniors. Safetyville is unique. We're a program of the Safety Center Inc., which also runs a workforce safety program, an alcohol and drug program, a motorcycle (program), and a teen (program). We are a 501c3 nonprofit."

Giving a shout-out to those who help keep Safetyville as successful as it is, Terry thanks the volunteer coordinator, Mark Shelton; events coordinator, Angea-half-acre miniature town with timed la Tanner; and the office assistant, Pamela Gates - who without, "we wouldn't exist. She knows everything," Terry said. The president and chief executive officer is Liz McClatchy; and above her is the

Coming up later this fall at Safetyville is the 23rd annual Halloween Haunt, which will be held this year on Oct. 18. The event will feature a hay bale maze, a pumpkin patch (which will actually be on the grounds throughout the entire month of October), a costume parade, costume con-

Cost: Admission is \$5 for adults and free for adopt-a-class program where business- children age 5 and younger. Tickets can be es can donate transportation funds for purchased at http://safetycenter.org/events/ firefighter-chili-cook-off/ or by phone at 438addition, the center, she said is open to 3351. They will also be available at the gate the community more than it has been in the day of the event. All proceeds will go dithe past with free bike nights and other rectly to the children's program at Safetyville USÁ.







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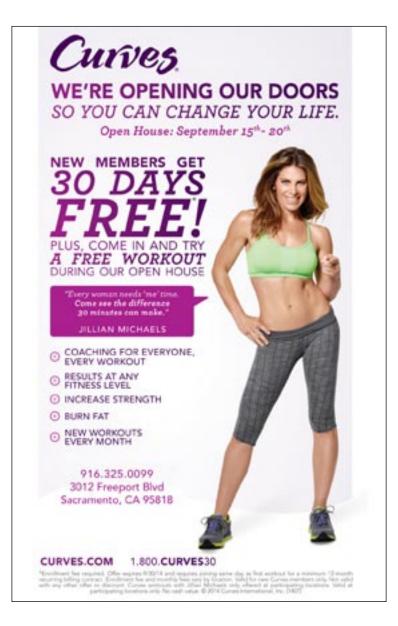
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# Step into the Tsuchidas' Shangri-La:

# Little Pocket residents showcase koi pond at Sept. 20 tour

By MONICA STARK

Stepping into the backyard of the Little Pocket home of Mike and Molly Tsuchida is like entering a modern day Shangri-La, as a cat named Brewster takes a cat nap; two dogs, Bailey and Ray Ray tussle with each other on the lawn and 14 koi and nine goldfish swim in a 2,500-gallon gunite pond Mike built. Just last week, Mike was working on a second pond, which he and Molly hope is complete for the upcoming Camellia Koi Club Pond Tour, to be held this year on Saturday, Sept. 20 from 10 a.m. to 4 p.m. The Tsuchidas' home is the first stop of 10 beautiful locations with ponds of all sizes and a variety of koi.

Come mealtime for the fish, the cat and dogs join the Tsuchidas at the pond. To the fish, the cat and dogs never seem to be a threat; in fact, they are associated with the fish food, since they hang around the pond most often during feedings.

Last year, their grandson Lucas, who was 4 years old at the time, learned how to swim in the pond. The fish have nibbled Brewster's tail; and they have swum beneath Bailey, who used to stand on the ledge and who would often fall inside the pond.

And, yet, the carnivores have not been interested in eating the fish, Mike said. In fact, "the cat wants the fish food, and they come toward me when they see me. It's not that they like me. They just see me as food. Each has a different personality. At least three-fourths of them are really friendly; some are skittish. I can hand feed most of them."

"I love the koi," Molly said. "I never knew anything about fish other than they are tasty. But I swear when (Mike) walks out the door, they hear the door shut, and they come swimming to the edge. You do have favorites. They are kind of like our other pets. They are just in a different form. little sanctuary."

In June 2013, the Tsuchidas acquired the just about 6 to 8 inches in length. Bought from local koi dealers, including Sacramen-Sacramento and the Lincoln Koi Farm at about \$40 each, today the fish vary in length and weight.

Having lost three koi, two from an ammonia imbalance in the water and the other that mysteriously just started acting strange before dying was his favorite. "It would follow you around. It

Its tragic end came on the heels of an exploded Sacramento Municipal Utilities District power line in April, which he said damaged the pond's pump, causing the water quality to quickly diminish.



(above) Molly and Mike Tsuchida enjoy each other's company while getting their toes wet inside their koi pond. Koi swim around the Tsuchidas fish pond in the Little Pocket neighborhood.

(left) Koi gather for food as Mike Tsuchida tosses some into the gunite pond he built in his



Mike said he has known some Camellia Koi Club members who have had even more tragic events occur in their ponds due to failed They are beautiful. They make our backyard a pumps. One family experienced the death of vited to some of the best backyards in Sac-17 koi overnight. "While the husband was ramento by joining the Camellia Koi Club, away, the next morning, the wife found 17 goldfish and 17 koi, which at the time were dead koi. The issue there was that the pond in a member's backyard. The August meetwas overstocked," he said. After hearing sto- ing was held at the Granite Bay home of ries like that, Mike said he felt fortunate he Duane and Melody Carlson and it was a to Koi in Rockland, Koi Enterprise in West only lost one koi, albeit his favorite fish, after special meeting at that. With an ice cream his pond's pump failed.

Yet, because of the potential for overcrowding of his pond with koi, he decided to start full tummies and new fish at a fraction of construction on a second pond. Being built the cost most retailers charge. just outside of the master bedroom, the new pond area will feature a small tea house and shortly after, Mike said one of the koi they lost glass platform where they can watch the fish swim beneath their feet.

Learning about water health and diseases were amongst the main reasons the Tsuchidas joined quality, amounts and types of food.

In addition to the educational value of joining the club, the Tsuchidas have enjoyed the social aspect. It's been said you get inwhich meets the last Sunday of every month social for lunch and a koi auction following the meeting, members came back home with

Some of the ponds featured on the upcoming tour on Saturday, Sept. 20 have been built by professionals and others were designed and built by the home owner. Bring a camera and the whole family for a day of adventure. The pond tour costs \$10 for a single person, or just \$15 for the Camellia Koi Club. They have learned about the entire family. Buy your tickets at www.camelthe importance about water temperature, water liakoi.org/pond\_tour.html or at one of the locations on the day of the tour.

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# Japanese had early presence in Riverside-Pocket area

By LANCE ARMSTRONG

Editor's Note: This is part one in a series regarding historic Asian districts of Sacramento.

Much has been written about the Portuguese people of the early years of the Riverside-Pocket area in this nized that Japanese also have a rich history in that area.

By the 1920s, the Riverside-Pocket area consisted of about two-thirds farms) went from Pocket Road to Portuguese people and about onethird Japanese people.

Certainly, one person who knows a considerable amount about that area's early Japanese history is 91-yearold Riverside area native Shigeko "Rose" (Ishimoto) Takata.

During an interview with this publication last week, Takata recalled some of her early memories of that area.

"I still remember quite a bit of what went on when I was young," said Takata, who was one of the six children of Sehei and Chiyo Ishimoto. "I went to school there (in the Riverside area) in the 1930s. I went lists the then 20-year-old Japanese other area that had Japanese." to Sutter School (in a building that native Sehei Ishimoto as a farm lanow houses Cabrillo Civic Club #5 at 4605 Karbet Way)."

In regard to some of the Japanese families of that area, Takata said, "One was named Kanaka, and mine was Ishimoto, of course, of K. Toro). And the same census that school). They had classes from and we both had chickens and then we also grew vegetables. But it was mostly chicken. We were a chicken ranch. And there was (the) Kawai (family). They were just strictly (a vegetable farming family). I don't know what kind of (vegetable) farming it was, but (it was vegetable) farming. (The Kanakas) and us, we were mainly chicken farmers. These three Japanese families 1913," are the words: "ISHIMO-Sutter School).

"There were other (Japanese fam- of Sacramento." ilies) right around the Sutter School there. A bunch of them had poultry farms. We kind of centered right family) that was fairly far (away). Sacramento County.

Most of us residents had farms. You know where The Trap is? The Trap (which did not yet have that name) was there at the time we were there. too. It was owned by the Pimentels. That's an old bar that's been there for years and years and years. But anyway, around The Trap (at 6125 Riverside Blvd.), around that area, that Greenhaven area, there were publication. But it should be recog- a lot of farmers, truck farms. And then further up by (today's) Pocket Road and so forth, around there were (several) Japanese farms. (The the river (levee)."

In response to the inquiry of when her family began residing in the Riverside area, Tanaka said, "I can't say, but my oldest brother (Yoshio) was born in 1914, and they were already here (in the Riverside area). We lived by where the Sutter School was (located) on (the old) Riverside Road. I rememville Heights, which is near William Land Park, in that area.

borer residing in the San Joaquin Township of Sacramento County with Japanese immigrants K. Toro (24-year-old head of household) and M. Toro (28-year-old brother United States in 1899.

Wednesday, Aug. 20, 1913 edition, have been at least 100 kids (who atrecognizes that Sehei and Chiyo were tended the Japanese school). I would married during the previous day.

following marriage licenses were is- we went, (the Japanese) school was, sued Wednesday (sic), August 19, oh, I would say only about maybe lived on (the same) property (near TO-IWATSUBO - Sehei Ishimoto, 32, and Chiyo Iwatsubo, 20, both

The 1920 Census notes that Chiyo emigrated from Japan in 1913 and was then residing with her husaround the school where I lived. band and three children on River-There was one other (Japanese side Road in the Riverside area of



Rose (Ishimoto) Takata grew up in the historic Riverside area of Sacramento.

In recalling her school days, Takaber our rural route box number (at ta said, "We were in the Sutter that time) was 123. We moved lat- School District. There were peoer just before the war (to) Sutter- ple who lived beyond (today's) The Trap (bar, at the present address of 6125 Riverside Blvd., and attended The 1900 U.S. Federal Census the Lisbon schools). (That) was an-

After departing from Sutter School each day, Takata would attend classes at a Japanese school.

In recalling that school, Takata said, "I did go to a Japanese school. Just about everybody did (attend notes that Sehei immigrated to the first grade to eighth grade, and then on Saturdays they had what they The San Francisco Call, in its called middle school. There must think, but I really have no idea. The Included under a heading, which reads, "SAN FRANCISCO – The rooms. From Sutter School where four or five blocks (away). My teacher (at the Japanese school) was Matsumura. I think at one time I knew (her first name)."

Takata also recalled several of her classmates, including Ruth Imoto, Noboru Oto and her best friend, Yaeko Muramoto.

After school, Takata would complete chores on her family's farm.



This photograph from the 1941 C.K. McClatchy High School yearbook shows Rose Ishimoto, who would later become Rose Takata.

Takata later attended California Junior High School at 2991 Land Park Dr. and graduated from C.K. McClatchy High School in June 1941.

After being asked to summarize her life growing up during the Depression, Rose Takata said, "I tell people, we were poor, but we didn't know it. I grew up in the 1930s. We always had food, we always had clothing, and we had a (Japanese) baseball team, you know, we had dif-



# SPORTS

# **CKM Sports Hall of Fame enters third year**

By JIM COOMBS iim@valcomnews.com

The C.K. McClatchy Sports Hall of Fame enters its third year featuring athletes and teams mainly from the 1980s. Forty-three athletes, three coaches, and three teams will be inducted on Saturday, Oct. 11, at the Asian Sports Foundation Hall off Laguna Boulevard. As of press time, 437 people have signed up to attend, so remaining seats are limited.

The 1980s proved to be a strong decade for McClatchy sports teams. Under Bob Sandoval, the football team began to win again, and the 1984 team is the only team to ever win 10 games in a season.

Led by Donald Hair ('85), who broke the state high school record by scoring 42 touchdowns in a single season, the Lions knocked off No. 1 Christian Brothers and beat Grant in the playoffs before losing to Elk Grove. Against Grant, Hair would score twice in the first half, and Kevin Elam ('86) to Chuck Smith touchdown pass would seal the game.

Junior quarterback Elam (UC Davis), Hair (Sac State), and senior flanker Craig Bowens (Fresno State) would be named All-City and All-Superior California. Junior defensive tackle Peter Gould ('86) would make first team All-City and wide receiver/linebacker Zebadee Brye would make the 2nd team All-City.

Hair would be honored as "Prep of the Week" by the Sacramento Bee, the Sacramento Union, FM102, Quad 106, and channels 3, 10, 13, and 40. He would be named Sacramento's Football Player of the Year for 1984 and was featured in Sports Illustrated.

Dennis Gastinell was a bruising fullback, and Shane Turner (San Francisco State) a blocking tight end. The line consisted of Todd Barmby, center; Bob Taylor and Mike Werblum, guards; and John Morehead, and Clenzo Johnson, tackles.

Doug Farmer, end; Gould, tackle; Richard Dalrymple, tackle; Brye, linebacker; and Chuck Smith, safety were top defensive stars, with Mike O'Malley the kicker. Mike DeNecochea backed up Hair and returned kicks.

One of the top games of the year was against Davis in the pre-season. Davis had star running back Mark Hicks who would play at UC Berkeley. With Davis marching late in the game to take the lead, Hair stripped Hicks of the ball at the one-yard line and ran 99 yards for a 27-18 win.

Athletes with names in bold print will be inducted into the 2014 CKM Sports Hall of Fame, and players from selected teams attending the banquet will receive medals.

McClatchy wrestling under coach Greg Fong was a Sacramento powerhouse in the mid-1980s. He had a winning combination in the 84-85 season with seniors Andy Lopez (captain), Jahlani Bent, Eric Guillen, Matt Poole, Richard Dalrymple, and juniors Mark Sprenger and Leo Woodfork.

Coach Fong's game plan was to present the most strategic lineup to each opponent. The key to this was the versatility of the wrestling squad



Top row: Chales Becker, Tammi Smith, Rochelle Noda, Heather Johnson, Second row: Ingrid Collins, Corine Onga, Karena Mov Third row: Melanie Conti, Sundae brooks Allison Okubo, Krissi Sakamoto. Bottom: Krista Margetich,

that included Juan Bonillas, Jimmy Culleton, Stanford Hirata, Rafael Perez, James Sprenger, Andy Blanco, Phillip Herndon, and Jeff Friend.

They took home the Metro League dual meet championship and won the Metro League tournament that year, building a foundation of excellence that carried on for several years. Team members included:

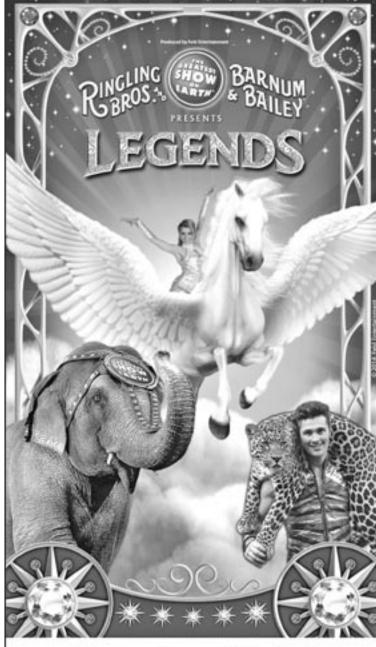
98 lbs Juan Bonilla/Jimmy Culleton; 105 lbs Stanford Hirata; 112 lbs Andy Lopez; 119 lbs Jahlani (Jay) Bent/ Christian Clinger; 126 lbs Mark Sprenger; 132 lbs Rafael Perez; 138 lbs Mike Bruce/ James Haldeman; 145 lbs Matt Poole/James Sprenger; 154 lbs Eric Guillen; 165 lbs Andy Blanco/Tony Blanco; 175 lbs Phillip Herndon, Mike Tabor/Danny Victorio; 191 lbs Leo Woodfork; Heavyweight Richard Dalrymple/ Jeff Friend.

Lopez, M. Sprenger, and Guillen won gold medals in the Metro League meet, while Bent, Woodfork, and Dalrymple took second place. Hirata, Poole, and Herndon finished 3rd. Guillen, Sprenger, and Woodfork finished second in the sub-sections.

Cross-country and track would rebound dramatically under coach Dub Carter, who is being inducted posthumously. Almost every school day in the 80's, you could see Carter and his Lion runners racing through Land Park in the late afternoon.

Inductee Liz Baccigaluppi (81) would become McClatchy's first great female distance runner, leading the Lions to victory in both cross-country and track. As the decade rolled on, the Lions dominated the Metro-league in both boys' and girls' cross-country and track.

Baseball would continue its winning tradition throughout the 1980's, the first eight years under the leadership of Hall of Fame inductee coach Bernie Church. In the late 70's and early 80's, the Lions would come within Since 1903



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# CALENDAR

ation to: editor@valcomnews.com at least two weeks prior to publication.

#### "Stretch, Strengthen, and Thrive" at ACC:

This class is designed for the needs and abilities of active older adults, who are interest ed in gaining or maintaining mobility, 5-6 p.m. Mondays and Wednesdays. \$5 per class if pre-paid; drop-in fee is \$6. ACC Senior Services Center, 7375 Park City Dr., 393-9026 x330, www.accsv.org.

#### Stretch, Strengthen, and Thrive!

This class is designed for the needs and abilities of active older adults, who are interested in gaining or maintaining mobility. The class consists of a mix of full body stretches, body weight exercises, strength training, and active stretching. 5:00-6:00 p.m. Mondays and Wednesdays. \$5 per class if pre-paid. Pre-registration and pre-payment is preferred, but drop-ins are welcome at a rate of \$6 per class. Held at ACC Senior Services Center, 7375 Park City Dr., Sacramento, 393-9026 x330, www.accsv.org.

#### **Community Skill Exchange (time** bank) monthly potluck/meeting

On the second Thursday of the month, monthly meetings will be held at the Sacramento Food Bank and Family Services. Information presentation and questions will be discussed between 5:30 and 6 p.m. Interested new friends encouraged to attend. Potluck and sharing is 6:15-7:30 p.m. Members and past friends welcome Please bring a dish to share and be prepared to record ingredients before serving. 3333 3rd Ave., Oak Park. Community Room (Big Blue Door on 34th Street)

#### Sacramento Zoo needs wheelchairs

The Sacramento Zoo is looking for a few "gently used" wheelchairs, 808-5888. Your wheelchair can be a tax deductible donation, and four zoo tickets will be offered as a thank you.

#### Support group for alienated grandparents

Meeting is the last Friday of each month at 2717 Cottage Way, suite 4. Meeting is at noon. 761-9121.

Focuses on low impact form of ancient Chinese exercise, combining slow movements with relaxation. Mondays, 10:30 -11:30 a.m. at the Ethel MacLeod Hart Senior Center, 915 27 St. Try it once for free! Stop by the Hart Senior Center front desk or ontact 808-5462. Cost: \$18 for 4 classes

#### **Zumba for Seniors at Hart Senior Center**

Zumba for Seniors incorporates physical exercise and dance steps to the rhythms of Cumbia, Merengue, Mambo, Salsa, Samba, and much more. Tuesdays 9:30-10:30am and Fridays 3:45-4:45 p.m. at the Ethel MacLeod Hart Senior Center, 915 27 St. Sacramento (27th and I streets). Try it once for free! For more in formation or to register, stop by the Hart Senior Center front desk or contact 808-5462. Cost: \$16 for 4 classes.

#### Active Yoga at Hart Senior Center

Increase your strength and flexibility, improve balance, and enhance the ability to relax and release stress. Class began July 7 and are Mondays and Wednesdays, 2:30 p.m. -3:30 p.m. at the Ethel MacLeod Hart Senior Center, 915 27th St. Classes will not be held Nov. 3, 5, 10 and 12. For more information or to register, stop by the Hart Senior Center front desk or call 808-5462. Cost: \$35 for five classes or \$70 for 10 classes. Try the class once for free and see if Active Yoga is right for you.

#### Singers with Hart

Experienced and beginning singers age 50 and above are welcome. New sessions start every nine weeks and are held at the Hart Senior Center, 915 27th Street, Sacramento (27th and J streets). Pre-registration is required. For more information, visit the Hart Senior Center front desk or contact (916) 808-5462, Cost: \$15.

#### **Rotary Club of South Sacramento** accepting applications for funding from crab feed

The Rotary Club of South Sacramento and

its 501(c)(3) charitable foundation are accepting applications for funding from the oceeds of the annual Crab Feed, to be held on Ian, 24, 2015. It is our intent to select one to three organizations for our annual giving based upon the organizations' submitted applications. Deadline for applications is Sept. 2. Visit www.southsacrotary. org for more information and to apply.

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## **Mahogany Urban Poetry Series**

- Queen Sheba - poetry readings Each Wednesday from 8-11 p.m. at Queen Sheba in Sacramento, local talent makes it way to the restaurant for weekly open-mic events, \$3-\$5, 1704 Broadway.

#### Brain Gymnasium

Exercise your mind and have some fun at this on-going Brain Gymnasium class! Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 9:20 a.m. Thursdays. \$6 per class. Call 441-1015 for more

#### Women with Good Spirits monthly meeting

Each second Tuesday of the month at Revolution Wines at 6:30 p.m., Women With Good Spirits invites a community non-profit to present on its mission work. The presenter will start their presentation promptly at 7:15 p.m. and will last 15-20 minutes with an open question and answer forum after. RSVP is appreciated as well as a \$5+ donation per person that will go directly to the non-profit presenting that month. 2831 S St. Visit www.womenwithgoodspirits.com or find the group on Facebook.

#### The Community Housing and Services Coalition monthly meetings Originally created by the Sacramento Community Services Planning Council, the

created as a vehicle to provide information and educate community leaders and decision makers regarding housing for low income, disabled and older adults. CHSC monthly meetings are free and open to the public; they are held from 9:30 to 11 a.m. am on the last Tuesday of each month (except December) at the Sacramento Sheriff's South Area Office Community Room at 7000 65th Street, Sacramento (the Sacramento County Voters Registrar Building). At each meeting a guest speaker is invited to attend and give a 30-minute presentation with 10 minutes for O&A. Speakers are selected for their expertise and knowledge in their respective fields, and agencies/organizations. The speakers are encouraged to provide handouts, fliers, and other information al materials to the 15 to 30 attendees. If you have any questions, please contact either: Alex Eng at 424-1374; email xeng916@

## 6189; email cynthia.gabriel@smud.org.

sbcglobal.net: or Cindy Gabriel at 916/732-

Gentle Qi Gong Learn powerful relaxation techniques reduce stress, reduce physical pain and emo tional suffering, lower blood pressure, increase immune response and improve bal ance. Inviting all seniors to Eskaton Monroe Lodge, 3225 Freeport Boulevard, 3 to 4 p.m., Wednesdays. \$7 per class. Call 441-1015 for more information.

#### **Kiwanis Club of East Sacramen**to-Midtown

Visitors Welcome, weekly breakfast meetin on Fridays at 7 a.m. Topical weekly speakers and 'first meal for visitors on us'. Meet at The Kiwanis Family House, (at UCD Med Ctr/50th St & Broadway) 2875 50th St. www.eastsacmidtownkiwanis.com. Meeting/Membership info: 761-0984, volunteers always welcome!

#### **Food trucks at Carmichael Park**

Every first Thursday of the month from 5 to 8 p.m. (July will be held on July 10) food trucks hit Carmichael Park, 5750 Grant Road.

#### The Sacramento Capitolaires meeting

A men's Barbershop Harmony group, meets every Tuesday night at 7 p.m. at Pilgrim Hall (Sierra Arden United Church of Christ), 890 Morse Ave., Sacramento. Info: www.capitolaires.org, call 888-0877-9806, or email info@capitolaires.org

#### **Soroptimist International of Sac**ramento South meetings

A service organization dedicated to insure the status of women and girls, the group meets at Aviator's Restaurant, 6151 Freeport Blvd. for lunch and to discuss the day's topic. Meets the second and fourth Tuesday of each month at 12:15 p.m.

#### SEPTEMBER

# The Mission Oaks Computer Club

Sept. 11: From 1 to 3 p.m. at Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. The meeting will include a problem-solving clinic, led by Adam Lacey of Applications, Etc. First-time visitors are welcome. For additional information visit our website at www.missionoakscomput erclub.org or send an email to mocc@missionoakscomputerclub.org.

#### **Colonial Heights Park movie night** Sept. 12: Movie under the stars at Colonial Heights Park, starting at 7 p.m.

#### Knit Together! - Pocket Library (Adult)

Sept. 12: Carrie Parker a Pocket-Greenhaven resident and self professed knit-aholic is bringing her needles to the library at 1 p.m. Anyone interested in knittingeven an absolute beginner--is invited to join us. Participants can learn to knit get help on current projects or general advice from expert knitters. There might even be some great conversations too. Don't forget to bring your knitting needles and yarn! Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Dr.

#### **Sacramento Play Summit**

Sept. 13: The Sacramento Play Summit will be held from 9:30 a.m. - 4:30 p.m., at the Central Library, 828 I St. Dr. Stuart Brown, founder of the National Institute for Play and author of "Play: How it Shapes the Brain, Opens the Imagination, and Invigorates the Soul," will be a featured keynote speaker. Early bird registration is avail able through Aug. 31: \$35 per person; \$25 students, seniors, members of Fairytale Town, Friends of the Sacramento Library, and ScholarShare account holders. General registration begins Sept. 1: \$45 per person; \$35 students, seniors, members of Fairytale Town, Friends of the Sacramento Library, and ScholarShare account holders, www.fai rytaletown.org, 808-7462.

#### Sacramento's Farm to Fork Week 2014

Sept. 13: On Saturday, Sept. 13, from 5 to 8 p.m., kick off Sacramento's Farm to Fork Week 2014 with a communal commitment to end hunger in our region. This sit down dinner for 150 features appetizers and a dinner menu from the best local farms and producers. Your ticket buys two meals - one for you and one for a neighbor who has experienced food insecurity. Trinity Cathedral Church, 2620 Capitol Ave. For more information, and for dinner tickets visit: Farmto-Every-Fork-Sacramento,Eventbrite.com

Calendar Continued, page 25

#### 13th Annual Aging Well Health Fair at the YMCA

Sept. 17: From 9 to 11:30 a.m., participate in fun workshops for older adults, and learn from local vendors about nutrition, health, fitness, diabetes prevention, health care, dance, art, animal adoption, housing, childcare services, gardening, transportation communication, legal services, volunteerism, and more. 2021 W St.

#### Dealing with College Stress @ **Pocket Library (Teen)** Sept. 17: Applying to college is stressful

but there are many ways to make the pro cess easier. Good preparation can be the key. On Sept. 17, at 6:30 p.m., hear how to make a plan for the 12 months leading up to the application deadline and get insight into what is causing the stress for both stu dents and their parents. Learn how to balance the many worries pressures and concerns of the entire application process and senior year such as extracurricular activities parental expectations academic requirements and not knowing where you will be accepted. Walk away with insights that will enable you to enjoy your senior year of high school. Space is limited so please register online at www.saclibrary.org or call 264-2920. Registration is required. Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Dr.

#### Genealogical Association meeting announced

Sept. 17: The Genealogical Association of Sacramento will welcome Janice Sellers to their meeting. The title of her lecture will be, "They died in San Francisco," The meeting is held in the Belle Cooledge Library at 5600 South Land Park Dr. The doors open at noon. The public is welcome. Please join our group for an interesting afternoon. Questions email melnesia@comcast.net

#### **Embroiderers' Guild of America** meeting

Sept. 17: Join the Embroiderers' Guild of America Camellia Chapter at 6:30 p.m. at the Carmichael Park Veterans' Hall, 5750 Grant Ave., Carmichael, for our annual sal-

ad potluck. Bring a salad to share and any edlework items you want to include in the stash swap. Guests welcome. Free. 961-3558.

#### **Recruitment coffee hour: Become** a Casa Garden volunteer

Sept. 18: Combine community service with fun as a volunteer with the Los Ninos Service League by working in the dining room, kitchen or garden at the Casa Garden Restaurant. Since 1974, the Casa, located in the Curtis Park neighborhood, has been raising funds to help support the Sacramento Children's Home. For more information, come to "recruitment coffee" on Sept. 18 at 9:30 a.m., at 2760 Sutterville Road, Sacramento, RSVP at 452-2809.

#### Food truck festival at Garcia **Bend Park**

Sept. 19: Enjoy food from various food trucks at Garcia Bend Park, 5 to 8 p.m. 7654 Pocket Road.

#### Knit Together! - Pocket Library (Adult) Sept. 19: Carrie Parker a Pocket-Green-

haven resident and self professed knit-a-holic is bringing her needles to the library at 1 p.m. Anyone interested in knitting—even an absolute beginner--is invited to join us. Participants can learn to knit get help on current projects or general advice from expert knitters. There might even be some great conversations too. Don't forget to bring your knitting needles and yarn! Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Dr

#### Talk Like a Pirate Day

Friday, Sept. 19: From 10 a.m. - 2 p.m., join Fairytale Town in celebrating international Talk Like a Pirate Day. Learn pirate vocabulary, songs of the seas and tales of adventure on the high seas at "Pirate Skool," presented by the Pirates of Sacramento, Weekday admission is \$4.50 for adults and children ages 2 and older. Children ages 1 and younger are free; www.fairytaletown.org or call 808-7462.







Saturday, September 27th, 7:30 p.m. Lutoslawski, Little Suite

Tchaikovsky, Variations on a Rococo Theme with Susan Lamb Cook

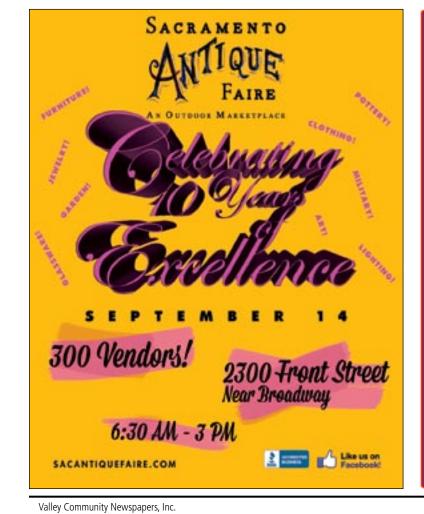
Beethoven, Symphony No. 3 in E-flat Major, Op. 55 (Eroica) Free Family Concert

Sunday, September 28th

1:00 p.m. Instrument Petting Zoo & Arts FUNSHOP

2:00 p.m. Concert will be held at the Sacramento City College Performing Arts Cen

www.CamelliaSymphony.org or 916.929.6655





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**DUNNIGAN** 

# Hall of Fame:

Continued from page 21

a game and a half of winning five titles in six years.

Baseball hall of fame inductees include Dion James riority. (80), Jon Leake (81), John Mikacich (84), Greg Chenu (86), Pat Zalasky (88), Aaron Fuller (89), and Pat Wallace (89). Wallace would earn All-City honors in soccer, basketball, and baseball as a senior.

Boys'basketballwouldalso rebound strongly through en Henderson ('88), Krista the 80's with the 1988 team Margetich ('88), Charmian winning 20 games and two Coombs Tallman ('89), and

a tournament and finished high in the Metro League under coach Harvey Tahara. They were building for the 90's, a decade of supe-

The 80s would produce outstanding female athletes who were nurtured by 1970s/1980s softball and soccer leagues, and local swimming and tennis clubs. Maureen O'Conner Nowak ('83), Shannon Padovan ('86), Kartournaments. The 1989 Tammy Olson Rocco ('89)

Sunday, September 21, 2014

team went to Hawaii to win are Hall of Fame inductees

Asian youth basketball would begin to produce a long series of male and female athletes throughout the decade. Last year's inductee Jeff Ota ('79) would be the first, and the 80s would produce Bonnie Lee ('82), Čary Kushida ('83), Gayle Ichio ('87), Pat Wallace (89), and many star players of the 87-88 Metro League champion girls' bas-ketball team. The 90s would have many more.

Girls' basketball would continue to develop, when in 1987-88, the girls team, under Hall of Fame inductee Charlie Becker, would win their first Metro League championship. Hall of Fame inductees Margetich ('88) and Sundae Brooks ('89) would lead the team in scoring and rebounding.

Guard Allison Okubo led the team with 119 assists. Krissy Sakamoto, Ingrid Collins, Tracy Uda, Heather Iohnson, Ćorine Onga, and Tammi Smith all contributed nightly. Melanie Conti, Rochelle Nada, and Kristina Moy rounded out the team.

Overall the team was 18-8 and they won the Metro League with an 11-3 record. All-Metro League Brooks would lead the Lions in scoring and rebounding. "Brooks was everything a coach was looking for in a player. She could rebound, shoot, and play multiple positions. She was also a team leader."

Brooks would lose most of her senior year with an injured ankle. Margetich would be All-Metro in both basketball and softball, and be the first player in McClatchy history to play in two Optimist All-Star games: basketball and softball.

Other outstanding members from the '80s' include Eric Ross ('80), Leake ('81), and Russ Ortega ('85) for basketball; Kevin (KC) Clark ('82), Mikacich ('84), and Jeff Chenu ('88) for football, and Randy Gregson ('88) for golf. Fifteen athletes from the 40s thru the 70s will also be inducted.

Last chance to get tickets!!! The CKM Sports Hall of Fame expects to sell out by the last week in September. Go to restoretheroar.org for information or call Bob Sertich at 441-0657 for ticket availability.



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The "Didion House" in Poverty Ridge! 4 bedrooms 2 full baths and 2 half baths with 3rd floor media room that features stateof-the art equipment. Turn of the century woodwork and detailing; new kitchen and full basement. Beautifully updated while reserving the home's original quality and style! \$1,395,000

SHEILA VAN NOY 505-5395



#### **FACING CURTIS PARK**

Beautifully updated 3 bedroom 2½ bath two story home located on East Curtis Drive that features a lovely pool. Fabulous kitchen with granite counter tops, updated appliances and island with adjoining family room overlooking the pool. Spacious master suite too! \$709,500

SHEILA VAN NOY 505-5395



#### **WONDERFUL S. LAND PARK**

Sharp 3 bedroom features new roof, floors, granite counters and master bath remodel. Nice location close-in, with easy access to both 99 and I-5. Screened-in Florida room for relaxing with those Delta breezes. Family room / kitchen / dining area, and generous sized living room with fireplace. \$345,000

**MIKE PUENTE 395-4727** 



#### **SPACIOUS LAND PARK**

Charming 3 bedroom 2 bath home! Pretty random plank flooring, nicely appointed living room fireplace and dining room large with fireplace, great for game room or additional living space. Large shaded backyard! \$598,000

**PAULA SWAYNE 425-9715** 



#### **4 BEDROOM HOME**

Super clean, close in, and ready to go! Hard to find 4 bedroom home with 21/2 baths in Land Park! Energy efficient and beautifully enough to host holiday meals. Very large finished basement maintained. Conveniently located, an easy walk to Land Park, Vic's Ice Cream and Crocker Riverside Elementary School. \$325,000

> **SHEILA VAN NOY 505-5395 ERIN STUMPF 342-1372**



#### **SOUTH LAND PARK GEM!**

3 bedrooms 2 baths plus a bonus room and potential for an additional half bathroom. With new heating and air systems in 2013, and new roof in 2009. Hobbyists and woodworkers will LOVE this oversized, fully insulated garage with dedicated 220v outlet. Lots of storage! \$319,900

**KELLIE SWAYNE 206-1458** 



#### **WALK TO CURTIS PARK**

home along with a remodeled kitchen, 2 new baths, updated wiring and tankless water heater. 3 bedrooms 2 baths, upstairs master suite with walk-in closet, new HVAC, deep lot, detached garage with workbench, and fruit trees. \$399,000

**CHRIS BRIGGS 834-6483** 



#### **FABULOUS SOUTH LAND PARK HILLS**

Adorable updated Tudor cottage with all the charm of 20's era Mid-century contemporary with fabulous updates. Fantastic floor plan, spacious rooms and a great layout; perfect for entertaining. 3 bedrooms 21/2 baths, new kitchen opens to family room and a huge skylight fills it with light. Wood floors - beautiful lighting - great detailing! Tons of storage space. \$564,500

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