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Vic's CLOSED, now what?



Over the Fence columnist Greg Brown discusses the store's slow decline (see page 2) and VCN's historian Lance Armstrong researched the building's storied past (see page 4)

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Missing Yorozu sign leaves a hole in the history of the old Riverside Boulevard gift shop

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Over the Fence

with Greg Brown

By GREG BROWN
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Camellia Waldorf plans move to CP Huntington campus

Camellia Waldorf School, a private Waldorf elementary on Freepoint Boulevard, is currently looking to move on over to the closed down CP Huntington public school campus in the Brentwood neighborhood.

Camellia Waldorf has been at the current site on Freepoint Boulevard for 25 years. They started out by renting one room from the storefront and that was their kindergarten. They have grown over the years to include a toddler program through eighth grade.

According to school administrator Ardyth Sokolor, "It was never intended to

be a long term site, but it has worked nicely. At this point, it's just not large enough."

They are very interested in moving to the former CP Huntington campus and are working with the Sacramento City Unified School District to get it finalized. "It's just a matter of process," Sokolor said.

They are very interested in increasing their enrollment, but the space they are currently in is just not big enough.

The classrooms are small and they need more space for things like a woodworking studio, art space, and a strings room for an instrumental music program.

"We do more space sharing than we really would like," Sokolor said.

"Our teachers want larger classrooms because one

of the things that is unique about a Waldorf education is the children aren't just sitting at their desks doing worksheets. They integrate a lot of movement and games and outdoor space and it would be wonderful to have more room."

The grounds at the current site are all about the outdoors and nature. The children help to take care of the animals and they also have chores. The development of a strong will and work ethic is very important to a Waldorf education.

They use different types of play structures which means they'll have to transform the CP Huntington school grounds from a mainstream

Over the Fence:

Continued from page 2

public school to a Waldorf private school.

That's where the permits and red tape come into play.

Camellia Waldorf has made efforts to inform parents of their proposed site relocation. They've had quite a few parent education offerings to let the parents know why they are interested in moving and why they think CP Huntington works well for them.

They have also reached out to the Brentwood Neighborhood by canvassing the neighborhood and have had members of the Brentwood Neighborhood Association tour the campus and learn what a Waldorf education is all about.

"We also like the idea of being in a neighborhood instead of a shopping center. Community is an important part of who we are and what our parents are looking for and what we instill in our children. It's very attractive to us to be in more of a community setting like that," Sokolor said.

What will happen to the building and area Camellia Waldorf will be vacating?

Over The Fence has learned there have been some preliminary

discussions to house a Safe Ground facility on the 4.6-acre Camellia Waldorf campus when the school relocates to the CP Huntington site. Stay tuned.

VIC'S IGA GOES BELLY UP

Vic's IGA, the supermarket with the zig zag roofline that anchors the South Hills Shopping Center, has filed Chapter 7 bankruptcy and closed its doors.

Vic's Market, which was originally a Jumbo Market designed by architect Sooky Lee back in 1968, has seen better days.

When I went by the tattered old market, the parking lot was empty, the trash cans were overflowing with garbage, and the two trees in the big blue pots were dead.

The big red and worn Vic's sign had some damage that was being held together with duct tape. The "Under New Management" banner was still up, too. It was a sad scene.

Potential shoppers were trickling by asking, "Is Vic's closed?"

Folks stopping by told me things like, "I knew something was up when the shelves were nearly empty."

Another patron said, "the store used to be fully stocked. You go in there now, and you don't know what you're gonna get."

Meat shouldn't be green and lettuce shouldn't be brown.

Sometimes that is what customers would get. A lot of the items were past the "best if sold by" date.

Vendors were stopping by the shuttered market, too. Donald Miller, who boasted he had 51 years in the grocery business, said, "I saw it coming. Bottom line. They didn't know how to run a grocery store."

Miller, who works for Acosta Sales and Marketing added, "If the right person comes along, they could make a go of this store."

Shoppers were trickling into the vast parking lot and peeking in the door that had the "Hometown Pride" sticker on it when they found out about the store closure.

One patron asked, "Is it closed for good?"

Another person added, "I'm not surprised."

Vic's customers thought something was up and would ask the owner, who's first name is Kumar, "What's going on?" Kumar would tell

people they were "remodeling and waiting for new equipment to come in."

Bob Montenegro was peeking in the store window when he said, "I've been coming here for years, all the old employees are gone." He added, "the last couple of months I stopped coming here because they had no bread or milk."

The closing of the Vic's also effects the two businesses that were sub leasing space from the owner; Beijing Wok and Good Eats Southern BBQ. An employee at the Beijing Wok was busy packing up bags of rice, peas and carrots and didn't want to talk about the store closing. They were in a hurry moving their products out before the creditors came.

Eric McFadden, the owner of Good Eats Southern Bar-B-Q said, "On Monday, the doors were locked and foamed; I couldn't get into my own business."

Eric said, "I knew something was going on." The owner had told him and everybody else they were planning a remodel of the store and that was the reason for the half-empty shelves.

While I spoke to Eric, his business partner Dawn Sirstad was running out to rent a U-

Haul truck. They were in a hurry to move out all their restaurant equipment before the doors were locked and foamed again.

McFadden was annoyed at the situation but was already making calls to move Good Eats BBQ to a nearby location.

Good Eats BBQ, which gets rave reviews on Yelp for their old fashioned comfort food, may move into the empty Brick Oven Pizza building located on the right side of the shopping center.

His goal is to open very soon and have "The Big Mama Grill" BBQ-ing ribs outside the joint. He is currently in negotiations with the property management company which also manages Vic's and the entire right side of the shopping center.

Good Eats would give some life to that side of the shopping center which recently lost Erawan Thai Restaurant. Erawan moved over to Freepoint Boulevard.

Vic's Market closing leaves a big hole in the historic South Hills shopping center. Hopefully, a higher quality market can move in while keeping the original architecture of the building intact.

Got a local neighborhood news story? Email Greg@valcomnews.com

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4920 Flora Vista Lane \$439,000

Vic's IGA Market closes after 18-year run

By LANCE ARMSTRONG
Lance@valcomnews.com

Vic's IGA Market in the South Hills Shopping Center in South Land Park has permanently closed.

The 40,000-square-foot market, which operated at 5820 South Land Park Dr., had opened its doors to the public in 1996. And those doors were closed for the final time on Sunday, March 1 in preparation of the business's Chapter 7 bankruptcy filing.

During an interview with this publication on Sunday, March 8, bankruptcy attorney Pete Macaluso said that Vic's would be filing for bankruptcy during the following day.

And in addressing the topic of the closure of the store, which is owned by A.L. Groups, Inc., Macaluso, a longtime local resident who graduated from John F. Kennedy High School in 1976, said, "They can't



Photo by Monica Stark / editor@valcomnews.com
Shown here is the front of the Vic's market. Still hanging on the front of the store was an "Under New Management" sign. The sign has been up for over a year and just this week the store filed for Chapter 7 bankruptcy. Neighbors are asking, what next? Some have started petitions to bring Trader Joe's to fill the spot.

See Vic's, page 5



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Vic's:

Continued from page 4

go back (to operating the store). Look at the competition and the environment. Smart and Final (at 7205 Freepoint Blvd.) was the last straw. (That store) opened a couple months ago within four miles (of Vic's). You have the two Bel Airs and Nugget (Market, which) have historically been players in the game. You have down on South Land Park Drive, (by) the zoo, there's that kind of upscale market, (Sprouts). Then you have Grocery Outlet (at 6419 Riverside Blvd.). So, this guy just cannot compete given the lease he has. This complex went through a series of (Americans with Disabilities Act) lawsuits four or five years ago, which caused a couple other of the people in the area to go bankrupt, as in Brick Oven Pizza. And coming out of that (situation), the leases haven't been made any better for the tenants. And because of that (point), he just cannot keep losing money every month.

"Unfortunately given the economic competition and environment, and given the bad lease that he has, there's no opportunity to renegotiate and reorganize. He's just got to take his losses and go on and do a new job. He's going to go on and find an employee job somewhere.

"It's unfortunate. He didn't want to do the bankruptcy. Sometimes you just can't help. But given his age, at this point in time, people have to look at how old they are. Are they going to make their retirement or are they going to spend 10 more years paying off their bills and have no retirement? Sometimes bankruptcy is the only smart economic decision."

Macaluso also mentioned that prior to the closure of the South Land Park Vic's, the store's employees were paid in full and all taxes were paid.

And he added, "(Good Eats), the barbecue place inside the store, (is) moving around the corner, (and Beijing Wok), the Chinese restaurant (which also operated inside the store), has two other locations."

Vic's was only the second business to operate at this South Land Park location.

The other business was also a grocery store - Jumbo Market.

Jumbo Markets

That South Land Park building opened in 1968 as the new location of store No. 4 of the Jumbo Market chain, which eventually included 11 stores from Jackson to Dixon. The first Jumbo Market was opened at 2355 Florin Road in 1961.

And heading the market at that time was Ben Mar, president; and Harry T. Wong, vice president.

Ben was not new to the grocery business, as he became the manager of State Fair Market at 3222 Stockton Blvd., near the old State Fair grounds, in 1951.

A 1954 advertisement for that market includes a photograph of Ben and the words: "Ben is just a little guy who runs a big market and does a very good job of it. Shop in the State Fair Market and see for yourself."

After a decade of managing State Fair Market, Ben witnessed the opening of the first Jumbo Market, which had its large business sign placed at the Florin Road site in September 1961. The sign, which cost about \$1,600, was created



Photo by Monica Stark / editor@valcomnews.com
Good Eats, a popular southern food restaurant which was located inside of Vic's, is reportedly moving around the corner and hopefully will be opening up soon.

by the Ad-Art Sign Co. of Sacramento.

A second Jumbo Market opened at 7870 Florin Road in about 1964, and Jumbo Market Store No. 3 at 2711 El Camino Ave. made its debut about two years later.

Also involved in the early operations of Jumbo Market was Joe Mar, manager; Raymond Mar, clerk; and Thomas Mar, buyer.

The featured South Land Park Drive building was built to house Jumbo Market No. 4 in 1968.

The project's architect was Sooky Lee and the contractor was John F. Otto, Inc.

A building inspector's card, dated May 14, 1968, recognizes the construction cost of the two-story grocery store building as \$419,000.

The building passed its final inspection on Dec. 3, 1968.

In 1989, five of the last seven Jumbo Markets were sold, and with the 1996 sale of the business's South Land Park Drive store, there were no more Jumbo Markets in operation.

As for the original Jumbo Market location at 2355 Florin Road, it was replaced by The Food Depot on Nov. 28, 1994. The store site is presently home to Mi Rancho supermarket.

Vic's IGA Markets

The final Jumbo Market store on South Land Park Drive was purchased by Vic and LaReece DeStefani and operated as a Vic's IGA Market. The couple already

See IGA Market, page 6

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IGA Market:

Continued from page 5

owned a Vic's IGA Market at 1330 Fulton Ave.

IGA, which stands for Independent Grocers Alliance, is self described as an organization "founded in 1926, bringing together independent grocers across the United States to ensure that the trusted, family-owned local grocery store remained strong in the face of growing chain competition." In addition to its American presence, IGA is also represented in more than 30 countries, commonwealths and territories.

The first Vic's IGA Market opened at Florin and Power Inn roads in 1983, and the Fulton Avenue store opened at the former site of an Alpha Beta store two years later. The latter named Vic's store remained open until 2007, when it was purchased by Jagtar Kandola, owner of the Zinfandel Grille restaurant, at 2384 Fair Oaks Blvd.

Another Vic's store made its debut at 9249 Folsom Blvd. in 1986.

At their height, Vic's IGA Markets were located at seven sites from south Sacramento to Folsom.

Vic, whose parents were immigrants from Italy, sold his last grocery store in the Village Shopping Center at 9580 Oak Ave. Parkway, Suite 4 in Folsom in 2010, but continued to work at that store for another year, at which time he finally retired at the age of 82.

That departure from the Folsom store concluded Vic's 64 years of working in the grocery business.

Vic, who was raised on a farm near Stockton, began working in the produce side of a grocery establishment in Manteca following World War II, and he worked his way to the vice president role of grocery stores in Fairfield and Stockton.

Associated with the Vic's on South Land Park Drive was

the Vic's Market Bakery, and well known at the bakery was baker Charlie Wong's coffee toffee crunch cake, which was topped with coffee-flavored whipped cream.

The DeStefani era of Vic's IGA Market on South Land Park Drive ended in October 2007, when the store was sold to Jay Saini, who was making his first venture in the grocery vending world.

With the 2007 sale of that store, Vic then-owned only one store – the aforementioned Vic's IGA Market in Folsom. That location of Vic's was replaced by Boom Supermarket, which operated at that site from April to December 2014. The closure of the South Land Park Vic's store, which began operating under new ownership in 2013, will obviously leave a void in the South Hills Shopping Center.

Macaluso said that there is presently no plan for what business would fill the vacancy at the old supermarket site.

Open letter to councilmember Schenirer about South Hills

In follow up to the recent thread about the management of Vic's IGA Market, neighbor Rick Williams shared on NextDoor Greenhaven a letter he wrote to the South Land Park Neighborhood Association and Councilman Jay Schenirer 2 and a half years ago about the vagrancy at the South Hills Shopping Center. Rick writes: "To those of you who have voiced their concerns about the banners, smoke paraphernalia and overall poor management at Vic's, please feel free to use my letter as a template. Here is the text as follows:

"South Land Park Neighborhood Association" P.O. Box 22903 Sacramento, California 95822

"Dear SLPNA:

"I would like to call the attention of the South Land Park Neighborhood Association (SLPNA) to the increasing problem of vagrancy, loitering and panhandling at the South Hills Shopping Center. I appreciate the SLPNA's efforts in advocating for façade improvements and the rehabilitation of the former Old Neptune's Table restaurant in the southern portion of the shopping center.

"I happen to live around the corner from the South Hills center and I have been a frequent patron of the post office, restaurants and other neighborhood-oriented businesses located there. However, I have noticed an increasing number of vagrants and panhandlers during my visits. Vagrants congregate in the courtyard adjacent to Vic's as well as directly behind the store. One fellow in particular has been quite annoying and is known to loiter, badger and panhandle in front of Vic's IGA and Mike's Liquor Store regularly.

"Here are some measures that I would propose and recommend that the SLPNA pursue as a course of action:

- Relocate the recycling center to the light industrial area across from the Sacramento Executive Airport along Freeport Boulevard;
- Persuade the shopping center owners and management to hire a private security service to patrol during business hours;
- Clean up the area behind Vic's IGA Market to discourage vagrants; and
- Advocate aesthetic and façade improvements to Vic's IGA Market and the other parts of the center to be consistent with those already implemented.

"This shopping center has served the South Land Park neighborhood for 50 years. The property owners, management and businesses should not take the neighborhood and patrons for granted by allowing blight and vagrancy to fester. I believe that relocating the recycling center and hiring a security guard would be a good start. I personally have nothing against recycling centers or people redeeming recyclables for cash; however, I do not think the South Hills Shopping Center is an appropriate location for such activity.

"Therefore, I urge the SLPNA Board to bring these issues to the attention of the owners and management to be remedied. Should you have any other questions about this matter, please do not hesitate to call or email. Thank you for your assistance and advocacy. Sincerely,"

More details revealed surrounding the mystery of the decapitated animals

By MONICA STARK
editor@valcomnews.com

Tucked behind the soccer fields at Reichmuth Park belies a woodland area with an entry that is easy to miss, but if found, welcomes wanderers to a pristine and extensive nature area where some people in the past have hung swings from trees and have arranged fallen logs into rows of benches. During a typical winter, the area floods, hence all the bushes and trees.

It's a hidden, local treasure that has most recently been exploited as ground zero for five out of the 11 locations where authorities have reported finding decapitated animals. Front Street Animal Shelter Director Gina Knepp, a Hollywood Park resident, has been on the case since the first animals were found, beginning last year with a 120-pound cow's head at Reichmuth and another one last December at Garcia Bend Park.

In The Sacramento Bee and during television news interviews, Knepp has mentioned that the mutilations have resembled religious practices. In speaking with this publication, she said the best example of this was along the Sacramento River around the 5800 block of Riverside Boulevard where there were several beheaded chickens, five \$1 bills splattered in blood, and a paper plate with strange oils on it. (There was) an offering of food, like a cornmeal cake. Google 'Santeria.' It is religion. (The mutilations) have the appearance of some type of religion, possibly from Afro-Caribbean practices like Santeria, or Macumba, which has a similar practice in Brazil. You will see that activity in the Haitian community and Sacramento is one of the most diverse cities (in the country)."

Taking heed on that lead to "Google 'Santeria,'" a 2009 British Broadcast Company cultural report on Santeria, can be found online which discusses the Afro-Caribbean religion and animal sacrifices as one of its primary practices. "Animal sacrifice is central to Santeria. The ani-

mal is sacrificed as food, rather than for any obscure mystical purpose. Followers of an Orisha (a manifestation of a god or gods) will offer them food and sacrifice animals to them in order to build and maintain a personal relationship with the spirit. The process not only brings the worshipper closer to their Orisha, but makes them more aware of the presence of the Orisha within them.

"This is a mutual process; the food is essential for the Orishas, who will die without being fed, and in return the Orishas are able to help the worshippers. Orishas are also nourished by other forms of worship and praise. Sacrifices are performed for life events such as birth, marriage, and death. They are also used for healing. Without sacrifice the religion would die out, as sacrifice is essential for initiation into the faith community and the ordination of priests.

"The animals are killed by cutting the carotid arteries with a single knife stroke in a similar way to other religious methods of slaughter. "Animals are cooked and eaten following all Santeria rituals (except healing and death rites, where the sickness is believed to pass into the dead animal). Eating the sacrificed animal is considered a sharing with the Orisha, who only consumes the animal's blood, while the worshippers eat the meat.

"Sacrificial animals include chickens (the most common), pigeons, doves, ducks, guinea pigs, goats, sheep, and turtles.

"The USA Supreme Court has stated that it is constitu-

Timeline of animal remain findings

- Jan. 8: Decapitated goat – Reichmuth Park
- Jan. 28: Several bags of decapitated chickens – Reichmuth Park
- Feb. 1: Decapitated tortoise – Reichmuth Park
- Feb. 17: Decapitated lamb – Reichmuth Park
- Feb. 21: Several bags of decapitated chickens – Reichmuth Park
- Feb. 25: Two adult and four offspring decapitated goats – Sulley and Claire Ave/North Sacramento (may not be related)
- Feb. 27: Decapitated baby goats – 19th and V streets
- March 2: Decapitated chickens, bloody money, cornmeal cake – bike trail 5804 Riverside Blvd.
- March 2: Decapitated chickens – 1925 U St./midtown
- March 3: Decapitated rabbit, chickens, tea lights
- March 4: Decapitated chickens-19th and W streets (near the YMCA)

(Courtesy of Gina Knepp, City of Sacramento Animal Care Services Director)

tional for Santeria worshippers to kill animals for such a ritual sacrifice."

In the interview with this publication, Knepp reiterated that constitutional right, stating: "Animal sacrifice is not illegal," but, she added, "a protracted act of suffering during a sacrifice is illegal."

To determine the level of suffering, however, intensive necropsies would be required, but she hopes the perpetrator will be found. "We need someone to turn somebody in." Complicating the findings is when animals, like the rabbit which was found at 20th and X streets, have been dead for awhile, Knepp said.

As with the mutilations cases in Sacramento, officials aren't certain if the animals were beheaded before or after they were killed. The cuts appear to have been made with a saw and do not appear to be precise and, the fact some bodies of animals are found without the heads leads one to question

the application of religious practice here, as the BBC report and other sources indicate eating the animals and leaving the blood for their supreme being is the traditional approach.

The question still remains, why were remains left in bags in public view?

On Feb. 27 at 19th and V streets, two baby goats were found. "They were young enough to fit in a Raley's brown paper bag. They were both decapitated and the heads were left behind. It's clear that none of the killings are occurring at the locations where we find the animals," Knepp said.

Every once in a while, Knepp said discarded farm animals are found, but to her knowledge, officials have not seen this practice to this extent ever in Sacramento. "I've been checking with staff (who have been here longer) and they have never seen quite so many. In my travels, in working this case, I've learned about a

high amount in Florida. In Miami, they have to pick up sacrifices every day. I'm so glad we are not there."

Anyone with information about the cases is asked to call the City of Sacramento Animal Care Services at 808-8333.



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Missing Yorozu sign leaves a hole in the history of the old Riverside Boulevard gift shop

By **MONICA STARK**
 editor@valcomnews.com

On the heels of the transition from Oriental gift shop to kids dental office, last July the Land Park News reported about the disappearance of the 1968 Yorozu cabinet sign and questioned its whereabouts. More than six months later the beloved Yorozu is but a Land Park memory, as no sign of its existence remains at 2615 Riverside Blvd. With a large scale underwater mural painted over the Target side of the building and the more historic "blade sign" in guardianship at the Center for Sacramento History's McClellan storage facility, the question still remains: What happened to the 1968 Yorozu business sign?

"It disappeared and no one's gotten back to me regarding where that one went. Originally it was going to come down with the older blade sign," South Land Park resident and Sacramento Mid Century Modern president Gretchen Steinberg said in an interview with this publication on Jan. 26.

The Yorozu closed after the death of longtime owner Eugene Hirohisa Okada who died in his sleep after battling prostate cancer on Sept. 21, 2012. The Yorozu store was the place in town to buy Japanese gifts, be it magazines, dishware, or origami. The store remained open until all items had been sold and proceeds gone to his estate: Okada's older sister, Agnes.

Discussing her suspicions regarding the location of the 1968 Yorozu sign, Gretchen said: "I think it happened while the building was worked on, whether it was during deconstruction. We were going to try to find a good home for it, so we were sad it was missing. Also a woman contacted me and said her father made the red, wooden arch that was in front of the Yorozu. She said her father had designed it and so (building owner Mike Yuras) let her have that. He didn't just throw things away. He was thoughtful about where things were going to go. It would have been nice to have the historic blade sign still in the back, but it didn't go with his tenant's redesign. So, the signs had to come down. The outcome - he was thoughtful. He was generous in donating the Yorozu blade sign to the Center for Sacramento History. He's been exceptional with us, considerate. He was thoughtful with his management of the historic pieces on that building.

"(Mike Yuras) had a lot of people approach him actually about the sign-- people who deal with old signs, people who deal with old signs for a living. They wanted to purchase it. And he opted to donate it to the Center for Sacramento History. So I consider that a good thing. The fact that he chose not to sell it was respectful and a good outcome."

A representation of the history of the business, the blade sign is perhaps a

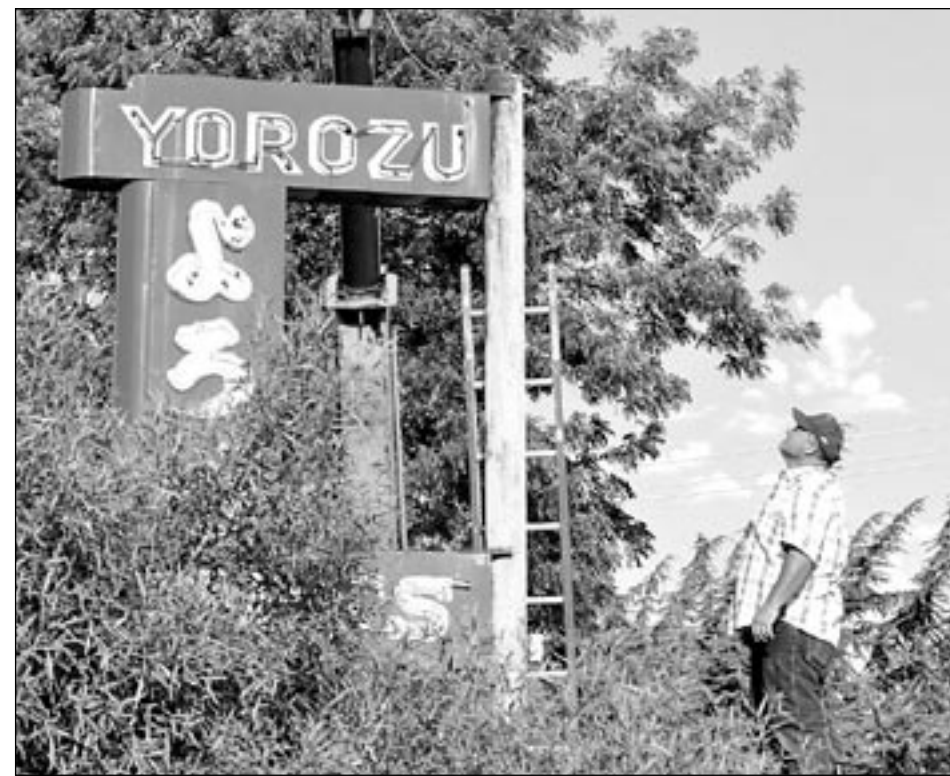


Photo by Monica Stark
 During the demolition of the old Yorozu Oriental Gifts shop on Riverside Boulevard, preservation efforts were underway to protect the two business signs. The newer 1968 "cabinet sign" went missing, while the older "blade sign" is currently stored at a storage facility at McClellan Air Force base under the care of the Center for Sacramento History.

symbol of the hardship Okada himself faced because of the internment and the forced relocation.

In the Feb. 5 edition of the Pocket News, historian Lance Armstrong wrote that the Japanese community, also known as Japantown, was lost twice in its history, with the first time being to the World War II internment, and the second time to redevelopment. Lance writes: "Although Japantown was eliminated for the final time through the redevelopment project that led to the establishment of Capitol Mall, a new Japanese section was established in the vicinity of 10th Street, between T and W streets."

Okada, whose gift shop was previously located in Japantown on Fourth Street between M and N streets, however, relocated the Yorozu to Riverside Boulevard in 1968 at which time re-erected the blade sign as well as put up the newer cabinet sign.

The Yorozu, a site of interest at the 2013 Mid Century Modern home and business tour, Gretchen said was vacant at that time.

"When (Okada) came back (from the internment camp), (the government) said, you gotta move. Japantown

See Yorozu, page 9

Yorozu:

Continued from page 8

is no more. So, he moved down here, and the (blade) sign is almost a symbol of what he went through. It was in very good shape considering (the move)."

Like many of the city's legacy signs, as previously mentioned in this article, the Yorozu blade sign is tucked away in a Sacramento County Historical Society storage facility, located at the McClellan Air Force base.

Though tucked away safely, the signs are not in view to the public, but Gretchen said there is hope that one day there can be a venue for the public viewing of old legacy signs. "There are a lot of models in other cities (including) Tucson, and Las Vegas. (Las Vegas) actually put them on poles and has them publicly displayed on certain thoroughfares. Of course, Las Vegas has a neon museum. That's kind of a graveyard approach, and that's better than not being able to be seen at all."

The ideal situation from a preservation standpoint, Gretchen explains, is for the signs to remain on the structure even as businesses change. Describing the levels of protection of preservation, Gretchen said, "When we see a sign that's in place, we see it as an asset to the building to which it is attached, but the reality is sometimes the signs have to come down and you have to go through the stages of loss of what's most acceptable for that sign's particular parameters and realities. So sometimes it's a win to get it moth-balled. It's better than it being destroyed. Sometimes these signs go places and I know where they are, but I can't say where. I'm tracking some signs. Some that are considered lost may resurface. Some signs are considered gone forever, but someone protected them."

Gretchen's dedication to protect legacy signs of Sacramento begs the one-word question, why? Unfortunately the reason is not all peaches and cream.

"When they started coming down, people started documenting them, rather than just taking them for granted," she answered.

She's been documenting some of Sacramento's signs since 1999, and more recently she's been inspired by friends on Flickr, recognizing the work of national and local photographers and by writ-

ers like Land Park News' Greg Brown who recently wrote about the Gem Auto Wash sign on Freepoint Boulevard.

With a core of people documenting the signs, Gretchen decided to make a group called "Signs of Sacramento", a repository of existing and no longer existing signs. "And, I cast a wide net. That's the first start: developing appreciation."

In the Land Park area Gretchen said, in regards to the classic neon Trails Restaurant sign, which reads, "Trails Charcoal Broiler Lunch Dinner," she spoke with the new owners of the building which will soon open up as Shoki's Ramen House. "We are happy that their intentions are to keep the legacy sign and reintegrate into the design. There are Japanese dishes that are charcoal broiled. It's creative and I think he likes the western theme too. I think they are fond of the sign and they plan on keeping it."

"There's another sign that's in a pickle. Quick Lunch. It's on Broadway. It's subtle. It hasn't been illuminated in a very long time. There's a new business there. They have been ordered by the city to remove that sign. (As a) medical marijuana dispensary, they are not allowed to have illuminated signs, nevermind that the sign hasn't been illuminated in years and doesn't say the name of the business. It's just a legacy sign that happens to be sitting there. The irony is if what seems to be the trend is that the Broadway corridor is becoming a whole slew of legacy neon signs, and new ones are coming up. So the first one you see, the western most sign, is Quick Lunch. It would be a shame to lose that one because if Broadway does become a celebrated corridor, that one would be the very first one that you would see when you come over from West Sacramento."

Of course, Tower Theatre's neon sign is historically protected sign as it is attached to a historic building. "And everything on that building is protected, all the signs on that building. The neon, the dancing kids, and Joe Marty's, but protection is rare and we are hoping to get more protections on the local level by getting them deemed historic. It's tricky because there's no precedent in getting signs deemed historic."

Hopefully with efforts by preservationists like Gretchen, there will be more protection on these historic legacy signs.

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Christian Brothers High celebrates new theater with big musical

"How to Succeed in Business" to be third production!

Christian Brothers High School has hired Michael D. Jackson as the new Artistic Director for the school's theatre program occupying the new George Cunningham '40 Performing Arts Center, which includes the state-of-the-art, Thea Stidum Theatre. Jackson will direct the musical comedy "How to Succeed in Business Without Really Trying" for the annual spring production opening April 17.

Based on Shepherd Mead's 1952 satirical "How To" manual, Frank Loesser (music and lyrics), Abe Borrows, Jack Weinstock and Willie Gilbert (book) had the brilliant idea to create a musical about a guy who actually uses the book to get ahead in the business world. "How to Succeed" opened on Broadway in 1961 to rave reviews and audiences kept the show open for 1417 performances. The show was honored with the Tony Award for Best Musical and the Pulitzer Prize. The show has been revived twice on Broadway: In 1995 with Matthew Broderick and in 2011 with Daniel Radcliffe.

Jackson graduated from CSUS with a Masters in Theatre Arts, worked extensively with the California Musical Theatre and has just recently relocated back to Sacramento after 14 years in New York City where he worked as director, playwright, theatre critic and licensing agent for Music Theatre International.

The George Cunningham '40 Performing Arts Center is an exciting new edition to the CBHS campus—including a comfortable, state of the art theater with adjacent band and choir classrooms. The building opened last April with the inaugural production of "The Drowsy Chaperone." To showcase the abundant student talent and the capacities of the theater, Jackson directed Elmer Rice's "Street Scene" this past November, which featured a cast of 30 and a fully realized New York brownstone apartment building on stage. Now CBHS will open up the orchestra pit for the first time to present the classic "How to Succeed" with a live orchestra and all the fun of the Frank Loesser score, which includes the familiar songs, "I Believe in You," "Company Way" and "Brotherhood of Man."

The production runs April 17, 18, 24, 25 at 7 PM and matinees on April 19 and 26 at 2 p.m. Tickets are \$10 for adults and \$5 for students and can be purchased at the door or online at: www.cbhs-sacramento.org. CBHS is located at 4315 Martin Luther King Jr Blvd.

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Places, no faces

Photos by MONICA STARK
editor@valcomnews.com

The Historic City Cemetery is bursting with color right now, as flowers are now in bloom. The public is invited to visit the Hamilton Square Garden at the Historic City Cemetery for an early spring "What's Blooming Tour" with docent, Sharon Patrician on Saturday, March 21 at 10 a.m. You will see many plant species which thrive in the Sacramento Valley with limited water. They may give you some ideas for your own home landscape. The Historic City Cemetery is located at 1000 Broadway. Call 448-0811 or 264-7839 for more information. Parking is located across the street from the 10th Street entrance. The tour is free; however, donations are appreciated and benefit cemetery preservation.



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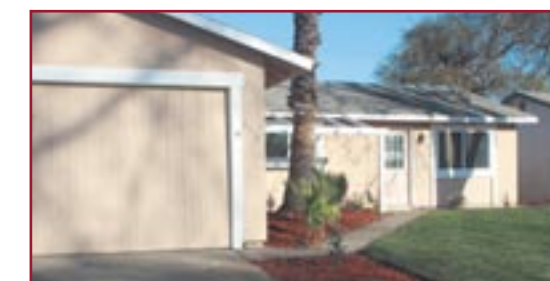
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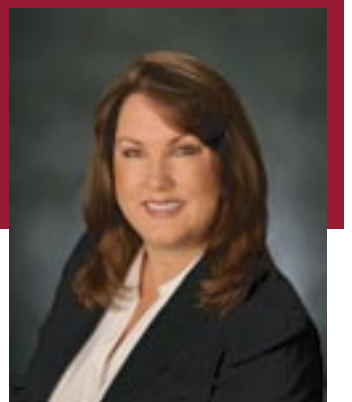
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Lilly's Hair Design celebrates 25 years on Freeport Boulevard

By MONICA STARK
editor@valcomnews.com

Congratulations to the hardworking mother of three, Pocket resident Lilly, whose Freeport Boulevard Lilly's Hair Design is celebrating 25 years. On Sunday, March 29, Lilly will have an open house from noon to 4 p.m., which includes \$7 haircuts and a discount of \$10 for a perm or color treatment. Lilly has also been operating a second full service salon in the Pocket area in the Grocery Outlet shopping center for 23 years. With 10 employees between the two locations, Lilly's Hair Salon stays rather busy. Lilly, a native of Vietnam, made Sacramento to her home and met her husband while having dinner at nearby New Lai Wah. The first three years of

operating Lilly's Hair Design, Lilly worked seven days a week. "No vacation. Nowhere to go," she said. And as her children grew up, they grew up at the salon. "I feed them, everything in the room." Their mother's hardworking traits trickled down to her children, as success runs in her family. Her daughter goes to UC Davis and is currently studying animal science; her older son has his own business and her youngest son is a student now at John F. Kennedy High School. Congratulations again! Lilly's Hair Design is located at 5151 Freeport Blvd. and in the Pocket at 6405 Riverside Blvd. To make an appointment at the Freeport Boulevard location, call 731-4327. To make an appointment at the Riverside Boulevard location, call 393-2712.



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Free at last: The Humor Times begins again, with free distribution

The popular monthly celebrates its 24th anniversary by returning to its roots.

Sacramento, California, March 6, 2015

The *Humor Times* (formerly the *Comic Press News*), a monthly political satire magazine, will soon be distributed free in the Sacramento area again – for the first time since December 2007.

The *Humor Times*, based in Sacramento, went to a paid-circulation format at the start

of 2008, mainly because of financial issues brought about by the big recession. Dependent solely on local advertisers – who were hurting at the time and slashing their ad budgets – the magazine could no longer remain free.

The publication was able to survive only by converting to a subscription-based model. However, during this period it was able to add thousands of subscribers all over the country.

Now, with the economy showing sustained improvement once again, the *Humor*

Times has decided it is time to revive the free edition, and will be celebrating its 24th anniversary in April.

“We’re very excited about it,” says Editor James Israel. “People have been very happy to see the publication at festivals and events where we’ve had tables over the years, even expressing surprise that we’re still around. Well, we haven’t gone anywhere – and now you’ll be able to find it free all over town again – just like the old days!”

Initially, free distribution will be mainly in downtown/

midtown Sacramento and the surrounding areas, and will be available in coffeehouses, bookstores, convenience stores, restaurants and many other locations. (A complete list will be available on the humortimes.com website.)

The publication will still be available worldwide by subscription, in print or digital formats.

About the Humor Times:

Appropriately enough for a publication bent on tickling readers’ funny bones, the *Humor Times*’ original launch date – as the *Comic Press News* – was on April Fools Day, 1991.

The goal was to “provide comic relief for people weary of scandals and politics-as-usual in the Sacramento area,” as Editor James Israel put it. According to its website (humortimes.com), the publication’s purpose is “to help balance out the gloom and doom with hard-hitting political humor and hilarious editorial cartoons.”

For people consuming the regular news through the standard outlets – newspapers, magazines, and their websites, or by watching talking heads hash over ginned-up issues on the tube – the maga-

zine is a refreshing change: an irreverent, take-no-prisoners, no-holds-barred review of the news and politics.

Yes, the *Humor Times* is one “news” paper you can’t take too seriously. Lampooning Democrats and Republicans alike, as well as news pundits and celebrities, it takes aim at the “elite,” bringing them down to size. “The powerful become nothing more than victims of the incisive wit of editorial cartoonists and satirical columnists,” says Israel, “and in this way it is an equalizer – and a much-needed one at that.”

Besides the editorial cartoons, the publication features humor columns by the likes of veteran political comedian Will Durst, Jim Hightower and others, a “fake news” section ala *The Onion*, and – lest the magazine risk leaving readers feeling too jaded – many non-political cartoons, to help lighten up the mood.

The *Humor Times*’ topical political humor may be hard-hitting, but it is clean, and suitable for all ages – at least, those old enough to be interested in what’s happening on the world stage.

And according to Israel, that’s a very large audience – and growing daily. “Political satire is huge right now,” he says.



B Street Theatre performers entertained students at California Middle School on Monday, Feb. 2.

B Street Theatre performers entertained California Middle School students

California Middle School students on Monday, Feb. 2 laughed and enjoyed a theatrical performance presented by the B Street Theatre and sponsored by City Councilman Steve Hansen.

The small local touring group enthusiastically captured the attention of 200 eighth graders with their rendition of “Kings and Queens, Jokers and Jacks.”

The short play in four acts is a compilation of play submissions from elementary and middle school-age students from throughout Northern California. Cal students were encouraged to submit entries for a shot at seeing their play performed next year!

Matías Bombal’s Hollywood

Jupiter Ascending

The MPAA has rated this PG

Warner Bros. brings bigger-than-life space adventure with “Jupiter Ascending,” which is playing in standard presentations. It’s the story of a Russian-English girl on Earth (Mila Kunis) who is targeted by a powerful intergalactic family in need of an heir.

They send a legion out to kill her, which would benefit their situation of galactic dominance, however opposing factions send a renegade warrior (Channing Tatum) to save her and bring her to her true inheritance.

This movie is a visual wow and the production design of Hugh Bateup who is fa-

mous for his work in the Matrix movies, pays tribute to many early cinema masters and styles. The mixture of spaceships and art-nouveau make for a fascinating setting for the mayhem that takes place.

Douglas Booth, Sean Bean and Eddie Redmayne also appear in the movie. Overall I was fascinated by the look of this movie, in spite of the convoluted and rather silly plot. I remind you that film is very much a visual medium and the look and sheer size of this movie actually fascinated me and kept my attention throughout, even though there were laughable plot elements. This was eye candy and for me and great deal of fun.



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"This is Art"

McClatchy Library Begins Art Exhibition

By LEIGH STEPHENS

Sacramento Artist Maggie Jimenez says, "My artistic outpouring started around the age of six when I learned how to use scissors, needle and thread. I started a project, new wardrobes for my dolls. They were a poorly dressed crop of dolls, but I worked on them constantly and loved it. Most importantly, I learned how to dream an idea and how to make it a real thing."

The Ella K. McClatchy Library has launched a four-part series of art exhibits, the first of which features Maggie Jimenez and began February 21 and will run through March 31 of 2015. Jimenez is an award-winning artist who paints murals, whimsical collages, mosaic pieces, and sculptures.

Why would a library stage art? Because the project was designed to expose the public to art, and most importantly to lure people into the amazing world of books.

The Friends of McClatchy art project began when three board members teamed to apply for a match-

ing grant of \$500 and won the grant. The city-wide umbrella Friends of the Library offered matching grants to libraries in the Sacramento system. The purpose was to inspire projects that would draw the public into the libraries.

McClatchy Friends' past President Alice Levine, current President Nancy Gotthart, and Secretary Lynn Eder wrote the grant and asked the McClatchy Board to match the \$500. They put together a winning package, and the project became the year-long quarterly art exhibits.

Lynn Eder says, "The \$1,000 grant is being used for materials to show the art works such as picture railings, refreshment for the receptions, and an honorarium for the artists. We must credit McClatchy Branch Manager Debra Conlin who arranged for installations and coordinated with the library public information office."

The Jimenez exhibit is being held in the library upstairs community room that came into reality after years of



See Art, page 17

Shown here is a "Self Portrait" of artist Maggie Jimenez who is showing work now at the Ella K. McClatchy Library.

Art:

Continued from page 16

planning and work by the Friends. The room opened to the public in November of 2013.

Alice Levine says, "The dream of the Friends was to have a space that could function as a sort of salon, a place where people can gather to share ideas, experiences, and to contribute to the community as a whole."

Virginia Kidd, the Friends library newsletter editor describes the upstairs renovation, "The second floor of the 100-year-old house had been closed since 1968 because of structural issues. When it reopened, in 2013, it provided a small room for group discussions and the larger community room."

The library building itself at 2112 22nd St. is an older home in residential midtown Sacramento. It was built in the early 1900's for Charles and Ella K. McClatchy for whom the library is named. Branch Manager Debra Conlin says an approximate 5,000 people use the library each month.

Choosing Sacramento artist Maggie Jimenez as a kick-off for the art project was easy. Maggie has done murals for Sutter Hospital, Sacramento Metropolitan Arts Commission, and Sacramento City Unified School District.

When asked what she's working on now, Maggie says, "I'm preparing for an E Street Gallery exhibit in March, working on a painted tile mural for a Starbucks in Woodland, and working on a large oil painting commission for a lodge in Ft. Bragg. I also am a part-time art advisor for the Sacramento County Office of Education... a full palate for a woman who says tongue-in-cheek, "I'm trying to be slightly retired."

Maggie Jimenez graduated from San Francisco State University and continued graduate work at CSUS and UC Davis. She then taught in Sacramento City middle schools for 30 years. She says the playful nature in her art comes from teaching kids all those years.

The thread throughout her career has been her art, "The creative process of making has filled my life with meaning. It keeps me awake at night dreaming of ways to solve a creative problem and consumes my days with activity."

Her joyous art is done in bright colors, which she credits to her heritage from a Mexican father. Her McClatchy exhibit features fanciful creatures, flowers and vegetables displayed in paper collage, and landscape oils. Jimenez creates a vibrant display of the world around her.

Part of the Jimenez show is a children's workshop making clay masks on March 21. The children's finished masks will be fired in Maggie's Land Park home studio and then returned to the library for pickup. The workshop begins at 1 p.m.

The second in the series of art exhibits showcases three artists, Roberta Bailey, James, Canning, and Gail Parris who work in digitally altered photographs: May 16 through June 26.

The third program features Anthony Montanino, an oil painter, who paints colorful urban landscapes and portraits of musicians. August 16 through September 25.

The final exhibit displays Katharine Venturelli's "Sculpture based on the Book." She works in paper sculptures, objects made of paper and folded in intricate shapes and forms. November 7 through December 18.

Each exhibit will have a reception open to the public, and everyone is invited to enjoy dazzling and distinctive forms of art.

Perhaps viewing these wonderful pieces of art will inspire some child, some middle-ager, or some older adult to tap their creative potential and bring happiness to their lives and to the lives of others. And most important it will enrich the Sacramento community with the life-changing world of books.

Leigh Stephens is a retired journalism professor from CSUS and author of *Covering the Community*.

Valley Community Newspapers, Inc.




(top left) Shown here is artist Maggie Jimenez's piece titled "Bowl of Beauty" which is being shown at the Ella K. McClatchy Library.

(top right) Shown here is artist Maggie Jimenez's piece titled "Carrots" which is being shown at the Ella K. McClatchy Library.





(above) Shown here are members of the art show committee at Ella K McClatchy Library where current work is being shown by artist Maggie Jimenez. The members, shown here, are named: Nancy Gotthart, Alice Levine, and Lynn Eder.

(left) Shown here is artist Maggie Jimenez's piece titled "Outside Siena" which is being shown at the Ella K. McClatchy Library.

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CALENDAR

Send your event announcement for consideration to: editor@valcomnews.com at least two weeks prior to publication.

MARCH

Fairytale Town announces the start of its spring, summer fall hours

March 1- Oct. 31: Beginning March 1, Fairytale Town will be open daily from 9 a.m. to 4 p.m. for the spring, summer and fall seasons, weather permitting. Weekday admission is \$4.50 for adults and children ages 2 and older. Weekend admission is \$5.50 for adults and children ages 2 and older. Children ages 1 and under are free. For more information, visit www.fairytaletown.org or call 808-7462. Fairytale Town is located at 3901 Land Park Dr.

St. Pat's luncheon with music by The Irish Eyes

March 12: There will be a special St. Pat's luncheon with music by The Irish Eyes at 11:15 a.m. and 1:15 p.m. seatings at the Casa Garden Restaurant, 2760 Sutterville Road. Entree choices: Slow-roasted Corn Beef Brisket with Colcannon Potatoes and Roasted Vegetable Medley or Asian Noodle Salad with Chicken and Vegetables; dessert: An Irish Themed Delight -- \$24 per person includes tax and gratuity. First-come, first-served group reservations by one person, one check. Reservations a must. Call 452-2809 for more information. Proceeds benefit the Sacramento Children's Home.

Dr. Suess Party at Ella K. McClatchy Library (Family/All Ages)

March 14: Come celebrate Dr. Suess' birthday at the Ella K. McClatchy Library, located at 2112 22nd St. Starting at 2 p.m., there will be a reading of a Dr. Suess story. Make slimy oo-bleck, create our own Dr. Suess craft and creations, and enjoy Dr. Suess-themed snacks.

Get the facts about Medi-Cal estate recovery

March 14: The Older Women's League (OWL) Sacramento Capitol will present a special program at 11 a.m. on the Medi-Cal Estate Recovery process and low-income Californians aged 55 years and older. Special Guest Speaker Linda Nguy, a Legislative Advocate working with Western Center on Law and Poverty (WCLP) will discuss Medi-Cal Recovery in California, the ramifications for Californians aged 55 years and older who recently qualified for Medi-Cal subsidies as part of health care reform, and review SB 33 authored by Senator Ed Hernandez, O.D. (D-West Covina) that seeks to limit estate recovery. This free educational program will be located at the E.M. Hart Senior Center, 915 27th St. The State may seek to be reimbursed for benefits paid after a Medi-Cal beneficiary's death by filing a claim against the estate of an individual who was 55 years of age or older at the time he or she received Medi-Cal benefits. Although there are exceptions, it is important for Medi-Cal beneficiaries (aged 55 years and older) to have an understanding about estate claims of this type. For more information on this issue, you can attend the program on March 14th, or visit California Advocates for Nursing Home Reform (CANHR) at www.canhr.org, or call the CANHR hotline (800) 474-1116. A fact sheet developed by WCLP and CANHR is available on OWL's website at <http://www.owlca.org/uploads>. The program is open to all and refreshments will be served. Call OWL Cap at 832-6863 for more information, or email us at owlcap@gmail.com, or visit www.owlca.org. Like us Facebook and Follow us on Twitter.

Sacramento Library Foundation presents Authors on the Move! 2015

March 14: Join other literature-lovers at the 13th Annual Authors on the

Move, Sacramento's premier literacy event presented by the Sacramento Public Library Foundation.. Keynote speaker will be Daniel Handler, a.k.a. Lemony Snicket. There will be witty entertainment, a 4-course gourmet meal paired with complementary wine, and engaging table conversations with 45 California authors. There will be book sales and singings. The event will be held at the Sacramento Hyatt Regency from 5 to 9 p.m. Tickets are \$225 per person or \$1,700 for a table of eight. For ticket purchases and additional information, visit <http://saclibraryfoundation.org/authors-on-the-move/>

William Curtis Park Clean up Day

March 14: From 9 a.m. to noon, The Sierra Curtis Neighborhood Association has adopted William Curtis Park through the City of Sacramento's Partners in Parks Adopt-a-Park program. On March 14, we are asking for neighborhood volunteers to help us clean up around the tennis courts and children's playground. We will rake leaves, pick up fallen branches and clean the flower beds. Please bring your own gloves and wear hard shoes. Please contact NCC@sierra2.org to let us know you will be there or if you have any questions.

Don Puliz Annual Elks 6 Crab and Shrimp Feast

March 14: The feast will include crab, shrimp, antipasto, pasta, green salad and garlic bread. There will be no-host cocktails served at 6 p.m., followed by dinner at 7 p.m. There will be a huge raffle to follow. This event is for Elks members and their guests. Tickets are available in lodge office. Call 422-6666. Credit cards are accepted. The lodge is located at 6446 Riverside Blvd. All proceeds go to the general fund.

West Campus graduation crab feed fundraisers

March 14: Starting at 7:10 p.m. inside Giovanni's Hall at St. Mary's Church, 1333 58th St., support the West Campus High School students. Proceeds will make their senior year and graduation worthy of their hard work. Tickets are on sale online at <https://squareup.com/market/wccrabfeed>, or through the West Campus High School front office at 5022 58th St. Cost is \$55 each. Make checks payable to: "West Campus or WCMB". On the message line you can put which class it is for. Donations also accepted. Adults only please! There will be entertainment, a raffle, silent auction, fun activities, photographers, great food, beverages: everything to make your experience one to remember. Proceeds will go towards the Freshman, Sophomore, Junior and Senior classes to support graduation and costs of other graduation activities. A portion of the proceeds will also support the West Campus Band Boosters. The Menu will consist of Dungeness crab. Salad. Bread. Pasta. and more. Specifics coming soon. But you know it will be good even if you don't like crab.

"Green For No Green Bird Outing" at beautiful Deer Creek Hills

March 14: The Sacramento Valley Conservancy celebrates Saint Patrick's Day with "Green For No Green Bird Outing" at beautiful Deer Creek Hills from 7 to 11 a.m. Explore and celebrate the color green with the Irish spirit at Deer Creek Hills for no green! This Free Bird Outing is a docent led hikes which will roam the gently rolling grassy green hills, to take in the beauty of what gifts spring will bring. The Bird outing will explore and witness the Lewis' Woodpecker activity. To celebrate this free outing celebrating St Patrick's Day, the SVC asks participants to keep an eye open for the

lucky four leaf clover! The outing is all ages. Register online: www.sacramentovalleyconservancy.org/calendar.asp

European Design Style Floral Bouquet Class St. Patrick's Day Theme

March 14: The class includes variety of St. Patrick's Day themed flowers, container and greens. Learn about floral design and flower care. We will provide tools. Bring your own apron. Limited class size. Need to register in advance. Class goes from 10 a.m. to 11:30 a.m. The cost is \$35-plus tax., 2400 J St. 441-1478. www.rellesflorist.com

Memory Problems: Could it be Alzheimer's?

March 15: Parkside Community Church, United Church of Christ located at 5700 South Land Park Dr. will present a workshop at 12:15 p.m. Milani Wagner, RN, CNRN will present the Alzheimer's Disease process, warning signs, importance of early diagnosis, impact on families and resources. Light lunch included, donation accepted. Call 421-0492 for reservations. Child care will be provided upon request.

Poison proof your home for your pets

March 16: Pets are worse than toddlers: they will get their paws, noses, or claws into anything with reach. Few people realize how many household plants, foods, and chemicals are poisonous to pets, and how many of these things pets will eat. Get to know the poisoning hazards that could be dwelling in your home and learn what to do in case your pet is poisoned. Free of charge; class will be held from 11 a.m. to noon at ACC Senior Services, 7334 Park City Dr. Pre-registration is required. For detail, call 393-9026 ext. 330, www.accsv.org.

Embroiderers' Guild meeting

March 17: Join the Camellia Chapter, Embroiderers' Guild of America at their monthly meeting at 7 p.m. at the Arcade Library, 2443 Marconi Ave. Guests welcome. Free. 223-2751.

Brain fitness workshop

March 17: This one hour workshop will explore strategies for maintaining your healthy brain. Topics will include: nutrition, physical exercise, stress management, mental exercise, and social activity which contribute to keeping your brain fit. There will be an overview of strategies to support your memory. \$5 registration fee; class will be held from 1 to 2 p.m. at ACC Senior Services, 7334 Park City Dr. Pre-registration is required. For detail, call 393-9026 ext. 330, www.accsv.org.

Music at noon free concert at Westminster Presbyterian Church

March 18: Bring your lunch and enjoy fine music. This week there will be music featuring singer/pianist/composer Lee Hoffman and Friends. Westminster Presbyterian Church is located at 1300 N St.

Self acupressure (reflexology)

March 18: Self Acupressure points are the same body points used in acupuncture, but self-acupressure is a preventable modality used in an attempt to avoid conditions that may require more serious medical interventions. During this class, you will be given a personal acupressure chart designed for you to learn the five or six simple meridian points which can be used to help you stay healthy. \$15 registration fee or \$20 for drop-ins; class will be held from 1:30-3 p.m. at ACC Senior Services, 7334 Park City Dr. Pre-registration is required. For detail, call 393-9026 ext. 330, www.accsv.org.

Planning for the inevitable

March 19: A 25-minute presentation on why everyone should pre-plan funeral arrangements. Eliminate stress and relieve your family of the burden, know all available choices, get what you want, ensure every detail is covered, and save money. Free lunch provided. Free of charge; class will be held from 11:30 a.m.-12:30 p.m. at ACC Senior Services, 7334 Park City Dr. Pre-registration is required. For more details, call 393-9026 ext. 330, www.accsv.org.

Sutter Children's Center Wellness Festival to be held at Fairytale Town

March 21: From 11 a.m. - 3 p.m., enjoy fun games, free play, gardening activities, health screenings and more at this free celebration of active and healthy living. Sutter's medical personnel will be on hand to answer questions and provide information on healthy childhood development. Admission is free thanks to a generous grant from Sutter Children's Center, Sacramento. For more information, visit www.fairytaletown.org or call 808-7462. Fairytale Town is located at 3901 Land Park Dr.

Clay art with Maggie Jimenez at Ella K. McClatchy Library (School Age (6-12))

March 21: Clay face mask workshop with noted artist Maggie Jimenez. Maggie will help kids make the masks and will fire them and bring them back to the branch for each child when they are finished. Registration is required for the 10 slots. Children should be between the age of 7-12. The fun starts at 2 p.m. Ella K. McClatchy Library is located at 2112 22nd St.

Woodland bird watching at Deer Creek

March 21: The beauty of Spring-time can be both seen and heard through the many bird species that call Deer Creek Hills home. Join Sacramento Valley Conservancy's Volunteer Docents for Woodland Bird watching from 7 to 11 a.m. A 4 1/2 mile walk overlaid on non-trail surfaces to key birding locations can be expected. Frequent stops to observe the busy activity of foragers and soaring bird species is a part of this guided outing. White-breasted Nuthatch will be busy as it gleans the limbs and trunks of the trees for insects under the Blue Oak canopy. Wood Peckers, Loggerhead Shrike and Red-tailed Hawk's nest can be spotted on this outing. Hushed tones, walking and stopping are the best ways to bird watch in the Oak Woodland. Wear "quiet" warm, muted earth-tone colors, sturdy boots for uneven surfaces. Cotton or wool fabrics are considered "quiet" and work great! Birding scopes, binoculars and/or cameras, are highly recommended for any birding outing. What: Blue Oak Woodland Birding Where: Deer Creek Hills Preserve; Who: All ages; Cost: \$10. Register online: www.sacramentovalleyconservancy.org/calendar.asp

Deer Creek guided equestrian ride

March 21: The Sacramento Valley Conservancy's featured monthly outing at Deer Creek Hills is the Native American History Hike scheduled from 9 a.m. to 1 p.m. Join Deer Creek Hill's historian docent, David Scharlach on a 4-mile hike through the traditional land of the Nisenan Indians. Learn how Native Americans lived, their beliefs, customs, successes and tragic demise. David Scharlach, will speak in greater depth to the Native Americans that thrived at Deer

Calendar:

Continued from page 20

Creek Hills since the last ice age, and the coming of the Europeans and Americans that brought their rapid decline and decimated their ancient culture. The hike is good for all ages and the cost is \$10.

Walk4Water

March 22: Join Faith Presbyterian Church for their second annual Walk4Water at 10:30 a.m. Registration begins at 10 a.m. The walks begins at Faith Church, 625 Florin Road for a two-mile round-trip walk to Cabana Club South private swimming pool, 6615 Gloria Dr. Walkers will experience what it is like for most people in developing nations around the globe to fetch water every day. They will carry an empty water container one mile and fill it up at the pool and return to the church and empty their load into the courtyard fountain. Bring a container of any size. Cost is \$25 for adults and \$10 for children accompanied by an adult. All donations benefit the Faith Church sponsored World Vision Abaya Ethiopia Area Development Program clean water projects. The goal is \$10,000 and Faith Church will match \$5,000 which will provide one clean water source for a village in remote Abaya, Ethiopia. This will also be a time to learn about water awareness and the hardships most people globally are challenged with each day in acquiring safe, clean water. In light of our current drought and water shortage in California, this will bring a greater appreciation for every drop of water we use.

Kung Fu, Tai Chi and Lion Dance Demonstrations by Eastern Ways Martial Arts

March 22: See demonstrations of kung fu, tai chi and lion dancing by Eastern Ways Martial Arts, starting at 12:30 p.m. at the central branch of the Sacramento Public Library, 828 I St.

Free ukulele workshop at Ohana Dance

March 24: Ohana Dance Group is inviting youth of all ages to attend a free "Ukulele workshop at 6235 Belleau Wood Lane Suite 1B in South Land Park, led by Saichi Kawahara of San Francisco. Call 808-782-2583 to sign up. Class starts at 2 p.m.

Family training at ACC (veteran and non-veteran welcome)

March 24: The presentation will address public benefit resources and how to access them, pre-planning for the future, the VA Aid and attendance Pension program, and will provide a question and answer session. Free of charge; class will be held from 10-11:30 a.m. at ACC Senior Services, 7334 Park City Dr. Pre-registration is required. For detail, call 393-9026, ext 330, www.accsv.org.

Music at noon free concert at Westminster Presbyterian Church

March 25: Bring your lunch and enjoy fine music. This week there will be music featuring classical Guitarist Gordon Rowland and Friends. Westminster Presbyterian Church is located at 1300 N St.

Nutrition workshop troops for fitness

March 25: Do you think you should be eating healthier, but do not know where to begin? Find out what foods are great for you and where to begin? Find out what foods are great for you and have the highest nutritional value. Good nutrition complements exercise. Make the most of your journey to a healthy body. Free of charge; class will be held from 1:00-2:00pm on March 25, 2015 at ACC Senior Services, 7334 Park City Dr. Pre-registration is required. For detail, call 393-9026, ext 330, www.accsv.org.

Join the Food Literacy Center and Sacramento Public Library for "Terra Firma."

March 25: Celebrate Women's History Month and women's roles in the food movement this March at a free community screening of "Terra Firma." Doors open 5 p.m. at the Central branch of the library inside the Tsakopoulos Library Galleria, 828 I St. This event is free, but requires RSVP. Event is subject to capacity and availability. The film follows three female veterans as they transition back into civilian life, finding solace in farming, which also gives them a new way to serve their country by growing food for their communities. The event is part of the Food Literacy Center's Sacramento Food Film Festival, which runs March 18 to 29 at a variety of locations around Sacramento. This pioneering nonprofit has partnered with Sacramento Pub-

lic Library, Farm to Fork, U.C. Davis, The World Food Center, and the Sacramento Food System Collaborative to celebrate female veterans and farmers with a night of camaraderie and discussion. The event will feature: 5 p.m.: Reception featuring appetizers made by female chefs with beverages provided by female brewers, wine-makers and coffee roasters. 6:15 p.m.: Film screening. 7:45 p.m.: Panel discussion with Sonia Kendrick, one of the stars of the film, and others.

ACC to present tips for choosing cell phone service

March 26: If you are thinking about buying a cell phone or changing your cell phone service provider, this class is for you! Join us for a FREE workshop to learn what questions to ask when choosing a service, what you should know before you sign a contract, and how to cut your cell phone costs. Bring a recent phone bill and we'll review it for FREE! We might be able to save you money. Free of charge; class will be held from 2:30-3:30 p.m. at ACC Senior Services, 7334 Park City Dr. Pre-registration is required. For detail, call 393-9026, ext 330, www.accsv.org.

Dusty Baker named Person of the Year 2015 event in Carmichael

March 27: The Carmichael Chamber of Commerce proudly presents "Rooting for the Home Team," honoring Carmichael Baseball Giant Dusty Baker as Person of the Year 2015 at the La Sierra Community Center, 5325 Elvedale Road. No host cocktails will be served at 6 p.m., followed by a three course dinner at 7 p.m. Table and event sponsorships are available. Admission is \$65 perperson if reserved by March 13 or \$85 at the door. For more information, contact Linda Melody at 481-1002 or visit www.carmichaelchamber.com. A portion of proceeds to benefit the Effie Yeaw Nature Center.

Art Beast -Summer Birds- Butterfly Discoveries at McClatchy (Family/All Ages)

March 28: Celebrate Women's History Month with Art Beast! Starting at 2 p.m., there will be a reading of "Summer Birds: The Butterflies of Maria Meridian," which tells the story of one of the earliest and most influential naturalists. After listening to this story, children will make their own butterfly

art. Ella K. McClatchy Library is located at 2112 22nd St.

Free Mock ACT Test at Carmichael Library

March 28: From noon to 4 p.m. take Kaplan's free Mock ACT exam at the Carmichael Library, 5605 Marconi Ave. Open to all high school students. Registration required. Come back for the follow-up test strategies seminar on Tuesday night, April 7, at 6 p.m. for your results and valuable test-taking tips. Registration is required to attend.

The Romance of Ruins Presented by Ed Sherman, CSUS Renaissance Society

March 30: A survey of those ruins that still inspire students of Western Civilization: poets, artists, philosophers, historians, etc. Fully illustrated with art and archaeological artifacts. Call 441-1015 or email scott.okamoto@eskaton.org to reserve your space today! The presentation goes from 1 to 3 p.m. at Eskaton Monroe Lodge, 3225 Freport Blvd.

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Fall Prevention Workshop & Refresher Balance Training Class

with The Fall Prevention Lady
March 30: From 10 a.m. to noon, class will concentrate on proper form, good posture, flexibility or range of motion training, strength training, and progressively challenging balance techniques. All program concepts are evidence-based. This is a great refresher for those who have taken classes with Kelly however ANYONE who is concerned about falls is welcome to attend. This class is appropriate for older adults who have experienced falls and have trouble with balance. Although some segments of the class are done while seated, participants will practice walking and stopping variations. Wear comfortable clothes and tennis shoes. Pre-registration is preferred to identify special needs or medical conditions. It is up to instructor discretion to require physician approval prior to participation in exercise class. Kelly Ward, M.S., Therapeutic Aging, Certified FallProof Balance and Mobility Instructor. Class will be held at Parkside Community Church, 5700 South Land Park Dr. Pre-registration and info: 821-5715. Fee \$10.

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Located in a sought-after Sacramento neighborhood, close to the Capitol, restaurants & gourmet grocer. Inviting foyer & spacious living & dining rooms complete w/ inlaid hardwood floors, beam ceiling & built-in cabinets, perfect for entertaining! Large updated kitchen opens to family room w/ fireplace, lush backyard & 2-car garage. 3-4 generous bedrooms & 2 updated baths, including master w/ walk-in closet. Newer roof & HVAC.



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Faces and Places:
Undy Run 5K

Photos by STEPHEN CROWLEY
stephen@valcomnews.com

Runners came out in their underwear to race a 5K through Land Park on Feb. 28. The Undy 5000 is an annual family-friendly event created by the Colon Cancer Alliance. It is unique because participants are encouraged to run in their boxers to bring attention to the area affected by colon cancer. The Alliance found that by getting people talking about this disease, they can save lives. Over running gear, attendees sported everything from their favorite underwear to tutus, capes and costumes, with some even coming fully dressed as superheroes or ninja turtles. Whatever your style, the Undy took on colon cancer in a fun and exciting way.





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Hospice & Palliative Care



**CONGRATULATIONS
TO RANGI P.V. GINER,
JOHN F. CIMINO JR.,
AND THE HOSPICE
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Please call us at 916-399-5922 to speak with one of our caring healthcare professionals about hospice. We can provide you with more information to see if now is the right time for hospice. We live here, we work here and it is within our neighborhood that we make a difference.

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From L-R: Kenneth Mendoza *Office Manager*,
Ranghi Paula V. Giner *Administrator*,
Guat-Cheng Low RN, *CHPN Director of Patient Services*

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FABULOUS LAND PARK REMODEL

A work of art in Land Park! 4 bedrooms (3 upstairs and In-Law quarters downstairs). 3 baths with marble heated floors. All new electrical, plumbing, heating, air conditioning and solid oak hardwood floors. Gourmet kitchen, private balcony off master. \$1,140,000

CONNIE LANDSBERG 761-0411



PENDING

FANTASTIC LAND PARK

Spacious home in Old Land Park. 4 bedrooms 3 baths, updated for today's lifestyle. Perfect for entertaining. Parks, Transportation, Shopping and Midtown - All close by! Walk to Vic's for ice cream, or go to the Zoo or Fairytale Town. A Happy Place! \$785,000

SHEILA VAN NOY 505-5395



CUTE CURTIS PARK

Darling Curtis Park has lots of natural light and plenty of storage in this 3 or 4 bedroom 2 bath home. Formal dining room, hardwood floors, updated appliances - a good floor plan for entertaining. The garage was recently rebuilt (2013). Don't miss this one! \$550,000

TIM COLLOM 247-8048



LAND PARK CHARMER

Quality 3 bedroom, 2 bath home just down the street from Crocker/Riverside Elementary! Remodeled kitchen featuring quartz counters and stainless appliances. Updated bath, dual pane windows and even a bonus room above the garage! Wow! \$399,950

KELLIE SWAYNE 206-1458



SACRAMENTO JEWEL

Beautifully renovated from head to toe - The Didion House - Rich wood, fine detailing and spacious rooms. Historical in in both style, heritage and culture. 4 bedrooms 2 full baths and 2 half baths with new kitchen, three floors, including media room, and a full basement. \$1,395,000

SHEILA VAN NOY 505-5395



PENDING

ADORABLE HOLLYWOOD PARK

Darling 3 bedroom home with hardwood parquet floors, living room fireplace, cute kitchen and formal dining room. Central heat and air, dual pane windows and bonus rooms at the back have been used as family room and 3rd bedroom. Fruit trees and work shop in backyard. \$159,000

PAULA SWAYNE 425-9715



SOLD

CUTE AS A BUTTON LAND PARK

Sunny home in great location! Two eating areas, hardwood floors and newer roof. 2 bedrooms plus playroom or office plus a converted garage which could be used for guest quarters or a home office. It has a huge bathroom, kitchenette, cathedral ceilings, and more! \$472,500

SHEILA VAN NOY 505-5395



SOLD

HOLLYWOOD PARK CUTIE

Move-in-ready 2 bedroom home within easy walking distance of James Mangan Park! Updated kitchen and nook, updated bath; central heat and air. Nice sized backyard with small patio, 1-car garage with extra storage closet. \$175,000

PAULA SWAYNE 425-9715



PENDING

CURTIS PARK BUNGALOW

Cute 4 bedroom and 2 bath home within easy walking distance of Bret Harte Elementary School and close to Gunthers Ice Cream and Pangaea Cafe. Well maintained, comfortable and convenient with central heat and air conditioning and a super deep backyard lot. \$272,500

SHEILA VAN NOY 505-5395

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