

# LAND PARK NEWS

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## HAPPY HALLOWEEN!

### Spooky tales are told at the city cemetery

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Sacramento,  
CA 95818  
t: (916) 429-9901  
f: (916) 429-9906

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Stephen Crowley

Other photos  
James Donaldson  
Lance Armstrong

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# My Sister's House: A safe haven for domestic violence victims

By NORA FINCH

My Sister's House has been in Sacramento for 14 years, but many of us still don't know it exists, as it is tucked away on its own just off Broadway and Riverside Boulevard in the Land Park area. I feel it deserves the recognition as well as those who run it work very hard at providing a safe haven for many women.

My Sister's House offers a continuum of services for victims of domestic violence, sexual assault, and human trafficking. As well as education and outreach to help prevent violence against women and children. They also offer a 24/7 multilingual crisis line to help provide safety planning, information, and referrals, as well as a 6-bed shelter and 6-bed transitional housing program.

Then there is also their Women to Work Program, which helps victims become survivors through peer support, counseling, legal assistance, job training, and other assistance.

They help approximately 60-75 women and children a year with emergency or transitional housing assistance; 300-plus women with face-to-face counseling and support; 500 women and men with legal assistance; approximately 2,000 crisis or help calls; and 10,000 individuals with outreach and education and training presentations on domestic violence, sexual assault, and human trafficking.

Nilda Valmores is another amazing woman in the community trying to make an impact as the Executive Director, which means she is the Chief Program and according to her, "budget worrier, meeting planner, and part-time janitor," she says.

When asked how she became interested in this industry, here's what she said: "I am so glad to have a job which allows me to practice my personal and political beliefs that to change the world we need to make sure all children have a safe environment in which they can thrive. My job choices from out of college has been a reflection of that."

"Before coming to My Sister's House, I have worked as a teacher, worked on child abuse and foster care legislation, and housing and community development programs. At my last job prior to My Sister's House, one of My Sister's House board members asked me to consider joining the board. As we talked about the organization and its needs, I told her I would also consider joining the staff. It has been 10 years of hard work, great memories and great people.

"One of the things I love about My Sister's House is that the issue of domestic violence is connected to many of the issues I care about — children, women, poverty, housing, education, and more.

"I am very fortunate. I have been married almost 30 years to a wonderful, kind man so I am not a survivor of domestic abuse. I also grew up with a great dad. I do remember however, my grandmother that being a good Filipino wife meant doing whatever your husband told you and putting up with all his actions, i.e. if he hit you, if he yelled at you, if he cheated on you — as a wife you were not to complain or fight back or tell others. My grandmother and my mother would tell me that my job was to "serve my husband." Unfortunately, some Asian/Pacific Islander men and Asian/Pacific Islander women (and non-Asian/Pacific Islander men and women) still hold those thoughts today.

"From working with survivors, I have learned so much. I have learned about graciousness, gratitude, generosity, and fortitude. I am amazed at the strength that they have to leave and the courage to carry on, often alone.

"I think that the domestic violence survivors that we serve are so grateful that they have a new family that will provide them emotional and other support to assist them in living a healthy and safe life with their children.

"They are happy to be part of My Sister's House family." Nilda feels it is extremely important to have a place like this in our communi-

ty. Sacramento is one of the cities in California with the largest Asian/Pacific Islander population. It is important not to just have a diverse community but to offer culturally appropriate and responsive services. I am also so grateful for the support received from non-Asian/Pacific Islanders who recognize these need. Even though My Sister's House does have a target audience, from the beginning of our history we

have never turned anyone away because of their ethnicity.

Nilda and the staff have always been committed to ensuring quality services. They will be moving their administration offices as one of their biggest projects of 2015, as well as expanding their counseling services. It's always wonderful to hear the dedication to causes such as this one. Victims need to feel safe and supported, as do all of us in the many facets of life.

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# Happy 95th birthday, Jeanne!

Jeanne marked one item off her bucket list this year

By **MONICA STARK**  
editor@valcomnews.com

Just months ago Jeanne Johnson didn't know what a bucket list was. But, on her 95th birthday, Monday, Oct. 5, she marked one item off it. On the fence about skydiving, she made the announcement to friends at the Pioneer Towers coffee room earlier that morning that she was headed to Lodi for the big jump. When she returned home, a big party was held at next door's Strings Urban Kitchen. Organized by her skydiving friend and Pioneer Towers resident, Steve Austin, the party had other residents from the apartment complex attend and hear about their friend's daring adventure.



Photo by James Donaldson

Jeanne Johnson has lived an adventurous life. Here she is celebrating her 95th birthday... by skydiving!

It wasn't until just months ago when Steve asked her what's on her bucket list that she realized she wanted to go skydiving. "I said, 'What do you mean by your bucket?' And he said, 'Those are the things you want to do before you leave this planet.' Well, I said I want to skydive, take a balloon trip to Napa; I want to take a trip down the Colorado River. Those are on my bucket. I only took one off my bucket so far."

Before she took the leap, a staff member from Parachute Center, the skydiving company of choice in Lodi, slid open that sliding glass window and said, "Okay, it's your turn." That was the most exciting moment... I didn't tell any of my family I was doing any of this," Jeanne said with a chuckle. "They called to wish me happy birthday, and I said I did a sky dive. They didn't register it at first - my niece and son-in-law who are now living in Williamsburg. They want me to move back there, but I like my climate. I am sure if I went back there no one would encourage sky diving."

Born on Oct. 5, 1920 in her T Street family home, which her grandfather built, Jeanne lived much of her life there. Located just about eight blocks from her current residence, Jeanne said the house was ultimately torn down due to ongoing upkeep of expenses like rewiring, but rather than seeing the situation with the house as a setback, Jeanne and her husband Raymond took it as an opportunity to start a chapter of more adventure. "We decided to rent down at Capitol Towers and start traveling. We had wonderful trips and there was no more worrying about who is going to take care of the property."

Jeanne taught at Crocker Elementary for 18 years after brief stints at Sacramento area schools including, Bowling Green, a grammar school her own father attended in Ione and one year at Elk Grove Unified "because they couldn't make up their minds in Sacramento if they wanted me or not." Recalling that time in her life, Jeanne said she was supposed to teach fourth grade, "but the young man who was doing seventh was called to war so the principal asked if I would do seventh instead of fourth. It turned out to be one of my most delightful years because seventh graders came back from farms nearby. It was really a lovely group of young people. Then, I came and taught at Sacramento Unified."

A member of the Sacramento High School 1937 graduating class, Jeanne's class (of "about 700 students") was the last before C.K. McClatchy opened. Prior to high school, Jeanne attended William Land Elementary School and

California Junior High School. Her high school graduation was held at Hughes Stadium, and she recalls being in either the third or fourth grade during the opening of Hughes Stadium, which was an extraordinary experience as she was part of a pageant put on by the city school's musical department for the big day. "We had a wonderful music department in city schools at that time. My class - we were supposed to be Europeans; we did a Russian dance. My class practiced in the auditorium at William Land School."

Undoubtedly, teachers instilled in her a sense of adventure as after every summer vacation they would return with great stories of travel and experience. "I remember quite clearly the lady who came back from France, Miss Fleming. I was enthralled of what she had to tell us. It's where I got the travel bug and my father never said 'no' about travel. 'If you could do it, do it,'" Jeanne's father would say. Then there were the "Good Housekeeping" magazine articles, featuring stories about writers' travels in Africa. "So, I've had a lifelong interest in places."

And, taking heed of her teachers' stories, she and Raymond were able to travel after they both retired. "We were able to just get rid of the property and take off. (Raymond's) sons were raised and it worked out very well. He died on the last day of 2000, and after that, my niece and her husband have had me as a traveling companion for many trips. Somebody said, 'well, did you write up anything?' I used to write on my trips, whether on train, or boat, or whatever, but I only did that for my own information and who knows where that is."

Returning to the conversation about her family and their opinions regarding the skydive adventure, Jeanne said while no one would encourage her to take the jump, she said the following about her family and her zest for life: "We are not stick-in-the-muds. Anyway, it's fun. Now, I have a few aches from my jump. I understand that's normal."



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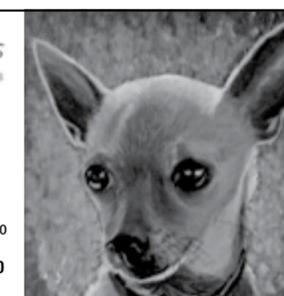
# PUZZLE PLUS

To participate on this page, call (916) 429-9901 for information

**The Crossword** by Margie E. Burke

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## College Cyclery was established in former Safeway building in 1945

By LANCE ARMSTRONG  
Lance@valcomnews.com

College Cyclery has a long history in the capital city – a history that includes its establishment in a building that had formerly housed an early Safeway grocery store.

Furthermore, this popular bicycle shop, which is located at 2760 21st St., has the notoriety of having spent many of its years sharing space with a hardware store. And because of that fact, the business was originally known as College Hardware & Cyclery.

Prior to the 1928 construction of the building that presently houses College Cyclery, a separate structure was located at the same site and utilized the address of 2760 21st St.

That earlier building was built in about 1920 and was originally the residence of William B. O'Neal, a yardman for the Southern Pacific Company.

In about 1923, William H. Westlake, a salesman for Howard D. Kerr's real estate, insurance and loan company in the Nicolaus Building at 8th and K streets, became the next resident of this home.

The final resident of the original 2760 21st St. building was Laud S. Fraser, manager of the Valvoline Oil Co. at 1108 R St. Fraser, who moved into that 21st Street structure in about 1925, was residing at 2101 4th Ave. by 1929.

The 1929 city directory does not recognize the existence of a building at 2760 21st St., as this former residence was likely demolished in 1928.

A building inspector's card, dated July 7, 1928, details the construction of a 40-foot by 95-foot, single-story,

brick building at 2760 21st St. at a cost of \$4,000.

Frederick H. "Fred" Betz (1885-1974), who operated his business at 1527 21st St. and resided at 1027 43rd St., was the structure's contractor.

The building, which was completed on Oct. 22, 1928, was home to a Safeway grocery store by the following year.

In 1932, Sacramento was home to 19 Safeway stores, including the 21st Street store.

The other stores were located at 3216 Folsom Blvd., 2900 Franklin Blvd., 1306, 2430, 2718 and 3920 J St., 731 and 2103 P St., 1918 and 3700 Stockton Blvd., 3400 3rd Ave., 2900 4th Ave., 501 12th St., 615 and 2030 16th St., 2716 24th St., 1010 25th St. and 1930 28th St.

The May 1938 Pacific Telephone and Telegraph Company's telephone directory recognizes the 21st Street Safeway as Store No. 360.

Safeway's 21st Street store remained in operation until 1939, when the building began a period of vacancy.

Two listings for the Thrifty Five, Ten and Twenty-Five Cent Store at 2760 21st St. appear in the March 1941 Pacific Telephone and Telegraph Company telephone directory.

City directories for the years 1941 through 1945 recognize the 2760 21st St. building as housing a variety store owned by Joseph Ivazian.

However, Ivazian's business is referred to on a building inspector's card, dated May 8, 1940. The card mentions that Ivazian had acquired a permit for the Electric Sign Service Co., of 817 12th

St., to hang an electric sign at 2760 21st St. at a cost of \$250.

On the same day, The Sacramento Bee ran an advertisement, which reads: "Visit the new Thrifty Stores, 5-10-25 (cents), 2760 21st Street."

The first city directory to recognize the existence of College Hardware & Cyclery at 2760 21st St. is the 1946 directory.

But College Hardware & Cyclery actually dates back to 1945.

A very early advertisement for the business was published in the Dec. 1, 1945 edition of The Bee, as follows: "Power lawn mowers. College Hardware & Cyclery, 2760 21st Street. Dial 6-2042."

In another College Hardware & Cyclery advertisement, in the March 18, 1946 edition of The Bee, lawn mowers were once again mentioned, along with rubber tires (\$1.15 per pair), grass catchers (\$2.85 each), hoses, sprinklers and tools.

The advertisement mentions that its customers could find "everything for the yard and garden."

At the bottom of the advertisement are the words: "Expert bicycle repairing. All work fully guaranteed. Also tricycle and wheel goods repaired. Complete line of bicycle parts and accessories."

A building inspector's card, dated July 2, 1970, recognizes Fred Betz's longtime association with the 21st Street building.

The card, which refers to a project to reroof the building at a cost of \$1,800, mentions Betz as the building's owner at that time.

In regard to the original proprietorship of College Hardware & Cyclery,

See College Cyclery, page 7

## College Cyclery:

Continued from page 6

der a different proprietorship until about 2005.

Dritz, who was a native of Greece and a 65-year resident of North Sacramento, died at the age of 85 on Sept. 14, 1979.

In its Sept. 16, 1979 edition, The Sacramento Union mentioned that Dritz had owned his North Sacramento bicycle shop for 24 years – or until about 1964.

However, an article in the same day's edition of The Bee notes that Dritz retired in 1962. Melvin's longtime operation of College Hardware & Cyclery was celebrated in an article in the April 5, 1985 edition of The Bee.

The article, which has the headline, "Bike shop and owner fixtures since '45," mentions that Melvin had opened the store in 1945 and, at the age of 82, was still dedicating himself to 60-hour work weeks. Melvin, whose family history in Sacramento dates back to 1852, was quoted in the article as saying, "I like to work. When I get up in the morning, I like to have something to do, you see. And anything I do, I like to make a profit. I guess it's the Scotch in me."

Although the same 1985 article mentions that Melvin dismissed any suggestion that he was ready to retire, he sold the shop to Chuck Meyer in 1986.

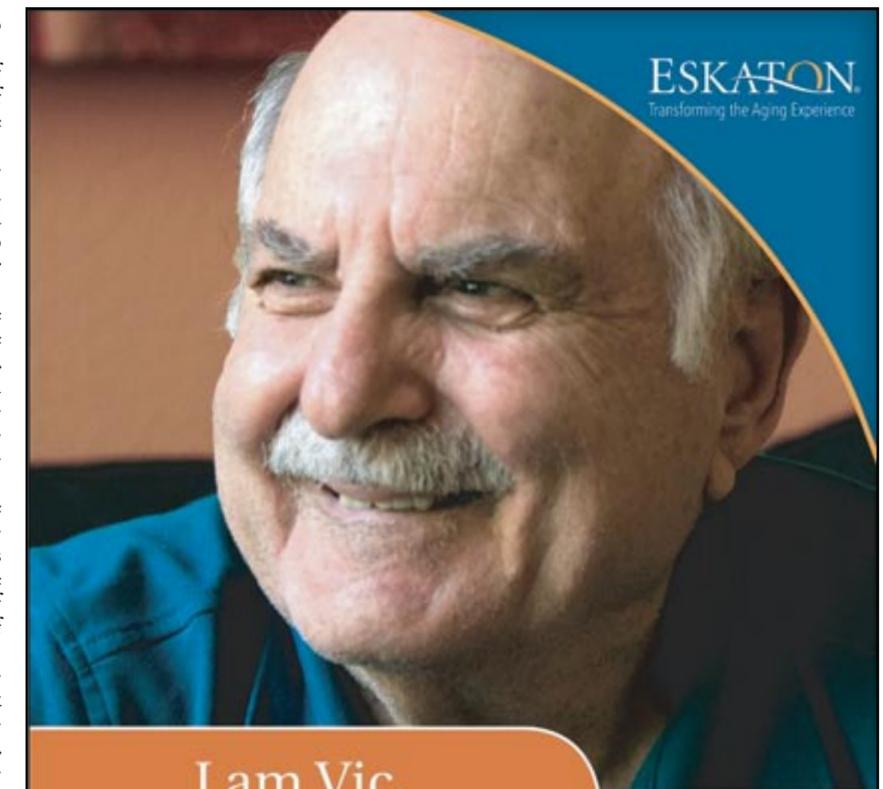
Melvin, who also founded the Melvin-Smith Learning Center for learning-disabled children, would continue to reside in the capital city until his death at the age of 87 on Feb. 2, 1991.

After acquiring College Hardware & Cyclery, Chuck shortened the name of the business to its present name. And from 1988 to 2006, the shop ran a local yellow pages

As for Melvin, he was first mentioned in a Sacramento city directory in 1934, as a clerk for The Thomson-Diggs Co. at 1800 3rd St. He was then residing at 1514 T St.

By 1938, Melvin was serving as the company's department manager. And from about 1940 to about 1945, he worked as a salesman for the company. Melvin became the sole owner of College Hardware & Cyclery in about 1950, and Dritz maintained ownership of Dritz Cyclery, which would eventually be run un-

See Cyclery, page 14



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# \$2.2M grant in the works for Del Rio Trail project

(Editor's Note: The following is a brief statement from the South Land Park Neighborhood Association): "Great news for South Land Park and the City of Sacramento: the Sacramento Area Council of Governments is slated to approve a \$2.2 mil-

lion grant to launch the Del Rio Trail project!

"This rail-to-trail conversion will provide a great neighborhood amenity on an abandoned rail spur running from Pocket Road to the Land Park area near the zoo. Biking and walking in our community will be greatly improved.

"SLPNA pushed very hard for this project, and worked in tandem with many facets of our community. Many neighborhood volunteers, public officials, school children, nonprofits, and city staff participated in getting this off the ground! Stay tuned for future details!"

The following piece was written last May by Greg Brown. It was featured in our sister paper, the Land Park News.

The Del Rio Trail in South Land Park sounds like something John Wayne would have rode a Stagecoach through in one of those old movie Westerns. "Alright, pilgrim. I'll meet you on the Del Rio trail!"

The natural trail has primarily been used by locals as

a 4-mile public walking trail. One spot along the trail is nicknamed the "Secret Glorious Place" by a local Waldorf pre-school teacher.

The sights and sounds of birds and bees are everywhere. California poppies and wildflowers blooming throughout the trail. There's also a strong scent of springtime in Sacramento along the trail.

There's a "No Trespassing" sign that everybody ignores and some janky gates that don't keep anybody out. The trail is lined with backyard fences along the way.

The Del Rio Trail is owned by Regional Transit. They bought it back in the '80s as surplus property thinking one day they'd run the Blue Line through there. These days they have no use for it.

It's now up for sale. I saw the new For Sale sign staked on the corner of San Mateo and Riverside.

The State Parks and Recreation Commission was proposing an excursion train full of tourists chugging through the four mile stretch of the Del Rio Trail on its way to Pocket Road from Old Sacramento. There would be a stop in between at the Sacramento Zoo. Once the neighborhood learned about it they mobilized and expressed

vocal opposition to the train traffic traveling through their quiet neighborhood.

It worked. State Parks backed down and agreed to remove the four-mile neighborhood section from its general plan and a revised plan was adopted last May. The State Parks and Recreation Commission approved the train stations at the Sacramento Zoo and at Pocket Road.

This raises a question as to how will the trains travel from Old Sacramento to Pocket Road without using the South Land Park tracks?

Could there be a round two battle brewing over the tourist trains?

Hopefully, not. Although, there are still concerns from local residents.

A group of neighbors have joined together with the leadership of the South Land Park Neighborhood Association and the City Of Sacramento. They call themselves the South Land Park Trail and Greenbelt Committee.

The committee includes residents from South Land Park Hills, South Land Park Terrace, and local high school students. They are creating a neighborhood action plan for the four miles of abandoned

tracks that run from Sutterville Road, behind Sprouts, and extends to Pocket Road near Freeport Boulevard. It would be a multi-use trail. Pedestrians, bicyclists and dog walkers would co-exist in harmony along the urban trail.

In the wider sections of the trail they'd like to create community gardens where a school group or neighborhood could plant organic gardens. Some parts of the Del Rio Trail can get gritty. Wider sections towards the South are brownfields with some trash from Freeport and illegal camping. The goal is to improve and protect the neighborhood.

Give the trail some TLC.

I met with Brian Ebbet and Sharon Louie on the Del Rio Trail one sunny afternoon to learn more about the rail to trail idea. Brian and Sharon are both members of the South Land Park Trail and Greenbelt Committee, also known as the "rail to trail" team.

"The rail to trail proposal is more than just a local amenity, it's also to prevent the trains from coming through our neighborhood," Brian told me. They want to be pre-emptive and pro-active.

"There's a pot of money out there for bike trails," Brian said.

The project is being considered for future grant funds that have a goal of improving bicycle and pedestrian mobility. The next step for the Rail to Trail team is to reach out to the community and engage with residents.

If you want to be a part of the rail to trail team or have comments or suggestions, contact Committee Chairperson Sharon Louie at SharonL6251@gmail.com.

# Blind golf has been hitting strong for 30 years at William Land Park

By GARY BAKER  
Special to the Land Park News

You don't have to be a professional golfer to enjoy playing nine holes at William Land Park Golf Course. In fact, you don't even have to be able to see. That's right! The Sacramento Society for the Blind, in conjunction with the current management of the golf course, The First Tee of Greater Sacramento, sponsors an opportunity for vision impaired individuals to play golf once a week at WLP-GC. For the past 30 years, an organized group known as the "Swing Club for the Blind" has put blind people with an enthusiasm for golf together with local, sighted volunteers so they can be assisted in their enjoyment of the game.

Paired with a volunteer who drives the golf cart and helps coach each vision impaired player with every shot, this group meets weekly on Monday mornings for a two-month period in the fall and spring.

The golf professional, who is also the First Tee Manager of WLP-GC, provides an hour long lesson to the Swing Club members each Monday before the group goes out on the course. Putting, chipping, pitching and driving are all included in the weekly lessons. The Swing Club includes about a dozen blind players,

both men and women, young and old, learning and playing golf in spite of their obvious handicap. Some are blind from birth, others have played golf for years but due to injuries, accidents, or disease have lost some ability to see, yet don't want to give up the game. Over the years of playing together this club has developed a genuine camaraderie between players and volunteers whose combined sense of humor and relentless kidding of one another frequently makes playing nine holes extra special fun for all involved.

For example, when on the putting green the flag pin is left in the hole and one of the volunteers taps the pin (usually with another golf club) to make a clanking noise so the blind player who is putting can get a sense of the right direction in which to hit the ball. One player in particular is so good at this technique that he often putts his ball within two or three inches of the hole, if not into it. When asked how he does it, he replies, "It's easy. Just close your eyes."

I've been a volunteer with the Swing Club since retiring from work six years ago and continue to find each outing with these vision impaired folks to be always rewarding and enjoyable. This is a worthy endeavor and as such deserves



Teeing off.

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# My Sister's House hosts 12th annual Run for a Safe Haven

## Proceeds to help survivors of domestic violence and human trafficking

My Sister's House, a non-profit organization addressing the culturally unique needs of Asian Pacific Islander women and other underserved women and children impacted by domestic violence and human traf-

ficking in the Central Valley, is hosting its 12th annual 5k run or walk on Saturday, Oct. 24 at William Land Park. Proceeds raised from the event will help My Sister's My Sister's House, a non-profit organization ad-

ressing the culturally unique needs of Asian Pacific Islander women and other underserved women and children impacted by domestic violence and human trafficking in the Central Valley, is hosting its 12th an-

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The annual Run for a Safe Haven has been a primary fundraiser for My Sister's House since 2003 and expects to draw in more than 2,000 runners and walkers. Last year, participants in attendance raised over \$45,000 for My Sister's House services and programs.

"We are so excited to host this wonderful event again this year to work toward homes without violence and lives without fear," said Nilda My Sister's House, a non-profit organization addressing the culturally unique needs of Asian Pacific Islander women and other underserved women and children impacted by domestic violence and human trafficking in the Central Valley, is hosting its 12th annual 5k run or walk on Saturday, Oct. 24 at William Land Park. Proceeds raised from the event will help My Sister's House in its efforts to putting a stop to domestic violence and providing shelter to victims of domestic violence and human trafficking.

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Photos by Stephen Crowley

# Creepy Tales of the Sacramento Historic City Cemetery

By GARY BAKER

If you've ever visited the old Sacramento City Cemetery at Broadway and 10th Street, you already know about the famous people buried there including E. B. Crocker, Mark Hopkins, Jr., John August Sutter, Jr. and many other notables. But did you know about the people who actually entered the cemetery still breathing and never made it out alive? You can learn all about those unfortunate souls and hear other unusual stories about early Sacramento during the "Bosses in the Boneyard" tour, one of many tours offered by the Old City Cemetery Committee.

The Bosses of the Boneyard tour promises to cover the stories and burial sites of several City Cemetery superintendents plus a sprinkling of other buried politicians or influential people. But the tour takes a twist when the guide shares stories of several people who actually entered the cemetery alive but for one tragic reason or another, never made it out alive. First there was the story of John Gray, a painter from San Francisco, whose business was failing. While visiting his wife's brother's grave in May 1870, Mr. Gray decided to commit suicide. After swallowing a fatal dose of strychnine, graveyard workers found him groaning nearby sometime between 9 and 10 at night. They car-



ried him to the cemetery's chapel, where Mr. Gray died a horrible death as toxic chemicals ate away his internal organs.

Then, in 1893, there was the case of "Poor Andrew" Larson, a hod carrier who was hauling bricks into the Mortuary Chapel, then under construction, when the roof collapsed on Andrew and killed him. Other workers on the roof fell through, but landed

See Cemetery, page 12



## Cemetery:

Continued from page 12

unhurt on top of the debris that crushed Andrew.

Or the poor unfortunate Joseph Griffith, a Southern Pacific railroad man. While visiting the grave of his wife, who died thirteen months earlier, with his mother-in-law and five year old daughter present, poor Mr. Griffith fell over on his wife's grave site and died of a heart attack.

All told, over the past 150 years, seven people have died in the City Cemetery by accident, natural causes, murder and suicide. The tour also includes stories of local grave robbers and the grisly discoveries uncovered by the local police force.

Docent guided walking tours are offered on most Saturdays throughout the year. The Temperance and Prohibition tour provides a closer look at bar-owners, bootleggers, and members of the Women's Christian Temper-

ance Union. The Lantern Tours offered in October and held after dark share spooky stories of murder, death by spirits, and death by duel. So popular are the Lantern Tours, they sell out quickly each year. The cemetery, designed in a Victoria Garden style, is awash in flowers and trees and bushes. A number of the tours offered focus on the gardens and especially the roses, lovingly attended to by a bevy of dedicated volunteers. There is even a self-guided tour of early Sacramento Brewers buried in the cemetery. Pick up a map near the front entrance at 1000 Broadway, Sacramento. All tours are free, but donations to preserve the cemetery are gladly accepted. Tour guides are knowledgeable and enthusiastic and often share colorful excerpts from carefully researched local newspaper archives. To learn more, visit [www.oldcitycemetery.com](http://www.oldcitycemetery.com)



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# Cyclery:

Continued from page 7

advertisement with the words: "College Cyclery. We've been around since 1946."

Considering that the business dated back to 1945, the reference to 1946 was a technicality that perhaps went unnoticed by those who saw the advertisement during those years.

The business was mentioned in an article in the June 12, 1995 edition of The Bee, as follows: "Meyer's store is one of the oldest (bicycle shops) in Sacramento, having been founded in

the 1940s by H.C. Melvin, from whom Meyer bought the store 10 years ago. The shop, with two employees, has an eclectic mix of several lines of the latest bicycles on the market, along with a few old-fashioned oddities tossed in for variety."

Chuck and his wife, Lorene, sold College Cyclery to their daughter, Allison Cox, and their son-in-law, Terry Cox, in 2006, and the business has since continued to build upon its notoriety of providing fine merchandise and quality service.

Soon after the Coxes' acquisition of College Cyclery, Terry began advertis-

ing the business as having been established in 1935, and recently, the shop was advertised in this paper as celebrating its 80th anniversary.

But as research for this article revealed, the business did not open until 1945.

In becoming aware of that fact last week, Terry said that it was important to him to publicly comment about his business's nearly decade-long belief that the shop opened in 1935.

Terry explained that a particular website led him to that belief.

"I guess you can't believe everything you read on the Internet," Terry said.

"At one point, we thought we might have been founded in 1932."

Unfortunately, a little misinformation can go a long way, as the business's neon sign includes the wording: "Established 1935."

In further commenting about that topic, Terry said, "We tried to do our research, so that's how we came up with (the establishment year of 1935). Now we can look forward to doing an official party. But whether it's 70 or 80 years, it doesn't change the fact that we are the oldest (operating) bike shop in Sacramento and in Northern California in the same location."

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<p style="text-align: center; font-weight: bold;">ADDITION SPECIALIST</p> <div style="background-color: white; padding: 5px;"> <p><b>LYTLE CONSTRUCTION INC.</b></p> <p>Award-Winning Design/Build Firm Serving Sacramento for more than 25 years</p> <p>Remodeling and Design LIC# 480492</p> <p>Certified Kitchen &amp; Bath Remodeler</p> <p>www.lytleconstruction.com</p> </div> <ul style="list-style-type: none"> <li>• Additions</li> <li>• Kitchens</li> <li>• Bathrooms</li> <li>• Custom Cabinetry</li> </ul> <p style="text-align: right; font-weight: bold;">FREE Consultation 916-422-6639</p>	<p style="text-align: center; font-weight: bold;">BUILDERS</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">GOODRUM BUILDERS INC.</p> <p style="text-align: center;">GENERAL CONTRACTORS SINCE 1979</p> <p style="text-align: center;">For All Your Design/New Construction &amp; Home Renovation Needs</p> <ul style="list-style-type: none"> <li>• CUSTOM HOMES • KITCHEN/BATH REMODELS • ADDITIONS</li> <li>• FULL TEAR-DOWNS • ROOFS • CONCRETE</li> <li>• FIRE/FLOOD DAMAGE REPAIR • ADA ACCESSIBLE ALTERATIONS</li> </ul> <p style="text-align: center; font-weight: bold;">CALL NOW FOR FREE ESTIMATE: (916) 441-4800</p> <p style="font-size: 0.7em;">*Highly Competitive Rates • CA Lic #794864 • Dryrot Specialists</p> </div>	<p style="text-align: center; font-weight: bold;">ELECTRICAL CONTRACTOR</p> <div style="background-color: white; padding: 5px;"> <p><b>CAPITOL ELECTRIC</b></p> <p>Reasonable Residential &amp; Commercial Work since 1960</p> <p>Repairs, Trouble Shooting Custom Lighting/FREE Est. Excellent ref from Angie's List</p> <p style="text-align: center; font-weight: bold;">(916) 451-2300 Cell: 213-3740</p> <p style="font-size: 0.7em;">Neil McIntire — C.S.L.# 394307</p> </div>
<p style="text-align: center; font-weight: bold;">CLEANING</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">Prime Quality Maintenance</p> <ul style="list-style-type: none"> <li>• Rain Gutter Cleaning</li> <li>• Window Cleaning (inside/out/screens washed)</li> <li>• Pressure Washing (all surface areas)</li> <li>• Hard Water Stain Removal</li> <li>• Landscape Maintenance</li> </ul> <p style="text-align: right; font-size: 0.7em;">Free Estimates Licensed &amp; Insured CSL# 996271</p> <p style="text-align: center; font-weight: bold;">Call Jesse: 916-428-2940</p> </div>	<p style="text-align: center; font-weight: bold;">CREATURE CATCHERS/REMOVAL</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">CREATURE CATCHERS</p> <p style="text-align: center;">WILDLIFE MANAGEMENT</p> <p style="text-align: center;">Creature Catchers Wildlife Management "If it walks or flies, we'll remove it"</p> <p style="font-size: 0.7em;">Humane and non-toxic solutions for both animals &amp; man</p> <p>Dead Animal Location/Removal • Exclusion Work Live Trapping • Humane Removal • Repair Skunks • Fox • Raccoon • Opossum • Squirrels Mice/Rats • Birds/Bats (bat elimination)</p> <p style="text-align: center; font-weight: bold;">CreatureCatchers.org 530 885-PEST(7378)</p> </div>	<p style="text-align: center; font-weight: bold;">HANDYMAN</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">HOLIDAY YARD CLEAN-UP SPECIALS!</p> <ul style="list-style-type: none"> <li>• HAULING &amp; YARD CLEAN-UP</li> <li>• RAIN GUTTER CLEANING</li> <li>• CONCRETE REMOVAL</li> <li>• HEDGE TRIMMING / SHRUB REMOVAL</li> <li>• PRESSURE WASHING</li> </ul> <p style="text-align: center; font-size: 0.7em;">Pressure wash your driveways clean! your decks, too! Clean out your garage! Replace that old lawn! Hard work ---not a problem! SPECIALS FOR SENIORS/SERVING THE AREA FOR OVER 18 YRS*</p> <p style="text-align: right; font-weight: bold;">Call LESTER (916) 838-1247 Lic#128758/Ref</p> </div>
<p style="text-align: center; font-weight: bold;">FORKLIFTS NEW/USED</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-size: 2em; font-weight: bold;">90 Arden Way</p> <p style="text-align: center; font-weight: bold;">SacramentoLift.com</p> </div>	<p style="text-align: center; font-weight: bold;">HANDYMAN</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">FREEDOM HANDYMAN SERVICE</p> <p style="text-align: center;">I specialize in all areas of home improvement!</p> <p style="text-align: center; font-size: 0.8em;">Quality work the first time, guaranteed!</p> <p style="text-align: center; font-weight: bold;">Carpentry - Electrical - Plumbing - Demolition Sprinklers - Sheetrock Fix leaks of all types</p> <p style="text-align: center; font-size: 0.7em;">Accepts All Major Credit Cards "Senior Discount"</p> <p style="text-align: center; font-size: 0.7em;">NEIGHBORHOOD SMALL! Licensed and Insured #152402</p> <p style="text-align: right; font-weight: bold;">Call Eric (916) 470-3488</p> </div>	<p style="text-align: center; font-weight: bold;">HANDYMAN</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">HOLIDAY YARD CLEAN-UP SPECIALS!</p> <ul style="list-style-type: none"> <li>• HAULING &amp; YARD CLEAN-UP</li> <li>• RAIN GUTTER CLEANING</li> <li>• CONCRETE REMOVAL</li> <li>• HEDGE TRIMMING / SHRUB REMOVAL</li> <li>• PRESSURE WASHING</li> </ul> <p style="text-align: center; font-size: 0.7em;">Pressure wash your driveways clean! your decks, too! Clean out your garage! Replace that old lawn! Hard work ---not a problem! SPECIALS FOR SENIORS/SERVING THE AREA FOR OVER 18 YRS*</p> <p style="text-align: right; font-weight: bold;">Call LESTER (916) 838-1247 Lic#128758/Ref</p> </div>
<p style="text-align: center; font-weight: bold;">HARDWOOD FLOORS</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">Restore Your Floor</p> <p style="font-size: 0.8em;">Hardwood Flooring Installation - Repair - Refinishing Sanding - Custom Staining</p> <p style="font-size: 0.7em;">(916) 235-3557 - FREE Estimates www.SacramentoHardwood.com</p> <p style="font-size: 0.7em;">A family tradition since 1957 Lic # 794448</p> </div>	<p style="text-align: center; font-weight: bold;">HOUSE CLEANING</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">Allaway's House Cleaning</p> <ul style="list-style-type: none"> <li>• Owner Operated • Reasonable Rates</li> <li>• Satisfaction Guaranteed</li> </ul> <p style="text-align: center; font-size: 0.7em;">Excellent References of 20 Years or More</p> <p style="text-align: center; font-weight: bold;">Call Rick: (916) 832-4199 (916) 600-0172</p> <p style="text-align: center; font-size: 0.7em;">for FREE Estimate • Licensed &amp; Bonded</p> </div>	<p style="text-align: center; font-weight: bold;">PAINTING</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">GARY'S PAINTING</p> <ul style="list-style-type: none"> <li>• Warranty</li> <li>• Senior Discounts</li> <li>• Professional &amp; Reliable</li> <li>• Interior &amp; Exterior Painting</li> <li>• Using only Kelly-Moore Paint!</li> </ul> <p style="text-align: right; font-weight: bold; font-size: 1.2em;">(916) 725-8781</p> <p style="text-align: right; font-size: 0.7em;">FREE Estimates!</p> </div>
<p style="text-align: center; font-weight: bold;">PAINTING</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">COOK PAINTING</p> <p style="font-size: 0.8em;">Freshen up for the Holidays! VCN Special</p> <ul style="list-style-type: none"> <li>• Custom Painting</li> <li>• Super clean, neat &amp; fast</li> <li>• Interior/Exterior</li> <li>• Cabinets</li> </ul> <p style="font-size: 0.7em;">In business since 1982</p> <p style="text-align: center; font-weight: bold; font-size: 1.2em;">(916) 591-5056</p> <p style="font-size: 0.7em;">As seen on yelp</p> </div>	<p style="text-align: center; font-weight: bold;">PAINTING</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">SOVEREIGN PAINTING</p> <p style="font-size: 0.8em;">Quality craftsmanship 3rd Generation Painter with over 30-years experience</p> <p style="text-align: center; font-weight: bold;">(916) 422-4416</p> <p style="font-size: 0.7em;">sovereignpaintingco.com sovereignpaint@yahoo.com</p> <p style="font-size: 0.7em;">Dan Sovereign, Interior &amp; Exterior Painting Lic# 484215 Better Business Bureau Member</p> </div>	<p style="text-align: center; font-weight: bold;">PAINTING</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">ROONEY'S PLUMBING</p> <p style="text-align: center;">FULL SERVICE PLUMBING</p> <p style="text-align: center; font-weight: bold; font-size: 1.5em;">456-7777</p> <p style="font-size: 0.7em;">rooneysplumbing.com License #683668</p> </div>
<p style="text-align: center; font-weight: bold;">PLUMBING</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">ROONEY'S PLUMBING</p> <p style="text-align: center;">FULL SERVICE PLUMBING</p> <p style="text-align: center; font-weight: bold; font-size: 1.5em;">456-7777</p> <p style="font-size: 0.7em;">rooneysplumbing.com License #683668</p> </div>	<p style="text-align: center; font-weight: bold;">RACKS &amp; SHELVING</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">Rack Man!</p> <p style="font-size: 0.8em;">Forklifts Shelving Pallet Rack New &amp; Used AWESOME!!!!</p> <p style="text-align: center; font-weight: bold; font-size: 1.2em;">(916) 444-7225</p> <p style="font-size: 0.7em;">SACRAMENTO RACK AND SHELVING</p> </div>	<p style="text-align: center; font-weight: bold;">PLUMBING</p> <div style="background-color: white; padding: 5px;"> <p style="text-align: center; font-weight: bold;">ROONEY'S PLUMBING</p> <p style="text-align: center;">FULL SERVICE PLUMBING</p> <p style="text-align: center; font-weight: bold; font-size: 1.5em;">456-7777</p> <p style="font-size: 0.7em;">rooneysplumbing.com License #683668</p> </div>

# Matias Bombal's Hollywood

## Bridge of Spies

The MPAA has rated this PG-13

DreamworksSKG and Twentieth Century Fox offer Steven Spielberg's cloak and dagger, cold war, real life saga "Bridge of Spies". The former insurance attorney James B. Donovan (Tom Hanks), whose career of remarkable international negoti-

ation skills began with a tenuous exchange of prisoners is brought to life in this movie. The head of the firm where Donovan works, Thomas Watters, Jr. (Alan Alda) recruits Donovan for a thankless job; defending a KGB intelligence officer, Rudolf Abel (Mark Rylance), recently captured by the CIA in New York City. The prag-

See Spies, page 17



## Spies:

Continued from page 16

matic painter Abel had been sending US military secrets to Russia.

Donovan did not relish the assignment, but his firm had no idea that he would then do his job to the very best of his ability, with due diligence of making sure that the clearly guilty man was given every opportunity allowed by the law in the United States. His colleagues are stunned that he would perform the task so altruistically, since the accused was clearly an enemy of the USA. Donovan clung to the ideals established into law in the Constitution of the United States. The movie depicts, according to the screenplay by Ethan and Joel Coen (with Matt Charman), how hated he becomes, and that his life is in danger. Riding the elevated train in the city, passengers stare at him with a scowl as they look up and see him, after having just seen his photo in the evening editions.

He successfully, and quite surprisingly arranges for a

long imprisonment rather than a death sentence for Abel when he argues to the Supreme Court that it would be wise to keep him in case of the future need to possibly trade him back to the USSR in case a U.S. citizen or soldier is captured by Russia. That very opportunity presents itself when U-2 spy plane pilot Francis G. Powers (Austin Stowell) is shot down over Soviet soil.

Donvan is asked to negotiate a trade of the two men, secretly, on his own, as the U.S. government will not officially sanction his acting on the behalf of the USA. True to his pursuit of justice and love of country, he accepts the risk and is sent to Berlin, where he is to "unofficially" meet with Russian leaders to negotiate the trade, while shadowed by the CIA. It becomes more complicated when Donvan notes that a U.S. citizen in East Berlin, Frederic Pryor (Will Rogers) is also captured by the German police trying to escape to West Berlin, so he wants to land two for one.

This movie is an excellent example of Hollywood at its best at every level. Great writing, Spielberg's ability to make images so memorable that they linger in our mind, great photography by Janusz Kaminski and a good score by Thomas Newman, are all superlative throughout. This movie reminded me much of the feel of Martin Ritt's movie version of John Le Carré's "The Spy Who Came In from the Cold" of 1965. Hanks is effective in this, his fourth film with Spielberg, and great to see Alan Alda on the screen, even so briefly. Many of the locations are the actual places in New York, Germany and Poland. This will make for an excellent time at the movies, put it on your list of pictures to see.

# Your Home Improvement Guide

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Quality Cabinets • Outlet Pricing

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FREE Consultation!

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Lic# 571637

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Tall Weeds, Blackberries Cut,  
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Trenching, Bobcat Backhoe  
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**Terra Bella Tree & Gardening Service**  
"Not your typical mow, blow & go company!"

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- Full Yard Maintenance

Family Owned • 25 years experience!  
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SENIOR DISCOUNTS AVAILABLE  
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**For Veteran's Only**  
FREE LUNCHEON  
with a 20-minute presentation

Join us to learn about the burial benefits you've earned through the VA.

**Wednesday, November 4**  
11:30 am to 12:30 pm  
EAST LAWN  
Elk Grove  
Memorial Park & Mortuary  
9189 E. Stockton Blvd.  
Elk Grove, CA 95624  
Lic. #FD-1455  
Tel 916.732.2031

Seating is limited to 30 attendees per seminar  
RSVP today and reserve your seat.

RSVP Stefanie at stefanies@eastlawn.com  
FD#1455 www.EastLawn.com

## - EVENT LISTING SECTION -

Please Come...  
**CRAFT FAIR**

Our 37<sup>th</sup> Year ~ Over 150 Crafters

Friday, Dec. 4 5 - 9 p.m. (\$5.00 at door)  
Saturday, Dec. 5 9 a.m. - 7 p.m. (Free)  
Sunday, Dec. 6 9 a.m. - 3 p.m. (Free)

**St. John the Evangelist School**  
5701 Locust Avenue • Carmichael, CA 95608

**"CHRISTMAS TO REMEMBER"**  
Handmade Only Craft Show  
Unique gifts & holiday decorations!

November 5th 3 p.m. - 8 p.m.  
November 6th 9 a.m. - 8 p.m.  
November 7th 9 a.m. - 4 p.m.

**Serbian Hall - 7777 Sunset Avenue, Fair Oaks**  
More information at www.craftytreasures.com

**Holiday Craft Faire**  
Saturday, November 7  
9 a.m. to 3 p.m.

One of a kind holiday gifts!  
Mission Oaks Community Center  
4701 Gibbons Drive,  
Carmichael  
**916-972-0336**

**Sacramento Suburban Kiwanis presents**  
24th Annual Beaujolais Plus Wine Tasting and Silent Art Auction  
**Sunday, November 8, 2015, 4-7pm**  
Held at Carmichael Presbyterian Church  
5645 Marconi Ave., Carmichael

**For tickets call: (916) 972-7337**  
Award winning wines • live music • fine art  
full dinner by Jackson Catering & Events  
Proceeds benefit The Kiwanis Family House, Just for Kids, Easter Seals & other Kiwanis Projects

**\$40 per TICKET**

To the members of the  
1966 class of  
C.K. McClatchy High School

50 year REUNION is in October 2016.  
We are looking for you,  
PLEASE contact us

McClatchyreunion66@yahoo.com  
Facebook:  
McClatchy High school class of 1966

Crockett-Deane Ballet  
& Deane Dance Center  
present ...  
Nutcracker & Christmas Angels  
Saturday, Dec. 12<sup>th</sup>, 2 & 7 p.m.  
Sunday, Dec. 13<sup>th</sup>, 2 p.m.

"The Center" 2300 Sierra Blvd, Sacramento  
\$15 Adults; \$12 Seniors/Students;  
\$10 Children  
(Saturday night add \$5 per ticket)

(915) 453-0226 DeanDanceCenter.com

**Holiday Arts & Craft Fair**  
Saturday November 14th, 2015 - 9a.m.- 3p.m.

A festival of all hand-made unique gifts from Crafters and Artists Free admission. Drawings All Day.  
Great Food. Baked Goods. Reasonable Prices

**Sacramento Elks Lodge #6**  
6446 Riverside Blvd. Sacramento, 95831  
For more information call Mary Jo 916-691-3059

**CAPITOL Chamber Players**

**NOVEMBER 1, 3:00 p.m.**  
Fremont Presbyterian Church  
5770 Carlson Drive, Sacramento

**Music of Florentine Tales**

- › Rona Commins, soprano
- › Maquette Kuper, flute
- › Robert Bloch, violin
- › Rejean Anderson, cello
- › Susan Erickson, harpsichord

**A Musical Travelogue**  
Images and music from Vivaldi's Venice and the Pieta orphanage, Caccini and Florence with murder and jousts.  
Settings from Rona Commins' book, Forever Florence, True Tales of Italian Intrigue.

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32 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Sensi (916) 640-3820, Nevada (775) 410-3422. Same low 1990 rates. www.taxirene.info • taxireneinfo@gmail.com

**HANDYMAN SERVICES**  
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

**HANDYMAN**

**HOLIDAY CLEAN-UP SPECIALS!**  
Rain Gutter cleaning- Yard clean-up. Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. 18 yrs. exp. Specials for seniors. Licensed

**CASH PAID FOR DIABETIC TEST STRIPS**

**We pay up to \$30 per box cash on the spot**  
(prices vary depending on brand, quantity and expiration date)

We offer FAST PICKUP at a location that is conveniently located near you.  
Boxes must be unopened and unexpired

For Prompt Attention Please Call Rachel at:  
**(916) 505-4673**

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32 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp. Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Sensi (916) 640-3820, Nevada (775) 410-3422. www.taxirene.info • taxireneinfo@gmail.com

Queen Plush Top Mattress  
**«\$150»**

Other Sizes To Choose From  
Call To Arrange Your Savings!  
♥ **916-661-2400** ♥  
**Up To 75% OFF MSRP!**

**Holiday Magic** 

**Starts November 6th at 10:00**

Come join in the magic of the season, Christmas decorations, Christmas trees, lights, ornaments, china, silver, linens, Dept. 56, gift items and much more.

2708 Marconi Ave., Sacramento, CA. 95821  
**916.484.0227**  
 Fri. 10:00-6:00 Sat.-Sun. 10:00-5:00

 **Discovery Shop**  
 Unique Quality Resale Experience™ cancer.org/discovery | 1.800.227.2345

**FREE Children's SONSHINE FALL FESTIVAL**

**Saturday, October 31st**  
**11:00 am - 2:00 pm**

Carnival Games, Craft Activities, Big Slide, Refreshments, Prizes And Much More!

 Children are welcome to wear their costumes if so desired. (Costume parade starts at 1:00 P.M. and is not a contest.)

Greenhaven Lutheran Church  
 475 Florin Road at Gloria Drive • 428-8449

**CITY OF SACRAMENTO** presents

**5th Annual VETERANS DAY PARADE**  
 "Let's Step It Up For Our Veterans"

**Wednesday, November 11, 2015**  
 Capitol Mall (between 3rd & 9th Streets)  
 Parade Begins at 11:00 a.m.  
 Program at West Steps of State Capitol (following the conclusion of the parade)

**FREE**

**"Celebrating and Honoring Those That Have Served and Continue to Serve."**

- Information Booths
- Band Contest
- Children Activities
- Food Trucks
- Activities Until 2:30 p.m.

For more information please call (916) 808-6789 or email [sacvetparade@cityofsacramento.org](mailto:sacvetparade@cityofsacramento.org)



# CALENDAR

Send your event announcement for consideration to: [editor@valcomnews.com](mailto:editor@valcomnews.com) at least two weeks prior to publication.

**Non-Profit Organization is Seeking Local Host Families for High School Exchange Students**

ASSE International Student Exchange Programs (ASSE), in cooperation with your community high school, is looking for local families to host boys and girls between the ages of 15 to 18 from a variety of countries: Norway, Denmark, Spain, Italy, Japan, to name a few. ASSE students are enthusiastic and excited to experience American culture while they practice their English. They also love to share their own culture and language with their host families. Host families welcome these students into their family, not as a guest, but as a family member, giving everyone involved a rich cultural experience. The exchange students have pocket money for personal expenses and full health, accident and liability insurance. ASSE students are selected based on academics and personality, and host families can choose their student from a wide variety of backgrounds, countries and personal interests. To become an ASSE Host Family or to find out how to become involved with ASSE in your community, please call 1-800-733-2773 or go to [www.host.asse.com](http://www.host.asse.com) to be-

gin your host family application. Students are eager to learn about their American host family, so begin the process of welcoming your new son or daughter today!

**The Sacramento Traditional Jazz Society (STJS) monthly music event**

Every second Sunday of the month, STJS has music at the Elks Lodge No. 6, 6446 Riverside Blvd., from noon to 5 p.m. Each month STJS has a different band, there is three different rooms to listen to music. Nominal fee for members is \$8; non-member price is \$10.

**Rotary Club South meeting**

The Rotary Club of South Sacramento meets at noon for lunch every Thursday at Iron Grill, located at 2422 13th St. (Broadway and 13th Street). Rotary is one of the largest service organizations in the world dedicated to community service both locally and internationally. Please call JR Springer at 425-9195 for additional information.

**Beginning tai chi gong**

These exercises use the principle of chi flowing properly throughout the body to maintain the equilibrium of yin and yang. Regular practice of these forms will develop better balance and flexibility, gain strength,

promote deep relaxation, and improve health. This beginning class will also learn the 24 Yang Style Tai Chi and Yi Jing, a traditional Health Qi Gong. Pre-registration and prepayment required or \$7 drop-in fee at the door. Class will be held on Tuesdays from 4:00-5:00 pm at ACC Senior Services, 7334 Park City Drive. For more details, call (916)393-9026 ext 330, [www.accsv.org](http://www.accsv.org).

## OCTOBER

**Stalking/harassment workshop**

Oct. 22: This workshop will go over what is stalking behavior, what to do if you are a victim and how to respond. The presentation will also cover crime victim right in California. Free of charge. Pre-registration is required. Class will be held from 10 to 11 a.m. at ACC Senior Services, 7334 Park City Drive. For more details, call 393-9026 ext 330, [www.accsv.org](http://www.accsv.org).

**Judah Harvest Festival**

Oct. 23: The annual Theodore Judah Elementary Harvest Festival is scheduled from 4:30 to 7:30 p.m., at the back of the school's campus. This is an exceptional event for families and you don't need to have a student at Judah to attend. Festivities include carnival-type booths created by each class, back by popular demand are food trucks, a pumpkin carving contest, an incredible cakewalk, a photo booth and pony rides. Harvest Festival wristband for unlimited carnival booths (not good for food, cake walk or pony rides) or individual tickets can be purchased in advance or the day of the event. Money raised from the Harvest Festival goes directly back to Theodore Judah Elementary teachers and will be used for supplies and field trips. Check the Judah PTA website at [www.theodorejudahpta.org](http://www.theodorejudahpta.org) or download the school new app on your Smartphone for more information and to purchase tickets.

**Dark dangers safety and self defense free clinic**

Oct. 23: Robinson's Taekwondo offers a free clinic on personal safety and self-defense just for women. Women are especially vulnerable as they are exposed to danger as they pick up and drop off family members in school or shopping mall parking lots. Registration is required at <http://www.robinsonstkd.com> or call 1-888-249-7853 for more information regarding time and location.

**Sharing the Heart of Yogananda Meditation - The Path of Happiness**

Oct. 23: From 7-8:30 p.m., find peace, happiness, healing and reduce stress at this free event. Scottish Rite Masonic Center, 6151 H St. Ananda ministers, Nyaswami Nirma-la and Dharmadas, present a talk sharing the many physical, mental and spiritual benefits of meditation as taught by Yoga Master, Paramhansa Yogananda. These events are the first of Ananda's world-wide initiative, Sharing the Heart of Yogananda, in the Greater Sacramento Area which will focus on Yogananda's teachings on yoga, health, and meditation. These free programs are offered as a service to help others learn how to lead a healthier and happier life.

**Sharing the Heart of Yogananda Meditation - The Path of Happiness**

Oct. 24: From 2 to 4 p.m., find peace, happiness, healing and reduce stress at this free event. at Sunlight of the Spirit, 2314 J St. Ananda ministers, Nyaswami Nirma-la and Dharmadas, present a talk sharing the many physical, mental and spiritual benefits of meditation as taught by Yoga Master, Paramhansa Yogananda. These events are the first of Ananda's world-wide initiative, Sharing the Heart of Yogananda, in the

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## Calendar:

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**Greater Sacramento Area** which will focus on Yogananda's teachings on yoga, health, and meditation. The free program is offered as a service to help others learn how to lead a healthier and happier life.

**Ghost Tours at the Sacramento History Museum**

Oct. 23 and 24: Visitors to Old Sacramento can journey back in time to hear ghostly tales and spooky stories as they walk through the history-rich streets and re-live 19th century lore. Entertaining yet knowledgeable tour guides will take daring and inquisitive guests through Old Sacramento's infamous locales to experience a bit of the dark side of California's history. For more, go to [www.sachistorymuseum.org](http://www.sachistorymuseum.org), 101 I St.

**Lantern Tours at the Sacramento City Cemetery**

Oct. 23 and 24: Embark on a lantern led walking tour through Sacramento's past at the Sacramento City Cemetery! Guests experience stories of murder, death by spirits, death by duel or morphine, and even men impersonating women - all this while encountering other unexpected visitors from beyond. Stories will be told by our eternal residents. Hurry, tickets sell out fast...for more information please visit [www.oldcity-cemetery.com](http://www.oldcity-cemetery.com), 1000 Broadway

**The Haunted Fort at Sutter's Fort State Historic Park**

Oct. 23 and 24: For those interested in a ghoulishly unique experience, check out the sixth annual "The Haunted Fort" at Sutter's Fort State Historic Park (SHP). Once again, the historic site will offer a special Halloween program based in fact but with a decidedly creepy twist. Daring visitors will go on guided lantern-lit tours through the darkened rooms and hear unusual and intriguing tales of how some of California's early pioneers perished throughout history. For more, visit [www.suttersfort.org](http://www.suttersfort.org)

**29th Annual Safe & Super Halloween: Pirates at Fairytale Town**

Oct. 23, 24 and 25: Avast ye! Join yer favorite pirates for three nights of trick-or-treating and family fun from 5 to 9 p.m.! Davy Jones, Jack Sparrow and the cursed treasure take center stage. Duels, games, 17 candy stations, hands-on activities, a costume parade and more pirate shenanigans await! Tickets go on sale September 1. Advance tickets are \$7-\$10 per person. Beginning Oct. 23, tickets are \$12 per person. Puppet show tickets are \$1 for members and \$2 for nonmembers. For more information, visit [fairytaletown.org](http://fairytaletown.org) or call 808-7462. Sponsored by Smile Business Products. Fairytale Town is located at 3901 Land Park Drive.

**Fire Station 56 Open House**

Oct. 24: Fire Station 56, located at 3720 47th Ave., will have an open house from 2 to 4 p.m. Meet firefighters and possibly mascot Sparky.

**George Sakellariou in concert**

Oct. 24: The Sacramento Guitar Society presents old-world master guitarist, George Sakellariou, and up and coming classical guitarist, Jon Mendle on Saturday, October 24, 7:30 p.m. at Harris Center for the Arts at Folsom Lake College. For details, see [www.folsomcenter.net](http://www.folsomcenter.net) or 916-608-6888 or [www.sacramentoguitarsociety.org](http://www.sacramentoguitarsociety.org).

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**Tuner Car Show at the California Automobile Museum**

Oct. 24: California Automobile Museum is breaking into the world of modern cars and modern modifications. In partnership with local car clubs, NorCalSTclub and NorCal S2K, the real world of the tuners will be on show from 8 a.m. to noon! This show is FREE for spectators. All registered cars will be eligible to win in one of the following categories. Judging will be done by ballot, with trophies presented and prize money available for Best In Show and the Runner Up! Visit [Calautomuseum.org](http://Calautomuseum.org) or call (916) 442-6802 for more information.

**53rd Season second concert**

Oct. 24: Starting at 7:30 p.m., the Camellia Symphony Orchestra will present its 53rd Season second concert at Sacramento City College Performing Arts Center, 3835 Freeport Blvd., Sacramento, CA 95822. There will be a pre-concert lecture at 6:45 p.m. with Maestro Christian Baldini. Guest vocalist will be opera singer Carrie Hennessey. Tickets are \$30 general, \$28 for seniors 65 and older; \$15 for students and \$8 for children 12 and under. They're available by calling 929-6655 [www.camelliasymphony.org](http://www.camelliasymphony.org).



**OCTOBER 25, 3:00 p.m.**  
 Congregation B'nai Israel (Chapel)  
 3600 Riverside Blvd, Sacramento

**Fall Classics**

- Maquette Kuper, flute
- Robert Bloch, violin
- Catherine Heusner, violin
- Howard Montenegro, viola
- Rhennie Boyle, viola
- Rejean Anderson, cello

**Works by Brahms, Beethoven Malcolm Arnold & Domenico Scarlatti**

**To the members of the 1966 class of C. K. McClatchy High School**

**50 year reunion is in October 2016**

**We are looking for you, PLEASE contact us**

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 [McClatchy High school class of 1966](https://www.facebook.com/McClatchyHighSchoolClassof1966)

**Holiday Arts and Craft Fair**  
 Saturday November 14th, 9am-3pm

A festival of all hand made unique gifts from crafters and Artists

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- Reasonable Prices

For more info call Mary Jo (916) 691-3059  
 Sacramento Elks Lodge #6, 6446 Riverside Blvd. Sacramento, 95831

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 Sunday: 11 a.m. - 5 p.m.



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**Sacramento**  
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 Fri. & Sat. 10am-6pm; Sun. 10am-5pm

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[www.harvestfestival.com](http://www.harvestfestival.com) • 800-346-1111

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**SOUTH LAND PARK**

3 bedroom 2 bath with hardwood and parquet floors, slate entry, and stained glass front door. Bonus room for an office or hobby room. Updated master bathroom and kitchen. Large living and family rooms each with a fireplace. Private backyard, with a pool, backs to Reichmuth Park. \$399,900

**LEIGH RUTLEDGE 612-6911**  
**BILL HAMBRICK 600-6528**



**FABULOUS LAND PARK**

Lovely updated 4 bedroom, 3½ bath home boasts comfy and friendly great room floorplan. Remodeled kitchen features Miele cooktop, double ovens, warming drawer and breakfast bar. Lovely family room with fireplace and wall of glass doors opening onto gorgeous treed and shady backyard with slate patio and pool. \$995,000

**CHARLENE SINGLEY 341-0305**



**BRENTWOOD VILLAGE**

Convenient Brentwood Village 3 bedroom home. Cute as a button and ready for you to start making memories. Beautiful hardwood floors, a cozy fireplace and a skylight in kitchen to brighten your day! Inside laundry room and spacious backyard. Attached garage. \$229,500

**SHEILA VAN NOY 505-5395**



**COZY NEW ORLEANS FLAIR**

Cozy alcoves, leaded glass built-ins and a whimsical staircase showcase this 3 or 4 bedroom home steeped in character and charm! 3 bedrooms plus bonus den/study, renovated bathroom and kitchen with stainless steel appliances and DCS gas range. Easy walking distance to park, local eateries and Sierra 2. \$484,888

**STEPHANIE GALLAGHER 342-2288**



**ELEGANT LAND PARK**

3 bedroom 2 bath, you will love the classic features such as coved ceilings, beautiful wood floors, and arched doorways. Spacious layout with a separate living room and family room, formal dining room, remodeled kitchen with nook, lovely brick patio! \$690,000

**ERIN STUMPF 342-1372**



**CURTIS PARK BRICK HOME**

This 3 bedroom, 2 bath home will steal your heart. Exposed beam ceiling in living room, filled with natural light, updated kitchen, cozy den with built-ins. Master bath and a 1/4 basement. And a Zen Studio and loft in the enchanting backyard. \$549,000

**CHRIIS BRIGGS 834-6483**  
**KAREN SANNDSTROM 803-0530**



**SOUTH LAND PARK CUL-DE-SAC**

Located on a spacious lot on a convenient cul-de-sac in South Land Park. Big lot (.36 acre) with big backyard, 3 bedrooms 2 baths with newer roof and dual pane windows. 2-car garage, covered patio, close to shopping and easy freeway access. Nicely maintained! \$385,000

**CHRIS BRIGGS 834-6483**



**HOLLYWOOD PARK**

A happy home is just waiting for you! Sometimes you just know when something is right – open the door! Family home in Hollywood Park with 4 bedrooms, 2 baths, hardwood floors, plantation shutters, an incredible kitchen and so much more! 4th bedroom could be a perfect office; updated bathrooms. \$369,500

**SHEILA VAN NOY 505-5395**



**HANDYMAN SPECIAL**

Spacious 1739 square foot home with 3 bedrooms and 2 baths located near Park Terrace Swim and Tennis Club. Living room fireplace, separate family room and breakfast nook. Inside laundry, 2-car garage. Tons of potential, bring your imagination and your toolbox. \$285,000

**CHRIS BRIGGS 834-6483**

*for current home listings, please visit:*

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