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Staff

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Stanford researchers release study of Alice Birney's educational approach

For the entire first hour of the morning in a seventh-grade classroom at Alice Birney School, there is not a single sound from Mr. Martin. And yet order rather than chaos prevails. What is happening here? The teacher, a long-time veteran, conducts the opening of the school day like a mute maestro, greeting each student at the door with a gentle handshake and friendly nod, leading students through their morning routine of calisthenics, making eye contact in some places, using hand signals in others, as the class enthusiastically stretches, twists, and reaches. The class continues through its routine: into choral song, verse recitation, and homework review. All the while, the teacher silently directs and connects with students, prompting particular individuals to answer the questions of their classmates, or gently touching the shoulders of others who have lost focus in order to redirect them. An air of deep, hard-won trust is palpable. The students trust their teacher, and he them. Having traversed their educational journey together beginning in first grade, what transpires in his classroom did not emerge instantaneously, but through hard work and dedication to a core set of values and practices. This pervasive sense of trust, that is so notably absent in many schools, embodies the essence of public Waldorf-inspired education. It is a trust that fuels nearly everything at Alice Birney.



-Growing a Waldorf-Inspired Approach in a Public School District

A recently released research study of Alice Birney Public Waldorf eK-8 School concludes that the school is a "powerful example of an alternative educational approach within a public system."

The study, "Growing a Waldorf-Inspired Approach in a Public School District," was conducted by the Stanford Center for Opportunity Policy in Education. The report was written by researchers Diane Friedlaender, Kyle Beckham, Xinhua Zheng and Linda Darling-Hammond. SCUSD's two other Waldorf public schools — AM Winn eK-8 and George Washington Carver School of Arts and Science — are also discussed in the 139-page report, which can be found at <edpolicy.stanford.edu/sites/default/files/publications/scope-report-waldorf-inspired-school.pdf>.

Source: SCUSD

Land Park community plans memorial bench commemorating Jack Peyton and his bulldog Rosebud

By GREG BROWN
Greg@valcomnews.com

A hollow emptiness has fallen upon William Land Park. The park has lost one of its regulars, Jack Peyton. Jack Peyton and his bulldog Rosebud were daily fixtures at William Land Park. Sadly, Jack passed away from cancer the day after Christmas. He was 70 years old.

He will be missed by family, friends, the Land Park community, and especially his canine companion, Rosebud. Jack Peyton was a Sacramento native. He graduated from C.K. McClatchy High School and Sacramento City College. Jack worked for the State of California for more than 30 years, served his country in the Vietnam War and was quite a creative type, too.

I got to know Jack and his bulldog while writing a feature story about them for the Land Park News last May. They made the cover. Jack was thrilled about it! In his e-mail to me he wrote, "I got a copy of the Land Park News. You wrote a great article. Thanks for the Pictures. Jack Peyton and Her Highness Rosebud."

He definitely treated Rosebud like a queen.

Dogs are very loyal to their owners. Occasionally, you'll see a story on the news about a dog not leaving its deceased owners' sides after they pass a way. A dog can go into a depression of sorts when its owner passes away. I'm sure it will be an adjustment for Rosebud. She may eat less kibble and be in a doggy funk for a while. But the bulldog

is a resilient breed and I'm sure she will bounce back and have sweet memories of her walks with Jack and all her doggie friends in William Land Park.

There were plenty of folks who would have loved to adopt and take care of Rosebud in Land Park. But, one of Jack's last wishes was for Rosebud to live with his sister and brother-in-law in Kansas. They're dog people and he thought it would be best for Rosie. His sister Jeanie Cole told me, "My sister and brother-in-law are fantastic with dogs. They always have Boston Terriers and Jack knew they would be great with her, and they are. They're in love with her."

Jack was a soft spoken man with a wry sense of humor. When we were in Land Park together hanging out and talking Jack joked, "Rosie is a better companion than a wife. Real unconditional love. No questions. No feedback."

And that's how Jack liked it. He was a private person.

Jack Peyton was also a creative person. He had a binder of cow drawings that he created over the years. He did it for self-satisfaction his sister Jeanie Cole told me, "They're jokes. They're cartoonish. His sense of humor was very different and it was funny."

Jeanie added, "We were so happy to find them!"

There were other things that she hasn't found that she would love to locate. When Jack was serving in Vietnam he used to draw cartoons of a character he called "Helmet Man". It was just a helmet with eyes and legs. He would send them home to his sisters for their amusement.



File photo by Greg Brown
Jack Peyton and his bulldog Rosebud took a break on a bench in William Land Park last spring.

Jack's social life revolved around his William Land Park visits with Rosie and the other dog owners, joggers, walkers, and local folks who enjoyed the park. He and Rosebud would spend hours visiting, talking, and exchanging treats with other dog owners.

Gabriel Lopez, a friend of Jack's from the park told me over the phone, "We were just two ornery old guys walking and talking." Gabriel took Rosebud to the park a couple times before she left for Kansas. His Chihuahua Ponsa and Rosie were dog buddies.

Susan Hoeffel, who is helping to spearhead a memorial bench in William Land Park for Jack said, "I think I am one of the many, many people who knew Jack and Rosebud."

"The response about the bench and Jack has been very overwhelmingly positive and endearing from people who saw him on a daily basis at the park who never spoke to him to the people who greeted and visited him

every day. Jack definitely had an impact on the community," Susan said.

Gabriel wants to pitch in and do the concrete for the pad so when he sits down at the proposed memorial bench he could "have his little thoughts about his times with Jack and Rosebud. It's something I'd like to leave behind for him, you know?" he said.

Before Jack passed away, they asked him about a memorial bench in William Land Park. His sister Jeanne said, "He was so pleased. He thought it was great they were going to do something like that."

They are hoping to have a dedication of Jack and Rosebud's bench when his sister comes back to Sacramento in March with Rosebud.

The Land Park Volunteer Corps is collecting tax-deductible donations. If you would like to donate money for Jack Peyton's memorial bench in William Land Park, the address is 3053 Freepoint Blvd. #231 Sacramento, CA 95818. Please designate that the donation is for Jack and Rosebud's bench.

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Cal Spring Thing set for March 5

If you have driven by Cal Middle School recently, you will notice the school is changing. But change is happening not only outside, inside as well. In the last two years, Cal has grown by over 150 students, tipping the enrollment to over 840 students, due to enhanced academic programs, stellar inclusive practice model, unique electives course offerings, and championship winning sports teams.

Cal is a beautiful and historic site in Land Park, with traditions steeped in the generations of local families passing through over the decades. With a recent \$3.1 million gymnasium renovation project completed, and expansion of both basketball and soccer programs, Cal is quickly becoming the "destination" middle school for not only Land Park residents, but students from all over the city seeking the "Cal" experience.

To help Cal continue on its path of excellence for the students and community, friends of Cal are getting ready for the 7th annual Cal Spring Thing on March 5. The Annual Cal Spring Thing raises much needed funds for the school and has become a neighborhood celebration as the community rallies behind its only middle school. The community's involvement has been pivotal in the growing successes of Cal. The Spring Thing will feature small plates served by local restaurants, beer and wine tastings, a live & silent auction, Wall of Wine and Cal student art will be for sale. Also, featured this year will be the Cal Culinary program.

The community is invited and encouraged to attend the event, starting at 6:30 p.m. at the Congregation B'Nai Israel at 3600 Riverside Blvd. For more information on the event and to purchase tickets, visit www.calspringthing.com or tickets are available at the Cal front office. Tickets will also be available at the door the night of the event.

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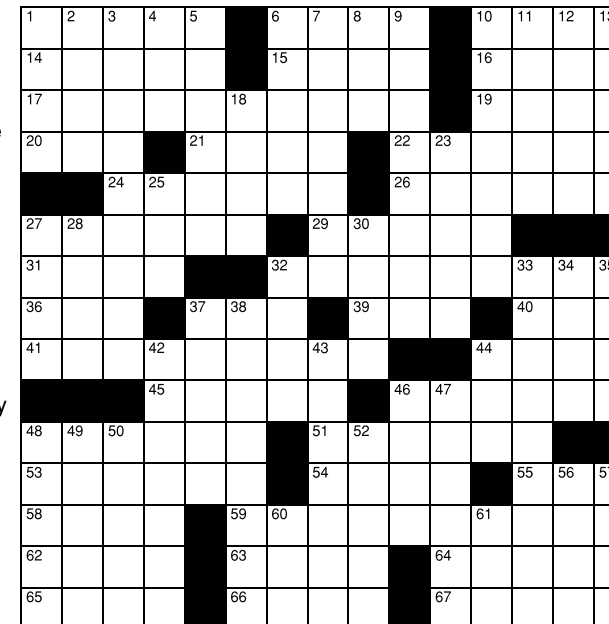
To participate on this page, call (916) 429-9901 for information

The Crossword

by Margie E. Burke

ACROSS

- 1 Worsted fabric
- 6 Out, in a way
- 10 Insult, slangily
- 14 Codeine source
- 15 Capitol feature
- 16 Furniture wood
- 17 Like a novel character
- 19 Broadcast
- 20 Air hero
- 21 Icky stuff
- 22 Cut with a scalpel
- 24 Examine closely
- 26 Overshoe
- 27 Bordeaux product
- 29 Time being
- 31 Bound along
- 32 The Joker, to Batman
- 36 ___ Maria
- 37 Grocery carrier
- 39 "___ we there yet?"
- 40 Giant syllable
- 41 Place for an axon
- 44 Time out?
- 45 Duck
- 46 Certain shark
- 48 One way to run
- 51 Declare with confidence
- 53 Stagger a bit
- 54 Bassoon, e.g.
- 55 Babysitter's handful
- 58 Be sore
- 59 Butcher block preserver
- 62 Phobos, to Mars
- 63 Coffee choice



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- 64 Body
- 65 Normal
- 66 Ethereal
- 67 Take up space

DOWN

- 1 Chesterfield, for one
- 2 "Beowulf," e.g.
- 3 Calligrapher's supply
- 4 Kind of feeling
- 5 Asylum seeker
- 6 Fernando's farewell
- 7 Library item
- 8 Big bird
- 9 Fashion bigwig

- 10 Biological classification
- 11 Calculus calculation
- 12 Biscotto
- 13 Taxi feature
- 18 Plug
- 23 Bead material
- 25 It comes before long
- 27 Tartan sporters
- 28 Tennis term
- 30 Like an oxeve window
- 32 Got gray
- 33 More convincingly, in legalese
- 34 Winter coating
- 35 Calendar span
- 37 Cut at an angle
- 38 Ivory tower milieu
- 42 Plant that has a "lemon" variety
- 43 Trainee
- 44 Surly sort
- 46 Computerphile
- 47 Calm
- 48 Alligator abode
- 49 Winter warmer
- 50 Dislike, and then some
- 52 Down-and-dirty
- 56 Hit alternative
- 57 Connive
- 60 Diamonds, to hoods
- 61 Bagel add-on

See answers, page 21

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Firefighters and civilians recognized for extreme heroism

Story by MONICA STARK
editor@valcomnews.com

Photo by STEPHEN CROWLEY
stephen@valcomnews.com

Recognizing acts of extreme heroism, the Sacramento Fire Department held a special awards ceremony on Dec. 11, 2015 at the Elks Lodge, No. 6. Emceed by KCRAs Kellie DeMarco and awards given to firefighters and civilians by Chief Walt White, the day's event recognized those who continue to make a difference in this great city. Local 522 Honor Guard and Sacramento Fire

Pipes and Drums presented the colors and Pioneer Mutual Hook and Ladder displayed their historic fire engines and other equipment. Rachel Sprague sang the National Anthem and Chaplain Kevin Snider provided the invocation.

In leading up to the presentation of the awards, DeMarco stated in her opening remarks that the fire department was established in 1850, and since then, "the brave men and women of the Sacramento Fire Department, some of whom have made the ultimate sacrifice in fulfillment

of their oath, have stood vigil over the citizens of Sacramento, protecting them from the ravages of fire.

"In addition to the brave men and women of the department, the great citizens of Sacramento display their commitment to the city by assisting their fellow community members during their time of need. Most of these acts go unnoticed by the public at large, but from time to time, these citizens' actions go above or exceed what the average citizen may do in a time of crisis."

Recognizing some of the citizens that have acted brave-

ly in the face of danger or who have given back to their community, the fire department recognized the following members of the **Community Emergency Response Team: Judy Johnson, Betty Omotunde, Linda Panattoni and Robert Ross.** CERT, first developed in 1985, is a team of volunteers sponsored by the SFD in fulfilling its mission.

The Commendation for Outstanding effort was awarded to Rick Flint and Will Johnson for the performance of an act under emergency conditions wherein a service is rendered that directly results in saving someone. It is the department's third highest civilian award.

On June 8, 2015, Flint and Johnson were part of a Teichert Construction crew working in North Sacramento. Suddenly, they both noticed smoke coming from a nearby home and drove by to investigate. The men found heavy fire, which had started in a garbage can adjacent to the house with the fire spreading inside the home. Without hesitation and without regard for their own safety, pulled their construction water truck into the driveway, and stretched a hose line from it and extinguished the fire. Acting quickly and decisively, they reduced the potential damage and property loss to this home.

On Feb. 21, 2014, **Stephen Saldana**, while performing his duties as a maintenance worker at California Fitness in North Natomas, found one of the patrons submerged at the

bottom of the swimming pool. Without thought to his personal safety and at great risk to his own well-being, he jumped into the pool and pulled the victim to the surface. After performing a quick check of the victim, he discovered the victim was not breathing and had no pulse. He immediately began CPR and summoned for help from his coworkers. The drowning victim is alive and well today. The chief of the fire department presented the **Commendation of Outstanding Effort.**

On June 26, 2013, in a completely unrelated incident as the previous recipients, the staff of the North Natomas branch of California Family Fitness worked together and removed a drowning victim from the swimming pool, performed CPR, delivered defibrillation with an AED unit and guided emergency crews to the patient's side. By all accounts, the crew's calmness, competency, attention to detail and preparedness resulted in a positive outcome. Due in large part to the staff's quick thinking and decisive action, the staff's heroic actions that day reflect great credit upon the organization and the department presented to the North Natomas California Family Fitness the Commendation of Outstanding Effort.

The Commendation of Merit is awarded to a civilian for an act of heroism or service performed at personal risk to save human life or property. Each citizen will receive a cita-

Heroes:

Continued from page 7

tion describing the actions that warrants the award. On Sept. 12, 2015, **Gregory Anderson** and **Christian Castaneda**, while traveling down San Juan Road, witnessed a vehicular accident. The driver of a small pickup had lost control of his truck and drove down an embankment and came to rest in the middle of a drainage canal that was full of water. Anderson and Castaneda stopped their vehicles and ran to the edge of the canal where they could see the pickup quickly sinking in the canal. Realizing the driver was trapped and could not escape, Anderson and Castaneda stripped off their clothes and swam to the sinking truck. Once at the truck, they were able to open the door and remove the driver from the sinking truck and lift him onto the roof of the truck and await help from the fire department. Acting at great personal risk and without thought to their own safety, their actions resulted in saving the life of the driver. The chief presented to Anderson and Castaneda the Commendation of Outstanding Merit.

The Sacramento Fire Department was the first paid professional fire department west of the Mississippi River and has been serving Sacramento since 1859. Today, it has nearly 600 sworn personnel and responds to more than 80,000 calls for service per year. It consists of 23 engine companies, nine truck companies, one heavy rescue and 13 ambulances, serving more than 450,000 citizens. Some of those individuals were recognized for their bravery. Firefighters by their nature are humble in their efforts and accolades often make them uncomfortable. Almost each of the stories, the firefighter would say, "I was just doing my job" or "it's no big deal." That may be so for them, but the citizens and families whose lives they impacted would tell a different story.

The Certificate of Appreciation was awarded to **Engineer Aaron Dean**. Every spring, high schools across the region, in an attempt to educate and reduce teen driving fatalities, put on a driver awareness program called "Every 15 Minutes" in collaboration with state and local officials. For many years, Dean has been instrumental in and

has taken the lead role of ensuring the fire department's participation in the program. The fire department awarded him for his years of hard work and dedication.

Firefighter **Sharon McIntyre** was awarded the **certificate of appreciation** for her years of hard work and dedication to serving as medical director of the Kops-n-Kids" program, which reaches students age 8 to 12.

Firefighter **Monica Wilouza** was awarded the **armed service award** as a veteran of overseas service who continues to serve in transporting wounded veterans from overseas to stateside hospitals.

On Sept. 1, 2014, the Sacramento Urban Search & Rescue Team, California Task Force-7, was deployed to Oso, Washington in response to mudslides and was tasked with providing emergency search and rescue operations for those souls presumed lost in the slide. Despite harsh working conditions and long hours, the team performed to the highest professional standards. The Chief presented to each team member of the Urban Search and Rescue Team the **Oso Washington Deployment Ribbon** and a citation reflecting their actions for that two-week period.

While vacationing with his family in Hawaii, firefighter **David Carlson** found an unconscious 4 year old that had been pulled from the bottom of the pool by his father. Carlson began CPR and monitored the child until the fire department arrived. For saving a life under special and unique

circumstances while off duty, the chief presented Carlson with the **Outstanding Service Award** for his actions.

On July 19, 2013, Engine Company 20 and Medic 20, under the command of Captain Irvine, were dispatched to a vehicle versus pedestrian who was found unconscious with multiple injuries, including major head trauma. Their efforts included maintaining an open airway and prepared the patient for transport to the UC Davis Trauma Center. Their advanced life support care continued until arrival at the hospital. The Chief presented to Captain John Irvine, engineer Billy Schneider, firefighters Zack Heyde, Fergus Johnson, Shayne Marshall and Aaron Peterson of Engine Company 20 and Medic 20 the **Outstanding Service Award** for their actions.

On Sept. 19, 2013, then-Captain Chad Augustin (current battalion chief) and firefighter Paul Januario entered a burning apartment to search for reported victims trapped inside. They located a live victim and removed him to safety. Once outside, they began advanced life support before loading him onto an ambulance. For their heroism, **Augustin and Januario** received the **Outstanding Service Award**.

Captain Jason Hemler of Engine Company 12 and Firefighter Ryan Gardner of Truck Company 6 received the **Outstanding Service Award** after responding to a structure fire that had a victim unconscious in the bathroom and a second victim in the rear of the house.

On April 4, 2015, while on duty **fire investigators David Fowler and Zack Nokes** had their fire department radio on when they heard a call for a violent crime with a child burned. Knowing that their knowledge might be of service to the police department, both headed toward the location of the call, contacted the patrol sergeant and advised of their availability and offered their help. They began processing evidence of a child being intentionally burned with gasoline by her mother. The fire investigators played a key role in the police department's and district attorney's ability to prosecute the mother for attempted murder.

For service above and beyond the call of duty Fowler and Nokes received the **Outstanding Service Award**.

On Sept. 9, 2015, firefighters Nick Pershing and Eric Pohl were returning to the fire station when they saw a man choking and striking his girlfriend, without hesitation they pulled their ambulance close to the incident. They then jumped out and diverted the attacker's attention long enough for an arriving police officer to take the assailant down. For their selfless actions, they received the **Outstanding Service Award**.

On the morning of Aug. 13, 2013, the crew of Engine Company 13 under the command of Captain Wardell Kirkland and Medic 12 responded to a first aid call at a window business. An employee had complained of feeling ill before being lowered to the floor where

he then suffered a heart attack and became unconscious and unresponsive. His coworkers called 9-11. Arriving on scene in four minutes, acting quickly and decisively, the crews of Engine Company 13 and Medic 12 initiated advanced life support measures. Bystanders on scene described the actions as "fast and efficient." After dropping the patient off the emergency room and not sure of the outcome of the patient, the crews returned to their stations and continued with their shift. Although two weeks later, Mr. Arthur Warren and his family walked into the fire station 13 to personally thank the crews for their efforts, a different crew was staffing the station that day. At the awards ceremony, Warren met the men who saved his life for the first time. The chief presented **Captain Wardell Kirkland, engineer Ken Rose, firefighters David Demetre, Frederick Goerend, Sean Hill and**

See Ceremony, page 8

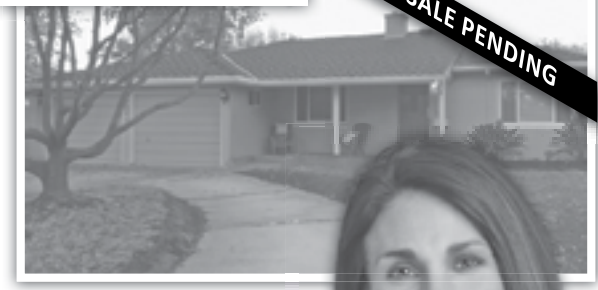
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See Heroes, page 7

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Forgotten Sacramento

Reminiscing Charles Market, a Land Park convenience store

By JAMES PEYTON

Charles Singh had hair. But one day, as I came into his store, Charles Food Market on 2nd Avenue in Land Park, I saw that he was clean-shaven bald. That was the beginning of the end. He explained that his father had died, and out of respect he would not have hair anymore. His father was a tall, thin, Punjabi man with a long white beard. When I used to jog home from school or just walk fast, he would exclaim as I went by, "Oh, a soldier!" He often said some comment or other when I came through, and he was quite a character. He seemed like a nice man.

Later on, Charles got stooped over pretty badly; maybe he had a bad back. He also seemed to do everything he used to do fast in slow motion. Maybe he had a stroke. I was worried about him. People would notice his condition. Sure enough, a few months later his store was robbed. He kept going for a while after that, then the store closed, and I never saw my friend Charles again.

I saw his son one day, coming back from Tower. I think it was still Tower then, or maybe it was R5 Records. When I thought back on Charles, I realized I had known him all my life, even when I was a little kid. Years ago I would see him and his wife Lakshmi coming in and out of his houses. Charles told me he was from Fiji. My neighbors were from the Fiji Islands, and so I picked up some lingo from them I could use with Charles. It got to be a thing where every time I would walk in: I would greet him with a "Kaisa Hai?" or "How are you Doing?" in Hindi. He would respond with "Tic-eh," or ok, or perhaps an "achaa" (alright). I would buy a beef stick or some sweets from the aisle, maybe a soda from the back fridge, and chit chat briefly with Charles and be on my way. This went on for years. The typical scenario would be my Dad and I in the van stopping by the store real quick, and my Dad would say, "Want a BEEF?" to which I probably never disagreed. He would shoot the breeze with Charles real quick and be about our merry way.

If you didn't want to go all the way to a grocery store, you went to Charles Food Market. My grandma would always send me up there when she ran out of a few supplies while bak-



ing cookies. Grandpa would be the sampler and taste tester. Charles always asked how they were doing.

Charles was Catholic and always had the Padre Pio picture up near his register or the window behind it; the ice cream was in front of the register under glass, and of course you had the usual lotto tickets, cigarettes, etc., and don't forget the beef sticks, at the counter. He always called me "boy", no matter how old I got, and he was always friendly. I don't think he ever got mad at me, even one time. He was a nice guy, at least as far as one kid that knew him goes. Yes, I always liked Charles. He had a lot of hangers on over the years, various elderly guys, some with canes that would sort of hang out on the right side of the store in an open space, or sit outside in a chair by the left door, like his father used to do. At one time, you would go in one door and out the other, but it got so that only the left door was used. He had a lot of regular customers, and customers who came back from time to time. Besides his properties, I'm pretty sure he lived in the attached house on the left side of the market for a while, a very long time ago. There were only about four small aisles in this little store, and the cold drink fridges on the back wall. A lot of the popular stuff was at the cash register area. There was some kind of back room to the right of the cold drinks, with maybe some folding doors, but I had never been in there.

It was sad to walk through the neighborhood after the store closed, a ghost town, with as much as 15 people dying in the neighborhood in about five years. It was as lonely as David Banner walking down the road in "The Incredible Hulk".

Ceremony:

Continued from page 7

Xavier Sales the Company Citation.

Additionally, the chief of the department presented the **Company Citation to the crews of Engines 316, 318, 368 whom under the command of Battalion Chief Craig Wiedenhoeft** fought the major forest fires in Butte County and the Rim Fire outside of Yosemite National Park. From the time the strike team left Chico to the time they arrived at the Rim Fire, the fire had exploded from a couple hundred acres to more than 10,000 acres.

On Jan. 29, 2014, Engine Company 20, under the command of then-Captain Augustin, was dispatched to an apartment fire in North Sacramento where heavy smoke and flames were showing from a second story apartment and multiple tenants, who already escaped, reported that an elderly man was still trapped inside. He was found and removed to safety. **The Company Citation Award was presented to Battalion Chief Chad Augustin, engineer Andrew Ramos, and firefighters Richard Fulfer and Danson Drummer of Engine Company 20.**

On Feb. 21, 2014, the crew of Engine Company 15 under the command of Captain Blackmun and Medic 43 responded to a call at a local gym where an unconscious drowning victim had been pulled from the pool by staff and basic life support had been given, but further action was needed. They saved the patient's life and **firefighters Eric Green, Luis Bisbiglia, Michelle Brown and Freddie Goerend received the Company Citation Award.**

On Feb. 18, 2015, Engine Company 60, under the com-

mand of Captain Dave Charon, was dispatched to a house on fire. The tactic of placing the hose between the fire and the trapped occupant allowed them to search for the missing resident who they found and rescued.

The department presented the Company Citation Award to Charon, engineer Brian Franks, firefighters Nick Sower, Elliot Reyes, and the company members of Engine 60.

On Oct. 24, 2015, firefighter Brandon Lynch, while assigned to Engine Company 2 and under the command of Captain Ferguson, had just completed a routine boat training exercise on the American River, when he saw an unconscious female floating in the river, so he dove into the water and swam toward the victim, fighting the current the entire way. He was able to grab her and once at shore, they were met by the rest of Engine Company 2 where they quickly transported her to UC Davis Medical Center. For his gallantry and courage, the Chief awarded the **Medal of Superior Effort to Lynch.** This was his second medal for heroism in the last three years. For the assistance in the rescue, the chief presented to **Ferguson the Outstanding Service Award.**

On May 26, 2013, engineer **Ricardo Panameno**, assigned to Engine Company 13, responded to a report of a small backyard fire. Suddenly an armed man pointed a shotgun at him. Panameno called for the police department and repeatedly told the suspect to lay the gun down. As the man put the gun down, the reached into his waistband for a handgun, at which time Panameno tackled and subdued the attacker until the rest of the engine crew came back to help. The chief of the department awarded Panameno the **Medal of Merit** for his act of heroism.

Faces and Places:

Camellia Waldorf Winter Faire

Photos by STEPHEN CROWLEY
stephen@valcomnews.com

The Pocket neighborhood got a taste of the magic of winter at Camellia Waldorf's new Pocket location. Children's puppet shows, craft activities, live music and entertainment, hearty fare including soups from the Golden Ladle Soup Competition, gourmet coffee and baked goods, gingerbread houses, holiday shopping with local artisans, a children's store stocked with treasures for young shoppers all graced the grounds with the presence of the annual winter faire on Saturday, Dec. 12.



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C.K. McClatchy parents and athletes push for facility upgrades

By MONICA STARK
editor@valcomnews.com

Over recent years, C.K. McClatchy High School athletes and parents have watched other schools upgrade their athletic facilities while alumni see their children and grandchildren play in the same fields they did some 20, 30, 40, 50, 60 — you name it — years ago.

In dire need of modernization to current standards, the “Back Forty” has not been seriously revamped since the 1960s. The dirt track is badly worn with loose shifting gravel and pot-holed jump runways. After rainfall, some joke “Lake McClatchy is back!”

The “Back Forty”, a loose reference to the entire back half of the school property, which includes — pool area, softball field, outdoor basketball courts, junior varsity and varsity baseball fields, tennis courts, track with interior grassy area used for football practice — has a dead center known as the soccer field.

While no significant improvements have been made to the track, football practice field, or the main athletic field encompassing areas for soccer, baseball and softball, McClatchy is the largest high school by enrollment in the district and growing.

Parents say the students deserve to have safe and modern athletic facilities. Advocating for the improvements to the fields, parent Lindsay Filby, CKM class of 1984, described the area as follows: “All of these fields are jammed together and shared by all the sports which is sort of unheard of in comparison to modern high school layouts, yet we make it work but desperately need to be updated for safety sake.”

Parents, including Filby, have brought their complaints to the Sacramento City Unified School District and the board of trustees, since schools like John F. Kennedy and Rosemont high schools have recently received millions of dollars for new stadiums and all-weather track. They’re appreciative of the cooperation from the district and specifically help from school board member Jay

Hansen. At Kennedy a sense of pride overwhelms the school since August 2014 a \$5.2-million-stadium complete with bleacher upgrades, a press box, concession stands, restrooms, a ticket booth and a synthetic track has been built. The new stadium’s designs mirror those at Rosemont, which, like Kennedy, got the upgrades in response to voter-approved Measure R, which provides funding for school projects.

From stories of soccer players who have tripped on the gopher holes, breaking their ankles and dislocating their knees to football players with sprained ankles, athletes have been encouraged to tape up before going out on the field for injury prevention.

It shouldn’t be that when you sign up for McClatchy that you take a serious risk, but since parents hope the student population will attend CKM instead of choosing to send their student athletes to more modern campuses, Restore the Roar (an alumni booster group dedicated to the support of the athletic tradition at McClatchy) has worked with the coaches and developed a list of improvements to the McClatchy athletic facilities so that student athletes can compete on safe and up-to-standard fields and courts.

This plan was introduced to the Sacramento City Unified School District Board of Trustees at the Nov. 19, 2015 meeting. These modernizations are being proposed because the governing body of California high school sports, the California Interscholastic Federation, has voted to change the season for both boys’ and girls’ soccer teams to the winter (January through March) for the 2016-17 school year. Without an all-weather facility, the soccer teams could not safely compete during this time of year, they argue. The additional modernizations are being proposed to the athletic facilities simultaneously to achieve the changes cost-effectively.

In order of urgency, the list, prepared by Restore the Roar reads as follows:

1) **Install all-weather turf and track:** Current football practice field, soc-



cer field and track facilities are very outdated and are in significant disrepair, posing safety threats to athletes and other users. These fields and the track haven’t been replaced since the 1960s, though there was minor leveling in 2007. The soccer and football fields are uneven, compacted and damaged by rodents, all presenting danger of injury to students. The track ring is an outdated concrete barrier which can cause significant injury. Additionally, drainage issues often make track and field unusable.

2) **Repair and resurface tennis courts:** Current courts are degrading because of age and underlying drainage issues. Courts are heavily used by the Land Park Community during non-school hours.

3) **Modernize varsity baseball field:** Reconfiguration, leveling and installation of backstop/fencing meeting current standards is necessary

4) **Modernize varsity softball field:** Current facility lacks shaded bleachers, appropriate backstop, batting cages, scoreboard, and fencing and secures dugouts. Field also needs leveling.

5) **Modernize swimming pool heating and maintenance system:** Current system of integrated filters and boilers results in pool down time and high maintenance costs. Not an environmentally friendly setup.

6) **Adequate athletic storage facilities:** Sufficient secure space is not available to store all teams’ equipment; insecure sheds result in loss of equipment

7) **Repair cracked and broken blacktop:** Current blacktop used for physical education classes has significant wear and uneven and cracked surface.

8) **Restore restroom facilities:** No onsite restrooms are available other than in gym facility that is over quarter mile from track/practice fields

9) **Athletic Locker rooms for female athletes:** Current locker room arrangement does not include visitor’s locker room. Visitors change in girls’ restroom.

10) **Gymnasium entrance and restroom facilities:** Newly renovated gymnasium has inadequate entrance/snack bar space and restrooms are located outside of the facility.

Sacramento Youth Symphony seeks alumni to mark 60th anniversary

The Sacramento Youth Symphony is conducting a nationwide search for alumni, to help them celebrate the symphony’s 60th anniversary in April. Forever young, the Sacramento Youth Symphony possesses a proud, six-decade heritage. Musicians from Sacramento, Amador, El Dorado Placer, San Joaquin, Solano, Sutter, Yolo and Yuba counties continue to perform with this symphony.

Since its founding in 1956, thousands of young musicians performed technically challenging works of music for audiences in Sacramento and around the world. The symphony began as a 55-member youth orchestra under the direction of Fritz Berens. Today, the symphony has a membership of over 400 talented young people. Maestro Michael Neumann is now in his 37th year as artistic director and conductor. His contribution to the musical arts in Northern California is substantial.

Many alumni went on to become significant contributors in the world of music. A few of these are:

- **Allison Buck**, bassoonist with the International Lyric Academy in Rome and Viterbo, Italy. In the U.S., she regularly performs with many California symphonies.
- **Adam Flatt**, whose musical career touches three regions of the United States. He is music director of the Colorado Ballet, the Newport Symphony, and the Tuscaloosa Symphony Orchestra.
- **Eric Gorfain**, founder and leader of The Section Quartet, the premier rock string quartet in Hollywood.
- **Susan Lamb Cook**, artist affiliate in cello and chamber music at UC Davis. She is a member of the Gold Coast Trio, and has performed extensively throughout Europe and the United States. A published author, she is heavily involved in youth music education.
- **Matthew Muckey**, associate principal trumpet with the New York Philharmonic Orchestra.

• **Jerome Simas**, clarinet/bass clarinet with the San Francisco Symphony. He is a professor at the San Francisco Conservatory of Music.

Others find their callings in other fields. These include **Jane Clayson Johnson**, an Emmy-winning journalist and author. She is widely known for her work in network news for CBS and ABC. Her book, “I Am a Mother,” discusses her decision to leave the media world to become a full-time parent.

Gathering alumni stories

Today, alumni range in age from their late teens to their mid-70s. They are scattered, like the downy seeds of a beautiful flower, to the seven winds. Where most took root is a mystery.

“We would like to hear their stories,” said Robert Vann, general manager of the symphony. “How did being a member of the Sacramento Youth Symphony influence your life? What advice would you share with young musicians today?”

Upcoming winter concert

Sacramento Youth Symphony presents 60th Anniversary Season Premier Winter Concerto Concert with 80 young musicians performing classical favorites under the direction of Michael Neumann, Artistic Director and Premier Orchestra Conductor on **Sunday, Jan. 31. The premier orchestra performs at 7 p.m. at Sacramento City College, Performing Arts Center, 3835 Freeport Blvd.** Tickets are \$20 for general admission, \$15 for students and seniors. Box office opens one hour before concert. Tickets available online at www.sacramentoyouthsymphony.org. Works presented include two violin concertos by young soloists. Brandon Luong (9th grade, Christian Brothers High School) will perform Ziguenerweisen (Gypsy Airs) by Pablo de Sarasate and Ayana Jaycox (6th grade, Sacramento Waldorf School) will perform Allegro from Violin Concerto in G, K. 216 by Mozart.

Sacramento Philharmonic and Opera breaks 7-year paid attendance record

This past Saturday, Jan. 23, the Sacramento Philharmonic and Opera performed to near 2,200 patrons in the Sacramento Community Center Theater that holds 2,350 seats. The last time the Sacramento Philharmonic or Opera was filled with that many patrons and near capacity was in 2009.

Mozart’s Requiem was the highlighted piece of the concert. Conductor James Feddeck, who had visited local schools earlier in the week to inspire children in the area of classical music, lead the orchestra with SP&O’s 44-person chorus along with opera stars, Toni Marie Palmertree, Nian Wang, Mason Gates, and Anthony Reed. Three of whom are members of the SF Opera’s, Adler Fellowship Program. Mozart’s Requiem was double billed with Schubert’s Fourth Symphony

At the end of the performance, most all of the patrons were on their feet and filled with enthusiasm. “The response keeps getting better and better,” said Alice Sauro, Executive Director of Sacramento Philharmonic & Opera. “It seems we’ve become contagious! People come to one concert, find out how fantastic the orchestra and chorus are, they tell their friends, and then bring them to the next one.”

So far this season, the Sacramento Philharmonic & Opera has performed four classics concerts and 1 pops

See Philharmonic, page 17

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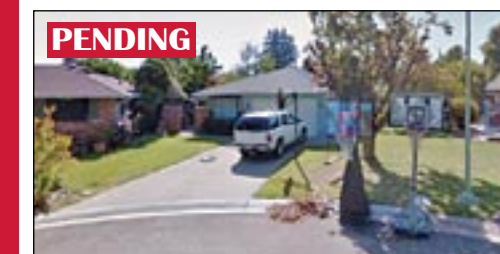
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MLK:

Continued from page 14

black Sacramento Police Department officer who provided just his first name, Justin. "We have zero tolerance for that here in the Sacramento Police Department," Justin said. "I thought that was funny, but it's true. No one wants to work around a racist police officer and you won't find one of those in our department."

Lifelong political activist and march participant Al Rojas questioned that sentiment, wondering how many black or people of color are employed by the police and fire departments. On his Facebook page he wrote about Dr. King's fight for justice against racism and bigotry and for that he was assassinated. "Many will not want to talk about his murder," he wrote. At the march, Rojas said he would have liked to have seen more of a discussion regarding education and the reasons behind MLK Jr.'s fight. "They are issues prevalent today," he said, mentioning the shooting of young black men.

Sacramentan Alicia Dienst marched with the National Association of Social Workers "because our country faces a serious challenge of racial injustice and as a white person I have a responsibility to meet and overcome it, to show up and help create Martin Luther King Jr.'s beloved community."

During the start of the march, one of the participants named Curtis Smith released drone quadcopter, (a Phantom



3 Professional Video) and told the Land Park News that he had about six minutes of video of the march and festivities at Sacramento City College.

March for the Dream inspires local to talk about race issues

Photos and story by MONICA STARK

"Human progress is neither automatic nor inevitable... Every step toward the goal of justice requires sacrifice, suffering, and struggle; the tireless exertions and passionate concern of dedicated individuals."

—Martin Luther King Jr.

On Monday, Jan. 18, Sacramento hosted the 35th Annual Capitol March for the Dream, Northern California's largest Martin Luther King Jr. Day celebration. With more than 28,000 who participated, Sacramento City College and Hughes Stadium's parking area was, in the second year in a row, the official starting location of the march.

The march started at Sacramento City College some 35 years ago, so to organizers it has made sense for the march to circle back to where it

all began, according to promotional material.

"We took full advantage the symbolic importance of a street named, 'Martin Luther King Jr. Blvd.' to create a special leaders only introductory leg of the march called, 'The Extra Mile.' Like Dr. King leadership sometimes means that you have to go the extra mile or carry an extra load in the service of others," said Sam Starks, executive director of MLK365, in a press release. The march started when the extra mile marchers arrived at Sacramento City College.

"The Extra Mile is about teachers, pastors, law enforcement, political, civic and other leaders coming together to walk arm-in-arm in a public show of unity around continuing the march that King and other began. We must learn to live together as brothers and sisters or perish together as fools," Dr. King would commonly say. For MLK365, the King

Holiday is more a symbolic reminder that the true quest for civil rights and social justice is a slow and steady march for the dream," Starks said.

Meanwhile, the Diversity Expo held at the Convention Center offered a full range of activities with speakers, crafts and educational materials for children of all ages.

The march quickly gained walkers as it came through the Land Park neighborhood. Not present at Hughes Stadium, the John F. Kennedy and West Campus high school marching bands joined in later. Seen entering the downtown area, JFK band teacher Jeremy Hammond said it was a "beautiful day for a march."

Carrying about a 6-foot peace pole the entire journey, East Sacramento resident Army Major Renée Marie has said in prior interviews with this publication that "peace is patriotic." To that

end, Renée has brought peace poles to schools around the world from Afghanistan to our local, Theodore Judah Elementary School. Asked why she participated in the march, she said, "I march for all who cannot."

"I march for all who can but don't. I march because my heart knows it is the right choice; to honor Dr. Martin Luther King's efforts and sacrifices. I march for Rosa Parks who sat in the front! I march for all the Peace Warriors who serve until one love. Peace and social justice is available to everyone. I march for humanity. I march."

As the march headed north on Freeport Boulevard before heading west into William Land Park, some participants chanted: "No justice, no peace. No racist police." A chuckle from the sidewalk was heard coming from a

See MLK, page 15

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Newspapers are in his blood

Meet the new publisher of Valley Community Newspapers

By MONICA STARK
editor@valcomnews.com

Growing up attending “every event under the sun” while his father Roy carried a camera around his neck and his mom Mary spent days writing about local news, the last thing David Herburger thought he’d pursue was working in the newspaper business. Roy first put David to work at age 7 delivering newspapers and now the son brings Dad into the office.

Every morning after Roy Herburger is dressed to the nines, David drives him over to where Herburger Publications began half of its newspaper operations – The Galt Herald, the small town’s official newspaper since 1901. There, Roy, now age 85, despite suffering from Parkinson’s and losing his eyesight, continues writing Roy’s Comments, a weekly local happenings column in print since 1959. “As long as his fingers are in the right place, he’ll be typing out the column,” David said. Mary, 83, continues to add to the Herald’s sister publication, the Elk Grove Citizen

with announcements of life’s three big events: “hatchings, matchings, and dispatchings,” though she said these days it’s mostly been the latter that she writes about.

Roy and Mary divorced in 1980 but have continued coming to work every day. The Elk Grove Unified School District named a school after the older Herburger: Roy Herburger Elementary. There’s also a park named after him and one named after Mom, called Mary Hull Lewis Park. Roy, Mary and David have all sat on numerous boards, and on Friday, Jan. 8, the Elk Grove Chamber of Commerce named David chair of the board of directors at its annual gala.

Publishers of the Elk Grove Citizen, Laguna Citizen, The Galt Herald, and The River Valley Times, and the printers of various publications through its commercial department which prints newspapers and other publications for schools, community groups and local businesses, Herburger acquired Valley Community Newspapers as of the first of the year.

Purchased from the Mackos, George and Kathleen, Valley Community Newspapers continues its family-owned, community-based coverage with a publishing company whose CEO, Roy, and its General Manager, David, has been involved with VCN for many years as its printer. Ready to retire, George ensured VCN staff a place of continuous employment by selling to the Herburger family. In 2015 after the surprising death of the West Sacramento News-Ledger’s publisher and editor Steve Marschke at age 51, the Mackos purchased that publication, keeping it alive. Kathleen continues her work there as that weekly publication’s general manager.

In an interview about Herburger’s acquisition, David, excited about the purchase, said when opportunity knocks, he always opens the door; and quoting the great Milton Berle, he added, “If opportunity doesn’t knock, build a door ... The Mackos have been very gracious

See Herburger, page 17



Staff photo
Shown sitting, Roy Herburger, with his son, David Herburger inside Roy’s office at the Galt Herald. As of Jan. 4, Herburger Publications owns Valley Community Newspapers.

Herburger:

Continued from page 16

and they gave us the opportunity. We’ve been doing the commercial work (for VCN) and it seemed like a natural fit to ensure the longevity of all the newspapers involved. It’s the new normal. We have to be smarter about how we put things together and it’s a good fit with our organization. We’re all local, all the time. Our goal is to maintain local, community journalism. Someone needs to be out there covering the news, a professional staff that’s out there that’s ready to intercede when things come up. It’s a calling more than anything else.”

David started his college education at the University of the Pacific but Stockton was too far from his one and only love, Debra Davidson, a special education teacher for the EGUSD. Rather than getting on the typical newspaper track, he moved back home and majored instead in business from Sacramento State University during which time he “was doing the books for Dad and Mom was still writing.” David and Debra have three adult children, none of whom have pursued journalism, but who each have careers that take a certain calling. One son’s a lawyer; the other, a student at the maritime academy; and the daughter studies nursing.

While he now sees the experience from a parents’ perspective, as a kid, David didn’t necessarily enjoy attending every event under the sun. “I felt like I was being taken to places when I wanted to play baseball. On a weekend, Dad would say, ‘David: Quit drawing. We are going to the Western Festival.’ ... When we got to the events, Dad would hand me a dollar. I would throw the dime into the jar and get a plastic monkey. At the time, I didn’t realize how important it all was.”

Realizing the connections he’s made throughout his life because of the newspaper business, David says often people ask for the newspapers’ support of an event and soon after he becomes a part of it. “I think the key to it all — and I am discovering it — being in the newspaper

business opens a lot doors. People reach out to you for a fundraiser and soon you are involved in that very event.”

Around since 1959, Roy and Mary created Herburger Publications when they bought the Citizen and the Galt Herald, starting the company with themselves and six others. “Dad was publisher, editor, writer, photographer, pressman. Mom was writer, bookkeeper and she was in the community and a mom at the same time,” David said.

Currently there are 49 on staff, which includes the recent acquisition. At its height, the company had 74 on staff. “We haven’t rehired anyone unless there was an opening,” David said. One such writer, who has graced the pages at Valley Community Newspapers as its historian, Lance Armstrong, made headlines for his return to the Elk Grove Citizen last fall. Lance previously worked there as the Lifestyle Editor and today he covers local politics. Since he worked there the first time, the Lifestyle Editor’s hours have been reduced and other staffing changes have been made.

“The Great Recession has been the perfect storm between the financial collapse and we were at a tipping point with the changes in media because of the Internet and the digital age. Bringing those together was a dramatic blow,” David said. “But in the last year, we’ve seen greater interest. People are discovering that the new and shiny stuff isn’t so shiny and we are starting to see things coming back.”

Over at the Citizen Mary has also continued her About Town section about local happenings and she does a lot of publicity for organizations she belongs to, including the Strauss Festival, the Elk Grove Historical Society and the Soroptimists in Elk Grove. She also writes a column called Glance Back that draws upon files from years past. Asked if she is happy having Herburger take on VCN, Mary said, “As long as David is, that’s just fine. Of course, I think he will make a wonderful boss.” She said as long as she maintains good health and David

A brief history of Valley Community Newspapers

By LANCE ARMSTRONG

According to unpublished material by Lance Armstrong, VCN’s former history writer (who works for Herburger at the Elk Grove Citizen covering local politics), the history of what became VCN began in 1992 with the creation of the Pocket News, which was established by Ken Mandler, who is best known as the founder and former, longtime proprietor of the Capitol Weekly newspaper, and his then-wife, Pat Clark. The Pocket News was first published in February 1992 under the direction of Clark, who served as the paper’s original editor. Pocket News was followed by the creation of the Land Park News, then, in order of their founding, the East Sacramento News, the Laguna Times, the Arden News and the Carmichael News. There is no longer a Laguna Times and the Arden News and the Carmichael News combined to become known as the Arden-Carmichael News. The business underwent an ownership change in mid-1995. It was then that George Macko and Steve Chanecka purchased the business, which at the time was located in the South Hills Shopping Center at 5962 South Land Park Drive. Macko, who is a native of Scranton, Pennsylvania and a 1963 graduate of the University of Scranton, bought out Chanecka’s interest in the business, which was relocated to 312 Florin Road in 2001 and has been located at its current address of 2709 Riverside Blvd. since February 2006. Macko owned VCN with his wife, Kathleen Egan, until the end of last year.

Philharmonic:

Continued from page 11

concert. In November, their first pops performance featured a Queen cover band entertained over 2100 people.

Their 2015-2016 strategic plan included closing the second balcony, but with a growing number of subscription and single ticket buyers, they have opened the second balcony for 4 out of the 5 concerts so far this season due to demand.

“We are moving in the right direction,” said Laurie Nelson, SP&O Board President. “We are constantly and consistently meeting and exceeding all of our goals through fundraising, subscription sales, single ticket sales, and even on social media! We are grateful for the renewed excitement and trust that the Sacramento Communi-

ty has put in their orchestra and opera company.”

Tickets can still be purchased for the three remaining Classic Series concerts and two pops concerts by going online to sacphilopera.org or by calling SP&O’s box office at 916-808-2000

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Matias Bombal's Hollywood



(Editor's Note: On Feb. 4, TIME readers can join Matias Bombal of "Matias Bombal's Hollywood" at the Crocker Art Museum for a screening of the restored 1946 masterpiece "La Belle et la Bette", "Beauty and the Beast", as visualized by France's great poet, artist, and filmmaker, Jean Cocteau.)

Dirty Grandpa

Lions Gate offers "Dirty Grandpa", which gives us the kind of movie that I remember seeing in my youth in the summertime through the 1980s: raunchy, filled with outrageous low humor and crude jokes. Although you may think movies in the vein of "Caddyshack", "Animal House", "The Flamingo Kid", and "Porky's" may not elevate the cinema as art, it does have strong nostalgic ties to the experience of going to the movies when it was

a carefree way to spend time, and just for fun.

It is just in that vein that one should consider "Dirty Grandpa" which has no connection whatsoever to "Bad Grandpa" from the "Jack-ass" series of movies. Yes, this movie has the raunchy aspects of a Florida spring break movie. However, it features actors whose abilities far exceed the nature of the material, so it becomes a fascinating thing to watch when players such as Robert DeNiro, Dermot Mulroney, and Zac Efron work in this genre. Efron you've seen in this type of thing before. I have always maintained that he has tremendous acting skill and lament the fact that he's often featured in "bad boy from a fraternity" type roles. I'm still waiting for him to prove my theory by giving us another serious dramatic role.

"Dirty Grandpa" screen writer John Phillips has, amid the mire of low humor, written some outstanding bits of clever comedy with a more adult and smart twist. It is story of a recent widower, Dick Kelly, played by DeNiro. His grandson Jason, played by Efron is about as straight-laced as possible, looking as if he stepped out of a Brooks Brothers catalog. As the picture starts, we are at the funeral of DeNiro's wife and Efron's fiancé Meredith, played by actress Julianne Hough, is selecting ties for their forthcoming wedding. DeNiro sizes her up on the spot as not ideal.

Grandpa Dick asks his grandson to drive him to Florida to have a fun vacation to help in his grief over the loss of his wife. This causes Jason some grief, as he's days from being married,

and really hasn't the time to drive his grandfather around. Much to his surprise however, his grandfather turns out to be nothing like he thought he finds him rarin' to go, now free from the commitment of his wife, and enthusiastic for their forthcoming wedding. DeNiro sizes her up on the spot as not ideal.

This movie is a little long, but I really enjoyed the chemistry between DeNiro

and Efron, and the slightly "off" feeling the movie had throughout. Kudos must go to vivacious actress Aubrey Plaza who plays Lenore. Perhaps you saw her in the delightfully strange title role of "Life After Beth". Here she's an over the top joy. I feel this young lady is one to watch in future. "Dirty Grandpa" is not for a refined movie taste, but aside from being a tad long, had me laughing continuously throughout and proves once more that DeNiro's facility with any material makes him one of the greatest in his craft.

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Land Park news briefs

Compiled by MONICA STARK

Closure of local businesses: Delta Workshop, This 'n That Thrift and Gift and Spencer's Frameworks

Brick-and-mortar businesses Delta Workshop and This 'n That Thrift and Gift are closing their storefronts at the end of the month. Both businesses are going online and on the road.

Items are being sold at a 40 percent discount over at the **Delta Workshop** (2598 21st St.) in Land Park near Broadway in preparation for its closure, and meanwhile, next door at **This 'n That Thrift and Gift**, postings on their Facebook page directed fans to a now-expired Craigslist ad whereby display counters were being sold on a cash-only basis. A "moving-closing-liquidation" sale just ended in preparation of moving its business all online at **LuckyPennyShopping.com**.

The planning of going completely online began late in 2014 as the business worked to build the eBay store, develop a webpage to showcase treasures, endorsements, handcrafted merchandise, nurture relationships with vendors and merchants. Born from these goals, the eBay Store is a "Top Rated Seller" for their own finds and consignment clients. Shoppers can find the folks from This 'n That Thrift and Gift easily via LuckyPennyShopping.com. The secondhand store was in business 16 years and it's sad to see it leave the vibrant block of 21st Street and 1st Avenue in Land Park.

Delta Workshop, which artist Bridget Lewis opened in 2013, has been a spot where artists could hone various skills and art appreciators have bought everything from ceramics, greeting cards and works on paper, to jewelry, textiles, books and supplies. The shop has sold zines by local writers and artists, as well as block printed journals. The shop has also offered classes from card making, to knitting groups and old-fashioned wordpress.

In her message to those who subscribe to her newsletter, Bridget said she made the tough decision not to renew the lease. But, that doesn't mean the classes, art exhibitions, and creative retail are going away. Excited about sharing this new direction, she wrote: "My goal is to continue some of the programs that have been successful and fun at Delta Workshop, but seek out other locations for this programming. This could include creative classes, pop-up shops, art exhibitions, and more collaborations with creative folks around town (like the upcoming Print & Stitch class at Sewn Stitch

Studio). The name for this new nomadic endeavor will be Delta Creative Projects."

Terry Spencer is retiring after over 30 years of meeting our art framing needs in the community. Her shop, Spencer's Frameworks, at 5101 Freepoint Blvd. Reader Patricia Aguiar-Ramire wrote in stating Terry is quite an interesting character and storyteller. "She does such excellent work." Patricia hopes someone with Terry's talent and work ethic would be interested in buying the business. "It will be a great loss of a local resource otherwise," she states. "They don't make them like they used to" is an apt refrain for Terry and her business."

AfroFreak Fashion Week

Fortunately for the little spot in Land Park, Sol Collective (2574 21st St.) seems to be staying put. They are advertising now for **AfroFreak Fashion Week** to be held Saturdays, Feb. 13, 20, 27 from 2 to 11 p.m. "Fashion week would be nothing without the presence of the African Creative Genius Flare. Our Style spans from Africa to sister lands of South America, India, Australia all the way to London. Come experience three Saturdays of live vibration, creation and tastes to feed your spirit. It is African celebration month and fashion week." Promoters say the events will sell out, so get your tickets ASAP at <whnc-official-events.ticketleap.com/afrofreak-fashion-week/>.

Happy 90th birthday, Wing Sing Fong

Happy 90th birthday, Wing Sing Fong! Born on Jan. 15, 1926 in Sacramento, as the son of immigrants who settled here in the early 1900s, Wing Sing Fong's parents were merchants who operated the Num Sing Store on 304 I St. in Sacramento's Chinatown from the 1910s to 1929 and whose parents had five sons and three daughters, all of whom were born in Sacramento. At age 3, he left Sacramento to be raised in China; there he experienced the suffering and deprivations of World War II, and returned to America in 1946. Wing Sing Fong served honorably in the Korean War with the 955th Field Artillery Battalion from 1953 to 1955 and he married Nancy Ching in 1956 in Hong Kong and returned to Sacramento to establish their family of three sons and a daughter-in-law: Melvin, Alvin and his wife Allison, and Marvin. Wing Sing Fong is the proud grandfather of three grandsons, Abraham, Jeremiah, and Elias; and he is the loving uncle to many nieces and nephews. Wing Sing Fong



Bridget Lewis opened up Delta Workshop in 2013 and is closing it at the end of the month. File photo by Monica Stark

spent all his working years in the grocery business in various stores in and around the Sacramento Valley and established an honorable life here in Sacramento with lifelong neighbors and friendships.

-Source: Board of Supervisors, County of Sacramento, declaration celebrating Wing Sing Fong's 90th birthday

Patrick Kennedy named grand marshal of the St. Patrick's Day Parade

Patrick Kennedy, a Hollywood Park resident and Sacramento County Board of Supervisor for district 2, was named by the Shamrock Club of Sacramento as the 2016 grand marshal for the St. Patrick's Day Parade. Congratulations! With that honor comes great responsibility. "Being named the Grand Marshal of the 2016 St. Patrick's Day Parade means a great deal to me. As a boy, I remember attending the parade with my father. Sacramento has a rich Irish history. My own great grandparents all emigrated to Sacramento from Ireland. I am proud to be a part of that celebration," he said in a written statement to the Land Park News. After he posted a photo of himself wearing the honorary sash, Facebook friends posted hilarious tributes, including one who said she was once crowned the drunkest at Brownies on St Paddy's Day about 25 years ago. "A real proud moment for my family." Another, with a Chinese last name, wrote, "Congratulations on your sainthood! That's quite an achievement! Not sure I'd get the votes for it."

Skateboarding in Freepoint Manor

Exciting news for Freepoint Manor: Neighborhood activist Kathi Windheim said she just finished finding funding for a skatepark to be built

in Argonaut Park, adjacent to Sacramento New Technology High School. This 3-year project started with a Tony Hawk grant she wrote in 2013. She gives her thanks to many in the community, including "a tremendous thank you to Jay Schenirer for believing in the Freepoint Manor neighborhood and a huge group of teens who didn't want to skateboard in the fire lane behind New Tech Sacramento New Technology High School, Cathy Allen and Darrel Woo from SCUSD who came out and worked with us on so many challenges and never said it couldn't happen. Patrick Dennis Kennedy for being there for us at 'crunch time' and always thankful for Susan H. McKee. Barbara Moore, Pres. of Freepoint Renovation On the Move, our late Treasurer, Ms. Edy, Sheran, Doris, Helen and Pam Ghorso Rock from the Pocket! The teens who recycled, eBayed, rummaged, school/community fairs, car washed (before the drought), Jason, Demetrius, "Taco", Chris., Destiny, Sam and all of the New Tech Skate Club, Sac City College volunteers, Sylvia, Kim, V, Johnnie from Belle Cooledge Community Center, Captain Peletta, Rosio Ruano and 'Jess' JY Huang." Ground-breaking is scheduled for March or April, just in time for the 30th anniversary of the Evelyn Moore Community Center in May.

Turn your underwear into outerwear and hit the pavement to get people talking about colon cancer. That's what the Sacramento Undy Run/Walk in William Land Park, set for Saturday, Feb. 27 at 9 a.m. is all about. That and the people watching! The Undy Run/Walk is a family-friendly event created by the Co-

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lon Cancer Alliance. New in 2016, survivors and patients can register for free. Email undy@ccalliance.org or call (202) 628-0123 ext. 128 to receive your free registration discount code. For more information, visit <www.ccalliance.org/undy-runwalk>.

Students from Sacramento New Technology and Health Professions high schools participated recently in the 2015 Santa Cruz Forestry Challenge held in Boulder Creek

A New Tech team placed third out of 21 teams competing. Health Professions placed first in the challenge's "pacing contest." For this event, contestants were challenged to pace a 66-foot distance without the use of any measuring device. Health Professions' pacing was closest to accurate (only off by 1.25 inches).

All participants helped create content and signage for a self-guided tour under development at Soquel Demonstration State Forest. After spending a day at SDSF learning about its ecology, history and management, students developed portions of a script that will be integrated into an android-based application for smart phones.

Students also completed field training, followed by a field test, to assess their technical forestry knowledge.

"The CFC was a great learning experience with fun and exciting challenge for my students. They truly enjoyed it," said Health Professions High School teacher Jen Bilka.

Laura Schelosky and Jennifer Young, both seniors at Health Professions, summed it up as follows: "This was super awesome and we're so glad we got to participate in our senior year."

Added New Tech teacher Senna Davis: "CFC engages learners in high level thinking with real-world issues about one of California's most valuable resources, the forest."

Source: SCUSD

Bret Harte students participate in Hour of Code

Bret Harte Elementary School students participat-



(above left) Hollywood Park resident and Sac County supervisor Patrick Kennedy named grand marshal of Saint Patrick's Day parade. (above right) Evelyn and Barbara Moore of Freepoint Renovation on the Move.



Photos courtesy

ed in Hour of Code, an introduction to computer science designed to diversify the technology industry. At Bret Harte, students are using basic programming on MacBooks to learn how to give commands in order to accomplish a task. Along the way, students are learning keyboard skills such as scrolling, clicking and dragging and sequencing.

"The programming also helps in developing spelling skills and creating stories," says Principal Lorena Carrillo. "It is fascinating to see how much the students can accomplish."

Source: SCUSD

Nearly 1,000 blood donors gave of themselves at local drives, including at the nearby YMCA

Nearly 1,000 people started the New Year off right by saving lives with BloodSource and KCRA 3 during the Blood Drive for Life at two Sacramento-area locations on Friday, Jan. 8 and Saturday, Jan. 9. Since 2002, more than 9,000 participants have joined BloodSource and KCRA 3 in saving lives.

Participants donated blood to help someone in need, such as Brennah Payne, who suffered terrible injuries in a car accident when she was just seven years old. Nine surgeries, many blood transfusions and great medical care helped her return to full health.

Now off to college, Bren-

nah encourages blood donation whenever she can. Additionally, 274 first-time donors began their commitment to saving lives at this year's KCRA 3 Blood Drive for Life. Nearly 50 donors also registered for Be The Match marrow registry during the drive. A total of 852 pints of blood were collected during the 2016 KCRA 3 Blood Drive for Life at the Sacramento Central YMCA and Roseville Sports Center. Blood donors may donate for a variety of reasons. Many blood donors give blood because of a personal connection, such as knowing a relative and/or friend that has benefited from receiving blood. To find a BloodSource blood drive or BloodSource donor center near you, please visit bloodsource.org and click on the "Locations" tab.

Caltrans regrinds I-5 near Seamas Avenue after series of accidents

It's been a wet and slippery winter on highways and accidents on Interstate-5 near Seamas Avenue have encouraged the Caltrans to regrind the roadway.

On Dec. 10, 2015, news media reported a deadly crash involving a FedEx big rig that crossed the center divide, killing Elk Grove resident Elijah Jackson, 45, who was driving a pickup and heading northbound.

A hazardous waste spill on southbound Interstate-

5, south of Seamas Avenue which occurred on Dec. 3, 2015, resulted from a traffic collision. California Highway Patrol Lieutenant R. P. Campbell stated in his report to the Sacramento County Board of Supervisors that the spillage "could cause injury to public health or safety due to approximately 20 gallons

of diesel fuel spilling into a storm drain, located in the center divider of the I-5." Fortunately, "Based on the fact that the traffic collision and the fact that the pumps system was activated it was determined that the fuel would have dissipated and that there was minimal impact, if any, to the environment."

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NATHAN SHERMAN 969-7379



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Conveniently located close to Tower Theater and Broadway. This 3 bedroom 1 bath home was originally built in 1931 but has many upgrades. Features include updated kitchen and bath, new floors and a bonus "in-law quarters" in the back. \$335,000

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SPACIOUS HOLLYWOOD PARK

It's rare to find such a large home in Hollywood Park. 4 bedrooms 3 baths, over 2100 square feet with separate family room. Lovely hardwood floors, central heat and air, 2-car garage with workshop and storage galore! Close to William Land Park and shopping. \$385,000

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SOUTH LAND PARK HILLS

Cute 3 bedroom 2 bath home that is move-in-ready! Wonderful South Land Park neighborhood. The work is done, refinished hardwood floors, new tile, new paint and carpet. Sweet, spacious and private backyard, central heat and air, 2-car garage. A delightful home! \$349,900

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