

# LAND PARK NEWS

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**LAND PARK NEWS**  
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E-mail stories & photos to: editor@valcomnews.com

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# FROM THE EDITOR

Hello readers! I am interested in starting a Random Acts of Kindness column. A reader of the West Sacramento News-Ledger (a publication I also edit), wrote me with the following friendly suggestion: Why not give an opportunity for members of our community to express their gratitude for receiving an act of kindness that occurred to them in our community?

We print the "police report", why not also the "Random Acts of Kindness People Report"? I think it's a great idea. It would be a great addition to the Land Park News. We can publish in our papers reminders for readers to submit their stories. If any reader is interested in submitting a similar type of piece, he or she can email letters to vceditor@gmail.com or mail to our office address: 2709 Riverside Blvd., Sacramento, 95818.  
-Monica Stark

The following are a couple of examples that were published in the Pittsburgh Post-Gazette, submitted by readers.  
**Thanks to a stranger, my lost keys came back to me**

Last month, after one of our snowstorms, I had the misfortune of losing my house keys. I had done some errands one of which was to shop at the Giant Eagle market in Bethel Park on Route 88. It wasn't until I got home that I realized I didn't have my keys to my home. Needless to say, I was beside myself. Luckily, my son had a spare set, but I only got his by the goodness of the maintenance man who let me in his apartment to get it. After about 30 minutes, I finally got into my apartment and lo, and behold, I had a voicemail message on my home phone to call a certain merchant. When I did I was told that a lady had called this business because, on my set of keys, I had some small frequent shopper cards, the ones you give at the registers. It was the only one with a phone number on it, so this kind soul

took the time to call to see if I could be notified. She found them in the parking lot of the market. How I didn't hear them drop I'll never know. They are heavy and make noise when dropped. Maybe the snow muffled the sound. However, the merchant gave me her phone number and I called her. She was truly an agent of St. Anthony. She even agreed to meet me at a common location to pick them up. When I met her, I quickly asked for her name and address with the intention of repaying her kindness. But she just said, "That's not necessary," and politely gave me a hug and drop away!" - Patricia Weber, Bethel Park, Pennsylvania

**Also lost, and then found, at Giant Eagle**

On a recent Saturday, I went to the Giant Eagle in West View. I needed a gift card and the young lady at customer service was kind enough to help me find it. I then went on my way to do my weekly grocery shopping. When I was finished, I checked out and headed for home. Halfway home, something made me look on the passenger seat for my purse, but it was not there.

I stopped the car and got out to look in the trunk, but it wasn't there either. I panicked and quickly headed back to Giant Eagle.

As I started down the aisle where I had parked, there was the young lady from customer service walking down. I stopped to ask if anyone had turned in my purse. But before I had a chance to finish my question, she turned around and had my purse in her hand. She saw the gift card and knew it was mine and came out to the parking lot to look for me. Some woman had turned it in. I think my mind has 'left the building' because this is the second time I left my purse in the grocery cart. God bless the woman who turned it in and the young lady who came out to search the parking lot for me. May they both be blessed with good luck. - Lois Newman, Ross, Pennsylvania

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# Sacramento City College approaching 100th anniversary

By LANCE ARMSTRONG  
Lance@valcomnews.com

Sacramento City College will celebrate a very special milestone in 2016 – the 100th anniversary of its founding.

This institution, which was originally known as Sacramento Junior College, began its existence as a department of Sacramento High School, which was then located at 18th and K streets.

Sacramento City School District Superintendent Charles C. Hughes (1868-1944) proposed the idea for a junior college in Sacramento.

The two-year school would limit the number of years a student would spend at a four-year university, while allowing local students to further their education in their hometown.

An article in the June 17, 1916 edition of The Sacramento Union recognizes the Hughes' junior college plan, and Sacramento High School Principal Herbert O. Williams as one of that plan's "most ardent backers."

During the previous day, the city's Board of Education requested that Hughes and Williams present a highly detailed report about the two-year college plan at the board's following meeting.

Six days later, the Board of Education adopted Hughes' plan to have a junior college installed at the high school. And Hughes, Williams and Edwin J. Carragher, city commissioner of education, were designated by the board to make preparations for the college's inauguration.

During the following month, Williams was informed by Dr. Alexis Frederick Lange (1862-1924), head of the University of California, Berkeley's Department of Education that graduates of Sacramento Junior College would begin their studies at that university on the same level as students that had received two years of instruction at Berkeley.

Enrollment for the first school year at the junior college began at the high school building on Saturday morning, Aug. 26, 1916.

The college held its first classes two days later with 26 enrolled students, who received instruction from teachers of the high school.

Classes offered at various times during the school's initial two years were English literature, English composition, classical English, history, mathematics, economics, chemistry, philosophy, physics, engineering, ethics, French, Latin, Romance languages, psychology, zoology, surveying, drawing and gymnasium (physical education).

The college was temporarily closed after only three years, as college men left school to serve their country in World War I.

The war resulted in a very unique first graduating class for the school, as all six graduates were female.

In September 1920, the college reopened on the high school's new campus at 34th and Y streets under the direction of then-future Sacramento Mayor Belle Cooledge.

A major step in the progression of the college occurred in 1924, when the school district purchased 60 acres of property at the current site of the school at the corner of Freepoint Boulevard and Sutterville Road, across from William Land Park.

Two years later, the college opened at this site, which then included two buildings – the administration building and the women's gym.

The campus, which is located at 3835 Freepoint Blvd., was opened in time for the fall semester of 1926.

During the tenure of the school's president, Dr. Jeremiah B. Lillard, who served from 1923 to 1940, nine of the campus' main buildings were constructed.

School pride also expanded on the new college campus with a new school song, written by SJC student, Doris Leipsic, and accompanied with music written by the school's band director, Stewart Tulley.

Other early additions on the campus were the formation of the Associated Student Council, the naming of the Panther as the school mascot, the introduction of "The Pioneer" as the school's



Photo by Lance Armstrong  
The two-year community college, Sacramento City College – formerly Sacramento Junior College – is Sacramento's oldest institution of higher learning.

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See SCC, page 17

**Sue Olson**  
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sue@sueolson.net  
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**LAND PARK**  
This home boasts 5+ beds & 3 remodeled baths. It features a formal living room with fireplace & bay window with bench seating, formal dining room with pretty built-in hutch, remodeled kitchen with tile stone counters & stainless appliances, inside laundry area, outdoor BBQ with counter. **1803 Bidwell Way.**

**GREENHAVEN**  
Original three bedroom, two bath home. Formal living room, kitchen with spacious eating area, family room with fireplace, laundry hook-up in garage, larger lot, close to transportation and Caroline Wenzel School. **6797 Havenhurst Drive.**

**LAND PARK**  
Three bedroom cutie! Formal living room with fireplace, formal dining room, kitchen with eating area, inside laundry, newer central HVAC, pretty backyard with patio and room for a garden, close to transportation, walk to Freepoint Bakery, Dad's or Taylor's Market. **1800 Bidwell Way. \$479,000**

**SOUTH LAND PARK HILLS**  
This Eichler built home features a great room concept with four bedrooms and two baths, formal living area with fireplace, large formal dining area w/ built-in desk, updated kitchen with granite counters, family room w/ built-in cabinets and bookshelves and a large backyard w/ pool. **6465 Fordham Way**

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## May the forest be with you:

Meet your favorite Star Wars characters without making a trip to a galaxy far, far away. Visitors are encouraged to bring their cameras and pose for free photos with the costumed characters from 10 a.m. to 2 p.m. Visitors will learn how animal adaptations and behaviors in our galaxy relate to the creatures from the Star Wars universe through stage shows, crafts and other activities. The animals will join in on the fun as they enjoy special Star Wars themed enrichment items throughout the day, the Star Wars original trilogy score will play on the Conservation Carousel, themed food items in Kampala Café and face painting will also be available.



Costumed characters are members of the 501st Legion, Central California Garrison, Rebel Legion, Endor Base and Mandalorian Mercs, groups of Star Wars fans who contribute to the local community through costumed charity and volunteer work.

### \*\*Costume Notice\*\*

Due to animal safety, you may be asked to remove full head costume pieces in certain areas of the Zoo. Lightsabers are allowed, but cannot be used over fences or animal barriers. Any costume blasters or guns are NOT allowed unless you are with the 501st Legion, Rebel Legion or Mandalorian Mercs and have had your prop inspected and tagged before entering the Zoo.

### \*\*Animal Enrichments Schedule

10 a.m. Wolf's Guenon - millennium Falcon piñata and boxes with treats inside  
11 a.m. Black & White Ruffe Lemur - "Welcome to Endor" with cardboard speeder bike and Field Generator Bunker  
Noon - Snow Leopard: "Welcome to Hoth" with cardboard Tauntaun, ice and spices  
1 p.m. Ground Hornbill: Kylo Ren helmet piñata with crickets inside  
2 p.m. African Lion BB-8 droid piñata, cardboard R2-D2 and boxes with spices  
3 p.m. Grevy's Zebra: Death Star piñata and boxes with browse

### \*\*Kampala Cafe Specials

Boba Fett Burger - Guacamole bacon burger  
7 Leia Nachos - Chips, cheese, pepperoncinis, olives, bell peppers, jalapenos, sour cream, and guacamole  
R2D2 Club Sandwich - Hot ham, turkey, bacon, Swiss, pickled red onion, lettuce, and tomato



**Steffan Brown**  
[steffan@steffanbrown.com](mailto:steffan@steffanbrown.com)

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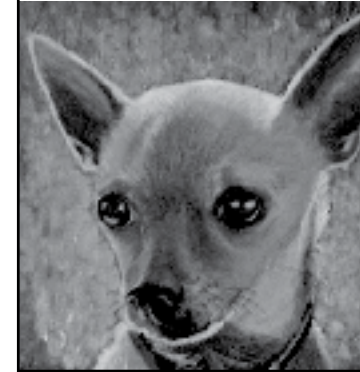
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# Cook Realty donates funds for safety cart for McClatchy athletics:

## Cart will be used for injured athletes

By BOB SERTICH  
Special to the Land Park News

McClatchy Athletics is the proud owner of a golf cart that is specially equipped both to haul training supplies to athletic fields and to transport injured student-athletes from the fields for treatment when necessary. Cook Realty recently donated funds to the McClatchy athletic booster organization, Restore the Roar, for the purchase. Keys to the cart were handed over to McClatchy Athletic Trainer, Ro Sharma, by Cook VP/Broker Trey Bonetti prior to the Lions Baseball game against Laguna Creek High School on April 12.

"We are very grateful to Cook Realty for their generosity. I feel we will now be able to respond to injured athletes' needs much more timely," said Athletic Director, Rob Feickert.

Restore the Roar had been working with the athletic de-



Photo by Bob Sertich/Special to the Land Park News  
Lindsay Filby and Trey Bonetti of Cook Realty hand keys for the new safety cart to CKM athletic trainer, Ro Sharma.

partment to determine the cost and feasibility of reconditioning and re-equipping an older run-down cart that the school has. Cart specialists could not give RTR assurance that the cart would last very many years even if money were spent on it.

Lindsay Filby, an RTR board member and Cook Realty Relocation Specialist,

solved the problem. She convinced the local real estate company to make a donation for the purchase of a recently reconditioned specially equipped model.

Both Bonetti and Filby, siblings, are second generation McClatchy alumni. Filby's son, Jack, is a member of the Lion baseball team.



Two McClatchy debate teams qualify for national Tournament of Champions. Shown here from left to right are: Abigail Norton, Tony Hackett, Nate Fleming and Eric Boettner.

## Two McClatchy debate teams qualify for national Tournament of Champions

Four students from C.K. McClatchy High School's speech and debate programs have qualified for the national Tournament of Champions in Lexington, Kentucky.

The tournament is the most prestigious high school debate event in the country. Qualification to the tournament makes the two CKM teams among the top 72 - out of thousands - in the nation.

To help defray the costs of the tournament, the team has created a GoFundMe page for donations.

Debaters headed to Kentucky are: Abigail Norton, Tony Hackett, Nate Fleming and Eric Boettner.

Go Lions!



## Faces and Places: Record Store Day on Broadway

Photos by JOHN SALTNES  
Special to the Land Park News

"Record stores keep the human social contact alive; it brings people together. Without the independent record stores the community breaks down with everyone sitting in front of their computers." - Ziggy Marley

Record Store Day, the annual international celebration of music, indie record stores and the geeky music lovin' record collecting community, celebrated in tandem locally this year by two area icons, Dimple Records on Broadway and Sacramento's K-ZAP.

Sacramento's K-ZAP, the iconic rock radio station, returned to the airwaves and Internet (www.k-zap.org) on July 4 of 2015 as a new listener-supported community radio station, after a 24-year absence. Dimple Records, with six stores, has been a Sacramento institution since 1974.

Station Program Director Dennis Newhall says, "Record Store Day has turned into an annual celebration of recorded music and all of its cool physical manifestations. Artists from the just-emerging to the superstars see their creations released in fascinating, limited edition packages that debut on Record Store Day."

On hand were K-ZAP stickers featuring the legendary K-ZAP cat and Newhall said they designed a very cool commemorative T-shirt to mark to occasion.



### 4622 Joaquin Way \$350,000



2 bed 1 bath home in Hollywood Park with a spacious living room with fireplace, sunny family room, dining room, kitchen with breakfast nook, remodeled bathroom and stunning yard with mature trees and lush landscaping. Located on one of the best streets in Hollywood Park, this is a fantastic home.

Beautiful 4 bedroom 2 bath Little Pocket home with an updated kitchen, living and family room, fireplace and dining room. The front yard has a charming courtyard and the back is beautiful with a spa. Located on a quiet street walking distance to parks and the Sacramento River.

### 937 Roeder Way \$435,000



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# POLICE LOG

Compiled by: MONICA STARK

The news items below are collected from police dispatchers' notes and arrest reports. The information in them has often not been verified beyond the initial reports. All suspects are presumed innocent until proven guilty.

**Reporting date: April 13 (Burglary): 2500 block of Broadway at 1:26 a.m.**

Officers responded to a burglary at a nearby restaurant. The suspect gained access through a sliding glass door and stole several food items. A report was generated, no arrests have been made.

**(Burglary): 5000 block of Freepoint Boulevard at 1:47 a.m.**

Officers responded to a nearby restaurant that had been burglarized. The suspect(s)

stole several food items. A report was generated and the investigation remains active. No arrests have been made.

**(Robbery): 1400 block of Dickson St at 3:50 p.m.**

The victim was walking in the area of 43rd Avenue and Gloria Drive when two subjects walked up and threatened him, demanding his new shoes. Out of fear the victim gave the suspects his shoes. The suspects ran to a waiting car and fled north on I-5. A report was generated and the case remains open.

**Reporting date: April 15 (Burglary): 5600 block of 24th Street at 1:17 a.m.**

An officer was hailed by the owner of the business after he had responded to a ring-

ing alarm at the location. The front door had been shattered with what appeared to be a piece of brick. The suspect was observed on video entering the store and removing items from several display cases. A report was generated and the investigation remains active.

**Reporting date: April 17 Intersection of 18th and 20th avenues at 4:20 p.m.**

Officers responded to the area on a medical aid call of a subject on the ground. Upon arrival, officers located the described man and determined that a robbery had occurred. Unarmed suspects approached the victim, demanded property, and assaulted him causing non-life-threatening injuries before fleeing. The victim was transported to an area hospital for treatment and a report was generated.

**Reporting date: April 20 (Theft): 2800 block of Broadway at 5:08 a.m.**

Officers responded to the call of two suspect's reportedly stealing gas from rental trucks parked in the area. Officers arrived on scene and detained one of the described suspects. The female suspect was in possession of three containers of gasoline. After further investigation, she was arrested for theft.

**Reporting date: April 24 (Assault - Weapon Involved): 3800 block of Jeffrey Ave at 5:25 p.m.**

Officers responded to a residence on reports of an assault that took place between roommates. During a verbal argument, the suspect struck the victim with an improvised weapon causing a non-life-threatening injury. Upon arrival, officers discovered the suspect had already fled the scene. The victim was transported to an area hospital for treatment of his injuries. An assault report was generated.

**Reporting date: April 25 (Burglary): 1400 block of Standard Street at 1:19 a.m.**

Officers were dispatched to a residence on reports of a burglary in progress with a suspect vehicle on scene. Upon arrival, officers saw the described vehicle leaving the area. The vehicle stopped on its own and an occupant immediately exited and fled on foot while armed with a firearm. The remaining occupants of the vehicle were safely detained and a perimeter was established. The outstanding suspect is spotted in the area by an SPD K9 unit. The suspect continued his efforts to flee on foot but was apprehended by the police canine resulting in non-life-threatening injuries. The firearm was located and seized as evidence. All four occupants of the vehicle were booked on burglary charges. The armed suspect was also booked for resisting arrest and various firearm charges.

## Automobile Museum is really truckin' now

The California Automobile Museum is proud to debut an all-new exhibit titled The Pickup Truck: Where Utility Meets the Everyday exhibit began last Saturday. With 12 trucks on display spanning time periods from 1935 to present, the focus of the exhibit is to demonstrate the evolution of the iconic pickup truck from an everyday work vehicle to its place in today's culture as a popular recreational vehicle.

A sampling of the pickup trucks on display include a 1925 Dodge (from the California Department of Fish & Wildlife), 1931 Model A (the first mass produced pickup truck that was widely available), a 1951 GMC and a 1956 Ford F100 (two of the most iconic working trucks ever), a 1957 Chevy Cameo (that is considered a "game changer" given its body style design similar to that of a Corvette), a 1974 Hilux (also pivotal but as a small and fuel efficient import), and a Modern Ford F150 (with its modern technology, aluminum body and energy efficient engine).

In addition to the pickup trucks on display, the exhibit will include storyboards that highlight the

origin of the trucks and societal influencers during the various time periods. Plus, Museum guests can participate in interactive elements such as "selfie stations" (where visitors dress in period attire the replicates the uses of the truck) and a matching game (where guests match an animal with the load capacity of the truck).

The Pickup Truck: Where Utility Meets the Everyday exhibit will be on display at the California Automobile Museum through Sept. 11.

If you go:

**What:** The Pickup Truck: Where Utility Meets the Everyday exhibit

**Where:** California Automobile Museum, 2200 Front St.

**When:** Saturday, April 23 through Sept. 11

**Costs:** \$9 for adults, \$8 for vintage (ages 65 and older), \$5 students (ages 5-18), free for children younger than five years



For more information, call 442-6802 or visit [www.calautomuseum.org](http://www.calautomuseum.org)

## Full STEAM ahead with Land Park summer camps that infuse fun with learning

By LAURA BRADEN QUIGLEY  
Special to the Land Park News

Did you know that only 35,000 of California's two million high school students are enrolled in computer programming or computer science classes? Or that only two percent of the Sacramento region's high school students are enrolled in computer science, engineering or IT/coding classes?

It matters – more than you may realize. Highly skilled jobs pay more and offer workers mobility options in locale and lifestyle. Yet, it's estimated that the U.S. may fall short as many as three million skilled workers by 2018.

Enter local mom and entrepreneur Jessica Tindel. Her company, Dream Enrichment Classes, is working to change that by offering summer camps and after school programs focused on STEAM education.

STEAM stands for science, technology, engineering, art and math. The camps and classes are focused on grades K-6, so think of them as on the frontlines of Sacramento's workforce pipeline.

And it's more than just about high-paying jobs. STEAM activities provide children an integrated and hands-on approach to ignite imagination and develop creativity, problem solving and critical thinking skills. The camps and classes get kids out of the house and into an environment where they learn to work with others. They tinker, they experiment and they learn that it's ok to "fail" and try again.

STEAM also helps children develop the left and right sides of their brain: the same creativity that inspired iconic works of art is the same creativity that inspired humanity's most innovative inventions, health

advancements and scientific breakthroughs.

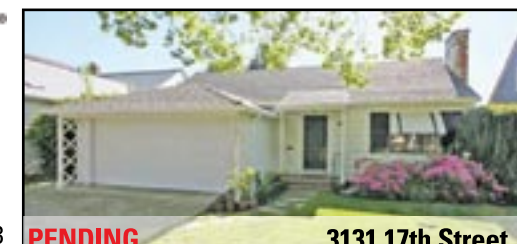
Dream Enrichment Classes is currently enrolling for three summer camps: Firefly Art, Early Engineers and Honeycode.

This year, Firefly Art is providing zoo-themed, guided art lessons with special weekly animal appearances from the Sacramento and Folsom zoos. Early Engineers is offering a Jurassic Park-themed camp utilizing LEGOs and K'nex to learn fundamental science, paleontology and design concepts. HoneyCode teaches campers everything from programming robots to coding apps to promote problem solving, sequencing, logic and engineering.

Camps run weekly from June 20 through Aug. 5 all across the region, including East Sacramento, Arden, Land Park and the Pocket. For a full schedule, please visit [www.DreamClasses.org](http://www.DreamClasses.org).

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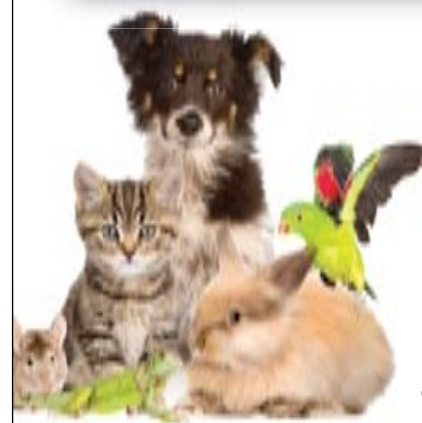
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# Belle Cooledge Library events

The hours for the Belle Cooledge Library, 5600 South Land Park Drive, are as follows: Sunday and Monday: Closed; Tuesday: noon to 8 p.m.; Wednesday and Thursday: 10 a.m. to 6 p.m.; Friday: 1 to 6 p.m.; Saturday: 10 a.m. to 5 p.m.

For details, telephone the Sacramento Public Library at (916) 264-2920 or visit [www.saclibrary.org](http://www.saclibrary.org).

**Saturday, April 30 at 4 p.m.: Grown-up Coloring Club (Adult):** Inviting all adults to join us for an hour of relaxing music, beautiful images to col-

or and refreshments. This program is intended for patrons 18+. Just bring your imagination to Belle Cooledge Branch; bring your own materials or try one of our age-appropriate coloring sheets and colored pencils. If you'd rather draw, please do, but bring your own supplies. No registration necessary.

**Tuesday, May 3 at noon: No storytime:** Baby storytime takes a break and will resume on the first Tuesday of June at 12:30 p.m.

**Tuesday, May 3 at 1:30 p.m.: Knitting Club (Adult):** On Tuesdays, enjoy a relaxing afternoon of knitting with fellow yarn enthusiasts. Anyone interested in knitting and crocheting (even beginners) are welcome to join in. This is not an instructional class, but assistance is available. Bring your own supplies and a project to work on.

**Tuesday, May 3 at 3:30 p.m.: Teen Space (Teen):** Grab your friends, hit up the library to hang out, mess around or try a variety of fun activities planned for you - this space is yours! A light snack will be provided. TeenSpace is intended for teens ages 12 - 18.

**Tuesday, May 3 at 6 p.m.: One-on-One Technology Help:** Is your tablet giving you trouble? Need to email a resume or learn the method for using USB drives? Can't get your school papers formatted correctly? Do you want FREE eBooks? How about FREE audiobooks? If you answered yes

to any of these questions make an appointment with our Technology Assistant and learn all there is to know about the awesome stuff we have for you at the Library. Come on by the Belle Cooledge location, or call us at (916)264-2920 to schedule your hour long appointment today. See you soon! Registration is required.

**Wednesday, May 4 at 9:30 a.m.: Tea and Talk Book Club:** The Belle Cooledge Tea and Talk Book Club meets the first Wednesday of each month for a lively discussion and delicious goodies.

**Wednesday, May 4 at 4 p.m. Sing Along with Mister Cooper (Early Childhood (0-5)):** Join neighborhood favorite Mr. Cooper for 30 minutes of music time and freeze dancing for ages 3 to 7 years.

**Thursday, May 5 at 9: a.m. NO Toddler or Preschool Storytime Today (Early Childhood (0-5)):** During the month of May both Toddler and Preschool Storytimes will take a break. Please join us for our regularly scheduled storytimes starting Thursday, June 9th.

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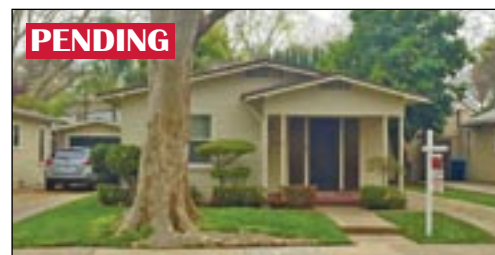
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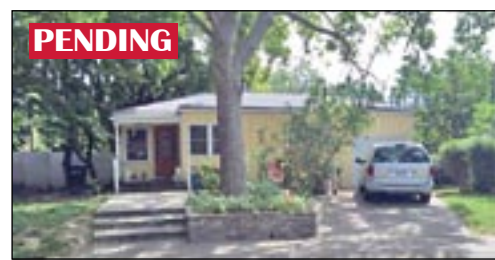
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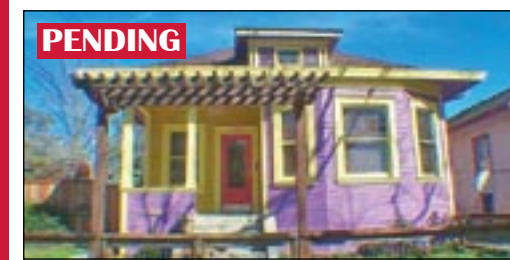
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## Sacramento Historic Rose Garden

This special garden is composed mostly of old or antique roses collected from cemeteries, old home sites and along roadsides in northern California. It was conceived and established by Fred Boutin, an internationally recognized rosarian and authority on "found roses," and Jean Travis, a member of the Heritage Rose Group. Members are working to collect, plant, and maintain those roses which were popular from the Gold Rush era through the Victorian/Edwardian era (roughly 1850-1915).

Many of these antique roses were brought to California in the holds of ships or carried in wagon trains by early pioneers to their new homes and, finally, placed at their gravesite. Because roses are propagated by taking a slip or piece of the original to start a new plant, they are, in essence, the same plant. Therefore, roses in a Mandarin's garden in old China or Empress Josephine's famous 18th Century French Garden are now planted in Sacramento's Historic Rose Garden. The collection at present numbers more than four hundred plants—over two hundred varieties.

Old roses come in many shapes and colors. Unlike modern roses, with rigid stems and tight, high centered blossoms. The old roses may be flattened like architectural rosettes, open with a large boss of yellow stamens, cupped, with the petals wrapped tightly around the center, or even huge, fluffy and overblown. They are highly fragrant and have been used for medicines and perfumes. Come see this fabulous collection.

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May 7	CSI: OCC
May 21	Drugs in the Old West
June 4	Civil Disobedience
July 2	Medical Bag Tour
July 16	Kids Tour (4th Grade & above)
August 6	Tales of the Transcontinental Railroad
August 20, 6:30 pm	Spiritualism
September 3	A Dozen New Ways to Die: Episode IV
September 10	Rose Propagation Class
September 17	Symbolism
October 1	Firemen's Tour
October 8	Firemen's Memorial Service
OCTOBER	Lantern Tours
November 5	Masons
November 19	Fall Color in the Rose Garden

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# 30th annual Curtis Park Home and Garden Tour set for Saturday

What a record! Since 1986, now celebrating 30 years, dozens of generous, community-minded Curtis Park residents have opened their homes and gardens to the public to raise funds for the operation of the Sierra 2 Community Center and for neighborhood activities such as free summer concerts in Curtis Park.

This year's tour is set for Saturday, April 30, from 10 a.m. to 4 p.m. Seven stately Tudor and other revival style homes built in the 1920s are showcased this year. Tour goers will see a variety of decorating styles and color palates, and recently renovated kitchens, bathrooms, outdoor buildings, gardens and/or outdoor entertainment spaces. The homes on tour are located throughout the neighborhood encompassing a loop of just over two miles. Bicycle racks will be provided for those that opt to cycle between the homes.

The Capitol A's Model A Ford Club will display vintage cars in front of the homes and periodically tour the neighborhood throughout the event.

Tour goers and the public will enjoy live music, food and information displays at the north end of Curtis Park. Musical groups include flautist Sarah Karliner, Poki and Little Green Grass Snake Band, and the Templetons. Mama Kim Cooks, Kado Asian Grill and Cecile's Taste will have food for sale. Picnic tables and chairs are provided.

Also at the north end of Curtis Park there will be displays and activities focused on drought tolerant landscaping, fruit and vegetable gardening, and even beekeeping. In addition to the homes on tour, a map will indicate fine examples of such gardens in the neighborhood with comments and suggestions from the homeowners.

Owners of a two-story Tudor cottage with steep gabled roof lines and leaded art glass windows, Brian and Karen Hill, wrote into the Land Park News following an inquiry regarding their participation in the home tour. Having just moved to Curtis Park nearly two years ago, the couple de-

cidated to retire here since Karen grew up in the neighborhood. Their 2,700-square-foot home has a recent addition in the form of an apartment and workshop in the back that is approximately 700 square feet.

They began the remodel when they moved in July of 2014 and are just finishing up in time for the home tour. The remodel included a new kitchen, baths, refinished floors, reproduction windows and the apartment and workshop which replaced the former garage. Care was taken in matching the original architectural style and construction details in the new cottage. They also added a small swimming pool and landscaping.

"We love the corner lot which offers expansive views of Curtis Park which can be both serene and active given the time of day. There are a generous number of windows, both casement and double hung, which create an ample amount of light in the spacious and airy rooms," they wrote.

The event is presented by the Sierra Curtis Neighborhood Associa-



The home of Brian and Karen Hill

tion. Tickets can be purchased online at [www.Sierra2.org](http://www.Sierra2.org), or at the Sierra 2 Community Center located at 2791 24th Street. Advance General Admission tickets are \$25 (\$20 for SCNA members), and day of tour tickets are \$30 (\$25 for SCNA members). On the day of the tour tickets can be purchased at the north end of Curtis Park at 26th Street and Donner Way.

For updates and more information, call Sierra 2 at 452-3005 or visit [www.Sierra2.org](http://www.Sierra2.org).

# Your neighborhood in bloom:

## Check out nearby gardens at the 18th Land Park Garden Tour, Tea & Fine Arts Festival

The 18th Annual Land Park Garden Tour, Tea & Fine Arts Festival is scheduled for Saturday, May 15 from 10 a.m. to 4 p.m.

The tour features seven residential gardens in the Land Park area. The event supports the Holy Spirit School Fine Art Docent program. Advance tickets are \$20, or day of the event are \$25.

A high tea service is provided at a private garden residence with wonderful, high-quality tea, traditional hi-tea sandwiches, pastries and music in an elegant outdoor setting. Advance ticket sales for the tea and garden tour combo ticket is \$40, and must be purchased prior to the event. This is a very popular tradition and will sell out, so purchase those tickets early.

A Fine Arts Boutique showcasing professional fine local artists and businesses will be free to the public from 10 a.m. to 4 p.m. at Holy Spirit School Auditorium, located at 3920 West Land Park Drive. Tickets can be purchased here on the day of the event.

Garden tour tickets can be purchased online at [www.hs-ps.com](http://www.hs-ps.com) or the day of the event at Holy Spirit School behind the zoo. Tea sells out annually! For more information, call 606-4195 or visit [www.hs-ps.com](http://www.hs-ps.com).

Land Parker Linda Farley wrote into the Land Park News describing some of the features of her garden, one of the highlights of the tour this year. Linda's garden includes pink geraniums, roses, bougainvillea, coleus, a smoke tree, crape myrtle trees, a pineapple guava tree, rock purslane, ogon grass, maple trees, xylosma trees and a variety of other perennials. Loving the creative process involved in gardening and the beauty of flowers, in general, Linda explained that designing her gardens and outdoor areas is like designing rooms in her home.

"I think about color and placement and how I want to use the areas. I stand and look out windows and doors as if I were looking into a living room or bedroom to see how everything is coming together," she explained. Though she was born and raised in Sacramento, she spent nearly 30 years living in extreme climates--Michigan, Minnesota, Texas and Colorado—all with very short and often times frustrating growing seasons.

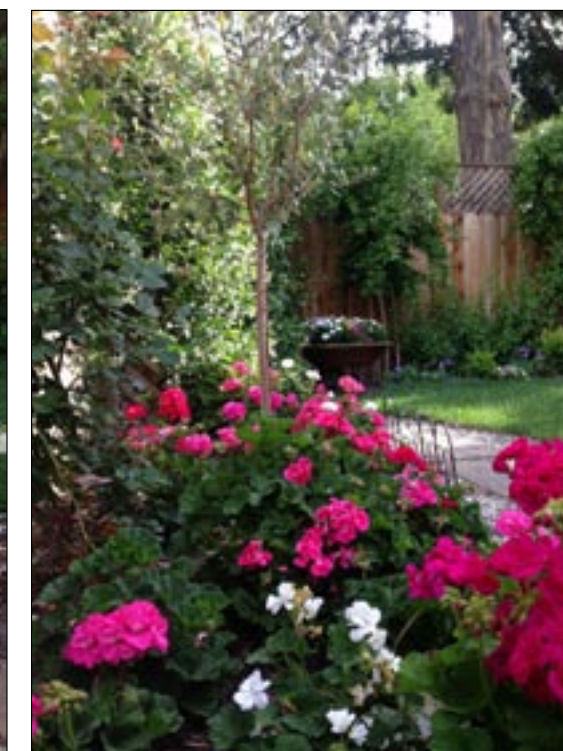
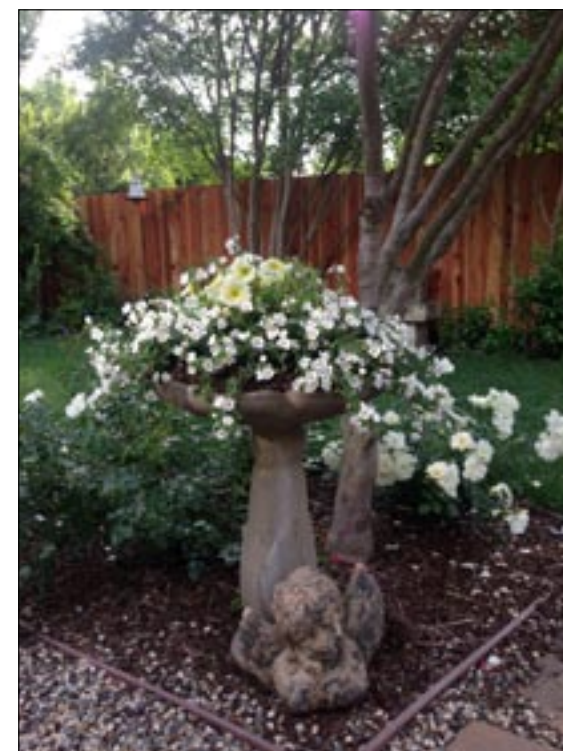
"I couldn't wait to get back to Northern California and our wonderful climate," she added.

Stemming from a family of green thumbs, both of Linda's grandmothers had gardens in East Sacramento.

"But my father was my true inspiration," she explained. "His garden included zinnias, sweet peas, roses and wisteria. And my mother always had cut flowers in our home. As a young girl, I had a patch of soil on the side of the house where I grew a variety of vegetables. I lived on a farm in Michigan in my early 20's and had a small portion of a 40-acre field planted all in flowers. I would spend hours walking up and down the rows hoeing them by hand. I definitely help keep the nurseries in business—I'm like a kid in a candy shop. I want it all!"

Most impressed by the resilience and responsiveness of plants, Linda explained that like most gardeners, she cut her roses way back in January and then watched with anticipation as they grow back. "By April—a mere four months—those bushes are absolutely covered with roses and are over five feet tall. It always amazes me! I trimmed a small crape myrtle tree this past fall, and the leaves are now double in size from last year. Cutting back to get more is a great life lesson in a world of such excess."

Always an enjoyable event that supports Holy Spirit, the



Land Park Garden Tour, Tea & Fine Arts Festival will not be an event to miss.

### If you go:

What: The 18th Land Park Garden Tour, Tea & Fine Arts Festival  
When: Saturday, May 15 from 10 a.m. to 4 p.m.

Why: The event supports the Holy Spirit School Fine Art Docent program.

Cost: Advance tickets are \$20, or day of the event are \$25. For more information, call 606-4195 or visit [www.hs-ps.com](http://www.hs-ps.com).



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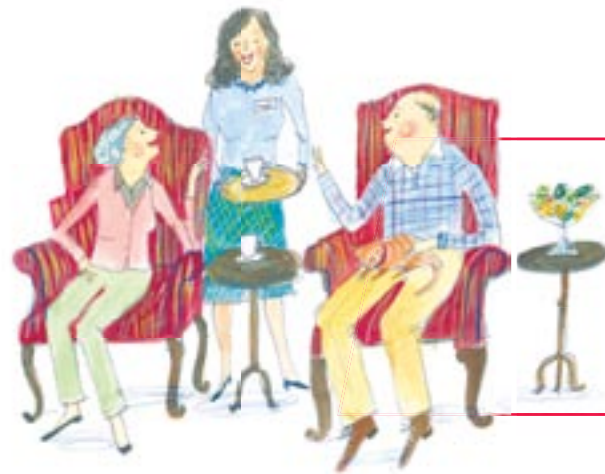




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- Wildlife viewing including one of the largest heron/egret rookeries in the County
- Environmental exhibits
- Children's activity center, games and prizes hosted by local Girl Scouts
- Ollie Otter
- Outdoor barbecue hosted by Elk Grove High School FFA and Rotary Club

• Event and parking are free

**Event directions:**

From Sacramento, travel Interstate-5 South and exit at Cosumnes River Boulevard and head east. At Freeport Boulevard, turn south. Continue two miles on the river road through the town of Freeport. Turn left at the signs (just opposite Cliff's Marina) and continue until you reach the Beach Lake Picnic Area.

For more information, visit [www.bufferlands.com](http://www.bufferlands.com) or call 916-875-WILD. To learn more about International Migratory Bird Day, visit [www.birdday.org](http://www.birdday.org).

**Event sponsors:**

Sacramento Regional County Sanitation District; U.S. Fish & Wildlife Service; California Department of Water Resources; Sacramento County Regional Parks; Friends of the Stone Lakes National Wildlife Refuge

**If you go:**

**What:** Walk on the Wildside is a FREE, outdoor festival celebrating local conservation efforts  
**When:** Saturday, May 14 from 10 a.m. to 4 p.m.  
**Where:** Beach Lake Park, Freeport  
**Who:** Hosted by Regional Sanitation District

**SCC:**

Continued from page 3

yearbook and the creation of the first school band.

Additionally, the college began to report its news during that time through a mimeographed sheet, called Jottings, which evolved into today's Express newspaper.

The college gained greater notoriety in 1928 with the completion of its stadium, which was the first football stadium built in Sacramento. It is known as Hughes Stadium, as it was named after the aforementioned Sacramento City School District Superintendent Charles C. Hughes.

As both a college and community stadium, this outdoor venue has hosted a variety of events from college football games, Pig Bowl football games between the local police and sheriff's departments, motorcycle races, track meets, boxing matches, Sacramento Solons baseball games and concerts.

In the 1930s, a library and cafeteria were constructed on the campus, the aeronautics program became the school's first vocational program and Herb Caen and Dick Jurgens attended the school.

Caen eventually gained fame as a Pulitzer Prize-winning columnist for the San Francisco Chronicle and Jurgens became a prominent composer and big-band leader.

The college reached its silver anniversary in 1942 with a student enrollment of about 3,400, a figure that was more than twice the school's enrollment total of 15 years earlier.

As a result of World War II, the makeup and atmosphere of the college drastically changed, as 1,250 men and women joined the honor roll in combat and the school both educated and housed soldiers as part of the Army Special Training Program.

Army living quarters were located on the second floor of the administration building, in the men's gym and in tents on the athletic field and in the stadium.

Furthermore, temporary buildings were constructed on the campus as mess halls.

The campus, which in many ways appeared more like a military base than a junior college, lost about 100 of its own students during the war,

including the school's first World War II casualty, Ed Orbison.

The war also resulted in the loss of 10 percent of the school's population when the college's Japanese students were interned in 1942.

Following the war, the college experienced another transition from 1947 to 1953, when it shared its campus with the then-new Sacramento State College – today's California State University, Sacramento.

The 1950s delivered a new pool, an on-campus performance by Louis Armstrong and the renaming of the school to Sacramento City College.

On Sept. 12, 1966, the college, which then had about 9,000 students, celebrated its golden anniversary with a 3-foot-tall cake, which was cut in the cafeteria by the school's president, Dr. Harold H. Stephenson.

The old and the new came to the forefront during the 1970s with the loss of the original administration building, which was demolished after it was determined that the structure was not "earthquake safe," and the hosting of the first Pig Bowl at Hughes Stadium.

New administration and classroom buildings were dedicated in 1980.

The 1980s also included a Pink Floyd concert attended by 35,000 people at Hughes Stadium and a total enrollment of nearly 18,000 students.

SCC experienced much growth during the following decade with such additions as the state-of-the-art Learning Resource Center, the Cultural Awareness Center, telephone registration availability and the restoration of the art deco auditorium.

After 18 years, then-SCC President, Dr. Robert Harris stepped down from his position in 2005.

Now under the direction of Interim President Michael Poindexter, the college, which has outreach centers in West Sacramento and Davis, continues its nearly century-long tradition of educating and enriching the lives of its students.

For additional information about Sacramento City College, call 558-2111 or visit the website [www.scc.losrios.edu](http://www.scc.losrios.edu).

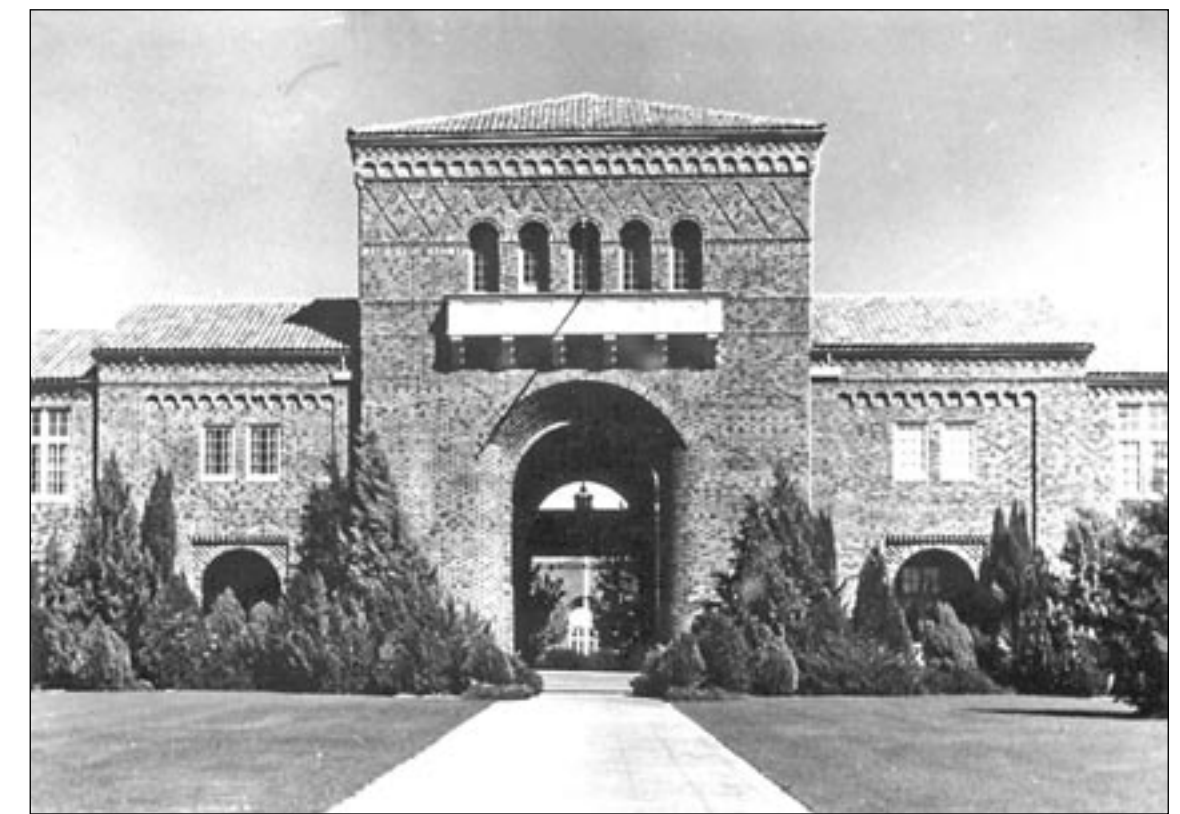


Photo courtesy of Sacramento City College



Photo by Lance Armstrong

(above) The school's first administration building is shown in this c. 1926 photograph.

(left) This large panther statue was dedicated to Sacramento City College by the school's 2006-07 Associated Student Government.

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# Matías Bombal's Hollywood

## Purple Rain (1984)

The MPAA has rated this R

The sudden and to so many shocking unexpected death of the pop music icon Prince has left many modern music enthusiasts numb from yet another loss in the music industry in a year that has taken many from the world of post 1950s popular music. The Sacramento Tower Theatre offered a chance for public gathering of remembrance 'round Prince's first movie, 1984's "Purple Rain", from Warner Bros. for one showing only on Monday, April 25.

In this Oscar winning movie, for Prince's original music score, he plays a young musician who frustrated by home life with a difficult father (Clarence Williams III), a band that is not pleasing, completion from a rival singer (Morris Day), and the discovery of girl singer with who he falls in love (Apolloonia Kotero).

The movie has grossed \$31,700,000 since 1984, and is an absolute time capsule of that decade as well as the emerging artistry of Prince, who not only achieved fame

on his own well deserved merits and hard work, he also wrote many hit songs for other artists that brought them fame.

## Miles Ahead:

The MPAA has rated this R

In what the studio, Sony Pictures Classics, describes as "An exploration of the life and music of Miles Davis", Don Cheadle directs himself and great actors Ewan McGregor and Michael Stuhlbarg in a visually impressive movie about the jazz legend Miles Davis. Cheadle plays Davis, "The Prince of Darkness", in a way that you would like to imagine that Davis was like; a combination of "bad-ass" musical genius, seclusion and darkness. Was he really like this? We'd like him to have been this way.

The movie is not a representation of actual history, but a way to tell a story of a legend that makes for a good movie. It is highly entertaining and stylish. It jumps from the 1970s to earlier in Davis' career and back again, with many flashbacks. The principal story, set in the 1970s,

centers around a fictional journalist, Dave Brill (Ewan McGregor) who will do anything to get an exclusive story with Davis, and literally will not go away from the musician's front door until he gets his way. At one point he actually locks the trumpet player outside of his own house, not letting him in until he gets his story.

Brill wants to know, of course, what Davis had been up to in the five years he's not made a recording. Resorting to finding drugs for Davis, the two start out in an unlikely teaming throughout the movie that takes you for a ride that offers an excellent performance from Cheadle, something not easy to do when one directs themselves.

The plot offers an elusive prize that Brill wants to obtain, an open reel magnetic audio tape that has Davis' home recordings of music he is working out. This tape that has been highly sought after by Columbia Records, eager to release it and another rival music promoter, Harper Hamilton, (Michael Stuhlbarg). Stuhlbarg is a joy to watch at any time in any movie, here as the low-life and despicable type that will stop at nothing to obtain this tape, which will have greater value if Davis is dead.

In flashback we also see the relationship of Davis and his wife, Frances Taylor (Emayatzy Corinealdi) as it devolves over the years. Frances was featured and may still be seen on the covers of a few of Davis' albums, such as "Someday My Prince Will Come" and others.

This movie is stylish and fun, with perhaps a little too much action, which results in the look and feel of a Pam Grier exploitation movie of the 1970s with much attention to that wild '70s look.

The editing and transitions from one era to the next and back again are masterful and beautifully done. I was so taken by the overall look and feel of this movie that I felt that the flow of the shots and sequences just as refined as a Miles Davis solo in exploratory jazz. I actually remarked to a colleague that the movie's cutting felt like a jazz improvisation. Possibly, if you might see it more than once, the shots would appear in an entirely different order, as if the movie improvises itself at each screening.

Stylish and colorful, a good performance from Cheadle, and excellent editing are just a few of the reasons that this highly entertaining, yet not historically accurate movie should be on your must see list.

## Elvis & Nixon

The MPAA has rated this R

Bleeker Street Media offers a highly entertaining movie with "Elvis & Nixon", a fantasy dream-up by writers Cary Elwes (The Princess Bride) with Joey and Hanala Sagar based on a famous photograph taken by Ollie Atkins of the king of rock and roll and president Richard M. Nixon on the occasion the two met at the white house on December 21, 1970. The black and white photo, which has the interesting distinction of being the most requested image at the National Archives, shows the unlikely duo in a grip and grin moment that seems incongruous at best.

Richard Nixon, the 37th president of the United States, in office from January 1969 through August of 1974, was likely not that thrilled to meet Elvis. This was first explored with a humorous slant in a 1997 movie called "Elvis Meets Nixon" a "mockumentary" that offers

many of the small moments explored in this new movie, even that of Elvis visiting a doughnut shop and pulling out a gun.

What makes this new movie with the very similar titles a must see is the combined forces of two of the greatest actors working in the movies today working off each other like French Apache dancers. You just savor both Michael Shannon as Elvis and Kevin Spacey as Nixon. Also in the film is Alex Pettyfer as Elvis' confidant and helper, Jerry Shilling. Shilling has Elvis' trust, and much too often must put his life aside to work in the king's shadow. Johnny Knoxville joins the cast, too, but it is Colin Hanks that has memorable screen time as White House aide Egil Krogh.

Kevin Spacey seems not to be able to do anything wrong. He is so fascinating to watch as he becomes the various roles. Here as Nixon, a role that could be easily made campy and over the top, he delivers an understated performance that is nothing short of beautiful. Michael Shannon looks nothing like Elvis Presley, but inhabits the role in such an engaging way that he captures the "feel" of what you might think it would be like to actually be in close quarters with the legend. I'll watch Michael Shannon in any role he is in.

The movie has an excellent soundtrack, of which most noticeably absent is any selection by Elvis himself. The story is well written, engaging and most of all, fun. I would not describe this movie as a comedy, but rather a tour-de-force of fine acting that will make it impossible for you not to smile at the excellence of the work of the titled principals. Directed by Liza Johnson, with cinematography by Terry Stacey. Go see it.

# Dignity kits: Bringing back dignity to girls in Africa with reusable maxi pads

## Alice Birney students knit pads for African girls

By MONICA STARK  
editor@valcomnews.com

In many African countries, people call a woman's menstrual cycle a period of shame. Without access to feminine hygiene products girls resort to sitting on cardboard, tearing apart mattresses, using tree bark, grass mats, cornhusks and chicken feathers, and in some of the saddest cases trading sex for pads.

At a whopping \$1 per pad in countries where the daily wages average \$1, the budget for girls' hygiene gets left out.

And during this "period of shame," most girls stay home from school. In Kenya alone, more than 3 million girls miss on average six weeks of school per year, therefore not acquiring an equal education as their male counterparts.

Their stories are all too real to Elk Grove resident Njeri Thubei who grew up in Nairobi, Kenya.

"Growing up I had the same experience. Sanitary towels are very expensive. We used cotton. The bathing, you just cut it. It was all Mom could afford. Times were extremely strenuous. We used tissue which was very uncomfortable," Njeri said.

With \$200 in her pocket, money fundraised by friends and family, Njeri, a single mom, flew by herself to the U.S. in 1993. Wanting to provide better life for her then 9- and 7-year-old daughters, Njeri found a way to bring her daughters here two years later.

Just as her community in Africa helped her financially, a Novato, California pastor paid for Njeri's daughters to join her.

Additionally the pastor gave them a full college scholarship. With that said, both daughters graduated from university. Now, her eldest daughter lives in Point Richard and her second in New York. Her youngest son and daughter are in high school.

In gratitude from the community's support, Njeri vowed that when she was financially able, she would help girls in Africa. In 2013, she founded nonprofit, Upendo Women's Foundation. Since then, Upendo (Swahili for "love") has helped 2,500 girls in Africa access sustainable feminine hygiene products. With the goal of reaching 10,000 girls this year in Kenya, Tanzania and Malawi, Upendo wants to encourage and empow-

er all women while at the same time provide for their very personal needs with dignity.

Very passionate about empowering girls and women through education, Njeri believes in a world of equal opportunities for all.

"I believe that given equal opportunities, all girls can get empowerment through access to quality education. Growing up in my teenage years I remember how difficult it was to attain the feminine hygiene products; many girls in my own neighborhood missed school because of this."

As the founder and Executive Director of Upendo Women's Foundation Njeri's vision is to make sure that every girl and woman in the Africa has a ready and feasible access to quality sustainable hygiene and health education by 2025. Her goal is to help bring a community of people together to make this happen. (See her GoFundMe page at [www.gofundme.com/upendowf](http://www.gofundme.com/upendowf)).

In South Land Park's Alice Birney Public Waldorf eK-8 School, Mr. Chris Whetstone's eighth grade class has collaborated with Njeri in sewing 100 dignity packages which will be hand-delivered to girls in Kenya this summer. The package comes with two panties, washcloths, eight foldable pads that look like Always Wings but are made of 100 percent cotton flannel fabric and snap in place, each with different colors and designs. They look like hankerchiefs so boys can't tell they're pads. If girls have a heavy flow, with the two pads, they can double up. Having reusable pads opposed to disposable undoubtedly is beneficial to the environment.

AB principal Mechelle Horning decided to make this an ongoing eighth grade community service project. With money that they received through a grant, she purchased two sewing machines, which are used exclusively for this project.

All other materials have been donated by members of the school community. Presentations about the project and have been made to both eighth grade classes as well as both of the seventh grade classes who will inherit the project when the eighth graders graduate in June.

Eighth graders are required to complete some community service during their last year at the school.



In addition to serving at the Sacramento Food Bank and Loaves and Fishes, Whetstone agreed to have the class participate in Dignity Kit project. The scope of the project complemented classroom instruction about Africa and the sewing instruction they received in their handwork class and began at the beginning of the year, getting donations.

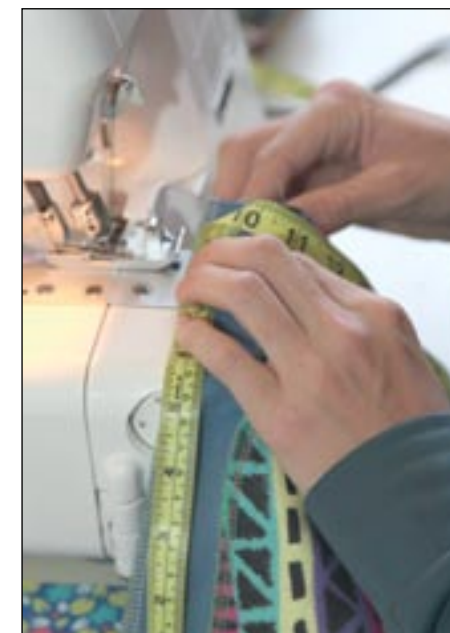
"The timing was serendipitous," resource specialist Lynette Weaver said, explaining the interdisciplinary scope of the project. In order to advance the project further, Weaver offered to help students after school two days a week. Describing the eighth graders' enthusiasm for the project, she said the first thing she saw as a result of Njeri coming to the class to present the project was that she "really struck a chord" when she talked about how the issue of girls missing school due to their periods is occurs worldwide. "(Njeri) really connected with the students ... they didn't want to leave," didn't want to go home when her presentation ended.

The students' excitement spread to their parents. "People were becoming involved. People started donating supplies," Weaver said.

Six students have agreed to represent Whetstone's class on Saturday, April 30 as part of the Sacramento County Office of Education Action Civics Initiative. Three other Alice Birney projects will be featured that day as well. Each will have their own contingency of staff and student representatives.

The students at Alice Birney will write notes to include in the kits containing their mailing addresses, allowing them to get started as pen pals with the girls in Africa. One of the teachers is also planning to accompany Upendo to deliver the kits and document the distribution.

When going to the field, Njeri said besides giving the girls the dignity kits, she gives them a hug. "Most of these girls don't know what a hug is. And I tell them, "If you don't give me a big good squeeze hug, you will



Photos by Stephen Crowley / [stephen@valcomnews.com](mailto:stephen@valcomnews.com)

not get a kit. Culturally they don't hug and they're probably coming from single-family home with five or six of them inside. And they probably never heard the words, 'I love you.' I will hold their faces and say 'I love you.' They cry. They feel valued. They have no idea we are bringing these items and their smile is priceless. They probably never felt that touch. I come back home feeling like I am on Cloud 9."

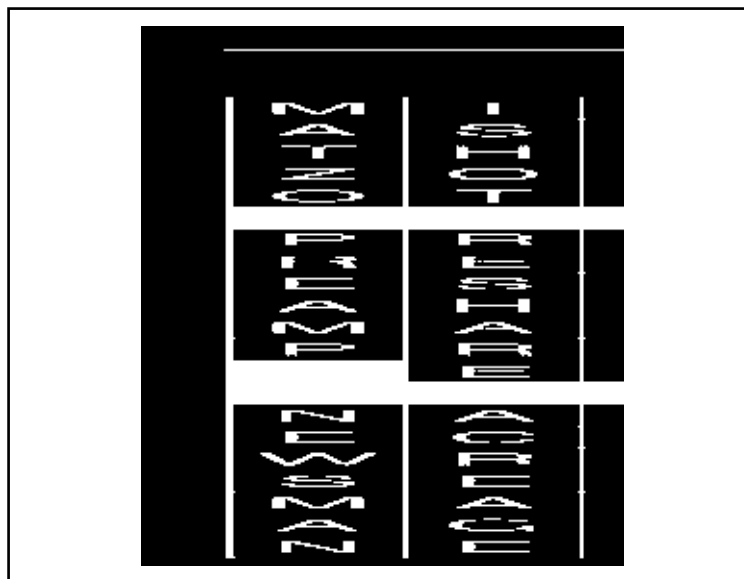
Empowering the women to make their own pads will be a goal down the road for Upendo. "Right now we provide a solution and then we raise money, so they can make them on their own," Njeri said.

## How you can help:

Visit: <http://upendowomensfoundation.org/take-action/>

**Join a sewing circle:** Do you like to sew? Are you part of a sewing circle looking for a group project? (Church members at Park Community Church in Shingle Springs have begun sewing group making the pads... Call the church there if interested at 530-677-8281.)

**Can you donate money?** <https://www.gofundme.com/upendowf>  
**Have another idea?** Or any questions, call 317-9912.



# — EVENT LISTING SECTION —

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers.  
Call (916) 429-9901 for rates.

**Sacramento German Genealogy Society's**  
Spring Seminar  
Sat, April 30, 8 am - 4 pm  
Fair Oaks Presbyterian Church  
11427 Fair Oaks Blvd, Fair Oaks  
For registration details: [www.sggs.us](http://www.sggs.us)

**SAVE THE DATE!**  
67th Sacramento High School Reunion  
Class of 1949  
Saturday, September 10, 2016  
11 A.M. - 3 P.M.  
Contacts: Joyce Cowan at [cowan\\_j@sbcglobal.net](mailto:cowan_j@sbcglobal.net) and Vera Malkovich at [borka@comcast.net](mailto:borka@comcast.net)

Young Actors Stage presents  
**Les Miserables**  
(High School Senior Edition)  
Friday, May 20 and 27 at 7  
Saturday, May 21 and 28 at 2 and 7  
Sunday, May 22 and 29 at 11 and 3  
24th Street Theater, Sacramento  
All tickets \$15, online at [youngactorsstage.com](http://youngactorsstage.com) or at the door

All Saints Concerts presents . . .  
"Choral Evensong and Organ Recital"  
Featuring Dr. Daryl Hollinger,  
Composer & Organist  
Sunday, May 1, 2016 at 4:00 PM  
\$10 suggested for Recital  
All Saints Episcopal Church  
2076 Sutterville Road, Sacramento, CA 95822  
Overflow parking across Sutterville Rd. at City College

# CALENDAR

Send your event announcement for consideration to: [editor@valcomnews.com](mailto:editor@valcomnews.com) at least two weeks prior to publication.

Tree Foundation at 924-8733 or email [shadtrees@sactree.com](mailto:shadtrees@sactree.com) to make your appointment to receive up to 10 free shade trees.

## Free trees

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**Open Auditions for 2016-2017 Season**  
Sacramento Youth Symphony  
Sacramento Youth Symphony and Academy of Music, Michael Neumann, Artistic Director

The Sacramento Youth Symphony, now in its 60th year serving Sacramento's young musicians, announces Open Auditions for the 2016-2017 season. Expand your musical skills in one of our five orchestras or in our symphonic wind ensemble. Accepting applications for musicians age 6-21. Auditions are being held at CSUS Music Department on May 28-29 (strings only) and June 4-5 (strings, winds, brass and percussion). Ensembles include Prelude, Vivace and Academic String Orchestras, Classic and Premier Orchestras and Symphonic Wind Ensemble. Application deadline is May 6. Audition fee are: \$40. Application available at [www.sacramentoyouthsymphony.org](http://www.sacramentoyouthsymphony.org) or call 916-731-5777. Financial assistance is available. Contact: Sacramento Youth Symphony, Vicki Schaevitz, at [vicki@sacramentoyouthsymphony.org](mailto:vicki@sacramentoyouthsymphony.org) at 916-731-5777.

## Beginning tai chi gong

These exercises use the principle of chi flowing properly throughout the body to maintain the equilibrium of yin and yang. Regular practice of these forms will develop better balance and flexibility, gain strength, promote deep relaxation, and improve health. This beginning class will also learn the 24 Yang Style Tai Chi and Yi Jing, a traditional Health Qi Gong. Pre-registration and prepayment required or \$7 drop-in fee at the door. Class will be held on Tuesdays from 4:00-5:00 pm at ACC Senior Services, 7334 Park City Drive. For more details, call (916)393-9026 ext 330, [www.accs.org](http://www.accs.org).

## APRIL

### Free VA Home Buyers Workshop:

April 28: From 6 to 7 p.m. at Dunnigan Realtors, 4215 Freeport Blvd., Sacramento 95822, there will be a free workshop for veterans, service members, and their spouses regarding the process of buying a home using the VA home loan program. Mortgage Loan Specialist, Jai Jett of Pacific National Lending will go over the eligibility requirements, process, and benefits of using the VA home loan program. Reflector Beth Sherman of Dunnigan Realtors will go over the home buying process. Reference materials will be provided to take home and any questions attendees may have are welcomed. For more information, contact either

Jai Jett at [JJett@PacificNationalLending.com](mailto:JJett@PacificNationalLending.com) or Beth Sherman at [Beth@LiveInSac.com](mailto:Beth@LiveInSac.com).

## Curtis Park Home & Garden Tour

April 30: The Curtis Park Home & Garden tour will be held from 10 a.m. to 4 p.m. starting at William Curtis Park, north end. For more information visit [www.sierra2.org](http://www.sierra2.org), call 452-3005, or email [info@sierra2.org](mailto:info@sierra2.org)

## Sacramento Central YMCA Celebrates

### 25th Annual Healthy Kids Day

April 30: The Sacramento Central YMCA is holding a free community event to inspire more kids to keep their minds and bodies active. This year marks the 25th annual YMCAs Healthy Kids Day, the Y's national initiative to improve health and well-being for kids and families. The two-hour event features activities such as camp games, a bounce house, potato sack races, arts and crafts, healthy snacks and related activities, giveaways and more - to motivate and teach families how to develop healthy routines at home. YMCAs Healthy Kids Day, celebrated at over 1,300 Ys across the country by over 1.2 million participants, works to get more kids moving and learning, creating habits that they continue all summer long, which is a critical time for kids' health. When kids are out of school, they can face hurdles that prevent them from reaching their full potential. Research shows that without access to out-of-school physical and learning activities, kids fall behind academically. Kids also gain weight twice as fast during summer than the school year. As spring turns to summer, Healthy Kids Day is a powerful reminder not to let children idle away their summer days. Instead, the Y hopes to focus on wow-ing them with their potential and make this their best summer ever by staying active and learning. "The Y believes in the potential of all children, and we strive to help kids discover their fullest potential. A child's development is never on vacation and Healthy Kids Day is a great opportunity to educate families and motivate kids to stay active in spirit, mind and body throughout the summer," said Amanda McCarthy, Sacramento Central YMCA Executive Director. In celebration of YMCAs Healthy Kids Day, the Y offers the following tips to help families develop healthy habits: High Five the Fruits and Veggies - Make sure kids get at least five servings a day, the minimum number nutritionists recommend to maintain healthy childhood development.

And to keep kids' taste buds evolving, have everyone in the family try at least one bite of a new fruit or vegetable at least once a month. Foster an Early and Ongoing Passion for Books - Read to and with your kids. Help children read at every age and every stage of their development. Team Up for Athletic Events - Set a family goal of great health by teaming up for community or charity events like races, walks, fun runs, bike rides, etc. Volunteer Together - Find a cause that matters to the kids. Open their eyes to a world beyond themselves and the rich rewards that come from making a difference. Make sleep a priority - Doctors recommend 10-12 hours of sleep a day for children ages 5-12 and 7-8 hours per night for adults. Sleep plays a critical role in maintaining our healthy immune system, metabolism, mood, memory, learning and other vital functions. The Sacramento Central YMCAs Healthy Kids Day takes place at our Sacramento Central YMCA at 2021 W St. from 10 a.m. to noon and features fun, active play and educational activities, such as a history museum exhibit and customizable water-infusion station. Further, we will be waiving our membership joining fee and offering priority registration for our Summer Basketball League during the event. YMCAs Healthy Kids Day is made possible with the support of our event sponsor, Sutter Health. For more information, visit [ymcasuperiorcal.org/SacEvents](http://ymcasuperiorcal.org/SacEvents)

## MAY

### Deadheading at dusk: Garden workshop at the Old City Cemetery

May 2: From 6 p.m. till dusk, join volunteers at the Historic City Cemetery's Rose Garden for deadheading at dusk. They will be removing spent blooms from the many rosebushes and tidying up the garden which encourages repeat blooming of the roses in the garden. Tools and training will be provided, and light refreshments will be served. This event recurs every first Monday of the month, except July 4th. The workshop is free, but donations are gratefully accepted to help support rose garden operations. The cemetery is located at 1000 Broadway. There is ample free street parking on surrounding streets, with limited parking within the cemetery. For more information, call 448-0811.

See Calendar, page 21



## 18th Annual East Sac Garden Tour

Mother's Day Weekend — May 7th & 8th  
Saturday & Sunday, 10 a.m. - 4 p.m.

Treat Mom to a tour of seven beautiful East Sac gardens, shop at the Boutique, and enjoy a delicious lunch at the historic Sutter Lawn Tennis Club.

All proceeds benefit David Lubin Elementary School.

Tour \$20 through May 6 — \$25 Weekend of Event

Luncheon \$10



[www.eastsacgardentour.com](http://www.eastsacgardentour.com)

# Calendar:

Continued from page 22

## Music at noon

May 4: Free music programs, offered at Westminster Presbyterian Church at noon on Wednesdays. This week enjoy music by Chanteuses Vocal Ensemble; Chris Alford, director.

## 20th Annual Race for the Cure

### Susan G. Komen Sacramento Valley

May 7: Komen Sacramento 2016 Race for the Cure is the enduring symbol of the fight against breast cancer. This year marks the 20th Annual Race for the Cure in the Sacramento region. Since the initial race, \$19 million has been granted to deserving local programs serving 19 counties. This year's theme, "There's a Hero in All of Us", celebrates our participants – survivors, teams, individuals and sponsors – each who help Komen Sacramento move one step closer to ending breast cancer. Join us on May 7 at Cal Expo for the 20th Annual Race for the Cure. For more information or to register for the race, visit: [komensacramento.org](http://komensacramento.org) and click Events/Race for the Cure. The event will be held at Cal Expo Fairgrounds. 9 a.m. Race Start. Questions? Call 231-3148 or email [info@komensacramento.org](mailto:info@komensacramento.org).

## Walk with NAMI to stomp out the stigma of mental illness

May 7: If mental illness has affected someone you know, the National Alliance on Mental Illness (NAMI) offers help, and NAMIWalks raises funds to help them. If NAMI has already helped you, NAMI-Walks is your chance to pay it forward by walking with NAMI, donating or volunteering. The 7th annual Northern California NAMIWalks will be held rain or shine, in the Village Green area of William Land Park. Check-in begins at 8 a.m. followed by family-friendly warm-up and entertainment at 9 a.m. and step-off for the 5K walk at 10 a.m. To register or donate in advance, and/or to find information about volunteer opportunities and sponsorship, please call 504-5470 or visit [www.namiwalks.org/northerncalifornia](http://www.namiwalks.org/northerncalifornia).

## Friends of Library Book Warehouse Sale

May 7: An ever-changing inventory of more than 100,000 "gently used" books, videos, and audio books will be offered for prices from 50 cents to \$2 at the Saturday May 7 sale at the warehouse of the Friends of the Sacramento Public Library. The warehouse is at the rear of the Friends' "Book Den" store at Suite E, 8250 Belvedere Ave., just south of 14th Ave. between Power Inn and Florin-Perkins roads. Plenty of parking is available, but visitors should be careful not to park between the "No Parking" signs on the south side of Belvedere. Sale hours on Saturday will be from 9 a.m. to 4 p.m., with a preview and sale on Friday, May 6 from 5 p.m. to 8 p.m. for Friends members only (You can join at the door for \$15). Income from the sale helps pay for programs, equipment, and materials local libraries need but can't afford. With more books constantly needed, the Friends will be glad to have yours, too. See a staff member on how to donate. The book store will also be open during the sale as well as weekly on Thursdays 9 a.m. to 2 p.m. and Fridays and Saturdays from 10 a.m. to 5 p.m. Items there are priced from \$1 up. With Memorial Day coming up, books on war will be

discounted at the book store by 30 to 40 percent to members. For more information, call (916) 731-8493 or go to [bookden@sacib-frriends.org](mailto:bookden@sacib-frriends.org).

## Music at noon

May 11: Free music programs, offered at Westminster Presbyterian Church at noon on Wednesdays. This week enjoy music by the Sacramento Guitar Society.

## "Mental Illness: It's not always what you think": Stigma Free 2016: We're All in This Together

May 14: The "Mental Illness: It's not always what you think" project is hosting a Sacramento County mental health celebration, "Stigma Free 2016," in recognition of Mental Health Month. All ages, from youth to seniors, are invited to attend this free event. The event will feature a resource fair, health screenings, live art demonstration, spoken word performances, prize drawings, selfie station and more. Stigma Free 2016: We're All in This Together will be held from 10 a.m. to 1 p.m. at the Clunie Community Center at McKinley Park, 601 Alhambra Blvd.

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Presented by the Land Park Community Association

**2nd Annual Mother's Day Brunch**  
Casa Garden Restaurant & Event Venue  
Sunday, May 8, 2016  
9:30 a.m. - 2:00 p.m. (last seating at 1:00 p.m.)

\$30.00 per person (coffee/tea included)  
\$4.00 Mimosas (other beverages available for sale)  
\$10.00 Mimosas (unlimited)

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**PENDING**



**ADORABLE NEAR CURTIS PARK**

Spacious 3 bedrooms 2 baths, remodeled kitchen with maple cabinets, stainless appliances, and granite counters. New engineered hardwood flooring in the living areas, new carpet in the bedrooms, and freshly painted interior. Huge deep backyard. \$368,000

**ERIN STUMPF 342-1372**



**WONDERFUL TUDOR**

Located on a quiet Land Park street with a great lot and tons of curb appeal! 3 bedroom 1½ baths, lovingly restored and maintained. Hardwood floors, newer windows and a garage that you can use! Beautiful living room with fireplace, formal dining room. \$625,000

**DAVID KIRRENE 531-7495**

**IN CONTRACT**



**SPACIOUS LAND PARK**

Hard to find in Land Park ... 4 bedroom 2 full bath, 2-car garage home! Crown moldings, wood floors, plantation shutters, pretty fireplace and more! Master bedroom suite with skylighted bath, sliding French doors open to spacious yard and brick patio. Conveniently located! \$580,000

**MONA GERGEN 247-9555**

**PENDING**



**SOUTH LAND PARK TERRACE**

Conveniently located on a corner lot in a wonderful South Land Park neighborhood. 3 bedrooms 2 baths, 1453 square feet with open floor plan, living room fireplace and dual pane windows. 2-car garage, bonus room and RV access. \$398,000

**CHRIS BRIGGS 834-6483**

**PENDING**



**PRIVATE SECLUDED GARDENS**

Wonderfully unique nearly half acre S Land Park property with lush tranquil gardens and space! Two separate homes, 2 bedroom 2 bath and 2 bedroom 1 bath that share a connecting wall. Bring your imagination! RV access, workshop, carport, detached garage ... Peaceful and secluded! \$599,000

**CHRIS BRIGGS 834-6483**

**PENDING**



**SOUTH LAND PARK HILLS**

Delightful home is perfect for outdoor living with the large sparkling pool, personal hot tub and outdoor grill. 3 bedrooms 2½ baths, 1725 sf lovingly maintained. Spacious open floor plan. Paradise is a personal thing but this might be yours! \$519,000

**SHEILA VAN NOY 505-5395**

**PENDING**



**CURTIS PARK WITH FLAIR**

With vibrant color and flair of New Orleans! 3 bedrooms plus a bonus den/study, cozy alcoves, lead glass built-ins and a whimsical staircase. Featuring renovated bathroom and kitchen with stainless steel appliances, including DCS gas range. \$479,000

**STEPHANIE GALLAGHER 342-2288**

**PENDING**



**BEAUTIFULLY REDONE**

Stylish! Wait until you see this Kitchen! And so much more! Light, bright and beautifully renovated (big back yard too). Oversized doors and wide hallways. You really need to see this now as tomorrow it will be gone!!! Sunny living - done here. Fantastic 3 bedroom 2 bath home ...and the works all done! \$429,000 PENDING

**SHEILA VAN NOY 505-5395515**

**PENDING**



**MED CENTER**

2 bedroom with remodeled kitchen, granite counters and nook, beautifully remodeled bath with skylight. Wood-burning fireplace, re-finished hardwood floors. New central heat and air. Lots of built-ins, crown molding and Art Deco Hardware. Large shady backyard. \$412,500

**COLLEEN WIFVAT 719-2324**

*for current home listings, please visit:*

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