May 12, 2016 | www.valcomnews.com

LAND PARK NEWS

BRINGING YOU COMMUNITY NEWS FOR 25 YEARS —





Mid-Century Modern home tour set for June 18

■ See page 2

Bernie at Bonney

■ See page







Ron Roberts

Broker/Realtor 916.801.0118 Ron@BigHeartRealty.com Cal BRE #01037639 Call Ron and find out what your Home is worth Today!

For information on Loan Programs, Rates and getting Pre-Approved, call Robyn!



Robyn Sims

Loan Officer 916.801.0527

Robyn.sims@apmortgage.com NMLS #450831



Not intended to solicit those already listed with a Broker. Big Valley Mortgage is not a Real Estate Broker. Properties shown in the Real Estate section provided are not being sold by BVM.

CA BRE #01215943 | NMLS #872054/1850 | Licensed by the Dept. of Business Oversight under the CRMLA

LAND PARK NEWS

E-mail stories & photos to: editor@valcomnews.com

The Land Park News is published on the second and fourth Thursdays of the month in the area bounded by Broadway to the north, Interstate 5 on the west, Florin Road on the south and Freeport Boulevard/21st

David Herburger Monica Stark Art Director. ..John Ochoa ..Annin Greenhalgh Graphic Designer **Advertising Director** Jim O'Donnell Advertising Executives Linda Pohl, Melissa Andrews

Copyright 2016 by Valley Community Newspapers Inc. All rights reserved Reproduction in whole or in part without written permission is prohibited.

2709 Riverside Blvd t: (916) 429-990 f: (916) 429-9906

Cover photo by

Donald Satterle

Serving

Sacramento

for 25 years



Shown here are photos in anticipation of this year's Mid-Century Modern home tour, which features homes in Land Park,

Save the date: Mid-Century Modern home tour set for June 18

For the first time ever, the Mid-Century Modern home tour in Sacramen- expands beyond architecture. It's also a to will expand its territory into Holly- celebration of the lifestyle — even the to featuring homes in South Land Park -that are also worthy of appreciation,"

This year features a wide variety of the time period's distinctive architecture, best mid-century homes, gardens, and explains Sacramento Modern president Gretchen Steinberg.

"This year's tour is more inclusive and wood Park and Greenhaven, in addition products of everyday living from that era

The seven tour homes include: a rare mid-20th century living — highlighting custom modern home by Sparks and Thaden (1959/1967) in Land Park; two design, and lifestyle. Guests will spend Eichler Homes (1955) designed by Jones a fun day touring some of Sacramento's and Emmons in South Land Park; a custom modern home (1967) in Greenhaven; vintage vehicles in authentic Sacramento a Sierra Builders ranch home (1950) in mid-century neighborhoods. Styles range Hollywood Park; a unique custom South from minimalist to kitsch, moderns to Land Park ranch home built by Floyd ranch homes, and everything in between, Cantrell (1959); and, a distinctive ranch/

See Home tour, page 3







Home tour:

Continued from page 2

modern home designed by Leo McGlade and Associates (1962) in South Land Park's Weber Estates.

The tour begins at Alice Birney Waldorf-Inspired K-8 School in South Land Park (designed by Herbert Good-They will receive a collectible guidebook that features addresses and a map, in-depth historic information, related points of interest, and local vintage resources. Guests will also receive complimentary bottled water (courtesy of Raley's); the summer issue of Atomic Ranch magazine (courtesy of Atomic Ranch magazine); and retro candy, supplies last.

very special and generous people who are willing to share their private spaces. This year's group not only has a great eye What: Sacramento Mid-Cenfor design but also includes folks who are especially devoted to modernism: fogmodern, ice Birney eK-8 Waldorf-in-Hepcat Restorations, Vintage Sacramento, and SacMod. These homeowners are also a mid-20th century home can and \$35 for non-members. nomical. We have an example tour details and ticket purden and a wonderful kitchen mhometour.bpt.me>.

project that incorporates adaptively reused/salvaged vintage cabinets."

A lean organization led exclusively by volunteers, the funds raised go directly toward fulfilling Sacramento Modern's mission statement to promote, preserve, and protect modern art, architecture, and design. The group accomplishpastor in 1958). Tour guests es this by conducting tours, will be able to view modern film screenings, lectures, presand vintage products from ervation campaigns, and edulocal designers and vendors. cational materials. The tour is the biggest fundraiser — and only happens every three years because it is such a huge undertaking. The funds for this year's tour are going into a collaborative effort to proactively identify and catalog historic modern places throughout

Gretchen said both previous tours (2010 and 2013) sold out and were attended by toys, and other small treats more than 1,000 guests, but along the tour route while that she has noticed a particular excitement for this year's Gretchen's favorite aspect of tour. "We do have a maximum the tours, she said, is the hom- capacity and tickets are selling eowners themselves. "It takes a lot faster this year," she said.

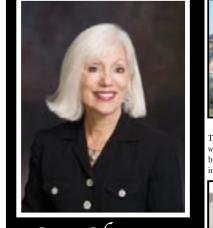
If you go:

tury Modern Home Tour Where: Tour starts at Al-

spired school When: Saturday, June 18 from 9 a.m. to 3 p.m. very smart and creative; they Cost: Tickets, while they last, demonstrate that maintaining are \$20 for SacMod members also be sustainable and eco- For more information: More of a water-wise modern gar- chases are online at <sacmc-







Sue Olson 916-601-8834 sue@sueolson.net CalBRE# 00784986

Valley Community Newspapers, Inc

ud to Support the Land Park Garden Tour, Te. landparkhomes.com



LAND PARK his home boasts 5+ beds & 3 remodeled baths. It features a formal living room ith fireplace & bay window with bench seating, formal dining room with pretty ilt-in hutch, remodeled kitchen with sile stone counters & stainless appliances, ide laundry area, outdoor BBO with counter, 1803 Bidwell Wa



LAND PARK ee bedroom cutie! Formal living room with fireplace, formal dining room itchen with eating area, inside laundry, newer central HVAC, pretty backyard th patio and room for a garden, close to transportal kery, Dad's or Taylor's Market. **1800 Bidwell Way.**



Original three bedroom, two bath home. Formal living room, kitchen with spacious eating area, family room with fireplace, laundry hook-up in garage, larger lot, close to transportation and Caroline Wenzel



LAND PARK bedrooms, formal living rm w/ fireplace, spacious dining rm., large kitchen wi sunny breakfast area, knotty pine game room behind garage w/ fireplace and bathroom, beautiful gardens and original pool. 1800 8th Avenue. \$799,000



916-494-1452

ESKATON

REAL PEOPLE. REAL FUN.

There is a reason we use our residents as our photo models. We want you to see real people at real communities enjoying the life they choose. Whether it's joining friends in a card game, taking a stroll around the grounds, stepping on the bus for an excursion or getting together to share a meal, our residents find everything they need right here.

Experience the Eskaton difference. Call or go online now.









eskaton.org

Eskaton Monroe Lodge Independent Living with Services Land Park 916-265-0045

A leading nonprofit provider of aging services in Northern California since 1968



emotional learning

tional Learning during PE 'Powerful' anti-bullying as-classes every Monday. 'Powerful' anti-bullying as-sembly at Crocker-Riverside

A team of Sac State student social awareness, self-management, healthy relationship skills and responsible decision-making skills.

fun, insightful and flexible," ers," says Principal Daniel says Principal Tenley Luke. McCord. "We're looking forresearch, theory and practice. next year."

Hollywood Park Elementa-ry School has partnered with Sacramento State this school

The partnership goes hand-in-hand with the Second Step SEL curriculum being imple-

facilitators come to Holly- High School in the Freswood Park each week to work no Unified School District with students at the school. staged an anti-bullying as-Students are presented les- sembly titled "Don't Laugh sons on the five SEL com- at Me" for Crocker-Riverside petencies: Self-awareness, Elementary School students on April 8.

led to great follow up discussions in the classrooms with "The lessons are interactive, our students and their teach-"The work is grounded in SEL ward to having them return





An exceptional cast of young performers set to perform the classic, Les Miserables

presenting the school edi- mature cast of exceptional the world's longest running the production probably musical. For example, the would not have happened. er Alain Boublil, along with the latter two. High school and Herbert Kretzmer and had leading roles in "Thor-James Fenton are responsi- oughly Modern Millie" for ble or adapting the original Sacramento Theater Com-French version into Eng- pany and "Sound of Mulish. Les Miserablesl fea- sic" for Young Actors Stage tures a long list of wonderful songs, including "I impressive as Professor Dreamed a Dream," "The Harold Hill in YAS's "The

VINYL LP'S

45's, CD's, Cassettes & Reel to Reel Tapes

TOP PRICES PAID!

Call Marty

Today!

(916) 442-5344

(916) 505-5191

1104 R Street #140 . Sacramento, CA . 9581

Local students, Alex Innkeeper's Song" (Mas- Music Man." Both of these Greenlee and Adan Hens- ter of the House), and "The musical thespians train seley, are set to play the icon-ic antagonists, Jean Valjean Hear the People Sing). People's Song" (Do you riously and are expected to attend excellent theater

and Inspector Javert, in the Ms. Singerman has want- programs and/or be on the hugely popular musical, Les ed to produce Les Mis (as professional stage in short Miserables, May 20-29 at the musical has been after the 24th Street Theatre. fectionately referred to) Not Director, Liorah Singerman for a long time. Howev- difficult role of Fantine of Young Actors Stage, is er, this musical requires a will be sung by Ana Rileytion with her Main Stage singers, with a lot of expe-both of whom have a great Senior Cast. The play, Les rience. This year she has deal of experience in lead-Miserables, known as a found such a cast. Without ing roles for several local "sung-through" musical, is her anchors, Alex Green- theatre companies, includ-considered by some to be lee and Adan Hensley, ing the Music Circus, Riv-London production has run Alex Greenlee, a senior in pany and Young Actors continuously since 1985! It high school, has an excep- Stage. Miss Riley Portal has been seen by over 70 tional voice and a long list has won numerous major million people in 42 coun- of credits to his name. He singing competitions, and ers, Emma May Gordon tries and has won over 76 has been in multiple pro- has received accolades for and Clara McNatt. Miss liams, Milan Williams, Julia international awards. Based ductions of the Music Cir- her performances as Ma- Gordon has performed for Avila, and Wyatt Varley. on Victor Hugo's huge- cus, has appeared in nu- ria in "The Sound of Mu- River City Theater Compaly successful 19th century merous leading roles for sic," Marian in "The Sound ny and Young Actors Stage, ers, as well as the entire novel of the same name, the Runaway Stage and River of Music," Polly Browne in as well as in other venues. cast, are looking forward story about broken dreams, City Theater Company, in-passion, and redemption, cluding "Catch Me if You othy Brown in "Thoroughly include the title role in "An-takes place during revolu- Can," "Legally Blond," and Modern Millie." Miss Brug-nie," Dorothy in the "Wiz-tickets are \$15 and can tionary unrest in Paris in "Children of Eden," receiv- ger has an impressive resume ard of Oz," and Mushu in be purchased online at the early 1800s. Songwrit- ing Elly nominations for of important roles in local "Mulan." Miss McNatt, a se- youngactors stage.com or composer Claude-Michel junior Adan Hensley also including the Music Circus a great deal of experience es are Friday, May 20 and Schonberg, are responsi- has an impressive resume and Young Actors Stage. in local musical theater and 27 at 7; Saturday, May 21 ble for the inspiring music, in musical theater. He has Some of her roles have in- has performed in numer- and 28 at 2 and 7; Sunday,

SOUL . JAZZ

REGGAE . PUNK COUNTRY . FOLK

DISNEY . METAL

Not to be outdone, the Portal and Kate Brugger, theatre companies, includ-Sacramento Theater Comcluded Ariel in "The Little ous productions, including May 22 and 29 at 11 and 3 Mermaid," Belle in "Beaustaring roles as Marian in at 24th Street Theatre.



Jean Valjean in this year's Young Actors Stage production of Les Miserables, which will be presented at the 24th Street Theatre in Curtis Park from May 20 to 29.

er City Theater Company, ty and the Beast," and Mil- "The Music Man," Wenlie in "Thoroughly Modern dy in "Peter Pan," and Liesl Millie." The role of Cosette in "The Sound of Music." will be sung by experienced musical theater performmusical theater companies, rious ballet dancer, also has at the door. Performanc-

Others with leading roles in Les Mis include Alexi Ishida, Tylar Traum, Asa Wil-

These young perform-



2 bed 1 bath home in Hollywood Park with a spacious living room with fireplace, sunny family room, dining room, kitchen with breakfast nook, remodeled bathroom and stunning yard with mature trees and lush landscaping. Located on one of the best streets in Hollywood Park, this is a fantastic home.

Little Pocket home with an updated kitchen, living and family room, fireplace and dining room. The front yard has a charming courtyard and the back is beautiful with a spa. Located on a quiet street walking distance to parks and the Sacramento River.

CAL BRE# 01314052 www.WendiReinl.com



Sac State partners with **Hollywood Park on social**

year to provide Social Emo- mented school wide."

Students from Sunnyside

"It was quite powerful and



Ohana Hula: the Spirit of Hawai'i

By LEIGH STEPHENS

heart, and therefore the heartbeat of the Hawaiian People." - King David Kalakaua (1874-1891)

Observing a teen hula class at the Ohana (family) Dance Group is like spender they may practice. They sits on the side of the class are beautiful young womplaying the gourd drum. en in this class who follow their leader (alaka'i), shaking feathered gourd rattles ('ulili), swaying to the Toyama, Hawaiian born music and single gourd master kumu (teacher) drum (ipu) beat, talking and owner who began the story with graceful arms school 16 years ago. She is ty, and tradition.

Pre-Arrangements

and hands. The dancers wear black t-shirts with "Hula is the language of the the Ohana logo, colorful calf-length skirts decorated with flowers and palm trees, flowers in their hair, and bare feet.

This teen group lead-er is Hokulele Fong-Owens, a 19-year-old gentle, graceful young woman who ing time in Hawai'i - they says she's taking a gap year give a permission chant to to earn money for her colenter every dance wherev- lege education. Kumu Pat

The heart of this hula school (halau) is Patricia Ke'alaanuheaokalaua'e

Since 1903

Nauman & Son Funeral Directors

25 Minute Educational Presentation

and a Free Luncheon

East Lawn Funeral Homes, Cemeteries & Crematory

Reservations Required

Please RSVP for the day of your choice.

Seating is limited to 30 attendées per seminar.

Andrews & Greilich

Funeral Home FD136

3939 Fruitridge Road, Sacramento, CA 95820 RSVP: (916)732-2026 or

Wed, June @ 11:30 a.m.

Wed, Sept 21 @ 6:30 p.m.

on-line at www.Fastl awn.con This presentation will be in **English** and **Spanish**

FREE LUNCHEON/DINNER SEMINARS

East Lawn Memorial

Park & Crematory

Sacramento, CA 95819 RSVP: (916)732-2000 or

on-line at www.EastLawn.com

Thursday, June 9 @ 11:30 a.m



a handsome woman who personifies the spiritual essence of Hawai'i: aloha, compassion, communi-

Describing herself as a traditionalist, Kumu Pat says, "Now that I am in my seventh decade of life, it's my turn to share the Hawaiian culture that I have been a part of from birth to present. I was born when Hawai'i was a territory and began dancing hula when I was five-years-old."

She says her family has been in Hawai'i for more than 100 years, and her the foundations of a moral honesty, responsibility, and compassion. Her mother ed to Master Kumu. danced hula and played the 'ukulele, her brother Paul are skillful hula dancers.

Kwan of Oahu and Kev- her field. in Brown of Maui. "They nurtured my love of Hawaiian music and hula."

Kawaikapuokalani Hewett. a blended family. Training has been a chal-

parents instilled in her an amazing amount of Ha- and Kumu Pat retired, they (pono) life: respect, honor, tuality from his lessons." With Hewett she graduat-

graduated from Sacred with the State of Hawai'i Hearts Academy and the in a similar position, and Luau." University of Hawaii. In she saw a career advance by addition to family, she moving to California at a

Toyama on Oahu while she was having her car serviced.

When Uncle Don, as the lenge, and I have learned Ohana students call him,

waiian culture and spiri- began the Ohana Dance Group together. She says, "Don was always with me in the classes," as she points In 1986, with her hus- to the chair where he alband Don Toyama, Pat ways sat. In failing health plays the slack-key guitar moved from Oahu to Sac- since last fall, Don has not (kihoʻalu), and her daugh- ramento to take a job with been able to continue. The ter Malia and niece U'ilani the State of California in school and friends are plansocial services. She says ning an 80th birthday par-In Hawai'i Kumu Pat she had worked on Oahu ty for Don next month to celebrate his life – a "Hula

The Ohana Dance Group is a non-profit organizacredits her hula influence time when California was tion that holds hula classto family friends Leonard recruiting for workers in es for young children (keiki), through adults - a Pat says she met Don multi-generational effort. Pat says her youngest student is three and her oldest Of the instructor she has Don was from Maui. They is 84. She introduces the studied under the longest, were both single parents student who has been with Pat says, "In my hula jour- with Pat having a daugh- her the longest - Huapaney, I have been blessed to ter and Don having a son. la Wagner, an 11th grader be able to study under Loea They married and became now. In addition to hula, the school offers Hawaiian

See Hula, page 7





Hula:

Continued from page 6

language and 'ukulele les-

The Kumu says her ination in taking students wore loincloths. or in performing for comian community spirit."

sian dance form accom- of history. panied by chant (oli) or dance; sitting (noho dance) swimming in the ocean.

no Goddess Pele. It is said completely, the mission- Commission awarded the scholarships to high school that her sister Hi'iaka orig- aries insisted it be done inally performed the dance for Pele. Laka is the goddess most often referred to wearing high-neck gowns with long sleeves.

When the last king of the dance.

REACH YOUR

FREE AD DESIGN

CALL MELISSA

TO SCHEDULE

YOUR AD NOW!

916.429.9901

CALLING ALL PROVIDERS OF...

FOUR NEIGHBORHOODS, ONE PRICE AFFORDABLE | CONSISTENT PRESENCE

TARGET MARKET

HOME IMPROVEMENT SERVICES

out in movement. Instruments used were sharkskin drums, rattles, gourds, and castanets. The costumes were not made of grass, but women wore cloth skirts, school shows no discrim- were bare-chested and men

Leis, bracelets and neckmunity groups. She be- laces were worn then as lieves in accepting every- they are now. Traditionalone no matter gender, race, ly leis were not meant to be age or affiliation. "I ask no worn after the ritual dance. questions about their back- They were offered on the The hula is a polyne- ian way of keeping a record joyed festivals.

as vulgar and sinful, which performers. The dance originated in caused it to be taught and

when it comes to modern Hawai'i, David Kalakaua, hula dancing. Hula history came to the throne in the is an oral one and a num- late 1800's, he encourber of myths exist around aged a hula revival, which opened the way for addi-When the hula began, the tional moves, costumes, chants were performed by texts and songs. He was men while women played it known as the "Merry Mon-



The hula was the Hawai- among the people and en- three-year grant begin- able to give three scholarning in 2015. The Group ships. The hula is now de- is able to bring perform- The Ohana Dance In 1820, when Chris- scribed as Traditional and ers from Hawai'i and Group studio is locatsong (mele). There are two tian missionaries arrived Modern. Of course, there continue their own per- ed just off Freeport Boumain positions of a hula on the Islands much histo- is also the Hollywood formances within the Sac- levard at 6235 Belleau ry was lost because Chris- version we're all familiar ramento community and Wood Lane. For more or standing (luna dance). tian-converted Queen with. Pat says she teaches the Bay Area. They have information call 808-Hula movements tell a sto- Ka'ahumanu destroyed the Traditional although performed many recit- 782-2483. ry or represent movements the temples as pagan and her groups sometimes per- als including the Pacific of nature such as trees banned the hula. The mis- form some modern num- Rim Street Fair, the Alo- Professor Leigh Stephens blowing in the wind or fish sionaries viewed the dance bers of current Hawaiian ha Festival at Cal Expo, at is retired from the CSUS libraries, in schools, and Journalism and Commu-

ground. This is the Hawai- altar of Goddess Laka. arch who loved to travel Ohana Dance Group a seniors. In 2017, it will be

Continuing its years of for veterans' and senior nications Department and ancient Hawai'i as a ritu- performed in secret. Un- support, the Sacramen- groups. was a visiting professor for al performed for the Volca- able to suppress the hula to Metropolitan Arts The Group also awards 22 years at the University

4041 Freeport Blvd

(916) 452-6157

East Lawn

Memorial Parks, Mortuaries

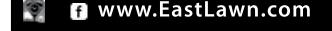
& Crematory

(916) 732-2000

EastLawn.com







Bernie at Bonney:

Between 15,000 and 21,000 fill the field, leaving another 10,000 outside

By MONICA STARK

"(A democracy is a) government of the people, by the people, for the people

Bernie Sanders quoting President Abraham Lincoln's Gettysburg Address

Despite a last minute decision to come to Sacramento, presidential candidate Bernie Sanders drew more than 15,000 maxing the capacity of Bonney Field on Monday, May 9, leaving a reported 10,000 outside the gates. Bernie fans and rally volunteers arrived as early as 10 a.m. for the 8:30 p.m. speech and the line to get into the gates wrapped around the field for the most of the day and early evening hours.

Part of the last group that made it in the gates, Sacramentan Andrea Seppinni exclaimed on social media, "It was worth the wait! '#DropOutHillary #feelthebern #BernieinSacramento' ... There were still a lot of people still waiting, but we lucked out!"

Chants of "Bern, Baby Bern" reverberated as people danced and sang and by about 7:20 p.m., the stage began to fill with volunteers, creating a backdrop for Mr. Sanders that symbolized, in a festive way, the grassroots support that has created his campaign, one that has been funded not by billionaires or Wall Street but by every day people.

Igniting the crowd with his opening, Mr. Sanders said, "Millions of Americans want a political revolution. It turns out a lot has changed in a year. The corporate establishment is getting nervous... When they see 15,000 people coming out in Sacramento, they get very nervous. And they should be getting nervous because real change is coming. Over the last year we have won 18 primaries and caucuses."

Addressing the crowd, giving individuals a large task, he boldly stated: "With your help we are going calling it corrupt and undermining American deto win the biggest prize of all, the California primary, which elects 475 pledged delegates."

with California on his side, there can be that pos-







Shown here is a collection of photos rom Monday night's Bernie Sanders

sibility. If so, he said, "We will walk into the democratic convention with a majority of pledged voters. Let me tell you we are going to fight for every vote... and we are going to take the political revolution into the convention in Philadelphia."

mocracy, where "democracy is one person, one vote - not about billionaires and Wall Street and their Acknowledging a steep climb to victory, he said super-pacts buying elections" - the senator said if elected he will overturn the Citizen's United deci-

sion and move to public funding of elections. "Democracy isn't about republicans suppressing the vote," he said.

"Together we're going to create a democracy which we will have the highest voter turnouts in the world, not one of the lowest."

Mr. Sanders contrasted himself with opponent Hillary Clinton from campaign contributions where she has taken between "\$10 to \$15 million

See Bernie, page 9

Senior Services & Connections Call Melissa (916) 429-9901

YOUR AD SHOULD BE HERE!

Call Melissa today! **Your services** are needed. Your ad should be here. Ad design is free.

Call 429-9901

LIVING TRUST/LIVING WILL **Legal Document Prep Services**

DOCUMENT PREP SERVICES

• Trust • Will • Powers of Attorney • Residential Deed

Couples \$550 Singles \$495 Lynda K. Knight (916) 214-1215 1337 Howe Ave., Ste. 103 Sacto 95825

LEGAL SERVICES

WILLS AND TRUSTS

Services • Wilk and Tiosts Special Needs Trusts
 Thug Administration

Medi-Cal - 8 Years Francise Tip, Board - 10 Years

Free <u>In-Home</u> Consultation Tim Tyler, Ph.D., Attorney at Law 916-452-0624

SPECIAL ALZHEIMER'S LIVING **P**EVERE COURT

MEMORY CARE Lic. #3470013 Day Club, Respite, Residential, Support Groups & Educational Classes casey.s@chancellorhealthcare.com

(916) 392-3510 07 Rush River Dr. Sacto, CA 95831

Bernie:

Continued from page 8

from Wall Street" to his average contribution of \$27. He also spoke on raising the minimum wage to \$15 an hour nationwide (versus Clinton's support of a \$12 an hour wage), to banning fracking, I liked how he is so focused carbon and offering free community college). Speaking about Repub-

lican candidate Donald Trump, Mr. Sanders dehim becoming president. "He will not become presblack and white and Latino and Native Americans, men and women stand towe are there for you. That's other always trumps selfishalways trumps hatred."

the duration of the speech at Sacramento State University, said he is overjoyed that he finally has a presidential candidate that he agrees with on practically every issue. "I feel like I did the first day of Occupy Sacramento: awestruck, inspired and ready for the political revolution!" he said.

Phone banking since the very beginning stages of Sanders' campaign, Rawlings hosted his own phone bank and had coffee in his own neighborhood, Oak Park. "I have noticed that Oak Park is very accepting. I see Bernie signs everywhere in my neighborhood."

Since he dropped out of the mayor's race, Rawlings said he will "have more time for Bernie. After next week I will be finished with finals and I can put in the last real hard push. I will be living at the Democratic Party of Sacramento County."

Journalism student Tirtsah Yisrael said she enjoyed Bernie's focus on young voters, stating that she can't see herself voting for anybody else.

Rachele Lizarraga, also a journalism student at Sac and providing greater oppor-State said she enjoyed the rally, noting that the student class."(He is) someone who is newspaper, The Hornet, may addressing the challenges that paign staff regarding different about were restoring the post video at a later date. "I thought the speech was great. tion on climate change is very lowering interest rates on on diversity and mentions people's student debt, taxing as many groups as possible. mobilization to combat cli-There was good energy and mate change, not something came out to the volunteer ary or Trump. And I loved it was laid back. I felt safe. It was not chaotic." recognizes that and wants to

Involved with Sacramento for Bernie Sanders City nounced the possibility of Farms resident Darrow Sprague took some time at 10 a.m., 10 hours before out it being centralized." while waiting for the senaident because he does not tor to take the stage to speak understand our strength is with this publication regardin our diversity. That when ing his involvement with the local group.

"I have seen the candiwhen gays and straight and date go from someone people didn't know about to gether that is when we are where lots of people know strongest. And the American about him and they're getpeople understand we are ting behind the issues he's great when we stand togeth- bringing to the table... It's er. When my family hurts, pretty awesome. A year ago, no one in Sacramento had what America is supposed to heard of him, except for the be about. Supporting each hardcore political geeks ... A year ago I launched the ness. At end of the day, love Facebook page and it's taken a year to get here. I re-Sitting in the press box for member people asking me what will it take to bring former mayoral candidate Bernie to Sacramento. If we Russell Rawlings, a govern- are able get volunteers and mental journalism student make an impact: that will put us on the radar."

tant issues Sanders addresses row described the scene as intunities to join the middle we face. I also think his posiimportant to me. I do think we need a World War II scale

make it a priority." Arriving at Bonney Field

To Darrow the most impor- Sanders took the stage, Darpeople", about 100-120 volunteers who gathered in the bleachers to hear from camroles for volunteers to fill.

While he's been so involved with the local campaign efforts, Darrow said are doing their thing with-

The next morning, on Tuesday, May 10, Land Park include wage inequality issues cluding "a lot of enthusiastic resident Shelly Keller described: "I loved this event. So many young people. My favorite things he spoke American Dream, and how human beings are part of nature and we need to protect our environment. You'll many of the people who never hear that from Hillwe can do incrementally. The efforts on Monday were un- when he spoke about war crisis is great. Bernie Sanders familiar to him. "Ít's kind of and the crowd responded the nature of the grassroots by raising their hands, makcampaign. A lot of people ing the peace sign. I've never felt more patriotic than I did last night."





Beautifully remodeled College Greens home brimming with newness!! Comp shingle roof, engineered hardwood and tile flooring, dual pane windows, kitchen cabinets and granite counters, water heater, tiled bathrooms, carpeted bedrooms, appliances - All redone for this

8144 La Riviera Drive – \$339,000

Rare find in desirable Newton Booth, remodeled kitchen includes new cabinets, newer appliances, granite counters, tile floors, kitchen nook, laundry area with newer stackable W/D and stainless refrigerator! Nice nardwood floors, remodeled bathroom with jetted sunken tub! Detached garage with long driveway and bonus workspace building!

2430 V Street - \$365,000

2100 28th Street • **(916) 452-7535 • www.GarciaRealEstate.com •** Hablamos Españo



Sign up for FunCamps today! fairytaletown.org

Land Park News • May 12, 2016 • www.valcomnews.com Valley Community Newspapers, Inc. Valley Community Newspapers, Inc. www.valcomnews.com • May 13, 2016 • Land Park News **9**

POLICE LOG

The news items below are collected from two male suspects who reportedly and fled prior to their arrival. A re- ed the victim with the knife and police dispatchers' notes and arrest re- brandished a firearm at the victim. ports. The information in them has often not been verified beyond the initial reports. All suspects are presumed innocent until proven guilty.

Reporting date: Wednesday, April 27 (Robbery): 6100 block of Freeport Boulevard at 12:49 a.m.

The victim was in the above area when an argument ensued with a family member who then grabbed the victim's purse and fled on foot. No injuries were reported. Officers checked the area for the suspect and located him. The suspect was arrested for warrants.

(Brandishing): 4800 block of Freeport Boulevard at 4:59 v.m.

The victim was walking in the area when he was approached by No injuries were reported.

No injuries were reported. Officers arrived on scene and contacted the suspects. The firearm was Reporting date: Friday, May 6 not located. After further investigation, both suspects were arrested for multiple charges.

Reporting date: Tuesday, May 3 (Resisting Arrest): 1000 block of Rio Lane at 8:38 a.m.

Officers responded to a location regarding an evicted tenant who was evaded officers. on the property and had previously made threats of violence. The suspect left prior to the arrival of officers. The suspect returned to the robbery and multiple outstanding property later in the day and was physical struggle ensued. The sus- fled. No injuries were reported. ry and arrested for resisting arrest. evidence. The investigation re- was generated and the investigation

(Burglary): 5600 block of Freeport Bou- (Assault): 2500 block of Broadway at levard at 10:42 p.m.

Officers responded to a business termined that the suspect had taken property from inside the business port was generated and follow up will be conducted.

(Outside Agency Assist): I 5 northbound / 43rd Avenue at 10:49 a.m.

above area when they located a robbery vehicle from an outside jurisdiction. The suspect fled from officers on foot. A perimeter was quickly established but the suspect

Reporting date: Saturday, May 7 (Robbery): 4600 block of Freeport Boulevard at 12:17 a.m.

An unknown suspect entered contacted by officers. While offi- the business armed with a firecers were contacting the suspect, a arm, robbed the employee and pect was subdued without inju- Officers canvassed the area for mains active.

1:07 a.m.

The victim was in the above area on an alarm activation. Officers de- when an argument reportedly ensued with a male suspect armed with a knife. The suspect assaultfled on foot. The victim sustained a non-life threatening injury. Officers canvassed the area for evidence and the suspect. The investigation is on-going.

Officers were patrolling in the (Outside Agency Assist): Highway 50 eastbound at 15th Street at 3:31 a.m.

Officers responded to assist CHP with an officer who was struck by truck. Officers assisted with road closures while CHP conducted their investigation.

(Robbery): 2800 block of 12th Ave at

Officers were dispatched regarding a robbery that occurred inside a business. The suspect entered the business, displayed a firearm, and demanded property. The suspect then fled the area on foot. A report is on-going.







Paloma Begin (916) 628-8561 palomabegin@gmail.com

CalBRE# 01254423



2671 13th Street • \$689,900





310 21st Street • \$450,000

Free port



HAPPY HOUR Mon - Fri: 4 - 7pm 1/2 OFF Select Appetizers & Drink Specials

Karaoke Night: Fridays 9pm - 1:30am Monday through Friday: 11am - 1:30am Saturday and Sunday: 9am – 10pm Saturday and Sunday Brunch: 9am-3pm

Call for reservations: 916-665-1169 8259 Freeport Blvd., Sacramento, CA 95832 www.freeportbarandgrill.com

WORRIED? STRESSED OUT? DEPRESSED?

There are answers in this book.

BUY AND READ

BY L. RON HUBBARD

May you never be the same again.

PRICE: \$27.00

Church of Scientology Sacramento 1007 6th Street (6th & J) Sacramento CA 95814 • (916) 319-5440 sacramento@scientology.net • www.scientology-sacramento.org

Senior Discount Eligibility

By STEVE LIDDICK

I was in a downtown thrift credit card. He rang it up, count. Automatically. Can stuff like that. you imagine that? Would Young people don't seem Steve Liddick is author of the it have killed him to ask if to be able to acknowledge time travel novel, "All That you imagine that? Would

its evil.

though the next guy is usu- cause they're texting. ally younger than I am. It's not that I mind growing older. Not that I can do anything about it, short of step-Generation?"

In my experience, that happens to me about 99-percent fore I buried several embarof the time. And, as every-rassing adult products unone knows, 84.2-percent of der her other items. I could all statistics used to win ar- just imagine her surprise at guments are made up.

tion. You get to a certain derly.

age and people start refer- And let me tell you, the ring to the elderly as be- first guy who talks to me in ing at "a certain age." Not a loud voice... like I'm deaf store and I gave the clerk my to get all paranoidal about or something... and calls me it, but I know they're talk- "Dad" is asking for a punch less a ten-percent senior dising about me when they say in the nose.

I was old enough... out of the existence older peo- Time." courtesy, compassion, hu- ple. When a person gets man decency? Older people to "a certain age" they behave feelings too, you know. come invisible. If we of The It's been a few years since Older Generation are with a clerk asked me if I were someone younger, Whipold enough to qualify for a persnappers address their senior discount. I just rou- comments to that person tinely get it now, based on and act as though the older what the clerk sees standing person isn't there. If you're in front of him, all gray and walking down the street, wrinkly, with gravity doing those same people run right into you because they I like saving a buck or two can't see you. Although, to as much as the next guy, al- be fair, a lot of that is be-

I was in a supermarket with my mother a few years ago. Mom was in her late 80s at the time. She was usping in front of a speeding ing our shopping cart like cement mixer. But does the a walker when a younger younger generation, herein- woman pushed her cart diafter referred to as Whip-rectly in front of ours, blockpersnappers, have to rub it ing ours. She let it sit there in on members of the old- and walked away, down an er generation, hereinafter aisle, like she didn't even see referred to as "The Older us. Well, I fixed her. I took her cart and lost it in the produce section. But not becheckout.

That's not the only age I get pretty steamed up related peeve I could men- about treatment of the el-

Visit us online at:

W W W . V A L C O M N E W S . C O M

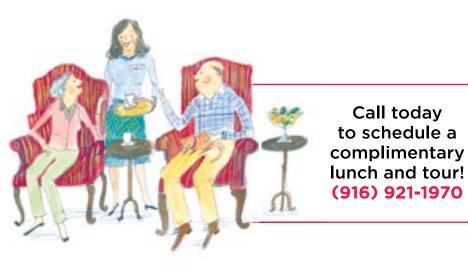




Hank Fisher Senior Communities

INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE • RESPITE SUITES

Where Quality Memory Care Meets Quality of Life



The Chateau at River's Edge invites you to experience The Garden Memory Care: a life-enriching residential community for loved ones with Alzheimer's, dementia or cognitive difficulties.

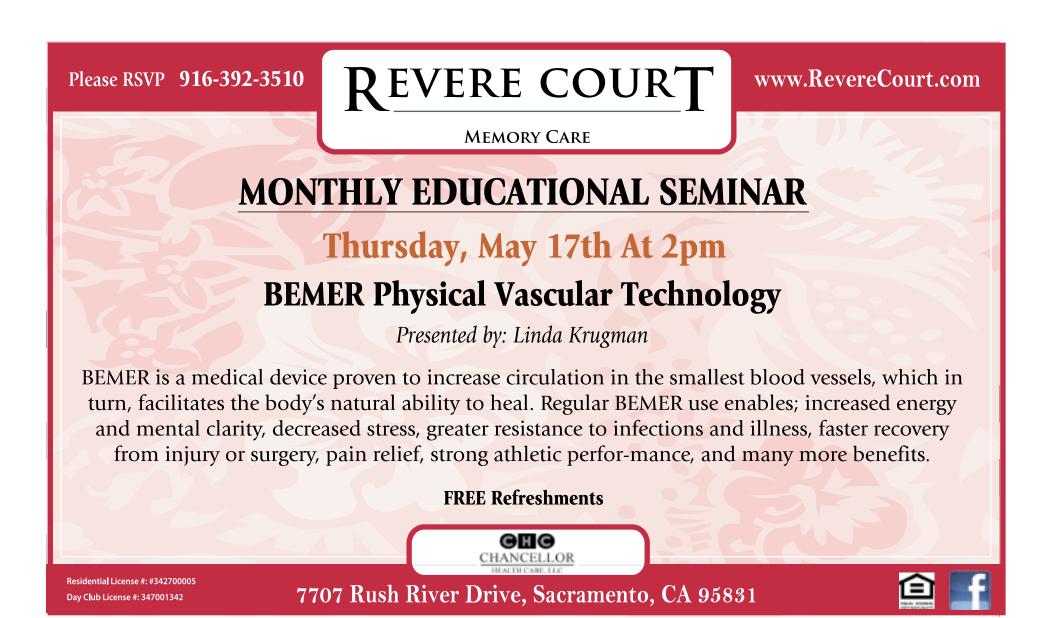
- Private apartments with censored entry and exit points
- Very high staff-to-resident ratio for a wide spectrum of needs
- Immersive cognitive activities that stimulate and strengthen social skills
- Personalized care from compassionate staff trained to listen, understand and reorient residents

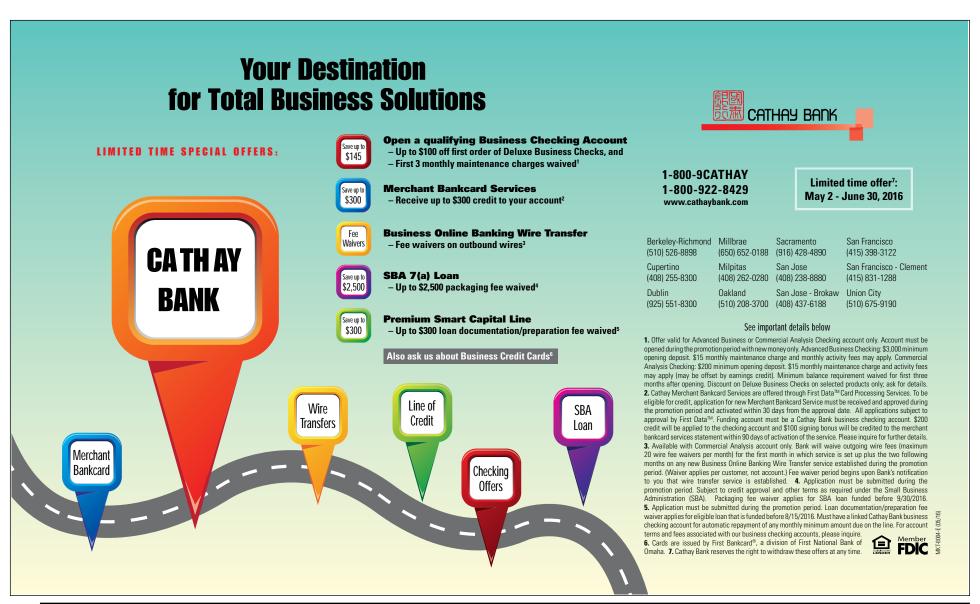


CHATEAU AT RIVER'S EDGE Lic. #340314013 641 Feature Drive • Sacramento, CA 95825 • (916) 921-1970

HankFisherProperties.com Locally owned and operated for nearly 40 years.

10 Land Park News • May 12, 2016 • www.valcomnews.com Valley Community Newspapers, Inc. www.valcomnews.com • May 13, 2016 • Land Park News **11** Valley Community Newspapers, Inc







For over 40 years

www.cookrealty.net









1311 NORMANDY WAY • \$599,000 **SUSIE K. PARKER • 768-8494**



3680 CUTTER WAY • \$610,000 LARRY EASTERLING • 849-9431



Move in ready home, new carpets, freshly painted interior. Large kitchen with some updating. Laundry room off kitchen. Don't miss the artist studio/3rd bedroom off the garage! Garage has nice workbench and still space for one car. Best price in the heart of fomeland in Land Park! \$329,000

SUSIE K. PARKER • 768-8494



Gorgeous home, spacious with excellent floor plan. 3 full bathrooms in main house Master bath with double sinks & heated tile floors, remote bedoom with bath in hallway. Random plank oak floors in living room, and hardwood throughout, \$850,000

TREY BONETTI • 768-9360



600 PERKINS WAY

A uniquely classic and charming 2 bedroom, 2 bathroom home. This 840 sqft home sits on a more than quarter acre Newer roof and dual pane windows hroughout. Spacious backyard enough o expand and still have a large yard to entertain and eniov

DOREEN MUZZI • 833-9462



2953 FRANKLIN BOULEVARD

This property is a duplex. Main house has 3 bdrms 1.5 baths, separate garage with 1 bdrm/1bath over Previous rents 1k and 1300.Live in one and rent out back to help with the mortgage. Walk to Gunther's and Pangaea. \$419,000

ATCHAN VAN PELT • 813-5919

See all our listings at www.cookrealty.net

REAL ESTATE SCHOOL

- ★ LOW INTRODUCTORY COST
- ★ START ANYTIME ★ LIVE CLASSES
 - Call: Ed Daniels 451-6702

PROPERTY MANAGEMENT

- MONTHLY CASH FLOW
- ★ TENANT SCREENING ★ MAINTENANCE

Call: Brittany Naucke • 457-4907

ADDITIONAL LISTINGS

620 6TH AVENUE

Older home with lots of SOLD single story with hardwood ricoring central heat and air. Fireplace in family room with bonus enclosed patio for extra storage. Breakfast nook area has nice corner builtin. Home has separate laundry room plus washbin. \$369,000 **MEENA CHAN LEE • 837-9104**

5725 24TH STREET

Great investment opposition and occupied both sides on this single story unit. Both sides have hardwood floors, attached garages. One unit is on the corner with bonus parking on the side. Inside laundry area and nice backyard. \$249,000

MEENA CHAN LEE • 837-9104

5605 DANA WAY

Great for a first time home ouyer! Updated granite counter top. New kitchen floor. Original wood floors. Enclosed screened porch. It's ready for you to add your personal touch! \$249,000

EDNA LEE • 370-7870

4305 Freeport Boulevard, Sacramento



www.cookrealty.net • (916) 451-6702

Belle Cooledge ice cream social set for May 20

As always, the Friends of the Belle Cooledge Library will be treating everyone to yummy Vic's ice cream, including "muddy mocha" and "cookies and cream". Yum! Nate, the Children's Librarian, has lined up some special entertainment, including music from the Chicken Lips, magic by Trevor Wyatt and fun crafts with the ArtBeast. Fire Engine #13 will also be making an appearance. Belle Cooledge Park is right next

Wendy Kay

The Kay Team

Living & Selling the Land Park Lifestyle

916.717.1013

scheduled from 6-8 p.m. on May 20.

A major feature of the annual Ice Cream Social is the biggest and best book sale of the year. The library has been receiving donated materials for months and they have sorted and selected the very best adult and children's books, CDs and DVDs just for you. Join bargain hunters and book lovers from all over town at the Belle Cooledge book sale. Beat the crowds and the book dealers and arrive early. There to the library and the event is is a 10 percent discount on all

Desirable Land Park!

This 3 bedroom, I.5 bath home has a classic

been remodeled. Perfect for entertaining, you

2778 Marty Way • \$585,000

will enjoy the cooking island & bar. So many

formal living & dining room. Kitchen has

wonderful amenities, this home has it all!

purchases for Friends of the Library. Memberships start at \$10 for young people and \$15 for adults.

Special thanks to Councilmember Jay Schenirer and his assistant, Keilani Paneda. They helped us with permits and necessary equipment. Also, we would like to celebrate all the volup, sell books, scoop ice cream and clean the park when it is over. Please consider becoming a member of the Friends of the Library. This is one of so many events we support every day.



Free event on May 13 at John F. Kennedy

Teacher Erin Gruwell, ings of Anne Frank to Kennedy High School on tells what happened to her students after the movie was released.

The event is free and open to the public.

Gruwell's book about her quest to inspire 150 Beach ("The Freedom Writers Diary") was the basis for a 2007 film starring Hilary Swank. The new documentary, "Freedom Writers: Stories from an Undeclared War," follows the students from 1994 through the present

Ín her classroom at Woodrow Wilson High School in Long Beach, Gruwell used the writ-

whose work with at-risk help her students discovteens was depicted in the er a new way of expressmovie "Freedom Writ- ing themselves. Gruwell ers," will appear at John F. left the school in 1998 but has kept in touch with her unteers who have offered to set Friday, May 13, to screen students. She is founda new documentary that er of the Freedom Writers Foundation where she currently teaches educators around the world how to implement her innovative lesson plans in their own classrooms.

> Gruwell has written two at-risk students in Long books on teaching, "Teach with Your Heart" and "The Freedom Writers Diary Teacher's Guide."

If you go:

What: "Freedom Writers" Film Screening with Erin Gruwell

When: 6 p.m. to 9 p.m. on Friday, May 13

Where: John F. Kennedy High School, 6715 Gloria

COMMUNITY-BASED. BUSINESS-MINDED.

At Community Business Bank, we do business banking differently. Because we live and work in your community, our financial solutions are as unique as the local businesses we proudly serve. With a full range of financial products and services available, our dedicated and experienced team can go the extra mile to understand your business and provide comprehensive, tailored solutions. That's why more and more local businesses, families, and individuals are making the move to Community Business Bank.

Connect with us to learn how we can provide your business with customized financial solutions.



CommunityBizBank.com 877-377-9077



Congratulations Cook Realty Masters Club Achievers

Trey Bonetti, Susie K. Parker, Meena C. Lee, Atchan Van Pelt, Gail Sparks, Tammy Novoa



SAVE THE DATE

24th Annual **Cook Realty Charity Golf Tournament**

> September 16, 2016 **Land Park Golf Course**

Call us for more information

COOK Realty - Giving Back to the Community









Professional Real Estate Services Since 1974

4305 Freeport Boulevard, Sacramento, CA 95822 (916) 451-6702 | www.cookrealty.net



14 Land Park News • May 12, 2016 • www.valcomnews.com www.valcomnews.com • May 13, 2016 • Land Park News **15** Valley Community Newspapers, Inc. Valley Community Newspapers, Inc





Faces and Places:

First clean-up day of the year in William Land Park

Photos by STEPHEN CROWLEY

Shown here is a collection of photos from the first clean up day in William Land Park, which will be held every first Saturday of the month, starting at 8 a.m. Meet in the picnic area between the parking lot between Fairytale Town and the WPA Rock Garden.







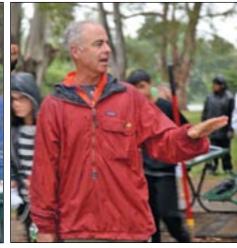






k₩

CalBRE# 01882787





717-7217

Steffan Brown **Vintage Home Specialist**

Grand Spanish Revival in Curtis Park!

A gracious curved stairway, open beam ceilings, inlaid hardwood floors, vintage tile bathrooms and original light fixtures are complemented by dual pane period-style wood windows, refurbished tile roof and updated kitchen. Park in your porte cochere and relax or entertain in the sunny private courtyard or refreshing backyard pool. \$899,900

Bungalow Cottage in the Heart of Curtis Park!



This beautifully remodeled bungalow cottage has 3 bedrooms and 3 full baths. pacious living room on main floor and arge bdrm or family/den with full bath wnstairs. Elegant open kitchen with SS ppliances and granite counters. Master uite with gorgeous bathroom and glass am shower. Two car garage with rench doors opening to low mainte-ance yard. **3017 25th St. • \$579,900**



Chrysanthemum Society to hold show on May 28 at Shepard Garden and Art Center

The Sacramento Chrysanthemum Society will be presenting their annual rooted cutting sale at Shepard Garden and Art Center on Saturday, May 28 from 10 a.m. to 4 p.m. and Sunday, May 29, from 10 a.m. to 2 p.m. Last year's sale was nearly a sell out. This year the club will have over 1600 rooted cutting for sale from which to choose. Most cultivars will have pictures representing the bloom that the cuttings will produce later in the year.

Members of the club will be on hand to discuss the various plant bloom styles and assist with your selections. The stated goal of the club is to promote interest in the chrysanthemum and assist in the growing of the plant to successfully create beautiful blooms.

There are 13 classification of bloom type within the chrysanthemum plant family. Within those classifications are many cultivars. The general public is usually most interested in the spider type bloom such as the zaryah bloom, the quill such as King's Delight and Oberlin, and the various incurve blooms such as River City. King's Delight and River City are cultivars that were Level Up Your Coding Skills with Google developed by local (Clements) resident, Ted King, former own- | CS|First er of Kings Mums. Our society is very proud and honored to have Ted as a member for many years and appreciate the contributions he has made to the Chrysanthemum culture.

This year the local club will be hosting the National Chrysanthemum Convention, to be held Nov. 5 and 6 at the Rancho Cordova Marriott Hotel. Growers from around the United States will be showing their best blooms. Show is open to the public.

FREE audiobooks? If you answered yes to any of these questions make an appointment with our Technology Assistant and learn all there is to know about the awesome stuff we have for you at the Library. Come on by the Belle Cooledge location, or call us at (916)264-2920 to schedule your hour long appointment today. See you soon! Registration is required. Job Coach (Adult)

Thursday, May 12 at 3:30 p.m.: Our job coach will help you look for jobs, get an email address, create and upload a resume and prepare for an interview. No appointment required.

learn the method for using USB drives? Can't

Homework Zone (School Age (6-12))

Thursday, May 12 at 4 p.m.: Teen volunteer homework coaches are available to assist students in grades K-8 with homework assignments. This program is designed to help students in grades K - 8 only.

Thursday, May 12 at 4 p.m.: Join us Thursday afternoons from 4-5pm to create and code your own computer games. Google CS|First is Job Coach (Adult) an 8 week course to develop the skills of early computer engineers. This program utilizes MIT's Scratch software. Intended for Coders 9 and up, registration is required. We encourage you to attend all sessions if you can.

Upcoming Belle Cooledge Library events

The hours for Belle Cooledge Library, located 5600 South Land Park Drive, are as follows: Sun-May 13, Friday, 1:00 p.m.

Mobile District Office for Assembly Memday and Monday: Closed; Tuesday: Noon to 8 ber Jim Cooper (Adult) p.m.; Wednesday and Thursday: 10 a.m. to 6 p.m.;

Belle Cooledge Library 5600 South Land Park Drive, Sacramento

For details, telephone the Sacramento Public Library at (916) 264-2920 or visit www. Please join us for Mobile District Offices coming up in your neighborhood. My staff can help you work with state agencies and connect you with the numerous resources in our community.

Thursday, May 12 at 2 p.m.: Is your tablet giving you trouble? Need to email a resume or Teen Space (Teen)

Friday, May 13 at 3 p.m.: Grab your get your school papers formatted correctly? Do you want FREE eBooks? How about friends, hit up the library to hang out, mess around or try a variety of fun activities planned for you - this space is yours! A light snack will be provided. TeenSpace is intended for teens ages 12 - 18.

Saturday Sleuths Book Club

Saturday, May 14 at 2 p.m.: Join us each month as we discuss popular and classic mysteries. The May selection is The Cater Street Hangman by Anne Perry. Light refreshments will be served.

No Baby Storytime (Early Childhood (0-5))

Tuesday, May 17 at noon: Baby storytime takes a break in December and will resume on the first Tuesday of June at 12:30 PM. We apologize for any inconvenience.

NO Toddler or Preschool Storytime Today (Early Childhood (0-5))

Thursday, May 19 at 9 a.m.: During the month of May both Toddler and Preschool Storytimes will take a break. Please join us for our regularly scheduled storytimes starting Thursday, June 9th.

Thursday, May 19 at 3:30 p.m.: The library's job coach will help you look for jobs, get an email address, create and upload a resume and prepare for an interview. No appointment required.

VCA

Animal Hospitals

VCAgreenhaven.com





16 Land Park News • May 12, 2016 • www.valcomnews.com Valley Community Newspapers, Inc. www.valcomnews.com • May 13, 2016 • Land Park News **17** Valley Community Newspapers, Inc

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

ADDITION SPECIALIST



Certified Kitchen & Bath Remodeler

Award-Winning Design/Build Firm Serving Sacramento for more than 25 year

Bathrooms

www.lytleconstruction.com

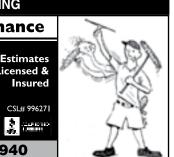


CLEANING

Prime Quality Maintenance

- Window Cleaning
- Rain Gutter Cleaning
 Junk Removal & Hauling

Call Jesse: 916-428-2940



Carpet Care Connection & Handyman Services

CARPET CLEANING

Residential & Commercial Carpet & Tile Cleaning Area Rug Cleaning • Upholstery Cleaning Stone/Tile Cleaning/Sealing • 24-hour Water Damage 30-Day NO-Hassle Guarantee

ndyman services of all kinds including drywall, plumbing roto rooter

(916) 370-2770

LECTRICAL CONTRACTOR

CAPITOL ELECTRIC Reasonable Residential & Commercial Work since 1960

Repairs, Trouble Shooting Custom Lighting/FREE Est.

(916) 451-2300 Cell: 213-3740 Neil McIntire — C.S.L.# 394307

CONSTRUCTION/HAULING

DB Haul-away ommercial & Residential Hauling

Residential/Construction waste removal Foreclosure services • Yard clean ups Handyman services • Demo • Dron bin services

Bobby Timms • 916-402-7546 • dbhaulaway@gmail.com

YOUR AD SHOULD BE HERE!

Call today! Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

Your

services

are

needed!

Call

(916) 429-9901

and reserve your

space in this

section, today!

CREATURE CATCHERS/REMOVAL



"If it walks or flies, we'll remove it" Humane and non-toxic solutions for both animals & man Doad Animal Location/Removal • Exclusion Work Live Trapping • Humane Removal • Repair Skunks • Fox • Raccoon • Opossum • Squirrels Mice/Rats • Rirds/Rats (hat elimination)

CreatureCatchers.org 530 885-PEST(7378)

HANDYMAN

FREEDOM HANDYMAN SERVICE

specialize in all areas of home improvement ! Quality work the first time, guaranteed! Carpentry - Electrical - Plumbing - Demolition Sprinklers - Sheetrock Fix leaks of all types

Accepts All Major Credit Cards, "Senior Discount" NO JOB TOO SMALL:

Call LESTER

(916) 838-1247

Call Eric (916) 470-3488

HANDYMAN

COOK PAINTING

Super clean, neat & fast

Interior/Exterior

Full Service Company - Start to Finish



Office: 916-428-5907

D&H Service

Cell: 916-206-8909

Interior and exterior painting Fence Installation Tile Installation Dry Rot Repair



HARDWOOD FLOORING

Hardwood Flooring

HANDYMAN

Spring Yard Clean-up Specials!

Specializing in installing, sanding and finishing hardwood flooring or repair and refurbish your current floors.

Call Michael - (916) 383-8742

Lic# 544159/References Available

LANDSCAPING

Living Dements Landscape

- Landscape design and installation
- Care-free designs
- Add instant curb appeal and value Quality materials and service

Freshen Up

916-430-3777 www.livingelements916.com



Specializing in custon

trim & moulding!

FREE ESTIMATES

PAINTING

HAULING & YARD CLEAN-UP

• RAIN GUTTER CLEANING

CONCRETE REMOVAL.

SOVEREIGN PAINTING

Quality craftsmanship 3rd Generation Painte with over 30-years experience

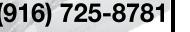
(916) 422-4416

sovereignpaint@vahoo.com Dan Sovereign, Interior & Exterior Paint

Lic.# 484715 Better Business Bureau Memi

- Warranty Senior Discounts
- Using only Kelly-Moore Paint!





Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

PLUMBING

ROONEY'S PLUMBING

456-777

rooneysplumbing.com License #683668

ROOFING/SIDING



3675 R Street Sacramento, California 95816 East Sac Specialists 454-3667

BAXTER TILE

EXPERT INSTALLATION REMODELING & REPAIR

Ceramic • Marble • Granite Floors • Counters • Walls

33 Years Experience • FREE Estimat 916-213-4669

RAIN BARRELS

Paul Clark CONSTRUCTION CO.

©lushman RAIN BARRELS

\$25 OFF

Gutter Cleaning

\$75 OFF

Roof Cleaning

Residential - Commercial - Government Rainwater Harvesting, Smart Controllers, Micro/Drip/Sub-Surface, Native Landscaping

For 26 Years

(916) 753-7463 · www.paulclarkconstruction.com

SPRING CLEANING SPECIAL



 Patio Cleaning
 House Wash Call Today for a FREE Quote

916-709-1073 • www.NoMoss.com

TREE & GARDENING SERVICE



• One Time Clean-Ups • Tree, Bush & Hedge Removal • Full Yard Maintenance Family Owned • 25 years experience!

Call Randy (916) 454-3430 or 802-9897

www.terrabellagarden.com · Lic# 152584

Dave (916) 988-3283

ROOF/GUTTER CLEANING

GUTTER CLEANING ROOF CLEANING WINDOW WASHING PRESSURE WASHING SENIOR DISCOUNTS AVAILABLE





Frank Nieto



Sprinkler Systems (Install & Repair) Fencing • Plumbing Electrical • Painting

Concrete • Tile Installation Granite Fabrication Laminate/Wood Floors

NietosTile@sbcglobal.net www.nietostile.com

TRACTOR WORK



Tall Weeds, Blackberries Cut, Dirt Moving, Discing, Rototilling, Trenching, Bobcat Backhoe

YOUR AD HERE

Call today! **Your services** are needed. Your ad should be here. Ad design is free.

Call 429-9901

Home Improvement Guide: a "Keeper" by our readers



Great exposure in these four upscale neighborhoods: Arden-Carmichael, East Sacramento, Land Park & Pocket/Greenhaven.

Contact Melissa at 916-429-9901

Call a sales representative today for great advertising rates: 429-9901

1 CONCIERGE TAX PREPARER

cluding Corp & Partnerships FRFF Pick-u expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please cal your appt. today. Irene Senst (916) 640-3820 , (775) 410-3422 NV. Same low 1990 rates.

> Sell your car in the classifieds!

HANDYMAN HANDYMAN SERVICES

No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

HANDYMAN HOLIDAY CLEAN-UP SPECIALS!

Rain Gutter cleaning- Yard clean-up. Rain gutter cleaning, pressure washing/power spray, hauling, vard work, painting tree & shrub removal clean-up fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. 18 yrs. exp.Specials for

CASH PAID FOR DIABETIC TEST STRIPS

We pay up to \$30 per box cash on the spot

(prices vary depending on brand, quantity and expiration date) We offer FAST PICKUP at a location

xes must be unopened and unexpi (916) 505-4673

Clubs, Corp, Partnerships, Small Business. We are experts in General Ledger, Payroll, Profit

#1 CONCIERGE BOOKKEEPER

3 years exp. in industries like Auto, Mechan cs, Restaurants, Caterers, Massage, Doctors

hiropractors, Non-Profits, Retail, Marshal Arts,

Barber, Construction, Wholesale, Investmen

& Loss & Quarterlies. Call for your concierge appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422 ww.taxirene.info • taxireneinfo@gmail.com

BUSINESS SERVICES 1 CONCIERGE BUSINESS SERVICES

Put our 33 years in Concierge Busi ness Support Service to work for you usiness. We provide support in: Li censing, Business & Corp Start-ups

or Closures, Basic web design, Set-up social media. Business Concierge Shopping, Marketing and much more Please contact Irene Senst (916 640-3820 CA. (775) 410-3422 NV

18 Land Park News • May 12, 2016 • www.valcomnews.com www.valcomnews.com • May 13, 2016 • Land Park News 19 Valley Community Newspapers, Inc

Take a hike! Or a walk on the 'Wildside'

By MONICA STARK

Cell phone tethered nature lovers out there will appreciate the latest achievement from three local girl scout troops. Just in time for this year's Walk on the Wildside, the young ladies from Elk Grove created a new technology-friendly mile-long hike that features 14 QR codes posted along the way.

Like the old days with brochures detailing the must-sees on a trail, these smart phone and tablet friendly codes similarly highlight the Bufferlands' main attractions but with YouTube an entire hour because each stop stories that docents have shared with videos. Current attractions include an active heron and egret rookery.

available for one day only, Saturday, May 14, the day of Walk on the Wildfuture goals of the girl scouts). Meanwhile the codes will live on.

So, if you hear naysayers yell – "Give your cell phone a rest for crissake. We're in nature" – well, tell them to take a hike ... or a walk on the Wildside!

The free, outdoor festival showcasing local conservation efforts, Walk on the Wildside celebrates International Migratory Bird Day, Endangered Species Day and demonstrates local efforts in protecting and restoring native habitats and wildlife.

And the QR trail is definitely the highlight of the day, as Girl Scout "Mom" Christine Anderson said quite matter-of-fact: "Technology is ruling our lives. We're making Walk on the Wildside more accessible to people."

Trying to make the tech trail useful for kids and adults, YouTube videos linked to the QR codes are geared adults can visit websites for more indepth reading. Using the homepage for Stone Lakes National Wild-life Refuge and the Bufferlands as well as interviews with docents, the girl scouts undoubtedly did their homework to assure hikers the accuracy of their information.

net, timely information and breaking news about the area will be updated. "On our end for the Bufferlands, we can change things on the fly as needed. If a tree were to fall down, we ly an important project ... I've been could accommodate it; we could get it on the internet." Anderson said.

Besides describing the habitat of the Bufferlands, the QR codes explain basic trail etiquette such as asking walkers to "walk" and "stay on the trail."

While distance-wise the trail is short. Anderson recommends Walk on the Wildside visitors to set aside takes about two to three minutes. "It's not strenuous; it's very, very Unfortunately, the posts will be easy. But, it's not wheelchair-friendly. İt's a dirt trail."

Asked what her favorite aspect of side. Then they'll be gone, likely to the annual event is, Anderson said return next year (depending on the she enjoys seeing the nesting birds, which can be found on a longer hike all the flowers and then it lets go. The on the property.

Normally not open to the public, the side of Elk Grove in Freeport. "It's a caught by the flowers." real great resource a lot of people don't know exist; I go out there for other docent-led hikes," Anderson said. "It's open to the public when they have doare rare occasions."

With the goal of further teaching the scouts how projects of this mag- ting rarer and rarer as years go on," nitude come to completion, Anderson said she's suggested taking the technology trail idea to other places such as the Cosumnes River Preserve.

As for those without smart phones during the Walk on the Wildside event, don't worry. "There are a lot of other tails besides this particular one, so there's a lot of information you can to an easy level of understanding, get from the other trails," says Anderbut will have subsequent parts where son. "You don't necessarily have to do this one to get a good understanding poison oak has to be red in color or barbecue hosted by Elk Grove High of the place."

Teruko Hansum, a freshman at Elk Grove High School and member of munity Newspapers about the tech-Bufferlands where she and other girl Teruko said.

Because of the nature of the inter- scouts pinpointed locations where they were going to video.

At first hesitant giving up Saturdays to work on the project, Teruko, in the end is glad she did. "This is definiteworking with my friends and doing a lot of great work in a short amount of time. It's important for people to know what the Bufferlands are and why they are so important to the environment," she said.

Peacocks, owls, invasive and native blackberries, as well as a 400-yearold tree fill the Bufferlands and have the girl scouts, Teruko explained. "There's alfalfa plants that grow there. Sadly, I think they're going to harvest them before the walk. They have flowers that when a bee comes by, the flower will grab on to the bee.
And as it is panicking, it pollinates video of the peacocks."

couple of them walking around. I got video of the peacocks." specialist had a story about when he was a farm boy and how he would get Bufferland's lie deep in the woods out- stung by many bees because they got

Maintaining the Bufferlands, a docent shared with the girls a story of interdependence."(The elderberry Long horn beetle) is special because of the cents taking you through but those type of beetle that lives on the (elderberry) bush. The beetles are going almost instinct because the bush is get-Teruko said.

Producing footage of native and inpros and cons of the invasive, as follows: "They are good and bad: good on the bad side, they're taking over of the native blackberry bushes."

Breaking the misconception that have spots, the YouTube video will explain: "If they come in three let them be. We've got different pictures of Troop 1978, spoke with Valley Com- each type of poison oak and how to tell the difference between them. As nology trail and a recent trip to the you stay on the trail, you'll be fine,"

As of last week, when this interview took place, the girl scouts still had to finish recording. They were also on track to get the QR codes laminated and placed on the specific locations. "(Fellow girl scout) Rebecca (Klung from Troop 2525) is working on going to local printing companies to get donations (for the lamination). If donated, it will get the company name on it."

The first time participating in the event, Teruko remembers attending it years ago. "I went to all the stops and it was pretty cool and I am excited to be a part of the behind-the-scenes action... I have enjoyed it a lot. It's not every day you get to go out and enjoy the land. There are even peacocks on the land and you can hear them too. We saw the peacocks too. We saw a

If you go:

What: A free, outdoor festival showcasing local conservation efforts, Walk on the Wildside celebrates International Migratory Bird Day, Endangered Species Day and demonstrates local efforts in protecting and restoring native habitats and wildlife. Bring the kids. The event includes: wild animal presentations by Wild Things, Inc., folk music by Cliff Compton & Mountaintop, a children's puppet show by Jason Adair, children's activity cenvasive blackberry bushes (which are ter, games and prizes hosted by local edgy, not smooth), the Elk Grove High School freshman explains the tours of wetlands and riparian forests, wildlife viewing including one of the largest heron/egret rookeries because they make a lot of food, but in the county, environmental exhibitors, children's activity center, games and prizes hosted by local Girl Scouts, Ollie Otter, and an outdoor School FFA and Rotary Club.

When: Saturday, May 14 from 10 a.m. to 4 p.m.

Where: Beach Lake Park, Freeport Who: Regional Sanitation District Cost: The event and parking are

Matias Bombal's Hollywood

The MPAA has rated this PG-13

Walt Disney Studios Motion Pictures and Marvel Entertainment offer the lat-"Captain America: Civil War" from the director brothers that brought you "Captain America: Winter Soldier", Anthony and Joe Russo. The Aveng- of this splitting of superhero ers, a group of several humans with enhanced features and specialized skills or abilities past movies based on the Marcolorful superheroes originate. This movie is really nonstop action from start to finish which is mind-bending since it is on the screen and in 3-D for a long 146 min.

Among the actors turned superheroes; Chris Evans is featured in the title role repeating it from other films. He's always fun to watch. Anthony Mackie is Falcon, Elizabeth Olsen appears as Scarlet Witch. Robert Downey, JR recreates Iron Man once more, with on ongoing parade of great movingly popular movies in this ie names; Don Cheedle (War Machine), Scarlett Johansson Black Widow), and Paul Bettany (Vision). If there is one fer one major flaw in being out any explanation of who or thing that may be said for this able to stand alone as a mov- what they are. This newly inpicture, the cast is top heavy ie on its own merits. The pro-troduced figures are not develwith talent. Other masters of Thespis in this comic book action opera include Jeremy Renner, Paul Rudd, Martin Freeman, Marisa Tomei, John Slattery, Alfre Woodard, William Hurt, and as our villain in this picture, Daniel Brühl (Zemo). Chadwick Boseman looks pretty sleek in his Black Panther suit in this non-stop comic book orgy of action.

International sanctions on these superheroes are demanded by the United Nations following the destruction of the building in the first major action scene in the movie due to the loss of many human lives.

Captain America: Civil War The pressure is on to restrict the activities of the Avengers, and Captain America wishes not to cave to these pressures. The meeting by the Avengers est comic book crowd pleaser to discuss which side of this they will take; to conform, or go rogue, may be the calmest moment in the picture.

Another fly in the ointment ways is actor Sebastian Stan returning as The Winter Soldier, who may be programmed have wrought much havoc in to follow suggestion by simply hearing a series of coded words vel comic books in which these to trigger his brainwashing. Villain Daniel Brühl most certainly manipulates him with divisive results for our heroes.

I am positive that this will please Marvel Comic fans who know and love these characters and eagerly await not only for the mandatory cameo from comic book legend Stan Lee, movie patron such as myself, but linger to the end of the credit crawl to see not just one, but two separate scenes that will portend of future Marvel mayhem in current production.

There are many exceedvein from both the rival comical patron that I suggest will ic book concerns of Marvel or DC Comics, and they all suf-

ducers, and majority of the audience for that matter, are sure to be invested in these they just show up and start dostories and characters from past movies or comic books. They assume you already know all of the players.

Imagine for a moment the who may have never read a loves to see name talent doing what they do best. Especially if that name talent is in such a major production full of the latest movie wizardry. Thy hypothetnot have any idea of who suddenly appears in a scene, with-

We Provide An Array

Of Dental Services

· Invisalign Braces

· Single Visit Crowns

Root Canal Treatments

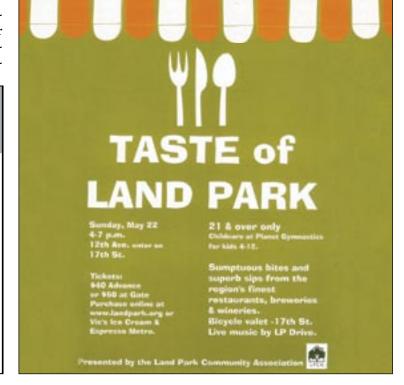
· Oral Surgeries

oped as a character within the context of the movie's narrative, ing their thing, much to the delight of those in the know that previous movies and or in the comic books themselves.

Thus, from the perspective of a movie being a self-concomic book in their lives, but tained narrative, this movie will not work. It assumes you know what happened before what's next. In the process, it

tion and shiny objects over its long running time, which, with all that time, does not let the great cast have much dialog to showcase their talents. Each have followed these stories in action is in reaction to another bit of fast paced movie wizardry. This is definitely a crowd pleaser for the fans, but what moments from this will they remember and or cherish ten years from now? In 3-D and IMAX, in Sacramento, at the and will engage you to find out Esquire IMAX Theatre. Also showing in other theatres in only dazzles with loudness, ac- wide-screen 3-D presentations.







EVENT LISTING SECTION Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

C.K. McClatchy High School

50 year REUNION is in October 2016 PLEASE contact us

McClatchyreunion66@yahoo.com Facebook McClatchy High school class of 196 **SAVE THE DATE!**

67th Sacramento High School Reunior Class of 1949

Saturday, September 10, 2016 11 A.M. - 3 P.M. Contacts: Joyce Cowan at

Vera Malkovich at

Young Actors Stage presents

Les Miserables (High School Senior Editon)

Friday, May 20 and 27 at 7 **Saturday,** May 21 and 28 at 2 and 7 **Sunday,** May 22 and 29 at 11 and 3

24th Street Theater, Sacramento All tickets \$15, online at youngactorsstage.com or at the door

CALL AND PLACE YOUR **EVENT TODAY!** (916) 429-9901



DUNNIGAN



We have the latest technology and exceptional quality treatment

7400 Greenhaven Dr. Sacramento, CA 95831

(916) 427-1101

www.NelsonDental.com

5 beds, 3 baths, expansive windows in the kitchen/family room make cooking and entertaining a true joy! 1460 Birchwood Lane • \$685,000

SOUTH LAND PARK ESTATES PRIVATE SECLUDED GARDENS



Two separate homes, 2 bed, 2 bath and 2 bed, 1 bath that share a connecting wall. RV access. 5435 Del Rio Road • \$599,000

SOUTH LAND PARK TERRACE

Conveniently located on a corner lot in a wonderful South Land Park neighborhood. 3 bedrooms 2 baths 1127 Chargene Way • \$398,000

20 Land Park News • May 12, 2016 • www.valcomnews.com www.valcomnews.com • May 13, 2016 • Land Park News **21** Valley Community Newspapers, Inc. Valley Community Newspapers, Inc

CALENDAR

ation to: editor@valcomnews.com at least two weeks prior to publication.

Sons In Retirement (SIR) Branch #93

Luncheon programs are held on the third Monday of each month at 11:30 a.m. at Elks Lodge No.6. SIR is a luncheon club with 141 branches and a membership of 18,000 men who are retired from full-time employment. Activities included weekly golf tournaments and bowling league teams. For more information or an application call Chairman Dick West at 919-3858.

ACC presents Ikenobo Ikebana

Ikebana, the art of Japanese flower arranging. Learn the principles and techniques of Ikebana and create your own unique arrangement in each class. Optional starter kit, which includes a flower vase, scissors, and kenzan can be purchased from the instructor for \$50. Pre-registration required.#35 per class ncludes flowers. Class will be held Mondays from 5:30-6:30pm at ACC Senior Services, 7334 Park City. For more details, call (916)393-9026 ext 330, www.accsv.org

This class provides an introduction of

month STIS has a different bands, there is three different rooms to listen to music. Nominal fee for members is \$8; non-member price is \$10.

Nar-Anon meeting for families and friends

The Sacramento Traditional Jazz

Society (STJS) monthly music event

Every second Sunday of the month, STIS

has music at the Elks Lodge No. 6, 6446

Riverside Blvd., from noon to 5 p.m. Each

The group meets to learn about drug abuse, share problems, encourage the addict to seek help, replace despair with hope, improve the family attitude, help regain your self-confidence. For more information, call the First United Methodist Church at 446-5025, ext. 101. Meetings are Tuesday evenings from 6:30 to 7:30 p.m., 2100 J St.

GREEN HAVEN

es, 7334 Park City Drive. For more details, call (916)393-9026 ext 330, www.accsv.org.

Meets the second and fourth Tuesday at Executive Airport, Aviators Restaurant at 12:15 p.m.

Rotary Club South meeting

of the largest service organizations in the world

dedicated to community service both locally.

and internationally. Please call JR Springer at

These exercises use the principle of chi flowing

properly throughout the body to maintain the

equilibrium of yin and yang. Regular practice

of these forms will develop better balance and

flexibility, gain strength, promote deep relax-

ation, and improve health. This beginning class

will also learn the 24 Yang Style Tai Chi and Yi

tration and prepayment required or \$7 drop-in

fee at the door. Class will be held on Tuesdays

from 4:00-5:00 pm at ACC Senior Servic-

Soroptimist International

Sacramento South

Jing, a traditional Health Qi Gong. Pre-regis-

425-9195 for additional information.

Beginning tai chi gong

Widow persons monthly buffet

Newcomers' Buffet and Social is open to any and all widows and widowers, the third Mon day of each month at 5:30 p.m. The buffet will za Hof Brau, corner of El Camino and Watt Avenue, cost varies as the choice is from a no tend the social other than the meal chosen. For more information, call 916 972-9722. Widowed Persons Association of California, Sunday Support, is open to any and all widows or widowers, every Sunday from 3 to 5 p.m. in the meeting room of the WPAC office, 2628 owed Persons Association of California Work shop, "Coping with the Holidays," 2 to 4 p.m., the doors open at 1:30 p.m.. A second session will be held Tuesday, Dec. 1, from 7 to 9 p.m., take place at 2628 El Camino Ave., Ste. D-18. Enter from the back parking lot. For more information or to register, call 972-9722.

3131 17th Street











YOUR MORTGAGE LOAN ND REAL ESTATE SPECIALISTS

✓ Purchase and refinance

- 15 year fixed rates as low as 2.5% (2.75 APR)
- Excellent customer service
- Loans with no points and fees
- Down payment assistance programs available
- Close in 21 days or less
- Same day pre-approvals
- Local market experts
- Full service company

(800) 618-9508 www.greenhavencap.com

AT GREEN HAVEN CAPITAL INC. WE MAKE EVERY EFFORT TO SERVE THE UNIQUE NEEDS OF EACH INDIVIDUAL CLIENT.

CALL US NOW! 916.476.6507





The Rotary Club of South Sacramento meets and social at noon for lunch every Thursday at Aviators Widowed Persons Association of California Restaurant at Executive Airport, 6151 Freepor Blvd, Sacramento, CA 95822. Rotary is one

be held in the private dining room at the Plahost buffet menu. There is no charge to at-El Camino Avenue, Ste. D-18. Enter from the back parking lot. For more information call 916 972-9722. Saturday, Nov. 7, Widdoors open at 6:30 p.m. The workshops will

See Calendar, page 23



Old Land Park Charm

This lovingly cared for 3 bedroom, 1.5 bath beauty is a must see. Hardwood floors, vintage tile in the kitchen and bathroom Relax in the inviting front Riverside Elementary boundary.

Sacramento | URGENT CARE



OUR SERVICES

Immunizations, Tdap Boosters, Flu & Allergy Shots • Flu, Coughs Sore Throats & Ear Aches • Sports, Employment, D.O.T. & Immigration Physicals • Workman's Comp & Occupational Medicine • Weight Management & Weight Loss Clinic • Fractures, Sprains & Dislocations • Cuts, Burns & Stitches • Asthma, COPD & Breathing Treatments • Women's Health • Drug, STD, HIV, Pregnancy, Diabetes, Cholesterol & Tb Testing • Ear Wax Removal • In-Grown Toenails

OUR FACILITIES

On-site X-ray & EKG • On-site Lab • Six Exam Rooms • Trauma Bay and Procedures Room • Comfortable

Waiting Room • Plenty of Free Parking At Sacramento Urgent Care you will always

Open 9 AM to 9 PM • 365 Days a Year • No Appointments Needed

be seen by a doctor. **Most Insurances Accepted - Se Habla Espanol**

7200 S. Land Park Drive, Ste. 100 • Sacramento, CA 95831 (916) 422-9110 • www.sacurgentcare.com



\$15 OFF Office visit for new cash paying patients **Expires 5-31-16**



room complete with a real brick wood burning fireplace, accommodating dining room and cozy den. The used brick patio is a gem. Fresh exterior paint. This home is in the sought after Crocker 24th Street Theater, 2791 24th Street, Sacra Valley Community Newspapers, Inc.

7548 Greenhaven Drive Sacramento, CA 95831

Assisted Living & Memory Care

Enriching the Lives of Others

Residents enjoy an active, engaging lifestyle that promotes wellness and independence.

Whether short-term, following an illness or injury, or permanent, our assisted living and memory care programs utilize professional nursing staff to help determine your specific needs. Around the clock caregiver staff are here to provide services when you need or want them - allowing you to devote your energies to a life well lived!

greenhavenassistedliving.com • (916) 427-8887

Music at noon

tion and more. Stigma Free 2016: We're All

in This Together will be held from 10 a.m. to

1 p.m. at the Clunie Community Center at

SCSO caps 20th season with European

May 14: Conductor Donald Kendrick and

season on May 14 at 8 p.m. at the Sacra-

mento Community Center Theater with a

performance featuring 3 contrasting cho-

ral orchestral works by Haydn, Vaughan

Williams and Dvoràk. But the celebra-

tion doesn't end there. The evening will

also serve as a huge CD release party as the

SCSO plans to unveil its 9th professional-

y mastered CD – Carmina Burana II - at

messe will serve as the evening's mair

isical fare, complemented by Vaughan

Williams' An Oxford Elegy, and Dvoràk's

cert. "The Harmoniemesse will bring back

amazing work that we featured during our

first self-funded European tour to Munich

Prague, Vienna, and Budapest in 2004,"

says Conductor Donald Kendrick. Four

outstanding soloists and narrator Phillip

Rider will join the SCSO Team on stage

for this performance. "A post concert recep

tion, projected supertitle translations, and

pre-concert talk at 7 p.m. will enhance the

evening's enjoyment for our concert attend-

lene Black, SCSO European Masterworks

tickets are \$30 - \$45 with a 50 percent dis-

count for students. For tickets, call the Sac-

ramento Community Center Box Office at

ropathy Support Group will meet from 1:30

to 3:30 p.m. at Northminster Presbyterian

Church at 3235 Pope Ave. For more infor-

808-5181 or visit sacramentochoral.com

for both tickets and information.

Neuropathy Support Group

Sacramento Peripheral

mation call 485-7723.

ees," added SCSO Board Member Char-

Don Kendrick's electric and educational

so many warm memories as this was the

Psalm 149 on the first half of the con-

his year-end performance. Haydn's Har-

the SCSO plan to cap their landmark 20th

Masterworks and new CD release

McKinley Park, 601 Alhambra Blvd.

Calendar:

"Two Left Feet" dance class at ACC

Have you always wanted to dance but were

afraid to try? Your life is about to change!

Have fun laughing and dancing to "oldies"

with a variety of waltz, salsa, cha cha, coun-

try sounds and more. No experience or part

ner needed. Class will be held as ACC Se-

nior Services, 7334 Park City on Thursdays

from 1 to 2 p.m. Drop-in rate is \$7 per class.

Monthly rate approximately \$20 or \$5 per

class. Pre-registration required. For more de-

tails, call 393-9026 ext 330, www.accsv.org

Deadheading at daybreak: Historic

May 14: The Old City Cemetery Commit

tee presents a volunteer opportunity to help

upkeep the cemetery's Historic Rose Gar-

den starting at 7:30 a.m. (late risers wel-

come!) at the Sacramento Historic City

Cemetery, 1000 Broadway. The commit-

tee will teach you how to deadhead spent

blooms from the rosebushes and how tidy

ing up the garden encourages repeat bloom

den. If possible bring your own gloves and

need them. Light refreshments of coffee and

pastries will be served. There is ample free

street parking on surrounding streets, with

limited parking within the cemetery. For

"Mental Illness: It's not always

what you think": Stigma Free

2016: We're All in This Together

May 14: The "Mental Illness: It's not always

what you think" project is hosting a Sacra-

"Stigma Free 2016," in recognition of Men-

tal Health Month. All ages, from youth to se

The event will feature a resource fair, health

screenings, live art demonstration, spoken

word performances, prize drawings, selfie sta-

niors, are invited to attend this free event.

mento County mental health celebration,

more information, call 448-0811.

tools, but we will also provide tools if you

ing of the roses in the Historic Rose Gar-

City Cemetery garden workshop

May

May 18: Free music programs, offered at Westminster Presbyterian Church at noon on Wedne days. This week enjoy music by Cellist Susan Lamb Cook and Friends play more Brahms.

Insights into coping well with

vision loss May 18: Changes in our visions as we age are a natural part of life. Macular degeneration, glaucoma, and cataracts are three of the leading causes of vision loss and typically occur in people over the age of 55. If you are experience ng changes or loss in your vision, the senior IMPACT Project can help. Free of charge. Pre-registration required. Class will be held from 10 to 11 a.m. at ACC Senior Services, 7334 Park City. For more details, call (916) 393-9026 ext 330, www.accsv.org May 19: Diabetes 101 is a series of classes dealing with diabetes. The class to be held

Diabetes academy educational series from 6 to 7:30 p.m. will be checking, managing and coping with your blood sugar and dia betes. The next class to be held **June** 7 from 2 to 3:30 p.m. will be on meal planning and carb counting. Free of charge. Pre-registration required. Class will be held at ACC Senior Ser vices, 7334 Park City. For more details, call (916) 393-9026 ext 330, www.accsv.org **Human trafficking**

May 19: Did you know that human trafficking is especially prevalent in Sacramen to? This presentation on human trafficking will shed light on this global crime, including indicators, the different types, and resources available to victims. Free of charge. registration required. Class will be held from 10 to 11 a.m. at ACC Senior Services, 7334 Park City. Free of charge. Pre-registration required. For more details, call (916) 393-9026 ext 330, www.accsv.org

View a film screening of "Alive Inside" a film that celebrates the capacity of music to reawaken our souls

May 19: From 6 to 8 p.m., Snowline (www.snowlinehospice.org) will present a screening of the film "Alive Inside" at the Tower Theatre, 2508 Land Park Drive. The

film demonstrates music's ability to combat memory loss and restore a deep sense of self to those suffering from it. "Alive Inside" chronicles the astonishing experiences of individuals around the country who have been revitalized through the simple experience of listening to music. The documen tary filmmaker, Michael Rossato-Bennet, will be in attendance and speak about his film that chronicles the astonishing experiences of individuals around the country who have been revitalized through the simple experience of listening to music. His camera reveals the uniquely human connection we find in music and how its healing power can triumph where prescription medication falls short. An uplifting cinematic exploration of music and the mind. "Alive Inside's" inspirational and emotional story left audiences humming, clapping and cheering at the 2014 Sundance Film Festival, where it won the Audience Award Tickets are available online for a suggested donation of \$10. All proceeds from tick-

et sales for this event will be donated by Snowline to the local Alzheimer's Asso ciation. The City of Sacramento's Triple R Adult Day Program, Alzheimer's Association and Revere Court Assisted Living Community are co-sponsors of this presentation. For more information and to get tickets view: www.snowlinepresentsaliveir

Locke historic district

May 20: Established in 1915. Locke is an island of Chinese culture and the only existing town in America built exclusively by and for Chinese immigrants, Learn about its unique history and be transported back in time. Participants for the trip will meet at ACC Senior Service, 7334 Park City on Fri day May 20, 2016 from 9:15 a.m. to 2 pm. Pre-payment of \$10 and Pre-registration by May 13, 2016 required. Lunch is included. For more details, call (916) 393-9026 ext 330, www.accsv.org







downtown facility featuring:

plete kitchens, new appliances, walk-i showers, large closets, balconies, lovely view We pay utilities, offer free transportation t

shopping, medical appointments, and fu excursions to local area points of interest · Active residents association with a

- variety of social activities
- On-site Service Coordinator
- · 24-hour maintenance, compassionte, caring staff
- Small pets welcome
- Rental Assistance Programs for income-qualified applicants

We Pay Utilities!

Active Senior Living Retirement Community 515 P St., Sacramento

(916) 442-2907

www.rhf.org EDE 🚊 🕹

22 Land Park News • May 12, 2016 • www.valcomnews.com www.valcomnews.com • May 13, 2016 • Land Park News 23 Valley Community Newspapers, Inc



SOUTH LAND PARK ESTATES

Spacious entry opens to nicely appointed living room and dining room. 5 bedrooms 3 baths, expansive windows in the kitchen/family room make cooking and entertaining a true joy! A remote bedroom and bath is perfect for guests or in-laws. Private backyard. \$685,000

CHRIS BRIGGS 834-6483 PAULA SWAYNE 425-9715



SPACIOUS LAND PARK

Hard to find in Land Park ... 4 bedroom 2 full bath, 2-car garage home! Crown moldings, wood floors, plantation shutters, pretty fireplace and more! Master bedroom suite with skylighted bath, sliding French doors open to spacious yard and brick patio. Conveniently located! \$580,000

MONA GERGEN 247-9555



SOUTH LAND PARK TERRACE

Conveniently located on a corner lot in a wonderful South Land Park neighborhood. 3 bedrooms 2 baths, 1453 square feet with open floor plan, living room fireplace and dual pane windows. 2-car garage, bonus room and RV access. \$398,000

CHRIS BRIGGS 834-6483



MID CENTURY FLAIR

Wonderful, spacious 4 bedroom, 3 full bath home on a great corner lot! Entryway leads to large bright living room and formal dining room with built-ins. Kitchen ith eating area, island and tons of cabinets. Large upstairs master suite. Roomy basement, 2-car garage. \$769,000

CHARLENE SINGLEY 341-0305 SHEILA VAN NOY 505-5395



PRIVATE SECLUDED GARDENS

Wonderfully unique nearly half acre S Land Park property with lush tranquil gardens and space! Two separate homes, 2 bedroom 2 bath and 2 bedroom 1 bath that share a connecting wall. Bring your imagination! RV access, workshop, carport, detached garage ... Peaceful and secluded!

CHRIS BRIGGS 834-6483



SOUTH LAND PARK HILLS

Delightful home is perfect for outdoor living with the large sparkling pool, personal hot tub and outdoor grill. 3 bedrooms $2\frac{1}{2}$ baths, 1725 sf lovingly maintained. Spacious open floor plan. Paradise is a personal thing but this might be yours! \$519,000

SHEILA VAN NOY 505-5395



WONDERFUL TUDOR

Located on a quiet Land Park street with a great lot and tons of curb appeal! 3 bedroom $1\frac{1}{2}$ baths, lovingly restored and maintained. Hardwood floors, newer windows and a garage that you can use! Beautiful living room with fireplace, formal dining room.

\$625,000

DAVID KIRRENE 531-7495



SOUTH LAND PARK

Stylish!!! Wait until you see this Kitchen!!!! And so much more!!!! Fantastic 3 bedroom 2 bath home; light, bright and beautifully renovated (big back yard too). Oversized doors and wide hallways. You really need to see this now as tomorrow it will be gone!!! Sunny living - done here!

SHEILA VAN NOY 505-5395



INVESTOR SPECIAL

Remodeled 2 bedroom, 2 bath halfplex with tenant in place ... and this tenant would like to stay! Newer tile in interior. New roof and gutters in 2012. Seller would prefer an investor buyer who will allow tenant to stay in place. \$132,500

CHRIS BRIGGS 834-6483

for current home listings, please visit:

DunniganRealtors.com 916.484.2030

916.454.5753





DUNNIGAN, Realtors

Dunnigan is a different kind of Realtor.®