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Vol. XVIII • No. 10

Pocket News is published on the first and third Thursdays of the month and delivered by mail and home delivery in the area bounded by Interstate 5 on the east and the Sacramento River on the north, west, and south.

2709 Riverside Blvd.  
Sacramento,  
CA 95818  
t: (916) 429-9901  
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Publisher..... George Macko  
General Manager..... Kathleen Egan  
Editor..... Ryan Rose  
Production Manager..... John Ochoa  
Graphic Artist..... Ryan Vuong  
Advertising Executives..... Linda Pohl  
Patty Colmer, Marc Harris Desilés, Melissa Andrews  
Distribution/Subscriptions..... George Macko

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# Learning the Pocket by foot: Running like the river

By RYAN ROSE  
Pocket News Editor  
ryanrose@valcomnews.com

For more than four years now, I've been running. Not from anything, not to something, just running. And it has made all the difference in changing my perspective on health, fitness and Sacramento.

When moving to the area more than 10 years ago, I spent my time commuting across the region by car—and doing that fast. I was zooming in and out of downtown (when traffic was accommodating), motoring around and about Pocket and Land Park, and quickly cruising the Howe Avenue corridor.

Then, upon the insistence of a friend, I swapped my set of tires for a good pair of shoes (thank you, Fleet Feet of Sacramento) and started experiencing the city corner by corner.

After a few starts and stops, I found my internal gas ped-

al and was off. It was then that I saw a different city, one colored with a cultural palette far more expansive than I had originally perceived. And as I got faster, it seemed that the world slowed. Suddenly, small street corners along Riverside Boulevard that were once simple strips of local commerce became bustling areas of activity and conversation, my curiosity increasing as I passed every storefront and stoop. It's not that people were doffing their hats or making cat calls as I ran by; rather, it was that people whom I had passed daily in route to work or play suddenly had faces, names and voices—active members of my surroundings and not background noise. As such, it was a welcomed respite to office culture, the ticking of the clock replaced by the "tsk, tsk" tapping of my shoes hitting pavement I had once ignored.

Thus, I issue this invitation to the outside. Many see Jan. 1 as a time for renewed interest in healthy living and active pursuits; however, the cold often scares the timid back inside. But now, with the weather warming and winter ills gone, it is the perfect time to make a break for

it. And there are many who would cheer you on.

To that end, I ask that you join me in a Pocket classic: the 14th annual Fourth of July Fun Run-Walk at Matsuyama Elementary. The Fun Run-Walk is a split 5-kilometer and 8-kilometer event that take place on Saturday,

July 4, at Matsuyama Elementary School, 7680 Windbridge Dr. Entry is \$20. Call 424-0873 for registration information.

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# Excellence in service: Local scouts honored for commitment

Special to The Pocket News  
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Camp Pollock was the rustic setting where five members of local Boy Scout Troop 136 (the Zoo Troop) recently celebrated earning the rank of Eagle Scout. Travis Lee, Danny Healow, Greg Hufford, Maxwell Montrose and Elliot Wenzel all completed the rigorous requirements necessary to achieve the highest award in Boy Scouts. Only four percent of those who join the organization reach this goal.

Dale Campbell, former scoutmaster of this unique troop, served as the master of ceremonies. In addition to their Eagle pin and neckerchiefs, the young men were presented with personalized certificates from Sacramento County Supervisor Jimmie Yee's office, and a plaque from Lara Kirkendall, representative of the Sacramento Zoo. The ceremonies also included Eagle pins being presented to the parents of the scouts, and the announcement of their mentor awards.

## Becoming an "eagle"

These outstanding individuals each completed a community service project in addition to the merit badges and other scouting requirements. For his project, Travis Lee chose to improve the barnyard area in Fairytale Town. He organized a two-day project restoring and painting the corral fence and Little Red Hen House. Travis is currently a freshman at UC Merced.

For Danny Healow's Eagle project, he designed and built eight pinewood benches and a communion table for the Children's ministry center at Faith Presbyterian Church. Danny is a senior at John F. Kennedy High School and will attend UC Berkeley next year.

Greg Hufford selected a project that would benefit Sutter Middle School. He removed old bleachers from the sports field and constructed, sanded and painted new seating for that facility. Greg is a senior at Christian Brothers High School and will attend the University of Southern California.

Maxwell Montrose wanted to improve the playground area at Genevieve Didion K-



Photo courtesy Elise Montrose  
New Eagle Scouts from Troop 136 (the Zoo troop) recently held ceremonies at the Lodge at Camp Pollock. Left to right: Maxwell Montrose, Greg Hufford, Danny Healow, Elliot Wenzel and Travis Lee.

8 School. He received permission from the principal to draw and paint a huge, colorful map of the United States on the asphalt, and he completed a similar map at Camilla Basic School. Max is a senior at West Campus and will attend UCLA next year.

Elliot Wenzel contacted the Sacramento Food Bank to offer his time and energy to make improvements to their facility. For his Eagle project, he cleaned and repainted the parking lot at the Oak Park location and also planted a tree. Elliot is a senior at

Christian Brothers High School and has enrolled at Cal Poly at San Luis Obispo.

## Five bright futures

These young men are grateful for the time and energy invested in them by the scout leaders, committee members, and their parents who helped them to accomplish this aspiration. Through scouting, they made lasting friendships and experienced exciting adventures that helped prepare them for new challenges in the future.

## Native Sacramentan Pocket/Greenhaven **SPECIALIST**



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Know your neighbor

# Kennedy High registrar to retire after 36 years of service

By LANCE ARMSTRONG  
Pocket News Writer  
vcnnews@valcomnews.com

Although it has often been said that we are born of change and there is nothing permanent except change, when something good that was once a constant positive in our lives finally fades away, such change is not always easy to accept.

And thus is the case with the news of Jan Matisco, the long-time, popular John F. Kennedy High School registrar, who announced that she will officially retire on June 30.

After beginning her career working with students at John Bidwell Elementary School in 1963, Matisco was hired to work at Kennedy High in July 1973.

Matisco, who said that she is leaving her position due to health complications, has built a sort of legendary career at Kennedy High for her dedication to her work, explained Kennedy High Office Technician Silvia Lewis.

"She is so careful and responsible with her work and even sacrifices her time to come to work on holidays and weekends. I've learned a lot from her," said Lewis, who works in the administration office with Matisco.

And when it comes to caring for Kennedy High students both past and present, Matisco is famous on and off the school's campus for her bright smile, gracious demeanor and acts of kindness.

Kennedy High student Kelsie Muramoto said that she is amazed



Jan Matisco said that after spending the majority of her educational career at Kennedy High School, she will miss the school, but always have green and gold in her veins.

at the kindness of Matisco, who has tutored students after school with her husband, Joe, and even made many lunches for students.

And with an appreciative look on her face, Muramoto said, "My aunt and uncle went to Kennedy and she sends birthday cards to them every year and they're in their forties."

Despite only having one son, Richard Hunt, Matisco said she has gained many children throughout her time at Kennedy High.

"I actually have many children," Matisco said. "Richard said that if all of my adopted kids come home at the same, I won't have enough room for them."

Although she is only responsible for her registrar duties, Matisco, with the support of her husband, is known by those associated with the school for her longtime support of the school's athletic program.

Rose Koloamatangi, a member of the Kennedy junior varsity

See Neighbor, page 29

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# Shell-shocked love: The delicate art of tortoise care

By ART GERMAN  
The Pocket News  
vcnnews@valcomnews.com

There was once a time when Greenhaven resident Felice Rood, who is beyond doubt Sacramento's leading expert on all things relating to turtles, would have taken a back seat to me when it came to making contact with those quirky, shelled reptiles.

That would have been some time before World War II, when I was, say, 12 years old, and baby Felice was around 3 years old. And it was then that I began raising turtles in our family's Brooklyn, N.Y. apartment, while Felice, just a subway-ride away in the Bronx, had undoubtedly not yet become acquainted with the cute little critters.

In my case, adopting a dog or cat had been taboo where we lived because our landlord wanted it that way. Instead, I had to settle for turtles, which were available at the neighborhood pet shop then for 15 to 25 cents each and could be housed discreetly in a small tank atop my bedroom dresser.

In the end, my turtle experience was a failure because the little critters, red-eared sliders they were called, quickly sickened, stopped eating and died. I bought replacements several times, but the sad outcome was just repeated. Finally, I gave up, and went on to other places and things in the face of World War II and an eventual move to California.

Felice, who founded the Sacramento Turtle Society in 1981, tells me that her childhood experiences with turtles in the Bronx were a lot like mine in Brooklyn. The first turtles she acquired got sick and died just like mine, but – unlike me – she began doing some research into how to handle the little sliders in captivity. Soon, she recalled, they began thriving in the Bronx apartment house where her family lived. She had learned that frequent water changes, a balanced diet, and exposure to sunlight, were key elements to turtle survival.

For her, this was the beginning of a lifetime commitment to the little reptiles. Soon after Felice and her new husband Bill moved to Ohio after World War II, she saved a colony of pond turtles facing incineration after a forest fire broke out nearby. She was able to rescue about a dozen of them, evacuating them to an area that was a safe distance from the fire.

## Home on your back

Later, Felice, Bill and their family of four children moved to Los Angeles where she joined the local turtle society. Finally, they moved on to Sacramento where there was no turtle club in existence at the time. She remedied that absence in 1981 by organizing the Sacramento Turtle Society.

Since then, the organization has grown to 950 mem-

bers, demonstrating that the Sacramento area does indeed have many people who care deeply about turtles and tortoises. Among the benefits that members receive for a \$2 annual stipend is a quarterly newsletter that Felice lovingly composes; it's one of the most entertaining newsletters of any genre that I've ever read. If you read it once or twice, you'll be bound to get very concerned about global warming, pollution and other problems that endanger the turtle population of the world along with the rest of us.

Felice also serves as a kind of house mother and clinical advisor for turtle lovers and keepers in the area, responding to all questions with information gleaned from her years of gathering chelonian data of all kinds. She took umbrage recently at the use among local turtle people of "boxies" as an informal and even affectionate reference to the little reptiles. It was not a term that Felice for her part, viewed with any affection.

"I thought they were talking about men's underwear or a popular breed of dog," she wrote in her spring newsletter. "It did not dawn on me they were talking about box turtles."

She took a dim view that the term may have been gaining popularity, a trend that she viewed as "disheartening and a form of turtle slanguage." In short, don't say "boxie" when you talk with Felice Rood.



Pocket News Photo/Ryan Rose  
Greenhaven resident Felice Rood, pictured here holding one of her tortoise wards, is beyond doubt Sacramento's leading expert on all things relating to turtles.

Four times a year, Felice emcees meetings of the turtle society at the Belle Coolegge library branch on South Land Park and Fruitridge drives where scores of members turn out for turtle swapping, problem discussions and

show-and-tell demonstrations of little pets that come from all parts of the world. The get-togethers reach a climax in August, when the annual Turtlerama is scheduled at Belle Coolegge, attracting hundreds, most of them society members as well others who just want to admire the exotic critters on display.

## At home with the turtles

Felice's home is a monument to her unending commitment to the turtles of the world. She takes in a variety of turtle and tortoises whose owners tire of them or are otherwise left abandoned and in need of a home. When I stopped by at the Rood residence a couple of weeks back, I almost stepped on a large tortoise in the garden before I'd fully digested a warning to watch where I go. The tortoise, named Fat Betty, Felice reported, is an uncanny predictor of the upcoming sum-

See Turtle, page 7

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# Turtle: Rood's home has turned into a turtle sanctuary

Continued from page 6

mer weather. It will be cool, Felice said, because Fat Betty went into hibernation earlier than usual in October.

"That means she expects a cool summer," Felice said.

Elsewhere in the garden, there are a number of compounds where different species of turtle congregate and seemingly enjoy each other's company as they prepare for the mating season ahead.

Most of the Roods' neighbors are aware of the unusual nature of Felice's garden, and most are supportive. Several take the trouble of collecting their own garden snails and dropping them off at the Roods where they become delicacies for the turtles and tortoises. The snails are very nutritious, Felice said. Bel Air market also pitches in by supplying Felice with lettuce trimmings and surplus spinach, all hearty fare for Felice's guests.

Turtles, of course, never make noise, which elimi-

nates potential neighbor complaints. One problem that did come up not long ago involved a raccoon that invaded the yard and mangled several of the turtle pets. Felice solved the problem by buying a disc that duplicated a dog barking whenever the garden door was disturbed at night. The raccoon came once more, the "dog" barked, and the raccoon was never heard from again, Felice reported to her society members in what she calls a "Turtalert" message in her quarterly newsletter.

## Turtle fun this summer

The upcoming summer will no doubt be a busy time for Felice and her turtle society members. The climax will come on Saturday, Aug. 15, when the annual Turtlerama, the 28th since the society was organized in 1981, will enliven the Belle Coolege Library's meeting room. It could be a good date to put onto your calendar.



Pocket News Photo/Ryan Rose

Felice Rood's Greenhaven home is a monument to her unending commitment to the turtles of the world.



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A park full of family memories

# Pocket area resident relates history of Lewis Park property

By LANCE ARMSTRONG  
Pocket News Writer  
vcnnews@valcomnews.com

To many visitors of Lewis Park at 6570 Park Riviera Way, this 3.38-acre Pocket area park is nothing more than a convenient place for recreation and leisure. But then there are others who have a much deeper connection to this site.

And among the people who are the most passionate about the area where the park is located is Riverside/Pocket area native Delores (Silva) Greenslate.

Sitting at a table in her Pocket area home last week, Greenslate explained with a serious tone to her voice her passion for the park site and its nearby surrounding area.

"This was my great-grandfather's land," Greenslate said as she pointed to a large section of a 1908 survey map of the area.

Greenslate, 84, whose great-grandfather was early Pocket-area Portuguese settler Antone Rodrigues Pereira, added that the names Perry

and Lewis are very important names in her family history.

"These are both special names in my family's history," Greenslate said. "The name Perry is the Anglicized version of the name Pereira and the name Lewis (formerly Luiz) came from the man who married my great-grandparents' (Antone Rodrigues and Maria Gloria [Silva] Pereira or "Perry") daughter, Emma."

Born in Faial in the Azores islands of Portugal on March 26, 1831, Antone Rodrigues Pereira, who had worked as a baker in his native land, made his way to the Pocket area in the early 1850s.

Antone, who was described as a tall, strong, hardworking, blue-eyed man, spent many years working as a farmer in the Pocket area.

### Voices from the past

During his early days as a farmer, Antone operated a freight produce business and delivered fruits and vegetables



Photo courtesy of Delores (Silva) Greenslate  
Four generations of Perry family members, shown above, met for a ceremony for the then-new Antone Rodrigues Perry memorial at Lewis Park on Nov. 15, 2003. Also in attendance were members of the Lewis family.

See Lewis, page 9

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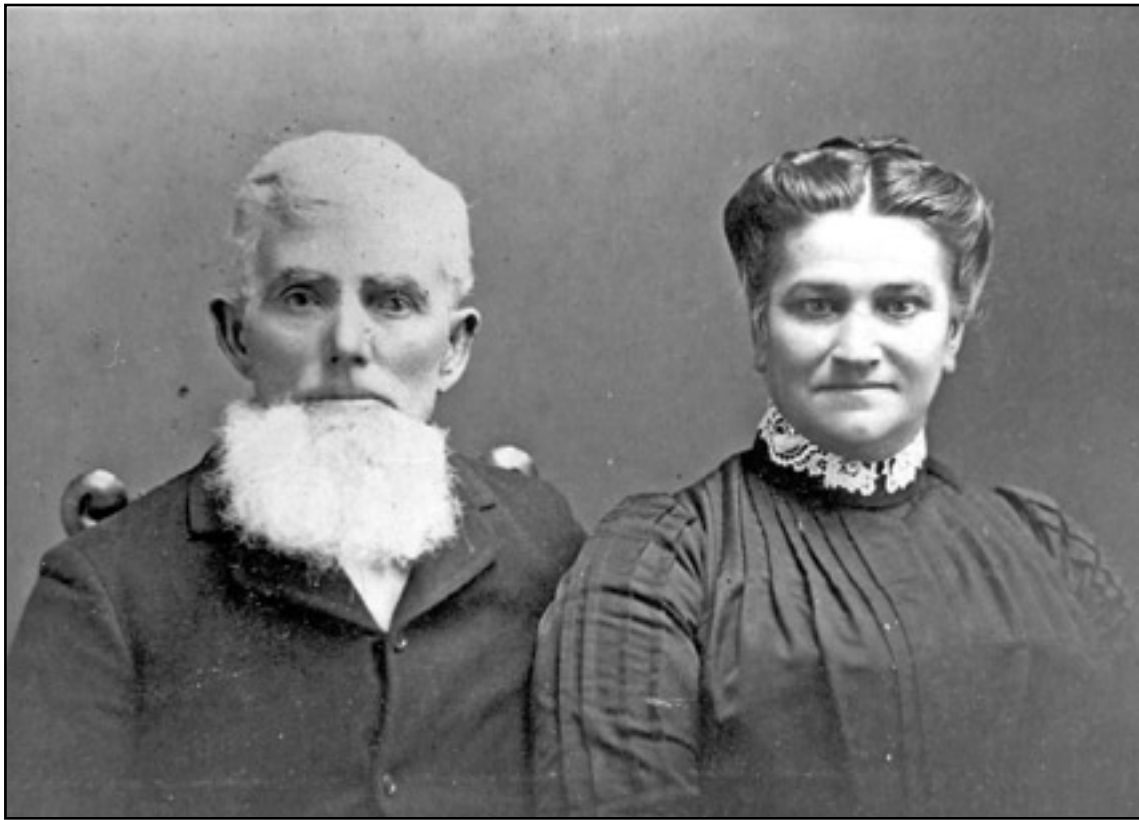


Photo courtesy of Delores (Silva) Greenslate

Antone Rodrigues Perry and Maria Gloria (Silva) Perry are shown in this c. 1890 photograph.



Pocket News Photo/ Lance Armstrong

Pocket area resident Delores Greenslate kneels behind the memorial to her great-grandfather, early Pocket area settler Antone Rodrigues Perry. Greenslate led the efforts to have the memorial placed at Lewis Park in 2003.

## Lewis: The famous Pocket park might have been more correctly named 'Perry Park'

Continued from page 8

to miners in mining communities northeast of Sacramento.

Greenslate said that this business was more of a service to the miners than a way to make a lot of money.

"Because he was a very honest man, he priced his produce so it could be bought readily," Greenslate said.

At the age of 34, Antone married 14-year-old Maria Gloria Silva, who had settled in the Pocket area with her uncle and aunt, Manuel Jose and Maria Madelena Da Rosa, who were also her godparents.

In 1868, Antone Rodrigues Pereira and Manuel Da Rosa purchased about a 44-acre parcel, which included today's park site. Of this acreage, Antone owned 30.82 acres.

Together, Antone and Maria Gloria raised 10 children, including their son, Joe Perry, who farmed on the park site parcel until the death of his father on May 2, 1917.

Greenslate said that the timing of her great-grandfather's death had a bit of an ironic twist to it, considering that he was married on May 2 and had remained unmarried since his wife's death on Jan. 30, 1909.

The name of Emma Perry Luiz (Lewis), the previously mentioned daughter of Antone and Maria Gloria, also

appears on Greenslate's 1908 survey map.

Greenslate said that Emma acquired the land, which was located on the northwest section of today's Lewis Park site, through a deed from the Da Rosas, who desired to assist Emma in being able to marry Manuel Lewis, who did not own property.

"In those days, it was custom that a man owned property and a home before he could ask a girl's father for her hand in marriage," Greenslate said. "But I understand that it was a common law that when a woman married and she had land that it went into community property."

Oddly, Greenslate said, her 1908 map shows that the land was still listed as the property of Emma, when it should have instead been listed primarily in her husband's name.

### Resolving a park naming dilemma

Although Greenslate said she is very proud to be associated with the Lewis name, she added that she believes the park should actually have a different name.

"The park should be named Perry Park, because that was my grandfather's land where the park is located," Greenslate said. "There was just a little alcove (of land) border-

ing his land that belonged to Emma. Manuel Lewis did not own any land, but it was pre-arranged that he would settle on Emma's parcel of land after they married. It doesn't make sense that they named it Lewis Park, since the majority of the land – besides that small alcove – was Perry land."

Greenslate said that the park was named during a city council meeting based on the fact that the Lewis family was the last family to own part of the park site property.

After a failed attempt to have the park renamed, Greenslate raised about \$500 from her family members to place a 2,000-pound memorial boulder at the park. The boulder includes an affixed plaque dedicated to her great-grandfather, Antone Rodrigues Perry.

A ceremony for the memorial, which was held on Nov. 15, 2003 and emceed by Greenslate, was attended by four generations of Perry-Lewis family members and included a speech by District 7 City Councilmember Robbie Waters, who was instrumental in the efforts to bring the memorial to the park.

While recently observing the Antone Rodrigues Perry memorial, Greenslate said, "It's nice for people to know that this was my great-grandfather's land and this (memorial) substantiates that."

Through the efforts of Greenslate, who also completed a project to replace the gravestones in the Antone Rodrigues Perry plot at the St. Joseph's Cemetery at 21st Street and Broadway, visitors of Lewis Park will continuously be treated to a history lesson of what came long before the park and its large green lawns, children's play area, tennis courts and other free public amenities.

## City of Sacramento Parks & Rec Summer Programs

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USDA free lunch available. COST: \$650

- **Ultimate Summer Camp**

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Four field trips, t-shirt, swim days & Jr. Olympics.  
USDA free lunch available. COST: \$325

- **Summer Blast**

Reichmuth Park  
Garcia Bend Park  
William Land Park  
9:00am - 3:00pm  
Outside adventures, t-shirt, daily activities.  
Extra charge for field trip package. COST: \$100

- **Summer Oasis**

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Renfree Park  
Marriott Park  
9:00am - 1:00pm  
Fun chance for kids to get out and meet some friends. COST: \$50



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# The Real Estate Quarterly

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A Special Publication of Valley Community Newspaper, Inc.

## Today's economic realities: Preparing for the unknown

By JOHN WOODALL  
The Real Estate Quarterly  
Special to The Pocket News

Imagine driving along an unfamiliar cliff road that has no guardrail, in a dense fog. A wrong turn could spell disaster. That's today's real estate market. But there are some things you can do during this difficult economic reality. You can educate yourself about this new realty world and adjust your mindset. Here are some practical suggestions for buyers and sellers – a mental framework if you will – that could be the guardrail for your journey through the mist.

### Buyers and Sellers

Whether a buyer or seller, you can start by learning the differences between bank-owned listings (REOs), "short sales" and traditional owner sellers. Get good advice. Work with a seasoned Realtor who can show you how the shifting supply of REO vs. non-REO properties will affect your plans.

Today's Realtor should be able to show you overall market conditions for your area and price range; and show you how things have changed in the last six to eight years and the past few months.

You especially need to be aware of what I call "micro-market" dynamics. The impact of a poor economy and home foreclosures is not uniform across the region. You'll find availability, values and demand being quite different from one neighborhood to another and even the pace of change can vary—hence micro-markets. You need to know what is happening in your neighborhood now.

### Sellers

Sellers should educate themselves about what is happening with the real estate market where they live. Go beyond sales comparisons by gaining an historical perspective; find out whether values have held up or declined, and differentiate between your neighborhood's distressed

and non-distressed properties in good times and bad. Find out, too, if you are competing with ROs. Banks typically value their listings 15 percent to 20 percent below the local market, dragging down the value you of your home.

### Selling within 3 months?

For an owner choosing to sell in the near future, they need to learn about market trends, standing inventory, months of inventory and sales trends. Currently, price is king. Sellers need to be realistic, understand that buyers are in the driver's seat and price their property to be the next sale. An experienced agent can help get them the best deal available but will not be able to get a price that buyers are unwilling to pay.

If the seller has little choice but to sell (difficulty keeping up with the mortgage payments, for example), it's more important to elect the appropriate agent than learn about current market conditions. Select a Realtor who can sug-



Photo courtesy

gest financial options to explore and is experienced at selling homes under trying/difficult conditions; this requires knowledge of what lenders expect and the tenacity and patience to see it through.

### Selling a year from now?

Begin now to educate yourselves about market dynamics. Seek out information about neighborhood trends and don't be afraid to ask a Realtor to help you set up an Internet search that will give you real time information. The goal should be to put yourself in a position to pick the optimum point at which you can get good value for your home that meets your selling objective (such as downsizing).

### Buyers

Buyers need to consider which part of the market segment they will be involved in. Price, neighborhood or function (more bedrooms for example)? Buyer's need to educate themselves about current

market conditions in the market segment that affects them.

Your agent should also help you get qualified with a mortgage lender and even an insurance broker because your personal credit history and claims history can make a big difference in your mortgage rates and insurance premiums

### Buying in the next few months?

With a short time frame in which to buy, it is critical for buyers to be well-prepared and financially prequalified before making an offer. Make sure you select a responsive Realtor and mortgage broker who work well together and are familiar with today's fluid market and on top of the constantly changing lending guidelines.

Due to your time frame, you should avoid short sales because they are usually taking three to

See Market, page 16

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# The Real Estate Quarterly

## Pocket/Greenhaven Residential Real Estate Transactions • First Quarter • Jan.–Mar. 2009

Address	BR /BA	Date	Value	Address	BR /BA	Date	Value
<b>95831</b>				15 RED RIVER CT .....	3 2.5 .....	2009/01/29 .....	260,216
6250 14TH ST .....	3 2 .....	2009/01/12 .....	\$243,000	7578 RIVER RANCH WAY ..	3 2 .....	2009/01/12 .....	296,250
606 BLUE WATER WAY .....	2 2 .....	2009/02/19 .....	154,000	500 RIVERGATE WAY .....	2 1 .....	2009/03/06 .....	135,000
7680 BRIDGEVIEW DR .....	4 3 .....	2009/01/30 .....	449,000	696 RIVERLAKE WAY .....	3 2 .....	2009/02/06 .....	320,000
63 CACHE RIVER CIR .....	3 2 .....	2009/02/09 .....	245,529	748 RIVERLAKE WAY .....	3 2 .....	2009/01/07 .....	356,000
344 CEDAR RIVER WAY .....	3 2 .....	2009/02/18 .....	395,000	6273 RIVERSIDE BLVD .....	3 3 .....	2009/03/06 .....	361,145
410 CEDAR RIVER WAY .....	3 2 .....	2009/03/17 .....	178,530	7064 RIVERSIDE BLVD .....	4 2 .....	2009/02/06 .....	395,000
755 CLIPPER WAY .....	4 3 .....	2009/03/17 .....	375,000	894 ROYAL GREEN AVE.....	3 2 .....	2009/03/16 .....	325,000
651 CULLIVAN DR .....	2 2 .....	2009/03/13 .....	210,000	7270 RUSH RIVER DR .....	2 2 .....	2009/03/25 .....	159,500
5 EASTWIND CT .....	4 2.5 .....	2009/01/26 .....	294,000	7303 RUSH RIVER DR .....	3 2 .....	2009/02/03 .....	219,000
1251 FAY CIR .....	3 2 .....	2009/02/27 .....	383,308	7639 RUSH RIVER DR .....	3 2.5 .....	2009/01/09 .....	275,500
1348 GAGLE WAY .....	3 2.5 .....	2009/03/10 .....	407,000	8111 RUSH RIVER DR.....	3 3 .....	2009/03/11 .....	268,000
6942 GLORIA DR.....	4 2 .....	2009/03/23 .....	230,000	7414 SALTON SEA WAY .....	2 2 .....	2009/03/11 .....	185,000
35 HIDDEN LAKE CIR.....	3 2 .....	2009/01/28 .....	325,000	1351 SAN CLEMENTE WAY	3 2 .....	2009/02/26 .....	324,000
6292 LAKE PARK DR .....	3 2 .....	2009/02/04 .....	279,000	7701 SHORE DR.....	3 2.5 .....	2009/03/05 .....	365,000
618 LELANDHAVEN WAY	4 2.5 .....	2009/01/26 .....	320,000	783 SHORESIDE DR .....	4 3 .....	2009/03/31 .....	350,000
8043 LINDA ISLE LN .....	0 0 .....	2009/03/26 .....	421,500	400 SPINNAKER WAY .....	4 2 .....	2009/01/26 .....	300,000
8045 LINDA ISLE LN .....	0 0 .....	2009/03/19 .....	405,500	80 SPRINGBROOK CIR .....	3 2.5 .....	2009/02/05 .....	355,000
8054 LINDA ISLE LN .....	3 2.5 .....	2009/03/31 .....	413,000	1179 SPRUCE TREE CIR .....	3 2 .....	2009/03/19 .....	243,000
8056 LINDA ISLE LN .....	3 3 .....	2009/01/15 .....	398,000	753 STILL BREEZE WAY ..	4 4.5 .....	2009/03/24 .....	975,000
389 LITTLE RIVER WAY .....	3 2 .....	2009/03/31 .....	245,222	6279 SURFSIDE WAY .....	3 3.5 .....	2009/02/27 .....	525,000
444 LITTLE RIVER WAY .....	3 2 .....	2009/03/27 .....	243,000	6660 SWENSON WAY .....	3 2 .....	2009/02/27 .....	306,000
7481 MAPLE TREE WAY .....	2 2 .....	2009/01/13 .....	65,000	528 VALIM WAY .....	4 3 .....	2009/02/02 .....	450,000
7 MAST CT .....	3 2.5 .....	2009/02/09 .....	340,000	540 VALIM WAY .....	4 2.5 .....	2009/01/14 .....	457,000
7549 MONTE BRAZIL DR .	4 2.5 .....	2009/01/06 .....	175,000	560 VALIM WAY .....	3 2.5 .....	2009/01/02 .....	239,000
7438 MYRTLE VISTA AVE ..	3 2 .....	2009/03/16 .....	204,350	7612 VISTA WAY .....	4 3 .....	2009/03/31 .....	778,000
5 NOAH CT .....	4 2 .....	2009/03/06 .....	255,000	26 WATERFRONT CT .....	2 2 .....	2009/01/13 .....	260,000
102 NORTHLITE CIR .....	2 2 .....	2009/01/20 .....	241,000	7466 WINDBRIDGE DR .....	3 2 .....	2009/03/02 .....	230,500
70 RAMBLEOAK CIR .....	3 2 .....	2009/02/06 .....	310,000	438 WINDWARD WAY .....	4 2.5 .....	2009/01/22 .....	290,000
				330 ZEPHYR RANCH DR .	4 2.5 .....	2009/02/19 .....	287,000

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**271 Rivertree Way.....\$399,900**



# The Real Estate Quarterly

## Single-family home sales, median price showing movement

Special to The Real Estate Quarterly

April showed some fluctuation in median sales price and sales volume. This data, compiled by the Sacramento Association of Realtors, is collected from the MetroList multiple listing services and covers Sacramento County and the city of West Sacramento.

There were 1,707 sales in April, a 1 percent de-

crease from the 1,725 sales last month, but a 17 percent increase over last year's 1,450 sales. REO properties continue to be a defining factor in the inflated rate of sales, this month attributing for over 65 percent of all sales. This percentage, however, has made small declines each month since January, where distressed properties accounted for over 75 percent of sales.

The median sales price moved slightly, decreasing .2 percent from \$167,500 to \$167,100 this month. The current median price is down 29.5 percent from the \$236,888 median price recorded last year. The Total Listing Inventory is also down, showing a 14.2 percent decrease from 6,266 to 5,377 this month. Compared to last year, April shows a 37.6 percent decrease from the 8,612 listings recorded. The Housing Market Supply has decreased 13.9 percent to 3.1 months from last month and 47.5

percent from last year. This figure represents the amount of time – in months – it would take to deplete the total listing inventory given the current rate of sales. According to MLS Data, the average home spent 56 days on market before selling and measured just over 1,660 square feet.

The recent and dramatic fluctuations in the market make for great headlines, but the "bottom" of the market cannot be accurately predicted. Experienced Realtors have learned that the bottom of

the market is only evident after it has passed and trends have already turned positive. The graph below represents the change in single-family home sales, median sales price and FreddieMac 30-year loan commitment rates. The merging of all three near the X-axis suggests a shift in the market.

### Condominium Resale Market

Sacramento condo sales made a 1.8 percent increase from 109 to 111 units. Compared with April 2008, sales are up 8 percent from the 103 units sold. This small number of sales has seen a varying median price in the last few months. A month-to-month comparison shows a 25 percent decrease from \$120,000 to the current median price of \$90,000. This marks a 35 percent from the \$138,500 median price last year. Distressed property sales in April – 70 total – accounted for 63.1 percent of all condo sales.

The Second Quarter numbers for 2009 are based seasonal trends and the April data.

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# The Real Estate Quarterly

## Why now is the right time for you to buy a home

By **TEAM BLACK**  
The Real Estate Quarterly  
Special to The Pocket News

There is so much economic information hitting us from the media and Internet, we can be on overload. Trying to process what it means to each of us can be confusing. Basically, there are two reasons why now is a good time to buy a home: low interest rates and low house prices.

Many people who were priced out of the market during the past several years have approval letters in-hand and are looking for their first home. Low prices also attract investors who are buying second and third properties as rentals.

Because of the increased demand, the listing inventory is down, which means that your choices are fewer than this time last year.

### The scoop on today's market

**Home prices:** According to statistics compiled by the Sacramento Association of Realtors collected from the MetroList multiple listing services, the median sales price moved slightly last month, decreasing .2 percent from \$167,500 to \$167,100 this month. The current median price is down 29.5 percent from the \$236,888 median price recorded last year. The Total Listing Inventory is also down, showing a 14.2 percent decrease from 6,266 to 5,377 this month.

**First-buyer credit:** With the new stimulus bill signed by President Obama in February came several provisions to help foreclosure relief and encourage home sales. One of those key provisions was an amendment to the 2008 Tax Credit. According to

Tim Aderman of VITEK Mortgage, here are the guidelines you need to know about the 2009 Tax Credit:

- + Tax credit is increased to \$8,000;
- + The income limits remain the same: (\$75,000 for an individual; \$150,000 for a couple);
- + First-time homebuyers and principal residences only;
- + Tax credit is available until Dec. 1 (previously it expired on July 1);
- + Waiver of recapture (i.e., no repayment requirement) for properties purchased in 2009 prior to Dec. 1;
- + The provision is retroactive to purchases made on or after Jan. 1, 2009. Recapture section does apply to properties sold in first three years;
- + Waiver of prohibition on financing by mortgage revenue bonds is included.

**New home tax credit:** There is also a new home tax credit offered by the State of California for qualified buyers who meet certain criteria.

### Building wealth

Historically, the best way to build household wealth is to own a home. Once you become a homeowner, you are able to take advantage of the generous tax deductions that homeownership offers, and you begin to build equity in your property.

*What is your best tactic to find that perfect property? Contact an experienced real estate professional. Team Black, the No. 1 in Team Sales and Listing for Lyon Real Estate Downtown for 2008. Contact Team Black online at [TeamBlack.GoLyon.com](http://TeamBlack.GoLyon.com)*

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**Bright and Charming Home in Greenhaven**  
A brick fireplace is the focal point for the family room that opens to a spacious backyard with an area for a victory garden. Loads of storage plus a utility room with more storage. Great care & nurturing was given to the yards. Close to greenbelt... \$349,000  
**Sue Vitiello 212-1215**



**8604 Janon Court**  
Great value, this spacious and well maintained 3 bed, 2 bath w/ RV space is located in a quiet neighborhood. \$115,000  
**John Woodall GRI 421-5421**



**Mid-Century Modern**  
Sunny Eickler Style home features 4 bedrooms, 2 baths, updated 50's retro kitchen, studio or workshop, sunroom and sits on .23 acre lot. You'll love entertaining in this backyard..... \$405,000  
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# Windermere

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**MONA GERGEN 247-9555**



### LOVINGLY CARED FOR

This South Land Park home has everything you'll need! The gleaming hardwood floors welcome you into a formal living room. A separate family room with a gas fireplace is positioned just off of the kitchen. The master suite is spacious and inviting. See [www.7256StanwoodWay.view24hours.com](http://www.7256StanwoodWay.view24hours.com) \$289,000

**KELLIE SWAYNE 206-1458**



### SOUTH LAND PARK

Spacious and open living areas look out to the private gated courtyard area. The remodeled kitchen features newer cabinetry and appliances, granite counters and tile floor. Features a brick fireplace in the living room as well as the master suite. See [www.Windermere.com](http://www.Windermere.com) \$525,000

**CHRIS BRIGGS 834-6483**



### CLOSE TO RIVER AND PARKS

Beautifully remodeled 1 story home on a cul-de-sac. 3 bedrooms/2 full baths w/separate LR & FR. Master w/walk-in closet & remodeled bath. Hardwood floors, marble fireplace, newer roof, dual pane windows in 08. Updated kitchen. Newly painted interior. Close to river and parks. See [www.1000GlowCt.com](http://www.1000GlowCt.com) \$325,000

**MONA GERGEN 247-9555**



### CURTIS PARK COTTAGE

One block from the Park. Step inside and be welcomed by the natural light, open floor plan and stunning cooks kitchen-remodeled top to bottom. Large private landscaped backyard. Remodeled bathroom, refinished hardwood floors, dual pane windows, central heat & air. See [www.windermere.com](http://www.windermere.com) \$349,000

**DAWN O'CONNOR ROWE 799-4835**



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**SHIELA VAN NOY 505-5395**

### ENJOY THE SACRAMENTO RIVER

Located at the End of the Court! Open your Gate and Walk along the River! Beautiful open, light and bright. Large open kitchen & family room, sunken living room, large dining room, romantic master with fireplace. Wonderful views. See [www.19AlstanCt.com](http://www.19AlstanCt.com) \$829,000

**LISA HAVARD-ROTZ 698-3323**

### RARE OPPORTUNITY

The interior is freshly painted. A spacious entry welcomes you to a large living room featuring a pretty fireplace. The remodeled kitchen overlooks family room w/ skylight, fireplace and wonderful view of the sparkling pool. Hardwood floors throughout. See [www.1305LucioLn.com](http://www.1305LucioLn.com) \$525,000

**PAULA SWAYNE 425-9715**

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**MONA GERGEN 247-9555**

### FAIR OAKS CHARMER

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**LINDA WOOD 802-8042**



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# The Real Estate Quarterly

## Knowing when a house is 'your home'

By JEANINE ROZA  
The Real Estate Quarterly  
Special to the Pocket News

Buyers often ask, "How will I know, when I've found my home?" I reply, "You will just know."

Unfortunately, a marching band won't greet you at the front door, there will be no red bow tied around the chimney, and don't be disappointed that a giant "Welcome Home" sign is not on the front lawn, because it will take more effort than that.

So how do you know? Again – you will just know.

Yes, I am a salesperson but this salesperson is not going to try to convince you of something that you don't want. I consider myself more of a listener and educator than someone who is selling a product. My commitment to assess your needs and goals and then provide you with options and information builds a frame of reference for workable strategy and good decision making.

You will know when you are home, because you will have learned as much from viewing homes that you liked as much from those you don't by making comparisons along the way. When you find your dream home, you won't care that it is not as big as you originally wanted, or that it only has one bathroom when you wished for two, because you are ecstatic that the floor plan is amazing, there is endless potential and you can't beat the price for such a fabulous location.

You will know the home is meant for you because you have seen what is out there; you will be well educated on the reality of the market; and, despite making unexpected compromises, you won't care because from the moment you walked in – you were home.

Learn more about real estate and finding the right home at <http://jeanineraza.com>. Contact Jeanine Roza at [roza@golygon.com](mailto:roza@golygon.com).



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# The Real Estate Quarterly

## Market: Pick experience

Continued from page 10

six months to conclude – typically taking 2-plus months just to find out if you are the buyer chosen by the bank. If you're buying an REO, be prepared to move very quickly to make an offer once you find the one that's right for you. This is especially true below the \$200,000 price mark where we are seeing multiple buyers going after the same home. A day's indecision or not being pre-approved can cause you to lose out.

### Buying a year from now?

Well over 80 percent of buyers today spend three to six months "window shopping online" before actually entering the market place. Work with an agent who can provide you with access to the online market place and is available to help you when you need it. Use the time you have to educate yourself about terminology and marketplace trends. And keep in mind that what is true today may not be true a year (or even a few months) from now.

While you familiarize yourself with the market and your choices, this is also a good time to improve your credit rating if possible and aggressively save money so you will be in stronger position when you are ready to buy.

A well-prepared and well-informed buyer cannot control the market place, but can place himself or herself in a position to better pick the optimum point at which they get into the market for a home that meets their objective.

*John Woodall, GRI, SRES is a Broker Associate with LYON REAL ESTATE. He's earned a GRI designation (for advanced real estate education) and is also a Seniors Real Estate Specialist, (SRES). John helps clients with Short Sales, handles REO's and is equally skilled at helping sellers or buyers of homes and investment properties. For more information, please contact John at 916 421 5421 or log on to John@ at [www.john.golyon.com](http://www.john.golyon.com)*

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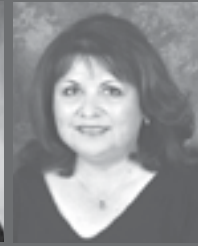
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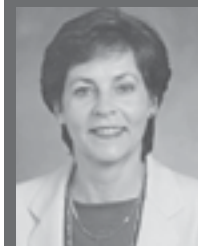
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Dr. Alan Sladky, Optometrist  
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Expires 006/30/09. May be combined with any other offer. Valid only at participating locations. Substitutions may be extra. Coupons cannot be sold, transferred or duplicated. POCKET NEWS

## Buy 1 Get 2nd Pizza at HALF OFF

(Any pizza of equal or lesser value)



Expires 006/30/09. Not valid with any other offer. Valid only at participating locations. Substitutions may be extra. Coupons cannot be sold, transferred or duplicated. POCKET NEWS

## Family Size Pizza for the price of a Medium Pizza

75% more pizza FREE  
(At regular menu price, Excludes Pan Pizza)



Expires 006/30/09. Not valid with any other offer. Valid only at participating locations. Substitutions may be extra. Coupons cannot be sold, transferred or duplicated. POCKET NEWS

## Large Crispy Thin Crust deLITE® Pizza

Our Exclusive Thin Crispy Crust.  
Choose from: Pepperoni, Meat, Veggie, Hawaiian, or 2-Topping.



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## Large Pepperoni or 1-Topping Pizza

Three 100% Real cheeses with 60 slices of pepperoni or your favorite topping.

**\$6.99**



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## FREE

Cheese Bread or Cookie Dough  
with purchase of any family size pizza @ regular menu price.



Expires 006/30/09. Not valid with any other offer. Valid only at participating locations. Substitutions may be extra. Coupons cannot be sold, transferred or duplicated. POCKET NEWS

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# Promenade Center

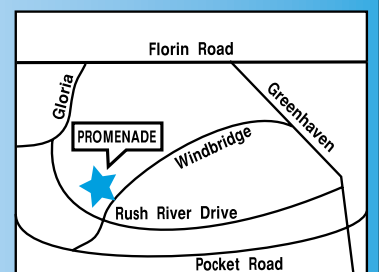
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Self Serve Frozen Nonfat Yogurt  
Over 60 Toppings & Bulk Candy  
and Gourmet Cupcakes  
from Cupcake Craving





# Connecting with the City Council, the community

By **ROBBIE WATERS**  
Sacramento City Councilmember  
Special to The Pocket News

## Sacramento Youth Commission Openings

Interested in getting involved in local government? Two seats for District 7 and four at-large seats for the odd-numbered council districts have opened up, creating six seats for District 7 youth to apply for. Youth Commission is a fantastic opportunity for young people between the ages of 14-19 to learn leadership skills, experience local government and meet other motivated and politically involved youth from throughout the city as they advocate for youth issues. The deadline for applications is May 22. More information and the application form are available from the City Clerk's Office, on the Boards and Commissions page of the Clerk's Web site, and on my Web site.

## Join the July 4th parade committee

The committee is now meeting and planning another great event for 2009. This is the 15th year of the parade. There are many jobs to do, with a variety of tasks to suit your talents. Call Pocket News at 429-9901 or e-mail [volunteer@pocketparade.org](mailto:volunteer@pocketparade.org) for more information. Parade entry forms are now available on my Web site and are due by June 27 to participate@pocketparade.org or drop them off at Pocket News at 2709 Riverside Blvd. or Pocket Custom Framing at 7485 Rush River Dr. #715 in the Promenade Shopping Center.

This year's parade will start at 10 a.m. on July 4 at Lisbon Elementary School and end at Garcia Bend Park.

## Planning a July 4th boating weekend

Please note that the Garcia Bend Boat Ramp will be closed from the evening of Friday, July 3 until 2 p.m. on July 4 to facilitate the Parade and celebration. Alternative ramps are available at Miller Park and Discovery Park.

## Summer jazz concert scheduled

The date for our annual Jazz Concert is Sunday, July 26 at Seymour Park at Southlite Circle. This free event begins

at 6 p.m. and we encourage you to bring your own chairs, a blanket and perhaps a picnic snack or dinner.

## National Night Out

Tuesday, Aug. 4 is National Night Out this year when we celebrate partnerships between law enforcement and communities to keep our neighborhoods safe and deter crime. We always have great events in District 7 including block parties, BBQ's, ice cream socials and more. Neighborhood Associations and Neighborhood Watch groups in need of assistance can call my office at 808-7338.

## Matsuyama wins recycling contest

Congratulations to Matsuyama Elementary School students, staff and parents on winning the citywide contest to recycle the most old phone books, 5,288. Matsuyama was awarded \$700 and recognized by the City Council on May 19. More than 39,000 phone books were collected by 21 schools in the city of Sacramento.

## New Water Intake Facilities proposed

As part of the State of California's "Bay Delta Conservation Plan," up to four new water intake facilities are proposed for the west bank of the Sacramento River in Yolo County, across from the Pocket area. The BDCP seeks to improve water delivery reliability throughout the state and restore the habitat in the Delta, according to documents. Both California Resources Agency and Department of Water Resources are key agencies in-

involved with the plan. Visit my Web site for links to the agencies' Web sites where there is much more information including helpful maps.

Public comment on the scope of the environmental impact report and how those studies should be conducted were due by May 14. You can still e-mail your comments to [BDCPcomments@water.ca.gov](mailto:BDCPcomments@water.ca.gov) or send a letter to Delores Brown, Chief, Office of Environmental Compliance, Department of Water Resources, PO Box 942836, Sacramento, Calif., 94236.

You are welcome to call my office at 808-7338 for more information on this issue.

## City Budget Hearing Update

The proposed city budget for FY 2009/10 is in the works. If you're interested in learning more about the budget for this upcoming year, budget hearings will be held at 6 p.m. on May 19 and May 26 and on June 2, June 9, and June 16. This schedule is tentative, and afternoon meetings are a possibility. Contact the City Clerk's Office for more information at 808-7200. Meetings are held at New City Hall at 915 I Street in the Council Chambers on the First Floor.

## Sprinkler timers

Do you have an old sprinkler timer that is as old as your home? Perhaps you have one of the new timers that have lots of water-saving features but you haven't mastered programming it? There are lots of good reasons for controlling your sprinklers including conserving water, not flooding your land-

scape when it's already raining, and adjusting your sprinklers for optimal landscape health based upon season and weather conditions. Have a free Water-Wise House Call from the City of Sacramento.

Here's how it works: A Utilities Department employee, with identification, will come to your home at a scheduled appointment time and check everything from bathroom faucets to your dishwasher and your sprinkler timer. The House Call employee is familiar with most types of sprinkler timers and can help you learn how to program it, recommend the best strategy for your landscape (some homes have a sunny front yard but a shady backyard for example). They are also familiar with the new timers on the market and could answer questions about how a new timer would work for you. There is no cost for this program and the goal is to help city residents use water efficiently. Again, it's free and you get practical and helpful information about your in-

dividual sprinkler set-up. For more information or to schedule an appointment, please call Ryan Geach at the Department of Utilities at 808-5500. If you'd like a little extra time for your appointment, for example for senior or disabled residents, just let Ryan know and that can be accomplished.

## Boards and Commissions

Please check the city Web page at [www.cityofsacramento.org](http://www.cityofsacramento.org) and click on the Boards and Commissions icon on the left side of the main page for updated information throughout each month on open positions on Boards and Commissions or call the City Clerk's Office at 808-7200. Applications can be found on the Boards and Commissions page.

Councilmember Waters' mailing address is City Hall, 915 I Street, 5th Floor, Sacramento, Calif. 95814. Phone is 808-7338. E-mail is [rwaters@cityofsacramento.org](mailto:rwaters@cityofsacramento.org). Web site is [www.cityofsacramento.org/council](http://www.cityofsacramento.org/council) then choose "Robbie Waters."

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- Photo Gallery
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# Kennedy High building a good thing with ACE program

By **BENN HODAPP**  
Pocket News Writer  
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This past year, Kennedy High School was among several high schools from the greater Sacramento area to send students to live the life of architects, construction workers and engineers.

The ACE Mentor Program (ACE being an acronym for architecture, construction and engineering) is a group of professionals from those fields who come together to teach young people about their pro-

fession and maybe even draw them into that line of work.

Craig Yost, who teaches architecture at Kennedy High School, explained how he got involved with the program.

"I was contacted by the ACE Mentor Program and I thought it would be a great addition to my class instruction," Yost said. He felt that there were parts of his course that could be best covered by outside professionals.

Yost ended up rounding together 17 of his students to participate in the program.

But the program isn't just an excuse to get together and talk about cool buildings.

This year, participating schools were given the chance to completely overhaul an existing building. All schools were told to come up with a new use for an abandoned building using their expertise as architects, construction workers and engineers. The winning school would have their building constructed. This year the governing board chose the PG&E Powerhouse on Jibboom Street in

Sacramento as the building to be worked on by the schools.

The students got together once a week to work on the project beginning in September. Every other week they would meet with industry professionals who would help them to understand all that they would be doing to try and bring their idea to life. Beginning in February, the visits were increased to once per week until the presentation earlier this month.

During the year, the students have the chance to go out and learn about the things they would be doing from industry professionals. They were taken on tours and taught the ins and outs of the business and to help them with ideas for their project.

Freshman Scotty Shijo talked about the early process of coming up with their idea.

"We went around and talked to the (local) community and asked what they would want," he said. Among the most requested were an aquarium, a science center and a museum.

The team compromised and settled on building a natural science museum meant to educate people about the Sacramento area.

"I think we worked together really well," said senior Natalie Su. "At first it went pretty slow, but with a month or so before the presentation we worked a lot."

The presentation she spoke of is where the students bring their

ideas in front of judges from the program, who then decide who made the best plans.

Both Shijo and Su spoke about how they thought the judges were very impressed with their presentation, and it appears that they were. Out of 14 participating schools, Kennedy came in second place, just six points behind first-place Oakmont High School.

Despite falling irritatingly short of the prize, those involved seem pleased with their efforts.

Yost was so pleased with the effort of his students that he has already signed up to take part next year.

"These kids came together and did such a great job," Yost said. "They deserve a lot of credit for their work."

Shijo has agreed to come back next year and Yost said that the team is already 10 strong for next year's program. But second place is not an option in year two, according to Shijo.

"We want to take the win," he said.

As for Su, who initially didn't care much for architecture class, she came to enjoy the project very much.

"I'm upset that we didn't get to participate (in 2007-08)," she said. "It was a really fun thing."

She explained that her favorite part of the project was that it brought her together with people that she wouldn't know otherwise.

The 15 other students from Kennedy High School are: Derrick Ching, Kerrigan Cory, Joseph Craig-Ferraz, Kevin Ha, Curtis Katsura, Taylor Masters, Mark Matney, Martin Pauly, Margarite Perez, George Pierce, Susan Vang, Brian Wan, Casey Wong, Michael Yee and Kevin Yoshihara.

The ACE Mentor Program has affiliates in 30 states as well as Washington, DC. California alone has five affiliates: Los Angeles, Palm Springs, San Diego and San Francisco join Sacramento is bringing this program to high school students.

Schools that are interested in bringing ACE to their school can inquire at the program's e-mail [sacramentoace@gmail.com](mailto:sacramentoace@gmail.com).



## Health and fitness for kids wins big

Second and third grade students from Martin Luther King Jr. K-8 Elementary School celebrated their SEVA Award from SEVA Award Night present on May 7, 2009 at the Crest Theater.

SEVA is the Student Educational Video Awards sponsored by SECC, the Sacramento Educational Cable Consortium. The second and third grade class entered a video titled, "Health and Fitness for Kids," in the K-3 PSA (Public Service Announcement) category.

The children chose their topic based on what they felt was a real need. Some were worried about their grandparent's health, and they thought it would be important to start being healthy early.

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# Betrayed lovers and sword fighting swings in this summer

## City College gets ready for another summer of Shakespeare

By ELIZABETH VALENTE  
Pocket News Writer  
vcnnews@valcomnews.com

"Much Ado About Nothing," a tale of romance, betrayal, death and conspiracy, all set in Messina, Sicily. This William Shakespeare play is set to open in July at the annual Sacramento Shakespeare Festival performed at the William A. Carroll Amphitheatre at William Land Park.

If romantic comedy is not your style, what about an action and adventure with a touch of English history in Scott Lynch-Diggins' adaptation of "Robin Hood."

"Lynch-Diggins wrote this play as if it was written by Shakespeare, using the same style of language, the type of scenes Shakespeare wrote about," explained Festival Coordinator and Director Luther Hanson. "Every season, we try to find shows that have a common theme. Doing this helps people understand the plays better - they know what to look for."

### Connecting with the Classics

Some feel attending an outdoor performance of a play written by one of the world's greatest playwright is lost among today's younger generation.

"I think kids today know more one-liners from fictional characters like the X-Men's Wolverine more than Shakespeare's Beatrice and Benedick, a couple too stubborn to confess their love for one another," said Kay Carlo, theater enthusiast. "That's one story line that never dies."

It's true. For some, understanding Shakespeare can be tough sometimes. For near-

ly 40 years, the Sacramento Shakespeare Festival produced by the Sacramento City College theater program has designed a line up that would complement a viewer's prior knowledge about Shakespeare and attempt to help the younger generation understand the performance.

Dominique Jones, the actress playing Beatrice in "Much Ado About Nothing," said she is up to the challenge.

"You can definitely see when something clicks," said the three-year SCC theater veteran. "You can see the lights go on when they get it, and then they get excited, and they want to be a part of the show."

"I believe people watch reality shows because they enjoy seeing human nature and that is what you see in Shakespeare's plays," said Chris Iwata, dean of the Humanities and Fine Arts Division at Sacramento City College. "Shakespeare's plays have messages and lessons that can be learned today."

### Staging a local comeback

Several would agree the Shakespeare Festival not only provides teens the ability to observe the play they are required to read in school, but it also spotlights the educational theater program at SCC, creates a central arts scene for the city, and it contributes to a growing economy.

"With these economic times supporting the program supports all kind of related industries," said Iwata. "We purchase food, lumber, clothing material and we employ people right here in the city to build the sets. It's an investment in our community."

The set design for each show is minimal, but fitting for the outdoor location. Some say it's like bringing your living room into the small neighborhood park.

"People set up little tables, blankets, an ice chest, you can sit on the grass, lie down, have your dinner and watch the play, it's so comfortable," said Hanson. "We're cheaper than taking the family to the movies. It's about community, family and having fun."

Funding for the festival comes from SCC, ticket sales, private donations and support from the Sacramento Metropolitan Arts Commission. To expand and enhance the festival's reputation, the college has added "Shakespeare Lite," an outreach program that takes plays to outlying areas that might not otherwise experience the festival. They have also started the High School Intern Program, which allows high school students to work alongside the festival's staff in all aspects of production, from scene shop to performance.

"Parents and teachers love this as a learning medium, and it's used to provide a lot of exciting learning activities for the kids," said Hanson.

Whether you are looking to brush up on your Elizabethan, or simply looking for a fun family activity that allows you to dine under the stars among 300 other theater aficionados, the Sacramento Shakespeare Festival is the place to be. For more information on the 2009 season performances go to <http://sacramentoshakespeare.net> or call (916) 558-2228.

### Sacramento Shakespeare Festival 2009 Schedule

**Fri July 3 8:00 p.m.**  
*Much Ado About Nothing*

**Sun July 5 8:00 p.m.**  
*Much Ado About Nothing*

**Fri July 10 8:00 p.m.**  
*Robin Hood*

**Sat July 11 8:00 p.m.**  
*Robin Hood*

**Sun July 12 8:00 p.m.**  
*Much Ado About Nothing*

**Thu July 16 8:00 p.m.**  
*Robin Hood*

**Fri July 17 8:00 p.m.**  
*Much Ado About Nothing*

**Sat July 18 8:00 p.m.**  
*Robin Hood*

**Sun July 19 8:00 p.m.**  
*Much Ado About Nothing*

**Thu July 23 8:00 p.m.**  
*Robin Hood*

**Fri July 24 8:00 p.m.**  
*Much Ado About Nothing*

**Sat July 25 8:00 p.m.**  
*No performance - Ice Cream Social*

**Sun July 26 8:00 p.m.**  
*Robin Hood*

**Thu July 30 8:00 p.m.**  
*Much Ado About Nothing*

**Fri July 31 8:00 p.m.**  
*Robin Hood*

**Sat Aug 1 8:00 p.m.**  
*Much Ado About Nothing*

**Sun Aug 2 8:00 p.m.**  
*Robin Hood*



Photo courtesy

## Rotary Honors Local Businessperson

The Rotary Club of Pocket/Greenhaven recently awarded its Vocational Service Award for Small Business Excellence to Amy Eddy, Owner/Manager of the Curves in the Promenade Shopping Center at the corner of Windbridge and Rush River. Eddy, pictured third from right holding award, works tirelessly on projects that benefit not only the local community, but the Sacramento area at large. Through her leadership, she and her Curves members participate in The Annual Pocket 4th of July Parade; Coats for Kids; Breast Cancer Awareness and Walk; the off-season food drive benefiting the Sacramento Interfaith Partnership; collecting books for the Friends of the Library annual book sale; just to name a few projects.

Curves has been located in the Promenade Shopping Center since it opened in 2001. Eddy has managed it since it opened and last year she and her husband purchased it from the previous owner.



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# CALENDAR

## GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail [ryanrose@valcomnews.com](mailto:ryanrose@valcomnews.com). Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost.

## MAY

### Bridal gown, prom dress expo

The Sacramento Discovery Shop presents a Bridal Gown and Prom Dress Expo featuring fabulous, affordable wedding dresses and outfits for mothers-of-the-bride and flower girls. Also featured will be prom dresses and formals. Proceeds go to the American Cancer Society. The Discovery Shop is located at 2744 Marconi Ave. The shop is open Monday through Friday from 10 a.m. to 6 p.m., Saturday from 10 a.m. to 5 p.m. and Sunday from noon to 5 p.m. Volunteers are needed for Friday, Saturday and Sunday. For more information, call 484-0227.

### Free Photo Gallery Show

Come and visit the Marjorie R. Smith Walk-Through Gallery located at Coloma Community Center, Sacramento, CA 95815. Throughout the month of May, Christa Harmon, a local photographer, will be showing her work in Landscapes and Abstractions of Nature. Gallery hours are Monday through Friday, 8:30 a.m. to 9 p.m. Receptions are held Friday and Saturday from 5-7 p.m. This is a free event.

### African art at Central Library

A special exhibition of traditional African art will be on display, now through Sunday, June 14, at the Central Library, 828 I St., Sacramento. The beauty of African art is simply an element of its function. Objects of daily use, such as bowls, containers, baskets and boxes, are also aesthetically pleasing, being carefully made and often beautifully decorated. For more information, telephone the Sacramento Public Library at 264-2920 or visit [www.saclibrary.org](http://www.saclibrary.org).

## MAY 22

### Carmichael Oaks Educational Series

Learn about providing complete medical information that can assist emergency personnel in administering the proper medical treatment in this special educational series hosted by Carmichael Oaks, 8350 Fair Oaks Blvd., at 10 a.m. RSVP at (916) 944-2323.

## MAY 23

### Sink or Swim Cardboard Boat Race

The Arden Manor Recreation and Park District is celebrating summer by opening the Deterding Pool complex, 1415 Rushden Dr., with a splash. Arden Manor Recreation and Park District is hosting the first Sink or Swim Cardboard Boat Race to be held at noon. There will be live music, BBQ, games and a boat showcase before the races begin. Teams of all ages are invited to participate in this fun event for the whole family. For the success of this event, we would love to extend an invitation to take the "Sink or Swim" Challenge and register a boat in the races.

## MAY 27

### Carmichael Oaks Educational Series

Learn about fraud targeted toward seniors in this special educational series hosted by Carmichael Oaks, 8350 Fair Oaks Blvd., at 3 p.m. RSVP at (916) 944-2323.

## MAY 28

### FOL Board Meeting

There will be a Pocket-Greenhaven Friends of the Library board meeting at Lisbon Elementary School, 7555 S Land Park Dr., from 6:30-8 p.m. and the community is invited to participate.

### Volunteer Recruitment Coffee

Want to give back to our community and have fun, too? Become a volunteer at the Casa Garden Restaurant, supporting the Sacramento Children's Home, in Curtis Park, since 1974. For more information, please join us on Thursday from 9:30 to 10:30 a.m. The restaurant is located at 2760 Sutterville Rd., up the hill from Sacramento City College, off of Highway 99. Please RSVP to 452-2809.

### Dementia Training

A special learning event on dementia will be offered by Primrose Living Fund from 1:30 to 2:30 p.m. at ACC Park City, 7375 Park City Dr. This event will focus on questions and answers concerning the brain. Please RSVP with ACC Park City at (916) 393-9026 ext. 222.

## MAY 30

### Arts in River Park

Held Saturday from 9 a.m. to 4 p.m. at the Scottish Rite Masonic Center, 6151 H St., this free event will include exhibits of local artisans and organizations, hand-crafted items available for purchase, food, healing arts, live entertainment and children's hands-on activities. For more information, visit [www.artsinriverpark.org](http://www.artsinriverpark.org).

### Annual SPCA Doggy Dash

The Sacramento SPCA will hold its 16th Annual Doggy Dash and Bark at the Park Festival. Registration begins at 7:30 am; run/walk begins at 9 am; festival begins at 10 am at William Land Park (Village Green Area). Registration is \$25 before May 22, \$30 thereafter. Or form a group and register as a fundraising Pack for \$40 per person. Children eight and under are free. Free parking is available at Sacramento City College on Sutterville Road. For more information or to register, visit [www.sspca.org/doggydash](http://www.sspca.org/doggydash), call (916) 383-7387, ext. 9102 or e-mail [specialevents@sspca.org](mailto:specialevents@sspca.org).

### Fairytale Town Goes Green

Fairytale Town will celebrate its 50th anniversary by going "green," 11 a.m. to 3 p.m., 3901 Land Park Drive. Several Sacramento-area environmental organizations will have displays and interactive demonstrations, and there will be hands-on educational activities that teach children to practice responsible conservation techniques. The event will also feature green art -- art made from recycled materials. Admission is \$4.50, free for children under 2. For more information, call 808-8886, or visit [www.fairytaletown.org](http://www.fairytaletown.org).

### McClatchy Class of 1963 46th

#### Year Reunion

To be located at an eight-acre private residence at 7260 Pocket Rd., the price is \$55 per person in advance or \$65.00 at the door. The theme is Rock n' Rollin' Barn Party with Catered BBQ. Guests can dance to "oldies" with the Jay Rolerz Band. Clothing is casual. The event starts at 5 p.m. and dinner begins at 6 p.m. A no-host bar will be available. Also available is a reunion photo memory book for \$20. For more information, call 600-8042.

### Effective job search in a tight economy

First Christian Church is offering a series of free seminars to help people to find work and to obtain career counseling. The sem-

inars will be held on Saturdays, beginning on May 30. The dates will be: Saturdays, May 30, June 6, 13, 20 and 27. Each week the sessions will begin at 9:30 a.m. and last for approximately 2 hours. First Christian Church is located at 3901 Folsom Blvd. Admission and materials will be offered for free as an expression of God's love. For questions, or to preregister, call 452-7661.

## MAY 30-31

### Chrysanthemum Rooted Cutting Sale

Spiders, Quills, Anemones -- hmmm -- sounds like a list of creepy creatures! But no, they are just some of the 13 chrysanthemum varieties that will be available at the Sacramento Chrysanthemum Society's annual sale May 30 and 31 at the Windmill Nursery in Carmichael. The hours for the sale are Saturday, May 30, 9 a.m.-4 p.m. and Sunday, May 31, 9 a.m.-3 p.m. Windmill Nursery is located at 5750 Windmill Way in Carmichael at Manzanita and Windmill Way. For more information, call 988-6081.

## JUNE

### Pops in the Park

Councilman Steve Cohn and the Pops in the Park Committee are pleased to present the 15th annual "Pops in the Park" summer concert series. All concerts are free and open to the public and begin at 6:00 p.m. Food and beverages will be for sale. People should bring lawn chairs or blankets for seating. The concerts are June 6 with the "The Q Balls" at East Portal Park, 51st and M streets; June 13 with "Aaron King and The Imperials" at Glen Hall Park, Sandburg and Carlson drives—and a Second Saturday showcase featuring Rob in Leddy Giustina; June 20 with George Bruno Big Band at Bertha Henschel Park, 45th Street and Brand Way—also Sidney Pope and Onion Awards and wading pool open for free; June 27 with Kate Gaffney at McKinley Park, 33rd and H streets. For additional information, please visit [www.eastsacpopsinthepark.com](http://www.eastsacpopsinthepark.com) or call (916) 808-5240.

### Art at SFCA

The Sacramento Fine Arts Center presents "Inner Views" from June 9 through June 27. The event is sponsored by the Northern California Arts. The show will present original artwork by local artists. Visit the Sacramento Fine Arts Center at 5330-B Gibbons Dr., Carmichael. Visit them online at [www.sacfnearts.org](http://www.sacfnearts.org).

## JUNE 1

### Deadheading at Dusk

The Old City Cemetery Committee will be at the Historic Rose Garden tidying up the spent flowers on from 6:30-8:30 p.m. We will be offering instruction on how to do it and serve light refreshments. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. For information, please call (916) 448-0811.

## JUNE 2

### Casa Garden Wine Social

Held at the Casa Garden Restaurant, 2760 Sutterville Rd., the Wine Social will be on Tuesday at 11:30 a.m. Sample wine and hors d'oeuvres and listed to speaker Tripp Harrison as he describes "Becoming a Sommelier." Harrison is the sommelier at Biba's. Entrée selections are Chicken Sonora or Asian Noodles with Chicken and Vegetables. The dessert will be Strawberry Margarita Torte.



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Tickets at \$16 per person and include tax and gratuity. Tables can be reserved for parties of 6 or more and one form of payment for group. For reservations, call 452-2809.

## JUNE 3

### Understanding memory loss, part 2

In the second of a special two-part learning series sponsored by Sunrise Assisted Living, part 2 focuses on resources for diagnosis and treatment and innovations in research. The event will be held at the Carmichael Library, 5605 Marconi Ave. from 5-6:30 p.m.

## JUNE 6

### Learn to cool home efficiently

A SMUD Energy Specialists will provide information about your home's energy efficiency possibilities and recommend strategies to help you keep cool during the hot Sacramento summer. Held at the SMUD Customer Service Center, 6301 S St. in the Rubicon Meeting Room, the workshop will run from 9 a.m. to 12 p.m. The workshop is free. Class size is limited and pre-registration is required. Customers can register online at [smud.org](http://smud.org), e-mail [etcmil@smud.org](mailto:etcmil@smud.org), or call 732-6738. For more information, e-mail Paul Gillaspay at [pgillas@smud.org](mailto:pgillas@smud.org).

### Consumer computer class

Held Saturday at 10:15 a.m. at the Central Library, 828 I St., is the forum "Medical Information on the Internet." Attendees will learn to find medical information they can trust and become better health consumers. The class will cover several medical online and library databases which have current medical information, video footage, diagrams and articles that can further augment consumers' medical and health information needs.

### Community Father's Appreciation Fair

The third annual Community Father's Appreciation Fair will take place at Riverside Wesleyan Church, 6449 Riverside Blvd., from 11 a.m. to 4 p.m. There will be cars, boats, trucks, U.S. Army, Marines and Navy, kid's face painting, bounce house, food, Western Martial Arts Academy demonstrations, Lexus of Roseville, Sacramento Sierra Red Cross, Hubacher Cadillac, live music by the "Riverside Rockers," and more. Would you like to show your special car, boat or truck? Call 391-9845 to reserve your space. There is no fee to participate.

### Pioneer Grove History Tour

This Saturday morning tour will feature a narrated walk to the "Pioneer Grove," owned and maintained by the Sacramento Association of Pioneers since 1861. The tour commences at 10 a.m. from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. For tour information, please call (916) 448-0811. Tours are free though donations for the restoration of the cemetery are greatly needed and appreciated.

### Jensen Garden Volunteers

Friends of the Jensen Botanical Garden hold garden workdays one Saturday of every month from 9 a.m. to 1 p.m. The next workday is Saturday June 6. Bring work gloves, hand pruners and your lunch. Come join with other volunteers to keep the garden beautiful all year. Other workdays in 2009 are July 11, August 8, Sept. 5, Oct. 3, Nov. 7, Dec. 5. The Jensen Garden is located at 8520 Fair Oaks Blvd. in Carmichael. For more info, call Tracy Kerth at 485-5322 ex23 or email [tracy@carmichaelpark.com](mailto:tracy@carmichaelpark.com).

### SPCA Thrift Sale

The Sacramento SPCA Thrift Store Annual Spring Boutique Sale will feature specially-selected high-end merchandise including silver jewelry, gifts and collectibles, fashions, books, housewares, linens, electronics and more. The event is Saturday from 10 a.m. – 5 p.m. and Sunday, June 7 from 12 – 5 p.m. The Sacramento SPCA Thrift Store is located at 1517 E Street in Sacramento. Proceeds from the SPCA Thrift Store support animal care and spay neuter programs at the Sacramento SPCA. The SPCA provided care to more than 12,000 homeless animals and altered nearly 13,000 animals in 2008 alone. For more information: Call the SPCA Thrift Store at (916) 442-8118.

### Critter Carnival

Held Saturday from 11 a.m. to 2 p.m. at the Greenhaven Lutheran Church, 475 Florin Rd., is the Critter Carnival. Bring your pets and visit with the SPCA, sample gourmet pet treats and people treats (Hot Dogs), meet pet walkers and groomers, check out the horse back riding, and take in a bird demonstration. This is a free event.

## JUNE 6-7

### Carmichael Band Festival

The Sacramento Valley Symphonic Band Association presents the annual Carmichael Park Community Band Festival at the Carmichael Park Amphitheater, 5750 Grant Ave. in Carmichael. This is a free event. There will be a community band, one every hour on the hour, both days from 1 to 6 p.m. Saturday and 11 a.m. to 6 p.m. Sunday. Bring the entire family, a picnic, lawn chairs, and enjoy a lovely afternoon of music under the shade trees. For more information, call 489-2576 or visit [www.sacwinds.org](http://www.sacwinds.org). More information is also available at 485-5322 or [www.carmichaelpark.com](http://www.carmichaelpark.com).

## JUNE 7

### Special local speaker

Held Sunday at 11:30 a.m. at the Sierra Arden United Church of Christ, 890 Morse Ave., come Hear Local Author Ted Robinson read from his book, "Water in My Veins: the Pauper Who Helped Save a President." This event is free admission. For more information, call 483-5501.

## JUNE 9

### Travel abroad

Attend a free information session about the Oaxaca, Mexico, Travel Study Program offered through Sacramento State, College of Continuing Education, 6 to 8 p.m. in Napa Hall, 3000 State University Drive East. Participants of the two-week program will attend educational seminars, guided weekend tours to archeological sites, and strengthen their Spanish language skills while earning three units of undergraduate or graduate credit. For more information, call professor Peter Baird at 278-4916, or visit [www.edweb.csus.edu/bmed/mexico](http://www.edweb.csus.edu/bmed/mexico).

## JUNE 11

### Computer Club Meeting

Mission Oaks Computer Club will meet from 1-3 p.m. at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. Subject will be Picasa 3 Update to the free Google program for managing digital images by Ann Kerr. A question and answer session will follow the meeting. Visitors are welcome. For additional information, call

366-1687 or visit <http://missionoakscomputerclub.org>.

## JUNE 13

### Effie Yeaw Ice Cream Social

Held on Saturday from 6:30 p.m. to 9:30 p.m., this event is a fundraiser to benefit the Effie Yeaw Nature Center. The event will also feature stories from Ted Robinson, a well-known speaker and author of "Water in My Veins: the Pauper Who Saved the President," his memoirs of serving in the military with JFK. Ice cream and other refreshments in the Robinson's lovely garden in the Arden-Arcade area. Call (916) 489-4918 to make your reservations. Tickets are \$25 per person and limited to ages 14 and older.

### Susan Peters at the Park

County Supervisor Susan Peters will be holding "Office Hours" on Saturday afternoon in East Sacramento immediately before the popular "Pops in the Park" summer concert begins at Glen Hall Park in the neighborhood of River Park. Peters will set up a table at the park for residents who wish to drop by and discuss with her items of interest between 4 and 5:30 p.m. No appointment is necessary; visits will be handled on a first come first served basis.

## JUNE 13-14

### Annual Nihiren Bazaar

Held on Saturday and Sunday from 11 a.m. to 5 p.m. at 5191 24th St., the annual Nihiren Bazaar will feature games, raffles, ice cream, chicken teriyaki, tempura, noodles, sushi, music, hula and more. The event is open to the public.

## JUNE 17

### Genealogy Meeting

The Genealogy Association of Sacramento will hold its June Meeting on June 17 at 1 p.m. in the Belle Cooledge Library 5600 South Land Park Dr. The speaker for the meeting will be Dr. Bob La Perriere. He will speak about the Health issues for Women on the Overland Trail and Gold Rush medical issues. The meeting is free. Questions: Call Melanie Howard at 383-1221.

## JUNE 20

### Alive at 25

This program saves lives by changing the attitudes of 15 to 24 year old drivers toward risk taking behaviors. (\$40 fee) Saturday, from 10 a.m. to 2 p.m. at the Safety Center, 3909 Bradshaw Rd., Sacramento, CA 95827. Alive at 25 is offered every third Saturday each month and space is limited. Register online at [www.safetycenter.org](http://www.safetycenter.org) or call 438-3385.

### Scholarship Fundraiser

Hosted by the Italian Catholic Federation, Holy Spirit Branch is the 419 Scholarship Fundraiser. Enjoy an Italian Dinner with pasta, salad, and bread prepared by Sampino Fine Foods at the Holy Spirit Elementary School Cafeteria, 3920 West Land Park Dr. The event is from 5 p.m. to 8 p.m. Tickets are \$10 for adults and \$5 for kids in advance; at the door, tickets are \$12 for adults, and \$5 for kids. For more details, contact Gloria Lo Giudice at 208-5598.

### "What's Blooming in the Cemetery"

Our beautiful Hamilton Square Garden will be featured on this Saturday

morning tour at the Sacramento Historic City Cemetery. The tour commences at 10 am from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. For tour information, please call (916) 448-0811. Tours are free though donations for the restoration of the cemetery are greatly needed and appreciated.

### Computer consumer class

Held Saturday at 10:15 a.m. at the Central Library, 828 I St., is the forum "Company and Industry Research." Participants will learn how to use the library's databases to find information on companies and their industries. Specific searches will include how to obtain contact information, company profiles, company financials, market share, industry overview, and trade journal articles. The class will take an in-depth look at Gale's Business and Company Resource Center and General Business File. It will also cover Reference USA and Morningstar.

## JUNE 25

### Senior Legal Hotline Workshop

Supplemental Nutrition Assistance Program, formerly known as "food stamps." Learn about how the program is changing, and how you may be one of the thousands of seniors missing out on this extra assistance. 1pm. Ethel Hart Senior Center, 915 27th Street. Free. 808-5462.

## JULY 4

### Fun Run/Walk

It's time for the 14th annual 4th of July Fun Run/Walk at Matsuyama Elementary. Everyone is invited to attend this community and family oriented event, which raises funds for the 2009-2010 sixth graders to attend the Sly Park Environmental Science Camp. The Fun Run/Walk is a 5K/8K event that take place on Saturday, July 4th. The race begins at Matsuyama Elementary School, 7680 Windbridge Drive. Check in begins at 7 a.m. and the race start time is 8 a.m. Fees are \$15 includes event T-shirt before May 22; after May 22, the fee is \$20. For more information, please contact Poh-Ling Oon at 424-0873.

### Carmichael's Gala Parade and Fireworks Show

Begin your 4th of July celebration by attending the pancake breakfast (7am - 11am) at Carmichael Park, sponsored by the Kiwanis Club of Carmichael. After, walk over and enjoy the Annual Elk's Club Parade (10:30 am) featuring many wonderful community floats, marching bands, equestrian entries, military units, antique automobiles, and much more! The parade route starts at Marconi/Fair Oaks and continues down Fair Oaks Boulevard to Cypress/Manzanita. The Grand Stand is located across the street from Carmichael Park, 5750 Grant Avenue. Don't miss out on one of the Largest and Oldest parades in the region! For more information on float registration email Jim Warrick at [jdwarrick@lanset.com](mailto:jdwarrick@lanset.com) or call the Elks Lodge at 489-2103.

## JULY 23

### Senior Legal Hotline Workshop

Reverse Mortgages. Are they as good as the brokers offering them make them sound? How do they work? How can you determine if one may work for you? 1 p.m. Ethel Hart Senior Center, 915 27th St. Free. 808-5462.

## MONDAYS

### Tai Chi at Hart Center

Chinese exercise combines specific movements and relaxation, 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St. Instructor, Mamie Woo. Information at 808-5462.

### Hatha yoga class

Instructor Pat Shaw teaches students to align the body through breathing techniques, postures and deep relaxation, 3 to 4 p.m., Hart Senior Center, 915 27th St. Information at 808-5462. Repeats Wednesdays, Fridays.

### Gray Eagles meet

Gray Eagles, a social group for men and women, hears guest speakers on air shows, flying and warbirds, 11:30 a.m. to 1 p.m., second Mondays of the month. Visitors welcome. Free, at the Hometown Buffet (private dining room), 4300 Florin Road. Information at 421-0844.

See more Calendar, page 28

## Community Worship Greenhaven Lutheran Church

475 Florin Road (at Gloria Dr.) • 428-8449

Sunday Worship Service: 8:00 am & 10:30 am  
Bible Class & Sunday School: 9:15 am • Hmong Worship: Sundays 7pm  
Taize Prayer & Worship Service: 7pm, 3rd Friday of every month  
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## Faith Presbyterian Church

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Worship Sunday 9 and 11 am  
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Sunday Worship Service: 10:30 am

Bible Class: 9:00am

5700 South Land Park Drive & 35th Avenue 421-0492

## Riverside Wesleyan Church

6449 Riverside Blvd. • 391-9845

Sunday School: 9:15 am • Sunday Worship: 10:30 am • Wed. Evenings 6:30 pm.  
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# CALENDAR

## MONDAYS

### Newcomer's Buffet

The Widowed Persons Association of California invite any and all widows and widowers to attend their Newcomer's Buffet and Social at 5:30 p.m., every third Monday, at the Plaza Hof Brau, El Camino at Watt Avenue. The cost varies as the choice is from a no-host buffet menu. For more information, call 972-9722.

### Toastmasters meet

Guests always welcome at Klassy Talkers Toastmasters to have fun while improving speaking and leadership skills, 7 to 8:30 p.m., Executive Airport 6151 Freeport Blvd., 95822. Information: Jan at 284-4236 or [www.sacramentotoastmasters.com](http://www.sacramentotoastmasters.com).

### Co-Dependents Anonymous

Co-Dependents Anonymous meets, 7:30 p.m., Friends Church, Fireside Room, 41st and E streets. This 12-step group is for people whose common problem has been an inability to maintain healthy relationships. We support each other in developing fulfilling relationships. For more information, call 558-0448.

## MONDAYS

### Evening Tai Chi class

Sixty-plus minute class includes Yang style Tai Chi, Chi Gong exercises, and strength training using elastic bands, 6:30 p.m., Parkside Community Church, 5700 South Land Park Drive. Open enrollment - join anytime. Cost: \$15 a month for members, \$20 for non-members. Information: 421-0492.

### Girls-only karate

Karate for girls ages 7 and older, 6:30 to 7:30 p.m., Elks Lodge No. 6, Riverside Boulevard at Florin Road. Meets Mondays and Wednesdays. Information at 470-9950.

### Aviator interest

Gray Eagles, a social group for men and women who share stories of military or sport aviation -- for former air or ground crew, or anyone interested in B-17s, Reno races, and airshows. Free. Meets second Monday, 11:30 a.m. to 1 p.m., at Hometown Buffet, 4300 Florin Rd. (private dining room). Information from Lou at 421-0844.

## TUESDAYS

### Pastel landscapes class

Award-winning pastel artist Reif Erickson teaches a four-step process to creating art. Supplies provided for the first session and students provided with a materials list for further lessons. From 2:30 to 5 p.m., Ethel Hart Center, 915 27th St.; \$25 per lesson. Information at 808-5462.

### Free Medicare counseling

Health Insurance Counseling & Advocacy Program (HICAP) offers free, unbiased information and assistance with

Medicare problems, help with health and long-term care insurance. HICAP does not sell, endorse, or recommend insurance. Appointments are every Tuesday with John Gallapaga, call 376-8915 to schedule an appointment. For appointments in Spanish, call Marta Erismann at 231-5110.

### Food Addicts Anonymous

Food Addicts in Recovery Anonymous meets, 9 p.m., Lutheran Church of Our Redeemer, Fireside Room, 4641 Marconi Ave. A 12-step group for people struggling with obesity, food obsession, or eating disorders. For more information, call 1-800-600-6028.

### Women's networking

Soroptimist International of Sacramento South, a service club for business and professional women for 47 years, meets second and fourth Tuesdays, 12:15 p.m., for lunch and programs at Aviators Restaurant, Executive Airport, 6151 Freeport Blvd. Fundraising, networking, community service. Information: President Colleen Truelsen, 429-9901, email: [colleen@valcomnews.com](mailto:colleen@valcomnews.com).

### Barbershop Harmony

Sacramento Capitolaire Barbershop Chorus rehearsals, 7 p.m., Sierra Arden United Church of Christ, 890 Morse Ave. Open to "men who like to sing." Call Joe Samora for details, 631-9848.

## WEDNESDAYS

### Community sing-along

Harmonize on old hymns and folk songs, just for our own pleasure. Shower singers are welcome! Wednesdays 6:00-8:00 p.m., June 10 through August 26. Unitarian Universalist Society of Sacramento, 2425 Sierra Blvd. Free. Information: 457-4527, daytime.

### Pole walking clinic

Free pole-walking clinic sponsored by Cure Arthritis Now, every Wednesday morning - demo poles provided for use during your first clinic. Call 208-8700 for details of times and locations. Come learn a new way to exercise and get healthy.

### Chair yoga at Hart

Yoga instructor Pat Shaw leads chair yoga with exercises aimed to keep older adults strong, limber and relaxed, 1:45 to 2:45 p.m., Hart Senior Center, 915 27th St. Information at 808-5462.

### Toastmasters Club

River City Speakers Toastmasters Club meets at noon at Coco's Restaurant, 1830 Arden Way. All area business people invited to hone their speaking skills; meeting ends at 1:15 p.m. Information: 747-8282.

### Co-Dependents Anonymous

Co-Dependents Anonymous meets, 7 p.m., Friends Church, Fireside Room, 41st and E streets. This 12-step group is for people whose common problem has been an inability to maintain healthy relationships. We support each other in developing fulfilling relationships. For more information, call 558-0448.

### Free dessert for seniors

The Senior Wednesday Club meets to chat, play bridge, pinochle or bingo, 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Drive, Carmichael. Bring a brown-bag lunch -- free coffee, tea and dessert. Information from Myrt at 348-8114.

### Memory Seminar

Merrill Gardens is offering a "Memory Enhancement" seminar from 2:30 to 4 p.m. at 6350 Riverside Blvd. This is an ongoing series the second Wednesday of every month. Refreshments will be served.

### Businesswomen's network

Referrals Plus, a networking group of businesswomen, meets, 12:15 to 1:30 p.m., in the Pocket area. Information and reservations with Chris, 492-6278. Website: [www.referralsplus.com](http://www.referralsplus.com).

### Dance at Mission Oaks

The Sensible Sounds Dance Band plays everything from rock to swing to country, 7 to 10 p.m., Mission Oaks Community Center, 4701 Gibbons Drive. Cost is \$7 per person. Information at 972-0336 x 228.



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**ERRAND RUNNER**  
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# Neighbor: Matisco began working at Kennedy in 1973

Continued from page 5

girl's basketball team, related her appreciation for Matisco's support of her team.

"She sells tickets at the door and she made and gave cookies to us (at a game), so we would have a good game," Koloamatangi said. "She's one of the nicest people I've met here so far (at Kennedy)."

Another Kennedy basketball player, Leslie Leong added, "She's really bubbly and always saying, 'hi,' to us and she always brings us surprises."

Kennedy High senior C.J. Brown, a member of the boy's varsity basketball team, added, "She is just always very friendly with everybody."

As a tutor and one who has a general care for Kennedy High students, Matisco has gained the title of "grandma" to many students.

"They call me 'grandma' here and I have a great relationship with the students," Matisco said. "I help the kids out however I can and I don't believe in shaking hands. I give everyone hugs."

In explaining her love for Kennedy High and its past and present students, Matisco is quick to credit her parents and teachers, who raised her with a strong work ethic and a respect for others.

"I grew up and worked on my father's farm in Weeping Water, Neb. (35 miles east of Lincoln, Neb.) and I learned responsibility real quickly," Matisco said. "My parents were very proud about my accomplishments in high school and felt that it was the result of their teachings and the excellent instruction that I received from my teachers."

Looking back on her storied career at Kennedy High, Matisco said that she will always cherish her many fond memories and friendships that she established at this Pocket area school.

"My memories and friendships associated with families and staff at Kennedy High School are priceless treasures that I will hold onto forever," Matisco said. "I will always be a (Kennedy High) Cougar,

because I have green and gold in my veins."

*Do you have special memories of Jan Matisco? Send them to ryanrose@valcomnews.com and we will publish your recollections at a future date.*



*"They call me 'grandma' here and I have a great relationship with the students... I help the kids out however I can and I don't believe in shaking hands. I give everyone hugs."*  
**- Jan Matisco, Kennedy High's longtime student registrar**

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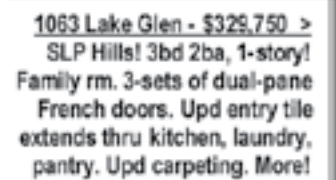
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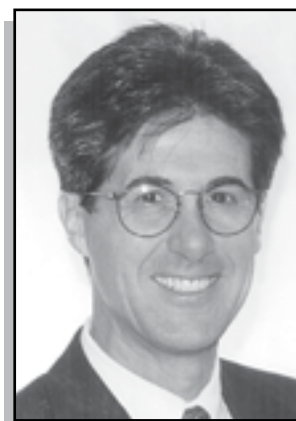


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*John Zillig & Margie Popoff, Buyers - Pocket Area, 2009*

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