THE POCKET NEWS

July 2, 2009

Your News in Your Hands

www.valcomnews.com

Exclusive: Councilman Waters talks 2010 re-election run

Councilmember talks with Pocket News writer about seeking fifth term

See page 3

Councilman speaks to upcoming events See page 12

COMMUNITY CALENDAR, PAGES 24–29 • KNOW YOUR NEIGHBOR, PAGE 8 • FACES AND PLACES, PAGE 15







Experience Counts Now More Than Ever!

Nick LaPlaca was recently honored by The Sacramento Association of Realtors Master's Club for having earned membership for 25 CONSECUTIVE YEARS!!! In good markets and through tough times, a pattern of success you can count on!





THE POCKET NEWS www.valcomnews.com

Vol. XVIII • No. 13

2709 Riverside Blvd.

t: (916) 429-9901

f: (916) 429-9906

Sacramento,

CA 95818

E-mail stories & photos to: vcnnews@valcomnews.com

Pocket News is published on the first and third Thursdays of the month and delivered by mail and home delivery in the area bounded by Interstate 5 on the east and the Sacramento River on the north, west, and south.

Publisher	George Macko	
General Manager	Kathleen Egan	
Editor	Ryan Rose	
Production Manager	John Ochoa	
Graphic Artist	Ryan Vuong	
Advertising Executives	Linda Pohl	
Patty Colmer, Marc Harris Desiléts, Melissa Andrews		
Distribution/Subscriptions	George Macko	
\$30 a year subscription		

Small Groups Create Big Changes First 5 Sacramento Community Grants

Social relationships are essential to healthy child development. First 5 Sacramento offers community grants up to \$5,000 for small groups of parents or caregivers in Sacramento County who have ideas that bring people together and support on-going connections. The activities need to benefit children age five and under. Examples of grant-funded activities include:

parenting networks

art & reading activities

playgroups

neighborhood meet-ups

Applying for a Community Grant Is Easy!

- Visit www.First5Sacramento.net for more examples of activities. Download a grant application.
- Develop an idea with your group.
- Call First 5 Sacramento at 916-876-5865.
- Email: First5grants@saccounty.net

The community grants are provided through the Community Building Initiative (CBI) of the First 5 Sacramento Commission. The Commission uses Proposition 10 (tobacco tax) funds to support the healthy development of children age five and under.

www.First5Sacramento.net

DOWNLOAD THIS PAPER ONLINE AT: WWW.VALCOMNEWS.COM



Pocket News exclusive Robbie Waters to run again for District 7 city council seat

By LANCE ARMSTRONG Pocket News Writer vcnnews@valcomnews.com

After 15 years of representing District 7, City Councilmember Robbie Waters recently announced his plan to once again run for his seat on the council.

Upon making this decision, Waters agreed to share information regarding this decision and his recollections and future aspirations for the Pocket/ Greenhaven area with readers of The Pocket News.

In an exclusive interview with The Pocket News in May, Waters was still in the process of deciding whether he would run for a fifth term. But on June 12, Waters made it publicly known that he would like to maintain his District 7 seat.

Commenting on this decision, Waters said, "I made the decision in the last two to three months, discussed it with my family, friends and community leaders. (Waters' wife) Judie and I made the decision to seek a last term."

Part of the discussion of whether Waters would run for office again was dependant upon whether he felt that he could make enough strong contributions during a new term to justify re-running for his council seat.

Waters' answer to this inquiry is obvious based upon the recent news that

See Waters, page 30



On June 12, Sacramento City Councilmember Robbie Waters made it publicly known that he would like to maintain his District 7 seat.



Pocket Parade turns 15 years old Pocket area to celebrate anniversary, nation's birthday in style

By LANCE ARMSTRONG Pocket News Writer vcnnews@valcomnews.com

Red, white and blue will be out in full stride in the Pock-

Elizabeth Axelgard

REALTOR[®]

916.747.7919

et area this Independence Day, as the very special, annual Pocket area event, the Spirit of the Pocket Parade, returns for another year. But this year will be even a bit

"Your Key to Sacramento Real Estate"

www.ElizabethAxelgard.com

more special as the parade turns 15 years old.

The free, community-based parade, which will be emceed by Nick Toma of Channel 31 KMAX, is scheduled to begin at 10 a.m. and last for about an hour.

The starting point of the parade is Lisbon Elementary School at 7555 South Land Park Drive. The parade proceeds from the school down Windbridge Drive, then turns right at Pocket Road into Garcia Bend, where the parade ends.

Parade offers a variety of entries Expected to include about 50 or more entries, the family-friendly parade will feature some of the following participants:

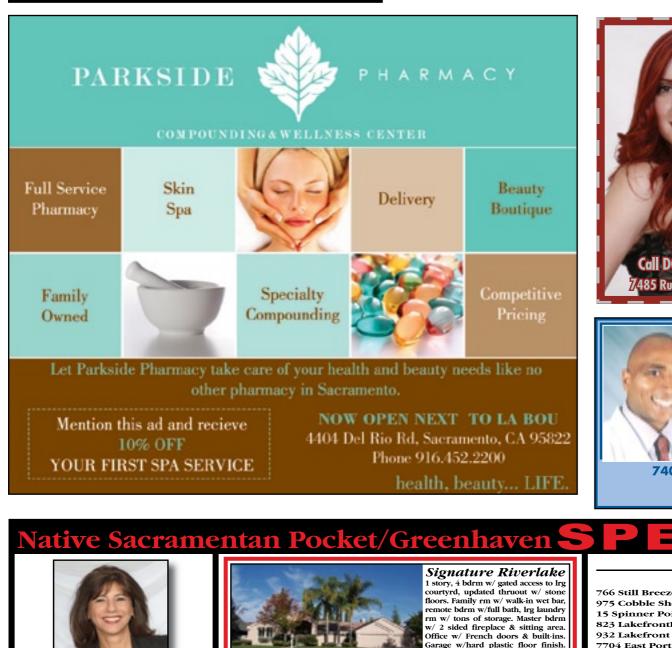
Sen. Darrell Steinberg: The former District 6 city councilmember, Steinberg will participate in his first Pocket Parade as the President pro Tempore of the California State Senate. District 7 Director Patricia Clark said, "We are very fortunate to have President pro Tempore Darrell Steinberg joining us on July 4. It's great that he can celebrate with us in his own community."

Dave Jones: A member of the California Legislature since 2004, Jones represents the California State Assembly's 9th District.

Craig Dunnigan: Dunnigan, who is well-known in the community for his Riverside Boulevard business, Predential/Dunnigan Real Estate, will serve as this year's parade grand marshal.

Capt. Dan Schiele: Schiele will be riding in Police car No. 1, a 1954 Ford Mainline, which

See Parade, page 5



YOI



1 story, 4 bdrm w/ gated access to lrg	Pocket Greenhaven	
courtyrd, updated thruout w/ stone	766 Still Breeze Drive	\$1,575,000
floors. Family rm w/ walk-in wet bar,	975 Cobble Shores Drive (Lakefrontage)	\$1,300,000
remote bdrm w/full bath, Irg laundry	15 Spinner Point Court (Lakefront & Pool) (SOLD)	\$1,195,000
rm w/ tons of storage. Master bdrm w/ 2 sided fireplace & sitting area.	823 LakefrontDr (Riverlake, 1 story w/ pool)	\$828,000
Office w/ French doors & built-ins.	932 Lakefront Dr (SOLD)	\$849,000
Garage w/hard plastic floor finish.	7704 East Port Drive (REO-new 4700 SqFt) (SOLD)	\$800,000
Home is a delight w/ rare 45 foot pool	7716 South Cove Way	\$679,000
and spa! NEW PRICE \$828,000	15 Rivershore Ct (SOLD)	
	899 Glide Ferry (5 Bedrooms) (SOLD)	\$530,000
erlake gated East Shore comm. 5010	39 Los Gatos Circle (5 bedroom, 1 story)	
	7686 River Ranch (SOLD)	\$449,000
nin to dwnt Sac. Over 4700 sqft.	19 Princeville Circle (SOLD)	\$399,000
niture-style cabinetry, granite	1205 Grand River Drive	\$369,000
trtps, marble bths & stone firs	1117 Rio Cidade (lot) (SOLD)	
out. Double curved stairway w/	6744 Orleans Way (Didion School District) (SOLD).	\$269,000
w/ balc, 2 full mstr suits. Real	2 Skysail Ct. (Duplex or single family)	\$249,000
1 for a lucky buyer! \$800,000		, ,
	Sierra Oaks	
	579 Kevinton (Pool, 1 story)	\$921,000
nmitted to Working and Raising Her F	wile in a Naighborhood that she	Raliovas int
mutter to working and Maising her r		Dencees in.

10 mi Furni

thruo

custo rm w steal i

Susie Kuwabara

Parker

768-8494

Parade: Event begins at 10 a.m.

Continued from page 4

traditionally kicks off the parade every year.

1943 Seagrave pumper: Retired in 1984, this pumper is maintained by the Sacramento Fire Department. It was a reliable asset in its day, pumping 750 gallons of water per minute.

1975 Seagrave fire engine: This engine served the Sacramento Fire Department until 2003 and following a 15-month restoration, it is being presented as a tribute to local firefighters.

Engine 11: This engine is currently in use by the local fire station at Florin Road and Havenside Drive. The station recently celebrated its 20th anniversary. District 7 City Councilman Robbie Waters, who said that he believes very strongly in the value of the parade for the community, will be aboard the engine to greet those attending the parade.

Sacramento Police Department Mounted Unit: This is a parade favorite, especially with children. The unit, which has been a part of the department since 1997, features 1,200-pound horses, known as "force multipliers," meaning that the animals can do the work of multiple officers.

Pocket/Greenhaven Rotary *Club*: This is the local rotary club, which meets weekly at the Executive Airport.

V.F.W. Post No. 1999: Representing the post, which is supported and sponsored by Elks Lodge No. 6, will be All-State Commander "Redd" Blackstock and Past All-State Commander Dick Brown.

International World Peace Rose Gardens: This organization, which is well known locally for its world peace garden at Capitol Park, has planted rose gardens throughout the world.

1966 Mustang Convertible: This classic automobile will be driven by David Hamm and include its passengers, Elks Lodge No. 6 Exalted Ruler and First Lady Richard and Barbara Cherry.

Greenhaven Mothers Club: This local group of mothers partic-

ipates in a variety of activities, including co-op babysitting, playgroups, family outings and supporting charities.

Trek for Troops: Although this Westlake Village, Calif. group is certainly not local, considering its efforts, it is deserving of mention in this community paper and just about any other media. Consisting of three young men, Trek for Troops is hiking 2,658 miles from the Mexican border to Canada for the purpose of inspiring Americans to assist injured and disabled veterans.

Sacramento CERT (Community Emergency Response Team): This is a group of community members, who have trained with the Sacramento Fire Department for the purpose of assisting in the event of emergencies in such places as the neighborhood and work place.

Pocket Girls Softball: This local girls' softball league is celebrating its 40th season.

Historic Flag Display: This entry features historic flags representing the evolution of our nation's flag.

Green Machine: Terry Miller will present her "Miller Menagerie" with her green, all-electric "Xebra," her dogs Tax and Rufus and her parrot, Zazu.

Greenhaven Soccer Club's "Rowdy Bunch": A local group of girls, who play soccer and gather together in the name of fun and getting rowdy.

Other parade participants include: John F. Kennedy Marching Band and Drumline, a 1913 Buick Model 31 Touring Car, a 1967 Chevrolet Camaro SS, Elks Lodge No. 6, the Asian Community Nursing Home, Greenhaven Estates, traditional jazz musicians, a ragtime band and various churches and scout troops.

After-parade attractions

Garcia Bend will also be the site of an after-parade event with a wide variety of vendor and community organization booths.

Pocket Parade history

As a tradition of the community, the parade has attract-



Pocket News File Photo/Linda Pohl

A true community event, the annual Spirit of the Pocket Parade starts at 10 a.m. at Lisbon Elementary Schoo1, 7555 South Land Park Dr., proceeds from the school down Windbridge Drive, turns right at Pocket Road and rolls into Garcia Bend, where the parade ends.

ed the attention of many people of all ages.

There are certainly those who remember the days when there was no Fourth of July parade in the Pocket area. And of course, there are many of the younger generation who grew up with the parade as if it had always existed.

One such person, Krystin Herr, just happens to be the parade's chair.

Herr, 23, grew up in the Pocket community and attended the first parade during her childhood.

"Things have come around full circle," Herr said. "I remember going to the (Pocket's) Fourth of July festivities as a kid with my parents and now after college and everything, people my age are coming back to the parade and coming back to volunteer. It's great to see the different generations that have experienced the Pocket Parade."

Those who have followed the parade – which was originally solely operated by community members and is now sponsored by the city – know that it has evolved throughout its years and no longer includes some of its former accompanying activities such as its firework show and free community barbecue.

Nonetheless, the parade continues to weave itself into the fabric of the community.

The parade's founder, Pocket resident Jeff Dominguez, said that he is pleased to see that after 15 years, the parade continues to bring the community together. "The parade is still going

"The parade is still going strong and I think that's a great testimony to the community spirit and the patriotism of the people who live in the Pocket area," Dominguez said.



McClatchy High alumnae celebrate memorable birthday Pocket and Land Park residents remember McClatchy in '42

By LANCE ARMSTRONG Pocket News Writer vcnnews@valcomnews.com

It is certainly not every day that one can witness the type of scene that recently occurred at a restaurant in the Pocket area of Sacramento.

Gathering together for a very special reunion, a group of about 25 ladies and two male guests sat down for lunch at Scott's Seafood on the River on Riverside Boulevard. But of course, this was not the unusual part of this assemblage of very close friends.

5535 H Street, #10

(916) 455-6000

7600 Greenhaven Dr., #21

(916) 422-8120

Open Daily

Store Hours: 11am-10:30pm

www.HeavenLvsYoaurt.com

Florin Road &

Greenhaven Drive

Renting out an entire room, this group was meeting to celebrate the fact that most people in the room had reached the age of 85 years old.

And these were not just any 85-year-olds, however, as the core ladies of the group were alumni of McClatchy High School's Class of 1942.

Complete with a frosted carrot cake, which was prepared and eventually served in honor of this special birthday, the June 10 event was alive with memories dating back seven decades and in some cases even more.

HeavenLy's

Over 70 different types of toppings!

We host birthday parties or gatherings

We sell bulk candies (40 types!)

Over 40 different flavors (10 flavors display at one time!)

FREE YOGURT Every Friday from 4pm to 8pm

Kids 12 years & under receive a free 4 oz. cup of yoguri

Whatever you need

Lake Crest Village Shopping Center

Life Simplified

Nearly 40 stores and services anchored by

Nugget Market, Marshalls, Rite Aid, and

Big 5 Sporting Goods

Your Community Shopping Center

Yogurt Self-serve yogurt

(up to 12 people)

FREE tasting daily!!!



Pocket News Photo/Lance Armstrong

A group of female graduates from the McClatchy High School Class of 1942 and several guests met at Pocket area restaurant Scott's Seafood on the River to participate in a special birthday celebration.

A tight circle of friends

Close-knit connections around the room were many, as most participants of the gathering had stepped onto the Freeport Boulevard campus to begin their high school years in 1939, when the 71year-old school was only two years old.

Several women, like Betty (Terra) Lee and Lois (Lippi) Espigares, even attended elementary school together.

Sitting alongside Espigares in the southwest corner of the room, Lee pointed to Espigares and said, "We went to William Land Elementary, California Junior High and then we graduated from Mc-Clatchy together in 1942. We were born in 1924 and we've known each other since we were probably about 5 (years old), which means we've been friends since about 1930."

This nearly 80-year-old friendship has an even deeper bond, since Lee, who now lives in Cool, and Espigares, who resides in Woodland, both grew up as neighbors. Lee lived at 1712 W St. and Espigares lived at 1508 U St.

"We lived very close to each other and we began walking to school together in the 1930s," Espigares said.

When asked to relate any special memories of her school years, Espigares shared a piece of local trivia.

⁴We had the same principal all through our school years, starting with kindergarten to junior high to high school – Sam Pepper," Espig-

See McClatchy, page 7



McClatchy: 'This is a very special group of ladies,' Greenslate said

Continued from page 6

ares said. "He was an excellent principal. He was tall and just a wonderful man and I was afraid of him, too. We were always afraid that we were going to get in trouble and have to go into the office. In those days, they used a little strap on your backside, but we never had that. But we were always afraid that we would."

With a grin, Espigares said that since boys were generally punished more than girls, it would be best to seek details about this topic from someone like Class of 1942 alum Norman Greenslate.

Greenslate, who married his high school sweetheart (and Pocket resident) Dolores Silva, another member of the Class of 1942 and the chairperson of the day's gathering, knew Espigares and Lee quite well, since he grew up in the same neighborhood at 2225 14th St., near W Street.

Dolores (da Rosa) Pierce, who also grew up in the same neighborhood, drove about 50 miles from Grass Valley to participate in the 85th birthday gathering.

Memories to the forefront

Pierce said that she enjoyed attending the event and spending time with many longtime friends.

"It's quite nice to talk and visit with your friends," said Pierce, who worked for the state Board of Equalization from 1947 to 1984. "I have good memories of attending McClatchy. I grew up at 1308 T St. with my father (Wilbert), my mother (Ina) and my brother, Robert (of the McClatchy High Class of 1946). There were quite a few of us (McClatchy students), who lived within the area from 13th to 17th streets and from S to V streets. It's a lot of fun to get together with old friends and this event means that we have bragging rights that we made it to 85 and we're still walking around, although some are doing so with canes."

Sacramento resident Ruth Ann (Cook) Pedisich said that she was fortunate to attend the dedication of Mc-Clatchy High in 1937.

"We all marched down from California Junior High to see the dedication in 1937," Pedisich said. "It was a really hot day and a couple of the girls fainted. I really enjoyed going to McClatchy. I used to work in the library and I thought Mc-Clatchy High was the most beautiful high school in Sacramento."

One of several East Sacramento residents in attendance, Eunice (Christensen) Locke, who grew up near the Tower Theatre and sat at the same table at the event with her lifelong friend, Dora (Marani) Campoy of Granite Bay, said that she liked that McClatchy High was "a good school that didn't have a whole lot of problems."

Campoy, who has fond memories of her time as the school's head majorette, shared a humorous story about leading an act of rebellion during McClatchy High football games.

"We had a vice principal who was old fashioned and of course the skirts used to come down to our knees at that time, so when we went to Hughes Stadium and came out during halftime to do our routine, I got the girls to all roll up their skirts, so they could show their legs a little bit," said Campoy with a chuckle.

Barbara (Hawkins) Jones of Woodland added that she has fond memories of the school's annual variety show and the Turkey Day Game – the annual football matchup against the school's rival, Sacramento High.

Also among those attending the event were: Pocket resident Minerva (Mello) Bruner, the event's co-chair; North Highlands resident Mary Iris (Smith) Ryder, who worked at McClellan Air Force Base during World War II; East Sacramento resident Lauretta (Purcell) Geremia, who belonged to SPARS – the U.S. Coast Guard Women's Reserve during World War II; Roseville resident Muriel (Hopkins) Payne, a former Sacramento High teacher; and Sacramento resident Arleen (Matson) Lotta, who taught first graders in Sacramento for 32 years.

"Sisterhood" thrives

Although the event was certainly a special gathering for a very memorable birthday, not much time will pass before these longtime friends meet again.

Committed to keeping in touch on a consistent basis, the group meets nearly every month throughout each year.

Dolores Silva Greenslate, who is a founding member of the Portuguese Historical and Cultural Society and who gained national recognition

HOME SAFETY

California Energy Service

Bill Hill (916) 804-2243

Since 1978 Lic# 365598

Safety Tub

& ramps

Handicap bars

Senior Discounts

Financing Available



The Class of 1942's Nugget was McClatchy High's fifth yearbook.

through her part in Ken Burns' documentary, "The War," said, "this is a very special group of ladies, who consider themselves a band of sisters."

"These spirited and vivacious ladies belie their age with their enthusiasm for life," Greenslate said. "As members of the Mc-Clatchy High January and June classes of 1942, we take a lot of pride in keeping our friendships and our many fine memories alive for as long as possible."

And with 67 years removed from their cherished graduation year, it appears that this unique group is doing quite fine in their mission to maintain their much beloved McClatchy High sisterhood.

REBUILDING TOGETHER

Vision: All homeowners in our community live

in a safe, healthy & efficient home

Grab bars • Hand rails • Night lights

Smoke detectors • Shower stools

Fabrication of outdoor railings

Call to schedule a safety assessment of your home

FREE or for-a-fee depending on eligibility

www.rebuildingtogethersac

Together.

(916)455-1880

Safe at Home Fall Prevention Program

Senior Services Resources Call Melissa (916) 429-9901

YOUR AD SHOULD BE HERE!

Call Melissa today!

Your services

are needed.

Your ad should be here.

Ad design is free.

Call 429-9901

DOCUMENT PREP SERVICESHELP AT HOMELIVING TRUST/LIVING WILLHELP AT HOMELegal Document Prep Services:Senior Care

· Light housekeeping

Meal preparation

• Med reminders • Errands

For no-cost/in-home assessment,

call 877-404-6636

Dementia care
 Bathing

& Much More

• Trust • Will • Powers of Attorney • Residential Deed SENIOR SPECIAL

Couples \$495 Singles \$450 Lynda K. Knight (916) 214-1215 641 Fulton Ave. #100, Sacto 95825

Transition/Relocation



YOUR SERVICES ARE NEEDED CALL Melissa TODAY TO PLACE YOUR AD (916) 429-9901

Know your neighbor A thread through time: Quilter reaps what he sows

By CELIA GREEN Pocket News Writer vcnnews@valcomnews.com

When a friend of local resident Jerry Fujimoto asked him for a small favor, no one could have known a passion would be unleashed from inside him, and that passion would change his life.

"I started quilting in 2000. My friend Lisa was a quilter, and she asked me to help cut fabric for her. I thought, 'That looks kind of fun' so I started on my own quilt," he said. "I've been quilting ever since. I suppose if I had sucked at that first quilt I'd never have done another."

But it's not just quilting. Fujimoto, who manages www.pocketquilting. com, designs his own quilt patterns with the hopes of publishing a book of patterns, and eventually would like to open his own quilting shop. "I love piecing it together. I started getting serious about quilting in 2005, and I had always wanted my own business by the time I turned 50. And I turned 50 last year," Fujimoto said.

An American quilt

After graduating from Mc-Clatchy High School and attending Sacramento City and Cosumnes community colleges, Fujimoto started working at the firm of Dreyfuss & Blackford in 1981, as an intern architect, doing pre-design and construction.

"I found I wasn't having as much fun with the architecture as I had been. So I gutted the garage at my house (in Land Park), and turned it into a studio," he said. "That in itself was very gratifying."

He retired in the summer of 2008 and since then has been working on his quilts and patterns.

"I make my patterns the old-fashioned way, on graph



Jerry Fujimoto, who manages www.pocketquilting.com, designs his own quilt patterns with the hopes of publishing a book of patterns, and eventually would like to open his own quilting shop.

paper, not using a computer," he said.

For each pattern, Fujimoto makes a sample of the quilt, and writes up the in-

> License #347001396

*Call for details.

structions. He then gives all those pieces to his friend Lisa, and she also makes the same quilt, just to ensure the instructions are correct and easy to follow. To date, two of his patterns have been copyrighted and are available for sale in local stores.

"Once I have 10 or 12 patterns completed, I'll put them in a book," he said. "Eventually, I'd like to go on a speaking tour. Quilting guilds often host speakers. I would talk about my patterns, technique, and teach a class. I have a niche - I'm a guy in a woman's world. And people seem to like my patterns. When people see my work they say, You must be an architect or an engineer' because my piecing is very precise. I like using geometric shapes and sharp lines."

A tapestry of life

When he's not quilting, Fujimoto spends time in fabric stores all over California.

"I've had to put myself on 'fabric restriction' for a while," he said. "I go into a fabric store and I can't help myself. I like to touch all the fabrics."

Fujimoto's studio has a large rack of materials to

be used "someday" in "some quilt."

"I usually look for Asian designs. Ninety-five percent of my work has an Asian motif. Some of my favorite fabric stores are in Pacific Grove, Berkeley and Cameron Park," he said. "There's one shop in El Cajon I always visit when I see my sister in Escondido. When I walk in the ladies in the shop say, 'Sacramento's here!"

Fujimoto sells his quilts, and creates them on commission.

"One man asked me to create quilts for each of his seven grandchildren," Fujimoto said. "I used the fabric their late grandmother had collected over the years."

Fujimoto constructs pieces as small as cat quilts (his own cat Katie has a quilt on her bed in the studio) and table runners, or as big as a California King-sized bed. The prices range from as little as \$40 up to \$1,200, depending on the size and intricacy of the pattern.

While many of Fujimoto's quilts are purchased to be used as artwork, none of his quilts hang in his own home.

See Quilt, page 9



Life at Merrill Gardens is filled with friends, activities and a real sense of community. So go on, focus on the things you love in life, and we'll take care of the rest.

- Anytime Dining
- 24-Hour Staff
- Weekly Housekeeping
- A Variety of Activities
- 60-Day Guarantee*



A one of a kind retirement community

(916) 427-1133 6350 Riverside Boulevard • Sacramento, CA 95831 www.merrillgardens.com





Jerry Fujimoto's studio has a large rack of materials to be used "someday" in "some quilt."

Quilt: Plans for Pocket quilt shop

Laughing, he said, "No, nothing hanging, but every bed has a quilt on it," including the beds of his mother and teenage son with whom he lives near Sutterville Elementary. And if the book of pat-

terns is a success, will fame

and fortune lure Fujimoto

away? Apparently not.

shop in the Pocket," he said.
"I'd sell fabric and patterns and
offer quilting lessons. There's
nothing in the Pocket, but there's a ton of quilters there."

Jerry Fujimoto can contacted at 916-216-6057, or go to his Web site, www.pocketquilting.com.

"I'd like to open a quilting

Pocket student wins \$10,000 Comcast Founders Scholarship

Special to The Pocket News

On June 17, before elected officials at the capitol in downtown Sacramento, Comcast announced the 154 California high school seniors who have won a 2009 Comcast Leaders and Achievers Scholarship, and then partnered with state legislators to present each student attendee with their individual \$1,000 grant.

Fifteen of the winning students were also given a personal notebook computer to use at college, and Comcast distributed two additional \$10,000 scholarships for a total of \$174,000 in grants awarded at the special recognition ceremony.

In addition to their \$1,000 scholarships, Pocket resident Corrinne Bridgewater of John F. Kennedy High School in Sacramento and Kristina Rodriguez of Tracy High School in Tracy each won Comcast Founders Scholarships of \$10,000 – instituted in honor of Ralph J. Roberts, founder and chairman emeritus of Comcast Corporation.

Kennedy High's Bridgewater will be attending Howard University.

Speakers at the event included California State Superintendent of Public Instruction Jack O'Connell and David Cohen, executive vice president of Comcast Corporation. In addition, the students and their families also received a tour of the State Capitol, and complimentary admission to the California Museum, home of the California Hall of Fame.

"In today's technology-driven, hypercompetitive global economy, experience in higher education is more important than ever," said O'Connell. "I applaud Comcast for helping to ensure that California and the nation share a bright future by offering these scholarships to outstanding California students."

"Each year, we are excited to provide scholarships for these talented students," said Cohen. "Comcast seeks high school seniors who demonstrate leadership abilities in school activities and who reflect a strong commitment to community service. These students are our future leaders, and we hope these scholarships will help to power their dreams for success."

The Leaders and Achievers Scholarship Program, one of the Comcast Foundation's signature community investment programs, recognizes high school seniors for their leadership skills, positive attitude, academic achievement and various community service activities including mentoring and tutoring younger students, volunteering at hospitals and participating in relief efforts.

In 2009, the program will grant more than \$1.8 million, recognizing 1,879 students attending high schools in Comcast communities across the country.



Memories of a golden age and a silver screen Locals remember early years of Tower Theatre

By LANCE ARMSTRONG Pocket News Writer

vcnnews@valcomnews.com

It certainly does not take much investigating to discover that the history of cinema venues in the capital city is well-rooted. And within this history is undoubtedly the region's very own Tower Theatre.

Although it was constructed long before the advent of motion pictures, the city's first theater was the Eagle Theater, which opened in 1849. This theater was the predecessor of the many future movie palaces, which would dot the landscape of the Sacramento area.

Among these theaters were the still famous Alhambra Theatre at Alhambra Boulevard and K Street, the Senator Theatre at 912 K St.. the California Theatre at 2931 35th St., the State Theatre at 1203 J St., the Majestic Theatre at 310 K St. and the Actograph Theater at 918 K St.

Tower is pillar of Sacto Under the direction of the Tower Theatre Co., which

Photo courtesy of Sacramento Public Library, Sacramento Room The Tower Theatre is shown in this c. 1946

was led by its president Joe Blumenfeld and its vice president and manager Charlie Holtz, the Tower Theatre opened as a then-very modern theater at the corner of 16th and Y (now Broadway) streets on Nov. 11, 1938.

Anticipation for the theater's opening was extended, as it had been advertised that the theater was to open on Sept. 1, 1938. An article in The Sacramen-

to Bee on this date, however, noted that it would be a month before the \$200,000 "neighborhood playhouse" with a stadium seat arrangement and air conditioning would open.

The theater, which The Bee de-scribed in 1938 as "the finest in modernism," was by far a vast improvement from about a quarter century earlier, when the same property was the site of a city dump. Holtz purchased this property in the mid-1930s.

The Tower Theatre building was constructed as much more than a movie house, as it has been home to a variety of retail establishments since its inception.

The most renown of these businesses is undoubtedly Tower Re-cords, which was founded by Sacramento resident, Russ Solomon, within his father's Tower Cut-Rate Drug Store, where the Tower Café is now located.

Moving-picture memories

Fondly remembering the theater was one of its earliest visitors, Dar-





Valley Community Newspapers, Inc.

Tower: Theater opened in 1938

Continued from page 10

ryl VonRotz, who grew up on Vallejo Way in Land Park.

VonRotz, who continues to hold a special place in his heart for the city's theaters of old, with his favorites being the Tower, the Alhambra and the Hippodrome, where The Crest Theatre is now located, shared his memories of the Tower.

"All the kids went to the Tower on Saturday afternoons," VonRotz said. "Back then, for 25 cents, you could pay for a movie and still have enough money left over to buy a Coke and some candy. I remember seeing a lot of westerns there such as (films starring) Hopalong Cassidy (played by William Boyd), Roy Rogers and Gabby Hayes."

Sacramento resident Don Conner, who grew up in the Curtis Park area, recalls a special promotion that gained him free access into the theater in the 1950s.

"At one point (during the 1950s), I went to matinees when there was a promotion with the bottle tops from Pepsi Cola that allowed entry," Conner said." It got me in for free for what seems to me was certainly more than 10 (bottle caps). I was probably about 8 or 9 years old, because it was just before I started Little League."

Penny (Anton) Kastanis of East Sacramento said that she has great memories of going to the Tower in the early 1950s.

COMSTOCK

"My father (George Anton) had a restaurant at 19th and Broadway and after work sometimes, when my dad would close up - or else we'd go with my mom - we'd go down to the Tower," Kastanis said. "We saw movies like Abbott and Costello and other comical movies and we may have even seen Casa Blanca there. That was when I was younger, but by the time I was 12 years old, I took the bus (from East Sacramento) by myself to the theater. It was a very beautiful theater."

Loved landmark

The Tower, which is the city's oldest continuously operating movie house, was memorialized for its 50th anniversary on Nov. 11, 1988.

Prices were rolled back for this event, which was known as "Tower Theatre Day" and featured the Academy Awardnominated "Algiers," the first film to play at the theater, and a 1938 newsreel and film short.

With the intent to re-create the theater's original opening day, the cost for the event was 25 cents for adults and 10 cents for children.

The anniversary event continued for the following two days with showings of the film, "You Can't Take it with You," starring James Stewart, Jean Arthur and Lionel Barrymore.

Despite being threatened with closure, as a result of ef-

Pocket Area

Resident & Specialist

ADVANTAGES OF AN

FIXED RATES



This historic neon sign, located above the Tower Café on the Tower Theatre building, once advertised for Tower Records, when it was located inside the Tower Cut-Rate Drug Store.

forts to increase the number of movie screens and competition for profitable art films in Sacramento, the Tower remains an active theater in the Land Park community and continues to be the site of many fond memories of longtime Sacramento residents.



DOWNLOAD THIS PAPER ONLINE AT: W W W . V A L C O M N E W S . C O M



5614 Mariolyn Court \$359,000



Gorgeous 5 bed, 3 bath home. Huge lot! Looks brand new. immaculate condition. Designer colors, shutter, crown molding and much more! 3 car garage plus carport. Tile roof, built in 2004, hardly lived in. Great cul-de-sac location. Spectacular floor plan, great street. A must see!

FHA MORTGAGE 5313 Lotus Pond Way \$309,000 3.5% DOWN PAYMENT **MONA GERGEN** Gorgeous 4 bed, 3 bath home. 247-9555 Home in immaculate condition. • NO PREPAYMENT PENALTY looks brand new. Built in 2005. Tile roof, 3 car garage, separate Windermere living and family rooms. Spacious **DO YOU HAVE ANY** kitchen & nook overlooking MORTGAGE QUESTIONS family room. Designer paint "Call for a private showing" CALL DAVE TODAY colors and upgraded tile. Wonderful curb appeal!

Call Today:

Dave Mendoza

916-977-1227 direct

916-768-5231 cell

City Council District 7 Update Connecting with the community and City Council

By ROBBIE WATERS

Sacramento City Councilmember Special to The Pocket News

15th Annual July 4th Parade

This is the 15th year of the parade! A whole generation of youth has now grown up with a community parade as an integral part of their July 4 holidays and childhood memories.

This year's parade will start at 10 a.m. on July 4 at Lisbon Elementary School and end at Garcia Bend Park. Call 429-9901 or 808-7338 if you need assistance.

Parade judges' stand gets new location

This year, we are moving the judges' stand to the east side of Windbridge Drive just north of Rush River Drive (next to Riverstone Apartments). Therefore, if you want to be near the Judges' Stand and the PA system, this is the new location. We are excited to have Nick Toma from KMAX-TV as our Parade Announcer again this year.

Planning a July 4 boating weekend?

Please note that the Garcia Bend Boat Ramp will be closed from the evening of Friday, July 3, until 2 p.m. on July 4 to facilitate the Parade and celebration. Alternative ramps are available at Miller Park and Discovery Park.

Summer jazz concert scheduled

The date for our annual Jazz Concert is Sunday, July 26 at Seymour Park at Southlite Circle. Southlite Circle is off of Havenside Drive just north of Florin Road. This free event begins at 6 p.m. and we encourage you to bring your own chairs, a blanket and perhaps a picnic snack or dinner. Fulton Street Jazz Band is the featured performance. Call 808-3821 for more information. Those of you who attend know how much fun this is.

Gold, Greed & Speculation: The Beginnings of Sacramento City

Inflated property values,

epidemic diseases and fear of

potential floods. 21st century

Sacramento? Not necessarily.

Experience the early days of California's capital city at the

Sacramento History Museum.

Opening July 17th

101 | Street, Old Sacramento

916-264-7059

www.sachistorymuseum.org

National Night Out

Tuesday, August 4 is National Night Out this year when we celebrate partnerships between law enforcement and communities to keep our neighborhoods safe and deter crime. We always have great events in District 7 including block parties, BBQ's, ice cream socials and more. Neighborhood Associations and Neighborhood Watch groups in need of assistance can call my office at 808-7338.

Pocket Coalition

The next meeting of the Pocket Coalition group will be August 13 at 6:30 p.m. at Martin Luther King K-8 School, 480 Little River Way, in the Multi Purpose Room. The Coalition is an organization of Neighborhood Associations and Neighborhood Watch groups in the Pocket area that meets regularly to discuss issues affecting our community and improve the network between the existing associations and watch groups.

Keeping our quality of life

Are you concerned about lacking upkeep on nearby properties? Bugged by barking dogs? Suspect criminal activity at a certain address? Have a vehicle parked on the street for more than the 72-hour limit? Call 311 and report the activity. Or call my office at 808-7338. You can remain anonymous. We need you to partner with us, neighborhood associations and neighborhood watch groups to send the message that we are a family-friendly neighborhood and crime and/or blight will not be tolerated.

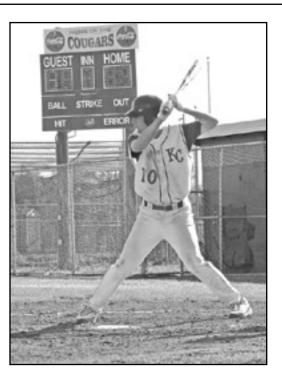
Councilmember Waters' mailing address is City Hall, 915 I St., 5th Floor, Sacramento, Calif., 95814. Waters' office phone is 808-7338. E-mail is rwaters@cityofsacramento.org. Web site is www.cityofsacramento.org/council, then choose "Robbie Waters."

Star on the diamond

On Saturday, June 13, the 37th annual Optimist All Star baseball game was held at American River College. Optimist All Stars are high school seniors chosen by area high school coaches to play for either the North team or the South team.

Representing Kennedy High School was recent graduate Jake Coyle who was also chosen first team Delta Valley League.

Coyle played 6 errorless innings at 3rd base and was two for three batting with a home run and was named the Most Valuable Player for the South Team.



Fusion Real Estate & Home Loans





4 bed/3 full baths approx 1,878 sq ft with very open floor plan. 3-car garage, Bamboo wood floors, french doors to patio, newer Heat/AC, updated kitchen, inside laundry room & more. Visit www.351AquapherWay.com **351 Aquapher Way...... NEW PRICE \$349,900**

POCKET AT ITS BEST!

3 bed, 2.5 ba, separate living w/ frplc, formal dining rm & living rm w/ vaulted ceiling. Mastr bed w/ 2 closets & dual sinks in ba. Updates include: int & ext paint, new flooring throughout, lighting, baseboards, new kitchen appliances, blinds and more!







GREAT STREET

Gorgeous 5 bedroom, 3 bath home. Huge lot! Immaculate condition looks brand new. Designer colors, shutters, crown moldings and much more. 3 car garage plus carport. Tile roof, Built in 2004. One bed and bath downstairs. Great cul-de-sac location. Spectacular floor plan. This home has it all. This is a must see. Thank you. See www.windermeredunnigan.com \$359,000

MONA GERGEN 247-9555



TIM LEWIS BUILT Great Value in a neighborhood of newer homes in South Land Park built by Tim Lewis Homes in 2003. Three bedroom home with open floor plan on a quiet dead-end street. Large master suite has sitting area or room for exercise equipment. Come enjoy this newer home in an established area. See www.windermeredunnigan. com \$349,000

CHRIS BRIGGS 834-6483



WEST SACRAMENTO

Beautiful home located in The Rivers. Great neighborhood, close to downtown and freeways. Spacious kitchen with granite counters and a center island. First floor master suite with large walk-in closet. Upstairs loft. Not a Short Sale or REO! See www. windermeredunnigan.com \$290,000

NANCY WEGGE 600-5458



WONDERFUL CURB APPEAL

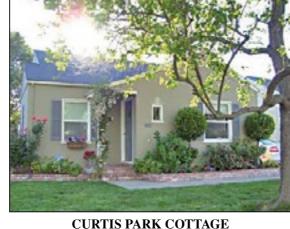
Gorgeous 4 bedroom, 3 bath home. Home is in immaculate condition - looks brand new! Built in 2005. Tile roof, 3 car garage, separate living and family rooms.1 bedroom and full bath downstairs. Spacious kitchen & nook overlooking family room. Designer paint colors and upgraded tile.! This home has it all. See www.Windermere Dunnigan.com \$309,000

MONA GERGEN 247-9555

SOUTH LAND PARK

Spacious and open living areas look out to the private gated courtyard area that surround the home with beautifully landscaped grounds. The remodeled kitchen features newer cabinetry and appliances, granite counters and tile floor. Features a brick fireplace in the living room as well as the master suite. See www.5861 wymoreway.canbeyours.com \$499,000

CHRIS BRIGGS 834-6483



Prepare to fall in love with this adorable Curtis Park Cottage only one block from the Park. Open floor plan w/ stunning cooks kitchen-remodeled top to bottom. Large private backyard. Remodeled bathroom, refinished hardwood floors, dual paned windows, CH&A plus all charm and character that Curtis Park is known for! See www.windermeredunnigan.com \$309,500

DAWN O'CONNOR ROWE 799-4835

SPACIOUS HALFPLEX

A dream house to entertain in - it is open and

inviting. Each bedroom has its own full bath.

Floor to ceiling brick fireplace in family room

with built in bookshelves. The spacious kitchen

has tons of counter space. 3300 square feet of living space. See www.34 PiniosRiverCT.com \$399,900

SHEILA VAN NOY 505-5395

LAND PARK SPANISH

From curbside to inside you will fall in love with this 3-4bd 2 bath home. With its classic 1920's Spanish design and touches and electrical, plumbing, kitchen, A/C and sewer line upgrades, this home offers time-less architecture with modern conveniences. Beautiful refinished hardwood floors throughout. See www. LandParkSpanishHome.com \$585,000

DAWN O'CONNOR ROWE 799-4835



What a wonderful home! Details galore with beautiful living room brick wall with handsome fireplace featuring mantle and shelves. Sunroom has it's own fireplace and plantation shutters looking out on to a lush, private backyard. Enjoy pretty gleaming hardwood floors. All fresh interior paint and new light fixtures in many rooms. The

storage is amazing! See www.1257LucioLane.com \$425,000

PAULA SWAYNE 425-9715

MOVE-IN READY

A wonderful family home! This home is move-in ready and features a large upstairs master suite with a walk in closet, an open kitchen with lots of counter space and a dining bar, a relaxing backyard with a patio cover, a built-in desk/office space downstairs and plenty of storage. Nearly 1600 square feet - this is an opportunity you won't want to miss. See www.7566WhitmoreSt.view24hours.com \$189,000

KELLIE SWAYNE 206-1458



4215 Freeport Blvd. 454-5753

Visit Our Web Site: www.windermeredunnigan.net

Ask Officer Michelle Answering your questions on local law enforcement

By OFFICER MICHELLE LAZARK Sacramento Police Department Special to The Pocket News

Editor's note: Ask Officer Michelle your question by emailing her at mlazark@ pd.cityofsacramento.org or visit her online blog at http://blog.sacpd.org.

Police program to evaluate home safety *Hello Michelle*,

I saw your write up in "The Pocket News" magazine and had a question. I live in the Pocket. I used to live in the Washington, D.C. area and the PD there had a program were homeowners could get a appointment and have a PD officer come over and give a "crime prevention inspection" of their house to show weak areas and give tips on how to protect one's home and family.

Do'we have anything like that in the city of Sacramento?

Thank you, **Pettipaw**

Dear Pettipaw,

We certainly do have such a program. We have Community Service Officers (CSO) at each of the police stations that can accommodate citizens in each part of the city. You can make an appointment with the CSO for your area. Her name is CSO Hutchison, and she can be reached at 277-6079. She will come to your home and look at your lighting, the foliage around your house, the locks around your doors and windows, as well as give you advice on how to safeguard your home. We also have information on our Web site at www. sacpd.org pertaining to personal safety as well on how to safeguard your home. Click on the "Be safe" button to take you to all of the areas. Check out our public service announcements here as well. Be safe!

Officer Michelle

Safe place to live

Hi Officer Michelle,

I'm moving to the area from Southern California and I wanted to know of the safer areas to live while I attend Sacramento State. Any suggestions would be greatly appreciated!

Thanks, **Jabroni21**

Dear jabroni21,

First of all, welcome in advance to Sacramento! You've chosen a great place to go to school. It's wise to do some research before deciding where to live in a city that's not familiar to you.

You can research crime statistics and crime maps by going to the Police Department's Web site at the Crime Summary link: http://www.sacpd.org/crime. More importantly, your best bet is to visit Sacramento well in advance of your move. Talk to people (including other students) about the city, drive around and get the feel of the city. Follow your instincts, too. For students new to a city, sometimes it can be most beneficial to be in a safe area near to the campus to make life easier in your first year.

Good luck and thanks for writing in! Officer Michelle



Faces and places Church holds Father's Appreciation Fair

The third annual Community Father's Appreciation Fair took place earlier last month at Riverside Wesleyan Church, 6449 Riverside Blvd., to honor Father's Day. In addition to the praise and appreciation given to fathers, the event also hosted cars, boats, trucks, U.S. Army, Marines and Navy, kid's face painting, bounce house, food, Western Martial Arts Academy demonstrations, Lexus of Roseville, Sacramento Sierra Red Cross, Hubacher Cadillac and live music by the "Riverside Rockers."

Photos by Linda Pohl







See more Faces & Places, page 18

An afternoon to myself...mmm. Miracle...I need a plan. Ineed ... newshoes. No 1 2001+. Yes 120. No Ireally 20. Need a cool birthday card. Two, actually. Probably pickup some And fruit. bread and milk Maybe get my nails done. Yeah, that's good. Should stop by the bank-first. Oh, and another late. 1 we hisplace.



Life. Simplified

Anchor Tenants

Nugget Market
Marshalls

Rite Aid
Big 5 Sporting Goods

THUR DOWN

Food Service & Eateries Burger King Cold Stone Creamery Jimboy's Tacos L&L Hawaiian BBO Nugget Market Panda Garden Shari's Restaurant Shari's Restaurant Starbucks Coffee Subway Wingstop

Specialty Services AAA Dry Clean Today Leslie's Pool Supplies Sylvan Learning Center

Health & Beauty Ambrosia Nails

Amprosa Nais Circle of Beauty Eyebrow Express In Focus Optometry Jenny Beauty Supply Massage Envy Moulin Rouge Salon & Spa Rite Aid

Specialty Retail Big 5 Sporting Goods Citiwear Dress Barn Golden State Jewelers Marshalls Payless Shoe Source Radio Shack

US Bank

Payless Shoe Source Radio Shack Financial Services



Your Community Shopping Center.

Florin Road & Greenhaven Drive

A Shopping Center Development of Peter P. Bollinger Investment Company



Three Great Summer Specials at Sutter Express Care

A walk-in medical clinic inside your local Rite Aid

 Quick, easy, affordable treatme No appointment necessary You don't need to have a Sutter doct Many insurance plans accepted, but 	tor to visit Sutter E:	CPTESS Care With us, it's personal.
Convenient Hours: Mon-Fri: 9am - 8pm Sat-Sun: 10am - 4pm 800-972-5547 SutterExpressC	La	30 Florin Road ake Crest Village of Florin Road & Greenhaven
Sutter Express Care	Sutter Express Care	Sutter Express Care
\$15 Off your next visit	$\$10^{\text{Heart Healthy}}_{\text{Check-Up}}$	\$39 Kids Sports and Camp Physicals
Treatment of common illnesses including: Strep throat Earaches Colds & Flu Strains and muscle strains	Includes: Cholesterol check, including HDL, LDL, and triglycerides Blood pressure check Body mass index and body fat percentage	
One coupon per visit. Offers available for cash paying patients only and cannot be combined. Expires 08/31/09	One coupon per visit. Offers available for cash paying patients only and cannot be combined. Expires 08/31/09	One coupon per visit. Offers available for cash paying patients only and cannot be combined. Good thru Labor Day 2009











5 SOUTHCREST COURT • \$799,000 7217 SANTA TERESA WAY • \$359K-\$399K SUSIE K. PARKER • 768-8494 **MEENA CHAN LEE • 837-9104** See all our listings at www.cookrealty.net

60 MOONLIT CIRCLE Stunning contempor **PENDING** and 2.5 baths. Amenities include corner lot, across from greenbelt, 2 car garage w/boat access and possible RV access, tile, wood floors, ceiling fans and dual pane windows throughout. \$354,500 JERRY SCHWINDT • 397-3511



7704 EAST PORT DRIVE RIVERLAKE Gated **PENDING** rare opportunity for a four or five bedroom four bath over 4700 Sq. Ft. home with luxurimento! \$800.000 SUSIE K. PARKER • 768-8494



330 RIVERTREE WAY

Quality Parker built and meticulously maintained halfplex. Open floorplan on lovely street with pride of ownership. Attached unit is also available if someone wishes to purchase both units. \$299,000 SUSIE K. PARKER • 768-8494



ous details thruout and just 10 minutes from Downtown Sacra-**10 LORI COURT** Rare 4 bdrm/3 ba in a custom

area w/1 bdrm down, full bath, wet bar,& fireplace. Enjoy gorgeous kitchen, top of the line DeWils kitchen cabinets incl roll outs/quiet close drawers surrounded by Brazilian cherry flooring. \$199,000 **MEENA CHAN LEE • 837-9104**

REAL ESTATE SCHOOL

Call: Bob Shipley • 451-6702

PROPERTY MANAGEMENT

Call: Brittany Naucke • 457-4907

★ LOW INTRODUCTORY COST

MONTHLY CASH FLOW TENANT SCREENING

★ START ANYTIME

★ LIVE CLASSES

FORECLOSURE OPPORTUNITIES:

3901 42nd Ave., 95824, three Houses!, \$99,900 6345 Fruitridge Road, 95820, 4 bdrm, \$159,900 6730 Burdett Way, 95823, 3 bdrm, \$77,900 2283 Oakmont Way, Duplex, 95815, \$103,900 Please call Cook Realty for more Information (916) 451-6702

4305 Freeport Boulevard, Sacramento



QUALITY NEWER HOMES"



www.cookrealty.net • (916) 451-6702

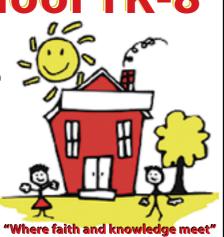
★ MAINTENANCE

St. Robert School TK-8 ATTENTION PARENTS!!!

St. Robert School is proud to announce that it will be opening a "Transitional Kindergarten" class for the 2009-2010 school year. This class is for children entering their 5th year of life by October 31, 2009. Our day will include:

- Language Arts Open Court
 - Math Saxon Math
- Religion
- Social Studies
- Science
- Art

Some openings are still available for grades K-8 for the 2009-2010 school year. If you are interested and would like more information, please contact Brian James at (916) 452-2111 extension 32.



Faces and places **Church holds Father's Appreciation Fair**

Continued from page 15







Dr. Michael McCloud

Join us and discover the normal

aging process and the risk

factors associated with cognitive decline presented by

Geriatrician Clinical Professor of UC Davis Geriatric Medicine, Gerontology

Join us for a FREE **Educational Seminar**

Alzheimer's Disease?

Tuesday July 21, 2009 2:30 pm -4:00 pm

Age Related Memory Loss or Signs of

Call Today

Must RSVP by the 17th Primrose Special Alzheimer's Living

247001342

7707 Rush River Drive, Pocket Area

LAKE CREST VILLAGE

VISA 🕘

Phone Ahead! 916-392-WING (9464)

1052 Florin Road Sacramento, CA 95831

Florin Road exit off of I-5. Make a u-turn at the Greenhaven light and enter Lake Crest Village Shopping Center at second right

WE ARE OPEN 7 DAYS A WEEK 11AM TIL MIDNIGHT

LUNCH DEAL 11AM - 4PM

FREE 20 oz. Fountain Drink & Regular Fries with any Wing Purchase

VALID AT FLORIN ROAD LOCATION ONLY Monday thru Thursday

One coupon per customer/visit Expires 07/07/09

© All rights reserved Wingstop 2003



Made Fresh to Order, **Never Pre-Cooked!**

WING FLAVORS Party Trays Available

Atomic- The name says it all period! Lemon Pepper- A zesty favorite Cajun- Original Hot with a little zip on the lin Original Hot- This is it! our original

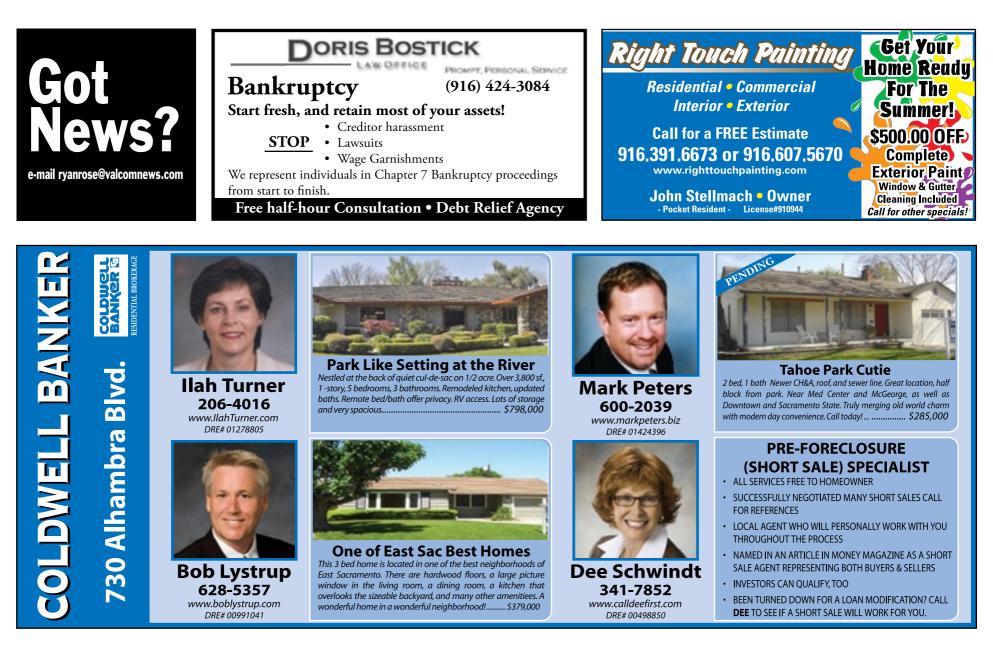
recipe for hot wings that made us famous Mild- For those who want the favor,

without all the fireworks Hickory Smoked BBQ- Bold with a little kick!

from coast to coast Garlic Parmesan- A great blend of flavors worth wrecking your breath for Hawaiian- Sweet and Tangy. Let's head for the Lugu Teriyaki- Asian flavor with a hint of sweetness









We're So Much More Than Child Care.

The 4th "R" Program believes in a philosophy that stresses positive self-esteem, in addition to respecting cultural, gender and developmental diversity while promoting fun and learning. Our child-centered, age appropriate program meets the individual needs of children and integrates acitivities vital to positive emotional, physical, and intellectual development.

> Monday-Friday 7:00am - 6:00pm 12 months a year



Visit www.4thRchildcare.com or Call 808-6012 for more information



Re-Discover Your Sex Life!

Doctor's Clinic for Men Specializes in the Treatment of Men with Erectile Dysfunction & Premature Ejaculation

If your romantic life is dead... and Viagra-type medicines have failed you... CALL US!

We've helped thousands of men and their partners including hundreds who has lost hope.

Romance is a vital part of your life.

We guarantee that if you don't respond to our custom blends of medicine there is no charge.

Men - all you have to lose is frustration.

Women - if your partner won't call... pick up the phone.

We can't help you if you don't call!

Mention you saw this ad in the Pocket News

DOCTOR'S CLINIC FOR MEN

2825 J Street #245, Sacramento CA 95816 Located near the heart of the Sutter medical complex.

CALL TODAY FOR YOUR APPOINTMENT Toll Free 877-493-8839 or 916-551-1595

www.doctorsclinicformen.com

Local players dominate Land Park Pacific Little League hits it out of the park

By BENN HODAPP

Pocket News Writer vcnnews@valcomnews.com

With all that's wrong with baseball these days, nothing quite soothes the weary sports fan's mind like a good, old-fashioned story about what continues to be so right about it. No egos, controversy, power struggles or suspensions; just baseball. Such is the story of the Land Park Pacific Little League.

It's nothing new for a local team to win its Tournament of Champions (TOC). But three teams in the same year from the same Little League? That's certainly new.

"As far as the TOC goes I don't know if (the league) has ever done this well," league president Jeff Hinrichsen said.

Three age divisions were represented by the LPPLL in the TOC. The Yankees, the Minors representative, were made up of kids ages 9-11; the Cardinals came out of the Majors with players ages 10-12; and the Juniors Blue team had players ages 13-14.

Hinrichsen, who is also the manager of the Minors' Yankees, talked about what made his team so successful this year. "I have told this story many times," he said. "I have had more talented teams, but they couldn't play together. These guys were truly a team. There were no internal conflicts and they all listened."

Teams like no other

The Yankees steamrolled the competition on their way to an 18-2 overall record, going 9-1 in both halves of the season. Upon reaching the TOC, they were primed for a run. The single elimination tournament can be a lot of pressure and it showed early on.

"Our first game we had some serious nerves going on," Hinrichsen said. "We made a lot of errors and we were down 6-2 early."

A late charge saw the Yankees score six unanswered runs to take the game 8-6 to move on to the semifinals. They won that game and advanced to the finals where they won by a decisive 7-1 score.

Hand it to the Cards

The Cardinals showed an impressive array of talent in their TOC by winning their championship game by an astounding 19-0 score.

"They worked hard to get better all season," manager Randy Wong said. "From February through last week the players improved their baseball skills."

So it would appear. Their first game was decided late by a score of 3-1. From there it was all Cardinals, all the time. A 13-2 victory in the semifinals set up the offensive explosion that came in the finals. The Cardinals finished their season at 21-2 after their terrorizing run through the tournament.

Nothing to be "blue" about

The Juniors Blue team had to play by a different set of rules before claiming its title. The Juniors played in a double elimination tournament, meaning that one loss would not end their season. A loss in the second game of the tourney was not enough to derail the season for the Blue team as they came back to win their next three games and earned the Juniors title in impressive comeback fashion.

It was defense that stood out in their run to the title, according to manager Shawn Smith.

"We made some pretty crucial defensive plays," he said. "We threw runners out at home and in the championship game there was a huge double play."



Photo courtesy The Yankees steamrolled the competition on their way to an 18-2 overall record.

The Blue team ended up with a 15-3 record after the championship run.

Baseball was not the only sport represented in the TOC however. The Minors' softball team was eliminated in the first round of its TOC by the Parkway Stingrays by a score of 10-6. **In a league alone**

The LPPLL, established in 1954, had arguably its most successful season ever despite tough economic times.

"We had 540 kids in baseball and softball this year," Hinrichsen said. "We had 540 when other leagues barely had 200."

As far as the success of the league this season, Hinrich-

sen embraces the challenge of making Land Park a powerhouse of baseball once again.

"Land Park has been the baseball hub of Sacramento," he said. "It was in a lull for a while but we're on our way to bringing it back."

The first-year president and sixth-year manager also explained why getting kids involved in Little League is beneficial to their growth.

"There is a lot to say in respect of socialization and teamwork," he said. "It's hard to teach kids that hard work can equal success without showing them they can do it."

For 2009 at least, it appears that the kids learned that lesson pretty well.



The right prescription The Pharmacist is in: New business revives good old days

By MIRANDA MENESTRINA Pocket News Writer vcnnews@valcomnews.com

Need a prescription filled? Head on over to Parkside Pharmacy-Land Park's newest neighborhood drug store. Take a step inside and you'll see it's unlike any other, where private talks with the pharmacist and customized medication are easy to come by.

Recently opened in May after a complete renovation, the store is a far cry from the original Land Park Pharmacy it once was.

"I didn't just want a new name on an old business," said proud owner, John Ortego, who, just a few years ago, never would have guessed that he would be a pharmacist with his own independent pharmacy.

Taking the long road

A masters student in Administration, Arts Ortego never found a job in the field he specialized in, and ended up teaching special education to severely handicapped chil-dren. Then, after a marriage and a 30th birthday, Ortego reached a critical turning point.

"I looked at my professional life and realized I wasn't happy," he recalled. "I went back to the drawing board and said, 'What do I want to do when I grow up?'

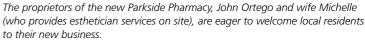
Interested in a variety of things, such as law and medicine, Ortego realized he had a skill set and personality that matched with pharmaceuticals. So, in 2006, after two years of

Parkside Pharmacy 4404 Del Rio Road 452-2200 Monday-Friday: 9-6 Saturday: 9-5 Sunday: closed

pre-pharmacy classes and three solid at the University of the Pacific, he graduated from the school's pharmacy program.

Throughout his training, Ortego focused on becoming an independent pharmacist, and after graduation worked as an independent contractor with three different independent pharmacies—one of them being the Land Park Pharmacy.





"I purposely put myself in situations where I could work and learn at the same time," he said.

And when the owner of the 55-year-old Land Park Pharmacy decided to sell and retire, Ortego jumped at the chance to pursue his dream.

Transformation

Despite trying to keep the old pharmacy an independent one, the owner of Land Park Pharmacy sold the lease in 2008 to Rite Aid, who simply absorbed the files into their Freeport location, gutted the building

See Parkside, page 23





22 The Pocket News • July 2, 2009 • www.valcomnews.com

Parkside: New biz is part personal pharmacist, part spa experience

Continued from page 22

and left it standing empty for months.

During that time, Ortego kept in touch with the landlords, Dr. Hebert and Inez Yee, and made them aware of his plans. When Rite Aid's lease was up in November of that same year, Ortego stepped in and, in January of this year, he got the keys to his very own independent pharmacy.

Before opening in May, however, the building underwent an upgrade. New flooring, lighting, cabinets and fixtures brought it up to date and ready to serve the community.

Without a client in his book, Ortego opened the doors to the pharmacy with the hope that his customer base would grow quickly and steadily.

"For 55 years people were coming to this location to get their prescriptions," Ortego said. "I hoped that out of convenience and habit people would come back, and so far that's proved to be the case."

A unique experience

With the number of independent pharmacies in Sacramento declining, and the number of chain stores increasing, Ortego has installed a number of unique elements into his store that sets it apart from all the rest.

The first, and most essential to Ortego, is the quality of pharmaceutical care he provides for his customers.

"When you go to big chains, you have to request to speak to a pharmacist. And when you get the chance, he or she is behind glass," Ortego complained. "Come here and I'll talk to you privately behind closed doors."

Another element that separates Parkside Pharmacy from other competitors is its delivery service that sends prescriptions directly to a customer's home.

Parkside Pharmacy is also unique in the fact that it works in a triad with doctors and patients to customize medication.

"We hone in on exactly what a particular patient needs, and work closely with doctors to get it right," Ortego stated.

And finally, the store is more than just a pharmacy. While the sign on the roof reads "Parkside Pharmacy," the sign on the door and all the store's literature states the full name: Parkside Pharmacy, Compounding and Wellness Center. The store's floor space is divided between the pharmacy, a boutique and a skin spa that is run by Ortego's wife, Michelle, a certified esthetician.

Future plans

While Parkside Pharmacy has only been open for a few weeks, Ortego's entrepreneurial spirit is anything but quenched.

Hoping to quickly change the status of his business from start-up to mature, Ortego plans to have the pharmacy be self sufficient within two years without losing the unique personal touch. In five years, he wants to replicate the model in a few more places, including the foothills and even Davis.

"And in ten years I want to travel and spend time with my family," he said.



Esthetician Jessica Needham prepares her wares at Land Park's new Parkside Pharmacy.



Before you **go outside** to



(916)

CALL ME AND I'LL

HANG UP

A SOLD SIGN!

523.3700 Gina@GinaLaPlaca.com www.GinaLaPlaca.com

Gina

REALTOR®, ABR. CRS

NORTHERN CA CRS

It's important to me!

2007 PRESIDENT-ELECT,

"If it's important to you.

Over the past twelve years, I have been fulfiling the real estate needs and deams of those moving within or to the Sacramento ana. My prior tes are simple. They're yours. When buying or selling a home, you deserve a Reabort who'll take time to lister, field out shake incontent to you, and

a Realizari who'l take time to lister, find out which important to you, and put your interests first, if you are think ing of buying or selling a home, please share your goals with me. In turn, I'll share my success with you!

2007 President-Elect, Northern California CHS

Seconento Association of Realton's Marters Dub Life Member & Steering Committee Member

Director Secremento Association of Realtons

Director California Association of Realtons

Accredited Buyer's Representative (ABR)

Born and Raised in Sociamento

- Certified Residential Specialist (CRS)

aPlaca

Dunnigan Real Estate

C A L E N D A R

GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail **ryanrose@ valcomnews.com**. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost.

JULY

Annual July 4 Pocket Parade

Red, white and blue will be out in full stride in the Pocket area this Independence Day, as the very special, annual Pocket area event, the Pocket Parade, returns for another year. But this year will be even a bit more special as the parade turns 15 years old. The free, community-based parade, which will be emceed by Nick Toma of Channel 31 KMAX, is scheduled to begin at 10 a.m. and last for about an hour. The starting point of the parade is Lisbon Elementary School at 7555 South Land Park Drive. The parade proceeds from the school down Windbridge Drive, then turns right at Pocket Road into Garcia Bend, where the parade ends.

Music Camp

Northminster Presbyterian Church is offering a week-long music camp for 2nd - 12th graders from July 6 to 10, 9 a.m. to 4 p.m. at 3235 Pope Ave. Children will have the opportunity to learn to play musical instruments including guitar, percussion, song flute, and chimes, do drumming, work with props and set decorations as well as participate in singing and movement. They will also be putting a musical together. The musical, Fruit for Thought, will be performed on Sunday, July 12, during the worship service (9:55 a.m.) Children are asked to bring their lunch. Snacks and drinks will be provided. The cost is \$25. For more information, call 487-5192 or visit Northminsteronline.org.

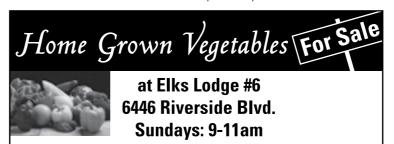
Summer Concert Series

Parkside Community Church, 5700 S. Land Park Dr., will host area musicians to present Seven Summer Sundays + One Concert Series. The series funds the work and mission of Parkside Community Church. Suggested donations for each concert are: \$10 per person; \$30 per family; and a "Season Special" of \$65 per person for all eight concerts. Tickets may be purchased at the church office between 8:30 a.m. to 12:30 p.m., Monday through Thursday, at the door, or by phone at 421-0492. The concerts are the Sequential Sundays at 7 p.m. from July 12 to August 30. For more info, call 391-3317.

JULY 4

Fun Run/Walk

It's time for the 14th annual 4th of July Fun Run/Walk at Matsuyama Elementary. Everyone is invited to attend this community and family oriented event, which rais-



Tomatoes. Cucumbers. Squashes. Basil. Eggplant. Swiss Chard. Peppers and more! Proceeds to Elks Nursing Scholarship Fund.

Old Sacramento Street Scenes

Old Sacramento presents free and low cost family-friendly and historically educational entertainment every Saturday and Sunday June through August.

Attractions: Saturday, July 4

Musical Mark Twain: Gordy Ohlinger, Eagle Theatre, 11:00-4:00.....free Croquet game and picnic, 1849 Scene, 11:00-3:00free Children's Games,Wharf, 10:00-4:30free Bowling- Gold Rush Style, B.F. Hastings Building, 10:00-4:30free Shakespeare Lite, Waterfront Park, 4:00-6:00free Gold Rush Legacy Walking Tour, Sac History Museum, 11:00 am Architectural Walking Tour, Sac History Museum, 11:00 am Panning for Real Gold, Sac History Museum, 11:00-4:00

Attractions: Sunday, July 5 Musical Mark Twain: Gordy Ohlinger, Eagle Theatre, 11:00-4:00....free Storytelling, Waterfront Park, 11:00-2:00.....free Children's Games, Wharf, 10:00-4:30.....free Bowling- Gold Rush Style, B.F. Hastings Building, 10:00-4:30.....free Shootout: Blue Canyon Gang, Waterfront Park, 4:00-6:00.....free Gold Rush Legacy Walking Tour, Sac History Museum, 11:00 am...\$ Architectural Walking Tour, Sac History Museum, 11:00 am...\$ Panning for Real Gold, Sac History Museum, 11:00 am...\$

Attractions: Saturday, July 11

Children's Games, Wharf, 10:00-4:30free 19th Century Dancing, Eagle Theatre, 12:00-3:00free Bowling- Gold Rush Style, B.F. Hastings Building, 10:00-4:30free Gold Rush Legacy Walking Tour, Sac History Museum, 11:00 am\$ Architectural Walking Tour, Sac History Museum, 1:00 am\$ Panning for Real Gold, Sac History Museum, 11:00 am 4:00 pm\$

Attractions: Sunday, July 12 Storytelling, Waterfront Park, 11:00-2:00.....free Children's Games, Wharf, 10:00-4:30.....free Shootout: Blue Canyon Gang, Waterfront Park, 4:00-6:00.....free Bowling- Gold Rush Style, B.F. Hastings Building, 10:00-4:30.....free Gold Rush Legacy Walking Tour, Sac History Museum, 11:00 am ...\$ Architectural Walking Tour, Sac History Museum, 11:00 am ...\$ Panning for Real Gold, Sac History Museum, 11:00 am ...\$ Attractions: July 18, 19, 25, 26 to come

• • • •

*activities may be subject to change

For a complete summer schedule and more information visit: www.sachistorymuseum.org or call 916-442-7644 es funds for the 2009-2010 sixth graders to attend the Sly Park Environmental Science Camp. The Fun Run/Walk is a 5K/8K event that take place on Saturday, July 4th. The race begins at Matsuyama Elementary School, 7680 Windbridge Drive. Check in begins at 7 a.m. and the race start time is 8 a.m. Fees are \$15 includes event T-shirt before May 22; after May 22, the fee is \$20. For more information, please contact Poh-Ling Oon at 424-0873.

Carmichael's Gala Parade and

Fireworks Show

Begin your 4th of July celebration by attending the pancake breakfast (7am -11am) at Carmichael Park, sponsored by the Kiwanis Club of Carmichael. After, walk over and enjoy the Annual Elk's Club Parade (10:30 am) featuring many wonderful community floats, marching bands, equestrian entries, military units, antique automobiles, and much more! The parade route starts at Marconi/Fair Oaks and continues down Fair Oaks Boulevard to Cypress/ Manzanita. The Grand Stand is located across the street from Carmichael Park, 5750 Grant Avenue. Don't miss out on one of the Largest and Oldest parades in the region! For more information on float registration email Jim Warrick at jdwarrick@lanset.com or call the Elks Lodge at 489-2103.

Carmichael's Fourth of July Fireworks Show

The evening will culminate with the annual Fireworks Show at La Sierra Community Center, 5325 Engle Road, Carmichael, CA 95608. Beginning at 4pm the Sacramento Firefighters Association will host free kids' activities, fire trucks, demos and music. Inflatable's and free kids' activities will continue throughout the evening along with a performance by the Sacramento Valley Symphonic Band at 7pm a Touchstone Theater performance at 8 p.m. and the fireworks at approximately 9:15 p.m. The Fireworks display is sponsored by the Carmichael Recreation and Park District and Mission Oaks Recreation and Park District and new this year, Sacramento Metropolitan Fire Fighter Association. For more information: call (916) 485-5322 or visit www.carmichaelpark.com

JULY 8

Lower House Payment

Attend this free seminar to get answers on short sales vs. loan modifications. The meeting is 6 p.m. to 7 p.m. on 4305 Freeport Blvd. RSVP Deb Luna or Anthony Carrillo at www.cookrealty.net or 834-1947 or 833-6266.

JULY 9

Computer club meeting

Mission Oaks Computer Club will meet at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael from 1 p.m. to 3 p.m. Alan Drew with Wireless Toyz, will present: Everything you wanted to know about cell phones whether you have one or not. A question and answer session will follow the meeting. Visitors are welcome. For additional information call 366-1687 or visit our Web site: http://missionoakscomputerclub.org

JULY 10

Carmichael Geranium Society Meeting Attend a meeting at 10 a.m. of the Carmichael Geranium Society at the Carmichael Community Clubhouse, 5730 Grant Ave., Carmichael. Betty Ann Cassina will demonstrate floral arrangements to enhance our homes. Visitors welcome - no cost.

JULY 11

Ice tea tasting program offered

Anne Evans, a certified tea consultant, will present a free ice tea tasting program at 2 p.m., Saturday, July 11, at Arden-Dimick Library, 891 Watt Avenue. As well as sampling tea, participants will learn the history of iced tea, find out what bubble tea is, and play a game of TEAGO. Registration required by calling (916) 264-2920 or online at www. saclibrary.org. The program is sponsored by the Friends of Arden-Dimick Library.

Jensen Garden Work Day Volunteers

Friends of the Jensen Botanical Garden will hold a garden workday Saturday from 9 a.m. to 1 p.m. Bring work gloves, hand pruners and your lunch. Come join with other volunteers to keep the garden beautiful all year. Other workdays in 2009 are 8/8, 9/5, 10/3, 11/7, 12/5. The Jensen Garden is located at 8520 Fair Oaks Blvd. in Carmichael. For more info: Tracy Kerth (916)485-5322 ex 23 or email tracy@carmichaelpark.com.

See the Art

Glass and Clay Artist Evan Michael Barton, and Clay Tile Artists Vincent Monrel

and Chris Kubi will join Fe Gallery Resident Artists Stephen Lyman (metal art) and Sheena Wolfe (fused glass) for a Second Saturday Reception July 11 from 6-9pm. There will be an art demonstration at 7:30 p.m. Fe Gallery is located at 1100 65th Street (north of Folsom Blvd., corner of 65th and Elvas), East Sacramento. For more information about the artists and the gallery visit www.FeGallery.com or call, (916) 456-4455. Daytime gallery hours are currently from 8:30am to 4pm Monday through Friday and Saturday 10am to noon. The current show will run throughout July.

Free E-Waste Collection

Held 9 a.m. to 2 p.m. at the Northeast YMCA, 3127 Eastern Ave. Funds raised will help send children to Jujitsu Summer Camp. Items Accepted Include your old or broken electronic equipment: monitors, TVs, computers, laptops, VCRs, stereos, speakers, keyboards, PDA's, cameras, telephones, cell phones, printers, copiers, scanners and fax machines, etc. For your security, CEAR Inc will shred all hard drives at their secure facility. Visit www.cearinc.com. For information, call the YMCA at: 916-483-6426

July 1<u>4</u>

Special senior seminar

Talking to Your Doctor, presented by Lisa Smith-Youngs from Senior Connection. Learn how to get answers to your most important questions, how to keep notes and ways to prepare for effective appointments. Leave your next medical appointment feeling empowered and satisfied! 1:30-3:00 p.m. Ethel Hart Senior Center, 915 27th St. Sign up in advance by visiting or calling 808-5462.

JULY 16

Sacramento Job Fair

Held Thursday from 11 a.m. – 2 p.m. at the Holiday Inn Northeast I-80, 5321 Date Ave., this free job fair can help connect the unemployed or underemployed to new career opportunities. Come meet multiple employers face-to-face who will be hiring for all types of jobs. A variety of Colleges/Vocational Schools will also be in attendance to help you with all of your educational needs. For more information, visit us at www.goldenfutureexpos.com or www.goldenfuturecareerfairs.com. Parking is free

JULY 18

A night at the movies

Enjoy a night at the movies and see a classic film the third Saturday each month at Didion/Lewis Park Recreational Center at 6490 Harmon Dr. Doors open at 6.30 p.m. Movie begins promptly at 7 p.m. Free admission, free popcorn and free prizes. See the following movies: "Roman Holiday" on July 18; "To Kill a Mockingbird" on August 15; and "Gaslight" on Sept.19.

Art Show in Lyon Village

Cottage Affair in the Lyon Village Shopping Center at Fulton and Fair Oaks will host an artists' exhibit Saturday from 11 a.m. to 2 p.m. See unique pieces by local artists. Admission is free.

Find your roots

More genealogical information is being made available online all the time. Learn about the web sites that will enable you to start researching your family's history at a free workshop at 10:15 a.m., Saturday, July 18, at the Central Library, 828 I Street, Sacramento. Registration is required by telephoning the Sacramento Public Library (916) 264-2920 or visiting www.saclibrary.org.

Medical care tips presented at

Arden-Dimick Library

JULY 20

Local practicing family physician and author Davis Liu, M.D. will share valuable tips on receiving the best medical care and getting the most out of one's doctors' visits at 6:30 p.m., Monday, July 20, at Arden-Dimick Library, 891 Watt Avenue. He covers this topic in depth in his book, Stay Healthy, Live Longer, Spend Wisely: Making Intelligent Choices in America's Healthcare System, with the critical information needed to make intelligent medical and related financial issues. Dr. Lieu's book will be available for purchase and signing at the program's conclusion. For more information, telephone the Sacramento Public Library at (916) 264-2920 or visit www.saclibrary.org.

Paratransit Mobility Training

Come learn about navigating the RT Bus system, senior discounts and how to sign up for Paratransit. Do you qualify for a free lifetime RT bus pass? Come and find out Monday at 1:30 p.m. at the Ethel Hart Senior Center, 915 27th St. Free to public. Info: 916-808-5462.

See more Calendar, page 28



Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

Your services are needed! Call (916) 429-9901 and reserve your space on the *Pocket News* Home Improvement page



YOUR SERVICES ARE NEEDED CALL Melissa TODAY TO PLACE YOUR AD (916) 429-9901

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

Your services are needed! Call (916) 429-9901 and reserve your space on the *Pocket News* Home Improvement page



CALENDAR

JULY 22

Lower House Payment

Attend this free seminar to get answers on short sales vs. loan modifications. The meeting is 6 p.m. to 7 p.m. on 4305 Freeport Blvd. RSVP Deb Luna or Anthony Carrillo at www.cookrealty.net or 834-1947 or 833-6266.

JULY 23

Senior Legal Hotline Workshop

Reverse Mortgages. Are they as good as the brokers offering them make them sound? How do they work? How can you determine if one may work for you? 1 p.m. Ethel Hart Senior Center, 915 27th St. Free. 808-5462.

JULY 23

Special informative seminar Take in information at "Fibromyalgia: Truth,

Hope and Results" on Thursday at 6:30 p.m.

Dr.Tony Baratta, who has successfully treated hundreds of patients with Fibromyalgia, will present this class. The class is free. RSVP at 979-0716 or e-mail tonybaratta@sbcglobal.net.

JULY 24

Movie night at Arden Hills

With summer in full swing, Friday night is "Movie Night" at Arden Hills Resort Club & Spa on July 24. Your family will love watching the kid-favorite animated movie "Toy Story" outdoors under the stars at Arden Hills Resort Club & Spa, 1220 Arden Hills Lane, Sacramento, on Wednesday at 6:30 p.m. Tickets are \$20. For more, call 916-482-6111 or visit www.ardenhills.net.

JULY 25

Lunch give-away KSL Inc. Sack lunch Give-A-Way start-

ing at 11 a.m. The event will provide a nu-

tritious sack lunch to the kids in the Meadowview area on this day. KSL Inc. will visit the various park within the area as well as Coral Gable Apts., Nedrea Ct., Jarden Villa Apts., and Whispering Pines Apts.

Gourmet Cooking With Chef Linda

Desserts don't have to make you feel guilty if you choose your ingredients and recipes carefully. Participate in a special gourmet cooking class about how to make Cherry Cream Cookies that are delicious and healthy, too at Arden Hills Resort Club & Spa, 1220 Arden Hills Lane, Sacramento, on Wednesday at 6:30 p.m. Tickets are \$20. For more, call 916-482-6111 or visit www.ardenhills.net.

JULY 25

Taiko Dan Concert

Sacramento Taiko Dan is celebrating its 20th anniversary with a concert at the Sacramento Community Center Theatre on July 25, 7:00 p.m. Sacramento Community Center Theater, 13th and L streets, in Sacramento. All seats place, The Yorozu, Osaka-Ya. For more infor-

JULY 27

Laugh Out Loud Yoga

Guided by Certified Laughter Yoga Leader Judy Knott, free classes meet once or twice a month in the Land Park and Elk Grove areas at 9:00 a.m. for just under an hour. This class will be held at Belle Cooledge Library. Laughter Yoga was created by a medical doctor in India and has spread to over 60 countries. For more information, call 539-1716.

JULY 29

Meal Planning 101 Class

Tired of the same old meals each week? It's time to shake it up, learn how to liven up your shopping list with new foods, healthy ingredients and swap favorite recipes, too! Don't miss a special "Meal Planning 101" wellness class at Arden Hills Resort Club & Spa, 1220 Arden Hills Lane, Sacramento, on Wednesday at 6:30 p.m. Tickets are \$20. For more, call 916-482-6111 or visit www.ardenhills.net.

AUGUST 1

Screen on the Green

As part of the "Screen on the Green" movie series, see "Babe, The Gallant Pig" Saturday at East Portal Park, 51st and M streets, for free.

AUGUST 8

Luther Burbank Class Reunion

Classmates: Attend the reunion for the Luther Burbank High School Class of 1989 at the Holiday Inn Downtown. Ticket are \$75 per person. Contact information is at www. lbhsclassof 89.com

Lunch give-away

KSL Inc. Sack lunch Give-A-Way starting at 11 a.m. The event will provide a nutritious sack lunch to the kids in the Meadowview area on this day. KSL Inc. will visit Country Wood Apts., California Place, and Orangewood Apts.

Book-binding workshop

Sharon Tanovitz, of Art Ellis Supply, will demonstrate how to make a piano hinge book at a free art workshop at 1 p.m., Sat-

\$20. Tickets on sale now at Tickets.com, the Community Center Box Office, Oto's Marketmation, please call 916-444-5667, email booking@sactaiko.org, or visit www.sactaiko.org. MINI MARKETPLACE

CALL (916) 429-9901 FOR AFFORDABLE RATES! LANDSCAPE MAINTENANCE YOUR AD SHOULD BE HERE! LANDSCAPE PAINTING HANDYMAN **Darin's Bonsai** FREEDOM **GARY'S PAINTING ROBERTS LANDSCAPE** Your Ad Here! HANDYMAN SERVICES Custom Landscape & Design Landscape Maintenance EXCELLENT REFERENCES Call: 444-6458 Call (916) 397-8978 (916)470-3488 Your services 725-8781 License # 590317 **Free estimates** are needed. GENERAL CONTRACTOR ELECTRICAL ROOFING FENCING Your ad should be here. **Sunshine Electrical Aesthetic Fence Co.** HandyHand Service All Seasons Roofing Ad design is free. Prompt. Dependable. Honest! (916) 570-3078 ph/fax Free est. (916) 483-1318 Call Manda Call Melissa 429-9901 (916)344-8735 or (916)752-5308 (916) 380-0061 cell Bonded, insured, lic. #459864 (916) 606-6810 Ca License # 633853 Call a sales representative today for great advertising rates: 429-9901 ANTENNA REMOVAL HANDYMAN CAR FOR SALE TAX PREPARER WANTED ANTENNA REMOVAL HANDYMAN SERVICES #1 TAX PREPARER-OLD GUNS 2006 VW JETTA No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114. Conover's Antenna Removal Service Why not remove that old, ugly, unused antenna. A home improvment at little cost. 25 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly all past tax returns including allState returns. Get Old guns wanted. Also want Parker & L.C. Smith double barrel shotguns. Cash paid. Pls call (916) MUST SELL! Looks new. Auto, A/C, cruise power windows/doors, disc brakes, single in-dash CD. 43,915 miles (freeway). Recently 531-5972. the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820. Same low 1990 rates. Call (916) 973-9928 for an appt. for removal had 40K svc. Asking \$13,750, obo. Call 916 548-2764 SUMMER SPECIALS **GIFT BASKETS & BOOKS** APARTMENTS FOR RENT Rain Gutter Cleaning – Concrete removal (Patio, driveways, borders, etc.) ROTOTILL-ING, pressure washing/power spray, hauling, COMPUTERS www.taxirene.info APARTMENTS FOR RENT SHERRY'S WORLD OF SOUTH PARK PLACE - Newly renovated 1,2 & 3-bed. apts. Gated garden community in Greenhaven at 6230 Greenhaven Dr. \$680-\$990! Ask about our awesome specials! (916) 521-6384 GOT COMPUTER PROBLEMS? **REPS WANTED** Pocket Computer Technician. I do on-site visits in the Pocket area. \$30/hr. Outside the Pocket yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. **BASKETS & BOOKS** area, travel charge will apply. Problem not fixed? AVON No pay! Free estimates/consultation. Call cell# 296-7161 • Surprise gift baskets Specials for seniors. Licensed. BOOKKEEPING HOUSEKEEPING • Unique journals #1 BOOKKEEPER-DRIVERS/EMPLOYMENT 25 yrs. exp. in industries like Auto, Me-chanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Whole-**EXPERIENCED HOUSEKEEPER** • Custom photo albums Experienced housekeeper looking to add new clients. Honest, dependable, reliable & very picky about how I clean your home. "I clean your home the way YOU want me to." Affordable rates. Ref available. Contact Sharon @ 916 451-4014. DRIVERS/EMPLOYMENT **Become an Independent** Drivers: Avg. Wkly \$1000-\$1200 Cryogenic Transportation. Great pay, hometime, benefits! CDLA w/X End. 2yrs Exp. 866 339-0072 www. AVON Representative TODAY! Call for infor (916) 519-8128 sale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Make extra \$\$\$ cryodrivers.com Work your own hours **NEED A NANNY?** Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820... No inventory FOR INFORMATION ON NANNY Delia 391-0700 or 296-3165 ADVERTISE YOUR RENTALS www.taxirene.info. **CLASSIFIED ADS &** Seeking quality care for your children? FT/PT position wanted. Daytime hours/weekends only. Certified teacher. CPR certified. Annette 469-9549 HOME IMPROVEMENT CALL 429-9901. List your auto for sale in Sell your furniture Call 429-9901 ADS Call 429-9901 the classified ads in the classifieds or 799-7796 Call at 429-9901 and place your ad today!

urday, August 8, at Central Library, 828 I Street, Sacramento, This free class is for adults only, and all skill levels are welcome. Book binding materials will be supplied, but participants must bring the following tools: scissors, pencil, glue PVA, glue brush, bone folder, and ruler. These tools can be purchased at art supply stores. The art program series is sponsored by the Friends of the Sacramento Public Library. For details, telephone the Sacramento Public Library (916) 264-2920 or visit www.saclibrary.org.

August 14-16

Ragtime Festival

The 11th Annual Sutter Creek Ragtime Festival will be held Friday from 4 p.m. through Sunday, August 16 at 4 p.m. There will be 31 musicians and groups playing in five different venues on Main Street, Sutter Creek. Special events include Silent Movies, a Youth Concert, and two concerts featuring all the musicians. Early Bird special All Event Badges are on sale for \$60 before July 15, and \$70 after. Daily badges, concert tickets and Silent movies tickets are also available. Reserve your badge now through the Mother Lode Ragtime Society, 11310 Prospect Drive #10, pmb 12, Jackson, Ca. 95642. For more information call 209-223-0867, e-mail jasser09@yahoo.com, or visit www.suttercreekragtime.com.

August 15

A night at the movies

Enjoy a night at the movies and see a classic film the third Saturday each month at Didion/Lewis Park Recreational Center at 6490 Harmon Dr. Doors open at 6.30 p.m. Movie begins promptly at 7 p.m. Free admission, free popcorn and free prizes. See the following movies: "To Kill a Mockingbird" on August 15; and "Gaslight" on Sept.19.

AUGUST 16

St. Mary's Parish 78th Annual Festival

The annual festival is Sunday from 10 a.m. to 8 p.m. at the parish, 1351 58th St., The event features two great bands: Q-Balls and Miller Hi Lites. Plus lots of wonderful attractions for the family and kids. Arts and crafts, festival booths, bingo, rock climbing, laser tag, water slides, shopping mall, chicken/ pasta dinner, international selection of foods, and dancing. For more info, call 718-2766.

AUGUST 22

Fourth annual Kids Bash

Hosted by KSL Inc in partner with Bonnie Pannell, the 4th Annual Kid Bash will be held at Meadowview Park from 11 a.m. to 5 p.m. At this event we have various games and contest such as our 3 on 3 B-Ball, Talent show, Relay races and entertainment and guest speakers. Along with the fun and games we provide a wide range of resouces for the parents as well as a lunch to all those who attend and our ever so popular backpack and school supply give a way.

AUGUST 29

SummerFest

SummerFest Beer, Wine & Art Festival is back for it's Second Annual fund-

raising event benefiting the Alzheimer's Association's Sacramento Memory Walk. Memory Walk is the Alzheimer's Association's national, annual, signature fundraising event, raising more than \$220 million since 1989 for research, programs and services. Located along the scenic Sacramento River in Miller Park on Saturday from 1-5 p.m., this event will bring our community together for a beautiful summer afternoon and a worthy cause! The SummerFest Silent Art Auction will feature many of Sacramento's local artists, as well as items such as weekend getaways, limousine packages, signed collectors items, and more!



BBQ, Beer and Boogie

Hosted by Carmichael Oaks and Kiwanis Club of Carmichael, this special event held from 5 p.m. to 8 p.m. will benefit Alzheimer's Association Memory Walk 2009.

Mondays

Tai Chi at Hart Center

Chinese exercise combines specific movements and relaxation, 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St. Instructor, Mamie Woo. Information at 808-5462.



Instructor Pat Shaw teaches students to align the body through breathing techniques, postures and deep relaxation, 3 to 4 p.m., Hart Senior Center, 915 27th St. Information at 808-5462. Repeats Wednesdays, Fridays.

Gray Eagles meet

Gray Eagles, a social group for men and women, hears guest speakers on air shows, flying and warbirds, 11:30 a.m. to 1 p.m., second Mondays of the month. Visitors welcome. Free, at the Hometown Buffet (private dining room), 4300 Florin Road. Information at 421-0844.

Newcomer's Buffet

The Widowed Persons Association of California invite any and all widows and widowers to attend their Newcomer's Buffet and Social at 5:30 p.m., every third Monday, at the Plaza Hof Brau, El Camino at Watt Avenue. The cost varies as the choice is from a no-host buffet menu. For more information, call 972-9722,

Toastmasters meet

Guests always welcome at Klassy Talkers Toastmasters to have fun while improving speaking and leadership skills, 7 to 8:30 p.m., Executive Airport 6151 Freeport Blvd., 95822. Information: Jan at 284-4236 or www.sacramentotoastmasters.com.



A RELAXING ESCAPE





THAT'S EASY TO AFFORD



Receive the attention your body deserves at a price you can well afford with Massage Envy. During your one-hour massage session, our professional Massage Therapists will work away the areas that cause you daily stress. With a relaxed body and renewed mind, you'll discover true value in your overall wellness. And best of all, our extended hours and convenient locations ensure you can fit a massage into even the busiest schedule. Restore balance in your life today with a rejuvencting visit to Massage Envy.



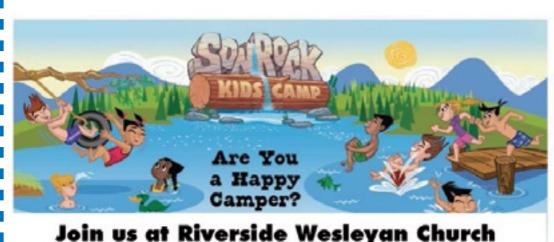
LAKE CREST VILLAGE 990 Florin Road Next to Nugget Market (916) 391-ENVY (3689)

Franchises Available | MassageEnvy.com | Convenient Hours. Open 7 days. M-F 8am-10pm, Sat 8am-8pm, Sun 10am-6pm



Give the gift of relaxation with a gift card from Massage Envy.

*Valid for first one hour session which consists of a 50-minute massage and time for consultation and dressing. Prices subject to change. Rates and services may vary by location. Additional local taxes and fees may apply. © 2009 Massage Envy Limited, LLC.



6449 Riverside Blvd., Sacramento July 13-17, 2009 – 6:15 - 8:40 PM All Children ages 4 yrs – 6th Grade Free "SonRock" VBS T-shirt to first 100 kids! No Fee Registration! Register at the Church now or call 391-9845 to reserve your space.



Open House & Resident Art Exhibit

O ome and experience our beautiful historic Land Park community. Enjoy hors d'oeuvres and refreshments, provided by our Dining Room, while you stroll the beautifully landscaped grounds.

Admire the wonderful art pieces created by our residents & their family members.

Residents will be in attendance for true life testimonials and to answer questions from their perspective.

There will be guided tours of our apartments during the entire event and staff will be on-site to answer any questions you may have.

We hope you will join us to celebrate our 36th year in the Land Park community!

Eskaton Monroe Lodge

3225 Freeport Blvd Sacramento, Ca 95818 916.441.1015 www.eskaton.org

Just two blocks north of Sacramento City College

Waters: To run in 2010 race

Continued from page 3

he will once again run for the District 7 seat.

District 7 Director Patricia Clark feels strongly about Waters' common sense approach to the council and his efforts to work well and communicate with others.

"(Waters) brings a downto-Earth, common sense perspective to the council," Clark said. "He believes he still has a strong contribution to make over this next term and it has to do with his experience and the good work that we've done for constituents and the continuing to do that good work.

"That would even include responsiveness. Robbie feels very strongly that we need to serve the district and that even if they don't get the answer that they want, they should get an answer back and we all work very hard to achieve that goal."

During his time as the city's representative for the district, Waters has made a variety of contributions.

When asked to list some of his most notable accomplishments while in office, Waters said, "Several of the improvements that I've made in the district over the past 15 years are: the two welcome signs to the community (on Riverside Boulevard and Pocket Road), the flag on the water tower, the July 4th parade, as a sense of community thing, and getting the Pocket area out of the flood plain, which required a lot of work with the Sacramento Area Flood Control Agency, the Didion gym and recreation center and then of course, the (under construction Robbie Waters Pocket-Greenhaven) library. (The library) has taken all these years and talking to the school district over the whole 15 years."

Continuing, Waters said that a pair of other improvements during his time with the council are refurbishing parks and replanting the Pocket Canal Parkway and adding more soccer fields for local youth.

As a native of Sacramento, Waters has been connected with the Sacramento area for 73 years.

Many people in the community recall Waters' three decades in local law enforcement.

Following his three-year tour of duty with the U.S. Air Force, Waters began the first of his 24 years with the Sacramento Police Department in 1958.

These years included his work as sergeant of detectives, homicide lieutenant, juvenile commander and lieutenant in the personnel training division.

Waters, who received several awards during his law enforcement career and authored the 1976 textbook, "Introduction to Law En-

See Council, page 31



July 25th, 2009

1:00 'til 4:00 p.m.

Please RSVP if you would like to

set a time for a guided tour



FREE Yoga Class

Saturday, July 4th at 9:00 am

916.764.4388 · riseyoga.com

Promenade Shopping Center 7485 Rush River Dr., #705

Council: Waters has 43 years of public service

Continued from page 30

forcement," also spent five years as the Sacramento County sheriff.

And for Waters, who spends his weekends working at his family's Pocket area business, Pocket Custom Framing, his experience in law enforcement has made an impact on his ability to work with others as a member of the city council.

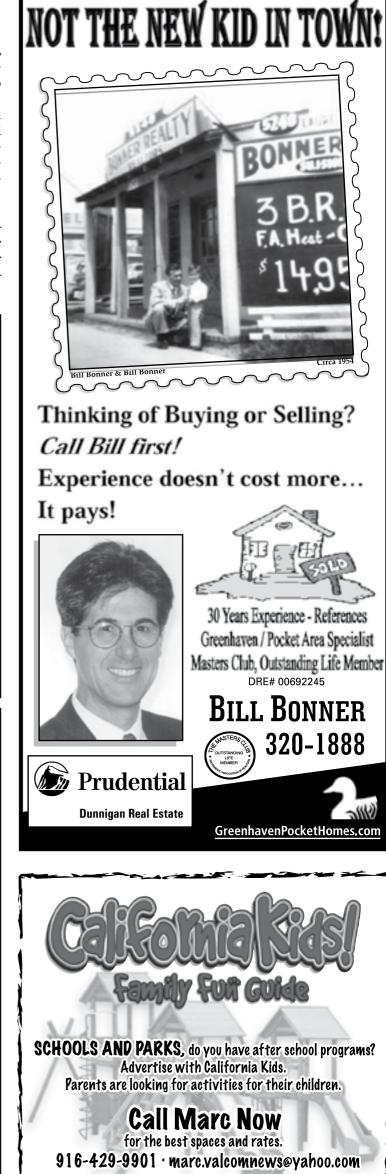
Acknowledging this point, Waters added that his experience as a business owner has also proved beneficial to his city council work.

"The fact that I'm the only business owner and I'm the only retired law enforcement (officer), it helps me to enlighten my colleagues on the city council when matters pertaining to these issues come up," Waters said. Working in his 43rd year of public service, Waters simplified the description of his position, saying, "Really it's about being able to help people."

Now that he has made his decision to run for the District 7 seat once again, Waters said that he looks forward to the possibility of providing four more years of service to the community that he both loves and has been a resident of for the past 40 years.

Editor's Note: This special profile on Councilmember Water's run for re-election is part of The Pocket News' 2010 election coverage. All other local candidates will also be featured as they announce their intentions to run for office.







GATED COMMUNITY FOR 55+, SHOWS LIKE A MODEL HOME. ADDITIONAL OFFICE RM AND OVERSIZED GRAGE. 1 STORY WITH TILE FLOORING UPGRADED CARPET, KIT NOOK, CUSTOM BLINDS & WINDOW COVERINGS. BEAUTIFULLY LANDSCAPED REAR YARD. CLUB HOUSE W/ POOL & TENNIS COURT. TONS OF EXTRAS! **BOB WILSON 686-6868**

6709 WOODBINE AVE-\$95,000 PENDING

PROBATE SALE, DOESN'T NEED COURT APPROVAL. INVESTMENT PROPERTY. **BOB WILSON 686-6868**

PENDING SELLING LAND VALUE ONLY. FIRE IN 2008 W/ EXTENSIVE DAMAGES. COUNTY RECORD SHOWS THE PROPERTY AT 2062 SF W/ 4 BED, 3 BA, 2 CAR GARAGE & TILE ROOFING.

LYNN LUK LEE 628-2843

& CABS. LRG DECK. OPEN FLR PLAN, HIGH CEILINGS, ABOUT 2,500 SQ FT LIVING SPACE. BOB WILSON-686-6868