

Portuguese Historical and Cultural Society celebrates 30th anniversary

Pocket non-profit society has promoted Portuguese historical and cultural heritage

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Superintendent delivers district report card

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Church celebrates 75th anniversary

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Library turns new page

The latest chapter for new Pocket-Greenhaven Library

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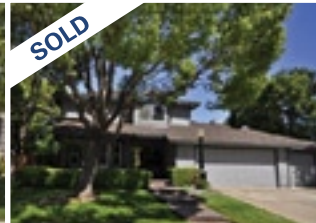
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Schools still need improvement

Sac City Unified students increase academic growth among all groups

Special to *The Pocket News*

Sacramento City Unified School District superintendent Jonathan P. Raymond said Sept. 15 student achievement in both state and federal accountability measures for every student group but progress was not sufficient to meet higher new national performance bars in English Language Arts and Mathematics. Raymond released district results on Sept. 15 at 10 a.m. at Ethel Phillips Elementary School, 2930 21st Ave.

"We moved forward, but not enough for too many students," Raymond said.

Raymond is the district's new superintendent; hailing from North Carolina, the administrator started work Aug. 21.

"Today's news conference is about informing our community about how well we are serving our students," Raymond said. "It is important that we be transparent and takes ownership for our results and that we showcase our principals and schools who are increasing student achievement on their campuses."

Among the state API highlights Raymond released:

• Under the state Academic Performance Index accountability system, SCUSD gained 11-points to reach 746 on the API, which matched the county and was under the overall state API of 755.

• Twenty-four schools, 2 more than last year, met or exceeded California's API target of 800

• All student groups, such as African American, Hispanic, Asian, Pacific Islanders, English Learners and low-income students saw API growth ranging from 2 to 26 percentile points.

Students also made progress in English Language Arts and Mathematics under the federal accountability measure even as targets increase by approximately 11 points each year. However, growth was not sufficient to meet Adequate Yearly Progress targets. District wide, 37 of 46 AYP targets were met.

Last year, SCUSD met 44 of 46 targets. Forty schools of 86 reporting AYP results met 100 percent of their targets. (The district has three more schools, but they do not report AYP results because of their small numbers.) SCUSD also saw a significant increase in the number of Program Improvement (PI) Schools—sites failing to meet AYP targets for two consecutive years. Schools in Year 1 of PI status jumped from three in 2008-09 to 15 in 2009-10.

"We performed in the middle of the pack compared to similar districts and to the state," Raymond said. "We do have great things happening at many schools for children, but not at every school—and that is and must be our goal."

Local bridge group open for free play

The Greenhaven Bridge Group invites interested persons of all ages and from all places to participate in Bridge lessons and card playing activities on Wednesday evenings from 7-9 p.m. at Greenhaven Lutheran Church, 475 Florin Rd.

Participants are promised a fun and easy way to meet new people while learning basic Bridge procedures in a friendly, supportive atmosphere. Beginning Bridge players can expect to start at the very beginning.

Participants who attended the group's instructional activities last fall and spring of this year will continue to learn how to play Bridge socially in any setting. For those who are "experienced" players, play and coaching are available.

For more information on Wednesday evening bridge instruction activities, Monday morning bridge play, or Friday evening bi-monthly pot-luck game activities, call Dale Koehler at 424-3925 or Mary Sauve at 684-8778.

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Patrons enjoy a meal at Masullo in Land Park.

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Know your neighbor **A delicious slice of Italian tradition in Land Park**

By **BENN HODAPP**
 Pocket News Writer
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In a culinary landscape that features pizza commercials boasting more cheese and toppings than is necessary or wise, one pizzeria is attempting to keep up a long-held tradition.

Masullo Pizza is modestly decorated – simple. And

that's just how owner Robert Masullo wants to keep it.

"We strive to emulate what you would get at a pizzeria in Italy," Masullo said. "American pizza has gone further and further away from Italian pizzas."

The difference is more than just the size. According to Masullo, it comes down to quality over quantity.

"Our pizzas are not as heavily topped; they don't have a ton of cheese," he said. "It's about tasting individual products."

Fiery flavor

One of the unique aspects of the pizzeria is its use of a wood oven to cook the pizza. And while the oven in some ways limits what they can do, Masullo considers the old-style oven a unifying factor that keeps the tradition alive.

The oven is fed with fresh firewood from local farms throughout the day to keep it going at an astounding 800 degrees. The high temperature makes it possible to cook the traditional pizzas in just over two minutes.

The place has a strong local presence too, as all of the tables and chairs were made from an old walnut tree from 10th and Richards.

Popular pies

Since its opening in June of 2008, Masullo has seen that some people are ready to make the change to a

See Masullo, page 7

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Pocket News Photo/Ryan Rose

An order is ready at Masullo Pizza in Land Park.

Masullo: Perfection in pizza

Continued from page 6

less complex, more traditional pizza.

"I think in general in California there is an awareness for eating quality instead of quantity," he said. "People appreciate the work we put into our pizza."

The pizzeria's Web site, www.masullopizza.com, lists 15 pizzas on the menu. Most of them are quite simple, consisting mostly of mozzarella, tomato and a few other items depending on the pizza. People can special order pizzas, within reason. Just don't expect to come in and walk out with a pizza that weighs eight pounds; Masullo pizzas are about the size of a dinner plate. And all the emphasis is on taste.

The most popular pizza they sell is called the "Margarita" which is just tomato, mozzarella and basil.

"People use it as a test," he said. "It's kind of our default pizza."

The oven is certainly one of the stars of the show, which has become evident in the pizzeria's yearlong existence.

"People want to see how it works," he said. "A lot of kids, but plenty of adults too."

Masullo said that the crew of five people chop their own wood out in back and feed the oven a little bit at a time throughout the day. People who are interested in seeing the process of making pizza in a wood oven can ask for permission to see it depending on how busy it is at that time.

And it does get busy. Masullo recalled a time last year when the line stretched out the door.

The pizzeria is also a good place to go to try a new kind of pizza as well. There's the "Jacqueline" which features potato, fontina, bacon and oregano. Try ordering that at Pizza Hut. And then there's the "Eileen"



Pocket News Photo/Ryan Rose

Masullo Pizza owner Robert Masullo helps to package a freshly-baked pizza pie for take-out.

which has mushrooms, bacon, mozzarella, sage, cream and black pepper. Or maybe you'd like the "Evelyn" which has mozzarella, zucchini, mushrooms and ham. You more of a pepperoni person? They have you covered there, too. Just walk up to the counter and order yourself an "American."

Proud pizza

At Masullo Pizza, you won't find pinball machines or six-foot-tall singing rats. But if Masullo and company have their way, you will walk out with a new appreciation for the craft of making a pizza.

Masullo Pizza is located at 2711 Riverside Blvd. in Sacramento. You can call in an order at 916-443-8929.

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Portuguese Historical and Cultural Society celebrates 30th anniversary

By LANCE ARMSTRONG
Pocket News Writer
vcnnews@valcomnews.com

Members of the Portuguese Historical and Cultural Society gathered together at the Sacramento Portuguese Holy Spirit Society Hall on Pocket Road September 13 to celebrate a very special occasion – the 30th anniversary of their cherished organization.

Founded by the late Lorraine (Perry) D'Alessandro and her son Joseph D'Alessandro, the non-profit society has enjoyed a successful journey of promoting Portuguese historical and cultural heritage and providing a harmonious environment for those of Portuguese ancestry to remain connected to their ethnic past.

Among the accomplishments of the organization have been launching successful campaigns to establish the Portuguese Community Park, Portuguese street names, historical registry for Portuguese meeting halls and churches and working with the local media to publish historical articles.

Specifically recognized during the gathering were recent Portuguese-related historical articles published in The Pocket News and successful efforts made to halt the city's former goal of changing the name of Pocket Road to Riverside Boulevard.

A special celebration

The Sept. 13 gala event, which drew more than 200 people, including dignitaries from various Portuguese organizations, featured a full program with a lunch catered by An-

toinette Duarte, speakers and entertainment.

The gathering, which was also attended by several senior members who made a special effort to participate despite struggling with personal health issues, began with a welcoming by Nancy Souza-Mallorey, a presentation of both the American and Portuguese flags by local Boys Scouts and an invocation by the Rev. Giancarlo Mittempergher, pastor of the St. Elizabeth Parish.

The main speakers of the afternoon were Dr. Elamano Costa, John Bento and Joseph D'Alessandro. Other speakers included Frank Dias, Al Balshor, Dolores (Silva) Greenslate and Gui Sequiera.

Joseph D'Alessandro, who served as the society's first president, marveled at the many accomplishments of the organization since its inception, noting that the society began with a much smaller focus.

"I think it's very encouraging, because we started with a very small focus, a very small idea," Joseph D'Alessandro said. "We knew the area as the Pocket, we knew that Riverside Road at that time led to the little community of Riverside and Pocket was its own community. We thought we had to kind of come together to preserve the rich, long history of this neighborhood, because it was getting developed and it was changing rapidly and to showcase why it became what it is today, why it was called the Pocket, why there was a Lisbon School.



Pocket News Photo/Lance Armstrong

Joseph D'Alessandro, co-founder of the Portuguese Historical and Cultural Society, speaks at the organization's 30th anniversary gala banquet, which was held last Sunday at the Portuguese Holy Spirit Society Hall on Pocket Road.

It was a real attempt to kind of preserve the culture and the traditions of this neighborhood, but it grew beyond that to the greater Sacramento Valley."

And looking to the future, Joseph D'Alessandro added, "It's beautiful to have this 30 years of recognition of the history and tradition and realizing that we're going to be (continuing) for a long time, because the history is still happening and the tradition is also happening today."

Service in the society

The efforts of Joseph D'Alessandro and others who have dedicated themselves to the society and the promotion of Portuguese heritage and culture were certainly not overlooked during the gathering, as the society's President Terri White and Vice President Mary Ann Marshall presented several awards of recognition.

In addition to recognition given to Joseph D'Alessandro as the society's first president, recognition was given

See Portuguese, page 9

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Portuguese: 'This celebration was a great way to show what we have done'

Continued from page 8

en to Lionel Holmes, a former society president and a former, 22-year editor of O Progresso, the society's quarterly newsletter, Marilia Wiget, a former society president and current editor of O Progresso, Greenslate, historian and archivist, and Sequeira, the society's secretary.

Also honored at the event were: Dias, who established a Portuguese radio program that broadcasts the late mass from St. Elizabeth Portuguese Catholic Church for those who are unable to attend the mass, Balshor, a longtime Sacramento florist, who has promoted many society events with his flowers, and District 7 city Councilman Robbie Waters, who was active in the naming and development process of Pocket area streets, parks and schools and the establishment of the new library, which was named in his honor.

Joseph D'Alessandro said that when it comes to reviewing the success of the society, many other people are very deserving of recognition.

He added that it is important to remember the society's original members, which in addition to himself, his mother, Greenslate and Holmes, included Lorraine's sister, Evelyn Nordeste, Tony Dutra, Clarence Nevis, Aileen Alves Gage, Clarence Machado, Grace Rose and Gregg Campbell.

These members were extremely noteworthy, explained Joseph D'Alessandro, considering how timely their efforts were in establishing the foundations of the society.

"Had we not (established the society) at this time, it would have been much more of a challenge," said Joseph D'Alessandro, who recalls keeping his horse at his cousin's Pocket area ranch

and seeing miles of open land from the site of Kennedy High School and beyond to the south. "At that time, there were more of the pioneers who were still alive and there were more of the immigrants who were still alive. Since then, things have changed and development has taken over much more of the area and the face of the landscape has changed. I think we started at the right time when there were still some elements that were recognizable and real and we were able to bring them to the future."

Future's past

And in terms of the future, during the event, the society embraced a challenge to establish a Portuguese museum in the Sacramento area.

Wiget said that such Portuguese museum projects are being reviewed in the Bay Area and Turlock and that a Sacramento museum would likely be located inside an existing building, perhaps at a local college facility.

Frank Dias, 83, a longtime Sacramento resident who was born on a ranch in Newcastle, Calif. to Pico, Azores islands natives Francisco Rodrigues Dias and Francisca Luisa Dias, praised the society for its efforts in celebrating the organization's 30th anniversary.

"This was a triple-A, first-class event," Frank Dias said. "(The society) had that (event) very well organized. This organization, everything they do is always first class and this was definitely no different."

Supporting Dias' words, Greenslate added, "This celebration was a great way to show what we have done and to express our thanks to all the people who have helped us to achieve this milestone of 30 years. It was a wonderful event."



Pocket News Photo/Lance Armstrong
Dolores (Silva) Greenslate, right, is presented with an achievement award for her many years of dedication as the organization's historian and archivist by the society's Vice President Mary Ann Marshall.



Pocket News Photo/Lance Armstrong
Ramana Vieira and Ensemble provided entertainment at the event.

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Councilmember hosts new library director at special tour

Local officials get inside look at new Pocket-Greenhaven library

Special to The Pocket News

Sacramento City Councilmember Robbie Waters hosted the new Sacramento Public Library director, Rivkah Sass, on a tour of the under-construction Robbie Waters Pocket-Greenhaven Library, 7335 Gloria Dr., on September 2. The tour group received construction updates and got a first-hand look at many of the new 15,000-square-foot library's features.

The lunchtime tour was led by Sacramento Public Library Facilities Director Don Tucker, accompanied by Duane Wray, project manager from Regent Development.

Checking out the library

The first stop on the tour was the library mock-up, clearly visible to passers-by from the Gloria Drive side of the construction site. The mock-up is used to demonstrate the actual materials to be used on the project. Next, the tour looked at the main entrance to the library, which is now clearly discernible. Above the entrance will be a decorative façade of books, funded by the Friends of the Robbie Waters Pocket-Greenhaven Library volunteer organization, to add further character to the building.

The next stop was in the main browsing area of the library - notable for the high volume of open space, with distinctive arches that let in volumes of natural daylight.

Sass was especially delighted with the children's area. Sass and Councilmember Waters stepped into the cantilevered "children's tower" - another distinctive architectural feature visible from Gloria Drive. Tucker described the children's area and the Early Literacy Center, which will be the largest of any of the libraries the Sacramento system.

"The Early Literacy Center is phenomenal," said Sass.

Designed to encourage reading and learning at the earliest age, the center will benefit from a generous community gift that will enhance the basic equipment. Library services for children were the most highly identified need in the community needs assessment survey conducted by the library system in 2007.

The teen area was also inspected and Tucker stated the area will have a glass partition for noise suppression and will be behind the customer service desk. Next stop was the 120-seat community room where Councilmember Waters was the first to spot the beam signed



Photo courtesy
Pictured here, Don Tucker, left, discusses the open space nature of the main area and the resulting high levels of natural daylight in the building with Director Sass and Councilmember Waters. The use of daylight is one of the energy efficiency features that qualifies the building to seek LEED Silver Certification. LEED stands for "Leadership in Energy and Environmental Design" and has three levels of certification for environmentally sustainable construction nationwide.

by community members at the July 17 "Topping Out" ceremony. Wray pointed out the separate entrance to the room that will facilitate community meetings even when the library is closed.

Finally, the group moved on to the School of Engineering & Sciences, which is set to open in January 2010, a few months ahead of the library. With Wray leading, the group visited the labora-

tory and engineering buildings, as well as the administration building.

The site now awaits completion as the library and school move closer toward their 2010 opening dates.



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Tips for tough talks with your teens

By STEVE DEBENEDETTI-EMANUEL
Pocket News Family Columnist
steve@rivercitycounseling.com

Again and again, parents tell me how frustrating it is to try to talk to their teens about their concerns. The words are barely out of their mouths when their teens respond by getting angry, rolling their eyes, and leaving the room. I'll admit that talking with your teens about controversial topics is challenging, but I've found that keeping in mind a few tips can help parents feel better about the outcomes of these difficult conversations.

Consider the timing of your conversation. Parents often make the mistake of wanting to talk about their concerns immediately after an incident occurs, before they're calm enough to talk things through effectively. I admit that it's tempting to buy into the "there's no time like the present" attitude and want to get the talk over with right then and there. However, it's unrealistic when you catch your son sneaking back into the house at 4 a.m. to have a meaningful conversation before the sun comes up. Let him know in a calm voice that you are upset and want to talk, but you are going to take time to cool off and think about how you feel.

It's then crucial to think about the specifics of what bothers you about his choice to sneak out. Go beyond focusing on your anger and what his consequences will be; instead, consider why it worries you that he snuck out. Then think about how you'll communicate these concerns to him. Once your thoughts are clear and you feel calm, you'll be prepared to talk.

Consider the setting for the conversation. Take all steps to speak in a neutral location,

such as at the kitchen table or on the family room couch. If you call your son into your bedroom and have him sit in a chair while you stand up and talk down to him, you're setting up your teen to get annoyed and begin fighting again.

When you start the conversation, be aware of your tone and volume. If you open the discussion by speaking calmly and softly, you'll give the message that you are concerned (rather than furious) and want to talk (rather than fight).

It's crucial to discuss both what he did and how it made you feel. Many parents resist talking about how worried they were when they found their teen wasn't at home, because it leaves them feeling too vulnerable and breaks an unwritten rule about how to talk to kids when they're "in trouble." Trust me, your teen will respect you for going beyond being simply angry to sharing your concerns, and you'll have a better outcome to the discussion.

Then, be prepared to really listen to your teen and try to understand why he made the choice he made. I've found that most parents have reached a conclusion as to why their adolescent did something and what the consequence should be, prior to beginning the conversation. Instead, have an open mind to what your teen says, and listen without interruption. If you're unclear, be sure to ask questions until you are. Perhaps you'll learn that your son snuck out to see a friend who'd been upset about his parents having a fight and needed to talk. Granted, sneaking out to see his friend is unacceptable and is worthy of consequences. However, knowing this might influence how you respond.

The second half of life Exercising daily opportunity

By DARBY PATTERSON
Pocket News Columnist
vcnnews@valcomnews.com

A woman in my Mini-Med School class at UC Davis responded to a lecture about the importance of exercise with a remark that likely represented a significant percentage of students – most over the age of 45. "Honestly, I have to tell you that I just hate exercise," she boldly admitted. "I'd much rather hunker down on the couch with a book!" There was a collective mummer of agreement.

For people who strongly resist the idea of beginning an exercise program – and also for those who grasp the importance of it, I have some painless short cuts that I've integrated into my daily routine for years.

• Say "No thanks, I don't need any help," when the courteous grocery clerk offers to have someone carry your bags – or push your cart – to your car. If you've just filled a small hand-carry basket and you have two or three bags of groceries, it's very likely you can manage to get them to the car yourself, without a cart. I balance the load using the bag handles, walk slowly and do a few repetitions of arm lifts. I get to work my biceps while pulling in my stomach muscles and tucking in the hip area to maintain proper posture for standing exercise. It's very important to understand the ergonomic way to do this because it's possible to do it wrong and hurt your back. If you've pushed the cart, again, flex your arm muscles, pull in your tummy and the gluteal muscles as you walk. Use conscious posture while lifting and loading bags into your car and feel the muscles you are using. So you get maybe 8 to 10 reps of arm lifts, some healthy tightening of the core area and, if you park far enough from the store, a little aerobic walking for extra measure.

• Stairs are your friend. If you live in a two-story home – and any time you have the opportunity to take the stairs rather than ride an elevator – you've got an opportunistic exercise. To make stair climbing count as exercise you have to again be conscious of your body. Tuck the pelvis in, tighten the gluteal muscles and stomach muscles. (Don't climb with your back curved and butt out.) With this erect posture, climb stairs so that you feel the muscles in your legs tighten and lift you. You should feel it in your thighs and in your calves.

• The vacuum cleaner is your friend, as is the garden rake and push broom. Of course, these implements are designed to make cleaning easy, but I use them as power tools. I tighten up my biceps when I push and pull the vacuum, pull in the core muscles and condition myself as I clean the house. There are numerous opportunities to slip in a little "opportunistic exercise" every day – and what you can do depends on your schedule and activities. Just be open to those moments and prepared to use them.

By the way, people do look at me strangely when I am power lifting my grocery bags. But, one of the freedoms of growing older is really not caring what people in the parking lot think about me. Of course, consult with your doc about any exercise program – even my "accidental" routines!

Editor's Note: Darby Patterson is a longtime local journalist specializing in government affairs and health care issues. Due to popular demand, Darby's columns will now run in every edition of the Valley Community Newspaper publications. Visit her Web site at www.storiesandbooks.com and read her blog at <http://booksbydarby.blogspot.com>.

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Faces and places

Elks Lodge Soccer Shoot scores

The Elks Lodge No. 6 annual Soccer Shoot drew children aged 7- 13 to some light soccer competition in the "Five Goal Contest" and the "Grid Goal Contest." The event was held at the Elks Lodge No. 6, 6446 Riverside Blvd., and was well attended by scores of young athletes from across the region. For more information on Elks Lodge No. 6, visit www.elks6.com.

All photos by Linda Pohl and Barbara Cherry.



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Pocket News File Photo/Ryan Rose

Officers determined that Lisbon Elementary School had been broken into and several cans of spray paint were stolen.

Crime beat

Five juveniles arrested in vandalism spree

Special to *The Pocket News*

On Sunday, August 23, the Sacramento Police Department responded to Lisbon Elementary School (7555 South Land Park Dr.) in the Pocket area regarding a burglary. Officers determined that the school had been broken into and several cans of spray paint were stolen. The thieves used the stolen paint to vandalize (graffiti) multiple homes in the area near the school.

A witness contacted District 7 Councilman Robbie Waters and provided information about the crimes. That information was given to the Sacramento Police Department's POP Team (Problem Oriented Policing). The POP Team is a group of officers that work closely with community members and organizations to find solutions to neighborhood problems.

Based on the information provided, officers were recently able to link six juveniles to the crimes. Five of the six juveniles were between the ages of 12 and 15 years-old; they were arrested for burglary and felony vandalism. One juvenile was 10-years-old; he was not arrested.

According to the Sacramento Police Department, this arrest and investigation is another example of the great partnerships that exist between the Police Department, city leaders, and the community. All three had an integral part in solving this crime spree.

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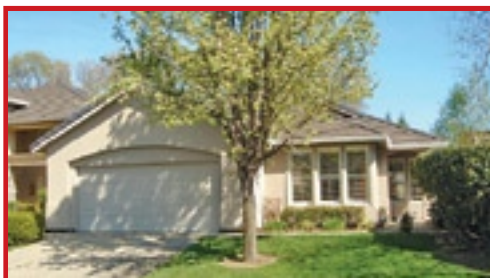
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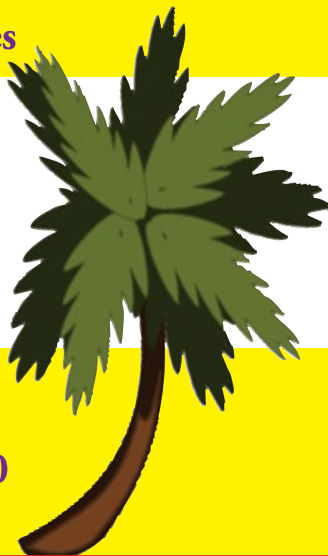


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Connecting with the City Council, the community

By **ROBBIE WATERS**
Sacramento City Councilmember
Special to The Pocket News

Pocket Coalition Meeting

The next meeting of the Pocket-Greenhaven Coalition will be on Thursday, October 1 at 6:30 p.m. We have two fantastic guest speakers for this meeting, both of whom were requested by Pocket residents at previous meetings. The first is Noel Eusebio, the City's resident anti-graffiti expert. The second is Jon Fitzpatrick, traffic engineer for the South Area, who will discuss options for dealing with neighborhood traffic concerns. Of course, the meeting is also an excellent forum to voice any other neighborhood issues that you may be interested in.

Neighborhood Resource Team

The next meeting of the NRT is Wednesday, November 18, at 6:00 p.m. at the Pannell Center at 24th and Meadowview. We discuss neighborhood concerns in the police and code areas and meet with city staff. The Area 2 Community Partnership Meeting will follow at 7 p.m.

Pocket/Greenhaven Friends of the Library

Pocket-Greenhaven Friends of the Library will next meet on Thursday, October 22 from 6:30 – 8:00 pm. The meetings are open to the public and you are encouraged to attend. The location is the library at Martin Luther King Jr. K-8 School at 480 Little River Way.

New Neighborhood Watch in Greenhaven. An exciting new Neighborhood Watch group has recently formed in Greenhaven along Seymour Park. The first meeting had over 60 neighbors participating. For more information, visit their website at bigtent.com/groups/greenhavennw

Toilet rebates winding down

If you are thinking about a bathroom remodel, or just getting a new toilet, take advantage of the rebates from the city for water efficient toilets.

Currently, there is a rebate of up to \$175 for purchase of a toilet that uses less than 1.28 gallons and another rebate of up to \$125 for a toilet that uses less than 1.6 gallons. Save all receipts. The toilet rebate is probably ending in December of this year so now is the time to act.

How about a new washer?

There is also a rebate for "tier 3" efficient washing machines. Call 311 for information about any of these rebates.

Vandalism at South Land Park Post Office

Our office took several recent reports of vandalism to the outside mailbox at the main post office on South Land Park Drive. I suggest using the inside mail slots at this post office if you're mailing anything with sensitive information for the time being.

Help Break the Record

Interested in helping break the City Council record for email subscriptions? Already subscribed but frequently forwarding to others? Help District 7 pass the 1,000-subscription milestone for our email blasts. If you or someone you know is interested in becoming more informed about community events and happenings, sign up for District 7 email alerts on the District 7 website. If you need help, call my office at 808-7338.

Captain Jerry Traffic Safety

This program is designed to teach elementary school age children about traffic safety in a fun and interactive atmosphere. Presenters teach the children about bicycle safety, bus safety, seatbelt safety, and



Pocket News File Photo/Celia Green
Pocket-Greenhaven Friends of the Library will next meet on Thursday, October 22 from 6:30 – 8:00 pm. Pictured here are the Friends of the Library at the new library's construction site.

signal/crosswalk safety. At no cost to any of the city's elementary schools, the Captain Jerry Team presents the Traffic Safety Program to more than 10,000 children annually, teaching them about staying safe on the streets. For more information, or if you would like your child's school to receive a visit from the Captain Jerry program, please contact John "Bucky" Perez at 808-7607.

Keeping our quality of life

Are you concerned about lacking upkeep on nearby properties? Suspect criminal activity at a certain address? Have a vehicle parked on the street for more than the 72-hour limit? Call 311 and report the activity. Or call my office at 808-7338. You can remain anonymous. We need you to partner with us, neighborhood associations and neighborhood watch groups to send the message that we are a family-friendly neighborhood and crime and/or blight will not be tolerated.

Need more information?

My office sends out helpful community information on an e-mail list. To join the list, visit the main city Web page at www.cityofsacramento.org and use the "e-mail alert" link to sign up.

Boards and Commissions

For a list of openings on city Boards and Commissions, check the city Web page at www.cityofsacramento.org and click on the "Boards & Commissions" icon on the left side of the main page for updated information throughout each month or call the City Clerk's Office at 808-7200. Applications can be found on the Boards and Commissions page.

Councilmember Waters' mailing address is City Hall, 915 I Street, 5th Floor, Sacramento, Calif. 95814. Phone is 808-7338. E-mail is rwaters@cityofsacramento.org. Web site is www.cityofsacramento.org/council then choose "Robbie Waters."

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Local church's 'Sacramento California Stake' celebrates 75th anniversary

By LANCE ARMSTRONG
Land Park News Columnist
vcnnews@valcomnews.com

A major milestone was recently recognized, as the Sacramento California Stake of The Church of Jesus Christ of Latter-day Saints – also known as the Mormon church – celebrated its 75th anniversary.

The announcement that the stake – a collection of wards and branches similar in formation to a Catholic diocese – would be formed occurred on Nov. 4, 1934. The Sacramento Stake, as well as the then-newly designated Gridley Stake, was scheduled to begin functioning on Jan. 1, 1935.

In honor of the Sacramento Stake's diamond anniversary, a gathering at the stake's Liahona Ward building at 7401 24th St. was held on Aug. 29.

The event featured a 5K run/walk, food, displays showcasing the church's rich history and dance performances.

A special day

Lindsay Bendinger, a spokesperson for the Sacramento Stake, explained that reaching the 75-year mark is a very special accomplishment, noting that this is a "very exciting time" for the stake.

Bendinger added that the anniversary gathering, which drew about 1,000 people, was designed not only to celebrate the history of the stake, but it was also held to recognize its "beautiful diversity."

"What began as one very small unit 75 years ago has grown both in numbers and diversity," Bendinger said.

Within the stake, several units were designated and made accessible for non-English-speaking members and visitors.

Sacramento Stake President Mitchell Rogers provided the following details regarding these units.

"The Sacramento Stake is home to a Hmong branch of approximately 300 members, a Tongan ward of about 400 members and a Marshallese group of about 60 members," Rogers said. "We also have small groups of Cambodians and Samoans. We also have a group of about 20 Fijians. We, of



Photo courtesy of The Church of Jesus Christ of Latter-day Saints/Sacramento California Stake
Members of The Church of Jesus Christ of Latter-day Saints stand in front of the Sacramento Ward building at 2812 34th St. in this 1930s photograph.

course, have members from all over the world, including the People's Republic of China, Vietnam and many European countries."

Summing up the diversity of the stake, Rogers added, "The Church of Jesus Christ of Latter-day Saints has room for everyone."

Stake through time

During its 75-year history, the Sacramento Stake experienced much growth in its membership.

Beginning with five wards and one branch, the Sacramento Stake – the fifth stake established in California – originally had 1,611 members.

Today, the stake has more than 3,400 members and includes the following 11 units: Sacramento 1st and 2nd wards (located in the Pocket and South Sacra-

mento areas), Sacramento 3rd Hmong Branch, Sacramento 4th Young Single Adult Branch, West Sacramento Ward, Liahona Tongan Ward and Laguna Creek 1st through 5th wards (located within the Elk Grove area).

Historically, the Sacramento Stake covered a much larger area, as today, 23 stakes are located within the original stake boundaries, which included Stockton, Tracy and Roseville.

Although the Sacramento Stake, which first had its stake center or headquarters at the 51st Street and Dover Way building in Sacramento, is celebrating its 75th anniversary, the church's presence in the Sacramento region began much earlier.

Predating the Gold Rush, the first members of the church to arrive in the area were William Brown Ide, his wife Sara and their nine children.

After joining an Oregon-bound wagon train in Independence, Mo., the family eventually changed directions and joined a California-bound wagon train that reached Sutter's Fort on Oct. 25, 1845.

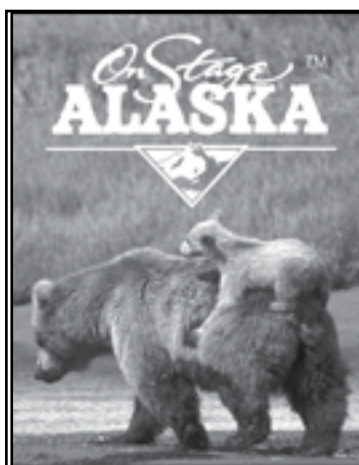
William played an essential role in a major event in California history: the Bear Flag Revolt.

Hearing rumors that Mexican authorities were planning to drive out settlers, William joined 32 others in seizing the Mexican province of Sonoma on June 14, 1846.

A few days after the raising of the Bear Flag, William presented a proclamation recognizing the new California Republic.

The proclamation, which was influenced by the Declaration of Independence and the Constitution of the United States, set forth its goals to "establish and perpetuate a liberal, a just and honorable government, which shall secure to all civil, religious and personal liberty; which shall insure the security of life and property; which shall encourage industry, virtue and

See *Growth and Glory*, page 23



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Growth and Glory

Continued from page 22

literature...relying on love of liberty and hatred of tyranny."

William served as the first and only president of what became known as the Bear Flag Party. This position was brief, however, as U.S. Army Major John C. Fremont and 60 soldiers took control of the site in the name of the United States on June 23, 1846.

About nine months after William Ide's arrival in California, Samuel Brannan led the first company of Latter-day Saints to California, as the group arrived in San Francisco on July 31, 1846.

Brannan, who later became California's first millionaire, eventually left the church after receiving word that the church's president, Brigham Young, had no interest in having the church's headquarters located on the West Coast.

Growth and glory

Many early California Mormons worked for John Sutter, including six who were assisting with the construction of Sutter's sawmill in Coloma and were present at the time of James Marshall's discovery of gold on July 24, 1848.

About 25 members of the church formed the Sacramento Branch in 1872. The branch was first led by its president Aaron C. Garlick, who held the position for 24 years.

In its formative years, the church met at various sites, including the Garlick home at 6th and O streets, Pioneer Hall at 1007 7th St. and Foresters' Hall at 716 I St.

The first Latter-day Saints building was completed at 2812 34th St. in Sacramento in 1926, followed by another Sacramento Mormon church building at 4647 U St. in about 1934 – the year the formation of the stake was announced.



Pocket News Photo/Kati Garner
Mitch Rogers, President of the Stake of Sacramento, and Michelle, his wife, watch the performers.



Pocket News Photo/Kati Garner
Performers gather to prepare to dance.



Pocket News Photo/Kati Garner
Fire dancer performs at the 75th anniversary event.

Prior to that year, the area where the stake was located was within the boundaries of the California Mission, which was first established in 1846 and led by Brannan.

In 1944, the Sutter Ward building was constructed at 1424 24th St., where the first stake conference was held on May 28, 1945.

It was at this latter-mentioned building that local radio station, KROY 1240

AM, regularly broadcast a 15-minute, Sunday morning music and spoken word program during the early 1950s.

The church and its Sacramento Stake has continued to expand in the area and with the dedication of the Sacramento Temple in Rancho Cordova on Sept. 3, 2006, the church in the Sacramento region is considered to have reached its full maturity.

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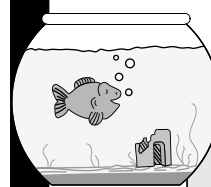
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Special to The Pocket News

Several all-time great players from past McClatchy football teams showed up for the Lions' Red and White Scrimmage on Saturday, August 29. The scrimmage represented the wrap-up of the two-week summer camp and workouts for the Lion varsity and junior varsity teams.

Just a few weeks ago, Coach Malcolm Floyd sent an appeal to former players to come to the Red and White scrimmage to show the current players that McClatchy has a long and heralded football tradition. Floyd is a former Sacramento Bee All-City Player from McClatchy, and Fresno State standout. He also played five years in the National Football League. He returned to his alma mater three years ago as a special education instructor. This is his second year as head football coach.

The appeal worked as many outstanding players showed up for the scrimmage. Several notable players from the 1950s attended including Gene Cronin (class of 1951), who played ten years in the NFL and was the first general manager of the At-

lanta Falcons. Also present from the 1950s classes were Doug Graham (1957) and Herb Jackson (1952), who both were standout football players at UC Berkeley. Bob Warren (1952), son of Earl Warren (the former chief justice of the United States Supreme Court and governor of California), was also on hand. Gary Kerns (1959), a former Stanford player and Pac-10 official, also attended. Many players from the 1960s and 1970s were on hand for the event.

The largest turnout from any team was the 1964 squad, which posted a record of seven wins, one loss and one tie. Quarterback Gary Saccani, running back Richard Nishio, and linemen Jim Relles, Mike Budney and Pete Cotter were on hand.

Roaring forward

Restore the Roar, a lion sports booster organization founded in 2007, helped organize the event. Founding members of Restore the Roar, and former Lion players, George Potiris (1973) and Rodney Kunisaki (1974) were on hand. The organization helps support the CKM



Lion greats from the 1950s: (left to right) Herb Jackson, Gene Cronin and Bob Warren.

Photo courtesy

sports activities as well as keeping the long and heralded sports tradition visible to current CKM athletes.

The current Lion team met all of the former Lion gridiron legends prior to hitting the field for a spirited scrimmage. The scrimmage lasted about two hours with lots of action and hard-hitting in the controlled action. The day included the

first live workout by the Lion Cheer Squad and plenty of parents and grandparents cheering the squad on. The chatter from the McClatchy football greats was very positive about what they saw on the field.

The Lions have high hopes for the current season that started September 11 at Patterson High. The home season starts on September 19

when McClatchy takes on Center at McClatchy. Friends and neighbors are welcome to take in McClatchy's games in a very friendly atmosphere at the Lion football Stadium on campus.

For more information about McClatchy football go to <http://www.McClatchyfootball.com> or www.restoretheroar.org

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CALENDAR

For more Calendar entries visit
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GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail ryanrose@valcomnews.com. Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place an advertisement.

SEPTEMBER

Free pole walking clinics

Organized by Cure Arthritis Now, free pole walking clinics will be hosted Wednesdays (at 6 p.m.), Sept. 16 and 30, Thursdays, Sept. 10 and 24, and Friday, Sept. 18, at the Sierra 2 Community Center, 2791 24th St. There will be an additional clinic Saturday, Sept. 12, on Scripps Drive. Interested people need to call the group directly for times and specific locations, to pre-register and reserve the walking poles for the clinics. For more information, call 208-8700.

California State Library Show

National travelling exhibit "Louis Braille: Celebrating 200 Years of Braille." Born the same year as Abe Lincoln and Charles Darwin, Braille invented a tactile alphabet that shattered barriers for vision-impaired readers. Exhibit continues through Sept. 25. Held 9 a.m. to 5 p.m., Monday through Thursday, and Friday, Sept. 25. Closed Labor Day. Free. Lobby, Library & Courts Bldg. 2, 900 N Street, (916) 654-0640.

Straw into Gold

The Hart Senior Center will once again host the "Straw Into Gold" poetry writing workshop for Seniors. Led by Julia Connor, Sacramento Poet Laureate 2005-2009, this workshop offers an outstanding opportunity for seniors to hone their writing skills in a creative, spontaneous environment. The workshop will be held Thursdays from 3:00 to 5:00, September 3 through November 12. Registration is required, but there is no cost for this workshop. Please contact the Hart Senior Center at (916) 808-5462 for more information.

Memory Seminar

A special memory seminar will be held throughout the month of September and into October, September 14 through October 5. Mondays, 9:30 a.m. to 11 a.m. Facilitated by Kim Winters, BSG, M.Ed. of the Primrose Living Fund. Located at Hart Senior Center, 915 27th Street, Sacramento. No Charge. RSVP at (916) 808-5462.

For more information on Wednesday evening bridge instruction activities, Monday morning bridge play, or Friday evening bi-monthly pot-luck game activities, call Dale Koehler at 424-3925 or Mary Sauve at 684-8778.

Just Change exhibit opens

The collaborative art exhibition Just Change is open and will run through Sept. 22 at Beatnik Studios, 2421 17th St. Artists of multiple mediums come together to showcase their view and take on this theme of "Just Change." Artistic interpretation on many levels.

Past Tents exhibit opens

"Past Tents: The Way We Camped" is a humorous excursion through one of our favorite pastimes, exploring camping in California from post-Gold Rush times to the mid-1900s. Through three exhibit themes - Round the Campground, Hitting the Trail, and Open Roads, Open Fires - visitors enjoy contemporary prints of rare historic photographs and objects from the collections of the California Historical Society and the Bancroft Library. The Sacramento History Museum invites all to enjoy this exhibition beginning Friday, Sept. 4, closing January 3, 2010. The Sacramento History Museum, operated under the auspices of the Historic Old Sacramento Foundation, is located at 101 "I" Street, Old Sacramento, CA. The museum is open every day (excluding major holidays) 10 a.m. to 5 p.m. Phone: (916) 808-7059.

Greenhaven bridge group

The Greenhaven Bridge Group invites interested persons of all ages and from all places to participate in Bridge lessons and card playing activities on Wednesday evenings from 7-9 p.m. at Greenhaven Lutheran Church, 475 Florin Road. Participants are promised a fun and easy way to meet new people while learning basic Bridge procedures in a friendly, supportive atmosphere.

SEPTEMBER 16

Free real estate seminar

Do you qualify for a loan modification? Visit the seminar held at 6 p.m. and hosted by Cook Realty at 4305 Freeport Blvd. RSVP to Deb Luna or Anthony Carrill at 833-6266. For more information, visit www.cookrealty.net.

Genealogical meeting

The Genealogical Association of Sacramento (G.A.S.) will hold their regular meeting at 1 p.m. in the Belle Cooledge Library at 5600 South Land Park Dr. They will discuss the GAS library book collection and share our "Summer Genealogy Discoveries" Questions please call Melanie Howard 383-1221.

College - What Are My Options?

Thinking about a UC? A CSU? Community College? A private university? This workshop will give you an opportunity to learn what each of these has to offer, admission requirements, and what you need to do to apply. It will be held at Sierra 2 Community Center, 2791 - 24th Street from 7:00-8:30 p.m. Cost is \$20/person or \$25/family. Space is limited so register early! Contact Marilyn van Löben Sels, certified college counselor: (916) 601-6909 or email: marilyn@collegegps.com.

SEPTEMBER 17

Latino Dance and Culture Group

Come dance to the beat of all types of Latino music! Featured DJ music and delicious Mexican food! Held at the Ethel Hart Community Center, 915 27th St., from 6:15-8:45 p.m. Suggested donation: \$3. For more information, call Barbara Alarcon 400-4514.

Greenhaven Mother's Club

The Greenhaven Mother's Club is holding its Fall Kick-off meeting on Sept. 17 from 7-9 p.m. New member inquires call 916.955.2105 or e-mail info@greenhavenmothersclub.org. Current members go to Bigtent for details.

Genealogy club meeting

On September 17, Mission Oaks Genealogy Club will meet from 1-3 p.m. at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. Rick Hanson will present: "Writing and Publishing Your Family History." Visitors are welcome. For more info call Robert Noyes (916) 332-5753 or visit <http://missionoaksgenealogyclub.org>.

SEPTEMBER 19

Authentic Hawaiian Luau and Dance Extravaganza

Luau and Dance Extravaganza is at the Elks Lodge No. 6, 6446 Riverside Blvd. Tickets for Luau and Show available from \$30-\$45 and must be purchased in advance. Doors open at 3:00 p.m. and the feast runs from 4 to 5:30 p.m. At 6:00 p.m., the Dance Extravaganza by Ka Pa Hula Kanoehuaokahalema'uma'u'o Kalama begins. For ticket information: www.onipaa.net or call (916) 344-7270

See more Calendar, page 28

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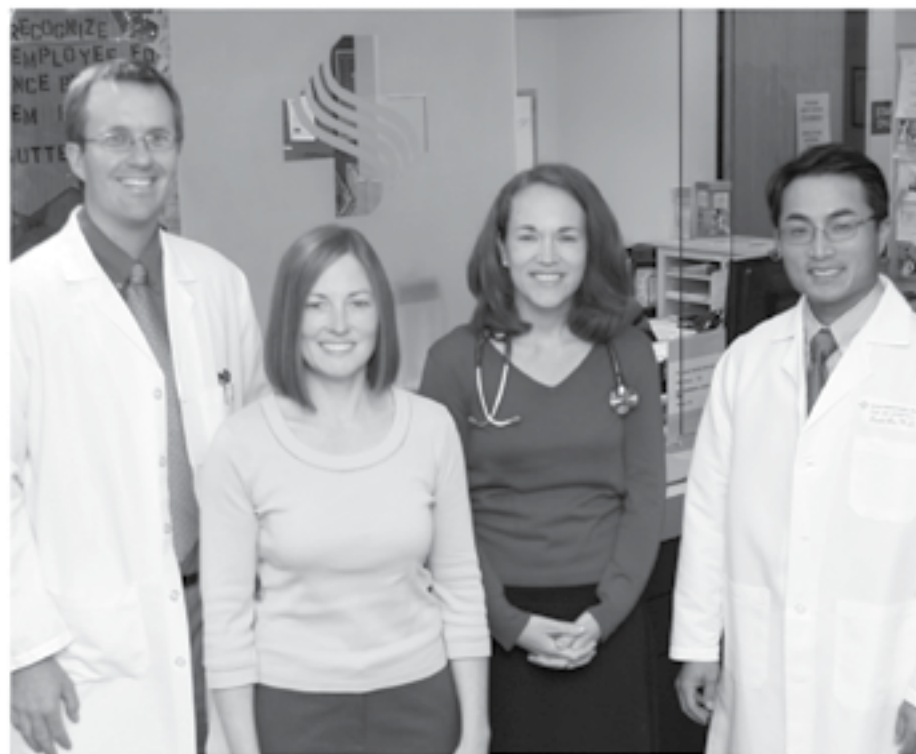
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Calendar

Continued from page 27

SEPTEMBER 19

Early Educators History Tour

Early educators will inform and entertain you on this Saturday morning tour at the Sacramento Historic City Cemetery! This tour, presented by docents from the Old Sacramento Schoolhouse Museum, will feature the lives and experiences of early educators in Sacramento. The tour commences at 10 am from the Cemetery's main gate at Broadway and 10th Street. Visitors may park across the street from the 10th Street Gate and meet at the cemetery entrance. Held under the auspices of the City of Sacramento Division of History & Science, this tour is presented as a public service by the Old City Cemetery Committee, Inc. For tour information please call (916) 448-0811. For tour information please call (916) 448-0811. Tours are free through donations for the restoration of the cemetery are needed and greatly appreciated.

Book warehouse sale

The Friends of the Sacramento Public Library are sponsoring a big Fall Warehouse Sale on September 19. Public sale hours will be 9 a.m. to 5 p.m. on September 19. A preview for Friends' members only is scheduled for 9 am to noon, September 12. Prospective members may join at the door for \$15 and attend the preview. The sale will be held in the Friends' warehouse, at the rear of their Book Den store, 8250 Belvedere Avenue, Suite E, between Power Inn Road and Florin-Perkins Road just south of 14th Avenue. More than 75,000 paperback and hard-bound books, videos, CDs and more will be sold at prices ranging from \$.25 to \$2.00. All proceeds, after expenses, benefit the Sacramento Public Library.

St. Francis Spaghetti Feed

The St. Francis Episcopal Church in Fair Oaks is holding its 10th annual Spaghetti Feed Fundraiser on Saturday, Sept. 19, from 4:30 p.m. to 8 p.m. The event will feature its annual talent show, dinner with wine and silent auction. The church is located at 11430 Fair Oaks Boulevard. Tickets to the event will be sold at the door and will cost \$20 for adults and \$10 for children. For additional information, please call 966-2261 on weekdays between 9 a.m. and 12 p.m.

Opera Interludes at Borders

Sacramento Opera presents Opera Interludes at Borders Books & Music, Saturday, September 19, 2009 at 7 pm, 2339 Fair Oaks Blvd. This free, informal gathering features a live performance by soprano Carrie Hennessey and pianist Narmina Sultanova. Guests will hear excerpts from the Sacramento Opera's upcoming productions of The Elixir of Love and La Traviata. Lecturer Robert Coleman will provide entertaining commentary. Be sure to enter the evening's drawing for two free opera tickets. For more information about the Sacramento Opera,

contact 737-1000 or info@sacopera.org. For more information about the Borders Books & Music store, contact 564-0168.

Singles Denim Dance

Christian Singles Network, will hold its annual Denim Dance for single adults Saturday, September 19, from 7 p.m. to 11:30 p.m. at Carmichael Presbyterian Church, 5645 Marconi Ave., near Fair Oaks Blvd, Carmichael. The evening features DJ dance music of all types from 8-11:30 by Dale Chessey and dance lessons in the Cowboy Cha Cha by Siggy from 7-8 p.m. Dress is casual. The ticket price of \$15 presale or \$20 at the door includes hors d'oeuvres, non-alcohol beverages and the dance lessons. For more information, to receive more information about activities, or directions call the 24 hour event line at (916) 658-0606 or the CSN office at (530) 878-8606.

Come see the art

Join us at University Art in Sacramento for this FREE demo: (2601 J Street), Saturday, September 19th - 10:30 a.m. to noon; Nina Deckert - Acrylic Mediums and Gels Demystified, also Image-transfer Tricks. This is a drop-in demo - no reservation required.

Craft Faire in Carmichael

Carmichael Elks Emblem Club is holding their 23rd annual holiday craft faire on September 19. The Carmichael Elks Emblem Club is dedicated to community service and gives to local charities like the Ronald McDonald house, twin visions, the hearing dog fund, and scholarships to local schools. The craft faire is to be held 9 a.m. to 4 p.m. at the Carmichael Elks Lodge, 5631 Cypress Ave., Carmichael.

SEPTEMBER 19-20

Benefit plant sale

Sunburst Projects and the Benefit Plant Sales announce: There will be plant sales held in the covered parking area behind the Gifted Gardener at 18th & J Streets, midtown Sacramento from 9am to 3 pm both Saturday and Sunday. A wide selection of perennials plus some winter growing CA natives will be available.

SEPTEMBER 20

First Annual Tailgate Party

Sunrise of Carmichael, the newest assisted living community in Carmichael will host its first annual tailgate party celebrating San Francisco 49ers and Seattle Seahawks. Fun for the whole family, bounce houses, BBQ, super slide, trivia contest, prizes and ESPN radio 1320 will be broadcasting live! Menu includes tri tip and hot link sandwiches, corn on the cob, root beer floats and more. The event is from noon to 4 p.m. at 5451 Fair Oaks Blvd. in Carmichael. For more information, call (916) 485-4500.

SEPTEMBER 21

Free computer class

Back to School! Yes it's that time of the year, but going back to school is not just for kids

anymore. Come learn how you to can be a part of the computer age. Chandra Dawson, our SeniorNet Supervisor, will be discussing our computer classes, and doing 1 on 1 evaluations, to see what class will best suit your needs. Please sign-up in advance. Monday, September 21st at 1:30 p.m., Ethel Hart Senior Center, 915 27th Street, Sacramento. Cost: Free. Info: 916-808-5462.

SEPTEMBER 23

College Essays—What Do I Write?

Working on your college essays? This workshop will give a close-up look at the UC Essay prompts and Common Application prompts and provide strategies to write successful and interesting college essays. You will also learn what colleges are looking for in your writing. The workshop will be held from 7:00 to 8:30 p.m. at Sierra 2 Community Center, 2791 - 24th Street. The cost is \$20/person or \$25/family. Space is limited so register early! Contact Marilyn van Löben Sels, certified college counselor: (916) 601-6909 or email: marilyn@college-gps.com.

SEPTEMBER 25-30

Book Fair

With budget cuts in California, we don't want our children to suffer in the area of literacy. Fremont Nursery School is hosting a Scholastic Book Fair in order to increase the availability of books for children in the Sacramento community. The events are Friday, Sept. 25, 8:30 a.m.-1 p.m., Sunday, Sept. 27 8 a.m.-1 p.m., Monday, Sept. 28 8:30 a.m.-1 p.m., Tuesday, Sept. 30 8:30 a.m.-1 p.m. and will be held at Fremont Nursery School Gymnasium Classroom, 5770 Carlson Dr. For information, call 498-9537.

SEPTEMBER 26

Carmichael's Founders Day

Celebrating 100 years, Carmichael is hosting their Founders Day event at Carmichael Park, 5750 Grant Ave. Opening Ceremonies begin at 11 a.m. Admission is free and the event includes an auto show, free inflatable jumping structures for kids, music and food, beer and wine. Fireworks begin at 8:15 p.m. For more information, call 485-5322.

Car show

Beverly's Annual Nifty '50's Classic Car Show is Saturday from 9:00 a.m. to 3:00 p.m., Marconi Avenue & Fair Oaks Blvd., in Carmichael. Admission is one new, unwrapped toy or toys for Beverly's Annual Holiday Angel Project. The event will feature music, food and prize drawings. Call (916) 402-7202 for more information, or e-mail topcdrv1@aol.com. The Angel Project takes care of over 1,500 children each holiday season giving them blankets, filled stockings, stuffed animals and age appropriate toys.

Walk for Lupus Now

Walk for Lupus Now is the signature event of the Lupus Foundation of America, Inc. The event is Sept. 26, at Southside Park, 2115 6th St. (near U Street). Check in at 9 a.m. Walk begins at 10 a.m. Parking available around the park. Participants will walk one mile or three miles. For more information, call 202-510-8937.

JKPG's annual fundraising event

Jan Ken Po Gakko's annual fundraising event will be held on Saturday, September 26 from 9 a.m.-3:30 p.m. In the heart of Elk Grove, California at the Sacramento Asian Sports Foundation (SASF) located at 9040

High Tech Court, Elk Grove, CA 95758.

For more information, please visit www.jan-kenpogakko.com.

Special community sale

Special community sale offering items of interest to the region at-large. The event is Saturday, Sept. 26, 8 a.m. to 1 p.m., 913 El Dorado Way, Sacramento, CA 95819

SEPTEMBER 27

East Sac Home Remodeling Tour

The East Sacramento Home Remodeling Tour, sponsored by Friends of East Sacramento, will be held on Sunday, September 27 from 10:00 a.m. to 4:00 p.m. Featuring six remodeled homes, the theme for the 2009 tour is "Honoring Tradition, Making it New." While enlarging spaces inside, the homeowners have honored the tradition of the house. Tickets go on sale beginning September 1 and proceeds will go to support neighborhood parks and beautification projects in East Sacramento. For more information, call 452-8011 or e-mail eastsac@ao.com.

Taste of Land Park

The Land Park Community Association is pleased to present the 9th Annual Taste of Land Park, where residents of the neighborhood come together for an evening of fine wine, delicious food and community connections. The event is Sunday, Sept. 27 from 4:00 p.m. to 7:00 p.m. on 17th Street between 11th and 13th avenues. Admission is \$30 in advance. Tickets will be available 2 weeks prior to the event. Purchase locations to be disclosed at a later date. Tickets are \$35 at the door. Over 15 Land Park food vendors and 20 regional wine purveyors. Complimentary bike valet provided by the Sacramento Area Bicycle Advocates. Musical entertainment by On Air, an eleven-piece power horn, classic rock band. Visit www.landpark.org for details and updates regarding this exciting event.

SEPTEMBER 27

Swinging Fall Ball

Nor Cal Big Bands Preservation Society will present the Swinging Fall Ball on Sept. 27, from 1 p.m. to 5 p.m. at the Sacramento Elks Lodge No. 6, 6446 Riverside Blvd. Admission is \$14, \$12 for groups of ten, and \$10 for Gold Card holders. For information, call Lou Coppola, Executive Director, at 916-444-6138.

OCTOBER

Free pole walking clinics

Organized by Cure Arthritis Now, free pole walking clinics will be hosted Wednesdays (at 6 p.m.), Oct. 7 and 21, and Fridays, Oct. 9 and 23, at the Sierra 2 Community Center, 2791 24th St. Interested people need to call the group directly for times and specific locations, to pre-register and reserve the walking poles for the clinics. For more information, call 208-8700.

OCTOBER 3

Skate Park Concert

Held at La Sierra Community Center Skate Park, 5325 Engle Rd. in Carmichael, join us for our second Skate Park Concert of the year. Local bands will perform while participants are grinding the rails and skating the half pipe! Admission is \$5. Music starts at 4 p.m. For more information, call 483-7826.

Fall Fairy Festival

Held Oct. 3 from 11 a.m. to 5 p.m. at the Fair Oaks Community Clubhouse, 7997 California Ave, Fair Oaks, the Fall Fairy Festival is a time to put on your best pair of wings and come celebrate with the fairies. Use a wishing stone, make a fairy wand, learn to fairy ribbon dance, see fairy houses, have your picture taken as a fairy and lots of other fun activities. For more information, please visit www.FairyGardenParty.com.

OCTOBER 3

Great Duck Race

On Saturday, October 3, thousands of rubber ducks will descend on the mighty Sacramento River for the Great Sacramento Duck Race - an exciting bridge to bridge race benefiting Special Olympics Northern California. Using frontloading tractors, the racing rubber birdies will be ceremoniously dumped off the I Street Bridge and will race to the Tower Bridge in hopes of winning one of many fabulous grand prizes like airline tickets, an LCD television, gas and grocery gift cards, vacation getaways and more! For just five bucks you can adopt a duck and be eligible to win. The Great Sacramento Duck Race will be held promptly at 3 p.m. and winners announced at 4 p.m. The Great Sacramento Duck Race is sponsored by Quick Quack Car Wash and PRIDE Industries, with additional support powered by Sacramento Regional Transit, Sudden Values.com, KLOVE and Air1 Radio. For more information or to adopt your lucky duck, visit us online at www.sacramentoduckrace.com.

OCTOBER 3

Armenian Food Festival

This is the 63rd year for our event and it is one of the longest running festivals in Sacramento. This event features traditional Armenian foods (shish kebab, pilaf, etc.), Armenian music and dancing. The festival hours are from 11:30 a.m. to 10 p.m. Food is served from 11:30 AM to 8:00 PM and take out is available. The festival is held in the hall of the Greek Orthodox Church, 614 Alhambra Blvd, Sacramento (across from McKinley Park). Entry is free until 5 p.m. After 5 p.m. an entrance fee of \$3.00 will be charged. Music and folk dancing begins at 5 p.m. This event is hosted by the St. James Armenian Church. For more information, call (916) 443-3602 or visit www.stjamesarmchsac.org.

OCTOBER 3-4


Benefit plant sale

Sunburst Projects and the Benefit Plant Sales announce: There will be plant sales held in the covered parking area behind the Gifted Gardener at 18th & J Streets, midtown Sacramento from 9am to 3 pm both Saturday and Sunday. A wide selection of perennials plus some winter growing CA natives will be available.

St. Robert's Fall Festival

Held Saturday, Oct. 3 from noon to 7 p.m. and Sunday, Oct. 4 from noon to 6 p.m., the St. Robert Parish and School is holding their Fall Festival. Located at 2243 Irvin Way, the event will offer great food, children's games, bingo, entertainment and even televised football games on Sunday all to benefit St. Robert Parish and School.

Home Grown Vegetables For Sale



**at Elks Lodge #6
6446 Riverside Blvd.
Sundays: 9-11am**

Tomatoes. Cucumbers. Squashes. Basil.
Eggplant. Swiss Chard. Peppers and more!

Proceeds to Elks Nursing Scholarship Fund.

OCTOBER 4**McKinley Song Circle**

McKinley Children's Song Circle with the Shadechasers will perform for free Oct. 4 at 3-4:30 p.m. in the Clunie Clubhouse, 601 Alhambra Blvd. Families welcome. Brand new songbooks for singers available. For more information and directions, call 531-4110. The Shadechasers is a local folk group of 10 members playing Woody Guthrie, Pete Seeger, Malvina Reynolds, Raffi, and other singable family music suitable for children's activities. We sing and dance, and encourage families to sing together whenever they can. Now we have a new songbook with about 60 songs to share with our group.

Classical concert

Performing at 4 p.m. at All Saints Episcopal Church, 2076 Sutterville Rd., is a new Sacramento ensemble - Trio brio, with Elizabeth Coronata, Flute; James Een, Viola; and Beverly Wesner-Hoehn, Harp. Music of Debussy, Ibert, Bloch, Persichetti. A reception will follow, and childcare is available. Entry is a \$10 suggested donation. Parking is available across the street at City Colleges. Further information www.allsaintssacramento.org or 916-455-0643.

OCTOBER 6**Recorder music group**

The Sacramento Recorder Society meets Oct. 6 from 7-9:15 p.m. at 890 57th St. under the baton of Annette Bauer, Early Music scholar. She will bring beautiful and interesting music to conduct. Please bring your instrument, a pencil and a music stand. Newcomers are welcome. For more information: www.sacrerecorders.org or 391-7520.

OCTOBER 7**Raising Financially Responsible Kids**

Cynthia L. Kinney with New York Life will be presenting a free workshop entitled "Raising Financially Responsible Children." The workshop will be held from 9-11 a.m. at Chinese Grace Church at 6656 Park Riviera Way. To RSVP please contact Janice Joe at 422-7523.

OCTOBER 8**Computer Club meeting**

The Mission Oaks Computer Club will meet on Oct. 8, from 1p.m. to 3 p.m. at the Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael, CA. The club will be celebrating its 21st anniversary with member presentations and a finger-food potluck. First-time visitors are welcome to bring a finger-food item as well. A problem-solving clinic, led by Adam Lacey of Applications, Etc, will follow the meeting. For additional information, call (916) 366-1687 or visit our Web site at www.missionoakscomputerclub.org.

OCTOBER 9**Barbershop quartet**

A barbershop quartet will perform at the Casa Garden Restaurant, 2760 Sutterville Rd., Friday, Oct. 9. Seatings at 11:15 a.m. or 1:15 p.m. Main entrée is roast pork loin with berry chutney and mixed green salad or Asian chicken salad with dried cranberries. Dessert is an apple pecan cake with caramel sauce. Tickets are \$20 per person and reservations are offered on a first-come-first-served basis. For reservations, call 916-452-2809.

OCTOBER 10**Family Magic Show**

Held Saturday, October 10, 2009, doors open 6:30 p.m.; show starts at 7 p.m. Tickets are \$5/person at the door, 5 years old & under free. Register online & get \$1.00 discount per person, www.morpd.com. This gathering of top named magicians in Northern California comes to share their MAGIC with you. All ages will enjoy their mysteries with "OOOhs" and "AAAws" and thoughts of "How did they do that?" Held at Mission Oaks Community Center, 4701 Gibbons Drive, Carmichael. For more information, call 972-0336.

OCTOBER 11**Walkathon for feral cats**

On Sunday, Oct. 11, the Coalition for Community Cats will hold its fifth annual "Put Your Best Paw Forward" 5K Walkathon honoring National Feral Cat Day. This walkathon will begin at Southside Park at 6th and T streets and wind its way past the State Capitol, down J Street and return to the park. The Coalition for Community Cats is a volunteer-run organization that assists people in the community to spay and neuter abandoned and feral cats. For more information on sponsoring or joining the walkathon and the activities of the Coalition for Community Cats, visit their Web site, www.coalition4cats.org, or call (916) 446-4290.

OCTOBER 17**Food festival**

Chinese Community Church will hold their 26th annual Fall Fellowship and Food Festival Oct. 17, from 11 a.m. to 7 p.m. The event will be located at the church 5600 Gilgunn Way. There will be Chinese food, entertainment and games. Admission is free. For more information, call 916-392-7875 or 916-424-8900.

Aging in place week

In honor of National Aging in Place Week, Eskaton Village Roseville is hosting this entertaining and educational event highlighting programs and services that can help older adults live independently. This event will feature: tours of Eskaton's award-winning national demonstration home; seminars by professional speakers; cooking and health demonstrations; resident art show; and flu shots. Eskaton Village is located at 1040 Cabris Ln., in Roseville. For more information, call (916) 771-5151.

OCTOBER 20**Sleep and senior health**

On Tuesday, October 20, there will be the Sleep and Senior Health, presented by Steven Brass, M.D., M.P.H. Co-Medical Director of the Sleep Division of UC Davis Health System. Dr. Brass will explain reasons which we sleep, and age-related sleep changes and problems. 1:30-2:30 p.m. Ethel Hart Center, 915 27th Street. (916) 808-5462. Please sign up in advance.

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