

## Going green at new Robbie Waters Pocket-Greenhaven Library

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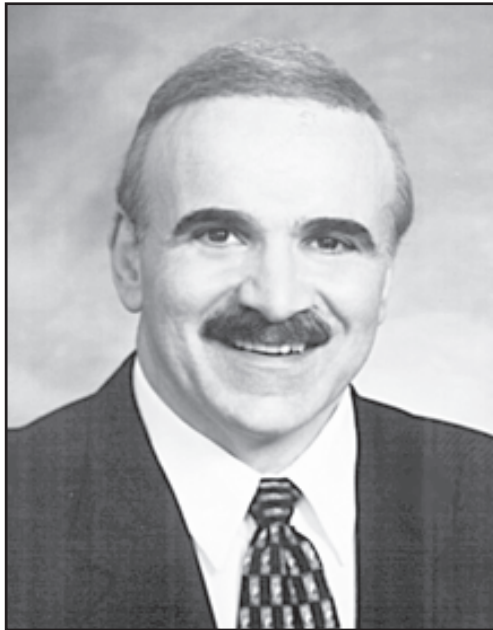
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**Editor's Note:** In the February 4, 2010 edition of The Pocket News, we published a story ("City officials push for more green waste containers in Pocket," by reporter Celia Green) about the city's plan to convert more Pocket residents to green waste containers. The switch is part of the city's goal to limit on-the-street green waste pickups. We asked what you thought about green waste containers. You e-mailed letters and opinions. And we will print your thoughts in the March 4, 2010 edition of The Pocket News. For those who haven't yet, please share with us your thoughts about the city's switch to green waste containers from street pickups. E-mail [ryanrose@valcomnews.com](mailto:ryanrose@valcomnews.com). Read the original story at [www.valcomnews.com](http://www.valcomnews.com). - Editor Ryan Rose

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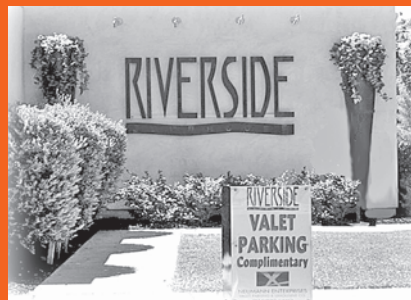
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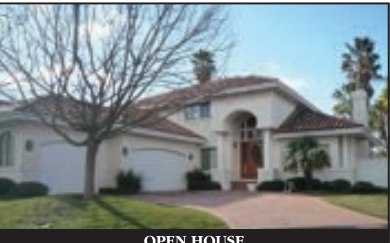


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# New Pocket library is true 'green' building

Special to The Pocket News

The Robbie Waters Pocket-Greenhaven Library was designed with the intent to create an environmentally responsible asset to the Pocket-Greenhaven community, and serve as an example of contextual green architecture.

Designed to embrace the site's residential context, the library anchors the corner of the complex shared by a 500-student capacity charter high school and city playfield.

High open volumes created by sloped roofs define and separate the interior spaces while clerestory windows within these high volumes allow natural daylight to penetrate deep into the building's core. The interior space program includes a community meeting room with exterior access, story-time reading tower, children's collection, teen room, quiet reading room, technology reference area, fiction and non-fiction collection and staff support spaces.

The new library targets Leadership in Energy and Environmental Design (called LEED) Silver rating with energy efficiency strategies to minimize energy consumption. LEED is the Green Building Rating System and was developed by the U.S. Green Building Council. It has become the standard for environmentally sustainable construction. Proper solar orientation for maximum natural daylight, high performance HVAC system with localized zoning controls, daylight and occupancy sensor controls for built-in artificial lights, low flow water fixtures, low volatile organic compound and recycled material products are just a few of the LEED strategies employed in the Robbie Waters Pocket-Greenhaven Library.

### Sustainable sites

Due to its advantageous location and key site features, the project qualifies for multiple points in the sustainable sites category. Alternative transportation methods are encouraged. The project provides bike racks for more than five percent of all users, and is located within a quarter mile of public transportation routes including Regional

Transit route 81 and 200 as well as others.

### Water efficiency

By working closely with the landscape architect, the design team was able to successfully reduce the amount of water needed on site. Water efficient landscaping was selected to achieve a 50 percent reduction of potable water consumption. Also, high efficiency fixtures were selected in order to achieve a water use reduction of 30 percent. In doing so, the Pocket-Greenhaven Library reduces the burden on the municipal water supply and waste water systems.

### Energy and Atmosphere

With the future of our planet in mind, systems including the building envelope, HVAC, and lighting were designed to maximize energy performance, while minimizing the library's impact on global warming and climate change. A commissioning strategy was created to ensure the energy related systems continue running to specifications.

### Materials and resources

In an attempt to support indigenous resources and lessen transportation, local materials

were specified for this project. These materials were harvested and manufactured within 500 miles of the project site for a min of 10 percent of project material cost. Targeting materials with a high level of recycled content was also a priority. In doing so, the design team successfully decreased the impacts resulting from extraction of virgin materials. The construction team also contributed in this LEED category. They decreased the waste hauled to landfills by providing recycling containers near the construction site and recycled or salvaged at least 75 percent of non-hazardous construction and demolition.

### Indoor environmental quality

In order to achieve a high quality indoor environment, low-emitting materials were chosen for the project. These materials including adhesives and sealants, paints and coatings, carpet, and compost wood work to reduce indoor air contaminants. The lighting and thermal comfort of the Library was also carefully considered and designed to allow controls for individuals and multi-occupant areas. The HVAC system meets the latest performance standards.



# Boxing at the Relles Gym



By **MARTY RELLES**  
Pocket News Columnist  
marty@valcomnews.com

One Christmas, my father gave two pairs of boxing gloves to my brothers and me. He hoped this would help us learn to defend ourselves. Terry and I put on the gloves and sparred. Soon other kids came over to try on the gloves and box. We set up an imaginary ring in our backyard. A large tree marked one side of the ring, the garden in the rear marked another, the patio another side and the fence opposite the patio completed the square.

Soon we began scheduling regular 3-round bouts. I fought Dan Petrocchi and he bloodied my nose. He won in a TKO. I fought him later that year in a return match and bloodied his nose. I fought both the Ducray boys. They were tough fighters. I moved adroitly around the ring, kept jabbing and avoided heavy blows. I "flew like a butterfly," but did not "sting like a bee."

We had many other good fights in the newly founded Relles gym. I remember one fight in particular. Lou Viani fought a barnburner with Bob Pesce. They came right out throwing blows as if the fight would last only one round. No blood appeared, but faces reddened from the contact of the gloves. In the second round, the pace slowed. The boys slowly ran out of gas. By the third round, the pace of the fight slowed to a crawl, but the boys kept throwing leather, missing mostly. At the very end of the round, Lou slipped to the ground and in the heat of battle, Bob kept punching. We rushed in to halt the bout. By this time, the two boys were very angry at each other, but we made them shake hands and called the fight a draw. After that, the two good friends walked away with arms around one another's shoulders.

Bob Pesce died from a stroke last year. Lou Viani, a successful architect here in town, found the time to attend his old friend's funeral. They might have once traded blows, but the bond of friendship they forged on Janey Way lasted a lifetime.

The days of boxing at the Relles gym are only a memory now, but dad was right, the boxing did teach us self-defense. It taught us more. We learned to settle our differences by the Marquis of Queensbury rules, not the rules of the street. This lesson was doubtlessly more important than simple self-defense.

*"They might have once traded blows, but the bond of friendship they forged on Janey Way lasted a lifetime."*



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Longtime south area school was established 47 years ago

# Burbank High School has significant connection to Pocket area

By LANCE ARMSTRONG  
Pocket News Writer  
lance@valcomnews.com

For the majority of newcomers and most of the younger generation of the Pocket area, Burbank High School is just another local high school that seems to have no significant connection to this community. But other Pocket area residents remember differently.

Certainly with the 1967 establishment of John F. Kennedy High School, Pocket-Greenhaven area students instantly had a high school to call their own.

But they were not the only students to suddenly have a new alma mater, as students from outside of this area who attended Burbank High, as well as McClatchy High made up Kennedy's original student body.

## Filling the new school

From Burbank alone, about 400 students transferred to Kennedy, largely contributing to a student body that decreased from about 2,700 students in the fall of 1966 to 2,137 in the fall of 1967.

Burbank's alma mater, as printed in its 1967 Oracle

yearbook, includes the line, "We vow to love you, Burbank High with lasting fidelity."

Perhaps there should have been a clause or an asterisk associated with this line for students who would be attending the Pocket area's first and still only high school.

The transferring of students to the new campus was one of mixed emotions, as Burbank and McClatchy students left their established schools and ventured into an unfamiliar environment.

Additionally, students who remained at these already established schools had to undergo the loss of many close friends who were transferred to Kennedy.

Ratchford Higgins, a longtime Burbank High physics teacher and yearbook advisor, remembers being one of the McClatchy students who lost friends to the opening of Kennedy High.

"A lot of my friends went there (to Kennedy) in that first year, so I knew a lot about what that first year was like and it wasn't much fun for them," Higgins said. "The senior year is supposed to be the pinnacle of the high

school experience and it was all fragmented for them. Nobody knew the teachers and they didn't know each other."

Fortunately for the January 1968 graduates of Burbank, McClatchy and Kennedy, many separated friends were able to reunite as joint commencement exercises for these schools, as well as Johnson High, were held at the Memorial Auditorium on Jan. 20, 1968.

Following the exercises, an all-night graduation party was held for the students at the Alpine Alley bowling lanes at 2326 Florin Road.

Higgins added that Kennedy benefitted from the fact that many of the area's best cross country runners resided within Kennedy's boundaries at the time of the school's opening.

"I was on (McClatchy High's) cross country and track (teams) and we had always had the cross country championship," Higgins said. "But (Kennedy) got the best runners from our school and the best runners from Burbank and that was just too much to overcome. So, in Kennedy's first year, they were number one (in cross



Pocket News Photo/Lance Armstrong  
Longtime Burbank High physics teacher and yearbook advisor Ratchford Higgins works with yearbook co-editors-in-chiefs Marlene Munoz (left) and Diana Lalanphet.

country). (Kennedy) also had a really top miler. He won the Golden West Invitational and he won the California state championship in the mile. He would have been at Burbank (had he not been transferred to Kennedy)."

Maintaining the topic of running, Higgins said that

Burbank also had a longtime English teacher, named Paul Reed, who was a very active runner.

"They called (Reed) 'Mr. Marathon,' Higgins said. "He ran to school every day, he ran hundreds of marathons, liter-

See Burbank, page 7

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# Burbank: 'The school was originally built to serve a more rural population'

Continued from page 6

ally. He was a character here. And more recently, we had a teacher who would ride his bicycle about 15 miles to Burbank every day."

## The Burbank-Kennedy connection

Being that Burbank High undoubtedly has a direct connection to Kennedy High, the following tribute to the school serves as a sort of extension to Kennedy's rich 42-year history.

The roots of the school date back to 1958, when city school administrators determined there was a need to have a new south area high school for the purpose of handling the growing number of students at C.K. McClatchy and Hiram Johnson high schools.

After a site for the school was selected, planning began for its construction.

Although the school's campus was scheduled to be opened in September 1962, construction strikes resulted in an extension of its opening to Jan. 21, 1963.

With the delay in Burbank's opening, students planning on attending classes at the new campus temporarily attended afternoon sessions at Johnson High.

During its earliest years, Burbank was led by its principal, Oliver A. Livoni, and vice principals and former Sacramento State College students, Edward B. Morrison and Marguerite L. Neal.

Despite being a new school, it did not take long for Burbank to establish many traditions and organizations.

One very early tradition that ceased to exist was a joint rally with Burbank and Johnson students prior to every game.

By 1966, a rivalry between these two schools abruptly ended this tradition.

Other traditions, as well as organizations, during Burbank's initial two years included the establishment of its Columbian blue and gold colors, Titan mascot, a fight song, alma mater, student government, football, baseball, basketball, track, swimming,

tennis, golf and cross country teams, dances, bands, an art club, a ski club, four language clubs, a yearbook and a newspaper.

Although the name of the yearbook has remained the same, the name of the newspaper, as well as its presentation has evolved.

The school's original newspaper was first printed in the fall of 1963 and was known as the Banner.

The publication was initially produced by first and sixth period journalism students, who alternately created editions of the newspaper.

Due to the lack of efficiency of this system, the following school year, the two classes were combined to create the newspaper.

The first editors of the combined classes were Richard Rouse, Sharon Yerman and Tim Smith.

The newspaper has since been renamed twice, first becoming known as The Mighty Titan and with its change to an online-only format, it became known as The Titan Ledger.

The Banner explained the reason that the Titan mascot was selected, noting, "The symbol 'Titan' stands for persons having enormous size, strength and power."

And the school's name honors a man who is so revered in the state's history that his birthday is annu-

ally celebrated in California as Arbor Day.

## Luther Burbank legacy

Born on March 7, 1849, Luther Burbank, who resided in Santa Rosa for more than a half-century, was known for his experimental plant breeding.

These experiments had a direct purpose, as his goal was to improve plant productivity with the objective of expanding food supplies throughout the world.

During his career, Burbank, who has often been referred to as "The Wizard of Horticulture," developed more than 800 strains and varieties of plants, which included about 200 varieties of fruits and many vegetables, nuts and grains.

When the Burbank campus opened, it was not as fully developed as it is today.

And those familiar with the campus today know that it is one of the city's most artistic school campuses.

Among its artistic features are older mosaic details and more recent student-made ceramic work, including a tile-plated mural, which reads "Titans," on the south side of the cafeteria and ceramic books at the entrance to the library.

Advance ceramics students of Ted Dal Porto also created murals for the nearby Regional Transit light rail station.

A large, concrete, artistically-designed bridge that was built by Burbank students

also draws attention near the center of the campus.

Higgins said that Burbank students have been involved in many memorable activities, including the marching band's representation as the number one California high school marching band at the re-inauguration of the Statue of Liberty, the student-built, Guinness recognized largest bicycle in the world, the construction of a bowling robot and many exciting sporting events.

Notable athletes among Burbank's alumni include Sacramento's renowned prize fighter Tony Lopez and several NFL and NBA players.

Reflecting upon the school's rich history, Burbank High Principal Ted Appel said that Burbank has undergone many changes throughout the years and appears to have a very promising future.

"While the area has changed, the school's commitment to serving the community has never wavered," Appel said. "The school was originally built to serve a more rural, agricultural population. It now proudly serves a richly diverse, international community. In 50 years, people will probably look back and talk about the dynamic opportunities that the school created through its support of its diverse population. With programs such as International Baccalaureate, the future is bright for graduates of Luther Burbank High School."

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# Love is the 'heartbeat of the universe' in Sac Opera's 'La Traviata'

By **SUSAN LAIRD**  
Pocket News Writer  
susan@valcomnews.com

True love and tragic misunderstanding, aristocrats and commoners, noble sacrifice, betrayal and dying young... Sacramento Opera's production of Giuseppe Verdi's "La Traviata" has it all.

Verdi based his opera in three acts on a novel by Alexandre Dumas, fils, called "La dame aux Camélias." The novel, which was based on Dumas' own affair with the beautiful courtesan Marie Duplessis, who died at the age of 23 from consumption, a common term for tuberculosis. Duplessis was known for her petite figure, charming smile and her smart conversation in French salons of the day. It is reputed that no fewer than two French noblemen (and former lovers) were at her bedside when she passed away. In death, as in life, she was a legend.

In English, Dumas' work was translated as "Camille," and the title character was successfully portrayed to great success by Greta Garbo on the silver screen in 1936.

In contrast, the first performance of Verdi's opera, at Venice's La Fenice in 1853, was an utter failure. However, Verdi had faith that his work would endure ("La Traviata" last night a failure," he wrote.

"My fault or the singers? Time will tell"). After some revisions, an 1854 production at the Teatro di San Benedetto in Venice proved to be successful. "La Traviata" has been in production ever since.

The title for Verdi's work, "La Traviata," means "The Woman Who Strayed," or "The Fallen Woman." It focuses on the lives of a famous courtesan, Violetta Valéry, and a young nobleman, Alfredo Germont. The two meet at a party she is hosting to celebrate her "recovery" from a "brief illness."

Alfredo woos Violetta, who has her doubts about the young man who "has loved her long from afar." However, she also wonders if he could "be the one." In the Act I finale, Violetta sings "Ah, fors'è lui" – "Perhaps, he is the one."

The second act finds the two as lovers, happily ensconced in the French countryside. But trouble is on the way, in the form of Alfredo's father, Giorgio Germont. Giorgio informs Violetta that his daughter's upcoming marriage is threatened because of Alfredo's affair with her. Because of her love for Alfredo, Violetta agrees to sacrifice her love for the sake of his family and leaves for her former life in Paris.

Alfredo, at first determined to bring her back, eventually is led to

believe that Violetta has betrayed him. He confronts her publicly, throwing money in her face at a party. She faints and the members of the party reprimand him: "You have offended a noble lady."

Too late, Alfredo realizes that Violetta's love for him was true all along. In the third act, the lovely courtesan is told by her physician that she has not long to live, as her consumption has worsened dramatically. Violetta sings "Addio del passato" – "So closes my sad story." Alfredo rushes to her side, and the two lovers are reunited. Alfredo tells Violetta that he will take her away from Paris, back to the countryside. But she senses that her life is slipping away.

Together, Alfredo and Violetta sing "Gran Dio! morir si giovane" – "O, God! to die so young." Giorgio enters with a doctor to save Violetta, but it is too late – Violetta dies in her lover's arms.

"La Traviata" is listed in the Top Three most popular operas in the United States by "Opera America," just behind "Madama Butterfly" and "La bohème." Sacramento Opera's production will be sung in Italian with English supertitles. James Marvel directs and Timm Rolek returns to conduct the Sacramento Philharmonic Orchestra.

Soprano Karen Slack will perform as Violetta. She has



Photo courtesy

Sacramento Opera presents Giuseppe Verdi's "La Traviata" at the Sacramento Community Center Theater, 1301 L Street, Sacramento, Friday, February 26, 2010 at 8 pm; Sunday, February 28, 2010 at 2 pm; and Tuesday, March 2, 2010 at 7:30 pm. (Pictured is an earlier production.)

performed internationally to much acclaim. Her voice is described as "warmly expressive." Slack's career has been fostered by both the Santa Fe and San Francisco operas, which recognized her native talent and invited her to participate in their programs for young artists. She is noted as a talented performer whose star is on the rise.

Tenor Alexander Boyer is cast as Alfredo. Boyer has performed with the San Jose Opera, as well as the Merola and Santa Fe Opera programs. He

is a winner of the Mario Lanza Scholarship Award.

"La Traviata" will run for three performances: Friday, Feb. 26 at 8 p.m., Sunday, Feb. 28 at 2 p.m. and Tuesday, March 2 at 7:30 p.m. The Sacramento Community Center Theater is located at 1301 L Street in Sacramento. Admission is \$18 to \$130. For tickets, call (916) 808-5181, visit the box office at the theater or visit [www.tickets.com](http://www.tickets.com). For more information, visit [www.sacopera.org](http://www.sacopera.org) or join the Sacramento Opera on Facebook and Twitter.

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Hello to you, Elk Grove

# The Pocket News expands into Laguna, Elk Grove

By RYAN ROSE and LINDA POHL  
Pocket News Staff Members  
vcnnews@valcomnews.com

Starting with this edition, the Valley Community Newspaper group is pleased to announce that The Pocket News is expanding into Elk Grove. It's a move that we hope readers and businesses will embrace, as these neighboring communities are so close in proximity and culture that it only makes sense to increase the reach of our newspaper.

Situated along the Sacramento River and connected by the web of freeways, highways and roadways that propel the local economy, the Pocket area and Elk Grove are matching neighbors – twin communities – each with distinct scenery but similar values.

These two communities are sanctuaries, built by residents seeking a calm alternative to the hustle-and-bustle of the city. Elk Grove and Pocket are anchors for travel-weary commuters looking to leave downtown behind for settings of solace – they are a people looking for home.

Beyond the many wonderful stores and services that are available to local residents, Pocket and Elk Grove both celebrate their family-friendly communities, neighborhoods built by honest, hard-working people that provide the heartbeat for the Sacramento Valley. And it is in that quality that Pocket and Elk Grove shine together, as these two communities don't just share a border, they share a spirit.

The Pocket News will echo that signature community spirit in its news coverage and commercial offerings. This paper will endeavor to cover the news and events – the quality of life issues – that are important and relevant to Pocket and Elk Grove residents

and business owners. To meet that end, we will also be offering a new section, "Shopping Elk Grove," to benefit our readers travelling between the two markets. With so many Pocket residents working in Elk Grove (and visa versa), we know that this expansion of

The Pocket News will be enthusiastically embraced.

Together, with the help of the community, The Pocket News will remain the voice of the Pocket, Laguna, Elk Grove and the many diverse and unique residents that live along the majestic Sacramento River.

To advertise in the new "Shopping Elk Grove" section, call Linda at (916) 429-9901 or e-mail her at [Linda@valcomnews.com](mailto:Linda@valcomnews.com). Please send your story tips and community news to [ryanrose@valcomnews.com](mailto:ryanrose@valcomnews.com) or call (916) 429-9901.



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# From rancher to restaurateur: Big Al's BBQ and Deli

By **BENN HODAPP**  
 Pocket News Writer  
 benn@valcomnews.com

A lot of barbecue joints claim to have the best ribs in town, but not all owners can make the claim as life-long ranchers. Such is the story of Al and Sue Kuhn, owners of Big Al's BBQ in Elk Grove.

The Kuhns make their residence in the Pocket area and have been there for nearly five years, according to Al. But the journey from rancher to restaurateur was a long time in the making.

Al's family lived on a ranch for 50 years, beginning in 1946 at the Circle K Ranch. While there, he met Sue in grammar school. After tying the knot, Al and Sue worked on a ranch they own together in Elk Grove.

As housing developments went up all around their Elk Grove ranch, the Kuhns held occasional barbecues for the industrial workers. The gatherings regularly drew 90-120 people, and several compliments from the workers gave the Kuhns an idea.

"A lot of people said they thought we should open up our own barbecue place," Al said.

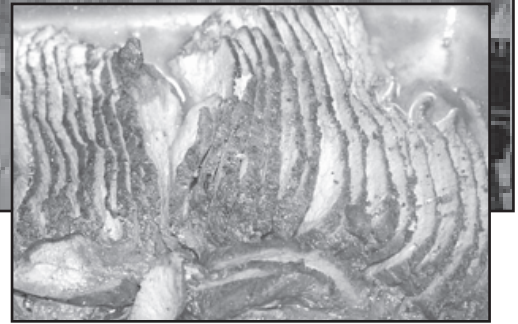
As industry and housing continued to encroach in all directions, the Kuhns decided it was time to move on, eventually moving in to the Pocket.

But they would be back – to work, anyways.

When a developer bought some of their land in Elk Grove to put up more new housing, the Kuhns found themselves with a chunk of money to do with what they



Photos courtesy Big Al's BBQ and Deli  
 An appetizing view: Elk Grove's Big Al's BBQ and Deli, located at , is famous in the area for their ranch-style decorations and delicious meals.



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pleased. They decided to take over a Mexican restaurant that was failing and Big Al's BBQ was born.

The restaurant opened on December 4, 2008 to booming business.

"Business started out great," Al said. "Lately it's been a little slow, but it has started to pick back up."

Despite Elk Grove's apparent lack of barbecue restaurants, Al stands by his claim that you will love his barbecue and the ranch culture.

"Unfortunately, I can't think of any other places around that have barbecue," he said. "But people seem to really enjoy what we serve."

The ambiance of the restaurant is one of the Old West,

with pine interior, many old pictures and old branding irons on the walls.

### On the menu

The Kuhns take pride in offering affordable prices for their food as well.

"A family of four can eat for around \$45 including drinks," Sue said. "It probably comes out to about \$10-12 per person."

As far as customer feedback, Elk Grove residents are quite clear about their opinions.

"People have come up to me and said that our ribs are the best they've ever tasted," Sue said. "People really love our chili, too. We have had a lot of return customers."

But it's not all ribs, ribs, ribs. Al and Sue ran down the menu, which includes tri-tip, chicken, potato salad, onion rings, french fries, okra, salad and coleslaw. Soon they will be introducing hamburgers to the menu as well.

"We eat there quite a bit," Al said. "We are there a long time every day."

Both Al and Sue said that their favorite item on the menu is the tri-tip sandwich, which comes with a house barbecue sauce. That pretty much takes care of giving a good fallback option if you're unsure of what to order when gazing at the menu. Al also likes the Old Susanna Salad served with chicken. Since he and Sue eat there often, they try to make sure they don't eat red meat for every meal.

The next step for the restaurant is to one day soon have live entertainment in the form of singers. During the spring months they can use the porch to house a band to perform, but nothing is set as of now.

Big Al's BBQ is located at 8976 Grant Line Rd. in Elk Grove. The restaurant's hours are Monday-Saturday 11 a.m. - 8 p.m. For more information, you can call the restaurant at (916) 867-8609.

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# Twain you and me

By RYAN ROSE  
Pocket News Editor  
ryanrose@valcomnews.com

In response to a news story that he was at death's door in London, Missouri-born Samuel Langhorne Clemens, known popularly by penname Mark Twain, wrote, "The reports of my death are greatly exaggerated."

Indeed, as Twain has since passed, his legend (and wisdom) lives on in popular culture. And while his larger-than-life persona is sometimes exaggerated by modern authors and playwrights, Twain's pointed humor, dogged honesty, keen insights and plain-spoken ways are as welcomed now as they were when he was writing for The Sacramento Union newspaper during the 19th century.

It has been nearly a century since his death, but his ghost still haunts Sacramento. The capital city's deep political divide would be the perfect fodder for a Twain novel or the subject of a community chat.

Next month, Twain returns to life via the stage – and he is back in Sacramento. Actor Hal Holbrook portrays the famous author Saturday, March 6 at 8 p.m. at The Community Center Theater. Tickets are available at the Convention Center Theater Box Office (1301 L St.), Tickets.com, and (916) 808-5181. Ticket prices are \$30-\$60 plus facility and service fee.

Considering Twain's far-reaching legacy, our city is very lucky to have such a connection to the author (much as I'm sure Salinas values John Steinbeck). Clemens might have been born on the Mississippi River, but Twain spoke the language of modern Californians – in his time, he was a pioneer for human rights, women's rights, the environment and the humane treatment of animals. He may have been a character of the Gilded Age (having coined the term in fact), but Twain, pseudonym and all, was the real deal.

The Sacramento Union believed that – and they traded on that reputation. Anytime The Union encountered financial problems, the publisher would drag an old desk out from the backroom and sell it as a "Desk used by Mark Twain." Almost always, those desks sold quickly.

A chance to experience a form of Twain today is a treat. As Twain's close friend Helen Keller wrote, "I think 'Mark Twain' is a very appropriate nom de plume for Mr. Clemens because it has a funny and quaint sound that goes well with his amusing writings, and its nautical significance suggests the deep and beautiful things he has written."



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- Gift Cards Available

**Try Our New Flavor Taro**

7485 Rush River Drive Ste. 670 • 916-428-5510  
(In the Promenade-Bel Air Center behind Blockbuster Video, next to Tuesday Morning)

**Pocket Animal Medical Center**

7465 Rush River Dr. Ste 830  
(916) 395-PETS (7387)

**Open 7 Days a week!**



- Internal Medicine
- Dermatology
- In House Blood Analyzing
- Specialized Dental Procedures
- EKG
- Orthopedic Surgery
- Spay/Neuter

Same day appointments available

**FREE EXAM**

By appointment only. Must present coupon before services are rendered to be valid. Not valid with any other discounts.  
For new clients or clients with new pets.

**Dr. Alan Sladky - Optometrist**



- We offer the latest in eyewear, over 1000 frames to choose from!
- We accept most major vision plans, including VSP 
- Some glasses & contact lenses ready in 1 hour.
- Experienced and knowledgeable staff.

**!!!SPECIAL!!!**  
Complete Eye Exam & a 3 Month Supply of Disposable Contacts  
**\$179** (Over \$200 Value!)

**Change Your Eye Color for \$30 More!**  
Ask for details. Coupon cannot be combined with any other discounts or insurance. Exp 03/17/10

**!!!SPECIAL!!!**  
Select Frames & Single Vision  
**\$79** (Save up to \$100)

Lined bifocals \$40 more.  
Ask for details. Coupon cannot be combined with any other discounts or insurance. Select frames only. Exp 03/17/10

We specialize in hard to fit contacts, including those for Keratoconus. They may be covered by insurance — ask for details!

Walk-ins and same day appointments welcome.

**(916) 395-EYES**  
(3937)

Dr. Alan Sladky, Optometrist  
7465 Rush River Dr. Ste 410



# Promenade Center

7485 RUSH RIVER DRIVE

## BRITE CLEANERS

**NOW OFFERING**  
**RYNEX Green Cleaning Solutions**  
 • Biodegradable • Non-toxic  
 • Non-polluting • Noncarcinogenic

We do not use unhealthy chemicals that are toxic, polluting or carcinogenic. We use only Rynex which is safe for you and the environment. For more information visit [www.rynex.com](http://www.rynex.com).

**Do you avoid dry cleaners because of health or environmental concerns?**

Depend on Brite Cleaners' 5-Star Service

- ★ 30 years experience
- ★ environmentally safe
- ★ prompt and timely service
- ★ high quality service
- ★ great value – low prices

GOOD FOR OUR HEALTH  
 GOOD FOR OUR EARTH

Come to Brite Cleaners for environmentally conscious dry-cleaning.

7465 Rush River Dr., # 170  
 at Windbridge in the Promenade  
 next to Bel Air  
 (916) 428-0138



# Family Friendly Youth Football Is Here!



**Football & Cheer**  
**Ages 6-14**

*Join Us As The Saints Come Marching In!*

**Early Bird Registration Has Begun!**

For Dates & Locations Call  
**916-744-1356**

Or Visit Us Online:

**DeltaJuniorSaints.com**



City Councilman Robbie Waters says....

**Thank You!!!!**

*To our Pocket-Greenhaven Residents*



Councilman  
 Robbie Waters  
 District 7  
 City Hall  
 915 I Street, 5th Floor  
 Sacramento, CA 95814  
[rwaters@cityofsacramento.org](mailto:rwaters@cityofsacramento.org)

When the State of California proposed two more water intake facilities on the Sacramento River across from Pocket, hundreds of residents contacted my office. They attended meetings, wrote letters, wrote e-mails and called the State and their elected representatives.

Thanks to us working together, the State has dropped these locations from the proposed Bay Delta Conservation Plan!

## Nelson Dental

*"We're in your Pocket Neighborhood"*



Committed to providing you the best care in a pleasant environment. We use the latest technology to provide advanced services like: single visit crowns and Velscope oral cancer screenings.

7400 Greenhaven Drive - 916.427.1101  
 (Off I-5 between Florin and Pocket Road)  
[www.NelsonDental.com](http://www.NelsonDental.com)



**Fabulous Pocket Listing Coming Soon!**

**Karen Mullins**  
 916-995-5611  
 DRE# 01413680



**Please send your updated 2010 Calendar announcements**

*...especially if you host monthly events!*  
 e-mail to [ryanrose@valcomnews.com](mailto:ryanrose@valcomnews.com)

Fax to: 429-9906  
 Phone: 429-9901

Valley Community Newspapers • 2709 Riverside Blvd. • Sacramento • 95818

# SOLD in '09 By Renee



What's Your Real Estate Story? Everyone Has One!  
 Move-Up Buyers,  
 Downsizing,  
 Investment Properties.

Put my 20 years of experience to work for you.

Call Renee for a FREE Market Analysis of your home.



**Renee Catricala, Realtor®**  
 Direct: (916) 203-9690  
 www.ReneeCatricala.com  
 730 Alhambra Blvd., Suite 150  
 Sacramento, CA 95816  
 Lic# 01077144



## Marie Callender's Restaurant & Bakery

This Month  
**\$6.99**  
 + tin deposit

Pie Sale! Any Whole Pie To Go!



Price Valid January 27th - February 28th

5622 Freeport Blvd.  
 Sacramento, CA 95822

(916) 391-4300  
 Open 7 Days, 8am-10pm

### 1/2 Price Breakfast

Purchase any breakfast entree & any two beverages & get a second breakfast entree of equal or lesser value for 1/2 price.

**Marie Callender's**  
 Restaurant & Bakery

With coupon. Coupon good for up to 2 discounts per party of 4. Dine-in only. Cannot be combined with other discount offers. Expires 03/15/10

### 1/2 Price Lunch or Dinner

Purchase any lunch or dinner entree & any two beverages & get a second lunch or dinner entree of equal or lesser value for 1/2 price.

**Marie Callender's**  
 Restaurant & Bakery

With coupon. Coupon good for up to 2 discounts per party of 4. Dine-in only. Cannot be combined with other discount offers. Expires 03/15/10

### 20% OFF Entire Check

Dine-In Only

**Marie Callender's**  
 Restaurant & Bakery

Offer good any time. With coupon. Cannot be combined with other discount offers. Expires 03/15/10

Let us build an ad to fit your company's needs

One of our graphic artists will design a free of charge advertisement for you or your company, when you advertise in one of our publications. For more details on this offer, give us a call at

**429-9901**



## THE POWER OF LYON . . . WE DELIVER

Reputation . Knowledge . Honesty . Communication . Results



**Cindy Kirsch**  
 730-7705  
 DRE# 01483907



**8662 Statue Way**  
 Short sale. Beautiful home. Sheldon Whitehouse Phase. 3 bedrooms plus loft! 2-stories, 1 full bathroom downstairs. This house is clean & ready to move in! Close to shopping centers & Hwy 99 ..... \$240,000  
**Iris Tran 470-6067**

### SHORT SALE or FORECLOSURE?

Know someone facing the loss of their home?...and DON'T KNOW WHERE TO TURN?  
 They may have options!  
 Put my advanced training to work!

Call John Woodall, 421-5421



**1124 Volz Drive**  
 This wonderful spacious South Land Park Hills family home has 3 bedrooms 2.5 baths with a fantastic master suite. .... \$449,900  
**Sindy Kirsch 730-7705**



**Sue Vitiello**  
 212-1215  
 DRE# 00826116

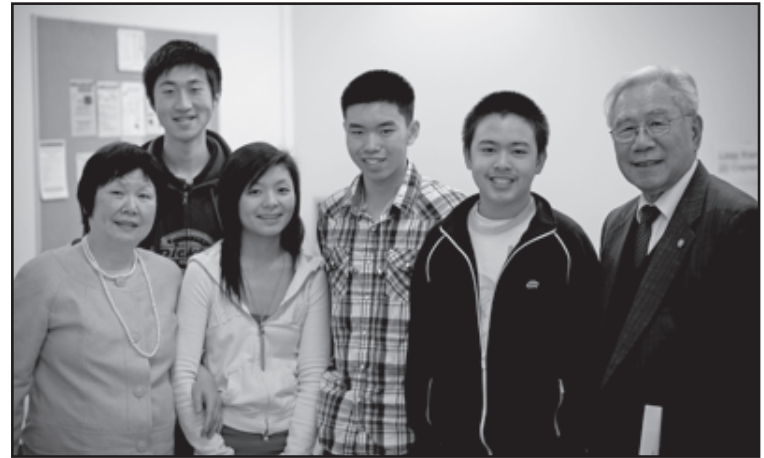
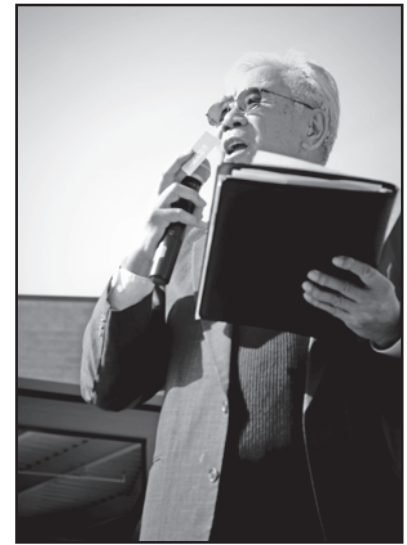


**6920 Waterview Way**  
 This home speaks of class and serenity. This stylist contemporary boasts of wood floors and updated kitchen and family room that open to a large delightful garden. 4 bed, 2 ba home... \$399,950  
**Sue Vitiello 212-1215**



**685 Rivergate Way**  
 Serenity now! Single story GEM features 1635 sq ft of living space & a great floor plan. 3 bed, 2 baths, warm hardwood laminates from the entry to the kitchen and beyond, luxurious cut Berber carpeting & stoned tiled baths. Solar tubes, R36 attic insulation adds energy efficiency, designer colors and accent make this a comfortable home. \$264,900  
**John Woodall 421-5421**

This year brings exciting changes. Let me help you with your home buying or selling experience. Please remember... your best interest is my top priority.  
**Sindy Kirsch 730-7705**



Faces and places

# Year of the Tiger roars into the Pocket

Throughout the week of Feb. 16 to Feb. 19, students from Pocket's Kennedy High School celebrated the Chinese New Year, which was February 14. According to tradition, this is the "Year of the Tiger." And it was certainly cause for excitement at Kennedy High, where students performed traditional Chinese

dances and heard speeches from local political leaders like Sacramento County Supervisor Jimmie Yee, who is also a former Sacramento mayor.

*Pictures and cover by Pocket News photographer Noah Winn.*



Jean & Ron Nakano

### The Nakano Real Estate Team "The Best in Team Work"

"Ron and Jean kept me informed about what was going on in the market. They provided weekly updates and status with potential prospects' comments. They stayed committed to the end.

I had a great team with Ron and Jean Nakano working on my behalf. They provided excellent service with a superior attitude. I would recommend their service to anyone."

John Hodges, seller  
3652 Buhler Way - SOLD!



396-4430 - 691-3644

**PLEASE  
RECYCLE  
THIS  
PAPER**

## Get Ready for Weather Changes Ahead!

**YEE's auto tech**  
Your Auto Care Pro

3073 Freeport Blvd.  
Across from McClatchy High School  
**(916) 442-8340**

[www.yeesautotech.net](http://www.yeesautotech.net)  
Mon-Fri, 8am - 5pm

### Our Services

- Oil Change
- Tune Up
- Repairs
- Factory Scheduled Maintenance (most cars)

## Oil Change Special

- Oil change (with new filter & up to 5 qts. oil)\*
- Tire rotation and chassis lube
- 41-point auto care inspection
- New car warranty approved

**SAVE \$45!**

# \$29.09

most cars

\* GMX

Tax and Environmental fee additional  
With This Ad. Not valid with other offers. Expires 02/28/10

From left: Wes, Ted, and Henry

# Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

Your services are needed! Call (916) 429-9901 and reserve your space on the *Pocket News* Home Improvement page

## ADDITION SPECIALIST

**LYTLE CONSTRUCTION INC.**



**Award-Winning Design/Build Firm**  
Serving Sacramento for more than 25 years

Remodeling and Design  
LIC# 480492

Certified Kitchen & Bath Remodeler

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

**FREE Consultation**  
**916-422-6639**

[www.lytleconstruction.com](http://www.lytleconstruction.com)



## AUTO & HOME DETAIL

**John's Auto & Home Detail**

"We pay attention to the details!"

(916) 893-1787

Lic# 1001419



## CLEANING

**PROFESSIONAL**

Free Estimates  
Licensed & Insured

- WINDOW CLEANING (inside/out/screens washed)
- Pressure Washing (house ext/walkways/all concrete areas)
- Rain Gutter Cleaning
- Hard Water Stain Removal

**Prime Quality Maintenance**



Call Jesse (916) 417-4231

## BUILDING MATERIALS



**INVENTORY ALWAYS CHANGING!**

Windows & Doors! Plywood, lumber, siding, cabinets, molding & more!  
All are heavily discounted Contractors' extras or overstocked items.

916-369-1846 • [www.builderssurplusllc.com](http://www.builderssurplusllc.com)

6015 Power Inn Rd, Suite G • Sacramento 95824

Hours: Mon-Fri 9-5, Sat 9:30-4, Closed Sunday

## YOUR AD SHOULD BE HERE!

**Your Ad Here!**

Your services are needed.

Your ad should be here.  
Ad design is free.

Call 429-9901

## BUILDING MATERIALS & FENCING

**AESTHETIC FENCE COMPANY**

**HANDYMAN SERVICE**

Gates, Retaining Walls, Repair Work  
Fence Installments \$12.75 Ft.  
FREE Estimates. NO Deposit.

< unlicensed >

Phone: 916.570.3078 • Cell: 916.380.0061

**AFFORDABLE FENCE LUMBER & SUPPLIES**

Retail lumber available at wholesale cost.

Redwood • Cedar • Pressure Treated  
Premium Grade

## CONSTRUCTION

**Griffin Construction**

- New Construction
- Remodeling & Room Additions
- Demolition & Removal of Old Unwanted Existing Garage & Replace with New Single/Double Larger Garage or Shop.

Staying small to serve you better.  
Local references

Lic # 510423

Call (916) 402-7463

## CARPET & UPHOLSTERY CARE

**Johnny on the Spot**

Complete Carpet and Upholstery Care

"Our cleaning is the most thorough you have ever had, or we will clean it again free. If you are still not pleased, we will refund your money."

- I.I.C.R.C. Master Cleaner
- Stain Removal Experts
- Carpet Repairs & Restretching
- Pet Urine Removal

Visit our website at [www.johnnyonthespots.com](http://www.johnnyonthespots.com) for more info, coupons and specials.

Call (916) 997-7895

## CUSTOM CABINETS

CSLB #787577



Excellence in woodworking

Custom cabinetry & cabinet refacing  
Crown moulding & baseboards installed

[www.aardvardwoodcraft.com](http://www.aardvardwoodcraft.com)

\*Major credit cards accepted\*

(916) 230-3518

## ELECTRICAL CONTRACTOR

**CAPITOL ELECTRIC**

Since 1960 in Sac area

Reasonable

Res. & Commercial work

Repairs, Trouble Shooting  
Custom Lighting/Free Est.

(916) 451-2300

Cell: 213-3740

Neil McIntire — C.S.L.# 394307

## YOUR AD SHOULD BE HERE!

**Your Ad Here!**

Your services are needed.

Your ad should be here.  
Ad design is free.

Call 429-9901

## FENCING

Bob Grove  
(916) 425-7435

License #: 927602

**GATEWAY FENCE CO.**

Commercial & Residential

Gateway-Fence.com  
bob@gateway-fence.com

Fax (916) 429-1905



## GUTTER CLEANING

**GUTTER CLEANING**

Licensed & Insured  
Senior Discounts

**James Brothers Services**

(916) 236-8940

Lic# 630547

## HANDYMAN

**Quality Handyman**

Over 30 Years Exp., Expert in all trades

Bathroom Specialist

Plumbing & Dryrot Repairs,  
Electrical/Carpentry, Appliance Repairs,  
Tile, Fences, Painting, Linoleum,  
Rototilling, Trenching, Etc.

(916) 485-2467

Senior Discounts, All Work Guaranteed  
Lic# HB5693

## HANDYMAN

**Reliable Handyman**

Doors • Molding • Windows  
Cabinets • Electrical

• Plumbing  
Water Heaters • Disposals  
All

15 Years Experience

Call (916) 806-7879



# Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

Your services are needed! Call (916) 429-9901 and reserve your space on the *Pocket News* Home Improvement page

## HANDYMAN

### FREEDOM HANDYMAN SERVICES

Free up your time from those pesky unwanted jobs. I do odd jobs, plumbing, carpentry, security door installation, light fixtures & fans, recaulking of tubs, hauling  
**NO JOB TOO SMALL!**  
 Call Eric  
**(916)470-3488**


## HANDYMAN

### SPRING CLEAN-UP SPECIALS!

- RAIN GUTTER CLEANING
- ROTOTILLING/& SOD PLACEMENT
- CONCRETE REMOVAL
- YARD CLEAN-UP/HAULING
- PRESSURE WASHING

Call LESTER  
 (916) 838-1247  
 Lic#128758/Ref

Pressure wash your driveways clean! your decks, too!  
 Clean out your garage! Replace that old lawn!  
 Hard work ---not a problem!  
**SPECIALS FOR SENIORS/\*SERVING THE AREA FOR OVER 10 YRS\***



## LANDSCAPING

### SACRAMENTO LANDSCAPE Co.

SINCE 1995  
 CONSULTATIONS  
 DESIGNS · ESTIMATES  
 HOMES · BUSINESSES  
**CALL: 832-2010**  
 WWW.SACRAMENTOLANDSCAPE.NET  
 CL# 770400

## LANDSCAPING

**Terra Bella**  
 Gardening Maintenance  
 Get ready for Spring!  
 • Full yard maintenance  
 • One time clean-up  
*"Not your typical mow, blow & go company!"*  
**Call Randy (916) 454-3430**  
 or **802-9897**  
 www.terrabellagarden.com  
 Lic# 152584

## HEATING/AIR CONDITIONING

### BONNEY PLUMBING, HEATING, AIR & ROOTER SERVICE

- Heating & Cooling Service/Repairs
- New Installs & Existing Replacements
- Maintenance Programs/Agreements

**DON'T BE CAUGHT IN THE COLD!**  
 Season Special  
 Heating System tune-up \$85  
**CALL 444-0551**

- Service on All Brands
- High Efficiency Air Filters
- Freon Leak Detection

FREE ESTIMATES / ALL WORK GUARANTEED / SENIOR DISCOUNTS / LIC # 696355

## LANDSCAPING

### ROBERTS LANDSCAPE CUSTOM LANDSCAPE

AND DESIGN  
 \*Sprinklers \*Decks  
 \*Concrete \*Masonry  
 Experienced with  
 Old Garden Renovation  
**Call: 444-6458**  
 License # 590317

## LANDSCAPING

### FREE WINTER FERTILIZATION WITH SIGN UP (a \$75 value)



- free estimates & competitive prices
- specializing in lawn service & maintenance
- commercial & residential
- sprinkler system maintenance & repair
- one time clean-ups

**Alfredo Lopez/Owner • 916-752-2710**  
 License# 1002231

## MASONRY

### BRICK & STONE

Cultured Stone, Block, Walls, Patios, Walks,  
**FREE** Estimates  
**(916) 899-0101**  
 CA Lic #516538 ~ References

## PAINTING

### SOVEREIGN PAINTING

Quality craftsmanship  
 3rd Generation Painter  
 with over 30-years experience  
**(916) 422-4416**  
 Dan Sovereign  
 Interior & Exterior Painting  
 Lic.#484215

## PAINTING

### GARY'S PAINTING

CUSTOM RESIDENTIAL  
 INTERIOR & EXTERIOR OVER 20  
 YEARS EXPERIENCE WITH PRIDE  
 EXCELLENT REFERENCES  
**725-8781**  
 Contractors Lic. # 734323  
 McClatchy '67

## PLUMBING

### ROONEY'S PLUMBING

FULL SERVICE PLUMBING  
**456-7777**  
 rooneysplumbing.com  
 License #683668

## YOUR AD SHOULD BE HERE!

**Your Ad Here!**  
 Your services are needed.  
 Your ad should be here.  
 Ad design is free.  
**Call 429-9901**

## PLUMBING

### Riverside Plumbing

*Keith & Harry Staley*  
 Full Service  
 Lic# 338816 C-36

Office 442-7586 Mobile 204-4090  
 Located on corner of 7th and Riverside Boulevard  
**25% Discount for all new customers with this ad, good until 07/31**  
 (discount applies to labor only)  
 Water Heater Disposal Faucets  
 Sewer & Drain Cleaning/Video Camera Inspections  
**WE SPECIALIZE IN**  
 •Copper repipe •Sewer and water line replacements •Gas lines - installed

## PLUMBING

### Straightline Plumbing

We'll beat any written estimate!  
 We charge by the job,  
 not by the hour!  
**COMPLETE Plumbing service & repair**  
  
 Lic # 713823  
**Call Don @ (916) 481-3836**

## PLUMBING

### BONNEY PLUMBING, HEATING, AIR & ROOTER SERVICE

WE CHARGE BY THE JOB...  
 SO YOU KNOW THE COST  
 BEFORE WE START!  
**CALL 444-0551**

- Toilet, faucet, sink & disposal repairs
- Installation of new plumbing fixtures
- Trenchless sewer replacement
- Sewer & Drain Cleaning
- Water & gas line repair
- Water heaters

FREE ESTIMATES / ALL WORK GUARANTEED / SENIOR DISCOUNTS / LIC # 696355

## REMODEL CONTRACTOR

### All Range, Inc.



**Free Estimates, WE DO IT ALL!**  
 Kitchens & Bath Remodels,  
 Dry-rot repairs, Roofs, ADA, etc.  
**916-240-7700 or 916-320-2534**  
 Lic# 930998

## ROOFING

### HOPKINS ROOFING

33 years experience  
 Specializing in all types of  
 roofing & repairs  
 24-hour call  
**(916) 731-7073**  
 License #667013

## ROOFING



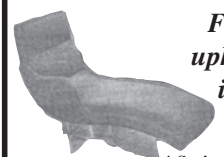
Serving California for 50 years.

**Brian Smith: 916-570-3115 or 916-606-0344**  
 Bonded and Insured. Lic# 784765

- All types of residential roofing
- Roof repairs and Maintenance
- Free estimates
- Quality work at affordable prices

## UPHOLSTERY

### B & T Upholstery & Repair



*Furniture upholstery at its finest*  
 \* Senior Discounts  
 www.bandtupholstery.com  
**1600-B Kitchner Rd., Sacto 95822**  
**916/392-1959 • 916/995-7177**

# Overwhelmed & Burned-Out from caring for your loved one with memory loss?

*8.9 million Caregivers care for someone 50+ years who have dementia.  
YOU ARE NOT ALONE!*

*Our Primrose specialists can offer you the assistance you need to prevent  
and alleviate caregiver burnout.*

**Saturday, March 6, 2010 • 11:00am — 3:00pm**

Free lunch, Life changing advice on how to avoid stress, one-on-one counseling, Aromatherapy, Raffle Prize, Free Health Packages, Special Guest Appearances • RSVP: (916) 392-3510

 **Primrose**  
*Living With Memory Loss*

7707 Rush River Drive Sacramento, CA 95831

LIC 347001338; 347001342

**Do you offer services or products for seniors?**

**ADVERTISE YOUR SENIOR SERVICES IN OUR NEW RESOURCE GUIDE**

**Reasonable rates! • Great Exposure!**

**Call Melissa to reserve space NOW • 429-9901**

# CLASSIFIED ADS

**Call a sales representative today for great advertising rates: 429-9901**

## BOOKKEEPING

**#1 BOOKKEEPER**  
26 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820.. [www.taxirene.info](http://www.taxirene.info)

## COMPUTERS

**GOT COMPUTER PROBLEMS?**  
Pocket Computer Technician. I do on-site visits in the Pocket area. \$35/hr. Outside the Pocket area, travel charge will apply. Problem not fixed? No pay! Free estimates/consultation. Call cell# 296-7161

**COMPUTER RECYCLE CENTER**  
Computer Recycle Center (located in East Sac) Free computer & laptop recycling. Laptop and Desktop Repairs (most repairs only \$45 & returned the next day.) Free estimates (916) 452-5177 [www.recyclecomputers.biz](http://www.recyclecomputers.biz)

**Sell your furniture  
in the classifieds**

## GARDENING SERVICE

**SPI GARDENING SERVICE**  
Winter Clean-up Special! Complete yard maintenance, monthly services OR one-time cleanups. Gutter cleaning, sprinkler repair, & pressure washing. FREE estimates & senior discounts. Work done by owner. Lic# 631205. Call Bob (916) 391-5234 or 212-5234.

## HANDYMAN

**HANDYMAN SERVICES**  
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

**TIME TO CLEAN THE GUTTERS!**  
**Gutter cleaning**— Concrete removal (Patio, driveways, borders, etc.) Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. **Specials for seniors. Licensed.**

**Place your ad today!  
Call Melissa  
429-9901**

## HOUSEKEEPING

**EXPERIENCED HOUSEKEEPER**  
Experienced housekeeper looking to add new clients. Honest, dependable, reliable & very picky about how I clean your home. I clean your home the way YOU want me to. Affordable rates. Ref. available. Contact Sharon @ 916 451-4014.

## PERFECT GIFT!

**PET PORTRAITS**  
Original Pet Portraiture. Realistic paintings of beloved pets. Perfect gift for animal-lovers! Reasonable prices. Submit photograph—turn around 7-10 days. Email [melissa@melissaandrews.com](mailto:melissa@melissaandrews.com) or call 447-4441.

## ROOMMATE WANTED

**POCKET AREA**  
Nice 3 BR townhouse to share with two others. \$380/month; \$300 deposit. Shared utilities. 2 men currently. Call Vince. (916) 501-0360.

**ROOMMATE WANTED**  
1 unf. room, full/prvt bath, in a furnished custom duplex in Pocket/Greenhaven area. Rent \$595 plus 1/3 of SMUD & PGE. All amenities. Private pool. Cable/internet access/security paid. Call Kimberly 717-5604.

**Sell your car! 429-9901**

## RUMMAGE SALE

**RUMMAGE SALE**  
Friday, March 5, 11-3, Saturday, March 6, 9-2. Family clothing, books, housewares, furniture, jewelry. All Saints Episcopal Church, 2076 Sutterville Road.

## TAX PREPARER

**#1 TAX PREPARER**  
26 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly **all past tax returns** including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820. Same low 1990 rates. [www.taxirene.info](http://www.taxirene.info)

**Looking for work?  
Need a new career?  
Call Valley Community  
Newspapers for rates for  
their new  
employment listing section.**

**Call (916) 429-9901.**

## HOUSING

*Florin Gardens  
Cooperative, Inc.*

Gated · Pool · Basketball Court · Playground  
On-site Laundry & BBQ Area

- Section 8 Available - Must meet HUD Requirements

**1 BR-\$621 • 2 BR-\$708 • 3 BR-\$825**

(916) 422-4242

6951 24th St, Sacramento 95822

 Accepting applications from 1/25/10 - 3/31/10

## CALIFORNIA KIDS!

Advertise in California Kids!  
Family Fun Guide!!!  
Serving Greater Sacramento

For more information, call Marc  
at (916) 429-9901

Published by Valley Community Newspapers, Inc.

**Call Melissa at 429-9901 and place your ad today!**

# CALENDAR

For more Calendar entries visit  
www.valcomnews.com

## GET IN THE CALENDAR

Is your club, group, church, school, or organization having an upcoming event? Let us know. Send information about your event—including date, time, location, a brief description, cost (if any), and contact information—to Calendar, c/o Valley Community Newspapers, 2709 Riverside Blvd., Sacramento, CA 95818, or e-mail [ryanrose@valcomnews.com](mailto:ryanrose@valcomnews.com). Deadline is one week before publication. Priority is given to events that are in the community and/or of little or no cost. There is no guarantee that events submitted will appear in the calendar. To ensure placement within the newspaper, please call 429.9901 to place an advertisement.

## FEBRUARY

### Jo Anne Marquardt art show

The Unitarian Universalist Society of Sacramento presents an exhibition of the artwork of Land Park resident Jo Anne Marquardt Jan. 22 to Mar. 21, 2010 at the UUSS Auditorium located at 2425 Sierra Blvd, Sacramento. An opening reception will be held on Friday, Jan. 22 from 5:30 to 7:00 p.m. This event is free. For more information visit [www.uuss.org](http://www.uuss.org).

### Pocket girls softball

Register now through March 1 for the 2010 season or visit [www.pocketgirlssoftball.com](http://www.pocketgirlssoftball.com). For girls ages 4 1/2 to 16.

### Short Story Contest

Open to ages 16 and older. \$5 entry fee. Please make checks payable to Friends of the Elk Grove Library. Deadline for entries is 5 p.m., Saturday, April 3, 2010. Entries may be fiction or non-fiction and not longer than 1,000 words. Manuscript must be typed and double-spaced. Final word count to be written at the top of the title page. Name, address, phone number, email address and story title to be written on a 3x5 card and attached to the entry. Do not put your name on the manuscript. Winners will receive cash awards. First place-\$100 Second place-\$75 Third place-\$50. Awards will be presented at the Elk Grove Library Writer's Workshop, April 17, from 10 a.m. until 2 p.m. Submissions will not be returned. Mail or bring your manuscript to Elk Grove Library Short Story Contest, 8900 Elk Grove Blvd., Elk Grove, Ca 95624.

## FEBRUARY 18

### What Do I Do with All This Stuff?

Event is Thursday, February 18, 2010 from 10 a.m. to 11:30 a.m. Carmichael Park Clubhouse, 5750 Grant Ave, Carmichael. FREE class, but must pre-register by calling 485-5322. Start 2010 with a clean-sweep! Surrounded by clutter? Need to organize years of belongings, mementos and paper? This class will help you begin the task of sorting and disposing of clutter to help keep things manageable.

### Brown Bag Poetry Readings

Held 12:00 to 1:00 p.m. at 828 I Street, the Sacramento Poetry Center will hold a poet-

ry reading from 12 noon to 1 pm, the third Thursday of every month, at the Central Library. Brown Bag Poetry will be held Thursday, February 18th and continues through the year. Sacramento poet Mary Zeppa will host the readings with assistance from poet Lawrence Dinkins and Poet Laureate Bob Stanley. Bring a brown-bag lunch and a favorite poem - or you may select from material available in the library. Information: 264-2920.

## FEBRUARY 20

### Crab feed for Children's home

Sacramento Children's Home Guild to hold "Down By the Sea" Crab Feed, Saturday, February 20, 2010, at the Folsom Community Center, 52 Natoma Street, Folsom, CA 95630. Tickets are \$45. For reservations, call 916-698-1150.

## FEBRUARY 24

### Los Ninos Service League

The Los Ninos Service League is holding its next recruitment drive for volunteers to work within our organization. We would greatly appreciate it if you would post the following notice in your next upcoming publication. Thank you in advance for your continued support of the Casa Gar-

### Boy Scouts Recycle E-Waste

When: Saturday, Feb 20, 2010, 9 a.m. to 1 p.m. Where: Arcade Wesleyan Church, 3532 Whitney Ave., Sacramento (near corner of Whitney & Sunset Ave.) They can take: TVs (including flat screens), laptops, monitors, VCRs, stereos, disk drives, PDAs, Zip drives, computer mice, printers & copiers, scanners & faxes, telephones, video game consoles, small appliances (such as blenders, mixers toasters, vacuum and carpet cleaners). CEAR shreds all computer disk and hard drives to protect your privacy. We can't take: Large appliances. Questions? Want to arrange a pick-up (if you've got big items or you're a business)? Contact: [ponyexpress@surewest.net](mailto:ponyexpress@surewest.net).

den Restaurant and Sacramento Children's Home. Want to give back to our community and have fun too? Become a volunteer in the dining room, kitchen, or garden at the Casa Garden Restaurant. The restaurant, located in the Curtis Park neighborhood, has been raising funds for the Sacramento Children's Home since 1974. For more information about being a volunteer, please join us at our restaurant on February 24, 2010, 9:30 a.m., at 2760 Sutterville Road, Sacramento, CA 95820. Please RSVP by calling (916) 452-2809, as we look forward to meeting you.

### Embroiderer's Guild of America

Embroiderer's Guild of America, 7 p.m. Wednesday, February 24, 2010, SMUD Building, 6301 S Street. "Petite Project" from National EGA. (A bookmark). Visitors welcome. (916) 961-3558

## FEBRUARY 26

### Crab feed

South Sacramento Rotary invites you to attend its 28th Annual Crab Feed and Silent Auction, Friday, February 26 at 6 p.m. The event will

be at the Elks Lodge No. 6, 6446 Riverside Blvd. All proceeds go to support schools/charities in the community. Call (916) 428-0311 or (916) 396-7244 for tickets. Tickets: \$40.

### American Guild of Organists concert

Feb. 26, Friday, at 7:30PM at St. John's Lutheran Church, 1700 L Street, Sacramento, \$10 suggested. The Sacramento Chapter of the American Guild of Organists joins with St. John's Lutheran Church in presenting the famous Wanamaker Grand Court Organist, Peter Richard Conte. Known for his orchestral transcriptions played on the organ, Conte performs at the Macy's store in Philadelphia 2 times daily. That organ is the largest fully functioning organ in the world. Conte's performance in Sacramento will include a silent movie "The Kid" (Charlie Chaplin). More information about Conte is available from his management association: [www.concertartists.com](http://www.concertartists.com). Information about the organ at St. John's is available from [nmetzger@rcip.com](mailto:nmetzger@rcip.com).

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[www.YouthTennisLeague.net](http://www.YouthTennisLeague.net)

5 - 13 year olds



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# Good things grow at county organic gardening club

By **BENN HODAPP**  
Pocket News Writer  
benn@valcomnews.com

A lot of things seem to be taking the "green" approach these days. But this movement seems to have only started in the last few years as far as cars and other machinery are concerned. One Sacramento club, however, has been advocating the green motto for 25 years in the form of gardening.

The Organic Gardening Club of Sacramento County is a non-profit organization founded in 1985, in the absolute infancy of the movement.

"Nobody really knew much about it at the time," club president Barbara Schulte said. "But now I think a lot more people are going organic."

The club meets on the first Friday of each month at Carmichael Park, 5750 Grant Ave. in Sacramento. The meetings are open to the public and one of the goals of the club is to educate people about the benefits of organic gardening rather than just how to do it.

"It is absolutely the healthiest way to grow food both for the environment and for people," Schulte said. "It is very important to grow without pesticides and trying to make the healthiest soil possible."

Healthy soil doesn't just aid in the growing of different fruits and vegetables, it also acts as a nature-made insect repellent, according to Schulte.

"If the soil is healthy it keeps away the harmful insects," she said.

There is a misconception that going organic is a difficult thing to do that leads to much more work being done by the gardener; Schulte described why that's simply not the case.

"It's absolutely easy to do," she said. "You can make it difficult if

you want to, but you certainly don't have to. Most nurseries have organic products and staff that can answer any questions you have about it."

As with anything else, there are levels of difficulty depending on how far you want to get into it. Schulte spoke of the organic growing of flowers and plants that can actually attract beneficial insects to an organic garden, which could greatly aid growing.

She also believes that the word is getting out about the benefits of organic gardening, partly thanks to groups like hers.

"I think it has become more common recently," she said. "There are many articles out about the different ways to become an organic grower. People are beginning to realize that it isn't complicated and our programs teach them what to do. People are really starting to learn that it's a healthy way to grow."

The group welcomes new members, but Schulte asks that people attend a couple of the monthly meetings before deciding whether to join. The meetings are open to the public and are a good way to introduce yourself to the concept of going organic.

She also said that the Fair Oaks Horticulture Center has an organic exhibit that could be helpful for interested parties.

The March meeting (which will take place on March 5) will welcome master gardener Mary Ose, who will talk about spring gardening preparation.

Those interested in becoming a member can contact the club at (916) 635-6724.



Photo by kafka4prez via Flickr.com  
Healthy soil doesn't just aid in the growing of different fruits and vegetables, it also acts as a nature-made insect repellent, according to Organic Gardening Club of Sacramento County president Barbara Schulte.

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Queens of the Kings' court  
**Local Jazzercise group dances for charity**

On Jan. 30, members of the local Jazzercise Center, located at 5962 South Land Park Dr., participated in the Sacramento Kings' halftime show, performing for the crowd to raise funds for the Make a Wish Foundation. A number of regional Jazzercise centers contributed members and monies, but the Land Park-Pocket center had the largest representation (pictured): out of the 136 participants, 19 were from Land Park Jazzercise (17 students and two instructors). Overall, the Jazzercise Centers raised (to date) \$17,000 for the Make a Wish Foundation. For more information on Jazzercise, visit [www.jazzercise.com](http://www.jazzercise.com).



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# 'Tall Wonders' giraffe exhibit now open at Sacramento Zoo

Special to The Pocket News

Exactly one year from the February 2009 groundbreaking for Tall Wonders, the Sacramento Zoo is proud to announce the facility is now open.

For the very first time, visitors will be eye to eye with Val, Skye and Goody, the stately residents of the 1,100 square foot raised

deck – a brand new exhibit for the Sacramento Zoo. The elevated platform also provides a magnificent view into the neighboring zebra and ostrich area.

The state-of-the-art block barn (yes, it's heated) provides warm nights for the three giraffes, while the expanded grounds allow for leisurely giraffe-size strolls during the day.

With the finishing touches almost completed, zoo staff is grateful for the community's support and commitment to the project. They are just dollars away from reaching the \$2 million goal. The Sacramento Zoological Society is 100 percent committed to providing the best possible care and facilities for the zoo's animals.

With continued community support, they will improve and enrich the zoo for future generations.

## About the Sacramento Zoo

Open since 1927, the Sacramento Zoo is home to over 140 native, rare and endangered species and is one of over 200 accredited institutions of the Association of Zoos and Aquariums. Located near the corner of Land Park Drive and Sutterville Road in William Land

Park, the Zoo is wholly managed by the non-profit Sacramento Zoological Society. This Sacramento treasure inspires conservation awareness through education and recreation. Open daily from 9:00 am to 4:00 pm, general admission is \$11.00; children ages 3-12 are \$7.00 and two and under are admitted free. Parking is free throughout the park or ride Regional Transit bus No. 6. For information, call 916-808-5888 or visit saczoo.com.



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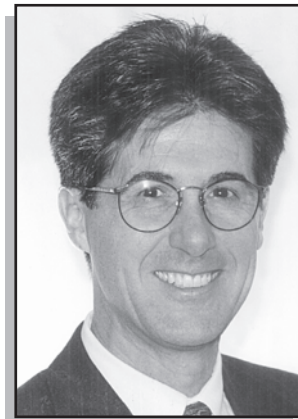


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**BOB WILSON 686-6868**

**4932 TOMMAR DRIVE-\$400,000**

WONDERFUL FAIR OAKS LOCATION. PLENTY OF TREES PROVIDE PRIVACY. LARGE 2-STORY HOME ON A NICE SIZE LOT 5+ BEDROOMS (ONE DOWNSTAIRS), 3 BATHS, SHELTERED BALCONY OFF OF MASTER BEDROOM, FORMAL DINING ROOM & BREAKFAST NOOK, LIVING ROOM, SEPARATE FAMILY ROOM WITH FIREPLACE, 3 CAR GARAGE, POSSIBLE RV, GREAT BACKYARD WITH POOL.

**MARY J LEE 425-3749**

### LOOMIS

**9816 HUDSON COURT-\$375,000**

MOST CAPTIVATING WATER VIEWS THAT FOLSOM LAKE HAS TO OFFER. 1/3 ACRE WITH BEAUTIFUL OAKS AND GRANITE OUTCROPPINGS. BUILD YOUR HOME ON TOP FOR THE VIEWS AND YOUR GARAGE & GUEST HOUSE BELOW. ON CUL DE SAC, LEVEL BUILDING SITE AT ENTRANCE TO PROPERTY.

**TERRY MULLIGAN 775-1908**

### SACRAMENTO

**5243 MINERVA AVENUE-\$350,000**

WONDERFUL HOME & ALL REDONE FOR YOU. NEW ROOF THIS YEAR, A WONDERFUL AREA OF RIVER PARK & YOU CAN WALK OR RIDE YOUR BIKE TO CSUS OR ALSO DOWN TO THE RIVER FOR A SWIM.

**TERRY MULLIGAN 775-1908**

**2314 K ST (COMMERCIAL)-\$975,000**

FREESTANDING STOREFRONT ON BUSY K ST. APPROX 3000SF DIVIDED INTO 2 STOREFRONTS. GREAT TENANTS & PLENTY OF CUSTOMER PARKING IN REAR AS WELL AS STREET PARKING. PLENTY OF WALKING & DRIVE BY TRAFFIC

**TERRY MULLIGAN 775-1908**

**8120 FREEPORT BLVD. - \$355,000**

IT IS PRESENTLY ROMEO'S BAIT SHOP AND CAN BE ANYTHING RETAIL. THE SLEEPY LITTLE TOWN OF FREEPORT IS RIPE FOR NEW IDEAS AND DEVELOPMENT. THERE IS TALK OF A NEW MARINA, PARK, COMMERCIAL & RESIDENTIAL DEVELOPMENTS, ETC.

**TERRY MULLIGAN 775-1908**

**7001 DEMARET DRIVE-\$97,000**

**SOLD**

DUPLEX-PROBATE SALE, PLEASE ALLOW 30 DAYS FOR RESPONSE, EXCELLENT VALUE. GREAT INVESTMENT PROPERTY. CORNER LOT, SOME RENOVATIONS COMPLETE AT THE 2360 57TH AVE SIDE WITH LOCKBOX. CARPET, PAINT, LINO, KIT AND BATH REDONE.

**BOB WILSON 686-6868**

**2744 HYANNIS WAY-\$200,000**

**SOLD**

SINGLE STORY, 3 BED, 2 BATH IN A MATURED NEIGHBORHOOD AND CONVENIENTLY LOCATED. GREAT ROOM CONCEPT OPENS TO KITCHEN AND BACKYARD. LIVING ROOM WITH FIREPLACE AND TILED FLOORING THRU OUT EXCEPT FOR THE BEDROOMS WITH CARPETING. DUAL PANE WINDOWS AND WHOLE HOUSE FAN!

**LYNN LUK LEE 628-2843**

**570 DE MAR DRIVE-\$179,000**

**PENDING**

SINGLE STORY 2 BED (PLUS SUN ROOM), 2 BATH HALFPLEX. GREAT ROOM PLAN W/ VAULTED CEILING & FIREPLACE. GORGEOUS UPDATED KITCHEN W/ RECESSED LIGHTING, UPDATED CABINETS, COUNTERS, APPLIANCES. MASTER SUITE W/ WALK-IN CLOSET. BACKYARD W/ PATIO & NEWER FENCE. NEWER HVAC, ROOF, EXTERIOR PAINT, DUAL PANE WINDOWS, RETEXTURED CEILING, PLANTATION SHUTTERS.

**GINA LAPLACA 548-1628**

**5660 JACKS LANE-\$145,000**

**SOLD**

ESTABLISHED NEIGHBORHOOD, 3 BED, 1 BATH. NEWER ROOFING, MOSTLY WOOD FLOORING UNDER CARPET. BATH WITH TUB AND SEP. SHOWER.

**LYNN LUK LEE 628-2843**

**5812 BOSCO WAY-\$155,000**

**PENDING**

3 BEDROOMS, 2 BATH HOME. APPROX 1637 SQ FT, BUILT IN 2006. TONS OF NICE FEATURES. BANK OWNED

**JOLEEN JARVIS 717-3559**

### WALNUT GROVE

**1261 N B STREET-\$150,000**

LOCATED IN THE CHARMING TOWN OF WALNUT GROVE. THE BUILDING CAN BE RETURNED TO SINGLE FAMILY IF WANTED.

**TERRY MULLIGAN 775-1908**

**540 VORDEN ROAD-\$250,000**

LOCATED IN A RURAL AREA IN WALNUT GROVE. THIS HOME IS A CHARMER. LARGE LIVING AREA & BEAUTIFUL BACKYARD WITH EVERY FRUIT TREE IMAGINEABLE.

**TERRY MULLIGAN 775-1908**

### WEST SACRAMENTO

**940 RIVERCREST DRIVE-\$275,000**

**NEW PRICE**

LUXURY GATED COMMUNITY KNOWN AS THE RIVERS AT LIGHTHOUSE MARINA. LOCATED ON RIVER W/ WATER VIEWS. WALKING TRAILS & CLUB HOUSE.

**TERRY MULLIGAN 775-1908**

**1000 RIVER CREST DRIVE-\$275,000**

**NEW PRICE**

FANTASTIC LOCATION TO BUILD YOUR DREAM HOME OVERLOOKING THE SACRAMENTO RIVER. THE HOMESITE IS LOCATED IN THE GATED COMMUNITY KNOWN AS THE RIVERS AT LIGHTHOUSE MARINA.

**TERRY MULLIGAN 775-1908**

**3500 JEFFERSON BLVD-\$590,000**

OLDER BUILDING, 5 LARGE UNITS, ALL 2 BEDROOMS, GREAT POTENTIAL WITH THIS FIXER, SITS ON 2/1 ACRE PARCELS. CLOSE TO DOWNTOWN.

**TERRY MULLIGAN 775-1908**

**202 ROYAL OAKS DRIVE-\$425,000**

**NEW LISTING**

PRIVATE RIVER GATED COMMUNITY WITH A PRIVATE 40 ACRE PARK FULL OF AMENITIES. JTS CUSTOM WITH YARDS OF 20 INCH TILE, CROWN MOLDING, UPGRADED CARPET & BASEBOARDS, OFFICE & LOFT COULD BE 4TH & 5TH BED. KITCHEN IS AN ABSOLUTE CHEF DREAM W/ STAINLESS STEEL APPLIANCES.

**BOB WILSON 686-6868**