

Teen golf trio to play Pebble Beach – again

See page 9

Marty Relles presents
'Janey Way Memories'

See page 5

COMMUNITY CALENDAR, PAGES 24-25 • KNOW YOUR NEIGHBOR, PAGE 19 • FACES AND PLACES, PAGE 4

Inside This Edition



Kennedy High has a new principal

See page 19

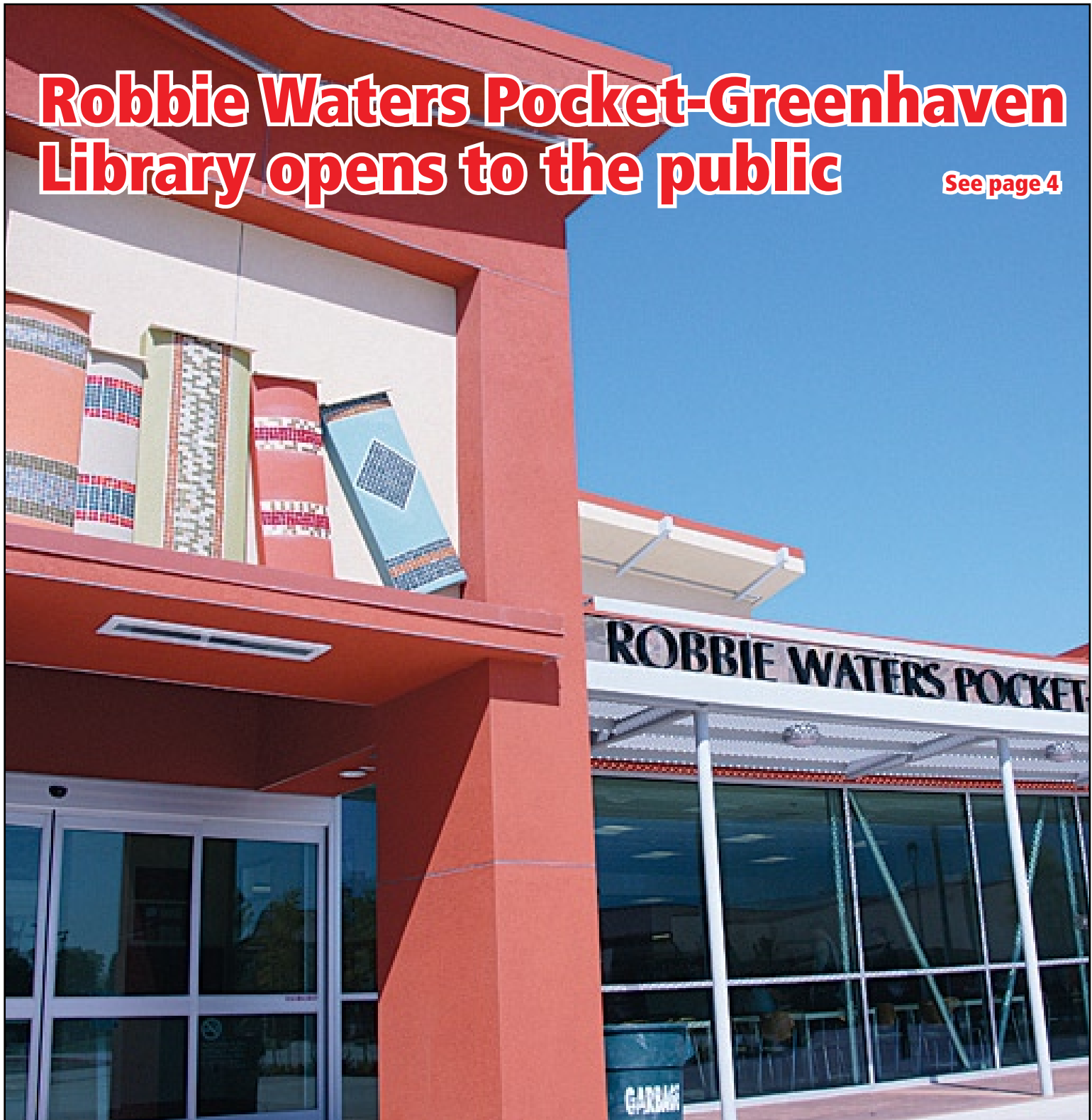


'America's Favorite Cowboy' coming to ARCO Arena

See page 6

Robbie Waters Pocket-Greenhaven Library opens to the public

See page 4



SPLASH INTO BIG SAVINGS AND CLEAN UP BIG!

DETAIL YOUR VEHICLE STARTING AT JUST ...

\$49.99
Most Vehicles

Carpet Steam Cleaning...
Interior Vinyl Cleaning...
Leather or Cloth Seat Cleaning...
MIST In-Car Air Quality Treatment...

\$49.99 for the first service, \$29.99 each additional service chosen.

\$15.00 OFF

EXPRESS HAND WAX PACKAGE
(Just \$34⁹⁹ with this coupon*)

Blue Coral Revite-It Hand Wax

Includes our Best Wash Free!

Full Service Inside/Out, Smart Soap Bath, Online Wheel Cleaning, Underbody Wash, Triple Foam Wax, Velocity Clear Coat, Protectant, Rain-X All Surface Protection, Tires Dressed, Your Choice of Air Freshener.

Not good with other offers or discount programs.
*Discount taken on Regular Retail Price

Coupon Expires 09/30/2010

D421



Auto Wash

5150 Freeport Blvd Sacramento (Freeport & Fruitridge) 916.451.6524 • www.gemautowash.com

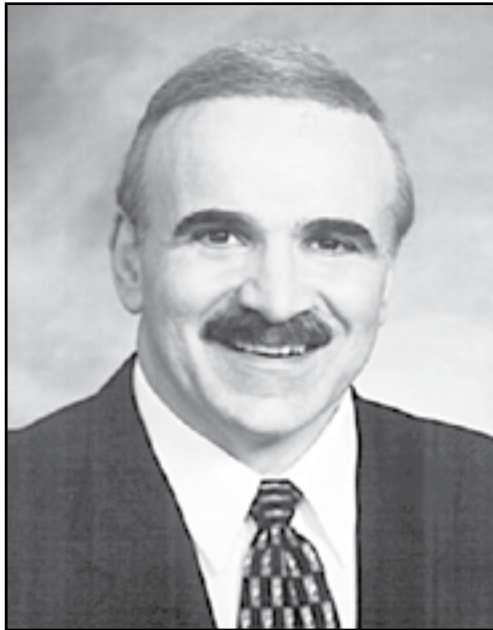
Mon-Sat 8-5 • Sun 8-4

Experience Counts!

Now More Than Ever!

More than 2,075 of our Greenhaven/Pocket friends and neighbors have trusted me to serve their real estate needs over the past 28+ years!

Your Trusted Friend &
Neighborhood Professional



Nick LaPlaca
764-7500



24 Hour Info @ www.NickLaPlaca.com

THE POCKET NEWS
WWW.VALCOMNEWS.COM

Pocket News is published on the first and third Thursdays of the month and delivered by mail and home delivery in the area bounded by Interstate 5 on the east and the Sacramento River on the north, west, and south.

Publisher..... George Macko
General Manager..... Kathleen Egan
Editor..... Susan Laird
Art Director..... John Ochoa
Junior Designer..... Ryan Vuong
Advertising Executives..... Linda Pohl
Patty Colmer, Marc Harris Desilés, Melissa Andrews
Distribution/Subscriptions..... George Macko

E-mail stories & photos to: vcnnews@valcomnews.com

Vol. XIX • No. 17
2709 Riverside Blvd.
Sacramento,
CA 95818
t: (916) 429-9901
f: (916) 429-9906
Cover photo by:
Danny Kam
Other photos by:
Sally King
Courtesy

Advertisement design • Commercial flyers • Logo development
Political campaigns • Brochures • Posters
Postcard mailers • Identity systems • Any print design
Contact Ryan Vuong at 916.429.9901 or e-mail RedAllOver@valcomnews.com for more info.

red all over
DESIGN

2004 Kennedy High School
"Alumni of the Year"
for Community Service

Three Term President of the
Greenhaven Soccer Club

Eagle Scout -- Troop 259

UOP/McGeorge Law School
and UC Berkeley Graduate

2010 Super Lawyers
"Rising Star"



"Let's put kids first."

FOR SCHOOL BOARD
SHANE SINGH
Dedication to our Greenhaven-Pocket Area
www.shanesingh.com

DOWNLOAD THIS PAPER ONLINE AT:
WWW.VALCOMNEWS.COM

**a market
like no other.**



Oto's Marketplace

**From Sashimi and Kobe Beef, to fresh, local produce, and
hundreds of unique items you won't find anywhere else.**

- Everything you need to host your own sushi party
- Dozens of unique Japanese Soft Drinks
- Sake, tofu, and miso products!

4900 Freeport Blvd. (Corner of Freeport & Harian)
916.424.2398 • www.otosmarketplace.com

Riverlake Living... Flexible, Affordable & Still Available.

Now Featuring Flexible Floor Plans for Multi-Generational Living

Here at The Islands at Riverlake, we now have homes with bedrooms on both the lower and upper levels — ideally designed for families who need to house three generations under one roof. But, don't delay...these are some of the last new homes available in the Riverlake community.

Come tour our stunning model complex with its unique, one- and two-story home designs featuring private streets and rear-loading garages, starting at 1428 square feet and priced from the mid \$300,000s. As a resident of this upscale community, you will also benefit from Riverlake amenities, such as direct access to the lake, specialty shopping centers, a Montessori school, parks and picnic areas.



LOWER LEVEL



UPPER LEVEL



ISLANDS AT RIVERLAKE
8002 LINDA ISLE LANE
SACRAMENTO, CA 95831

Sales Gallery Hours:
Mon. 1 pm to 6 pm
Tues. - Sun. 11 am to 6 pm

916-422-2202

www.islandsatriverlake.com

In a continuing effort to improve our homes, Regis reserves the right to make changes and modifications to plans, elevations, specifications, features, colors and prices without prior notice. All plans, renderings, landscaping and maps are artists' conceptions and not to scale. All dimensions and square footages are approximate.



Robbie Waters Greenhaven-Pocket Library opens to rave reviews

By SALLY KING
Pocket News writer

The experience of walking into a modern, energy efficient building, looking down at the soft mint green carpet in patterns of leaves with light gently filtering in through the windows and smelling the aroma of brand new books makes a visit to the new Robbie Waters Pocket-Greenhaven Library well worth checking out.

Big, round chairs that invite one to sit down and stay awhile are just one of the great features of this new library, where everything is state-of-the-art. So much so, that the library is nominated for Leadership in Energy and Environmental Design (LEED) silver accreditation.

About 500 people showed up to attend the grand opening celebration that took place Saturday, Aug. 28.

Robbie Waters, Sacramento City Councilmember for District 7, who spent many years helping to plan the library, thanked all who participated in donating their time and money to the construction and furnishing



See Library, page 26

Robbie Waters, councilman for Sacramento's District 7, checks out a book from the new library which bears his name.

Pocket News photo by Danny Yam



Superior SELF STORAGE

- Convenient Office Hours
- Climate Control Units
- Individually Alarmed Units
- RV and Boat Storage
- FREE Truck Rental for Move in Customers.

ONE MONTH FREE Rental with this ad

Mon-Sat 9am-6pm, Sun 12pm-5pm
www.superiorselfstorage.net

Pocket • 1106 Corporate Way • 916.424.8028

Angel's Nest CHILD DEVELOPMENT CENTER



- FULL AND HALF DAY PROGRAMS BETWEEN 7AM-6PM
- SERVING AGES 2-5 IN A FAITH-BASED SETTING WITH EMERGENT CURRICULUM!

GREENHAVEN LUTHERAN CHURCH • 475 FLORIN ROAD • (916) 428-4651
VISIT OUR WEBSITE FOR MORE INFO! WWW.ANGELSNESTCDC.COM

Native Sacramentan Pocket/Greenhaven **SPECIALIST**



**Susie Kuwabara
Parker**
768-8494



1016 Cobble Shores Dr (On the Lake, 6000 SqFt)	\$1,475,000
1007 Cobble Shores Dr (Lake Frontage, 3000 SqFt).....	\$749,000
7740 South Oak Way (One story, 4 bedroom)	\$489,000
390 Country River (Contemporary & pool).....	\$489,000
5 Angel Island Circle (WOW)	\$379,000
7679 El Rito Way (updated 5 bedroom)(PENDING).....	\$379,000
904 Cobble Shores Drive.....	\$298,500
7035 Riverside (halfplex) (3 car garage).....	\$258,000
330 Rivertree (halfplex).....	\$255,000
2 Skysail Ct. (Duplex or single family lot).....	\$189,000
RECENT SOLDS	
7616 West Vista Way (SOLD).....	\$839,000
7704 East Port Drive (REO-new 4700 SqFt) (SOLD).....	\$800,000
823 Lake Front Drive (Riverlake, 1 story)(SOLD).....	\$749,500
959 South Beach (4 bdr + office - Gated)(SOLD)	\$719,000
5 Southerest Court (SOLD).....	\$649,000
7729 Rio Barco (SOLD).....	\$599,000
1032 East Landing (1 story)(SOLD)	\$599,000
7716 South Cove Drive (5 bdrm, gated) (SOLD).....	\$599,000



5 Angel Island Circle \$379,000
Over 2000 Sq. Ft., 4 bedrooms, tons of updates, backyard paradise w/ multiple living spaces.



1007 Cobble Shores Dr. \$869,000
Resort-like views, hardwood floors, bright kitchen overlooking pool and lake.

Got News?

e-mail susan@valcomnews.com



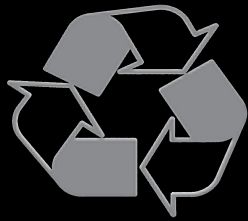
ARTISAN SALON

Try out our Brazilian Blowout & Receive a Free Flat Iron in September

Consultations are FREE. For more information on pricing, call or visit our website.
916-443-5478 • www.artisansalonlandpark.com

Brazilian Blowout is the most innovative and effective professional smoothing treatment for your hair. Smooth, Healthy Frizz-Free Hair with a radiant shine. (No formaldehyde)

**PLEASE
RECYCLE
THIS
PAPER**



Alterations Express
"Under New Ownership"

Come in and meet Lyuba & Lily Andreychencko

- Custom Made Clothing • Alterations
- Repair and More • Bridal Services

310 Florin Road
916.391.2010 • 916.529.8837 (cell)
HOURS: Mon-Fri 8am - 6pm, Sat 9am - 1pm



LAB Up for Adoption

Large 10 month old, Yellow Female Lab

Purebred

Spayed and all shots current

Needs Love and One-on-One Training

FREE! Call (916) 215-9496

Lovingly Maintained

OPEN HOUSE: Saturday & Sunday, September 4 & 5, 1-4pm



Old Land Park, 1700+ sq.ft., 3 bedrooms, 1 bathroom, Estate Sale in quiet neighborhood. Single owner for 42 years, shows pride in well cared for home. New roof, new paint inside and out. Living room with fireplace and dining room. Central H&A, small basement, attached single car garage and extra room with private entrance.

2644 17th Street • \$354,900



Jeri Hromada
916.761.6734

jeri.hromada@prurealty.com

DRE #01324435



Janey Way Memories



Hot summer nights and sleeping out



By **MARTY RELLES**
Pocket News columnist
marty@valcomnews.com

Summer days on Janey Way in the 1960s seemed endless and care free. Even when temperatures reached 100 degrees, we kept busy swimming at Glen Hall pool, skating at Phoebe Hearst School or just hanging out on a lawn in the neighborhood. During the hot months of July and August, temperatures rarely cooled off much even during the evening, but we had a sure fire solution to this problem: we slept outdoors.

As the day came to a close and night began to fall, someone would say, "Let's sleep out at my house." Then, after obtaining parental approval for the sleep out, the gang showed up with their sleeping bags in hand and laid them out in a line on the back lawn.

Of course, very little sleeping ever occurred on such nights.

I often wonder how our parents ever got any sleep.

We played cards and board games by flashlight. We talked too loudly and often snuck out of the yard to go on nighttime sojourns. Sometimes we crept into the pit – the vacated sand and gravel site located behind the houses on the east side of Janey Way. That always turned into an exciting adventure. Other times, we walked over to where the girls slept out and surprised them or walked down to Bossy's Drive In on Folsom Blvd. to buy hamburgers.

However, our favorite place to sneak off to was Shakey's Pizza Parlor on 56th and J streets. There, we pooled our money, bought pizza and brought it back to the yard to eat. I still remember the sound of Dixieland jazz wafting out of the back room bar.

Life couldn't get better.

The Relles household became a popular place to sleep out during the long Janey Way summers. In fact, we slept out in our yard so often one summer that Dad dragged an old mattress out from the garage for us to sleep on. We brought out blankets and sheets from the house to cover the mattress and slept in comfort. We had by far the best sleeping accommodations of any kid on the block; much better than a sleeping bag.

As another warm summer comes to an end in Sacramento, the memories of sleeping out on Janey Way come back to me and remind me of time when life seemed simpler and somehow a lot more fun.

'America's Favorite Cowboy' to entertain at circus at ARCO Arena Sept. 9-12

By LANCE ARMSTRONG
Pocket News writer
lance@valcomnews.com

The 140th edition of the Ringling Bros. and Barnum & Bailey Circus is coming to ARCO Arena on Sept. 9-12 and among the many features of "The Greatest Show on Earth" will be performances by Andre McClain, who is known in the circus world as "America's Favorite Cowboy."

Those who have never had the opportunity to observe Andre's performances, however, should be advised that Andre is far from a one-dimensional entertainer.

In an exclusive interview with the *Pocket News*, An-

dre explained that he is much more than a cowboy performer.

America's favorite cowboy

"Of course, I am America's favorite cowboy," Andre said. "I've done a lot of things around the United States as far as the rodeo, going from a kid riding in the rodeo and into performing and being this Roy Rogers-type of guy. Everything I do was self-taught. I do quite a bit of different things. I do trick roping, I do whips, I do fancy gun twirling, action shooting and trick riding. A lot of people out there, a lot of cowboys, a lot of western entertainers;

they do one thing or the other. They either do trick roping or they do trick horses or they do country singing. That's what separates me from everybody else. I do a little bit of everything."

When Andre brings his act to Sacramento this September, he will also be bringing many years of experience along with him.

Raised in Kansas City, Mo., Andre is part of the three generations of cowboy history in his family.

When asked when he first rode a horse, Andre responded, "I started riding when I was around four (years old) and I started riding mutton busters – we called it – when I was about seven years old. I was riding small steers, like a kids' rodeo."

Self-motivated

In being very self-motivated, Andre taught himself to twirl a lasso as a child by practicing with his mother's clothesline and water hose.

Remembering these days, Andre said, "It's so funny. I would get spanked almost every other week. But it was still worth it."

Andre, 33, said that he also started riding bucking horses during his youth.



Photo courtesy of Ringling Bros. and Barnum & Bailey

Circus cowboy Andre McClain will be among the featured entertainers at the Ringling Bros. and Barnum & Bailey FUNundrum!, which will be held at Arco Arena Sept. 9-12.

"A friend of my dad had 37 wild mustang horses and I used to go over to his place and help him break mustangs," Andre said. "Back then, you wore them out, then you would get on them and buck them out. That's one thing that always encouraged me to rodeo and ride bucking horses in rodeos."

Andre, who grew up as one of six children, received his first experience competing in a rodeo in the Bill Pickett Invitational Rodeo, America's

first all-black touring rodeo, which was founded in 1984 by his father, Lu Vason.

Save a car, ride a horse

So connected was Andre to horses during his youth that he even rode a horse to high school, which even in Kansas City was not something that other students would do.

Chuckling after being asked to discuss this experience, Andre explained that he has fond memories about these times.

"It was great," Andre said. "I rode every day (to Paseo Academy of Performing Arts). Nobody else in the city did this. The ride from my house to school was maybe three miles. I would get up in the morning, have breakfast, clean him up and get him ready for the ride. My day really started at like 4 or 4:30 in the morning. I would ride him to school right down the city streets and tie him to the soccer fields (at the school). And while everybody had their fancy cars or were riding the bus, I would pull up on my horse. One day, I got written up by the gym teacher for my horse using the bathroom in the soccer field. I still have that write-up. It was crazy. I

Freeport

Bar & Grill

FREEPORT
BAR &
GRILL

Our business hours are
Monday through Thursday 11am – 10pm
Friday 11am – 1:30am • Friday Nights Karaoke 9pm – 1:30am
Saturday and Sunday 10am – 10pm

Open for breakfast Saturday and Sunday
Happy Hour Monday – Friday 4 – 7pm • Serving food all day

Call for reservations: 916-665-1169
(Patio seating available)

8259 Freeport Blvd., Sacramento, CA 95832
Serving fresh steaks, chicken, seafood, pastas, and burgers.

www.freeportbarandgrill.com

COMSTOCK
MORTGAGE

Mortgage Lending
Excellence!

**THERE HAS NEVER BEEN
A BETTER TIME
TO PURCHASE
OR REFINANCE A HOME!**

Dave Mendoza
Managing Director/Broker/CMPS
916-977-1227 direct
916-768-5231 cell
dmendoza@comstockmortgage.com

**With rates at historic lows
it is a great time to save money!**

CALL DAVE TODAY!

Greenhaven Animal Hospital

- Full Service Animal Hospital
- Health Exams • Dentistry
- Medicine/Surgery
- Vaccinations • Spays/Neuters

Keep your pets free of fleas. Fleas can cause problems for our furry friends. Talk to our professional staff about the many products we offer to protect your pet.

Get your pet started on Senior Wellness Workup – and catch health issues before they become serious

Our furry friends can become stressed with groups of family and friends around. Make sure they have a stress free quiet place to go.

1 Valine Court
916.391.3677 • www.vcagreenhaven.com
Mon - Fri: 7:30am-6pm • Sat: 9am-5pm

Expert care. With a passion.

See Cowboy, page 7

Cowboy: Learned to twirl a lasso by practicing with his mother's clothesline and water hose

Continued from page 6

walked in (to the gym teacher's) office and said, 'Come on. You can't be serious.'"

Following his rodeo days, Andre began training trick horses, an activity that would lead to his employment with the circus.

Andre said that he attributes a pair of individuals to his drive to achieve high levels as a cowboy entertainer.

"I watched a guy, named (Nathaniel) 'Rex' Purefoy, out of Kansas City and he had the western duds, the fancy saddles, he did trick roping and whips, gun twirling and all this stuff. I said, 'You know what? That's what I want to do.'" Andre recalled.

Additionally, Andre said that he is extremely thankful to his mentor, Kenneth Barrett, who bought him his first rope, so he could retire his mother's clothesline and water hose.

"(Barrett) was always about me pushing myself and telling me, 'You can be anything you want to be' and 'you can do anything you want to do.' That's what I believe and that's what I try to encourage in people and kids. There's no such thing as I can't and I want people to know that you can always do the things you want to do. You just focus and work hard."

Hard work pays off

And Andre's hard work surely paid off, as he was eventually hired by the circus.

But auditioning for Ringling Bros. and Barnum & Bailey Circus, in order to obtain his current position, was not a simple task, Andre explained.

"On my way (from Denver, where he was residing at the time) to audition for Ringling, my truck's trailer broke

down (in Oklahoma)," Andre said. "I called my brother and he came over and picked up the horses and took them over to a friend of his. I rented a car and jumped in the car and drove to Austin, (Texas) to audition. I was so embarrassed. I pulled up and I had no horses. All I had was a rope and a whip and a voice."

"I stood in the middle of the ring and I said, 'Ladies and gentlemen, children of all ages, I'm Andre McClain and this is my horse, Jonas.' It was my invisible horse, Jonas. I had no horse. I sat up on him, I did my tricks, I did my singing, everything. They cracked up laughing through the whole thing and as soon as I finished and explained to them what happened, (the circus' producer Kenneth Feld) just came to me, shook my hand and said, 'Hey, if you want this position, you've got it. We'll send a contract to you.'"

Nearly eight years after joining the circus – a move that he refers to as "going from the greatest show on dirt to 'The Greatest Show on Earth' – Andre said that he continues to enjoy every one of his 500 days per year working at the circus.

"Oh, it's great (working for the circus)," said Andre, whose involvement with the circus also includes various announcing during the show and working with exotic animals such as camels, llamas and even a Watusi cow. "It's a blast for me. I probably have just as much fun as the audience, so it's a fun time for me. I wouldn't trade this in for anything in the world."

Guests have the opportunity to meet Andre and other circus entertainers at Arco

Arena prior to the start of each circus program.

Meet the stars

All-access shows, which will be held one hour prior to show times, allow ticketholders to meet the circus stars, receive autographs, view animal training and see an elephant paint a picture. A sign-up to win the painting at the beginning of the show will also be held during the pre-show event.

Andre personally invites the community to attend this year's circus, which is being referred to as "FUNundrum!"

"This is truly the biggest show that you'll see and I encourage everyone, anybody to come out," Andre said. "It's truly amazing and it's action-packed throughout the show. We're coming to shut Sacramento down. I love the city of Sacramento. The arena there is great and the area that we play in is great. We just



Photo courtesy of Ringling Bros. and Barnum & Bailey
One of the more unique animals that Andre McClain has worked with is this Watusi cow. He has also worked with such exotic animals as camels, llamas and zebras.

plan on coming there, having a great time and having one big party for all the people of Sacramento. And that's what it's going to be."

For additional information about this year's edition of the Ringling Bros. and Barnum & Bailey Circus, visit the Web site www.ringling.com.

<p>PENDING</p> <p>94 Hidden Lake Circle \$285,000 3 bed, 3 bath London custom built home!!! Wonderful house & veritable treasure trove with everything in it; furniture, appliances, tools, etc. It's an unbeatable deal--come quickly.</p>	<p>405 Roundtree Court \$95,000 Newly refurbished. Beautiful Roundtree HOA located in the heart of Greenhaven. Gated community close to public transportation & downtown area.</p>	<p>6900 Almond Avenue \$24,900 3 bedroom, 2 bathroom, clean corner unit priced to sell As-Is with pest report available. Great location in very nice park with many amenities.</p>
<p><i>"Committed to the Clients"</i></p> <p>Making home buying pleasurable from start to finish...</p> <p>Karla Oppliger Real Estate specialist for over 23 years</p> <p>916-799-0010 KarlaOpp@comcast.net</p> <p>Dunnigan Real Estate</p>		

FUNERAL DIRECTORY

www.valcomnews.com

EAST LAWN
ANDREWS & GREILICH
MORTUARY FD136

3939 Fruitridge Road
Sacramento, CA 95820

"Ready to provide guidance at a difficult time."

916-732-2026

EAST LAWN
EAST LAWN MEMORIAL PARK
4300 Folsom Blvd.
Sacramento, CA 95819
916-732-2000
FD1242

"Embracing a unique commitment to Sacramento and its people"

EAST LAWN
ELK GROVE
MEMORIAL PARK AND MORTUARY
FD1455

9189 East Stockton Blvd.
Elk Grove, CA 95624
916-732-2031

GEORGE L. KLUMPP
CHAPEL OF FLOWERS
FD 360

2691 Riverside Boulevard
Sacramento, CA 95818

Phone: (916) 443-7917
Fax: (916) 443-7931

Family owned and operated since 1921

Harry A. Nauman & Son

4041 Freeport Blvd
Sacramento, CA 95822
(916) 452-6157
FD366

Serving Sacramento Families since 1903.
Pre-arrangement packages available.

Lind Brothers FD1141
A FAMILY-OWNED FUNERAL HOME AND CREMATORY SINCE 1964

4221 Manzanita Avenue
Carmichael, CA 95608
916.482.8080

Since 1927 FD Lic# 355

Nicoletti, Culjis & Herberger
Funeral Home, Inc.

5401 Folsom Blvd • Sacramento 95819
(916) 451-7284
Pre-arrangement packages available.

SIERRA HILLS
MEMORIAL PARK AND
EAST LAWN MORTUARY

5757 Greenback Lane
Sacramento, CA 95841
916-732-2020 • 916-331-9800

"Knowing that professional guidance is always by your side" FD1242

LIST YOUR FUNERAL SERVICE/HOME HERE

Call Patty
(916) 429-9901

Active and independent former nurse turns 103

By **SUSAN LAIRD**
 Pocket News editor
 susan@valcomnews.com

Dorothy Casalegno celebrated her 103rd birthday with cake, ice cream and a room filled with friends and family members at the Merrill Gardens retirement community on Aug. 23.

Bright, sharp and alert, the centenarian-plus-three smiled and laughed as everyone made much over her.

Née Dorothy Howe in Santa Ana, Calif., she moved to Morgan Hill where she grew up. She received her degree in nursing from

San Jose Nursing School in 1929. One of her first jobs was as a member of the medical team that cared for the workers who built Boulder Dam – now known as Hoover Dam.

She worked in the first Sutter Hospital in Sacramento, just two years after it opened.

Dorothy was married for 60 years to the late Alfred Casalegno. Together, they raised three children, Bob Casalegno, Michael Casalegno and Carole (Casalegno) DellAgostino. Today, Dorothy has eight grandchildren and 15 great-grandchildren.

In 2005, she moved to Merrill Gardens at the young age of 98. She still lives independently and loves her make-up, cute outfits, friends, social and physical activities as much as ever. In fact, with her dazzling smile, she could easily pass for a youngster of 75.

When asked the secret to a long life, Dorothy laughed and said that, in addition to having a great family, "I've always been interested in nutrition. I never smoked or drank, either."

At the conclusion of the festivities, Dorothy thanked one and all.

"Everyone has been wonderful to celebrate my birthday," she said.



Pocket News photo/Susan Laird
 Dorothy Casalegno turned 103 years young at the Merrill Gardens retirement community this month. She credits her longevity to "a great family," good nutrition and good health habits.

Senior Services *and* Resources

Call Melissa (916) 429-9901

ASSISTED LIVING/ALZHEIMERS

ADD MORE LIVING TO YOUR LIFE

5 Levels of Care:
 3 Levels of Assisted Living
 Alzheimer's & Memory Loss Care
 Skilled Nursing Facility

530.662.1290
 www.sjrv.org



135 Woodland Ave.
 Woodland, CA 95695

License# 570300654

ASSISTED LIVING/MEMORY CARE

Aegis of Carmichael

4050 Walnut Avenue
 Carmichael, CA 95608

*We're the people who
 make life better.*

Lic #347001686
 (916) 972-1313

www.aegisliving.com

DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILL Legal Document Prep Services:

- Trust • Will
- Powers of Attorney
- Residential Deed

10% off SENIOR SPECIAL

Couples \$495 Singles \$450
 Lynda K. Knight (916) 214-1215
 641 Fulton Ave. #100, Sacto 95825

YOUR AD SHOULD BE HERE!

Call Melissa today!

Your services
 are needed.
 Your ad should be here.
 Ad design is free.

Call 429-9901

ELDERLY CARE

Woods Retreat

Residential Care Facility
 for the Elderly now accepting
 applications for residents.
 Let us care for your loved ones.

State Lic #340306720

Owner-operated (916) 421-5845

FIVE STAR SKILLED NURSING

Five Star Skilled Nursing Service Applewood Care Center

1090 Rio Lane
 Sacramento 95822
 916.446.2506



Call Nataly for a tour and info.
 We're here to help!

FREE IN-HOME SENIOR CARE ASSESSMENT



Call us to schedule an
 appointment
 (916) 484-3965

Non-Medical Senior Care

Every Caregiver Is Insured,
 background checked and
 drug screened:

- New Homelife EnrichmentsSM Program
- Meal preparation
- Light housekeeping
- Transportation

We love seniors...and it shows.

HELP AT HOME

HELP AT HOME

Senior Care

Caring, In-Home Assistance & Companionship

- Light housekeeping
- Meal preparation
- Med reminders • Errands
- Dementia care • Bathing & Much More

For no-cost/in-home assessment,
 call 877- 404-6636

LOVING COMPANIONS



Certified care

(916) 753-1491

*"Assisted living" in
 the privacy & comfort
 of your home.
 Affordable rates,
 1-24 hours/day
 NO MINIMUM.*

REAL ESTATE SERVICES

LYON *Moving On?*

**FREE Real Estate Help &
 Advice tailored to seniors
 & their families**

Contact John Woodall, GRI
 Seniors Real Estate Specialist
 (916) 421-5421

jwoodall@golyon.com • www.JohnWoodall.com

SENIOR MOVE MANAGERS

Moving? Feeling overwhelmed?

Let US handle all the details!
 We'll reduce your stress &
 ensure a smooth transition!

Call (916) 202-1297 today!

www.SacHomeTransitions.com



SPECIAL ALZHEIMER'S LIVING



Day Club, Respite,
 Residential, Support Groups
 & Educational Classes
 cas@primrosealz.com
 www.primrosealz.com
 (916) 392-3510

7707 Rush River Dr. Sacto, CA 95831

**CALL Melissa at (916) 429-9901
 TO ADVERTISE YOUR SERVICE**

CALL (916) 429-9901

Teenage golf trio takes on Pebble Beach – for the second time

By **BENN HODAPP**
Pocket News writer
benn@valcomnews.com

An afternoon on the golf course is one of the most relaxing things in the world. The smell of the grass, the birds chirping and a quiet stroll through a landscaped course can be a beautiful experience. Or it can be if you're good at golf, anyway. For most of the people who play golf for "fun," it ends up being a terribly frustrating experience, chock full of humiliation and less-than-appropriate language.

St. Francis High School's Ashley Noda and Briana Mao and former McClatchy High School's Taryn Yee have probably never experienced such consternation on the links as the rest of us, for they are among the very best in the world at what they do. And on Labor Day weekend they will travel to Pebble Beach to put their skills to the test – again.

Noda, 16, was just three years old when she took her first hacks. She received a set of lefty clubs for Christmas that year and was hooked immediately. She demanded of herself that she spend up to three hours a day at the driving range until her hands were raw and blistered. When she was eight years old she began to lap the competition, and at the time the competition was all boys. By the time she turned 12, Ashley was playing 18-hole tourneys – and winning them too.

Mao, 17, waited a little longer to get started. She was the ripe old age of six when she began her career.

"I never thought of it like I had talent (for golf)," Mao said. This coming from someone who qualified for a tournament across the country in Georgia at the age of six. She, too, got bigger and stronger and before long she was winning more tournaments than she knew what to do with.

Yee, 18, was a competitive tennis player before exchanging her racket for a three-iron. She didn't start taking golf seriously until she was 10. She chose

to play golf because it let her spend more time with her father. But as it turned out, she was a natural. With her parents working many hours, the Little Linkers program was something for Taryn to do with her time. It wasn't long before she started dominating too.

Eventually all three girls joined the First Tee program. The First Tee of Greater Sacramento has a tour for boys and girls between the ages of 12 to 18 called the Junior Tour. In 2009, the three girls applied for entry into a Champions Tour event to be played at Pebble Beach called the Home Care & Hospice First Tee Open. Juniors ages 15-18 from across the country applied. Participants were chosen based on "playing ability and comprehension of the life skills and core lessons learned through involvement with The First Tee," according to a press release from The First Tee.

All three of the girls made the cut. They spent a week down at Pebble Beach soaking it all in and playing before a national audience. Pebble Beach is one of the most famous courses in the world, so naturally the immediate reactions were ones

of awe and goose bump-inducing wonder for the three youngsters.

Mao recalled her reaction on the Tuesday morning before the event when she played her first practice round.

"Oh my gosh, I'm about to play Pebble Beach," Mao said.

"It was amazing," recalled Yee of her first impression of the course. "It never entered my mind that I would one day play Pebble Beach."

"It is such a magical place," said Noda. "It's so different being on the course as opposed to watching on TV. It was a breathtaking experience."

Each junior golfer was paired with an amateur golfer and a professional from the Champions Tour (formerly the Senior PGA Tour) for the three day event. Noda was paired with Isao Aoki; Yee with Jim Thorpe and Mao with Mark O'Meara. They got to meet a number of the world's most famous golfers such as Hale Irwin, Tom Kite and Peter Jacobsen.

The girls became friends with the golfers throughout the week. They talked about golf, family and everything in

See Golfers, page 24



Photo courtesy of Briana Mao

Local junior golfers from C.K. McClatchy and St. Francis high schools have been selected to play at Pebble Beach in the Home Care & Hospice First Tee Open over Labor Day weekend. Left to right, Ashley Noda (St. Francis H.S.), Taryn Yee (McClatchy H.S.), Briana Mao (St. Francis H.S.).

Connect Body, Mind & Spirit
with massage...

Lenny 916.224.8704
Call for an appointment

ARTISAN SALON

3198 Riverside Blvd. | Sacramento 95818

20% OFF your 1st massage

Community Worship

Greenhaven Lutheran Church

475 Florin Road (at Gloria Dr.) • 428-8449

Sunday Worship Service: 10:15 am

Bible Class & Sunday School: 9:00 am

Angels Nest Pre School 2 yrs. - 5 yrs.

Faith Presbyterian Church

625 Florin Road (adjacent to Kennedy High in Greenhaven/Pocket) • 428-3439

A community loving Christ, building disciples, serving all

Worship Sunday 9 and 11 am

• Sunday School, Bible Study, Childcare • Youth Activities

• Family Programs • Adult Education

PARKSIDE COMMUNITY CHURCH

"Open & Affirming Congregation"

Sunday Worship Service: 10:30 am

Bible Class: 9:00am

5700 South Land Park Drive & 35th Avenue 421-0492

Riverside Wesleyan Church

6449 Riverside Blvd. • 391-9845

Sunday School: 9:15am • Sunday Worship: 10:30am • Wed. Evenings 6:30pm (Youth)

AWANA (Children's Ministry) • Youth - Jr. High - Sr. High

Greenhaven Neighborhood Church

630 Ark Way • 422-8253

Sunday School Bible Study: 9:15am • Sunday Worship: 10:30am

Weekly Bible Studies - Jr/Se High Events

Pet Haven

"Service & Selection Are Our Specialties"

Low Cost vaccine clinic Every Sat. 10-11:30am

15% Off General Merchandise PN

Excludes dog and cat food. Must present coupon at time of purchase. Not valid with other offers. Expires 09/30/10

Iams, Eukanuba, Nutro, Natural Choice, Science Diet

\$200 OFF 15 lb BAG OR LARGER

\$300 OFF 30 lb BAG OR LARGER **PN**

Must present coupon at time of purchase. Not valid with other offers. Limit 1. Exp. 09/30/10

421-PETS (7387) • 352 FLORIN ROAD
(Corner of Florin and Riverside)

M-F 9am-7pm • Sat. 10am-6pm • Sun. 11am-5pm

Adjusting to your 'staying at home' college student



By **STEVE DEBENEDETTI-EMANUEL**
Pocket News columnist
steve@rivercitycounseling.com

In my previous articles in this series, I discussed the adjustments that parents need to make when their teen leaves for college, which includes the need to recognize that younger siblings are also having struggles. In this article, I am focusing on how parents can help their family's adjustment when their teen attends college locally and lives at home.

During my senior year of high school I applied and was accepted to a school several hours away. Late in the year, I was badly injured in a car accident, and my plans fell apart. I remained at home for a year and attended the local community college. It was the right decision, but I was devastated, as I was **READY** to leave home, be free of my parents, and do whatever first year college students do when left to make their own decisions.

Like me, countless high school graduates contin-

ue living at home after high school, rather than go away for school. Be it for financial, medical, or any of many other reasons, community colleges are often the best option for recent graduates.

In spite of this, it's important to anticipate that many of the same difficulties that arise when your teen leaves for college will exist, and your family will go through an adjustment period. Rather than risk unnecessary conflict, it's best to be proactive and have a frank conversation, in which you both share your concerns, hopes and expectations and listen to your teen's responses.

A good starting point is to help your teen make plans and set goals for this year and beyond. Much that you'd hope that he or she would transfer to U.C. Berkeley, it's crucial to recognize that your teen is an adult and needs to make decisions on his or her own. Thus your job is to guide and support him or her in whatever the goals may be (within reason,) rath-

er than trying to force your agenda.

On a practical level, it's crucial to discuss changes in your teen's schedule and the impact they will have on the family. With night classes, study groups and social outings, it makes sense that your teen will be coming and going pretty frequently. Although your teen shouldn't have the same flexibility as he or she would have if living in the dorms, it makes sense to extend or discontinue curfew. At the same time, you shouldn't have to tiptoe around the house, as you get ready for work, just because your teen wants to sleep until noon.

Another topic is household responsibilities. Even though much of your teen's time will be spent outside the house, it's important that he or she be an active member of the family. If, for example, your teen has always fed the dog and taken out the trash, the responsibilities shouldn't change, just because college has begun. And if you feel

strongly about the family having dinner together on Sunday nights, it's realistic to insist that this continue.

It's also crucial to discuss finances. As much as community colleges are much more affordable than universities, it's important to recognize that your teen's expenses will increase significantly. Regardless of your expectations regarding financial contributions, it's important to discuss the issue honestly. Your teen is now an adult, and this is the perfect opportunity to educate him or her on adult responsibilities.

Ultimately, your teen's graduation and move into college, regardless of the location of his or her school, will be a period of great transition, and challenges are inevitable. In order to minimize the difficulties and shorten the adjustment period, frank conversations are important. If both you and your teen are able to speak openly and listen to the other, this period will be as easy as possible.

Time For Fall Service!

YEE'S auto tech
Your Auto Care Pro

3073 Freepoint Blvd.
Across from McClatchy High School
(916) 442-8340

www.yeesautotech.net
Mon-Fri, 8am - 5pm

Our Services

- Tune Up
- Oil Change
- Auto Repair
- Factory Scheduled Services (most cars, including Hybrids)

Oil Change Special

- Oil change (with new filter & up to 5 qts. oil)*
- Tire rotation and chassis lube
- 41-point auto care inspection
- New car warranty approved

\$29.09

most cars

Tax and Environmental fee additional
With This Ad. Not valid with other offers. Expires 09/30/10

Diane and Wes

Let us build an ad to fit your company's needs

One of our graphic artists will design a free of charge advertisement for you or your company, when you advertise in one of our publications. For more details on this offer, give us a call at

429-9901

DUNNIGAN[®]

Realtors



OAKSHORE

Highly regarded Architect Donald Joseph Fugina's own home! Has more upgrades than you can imagine. 3 hvac systems, fully cased arched windows, 2 water heaters, 7 skylights, Wolf, Sub Zero & Bosch appliances, whole house fan, sound system, custom wall/window coverings & 10 ft ceilings. Pool in private yard. See www.7773OakBayCir.com \$845,000

MONA GERGEN 247-9555



4 CAR TANDEM GARAGE

Amazing 5 bedroom, 3 bath on a beautiful cul-de-sac in Riverlake. Huge 4 car tandem gar. Built in 2002. Spectacular curb appeal. Large kitchen overlooking spacious FR. Gorgeous spiraling staircase, fabulous granite in kit, fireplaces in master & FR. Master w/ balcony, huge walk in closet & jetted roman tub. See www.7618NorthlandDr.com \$712,000

MONA GERGEN 247-9555



2 STORY CONDO

Desirable location. Beautiful grounds, tile countertops in kitchen with extra butcher block counter, Jack & Jill bath upstairs w/ two separate sinks, large indoor laundry area. Many built-in cabinets in garage. Wonderful community pool. Close to transportation & shopping. Don't Miss It!! See www.805crestwaterln.epropertiesites.com \$143,000

KAREN SANDSTROM 803-0530



GREENHAVEN BEAUTY

Immaculate, spacious, single story home in lovely location. Custom home with updated kitchen & baths, beautiful yards, newer central heat & air, fresh interior & exterior paint. Wonderful curb appeal - this home shows like a model. See www.924GreenstarWay.epropertiesites.com \$345,000

NANCY WEGGE 600-5458

LISA MARTIS 612-7548



THE ISLANDS AT RIVERLAKE

Practically new home built in 2008. Over \$30K in upgrades including surround sound, entry way marble, custom trimmed windows, GE Profile appliances in kitchen w/gas cook top. Upgraded bathrooms & cabinets throughout. Built-in office space upstairs. See www.8062LindaleLn.isnowforsale.com \$369,000

LEIGH RUTLEDGE 612-6911

BILL HAMBRICK 600-6528



PARK PLACE SOUTH

One Story 2Bd 2Ba Half-plex Home in Park Place South. Great room with fireplace. 3 solar tube sky lights, 3 ceiling fans, covered patio, 2 orange trees, 1 mandarin orange tree. Homeowner's Association dues of \$150 per month cover the roof, exterior paint, front lawn maintenance, and tennis courts. See www.1208RoseTreeWay.com \$189,000

CONNIE LANDSBERG 761-0411

CUSTOM HALF PLEX

Custom Half-plex in Riverlake Dutra Bends upscale neighborhood. Walking distance to the Sacramento River, walk/jog walkway, Marriott Park, Garcia Bend Park & boat launch. Plantation shutters, gas log fireplace. Hardwood floors in kit & breakfast area. 1 bedroom & full bath downstairs. Newer tile type roof. Inviting pool & spa in backyard. See www.7706RioBarcoWay.com \$279,000

CONNIE LANDSBERG 761-0411

GREAT VALUE

Great opportunity for a wonderful home within the Didion School boundaries. This spacious 3Bedroom has a downstairs bedroom and bath, soaring living room ceilings and separate upstairs master suite and laundry area. Generous side yard may be large enough to park a boat or small RV. See www.6950northshoreway.canbyours.com \$239,500

CHRIS BRIGGS 834-6483

DESIRABLE ROSEMONT LOCATION

Updated & Well-Maintained 4 Bedroom Home w/Pool & Garden. Recent Updates (2009) include New Roof, Painted Exterior, Milgard Windows, New Driveway, Garage Door & Whole House Fan. Additional updates include Remodeled Kitchen w/tile flooring & countertops, lighting & appliances. Open Floor Plan w/Formal Dining Area, Family Room & Spacious Master. See www.8985GlenAlderWy.com \$259,000

LINDA WOOD 802-8042

SINGLE STORY

Pride of ownership. 3 bed **PENDING** single story with family room. Roof 6yrs new, CH&A 6yrs new. Full granite in kitchen & bathrooms. No carpeting... beautiful 18 inch tile floors throughout. See www.7518islandway.epropertiesites.com \$233,500

JOHN WONG 531-7150

DUNNIGAN[®]
Realtors

4215 Freeport Blvd.
454-5753

Visit Our Web Site: www.dunniganrealtors.com

Dedicated to enhancing the lives and experiences of our residents...

Greenhaven Estates offers an enhanced menu of licensed Assisted Living services as well as specialized attention through our In Touch® Memory Care program by a trained and caring staff. *You'll find:*

- Three delicious and wholesome meals daily, prepared fresh by our trained chef
- Comfortable, supportive and stable living environments
- A full calendar of social and recreational activities and innovative well-being programs
- And those with memory loss needs - specially focused activities promoting maximum independence and self-esteem



7548 Greenhaven Drive
Sacramento, CA 95831
(916) 476-8010

VA Aid & Attendance Benefits~Saving qualified veterans and surviving spouses up to \$1949/month!



LaVidaCommunities.com



Your comfort. Our privilege.



RCFE License #347004312



MONA GERGEN
247-9555

“Call for a private showing”



DUNNIGAN
Realtors



Amazing Home in Riverlake

This 5 bedroom, 3 bath home sits on a beautiful cul-de-sac street in Riverlake. Huge 4 car tandem garage. Spectacular curb appeal. Large kitchen overlooks spacious family room. Gorgeous rod iron spiraling staircase, fabulous granite in kitchen, fireplaces in master & family room. Master suite with balcony, walk in closet & jetted roman tub. Imperfect smooth finish walls, maple cabinets throughout and huge laundry. This is a gorgeous home!

7618 Northland Drive
\$712,000

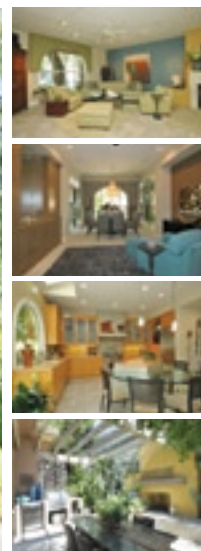


Donald Joseph Fugina Riverlake Home

Highly regarded Architect Donald Joseph Fugina's own home! Designed & built by Donald Joseph Inc. Decorated by interior designer Corinne Fugina. This home has more upgrades than you can imagine.

3 HVAC systems, fully cased arched Blomberg windows, 2 water heaters, 7 skylights, Wolf, Sub Zero, Bosch appliances, whole house fan, sound system, custom wall/window coverings & 10 ft ceilings. Fireplace, built in DCS BBQ, fridge, pool in private yard, and tons more!

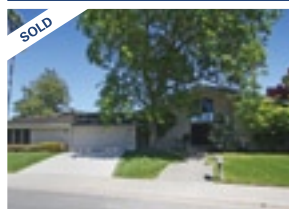


7773 Oak Bay Circle
\$845,000



What's Your Real Estate Story? Everyone Has One!

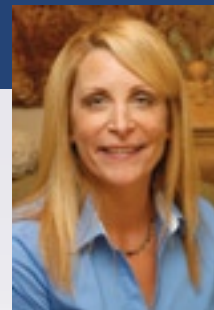
Move-Up Buyers, Downsizing, Investment Properties.

Recent Solds in The Pocket

 <p>SOLD</p>	 <p>SOLD</p>	 <p>NEW PRICE</p>
<p>751 Shoreside Drive \$455,000 Unique Lake Front Duplex, 3 bed/3bath and 2 bed/2 bath</p>	<p>743 Clipper Way \$347,000 Single level 4 bed, backs the Sac River</p>	<p>7716 Roberts River Way \$339,000 Over 2,200 sq ft, upgraded w/ 3 car garage</p>

Put my 20 years of experience to work for you.

Call Renee 916.203.9690 for a FREE Market Analysis of your home.



Renee Catricala, Realtor®
Direct: (916) 203-9690
www.ReneeCatricala.com
730 Alhambra Blvd., Suite 150
Sacramento, CA 95816
Lic# 01077144



Comfortable living designed with you in mind!

9325 E. Stockton Blvd. • Elk Grove CA 95624 • www.lifestylesllc.com

ASSISTED LIVING & MEMORY CARE

- Access to 24-hour care staff
- Licensed nurse on site
- Assisted Living Apartments
- The Atrium, a specially designed environment for individuals with Alzheimer's or dementia
- Peaceful courtyard with gazebo & walking paths
- Three nutritious meals w/entree choice
- Bus for outings & scheduled appointments



THE MEADOWS
SENIOR LIVING

Call 916-714-3755

Lic #347002379



Asian Community Center
Learn Something New This Fall!!
All are welcome!

New Windows 7 Class
\$55 per person
October 26 - December 14
Tuesdays 1:00-2:30 PM
Space is limited

Fall Prevention
FREE!!
Learn easy moves to help you improve your balance and prevent falls
Wednesday, September 22
10:30 AM-12:00 PM

Reserve your spot today with Lucy Chao
(916) 393-9026 x322 • lsc@accsv.org
ACC Park City • 7375 Park City Drive • Sacramento, CA 95831

PARKSIDE PHARMACY
COMPOUNDING & WELLNESS CENTER
Specialty Compounding • Competitive pricing • Compliance packaging • Skin Spa

Back to School Special!!
TEEN FACIAL \$70
Includes step by step skincare education, introduction to natural make-up application with Youngblood Cosmetics (**\$90 value!**)
PLUS...10% off Epiquora Skin products & Youngblood Mineral Cosmetics!

And for the rest of us...
Dr. Christa Clark, M.D., will be here Monday, September 27th for Botox/Dysport sessions!
CALL US TODAY FOR YOUR APPOINTMENT!
Remember...your secret is safe with us!

Beauty Boutique • Delivery • Cards & Gifts • Full Service Pharmacy

Transfer your prescriptions and receive
FREE REJUVENATING FACIAL
(**\$55.00 value!**)

4404 Del Rio Rd.
Sacramento, CA 95822
Phone 916.452.2200
myparksidepharmacy.com

Come and see all our New Fabulous Gifts too! Have some ice tea and say he!lo!





State Farm™

JOIN THE STATE FARM TEAM

What do you want from your paycheck? How about recognition? Challenge? Even the chance to advance? You'll find it all with a career at State Farm. With agent opportunities all across the Greater Sacramento region, you can find it close to home.

LEARN MORE TODAY
VISIT MYAGENCYCAREER.COM

FOR QUESTIONS, CONTACT: (REFERRAL CODE: F143)

DOROTHY ASCHENBRENNER
AGENCY FIELD EXECUTIVE

916-788-7843

DOROTHY.ASCHENBRENNER.CB5Y@STATEFARM.COM

1075 CREEKSIDE RIDGE, STE 280

ROSEVILLE, CA 95678



“Sign” Language

For over 34 years



www.cookrealty.net



1016 COBBLE SHORES DRIVE, \$1,475,000
SUSIE K. PARKER • 768-8494



751 BELL RUSSELL WAY • \$533,000
MEENA CHAN LEE • 837-9104

See all our listings at www.cookrealty.net



849 SHELLWOOD WAY
 Tremendous Value great location. Spacious living room. Master bedroom suite with large retreat. Pool size yard and much more. \$220,000
ANGELA ADAMS • 761-9505



713 CECILYN WAY
 2 Bedroom 2 bath home nestled in the Pocket area close to shopping, freeway and schools. Exterior in good shape with newer roof. Inside very roomy over 1200 sq feet, vaulted ceilings, brick fireplace, decent size backyard. \$174,000
MEENA CHAN LEE • 837-9104



7679 EL RITO WAY
 You must see the **PENDING** home. Beautifully updated w/one of the nicest kitchens you will see! Granite counter, decorator cabinets, raised dining bar, blt in butlers pantry w/glass doors, loads of storage. \$379,000
SUSIE K. PARKER • 421-3546



904 COBBLESHORES DRIVE
 Not a Short Sale or REO! Great plan with separate family room, open to kitchen and well laid out for access to yard and built-in barbecue. Master bedroom with sitting area. Master bath has double sink, tub and separate shower. \$298,500
SUSIE K. PARKER • 421-3546

JUST LISTED:

19 BLISS RIVER CT

This is a 4 bedroom 2.5 bath home in a great neighborhood. The owners have kept this home up meticulously. This home offers 2, 522 square feet on a quarter acre lot with formal dining area and separate family room with 3 car garage. Beautifully landscaped pool size lot. Home has newer kitchen appliances and plantation shutters. Dual pane windows throughout the home. Located at the end of a cul-de-sac.

SUSIE K. PARKER 768-8494



“...FOR FINE OLDER HOMES AND
 QUALITY NEWER HOMES”

REAL ESTATE SCHOOL

- ★ LOW INTRODUCTORY COST
- ★ START ANYTIME
- ★ LIVE CLASSES

Call: Bob Shipley • 451-6702

PROPERTY MANAGEMENT

- ★ MONTHLY CASH FLOW
- ★ TENANT SCREENING
- ★ MAINTENANCE

Call: Brittany Naucke • 457-4907

4305 Freeport Boulevard, Sacramento



www.cookrealty.net • (916) 451-6702



Serving Greenhaven
Pocket homeowners
for over 20 years.

Ron Roberts

Broker - Associate

916.806.0118

ronroberts.metrolistpro.com

ron@DunniganRealtors.com

DRE# 01037639

DUNNIGAN
Realtors

'Bandit's Buddies' fundraiser a doggone success

By CELIA GREEN
Pocket News writer

While other students are scrambling to finish their Senior Projects, Otto Ducey will be at ease, since he finished his Senior Project in late July, before his senior year even began, by raising funds for the Sacramento Police Department K9 Unit.

"Our goal was to raise \$998, to purchase two cooling units and a fan for the dogs," Ducey said. "We ended up with \$1,032."

Money was raised by selling "Bandit's Buddies" bracelets and local businesses Dude, Where's My Yogurt and Subway (both in the Promenade Shopping Center) gave a portion of proceeds from one night to the fund. In addition, many friends and neighbors made cash donations.

Bandit is a four-year-old German Shepherd who was shot in the line of duty in March of this year. He returned to work a month later and served, with his partner Officer Gary Dahl, as Grand Marshal in the Pocket's 4th of July parade.

"Of course, we will always accept donations," Dahl said. "We'll be getting two more K9 officers in September, and possibly a third. That third officer will need a vest. And the vests don't last forever. After about five years the Kevlar doesn't protect you like it should, so new vests have to be purchased."

"I'm really grateful that so many people contributed, and that businesses like 'Subway' and 'Dude, Where's My Yogurt?' were



Pocket News photo/Celia Green

Bandit's Buddies in the Pocket successfully raised \$1,000 for two cooling units and a fan for the K9s who protect and serve the community with their human partners. Otto Ducey, left, presents a check to Sacramento Police Officer Gary Dahl and Bandit, his German Shepherd K9 partner. Bandit survived being shot in the line of duty earlier this year. Future fundraisers may go to purchasing Kevlar vests for K9s.

able to take part in such a great experience that will benefit the dogs who serve everyday in the police force," Ducey said. "I would also like to give a special thanks to my friends, neighbors, and family, and of course to Kathi Windheim, who came up with the idea and helped me the whole way."

For more information, or to donate, visit www.spdk9.org.

Teach Healthier Living

Help others manage chronic health conditions

Healthier Living is a six-session workshop series developed by Stanford University to teach people to better manage chronic health conditions.

ACC is looking for volunteers to receive training to teach Healthier Living to their community groups, churches, senior centers, and support groups.



For more information,

contact Linda at 394-6399 x139 or linda@accsv.org

Asian Community Center Administration

7311 Greenhaven Drive, Suite 187, Sacramento

DOWNLOAD THIS PAPER ONLINE AT:
WWW.VALCOMNEWS.COM

LYON
REAL ESTATE
www.GoLyon.com

THE POWER OF **LYON** . . . WE DELIVER

Reputation . Knowledge . Honesty . Communication . Results

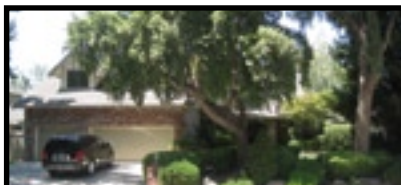


Jim Jeffers
448-6225
DRE# 00768740

Sindy Kirsch
730-7705
DRE# 01483907



Sue Vitiello
212-1215
DRE# 00826116



7672 Roman Oak Way
Spacious 3400 sq ft home across from park on big .22 acre lot! 2,000+ bottle wine cellar, gourmet kitchen and Geramia pool! \$599,900
Jim Jeffers 448-6225



Walk To Land Park
This home oozes charm, bright & open w/ excess of 1200sf. Living & dining rooms are rich w/ parquet floors. Kitchen is completed w/ white granite counters & a new apron sink. Large utility room.....\$319,900
Sue Vitiello 212-1215

Trouble paying your mortgage?

FREE CONSULTATION for HOMEOWNERS!

Put my **Certified Short Sale Agent** experience to work for you!

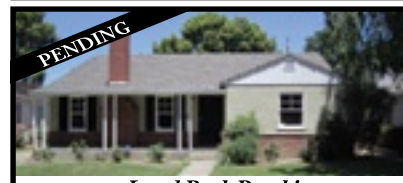
John Woodall, GRI 421-5421
jwoodall@golyon.com



Future "Cute as a Button Bungalow"
Awaiting your inspired completion! 2 bed, 1 bath, almost 1000sf. Newer rebuilt roof & sewer connections, bathroom rebuilt with copper plumbing/new fixtures, plus a new Trex deck. Hardwood floors, original built-in cabinets & cubbies. 1 car garage/possible RV storage..\$229,000
John Woodall 421-5421



Wonderful Opportunity for Midtown Living
Two bedroom one bath home, tree lined street with front porch. Inside laundry area, spacious kitchen and bath with new tile floors, hardwood in the living/dining room. Newly painted inside and out, good sized yard and off street parking. 2327 F Street..... \$276,000
Sindy Kirsch 730-7705



Land Park Peach!
Three bedroom, one bath home has the perfect floor plan. Separate living room with fireplace, inside laundry and a formal dining room, nice sized yard. Newly refinished hardwoods, new kitchen flooring, freshly painted interior/exterior and a new two car garage. 1355 Perkins Way.....\$379,000
Sindy Kirsch 730-7705



Retired Police Captain

Darrell Fong

- ★ Lifelong Sacramento native and thirty year homeowner in the district
- ★ Thirty years of service as a police officer
- ★ Little League coach
- ★ Supported by Sacramento's working families and small business community
- ★ Will not accept a salary for serving on city council if elected



The Integrity and Experience You Can Depend On

www.darrellfong.org Paid for by Darrell Fong for City Council 2010 ID#*321047

CAREGIVER DECISION MAKING: BEYOND THE GUILT

Caregivers are called upon to make many care decisions as their loved one travels through the changes dementia causes.

Understanding some of the emotional and psychological challenges can help us to move forward and become more comfortable with our decision making processes and more comfortable with the plans we make.

September 21st @ 2:00pm

Presented by Mary Gillon, MPA-Alzheimer's Association

Mary is the Regional Director in the Greater Sacramento Area of the Alzheimer's Association Northern California/Northern Nevada Chapter. She has a Master's degree in Public Administration from California State University, Hayward and Bachelor's degree in Social Work from the University of California, Berkeley. Mary is responsible for delivery of services and fund development in our seven county area.

Refreshments & Appetizers will be provided.

Please RSVP by September 17, 2010 or contact us for more info @ (916) 392-3510

 **Primrose**
Living With Memory Loss

7707 Rush River Drive Sacramento, CA 95831

LIC 347001338; 347001342

LAND PARK GOLD & SILVER

A Family Shop

LIC# 34041416

Jewelry • Rare Coins

**UNWANTED BROKEN GOLD OR SILVER?
Turn It Into Cash!**



We Buy and Sell Gold, Silver, Jewelry, Coins

Buying 7 Days a Week: M-F 8-6pm, Sat 8-5pm, Sun 10-4pm

Watch Batteries

\$5.00 +Tax

Excludes Swiss & Lithium. Limit 10 Installations.
(Some Restrictions Apply) Expires 09/30/10

5100 Freeport Blvd
(next to Gem Auto Wash)

916.457.2767



Photo courtesy

Happy campers: the Pocket area's Cub Scout Pack 259 enjoyed many fun activities at their annual summer camp at Camp Lassen in the Sierra foothills. They hiked, learned how to survive in the great outdoors, learned important life lessons and much, much more.

Pocket Cub Scouts have rich history

Special to The Pocket News

Cub Scout Pack 259 returned recently from their annual summer camp at Camp Lassen, in the Sierra foothills.

Camp activity included boating, fitness, archery,

handicrafts, campfires, and more. Pack 259 is based in the Greenhaven-Pocket neighborhood and is sponsored by the Elks Lodge No. 6.

The Pack was formed over 50 years ago and has a rich history. There are events scheduled

year-round. These are open to boys in the first through fifth grades. First and second graders are especially welcome to join, to begin their Cub Scout experience at the beginning ranks as the older boys graduate to the Boy Scouts.

Interested parties are encouraged to visit <http://pack-259sacramento.org>, and/or contact Cubmaster Stacy Redmond at (916) 399-4228.

DOWNLOAD THIS PAPER ONLINE AT:
WWW.VALCOMNEWS.COM

welcome home

transforming the aging experience...

ESKATON

Senior Residences and Services



Call today for a tour
We'll treat you to lunch!

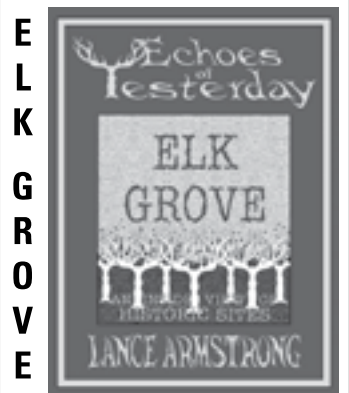
Independent Living with Services

3225 Freeport Boulevard
Sacramento, CA 95818
916-441-1015
www.eskaton.org

Eskaton Monroe Lodge

A Land Park Tradition

**Enjoy
Lance Armstrong's
weekly history
series?**



Purchase his 374-page book about the history of Elk Grove, 1850 to present, for only **\$25**.

This award-winning book includes more than 1,200 historic and modern photographs.

To purchase the book, visit www.echoesofyesterday.com or send a check, money order or credit card payment to:

Echoes of Yesterday
PO Box 189113, Sacramento, CA 95818

Know your neighbor

Kennedy High's new principal focused on bringing back good campus culture, strong academics

By SALLY KING
Pocket News writer

Tall and lean, Chad Sweitzer had a contagious smile on his face as he begins to talk about his new role as principle of John F. Kennedy High School.

"I want to bring back good culture, good athletes and a strong student curriculum," Sweitzer said. "I am going to focus on meeting graduation requirements."

Sweitzer was the principal at Sutter Middle School for three years. Prior to that he was assistant principal at Kennedy from 2004 through 2006. He has come full circle and said he is happy to be back.

Linda Okada, office manager at Sutter Middle School, said he will be sorely missed.

"Chad is unique in his administrative style in that he brings the no-nonsense demeanor of authority, the compassion and guidance of a counselor and the common sense of an educator whose experience is such that nothing surprises him anymore," Okada said.

Sweitzer said he enjoys working with the students, getting involved in activities such as sports and rallies.

"I see Kennedy being very competitive this year in sports," Sweitzer said. "We are back to the old metro system and great rivalries."

Sweitzer grew up in Greenhaven, off Riethmuth Way. He attended Caroline Wenzel Elementary School and Sam Brannan Middle School. He graduated from Kennedy in 1990. Sweitzer lives in Elk Grove with his wife of 13 years, and two children, ages 10 and 6 years old.



Chad Sweitzer's academic journey has come full circle, from his time as a student in the Greenhaven area to his new job as principal at John F. Kennedy High School.

Sweitzer remembers his physical education teachers and coaches mentoring him as a young student and from an early age he wanted to work in the field of education.

Sweitzer's career began as a counselor at Luther Burbank High School. He said when the position opened up at Kennedy; he thought this was his chance to be back home.

"I want a personal connection with the students," Sweitzer said. "I want students to be able to remember me as someone they can trust and have fun with. I enjoy being silly and goofy."

Sweitzer said as part of the focus for graduation requirements, he believes early intervention articulation works to help students from dropping out of high school. He said when eighth graders visit high school and become familiar with the layout, the students and teachers, it is no longer a scary

place and the transition is easier.

Sweitzer said the school has lost a tremendous amount of money due to budget cuts and will be looking to parents to help with school supplies and needed items like tissues.

Kennedy has a staff of 85 people and five school counselors. Sweitzer wants the staff to feel like a family. He said the teachers at Kennedy love to work with the students.

Kennedy has a program called ASSETS, which stands for After-School Safety and Enrichment for Teens and serves up to 250 students. Sweitzer said it is a great program that provides a study hall and tutoring, a safe place for teens to hang out after school.

"I want a school where students know that people care about them and there are high expectations of the students," Sweitzer said.

Home Grown Vegetables **For Sale**
at Elks Lodge #6 • 6446 Riverside Blvd.

All Summer Long Home Grown, Pesticide Free Vegetables, Will Be Available At The Elks Lodge Front Patio.

Sundays, 9:00am to 11:00am

Tomatoes • Peppers (6 varieties)
Egg Plant (Japanese & Black Beauty)
Squash (5 varieties) • Cucumber (3 varieties)
Swiss Chard • Herbs (oregano, basil & mint)

EVERY SUNDAY
Join us for breakfast, \$8.00 for a complete meal!

All proceeds donated to the Purple Pig Charity

RINGLING BROS. & BARNUM & BAILEY
THE GREATEST SHOW ON EARTH

BARNUM'S FUN IN A DRUM!

Spectacular Family Affordable Prices Starting At Just \$14!
(Service charges, facility and handling fees may apply)

SEPT. 9 - 12 ARCO ARENA	Thu, SEPT. 9 • 7:00 PM	Fri.	Sat.	Sun.
	OPENING NIGHT TICKETS HALF-PRICE!*	SEPT. 10 11:00 AM 7:00 PM	SEPT. 11 11:00 AM 3:00 PM 7:00 PM	SEPT. 12 11:00 AM 3:00 PM 7:00 PM

Buy tickets at Ticketmaster.com, ARCO Arena Box Office or call 1-800-745-3000

SEPT. 16 - 19 STOCKTON ARENA	Thu, SEPT. 16 • 7:00 PM	Fri.	Sat.	Sun.
	OPENING NIGHT TICKETS HALF-PRICE!*	SEPT. 17 7:00 PM	SEPT. 18 11:00 AM 3:00 PM 7:00 PM	SEPT. 19 1:00 PM 5:00 PM

Buy tickets at StocktonTickets.com, Stockton Arena Box Office or call (209) 373-1700

TICKET PRICES:
\$14 - \$17 - \$23 - \$38 VIP - \$60 Front Row - \$90 Circus Celebrity
Limited number of Circus Celebrity, Front Row and VIP seats available. Call for details.
(Service charges, facility, and handling fees may apply.)

www.Ringling.com

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

Your services are needed! Call (916) 429-9901 and reserve your space on the *Pocket News* Home Improvement page

ADDITION SPECIALIST



Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

www.lytleconstruction.com

AIR CONDITIONING/HEATING



DON'T WAIT-BEAT THE HEAT!

Season Special
A/C Check-up-\$85.00
CALL 444-0551

- Cooling & Heating Service/Repairs
- New Installs & Existing Replacements
- Maintenance Programs/Agreements
- Service on All Brands
- High Efficiency Air Filters
- Freon Leak Detection

REBATES/TAX CREDITS AVAILABLE/ALL WORK GUARANTEED / SENIOR DISCOUNTS

YOUR AD SHOULD BE HERE!

Your Ad Here!

Your services are needed.
Your ad should be here.
Ad design is free.

Call 429-9901

BUILDER

DESIGNS **INNOVATIVE BUILDERS** L.I.C. #632225

DESIGN-BUILD CONSTRUCTION
CLASS B & C-54 TILE

"YOU DREAM IT...WE BUILD IT."
CALL **(916) 447-5438**
FREE ESTIMATE

• REMODELS
• ADDITIONS
• NEW CONSTRUCTION
• KITCHENS & BATHROOMS
• INTERIOR TILE REMODELS
• SWIMMING TILE POOL REMODELS

www.innovativebuildersca.com

YOUR AD SHOULD BE HERE!

Your Ad Here!

Your services are needed.
Your ad should be here.
Ad design is free.

Call 429-9901

CARPET & UPHOLSTERY CARE

Johnny on the Spot
Complete Carpet and Upholstery Care

"Our cleaning is the most thorough you have ever had, or we will clean it again free. If you are still not pleased, we will refund your money."

- I.I.C.R.C. Master Cleaner
- Carpet Repairs & Restretching
- Stain Removal Experts
- Pet Urine Removal

Visit our website at www.johnnyonthespots.com for more info, coupons and specials.

Call (916) 997-7895

CARPET/UPHOLSTERY CLEANING

TLC CARPET CARE

Carpet & Upholstery Cleaners

Owner Operator
Local in the Pocket
State of the art Truck Mount

(916)952-3831



CLEANING

PROFESSIONAL

Free Estimates
Licensed & Insured

- WINDOW CLEANING (inside/out/screens washed)
- Pressure Washing (house ext/walkways/all concrete areas)
- Rain Gutter Cleaning
- Hard Water Stain Removal

Prime Quality Maintenance

Call Jesse (916) 417-4231



CONSTRUCTION

Griffin Construction

- New Construction
- Remodeling & Room Additions
- Demolition & Removal of Old Unwanted Existing Garage & Replace with New Single/Double Larger Garage or Shop.

Staying small to serve you better.
Local references
Lic # 510423

Call (916) 402-7463

COMPUTER SERVICES

YOUR ONE CALL COMPUTER EXPERTS!™

We Come To Your Home or Business



- All Major Brands • Networking • Personal Training
- Virus, Spyware Removal • Data Back-Up & Recovery
- Affordable Rates • Certified Technicians

916-740-FAST (3278)
www.fastteks.com

\$25 OFF First Visit

Some Day, Evening & Weekend Appointments Available!

CONTRACTOR/REMODELS



THE REMODEL EXPERTS! "Building your dreams!"

(916) 372-0530

Family-owned & operated; Most work done by father & sons

Serving Sacramento since 1995 • Licensed, Bonded & Insured • Lic.# 706474

SMALL JOBS/REPAIRS WELCOME!

- Specializing in Kitchen/Bathroom
- Custom Granite, Tile & Stone
- Design/Build
- Room Additions

ELECTRICAL

Sunshine Electrical

Prompt. Dependable. Honest!
Residential Specialist

- Security Lighting
- Computer Circuits Etc
- Spa Electrical
- New Houses/Additions

(916)344-8735 or (916)752-5308
Ca Lic # 633853 Liability Insured

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC
Reasonable Residential & Commercial Work since 1960

Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List

(916) 451-2300
Cell: 213-3740

Neil McIntire — C.S.L.# 394307

FENCING

Bob Grove
(916) 425-7435

License #:
927602



Commercial & Residential

Gateway-Fence.com
bob@gateway-fence.com

Fax (916) 429-1905

10% OFF
Spring Special

FULL SERVICE CLEANING



Lic# 618386
Insured/Bonded

Owner-operated for over 12 years

Specializing in

- Moving in/out cleaning
- Truck mount carpet steam cleaning
- Windows, blinds
- Hauling Service
- Construction clean-up

Se habla Español

916-612-5902 or 916-665-9243

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

Your services are needed! Call (916) 429-9901 and reserve your space on the *Pocket News* Home Improvement page

HANDYMAN

FREEDOM HANDYMAN SERVICES
Free up your time from those pesky unwanted jobs!
I specialize in all areas of Home Improvement!
-Plumbing - Carpentry - Electrical
-Yard Care - Hauling - Sprinklers
Quality work the first time, Guaranteed!
NO JOB TOO SMALL!
Call Eric
(916) 470-3488
Licensed and Insured #152902

HANDYMAN

YARD MAKE-OVERS!

- RAIN GUTTER CLEANING
- ROTOTILLING & SOD PLACEMENT
- CONCRETE REMOVAL
- YARD CLEAN-UP/HAULING
- PRESSURE WASHING

Call LESTER
(916) 838-1247
Lic#128758/Ref

Pressure wash your driveways clean! your decks, too!
Clean out your garage! Replace that old lawn!
Hard work ---not a problem!
SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 10 YRS*



HANDYMAN SERVICE

COMPLETE HANDYMAN SERVICE
Landlord/Tenant Problems
Cleaning, Painting

- Electrical
- Plumbing
- Security Doors
- Fencing
- Sprinklers
- Hauling

916-308-1898
35 years experience • Pocket resident for 15 years
License# 143742

HANDYMAN

Quality Handyman
Over 30 Years Exp., Expert in all trades
Bathroom Specialist
Plumbing & Dryrot Repairs,
Electrical/Carpentry, Appliance Repairs,
Tile, Fences, Painting, Linoleum,
Rototilling, Trenching, Etc.
(916) 485-2467
Senior Discounts, All Work Guaranteed
Lic# HB5693

LANDSCAPING

SACRAMENTO LANDSCAPE CO.
SINCE 1995
CONSULTATIONS
DESIGNS • ESTIMATES
HOMES • BUSINESSES
CALL: 832-2010
WWW.SACRAMENTOLANDSCAPE.NET
CL# 770400

LANDSCAPING

ROBERTS LANDSCAPE
35 YEARS OF EXPERTISE

- Design: Plants, Hardscape, Lighting
- Garden Consultations
- Specialty Pruning: Shaping, Japanese Maples
- Irrigation Tune-Ups

CALL: 444-6458
ROBERTSLANDSCAPE.COM
Contractors Lic# 590317

LANDSCAPING

Terra Bella
Gardening Maintenance
"Not your typical mow, blow & go company!"

- Full yard maintenance
- One time clean-up
- Sprinkler repair

Call Randy (916) 454-3430 or 802-9897
www.terrabellagarden.com
Lic# 152584

PAINTING

GARY'S PAINTING
CUSTOM RESIDENTIAL
INTERIOR & EXTERIOR OVER 20
YEARS EXPERIENCE WITH PRIDE
EXCELLENT REFERENCES
725-8781
Contractors Lic. # 734323
McClatchy '67

PAINTING

ASTORIA PAINTING
Bonded/Insured • Since 1987
Lic# 750583

FOR A WOMAN'S TOUCH...
• Painting - Interior/Exterior • Texturing • Pressure Washing
• Wallpaper Removal • Cabinet Refinishing

SPECIAL ON
Crown Molding, Casing & Baseboard Installation
For details/FREE estimates call Eva @ (916) 987-0707 • 7 days/week

PAINTING

SOVEREIGN PAINTING
Quality craftsmanship
3rd Generation Painter
with over 30-years experience
(916) 422-4416
Dan Sovereign
Interior & Exterior Painting
Lic.#484215

PLUMBING

ROONEY'S PLUMBING
FULL SERVICE PLUMBING
456-7777
rooneysplumbing.com
License #683668

PLUMBING

Riverside Plumbing *Keith & Harry Staley*
Office 442-7586 Mobile 204-4090 *Full Service*
Lic# 338816 C-36
Located on corner of 7th and Riverside Boulevard
25% Discount for all new customers with this ad
(discount applies to labor only)
Water Heater Disposal Faucets
Sewer & Drain Cleaning/Video Camera Inspections
WE SPECIALIZE IN
•Copper repipe •Sewer and water line replacements •Gas lines - installed

PLUMBING

BONNEY
PLUMBING, HEATING, AIR & ROOTER SERVICE

WE CHARGE BY THE JOB...
SO YOU KNOW THE COST BEFORE WE START!
CALL 444-0551

- Toilet, faucet, sink & disposal repairs
- Installation of new plumbing fixtures
- Trenchless sewer replacement
- Sewer & Drain Cleaning
- Water & gas line repair
- Water heaters

FREE ESTIMATES / ALL WORK GUARANTEED / SENIOR DISCOUNTS / LIC # 696355

UPHOLSTERY

B & T Upholstery & Repair
Furniture upholstery at its finest



* Senior Discounts
www.bandtupholstery.com
1600-B Kitchner Rd., Sacto 95822
916/392-1959 • 916/995-7177

YOUR SERVICES ARE NEEDED
CALL Melissa TODAY TO PLACE YOUR AD
(916) 429-9901

Old Sutter School building holds many fond memories for former students

By LANCE ARMSTRONG
Pocket News writer
lance@valcomnews.com

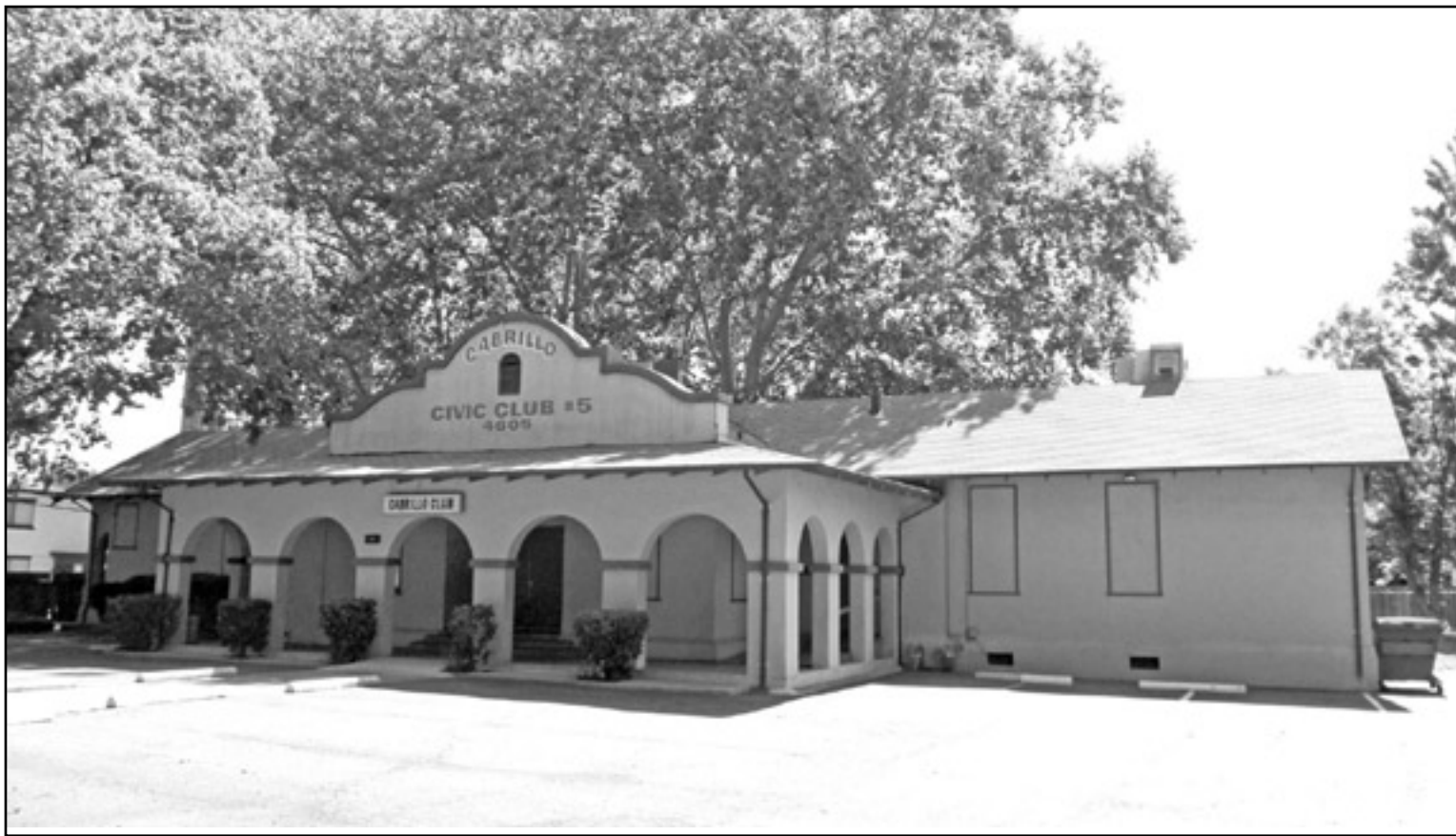
Editor's Note: This is the second of a two-part series about the Riverside area's historic Sutter School.

Through the responses of some of the five former students who were interviewed for this article, it was discovered that the school grounds also included a baseball diamond, teeter-totters and swings. Children also found plenty of spots to play jacks and marbles.

Takata said that there was another feature on the school grounds that she fondly remembers.

"I remember that there was a real big, beautiful rose bush at the front of the school in the yard," Takata said. "If you faced the front of the school, it was to the left, right next to the Machados, who lived next door."

Yager, who mentioned Sutter School's annual Christmas plays among her favorite memories of the school, added that most of the schoolchildren walked to Sutter School, since riding a school bus was not an available option.



Sutter School was located in this Riverside area Spanish mission-style structure, which has been home to Cabrillo Civic Club #5 since 1954.

Pocket News photo/Lance Armstrong

And for many of these children, walking to school was a social event that gave them additional time to enjoy the company of their friends.

But once at school, the school's first through eighth grade students were required to become more

serious as they concentrated on their studies.

After lining up in front of the school, near the flagpole, the children made their way into three separate classrooms, which were divided based on the grade levels of the students. Originally, howev-

er, the school had housed a single classroom for all of its students.

Most former students of the school remember Sutter School teachers, Gertrude Campbell (also the school's principal) and Emma (Fortado) James. Other teachers at

the school at various times were: Miss Blackwell, Leonilda Lewis, Miss Nealis, Miss Baird and Mabel Wakefield.

Like other former students of the school, Powell had nothing but good

See Sutter School, page 23

CLASSIFIED ADS

Call a sales representative today for great advertising rates: 429-9901

BOOKKEEPING

#1 BOOKKEEPER
26 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820.. www.taxirene.info

COMPUTERS

GOT COMPUTER PROBLEMS?
Pocket Computer Technician. I do on-site visits in the Pocket area. \$35/hr. Outside the Pocket area, travel charge will apply. Problem not fixed? No pay! Free estimates/consultation. Call cell# 296-7161

HANDYMAN

HANDYMAN SERVICES
No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, Stucco, Repairs and Remodeling, you name it! Lic# 908942. Call Steven at 230-2114.

PRESSURE WASHING!

Gutter cleaning— Concrete removal (Patio, driveways, borders, etc.) Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. **Specials for seniors. Licensed.**

PERFECT GIFT!

PET PORTRAITS

Original Pet Portraiture. Realistic paintings of beloved pets. Perfect gift for animal-lovers! Reasonable prices. Submit photograph—turn around 7-10 days. Email melissa@melissaandrews.com or call 447-4441.

PERSONAL ASSISTANT

PERSONAL ASSISTANT
Do you need a care provider, private driver, local or long distance in the Pocket/Greenhaven area? Available Mon/Wed/Fri. Call Rich at 916 821-6110.

TAX PREPARER

#1 TAX PREPARER

26 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We prepare expertly **all past tax returns** including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820. Same low 1990 rates. www.taxirene.info

HAVE PETS FOR SALE? OR PET SUPPLIES FOR SALE? CALL VALLEY COMMUNITY NEWSPAPERS FOR RATES
Call 429-9901

GARAGE SALES

**NEW WEBSITE!
GARAGE SALE INFORMATION**

Advertise & search for FREE

BeaverJack.com

**Place your ad today!
Call 429-9901**

Lab up for adoption

Large - 10 mo. Female Yellow Lab Purebred Spayed - all shots current

Free to a loving home/needs guidance and training

Call (916) 215-9496

WANTED

OLD GUNS WANTED

Also want Parker & L.C. Smith double barrel shotguns. Cash paid.

(916) 531-5972

ADVERTISE YOUR RENTALS

Call 429-9901



Jeri Hromada
916.761.6734
jeri.hromada@prurealty.com
DRE#01324435

Lovingly Maintained \$354,900

2644 17th Street

Old Land Park, 1700+ sq ft, 3 bdrms, 1 ba, Living rm w/fireplc, din rm, new roof/new paint, Cent H&A, basement, extra rm w/private entrance.

Call Melissa at 429-9901 and place your ad today!



Photo courtesy of PHCS

Schoolchildren gather in front of Sutter School in this c. 1925 photograph.



Photo courtesy of PHCS

The old Sutter School is shown in its abandoned state in this 1953 photograph.

Sutter School: Children found plenty of spots to play jacks and marbles

Continued from page 22

things to say about her teachers.

"Mrs. Campbell and Mrs. James were our teachers and I liked them very much," Powell said. "They really were sweet ladies. They used (a ruler), but I don't remember anybody ever getting hit."

Greenslate, however, said that she remembers students getting tapped on the backs of their hands by the school's teachers as a general warning "to be silent or to calm down."

Takata, who attended the school from 1928 to 1936, named the classes that were offered at the school.

"We had music class every day," Takata said. "Maybe so many minutes, a half an hour maybe. Mrs. Campbell played the piano and I can still (visualize) her playing the piano. And of course, we had geography and history. I don't know how the teachers worked everything in. They must have had some kind of a schedule. I think we had math every day. Well, arithmetic, we didn't call it math. And we had spelling every day and English every day."

The students were also graded on penmanship and participated in physical education and drawing.

Takata added that she was very fortunate to have received her elementary

school education at Sutter School.

"You know, you can't get that kind of education any place else," Takata said. "When I went to middle school and high school, I realized how much more I had gotten out of (Sutter School) than people who went to the regular city schools."

Takata said that after school, when most of the students left to Japanese school, the school's janitor arrived at the school.

"The Masons also lived next door and (Louise Baggastos, grandmother of Sutter School students, Walter "Ike" and John "Griff" Mason) used to be our janitor," Takata said. "We used to call her Grandma Mason. She was from the old country (possibly Germany), I guess. She spoke with a real strong accent and I could hardly understand her."

Greenslate, who attended Sutter School from 1929 to 1934, said that the school, which sometime between 1925 and 1929 had two additional wings added to its original structure, served as an important bridge between the old Lisbon schools of the Riverside-Pocket area and John Cabrillo Elementary School at 1141 Seamas Ave.

"The founders of the private Lisbon schools

of the Pocket were the farmers who settled in the area," said Greenslate, whose mother, Maria "Mamie" Machado joined John "Griff" Mason as one of Sutter School's first two graduates in 1915. "These schools were built in the mid to late 1800s into the early 1900s. As the population increased from the Pocket area into the Riverside area in farming and homes, it necessitated a need for another school, which was Sutter School, which was a public school of Sacramento County. Eventually, a more modern school with more extensive facilities, including a cafeteria, in the area was needed and the location of Sutter School could not provide this. This led to the construction of John Cabrillo Elementary School at its present site."

Yager said that she is grateful that the old Sutter School building is still standing about a century after it was constructed.

"It brings back old-time memories to see the school today," Yager said. "I think that that's interesting that that place has been around as long as it has. And it has not changed much. They've retained the same structure all of these years. I'm glad that (the old Sutter School building) is still around."

"It brings back old-time memories to see the school today..."

Take care of business...
Take care of yourself.

Life. Simplified.

Lake Crest Village Shopping Center
Florin Road & Greenhaven Drive

ADVERTISE YOUR COUPON SPECIALS

VALLEY SHOPPER

Published by Valley Community Newspapers

Quarterly

Reach Over 50,000 Potential Customers who live in
Arden, Carmichael, East Sac,
Land Park, and Pocket areas.

www.valcomnews.com

Publishers of:
ARDEN/CARMICHAEL NEWS
EAST SACRAMENTO NEWS
LAND PARK NEWS
POCKET NEWS

Call a Valley Shopper Representative today
(916) 429-9901

THIS WORKS!

CALENDAR

For more Calendar entries visit
www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

SEPTEMBER

Medical Care in Calif.

Sept. 1: "The Doctor is In: Medical Care in California." Learn valuable tips and hints about health care from Dept. of Consumer Affairs information experts. Sponsored by Take Charge California @ Your Library. Free. 12 noon. West Meeting Room, Central Library, 828 I St., Sac. (916) 264-2920

Senior Wednesday Club

Sept. 1, 8, 15, 22, 29: The Senior Wednesday Club meets to chat, play bridge, pinchle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Myrt (916) 348-8114

Tea and Talk Book Club

Sept. 1: Adults, bring a tea cup, sip tea and discuss this month's featured book, "Zeitoun" by Dave Eggers. Free. 10 a.m. Belle Cooledge Library, 5600 South Land Park Dr., Sac. (916) 264-2920, www.saclibrary.org

Toastmasters

Sept. 1, 8, 15, 22, 29: All area business people invited to hone their speaking skills. Noon-1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

Big Band Dance

Sept. 2: Dance to the rhythms of the Big Band era. Every Thurs. \$5 admission. 1:15 p.m.-3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

Disabled American Veterans

Sept. 2, Oct. 7, Nov. 4, Dec. 2: Ray Clark Chapter No. 35 of the Disabled American Veterans. First Thursdays, 7 p.m., Veterans Memorial Building, Carmichael Park, 5750 Grant Ave., (corner Fair Oaks Blvd. & Sue Palm Dr). All disabled veterans invited to attend. (916) 635-7608

Food Addicts Anonymous

Sept. 2, 9, 16, 23, 30: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Rotary Club of East Sacramento

Sept. 2, 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 12:15 p.m.-1:15 p.m., every Thurs. Salvation Army Dining Hall, 2550 Alhambra Blvd., Sac. www.rotary.org

Rotary Club of Pocket/Greenhaven

Sept. 2, 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

Sutterville Heights Optimist Club

Sept. 2, 9, 16, 23, 30: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Cliff (916) 427-2698 or Mary-Jo at (916) 691-3059

Toastmasters

Sept. 2, 9, 16, 23, 30: Improve your language skills and lose fear of speaking in front of people with Toastmaster club Los Oradores. Una oportunidad unica para me-

Golfers: 'We can't believe we get to go to Pebble Beach'

Continued from page 9

between. O'Meara even spent some time during a practice round to help Mao with her bunker play.

"Ever since then I have had no trouble with bunker shots," she said.

One year later, the threesome is ready to go out and do it again. This year, 245 juniors from across the country applied for the event. Altogether, 74 boys and girls were chosen. Once again, the names Noda, Mao and Yee will adorn the scoreboard at Pebble Beach.

"I'm really excited," said Mao. "Ashley and I have been talking all week about how we can't believe we get to go to Pebble Beach

again. I can't even concentrate on school right now."

The girls, who have gotten to know each other over the past several years as opponents and friends, are ready for the challenge once more. Who knows if the views will be as majestic and dumbfounding this time around, but regardless of outcome, these three likely won't hook a dozen balls into the Pacific like the rest of us would.

The Home Care & Hospice First Tee Open, which takes place Sept. 3-5, will be televised nationally on the Golf Channel.

orar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores de la organizacion de Toastmasters. Thursdays/Jueves, 6:45 p.m. 2118 K St., Sac. Teri Bullington (916) 723-6232, teri.bullington@gmail.com, www.sacramentotoastmasters.com

Rotary Club of Point West

Sept. 3, 10, 17, 24: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Red Lion Inn, 1401 Arden Wy., Sac. www.pointwestrotary.com

Soroptimists of Sacramento

Sept. 3, 10, 17, 24: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

Chalk It Up Sacramento

Sept. 4: Art, kids' creative corner, food, live music, beer garden, crafts, fun for the whole family. 10 a.m.-6 p.m. Fremont Park, 16th & Q streets, Sac. www.ChalkItUp.org

Food Addicts Anonymous

Sept. 4, 11, 18, 25: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Urban Farm Stand

Sept. 4, 11, 18, 25: Soil Born Farms' newest urban agricultural project, a farm stand featuring seasonal, local and organic fruits and vegetables. Saturdays from 9 a.m.-1 p.m. www.soilborn.org

Chrome & Color car show, art exhibit

Sept. 5: If you have a car 1972 or earlier, please join us and enter your car. Vintage automobiles, live music, special lunch deals. Free to enter, free to enjoy. 9 a.m.-3 p.m. Artistic Edge, 1880 Fulton Ave., Sac. (916) 482-2787

Co-Dependents Anonymous

Sept. 5, 12, 19, 26: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

Sept. 5, 12, 19, 26: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m. every Sun. \$8. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

'Willy Wonka'

Sept. 5: Movie night at Fairytale Town featuring "Willy Wonka & the Chocolate Factory." Outdoor theater, lawn seating only. No outside food or beverages. Admission \$5, Fairytale Town members receive 2-for-

1 admission, children ages 2 and under are free. Tickets available online, www.fairytale-town.org. 3901 Land Park Dr., Sac. (916) 808-7462

Co-Dependents Anonymous

Sept. 6, 13, 20, 27: 12-Step group for those who struggle to maintain healthy relationships. Meets Mondays. 7:30 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

Hatha yoga

Sept. 6, 13, 20, 27: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.-4 p.m. Hart Senior Center, 915 27th St., Sac. (916) 808-5462. Meets every Mon. Repeats Wed., Fri.

Rotary Club of South Sacramento

Sept. 6, 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

Tai Chi & Chi Keung

Sept. 6, 13, 20, 27: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

Toastmasters

Sept. 6, 13, 20, 27: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.-8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Jan (916) 284-4236, www.sacramentotoastmasters.com

Big Band Dance

Sept. 7, 14, 21, 28: Dance to the rhythms of the Big Band era. Every Tues. \$5 admission. 1:15 p.m.-3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

Dance Movement Therapy Classes

Sept. 7, 14, 21, 28: Cancer patients and survivors are invited to dance movement therapy classes taught by Nandi Szabo, a registered dance movement therapist. Free. Tuesdays through Nov. 9. Two times available: 10:30 a.m.-12:30 p.m. or 6:30 p.m.-8:30 p.m. Sutter Cancer Center, 2800 L St., Sac. Call (916) 529-1079 or email zoeofotoni@comcast.net to register.

St. Anthony Parish

17th Annual Community Festival

Saturday - September 11th
Noon to 9pm - 660 Florin Road

International Food Court:
Mexican, Filipino, Nigerian, Italian, German, Irish, Greek
Hamburgers, Hot Dogs, Snow Cones, Dessert Waffles

GAMES and FUN for the Entire Family:
Games - Pull Tabs - Cake Spin - Bingo - Wine Spin
Country Store - Book Booth and More!

Live Entertainment

Ohana Dance Group - Yemaya Salsa
Hot Wire & Bump City

RAFFLE PRIZES
HD TV or \$500
\$200 - \$100 - \$100 - \$100

Free Admission!
660 Florin Road - 428-5678

You're Invited to Join Us for OPEN HOUSE

Sunday, September 19th at

Faith Presbyterian Church

Would you like to be part of a warm, caring extended family? Then you will love Faith Presbyterian Church, where you'll enjoy encouraging music, friendly faces and messages that will have a positive impact on your week. And don't worry, we won't make you say, sign or give anything.

Times: 9:00 am or 11:00 am, Child care provided
Where: 625 Florin Road (next to Kennedy H.S.)

Refreshments - after each service

Come on over and check us out -
we look forward to meeting you!

428-3439 • www.faithpresby.org

Medicare counseling

Sept. 7, 14, 21, 28: Health Insurance Counseling & Advocacy Program (HICAP) offers free, unbiased information and assistance with Medicare problems, help with health and long-term care insurance. HICAP does not sell, endorse, or recommend insurance. Appts. every Tuesday with John Gallapaga, call (916) 376-8915 to schedule. For appts. in Spanish, call Marta Erismann at (916) 231-5110.

Recorder music group

Sept. 7: The Sacramento Recorder Society meets under the baton of Hanneke van Proosdij, a Bay Area early-music specialist. Newcomers welcome. 7 p.m.-9:15 p.m. Please bring your instrument, a pencil and a music stand. (916) 391-7520, www.sacrecorders.org

Rotary Club of Arden-Arcade

Sept. 7, 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

Rotary Club of Carmichael

Sept. 7, 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m. Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

Watercolor art show

Sept. 7-Oct. 2: "Go with the Flow 2010" juried art show, sponsored by the Watercolor Artists of Sacramento Horizons (WASH). Free. 11 a.m.-7 p.m. Tues.; 11 a.m.-3 p.m. Wed.-Sun. Special 2nd Saturday opening Sept. 11 from 5:30 p.m. - 8:30 p.m. Sacramento Fine Arts Center, 5330-B Gibbons Dr., Sac. Patty Waggoner (916) 361-3331

Wine social

Sept. 7: Wine social to benefit the Sacramento Children's Home, featuring the Michael-David family of wines. Hors d'oeuvres, lunch (choice of Chicken Cordon Bleu or Chipotle Caesar Salad with Grilled Chicken Breast) and dessert (Chocolate Cream Cake Royale). \$20 per person. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Reservations a must. (916) 452-2809

Forensic genealogy

Sept. 8: Colleen Fitzpatrick will speak on "Forensic Genealogy: CSI Meets Roots, a Modern Approach to Family Research." Sponsored by the Root Cellar - Sacramento Genealogical Society. Free. 7 p.m.-8:30 p.m. Citrus Heights Community Clubhouse, 6921 Sylvan Rd., Citrus Hts. Sammie Hudgens (916) 481-4930 www.rootcellar.org

History of Sacramento's Chinatown

Sept. 8: Lawrence Tom, author of "Sacramento's Chinatown," will discuss one of the oldest Chinese communities in America and share photos. 6:30 p.m. Free event. Copies of the book will be available for signing and purchase. Ella K. McClatchy Library, 2112 22nd St., Sac. (916) 264-2920, www.saclibrary.org

Referrals Plus

Sept. 8, Oct. 13, Nov. 10, Dec. 8: Women in business helping each other in our businesses. 12:15 p.m.-1:30 p.m., second Wednesdays. Primrose Sacramento, 7707 Rush River Dr., Sac. Kollen Powers (916) 691-3085, www.referralsplus.org

Senior Health Fair

Sept. 8: Sacramento area YMCA hosts the 9th annual Senior Health Fair. Basic hearing tests, lung function tests, blood pressure checks, door prizes, more. Free. 9:30 a.m.-11:30 a.m. 2021 W St., Sac. Pat Wolfe (916) 452-9622 x101 patw@sacymca.org

Seniors: simplify, organize

Sept. 8: Local seniors are invited to join residents for a special presentation by organization expert and relocation specialist Lee Mahla on "Nine Tips To Simplifying and Organizing." 6 p.m. Chateau at Carmichael Park senior living community, 7125 Fair Oaks Blvd., Carmichael. (916) 481-7105

California Admission Day

Sept. 9: Celebrate California's 160th birthday with cake and ice cream provided and served by the California State Capitol Museum Volunteer Assn. Enjoy the rousing music of the Sacramento Banjo Band, volunteers dressed in period costumes. Free. 11:30 a.m.-1:30 p.m. State Capitol, North Entrance Steps (L St.), 10th and L streets, Sac. (916) 324-0333

Mission Oaks Computer Club

Sept. 9: The Mission Oaks Computer Club will meet from 1 p.m.-3 p.m. Meeting topic will be "The Future of Newspapers," presented by Cosmo Garvin. Problem solving clinic to follow. First-time visitors welcome. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 366-1687, www.missionoakscomputerclub.org

Sacramento Walking Sticks

Sept. 9, Oct. 14, Nov. 18, Dec. 9: The nation's largest American Volkssport Assn.-affiliated walking club. Meets second Thursdays, 7 p.m. SMUD Customer Service Center, Forestview 1 meeting room, 6301 S St., Sac. Refreshments served. If you'd like to walk three miles before the meeting, meet at 5 p.m. in front of the SMUD Customer Service Center building. Bring money for dinner after the walk. Gale at 364-5063 or www.SacramentoWalkingSticks.org

Cook Realty Charity Golf Tournament

Sept. 10: 18th annual tournament to benefit local programs. \$50 per person (green fees, dinner & drinks) or \$15 per person (dinner & drinks only). Dinner, auction & raffle at 5:30 p.m. in the Cook Realty Courtyard. William Land Park Municipal Golf Course. Tee times are from 10:30 a.m. to 2 p.m. Contact Ed Daniels (916) 204-6702

Movie Night in the Park

Sept. 10: Annual District 4 Movie Night in the Park. "Toy Story" will

be the feature presentation. Bring folding chairs, blankets. Complimentary popcorn, sno-cones. No alcohol permitted. Free. Movie begins at dusk (about 7:45 p.m.). Reichmuth Park, 6135 Gloria Dr., Sac., Visit Councilmember Rob Fong's webpage at www.cityofsacramento.org

Patriot Day Celebration dinner

Sept. 10: Come enjoy a dinner of Yankee pot roast with all the trimmings, Tony rolls, green salad and all-American apple pie as our community honors those who serve and protect our nation and community. Special presentation to follow. No host cocktails at 6 p.m., dinner at 7 p.m. Tickets \$16 at the Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. No ticket sales after Sept. 7. www.elks6.com

Wine, Beer & Food Extravaganza

Sept. 10: Enjoy open tastings from area vintners and craft breweries, along with a bevy of foods and desserts in the Quad at Christian Brother's High School. 6 p.m.-10 p.m. Outdoors under the stars. For reservations, visit www.cbhswinetasting.com

Bariatric Surgery Informational Seminar

Sept. 11, Oct. 2, Nov. 6, Dec. 4: Learn all about what bariatric surgery is and is not. 10 a.m.-12 p.m. Bruceville Terrace Multipurpose Room, 8151 Bruceville Rd., Sac. Rondi Crowley (916) 423-5909.

Basic vegetable gardening tips

Sept. 11: Urban gardener James Bridges will discuss how to determine a garden site, preparation of the soil, tools needed, watering and fertilizing. He will offer a general overview on biodynamic square foot gardening techniques and answer questions. Free. 2 p.m. Arden-Dimick Library, 891 Watt Ave., Sac. (916) 264-2920, www.saclibrary.org

Food preservation demo

Sept. 11: The Sacramento County UC Cooperative Extension Master Food Preservers will present "All Dried Up!" A basic intro to safe dehydration techniques. Free. 10 a.m.-Noon. Sacramento Cooperative Extension Office, 4145 Branch Center Rd., Sac. (916) 875-6913

Jensen Garden workdays

Sept. 11, Oct. 9, Nov. 6, Dec. 4: Friends of the Jensen Botanical Garden garden workday. 9 a.m.-1 p.m. Bring work gloves, hand pruners and your lunch. Come join with other volunteers to keep the garden beautiful all year. 8520 Fair Oaks Blvd., Carmichael. Tracy Kerth (916) 485-5322 ext. 23, tracy@carmichaelpark.com



Western Lights - "Bluegrass and Beyond" Dinner & Live Music Concert
Elks Lodge #6
Saturday, October 23

Come out to Elks Lodge #6 for a great evening of fun and entertainment including dinner and a live concert by Western Lights. If you like fine bluegrass, some classic Bob Wills-type Western Swing, and a little bit of everything in between, come to see the show and bring your dancing shoes.

Dinner Tickets \$10, Concert Tickets \$12
Dinner starts at 6pm, House Concert at 7:30pm

Tickets are available in the Lodge office. Call Cathy at 916-422-6666 or go to www.elks6.com or www.myspace.com/westernlightsmusic

6446 Riverside Blvd. Sacramento, CA 95831

YOUNG ACTORS STAGE
 After-school Musical Theater Workshop

Disney's
Alice in Wonderland Junior

Rehearsal Sessions
 Martin Luther King K-8: Tue/Thurs
 Didion K-8: Wed/Fri

Register before September 13



www.YoungActorsStage.com • (916) 760-8388



Nelson Dental
 "We're in your Pocket Neighborhood"

Committed to providing you the best care in a pleasant environment. We use the latest technology to provide advanced services like: single visit crowns and Velscope oral cancer screenings.

7400 Greenhaven Drive - 916.427.1101
 (Off I-5 between Florin and Pocket Road)
www.NelsonDental.com



ALLIED DOORS
 "Straight & True"

ALLIED DOORS WOULD LIKE TO THANK OUR CUSTOMERS AND THE COMMUNITY. FOR MORE THAN 40 YEARS, THE SACRAMENTO REGION HAS GRACIOUSLY PATRONIZED US AT OUR LAND PARK LOCATION.

THANK YOU, SACRAMENTO.

6550 BELLEAU WOOD LANE • SACRAMENTO, CA 95822
 916-421-3080 • www.NCSALLIEDDOORS.COM



The Center for Contemporary Art, Sacramento presents a free self-guided tour of more than 80 artists' studios.

Saturday/Sunday, September 11 & 12
 Open Studios from noon - 4pm

Featuring Glenn Takai & Sandy Whetstone at

PANAMA POTTERY

SPECIAL! Two-Days Only!
25% OFF
 entire pottery purchase, discount with this coupon
 (One-of-a-kind/original art not included)

4421 24th Street, Sacramento
www.PanamaPottery.com • 916-452-7181



Library: A place for meetings, education & life-long learning

Continued from page 4

of this 15,387 square foot library.

Mayor Kevin Johnson said it is an impressive building.

"It feels like a Borders in the middle of the Greenhaven-Pocket area," Johnson said. "It has a big meeting room, public computers, it is kid-friendly and energy efficient. A real tribute to Robbie Waters."

Many Sacramento City Council members attended the event, along with State Senate President Pro Tem

Daryl Steinberg and Nathan Dietrich, district director for Congresswoman Doris Matsui.

Waters said the \$15 million cost to build the library came from the City of Sacramento Community Reinvestment Capital Improvement Project Funds, Freeport Regional Water Authority Mitigation Funds, and City of Sacramento Council District 7 Discretionary funds.

Enhancement funds came from Roger and Carolyn Fong in memory of their daughter, Michele Fong Beam, First Five of California and Friends of the Pocket-Greenhaven Library.

"This is a happy day for Sacramento," Steinberg said. "This is an opportunity to be thankful. For a down economy, three new libraries opened this year. Three things make a library important: It is a place for people of all walks of life to gather, it provides access and exposure to institutions of education and it creates lifelong learners."

"I love this library," said Ian Briggs, an eleven-year-

old, who attends Matsumoto Elementary School and was busy using one of the new kids' computers.

Friends of the Library member Kathy Donovan said the new facility is a beautiful, fantastic place for the community.

"It is within walking distance for many people," Donovan said. "Another convenience is the Friends bookstore to the left at the entrance of the library that sells used books between 50 cents and a dollar and is open during library hours."

Yvonne Correa, who also said she is very excited that she can walk to the library in eight minutes, is look-

ing forward to bringing her grandchildren here.

"I appreciate the large print books," Correa said. "Your eyes don't work as well as you get older."

Many people who attended the opening celebration walked to the library from their homes, bringing kids and babies in strollers. There is a large bike rack for cyclists.

It didn't take but a few minutes, once inside the library, for people, old and young alike to start using the new facilities. Most of the computers in the adult section and the kids sec-

See Waters, page 27

Real Estate Home Loans



Business On The Square

**Purchase Refinance
Reverse Mortgages
Real Estate Sales**

Serving California Home Owners Since 1989

Scott Williamson

www.SacramentoMortgage.com

916-261-0499

Sacramento Mortgage Inc. Dept of Real Estate - Real Estate Broker 01235129

Buy or Sell, Your Home is My Business



Ilah Turner
GRI

Call 206-4016
DRE# 01278805



CONDO - Coming Soon

Quite 2 bedroom 1 bath condo in small association across from Del Paso Country Club. Gated with lovely community pool. Features dual pane windows, new interior paint, dishwasher and range just recently installed. Great for first time owners.

Real Estate Questions?
Visit my website. www.ilahturner.com



LAMINATE FLOORING • CARPETS • LINOLEUM • TILE • HARDWOOD FLOORS • VINYL • WALLPAPER • LAMINATE FLOORING • CARPETS
LINOLEUM • TILE • HARDWOOD FLOORS • WALLPAPER • LAMINATE FLOORING



Carpet & Floor Coverings

Specializing in Custom Room Floor Designs




"The ART GALLERY of FLOORS"

SACRAMENTO'S OLDEST FLOOR COVERING CENTER

LAMINATE FLOORING • CARPETS • LINOLEUM • TILE • HARDWOOD FLOORS • VINYL • WALLPAPER • LAMINATE FLOORING • CARPETS
LINOLEUM • TILE • HARDWOOD FLOORS • WALLPAPER • LAMINATE FLOORING

2300 Broadway
Sacramento, CA

Professional Installation
FREE Estimates

Financing Available on Approved credit

451-0114

- Sand and Finish
- Ceramic Tile
- Carpet
- Laminates
- Area Rugs
- Linoleum
- Wallpaper
- Vinyl
- Hardwood Flooring







LIC# 522078



Pocket News photo by Danny Kam

The LEED-nominated library opened Aug. 28 and cost \$15 million to build.

Waters

Continued from page 26

tion were in use. A woman with book in hand sat in a comfy chair, reading in the well-lit room, undisturbed by the lavrge crowds drifting through.

The special features of the library include:

Radio Frequency Identification, a time-saving device where embedded chips in the books and other materials allow the borrower to check out a stack of books all at once, without having to

scan each item individually.

A 72-seat community room for meetings and events. It has a built-in projector, sound system and a drop-down viewing screen.

Forty Internet-access computers, a Kid's Place where parents and caregivers are able to share stories, a Ready to Read Center that offers computers with early-learning software for children, ages eight years and younger and a Teen Room, with comfortable reading chairs, and computer stations.

Lots of smiling faces could be seen checking out the new library. As they perused the isles, there was a lot of "oohing" and "ahhing" over the many custom features available.

The Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Drive in Sacramento. Library hours are: 12 noon-8 p.m. Tuesday through Thursday; 1 p.m.-5 p.m. Friday; 9 a.m.-5 p.m. Saturday, Closed Sunday and Monday. Learn more by calling (916) 264-2700 or visit www.saclibrary.org.

See More Photos & Open House Schedule for my "Featured Homes" at:
GreenhavenPocketHomes.com

261 Audubon Circ - \$580,000! >
Large Elegant Custom 5bd 3ba in the Pocket Area's Audubon Park! Fam/media rm. Gourmet kitchen w/granite. Formal dining rm. Huge master suite, plus loft! 4-car tandem gar! Apx 3,505 sf*



< 7515 Salton Sea - \$229,900!
Pocket Area! 3bd or 2+Den, 2 bath, 1-story. Upd windows & roof. Living/dining rm combo. Lrg kitchen w/ brkfst area. Mstr suite w/walk-in closet. Near 3 parks, bike path & shopping.

6940 Westmoreland - \$310,000 >
Quality built by Paul Harris, well maintained 1-owner home! 3bd 2ba, family rm, 2 fireplaces, Many big-ticket updates including roof, dual-pane windows, heat & air, more! Gas cooking! Apx 1,907 sf*



* Per County records.

"Bill did a fantastic job in all aspects of selling our home in this market... total days on market was under 30 days! Bill is very professional and communicated with us constantly throughout the whole process. Thank you, Bill!" Naida Resmussen, Seller - S. Land Park Hills



Over 30 Years Experience - References
Greenhaven/Pocket Area Specialist
Masters Club, Outstanding Life Member

BILL BONNER
320-1888



Prudential

Dunnigan Real Estate

DRE# 00692245



GreenhavenPocketHomes.com

Funderland Amusement Park

www.Funderlandpark.com (916) 456-0131
Inland Park adjacent to the Zoo & Fairplex, P.O. Box 116 Ave. South, 95128

\$9.95 Weekday Wristband*

* Valid Wednesday thru Friday
Sept 8th - Oct 1st
Weekdays only

- ★ Ride one of our 9 Rides including the Dragon Coaster, Train, Log Ride, TeaCups & more!
- ★ Schedule a Birthday Party, Rental, or Academic Field Trip
- ★ Great New Food Menu
- ★ Facepainting by JILLIE, LuLu & FRIENDS

Value Coupon | Value Coupon

2 Tickets
FREE
with purchase of 10 tickets

Buy one
Cotton Candy
get one
FREE

Up to 4 free tickets. Cannot be combined with other offers. Expires 10/31/10. POC. Up to 2 FREE Cotton Candies. Cannot be combined with other offers. Expires 10/31/10. POC.

HeavenLy's Yogurt

- Self-serve yogurt
- Over 40 different flavors
- Over 70 different types of toppings!
- We host birthday parties or gatherings
- FREE tasting daily!!!
- Kids get first 4 oz. FREE every Friday from 4-8pm

www.HeavenLysYogurt.com

7600 Greenhaven Dr., #21
(916) 422-8120
Open Daily: 12pm - 10:30pm

5535 H Street, #10
(916) 455-6000
Open Daily: 11am - 10:30pm

FREE YOGURT
Get a FREE 8 oz. yogurt when you purchase 8 oz. or more of yogurt.
Limit 1 free 8 oz. yogurt per coupon.
One coupon per person per visit with coupon. Not valid with other offers. Exp. 09/30/10

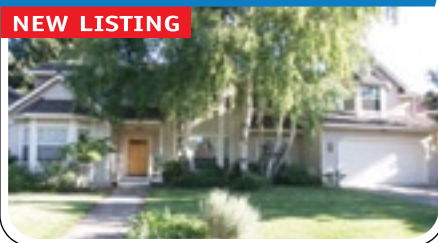
THE CLEAR CHOICE WHEN RESULTS MATTER

957 LAKE FRONT DRIVE \$725,000



SINGLE FAMILY, 5 BEDROOM, 3 BATH, APX 3303SF.
MARSHA CHAN 217-5500

261 AUDUBON CIRCLE \$580,000



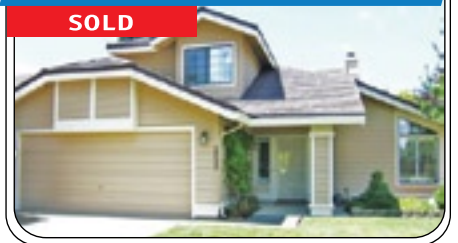
SINGLE FAMILY, 5 BEDROOM, 3 BATH, 3505SF.
BILL BONNER 320-1888

423 CEDAR RIVER WAY \$437,000



SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2517SF.
LYNN LUK LEE 628-2843

7752 ROBERTS RIVER WAY \$389,500



SINGLE FAMILY, 3 BEDROOM, 3 BATH, 2228SF.
NICK LAPLACA 764-7500

6451 SURFSIDE WAY \$359,500



SINGLE FAMILY, 3 BEDROOM, 3 BATH, 2151SF.
NICK LAPLACA 764-7500

6940 WESTMORELAND WAY \$310,000



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1907SF.
BILL BONNER 320-1888



**"Highest Overall Satisfaction
for Home Sellers Among
National Full Service
Real Estate Firms"**



For more information, visit jdpower.com

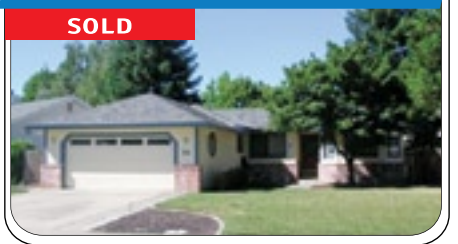
Prudential Real Estate Services, Inc. received the highest numerical score among full service real estate firms for home sellers in the proprietary J.D. Power and Associates 2010 Home Buyer/Seller Study™. Study based on J.D.P. total evaluations measuring 13 items and measures opinions of individuals who sold a home between March 2009 and April 2010. Proprietary study results are based on experiences and perceptions of consumers surveyed March-May 2010. Your experiences may vary. Visit jdpower.com

12 PEBBLE COURT \$319,500



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1778SF.
NICK LAPLACA 764-7500

94 HIDDEN LAKE CIRCLE \$285,000



SINGLE FAMILY, 3 BEDROOM, 3 BATH, 1604SF.
KARLA OPPLIGER 399-0478

7306 PEYTONA WAY \$275,000



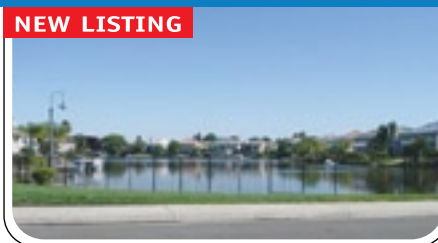
SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1644SF.
BOB WILSON 686-6868

7601 RUSH RIVER DRIVE \$249,000



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1740SF.
BOB WILSON 686-6868

7709 EAST PORT (LOT 40 EASTSHORE) \$245,000



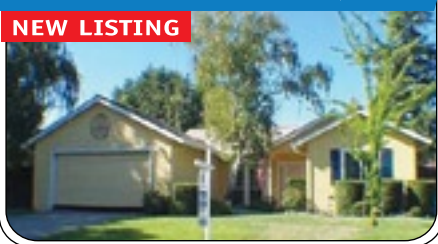
SINGLE FAMILY, LOT DIMENSIONS: 65 X 124 X 78 X 112
MARSHA CHAN 217-5500

7515 SALTON SEA WAY \$229,900



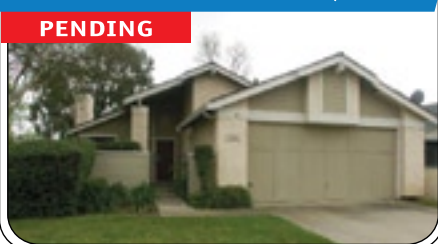
SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1232SF.
BILL BONNER 320-1888

44 CACHE RIVER CIRCLE \$219,500



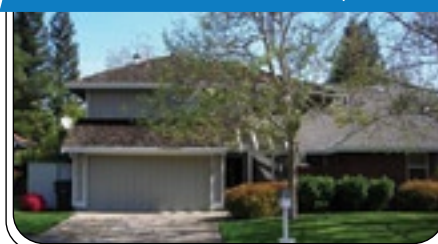
SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1180SF.
NICK LAPLACA 764-7500

500 COOL WIND WAY \$219,000



SINGLE FAMILY 3 BEDROOM, 2 BATH, 1143SF.
BILL BONNER 320-1888

7056 RIVERSIDE BLVD \$207,500



HALF-PLEX, 4 BEDROOM, 3 BATH, 1623 SF.
JOLEEN JARVIS 717-3559

405 ROUNDTREE COURT \$95,000



SINGLE FAMILY, 2 BEDROOM, 2 BATH, 1074SF.
KARLA OPPLIGER 399-0478

CLARKSBURG
999999 COURTLAND ROAD-\$400,000
NEW LISTING
22.140 ACRES
TERRY MULLIGAN 775-1908

DAVIS
3463 KOSO STREET-\$449,999
PENDING
SINGLE FAMILY, 4 BEDROOM, 3 BATH, APPROX. 2161SF
JERRY LANDRETH 502-0928

ELK GROVE
5121 GOLDEN GLORY WAY - \$370,000
NEW LISTING
SINGLE FAMILY, 4 BEDROOM, 3 BATH, APPROX. 3146 SF
MARY J LEE 425-3749

8978 BRADSHAW ROAD-\$299,950
ACREAGE, APPROX. 5 ACRES
BOB WILSON 686-6868

FAIR OAKS
4751 LLANO LANE-\$169,950
SINGLE FAMILY, 3 BEDROOM, 2 BATH, APPROX. 1208SF
BOB WILSON 686-6868

NORTH HIGHLANDS
6340 GARLAND COURT-\$99,000
SINGLE FAMILY, 3 BEDROOM, 2 BATH, APPROX. 1120SF
BOB WILSON 686-6868

ORANGEVALE
6900 ALMOND AVENUE #23-\$24,900
SINGLE FAMILY, 3 BEDROOM, 2 BATH, APPROX. 1296SF
KARLA OPPLIGER 399-0478

SACRAMENTO
6534 BENHAM WAY-\$369,500
PENDING
SINGLE FAMILY, 3 BEDROOM, 2 BATH, APPROX. 1639SF
NICK LAPLACA 764-7500

2940-2932 FREEPORT BLVD.-\$1,200,000
NEW LISTING
2 UNITS
TERRY MULLIGAN 775-1908

8736 WOODMAN WAY #C-\$99,900
PENDING
SINGLE FAMILY, 3 BEDROOM, 2 BATH, APPROX. 1191SF
DAVID OHARA 600-9495

3256 VIA GRANDE-\$98,500
PENDING
SINGLE FAMILY, 2 BEDROOM, 2 BATH, APPROX. 1054SF
GINA LAPLACA 548-1628

894 PARKLIN AVENUE-\$269,900
PENDING
SINGLE FAMILY, 3 BEDROOM, 2 BATH, APPROX. 1414SF
BILL BONNER 320-1888

989 FULTON AVENUE-\$45,000
CONDO, 1 BEDROOM, 1 BATH, APPROX. 624SF
KARLA OPPLIGER 399-0478

WALNUT GROVE
14744 WALNUT GROVE-THORNTON ROAD-\$1,149,000
VINEYARDS HOME, 2 BED, 3 BATHS, 2400 SF.
TERRY MULLIGAN 775-1908