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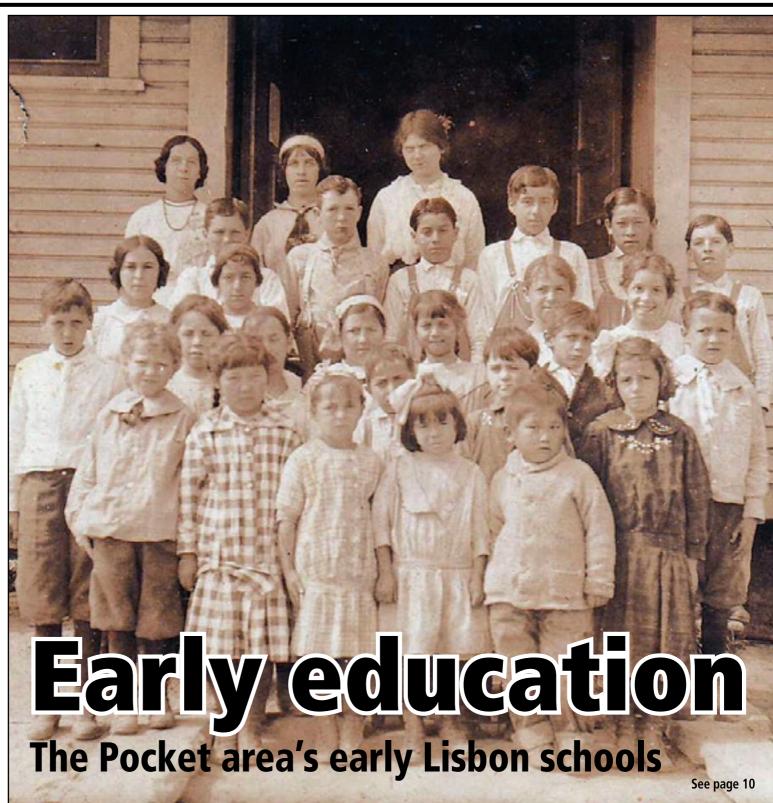
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# Sacramento Children's Home gets a helping hand

Employees from five Glidden Professional Paint Centers in the area volunteered to spend the day painting the Children's Crisis Nursery at the Sacramento Children's Home as part of AkzoNobel's "Global Color Week" on Oct. 7.

Existing murals were carefully preserved as walls and other items got fresh coats of paint. The result was a cheerful, colorful look that the volunteers hoped would allow the chil-

dren to experience color, joy, engagement and a sense of community.

Here, Jim Haynie and Tammie Butler prepare to "touch up" around an existing mural in the home.

"AkzoNobel Paints is committed to transforming the communities in which we live and work," said Eric Stasiowski, director of communications for AkzoNobel. "Through our volunteer efforts in Sacramento, we're excited to enhance the environment of the Sacramento Children's Home."





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# Kennedy High presents 'A Super Groovy Night's Dream'

Special to The Pocket News

The students at John F. Kennedy High School re-imagine William Shakespeare's "A Midsummer Night's Dream" as taking place in an American high school during the Age of Aquarius – hence, "A Super Groovy Night's Dream." The production opens Nov. 4 and runs through Nov. 13.

Audiences have seen numerous versions of Shakespeare's original work, but few will have seen a production quite as funny and clever as this – all while staying amazingly true to the original.

Set in a high school in 1969, there's a lot of tension between the various cliques: the jocks, the hippies, the drama club and the science club.

Principal Theseus, along with Vice Principal Hippolyta, decide to bring in Robin Goodfellow, a motivational speaker and conflict resolution expert, to calm things down. Using his nickname Puck, he arrives at the school just as Theseus and Hippolyta announce they are going to get married...at the Homecoming Dance. Better yet, they announce that they want the drama club, led by Bottom and Quince, to perform a play during the Homecoming weekend.

Puck has his job cut out for him as he mixes with each group of students.

He learns that science geek Helena still pines for fellow science nerd Demetrius, except that he now has a crush on the beautiful hippy girl Hermia.

But Hermia has a crush on star football player Lysander, who is being ostracized from the team because he's hang-

ing out with a hippy.

As Homecoming King Oberon complains to the jocks about the Homecoming Queen Titania, Puck interjects that they should talk to the science club, which has been experimenting with love potions.

The plot thickens with many interesting twists and turns as the students prepare for the all night "lock-in" at the school after the football game.

No doubt the bard himself would be smiling at this smart and witty retelling of his most famous comedy. It's funny, unique, and Kennedy High is the first high school in the area to present this work, written by Charlie Lovett.

"A Super Groovy Night's Dream" runs Nov. 4 – 6 and Nov. 12 - 13. Admission is \$5. Showtime is 7 p.m. in the main auditorium on the Kennedy High School campus, which is located at 6715 Gloria Drive in Sacramento. For more information, call (916) 433-5200.

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# Janey Way Memories



# Hoops at St. Mary's School



**By MARTY RELLES**Pocket News columnist
marty@valcomnews.com

Boom, boom, boom, boom.

I remember that sound as if it were yesterday: the sound of Dave Jurin bouncing his basket ball down the street. Soon it bounced right up to my house.

"Marty, let's go down and play basketball at St. Mary's," Dave said, and off we went to the school.

The baskets at St. Mary's did not reach the regulation height of ten feet. They stood only nine feet high. Better for us, as we had not reached our full height yet.

Nor were the courts regulation length. No matter, we usually played half court ball anyway: one-on-one to a score of 22 points. You had to win by four points or the game continued. Dave and I were equal in size and skill so we played very competitive games.

Soon, other kids arrived and awaited their turn to play. The winner of the first game played the next in line and so on. The loser sat out.

Dan Petrocchi often saw us and came over from his house on M Street. Don Agostinelli usually came over the fence from his N Street home as soon as he heard us playing. Jim Ducray played with us, as did Lou Viani.

If a total of four people showed up, we played twoon-two, half court basketball. If six showed up, we be-

gan playing a full court basket ball game.

We played basketball at St. Mary's almost year around. We didn't play in the rain or if it got real cold. Otherwise, we played daily, after school, before it got dark. As we had no coaching, we taught ourselves the "ins and outs" of competitive basket ball: dribbling, passing, shooting and defense. Later I utilized these skills in Catholic Youth Organization basketball. I did not play basketball in high school. I chose football instead, but the completion at St. Mary's was as intense as any organized competition.

When I grew taller, I learned to dunk the basketball on the 9-foot rims at St. Mary's. What a thrill that was to dunk the ball like Wilt Chamberlain did on television. I usually just did it in practice, but a few times I did it in actual games, to the "oohs" and "aahs" of my fellow competitors.

Sadly, I never could dunk the ball on a regulation 10-foot basket, but at St. Mary's I strutted my stuff.

We all did.

Dave had a smooth 10-foot jump shot. Dan drove hard to the basket to slam in lay-ups. Don dribbled practically through our legs to drive the hoop and score. We had some epic games.

I drove by St. Mary's School the other day, heading toward our family home on Janey Way. The baskets still stand exactly where we played 50 years ago. A new generation of children now play there.

I can still hear the sounds of the ball, the squeak of the shoes and the thump of bodies banging into one another. Another exhilarating Janey Way memory.

# 'That's-a Italian' – Authentic New York flavor at Giovanni's Pizzeria

By SUSAN LAIRD Pocket News editor susan@valcomnews.com

When displaced New Yorkers walk through the door of Giovanni's Old World New York Pizzeria in East Sacramento for the first time, it is not uncommon for them to stop dead in their tracks, inhale deeply and then reach in their pockets for their cell phones.

"Mom, İ've found pizza."

This reaction does not surprise John Ruffaine, co-owner of Giovanni's, in the least. It is something he has come to expect, and to reflect upon with pride as a native of Bedside, Brooklyn himself.

"I've had people literally cry at my counter because they were so happy," he said. "They walk in the door, and they know they've found a taste of home. They can tell just from the smell."

The sign on the building says "New York" pizza, and that is what John prepares for his customers every day. He is committed to providing Sacramento's pizza lovers with the "real deal."

"This is real Italian pepperoni," he said as he prepared a pizza pie. "And this is real mozzarella from New York. We don't throw dough here - we stretch it. Those guys who throw dough around aren't authentic. Nobody in New York or Italy does that."

John so enjoys making pizzas that customers sometimes laughingly accuse him of not wanting to hand it over to them. He seems to work with a perpetual smile on his face as he crafts each pizza. He is passionate about producing a pizza that is as New York as possible. He was taught by those in the know, in the Italian neighborhoods of New York. The recipes are Old World Italian.



Chris Rodrigues, daytime manager at Giovanni's Pizzeria, prepares three large pizzas for hungry



Pocket News photos, Tom Paniagua A "Pizza Rustica" is lovingly placed into the oven to bake to delicious perfection by John Ruffaine, the

"I made my first pizza when I was eight years old," he said. "I was helping my mom in the kitchen. Old time İtalians taught me, if you made a mistake you got more than just a payment if you know what I mean."

John with his wife, Jenny, and Carlo and Allison Grifone founded Giovanni's in 2001.

We're two Italian American families, and our families are from Salerno, Sicily and Calabra," he said. "A lot of what's on our menu is inspired from Southern Italy - it's actually what they use in their pizza. We don't use any enhancers. What you are getting is genuine flavor and texture. We use only the finest ingredients. If it's not made from scratch, it's imported from Italy or New York."

Sizes are larger than what most Sacramento residents are used to seeing. A large at Giovanni's is a generous 16 inches across - a good value for a hungry family.

A standard Pizza Pie is made with Giovanni's tomato sauce, mozzarella, extra virgin olive oil and spices (Large, \$17.95). The Little Italy is generously topped with meatballs, ricotta, garlic and spices (\$11.95 for small, up to \$24.75 for large).

"Giovanni" of Giovanni's Pizza.

Specialty pizzas are featured every three weeks.

"The specials focus on different regions of Italy," John said. "Those are true Neapolitan piz-

Customers can't get enough they are tremendously loyal.

"My mother is from New York and I've been out there lots of times. This is the closest thing around here to a real New York pizza," said Tony Brown, Sacramento resident and loyal customer. "Not to mention, I like the customer service. John treats you real well."

The pizzeria is large and spacious - intended for families and community gatherings.

"This is where baseball teams come after the game," John said. "It's where families gather. It's where a kid can get his first job and bring his first date. And I've seen that happen a lot in the last nine years."

"Giovanni" is Italian for John. His name, quite literally, is on the building. He is also known for his support of local schools and charities. Many a Giovanni's pizza has raised funds for a worthy cause.

"There's a lot of action behind what I do," John said. "My name is on the building. I care about this business and the community. We help everyone in the community. Those kids are the future."

Giovanni's Old World New York Pizzeria is located at 6200 Folsom Boulevard in Sacramento. A second location is at 5924 South Land Park Drive in Sacramento. Visit www.giosnypizza. com and their page on Facebook.



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# Sacramento resident sails into adventure with each Pacific Cup

**By MARC MALONEY** Pocket News writer

Sailing long distances on the Pacific Ocean, Michael Caplan says, is "hours of boredom punctuated by moments of sheer terror."

The boredom, Caplan said, includes spending hours on watch in some of the remotest spots on the globe, complete with hallucinations and some conversation with yourself, seeing one's life compartmentalized into only periods of light and periods of darkness, and repeated meals of the same tired pasta dishes and preserved canned banality.

At the other end of the seagoing spectrum are the otherworldly, sailors-only occurrences and interac-

tions that the landlocked will never experience: eyeball-to-eyeball meetings with whales, endless seascapes seemingly meant solely for the viewing pleasure of those lucky few on board to view them at that particular moment and latitude, and occasional moments of mortal terror.

Caplan, a Sacramento realtor and a member of the Rotary Club of Arden-Arcade, recently completed his sixth Pacific Cup, a yacht race that takes competitors 2,070 miles from San Francisco to the Kaneohe Yacht Club on the windward side of Oahu, Hawaii. Fifty-six boats participated in the 2010 event, the race's sixteenth running.

The Pacific Cup, Caplan explained, is a race primarily for amateur crews, unlike the Trans-Pacific Race, which is held in odd-numbered years and draws professional racers.

"In the Trans-Pac, the more money you have, the better your chances to win," he said. "The Pacific Cup is an amateur race, run usually with older boats and amateur crews, and there is an enormous recidivist rate. It really gets in your blood."

A 'water-oriented' bringing in paradise

Sailing got into Caplan's blood early; his family moved to Hawaii from Sacramento when he was just four.

"My whole recreational perspective was water-oriented. I learned to surf before I learned to swim," he recalled. "I started sailing when I was 12; one of my teenage jobs was sailing in Hawaii. The ocean became my comfort zone."

Caplan returned to the mainland for college and resettled in Sacramento. As soon as he felt he had the discretionary time he needed to be able to do so, he resumed sailing, first on San Francisco Bay, then on the Pacific Ocean. He entered his first Pacific Cup in 1990 and competed in the 2000, 2002, 2004, 2008, and 2010 races. Over the years, Caplan has helped oversee and supervise the race in a variety of roles, including once serving as race commodore, a post he recalls as being "a great deal of fun and very time-consuming."

### How the race was run

A veteran Pacific Ocean sailor, Caplan knows well the sea and its capriciousness. During one race, his boat went from upright to capsized in the blink of an

"One moment, it was fivefoot seas and a 25-knot breeze, and then around 3 a.m., a squall hit us. The winds went from 25 miles per hour to 55, and we went from upright and controlled to on our ear with the boat on its side," he said. "We went from tranquility to utter chaos in seconds."

Handling the challenges of the rapidly-changing seascape is the true test of a sailor's abilities, Caplan main-

"Usually during a race, there's a middle ground," he said. "You're on the edge, and anything can happen at any time, but you're managing it

See Caplan, page 9

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# **Caplan:** Adventurer has made eye contact with whales, seen Rembrandt-style sunsets

Continued from page 8

well. You're completely focused on this 30- to 50-foot long piece of flotation."

This year's race, Caplan said, was marked by poor sailing conditions, and the conditions influence how fast each race is run. During this summer's race, Caplan and his shipmates aboard the *Whistler V* took 16 days to complete the nearly 2,100-mile course; the boat he was on during the 2004 race finished in just 11 days.

"The conditions really were about as bad as you could imagine this year," Caplan said. "The weather was either calm or unfavorable. Our boat performed pretty poorly, and this race was just slow; even the fastest boats performed below capacity."

# All hands on deck (and in the galley)

Participating in six Pacific Cup races has given Caplan insight into how to assemble a crew for a race. The main trait he looks for in prospective crew members is reliability.

"Each person on that boat depends totally on every other person and their ability to perform," said Caplan. "And it's true what they say, a quiet boat is the most efficient boat."

Caplan also looks for people who are experienced ocean sailors, and possessing additional desirable skills like the ability to cook or prior medical training or experience, helps one's resumé. For the record, family ties hold no sway when Caplan is gathering his crew.

"My son-in-law is the only member of my family that I deem reliable enough for this," he said. "I hope that just he and I can go sailing one of these days."

For safety's sake, each boat in the Pacific Cup is required to carry certain amounts of potable water, provisions, anchors, feet of chain, and the like. Expecting the trip from San Francisco to Hawaii to take between 12 and 14 days, Caplan prefers to take provisions for 16 to 18 days, just to be safe. Caplan also supplements the provisions by fishing from the boat; during this year's Pacific Cup, he caught

and prepared four mahimahi. Even with the occasional fresh catch, meals and accommodations aboard the boat grow tiresome quickly, Caplan admits.

"There is no shower, no comfortable way to sleep, so you basically race all day, eat, crash, and wait until you're called for your next watch," he said. "As far as food, we have each crew member bring in his or her favorite dish frozen, and we eat those first. Then we get into the fortified protein shakes, pasta, Vienna sausages, Spam, that sort of thing."

### The things you see at sea

Asked about his most memorable moments and sights on a boat, Caplan recalls seeing living "Rembrandt paintings" stretch out before him at sunset, scenes so beautiful that exhausted crew members would interrupt their hardearned naps to take them in.

He remembers feeling like his "whole soul had been sucked up into the Milky Way" one night under the stars. He tells of flying fish and flying squid inexplicably landing with a plop on the deck of the boat and of birds lighting on one of the ropes or rails and hitchhiking for

days. Perhaps most stirring are the encounters with whales.

"They make eye contact with you, and you're looking at them and they're looking back at you, and you can't help but wonder, 'What the hell is this animal thinking?"

Unfortunately, Caplan also has seen how human thoughtlessness is impacting the oceans.

"I've observed a lot of trash in the open ocean: ropes, parts of fishing nets, and of course plastic bottles and other plastic things," he said. "It's really discouraging and disheartening. The nets and ropes are the most disheartening objects, since they can trap fish, dolphins, and turtles."

Caplan credits his Hawaiian upbringing for his fondness for the ocean and its inhabitants.

"The ocean has always been dear to me; chalk it up to being raised on an island in the middle of the Pacific," he said. "Spending time 'out there' just strengthens the commitment to preserving our natural resources. I think that most of us that sail feel similarly."



Photo courtesy

Sacramento resident Michael Caplan loves to sail the Pacific Ocean from San Francisco to Hawaii. His voyages have involved encounters with flying fish, squid and whales.

### **Dear Pocket Area Voters:**

### **INTEGRITY MATTERS**

Especially when someone is running for school board. As parents and residents of the Greenhaven - Pocket neighborhoods, we are extremely disappointed in the tactics of Darrel Woo, candidate for Sacramento City Unified School District, Board Area 6.

### IT IS SIMPLY A MATTER OF INTEGRITY.

On repeated occasions, Mr. Woo has claimed to be a "teacher." While we appreciate the flexible definition of the word "teacher," we are troubled by the fact that a school board candidate would take the best definition and apply it in the worst way – for self-promotion. By any honest standard, Mr. Woo is not a teacher. He has no teaching credentials. He does not earn his living by teaching. We believe that by claiming the occupation and status of "teacher," Mr. Woo is trying to deceive voters into believing he is uniquely qualified.

By all accounts, Mr. Woo is a decent man. However, with his deceptive claims, Mr. Woo diminishes himself. The integrity of our school board is critical. Our community deserves honesty - not deception.

Respectfully Yours, Concerned Parents and Residents: Simon Chan • R.E. "Bob" Graswich • Cynthia Chye • Thomas T. Okimoto • Arleen S. Okimoto • Danny Royster • Brian Lewis • Ervin W. Barnes, Jr • Fred Bloom

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The original Lisbon School in the lower Pocket was a converted barn that was in operation from about 1884 to 1904. Shown second to right in the photograph is the school's teacher, Miss Agnes Devine.



The Lower Lisbon School, which replaced the converted barn/original Lisbon School in the Pocket, is shown in this c. 1912 photograph.

# isbon schools served early Pocket area students

By LANCE ARMSTRONG lance@valcomnews.com

Editor's Note: This is the first article in a two-part series featuring the history of the Lisbon schools of the Freeport and Pocket areas.

The history of elementary schools in the Pocket area reached a special anniversary this year, as the predecessor to the first

- first opened its doors to its students 140 years

The name Joseph S. Miller (born José Souza Neves) is synonymous with this early school, which was located toward Babel Slough in the area known as Freeport in Yolo County, directly across the Sacramento River from the Pocket area.

This one-room schoolschool in the area - Yolo house opened on May 4,

County's Lisbon School 1870 on donated land on a corner of the Glide Ranch, about two miles north of the St. Joseph's Catholic Church.

> Miller, who was born on March 6, 1822 in the Azores Islands of Portugal and was the original Portuguese person who settled in the Freeport (Yolo County) area, was a neighbor of J.H. Glide, a large landowner in the area.

> Because more people were settling in the Freeport area, there became a need for a school to educate the area's children.

Miller was not new to the idea of starting a school, since he had previously had a log cabin-type school building constructed on his property and he hired teachers to instruct his children in this structure.

This school building, however, was not large enough to support a new school for the growing area's children.

Lisbon School District formed

Because of this, Miller formed the Lisbon School District, which had a larger. one-room schoolhouse built that was nestled next to the levee in order to avoid floodwaters.

Originally the school consisted of primarily Portuguese students ranging from first through sixth grades.

Later, a second room was added to the schoolhouse to accommodate eight grades.

During this era, most children attending the school walked to school on an unpaved road atop the levee.

The school was suspended on very rainy days, since the children could not navigate the muddy road for any great distance.

### Student transportation

Among the children attending this school was a young girl who rode several miles to school on her horse. Sacked hay was tied to the side of the horse, so it could be fed throughout the school day.

Additionally, three children rode to school in a horse and small child's buggy that also carried hay.

The buggy would be unhitched and the horse would be placed in a stall in a shed-type structure, which was located in front of the school and closer to the levee.

Some children from the Pocket area were rowed across the river or crossed on the Glide free ferry to attend the school while their parents were involved in farming on both sides of the river.

Among the teachers at the school were: Mr. Raindollar (primary grades),

McLaughlin, Mrs. Foley, Arthur Mills, Mrs. Masterson, Miss Day, Miss Mathews, Miss Marshall, Miss Lighthouse, Miss Reasoner, Miss Lightcap, Julia McWilliam (grades 1-4 from 1894-1900) and Maggie McWilliam (grades 5-8 from 1890-1900).

Julia and Maggie Mc-William, who were sisters, boarded with the Kirtlan family in the Freeport area, and other teachers boarded with the Contente family, who resided about a mile north of the Kirtlan's ranch.

### First ethnic school

On Jan. 21, 1873, a group of Portuguese-Americans, led by Manuel E. DaCosta, petitioned the Sacramento County Board of Supervisors to establish their own school district.

Due to the large influx Portuguese-American families, who had settled in the Pocket area in the early 1850s, there was a need for a school in the Pocket area that would serve the children of these families.

Among these families were the DaCostas, the Waxons, the Perrys, the Garcias, the Peters, the Williams and the DeCos-

See Lisbon, page 11

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# **Lisbon:** Some students walked to school atop the levee, some 'buggy-pooled'

Continued from page 10

tas (no direct relation to the DaCostas).

When the school opened in the 1870s, it became the only ethnic public school in the Sacramento area. This status continued until 1945.

The first schoolhouse in the Pocket area was a converted barn that was located near the drainage canal in the southeast portion of the Pocket.

This school was the first Lisbon School and was later known as the Lower Lisbon School when a second Lisbon School, known as the Upper Lisbon School, was opened in about 1890.

Providing education for students of the first Pocket area school was its teacher Miss Agnus Devine.

Pocket native Dolores Greenslate said that her grandmother, Clara Perry, used to tell her stories about walking to the first Lisbon School.

"I remember my grandmother speaking of walking to school on top of the levee for about a mile and she would have to come down from the levee across the fields and sometimes she couldn't maneuver it because of the mud. On such occasions during the wintertime, she would have to turn around and return home. I asked her if she was disappointed that she couldn't go to school and she said, 'No, I enjoyed staying home more, so I could come home to a warm house and do what I wanted to do."

### The Edwards Break

This first Lisbon School continued to serve local schoolchildren until the 1904 flood, known as the Edwards Break, which destroyed the school and flooded the area with about 5 or 6 feet of water.

Following the flood, a temporary schoolhouse was constructed on the Rogers ranch, about three-quarters of a mile north of the demolished school.

Manuel Ferreira, the carpenter of the Pocket area who was known as "Shopinha" and local farmers constructed a shed-like building to be used as a temporary school.

An old stove was transported to the structure and classes were resumed at the school, which was taught by Mr. McCormick.

McCormick, who lived in a cabin near the school on the Rogers ranch, continued to teach at the school until about 1906.

Sometime from about 1907 to 1909, students from the temporary school were transferred to the newly-built Lisbon School – later known as the Upper Lisbon School – which was located in the area of today's Park Riviera Way.

The students from the lower part of the Pocket continued their education in this school until 1909, when the new Lower Lisbon School, a one-room schoolhouse, was built near the original barnstructure Lisbon School.



Photo courtesy of PHCS

The newly-built Lower Lisbon School is shown in this 1909 photograph. The rural atmosphere of the area is evident by the dog on the left side of the photograph and the chicken on the right side of the photograph.

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Photos courtesy of John McKinney

# **Emergency Preparedness** Fair well attended

By SUSAN LAIRD Pocket News editor susan@valcomnews.com

Close to two thousand Sacramento area residents attended the Emergency Preparedness Fair held on Oct.

The first 400 attendees received complimentary emergency kits until supplies ran out. Everyone who attended received information on how to prepare for a disaster, whether by fire, flood, earthquake or via a medical or financial emergency. The key is to be as prepared as possible.

Attendees had the opportunity to speak with members of Sacramento DART (Drowning Accident Rescue Team), the Sacramento Fire Department, the Sacramento Police Department Neighborhood Watch, and members of the National Guard who landed an Army National Guard HH60 rescue helicopter on a nearby field.

The event was sponsored by the Church of Jesus Christ of Latter-day Saints Sacramento Stake, Councilmember Bonnie Pannell, Councilmember Robbie Waters, County Supervisor Jimmie Yee and the Sacramento Office of Emergency Services.



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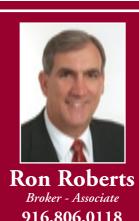
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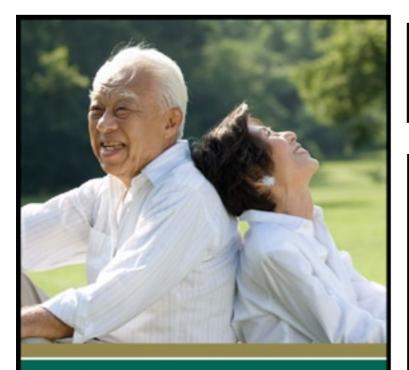
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### Faces and places

# Harvest time fun

Pocket News photos by DANNY KAM

As the weather turns cooler and leaves turn to russet and gold, so too do little folks and their families turn to all things pumpkin. These families enjoyed a weekend at the Bastiao Farms Goblin Gardens Pumpkin Patch on El Centro Road in Sacramento.















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# St. Francis High not afraid to lead with 'Willy Wonka: The Musical'

Pocket News editor susan@valcomnews.com

St. Francis High School brings innovation to the fore once more, with its production of "Willy Wonka: The Musical" that will open on Nov. 3 and runs through Nov.

The all-girls Catholic high school, which has developed a national reputation for excellence in the arts, draws students from the entire region: Sacramento, El Dorado Hills, Auburn, Woodland, even Fairfield. It regularly enlists boys to try out for male roles in its performing arts productions. In a pursuit of faith, excellence, leadership and service, the school seems to be stepping out to try something rather daring this season.

The school is performing a musical in the fall.

While this may not seem rather remarkable on the surface, this flies in the face of conventional wisdom. Most of the other high schools in the region do their high school plays in the fall, and their musicals in the spring.

One of the reasons for this is so the judges for the Ellys can view all of the plays in each category, evaluate performances and cast ballots.

St. Francis has garnered its fair share of Ellys in past years. By switching its schedule, it runs the risk of being forgotten in the running with judges. However, the school is taking the view that there is more to life than awards. It's about doing the right thing for students, the audience and the work itself.

"Performing a cal in the fall, instead of the spring gives us more time to rehearse, as a musical needs extra time for the music and choreography," said Cheryl Watson, performing arts department chair at St. Francis. There is less conflict with other events and concerts that happen in the spring. Musicals tend to be larger casts and with less events, there are fewer conflicts. We also have more time to build the set and props."

According to Watson, St. Francis "never chooses a play or musical with regard to Elly judges. Shows are chosen for



WILLY WONKA: THE MUSICAL is St. Francis High School's stunningly unusual offering for fall entertainment. The production is expected to sell out. Left to right, C.K. McClatchy senior Jake Murphy (Willy Wonka), St. Francis freshman Julia Rehwald (Charlie) and McClatchy senior Niles Swinney (Grandpa Joe).

the value they provide to our students, production staff, St. Francis community and general audience, never for any award

It's a daring and refreshing move. Wheth-

appreciated by members of SARTA remains to be seen. It will be a grand experiment.

With an eye to producing a quality musical, this year's offering by St.

er such chutzpah will be Francis should be outstanding.

"Willy Wonka: The Musical" will be familiar to audiences who enjoyed the classic film

See Wonka, page 23





### **Wonka:** Outreach shows to local schools sold out

"Willy Wonka and the Chocolate Factory" (1971). There are several familiar songs, and there are new favorites.

In the play, a young boy named Charlie Bucket becomes one of several youngsters competing to win "a year's supply of chocolate." What Charlie, his Grandpa Joe and the others do not realize is that Wonka is seeking an heir to his chocolate empire. A tour of the chocolate factory is laced with delicious temptations designed to test the characters of all.

The St. Francis production features four young men in lead roles. Jake Murphy, a senior at C.K. McClatchy High School, plays the title role of Willy Wonka. Grandpa Joe is played by Niles Swinney, also a senior at McClatchy. The roles of Mr. Bucket and Mr. Salt are played by Matt Pritchard and Cameron Tapella, both seniors at Jesuit High School.

Charlie Bucket is played by Julia Rehwald, a freshman at St. Francis.

"It's fun and the whole cast gets along," Rehwald said. "Rehearsals are fun and it's a great cast. I was nervous at first being a freshman but not any more."

"I am doing the show with my brother who goes to Jesuit and it's really fun sharing this with him," said freshman Stephanie Maro, who is in the ensemble. "It's fun to watch him onstage having a great time in something new."

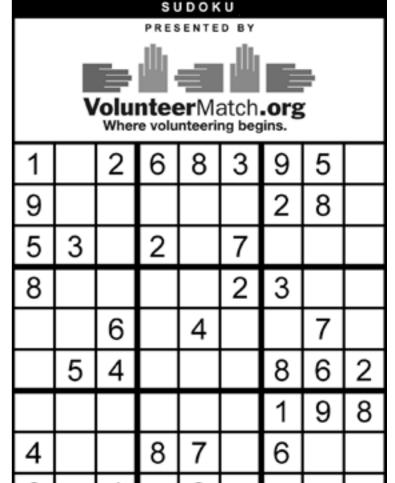
Over 100 young people are working on the production, and over 120 students auditioned for the 50 roles in the musical. The musical will feature flying effects and a full student orchestra.

Two outreach shows to local elementary and middle school students have sold out. Over 1,000 students and teachers will attend.

The interest in the outreach was phenomenal," Watson said.

It will be interesting to see how this production fares in the memories of Elly judges when nominations are posted next fall. Until then, however, be prepared enjoy one of the most spectacular offerings of the fall. After all, this production was planned with quality for the audience in mind.

Willy Wonka: The Musical" opens with a gala night celebration on Nov. 3 at 7:30 p.m. (\$25 general that night only). Regular performances are at 7:30 p.m. on Nov. 4, 5, 6 and Nov. 12 and 13. There is one matinee performance at 1:30 p.m. on Nov. 13. Admission is \$10 students and \$15 general. Tickets are expected to sell out quickly, so visit www.ticketguys.com as soon as pos-



Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

See answers page 28



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475 Florin Road (at Gloria Dr.) • 428-8449 Sunday Worship Service: 10:15 am Bible Class & Sunday School: 9:00 am Angels Nest Pre School 2 yrs. - 5 yrs.

### Faith Presbyterian Church

625 Florin Road (adjacent to Kennedy High in Greenhaven/Pocket) • 428-3439

A community loving Christ, building disciples, serving all

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### PARKSIDE COMMUNITY CHURCH

"Open & Affirming Congregation" Sunday Worship Service: 10:30 am Bible Class: 9:00am

5700 South Land Park Drive & 35th Avenue 421-0492

### Riverside Wesleyan Church

6449 Riverside Blvd. • 391-9845

Sunday School: 9:15am • Sunday Worship: 10:30am • Wed. Evenings 6:30pm (Youth) AWANA (Children's Ministrey) • Youth - Jr. High - Sr. High

### **Greenhaven Neighborhood Church**

630 Ark Way • 422-8253

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October is 'Breast Cancer Awareness Month'

# Sacramento's 'Albie Aware' provides needed help to breast cancer victims

**By CINDY LOVE** Executive director, Albie Aware, Inc. Pocket News guest columnist

I have a favorite picture in my office of my husband, Jack, dressed up like a cowboy when he was five years old. His demeanor is very serious. He appears to be ready to take on any upcoming cowboy situation. Several years ago our son, Bryan, who also happens to adore this picture, used it for a sales brochure with the slogan, "There's a new Sheriff in town."

The little boy in this picture inspires me. He is a reminder that, though you may be small, you can do big things.

Albie Aware, while not exactly the new sheriff, is a local breast cancer foundation serving women and men in this community. Albie Aware (sounds like "I'll be Aware") was created in memory of Albie Carson who lost her battle with breast cancer on July 4, 2002. Our focus is a little different than the big, national breast cancer organizations.

Our mission is to save more lives and empower people with breast cancer through awareness, education and support. We help

provide direct services such as mammograms, MRIs, PET and PEM scans to people who do not have insurance, or who need assistance in covering their co-pays. We also help with medication and treatment co-pays. But that's not all.

Albie Aware reaches out to under served and low income people by teaching the importance of early-detection and screening, patients' rights to those who do have cancer, and the importance of counseling and emotional support during and after treatment. When people are diagnosed with breast cancer, they often find their world turned upside down. We attempt to inform them of their available community resources.

Our foundation is just over six years old and last year we met our goal of serving and reaching out to 1,000 women. Yet we are just beginning. The gap between the need for - and the availability of breast cancer services is wider than ever. To date, our foundation has been solely funded by our fundraising efforts and donations. Our community partners and collaborations



The late Albie Carson. Albie Aware is a local breast cancer foundation that was founded in memory of Albie, a Sacramento resident who lost her battle with breast cancer in 2002. The organization served over 1,000 women

are critically important to our future success. If you have available resources that you would like to share, or if you would like to participate in one of our many fundraisers, we welcome you. Our website is www.albieaware.org, or you can call me at (916)927-

And, by the way, if you are in my neighborhood and find yourself in need of a little inspiration, stop by. I have a cute little cowboy to show you.

# **California Automobile Museum hires new curator**

Special to Pocket News

The California Automobile Museum announced the recent hiring of Nathan Smith as museum curator on Oct. 14.

Smith joins the California Automobile Museum as curator with a bachelor of arts in historic preservation and German from the University of Mary Washington in Fredericksburg, Va., and a master of arts in museum studies from The George Washington University in Washington, DC.



Nathan Smith is the new curator Museum in Sacramento.

"The Museum has a great of the California Automobile foundation in automotive history, and an amazing corps of

volunteers," Smith said. "I'm excited to build on the work they do every day and to share their passion for automotive history, and to connect that history to other significant developments in our culture over the past two hundred or so years."

In the course of his studies, Smith completed internships at the Fredericksburg and Spotsylvania National Military Park, the National Building Museum, and the Petersen Automotive Museum.

One of a long line of car aficionados, his great-great grandfather was a Mitchell, Oakland, and Hudson dealer beginning in 1915 and his grandfather is a recent past president of the Society of Automotive Historians. Smith comes from a long line of educators and considers himself an educator first and foremost. He looks forward to sharing his passion for history with the community.

Smith learned to drive in an El Camino and is known to spend his spare time exploring new areas behind the wheel of his '65 Corvair.

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OR anyone interested in becoming a home owner. FREE seminars on Oct. 14,23,28; Nov. 6,11,13. On site loan pre-approvals available. Bring with you: 1 mo. pay stubs; 2 mons. bank stmts; 2008/2009 W2s tax returns; 12 mons. cancelled rent cks (if available). 1100 Corporate Way in Pocket area. RSVP as seating is limited. Clarissa @ (916) 955-3673.

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Call Melissa at 429-9901 and place your ad today!



# **Greenhaven Soccer receives grant for \$10,000**

Special to The Pocket News

Greenhaven Soccer received a grant for \$10,000 from Councilmember Robbie Waters. The councilmember donated the funds from his City Council discretionary funds.

"This donation is the largest that our club has ever received," said Shane Singh, president of the Greenhaven Soccer Club in an email to youth team members and their families. The contribution is significant, according to Singh, because the popular youth soccer club incurs great expenses in order to play. City fields in public parks have to be rented, and the park use fees are considerable.

"The donation will allow us to defray some of those charges," Singh said. "It will also allow us to continue with some of our programs, including the free summer camp and training sessions for our players/coaches. We are very grateful to Robbie Waters for this extraordinary and generous gift."

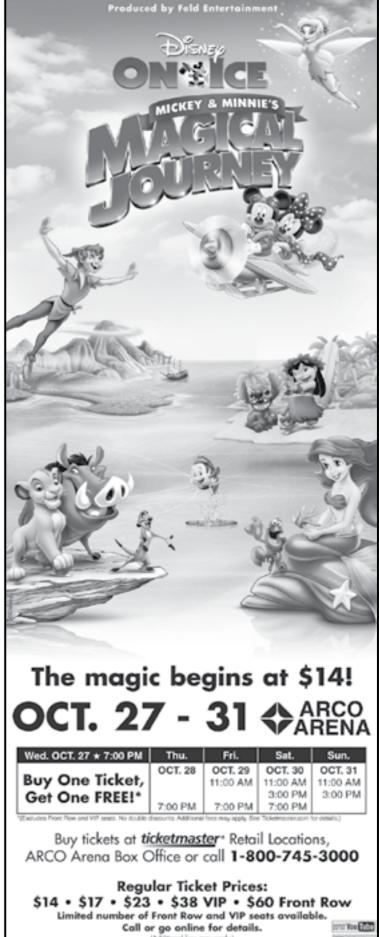
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# CALENDAR

For more Calendar entries visit www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

### OCTOBER

### **Beginning bridge lessons**

Through Dec. 7: Learn party bridge procedures with the Greenhaven Community Bridge Group. Lessons on evaluating hands, bidding, card play and coaching, keeping score, partner support strategies. Become more comfortable and confident in playing bridge socially. Meet new people; bring a spouse, friend or neighbor. All are welcome. \$10 for materials. 7 p.m.-9 p.m. Greenhaven Lutheran Fellowship Hall, 475 Florin Rd. (across from Kennedy High School). Dale or Barbara, (916) 424-3925

### 'Wayne Thiebaud: Homecoming'

Through Nov. 28: Exhibit of Sacramento's most famous artist, Wayne Thiebaud, as he begins his 90th year, Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum

### 'Tomorrow's Legacies'

Through Jan. 9: "Tomorrow's Legacies: Gifts Celebrating the Next 125 Years." Exhibit celebrating the Crocker Art Museum's 125th anniversary and 125,000 square foot expansion. 216 O St., Sac. (916) 808-7000, www.crockerartmuseum

### 'A Pioneering Collection'

**WESTERN LIGHTS -**

"Bluegrass and Beyond"

Dinner & Live Music Concert

Elks Lodge #6

Saturday, October 23

Come out to Elks Lodge #6 for a great evening

of fun and entertainment including dinner and

a live concert by Western Lights. If you like

fine bluegrass, some classic Bob Wills-type

Western Swing, and a little bit of everything in between, come to see the

Tickets \$22

Dinner starts at 6pm, House Concert at 7:30pm

Tickets are available in the Lodge office. Call Cathy at 916-422-6666 or

go to www.elks6.com or www.myspace.com/westernlightsmusic

6446 Riverside Blvd. Sacramento, CA 95831

show and bring your dancing shoes.

Through Feb. 6: "A Pioneering Collection: Master Drawings from the Crocker Art Museum." The finest early collection of European drawings in the U.S. Works by Dürer, Fra Bartolommeo, van Dyck, Fragonard and Ingres. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum

### 'The Vase and Beyond'

Through Feb. 6: "The Vase and Beyond: The Sidney Swidler Collection of the Contemporary Vessel." Comprised of some 800 vessels by 300 artists, this collection showcases the wide-ranging, innovative practice of contemporary ceramic artists with a gorgeous array of forms, techniques and glazes, Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum

### **Big Band Dance**

Oct. 21, 28, Nov. 4, 11, 18, 25: Dance to the rhythms of the Big Band era. Every Thurs. \$5 admission. 1:15 p.m.-3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

### **Food Addicts Anonymous**

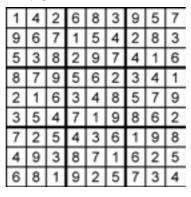
Oct. 21, 28, Nov. 4, 11, 18, 25: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church. 6201 Spruce Ave., Sac. (800) 600-6028.

### 'Jazz Up Your Life' concert

Oct. 21: The Sacramento City College Jazz Band will present its premier fall concert, playing everything from swing and Latin to funky jazz. Free. 7 p.m. SCC Student Center, 3835 Freeport Blvd., Sac. Ron Knable (916) 558-2515

# Soduku answers

From page 23



### **Living Positive with Chronic** Disease group

Oct. 21, 28, Nov. 4, 11, 18, 25: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays, 5:30 p.m. - 7 p.m. Starbucks. 1401 Alhambra Blvd., Sac. Danea Horn (503) 319-4247

### **Rotary Club of East Sacramento**

Oct. 21, 28, Nov. 4, 11, 18, 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 12:15 p.m.-1:15 p.m., every Thurs. Salvation Army Dining Hall, 2550 Alhambra Blvd., Sac. www.rotary.org

### **Rotary Club of Pocket/** Greenhaven

Oct. 21, 28, Nov. 4, 11, 18, 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs, Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

### **Sutterville Heights Optimist Club**

Oct. 21, 28, Nov. 4, 11, 18, 25: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Cliff (916) 427-2698 or Mary-Jo at (916) 691-3059

### **Toastmasters**

Oct. 21, 28, Nov. 4, 11, 18, 25: Improve your language skills and lose fear of speaking in front of people with Toastmaster club Los Oradores. Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores de la organizacion de Toastmasters. Thursdays/Jueves, 6:45 p.m. 2118 K St., Sac. Teri Bullington (916) 723-6232, teri.bullington@gmail. com, www.sacramentotoastmasters.com

### **Genealogy meeting Identity theft prevention**

Oct. 22: Robert Lane, a veteran money manager with Ironstone Bank and himself a victim of identity theft, will present steps you can take to prevent identity theft and what you can do if you are a victim. Free. 3 p.m. Belle Cooledge Library, 5600 South Land Park Dr., Sac. (916) 264-2920 www.saclibrary.org

### **Harvest festival**

Oct. 22: Enjoy crafts, food, games and entertainment at the Harvest Festival hosted by Matsuyama Elementary School. Free admission. 4 p.m.-7 p.m. 7680 Windbridge Dr., Sac. (916) 433-5535

### Lantern cemetery tour

Oct. 22, 23, 29, 30: Get into the "spirit" of the season. Costumed docents tell the stories of historic and notable cemetery residents by lantern light as you venture further into the shadows of the Sacramento Historic City Cemetery. Bring your imagination and a flashlight. \$30, tickets must be purchased in advanced. Tours commence at 6 p.m., 8 p.m., and 10 p.m. Cemetery main gate, Broadway & 10th St. Parking available across the street. Visit www.oldcitycemetery.com for information on purchasing tickets. (916) 448-0811

### **Rotary Club of Point West**

Oct. 22, 29, Nov. 5, 12, 19, 26: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Red Lion Inn, 1401 Arden Wy., Sac. www.pointwestrotary.com

### Safe Halloween: Monster Mash

Oct. 22-24: Children can participate in a costume parade, hands-on activities and free photos. 17 candy stations. "Frankenswine" theater and more. 5 p.m.-9 p.m. \$7 members, \$10 nonmembers. Fairytale Town, 3901 Land Park Dr., Sac. (916) 808-7462 www.fairytaletown.org

See more Calendar, page 30

# - EVENT LISTING SECTION

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

Cristo Rev High School Open House Sunday, Oct. 24, 10 a.m. -Noon For Prospective Students & Their Families

- Tour the campus Speak with administrators/teachers/ students
- Sign up for Jan. 22 placement test & a Shadow Day. We're AFFORDABLE, Private,

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Greenhaven Animal Hospital **OPEN HOUSE** Saturday, October 23 11 a.m. to 3 p.m Pets Welcome. Raffles

A Silent Auction will be held to help VCA Charities in their efforts to support pets and their families around the world.

1 Valine Court (916) 391-3677

www.vcagreenhaven.com

### **DELTA KING** WINE SCHOOL

November 3, 10 & 12 November 3 & 10 just \$79.00 November 12, Wine & Dinner \$79.00

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### THE CRANES ARE BACK!" **Sandhill Crane Festival**

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November 5-7, 2010

Wine tasting, art show Children's activities Exhibits & demos. FREE!

Visit website for Schedule & **Register NOW for tours** www.cranefestival.com 1 800 581-6150

Holiday Craft Faire

Mission Oaks

Saturday, November 6 9 a.m. - 3 p.m. FREE

**Mission Oaks Community Center** 4701 Gibbons Drive, Carmichael

VENDORS INVITED - Call NOW! 972-0336 MORPD.com

SACRAMENTO EMBLEM BUDDHIST CHURCH OF FLORIN CLUB'S ANNUAL HOLIDAY OYAKO DESIGNER EVENT CRAFT AND GIFT SHOW

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**CALL AND PLACE YOUR EVENT TODAY!** Call (916) 429-9901



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### Greenhaven

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# CALENDAR

www.valcomnews.com

# TOUGH ENOUGH TO CARE

Residents in Long-Term Facilities need your help!

### **VOLUNTEER FOR:**

- Advocacy Services
- Promoting Rights
- Abuse Investigations



State Certified Training Begins November 1, 2010 Ombudsman Services of No. Calif.

Email Donna: dwong@osnc.net

### Sacramento Emblem Club's - Annual -

### **HOLIDAY CRAFT & GIFT SHOW**

Unique Gifts One-Of-A-Kind Crafts Good Food at Reasonable Prices



Vendor/Space Info: 916-686-0347

Saturday, November 13, 2010 • 9am - 4pm

SACRAMENTO ELKS LODGE #6 • 6446 Riverside Blvd., Sacramento, CA 95831 

### **Soroptimists of Sacramento**

Oct. 22, 29, Nov. 5, 12, 19, 26: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

### Autumn roses garden tour

Oct. 23: Experience the glorious colors of autumn at the Sacramento Historic City Cemetery. This garden tour, led by Lifetime Master Gardener, Anita Clevenger, celebrates the beauty of the change of seasons in the internationally acclaimed cemetery gar-

dens. 10 a.m. Free, but donations gratefully accepted. Cemetery main gate, Broadway & 10th St. Parking available across the street. (916) 448-0811

Oct. 23, 30, Nov. 6, 13, 20, 27: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800)

### 2nd annual Doggie Walk-a-thon

Oct. 23: "Dogs Making a Raquet." Walk your pooch around McKinley Park. Pet

### "The Cranes Are Back"

14th Sandhill Crane Festival Hutchins Street Square, Lodi November 5-7, 2010

Activities/demos for the entire family! Tours sell out - Register Now!

Program Schedule & Registration at www.cranefestival.com (800) 581-6150

# **Food Addicts Anonymous**

### **Urban Farm Stand**

(916) 438-3352

Exhibit

Wine

Tastino

Oct. 23, 30, Nov. 6, 13, 20: Soil Born Farms' newest urban agricultural project, a farm stand featuring seasonal, local and organic fruits and vegetables. Saturdays through Nov. 20 from 9 a.m.-1 p.m. www. soilborn.org

agility demos, doggie costume contest, ten-

nis activities, more. Fun walk in 1K or 2K

number of dogs). 9 a.m.-11 a.m. Benefits

Friends of McKinley Park Tennis and the

Youth Development Network. Rain date:

Safetyville USA Halloween Haunt

Oct. 23: 19th annual harvest festival event

for families with children of all ages. Live entertainment, climbing wall, magician,

more. Admission \$6. Every paid admission

includes \$2 in complimentary tickets good

for food, drinks or games. 11 a.m.-4 p.m.

Safetyville USA, 3909 Bradshaw Rd., Sac.

paths. \$20 with or without dogs (varies with

### **Banned Book Club**

Oct. 24: "Harry Potter and the Sorcerer's Stone" by J.K. Rowling will be discussed. All adults welcome to discuss why this book has been banned, why and the merits/demerits of the book. 10 a.m. Carmichael Public Library, 5605 Marconi Ave., Carmichael. (916) 264-2920 www.saclibrary.org

### **Co-Dependents Anonymous**

Oct. 24, 31, Nov. 7, 14, 21, 28: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

### **Community Sunday breakfast**

Oct. 24, 31, Nov. 7, 14, 21, 28: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m, every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

### **Co-Dependents Anonymous**

Oct. 25, Nov. 1, 8, 15, 22, 29: 12-Step group for those who struggle to maintain healthy relationships. Meets Mondays. 7:30 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

### Hatha yoga

Oct. 25, Nov. 1, 8, 15, 22, 29: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.-4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

### **Rotary Club of South Sacramento**

Oct. 25, Nov. 1, 8, 15, 22, 29: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

### Tai Chi & Chi Keung

Oct. 25, Nov. 1, 8, 15, 22, 29: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

### **Toastmasters**

Oct. 25, Nov. 1, 8, 15, 22, 29: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.-8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Jan (916) 284-4236, www.sacramentotoastmasters.com

# Real Estate Home Loans



Festival Artist:

Patricia Theobald Payne



**Scott Williamson** 

www.SacramentoMortgage.com

Sacramento Mortgage Inc. Dept of Real Estate - Real Estate Broker 01235129



**OPEN HOUSE** Join Us! Saturday, October 23 11am to 3pm

Food, Fun & Games!

A Silent Auction will be held to help VCA Charities in their efforts to support pets and their families around the world.

**Check out our website for more** special offers!

www.vcagreenhaven.com

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### **Advance Healthcare Directives seminar**

Oct. 26: If you were to suddenly experience a serious health crisis and were unable to speak, who would speak for you? Mercy San Juan will share important information to help you prepare your advance healthcare directive. Free. 6 p.m.-7:30 p.m. Mercy Physicians Plaza, Lukens Auditorium (Suite 150), 6555 Coyle Ave., Carmichael. (916) 864-5678

### **Basic English language class**

Oct. 26, Nov. 2, 9, 16, 23, 30: Non-native English speakers can improve English language proficiency. Free. Every Tues. Practice reading, writing, listening and speaking English with others in the class. Through Dec. 14. 6 p.m.-8 p.m. Belle Cooledge Library, 5600 South Land Park Dr., Sac. (916) 264-2920 www.saclibrary.org

### **Big Band Dance**

Oct. 26, Nov. 2, 9, 16, 23, 30: Dance to the rhythms of the Big Band era. Every Tues. \$5 admission. 1:15 p.m.-3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

### **Dance Movement Therapy** Classes

Oct. 26, Nov. 2, 9: Cancer patients and survivors are invited to dance movement therapy classes taught by Nandi Szabo, a registered dance movement therapist. Free. Tuesdays through Nov. 9. Two times available: 10:30 a.m.-12:30 p.m. or 6:30 p.m.-8:30 p.m. Sutter Cancer Center, 2800 L St., Sac. Call (916) 529-1079 or email zoefotoni@comcast.net to register.

### **Medicare counseling**

Oct. 26: Health Insurance Counseling & Advocacy Program (HICAP) offers free, unbiased information and assistance with Medicare problems, help with health and longterm care insurance. HICAP does not sell, endorse, or recommend insurance. Appts. every Tuesday with John Gallapaga, call (916) 376-8915 to schedule. For appts. in Spanish, call Marta Erismann at (916) 231-5110.

### Rotary Club of Arden-Arcade

Oct. 26, Nov. 2, 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

### **Rotary Club of Carmichael**

Oct. 26, Nov. 2, 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m. Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

### **Sacramento Clean Tech Showcase**

Oct. 26: SARTA's 4th annual Sacramento Clean Tech Showcase is the region's largest event, highlighting the Clean Tech sector's innovators, investors, educators and companies. Exhibits, networking, speakers. Free. Sacramento State University Union, 6000 J St., Sac. (916) 231-0770 info@ CleanStart.org

### **Soroptimists of Sacramento South**

Oct. 26: Soroptimist International of Sacramento South, a service club for business and professional women, meets second and fourth Tuesdays. 12:15 p.m. Aviators Restaurant, Executive Airport, 6151 Freeport Blvd., Sac. www.soroptimistsnr.org

### Family music program

Oct. 27, Nov. 3, 10, 17: Children, ages 3 to 7, are invited to join neighborhood favorite Mr. Cooper for 30 minutes of music time. Entire family welcome. 4 p.m. Belle Cooledge Library, 5600 S. Land Park Dr., Sac. (916) 264-2920 www.saclibrary.org

### **Seniors & medication**

Oct. 27: Bill Reilly, general manager of Broadway Long Term Car Pharmacy, will discuss ways of handling medication challenges that are common among seniors. Seniors & families welcome. Free. 6 p.m. The Chateau at Carmichael Park senior living community, 7125 Fair Oaks Blvd., Carmichael. (916) 481-7105

### **Senior Wednesday Club**

Oct. 27, Nov. 3, 10, 17, 24: The Senior Wednesday Club meets to chat, play bridge, pinochle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Judi (916) 247-6020

### **Toastmasters**

Oct. 27, Nov. 3, 10, 17, 24: All area business people invited to hone their speaking skills. Noon-1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

### Car wash fundraiser

Oct. 30: Get your dirty vehicle sparkling clean at this car wash fundraiser for the John F. Kennedy High School Marching Band. \$5. 7:30 a.m.-12:30 p.m. Kennedy High School parking lot, 6715 Gloria Dr. Sac. (916) 433-5200





Enjoy an evening with your family, friends and community!"



A Safe & Free Event for the Entire Community.

### See More Photos & Open House Schedule for my "Featured Homes" at: GreenhavenPocketHomes.com

1329 Sharon Way - \$239,900 > In Rio Park's unique "Countryin-the-City" setting. 3bd 2ba w/ fam rm. Exposed wood flooring in entry, living rm, hall & bdrms. Upd roof & dual pane windows. RV/Boat access & pad. More!





< 7515 Salton Sea – PENDING! Immaculate 3bdrm or 2+Den. 2 bath, 1-story. Upd windows & roof. Living/dining rm combo. Lrg kitchen w/ brkfst area. Mstr suite w/walk-in closet. Near 3 parks, bike path & shopping!

6940 Westmoreland - \$299,900 > Quality built by Paul Harris, well maintained 1-owner home! 3bd 2ba, family rm, 2 fireplaces, Many big-ticket updates including roof, dual-pane windows, heat & air, more! Gas cooking! Apx 1,907 sf\*



"Bill was very professional in all aspects of selling our home. His friendly manner and great communications eased our apprehensions. We will recommend Bill to any of our friends."

Don & Helene Costan, Sellers - Greenhaven Area





Over 30 Years Experience - References Greenhaven/Pocket Area Specialist Masters Club, Outstanding Life Member

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- Over 70 different types of toppings!
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- FREE tasting daily!!!
- Kids get first 4 oz. FREE every Friday from 4-8pm

7600 Greenhaven Dr., #21 (916) 422-8120 Open Daily: 12pm - 10:30pm

5535 H Street, #10 (916) 455-6000 Open Daily: 11am - 10:30pm

### **FREE YOGURT**

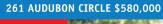
on per person per visit with coupon. Not valid with other offers. Exp. 11/30/10



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6451 SURFSIDE WAY \$359,500

SINGLE FAMILY, 3 BEDROOM, 3 BATH, 2151SF NICK LAPLACA 764-7500



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1907SF. **BILL BONNER 320-1888** 

12 PEBBLE COURT \$299,500



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1778SF NICK LAPLACA 764-7500

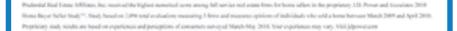
7306 PEYTONA WAY \$260,000



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SINGLE FAMILY, 3 BEDROOM, 2 BATH, APX 2003SF KARLA OPPLIGER 399-0478



SINGLE FAMILY, LOT DIMENSIONS: 65 X 124 X 78 X 112 MARSHA CHAN 217-5500

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1644SF. **BOB WILSON 686-6868** 



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1406SF. **BILL BONNER 320-1888** 



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1232SF. **BILL BONNER 320-1888** 



NICK LAPLACA 764-7500



KARLA OPPLIGER 399-0478

### **CLARKSBURG**

RYDER ROAD-\$400,000

**TERRY MULLIGAN 775-1908** 

### COURTLAND

11167 RIVER ROAD-\$500,000 **NEW LISTING** 5,000 ACRES

TERRY MULLIGAN 775-1908

### DAVIS

3463 KOSO STREET-\$449.999

**SOLD**SINGLE FAMILY, 4 BEDROOM, 3 BATH, APPROX. 2161SF

JERRY LANDRETH 502-0928

### **ELK GROVE**

5121 GOLDEN GLORY WAY - \$330,000 SINGLE FAMILY, 4 BEDROOM, 3 BATH, APPROX. 3146 SF MARY J LEE 425-3749

### 3608 PACIFICA LANE-\$319,900

### **NEW LISTING**SINGLE FAMILY, 4 BEDROOM, 3 BATH, APPROX. 2561 SF

LYNN LUK LEE 628-2843

8978 BRADSHAW ROAD-\$299,950 ACREAGE APPROX 5 ACRES BOB WILSON 686-6868

### 9045 DEVON CREST WAY-\$200,000

**NEW LISTING**SINGLE FAMILY, 4 BEDROOM, 3 BATH, APPROX. 2045 SF DAVID OHARA 600-9495

### FAIR OAKS

4751 LLANO LANE-\$169,950 STNGLE FAMILY, 3 BEDROOM, 2 BATH, APPROX, 1208SE BOB WILSON 686-6868

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NEW PRICE
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KARLA OPPLIGER 399-0478

### **SACRAMENTO**

### 6534 BENHAM WAY-\$369,500 PENDING SINGLE FAMILY, 3 BEDROOM, 2 BATH, APPROX. 1639SF

NICK LAPLACA 764-7500

2940-2932 FREEPORT BLVD.-\$1,200,000

TERRY MULLIGAN 775-1908

4856 10TH AVENUE-\$175,000 **NEW LISTING**SINGLE FAMILY, 2 BEDROOM, 1 BATH, APPROX. 960 SF

**DAVID TULLEYS 530-315-0126** 

5801 JACINTO AVENUE-\$194,500

**NEW LISTING**SINGLE FAMILY, 3 BEDROOM, 2 BATH, APPROX. 1417 SF TERRY MULLIGAN 775-1908

3256 VIA GRANDE-\$98,500 SINGLE FAMILY, 2 BEDROOM, 2 BATH, APPROX. 1054SF **JOLEEN DUNNIGAN 717-3559** 

### 7655 DYER COURT-\$229.000

NEW LISTING
SINGLE FAMILY, 5 BEDROOM, 4 BATH, APPROX. 2752 SF
JOLEEN DUNNIGAN 717-3559

14744 WALNUT GROVE-THORNTON ROAD-\$1,149,000 VINEYARDS HOME, 2 BED, 3 BATHS, 2400 SF.

### TERRY MULLIGAN 775-1908

WEST SACRAMENTO 2772 ROVEN COURT-\$315,000

# NEW LISTING SINGLE FAMILY, 3 BED, 3 BATHS, 2820 SF.

**JOLEEN DUNNIGAN 717-3559**