

Congregation B'nai Israel has roots dating back to the Gold Rush

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Marty Relles presents
'Janey Way Memories'

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Remembering Sacramento's Charles Silva

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Portuguese patriarch

Manuel Garcia, Sr., Pocket's marinas and Garcia Bend Park

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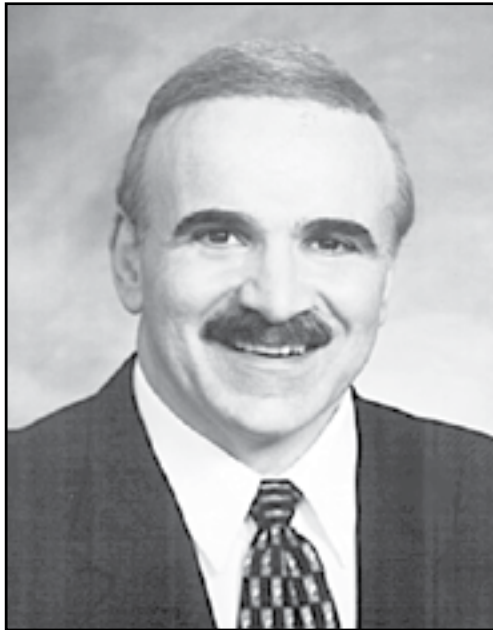
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Soil Born Farms' 'Harvest Sacramento' is a win for all

By **JULIE FOSTER**
Pocket News guest columnist

Millions of dollars worth of fruit are hidden in plain sight in Sacramento trees. And by 2008, East Sacramento resident Mary McGrath grew tired of seeing the free food go to waste. As a girl growing up in Omaha, the bright orange color and sweet taste of an orange was a treat. Jolted into action by this childhood memory, Mc-

Grath and her husband, Robin Aurelius, took action.

"We really felt disgusted to see oranges in the gutters waiting for garbage pick up each week," she said. "Both of us thought it was terrible to waste good fruit, especially when people in our town were going hungry."

The couple identified fruit tree owners in their neighborhood and those wanting to donate their fruit. They recruited

friends and neighbors to pick fruit on two weekends. Harvested fruit was donated to the Sacramento Food Bank & Family Services.

In 2009, the idea expanded and became a food access program of Soil Born Farms. It was dubbed Harvest Sacramento under the leadership of Soil Born Farm's Food Access Coordinator Randy Stannard. The program is seeking volunteers for the upcoming har-

vest season to serve as harvest coordinators, harvest leaders and harvesters. Two events are scheduled for anyone interested in learning more.

On Friday Dec. 3 from 5:30 p.m. to 7 p.m., there will be a fundraiser and information session for Harvest Sacramento at the Sierra 2 Center.

A training session for volunteers will be held on Saturday,

See *Soil Born Farms*, page 14

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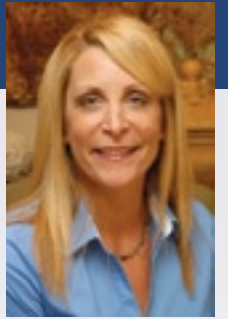


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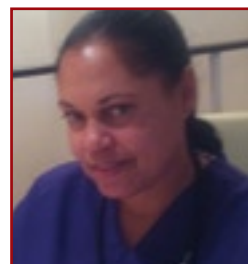
John W. Cole Sr.

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Run to Feed the Hungry brings home a sense of community joy

By **SUSAN LAIRD**
Pocket News editor
susan@valcomnews.com

Thanksgiving Day is a joyful time as friends and families gather to count their blessings and bask in the warmth of companionship and comfort food.

However, recent years have seen an upswing in families who must economize on the traditional feast, due to the economic downturn. Many working families – who are typically givers in the community – are either under- or unemployed. They must economize on every meal, just to get by.

According to the most recent report released by the USDA (“Household Food Security in the United States”), 85 percent of American households were “food secure throughout

the entire year, meaning that they had access at all times to enough food for an active, healthy life for all household members. The remaining households (14.6 percent) were food insecure at least some time during the year.”

That’s one out of every seven families. Of those families in need, nearly six percent had tightened the belt – literally. One or more household members reduced their food intake and “eating patterns were disrupted at times during the year because the household lacked money and other resources for food.”

Fortunately, it is possible to do something positive that benefits everyone – both the giver and the



The 17th Run to Feed the Hungry is expected to draw some 30,000 people this Thanksgiving morning. Proceeds will directly benefit Sacramento families in need.

See Run, page 5

Photo courtesy of Sacramento Food Bank & Family Services

Native Sacramentan Pocket/Greenhaven **SPECIALIST**



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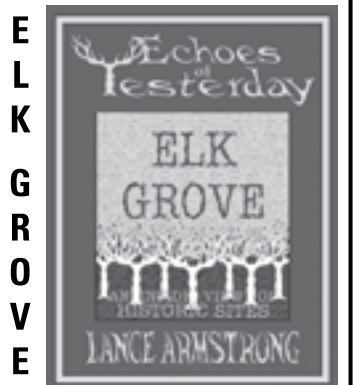
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Run: Proceeds from the event directly benefit local families in need

Continued from page 4

receiver – this holiday season.

The Sacramento Food Bank & Family Services is taking registrations online for its 17th annual Run to Feed the Hungry. This event began in 1994 with only 800 runners. It now ranks as the Sacramento Valley's largest annual run and fun run/walk. In 2008, some 28,000 participants ran and walked to raise \$750,000 to provide food and needed services for Sacramento residents in need. Last year, the numbers swelled to 30,000. Similar numbers are expected this year.

"The Run to Feed the Hungry is 25 percent of our budget," said Kelly Siefkin, communication and development director at Sacramento Food Bank & Family Services. "So this event is significant."

The 17th annual Run to Feed the Hungry will be held, rain or shine, on Thanksgiving morning, Nov. 25. The race starts

just west of the entrance to the Sacramento State campus and runs through East Sacramento. Registration is available online at www.RuntoFeedtheHungry.com. Fees are \$35 for adults and \$20 for children ages 15 and under. Timed runners pay \$5 more. Race day registration is 7:30 a.m. to 9 a.m. Timed 10K runners start at 8:45 a.m. Timed 5K runners start at 9:05 a.m., and all untimed 5K fun run/walkers will follow behind the 5K start.

The Run to Feed the Hungry is Sacramento's largest and most popular Thanksgiving Day event. Families and friends gather to run the 10K portion of the race, or to walk the 5K section. The atmosphere is happy, festive and hopeful.

Participants agree: a little exercise is good for the body before enjoying a Thanksgiving meal...which will taste even better when one knows that the morning's activities went to help neighbors in need.





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Correction:

The article "Science, Technology, Engineering and Mathematics Fair opens opportunities for St. Francis students" published on Nov. 4 misidentified Lora Anguay as a project manager at Aerojet. She is a project manager for SMUD.



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Photo courtesy

Meetings held throughout Sacramento will help residents continue to prepare for flooding emergencies.

Sacramento city leaders invite residents to attend disaster preparedness meetings

Special to Valley Community Newspapers

The City of Sacramento Department of Parks and Recreation Neighborhood Services Division continues its series of public meetings throughout the City to discuss disaster preparedness.

"These meetings are designed to help residents understand the risks of flooding and how they can best be prepared," said Vincene Jones, Neighborhood Services Division manager for Department of Parks and Recreation.

The City-County Office of Emergency Services, Sacramento Area Flood Control Agency, City of Sacramento Fire and Police Departments will be in attendance at these events, as well as the Department of Utilities and Animal Care Services. The groups will share information with residents about emergency preparedness and flooding risks in Sacramento.

"Sacramento is a city surrounded by levees and while much of our City has been removed from the floodplain, there is still a risk of flooding. It is something that all of us should be aware of and prepare for," Jones said. "I encourage residents to come, be safe and flood ready."

The final two meetings are Nov. 29 and Dec. 2. Details are listed below.

Disaster Preparedness Meetings Monday, Nov. 29

Location: Theodore Judah Elementary School
Address: 3919 McKinley Blvd., Sacramento
Meeting Time: 6:30 p.m.

Wednesday, Dec. 2

Location: Thomas Jefferson Elementary School
Address: 2929 Belmar Street, Sacramento
Meeting Time: 6:30 p.m.



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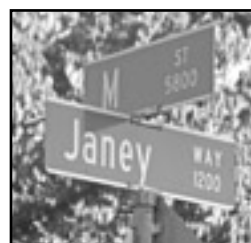
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Janey Way Memories



A Relles Family Thanksgiving



By **MARTY RELLES**
Pocket News columnist
marty@valcomnews.com

For the Relles family, Thanksgiving usually included football.

My uncle George Relles coached football at Sacramento High when I was growing up, so every year our whole extended family attended the "turkey day" football game at Hughes Stadium. Back in the 1950s and '60s, the whole town showed up for this Thanksgiving Day classic. As many as 15,000 fans filled the stadium for this big game between local high school rivals Sacramento and C.K. McClatchy.

Uncle Ross Relles usually arrived early to reserve seats for our whole family. Prior to the game, the marching bands of both schools paraded out onto the field to play the national anthem. Then the teams poured out onto the field: Sac in its dark purple and white uniforms and McClatchy in red and white. These contests were usually hard-fought and exciting, and when they were over, we were hungry.

So then, we piled into our cars and headed over to Grandma Petta's house on 14th Avenue for our Thanksgiving celebration. She had a wonderful old house that featured a full size lot on one side that had a garden, an old barn and a chicken coop – providing lots of room for kids to run wild.

The living quarters of her home sat on the second floor with a full house basement below. The basement included a pantry filled with the food which Grandma canned; a cooking area with a Wedgewood stove and an antique wooden ice box; Grandpa Petta's wine making room; and an old circular washing machine complete with a ringer for drying out the laundered clothes. Her basement was also piled with old furniture and other items family members hoarded making it a perfect place for children to explore.

Grandpa, however, had other ideas and usually did all he could to expel us from the basement when we snuck down there to play.

The back yard had a full size swing set with a tall slide for the kids to play on. Going to Grandma's house provided lots of play time for all the twenty children in our extended family. We always looked forward to those times.

By 4 p.m., Grandma Petta had set the extended dining room table and adorned it with Thanksgiving dinner with all the trimmings: turkey, her famous rice stuffing, mashed potatoes and gravy, peas, slices of her homemade bread and salad with dressing made from olive oil and Grandpa's own wine vinegar. After dinner came desert – pumpkin pie piled with whipped cream. Then, while the adults drank coffee and conversed at the big table, the kids went out for more raucous play.

By the end of the day, totally satisfied and utterly exhausted, we headed home.

I will never forget the fun we had celebrating Thanksgiving at Grandma Petta's house – another heart-warming Janey Way memory.

Preserve good health by canning food properly

Special to The Pocket News

Home canning of fruits and vegetables is regaining popularity thanks to the economic downturn and a growing interest in eating locally grown food. A downside to this practice is that if food is preserved improperly, consumers may become ill or die, according to University of California Cooperative Extension nutrition advisors.

If practiced properly, home canning is a safe method for preserving food. The canning process involves placing foods in jars and heating them to a temperature that destroys the microorganisms that cause food to spoil. During this heating process, air is driven out of the jar and as it cools a vacuum seal is formed. This vacuum seal prevents air and microorganisms from getting back into the jar.

If tested recipes are not followed, food-borne microorganisms can survive and they will spoil canned foods. Worse, consumers can get botulism from eating improperly home-canned foods. Botulism is a rare, but serious paralyzing illness caused by a nerve toxin produced by the bacterium *Clostridium botulinum*. Botulism can kill if not promptly treated.

There are two safe ways of canning food – the boiling water bath method and the pressure canner method. Boiling water is used with high-acid foods such as fruits. A pressure canner must be used with foods such as vegetables, meats and combinations containing these foods such as salsa or spaghetti sauce. Tested recipes and guidelines must always be followed to ensure safe home-canned foods.

“It is very important to follow scientifically tested canning instructions to avoid illness,” said Susan Algert, UC Cooperative Extension nutrition advisor for Santa Clara County.

“The boiling water bath method is safe for fruits, jams, jellies, pickles and other acidic preserves,” she said. In this method, jars of food are completely covered with boiling water (212 degrees F at sea level) and heated for a specified amount of time.

High-acid foods such as peaches naturally have a pH of 4.6 or less and contain enough acid to prevent the growth of *Clostridium botulinum*. High-acid foods can be safely canned using the boiling water bath method.

“Certain foods, such as tomatoes, pears and figs, have a pH value close to 4.6 and must have acid added to them to lower the pH enough to use the water bath method,” Algert said. The pH can be lowered by adding commercial lemon juice or powdered citric acid.

When canning homemade salsa or other tomato products, Algert recommends following a scientifically tested recipe and using commercially bottled lemon juice to increase the acidity.

“You can’t use juice squeezed from a fresh lemon because we don’t know exactly how acidic the juice is,” Al-



Home canning is a safe method for preserving food. Knowing the safe way to preserve foods is important, however, because improperly “canned” goods can become toxic. Photo courtesy

gert said. “Commercial lemon juice meets a standard acidity.”

To can low-acid vegetables such as green beans without a pressure cooker, the vegetables must first be pickled using a recommended recipe to ensure the final acidity is too high for *Clostridium botulinum* to grow.

Clostridium botulinum can form spores, a heat tolerant form of the bacteria that can survive boiling. If spores survive because of inadequate processing, they can revive and allow the bacteria to grow and produce toxins. *Clostridium botulinum* thrives in low-acid foods like meats and vegetables and in the absence of air in canned foods.

“The only safe method of preserving vegetables, meats, poultry and seafood to prevent botulism is pressure canning,” Algert said. “These low-acid foods require heating to at least 240 degrees F for a time specified for each product. This temperature can only be reached using a pressure cooker.”

To ensure safety of home canned goods, she recommends using new lids to ensure a tight seal and following scientifically tested instructions.

For more information about safely canning food, visit the University of California’s Food Safety website at http://ucfoodsafety.ucdavis.edu/Consumer_Advice and the USDA National Center for Home Food Preservation website at <http://www.uga.edu/nchfp>

Watch a video of safe canning tips at http://stream.ucanr.org/preserving_fruit/canning_safely.html

Low-acid foods:

- + meats
- + seafood
- + poultry
- + dairy products
- + all vegetables
- + combination products using these foods

High-acid foods:

- + most fruits
- + properly pickled vegetables

Foods that require added lemon juice for boiling water bath canning:

- + figs
- + pears
- + tomatoes

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Pest detection pooch retires

Special to Valley Community Newspapers

Retiring pest detection dog Tassie will have time on her paws to smell the roses.

Despite her big heart and talented nose, Tassie, a nine-year-old Lab mix, has reached the mandatory retirement age for pest detection dogs. She was honored by the Sacramento County Board of Supervisors with a resolution on Tuesday, Nov. 9.

Rescued from an animal shelter in Florida, Tassie began her career working for Customs and Border Protection at the Port of Long Beach sniffing out foreign plant pests. She was then assigned to Plant Protection and Quarantine working domestic cargo detecting destructive wood borers and hitchhiking snails. In early 2009, Tassie was reassigned to the Sacramento County Agricultural Commissioner's office as part of their Pest Exclusion Team.

Alongside her handler Jennifer Berger, Tassie worked throughout the region inspecting over 10,000 unmarked packages containing plant material that could have led to infestations and devastating economic loss to the agricultural industry and untold damage to the environment. Tassie intercepted numerous non-native insect pests from Hawaii, prohibited meat from Nigeria, and helped alert Fish and Game authorities to animal shipments of non-native snakes and fish.

Tassie received special recognition from California Department of Food and Agriculture Secretary A. G. Kawamura for intercepting an illegal shipment of curry leaves and guavas that were infested with Asian citrus psyllid, a tiny exotic pest that is capable of transmitting a devastating disease that could have threatened California's \$1.88 billion citrus industry.

Tassie has a nose that knows and is described by her handler as a workaholic.

"It's great to work with an animal that is so excited and ready to do her job," Berger said. "Tassie is always in a good mood and shows up to work wagging her entire body."

As the department and program ambassador, Tassie has attended many outreach functions and showed off her skills with demonstrations to raise public awareness of the threat from invasive pests and disease.

Tassie also co-stars in a YouTube video produced by CDFA: <http://www.youtube.com/watch?v=p32hAyVO4XM>

Tassie will live with her new adoptive parents in Pleasant Hill, spending time going on walks, chasing tennis balls, and playing with her favorite toy, a pink squeaky hippo.

Tassie's replacement is expected to report for duty in January, 2011.



Photo courtesy
Handler Jennifer Berger and Tassie, a Lab mix, worked throughout the region, sniffing out dangerous agricultural pests and illegal shipments of non-native snakes and fish.

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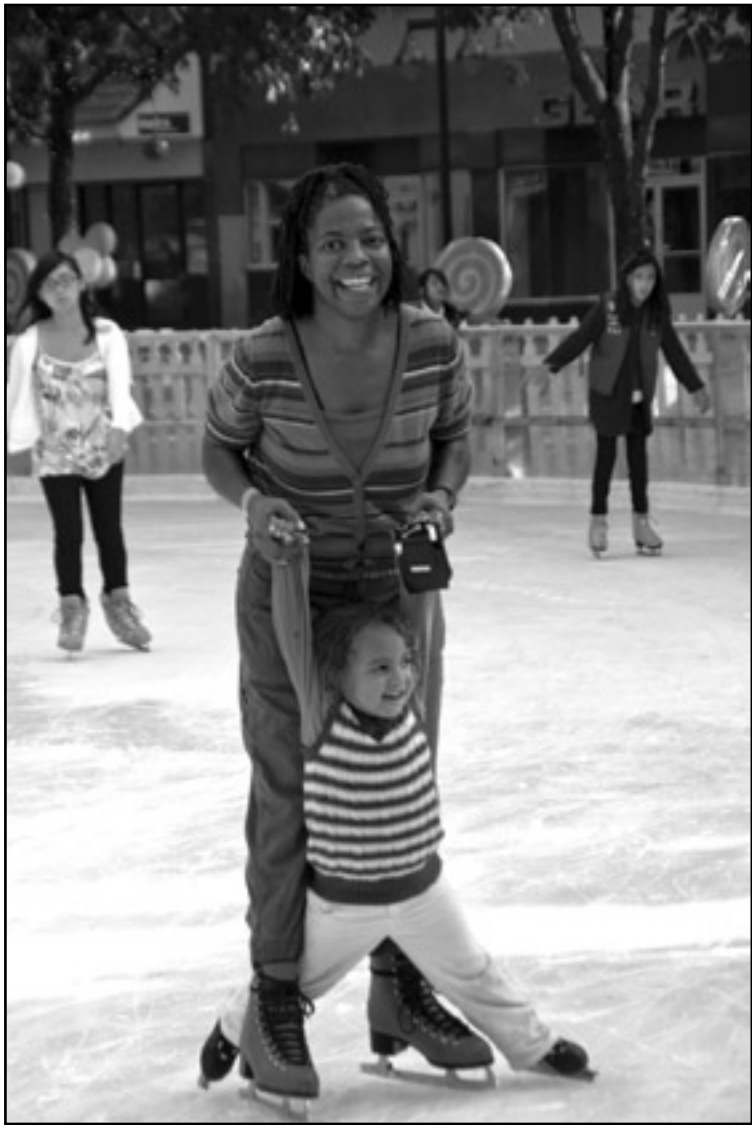
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Faces and places Downtown Plaza Ice Rink open

East Sacramento News photos by DANNY KAM

Friday, Nov. 5 marked the grand opening of the 19th annual Downtown Plaza Ice Rink with a ribbon cutting and free admission all day.

The rink is now open daily through Jan. 17. Ice Rink Admission is \$8 for a two-hour skating session. Skate rental is \$2. The ice rink accepts cash only, so come prepared.

The rink is located at St. Rose of Lima Park, 7th and K streets. Regular hours are 12 noon to 8 p.m. Sunday – Thursday, and 10 a.m. to 10 p.m. Friday and Saturday. Holiday hours are 10 a.m. to 10 p.m. Dec. 13–31, 10 a.m. – 6 p.m. Christmas and New Year's eves, Closed Christmas Day, and open New Year's Day from 12 noon to 8 p.m.

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Congregation B'nai Israel has roots dating back to the Gold Rush

By LANCE ARMSTRONG
Pocket News writer
lance@valcomnews.com

For more than a half a century, Congregation B'nai Israel has had a temple in Land Park that has been a very important place for the local Jewish community. The site, however, is only part of the rich history of the congregation's presence in Sacramento.

The roots of Congregation B'nai Israel, in fact, date back to the great Gold Rush of California.

During this time in history, Jewish immigrants arrived in Sacramento mainly from Germany and Poland. Others arrived from Russia, England and France.

Of these early Jewish immigrants, Moses Hyman, who resided at 56 Front St., is recognized as the first Jewish leader in Sacramento.

Congregation B'nai Israel was established in 1852 as an outgrowth from the Hebrew Benevolent Society, which was founded by Jewish pioneers during the later months of 1850.

Services of the congregation were held in private homes in the capital city until June 1852, when a building was purchased from the First Methodist Episcopal Church.

The prefabricated building, which was located at 7th and L streets, was shipped around Cape Horn from Baltimore to San Francisco in 1849.

The building, which was then brought to Sacramento and consecrated in September 1852, became the first synagogue west of the Mississippi.

Unfortunately for the congregation, the original synagogue was burned down dur-



The 15th Street synagogue at 1421 15th St. served the congregation from 1904 to 1954. Photo courtesy of Congregation B'nai Israel

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ing a great fire, which also destroyed many other buildings in the area.

Following the fire, under Rabbi Z. Newstadter, a congregation met at a temporary temple on 5th Street.

By 1864, a new temple on 6th Street, between J and K streets, was consecrated and used for services and other gatherings for the following 40 years.

In about 1880, the congregation shifted from Orthodox Judaism to Reform Judaism.

A new, two-story synagogue with an upstairs sanctuary, a social hall, stage and kitchen, was constructed and opened on 15th Street, between N and O streets, in about 1904.

The history of the Jewish synagogue in the capital city includes many notable Sacramentans.

Among the more notable people who were members of the congregation were David Lubin and Harris Weinstock.

Many present day Sacramentans are familiar with the names Weinstock and Lubin due to the longtime existence of the department store, Weinstock-Lubin and Co., which was located

at 11th and K streets. Other locations of the store, which was later known as Weinstock's, were located in the greater Sacramento area.

The name David Lubin has also been memorialized through the David Lubin Elementary School at 3535 M St. in East Sacramento. The school, which had the previous address 3700 K St., opened in about the mid-1920s.

In addition to his connection to the Weinstock-Lubin store, Lubin is also recognized as the founder of the International Institute of Agriculture.

Weinstock, who was Lubin's half-brother, was the co-founder of the Sutter Club, the Unitarian and Economic clubs of San Francisco and the Commonwealth Club of California.

Additionally, the temple's records show that Weinstock, who occupied the temple's pulpit when no rabbi was present, was responsible for bringing Rabbi Joseph L. Levy to Sacramento.

Levy was recognized as the "bright light of Judaism" and was invited to speak at

a variety of temple and civic functions.

Other notable people who were members of the congregation were Isador Cohen, August Heilbron, Albert Elkus and Lewis Gerstle.

Following World War II, the Jewish community of Sacramento expanded immensely.

It was also during this time that the 15th Street synagogue was showing its age.

A joke about the building at the time was that the structure was held together with baling wire.

During the late 1940s, property was purchased for a \$250,000 synagogue at the site of the old Riverside Baths, a public swimming pool on Riverside Boulevard and 11th Avenue.

Heading the drive to collect funds for the new temple was the congregation's president, Dalton Feldstein.

So important was Feldstein's assistance with the project to have the synagogue constructed that the structure became known as "the house that Dalton built."

The cornerstone for the Riverside synagogue was laid

See B'nai, page 11



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Photo courtesy of Congregation B'nai Israel
Children and others attend the groundbreaking ceremony of the Riverside synagogue.



Photo courtesy of Congregation B'nai Israel
From left to right, President Dalton Feldstein, Rabbi Phineas Smoller of Los Angeles, Rabbi Irving Hausman of Congregation B'nai Israel and Rabbi Maurice Eisendrath, president of the UAHJ (now Union for Reform Judaism) participate in the temple's 100th anniversary service on Jan. 18, 1952.

B'nai: Notable congregation members included David Lubin, Harris Weinstock

Continued from page 10

on Tuesday, Nov. 17, 1953 at 11 a.m.

Attending the event were representatives of Gov. Goodwin J. Knight and Congressman John E. Moss, Jr., who placed items in the cornerstone.

Following the cornerstone laying ceremony, public tours of the new building were led by leaders of the congregation.

On Friday, April 2, 1954, the then-recently completed synagogue was dedicated, as more than 1,000 Sacramento Jews, as well as Christians and others, gathered for the event.

The *Sacramento Bee* reported that the dedication ceremony presented "a spirit of brotherhood among all faiths and all men."

During the dedication ceremony, Rabbi Irving I. Hausman read a prayer and introduced Feldstein, who he described as the "propelling force" behind the new synagogue.

In his dedicatory address, Feldstein said, "This is the first time in my life that I have had the honor and pleasure of dedicating a house of worship. The problems and the trials that went into bringing (the synagogue) into being are as nothing tonight."

In the early 1960s, a religious school building, which

was later named in memory of Bennett "Buddy" Kandel, was added to the temple grounds.

The synagogue's records show that from about the mid-1940s until 1985, membership in the congregation grew from about 200 individuals to about 700 families.

It was also in 1985 that a groundbreaking was held for a chapel, a library and an office building.

Another feature of the temple site is the Opper Courtyard, an outdoor sanctuary named after Sy and Estelle Opper and dedicated in April 1998 to Sophia Dubowsky for her devotion to her family and the Jewish community.

On June 18, 1998, a firebomb destroyed the temple's library, but through much

support, funds were raised for the reconstruction of the building.

The trauma and destruction caused by the incident aroused the sympathies of many Jewish and non-Jewish people in the community.

Following the bombing, Rabbi Mona Alfi commented about this tragedy.

"Ironically, I think that much more will come out of the bombing than any harm that was inflicted upon us," Alfi said. "I think we're going to come across as a stronger congregation (and) a more involved congregation."

The congregation's ability to persevere and overcome this dark incident in the synagogue's history is a fine example of the outlook of its members.

In a 1999 documentary about the history of the synagogue, it was mentioned that the true spirit of Congregation B'nai Israel is not in its buildings, but instead in the soul of its members.

Working to serve the spiritual needs of its members and guests, weekly services are led by Rabbi Alfi on Friday evenings and Saturday mornings.

Today, Congregation B'nai Israel, which is recognized as the city's oldest Jewish congregation, continues to honor its traditions of heritage while "creating a Jewish experience that is relevant to today's society."

For additional information regarding Congregation B'nai Israel, call (916) 446-4861 or visit www.bnais.com.

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Thanksgiving Day for all is coming to Sacramento...

Pocket News photos
by STEPHEN CROWLEY

The Salvation Army received more than 700 pounds of frozen turkeys from the California State Automobile Association of Northern California on Nov. 11. The main course birds were delivered on the backs of AAA's yellow tow trucks.

This marks the 14th consecutive year in which The Salvation Army has received turkeys from AAA. Last year, the donation helped more than 600 individuals receive a Thanksgiving meal. This year, there are even more people in need of aid.

The donated turkeys will be prepared and served for a free Thanksgiving meal on Thursday, Nov. 25 at The Army's Center of Hope shelter in downtown Sacramento. Anyone from the Sacramento community can be served a meal from 11 a.m. to 1 p.m. that day.



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Photo courtesy of Soil Born Farms

These oranges were harvested from a Sacramento backyard tree.

Soil Born Farms: Volunteers needed for the upcoming urban harvest

Continued from page 3

Dec. 18 from 10 a.m. to 12 noon at the Stockton Boulevard Partnership Building, located at 5625 Stockton Blvd. in Sacramento.

Groups and individuals of all ages are encouraged to participate. High school students can use their participation for their volunteer service requirement. Training, outreach materials, harvest supplies and volunteer recruitment tools are supplied.

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Library program to discuss avoiding winter holiday scams

The Sacramento Public Library and the California Department of Consumer Affairs (DCA) will present the *Take Charge California!@Your Library* program, "Have a Safe and Scam-Free Holiday," at 12 noon, Wednesday, Dec. 1, in the West Meeting Room, at the Central Library, 828 I Street, Sacramento.

It's time to deck the halls and shop for gifts. It's also a time when scams prey upon the unsuspecting. DCA marketing manager Carolyn Balou will discuss how to protect yourself and keep the season merry.

A Sacramento Public Library librarian will also be at the program to provide research tips.

Reservations are not required, and light refreshments will be served.

For more information, please telephone the Sacramento Public Library at (916) 264-2920 or visit saclibrary.org.



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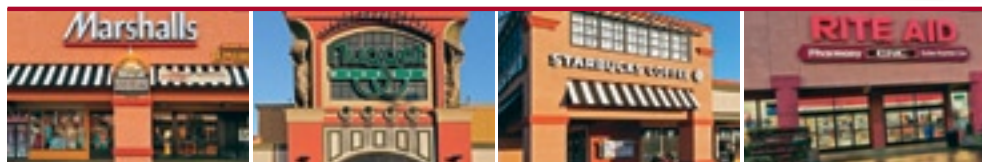
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'Giving Thanks and Giving Back' donation drive in memory of Pocket pooch

Special to Valley Community Newspapers

Land Park/Greenhaven Jazzercise is hosting a donation drive to benefit the animals at the Sacramento SPCA in honor and loving memory of dachshund Olive Col-

lins, a Pocket resident whose life was tragically cut short when she was hit by a passing auto.

The donation drive will be held on Thanksgiving morning, Nov. 25. Those interested in attending a team taught

Jazzercise class at 9:15 a.m. are welcome. However, it is not necessary to participate in Jazzercise to make a donation that will help the animals.

In addition to monetary donations, the SPCA shelter animals and the humans who care for them need: art display boards/easels, bath towels, bleach, manual can openers, Carefresh animal bedding, cat toys and treats, cat trees and scratching posts, collars, dog toys and treats, grooming clippers (Oscar A5/#40 blades), heating pads, humidi-

fiers (for sick animals), KMR - kitten milk replacement, Kongs, leashes, long-handled squeegees, meat-flavored baby food (for sick and finicky eaters), newspaper (rolled tubes of 25-35 sheets each), peanut butter, pet beds, plastic litterboxes (small) and stainless steel dog and cat bowls.

If you plan to be out of town on Thanksgiving Day, items can be dropped off with Linda Pohl at the Valley Community Newspapers office, located at 2709 Riverside Blvd. in Sacramento.

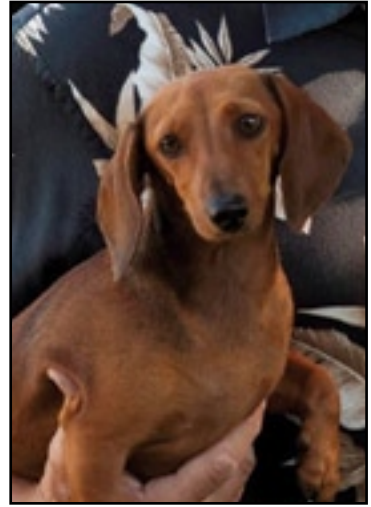


Photo courtesy

Olive Collins was a happy resident of the Pocket area. Sadly her life was cut short last summer when she was hit by a car. In appreciation for her life, friends are gathering donations to benefit the animals at Sacramento SPCA in Olive's memory.



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Lady golfers invited to check out Bartley Cavanaugh Women's Club

By **BENN HODAPP**
 Pocket News writer
 benn@valcomnews.com

Golf can be one of the most relaxing and fun activities one can partake in. Many believe that golf is a good way to stay active, get outside and get away from the everyday stresses of life. But it can be even more enjoyable playing with a group of friends.

That is what the Bartley Cavanaugh Women's Golf Club believes as well.

The group of 23 women began their club in 2006. They meet every Monday at Bartley Cavanaugh Golf Course at 8:30 a.m. to play 18 holes and talk about their lives off the course. The club, part of the Pacific Women's Golf Association (PWGA), was started by five members who played together in the Wild Hawk Ladies Group.

"We wanted to play on a different day of the week," said Karen Alejo, spokesperson for the club and one of the founding members. "We approached Bartley Cavanaugh about starting a club and they were very welcoming."

The group is looking for local women golfers to join the ranks and increase the club's membership. Alejo said that anyone who would like to join would have to establish an index of 10 scorecards at 40.3 or less in order to join. Anyone is welcome to come play as a visitor on a given week, but it is not a group for beginners.

In addition to playing Bartley Cavanaugh every week, the group plays in some tournaments in the area as well. Four of the members recently played in the Susan G. Komen tournament at Bing Maloney Golf Course.

The benefits of joining the group are many. Alejo described some of her favorite things about it.

"It's nice to know that you have a set tee time," she said. "You decide when you do and do not want to play and you can



Photo courtesy
 The Bartley Cavanaugh Women's Club, established in 2006, believes that an active round of golf is often best when played with friends. Front row, left to right, Dianne Rose, Cleo Mendonca, Judy Davenport, Nancy Luke, Linda Buzzini, Stephanie Trenck and Tanya Savage. Back row, left to right, Jan Silveira, Shelly Brassil, Aileen Adams, Karen Alejo, Mary McDearmid, Carmen Armstrong, Heidi Lowery and Mary DiBartolo.

bring a guest to play. I like it because the ladies are all nice."

She added that the pairings are done randomly each week so there are no cliques formed between members. Generally there are eight-to-10 members that play each week, Alejo said.

To join the group there is an annual fee of \$30 and an additional \$26 to become a member of the PWGA. The \$56 total grants you entrance to the club and the PWGA for a year. Greens fees are not included and Alejo said that the price to play the course is \$37 with a cart each week.

The group adheres to USGA rules as well,

meaning there are no mulligans that weekend duffers like to take when they pull one onto the highway.

This year there is a Halloween tournament as well as a Thanksgiving tournament in addition to a holiday party that takes place every year, according to Alejo.

"We're a very relaxed group," Alejo said. "We all have lunch together after we're done playing and talk about our lives."

Anyone interested in becoming a member of the group or would like to play as a guest to see if it interests them should contact member MaryJane Palmer at maryjpalmer@frontiernet.net.

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

See Sudoku answers, page 31



Pocket News photo, Lance Armstrong

Garcia Bend Park is used for a variety of activities, including picnicking along the river.



Pocket News photo, Lance Armstrong

The Garcia Bend Park boat ramp is one of the park's most popular features.

Riverside-Pocket marinas were rich part of area's history

By LANCE ARMSTRONG
Pocket News writer
lance@valcomnews.com

The Riverside-Pocket area has undoubtedly changed since its early years when the area was predominantly home to Portuguese immigrants. Among the many developments of the area during its history was the establishment of several marinas along the Pocket side of the Sacramento River.

The first people to establish a marina in the area were descendents of Manuel Da Rosa Garcia, an early pioneer of the area. Originally his surname was spelled, "Gracia," and evolved into the spelling, "Garcia," which is correctly pronounced, "Gar-sha."

Manuel, who was born in 1846 and emigrated from the Azores Islands, settling in the Pocket in the late 1850s, married Ana Leonora Silveira in 1878.

When he was 43, Manuel died as a result of a farming accident on Nov. 12, 1889.

Manuel and Leonora had five children, including

their two sons, Manuel, Jr. and Joseph Garcia, who inherited the family's property following their father's death.

Shortly after the death of Manuel, Sr., Ana Leonora hired Antone Pimentel as a ranch hand.

Antone later became Ana Leonora's second husband and their only child, Antone, Jr., was born to them. Antone, Jr. was eventually one of the owners of the Ingleside Café, which is today known as The Trap, a bar at the present day corner of Riverside Boulevard and 43rd Avenue.

While with his stepson, Manuel, Jr., Antone, Sr. was tragically killed in a duck hunting accident, once again leaving Ana Leonora a widow.

As time passed, Manuel, Sr.'s sons split their inherited property lengthwise and individually farmed each side of this property, which at the time also included the levee.

In the early 1950s, Joseph had the Garcia Bend Marina built on his portion of

the levee; however, he personally never operated it.

Joseph first leased his marina to Bill Wheeler, who also operated the Da Rosa Marina, which was located near today's 35th Avenue in the Riverside area.

The Garcia Bend Marina dock measured about 200 feet in length and featured two berthing for rowboats.

The primary purpose of the marina, which was located at the first bend of the river on Riverside Road (now Riverside Boulevard), after Portuguese Hall, was to dock boats for fishing purposes. However, no boats at the marina were available for renting.

The cost of berthing at the marina was \$5 per foot, measured by the length of each boat.

Another feature of the marina was a small bar with beer, soft drinks and sandwiches.

Following Wheeler's leasing of the marina, a subsequent owner took over the marina's operation.

During the 1960s, ownership reverted back to Garcia

family members, including Joseph's daughter, Rosaline, and the spouses of Joseph's daughters, Mabel and Ethel.

It was at this time that Rosaline, along with Mabel and Ethel's husbands, Frank "Babe" Wittpen and Monte Dorman, respectively, decided to refurbish the dock and operate it themselves. This trio of owners was later joined by William Garcia, the son of Manuel, Jr.

Following the death of Wittpen, Mabel was found operating the business by herself. She therefore hired a man to assist her in keeping the marina business running.

In 1997, the Department of Water Resources requested that Mabel remodel and reinforce the wooden pilings with concrete pilings at a cost of \$40,000.

Since Mabel was unable to financially meet this request, she decided to close the marina.

While operating Wheeler's Landing – the original name of the Da Rosa Mari-

na – Wheeler was assisted by a man, named Jim, whose last name is unknown.

The dock at this marina included a drink and sandwich concessions area, which was much smaller than the similar operation at the Garcia Bend Marina.

Also included at the dock were a few rowboats that were rented for the purpose of fishing.

About the time that Wheeler left the Garcia Bend Marina, he also left the Da Rosa's marina and consequently the name of the marina was changed to the Da Rosa Marina.

During the operation of these two aforementioned marinas, Manuel farmed on his half of the inherited land and although he did not own a dock, he owned about 15 rowboats, which he rented for fishing purposes.

Since he did not own a dock, the boats were tied to poles that were secured to the shore. The poles were used to keep the boats from hitting the levee with the wake from passing boats.

Adding to the Garcia family's history along the river, Ethel also joined the family's boat rental business during the 1950s, while still residing on her father's ranch.

Ethel's five or six rowboats, which were rented to fisherman, provided a small

See Marinas, page 23



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Garcia Bend Park was named in recognition of Pocket pioneer Manuel Da Rosa Garcia.



Manuel Da Rosa Garcia and Ana Leonora (Silveira) Garcia are shown with their daughter, Mary, in about 1879.

Marinas: Garcia Bend Park a tribute to Manuel Garcia, Sr.

Continued from page 22

revenue for her living expenses.

Another generation of the Garcia family, Irving "Irvin" Garcia, the son of Manuel Garcia, Jr., resided and worked on his father's ranch until it was sold for subdivision.

During the time that Irvin was farming on his father's ranch, he decided to construct his own personal dock for fishing.

The dock measured about 40 or 50 feet long and included a place for Manuel to tie up his boat.

The fishing area became known to outsiders, who would drive up to the levee to fish from his dock.

The number of fishermen arriving at the dock became overbearing to Irvin and out of desperation to maintain his privacy, he began to charge a fee to fish from his dock.

Initially, Irvin charged 50 cents per visit, then later 75 cents and finally \$1. These increases proved to not be a deterrent, as the fisherman continued to arrive and pay these increased fees.

Eventually, Irvin, who passed away on July 23, 1999, fenced off the area leading to the entrance of his dock.

Another farmer who owned fishing boats for rent in the area was George Rogers, whose father – who was born Albert Mendes (later Rogers) in the Azores Islands – was a member of a

pioneering Portuguese family in the Pocket.

The Rogers ranch, which was located at the present day intersection of Riverside Boulevard and Pocket Road, included acreage for the residences of Albert's children.

George, who owned about a dozen boats, operated his fishing boat rental business on his father's property next to the levee.

Eventually, George (1896–1984), who had a

twin brother named Frank, sold part of his property and gave his business to his sister, Margaret.

Margaret, however, became ill shortly after acquiring the boat rental operation and thus terminated the business.

Another part of the Garcia history in the area occurred on the site of today's Garcia Bend Park. This park is part of the historic McGee Ranch, about 100 acres of which was acquired

by Anna Leonora Pimentel and farmed by her son, Manuel Garcia, Jr.

Anna Leonora later sold the ranch to Joe Sarmiento and Frank "Capitao" ("Captain") Perry, and Manuel, Jr. returned to farming on the original Garcia ranch.

Frank Rogers eventually purchased the historic McGee Ranch from Sarmiento and Perry and farmed the ranch until he sold the property to a real estate firm in the late 1960s.

The real estate firm later sold a portion of this acreage to the city of Sacramento for the purpose of creating Garcia Bend Park and its boat launch ramp. The park, which also includes tennis courts, soccer fields and a children's playground, received its name as a tribute to Manuel Garcia, Sr.

The park has become a major attraction for the Pocket community and continues the area's historic usage of the river for boating and fishing.



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Remembering Sacramento entrepreneur Charles F. Silva

By LANCE ARMSTRONG
Pocket News writer
lance@valcomnews.com

As the years pass by in the city of Sacramento, the histories of certain notable residents from various communities and neighborhoods begin to fade. And among such people of days gone by is Charles F. Silva.

Although many people today are not familiar with Charles and his connection to part of the Land Park community, Charles F. Silva is undoubtedly a name that should be well preserved.

Born in the Azores

Born on Dec. 14, 1867 in Faial in the Azores Islands of Portugal, Charles arrived in Boston at the age of 11 in 1878 and then proceeded to the Sutterville area in today's South Land Park area of Sacramento.

With only \$2.50 in his pocket, Charles used \$1 of his money to reach the town of Vernon in Sutter County, where he became employed as a milker on a dairy ranch for 50 cents per day.

Teen cheese entrepreneur

Using earnings from this job, Charles, when he was 13, paid a cheese maker \$50 to teach him how to make cheese, after which he went into business for himself.

Charles eventually rented a ranch in Yolo County, bought cows and established a dairy and cheese plant.

Charles' next venture was his purchase of the 160-acre Ramsey Ranch, which was located six miles above Vernon on the Feather River. He also rented the

Hoover Ranch and the Clark and Cave ranches near the Sacramento River.

While conducting business along the Sacramento River, Charles entered the boating business, as he bought a gasoline-powered boat and a barge.

Meanwhile, Charles purchased the Point Ranch, where he cut wood, which he transported down the river to Sacramento.

In 1900, Charles returned to the capital city, as he purchased and resided at the Meadows place on Front Street, between O and P streets. It was there that he also established a wood, hay and grain business.

Shipping businesses

In addition to this business, Charles purchased the steamers "Neponset" and "Neptune," the trading boats "Jersey" and "Inder" and the barges, "Columbia," "Sutter" and "Vernon."

In becoming engaged in the transportation business, Charles formed a partnership with a Capt. Jones. This partnership continued for many years and their route included towns on the Sacramento River, between Sacramento and Butte City.

Rancher

During this time, Charles was also involved in the cattle and sheep business.

Eventually, Charles sold his interests in the boats to devote his full attention to his livestock business.

Charles experienced much success in this endeavor, as he en-



Photo courtesy of PHCS

See Silva, page 27 Charles F. Silva is shown with his first wife, Theresa (Kennedy) Silva, on their wedding day, Aug. 15, 1899.

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Silva: Portuguese immigrant started from nothing, became major Sacramento businessman

Continued from page 26

larged his interests on an annual basis and also established retail businesses – four local meat markets and a large wholesale business in Sacramento.

Additionally, Charles bred Hereford stock and was renowned throughout the state as a breeder of these fine cattle.

So large was Charles' livestock business operation that he became known as the largest individual cattle dealer in California, shipping thousands of head of cattle from Mexico, in addition to his large shipments from throughout the state.

Charles' wealth was great, as he purchased various Northern California ranches and later sold the ranches for twice the amount that he had paid for them.

Land dealer

Along with his real estate transactions, Charles was actively associated with various reclamation projects and served as the organizer and director of the Sutter Basin Co. and the Natomas Land Co.

Following his time with his previous cattle business endeavors, Charles invested in many Sacramento properties, including business blocks, warehouses and residences, and purchased a 21,000-acre cattle ranch in Modoc County.

Charles additionally accumulated other properties such as 243 acres dedicated to fruit growing in Yuba County and 670 acres on the Feath-

er River in Butte County, with one half of this acreage being devoted to fruit.

Another major part of Charles' life was his interest in horses and for many years he was involved in breeding standard-bred animals.

Breeder of race horses

Charles, who eventually had the finest standard-bred stock in the state, raised the well-known pacer, Teddy Bear, who broke a 6-year-old record at the California State Fair on Aug. 29, 1911. The horse set the mile mark of two minutes and five seconds.

With his continued interest in horses, Charles purchased a racetrack in Woodland in 1916.

It can be speculated that Charles, who continued to own the track until 1921, purchased the track in order to run Teddy Bear on his own schedule during fair weather days throughout the year.

In the early 1920s, Charles traded a 21,000-acre parcel of land in Alturas (Modoc County) for the old Weinstock-Lubin and Co. department store building at 4th and K streets. The building had been vacated and the company had reopened in its new location at 12th and K streets.

Meat marketer

Charles also owned other business operations in Sacramento, including the Fulton Meat Market at 4th and M (now Capitol Mall) streets, California Market on J Street, between 7th and

8th streets, and meat markets on 10th and M (now Capitol Mall) streets, 16th and M (now Capitol Avenue) streets and in Folsom and Knights Landing.

He also owned a slaughterhouse on Y Street (present day Broadway), between 5th and 6th streets.

Charles established a rich connection to the Land Park community with his founding of Charles Station, which later became known as South Land Park Hills.

Charles' property was located off the present day Del Rio Road in the area of today's Kennedy Lane and Pleasant Drive.

On this property, Charles owned and operated a second slaughterhouse, which had a thick concrete floor that later posed difficulties in building the foundations of some of the area's high quality homes.

Family man

During his life, Charles was married twice, with the first of his marriages occurring when he married Theresa Kennedy in Sacramento on Aug. 15, 1899. Together the couple had nine children.

Following Theresa's death, Charles married Lois Blackwell and this marriage added two more children to his family.

The most prominent of Charles' children was former Land Park area resident Ray Silva. Ray, who passed away in 1996, was a referee for the Harlem Globetrotters and the founder and operator of Kiddie Land, Land

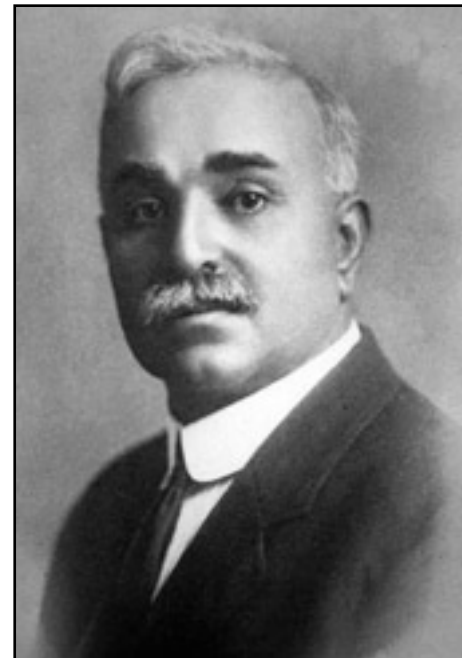


Photo courtesy

Charles F. Silva is shown at the age of about 55, around the time he acquired the old Weinstock-Lubin and Co. department store building at 4th and K streets.

Park's small-scale children's amusement park, which is today known as Funderland.

Undoubtedly, Charles, who passed away on July 14, 1944, was a man who achieved many great things in his life.

And considering his many accomplishments and the fact that he once had practically pennies in his pocket and no assets to his name, Charles Silva should be remembered for many years as a self-motivated man whose drive to excel led to a life of success.

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NOVEMBER

Holiday boutique

Through Nov. 21: Wonderful holiday decorations and unique gifts. Benefits Sacramento SPCA. 7935 Greenback Ln. (Greenback Ln. & Sunrise Blvd. near Old Navy), Citrus Hts. (916) 442-8118

Hoppy Thanksgiving

Through Nov. 24: Rabbit adoption special at the Sacramento SPCA. Visit www.sspca.org to get a sneak peek at some of the bunnies available for adoption. 6201 Florin-Perkins Rd., Sac. (916) 504-2802

'Wayne Thiebaud: Homecoming'

Through Nov. 28: Exhibit of Sacramento's most famous artist, Wayne Thiebaud, as he begins his 90th year. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.com

Beginning bridge lessons

Through Dec. 7: Learn party bridge procedures with the Greenhaven Community Bridge Group. Lessons on evaluating hands, bidding, card play and coaching, keeping score, partner support strategies. Become more comfortable and confident in playing bridge socially. Meet new people; bring a spouse, friend or neighbor. All are welcome. \$10 for materials. 7 p.m.-9 p.m. Greenhaven Lutheran Fellowship Hall, 475 Florin

Rd. (across from Kennedy High School). Dale or Barbara, (916) 424-3925

'Tomorrow's Legacies'

Through Jan. 9: "Tomorrow's Legacies: Gifts Celebrating the Next 125 Years." Exhibit celebrating the Crocker Art Museum's 125th anniversary and 125,000 square foot expansion. 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.com

'A Pioneering Collection'

Through Feb. 6: "A Pioneering Collection: Master Drawings from the Crocker Art Museum." The finest early collection of European drawings in the U.S. Works by Dürer, Fra Bartolommeo, van Dyck, Fragonard and Ingres. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.com

'The Vase and Beyond'

Through Feb. 6: "The Vase and Beyond: The Sidney Swidler Collection of the Contemporary Vessel." Comprised of some 800 vessels by 300 artists, this collection showcases the wide-ranging, innovative practice of contemporary ceramic artists with a gorgeous array of forms, techniques and glazes. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.com

Tai Chi

Daily, except Sundays: Meditation, breathing, forms and various styles of Tai Chi are taught. No experience necessary. Everyone

welcome. Free. 8 a.m.-9 a.m. Reichmuth Park, 6135 Gloria Dr., Sac. (601) 559-5481

Community flu clinic

Nov. 18: Injectable and intranasal flu vaccines will be available and administered to any individual over six months of age who medically qualifies for the vaccine. \$10 donation requested. 10 a.m.-2 p.m. Pannell Community Center, 2450 Meadowview Rd., Sac. (916) 875-7468 www.scph.com

Food Addicts Anonymous

Nov. 18, Dec. 2, 9, 16, 23, 30: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Rotary Club of East Sacramento

Nov. 18, Dec. 2, 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 12:15 p.m.-1:15 p.m., every Thurs. Salvation Army Dining Hall, 2550 Alhambra Blvd., Sac. www.rotary.org

Rotary Club of Pocket/Greenhaven

Nov. 18, Dec. 2, 9, 16, 23, 30: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Walking Sticks

Nov. 18, Dec. 9: The nation's largest American Volkssport Assn.-affiliated walking club. Meets second Thursdays, 7 p.m. SMUD Customer Service Center, Forestview 1 meeting room, 6301 S St., Sac. Refreshments served. If you'd like to walk three miles before the meeting, meet at 5 p.m. in front of the SMUD Customer Service Center building. Bring money for dinner after the walk. Gale at 364-5063 or www.SacramentoWalkingSticks.org

Sutterville Heights Optimist Club

Nov. 18, Dec. 2, 9, 16, 23, 30: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Cliff (916) 427-2698 or Mary-Jo at (916) 691-3059

Toastmasters

Nov. 18, Dec. 2, 9, 16, 23, 30: Improve your language skills and lose fear of speaking in front of people with Toastmaster club Los Oradores. Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores de la organizacion de Toastmasters. Thursdays/Jueves, 6:45 p.m. 2118 K St., Sac. Teri Bullington (916) 723-6232, teri.bullington@gmail.com, www.sacramentotoastmasters.com

Big Band Dance

Nov. 19, 23, 30, Dec. 2, 7, 9, 14, 16, 21, 23, 28, 30: Dance to the rhythms of the Big Band era. Every Tues. & Fri. \$5 admission. 1:15 p.m.-3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

Community flu clinic

Nov. 19: Injectable and intranasal flu vaccines will be available and administered to any individual over six months of age who medically qualifies for the vaccine. \$10 donation requested. 10 a.m.-2 p.m. Robertson Community Center, 3525 Norwood Ave., Sac. (916) 875-7468 www.scph.com

Kiwanis Club of East Sacramento-Midtown

Nov. 19, Dec. 10, 17, Jan. 7, 14, 21, 28: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

Rotary Club of Point West

Nov. 19, 26, Dec. 3, 10, 17, Jan. 7, 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Red Lion Inn, 1401 Arden Wy., Sac. www.pointwestrotary.com

Soroptimists of Sacramento

Nov. 19, 26, Dec. 3, 10, 17, Jan. 7, 14, 21, 28: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

Angel Island: Immigrant Gateway

Nov. 20: Author Judy Yung will discuss the personal stories of Chinese "paper sons," Japanese picture brides, Korean refugee students, Russian and Jewish refugees and many other diverse immigrant from around the globe. Free. 2:30 p.m.-4 p.m. Robbie Waters Pocket-Greenhaven Public Library, 7335 Gloria Dr., Sac. (916) 264-2700 www.saclibrary.org

Food Addicts Anonymous

Nov. 20, 27, Dec. 4, 11, 18, Jan. 8, 15, 22, 29: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Gobble gobble weekend

Nov. 20-21: Take time to pay homage to our feathered friend, the turkey. Learn about wild and domesticated turkeys, enjoy turkey crafts, scavenger hunt, more. Appropriate for kids ages 4-12, families. Admission \$4-\$6. 12:30 p.m.-4 p.m. Discovery Museum Science & Space Center, 3615 Auburn Blvd., Sac. (916) 808-3942 www.thediscovery.org

Oyako boutique

Nov. 20: Oyako and the Buddhist Church of Florin will feature women's clothing, casual to special occasion, handmade jewelry, bags, purses, home décor and more. To benefit the Florin Buddhist Women's Assn. 9 a.m.-3 p.m. 7235 Pritchard Rd., Sac. Lois (916) 422-1265, Peggy (916) 686-5621

Urban Farm Stand

Nov. 20: Soil Born Farms' newest urban agricultural project, a farm stand featuring seasonal, local and organic fruits and vegetables. Saturdays through Nov. 20 from 9 a.m.-1 p.m. www.soilborn.org

Piano series

Nov. 20: Pianist Yu Kosuge will perform works by Ludwig van Beethoven, Tōru Takemitsu and the complete "Études, Opus 10" by Frédéric Chopin as part of Sacramento State's Piano Series. Admission \$10 students & seniors, \$15 general. 7:30 p.m. Music Recital Hall in Capistrano Hall, Sac State campus, 6000 J St., Sac. Tickets at (916) 278-4323 or www.tickets.com. Info (916) 278-5155 or www.csus.edu/music

Co-Dependents Anonymous

Nov. 21, 28, Dec. 5, 12, 19, Jan. 2, 9, 16, 23, 30: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.



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Co-Dependents Anonymous

Nov. 22, 29, Dec. 6, 13, 20, 27: 12-Step group for those who struggle to maintain healthy relationships. Meets Mondays. 7:30 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

Hatha yoga

Nov. 22, 29, Dec. 6, 13, 20, 27: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.–4 p.m. Hart Senior Center, 915 27th St., Sac. (916) 808-5462. Meets every Mon. Repeats Wed., Fri.

Rotary Club of South Sacramento

Nov. 22, 29, Dec. 6, 13, 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

Tai Chi & Chi Keung

Nov. 22, 29, Dec. 6, 13, 20, 27: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

Toastmasters

Nov. 22, 29, Dec. 6, 13, 20, 27: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.–8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Jan (916) 284-4236, www.sacramentotoastmasters.com

Basic English language class

Nov. 23, 30, Dec. 7, 14: Non-native English speakers can improve English language proficiency. Free. Every Tues. Practice reading, writing, listening and speaking English with others in the class. Through Dec. 14. 6 p.m.–8 p.m.

Belle Cooleage Library, 5600 South Land Park Dr., Sac. (916) 264-2920 www.saclibrary.org

Big Band Dance

Nov. 23, 30, Dec. 7, 14, 21, 28: Dance to the rhythms of the Big Band era. Every Tues. \$5 admission. 1:15 p.m.–3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

Rotary Club of Arden-Arcade

Nov. 23, 30, Dec. 7, 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

Rotary Club of Carmichael

Nov. 23, 30, Dec. 7, 14, 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues. Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

Senior Wednesday Club

Nov. 24, Dec. 1, 8, 15, 22, 29: The Senior Wednesday Club meets to chat, play bridge, pinochle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Judi (916) 247-6020

Toastmasters

Nov. 24, Dec. 1, 8, 15, 22, 29: All area business people invited to hone their speaking skills. Noon–1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

Dinosaur days

Nov. 26–28: Prehistoric fun, dino specimens, crafts, more. Appropriate for kids ages 4–12, families. Admission \$4–\$6. 12:30 p.m.–4 p.m. Discovery Museum Science & Space Center, 3615 Auburn Blvd., Sac. (916) 808-3942 www.thediscovery.org

Free admission day

Nov. 26: Bring a donation of canned or packaged goods to benefit the Sacramento Food Bank & Family Services' Holiday Spirit of Giving Food Drive in exchange for free admission to Fairytale Town. 10 a.m.–4 p.m. Fairytale Town, 3901 Land Park Dr., Sac. (916) 808-7462 www.fairytaletown.org

Alternative Christmas Gift Market

Nov. 28: Featuring handmade items from around the world including jewelry from Kenya, unique crosses, greeting cards, etc. Homemade goodies will be offered. 11 a.m., Northminster Presbyterian Church, 3235 Pope Ave., Sac., (916) 487-5192

Banned Book Club

Nov. 28: "Lady Chatterley's Lover" by D.H. Lawrence will be discussed. All adults welcome to discuss why this book has been banned, why and the merits/demerits of the book. 10 a.m. Carmichael Public Library, 5605 Marconi Ave., Carmichael. (916) 264-2920 www.saclibrary.org

Jesuit Christmas Tree Lane

Nov. 29, 30: Come join us for the 54th Annual Christmas Tree Lane to benefit Jesuit High School. Admission free to shop the holiday lane with unique gifts and gourmet foods on Mon. 5 p.m.–10 p.m. and Tues. 8 a.m.–3 p.m. Reservations required for fashion shows: Mon. gala dinner \$100; Tues. breakfast \$50, and luncheon \$60. Radisson Hotel, 500 Leisure Lane, Sac., (916) 204-9282 or www.jhssac.org/ctl

DECEMBER

Scam-free holidays

Dec. 1: "Have a Safe and Scam-free Holiday." Learn valuable tips and hints about protecting yourself from rip-offs from Dept. of Consumer Affairs information experts. Sponsored by Take Charge California @ Your Library. Free. 12 noon. West Meeting Room, Central Library, 828 I St., Sac. (916) 264-2920

Tea and Talk Book Club

Dec. 1: Adults, bring a tea cup, sip tea and discuss this month's featured book, "Olive Kitteridge" by Elizabeth Strout. Free. 10 a.m. Belle Cooleage Library, 5600 South Land Park Dr., Sac. (916) 264-2920, www.saclibrary.org

Arts lunch & learn

Dec. 2: Join other art lovers for an in-depth 30 minute talk about one or two works of art on view. This discussion will focus on the bis poles by the Asmat of New Guinea. Free with museum admission. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum

'Christmas Memories' musical lunch

Dec. 2-3: Back by popular demand, the VoCAL's musical presentation of "Christmas Memories" at 11:15 a.m. and 1:15 p.m. seatings at Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Entrée choices: Roast Chicken Breast with Apricot Wild Rice or Greek Salad with Shrimp; dessert Chocolate Lover's Cheesecake. \$20/person. First come, first served group reservations by one person, one check. Reservations a must. Proceeds benefit the Sacramento Children's Home. (916) 452-2809

Cleophas and His Own

Dec. 2: Film Frame: "Cleophas and His Own – A North Atlantic Tragedy." While living with a Nova Scotia family in the mid-1930s, American painter and poet Marsden Hartley suffered a great personal loss that would affect his painting for the last seven years of his life. This is Hartley's story in his own words – a story of love, secret devotion and sexual passion. Intro & discussion with film director Michael Maglaras. Reservations required. 5:30 p.m. Purchase tickets at crockerartmuseum.org or the Admission Desk. \$6 for members; \$10 for nonmembers; \$12 for nonmembers including Museum admission. Crocker Art Museum, 216 O St., Sac. (916) 808-7000

Disabled American Veterans

Dec. 2: Ray Clark Chapter No. 35 of the Disabled American Veterans. First Thursdays, 7 p.m., Veterans' Memorial Building, Carmichael Park, 5750 Grant Ave., (corner Fair Oaks Blvd. & Sue Palm Dr.). All disabled veterans invited to attend. (916) 635-7608

Teen Advisory Board meeting

Dec. 2: TAB is all about teens creating their own service projects – whether that means organizing fun programs for teens or other community outreach programs. 10 a.m.–11 a.m. Robbie Waters Pocket-Greenhaven Public Library, 7335 Gloria Dr., Sac. (916) 264-2700 www.saclibrary.org

River City Chorale Christmas Concert

Dec. 3: The 60-voice River City Chorale, chamber choir, and orchestra, and Bel Tempo Handbells will perform festive holiday music. 7:30 p.m. Advance tickets \$12 adults (\$15 at door), \$5 children under age 12. Christ Community Church, 5025 Manzanita Ave., Carmichael. (916) 331-5810

Advent Craft Faire

Dec. 4: Come join in for a fun day of making crafts. There will be a variety of "make and take" crafts including charm bracelets, gift tags, Christmas ornaments, floral arrangements, decorating a Christmas house, etc. There is something for everyone. Bring the whole family! Enjoy a light lunch served around noon. Admission free. 10 a.m.–2 p.m., Northminster Presbyterian Church, 3235 Pope Avenue, Sac., (916) 487-5192

Arts Q&A

Dec. 4–5, 11–12, 18–19: Join other art lovers and discover the essence of the art on view in tours that emphasize looking, conversation and group interaction. Free with Museum admission. 11 a.m. and 1 p.m. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum

See more Calendar, page 30



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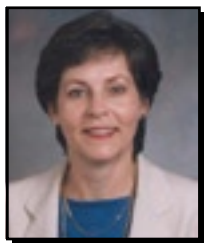
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CALENDAR

For more Calendar entries visit
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Bariatric Surgery Informational Seminar

Dec. 4: Learn all about what bariatric surgery is and is not. 10 a.m.–12 p.m. Bruceville Terrace Multipurpose Room, 8151 Bruceville Rd., Sac. Rondi Crowley (916) 423.5909.

Christmas Tree Lighting

Dec. 4: Come enjoy coffee, cookies, cocoa, the Children's Chorus, Christmas tree raffle, music & other entertainment and meet Santa himself. Free event. 5 p.m.–6:30 p.m. Bring a new, unwrapped toy for a child between the ages of 0 and 16 for the Sac Co. Sheriff's Dept. Toy Project. All gifts will be given to kids in the Arden-Arcade area. Fulton Avenue Association, Tognotti's Auto World, 2509 Fulton Ave., Sac. www.fultonavenue.com

Day of Percussion

Dec. 4: Sac State hosts the Northern Calif. Day of Percussion. Guest artists include Anthony Cirone, Kevin Murray and percussion groups from Sac State and Fresno State. Free admission during the day, Evening admission for concert with Hands On/Semble is \$5 students & seniors, \$8 general. 10 a.m. Capistrano Hall, Sac State Campus, 6000 J St., Sac. (916) 278-7988

Jensen Garden workday

Dec. 4: The Friends of the Jensen Botanical Garden will hold its next workday to keep the garden beautiful. Bring work gloves, hand pruners and your lunch. All welcome. Free. 9 a.m.–1 p.m. Jensen Garden, 8520 Fair Oaks Blvd., Carmichael. Tracy Kerth (916) 485-5322 x23, tracy@car michael-park.com

River City Chorale Christmas Concert

Dec. 4: The 60-voice River City Chorale, chamber choir, and orchestra, and Bel Tempo Handbells will perform festive holiday music. 7:30 p.m. Advance tickets \$12 adults (\$15 at door), \$5 children under age 12. Faith Presbyterian Church, 625 Florin Rd., Sac. (916) 331-5810

SAT Test

Dec. 4: The SAT college entrance exam will be administered. Visit www.collegeboard.com to register and for locations near you.

River City Chorale Christmas Concert

Dec. 5: The 60-voice River City Chorale, chamber choir, and orchestra, and Bel Tempo Handbells will perform festive holiday music. 4 p.m. Advance tickets \$12 adults (\$15 at door), \$5 children under age 12. Pleasant Grove Community Church, 1730 Pleasant Grove Blvd., Roseville. (916) 331-5810

Pet photo fun with Santa

Dec. 5: Enjoy an afternoon of free hoyous holiday photo fun with Santa and your furry family members. Pet parents welcome in photo, by photographer Hope Harris. Warm beverages, pet treats, human treats, too. Donations will benefit a favorite Midtown animal charity: the United Animal Nations (www.uan.org). 1 p.m.–4 p.m. Tres Chic Boutique, 2228 J St., Sac. (916) 444-3668 www.femininefrocks.com

History book club

Dec. 7: The Carmichael Library History Book Club mixes fact and fiction for a clearer picture of world history. This month's book is "The Bridges of Toko-ri" by James Michener. Bring a snack to share. First

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Tuesdays, 6:30 p.m. Carmichael Library, 5605 Marconi Ave., Carmichael. (916) 264-2920, www.saclibrary.org

Referrals Plus

Dec. 8: Women in business helping each other in our businesses. 12:15 p.m.–1:30 p.m., second Wednesdays. Primrose Sacramento, 7707 Rush River Dr., Sac. Kollen Powers (916) 691-3085, www.referralsplus.org

Art Mix: Art in the Dark

Dec. 9: Explore the darker side of the season with art events throughout the Crocker inspired by the use of light and shadow in the master drawings exhibition *A Pioneering Collection*. Enjoy beats by DJ Rated R, contemporary dance from CORE Dance Collective, life drawing with models, spotlight talks, and a screening of the 1964 vampire classic, *The Last Man on Earth*, presented by Movies on a Big Screen. Free with Museum admission. 5 p.m.–9 p.m. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum

The Story Factory

Dec. 9: Does your child have a story to tell? At this workshop they will get a chance to tell it, illustrate it and bind it into a book of their creation. Pre-registration required to attend. 4 p.m.–5:30 p.m. Robbie Waters Pocket-Greenhaven Public Library, 7335 Gloria Dr., Sac. (916) 264-2700 www.saclibrary.org

ACT Test

Dec. 11: The ACT college entrance exam will be administered. Visit www.actstudent.org to sign up and for test locations near you.

Art appetizer

Dec. 11: Start your evening at the Crocker with a tour of the Museum's most recent exhibitions. This is a 50-minute experience designed to fulfill your art cravings. Free with Museum admission. 4 p.m. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum

Art symposium

Dec. 11: "Pioneering Collectors – The Crockers and Master Drawings." The finest early collection of master drawings in the United States, the Crocker collection was a forward-thinking purchase, predating the scientific study of drawings in America by several decades. Join curator William Breazeale, organizer of the exhibition *A Pioneering Collection: Master Drawings from the Crocker Art Museum*, catalogue co-author Cara Dufour Denison and drawings specialist Christiane Andersson as they discuss Italian, Dutch and Flemish, French and German drawings in the context of American collections. Purchase tickets at crockerartmuseum.org or the Admission Desk. \$30

Sudoku answers

Continued from page 21

8	4	6	9	5	3	2	1	7
9	2	3	1	4	7	5	8	6
7	5	1	2	8	6	9	3	4
4	8	2	7	3	5	6	9	1
3	1	7	6	9	8	4	2	5
5	6	9	4	1	2	8	7	3
1	3	4	5	2	9	7	6	8
6	9	5	8	7	1	3	4	2
2	7	8	3	6	4	1	5	9



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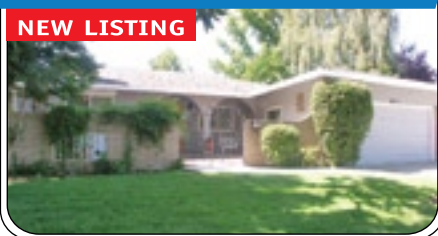
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