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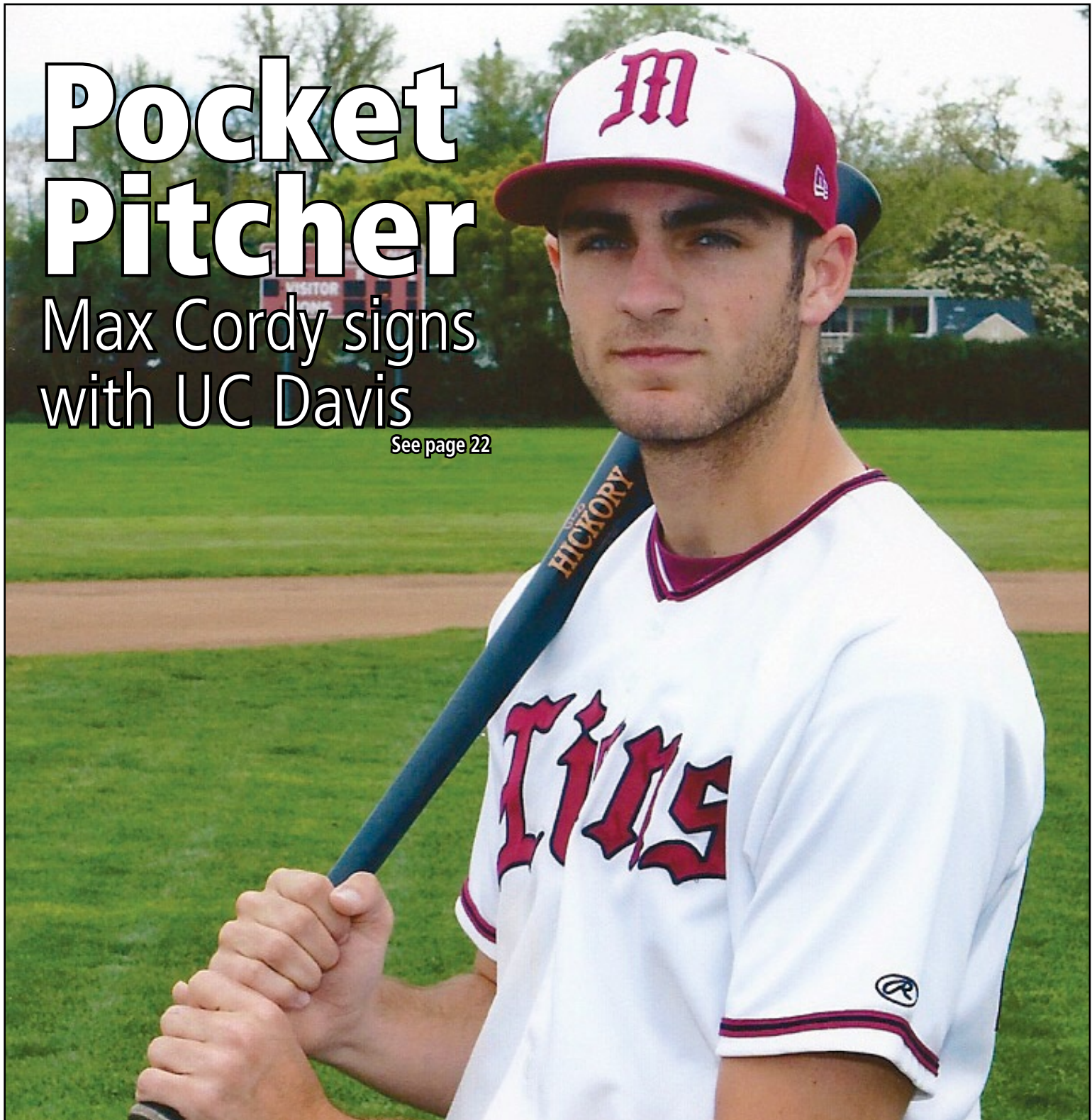
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Pocket News is published on the first and third Thursdays of the month and delivered by mail and home delivery in the area bounded by Interstate 5 on the east and the Sacramento River on the north, west, and south.

**Publisher**..... George Macko  
**General Manager**..... Kathleen Egan  
**Editor**..... Susan Laird  
**Art Director**..... John Ochoa  
**Junior Designer**..... Ryan Vuong  
**Advertising Executives**..... Linda Pohl  
Patty Colmer, Marc Harris Desilés, Melissa Andrews  
**Distribution/Subscriptions**..... George Macko

E-mail stories & photos to: [vcnnews@valcomnews.com](mailto:vcnnews@valcomnews.com)

Vol. XX • No. 10

2709 Riverside Blvd.  
Sacramento,  
CA 95818  
t: (916) 429-9901  
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**Cover photo by:**  
Courtesy  
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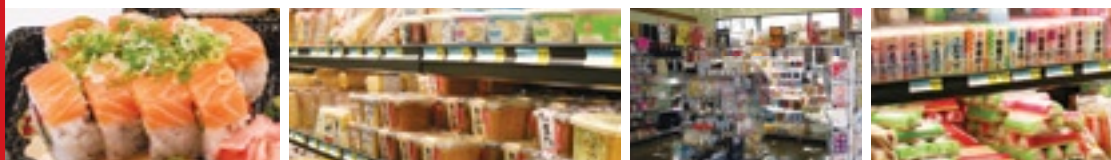
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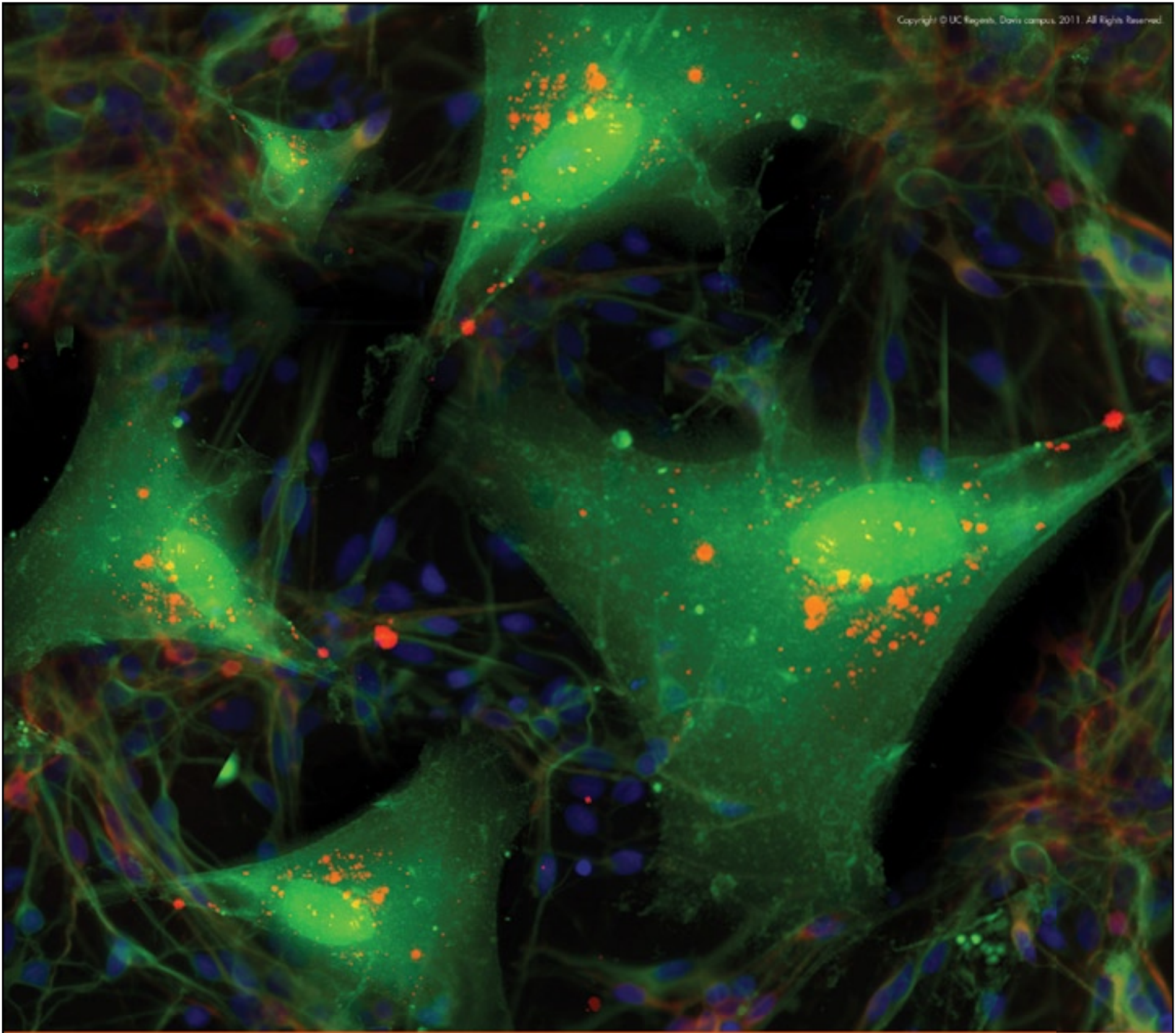
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# 'Meals for Health' program at Sacramento Food Bank & Family Services a resounding success

By **SUSAN LAIRD**  
 Pocket News editor  
 susan@valcomnews.com

During April, the Sacramento Food Bank & Family Services partnered with EarthSave and Whole Foods Market to sponsor a new program called "Meals for Health." The goal was to teach a group of low-income Sacramento residents a healthier way to eat.

The Sacramento Food Bank and Family Services provides assistance for residents of every community in Sacramento County, including the Pocket-Greenhaven area. Participants celebrated with a "graduation ceremony" on May 7.

The Meals for Health educational program involved lectures from national leaders in the "plant-strong" and "whole foods" areas of nutrition, exercise, physician supervision and boxes of healthy foods. It was an inaugural program at the food bank that organizers hope to learn from...and to hopefully "roll out" nationwide.

According to EarthSave, which provided the curriculum for the program, "hunger and obesity are often flip sides of the same malnutrition coin. Both hunger and obesity can be symptoms of poverty. Obesity, heart disease, diabetes, high blood pressure, bowel diseases, arthritis and a host of other degenerative conditions

are rampant in communities experiencing food insecurity. Being poor and having serious health problems create nearly insurmountable obstacles to success."

EarthSave is a non-profit organization dedicated to helping people "make food choices that promote health, reduce health care costs and provide greater health independence."

Participants learned from national nutrition leaders and speakers on topics such as "The Starch Solution," "The Amazing Digestive System," "The Pleasure Trap," "How to Eat Whole - and Why Should I?" and "Healthy Living Made Easy."

The results from the four week program were astonishing.

Not only did every single participant graduate from the program (organizers had anticipated up to a 30 percent dropout rate) - they thrived. On average, each of the 21 participants:

- Dropped 30 points in total cholesterol
- Dropped 21 points in LDL (bad) cholesterol
- Dropped 7 points in fasting blood sugar
- Lost 17 pounds
- Dropped 10.4/10.3 points in blood pressure

Dr. Donald Forrester, supervising physician, noted that all participants had improved skin tone,

a reduced (or eliminated) need for medication, a better sense of balance and an overall better sense of well-being. Several participants, who started the program on canes, graduated on their own two feet - no walking aids necessary. One diabetic observer, who followed the guidelines for the program along with the participants, dropped 100 points in fasting blood sugar - without medication.

"No one had any complaints about the program," Forrester said.

The Sacramento Whole Foods Market located at the corner of Arden Way and Eastern Avenue donated over \$5,000 worth of whole food products that participants learned how to prepare and enjoy.

"Whole Foods Market is an active participant in the local community," said Christina Clarke, marketing team leader for Whole Foods. "Our core values at Whole Foods Market include caring about our communities and promoting the health of our stakeholders through healthy eating education. The Meals for Health Program is a great way for (us) to support community members


and show our commitment to promoting healthy eating education."

"Sacramento Food Bank & Family Services is thrilled to partner with Earth Save on the wonderfully successful and impactful Meals for Health program," said Kelly Siefkin, communications director at the food bank. "The results participants earned through modifications in their diet are tremendous. We hope to teach many individuals who access programs at Sacramento Food Bank & Family Services about the benefits of eating a plant-based diet and the simple steps they can take to positively

impact the health of their family."


Leaders at EarthSave concur. "I want to thank you for all sticking with it," John Robbins, founder of EarthSave, told the graduates. "It's your example that will speak to people. You are now on a pathway to health and increased opportunities. Once your eyes are opened to something - you 'can't not see it.' Eating healthfully is one of the most compassionate things you can do for yourself."

For more information and videos about the Meals for Health program in Sacramento, visit EarthSave's website at [www.EarthSave.org](http://www.EarthSave.org).




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# Historic ferries south of capital city included Glide, Clarksburg ferries

By LANCE ARMSTRONG  
Pocket News writer  
lance@valcomnews.com

Ferries, as explained in the first part of this article, which appeared in the May 5 edition of *The Pocket News* (visit [www.valcomnews.com](http://www.valcomnews.com) to read it online), provided transportation across the Sacramento River back in the pre-bridge days for residents in the Pocket and surrounding areas.

Ferries along the Sacramento River have a rich history, which began in 1850 and continued through most of the 1920s. The area from Colusa, south and including the Delta area, was once recognized as having the largest concentration of ferries in North America.

## Glide ferry

Among the ferries south of Sacramento was the Glide Ferry, which provided service to Pocket residents from the late 1800s through the 1920s.

The ferry was located next to the southwestern border of the Tony Dutra property – which was known as Dutra Bend – which extended to the river. This property was located on a well-defined road, about a half-mile west of the present Dutra House – located at the modern address, 8144 Pocket Road – which was the home of Tony's father.

To provide access to the ferry landing, a gravel road extended from Riverside Road – today's Riverside Boulevard – along the side of Tony's property to the levee.

The ferry's other landing – the Freeport landing – was located on the Lizzie Glide property.

A very detailed, c. 1895 survey map, which is on file with the Portu-

guese Historical and Cultural Society, shows that the Glide family properties extended from Lake Washington – which became part of the Port of Sacramento in West Sacramento – to the Courtland area.

From Babel Slough in the Freeport farming area, the map shows three large parcels, to the east and succeeding each other, that belonged to Lizzie H. Glide. The first Babel Slough, Glide parcel is opposite Garcia Bend Park in the Pocket area.

As clearly shown on the map, the third Glide property's eastern boundary was the location of the ferry landing on the Yolo side of the river.

Prior to the Glides' ownership of the property, the ferry was originally owned by a Mr. Dubois.

Dubois owned the ferry from 1893 to 1894, at which time, the ownership of the ferry was transferred to early day Pocket pioneer, George Peters and a Mr. Hadley.

Joseph Henry Glide, who resided at 910 H St. and operated the ferry for personal use and as a means to move his livestock to his other properties, became the ferry's third owner in 1897.

During Joseph Henry Glide's ownership of the ferry, as a very generous gesture, he operated it as a free ferry for use by Pocket and Freeport farmers and their families.

The ferrymen for the Glide Ferry included John "Captao" ("Captain" in Portuguese) Perry, Mr. Serpa, John Joseph and Manuel Silvey King.

Additionally, another ferryman was Manuel Ferreira Dutra, who was the Pocket's carpenter and was known by his nickname, "Shopinha."



Photo courtesy, PHCS

The Clarksburg Ferry is shown in this 1920s photograph.

In a retrospective article about the old ferry days that appeared in the Feb. 28, 1932 edition of *The Sacramento Union*, Mike Hunt, a Freeport dairy owner who had resided along the river since 1868,

related a unique story about the Glide Ferry.

Hunt recalled how an effort to transport six of the Glides' prize

See Ferries, page 7



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# Ferries: Now a part of the past, memories of ferry trips burn bright for local seniors

Continued from page 6

Durham bulls on the ferry went awry.

"It would have been all right if the bulls behaved, but in midstream they got to fighting," Hunt told *The Union*.

After explaining that the bulls busted the ferry's gate and one of the bulls was knocked into the river, Hunt added, "The (bull) who'd gone overboard, they thought was a goner. They watched him swim downstream for about five miles when he finally made shore. That was a lucky break, because he was worth plenty of money."

Pocket historian Dolores (Silva) Greenslate, 86, vividly remembers the anxious anticipation she felt before riding the Glide Ferry in the late 1920s.

Greenslate, who resided on Riverside Road, would travel with her parents to the gravel road on the Tony Dutra ranch. Her father would soon drive his 1928 Chevrolet sedan onto the ferry en route to visit her mother's aunt and uncle, Carrie and John Azevedo, on their Freeport ranch.

In recalling her memories of riding the Glide Ferry, Greenslate said, "Whenever I was asked by my parents if I wanted to go visit Aunt Carrie, I would be in the car before they were even ready. During the ferry ride, I loved to look at all the scenery along the levees and be able to almost reach out and touch the water."

Diane Dutra, Tony Dutra's daughter, said that when the family property was sold for redevelopment she requested of the developers that in addition to having her family's name memorialized through a Pocket street, that the Glide family also be recognized through the name of a street. As a result, the Pocket area features the streets, Dutra Bend Drive and Glide Ferry Way.

## Clarksburg ferry

A more recent ferry was the Clarksburg Ferry, which in a similar manner



Photo courtesy, PHCS  
Azores Islands, Portugal-born Manuel Ferreira Dutra, shown in this mid-1910s photograph, was a ferryman for the Glide Ferry.

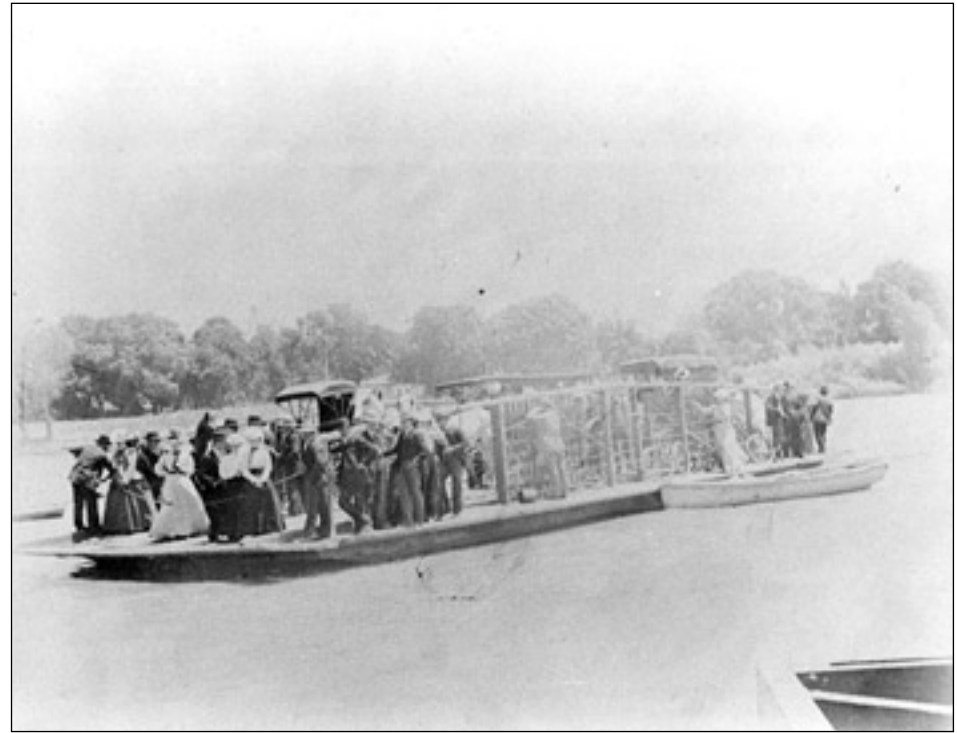


Photo courtesy, PHCS  
A group of formally dressed people take a ride on the Soto Ferry en route to the Freeport Portuguese Holy Ghost Festa. This early 1900s photograph is referred to in part one of this series, which can be read online at [www.valcomnews.com](http://www.valcomnews.com).

to naming ships with feminine names, was known as Mary Ann.

This ferry operated on the Sacramento River between Clarksburg and the river road to the east from 1920 to 1929.

This dual-paddle wheeler ferry was constructed by the Portuguese family-owned business, Nunes Brothers Boat and Ways Co. of Clarksburg.

The ferrymen for the Clarksburg Ferry, which was advertised by the county as "the largest, best and fastest (ferry) on the river," were: Mike Silva and Charlie Butler.

The ferry's landing on the Yolo side was located near the southern boundary of the town of Clarksburg.

In 1928, the Clarksburg Ferry was involved in an accident, when a large shipment of hardwood floor lumber, which was being transport-

ed and intended for the new Clarksburg High School, caused the ferry to tilt and overturn.

Although the ferry continued to operate for another year, damage resulting from the accident required major repairs to the ferry.

The Clarksburg Ferry was discontinued due to the 1929 opening of the Freeport Bridge, which eliminated the need for the ferry.

## Temporary ferries

Although this featured portion of the river also included two additional ferries, these ferries were only created for temporary use, primarily because of the 1907 flood, which isolated the Freeport (later Clarksburg) area from the Sacramento side of the river.

One of these ferries was located just south of Portuguese Hall on Riverside Road on a road that extended to the levee.

This temporary ferry was located nearby Shopinha's home, thus making it a possibility that he may have also worked as a ferryman on this ferry.

The other temporary ferry was located opposite of the landmark building, Oak Hall, a historic watering hole on Riverside Road in the Riverside area, adjoining the Pocket to the north.

## Ferry reflections

Greenslate said that although the local ferries are no longer in operation, the memories about these ferries remain strong for those who remember them.

"The adventure and excitement of riding the platform ferries in this vicinity is sadly gone forever, but they still shine bright in the memories of the older folks," Greenslate said.

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## Show some spirit: buy a book spine for the Robbie Waters Pocket-Greenhaven Library

Pocket News staff

The Friends of the Robbie Waters Pocket-Greenhaven Library are raising funds for the library by selling beautiful wood "book spines."

Book spines? Well, not quite. These are actually plaques that are crafted to resemble the spines of library books. These will be installed into a "bookcase" in the lobby of the library.

Patrons can donate a book spine inscribed with a name, message, literary quote or memorial – all for just \$100. This is also a great way for teams and clubs to give back to the community. Each book spine is two lines with up to 25 letters (including spaces) per line.

Forms are available at the library. For additional information, call (916) 392-0101.

## Pre-Jazz Jubilee Ball with Nor-Cal Big Bands

Special to Pocket News

The 15-piece professional big band of legendary Fred Morgan will perform at the Nor-Cal Big Bands Preservation Society's Pre-Jazz Jubilee Ball at Elks Lodge No. 6 on Sunday, May 22.

Morgan's song sequence list features hits such as "How High the Moon," "Sunny Side of the Street," "Hot Toddy" and "Shiny Stockings;" waltzes such as "Moon River," and "Alleghany Moon;" and Latin hits "Magic Tango" and "Spanish Eyes."

Jay Robert's Swingtime 18-piece band will open at 1 p.m.

Dance hosts, mixers, snacks and prizes will round out this Sunday afternoon lineup that brings music lovers of all ages to the Elks Club No. 6's huge ballroom. The all-wood floor is perfect for dancing to America's musical hits of the past century.

The Society has featured five different 15-piece orchestras playing America's nostalgic songs before crowds from 100 to 9,000 enthused dancers in giant ballrooms, hotels, night clubs, auditoriums, amusement parks and pavilions during the popular 1920-1950 period.

The Pre-Jazz Jubilee Ball will be held on Sunday, May 22, starting at 1 p.m., at the Sacramento Elks Lodge No. 6, located at 6646 Riverside Blvd. in Sacramento. Admission is \$10 to \$12. For more information, call (916) 444-6138.

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# Learn while having fun at the Sacramento County Fair

Special to Pocket News

A visit to the Sacramento County Fair is surprisingly educational – both adults and school kids can learn about science, animals, conservation, culture and more without even trying. In fact, the Fair hosts nearly 10,000 children over two days on field trips from schools throughout the county.

While the carnival rides and cotton candy are great fun, fair visitors love the interactive, people-powered entertainment and colorful educational exhibits.

“We are always on the look-out for entertainment that educates,” said TJ Plew, CEO. “It makes the Fair a much more valuable experience.”

The line-up for the 2011 “Memories and Magic” themed fair includes

learning about farm animals with the Thank A Farmer magic shows or wild animals at the Sea Lion Encounter and the Enchanted Forest. Entertainers bring the young audience aboard in Circus Imagination and local groups demonstrate cultural dances. Science is made entertaining for all ages at the Mad Science shows and the Fun with Physics hands-on exhibit.

The Sacramento County Fair runs May 26–30, at Cal Expo. Admission is always free for kids and seniors, and is only \$5 for ages 13 to 62. ValuPasses that include admission and carnival unlimited ride wristbands are available at Sacramento area Walgreens. For more information and an entertainment schedule visit [www.SacFair.com](http://www.SacFair.com).



Photo courtesy, Sacramento County Fair

Sea Lion Encounters. See awe inspiring, world famous sea lions do incredible leaps into the air and see a demo of how they use the “Critter Cam” to explore depths and areas of the ocean unreachable by humans. During the shows, the audience gets an exciting mixture of marine information and demonstrations of breathtaking natural behaviors.

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**Little Boy** #151273

Breed: DMH Color: Grey and White  
Gender: Male Hair: Medium  
Age: 4 years

Little Boy is a very friendly, sweet and loving cat. He is classified as a “Sidekick” kind of cat. He likes attention and cuddling, but he also likes his solitude. He doesn't go looking for trouble and he's not a scaredy-cat.

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**Sushi** #151193

Breed: DSH Color: Grey Tabby/White  
Gender: Female Hair: Short

Age: 1 year  
Affectionate and loving, Sushi is a friendly cat. She likes being petted and having her head and neck scratched. She prefers quiet company and gentle attention. She's also a very pretty cat.

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**Marley** #140373

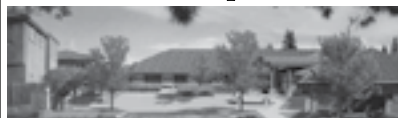
Breed: American Bulldog Color: Brown Brindle  
Gender: Female Hair: Short  
Age: 3 years

Marley is a love! This girl loves to roll over for belly rubs and loves to snuggle up on the couch with you! She is crate trained and gets along well with larger dogs, and she knows sit and walks very nicely on a leash.

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**Roxy** #131984

Breed: Cairn Terrier Color: Grey  
Gender: Female Hair: Long

Age: 1 year, 2 months  
Roxy is affectionate and friendly towards people. She is gentle, outgoing, and confident. Roxy is best suited for a somewhat active home. She cannot live with cats.

\* For additional information on adoptions, call the SPCA at 383-7387. Adoptions occur daily and it is not guaranteed the above featured animals are still available. If they are not, the SPCA has many other loving pets available to suit you and your family. The SPCA is located at 6201 Florin-Perkins Road.



Second chance cats

# Happy tales from Happy Tails

By ELLEN COCHRANE  
Pocket News writer

The longhaired, blue-eyed punk scaled a 30-foot tree and got himself stuck in the canopy for eight days. He made the evening news. A tree-trimming crew bagged the bad boy and rappelled him down. He then spent time in the pokey until Happy Tails bailed him out. With three of his nine lives ticked off, he is one lucky kitty.

Cats like Tarzan are “second chance cats” and they are Happy Tails Pet Sanctuary’s specialty.

Rescued from an uncertain fate at the Sacramento City Animal Shelter, he was brought to Happy Tails on Folsom Boulevard for a second chance at adoption. He was cleaned up, micro-chipped, checked, vaccinated and neutered.

Happy Tails won’t refuse a cat.

“But first do everything you can to help us out,” says Cathryn Rakich, events coordinator. “Ask everyone if they’ll adopt the cat. Try to find the owner. People should know that we are bursting at the seams.”

Established in 1993, and located at 60th Street and Folsom Boulevard, the Sanctuary is a no-kill facility (all cats are kept until adoption or death, no euthanasia). An all-volunteer team of 300 people, with 50 foster homes, moves a continuing cycle of cats, like Tarzan, through a careful adoption system.

From cage cleaner to board member, there are no paid positions.

Volunteers can work from one to 20 hours a week. There are no set requirements for volunteers. People do what they can.

About 70 percent of the felines come from the Sacramento area community and about ten percent are rescued from other shelters. These are cats like Tarzan – with lots of character and pizzazz that deserve a second chance.

Happy Tails also has an adoption partnership with PetSmart. The store provides a holding room, bank of cages, food and litter for adoptable felines. The Happy Tails team maintains the Arden and Watt

PetSmart location and shows animals for adoption at the on Saturdays from 10 a.m. to 4 p.m. and on Sundays from 11 a.m. to 5 p.m.

### Kitty out!

A brindled tabby squirmed quickly through an open condo door.

“Kitty out!” several volunteers shouted. The crew hustled to secure the middle and exterior doors to catch the escapee. Speed saved the day and the cat (with a surprised look on his face) was returned.

The Folsom Boulevard site includes exam and intake rooms, a sick bay and a triple secure door system: interior, middle and exterior door.

The residents aren’t kept comfortable in cages, instead there are seven glass walled enclosures, or condos, that divide different populations. One is for the more senior residents, two are for adults and four are for special needs cats.

Special needs include positive tests for cat leukemia, FIV, or social challenges and provides sick cats ‘assisted living’ until they’re back on their paws.

Every room is decorated with toys, cat trees and ample bedding. Cleaners keep the rooms clean and the cats are relaxed.

### Kitten season

The saddest time of the year for cats may be spring.



Cathryn Reynolds cuddles one of the cats that is available for adoption to a “forever home” at Happy Tails Pet Sanctuary in East Sacramento.



Pocket News photos, Ellen Cochran

Cats at the Happy Tails Pet Sanctuary live in comfortable, home-like rooms – just like an indoor cat in a home would experience. The cats are relaxed and ready to give humans a second chance.

“Traditional kitten season kicks in when the weather warms up,” Rakich said. “It used to be primarily May through July but now it runs late April through September.”

This is the time when unsprayed mom cats give birth

to kits that are very hard to place in good homes. The cat population swells, as do deaths and abuse.

Happy Tails kittens are kept in foster homes. On

See Happy Tails, page 11

## Community Worship

### Greenhaven Lutheran Church

475 Florin Road (at Gloria Dr.) • 428-8449

Sunday Worship Service: 10:15 am

Bible Class & Sunday School: 9:00 am

Angels Nest Pre School 2 yrs. - 5 yrs.

### Faith Presbyterian Church

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Tarzan is a "second chance cat." His days of outdoor adventure are over, however, and he is awaiting a new forever home as an indoor kitty.



Pocket News photos, Ellen Cochran

Chow time. During the spring kitten season, Happy Tails volunteers foster kittens in their homes. This little one is about three weeks old.

# Happy Tails: No-kill facility strives for happy endings to tough beginnings

Continued from page 10

the day this writer visited, there was a wiggling carry bag on the floor.

"A homeless man found four abandoned kittens and put them on the conveyor belt at PetSmart," said Jolene McChesney, Adoption Center coordinator. She gently poked a rubber nipple into a grey kitten's protesting mouth. "These are young, maybe three weeks old."

McChesney will be a surrogate mom, feeding and loving the babies, until they are old enough to be put up for adoption.

The bag of kittens was on its way to a foster home because the sanctuary is

not equipped for kitten needs. "Each kitten takes more than \$100 to move through the adoption process," said McChesney.

### Life on the edge

Feral cats also fall under the protection of the shelter.

"We have two secret feral cat colonies in Sacramento," said Rakich. "We practice catch and release – spay and neuter, and feeding. The sites are secret so people won't dump cats near the area."

"A hard life does not make a grumpy cat," Rakich continued, stroking and hugging a chub-

by black tom named Bronco. He was moved into the sanctuary from the feral population. Purring and limp, Bronco carries a ragged neck scar from a collar that had grown into his skin. His frayed ears and nicks made him look like a hardened felon.

"We have to have thick skins," said Rakich. "We never get used to (the cruelty). We want all cats to be safe, sound, nurtured and have a home to blossom in."

### Help needed

Happy Tails needs any help the Sacramento com-

munity can offer, but it especially needs homes for the cats.

Potential adopters are screened carefully and some balk about the shelter's no outside cat rule. All new owners must pledge to keep the cat indoors, no exceptions.

"It's just safer for the cat," says Rakich.

Rakich ponders the plight of the animals.

"People say it's not their responsibility... 'I just found it,'...or 'I'm just helping to get it to the shelter,'...I believe it's everyone's responsibility to help these animals."

By the way, Tarzan, the bad boy acrobat – he's happy, fluffy, reformed and waiting at Happy Tails for a loving forever-family.

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# A 'full service' city?

By **DARRELL FONG**  
Sacramento City Council Member, District 7  
dfong@cityofsacramento.org

Since my last article, the City of Sacramento has released a proposed Budget that requires \$39 million dollars in cuts. The reductions come, mostly, from cutting employees in departments across the City.

The Budget proposes laying-off 98 police officers. As retired police captain, with nearly 30 years of service, I cannot recall our City ever laying-off police officers.

Cities across our state are facing similar challenges. The one shared challenge is a diminishing source of revenue. The three major sources of revenue – which the City uses to pay for police, fire, parks, code enforcement, libraries, and community centers – are property taxes, utility user taxes and the sales tax. Over the past four years, we have seen substantial declines in two out of the three sources of revenue. Since 2008, the City has lost over \$100 million in services. The question I have is: "Are we still a 'Full Service City?'"

We have reduced our public safety budget by more than \$55 million dollars since 2008. Our parks, as many of us are aware, are not maintained the way they were several years ago. Our community centers are proposed to be shuttered.

Bad policy

Over the past several years, the city has used one-time funding, the equivalent of our savings account, to fix our budget problem. This is bad policy; because it only delays dealing with the problems. The assumption for using one-time funding was that the economy would recover and we could continue the level of service we enjoy. That assumption has not proven to be correct. Our property and sales tax revenue has remained essentially flat.

The City needs to prioritize what the community feels is most important. When I held a series of Community Connection meetings earlier this year, I asked attendees to prioritize what they felt was important. The general consensus was: public safety, garbage collection and parks were the top priorities in our City. We will have to develop solutions that are fair for our community and the employees that work to keep our City safe and clean.

Please, if you have questions contact my office. My mailing address is: City Hall, 915 I Street, Sacramento, CA 95814. Phone is (916) 808-7007. Email is dfong@cityofsacramento.org.

### Darrell Fong office hours

Office hours will be hosted in the Pocket at the RWPG Library Community Room on the following dates:

- June 8.....6:30 p.m.–7:30 p.m.
- Aug. 18..... 6:30 p.m.–7:30 p.m.
- Oct. 15 ..... 10 a.m.–11 a.m.
- Dec. 1.....6:30 p.m.–7:30 p.m.

# Pocket author to hold book signing

Pocket News staff

Local writer and book author, Earl Rogers will be signing copies of his book "The Mountain of the Seven Gables" at Boba Tea and Gifts on June 3 from 5 p.m. to 8 p.m.



The novel is a story of survival and redemption, set against the backdrop of Northern California and the John Muir Trail from Yosemite to Mt. Whitney.

"The Mountain of the Seven Gables" is a soul-searching journey for Josh, who lost his faith in Vietnam and believes that life should not demand another sacrifice. It is an emotional roller coaster for Becky, driven by circumstances to choose between the man she loves and her sister's children. Saul is a mountaineer whose terrible secret is revealed to Josh on the mountain. In the end, each one learns about pain and possibility of healing.

Rogers is also the author of "Flying the Rim" and "A Yankee Ace in the RAF."

Boba Tea and Gifts is located at 9020 Elk Grove Blvd. in Elk Grove. For more information, call (916) 686-4114 or visit <http://mountainofsevendables.com>.

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*\*Refreshments & Appetizers will be provided.\**

Please RSVP no later than 3 days prior to each seminar. You can contact us for more info @ (916) 392-3510



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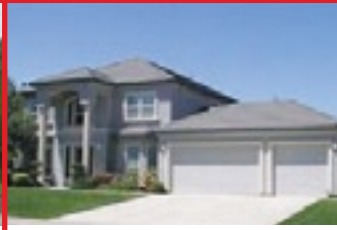
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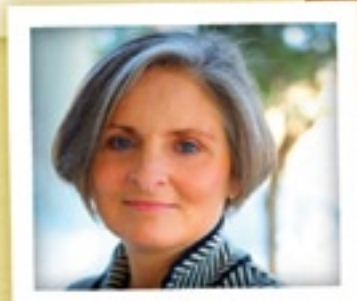
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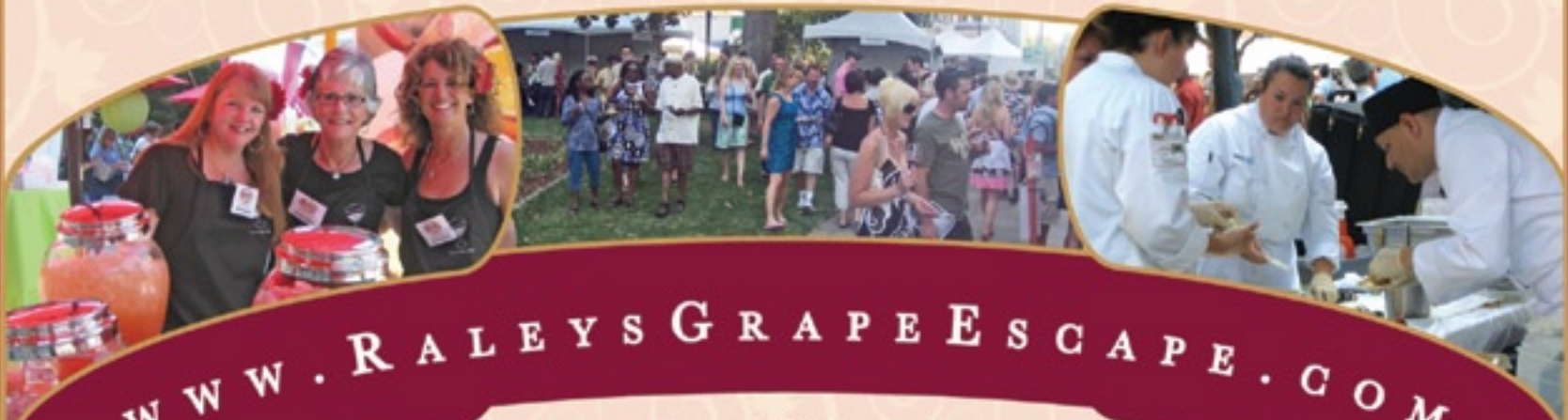
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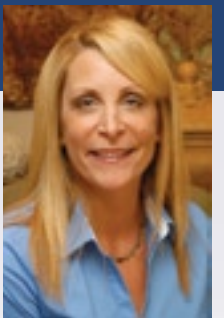
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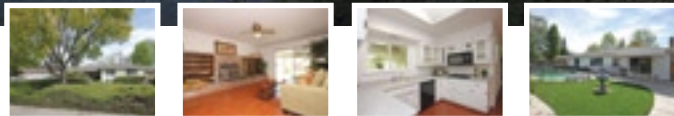
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# Faces and places Lego Block Party at the Robbie Waters Pocket- Greenhaven Library

Photos by DANNY KAM  
Pocket News photographer

Kids of all ages turned out for the Second Saturday Lego Block Party at the Robbie Waters Pocket-Greenhaven Library on May 14.

Thousands of tiny Lego and Duplo construction blocks were spread out on the floor of the community room at the library. Kids sat right in the middle of the blocks and got down to work, creating amazing structures.

A Second Saturday Lego Block Party is held every month at the library. The next one will be on June 11.



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Pocket News photo, Linda Pohl

Those are mighty big shears... Sacramento City Council Member Darrell Fong prepares to cut the ribbon to the Pocket's newest senior care facility, The Meadows. Left to right, Sara White, Bill White, Rangi Giner, Billy McBroom, Debbie Ebbitt, Council Member Darrell Fong, Greg Leuterio and John Cimino, Jr.

## 'The Meadows' assisted care open in Pocket

Pocket News staff

Representing the District 7 Pocket-Greenhaven area, Sacramento City Council Member Darrell Fong officially cut the ribbon for the grand opening at The Meadows, a new assisted living facility on May 11.

The facility is beautifully furnished so residents will feel comfortable and at home.

Services that will be offered include Alzheimer/dementia care; temporary care for se-

niors recovering from elective surgery; temporary care for families that will be traveling but who need to know that their loved one will receive proper care; hospice care; non-medical assistance with daily activities (grooming, dressing, etc.); and more.

The Meadows at Country Place is located at the corner of Country Place and Florin Road, at 10 Country Place in Sacramento. Interested parties can call for a private tour of the facility at (916) 706-3949.

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Know your neighbor

# Pocket pitcher Max Cordy signs with UC Davis

By **BENN HODAPP**  
Pocket News writer  
benn@valcomnews.com

It would seem that McClatchy High School senior and baseball player Max Cordy was built to excel athletically. At 6'4", Cordy remains someone that most of his peers literally look up to. And while one might be quick to label his early athletic prowess a product of his size, Cordy continued to work and show that his skills surpassed even his impressive frame. In fact, he got so good that he rode his skills to a scholarship from UC Davis for next year.

Cordy, a Pocket area native, began to play baseball when he was just four years old for Pocket Little League. He grew up watching the game of baseball and before long he got good – really good. A lot of kids have cartoonish numbers in Little League, but Cordy has brought those ridiculous stats to the high school level.



Photo courtesy, Jerry Cordy  
Max Cordy poses for his senior year picture in his McClatchy Lions uniform.

Through his team's first 22 games (the stats for the final two games of the regular season were not posted by press time), Cordy managed a .493 batting average with three home runs, 40 runs batted in and a nearly unfathomable 1.351 on-



Photo courtesy, Jerry Cordy  
Max Cordy makes contact with a pitch for the McClatchy High School Lions. Cordy earned a scholarship to play baseball at UC Davis beginning next year.

base plus slugging percentage.

The Lions wrapped up a 20-4 regular season with a 6-2 victory over Sacramento High School on May 5. The team's 13-1 Metro Division record earned the Lions the regular season division title. Monstrous numbers are nice, but it's these team stats that he is most proud of.

"Our goal is to take the section title," Cordy said. "Our pitching has really progressed, and with our offense I think it's a realistic goal."

Cordy, who plays center field and pitches for the Lions, thinks that the team is even better than it has shown so far this year due to players now returning from injury. Both Cordy and friend/teammate Dennis Fennessey have dealt with injuries, which have dealt a blow to the pitching staff.

Cordy and Fennessey are arguably the top two pitchers on the team and when they're both throwing the ball at the top of their game, McClatchy can be extremely tough to beat.

"He's our hottest hitter and our best pitcher," Fennessey said. "He has improved greatly in his time with the team."

Fennessey shares in the belief that the team can achieve a section title.

"We've been playing pretty well lately," Fennessey said.

"We can definitely make a run; we just need to execute."

After the season ends, Cordy will take what he has learned on the field and in the classroom just a little way down the road.

Cordy's father Jerry is an alumnus of UC Davis. He graduated in 1979 with a bachelor's degree in agricultural business. Needless to say, it felt good to hear that his son would haunt the same campus he once did. Jerry explained that while Max's baseball talent is obvious, it is his willingness to work and get better that really makes him great.

"Max loves to learn," Jerry said. "He feeds on information; coaches love coaching him."

Max echoed his father's sentiments, saying that he prides himself on working hard and listening to his coaches.

"I try to set an example," Max said. "I'm hard working and I'm willing to try and get better. I'm definitely open to coaching."

When asked if Max takes after him in the athletic department, Jerry is quick to give that credit to his wife (and Max's mother) Joanne. She was a multi-sport star in high school, was part of a state champion basketball team and even coached basketball for a number of years. Max's siblings are athletes as well. Older brother

Ben plays baseball at Sacramento City College and his younger sister Jackie plays softball.

Making dad proud by attending the same university is great in itself, but Max looks forward to other challenges and experiences at the next level. He chose Davis because it had the major he wanted (genetics) and a baseball team which he is confident he can make better.

Max said that he has always had an interest in science and AP biology as a junior got him interested in genetics. He said that ultimately he wants to be able to help people and possibly cure diseases through his work in genetics.

Max, a life-long Giants fan, called Brian Wilson, Buster Posey and Matt Cain his favorite players. He said that he is excited about meeting new people, making new friends and traveling with the baseball team as a student athlete at Davis.

The playoffs are the final challenge standing between McClatchy and the coveted section title. The team will face Del Campo High School on May 19, as this paper goes to press. If the Lions win that game, they will move on to the second round. Regardless of what happens in the postseason, Cordy's baseball career is far from over.

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

See Sudoku Answers, page 28





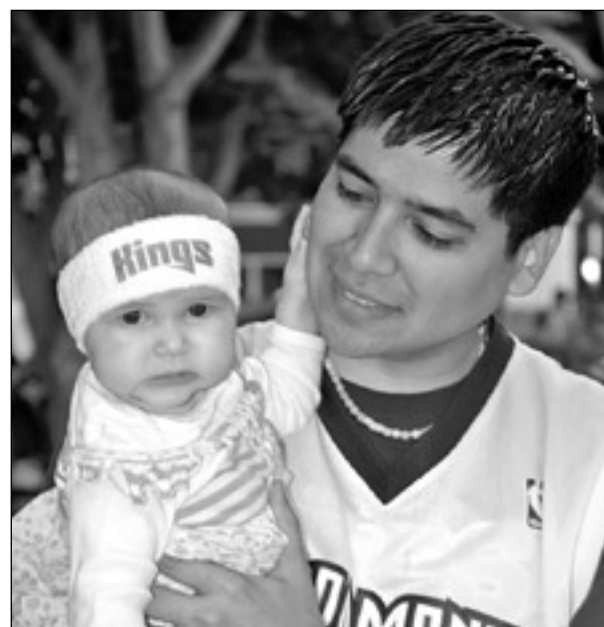
## '#HereWeBuild' rally in César Chávez Park

Photos by TOM PANIAGUA  
Pocket News photographer

Whether they came by foot, regional transit or rode in from East Sacramento by bike...they all wore purple, as fans of the Sacramento Kings turned out in large numbers for the #HereWeBuild Rally at César Chávez Park last week on May 10.

#HereWeBuild is a social media fan movement geared toward building a new Sacramento arena for the Kings. The rally took place before the city's weekly council meeting. Many members of this social medium are also members of Here We Stay – another community movement dedicated to keeping the Kings in Sacramento.

Fans have pledged over \$800,000 toward the new arena effort on the organization's website, [www.herewebuild.com](http://www.herewebuild.com).





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## Art, nature combine for a perfect day at the Land Park Garden Tour and Tea

Story and photos by SUSAN LAIRD  
Pocket News editor  
susan@valcomnews.com

Sunny and mild weather greeted visitors to the 13th annual Land Park Garden Tour and Tea on Saturday, May 7.

Eight residences opened their gardens to the public, each enhanced with artworks from different organizations within the Sacramento arts community. These included the Crocker Art Museum, California Musical Theatre, local artists and even the work of students.

Each garden featured spaces for gathering and entertaining. Some featured quiet sanctuaries to retreat from the outside world. Many featured raised vegetable garden beds. (It's time to plant those tomatoes).

One Mediterranean style home, however, certainly had the "wow" factor: a Persian garden complete with a fountain that featured water – and fire.

Proceeds from the tour, tea and gift boutique will benefit the fine arts program and the Academic Decathlon Team at Holy Spirit Parish School in Land Park, and Mustard Seed School at Loaves and Fishes in Sacramento.



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# CALENDAR

For more Calendar entries visit  
www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

## REUNIONS

### JFK High '69, '70, '71

**July 16:** The John F. Kennedy High School combined reunion for the classes of 1969, 1970 and 1971 is rapidly approaching! We are in need of contact information so we can spread the word to as many of our old friends and classmates as possible. For more information please send your email address and/or phone number to: jfkreunion69-70-71@hotmail.com or call (916) 475-3816

### JFK High Class of 1981

**Aug. 6:** The John F. Kennedy High School Class of 1981 will celebrate its 30th Reunion. \$75/person. 6 p.m. to 11:30 p.m. Valley High Country Club, 9595 Franklin Blvd., Elk Grove. Visit www.johnkennedyclassof81.com for more information.

## MAY

### Tai Chi

**Daily, except Sundays:** Meditation, breathing, forms and various styles of Tai Chi are taught. No experience necessary. Everyone welcome. Free. 8 a.m.-9 a.m. Reichmuth Park, 6135 Gloria Dr., Sac. (601) 559-5481

### Meaning and Medium

**Through July 10:** This exhibition explores the diversity of media in art, including photography, painting, sculpture, and mixed media. Pieces on display include work from various Sacramento-area high schools. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

### 'Bytes of Reality'

**Through July 17:** Southern California artist Daniel Douke responds to everyday experi-

ence by rendering the transient packaging of consumer products - particularly the box. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

### The Photosynthetic Restaurant

**Through July 17:** Gourmet Sunlight for Plants as Catered by Jonathon Keats, a conceptual artist, fabulist, and critic, has developed a gourmet cuisine for the world's first photosynthetic restaurant, set in the floral plantings in front of the historic Art Gallery building of the Crocker Art Museum. 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

### Bilingual Toastmasters

**May 19, 26:** Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentotoastmasters.com

### Carmichael Chamber Night

**May 19:** Enjoy Carmichael Chamber Night at Raley Field. River Cats v. OK Red Sox. 7:05 p.m. Raley Field, West Sac. Call Linda Melody (916) 481-1002 or (916) 203-1681

### Food Addicts Anonymous

**May 19, 26:** 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

### Living Positive with Chronic Disease group

**May 19, 26:** Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication

strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

### Ohana Dance Troupe

**May 19:** Learn the proper Hawaiian names for the hula steps, which are introduced as the dances are performed. Great fun for all. 4 p.m. Arden-Dimick Library, 891 Watt Ave., Sac. www.saclibrary.org

### Rotary Club of East Sacramento

**May 19, 26:** Hear guest speakers address local, regional and international topics. Visitors welcome. 12:15 p.m.-1:15 p.m., every Thurs. Salvation Army Dining Hall, 2550 Alhambra Blvd., Sac. www.rotary.org

### Rotary Club of Pocket/Greenhaven

**May 19, 26:** Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

### Sutterville Heights Optimist Club

**May 19, 26:** Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Cliff (916) 427-2698 or Mary-Jo at (916) 691-3059

### Big Band Dance

**May 20, 24, 27, 31:** Dance to the rhythms of the Big Band era. Every Tues. & Fri. \$5 admission. 1:15 p.m.-3:45 p.m. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael. (916) 972-0336

### Kiwanis Club of East Sacramento-Midtown

**May 20, 27:** Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us" 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

### 'Murder-Go-Round'

**May 20, 21:** St. Michael's Actors' Guild presents a comedy, "Murder-Go-Round" by Fred Carmichael. \$15 general, \$12 seniors & students. Call for times, special packages. St. Michael's Episcopal Church, 2140 Mission Ave., Carmichael (916) 557-0151

### Rotary Club of Point West

**May 20, 27:** Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Red Lion Inn, 1401 Arden Wy., Sac. www.pointwestrotary.com

### Soroptimists of Sacramento

**May 20, 27:** Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

### Barking Lot Sale

**May 21:** Antiques and collectibles galore at this "Barking Lot Sale" to benefit the animals at Happy Tails Pet Sanctuary. To donate, call (916) 556-1155 or email purrball@happytails.org. Sale is 8 a.m. to 2 p.m., Happy Tails Pet Sanctuary, 6001 Folsom Blvd., Sacramento.

### Food Addicts Anonymous

**May 21, 28:** 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

### Cactus & Succulent Show

**May 21-22:** Come enjoy beautiful displays of cacti and succulents. Plants, pottery, books for sale. Free admission. Sat. 9 a.m.-4 p.m., Sun. 10 a.m.-2:30 p.m. Carmichael Park Clubhouse, 5750 Grant Ave., Carmichael. (916) 729-3475

### Music in Arden Park

**May 21:** Pinkie Rideau and Blind Resistance will play the blues. 6 p.m.-9 p.m. Bring your blankets and lawn chairs. No glass containers allowed. 1000 La Sierra Dr., Sac. (916) 483-6069 www.aprpd.org

### Race for the Ring

**May 21:** Teams of two people each will pedal, scoot, skate or walk through Downtown Sacramento solving clues and challenges sent via text message. Benefits the Sacramento Food Bank & Family Services. 9 a.m. - 1 p.m. \$40 per team. Visit www.raceforthering.com to sign up

See more Calendar, page 28

★ ★

## WE NEED YOU TO VOLUNTEER FOR THE POCKET PARADE!

**July 4th, 2011**



### We need your help!

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# CALENDAR

For more Calendar entries visit  
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## Sheep Shearing at Fairytale Town

**May 21:** Farmer Brown showcases Fairytale Town's friendly barnyard animals at the Fourth annual 'Farms, Friends and Fairytales' event. Visitors can see Fairytale Town's twin Baby-doll sheep, Lucy and Ethel, lose their winter coats with an old fashioned sheep shearing. Then the fun continues as a wool spinner, spins the wool on a spinning wheel to create yarn. Another unique activity is a yummy one: Children can learn how to make their very own ice cream. \$4.50/person. 11 a.m.-3 p.m. Fairytale Town, 3901 Land Park Dr., Sac. (916) 808-7462 www.fairytaletown.org

## Arden Bark Dog Show

**May 22:** Welcome Children of all ages and Dogs of all Breeds! Categories like Softest Ears, Longest Tail, Best Bark, Etc. Top Prize for Children's Essay Contest. Food and drinks available. Sheriff K-9 Detail Demonstrations. Admission is free. Entering your dog for judging is just \$5 per category. Noon-4 p.m. Arden Park, 1000 La Sierra Dr., Sac. (916) 483-6069 www.aprpd.org

## Co-Dependents Anonymous

**May 22, 29:** 12-Step group for those who struggle to maintain healthy relationships.

Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

## Community Sunday breakfast

**May 22, 29:** Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

## Forgotten Warrior: Cary Farley concert

**May 22:** Musical artist Cary Farley will perform at the Forgotten Warrior benefit for veterans helping veterans returning from Iraq and Afghanistan. Fine food from local restaurants, wine and beer tasting, silent auction, raffle, more. \$30/ticket, discount for groups. 5 p.m. to 8 p.m. Carmichael Presbyterian Church, 5645 Marconi Ave., Carmichael. Call for tickets, (916) 969-4387

## Fred Morgan's Band

**May 22:** Enjoy the sounds of the Big Band Era every fourth Sunday of the month. 2 p.m. - 5 p.m. Sacramento Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 444-6138

## Sunday Support for the widowed

**May 22, 29:** The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine - holidays included. 3 p.m.-5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

## Sudoku answers

Continued from page 22

2	7	3	8	1	6	9	4	5
9	5	8	3	7	4	2	6	1
1	6	4	5	2	9	7	8	3
8	4	2	7	9	5	3	1	6
3	9	5	6	8	1	4	2	7
6	1	7	2	4	3	5	9	8
4	3	9	1	5	8	6	7	2
7	8	6	4	3	2	1	5	9
5	2	1	9	6	7	8	3	4

## Co-Dependents Anonymous

**May 23, 30:** 12-Step group for those who struggle to maintain healthy relationships. Meets Mondays. 7:30 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

## Hatha yoga

**May 23, 30:** Align the body through breathing techniques, postures and deep relaxation. 3 p.m.-4 p.m. Hart Senior Center, 915 27th St., Sac. (916) 808-5462. Meets every Mon. Repeats Wed., Fri.

## Rotary Club of South Sacramento

**May 23, 30:** Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

## Swingin' Safari Golf Tournament

**May 23:** Come out swinging for the Sacramento Zoo at the Tenth Annual Golf Tournament at El Macero Country Club. Think you are a pretty good golfer? Get ready for a swinging-good time for golf, food, prizes and the wildest putting contest in the Sacramento area! The 10th annual golf tournament supports the Sacramento Zoological Society's educational programs. Every year, the education programs at the Sacramento Zoo reach students of all ages with on-site programming and community outreach. Your support will expand the Sacramento Zoo's role as an educational and recreational facility for the community to enjoy. 11:30 a.m. (916) 808-5166 www.saczoo.org

## Tai Chi & Chi Keung

**May 23, 30:** Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

## Toastmasters

**May 23, 30:** Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.-8:30 p.m. Mondays. No meeting Memorial Day, May 30. Executive Airport, 6151 Freepoint Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freetoasthost.org

## Rotary Club of Arden-Arcade

**May 24, 31:** Hear guest speakers address local, regional and international topics. Vis-

itors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

## Rotary Club of Carmichael

**May 24, 31:** Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

## Upholstery class

**May 24, 25, 31, June 1:** Learn how to upholster! All types: furniture, auto, boat. Adult ed class taught by an upholstery professional. Tuesdays, 11 a.m.-3 p.m., Wednesdays, 9 a.m.-1 p.m. \$45 for four weeks. McClaskey Adult Center, 5241 J St., Sac. Jerry Prettyman (916) 806-2172

## Senior Wednesday Club

**May 25:** The Senior Wednesday Club meets to chat, play bridge, pinocle or bingo. Free. Bring a brown-bag lunch. Free coffee, tea and dessert. Meets Wednesdays. 10 a.m. to 2:30 p.m., Mission Oaks Community Building, 4701 Gibbons Dr., Carmichael. Judi (916) 247-6020

## Toastmasters

**May 25:** All area business people invited to hone their speaking skills. Noon-1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

## 'Academy Showcase' concert

**May 26:** Sacramento's VITA (Vocal and Instrumental Teaching Artists) Academy Orchestra and Soloists will perform highlights from Stravinsky's "Firebird," Holst's "Planets" and Mozart's "Magic Flute." 7 p.m. Sacramento State, Capistrano Recital Hall, 6000 J St. Sac. Ticker info at www.VITA-Academy.org or (916) 486-8538

## Big Names, Small Art

**May 26:** Music, artist demonstrations, silent auction, a good time and a great cause. Bids start at \$25 on all works of art. Crocker Art Museum. Members RSVP to (916) 808-2692 or cam@crockerartmuseum.org Non-members can purchase advance tickets at crockerartmuseum.org at the museum admission desk. 6 p.m.-9 p.m. 216 O St. Sac.



## 2011 CAMPS

### • FREE SESSIONS: Ages 4-9

Free Friday Camp: June 10 - August 5, 5:30 - 6:30

### • SUMMER CAMPS: Ages 5-15

All Around Skills Camp: June 20-24, 9am-noon

All Games Camp: July 11-15, 9am-noon

All Around Skills Camp: August 1-5, 9am-noon

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# JFK CSF ballroom dance a success

Special to Pocket News

The John F. Kennedy California Scholarship Federation (CSF) hosted the annual Casey's ballroom dancing event, which turned out to be a great success.

Many people from the community, young and old, attended the event and enjoyed their time dancing away into the night with great music. CSF worked diligently to put this amazing event together by coordinating ballroom dance classes, contacting the community and contributing help to make the dance event run smoothly.

CSF would like to greatly thank Mr. Weir for making this event possible, the ACC and community for showing up, and the CSF members who donated their time and wonderful effort.

CSF hopes to make next year's Casey's ballroom dance an even greater success.



**Ilah Turner**  
GRI

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## Church Rummage Sale

Saturday, June 4, 2011  
8 am – 2 pm

**Sacramento Buddhist Church**  
2401 Riverside Blvd.  
(Riverside/X St.)

Collectibles, clothing, household goods, books, electronics, tools, furniture, plants, equipment, and more!

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# Sacramento County Fair

Memories & Magic  
An Enchanting Fair

May 26-30, 2011

CAL EXPO  
SACRAMENTO

www.sacfair.com 916-263-2975



## FUN FOR THE WHOLE FAMILY!

Sea Lion Shows and Exhibit  
Circus Imagination  
Enchanted Forest with Exotic Creatures  
See Our New Privacy Lounge  
for Moms & Babies



## DEMOLITION DERBY • SAT. MAY 28

6:00 pm, Cal Expo Arena, Ticket required for admission.



## MUSIC AND SHOWS!

Hypnotist Tyzen  
Matt Baker, Comedy Stunt Show  
Verizon Wireless Stage: Mother Mayhem,  
Tribute to Taylor Swift, Maxx Cabello,  
Tess & Hip Trash

Save up to  
**\$15!**

**Walgreens**  
Corner Box Office

Fair ValuPass only available at Walgreens.  
Includes: 1 Fair Admission & 1 Carnival Wristband.  
**Adult ValuPass \$15 • Kids & Seniors ValuPass \$12**

**FREE ADMISSION FOR KIDS & SENIORS • GENERAL ADMISSION \$5**

For Fair hours, event schedules, discount offers & more visit [www.SacFair.com](http://www.SacFair.com) or call 916.263.2975.







**\$6.99 haircut**  
offer expires 6/19/11  
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**\$6.99 haircut**  
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Sacramento, CA 95831  
(Mugget Market Shopping Center at Florin & Greenhaves)  
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Mon-Fri 9am-9pm • Sat 9am-6pm • Sun 10am-5pm

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Haircuts that fit you.  
Great Clips Relax, You're at Great Clips

See More Photos & Open House Schedule for my "Featured Homes" at:  
**GreenhavenPocketHomes.com**

**1332 Eloah Wy - \$269,900 >**  
"Country-in-the-City" setting! Charming 3bd 2ba with elegant formal living & dining rms. Updated kitchen! Large master ste w/French doors to yard. Enclosed patio room, plus bonus rm. RV or boat parking. Apx 1,880 sf!  
**Rio Park Area!**  
\$269,900

**Near the Greenbelt!**  
Now \$349,900!  
< 805 Parklin ~~\$367,500~~ Now \$349,900!  
Beautifully restored Greenhaven Classic! 3bd 2.5ba 1-story. Upd kitchen w/soapstone counters, 6-burner gas cooktop. Master Ste w/bonus rm. Large bdrms & baths. Lots of wood floors. 2-1/2 Car Garage. Apx 2,271 sf!

**5987 Gloria Dr - 4 bdrm! \$238,500 >**  
Super clean 4bd 2ba w/fam rm. Updated roof, heat & air, kitchen appliances w/gas cooktop. Fresh interior paint. Some exposed wood flooring. 2-1/2 Car Garage. Near Reichmuth Park, shopping, library, more! Apx 1,576 sf!  
**S. Land Park Hills!**  
4 bdrm! \$238,500

**Near the Greenbelt!**  
\$248,000  
< 889 Royal Green Av - \$248,000  
Superb location! Well maintained 3bd 2ba w/family rm. Updated granite counters in kitchen & baths! Laminate flooring in living rm, hallway & all bdrms. Updated roof, dual-pane windows & more! Apx 1,485 sf!

**7045 Riverside - \$269,888 - Now \$262,000 >**  
Attractive 3bd 2ba within the Didion school boundaries.\* Many recent updates... kitchen w/granite counters, carpet & tile flooring (no vinyl flrs), paint inside & out. New gas heat 2/2011. 2-1/2 Car Garage. Apx 1,944 sf!  
**Pocket / Didion Area!**  
Now \$262,000!

\* Per public records or other sources deemed reliable, but has not been verified by agent or broker. Interested parties to verify.



Over 30 Years Experience - References  
Greenhaven / Pocket Area Specialist  
Masters Club, Outstanding Life Member

**Bill Bonner**  
(916) 320-1888  
[Bill@PocketAreaHomes.com](mailto:Bill@PocketAreaHomes.com)



Dunnigan Real Estate  
DRE# 00692245



[GreenhavenPocketHomes.com](http://GreenhavenPocketHomes.com)



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Sunday, May 22, 8am - 3pm



**SACRAMENTO**  
*Antique Faire*  
ANTIQUES AND COLLECTIBLES  
Every 2nd Sunday of every month  
Sunday, June 5, 6:30am - 3pm

**21st Street between W & X**  
(under the freeway)

**FOOD! FREE PARKING! \$3 admission, under 16 FREE!**

916.600.9770 • [SacAntiqueFaire.com](http://SacAntiqueFaire.com) • [SacCraftandFlea.com](http://SacCraftandFlea.com)



**Heavenly's Yogurt**



[www.HeavenLysYogurt.com](http://www.HeavenLysYogurt.com)  
Kids get first 4 oz. FREE every Friday from 4-8pm

7600 Greenhaven Dr., #21  
(916) 455-6000  
11:00 am - 9:30 pm Daily  
5535 H Street, #10  
(916) 422-8120  
11:00 am - 9:30 pm Daily

**FREE YOGURT**  
Get a FREE 8 oz. yogurt when you purchase 8 oz. or more of yogurt.  
Limit 1 free 8 oz. yogurt per coupon.  
One coupon per person per visit with coupon. Not valid with other offers. Exp. 05/31/11



## ROCK SOLID IN REAL ESTATE

390 COUNTRY RIVER WAY \$429,000

**NEW LISTING**



SINGLE FAMILY, 3 BEDROOM, 3 BATH, 2377SF.  
**TERRY MULLIGAN 768-3796**

6170 13TH STREET \$377,900



SINGLE FAMILY, 3 BEDROOM + OFFICE, 3 BATH, APX 2515SF.  
**JOLEEN DUNNIGAN 717-3559**

423 CEDAR RIVER WAY \$365,000

**NEW PRICE**



SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2517SF.  
**LYNN LUK LEE 628-2843**

805 PARKLIN AVENUE \$349,900



SINGLE FAMILY, 3 BEDROOM, 3 BATH, 2271SF.  
**BILL BONNER 320-1888**

8049 LINDA ISLE LANE \$335,000

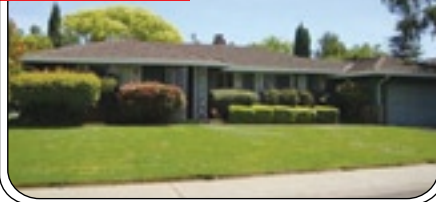
**NEW PRICE**



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1428SF.  
**MARSHA CHAN 217-5500**

6591 LONGRIDGE WAY \$329,950

**NEW LISTING**



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1813SF.  
**JOHN WONG 531-7150**

571 RIVERGATE WAY \$309,900



SINGLE FAMILY, 3 BEDROOMS, 2.5 BATHS, 2245 S.F.  
**NICK LAPLACA 764-7500**

1332 ELOAH WAY \$269,900



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1880SF  
**BILL BONNER 320-1888**

7045 RIVERSIDE BLVD \$262,000

**NEW PRICE**



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1944SF.  
**BILL BONNER 320-1888**

7 NORTHLITE CIRCLE \$249,900

**PENDING**



SINGLE FAMILY, 4 BEDROOM, 2 BATH 2186SF.  
**MELODY TACTAQUIN 612-0825**

889 ROYAL GREEN AVENUE \$248,000



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1485SF.  
**BILL BONNER 320-1888**

230 PORTINAO CIRCLE \$239,900



HALF PLEX, 2 BEDROOM, 2 BATH, 1538SF.  
**NICK LAPLACA 764-7500**

5987 GLORIA DRIVE \$238,500



SINGLE FAMILY, 4 BEDROOM, 2 BATH, 1576SF.  
**BILL BONNER 320-1888**

7531 SALTON SEA WAY \$219,950



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1322SF.  
**JOHN WONG 531-7150**

7709 EAST PORT DR (LOT 40 EASTSHORE) \$199,900



RESIDENTIAL LOT, 0.192 ACRES  
**MARSHA CHAN 217-5500**

402 ROUNDTREE COURT \$79,900



CONDO, 2 BEDROOM, 2 BATH, 1074SF.  
**KARLA OPLIGER 399-0478**



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**ELK GROVE**

10310 GILLIAM WAY - \$229,950

**PENDING**  
3 BEDROOMS, 2.5 BATHS, 2659 SF WITH A 3 CAR GARAGE.  
**JOLEEN DUNNIGAN 717-3559**

9367 FOULKS RANCH DRIVE-\$194,000

**PENDING**

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 2031 SF  
**BRANDON GREENBERG 224-0903**

3136 E LAGUNA COURT-\$239,000

**PENDING**

SINGLE FAMILY, 3 BEDROOM, 3 BATH, 1424SF.  
**BOB WILSON 686-6868**

**SACRAMENTO**

2940-2932 FREEPORT BLVD.-\$990,000

2 UNITS

**TERRY MULLIGAN 775-1908**

5154 CONNECTICUT DRIVE #4-\$51,000

CONDO, 2 BEDROOM, 1 BATH, 924SF.

**BRANDON GREENBERG 224-0903**

1230 40TH AVENUE-\$299,900

**PENDING**

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 2324SF  
**DAVID OHARA 600-9495**

3029 62ND STREET-\$195,000

**PENDING**

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1241 SF  
**DAWN O'CONNOR-ROWE 799-4835**

7311 RIVERWIND WAY-\$189,900

HALF PLEX, 3 BEDROOM, 3 BATH, 1779SF  
**JOLEEN DUNNIGAN 717-3559**

2123 57TH AVENUE-\$125,000

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1594SF  
**DAVID OHARA 600-9495**

2871 59TH STREET-\$299,900

SINGLE FAMILY, 3 BEDROOM, 1 BATH, 1343SF  
**NICK LAPLACA 764-7500**

5613 CAZADERO WAY-\$120,000

SINGLE FAMILY, 2 BEDROOM, 1 BATH, 839SF  
**BRANDON GREENBERG 224-0903**

7031 TAMOSHANTER WAY-\$109,900

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1260SF.  
**DAVID OHARA 600-9495**