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October 20, 2011

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Sago palms Pocket man's passion

See page 20

Brawl update

See page 23

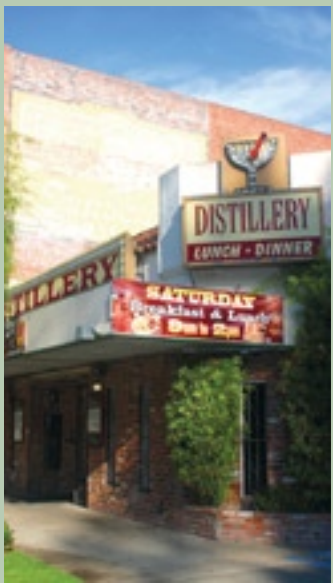
COMMUNITY CALENDAR, PAGES 24-25 • KNOW YOUR NEIGHBOR, PAGE 19 • FACES AND PLACES, PAGE 27

Inside This Edition



'Zumba with Jules' for cancer research

See page 18



Over a century of family businesses

See page 6



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See page 27



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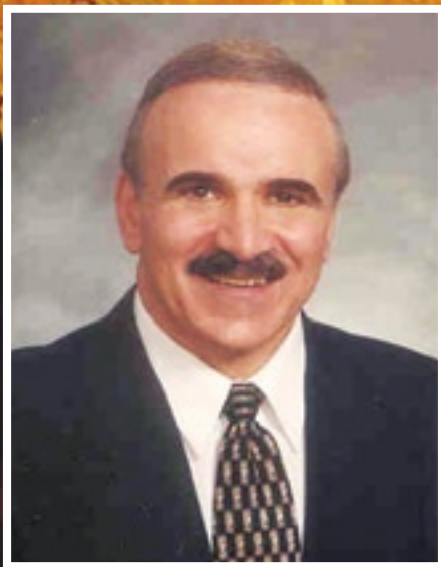


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Kennedy student graduates from Army basic training

Special to the Pocket News

Army National Guard Pvt. Skylar D. Stephenson has graduated from Basic Combat Training at Fort Sill, Lawton, Okla.

During the nine weeks of training, the soldier studied the Army mission and received instruction and training exercises in drill and ceremonies, Army history, core values and traditions, military courtesy, military justice, physical fitness, first aid,

rifle marksmanship, weapons use, map reading and land navigation, foot marches, armed and unarmed combat, and field maneuvers and tactics.

Stephenson graduated from the split option enlistment program that allows high school students to attend basic training between their junior and senior years. They will be assigned to their reserve or national guard units during their senior year and attend their advanced individual training upon graduation from high school.

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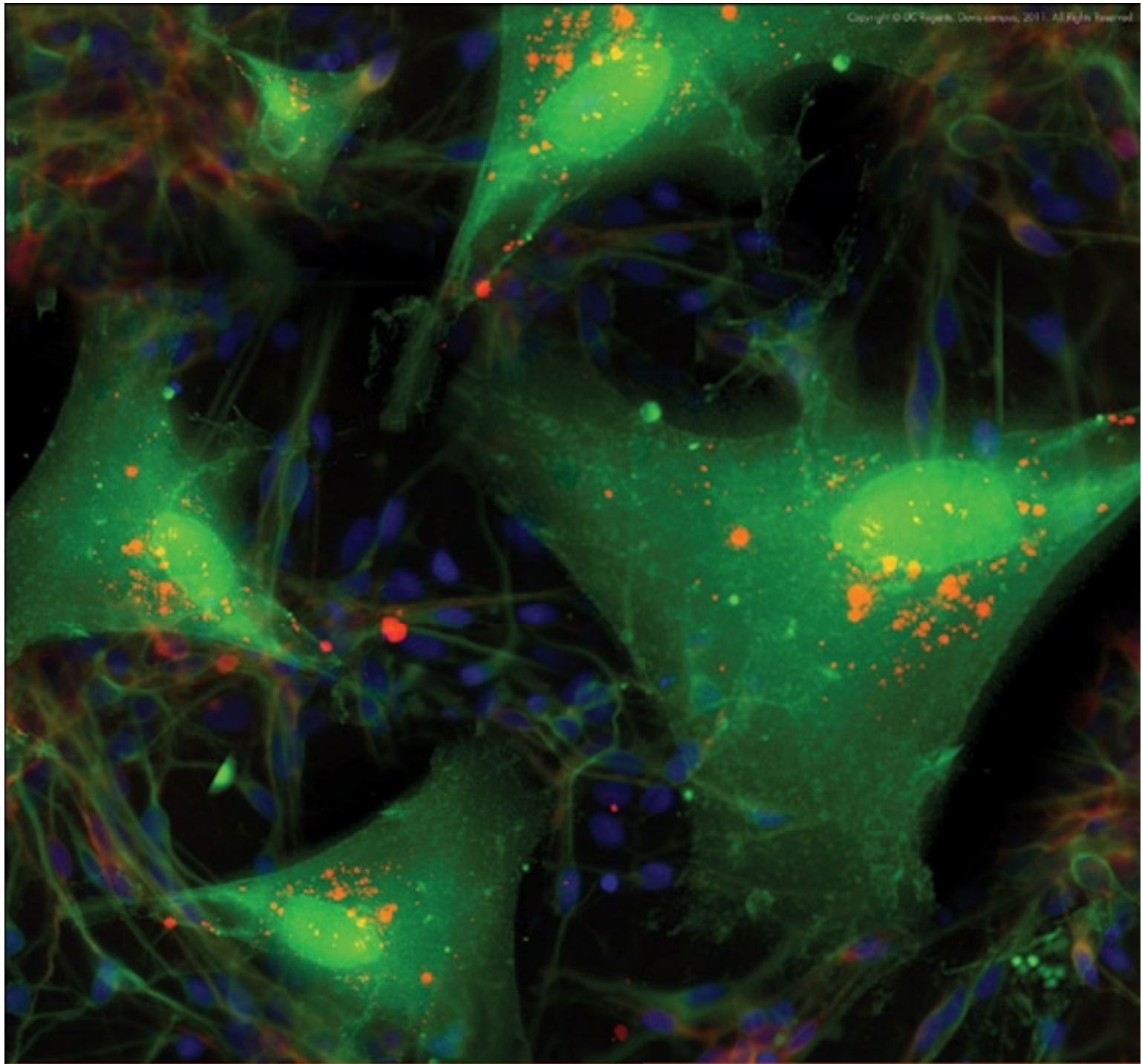


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PACT to host food drive at three locations on Oct. 29

Special to Pocket News

The Pocket Area Churches Together (PACT) will be having a Food Collection Drive on Saturday, Oct. 29 from 9 a.m. to 5 p.m. at two local Sacramento markets – Bel Air and Nugget supermarket – in three locations. Canned foods and non-perishable items are

needed for local food closets in the South Sacramento area.

The local churches that compose PACT are Faith Presbyterian, Riverside Wesleyan and St. Anthony Parish. They will be working together to collect and donate the items.

PACT had a very successful food drive last May. Some 3,500 pounds of

food were collected and donated to local food closets.

Local need is great this fall. Unemployment continues to impact neighbors in every community. PACT needs the support of the Land Park and Pocket-Greenhaven communities to make this drive a successful one.

St. Anthony Dinner Auction

Special to the Pocket News

Saint Anthony Parish is having a “Must Attend” Dinner Auction on Nov. 4. The Dinner Auction will include a no-host bar, a delicious chicken breast in white wine sauce with mushrooms entrée, and exciting silent and live auction opportunities.

This is an opportunity to have a great dinner with friends while preventing stressful hours of last minute shopping for Christmas and personal gifts. There are great gifts that will be auctioned, including:

- One Week in Cabo San Lucas,
- Sports gifts for men (e.g. golf & white water rafting),
- Gifts for ladies (e.g. salon certificates),
- Gifts for young adults (e.g. paint ball certificates),
- Gifts for families (e.g. Great America certificates)

The proceeds from this event will benefit St. Anthony’s programs and ministries, such as the youth and adult religious education programs, the Ministry of Consolation that is open to anyone who is experiencing grief, and the health ministry outreach program for seniors in the community.

The dinner begins at 6 p.m. Tickets are \$12 per person. The event will be held at the Saint Anthony Parish hall, located at 660 Florin Road in Sacramento. Call (916) 428-5678.

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Noah's Bagels Baseball Gang a hit with local ball players

By LANCE ARMSTRONG
Pocket News writer
lance@valcomnews.com

Editor's note: This is part one of a two-part series highlighting local baseball players who live in the publishing area of Valley Community Newspapers.

For a group of mostly Sacramento natives who grew up playing baseball in this very rich baseball city and a few other places, a tradition was born about five years ago.

It was around this time that a group of seniors calling themselves the Noah's Bagels Baseball Gang began meeting once a week at Noah's Bagels in Town and Country Village.

Continuing their weekly gatherings since this time, this social group has grown to include 18 members.

The very first members of the group were Jim Westlake, Dick Alejo and the late Danny Mooradian, who are considered the founders of the group.

In speaking about the formation of the group, Dick said, "We just felt like every time we would go out and see some guy, we would say, 'Hey, we meet here for coffee. Why don't you join us.' Pretty soon, here we are (as a large group)."

Joe Duarte, one of the earliest members to join the group, said that there are various ways that one can be eligible to become a member of the group.

"(To join the group, one should) know somebody, played ball with somebody (or) went to school with them and played ball with them," Duarte said. "Some of these guys played minor league baseball. Only one - Cuno Barragan - played in the big



THE NOAH'S BAGELS Baseball Gang meets weekly at Noah's Bagels in Town and Country Village.

Pocket News photo, Lance Armstrong

leagues. He caught for the (Chicago) Cubs for (three) years. Almost all of them, except for two or three, played high school baseball. I never played high school baseball, because I went in the merchant Marines in 1944, when I was 15 years old."

Duarte said that he eventually became a baker, but chuckled when asked about bagels, saying (back then, in the 1940s), I'd never heard of them."

During one of the group's recent gatherings, the following members of the group in attendance shared

information about their connections to baseball.

Barragan: "I was born (on June 20, 1932) and raised in Sacramento. I graduated from Sacramento High School in January 1950, and I played football and baseball at Sacramento Junior College. I signed a contract with the Sacramento Solons in 1952, and I played my first year of professional baseball in 1953 for Idaho Falls and then came back and went in the service in 1954 and 1955. I did two years of active duty in the

Navy. I went to spring training with the Solons in 1956, was optioned to Amarillo, Texas, Western League, and had a reasonably good year there, and played with the Sacramento Solons in 1957."

Barragan added that after a brief retirement in 1958, he eventually was drafted from the Solons by the Chicago Cubs in 1961.

"My first at bat was (at Wrigley Field on) Sept. 1 against the San Francisco Giants and I hit a home

See Baseball Gang, page 10

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Alvernaz family has rich business history in Sacramento area

By LANCE ARMSTRONG
Pocket News writer
lance@valcomnews.com

Back in the early 1900s, the Pocket area consisted of many family farms, including the 33-acre Alvernaz farm on the old Riverside Road – now Riverside Boulevard. And although the Alvernaz family no longer farms, their present business endeavors are well known in the capital city.

The Alvernaz family's history in the Pocket area began with Portuguese natives Manuel Silveira Alvernaz, Sr. and Maria do Rozario Seamas Alvernaz.

Manuel Alvernaz, Sr., who was born in São Roque in the island of Pico on March 12, 1877, immigrated to the United States in about 1900 and spent time as a shoemaker in Benicia before making his way to the Sacramento area, where he resided with his nephew, Manuel Rosa, Sr., who lived on the levee, just south of the old Da Rosa's grocery store on Riverside Road.

Maria (1883-1973), after immigrating to America and prior to her Feb. 8, 1912 marriage to Manuel Alvernaz, Sr., lived with the Manuel Rosa, Sr. family in Sacramento, then with an American family in Sacramento.

The couple, who dedicated many hours to becoming American citizens, established their family, having five children, Evelyn, Manuel, Jr., Alfred "Al," Frank and Alice, while residing in a small house next to the levee.

All five of these children eventually attended Sutter School, which was located about a half-mile north of their home and ranch. This structure, which serves as home to Cabrillo Civic Club #5, stands today at the present address of 4605 Karbet Way.

In about 1928, the family had a new, two-story, brick home built for them on Riverside Road, near present day 35th Avenue, by builders, Frank and Antone Terra. The home, which cost \$8,000 to build, still exists today, but is no longer visible from the frontage road.

The Alvernaz family attended the St. Maria Church on Pocket Road and later traveled to 1817 12th St. for services at the St. Elizabeth Church, which was dedicated on Feb. 2, 1913.



GAIL DICK stands in front of her Old Sacramento business, the Back Door Lounge, which her father, Pocket area native Frank Alvernaz, opened in 1969.

Manuel Alvernaz, Sr., who was eventually assisted by his sons on the farm, initially plowed his entire farm with one horse and one plow. The farm mainly consisted of tomatoes and alfalfa.

Assisting on the farm, Maria consistently prepared meals for the hard-working men.

Riverside-Pocket area native Dolores (Silva) Greenslate vividly remembers Manuel, Jr., Al and Frank, whom she described as being full of a lot of youthful energy during their years of growing up on their family farm.

"If ever the phrase, 'boys will be boys,' applied, it would describe the Alvernaz boys," Greenslate said. "The distant rumbling in the Riverside area, north of the Pocket, was not an impending rain storm, but meant the Alver-

naz boys were at it again. Their father, Manuel Silveira Alvernaz, Sr., a ruggedly handsome man with a tall and imposing physique, was no match for the boisterous youngsters. The boys' sisters, Alice and Evelyn, were defenseless, along with their diminutive (4-foot, 10-inch-tall) mother, Maria do Rozario Seamas (Alvernaz)."

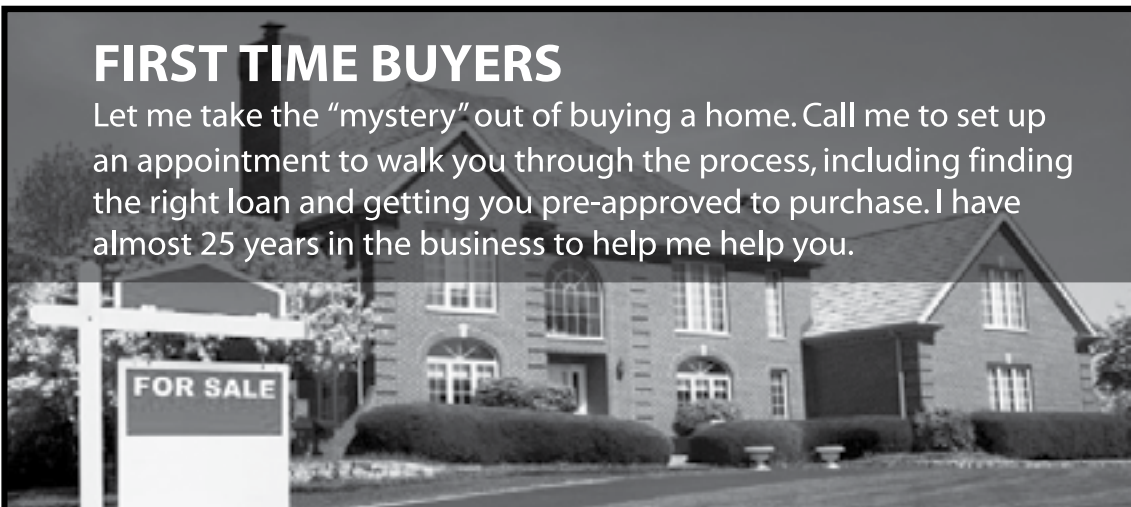
Although farming provided the earliest income for the Alvernaz family in the Pocket area, another business tradition for the family began through the opening of the Double Play bar at 5620 Riverside Blvd.

Manuel Alvernaz, Sr.'s grandchildren, Gail Dick, Ronnie Alvernaz and Teresa Alvernaz recently shared some of their memories regarding their fam-

See History, page 7

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History: Manuel Silveira Alvernaz, Sr. began farming in the Pocket area more than a century ago

Continued from page 6

ily's non-farming business endeavors.

Gail's father was Frank Alvernaz (1919-1996), who during part of his life was known by the nickname, "Pops." She said that she was very young when her father opened the Double Play on the family's ranch property.

"My father was a farmer, but he also started the Double Play (bar) when I was two in 1948," Gail said.

For the first year and a half of the Double Play, Frank ran the business with local baseball player Billy Rico. And because of this fact, the bar received its baseball-themed name.

The Double Play was successfully operated until about 1964, when the structure was eliminated for the local construction of Interstate 5. The bar was located in the area where the Seamas Avenue/Fruitridge Road offramp is located today.

On March 13, 1969, Frank took a gamble that paid off when he purchased an 80-year-old warehouse and established the Back Door Lounge. The business, which is located at 1112 Firehouse Alley, behind the Firehouse Restaurant in Old Sacramento, is still in operation today and has been owned by Gail since 1980.

A blending of the bar business and farming is evident at the Back Door through a chandelier, which was made by local resident Jack Howard from a plow wheel that was used on Frank's 40-acre Natomas ranch, which he operated from 1940 to about 1968.

During the 1960s, Al (1917-2008) owned the Pocket's historic bar, The Trap at 6125 Riverside Blvd., and the Riverside Club, which was located at 5115 Riverside Blvd.

Teresa, who worked in the kitchen and as a waitress at the Riverside Club during the summers of 1966 and 1967, said that her father, Al, had a very close relationship with his customers.

"My father was endeared by many of his customers and at some point he became known as Uncle Al," Teresa said.

On May 30, 1964, Al joined Manuel Alvernaz, Jr. (1914-1979) and Ronnie in their successful efforts to open the Pink Slip bar at 2107 L St.,



Photo courtesy, Ronnie Alvernaz
RONNIE ALVERNAZ cuts meat at his popular midtown Sacramento business, the Distillery.



Photo courtesy, Ronnie Alvernaz
POCKET PEOPLE. Manuel Alvernaz, Jr. stands with his parents, Manuel Silveira Alvernaz, Sr. and Maria do Rozario Seamas Alvernaz, who were early residents of the Pocket area.



Photo courtesy, Portuguese Historical and Cultural Society
PORTUGUESE NATIVES Manuel Silveira Alvernaz, Sr. and Maria do Rozario Seamas Alvernaz are pictured on their wedding day on Feb. 8, 1912.

which was previously the site of Jacque's Tavern.

The name, Pink Slip, was selected as a way of attracting the ownership and staff of the many automobile dealerships around the area at the time.

After becoming the Pink Slip, the business underwent two name changes, first being known as the Redwood Lounge from 1969 to 1975. The business, which has been under the sole proprietorship of Ronnie since 1974, has operated as the Distillery from 1976 to present.

Ronnie said that he fondly remembers the day when the Pink Slip opened.

"That was the happiest day of my life," Ronnie said.

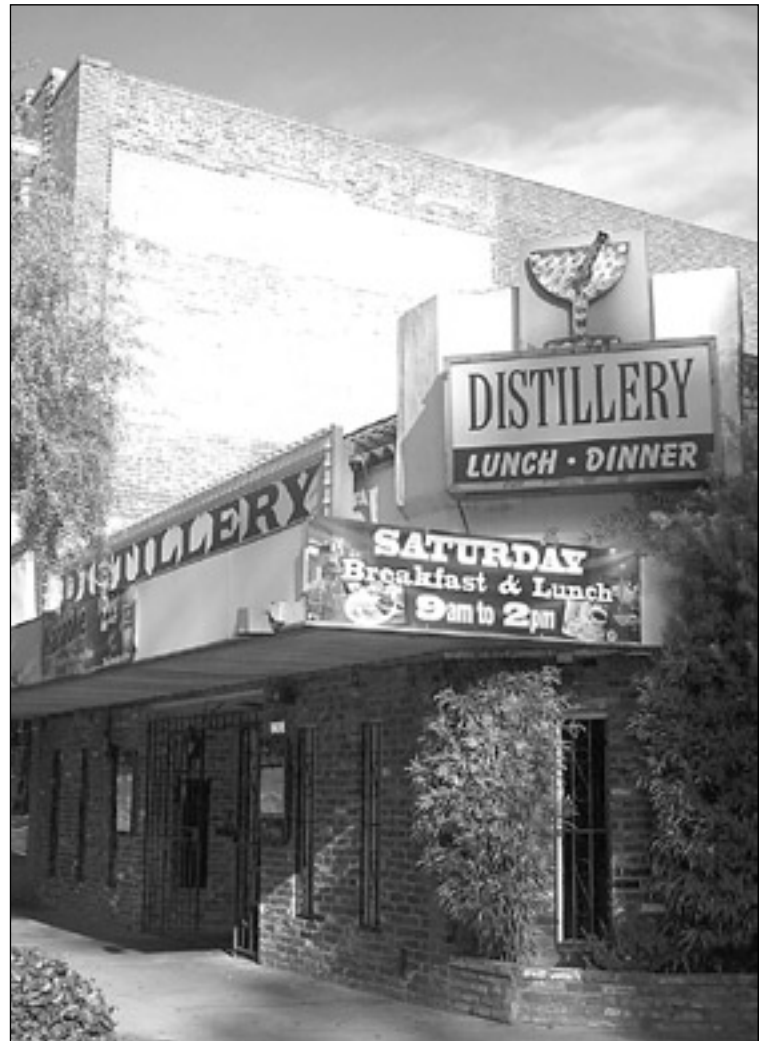
Al remained active in the bar and restaurant business, as he owned The Herford House - today's Riverside Clubhouse - at 2633 Riverside Blvd. from about 1969 to 2001, when he was

84 years old. Al, who lived in an apartment above the Herford House, initially operated the establishment, which had previously been known as the White House, with his business partner, Buz Pendleton.

A celebration of Al's life was appropriately held at the Riverside Clubhouse on March 2, 2008.

Although it has been 46 years since the death of Manuel Silveira Alvernaz, Sr. and 38 years since Maria do Rozario Seamas Alvernaz passed away, their legacy remains strong, as their Pocket area farming operations marked the beginning of a local family business ownership tradition that has been carried on by several of their descendants.

And because of this tradition, the Alvernaz family has the notoriety of having operated Sacramento area businesses for more than a century.



Pocket News photo, Lance Armstrong
THE DISTILLERY bar and restaurant at 2107 L St. is owned by Ronnie Alvernaz, the grandson of early Pocket area residents, Manuel Silveira Alvernaz, Sr. and Maria do Rozario Seamas Alvernaz.

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USA Synchronized Swimming meet held in region

By **BENN HODAPP**
Pocket News writer
benn@valcomnews.com

The weather is getting a little cooler as the region settles into the fall season, but that didn't stop some 200 synchronized swimmers from the United States and Canada from making their way to the Sacramento area for a last breath of summer this month – in the form of the 2011 U.S. Masters Synchronized Swimming Championships.

The event, which took place Oct. 13-16 at the Roseville Aquatic Center, showcased swimmers ages 20-99 in solo, duet, trio and group events. Events will run Thursday through Sunday, with an awards ceremony falling on Sunday. Part of the focus at the event was on Breast Cancer Awareness Month.

The championship meet included a Guinness World Record attempt of "The World's Largest Floating Pink Ribbon" in honor of breast cancer survivors.

The floating ribbon, according to a press release, was comprised of 250 swimmers "connected head-to-foot while floating on the surface of the water to create the formation of the Susan G. Komen Running Ribbon."

The head of the ribbon was made up of breast cancer survivors including two-time

U.S. Olympic synchronized swimming gold medalist Karen Josephsen, former Sacramento Monarchs star Edna Campbell, local television personality Tina Macuha and Executive Director of the Sacramento Komen affiliate Donna Sanderson.

Among the more than 200 swimmers were some 20 swimmers coming all the way from Canada to compete. Sacramento synchronized swimmers were represented, as well as the Sac Synchro Masters team, which competed in the team competition. There are 26 members of the local team, ranging in age from 20-64, according to Meet Manager Sonia Susac.

Susac, a breast cancer survivor and a decorated synchronized swimmer herself, was part of the world record try as well.

The meet attracted some 500 spectators over the four days, raising money for breast cancer research.

The event was sponsored by Susan G. Komen for the Cure and the California Skin Cancer Prevention Program. In addition to the skin and breast cancer information, a St. Joseph's Medical Center Mobile Mammography Unit was on-site.

For more information on the world record attempt, visit www.worldrecordfloat.com.



Photo courtesy
SYNCHRONIZED SWIMMING requires a unique combination of overall body strength and agility, grace and beauty, split-second timing, musical interpretation, stamina and dramatic flair. Synchronized swimmers from all over the country converged on the Sacramento area for the 2011 U.S. Masters Synchronized Swimming Championships, Oct. 13-16.

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Photo courtesy of Jesuit High School

Jesuit High School's annual Christmas Tree Lane fundraiser includes a fashion show, musical entertainment and holiday shopping in "The Lane." The annual holiday tradition celebrates its 55th anniversary this year.

'Christmas Tree Lane' a timeless Sacramento area tradition

Special to Pocket News

The Sacramento area is known for many time-honored holiday traditions. Jesuit High School's annual "Christmas Tree Lane" marks 55 years this November.

Jesuit High School will celebrate this memorable Sacramento event on Nov. 26 and Nov. 27 at the newly-renovated Hyatt Regency Hotel in Sacramento.

This popular fashion and shopping event has an interesting history.

A dream comes true

In 1955, the vision of establishing a Jesuit high school in Sacramento inspired a group of a dozen women to band together to found the Loyola Guild. With unshakeable commitment and a flair for fashion, they worked to make their dream a reality.

A St. Ignatius Loyola Parish schoolroom housed the first meetings of the guild's founding members. They had no money, but they were offered an existing event known as "Christmas Tree Lane" by the Mercy Guild. The members decided to model their event after the "Christmas Tree Festival" which was previously held at the Senator Hotel.

Funds from these early Christmas Tree Lanes helped to establish Jesuit High School. On Sept. 17, 1963, Jesuit High School opened its doors to 93 freshman students.

Today, Christmas Tree Lane lives on.

In addition to fantastic holiday shopping, the event includes a beautifully-choreographed fashion show and dance production that features Jesuit High School seniors and parents, along with senior girls from St. Francis High School. Christmas Tree Lane's show is the largest fashion show in the Sacramento area.

All funds raised continue to go to the school's building fund and the Loyola Guilds Scholarship Fund. Some 22 percent of Jesuit students receive tuition assistance thanks in part to Christmas Tree Lane.

'A Timeless Tradition'

This year's Christmas Tree Lane theme is, appropriately, "A Timeless Tradition." It promises to be as spectacular and lavish as any other in the event's history.

The gala dinner show will be presented on Saturday, Nov. 26 at 7:30 p.m. Breakfast and lunch shows will be held Sunday, Nov. 27 at 9 a.m. and 12:30 p.m., respectively.

Local celebrity and Jesuit alumni Kelly Brothers has hosted this event many times over the years.

"To me, Christmas Tree Lane is always the best way to kick off the Christmas season," Brothers said. "It's the first event to indicate that Christmas is coming. When I first started hosting this event, it was just me and 500 women in the room."

Members of the Loyola Guild note that these days there is a mixed crowd, as men enjoy the event as well.

"The Lane" will be open for Christmas shopping on Saturday, Nov. 26 from 5 p.m. to 10 p.m., and on Sunday, Nov. 27 from 8 a.m. to 3 p.m. Shopping in "The Lane" is open to the public. Stroll down this magical lane to find one-of-a-kind Christmas decorations, incredible gourmet foods and delightful treasures.

Tickets for Christmas Tree Lane's shows range between \$60 and \$110. Visit <https://loyolaguild.webconnex.com/CTL> to purchase tickets. For additional information, visit www.JesuitHighSchool.org/CTL

KCRA 3 Kids Can Food Drive at John F. Kennedy High School

Special to the Pocket News

John F. Kennedy High School is participating in the annual KCRA 3 Kids Can Food Drive, sponsored through the school's California Scholarship Federation (CSF) Club.

Donations of canned goods and non-perishable food items are needed.

These items will help to feed hungry families in the local community. All the goods will benefit the South Sacramento Interfaith Partnership (SSIP) Emergency Food Closet, which serves local families. Due to the tough economy, the program's outreach has significantly increased since last year. Over 7,000 people are now being helped every month.

Members of the community are encouraged to bring their items to the high school. The CSF Club's goal is to collect over 5,000 cans – about 2.5 tons of food.

Canned goods and non-perishable foods can be dropped off at the school front office through Nov. 18. There will also be a Community Drive-Through can collection on Saturday, Nov. 5 from 10 a.m. to 1 p.m. CSF club members will gladly collect goods in the front of the school.

John F. Kennedy High School is located on 6715 Gloria Drive in Sacramento.

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FROM THE "BIGS." Cuno Barragan, a member of the Noah's Bagel's Baseball Gang, played baseball for the Chicago Cubs from 1961 to 1963.



BAGEL BOYS. Members of the "bagel boys," as the group is sometimes called, enjoy a moment during a recent gathering at Noah's Bagels. *Pocket News photos, Lance Armstrong*

Baseball Gang: Social group has grown to include 18 members

Continued from page 5

run off of Dick LeMay on the first pitch. It was pretty exciting."

Dick Alejo: "I was born in 1936. My professional career was not that big. I just went down to Mexico and played for a team, called Puebla, with Cuno Barragan and Sparky Anderson (who later played and managed in Major League Baseball). Besides that, I played for the American Legion Post 61, McClatchy High School and in the Winter League

and at Sacramento Junior College. I did well, but I'm not going to (the National Baseball Hall of Fame in Cooperstown!"

Nick Capachi: "I played on all the city leagues growing up - the 125-pound, 75-pound leagues - then I played for (American) Legion, high school, county leagues, the Placer-Nevada League and the KFBK all-star team," said Capachi, who turned 77 last April. "I also played on the (Sacramento Junior)

College team. We won the state championship in 1953. We beat Long Beach for the state championship right here at (William) Land Park. I also played in the Army, while I was stationed in the Presidio (in San Francisco)."

Augie Amorena: "I went to Sacramento High School and graduated in 1948. My parents (Amelia and Augustine Amorena) were immigrants from Spain. I started playing baseball when I was about 14. I played Summer League in the different weight divisions. I played (American) Legion, Sac JC and local Winter League, Spring League. We had a team in the Winter League, Julius Style Shop, and Joe Freitas was the manager. We were all young kids, just out of high school. The enthusiasm, the fun, we could hardly wait until Sunday to

play ball. We did okay. We won a championship one year. And I played minor league baseball four years (including his time in the International League with the Edmonton Eskimos). I also played in the service for the Army team (in Hawaii)."

Mike Bakarich: "I was born on Mother's Day, 1944, at Sacramento County Hospital. When we were younger, there was no Little League. You played in the 100-pound league, got weighed. I grew up in West Sacramento and I had to take the Gibson bus and the streetcar to go to McClatchy Park to play baseball. They couldn't remember my name, so they called me 'the kid from across the river.' I played with these guys since I was in

the 7th grade, probably. I went to Grant Tech (College, which was located across the street from Grant High School) and I played all three sports there. Then I played baseball in the Winter League, in the National Division, played in the County League and the Rural League and I quit playing hard ball in 1960 or 1961, because I like to play fast-pitch softball. We were playing maybe 75 or 80 ball games a summer, and trying to play baseball and softball was kind of tough. With the fast-pitch softball, I've been to two world tournaments and two national tournaments. I played all over the United States. I'm in the fast-pitch hall of fame and the baseball hall of fame in Sacramento."

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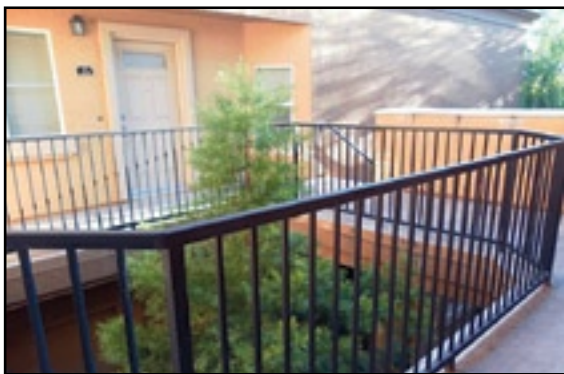
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Taking community news to the nation's capitol



Photo courtesy, Anne Kitt

TAKING COMMUNITY NEWS to Washington, D.C. The grandchildren of East Sacramento residents Bernard and Anne Kit took copies of their community newspapers with them to the nation's capitol building last summer. Left to right, Jack Parsh and Sophia Parsh, and Emilio Kitt and Maya Kitt.



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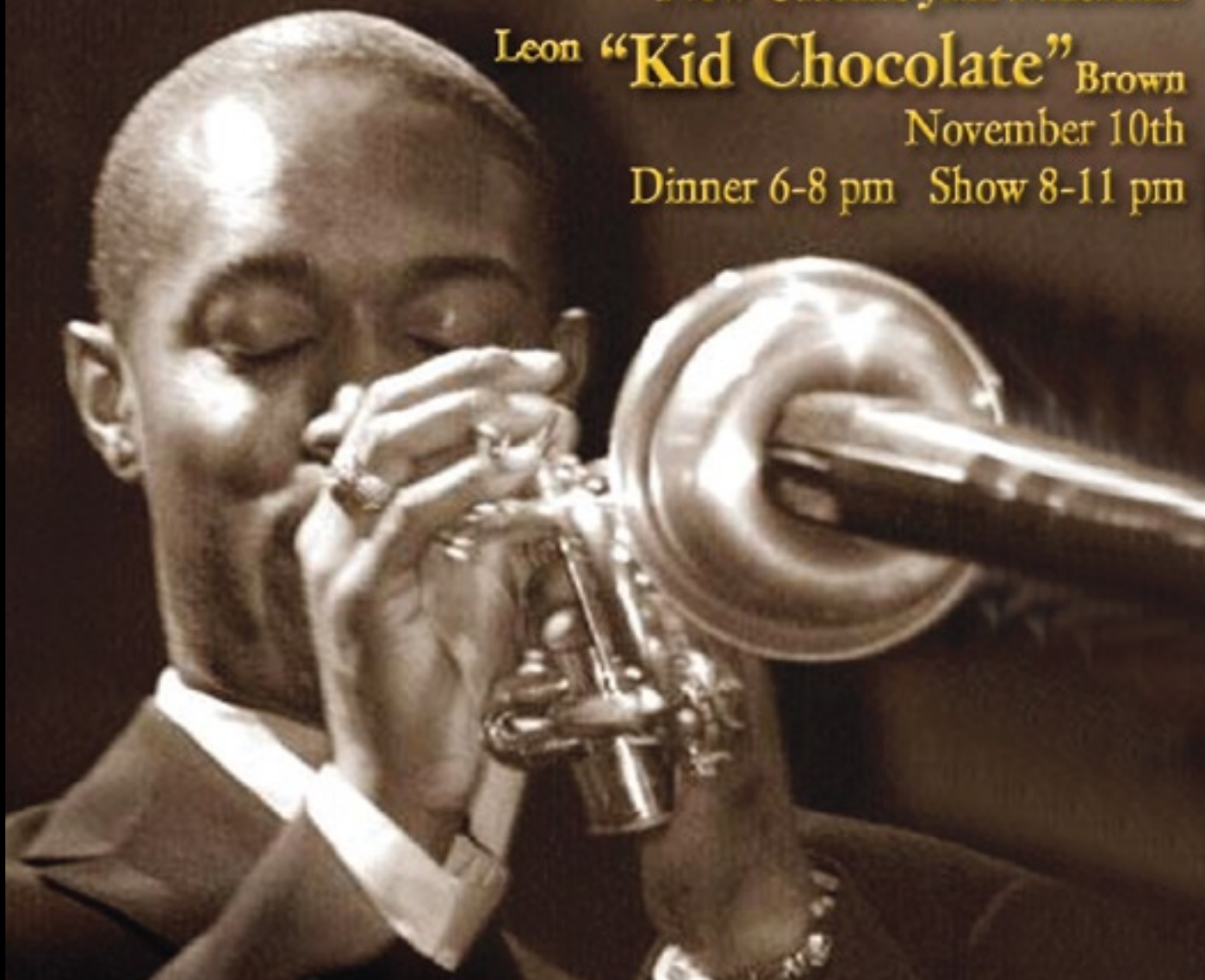
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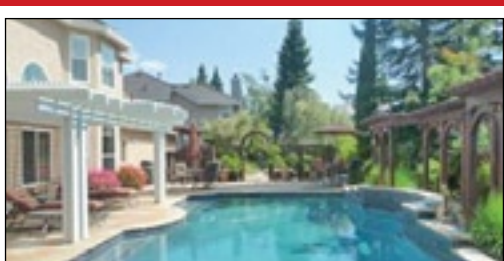
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Know your 'Prop 8' property owner rights

By JOHN WOODALL
Special to Pocket News

Has your home's value decreased? How about its assessed value (and therefore property taxes)? Are they going down too?

Now is the time to appeal your assessed value if you believe it has not kept up (or gone down) in value.

The great California property tax revolution known as

Prop 13 that voters passed in June 1978 rolled back existing residential property values to their 1975 value (thereby cutting property taxes). It set the maximum basic tax rate at one percent of assessed value, and thereafter limited increases in the assessed value of property to a maximum of two percent per year unless the property sold, at which point it could be reassessed at market value.

This was during a time of rapid property value appreciation. Prop. 13 did not address property values in a declining market.

A statewide ballot proposition numbered "Prop 8," passed in Nov. 1978, corrected that omission. It amended Prop 13 to recognize declines in market value for property tax purposes. The term "Prop 8" has been commonly used by assessors to refer

to these reductions ever since.

How Prop 13 and Prop 8 are related

By law, the assessor must annually enroll (register) **either** a property's Prop 13 value or its current market value on Jan.1 (the lien date), **whichever is less.**

When a property's current market value falls below the Prop 13 value, the

lower value is commonly referred to as a "Prop 8 value." Prop 8 reductions are temporary and can change up or down by more than two percent per year. When the assessor finds that market value has again risen above the Prop 13 factored value previously established, the Assessor *must* reinstate the previous Prop 13 factored value.

You can get the current assessed value on the Sacramento County Assessor's Website - look for the property "Parcel Viewer."

Prop 8 gives you the right to challenge your property assessment if you feel the value was not lowered sufficiently.

John Woodall, GRI, SRES is a broker associate with LYON Real Estate. Contact John at (916) 421-5421, jwoodall@golygon.com or visit www.johnwoodall.com.

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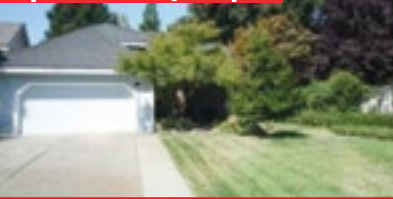
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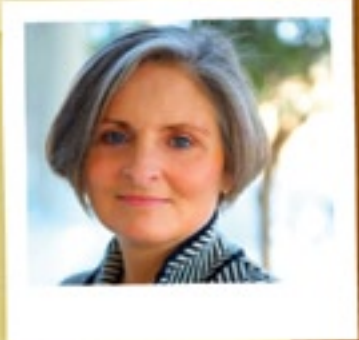
1016 Cobble Shores Drive	\$1,475,000
1007 Cobble Shores Drive	\$749,000
959 South Beach	\$719,000
5 Southcrest Court	\$649,000
957 Lake Front Drive	\$619,000
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7740 South Oak Way	\$439,000
5 Angel Island Circle	\$369,000
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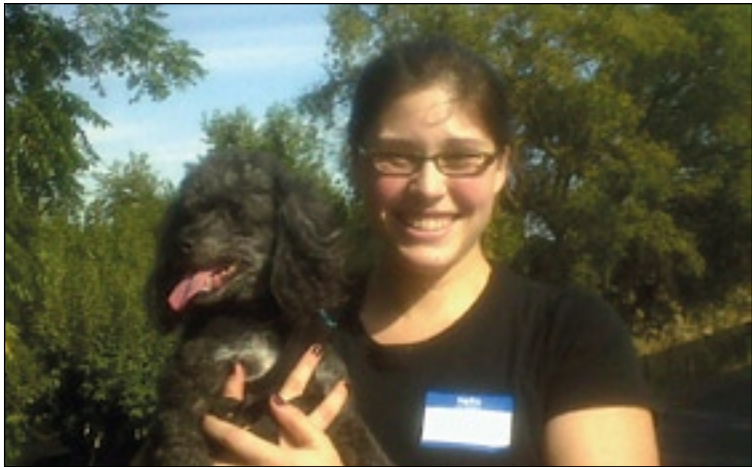


Photo courtesy, Rotary Club of Pocket-Greenhaven

DOG DAYS OF AUTUMN. Canines and their human family members enjoyed a four-mile stroll along the Sacramento River at the First annual Family & Dog Walk on Oct. 9. The event was sponsored by the Rotary Club of Pocket-Greenhaven with the support of the Rotary Club of South Sacramento.

Rotary Family & Dog Walk a huge success

Special to the Pocket News

Approximately 200 legs (of the two- and four-legged kind) and 14 local businesses supported the inaugural Family & Dog Walk on Oct. 9. The event was organized by the Rotary Club of Pocket-Greenhaven.

"We realize that the Pocket Greenhaven community is made up of families of all shapes and sizes and we wanted to create a signature event that would personify the neighborhood our Club proudly serves," said Keiko Wong, the club's president.

The event started at Garcia Bend park and event participants walked to the water intake project and back for a total of four miles.

"This wasn't a race and some even chose to shorten the walk a bit. We encouraged attendees to go at a comfortable pace and enjoy the beauty of the river line and time with their friends and families," said Rotarian Tracy Wilson.

Proceeds from the event will fund a variety of charitable endeavors. Recent Rotary club projects include: (locally) new personal dictionaries to Pocket Greenhaven third graders, levee clean up, DART, Friends of the Library, leadership training for local incoming high school seniors, and (internationally) polio eradication programs, wheelchair donations to the needy in South America, safe water programs in Africa and youth exchange programs. Specific proceeds from this event will go to the Sacramento SPCA. The Rotary Club of South Sacramento's generous support also helped to make the event possible.

"It is our hope that this event will become an annual tradition which will grow in size and scope not only to benefit the charitable endeavors of the Club but as a healthy, fun way for to enhance our very special community," Wong said.

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Zumba with Jules to 'Dance for the Cure'

Special to Pocket News

Bring a friend or make a new one and dance for the cure to pancreatic cancer, when Zumba with Jules hosts "Dance for the Cure" on Saturday, Oct. 22 from 10 a.m. to 11:30 a.m. at the Didion Elementary School gym.

The Zumba class will donate all proceeds from the event to benefit pancreatic cancer research. Participants are encouraged to wear purple in memory of those who have passed away from this disease, but especially in memory of Margaret E. Moss, "Dicey" Copes-Mehau and Susan Ridehour.

Tickets are \$10 in advance or \$15 at the door. Donations from non-participants gratefully accepted. Didion Elementary School is located at 6490 Harmon Way in Sacramento. For information, contact Kathy Garcia at (916) 392-5006 or visit www.Zumbawithjules.com.



Photo courtesy, Kathy Garcia

DANCE FOR THE CURE and Zumba with Jules at Didion Elementary School's gym on Oct. 22. Proceeds from this event will benefit pancreatic cancer research.

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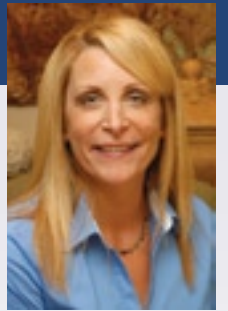


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Know your neighbor

Auto museum event highlighted by special guest

By LANCE ARMSTRONG
Pocket News writer
lance@valcomnews.com

Among the various draws of Sacramento is the California Automobile Museum on Front Street, just north of Broadway. And the majority of those who are most familiar with this museum remember the name Towe.

After all, it was the then Montana banker Edward Towe who provided nearly every automobile that was used to establish the museum at its current, original site in 1986. The museum officially opened to the public on May 1, 1987.

Many local automobile enthusiasts were delighted to learn that Towe, 97, would be making a special appearance last Sunday, Oct. 2 at the museum for the second edition of the museum's annual Founders' Day.

The visit also represented the 25th year since Towe's automobiles were relocated to the then-new museum site.

A crowd gathered in front of the museum during last weekend's event to meet Towe, who shared a few of his many memories.

While sitting in a wheelchair in front of the museum, which was originally known as the California Towe Ford Automobile Museum, Towe, who once owned the largest collection of Fords on display in the world, drew much attention, as he posed for photographs and signed several autographs.

Although much energy was created by guests who were eager to at least get a glimpse of the man who was so instrumental in the process of bringing an automobile museum to the capital city, it appeared at times that no one was more excited to be present at the event than Towe himself.

Towe's excitement and sense of nostalgia for the event was apparent as he requested copies of photographs taken at the event and at one point turned to his daughter, Kristy Updegraff, who served as the museum's executive director from 1996 to 2006, and asked, "Can you take a picture of the (museum) building for me?"

Fortunately for Towe, his visits to the museum do not have to be so infrequent as they were during the past, since he recently moved from Arizona to the Pocket area of Sacramento to reside with Kristy and his son-in-law and Kristy's husband, Jim Updegraff.

Nonetheless, Towe seemed to treat the event as if it were either his last visit to the museum or it would be a long time before he would visit the museum again.

Dick Ryder, the museum's founder, said that Towe's presence at the event was a fulfillment of a commitment that he made in the 1980s.

"It was really neat to have the reminiscent of something that happened (about)



Edward Towe's Ford automobile collection was transported from Montana to Sacramento to establish the California Towe Ford Automobile Museum – the original name of the museum – in 1986. Photo courtesy, Kristy Updegraff

20 years ago," Ryder said. "On that video tape (that was shown at the museum during the event, Towe) said that he would be around in 20 years or so (and) he was around in 20 years."

Roseville resident Brenda Whittington, one of several people to receive an autograph from Towe last Sunday, said that she feels fortunate to have had the opportunity to have met Towe, considering that she had arrived at the museum for the current Porsche exhibit, which continues through Nov. 28, and was unaware of the Founders Day festivities.

"My husband (Tom Whittington) wanted to come see the Porsche exhibit," Brenda said. "I like (cars), but I'm not as attentive to the finer details of a car as my husband is. We come down here (to the automobile museum) from time to time and look at the various exhibits. But I had no idea that (Towe) would be here today. I'm glad that I got a chance to meet him. It's wonderful to see that he's still doing so well for his age."

Although Towe spoke few words to the crowd that had gathered to see him, he requested that he have the opportunity to share a few of his memories for this article.

And in doing so, Towe, who later rode in a 1903 Model A Ford as part of the event, said, "You might say that this is a culmination or the windup of about 100 years of playing with old cars. I put my life into (car collecting). I'm 97 and a half and I have two years and a half to go (to reach 100 years of age). I bought my first car in about 1926. It was a 1917 Ford Model T Touring car. I bought it from Sam Towe, a distant relative of mine, for \$12."

As a teenager, Towe, with the help of his father, established a bicycle business in his hometown of Paullina, Iowa.

As Towe's mechanical expertise in bicycles progressed, he added automobiles to his business.



EDWARD TOWE (seated) and his daughter Kristy Updegraff and his son-in-law Jim Updegraff pose in front of a 1903 Ford Model A during the second annual Founders' Day at the California Automobile Museum. The car is owned by longtime museum supporter Buck Kamphausen. Pocket News photo, Lance Armstrong

Towe's love of Fords eventually led to his accumulation of 240 Ford automobiles. He purchased the first of this collection's cars in 1950.

The collection included every year and every model of the first 50 years of automobiles manufactured by the Ford Motor Co.

During the event, Towe demonstrated that he still possesses a sense of humor.

After signing an autograph, Towe said, "Don't write a check on top of it."

Later during the event, after being asked why he specified the 1914 Touring car as his favorite automobile, Towe replied, "(Because) it's the year I was born."

In the most recent edition of *Fuel*, the California Automobile Museum's newsletter, which is printed six times per year, Karen McClafflin, executive director of the museum, wrote: "Museums like ours are truly fuel for the soul. Museums are places of reassurance in times of uncer-

tainty; a place where people can escape from the problems of life for a time. Museums are inspirational; a place where visitors can see how the changes and innovations of the past have shaped our world today."

And fortunately for the capital city, Edward Towe helped pave the way for the creation of what has become the California Automobile Museum, thus allowing thousands upon thousands of people the opportunity to obtain "fuel for the soul" at this longtime, popular Sacramento museum.

Kristy said that she is appreciative of the opportunity that her father had to participate in this year's Founders' Day.

"I'm glad he's getting some recognition," Kristy said. "It's been a long, long lifetime of collecting automobiles and he's been away (from Sacramento) for some years now, so it's nice to have him back."

Sago palms Pocket Man's passion

Story and photos by SALLY KING
Pocket News writer
sally@valcomnews.com

Walking along the stone path in the backyard of Joe Gonzalez' Pocket neighborhood home is like discovering a little oasis in the middle of Sacramento. There are lush trees and plants everywhere.

Gonzalez is passionate about his garden of Sago palm trees and various plants and cacti.

"This garden is my therapy and pastime," Gonzalez says. "I have spent the last 40 years creating this garden."

Gonzalez is retired from Sacramento City College, where he taught English and Spanish for 30 years. He grew up in northern Mexico and moved to Texas with his sister as a young man. Gonzalez said this is where he first saw and fell in love with Sago palms (*Cycas revoluta*).

Gonzalez has scores of Sago palm trees in various stages, growing in his front yard and backyard. He explained the male Sago palm has a cone that grows from inside the middle of the plant. As the cone matures, it creates a powder that blows pollen to the female plant. The female plant grows a crown in the middle. Gonzalez said the new growth on a Sago is called a pup. Some pups become males and others become females. It isn't until the new growth begins to take shape that one can determine whether the palm is male or female. Gonzalez said the way to tell a pup is going to open up is by its color. (It turns tan).

Gonzalez said the value of the Sago palm tree is the trunk of the tree, which only grows about one-half inch per year. The Sun Palm Trees website (www.sunpalm-trees.com) said these trees are often referred to as "living fossils." They are not palm trees, but are Cycads. Sagos are related to the conifer and Ginkgo trees, both cone bearing plants. Sagos can grow for 100 years.

Gonzalez excitedly pointed out a large female Sago in his front yard with two large crowns in the middle. He said it is unusual for the Sago to have two crowns open at the same time. He said when growing the Sagos he starts the plants out in one-gallon containers. As they grow he transfers them to five-gallon containers, then ten-gallon containers. He also plants some of them in the ground.

"It's a gradual process," Gonzalez said. "Just like people. First we start out in an apartment, then we get married and buy a house, and later buy a bigger house."

Gonzalez has four varieties of palms growing in his garden. Besides the Sagos, he grows Windmill palms (*Trachycarpus fortunei*), Queen palms (*Syagrus romanzoffiana*) and Washingtonia robusta, which he said grow wild along the Sacramento River that backs up to his backyard. One can find Bird of Paradise, a variety of cacti and Cottontail ferns throughout Gonzalez's garden.

"When I moved into this house I was always mowing the lawn," Gonzalez said. "I got tired of mowing lawns and decided to grow the palms."

Gonzalez has been selling his plants and trees the last 20 years. His business, Joe's Evergreens, sells mostly to landscapers who like the look and ease of caring for the Sago palm. He said during growth season he waters twice a week. The bigger trees take less water. Gonzalez keeps the younger plants under the larger plants to protect them from direct sunlight. He spends any where from one to two days a week exclusively caring for his garden.

"If you are nice to the Sago, sometimes it will grow double fronds," Gonzalez said.

Gonzalez loves to share his garden with friends and neighbors. He said he is still learning new things about how to care for his family of Sago palms.



St. Francis High School to adopt solar power

By KATE ELY
Pocket News contributor

After nearly a year of crunching numbers, creating charts, sketching diagrams, reviewing technical details, learning new jargon and discussing the possibility of failure, apprehension was replaced by anticipation at St. Francis High School regarding ways to power the campus.

Stepping away from the drawing board, the school's administration has approved the installation of photovoltaic panels to capture solar energy to power the campus.

With this effort, St. Francis will be the first school in the Diocese of Sacramento to adopt solar power.

The movement to bring solar energy to the campus began in the school's finance department, but quickly grew to encompass something much larger. Now, solar panels will provide environmental, economic, educational and religious benefits to the campus community.

The panels will produce 30.6 percent of the electricity required by the school, reducing carbon dioxide emissions by 294 metric tons – the equivalent of 32,978 gallons of gas.

Largely funded by federal treasury grants and SMUD rebates, the initial cost of \$1.3 million was reduced to around \$300,000.

The project is cash flow positive from the beginning, returning over \$1 million over the next 25 years.

Science teachers can use the panels, as well as the accompanying technology and resources, during class to teach students different environmental and meteorological concepts.

Themes of stewardship and personal responsibility can be emphasized in theology classes, with the panels as a concrete example. The project also coincides with the position of the Catholic Church on environmental issues: Pope Benedict XVI recently added "ecological" evils, committed individually and collectively, to the modern list of sins, encouraging every individual to consider their lives in the context of a greater community.

In light of all the positive aspects of the project, the benefits it would deliver to the community, and



PATRON SAINT OF THE ENVIRONMENT, the namesake saint of St. Francis High School stands at school's entrance. The school is taking a green energy stance, becoming the first Catholic school in the area to adopt solar power to meet its energy needs.

the example it would set, it seemed nothing lay in the way of gaining the necessary signatures for approval.

The solar group consisted of Sharon Tobar, St. Francis High School director of finance; Tim Lien; Josh McDonald of Valley Solar; and this writer, as a student representative. An initial proposal by the group was rejected by the Diocese's finance committee. However, a revised proposal met with the approval of the Diocese last September. With the approval of Bishop Soto and his financial advisors, St. Francis will now move forward with its plans for installation.

The high school plans to start construction in November, with completion planned for early spring. Both the federal grant and SMUD rebate require a certain percentage to be completed by the end of the year in order for the returns to process, so St. Francis and Valley Solar are working together to expedite the process and begin installation as soon as possible.

It is hoped that the solar panels will not only contribute to St. Francis High School, but also inspire other schools and organizations in the community to adopt similar eco-friendly policies.

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McClatchy-Kennedy varsity football situation settling down

By **BENN HODAPP**
 Pocket News writer
 benn@valcomnews.com

It appears as though the nightmare that was the Kennedy-McClatchy brawl can finally be put to rest.

It has been confirmed that nine players in total were kicked off the teams for their roles in the melee. Kennedy took the worst of it with eight players being dismissed while just one McClatchy player was removed. The names of the players were not released by the schools and the precise reasons for their dismissal were not given.

The two teams met at a sportsmanship summit to discuss a community service event in which to jointly participate in order to

put the incident behind them. Rob Feickert, athletic director at McClatchy, said that the teams decided upon tutoring students at Jedediah Smith Elementary School. The teams met at the school on Friday, Oct. 7 to help out.

Amongst the fallout of the brawl was the sudden resignation of Kennedy head coach Henry Lusk. Lusk, who profusely apologized for his team's role in the fight, stepped down as head coach amid a scandal involving a picture of the former coach in a thong that found its way on to Twitter. It remains unclear how the picture surfaced.

As of press time, Kennedy had not named its new head coach, but it is believed that it will be one of the assistant coaches who



worked with Lusk, according to Sacramento City Unified School District Chief Communications Officer Gabe Ross.

Both teams forfeited their games this past weekend but the season will press on as scheduled. How the teams fare without players (and coaches) remains to be seen.

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ONGOING

Gardens and Grandeur: Porcelains and Paintings by Franz A. Bischoff
Through Oct. 23: After beginning his career as a china painter in Bavaria, Franz A. Bischoff immigrated to the United States in 1885 to become one of the foremost porcelain painters of his day. He won numerous awards and earned the title "King of the Rose Painters." "Gardens and Grandeur" features approximately 40 examples of Bischoff's work, including porcelains, still lifes, and landscapes. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org.

'Bingo: the Musical'

Through Jan. 8, 2012: Everybody gets to join in the fun at this musical. Call for times, prices. The Cosmopolitan Cabaret, 10th and K streets., Sac. (916) 557-1999 www.CosmopolitanCabaret.com

OCTOBER

Bilingual Toastmasters

Oct. 20, 27: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/ Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail.com, www.sacramentotoastmasters.com

Bingo!

Oct. 20, 27: Enjoy a great local charity game of bingo every Thurs. night at 6:30 p.m. Benefits projects in the community. Early bird for \$5, Regular game buy-in of \$20. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 422-6666

Florin Sears Store Farmer's Market

Oct. 20, 27: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

Food Addicts Anonymous

Oct. 20, 27: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Living Positive with Chronic

Disease group

Oct. 20, 27: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danae Horn (503) 319-4247

Rotary Club of Pocket/Greenhaven

Oct. 20, 27: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freepport Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Downtown Plaza Farmer's Market

Oct. 20, 27: Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

Sutterville Heights Optimist Club

Oct. 20, 27: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Golden Corral, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

Ballroom Dances

Oct. 21, 25, 28: Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.-3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

Kiwanis Club of East Sacramento-Midtown

Oct. 21, 28: Come listen to an interesting guest speaker weekly; community service, serving the

children of the world. Visitors welcome, first breakfast "on us." 7 a.m. - 8 a.m. Fridays. 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

Rotary Club of Point West

Oct. 21, 28: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. DoubleTree Hotel, 2001 Point West Way, Sac. www.pointwestrotary.com

Soroptimists of Sacramento

Oct. 21, 28: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

28th annual Chinese Fall Fellowship & Food Fest

Oct. 22: The Chinese Community Church's Fall Fellowship and Food Festival will celebrate its 28th year. Great Chinese food, live entertainment, cultural displays, children's games. 11 a.m. - 7 p.m. Chinese Community Church, 5600 Gilgunn Way, Sac. (916) 424-8900 www.ccsac.net

Clayton Bailey's World of Wonders

Oct. 22-Jan. 15: 180 works and complementary ephemera span 50 years of Bailey's prodigious production of genuine marvels. A ceramist, sculptor, and self-proclaimed "mad scientist," Bailey aims to surprise and delight with his art. Crocker Art Museum, 216 O St., Sac. (916) 808-7000, www.crockerartmuseum.org

Country Club Plaza Farmer's Market

Oct. 22, 29: Country Club Plaza Farmer's Market. Every Saturday, year round. 8 a.m.-noon. Watt & El Camino, Butano Dr. parking lot, Sac. www.california-grown.com

Dance for the Cure

Oct. 22: Dance for the Cure by doing Zumba with Jules. Join us for a Zumba class with proceeds benefitting pancreatic cancer research. Please wear purple in memory of those who have passed away from this tragic disease. Tickets \$10 in advance, \$15 at door. 10 a.m.-11:30 a.m. Didion El-

ementary School Gymnasium, 6490 Harmon Way, Sac. Kathy Garcia (916) 392-5006 www.zumbawithjules.com

Food Addicts Anonymous

Oct. 22, 29: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Spare the Water Sacramento workshop

Oct. 22: Water Conservation can help you save water and money. Learn how to save water and money in and around your home. Free conservation tips and tools. Learn about rebates, more. Attendance at these workshops also waives fines for water conservation violations. 8:30 a.m.-10:30 a.m. Workshops on June 25 and Aug. 27 will also contain Water Conservation Ambassador Training. City of Sacramento Department of Utilities Water Conservation Office, 2260 Glen Ellen Circle, Sac. www.sparesacwater.org

Carmichael Farmer's Market

Oct. 23, 30: Carmichael Farmer's Market. 8 a.m.-1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneysmartusa.org

Co-Dependents Anonymous

Oct. 23, 30: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

Oct. 23, 30: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Joe's scramble, pancakes and more. 8:30 a.m.-11 a.m., every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

State Parking Lot Farmer's Market

Oct. 23, 30: State Parking Lot Farmer's Market. Every Sunday, year round. 8 a.m.-noon. 8th & W streets, under Highway 50, Sac. www.california-grown.com

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Call (916) 429-9901 for rates.

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HOLYWEEN HARVEST FESTIVAL

Sunday, October 30, 2 to 5 p.m.

Join the fun at the Holyween Harvest Festival—a free event for the whole family. Enjoy music, games, cake walk, face painting, caramel apple making, popcorn, cotton candy and more.

Northminster Presbyterian Church
3235 Pope Avenue, Sacto
For info, call (916) 487-5192

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4623 T Street, Sac 95819
Call, 808-8687 for more info.

Sacramento Emblem Club's Annual Holiday Craft & Gift Show

Unique gifts...one of a kind crafts, great food

Space avail: (916) 686-0347
Sat., Nov. 12~ 9 a.m. to 4 p.m.

Sacramento Elks Lodge No. 6
6446 Riverside Blvd.
Sacto 95831

OYAKO & the Buddhist Church of Florin will hold an event to benefit the

Florin Buddhist Women's Association

Saturday, Nov. 19, 9 to 3

Featuring women's clothing, casual to special occasions, jewelry, bags, purses, wallets, cards, home decor, food & many gift items.

7235 Pritchard Road, Sacto
For info, call Lois (916) 422-1265
or Peggy (916) 686-5621

Sierra Oaks 7th Annual Holiday Boutique

Unique vintage boutique shopping for the Holidays Local vendors - handmade gift items - Café on site

Saturday, November 12
10 a.m. to 3 p.m.
Multi Purpose Room, 171 Mills Road
Contact Ann Casentini
mikeanncas@hotmail.com

The Art Market

Saturday, November 12

10 a.m. to 5 p.m.

Locally sourced art, jewelry, clothing & décor for every home, plus great gifts for any budget!

Discount advance tickets:
www.saintmaryschool.com or
916 452-1100

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58th & M Streets in East Sacramento

Mission Oaks Holiday Craft Faire

Saturday, November 5

9 a.m. to 3 p.m.

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Mission Oaks Community Center
4701 Gibbons Dr., Carmichael
VENDORS INVITED - Call Now!
972-0336 MORPD.com

33rd Annual "Holiday Show of Hands" CRAFT FAIR

Friday, Dec 2, 5 to 9 p.m. (\$3)
Saturday, Dec 3, 9 a.m. to 7 p.m.
Sunday, Dec 4, 9 a.m. to 3 p.m.

Unique, hand-crafted gifts, decorator items, collectibles,
Hot lunch - Shuttle from Elks Club
St. John the Evangelist School
5701 Locust Avenue, Carmichael

TRUNK OR TREAT SUNDAY, OCTOBER 30 5:30 to 7:30 p.m.

GAMES•PRIZES•TREATS

Greenhaven Lutheran Church
475 Florin Road
(at Gloria Drive)

(916) 428-8449

Sunday Support for the Widowed

Oct. 23, 30: The Widowed Persons Assn. sponsors Sunday Support sessions which are held every Sunday, rain or shine – holidays included. 3 p.m.–5 p.m. 2628 El Camino Ave., Ste. D-18 (east of Fulton). Widows and widowers welcome. Barbara Stewart (916) 363-3482

Hatha yoga

Oct. 24, 31: Align the body through breathing techniques, postures and deep relaxation. 3 p.m.–4 p.m. Hart Senior Center, 915 27th St., Sac. (916)808-5462. Meets every Mon. Repeats Wed., Fri.

Nicotine Anonymous

Oct. 24, 31: Nicotine Anonymous meeting. Meets every Monday, 5:30 p.m.–6:30 p.m. Westminster Presbyterian Church, 1300 N St., Sac. Brandi Bowman (916) 984-3501

Rotary Club of South Sacramento

Oct. 24, 31: Hear guest speakers address local, regional and international topics. Visitors welcome. 11:30 a.m., every Mon. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. www.rotary.org.

Tai Chi & Chi Keung

Oct. 24, 31: Chinese exercise combines specific movements and relaxation. 1:30 to 2:30 p.m., Hart Senior Center, 915 27th St., Sac. Meets every Mon. (916) 808-5462

Toastmasters

Oct. 24, 31: Have fun while improving speaking & leadership skills. Klassy Talkers Toastmasters. 7 p.m.–8:30 p.m. Mondays. Executive Airport, 6151 Freeport Blvd., Sac. Ann Owens (916) 601-4652 www.klassytalkers.freetoasthost.org

Rotary Club of Arden-Arcade

Oct. 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon, every Tues. Jackson Catering and Events, 1120 Fulton Ave., Sac. (916) 925-2787, www.ardenarcaderotary.org

Rotary Club of Carmichael

Oct. 25: Hear guest speakers address local, regional and international topics. Visitors welcome. 6 p.m., every Tues Palm Street Pub & Grill, 6416 Fair Oaks Blvd., Carmichael. www.rotary.org

Upholstery class

Oct. 25, 26: Learn how to upholster! All types: furniture, auto, boat. Adult ed class taught by an upholstery professional. Tuesdays, 11 a.m.–3 p.m., Wednesdays, 9 a.m.–1 p.m. \$45 for four weeks. McClaskey Adult Center, 5241 J St., Sac. Jerry Prettyman (916) 806-2172

Chavez Plaza Farmer's Market

Oct. 26: Chavez Plaza Farmer's Market. Every Wednesday, May–Oct. 10 a.m.–2 p.m. 10th & J streets, Sac. www.california-grown.com

Co-Dependents Anonymous

Oct. 26: 12-Step group for those who struggle to maintain healthy relationships. Meets Wednesdays. 7 p.m. Friends Community Church Fireside Room, 4001 E St., Sac. (866) 794-9993.

Rotary Club of East Sacramento

Oct. 26: Hear guest speakers address local, regional and international topics. Visitors welcome. 12 noon–1:15 p.m., every Wed. Evan's Kitchen, 855 57th St., Sac. (in the 57th St. Antique Mall) www.rotary.org

Toastmasters

Oct. 26: All area business people invited to hone their speaking skills. Noon–1:15 p.m., every Wed. River City Speakers Toastmasters Club, Coco's Restaurant, 1830 Arden Way, Sac. (916) 747-8282

Trunk or Treat
SUNDAY, OCTOBER 30, 5:30–7:30PM
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Chinese Community Church 28th Annual Fall Fellowship and Food Festival
Saturday, October 22, 2011, 11 AM - 7 PM
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Editorial:

JFK students rack up \$31,000+ in potential fines

By SUSAN LAIRD
Pocket News editor
susan@valcomnews.com

Some students at John F. Kennedy High School are grumbling about their school principal.

It has ever been thus, since students first sat at the feet of a master.

But this complaint is about Principal Chad Sweitzer's stance that students should not be able to get a dance ticket due to unpaid fines or outstanding books that need to be returned to the school.

"I know many students are unhappy that they can't buy a dance ticket due to their having unpaid fines or outstanding books that need to be turned in," Sweitzer said in an email to parents. "As of today (Oct. 18) at lunch, we have close to \$31,000 worth of books owed to us and another \$16,000 worth of fines and books owed to other schools. We simply need our books back and have to start enforcing a 'No-Go' list until we get them back."

In an era of economic difficulty, personal responsibility and self-reliance are life skills that no young person should be without. Outstanding books and fines in the quintuple digits...that's a hefty chunk of change.

Not being allowed to go to a dance is a good "wake up" call – to get the items returned/fines paid and to help students as they make the transition to adulthood.

Family members should ask their student if they have any books or fines outstanding. If so, it may be necessary to offer to help their high school student to find these materials and return them. (My teen often "lost" materials in the many strata of things piled in her bedroom. Even the dog was scared to go in there. I had to use a rake to help. Hopefully, you won't).

If fines are owed, find a way to help the student take action to pay them. There are still



members of the community who need baby-sitters. There are still lawns that can be mowed and hedges can be trimmed. Leaves will need to be raked. There are even folks who need help with computers who would gladly pay a student for help. The creative possibilities are endless.

Work out a payment plan with the school if the fine is high.

According to Sweitzer, students will be notified on a quarterly basis in their second period class if they have books or fees owed. They can also check in the library at any time for their status.

Our public schools may be free to our young people, but the library materials provided in them are not inexpensive – nor are they truly "free." The community paid for those resources.

Having items on loan is a privilege. Let's keep them circulating so that everyone can benefit.

And let the dancing begin.



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402 Windward Way \$190,000



Faces and places Friends of the Library gather for 'One Book' dinner

Photos by TOM PANIAGUA
Pocket News photographer
tom@valcomnews.com

The Sacramento Public Library held its First annual All Friends' One Book Sacramento Dinner at Elks Lodge No. 6 in the Pocket on Oct. 14.

The event was for members of each library branch's chapter of "Friends of the Library." The "One Book" featured this year was "The Adventures of Tom Sawyer" by Mark Twain. Friends of the Libraries dressed in festive Halloween costumes and enjoyed a delicious evening of food, fellowship and love of literature.

See More Photos & Open House Schedule for my "Featured Homes" at: GreenhavenPocketHomes.com

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< 1332 Eloah Way – PENDING SALE!
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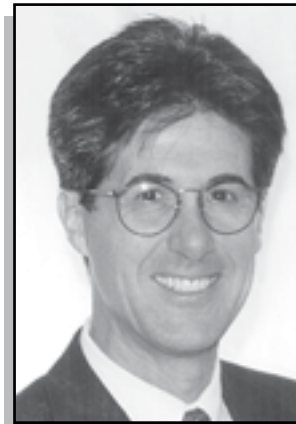
700 Dudley Wy – PENDING SALE! >
Land Park area 2bd 1ba "fixer" ready for your creative inspirations! Exposed wood floors, freshly paint interior, updated roof & gutters! 1-1/2 Car Garage, huge backyard. Attractive tucked-away street! **Apx 990 sf!**



< 7505 Monte Brazil Dr – SOLD!
Wonderful 4bd 2.5ba w/family rm. 3-car, plus potential RV. Updated tile roof, dual-pane windows, heat & air, tank-less water heater! Fresh interior paint, updated laminate & tile flooring. Remod master bath! **Apx 2,289 sf!**

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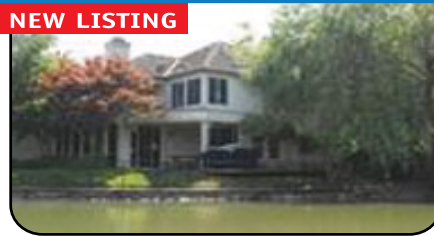
390 COUNTRY RIVER WAY \$375,000



SINGLE FAMILY, 3 BEDROOM, 3 BATH, 2377SF.
TERRY MULLIGAN 768-3796

7610 BRIDEVIEW DRIVE \$375,000

NEW LISTING



HALF PLEX, 3 BEDROOM, 3 BATH, 2381SF.
TERRY MULLIGAN 768-3796

6492 RIVERSIDE BLVD. \$348,000



SINGLE FAMILY, 5 BEDROOM, 3 BATH, 3-CAR 2823 SF.
BRANDON M. SHEPARD 916-479-1936

380 DEER RIVER WAY \$325,000



SINGLE FAMILY, 3 BEDROOM, 2.5 BATH, 2109SF.
JOHN WONG 531-7150

8049 LINDA ISLE LANE \$325,000

SOLD



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1428SF.
MARSHA CHAN 217-5500

6591 LONGRIDGE WAY \$319,950

PENDING



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1813SF.
JOHN WONG 531-7150

6708 BREAKWATER WAY \$275,000

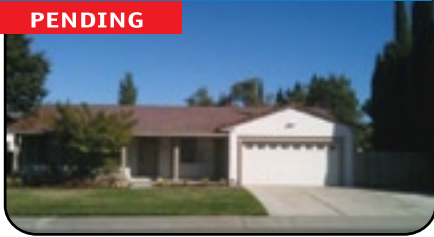
PENDING



SINGLE FAMILY, 3 BEDROOM, 3 BATH, 2023SF.
LYNN LUK LEE 628-2843

6856 GLORIA DRIVE \$269,900

PENDING



SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2053SF.
DAVID OHARA 600-9495

7045 RIVERSIDE BLVD \$262,000

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SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1944SF.
BILL BONNER 320-1888

1332 ELOAH WAY \$259,900

PENDING



SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1880SF
BILL BONNER 320-1888

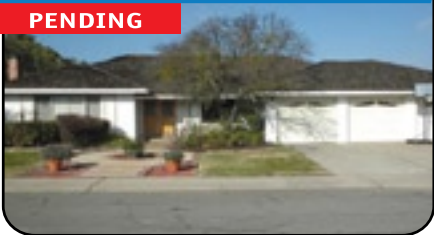
571 RIVERGATE WAY \$259,000



SINGLE FAMILY, 3 BEDROOMS, 2.5 BATHS, 2245 S.F.
NICK LAPLACA 764-7500

7 NORTHLITE CIRCLE \$249,900

PENDING



SINGLE FAMILY, 4 BEDROOM, 2 BATH 2186SF.
MELODY TACTAQUIN 612-0825

5987 GLORIA DRIVE \$238,500

SOLD



SINGLE FAMILY, 4 BEDROOM, 2 BATH, 1576SF.
BILL BONNER 320-1888

700 DUDLEY WAY \$165,000

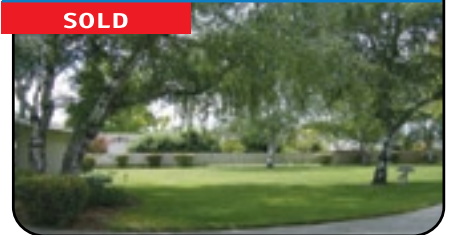
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SINGLE FAMILY, 2 BEDROOM, 1 BATH, 990SF.
BILL BONNER 320-1888

557 LEEWARD WAY \$115,000

SOLD



CONDO, 2 BEDROOM, 2 BATH, 1101SF.
LEESA ROBERTS 769-8244



ELK GROVE

10310 GILLIAM WAY - \$229,900

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SINGLE FAMILY, 4 BEDROOM, 2 BATH, 1777 SF
LYNN LUK LEE 628-2843

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SINGLE FAMILY, 5 BEDROOM, 3 BATH, 3951SF
JOLEEN DUNNIGAN 717-3559

9096 BEDROCK COURT-\$249,900

NEW LISTING

SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2781SF
DAVID OHARA 600-9495

9898 BOBBELL DRIVE-\$279,000

SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2751SF
JOLEEN DUNNIGAN 717-3559

9069 QUAIL TREE COURT-\$289,000

PENDING

SINGLE FAMILY, 4 BEDROOM, 2 BATH, 2425SF
LYNN LUK LEE 628-2843

SACRAMENTO

5322 J STREET - \$799,900

SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2744SF
DAVID OHARA 916-600-9445

2319 V ST. - \$495,000

SINGLE FAMILY, 4 BEDROOM, 3 BATH, 3100SF
DAWN O'CONNOR-ROWE 799-4835

7304 MANDY DRIVE-\$149,000

PENDING

SINGLE FAMILY, 4 BEDROOM, 2 BATH, 1616SF
JERRY LANDRETH 502-0928

7031 TAMOSHANTER WAY-\$80,000

SOLD

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1260SF
DAVID OHARA 600-9495

5055 RHODE ISLAND DRIVE #3-\$47,500

PENDING

CONDO, 2 BEDROOM, 1 BATH, 840SF
DAVID OHARA 600-9495

4305 GRIFFITH DRIVE-\$275,000

NEW PRICE

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1365SF
JOHN WONG 531-7150

9109 CAMDEN LAKE WAY-\$250,000

NEW LISTING

SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2550SF
MARY JEW LEE 425-3749