THE POCKET NEWS

February 16, 2012 Community News in Your Hands www.valcomnews.com

Pocket-Greenhaven's 'Polar Bears'

See page 26

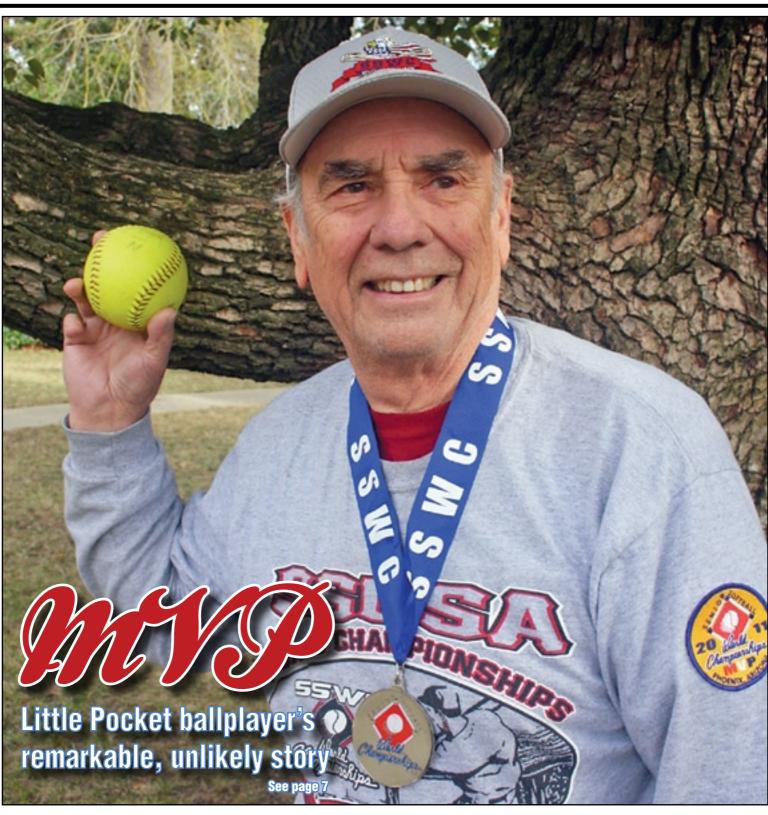
Buddhist Festival around the corner See page 4

COMMUNITY CALENDAR, PAGES 24–25 • KNOW YOUR NEIGHBOR, PAGE 7 • FACES AND PLACES, PAGE 26



SCUSD budget cuts
See page 5





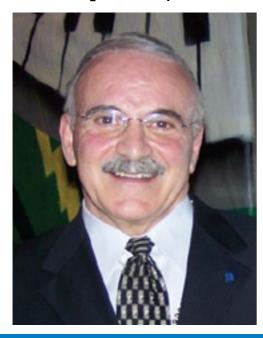


Experience Counts!

Now More Than Ever!

More than 2,075 of our Greenhaven/Pocket friends and neighbors have trusted me to serve their real estate needs over the past 30+ years!

6 our Trusted Friend



Nick LaPlaca 764-7500









24 Hour Info @ www.NickLaPlaca.com

THE POCKET NEWS

Pocket News is published on the first and third Thursdays of the month and delivered by mail and home delivery in the area bounded by Interstate 5 on the east and the Sacramento River on the north, west, and south.

Publisher . George Macko General Manager... Kathleen Egan Editor. ... Susan Laird Art Director.John Ochoa .. Ryan Vuong Junior Designer Advertising Executives... ...Linda Pohl Patty Colmer, Melissa Andrews Distribution/Subscriptions....

E-mail stories & photos to: vcnnews@valcomnews.com

Vol. XXI • No. 3

2709 Riverside Blvd. Sacramento. CA 95818 t: (916) 429-9901 f: (916) 429-9906

Cover photo by: Lance Armstrong

Other photos by: iStockphoto Sally King

DESIG

red all over

She did it. You can, too!



Weight Loss Consultation

Enroll in Sutter Express Care's Lean for Life program and lose 10% of your body weight - or more - and keep it off for life.

The 10-week medically based program is offered exclusively at Sutter Express Care inside Rite Aid.

Greenhaven: 980 Florin Road Natomas: 2751 Del Paso Road

Convenient, Open 7 days a week

Mon-Fri: 9 a.m. - 8 p.m. Sat-Sun: 10 a.m. - 4 p.m.

800-972-5547 | SutterExpressCare.com



Sutter Express Care

A Service of Sutter Medical Foundation







If your savings have taken a detour,

New York Life can help get you

back on the road to retirement.

Rev up your retirement

Call us today.



Michael K. Wong, MBA, CLU, ChFC Agent, CA Ins. Lic# 0B88032 Janice T. Wong, LUTCF, CLTC, M.S. Agent, CA Ins. Lic# 0C64071 Anthony M. Chee, CLTC, M.S. Agent, CA Ins. Lic# 0C68431

910 Florin Road, Suite 106 Sacramento, CA 95831 (916) 392-8896

Local New York Life Insurance Co. Office Serving Greenhaven, Pocket, & Land Park Area





© 2011 New York Life Insurance Company, 51 Madison Avenue, New York, NY 10010 SMRU 00442099CV (Exp. 03/18/13)



ONE MONTH

- Convenient Office Hours
- Climate Control Units
- Individually Alarmed Units
- RV and Boat Storage
- FREE Truck Rental for Move in Customers

POCKET 1106 Corporate Way 916.424.8028 www.superiorselfstorage.net

Mon-Sat 9am-6pm Sun 12pm-5pm

Looking to **Buy or Sell** in 2012.

Call me now & let's get a plan together.

Together we'll make it happen.

Serving Greenhaven Pocket homeowners for over 20 years.



Ron Roberts BROKER - Associate

916.806.0118 RonRoberts.metrolistpro.com ron@dunniganrealtors.com









Holly Brickner ● 215-7127

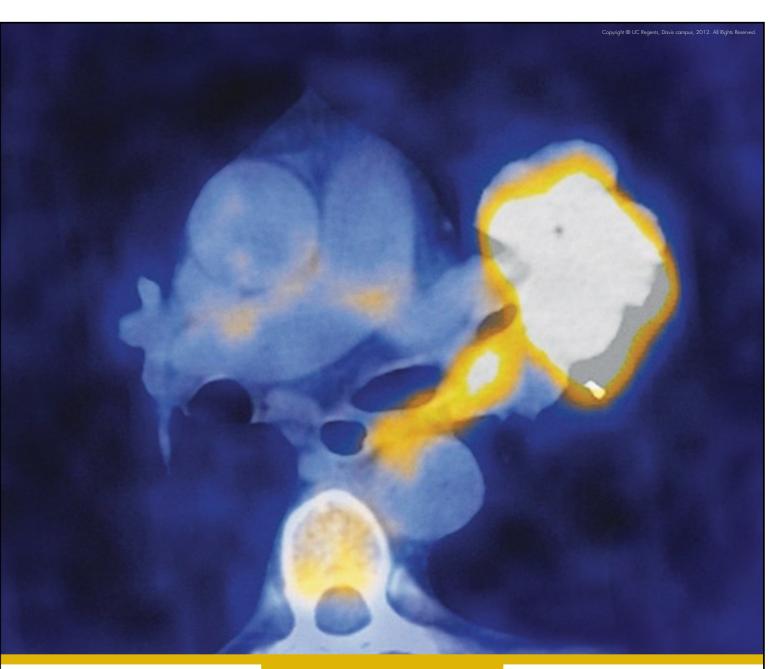
Brick Brickner • 747-2901 DRE# 01076748



4 bedroom, 2.5 bath, state of the art updated pool. A Must See!

6865 Park Riviera Way \$349,000





WHAT DO YOU SEE?

We see cancer cells illuminated by radioisotopes. You see the chance to get your life back sooner.

Ranked among America's best by the National Cancer Institute, UC Davis is breaking barriers to beat cancer. Here, world-renowned physicians and scientists conduct groundbreaking research - like creating and investigating new imaging agents that selectively seek out cancerous tissue allowing specialists to determine whether tumors are responding to therapy sooner, without invasive surgery. It's one of many ways UC Davis is leading cancer care in our region and throughout the nation. For nationally recognized cancer care, you want UC Davis on your side.

To learn more, visit YouSeeTheFuture.UCDavis.edu. For more information, call 800-2-UCDAVIS.

YOU SEE ADVANCES

UCDAVIS HEALTH SYSTEM





Get your order in early:

Spring Food Festival is just around the corner

Special to Pocket News

Enjoy some really delicious Japanese homestyle cooked foods with the "aji" (flavor and taste) that you get only at home or at local Japanese restaurants.

The Spring Food Festival will be held on March 11 at the Sacramento Buddhist Church.

Last year, for the first time in forty years, the Spring Food Festival hosted by the Sacramento Buddhist Women's Association (SBWA) and the Adult Buddhist Association (ABA) underwent a dramatic change. The menu was basically the same as in prior years, but instead of serving diners in the Kaikan (church gymnasium), orders will filled as "take out" Japanese home-style cooked foods.

This met with such success that this year will be the same.

All the food items will be prepared in the church kitchen by SBWA and ABA members. The menu items include: Shioyaki Chicken (half) with some Teriyaki Sauce on the side, Combination Sushi, Maki (Uncut) Sushi, Age Sushi, Chirashi, Udon, Spam Musubi, Cabbage Salad and Teriyaki Sandwich.

The Girl Scouts will also host a Pastry Table, so guests can pick up some dessert items.

Deadline to order Feb. 26

An early sell-out is anticipated, so orders need to be placed quickly, no later than Feb. 26. Order forms can be downloaded at www.buddhistchurch.com.

On March 11, come by the Betsuin and pick up orders between 11 a.m. and 1 p.m. All purchased food items will be carefully packaged and ready to eat.

Some of the foods are best when reheated... perfect for enjoying in the comfort of your home, while watching the Kings play and in the company of family and friends.

The Sacramento Buddhist Church is located at 2401 Riverside Boulevard in Sacramento. For more information concerning this event, call (916) 442-0121 or visit www.buddhistchurch.com.





Direct: 916-768-8494

Office: 916-421-3546

LIC#00833025







School district prepares for the worst due to declining enrollment, rising costs

Pocket News writer corrie@valcomnews.com

During the Board of Education meeting for the Sacramento City Unified School District (SCUSD) on Feb. 2, 2012, the Board approved \$28 million in cuts to the 2012-2013 year budget.

According to SCUSD's Chief Communications Officer Gabe Ross, the proposed cuts are an attempt for the district to provide a balanced budget to the County Office of Education by March 15 based on Governor Jerry Brown's proposed state budget for California.

"At this point there's just so much unknown about the budget, we have to prepare for the possibility of these types of cuts," Ross said.

Ross said the proposed \$28 million in cuts includes cutting staff, increasing class size, eliminating adult education, and removing stipend support for co-curriculars such as yearbooks and sports.

"After years of cuts to our schools, there are no more easy' solutions," said Superintendent Jonathan P. Raymond. "This list of cuts we are forced to consider for the 2012-13 school year is truly awful. Librarians, counselors, music programs, sports and extra-curriculars, maintenance and custodial staff these are not 'extras' or 'frills.' Yet, because of the consistent under-funding of public education in this state, these are the cuts our community is facing."

How did we get here?

So what got SCUSD to this state? One factor is the rising costs related to employees, such as health benefits.

"Ninety percent of our budget is people, so those are hard costs to us that continue to rise," Ross said.

Another reason is the district's steadily declining enrollment. Ross said they receive funding from the government based on their enrollment numbers, so as that declines so does the aid.

'This is a long process and we won't finalize our budget until June, so between now and June there's a lot of moving parts and the goal is to restore as many of these programs and people as possible."

- Gabe Ross.

SCUSD Chief Communications Officer

"We're an aging urban school district – this is common throughout the state," he added. Reasons he cites for the declining enrollment are the economy and other education alternatives. "Families are selecting other options, whether they be charter schools or private schools or other options for their kids," he said.

The Sacramento Council of PTAs is doing what it can to help families continue to place their children in public schools, according to President Lily Williams.

"I think what's happening is because so many of the programs are cut at the public schools now, I think a lot of people are looking to take their kids to private school," she said.

Helping the situation

Williams' group is doing what it can to help keep the programs that families want going by offering supplemental arts education programs at area schools. Additionally, the Sacramento Council of PTAs works with individual school sites to access their needs and how they can help.

Two initiatives that may help the situation are vying to be placed on the voter ballot this November. The first is Governor Brown's proposed tax increase initiative. According to Wikipedia, if the initiative is voted into place, state income tax will be increased on those making \$250,000 or more for five years and the state's sales and use tax will be increased by a half-cent for four years. Of the revenues generated,

89 percent would go to K-12 schools and 11 percent to community colleges.

The second, "Our Children, Our Future," is an initiative sponsored by the nonprofit Advancement Project that aims to generate between \$1,100-1,700 per student in additional funding each year.

"At California PTA, we realize that we're 47th in the nation in terms of per-student funding, so what we try to do is restore adequate funding for our schools," Williams explained. "California State PTA has decided to endorse and support this initiative."

How to help

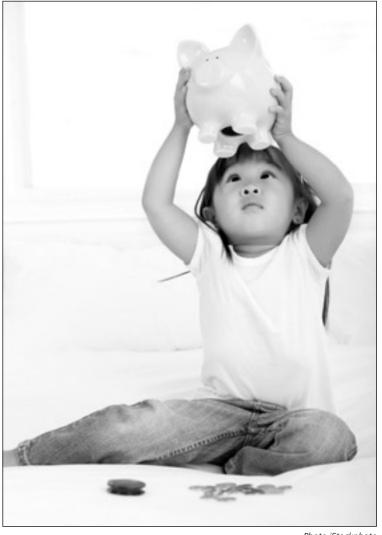
So how can the surrounding community help the situation? Ross said it's important to remember they are just at the beginning stages of this process and much can change.

"This is a long process and we won't finalize our budget until June, so between now and June there's a lot of moving parts and the goal is to restore as many of these programs and people as possible," he said.

Williams suggests parents get involved at their childrens' school sites and advocate for public education by writing their representatives.

"You know, we're right here at the capitol, so we have better access to our representatives right here," she said.

Ross urges parents and community members to stay upto-date by accessing the Budget News section of SCUSD's Website, www.scusd.edu.



DRACONIAN BUDGET CUTS caused by an aging population, fewer children and families choosing other educational options for their kids have led to a crisis at the Sacramento City Unified School District. Students in the district are facing larger class sizes, a loss of extra-curricular programs (such as yearbook and robotics), and more as the district approved cuts of \$28 million from the 2012 - 2013 budget. Parent groups and district officials are scrambling for options.

SCUSD Updates

For the latest information on the SCUSD Budget situation, visit the school district's Website at www.scusd.edu.

Parkside Community Church and **VITAS Innovative Hospice Care present...**

"A Lenten Series on Grief and Loss"

A Free 5 Week Series · Join us for any session Tuesday evenings from 6:30pm to 8pm Series begins February 28 through March 27, 2012



Parkside Community Church 5700 S. Land Park Drive Sacramento, CA 95822

For more information call Teri at Parkside Community Church 916-421-0492

Tracing your Black Roots — a Black History Month program at the library

Special to Pocket News

Make strides in the quest to find and document the lives of your ancestors at a special adult program at the Robbie Waters Pocket-Greenhaven Library on Saturday, Feb. 25 from 1 p.m. to 3:45 p.m.

"Tracing Your Black Roots" will show you many resources that are available when researching your

heritage. Learn to take advantage of these tools with professional genealogist Lisa B. Lee.

Locate your ancestors so you can be the family storyteller of your generation!

The Robbie Waters Pocket-Greenhaven Library is located at 7335 Gloria Drive in Sacramento. For more information, call (916) 264-2700 or visit www.saclibrary.org.



Photo iStockpho

FIND YOUR ROOTS at a special adult program, "Tracing Your Black Roots" at the Robbie Waters Greenhaven-Pocket Library on Feb. 25.

Take ME Home!

Thanks to the following sponsors! A pet can be a wonderful addition to a family.

Won't you adopt one of these animals at the SPCA?



ESKATON

Senior Residences and Services

Eskaton Monroe Lodge

Independent Living with Services

3225 Freeport Blvd. Sacramento, CA 95818

916.441.1015 www.eskaton.org



Charleston

າ |#1512118

Breed: Chihuahua Gender: Male Color: Black & Tan Hair: Short

Age: 3 years

Charleston is good on a leash and fun to be around. He will come to you for some attention and affection. Good looks and a sweet disposition, all in one little package.

Sponsored by:

MERRILL GARDENS

AT GREENHAVENA one of a kind retirement community

Call to Schedule a Tour Today & Experience the Merrill Gardens Lifestyle!

(916) 427-1133

6350 Riverside Blvd www.merrillgardens.com Lic# 347001396



Buster

#15175209

Breed: DSH Gender: Male Age: 3 years

Color: Grey Tiger Hair: Short

Buster is a great lap cat but his favorite thing, when invited, is to lay on someone's chest and let them pet him (what a guy!). Sweet and quiet, he's a gentle boy who likes your attention and company.

Sponsored by:

Primrose Living With Memory Loss

Day Club. Respite. Residential.

7707 Rush River Drive Sacramento, CA 95831 (916) 392-3510

LIC 347001338; 347001342



Bella

#15121337

Breed: Miniature Pinscher Color: Chocolate & Tan Gender: Female Hair: Short

Age: 9 months

Bella just loves to run and play. A shy girl at first - she warms up quickly and then there is nothing more that she likes to do but skip around outside with a smile on her face and a spring in her step.

Sponsored by:



Dedicated to enhancing the lives and experiences of our residents.

> 7548 Greenhaven Drive Sacramento, CA 95831 (916) 476-8010 LaVidaCommunities.com



#347004312



Amber
Breed: Dachshund

#15148701

Breed: Dachshund Color: Brown
Gender: Female Hair: Short

Age: 2 years 6 months

Amber is a sweet, gentle, calm girl who loves to be held and give kisses. She can be a bit shy at first but warms up quickly and then she loves to cuddle and get pets and tummy rubs. Amber likes being outside and take walks.

Sponsored by



Quality Service. Affordable Prices.

Personal Service

Experienced Preparers

Reasonable Cost

7311 Greenhaven Dr., Ste 274
393-3430

www.just-taxes.com



Jasper

#15128740

Breed: DMH Color: Orange Tabby
Gender: Male Hair: Medium

Jasper is a little shy, but quickly warms up to you and loves your attention. He becomes very affectionate and interested in you. A gorgeous coat and beautiful eyes make him a joy to see, too.

Sponsored by:



- 24 Hour Pick-Up Service
- Burials and Cremations

LEAVE A MEMORY ABOUT YOUR BELOVED PET

6700 Verner Avenue Sacramento 95841 (916) 732-2037 www.eastlawnpets.com Charlie
Breed: Main Coon Cat

rlie #15063736

Gender: Male

Color: White & Brown Tabby Hair: Medium

Age: 10 years

Charlie has some special needs. He has to be an indoor only cat and has an intermittent heart murmur. A large and beautiful boy, he's quite striking, friendly and laid back, he'll make a great companion for someone.

For additional information on adoptions, call the SPCA at 383-7387. Adoptions occur daily and it is not guaranteed the above featured animals are still available. If they are not, the SPCA has many other loving pets available to suit you and your family. The SPCA is located at 6201 Florin-Perkins Road.

Little Pocket baseball, softball player defies the odds

By LANCE ARMSTRONG Pócket News writer lance@valcomnews.com

While sitting in his Little Pocket home recently, senior softball player Bob Nevis spoke about a major injury that he suffered dur-

ing his youth.
"I was playing tack-le, sandlot football when I was 11 years old and I tore some ligaments in my right knee," said Bob. "I went to the doctor and they drained it and it continued to bother me off and on for a year before I was taken to a specialist in Sacramento and it was discovered that I had developed tuberculosis in the bone. When they operated and scraped the TB

For many or perhaps most people in his position, such an injury would end their participation in competitive sports. But Bob is neither many nor most people.

off, they fused my knee and

it would never bend again."

Instead, this Sacramento native has achieved the type of success on the ball diamond that many able-bodied people dream of accomplishing.

Bob's roots are in the Sacramento area. His father, Joseph Edward Nevis, was born in Sacramento and his mother, Loretta May (Jacinto) Nevis, was born in the Delta town of Hood. One of four children, he grew up here and was a 1955 graduate of Christian Brothers High School. Bob's family history in America began on Sept. 1, 1901 with the arrival of his grandparents: Dan and Mary Nevis, who came from the island of Pico in the Azores Islands.

For Bob, 74, who wore a San Francisco 49ers sweatshirt during his interview, sports has been an extreme interest of his since nearly about the time he began to

And although he does not walk as well as most people walk, Bob explained how his love for sports and keeping active has allowed him to exceed expectations.

Weimer (Placer County) for a year and three months and then when I got out, I was on crutches for a while," said Bob. "The kids used to say that I could outrun some of the kids on my crutches. I pole vaulted (with the crutches), taking 9-foot strides and that is not an exaggeration. In all my life, I have never seen anyone else run on crutches that way and nobody else has either that I know of. I ended up playing hardball with my brothers and a bunch of guys who we grew up with and we won a lot of championships."

Bob cherishes his days of playing in winter and spring baseball leagues during his youth and his yellowed newspaper clippings from these years appear as precious as trophies to him.

During his interview with this publication, Bob spread out the clippings on his kitchen table and said, "These are from my days of playing ball when I was a young man."

All of the clippings, with the exception of one, highlighted the very successful Gerlinger's of the National Division of the Sacramento Municipal Spring Baseball League. Gerlinger Motor Parts, which was the team's sponsor, was located

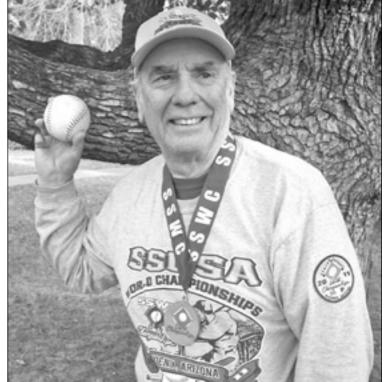
"I was in a TB ward in at 2020 K St. and owned by South Land Park resident George Gerlinger.

The clippings provided additional evidence that Bob was more than just a minor contributor to the

The following are some of the word-for-word highlights of Bob's undated clip-

- Bob Neves (sic) yesterday pitched Benny Wolf's Gerlinger's to a 14 to 0 win over the Northgate Gators for the championship of the City Spring Baseball League's American Division.
- Bob Nevis, with a fourhitter, yesterday chucked the Gerlinger's to a 13 to 5 triumph over Aerojet in a Spring Baseball League contest.
- Chuck Griffith and Bob Nevis combined to hurl a four-hitter yesterday as the Gerlinger's tripped the Lemon Hill All Stars, 3 to 2 in an American Division of the City Winter Baseball League game at Leiva Field. Gerlinger's scored its runs on a towering home run by (Bob's brother) Bill Nevis, who also doubled and singled, and a two-run double by Mike Furtado. (Note: Furtado, who is Bob's

See Senior athlete , page 10



Pocket News photo, Lance Armstrono

SACRAMENTO NATIVE Bob Nevis has achieved much success in baseball and softball despite acquiring a disability during his childhood.



www.valcomnews.com EAST LAWN EAST LAWN Andrews & Greilich

MORTUARY 3939 Fruitridge Road Sacramento, CA 95820

"Ready to provide guidance at a difficult time.

916-732-2026

EAST LAWN MEMORIAL PARK 4300 Folsom Blvd.

Sacramento, CA 95819 916-732-2000

"Embracing a unique commitment to Sacramento and its people"

EAST LAWN **ELK GROVE** MEMORIAL PARK and Mortuary

9189 East Stockton Blvd. Elk Grove, CA 95624

916-732-2031

GEORGE L. KLUMPP Chapel of Flowers

2691 Riverside Boulevard Sacramento, CA 95818

Phone: (916) 443-7917 Fax: (916) 443-7931

Family owned and operated since 1921

Harry A. Nauman & Son



4041 Freeport Blvd Sacramento, CA 95822 (916) 452-6157

Serving Sacramento Families since 1903 Pre-arrangement packages available.

SIERRA HILLS MEMORIAL PARK AND EAST LAWN MORTUARY

5757 Greenback Lane Sacramento, CA 95841 916-732-2020 • 916-331-9800

"Knowing that professional guidance is always by your side"



LIND BROTHERS

A Local Family-Owned Funeral Home **Serving Sacramento Since 1964**

916.482.8080

Call **Patty** Today



916-492-9901



Kennedy students compete in Rotary speech contest

Pocket News writer sally@valcomnews.com

This year's Rotary Club theme is "Reach Within to Embrace Humanity," and that is exactly what Daniel Li did Thursday morning, Feb. 9, at the Aviator's Restaurant located at the Executive Airport.

Li, a junior at Kennedy High School competed against Simon Lal in the annual Rotary Speech contest. His speech touched on the shallowness of society as a whole.

"I looked at the theme and I wanted to get looser with the style of my writing," Li said. "This year's theme took a lot of thinking and it was a fun process."

Li lives in the Greenhaven Pocket area and said he plans on getting a business degree and might follow the footsteps of his two older brothers who attend UC Berkeley. The Rotary Club awarded him first place with a gift of \$200.

Lal, a senior at Kennedy High School said he wants to become a stunt director and actor. His theme was being true to self and others. Lal lives in South Sacramento. He received \$100 for his

"I decided to be in the speech contest because I tend to be shy and sometimes stutter and slur my words," Lal said. "I figured this would help me improve my public speaking."

Speaking well in public takes years of practice and begins with experience. These are two reasons the Rotary Club has an annual speech contest for young people. The Rotary Website explains the contest is an opportunity to spread the themes and motto of Rotary, "Service Above Self."

The Rotary Club rules state contestants must be in grades 9 to 12. The speaker must give a five to eight minute speech without displays, prompts or prompting. The speaker must convince listeners how he/she will reach within and find their inner strength to accomplish great things within their community and around the world. They are allowed to use notes for the first round, after that notes are not allowed.

There were three judges; Linda Whitney, retired principal of Caroline Wenzel Elementary School, Terry Thomas, retired teacher from Alice Birney Elementary School and Marilee Bellotti, retired principal of Holy Spirit Parish School.

Li advances to the Area 4 Level Semi-final Contest to be held Thursday, March 29 at 7 p.m. in the SMUD auditorium.

The winner of that contest advances to the District Level Contest, held at the Grand Sierra Resort, Reno Nev. on Saturday, May 19. The district level first place award is \$1000 and second place is



REACHING WITHIN, Kennedy High School senior Simon Lal competed in the Rotary Club of Pocket-Greenhaven's annual speech

Senior Services Resources

Call Melissa (916) 429-9901

ASSISTED LIVING



(916) 226-9319 9325 East Stockton Blvd., Elk Grove

ASSISTED PLACEMENT



Placing People First Since 2004 888.980.9880 www.lifetimesolutions.org Specializing in finding the proper Assisted Living or Board and Care for your loved one.

We are a FREE Service!

DOCUMENT PREP SERVICES

LIVING TRUST/LIVING WILL **Legal Document Prep Services:**

- Trust Will
- Powers of Attorney
- Residential Deed

Couples \$495 Singles \$450 Lynda K. Knight (916) 214-1215 1337 Howe Ave., Ste. 103

HELP AT HOME

HELP AT HOME

Senior Care

- · Light housekeeping
- Meal preparation

LOVING COMPANIONS

- Med reminders Errands
- Dementia care Bathing

For no-cost/in-home assessment,

call 877-404-6636

IN HOME CARE



Blossom Ridge – dedicated to providing the highest quality of care for your loved ones within the privacy & warmth of their own home.

> Call us at 800.991.6147

YOUR AD SHOULD BE HERE!

Call Melissa today!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

Sacto 95825



Certified care (866) 312-2157 Specializing in 24/7 Live-In Service

Excellent Rates & **Discounts**

MEDICAL SUPPLIES



REAL ESTATE SERVICES

Moving On?

FREE Real Estate Help & Advice tailored to seniors & their familes

Contact John Woodall, GRI

(916) 421-5421

√out my blog at:

aSeniorsBlog.com

SENIOR BOARD & CARE



SPECIAL ALZHEIMER'S LIVING



Day Club, Respite, Residential, Support Groups & Educational Classes

cas@primroselz.com www.primrosealz.com

(916) 392-3510 7707 Rush River Dr. Sacto, CA 95831

Kennedy student accepts Letter of Intent

By SALLY KING Pocket News writer sally@valcomnews.com

Kennedy High School student Brittany Bowen was awarded a National Letter of Intent to play soccer for Canisius College, a private Jesuit school in Buffalo, New York. She signed the Letter on Wednesday, Feb.1 in the Kennedy library.

Bowen is an amazing young woman, who, in addition to receiving a soccer scholarship, received an academic merit scholarship. She has a 4.4 GPA.

"My plan is to major in international business with a minor in marketing," Bowen said. "I'm pretty good at mar-

Assistant Principal of Kennedy High School David Van Natten said the school is very proud of her.

"I am confident this is the beginning of a fantastic fu-ture for her," Van Natten

Bowen began playing soccer at age four. She plays center defender most of the time.

"I love soccer," Bowen said. "My parents tried to get me interested in softball and swimming, but I always came back to soccer.'

Bowen said her older sister Jessica referees for soccer, so it was natural for her to follow her sisters' footsteps and take up the sport. What Bowen likes most about soccer is

that it is analytical. She is always anticipating the next move and how to play it.

Bowen also plays soccer for Davis Legacy. Typically she plays soccer three nights a week, except January through the beginning of April, when she plays soccer for Kennedy High School five nights a week. Last year she was voted Kennedy High School Girls Soccer All League, which is the equivalent of being voted MVP.

Bowen keeps very busy being on two soccer leagues and taking college prep classes at school. She said her life right now is school and soccer, with an occasional good book to read.

Bowen met the Canisius College soccer coach last year. He watched her play and invited her to check out the school. Bowen's dad, Tom, went with her to see the school and they both liked it.

Kennedy Athletic Director Marcus Pineda said he is very excited and happy for Bowen.

Her coach would like her to be team captain this year," Pineda said. "She has excelled both on the field and off the field academically."

Bowen is looking forward to starting college next fall. She has visited the campus twice and thinks it is a great school. She said she knows she has a great future ahead



BRITTANY BOWEN signed a national letter of intent to play soccer for Canisius College in New York on Feb. 1. She is a student at Kennedy High School.



\$500,000

If you paid yourself \$25.00 per week, you would have \$500,000 at age 65, GUARANTEED! And pay yourself an interest only payment of \$3,000 a month for as long as you live and still have the \$500,000 . . .

WANT TO DO IT?

What about college for your kids or grand kids along the way? Think about it, one less 6 pack of your chosen refreshment or one less pizza per week and YOU ARE THERE! (age is a factor)

Go to www.ismflex.com, watch the film and call us.

916-647-5346

Ask for Pocket resident Phil Quinn, Lic# ODO8279



Want to play bardball again but don't know where? You can play ball again in

THE NATIONAL ADULT Baseball Association

with over 60 existing teams in the Sacramento area.

18+, 25+, 35+, 45+ & 55+ Age Groups Various Levels of Play 18-22 Game Season All Star Games • Playoffs Championships • Awards



For Info call (916) 729-3373 or visit www.sacnaba.org

NABA NOW ACCEPTING NEW PLAYERS AND TEAMS UMPIRES ALSO WELCOME • SUNDAY GAMES

Greenhaven Pocket Animal Hospital



1 Valine Court

916.391.3677

 Health Exams
 Dentistry Medicine/Surgery Vaccinations
 Spays/Neuters

• Full Service Animal Hospital

Our furry friends can become stressed with groups of family and friends around. Make sure they have a stress free quiet place to go.

Remember to keep all candies and table scraps out of the reach of our 4 legged friends.

More Than Just a Veterinarian!

Mon: 7:30am - 7pm • Tue-Fri: 7:30am - 6pm Sat: 8am - 5pm • Sun: 9am - 4pm

Check out our website for more special offers! www.vcagreenhaven.com

Ask About Our BEST **CARE Packages** CONSIDERING A PET?
We can help you decide which breed is best suited for your family and lifestyle. CALL US!

Senior athlete: Positive attitude, love of the game keep Nevis active

cousin, later won league championships at Sacramento State College in 1965 and 1968 and was a teacher, vice principal and baseball coach at Elk Grove High School).

- The Gerlinger's of the National Division of the Sacramento Municipal Spring Baseball League won their ninth straight contest yesterday with a 7 to 3 triumph over the Mac's (Oldtimers). Bob Nevis pitched the win and aided his own cause with two doubles and a single.
- Home runs by Bob Nevis and Jerry Branch helped the Gerlinger's to a 7 to 6 victory over the Orangevale Lions in the American Division of the Winter Baseball League yesterday on the Grant Field.
- Gerlinger's toppled Mac's Oldtimers, 14 to 5, yester-

day in the Spring Baseball League. Larry Meredith had four singles and Bob Nevis a triple and a single for the winners.

- Gerlinger's won its 12th consecutive National Division Spring League baseball game yesterday, downing the KSFM DJs, 6 to 3.
- The Gerlinger's, wrapping up a perfect season, yesterday posted their 13 straight victory in downing the Post Office, 5 to 3. Gerlingers won the Spring League baseball championship.

Bob also remembers hitting three triples in a game at Southside Park in about

At various times, the Gerlinger's success was aided by such players as Larry Bowa, Spider Thomas, Don Semon, Bernie Church, Don Zets and Hank Falconer (who was

Take care of business...

Life. Simplified.

Take care of yourself.

signed by local agent Ronnie King and tried out for the Pittsburgh Pirates), who were all scouted by professional

The late Sacramento Bee editor Marco Smolich dedicated an entire article to Bob in 1953 and noted in part of his story that Bob, who was attending The Sacramento Bee-KFBK Baseball School at Edmonds Field, was the "personification" of "hustle."

In about 1965, Bob, who worked for 57 years as a residential home painter, hurt his right hip and quit playing league baseball. He raised a family in Sacramento and has three sons, Lance, Mike and Joe, and a stepdaughter, Schnee.

It was not until 1993 that Bob was playing competitively again, as he joined the league, Golden Seniors Softball Club of Sacramento.

Bob continues to play softball today and has experienced much success on a tournament team.

Among the highlights of his participation in tournament play was winning the California Cup in Woodland and the Silver Medal in the World Series in Phoenix in 2009 and the Hall of Fame Tournament in Manteca in 2011.

While playing on the exhibition team, the Can-Sirs, a cancer awareness team for men, Bob was awarded the Most Valuable Player award in 2011. Bob is a prostate cancer survivor.

Bob, who known for his sense of humor, quipped, The (MVP) award can't be for the Most Valuable Player. It must be for the Most Valuable Portu-

Another highlight for Bob is having the opportunity to play ball again with his brothers, Jerry and Bill, as the three brothers play together in the Travelers League, which is not affiliated with the Golden Se-

In thinking back on his years of playing baseball and softball, Bob said that he has enjoyed many good times and hopes to continue playing softball for many more years.

"I'm glad that I continued to play ball and overcame the self consciousness of thinking that I can't do something," Bob said. "I'll continue to play ball as long as I can be of help to my team. I've enjoyed every minute with my teammates and the camaraderie and the couple of beers and the stories and the jokes and the lies. It's been all great."

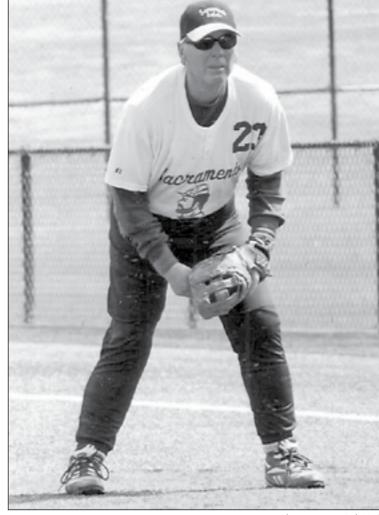


Photo courtesy, Bob Nevis

BOB NEVIS stands prepared to field a ball at first base. Nevis has also experienced success as a pitcher.

Community Worship

Florin Road & Greenhaven Drive

Lake Crest Village Shopping Center

Greenhaven Lutheran Church

475 Florin Road (at Gloria Dr.) • 428-8449 Sunday Worship Service: 10:15 am Bible Class & Sunday School: 9:00 am Angels Nest Pre School 2 yrs. - 5 yrs.

Faith Presbyterian Church

625 Florin Road (adjacent to Kennedy High in Greenhaven/Pocket) • 428-3439

A community loving Christ, building disciples, serving all

Worship Sunday 9 and 11 am
• Sunday School, Bible Study, Childcare • Youth Activities
• Family Programs • Adult Education

PARKSIDE COMMUNITY CHURCH

"Open & Affirming Congregation" Sunday Worship Service: 10:30 am Bible Class: 9:00am

5700 South Land Park Drive & 35th Avenue 421-0492

Riverside Wesleyan Church

6449 Riverside Blvd. • 391-9845

Sunday School: 9:15am • Sunday Worship: 10:30am • AWANA (Children's Ministrey) • Youth - Jr. High - Sr. High - College - Young Adults • www.rwcsac.org

Greenhaven Neighborhood Church

630 Ark Way • 422-8253

Sunday School Bible Study: 9:15am • Sunday Worship: 10:30am Weekly Bible Studies - Jr/Sr High Events





DUNNIGAN Realtors



FABULOUS S. LAND PARK

South Land Park 3 or 4 bedroom 2 bath with beautiful leaded glass windows, custom front door and used brick & wood. Pretty hardwood floors & brick fireplace. Kitchen wih granite, Wolf range & oven, Mele dishwasher, convection microwave & interior grill. Pretty backyard, free form pool, completely finished patio & more. See www.4809HillsboroLane.com \$460,000

PAULA SWAYNE 425-9715



SOUTH LAND PARK

Amazing remodeled home in South Land Park Hills. 3 bedrooms 2 baths; beautiful kitchen and bathrooms with new granite. New efficient dual pane windows and sliding glass door, new tile flooring throughout, new fixtures. See: visualtour.com/shownp.asp?t=2678589 \$229,000

MONA GERGEN 247-9555



LOT ON THE RIVER

Rare opportunity to build your own home on a riverfront lot in the Little Pocket area close to the freeway and downtown. This lot is on Riverside Blvd close to 35th Ave. Must see this beautiful lot. Feel free to go by and walk around the lot and enjoy the Sacramento River. See 5746 Riverside Blvd. \$325,000

MONA GERGEN 247-9555



GORGEOUS!

Immaculate 2 or 3 bedroom home 2 full baths within the Genevieve Didion School boundaries. Seller spent over \$10,000 in the backyard in 09. Yard features seat walls and a built-in ground water jets for kids to play in, just like the ones at theme parks. Newer roof, HVAC, paint and carpet. . See: visualtour.com/shownp.asp?t=2607866 \$180,000

MONA GERGEN 247-9555 • KELLIE SWAYNE 206-1458



WONDERFUL LAND PARK

Character of the 1940's with the convenience of today. Pretty vaulted living room ceiling, lit dining room hutches and rich hardwood floors in this 3 bedroom home! Pretty backyard complete with central fountain and beautiful landscaping. See: 274014thstreet.epropertysites.com \$419,000

PAULA SWAYNE 425-9715



NEAR VALLEY HI CC

Amazing custom home in Chezimme Estates across from the Valley Hi Country Club/Golf Course, only 14 custom homes in development. Features include: 4 or 5 bedrooms 31/2 baths, built-in pool, 4 car garage, putting green, game room, granite, crown molding. See: visualtour.com/shownp.asp?t=2691939 \$699,000

MONA GERGEN 247-9555



PARK PLACE SOUTH

Single story halfplex home with open floor plan 2 bedrooms 2 baths in desirable Park Place South. Travertine tile floors in entry, kitchen and both baths. Wood burning fireplace with insert; jetted tub in master bath, sparkling pool with updated equipment; new fences with big swing out gate plus 2nd gate. See: 1215cedartreeway.ihousenet.com \$205,000

CONNIE LANDSBERG 761-0411



SPACIOUS CHARMER

Adorable 3 bedroom home in the Freeport Park area of South Land Park! You will love the wood floors, spacious kitchen with dining bar, large bedrooms, central heat and air conditioning, 2-car attached garage with workshop area, and large side yard with possible RV access, and more! See: 5430 Ashland Way. \$149,000

ERIN ATTARDI 342-1372



10 ACRE HILLTOP LOT

Here is a fantastic opportunity to build your dream home atop a hill, on a 10 acre parcel of land in El Dorado County; that feature magnificent views of the Sierras! Located just a mile or so south of Bass Lake Road and Highway 50. Call today for more details! \$359,950

LIBBY NEIL 539-5881

www.dunniganrealtors.com | 4215 Freeport Blvd. | 916.454.5753 2401 American River Drive, Suite 150 | 484-2030

YOU'RE INVITED

151 SATURDAYS sacramento **ZOO**

MARCH3 BLOOMIN'CRAZY

Garden Festival, Plant Sale, Kids Activities & Exhibitors Learn to make your garden grow!

APRIL 7 **EARTH FEST: Party for the Planet!**

HALF-OFF general admission to all kids dressed up as Pirates and Princesses with a paid adult! Kids learn about conservation through crafts, games & activities

Plan your visit.. saczoo.org 916.808.5888



Elks 'Students of the Month'





The following students were honored by Elks Lodge No. 6 as "Students of the Month" in January. Middle school students (above): Annie Bounchaleun (Kit Carson), Giovanna Perez (Will C. Wood), Nievene Hojeij (Genevieve Didion K-8) and Jake Brugger (California). High School students (below): Yer Lee (Luther Burbank), Carlos Hernandez (Luther Burbank), Nicole Henderson (Valley), Kibsaim Rosas (Hiram Johnson), Abigail Johnson (St. Francis), Roza Snow (Freemont School for Adults) and John Costa (Christian Brothers).

SIX COMPONENTS NECESSARY DR QUALITY OF LIFE

Tuesday, February 21st @ 2:00pm

Presented by Deborah N. Poff, Behavior Specialist PH.D.

Educator, Lecturer, Author, Medical Intuitive, Retired Nurse and Clinical Researcher

- Deborah will be covering topics such as: Why does my loved ones personality change after the sun shifts?
 - Do you wonder why your loved one no longer trusts you?
 - How do I know the type of Dementia my loved one has?
 - What can I do to give my loved one quality of life?
 - When is it time to place my loved one?

Refreshments & Appetizers will be provided.

Please RSVP by February 17, 2012. You can contact us for more info @ (916) 392-3510



7707 Rush River Drive Sacramento, CA 95831

LIC 347001338; 347001342

Dead bird first sign of 2012 West Nile Virus

Special to Pocket News

The Sacramento-Yolo Mosquito and Vector Control District received confirmation on Feb. 14 that a house finch has tested positive for West Nile virus in Sacramento County.

This is the first bird to test positive in the entire state and the first sign of West Nile virus activity in the area for the 2012 season.

"Finding the first positive bird is significant because it means that the virus is present in our area" said David Brown, district manager. "With the very mild winter and the warm temperatures we've had so far, it's not unusual to find a positive bird so early."

Dead birds provide an early indication of where positive mosquito samples may also be found and where human cases may develop later in the season.

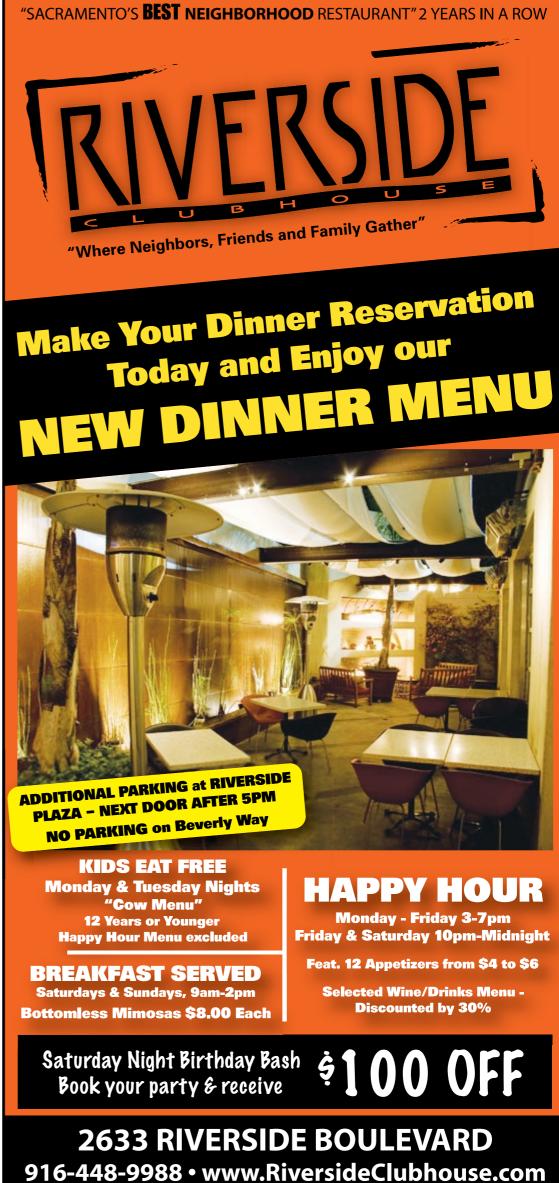
The public is encouraged to report dead birds by calling the California Department of Public Health hotline at 877-WNV-BIRD (877-968-2473).

Got News?

e-mail susan@valcomnews.com







FFERED by Reneé Catricala





1006 Eileen Way \$399,000 Rare find. .. Coleman Ranch at Riverlake. Quality built 4 Bedroom (1 down), immaculate condition.



Reneé's Current **Pending & Sold Properties** 9 1900 Danhrook Drive

PENDIN	5131 Gibbons Drive	\$79,000
OTOS	922 Shore Breeze Drive 1108 Rosa Del Rio Way 3921 Ripley Way 627 Coriander Way 956 S. Beach Drive 7078 Treasure Way 994 S. Beach Drive 10113 Atkins Drive 7762 River Village Drive 5224 Hidden Lane 447 Pimentel Way 5058 Willow Vale Way 946 Lake Front Drive	\$850,000 \$170,000 \$139,000 \$210,000 \$285,000 \$310,000 \$285,000 \$190,000 \$267,000 \$569,000 \$399,500 \$479,500 \$265,000

Call Your Experienced Pocket, **Greenhaven And Riverlake** Neighborhood Realtor® Today!



Direct: (916) 203-9690 www.ReneeCatricala.com 730 Alhambra Blvd., Suite 150 Sacramento, CA 95816 Lic# 01077144



St. Robert School TK-8

"Where Faith and Knowledge Meet"

ENROLLING NOW! For further information, call 916-452-2111

For over 50 years ST. ROBERT SCHOOL, located near Land Park, has provided a well-rounded education which focuses on academic excellence and spiritual and character development. In addition, ST. ROBERT affords students opportunities to participate in competitive and recreational athletics as well as affording other opportunities for involvement in community service activities.

Fully Accredited "Western Association of Schools and Colleges Western Catholic Education Association

- Science and Technology Curriculum
- Accelerated Reader
- Jr. High Academy
- Classroom Aides
- Before and After School Care

2251 Irvin Way • Sacramento, CA 95822 • www.St-Robert.org



Choosing a school is an important decision. Call today for a private tour of our campus!

Expressions of My Life

A New Kind of Memory Care...

All of us engage in activities every day; sometimes planned or spontaneous, sometimes simple or elaborate. Activities in memory care should have the same flavor.

Based on that philosophy, we have developed a program that nurtures body, heart, soul, and mind. We call our program, Expressions of My Life.

Offered Exclusivily

Greenhaven Estates **Assisted Living and Memory Care** www.PrestigeCare.com

Call Us Today (916) 427-8887

7548 Greenhaven Dr Sacramento, CA 95831



For over 36 years

www.cookrealty.net







1 SAND PEBBLE COURT • \$219,000 MEENA CHAN LEE • 837-9104



7717 E. PORT DRIVE • \$269,000 MEENA CHAN LEE • 837-9104



1712 POTRERO WAY

South Land Park 1800+ Sq. Ft. single story three bedroom two bath. excellent floor plan, 2 car garage, and so much more. Freshly painted inside, super clean. Best buy, Equity home! \$239,000

TREY BONETTI 768-9360



51 WATERSHORE CIRCLE

Exquisite 3,100 sq. ft. waterfront home. Beautiful Master Suite w/ balcony over looking lake. Second master could be split into 2 bedrooms Three car garage, 3 bathrooms, in-ground spa & boat dock in Riverlake. \$599,000

SUSIE K. PARKER • 421-3546



7468 SPICEWOOD DRIVE

Wonderful Winncrest home well taken care of. Laminate flooring and carpeting in home. Cozy fireplace in family room with an additional room which can be a living room or formal dining room. \$179,000

MEENA CHAN LEE • 837-9104



2 RIVERSHORE COURT

Wonderful home/better than new condition & what a price! 50yr energy efficient steel roof. Exter painted 2008. High eff heat/air installed 2004 w/seer of 13! Very lg kitch,maple finished cabinets. \$399,000

SUSIE K. PARKER • 421-3546

all our listings at www.cookrealty.net

REAL ESTATE SCHOOL

- **★** LOW INTRODUCTORY COST
- **★** START ANYTIME
- ★ LIVE CLASSES

Call: Ed Daniels •451-6702

PROPERTY MANAGEMENT

- **★** MONTHLY CASH FLOW
- TENANT SCREENING
- **★** MAINTENANCE

Call: Brittany Naucke• 457-4907

ADDITIONAL LISTINGS

2 RIVERSHORE COURT,

BEAUTIFUL four bedroom two bath well layed out home with 2783 Sq. Ft. and Japanese garden! \$419.000

SUSIE K. PARKER 421-3546

6344 OAKRIDGE

Wonderful South Lar style home. Updated kitchen, carpet, front room was used as formal dining room. \$295,800

SUSIE K. PARKER • 421-3546

592 DE MAR DRIVE

This home is tastefy so with a beautiful open noor plan home is crisp and clean and ready for the fussiest buyer. \$209,900

HELEN TARASCO • 798-7679

4305 Freeport Boulevard, Sacramento



www.cookrealty.net • (916) 451-6702

Ilah Turner Call 206-4016

Turning Your Dreams Into An Address



Hollywood Park Cutie

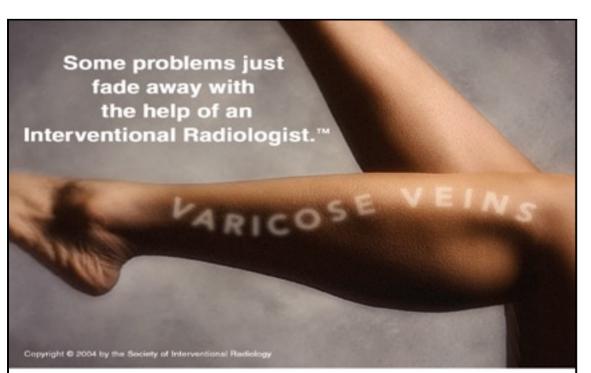
Coming Soon! Charming 3 bedroom, 2 bath updated home. Large family room with big mature backyard. Newer roof, CH/A, hardwood floors, & plantation shutters. Traditional sale call me for a private showing.

\$268,000

Real Estate Questions? Visit my website. www.ilahturner.com









RAS Interventional Radiologists treat varicose veins with minimally invasive vein ablation treatments that take less than an hour and allow immediate return to normal activities. Know your options.

Call RAS Capitol Imaging Interventional Radiology at (916) 732-7777



RAS Capitol Imaging 3161 L Street Sacramento radiological.com/veins

New federal, state laws regarding tenants will affect real estate in 2012

By JOHN WOODALL Special to Pocket News

It's a New Year, and with it come some new federal and state regulations regarding

Some of these new laws are technical changes to amend code provisions, etc., but others will affect everyday real estate ownership and transactions. This article summarizes information provided by the legal department of the California Association of Realors® on many of the new federal and state laws that will affect the real estate industry this year.

Tenant Eviction for

Dogfighting or Cockfighting Senate Bill 426: Any property used for willfully conducting criminal dogfighting or cockfighting is a public nuisance. A landlord can serve a three day notice to terminate a tenant for committing or permitting the public nuisance of dogfighting or cockfighting on the premises.

Tenants Displaying Political

Senate Bill 337: A residential landlord must generally allow a tenant to display political signs related to elections, legislative votes, initiatives, and other political matters as specified. The landlord can make reasonable restrictions as specified, as to location, size, and duration of display, or prohibit signs that violate local, state, or federal law, or a lawful provision in an HOA's governing documents. In a single-family dwelling, a tenant's political signs can be displayed from the yard, window, door, balcony, or outside wall of the leased premises. In a multi-family dwelling, a tenant's political signs can be posted in the window or door of the leased premises.

Tenants Recycling Rights

Assembly Bill 341: A multifamily residential dwelling of 5 or more units (or a multifamily residential dwelling or business that generates more than 4 cubic yards per week of commercial solid waste as defined) must arrange for recycling services in an effort to help reduce solid waste. The required recycling services must be consistent with state or local laws to the extent that these services are offered and reasonably available from a local service provider. A multifamily residential owner may require tenants to source separate their recyclable materials to aid in compliance with this law.

Tenants Smoking Ban

Senate Bill 332: A residential landlord can prohibit the smoking of cigarettes and other tobacco products anywhere on the premises, including any interior or exterior area on the property. For new tenants in 2012, the areas where smoking is prohibited must be stated in the lease or rental agreement. For preexisting tenants before 2012, a new smoking ban is a change in the terms of tenancy that requires adequate written notice, depending on whether the tenancy is a month-tomonth or fixed term agreement.

Victims of Domestic Violence

Assembly Bill 588: The law allowing a tenant who is the victim of domestic violence to terminate a tenancy as specified has been revised to require that the notice must generally be given within 180 days of a temporary restraining order, police report, or as provided.

John Woodall, GRI, SRES is a Broker Associate with LYON REAL ESTATE. For more information, contact John at (916) 421-5421, jwoodall@golyon.com or visit www.johnwoodall.com.

A leisurely Cenozoic history of Sacramento County

Special to Pocket News

Join the Sacramento Valley chapter of the California Native Plant Society for an entertaining evening of storytelling by plant ecologist and biogeographer, Bob "Dr. Bob" Holland on March 14. He will regale the audience about the fascinating interactions among vegetation, flora, geology, and soils throughout California that he has been studying for almost four de-

Sacramento County's geologic history is much more complex than the county's subdued topography might suggest.

"Understanding this unique geologic history is pivotal to comprehending the distribution of the county's vegetation and flora," says Dr. Bob.

He melds his unique combination of botanical and geological knowledge with wry humor into an easy-going speaking style that is accessible and entertaining for scientists and nonscientists alike.

Working in surprising mixed media, Dr. Bob and his "botanartist" spouse, Ginny Dains, will walk listeners through the past 65 million years, exploring how geological history has shaped the plant communities we see around Sacramento County

ology talk you have experienced - especially when they serve up the conclusion. Don't miss this opportunity to be carried away by Dr. Bob's infectious enthusiasm and sense of hu-

The lecture will be held Wednesday, March 14th during the monthly meeting of the Sacramento Valley Chapter - California Native Plant Society and will take place at the Shepard Garden and Arts Center at 3330 McKinley Blvd. in Sacramento. It begins at 7 p.m. and is free and open to the public. Books, wildflower seeds, and other merchandise are available for purchase. Refreshments are provided.

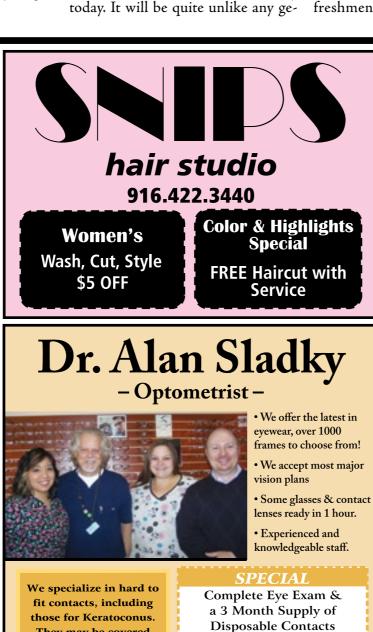


AT THE SPEED OF EONS. Dr. Bob Holland illustrates the geologic history of the Central Valley by preparing a multi-layered salad.

GOOD FOR OUR HEALTH

GOOD FOR OUR EARTH





(Over \$200 Value!)

(Save up to \$100)

Change Your Eye Color for \$30 More! Ask for details. Coupon cannot be combined with any other discounts or insurance. Exp 3/16/12

SPECIAL

Select Frames & Single Vision

Lined bifocals \$40 more.

Ask for details. Coupon cannot be combined with any other discounts or insurance.

Select frames only. Exp 3/16/12

They may be covered

ask for details!

Walk-ins and same day

appointments welcome.

(916) 395-EYES

Dr. Alan Sladky, Optometrist

7465 Rush River Dr. Ste 410



★ 30 years experience

★ environmentally safe

★ high quality service

environmentally conscious dry-cleaning.

at Windbridge in the Promenade next to Bel Air

7465 Rush River Dr.,# 170

Come to Brite Cleaners for

(916) 428-0138

★ prompt and timely service

★ great value - low prices



7400 Greenhaven Drive - 916.427.1101 (Off I-5 between Florin and Pocket Road)

www.NelsonDental.com

Special to Pocket News

What is more satisfying on a hot summer day than a cool dip in a swimming pool? Everyone can relate but sadly with severe budget cuts needed across municipalities na-

tionwide, many children only look longingly at their local community pool with disappointment.

Save Mart Supermarkets lead \$1 million

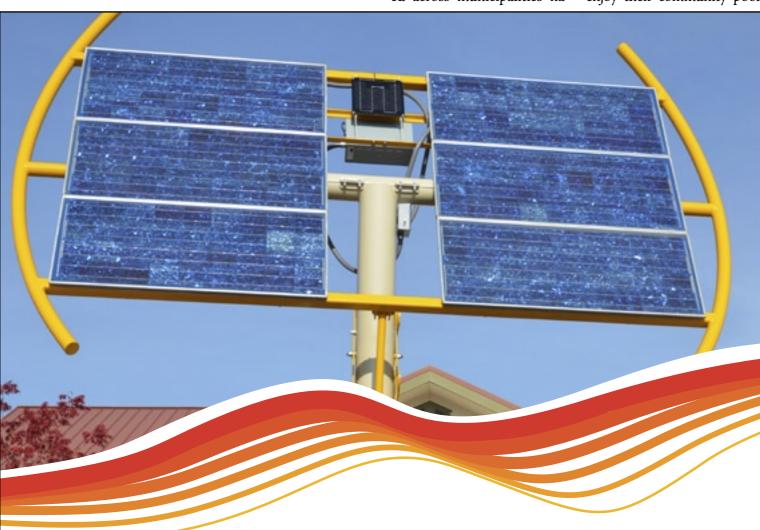
fund-raising effort for local pools

Save Mart stores in Sacramento want to change that and help local families be able to enjoy their community pools by the time the mercury starts to rise in the Valley. Through the "Help Save Mart Save Our Pools" campaign, Save Mart has pledged to match up to \$500,000 in donations from businesses and the community at large, thus potentially making \$1 million dollars available to support pool maintenance and programs within the City of Sacramento.

Beginning on Valentine's Day, Save Mart will kick off its community fund-raising campaign in partnership with the City of Sacramento. Businesses and the community at large are asked to give generously at their local Save Mart stores by purchasing a paper "Help Save Mart Save Our Pools" icon for a \$1.00 or more. The campaign will run for two months from February 14 to April 10, ending just in time for the City to begin maintenance needed for the pools to open on time.

Save Mart supports the communities where it does business and after reading the New York Times article, the Sacramento City pools seemed like the perfect opportunity for Save Mart to give back to the neighborhoods surrounding its Sacramento stores. "Every bit helps," explained Steve Junqueiro, President and Chief Operating Officer of Save Mart. "We'd love to see businesses join us as a sponsor, but we'd also love to see kids in those neighborhoods be inspired to hold car washes or lemonade stands and then donate their money to their local Save Mart where we can double their effort through our matching commitment."

"For Sacramento, this opportunity comes at the perfect time. Every day, community pools across the country are closing their doors as funds dry up," said Sacramento Mayor Kevin Johnson. "But thanks to 'Save the Pools', Sacramento has the chance to bring back a traditional summer activity for families and become a model for how public-private partnerships can succeed. I look forward to working with Save Mart on a campaign that will be a huge win for Sacramento."



Let's Power Community.

Empowering our community with renewable energy.

SMUD's Community SolarSM program is truly a partnership between SMUD and our community. Together, we will continue to look for exciting opportunities to use solar power to educate our community about solar energy and its importance to our lives and our environment.

To learn how you can help bring solar to our community, visit smud.org/communitysolar.

Photo taken at the School of Engineering and Sciences, the nation's first solar SunFlower installation. The SunFlower is a hands-on learning laboratory that will help students explore math, science, our environment and more.

Powering forward. Together.



GAF 0156-12_7.83x10c

What does Black History Month mean to you?

By CORRIE PELC Pócket News writer

Lauren Hammond Gambling Control Commission Appointee First African American woman elected to the Sac-

ramento City Council Represented 5th District for the City of Sacramento from 1997-2010



'Most Americans appreciate the music created by us baby boomers. Funk, rhythm and blues and rock and roll changed the world forever. Black athletics transformed professional sports. But I doubt most Americans know the air conditioner was invented by a black man named Frederick M. Jones in 1949, the automatic gear shift by Richard Spikes in 1932, and Sarah Boone - the ironing board in 1887. Sacramento has its own history makers like the late Nathaniel Colley (who was) a great civil rights lawyer who helped integrate South Land Park, and Dr. William and Kathy Lee who launched the Sacramento Observer in 1962."

David DeLuz President and CEO. Greater Sacramento Urban League

"Black History Month is an opportunity to remember



the greatness of our ancestors on this continent, and to marvel at the strength, perseverance and fortitude they displayed in the face of incredible odds. To see first-hand the moral character, dedication and pride they had for their people, faith, family and nation. It is an annual reminder of how I must carry myself in order to preserve the legacy, and what I must demand of myself and others to live up to it."

Pleshette Robertson CEO & Founder, Sac-CulturalHub.com Media Company Chief Editor, THE HUB Magazine



"Black ry Month designates a special month to

pay tribute and homage to past and current community leaders, trailblazers, pioneers, and history makers who have contributed to the well-being of African Americans on political, economical, and social levels of society. Laws were changed due to some influential African Americans (but not limited to) Dr. Martin Luther King, Jr., Malcolm X, Harriet Tubman, W.E.B. DuBois, Angela Davis, Frederick Douglas, Sojourner Truth, Marcus Garvey, Rosa Parks and President Barack Obama. As February is spotlighted as Black History Month, I honor those many other African Americans for their achievements and accomplishments in the fight for equality and freedom for us to survive and succeed in society despite the insurmountable obstacles that we have had to face."



Concert at Sac State

Special to Pocket News

Cellist Paul Cohen and pianist Robert Merfeld will perform at 7:30 p.m. Thursday, March 15, in Sacramento State's Capistrano Hall.

Cohen has been a guest artist at the Aspen Music Festival. Critics describe his music as "especially eloquent."

Merfeld was a founding member of the Apple Hill Chamber Players and has performed as a soloist with the orchestras of Costa Rica, and Harvard and Boston universities.

Tickets are \$10 general, \$7 seniors and \$5 students. Tickets are available at the University Ticket Office, (916) 278-4323, orwww.tickets.com. Contact: (916) 278-5155 or www.csus.edu/music.





Mannie Viera shares his Sacramento memories

By LANCE ARMSTRONG Pocket News writer lance@valcomnews.com

Editor's note: This is part two of a two-part series about Sacramento native Mannie Viera.

Mannie Viera has maintained a very full life in Sacramento, where he has resided since he was six months old.

Child entertainer

Few people in the capital city have maintained such a longtime employment career than Mannie, considering that he first worked as an entertainer when he was six years old.

In discussing this early employment, Mannie said, "I worked at different clubs around town. I recited poems like 'Sonny Boy' and 'I'm Waiting for the Ships that Never Come In. I also dressed up like a cowboy, but I don't remember what that was for. I was so young, I was lucky to remember what door to come in. It was my mother's idea to have me perform. She set me up with piano and tap dancing lessons and things like that."

After speaking about his time as a child entertainer, Mannie, 88, said that his continuous span of working, which continues today, began when he was a teenager.

Lifelong worker

"I've been working since I was 15 years old, when I worked at Joe Wilson's gro-cery store (at 3231 Riverside Blvd.)," Mannie said.

He was the valedictorian of Christian Brothers High School's Class of 1941. Later, Mannie later took typing and shorthand classes at Sacramento Junior College today's Sacramento City College.

Mannie's time working for Southern Pacific in Sacramento lasted for just a little less than eight months, since he was drafted into the Army on Feb. 10, 1943.

World War II

On Feb. 18, 1943, Mannie had a by-chance meeting with one of the world's then-most famous athletes.

In recalling this moment, Mannie said, "I got on a train and went down to the Presidio of Monterey and flew off from there with Joe DiMaggio. Yeah, he got drafted at the same time as I did. Nobody asked him

for an autograph. We talked to him and said, 'Hello, how are you and you're a great ball player and we really like to watch you' and all that sort of thing."

Upon completing his time in the service on Dec. 31, 1945, Mannie traveled by train from Marysville to Sacramento and then took a taxi to his home on Riverside Boulevard.

Mannie meets Alice

Mannie said that he met his then-future wife several years after the war.

"It's funny how I met her," Mannie recalled. "I worked on Front and J (streets) at the Southern Pacific freight yards and she worked on 5th and I (streets) at the Kramer carton company. She would cross the street and walk on the right side of the street going down to her home at 18th and H (streets). But anyhow, I saw this beautiful pair of legs and this pretty woman walking down the street and I walked behind her. I'd make sure that I was down there by the time that she got off work and finally one day I got up the nerve and talked to her. And then I'd see her sometimes at night when I'd go to a show and I'd see her walking on her way home. I'd ask her if I could give her a ride and she would say, 'No, no, no, no, no.' So, this went on for a while and finally one time I said, 'Well, what about a coffee and a piece of pie?"

Mannie's persistence paid off, as Alice accepted the offer and he took her to an eatery at 15th and J streets.

Following this short date, Alice refused a ride home, so Mannie walked her home instead and got her name and phone number.

The date began a four-year courtship that led to their marriage in Las Vegas in

With a chuckle, Mannie said that it took him four years to convince Alice that he was worth marrying.

Although Mannie said that he feels that he was very fortunate to have been married to Alice, who passed away on



SWEETHEARTS. Mannie and Alice Viera were married in 1943.

Aug. 24, 2010, he also said that his luck extends beyond meeting his late wife.

Auto winner

In particular, Mannie explained that he apparently has a knack for winning automobiles.

'You used to go buy gas (at the Regal station at 4011 Freeport Blvd.) and they would give you a ticket or coupon," Mannie said. "I was lathering my face up to shave one night - they used to put out a slip with the winning numbers on it - and I looked at the numbers and all of a sudden I let out a yell. My wife thought I cut myself shaving. She came in and I was all shaking and I said, 'Read this number. Is that number so and so?' She said, 'Yes.' I said, 'We just won a 1959 Cadillac (Coupe de Ville)."

Fourteen years after winning a Cadillac, Mannie, who has been a member of Sacramento Elks Lodge No. 6 since about 1957, entered a contest to win a 1973 Ford Pinto during an Elks gathering in Marysville.

About a month later, the exalted ruler in Marysville called Mannie to inform him that he had won the

Mannie said that although "the good lord might be saying, Don't be so doggone grabby," he nonetheless is still hoping to win another car some day.

And perhaps he is about due for a new car, since he drives about 12 miles per day to perform his volunteer work for the county's Adult Protective Services agency. He began this volunteer work 27 years ago.

A busy guy

About the time that Mannie joined Lodge No. 6, he took over his father's night shift at his father's Southside Park area bar, Viera's Place, while his mother worked the day shift.

Meanwhile, 'Mannie was also working during the day for Southern Pacific.

When asked about his activities outside of work, Mannie said that he used to spend a lot of time bowling in leagues.

During his interview for this article, Mannie presented an official American Bowling Congress metal representing his accomplishment of bowling 11 consecutive strikes at Alhambra Bowl at 1221 Alhambra Blvd. on Dec. 27,

Couldn't ask for better

Thinking back on his various activities and adventures in life, Mannie said that he is very thankful for many

"I've been a very fortunate individual with good parents, good jobs and many other things," Mannie said. "I'm thankful I'm 88 years old. I don't understand why God's been so good to me. I've been so thankful for everything I've had in my life. I couldn't have asked for anything better."



Original Kings owner Greg Lukenbill reminisces on Arco Arena, major leagues

By LANCE ARMSTRONG

Pocket News News writer lance@valcomnews.com

Editor's Note: This is part two of a two-part series about Sacramento native Gregg Lukenbill's many activities in the capital city.

Gregg Lukenbill will forever be remembered for his involvement in bringing a National Basketball Association team to Sacramento. But he has also been active with many other activities during his

As presented in part one of this series, Gregg, 57, grew up in Sacramento, graduated from Sacramento High School and attended American River College, Sacramento City College and Sacramento State University.

He was also involved in construction for many years in the capital city, thus helping to make his life story very much a Sacramento story.

And in spending his youth in Sacramento, Gregg was among the many locals who were disappointed with the departure of the Sacramento Solons of the Pacific Coast League.

A lesser known fact about Gregg is that he attempted to bring post-Solons professional baseball to Sacramento.

Baseball efforts

Long before Gregg worked to acquire an NBA team for the city, Gregg placed a lot of his energy toward having a baseball stadium constructed off Bradshaw Road on county-owned prop-

County Supervisor Pat Melarkey was essential in having this property used for a stadium, as he informed Gregg that the property was available to be leased or purchased.

A lien had been placed on the property because of unpaid taxes of \$800.

Through Melarkey's assistance, the property was leased by Gregg and his father Frank.

Unfortunately for the further progression of the stadium construction project, this endeavor fell by the wayside due to the passing of Proposition 13 and neighborhood opposition.

This failure to build a baseball stadium off Bradshaw Road led Gregg and his business partners to refocus their attention on acquiring a site that they could purchase for a future sports facility.

Arco Arena

Gregg's business advisor Steve Cippa of Coldwell Banker arranged for the purchase of the abandoned crop dusting airport, where part of today's Power Balance Pavilion is located in Natomas. Adjoining property was also acquired for the sports facility project.

Because of opposition from the city council and the city planning commission, about eight years passed before the atmosphere and proper zoning for the facility was secured.

Eventually Gregg and his business partners purchased the Kansas City Kings of the NBA and had a 10,333-seat temporary arena constructed.

The second and "permanent" Arco Arena - now Power Balance Pavilion - opened in 1988.

In addition to the arena's typical events, one of the earliest attractions at the arena occurred in 1989, when Gregg arranged for one of the venue's most unusual events.



Pocket News photo, Lance Armstrong

GREGG LUKENBILL points to a map that shows lines representing most of the places he has traveled to in the United States.

"We were looking for some creative thing we could do to raise money, so I said, 'Why don't we make the world's largest drive-thru?' It was my idea. I knew that we could open the doors and create a

As a result of this idea, cars lined up for several hours on a Saturday, as people ordered food and beverage from a very unique McDonald's drive-

Gregg, who was also very involved with the construction of downtown's Hyatt Regency Hotel, sold his share of the Kings to Jim Thomas in 1992.

Doubts about Anaheim

As many Kings fans and residents of the Sacramento region are well aware, the Kings were on the verge of being relocated to Anaheim after the end of the season last year.

In discussing the topic of this well-documented potential move to the south, Gregg said, "I have my doubts about Anaheim," Gregg said. "If you put three (NBA teams) in L.A., why wouldn't you put three in New York and maybe even four, another one in Chicago? What you're dealing with is a situation of the structure of the league – from a television market standpoint - and its economic advantages of being a large market. It goes back to that whole competitive balance relationship. How do you create a bicameral competitive balance in sports? What do you do in the NBA? The NFL solved the problem by basically taking all revenues and distributing equally to every team. It's essentially socialism, socialized capitalism. It's a battle for the (NBA) to try to sustain the allusion of competitive balance.

On a new arena

And in regard to the ongoing arena issue in Sacramento, Gregg stressed the necessity of approaching the problem on a wider spread scale.

"I still think that they need a regional solution to this thing, but maybe they'll get it done (through the city)," Gregg said.

History, travel buff

When it comes to the topic of history, one would find it difficult to encounter someone who is more passionate about the subject than Gregg.

Gregg is so intrigued by history that he said that he would likely have taught history had he not become involved in the local construction industry.

Some of Gregg's personal hobbies alone demonstrate his love for history.

"I have a thing for national parks and monuments," Gregg said prior to naming some of the many national parks and monuments that he has visited.

In his East Sacramento home, Gregg has a map that shows lines on it that represent most of the places he has traveled to in the United States.

Gregg also has a collection of hundreds of pinback buttons from both Sacramento and places where he has visited throughout the world.

Many of the buttons are from national parks and monuments that he has visited.

Traveling with his wife, Sally, is one of Gregg's greatest passions. And altogether Gregg has visited 46 state Capitol buildings and has been to all 50 states more than once.

Another one of Gregg's hobbies is collecting history books and his ability to discuss the lives of past U.S. presidents provides evidence that he has also read many of the books that he owns.

Although Gregg does not shy away from diplomatically voicing his opinions regarding his frustrations with various actions taken by the city, one thing is for sure; he maintains an unwavering love for his hometown of Sacramento and its storied history.

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901



Our Readers Need Your Service! It Pays to Advertise!



Contact Melissa at 916-429-9901

YOUR AD SHOULD BE HERE!

Your Ad Here!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

ADDITION SPECIALIST



LIC# 480492

Certified Kitchen & Bath Remodeler

 Additions Kitchens Bathrooms

Custom Cabinetry

916-422-6639

Award-Winning Design/Build Firm

Serving Sacramento for more than 25 years

www.lytleconstruction.com



FREE Consultation

ADDITION/REMODEL SPECIALIST

Fresh, creative, and unique ideas to make your space your own

- Design Build
- Room Additions
- Entire Home Remodeling
- Kitchens & Baths • Outdoor Living Space
 - Bath & Kitchen Tune-Ups

Call for your FREE consultation Today! 916-215-9293

www.fuginaconstruction.com

CARPET & UPHOLSTERY CARE

Johnny on the Spot

Complete Carpet and Upholstery Care

"Our cleaning is the most thorough you have ever had, or we will clean it again free. If you are still not pleased, we will refund your money."

- I.I.C.R.C. Master Cleaner
- Carpet Repairs & Restretching
- Stain Removal Experts
 - Pet Urine Removal

Visit our website at www.johnnyonthespots.com for more info, coupons and specials.

Call (916) 997-7895

CLEANING

PRIME QUALITY MAINTENANCE

- RAIN GUTTER CLEANING
- Pressure Washing (house ext/walkways/all concrete areas)

Call Jesse (916) 417-4231

- Window Cleaning (inside/out/screens washed)
- Hard Water Stain Removal
- Landscape Maintenance

Free Estimates Licensed & Insured



Your services

YOUR AD SHOULD BE HERE!

Your Ad Here!

are needed. Your ad should be here. Ad design is free.

Call 429-9901

ELECTRICAL

Sunshine Electrical

Residential Specialist

CLEANING

The Cleaning Brothers

"We Treat Your Home Like It's Our Own" Commercial & Residential Services:

- Pressure Washing
 Gutter Cleaning (Starting at \$75)
 Window Cleaning

Free Estimates! Call Now! (916) 402-8390 www.TheCleaningBrothersCo.com

YOUR AD SHOULD BE HERE!

Your Ad Here!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

CONTRACTOR/REMODELS

Serving Sacramento since 1995 • Licensed, Bonded & Insured • Lead Certified • Lic.# 706474

NSTRUCTION INC

THE REMODEL EXPERTS! "Building your dreams!"

(916) 372-0530

renovations Kitchens & haths

. Consulting for the

do-it-vourselfers!

Family-owned & operated; Most work done by father & sons HartiganConstruction.com

DESIGN/BUILD

· Additions, conversions,

Security Lighting Upgrades/Remodels/Repairs **Spa Electrical**

FREE Estimates/Small jobs OK

(916)344-8735 or (916)752-5308 Ca License # 633853 (Liability Insured)

ELECTRICAL CONTRACTOR

CAPITOL ELECTRIC

Reasonable Residential & **Commercial Work since 1960** Repairs, Trouble Shooting Custom Lighting/FREE Est.

Excellent ref from Angie's List (916) 451-2300

Cell: 213-3740 Neil McIntire - C.S.L.# 394307

HANDYMAN

FREEDOM

HANDYMAN SERVICES

I specialize in all areas of Home Improve-

ment! Carpentry - Electrical

Sprinklers - Plumbing

Drains & Mainline

Quality work the first time, Guaranteed!

NO JOB TOO SMALL!

Call Eric (916) 470-3488

FENCING

(916) 425-7435



Gateway-Fence.com bob@gateway-fence.com Fax (916) 429-1905



RESIDENTIAL CLEAN-UP!

- RAIN GUTTER CLEANING
- ROTOTILLING/& SOD PLACEMENT
- CONCRETE REMOVAL
- HAULING/SPRINKLER REPAIR
- PRESSURE WASHING

Call LESTER (916) 838-1247 Lic#128758/Ref

Pressure wash your driveways clean! your decks, too! Clean out your garage! Replace that old lawn!



HANDYMAN

Hard work ---not a problem! SPECIALS FOR SENIORS/*SERVING THE AREA FOR OVER 15 YRS*

GARDENING/LANDSCAPING

Terra Bella

GARDENING MAINTENANCE & WINTER CLEAN-UP

"Not your typical mow, blow & go company!"

- Full yard maintenance
- One time clean-up Gutter cleaning
- Sprinkler Repair • Tree Trimming

Call Randy (916) 454-3430 or 802-9897 www.terrabellagarden.com · Lic# 152584

HARDWOOD FLOORING

Hardwood Flooring

Specializing in installing, sanding, and finishing hardwood flooring or repair and refurbish your current floors.

Call Michael - (916) 383-8742

Lic # 544159/References Available

Your Home Improvement Guide

Call a sales representative today for great advertising rates: 429-9901

YOUR AD SHOULD BE HERE!

Your Ad Here!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

HAULING

Spring Clean Out! **Affordable Dump Runs**

Rubbish & Debris Hauling Includes labor, loading & disposal fees

Martin (916) 207-8005 Lic#1004850

LANDSCAPING

CUSTOM LANDSCAPES & DESIGN

916.454.1300 www.smootlandscaping.com Lic #633224

KITCHEN/BATH DESIGN

KITCHEN BATH DESIGN **COMPLETE HOME DESIGN SERVICE**

CASCI DESIGNWORKS, INC. 916.376.9226

Let Steve help you with his STRESS FREE APPROACH 33 years of Award Winning Experience

DESIGNWORKS4HOME.COM



HEATING & AIR CONDITIONING



PAINTING

GARY'S PAINTING

CUSTOM RESIDENTIAL INTERIOR & EXTERIOR OVER 20 YEARS EXPERIENCE WITH PRIDE

EXCELLENT REFERENCES 725-8781

Contractors Lic. # 734323 McClatchy '67

PAINTING



All Interior/Exterior **Custom Painting**

Call Bill (916) 519-1175

Ref Avail. • Owner-Operated

Fully Insured/Workers Comp/Bonded

PAINTING

SOVEREIGN PAINTING

Quality craftsmanship **3rd Generation Painter** with over 30-years experience (916) 422-4416

Dan Sovereign

Interior & Exterior Painting

Lic.#484215

YOUR AD SHOULD BE HERE!

Your Ad Here!

Your services are needed. Your ad should be here. Ad design is free.

Call 429-9901

PLUMBING

ROONEY'S PLUMBING

FULL SERVICE PLUMBING

456-7777

rooneysplumbing.com

ROOFING

Specializing in all types of

roofing & repairs

Dry rot repairs • Senior discount

(916) 731-7073

PLUMBING CONTRACTOR



DESIGNWORKS

NKBA

UMBING

Licensed Plumbing Contractor Since 1973

Reasonable Residential Work Repairs • Re-Pipes • Sewers Water Heaters • Drains • Disposals Etc.

> (916) 393-2109 **Cell 275-8236**

CSL # 284755 • Fully Bonded & Insured

PAINTING

COOK PAINTING

Full Service Company - Start to Finish



• Custom Painting • Super clean, neat & fast • Interior/Exterior • Cabinets

Specializing in custom trim & moulding! Color Consultants • Free Estimates

(916) 591-5056 • www.cookpainting.com In business since 1982 • CSL# 432951

Trimming, thinning, shaping & stump removal Family Owned & Operated since 1967

#1 in customer satisfaction (916) 428-4882

(916) 689-5244 www.donandsontreeservice.com

WATERPROOFING/MOISTURE CONTROL



Protect your home from:

☐ Mold & Dry Rot ☐ Smells & Odors ☐ Standing Water/Drainage Problems ☐ Bugs & Critters ☐ Rising Energy Costs ☐ High Humidity/Warped Floors

(916) 788-1151 • www.CapitalCleanSpace.com • Lic# 952698

YOUR AD SHOULD BE HERE!

Call Melissa today!

Your ad should be here. Ad design is free.

Call 429-9901

TILE WORK

BAXTER T

EXPERT INSTALLATION REMODELING & REPAIR Ceramic • Marble • Granite

Floors • Counters • Walls 33 Years Experience • FREE Estimates

916-421-9786

CALENDAR

For more Calendar entries visit www.valcomnews.com

Send your event announcement for consideration to: susan@valcomnews.com at least two weeks prior to publication.

FEBRUARY

Bilingual Toastmasters

Feb. 16, 23: Una oportunidad unica para mejorar sus habilidades bilingues y superar el temor de hablar delante de gente con nuestro club Los Oradores Toastmasters. Improve your language skills and lose fear of speaking in front of people in Spanish and English with Los Oradores. Every Thursday/Cada Jueves 6:30 pm - 8:00 pm Sutter Cancer Center 2800 L Street, Sac. Teri Bullington (916) 723-6232 teri.bullington@gmail. com, www.sacramentotoastmasters.com

Bingo!

Feb. 16, 23: Enjoy a great local charity game of bingo every Thurs. night at 6:30 p.m. Benefits projects in the community. Early bird for \$5, Regular game buy-in of \$20. Elks Lodge No. 6, 6446 Riverside Blvd., Sac. (916) 422-6666

Creating Your Retirement Paycheck

Feb. 16: Free workshop. 10 a.m.-11:30 a.m. Asian Community Center. 7375 Park City Dr., Sac. Lucy Chao (916) 393-9026 ext. 322

Florin Sears Store Farmer's Market

Feb. 16, 23: Florin Sears Store Farmer's Market. Every Thursday, year round. 8 a.m.-noon. Florin Rd. & 65th St., Sac. www.california-grown.com

Food Addicts Anonymous

Feb. 16, 23: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Thursdays. 9 a.m. St. Andrews United Methodist Church, 6201 Spruce Ave., Sac. (800) 600-6028.

Living Positive with Chronic Disease group

Feb. 16, 23: Meet-up group for people living with chronic disease who honor how important a positive mindset is. If you want to complain - this isn't the group for you. The group will discuss and support: best practices for managing your condition, communication strategies, ways to laugh, have fun, engage with life and more. Free. Meets Thursdays. 5:30 p.m. - 7 p.m. Starbucks, 1401 Alhambra Blvd., Sac. Danea Horn (503) 319-4247

Rotary Club of Pocket/Greenhaven

Feb. 16, 23: Hear guest speakers address local, regional and international topics. Visitors welcome. 7:30 a.m., every Thurs. Aviators Restaurant, 6151 Freeport Blvd., Sac. Kelly Byam (916) 684-6854.

Sacramento Downtown Plaza Farmer's Market

Feb. 16, 23: Sacramento Downtown Plaza Farmer's Market. Every Thursday, May-Sept. 10 a.m.-2 p.m. 4th & K streets, Sac. www.california-grown.com

Sutterville Heights Optimist Club

Feb. 16, 23: Come enjoy community speakers and community projects for youth. 12 noon., every Thurs. Golden Corrall, 7700 W. Stockton Blvd., Sac. Charlie (916) 427-7136 or Mary-Jo at (916) 691-3059

Ballroom Dances

Feb. 17, 21, 24, 28: Enjoy dancing to a live band every Tuesday and Friday. 1:15 p.m.-3:45 p.m. \$5/person. Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael

Best Friend Fridays

Feb. 17, 24: Enjoy a fun, no-pressure, norisk networking environment that benefits the local community non-profits. Hors d'oeuvres, wine & beer, games, raffle drawings, door prizes. Bring your best friend and make new ones. \$5 admission. Each Friday is hosted by a different non-profit group with all proceeds from the raffle donated. Garden Room and Courtyard, Sierra 2 Center, 2791 24th St., Sac. (916) 452-3005 www.sierra2.org

Kiwanis Club of East Sacramento-Midtown

Feb. 17, 24: Come listen to an interesting guest speaker weekly; community service, serving the children of the world. Visitors welcome, first breakfast "on us." 7 a.m.-8 a.m. Fridays, 2875 50th St., UC Davis Med. Ctr., Sac. (916) 761-2124 www.eastsacmidtownkiwanis.com

Pasta Sausage Feed

Feb. 17: Enjoy a delicious Italian dinner, aka "Sotaccioli Salsiccia Dinner." Presented by Ron Domingos, Mike Cima and the Fitness Center Crew. No host cocktails, 6 p.m. Dinner 7 p.m. Raffle, music & dancing to follow, \$15 per ticket. Tables of 10 for \$150. Purchase at Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit the Fitness Center. www.elks6.com

Rotary Club of Point West

Feb. 17, 24: Hear guest speakers address local, regional and international topics. Visitors welcome. 7 a.m., every Fri. Double Tree Hotel, 2001 Point West Way., Sac. www.pointwestrotary.com

- EVENT LISTING SECTION

Advertise your craft fairs, holiday bazaars, school fundraises, church events, etc. in your Community Newspapers. Call (916) 429-9901 for rates.

Parkside Community Church & VITAS Innovative Hospice Care presents

A Lenten Series on Grief and Loss'

Series begins Feb. 28 - March 27 Tuesday evenings - 6:30 to 8 p.m.

Parkside Community Church 5700 South Land Park Drive Sacramento, CA 95822 If you plan to attend: Call Terri (916) 421-0492 by Feb 26 A PARALLEL UNIVERSE

Hilarious, jaw-dropping entertainment!

FRI /SAT FEB. 17 & 18 8:00 p.m. 2425 Sierra Blvd.

(between Howe and Fulton Aves) Tickets online \$15 at: ticketleap.com

or \$20 at the door Show suitable for adults and kids 10+ 30th Annual

Spring Craft Faire Saturday, March 3, 2012

9 a.m. - 3 p.m. FREE Over 90 Crafters!!! Great shopping for specialty gifts!

Mission Oaks Community Center 4701 Gibbons Drive, Carmichael 972-0336 MORPD.com

Show Your Family Roots

All-day seminar hosted by Root Cellar Sacramento Genealogical Society Sat., March 31, 9 a.m. to 3:45 p.m., doors open 8:30 a.m.

Four sessions by internationally-known genealogical author, George G. Morgan Bring Them Back to Life: Developing an Ancestor Profile; Push and Pull: The Reasons for Migration; Sidestep Genealogy; & the Genealogist as CSI

Fair Oaks Presbyterian Church, 11427 Fair Oaks Blvd. Advance registration required: \$25 members; \$30 non-members; after March 12-\$35. Reg form at www.rootcellar.org. Contact Diane at rootcellarsgs@gmail.com

CALL AND PLACE YOUR EVENT TODAY! Call (916) 429-9901

Call a sales representative today for great advertising rates: 429-9901

COMPUTERS

GOT COMPUTER PROBLEMS?

Pocket Computer Technician. I do on-site visits in the Pocket area. \$45/hr. Outside the Pocket area, travel charge will apply. Problem not fixed? No pay! Free estimates/consultation. Call cell# 296-7161

LANDSCAPE MAINTENANCE

GARDENING SERVICES

River City Lawn & Garden Care: maintenance rates start @ \$70/month. Residential/industrial/commercial/clean-ups. Lawn Aeration \$50 (Max 5000 sq ft) FREE estimates – (916) 247-8952 Since 1971. rwest92924@aol.com

Sell your furniture in the classifieds call Melissa at 429-9901

HANDYMAN

SPRING CLEAN-UP

Rain Gutter cleaning—Concrete removal (Patio, driveways, borders, etc.) Rain gutter cleaning, pressure washing/power spray, hauling, yard work, painting, tree & shrub removal, clean-up, fence repairs, light tree trimming, & more. Ref avail. Call Les at 838-1247. Specials for seniors. Licensed.

HANDYMAN SERVICES

No job too small. Make your "to-do" list and give me a call. Electrical, Plumbing, Tile, Sheetrock, Plaster, 908942. Call Steven at 230-2114.

HANDYMAN

One-time cleanup. Stump, root & shrub removal.

Japanese pruning. Sprinkler repair. Gutter cleaning.

Fence repair. Honey-do list. Works by the hour.

General handyman work & repairs – no job too small. 368-9348

HARWOOD FLOORING

HARDWOOD FLOORING

Install, sand & finish hardwood flooring. Or repair and refurbish your existing flooring. Call Mike at (916) 383-8742. References available/Lic#544159

PET PORTRAITS

ORIGINAL PET PORTRAITS

Original Pet Portraiture. Realistic paintings of beloved pets. Perfect gift for animal-lovers! Reasonable prices. Submit photograph-turn around 7-10 days. Email melissa@melissaandrews.com or call 447-4441.



TAX PREPARER

#1 TAX PREPARER

29 yrs. exp. We specialize in Business Tax returns including Corp & Partnerships. We pre-pare expertly all past tax returns including all State returns. Get the most deductions allowed to you by law. CTEC Registered & Bonded. Please call for yr appt. today. Irene Senst (916) 640-3820, Nevada (775) 410-3422. Same low 1990 rates. www.taxirene.info

Advertise in California Kids! Serving Greater Sacramento, For more information, call Jen at (916) 429-9901 Published by Valley Community Newspapers, Inc.

BOOKKEEPING

#1 BOOKKEEPER

29 yrs. exp. in industries like Auto, Mechanics, Restaurants, Caterers, Massage, Doctors, Chiropractors, Non-Profit, Retail, Martial Arts, Barber, Construction, Wholesale, Investment Clubs, Corp, Partnerships, Sm Business. We are experts in General Ledger, Payroll, Profit & Loss & Quarterlies. Call for yr specialized appt. Same low 1990 rates. Ask for Irene Senst (916) 640-3820, Nevada (775) 410-3422.

Sell your car! 429-9901



Soroptimists of Sacramento

Feb. 17, 24: Soroptimist International of Sacramento South, a service club for business and professional women, meets Fridays. 11:15 a.m.-12:45 p.m. Casa Garden Restaurant, 2760 Sutterville Rd., Sac. Barbara McDonald, (916) 363-6927

Country Club Plaza Farmer's Market

Feb. 18, 25: Country Club Plaza Farmer's Market. Every Saturday, year round. 8 a.m.noon. Watt & El Camino, Butano Dr. parking lot, Sac. www.california-grown.com

Food Addicts Anonymous

Feb. 18, 25: 12-Step group for those who struggle with obesity, food obsession or eating disorders. Meets Saturdays. 8 a.m. Mercy General Hospital North Auditorium, 4001 J St., Sac. (800) 600-6028.

Carmichael Farmer's Market

Feb. 19, 26: Carmichael Farmer's Market. 8 a.m.-1 p.m., every Sun. Year round, rain or shine. Carmichael Park, 5750 Grant Ave., Carmichael. www.bemoneysmartusa.org

Co-Dependents Anonymous

Feb. 19, 26: 12-Step group for those who struggle to maintain healthy relationships. Meets Sundays. 2 p.m. Heritage Oaks Hospital, 4300 Auburn Blvd., Rm.101, Sac (866) 794-9993.

Community Sunday breakfast

Feb. 19, 26: Enjoy a delicious breakfast of eggs Benedict, corned beef hash, Ioe's scramble, pancakes and more. 8:30 a.m.-11 a.m, every Sun. \$9. Elks Lodge No. 6, 6446 Riverside Blvd. (at Florin Rd.), Sac. Proceeds benefit student scholarships. www.elks6.com

Families Anonymous

Feb. 19, 26: Meet with other parents who are dealing with a daughter or son who is experiencing mental, emotional or addition problems. Meets every Sunday without fail. 3 p.m. Del Norte Swimming and Tennis Club, 3040 Beccera Way, Sac. Jane (916) 402-2465

State Parking Lot Farmer's Market

Feb. 19, 26: State Parking Lot Farmer's Market. Every Sunday, year round. 8 a.m.noon. 8th & W streets, under Highway 50, Sac. www.california-grown.com







Quality Service. Affordable Prices.

Personal Service **Experienced Preparers** Reasonable Cost



Dennis Graff

Jennifer Smith **Enrolled Agent**



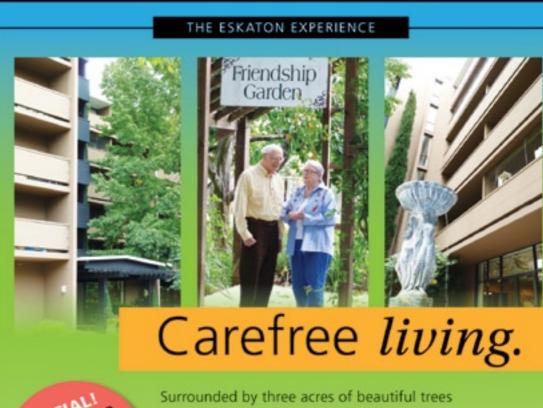
Diana Muller **Enrolled Agent**

Doris Gorin Enrolled Agent

7311 Greenhaven Drive, Suite 274 Sacramento, CA 95831

393-3430

www.just-taxes.com



in the Land Park area, just minutes from downtown Sacramento, Eskaton Monroe Lodge offers affordable independent living with services in a country-like retreat. Enjoy an active lifestyle among good friends and a professional, caring staff - plus housekeeping, gourmet meals, transportation and engaging activities.

ESKATON MONROE LODGE

3225 Freeport Boulevard, Sacramento, CA 95818 916-441-1015







866-ESKATON | www.eskaton.org



POCKET BISTRO

- **American Cuisine**
- Family Friendly
- Lunch & Dinner Served Daily

Happy Hour: Tuesday - Friday, 3:30 - 6:30 pm

St. Patrick's Day Specials: **Prime Rib Special** Every Thursday Evening

Corned Beef Drink Specials

6401 Riverside Blvd. • **916.391.7990** • **www.PocketBistro.net** Hours: Tue-Thu 11:30am-9:30pm • Fri-Sat 11:30am-10pm • Sun 11:30am-8:30pm



The loss of a pet can be devastating. Our goal is to help ease the pain while providing you with choices for memorializing your pet.

LEAVE A MEMORY ABOUT YOUR BELOVED PET

- 24 Hour Pick-Up Service
- Burials and Cremations



916-732-2037 • www.eastlawnpets.com



The Valley Wedding is an insert in FOUR Valley Community Newspapers: Arden-Carmichael News, East Sacramento News, The Land Park News, and The Pocket News.

Coming out: March 17th and 24th (20,000 Copies)

Black/White \$75 Full Color \$100 Black/White \$200 Full Color \$250

Call 916.429.9901 Today





Faces and places

'Polar Bear Plunge' invites swimmers to brave cold water

Special to Pocket News

The Greenhaven Cabana Club North hosted their first Polar Bear Plunge on Saturday, Jan. 21.

Twenty-one swimmers not only jumped into 46 degree water, but swam across the pool to demonstrate bravery in cold temperatures.

The new "polar bears" were treated to hot chocolate and had fun making their own s'mores at the club. Three of the "bears" demonstrated extreme temperature skill in jumping in and swimming across the pool for a second

Although the water was icy, swimmers and parents enjoyed a midwinter get together to catch up on friendships.

Several of the polar bear swimmers are members of the Sacramento Stingray Swim Team, for which the Cabana Club is home. It is a summer recreational swim team for swimmers ages 4 to 18. The team will host its annual sign up night on Tuesday, March 13 at Giovanni's Pizza, located at 5924 South Land Park Drive in Sacramento, More information on the team is available at the team Website, www.sacramentostingrays.



MONA GERGEN
DRE# 01270375 916-247-9555

monagergen@att.net www.monagergen.com



DUNNIGAN

"Call for a private showing"



home is gorgeous inside and out. Please call me to see this wonderful home.

6833 Buena Terra Way \$229,000









ADVISORS

BRYAN CHEW J.D., CFP® ANITA FONG-CHAO, CFP® DARYL WONG, CFP® EUGENE HSU CFS®, CFP® MIKE TAKAYAMA

OUR PHILOSOPHY

After witnessing two of the worst stock market crashes in the Nation's history over the past 10 years, the general public's attitude towards risk and investing has changed dramatically. We feel using historical returns and a passive investment strategy could set unrealistic expectations for our clients. We believe investment strategies that were successful in the 90's need to be adjusted in this current secular bear market.

Education Planning | Risk Management | Retirement Planning Estate Planning | Investment Planning Tax Planning & Preparation | Social Security Planning

1102 CORPORATE WAY SUITE 100, 95831 | 916.427.5172

Securities offered through LPL Financial, member FINRA/SIPC. Bryan Chew: Registered Principal LPL Financial

See More Photos & Open House Schedule for my "Featured Homes" at: GreenhavenPocketHomes.com



234 River Acres Dr – Call for details! Exceptional location & features! 3bd 2.5ba "Great Room" plan wfformal dining rm, upd stainless kitchen appliances w/Blue Star gas range. Tile roof. Upd laminate & tile flooring. Apx 25' deep garage. More! Apx 1,899 sf*

6 Healdsburg Court – Pending Sale! >
Immac 3bd 2ba, 1-story w/3-car garage! Lrg
family rm. Lots of updates, including granite
kitchen counters & much more! Great locale
near the School of Engineering & Sciences,
Pocket Library & bike path.





< 6965 Riverside Blvd – SOLD

Easy living in this attractive, well-maintained 2bd 2.5 bath halfplex home. Both bdrms are large & have private baths – like having two master suites. Low-maint stucco exterior & updated comp shingle roof. More!

1332 Eloah Way - SOLD! >

Charming 3bd 2ba with elegant formal living & dining rms. Updated kitchen, roof, heat & air, flooring, more! Lrg master ste wiFrench doors to yard. Enclosed patio room, plus bonus room. RV or boat parking.



"Choosing Bill as our agent was the best decision we made in the process of selling our house. Bill has more than 30 years experience, is a consummate professional in the business aspects of the trade and maintains a friendly, even tempered demeanor on all occasions. We unreservedly give him our highest recommendation."

Tom & Martha Yanger, Sellers - Pocket Area

* Per public records or other sources deemed reliable, but has not been verified by agent or broker; interested parties to verify





Over 30 Years Experience - References Greenhaven / Pocket Area Specialist Masters Club, Outstanding Life Member

Bill Bouner

(916) 320-1888

MEMBER OF BILL PROBLET AFTER HOMES COM



DRE# 00692245

GreenhavenPocketHomes.com





PRUDENTIAL DUNNIGAN REAL ESTATE

6355 Riverside Boulevard • (916) 422-3756 www.prudunnigan.com

SELLS GREENHAVEN/POCKET



NEW LISTING

SINGLE FAMILY, 5 BEDROOM, 3 BATH, 3270 SF. LYNN LUK LEE 628-2843

6 HEALDSBURG COURT \$329,900



SINGLE FAMILY, 3 BEDROOMS, 2 BATHS, 2142SF. **BILL BONNER 320-1888**

7610 BRIDGEVIEW DRIVE \$305,000



HALFPLEX, 3 BEDROOM, 3 BATH, 2381SF. **TERRY MULLIGAN 768-3796**

234 RIVER ACRES DRIVE \$299,900



SINGLE FAMILY, 3 BEDROOM, 2.5 BATH, 1899SF. **BILL BONNER 320-1888**

6708 BREAKWATER WAY \$275,000



SINGLE FAMILY, 3 BEDROOM, 3 BATH, 2023SF LYNN LUK LEE 628-2843

"We knew when we walked in, that this house was special. You handled our offer on the house quickly, and you helped

- Prudential Dunnigan Real Estate, Client





SIMGLE FAMILY, 3 BEDROOM, 2 BATH, 1682SF. NICK LAPLACA 764-7500

7311 RIVERWIND WAY \$189,900 PENDING

HALFPLEX 3 REDROOM 3 RATH 1779SE JOI FEN DIINNIGAN 717-3559

calm our nerves about making the biggest investment of our lives."

7358 AMBROSE WAY \$150,000 PENDING

HALFPLEX, 2 BEDROOM, 2 BATH, 1177SF. MARSHA CHAN 217-5500

ELK GROVE

3525 MARSH CREEK WAY-\$375,000 **PENDING**

SINGLE FAMILY, 5 BEDROOM, 3 BATH, 3951SF **JOLEEN DUNNIGAN 717-3559**

9069 QUAIL TREE COURT-\$289,000 PENDING

SINGLE FAMILY, 4 BEDROOM, 2 BATH, 2425SF LYNN LUK LEE 628-2843

8611 ELK RIDGE WAY-\$155,900 PENDING

SINGLE FAMILY, 4 BEDROOM, 3 BATH, 1761SF **BRANDON SHEPARD 479-1936**

8732 MORNING GLORY WAY-\$245,000 SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2832SF **NEAL ALIE 981-7129**

6301 LIVORNO WAY-\$179,400 SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1482SF **FARES ALIE 247-7198**

9601 ELK GROVE BLVD-\$279,000

PENDING

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1374SF JOHN WONG 531-7150

8496 VISTA BROOK DRIVE-\$215,000 PENDING

SINGLE FAMILY, 4 BEDROOM, 2 BATH, 2159SF **NEIL ALIE 981-7129**

10149 FUTURO COURT-\$320,000

SINGLE FAMILY, 5 BEDROOM, 3 BATH, 3226SF **NEAL ALIE 981-7129**

8708 ARMAGH COURT-\$160,000 PENDING

STNGLE FAMILY, 3 BEDROOM, 2 BATH, 1598SF **BRANDON SHEPARD 479-1936**

9570 CAMIE COURT-\$279,000 **NEW LISTING**

SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2700SF **BRANDON SHEPARD 479-1936**

6901 SPRINGMONT DRIVE-\$130,000 **NEW LISTING**

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1239SF **NEAL ALIE 981-7129**

9404 RIVER FALLS COURT-\$180,000 **PENDING**

SINGLE FAMILY, 4 BEDROOM, 3 BATH, 1854SF **BRANDON SHEPARD 479-1936**

9918 TARZO WAY-\$165,000 PENDING

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1324SF **GARY T LEE 595-4279**

SACRAMENTO

2319 V ST. - \$495,000 SINGLE FAMILY, 4 BEDROOM, 3 BATH, 3100SF DAWN O'CONNOR-ROWE 799-4835

> 1939 AUBURN BLVD-\$449.900 COMMERCIAL/RETAIL **GARY T LEE 595-4279**

9246 BOSCASTLE WAY-\$149,900 **NEW LISTING**

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1350SF **GARY T LEE 595-4279**

4724 DRY CREEK ROAD-\$349,900 SINGLE FAMILY, 2 BEDROOM, 2 BATH, 1000SF **GARY T LEE 595-4279**

7 WINDCHIME COURT-\$169,900

NEW LISTING

SINGLE FAMILY, 3 BEDROOM, 2 BATH, 1380SF **GARY T LEE 595-4279**

1 FLORIN ROAD-\$1,995,000 **NEW LISTING**

RESIDENTIAL ACREAGE, 60.409 ACRES **DAVID OHARA 600-9495**

4200 E COMMERCE WAY #623-\$50,000

CONDO, 1 BEDROOM, 1 BATH, 667SF **DAVID OHARA 600-9495**

9096 BEDROCK COURT-\$249,900

SINGLE FAMILY, 4 BEDROOM, 3 BATH, 2781SF DAVID OHARA 600-9495

2885 NORWOOD AVENUE-\$350,000 RESTAURANT, 139,392SF **DAVID OHARA 600-9495**

7272 FAWN WAY-\$49,900

PENDING

SINGLE FAMILY, 3 BEDROOM, 1 BATH, 1036SF **GARY T LEE 595-4279**